

# An Approach To Drug Abuse Education

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This paper is intended as an outline to be referred to by

persons engaged in attempts to educate the community at large on the problems associated with drug use and abuse.

The paper is objective in that it outlines the available facts for a number of drugs currently used on a non-prescription basis. At the conclusion of the paper will be found a discussion which outlines how

one can use these facts in his program of community education.

Figure 1, found below, illustrates the relative position of several abused drugs according to their potential harm to the user.

The drugs listed below the line are compounds which are accepted in society and which

are frequently used for non-therapeutic purposes. These compounds should concern us every bit as much as the drugs found in illicit circles.

The drugs above the line are those which are frequently abused on the street.

Finally, the drugs at the top of the diagram are a few of the other frequently abused compounds, which are not included with marihuana, LSD, amphetamine, or heroin, to simplify the diagram.

At the end of the paper will be found a brief reference list which should be thoroughly understood before attempting to organize a formal discussion on drug abuse.

Other street drugs: Mescaline, Peyote, Aspirin Cigarettes, Asthma Cigarettes, Asthmador, STP, MDA, DOM, DMT, Nutmeg, Mace, Glue, Gasoline, Morning Glory Seeds, etc., etc.

Relatively less harmful: Marihuana, LSD, Smoking, Alcohol, Tranquilizers, Barbiturates.

Very Harmful: Speed, Heroin, Morphine.

Conclusions from the diagram:

1. Legislation, of the historical variety, does not appear to be the answer to drug control because of the easy availability of both natural and semi-synthetic products.

2. Police enforcement to prevent all drug abuse is impossible. How does one legislate against nutmeg, other kitchen spices, model airplane glue, etc.?

3. Marihuana laws are harsh and based on outmoded information, thus making re-evaluation necessary. This will be further explored below.

4. Prescription drugs and over-the-counter (OTC) preparations are abused as much if not more than the street drugs and are just as dangerous.

5. Society's abuse of accepted drugs is just as great a problem as abuse in the Hippie and other sub-cultures.

To be discouraged at all costs are practices in which drug users self-administer drugs by intravenous or other parenteral routes. Medical complications such as hepatitis, venereal disease, pulmonary and other thromboembolic phenomena, as well as sclerosis of blood vessels occur. Hepatitis and other infectious diseases

transmitted from user to user by means of contaminated syringes and needles are considerably more lethal than normally transmitted varieties of disease, and may represent a greater hazard to the user than the use of the injected drug itself.

Alcohol Abuse Facts

1. Damage by alcohol to the brain, liver, and other tissues is so great as to cause the death of 12,000 Americans yearly.

2. 50 per cent of our highway deaths involve alcohol.

3. Alcohol is now regarded as our 4th major public health hazard.

4. In 70 per cent of homicides intoxication is a factor.

5. There are 70 million users in the United States and \$10 billion is spent per year on alcohol.

6. There are 6.5 million alcoholics in the U.S. today (these are actual drug-dependent individuals), and this number is increasing by 200,000 yearly.

7. There are 38,000 chronic alcoholics in Seattle alone.

8. Seattle has only one alcohol detoxification center—the city jail.

9. Tolerance develops to alcohol.

10. Physical dependence develops.

11. Withdrawal symptoms occur.

12. Cross tolerance and cross dependence develop between alcohol and the barbiturates or other general CNS depressants.

13. In terms of numbers, alcohol probably represents a far greater abuse problem from the medical standpoint than any of the other abused compounds.

Barbiturate Abuse Facts

1. Three billion doses of barbiturates are prescribed yearly.

2. One-half of these are abused.

3. Physical dependence can develop to as little as five 100 mg doses daily for several weeks.

4. Tolerance develops to the sedative dose but not to the lethal. The therapeutic index (ratio of LD50 to ED50) decreases.

5. Withdrawal is serious:—Fatalities are common.

—Continued on Page 5



## Underseas Program Demanding



PETER WILLIAMS (in the white sweater) commercial diving instructor, also teaches a class to members of the U.S. Coast and Geodetic Survey.

The Underseas Technician Program demands much of the future diver, physically, intellectually and psychologically. Now is phase two at Highline, the Underseas Technician Program can be declared an unqualified success. Only 25 applicants are accepted for the seven quarter course. Despite having passed the rigorous screening, of the original 25 enrollees last fall, fifteen now remain in the program.

In an actual diving operation, one diver and one person topside operating the compressor is needed, but for training purposes the class uses two men to each diver.

time on the pier, usually one day in class and four on the pier, plus any other classes they must take. The group is at the water in all kinds of weather, so conditions for diving are "as realistic as possible."

"The fellows are relaxed — very much of a team. This is a team effort," says Peter Williams, commercial diving instructor. "No hippie types and protestors here — far too busy for that."

And busy they are, training not only as commercial divers, but as engineering technicians as well, thus allowing them two-fold future employment. See Page 4.

## Parking Regulations Established At HCC

Pursuant to the authority granted by the Revised Code of Washington, Title 28, Highline Community College is authorized to establish and enforce regulations necessary for the control of vehicular traffic on College property.

The operation of motor vehicles on Highline Community College property is to be considered a privilege and not a right. Persons wishing to exercise this privilege must assume the responsibility of complying with the following regulations:

1. Current parking permits are required for all vehicles parking on College property. The parking decal is to be displayed in the lower left-hand corner of the rear window. A new parking permit is required for each quarter. Temporary one-day student parking permits may be obtained for the Switchboard Operator in the Tyee Building.

2. The maximum vehicle speed on College property is 10 miles per hour.

3. Students may park in the East, South or North parking lots only. Students may not park in any areas reserved for Staff or Visitors.

4. No vehicles (including

motorcycles) are permitted on the walkways or athletic fields of the College.

**ENFORCEMENT**  
To insure compliance with the above regulations, the following enforcement policy is effective:

1. Vehicles parking on College property without a properly displayed current parking decal will be issued a warning ticket and a record made of the infraction. If the vehicle is found in violation a second time, it will be impounded at the owner's expense.

2. Student vehicles found parked in "Reserved" areas or "No Parking" areas will be issued a citation which requires the payment of a \$2.00 fine, if paid within one week, and \$3.00 thereafter.

3. Vehicles exceeding the speed limit (10 mph) or vehicles being operated in a negligent manner will be issued a moving citation which requires the payment of a \$5.00 fine, if paid within the first week, and \$7.00 thereafter.

**THE HEARING**  
Students receiving citations may make arrangements for a Court hearing by contacting the

Office of the Dean of Students within three days of receiving the citation.

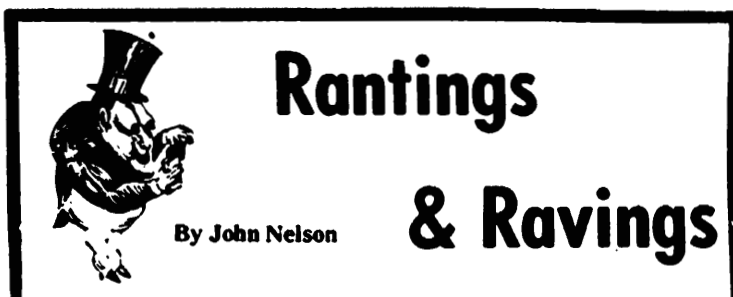
The Court (Dean of Stu-

dents; Student representative appointed by the Student Affairs Council) will hear the testimony of both the student ap-

pealing the citation and the issuing security officer. The innocence or guilt of the appellant will then be determined.



GOT AN HOUR? — This is the dismaying scene which confronted many new and old students coming back for their first day of the new winter quarter at Highline. Anyone having business that day in the administration building was in for a long wait. If any of the disgusted students who had business with the registration staff on that day wish to make any complaints about registration procedures, their best course of action would be to contact Dr. Robert W. McFarland, Registrar, at extension 242 or 243. His cars should be burning.



## Rantings & Ravings

By John Nelson

If this column begins to sound like a eulogy, it's because it does concern, if not the death, then at least the extremely critical condition of a club known as S.D.S.

To those truly interested in furthering the social reform advocated by most chapters of S.D.S., this news cannot help but hurt a little. But on closer analysis, this "tragedy" becomes much less excruciating.

Highline S.D.S., which, in its inception, was filled with great ideals and hopes for humanity, but in the ensuing dog fight with the student government, all efforts were concentrated on establishing the chapter and very little thought was given to accomplishing anything positive.

Perhaps the death of S.D.S. will pave the way for the establishing of a constructive organization, basing its goals on the potential beauty of humanity rather than the ugliness which can be unearthed by contradicting philosophies.

It's been a long road for S.D.S., and it looks as though they have gotten lost along the way. Although I still do believe, with many others, that this club should have had the right to form, I don't think social reform can be sought while preoccupied with the mere formation of the organization.

It's time now for a sensible, meaningful approach to reform. "We want S.D.S." is a meaningless chant unless accompanied by the words, "We want social reform." I have never heard this from our S.D.S., other than where this reform applied to the establishing of their organization.

So if you are, were or wanted to be a member of S.D.S., I suggest you turn your efforts toward something meaningful. If you can't establish, help someone. Don't try to destroy someone. What were you doing over the Holidays. Trying to establish an S.D.S., or collecting for the needy?

## Change The Name

In the course of one quarter, there will no doubt be several opportunities for each unlucky student to come into contact with the administration of this college. Whether his goal is to bypass a requirement or establish a Students for a Democratic Society chapter, it makes no difference.

He will encounter a depersonalized, unresponsive bureaucracy, whose only interest is in running this college as smoothly as possible. These functionaries, who make up the administration at Highline, will not make policy or change it because of fear for their jobs, but can only hide behind the rules.

When SDS pleaded to the intellect and good sense of the administration they received like many students before them a total lack of response on the part of the policy makers. They saw this simply as a matter to be handled by normal college procedures. The best they could do was to evade or to present the administration party line. It was like interacting with machines. It became an impossibility to make contact with these human beings who constantly hide themselves behind the bureaucracy of the institution. The student in this college (which is said to be established for his welfare) is powerless. His own student government is a fraud permitted to operate only within limits imposed autocratically by the administration. Thus it is mandated to serve the status quo.

Why are students so detached from an institution, which is in truth their own? The answer lies in conditioning, from first grade through high school we have been taught to accept and obey, never to question and never to challenge. That is why most people look at SDS with an evil eye. The members of SDS are the few renegades, who somehow managed to escape the brain washing of education. They are the few concerned human beings who have questioned our educational system and society. They have come to realize how the administration has evolved into a mechanical monster, programed like a computer, to enforce rules and regulations.

Yet this ordeal is what a large number of students have come to endure and except. This type of intellectual phonyism and bureaucratic harassment are not appropriate for a college, I make the motion that Highline Community College change its name to Highline Community Nursery and Robot Company. In this way people will not be deceived when they enroll in this institution. They get precisely what the name implies, 90 credits, a degree, and that's about all.

— David Israel

## Thunder Word

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## ACLU Opposes Marijuana Penalties

WASHINGTON (CPS) — When a young man is sentenced to 20 years in prison for selling an ounce of marijuana, a drug called by top researchers a "relatively mild intoxicant," and yet the use of marijuana is growing and spreading from coffee houses to fraternity houses, what has happened?

The National Student Association (NSA) and the American Civil Liberties Union (ACLU) have decided that what has happened is that penalties regulating marijuana in America are totally out of proportion with the nature of the drug and the people who use it.

Both organizations recently announced that they plan to work this year for changes in the laws surrounding use and possession of marijuana, and for an end to what NSA calls society's "hypocrisy and inhumanity toward its children."

NSA officials, citing the results of a three-year study of drugs and their effect on students, have announced that NSA will begin "campaigns to place on the ballot by 1970 various schemes for marijuana regulation — from legal sales in stores (like alcohol) to reduction of criminal penalties."

At the same time, ACLU has urged removal of criminal penalties for use and possession of marijuana (which are now felonies punishable by up to 40 years in prison in some states), and said it will take on selected cases of individuals charged with these offenses.

Charles Hollander, who has headed NSA's Drug Studies Program since 1965, said the number of students arrested for drug charges across the country in 1968 has risen 800 per cent over 1967 for the same September-November period. Sixteen thousand students were arrested during the ten weeks after school started last fall, Hollander said.

"The issue of drugs," according to NSA President Bob Powell, "has plunged the campus into one of its worst internal crises, and has driven another wedge between a large and growing number of students, and their elders."

"Intensifying the situation are the two- and three-year sentences that are frequently handed out in the name of 'exemplary' law enforcement, and the deep fear, suspicion and mistrust generated on our campuses by the flood of disguised and often university-sanctioned narcotics agents."

Students are also profoundly disturbed, Powell said, by the political overtones of law enforcement in many college communities. He cited the "pre-dawn, military-style raids" at Bard College, Franconia College, American University and the State University of New York at Stony Brook, which seriously disrupted those campuses.

A recent survey of high school students in Michigan concluded in part that "marijuana smokers seem more likely than non-smokers to participate in political activity and become involved in social change."

Such evidence, the NSA report hinted, might lead academic officials and police to conclude that they can strike a blow against campus political activity by using the issue of drugs.

While working to get existing marijuana laws changed through popular ballot in various states, Powell said, NSA will also:

- attack in court the constitutionality of current marijuana statutes. The Association has already successfully petitioned the Supreme Court as an *amicus curiae* (friend of the court, who is allowed to file briefs the judges will consider in their decision) in the Timothy Leary case, and expects to do so in other cases;

- publicize and distribute a

maximum amount of information drugs;

- provide arrested students as much information as possible on their legal rights.

Both NSA and the ACLU blasted federal law enforcement officials who punish young people "in cruel and inhuman ways" for use of mild intoxicant while "organized crime operates this multi-billion-dollar business with almost total immunity."

Hollander urged "the hundreds of thousands of families who have been hurt by this condition" to work for repeal or liberalization of current marijuana laws independently or through their congressmen.

"We must work together," he said, "to put the issue on the ballot by 1970."

## Responsible Dissent

by Dick Dykeman

Dissent on the college campus has become a regular occurrence, often to the dismay of parents and administrators. Highline along with many campuses across the country has felt this dissent, and the disruption caused by the dissenter's.

Before condemning these actions and their instigators, it should be remembered that our nation was founded in Revolution. Christianity was perhaps the most revolutionary movement of all time. Other great religions and political movements have been the outgrowth of dissatisfaction with the status quo.

This column hopes to project ideas on the concept of dissent, explore its motivations, and seek peaceful resolutions to the problems it attacks. It must be honestly asked if there is validity in what the dissenter seeks. Then the individual must determine his responsibility to the problem, and outline a plan of action.

The readers opinion's, and ideas on dissent are invited. Any statement concerning the subject, should be concisely written, and brought to BA 107.

### Foundations

Although it needs no justification, it might be interesting to set a historical basis for a discussion on dissent. Henry David Thoreau, in his "On The Duty Of Civil Disobedience," says it is immoral to exist in a society, without exhibiting disagreement with the inequities of that society. To recognize the wrongs of a system, and allow these wrongs to exist, is the essence of immorality.

One man's opinion does not justify the creation of a movement, even if he is recognized as one of our nations most profound thinkers. But he reflects the attitudes of the founding fathers, as they were confronted with the tyranny of autocratic rule. Their reaction was open rebellion, and ultimate revolution.

### Dissent Today

The first open dissent to confront this writer, was the civil rights demonstrations in the deep south in 1963. Personal investigation of this situation revealed the attack of the negro upon the system that had held him in servitude for two hundred years. The violent and often brutal response to the negro's threat to his heritage, exposed the shallowness of the racist's arguments.

Today, Black society seeks an identity of its own throughout the nation, by attacking the institutions that continue to relegate him to a subservient status. To relieve one's frustrations by rioting and burning down a ghetto, another symbol of the inequities of the system, is expensive and dangerous. But some say the destruction had to come; that the martyr's had to be made, to make the society conscious of its trespasses.

Even the white liberal is jolted out of his complacency, by being told his help won't be accepted unless he first accepts the black as an equal, and competes with the black on an equal basis. This means to make up for the oversights of past generations, and create a society that will be equal for all citizens.

Now the basis for campus demonstrations begins to take shape.

### Campus Dissent

It is true that the younger generation has the advantages given it through the labor and suffering of its parents. But along with the riches and technological advances of today's society, the youth will be handed the most awesome responsibilities to face any generation in history.

By being freed from the need to develop the economy the younger generation has been given a perspective on the nation's problems that most adults have not seen. The youth, able to perceive the inequities of the system that has brought riches and freedom to some, is faced with the moral responsibility of seeing everyone in the society receives his share.

This responsibility, so conveniently pushed to the background, while the bank account is growing, is beginning to make itself felt, and won't be put off much longer. To take this responsibility, the young must have new institutions, administered by people receptive to the new problems and willing to reorient themselves to accept the new responsibilities.

The young demonstrate against what seems to them an intolerable system, that has only created inequity, and prejudice, in the past. This then is why the student feels he must take his disagreement to the streets, and why the insensitivity of the threatened Establishment, will only compound the problem.

In the coming weeks this column will detail the generalities it has previously described, and attempt to come to some conclusion to the problems that exist in our society today.

## Do You Know?

The last day to drop classes with an automatic withdrawal is January 22. To drop a class, a green form must be obtained from the faculty office buildings, and these must have the signatures of your teacher and advisor. Then the forms should be turned into the registrar.

To walk out of a class without the withdrawal being signed and processed, means a failing grade.

## Dr. Brouillet Begins New Year In Legislature



DR. FRANK B. BROUILLET  
By Steve Evans

When the Washington State House of Representatives opened its doors last Monday, the Director of Personnel at our college began his 7th term as a member of that body. His name is Dr. Frank B. Brouillet and for 14 years he has been representing the approximately 100,000 people in the area east of Tacoma which makes up the 25th district.

"Buster" Brouillet as he is

## Thanks For The Light

(Editor's Note: The following is the text of a letter sent to Mayor of the City of Kent Alex Thornton from Dr. M. A. Allan, President, Highline Community College, regarding installation of a traffic light at the intersection of 240th and Pacific Highway South.)

Dear Mayor Thornton:

This is to convey to you, to the Kent City Council, and to the city engineer, an expression of gratitude and appreciation from the trustees, faculty, staff and students at Highline Community College. We are most appreciative of the new light which has been installed at South 240th and Pacific Highway South as a result of your joint efforts. I am sure all of the 5,000 persons who will be taking courses at this institution during the current winter quarter will join me in my own feeling of personal gratitude on the very first day of classes in the new year.

I am most appreciative of your concern for the safety and welfare of those who are associated with the college.

Sincerely,  
M. A. Allan  
President

known in politics, is one of our most interesting and active administrators. As Director of Personnel he is in charge of all the Highline College employees. These include our faculty and the over 100 classified personnel such as secretaries, cooks and custodians. In addition to these duties he also serves as a Long Range Planning Officer. In this capacity he is required to do a great deal of research and answer questions like: How many students are going to Highline? What areas do they come from? What subjects are they interested in? (and probably the most important) How can Highline best serve them?

Dr. Brouillet began his legislative career in 1956. He refers to it as a hobby. While others play golf or bowl, he attends dedications, parades, and meeting after meeting. Currently, he is serving on the Appropriations Committee, the Rules Committee and the Higher Education Committee. He is a member of the Democratic Party and terms himself a liberal.

Dr. Brouillet anticipates an active year in the legislature. Some of the major issues facing our lawmakers will be tax reform, pollution control and a number of bills dealing with a modernization of state government. This modernization will take the form of such things as efforts to combine the Highway and Transportation Departments and centralizing the control of Washington's institutions for higher learning.

Highline is fortunate in having a member of the legislature in its administration. Throughout the 1969 legislative session the Thunderword will remain in contact with Dr. Brouillet and obtain his views on the issues coming before our state government.

## Care Center Needs Aid

The Child Care Center, located in Building CB 16, is desperately in need of student helpers.

The Center, created last year to care for youngsters of students attending Highline, employs student helpers to assist Mrs. Dorothy Whitman director of the Center.

Anyone interested in becoming a student helper should contact Mr. Phillip H. Swanberg.

## Phi Theta Kappa Roll Call

Are you equipped with a 3.4 grade point or higher and a full time transfer student at Highline Community College? If you are and have five dollars, which are the dues, you can join the Phi Theta Kappa which is a national honor society and has a chapter on campus. This society exists to promote and recognize high scholarship of students at Highline. Phi Theta Kappa provides a means of fellowship for these students.

The officers of Phi Theta Kappa are President Jacqueline Carlisle 3.50, Vice-President Wayne Beardsley 3.88, Secretary Sandra McKinney 3.65 and Treasurer Doris Horn who has a grade point of 3.94. Mr. James Relf is their sponsor and Marie Gilstrap their advisor.

Other members of this society are Kathleen Elliott 3.83, Sherry Houser 3.77, Judy Larock 3.61, Judy Mukasa 3.76. These old members are welcoming the following new members: Rose Bichl 3.83, Joseph Bland 3.83, Janis Blank 3.56, Julia Church 3.54, Paul Conrad 3.53, Volkert Doellefeld 3.47, Nanrue Dorcy 3.72, Patricia Duggan 3.42, Kenneth Edwards 3.75, Leola End 3.50, Lona Fiske 3.59 and Marilyn Fowler with a grade point of 3.65.

Still other new members are Richard Gregory 3.75, Tanya Haigh 3.40, Alf Halsman 3.65, Therese Ihli 3.64, Dean Jackson 3.44, Ronald Kjerland 3.60, James Knannein 3.47, Judy Larock 3.61, Richard Lull 3.69, Robert MacIntosh 4.00, Thomas Mage 4.00, Jan Master 3.95, John McKillip 3.50, Douglas McQuain 3.72, Dorothy Muhs 3.58, and John Nelson 3.54.

Georgia Newton 4.00, Bertha Norman 3.51, Allen Perron 3.74, Gerlinde Quartero 3.64, Michael Robertson 3.50, Marvin Rogers 3.47, Kathy Selvanoff 3.60, Ronald Takemura 3.55, Holly Wertman 3.56 and Judith White 3.77.

## More Student Forums Due?

Larry Datcher, freshman class president, suggested at a recent Activities Council meeting that Highline should have weekly student forums. In this way student gripes could be presented to the student body and the faculty without having to go through formal procedures and useless "red tape."

The forum would be open to all topics wished to be discussed. Datcher said that these forums could be held in the Lecture Hall or even in the Student Lounge. All those for or against a plan such as this — see Larry Datcher, freshman president and give your suggestions.

## Library Has It's Problems

The Highline College Library can easily be called the most vital and active center on campus. Under the direction of Dr. Junius Morris, the library boasts nearly thirty thousand volumes and a staff of forty-nine. Of these, forty are students, and four are professional librarians. They combine to offer the Highline student expert assistance in finding just the right book among the thousands of reference and fiction books available.

Yet it is unfortunate to think that the sincerity of the staff and the value of information available would be offset by the malicious pilferage of books. According to Dr. Morris, about five per cent of the total number of books are taken every year. In dollars and cents, this amounts to approximately seven thousand dollars. It is disheartening to note the lack of maturity exhibited by many students who do not appreciate the privilege of our college library system.

Nevertheless, the library has recognized their obligation to use student employment and to remain the lifeblood for the Highline college educational system. To those who are not among the two thousand who pass through the library's doors every day, a whole new experience awaits you inside.

## HCC Offers Variety Of Winter Evening Courses

Nearly 200 evening classes of 145 different subjects are being offered by Highline Community College during the winter quarter at the college and public schools throughout the community.

Courses being offered are described in an evening class bulletin now available from the college. The bulletin has been mailed to those who have attended courses before. Copies of the bulletin may be obtained at the college, South 240th and Pacific Highway South, or by phoning the Community Service Division, TR 8-3710.

### TRANSFERABLE

Many of the 112 credit courses offered this winter are transferrable to four-year colleges and universities, reported George D. Dorr, director continuing education. There are 33 community services courses being offered.

A variety of credit courses

## Peace Corps To Send Volunteers To Congo

WASHINGTON — The Peace Corps has been invited to send Volunteers to the Congo, Peace Corps Director Jack Vaughn announced recently.

The Congo becomes the 61st country in the developing world in which the Peace Corps is involved in programs to serve Twenty-four are in Africa.

Earlier Vaughn said the Peace Corps had agreed to return to Guinea.

Volunteers will go to Swaziland for the first time this month in another new program announced last year.

Vaughn said a Peace Corps representative will soon go to Kinshasa, the capital of the Congo this month to consult with Congolese officials on ways to best utilize Volunteers, and how many.

Volunteers are scheduled to go to Guinea next spring and to the Congo, a nation of more than 15 million people, next fall, at the earliest.

A representative in Guinea last month worked out details on a request by the Guinean government for some 20 Volunteers trained as mechanics in a program similar to one Volunteers were involved in when the Peace Corps was asked to leave that West African country two years ago.

Currently, about 3,000 Volunteers serve in Africa.

Benjamin Franklin  
speaks to econ majors:

"I always say a penny saved is a penny to be proud of—especially if you can save it on low-cost checks."



You'll save money with an NBofC Special Checking Account. Cost: only a dime a check when you write 5 checks a month. And no regular monthly service charges or minimum balance required. Better get yours today.

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Individual income tax preparation, a popular course at about this time each year, explained Dorr, is being offered both at the college and at Evergreen High School. The course meets for three hours on either Monday or Wednesday. It has the approval of the Internal Revenue Service.

Most classes meet for two to four hours per session once or twice a week. Some courses, however, such as college algebra, geometry, or psychology, meet for one hour on four evenings during each week.

Evening class students may use the Highline library, which is open to 10 p.m. Monday through Thursday, and other facilities of the campus, Dorr said.

Special programs are available for those who wish to continue their basic education and for adults seeking a high school diploma. English and citizenship for the foreign born are offered at no charge by the college at Highline High School.

# In The Fishbowl Looking Out



**RICK DUNBAR** in suit. Rick plans to work as a commercial diver "at least for a while."



**TIM NORRIS** wears a white turtle neck sweater and a red beanie — the international symbol of deep sea divers. Tim says of the underseas program, "It's one of the best classes as far as I'm concerned. I don't think we could have a better instructor. He teaches from a practical point of view. When we come out as technicians, we have an advantage over other divers. Here we have the technical skills as well as diving skills." Tim plans to further his diving career by spending three years in the Army Corps of Engineers, eventually earning his Master Divers Degree. He would like to study in England for it.



**CHRIS WENGER** used soap on the wrists of Andrea Fleming to make the cuffs of the suit slick enough to remove.



**LATEST DIVING HELMENTS** are made of lightweight fiber-glass.



**ANDREA FLEMING** in inflated suit. Andrea plans to use this course as a step into the field of oceanography. Eventually he would like to attend Scripps Institute.

# An Approach To Drug Abuse Education

Cont. from Page 1

—Excitation and tremors are seen for the first day.  
—From days one to three, Grand Mal convulsions may occur.  
—Delirium and hallucinations may persist for one to two weeks.

6. Barbiturates can potentiate the effects of alcohol.

## Amphetamine Abuse Facts

1. Eight billion doses are produced in the U.S. yearly.

2. The amphetamines and related drugs are greatly abused by society as diet or "pep" pills and on the street as "speed."

3. Tolerance develops:

—Consumption of up to 1600 mg over a 1 or 2 day period has been reported.

—Doses of 50-100 mg i.v. two to four times daily is common.

4. Physical dependence does not seem to develop.

5. Profound depressions follow discontinuation of large doses.

6. Speed Kills. HOW?

What seems to happen is that the amphetamine user is terrified of the depression that results when he stops using the drug. Therefore he injects higher and higher doses (tolerance develops), finally becomes very anxious, paranoid, starved, and psychotic. He may feel that everyone is against him, so he locks himself in a closet for protection and ends up starving to death (amphetamines depress the appetite).

7. Mechanism of Action:

The nervous system is basically composed of two opposing systems:

A. Cholinergic—The system apparently responsible for maintaining the vegetative systems of the body, namely, heart rate, GI absorption, sleep, etc.

B. Adrenergic—The system somehow responsible for the maintenance of the arousal state of the animal. This

would include wakefulness, fear, fright, etc.

It is thought that the catecholamines (epinephrine, norepinephrine, serotonin) are the neuro-transmitters involved in the adrenergic portion of the nervous system. These transmitters are stored in the nerve terminals until they are released by an electrical impulse, called an action potential. Reserpine is thought to exert its tranquilizing effect through a slow depletion of these amines.

Amphetamine appears to exert its effects through a rapid release of these transmitters. This accounts for the excitant action of the drug. Once the amines are depleted, they are only slowly reformed and a state of depression would exist until the normal levels are attained again. Thus, to avoid this prolonged depression, amphetamine must be continuously administered to keep squeezing amines out of the nerve terminals.

In addition to this indirect effect exerted through release of adrenergic amines, amphetamine apparently exerts a direct excitatory effect of its own.

## Cannabis (Marihuana) Abuse Facts

1. First reported use of marihuana was in 2700 BC.

2. Marihuana is usually smoked (a joint, reefer, water pipe, etc.) or else the cannabis is extracted in alcohol as a resin and put in cookies, chewing gum, etc. This makes the drug virtually non-detectable by our usual parameters (distinctive odor when smoked, grassy appearance of the tobacco, etc.).

3. The active ingredient is delta-9-tetrahydrocannabinol. This has only very recently been available in stable, pure form for laboratory investigation.

4. Pharmacology in ani-

mals:

—Confined largely to the CNS.

—It is a mild anti-cholinergic and, in high doses, shows vomiting, diarrhea, ataxia, decrease in respiration, and increase in heart rate.

5. Pharmacology in man:

Objective effects:

—No lasting ill effects because the effects of the drug are self-limiting.

—No deaths have been reported.

—Increase in pulse rate, slight increase in blood pressure, red eyes, increased blood sugar, increased urinary frequency, increased appetite (especially for sweets and peanut butter).

—Pharmacology really tells us nothing about what is really happening to the users.

Subjective effects:

—These depend on the personality of the user, the dose and route of administration, and the specific circumstances and surroundings in which the drug is used.

—The most common reaction is the development of a dreamy state of altered consciousness in which ideas seem disconnected, uncontrollable, and free-flowing.

—Perception is altered. Time is especially altered. Space may be broadened, and near objects seem far away.

—Euphoria occurs.

—Larger doses may produce vivid, usually enjoyable hallucinations.

—Excitation, joy, and inner joyousness are described.

—Laughter is usually present and uncontrollable.

—Psychic effects usually depend on the emotional stability of the user.

6. Single use only results in headache, dizziness, and dys-

phoria.

7. The normal inhaled dose is 100-200 mg. This can vary widely. Hashish contains several times the smoked amount.

8. Repeated use can lead to manifestations of latent psychosis in predisposed users.

9. Marihuana actually has very little disruptive effect on normal, stable individuals.

10. Marihuana is not considered terribly powerful when its potency is compared with the hallucinogens.

## "TASK FORCE REPORT — NARCOTICS AND DRUG ABUSE" 1967

This was prepared by the President's Commission on Law Enforcement and Administration of Justice.

## MARIHUANA

1. No physical dependence develops.

2. No withdrawal symptoms occur following discontinuation.

3. No tolerance develops.

4. Repeated use can lead to psychic dependence, but so can almost any substances that alter the state of consciousness.

5. Marihuana is classed as a mild hallucinogen, not as a narcotic.

6. It can impair judgment and memory during intoxication.

7. It can cause anxiety, confusion, or disorientation.

8. It can induce temporary psychotic episodes in predisposed people.

9. It is much less potent than LSD, peyote, mescaline, or hashish.

10. There is no evidence to support the idea that marihuana use is directly associated with crimes of violence in this country.

11. There is no evidence for marihuana use leading to antisocial acts.

12. Marihuana does not alter basic personality structure.

13. Marihuana does not lead to the use of heroin. However, some people predisposed to marihuana are also predis-

posed to heroin.

14. Penalty for use should be a misdemeanor, not a felony. The present legal structure leads to more, not less, drug use.

15. Most experimenters either give up the drug quickly or continue to use it on a casual basis similar to alcohol.

16. Over the last 35 years, severe legal penalties have not acted as a deterrent to marihuana use.

## LSD Abuse Facts

1. This is a very potent drug. The dose is about 1 ug. kg body weight.

2. Tolerance develops. Some users take up to 1500 ug. trip (this represents gross abuse).

3. Cross tolerance develops with mescaline.

4. No physical dependence.

5. No withdrawal symptoms.

6. Addiction or a compulsion to continue use does not occur.

7. Psychosis following LSD has been verified. The frequency of psychosis as a function of incidence of use is presumed to be low.

8. Chlorpromazine and gamma meratran are physiological antidotes.

9. Reserpine potentiates the effects of LSD.

10. Pharmacology:

—Euphoria associated with visual and auditory hallucinations occur.

—There is little or no change in arousal thresholds from reticular formation stimulation (differs here from amphetamine).

—There is a tremendous sympathetic discharge resulting in mydriasis, hyperthermia, piloerection, hyperglycemia, and tachycardia.

—LSD is a potent antagonist of 5-HT (Serotonin).

—LSD may decrease the threshold for sensory input into the reticular formation.

11. The actual involvement of LSD probably involves a stripping away of the protective inhibitory shield around an individual. This barrier acts to protect the person from becoming excessively involved in the problems which constantly surround him. It allows him to remain objective and enables him to function without undue concern over the affairs about him.

However, when one takes LSD, it might happen that this barrier is lost, and the user now has profound insights into his thoughts. It is possible for this to lead to complete involvement in these thoughts to the extent that the user withdraws from normal life, and loses his ability to function in the accepted pattern of society. For a child this experience may be like a bad dream which does not end until the drug wears off (Bum Trip).

12. It is possible for an individual to have an LSD experience, both good or bad, and to conceal all effects from observers.

What, then, should be our attitude towards the use of LSD?

Perhaps the following points will summarize our present state of knowledge:

1. Some chromosome damage has been reported but this report has subsequently been qualitatively retracted ("Science," Feb. 16, 1968).

2. LSD is a relatively new drug and it has been adequately tested. No compelling medical use has been found, although psychiatric uses have been suggested.

3. A drug of this potency certainly should not be self-prescribed or self-administered without realization of the potential danger involved.



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# Rudy Eyes Pro-Ball Career

By MEL INUI

Basketball season is here again and the Highline Hoopsters are off to a flying start. Leading the attack for the awesome Thunderbird five this year is Rudy Thomas who plays both center and forward. Aside from his scoring, rebounding, and defensive prowess, Rudy will be easy to spot on the court as he towers 6'7" and tips the scales at 240 pounds. Thomas is a freshman and came to Highline on a basketball scholarship from Jacksonville, Florida.

It seems a rule-of-thumb today that a star athlete in one sport is also a top performer in other areas, and Rudy is no exception. While attending Northwestern Junior and Senior High School, he played football, basketball, and baseball. Defensive and offensive end were Rudy's specialty in football, and pitching was his forte in baseball. While starting as pitcher, his team won two championships, and he set a league record with 18 wins and 4 losses. Rudy also accumulated a record of 500 strikeouts in a three year career. As a junior he was awarded the most valuable player in baseball. In his senior year he was named captain and most valuable player on both the baseball and basketball teams.

Rudy's senior year in high school was his first serious year of basketball. He blossomed quickly and learned the ropes of court combat. At the end of the season, Thomas was the leagues leading scorer and tied for first in the rebound department.

Being a serious and dedicated athlete, Rudy subjects himself to a rigorous weight training and running program,



RUDY THOMAS

and stays active in sports all year around. He enjoys basketball and feels that defense is his strong point, but he continually strives for all around perfection. "Basketball also keeps me in top physical condition for the baseball season". Baseball and pitching come first however on Rudy's list of athletic preferences.

His plans for the future include attending a four year university on baseball scholarship, and then a career in professional baseball. He has no specific ideas as to which school to transfer to, but states that he will just wait and see where the best offers come from. As far as his career,

Rudy has already been approached by scouts from the New York Mets, Cleveland Indians, Houston Astros, Cincinnati Reds, and the San Francisco Giants.

Rudy is confident that the Thunderbirds will dominate their league this season, and that their strongest challenge will come from the Green River Gators. "The team is very well balanced with strong shooters and an excellent defense". This winter promises many exciting moments of basketball, and Rudy Thomas is a name Highline students and sports fans will be hearing much more about this year.

# New Records Are Set As T-Birds Outrun Pirates

Hot off their overwhelming victory over Olympic College, the Highline Thunderbirds traveled to Port Angeles to face the Peninsula Pirates. After eight games this season, Peninsula had tasted defeat only once. The stage was set for the spectacular duel as both clubs were noted for their speed and high scoring.

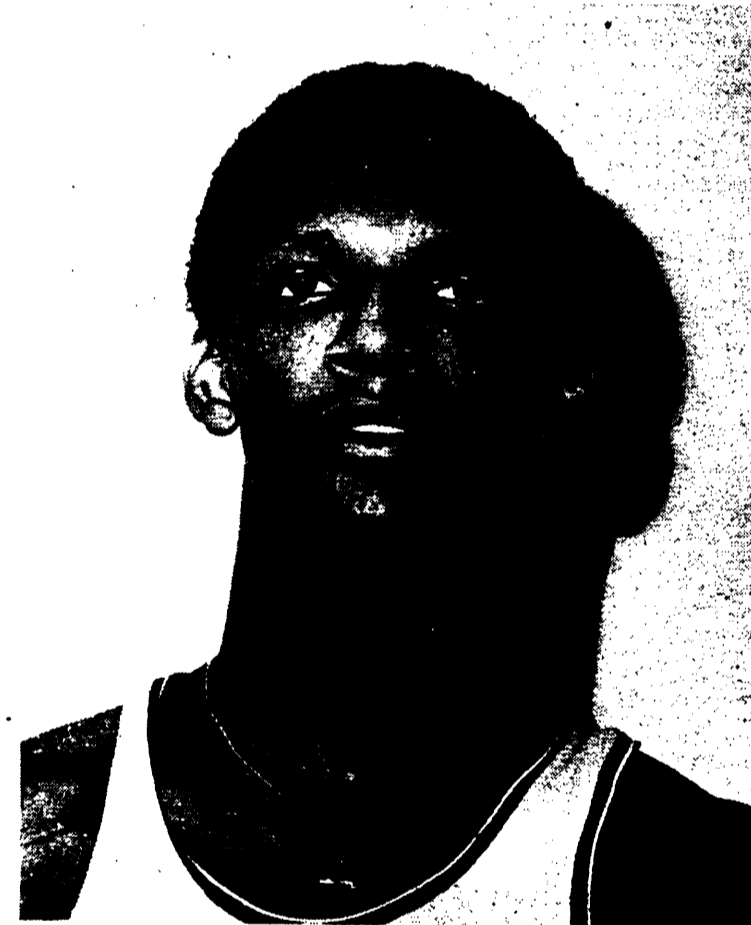
As expected the match was a high scoring affair, with the Thunderbirds defeating the Pirates 136-113. This was the highest score ever by a Highline team as they moved to a 3 and 0 record for league play. The victory was also the T-Birds 9th in a row.

Peninsula fired 116 shots from the floor, but could only hit 39% of them. The Thunderbirds took 87 shots and hit 51 of them for 59%. Highline also controlled the boards with a 74-60 advantage.

The trio of Williams, Datcher, and Thomas again dominated the scoring and boards for Highline. Rudy Thomas pulled-down 20 rebounds, while Larry Datcher had 19, and Bernard Williams had 15. Thomas hit 16 out of 21 attempts and scored a record 36 points. Rudy's shooting is fantastic as he carries a 70% average from the floor this season. Williams and Datcher were also wizards from the floor, as they hit 34 and 32 points respectively. Bernard went 14 for 21, and Larry was 12 for 22. Emmett Clark was also in the double figures with 25 points. Emmett surpassed a Highline free throw record of 12 by canning 15 points from the line.

Highline led at halftime 77-51 and was never in any danger from then on. With 11 minutes left on the clock, the T-Birds had amassed a 101-71 lead. It was an excellent game between two fine ball clubs.

# Williams Joins Team



BERNARD WILLIAMS

By Cork Warren

Looking forward to the championship is Bernard Williams, starting center for Highline's basketball team. Bernard is from Washington D.C. and graduated there at Springarm High School in 1965. He did not play during his high school days but after graduation Bernard joined a semi-pro Baseball team called the Pioneers. At the close of the season the coach asked Bernard if he would play on his basketball team also under the name of the Pioneers. He agreed and toured around the east coast with the Pioneers for four years.

The Pioneers were in the east coast league and played against other semi-pro teams in the costal league. It is a very successful team and while Bernard played for them they won over 100 games for the four year period. His best game was a 37 point high in one game. Bernard is a consistent high scorer in most of the games he plays. Williams is on a full ride scholarship at Highline Community College. He plans to continue at Highline next year and then go to a four-year college. He would like to play for Seattle U or the U. of W. Bernard was offered scholarships to Winston-Salem, and North Carolina University.

An interesting story lies behind the fact of how Bernard ended up at Highline. While playing basketball with several of his friends at Rose Park, Highline scout Bill Buton was watching the group play and offered Bernard a scholarship at Highline as well as a few of his friends. They accepted and have all proven their outstanding ability in Basketball.

With only three games played Bernard has scored over 40 total points. He is starting center and sometimes a forward. When asked what reasons for Highline's loss to Bellevue he replied, "Insufficient help on the backboard and lack of teamwork." The difficulties have been ironed out now and Bernard and his teammates are working toward the championship.

# Wrestlers Tromp U. of W. U.P.S.

Highline's wrestlers rolled over a weak Shoreline team last week with only five points scored against them. Highline scored 48 points and had seven pins with only one pin against them.

115 Greg Lusk — H forfeit  
123 Jimmy Rodriguez — H pinned McFadden — S  
130 Dave Ackley — H forfeit  
137 Jan Klien — H forfeit  
145 Dan Jagla — H pinned Stewart — S  
152 Lyle Ballew — H pinned Galloway — S  
160 Mike Moore — H pinned Crichton — S  
167 Lee Peterson — H pinned Luce — S  
177 Nykrriem — S pinned Nelson — H  
191 George Davis — Decision Bunich — S 18-0  
Heavy Dave Grieve — H pinned Williams — S

Highline scored another big win when they went against the U of W frosh defeating them 22 to 13. The grapplers dominated the match with mostly decision falls.

123 Jimmy Rodriguez — H forfeit  
130 Dave Ackley — H pinned Cahoon — UW  
137 Hoeger — U W pinned Jan Klien — H  
145 Dan Jagla — H decision McMahon — UW 22-11  
152 Lyle Blue — H pinned Owings — U W  
160 Dahm — U W decision Mike Moore — H 7-4  
167 Lee Peterson — H decision Sebell — U W 7-0  
177 Steve Whidden — H decision Forrest — U W 9-1  
Heavy George Davis — H decision Fairbanks U W 12-1

# Wrestlers Records

Wrestlers win, loss records	
Jimmy Rodriguez	4-0
Lee Peterson	12-0
Steve Whidden	7-1
Jan Klien	11-2
Dan Jagla	11-3
Rick Mathus	6-2
Lyle Ballew	4-1
Mike Moore	7-2
George Davis	7-1
Greg Lusk	4-5
Dave Ackley	6-4
Wolfie Patton	3-6
Dave Grieve	7-5
Harold Benson	0-5

# AAU Has New Officers

The Afro-American Union has a new slate of officers for the Winter quarter. They are as follows: President, Joe Stephens; Co-ordinator, Louis Ward; Secretary, Barbara Wilbarn and Vanetta Molson; Sgt. at Arms, Aruthur Reed; and Advisor, Mrs. Mary Jane Chapman.

The society has plans in the making for an impressive display and orientation for a Black Week, which will coincide with Negro History Week,

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## Highline Grapplers Defeat Eight Teams In U.W. Event



**HEAVY WEIGHT** Dave Grieve maneuvers George Davis in practice session.

The Highline Community College wrestling team regained the championship title of the University of Washington Freshman and Community College Invitational Wrestling Tournament by outpointing a field of nine teams. The final score was Highline 91, Grays Harbor 89, Washington Frosh 42, Everett 36, Green River 33, Blue Mountain 30, Skagit Valley 21, Shoreline 11, and Washington Golds 10. The Thunderbirds won the tourney two years ago but lost to Grays Harbor in last year's event.

Rick Mathis won the 118 lb. division with victories over Mike McFadden of Shoreline, Norm Snodgrass of Green River, and Dave Regua of Skagit Valley. The final triumph of 4-2 over Regua came on a last second takedown by Mathis.

Jim Rodriguez scored two wins by falls in becoming the 126 lb. champion. He pinned Scott Cahoon of Washington and Ruben Baca of Grays Harbor. Rodriguez, just added to the T-Bird roster puts a big boost into the lineup.

Wolf Patton, normally a 126 lb. wrestler, had to fill in at 133 to replace Dave Ackley who was unable to make weight after arriving late. Patton accounted for himself in fine style by placing fourth. He lost to Arland Weller of Grays Harbor and then beat Jim Helmstetter of Blue Mountain. Going for third place, Patton fell short and lost to Dan Michels of Green River. Harold Benson entered the 133 lb. section unattached but dropped both matches.

The 140 lb. contest was exciting throughout and finished in an even more exciting manner. Jan Klein won three straight matches with victories over Tom Hubbard unattached from Blue Mountain, Ralph Hoper of Everett, and Bob Addudell from Olympic. In his final match, Klein went against Ed Wells of Blue Mountain. Wells is a former Highline student who left to be closer to home and became a national champion last year. Klein and Wells ended their match tied 1-1. In overtime Klein took the initiative, missed in an offensive move and gave up four quick points. In an attempt to get back into the contest Klein forced the action, took many risks, and found himself losing by a 12-1 count.

## Intramurals Offer Tennis and Hoop

Do you find yourself running between classes to get your daily exercise? Need an outlet for all your tensions, anxieties, and energy? Dale Bolinger has just the solution for you. Each quarter Mr. Bolinger provides the men and women of Highline College with a rigorous and challenging intramural program. The schedule varies every quarter to enable participation by all students and interests. The program is designed to emphasize sportsmanship and competition while having fun and keeping fit.

Winter quarter will provide basketball enthusiasts with an opportunity to test their abilities and court skills. A league has been set-up to meet every Tuesday and Thursday at noon in the pavilion. League play will begin on the 21st, and should consist of 12 to 14 teams. The deadline for team sign-ups was Thursday the 16th.

Tennis players will be able to sharpen-up their games early this year. During the middle of the quarter a tennis tournament will be held on the 3 courts in the pavilion.

Dan Jagla wrestled unattached, lost to Wells in the first round, and then won three straight to place third. Dave Ackley wrestled at the 140 lb. level but failed to place as an unattached entry.

Lyle Ballew brought back the crown for 148 pounders. He beat Kent Thomas of Olympic, Jerry Bailey of Everett, and Joe Mathis of Grays Harbor in the finals, 7-1. Ballew was easily the class of his division winning handily in each match.

Mike Moore finished third among the 152 pound mat men. Moore beat Terry Galloway of Shoreline and then lost to Brad Davis of Grays Harbor. Davis is last year's W.A.A.C.C. state champion. Moore recovered to defeat Don Brown of Green River 12-0, and pin Craig Slye from Everett for the third place points.

Lee Peterson continued to place high in tournament action by becoming the runner-up at 163 pounds. Peterson took Mel Sprout of Olympic, beat John Smith of Washington, but lost to Phil Talady from Grays Harbor.

The 170 pound class had another T-Bird going for the title, Steve Whidden. Whidden got there by dropping Gary Henak of Green River and Denny Demayer from Everett. Second place was all Whidden could achieve as he was shut out 4-0 by Roger Woolley of Green River.

Highline fielded no entry in the 180 pound division.

Coach Dick Wooding did field an entry in the 194 pound department. George Davis took an impressive second place, losing only to Dan Stoodie of Grays Harbor, 3-0. Stoodie is a three time high school state champion and one of the fine wrestlers in Washington. Earlier in the day Davis beat Bob Hinkley of Washington and Jody Bunich from Shoreline.

Dave Grieve handled the Heavyweight chores and captured a fourth place. The busiest of the Thunderbirds, Grieve beat John Blain of Washington, Jim Hampton of Everett, and then lost to Ed Harris from Grays Harbor 3-1. Next Grieve pinned Terry Totten of Grays Harbor and then lost to Everett's Jim Hampton, a man he had beaten earlier. The last match was a slim, hard fought 1-0 decision.

## T-Bird Hopes Ride With Clark

by Jack Rousse

Washington D.C. has for a long time been a haven for basketball scouts. Here basketball is a way of life for youths and many of the top players in both the College and Pro level have come from this area. Emmett Clark has played basketball with such greats as Dave Bins and Fred Hetzl and this year he ventured to Highline Community College to become the T-Birds' starting guard.

Emmett is a likeable guy and at 6'9" presents one of the greatest scoring threats to the opponents of Highline Community College's basketball team. In Emmett's first three games he has averaged 26 points per game and if he continues at this pace he could become one of the top scorers on the Community College level in this state.

Emmett was born on November 11, 1947 in Columbia, South Carolina but at a very early age he moved to Washington D.C. Here he attended Anacosta High School and in his senior year averaged 18 points a game for the varsity team. After graduating Emmett played his basketball in Recreation Leagues around the city and for three years his schooling was dormant. He finally decided to attend college and due to the work of Talent Scout Butler he decided to attend Highline Community College. He decided on this move because he had an interest in seeing the West Coast. Upon asking Emmett what he thought of Seattle he replied, "It's all right."

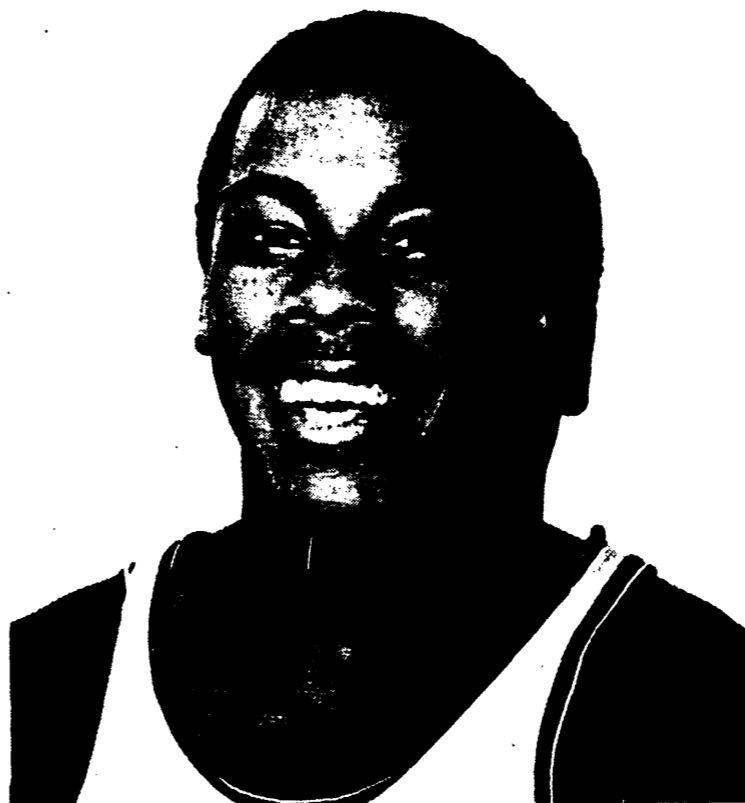
## The Destroyer

Mike Hammock a 6'3" 170 pound freshman heralds from the great metropolis across the bay from San Francisco — Oakland, California. Born in Oakland he began his basketball career in Junior High School under the direction of Mr. Echol. Moving to Oakland Technical for his valours in High School, Mr. Ferris instructed him to become one of the greatest shots ever to graduate from Tech.

Lettering in his junior and senior year he went both ways at guard and forward. His extreme quickness and ability to release the ball with accuracy proved to be too much for opposing teams in the Oakland Athletic League. An example of this was the night he scored 38 points, dished out seven assists, and pulled down thirteen rebounds against Skyline High School. 25.9 points per game earned him a berth on the all city team while at the same time he accumulated a grade point average of 2.8, a feat accomplished only by a dedicated athlete and not many of them surpass a mark like this. Leaving an indelible mark behind as the league's leading scorer Mike continued his career and education. Somewhat dismayed at the choices he received scholarships to, he talked to a Seattle University scout who encouraged him strongly to consider attending Highline Community College.

Now at Highline C.C. Mike has already proved himself to be a big factor in the Thunderbirds' first three games. Known as "the destroyer," mainly because he is unstoppable on 1 to 1, he contends, "Man nobody can give down the court like yours truly." Although doubted by Mike Vernon as to the original meaning of his fictitious name "the destroyer," he argues that it has nothing to do with basketball but with girls.

The University of California and Montana are part of Mike's plans too. He would really dig fulfilling this dream. If he keeps up his 16 points per game average and his hustle with basketball he is sure to make his dream come true.

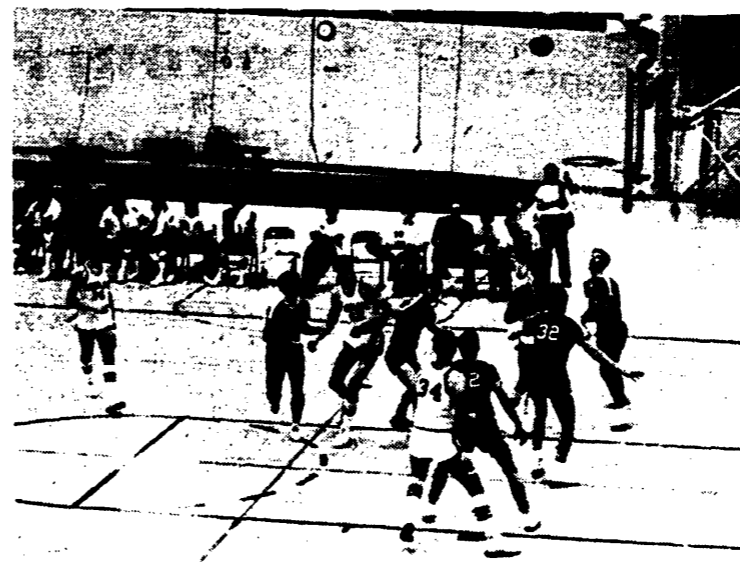


EMMETT CLARK

Emmett and a teammate came to Seattle on September 10th and along with two other athletes lives with a family in South Seattle. When asked about his future plans in the realm of a college education it was learned that Emmett has been approached by many four year institutions and will finish his education in one of these.

On the subject of this year's team, Emmett feels they have a good chance to take the State Championship. The team this year has depth and balance and Emmett hopes that a lot of people will come out to the games; for it is the school's team and support of that team is greatly appreciated.

## T-Birds Rout Rangers 96-45



**FRANK RAGSDALE** with a shot from the corner in 96-45 romp over Olympic. Other T-Birds are Jim Hayes 14, Dick Adams 42, Mark Sabourin 34, and Bernard Williams under the boards.

The Thunderbirds stunned Olympic College in their first meeting of the season with a 96-45 rout of the Rangers. A fired-up Bernard Williams bagged 13 points in the first period to start the T-Birds on the way to their runaway victory. The Rangers were quickly blown out of the pavilion as they were simply overwhelmed by Highline's deadly offense and shattering defense. The score at the half was a lopsided 45-19.

The second half was merely a replay of the first, as the T-Bird starters watched their understudies add fuel to the bonfire. Despite the lack of a contest, Highline fans were treated to an excellent performance by the home team.

The 51-point spread was the largest margin of victory for the

Thunderbirds this year. The team also established a school record by holding the Rangers to a mere 45 points. Highline also dominated the boards by a 63-35 tally over Olympic.

Nine Highline cagers were entered on the scoresheet, and 6 were able to hit in the double figures for a well balanced attack.

Bernard Williams finished the evening with 19 points and 13 rebounds. Larry Datcher had 18 points with 10 rebounds, and Rudy Thomas accumulated 15 points and pulled-down 10 rebounds. Roosevelt James dropped in 12 points, Emmett Clark 11, Jim Hayes 11, Frank Ragsdale 6, Mark Sabourin 2, and Mike Walls 2.

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## Students and Faculty Enjoy Christmas Holiday in Nome, Alaska



Over the Christmas Holidays thirty members of the Airline Stewardess Program were flown to Alaska on a flight orientation trip which the Highline authorities hope will become a permanent part of the school's stewardess program.

The group departed from Seattle via Alaska Air Lines on December 28 touching down in Nome and Anchorage before returning home on December 30.

Members of the class who made the trip were: Karen Chidgey, Shirley Jacobsen, Mary Lezon, Linda Davidson, Cheryl Majech, Barbara Clarkson, Patli Kessner, Deane Miller, Jolen d'Aprile, Patty Devlin, Cathy Barker, Cathy Pal-

mer, Carol Sebastian, Marilyn Branson, Gail Witters, Regina Knutzen, Judy Ray, Donna Boyer, Sue Resedorf, Marilyn Peterson, Linda Bowman, Sandy Junkert, Sue Johnson, Virgie Lowder, Candy Van Behren, Connie Gardner, Sally Oakley, Barb Breda, Brenda Johnson and Tonya Pettit.

Going along as chaperones were four faculty members and their wives. Included were: Dr. Shirley B. Gordon and Mr. Gordon; Mr. and Mrs. Richard H. Gradwohl; Mr. and Mrs. Fulton R. Smith and Mr. and Mrs. Ralph Titchener. Mr. Roy Scully, photographer for The Seattle Times, also accompanied the group.

"The trip was a fantastic adventure for the girls in the

stewardess program. Their itinerary was filled every minute," according to Richard Gradwohl, coordinator of the stewardess program.

They spent an evening being entertained by the King Island Eskimo dancers. The next day they had the opportunity to take dog sled rides and a tour of the Alaska gold fields.

Accommodations were furnished by Alaska Airlines and the trip was part of the airline's regularly scheduled arctic tour. Throughout the trip the girls had many opportunities to see qualified stewardesses in action.

The population of Nome went all out to see that the stay was enjoyable. The plane that was scheduled to pick up the group was delayed and they almost spent New Year's Eve in Nome.

## Pep Prepares

### Kan E' Yas' O'

Pep Club is sponsoring a number of activities during Kan E' Yas' O' week. They will have a car smash, a slave sale, and also help to sponsor a bonfire with Service Club. As if this isn't enough, Pep members are making mums to be sold at 50c a piece throughout the week.

The slaves to be sold are either brave volunteers or members of the Pep Club. They will be auctioned off on February 3 in the Lounge from 11:00 to 2:00. All proceeds from the sale will go to buy seeing-eye dogs for the blind. The car smash takes place on February 5, and the bonfire is scheduled for February 8.

Show a little enthusiasm at Homecoming by venting your pent-up fury hitting a car, by buying a slave to do your work, or by eating all the doughnuts at the bonfire. Fulfill your psychogenic needs of exhibition, aggression, or affiliation or, in other words, participate and enjoy yourself!

## Looking For A Summer Job?

Students looking for summer jobs can now get help from the American Association of College Students.

In response to requests from college students throughout the country, the Association has prepared three booklets listing organizations interested in hiring college students for summer employment.

### BOOKLETS

One booklet lists jobs available in recreation and resort areas. More than 450 dude ranches, restaurants, hotels, and camps are included in the catalog. It also discusses ways to get jobs in national parks.

The second booklet deals with jobs in business and industry. More than 60 companies are listed with information on what the company does, what type of background is required for summer employees, and how many students the company plans to hire.

Information on more than 25,000 jobs with the federal government is included in the

third booklet. Each department and agency of the federal government which hires students in the summer is listed along with the academic majors students should have to apply to that agency.

### "TREMENDOUS HELP"

"These booklets should be a tremendous help to students looking for jobs outside their home town," according to Alan Jenkins, executive secretary of the AACCS. "Together they represent more than 50,000 jobs. There should be something there for students with any type of background or interest."

The booklets may be obtained by writing: Summer Jobs, American Association of College Students, 30 N. LaSalle Street, Chicago, Illinois, 60602.

There is a \$2.00 service charge to cover the cost of printing and handling for each booklet. Requests should specify which catalog is desired: recreation, business or government.

## Circle K Gives Aid To Blind

The Circle K Club at their meeting of January 9 adopted the Seattle Community Services for the Blind as a project. The club members have decided to provide janitorial services on various Saturdays each month as a part of this project. Some members have also elected to serve in still other capacities, such as, transcribing textbooks, novels, and various other works into braille for use by the blind.

On February 7-10 the club will send delegates to a Pacific Northwest District Convention in Ashland Oregon.

Highline College Circle K Club is a member of the International Circle K, and is sponsored by the Highline Kiwanis located in Burien. The purpose of the Circle K Club is to help its members expand their interests to include services to their community.

The membership of the Circle K Club is open to all matriculated male students of Highline College and meets every Thursday each month at noon. Anyone interested in more information may contact John Eads, Doug Choate, or Dwayne Welch in the Student Government offices.

## Poet To Appear In Seattle

Rod McKuen, America's all time best selling poet, composer, lyricist — truly a one man factory of words and music — will be appearing for one night only at the Seattle Center Opera House on January 24, 1969.

Rod, who last year sold out Seattle's Moore Theater in a matter of days, will be taking time out from his heavy schedule of TV specials, film scoring, screen play writing, film producing, etc. to do what he enjoys most, and that is performing his own materials for his fans.

McKuen's latest book, LONESOME CITIES, follows on the success of his first two, STANYON STREET AND OTHER SORROWS, and LISTEN TO THE WARM. He also scored the new movie, JOANNA, and has a new record album out as a companion to LONESOME CITIES.

Tickets for the Friday evening performance for Rod McKuen are available at the Bon Marche and all suburban outlets. Curtain time for this event is 8:30 p.m.

## Y.R. Supports 18 Year Olds

The Highline College Young Republican's are beginning fall quarter with campaign in support of the 18 year old vote. Y.R. president, Cody Brian, says: "If I am subject to the draft, and have to pay taxes to help this country survive, then I should be able to vote."

The Y.R.'s will place their main emphasis toward the state legislature this session, by assisting with a petition movement already in existence. Petitions will soon be circulated around campus for those eligible to sign, and everyone is encouraged to sign one.

Encouraged by the Republican victories in the last election, the Young Republicans feel a responsibility to involve themselves in the problems of

the nation. An example of this attitude, are the recent revisions made by the Highline group, to a civil rights position paper drafted by the College Young Republican's. The revisions include support of an "Open Housing" law, and the involvement of the federal government in guaranteeing equality for all people.

With this feeling of respect and value of all people, the Y.R.'s are launching the new year with an optimistic feeling that invites all students to join with them. The new year promises to be interesting and challenging, as the Young Republican's attempt to change the conservative stereotype of their party.

## Clairol College Sampler



**\$7.50 Value for \$2.00**

Limit one per student for this special offer by Clairol! You get four lipsticks, Clairol complexion brush, and brush-on rouge and soft blush in duo compact. For Blondes and Silvers, Redheads and Honey Blondes, Brunettes and Brownettes.

**HIGHLINE COLLEGE BOOKSTORE**

## Girls Attention



**Are you interested in a position as an Air Line Stewardess?**

**Contact**

**Richard Gradwohl, Faculty D Room 211**

**Must be at least 20 years old on or before July**