

thunder word

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Statute governs student, parent, rights to access

by Stella McNutt

Access to students' academic records at HCC is governed by the Buckley Family Educational Rights and Privacy Act.

The statute governs access to records maintained by certain educational institutions and agencies and provides for the release of such records. According to the Buckley Amendment, parents of students must be granted access to official records directly related to the student. Parents may request a hearing to challenge inaccurate reports.

The Buckley regulations specify that at the time a student becomes eighteen years of age or has entered a post-secondary institution, the right of access is transferred from the parent to the student.

The right of access to reports and records directly related to the student includes: the right to obtain a list of the types of education records that pertain directly to the student, the right to inspect and review those records, the right to obtain copies of those records, the right to have any part of the records explained, and the right to a hearing to challenge the accuracy of the records.

These education records do not include counseling records or those records maintained by a doctor, psychiatrist or psychologist. The student, though, may have another physician or professional review the records, if he wishes. This section of the law more readily applies to four-year institutions which employ on-

campus doctors and psychologists.

Another section of the law governs the release of "directory information." Many colleges publish student directories. Under the Buckley Law, the student must be notified of, and have the opportunity to refuse to release directory information which could include name, address, telephone number, date of birth, etc.

There are certain conditions under which this type of information may be released without the consent of the student. They include the release of information to college personnel with legitimate reasons, state authorities where reporting is required, accrediting organizations and in emergency situations. When a question exists about the presence of an emergency, the Dean of Students is authorized to make the decision.

College students preparing financial statements should be aware that under the Buckley regulations the student has no right of access to the financial records of his parents and vice-versa.

The school is also not bound to make available to students confidential letters and statements of recommendation which were filed before January 1, 1975. The student has the right to sign a waiver releasing confidential information for purposes of admissions, appointment to employment, honors recognition or scholarship information. Once he waives these rights, however, the student may have no access to the material.



HAPPY HOLIDAYS! . . . Santa Claus wishes a good vacation to his former classmates; (yes, he says he attended Highline College).

Photo by Gary Fujjoka

Finals week schedule

SUNDAY, DEC. 7

ALL Classes Meet As Usual

TUESDAY, DEC. 9

8:00-9:00 ALL 6:00 and 9:00 T-Th Classes
10:00-11:00 ALL 10:00 and 11:00 T-Th Classes
12:00-1:00 ALL 12:00 and 1:00 T-Th Classes
2:00-3:00 ALL 11:00 and 12:00 T-Th Classes

WEDNESDAY, DEC. 10

8:00-9:00 ALL 8:00 and 9:00 T-Th Classes
10:00-11:00 ALL 10:00 and 11:00 T-Th Classes
12:00-1:00 ALL 12:00 and 1:00 T-Th Classes
2:00-3:00 ALL 1:00 and 2:00 T-Th Classes

THURSDAY, DEC. 11

8:00-9:00 ALL 8:00 and 9:00 T-Th Classes
10:00-11:00 ALL 10:00 and 11:00 T-Th Classes
12:00-1:00 ALL 12:00 and 1:00 T-Th Classes
2:00-3:00 ALL 1:00 and 2:00 T-Th Classes

FRIDAY, DEC. 12

8:00-9:00 ALL 8:00 and 9:00 T-Th Classes
10:00-11:00 ALL 10:00 and 11:00 T-Th Classes
12:00-1:00 ALL 12:00 and 1:00 T-Th Classes

ALL examinations will be given in the appropriate classroom.

Examination Information: Students should arrive at the examination room at least 15 minutes before the start of the examination. Students should bring their own pencils and calculators. Students should not talk to each other during the examination. Students should not leave the examination room until the instructor has announced that the examination is over.

Students enroll with new Univac Terminal

The two new Univac Terminals located in the Tyee Building, will speed up student enrollment thus eliminating long waiting lines, according to Booker T. Watt, registrar and admissions director.

The Univac Terminal is tied in with the Computer Center in Seattle. With the keying in of the students social security number, it produces

on a screen all the information that the student has previously given on admission forms.

The second machine will retain the current information written by the student who is enrolling for a new semester at that time. It has the advantage of cutting time for enrollment and gives a complete count on student enrollment at all times. It will not eliminate jobs on Highline campus as the department

has been understaffed ever since it opened. At this time all information on students for the past five years is being retained.

All the community colleges are using these machines as well as the accounting department at HCC.

Foreign students attending HCC do not have social security numbers, so HCC has given them a number to be used instead.

Bicentennial flag flies over campus

The bicentennial flag was raised over Highline Community College campus Nov. 20, amid applause from members of the Board of Trustees, faculty, students and guests.

Norwin Burbidge, Executive Director of the Washington State American Revolution Bicentennial Commission, presented the flag to HCC President Orville Carnahan. In making the presentation, Mr. Burbidge said that HCC had the dis-

tinctive honor of being one of the first dozen institutions of higher learning to receive the flag.

President Carnahan said we should renew our acquaintance with our revolutionary period, 1770 to 1787, and "rededicate ourselves to the awareness of our basic rights for life, liberty and the pursuit of happiness."

The ceremony was opened by Phil Swanberg, Director of Student Activities. He reviewed past bicentennial

events and told the audience of future events, including the dedication of the new Occupational Buildings now scheduled for Feb. 22, 1976.

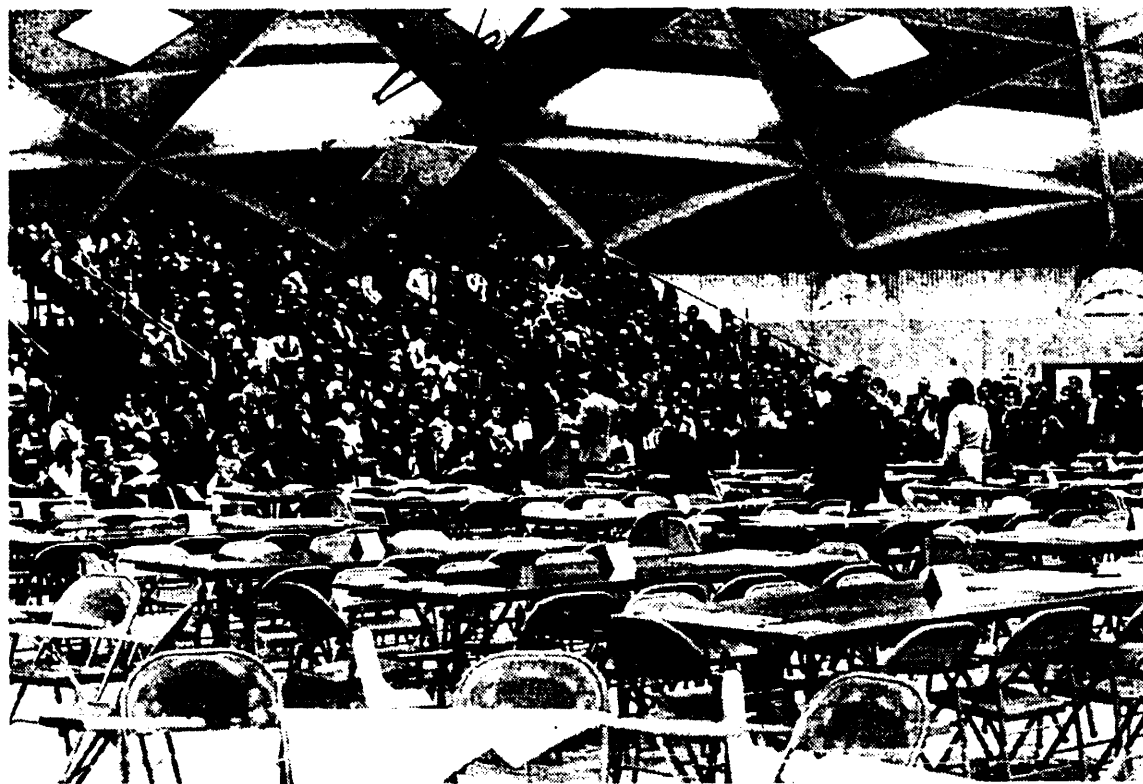
The flag raising was attended by upward of 50 people, including a number of children and elementary and secondary school students visiting the campus for the High School College conference.

Following the ceremony, a reception was held sponsored by Phi Theta Kappa, campus honorary society.



WHERE DO WE GO FROM HERE?...The question of the day is posed by Evans from the podium and answers were formulated by those in attendance. Evans gave background information and the current status of educational funds in the state in a short, to-the-point speech.

photo by Arden Gremmert



GROUP PARTICIPATION...As Evans spoke, final preparations were made for the 500 participant "brainstorming" session to be held immediately following his speech. Over 40 groups of 10 persons each discussed proposals from within the group and in turn reported the top two or three to the governor.

photo by Arden Gremmert

commentary

Public lets Evans down at budget conference

by Mary Sachs

Governor Dan Evans brought the issue of educational funding to the people Friday, Nov. 14, at the HCC Pavilion.

I speculate that he held this conference and other related conferences because of the failure of Initiative 314 in the Nov. 4 election.

The governor should be commended for his efforts to hear the public voice on such an important issue. The public responded very favorably. Only 300 of the 600 persons invited were expected to attend, however 560 showed up.

But here's the catch. Out of the brainstormings of 560 of the state's top businessmen and officials, no new ideas were obtained. The governor seemed disappointed and actually said at one point that no new ideas had been presented.

It was the same old thing — a state income tax, a corporate and business tax, levies every two years and reprioritizing the state's spending.

No one wants any new taxes, yet they don't like the way

education monies are being spent. It seems like a "damned if you do, damned if you don't" situation and the governor gets the blame.

One man at the conference stated that 314 didn't fail because "big business" paid a lot of money in a campaign against it, but because the voters were informed. I disagree. The voters may have been too informed.

They had so much information coming at them from both directions that they became confused and cast a "no" vote because they felt there were just too many angles to this issue that they couldn't possibly see at present.

I'm glad that Initiative 314 failed — not because it was a bad tax, but because it provided this chance for government to work the way it should. Governor Evans brought the issue to the people, they showed him that they weren't as full of ideas as they're always advocating.

Come on people, we can do better than this. Now that state government is working right, let's see what you can do!

New hours, new faces for Vets office

The HCC Veterans Affairs office has extended its office hours in order to serve veterans attending night classes.

Two Highline sophomores, Dave Harrison and Leonard Sarff, have been added to the staff to man the office during the extended hours. The new hours are 8:00 a.m. to 8:00 p.m. Monday through Thursday, and 8:00 a.m. to 5:00 p.m. Friday.

Highline's VA office will also be offering a special class for veterans on campus during Winter Quarter. The special class, Student Services 120, will involve group discussions and guest speakers who will focus on areas of concern to veterans returning to school and civilian life. The three credit course will be held on Tuesday, Wednesday,



NEW VET AFFAIRS PERSONNEL . . . David Harrison, left, and Leonard Sarff.

photo by Jim Jones

and Thursday from 6:00 p.m. to 6:50 p.m.

Steve White, HCC veterans coordinator, will be in charge of the special class.

A reminder to all HCC veterans registering for Winter Quarter has been issued by White.

A "blue request for benefits" must be completed and submitted to either the VA or registration offices on

campus. The form is available at both locations.

White said the completion of this form will assure veterans the receipt of benefit checks in time for Winter Quarter.

Vets are also reminded by White that any changes in credit hours, addresses, marital status, etc., should be reported to the campus VA office.

Rule changes set for board meeting

The Highline Community College Board of Trustees will act on two rule changes, in accordance with the Washington Administrative Procedures Act, effecting current college procedures at their next regularly scheduled meeting December 11. The meeting will be held in the Gold Room, Building 4.

The board is scheduled to amend sections of the college's parking and traffic regulations (WAC 1321-116) to reflect the change in title of the Chief of Campus Security and updating the section reg-

ulations on issuing parking permits.

The trustees are also scheduled to adopt a new chapter concerning admissions and registration procedures (WAC 1321-160).

Interested persons may submit data, views or arguments relating to the scheduled changes by writing to the college prior to December 5 and/or making an oral announcement at 9 a.m., Thursday, December 11 in Room 113 of the Tyee Building (Bldg. 1) at the Midway campus.

Employment

The Job Placement Center is open to students from 8 a.m. until 7:30 p.m.

If you're looking for a part time job between school, or even a full time job, check the

job board in the student lounge.

For more information, contact Phil Swanberg, or office assistant Sylvia Kendrick at extension 216.

Students find learning is something different

by Jackie Krolopp

The Hotel-Restaurant Operations Management Program offers students the possibility for good job prospects, unique versatility, in making career decisions, and the opportunity for an exciting internship experience in the San Juan Islands.

You may think this sounds like a career advertisement you'd see on TV or find on the inside of a matchbook — the ones that teach you to fly commercial jets, build computers,

and perform brain surgery in six weeks. But it's not.

Mike Armstrong, director of the program, can supply facts to support these claims.

It's a fact, he says, there are only one thousand graduates of four year schools in the hotel-restaurant field to fill an annual demand for twelve thousand workers. That's good news in this economy.

It's a fact that there is a wide variety of study concentrations within the program. Armstrong says that students interested in the field

should begin with the basic core courses. Then he or she is free to decide if they are interested in specializing in Hotel-Restaurant Sales and Marketing, Hotel Operations and Management or Restaurant Management. It is even quite possible to develop your own area of specialization.

There is also freedom of choice between a one-year certificate, a two-year degree, or preparation for transfer to a four year program from WSU offered on the Seattle University Campus. This "WSU in Seattle" program was designed with the help of teachers from Highline.

These options are a real asset for the many students who come to college not knowing what kind of degree to pursue or how many years to spend in school.

Armstrong says the program breaks away from the traditional academic environment with actual field experience taking place as well as regular classroom coursework. Some classes



TOO MANY COOKS?....This is one of the Hotel-Restaurant classes on a field trip tour.

take weekly field trips to some of the many hotel and restaurant establishments around the airport.

There is an in-residence intern experience at the Rosario Resort Hotel in the San Juan Islands. This part of the educational program offers a student exposure to complete hotel operation and management. He or she works a forty hour week getting paid the prevailing rate for each job. Aside from this, they would prepare projects of

management problems analysis and solutions for the college and resort management people. Room and board are provided for at a nominal fee by deducting from the student's monthly pay check.

If you are currently working in the hotel-restaurant field and want to get ahead, or would be interested in getting into it, Mike Armstrong is the man to see in Faculty Building D.



HELLO — MAY I HELP YOU?...Student learns to manage a switchboard.

Future good says trustee

"We are optimistic and enthused about the future of Highline Community College," said Reid E. Hale, an HCC Board of Trustees member.

Hale said the Trustee's meeting on Nov. 20 was "fairly routine with no immediate big problems anticipated."

He added that the 1976 State Legislature may have to come up with some additional financing for community colleges to cover inflation; otherwise no additional appropriations appeared necessary at this time.

"There has been a sub-

stantial increase in enrollment at HCC," Hale said, "which has resulted in a heavier work load for some teachers."

He stated that the increased enrollment was prompted by the economic down-turn; that unemployed persons were returning to school to develop and improve their skills.

Other members attending the Board of Trustees meeting were Shirley S. Murray, chairperson; Edward A. LePenske; Dr. David C. Lundberg; and Vincent A. Mennella.

Reinhardt wants facilities doubled

by Kary Henderson

Wayne Reinhardt, coordinator of the Student Child Development Center and his staff would like to see the center's facilities doubled. "I hope to see a trailer at the north end of the center sometime soon," explains Reinhardt. The trailer is needed to accommodate the 35 students who wish to use the center's facilities but are forced to wait.

In 1970 a census was taken that showed one out of five children were enrolled in some nursery school program, compared to one in ten in 1965. A letter was sent from A.S.B. students at Highline C.C. to the administration requesting a larger child day-care center. In the letter were implications that this could become more than just custodial care. In June the Board of Trustees approved \$15,000 for the building.

When asked how helpful the Center is to students, Reinhardt replied, "The Center is benefiting parents who have children and wish to attend classes at Highline C.C." He says that he is having some difficulty getting the administration to recognize the Center as an institution.

He goes further in explaining the difference between kindergarten and the Center. "Kindergarten is devoted totally to the intellectual development of the child, while we try to focus on social and emotional maturity."

A survey taken recently by the Center showed that 35 out of the 38 parents rated the center's performance superior and above their expectations. The remaining three rated it adequate or very good. "We try to have the children solve their own interpersonal relationships, and deal with it logically."

The working staff includes Sharon Powell, co-teacher,

Rhoda Mills, part-time teacher and helpers from six other work-study students.

Reinhardt says that working here is very challenging. "You don't know what to expect when dealing with children," Reinhardt would like to see the center become partially financed by government funds and not totally dependent on student money

and parent fees.

The Center's policies are governed by an advisory board from Highline faculty, a parent and student body representative.

The Center is required to supply a minimum of 35 square feet of space for each child. This is maintained to promote out-of-door as well as in-door activity.



THEY NEVER TIRE...Child Care staff from left to right: Rhonda Mills, Sharon Powell and Wayne Reinhardt. photo by Arden Gremmert

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letters

Douglas remembered

Editor,

Justice William O. Douglas, probably the most influential man from Washington State to ever serve in Washington D.C., has ended his record-setting term on the U.S. Supreme Court.

It brings to mind his two appearances on the H.C.C. campus.

Only last year, the summer of '74, Justice Douglas spoke in our Pavilion.

Not so many remember the Sunday afternoon of January 22, 1967 when Justice Douglas was sponsored by the H.C.C. Artist and Lectures Committee. The Thunderword headlined, "Justice Douglas, Wife Cathy to arrive in Seattle for Highline College Speech."

Highline Community College President Allan and his wife hosted the Douglas's for lunch.

Then Justice Douglas spoke to over 500 people in the Pavilion on the Supreme Court and the Constitution. President Allan announced after the speech that questions — limited to two minutes — would be accepted.

The first questioner, an old, bent, crabbed man, with a cane, came slowly to the microphone. Grasping the microphone stand for support, he started the introduction to a long peroration, "Justice Marshall was a man of integ-

riety.... Justice Holmes was a man of integ-riety...."

Mrs. Douglas, sitting in the audience, gripped the side of her chair so tightly that her knuckles went white at the prospect of a personal attack on her husband. President Allan was watching the second hand on his watch. At the proper second, he cut in firmly. "I am sorry, Sir, but your two minutes are up. We are not providing a platform for you to have equal time to dispute Justice Douglas."

The old man, still winding up his attack on Douglas, resisted, but two young faculty members from H.C.C., who were sitting in the front row, stepped forward and firmly guided the protesting man down the aisle to the exit. Subsequent questioners were less dramatic.

There followed a reception for Justice Douglas in the cafeteria. While the crowd gathered around the Justice, his wife stood neglected. Mrs. Douglas spotted a stack of Thunderword papers with the headlines, "Justice Douglas, Wife Cathy..." She started over to pick one up; President Allan, in a conversation with a couple of men, spotted the move. He knew that the article, in its second paragraph, said, "Justice Douglas...wed a 23 year old cocktail waitress." President Allan

muttered to his companions, "I wish she wouldn't read that."

One man acted decisively — stepped up to Mrs. Douglas and took the paper right out of her hand, saying "Oh! this is a college paper I wanted to see." Probably somewhat puzzled by this local behavior, Mrs. Douglas politely yielded the paper without protest.

But, the account was not to escape her. After a press conference, I asked Justice Douglas to autograph some of his books in the college library. While he was doing so, his wife spotted another stack of Thunderword — and this time read the story. Sadly, and a little bitter, she murmured to me that, "They didn't even mention that I have a college degree!"

In our national Capitol Rotunda, is a gallery of statues of the great men of our country. Each State is entitled to place two statues in this hall. So far, Washington has only nominated one (Dr. Whitman).

We have waited for a suitable candidate for that second spot. William O. Douglas should be named by our Legislature for that spot. No other person from Washington has so profoundly affected our national government — in Congress, the Executive Department, or in the Court System — as has our own Justice Douglas.

Junius Morris,
Librarian

Vets speak to vets

To all concerned veterans:

Are you one of the 1,100 registered veterans attending Highline Community College? If you are, this letter is directed to you.

Are you aware of the pending Veterans Administration regulation on minimum class attendance? No, not the regulation you were advised about the last time you had a confrontation with the Vet counselor at Fall registration. That's if you did see him then. We mean the NEW regulation. Granted, it is pending, but this new ruling is stiffer and will affect each and every veteran at Highline and other colleges across the country.

Do you know the administration of this country is trying to cut off veterans education benefits completely? That's correct. There will be no educational benefits offered to servicemen who enlist after December 31. The bill is on its way to the Senate for approval. The House has already passed the bill earlier in October.

You may say, "So what?" Or, "I've done my time and I'm already receiving my check, let someone else worry about it." Do you realize that if this bill is passed, you will be affected too. You will then be a numbered minority, your ranks can only decrease in size and legislators will find

you are much easier to deal with. Veterans will not have very much voice in anything that affects them. Think about this eight months or two years later, with inflation increasing on an annual average of 10 percent, and you're still receiving \$270 a month.

With your ranks steadily decreasing, legislators who have the power to increase your allowance paralleling the cost of living increases would more likely "shelve" the bill away in view of more pressing business. Fortunately this situation has been avoided in the past by a strong voice of veterans sticking together. Think about it.

Of course, you wouldn't know this if you are one of the 1,090 registered veterans on this campus who do not attend the bi-monthly Veterans Club meetings. This club has a lot to offer to the veteran on campus. We keep you updated on all current rules, regulations and legislation actions which affect YOU each time you complete a registration form for school.

The Veterans Club is alive but it is far from being well. We have degenerated from one of the strongest organizations on campus to merely a handful of concerned people. The reason? Like everything else, we suppose, apathy. Only nine people made an effort to attend the last meeting.

Why weren't you there?

Perhaps you really don't care, for your own reasons. That's fine. But, who is willing to listen to the woeful stories and problems of you veterans whenever a benefit check does not make its way to your mail boxes on time to meet your living expenses? Who assists you through these hard times of endless red tape? A natural path leads to the busy desk of Al Hayes, veteran representative, in the Vets Affairs office. Hayes is always willing to assist you in any way he can.

Listen, we've got something to offer. Together, we are the ultimate and most powerful club on this campus. We get things done and try to have a blast doing them. We organize pool tournaments, raft races (during warmer weather, of course) and social gatherings. We will have a fund in the future which may be used by vets in case of late benefit checks.

If we do not organize now, attending school via Uncle Sam's funds for future vets will not be available. We need help regardless of your attitudes about the service. We are not the service and you certainly do not hear any pitches for the reserve or the guard. On the other hand, you can be assured we will not downgrade such an option.

We need veterans together now. There's nothing to be ashamed of. Get it together now!

Veterans Association,
Donald Gorton, president
David R. Harrison, vice president
Tom Callahan, secretary

commentary

Defeatism

by Mel Ferron

After the ignoble defeat of Initiative 314 (the tax on corporation profits to help finance schools), I asked a young Highline College student if he thought the media barrage against the Initiative influenced college students to vote against it.

"No," he said, "I don't think most of them voted at all. What the hell's the use."

And a high school teacher I talked with a month before the election told me the tax didn't have a chance.

"You wait and see," he said. "Just before the election big business will line up its stooges and newspapers and TV stations and bombard the people with so much propaganda it will go down regardless what we do."

This pessimism and defeatism reminds me of the cynicism we young people had in the 1930's, with one important difference.

But, the important thing is this: we voted. And that is the difference. Many of the young people today are so disillusioned they won't bother to register and vote.

I can understand their feelings. The Watergate crimes and cover-up took place about the time they reached voting age. And they see the successor president to the corrupt Nixon regime blatantly fronting for the corruptors, the giant oil corporations and others who are ripping us off.

But negativism is not the answer to the problem. Neither is the nihilism philosophy that all our institutions are bad and should be destroyed.

Our Constitution and Bill-of-Rights are truly great revolutionary documents. Less than a third of the world's people have the rights guaranteed by them: the freedom to act in their own interests, to make mistakes, and by the same means, the ballot, to correct these mistakes. There is nothing radically wrong with our form of government. We're just gullible and apathetic when it comes to voting.

The best birthday gift the American people can give themselves and their children on the 200th anniversary of our revolution, is to register and vote themselves in a compassionate and responsible administration, congress and state government that will seek to fulfill the needs of all the people.

(Ed: Mel Ferron is a Journalism 210 student at HCC who returned to school after retiring from 35 years in the labor movement.)

Public notice

Bryan Gurule, ASHCC senator, has proposed an addition to the ASHCC Constitution. The change is as follows:

The definition of responsible in number four of

Section two, Article one of the By-Laws shall be:

You are not conducting yourself in a responsible manner if you do not maintain proper office hours, and if you are not in attendance for three full Senate meetings.

Thunder Word

The Thunder Word is a bi-monthly publication designed as a learning experience for journalism students and a communications medium for the entire campus. The opinions expressed herein are not necessarily those of the college or its student body.

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You too can see Europe, returning student says

by Jan Allianic

Every summer thousands of American students through the European countries simply for pleasure. Others swarm the area with hopes of fulfilling an educational goal.

Whatever the reason may be, very few students choose to travel the long distance just to work for the Summer.

For Penelope Oswalt, HCC sophomore, the idea of working during the summer in Europe appeared to be the only way to visit the huge continent.

At the close of the 1975 Spring Quarter at HCC, Penny boarded a Canadian Pacific plane destined for London. Her final destination—Wales. A hotel job, in Nafyn, North Wales, which included room and board, awaited her.

Through a challenging program arranged by Vacation Work, Limited, many young people in the United

ty projects, conservation, family help and even in "archaeological digs."

England, Scotland, Wales and France are featured places in the program. Switzerland is also featured.

Included in the fee is the handling of special documents or work permits, along with a c c o m m o d a t i o n arrangements during time of employment.

An orientation period in London is also included in the program fee. During this time details about the job are discussed and directions are furnished for the final working place.

However, air fare costs are not included in the program fee according to Penny. She took advantage of a student discount fare of \$500.10.

"We had to make our own travel arrangements to London, but you still can't complain about the price," Penny said.

The quiet countryside of North Wales became a favorite for Penny. She felt Southwest Wales was very much English and busy.

"After touring South England by car, I was glad to get back to North Wales," Penny said.

Following her 12-week work commitment in Wales, Penny ventured off to Amsterdam, Holland. She traveled both by train and ferry.

She smiled fondly while reminiscing about the Netherlands. "I really had fun on the ferry trip to Holland."

Penny stayed at youth hostels in Amsterdam for a small fee of five guilders a night. Five guilders is about \$2.30 in American money she explained.

The youth hostels in Amsterdam were popular places for young people she said. Most of the hostels were located right in the heart of the "red light districts" of Amsterdam, but it was inexpensive for many with a limited budget such as hers. "Amsterdam is a big city," Penny said. She was amazed at the sight of great packs of bikes throughout the city.

The terrain of Holland appeared flat to Penny. Canals surrounded most of Holland. People made their homes on the canals, "a taste of Venice" prevailed in the beautiful Dutch province. She noticed people wore clogs everywhere in Amsterdam. It was a natural part of their attire—day wear and evening wear alike.

Very little of the English language was heard in Holland. Most people communicated in Dutch, German or French.

"I met a lot of Italians in Amsterdam, but they all spoke French. Even people from North Africa whom she met in the area spoke French," she said. There was very little English spoken except by Americans and Canadians.



BUCKINGHAM PALACE...Hundreds of tourists gather daily to view the colorful change of guards.

Punting, a new sport introduced to Penny by friends she made at Oxford University, was a "sportive" highlight of her trip to England.

She explained that punting is a paddling sport which is similar to what occurs on a "Venetian gondola."

"I had a great time at it," she said.

On Sept. 23, with her funds running low, Penny headed home from Amsterdam. "I ran out of money which I had saved from my summer job," she sadly reported.

"There was so much more I wanted to see," Penny advises that students take along extra money.

Penny stated the "Summer



ITALIAN LASSIES...Dancers from various parts of the world don their native costumes to compete in the annual International Eisteddfod held in Llangollen and Cricketh, Wales.

States as well as Europe have been placed in Summer jobs abroad.

According to information furnished by Vacation Work their organization "has placed more young people in summer jobs abroad than any other organization on either side of the Atlantic." Their offices are located in Cincinnati, Ohio and Oxford, England.

The program, said a Vacation Work spokesman, "is not for the stay-at-home, the unadventurous or the work shy."

"It provides young people with a unique opportunity of really getting to know the country they visit and the people who live there. It is open to all young people aged 18-27."

Perhaps this was a good enough reason for Penny's interest in the program.

She became acquainted with the program right here on Highline's campus.

For the price of \$149 the program makes the arrangement to place a person in the job category and country of their choice. Job categories may vary in holiday centres, farms, communi-

Her first stop in London for orientation gave her the opportunity to tune in with the latest happenings there.

"London reminded me of New York—especially Greenwich Village. So many different nationalities and such a cosmopolitan city," she stated.

The latest fashion noted in London by Penny was the popular "pinafore."

"Women were seen everywhere wearing pinafores and smocks," she said. She chose to be comfortable with America's popular blue jeans.

During the first week of her hotel job Penny encountered a variety of duties. "It was a good way to learn about the hotel business."

Penny said she worked at the "take away" and stacked liquor for the liquor store in the hotel. "I waited on tables because I did better there. Besides, the tips were good."

Penny found the people in North Wales friendly, though somewhat clannish. Most chose to speak Welsh rather than English because they want to preserve their culture."



SPLENDOR OF LONDON BRIDGE...Many relate to the popular landmark through the traditional "London Bridge is Falling Down" sung by youngsters throughout the nation.

photos furnished by P. Oswalt



TOWER OF LONDON...A popular site for tourists.

Jobs in Europe" is a really fine program.

"The kids' who went there on this program felt it was the only way they could afford to see Europe," she said.

Although Penny felt the wages seemed low, she concluded the program was a source of good income for students who wanted to see Europe in the summer.

"I plan to go again, I met a lot of nice people, and it was a great experience for me," she exclaimed.

Further information for "Summer Jobs in Europe" is available through Beverly Johnson in the Student Activities Office.

Auto tune-ups



fight air pollution!

sports

Mum's the word!

by Greg Bennett

Between Thanksgiving and Christmas, sporting events are at their peak, and the tube is filled with all sorts of games.

For the sports fan, it's one of the joyous times of the 12 months. For a wife and a mother who needs cooperation from her family, it's some kind of nightmare.

Even the Thanksgiving and Christmas days are filled with numerous contests, and many a turkey dinner goes cold. My family is, and always will be, that sort of group.

Several Christmas' ago, my mother, an abused lady who had to put up with the Sonics and the like during the holidays, decided to put her feelings to words.

The result was a Christmas poem that quite remarkably hit the nail on the ol' head.

Amazingly she had picked up team names and heroes of the household, (Sonny Sixkiller was a biggie at the time) and, if you don't mind me saying so, put together a darn good piece of writing. She must have picked it up from me; you see it runs in the family.

Well, here it is. Read, enjoy, and during the holidays, give thanks to God above...even if you have to turn down the volume on the t.v. set for a couple of minutes..

If your stocking hangs empty on fireplace bare
you betcha old Santa just wasn't there.
I'll tell you a story about the old fraud...
He's watching the game on his rounding fat bod!

What kind of game?...it just doesn't matter...
a kick off, a stuff; or just some dumb batter.
As long as the TV holds steady and blaring
and both ears are tuned to two radio's airing.

Dear jolly old Santa ain't what he was once
for now he sits home like a lead'nd old dunce.
Run over by "Colts" and smacked by the "Rams"
he plays each game with a super-charged sham.

He's jumped by the "Cougars" and packed off to "Bay"
When he's mauled by the "Huskies" 'tis a wonderful day!
He's tied to his chair by illusions of sport...
"Kill 'em dead Six! is his bloody retort.

His work-shop is closed; and now dears, hear this...
he's loose'd the reindeers and burned the gift list.
Because of the radio and TV sports games,
poor Mrs. Santa is bent with his shame.

The work and the doing are left to herself
for he even kicked out the help of wee elfs.
So she's locked the shop door and tossed out the key
and cozie'd herself on old Santa's knee

Now if your soc's empty and you think them both daffy.
Forgive them my dears, they're your Mom and your Pappy!
by Carol Bennett



SPLISH, SPLASH... Adverse weather conditions are common during a cross country meet.

photo by Larry Steagall



REGION CHAMPS (ALMOST)... Highline's varsity women's volleyball team finished second in the Western Region Women's Volleyball Championships last week. The T-Birds fell victim to undefeated Shoreline Community College in the championship match. T-Bird spikers on this year's excellent team are: (Front, L to R) Sandy Imano, Gail Caldwell, Nina Vicors, Michele Schimling, Karen Carlson, Kehau Pickford and Rose Doll. (Rear, L to R) Bonnie Meyer, Debbie Haynes, Cheryl Osborn, Lora Albee, Cindy Ochs, Liz Murphy, Betty Brown, Kathy Burbage (assistant coach) and Eileen Broomell (head coach).

Spikers second in regionals

"We'll have to wait until next year to earn our first championship," a slightly disappointed but confident Eileen Broomell remarked after Highline's varsity women's volleyball team battled Shoreline Community College at Shoreline for the Western Region Championship crown Nov. 26 and came out second best.

The T-Bird spikers suffered their third straight loss this year to their undefeated northern rivals. Highline had two conference losses at the hands of the Samari, as well as a loss to Bellevue, to finish conference play at 8-3. Though losing 0-3, Highline improved upon its third place finish in the regional championships last year.

"We lost to an excellent team," Broomell said. "A team with super organization and one of the hardest spiking groups I've seen this year."

Shoreline's consistency at the service line put Highline away early in the first game, 15-3. The T-Birds couldn't return the punishing Shoreline spike returns. In the second game, Highline gained a 4-3 lead with four consecutive serves by Cheryl Osborn, but Shoreline's serving and net power were too much. Highline fell 8-15.

The final game was much the same as the two previous ones with Shoreline capping the victory 15-7. Rose Doll had an excellent defensive game with her ability to pick up the hard spikes and well-placed serves. Sandy Imano was singled out by Coach Broomell for overall hustle and consistency in the championship contest.

The Thunderbirds earned a shot at the championship match against Shoreline by defeating Southern Division champion Grays Harbor 3-1 in Montesano Nov. 25.

In that contest, Karen Carlson and Lora Albee were big factors in the HCC victory. Highline was down 2-13 in the first game before they began to move. Carlson was excellent from the service line serving five straight points when they were desperately needed. Albee performed with strength from the service line and put away several good spikes.

Albee served the game-winning points in the T-Birds three game wins.

Grays Harbor won the second game 15-11 by returning T-Bird spikes and exhibiting good team movement and fine serving.

The third game became an easy Highline 15-3 romp because of the strong service and over-all play of Sandy Imano. She served eight consecutive points early in the game. Albee again turned in excellent net play, while Carlson performed consistently with returns and tips.

Liz Murphy served six in a row to keep the Thunderbirds in the lead of the fourth game. In Highline's 15-10 win, Cindy Ochs made several tremendous blocks and saves at the net.

Highline is ending the volleyball season at the Northwest community college championships at Mt. Hood Community College in Gresham, Ore. this week-end.

"This has been a young team this year," Coach Broomell said in evaluating the season. "A majority of our starters will return next year. We've learned a lot and have had a good year. If we continue our current progression in regional championship play, we'll take the championship next year."

"The women we're getting into the varsity program from area high schools are more highly skilled than those who

came to Highline two years ago," she continued. "I feel this is due to women's sports being recognized on the varsity level in high school."

Broomell stressed that valley schools, especially Renton and the Kent high schools, have made a major contribution to the varsity women's program at Highline College.

The head coach singled-out five women for contributing to the team's success: Lora Albee, Karen Carlson, Sandy Imano, Liz Murphy and Michele Schimling.

"Sandy was our best overall performer," Broomell said. "She always hustles, has a fantastic attitude, is consistent everywhere on the court and plays excellent team ball."

"Lora was the most consistent at the net this year, while Karen was our steadiest player. You can always know what Karen will do — she's a disciplined player," she continued.

Broomell singled out Murphy as the team's best server (she served 11 consecutive service points in a game earlier this season) and Schimling as the team's most improved player.

"We intend to take first next year," Broomell emphasized. "We'll be returning some fine individuals. With the prospect of getting some top players from local high schools, Highline should end its season next year with a championship."

Husky Power

The University of Washington is one of the most successful colleges in varsity eight rowing. Since 1895 the Huskies have captured 10 firsts and 12 seconds in the Intercollegiate Rowing Association Regatta, the granddaddy of all rowing events in the United States.

Pacific power

by Bill Smith

For the first time in the history of the NBA, the Pacific Division may be regarded as the toughest division in the entire league.

The Pacific Division, which includes Seattle, Portland, Phoenix, Golden State and Los Angeles will be loaded with talent, and there's a chance for three of the teams in the division to make the all important playoffs.

In evaluating the division, even the most rabid Sonic fans would have to admit that the World Champion Golden State Warriors are the team to beat. The Warriors will be even stronger this season with the addition of USC's 6 ft. 3 guard, Gus Williams, who will probably be voted rookie of the year.

Second place is all but in the bag for the Los Angeles "Jabbar" Lakers this season, while Kareem is and will be doing everything except selling hot dogs and tickets. If Cazzie Russell can stay healthy and coach Bill Sharman can do his usual excellent job on the bench, then the Lakers will be very tough to beat.

When looking at the third position, Seattle, Portland, and Phoenix all have equal chances of taking it. In Seattle's case, it will all depend on how well the Sonics can work together as a team. Although

the Sonics still have the best individual talent in Fred Brown and Slick Watts, they may not be able to absorb the loss of Spencer Haywood and Archie Clark, who in my opinion, are the two players who carried the Sonics into last season's playoffs. Don't be surprised if Seattle makes this year's playoffs, but on the other hand don't be surprised if Clark and Haywood come back to haunt the Sonics.

Although the Portland Trailblazers are suffering from Bill Waltonitis right now, the big red headed Euell Gibbons has changed his vegetarian diet somewhat this season and hopefully for Portland's sake, may change his attitude towards the game of basketball. If Walton gets down to business and Wicks and Petrie play consistent throughout the 75-76 season, then the Trailblazers will indeed be in the running for a possible playoff spot.

One cannot leave out the Phoenix Suns as contenders for the third place finish as the Suns acquired a very fine guard from the Boston Celtics, Paul Westphal. They also picked up a very fine rookie center this year in Alvin Adams of Oklahoma.

Yes, the 1975-76 Pacific Division will probably be the most highly contested division in the entire NBA. The scene is set, now only time will conclude the outcome of the season.

Commentary

The UW is for real!

by Greg Bennett

The Washington Huskies are for real! At least six of their 1975 opponents think so.

The Huskies, who were predicted to finish low in the Pacific Eight football standings this year, turned in, what at first looked to be a miserable season, to a memorable and successful outing.

Don James' gang of youngsters took severe beatings by squads from Arizona State, Texas and Alabama, (all of which are ranked in the top 20) and seemed to be a pushover.

The Huskies received one more whipping, a 24-21 squeaker at the hands of the Stanford Cardinals, and then made an about face as the Huskies found themselves in the midst of the race for the roses.

Successive wins over Oregon, Oregon State and UCLA left the dogs with a 3-1 league record as they went on to face California. The game against the Golden Bears, in which Washington barely lost, may prove to be the game that determined who would represent the Pac-8 in the Rose Bowl.

Mighty Southern California and weakly Washington State fell to the UW as the Huskies finished the season with a remarkable 6-5 record.

This season, I believe was the turning point for the University of Washington. Once again the Huskies proved that they could play with anyone in the conference, and that they

are again going to be in the running for the roses each and every season.

Within two years the Huskies should once again travel to Pasadena to compete in the Rose Bowl as they did so many times in the early 60's.

Yes, the Huskies are back; the Huskies are for real.

Swimmers open at U of W

Highline's men's and women's swimming teams will open up their 1975-76 campaign this weekend when the T-birds compete in the Husky Invitational at the Uni-



HARRIER ON THE RUN . . . "This year's squad is the best I've ever coached at Highline," said Coach Don McConnaughey.

photo by Larry Steagall

Harriers second...again!

By Bill Smith

For the second year in a row the Thunderbirds from Highline Community College took second place in the NWAACC Cross Country Championship Meet, which was held at the Yakima Country Club Friday, November 7.

Spokane C. C. once again came away the champions as they totaled an impressive 19 points. Highline took second with 52, while a surprising Green River team overtook Mt. Hood C. C. for the third place spot with 103 to 106 edge.

The meet was run on a somewhat hilly course which measured just over four miles in length. At the start of the meet the temperature was in the low 50's, with a brisk wind besides.

Highline harrier Rick Adams, who came on very strong during the last few weeks, covered the hilly Yakima course in 22:04, which was the second best time of the meet. Paul Eichenberger and Steve Stageberg set an even pace throughout the race and finished a respectable ninth and tenth.

Although the T-birds and Head Coach, Don McConnaughey were disappointed in Highline's second place finish, they still had accomplished a lot this season.

"This year's cross country team is the best one we've

had" stated McConnaughey. McConnaughey also went on to add that the over all ability of the team showed predominantly during the last couple of weeks.

Local Sonics

Over the years four local college students have joined the professional ranks with the Sonics. Plummer Lott, Rod Derline and Frank Olyenick from the Seattle U, and Charles Dudley out of University of Washington

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Basketball Schedule

Date	Opponent	Place	Time
Dec 5	Bellevue	Bellevue	7:30
Dec 6	Ft. Steilacoom	Highline	7:30
Dec 10	Bellevue	Highline	7:30
Dec 12	Spokane Falls	Spokane Falls	7:30
Dec 12	Spokane Falls	Spokane Falls	7:30
Dec 19	Rainwater Trnmnt	PLU	6:15
Dec 20	Rainwater Trnmnt	PLU	---
Dec 27	Edmonds	Highline	7:30
Dec 30	Shoreline	Shoreline	7:30
Jan 3	Olympic	Olympic	7:30
Jan 7	Lower Columbia	Highline	7:30
Jan 10	Grays Harbor	Grays Harbor	7:30
Jan 14	Peninsula	Peninsula	7:30
Jan 17	Clark	Highline	7:30
Jan 21	Centralia	Highline	7:30
Jan 24	Mt. Hood	Mt. Hood	8:00
Jan 27	Green River	Green River	12:00
Jan 28	Lwr Columbia	Lwr Columbia	8:00
Jan 32	Grays Harbor	Highline	7:30
Feb 4	Olympic	Highline	7:30
Feb 7	Peninsula	Highline	7:30
Feb 11	Centralia	Centralia	7:30
Feb 14	Clark	Clark	7:30
Feb 18	Mt. Hood	Highline	7:30

A gull brings memories to a sunlit morning



C. Gull

photos and photo

reproduction

by Arlene Perrin

by Arlene Perrin

It was early morning in Redondo Beach and the sun seemed to hit the water as though thousands of sparkling diamonds lay upon its surface.

Along the shore was the usual cluster of seagulls after their morning breakfast. The whole view before my eyes was just too perfect. It was like the picture one sees on the front of Hallmark greeting cards.

I had placed myself there on that bulkhead to contemplate how I would begin to tell the story of the community in which I live — Redondo Beach.

As I stared out over the waves my problems vanished and I began drifting from one day dream to another. I watched a gull fly toward me. She landed gracefully, cocked her head, and began squacking at me as if I should understand her.

At this point I felt like Alice falling down the rabbit's hole. The gull knew exactly why I was there. An icy chill came over me as her squacking became a recognizable language. She introduced herself, "I'm Ms. C. Gull — C standing for Cynthia. I'm a distant cousin to Jonathan Livingston Seagull."

She went on to say that her family, the "C. Gulls," were pioneers of the Redondo area. "Stone's Landing is what my grandfather, Calvin Gull called this area in the mid and late 1800's."

The story, as she knew it, was that Zacharias and Jane Stone had bought "squatters rights" to their homestead in 1869 from a man named Timothy Lane. Zacharias and his sons, Samuel and William, established a logging camp above the steep cliffs of what is now Redondo. When the post office was established they gave it the family's name: Stone's Landing.

Cynthia asked me to close my eyes and imagine Redondo, or as some people still remember, "Stone's Landing" as it existed in the early 1900's. She said, "Picture a garden of relaxation — camping, clam digging, fishing, swimming, and in the evening beach parties. My grandfather told of how too many people tried to get on the last steamer for Seattle one evening and the dock collapsed killing thirteen people. After this tragedy a man named Charles Betts decided the area should be renamed and given a new image. He named it Redondo after Redondo Beach in California."

"Charles and Mary Betts started the first store in the area. I believe it was back in 1904. They had a son, Weston Betts. The Betts family is largely responsible for the

lar places to go in King County.

Along with the rink Weston or, as some people called him, 'Mr. Redondo,' owned and operated the amusement park at Redondo, a beautiful merry-go-round, ferris wheel and other rides. Unfortunately, the roller rink was destroyed by a fire in 1951. The merry-go-round, and other rides, however, were not damaged."

Ms. Gull reminisced, "I remember perching myself on the top of that carousel just to ride in circles and enjoy the organ band music! I would overhear Weston tell the story that Dwight Eisenhower as a boy of 15 or 16 had done some of the sanding work on the horses which were carved across from his home in Abilene, Kansas. The merry-



Photo early 1900s.

development of Redondo on Poverty Bay.

"Back in 1922 Weston Betts was working for a brick plant located in Redondo. He decided to start a business of his own — a two-story dance hall. It was built where the Bayshore Condominiums stand today. Some competition moved in and the dance hall soon became a roller rink. For the next fifteen years the rink was one of the most popu-

lar places to go in King County. Along with the rink Weston or, as some people called him, 'Mr. Redondo,' owned and operated the amusement park at Redondo, a beautiful merry-go-round, ferris wheel and other rides. Unfortunately, the roller rink was destroyed by a fire in 1951. The merry-go-round, and other rides, however, were not damaged."

"Can't you imagine how it delighted so many!" she exclaimed. "It certainly has been, to coin a phrase, 'around.' The merry-go-round was at the Seattle World's Fair, Woodland Park, and is now at Pt. Defiance in Tacoma."

"The Betts family built a dry dock storage, Redondo Marina in 1959, which could house 300 boats. Then in 1962 on the site of the roller rink, Bayshore Apartments were converted to condominiums. Westons' son, Byron, lives there today."

"Well, that pretty much brings us up to present day and since your mobility in and out of buildings is greater than mine may I suggest to you, go out among the people of Redondo and find out what's happening! I'll say happy sailing till we meet again."

At this moment a man came walking down the beach with two little companions. They were picking up trash along the shore line. I wondered who they were and later I learned he was Paul



ABOVE A LOOK AT THE REDONDO OF THE 40s ... Juxtaposed with that of today.

Stilnovich, owner of Paul's Dock Restaurant, and his two companions were grandsons, Robbie and Doug.

The whole Stilnovich family, Paul Sr. and his wife Katherine, their two sons, Paul Jr. and Robert (who both attended HCC) and their wives, Jo and Joanne, the grandchildren Robbie and Doug, are residents of Redondo and help out in the family's restaurant.

Paul bought the restaurant almost three years ago and has been doing his own remodeling since then. The restaurant today captures the mood of old Redondo, with lots of old pictures on the walls, an authentic antique divers suit, diving gear, pilings hauled in from the beach, tables made from hatch covers and, to add to all this, fresh cut flowers on the tables.

The Stilnovichs also own the oldest building in Redondo — the one where Charles and Mary Betts started their store in 1904. Today the building houses three different shops, The Laughing Gull Gift and Gallery, The Salt Box, and the Hatch Cover. The post office is expected to move into this building soon.

The Laughing Gull proprietors since July 1, 1975, are Dean and Elaine Lewellen. Mrs. Lewellen said, "The shop is more of a gift shop than a gallery, featuring hand made items and art of local craft people and artists."

The shop has the work of such people as Janet Baker, potter; Carl Umschneider,

dulcimer maker; Leta Creighton, finger paintings; Jeannie Rae, puppets; Betty Mears, batiks; and many more, too numerous to include.

The residents of Redondo consider their neighborhood to be separate from Federal Way. They have designated their neighborhood to be the area between the shoreline on the west to the steep rise on the east, and from South 276th on the north to 1st Avenue on the South.

The Redondo Community Club, with its president, Mel Ferron, is a vital functioning group in helping to protect and preserve Redondo.

In a recent interview with Ferron, I asked him about the future of the community. He replied, "Redondo now is primarily a residential neighborhood, and the people here want to keep it that way. We will resist efforts to turn the place into a miniature Coney Island or Miami Beach with high-rise apartments."

He pointed out that the narrow shelf of land surrounded by steep banks was a very fragile area. "We will insist on an orderly development to protect the area," Ferron said, "and to prevent suburban blight. Our objective for the future of Redondo is to maintain it as a beautiful and desirable place to live in and visit."

The Seaweeders, a garden club of Redondo, has placed evergreen sprays along the Beach Drive Road, maintaining the theme that Redondo is a beautiful place to live in and visit.



REDONDO RESIDENTS TAKE PRIDE IN THEIR COMMUNITY ... They ask of visitors to do the same.



SCENIC DINING ... The shores of Puget Sound play host to guest at Paul's Dock.

Foreign students differs from



TALK BEFORE CLASS . . . Thui Wong and Catherine Chan exchange the latest campus information.

Forty six students from 16 foreign countries enrolled this quarter at HCC, with three coming from Thailand.

HCC Admissions Department records show other countries represented being Iran, Ethiopia, Libya, Germany, Greece, Japan, Saudi Arabia, Hong Kong, Kuwait, Indonesia, China, Italy, Puerto Rico, Nigeria and Peru.

Phuangrat Paripunyo, one of 46 foreign students, comes from Bangkok, Thailand, a city of about four million. To Kim, "HCC is just wonderful."

She loves the climate, she says—except for the rain. She finds the scenery pleasing and quite a change from her country which is flat and warm.

Kim hopes to spend two years at Highline, then return to her country and teach for a year. Later she will study the aviation business in Bangkok and perhaps find work at the airport.

In Bangkok, her father is an official in the government's agriculture department. Kim says he has a new world attitude and wants his five children to be educated in this country. Highline became the choice for Kim because of relatives living in the area.

Teenagers in Thailand do not have the freedom they have here Kim says. In her country a young lady must have her parents' permission to date and they insist they first make the acquaintance of the young man and his family.

Young women there are attired in long silk skirts and blouses except when attending school. There they wear uniforms.

Kim finds Americans friendly and is impressed with her friends' parents who attempt to teach their young the value of money. Parents in her country take complete charge of both support and money.

Despite these pluses, Kim

will return. She says, "I am going back because, you see, Thailand is my country."

Sunan Chanyangram, also from Bangkok, is Kim's roommate. She also plans a two year stay at HCC, then teaching and later the aviation business.

She likes HCC and its students and loves their freedom of dress, she said. She also hopes to go to France. Sunan is supported by her father, an official in the Thailand tobacco department.

American food is tasteless compared with that of her native land, Sunan says. There curry powder, coconut and mint leaves are used for flavoring various dishes. Thai coffee differs in flavor from coffee here; there the beans are baked and later ground. Beef and chicken are the main meat sources.

Sunan spoke of the national religion, Buddhism. The Thai New Year is April 13, and everyone goes to the temples she said, then visit the elderly and take them gifts.

The religion is based on the full moon of the sixth month, when there are 15 days of no moon and 15 days of a full moon. Sunan said the religion is based on five important points: do not lie, do not kill animals; do not be a thief; no adultery and no smoking or use of alcohol.

Sui Ha Wong is among the six students at HCC from Hong Kong, a peninsula and island southeast of China.

Shui lived with her parents and three brothers and sisters in Hong Kong. The country

has no community colleges Shui said. The two universities there are very expensive and take only students with high point grade averages.

Shui has friends in the HCC community and enjoys both the college and the area. It is not crowded like Hong Kong, which covers 391 square miles with a population of over three million, she said.

Shui plans a two year stay at HCC to study business. She does not plan to return to her father's grocery store. It is small, covering only 800 square feet, and the wage level there is low, she explained.

Most of Hong Kong's people are Christians or Buddhists Shui said. The Chinese New Year, celebrated in February, is her country's most important holiday. There the houses are decorated in red, which is considered a lucky color. The entire family gets new clothes and there are many parties and lots of food.

The phrase, "Kung Hai Fat Choi," is the season's greetings. If said to a young married woman, she must give money to the person who said it.

Man Lo is also from Hong Kong. In Yuen Long, New Territories, he lived with his parents and two brothers and sisters. Man Lo's father, a restaurant worker, pays his expenses at HCC. He wishes his son to become independent and hopes his business studies at HCC will accomplish this.

Man Lo likes most sports but loves music, especially American folk music. American bands are very popular in his country he said. The freedom of American youth and manner of their dress impresses Man Lo, he said. The students in his country are all dressed in uniforms.

Gudelia Rodriguez says the Pacific Northwest is quite different from her native Puerto Rico. There it is crowded and hot and 80 per cent of the population are of Spanish descent.

Gudelia lived at Levittown Lakes in Puerto Rico and came to Highline to a brother who lives in the vicinity. She plans a two-year stay at Highline and wants to go into social work.

Her native land has many holidays, Gudelia says, but the highlight is Christmas. The celebration begins on Dec. 23, and at midnight of Dec. 24 the big dinners, music and visitations of friends begin.

On Jan. 5 and 6, Three Kings Day is celebrated. Friends go from house to house and there is music, dancing and drinking, Gudelia said.

Pie lanto, a meat pie, is served, and chicken and rice dishes are favorites. Sweet peppers and cilantro leaves are used for flavoring.

On Saint Johns Day, June 23 and 24, futures are forecast with the splashing of water from cups. Entertainment for the fest is mainly rooster fighting and horse racing.

Tran Hien, a new arrival from Saigon, Vietnam, has been on campus two and a half months. She came to this country in April.

She is happy at HCC, she says, and finds the instructors very helpful and friendly. She has a chance to discuss her individual problems with them she says. She lives in Kent with her sponsor.

Her father, seven brothers and sisters and various relatives are still in Saigon, where her father is an official in the government educational department. She has had no communication with them since she left.

Tran finds Washington's climate similar to parts of Vietnam, which varies from tropical to cold. A definite Chinese and French colonial tone exists which influences both architecture and customs there she says. The city of Saigon is quite modern in structure, while in the tropical regions, the homes are made of palm leaves.

The natives are largely Buddhists and the New Year's celebration is based on the Lunar Calendar. The celebration takes place 15 days between the full and half moon. The dress for this holiday is AODAI, which is a long dress, worn by both men and women.

Tran Hein says the next most celebrated holiday is the mid-autumn feast, similar to our Halloween. Instead of pumpkin lanterns, lamps are carried by the children who meet other children on the street, later they return to their homes where dishes of rice, chicken and duck have been prepared. Then the children receive their candy.

Nguyen Dung and Nguyen Liem are brothers from Saigon, Vietnam, attending HCC.

Nguyen Dung plans to stay in this country and is studying to become an electrical engineer. He wishes to be called Zom.

The two brothers have had no information about their parents. Their father worked as a civil servant for the government.

Nguyen Dung says that Vietnam was under Chinese rule a thousand years and under French colonial rule a hundred years. Both brothers left Vietnam in April of this year and are here under the Vietnamese Orphanage Project.

Nguyen Liem says his country has for generations struggled for its in-



THERE'S A LOT TO LEARN . . . Jo Matsumoto talks to students in the foreign student counseling class. Left to right: Sumi Kameishi, Jo Matsumoto, Yoseph Lázrag and Fathi Elwefati.

say much here their homeland

dependence. He hopes some day to return when the political situation is calmer and there is true independence.

He is studying medicine and hopes to become a doctor. There is a great need for hospitals and medical care in Vietnam he says. Both brothers agree their favorite food is hamburgers and they love to play ping pong.

Tran Khanh, a cousin of the two brothers, is enrolled in HCC and is studying electrical engineering. He left three and a half months ago and lives with his mother and brothers here. His father, still in Saigon, was an officer in the Vietnam army and he has no information about him.

Nguyen Thi Qua and her husband Hong Thanh Minh are enrolled at HCC. Nguyen Thi Qua was a social worker in Vietnam, where she studied three years. She has nine years of experience in her field.

She is studying sociology at HCC and works at the Vietnam Cultural Center as a director. She hopes to return to her native country when the Communists leave.

Hong Thanh Minh is a lawyer and practiced one year in his country. He graduated from a four-year college and studied one year for his Ph.D. He has a law license from his country. He was also studying for a license in administration at the National School of Administration.

In Vietnam, a new graduate lawyer must serve three years as a junior partner in a law firm, a senior member of the firm being his teacher. Then he can open his own office.

At the present time Hong Thanh Minh is taking I.B.M. so that he can get a job and be able to further his studies in law.

Hong Thien Dui, Minh's brother is enrolled at HCC. He is studying medicine and English.

He came to this country with his mother and sister. His father, a civil servant in Vietnam was with his family ready to leave, but he returned to a shop he owned and missed the ship. The family has had no word from him.

Nora Gallagher is from the Philippines and lived in Dau

Mabalacat Pampanga. She now attends HCC. She left the island nine years ago and is living with her father's relatives here. Her husband is a captain and is stationed at Clark A.F.B.

Nora studies fashion merchandising on campus. She finds HCC a friendly place and the teachers and the programs very good, she says. The customs of the islands are like America's in a general way she says. Birthdays are celebrated up to the age of 18 years and no longer. New Years is the time of feasts with all the family. At Halloween, prayers for the dead are offered.

Two types of dishes are very popular Pansit, in which rice noodles, meat, pork, chicken and vegetables are cooked together and Adobo, a dish that contains vinegar, soy sauce, butter, spices, bay leaves, accent, pork and chicken.

Nora said the Mestiza dress is worn by women — a long dress with butterfly sleeves, and the Barong, a long see-through blouse with black pants, is worn by men. This attire is worn only on special occasions. Young men and women are not allowed to kiss in public or hold hands.

Abdulraouf Saadi, from Tripoli, Libya, has attended HCC one year. He is studying civil engineering and plans to return to Libya after the completion of his education. His father is a business man in a food and clothing store in Tripoli.

Their customs vary. The religion is Moslem and they pray five times a day at the Mosque. Their food is very hot as spices and hot peppers are used. Long dresses are used for weddings with hats for both men and women.

Al Mazroa Abdulmohsen is from Saudi Arabia and has been enrolled at HCC for a year. He has a Riyadh scholarship, and was sent here by the Education Mission in New York, because he has friends here.

Mazroa is studying mechanical engineering and plans to return to his country where his father is a government employee.

Saudi Arabia is one of the few countries left that has a king, he says. The king has total power over life and death.

The marriage customs are different he says. A man may have more than one wife if he chooses, but the practice is fast disappearing.

Mazroa shares an apartment with two other students from his country and they do their own cooking because American food is not hot enough. In his native country, sheep, fish, cow and camel are sources of meat.

The dress is long and scarfs cover the women's faces. The men wear long robes with a head covering. The economy of the country is beginning to thrive due to the discovery of oil. All phases of the oil production, along with the price, are now under government control.

Story by
June Workman
photos by
Arden Gremmert



LAWS ARE FOR ALL OF US . . . Mita Mongahate listens carefully as laws are given.



STRANGE LAWS . . . Gita Mongahate, Man Lo, Masaji Unetari and Joseph Lazae listen as Trooper Hurburt explains the traffic laws to the foreign students.

Course explores finding employment

Job Search, a new one credit course, will be offered during Winter Quarter at HCC. It will cover job search planning from initial self-evaluation to interviews.

Eve McClure, HCC instructor and counselor, and Phil Swanberg, Off-Campus Job Placement Officer and Director of Student Activities, will teach the day class. Instructor for the evening class will be Theresa Martinez, who has worked for the Department of Employment Security.

Students in the course will prepare a self evaluation of

previous job experience and volunteer work. They will then consider what type of work and working conditions they would most enjoy.

Current labor market information will be discussed and evaluated and the tools and resources needed for writing a resume will be covered.

Students will learn how to research companies and how to make initial contact with employers. Ms. McClure said special emphasis will be placed on filling out applications and the how-to's of a successful job interview.

Two sessions, one day and

one evening are planned. Each will consist of five two-hour classes. There is no prerequisite for the class and grading will be on a pass/fail basis. Up to sixty students will be admitted to each class. Classes will consist of short lectures and small group work in the class.

Ms. McClure said the classes would benefit anyone who needs to look for a job or anticipates the need for one. The course is open to students and community members.

The course will be listed as Student Services 130 in the Winter Quarter schedule.

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Stevens treats student anxiety and fear

by Stella McNutt

Everyone is afraid of something, but most people can handle their fears. If a student at HCC decides he is having real problems with fear and/or anxiety, perhaps a visit with Dr. Robert Stevens is in order.

"If you can learn to handle your fears then there's nothing to be afraid of," said Stevens, who is a clinical psychologist and psychology instructor.

Test anxiety, general anxiety and problems concerning control of emotions and impulses are the most common problems students bring to Stevens. He has a high rate of success in teaching students to deal with their specific fears.

Stevens believes that fears are learned and anything that is learned can be unlearned. "We don't search for the causes of fear and anxiety — don't reach back into the past to determine reasons for it — this just tends to stir up more anxieties."

"We use a learning theory approach," he said, "which says in the presence of fear stimulus we become afraid and tend to duplicate fear reaction each time this stimulus is present." Eventually it becomes stamped in and we have learned to be afraid."

Stevens said in using his method, "We substitute a

response which is antagonistic to fear. In this case the antagonistic response is that of learning complete relaxation."

Test anxiety is a common problem with students. The student may study and feel he knows the material and is prepared to take the test, but when faced with the test, anxiety blocks out everything and he draws a blank.

"By teaching self control in the situation," Stevens said, "The student learns to control his own anxiety. He learns to relax during a test."

Learning to relax and becoming desensitized from the fear or anxiety usually takes from six to eight sessions. During the first three or four, the student learns relaxation techniques. He will learn to accomplish deep levels of relaxation in just minutes and will notice significant changes in his feelings of anxiety.

The next phase takes from two to four sessions. The student is asked to visualize scenes approximating test taking situations. Stevens may say to the student, "It is three days before the test and you are putting your notes together and reviewing the material." Then the student is asked to determine his level of anxiety in terms of a scale of one through ten.

He is then asked to progress visually up to and including the time of the test, imagining the test papers being

handed out, instructions being given and what his anxieties are at such a time. By progressing in this way, the student learns to extinguish the anxiety response and substitute relaxation.

Stevens, who has a Ph.D. in Clinical Psychology, believes that his method can help almost anyone overcome anxieties and fears.

Stevens has kept up on current work in his field through Continuing Education, workshops and seminars. Through his work he became dissatisfied with the time that conventional methods were taking to get at anxiety behavior.

"I don't reject conventional long term therapy," he said, "but systematic desensitization frequently becomes the treatment of choice for many problems involving behaviors which have anxiety as a basis. In the near future we will be supplementing this type of treatment with Biofeedback techniques."

Stevens will lead a workshop for students called Behavior Control: How to Deal with Fears during Winter Quarter. Topics such as test anxiety, fear of speechmaking, personal situational fears, and other anxieties common to college life will be covered.

Students may register for the workshop in the Counseling Center. Stevens said that special problems may be supplemented with individual consultation.



HE ADVOCATES RELAXATION....Dr. Robert Stevens teaches students to deal with their fears.

photo by Arden Gremmert

High schoolers meet college reps here

Over 2,500 area high school juniors and seniors met with representatives from 20 universities and colleges at the 11th annual HCC High School-College conference.

All area high schools were invited to send students and counselors to meet with college representatives at the all day conference Nov. 20 on the HCC campus.

The conference was divided into six sessions of 30 minutes each so that each student could obtain information about a number of colleges.

Colleges represented

were: Bellevue CC, Central Washington State College, Eastern Washington State College, Fort Wright College, Gonzaga University, Green River CC, Highline CC, and Pacific Lutheran University.

Also represented were St. Martin's College, Seattle University, Seattle Central CC, South Seattle CC, Seattle Pacific College, The Evergreen State College, University of Puget Sound, University of Washington, Washington State University, Western Washington State College and Whitworth College.

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