HCC's diving pier unaffected

Parking banned at Redondo

By Don Delby

New parking regulations at Redondo Beach, just north of the old HCC parking lot at the pier, have been put into effect since April 19.

The Redondo Beach Parking Authority, under the SBSA, made the changes to the parking regulations after the Redondo Beach City Council found that the parking lot was being used by non-redondo residents.

Changes for advising

A "students' need committee" will be established, made up of faculty members from each division (but excluding the chairman of the advising program). This committee will be the liaison to the advising program, according to the recommendation of the advising committee.

Major changes from the college's advising program, according to George Donovan, assistant vice president of student services, will take place as soon as possible, most of them being "in the nature of an 'advising day' sometime during faculty orientation week in the fall previous to the fall semester," he said.

Those attending the advising day will be students who have been "selected by the division chairmen," he said, who will be "required to see an advisor every registration until he has earned 45 credits.

The "advising center" will be established, where accurate information about a student's goals at the college will be available for students to see when they enroll.

The advising center will be located in the new student services building, which will be the remodeled version of the old "HCC Center," according to the recommendations of the advising committee.

It seems that the ban has cut down the number of bikini-clad women and parking has been increased.

Guest pianist will be Gregg Short, a faculty member, has been invited to play the cilvist. The master of ceremonies will be Highline Community College's Master of Ceremonies.

The Seattle Times book listed that the beach was almost always crowded, but the parking lot was always empty.

SPACER

Thunderword

Changes for advising program outlined

by Chris Campbell

The HCC advising program's recent introductions of several changes in the college's advising program, according to the recommendation of the advising committee, are the subject of this column.

The committee's recommendations call for an "advising center" to be established, where accurate information about a student's goals at the college will be available for students to see when they enroll.

The advising center will be located in the new student services building, which will be the remodeled version of the old "HCC Center," according to the recommendations of the advising committee.

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SPACER

738 HCC students to graduate on June 8

By Dana M. Brown

Seven hundred and thirty-eight students will receive their degrees at 8 p.m. in the Pavilion. A reception will follow in the cafeteria and student lounge.

The graduating students will wear the academic cap and gown. The academic major is indicated by the color of the gown, with white and gold for Business, light blue for Engineering, orange for Fine Arts, and green for Liberal Arts. The academic major is also indicated by the color of the campus, which is red for Business Administration.

The list of graduates in alphabetical order by last name is attached.

The other student, also a former HCC student, is not the name of Diane Riordan, who was president of the student union and who attended from Wawu. Wesley College.

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**Fashion show 'Soleil' set for June 8**

"Soleil" is the theme of the annual faculty blush and fashion show to be presented by the Highline College faculty brunch and fashion show to be held on Thursday, June 8.

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President, Sandra Curtis, Coordinator of Admissions; Charles Miles, Chair of Fine and Performing Arts; Annie Moore, Math Department; Ed Perry, secretary to the Dean of Occupational Programs; and Christopher Schwalm, Sociology Department.

Fashions are courtesy of FGF and Richardson's in the Tacoma Mall, the Village Shop in Burien, Renton Department Store in Auburn and Sportswest in Federal Way.

**Poalucci memorial services set for June 10**

Memorial services for Highline Community College student Frederick Poalucci will be held in West Seattle June 10.

Mr. Poalucci, who was shot to death in the early morning hours of May 30, will be cremated at gravy Bonds by only five people, in the rear of those surrounding him.

"It would be nice if people could bring a single flower in remembrance," Miss Poalucci said.

**HCC art instructor to go to England**

William Mair, painting instructor at Highline Community College, will be leaving this summer to England, to teach art and design at West Surrey College, in Farnham, England, as part of the International Exchange Teacher Program.

Mair is interested in the exchange as an "opportunity to expand my teaching ability," Mair said. "I'm interested in painting in Britain and Europe.

Mair said he won't have no adjourn too much to living in England — he has traveled to Great Britain before and understands a lot of the customs.

Many of the attitudes that the British people have toward America, he said, "are no money to burn."

"I'm pretty excited about this — I really want to do this," Mair said of his expectations of the trip.

However, there is one slight drawback to being part of the exchange program — "the promotional stuff I'm getting in the mail is incredible," he said of the "recreation" brochures on Europe he's been getting.

**Poalucci memorial services set for June 10**

Memorial services for Highline Community College student Frederick Poalucci will be held in West Seattle June 10.

Miss Lydia Poalucci, sister of the deceased, confirmed that the service would be held in church, but at press time the location was undecided.

Assistance to the families will be made in the area papers.
Collective bargaining needed

HCC WPEA heads letter writing campaign

by John Miller

The Highline College chapter of the Washington Public Employees Association (WPEA) is involved in a letter writing campaign to inform the state legislature of the necessity of a collective bargaining committee, according to Highline chapter president Betty Reese.

"The object of the letter writing campaign is to make the legislators aware of the importance of collective bargaining," states Reese, who has been with the college for 16 years, one year longer than it has been at its present site.

Currently, there is no bargaining agency for the WPEA and the only way for employees to voice their concerns over contracts has been for them to personally go to Olympia and try to register a complaint.

"In the past the state usually waited until the last day to announce pay raises and benefits for state employees," Reese said.

"The problem with this is that there is no chance to argue or to present the concerns we consider unfair," she said.

Bamboo curtain' opens for Pierce

HCC Instructor Jack Pierce will visit the People's Republic of China later this month, culminating a year long tour of study and travel in the Far East.

Pierce will leave Hong Kong June 11 and travel to Kwang Chou (Canton) by rail. He will then fly to Kweilin, the locale of wbat geologists refer to as "Karst" rock formations.

Kweilin is also the principal city in Kwangsi-Chuang Province and is the home of China's most populous non-Chinese minority, the Chong Thai.

Pierce's tour group will then go by rail to Nanjing, a historical center close to the Vietnam border. After another day in Canton, the group will return to Hong Kong.

"Not many Americans have been to Kwang Chou and Nanjing," Pierce said.

"This is enough off the beaten track to see this 'black country' and make it very interesting."

Since Pierce's travels are concentrated in southern China, he will miss some of the more famous sites of the country but he will "go to Peking, Shanghai and the Great Wall some other time," he concluded.

Continuing nursing receives accreditation

The Continuing Education program of Highline has been given the maximum accreditation (four years) by the American Nurses Association according to Irene Lawley, RN, Health Systems, and Cynthia Mahoney, RN, coordinator. The accreditation was given by the Western Regional Accreditation Committee.

Nurses at Highline and surrounding areas may be assured that all courses and workshops provided by HCC's Continuing Nursing Education programs are now recognized for the Continuing Education Accreditations because they are ANA approved.

ANA accredited courses are generally transferred to other colleges or voluntary CNR programs. California has mandatory CNR requirements for renewal of the license and continues to be a leader in this field. Nursing Education has a voluntary program.

This accreditation is significant step forward for the HCC according to Lawley and Mahoney.

"The program continues to be a leader in providing continuing education for nurses," Reese said.

Wisconsin to continue training program following a study report. Nurses desiring to be included in the HCC training list for salary Mahoney said.

"The program will continue to be a leader in providing continuing education for nurses," Reese said.

Strangely enough, over half of the members in Chapter 2B of the WPEA are in District 33.

"The problem with this is that there is no chance to argue or to present the concerns we consider unfair," she said.

State Senator Peter Von Reichbauer, a Democrat from Washington, advocates the type of letter writing campaign being employed by the Highline chapter of the WPEA.

He says that contact with the legislators now is important because when the committee is formed the representatives will already understand the needs of the state employees.

Irrationally, Chapter 2B from Highline College is the only chapter in the state that is involved in the campaign.

Reese feels this is because "the other chapters are not aware of the importance of collective bargaining."

Approximately 40 letters have been mailed to representatives in 13 districts, and 12 responses have been received.

The only representative who hasn't replied is Richard Basser, from the 3rd District.

The arbitrating committee for the WPEA is in the 3rd District.

"In addition to this," explains Reese, "more facts will be made available to state representatives several months before a decision has to be made giving them time to view the material."

The letter writing campaign was begun on May 3 and is scheduled to continue through September.

Errors will be made to make other chapters realize the importance of voicing their opinions.

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Arbitration almost over

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Appointing authority adjusted

Appointing authority was removed from the college's Director of Management Systems, Edward Glowa, by the Board of Trustees, according to Command.

"Appointing authority is the authority to hire and fire," according to HCC Vice President Ed Command.

Under state law the Board of Trustees has that power, but they may also delegate that power to members of the college's administration, because of their meeting only once a month, Command said.

Appointing authority was removed from the college's Director of Management Systems, Edward Glowa, due to need, Command said.

Presently six administrative personnel have appointing authority.

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Fast food restaurants are an increasing fact of life

When the Hightline campus opened in 1964, the pioneer students had to rough it as far as food goes. The only cafeteria was the campus dining hall.

Not many years later, the Colonel opened his digs on the campus. Two years ago, the profit-minded folks at the Midway Drive-in decided to open their cafeteria for lunch. Students found the time to avoid it en masse.

With profit in mind, the Drive-in quickly cut its "daylighting." The local action of the fast-food conglomerations looked at the situation and decided the students didn't have nearly enough options.

Through their eyes, it was an area ripe for development. Eight thousand students, mostly young and "on the go," as the Pepsi people would put it.

So, in the space of a few months, up pops a Skipper's, Baskin and Robbins, Pizza Haven and Burger King. Midway will never have to worry about going hungry again.

Lots of people will make remarks about the quality of the food and the ambience offered by these "restaurants." They'll keep making the remarks until it's their turn to order a double Whopper. jumping into the health food craze with both feet, but the fact is that its mouths still crave burgers, fries, pizzas and the like. And in increasing quantities.

Seattle area residents eat out more often than any other people, consuming almost one-third of their meals in restaurants. It's safe to say that junk food has captured a large percentage of that. After all, not many have the money to eat at Cadillacs or Rosellini's every day.

The Midway boom has done one good thing for the community. The Burger King and Pizza Haven buildings might seem odd because of their unattractiveness, but they took the place of a rundown vacuum cleaner and second hand store.

The Skipper's and Baskin and Robbins building occupies a lot that previously was home for a portable "massage parlor.

Fast foods chains are with us for good. The giants of the industry (and there are many) have the money, marketing savvy and familiarity to open successful new units as fast as they can put them up.

It's no use to complain about them anymore. Worrying about fast food restaurants will not cause trouble any more. Worrying about fast food restaurants will not cause trouble anymore.

Just as an aside, Mr. Bailey, the atheistic elements in our society seek to deny rights to groups or on the basis of their choice of affection, even though intolerance is prohibited by the teachings in the Bible.

While I don't support charging rent only to religious groups, I do feel that the statement that the religious groups are not causing trouble is unfounded, though in this community we'd like to think so.

Just as an aside, Mr. Bailey, the atheistic elements in our society can't agree on everything, let alone organize to stamp out religion.

Most atheists would just like to be left in peace. Your slander is unfortunate, as you become intolerant, as shall the rest of the world tolerate you. See intolerance, and you may and are not being tolerated yourself.

Dana W. Johnson

If your knee hurts, you don't cut off your leg

This is the last issue of the 1977-78 Thunderword, and we'd like you all to have a good time this summer. But if your version of a good time involves a beach in south King County, you'll have to work a little harder for your pleasure.

Because of a few "rowdy, drunken teenagers" the King County Council eliminated beachside parking at Redondo beach, making access virtually impossible, except for residents of the area.

For the same reasons, but on a larger scale, the City of Seattle imposed a baffling array of new regulations on the use of Alki beach in West Seattle.

In both cases, the governing bodies were deluged with citizens complaints about noise and rowdiness. Without searching for a way to deal with the relative few lawbreakers, the local governments hastily overreacted, to the detriment of all who lawfully use the beaches.

The new Redondo regulations were pushed through the County Council by Republican Councilman Paul Bar- den, who got a lot of votes from the same neighborhood.

The Alki bugaboos involves elimination of five blocks of choice parking, which will do more to harm area businesses than to stop teenage drinking.

The Alki residents got an unexpected bonus. During certain "peak periods," which probably means on sunny days, motorists will have to produce identification that proves they live in the area before they can continue around the beach.

The residents were surprised when they learned that they now live in the West Seattle equivalent to Broadmoor.

By taking the easy way out in these situations, the city and county governments are penalizing the vast majority of taxpayers who are willing to follow the rules to enjoy the great natural beauty of the Puget Sound beaches.

The sun, in its infinite wonder, has been blessing us with good tidings for the past few days. Let's hope it holds until next fall.

Staff photo by Scott Schaefer
Agent Orange: New threat to Viet Vets?

by Ric Swowe

In 1967, the United States Armed Forces in Vietnam began using herbicides for the purpose of destroying cover and concealment to defend against and fight off guerrilla tactics. It was used to clear vegetation from roadsides, railways and canals, and substantially reduce the opportunity for ambushes.

These defoliants were also used to clear gun emplacements, open fields of fire for ground forces, and mark areas for bombing runs. But in 1970, it was discontinued due to the fact that it was not working. The farm runway was usually damaged, which provided better coverage for guerrillas.

Agent Orange is a herbicide spray made up of the poison Dioxin, n-Butyl ester a4S-T, which attacks plant and animal life in Vietnam. It was causing illnesses among Vietnam veterans.

Now years later, Vietnam veterans are seeing possible effect on man himself. In March of this year, WHNTV of Chicago broadcast a documentary reporting possible link to Agent Orange and list the specific illnesses.

One hundred and three students were honored May 23 before a full house in the Lecture Hall and at a reception in the Potlatch Room. They had been honored for outstanding in their fields.

Social Sciences

Plaques were won by Kerby Hunt (Political Science) and Kurth Korbach (History).

Health Occupations

Plaques were awarded to James Riley (Nursing) and Timothy Hender- son (Respiratory Therapy). Certificates were given to Patricia Carter (Nursing); Andrea Duncan (Respiratory Therapy); Dale Hale (Respiratory Therapy); Gail Thorne (Nursing); Dennis Tiffany (Nursing); Janet Zemitz (Nursing); Jeff Sewa (Psychiatry).

Humanities

Plaques were awarded to Ruth Dieth (Writing and Archivists) and Carolyn Williamson (Literature and Writing). Certificates were given to Robert Cherin (German); Tamara Creslyn (German); Diane Dawley (Literature); Priscilla Perrett (German); Mark Pick (Psychology and Writing); Pauline Schaefer (Literature and Writing); Terry Sell (Humanities); Paula Smith (French); Nancy Vagaro (French); Brian Ward (Humanities and Writing).

Natural Sciences

Plaques were awarded to Kerry D. Lee (Physical Sciences) and Robin K. Chiesa (Computer Sciences).

Service Occupations

Plaques were won by Teresa L. Fink (Medical Assistant); Kerry Lee (Civil Engi- neering). Certificates were given to Gary Barger (Crafting); Richard Perrell (Marketing); and Carole Calvin (Manufacturing Engineering Tech- nology).

New division chairmen appointed by Board

Two new division chairmen were appointed by the Highland Community College Board of Trustees at their last meeting on May 12.

The two chairmen are Ruth Alexander, for Behavioral Sciences, and Catherine Harrington, for Humanities. Alexander's position was held last by Brian Holmes, anthropology, until Harrington's position was previously held by Leonie Kamka, writing instructor.

Also appointed to division chairmen's positions were John Miller, Eric Oxley, Scott Schaefer, Kevin Staub, Chris Stoy. Carolyn Williamson.

One hundred students honored

One hundred and three students were honored May 23 before a full house in the Lecture Hall and at a reception in the Potlatch Room. They had been honored for outstanding in their fields.

Six students, "the best students" of their respective V.A. offices with calls across the country have flooded in Seattle, following the lead of other veterans-service officer stated "as of today, no proof or evidence that this defoliant causes these reported illnesses.

"All we can do is ask the vets to file a claim and wait till a final determination be made on the validity of the claim.

Asked how the veteran can file a claim he advised: "If the veteran is seeing solicitation or wishes to file a claim he can either call 624-7200 in the Seattle area or toll free 1-800-222-2400 or go to the Seattle Veterans Center (SEAVAC) at 360 Madison Ave., which have claim forms and can help you fill them out.

He further requested that when filling a claim that the veteran indicate somewhere on the form that this is for Agent Orange and list the specific illnesses. Please do not generalize.

It may take some time for the claims to be proven or disproved but, a medical panel headed by Dr. Robert C. Parkin and Dr. George W. Schepers, located in Washington D.C., have begun an investigation into the effects of the herbicide on the Vietnam Veterans.

There has been research on a portion of the defoliant dones before. The agent in question contains the poison Dioxin, which researchers claim cause cancer and other problems in animals.

There have been earlier reports of the effect on man by the poisons. The major one being the contamination last year in Italy.

In Vietnam, there have been reports of children dying, destroyed livestock and similar illnesses described earlier in this article plaguing the Vietnamese people from the tons of herbicides dropped there.

Just as a thought, if the VA and the US government validate the claims of veterans, will they make us liable for claims by the Vietnamese government?

Agent Orange is going to prove to be a very expensive mistake. Maybe environmentalists should have been listened to more closely. 
Americans are being threatened by everyday noises that sneak up on them quietly over an extended period of time. The noises are ones Americans have learned to live with in a civilized society, according to Margaret Moviucr, Washington State University's King County Extension Agent. She says that people have become used to the din that they have trained themselves to ignore.

But these sounds are causing severe hearing problems, say experts from the United States Environmental Protection Agency. And it is not only hearing that is at stake, it is hearts, blood pressure and even mental faculties, the experts add. It has also been shown in experiments that noise can cause mental stress and even lead to mental disabilities. According to the EPA, this is most evident around airports, where both the noise level and stress level is clearly too high, the EPA report adds that "noise levels in neighborhoods with the impact on people's mental health.

Laboratory tests have shown that noise can increase the blood pressure, which eventually leads to heart problems. Movies suggest the following: seal cracks around windows with caulking material, these methods noise reduction. These types of materials should be thick and full, twice the width of the wall they cover, and set back from the window but not more than eight inches. A light plastic carpet with a layer of rubberized foam is better to absorb noise than non-slip materials of the same thickness.
A carnival-like atmosphere and summery sunshine set the stage for the Creative Fair for Preschoolers held on the plaza in front of Highline College's library. As part of the activities planned for the three-day Library open house and dedication and the annual Community Arts Festival, the fair offered parents and pre-schoolers a chance to familiarize themselves with the parent cooperative preschool in surrounding communities. Individual tables, representing each of the ten preschools involved in the fair, displayed arts and crafts ideas which drew the children into a variety of experiences. While older children were busy making paper crowns and fruit loop necklaces, the younger tots built themselves in the sandbox and water tub. Climbing slides and giant blocks provided the younguns with freedom to exercise their muscles and develop coordination, while easels and temperas gave them a chance to discover their artistic abilities. Music from the L'Arianna String Quartet filled the air and attracted visitors from the Library's arts and crafts displays, as a friendly clown blew colored balloons full of helium and passed them out to the delighted toddlers. Although some children were lined up to have their faces painted like clowns and other comical characters, smiles didn't need to be painted on these already happy faces, since the children were doing what they liked best — exploring, creating, and enjoying the freedom to be themselves.
Hundreds share in colorful festival

There was something for everyone at the three day festival, Arts Southwest King celebrating the dedication of the new library May 19, 20 and 21. Legislators, artists, HCC 'pioneers,' citizens and their children, faculty and students gowned elbow-to-elbow as the HCC vocal ensemble heralded the official opening of the six story library.

It was the culmination of many dreams and years of hard work. It marked the completion of the major part of Phase III in the building program to bring HCC its 30th building on the 80 acre campus.

Even before the Sunday dedication, the campus was alive with art shows, a film festival, dancers, theater groups, music groups.

Artists in action included knitters and spinners, potters, driftwood sculptors, bath artists, stained glass workers, weavers and braidiers, glass blowers.

A Lincoln Historical Van was made available for the celebration through the courtesy of Lincoln Mutual Savings Bank. It included a life mask of President Lincoln, Lincoln's hands in plaster castings, newspapers from 1861 giving the account of the inauguration, newspapers of 1865 giving the story of the death.

Additives may have benefits too

Food additives used in bread don't necessarily pose a significant health risk, and can reduce cost by 25 percent, according to the King County Cooperative Extension Service.

Fear of the unknown causes people to buy the more expensive non-additive bread, says County Extension Agent Jan Grant. But she also says the benefits of buying bread with additives are a lower price and a longer shelf life.

"This is a situation where the philosophy of risk versus benefit can help you see the issues in perspective."

"So far," she continues, "scientific methods cannot prove exactly what the health risks are. But current scientific evidence indicates that bread additives are not harmful to your health."

"The benefits of buying bread with additives are a lower price and a longer shelf life."

Grant adds that everything we do has some kind of risk/benefit ratio. For example, the risk of being killed in a car accident this year is one in 4,000.

"If you smoke, your risk of dying from cancer is one out of three. And the risk of your dying someday is one to one."

BASIC FACTS

Location
Fort Knox, Ky., 35 miles south of Louisville.

Dates
a. May 30 to July 6, 1978
c. July 17 to August 24, 1978

Training
a. Army History, Role & Mission
b. Map Reading & Navigation
c. Rifles Marksmanship
d. Basic Leadership Techniques
e. Physical Training/Marches
f. Individual & Unit Tactics
g. Communications
h. First Aid
i. Drill, Parades & Ceremonies
j. Military Courtesy & Traditions

Pay
Approximately $450 plus travel expenses.

Room & Board
Lodging and meals are provided. Students will live in open bay barracks.

Scholarships
Basic Camp students may compete for 2-year full tuition college scholarships.

During your six weeks of training this summer, you'll learn some very basic things about the Army, Weapons, Combat tactics, Drill and ceremonies.

You'll also learn some very basic things about yourself, your physical endurance, your leadership capabilities. Your ability to think and perform under pressure.

No military obligation is incurred through attendance, but it does qualify you to enter the advanced Army ROTC two year program at the University of Kentucky.

Call 543-1930
Bengston hypnotizes HCC Lecture Hall

Hypnosis is the most relaxing experience I have ever offered, according to Larry Bengston, "master hypnotist." The large crowd that saw Bengston's May 22 performance in the Highline Community College Lecture Hall could argue that it's also one of the most entertaining.

Bengston enlisted the audience to help him open the program, and in return they got tricked.

The hypnotist told the crowd that he would make it so that they couldn't open their eyes. He asked them to close their eyes and stare at the top of their heads, as if there was a "crystal window" there.

He spoke into his microphone quite loudly and forcefully, and told the participants in the audience to open their eyes if they could. Not many could.

He then told the audience that they couldn't do it because of a physical impossibility, that the same muscle which controls the eyelids controls the voice.

He then explained the benefits of being hypnotized and asked for members of the audience to participate in being hypnotized.

Twenty empty chairs on the Lecture Hall floor were soon filled with curious students, and several people participated from their seats.

Bengston had the prospective subjects put their hands on their knees, palms up, and concentrate on his face. Those in their seats could concentrate on a blue light fixed above the main floor.

Bengston had the subjects take deep breaths, using his voice effectively to aid their rhythmic concentration.

Soon many of the subjects started to become hypnotized — totally relaxed, but in a "higher state of awareness," as Bengston put it.

After 15 minutes Bengston started to weed out those whom he could tell weren't being hypnotized.

He then put his hypnotized subjects through a number of stunts, like having them lean over on each other.

Soon, Bengston weeded the number of truly hypnotized subjects down to six, including two who participated in their seats.

These six subjects he put through several suggestive tasks.

He told the subjects they were on a plane, explained that the "funny old movie" on the screen.

He began to laugh loudly into the microphone, and soon several of the hypnotized students started to laugh.

He then put them into a deeper state of relaxation as he would continually throughout the performance.

He told the subjects that the plane had crashed at the North Pole, and that the bodies were cold in the plane. Soon the hypnotized students began to shiver and cuddle up to each other.

Then the subjects were "hot, really hot." One girl rolled up her pantslegs to the surprise of the audience.

All of this was quite entertaining to the audience, and needless to say, fascinating.

"This is just parlor games," said Bengston after the performance. He said that hypnosis is a science, a form of psychology.

"To really understand psychology, you must understand hypnosis," he said.

Bengston stated that hypnosis takes many forms today — in SILVA, TM and biofeedback. "They're all forms of hypnosis," Bengston said.

"Your mind controls the body, Bengston said, and using hypnosis you can remove pain, pass any of the senses, or increase them — it's terrific in dental surgery."

He stated that many doctors use hypnosis, and that the main reason more doctors don't use it is that they are told that is it takes forever to learn it and do it.

"If you teach hypnosis," Bengston said, and added that he even teaches psychologists about it.

He told of a boy who once had to use braces to walk. Doctors at a hospital corrected his condition, but he could still only walk in braces — it was a psychosomatic condition, Bengston said.

"After one session with hypnosis, the boy didn't need to walk with braces anymore," he said.

If hypnosis is such a useful science, than why do shows like this? "Well, it's fun," Bengston said.

"I get to travel, and get to meet a lot of nice people," he said.

He added that the performances also can introduce people to the more scientific aspects of hypnosis.

"Once you look past the games, there's something there," he said.

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Set rules for loud children

Sometimes having neighborhood children in to play is like running a zoo. But, parents do not have to put up with the noise, the bed habits, the confusion, even the occasional bad language. States Margaret Mortvogt, Washington State University's Ring King Extension Agent.

Establish some rules when visiting children come to play. Tell them what is permitted and what is not permitted. Let them know what will happen if they don't obey these rules. And, follow through when they test the limits.

For example, if your children aren't allowed to jump on the couch, neither are the neighbor's kids. Or maybe parents need to warn kids about the way they play with other children's toys. Toys are not to be pulled apart, renamed into furniture or generally abused. Perhaps roughhousing is forbidden, or teasing pets, or using bad language.

Tell them if they continue breaking the rules of the house, they will have to go home for the day. And don't accept the excuse, "But my mother lets me do that at home." It is not their home, and children need to learn to respect the rights and wishes of others.

When they test house rules, as they probably will, follow through. Send them home for the day, and have them back the next day, "when you can follow the rules."

Most children learn quickly. They may test adult one or two times, but if parents are consistent, they will do what is asked of them.

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Cash for your books

June 5-8
June 9
8:00-7:30
8:00-4:00

Have you lost something? Maybe the Bookstore can help — check our Lost & Found.
Seattle's Pike Place Market was the setting for the seventh annual Pike Place Market Fair, highlighted by a soap box derby, street musicians, art booths, food and thousands of people looking for a fun time.

It all started seven years ago, when Pike Place Market merchants brought together several musicians, dancers and artists to display their work along Post Avenue. Now, it has grown into one of downtown Seattle's most popular and intriguing areas, with everything from fresh fruit to imported jewelry.

But the crowd pleaser this year was the seventh running of the Pike Place soap box derby, where several daring drivers coasted down Virginia Street onto Western Avenue in home-made vehicles. Winner of the one day event was Stan Larson of Seattle in his fiberglass creation called "Gonzo." But the favorite car was an excellently hand-crafted wooden racer which appeared in several art galleries months before the event.

It seemed to have a good time, as families, friends and merchants gathered for an interesting weekend in one of Seattle's oldest and unique spots.

Photos and text by Scott Schaefer
by Kevin Stauffer

The Masque of Comus, one of the most ambitious productions ever presented on campus, was excellently portrayed by the HCC Drama Department on May 25.

Headed by guest conductor Shirley Robertson and performed by an all-star cast, the play contained many elements which distinguished it from any preceding it.

First of all, the lines spoken in the play were completely poetic, in the Shakespearean "blank verse" style. And the text was lengthy, and at times may have slowed the play down somewhat, especially to the casual observer. But the delivery was well received, with the fact that these lines were committed to the memory of the first-time solo costume actress, more than made up for the lengthy lines.

Another interesting aspect of Comus was the addition of sections of seats which were brought out onto the stage to create a "theater-in-the-round" effect.

"The first time I've done in the round," said Byron Ellis, whose portrayal of the Attendant Spirit, was also an excellent addition to the play, demonstrating a command of the long, difficult passages of prose.

But the play could not have been considered a success without the tremendous amount of group effort needed to pull it off. Thursday night's performance was also interesting for the performers themselves. A water fountain stage prop was spewing forth a little more water than was expected, which caused a few of the cast members to slip on stage.
Record collecting: path to untold wealth

by Kevin Stauffer

Remember the days with the old neighborhood gang, trading marbles back and forth, bartering for the cat's eye you always owned, or the shooter you always wanted?

Or a year or two later, when you'd get a mill-high stack of bubble gum baseball cards out, and trade a Frank Robinson for an Orlando Cepeda and a piece of gum?

Well, those days have long since passed for you (hopefully). Now, you are content to sit in front of your stereo, leaving the house long enough to work for the money it takes to pay for the music you like to hear.

It is from situations like those that the phenomenon of record collecting has risen.

Based on the same principles as stamp collecting or antique collecting (the value of an item fluctuates according to its availability), record collecting has become big business, with trade magazines and commercial outlets, as well as private collectors, trading and scrapping for valuable vinyl.

There are several qualities which would make an album worth the time and trouble the serious collector may need to put into his investment. A look at the history of a recording will help in determining the qualities that turn vinyl to gold.

The artist himself, with the musical artist himself, who records a demonstration tape. The artist then attempts to sell his rough work to a record company.

In essence, the demonstration recording is the artist's attempt at self-promotion.

If a certain record company decides that the artist or group shows potential, the company's first step is to sign a producer that they feel is most capable of bringing out the best qualities of the group.

Once the group and the producer have been united, they head back to the studio, where the amount of time and money spent takes a drastic jump from the demonstration recording.

To get an idea of how much it costs to produce a "hit" album, take a look at the figures involved with the production of Fleetwood Mac's recent endeavor, Rumours.

Revenues are estimated to be $900,000 dollars.

Out of this studio work comes a number of test pressings. These usually come out in a white album jacket, as the artwork for the cover has not been designed yet.

These test pressings are distributed to market testing companies such as KQRS, who distribute albums and receive feedback from a number of different areas.

Promotional copies follow the test pressings. The promo copies appear exactly as they will appear to the public upon the normal release of the album, although the record label itself may be altered slightly.

These promo copies are sent to radio stations and record stores, where they will hopefully receive playing time which will in turn cause feedback from the general public.

One of the interesting facets of the promotion phase is the quality of the pressing, which is much higher than the product which will eventually end up in the shelves of the local record store.

This is only logical, as these are the copies which could make or break the artist.

It is at this time that special, limited edition copies of the album are pressed, along with the regular pressings which are made available to the public.

These limited edition pressings, numbering anywhere from 5,000 to 15,000 copies, are pressed in colored vinyl to create additional impact. These pressings often arrive in the record shops before the regular vinyl releases.

Examples of colored vinyl releases include Bob Dylan's Desire in the Air Age, whose first copies came out in white vinyl, and Electric Light Orchestra's most recent efforts, Out of the Blue, whose initial copies came in blue vinyl.

"Then there are the times when a record company will really go out of their way to come up with something special, like the 50 pressings of Elton John's Greatest Hits, Volume Two, done in 14-karat solid gold. Try to imagine the stereo you would play it on."

From the time the album is released to the public, the album is listed in a catalogue, according to the record company and the label the album is released under.

These catalogues are put out and sent to record outlets twice yearly.

With each catalogue release comes the deletion of some poorly selling albums from the catalogue's list.

These deletions are commonly known as "cuts." Once an album has been cut out, it will not be available again, unless it comes out in a re-issued form.

Once the record store is informed of an album's cutout status, they take the album, repack it in some way (puncturing a whole or cutting off a corner of the album cover are popular ways), and promptly drop the album, along with a $2.99 price tag, into the bargain bin.

Technically, there is nothing wrong with the album itself, and could possibly be worth considerably more than the dollar or two that you may initially pay, because the album will never appear in it's original form again.

Of all the factors in collecting, the scarcity of an album collected or "cuts". Original copies of the Beach Boys' Deluxe Set go for $50.

Any KIWA records recorded on the demo label will sell for $50, and original copies of The Yardbirds Live with Jimmy Page will go for $75. But it is possible that the overall winner has to be the Beatles' Yesterday and Today album.

Not all copies of the Yesterday and Today album are worth the whopping $275 that the album with the notorious "butcher cover" costs today.

In its first form, the album cover featured a portrait of the fab four, along with charred doll heads and pieces of bloody meat strewn about on the lid.

The cover, a protest of the Vietnam war, was quickly deemed to be in poor taste. The album cover was changed, and several more which had already been printed with the butcher cover were pasted over with new design.

Since very few copies are available, this album is highly valued by collectors.

Along with cutouts, rare releases, and colored vinyl, some of the test albums to watch for in the collecting scene include old rhythm and blues albums, soundtrack LP's, and old rock and roll albums.

Today, the record collecting business has skyrocketed to tremendous proportions. Individuals are buying and trading albums constantly, with the aid of collectors magazines and collecting festivals.

And the nice thing about the whole matter is that practically everyone has an unsung source for musical treasures available to them.

An artist, a relatives record collection, the bargain bin at a nearby store, careful searching could lead to untold wealth.

Or, at least, another album to listen to.

THE BEATLES

Old original Beatles albums are valuable items on a collector's list.

Concert Choir - Vocal Ensemble entertaining HCC

by Erin Odey

The Highline Community College Concert Choir and Vocal Ensemble, both under the direction of Gordon Votze, performed their vocal proficiency in the Lecture Hall, May 27 at 1:30.

The choir opened the performance with Wondrous Love, Then Wondrous Quiet, Three Hungarian Folk Songs (The Handsome Butcher, Apple, apple, and The Old Woman), and two lively numbers, If You Abide and Two Part Invention No. 14.

The next part of the program consisted of three excellent arias from members of the Vocal Ensemble.

Val Thomas started them off with I'm Going to Keep on Singing, which was followed by 5 Believe in Mabel, sung by Teresa Chapdelaine, and German song I was Sue Pulver.

The Vocal Ensemble rounded out the program in their usually fine manner with songs like, You Gotta Make Your Own Sunshine, Like to Sing About Sunshine, and Ain't That Good News.

Along with selections from A Chorus Line, Touch Me, Times of Your Life and Beautiful Day.

Accompanying these numbers were Stella Levy on piano, Neal Rendstrom on electric bass, Tia Lebrash on drums and Debbie Stickle on tambourine.

For those who missed this performance, the ensemble and choir will be giving the same performance (with different saxes) on June 4 at 3:30 p.m.

The performance is slated for the Lecture Hall.
Northwest climate perfect for 'Home Grown'

by Kevin Stauffer

Home Grown, the album recorded by various artists for KYYX-FM at Kaye Smith Studios in Seattle, is serving two purposes.

First, and aesthetically more important, is the fact that all proceeds from the album (which sells for a scant $1.96) will go to the Children's Orthopedic Hospital of Seattle.

Secondly, the album gives the listener a chance to find out exactly what is going on in the Northwest music scene. According to the liner notes of Seattle Post-Intelligencer rock critic George Arthur, a judging panel composed of KYYX's Robin Mitchell, Seattle Times rock writer Pat McDonald and R.A. Harlan of Sound Records and Tapes sifted through 150 local entries before selecting the 12 groups which would enter the studio to record their song for the album.

The entries were limited to groups which had never previously recorded. The album contains a variety of musical styles, some of which are more redeeming than others. Nevertheless, the album gives everyone a chance. Probably the most talented individual involved with the project is Greg Boehme, a music teacher at Shore Crest High School, who plays all the instruments on his entry, "Love Be Kind.

In addition to playing at least a half-dozen instruments on this cut, Boehme does an excellent job of vocalizing and arranging.

Among the hard-rocking cuts from the disc, "Rolling Company's "You're Gonna Live to Die" is, in my opinion, the best. Lee combines well matched dual-lead guitar fireworks, catchy riffs, and overall musicianship into a straight-ahead rocker that brings to mind another heavy metal act from the northlands, Rush.

"Destroy Destruction," by The Feelings, is the song from the album which best typifies the "punk rock" scene of today, but was probably only selected as such only because screamer Geoffrey Cade ends the first verse with a hearty "go to hell!" But you have to credit them, because they've been playing punk long before it was fashionable.

Other fine tracks include "Mr. T," by Clear Logic; "Get Off The Phone," by Toussaint set in 'Motion'

by Kevin Stauffer

For recording artist Allen Toussaint, variety is indeed the spice of life. In addition to being heavily involved in the New Orleans music scene, and writing songs for numerous other groups and individual singers, Toussaint has also gotten involved to release Motion for Warner Brothers records.

As is the case with Toussaint, variety is the spice of the album. Jazz, blues, soulful laments are all present on this disc, along with various other influences.

Toussaint is at his funky best on "Night People," the album opener, and follows it with another strong cut, "Jazz Is a Kiss Away.

But while Toussaint demonstrates more than enough talent in the writing department, his vocals could be somewhat stronger, especially on his more soulful tracks.

Motion, the title track, may be a prime example of Toussaint's ability to float a song out of the speakers and almost right past the listener. This slight discrepancy is easily overlooked when Toussaint lays into tracks like "Viva La Money" and "The Optimism Blues.

Blues seem to be the strong point of the album, stirring the listener with a special catchyness all their own.

Backed with strong musicians and strong writing, Allen Toussaint lends redeeming qualities to radio-sounding soul.

New season...

Artistic Director Duncan Ross reports that plans are well underway for the Seattle Repertory Theatre's 1978-79 season.

According to Ross, it will be "a season of style and substance, theatre for theatre's sake and our human enjoyment. High comedy, sophisticated music, philosophical irony and contemporary passion: 'A Season for All Ages.'"

Four of the six plays to be presented have already been selected: A Penny for a Song, by John Whiting; The Wild Duck, by Henrik Ibsen; Side by Side, by Soundheim; and The Glass Menagerie by Tennessee Williams.

The remaining two plays will be chosen from: Otherwise Engaged, by Simon Gray; Carpool, by Irvres Orkesh; On Approval, by Frederick Lonsdale; The Importance of Being Earnest, by Oscar Wilde; and Fallan Angels, by Noel Coward.

A brochure detailing the plays, series ticket prices and seat locations may be obtained by calling the Repertory office at 447-3788.

Epicentre; and Tangenter, by Nacey and Juevy.

Of these, Tangenter is the most musically exciting. The song takes a Latin-type rhythm and flavors beautiful vocal harmonies and melodic instrumentation over the top to create an unbeatable feet.

Nacey and Juevy, the people responsible for this song, submitted five other tapes to KYYX. They have nowhere to go but up.

As at any price, Home Grown would be a valuable investment, not only for the cause it supports, but for its statement on the Northwest music scene of today.

New Summer Hours
Mon-Sat 10am-Spm
Sunday 12-6pm

End of School Special
25% off
with HCC Student ID

824-1266
Marine View Drive
Des Moines
One Ton Tomato: a Seattle band that rocks

by Chris Campbell

The band's name is not well-known in the Seattle area. However, they have played all over southwestern Washington, where they are very popular, but they are not as well-known outside the area. The reason they haven't played in more places is that they play their own music, and always have.

"Our music comes from our original roots," said Billy Joe Kenney, One Ton Tomato's lead guitarist, whom I contacted at their studio-house in Olympia. "They were bands that the hits, he said, commenting that playing the hits is more conducive to attracting customers. They have only played in Seattle a total of five times, and they are interested in playing in more places. They are interested in playing in more places.

Maxie's roots lie thoroughly in the worn-out Washington area. Of the band's line-up (aside from Kenney), Tom Crawford plays guitar, with a unique sound and style. He and Kenney are the only constant members of the band. They also have the help of living in the city, and the band is well-known in the area.

They played music which was influenced by bands like the Grateful Dead and the Allman Brothers. The band's demo album, recorded last year, was considered by the companies to be technically too insufficient to sell well, according to Kenney. "We did okay, we didn't have a producer — we produced it ourselves," Kenney said.

He said that the album's main deficiency was that it was written and sung by the leader guitarist. The album's main deficiency was that it was written and sung by the leader guitarist.

"We're interested in pop, but we're a rock band," he said. "We want to make music that everybody can follow. We take that seriously." Kenney is optimistic about One Ton Tomato's future.

"Our music is simple and direct — like the BTO chemotherapy, or Creedence Clearwater," he said. "I think we'll reach the same people in the same numbers — people like me, whose roots are in rock and roll," he said.

Right now the band is recording, and they are working to put out a record nationwide. They are working to put out a record nationwide. When asked whether One Ton Tomato will one day forsake their style and "go commercial" to make money, Kenney replied: "No way. There will probably never be that day." Kenney is optimistic about One Ton Tomato's future.

"There's a break in the middle of the song where the energy opens up — the lead guitar screams and phases, reminding one of the one playing the open road in southern California somewhere. Great! You bet! There is a good chance that these songs will be on the band's next album, according to Kenney.

"Our next album will be straightforward and simple," Kenney said. "There will be more variety in the guitar parts."

One Ton Tomato is a band that plays hard rock and roll. They have played all over southwestern Washington, where they are very popular, but they are not as well-known outside the area. The reason they haven't played in more places is that they play their own music. However, One Ton Tomato is not that well-known in the Seattle area. They have played all over southwestern Washington, where they are very popular, but they are not as well-known outside the area. The reason they haven't played in more places is that they play their own music. They also have the help of living in the city, and the band is well-known in the area.

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Husband-wife team make beautiful music

by Kevin Staffer

This quartet at the Thunderword, and at Highline College in general, have been fortunate enough to have our very own entertainment duo, Martin and Priscilla Brown.

Martin and Priscilla play their varied repertoire in lounges and clubs up and down the west coast receiving rave reviews for "stylish, talented musicianship." — Apple's magazine.

Martin has been in the music business for six years, and met partner Priscilla while working clubs as a solo act.

"She was working in a club in Southern Oregon, and I just happened to be playing there," Martin said of their chance meeting.

Priscilla was at the time, working as a model. She had been involved in the modeling-fashion business in Los Angeles, as well as playing in two groups there, before moving to Oregon.

Martin and Priscilla have been working the club circuit for two years, which has been long enough for them to formulate some strong feelings towards the music business, especially concerning their field of human work:

"It's very difficult for a family-type group to exist in the business," Priscilla said. "They seem to think that we make more money because we're married.

"Everyone thinks that an agent books on musical talent, but it isn't true," added Martin. "They just move people around," concluded Priscilla.

Martin also pointed out a study by the American Federation of Musicians, whose study concluded that musicians are one of the highest skilled groups, yet receive the lowest pay of any skilled profession.

Martin and Priscilla also spoke out on the function, or non-function, of the musician's union. "Everyone is disappearing away from the union, because the union isn't helping them," Martin said.

"Instead of abandoning, they should be in there trying to change the rules," Priscilla said. "The union laws should be redefined so that a musician's inability to get unemployment as one of the union's downfalls."

"People just aren't getting paid what they should," she continued. "If you're interested in the business, keep in mind that if you work in a lounge, you get so involved with the crummy end, lawyers, contracts, that you get bogged down in the business," Martin said.

The couple is currently booking up the summer, as well as trying to get enough original songs together for an album.

According to Martin, once he and Priscilla have enough original material, they will be heading to Beverly Hills, California, to contact a management company which they have dealt with before.

Today, Seattle. Tomorrow, Beverly Hills. And from there...

Original material sparks 'Songpainter'

by Martin Brown

Songpainter, a Northwest music duo of considerable talent, performed to an intimate Lecture Hall crowd May 24.

The two-hour concert got off to a shaky start, with lead singer/guitarist Timothy Noah apologizing for every- thing from their unfamiliarity with the new sound system to the fact that they weren't accustomed to performing in the middle of the day.

Whether he was trying to gain sympathy from the audience or not, it was totally unnecessary. Their performance was nothing to apologize about.

Stylistically, they move from their native Jackson Brown/Enn Frey style, Take It Easy, Noah and Warren (the bassist, who never gave the audience his last name) eventually got down to business and expressed their own song writing talents.

Both musicians are equally creative at composing as they are at interpreting their own work.

Noah's dynamic vocals were complemented on several songs by Warren's intricate bass licks.

The two also showed versatility by exchanging instruments on some songs. Warren proved himself to be an excellent lead vocalist on some of his own compositions.

Songpainter performs benefit concerts regularly at the Children's Orthopedic Hospital. They delighted the Lecture Hall crowd with a variety of songs written for those occasions, which involve audience participation and response.

Leaving their microphones behind for those songs, they stepped forward to sing, creating a nice, relaxed atmosphere in the room.

The small Lecture Hall gathering energetically applauded original Songpainter material, especially Frederick Baby

The concert was ended with another upbeat original, Give In To Living, which was well introduced by their "name" song. The song featured an excellent bass solo by Warren.

"Adapting to their environment has not recorded yet, but they look forward to the opportunity in the near future. "Our goal is to complete an album," Noah said.

If you would like to spend an enjoyable evening of music listening, be sure to catch Songpainter at Horsetail's in Seattle. They will be performing there nightly during the month of June.

Delta Law requires you to read this message before you leave town.

O.K., this is goodbye! Go out and get drunk! Live it up! Have fun! The summer is yours! But some time this summer, like around August 4th, you'd better be ready to see the funniest college movie ever created. Don't blow it!

This summer the movie to see will be

You'll be talking about it all winter!
Track team third in NWAACC

by Gary Lindberg

The Highland College men's track team ended a successful season on a low note by finishing fifth at the conference championships held May 19-20.

"We had a successful season with a 1-1-1 record, but it was unfortunate when the way they did at the tournament," said Dave Johnson, men's tennis coach.

"Our number two singles player Dan Tooby was sick in bed five days before the tournament. He was a little too weak and wasn't expected to lose as he did," commented Johnson.

"Also our number five singles player Jeff Masterjohn was almost hospitalized after the tournament," added Johnson.

"We were pretty cramped at the tournament," said Johnson.

"On the bright side Alan Williams finished third at number one singles, Kurt Bethmann finished second at number two singles but Dave Dankelkamp of Green River won a good one, Paul Savage finished fourth at number four singles and the number two doubles team lost to the eventual winners for Columbia Basin," said Johnson.

"I'm convinced every team in the conference. If a couple of little points had gone our way, the outcome might have been different," commented Johnson.

"However, fifth out of 17 isn't bad," added Johnson.

"We had a good season, bad fun and I'm looking for another one of that kind next year," said Johnson.

Next year we'll have Jeff Masterjohn and possibly Paul Savage back plus two or three recruits," commented Johnson.

Oregon team bad 64.

Another 25 of Highline's points came in the three other distance events as the sprinters scored but five points on the track.

Doug Larson had four of those with a fourth in the 400-meter intermediate hurdles. He had to fight off a pulled muscle to make it through the heats before the final on Saturday.

Thunderbird quarterback Dean Kohler almost made it to the finals as he ran a personal best of 49.1 in the heats where he was outlanesed for the last qualifying spot.

The jumpers grabbed three third places: Rustel Run with a 45-11 1/4, Dave Gomes at 23-3 to and Mark Chaney in the vault at 15-6.

In the distance events, Highline did not dominate as it was expected to but still racked up a respectable number of points. Tom Smith came back in the 800 to nab second after a late stretch charge.

"I knew I would get the second guy," Smith stated. "But I let up in the last turn and it cost me the race."

The other double placers for the T-birds were William McCann in the 5,000 and 10,000, Kaasberg in the 1,500 and 3,000 and Conley adding a fifth in the 800.

McCann had a favorite in both of his events before fading at the midway point.

"He lost concentration and let them get away. It was kind of hot out there," commented assistant coach Bob Mattoe.

Conley had another personal best in the 800 as he held fifth throughout the race after a blazing early pace. His heat the previous day had gone through the quarter in 52, world record pace.

Overall the meet went as expected although the sprinters did not score as many points as they did in previous meets. The T-birds will be hurt next year by cuts in the number of scholarships.

On the distaff side, Highline finished a disappointing last as Shelly Chester scored all of the T-birds points with a fourth in the disc at 119-0. The rest of the small team had some problems with the heat. The team is expected to be larger next year with a more balanced approach.

Men racketeers end season fifth

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"However, fifth out of 17 isn't bad," added Johnson.

"We had a good season, bad fun and I'm looking for another one of that kind next year," said Johnson.

Next year we'll have Jeff Masterjohn and possibly Paul Savage back plus two or three recruits," commented Johnson.

Oregon team bad 64.

Another 25 of Highline's points came in the three other distance events as the sprinters scored but five points on the track.

Doug Larson had four of those with a fourth in the 400-meter intermediate hurdles. He had to fight off a pulled muscle to make it through the heats before the final on Saturday.

Thunderbird quarterback Dean Kohler almost made it to the finals as he ran a personal best of 49.1 in the heats where he was outlanesed for the last qualifying spot.

The jumpers grabbed three third places: Rustel Run with a 45-11 1/4, Dave Gomes at 23-3 to and Mark Chaney in the vault at 15-6.

In the distance events, Highline didn't dominate as it was expected to but still racked up a respectable number of points. Tom Smith came back in the 800 to nab second after a late stretch charge.

"I knew I would get the second guy," Smith stated. "But I let up in the last turn and it cost me the race."

The other double placers for the T-birds were William McCann in the 5,000 and 10,000, Kaasberg in the 1,500 and 3,000 and Conley adding a fifth in the 800.

McCann had a favorite in both of his events before fading at the midway point.

"He lost concentration and let them get away. It was kind of hot out there," commented assistant coach Bob Mattoe.

Conley had another personal best in the 800 as he held fifth throughout the race after a blazing early pace. His heat the previous day had gone through the quarter in 52, world record pace.

Overall the meet went as expected although the sprinters did not score as many points as they did in previous meets. The T-birds will be hurt next year by cuts in the number of scholarships.

On the distaff side, Highline finished a disappointing last as Shelly Chester scored all of the T-birds points with a fourth in the disc at 119-0. The rest of the small team had some problems with the heat. The team is expected to be larger next year with a more balanced approach.
Men-women combine under new conference

by Gary Lindberg

The Highline women’s teams will be under the same governing body as the men starting this fall, according to the Highline athletic department.

"The governing body will be named the Oregon-Association of Community Colleges," said Jesse Caskey, dean of student services.

The change was made by a task force of the states community colleges.

"The presidents of the community colleges felt that a philosophy of having one ruling body would be better instead of having two or three," said Don McConnaughey, athletic director.

"The role as eligibility, transferring and scholarship limitations will all be the same," added McConnaughey.

"The rules so that all students will be under one umbrella, sort of speak," commented McConnaughey.

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HCC's Administration of Justice program 'versatile'

by Priscilla Brown

Highline Community College's two-year, 10-hour Administration of Justice program is extremely well planned and versatile, according to H. Edward McNulty, the program's head.

The program includes three career options — Law Enforcement, Correction and Industrial Security.

A graduate can receive an Associate of Applied Science degree in either of the career options. The program is also transferrable to a four-year degree.

McNulty feels that "law enforcement should be treated as a profession, not just a job."

He explained that a professional person should have expertise in what he is doing, and have one goal — service to the community.

"Law enforcement is a social control, therefore the program is aimed at not only how but also why," he said.

The program is organized to provide the necessary education for a successful law enforcement career. The program includes:

- 45 hours of academic courses
- 90 hours of physical education and
- 10 hours of personal defense.

There are additional 15-19 hours of required courses in each option field.

The program has the advantage of some of the best equipment in the state. The quality of the facilities, instructors and equipment is reflected in the high-quality graduates. The program is unique in that it is a two-year program.

At the request of the state, the program consists of three separate two-week programs attended by various law enforcement personnel from all parts of the state.

The program is usually attended by 75-80 people and has had excellent results.

As part of the on-going program the students, in cooperation with police academy and various legal departments, hold a "mock crime." The process is completed by actually going through booking, evidence gathering, reports and finally the courtroom technicalities with court being held in HCC's own courtroom facilities.

McNulty points out that requirements for law enforcement education are becoming higher and will continue to rise. The National Academy Commission on Criminal Justice Standards and Goals has recommended that "as a condition of initial employment the completion of at least three years of education at an accredited college or university is the recommendation for 1978. By 1982 they should recommend four years. As a result of this recommendation various police departments are offering pay raise incentives to personnel to upgrade their education.

Another advantage of the all over program is the dedication and concern of the instructors. The attitude of the instructors is more than just the instruction of students, but also the compassion to understand them as people.

McNulty sums it up nicely, "The nicest thing that can happen to an instructor is to see a former student happy and doing well at a job and think that he might have helped them attain it."

Anyone between 21-35 is eligible for the program and there is no longer a height requirement. Placement has been good for both men and women.

McNulty stresses that everyone must meet physical fitness requirements, a point some people overlook when considering law enforcement. Anyone interested in more details about the program should contact the Administration of Justice Department.

Five administrators receive merit awards

Several of Highline Community College's administrators and exempt personnel received merit awards of up to $300 last week, according to George Donovan, HCC assistant dean of student services and chairman of the Administrative Awards Committee.

Receiving the awards were Robert Steadhampl, assistant occupational dean, for special work he did with the advisory committee for occupational programs; Justice Morris, head librarian, for managing the moving of library books and materials without disruption of service to students; Jo Napier, minority affairs director, for developing and running an Indian Aid Program; Don Stauf, business manager, for special efforts to be sure that the new library was of the highest quality possible; and Philip Beaubien, student activities coordinator, for outstanding work done in the Job Placement Program.

The merit awards are awarded to the administrators or exempt personnel who have done outstanding work, handled exceptional responsibilities or planned special projects already approved by the Awards committee.

The money for the awards, which cannot amount to over $300, comes from one-half of one per cent of the salaries of the administrators and personnel.

Speaking of the awards, Donovan added that the "money is not important. The awards are a vehicle of acknowledging exceptional work," he said.

The administration voted to continue with the merit awards program May 24.

Check out nutrition

It's hard to know whether you can believe everything you read about nutrition and diet.

But knowing the questions to ask makes it easier to recognize good (or poor) information on nutrition, says Jan Grant, Washington State University's King County Extension agent.

Think about the source of the article. Nutrition information from academically trained nutritionists is usually more reliable than current nutrition research. Research scientists usually substantiate any claims with documented research work, and they will be cited in the article.

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Hey, look us over! Bring the whole family and enjoy those juicy, flame-broiled burgers at our newest Burger King restaurant. And when you're in a hurry, our new Burger King restaurant is ready with fast drive-thru service. So, come in or drive thru for the delicious burgers you want fixed fresh and hot, to fit your appetite!

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