Statute governs student, parent, rights to access

By Maia Nolin

Access to student records is governed by the Family Educational Rights and Privacy Act (FERPA). The statute governs access to records maintained by educational institutions, including schools, colleges, and universities. Written informed consent is required before any information contained in the student records is released to a third party except for those situations specifically outlined in the statute. The student, the parent, or the student's legal guardian must sign a consent form for any information to be released. The consent form must be in writing and specify the information to be released, the purpose for the release, and the party or parties to whom the information is to be released. The consent form must also specify the time period for which the consent is effective.

The two new Univac Terminals located in the Tyee Building, will speed up student enrollment thus eliminating long waiting lines, according to Booker T. Watt, registrar and admissions director. The Univac Terminal is tied in with the Computer Center in Seattle. With the keying in of the student's social security number, it produces an instant count on student enrollment at all times. It will not eliminate jobs on Highline campus as the department has been understaffed ever since it opened. At this time all information on students for the past five years is being retained.

All the community colleges are using these machines as well as the accounting department at HCC. Foreign students attending HCC do not have social security numbers, so HCC has given them a number to be used instead.

Bicentennial flag flies over campus

The bicentennial flag was raised over Highline Community College campus Nov. 20, amid applause from members of the Board of Trustees, faculty, students and guests.

Norvin Burbidge, Executive Director of the Washington State American Revolution Bicentennial Commission, presented the flag to HCC President Orville Carnahan. In making the presentation, Mr. Burbidge said that HCC had the distinct honor of being one of the first dozen institutions of higher learning to receive the Bicentennial flag.

President Carnahan said he would display the flag at all HCC functions and in the administration building.

The flag raising was attended by upward of 250 people, including a number of children and elementary school students visiting the campus for the High School College Conference.

Foreign students attending HCC are not required to have the bicentennial flag raised over their campus. However, they have no access to the material.

Students enroll with new Univac Terminal

The registration and admittance office has been understaffed ever since it opened. At this time all information on students for the past five years is being retained.
New hours, new faces for Vets office

The HCC Veterans Affairs office has extended its office hours in order to serve veterans attending night classes. Two high-line sophomores, Dave Harrison and Leonard Sarff, have been added to the staff to man the office during the extended hours. The new hours are 8:00 a.m. to 8:00 p.m. Monday through Thursday, and 8:00 a.m. to 5:00 p.m. Friday.

Highline's VA office will also be offering a special class for veterans on campus during Winter Quarter. The special class, Student Services 125, will involve group discussions and guest speakers who will focus on areas of concern to veterans returning to school and civilian life. The three-credit course will be held Tuesday, Wednesday, and Thursday from 6:00 p.m. to 8:00 p.m. Steve White, HCC veterans coordinator, will be in charge of the special class. A reminder to all HCC veterans registering for Winter Quarter has been issued by White. A "blue request for benefits" must be completed and submitted to either the VA or registration offices on campus. The form is available at both locations.

White said the completion of this form will assure veterans the receipt of benefit checks in time for Winter Quarter. Vets are also reminded by White that any changes in credit hours, addresses, marital status, etc., should be reported to the campus VA office.

Rule changes set for board meeting

The Highline Community College Board of Trustees will act on two rule changes, in accordance with the Washington Administrative Procedures Act, affecting current college procedures at their next regularly scheduled meeting December 11. The meeting will be held in the Gold Room, Building 4.

The board is scheduled to amend sections of the college's parking and traffic regulations (WAC 1321-160) to reflect the change in title of the Chief of Campus Security and updating the section regulations on issuing parking permits. The trustees are also scheduled to adopt a new chapter concerning admissions and registration procedures (WAC 1321-160). Interested persons may submit data, views or arguments relating to the scheduled changes by writing to the college prior to December 5 and/or making an oral announcement at 9 a.m., Thursday, December 11 in Room 113 of the Tyee Building (Bldg. 1) at the Midway campus.

Public lets Evans down at budget conference

by Mary Sachs

Governor Dan Evans brought the issue of educational funding to the people Friday, Nov. 14, at the HCC Pavilion. I speculate that he held this conference and other related conferences because of the failure of Initiative 314 in the Nov. 4 election.

The governor should be commended for his efforts to hear the public voice on such an important issue. The public responded very favorably. Only 299 of the 869 persons invited were expected to attend, however 560 showed up.

They had so much information coming at them from both directions that they became confused and cast a "no" vote because they felt there were just too many angles to this issue that they couldn't possibly see at present.

I'm glad that Initiative 314 failed—not because it was a bad tax, but because it provided this chance for government to work the way it should. Governor Evans brought the issue to the people, they showed him that they weren't as full of ideas as they're always advocating.

Come on people, we can do better than this. Now that state government is working right, let's see what you can do!
Students find learning is something different
by Jackie Krolopp

The Hotel-Restaurant Operations Management Program offers students the possibility for good job prospects, unique versatility, in making career decisions, and the opportunity for an exciting internship experience in the San Juan Islands.

You may think this sounds like a career advertisement you'd see on TV or find on the inside of a matchbook - the ones that teach you to fly commercial jets, build computers, and perform brain surgery in six weeks. But it's not.

Mike Armstrong, director of the program, can supply facts to support these claims. It's a fact, he says, there are only one thousand graduates of four-year schools in the hotel.restaurant field to fill an annual demand for twelve thousand workers. That's good news in this economy.

It's a fact that there is a wide variety of study concentrations within the program. Armstrong says that students interested in the field should begin with the basic core courses. Then he is free to decide if they are interested in specializing in Hotel.Restaurant Sales and Marketing, Hotel Operations and Management, or Restaurant Management. It is even quite possible to develop your own area of specialization.

There is also freedom of choice between a one-year certificate, a two-year degree, or preparation for transfer to a four-year program from WSU offered on the Seattle University Campus. This "WSU in Seattle" program was designed with the help of teachers from Highline.

There are options are a real asset for the many students who come to college not knowing what kind of degree to pursue or how many years to spend in school.

Armstrong says the program breaks away from the traditional academic environment with actual field experience taking place as well as regular classroom coursework. Some classes take weekly field trips to some of the many hotel and restaurant establishments around the airport.

There is an in residence intern experience at the Resort Hotel in the San Juan Islands. This part of the educational program offers a student exposure to complete hotel operation and management. He or she works forty hour week getting paid the prevailing rate for each job. Aside from this, they would prepare projects of management problems, analyses and solutions for the college and resort management people. Room and board are provided for at a nominal fee by deducting from the student's monthly pay check.

If you are currently working in the hotel.restaurant field and want to get ahead, or would be interested in getting into it, Mike Armstrong is the man to see in Faculty Building D.

Reinhardt wants facilities doubled
by Kary Henderson

Wayne Reinhardt, coordinator of the Student Child Development Center and his staff would like to see the center's facilities doubled. "I'd like to see a trailer at the north end of the center sometime soon," explains Reinhardt. The trailer is needed to accommodate the 50 students who wish to use the center's facilities, but are forced to wait.

In 1970 a census was taken that showed one out of five children were enrolled in some nursery school program, compared to one in ten in 1965. A letter was sent from A.S.R. students at Highline C.C. to the administration requesting a larger child daycare center. In the letter were implications that this could become more than just custodial care. In June the Board of Trustees approved $15,000 for the building.

When asked how helpful the Center is to students, Reinhardt replied, "The Center is benefiting parents who have children and wish to attend classes at Highline C.C." He says that he is having some difficulty getting the administration to recognize the Center as an institution.

He goes further in explaining the difference between kindergarten and the Center. "Kindergarten is devoted totally to the intellectual development of the child, while we try to focus on social and emotional maturity."

A survey taken recently by the Center showed that 35 out of the 38 parents rated the Center's performance superior and above their expectations. The remaining three rated it adequate or very good. "We try to have the children solve their own interpersonal relationships and deal with it logically," Reinhardt says.

The working staff includes Sharon Powell, co-teacher, Rhea Mills, part-time teacher and helpers from six other work-study students. Reinhardt says that working here is very challenging. "You don't know what to expect when dealing with children." Reinhardt would like to see the center become partially financed by government funds and not totally dependent on student money and parent fees.

The Center's policies are governed by an advisory board from Highline faculty, a parent and student body representative.

The Center is required to supply a minimum of 25 square feet of space for each child. This is sustained to promote out-of-door as well as in-door activity.
Douglas remembered

Editor
Justice William O. Douglas, probably the most individualistic member of the U.S. Supreme Court, ended his record-setting term on the U.S. Supreme Court. It brings to mind his two appearances on the Highline Community College campus.

This year, the summer term of "Justice Douglas spoke in our Pavilion". Not so many remember the summer session of June 22, 1966 when Justice Douglas was sponsored by the Highline Community College Lectures and Lectures Committee. The thunderous applause that followed — "Justice Douglas, Wife Cathy to arrive in Seattle for Highline College Speech." - the Community College President Allan and his wife quickly made the dash to the lunch buffet.

Then Justice Douglas spoke to over 500 people in the Pavilion on the Supreme Court and the Constitution. Passionate and eloquent after the speech that questions — limited to two minutes — would be accepted. The first questioner, an old, bent, crabbed man, with a cane, came slowly to the microphone. Grasping the microphone stand for support, he started the introduction to a long session, "Justice Marshall was a man of integrity... Justice Holmes was a man of integrity... Mrs. Douglas, sitting in the audience, grabbed the side of her chair so tightly that her knuckles went white at the prospect of a personal attack on her husband. President Allan was watching the second hand on his watch. At the proper second, he cut in firmly. "I am sorry, sir, but your two minutes are up. We are not providing a platform for you to have equal time to dispute Justice Douglas." The old man, still stinging over his attack on Douglas, restored, but two young faculty members from H.C.C., who were sitting in the front row, stepped forward and firmly guided the protesting man down the aisle to the exit. Subsequent questioners were less dramatic.

There followed a reception for Justice Douglas in the cafeteria. While the crowd gathered around the Justice, his wife stood neglected. Mrs. Douglas spotted a stack of Thunderword papers with the Headlines, "Justice Douglas, Wife Cathy..." She started over to pick up one: President Allan, in a conversation with a couple of men, spotted the move. He knew that the article, in the second paragraph, said, "Justice Douglas... well over 23 years old... a newspaper editor." President Allan muttered to his companions, "I wish she wouldn't read that!"

One man acted decisively. He stepped up to Mrs. Douglas and took the paper right out of her hand, saying, "Oh! this is a college paper, you wanted to see. Probably somewhat influenced by this local event," he added.

Mrs. Douglas politely yielded the paper without protest. But, the account was not to escape her. After a press conference, I asked Justice Douglas to autograph some of his books in the college library. While he was doing so, his wife spotted another stack of Thunderword — and this time read the story. Sadly, and a little bitterly, she murmured to me that, "They didn't even mention that I have a college degree!"

In our national Capitol Rotunda, is a gallery of statues in memory of our country. Each State is entitled to place two statues in this hall. So far, Washington has only nominated one (Dr. Whitman). We have existed for a suitable candidate for that second spot. William O. Douglas should be named by our Legislature for that spot. No other person from Washington has so profoundly affected our national government — in Congress, the Executive Department, or in the Court of last resort in our own Justice Douglas.

Justice Douglas, Librarian

Defeatism by Mel Ferrone

After the ignoble defeat of Initiative 134 (the tax on construction and real estate incomes), a small group of Highline Community College students labored for three months to win their vote against it.

"No," he said, "I don't think most of them voted at all. The hall's the bustle." And a high school teacher I talked with a month before the election told me the tax didn't have a chance.

"You wait and see," he said. "Just before the election big newspapers will line up their stooges and newspapers and TV stations will begin a campaign against it. Many of the young people today are so disillusioned they won't bother to register and vote.

Vets speak to vets

To all concerned veterans:
Are you one of the 1,100 registered veterans attending Highline Community College? If you are, this letter is directed to you.

Are you aware of the pending Veterans Administration regulation on minimum class attendance? No, not the regulation you were advised about last time you had a confrontation with the Vet counselor at Fall registration?
That's if you did see him then. We mean the NEW regulation. Granted, it is pending, but this new ruling is still and will affect each and every veteran at Higline and other colleges across the country.

Do you know the administration of this country encourages education benefits completely? That's absurd. There will be no educational benefits unless you attend class; you have been notified for your case after December 31. The Russell Sage Foundation for approval. The House has already passed the bill earlier in October.

"If, "You've done my time and I've already receiving my check, let others enjoy any benefit that's left," you realize that if this bill is passed, you will be affected. You will then be a numbered minority, your rank is only decrease in size and legislators will find you are much easier to deal with. Veterans have not very much voice in anything that they affect, they have few meetings in these eight months or two years later, with inflation increasing on an annual average of 10 percent and you're still receiving $270 a month.

You have the power to increase your allowance paralleling the cost of living increases. A more likely "slavery" would only return the bill away in view of more pressing business. Fortunately this situation has been avoided in the past by a strong voice of veterans standing together. Think about it.

If you think you are one of these 1,000 registered veterans on this campus who do not attend the monthly Veterans Club meetings, this club has a lot to offer to the veteran on campus. We keep you updated on all current rules, regulations and legislation actions which affect YOU each time you complete a full course, or a part-time course for credit.

The Veterans Club is alive but it is far from being well. We have degenerated from one of the strongest organizations on campus to more handful of concerned people. The reason? Like everything else, apathy. Only nine people made an effort to attend the last meeting.

Why aren't you there? Perhaps you really don't care, for your own reasons. That's fine. But, who's willing to listen to the woeful stories and problems of you veterans whenever a benefit check does not make its way to your mailbox; who assists you through these hard times of education assistance; who believes that each veteran has a voice in our government? Those fortunate enough to be able to help do not lack for help. This is why we are here. To help you and your fellow veterans.

Are you aware of the pend- 

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Are you aware of the pend-
You too can see Europe, returning student says

by Jan Allanice

Every summer thousands of American students throng the European countries simply for pleasure. Others swarm the area with hopes of fulfilling an educational goal.

Whatever the reason may be, very few students choose to travel the long distance just to work for the summer.

For Penelope Oswalt, HCC sophomore, the idea of working during the summer in Europe appeared to be the only way to visit the huge continent.

At the close of the 1975 Spring Quarter at HCC, Penny boarded a Canadian Pacific plane destined for London. Her final destination was South Wales. A hotel job in Mchn, North Wales, which included room and board, awaited her.

Through a challenging program arranged by Vacation Work, Limited, many young people in the United States as well as Europe have been placed in Summer jobs abroad.

According to information furnished by Vacation Work, the organization has placed more young people in summer jobs abroad than any other organization on either side of the Atlantic. Their offices are located in Cincinnati, Ohio and Oxford, England.

The program, said a Vacation Work spokesperson, "is not for the stay-at-home, the unadventurous or the work shy. It provides young people with a unique opportunity of really getting to know the country they visit and the people who live there. It is open to all young people aged 18-27."

Perhaps this was a good enough reason for Penny's interest in the program.

She became acquainted with the program right here on Highline's campus.

For the privilege the program makes the arrangement to place a person in the job category and country of their choice. Job categories may vary in holiday centers, farms, communities, on the ocean, or French.

"Women were seen everywhere wearing pinafores and smocks," she said. "She chose to be comfortable with America's popular "pinafore."

During the first week of her hotel job Penny encountered a variety of duties. "It was a good way to learn about the hotel business." Penny said she worked at the "take away" and stacked liquor for the liquor store in the hotel. "I waited on tables because I did better there. Besides, the tips were good." Penny found the people in North Wales friendly, though somewhat reserved. They chose to speak Welsh rather than English because they want to preserve their culture.

Penny's first stop in London for orientation gave her the opportunity to tune in with the latest happenings there.

"London reminded me of New York - especially Greenwich Village. So many different nationalities and such a cosmopolitan city," she stated.

The latest fashion noted in London by Penny was the popular "pinafax." Penny found the WoPle in London and evening wear alike.

"Amsterdam is a big city," Penny said. She was amazed at the sight of great packs of bicycles throughout the city.

The terrain of Holland is a paddling sport which is similar to what occurs on a "Venetian gondola."

"I had a great time at it," she said.

The quiet countryside of North Wales became a favorite for Penny. She felt South West Wales was very much English and busy.

"After touring South England by car, I was glad to get back to North Wales," Penny said.

Following her 12-week work commitment in Wales, Penny ventured off to Amsterdam, Holland. She traveled both by train and ferry.

She smiled fondly while reminiscing about the Netherlands. "It was really fun on the ferry trip to Holland."

Penny stayed at youth hostels in Amsterdam for a small fee of five guilders a night. Five guilders is about $2.50 in American money she explained.

The youth hostels in Amsterdam were popular places for young people she said. Most of the hostels were located right in the heart of the "red light districts" of Amsterdam, but it was inexpensive for many with a limited budget such as hers.

Amsterdam is a big city," Penny said. She was amazed at the sight of great packs of bicycles throughout the city.

The terrain of Holland made for flat to Penny. Canals surrounded most of Holland. People made homes on the canals, "a taste of Venice" prevailed in the beautiful Dutch province.

The noticed people wore clogs everywhere in Amsterdam. It was a natural choice for a country of which is known for its world famous orange and traditional "Venetian gondola."

If I met a lot of Italians in Amsterdam, but they all spoke French. Even people from North Africa whom she met in the "red light district" of Amsterdam.

Penny advised that students take along extra money.

Penny stated the "Summer Jobs in Europe" is a really fine program.

"The kids who went there on this program felt it was the only way they could afford to see Europe," she said.

Although Penny felt the wages seemed low, she concluded the program was a source of good income for students who wanted to see Europe in the summer.

Further information for "Summer Jobs in Europe" is available through Beverly Johnson in the Student Activities Office.
Mum's the word!

by Greg Bennett

Between Thanksgiving and Christmas, sporting events are at their peak, and the tube is filled with all sorts of games. For the sports fan, it's one of the joyous times of the 12 months. For a wife and a mother who needs cooperation from her family, it's some kind of nightmare.

Even the Thanksgiving and Christmas days are filled with numerous contents, and many a turkey dinner goes cold. My family is, and always will be, that sort of group.

Several Christmas ago, my mother, an abused lady who had to put up with the Samson and the like during the holidays, decided to put together a darn good piece of writing. She must have picked it up from me: you see it runs in the family.

Well, here it is. Read, enjoy, and during the holidays, give thanks to God above...even if you have to turn down the volume on the t.v. set for a couple of minutes.

If your stocking hangs empty on this damaged Christmas tree...you betcha old Santa just wasn't there. I'll tell you a story about the old fraud.

He's watching the game on his rounding fat bod! As long as the TV holds steady and blaring, poor Mrs. Santa is bent with his shame. He's loose'd the reindeers and burned the gift list. Now he sits home like a lead'nd old dunce.

What kind of game? Run over by "Colts" and smacked by the "Rams"...thanks to God above...Mum's the word!

Because of the radio and TV sports games, her family, it's some kind of nightmare.

Your stocking hangs empty on fireplace bare...if your stocking hangs empty on fireplace bare...you betcha old Santa just wasn't there. He's tied to his chair by illusions of sport. His work-shop is closed; and now dears, hear this: He's jumped by the "Cougars" and packed off to "Bay'' -eight rowing. Since 1895 the intercollegiate Rowing Association Regatta, the grandaddy of all rowing events in the United States...

Splish, splash...Adverse weather conditions are common during a cross country meet.

photo by Larry Stegall

REGION CHAMPS (ALMOST)... Highline's varsity women's volleyball team finished second in the Western Region Women's Volleyball Championships last week. The T-Birds fell victim to undefeated Shoreline Community College in the championship match. T-Bird spikers this year's excellent team are: (Front, L to R) Sandy Innis, Gail Caldwell, Nina Visors, Michele Schimming, Karen Carlson, Eileen Pickford and Rose Doll. (Back, L to R) Shawn Neave, Sandy Osborn, Lora Albee, Cindy Ochs, Liz Murphy, Betty Brown, Kathy Burbage (assistant coach) and Eileen Bromell (head coach).

"We'll have to wait until next year to earn our first championship," a slightly disappointed but confident Eileen Bromell remarked after Highline's varsity women's volleyball team lost to Shoreline Community College at Shoreline for the Western Region Championship victory over North Kitsap and came out second best. The T-Bird spikers suffered their third straight loss this year to their undefeated northern rivals. Highline had two conference losses at the hands of the Sonics, as well as a loss to Bellevue, to finish conference play at 8-3. Though losing 0-3, Highline improved upon its third place finish in the regional championships last year.

"We lost to an excellent team," Bromell said. "A team with super organization and one of the hardest spiking groups I've seen this year." Shoreline's consistency at the service line put Highline away early in the first game, 15-3. The T-Birds couldn't return the punishing Shoreline spike returns. In the second game, Highline gained a 4-2 lead with four consecutive aces by Cheryl Osborn, but Shoreline's serving and net power were too much. Highline fell 15-3. The final game was much the same as the two previous ones with Shoreline capping the victory 15-7. Rose Doll had an excellent service game with her ability to plot up the hard spikes and well-placed serves. Sandy Imano was singled out by Coach Bromell for overall hustle and consistent at the net this year.

Highline is ending the volleyball season at the Northwest community college championships at Mt. Hood Community College in Gresham, Ore. this week-end. "This has been a young team this year," Coach Bromell said in evaluating the season. "A majority of our starters will return next year. We've learned a lot and have had a good year. If we continue our current progress in regional championship play, we'll take the championship next year." The women we're getting into the varsity program from area high schools are more hungry, said those who came to Highline two years ago," she continued. "I feel this is due to women's sports being recognized on the varsity level in high school.

Bromell stressed that valley schools, especially Renton and the Kent high schools, have made a major contribution to the varsity women's program at Highline College.

The head coach singled-out five women for contributing to the team's success: Lora Albee, Karen Carlson, Sandy Imano, Liz Murphy and Michele Schimming.

"Sandy was our best all-around player," Bromell said. "She always has, he'a a fantastic attitude, is consistent everywhere on the court and plays excellent team ball." "Lora was the most consistent at the net this year, while Karen was our steadiest player. You can always know what Karen will do - she's a disciplined player," she continued.

Bromell singled out Murphy as the team's best server (she served 15 consecutive service points in a game earlier this season) and Schimming as the team's most improved player.

"We intend to take first next year," Bromell emphasized. "We're returning some fine individuals. With the prospect of getting some top players from local high schools, Highline should end its season next year with a championship."

askets second in regionals

Photo: Larry Stiegall

Spikers second in regionals
T-birds anxious to start; face Bellevue tonight

by Greg Bennett

"We may only win two games," said second-year head Coach Dennis Ross of the basketball team here at Highline. "But on the other hand we could win 15." It's not a question of the coach not knowing his team, but a question of whether his team can go out every game and play their type of team ball. "We've got to play together," said Ross. "A total team effort.

Coach Ross believes that his team has many fine players, and that all 15 team members could play key roles this season. "We're getting super efforts from 15 kids this year," mentioned Ross. "We'll be counting on a lot of people this season.

"Gordy Wilmarth is potentially our best scorer," added Ross. "Gary Vennmolen is a super scorer...hey! all of our players can score.

Highline's offense will run out of what Ross calls the "wide-set." "We spread out to bring the defense away from the basket, while we try to get inside," explains Ross.

"We're small, quick, versatile and therefore we probably will not have as many problems playing the big teams," Ross said. "Being up the league, Ross mentioned three teams that should be right in there towards the race for the title.

"Yes, Mt. Hood is going to be good," and Ross. "They get a good choice out of Portland because there isn't any other community colleges around there.

"Gray Harbor probably had their best recruiting year," Ross said about the Chokers. "Olympic's got four starters off last year's squad.

"Highline will have to play hard to be a contender," said Ross about his own T-bird squad. "If we can play super, we can beat anybody.

Tonight Highline will travel to Bellevue for a contest, and will return home tomorrow to play host to Port St. Lucie.

HCC captures 'must wins'

Persistence, gutsy play and a "never-lose" attitude carried HCC's women's varsity volleyball team into the Western Regional Championships of the Northwest Community College Women's Conference. Nov. 23-25. The Thunderbirds finished third in last year's regionals.

The THS 21-3-1 win over cross-valley rival Green River in the T-Birds season with three clutch "murders" and carried them into the championships by the Northwest Community College for the berth by having a better games-won percentage - 462. Highline and Bellevue ended the season tied in match wins.

To gain the championship berth, Highline clipped Bellevue 34-21 on Nov. 14; outlasted a scrappy Everett team on Nov. 19 by 3-2; and "did what they had to" in their convincing 3-1 win over GRCC.

Highline's 15-11, 15-7, 11-15 and 15-12 victory over Green River set up the Nov. 21, 3-1 win over GRCC.

Highline's all the way-Sandy Imaino's hustle and key saves, allowed the T-Bird advantage in the first game. Karen Carlson, former Renton High student, contributed several excellent-timed tips. Several key serves, provided good entertainment. Lora Albee was strong from the T-Bird service line with five consecutive serves to start out the game.

Highline put it all together in the fourth game. Liz Murphy, Ochs and Nina Vicors. Ochs put the game away with a well-placed spike and several key serves.

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Commentary

Pacific power

by Bill Smith

For the first time in the history of the NBA, the Pacific Division may be regarded as the toughest division in the entire league.

The Pacific Division, which includes Seattle, Portland, Phoenix, Golden State and Los Angeles will be loaded with talent this season. The five teams will have to compete for the division title and at least one spot in the all important playoffs.

In the Division, even the most rabid Sonic fans would have to admit that the World Champion Golden State Warriors are the team to beat. The Warriors will be even more formidable this season with the addition of UCSF’s 6’3 guard, Gus Williams, who will probably be voted rookie of the year.

Second place is all but in the bag for the Los Angeles “Jabber” Lakers this season, while Kareem is in and will be doing everything except selling season tickets. If Cazzie Russell can stay healthy and coach Bill Sharman can do his usual excellent job on the bench, then the Lakers will be very tough to beat.

When looking at the third position, Seattle, Portland, and Phoenix all have equal chances of taking it. In Seattle’s case, it will all depend on how well the Sonics work together as a team. Although the Sonics still have the best individual talent in Fred Brown and Jack Watts, they may not be able to absorb the loss of Spencer Haywood and Archie Clark, who, in my opinion, are the two players who carried the Sonics into last year’s playoffs. Don’t be surprised if Seattle makes this year’s playoffs, but on the other hand don’t be surprised if Clark and Haywood come back to haunt the Sonics.

Although the Portland Trailblazers are suffering from Bill Waltonitis right now, the big red headed Eddy Gibson has changed his vegetarian diet somewhat this season. Bill’s eating habits may prove to be the Portland’s sake, may change his diet in the future and bring back the form of basketball. If Walton gets down to business and Москве and Petra play consistent throughout the 75-76 season, then the Trailblazers will indeed be in the running for a possible playoff spot.

One cannot leave out the Phoenix Suns as contenders for the third place finish as the Suns acquired a very fine guard from the Boston Celtics, Paul Westphal. They also picked up a very fine rookie center this year in Alvin Adams of Oklahoma.

Yes, the 1975-76 Pacific Division will probably be the most highly contested division in the entire NBA. The scene is set, now only time will conclude the outcome of the season.

Commentary

The UW is for real!

by Greg Bennett

The Washington Huskies are for real! At least six of their 1975 opponents think so.

The Huskies, who were predicted to finish low in the Pacific Eight football standings this year, surprised us, and at first looked to be a midscale season, to a memorable and successful one.

Don James’ gang of youngsters took severe beatings by squads from Arizona State, Texas, and Alabama, (all of which are ranked in the top 20) and seemed to be a pushover.

The Huskies received one more whipping, a 24-21 squeaker at the hands of the Stanford Cardinals, and then made an about face the Huskies found themselves in the middle of the race for the roses.

Successive wins over Oregon, Oregon State and UCLA left the dogs with a 1-1 league record as they went on to face California. The game against the Golden Bears, in which Washington barely lost, may prove to be the game that determined who would represent the Pac-8 in the Rose Bowl.

Mighty Southern California and mighty Washington State fell to the UW as the Huskies finished the season with a remarkable 6-5 record.

This season, I believe was the turning point for the University of Washington. Once again the Huskies proved that they could play with anyone in the conference, and that they are again going to be in the running for the roses each and every season.

Within two years the Huskies should once again travel to Pasadena to compete in the Rose Bowl as they did so many times in the early 60’s. Yes, the Huskies are back, the Huskies are for real.

Swimmers open at U of W

Highline men’s and women’s swimming teams will open up their 1975-76 campaign this weekend when the T-birds compete in the Husky Invitational at the University of Washington pool.

Highline’s men’s and women’s swimming teams will include the Thunderbirds from Seattle U, Green River, and Community College.

Basketball Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Opponent</th>
<th>Place</th>
<th>Time</th>
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HARRIERS ON THE RUN... "This year’s squad is the best I’ve ever coached at Highline," said coach Don McCaughhey.

By Bill Smith

For the second year in a row the Thunderbirds from Highline Community College took second place in the SWAACC Cross Country Championship Meet, which was held at the Yakima Country Club Friday, November 7.

Spokane C. C. once again came away the champions as they totaled an impressive 19 points. Highline took second with 52, while a surprising Mt. Hood C. C. for the third place finish, they still had accomplished a lot this season.

"This year’s cross country team is the best one we’ve had," stated McCaughhey. McCaughhey also went on to add that the over all ability of the team showed predominantly during the last couple of weeks.

Local Sonics

Over the years four local college students have joined the professional ranks with the Sonics. Plummer Lott, Rod Derline and Fran Olyennick from the Seattle U, and Charles Duller out of University of Washington.

we’re the kid next door.

Professional photographers are usually thought of as pushy, arrogant and expensive... and too often this proves true.

We’ll let you judge the importance of an event, whether it’s your son’s little league debut, or your daughter’s wedding.

Anything, you name it.
A gull brings memories to a sunlit morning

photos and photo reproduction
by Arlene Perrin

I was early morning in Redondo Beach and the sun seemed to hit the water as though thousands of sparkling diamonds lay upon its surface. A gull was the usual cluster of seagulls after their morning breakfast. The whole view before my eyes was just too perfect. It was like the picture one sees on the front of Hallmark greeting cards. I had placed myself there on that bulkhead to contemplate how I would begin to tell the story of the community in which I live – Redondo Beach. As I stared out over the waves my problems vanished and I began drifting from one day dream to another. I watched a gull fly toward me. She landed gracefully, cocked her head, and began squacking at me if he should understand her.

At this point I felt like Alice falling down the rabbit’s hole. The gull knew exactly why I was there. As soon as she saw me, she squawked and became a recognizable language. She introduced herself, “I’m Ms. C. Gull – C standing for Cynthia. I’m a distant cousin to Jonathan Livingston Seagull.”

She then went on to tell me that her family, the “C. Gulls,” were pioneers of the Redondo area. “Stone’s Landing is what my grandfather, Calvin Gull, called this area in the mid and late 1890’s. The story, as she knew it, was told to me by Mr. Sam Stone, a local historian, who wrote in his book “Squatters Rights” to their homestead in 1869 from a man named Timothy Lane. Zacharias and his son, Samuel and William, established a logging camp above the steep cliffs of what is now Redondo. When the post office was established they gave it the family’s name: Stone’s Landing.

The development of Redondo on Poverty Bay. Back in 1922 west side of Redondo was working for a brick plant located in Redondo. He decided to start a business of his own – a two-story dance hall. It was built where the Bayshore Condominiums stand today. Some competition moved in and the dance hall soon became a roller rink. For the next fifteen years the rink was one of the most popular places to go in King County.

Along with the rink Weston or, as some people called him, Mr. Redondo, owned and operated the amusement park at Redondo, a beautiful merry-go-round, Ferris wheel and other rides. Unfortunately, the roller rink was destroyed by a fire in 1911. The merry-go-round, and other rides, however, were not damaged.

Ms. Gull remarked, “I remember perching myself on the top of that carousel just to ride in circles and enjoy the organ band music! I would often hear Weston tell the story that Dwight Eisenhower, as a boy of 13, had done some of the building work on the horses which were carved wood, a gift from his home in Athlone, Kansas. The merry

Photo early 1900s.

ABOVE A LOOK AT THE REDONDO OF 40s... Juxtaposed with that of today.

Stilnovich, owner of Paul’s Dock Restaurant, and his two companions were grandsons, Robbie and Doug. The whole Stilnovich family, Paul Sr. and his wife Katherine, his two sons, Paul Jr. and Robert (who both attended ECC) and their wives, Jo and Joanne, the grandchildren Robbie and Doug, are residents of Redondo and help out in the family’s restaurant.

Paul bought the restaurant almost three years ago and has been doing his own remodeling since then. The restaurant today captures the mood of old Redondo, with lots of old pictures on the walls, an authentic antique divers suit, diving gear, piling ladders in the beach, tables made from hatch covers, and to add to all this, fresh cut flowers on the tables. The Stilnovichs also own the oldest building in Redondo, the one where Charles and Mary opened their store in 1904. Today the building houses three different shops: The Laughing Gull Gift and Gallery, The Salt Box, and the Hatch Cover. The post office is expected to move into this building soon.

The Laughing Gull proprietors since July 1, 1975, are Dean and Elaine Lewellen. Mrs. Lewellen said, “The shop is more of a gift shop than a gallery, featuring hand made items and art of local craft people and artists.”

The shop has the work of such people as Janet Baker, potter; Carl Emshoelder, dalier maker; Leta Creighton, finger paintings; Jeanne Rae, puppets; Betty Mears, batiks; and many more, too numerous to include.

The residents of Redondo consider their neighborhood to be separate from Federal Way. They have designated their neighborhood to be the area between the shoreline on the west to the steep rise on the east, and from South 276th on the north to 1st Avenue on the South. The Redondo Community Club, with its president, Mel Perrin, is a vital functioning group in helping to protect and preserve Redondo.

In a recent interview with Perrin, I asked him about the future of the community. He replied, “Redondo now is primarily a residential neighborhood, and the people here want to keep it that way. We will resist efforts to turn the place into a miniature Coney Island or Miami Beach with high-rise apartments. He pointed out that the narrow strip of land surrounded by steep banks make the area unsafe for any large apartment projects.”

The Seaviewers, a garden club of Redondo, has planted evergreen sprays along the Beach Drive Road, making the theme that Redondo is a beautifully designed place to live in and visit.

REDONDO RESIDENTS TAKE PRIDE IN THEIR COMMUNITY... They ask of visitors to do the same.

SCENIC DINING ... The shores of Puget Sound play host to guest at Paul’s Dock.
Foreign students differ from...

Phuangrat Paripinyo, one of 46 foreign students, comes from Bangkok, Thailand, a city of about four million. To Kim, "HCC is just wonderful."

She loves the climate she says — except for the rain. She finds the scenery pleasing and quite a change from her country which is flat and warm.

Kim hopes to spend two years at Highline, then return to her country and teach there. Later she will study the aviation business in Bangkok and perhaps find work at the airport.

In Bangkok, her father is an official in the government's agriculture department. Kim says he has a new world attitude and wants his five children to be educated in this country. HCC became the choice for Kim because of the freedom to live in the city.

Teenagers in Thailand do not have the freedom they have here. Kim says. In her country, a teenager must have her parents permission to leave the house and first make the acquaintance of the young man and his family. Young women are always in long silk dresses and blouses except when attending school. There they wear uniforms.

Kim finds Americans friendly and is impressed with her friends' parents who attempt to teach their young the value of money. Parents in her country take complete charge of both support and money.

Despite these pluses, Kim will return. She says, "I am going back because you see, Thailand is my country."

Susan Chanysangram also is from Bangkok, Kim's roommate. She also plans a two year stay at HCC, then teaching and later the aviation business.

She likes HCC and its students and loves their freedom of dress, she said. She also hopes to go to France. Susan's father is a teacher and she is supported by her father, an official in the Thailand tobacco department.

American food is tasteless compared with that of her native land, Susan says. There eggs, powder, coconut and mint leaves are used for flavoring various dishes. Thai coffee differs in flavor from coffee here, there the beans are baked and later ground. Beef and chicken are the main meat sources.

Susan spoke of the national religion, Buddhism. The Thai New Year is April 13, and everyone goes to the temples and takes them gifts.

The religion is based on the full moon of the sixth month, when there are 15 days of no moon and 15 days of full moon. Susan said the religion is based on five important points: do not lie, do not kill animals; do not be a thief; no adultery and no smoking or use of alcohol.

Her house is in a small town southeast of China. She lives with her parents and three brothers and sisters in Hong Kong. The country has no community colleges. Susan said. The two universities there are very expensive and take only students with high point grade averages.

She has friends in the HCC community and enjoys both the college and the area. It is not crowded like Hong Kong, which covers 321 square miles with a population of over three million, she said.

She plans a two year stay at HCC to study business. She does not plan to return to her father's grocery store. It is small, covering only 80 square feet, and the wages level there is low, she explained.

Most of Hong Kong's people are Christians or Buddhists, Susan said. The Chinese New Year, celebrated in February, is her country's most important holiday. There the houses are decorated in red, which is considered a lucky color. The entire family gets new clothes and there are many parties and lots of food.

The phrase, "Kung Hai Fat Chai," is the season's greetings. If said to a young married woman, she must give money to the person who said it.

Man Lo is also from Hong Kong. In Hong Kong, New Territories, he lived with his parents and two brothers and sisters. Man Lo's father, a restaurant worker, pays his expenses at HCC. He wishes his son to become independent and hopes his business studies will accomplish this.

Man Lo likes most sports but loves soccer, especially American folk music. American bands are very popular in his country, he said. The freedom of American youth and manner of their behavior is a dream for Man Lo, he said. The students in his country are all dressed in uniforms.

Gudelia Rodriguez says the Pacific Northwest is quite different from her native Puerto Rico. There it is crowded and hot and 80 per cent of the population are of Spanish descent.

Gudelia lived at Liftowntown Lakes in Puerto Rico and came to Highline to a bartender who lives in the vicinity. She plans a two year stay at Highline and wants to go into social work.

Her native land has many holidays. Gudelia says, but the highlight is Christmas. The celebration begins on Dec. 23, and at midnight of Dec. 24 the big dinners, music and visitsations of friends begin.

On Jan. 5 and 6, Three Kings Day is celebrated. Friends go from house to house and there is music, dancing and drinking, Gudelia said.

Puerto Rico, a meat pie, is served, and chicken and beef dishes are favorites. Sweet pies, peppers and cookie leaves are used for flavoring.

On Saint John's Day, June 23 and 24, fireworks are forecast with the spilling of water from cups. Entertainment for the feast is mainly rooster fighting and horse racing.

Tran Binh, a new arrival from Saigon, Vietnam, has been on campus two and a half months. She came to this country in April.

She is happy at HCC, she says, and finds the instructors very helpful and friendly. She has a chance to discuss her individual problems with them, she says. She lives in Kent with her sponsor.

Her father, seven brothers and sisters and various relatives are still in Vietnam where her father is an official in the government. He has no community colleges in Vietnam.

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say much here their homeland
dependence. He hopes some
day to return when the politi-
cal situation is calmer and there is true independence.
He is studying medicine
and has a law license from a
four-year college and plans
to return to his country when the
Communists leave.
Tran Khanh, a cousin of the two
brothers, is enrolled in HCC. Tran
Khanh visited his relatives here.
His father, still in Saigon, is
an officer in the Vietnamese
army and he has no
information about him.
Nguyen Thi Qua and her
husband Hong Thanh Minh are
enrolled at HCC. Nguyen
Thi Qua was a social worker in
Vietnam, where she studied
three years. She has nine
years of experience in her
field.
She is studying sociology at
HCC and works at the
Vietnamese Cultural Center
as a teacher. She hopes to return
to her native country when the
Communists leave.
Hong Thanh Minh is a
lawyer and practiced one year
in his country. He graduated from
a four-year college and studied
for a law degree in the
National School of Administration.
In Vietnam, a new
graduate lawyer must
serve five years in his
country before he can open his
own office.
At the present time Hong
Thanh Minh is taking an M.B.
so that he can get a job and be
able to further his studies in
law.
Hong Thien Dui, Minh's
brother is enrolled at HCC. He
is studying medicine and
English.
He came to this country
with his mother and sister. His
father, a civil servant in
Vietnam was with his family
ready to leave, but he
returned to a shop he owned
and month by month. The family
has had no word from him.
Hong Thien Dui left from the
Philippines and lived in Dau
Mabalacat Pampanga. She
was educated in HCC. She left
the island nine years ago and
is living with her father's
relatives here. Her husband is
civil engineering and plans
to return to his country
where his father is a gov-
ernment employee.

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LAW ARE FOR ALL OF US... Mitia Mongahate listens carefully as laws are given.

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Course explores finding employment

Job Search, a new one
credit course, will be offered
during Winter Quarter at
HCC. It will cover job
searching from initial self-
evaluation to interviews.
Eve McClure, HCC in-
structor and counselor, and
Phil Swanberg, Off-Campus
Job Placement Officer and
Director of Student Activities,
will teach the class. In-
structor for the evening class
will be Teresa Martines, who
has worked for the Depart-
ment of Employment Sec-
urity.
Students in the course will
prepare a self evaluation of
previous job experience and
volunteer work. They will
then consider what type of
work and working conditions
they would most enjoy.
Current labor market in-
formation will be discussed
and evaluated and the tools
and resources needed for writ-
ing a resume will be covered.
Students will learn how to
research companies and how
to make initial contact with
employers. Ms. McClure said
special emphasis will be
placed on filling out ap-
plications and the how-to's of
a successful job interview.
Two sessions, one day and
one evening are planned. Each
will consist of five two-
hour classes. There is no
prerequisite for the class and
graduating will be on a pass/fail
basis. Up to sixty students will
be admitted to each class.
Classes will consist of short
lectures and small group work
in the class.
Ms. McClure said the classes
would benefit anyone who
needs to look for a job or
anticipates the need for one.
The course is open to all students
and community members.
The course will be listed as
Job Placement 130 in the
Winter Quarter schedule.

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Stranger Laws... Mitia Mongahate, Nex Lo, Manji Uciuti and Joseph Lasae listen as Trooper
Hurburt explains the traffic laws to the foreign students.
Stevens treats student anxiety and fear

by Stella McNutt

Dr. Robert Stevens treats students to deal with their fears.

The conference was an outgrowth of a request made by the students to deal with their specific fears.

Stevens believes that fears are learned and can be unlearned.

The next phase takes from two to four sessions. The student is asked to imagine the test papers being handed out, instructions being given and what the examination is going to be like. The student learns to relax completely.

Dr. Stevens said, "but systematic desensitization frequently involves behaviors which can cause anxiety in the student. To overcome this fear, the student is taught to relax completely, to substitute relaxation.

By teaching self-control in this way, the student is taught to relax completely. He then draws a blank.

Stevens will lead a workshop for all area high schools represented. Students may register for the workshop in the Counseling Department, Continuing Education.

The conference was divided into sessions lasting approximately ten minutes each so that each student could handle his fear.

Students may register for the workshop for Continuing Education. In the near future we will be supplementing this type of treatment with behavioral methods of relaxation.

Dr. Stevens, who has a Ph.D. in Clinical Psychology, has kept up on his work in his field. Through his work he has become well known in the psychological community. He is now teaching college courses in psychology and psychology.

He is then asked to program the session by using his learning theory approach. He said, "We don't reject conventional methods but we substitute relaxation."

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