Third CCC coordinator in five years

Reinhardt resigns, no warning

by Marc Rade

The position at HCC where the CCC has been promoted to "Coordinator of Student Programs" and included in the "Board of Trustees" was announced by Dr. Gordon. The position is said to be a new one, created to work with the CCC coordinator and the CCC director, to develop a program that will give students a better understanding of the CCC and its services. The position was created by the Board of Trustees and is new to the CCC.

The CCC coordinator position is a new one, created to work with the CCC director and the CCC coordinator, to develop a program that will give students a better understanding of the CCC and its services. The position was created by the Board of Trustees and is new to the CCC.

Dumpster funds buy time for patient

If you've been receiving the newsletter for a short while, you know that the dumpster has been a frequent subject. It's a regular topic, and it's not going away anytime soon. The dumpster is a popular topic because it's a good example of how the CCC coordinator is working to improve the CCC's services. The dumpster is a place where students can leave their trash, and it's a good example of how the CCC coordinator is working to improve the CCC's services.

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Education changes as student age increases

The number of older students is increasing, and the CCC coordinator is working to improve the CCC's services. The dumpster is a place where students can leave their trash, and it's a good example of how the CCC coordinator is working to improve the CCC's services.
letters

A dream

Editor:

Out of the bitter conflicts, corruption and turmoil of the sixties, there arose a man with a dream of love, hope and freedom... so great that it was to stand out like the Star Spangled Banner on the perilous night. The man, Dr. Martin Luther King, Jr., was swept up in a rhythm set by the times and through those tempest times. And lead did he up the streets of America, down the path of freedom for all.

Martin Luther King was to surpass the role of civil rights leader, to inspire all men to pursue life, liberty, human rights and dignity.

On this day we celebrated his birthday as Brotherhood Day, he would have liked that.

Let us not forget that he stood on a high pedestal, a personality acclaimed... and that he stood with the poor, the unprivileged and troubled people for the neglected basic rights of man.

Let us not forget that he was never afraid to speak out against those forces of fear, hatred, discrimination andmaterialism.

Let us not forget his non-violent stand for peace from war, equal employment, fair working conditions, adequate schools, fair housing and equal rights.

Let us not forget to work together for peace and harmony for only we can make that dream come true.

Let us not forget the true feeling of Brotherhood and the man who had a dream. DR. MARTIN LUTHER KING, JR.

Capel
You can help

Editor:

Did you spend four hours looking for a magazine article in the periodical section of the HCC Library and you weren't able to find it?

There is a solution! Tell all the other HCC Library users not to take magazines without checking them out first. Tell each and every magazine they borrow. Tell them not to rip the articles they like out of the magazine but to use the copy machine to make a copy of what they want to keep for their very own.

Tell them not to let the borrowed magazines fall into rain puddles and other nasty conditions.

After all of the library users begin to follow these few guidelines, you will always be able to find that article your instructors told you to read and it will be in readable condition.

The Library periodicals staff

Note of praise

Editor:

Too often the hard work and many talents of the Classified Staff are unnoticed, unpraised and unknown. I should like to praise a few persons- namely, Betty Chester, paymaster and singing at the Faculty Staff Brunch made it a memorable occasion. We all thank you, Betty, for sharing your talents with us.

Next, I feel that the whole Student Services group should receive some recognition for the fabulous Brunch they put out for us. They never know for sure how many people will come; yet there is always plenty of excellent food for all. P.V.

Calculator aid

Dear Students:

Did you buy a new toy for Christmas called a pocket calculator? We'd be glad to help you figure out what all those buttons do. We're not experts, but we like to play with them, too. If you'd like some help, make an appointment with the secretary in faculty building No. 18 to see us.

Brian Hogan
Dick Plagge
Ed Morris

commentary

A cheesy rip off
by Jan Allianic

For hungry students on Highline's campus the cafeteria is the common gathering place where one fulfills a raging and by Jan Allianic

bun and smothered with a glob of lettuce and ketchup and

is its penchant for spending a lot of money. Sometimes it seems

that every time you turn around someone has found another

are the prices.

One day I paid 70 cents for a piece of American cheese melted

For hungry students on Highline's campus the cafeteria is

I have found the food served at the cafeteria, thank goodness,

Upon making my teeth into the cheesy concoction my eyes

one can't help but

wonder about the good old saying, "you get what you pay for." It's difficult to conceive why a sandwich consisting of just a piece of cheese applied to the two different cup sizes offered

Criticized the rapid growth pattern of HCC since its inception, surely the addition of a food program would by no means be unaffordable to anyone. It offers training for employment in a challenging and interesting industry. And, definitely, the program will enhance the appetites of many hungry students and faculty members... and let's not forget the administrators too.

editorial

The two dollar bill is back

One of the perennial complaints heard about the government is its penchant for spending a lot of money. Sometimes it seems that every time you turn around someone has found another way to spend what the taxpayer earns.

This time, though, somebody has switched things around, and started saving us money. The two dollar bill is coming back.

Starting April 13, the two dollar bill will be available for the first time since 1966. The re-issue of the bill will result in a savings to the Federal Government of $6.7 million per year, and a savings to the Reserve System of approximately $77 million (in 1976 dollars) over the next five years.

I'm sure that as long as one has an idea whose time has come.

One dollar bills now account for about 55% of all the U.S. currency produced. The two dollar bill will gradually replace a half of the existing one dollar notes. Thus, we save money by reducing the total number of currency notes needed.

Besides the saving of money, the new bill should succeed where the old two dollar bill failed. One of the main reasons the old two dollar bill failed was not enough were printed to assure wide availability, and public interest faded. Four hundred million of the new bills will be printed per year, an increase of 68 times over the average annual production of the old bill.

Here comes the two dollar bill... a former failure that should work this time.

Student count up - up - up

As of Jan. 7, Highline's Winter Quarter enrollment stands at 6,289. That's 343 more students than Winter Quarter 1975 and an 1,097 increase over Fall Quarter.

During Fall Quarter, a record 8,267 students were enrolled, an increase of 577 over last year.

Included in the head count were 5,984 full-time students and 4,245 part-time students.

For Fall Quarter, there were a total of 8,267 students. This quarter saw an enrollment into sex and age categories that is not complete for this or last quarter as yet. A recent new being done will be available later.

HCC covered by HEW Title

Highline is one of many colleges covered by Title IX. "Prohibiting Sex Discrimination in Education," in both educational opportunity and employment. The law and Highline College policy covers students and current employees as well as applicants for college admission or employment.

Inquiries regarding Title IX at Highline College may be directed to Jeanie M. Courey, Dean of Student Services.

Nation's enrollment up

The number of students enrolled in colleges and universities during Fall Quarter according to the U.S. Department of Health, Education, and Welfare. Of these, 36 percent were in community colleges. In Wisconsin, enrollment in colleges and universities, eighth day Fall Quarter 1976 was 18-to-1.

The Thunder Word is a bi-monthly publication designed as a learning experience for journalism students and a communications medium for the entire campus. The opinions expressed herein are necessarily those of the college or its students. The Thunder Word office is located in 19-107.
Tuition hike calls for a lobby

College students at Highline College are planning groups to lobby against a proposed community college tuition hike discussion set for the current session of the state legislature. This issue meets with much opposition from students who already face an increasing cost of living because of inflation and high taxes.

Elmir Zemgalis, math instructor at HCC, said the faculty supported the students in their last attempt to keep the tuition hike from happening. He feels that they may not be supportive this time. This stems from the fact that raises in their salary would become more likely if tuition increases.

Anyone interested in forming a lobby group to lobby tuition hike should contact Mary Sachs, student senator, in the Student Programs office or as soon as possible. The group will go to Olympia later this month to meet over tuition hikes.

Other groups participating in the effort will include the Council of Representatives and the Student Government Association of the community colleges (COPR), Student Washington Education Association (SWEA), and other student lobby groups. All students have a stake in the tuition issue. They are encouraged to participate — support is much needed.

QUARTER’S END... This is the snowshoeing group at Mt. Rainier. From left, back row: Margie Kennedy, instructor; Doug McAlpine, Pat Akerley, Cal Ecker; Pongy Goodnook; Robert Spendlove; Linda Hays and David Gregall; seated front: Lucille McCallum, Bob Stoltenberg and Betty Jacobs.

Student spirits soar

It is pleasing to return to quarter's end. A vacation from the pressure of teaching; and are already anticipating and making plans for the quarter's gathering, she said.

The Developmental Studies Program has classes in textbook reading and study skills, rapid reading and vocabulary, spelling and grammar usage which afford close contact between student and teacher and the students with one another in a more comfortable atmosphere for learning, Ms. Kennedy said.

It also makes for friendly spirits and makes learning a pleasant experience, she said.

"The weekend at the mountain lodge seems a fitting climax to an enjoyable quarter of learning."

Moving time

Building A opens

by Bill Kelly

Building A of Highline's new Occupational Complex has just opened. Not all equipment is in yet, but classes are under way.

On floor one are the Automotive Services and Small Engine Repair areas. Automotive Services with $33,596 worth of new equipment, was patterned after a similar program at the University of Washington. Engine repair students will be working with motorcycles, lawn mower, outboard, snowmobile, and other small engines.

The new Dental Assistant program soon may be this state's best, according to its instructor, Ms. Carol Colburn.

"It will be very well equipped. Our clinical area will have eight dental units as well as two x-ray units, a darkroom and office areas. We will have a lot of space."

In the classroom lab students will be instructed in dental assistent procedures using dental mannequins. These will have numerous copies of letters at a fast speed. Then names and addresses can be added by a typist.

Building A also contains a spacious auditorium. Throughout the structure color has been added to the architecture, and many rooms are carpeted. As in Building B, classrooms are soundproofed against airplanes. A brick plaza joins the two buildings, and landscaping is being started.

Metacls go to Egypt

Robert Metcalf and his wife, Anita, of the Boeing Company in Seattle, Egypt during the Thanksgiving weekend.

The Metcalf's were assigned to the Boeing Company to work in the Wing Support Service in Cairo, Egypt. While in Egypt, the Metcalf's will learn the Arabic language, customs of Egyptian life, and will travel around the country.

He has been teaching at Highline for 5 years and has been the head of the air transportation programs for 3 years. His wife has been teaching at HCC for about 1½ years.

Margaret Powell, Business Occupations director, explained, "We have five classrooms and an accounting lab with several models of electric typewriters and electric calculators. We are delighted with our adequate storage space and we look forward to being able to function effectively in our new self-contained new quarters."

Evening classes are also scheduled, for people already in business.

A Word Process Center is planned for the Business area, in which special typewriters will be programmed to type numerous copies of letters at a fast speed. Then names and addresses can be added by a typist.

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Jan. 16, 1976 Thunder Word Page 2

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**NEW LOW PRICE $79.95**
Have you ever wanted to do something creative, but never had or took the time? Jo Kisling felt that way until one day when she had the time. The only problem was, by that time she was paralyzed.

Mrs. Kisling is a quadriplegic. She resides at the Sea-Toma Convalescent Home in Des Moines. She has made her home there since 1966 after she was involved in an automobile accident which left her paralyzed in both arms and legs.

This didn't stop Mrs. Kisling. She taught herself to draw and write poetry with her own hands. "I keep busy at my work for the exercise," says Mrs. Kisling.

"I keep busy at my work for the exercise," says Mrs. Kisling.

When she first started drawing nature's beauty such as flowers, birds and trees. "In high school I got interested in botany and I guess it has stayed with me."

She says that she is a little afraid of drawing humans, but someday she will probably try. Mrs. Kisling enjoys that her work takes around two weeks to complete. Drawings can take longer if she is not totally satisfied with an idea. Her supplies for her colorful drawings are basically felt pens and oil crayons.

Mrs. Kisling feels that she has two styles of drawing. One is with ink which gives a poster effect. The other is with pencil or oil crayon where shading is easier.

She lives in a room with a warm atmosphere. From a picture window overlooking the Puget Sound area, she gets many ideas for her drawings.

Author's note: In one way, Jo Kisling is fortunate. She has had the opportunity to do something in life that she has always wanted to do and she does it well. Drawing and writing poetry are talents most do not acquire in a lifetime, but to have the talent and yet overlook the frustration of being paralyzed is demanding and satisfying.

How gratifying to accomplish a feat of this nature. We at HCC take our hats off to you!
Children and parents learn together

story by Bette McCulom

When asked what age the education of a child should begin, Oliver Wendell Holmes replied, "One hundred years before the child's birth."

The Childhood Education and Parent Education Programs at Highline Community College are not concerned with age which goes as far back as Holmes implies, and provides training for people working with children in their earliest years.

These two programs are separate. The Childhood Education Program is designed to prepare students to work with infants and toddlers in day care centers, or home day care. The program offers both a one-year certificate and a two-year degree program.

The childhood education program is usually for students wanting more past experience with children. The two-year program meets the requirements for either an associate of arts degree or with additions, an associate of arts degree with a major in childhood education.

The Parent Education Program gives parents a chance to become preschool teachers. The program is signed to provide skills for parents who volunteers in the college supervised Parent Cooperative Preschools off-campus. These preschools are non-profit, organized by parents, and located in community churches or schools.

The preschools serve as a laboratory to help parents learn techniques in guiding young children. They also provide supervised learning and social experience for the children.

A second plan provides classes on campus for parents who desire more knowledge about the development of their infants and toddlers. An

or five years... set the stage for their development," she said.

Ms. Bremel spoke with feeling when saying, "Parents need support and help in constructive ways of working with children."

New ideas and techniques are used in these programs to give preschool teachers and parents the help they need. She said, "Children need

form the stage for crawling."

An enclosed sick room for isolation opens into the area. The bathrooms are hung to provide an area for children.

"An adjacent outside court will provide a play area for nice days when it finally stops raining," she added with a smile.

Ms. Silverman's work is mainly on campus, not one of the people working under her is Jackie Krutz, advisor for three of the Cooperative Pre-schools.

Ms. Silverman's work is mainly on campus, but one of the people working near her is Jackie Krutz, advisor for three of the Cooperative Pre-schools.

This is the sick room... Anne, daughter of Carol Novotney, waits Mary Coates, teacher, a tale of woe while resting in the sick room adjacent to the new multipurpose classroom.

MOM, DID YOU HEAR THE ONE ABOUT ... Connie Eggert enjoys a moment with her son, Nikia, while attending the infant class.

FAULTY CONNECTION ... Lee Carstensen, 6 months old, and Carla Wallace, 9 months old, seem to be connected by a plastic line.

CLASSEIM IS INFORMAL ... Mothers and babies in the infant class listen to Mary Coates, teacher, (back to camera) while she explains the class routine.

ITSY BITSY SPIDER ... Mary Coates, teacher of the infant class, sings with Carol Novotney and her daughter, Anne, 7 months old.

interesting aspect of these classes is that the children accompany their parents and are involved in the experience.

Daily parent division chairman for Service Occupations, which includes Childhood Education and Parent Education, has been at ICC for nine years.

"I am convinced that what happens to little children is the key to the world and that it begins in their lives," she said.
**Filmdom’s best, worst in record breaking year**

by Dave Bradley

The year 1975 has come and gone. Those in the motion picture industry are looking ahead to Oscar night. Those in the reporting field are looking back at the winners and Losers of the best and worst films for the year that was.


For a Hot Tin Roof” and Joseph Salingar’s “Catcher in the Rye”

Good things can’t be left alone. With the success of “Jaws” as it is a sequel, “Jaws II,” is going into production. What more could evolve from the original has many people napping. If that isn’t enough, “The Exorcist II” will be released later this year.

Like previous years and years to come, 1975 had its workhorses, its worst and its forget film to offer. Following are what I felt were the 10 best and 10 worst motion pictures.

**Best:**

- “The Day of the Locust”
- “One Flew Over the Cuckoo’s Nest”
- “Jaws”
- “The Wind and the Lion”
- “Hearts of the West”
- “Farewell, My Lovely”
- “The Man Who Would Be King”
- “Lies My Father Told Me”
- “The Yakuza”
- “The Passenger”

**Worst:**

- “Hearts of the World”
- “The Exorcist”
- “Escape to Witch Mountain”
- “Sancho Deluxa”
- “The Yakuza”
- “Breakout”
- “Dog Day Afternoon”
- “Hearts Of The West”
- “Jaws”
- “Rafferty and the Goldcoast”

It is quite likely that several of my best film choices will be made in March and it wouldn’t surprise me if one or two sweep up most of the awards.

**Contest...**

**Are you a shorthand? If so, HCC cordially invites you to enter their second annual photo contest. Pulitzer Prize winner and Photo Editor of the Seattle Times, Jerry Gay, will be on hand to judge the photos on Jan. 30.

All photographs must be submitted between Jan. 23-25 in the Student Programs Office. The photos will be displayed in the Student Lounge from Jan. 23-30. Only black and white or color prints 8 by 11 inches are eligible.

Categories for the contest are: sport action, scenic (nature), mood, portrait, animals, nude, and special effects.

First and second place in each category receive a ribbon. A $5 prize will be awarded for the best black and white color pictures.

New revue...

“First Person,” a dramatic revue written by student Tom Murphy, continues its run at Seattle’s University Theatre through Jan. 31. The production appropriately titled, is performed entirely in the first person, with various characterization adapted from well-known American poetry and fiction.

Specific selections in the revue include Mark Twain’s “Diary of Adam and Eve” and “Cat on a Hot Tin Roof” and Joseph Salingar’s “Catcher in the Rye.” Curtain is 8 p.m., with admission at $2.00.

Evolution...

“Footprints in Stone,” a new documentary motion picture depicting a research team’s battle to learn the secrets of Texas’ fastest flowing river, the Paluxy, will be shown at the Inter-City Baptist Church, Sunday Jan. 1.

The film’s high point is the team’s discovery of human tracks in a stream rock stratum in those of dinosaurlike creatures. The team discovered this amazing find shatters the evolutionary time scale as presently accepted and taught throughout the country.

Discussion, questions and refreshments will follow the showing which begins at 6 p.m. For further information contact Bob Taylor, HCC Alumni, at 26-3662.

Play chosen...

Christie Taylor’s drama department will produce the Moss Hart, George S. Kaufman play, “You Can’t Take it With You” for their winter Quarter effort. The play, first staged in 1936, continues to be a favorite among theatre goers.

Opening night is scheduled for March 4 with additional performances on March 5, 11, 12, 13.

Arenda boogle...

The 1976 concert season gets into high gear this Wednesday night with a full night of rock and roll at the J. Geils Band concert returns to the Seattle Center Arena. An up and coming powerhouse from the east coast, Head East, opens the show at 8 p.m. Tickets are available at Fidelity Lane.

Zany antics...


One zany antics follows another as Pseudolus, a Roman slave, attempts to gain his freedom from his younger master in this comedy production.

Aikido demonstration here...

Mary Heiny, a third degree black belt, will give a demonstration in the martial art of Aikido, Jan. 21 at noon in the Lecture Hall.

Ms. Heiny instructs a course in Aikido in California. In Aikido the exponent’s mind is controlled before he is faced, she says.

That is, we draw them to ourselves. We go forward in life without this attraction of our spirit and attempt to command a whole view of the world,” Ms. Heiny told the Aikido where she went to the world headquarters depot in Tokyo.
Local pianist, actor enrolls as student

by Dave Bradley

He dons white man’s clothes for back to school. College for most students is the first step in the quest for that “certain” career, but not so in the case of Chief Antelope, whose own career started at age 3.

Chief Antelope, hereditary and last chief of his Cherokee tribe from Oklahoma, has appeared as a pianist on both the Bob Hope Show and the Lawrence Welk Show— he toured with the latter for three years.

He recalls vividly the day the Welk tour bus stopped in front of his house and Welk himself invited the chief, then 17, to join his tour, but the chief’s dismay his father would not let him go.

The chief appeared and was a two time winner on the old Major Bowes’ Original Amateur Hour radio show and locally has been on the J. P. Patches Show.

Chief Antelope, not only possesses skills as a pianist, but is also an accomplished actor. He has appeared in several motion pictures with Elvis Presley, most notably “A Day At The Fair” filmed at the 1962 Seattle World’s Fair and more recently in “Northwest Passage.”

M-G-M will soon begin filming “The Last Chief On My Reservation” in which Chief Antelope will star along with Chief Dan George and Sonny Sixkiller.

Also appearing HCC this quarter along with Chief Antelope is Princess White Lily from a Mohawk tribe in New York. She often accompanies the chief on his tours and she too has appeared in both film and television.

Highliners will have the opportunity to view the chief in performance later this year as he participates in the annual Indian Pow Wow performing his traditional tribal dances.

The chief has an interesting background as an entertainer, which began with his age-3 performance of “Jingle Bells” played from memory on a school organ. He encountered his first audience then.

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Mature women return: from kitchen to classroom

At HCC, as at most campuses across the nation, mature women are returning to college in ever increasing numbers. Figures from the HCC registrar's office show that of the total 844 students enrolled this fall, 144 are women age 30 or older. This number, 25 or 30 or older.

Women give a number of reasons for returning to school. Some are here because they wish to prepare for entry or reentry into the labor force. Being divorced or widowed makes it necessary for some to prepare for employment.

The Legal Assistant Program, new this year at HCC, is one of the fields which has attracted a number of mature women. May Hamilton, a student in the program, said, "I'd been looking for something interesting to do. When I read about the new Legal Assistant Program, I knew I'd found what I was looking for.

Director of the Legal Assistant Program, Dr. Perry, says mature women students, "They are highly motivated, anxious to learn, and keep the instructor on toes.

"Mature students do have them in solving life crises situations or in decision making. The course also helps some women decide what they want to do—it helps them sort out where they are going.

"Mature women students are here to find some answers for themselves and not because a parent or someone else thinks they should be in school,

Ms. Utigard continued. "Their life experiences contribute much to a classroom discussion.

Many mature returnees start their trip back to academics in the counseling center, either with counselor or workshop experience.

Others return because it's the "right time," as children are older and family responsibilities are less time consuming.

Women express a need for self-fulfillment. Elisabeth Bartels says, "For the first time in 25 years I'm thinking about what I'd like to do."

Another student said, "I'm seeking women who are successful in a variety of fields and I've been thinking maybe I should do something similar.

Many women express the thought that they have always wanted to return but just did not have the time during the years when their children were growing up.

One returnee said, "I'd thought about college for years and knew that someday I'd return. Last year I discovered a lump in my breast, but I was not really worried at the time. After spending years as an aide, I thought that if I didn't do something soon, I might never learn.

Mary Ludwig, a former airline stewardess said, "One of the nice things about returning to school is that people seem to take me much more seriously as a student this time around."

Ted Treanor, HCC counselor, said that many mature women express anxieties about returning to the classroom. "Along an adult education, they seek all degrees from highly skilled and confident to nearly incapacitated. The majority would fall somewhere between these two poles.

Treanor, in a paper on counseling mature women, wrote that many are concerned with surviving academically and being out of place with younger students. Financial aid and day care are of particular concern to some.

Eve McClure, another HCC counselor, also teaches a Career Development class for women. She sees returning mature women as being primarily in two categories; those who return with a particular goal in mind, and those who return for an alternative to what she terms "houswife syndrome.

Ms. McClure said, "Although many of them arrive on campus scared and anxious, mature women become capable, confident students. After spending years as wife, mother and homemaker, many returnees are faced with an identity crisis not unlike that of a person beginning college directly after high school. They want what they can do successfully, who they really are other than someone's wife or mother, and if their age is going to be a barrier when it comes time to find a job.

HCC provides services to help make the transition from kitchen to classroom easier. The counseling center offers counseling and workshops geared to the mature returning student. Career planning classes fill a need for some who are unsure of their goals.

Betty Colasardo, co-coordinator of Women's Programs, is planning a series of brown bag lunch programs. They will include speakers, movies and discussion. An exchange of feelings and ideas about being women in today's world will be part of the program.

One woman summed up her return to school and career decision making this way: "I know it's tough being 18 going on 19 but it's even tougher feeling 40 going on 19."

"TRY TO RELATE" ... Counselor Alan Tergerous explains a point to Lee Champagne in the Family Problems Workshop.

STORY BY STELLA MEMUTT

PHOTOS BY LARRY STEAGALL

SOLVING FAMILY PROBLEMS ... Lin McDonough, Doris Nelson and Norma Luquette listen to family related problems and their solutions.

"SOLVING..."
It had its ups and downs

World Series, Ali-Frazier and WFL in '75

In many ways it was a strange year, the good mixed in with the bad; tragedies, success stories, failures and record breakings, but all and all 1975 was a year that won't be forgotten in a long while by millions of sports fans throughout the world.

The World Series was the best in many a year. Casey and the World Football League died, the mile was run in less than 3:50 and Muhammad Ali defeated Joe Frazier in the bumper match between the two fighters. More people were interested in and watched various contests and events than ever before. It was a good year. And, many of the top sports stories and personalities of the year 1975 would be difficult, so to make things easier, I chose ten events and ten personalities that I thought were the top events and competitors of the year.

The following ten events are the ones that I consider to be the top stories of the year:

1. Joe Frazier vs. Muhammad Ali: The third fight between the two boxers and probably their last. Frazier won the first decision with Ali taking the second, and the third meeting was scheduled to be held in the Philippines. Ali declared it "thrilla in Manila." Frazier failed to show for round 15 as Ali won a technical knock-out. Ali once again proved that he was the greatest.

2. Ruffian-Foolish Pleasure: One of the most successful fillies of all time was matched up against Foolish Pleasure, winner of two of the races towards the Triple Crown. Ruffian was considered the favorite by many over the stallion and took an early lead in the match race. Down the back stretch Foolish Pleasure started inching up on Ruffian. All of a sudden Foolish Pleasure shot by the filly as Ruffian pulled up lame. Later that night Ruffian was destroyed.

3. World Series: The Boston Cincinnati Series was the most watched and exciting baseball event of the year. The Red Sox captured the Series 4-3 in the climactic seventh game. World Series stars included Pete Rose and Carlton Fisk.

4. World Football League: After only a season and a half, the newest football league folded due to financial troubles. Key players out of a job until next season were Larry Csonka, Anthony Davis, Calvin Hill and Paul Warfield.

5. Steve Prefontaine's death: The great Oregon track star who won four cross country titles in succession and holder of many American records in long distance races, died in an automobile accident near Eugene. Prefontaine competed in, but never won, an Olympic medal; one of the few goals he never obtained. He was only 24.


7. Pan American Games: The United States' team traveled to Mexico City and had its best showing in years. The US team dominated most of the categories and came back with more than twice as many medals as its nearest competitor, Cuba. The squad consisted of mostly unknowns.

8. North American Soccer League: The NASL had its most successful season of its history as the league broke almost all attendance records. The New York Cosmos helped the cause by signing Pelé, the world's best player. Pelé scored 21 goals in the Cosmos' 21 games.

9. The Pittsburgh Steelers: Pittsburgh ended a famine of no Super Bowl titles as it won the Super Bowl of the National Football League over the Minnesota Vikings.

10. Trades: It was a big year for trades as several big names went to different cities. In the NBA, Kareem Abdul Jabbar went from Milwaukee to the town of his college days, Los Angeles. Five other players were involved in the trade. Also in the NBA, Spencer Haywood was traded from Seattle to New York for a future first round draft choice and a big bundle of money. In baseball many players packed up their suitcases for another city with Bobby Bonds and Bobby Murcer making the biggest headlines. Bonds went to New York while Murcer traveled to San Francisco. In hockey, the National Hockey League's two-time Most Valuable Player, Phil Esposito was traded along with Carol Vadnats to New York for Brad Park and Jean Ratelle.

The top ten personalities of the year are as follows:

1. Fred Lynn: Lynn captured the Rookie of the Year Award and the Most Valuable Player Award in the American League of Major League Baseball. Lynn led the league in runs (103), and was among the leaders in home runs and runs batted in.

2. Rick Barry: Barry led the Golden State Warriors to the National Basketball Association crown. Barry averaged 30.6 per game and was among or led in several other categories such as steals, free throw shooting and assists. He was also named MVP in the playoffs.

3. Earl Anthony: Anthony broke his own mark of most money made in one year for a Bowler. The Tacoma man took home over $127,000 in earnings.

4. Jimmy Connors: Connors won over half a million dollars in 1975 playing tennis. The mean boy of the courts won several winner-take-all matches.

5. John Walker: The Scott from Zealandia stunned the world both as he was the first human ever to run a mile in under 4 minutes (3:59.4) and to jump 5,390 feet in 3.69.4 at Göteborg, Sweden August 12.

6. John Wooden: Wooden led his UCLA Bruins to yet another NCAA basketball title. The winner of more college games of any coach in NCAA history announced his retirement before the season was over.

7. Archie Griffin: The Ohio State Buckeyes won two consecutive Heisman Trophies, the first ever to do so in NCAA football.

8. Franz Tarkovsky: Sir Francis broke the record for most touchdown passes in a career in the NFL and holds, or is on the brink of holding, almost every passing record in the NFL.

9. Jack Nicklaus: The premier golfer in the PGA won both the Masters and PGA Golf Tournaments. His earnings for the year were $3,531,570.

10. Muhammad Ali: He's the greatest.
Commentary

Haywood deserves a break

by Jim Osmundsen

On Jan. 7 Spencer Haywood came to Seattle for his first visit in a New York Knickerbocker uniform. He was greeted with an even chorus of boos and cheers.

The Seattle Times featured a lengthy article, the same day, on Spencer’s view of the trade: "I’m up in New York, where I feel appreciated by the Seattle fans. I’ve built the franchise here. I deserve a team to back me. I’ve worked hard. It’s too bad he didn’t fit into Coach Russell’s plans.

I think we’ve got a lot of good players. Coach Wooding has no comment concerning the team’s overall performance."

Haywood — Imbedded in controversy

Until last year ‘d never had much of a team to back him, and even then his personal performance was hampered by injuries. But Spencer played in spite of all, leading the team in scoring and rebounding. Game. That brought a charge that he was injury prone, some said.

It’s time to get off Spencer’s back. He was a ball of a player for the Sonics and he did his damnedest to help the team win. It’s too bad he didn’t fit into Coach Russell’s plans.

I agree with him somewhat. He did just about build the franchise. He deserves the team. He’s earned it.

T-birds win one, drop one

Highline’s wrestling team fought through its first meets of the new year last weekend, gaining mixed results. On Friday, Jan. 9, HCC beat Green River 29-13, but lost on Saturday, Jan. 10, to Grays Harbor 27-31.

At the Pavilion on Friday, Coach Dick Wooding’s charges won a close contest. Highline led by three points with two matches remaining, but successive pins by Jim Wallack, 190 lbs., and Cino Rau, heavyweight, wrapped up the victory.

On Saturday afternoon, Highline faced the Grays Harbor Chokers, a team Coach Wooding described as “...easily the class of the league.”

Grays Harbor lived up to its billing in that they beat HCC its first loss. Once again Highline was held by Ron Wallack and Jim Wallack were victorious for the Thunderbirds, but the Chokers won six out of 19 points.

Coach Wooding had no comment concerning the team’s overall performance.

Takedown — Highline’s John Hardy struggles to gain control over Green River’s Ross Ramler. Hardy did hit the thunderous seconds later, giving him two points and eventually victory.

Highline’s next meet will be here against Centralia Jan. 16.

Girls sink UPS

The Highline College women’s swim team put forth a good display of strength Dec. 2 to sink the University of Puget Sound 76-53.

Led by the three individual wins of Shannon Horrell and the 200 and 100 freestyle, breaking records. MacDonald and Kim Urquhart, Highline swimmers won 12 of 15 events.

Horrell easily outdistanced her opponents in both the 50 and 100 backstroke, while also capturing the 100 individual medley and the 50 butterfly.

MacDonald stretched ahead of teammates Lisa Bromowski for firsts in the 100 and 200 freestyle, breaking MacDonald’s record of 33.3 by .77 seconds in the latter.

Urquhart won the 100 backstroke for her second place, and combined with Horrell, Urquhart and MacDonald for a victory in the 200 medley relay.

Shannon Horrell took first in the 50 free and Christi Miller placed second in the one meter diving.

The men’s team won first place in the 200 freestyle by two seconds, and combined with Horrell, Urquhart and MacDonald for a victory in the 200 medley relay.

Tacoma’s Sensation Tacom’s pro bowler, Earl Anderson, became the first pro bowler ever to break the $10,000 mark for one season in 1975.

Other T-Bird scoring included Mike Buckholts with 7 and Lyle Unwin with a.

In league play, Highline put their league opener to test by taking on Grays Harbor. HCC won the meet 29-13.

Highline’s first meet of the season was in the consolation game of Pacific Lutheran University’s Rainwater Tournament during the holidays. They played Centralia here Wednesday (Jan. 21) at 7:30 p.m. and travel to Gresham, Ore. Jan. 24 to meet Clark.

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Diving at Redondo rolls on

WET SUITS... They're the modern suits with light weight helmets.

by Mark Held

He it rain, snow or shine, HCC divers knew where to go for the first three quarters of the academic year. Training students in a program that prepares them for job opportunities is the program's goal, explained second year student Brian Bourgoin.

A first year student may not find the course as glamorous as expected. Engineering classes on construction, drafting, welding, and cutting are all off the course requirements.

Come Summer Quarter, divers will use the Navy mark diving suit for the first time. Divers become qualified with a hard hat.

Diving is just a vehicle to become proficient. The final three quarters of the program divers simulate oilfield work. Salvaging, welding and cutting are emphasized. "But the students must learn topside operations as well as underwater," Bourgoin said.

"In fact, after graduation they will go in Louisiana and apply for an apprenticeship as a tender. The job includes operating the decompression bell and tending the pumps. This way I'll gain the necessary experience to get a job as a regular diver," added Bourgoin.

Students entering the program must already be certified scuba divers. It takes seven consecutive quarters to complete the course. Upon graduation, divers become qualified assistants to engineers in the diving field.

PHOTOS BY ARLENE PERRY

Chief Antelope will lead sports

As the Highline Redondo Pier was built to sustain the weight of the specialized equipment. The center is the diving bell that normally holds a diver and a tender who stays inside. The decompression chamber and the control console is at the right.

IT'S A LONG WAY UP... And a long way down. Note the life support lines that are manned above on the pier.

PLenty of weight... The Highline Redondo Pier was built to sustain the weight of the specialized equipment. The center is the diving bell that normally holds a diver and a tender who stays inside. The decompression chamber and the control console is at the right.

Chief Antelope will lead sports

The chief is enrolled in a course that what the coach is talking about is right for me. He will lead sports — football and basketball, first aid, basketball and football will eventually be covered. He will learn the concepts and techniques of each.

I expect to go into high schools and eventually work in universities and as time goes on, in the professional field," he said.

The chief has already been involved in education. He has served on the Board of Education for the Federal Way School District. He is scheduled to help Donna Linstead, who directs the Federal Way reservation, on Indian culture. Late in the game, he has been assisting Indian students attending Highline College. He was serving on an Indian culture program at Haskell Indian School.

He was serving in the Pacific during World War II, when the Red Cross informed him of his mother's death. He wired back instructions for her burial in the area of her chosen home, Neah Bay. When returned to the States, he chose to live in the area of his mother's grave.

His choice of a coaching career comes despite considerable and varied experience in the entertainment field. (See related story in Arts and Entertainment Section.)

He has chosen athletics as his field of endeavor. "I know I can help these boys win. I was a sports fan and I used to have the scores on the radio. I can help them win.

He draws heavily on his Indian heritage — particularly one phrase: "Do not judge your neighbor until you have walked a mile in his moccasins."
Class raps rape myths

Women in the Highline community who still feel a buzz of energy from their first appearance as a rape survivor will now have the opportunity to attend a series of workshops sponsored by Highline High School's women's group. The Women's Group's first workshop is scheduled to start at 7 p.m. on Jan. 22, at Highline High School. The women will be asked to identify the rape myths which they think are prevalent in society, and to discuss the ways in which these myths can affect their lives.

Events against rape.

The workshops, which are sponsored by Highline High School's women's group, will start with a series of events against rape. The first event, which is scheduled to start at 7 p.m. on Jan. 21, is an evening of poetry and music at Highline High School. The women will be invited to participate in the poetry and music, and to discuss the ways in which these events can affect their lives.

Self-defense techniques.

The workshops will be continued with a series of self-defense techniques. The women will be invited to participate in the self-defense techniques, and to discuss the ways in which these techniques can affect their lives.

Travel opportunities now open to students

Applications are being accepted for travel opportunities in Europe. A year of study in Europe is available to students who meet the criteria for admission to the program. The program, which is designed for students who are interested in pursuing a career in business, offers a unique opportunity to experience life in a foreign country.

The program is designed to provide students with the opportunity to experience life in a foreign country. The students will be given the opportunity to study in a foreign country, and to experience the culture and traditions of the country. The students will be given the opportunity to stay in the homes of local families, and to experience the local culture and traditions.

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