

thunder word

Volume 13 No. 6 Highline College Midway, Wash. Friday, Jan. 18, 1974



Frozen solid only two weeks ago, incoming warm air has transformed this tranquil winter scene into a rushing mountain stream. Forecasts for the state indicate more rain for the weekend. Photo by Dennis Brandow.

inside...

A woman diver is on Highline's previously all male swim team. Her name is Lynn McShane, and her story is on page 6.
Campus security has been active last year. See page 3.

for details.
During the recent cold snap, the clear skies prompted amateur star gazers to search for a comet called Kohoutek. Nick Gatter tells all on page 12.

State Superintendent and Board of C.C. Education agree to joint efforts

The State Superintendent of Public Instruction and the State Board for Community College Education jointly announced an agreement to work together on mutual concerns and not to seek legislation before January 1975 which would change present jurisdiction over vocational-technical institutes.

Dr. Frank B. Brouillet, Superintendent of Public Instruction, and John C. Mundt, Director of the State Board for Community College Education said in the joint statement, "We have concluded that both agencies need to work much more seriously and cooperatively for the benefit of students in Washington State. We have identified a number of joint concerns and problems which need resolution and we have pledged ourselves to attack these cooperatively."

The two agencies agreed to form an interagency committee and charge it with the resolution of current and future mutual concerns in nine specific

areas. These include (1) adult basic education, (2) high school completion programs and diplomas, (3) Predischarge Education Programs (PREP) for military personnel, and (4) community school and community service programs.

Also included are (5) vocational-technical education planning, jurisdiction and program duplication, (6) career education programs, (7) skill center development and operation, (8) research projects in common areas, and (9) development of common statistics.

The announcement stipulates that "no attempt will be made by either agency to change or modify such laws or to introduce new legislation which would create a different jurisdictional arrangement," the joint statement reads.

"Such self-imposed limitations shall remain in force until the legislative session of January, 1975," the statement continued.

At that time, the cooperative efforts of the two agencies will be reviewed and evaluated. If they have been successful, they will be continued. If not, further plans can be made to modify jurisdictional arrangements, according to the agreement.

To aid in the cooperative effort, both agencies are requesting the Coordinating Council for Occupational Education to modify the structure of its agency "to better fulfill its role as a coordinating body."

The CCOE consists of three members each of the State Board for Community College Education and the State Board of Education and three persons appointed by the Governor.

The joint statement recommends that the functions of CCOE emphasize the following responsibilities:

1. Dispensing federal funds to operating agencies according to a pre-determined formula.
2. Developing and operating a more effective forecasting system.
3. Coordinating the preparation of the State Plan for Vocational Education.
4. Approving proprietary school programs.
5. Approving courses and schools for veterans benefits.
6. Coordinating the Manpower Development and Training (MDTA) programs.
7. Operating the Regional Curriculum Center.

Achievement of the agreement between the two agencies represents the culmination of negotiations that have been taking place between them for the past several months.

Too early to assess airline opportunities

It is too soon to assess just what effect the reduction in airline personnel will have on job opportunities for students, according to Keith Ward of the Air Transportation program.

He stated, that currently the airlines are cutting back only in areas where they have been losing money. However, he expects this will have an impact on some jobs but feels the effect will be less on ground jobs, than on stewardesses.

He also said that if gasoline rationing for automobiles goes

into effect, this could create an increased demand on air travel, thus the airline situation may have to be reviewed. The fuel reduction for the airlines is 15 per cent — there has not been a similar reduction in personnel, said Ward.

Ward also stated that laid-off employees usually find other employment and tend not to return to their original jobs, once the situation returns to normal, thus creating openings for new employees.



High School and College students meet with Faculty and Administrators at recent state SWEA District 1 conference. Front row: Sue Takahashi, secretary HCC SWEA; Richard Warner, vice-president, HCC SWEA; Sumi Hayashi, vice-pres. Garfield ASB; Dr. Wayne Hall, State SWEA consultant. Second row: Steven Jones, director of District 1; Cathy Whitted, chairman of membership, SWEA at HCC; Joe Stroemer, co-chairman as above. Back row: Eleanor Heino, advisor HCC SWEA; Don Lehtinen, president, HCC SWEA. Photo by Alan Jarvimaki

SWEA meetings at Highline

Two recent meetings of the Student Washington Education Association were conducted at Highline College in a new program of holding meetings away from the downtown WEA center.

Shaunlee Birge a graduate of Highline and now state president of SWEA, presided at the January 12 meeting in the lecture hall. Teachers, students and administrators attended.

The District 1 meeting of Washington State was held the week before the Fall quarter ended in the lecture hall with Highline as host. This district is the largest of the three districts into which Washington is now divided with 19 colleges and universities and 48 high schools.

Steven Jones, District 1 Director, presided at the district conference. He introduced Dr. Wayne Hall, SWEA state

consultant, who spoke of the many challenges facing students in education, predicting that the present trend in secondary and advanced education would change radically by the early 1980's and that there would be a concurrent shortage of teachers.

Steven Jones announced a Vice Presidency vacancy. Sue Takahashi of Highline was nominated. He also requested early submission of requests for Project Hope support in HCC chapter's drive to provide tuition for senior citizens.

Jones reported that approximately 92 per cent of teachers and students committed to professional memberships belonged to NEA and its subsidiary WEA. Alan Jarvimaki, SWEA treasurer for HCC, was photographer for the District 1 meeting.

10-Year accreditation awarded to Highline

Highline Community College has been reaffirmed for accreditation by the regional association that surveys and approves colleges and universities, it has been reported during a meeting of the board of trustees by Highline's president, Dr. Orville D. Carnahan.

Although the commission does not grant accreditation for a specific number of years, Dr. Carnahan said, it has been determined that Highline need not expect another formal evaluation for 10 years, but in 5 years the college is to submit an interim report.

"We consider the commission's evaluation and reaffirmation as a tremendous vote of confidence in the programs and personnel of the college," Dr. Carnahan told the board.

"Team" Visited HCC
The report from the higher schools' commission of the Northwest Association of Sec-

ondary and Higher Schools was outlined for Highline's trustees during the regular monthly meeting of the board. The report was a culmination of a 212-page self-study conducted by all components of the college and a subsequent 3-day visit this fall by an 8-man team of educator-evaluators.

Particularly noteworthy, Dr. Carnahan said, was the accrediting group's high praise for the faculty and its interest in students, teaching skills, enthusiasm, and professional attitudes toward innovative methods and governance responsibilities.

The evaluation committee also noted that Highline should be "justifiably proud of its student services program" and that the college was to be commended for the high caliber of its administrative personnel and sound budgetary practices.

Class in digital computing here

FORTAN language and its applications, flow diagrams, problem organization, digital computer concepts, and compiling and testing of programs. The class is using Highline's IBM 360-40 computer and associated equipment and keypunch machines.

High school students and non-data processing majors are getting a jump on digital computing and the FORTAN language of computers during a special "hands on" class being offered winter quarter by the faculty of Highline.

Students are studying the



Three little words can save you medicine money.

Frequently, when you're sick, nothing hurts as much as the cost of the medicine to help you get better. But there is a way you can save money on prescription drugs and medicine. By remembering three little words: "the generic name."

What do these words mean?

Simply this. You got for can write a prescription two ways. We can write the "brand name" or the "generic name" pronounced just as it is of the drug. The difference is that prescriptions can cost a lot less if the doctor uses the generic name.

How come?

Most well-known advertised brands or anything cost more than unknown or store brands. You pay for the advertising that makes the "brand name" well-known. Brand name drugs also usually cost more. For example, one drug used to reduce high blood pressure costs drug stores about \$4.50 under its "brand name" yet only 90¢ under its generic name. What's more, up to half of the

most widely prescribed drugs—the top 50—are available under their generic name.

Here's what to do.

First, ask your doctor to write down the generic name instead of the brand name. Don't be afraid to tell him you need to save money on medicine. Second, tell your pharmacist that the prescription calls for the generic name at your request. Ask for the lowest-priced quality generic drug he or she can recommend.

You could tear out this message and wrap it around your finger to help you remember. Or you could keep thinking of the dollars you want to save. Either way, remembering three little words can save you lots of medicine money. Please remember the generic name.

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Campus police spends active fall quarter

During the fall quarter there were nine felonies, 19 gross misdemeanors and eight misdemeanors that occurred at HCC. These were handled by the campus police.

In addition to these, the police also assisted 272 people, (battery jumps, unlocking car doors, student services), administered first aid six times, were called to the scene of 10 accidents in the parking lots, solved two missing persons cases and handled one car fire.

The various campus crimes broke down as follows:
Felonies: (fine, imprisonment or both)

- 3 — grand larceny (\$7500 or more) vehicle tape recorders.
- 2 — theft from auto
- 2 — assaults
- 1 — auto theft
- 1 — breaking and entering

Gross Misdemeanors: (property valued \$20-\$75, results 1 year in county jail and/or fine or \$1000.00)
7 — vandalism against school
6 — theft from auto
6 — theft under \$75.00

Misdemeanors: (punishable by a nine day jail sentence or fine of \$250.00)

- 4 — disturbance of the peace
- 1 — possession of marijuana
- 1 — assault
- 1 — stealing gasoline
- 1 — broken and stolen light bulbs.

Totaled, the loss to personal property and college property amounted to \$1500.00. Through investigation, \$400.00 of that was recovered last quarter and \$300.00 recovered of that already this quarter.

Considering the six man staff (5 patrolmen and director of security, Jack Chapman) the patrolmen have been busy. The officers work eight hours a day,

and there's always someone on duty; 24 hours a day, seven days a week, including holidays. The patrolmen's ages range from 21-42, and all are either graduates of the two-year law enforcement program here or had at least 10 years of other law enforcement experience. Mr. Chapman encourages them to enroll in classes in their off duty hours for two reasons: to better their education and so they can get to know the students on a personal level.

The campus police retains jurisdiction only on campus. Anything outside HCC's borders is handled by the King County

Sheriff, the State Patrol, Des Moines Police or the other police forces in the area. Although the campus police are restricted to HCC, if they receive an emergency call, for example a car wreck, on 240th, 20th or on the Kent-Des Moines Highway they will respond until the State Patrol and an aid car arrive on the scene.

The officers make regular rounds. If you are witness to, need assistance, or wish to report a crime contact the officer on duty, report the incident to the security office upstairs at the student lounge, or call the security office.

Slade Gorton plans workshop

Attorney General Slade Gorton announced that his office will present a workshop in Seattle on February 1 to explain recent legal developments — with emphasis on state Supreme Court decisions — to persons interested in planning and environmental law.

The workshop will include an overview of recent state and federal environmental protection, with detailed presentations planned on the state Environmental Policy Act and the state Shoreline Management Act, particularly as those laws have been interpreted by the Supreme Court.

The morning session will be led by Gorton and Senior Assistant Attorney General Charles B. Roe, Jr., chief counsel to the Department of Ecology.

Jerome L. Hillis, Seattle attorney, will discuss environmental impact statements at the luncheon session.

The afternoon session will be

devoted to the subject, "Conflicts of Interest — The Public Official and Recent State Supreme Court Teachings." Senior Assistant Attorney General Robert F. Hauth will lead that discussion.

Attendance at the workshop, to be held at Seattle University is by advance registration. Any interested person may obtain a registration form by contacting Gorton's office, Temple of Justice, Olympia, Washington, 98504.

The state Department of Ecology is co-operating in presenting the workshop.

Great Decisions course set

A one credit course on important decisions facing American policy makers in 1974 will be offered by Dr. Henry Perry on the college campus commencing Monday, January 28th. The course (Item No. 68E) is an updated version of a course offered at Judson Park and Wesley Terrace during the Fall

Quarter, 1973, by Dr. Perry and Davidson Dodd.

It is designed to involve students in informal discussions of some of the most troublesome issues of our time, using the "Great Decisions — 1974" booklet provided by the Foreign Policy Association, a national, non-partisan, non-profit organization. No formal tests will be given and grades will be assigned on a "pass-no credit" basis.

Classes will meet on Monday and Wednesday from 2:30 - 3:20, covering one topic per week. Following is a tentative topic schedule, subject to modification as the class may prefer:

Week of: Jan. 28 — Israel and the Middle East Conflict: Will Peace Ever Prevail? Feb. 4 — The Energy Crisis: What Impact? What Solution? Feb. 11 — Western Europe and the U.S.: What Future for the Atlantic Community? Feb. 18 — President & Congress: How Should Foreign Policy Powers Be Shared? Feb. 25 — Soviet-American Detente: Where Do We Go from Here? Mar. 4 — The People's Republic of China: Toward a New Society?

Workshops Cover Variety of Needs; Start Feb. 22

Short term workshops are being offered by the Counseling Center on a wide range of topics answering requests of students and fulfilling many needs. The workshops start February 22 and may be arranged for in the Counseling Center.

Test Wiseness February 11 - February 22.

Instruction is given in the skills required for the actual taking (not preparing for) objective and essay types of examinations.

Listening Skills January 14 - January 25.

This workshop identifies the principles of listening effectively and of taking clear and concise lecture notes. It provides practice in application of these principles and individualized attention to the lectures the student is currently taking. It is most helpful for students enrolled the same quarter in a lecture class.

Occupational Search January 21 - February 4.

Looking for a career? Semi-

nars will focus on us as people and our choice of a career which expresses us. Skills for finding a career and deciding on a career will be emphasized. **Job Search February 11 - February 27.**

Learn how to write a resume and letter of application, fill out application blanks, and interview for a job. Discussions will focus on our attitudes and appearances in job hunting and on handling some kinds of discrimination practices.

Group on "Partnering" January 21 - February 4.

Partnerships are a big part of our lives. How do I make the relationship with my partner a healthier and happier one? How do I learn to communicate more honestly? How do I add to the relationship instead of taking away from it? These and many other questions are important to deal with. In an encounter setting the problems of relationships will be discussed. The resource for this workshop is Carl Rogers' new book on partnerships.

Administration of Justice welcomes non-majors

The Administration of Justice program offers options for majors and non-majors, Forrest Niccum director, revealed in an interview last week.

"The most important thing for current freshmen to know is that last year we revamped our program and changed it from law enforcement to Administration of Justice. We wanted to expand and include two additional options, one of them being corrections, and the other industrial security. We hope to have instructors next year to teach those two options," explained Niccum.

"Right now the freshman year is a core curriculum designed to handle all the people in the criminal justice system, and then during the sophomore year the student can more or less specialize."

On the subject of industrial security guards, Mr. Niccum said that "Industrial security guards do need some professional education and they don't have it now. We hope to turn out some people who have some better background so they could do a better job and in turn draw more money."

"There seems to be a need for more efficient security guards at big industries these days with industrial break-ins on the increase, and thefts from within the organization becoming more and more of a problem."

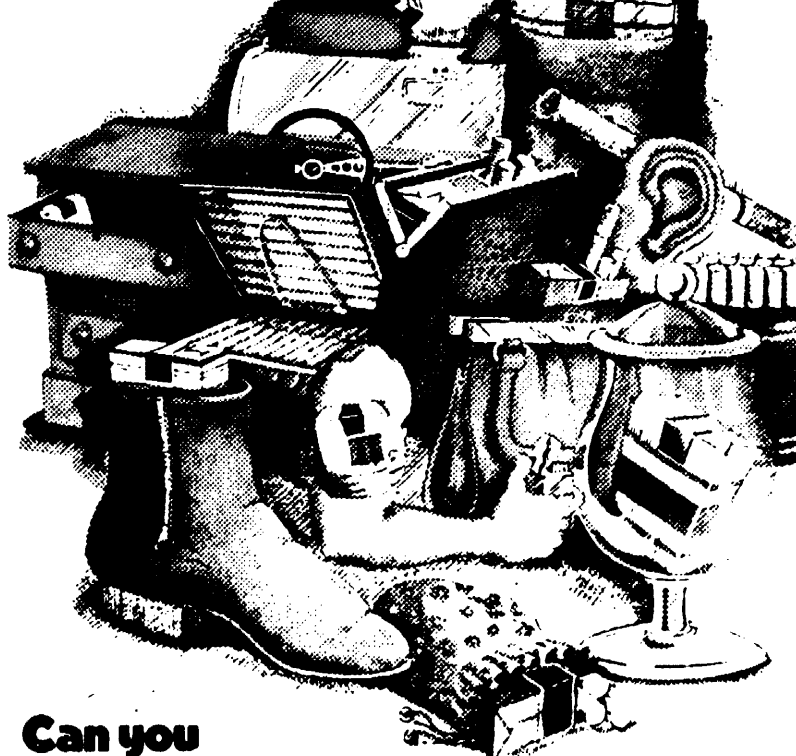
Niccum stressed that many Administration of Justice courses are open to all students at

Highline and that "if anybody would like to come in at any time during the quarter to examine any of our Freshman courses, they are perfectly welcome. I'd like to see people come in and take these classes, because I think they'd get a different view of what they are studying, especially if they are into sociology."

We started discussing possibilities for women to get ahead in the law enforcement field and Mr. Niccum had this to say: "There are more positions open for women to become civilian employees within police departments. Quite a few of our girls go on and get a higher degree at four year institutions. One of our girls is at a store down in California and is in control of shoplifting for the whole store."

"Most of our graduates are going right into work, but some of them are changing their minds and saying to themselves 'as soon as I find a job I'll take it, but in the meantime I'm going to go to school,' so you can see that one major point about law enforcement is that it takes time to get into a job. You have to wait until they are having an application opening, a job opening, or until they give a civil service exam. Seattle's Police department is not going to be hiring this year because of a lack of funds, even though there is a definite lack of personnel." Like students in other fields, Law Enforcement students are having a difficult time getting hired, too.

All you smokers who plan to quit someday:



Can you throw away that pack right now?

It's not easy, is it?

In 20 years, after 146,000 more cigarettes, you think it's going to be easier?

Don't kid yourself.

Quit now. You'll never get a chance like this again.

commentary

no smoking

To my dismay and to the dismay of non-smokers, cigarette smoking in most of the classrooms of our campus is apparently here to stay with no restrictions or regulations.

Smokers and authority figures at Highline C.C. may be ignorant of the problems that are created by smoking in classrooms. Despite a city ordinance that prohibits cigarette smoking in public places, students and teachers are being annoyed and distracted by people who light up the weed in classrooms. It seems that this dilemma is increasing. Because no one seems to mention anything about people smoking in class, others get into the act. Also, authority figures at Highline do not seem to enforce this ordinance on smoking. It is common knowledge that most smoking ordinances are almost widely disregarded. If you are on a Metro bus, and are in the midst of no smoking signs, you will probably be in the midst of cigarette smoke, too. But students who pay over one hundred dollars per quarter for books, tuition, and supplies also expect a clean, healthy environment to learn in.

During the last decade, medical evidence has proven that cigarette smoking is a health hazard. But just recently, the smoke from a cigarette has been discovered to do just as much harm to non-smokers as the smoker himself. Some restaurant owners are responding to these new warnings from the medical profession by creating exclusive rooms for non-smokers. The city of Seattle is also thinking of regulating and enforcing old and new laws toward smoking in public places.

I feel very strongly that Highline CC should take strong measures in eliminating cigarette smoking in classrooms. Besides creating hazardous health conditions in our classrooms, it also distracts and annoys the students who are fortunate enough to receive the smoke in their face. This not only leads to experiencing an unpleasant smell, but can also leave the odor with you throughout the next hour or period.

Just maybe smokers might be able to sense a little of what the non-smoker faces and has to go through everytime he smokes a cigarette in class. It seems that in conclusion, the smoker who cannot overcome the so called "Nicotine Fit" during a classroom period could go outside the classroom or maybe he could smoke in between class periods to prevent an attack during that period. If Administration personnel and college students could become involved with this problem, something more than a one-side dilemma for non-smokers would probably emerge.

Who knows, we might set an example for the rest of the colleges and communities in our area.

Mark Moore

boo on tv ads

It really escapes my reasoning as to why we have the kinds of television commercials that we do today. By and large, the seller of a certain product will employ "psychology" to make the viewer think he needs to buy this product - whether or not he needs it. During a typical hour of TV air-time, there are all the usual aspirin, laxative, shaving lather and blade and deodorant commercials that come across smelling worse than we do, providing we buy the product. After all these years of constant bombardment from these companies, I should think that all of us can, by this time, name every single one of those advertised products plus quite a few others.

It seems as though Madison Avenue assumes that everybody has headaches or constipation or more ridiculous yet, body odor. Who wouldn't have a headache after all of the constant hounding directed towards the consumer / viewer?

If the commercial content isn't bad enough, each and every program on television is pre-empted by these "important messages" for two to three minutes before the program begins. Then we get two minutes (if we're lucky) of what we're about to see on the program, sort of an introduction to the show, followed by still another two to three minutes of commercials. Finally, the viewer gets 10 whole minutes of uninterrupted programming before

the cycle starts all over again. During a typical hour of television, 12 to 15 minutes of this hour is nothing but these sickening ads! I really wonder if these "Mad Avenue" Ad-Men watch television at all. I doubt it judging from the amount of time they spend trying to sell us this crap we already know the names of!

The advertising can't get any worse than it already is. We need the selling of ideas and solutions to the spiraling inflation; rising food, costs, rising healthcare costs and rising gasoline, fuel and oil costs along with possible gas rationing - need I go on? I want to know how to best overcome these problems and the problem of just making ends meet in this deteriorating, yet hopefully durable country of ours instead of being made to worry about sexy smiles or brighter clothes. We need to know how to best be able to feed ourselves, how to keep warm and how to be able to get to work and school against the exponential rate of inflation which is literally choking us to death.

We haven't even begun to realize the full potentiality of such a wonderful yet highly abused invention; television. I would much rather have body odor and dull yellow teeth than having to go to bed in the dark just to stave off the cold and my hunger just because I wasn't told how to avoid it.

Pat Nymon



Gulls on the wing, freezing till this spring.

Photo by Stephen Young

letters

Heavy subject

Concerning: Your article of December 7, 1973 by Nicholas Gatter titled "Dieting: Look Out."

As a former fatty who has lost fifty-seven pounds and kept it off for over three years, and as a former lecturer for Weight Watchers, Inc., I found your article interesting and humorous; but disgusting to those of us who have to live with a REAL weight problem. We are the ones who know what it is like to haul that lard out of bed in the morning. We wash it. We deodorize it. We dress it in cling-free clothing. We buy shoes without shoestrings. We avoid cameras and we do most of our eating when people like you aren't looking. Our problem is not a joke, as you have implied. It is a serious health problem - mental and physical. Fat people are humans too. Please handle us with care.

Cuddly, healthy, loveable and pleasingly plump - Grandma was so proud of me. The truth of the matter is that I am (and just like a diabetic, shall always be) a fat person.

According to Dr. Theodore Isaac Rubin, author and noted psychiatrist, it is easier to control an alcoholic than it is to control the problems of fat people. Everyone must eat to live and fatties cannot just abstain as can alcoholics. I have learned to control my weight and it brings me no shame to openly use the word fat when referring to myself.

Four years ago, at the age of twenty-three, I admitted to myself that I was a fat, lazy, bitchy housewife. Most people saw me only occasionally because I lived inside my little house - inside my big fleshy shell. When social events force us out of our shell we usually emerge as the jolly ones. After

all, it's bad enough being fat. We realize that no one loves a fat grouch!

Getting rid of fifty-seven pounds of lard is not a fun experience but I began to honestly enjoy my sense of humor. My fellow-fatties understood why I hated birthdays. Some of us were willing to admit that we ate half of a cake at a time. Usually this began by using a knife to "even-off" the crooked edges of the cake which had been left that way by some disgustingly thin person. A little "evening-off" goes a long way!

We fatties often eat in the middle of the night (and blame it on the dog). We tell ourselves that a cold pork chop doesn't count at three a.m. Neither do frozen Ding Dongs. Many of us freeze food so it won't be edible at such times. I once sat in front of an electric heater from two a.m. until three a.m. thawing out a large frozen Tootsie Roll. You just can't chew frozen Tootsie Rolls!

Many tears have been shed by the dieter who cheated and was not able to get back on the thin wagon again. We cry inside because we feel like it is a hopeless cause. We've tried so many times only to fail again. Diet pills, fad diets, hypnosis, quack doctors, expensive machines to shake our fat, and saunas to sterilize it - anything quick to make us gorgeous!

Some of us are finally able to accept our problem. Then we can cope with it. It is a slow but permanent process if we do it right. We can change ourselves into a person who we actually like. It has to be done for selfish reasons. No one ever really does it for someone else. I did it for myself - for my ego. I never will be gorgeous but I'll be damned if I ever weigh one hundred and eighty-two pounds again!!

P.S. Thanks for the soap box.

Janet Akers

thunder word

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Cultural differences confront Japanese foreign student

by Vicki Deremore

Highline is often referred to among local students as the commuter's college. There are 42 foreign students currently enrolled in HCC who have traveled half way across the world to attend an American school representing various cultures from South America to Indochina. Hiko Kawakami comes from Yokohama, Japan to attend an American school. He lives with a sponsor family in Des Moines and hopes to transfer to the University of Washington next fall.

Hiko wants to work with young people and would like to be a school counselor. American education in Psychology is advanced. "I feel there are not enough counselors in Japan to help advise students." The young Japanese student explained that in Japan, once a student has completed his education, it is difficult to return to school for further education. Japan is more conservative and it is almost expected that once you begin to work, you will remain on the job.

Hiko, a shy, very polite young man, is embarrassed by the problems he is having with English. Hiko said that in Japan, children begin to learn a foreign language in the seventh grade, but the process is inadequate, stressing grammatical structure and translation rather than practice in speaking English. English is the most common language taught, but even the universities continue the same form of structure — only more sophisticated.

Like many foreigners he is impressed with the high standard of living. When we discussed whether he had any desire to remain permanently in the U.S. it was obvious he felt he would have to conform to the American way of life and would be labeled a foreigner. He looks forward to returning home after his education is completed. Although Japanese Americans are quite accepted now in society, during World War II it was a different story. Many of the

Japanese were treated like second class citizens. The streets are not paved in gold but this has had little affect on Hiko, however the treatment of our racial problems seems to perplex him. We live in the most free country in the world, yet why do we separate the blacks on one side and the whites on the other side? Or put Japanese Americans behind barbed wire during World War II? It does make one wonder about the American culture and what makes us as citizens require other people to conform to our mode of dress and living standards along with trying to forgive the less fortunate that do not have white skin and round eyes.

When I asked Hiko how I would be treated if I were to go live in Japan, his comment was "Japan I believe is more free from some of the American biases, although Korea and Japan have had a history of strife and in some regions may have been discriminated against. I believe overall our teaching is more of accepting individuals for what they are. This places less restrictions on them socially to have to assimilate into Japanese culture."

When questioning Hiko on Japanese American relations and if there was any animosity left in Japan over the atom bomb, a slow embarrassed smile crossed his face — he is a polite, respectful guest in this country, but at my insistence we did briefly discuss the past and future of Japan. Is there any animosity left over the atom bomb? Hiko replied, "No, not really, I had an instructor in school, who was a victim of the bomb. There was no bitterness. In fact, General Douglas MacArthur was a respected man. However, we have differed with the American policies, especially Viet Nam. To the future — Japan is secure in her unity and creativity of her people. We do have a great deal of national pride."

When asked about the divorce rate in Japan, Hiko said

there are divorces, but not as many as here. "We do have divorce, but with our lower standard of living many divorces, I think, are deterred by the expense of divorce and child support. Generally the average age for a man to marry is 26-28 and for the woman 23-24. Financial stability weighs heavily upon the man before marriage."

The lifestyle of the woman in Japan is less independent than in America. The Japanese housewife might have a washing machine, but few homes have dishwashers and all the electrical gadgets that bless American kitchens. As of yet, the Women's Liberation Movement has not traveled to Japan. Japanese women are busy being housewives and devoted to taking care of the family. The husband manages the income and the wife manages the home.

Hiko's reply to my question on what he missed most was: "Good friends. Friendship in America appears more on the surface and less lasting. American people are fairly easy to talk with, but the friendship is difficult. My people are more hesitant to talk, but once a friendship has been established it is on a much deeper basis. As a foreigner I am not sure how I should act or react with American people."

The problem of language is no small chore. The process of thinking must also change. For example he mentioned, "It is a delicate difference, but why is the cup of coffee half full, rather than half empty?" Because of the language and cultural differences it is difficult to adjust to the American way of thinking.

Hiko commutes to HCC on his Honda 50 that he spent this summer on touring the western and southern part of the state, along with visiting the home of the atom bomb in Oakridge, Tennessee. Two hours later my cup of coffee sat cold and black, but the conversation with this young foreign student will be remembered.



Madan Mohan Sanga returned on a visit to Highline last Thursday after successfully completing his PhD in Electrical Engineering at Berkeley. He sang the praises of his academic experience here in '63, '64 and '65 in physics, chemistry and mathematics, and said he felt his background was stronger than those who started out as freshmen at the University of Washington. He received his BA degree in 1967 from the University of Washington; his MSEE and PhD from the University of California at Berkeley. He was born in India and attended one year at Highline High School before entering Highline.

early candidates

President Nixon has not yet completed the first year of his second term in office, but already the race for the 1976 presidential seat is nearly in full swing. A full three years remain for prospective candidates to exploit every possible avenue to the nation's highest public office.

Vice President Gerry Ford has been rated as a "close and perhaps winning" candidate if the next election were held today. Since today is a rather unlikely date for a presidential runoff, this would put Ford into strong contention for 1976.

Of course, everyone knows that Nelson Rockefeller resigned last month as governor of New York in order not to run for president. Accompanying news might also include that Mt. Rainier is melting and Kansas is being carried down the Mississippi piece by piece. If Rocky decides to make a go for it, which he apparently already has, he will fail miserably, much to the benefit of the American people. Besides the fact that Standard Oil and other petroleum companies already have enormous political power, there is the gnawing realization that American politics passed the man by at least ten years ago and he is just too old to play catch-up ball. Please, Rocky, find another outlet for your money.

The other big Republican hopeful is John Connally, the down-home Texas successor to LBJ as the best known man with a southern drawl. He is also trying very hard not to be identified with the present administration with whom he was closely associated until recently.

On the other side of the ticket, the list of big name Democrats who should not run is longer than the list of ones who have a chance at success. Among the should-nots are

McGovern, Humphrey, Muskie, Kennedy and Wallace. The former three because they would do the party no good as losers again and the latter two because they would be doing themselves and the country a favor by staying home. This nation is in low enough spirits without another assassination and there are plenty of insecure psychotics who would love to find their identity by killing another Kennedy or by finishing off Wallace. Teddy can go on being one of the most intelligent senators on Capitol Hill and George — well, George can go on being a loudmouth governor.

Who does that leave besides a lot of dark-horse candidates? God knows Sam Ervin is too old. One non-dark-horse is Henry Jackson, who had a strong showing in the 1972 convention.

In fact, as much as I distrust both the men, I would predict that 1976 will see Ford versus Jackson for president.

Putting aside predictions and guesses, however, must we be put through the theatrics of campaigners and their rhetoric from the day after the last election to the day before the next?

All the maneuvering and gathering of forces points to the fact that there should be a limit on actual campaigning and campaign expenditures. The numerous state primaries should be done away with as a waste of time and money. Instead, a national primary, reflecting the views of all the voters, would better serve the people. Use of public campaign financing and a full disclosure law are already available and in effect.

The tools for campaign reform are ready and waiting to be used, if candidates can be convinced that the straight forward honest politics will produce a winner. The last few elections have not convinced anyone.

Brian Moe

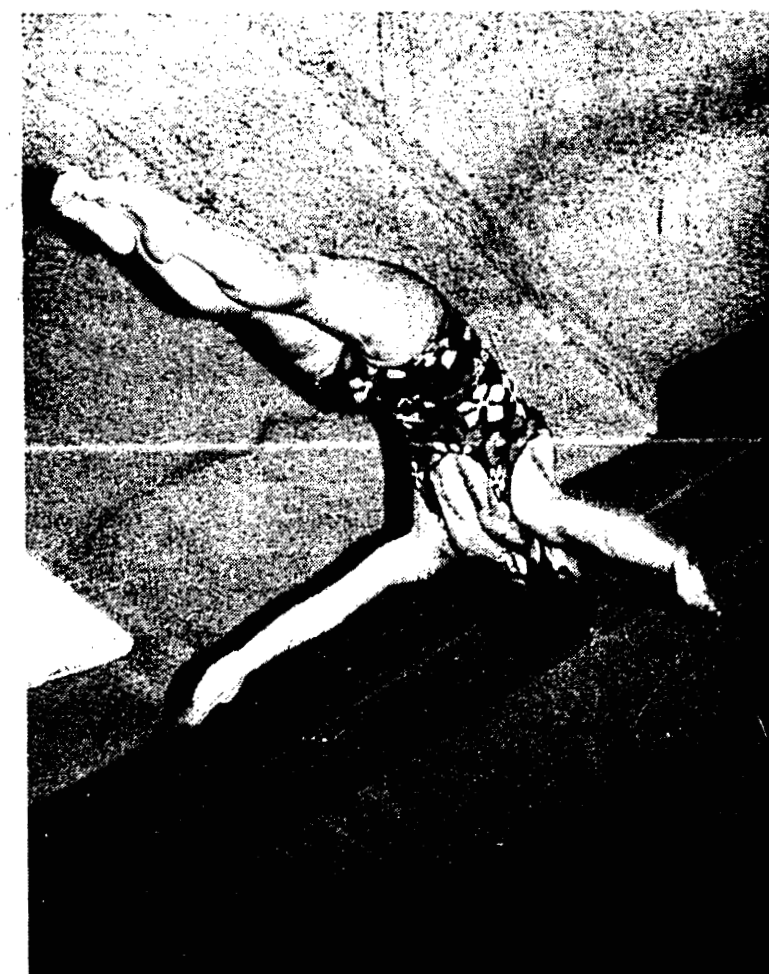


Who said the lights are out in Seattle?

Photo by Stephen Young



A star is born!



a woman dives into all male compound

by Jean Smith

The college athletic department is proving to be a trendsetter: the swim team, previously all male, now has a woman member. Lynn McShane, an eighteen year-old freshman and 1973 graduate from Highline high school is a diver on the team.

McShane started her diving career six years ago, with the high-school, when her brother was turning out for the school swim team. According to McShane, she asked if she could work out with them, just for pleasure, and in a very short time she became so good, she was invited to dive with the team. Under the instruction of Bill Burgess, the coach at the school, McShane's talents at diving eventually led to the winning of an All American award.

It was the same talent and hard work of McShane, which prompted Milt Orphan, the college swim coach, to invite her to dive for the college team, after obtaining permission from the National Collegiate Board.

According to McShane, even though this is a first for the col-

lege, the male members of the team accept her as an equal and respect her contribution to the team. Not only is she valued as a diver, but she also fills in as a swimmer, when needed, thus doubling her worth.

McShane's ultimate goal is to become an Aquatic Specialist, in order to manage a pool and be a swim-team coach. She states that this field is wide open to women, since few women are so employed.

She is currently carrying nineteen hours at Highline, practices five hours daily — this includes daily jogging and weight lifting — and works as lifeguard at the pool. This too is a first for the college, stated McShane. Until she came women had been considered as not strong enough for life-guard duties at the pool.

McShane stated that her success has been due to the encouragement received from her parents and family. Her two brothers and a sister are also divers — one of her brothers is a winner of both the high school and college All American award for diving.

With the exception of Portland Community College, all the

competition for the swim team will be against 4-year institutions. McShane expects this to be a challenge, since most of the opposing divers have been diving for at least eight years. However she is confident she will meet the challenge and expects to provide the opposing teams with some very stiff competition.

She stated that there is a difference between male and female diving. The difference is in style, as the dives for males are usually more complicated, but she sees no reason why women cannot compete athletically, on an equal basis with men given the same opportunities.

She is planning to continue at Highline for another year after this scholastic year and anticipates continued participation in the swim team.

Photos by Stephen F. Young



arts and entertainment

Alvin Lee is a success as he 'goes it alone'

by Don Zwicker

Alvin Lee, lead guitarist and vocalist for Ten Years After, took part in a current rock trend and left his group temporarily to do an album on his own. Albums like this are usually nothing more than vinyl ego trips for the artists concerned, and a chance to get as many of the big name rock stars to participate on the album as possible.

This is not the case with Lee's "On the Road to Freedom," however. Although he did get some impressive English rock superstars to join him, including Mick Fleetwood, Steve Winwood, Jim Capaldi, and George Harrison (performing under the pseudonym Hari Georgeson), Alvin Lee decided to share the spotlight with a little known but extremely talented Georgian named Mylon LeFevre, member of a group called Holy Smoke, met Lee when their respective bands were touring together.

All the music on the album is good, though a number of styles are played. There are a couple of light-hearted country rock tunes, a song George Harrison wrote for the duo that is slightly reminiscent of his "My Sweet Lord," a few songs full of acoustic guitars where the important thing is the lyrics, and a couple of tunes that resemble the style of music that made Lee's Ten Years After famous.

Mylon LeFevre wrote a few of the tunes for the album, but his biggest contribution is as lead vocalist on most of the cuts. Alvin Lee has never been an inspiration on vocals, and LeFevre has a voice that can be as strong or mellow as the music backing him demands.

The credit for the quality of

the music naturally goes to all musicians involved, but the success of the album itself can be attributed to Alvin Lee's intelligence. By avoiding many of the pitfalls that solo artists fall victim to, Lee has come up with one of the most solid albums released in the past few months. There is something for everyone here, and, even though it probably won't be the most requested album at your next party, it gives you some really good music to listen to when you grow tired of hearing the Rolling Stones, Led Zeppelin, and those old Beatle albums twenty-four hours a day.

Loggins and Messina create country sound

by Mike Saunderson

Full Sail: Loggins and Messina (Columbia) mixing the talents of a song writer, producer and a bass guitarist creates one of the hottest groups today. This combination is Loggins and Messina.

The "Full Sail" album provides the listener with a refreshing country blues style. Besides their Top 40 hit "My Music," the group displays some fine southern oriented sounds in this age of solid rock.

Probably the best cut on the album is "A Love Song," written and classical guitar treatment are what makes the song. "Coming to You," written by Jim Messina displays a great arrangement and some interesting work by Jon Clarke. Jon has given the group some excellent sax, flute, clarinet and oboe work which blends into the country blues style. He has gained previous experience playing the Don Ellis Orchestra.

Movin' On: John Mayall (Polydor) By adding a strong

Wishbone Ash Releases "Live Dates"

by Harry Myhrre

Wishbone Ash, a British rock group, recently released their latest album, a two record set entitled "Live Dates." Recorded on the Rolling Stones 16 track mobile recording studio in England, the sound quality of all the songs is perfect.

The eye catching artwork on the album cover was done by Hipgnosis, whoever he or she is. Hipgnosis has done album covers for Led Zeppelin and some other "greats," and is about the best album designer today.

Wishbone Ash is probably an unknown group to most students at HCC because they get little Top-40 air time. They aren't heard very often on the FM stations here either, which really is a shame because they are such an outstanding group. Much of their songwork is done in double lead guitar fashion, somewhat like the Allman Bros. but more in a hard rock vein. The tempo changes and odd-ball rhythms of their songs set them off from normal rock bands.

Members of the band include Andy Powell and Ted Turner, who play the double lead guitar parts, and Martin Turner on bass, backed up by Steve Upton — a whale of a drummer who is very short in height but not on talent. He seems to be the leader of the group; he wrote most of the material on "Live Dates."

Martin Turner does the majority of the lead vocalizing with a voice a little like Paul McCartney's although some would probably disagree with me on

that point. His singing is distinctly English accented, unlike some British rock singers whose accent is barely noticeable.

The lyrical content of the songs Wishbone Ash has to offer is one of the best things going for them. The titles alone were intriguing to me before I bought the album. Titles like "Warrior," "The King Will Come," "Rock 'N Roll Widow," "Ballad of the Beacon," "Throw Down the Sword," all suggest a time long ago when warriors carrying mighty swords were the folk heroes.

Wishbone Ash in person is even more of a treat than on record. They seem like a very efficient group with all the solos pre-planned to come off smooth as butter. I was lucky enough to buy tickets to their November concert here in Seattle, and was very satisfied with their performance.

Anybody who appreciates serious rock music with no snake gimmicks involved should consider adding a Wishbone Ash disc to their collection.

What's happening

by Mickey Swope

Jan. 21 (Monday)

12:30 P.M. Lecture Hall

"The Voyage of The Brigantine Yankee" - National Geographic Documentary Film Series. Captain Irving Johnson, wife and greenhorn crew, set sail in one of the last seaworthy doublemasted, square rigged sailing ships. It's the seventh sailing for "The Brigantine Yankee." They take their directions from the sun, and are propelled by the wind around the world for the last voyage of the ship. The film is narrated by Orson Wells. The film is less than an hour long, complimentary admission, and you can bring your lunch and watch the film.

Jan. 22 (Tuesday)

7:00 P.M. Pioneer Square

Bill Speidel's Underground Seattle Tour. On a leisurely walking tour you explore about five blocks in the Pioneer Square area. The tour goes above and below the ground, as you hear amusing, true anecdotes about the people and times of long ago Seattle you can see the areas and buildings where it all happened. The tour takes about two hours (not including time for parking). For your free ticket to see underground Seattle, go to the Student Activities Office (right across from the Security Office & the Minority Affairs Office). Limit: one per person with ASB card.

Jan. 21-25

ASHCC's Winter Festival Week

A week of activities sponsored by the associated students. Watch the daily bulletin to get in on the happenings.

Jan. 24 (Thursday)

12:30 P.M. Lecture Hall

Fred Nelson: "Ski, the World of Fun." Mr. Nelson will be in person with the movie.

Jan. 28 (Monday)

12:30 P.M. Lecture Hall

"A Nation of Immigrants" another in the series of the National Geographic Documentary Film Series. This film dramatizes why every citizen of this nation should be united with every other citizen. "Nation," spans history to create a living story of the discovery, settling and the search for freedom. The film is narrated by Richard Basehart.

Jan. 29 (Tuesday)

12:30 & 8:00 P.M. Lecture Hall

A trio of films from Robert Snyder focusing on:
1) Pablo Casals, the film is climaxed by Casals playing a Bach Cello solo in a thousand-year-old church.
2) Vivaldi's Venice is second and filmed where Vivaldi worked and performed. Two of his works are performed during the picture.
3) Igor Stravinsky is shown rehearsing for a recording session of his renowned "L'Histoire du Soldat."
The public is invited to see these three films with no charge for admission.

Jan. 30 (Wednesday)

12:30 P.M. Lecture Hall (tent)
HCC Vocal Ensembles

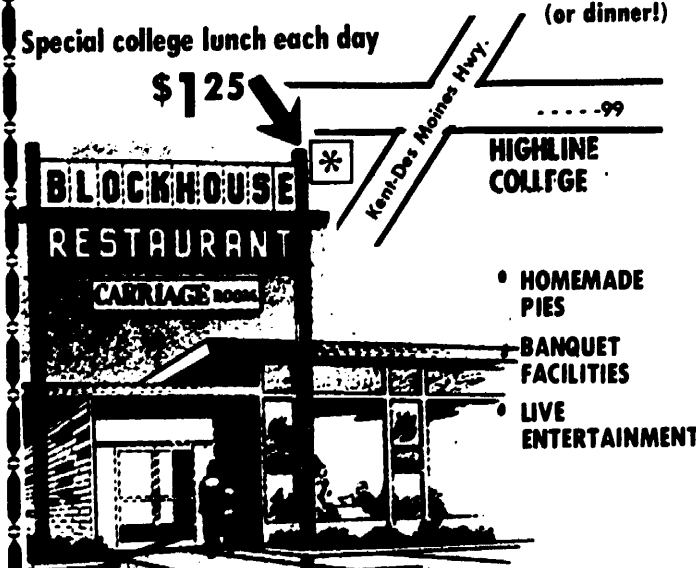
Jan. 31 (Thursday)

12:30 P.M. Lecture Hall

Roberta Mars from the National Organization of Women, brings a slide presentation of "Sexism in Advertising."

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Student dramatics

The Theatre Laboratory's production this Winter Quarter is to be "A Show of Shows," a program of 6 one-act plays, four of them very short ones.

Five of the plays are written by Highline College students. They are:

Ice Age by Kent Berg
Solemnis by Lyn Shela
John John Willow by Wayne Schetzie
Frag by David V. Thayer

All of the above plays are to be directed by students. They are: Kathy Meadows for Ice Age; Gordon Anderson for Solemnis; Lyn Shela for John John Willow; Cindy Viola for Merlin; and Linda Linds for Frag.

The sixth play is Photographs: Mary and Howard by Jean-Claude von Itallie. This will be directed by Bruce Brittingham.

Actors will be students in Drama 190 (Theatre Practicum); directors in Drama 290 (Contractual Studies); construction and crew work by students in Drama 131-132-133 (Stagecraft).

The plays are scheduled for the Theatre Lab at 8:00 p.m. on February 22, 23, 24 and March 1 and 2.

Sessions for adoptive parents is scheduled

Two workshop sessions for people planning to adopt and for those who have recently adopted a child are being scheduled at Highline on Saturdays in late January and mid-February.

Experts in the fields of family life and adoption will conduct the sessions which are being jointly sponsored by the Family Life program of Highline College, the Adoptive Families Association, and the state's Department of Social and Health Services.

The public is invited to both sessions. A registration fee, which includes costs for lunch and coffee, is \$2 for each session. Workshop reservations may be made by contacting Sally Bramel instructor and Family Life Coordinator at Highline.

The program for January 26, scheduled for 9:30 - 2:00, will include discussions of the role of adoption agencies, the effects of an adopted child on the family, enjoying music with children, and parents and children evolving as a family.

Guest speakers for the first session will be Salley Hopkins, an adoptions specialist with the Department of Social and Health Services; Patricia Maxwell, of the children's Home Society of Washington; Gwendolyn Koch, children's music instructor, who also is president of the Adoptive Families Association; and Jean Wicklund, M.D., of the Seattle Psychoanalytic Institute.

The second workshop is scheduled for February 16.

King works with retarded

Theresa King was chosen Volunteer of the Month by the Community Involvement Program. King has spent the last four quarters working at Grand View, a school for the mentally retarded, in the Kent school district.

The volunteer student first went to Grand View to work on a research project for Psychology 100. Through her project, she realized mentally retarded children are just like other children who need love and affection. These children are not pushed at Grand View as in the public schools where push becomes shove. Teachers are patient and dedicated to help the handicapped child and the child works to earn the teacher's goodwill and affection.

According to King, "Before my experience at Grand View, I would pass a handicapped person on the street and stare. It's only natural to look at a handicapped person; you look at their handicap, not at them as an individual. We tend to stereotype the mentally retarded as helpless and incapable of learning, but they do and can learn — it's only at a slower rate. The children are well behaved and very loving."

King told about an experience during Christmas vacation when she spent a week donating her time to the school. She observed Martin as a withdrawn seven year old boy who had not spoken a word since he had been at the school, but on this particular day he joined in on a singing game for the first time.

"Unfortunately this incident will not miraculously open the door of the world for Martin, but it does mark a beginning in communication. His one word exchanges are like four hundred words from another child. Now when I pass a handicapped person on the street I don't feel uncomfortable or embarrassed — whether they are children or adults, I have learned they are just people."

Kohoutek sparks evening course

Interest in Kohoutek — the large comet that will be passing earth this month and next — has prompted Highline Community College to offer a college-credit evening course in astronomy for winter quarter.

Any adult may take the course, which is described as non-mathematical in nature — a course of explanations, interesting examples, and observations (weather permitting).

The volunteer student has worked with various age groups and teachers in a variety of positions along with helping the children on a one to one basis. The classes at Grand View are small, which gives more opportunity for interaction between teacher and student.

New advisor class forming

A new student advisor class is now being formed in the counseling center through Alan Torgeson.

A Student Advisor is someone who, after being properly trained, is available to assist students at Highline and also to assist the counselors by relieving some of the everyday pressures in the Counseling Center.

The objectives of a Student Advisor are to assist new students, who plan to register for classes, by helping in the selection of classes for either Fall, Spring, Winter, or Summer Quarters; to assist continuing students at Highline College in program planning for transfer to four year institutions; in program planning to fulfill requirements for occupational or vocational careers; and in program planning to complete the Associate of Arts Degree. And to assist the professional counselors in the Counseling Center in "drop-in" counseling by interacting with those students who wish specific information on college or degree programs and in specific occupational programs.

Office machine quickie class

Practice makes perfect:

Lots of opportunity for practice on business machines — adding machines and calculators — is being offered at Highline Community College in three short-courses starting January 28 for anyone in the community.

Instruction will be given daily at 9:30 a.m., 10:30 a.m., or 1:30 p.m. and those students can practice more during "open laboratory" sessions at 12:30 p.m. on Mondays, Wednesdays, and Fridays.

The "Office 110" course is offered on a "continuous enrollment" basis, meaning that students set their own goals and work at their own pace, and they start and stop the course anytime during the six weeks that it will be offered.

Variety of courses offered in special short quarter

A special winter "short quarter" for students who are finishing a college or high school semester and who don't want to lose time by waiting for a spring quarter to begin is being offered again.

With a starting date of January 28, the short quarter of seven weeks dovetails with the schedules of mid-year high school graduates and students transferring from a college on the semester system, explained Dr. Robert W. McFarland, assistant dean of instruction.

In addition, anyone over 18 or currently enrolled high school seniors with their principal's approval can enroll in the courses; Highline College students, too, can add a course to their current schedule by taking a short quarter class.

Class hours are extended during the short quarter so that each class is the equivalent of the same course during an 11-week quarter, Dr. McFarland explained.

College-level courses offered will include art, drama, literature, music, speech, philosophy, geography, history, and office occupations skills with introductory courses to be offered in mathematics and reading.

Developmental studies, of particular interest to recent high school students, includes self-paced classes in such areas as writing, spelling, vocabulary, mathematics, and office skills such as typing, business machines, and shorthand. There are a number of special courses offered also in such areas as personal art exploration, test wiseness, job search, coping with stress, college reading skills, and individualized English fundamentals — all designed to assist students in the transition to college-level study and classwork.

Tuition costs are based on the standard rate of \$8.30 per

credit. The courses vary from 1 to 5 credits, and some are "variable" in that credits are awarded based on the amount of satisfactory work accomplished. Some courses have extra fees for materials used.

Registration for Highline's winter short quarter is simple. Applicants first contact the Counseling Center during the week of January 21 or on January 28; no appointment is necessary.

This will be the second year that Highline has scheduled a short quarter during the winter session. Last year more than 100 students signed up for the accelerated courses.

Save gas—use park'n'ride lots

A proposal that transit system "park and ride" lots be established in the vicinity of the state's community college campuses was submitted to the State Board for Community College Education at Olympia last week.

Under its Omnibus Highway Act of 1972, the federal government provided money to state legislatures for establishment of "park and ride" lots where commuters can park their cars and travel to the city core via transit vehicle.

Metro — the Municipality of Metropolitan Seattle — is planning to install "park and ride" lots at the terminal points of the system of rubber-tired mass transit vehicles it is installing throughout metropolitan Seattle.

Such lots could be established near some or all of the seven community college campuses in the metropolitan area. Many of the remaining twenty community college sites in the state might also serve as convenient locations for transit parking areas, benefiting not only nearby residents, but also

students who might not otherwise be able to reach a community campus.

Free workshops

Free workshops for those interested in learning about the opportunities and education available in five occupational fields will be on Tuesday noons starting January 29 at Highline Community College.

High school students, with permission from their schools, are welcome to attend one or more of the workshops.

The hour-long sessions, starting at 12:30 p.m., will explore on successive Tuesdays the fields of manufacturing engineering technician, home economics programs, hotel-motel operations and management, business-related programs, and the administration of justice (law enforcement and corrections).

Highline's counseling personnel will conduct the sessions. Advance registration is not necessary, and more information may be obtained from the Counseling Center (878-3710, ext. 353).

Metric system? Better be ready

The metrics are coming. The metrics are coming.

By 1980, it is planned, Americans — along with the rest of the world — will be measuring and weighing with the metric system (meters, liters, kilos, etc.) rather than with inches, acres, ounces, etc. The major benefit of the metric system, of course, is that it is much simpler to use and that all multiples are by 10s rather than a mixture of 3s, 12s, 16s and many other numbers.

"Converting American's thinking to the metric system is going to take time and education" suggest two instructors at Highline Community College, Donald W. Kelton and Phillip C. Sell, who are teaching a course in Metrics and Measurement at the college this winter quarter.

The United States now is one of only five nations still using the old system — the other four nations are quite small. Even the United Kingdom is converting before the US can get to it. Some American manufacturing companies have already converted their products to metric dimensions.

An evening section of the metrics course is offered on Mondays from 7 to 9 p.m., and a day-time class is scheduled on Mondays and Wednesdays at 9:30 a.m. More information about the course or about registration may be obtained at Highline from faculty of the engineering and technology division or from the registrar (878-3710).

PRE- INVENTORY SALE

We at the bookstore are in the process of getting ready for inventory. Having to count everything in the store and do it in two days is going to be quite a job. We thought that if you came in and bought a few things, we wouldn't have to work quite so hard. And if you're nice enough to help us out the least we can do is give you FANTASTIC REDUCTIONS so you can buy more and there will be less to count...

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JANUARY 31 - FEBRUARY 1

HIGHLINE BOOKSTORE

sports

HCC wrestlers take four

The campus at Green River College is always an enjoyable place to visit because of its beautiful landscaping and woodsy surroundings. The Thunderbird wrestling squad found the place especially pleasing on January 4th when they won all three legs of a triple dual meet there against Grays Harbor, Clackamas, and host Green River. The wins over Grays Harbor and Clackamas were both upsets, for earlier in the season these two schools had placed one-two in the Mount Hood Invitational Tournament while Highline was a distant third. The overall strength of the Thunderbirds from weight class to weight class, combined with the continued improvement of several individuals has made

Highline a power to be reckoned with in the state community college wrestling ranks.

The first match was against Clackamas College. Clackamas had finished second in the Mount Hood Tournament and Highline's relatively easy 23-15 victory came as a surprise to all but the Highline team. The Thunderbird effort was strengthened by the return of sophomore Mike Nepper, who had been injured and unable to compete previously.

The individual results were: 118 lbs., Kevin Buck (H) dec. Rick Shearer, 16-14; 126 lbs., Tom Maki (H) dec. Gene Delay, 7-0; 134 lbs., Ray Reyna (C) dec. Terry Fog, 4-3; 142 lbs., Mike Nepper (H) drew with Kerry Bolen, 1-1; 150 lbs., Pat Dowling (H) dec. Bob Ben-

sen, 10-0; 158 lbs., Brian Duggan (H) dec. Lang Larson, 21-4; 167 lbs., Rex Bahr (H) dec. Paul Flora, 10-9; 177 lbs., Bruce Passee (C) dec. Dennis Morris, 13-1; 190 lbs., Chris Sawin (H) dec. Jerry Skiles, 13-4; and in the Unlimited weight class, Clackamas' Dave Kylo won by a fall over Highline's Ken Bergsma, a converted 177 pounder who risks his life against heavyweights in close matches in the hope that the team won't have to give up the six forfeit points.

Shortly after the end of the match against Clackamas, the Thunderbirds squared off against host Green River. Tournament results had indicated that the two teams were fairly evenly matched, but the Highline wrestlers completely dominated the mats and came away with a 34-9 victory.

The individual results were: 118 lbs., Kevin Buck (H) won by a forfeit; 126 lbs., Tom Maki (H) dec. Randy Smith, 20-1; 134 lbs., Carl Neese (H) dec. Rivers, 6-0; 142 lbs., Joe Sanford (GR) won by a fall over Lonnie Scribner; 150 lbs., Joe Miles (H) dec. Rich Kabalac, 8-6; 158 lbs., Holdner (GR) dec. Brian Duggan, 11-4; 167 lbs., Rex Bahr (H) dec. Dugger, 15-9; 177 Ken Bergsma (H) dec. Dugan, 15-2; 190 lbs., Chris Sawin (H) dec. Reed, 14-2; and in the heavyweight match, Dennis Morris (H) dec. Green, 10-0.

Grays Harbor matched Highline's successes against Clackamas and Green River, so the stage was set for an exciting evening finale between the two



Highline's Nick Sweeney, (45) in the midst of heavy traffic, shares a rebound during their recent battle with the University of Washington Junior Varsity. The UW won, 96-75.

Photo by Tony Medina

teams. Highline was forced to forfeit in the heavyweight division and Grays Harbor had to forfeit in the 150 lb. class, so neither team had any preliminary advantage. The final score of 22-21 in favor of Highline indicates what a close match it was. Tom Maki's superior decision (a decision in which the margin of victory is more than

ten points, and which nets four team points instead of three as in a regular decision) proved to be a decisive factor in the victory as did Chris Sawin's take-down for a victory in the final 30 seconds of the final match of the night. The win enabled Highline to remain undefeated in dual meet competition at this point with a 4-0 record.

commentary

120-115, 23-7, 4-3, 2-1.

Scores: a measurement of achievement or futility in any athletic contest, depending which side of the hyphen you're on.

These numerals by themselves have no significance. What is missing is the human element: the fullback grinding out those extra few yards; the grappler reaching for that last ounce of energy; or the soccer goalie smothering a pointblank shot attempt.

This quarter, T-Word Sports hopes to bring out this human element, concentrating more on personalities than points. We start this issue, with a close-up on Lynne McShane, Highline's diving sensation, by Jean Smith.

In future issues we plan to profile other athletes, from the college level to the pros. The athletes themselves can provide a fascinating insight on their, respective sports, from an angle Joe Fan never gets to experience.

Coming out bi-weekly presents a problem to a sports staff, as recent (at the time) sporting events become stale news by the time the T-Word hits the campus. These scores must be accounted for, so beginning with this issue, T-WORD SCOREBOARD will compile facts and general statistics of games, matches, and meets not being covered in the regular way for the T-Word.

We sincerely welcome comments, criticisms, and suggestions from you, the reader. We also hope for better communication between coaches and players and the T-Word, which would make my job a little easier, and T-Word Sports, suitable for framing...

Scott Janzen

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Birds rout Pirates 85-61

Don Knowles' Thunderbirds of Highline College pressed the Peninsula Pirates to win their first league season game at Highline last Wednesday, 85-61. The victory marked the end of a losing streak against Peninsula as old as the two schools. Highline had never won over the Pirates before, either at home or away.

Nick Sweeney, Highline's 6'2" starting forward, gave the Birds a 5-0 edge in the first three minutes of action. His 23 points for the game marked him as high point man for the evening, with 17 of those points coming in the first half.

The closest the Pirates could get was within seven points, 21-16, early in the first half. Highline's rout extended to a 41-28 spread at half-time.

A six point spree started the second half for Highline, leaving the Peninsula Pirates even farther behind.

Excellent defensive pressure from a constant full court press forced 36 turnovers from the Pirates, a key factor in the victory.

Kurt Morgan was the only other Bird to score in double figures, with 10 points, and Brian Pendleton got the team moving with six assists.

by Mike Sanderson

Cosell: By Howard Cosell. All through the illustrious career of Howard Cosell, he has been simply telling it like it is. This auto-biography is different from any other book.

The real truth of what happened at the Mexico and Munich Olympics is told by the man who was there. The continuing ineptness by the United States Olympic Committee has caused continual harm to our amateur athletes. The leaders of the AAU (Amateur Athletic Union) and NCAA (National Collegiate Athletic Association) have been struggling for the past ten years to decide who has the power over the athlete in America. (Cosell recently testified before a Senate Committee on the problem.)

The incident of the failure of the United States' two top sprinters, Eddie Hart and Rey Robinson, to appear at a qualifying heat of the 100 meters is a clear example of the committee's ignorance. Excuses were given that the manager was given a ten month old schedule. Another example of the failure by the USOC and the IOC (International Olympic Committee) was in the pole vault competition. Bob Seagren, Bob Smith and Kjell Isakson were forbidden to use the new "Sky Poles." They proceeded into the event with unrammar equipment and lost to Wolfgang Nordwig of East Germany. The

Humble Howard tells all

IOC explained that it wouldn't be fair to the other vaulters who didn't have a chance to use this new pole.

The American athlete was treated with bias by the judges in the diving, wrestling, boxing, basketball and swimming competition. Officiating was so bad that many of the referees were disqualified from further Olympic Games.

Cosell has been called arrogant, vain, obnoxious, cruel, persecuting, distasteful, verbose and a show-off. All of these things are true, according to Cosell.

In 1969, Don Merideth, Keith Jackson and himself started the revolutionary Monday Night Football. The show was said to

be entertainment and that it would never succeed on television. Most of the criticism is headed toward Cosell.

The hatred between Mohammed Ali and Cosell is a complete misunderstanding. In the book, he displays his close relationship with Ali that most people hardly hear about. Going through the rise, the limbo and the decline of the champ is examined closely in the book.

For anyone, reading the book will find certain insights into sports. Looking into Cosell, one finds something fresh and interesting about the life and times of one of the outstanding men in broadcast journalism.

"I made Howard Cosell what he is today," explained Ali.

t-word scoreboard

SWIMMING

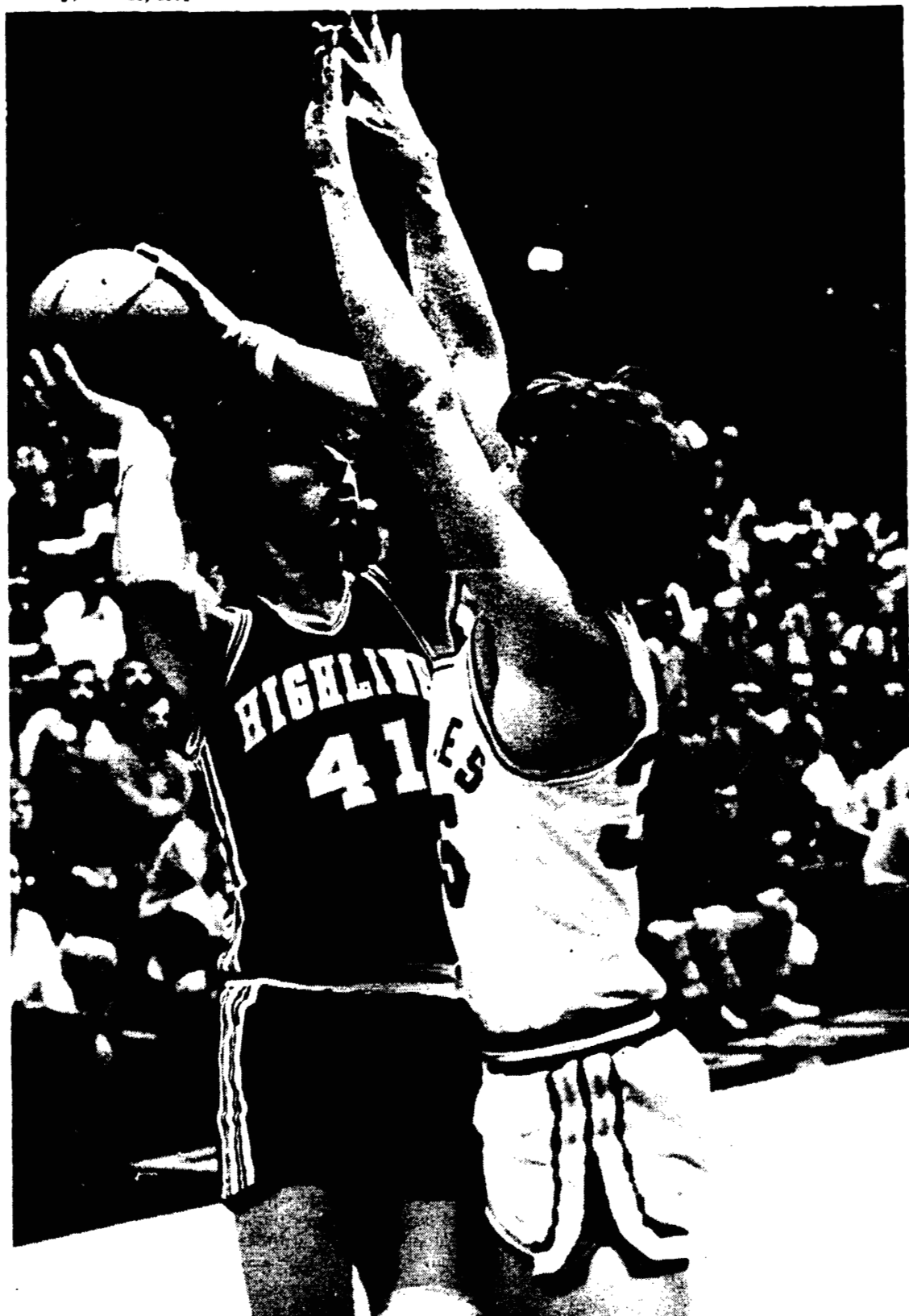
Highline 78, Portland Community College 33
Highline 71, Portland State University 30
Oregon Relay Championships - Eugene, Oregon (Jan. 5)

Oregon 140, Highline 128, Portland State 102, Oregon State 100, Portland Community College.

BASKETBALL

NW Community College (as of 1/11/74)
Coastal Region

League	Season
Olympic	3 0 12 2
G. Harbor	3 0 8 3
Peninsula	2 1 8 3
Highline	1 1 8 7
Centrailla	0 2 6 9
Clark	0 2 7 5
L. Columbia	0 3 10 4



Good defense will pose problems everytime, as Jeff Davison (41) found out in Highline's game with the University of Washington Junior Varsity, on Jan. 7.

Photo by Tony Medina

Amateur golf complete with autograph night

by Scott Janzen

With the remaining gallery consisting of a handful of gnats parading in their final fling of summer, golfer Ron Young stepped coolly up to the ninth and final hole of the tourney. Mike DeFelice, the tournament leader, was already in the clubhouse with a two-stroke advantage over Young, going into hole number nine.

After surveying the grassy confines of the final 85 yards of the match, Young commented to a fellow duffer, "I'll have to ace this last hole to win." He chuckled...

Fifteen seconds and a thousand hysterical cries, screams, and yelps later, Ron stood on the green, clutching the battered golf ball that had dropped for a hole-in-one, and had won the final tourney of the season.

This was the type of action and excitement exhibited week after week in the West Seattle Amateur Golf League (W.S.A.G.L.) in their rookie season last summer. The league, consisting of college-age duffers and sharp shooters alike was formed out of the desire for actual match competition, for those whose golfing abilities left a little something to be desired.

Bryce Neverman, a student here at Highline, is a league member who finished eighth last season. After a slow start, which saw his round average skyrocket, he settled down and became a leading contender for the rest of the ten week season.

"The league is a good idea," Bryce remarked. "It's fun getting together each week to challenge one of the two par three courses on our 'tour,' Jefferson or Greenlake."

The W.S.A.G.L. consists of 14 league members, with new ones joining from time to time. This season, the number of matches will rise from 10 to 21, including the all-star game. A new form of playoffs will also be introduced.

Last season, the league received city-wide publicity in various local papers, much to their surprise. The galleries were disappointing in size, but as Bryce laughed, "the way I played, it's just as well!" The league commissioner, Jack "Magic" Ghetto, is planning some promotions to boost attendance, "like autograph night and golf tee night!" Ghetto said.

And if Ron Young can get his swing down, maybe a hole-in-one night...

Mid week night skiing at Alpentel

The Ski Club runs cars up every Wednesday night to the Alpentel Ski Area and invites non-members to join the fun. Lessons and equipment rental are available.

Wrestlers lose first dual meet of season

The Highline wrestling team was pulled from the ranks of the unbeaten in dual meet competition last Friday when they dropped a close match to Mount Hood College in Oregon by a score of 23-18. The outcome wasn't determined until the final match, when Highline's Ken Bergsma, a normal 177 pounder forced to wrestle heavy-weight because there are no bigger men on the squad, was pinned by the heavyweight from Mount Hood.

In spite of the loss, there were several bright spots, according to Coach Wooding. Tom Maki, competing in the 126 pound division, remained unbeaten in dual meet competition with a 24-3 decision, as did Chris Sawin in the 190 pound weight class. Maki has been especially impressive all season, usually winning by large margins. He lost one match, in

the finals of the University of Washington Invitational Tournament, but other than that, he has been untouchable. His overall record this year, including dual meets and tournaments, is 14 wins and only one loss.

The wrestling team opens its home schedule against the University of British Columbia tomorrow at 2:00 in the Pavilion.

WRESTLING TEAM'S RECORD TO DATE

Highline 37, Shoreline 9
Mount Hood Invitational Tournament, Highline took third place
University of Washington Invitational Tournament, Highline took fifth place
Highline 23, Clackamas 15
Highline 34, Green River 9
Highline 22, Grays Harbor 21
Mount Hood 23, Highline 19
Clackamas Invitational Tournament, Highline took fourth place

Pacific Lutheran trips HCC, 77-36

Pacific Lutheran University defeated Highline, 77-36, in varsity swimming competition Jan. 11 on the PLU campus.

Capturing first place finishes in nine of thirteen events, Pacific Lutheran overpowered the usually strong Thunderbird swim team. For Highline, Chris Lautman was a double winner, snaring the top spot in both the 200 Individual Medley and the 200 Breast Stroke.

400 Medley Relay

PLU (Wilson, Groven, Preston, Wehde) 3:56.0
HCC (Seaborn, Lautman, Lundy, Hoff) 4:01.0

200 Free Style

Loverin PLU 1:50.5
Carder PLU 1:52.7
Hoff HCC 2:09.0
Foster PLU 1:53.3

200 Ind. Medley

Lautman HCC 2:07.8
Shellgren PLU 2:09.6
Osborne PLU 2:13.7
Wixom HCC 2:32.6

200 Butterfly

Wakefield PLU 2:06.3
Lundy HCC 2:14.2
Wixom HCC 2:32.9

200 Back Stroke

Hafer PLU 2:07.6
Wilson PLU 2:09.3
Seaborn HCC 2:28.0
Shellgren EXH PLU 2:15.9
Osborne EXH PLU 2:19.5

200 Breast Stroke

Lautman HCC 2:21.0
Groven PLU 2:23.0
Wixom HCC 2:52.7

400 Free Style Relay

PLU 3:32.6
HCC NT

1000 Free Style

Wakefield PLU 10:47.9
Kleist HCC 10:54.9
Smith PLU 11:07.8
Lundy HCC 11:19.0
Swift PLU 11:14.5

50 Free Style

Hafer PLU 22.7
Seaborn HCC 23.02
Randle PLU 23.1
Pankey PLU 23.4
Kleist HCC 24.6

1 M Diving

Gigandet HCC 221.7
Ferrin PLU 206.0
Cooper PLU 202.6
McShane HCC 196.4

100 Free Style

Loverin PLU 49.9
Swift PLU 52.8
Hoff HCC 54.0
Dags PLU 55.0

500 Free Style

Preston PLU 5:02.9
Kleist HCC 5:20.9
Foster PLU 5:06.6
Lundy HCC 5:30.9
Haugen EXH PLU 5:01.5

3 M Diving

McShane HCC 245.55
Cooper PLU 226.55
Gigandet HCC 194.95

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A comet chaser's story

by Nick Gatter

The current interest in Kohoutek sent me to the library stacks, to authorities and to the beach.

Named Comet Kohoutek, it was discovered March 7 by Dr. Lubos Kohoutek, while he was studying photographs in West Germany.

Before Kohoutek's near fatal hook around the sun, it was apparently larger than either Halley's Comet or the Great Comet of 1910, which is believed to have had, at one point, a tail of 60 million miles.

There are many more comets than most people realize. Comet Kohoutek was one of six noted in 1973. Unfortunately most of the sightings were reserved for those with a powerful telescope who knew where to look.

In Nov. of 1973, Comet Kohoutek began making a trail across the nation's televisions and newspapers. After two months of intensive free advertising and not a sign of Kohoutek, most of the locals imaginations started to build a giant.

"The Children of God," a religious group whose karma is somewhere around Dallas, paraded a giant banner at Husky stadium during halftime of the U.W. and W.S.U. game reading, "The World Will End in 40 Days!" Comet fever was starting to spread. Charlie Hollis, my friend and a parolled flim-flam man from Tulsa, Oklahoma began trying to find a lawyer who would draft a legal land deed so Charlie could split Kohoutek into quarter acre Ranchettes'. major clothing

company patented a Kohoutek T-shirt.

I didn't give the comet a whole lot of thought until one came around, about twenty-one I'd say, and had long blonde hair and big blue eyes.

She said her name was Barb and she mostly skied Aspen and mostly surfed at Waimea Bay and mostly wanted to see the Comet. That's when I mostly got interested in Kohoutek.

As everybody knows, the Comet was not exactly visible to a naked eye without an aid. Our third night of gazing from the Des Moines Marina was about to end like the previous two, with us ready to accept any reasonable facsimile of it, when Barb spotted an old buddy from Colorado. At that moment he was working on a fat, blue cigarette that looked like a pregnant Winston. He said he had already seen 6 comets "just driving over here." Barb helped herself and saw a comet on the way home, nothing for me. "Hey, Nick," she said, "can't you get somebody to draw you a warm tub of Visine?"

That night, as I began on my second scotch and water in a Bellevue bistro, a friend mentioned they had a beach cabin and that Kohoutek was on prime viewing time over the weekend. Now that was funny because by 3 a.m. I had my sleeping bag and left a note. "Pals, am in hot pursuit of the Comet. Clues indicate it's enroute to Pluto but other clues indicate its traveling toward San Diego. Might be gone either twenty-four hours or twenty-four years. Why don't we all meet one day at the varsity picnic?"

At 5:30 a.m. nothing lay before us but open road and sunshine; behind us, a trail of goose down feathers from a hole in my sleeping bag.

What was supposed to be a cabin turned out as a palatial suite from Better Homes and Gardens. We looked for a way to vent the anticipation of Kohoutek. Since it's such a crystal clear day, 40 people from the Youth for Christ retreat up the beach were organizing a football game. Their recruiting regulations were so tight, I watched the entire game from a log. It didn't seem right to have to "accept Christ" right on the beach to play. By the time Our Lady of Victory had rolled over St. Thomas 24 to 7, it was dusk.

This is the continuing story of one person's search for love, happiness and Comet Kohoutek on the Oregon Coast.



THE COMET WAS NAMED AFTER ITS DISCOVERER, PROFESSOR TEC, BUT THE REPORTER SNEEZED REPORTING IT

If molested...

During the past month three separate cases of assault were reported to campus security. Two cases occurred during the day and one case occurred during the evening. All three cases involved Highline College students either going to or coming from classes. No one was sexually assaulted and no display of weapons was reported. All three cases are being investigated by campus security with the aid of King County Police.

Listed below are some tips that every woman should know for self-protection:

1. If attacked — use your "natural defense" and act fast.
 SCRATCH — with your fingernails
 BITE — if a hand comes near your mouth
 SWING — your purse at his head
 KICK — with the point of your shoe

and use your number one defense: SCREAM.
 2. If you are grabbed from behind,
 JAB — your elbow backwards into your attacker
 GRIND — your fist into hand clamped over your mouth
 STAMP — your heel into his foot — pain will discourage most attackers.

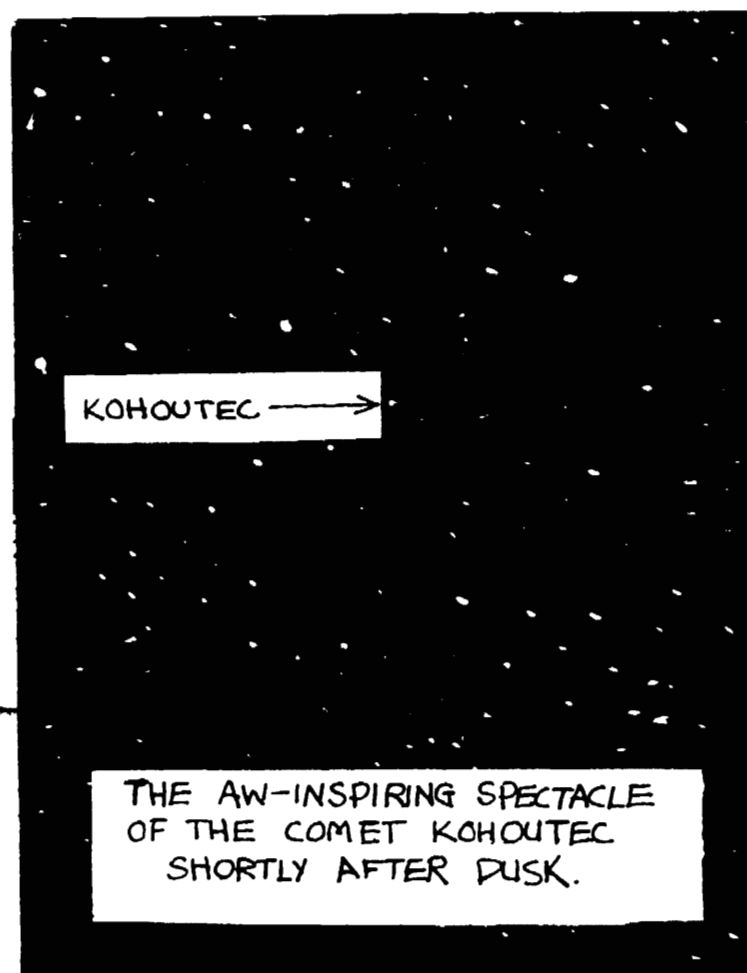
3. When you break away from an attacker — run toward lights and people — and continue to scream for help and report to police immediately.

Some tips for self-protection while walking:

1. Walk with someone — most muggers and other thugs will be discouraged if you have company.
 2. Stay in well-lighted areas and stay near curb away from alleys, entry ways and bushes where someone could be hiding.
 3. Stay near people; avoid short-cuts through park, vacant lots and other deserted places.
 4. Don't accept rides with strangers. If a driver stops to ask you directions — avoid getting too close to car — you could be pulled inside.

Some tips for self-protection when driving:

1. Keep windows rolled up.
 2. Keep doors locked at all times.
 3. When parking your car, put valuables in locked trunk or take them with you. CHECK WHEN YOU RETURN TO MAKE SURE NO ONE IS HIDING IN YOUR CAR.
 4. Never leave keys to your home with car keys when your car is left in parking lots or at service stations.



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