

# The Thunder Word

Volume 16, Number 10

Highline Community College, Midway, Washington

Friday, February 25, 1977

## Open House in Medical Assisting Department

There will be Open House of the Medical Assisting Department at Highline Community College March 3 from noon to 2 p.m. The Open House will be held in Building 26, Room 121 where facilities have recently been completed which house this program.

The program has been under development for the past two years by Carol Warden, Certified Medical Assistant and Program Director; Margaret Powell, Program Director of Office Occupations; and Robert Hester, Chairperson of the Business Division.

The program will train Medical Assistants in both a one-year and a two-year program in all aspects of administrative and clinical medical assisting which are pertinent and necessary to the functioning of the physician's office.

In the Administrative area, students learn medical office

procedures, medical insurance, billing, record keeping, and accounting.

In the Clinical area, students learn how to manage medical equipment, assist the physician with the patients, perform simple laboratory procedures, and assist with EKG's and x-rays.

All students are also required to take medical terminology, anatomy and physiology, and medical law and ethics. The program at Highline will also include a Medical Office Simulation which all students will participate in before their cooperative work experience.

The facilities include classroom space and simulated office and reception area as well as simulated clinical area. Coffee and cookies will be served and current students in the program will be present to conduct tours and answer any questions.



HIGH ABOVE HIGHLINE...Risking life and limb, Thunder Word photographer Mark Mannard climbed to the top of a crane above the new library construction site to get this picture of Highline with Mt. Rainier hovering overhead. The new library is due for completion by January 1978. Related story on page four.

## Anchorwoman will keynote employment clinic

by Marian Forschler

Ruth Walsh, KOMO-TV's new late-night anchorwoman, will keynote Highline's Women's Employment Clinic tomorrow, according to Betty Colasurdo, HCC Women's Programs coordinator. Workshop participants will assemble in Highline's Lecture Hall for the day-long program beginning at 9 a.m.

The Saturday morning workshop topics include: The Job Search, Career Choices and Ways Out of Welfare. Additional topics are: Part-Time Employment, Assertiveness on the Job and Personal Time Management.

Afternoon sessions will feature five panels and provide opportunity for participants to meet with individual panel-

ists. The panels will be composed of women who work in: health care, business and



Ruth Walsh

## Mindy Clark appointed to lead handicap group

Mindy Clark, HCC student, will become Handicap Committee Chairman when Chuck Rosebeary, the current chairman, leaves at the end of Winter Quarter, according to Rosebeary.

There are about eight student members on the Handicap Committee at present, according to Ms. Clark. She says that the committee continues to need handicapped as well as non-handicapped members.

Last week Rosebeary, his student assistants and student government personnel staged a party in the Cafeteria's Potlatch Room. Bill Brown, Audio Visual Services, filmed the affair which honored those who have worked for handicapped interests on campus.

The committee's president-elect says, "I'm hoping that people that are handicapped will come to us even if their handicaps aren't obvious." Ms. Clark may be reached by calling 878-3710, ext. 255.

sales, science and technology, social service and education as well as blue collar occupations. Pre-registration for the clinic is required.

Ms. Walsh, who will discuss "Why I Believe in You" in her keynote address, became the first full time woman sports reporter for Pacific Northwest television in 1973 when she joined the KOMO news staff. She has co-anchored her station's weekday morning news and, in addition to reporting news, has served as a roving anchor and co-anchor for Channel 4.

Before coming to Seattle from California, Ms. Walsh had won awards and recognition for her radio and television work. The Seattle Chapter

## Planning to graduate?

Students planning to graduate from Highline College at the end of Spring Quarter, 1977 or Summer Quarter, 1977 are encouraged to submit their Application for Graduation to the Registration Office prior to March 7, 1977 according to Booker Watt, Registrar.

This will allow the Registrar's Office ample time to complete the evaluation of the students' work to insure that they will be able to enroll in required classes for Spring Quarter.

of the National Academy of Television Arts and Sciences has recognized her writing and reporting for KOMO. The Washington Press Women's Sugar Plum Award and second place Sigma Delta Chi honors are among her local credits.

Ms. Walsh, a native South Carolinian, earned a B.A. in Journalism from the University of South Carolina. She is married to Robert M. Walsh, assistant general manager and director of public relations for the Seattle SuperSonics.

## Here is what's happening

Day and Date	Event - Time - Location
Today	Lecture: Post Shirley Kaufman at noon in the Lecture Hall. Free. Dance: HCSU presents Bud E. Brown from 9:00 p.m. to midnight in the cafeteria. Single \$3.00, Couples \$3.50.
Sat. Feb. 26	Women's Employment Clinic: Newscaster Ruth Walsh participates in the all day clinic. From 9:00 a.m. to 3:00 p.m. in the Lecture Hall. Free to all but pre-registration is required.
Tues. March 1	Lecture Series: "Beyond the Pay Check: Issues When Women Work." Third in a three part series of lectures and discussions at 7:30 p.m. in the Lecture Hall. \$1.00 to non-students, free to HCC students.
Wed. March 2	HCSU Film Series: "Phase IV." A unique sci-fi tale of human vs. superintelligent ants that appear in the Arizona desert. The message is "The plague is not set for human destruction but on a metamorphosis to a high state of being." The cast includes Nigel Davenport, Lynne Frederick, Alan Gifford, Michael Murphy and Helen Horton. 50¢ for students, 75¢ for non-students.
Mon. March 7	Lecture: Playwrite and novelist Frank Chin at noon in the Lecture Hall. Free.
Wed. March 9 thru Sat. March 12	Play: The Highline Drama Department presents William Shakespeare's "Love's Labour's Lost" every evening at 7:30 p.m. in the Little Theater (building 4)
Thurs. March 10	Concert: The Highline College Vocal Ensemble performs at noon in the Lecture Hall. Free.

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# thunder words

## What intelligence?

Just when it looked like we might get a couple of scandal free years in here somewhere, the word comes that the good old Central Intelligence(?) Agency has been employing leaders of foreign countries.

Yes, believe it or not, King Hussein of Jordan has been getting millions of dollars over the past twenty years for allowing the C.I.A. to operate freely in his country. The leaders of West Germany, South Vietnam, Cyprus and Kenya have also been working for us.

As scandals go, this one is a monster. King Hussein's million dollar salary was approved by Presidents Eisenhower, Kennedy, Johnson, Nixon and Ford (Jerry cut him down to \$750,000). According to The Washington Post (Bob Woodward), Carter found out about the secret payments only two weeks ago and had them stopped immediately.

The President reportedly was furious when he was informed by the C.I.A. about the payments. That's the good news.

The bad news is the simple fact that the U.S. government has been buying the support of its allies. But this fact will probably not further devastate the image of the American government in the eyes of her people — it's already as low as it can get. However, for the citizens of Jordan, West Germany and the rest of the world, this revelation will probably do more damage than Watergate and Lockheed ever came close to doing.

The C.I.A., with the consent of the past five U.S. presidents, has undermined the sovereignty of several of our closest allies (if not all of them). Certainly, the people of those nations have reason to believe that America has strayed away from the principles established two centuries ago.

President Carter has his job cut out for him if he wants to restore faith in America and return morality and decency to our government. Reportedly, he sees the quick confirmation of his nominee as C.I.A. director, Adm. Stansfield Turner, as the means of ending C.I.A. abuses.

Certainly, Carter should be praised for cutting off the bribes before it was reported in the press. Perhaps they will both see that the C.I.A. has become too big, too wreckless, and too corrupt to have any use in a nation based on democracy, freedom and morality.

## HCC zoned for good community relations

A recent zoning hassle in Seattle's University District gives the HCC campus community an opportunity to pat itself on the back for being a good neighbor.

The University District Community Council, saying "We're not just a bedroom of the University," won a battle to rezone an area close to the "U." The ban on further duplex development in a 30 block district north of Greek Row eliminates much potential student housing.

HCC is far from these worries. The nature of the 'community' college makes all of South King County a bedroom for the college. The lack of on-campus housing turns the college into a very quiet place once classes are out.

Most people have a more imaginative concept of 'nightlife' than to partake of the slim offerings at HCC.

The average age of the Highline student is 28. As people get older, the urge to consume large quantities of beer and hang out of second floor windows tends to subside. Nor are the more mature students likely to race their cars at high speeds around the college.

The only sore spot in Highline's effort to be a good neighbor is student parking in the residential area immediately north of the campus. Lawns in that neighborhood are suffering from an onslaught of students who, for various reasons, decline the use of on-campus parking.

A proposal to convert the East lot to diagonal parking would create more spaces. This would be encouraging news to those who prefer a spot on the street to the long hike from the Midway Drive-in.

The University of Washington has long had the reputation of being a leader in the field of education. In the field of community relations, however, the University can't compare to Highline.

## The T-Word wants you!

ATTENTION: Writers, photographers, graphic artists, spelling bee champions.

If you possess any of the above talents (or would like to) consider this a formal invitation to join the staff of the Thunder Word.

Thunder Word staff members are involved with all aspects of publishing a bi-weekly newspaper using professional standards.

How can you join the team?

Simple. Look in the spring Quarter class schedule under Humanities. Find the little three credit course called Journalism 101, Fundamentals of News Writing, taught by Betty Strehlau.

Then, go to the registration building, sign up for it and lend a hand.

## Speak out on tuition hike

Dear Students,

Public testimony on the five tuition bills has now been scheduled for the month of February.

The issue of tuition levels is an important one for all concerned. To expedite the process in a fair and equitable manner, we have scheduled 30 minute time slots for each organization interested in the issue.

Due to the class schedules of students and the numbers we know to be interested in tuition increases, we have set aside Saturday morning, February 26, 1977, from 9:00 a.m. to 12:00 p.m. specifically for students. The first hour will be reserved for the student representatives of CORP (Community College students) and SCC (University and State College students). The remaining two hours will be open to any student who wishes to testify. We ask that you organize your testimony in order to accommodate other students who would also be interested. Please observe the following rules:

1. Repetition is to be held to a minimum.

2. Presentations are to be kept short and to the point (approximately 5 to 10 minutes). This will allow as many students as possible the opportunity to present their views.

We are looking forward to your comments and hope you will take this opportunity to let the committee know your views.

Sincerely,  
Phyllis K. Erickson  
State Representative  
Chairperson  
House Higher Education Committee

Bill Burns  
State Representative  
Vice-Chairman  
House Higher Education Committee

## Are you afraid of getting old?

Editor:

There's one guy on campus who doesn't seem to care about old age. I'd like to tell you how old he is but that would spoil his act. Let's say he's three score and more, although you would never guess he was that old.

It's not that he doesn't look that old, it's the way he acts. He gets around as much as men half his age, he's full of life and where he gets his energy from I don't know.

Old age has always scared me, and I'm only a boy compared to him. I recently reached a milestone in my life (my 30th birthday) and as the day drew nearer I was really having trouble adjusting. What with jokes from other friends, such as, "If people laugh at your age, run them over with your wheelchair." Or such things as "Not bad for an old guy."

Just when I was about to

## The mail

buy a plot at the local cemetery in he came, over twice my age, he smiles at all the girls, tells a joke, jumps 3 feet in the air, kicks both feet together, and runs up the stairs to his office as fast as the #1 guy on the track team. All my worries are gone. I realize with somebody like him around, how can anyone feel old?

He thinks nothing of taking care of his four grandchildren for the weekend, and a recent visit to his class by a number of 2nd grade school children yielded a large fan mail. Including such remarks as, "I like you," "I like your class," "Will you be my Valentine." So, as you can see, I'm not this man's only admirer. It's because of people like him that working at Highline is so enjoyable.

If you'd like to meet this young old guy, stop by the Print Shop and if you can catch up with him, I'm sure you'll never be afraid of getting old.

Bob Maplestone

## WPEA did it

Dear Greg Loback, Editor

Your article in the February 11th issue of The Thunder Word covered the meeting with Marvin Durning nicely. It was through the efforts of the Washington Public Employees Association that we were able to get Mr. Durning to come to our campus so all could learn more about our government and especially his feelings on politics at this time.

WPEA is very politically minded and jumps at every opportunity to sponsor a good speaker and people that are interested in representing us in the government scene. As president of Chapter 2B, WPEA, I would have appreciated some recognition for sponsoring Mr. Durning.

Betty Reese  
Chapter 2B President  
WPEA

Editor's note: Sorry.

## Lend a hand

Dear Sirs:

I am a newly appointed representative of Student

Body and was wondering if you could print something to the effect that "work is interesting and if anybody is interested in learning about how a form of a governmental body works there are four positions open. It's amazing how much potential there is but how student apathy really affects how well the Student Government can work. Get involved, at least give it a try. Stop by. Positions open are Public Relations Coordinator, Pre-Professional, Minority Affairs Representative and Programs Chairperson. Remember, the Student Government exists to serve the Students."

Bill Hartvig

## Take note Vets

Dear Editor:

Many of the former servicemen and women among your readers may be eligible for a new Federal benefit which could bring them an additional \$292 to more than \$500 per month for nine months.

Because these benefits are subject to an expiration date, the Veterans Administration is making every effort to insure that all eligible veterans are aware of them.

Basically, the new law provides nine additional months of GI Bill eligibility to most veterans originally entitled to 36 months for VA educational assistance.

The new legislation does not change that portion of the law requiring that a veteran must use his GI Bill benefits within ten years of his discharge from service. Therefore, veterans who have been out of the military service for ten years are not eligible for the additional benefits.

We urge all veterans eligible under the criteria outlined above to contact the Veterans Administration for further details of this new entitlement. Veterans in Washington State should call, visit or write the VA Regional Office at 915 Second Avenue, Seattle 98174. Sincerely yours,  
Richard F. Murphy  
Director

## The Thunder Word

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The Thunder Word is a bi-monthly publication of the journalism students of Highline Community College. The opinions expressed herein are not necessarily those of the college or its students.

The Thunder Word office is located in building 19, room 107. We welcome news tips, letters and criticism from the campus population.

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## GUEST COMMENTARY

# Have you wasted any human energy lately?

by Mary Hamilton,  
HCC Psychology Instructor

We're all familiar with expressions like "What a waste!" when we hear of the suicide of a young adult who is famous, wealthy, handsome, and bright. And we say this again when we see a friend, loved one, or notice our own selves losing valuable BTU's on self destructive turn-ons — like an oil tanker with a hole in its side. Have we ever really looked to our own selves to find what turns each of us on to our own best selves so we could convert what goes down the drain into what can work for us when we need it — when we feel cold and uncharged?

Is there any subject more interwoven throughout our lives today than the conservation of energy? Even income tax experts this month are wrestling with such questions as whether or not the by-product of geothermal energy, steam, is a gas and subject to the depletion allowance like oil and natural gas. We may not be able to help them, let alone even understand the question; but have we really thought about the question all of us can find answers to if we try: "How can we keep from wasting human energy?"

What really turns you on? Is it tuning up a car? Is it listening to wrinkled old man telling about Hooverville during the '30's? Is it feeling the wind in your face and smelling the ocean as it pounds against the shore? Is it talking about your personal turn-on's with a friend or someone you love? Is it listening to a song that helps you express what you're feeling? Is it working a pea patch? Is it searching for reflections of Eternal Truths in the world today? Is it pondering time and space? Is it junking at the Salvation Army? Is it classifying things and putting them where they belong? Is it training a German shepherd? Is it wrestling? Is it dancing? Is it combinations of these things or is it many other things that recharge you personally and keep your energy from being depreciated as an income tax deduction.

How about all the pollution that clouds our vision and keeps us from discovering these special energy outlets? How often do we gas up the air with blame energy? It might be our past and/or our parents that we blame — either what they did to us or what they gave to us in our DNA molecules: If only I hadn't had to put up with a facsimile of Aunt Jessie's acne all through high school. If only I hadn't had a working mother; or if only my Mom hadn't been half drunk every afternoon when I came home. If only my parents hadn't been divorced. If only I'd had a brother to grow up with — or a sister — or no brother or no sister. If only I hadn't been squeezed into the middle of three; or been first in a series of five; or last after six others; or a twin. If only I'd been taller or thinner or not so skinny. If only I'd lived in the country or the city. If only I'd been made to mind or hadn't had such a strict, mean Dad or Mom or coach, or first grade teacher. If only my Dad could rock and roll with the times, etc.

How much of this blame energy gets wasted on some of the other people in our lives or on "society." It might be those friends who fail to treat my ideas with respect or it might be a boy friend who'd rather scuba dive than take me to hear Neil Diamond. It might be that perennial wife who doesn't understand me or the husband who doesn't think my special wiggle is so cute anymore. Or it might be this society which no longer approves of my crying to have my own way anymore.

Then how about all those crazy habit things we're used to doing that burn up the time we say we never have. I first realized this when I told Orphan Annie she'd have to go. Since I'd first learned to read, she'd been a daily part of my life — like brushing my teeth and drinking Ovaltine. But I found myself developing a hot hate for her — generating energy that was going uselessly right up my chimney. Why couldn't she have one new dress? How come she was always so good? Why couldn't she do something on her

own once in awhile without falling back on Daddy Warbucks to bail her out? How could she see without any eyes? Then one day a kind friend said, "If you hate Orphan so much, why don't you stop reading her?" I did — and what an "aha" that gave me! It wasn't easy, and I admit I cooled the anger and re-cycled the need for comic relief by converting to Apartment G and Doonesbury (innane Brenda Starr just didn't do it). But the madness was gone, and it started me wondering about all the other valuable BTU's going up in hate or at least dislike. How about some of the things we do for "fun" just because we always have or because people say this is what "fun" is all about — like being where the action, or the noise, or the "cool" are? Or how about when we hassle or put down certain kinds of people when our "friends" do, etc. — all things we might expend much energy really hating. What a waste!

Finally, one of the greatest psychic wastes of all — telling other people how to channel their energies. How many of us hear a great talk or read an inspiring article about a better way to live or get along with others and find ourselves saying, "Joe should hear this — it'd do him good;" or "This book was written for my girl friend to help her get rid of her hangups." Or we shake our heads knowingly when someone describes how a person displaces anger by taking it out on an innocent person and right away we think of those who do this to us — maybe our boss, our Uncle John, or perhaps our mate. Then we get our BTU's together to help them modify their behavior accordingly.

As I sit here editorializing how people waste energy to change others instead of themselves, I'm reminded of another personal experience. More than once while getting dinner, I've burned a vegetable, and a pan on top of the stove while diverting my energy into telling my teen-agers not to be so teen-agey. And as the smoke from the physical and psychic energy fills the room, my son remarks, "Get off my case, Professor." What a waste — all around!

## Don't get hung up on examinations!

"Depend on it, sir, when a man knows he is to be hanged in a fortnight, it concentrates his mind wonderfully."

Samuel Johnson might well have been talking to students about pre-examination time and that gnawing feeling of foreboding! Examinations can concentrate one's mind wonderfully, but in a positive, practical manner that will not only increase your learning potential but help your performance.

The key to both success in exams and enjoyment of college work lies in the ability to use time wisely. A pattern of good study habits begins as the term begins, but nowhere do you need them more than at examination time. You will be able to handle exams with a minimum of stress if you observe these six suggested steps:

1. Make a term study plan.
  2. Use good review techniques.
  3. Develop a confident attitude.
  4. Organize pre-exam hours.
  5. Pace the exam carefully.
  6. Re-assess your work.
- Make a term study plan**  
At the beginning of each term develop a daily

schedule. Allocate time for class preparation, study, review, recreation, eating and sleeping.

**Use good review techniques**  
Preparing for exams is largely a question of review. The time needed is not as extensive as some students think, provided you have been consistent in your work. You should be able to review for weekly quizzes in no more than fifteen minutes, for a mid-term hour exam in two to three hours, and for a final exam in five to eight hours.

**Develop a confident attitude**  
Tests do serve a purpose. They give you an opportunity to check your progress. Students who have formed good study habits throughout the term should be confident. Exams will help your understanding of important ideas and your ability to express them.

**Organize pre-exam hours**  
1. The day before an exam, review a maximum of three hours. Question yourself as you review. Reread text passages only when you have difficulty remembering them.  
2. Eat and sleep well so that you are refreshed for the exam.  
3. Get up early to avoid

rushing on the morning of the test.

4. Shower, have a good breakfast, exercise, go for a walk.

5. Take a last look at your summary notes, unless it makes you nervous.

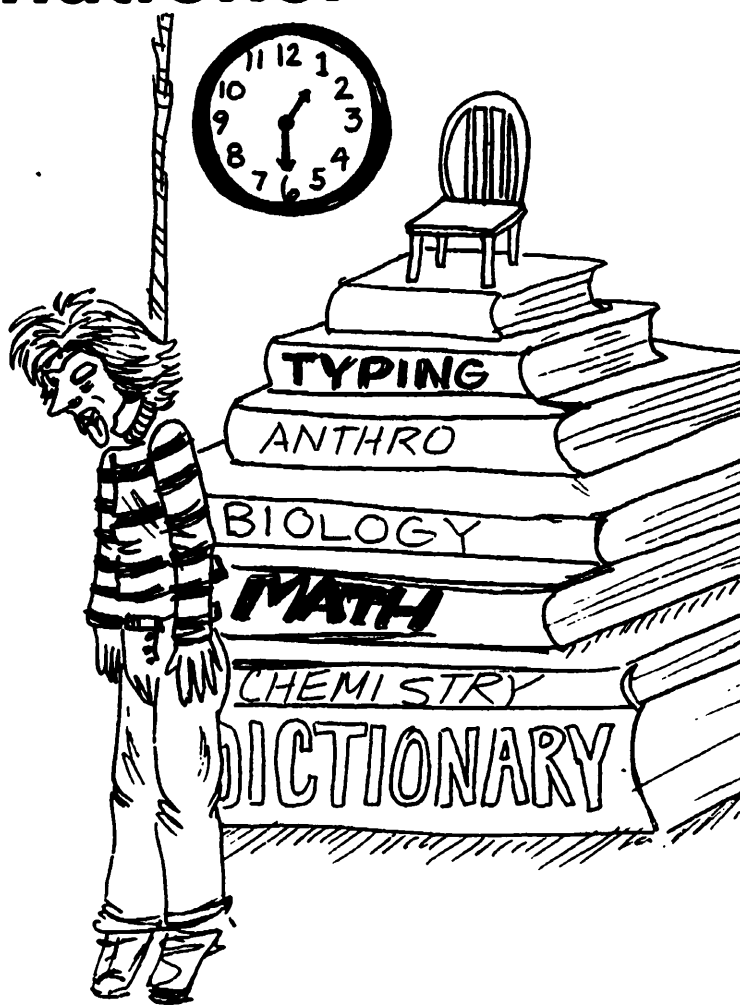
6. Be sure you have all the supplies you need.

7. Arrive in the examination room a few minutes early.

**Pace the exam carefully**  
Listen to the instructions and read through the entire test. Organize your thoughts. Re-assess your work

When you receive your grades and get back exam books, read your answers. Compare them with your textbook and class notes. If you don't understand your instructor's marks, ask him where you went wrong. Learn by your mistakes and go on to the next phase of college work.

This article on examinations is one in a series of study skills developed for college students by the College Textbook Publishers. Free copies are available in booklet form to individual students. For copies write to: AAP Student Service, One Park Avenue, New York, N.Y.





# highline headlines

## Audio visual area features TV studios and sound center

by Holly Kerr

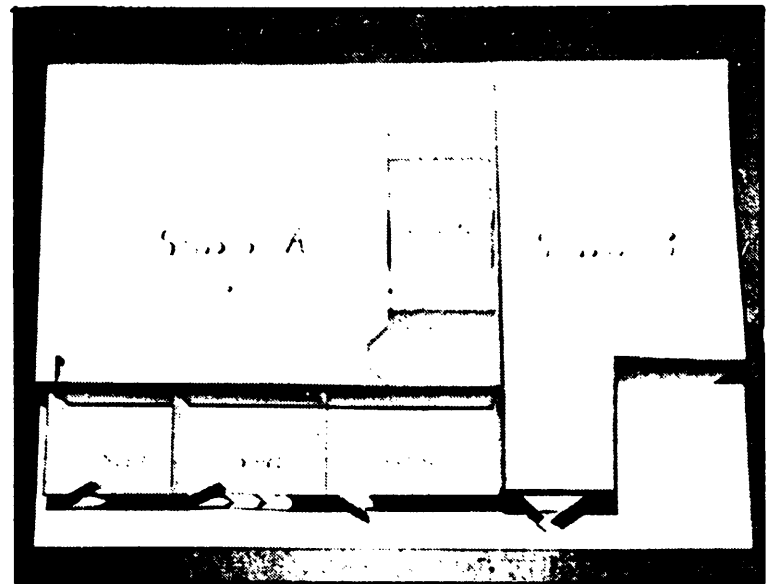
Color television and black and white studios will highlight the sixth floor audio-visual center of the new library being built on campus with a completion goal of Jan. 1978. This is the first in a series of features on the vari-

ous areas of the new structure. With the current student enrollment, the present seating capacity of 300 does not meet the peak hour needs of the current campus. The new library will have an 800-seat capacity. The library staff has actually clocked 550 students coming into the library at noon

while the building is already partially filled according to Dr. Junius Morris, library director.

One of the reading rooms of the new building will be located on the sixth floor with the audio visual area. It will serve a dual purpose so students can also use the listening booths, tapes, slides or even calculators for students who need that type of equipment.

Another new feature of the sixth floor as well as the rest of the library is a sound system hooked up to the 6th floor so that different kinds of music can be played and directed to different areas of the library. There might be country music being played on the north side of the second floor and rock and roll playing somewhere on the third floor. These areas will be acoustically tight so that people studying in a different area of the same floor will



not hear the music being played.

Many students might not be aware that there is a closed circuit TV studio in the present library. It has a 4-camera capacity for black and white only and is used by many classes across the campus. The video taping machines and cameras will be repaired and moved into a new small black and white studio in the

new library. A larger studio will have a color-capability. Plans are to order three brand new color cameras if the budget allows. A new control room will be built to handle both studios for either black and white or color.

With better library equipment, more students can enrich their education and strengthen their career preparation.

## Fashion students New York bound

The Fashion Merchandising Department will participate in an educational tour of New York City during Spring vacation. The group will depart March 19 and return March 26.

Sharon Pratt and Wanda Harrison will guide 26 Fashion Merchandising students through the garment district in an examination of the many facets of the fashion industry on the first hand knowledge basis.

The group will tour the Metropolitan Museum, Mademoiselle Magazine, Radio City Music Hall and Rockefeller Center, Bur-

lington Center Industries, Hudson Bay Co., Simplicity Pattern Co., and other areas of fashion interests. They will also attend two Broadway plays, Bubblin' Brown Sugar and Chorus Line.

In an effort to offset costs, students coordinated various fund raising activities which included bake sales, weekly collections of newspapers, and glass and aluminum collecting which was brought to recycling centers. During Fall Quarter the students raised funds by designing and selling Christmas decorations and working a promotional campaign for Fred Meyer stores.

## D.C. destination for NSEA veep

As a result of his activities in the Washington Student Education Association and the National Student Education Association, Bryan Gurule, 25,

has been elected Vice-President of the NSEA. Gurule is the first Highline College student to ever be elected to a post in the NSEA. The job will

take him to Washington, D.C., where Bryan will work a full year on a salary of \$14,000 for the year.

The 1970 graduate of Renton High School is working towards becoming a teacher of public administration at the college level, and ultimately plans to work in the office of the Superintendent of Public Instruction. He intends to transfer to the University of Puget Sound to continue his education. At present he is working at Boeing as an aeromechanic.

In commenting on his activities in Washington, D.C., Bryan says, "We'll be involved in a lot of leadership training activities. We'll be into communications, getting information to the media. We'll have several research projects going. We're not just a political organization."

## New campus magazine features 17 writers

Arcturus, a new Humanities Literary Quarterly, is being distributed next week on campus featuring works from seventeen writers and seven artists and photographers.

Fifteen students from Pub-

lication Editing (Humanities 292) handled editing details under the direction of Dr. Catherine Harrington.

Publication Production students (Journalism 192) were responsible for graphics, type

selection, paste-up and production details under the direction of Betty Strehlau, instructor for the class.

The Spring edition of Arcturus will be offered as class projects Spring Quarter for Humanities 292 (Publication Editing) under the direction of Dr. Richard Olson and for Journalism 192 (Publication Production) under the direction of Betty Strehlau. Writing will be submitted through writing instructors.

A publication challenge for the classes was the new computerized typesetting. Copy had to be typed on IBM Selector I or II electric typewriters featuring a specialized ball, keyboard and ribbon. Special instructions to the computer were included in the copy.

Both the Seattle Times and Post Intelligencer are switching over to this system. The

Tacoma Tribune has been on the system for some time. Most community newspapers have been on it for several years.

Editing and production students included the following: Vicki Bell, Linda Jump, Nancy Little, Danielle Magness, Dennis Mullan, Phyllis Munzlinger, Priscilla Parrott, Terry Sell, Patricia Smith, Carole Calvin, Mike Franich, Allan Latham, Joanne Scallon, Carolyn Williamson.

The publication is being distributed free to Highline students, faculty and staff.

## What do women want?

What kind of a social and work environment do women want in the future? The last session in HCC's Women's Programs lecture series will address itself to this question March 1 at 7:30 p.m. in the Lecture Hall, according to Betty Colasurdo, Women's Programs Coordinator at HCC.

Dr. Helen Remick, psychologist and director of the Office of Affirmative Ac-

tion for Women at the University of Washington will discuss possible future work environments.

Caryl Utigard, Behavioral Sciences instructor at Highline, will speculate on future social environments for an ideal future.

The lecture is free to HCC students but a \$1 donation is requested of other participants. No pre-registration is required.

## Fashion Department will present "Futurescope '77"

The inner nature of the fashion world will be explored by the Fashion Merchandising Department in its second annual presentation of "Futurescope," a fashion career seminar on Wednesday, March 9, 1977. "Futurescope '77" will be held on campus in Building 23, room 211, from 8:30 a.m. through 2:00 p.m., and will include a continental brunch served by the Hotel-Restaurant Operations Department.

Representatives from various facets of the fashion industry include Ann Kirshner, Photographic Director of Advertising at Nordstrom's; Wini Jones, Sportswear designer of Roffe-Rene, Inc.; Jon Eccles, display technician of Nori-

strom's, and Karl Richardson, owner and manager of Richardson's apparel in Tacoma Mall.

Since attendance is limited, reservations are now being accepted for both the seminar

and the brunch. The cost for the brunch, which will be served at 11:00 a.m., is \$2.25.

For reservations, contact Faculty Building "C", room 204, or call 878-3710, Ext. 314.

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In Oregon, Alaska, Maine, Colorado, California, Ohio, South Dakota, and Minnesota, marijuana smokers are no longer arrested.

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## Student producing benefit fashion show

"Spring into Spring," a benefit luncheon and style show, will be held March 15 at 11 a.m. at Fairwood Golf and Country Club in Renton. Linda Sanner, Highline College student, is coordinating the production.

Men's, women's and children's fashions for Spring and Summer will be included in the event which is to benefit the Children's Orthopedic Hospital of Seattle. The show which is entirely a charity project, features various fast-moving segments highlighting Spring, Easter and St. Patrick's days.

Tickets for the luncheon, show and door prizes may be obtained for \$6.00 per person through the Guild by calling Marian ImMasche at 226-5369. They may also be picked up at the door on March 15 at the Fairwood Golf and Country Club, 17070 140th S.E., Renton. Call ahead to reserve these tickets at 226-9800.

Ms. Sanner has coordinated and modeled in shows in Seattle and Tacoma. In addition to the task of working with the Guild, merchants and models, she will be writing commentary for "Spring into Spring." Barbara Glasscock, a Guild member, will be the commentator for the show.

Participating merchants featured in the show are listed in alphabetical order:

Bon's Bouquets of Fairwood Shopping Center in Renton; Children's Corner of Renton, Southcenter, Northgate and West Seattle; Fairwood Pro Shop of Fairwood Golf and Country Club; Fashion West,



**BENEFIT SHOW PLANNED BY HIGHLINER.** ... "Spring into Spring" is coordinated by Linda Sanner (front row, far left). She is shown with five of the twenty models. Front row: Kathy Colacurcio and Kathy Elsberry. Back row: Kevin Tarleton, Hamid Jahamir and Mike Bort.

photo by Larry Brown

Renton Shopping Center; F.G.F. of Tacoma Mall; Husby's Formal of Sea Tac Mall and Downtown Tacoma; Kalico Kitten, Gillman Village, Issaquah; Nordstrom's Children's Shoes; Queen's Closet of Renton Shopping Center.

Others are Renton Center Clothing of Renton Shopping Center; Stanley's Shoe Store

of Southcenter. Providing original hair designs for the show and working with the models in the show are: Friends Hair Salon of Pioneer Square; Playfield Barber Salon of Magnolia in Seattle. Photography for the press and the show is provided by Larry Brown of Seattle.

Twenty models are donating their time for the show.

## Careers '77 scheduled

The second annual job fair, Careers '77, is scheduled for March 11 and 12 at the Sea-Tac Mall. Careers '77 is co-sponsored by the Federal Way

Chamber of Commerce, the Federal Way School District and the Mall.

Highline will be one of several Careers '77. The fair is designed to help students and adults become aware of many different occupations.

Already signed up for booths are representatives of the insurance business, engineers, airline pilots, realtors, certified public accountants, licensed practical nurses, members from all branches of the armed forces, Bell Telephone and the Federal Way Ballet Theater.

Along with the booths there will be presentations in the five theaters from 9:30 a.m. to 1:30 p.m. on such things as union apprentice occupations, law enforcement, fashion merchandising, transportation, early childhood education, wildlife management and mental health careers.

"We have had a good response," said Jackie Nelson manager of the Federal Way Chamber of Commerce. The business community is giving Careers '77 good support.

Careers '77 will run Friday 9:30 a.m. to 9:30 p.m. and Saturday 9:30 a.m. to 6:00 p.m.

## Marott moves to California

You might be more careful of how you handle the A.V. and electronic equipment on campus, because Joe Marott, the man who usually fixes it, is gone. Marott had been on Highline College's staff for about seven years and has gone to L.A. to work as a technical writer with Litton

Industries. During the time that Marott has been on the staff at Highline, he has seen the amount of equipment grow to almost 800 pieces. Joe Marott was one of the people who had a wide enough background and personal ability to keep everything in good order.

## VET'S FORUM

by A. L. Latham

## Picking up where pardon leaves off

On January 21, 1977 President Jimmy Carter pardoned all draft evaders ending one of the most distressing periods in our country's history. President Carter's actions are to be praised, but, the pardon did not go far enough in ending the turmoil that surrounds us since the end of the Vietnam War.

According to figures compiled from a recent Department of the Defense study, of the almost nine million veterans who served in the Vietnam Era (1963 to 1974) over a half million were discharged with less-than-honorable discharges. These veterans need to be pardoned too.

Of these half million veterans about 11,000 are residents of Washington. One of the groups that is trying to help these veterans deal with their discharges and cope with the problems that they are stigmatized with is the Seattle Veterans Action Center, (SEA-VAC).

SEA-VAC is an action program created in 1971 by the City of Seattle's Department of Human Resources to assist veterans in dealing with the special types of problems that they encounter with adjusting to civilian life. The group offers a wide variety of services to veterans with all types of discharges and not those with just less-than-honorable discharges.

Among the services that SEA-VAC offers are employment assistance, health services, educational counseling, vocational training, and legal assistance.

In cooperation with the Washington Employment Security Commission and the Veterans Administration, SEA-VAC offers the veteran a priority on job referrals and opportunities that the vet may be qualified for.

SEA-VAC provides assistance in filing for out-patient dental treatment, compensation, and disability claims with the VA. If a veteran sustained an injury, disease, or prolonged illness in the service they may be entitled to compensation payments from the VA.

In addition to the Veteran Representatives on campus, SEA-VAC has the information on what colleges, vocational schools and other VA approved schools are in the area, and ready to counsel vets on the best use of their veterans benefits.

SEA-VAC also operates as a referral service for all other agencies in the City of Seattle and some emergency help is available from SEA-VAC on a one time basis.

Many ex-servicemen and women are unaware that their less-than-honorable discharges can be reviewed and in many cases be upgraded to a General or even an Honorable Discharge. The process is long and tedious but the stigmatism of the less-than-honorable discharge can be erased. SEA-VAC offers assistance in case preparation and presentation before the Discharge Review Boards. They also offer assistance to vets who wish to make corrections to their military records and appealing the denial of VA benefits.

If you need more information on what SEA-VAC can do for you, they are located at 1300 Madison Ave. in downtown Seattle and the office hours are from 8 a.m. to 5 p.m. Monday thru Friday. Or you can give them a call at 625-4656.

**HAPPENINGS AROUND SCHOOL.** ... It's time to get your attendance cards in again. Cards are due no later than today or you face the possibility of having your benefits cut off instantly.

The Veterans Affairs Office has also released a list of Spring Quarter classes for which vets may receive only partial payments. The classes offered don't cover the entire length of the quarter and therefore the veteran can only claim the credits received from the class during the time that the class actually is in session. The classes outline by the vet office are as follows:

Item #	Course & #	CRS.	Begin Date	End Date
E116	POL SC 161	1	4/13/77	5/25/77
F265	MATH 291	1	3/28/77	4/11/77
P570	HOME EC 116	1	4/5/77	4/26/77
P575	HOME EC 116	1	5/3/77	5/3/77
R670	OFF 291	1	3/31/77	4/28/77
V040	ST SER 130	1	4/4/77	4/28/77
V042	ST SER 130	1	4/4/77	5/4/77
V046	ST SER 130	1	3/28/77	4/27/77
V048	ST SER 130	1	5/1/77	6/1/77
W630	COMM 041	1	3/30/77	4/27/77
W635	COMM 041	1	5/4/77	6/1/77
W645	DRAMA 181	4	4/30/77	5/28/77

If you have any questions on whether or not this determination will affect your benefits contact Steve White at the Veteran's Affairs Office in the Counseling Center.

To all the veterans who informed me of their interest on forming a veterans organization on campus I'm sorry that some of the rest of the 700 vets on campus didn't feel the same way. Well nobody can say that you didn't try.

## Tutors needed for Indian students

HCC students are needed to take part in a special tutoring program for Indian children (grades 1-6) in the Highline School District. Of the 500 Indian pupils in the district, 80 are currently involved in the program.

Tutors are paid \$2.00 an hour, and are expected to be available 2 days a week from 3:00 to 5:00 p.m. for one quarter. Help sessions will take place at the following two

locations: Lakeview Elementary, 15820-6th S.W. in Burien, and White Center Heights Elementary, 712 S.W. 102nd.

Students who participate are provided with 10 hours of intensive training in teaching skills and Indian Culture. The experience would be especially valuable to students who plan to pursue a career in teaching or any of the helping professions.

The project is sponsored by the Indian Education Office in Burien and is funded by the State, under the Urban-Rural-Racial-Disadvantaged Program (URRD).

Applications are being accepted through March 3rd for Spring Quarter. For information or an application, call the Indian Education office at 433-2266.

## Patrol needs women

Women are being recruited by the Washington State Patrol according to the Washington State Women's Council.

The WSP, which requires two years of college education, currently has no women in service. Applicants must be between the ages of 21 and 30 and in excellent physical condition.

Contact the Women's Council in Olympia at (206) 753-2870 for additional details.



# arts & entertainment

## Heart beats steady

by Joel McNamara

One of America's fastest rising rock bands is a local group. In the past, none of Seattle's bands have really been successful on a national basis. Heart is the exception.

If you've never heard of Heart, maybe it's time for you to come out of your cave. Heart is the name of a six member group led by sisters Ann and Nancy Wilson. In the same style as Fleetwood Mac, Heart has become an equal opportunity band. Lead singer and flutist Ann, writes and harmonizes Heart's music with her sister Nancy.

But the feminist movement has not completely infiltrated Heart. The group was started by Roger Fisher and his

brother Mike. Based in Vancouver, they wanted to have a group whose name reflected how they played their music. They came upon the name Heart.

The group originally was into doing hard instrumentals. Then Ann and Nancy came into the picture. With their vocals and Heart's heavy instrumentals, the group skyrocketed to become Vancouver's best bar band.

The reaction was so good that they decided to release an album, recording for Mushroom Records, a small Seattle branched company.

The album was called Dreamboat Annie. The first cut to make it big was Crazy On You. It was a mixture of heavy and mellow rock, and

the combination worked out fantastically. Heart began to receive some recognition.

But another cut off the album put them over the top. Crazy On You had hovered in the top ten for a few weeks then dropped out. When Magic Man was aired, everyone knew it would go to the top. And it did. The group became Europe's number one band. Dreamboat Annie became a top seller in the United States with over 1.6 million sales and still rising.

And what do the two Seattle girls, Ann and Nancy say about their band? "The spirit of rock is aggressive and people traditionally attach that to men, because of the male sexual role," says Ann. "But one thing I know; people really get off on seeing a woman rock'n'roll."

What about the Fisher brothers? Are they jealous of the new popularity Ann and Nancy have brought? Not real-



ly, besides being lead guitarist and sound engineer, Roger and Mike "double as Nancy's and Ann's old men."

Heart's next release will be an LP called Magazine. It's due to be released at the end of

March.

This means that Seattle is now culturally mature. A pro football, baseball, basketball and soccer team; and now a superstar rock group. All it takes is Heart.

## Disco dance tonight

For the dance tonight (Feb. 25) the members of the Programs Board have plans to turn the cafeteria into a "nice disco atmosphere."

The Bud E. Brown Band will provide the music, and they plan to do a lot of disco type music. The members of the band play bass, drums,

guitar and keyboard instruments.

The dance is from 9:00 p.m. to 12:00 midnight. The admission is \$3.00 a single and \$3.50 a couple. It is to be formal or semi-formal which means no jeans. "Put no jeans in capital letters," said one member of the Board.

## Cody commands Paramount

by Jim Anderson

"We're going to start out slow and end up fast," sneered the lecherous voice of George Frayne, alias Commander Cody. The Commander introduced his new band and the crowd at the Paramount Northwest last Saturday ate them up.

Cody is a great piano player and entertainer and his new back-up band is tailor made for him. The band features Bobby Black (a holdover from his Lost Planet Airmen) a great steel pedal guitarist and, fresh from the last Steve Miller Band tour, Norton Buffalo on harmonica.

Cody's back-up band started the place hopping with a rousing rendition of the old Glen Miller hit, "In The Mood." Then came the grand entrance of the Commander himself along with two young ladies who provided back-up vocals. They started the Paramount rocking with new material including "Ripping Off the 7-11," and old Lost Planet Airmen standards like "Down To Seeds and Stems Again Blues."

The New Riders of the Purple Sage didn't fare so well against the Commander Cody Band (who preceded them), and a good amount of the two-thirds capacity audience started leaving during their set. Playing mainly from their two most recent albums "New Riders," and from their newest album (just released a week ago) "Who Are These Guys?" The New Riders sang songs about good women, truck stops and a constant subject, the smuggling and growing marijuana.

The New Riders are a victim of their own music. They just aren't offering anything that could stand up against a strong debut album released quite a few years back and probably their best album since. The New Riders are

getting the reputation, along with their old buddies the Grateful Dead, as being just bunch of burned out California hippies playing saccharine coated country music with rock n' roll overtones. I'm sure after last Saturday night a lot of people who see their new album, "Who Are These Guys"

are going to ask themselves "who cares?"

The show was opened by the Stanky Brown Group, who are from the East Coast. The group's members (who didn't get introduced) played a good set of original tunes and were a good opening act for the evening's show.

## Creative Writing contest offers cash and book prizes

Writers: You can win \$100, \$50 or \$25 in cash and book prizes for best short story, humorous essay, or other short pieces between 250 and 1,000 words.

International Publications has announced the Collegiate Creative Writing Contest, with

a free copy of College Contemporaries Magazine for all entrants. The deadline is May 5.

For rules and official entry form, send a self-addressed, stamped envelope to: International Publications, 4747 Fountain Ave., Dept. C-3, Los Angeles, Ca. 90029.

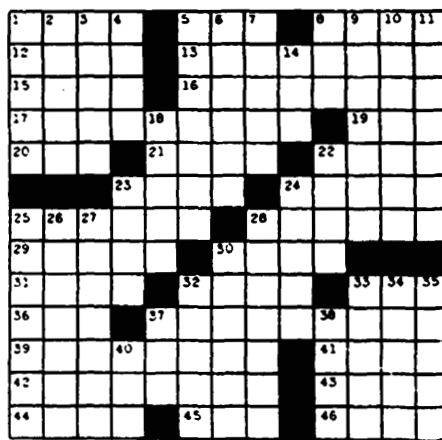
### ACROSS

1. Move with sudden speed
5. Commotion
8. Box-spring support
12. At a distance: poetic
13. Rebuke
15. Ship of 1492
16. Strange being
17. Intimate: 3 wds.
19. Steal from
20. Strong desire
21. Mack and Kennedy, for example
22. Biblical mountain
23. Ripped
24. Make secure: nautical
25. Gypsy language
28. Moves along without propulsion
29. Type of poem
30. Anchor
31. Hot cross —
32. Tide determinant
33. TV network: abbr.
36. High, as in music
37. Exercised, as in a gym: 2 wds.
39. "— of the August Moon"
41. Exhort
42. Railroad employee
43. Bundle
44. Originate (from)
45. Crafty

### DOWN

1. Pop
2. Blazing
3. Talked continuously: 2 wds.
4. Pitfall
5. Cupid's sport
6. Ridicule
7. Begins operating
8. Tossup
9. Honors
10. Stunt performer
11. Song, "Where — Are": 2 wds.
14. Betrayer: slang
18. Make amends
22. Close to
23. Small fry
24. Frontiersman, Daniel
25. Returns part of a payment
26. Wealthy picture
27. Composite
28. Art of preparing food
30. Bit of food
32. Grimaces
33. Yellowish pink
34. It is used for reveille
35. High-spirited horse
37. Was triumphant
38. Confers titles upon
40. That fellow

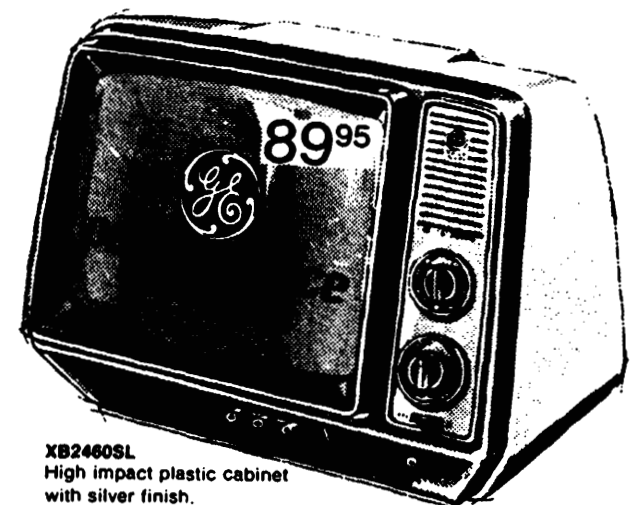
### CROSSWORDS



Copley News Service

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## Checkin' it out

### Rescue from onion and the lone math wizard



by Terry M. Sell  
Associate Editor

All good things must come to an end, and so it was with my glorious unemployment. Between traffic tickets and food my savings reached a point where they became an endangered species.

So I went to my father with pleading eyes and a hastily constructed tear glued to my cheek.

"I'm broke," I moaned. "Food is so expensive."

"You should have realized that before you started eating," he solemnly advised.

So I got a job. I sit in a booth taking money and punching buttons in the interest of selling gasoline. I start every morning at 6:00 a.m. It is an ungodly hour, which may explain the large number of atheists who frequent the station before sunrise.

I meet many interesting (?) people (?) on the job.

In many ways I might as well be operating a literature exchange. Everybody, his sister, and three guys in a pink mustang has a pamphlet to hand out. Assorted religious and "I love America" flyers fill the booth everyday.

One morning a friendly man (they are rare) handed me a healthy stack of religious materials, big enough to choke a rhino with, and said: "Here's some good literature to help you pass the time."

Gack! I'm already surrounded by my psychology homework and I need something to pass the time?

I looked at the top pamphlet and read the title out loud. "RESCUE FROM ONION. Oh, thank you! I've always wanted to read that!" Rescue from onion?

*Yes friends, for the first time in paper back it's Rescue From Onion, the heartwarming story of a menacing green onion, the small boy he terrorizes, and the green grocer who saves them all.*

"No, that's 'Rescue from Orion.'"

"Uh huh. Well, thank you anyway. I've always wanted to read that one too."

And so it goes. I didn't know Orion was on the loose. But it's reassuring to know there's hope even if he corners you.

The other noteworthy group of people that I greet each morning are the cowboy types. They all wear extremely pointed boots that must permanently mutate their toes.

They drive in with the lovely sounds of Red Foley and Kitty Wells playing at concert hall pitch on their car stereos.

Someday I am going to bring my stereo and an ample supply of Alice Cooper and fight back.

One rather abusive fellow came in for a fill-up the other day. He shouted, "You don't have a bathroom do you?"

"No sir," I replied, "we don't."

"Well where do you go?!" he demanded.

Well, when the cars are gone I crouch behind the booth and do it all over the wall. I stared at him in disbelief.

"Well, where do you go?!" he trumpeted once more.

Actually, yes, we do have one. But I'm really a sadist and I want to see you squirm in agony. "It's illegal to use the one I use because it doesn't meet the federal regulations for public bathrooms."

Fortunately that silenced him. He scowled a lot at me after that. Secretly I hope he wet his pants.

One guy in particular is my favorite. He apparently feels superior enough to me to have discontinued the use of the words 'please' and 'thank you' from our conversation.

The first time he ever came in he asked for 10 gallons of gas. I told him that I couldn't do that since I only controlled the price. He said to put it on fill-up and he would take care of it.

He ambled up to the window in his painful-looking boots and said, "Now what does that say out there?"

I looked on my meter and saw he had pumped \$5.39. It was silly of me not to have figured it out. I smiled and nodded.

"You see you just take 10 times the price per gallon. Now what would you do for five gallons?"

It was early and I struggled to multiply five times 53.9. But my friend assumed that function was beyond me.

"You just take half of that," he smiled.

"That's an application of new math. I used to teach math in school."

I was impressed. I was beginning to wonder whether this guy was for real or not.

"Well you can go ahead and use that system from now on. Just multiply the number of gallons times the price."

Gee thanks! I didn't know you could patent such things.

A few weeks later a young man asked to park his car in our lot for the day. I figured it was probably a one shot deal and consented. And who should pick him up but the lone math wizard.

The next morning the math wizard appeared again, so I asked him if the young man was planning to leave his car there again. He was.

It was my big chance to play the heavy and I did not pass it up. "I'm not going to let him do it," I pronounced in my best John Wayne. "This is a gas station (podner), not a parking lot."

The math wizard looked hurt and said, "Okay."

Time passed and the kid did not show. The wizard ambled over again and said, "If that kid shows up you tell him we'll pick him up at his house. Okay?"

Yeah boss! I tell 'im!

I nodded. Hee hee hee. I'll tell him.

The kid arrived some moments later.

"In a green truck? With a cowboy hat and pointy boots? Haven't seen him at all." He produced a worried look and took off in the opposite direction that he had come from.

A little while later the lone math wizard returned.

"Has the kid been by?"

"Yeah, I just sent him back to his house. You must have just missed each other" The wizard left in that direction. I chortled in my joy.

I knew the lone math wizard to be a man of extraordinary intelligence (an idiot of the highest order), and I began to wonder if he had a temper to match.

The minutes passed slowly as I pondered my fate. Soon I could see the green truck passing the crest of the hill.

I knew I was doomed. No one escapes the lone math wizard.

But at that precised moment my boss arrived and my shift ended. I hopped quickly into my beast and started it up, leaving as the wizard arrived. Suddenly the color of his vehicle ticked off something in my mind, giving significance to an earlier event.

Rescue from onion!

## Gold Watch ticks out drama of a family's crisis

by Carolyn Williamson

"Gold Watch" by Mamoko Iko is now playing at the Ethnic Cultural Center Theater at the University of Washington. Performances by the group called The Asian Exclusion Act will continue through February.

Iko's play works well on several levels. Basically the story of the conflict of cultures found in the lives of immigrants and their children, the play centers on the Murakami family.

The characters have their lives complicated by poverty and racial prejudices, but the questions the play asks about independence, honor, courage and the price of survival are timeless. The play takes place

in the Yakima Valley during 1941-42.

Stephen Sumida is the strongest actor in the cast. He gives a fine performance as Masu Murakami, a fiery, profane, stubborn yet strangely poetic man who heads the Murakami family. Sumida's characterization of Masu alone makes the play worth seeing.

Bea Kiyohara is believable as Kimiko, Masu's gentle but resilient wife. Kelly Goto plays their grade school daughter.

Ken Narasaki does nice work as Tadao, Masu's adolescent son. Tadao crosses a bridge from childhood to adulthood during this play, and Narasaki handles both sides of the character well.

As a counterpoint to the

rural life of the Murakamis there is the Tanaka family. Norm Kaneko is Tanaka the successful merchant. Amy Hill is his condescending wife, Selsuko. Marc Hayashi, as their son Hiroshi who has been educated in Japan, is a good foil for the Tadao character.

Lonny Kaneko, HCC Humanities Department Chairman, plays the Rev. Sugano, a peaceful man urging cooperation with the United States government. According to the program Lonny Kaneko later reappears as one of the brutal masked nightriders a character very much in contrast to the Rev. Sugano.

The director, Garrett Kaoru Hongo, has used the small size of the theater to effectively involve the audi-

ence in the action of the play. In the second act actors spread throughout the audience turn the viewers into part of the congregation of the Rev. Sugano's church.

The sets are simple but nice. The bath house scene and

the old fashion furniture work well.

The theater is at 3940 Brooklyn Avenue N.E. Performances are on Thursday, Friday and Saturday at 8:00 p.m. The Sunday matinees are at 2:00 p.m. Admission is \$3.00.

## College artists compete

Spokane Falls Community College (SFCC) is presently accepting drawings from college artists in the northwest region for entry in its annual drawing competition, according to Bill Kent, exhibit coordinator. Entries will be displayed in an Exhibition of Drawings to be held in the SFCC Gallery from March 3 through March 31.

Kent, who noted that there

is already indication of a good turnout, said that to be eligible for the competition artists must be enrolled in a college in the states of Washington, Idaho, Montana or Oregon. Entries must be received no later than February 28.

Entries and further information may be obtained from the SFCC art department, 456-6100.

## the center stage

### **"Love's Labour's Lost" opens March 9th**

The HCC drama department is now in rehearsal for their production of William Shakespeare's "Love's Labour's Lost." The primary players are: Pam Major as Roslyn, Dave Cook as Berown, Charlotte Sowers as the Princess and Byron Ellis as the King.

The play is a comedy about four young men who resolve to abstain from the society of young women until confronted with four appealing young women, whereupon they break the resolution.

What has to happen happens, to the gratification of the world which loves a lover!

The play opens March 9th and runs through the 12th. Ticket prices are: Students \$1.00 and non-students \$1.50. Show time is 8:00 p.m.

Pictured here are: Anne Powers (Maria), Thomas O'Brien Colby (Costard), Pam Major (Rosaline), Carol Kramer ("Moth") and Les Paul Kniskern (Boyet).



photos by Rory Lee Thiemann





# campus culture

## REFLECTIONS

### Master carver teaches ancient Indian art



by Carolyn Williamson  
A. & E. Editor

Over in the welding shop amid all the big equipment and the clatter of modern machines one can find Jim Ploegman, craftsman and artist, who is an instructor of one of the oldest of art forms. He is a master carver who works both in wood and in stone.

A wood carver for twenty-three years Ploegman has been at Highline for the past six years and has taught both day and evening classes at various times. An example of his students' work can be seen in the carved totem poles that support the bulletin board in front of the library.

Ploegman, a native of the Northwest, was born in Enumclaw. He was first attracted to the carvings of the Pacific Northwest Indians because of its beautiful detailed work.

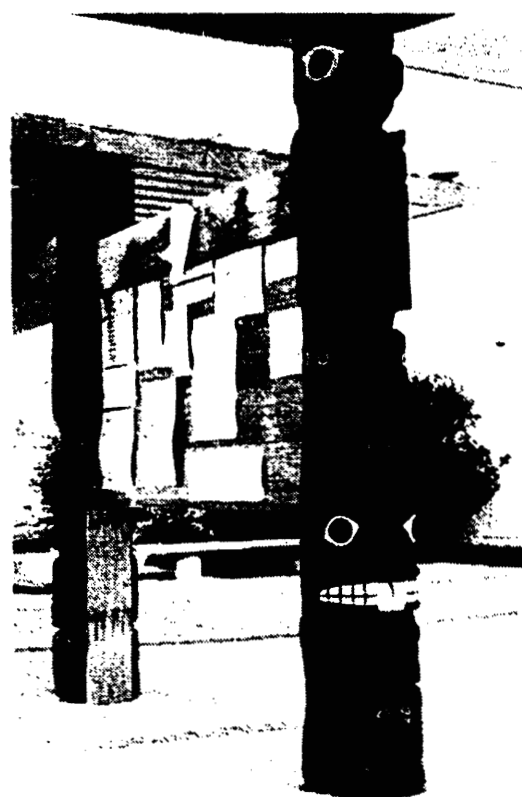
He has tremendous respect for the work of the coastal tribes both for the quality in its execution and for the massive size of their art works.

Ploegman is very knowledgeable about the carvings of the Pacific Northwest Indians and has taught carving at Taholah on the Quinault Indian Reservation. Many characteristics of the coastal tribes art can be seen in his own work.

"The average person unless he visits a museum has never really seen the quality work of the Indians. Tourist art is totally phoney," he said. The Long House at the Seattle Center is one nearby place that

shows the actual size of the dwellings made by the coastal tribes.

"I enjoy doing large pieces very much," he said. Some examples of his larger works are the 23 foot tall totem pole in the Renton Shopping Center. He has carved a reproduction of a house post that weighs 450 pounds and is over seven feet tall. He worked eight weeks for ten hours a day to carve the house post.



MOTHER BEAVER . . . carrying her children between her ears supports a folded wing hawk on this totem pole in front of the library.  
photo by Mark Mannard.

At his school in his home he has a 28 foot dug out canoe which is not completed as a canoe yet, but is being used as a holder for his tool trays.

Ploegman enjoys teaching so much that one quarter he had classes at Highline, Bellevue and Green River Community Colleges and still kept his three hour class on the Quinault Reservation. To meet the Taholah class he drove 169 miles each way.

In his classes Ploegman's students learn to distinguish a mass produced item from one which has been hand made. Students also learn the basic use of tools and how to determine the grain directions in wood.

Then each student gets to pick out a project to create for himself. Some students choose to work on such varied things as furniture carving, sculpture, flat relief, Northwest Coast Indian Carving, murals or carved doors.

"Hard stone has to be done in a studio with goggles and respirators," he said explaining why his students work in soft stone. They can work in soft stone using a band saw and complete the finishing handwork by filing, polishing and etching.

A lot of people tell him that they would like to carve wood but don't know how to draw.

"I can't draw' is no excuse," he says. "In carving you form from the wood so you don't have to be able to draw. In fact most people are surprised at what they are able to turn out after just being shown the basics."

People get into wood carving for their own pleasure, but some of his students are surprised to find that their work sells and there is a demand for it.

Every Thursday night Spring Quarter he will be sharing his knowledge of this ancient skill with a class at Highline. Students will learn the difference between adzes, end shavers and slicks then go on to develop their own skill in carving with the help of a master carver, Jim Ploegman.



PURE JUNK...The winning entries in the Innovative Program Committee's Junk Art Show are shown here with their perpetrators. The event, sponsored by the HCSU, was one of the most successful of the year, drawing almost 10 entries.

photo by Mark Mannard

## Minority Affairs Sponsoring Crafts Show

An American Indian crafts display, sponsored by the HCC Minority Affairs Office, will be set up in the library on March 3.

The crafts will include beading and basket weaving. Ms. Lena Frank and Ms. Dorothea Orendorf will be there demonstrating those crafts.

Black Arts West, an all black theatrical group from Seattle, performed in a play Feb. 23 in the Lecture Hall. The play entitled "Don't Bother Me, I Can Cope," was a black cultural experience, expressed in song and dance.

Feb. 24 was designated as "Black Student Awareness

Day" and was a busy day for all participants. It began with Brenda Edwards giving a demonstration on applying special cosmetics for blacks in the Student Lounge.

The demonstration was followed by a film in the Lecture Hall entitled "Black Culture, Lost, Strayed, and Stolen." To wind up the activities a disco was held in the Student Lounge.

During all the activities, a booth was set up in the Lounge by the Black Student Union, for selling t-shirts with shadow pictures of famous black patriots.

The Red Earth Players, part of the Native American Arts Co. performed on campus on the evening of Feb. 24. The Native American Arts Co. is an all Indian theatrical group from Seattle.

The play "Coos' Con Coyote," is based on lore and myths of northwest Indians. It was rich in Indian humor, incorporating song and dance. It is adapted from the Nez Perce tribal legend.

All of the activities were sponsored by the Highline College Minority Affairs Office located on the North end of the Student Lounge.

## Chamber tells contents of spring program

First Chamber Dance Company, HCC's Artists-in-Action, have announced the programs for their spring concert series. Two concerts will be in Meany Hall at the University of Washington.

The Wednesday night, March 16, performance will feature Charles Bennett's new

work to Gustav Mahler's "Tenth Symphony" and the Company premiere of the Black Swan Pas de Deux from Tchaikovsky's "Swan Lake."

The Friday night, March 18, concert will feature as guest artist Teodoro Morca. He and Sara deLuis will perform his "Suite d'España." The com-

pany will give their first performance of "Raymonda Pas de Deux" by Glazunov.

There is a ten percent discount available on ticket prices if tickets to both performances are ordered together. Group rates are also available. For more information about tickets call 246-4313.

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## Ensemble and Choir make beautiful music together



The joint spring concert of the Vocal Ensemble and the Concert Choir will feature many different types of music.

They will give a mini-concert on Thursday, March 10 at 12:00 noon followed by a full length concert on Sunday, March 13 at 3:30 p.m. Both concerts will be in the Lecture Hall.

The program will include pieces from the 16th and 17th century as well as such contemporary songs as "Solitaire" and "Abraham, Martin and John." They will also sing a medley from "Carousel" by Rogers and Hammerstein as well as gospel songs among many other pieces.

The Vocal Ensemble and

the Concert Choir, which recently completed a successful tour of southern Washington and northern Oregon, are under the direction of Gordon Voiles. Stella Levy will accompany them at the concerts.

Members of the ensemble are: Tim Bartholemew, Greg Bonathan, Karen Carlson, Therese Chapdelaine, Pamela Coon, Cindy Driskell, Susan Fink, Steve Harper, Ben Heinrich, Joseph Hughes, Kelley Kirwan, Susan Lamb, Lewis Latta, Timothy Mattheis, Michael McPherson, Karen Olson, Thomas Osborn, Debra Prescott, Susan Racer, Mark Roddy, Lisa Rodgers, Laura Rose, Tom Soderquist, George Very, Dale Villines, Shanon Voiles and Laurel Warner.

## Crocker soars for the few

by Terry M. Sell

"Poetry," he said, "kind of like syphilis. A lot of people have it but nobody wants to spread it around."

Jack Crocker began his show with that, which commenced the finest fifty minutes of entertainment this campus has had all year.

Folksinger, poet and humorist, Crocker used all three modes in transmuting a little Americana to about thirty people at the HCC Lecture Hall Feb. 18 in a noon concert sponsored by Phi Theta

Kappa. And he was proficient throughout.

Crocker opened with some of his poetry, describing it in a humorous, deprecatory way that smoothly warmed his audience.

His poetry is about the 'common' side of life: a bum who rode greyhound buses and read Shakespeare, "Listening to a Fat Woman Waiting to be X-rayed at a Radiology Clinic," and others.

He deals with usually uncomfortable subjects like death in a casual human way that brings them into perspective.

"It's rather a cliché, death is," Crocker quips.

After finishing his poetry Crocker dons his guitar, proceeds to poke fun at country and rock music, Elvis Presley, John Denver and others.

He sings a duet by Red Foley and Kitty Wells (both parts), saying, "That works equally well for Red Foley and Tiny Tim."

Crocker's Presley imitation is particularly good, and satirizes the meaningless lyrics of many of the Pelvis's early works.

But the man (Crocker, not Presley) is a fine singer, and does some nice things with Dylan, John Pryne, old blues, and some interesting originals.

His ending remarks are among his best. "You've been a very kind audience," he says, "what kind I'm not sure." And "You've been an excellent audience, but then I've been an excellent performer so we're about even."

It was a superior show as entertainment runs on this campus, what with the one-act variety show (it was a good act!) and the unending parade of talentless rock bands that have played this year. If Crocker comes again, see him, if only to remember there is decent entertainment in this world.



NO SYPHILIS HERE...Jack Crocker spreads his art at Highline CC. Crocker recited his poems and sang during his February 18 appearance in the Lecture Hall.

photo by Mark Mannard

## Variety of clubs

Nineteen clubs answering most students' interests are open for memberships this year at Highline. Just a phone call or note from you to the sources listed below, can get you into the club of your choice.

For contacting the Student Government Office, call Ext. 255 or come to the office located on the 2nd floor above the cafeteria on the south side. The Minority Affairs Office is located on the second floor on the north side.

**Black Student Union** ... Karen Williams, Minority Affairs

**Chess Club**... Ken Slough, Student Government Office

**CHILD**... Children of Highline Individual Level Develop-

ment, Joanne Scallon, Child Development Center

**Diving Club** ... Dale Vell, Student Government Office

**Fencing Club** ... Mark Oglesby, Student Government Office

**Hiking Club** ... Meetings every Tuesday in the non-smoking area of cafeteria

**Indian Association** ... Maryann Miller, Minority Affairs

**Karate Club** ... Bob Brags, P.E. Dept., the pavilion or Faculty C.

**Minority Coalition** ... Prescilla Young, Minority Affairs

**Paralegal Association**... Arlene Ross, Student Government Office

**H.C.C. Society of Innkeepers and Restaurateurs**... Jim Kohler or Mike Armstrong, Faculty D.

**International Students** ... Jo Matsumoto, Counseling Center

**Pep Staff**... Sue Alcorn, Office of Student Activities

**Phi Theta Kappa** ... Joan Fedor, Faculty B, Ext. 286

**Political Forum Club**... Student Government Office

**Seamstress Club** ... Brenda Edwards, Minority Affairs

**Ski Club** ... Tom Cahill, meeting posted in the daily bulletin and around campus

**SWEA Student Washington Education Association**... Brian Gurule, Student Government Office

## Campus read-in

Highline students and staff members will read from their own writing at 12:00 noon on March 8.

The winter read-in is a first for HCC. All students are invited to take part in this aural experience and to find out what their fellow students have been quietly writing on the clean sides of napkins. Poems stories and essays will be read.

Any student or staff member interested in participating should contact Lonny Kaneko in Faculty B before March 1.

## First Chamber dancing day and night

The dance workshops taught by members of the First Chamber Dance Company, HCC's artists in residence, have expanded to two sessions this quarter.

Drama 181, a four credit course, is offered during the day on Saturdays from 3:30 to 6:00 p.m. The evening class meets from 7:20 to 10:00 p.m. The classes meet at the Highline Arts Center, 425 S.W. 144th in Burien.

The course content has also been expanded. Although the emphasis is still on ballet, the class will study modern dance, jazz and introduction to tap.

There are no prerequisites for Drama 181. The classes are open to anyone who is interested in the art of dance.

To find out more information about the Dance Workshop contact the Continuing Education Office at 878-2020.

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# sports

T-birds crush Olympic

## Cagers advance to play-offs

Highline's men's basketball team earned a Coastal Region play-off berth, by defeating Olympic 106-82, in the T-birds final regular season game on Feb. 18.

Although Highline was only one game out of first place, the T-birds finished fourth overall, as Grays Harbor, Mt. Hood and Lower Columbia all tied for first place.

Highline hosted Centralia on Wednesday, in a first round play-off game. The winner advanced to Grays Harbor, with the loser hanging up their uniforms for the year. Results of the Centralia game, were unavailable at press time.

Highline finished 8-6 in Coastal Region action and 14-12 overall.

### Highline 106, Olympic 82

Highline should have been arrested for stealing, during their 106-82 victory over Olympic.

Highline's tough full court pressure defense, caused 30 Olympic turnovers, many of which were quick handed steals that resulted in easy break-away lay-ins, to let Highline hit its highest scoring game of the year.

The T-birds started fast and never slowed down, as they jumped out to an early 10-1 lead, and eventually ran up an insurmountable 53-32 halftime advantage.

The second half saw Olympic make only one serious comeback, but the closest they could get was a distant 14 points.

Robert Keller and Randy Campbell did most of the damage for the T-birds. Keller hit his season high of 35 points and 12 rebounds. Campbell also scored a season high of 32 points, and added nine steals.

Highline also had a team high, as the T-birds totaled an amazing 35 assists for the game. Rob Stone had a season high of ten, with Barry Wolf adding seven and Campbell having six.

### Mt. Hood 80, Highline 79

Highline lost its chance to finish first in the Coastal Region, with a disappointing 80-79 loss to Mt. Hood on Feb. 16.

The first half saw Highline in control, with leads of four to eight points, before settling for a 49-47 halftime advantage.

But Mt. Hood controlled the second half, as they scored the first six points and never trailed from that point on.

Highline also failed to score, on a one-and-one free throw opportunity and a Mt. Hood turnover, in the final five seconds of the game.

Randy Campbell led Highline scoring, with 21 points. Robert Keller followed with 17, as Mark Stuckey and Barry Wolf hit for 13 and 12 points apiece.

### Highline vs Centralia

Highline "scored" with an improved defense in the second half, causing several key turnovers by Centralia and enabling the T-birds to pull out a 72-69 victory, on Feb. 9, in the HCC pavilion.

Highline trailed 38-34 at halftime and 42-34 early in the second half, before the T-birds pressure defense took its effect.

T-bird Pete "BB" Mezich, gave Highline the lead for good 68-67, with a top of the key jumper, with just over 20 seconds to go.

Highline's pressure defense, then caused a Centralia player to travel, giving the ball back to the home squad.

Mezich was fouled with 16 seconds to go, and calmly sank both ends of the one-and one, to give the T-birds a 70-67 margin.

Centralia scored with seven seconds left, to make it 70-69, but had to foul to get the ball back.

A Trailblazer fouled Barry Wolf with five seconds to go, and Wolf hit both free throws, to end Centralia's hope of victory.

Mark Stuckey saved Highline in the first half, scoring 12 of his 17 points in the opening period. Stuckey also had six rebounds.

Randy Campbell threw in 16 points, with Wolf adding 13 points and 11 rebounds.

### Highline vs Clark

Highline led from start to finish, but had to "fight," for a 90-80 victory over Clark, Feb. 12.

Highline settled for a 48-42 halftime lead, but battled off several late Clark rallies, to preserve the win.

Highline out-scored Clark 9-2 in the last two minutes, after two Clark free throws had cut Highline's lead to 81-78.

Randy Campbell scored 26 points and had five assists, to top the T-birds.

Barry Wolf added 19 points, with Mark Stuckey hitting for 16 and Rob Keller netting ten.

Highline amassed 24 assists, but lost the battle of the boards by one, 32-31.



HACKING?...Mark Stuckey (42) of Highline is taken from behind by Lower Columbia's Al Anderson in a recent Coastal Division game. Hot in pursuit is LCC's Steve Sweet, while John Buchanan (LCC) and Randy Campbell watch from the expensive seats.

photo by John Luman

## Playoffs to begin for intramurals

With only one week remaining, several teams are still battling it out, to see who advances into this year's Winter Quarter intramural three-on-three basketball playoffs.

Each of the ten teams have been playing since the beginning of the quarter, with each team playing a ten game schedule.

The top six teams will then advance into the playoffs, to determine who is number one.

All playoff games will be conducted during finals week. Each player on the championship team will receive a trophy.

"More Ons," "Beck's Bombers" and "The Bricks," all look like they have playoff spots locked up and are the

teams to beat, for the championship trophies.

Intramural basketball will also be offered in the Spring. For more information, contact either Intramural Director Dale Bolinger in the Pavilion, or John Clemens, student assistant.

TEAM	W	L
More Ons	7	1
Beck's Bombers	6	2
The Bricks	5	3
E. Side Gang	2	4
Jets	2	3
Senility	2	3
Raiders	0	4
Ringers	2	0
Aces	1	1
Underdogs	1	5

MEN'S BASKETBALL Final Coastal Region Standings		
Team	Wins	Losses
Lower Columbia	9	5
Grays Harbor	9	5
Mt. Hood	9	5
Highline	8	6
Centralia	8	6
Olympic	5	9
Peninsula	5	9
Clark	3	11



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# 'Ladybirds' wind down league season

## Tourney starts March 3

Highline 71,  
Lower Columbia 74

The HCC women lost a tough basketball game to the undefeated Lower Columbia She-Deviils in overtime, 74-71 on Feb. 18.

The Highline women had led the entire game. But with just one minute left Lower Columbia went ahead by one. Highline had a one-and-one free throw attempt that failed; but with four seconds left HCC's only returning player, Kristi Steenerson, sank one of two free throws tying up the score 65-65.

Three HCC reserves and two starters played during the five minute overtime after four Highline women fouled out. Lynette Brown, freshman guard was the T-bird's only scorer in the extra period with six points, but the She-devils pulled the win out from under Highline's feet 74-71.

Brown scored her personal high of 26 points for Highline and played the entire game, collecting only one personal foul. The T-birds as a team received 29 personal fouls while Lower Columbia had only 18.

Highline's other two starting guards, Sara Stafford and Connie Shupp each scored 12 points and Stafford picked up seven steals. The T-birds' rebounder was Cheryl Taylor who pulled down 23 boards and scored ten points before fouling out early in the second half.

Highline (71) Stafford 12, Brown 26, Chester 2, Calvin, Shupp 12, Steenerson 3, Ponzoha 4, Ochs 2, Taylor 10. Lower Columbia (74) Nelson 2, Hill 2, Rich 11, Stephan 4, Simpson 34, Miller 7, Guglielmo 14. Halftime Highline 35-34 regulation 65-65

Highline 69,  
Fort Steilacoom 53

Against Fort Steilacoom the T-birds started off slow but had a big second quarter to push the Raiders back into the cellar of the Southern Division and hold on to Highline's fifth place standing.

Highline's Sara Stafford and Connie Shupp started the rally, when the two freshman guards began stealing the ball, and leading Highline fast breaks. Another guard, Lynette Brown helped out on top with the T-bird defense and Cheryl Taylor and Shelley Chester provided coverage un-

derneath the Raider's basket to help the T-birds to a 39-17 halftime advantage.

The second half saw one T-bird foul out and Cindy Ochs and Diane Ponzoha come off the HCC bench to score six points in the final minutes and keep the T-birds on top 69-53.

Taylor had an outstanding game collecting 29 points for the T-birds. The freshman forward from Rainier Beach scored mainly on offensive rebounds and is now averaging over 12 points a game.

Another T-bird scoring in double figures was Brown, who put in 20 points on fast breaks and outside jumpers. Shupp provided some surprises for Fort Steilacoom with her jump shots. She swished in eight points for Highline.

Highline (69) Chester, Stafford 6, Calvin, Brown 20, Shupp 8, Ochs 2, Steenerson, Taylor 29, Ponzoha 4. Fort Steilacoom (53) Thomas 8, Budiseliich 2, Benn, Evans 10, Milner 2, Hjelm 25, Munn 6. Halftime Highline 39-17

Highline 77,  
UPS j.v. 33

The T-birds' first non-league win came Feb. 14 when they defeated the UPS j.v., 77-33.

Highline led throughout the entire game as Highline guards, Brown, Stafford, Shupp and Carole Calvin picked up many UPS loose balls and led fast breaks for HCC layins.

The T-birds' pivot players, Chester, Ponzoha, Taylor and Kristi Steenerson out-rebounded the UPS squad with their extra hustle and Taylor scored 18 points for the T-birds, again mainly on tip-ins and inside jump shots.

After holding an impressive 43-21 halftime lead, High-



UP FOR ANOTHER TWO...Highline's Lynette Brown (14, white jersey) exploded for 26 points against Lower Columbia. Watching are teammates Connie Shupp (32) and Lynette Brown (25).

line slowed the tempo down and held UPS to only 12 points in the second half while scoring 34 themselves.

The women were led by Shupp, freshman from Tumwater, who had her best scoring game at Highline with 24 points. Taylor followed with 18 and Stafford had 11.

Highline (77) Stafford 11, Brown 8, Chester 2, Calvin 6, Shupp 24, Steenerson 4, Ponzoha 4, Taylor 18. UPS (33) Kirsner 12, Maroda 2, Frank 2, Brosseau 6, Bell 4, Young 2, Connally 3, Harrison 2. Halftime Highline 43-21

Highline 46,  
Grays Harbor 73

When Highline travelled to Grays Harbor Feb. 11 they were missing two players, and had only six women suited up for the game. When Brown was fouled out in the first half she gave her uniform to Ochs

who had forgotten her top and Ochs was permitted to play.

Taylor led Highline with 16 points. Calvin had her best scoring game this season, with 12 points, including six for seven at the free throw line.

The Highline women's last home game was Friday Feb. 18 when they hosted the division's top team, Lower Columbia. The lady birds finished their league play Wednesday night when they travelled to

Green River and will compete in a post season tournament March 3, 4 and 5 in Centralia.

Highline (46) Calvin 12, Brown 4, Shupp 10, Taylor 16, Chester 4, Ochs, Ponzoha.

Grays Harbor (73) Simmelink 6, Tosland 2, Gabbard 8, Warden 6, Hodge 4, Lund 12, Gonsalves 22, Hamilton 12. Halftime Grays Harbor 38-20

Name	FG	FT	%	F	TP	AVG. Game (17)	High Games
Brown	162	21/43	49%	49	183	12.2	26 15
Calvin	34	12/23	52%	41	46	3.1	12 15
Chester	34	2/15	13%	53	36	2.1	8 17
Ochs	12	1/6	16%	18	13	1.0	5 13
Ponzoha	14	1/13	7%	22	15	.9	4 16
Stafford	84	16/39	41%	62	100	6.3	16 16
Shupp	128	40/79	51%	48	178	10.5	24 17
Steenerson	26	3/13	23%	19	29	1.9	4 15
Taylor	164	41/76	54%	49	205	12.1	29 17

Phi Theta

# Kappa

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# sports

## Wallick 'outstanding wrestler'

# Grapplers fourth in NWAACC tourney

by Terri Gailfus

The competition was tough. The pavilion was packed with screaming fans, and the T-birds wrestled their hearts out to place fourth in the Thirteenth Annual NWAACC Wrestling Tournament, on Saturday, Feb. 15 at Highline.

Undefeated Ron Wallick of Highline, earned the outstanding wrestler of the tournament, voted on by the seven coaches that entered the tournament.

The Columbia Basin Hawks, last years champions, walked away with first place, earning 87 points. The Green River Gators placed second with 57½ points. Grays Harbor's Checkers came in third with 51½ points. Highline, who placed third last year, earned 49½ points to take fourth.

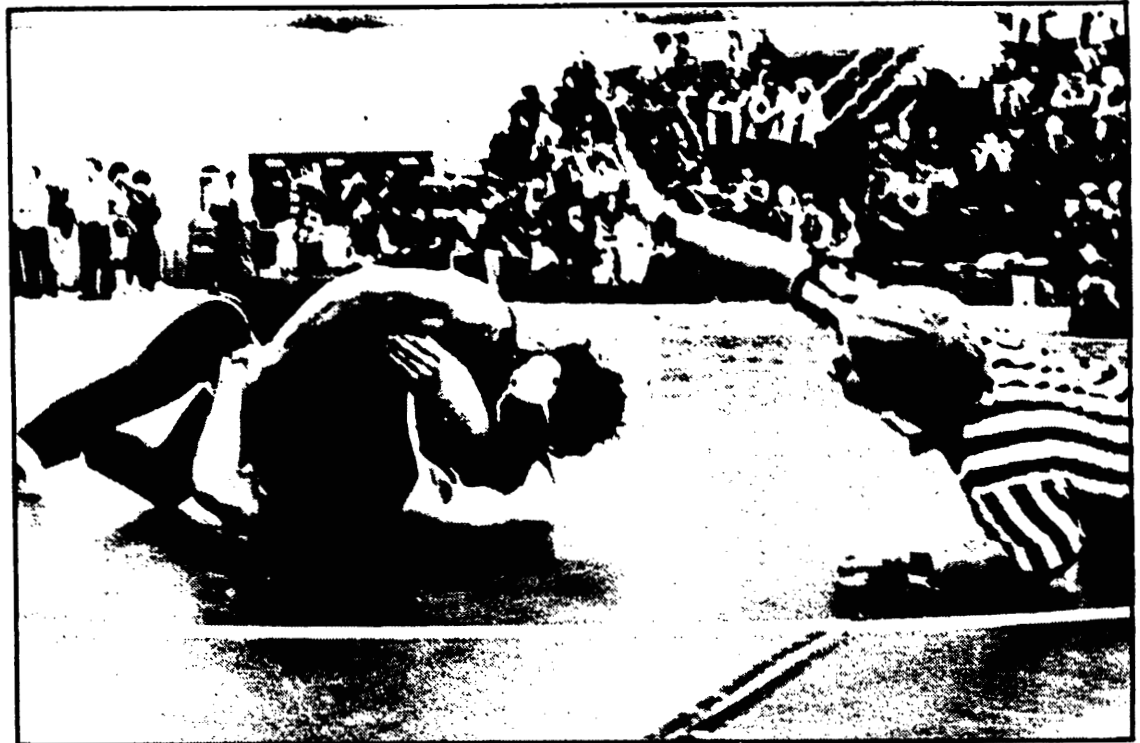
Before the tournament, H.C.C.'s coach Dick Wooding expressed his feelings about the T-bird's chances. "I think everyone of our wrestlers will

place in the top four." Wooding predicted the team to place between second and fourth. "It's going to be tough to get first, Columbia Basin is pretty strong."

The second part of Wooding's prediction came true, "unfortunately," he exclaimed, "we placed at the wrong end of it."

The first part of Wooding's prediction came true... almost. Isamu Segawa, wrestling at 134 pounds, made it to the semi finals, winning his first match, 13-0. He then lost to Roger Webb of Columbia Basin, 13-1. This placed him in a consolation match against Jim Karstetter of Lower Columbia. The winner of this match would then wrestle for third or fourth place in the tournament.

Segawa and Karstetter were so evenly matched, that at the end of the third round, the score was tied 4-4. In three-one minute periods of overtime Karstetter earned one point on an escape. Segawa lost a tough match by



ALMOST THRE...Ron Wallick, named outstanding wrestler in last Saturday's NWAACC Championships, nears an easy pin over Green River's Mike Calkins.

photo by Mark Mannard



LATER THAT SAME DAY...Highline's Wallick throws around Green River's Dennis Bottineau in his easy championship victory.

photo by Mark Mannard

Individual champions of the Northwest Athletic Association of Community Colleges Wrestling Tournament:

118 1st Chip Taylor of Columbia Basin  
2nd Mike Edwards of Highline  
3rd George Hamilton of Grays Harbor  
4th Jeff Phalen of Green River

126 1st Mark Vela of Columbia Basin  
2nd Nick Capato of Green River  
3rd Ken Pewitt of Highline  
4th Terry Corrigan of Grays Harbor

134 1st Roger Webb of Columbia Basin  
2nd Matt McCleary of Green River  
3rd Dennis Borland of Grays Harbor  
4th Jim Karstetter of Lower Columbia

142 1st Hans Nelson of Columbia Basin  
2nd Jerry Wolen of Grays Harbor  
3rd Marvin Anderson of Centralia  
4th Rich Beaufort of Highline

150 1st Elory Thompson of Grays Harbor  
2nd Pat Smith of Green River  
3rd Mike Ward of Mt. Hood  
4th Ken Brisky of Columbia Basin

158 1st Fred Miles of Columbia Basin  
2nd Dennis Underwood of Green River  
3rd B. J. Boatman of Lower Columbia  
4th John Clemens of Highline

167 1st Fred Chapin of Columbia Basin  
2nd Rick Jennings of Highline  
3rd Paul Impson of Green River  
4th Ron Winiger of Lower Columbia

177 1st Ron Wallick of Highline  
2nd Dennis Bottineau of Columbia Basin  
3rd Scott Baird of Mt. Hood  
4th Bob Cheney of Centralia

190 1st Randy Winiger of Lower Columbia  
2nd Bob Bridgeman of Centralia  
3rd George Holland of Grays Harbor  
4th Tim Judkins of Highline

Unl. 1st Brad Stohr of Green River  
2nd Miles Smith of Lower Columbia  
3rd Bob Beck of Grays Harbor  
4th Steve Marlow of Columbia Basin

only one point, knocking himself out of the tournament.

Karstetter later lost a match to Dennis Borland of Grays Harbor. He placed fourth in the 134 pound weight class. Roger Webb of Columbia Basin, who beat Segawa earlier, placed first.

In the first session of the tournament the T-birds won every match, even earning births to the semi' finals.

Mike Edwards, 118 pounds, drew a bye. 190 pounder, Tim Judkin, also drew a bye.

126 pound Ken Pewitt out wrestled Tony Brouhard of Centralia 3-0.

134 pound Isamu Segawa won easily, 13-0.

142 pound Rich Beaufort won in overtime to Marvin Anderson of Centralia.

John Clemens, 158 pounds, pinned his opponent with 35 seconds left in an exciting match.

Rick Jennings, 167 pound wrestler, scored 6-3 over Ron Winiger of Columbia Basin.

177 pounder Ron Wallick easily pinned Mike Calkins of Green River.

Winning every match in the first session, Highline was ahead in the team standings by 2¼ points.

"I'm real happy about the way things are going so far," said Wooding, "But the semi's are tough, that's where we'll find out if we're going to win it." He added, "It's going to be a long day."

The semi' finals began with the 118 pound weight class. Mike Edwards of Highline wrestled to the finals by out scoring Rod Hamilton of Grays Harbor. At the end of the match, the score was tied 2-2. But because Edwards had more control of the match (riding time), he earned one more point, winning the match 3-2. This gave Edwards a chance at first, by wrestling undefeated Chip Taylor of Columbia Basin.

The finals match was fast moving, with both Edwards and Taylor showing a lot of hussle. Edwards looked stronger at the beginning of the match as Taylor struggled to keep from falling. At the end of the match, the score showed an equally strong Taylor. They were tied 1-1. Both wrestlers scored 2 points in overtime, but Taylor earned one extra point riding time. Edwards lost a close and disappointing match by one point.

Mike Edwards of Highline placed fourth overall in the 118 pound weight class. Chip Taylor, still undefeated, placed first.

In the 142 pound division, Rich Beaufort of Highline, apposed Hans Nelson of Columbia Basin. Before his semi' final match, Beaufort expressed his fears. "It's going to be a tough match, I'm kinda nervous." Beaufort had good reason to be nervous. Nelson came into the tournament undefeated, and left the tournament undefeated. He beat Beaufort 6-0, and came in first place in the 142 pound division.

Later, Beaufort wrestled in the consolation matches. He won the first, 4-1, and lost the second 10-7. Beaufort placed fourth in the 142 pound division.

John Clemens of Highline, also placed fourth in his division. After an exciting pin in the first session on the tournament, the 158 pound wrestler was up against Dennis Underwood of Green River in the semi' finals.

Clemens injured his shoulder during the first period, but came back from a 3-1 score to tie the match. Underwood earned more riding time, and won the match 4-3.

Unable to get any higher than third in the tournament, Clemens then wrestled Stark

(Continued on Page 15)

## Grapplers fourth

(Continued from Page 14)

of Centralia, in the consolation tournaments. The equally matched wrestlers, took the match into overtime. Clemens scored one point in overtime, winning the match.

Clemens placed third in the tournament, after losing his last match to B.J. Boatsman of Lower Columbia, 5-2.

Each of the wrestlers participated in four matches or more through-out the tournament. Rick Jennings, 167 pound wrestler of Highline was no exception. After earning a birth to the semi-finals, Jennings wrestled Tom Wahl of Grays Harbor.

It was a high scoring match, with Jennings leading the way. In the third period, Wahl came back, scoring six points to tie the match. Jennings won in overtime, matting him against Fred Chapin of Columbia Basin. Jennings lost a close match 3-1. He placed second in the 167 pound division.

After the first session of the tournament, 177 pound Ron Wallick of Highline, sat down for a long rest. It wasn't planned that way, but because of Wallick's reputation, a would-be opponent forfeited the match. Wallick had nothing to do but psych-up for the final's.

When the finals match came around, Wallick was ready and waiting for Dennis Bottinneau of Green River.

The match was filled with action from the start. About one minute into the match, Wallick, looking almost playful, slapped Bottinneau in the face, causing blood to spirt from his nose. Wallick was undisputedly in control of the match, and stopped pressuring Bottinneau only when the referee called time out to wipe Bottinneau's blood from Bottinneau, Wallick, and the mat. The easy win placed Wallick in the championship spot of the 177 pound weight class.

Highline's 190 pound wrestler, Tim Judkins, received two byes early in the day, sending him to the semi finals unopposed. He finally got his chance to prove his ability against Randy Winiger

of Lower Columbia. It was a close match throughout, either one capable of winning. 7-7 was the score at the end of the match. The decision was awarded to Winiger, because of more riding time.

Judkins later won a consolation match against Gambrel of Mt. Hood. Winning this match gave him a chance at third by wrestling George Holland of Grays Harbor. Judkins was behind by only one point in the first period of this match. As the match went on, the distance between the scores increased. Judkins lost the match, 8-4. After this match, Judkins received a fourth place honor in the 190 pound division.

There was a disputed match in the 190 pound weight class, when Bridgeman of Centralia won by default against Holland of Grays Harbor.

A default, according to the rules, is "awarded in a match when one of the wrestlers is unable to continue wrestling for any reason."

The official claimed that Holland illegally slammed Bridgeman to the mat. Bridgeman claimed injury and was unable to continue the match. Because of Holland's illegal actions, Bridgeman was awarded the match.

Grays Harbor's coach wasn't too pleased about the situation, and made it known to the officials. He wondered — out loud — if Centralia's injured wrestler would make a quick recovery in time for the finals.

Sure enough, when the finals match began, Bridgeman was out on the mat opposing Randy Winiger of Lower Columbia. Bridgeman lost the match, 10-3, and placed second in the overall standings of the 190 pound weight class.

Dale Bolinger, manager of the tournament, and physical technician manager of Highline, worked long hours to make the tournament possible for the hosting school. "He did a heck of a job," stated Wooding. The announcer said it well when he said, "We'd like to thank Dale Bolinger, who made everything, and everybody work."



THE 1976-77 HIGHLINE WOMEN'S SWIM TEAM... (L to R) Cathy Parker, Kathy Ingalsbe, Laura Babin, Linda Thompson, Coach Milt Orphan, Usa Yonaka, Ann MacDonald, Christy Miller, Lynn Reisinger and Tammi Wood.  
photo by Mark Mannard

# REFLECTIONS

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REVERSAL...Rich Beaufort, HCC 142-pounder, gave the heave to Centralia's Marvin Anderson to aid in an early-round, overtime victory.  
photo by Mark Mannard



## the other side

# Vegetarians praise meatless diet

by Marian Forschler

One of the culprits of the world food crisis is in the backyard.

That is the philosophy of the film, "Diet for a Small Planet," shown Jan. 17 in the Lecture Hall. Frances Moore Lappe and Ellen Buchman Ewald, authors of the book by the same title, demonstrated vegetarian food preparation. They stressed the combining of several vegetable ingredients to achieve higher protein quality.

According to the film, there is no essential element of nutrition that is found exclusively in meat.

The information given described the U.S. as having about one acre of arable land per person. But it pointed out that it takes three-and-one-half acres of land per person to produce a meat-and-milk-based diet. A vegetable-based diet, by contrast, requires one-twentieth as much land.

"It seems kind of greedy

for the United States to continue to use animal proteins the way they are," said Robin Svenson in reaction to the film.

Highline has several vegetarians already.

Claire Spies, human services student, said she likes her vegetarian diet though she admits she occasionally eats meat when away from home.

Ms. Spies, who has been a vegetarian about two years, adopted her predominantly meatless diet because of economic pressures. "I couldn't afford high-cost groceries like meat. After awhile I just lost the desire to eat meat," she said.

Noting the current interest in vegetarianism she said, "A lot more people are concerned about what they're putting in their bodies. And meat is part of it."

Ms. Spies said she never eats pork but bases her diet on vegetables, nuts, grains, fruits and dairy products.

Health food stores in Washington have been a prob-

lem to the former Californian. "There are fewer health food stores here and they are more expensive because of the lack of competition," she said.

George Very, student coordinator for the Community Involvement Program, chose the vegetarian method of eating about a year ago. He says he switched "to lose weight and because it's a better diet."

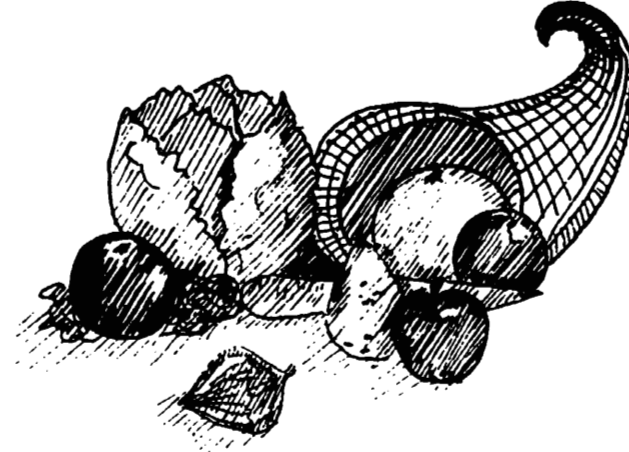
Very finds it impossible to be a strict vegetarian but he says he chooses what he considers less objectionable meats when he must eat some.

Sandra Vincent, also a HCC student, has been a vegetarian for 10 years. "My cousin came to visit and her husband was working on some research at John Hopkins University."

According to Ms. Vincent the research involved trying to find out why Americans don't live as long as Japanese people living in Japan. "He concluded that it was because of the high meat intake of Americans," she said.

Ms. Vincent and her husband began cutting down on their meat intake then," she said. "But when we became Seventh-Day Adventists six months later we quit meat completely."

The Vincent family found it hard to change from their



meat diet at first.

"When we first became vegetarians we didn't know what foods went well together and what ones didn't," she says. "Sometimes I'd mix up a casserole, we'd taste it, throw it in the trash and go get a hamburger."

Ms. Vincent and her family finally found recipes they liked and are enthusiastic about their current way of eating. "It isn't something that you suddenly do," Ms. Vincent said. "It takes some adjusting."

Meat analogs (meat substitutes) are available canned, frozen or dehydrated but Ms. Vincent says, "We prefer things made from scratch. They are more tasty, better for you, easier to digest and more satisfying."

The last 10 years have seen some changes in public attitudes toward vegetarianism.

"It used to be that people thought you were kind of kooky. Now it's a fad and everyone enjoys talking about it. They ask you for your recipes."

"Some of the people who work with my husband seem to think it's a real treat to come to our house and see what we eat."

The Vincent family found it

"There used to be articles in the paper saying that a vegetarian diet is inadequate. Now it's different. Just recently there was an article in the newspaper by a doctor saying that a vegetarian diet is adequate and has enough protein."

All the prejudice hasn't disappeared yet, however. Two years ago Ms. Vincent was in the hospital. She wasn't recovering as well as expected, she explained, and her doctor quickly blamed her vegetarian diet. "He told me I'd get better if I'd eat like everyone else," she said.

"But it turned out that I was allergic to the pain medicine that he gave me. He never apologized, though."

Being a vegetarian has its light moments, too. According to Ms. Vincent her daughter ran into some meat in a restaurant when she was about three. "We were on a trip and couldn't get anything else. She couldn't stand to chew it, spit it out and asked, 'What's that?'"

Ms. Vincent's enthusiasm for vegetarian eating has led her to help with several cooking schools featuring meatless eating. She helped with one last year that the Kent Seventh-Day Adventist Church put on in the Kent Library.

It is possible to learn something about a vegetarian diet at Highline. Jean Mataya, Nutrition instructor, said, "Usually I have someone come and talk to my nutrition class about a vegetarian diet sometime during the quarter."

Ms. Vincent has some advice for anyone thinking about beginning a meatless diet. "Find out what a good balanced diet consists of. Get a good recipe book and go at it slow."

## Playwrite novelist to visit

Chinese American playwright and novelist Frank Chin will appear at 12:00 noon in the Lecture Hall on March 7. Chin, who once lived in Seattle, has written for KING-TV and Seattle magazines and newspapers. Currently he is an actor and director in San Francisco.

Chin received the Joseph Henry Jackson and the James T. Phelan Awards for his fiction and a Rockefeller grant in playwriting. His play "Chickencoop Chinaman" was produced at the American Place Theater in New York in 1972. This production made history as the first Asian-American play in stage history to be

presented in New York.

Last year his play, "The Year of the Dragon" was on the PBS network, channel 9 in the Seattle area.

Chin has edited "Aiiieeeee! An Anthology of Asian American Writers." His fiction has appeared in small magazines and anthologies. His non-fiction has appeared in Ramparts, the New York Times and the Intellectual Digest and other places.

Also to his credit, Chin claims to be the first Chinese American brakeman on the Southern Pacific Railroad and sports an old railroad standard his grandfather carried in the SP service.

## T.A.'s needed

Work Study students will be needed Spring and Summer Quarters to assist director Lynne Kays in the Child Development Center for children 3-6 years of age.

The Center will be open Summer Quarter for any parent attending Highline interested in enrolling their child in the program.

Activities such as cooking, art, science and math are planned each week. The children are presently involved in planting a vegetable garden in the outdoor play area, along with waiting for their chicken eggs to hatch. The vegetables from the garden will later be used in teaching the children to cook various vegetable dishes.

The Child Development Program is not only a learning experience for the children, but a fun one too. There are presently openings in the afternoons available from 1:00 p.m. to 4:00 p.m.

Parents or Work Study students interested in the program may contact Lynne Kays ext. 224.

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## FREE classifieds

The Thunder Word classified ads are available to the students, faculty and staff of Highline College at no cost. Ads are available to persons not affiliated with HCC for \$1.50 per column inch. All ads must be received by the Thunder Word by Monday of publication week.

NEED A CAR? ... FREE ADVICE! Finding and buying the right car for your needs within your budget is a difficult task. As a recent graduate of the University of Washington and student for six years, I understand the problems you face when purchasing an automobile on a student's budget. Allow me to use my knowledge of automobiles, financing and down payments to help you in selecting and buying your next car. Call or come down and see me, John McCoy. Good Chevrolet, 235-2000.

FOR SALE: Argus 135mm camera, extra lens, plus more. \$160 firm... call Mark 824-4488 or Ext. 292

Students interested in starting a program to prepare individuals for the FCC Third Class Radiotelephone License examination, contact Al or Terry at 292 or visit us in 19-107, the Thunder Word office.

EXPERT TYPISTS ... For term papers, outlines, and resumes. Call 839-5342 or 292-5629.

HELP WANTED ... Become a college campus dealer, sell Brand Name Stereo Components at lowest prices. High profits: NO INVESTMENT REQUIRED. For details, contact, FAD Components, Inc. 20 Passaic Ave., Fairfield, New Jersey 07006 Irene Orlovsky 201-227-6884 Call Collect

ATTENTION: 4 bdrm. house to share in Auburn. Rent \$75/mo. & utilities, 2 fireplaces, 1 1/2 bath. Female nonsmoker preferred. Call Sara, Bob, or Rich. 939-1264.

HOUSE SITTER ... Going on vacation? Have an experienced mature student sit your home. Southend. No fee 762-4501.

FOR SALE ... Manual typewriter-\$20. Handy for your term paper. Call 941-0888 after 1:30. Barbara Coffey

CAMP IN EUROPE ... For those going to Europe this summer, a group of at least 15 can see (the countries you want) and enjoy the flavor of Europe. Joel-723-8087.