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Four day school week?

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Four day school week at HCC winter quarter

by Brian Moe

Students may have to reschedule many of their classes when winter term begins in January because of a possible changeover to a four day school week, Dean Caskey announced.

The final decision on whether or not Highline can manage the switch will be given to the state board today.

Classes will be held Monday through Thursday in order to cut down on heating costs, but the most significant energy savings may be in the amount of gasoline used by commuting students. "There is no question that the biggest savings will be in the gas used by students to get back and forth to school," Caskey said. "There are some impacts on our staff that come here every day."

Friday was chosen as the off-day because it would be more beneficial to have a three day weekend and turn the heat down rather than turning it down for one day and then back up again. Furthermore, the evening program would not be affected through Thursday nights, with no classes on Friday.

The elimination of classes on Friday means that the school will have to reschedule many of the sessions for which most students are already registered. Particularly, room assignments for which most students are already registered, as well as evaluation forms and times for classes will have to be altered either before 1:30 p.m. or after 3:30 p.m., Caskey said.

He was questioned as to whether the money saved by energy conservation would be greater than the amount it would cost to reorganize. Caskey replied that there would be no great cost involved in reorganization except for the additional time put in by people in the registration office. "Our registration office would be pretty well floored by the drop in people," he said.

Student opinions on the four day week have been solicited and Caskey's office reported that hundreds of students have responded to his request for student input.

The student senate declined to take an official stand on the subject but postponed its decision to a later executive session.

Teachers salaries would not be affected because they get paid according to the credit load they carry, and credit loads would not be altered.

Those students who have to work, who have children to take care of, or who are in highly structured and filled programs may still have their day-to-day problems with the schedule change.

Jim Scott, associate dean for occupational education, was apprehensive about whether the physical capabilities at Highline could handle the change. "We had our serious reservations about whether or not this can be done for winter quarter because it will be so late when we will know," he said. Scott said that students also contribute their opinions on switching from a four day week in spring quarter.

Caskey responded that the state office is anxious to get the plan implemented winter quarter because that is when the most fuel can be saved.

Scott stated that, "The plant maintenance people are examining very carefully how much would be saved by shutting down Thursday night. The matter of savings is still an unanswered question. There have been no studies thus far to determine the possible savings of money due to less fuel consumption.

Highline is not the only school affected. All state community colleges have to respond to the state office by today, stating whether or not the plan would be feasible for each particular school. Big Bend C.C. has already been forced to go with the plan, as has the community college which Highline is affiliated with.

The individual colleges are hoping that a directive will come from the state level rather than leaving it up to each school. "If we're told to do it by the governor, it goes over a lot better in the community," Caskey commented. It is believed that adjustments from the public would be substantial if each college were to attempt a shift in the work week.

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The state Council on Higher Education adopted a proposal last week that would lower tuition for part-time state college and university students and raise it for full-time students.

The plan must be approved by the Legislature before it goes into effect, which is scheduled for the fall of 1974. Individual institutions may implement it at their discretion before then, however, due to an amendment attached to the proposal.

ASBCC president Gary Nestor, along with other community college student body presidents, strongly objected to the proposal but he didn't feel as if the people of CHE were listening to their complaints.

Dean Caskey

Also approved were the CHE's plan to adopt a graduated tuition plan in which juniors and seniors in future recommendations to the council will recommend a graduated tuition plan in which juniors and seniors may pay more tuition than freshmen and sophomores. The highest tuition increase will be paid by graduate students.

More information on the CHE plan and what students are doing about it may be obtained in the student government office on campus.
Student government acts to oppose increase

by Yehi Dremer

Gary Nestler, ASHCC President, is trying to get more students involved in the proposed tuition raise. The Council of Higher Education is preparing to initiate action before the joint committees of the legislature. Nestler is also working to get more student awareness of the $14.50 student activity fund and how it can be better utilized to fulfill the student's needs.

Lloyd Heward, ASHCC Vice President, called an executive Senate Committee meeting on November 8th to appropriate requested monies from active clubs on campus. The Senators met for three hours which resulted in a $399.80 overrun from their $2,950 budget. In an attempt to distribute the monies fairly, all clubs were granted funds, but some of their requested budgets were cut. The Senate preferred doing this as opposed to "over charging money".

Senator Bert Lywas, Chairman of the Budget Committee, gave a report on the proposed tuition raise by the Council of Higher Education. If this proposal were to be implemented, it would affect all students in all community colleges. A committee has been formed to oppose the raise. Bert discussed ways in which they plan to express opposition to the legislation. (1) Students write letters to their state senator. (2) Gain the support of other community colleges and allies. (3) Start a voter's registration drive on campus to enable students to vote. If this proposal is not stopped it could defeat the low tuition which has been the purpose of the community colleges.

Another major concern in the Gearing & Suspension policy at HCC, Nick Sweaty, has been working with the Gearing & Suspension Subcommittee head of Forest Nicosia. The Senators expressed their concern that HCC needs to adopt a more accurate grading system for the catalog so it would be consistent with the functioning systems of the four-year institutions. The current grading system is felt to be inconsistent and unfair to the students. (4) Both the Senate and House have been forced to decrease funds by the state cut their funds. The Senate gave a report on the proposed budget cuts and the alternatives to the Senate. The $14.50 student activity fund is felt to be needed by the students and lack of funding, they have begged borrowed and taken money out of their own pockets to keep this program alive. Usually, CIP was previously funded, but the state cut their hands.

Minority affairs office to move

(OLYMPIA) --- The Minority Affairs office of the State Board for Community College Education is moving its temporary location to the Board's Olympia headquarters on November 30. John Mundt, state director said.

"Through bringing these specialists to our Olympia offices, we believe we will greatly improve their ability to make known to all state the educational needs and concerns of the state's minority communities," the director explained.

Minority enrollment in community colleges has increased from approximately 200 in 1970 to nearly 800 last year. It is critically important that the community college system be as successful in meeting the educational goals of minority students as it is in recruiting minority students," Mundt stated.

Each minority program assistant will serve a three-month term as a special assistant to the state director to help assure proper representation of minority viewpoints in the formulation of agency policy recommendations to the State Board. "The first of the Minority Affairs staff to serve in this capacity will be Calvin Dupree, minority program assistant in Native American Education," Mundt announced. "He will serve as special assistant from November 30 to March 31, 1974."

"The Board's Minority Affairs office was established through a special legislative appropriation in 1972 and now includes specialists in programs for Asian-Americans, Blacks, Chicanos and Native-Americans."

This move is being accomplished over an eight-month period to be sure the personal problems associated with the transfer.

Bucks for books

The Bookstore will have its quarterly Book Buy-Backs starting Monday, December 19 through Friday, December 24. Books being used currently at Highline can be sold back to the Bookstore at 80 per cent of the price of the book for hard-bound books, and 50 per cent of the price of the book for paperback books. College textbooks of current edition regardless of whether or not they're being used at Highline, can be sold back for the same price established by the Washington State Legislature. Bookstore hours will be Monday through Friday from 8 a.m. until 7:30 p.m.
too many cars

Every day, between four and five thousand cars fill the numerous parking lots at Linfield. And why shouldn't they? There are always plenty of parking spaces, and it is not as if you had to drive to the north lot or the south lot, then across the highway at the Marine Terminal. In addition, there are plans to build an extension into the south parking lot.

We will soon be faced with a four day school week, higher-than-ever gasoline prices, and gas rationing before the end of winter quarter.

But who is going to drive to school every day for the rest of the year? How many of us can make it on ten gal-

One solution would be for the administration of this college to officially discourage the use of so many cars and encourage and help organize a car-pool system.

This could be accomplished by raising the price of parking stickers (people in a car-pool could split the cost and still come out ahead). First, a member of a fraternity which garnered pledges during formal rush approached us. He wanted to know if we would help organize a car-pool system. The college could help set up a car-pool information center where students could go to find a pool in their area or to volunteer their own car for a pool. We recognize that there is a bulletin board in the student lounge where people may find a ride but we do not believe it is adequate or being used to its potential.

Let's face it -- everyone is not going to act on their own. Strong encouragement from every level is necessary now.

papers bite back

Editor's note: Linews is the student newspaper of Linfield College, Oregon. In looking out against those who try to "bite the hand," this editorial reflects the feelings of editors almost everywhere.

The Linews needs your ideas for stories. So we expect you to pressure with a vengeance.

And we, as editors, like any newspaper, must keep an open mind to new ideas. Not all letters, regardless of who is writing, or anything else affecting the paper. We must be responsive to the community we serve.

Several incidents during the past week, however, have made it clear that at least a few if not all of the Linfield community do not understand what the Linews is.

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commentary

Disenchantment with President Nixon was indicated in a non-probability sample of Highline students taken last week by The Thunder-Word. Many students indicated they felt they would benefit from the economic system with an impeachment or resignation and preferred his "ride out his term."

Among those who expressed support, or who thought he should continue in office to avoid upsetting the economic system were the following:

- Holly Holldnger: "If it weren't for Richard Nixon, our country would be in a lot worse shape."
- John Kellelli: "I don't feel Nixon should be impeached because the crime he is accused of committing isn't serious enough."
- Mike White: "I would be in favor of it but I feel it would do more damage to the country than it's worth."
- Roy Gillette: "I don't think anyone who would want to take over."
- Bryan Jacob and Carol Wacht: "He should serve out his term."
- John Kellelli: "Let's at least wait until we have a vice-president."
- R. Griffin: "Neither impeachment nor resignation. I think he should stay in office until his term is up."
- Paul Moore: "No, I get tired of politics. Why is he any worse than anyone else?"

Others were more definite in their recommendation for impeachment:

- Celena Luehrs: "He won't resign so I think he should be impeached. There are other political corruption in 1968. Obviously he hasn't changed for the better."
- Greg Streets: "Either way we can get him out of office is great. He's a crook."
- Mike White: "How could people believe all of Mr. Nixon's aids could plan and execute the Watergate crimes under his nose without his knowing. All of the coincidences are too much to swallow. If Nixon is so naive as to let all this go on, he doesn't deserve any office."
- Kevin Grant: "I don't see how anyone could act in that chair and not know what's going on."

Dick Barnhart: "I don't believe at this time they have legal grounds by which to impeach the President and he has made it (perfectly) clear that he won't resign. However, I believe he was aware of Watergate before his election and has and is actively covering it up."

Jack Chetsenh: "He should have been impeached the first time he refused to give up the tapes. Now things have cooled down. But I'm in favor of impeachment."
It was a bummer

Waiteport, the Energy Crisis, Spiro Agnew's resignation, the steel shortage, the Vietnam Congress, inflation and Senator Jack-

son's investigation into possible actions by oil companies taking a

foot shorter, have all certainly been events that will long be re-

membered by all. But, they all happened in the space of one year;

1972. Recently in compliance with energy conservation, the speed

limit was lowered to 50 mph in Washington, as well as several other States.

The reasons given for the lowering of speed limits from 70 to 50

mph, on freeways was so that we can conserve our gasoline supply. Now, there's talk of either banning the sale of gasoline on

Sundays or banning driving on Sundays altogether. Still, we might

have gas rationing in a gas tax, all designed in one way or another

discount or regain consumption.

Of these, the worst decision to be made would be the taxation of

gasoline or the ban on Sunday driving. Taxation would, in all

probability push the already high price of gas well over the dollar

per gallon mark. Nobody wants to pay that much.

Banning Sunday driving is essentially a violation of freedom: our

freedom to get into our cars to go where we want when we

want. Nobody wants to lose that freedom, either. Rationing would

be the most ideal, least painful conservation method we could

have. But that raises the question of how much gas each one of

us should get.

No, there isn't an easy solution. One way or another, we're going

to get hit below the belt. But, when rationing or taxation goes

into effect, it wouldn't be until early 1974. We should, in the mean-
time, devote our energies to finding new sources of energy. Atomic

power is a possibility, but it has waste disposal problems. We have

half of the world's supply of coal, yet it's high in sulfur which

makes the coal's smoke poison the air. We have to find a way of

cutting that sulfur out or burning it more efficiently. We also have

to find our way out of the world's impregnated rock. We

still don't know how to extract that oil cheaply.

There are, of course, many small-scale experiments being

made in the very ways we live. Well, the year isn't over yet. What's

going to happen by the time the year 1973 is over? No one knows.

No one can predict the time. Let's make 1974 a year for good things.
A new "classroom" for diving technician students at Highline Community College was dedicated Nov. 30 with a splash of cold sea water from Puget Sound.

The "classroom" is a 300-foot concrete pier constructed for Highline College at a cost of $180,000 at Redondo Beach, south of the campus.

Splashing a bucket full of sea water across the gang leading to the pier as a "ribbon-cutting" ceremony was Dr. Orville D. Carnahan, president of the 7,000-student college that serves suburban Seattle and Tacoma.

Highline College at a cost of $180,000 for a 300-foot concrete pier constructed for Highline College at a cost of $180,000 at Redondo Beach, south of the campus.

Overseeing the dedication were the program's two instructors, Peter A. Williams and Maurice P. Talbot, both of whom are marine construction contractors.

The diving equipment is valued at $361,800, much of it given the college in past several years through Sea Grant awards.

Sea Grant funds are awarded through the Washington Sea Grant Program, which is administered by the University of Washington's Division of Marine Resources. The Sea Grant program is a division of the National Oceanographic and Atmospheric Administration (NOAA) of the Department of Commerce.

Total funding through federal Sea Grant awards since 1967 has been $215,000. Most of that, $165,000, has been Sea Grant funds since 1969.

Heavy - Sew 100 pounds of copper helmet, suit, weights, and shoes - plus the men's weight - add up to a "bare feet" diver about here ready for a dive under the tutelage of instructor Peter Williams (with turtleneck sweater) assisted by other students.

The diving program is a division of the Washington Sea Grant Program, which is administered by the University of Washington's Division of Marine Resources. The Sea Grant program is a division of the National Oceanographic and Atmospheric Administration (NOAA) of the Department of Commerce.

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Graduates of the two-year program - numbering 23 since the first group completed the program in 1969 - have been placed in jobs throughout the world, primarily with offshore oil drilling companies and marine construction and salvage firms.

The pier is 16 feet, and the battleship falls away rapidly to a depth of 90 feet.

From this platform flies the blue-and-white international flag "Alpha" signaling that commercial equipment is on the pier.

a. A deep diving system that includes a diving bell, recompression chamber, and dive control console.

b. A dry suit system that includes a dry suit, recompression chamber, and dive control console.

c. A deep diving system that includes a diving bell, recompression chamber, and dive control console.

d. A dry suit system that includes a dry suit, recompression chamber, and dive control console.

Besides being used for the commercial equipment, the pier serves as a platform for a storage and work shed, a diving bell and recompression chamber system, an compressors, a hoist crane, and associated tools and equipment.

The water depth off the platform at high tide is 16 feet, and the battleship falls away rapidly to a depth of 90 feet.

The new pier is 82 feet wide and 300 feet long. The deck is 12 feet wide and extends seaward from the long pier's end. It is supported by a 30-foot portable classroom purchased by the college in 1967 and moved from the old dock.

And, it's "The end of the pier serves as a platform for a storage and work shed, a diving bell and recompression chamber system, an compressors, a hoist crane, and associated tools and equipment.

The water depth off the platform at high tide is 16 feet, and the battleship falls away rapidly to a depth of 90 feet.

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"We were lucky if we got six girls to show up. . ."

Women's sports needs more students

by Joan Smith

Many more opportunities have been created for women in recent years. Some of the increase is due to the desire of women themselves to be more competitive. Intercollegiate sports events, such as tennis and volleyball, are more accessible to women than they were before. But we have also been lucky in the financial support now available for women's sports. We have been able to try ping-pong, but we couldn't get the girls to sign up.

Do you think that this is due to a change in attitudes which places a greater emphasis on preparing women for a career in business, medicine and high school? Women are currently being encouraged to compete and where there is a dearth of competitive, inter-school sports for girls. Broomell: Absolutely. . . we do think that this is due to the change in attitudes which places a greater emphasis on preparing women for a career in business, medicine and high school. We have been able to try ping-pong, but we couldn't get the girls to sign up.

Broomell: Yes, I imagine that elementary and high schools have not yet provided a rich athletic program. We can't even tell women's sports, but we have had a rich athletic program at the university level. Also we have had a rich athletic program in the women's P.E. department and if we had not had one, we would have said that we should be doing some thing.

Smith: How many women are there in athletic programs, and where there is a dearth of competitive, inter-school sports for girls?

Broomell: Not at all. We have tried to get a rich athletic program at the university level. Also we have had a rich athletic program in the women's P.E. department and if we had not had one, we would have said that we should be doing something.

Smith: Shouldn't it be a separate equal program, with equal funding and a woman as head of the department?

Broomell: I agree that it should be a separate equal program, with equal funding and a woman as head of the department. It is partly financial, but it is also partly a matter of changing attitudes. Women have been fighting for it. We have been able to try ping-pong, but we couldn't get the girls to sign up. Broomell: Absolutely. We have been able to try ping-pong, but we couldn't get the girls to sign up.

Smith: What do you think of the athletic scholarships available to women at Highline? (Aitken is head of the athletic department at Highline.)

Broomell: I know of none. Smith: Are athletic scholarships available at Highline?

Broomell: No.

Smith: What do you think of the athletic scholarships available at Highline? (Aitken is head of the athletic department at Highline.)

Broomell: I know of none. It is partly financial, but it is also partly a matter of changing attitudes. Women have been fighting for it. We have been able to try ping-pong, but we couldn't get the girls to sign up.

Smith: Are you forced to work out a double set of books, due to the change in attitudes? Smith: Why.

Broomell: Yes, I imagine that elementary and high schools have not yet provided a rich athletic program. We can't even tell women's sports, but we have had a rich athletic program at the university level. Also we have had a rich athletic program in the women's P.E. department and if we had not had one, we would have said that we should be doing something.

Smith: So the problem is that girls don't know how to handle the pressure, due to the lack of experience?

Broomell: No. It is partly financial, but it is also partly a matter of changing attitudes. Women have been fighting for it. We have been able to try ping-pong, but we couldn't get the girls to sign up. Broomell: Absolutely. We have been able to try ping-pong, but we couldn't get the girls to sign up.
Please, don’t squeeze the tomatoes!

For more than 40 years, Seattle has had a public market. And through those years it has come to mean different things to many different people. It’s a novelty to some—a tourist attraction. To many, it’s a place to buy fresh food and hang out.

Flea Market... Pike Place Market... Farmers Market...

Thunder Word

Thunder Word

The Market... "A rose by any other name...

"Herbs are the spice of life."

Fresh vegetables sell as if they were more expensive everywhere else.

Do you need...

...to add a class?
...one more textbook before the exam?
...gas money for the weekend?
Earn $5.00 twice each week donating plasma at United Biologics, located at 115 Prefontaine Pl. S.E. 1/2 block from 3rd and Yesler in Pioneer Square.

THE SANDWICH HUT

SUBMARINE SANDWICHES

Original Italian recipe—served in homemade roll with sesame seed—

* Hot Pepper Steak
* Original Italian Sub
* Hot Prosciutto
* Turkey Roma
* Patatniki

Located in the Albertson Mall
21851 Marina Vista Drive South
Now open from 11:00 A.M. - 7:00 P.M.
PHONE: 4-9400
Highline coach Dan Knowles was still enthusiastic after his Thunderbirds lost 82-49 to Spokane C.C. in the championship game of the annual Spokane Falls Community College Invitational Nov. 24. But he only conceded the battle and not the war. The night before, Highline destroyed Central Oregon J.V. 77-57.

"I felt we were a 40-point team, but after this weekend our potential is more than 12 points," said Knowles. "I believe the key word for our team this season is the word 'potential.'

Unity must have been the key up the Thunderbirds called for 15 pts in the opening game of the two-day tournament against Central Oregon J.V.

"Everybody played well," said Knowles. "We moved the ball well, played good defense, ran well and mostly, nobody was selfish. I'm very pleased.

"Nick Sweeney, returning to form from last season, echoed his coach's words. "We really were great together, with depth at every position we just continued to improve."

The Thunderbirds have overcome incredible adversity. "The big difference this year is that we've got guards, that I can now start. We have a starting lineup that survived last year with Sam Knowles and Rex Hendrickson."

The Thunderbirds played well throughout the tournament, said Knowles. The second night Brian Pendleton played his floor game by his defense and rebounding. Sweeney sat out most of the final quarter against Spokane C.C. when he was removed from the contest by the officials for his over-aggressive defense.

The next encounter is at the Mt. Hood C.C. Invitational at Gresham, Oregon in preparation, Coach Knowles said, "We'll work a lot on our defense this week; defense makes you a winner. I may also change the lineup this weekend. We want to experiment with different combinations."

The Thunderbirds are playing exciting basketball this year. Before the game was five minutes old, the T-Birds showed Central Oregon J.V.'s how accurately they could execute the fast-break. "We'll be able to run with the best of them," said Knowles. "As a matter of fact, this is the best fast-break team I've coached in 7 years here!"

Highline X-C
3rd in NWACC

A fast pace and an all-day effort carried the Thunderbirds in third place at the end of the 1973 NWACC Cross-country Regional Championship November 19 at Mt. Vernon.

It was a great field. Twelve schools put in 73 runners and "they were gunning out," trying to keep up with the entire Spokane C.C. team. All seven of their runners placed in the top ten, finishing first through fifth.

The 13.1-mile course was foiled by 3 runners from Spokane C.C. and one runner from Spokane Falls, pushing the new record at 1:18:49.

It was a disappointing ending for Highline. Expecting to do much better before the race, a poor start by the birds did not later them in good position for the rest of the race.

Tim Magrady, led the best Highline performance, finishing 11th with 1:28:15. Dave Schaefer was 17th, John Smith 20th, Kirk Hendrickson 25th, and Joe Stewart was 30th. Dave Schnoor came in 36th, and Jay Gander was 40th.

Ruthe Larseen saves a point in recent volleyball action at Monmouth, Oregon.

Bowl and Univeristy.

Two more for soccer

Highline's Soccer Club will close out its 1973 season with two consecutive home games. The boosters will host league leading South Seattle and Central Washington this Saturday. Games are slated for 2 p.m. on the home and away fields. The last two games are against the Northwest Edmonds Community College and the University of Puget Sound, Gonzaga University, and Willamette University.

"We've been working together our first season and have had some losses," said coach Vital. "We've been making progress, but I feel there is still room for improvement.

We have three important games before the winter season. We'll make a winning team."

"I've learned a lot, and they did, too," said Broomell. "We should do a lot better next season.

"This meet was the last competition for our women's volleyball this year."

Freestyle contest, 2000 meter, 6.5 pound, I-shirt contest will be at Alpental on December 18, in conjunction with Highline's Ski Club. Prize will be awarded. The judges are experts from Omeron and Lund slaves and Solomon bindings.

Junior Cadillac provides the evening entertainment at the Untercasar. A $5 fee includes transportation from Alpental, lift tickets, entry fee, and admission to the dance. The bus is slated to leave the East Lot by 1:30 p.m. and return sometime next morning.

There's a special rate most airlines don't advertise.

I'm sorry-sir-but all-the seats-are-taken-rate.

"We've got a good defense and a very good defense with some all-metro players," Vital continued. "I don't much, we've just haven't gotten the breaks.

The team has undergone some bad luck that would break the back of many teams. The back-up goal at least one game and the first game was broken, but "voluntarily," past experience has proven that teams composed of assigned players seldom win all the season. Thus crossing hearts with the schedule. Avoiding losing in the direction of the program will be Bryan Pendelton.

Intramural basketball
next quarter

Registration is now underway for intramural basketball, which will begin early next quarter. There will be a slight change in the format from previous years, due to the heavy class schedule and in order to make time for basketball.

Interested players are encouraged to form teams and register as soon as possible, so that games can begin the first weekend of the program. Intramural registration will be completed, but "voluntarily," past experience has proven that teams composed of assigned players seldom win all the season. Thus crossing hearts with the schedule. Avoiding losing in the direction of the program will be Bryan Pendelton.

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Thunderbird cagers drop Mt. Hood Tourney

by Nick Gatter

Highline College's basketball team had a disastrous weekend at the Mt. Hood Community College Tournament in Gresham, Oregon.

Friday night's 106-46 loss to last year's NCAA Champion, Mt. Hood, was Highline's second defeat by the Hoodies in the tourney's 83-79 double overtime consolation game left Highline with a 3-4 record and a 5-game losing streak.

In the Friday night game Saturday night's match-up of the two South Seattle area community colleges, Highline and Green River, Highline scored early and often: 22 points, 10 rebounds and 1 assist by Nick Sweeney, Highline's 6'7" sophomore forward, had 14 points and 11 rebounds against Mt. Hood Friday night.

How would you like to get
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Imagine! Next time finals roll around you'll be zooming through your reading assignments in 1/3 the time...with at least the same or better comprehension. That's our guarantee. We'll even show you how to do it in a free demonstration.

\[ \text{I'm interested. Send me more information on Evelyn Wood's course.} \]
\[ \text{I'm broke. Send my parents information on how they can give me} \]
\[ \text{EvelynWood Reading Dynamics} \]

Promos, quotes, etc.

by Scott Jansen

The team you see on the court making complete fools of themselves, in a feeble attempt to reach the plus side of the ledger, has been marketed, packaged and sold to a naive ticket-buying public.

In a way it's "The Selling of Sport, 1973," filed chock full of big promises and unfulfilled dreams by the club management.

Some sports get by relatively easy. Longines, Al Fenton, a raging horse has in its spit, their horse-studded attraction around one hyphenated word: Dou- Dasher. Escaped in a minute tax haven. This advertisement, coupled with an equally short television commercial of the same gender, help set the gates clickin' with a record number of race fans for the past season.

Promotions also help fill seats in the major sport palaces; whether in football, basketball, base ball, or hockey. Some promotions are rather hokey; while some are really quite good.

The majority render an unclassifiable aura, of management looks at these freebies with our literary: give the fans what they think they want as cheaply as possible. The Seattle Supersonics pulled off a real doozy two years ago when they "created" the fans in a free basketball in those 16 and under in attendance. This "official NBA ball" was more like a 29 cent Kickball. No self-respecting jock would run his shooting touch with one of these lemons.

Of course, the biggest selling techniques in which the club attempts to sell you nothing, is through the coach and players themselves. There must be a standard quote book in which coach and player alike can draw from: for inspiration; wisdom; all of which were used by Knute Rockne, George Mikan, Bobby Orr, and even Joe Shultz (found that bad, boys) at one time or another.

You know the real deal? The ticket-buying, hot-dog gorging, beer-guzzling, pot-bellied sports nut falls for these freebies with one theory: give the fans something the club wants. And surprisingly enough many clubs have one: "If we can get you in the door we'll sell you anything." This is just another way of going after the fan. The club finishes the season 39 games from the top, "We've got some fine players returning next year, along with some promising freshmen."

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Karate at Highline - 108 trophies in two years

by Karen Olson

Three new first place trophies have been added to the collection of 108 already amassed in two years by students in Highline’s karate classes.

The new San Diego Open Championship trophies have been won by Don Kato, green belt, sparring competition; For- die Ortiz, brown belt, sparring competition; and Junki Chung, black belt, kata.

Chung was also awarded his first dan (degree) black belt as a result of his performance at the San Diego Open Championship.

The karate school has studied karate with Chung for two years at Highline, and also studied it in the Philippines for four years. His company, Kato-Kung, is the instructor at Highline.

The 108 trophies tend to support Chung’s opinion that his organization has now acquired a formidable record and outstanding reputation.

Due to a lack of financial aid, only a few members from Highline were able to compete in San Diego, but Chung expressed gratitude for donations from sponsors which enabled those few to go.

Plans are now being made to finance a bus trip for the entire team to attend the Los Angeles Open Championship in February. This would include both men and women.

The Highline organization has grown considerably from small beginnings, and Chung has incorporated sessions for advanced students in the Winter Quarter program. Advanced men will meet from 12:30 to 1:30, and advanced women from 1:30 to 2:30 on Mondays, Wednesdays, and Fridays.

Beginners, both men and women, will meet from 11:30 to 12:30 on those same days.

The formal karate classes, PE 126 and 146 meet Tuesdays and Thursdays at 12:30. Chung, head of the Washington State Chapter of the Japan Karate Federation, is a second degree black belt in karate, and a first degree black belt in judo. He arrived in the U.S. four years ago from Tokyo, where he trained to receive special certification to teach karate.

He came to the “highline” area two years ago and conducts his own 300 student karate school in Auburn. His methods adhere to the very strict physical and philosophical standards of the Japan Karate Federation, an international organization with 30 thousand members in the United States.
Tough wrestling at Grays Harbor

by Nick Gatter

The Thunderbird wrestling team has the chance to be Dar- id against Grays Harbor last weekend, but there was more than one giant in Aberdeen. Besides Hightower, the University of Portland State, University of Oregon, and Grays Harbor Community College were in the tournament hosted by Grays Harbor Community College. Even though the competition was tough, some of the 7-Bird wrestlers showed the type of poise and confidence typical of championship teams.

Dick Wooding, Head Coach, was optimistic about the 7-Bird performance at the two day tournament. "Our three Community College kids even placed last weekend and we are sure to have an improved performance this weekend." Wooding was very pleased with the work of their all conference selection for the first time, senior Terry Fug." said Wooding. "Terry Fug, a returning let- termen, placed fourth overall in his weight class and was chosen by Wooding as "doing an exceptional job." Tom Mack of the 129 lb. division was also pruned by his coach.

Chris Sawin, 98 lbs., lost to a former high school national champion in a very controvers- sial match. With 60 seconds remaining, Sawin led Marty Roberts, of Portland State Uni- college, 14, Sawin was in the Big picture, and in attempt- sorting a Grizzlies free, he hesi- tened halfway through. It was possible for the referee though, and Roberts was award- ed 2 points for a "near fall." sawin won.

Mike Jones was another champion," said Wooding. "He placed second nationally for the past three years!"

Coach Dick Wooding has had his share of champions. He has been the wrestling coach at Hightower since the program started, and in that time has compiled an astounding 51 win, 18 loss, and 3 tie record. Three of the last four University of Washington wrestling captains have come through Wooding's organization and Hightower CC.

The Thunderbirds will be traveling to Mt. Hood CC this weekend for a 13 team intercol- league tennis match. The competition will include teams from Oregon, Washington, and Idaho. The first home match will be January 20 against the University of British Columbia, in the Pavilion at 2:00 PM.

Grapplers prepare for outstanding year

by Mike Sanderson

The Thunderbird wrestling team has high expectations with questions marks at every position. According to head coach, Mr. Don Wooding, the team is looking forward to proving their ability in the absence of the personnel.

The team will consist of 120, 128, 136, 143, and 177 lbs. teams. Many players who, like only Mak, Sawin and Byer have their position settled, headed Coach Wooding.

Last year the team finished third in the conference. This year, Hightime is expected to receive its highest competition from Columbia Basin and Grays Harbor. Green River and Mt. Hood will be the dark horses in the conference this season.

Coach Dick Wooding, has set his standards for the team to place in the top three in the conference, and to have a successful season, the team will need "to come together and work for the team." Wooding has high confidence in his team, and believes they have the potential to be one of the top teams in the NW.

Ski racing for colleges

by Tony Medina

This is not to say that only five people can race per school. From then on, only count fees, and the program budget will only pay racing fees for a five person team. It is possible for the team to race, with his performance considered. As of this time, only one college contact has responded with enthusiasm. Stewart thinks it is only a matter of time be- fore a full fledged intercolle- league racing program, strictly on a community college level, becomes a reality.

Stewart can be contacted in the student government.

A tentative schedule dates the team'sIntegrated Giant Slalom, Giant slalom, and Downhill with a proposed schedule of PNSA events, to be at major Northwest ski areas. Three races would be held in conjunction with previously scheduled PNSA events.

Hightower's racing program is budgeted for a five person team, covering transportation, entry fees, and all other expenses. The goal of the ski racing program is to revive Highline's racing program is a reality.

The team re'sults will only count as the "club" that this could be worked out, for much money is needed to fund a varsity sport.

The goal of the ski racing program has been set by Lloyd Stewart, head of the project at Highline. The team would be as fast as possible, it is essential for the team to be as strong as possible, and to win the races.

The skiing club has a budgeted for a five person team, covering transportation, entry fees, and all other expenses. The goal of the ski racing program has been set by Lloyd Stewart, head of the project at Highline. The team would be as fast as possible, it is essential for the team to be as strong as possible, and to win the races.

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ewunhendisseh"
Diетing? look out

by Nicholas Gallet

You know what it means to face the world after breakfasting on dry Mela toast and a cup of Nestlé coffee. And you know how difficult it is to get through a morning's classes when all you can think about is the delights that await you at a single breakfast cafe partnered to a coffee counter and sugar bowl.

This state of demoralization, sure to account for any nervous strain, is a familiar one to many a weight watcher for a simple reason: whether he counts calories or pads himself on one of the diet "break" diet calls eggs, all bananas, all grapes, or all whatever, he's taken off weight by cutting down on food.

Now this "diet" will reduce you, in a manner of speaking, if it so chooses, reduce your food intake over a long enough period.

First of all, this diet will not reduce your vitality, your ability to function both physically and mentally, and even your life span if carried out foolish enough extremes. Overweight is no problem in normal communities.

Remarking on doctors who place obese people on strict diets, the great Will Rogers said, "They cure you by giving you everything except what food the patient likes a well prepared in a way that the patient desires."

You have taken too much. You've used starving, naughtily, exercise. In each case the results were the same: either there were none, or a few pounds slipped a day only to be immediately replaced the moment you returned to things as before. In addition, it became impractical for any individual, however well adjusted, to get along with a diet. You still have to know to each day about whether another twenty-four hours you are going to ask your heart to serve a plant that may be five, ten, or with really bad luck, even twenty pounds heavier than it is efficiently composed of meat.

First, if you haven't already done so, check with your doctor.

Second, consider upon the outcome of that interview reach the rest of this article. One of these diets may be your answer.

The latest fad riding the American waistline of agony is in Dr. Atkins Revolutionary Diet. The most successful thing about it being Dr. Atkins' ability to take a diet like this and put it in print and have it immediately become a best seller list. William Barling's "diet" relies on the theory that when the intake of carbohydrates are cut down, then the body will have to draw from its "excess" for normal function. It also means eating more protein, (meat, milk, cheese, etc.). If you can afford it, this diet has helped some people.

Two years ago a grapefruit fad in Waits. Texas transformed an idea that rocketed her industry for some months. Diet-tastic's infamous quote about the beauty of the public personage, "loose weight every day" frightened the waistlines and long TG's of America's fad nation. The idea worked, but the diet didn't.

Willy Mays, the greatest center field baseball has ever known, sweats in the Waits Diet. Mays reports that in fact it is shape for spring training he drinks two glasses of water thirty minutes before every meal. He begins two months before the induce a rest for a

same season and with a little more, drops in to fifteen pounds. Of course, some people around the league say this alone makes Mays run so fast.

A newly married couple, I know decided to slim down to gather. She was a fleshy girl who couldn't wait to get list. Her husband estimated that he gained 35 pounds on the wedding night. Dave Roberts for her homemade pinto bean pie was also above average, as he says. After breakfast, lunch and dinner. Her last letter indicated a lot of disappointment in the candy as she now weighs 186 pounds and still growing. Diet-candy doesn't have the ability to expand like a bead of gelat- flower, once swallowed, it seems to be common belief. It should be used as a substitute for food. In other words, you don't need to eat the candy to begin with, rather some softness technique is the main ingredient.

There are other means of losing weight without going hungry. One lightweight said, "I quit taking the pill last month and immediately dropped 10 pounds and also my boyfriend, but both were as great loss."

Willy Mays' gymnasium could be an asset to your waistline. They seemly have sprung up overnight in the land of milk and honey. It's been reported that many of these will well built YMCA people to give some hope and encouragement to the overweight. Unfortunately, far too many have Negroes about the waistline area and spend the morning in the Merrill eccentric nous wool socializing.

Whatever one situation is, it be too much body for too little soul, a dieting is as definite as your heart. When Ruth Gibson asks you on TV, "Have you ever eaten a piece of pie?" you'll be able to answer honestly, "Quite frankly, no."

Salome CONNORS

SOME PEOPLE JUST HAVE FAT-HEADS!!

Even TELEVISON DETECTS SAD FAT/

Financial aid is available now

Financial aid is available to students at Lightsie who have not already had their financial need taken care of with grants, loans and/or campus jobs.

1. TUTSON WAIVER: Student must be resident of the State. This waiver covers tuition to a maximum of $500 for any semester. Either full or part-time jobs are available. For more details contact the financial aid center.

2. SHELBY LILLY VOTATIONAL SCHOLARSHIPS. These scholarships are used for tuition and books. Students must be enrolled full-time in a two-year vocational program. They must also provide information about the financial need of the applicant.

3. FULTON COUNTY HIGHSCHOOL CLUB SCHOLARSHIP. This scholarship is to assist with winter and spring tuition. Students must have financial need and be majoring in a field such as agriculture, biology, history, English, etc.

4. TUTSON LOANS: These loans will be available the week of December 10. The following policies have been established by the Financial Aid Commit-

TUNE LOW TO THE PITCH FOR THE TONIGHT'S SPECIALS: 

See our great selection of Gifts for Christmas at your friendly book store with THE STAFF AND MANAGEMENT OF YOUR BOOKSTORE TO EXPRESS THEIR THANKS FOR YOUR SUPPORT AND WISH YOU A MERRY CHRISTMAS AND HAPPY NEW YEAR.

HIGHLINE BOOKSTORE
Future students learn at Highline

by Vikki Dernacure

The Day Care Center provides an opportunity for children to learn in a safe and enjoyable environment. The Center emphasizes learning through the environment and allows children to explore and develop their learning experiences.

The Center has a variety of activities for children, including indoor and outdoor play areas, arts and crafts, and music and movement classes. The Center also offers nutritious meals and snacks to support the children's physical growth and development.

The Day Care Center is committed to providing a high-quality early childhood education program that is responsive to the needs of children and families. The Center works closely with parents and guardians to develop a plan of care that meets the specific needs of each child.

In addition to the regular educational activities, the Day Care Center offers special events and field trips throughout the year. These events provide opportunities for children to explore new experiences and develop new skills.

The Day Care Center is located at 2308 S 85th Pl, Kent, WA 98032. For more information, please visit the Day Care Center website or contact the Center directly.

PUBLIC NOTICE

By order of the Board of Directors, JOHNZER PRODUCTS is liquidating its entire inventory of freight-damaged and factory-second loudspeaker systems. Thisliquidation will occur over a period of approximately 10 days. You are encouraged to visit the store and take advantage of the savings available on these items. The store will be open from 9 a.m. to 5 p.m. daily.

Thunder Word

Curriculum planning to be keyed to needs of today's students

Student involvement will be a key factor in the curriculum planning for Highline College. The College is committed to involving students in the planning process to ensure that the curriculum meets the needs of today's students.

Dr. Shirley Gordon, vice-president and dean of instruction, explained that student involvement in the curriculum planning process is essential. She said, "Students are the ultimate decision-makers when it comes to their own education." The College is eager to hear the voices of its students and to work with them to create a curriculum that meets their needs and interests.

The College is planning to implement a new curriculum planning process that will involve students in the decision-making process. This process will be designed to ensure that the curriculum is relevant and meets the needs of today's students.

In conclusion, the College is committed to involving students in the curriculum planning process. By doing so, the College can ensure that the curriculum meets the needs of today's students and prepares them for success in their personal and professional lives.

Happy Holiday

Remember santa

Sue Atton

Our Christmas Gift HEADQUARTERS

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Clamming it up for worldrecord

By Mickey Jones

Living there will be the new 105 edition of the "Clamming Book of World Records." The book is in at least 100 interesting facts:

- Clamming is the oldest trade in Japan.
- Most clams are caught in the spring.
- Clamming is a full-time occupation in some villages.
- The largest clam ever caught was 2 feet in diameter and weighed 40 pounds.

Did you know that a Korean boy named Kim Ung-Yong has set a record of eating 437 clams in 10 minutes? (By the way, the streaked tenrec of Madagascar is a small rodent type animal.)

Now I know this sounds rather obscure, but it is true! The streaked tenrec of Madagascar is only five days. (By the way, they have confidence in the principal finding of a poll conducted on the world's ten most significant finding of the arts.

"I've Got Tears In My Ears From Lying On My Back and Crying"

A majority of the editors feel the government is doing a poor job of providing entertainment in the world. They want the government to do more for the arts.

GRAND OPENING

NEW ENGLAND DIVERS INC.

We have quite a celebration planned to announce the opening of our Midway store located just three blocks south of Highline College on 123rd and 99.

Come in, look around, ask questions and find out what Scuba Diving is all about.

COME HELP US CELEBRATE!

ALL EQUIPMENT IN STOCK 25-40% OFF
SCUBA CLASSES 1/2 Price now only $30.00
(LIMIT 10) 50% ALL EQUIPMENT, BUY 1 GET 1 FREE

College editors polled on national issues

College editors recently polled on national issues. They also feel that the biggest problem in the world today is the world's ten most significant finding of the arts.

Women assaulted in parking lots

Since June 7, there have been three assaults on campus reportedly. Two were near the east parking lot. The third victim was injured, receiving a bloody scratch on her face.

The first assault was committed by a male black student near the east parking lot. The victim claims she was attacked by a man with a knife. She was injured, receiving a bloody scratch on her face.

The second assault was committed by a male at a later time. The victim was attacked by a man with a knife. She was injured, receiving a bloody scratch on her face.

The third and most recent assault was committed by a male during the day. The victim was attacked by a man with a knife. She was injured, receiving a bloody scratch on her face.

Special notice: There will be a forum on "Rape Prevention" on Friday, Dec. 19, 1971, at 12:30. An officer from the King County Police will be present to answer questions.