

Third CCC coordinator in five years Reinhardt resigns, no warning

by Mary Sachs

The parents at HCC whose children occupy the Child Care Center were unpleasantly surprised on the first day of school this quarter. They learned that Wayne Reinhardt, coordinator, had resigned his post at HCC's Student Child Development Center.

Reinhardt's resignation came without warning to parents, staff and administration. According to Reinhardt, "It was time for a change. I had reservations about resigning now, but I felt I was not getting anywhere here and that the time was right for a change."

He accepted a position with King County as a child care consultant.

This is not the first time such an instance has occurred at the Child Care Center (CCC). In December of 1973, another CCC coordinator, Peg Hansen, resigned due to frustration. This frustration was caused, according to her resignation letter dated Dec. 10, 1973, due to "Administrative problems, a woefully inadequate budget, insufficient staffing, inconsistent and often unreliable volunteer help and virtually a total lack of student teacher training."

Along with her letter she submitted a list of problems and recommendations.

Well, as the song goes, except for the name and a few other changes the story's still the same.

A memo dated Dec. 11, 1973 to Jesse Caskey, dean of students, from Ingrid Simonson — then coordinator of Student Programs — could pass for a current document on the problems of the CCC, except for the date.

In it she states that there is "conflict — individual, organizational and interorganizational." Of the four recommendations she made, only one was implemented: a full time aide was hired so that the CCC would be limited to 25 children rather than 15 children (another part time aide was also hired).

The CCC now accommodates 52 children with a waiting list of 19 for this quarter and 18 so far for Spring Quarter.

On the surface, it seems that the CCC has progressed far — but has it? In 1970 a co-op with parents sharing care of 16 children in an unused 16 x 20 foot classroom was the foundation of the Child Care program. In May of 1971 the co-op was moved to a single-width trailer paid for by the Associated Students.

Planning for the present center began when a letter was sent to the Administrative Council (now the College Planning Council) from the ASB indicating the need for a larger facility. Included in this letter were the implications that this program could become more than just "custodial care" for the children. Funding could be made available through federal, state or local sources.

Also attached to this letter were the following: 1) The importance of Early Childhood Education. 2) Why HCC should offer day care on campus. 3) Possible sources of financial assistance. 4) Advantages to the College. 5) Implications of providing a facility (state requirements for licensing).

In the spring of 1971 planning for the center went to the Board of Trustees and in June the board approved \$15,000 for the building. In July a job description for the coordinator was sent out and in August interviews were held with a committee. Ingrid Simonson, Michael Mattingly (student), Edward Buchanan, Sally Bramel and Jesse Caskey.

Melinda S. Jones was hired to fill the position of Child Care Coordinator. During Ms. Jones' intervening two years at the Center there was an attrition staff rate of 75%. The main factors contributing to this desirability of movement was the same then as now — frustration from the lack of finances and staff, individual and organizational conflict.

The program grew until the construction of the present building, but has remained

stagnant since because of the aforementioned reasons.

The Center is currently being run — three coordinators later — by Sharon Powell, Child Care Aide I. Ms. Powell does not plan to seek the coordinator post because she says, "The Advisory Board wants someone with at least a B.A., and I am still attending classes."

Reinhardt and she worked out a plan for this quarter before he left, however, so Ms. Powell has no problems in this area.

Some of the CCC parents are planning to organize a club so that they can have more unity and a larger voice in what happens at the CCC. Another effort by the parents is being made by Brenda Presley and Karen Shepard who will both participate in the selection of the new coordinator by the Advisory Board. Both expressed the desire to find someone whose philosophy and qualifications matched Reinhardt's.

They, as other parents, were surprised and sad to see him go, but didn't blame him for it. They know they have a tough job ahead of them because, "Wayne will be hard



ONE LESS NOW...Wayne Reinhardt, (right) who resigned from the Child Care Center is shown with Sharon Powell, now in charge, (left) and Rhonda Mills. photo by Larry Steagall

to replace."

Ms. Shepard said, "Wayne was what made the CCC a good one."

Phil Swenberg, coordinator of Student Activities, said that the job

description was sent to the Personnel Department on Jan. 5 but did not know when interviewing would commence.

(Next Issue: The other side of the story.)

thunder word

Vol. 15 No. 6

Highline College Midway, Wa.

Jan. 16, 1976

Education changes as student age increases

by Stella McNutt

Many changes in higher education have taken place because of the great numbers of older students returning to school, according to Dr. Shirley Gordon, HCC vice president and dean of in-

struction. Nearly 50 per cent of students enrolled at HCC are age 25 or older.

Dr. Gordon said, "This increase in older students is a reflection of the fact that education is no longer thought of as being grades one through 12 followed by four years of college. Education is becoming a part of life — not just something indulged in for 16 years."

Community colleges, especially, serve older students as a place to update their educations and expand their horizons, according to Dr. Gordon.

The appearance of older students in greater numbers is a major influence in causing college administrators, faculties and student governments to reassess goals and ideas.

Dr. Gordon pointed out that years ago student funds were used primarily for dances, winter festivals and elaborate Homecoming festivities. Today greater portions of student funds are being used for such things as campus child care centers and work-study programs. Students also show a greater interest in activities related to their professional or vocational goals.

"Another change has been the students' interest in

course content. Years ago when an instructor faced a class of 17- and 18-year old freshmen no one dared question his teaching. Today students, particularly those older ones who are heads of households, housewives or men changing careers, want their money and time's worth — and they do question if they don't think they are getting it.

"The whole feeling of faculty and staff today is to be of service to students," Dr. Gordon said. "There is more teamwork between instructors and students. We've found that everyone learns from everyone else."

Curriculum changes have been made to accommodate the changing age groups. Dr. Gordon said, "Older students have had prior experiences and education. We have had to look at modifications to the traditional approaches to goals or a degree."

The continuing influx of older returning students has caused some to predict overcrowded colleges, particularly community colleges, however Dr. Gordon said, "These older students are voters and taxpayers and there will be as many community colleges as needed to fill their needs."

(related story on page 8.)

Dumpster funds buy time for patient

In case you've been wondering what that funny little building is at the far end of the lower parking lot, it's a new dumpster.

Highline College received it from the Northwest Kidney Center Nov. 24 as a result of the Pitch-In Campaign to clean up litter on campus. The dumpster is not labeled as such yet but will be soon.

It is here permanently for campus people and community residents to dump their newspapers. The dumpster is only for newspapers, not magazines or other refuse.

Because Japan has a lumber shortage the newspapers are sold to Japan for recycling. The money is in turn used to buy time on a kidney machine for a kidney patient. This means that the more newspapers you bring in, the more life you can help buy a kidney patient.



BEAUTIFUL? NO! ... The dumpster in the lower lot is not a beauty, but its use can bring something approaching that to a kidney patient

photo by Larry Steagall

letters

A dream

Editor:

Out of the bitter conflicts, corruption and turmoil of the sixties, there arose a man with a dream of love, hope and freedom...so great that it was to stand out like the Star Spangled Banner on the perilous night.

The man, Dr. Martin Luther King, Jr., was swept up by his people to lead them through those tempest times. And lead he did: up the streets of America, down the path of freedom for all.

Martin Luther King was to surpass the role of civil rights leader, to inspire all men to pursue life, liberty, human rights and dignity.

Yesterday we celebrated his birthday as Brotherhood Day...he would have liked that.

Let us not forget that he regarded the human personality sacred...and that he stood with the poor, the un-



derprivileged and troubled people for the neglected basic rights of man.

Let us not forget that he was never afraid to speak out against those forces of fear, hatred, discrimination and bigotry.

Let us not forget his non-violent stand for peace from

war, equal employment, fair working conditions, respectable wages, adequate schools, fair housing and equal rights.

Let us not forget to work together for peace and harmony for only we can make that dream come true. Let us not forget the true feeling of Brotherhood and the man who had a dream: DR. MARTIN LUTHER KING.

Capri

You can help

Editor:

Did you spend four hours looking for a magazine article in the periodicals section of the HCC Library and you weren't able to find it?

There is a solution!

Tell all the other HCC Library users not to take magazines without checking them out. Tell them to return each and every magazine they borrow. Tell them not to rip

the articles they like out of the magazines but to use the copy machine if they find an article they want to keep for their very own.

Tell them not to let the borrowed magazines fall into rain puddles and other nasty places.

After all of the library users begin to follow these few guidelines, you will always be able to find that article your instructors told you to read and it will be in readable condition.

The Library periodicals staff

Note of praise

Editor:

Too often the hard work and many talents of the Classified Staff are unnoticed, unpraised and unknown. I should like to praise a few persons — namely, Betty Malkuch, whose organ playing and singing at the Faculty Staff Brunch made it a

memorable occasion. We all thank you, Betty, for sharing your riches with us.

Next, I feel that the whole Food Services group should receive some recognition for the fabulous brunch they put out for us. They never know for sure how many people will come; yet there is always plenty of excellent food for all.

P.V.

Calculator aid

Dear Students:

Did you get a new toy for Christmas called a pocket calculator? We'd be glad to help you figure out what all those buttons do. We're not experts, but we like to play with them, too. If you'd like some help, make an appointment with the secretary in faculty building No. 18 to see us.

Brian Hogan
Dick Plagge
Ed Morris

commentary

A cheesy rip off

by Jan Allianic

For hungry students on Highline's campus the cafeteria is the common gathering place where one fulfills a raging and sometimes agonizing appetite.

I have found the food served at the cafeteria, thank goodness, is edible — nothing to "drool" about. By the same token neither are the prices.

One day I paid 70 cents for a piece of American cheese melted between two pieces of bread — the popular grilled cheese sandwich.

Upon sinking my teeth into the cheesy concoction my eyes focused upon the price board — I had been ripped off!

For 60 cents I could have had a hearty cheeseburger. Past experiences reveal this American favorite consists of a piece of cheese combined with a hamburger patty all grilled between a bun and smothered with a glob of lettuce and ketchup and mayonnaise. Perhaps there is a valid reason for the price difference, but from a consumer's viewpoint one can't help but

wonder about the good old saying, "you get what you pay for."

It's difficult to conceive why a sandwich consisting of just a piece of melted cheese would cost more than a cheeseburger. Inevitably other prices should be questioned.

Tea, no matter what the cup size may be, costs the same — 15 cents. However, I fail to see the consistency of the coffee prices applied to the two different cup sizes offered — small, 14 cents; large, 24 cents.

Can this be considered fair pricing?

Too, as I mentioned earlier the food quality undoubtedly will not win any sophisticated culinary awards. Edible, yes — A winner for the palates, — a definite no!

Perhaps Highline Community College should consider an institutional cooking program. The food prepared by the students participating in this program can then be served in the cafeteria thereby upgrading the quality of food and presenting a more selective menu.

It seems to me that price control would also be an integral segment of this food program.

Is there any reason why a program as such has not yet reached our campus?

Considering the rapid growth pattern of HCC since its inception, surely the addition of a food program would by no means be unprofitable to anyone. It offers training for employment in a challenging and interesting industry. And, definitely, the program will enhance the appetites of many hungry students and faculty members — and let's not forget — the administrators too.

editorial

The two dollar bill is back

One of the perennial complaints heard about the government is its penchant for spending a lot of money. Sometimes it seems that every time you turn around someone has found another way to spend what the taxpayer earns.

This time, though, somebody has switched things around, and started saving us money. The two dollar bill is coming back.

Starting April 13, the two dollar bill will be available for the first time since 1966. The re-issue of the bill will result in a savings to the Federal Government of \$4-7 million per year, and a total savings to the Federal Reserve System of approximately \$27 million (in 1976 dollars) over the next five years.

This is, as the cliché goes, an idea whose time has come. One dollar bills now account for about 55-60% of all the U.S. currency produced. The two dollar bill will gradually replace approximately one half of the existing one dollar notes. Thus, we save money by reducing the total number of currency notes needed.

Besides the saving of money, the new bill should succeed where the old two dollar bill failed. One of the main reasons the old issue failed was that not enough were printed to assure wide availability, and public interest faded. Four hundred million of the new bills will be printed per year, an increase of 60 times over the average annual production of the old bill.

Here comes the two dollar bill... a former failure that should work this time.

Student count up - up - up

As of Jan. 7, Highline's Winter Quarter enrollment stands at 6,289. That's 343 more students than Winter Quarter 1975 and an 1,097 increase over 1974's total.

During Fall Quarter, a record 8,997 students were enrolled, an increase of 577 over last year.

Included in the head count were students attending Highline's 20 off-campus sites.

A breakdown of enrollment into sex and age categories is not complete for this or last quarter as yet. A recount now being done will be available later.

HCC covered by HEW Title

Highline is one of many colleges covered by Title IX, "Prohibiting Sex Discrimination in Education," in both educational opportunity and employment. The law and Highline College policy covers students and current employees as well as applicants for college admission or employment.

Inquiries regarding Title IX at Highline College may be directed to Jesse M. Caskey, Dean of Student Services.

Nation's enrollment up

An estimated 11.3 million students were enrolled in the nation's community colleges, colleges and universities during Fall Quarter according to the U.S. Department of Health, Education and Welfare.

Of these, 36 per cent were in community colleges. In Washington community colleges, eighth day Fall Quarter enrollment was up 12 per cent over that of fall 1974.

The Thunder Word is a bi-monthly publication designed as a learning experience for journalism students and a communications medium for the entire campus. The opinions expressed herein are not necessarily those of the college or its student body.

The Thunder Word office is located in 19-107.

Editor Becky Morris
Associate Editor Greg Bennett

Department Editors

Arts and Entertainment Dave Bradley
Sports Greg Bennett
Photographers Larry Steagall, Terry Sell
Reporters Terry Sell, Larry Steagall, Jean Olson, Bette McCullom, Larry Russell, Jim Osmundsen, Bob Miller, Bill Kelly, Larry Swetnam, Carole Feller, Mary Sachs, Stella McNutt.

Tuition hike calls for a lobby

College students at Highline and throughout the state are planning groups to lobby against a proposed community college tuition hike discussion set for the current session of the state legislature.

This issue meets with much opposition from students who already face an increasing cost of living because of inflation and high taxes.

Elmar Zemgalis, math instructor at HCC, said that the faculty supported the students in their last attempt to keep tuition down. However, he feels that they may not be supportive this time. This stems from the fact that raises in their salary would become more likely if tuitions increased.

Anyone interested in forming a lobby group to hold tuition down should contact Mary Sachs, student senator, in the Student Programs office as soon as possible. The group will go to Olympia later this month to lobby against tuition hikes.

Other groups participating in the effort will include the Council of Representatives and Presidents — for community colleges (CORP), Student Washington Education Association (SWEA) and other student lobby groups.

All students have a stake in this issue. All are encouraged to participate — support is much needed.



QUARTER'S END . . . This is the snowshoeing group at Mt. Rainier. From left, back row: Marge Kennedy, instructor; Doug McAlpine, Pat Ashcraft, Gail Eckler, Penny Goodner, Robert Spendlove, Leslie Hays and David Gangloff. Seated front: Lucile McCollum, Rick Buffon and Betty Jackson.

Student spirits soar

It is pleasing to come to quarter's end.

The students from Marge Kennedy's Developmental Studies Class would doubtless attest to that as they gathered at "The Lodge" near the entrance to Mt. Rainier to mark Fall Quarter's end.

It was a sort of "thank God it's over" celebration where the students who had shared classroom activities could relax together in a congenial atmosphere of good food, games, fireside gatherings and outdoor activities, Ms. Kennedy said.

The weather cooperated by providing bountiful snow for such activities as hiking, sledding and snowshoeing for the three-day event, she said.

Ms. Kennedy's students have come to regard this trip

as a tradition — Spring Quarter also terminated at "The Lodge" — and are already anticipating and making plans for this quarter's gathering, she said.

The Developmental Studies Program has classes in textbook reading and study skills, rapid reading and vocabulary, spelling and grammar usage which afford close contact between student and teacher and the students with one another. This makes a congenial atmosphere for learning, Ms. Kennedy said.

It also makes for friendly spirits and makes learning a pleasant experience, she said.

"The weekend at the mountain lodge seems a fitting climax to an enjoyable quarter of learning."

Moving time

Building A opens

by Bill Kelly

Building A of Highline's new Occupational Complex has just opened. Not all equipment is in yet, but classes are under way.

On floor one are the Automotive Services and Small Engine Repair areas. Automotive Services, with \$33,000 worth of new equipment, was patterned after a similar program at South Seattle Community College. Engine Repair students will be working with motorcycle, lawnmower, outboard, snowmobile and other small engines.

The new Dental Assistant program may soon be this state's best, according to its instructor, Ms. Carol Cologherou.

"It will be very well equipped. Our clinical area will have eight dental units as well as two x-ray units, a darkroom and office areas. We have a lot of space."

In the classroom-lab students will be instructed in dental assistant procedures using dental mannequins. The program takes four quarters.

Nursing and Respiratory Therapy has 32 slide and color TV cassette units, and fine learning facilities. Students learn by the audio visual units, then are evaluated and go on to the next steps in the program. Students spend 12-16 hours a week visiting hospitals.

On the top floor are a Graphics Area and Business Occupations classes.

Margaret Powell, Business Occupations director, explained, "We have five classrooms and an accounting lab with several models of electric typewriters and electric calculators. We are delighted with our adequate storage space and we look forward to being able to function effectively in our all self-contained new quarters."

Evening classes are also scheduled, for people already in business.

A Word Process Center is planned for the Business area, in which special typewriters will be programmed to type numerous copies of letters at a fast speed. Then names and addresses can be added by a typist.

Building A also contains a spacious auditorium. Throughout the structure color has been added to the architecture, and many rooms are carpeted. As in Building B, classrooms are soundproofed against airplanes. A brick plaza joins the two buildings, and landscaping is being started.

Metcalfs go to Egypt

Robert Metcalf and his wife, Anita, left HCC for Cairo, Egypt during the Thanksgiving weekend. Metcalf will be working for the Boeing Support Service International, a subsidiary of the Boeing Company for a year or more.

Assigned to Egyptair, he will be part of the Technical Support Team as an air cargo expert.

While in Egypt, the Metcalfs will learn the Arabic language, customs of Egyptian life, and will travel around the country.

He has been teaching at Highline for 5 years and has been the head of the air transportation programs for 3 years. His wife has been teaching at HCC for about 1½ years.

J.K. Gill

for engineering,
science,
business,
statistics
powerful calculators

To compete in your chosen field, make use of a calculator that has all the mathematical functions you need.

Hewlett-Packard, Texas Instruments, Litronix — the leaders in solid state electronic technology — offer wide choices in specialized functions, all at J. K. Gill.

TEXAS INSTRUMENTS

SR-50A

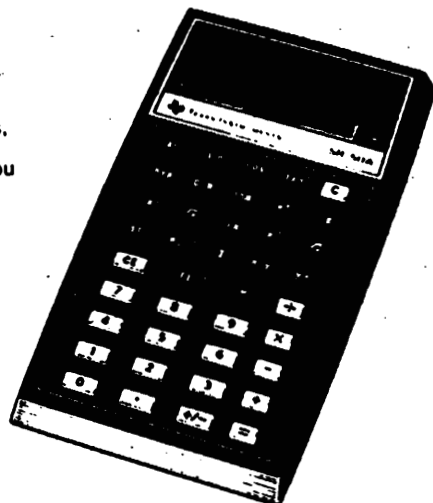
- all classical slide rule functions
- 40 keys, performs logs, trig, hyperbolics, powers, roots, reciprocals, factorials
- algebraic entry system works the way you think, lets you key the problem just as you would state it
- DEG/RAD switch and angle change key
- with manual, adapter/charger, carry case with loop

NEW LOW PRICE **\$79.95**

SR-51A

- super slide rule
- linear regression, mean, variance, and standard deviation in addition to logs, trig, and other slide rule functions

NEW LOW PRICE **\$119.95**



The staff at J. K. Gill is trained to help you pick the best calculator to fit your needs.

No risk. When you buy a calculator from J. K. Gill, you get a 15 day exchange privilege. In case you change your mind And J. K. Gill's own 30 day guarantee to replace defective machines over the counter. Backed by J. K. Gill's 108 year reputation.

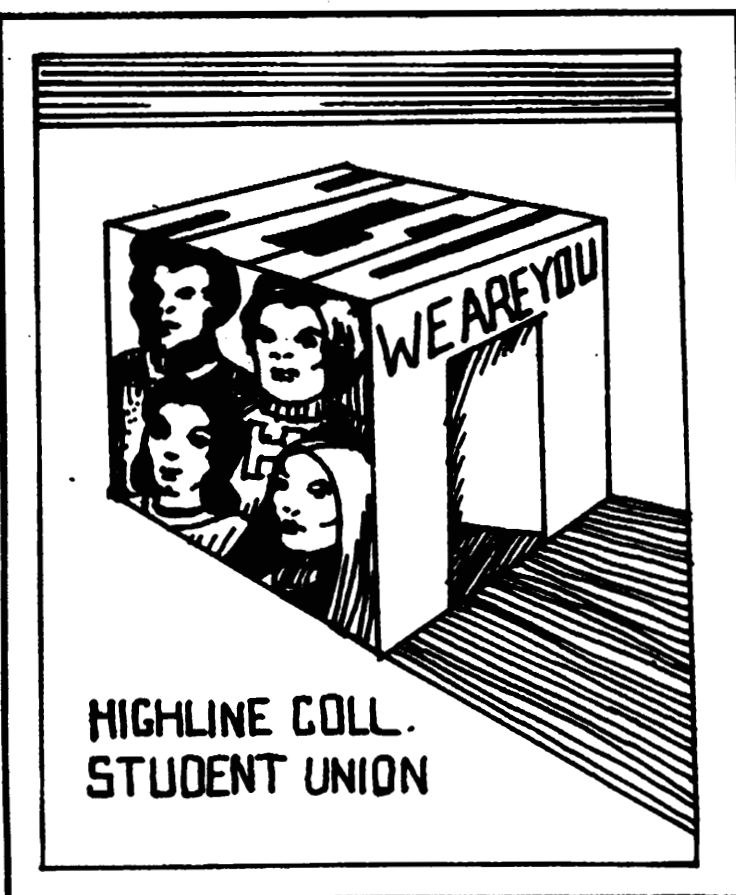
SEA-TAC MALL 839-1852 SOUTHCENTER 246-5080

TACOMA MALL 475-1921

open evenings and weekends

SINCERE...

...and conscientious young men and women seeking to better mankind. Living expenses provided, opportunity for travel, extensive leadership training. Call 9 a.m. to 5 p.m. **525-4854**





JO KISLING

story and photos
by Carole Feller



THE FIRST...Mrs. Kisling's first drawing came from a scene outside her window.

Paralysis doesn't stop artist

Have you ever wanted to do something creative, but never had or took the time?

Jo Kisling felt that way until one day when she had the time. The only problem was, by that time she was paralyzed.

Mrs. Kisling is a quadriplegic. She resides at the Sea-Toma Convalescent Home in Des Moines. She has made her home there since 1966 after she was involved in an automobile accident which left her paralyzed in both arms and legs.

This didn't stop Mrs. Kisling. She taught herself to draw and write poetry with her own hands. "I keep busy at my work for the exercise," says Mrs. Kisling.

She said she first started drawing nature's beauty such

as flowers, birds and trees. "In high school I got interested in botany and I guess it has stayed with me."

She says that she is a little afraid of drawing humans, but someday she will probably try it. Mrs. Kisling says that most of her work takes around two weeks to complete. Drawings take longer if she is not totally satisfied with an idea. Her supplies for her colorful drawings are basically felt pens and oil crayons.

Mrs. Kisling has a unique way of drawing. "I hold the pen in my right hand with my left hand on top for guidance. My movements come from my shoulders," she said.

She has never considered drawing by using her teeth. "I just don't see how those people can coordinate their head to move that way."

Mrs. Kisling feels that she has two styles of drawing. One is with ink which gives a poster effect. The other is with pencil or oil crayon where shading is easier.

Mrs. Kisling, 59, has been a resident of the Seattle area since she was 4. She has four grandchildren. In 1955 she attended the State Rehabilitation Center in Puyallup to learn to write. Other achievements include writing two books of poetry that she keeps by her bedside.

She has sold some of her work, she says. "... it took me two years before I was finally able to earn enough to buy my television."

She lives in a room with a warm atmosphere. From a picture window overlooking the Puget Sound area, she gets many ideas for her drawings.

Author's note: In one way, Jo Kisling is fortunate. She has had the opportunity to do something in life that she has always wanted to do and she does it well. Drawing and writing poetry are talents most do not acquire in a life time, but to have the talent and yet overlook the frustration of being paralyzed is demanding and satisfying. How gratifying to accomplish a feat of this nature. We at HCC take our hats off to you!



PUGET SOUND...Idea for this drawing comes from the artist's window view.



FLOWER INTEREST...The flowers pictures are colorful. The drawing is done with felt pen.

Children and parents learn together

story by
Bette McCullom

photo by
Larry Steagall

When asked at what age the education of a child should begin, Oliver Wendell Holmes replied: "One hundred years before the child's birth."

The Childhood Education and Parent Education Programs at Highline Community College are not concerned with education which goes as far back as Holmes implies, but provides training for people working with children in their earliest years.

These two programs are separate. The Childhood Education Program is designed to prepare students to become preschool teachers, day care assistants, or home day care mothers. The college offers both a one-year certificate and a two-year degree program.

The one-year certificate program is usually for students having more past experience with children. The two-year program meets the requirements for either an associate of applied science degree or with additions, an associate of arts degree with a major in Childhood Education.

The Parent Education Program gives parents a choice of plans. One is designed to provide skills for parents who volunteer in the college supervised Parent Cooperative Preschools off-campus. These preschools are non-profit, organized by parents, supervised by college advisors, and located in community churches or schools.

The preschools serve as a laboratory to help parents learn techniques in guiding young children. They also provide supervised learning and social experience for the children.

A second plan provides classes on campus for parents who desire more knowledge about the development of their infants and toddlers. An



MOM, DID YOU HEAR THE ONE ABOUT ... Connie Egger enjoys a moment with her son, Mikah, while attending the infant class.

or five years ... set the stage for their development," she said.

Ms. Bramel spoke with feeling when saying, "Families need support and help in constructive ways of working with children."

New ideas and techniques are used in these programs to give preschool teachers and parents the help they need.

She said, "Children need

High and Mt. Rainier Senior High in the Highline School District, then was the Home Economics Coordinator for that district.

Charlotte Silverman, coordinator of the preschools, explained that classes for the Parent Education Program are being held for the first time on campus in the new occupational building (number 23). They were formerly in the Cooperative Preschools in the community.

"The new classroom is stimulating and well equipped. It's an ideal situation...cheerful and uncluttered," she said.

Ms. Silverman added that a special feature of the new multipurpose classroom is the observation room separated by a one-way mirror. This is designed for use by classes and parents who wish to observe the children.

She is enthusiastic about other features in the setting. A kitchen alcove with a stove will encourage cooking experiments by parents and children.

An enclosed sick room for isolation opens into the area. In the bathroom extension, the fixtures are low-hung to benefit toddlers.

"An adjacent outside court will provide a play area for nice days when it finally stops raining," she added with a smile.

Ms. Silverman's work is primarily on campus, but one of the people working under her is Jackie Krutz, advisor for three of the Cooperative Preschools.

She is a graduate of the Childhood Education Program here and is presently

completing her B.A. degree through the Human Services Program at Western Washington College.

In addition to supervising several preschools, Ms. Krutz teaches a toddler class on campus.

"I am impressed with the amount of time parents give and the interest they have for the preschool program. I enjoy being with them very much," she said.

A visit to the colorful new room during an infant-parent class is interesting and full of surprises. Colorful mattresses on the floor are the center stage for crawling babies and attentive mothers.

Mary Coates, the infant class teacher, said, "I love being here. The facility is fantastic."

Her degree in sociology and

background in early childhood education have prepared her to lead the informal discussions in the class.

"Parenting is a full time job. For so long no real training was given. Especially for new mothers, I feel these classes are very supportive," she said.

Her interest and kindness are evident as she finds a snack for a crying baby or listens intently to a mother.

"This is an extremely rewarding job. I get as much out of it as I hope the mothers and children do," she said.

Future hopes for the Parent Education Program include an evening preschool in the new area. This will benefit working mothers and fathers who are unable to share a day-time class with their children now the administrators say.



FAULTY CONNECTION ... Lee Carstensen, 6 months old, and Carla Wallace, 9 months old, seem to be connected by a plastic line.



CLASSROOM IS INFORMAL ... Mothers and babies in the infant class listen to Mary Coates, teacher, (back to camera) while she explains the class routine.



THIS IS THE SICK ROOM? ... Anne, daughter of Carol Novotney, tells Mary Coates, teacher, a tale of woe while resting in the sick room adjacent to the new multi-purpose classroom.



ITSY BITSY SPIDER ... Mary Coates, teacher of the infant class, sings with Carol Novotney and her daughter, Anne, 9 months old.

interesting aspect of these classes is that the children accompany their parents and are involved in the experience.

Sally Bramel, division chairman for Service Occupations, which includes Childhood Education and Parent Education, has been at HCC for nine years.

"I am convinced that what happens to little children is the key to the world and that events in their lives up to three

solid self-esteem and a sense of worth along with skills so they will be ready to learn in kindergarten."

She added warmly, "Children need more contact with human beings than they're getting. They need plenty of mothering from a caring person... if in a setting other than home, enough adults to provide that caring."

Her beliefs are a result of her education and experience as a mother and teacher. She has taught at Cascade Junior

arts and entertainment



COFFEE HOUSE ... Feather Stone, a jazz quartet featuring two men and two women, performed Jan. 8 in the HCC Lecture Hall. The band has been together for 15 years with L.A. as their home base. Feather Stone plays conventional jazz by Hoarce Silver, Dizzy Gillespie, and Chick Corea. The group is headed by Barney McClure.

photo by Larry Steagall

Filmdom's best, worst in record breaking year

by Dave Bradley

The year 1975 has come and gone. Those in the motion picture industry are looking ahead to Oscar night. Those in the reporting field are looking back and compiling lists of the best and worst films for the year that was.

Last year saw the return to the screen of several of film's top notch actors: Jack Lemmon in "The Prisoner of Second Avenue," Peter Sellers in "The Return of the Pink Panther," Robert Mitchum in "Farewell, My Lovely" and "The Yakuza," Alan Arkin in "Rafferty and the Gold Dust Twins" and "Hearts of the West," and Jack Nicholson in "The Fortune," "Tommy," "One Flew Over the Cuckoo's Nest" and "The Passenger."

"Jaws" was the news-maker of the year. Receipts are still coming in, but, as established months after its release, "Jaws" is the top money grossing picture of the past year. It is also the all time top money grossing picture ever made, bringing in well over \$200 million.

Good things can't be left alone. With the success of "Jaws" as it is — a sequel, "Jaws II," is going into preparation. What more could

evolve from the original has many people stumped. If that isn't enough, "The Exorcist II" will be released later this year.

Like previous years and years to come, 1975 had its worthwhile, meritable and best to forget films to offer. The following are what I felt were the 10 best and 10 worst motion pictures:

"The Day of the Locust"
"One Flew Over the Cuckoo's Nest"
"The Return of the Pink Panther"
"Jaws"
"The Wind and the Lion"
"Tommy"
"Hearts of the West"
"Farewell, My Lovely"
"The Man Who Would Be King"
"Lies My Father Told Me"

Others worthy of credit: "Conduct Unbecoming," "The Prisoner of Second Avenue" and "Dog Day Afternoon."

Worst offerings were:

"The Ultimate Thrill"
"Escape to Witch Mountain"
"Rancho Deluxe"
"The Yakuza"
"Breakout"
"Bug"
"Brannigan"
"The Fortune"
"The Reincarnation of Peter Proud"
"Rafferty and the Gold Dust Twins"

It is quite likely that several of my best film choices will be vying for an Oscar come this March and it wouldn't surprise me if one or two sweep up most of the awards.

"Animal Crackers" will not be in your soup, but instead in the Lecture Hall when The Marx Brothers star in this 1930 film Jan. 28. Show time is 2, 5 and 8 p.m.

tid bits

Contest...

Are you a shutterbug? If so, HCC cordially invites you to enter their second annual photo contest.

Pulitzer Prize winner and Photo Editor of the Seattle Times, Jerry Gay, will be on hand to judge the photos on Jan. 30.

All photographs must be submitted between Jan. 19-23 in the Student Programs Office. The photos will be displayed in the Student Lounge from Jan. 26-30. Only black & white or color prints up to 11 x 14 inches are eligible.

Categories for the contest are: sports action, scenic (nature), mood, portraits, animals, nudes, and special effects.

First and second place in each category receive a ribbon. A \$10 prize will be awarded for the best black & white and color pictures.

New revue...

"First Person," a dramatic revue written by student Tom Murphy, continues its run at Seattle University's Teatro Inigo through Jan. 24.

The production, appropriately titled, is performed entirely in the first person, with various characterizations adapted

from well-known American poetry and fiction.

Specific selections in the revue include Mark Twain's "Diary of Adam and Eve," Tennessee Williams' "Cat On a Hot Tin Roof" and Joseph Salinger's "Catcher in the Rye."

Curtain is 8 p.m., with admission at \$2.00.

Evolution...

"Footprints In Stone," a new documentary motion picture depicting a research team's battle to learn the secrets of Texas' fastest flowing river, the Paluxy, will be shown at the Inter-City Baptist Church, Sunday Jan. 25.

The film's high point is the team's discovery of human tracks in the same rock stratum as those of dinosaurs. Many scientists say this amazing find shatters the evolutionary time table as presently accepted and taught throughout the country.

Discussion, questions and refreshments will follow the showing which begins at 6 p.m. For further information contact Bob Taylor, HCC alumnus, at CH 3-5662.

Play chosen...

Christie Taylor's drama

department will produce the Moss Hart, George S. Kaufman play, "You Can't Take it with You" for their Winter Quarter effort.

The three act play, first staged in 1936, continues to be a favorite among theatre goers.

Opening night is scheduled for March 4 with additional performances on March 5, 6, 11, 12, 13.

Arena boogie...

The 1976 concert season gets into high gear this Wednesday with a full night of boogie as the J. Geils Band and Foghat return to the Seattle Center Arena. An up and coming powerhouse from the east coast, Head East, opens the show at 8 p.m. Tickets are available at Fidelity Lane.

Zany antics...

The Skid Road Theatre continues its run of Stephen Sondheim's musical, "A Funny Thing Happened On The Way To The Forum," through Jan. 24.

One zany antic follows another as Pseudolus, a Roman slave, attempts to gain his freedom from his young master in this comedy production.

Aikido demonstration here

Mary Heiny, a third degree black belt, will give a demonstration in the martial art of Aikido, Jan. 21, at noon in the Lecture Hall.

Ms. Heiny instructs a course in Aikido in California. In Aikido the opponent's mind is controlled before he is faced, she says.

"That is, we draw them to ourselves. We go forward in life with this attraction of our spirit and attempt to command a whole view of the world."

Ms. Heiny first saw Aikido when she went to the world headquarters dojo in Tokyo.



Chief Antelope
Cherokee Tribe
Okla.



Chief Antelope

Local pianist, actor enrolls as student

by Dave Bradley

He dons white man's clothes for back to school. College for most students is the first step in the quest for that "certain" career, but not so in the case of Chief Antelope, whose own career started at age 3.

The chief has an interesting background as an entertainer, which began with his age-3 performance of "Jingle Bells" played from memory on a school organ. He encountered his first audience then.

Chief Antelope, hereditary and last chief of his Cherokee tribe from Oklahoma, has appeared as a pianist on both the Bob Hope Show and the Lawrence Welk Show — he toured with the latter for three years.

He recalls vividly the day the Welk tour bus stopped in front of his house and Welk himself invited the chief, then 17, to join his tour, but to the chief's dismay his father would not let him go.

The chief appeared and was a two time winner on the old Major Bowes' Original Amateur Hour radio show and locally has been on the J.P. Patches Show.

Chief Antelope, not only possesses skills as a pianist, but is also an accomplished actor. He has appeared in several motion pictures with Elvis Presley, most notably "A Day At The Fair" filmed at the 1962 Seattle Worlds Fair and more recently in "Northwest Passage."

M-G-M will soon begin filming "The Last Chief On My Reservation" in which Chief Antelope will star along with Chief Dan George and Sonny Sixkiller.

Also attending HCC this quarter along with Chief Antelope is Princess White Lily from a Mohawk tribe in New York. She often accompanies the chief on his tours and she too has appeared in both film and television.

Highliners will have the opportunity to view the chief in performance later this year as he participates in the annual Indian Pow Wow performing his traditional tribal dances.

He speaks tentatively of partaking in the newly established "Coffeehouse" program on campus sometime in the future, at which time his skills as a pianist could be sampled.

(See related story on page 11.)

After Bathing at Baxter's

Supergroup's 'Crime' highlights 1975 rock

by Larry Green
The year 1975 was a banner year for rock music. It was a year of new sounds, new artists, and new ideas. The music was more diverse than ever before, and it was more powerful than ever before.

One of the most interesting developments of the year was the rise of the "supergroup." These were bands made up of musicians who had already achieved success on their own, but who decided to join forces to create something new and exciting.

Bruce Springsteen is no saviour. He may be, but it only leads to a regression. Agreed, Springsteen is a clever songwriter, however, his lyrics cogitate weird fantasies that leave me on the floor laughing.

I do think we need someone half decent to bump Elton off the top. I've lost faith in him ever since his comment in the

question. Added to the list of musicians who have decided to join forces in the way, and since Stewart's already sparkling material, from what I've heard, the five other albums are even better.

Best songs: "School," "Hide In Your Shell," and "Rudy."

2. Al Stewart, "Modern Times." With this, his sixth album, it amazes me why he hasn't received more recognition. Added to the list of musicians who have decided to join forces in the way, and since Stewart's already sparkling material, from what I've heard, the five other albums are even better.

Best songs: "School," "Hide In Your Shell," and "Rudy."

2. Al Stewart, "Modern Times." With this, his sixth album, it amazes me why he hasn't received more recognition.

Best songs: "School," "Hide In Your Shell," and "Rudy."

3. Justin Hayward and John Lodge, "Blue Jays." Without a doubt, this duo was the driving force behind the Moody Blues. Free flowing music paired with soul searching lyrics, a Moodies trademark, are still evident in their sound. Now that Mike Pinder has joined them for a 1976 tour, they're something to watch out for.

Best songs: "This Morn-

ing," "When You Wake Up," "Remember Me, My Friend," and "Who Are You Now?"

4. Bob Dylan, "Blood On The Tracks." In my mind Dylan is the most important if not influential songwriter of all time. He alone upgraded the quality of pop music. Basically a protester, Bobby gets personal on "Tracks" and the results are splendid. The best album he's released this decade.

Best songs: "Shelter From The Storm," "Simple Twist of Fate," "Tangled Up In Blue," and "Idiot Wind."

5. Strawbs, "Nomadness." Once again, subtle madman David Cousins leads his Strawbs to another musical masterpiece. As usual, Dave

Lambert's guitar is eloquent. Above all, "Nomadness" proves that they can make a beautiful album without the addition of a mellotron.

Best songs: "Absent Friend," "A Mind Of My Own," "Hanging In The Gallery," and "The Promised Land."

6. Jean-Pierre Rampal and Claude Bolling, "Suite For Flute and Jazz Piano." You can take your second generation Rick Wakemans and do what you will with them, but these guys are masters. Flautist Rampal has 25 years experience notched under his belt. This may not be rock, but it's too good to be left unnoticed.

Best songs: All

Mature women return: from kitchen to classroom

At HCC, as at most campuses across the nation, mature women are returning to college in ever increasing numbers.

Figures from the HCC registrar's office show that of the total 8044 students enrolled this Fall, 1441 are women age 30 or older. Of this number, 29 are 60 or older.

Women give a number of reasons for returning to school. Some are here because they wish to prepare for entry or reentry into the labor force. Being divorced or widowed makes it necessary for some to prepare for employment.

The Legal Assistant Program, new this year at HCC, is one of the fields which has attracted a number of mature women.

May Hamilton, a student in the program, said, "I'd been looking for something interesting to do. When I read about the new Legal Assistant Program, I knew I'd found what I'd been looking for."

Director of the Legal Assistant Program, Dr. Henry Perry, says of mature women students, "They are highly motivated, anxious to learn, and keep the instructor on his toes."

"Mature students do have

them in solving life crises situations or in decision making. The course also helps some women decide what they want to do—it helps them sort out where they are going.

"Mature women students are here to find some answers for themselves and not because a parent or someone else thinks they should be in school," Ms. Utigard continued. "Their life experiences contribute much to a classroom discussion."

Many mature returnees start their trip back to academia in the counseling center, either with a counselor or workshop experience.



THE WORKSHOP EXPERIENCE . . . Lee Champagne, Kathy Snodgrass and Barbara Cashman are three among many returning to school who begin with workshops.



"TRY TO RELATE" . . . Counselor Alan Torgerson explains a point to Lee Champagne in the Family Problems Workshop.

Others return because it's the "right time," as children are older and family responsibilities are less time consuming.

Many women express a need for self-fulfillment. Elizabeth Bartlemay said, "For the first time in 20 years I'm thinking about what I would like to do."

Another student said, "I'm seeing women who are successful in many fields and I've been thinking maybe I could do something."

Many women express the thought that they have always wanted to return to college but just did not have the time during the years when their children were growing up.

One returnee said, "I'd thought about college for years and knew that someday I'd return. Last year I discovered a lump in my breast, which fortunately was benign, but it made me stop and think that if I didn't get it, someday might never come."

Mary Ludwig, a former airline stewardess said, "One of the nicest things about returning to school is that people seem to take me much more seriously as a student this time around."

an advantage — most have had some extra schooling," Perry continued. "Their life experiences give an advantage, too. Mature students who have returned to school are usually alert, intelligent people who have learned that education is a continuing process."

Expanding Horizons, initially designed as a Women's Studies course and taught by Sociology instructor Caryl Utigard, is another course that attracts mature women students.

The class presents experts in fields such as Transactional Analysis, Assertiveness Training, Contraception, Women in History, Women in Art, Sexuality and Communications, Job Search Planning, and Self Concept Development.

Ms. Utigard said, "A number of mature returning students choose this class because it offers many things of interest to them. It is a low tension classroom experience which makes it a good reentry into college life."

"Students write critiques of the various presentations and tell how they can use the information now or in the future. In many cases it helps

Ted Treanor, HCC counselor, said that many mature women express anxieties about returning to the classroom. "Along an anxiety continuum, they would represent all degrees from highly calm and confident to nearly incapacitated. The majority would fall somewhere between these two poles."

Treanor, in a paper on counseling mature women, wrote that many are concerned with surviving academically and being out of place with younger students. Financial aid and day care are of particular concern to some.

Eve McClure, another HCC counselor, also teaches a Career Development class for women. She sees returning mature women as being primarily in two categories; those who return with a particular goal in mind, and those who are seeking an alternative to what she terms "housewife syndrome."

Ms. McClure said, "Although many of them arrive on campus scared and anxious, mature women become capable, confident students."

After spending years as wife, mother and

homemaker, many returnees are faced with an identity crisis not unlike that of a person beginning college directly after high school. They wonder what they can do successfully, who they really are other than someone's wife and mother, and if their age is going to be a barrier when it comes time to find a job.

HCC provides services to help make the transition from kitchen to classroom easier. The counseling center offers counseling and workshops geared to the mature returning student. Career planning

classes fill a need for some who are unsure of their goals.

Betty Colasurdo, coordinator of Women's Programs, is planning a series of brown bag lunch programs. They will include speakers, movies and discussion. An exchange of feelings and ideas about being women in today's world will be part of the programs.

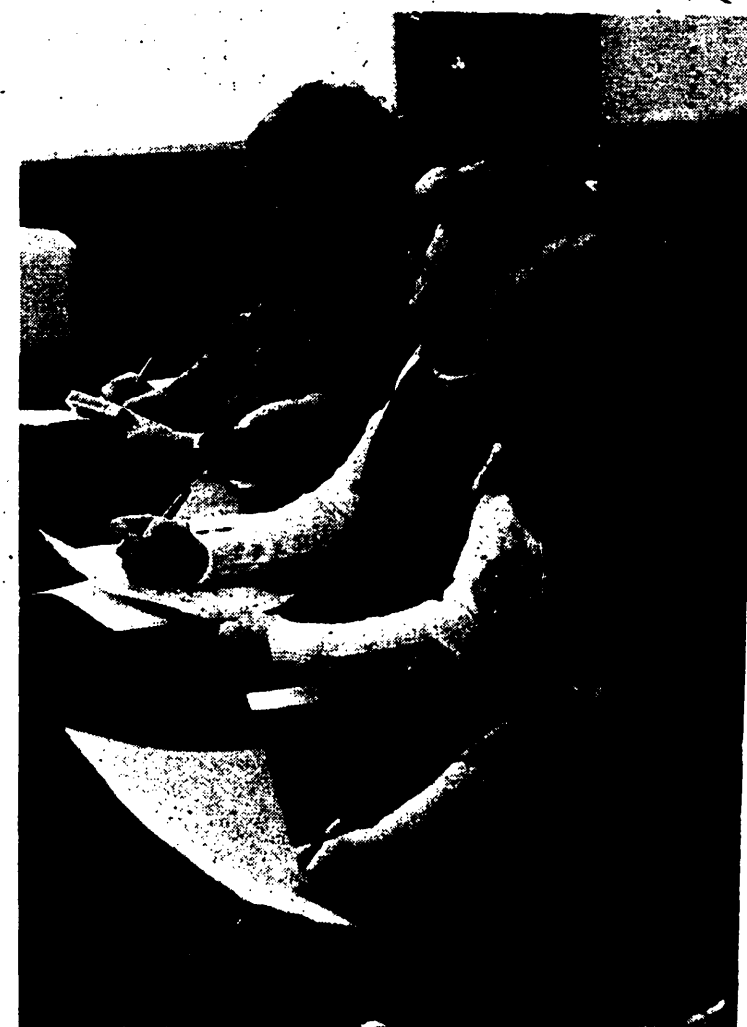
One woman summed up her return to school and career decision making this way: "I know it's tough being 18 going on 19 but it's even tougher feeling 48 going on 19."

STORY BY

STELLA McNUTT

PHOTOS BY

LARRY STEAGALL



SOLVING FAMILY PROBLEMS . . . Liz McDonough, Doris Nelson and Norma Luquette listen to family related problems and their solutions.

It had its ups and downs

World Series, Ali-Frazier and WFL in '75

In many ways it was a strange year, the good mixed in with the bad; tragedies, success stories, failures and record breakings, but all and all 1975 was a year that won't be forgotten in a long while by the millions of sports fans throughout the world.

The World Series was the best in many a year, Casey and the World Football League died, the mile was run in less than 3:50 and Muhammed Ali defeated Joe Frazier in the bumper match between the two fighters. More people were interested in and watched various contests and events than ever before. It was a good year.

To mention all the top sports stories and personalities of the year 1975 would be difficult, so to make things easier, I chose ten events and ten people that I thought were the top events and competitors of the year.

The following ten events are the ones that I consider to be the top stories of the year:

1. Joe Frazier — Muhammed Ali fight: It was the third fight between the two boxers and probably their last. Frazier won the first decision with Ali taking the second, and the third meeting was scheduled to be held in the Philippines. Ali declared it "thrilla in Manila." Frazier failed to show for round 15 as Ali won on a technical knock-out. Ali once again proved that he was the "greatest."

2. Ruffian-Foolish Pleasure match race: Ruffian, one of the most successful fillies of all time was matched up against Foolish Pleasure, winner of two of the races towards the Triple Crown. Ruffian was considered the favorite by many over the stallion and took an early lead in the match race. Down the back stretch Foolish Pleasure started inching up on Ruffian. All of a sudden Foolish Pleasure shot by the filly as Ruffian pulled up lame. Later that night Ruffian was destroyed.

3. World Series: The Boston Cincinnati Series was the most watched and exciting baseball events of history. The Reds captured the Series 4-3 in the climactic seventh game. World Series stars included Pete Rose and Carlton Fisk.

4. World Football League: After only a season and a half, the newest football league folded due to financial troubles. Key players out of a job until next season were Larry Csonka, Anthony Davis, Calvin Hill and Paul Warfield.

5. Steve Prefontaine's death: The great Oregon track star who won four cross country titles in succession and holder of many American records in long distance races, died in an automobile accident near Eugene. Prefontaine competed in, but never

won, an Olympic medal; one of the few goals he never obtained. He was only 24.

6. Golden State's NBA Championship: The Warriors of Golden State stunned everyone with its capturing of the National Basketball League's Championship. The Rick Barry led Warriors first knocked off Seattle, crept by Chicago and finally smashed Washington 4-1. Golden State wasn't even supposed to make the playoffs.

7. Pan American Games: The United States' team traveled to Mexico City and had its best showing in years. The US team dominated most of the categories and came back with more than twice as many medals as its nearest competitor, Cuba. The squad consisted of mostly unknowns.

8. North American Soccer League: The NASL had

its most successful season of its history as the league broke almost all attendance records. The New York Cosmos helped the cause by signing Pele, the worlds best recognized soccer player.

9. The Pittsburgh Steelers: Pittsburgh ended a famine of nonproductive years as it won the Super Bowl of the National Football League over the Minnesota Vikings.

10. Trades: It was a big year for trades as several big names went to different cities. In the NBA, Kareem Abdul Jabbar went from Milwaukee to the town of his college days, Los Angeles. Five other players were involved in the trade. Also in the NBA, Spencer Haywood was traded from Seattle to New York for a future first round draft choice and a big bundle of money. In baseball many players packed up their suitcase for another city with Bobby Bonds and Bobby Murcer making the biggest headline. Bonds went to New York while Murcer traveled to San Francisco. In hockey, the National Hockey League's two-time Most Valuable Player, Phil Esposito was traded along with Carol Vadnais to New York for Brad Park and Jean Ratelle.

The top ten personalities of the year are as follows:

1. Fred Lynn: Lynn captured the Rookie of the Year Award and the Most Valuable Player Award in the American League of Major League Baseball. Lynn led the league in runs scored (103), and in doubles (47), and was among the leaders in homeruns and runs batted in.

2. Rick Barry: Barry led the Golden State Warriors to the National Basketball Association crown. Barry averaged 30.6 per game and was among or led in several other categories such as steals, free throw shooting and assists. He was also named MVP in the playoffs.

3. Earl Anthony: Anthony broke his own mark of most money made in one year for a bowler. The Tacoma man took home over \$107,000 in earnings.

4. Jimmy Connors: Connors won over half a million dollars in 1975 playing tennis. The mean boy of the courts won several winner-take-all matches.

5. John Walker: The New Zealander stunned the whole world as he was the first human ever to run a mile in under 3:50. Walker ran the 5,280 feet in 3.49.4 at Goteborg, Sweden August 12.

6. John Wooden: Wooden led his UCLA Bruins to yet another NCAA basketball title. The winner of more college games of any coach in NCAA history announced his retirement before the season was over.

7. Archie Griffin: The Ohio State Buckeye won two consecutive Heisman Trophies, the first ever to do so in NCAA football.

8. Fran Tarkenton: Sir Francis broke the record for most touchdown passes in a career in the NFL and holds, or is on the brink of holding, almost every passing record in the NFL.

9. Jack Nicklaus: The premiere golfer in the PGA won both the Masters and PGA Golf Tournaments. His earnings for the year were \$291,849 and a career total of \$2,535,472.

10. Muhammed Ali: He is the greatest.



SUPER BOWL CHAMPS ... Franco Harris led the Pittsburgh Steelers to a win over the Minnesota Vikings in the Super Bowl.



MUHAMMED ALI ... "He's the greatest."



GOLF'S KING ... Jack Nicklaus was once again the player to beat in 1975.

A

GREG BENNETT

COMMENTARY

SPORTS

Commentary

Haywood deserves a break

by Jim Osmundsen

On Jan. 7 Spencer Haywood came to Seattle for his first visit in a New York Knickerbocker uniform. He was greeted with an even chorus of boos and cheers.

The Seattle Times featured a lengthy article, the same day, on Spencer's view of the trade and the treatment Seattle sportswriters and fans have dished out.

In the Times article written by Gil Lyons, Spencer contends, "Russell initiated the trade" and now feels he is being made into the villain of the deal.

He makes further accusations saying he was unappreciated by the Seattle fans and states he built the franchise here.

Some of his accusations have credence. He did bare the brunt of the blame when Seattle faltered, and when the Sonics won it was usually credited to a team effort.



HAYWOOD ... Imbedded in controversy.

Until last year he'd never had much of a team to back him up, and even then his personal performance was hampered by injuries. But Spencer played in spite of them, except for 14 missed games. That brought a charge that he was injury prone, an unjust accusation.

It's time to get off Spencer's case. He was a hell of a player for the Sonics and he did his damndest to help the team win. It's too bad he didn't fit into Coach Russell's plans.

I agree with him somewhat, he did just about build the franchise. So let's give Spencer the round of applause he deserves. He's earned it.

T-birds win one, drop one

Highline's wrestling team fought through its first meets of the new year last weekend, gaining mixed results. On Friday, Jan. 9, HCC beat Green River 29-15, but lost on Saturday, Jan. 10, to Grays Harbor 27-11.

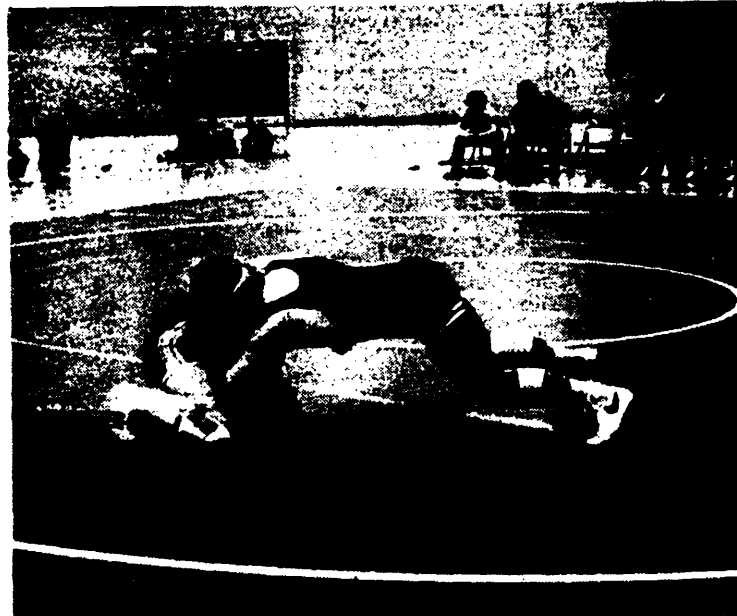
At the Pavilion on Friday, Coach Dick Wooding's charges won a close contest. The outcome was in doubt up until the very end.

Highline led by three points with two matches remaining, but successive pins by Ron Wallick, 190 lbs., and Gino Rau, heavyweight, wrapped up the victory.

On Saturday afternoon, Highline faced the Grays Harbor Chokers, a team Coach Wooding described as "...easily the class of the league."

Grays Harbor lived up to its reputation as they dealt HCC its first loss. Once again Hiromi Nara and Ron Wallick were victorious for the Thunderbirds, but the Chokers won six out of 10 matches en route to the victory.

Coach Wooding had no comment concerning the team's overall performance.



TAKEDOWN ... Highline's John Hardy struggles to gain control over Green River's Ronn Reimer. Hardy did get the takedown seconds later, giving him two points and eventually victory.

photo by Terry Sell

He did cite Nara and Wallick as "...by far our best wrestlers this weekend."

Highline's next meet will be here against Centralia Jan. 16.

Thunderbirds seek victory against Clark tomorrow

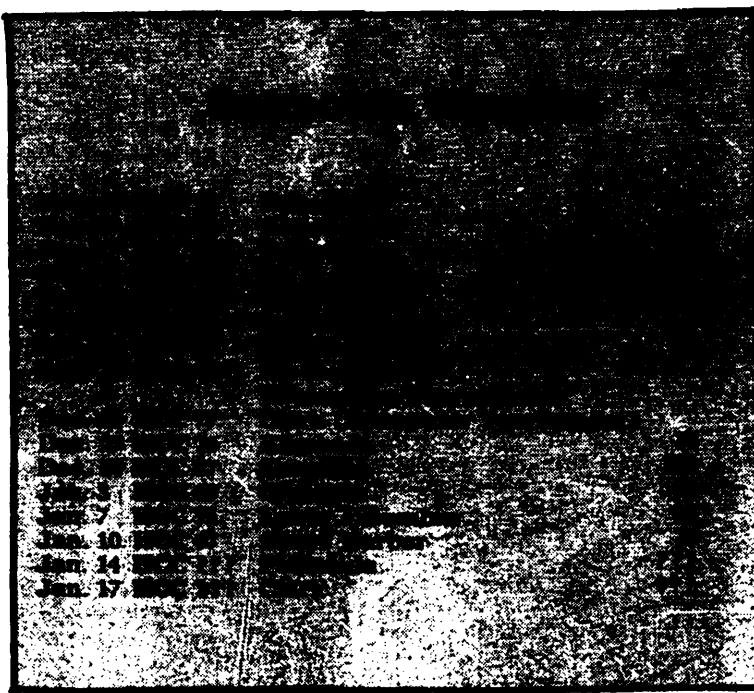
Highline's varsity men's basketball team is still looking for the right combination and consistency to get on the winning side. Going into last Wednesday's (Jan. 14) league game with Peninsula (results unavailable at press time), the T-Birds had one win and two losses in league competition and 4-14 for the season. Next is Clark at 7:30 p.m. tomorrow.

Highline earned their most important victory of the season Jan. 7 by defeating Lower Columbia Community College 71-69 here. The Longview team's loss to the Thunderbirds was their second of the season. The LCCC Red Devils came into the Midway contest with the best community college basketball record in the Northwest — 12 wins against one loss.

The T-Birds turned in a complete game by out-rebounding the Devils 43-35, outshooting them from the floor 50 percent to 49 percent, good positioning and following a consistent, pre-determined floor game.

Sophomore Gordie Wilmarth led the T-Birds with 23 points, hitting 11 of 19 from the field. Pete Mezich, HCC freshman, had his best game of the season. He scored 18 points, had six assists and grabbed five rebounds.

Freshman Ken Stratton played an excellent all-around game while contributing 12 points. Mark Stuckey, another freshman, dominated the boards and also played good defense. Stuckey ended the contest with 10 rebounds and 5 points.



Other T-Bird scoring included Mike Buckholz with 7 and Lyle Unwin with 6.

In league play, Highline lost their league opener to Olympic 69-89. Last Saturday night, HCC was knocked off by Grays Harbor 67-79.

The Thunderbirds meet Clark tomorrow in the Pavilion at 7:30 p.m. Highline defeated Clark, 77-73, earlier this season in the consolation game of Pacific Lutheran University's Rainwater Tournament during the holidays. They play Centralia here Wednesday (Jan. 21) at 7:30 p.m. and travel to Gresham, Ore. Jan. 24 to meet Mt. Hood.

The Highline College Women's Swim Team put forth a good display of strength Dec. 2 to sink the University of Puget Sound 76-53.

Led by the three individual wins of Shannon Birrell and the two each of Anne MacDonald and Kim Urquhart, Highline stokers won 10 of 15 events. Birrell easily outdistanced her opponents in both the 50 and 100 backstrokes, while also capturing the 200 individual medley. Urquhart won the 100 individual medley and the 50 butterfly.

MacDonald stretched ahead of teammate Lisa Broznowski for firsts in the 500 and 100 freestyles, breaking Birrell's team record of 58.3 by .17 seconds in the latter.

Broznowski added a win in the 200 freestyle to her two second places, and combined with Birrell, Urquhart and MacDonald for a victory in the 200 medley relay.

Shaunna Birrell took first in the 50 free and Christi Miller placed second in the one meter diving.

The men's team had its first taste of "serious" competition during the annual Alumni Meet Dec. 22.

Varsity swimmers swam away with the meet, mostly due to frequent disqualifications of alumni swimmers for such in-

fractions as false starts, improper stroke, failing to swim the entire distance and jumping on varsity competitors during races.

The Alumni were not all crestfallen over their loss, and retired to the Fireside Inn for a "victory" celebration and team meeting.

Despite the fun and games of the Alumni Meet, Thunderbird swimmers took advantage of relaxed schedules during the Christmas break and added a half hour to their already hour and a half long morning swim. The daily workout total for the day was four hours. The workout time was intended to speed the team along in its preparations for dual meets in January and early February.

The women's team swam against Washington State University Jan. 9 and combined with the men's team for a co-ed meet at the University of British Columbia Jan. 10, results for both meets unavailable.

Tonight in the college pool the men face The University of Idaho and the women swim against Seattle University. The nationally ranked University of Puget Sound Men's Team will swim here Jan. 20. On Jan. 27 both the men's and women's teams square off against Pacific Lutheran University at the college pool.

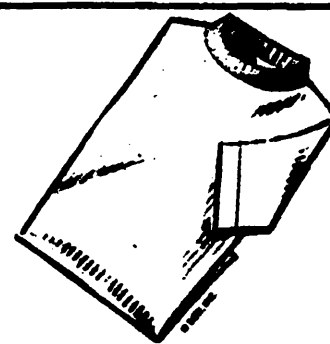
Tacoma's Sensation

Tacoma's pro bowler, Earl Anthony, became the first bowler ever to break the \$100,000 mark for one season in 1975.

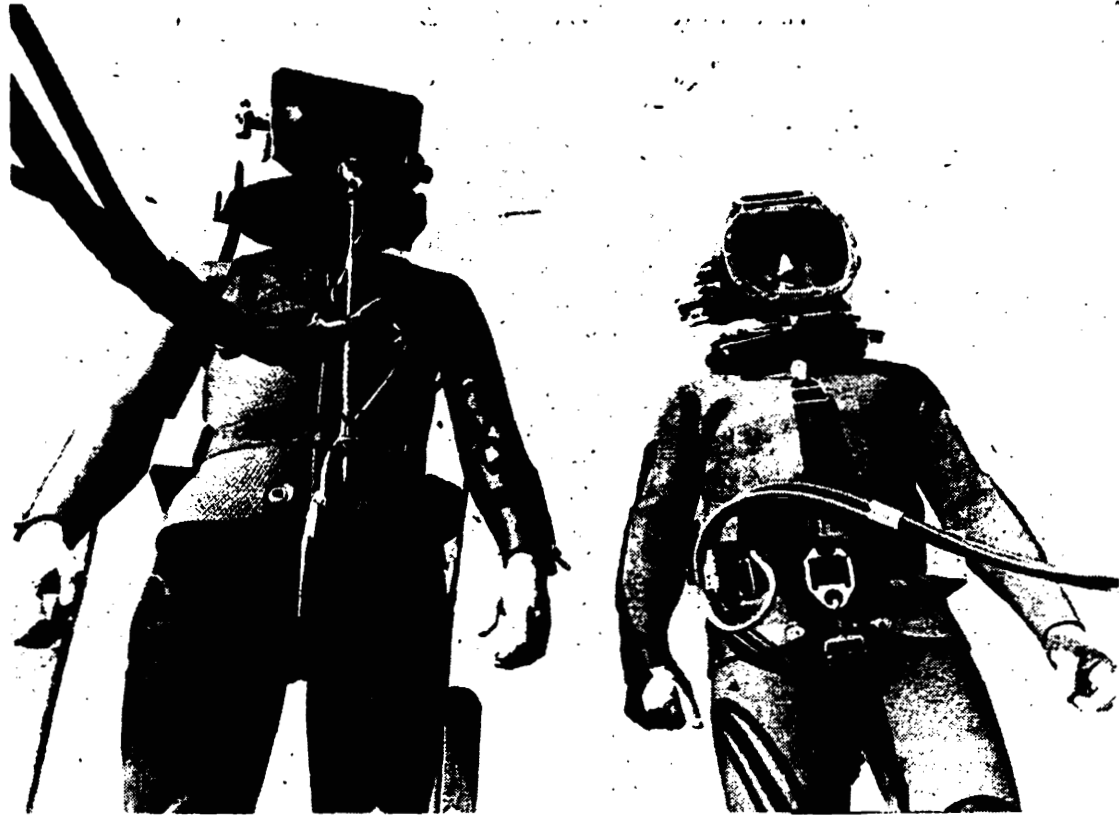
Pre-Inventory Sale

- Obsolete and old edition books
- T-Shirts
- Cards
- Miscellaneous Items

Highline College Bookstore



Diving at Redondo rolls on



WET SUITS ... They're the modern suits with light weight helmets.

by Mark Held

Be it rain, sleet or snow, HCC divers know where to go.

Once a day students of the diving technician program travel to Redondo dock, where Peter Williams and Maurice Talbot instruct them on the many procedures used in under water work.

"Diving is just a vehicle to the learning objective of this class. Training students to work efficiently and quickly while preparing them for job opportunities is the program's goal," explained second year student Brian Bourgois.

A first year student may not find the course as glamorous as expected. Engineering classes on construction theory, drafting, welding, math and english are all off the dock requirements.

Come Summer Quarter, divers will use the Navy mark 5 diving suit for the first time. It's a surface supplied air suit with a hard hat.

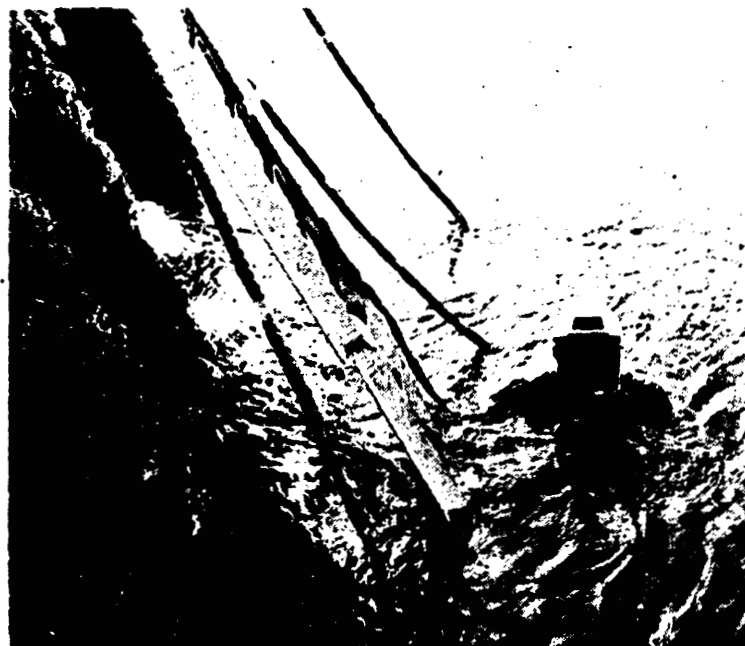
Photos by Arlene Perrin

The final three quarters of the program divers simulate oilfield work. Salvaging, welding and cutting are emphasized. "But the students must learn topside operations as well as underwater. We are taught seamanship and how to tender the pumps," Bourgois said.

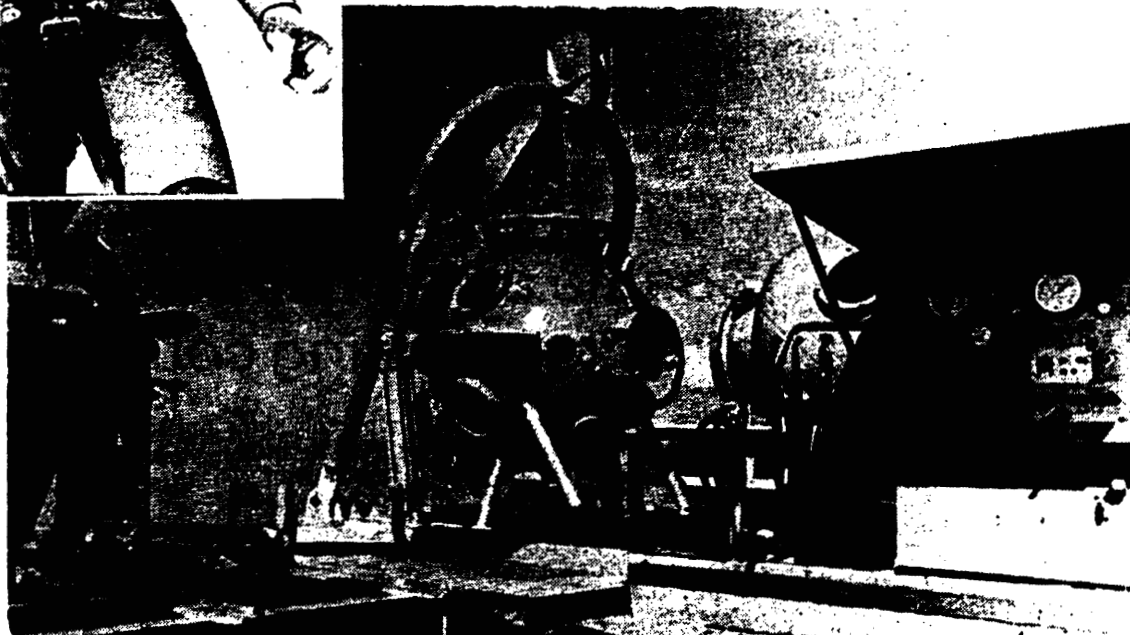
"In fact, after graduation I'll go to Louisiana and apply for an apprenticeship as a tender. The job includes operating the decompression bell and tending the pumps.

This way I'll gain the necessary experience to get a job as a regular diver," added Bourgois.

Students entering the program must already be certified scuba divers. It takes seven consecutive quarters to complete the course. Upon graduation divers become qualified assistants to engineers in the diving field.



IT'S A LONG WAY UP... And a long way down. Note the life support lines that are manned above on the pier.



PLENTY OF WEIGHT ... The Highline Redondo Pier was built to sustain the weight of the specialized equipment. In the center is the diving bell that normally holds a diver and a tender who stays inside. The decompression chamber and the control console is at the right.

Chief will lead sports



LAST CHIEF... Chief Antelope wears the arrows painted by the medicine man which depict him as a leader.

He has lived on and off reservations in many parts of the United States. He has served his country in war — but the arrows the medicine man painted on his face years ago will direct Chief Antelope's life.

The pattern painted will always stay, he says. It means that he will be a leader and that the great spirits are praying for him to be a great leader.

He has chosen athletics as his field of leadership.

"I know I can help these

... what the coach is talking about is right up my alley," he said in regard to the study he is now involved in at Highline.

Here the chief is enrolled in training procedures for coaching — track and field, first aid, basketball and football will eventually be covered. He will learn the concepts and techniques of each.

"I expect to go into high schools and eventually work in universities and as time goes on, in the professional field," he said.

Chief Antelope is the last of the Cherokee chiefs — their reservation is being dissolved. In his early years he traveled the country with his father, an employee of the Department of the Interior.

He was serving in the Pacific during World War II, when the Red Cross informed him of his mother's death. He wired back instructions for her burial in the area of her chosen home, Neah Bay. When he returned to the States, he chose to live in the vicinity of his mother's grave.

His choice of a coaching career comes despite considerable and varied experience in the entertainment field. (See related story in Arts and Entertainment Section.) But he says his career in athletics is a natural. His father was an athlete — his brothers and uncles were athletes and friends of the legendary Jim Thorpe. Now he is the only one left.

He was an outstanding athlete and all-star basketball player at Haskell Indian School in Kansas, himself, and has played both professional basketball and football. He even filled in for two weeks with the Harlem Globe Trotters.

"I thought I could do more good in athletics — show sportmanship — how to get ahead. Fundamentals I have taken myself that have helped me a lot — the teamwork concept — working together."

He spoke fondly of the Kinatchitapi Indian/Alaska Natives Program where he received his pre-college schooling. Donna Linstead directs the Federal Way School from which he graduated on Dec. 20.

The chief has already been involved in education. He has toured various schools to give talks on Indian culture. Lately, he has been assisting Indian students attain enrollment at Highline. He is known to many of them as the chief that made movies," he said.

It was an old chief, his grandfather who gave him his name, Antelope. He didn't like that name when he was young, he said. Now it appears boldly on his jacket.

He draws heavily on his Indian heritage — particularly one phrase:

"Do not judge your neighbor until you have walked a mile in his moccasins."

come over for lunch.

Different!
HOME MADE SOUP AND SANDWICH
Daily \$1.40 (for dinner)

Highway 101
Highway 99

**HIGHLINE
COLLEGE**

- HOMEMADE
PIES
- BANQUET
FACILITIES
- LIVE
ENTERTAINMENT
- DAILY
SPECIALS

TR 8-2727

Weekdays 11 a.m.-2 a.m.
Sunday 12 p.m.-10 p.m.

**BLOCKHOUSE
RESTAURANT**
22855 Pacific Hwy. So., Midway

Class raps rape myths

Women in the Highline community who take three hours of their time can learn information and techniques to improve their chances against rape.

A workshop in rape reduction, sponsored by Highline Community College Special Events and Women's Programs, will explode myths about rape and give correct information about self-protection for women.

Instructors for the workshop are from the Rape Prevention Forum, recommended by the Seattle Police Department as a skilled and knowledgeable team of women.

"If you can't say 'no' to a salesman, you can't say 'no' to a rapist," Linda Sanford, director of the Rape Prevention Forum, said.

The team teaches verbal skills in saying 'no' and ways to use their voices as a battle cry in case of rape.

The self-defense techniques are simple moves enabling women to get away and run.

The workshops will be repeated three different times in the community, and are free to campus and community women.

Times and locations are: Jan. 20, Federal Way High School, 7-10 p.m.; Jan. 21, Highline Community College, Gold Room, 1-4 p.m.; and Jan. 22, Highline High School, 7-10 p.m.

To reserve a place in the workshop, call 878-2020 or register in the Continuing Education Office on campus.

Tobey art at museum

In celebration of artist Mark Tobey's 85th birthday, the Seattle Art Museum is currently sponsoring an exhibition entitled "Tobey Portraits" through Jan. 25.

Tobey, one of the Northwest's most well-known artists, uses a variety of media to show various aspects of his own life in both self-portraits, and in portraits of others which indicate some of his interests, such as music and the Bahai faith.

Travel opportunities now open to students

Applications are being accepted now for young adults ages 16-19 who would like to spend a year in another country under the auspices of International Christian Youth Exchange (I.C.Y.E.) beginning the end of July, 1976.

The program was founded in 1955 and about 10,000 youth have crossed each others national boundary lines in this period of time.

The cost is nominal and hardly more than the expense of living at home or going away to school here in this country. The chance to live abroad for a year is a maturing experience according to those who have participated.

It is a good way to prepare oneself for that big step of a career decision. Exposure to



LIBRARY GUARD . . . The Totem posts and readerboard at the library entrance were carved by Indian students under the direction of Jim Ploegman.
photo by Arden Gremmert

Seattle artist instructs evening painting course

Miro Fitzgerald, Seattle painter, will instruct a beginning and advanced painting class Monday evenings. The class (CS 024) is offered through the Continuing Education Office's community service program and meets 7 to 10 p.m.

Fitzgerald said the class will concentrate on still life, portrait and abstract oil painting.

"Guest artists are scheduled as are slides showing the works of past and present masters," she added.

"An emphasis will be placed on individualized instruction," she said. "I'm interested in people who merely have been thinking about oil painting and now want to do something about that ambition."

Fitzgerald recently completed a 75-by-75-foot abstract mural on Seattle's Arcade Building at Second and University Street. Six of her paintings will appear in a two-

person show opening Jan. 15. For information about the class call 878-2020.

Try your summer vacation in Spain

Tarragona is a historical city and capital of the Old Roman Empire in Spain. It lies just south of Barcelona and is surrounded by various beaches on the Mediterranean Coast.

For the last 11 years, summer programs have been offered to students in the United States and Canada for travel to and study of cities in Spain, such as Tarragona. Last summer, 69 students from 28 different states departed from Kennedy Airport in New York and flew to Malaga and then to Madrid where the 11th summer program was held.

Thirty of these students visited Santiago de Compostela and Leon. They also crossed the Strait of Gibraltar

into Africa.

Plans are now in progress for the 12th summer school visit in Spain and the city of Tarragona has been chosen as headquarters.

Students who attend the program will have the opportunity of swimming in the Mediterranean every day and learning to speak Spanish as well.

Tours are being prepared to visit London and Paris, as well as Barcelona, Madrid, Toledo, Avila, and Valle de los Caídos.

Anyone interested should contact Dr. Arjibay Doreste at Augusta College in Rock Island, Illinois 61201, as soon as possible because space this year is very limited. Adios!

Counseling holds series

A new Counseling Center workshop series is being offered Winter Quarter. Each workshop is led by an HCC counselor trained in the specific area.

"Middle of the Mind," a workshop led by Alan Torgerson, has been changed to Wednesdays, and began on Jan. 14 continuing through March 10. Other workshops available

are "New Returning Students," "Ethnic Awareness," "Assertiveness Training," and "Coping with Stress."

Also offered are "Behavior Control: How to Deal With Fears," "Being a Woman: Here and Now," and "Encounter Group for Men and Women."

Information and sign up for workshops is available in the Counseling Center.



Rainier Bank checks are available in a wide variety of styles and colors.

RAINIERBANK
Member F.D.I.C.