thunder word Volume 13 No. 2 Highline College Midway, Wash.

Over 100 concrete blocks comprise this walk-through waterfall in the San Francisco waterfront area. From the San Francisco Set by Tony Medina.

inside...

ASB elections are today. Have you voted? Story, p. 2. Highline's basketball. team will reach the state finals this year, according to head coach Don Knowles. For more, see p. 6.
If you're feeling a need to

regress to the delights of childhood adventures, visit the Child Care Center on pg.

Counselor Alan Torgerson is calling the Student Advisor program a "great success." For a full story, see p. 3.

ASB elections today

Seven positions; 14 candidates

by Sharon Mecham

Seven ASHCC student senatoria! seats are up for vote today in the student lounge. Polls will be open until 3 p.m. and again from 6:00 p.m. to 7:30.

Unlike old election proceedings, the number of positions open to freshmen is no longer limited to two. This limit had forced freshmen to campaign harder to win seats. If at least two freshmen aren't selected. then two of the sophomore candidates with the lowest votes must give up their seats to those two freshmen who brought in the highest vote.

Student government officials feel that since "this is the first election where so many people cared enough to run.' change will equalize the sophomores and freshmen more.

In the event that a representative from the black, Mexican-American, and Indian ethnic minority groups are not elected, the positions will be filled by appointment after the election by the individual organizations on campus.

Those candidates who submitted their view to the Thunderword are as follows:

Vicki Deremore, a journalism major, is seeking a freshman senatorial seat. Vicki's platform is, "Rap! Gripe! Coffee! My aim - serve the students. Student goernment is interested; help us become a student community working for you. Grades and jobs are only part of existing!









Gery Groen

Another freshman senatorial candidate is foreign student Gery Groen. Gery comes from Holland. "My reason to run for senator is because of my being interested in the needs and the wants of the students of Highline. I hope to be able to accomplish as much as possible of the wishes of the students and I wish to do for them whatever is within my capabilities and I think I will have the opportunity to do those things if I am a senator in the student government. Besides, I wish to improve the situation for the foreign students. I am a foreign student myself and I hope to be able to make the placement in campus life as easy for foreign students as for U.S. students.

Also seeking to serve as freshman senator is Pat Bowen, a law enforcement major. Pat states, "I am running for freshman senator this year because I feel that there should be more student activities on campus, more dances, more concerts, and in general more things for students to do besides classes.



Joe Stewart



Bert Lysen



Jeanie Gernet

Running for "senator at large" is Bert Lysen, majoring in business. "I am running to make sure that your \$40,000 is going back to you in student services!

Another sophomore senatorial candidate is Nick Sweeney. Nick remarks, "I feel that I am an average student at Highline and therefore, I believe I can best represent the majority of students here. Actually I favor many of Highline's existing programs, and hope to have a hand in seeing that they're con-

Joe Stewart, running for a sophomore senatorial states as his reason for running: "To better represent all the student of Highline. I believe in Highline and its programs for students and would like to see more student in-volvement."

Jeanie Gernet is running for the position of sophomore senator. Jeanie is a nutrition major, "I am interested in promoting activities that will be acceptable to the majority of students. I will try in any way possible to improve standards of entertainment and social affairs, and most of all, to arouse student interest in ASB sponsored activities. We need more student participation in these areas, and as senator I will try to make these activities more acceptable for you, the student.'

Those students not submitting platforms to the Thunderword, but still seeking office are: Mike Brenneman, Greg Frederick, Evelyn Jones, Don Langwell, Kevin Haley, Gail Reyes, and Barbara Williams.

Educators examine African institutions

by Sharon Mecham

Twenty-eight educators, including Highline's registrar Booker T. Watt, toured Africa last summer to compare African educational institutions to those in the U.S.

The group's tour took them through Ghana, Togo, Nigeria, Kenya, and Ethiopa.

Of the African institutions in general, Watt commented: "It seems as though they are not interested in educating the masses — just what they need to run a country.

He explained that before entering high school and college, the African student must pass entrance examinations.. Because of limited facilities, only students with the highest test scores are admitted. For example, out of 30,000 students taking the exams, only 800 scores were acceptable.

Watt remarked that these findings "made me appreciate the fact that I was born here since I'm not a genius. I'd have been limited.'

He feels that the stiff entrance requirements prompt African students to study in the

"But many of our foreign students have a difficult time. We don't offer what they need. We don't have people to explain our educational customs and American culture.'

Watt feels that Shoreline and Seattle Central Community College have better programs designed for foreign students, including special classes and

Although education in Africa is based on the European system, Watt sees the countries moving toward Africanization. While English is practiced daily in school, native languages are being used more.

There are few state-supported universities in Africa, and courses offered depend largely on what jobs a country needs filled. However, the quality of instructors are good, according to Watt. The majority of the universities offer faculty housing on campus.

Considering that the African countries have been independent for a relatively short time, Watt feels the countries "are making progress, but it's going

Mini-Health Fair opens next week

Dr. James Smith will speak to HCC students on today's number one drug problem, alcool, during the upcoming Mini-Health Fair, Wednesday, Oct

Smith, scheduled to speak at 12:30, is from Schick's Shadel Hospital.

Joining Dr. Smith will be Beth Bower of the Family Planning Clinic, as well as representatives from the Educational department of the V.D. clinic.

Transportation will be provided for those students wishing to donate blood at the King County Blood Bank at Southcen-

The fair will be held in the student lounge throughout the

CIP offers students credit for volunteering

"Students at Highline may earn college credit by serving as volunteers with the Community Involvement Program," said Cheryl Nunn, co-ordinator for the program. "Credit is earned through specified courses in which students can initiate their own programs."

The Community Involvement Program, or CIP, is a volunteer referral service. CIP connects volunteers with a social organization that can benefit from their skills, interests, or talents. Some of the agencies and programs CIP works with are: crisis intervention, mental health, recreation, youth and elderly programs and probation and parole.

For those interested in working with the CIP, information may be found in the Daily Bulletin, and at the Student Activities Board, or by contacting Cheryl Nunn, co-ordinator; Marsha O'Reilly, field co-ordinator; Judy Breese, campus coordinator. CIP offices are located upstairs in the Wayhut building, room 213.

"Great decisions" short course in the planning

A short, one credit, course on "great decisions" confronting American policy makers on the most troublesome international issues of our time is being prepared for this Fall Quarter, commencing the week of November 5th.

The purpose is to involve class members in discussion of these issues using booklets provided by the Foreign Policy Association, a national, nonpartisan, non-profit organization concerned with developing in-

formed opinion on these issues. Political Science instructors, Dr. Henry Perry and Davidson Dodd, will serve as discussion leaders, with assistance from specialists on the subject areas concerned. Tentatively, topics for discussion will involve the Sino-Soviet-American Triangle; Japan-Partner or Rival?; White Rule in Black Africa - Which Side are We On?; The Common Market Expands — Can the U.S. Compete?; and Man on Earth — Can He Control His **Environment?**

Six two hour sessions are being planned on a weekly basis at a time — probably late after-University, Pullman, Wn., 99163. being planned on a weekly basis

and the second of the second o

noon or evening — when the course will be of maximum benefit to the community served by the college. No formal tests till be given, and grades will be assigned on a "pass-no credit"

Highline College students interested in Washington State University's College of Pharmacy are urged to contact: Prof. R. Keith Campbell, College of



Year's budget cut close

by Brian Moe

After two years of relatively tightfisted budgeting, Highline is continuing to feel an austere pinch in the new budget.

The budget situation will be tight this year also, according to President Orville Carnahan. but enough money has been appropriated to see the school through the year without any forseeable overruns.

Highline was, however, forced to borrow \$9,000 from the state in order to complete the budget. This school was one of only three community colleges in the state that did borrow money. Tacoma and Yakima Colleges were loaned state funds, although they received a lot more than Highline, which had originally requested \$100,000 from Olympia. The figure was

Highline recently received a

\$5,000 grant from Title One to

conduct a women's study pro-

The objective is to eventually

conduct a survey and set up a

dialogue on how colleges can

help meet the needs of women.

Wendy Morgan, new this year to H. C. C., is coordinator for

Along with H.C.C., seven



Orville D. Carnahan

other community colleges and

the University of Washington

are working on Title One Grants

- members of the Puget Sound

Women's Network. Each grant

can cover different phases on

to exchange and share ideas

with close attention to current

and future programs dealing

with women both in the com-

Grantees will come together

the needs of women.

munity and school.

Women's study awarded grant

reduced to only \$9,000 because of budget supplements received.

If the college had known how little it needed to borrow, stated Carnahan, it would not have requested any money to begin with. Some members in the state legislature are critical of loaning money to state colleges.

Highline has had to cut back in some areas, notably in supplies, equipment and travel expenditures. The college has tried very hard to avoid staff reductions, and has been successful, with the exception that teachers taking leaves without pay are not being replaced. Teachers' and staff salaries occupy the largest percentage of the budget.

The primary reason for the cutbacks, explained Carnahan. is the growing competition for the state tax dollar. Each school must compete with all the other schools, the public schools, and the various state agencies.

The four-year colleges and universities, in particular, have in many cases, higher priorities than the community colleges, in addition to having had more experience at lobbying for state

"Tax dollars are becoming scarce," Carnahan added. "In fact, state money appropriated to the University of Washington exceeds the amount appropriated for all 27 community col-



L. to r.: Candy Anderson, Jean Smith, Terry Hanlon, and Rose-Photo by Tony Medina

Student Advisor program termed as "great success"

by Jean Smith

The Student Advisor program, which has been in effect for a year, can only be termed as a great success, stated Alan Torgerson of counseling staff.

Under the leadership of Torgerson, the program began in Fall quarter with eight students. They were trained in the functions of the various departments; the types of occupational programs available; transfer programs, as well as participating in listening skills workshops.

The prime function of the peer advisor is to disseminate information to other students, about the college and what the college has to offer. Done on one-to-one basis, Torgerson stated "this has taken a tremendous load from the counselors, who are now more free for indi-

vidual counseling." The peer advisors assisted during registration of students for Winter, Spring and Fall quarters. This entailed helping the individual student establish a schedule, according to the needs and goals of the student.

Torgerson also stated that the peer advisors are required to attend one two-hour class each week, as well as spend two hours per week in the information center.

The information center has been established in the lobby of Counseling

Not only do the peer advisors lighten the load of the counselors, said Torgerson, but they create a warm and friendly repartee with the students. As students, they have encountered some of the problems which they help other students to re-

Part of the current program for the advisors includes training as group leaders.

The seven active advisors are: Terry H Wilson, Candy Anderson, Jean Smith, Elizabeth Mollendouf, Steve Kirschbaum and S Aspland.

An additional training class for peer advisors will start this month. All interested stades is should contact Torgerson in Wayhut. Both the comm staff and the adminis enthusastically support the program, said Targerson, and would like to see this as all ingoing project.

Ley is full-time volunteer.

by Karen Olsen

the program.

CIP's "volunteer of the month" Mike Ley is a person who puts action where his thoughts are. He is not only a volunteer with Highline's Com-munity Involvement Program, but a VISTA volunteer as well.

A freshman psychology and noctal services major, Ley hades to continue professionally in the same of hyman services, and is currently a full-time volumeer and part-time student with that end in mind.

He littles to work with young the look hoping eventually to go hab elistical social work, and see lightime's Community Intolwenced Program as the means of obtaining a suitable.

cip a referral agency, of-fered Ley a selection of pro-grams, out of which he chose the "Big Brother" program of "Big Brother" program of does not, The state of the s

Complimentary tickets to Seattle Repertory Theatre are available

Complimentary tickets for the Seattle Repertory Theatre's production of Jacques Brel are available in limited numbers for Highline students. They may be obtained in the office of Student Activities and Placement, one per person, and with student body cards.

Curtain times for complimentary ticket holders will be

Saturday, Oct. 13, 8:30 p.m. Sunday, Oct. 14, 2 p.m. Tuesday, Oct. 16, 8 p.m.



Mile Lay

the Juvenily Court. Although CIP vehicles may receive credit the thirt activities, Ley

He feels that his one to one relationship with a juvenile is immensely rewarding as it bridges many gaps which a system to person relationship cannot. Having once been a little brother, he the "lack of something" and need of juveniles for a close

relationship. Ley feels that CIP, now in its second year at Highline, can open doors to rich experiences for these looking for involve-ment, CIP at Highline is the only volunteer referral service in south King County, and al-though the 35 working out of it now are students, it is also open

to non-stindents.

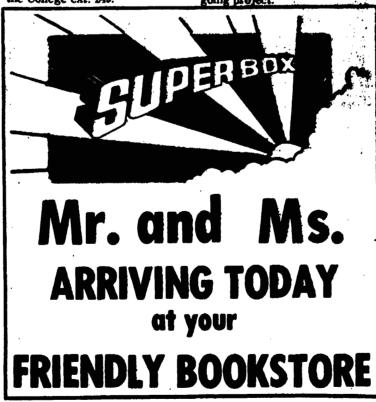
Vista is capitalizing upon his experience as a veteran of the Marine Corps, and Ley works as a coordinator of veterans' services in south King County. As such he works with the methadone maintenance program at the Veterans Hospital, and is a counselor of veterans

DES MOINES THEATRE PTAN C'MAAL PRI.-SAT.-SUN. OCT. 12, 13, 14 TA 4-2026 **22371 MARINE** VIEW DRIVE DES MONIES

with drug dependencies for the Renton Area Youth Services. His main concern is in the

area of providing incentives and constructive activities to aid drug-dependent veterans in reconstructing their lives. He is a co-therapist in a self improvement group for veterans, and is also involved in forming a client union at the Veterans Hospital to procure a better quality of

Any student or faculty member interested in having small engines such as motorcycles or outboards tuned up or in getting the electrical systems worked on, contact Bruce Robertson at the College ext. 249.



editorials

an american beef

Many Americans seem to think that the only way to get protein into their bodies is to eat a lot of beef - hamburger, roast, steak - all that nice fat, stringy, bloody glop that is wrapped so neatly in cellophane at the local grocery.

There are alternatives to the beef-mania and there are good reasons why we as a nation should consider other sources of protein. We eat certain foods because of habit and because our culture has established, by chance or by necessity, that these are the best foods for us to consume. But habits and cultural ties can be altered. Ideally, Americans could establish a whole new way of thinking about how and what we eat.

Seafood, for instance, is actually number one as a source of protein. It is close to meat in protein content and superior to meat in protein quality. Fish contains far less fat than meat.

An incredible amount of protein-rich good is wasted in this country. According to the book, Diet for a Small Planet, by Frances Lappe. "We feed 78 percent of all our grain to animals. This is the largest percentage of any country in the world. In Russia, 28 percent of grains are fed to animals." Yet the Russian diet has about the same amount of protein as the American diet. A beef cow must be fed about 21 pounds of protein for every pound it produces for human consumption. Meanwhile, most of this protein being used to fatten livestock could be eaten directly by man.

Comparing livestock with plants in the amount of protein produced per acre reveals the inefficiency of meat production. Lappe's book states, "An acre of cereals can produce five times more protein than an acre devoted to meat production; legumes (peas, beans, lentils) can produce ten times more; and leafy vegetables fifteen times more.

Yet the developed countries of the world continue to use nearly as much cereals as feed as the rest of the world uses as food.

Of course, the high meat prices that many people are complaining about are not caused solely by a beef "shortage." There are a few more people in this country and in the world than there were any number of years ago and that means greater demands upon the food producing industries. Thus, when an industry as inefficient in its protein production capabilities as the livestock industry, is hit with greater demands than it can fulfill, the only possible response is confusion and higher prices, particularly when a government that is inept at handling economic matters tries to step in with "controls.

We, as Americans, have a challenge before us. Several challenges in fact. It will be necessary, in the coming years, for all of us to learn how to use the rich harvest of proteins that we presently waste. We must learn how to feed a lot more people better and more cheaply. And to make the previous challenge a lot easier to accomplish, we should work toward attaining a zero-population growth, in our country, and hopefully throughout the world.

Brian Moe

lacking in talking

The process of communication has undoubtedly been going on since the very beginnings of mankind. Man's first attempts at communication were probably nothing more than grunts, moans and gestures in order to get his or her message across to another person; (undeniably, many mistakes were made during the process as there was a large margin for error).

Through the passage of time, those incoherent attempts at conveying a message graduated into what we call "language," which is a set pattern of sounds representing a "word," which in turn stands for the oral representation of a particular thing, be it an object or an idea.

Then, after language was mastered, a graphic (or written) message of those words was developed for storage to be "read" later and understood at a later date. From these early records, we get pictures of a life much different than our own.

Today, we still record our language, but the whole idea of communication has taken on a different color; now we can communicate to anyone anytime through the use of radio, television and telephones. This writer likes to think of that as being a direct offshoot of our growing numbers, and the desire to know what's happening to us, and who's doing it.

On the serious side of things, in spite of our advances in communications technology, person-to-person communication is sadly lacking. Nobody looks at a stranger for more than a few uneventful seconds, never to see or speak to him again. Or how about when we bump into some? We are quick to say "Excuse me" and go about our business.

If we could somehow apply the knowledge of how to communicate freely to more and more people, we would find that the probiem becomes less and less just by simply communicating (Key word).

Everything is dependent on communication. Body language (that which is implied), is a subtle and a rather unconscious form of communication. How we sit in a chair to how we walk says a lot about ourselves to others. (That's how your boyfriend could tell you were feeling badly the other morning.)

The problem as it now stands is that communication has become less and less personalized. We tend to reserve ourselves for only a few people instead of the many possible. If we could open ourselves up to more and more people, and keep on doing it, we just might find out some things about others that we never ever considered possible.



"Let me make this perfectly clear-cut"

letters to the editor

Cooper resigns

Editor's note - Larry Coop-Senator. The following letter of resignation was presented to ASB.

Dear Senators, I regret to inform you of my resignation from the position of ASHCC Sophomore Senator. I feel it is the best action possible in consideration of my heavy class load, as well as other conflicts. I appreciate the experience and friendships gained throughout the campus during

Respectfully.

Larry Cooper

Study of college costs

my brief term in office.

An up-to-date study charges to students by nearly 3,000 two-year and four-year colleges around U.S. show that while costs continue to rise, there are many schools with rates to fit modest family budgets. In general, costs are highest at well-known private universities and lowest of all at State or two-year community colleges for students who live at home and commute to classes. A copy of the Survey, "College Facts Chart, 1973-74," is available for \$1 from the National Beta Club, Spartanburg, S.C. 23901. (Information taken from Newsweek issue August 20,

Up with dresses

Dreary times have beset us all, what with the droning on of the energy crisis, the Watergate mess bugging us all, and the resumption of classes, to say the least. What I would like to do, however, is voice my appreciation and gratitude to those who have provided a most pleasant diversion to such droll occasions.

My appreciation extends to those of the fairer sex, the slender legged lovelies of the campus. What I'm trying to say is

that I really think highly of the current trend of abandoning the jeans and blue-collar look for the more flattering apparel, such as dresses, etc. Coming onto campus with good looking persons flowing about is most definitely a spirits lifter, especially with mid-terms right around the corner, and I applaud it!

I sincerely hope that any return to the lived-in-look won't be in the makings for quite a few years. I know I'm speaking for most of my friends, as well as myself.

Boris Vladiostok

thunder word

The Thunder Word is a weekly publication designed as a learning experience for journalism students and a communications medium for the entire campus. The opinions expressed herein are not necessarily those of the College or its student body. The T-Word office is located in the Tolo building, room 107. The next deadline is October 17.

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Child care center

Happy havoc prevails

by Scott Janzen

Three-year old David's world is small, yet so very big for him. His biggest concern is not the energy shortage, because the energy packed in his 45 pound shell is enough to take on any number of eager teachers, waiting for the change to ers, waiting for the chance to "tame" him. Lunch time is an hour away, but moist chocolate around his mouth bears evidence to a full tummy, at least for the next five minutes.

It's 10:30 a.m., and the Highline Day Care Center is hum-ming with activity. Mrs. Peggy Hanson, and her capable staff, have a full day ahead of them. Until the center closes at 4:30, the numerous three and four dividual as the next. Four-year year olds will attempt to find old Leo is using the center as a different and exciting ways to stepping stone to bigger and give the floor a bath, spill paint better things. In his young mind

on each other, create general havoc, and have a fantastic time, all in the space of a few

Thunderword: What are you

painting?
Heidi: A flag.
TW: But what's that right there?

Heidi: That's the flag!

TW: Oh. . .
Heidi: This is the square of the flag and this is the stick.
TW: But it's all blue. Why don't you use some other colors? Heidi: Cause it's BLUE!

TW: Oh. . . Such logic flows freely among the young occupants of the center. Each child is as inhe was General Leo, command-er-in-chief of the U.S. Cookie Corp, out to defend the world against communists and little girls:

"Hey Leo, what are you up to? I asked.

"Mmmmmmmm. . .makin' a fort!," he gushed.
"How long have you been work-

ing on it?"
"Two!"

"Two? Two what?" "TWO!"

Never question a general. . .
It is very obvious that there is a great amount of pure, unadulterated love flowing freely in the center. There is a close, almost magic, bond between the center worker and the child. Mrs. Hanson put it best when she said, "the kids are really superfectation really great." super-fantastic. . .really great."
The kids love Peggy and the

volunteers too.

Photos by Mike Saunderson









Knowles predicts state finals for basketball team this year by Nick Gatter

Highline Basketball coach Don Knowles took a long look at some of the probable starters for this year's team, and he liked what he saw.

'We'll be in the State Finals this year!" said Knowles, after going over his roster.

Knowles is no stranger to championship teams. In six years as head coach here, he's taken the Thunderbirds to the finals four times and won the Coastal Division crown three times. With such a fine record, last season was very disappoint"Last year we were building," said Knowles about the '72-'73 campaign. "We've got five returning lettermen and one or two freshman who can put the ball in the air," commenting on this year's group.

Knowles acknowledged that he was most optimistic about a freshman named Pat Schriener, who he personally recruited from Salem, Oregon. Schriener averaged 23 points per game as a senior.

"Pat is as good a guard as we've ever had at Highline," Knowles said about Schriener. That's a big statement since Knowles has coached such greats as Clifford Jones, who will be starting in his second year at Oregon State. Knowles coached the likes of Rob Wonder who led George Fox College to the nationals last year.

If Don Knowles can see any further into the future he's not saying. "I will tell you this." said Knowles, "We will fastbreak and full-court press harder than ever before.

T-Bird forward Nick Sweeney will also be returning to the squad this year. "One thing about him, he knows how to play rugged under the boards," said Knowles about his 6'2" returning star.

Speaking about the Junior Coastal Division, Knowles said, "Olympic is super-tough this year with a lot of returning lettermen and we also play the Choker's (Grays Harbor C.C.), at Aberdeen where they're the toughest to beat, but we're just real excited!

The T-Birds open the season with tournament action at Spo-kane Falls C.C., November 23 and 24. There is another tournament at Mt. Hood CC (Greshman, Oregon), November 30. Mt. Hood will play host to Highline. Grays Harbor and Green River in the series.

Highline has nine home games slated for this season. Ft. Steilacoom is scheduled for the first coastal division conference match at 8:00 p.m. in the Pavilion, December 4.

Flag football wants you!

Intramural flag football got under way this week, but if you were too busy finding your classrooms to sign up, its still

The games are played at 12: 30, with seven man teams. The schedule covers six to seven weeks, culminating in a play-off to determine the campus champions. Since there is no varsity football program at Highline, the level of competition in the past has been quite good. All games are played on the lower and upper fields, with spectators welcome.

gram. While there is room for twelve teams, as of last week only two complete teams were signed up. If you are interested in playing, contact Mr. Bolinger or his assistants, Bryan Pendleton and Dick Sweeney, in the office of

Being the first intramural activity of the year, football is

at a disadvantage concerning

participation, according to Dale Bolinger, director of the pro-

the men's locker room. They will be happy to place you on one of the teams.

New courts nearly done

by Pat Nymon

Four new tennis courts at Highline are now nearing completion, according to Donald Slaughter, manager of Business and Finance, at a cost of about \$43,000. All that is left to be done now is putting on the texture coat for the playing surface, two color coats of green, and the positioning of the net posts. Contracted for the work

Seattle. However, the completion could be set back with the count ing of bad weather. Weather was also to blame for the del in the start of construction w June of this year.

There have been delays in getting tennis materials; steel for the fences, tennis balls said asphakt.

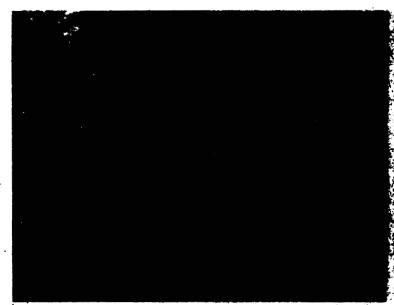
"More and more tem courts are being built now hecause it's the 'in' thing now even before Bobby Riggs." said Slaughter.

With more people playing tennis these days, more tens courts have to be built to meet the increasing demand. Because of the present shortage of playing and construction materials, many people will probably find themselves unable to play because of already overcrowded courts, besides having to wait a

little bit longer for the construc-

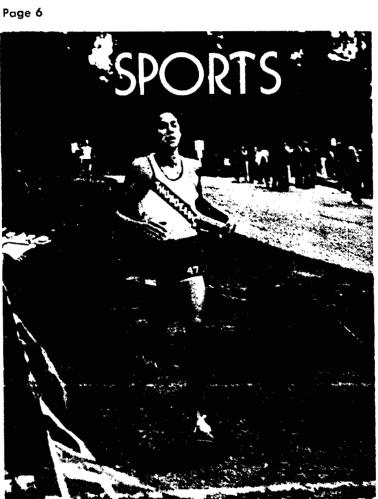
tion of new courts. The new facilities will be open for public use as well as and intramural competition.

There will be a ski film for all persons interested in Puyallup 106 on Thursday, Oct. 18, at 1:30. Those interested in the ski club or just the film are encouraged to come.



Located southwest of the Pavilion, four almost ready tennis courts bask while awaiting nets and surfacing.

****** HOW DO YOU TELL 8,000 STUDENTS YOU WANT TO BE FRESHMAN SENATOR? (I'M FOR YOU). VOTE FOR VICKI DEREMORI



The finish line was a welcome sight for most of the runners, for while the four mile course was not especially demanding, the competition from Spokane CC was. Here, John Small finished 12th overall, leading the T-Birds to a third place finish with 20:50.

Cross-country birds wind up third at Bellevue Invitational

Seward Park was the scene as Highline College finished a strong third in an eight school field of intercollegiate cross country competition. Scoring 38 points at the Bellevue Invitational, HCC was far behind Spokane Community, who scored 15, but was reasonably close behind the University of Washington Spike Club, who scored 30 points.

Good performances were turned in by John Small, who lead the T-Birds for the second consecutive week, Tim Murray, Joe Stewart, Dave Schoor, Kirk Hendrickson, and Jay Gunderson. The race over the four mile course took Small 20 minutes and fifty seconds; Murray ran only one second slower, in a different flight of the meet.

The Thunderbirds, after a week's rest, will resume it's competitive schedule tomorrow. the T-Bird Invitational. The race begins at noon, and spectators are welcome.

Hiking club being formed

An official meeting of those interested in forming a hiking class will be held Monday, Oct. 12:39 to Puyallup 106. Interested paratins are urged to action or the contact Nancy Bears at 638 4391.





Film Maker DeWitt Jones will personally present and narrate his unique color film, "John Muir's High Sierras," on Thursday, Oct. 25, in the lecture hall at 11:30. Produced with the partial sponsorship of the National Geographic Society, the film is a magnificent story of Conservationist John Muir and the Sierra Nevada mountains. Highlights include climbing the 2,000 feet vertical face of Washington's Column, time-lapse photography of summer storms and the Sierras in winter. Jones is a veteran producer of documentaries with features on Folk singer, Joan Baez, entitled, "Carry It On;" Vietnam veterans, "The War Comes Home;" and a 1,100 mile National Geographic trip, "Japan by Kayak."

Junior Cadillac coming next week

by Pat Nymon

Junior Cadillac, one of the Northwest's finest rock and roll bands, will be performing in Highline's cafeteria from nine p.m. until Midnight, Friday. October 19th.

The six member Cadillac consists of:

Nancy Claire, vocals; Jim Manolides, piano and vocals; Ned Neltner, guitar and vocals; Bob Hosko, saxophone; Buck Ormsby. bass guitar and vocals; and George Rudiger, percussion.

One of the most interesting things about Jr. Cadillac is the fact that they're all veteran musicians; they were all part of rock and roll's "Golden Years" during which they played with such bands as the Wailers, the Viceroys, the Olympics and many others. That is, they were actually "inventors" of rock and roll.

Aside from doing the usual high school and tavern gigs, Jr. Cadillac has also had concert experience, backing up Chuck Berry (another inventor) during his recent tour in the Northwest.

Hi! HIGHLINE THUNDERBIRDS

The best possible thing anyone could do while seeing Jr. Cadillac is to let down his hair and. . .boogie! Their musical library is about 400 songs big; of which 100 or so will be a "basic song list" for any one night; the rest are Chuck Berry, Fats Domino and Little Richard numbers in reserve for anyone who wants to hear them.

Soooo!! Be sure to wear your leather jackets and cuffed blue levis, or, if you're a gal, wear your saddle shoes and bobby socks along with an old frumpy sweater.

J. Geils at Paramount

The J. Geils band, a high powered American six man band, appears tonight at 8:00 at Paramount Northwest.

Featuring Peter Wolf as vocalist, this band has emerged to prominence in the last year, greatly on the strength of their live performances. This will be the band's fourth appearance in this area.

Documentary film series

"Mystery of Animal Behavior" is the next of four films produced by the National Geographic and scheduled for Monday showings at Highline. The hour long films will be shown at 12:30 in the lecture hall, and are free and open to the public.

Oct. 15 "Mystery of Animal Behavior"

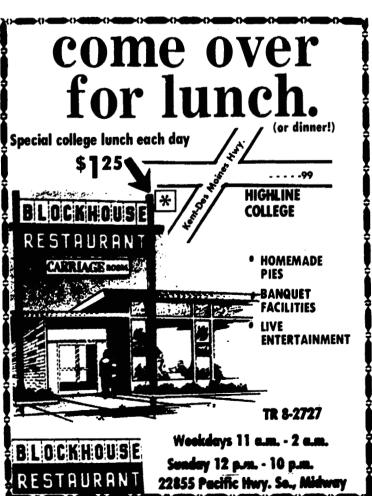
A trip into the habitats of the bighorn in duel, sparring kangaroos in Australia and other animals through the lens of zoologist-photographer Heinz Sielmann.

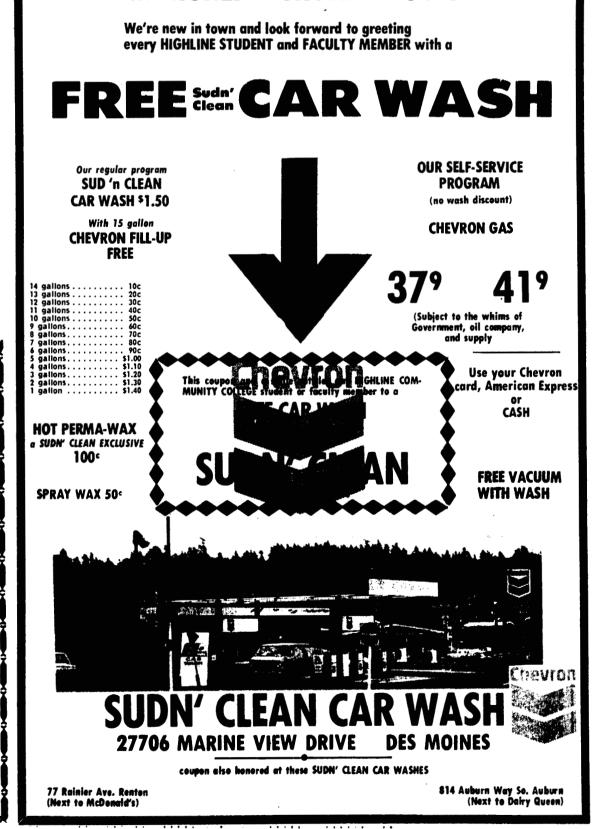
Oct. 29 "Grizzly"

Less than 1,000 grizzlies remain. Scientists Frank and John Craighead conduct extensive studies in Yellowstone National Park.

Nov. 5 "Atonement"

A search for man's beginnings — from Alaska to Peru, Johannesberg to the Riviera, California to China, by archaeologists and anthropologists.







Above, l. to r., Highline's ASB cabinet, Lloyd Stewart, vice pres., Gary Nestler, pres. (sitting), and senators Frank Atonio, Chet Toz-

ASB wants you!

The student government at HCC is challenging YOU to become involved in YOUR school. Your interests, your feelings, your needs and suggestions are desperately needed to keep HCC at its highest level of service to you.

Do you want responses to your own personal requests for improvement at HCC? Do you want to hold an active part in the formulation of new ideas? Are you interested in the welfare of your daily life here at HCC?

Frank Atonio, Chet Toz-Photo by Karen Olsen

All of this can be accomplished through your representative government. Look into today's election, and VOTE for your choice.

Demo van here Oct. 18

Cross country sking and snowshoeing will be the focus of the Recreational Equipment, Inc., demonstration van which will be on campus Oct. 18, at 12:30 in the lecture hall.

Employees with special in terests and proficiency in those areas will conduct lectures and demonstrations regarding outdoor techniques and equipment.

The "Demo Van" was started a year ago as a direct result of consumer demand, but there is also a free Thursday evening series at the Co-op's retail

MAKE YOUR **OWN PEACE**

The signing of a ceasefire does not end our work for peace in Vietnam. You can take positive action, within the realm of your own conscience, to alleviate suffering our country has caused and to prevent its recurrence.

The American Friends Service Committee is substantially expanding its strong, well-established programs of peace action and aid to North and South Vietnam. This is action of extraordinary scope for this Quaker organization which has worked impartially for peace since World War I.

AFSC aid in the Vietnam War began in 1965 with medical assistance to civilians. The Service Committee has supplied penicillin for war sufferers in NLF controlled areas and delivered four installments of surgical supplies to North Vietnam. In South Vietnam, the AFSC has provided medical care for

inmates of the Quang Ngai Province prison, developed a program for refugee children and conducted a widely recognized prosthetics and rehabilitation program for war injured civilians.

In the area of peace action, the American Friends Service Committee has been calling for peace in South Vietnam since 1954. Currently, the AFSC continues to press for release of more than 200,000 civilian political prisoners in Thieu's jails. It is challenging new and disguised forms of intervention such as replacement of soldiers with 10,000 U.S. civilian advisors. It is also supporting a campaign to stop further development and production of anti-personnel weapons.



AFSC programs are working today. We have budgeted over \$1,000,000 for peace action and war relief this year. We now want to increase this by at least another \$1,000,000. If you want to help make peace in this way, send the coupon.

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AMERICAN FRIENDS SERVICE COMMITTEE A Quaker Organization, 160 N. 15th St., Philadelphia, PA 19102		
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Highline S.W.E.A. officers and advisor take a look at a copy of Today's Education, National Education Association periodical. L. to r. are Joe Stroomer, Richard Warner, Alan Jarvimaki, advisor Mrs. Heino, Sue Takahashi and Pres. Don Lehtinen.

Photo by Stephen F. Young

——SWEA students in new GS course ——

Washington Education Associa-

manities Division.

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course, General Studies 180A, ican Education, makes use not recently approved by the Hu- only of research materials but of current periodicals, such as This course, a Reading Seminar in the Philosophies of Amerian day's Education. It also boosts the students' abilities for more efficent reading techniques. The seminar group meets with Mrs. Eleanor Heino, instructor, Tuesday and Thursday mornings at 7:30 in Snohomish 203. Interested students are invited to at-

S.W.E.A. recently elected nine students to hold office, according to Heino. They are Don Lehtinen, president, Sue Takahashi, secretary, Alan Jar vimaki, treasurer and membership chairman, John Myrick, first vice president and cochairman of membership, and Richard Warner, second vice president. In addition, Joe Stroomer, Jeannette Sunihari, Randy Brown, and Margo Sentelik were elected to the mem-

bership committee. The S.W.E.A. members are planning a trip to Camp Casey on Whidby Island for the Fall Leadership Conference on the weekend of October 20. Theme of the conference is Human Awareness. Dr. Wayne Hall, consultant for S.W.E.A. and Shaunlee Birge, state president and former Highline S. W. E. A. officer, will host the conference. Students from all universities and colleges throughout the state will use the conference to socialize and share ideas. All those interested in taking part are invited and may contact Don Lehtinen or Mrs. Heino, either at Faculty D105, or at S.W.E.A. headquarters in Snhm.