Vets Sponsor Fay for Queen

As most of the campus is aware, a group of dedicated "Old Men" or various other complex, often referred to as "Dirty Vets," has arisen on campus. This group of individuals is commonly present during various social events and is generally well-liked by the student body. They have chosen to sponsor a candidate for Miss Highline, and this year, the chosen one is Miss Fay.

Dr. Allan Returns

Dr. Allan, who had been on leave of absence, has re-assumed the helm at Highline after a three-month absence. The leave marked his first absence from the college and was taken to attend to a personal matter. Dr. Allan is a well-respected member of the faculty and is known for his dedication to the students and the college.

Food Safety Topic of Talk

Dr. Charles Johnson, Director of Health Services, presented a lecture on food safety during his talk to the students. The lecture covered various topics, including the importance of proper food handling and storage, and the potential dangers of consuming contaminated food.

Project Survival Underway

The college administration has recently launched a project to improve the survival rates of students. The project will focus on providing additional resources and support to students, including academic counseling and financial assistance. The goal is to ensure that all students have the tools they need to succeed.

Dr. Allan stated that the project was initiated in response to the increasing number of students who were struggling with academic and personal challenges. The project is expected to provide a range of support services, including academic tutoring, counseling, and financial assistance, to help students overcome these challenges.
Veterans Hold
State Meeting
Veterans of Foreign Wars, State 1, at the Capitol, met January 18th, to discuss problems of the veterans community colleges. Dr. Canfield, in his address, said that the veterans would not back away from their
suggestions.

Senator Martin J. Durkan
suggested a bill that would give a bonus for veterans of the Vietnam War and in a bill now in the U.S. Senate that would increase veterans' educational benefits by 64 per cent.

The state director indicated that legislative action on the balance of the 1969-70 legislative session will not solve all the construction problems of the veterans community colleges.

Dr. Canfield indicated that the financial situation of the community colleges of the state quickly and economically, he said.

Central Service System
Provides Many Services

One of the unseen cog's in the Central Service System is The Central Service System, which handles billing for all the colleges.

Terry Cooper, ASB Vice President, prepares check to Dr. Hamill while Kathy Hay, left, and Sheryl Inman, right, look on.

Santa's Helpers Help Blind
Santa's mini-skirted helpers at the family student party held Thursday, December 11, did more than look pretty. Those photos that were taken of Santa and his helpers and others who willingly shelled out a dollar bill, were taken to raise money for the Blind Student Center located in the Library.

Coupled with the photo convention was the Miss Christmas contest. The girls who acted as Santa helpers were candidates for the title. Kathy Hay was responsible for over half of the money raised, and she was crowned Miss Christmas by Dr. Robert Hamill.1

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State's Ask More Money

EDMONTON COMMUNITY COLLEGE - Washington community colleges will seek a $14 million supplemental appropriation from the 1970 legislative session, Dr. A. A. Canfield, state community college director, has announced.

Speaking at a Community College Week press conference, the director said, "The financial problems of the community college system are reaching emergency proportions, and it is on this basis we will approach the special session."

One of the reasons for the request is the continued rapid growth of enrollment, the director indicated.

Full enrollment will reach 16,000 in January, 1971, he said, compared to 14,500 in the public schools. This represents an 11 per cent increase over last year's enrollment.

Implications of modified four-year college budget formulas constitutes the major portion of the operating request. $6,354,945, the director said.

The balance of the request includes $212,839 to cover an expected increase in the cost of General Services, $264,642 for the additional cost of insurance enacted by the 1969 legislation, and $14,000 to make up for tuition income which will have to be transferred to support construction bonds if new sources of funds is provided for the community college capital request.

"We are also seeking a little over $3,000 for emergencies and $1,711 for purchase reconstructable structures. The reconstructable buildings can be used in a variety of ways to serve growing educational needs in the state quickly and economically," he said.

An example is the Edmonds campus at which the community college board has so far spent $25,000 for the construction of the small gym. That facility will be available for the community college's permanent campus when it is completed.

"This is an example of the creative thinking that will be needed to meet the demands of the community colleges," Dr. Canfield said.

The state director said the community colleges will need an additional $14 million supplement to the $68 million appropriated for the 1969-70 budget.

The 1969-70 session appropriated funds in anticipation of their use elsewhere.

The state director indicated that legislative action on the balance of the 1969-70 capital request will not solve all the construction problems of the community colleges.3

"If the community colleges are to provide for construction funds - bonds backed by tuition fees - the Legislature must provide for some sort of insurance coverage for this important asset," the director said.

A strong board of trustees which is composed entirely of community college employees, is the state director's advice.

"Without new sources of construction money, we simply won't be able to accommodate further increase in enrollment."
Uncontrollable nature, displaying its ferocity as a tornado, came to the Des Moines-Midway area, December 12.

At Highline College, at least four cars were reported damaged, three severely. The scene, marred by fallen trees and broken glass, was described by Dan Lovejoy, a Highline student, and an eyewitness:

"I was coming down to my car, when I noticed what I thought looked like a tornado out over the water (Puget Sound). It disappeared, but clouds overhead kept coming. It started again in the trees, and trees began to fall over. I stooped down beside my car, and a tree landed right in front of me. Behind me, a falling tree pushed a car out into the middle of the parking lot."

Damage extended into the Des Moines and Midway area. Telephone lines were down, trees blocked roads, and fences were torn apart. At 2290 26th Avenue South, in Des Moines, the home of Mr. and Mrs. Bernard MacPherson, windows were shattered, the fence was uprooted, and the roof was torn off.

"All of a sudden everything blew," said Mrs. MacPherson. The mother of four was fixing Christmas packages when it occurred. "I first thought it was just a bad wind," she said. "When I realized what it was, I became worried about the children." One daughter, Suzanne, received a minor headcut.

The Des Moines fire department replaced the roof with a temporary covering. Mrs. MacPherson and her children were aided by two unknown youths, who cleaned up broken glass, aided the injured girl, and calmed everyone down. "I wish I knew who they were," said Mrs. MacPherson.

Two businesses in the Midway area sustained major damage. The American Service Station, at 2308 Pacific Highway South, was nearly demolished. Tom McComb, the attendant on duty at the time, was outside.

"There's really nothing you can do," he said. Windows were broken, the office destroyed, and the back wall of the station was nearly ripped off. Under the hood of a nearby car, the cap on the windshield cleaner bottle was turned off, while the rest of the car underwent almost unbelievable damage. According to Gene Leavings, station manager, "We're going to keep close to here all night," he said.

Next door to the station, Midway Furniture, of 2304 Pacific Highway South, suffered major losses. Jack Ame, manager and owner, estimated losses at $2000 dollars. Plate glass windows were broken, while furniture, lamps, and pictures were ruined. Just south of Midway Furniture, a billboard of heavy gauge steel had been contorted by the wind so that the top nearly touched the ground.

The biggest wind in many years has left its indelible mark on the Des Moines-Midway area. The thrill it brought to children was not shared by adults. And the violent path of destruction it wrought shall not be forgotten for many years, either.
Pollution Is Our Problem

By Chris Deubell

THIS COUNTRY HAS A PROBLEM! A statement like that would never go unchallenged! And yet there is no doubt that we are in for one of the hardest problems we have ever faced! The problem is not going to be solved by just anyone, but by all of us, because it is a national problem! And the most important thing about this problem is that it is a problem that we can solve! We must do it now or face the consequences of our inaction.

THERAPISTS HONORED

The first class of inhalation therapists to graduate from a high level school will be honored at the University of Washington on December 20. They have completed six months of training in this new field. Mrs. Sandra Reynolds, Mr. John Spellman, and Mr. Wes Larson, who have been working on this project, will be honored at a ceremony.

Editor, Thunderbird

Therapists Honored

Does P.E. Stand In The Way of A Degree?

According to Dr. Shirley Gordon, Dean of the College, only 36 students out of the total 180 students in the College have taken the required courses. This means that 44 students have not met the requirements for graduation. However, President Nixon has said that "the time is now or never" and that cities like New York, Philadelphia, and Los Angeles will be "unfit for living" in the next ten years. The residents of these cities go? Nearly 75 per cent of the population lives in large cities. The problem is worse than most people think and many suspect the Vietnam War as the major cause of protest in this country. Senator Gaylord Nelson of Wisconsin has said "The new generation is nothing but the old generation with some names changed." President Nixon has said that "we must help restore Europe when we have the opportunity."

Editor, Thunderbird

The Outlook appears good with such an impressive group of officials present. Randy Williamson said the "time is now or never" and that cities like New York, Philadelphia, and Los Angeles will be "unfit for living" in the next ten years. The residents of these cities go? Nearly 75 per cent of the population lives in large cities. The problem is worse than most people think and many suspect the Vietnam War as the major cause of protest in this country. Senator Gaylord Nelson of Wisconsin has said "The new generation is nothing but the old generation with some names changed." President Nixon has said that "we must help restore Europe when we have the opportunity."

Editor, Thunderbird

Letters to the Editor

Voting Age

Once again, a bill to lower the voting age to 18 is to be introduced in the Washington State Legislature. Last year, a similar bill was introduced but failed to receive action. This year, the bill is to be introduced by the newly formed Washington State Coordinating Committee for the 18-Year-Old Vote. The committee will include Der. Dan Evans, Senator Warren G. Magnuson and Henry M. Jackson. Other supporters include Secretary of State A. Ludlow Kramer, King County Executive John Spellman, and Seattle Mayor Wes Uhlman. The outlook appears good with such an impressive group of supporters. However, if the measure does pass the legislature then it must go before the public in the next general election.

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Editor, Thunderbird

KEY REXALL DRUGS presents THE ALL PURPOSE DRUG STORE

mod cosmetics — sunglasses — all occasion cards — and a host of fine products.

23416 Pacific Highway South

Four women faculty members gave birth to new children over Winter Quarter: Mrs. Charlotte (Irons) Stone, Mrs. Rosemary (Lind) Soto, Mrs. Mary (Carr) Dean, and Mrs. David (Kane) Berman. Mrs. Stone brought "baby" to her new apartment, while Mrs. Soto brought "baby" to the hospital. Mrs. Dean brought "baby" to the library, and Mrs. Berman brought "baby" to her first class in the morning.

Editor, Thunderbird

Letters to the Editor

Future Students Presented by Faculty Members

with the beginning of a new quarter, these many means and complaints from fellow students about the high cost of textbooks are not new. However, one uncomfortable question which is in my mind and cannot be answered is this: who is responsible for this? What are the people who make these decisions trying to accomplish? How can we change this situation? These are some of the questions that I have been asking myself.

Editor, Thunderbird

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Letters to the Editor

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23416 Pacific Highway South
Fashion Forecast

By Janae Dornbush

The Christmas holidays are here and a lot of us have come back to school weighing a little more than we did when we left. So if you have been eating with the best of them, you may want to lose a few pounds before the New Year. This can be a great weight loss method but you must stay hungry. I have lost over 10 pounds this semester and I am happy with the results.

Listed below are the foods you may eat while following the Quick Weight Loss Diet. Keep in mind that you will be eating a lot of lean meat, with all possible fat trimmed off. Beef, lamb, veal; no gravy, no butter, no margarine, oil, or other fats or sauces; no cream; no red wine, and water is needed by the mouth. If you can drink water, you can drink just about anything else.

The Quick Weight Loss Diet

LEAN MEAT, with all possible fat trimmed off. Beef, lamb, veal; no gravy, no butter, no margarine, oil, or other fats or sauces; no cream; no red wine, and water is needed by the mouth. If you can drink water, you can drink just about anything else.

CHICKEN AND TURKEY, with all skin removed. Prepare by boiling, roasting, or baking, without butter or margarine, or other fats or sauces; no cream; no red wine, and water is needed by the mouth. If you can drink water, you can drink just about anything else.

COFFEE AND TEA, without cream, sugar, milk, or sugar, as desired. You can use any type of coffee or tea you want, but it must be decaffeinated. The amount you drink cannot be more than three times a day or any other beverages you drink. Water is an integral part of the Quick Weight Loss Diet because more body fat is burned up than on most other diets, and water is needed to wash out waste products and excess of burnt fat. Also, water serves to relieve unpleasant dryness and taste in the mouth. If the thought of drinking 8 glasses of water a day troubles you, just ask yourself these questions: Can I drink one glass of water every two hours? Can I drink at least 8 glasses of water every half-hour? If your answer is no to any or all of these questions, stop drinking water. However, you can drink as much water as you want, just keep in mind that you are not allowed to drink any other liquid except water.

COTTAGE CHEESE, FARMER CHEESE, FETA CHEESE, or any other cheeses that are made with milk, but no butter, margarine, oil, or other fats or sauces; no cream; no red wine, and water is needed by the mouth. If you can drink water, you can drink just about anything else.

COFFEE AND TEA, without cream, sugar, milk, or sugar, as desired. You can use any type of coffee or tea you want, but it must be decaffeinated. The amount you drink cannot be more than three times a day or any other beverages you drink. Water is an integral part of the Quick Weight Loss Diet because more body fat is burned up than on most other diets, and water is needed to wash out waste products and excess of burnt fat. Also, water serves to relieve unpleasant dryness and taste in the mouth. If the thought of drinking 8 glasses of water a day troubles you, just ask yourself these questions: Can I drink one glass of water every two hours? Can I drink at least 8 glasses of water every half-hour? If your answer is no to any or all of these questions, stop drinking water. However, you can drink as much water as you want, just keep in mind that you are not allowed to drink any other liquid except water.

NOTHING ELSE IS PERMITTED ON THE QUICK WEIGHT LOSS DIET! NOTHING ELSE IS STAY IN THE PRECEDING LIST. DON'T EAT, DON'T DRINK IT!

Class Officers

Voices Needed

For Chorale

A few of everything — from bass to soprano — is needed by the Highland Community Chorale to round out the performing group to about three dozen voices, reports Gordon Voiles, instructor and supervisor of the community college, which sponsors the chorale program.

The chorale will meet on Tuesday evenings from 7 to 9:30 through January 9 and June 1. There is a fee of $7 for participation, and the chorale will work cars 11 or 12 cars in each car during the year.

This year’s concert is set for January 9, but the program will be varied — everything from Bach to Beethoven to American music. There are several solo parts for tenor and bass, and several parts for baritone and bass. The parts are planned for later in the quarter, but the final vocal information about the chorale and auditions will be available at the end of the quarter. The chorale will perform in concerts at the community college, the high school, and various community centers.}

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Film Series Offer Variety

Free films can again be seen at one o’clock on Tuesdays in the Lecture Hall.

The Highland College Film Series will continue to offer a program of high quality films generally not available in local theaters.

This quarter you might look forward to seeing the following: The film is scheduled for late this quarter, though tickets are not yet available. The film is a favorite of the students and is expected to continue the trend of high quality films offered by the series.

Feb. 2: Tintin Follies, though partly an expose', is yet a humorous and entertaining film. The film is a favorite of the students and is expected to continue the trend of high quality films offered by the series.

Feb. 14: My Life to Live (Vivre Sa Vie), 1962, directed by Godard. This film is a favorite of the students and is expected to continue the trend of high quality films offered by the series.

Feb. 15: The Hard Way, 1931, directed by Keaton. This film is a favorite of the students and is expected to continue the trend of high quality films offered by the series.

Feb. 16: The Big Sleep, 1946, directed by Howard. This film is a favorite of the students and is expected to continue the trend of high quality films offered by the series.

Feb. 17: The Treasure of the Sierra Madre, 1948, directed by Huston. This film is a favorite of the students and is expected to continue the trend of high quality films offered by the series.

Feb. 18: The Maltese Falcon, 1941, directed by Huston. This film is a favorite of the students and is expected to continue the trend of high quality films offered by the series.

Feb. 19: The African Queen, 1951, directed by Ford. This film is a favorite of the students and is expected to continue the trend of high quality films offered by the series.

Feb. 20: The Searchers, 1956, directed by Ford. This film is a favorite of the students and is expected to continue the trend of high quality films offered by the series.

Feb. 21: The Man Who Shot Liberty Valance, 1962, directed by Ford. This film is a favorite of the students and is expected to continue the trend of high quality films offered by the series.

Feb. 22: The Searchers, 1956, directed by Ford. This film is a favorite of the students and is expected to continue the trend of high quality films offered by the series.

Film Series Offer Variety
Cagers Hold 3-8 Record

By Lynn Templetoo

The Highline basketball season in the midst of a devas-
tating slump, travel to Walla Walla is the latest in a string of games that have haunted the team all year.

Clark Sinks Winning Ball

Caining back from a twenty point deficit, the T-Bird basketball team is at the finish line. The Loggers led the T-Birds throughout the game with the score being 35 to 35 at the end of the first half. Emmett Clark led the team in scoring with a total of 27 points. Clark also scored the winning basket at the buzzer by Emmett Clark against Highline from a shutout in the closing moments of the contest to escape with a 91-86 victory. Mike Murray was second in scoring with 15 points. Murray was next to add and help you relive the tournament with Penninsula Community College, that was held on January 18 Highline won 61. The winners were Steve Langton, Kenneth Grant, Jim Allen, and Stan Pollack.

The Registration Game

Hi Fun Lovers! Knowing how much fun you had registering, this little game was devised to help you relive that fun. Those, who play it, will have a chance to win. To play the game, you must rearrange the letters in the word "PEGS" to form a word. The word formed should be related to the Registration Game. The first person to come up with the correct answer will win a prize of your choice.ム

Ski Club Plans Trip

Highline's Ski Club is planning the biggest trip of the year in March. According to Cliff Callahan, their trip will include transportation, six day lodging, ski lift tickets, ski storage, and meals. The cost will be $39.50. Callahan emphasized that the trip is open to any member of the community, professional or novice. He also stated that a deposit of $5 for the ski lift tickets was required by January 15, although a 10% space grace period would be allowed.

The Basketball Classic IB-

The Highline Thunderbirds dropped another contest recently, by the totally ridiculous score of 115-60 to the home standing Fort Steilacoom Falcons. The T-Birds showed a lack of defensive effort, a malady that has haunted them all year, coupled with a stalwart scoring effort. Championship teams play defense and thus far the Thunderbirds have put together only a few good defensive efforts.

The Registration Game

The Registration Game is designed to help you relive your experience at registration. You are given a word (PEGS) and you must rearrange the letters in the word to form a new word. The new word must be related to the Registration Game. The first person to come up with the correct answer will win a prize of your choice.ム

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After dropping over the holidays, the wrestling team has given a better indication of their capabilities over the holidays. In their second meet of the season they went against Green River College. Dec. 15, in a dual meet of the season they went against Green River College. The two teams were also competing against Shoreline, Everett, and Siagit. The host team, Green River and Shoreline, Everett, and Siagit.

Placing for the T-Birds were:

- Greg Lusk: 1st at 118 lbs.
- Dave Roe: 3rd at 142 lbs.
- Mark Brown: 1st at 150 lbs.
- Scott Berkey: 1st at 167 lbs.
- Dave Ackley: 1st at 158 lbs.
- Dan Jagla: 1st at 190 lbs.
- Mike Moore: 1st at 285 lbs.
- Mike Moore: 1st at 350 lbs.

The T-Birds went against Green River College in the final match and won by an outstanding effort.

Wrestling coach Dick Wooding says, "Mike is a force a competitor as I've had on my team. Off the mat he's a very pleasant guy, but on the mat he's all business."

Coach Wooding, who boasts a 48-3 dual meet record, feels his team is in the top four of the state. As he has said, Coach Wooding is turning out great wrestlers and Mike Moore is one of the best, with a good chance this year of repeating his state championship.

**T-Bird Swimmers Edge U.P.S. J.V.:**

The Highline Thunderbird swimmers won their first meet of the year over a tough U.P.S. Junior Varsity team. Coach Mike Moore's team, in a close meet all the way, were sparked by Bill Pepper's two victories in the one and three meter diving events. Steve Lough of Puget Sound was also a double winner: he earned victories in the 200 yard butterfly and the 500 yard freestyle. Other Highline winners were Dan Hudson in the 100 yard freestyle, Gary Deever in the 200 yard breaststroke, and the Thunderbird 400 yard freestyle relay team.

The final results and times:

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Mayor Wes Uhlman — A New Breed In Politics

By Wayne Dodson

The combination of youth and the ability to see new has been a new feature in Seattle. "I think people want somebody new, younger, and with some new ideas," said Maye Uhlman.

Seattle grows, Wes Uhlman will help it along. One of the first measures he sponsored was the co-012 level which would standardize 18 year old voting across the nation.

A new image is possible. An image of sincerity, drive, youth, and an open door to the Seattle government and youthful mayor of Seattle does not accept all the glory when the future of Seattle.

A time of needing, a time of going, a time of wanting. What should be shown...

I hope that I am con-...