

Thunderword

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Departments

Highline Headlines	2
Thunderwords	4
Centerfold	6
Arts & Entertainment	8
Sports	10

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PERIODICALS

Seahawk finds Special Olympics 'vital'

by Ron Del Mar

In recognition of this being the year of the disabled, Steve Raible, wide receiver for the Seattle Seahawks, spoke on behalf of Special Olympics on April 22 in the Artist-Lecture Center.

Special Olympics is a worldwide sports training program for mentally/physically handicapped. The only qualification for participation is an I.Q. of 75 or less. Since its founding in 1968, more than one million people have participated.

In Washington, there are Special Olympic programs in just about every county. However, Raible points out that there is a dire need to reach a greater number of people.

"We reach maybe 20 per cent of all of those eligible," he stressed. "Last year 8,000 athletes participated in it. That is not very many."

Although Special Olympics is a worldwide event, it is organized, budgeted, and directed locally. The success of the program is built around one word—volunteers. It is run by 15 board members in this state, all unpaid business people sacrificing their free time in order to ensure a smooth operation of the program.

Raible has been a spokesman for Special Olympics since 1977. He insists that his work has become "very important to me."

"Everybody has to give something back to society," Raible stated. "I think I owe it to this community. We all owe it to our society to volunteer time to help. Our society will not survive if we don't."

Special Olympics gives individuals an opportunity to witness, first hand,



Seahawk Steve Raible, speaking about Special Olympics to a recent Highline audience, signs an autograph for MCC Public Relations Director Virg Stalger. photo by Brad Jones

kids and adults overcome their disabilities, according to Raible. Participants are taught the values of winning and losing gracefully, and maybe most importantly, it is a step for them in becoming a contributing part of society.

"There is an invincible spirit that overcomes all handicapped," he assured.

Many Special Olympians are able to move right into high school or junior college athletic programs following their stint with Special Olympics.

"Sometimes they turn in such outstanding efforts that they must be commended," Raible noted.

Raible urges everyone to volunteer some spare time to Special Olympics. "I can't tell you how good it feels," he said. "You'll learn something about yourself. Nowhere else can you rejoice at how wonderful mentally retarded people are. You'll get a sense of accomplishment to be able to help."

"You as an individual owe it to your community and yourself to help," Raible noted.

Raible became involved with Special Olympics by accident. In 1977 the program was still very unorganized, according to Raible.

"Special Olympics was not reaching as many people as they wanted to," he

explained. "They needed a spokesman and came to the Seahawk office looking for help. I just happened to be walking by and they asked me if I was interested."

"Although I knew virtually nothing about Special Olympics," he continued, "I was more than happy to get involved."

There are three goals involved in operating Special Olympics, according to Raible. One is to ensure participation of all eligible, another is to continue community support of the program, and the third is to provide leadership capable of maintaining and supporting the program.

Special Olympians in this state meet yearly at Ft. Lewis for the state games. Here, athletes compete in just about every sport imaginable. Raible insists that the whole event works because of the many volunteers that help out.

"If it weren't for them (volunteers) we'd be in trouble," Raible stressed. "The work that goes into one of those events is incredible."

Raible feels that generally the favorite job is that of a "hugger."

A hugger is someone who meets an Olympian at the finish line and gives him a big hug, no matter what place he may have come in. The hugger tells the athlete "that was a terrific effort" and "I love you."

"Some may hear those words more often than at any other time in their life," Raible noted.

Raible encourages anyone with questions concerning Special Olympics to contact Pete Guzzo, the state director at 523-3179.

"He will be more than willing to help," he concluded.

Community colleges hit by legislation

by Gordon Weeks

The special session of the 47th Legislature wrapped up business Wednesday in Olympia, with community colleges facing the most sweeping changes since 1967.

The new legislation includes enrollment lids, alterations in the open-door policy, and a tuition increase of 73 per cent.

Dr. Edward Command, HCC vice-president, believes that Highline students are just now becoming aware of the upcoming affects.

"Most students are so busy and involved with their class work and with such a high percentage working full-

time, that I doubt many really know what the impact will be," he said. "They hear a lot about tuition cuts, but they won't realize it until it comes out in the bulletin."

The cost of a college credit will rise from \$10.20 to \$15.70 with maximum tuition costs escalating from \$102 to \$157. These increases become effective when registration begins for Summer Quarter on June 1.

Command explained the legislator's reasons for making college students revenue builders.

"The state feels a revenue pinch," he said. "They haven't increased the tuition in the last several years and this year, to avoid a general tax increase, they're increasing so-called users fees, tuition being one of them."

"The legislators justification on increasing tuition is that there hasn't been an increase in several years, so therefore it's justified. I don't buy that line of discussion because I think the increase is too high."

Washington's community colleges will be hit harder than the four-year universities, according to Command.

"The cost of tuition will be at a higher increase at the four-year university, but I would expect the registration impact on enrollment will be more difficult at the community college level," he stated.

"I feel our support level is just not nearly as adequate as it should be."

The special session left "no real changes" from the earlier legislation, except for a surprise increase in Student and Activities fees.

"What the basis of this is, I haven't the foggiest idea," Command exclaimed. "It came up as a complete surprise to us. We were under the impression that there was going to be a 50 per cent increase per student in S and A fees that was going to be earmarked for the special loan fund, but

we were surprised to find this morning (Thursday) that it's gone up more than that."

The independent student will feel the most adverse effects, according to Command.

"There will be a much greater impact on the so-called non-traditional students than the student who's younger and living at home and can get some other potential support."

Command felt the legislature had the wrong image of the value of community colleges.

"Many legislators still have that image, even though we worked hard to try to convert it, that you go through high school, you finish high school, you go either to a four-year university or community college, you finish there, go to work and that's it."

"They don't recognize that many people are coming back to school changing careers, upgrading skills, and so on," he added.

Command commended some local

legislators, including Dick Barnes and Frank Warnke, for their support of community colleges.

"There was more interest by local legislators this year than in past sessions."

Command stated that Highline will "stay consistent."

"We will be able to operate very close next year to what we're doing this year," he said. "We thought for quite a while that we would not be able to maintain the current operation."

The legislation wasn't a total loss for community colleges and students, according to Command.

"I think that CORP (Council of Representatives and Presidents) and the students have been fairly effective in helping create a compromise," he said. "I think as a system community colleges have been more successful in this session than we have in the past."

"We at least didn't lose as much ground as we thought we would."

inside this issue...

Highline students learn benefits of aerobic dancing—for story turn to page 5.



Car ignites in campus lot

A 1974 Ford Pinto ignited and burned on the campus' east parking lot at 9 a.m. on April 24.

The car was totalled in what appeared to be an electrical fire, according to Campus Security Director Jack Chapman.

"Smoke started coming out of the hood," he said. "The air filter is totally burned, the carburetor is gone and the grill melted."

"I was just trying to park and my car started burning," exclaimed the owner of the Pinto.

There were no personal injuries or damage to nearby vehicles.



New computer course tunes up for the future

by Ina Latuseck

A new course offering, "Accounting and Record Keeping with the Computer," is currently being offered at Highline College to anyone in the community who is interested in learning about the feasibility and methodology of keeping personal or business financial records "on the computer."

The course was developed by Mary E. Tanner Pedersen, CPA, Accounting Instructor at HCC. The Software was developed for the COMPUCOLOR II by William R. McDaniel of Northwest Business Systems, Federal Way.

Students registering for the class are assumed to have some minimum prior exposure to the COMPUCOLOR II. This exposure may be obtained by going to the sixth floor of the HCC Library and asking for the Basic Tutorial disk. Students should also understand the double entry system of bookkeeping and the steps in the accounting cycle.

A student should be able to exploit the capabilities of the micro-computer without having any particular know-



Someday, all homes may feature such a computer.

ledge of programming or prior exposure to computers.

The class currently meets twice a week for one hour and fifteen minutes (3 credits) and classes convene at the

Library (6th Floor) where the computers are located.

Micro computers can be acquired by individuals and small businesses for as little as \$4,000 to \$5,000. Very little knowledge of programming or computers is required in order to benefit from this very useful tool.

Partial funding for the project has been provided by the Instructional Computing Steering Committee and the Instructional Improvement Committee at HCC.

Software has been designed, developed, tested and documented for accounting and record keeping on the COMPUCOLOR II micro-computer. A manual is available and is written in such a way that any accounting instructor could teach the course or instruct the student in running the programs in the General Ledger package of programs.

According to Pedersen, the course will be offered regularly starting the Fall Quarter "if the equipment holds up." Pedersen indicated that there are 10 machines and two printers but that "there is seldom even one printer in working order."

"The machines are in use from 8 a.m. until 10 p.m. and they are not built for that kind of wear," said Pedersen. "It won't be long before the machines will have to be replaced. We are in dire need of more machines with more and more classes turning to computer use."

"Computer use is definitely in the future and this course will give the students an introduction to the basics," indicated Pedersen. "Every small business will eventually be computerized and any small knowledge of computers will be helpful for students looking for employment."

"The main drawbacks to the class are the frustration with the printer seldom being in working order," said June Hendrickson, student, "and that there just aren't enough machines to go around."

Pedersen's class currently has 15 students. "One thing the student's have to learn is to deal with the frustrations of working with the computers," indicates Pedersen, "but it is fantastically rewarding when you see what the computer can accomplish."

Rehabilitation programs offer diverse help

By Linda Surface

An interesting development on Highline College Campus has earned nationwide recognition and respect. Unbeknownst to most students, rehabilitation programs helping handicapped individuals have been in existence for about eight years.

Renna Pierce, Program Director of the Rehabilitation Mobility Assistance Training Program and overall coordinator of the Rehabilitation Programs, explains that the two-year program is a built in service in which students are trained to work as instructional aides with handicapped persons. Upon graduation, the students then seek employment in group homes, special education classes, sheltered workshops and other institutions that serve handicapped persons.

The program is four years old and two graduates of that program have received special awards as the outstanding graduates from the Service Occupations Division. There are presently 35 full-time students enrolled.

The Rehabilitation Mobility Assistance Training Program is just one branch of the Rehabilitation Programs.

"In general, we try to serve the handicapped student in whatever field they are in," Pierce projected. "We attempt to aid any handicapped students if they need it. They need not be in just our programs either."

In the past year, Highline College has undergone a few major alterations in their facilities. Accessible restrooms designed for the disabled persons needs have been built in, along with level walkways to aid persons in wheelchairs. The whole idea is to make the campus more accessible.

According to Pierce, many handicapped students found it too difficult to go up and down the steep walkways

in their wheelchairs.

"We had one student who was thinking about dropping her history class because she either found it hard to manage her wheelchair down the sharp inclination of the walkway, or couldn't make it down the stairs. Finally her instructor and classmates met her at the top of the walkway every day and helped her down."

Among the wide variety of assistance offered to handicapped individuals attending Highline are tutoring, reading, assistance from class-to-class, and independent study.

The oldest of Rehabilitation programs at Highline is the Parent and Vocational Education Training for Handicapped Parents. The program focuses on disabled or slightly mentally retarded parents who have potentially normal children, and trains them to develop their parental skills.

"Most of the children are normal," Pierce stresses, "And we want to help the children the best we can and the only way that we can do that is to help the parents."

This outstanding program has been a huge success mainly because of its uniqueness and helpfulness making it one of 200 schools across the nation nominated for a certificate of achievement by the Academy of Educational Development. The awards are to be announced this spring, and each of the programs will have a brief description written about it in the book published by those presenting the awards.

The idea of the program, developed eight years ago by the Parent and Childhood Education Division, has been a model for other schools. Representatives of institutions in and out of the state have visited and been impressed while many other places have replicated the program.



Renna Pierce

"We get references from other people all of the time," Pierce said, "But for now we have only 10-15 adults enrolled in class every quarter, along with 15-20 children in the child lab at the same time."

Highline College received a grant in September from the King County Department of Developmental Disabilities which provides vocational training and job placement to developmentally disabled adults. Many of these individuals have worked for a time in sheltered workshops but not in competitive employment. Highline college is one of the first community colleges to branch out into this area.

The program is limited to ten students and the focal areas in job skills are in housekeeping for motels and nursing homes, laundry service and page or errand runners for the library systems. These areas were decided upon primarily because of the availa-

bility of jobs due to turnover, and also because no equipment is needed to start the program.

"We already have four students in competitive employment with three more that are ready to be placed," Pierce emphasized. "As soon as one is placed in a job another takes his place in class."

The program started Fall Quarter as a pilot class instructing and developing job skills for the developmentally disabled individuals.

At the end of the quarter, Pierce expects to have students in the program in the various stages of training.

The Rehabilitation program has branched out in other areas as well. As another aid to blind students, a satellite branch of the Library for the Blind is being established in the campus library and the Library for the Blind will lend the college, for Spring Quarter, a tape recording machine.

A talking computer terminal has also been purchased for the use of three blind students in the Data Processing program. There is great interest in the computer and counselors from the Commission for the Blind, special education directors from public schools who sent students to Highline, as well as parents of visually impaired or blind sons and daughters attended an open house to inspect the terminal.

Pierce notes that this is the International Year for Disabled Persons, and she has presented special programs in the Artist Lecture Center each month to spread interest, sensitivity and knowledge about handicapped individuals. The next program will present a gala event of song and dance presented by students from Grandview School—a special education school. The program is on May 6th in the Artist Lecture Center. Pierce invites everyone to come.

Registration system revised for Summer Quarter

By R.A. Smart

Highline College has devised a new way of registering for Summer Quarter. Instead of the old first come-first serve type of registration, this summer it will be by appointment only.

On Monday, June 1, matriculated students will start the registration process and will continue until June 4. Then students who are currently enrolled but have not been matriculated, will get their only chance to register on June 5.

Open season on the registration lines for the general public will begin on June 15. Students who attempted to register on the fifth who did



Registrar Booker Watt.

not succeed, will then have another chance.

Highline Registrar, Booker T. Watt, said that spreading the registration times over a week for matriculated students, should help to eliminate the long lines that plagued the registration area last quarter.

"I'm afraid we might get 2000 people in here (registration) on one day," Watt exclaimed, "The new system should help to eliminate that."

With the increase of tuition this coming fall in the state Colleges and Universities, Summer Quarter could be larger than expected.

"I'm assuming that students will be going for all the credits that they can

get in a two year college before tuition goes up," Watt noted.

Another plus for matriculated students is that the week of June 8, enrollment for Fall Quarter will start, non-matriculated students and the general public will not be able to start registering until around September 8.

Parking permits for the Summer Quarter will be \$2.00 with ample parking on campus, according to Highline head of security, Jack Chapman.

"As far as I can see, parking should be no problem on campus," Chapman assured. "All parking will be on campus for the Summer Quarter, due to the closing of the Midway drive-in for school parking."

Preschoolers have a day at the Fair

by Ron Del Mar

Kids from all over the area got a chance to have their day at a Children's Fair held at Highline College on April 25.

The fair, sponsored by the Parent Cooperative Preschools and the Parent Advisory Council of HCC, was a chance for the program's preschoolers and other youngsters from the community to exert their energy into a day of fun and learning experiences.

"It's a nice day for the children," Charlotte Silverman, instructor in the Parent Ed program, noted. "They don't have to pay for anything and it is local."

"Lots of parents feel the fair is a lot better for the children than something like Disneyland where everything is so hectic and crowded," she added.

This is the fourth year that Highline has held the fair. Each year it has grown larger and Silverman was expecting close to 600 children to turn out this year.

Silverman couldn't have asked for a prettier day to hold the fair. On Saturday, a blue sky greeted the children who swarmed the fair grounds from all directions. The fair grounds were in reality the Plaza between the Library and Building 23.

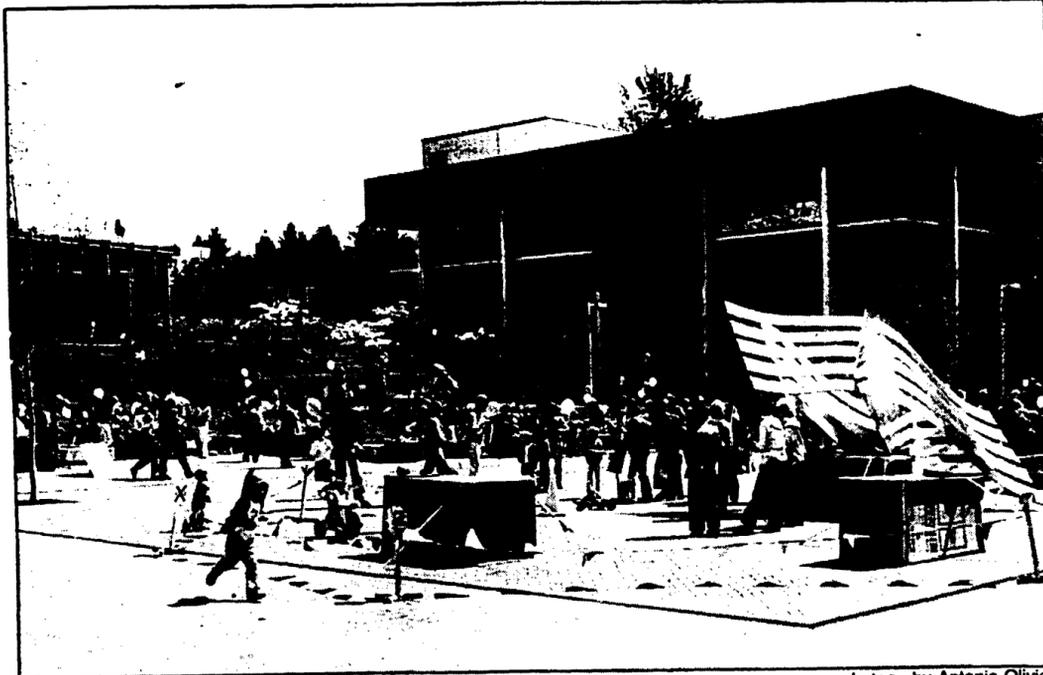
A banner, skillfully mastered by the preschoolers, hung from Building 23, welcoming gleeful children and their parents as they entered the Plaza. The banner read "The Children's Fair" and the artwork on it appeared to be the work of several amateur pre-juvenile fingerpainters.

The grounds were lined with tables, where each preschool participating had set up its own activities for the youngsters to engage in.

Around one of the more active tables, children stood in line to have their faces painted. Little boys and girls stood steadily while their innocent young faces were being transformed into what looked to be raging Sioux on the warpath. The original intention was probably to make them look like clowns.

An obstacle course, built by the Bow Lake Preschool, stood as a challenge to test the coordination and endurance of the little tykes. Here they had to master a stairway before trying to cross a treacherous six-foot bouncy board. This completed, they crawled through a long and narrow tube which resembled a rolled up shower curtain.

Then a three foot slide had to be conquered before taking on a narrow beam. The walk across the beam could usually only be accomplished with the aide of parents, who incidentally seemed to be having as much fun at the



photos by Antonia Olivieri

fair as their children. The final obstacle was a tricky maneuver between several chairs.

Those with scientific inclinations found something to fit their fancy in the science activities.



Warpaint was applied at one stand.

The Federal Way Preschool had an exhibit in which children could participate. First, they selected a color and added the dye to a small glass jar with water and vinegar. Next, the jar was placed onto the pinnacle of a plastic mold, about the size of an overinflated basketball. A small amount of baking soda was sprinkled into the jar, enacting the substance to in turn foam up, giving the effect of an erupting volcano.

The artists in the crowd were not left out of the fun either. One activity had the children pour paint onto a sheet of paper lying in a cardboard boxlid. A marble was placed in the paint and the box shaken about. The painted marble rolling aimlessly about the paper produced zany designs.

Another artist booth had the youngsters create designs by spinart.

The woodworking shop, set up by the Des Moines Preschool, is a yearly favorite of the children, according to a woman selling raffle tickets nearby.

"They don't have to wait for anything to dry, therefore they know that they will be able to take home what they make," she explained.

Indeed, the woodshop seemed to be attracting its share of children. Hammers, nails, saws and drills were readily available to the kids along with various blocks of wood.

One lad looked like he was making a medieval spaceship, but he insisted it was a sword. Another was attempting to fabricate an airplane.

In the far left corner of the plaza, a motocross track had been prepared by the Burien-Gregory Heights Preschool. The three-wheeled vehicles used in it ranged from Big Wheels to infant tricycles.

The track meandered through several cones, then through a couple of tunnels made from gigantic cardboard crates.

One parent was on the sidelines egging his daughter on to pass a youngster having trouble getting his vehicle moving. Eventually the track got congested and it looked like a typical morning rush hour scene.



Spinart was one of the favorite activities.

Everything at the fair was free except for the sale of raffle tickets. Several people had donated items to be given away.

Some of the things won at the drawing included an electric wok, restaurant tickets, photo sessions, a canoe, gift certificates, movie passes, toys, and a four foot salami.

Free tutoring services offered at HCC

by Lillie Parks

Tutoring can help students understand comma splicing, or conjugating French verbs, or it can help them gain an understanding of supply and demand in economics.

Tutoring in the humanities, the sciences, mathematics, and other areas has been available at Highline since January 1980, according to Dana Cassidy, tutorial coordinator.

As a part of the Division of Developmental Studies, the tutoring program, originally organized for the purpose of assisting vocational students, is now widely recognized and used.

"Students learn of the free tutoring service through instructors, counselors, and by word of mouth," Cassidy said.

Once the need for tutoring is recognized, Cassidy can be contacted in her fourth floor office of the library where she coordinates the individual tutoring sessions.

A form of entrance level test is given to each student, hours are arranged and a tutor is assigned.

"Students are required to sign a contract of commitment indicating that they will take seriously the time devoted to them by the tutor," stated Cassidy.



Dana Cassidy

Prior to becoming a tutor, the instructor of the particular subject and his division head must give their approval of the tutor. In addition, the prospective tutor must attend the Tutorial Seminar classes provided by Highline. The tutors may be outstand-

ing students or authorities from off campus.

Danny Brown, a tutor of mathematics said, "I tutor because of a sense of accomplishment I feel from being able to help others. As I tutor I receive a good review of mathematical principles that must be used constantly."

Brown also feels that tutoring on a one to one basis helps to build a student's confidence in their own abilities. He sees himself as being available as a tutor for the remainder of his time spent at Highline.

As a student being tutored, Dave Doll confirms Brown's statement regarding the confidence that one can receive from being tutored.

"The tutor and the student act as reinforcement for each other; they complement each other," Doll said.

Tutoring is a valuable resource for students, but like many programs, funding is the key to the existence of the tutoring program. In this case the Commission for Vocational Education is the source of the funding. To date, tutoring may mean a session of group guidance because of the lack of funds to pay tutors for the one to one sessions.

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Staff point/counterpoint

Space program is smart economics

by R.W. Davolt

The question of the space program is a question of economics. What benefits will touch how many Americans? Is it worth the investment? How can we justify the expense of space, looking at the deplorable condition of earth?

Ultimately, we can not afford *not* to reach for space.

As an investment, space exploration is difficult to talk about in terms of returns. Aside from the millions of aerospace jobs that depend on the program, direct results of the recent shuttle flights are largely still speculation.

In the sense that it is difficult to make immediate applications from laboratory results, we have no idea what range of discoveries and innovations might bloom from the flight of the Columbia. We do know that business and industry is very much interested in space technology. The first 48 shuttle flights, up to 1985 are booked solid with over a third of the cargo consisting of commercial communication satellites. According to former John Anderson advisor Michael Fuda, "The space program is one of the few taxpayer-supported programs which can show a greater return than our initial investment."

Some of those returns projected for the shuttle program are:

—The shuttle is expected to revolutionize the satellite business which we have all come to depend on for television and telephone communications. Satellites can be launched, repaired and reprogramed from a space shuttle, and eventually from an orbiting "space operations center," built with the technology and the help of the shuttle Columbia and her three sister ships. As some radio frequencies near saturation point and orbital positions for satellites become more crowded, this service will prove vital.

—Skylab experiments have shown that molten metals behave differently in weightlessness. Scientists believe that in such an environment, high-purity electronic crystals could be produced, improving the performance of electronic components back on earth. Molten metal that will not mix evenly on earth might blend to form new alloys, replacing scarce minerals.

—In such an environment of purity, new medicines could be produced. Ortho Pharmaceutical Company and McDonnell-Douglas have already devised an experimental system for hormones to combat heart disease and diabetes.

America is being taken for a ride

by Thomas Kreupski

What's with all this money being spent in space? Is the American public being taken for a ride?

The pressing problems of violence, crime and starvation go unchecked while Americans bask in a "Star Wars" like mentality.

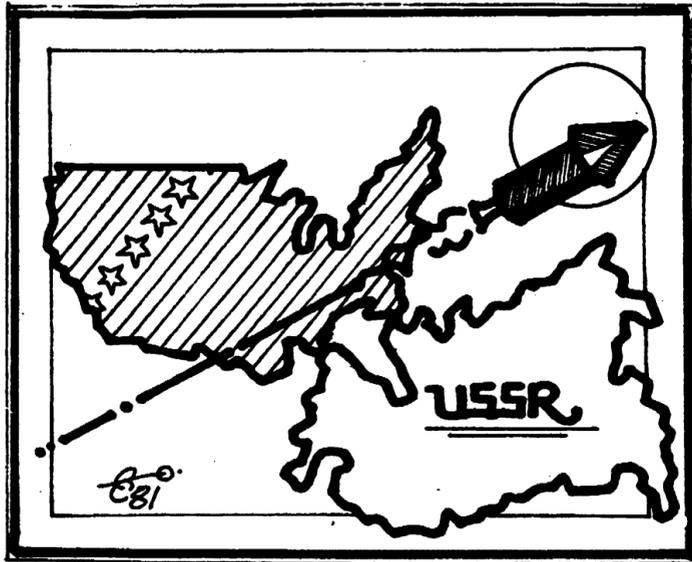
Trips to outer-space are not the only hope of escaping earth's problems!

The space shuttle 'Columbia' was purchased for approximately \$10 billion. Most of us can't comprehend the meaning of \$10 billion. Imagine this: Many one dollar bills stacked one on top the other to the peak of the Empire State Building. This would amount to only a single billion dollars. Indeed, an unfathomable amount!

Big business and government defense "hawks" have convinced us that we desperately need the space shuttle program. Just look at what's to be gained from our \$10 billion investment.

The United States has again been established as the world's "leading space power."

The most immediate material result of the shuttle will be in the



—The Russians have made no secret of their intentions to use space for military purposes. An estimated 80 per cent of the Russian manned space effort has a direct military goal. While not so blatant, the United States can hardly stand idly by in the face of such a threat. The military applications for the space shuttle are linked mainly to satellite maintenance. Along with conventional spy, communication, and navigation satellites and countering the threat of "armed killer satellites," military planners envision a series of laser weapons that could make intercontinental ballistic missiles obsolete by covering the United States with an "umbrella" of protections. Former astronaut and current New Mexico Senator, Harrison H. Schmitt says laser satellites offer the chance to "change defense policy from one of mass destruction to one of mass protection. A laser satellite system would be an extremely versatile shield."

In a larger sense, what could be more human than this? Reaching, exploring, striving, asking the questions that must be asked. At the root of it all is hope. Hope in improving the world we are accused of neglecting, hope in that in space we can look back at our planet and see the answers, or simply hope in something outside ourselves. Knowledge, hope and the human spirit cost too much, they say.

Billions? Trillions? What price hope?

+ Financial First Aid +

by R.W. Davolt

Hold it. Time out. Stop right there. Halten Sie. Just a dog-gone minute.

I may be new at this college thing but something strikes me as strange about the criticism some students are taking from instructors about the time they spend working. If someone was knocking themselves out to pay my salary I would either be sensitive enough to be grateful or bright enough to be quiet.

A student who works pays tuition, tuition pays the salaries of everyone from instructors to janitors to administrators. Many community college students are property owners and almost all are tax-paying voters. Kindly remove your teeth from the hand that feeds you.

Struggling through college is nothing new, and in many ways the financial battle through school weeds out many who didn't really want the education badly enough. Many instructors must remember how it was for them

Of course there will be times when occasionally the workplace will intrude on the classroom and surely the reverse will be true—but to say that work will never interfere with school or that it will always interfere are both extreme and misleading. The point remains that working one's way through school is an admirable thing and should be taken into account by the instructor in a positive manner.

The student who works is, more than any other, a faithful follower of the American ethic of productivity. We traditionally scorn what we can get easily. To hear an instructor expound the opinion that there is no reason for a student to have any employment other than the pursuit of knowledge, is to begin to realize what is happening to this country's economy. The end result is a nation of well-educated non-producers.

We are seeing profound changes in our national life. Where once we could afford the luxury of four years entirely or primarily devoted to col-

Cont. on page 12

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The Thunderword office is located in Building 10, room 105. Office hours are 10 a.m. to 4 p.m. daily.

We welcome all news, letters and criticism from the campus population. Letters should be kept to a 250 word maximum and letters longer are subject to editing.

Aerobic Dancing

Strenuous exercise to modern music

by Ina Latuseck

Aerobic Dancing, a form of strenuous dance routines, is one of the up-and-coming ways to exercise. New classes are currently being offered at Highline Community College and throughout King County.

For students who don't like to do calisthenics, aerobic dancing may be the way to exercise. Warm-up exercises, which usually take the first ten to 15 minutes of the class, include some of the usual push-ups, sit-ups, and other calisthenics, but then the next 30 to 45 minutes are vigorous dance routines set to modern music.

Aerobic exercise is sustained strenuous exercise which increases the strength of your cardiovascular system—heart, lungs and circulation—by increasing your oxygen intake and overloading your cardiovascular system during your workout. The word "aerobic" means to use oxygen. By increasing the amount of oxygen your body can take in and use efficiently, you increase your energy level and the rate at which you metabolize other fuel elements in your system such as fats, carbohydrates and protein.

During an aerobic workout the heart rate is increased substantially, increasing the strength of the heart as a muscle. As the heart becomes stronger, its resting rate becomes slower because the heart is able to pump the same amount of blood throughout the body with fewer pulses. As the heart and body become even stronger students find they have more energy for all activities.

From a weight control viewpoint, it is more effective to maintain a well-balanced diet and exercise aerobically at least twice a week. Three to five times a week would be even more effective.

Some exercises that may seem aerobic but in most cases are not, are tennis, racquetball and calisthenics. Aerobic exercises include running, bike riding, swimming laps, cross country skiing, jumping rope and aerobic dancercise.

An aerobic dance class is offered at Highline Community College with Mary J. Sarver, instructor.

"Aerobic Dancing is a new experience for me," said Sarver.



Students rid themselves of the regular calisthenics by exercising the musical way—aerobic dancing. Photo by Diana Robinson

Sarver also teaches Social Dance and Folk Dancing. She has 20 years of Physical Education experience and has been doing her own choreographs for the class. She attends festivals in the summer learning new dance to implement into her own routines. By taking the class at HCC, a credit hour is received in P.E.

"The course (aerobic dance) will not be offered during the summer due to lack of funds," stated Don McConaughy, Chairman, Health and Physical Education Division. "But we plan to continue it in the Fall Quarter."

Sarver also indicated that the demand for dance classes in the summer is low due to the warm weather.

Students at Highline reflect enthusiasm with their comments about the class.

"I love it," exclaimed Debbie Keeth. "It is reasonably priced at Highline and you even get a credit hour for it."

"I just have to remember not to go home and eat cheesecake after class."

Jean Hess, student, feels that the class is "wonderful and I need the exercise."

"So far, it's great!" stated Mandy Bowell, also a HCC student.

Most of the ladies indicated that it isn't your usual form of dreaded exercise but that it is fun.

Robin Bowser, aerobic instructor, indicated that she is one of the instructors of Northwest Aerobic Dancercise. Melinda Field, NW Aerobic Dancercise, choreographs the music and then the dance steps, music and dance sheets are supplied to the instructors. Every four months a two-weekend training workshop is presented so the instructors can learn new dance styles and correspond with other instructors on their techniques.

In addition to training workshops, the instructors of Northwest Aerobic Dancercise are requested to attend a CPR course.

"Some people over-exert themselves and it's necessary for us to know what to do," said Bowser.

"After an eight week session, the ladies are my friends," Bowser stated. "And after four years of teaching aerobic dancing, I have made a lot of friends."

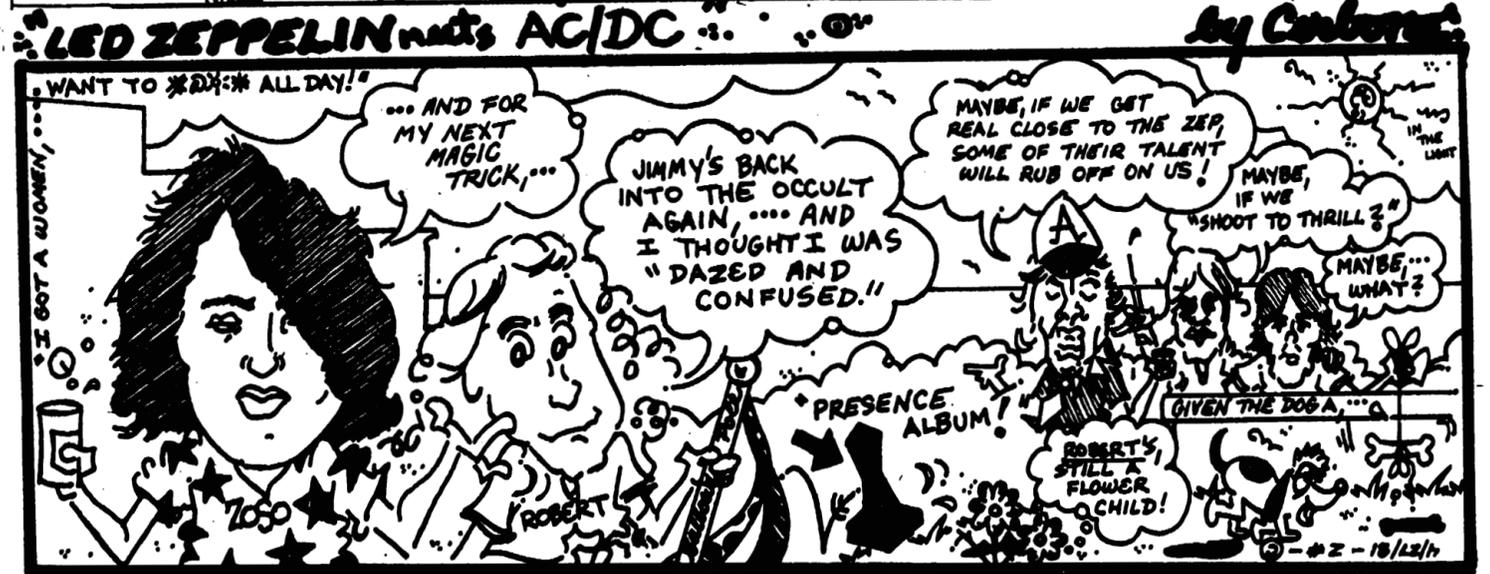
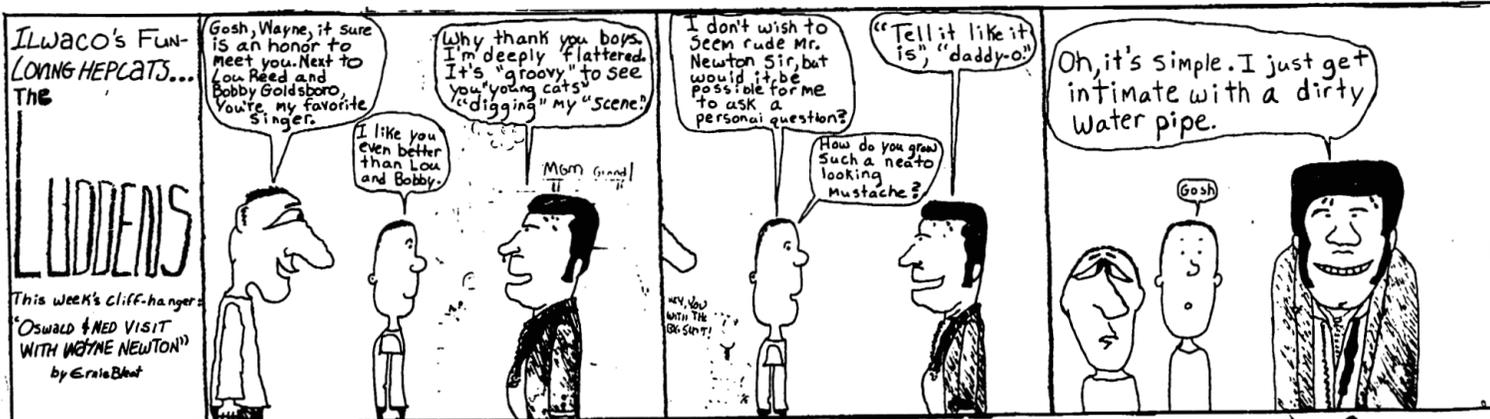
Student of Bowser's class, Gloria Sting, Seattle, commented "I just love it. I've been taking it since last summer and I have found it has increased my endurance."

When asked what she meant by increased endurance, she said, "the first time I attended class, I thought I was going to die; now I can exercise (aerobic dance) for an hour and I feel good."

Mary Ann Ellingsen, Des Moines, also a student of Bowser, indicated that she also "just loves it."

"I definitely will continue with aerobic dancing because when I come to class feeling tired," she exclaimed, "I leave feeling really relaxed."

The way most people find out where and when classes are held are by word-of-mouth but other contacts are: King County Parks and Recreation Department; YMCA; The Body Workshop offers classes in Beginning, Intermediate, Advanced, Co-ed and also classes for pregnant women; television has aerobic exercise classes; and sometimes the local newspapers have advertisements indicating the whereabouts of the classes.





"DIRTY HARRY"

Story and Photo by . Manley Wren

During a typical week Harry is under the constant pressure of being a patrolman on the streets of South Seattle. But come his days off, he like many of his fellow police officers, goes into the field...softball field that is.

Dirty Harry, as he's known, hangs up his "duty blues" in exchange for dirty shoes and the more casual uniform of the diamond to journey to a field somewhere in Western Washington, where he competes against teams made up of policeman from other parts of the state.

At the annual tournament in Vancouver, Washington, Harry lived up to his nickname in one of the wackiest games of the year. With the field covered with four inches of water and mud, Dirty Harry and his team of Seattle's finest, presented spectators with one of the zaniest games of "dirty plays".

Through wins and losses, Harry and his colleagues are like thousands of other men in the Northwest, leaving the daily grind of their jobs to go on the diamond to hit a ball, slide into base and catch a moment of their past as "boys of summer".



Se-e-e-afe Oh No!!



"Boys of Summer"



He's out????



Highline jazz festival draws a full house

by Will Hartley

A capacity crowd filled the Artist-Lecture Center on April 22 for the Highline Community College Jazz Festival.

The audience was responsive to the performances of Highline's Stageband, Cornish BeBop Ensemble Section Three, and the debut performance of the Highline College Jazz Band.

The Stageband, under the direction of Ed Fish, opened the show with Jim King soloing on the tenor sax. After their second selection, *Decoupage*, a 5/4 time tune, the band was joined by Highline music instructor, Marius (Butch) Nordal on piano for *Storm Warning*, a composition by Nordal.

For their final number, the Stageband performed the dynamic *Primal Scream*, a Maynard Ferguson favorite.

Cornish BeBop Ensemble Section Three, a seven piece group from Cornish Institute of Allied Arts, entertained jazz enthusiasts with their light combo style.

All five of the numbers by Section Three were composed and/or arranged by members of the group, according to Julien Priester, ensemble director and trombone.

"I think that composing is a very good way towards learning the material. We encourage all the students to submit material," he explained. "As a result, they're more comfortable in performing as well as writing."

Priester is nationally known for his trombone playing, his name appearing on more than 50 record sleeves. He has also been on tour with several performing artists such as Duke Ellington and Herbie Hancock.

Hal Sherman, nationally known instrumental instructor from Kent-Meridian High School, directed the 19 member night school jazz band in an excellent performance.

Just in Time, the band's first number, was preceded by a Ferguson arrangement of *My Funny Valentine* with Bryan Barrantine on the trumpet at center-stage.

Connie Weiss became the evenings' only vocal performer when she joined the jazz band for *Please Don't Talk About Me When I'm Gone*, a tune originally performed by Count Basie and Ella Fitzgerald.

The band wrapped up the evening with two big band classics: *Stairway to the Stars* and *Them There Eyes*.

Sherman has been working with the jazz band on a Wednesday night basis since January.

Sherman seemed pleased with the band's performance, attributing the quality of their performance to the caliber of the individual talent.

"For the stage this band is in, they're very strong. The first performance sometimes determines whether a band goes up or down. The response of tonight's audience should help quite a bit," he said, also noting the success of other such programs across the country.

Along with the jazz band's instrumental abilities, their selection of compositions proved to be a crowd pleaser.

"We played numbers from some of the well known composers, such as Francy Bolan, Rob Connel and Stan Kexton," Sherman noted. "This is the music most universities play."

Kent-Meridian High School Jazz Band, which has consistently won national recognition under Sherman, will be hosting the 10th Annual Jazz Festival in the Seattle Opera House later this year. Sherman hopes to make the Highline Jazz Band a part of that festival.

Last year's opera house jazz festival was shown in segments on *PM Northwest*.

According to George Dorr, Associate Dean of Continuing Education, June 3 has been set as a tentative date for a second Highline Jazz Festival.

"We hope to bring in three of the better high school jazz bands in the area," he added.



photos by Antonia Olivieri



Jim Johnson (above) gets into some reed work while Highline College Jazz Band (left) makes their impressive debut performance.

Dave & John's

Disc-Briefs

Paris au Printemps by Public Image Ltd. on Virgin Records.

This live set was released a few months before Public Image Ltd.'s new studio lp (due out domestically in three weeks). It features most of the better songs from the band's first two albums, and the live versions are generally superior to the originals. The music isn't for the faint of heart, but if you're looking for a record that makes



The Cozzetti-Gemmill Quartet will be bringing more jazz to the Artist-Lecture Center on May 14 at 11:30 a.m. Everyone is welcome to attend this free performance.

The Doors' *The End* sound like a pimple cream jingle, this is it.

Honi Soit by John Cale on A&M. Cale is classic proof that middle age and artistic decline need not coincide. The new lp by the 40-year old ex-Velvet Underground bassist is his best work in seven years. The album features bloodthirsty rockers (*Russian Roulette*), moving ballads (*Riverbank*), and Talking Heads-ish funk (the title track), all sung in a dramatic, yet never pompous fashion.

Killing Joke by Killing Joke on Malicious Damage Records.

The debut lp by this extremely popular band (among Anglophiles, anyway) exhibits little of the potential displayed on their early singles. A few songs stand out, but too often the band's promise is subverted by assembly-line arrangements, sluggish tempos, monotonous guitar riffs, and unconvincingly indignant vocals.

Fresh Fruit for Rotting Vegetables by The Dead Kennedys on I.R.S. Records. The band that has taken bad taste one step further has released an album that is, at least, four years behind the times. But it does have its occasional moments. *Lets Lynch The Landlord*, *California Uber Alles*, and a punk version of *Viva Las Vegas* are the highlights. Political overtones should be expected since lead singer Jello Biafra finished fourth, out of seven, in the race for mayor of San Francisco.

Highline Happenings

Battle Anniversary...

The "Cinco De Mayo" celebration will take place in the Artist-Lecture Center on May 5. The festivities will run 11:30 to 1:30 p.m.

Ladies Only...

Friday's, from 12-2 p.m., the Woman's Resource Center will be open for brown bag lunches. It gives women a chance to meet and talk with other women. Coffee and tea will be made available.

Hawaii a la Grandview...

Students from Grandview School will be performing "Hawaiian Days," a program of song, dance and gymnastics, on May 6. All are encouraged to attend the noon show in the Artist-Lecture Center.

Back to Pop Returns...

Performing Arts will be giving a new 50-minute showing of "From Bach to Pop" at noon in the Artists Lecture Center on May 14. The show will feature both instrumental and vocal performances.

Vocation Information...

Students will have the opportunity to talk with area employers on a one-to-one basis at Highline College's first Job Information Exchange on May 7.

From 10-1 p.m. and from 6-8:30 p.m., students will be welcome to discuss employment options related to both long and short term goals with employers chosen to represent the vocation interests of Highline students.

Part of the purpose of the Job Information Exchange is to increase employer awareness of Highline's programs.

For more information, contact Phil Swanberg or Ada Wolf at 878-3710, ext. 217 in Job Placement, Bldg. 6; room 209.

Give for Life...

The Puget Sound Program Blood Mobile will be parked on the west side of the cafeteria on May 6, 9-12:30 p.m. and 1:15-3 p.m.

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Lycanthropy takes a dive with 'The Howling'

by Dave Middleton

The Howling, starring Dee Wallace and Chris Stone, will open May 8. Rated R.

The Howling's primary failure is not in its lack of scariness. Making the audience quiver in their seats isn't the film's objective. What *The Howling* sets out to become is a tongue-in-cheek satire on the werewolf genre—at this it fails.

The trouble is that the film starts out with at least 30 minutes of rehashed horror movie devices before establishing the humorous tone it seems to be aiming for.

The opening half-hour might not have seemed so tedious had the filmmakers hired some lead actors capable of breathing life into the clichés. Sadly, they selected newcomer Dee Wallace to play Karen White, an anchorperson who winds up in a resort community populated by werewolves.

In a film like this, where a viewer is expected to get caught up in the action, empathy for the main character is a key factor to the film's success.

But Wallace's shallow acting made it impossible to care one way or another about her character's plight. To convey a sense of terror, she relied on stock mannerisms: herky—jerky movements, hyperventilation, whiney moans, and constant cries of "Oh God!"

Even less effective than Wallace was Chris Stone, who played her husband Bill. I realize it's unfair to expect a tour-de-force acting job in a film like this, but surely the producer could



Elisabeth Brooks casts an enchanting stare in *'The Howling'*.

have found something preferable to the wooden performance of Stone. I've no doubt that Mr. Stone has a promising career ahead of him as Charles Bronson's stand-in, but acting is clearly not his calling in life.

Luckily, the supporting cast fared better. Dennis Dugan displayed an understated friendliness in his role as

Karen's friend Chris, as did Belinda Belaski, who played Dugan's girlfriend Terry.

The veteran actors provided most of the truly satisfying performances. Patrick McNee, John Carradine, and the irreplaceable Slim Pickens all seemed to be having a fine time in the film. It's a pity they weren't given heftier parts.

The one newcomer to make a strong impression was Elisabeth Brooks. In her role as a nymphomaniac werewolf, she caught the campy charisma of the film better than anyone.

The film's plot was largely uninteresting, only occasionally being lifted out of the doldrums by an eye-catching scene.

A notable example of this was when Brooks and Stone (in his one shining moment) transform into furry beasts while enjoying a romantic interlude in the woods. Also worth staying awake for is the confrontation between Dugan and the werewolves.

The Howling did score high in originality with the special make-up effects of Rob Bottin, whose work also appears in *Rock 'n' Roll High School*, *The Fog*, and *Piranha*. Bottin made *The Howling's* werewolves look hilariously grotesque, and were therefore a lot more fun to look at than the ones in the old Lon Chaney films.

To give the writers some credit, I will admit that the ending's surprise twist was amusing. As with an old *Twilight Zone* episode, you can predict *The Howling's* surprise twist long before it hits, yet that doesn't make it any less delectable to savor when it finally arrives.

So far, *The Howling* has received some surprisingly favorable reviews. This speaks not well for the film, but ill for the judgment of the critics praising it, for in spite of its few random pleasures, *The Howling* doesn't quite cohere into a satisfying all around movie.

Impressive past, present talent

For those wondering where the NBC orchestra get its large variety of jazz compositions, one of the answers is Marius (Butch) Nordal, Highline music instructor.

"On occasion, I hear some of my material during the commercial breaks," he said, referring to the musical interludes on *The Tonight Show*.

Nordal's list of activities in the music world is impressive to say the least. His compositions are played and recorded by colleges and universities across the country.

"Some of the older big bands have also played my stuff," he added.

Peggy Lee, Sonny and Cher, Richard Harris, Doc Severenson, and "a long list of show-biz types" have known Nordal as an accomplished pianist during his road tours with them. Many movie soundtracks also include his piano playing.

Although Nordal's professional career involved a lot of popular music, his main interest leans toward jazz.

"Jazz is expressing yourself. It's spontaneous and emotionally intense. Nothing's prepared, nothing's contrived."

He added, "Jazz listeners are a subculture, especially here in America. A Jazz musician is more readily accepted in Europe where jazz is more popular."

Nordal's musical career started as so many do: a child practicing on a piano.

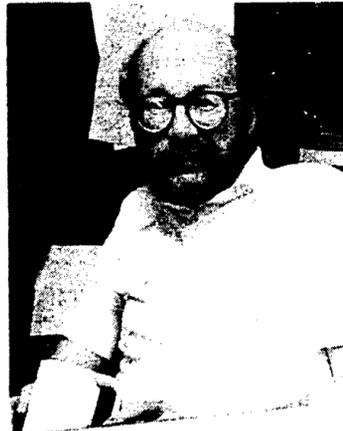
"I started playing boogie-woogie and funk when I was 13. I didn't fall into writing until I was 23," he recalled. "I eventually became better at writing than playing, so I concentrate more on composing."

Nordal attended the University of Puget Sound for two years before taking time off to play professionally. He took up education again in 1968 at North Texas State University, where he spent two years finishing a bachelor's degree, and another two acquiring a master's in composition.

In 1972, North Texas State Jazz Band produced a recording which included the writing and playing of Nordal. The album went on to receive a Grammy nomination for best jazz recording of the year.

"After getting my master's, I stayed at Texas for another year before coming to Highline," he said.

Since then, Nordal has worked with the music program at Cornish School



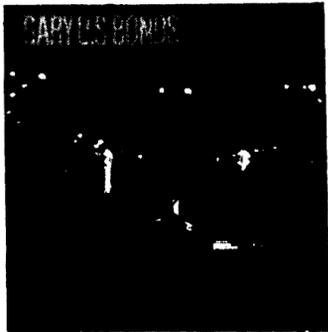
Marius Nordal

of Allied Arts as well as several music oriented programs in the area.

What does the future hold for a man who's accomplished so much in the music world?

"I want to seek something that would make me become a better musician."

'Dedication' - a strong comeback for an old hero



Dedication, by Gary U.S. Bonds on EMI America Records.

by John Benson

This album began to take form over three years ago when Bruce Springsteen went into a bar to hear his hero

Gary U.S. Bonds.

Bonds, a star long since faded, was doing his "rock and roll oldie" show at the time. He invited Springsteen up to jam on *Quarter To Three*, an early Bonds' hit, and a long time Springsteen favorite. From that meeting they became friends.

Springsteen later offered to produce a comeback E.P. for Bonds. It would consist of three songs penned by Springsteen: *This Little Girl*, *Your Love*, and *Dedication*.

The E.P. eventually grew into an L.P. Also included on the album are a song each by Jackson Browne, *The Pretender*; Lennon and McCartney, *It's Only Love*; and Bob Dylan's *From A Butck 6*.

Steve Van Zandt, Springsteen's lead guitarist and co-producer of the album,

also provided a song, *Daddy's Come Home*.

Backup was provided by the E-Street Band and the Asbury Juke's. Bonds' vocals match the excellence of these backup bands. At times it sounds like a cross between Bob Seger and Frankie Miller.

Clarence Clemon's saxophone shines on *This Little Girl*, a fiftyish dance tune that doesn't let down for a second. It has all the makings of a hit. A chorus that is almost impossible to get out of your head, and a freshness that makes it sound like it was recorded on the first take.

In fact the whole album has that fresh sound, like it was recorded in a party atmosphere.

The first side doesn't slow down until the last song, Van Zandt's *Daddy's*

Come Home. The song shows the romanticism that is so evident in many of Van Zandt's songs.

All I can do is keep doing my part, Tryin' my best to touch someone's heart,

Before we let go of our little girl, I hope I get a chance to change the world.

The only song written by Bonds himself is *Way Back When*. It has many of the central themes that Springsteen also uses, making out, walking on the beach, and hitting the juke joints. Once again Clemon's comes through with some fine sax work.

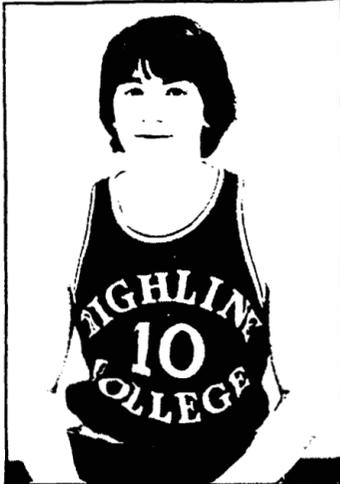
The album suprised me with its excellence, that someone gone for so long could comeback with an album this strong. It is a credit to both Bonds' talent, and Springsteen's desire to help an early hero of his.

Hard work brings good players to Highline

by Roger Haight

Coaches say that a lot of time goes into recruiting, but success justifies all the efforts.

That success is measured in terms of the players that sign letters of intent to play for the coaches. This year, Highline men's basketball coach Fred Harrison has signed Charlie Marquard and Joe Callero. Women's coach Dale Bolinger has added four new players, Jan



Joe Callero.

and Trish Armstrong, Jane Snyder and Peggy Fokkema.

Men's assistant coach Paul Gerry put in a great deal of time in the

recruiting scheme.

"Paul is really responsible for our recruiting," Harrison said. "He did an outstanding job, he's great with players. I can't thank him enough for all the work he's done." Harrison also credited his own basketball players for helping to recruit.

"Our players are our best recruiters," he said.

Bolinger's new foursome will add depth and size to the front line. The Armstrong twins are both six-footers. They are younger sisters of Sue Armstrong, who has played center for Highline the past two years.

Peggy Fokkema, 5'11", also has family ties at HCC. Her brother Arnie is a 6'5" forward-center for the men's team. Snyder is the shortest new player at 5'9".

"With four guards coming back next year, I didn't actively recruit any more," Bolinger said.

Jan Armstrong was on the All-North Puget Sound League first team. She averaged over 20 points and 10 rebounds per game playing for Renton High School. Sister Trish was honorable mention All-NPSL.

Snyder, from Federal Way, was on the All-South Puget Sound League first team. Fokkema was on the All-SPSL second team. She played for Federal Way.

Was it a good recruiting year? "I feel that it was," Bolinger said.

Harrison and Gerry actively recruited four people, according to the coach: Mike Merringer of Nasalle, Marquard from Tyee, Enumclaw's Callero and Pete Hackett of Lakes. Merringer elected to attend Clark College,

Marquard and Callero chose Highline, and Hackett had not yet chosen a school at press time.

Marquard is 6'8" and Callero is 5'8".

"I think we got two outstanding basketball players," Harrison stated. Callero was the Seamount League Most Valuable Player and Marquard was on the All-Seamount first team. Both players made the *Seattle Times* all-star team.

"Callero is great with the basketball," Harrison said, "He handles it and passes it well. He's also an effective leader on the floor. Charlie is a great shooter and a strong rebounder. I think he's the missing link that we've

needed."

"These kids are real basketball players," he continued. "It's important to get people that enjoy playing. And they're nice kids, too. That's important to me." As many as seven of this year's freshman could be back next year for the men's team.

"I'd like to think that everyone is coming back. But we won't know for sure until September," Harrison explained.

Looking to next year, he said, "I think we'll be much improved. We've got some people who enjoy playing basketball. That's 50 or 75 per cent of the battle."



From left to right: Trish Armstrong, Jane Snyder, Peggy Fokkema and Jan Armstrong. photo by Virg Staiger

Men netters lose some close matches



photo by Gary Serrett

Number one Highline tennis player Steve Walters returns a shot against Joe Cameron of Olympic. Walters won, 6-1, 6-3. Cameron is the number four ranked 18-year old player in the Northwest. Highline beat Olympic, 7-0.

In recent tennis action, the Highline men have either been winning big or losing by narrow margins.

On April 16, the Thunderbirds blanked Centralia, 7-0, and followed that up the next day by defeating Olympic by the identical score.

Surrounding those two lopsided victories, however, were four losses, all by a single match. Green River beat Highline for the second time this year, 5-4, on April 23, Western Washington University edged past the T-birds, 5-4, on April 15, and Tacoma and Fort Steilacoom both defeated HCC, 4-3, on April 14 and 20, respectively.

Next week the T-birds go on the road for two matches and return for the regular season finale here against Bellevue CC at 2 p.m. on May 8.

Prior to this week's action, their worst record was 6-5.

HCC made a strong showing against powerful Green River. "We played dead even with the best team in the state," Coach Dave Johnson said.

In singles, John Tate and Dave DuPuy each got a victory, and then paired up for another win in doubles. Tate beat Craig McCleod, 6-4, 6-2, and DuPuy zapped Frank Guard, 6-4, 6-0. The duo then beat Guard-McCleod, 3-6, 6-3, 6-0, in doubles.

"Tate and DuPuy played well in singles and doubles," Johnson stated.

The other Highline victory came in doubles, where Steve Walters and Mark DeMers combined to stop Scott Cadigan and Clay Rustin, 2-6, 6-3, 6-4. In the other doubles match, Bill Talbot and Jim Trestrail of GRCC beat Don Stariha and Ed Fairbanks, 6-7, 6-4, 6-3.

In singles, Cadigan beat Walters, 6-2, 6-1, Rustin defeated DeMers, 6-4, 6-2, Stariha lost to Trestrail, 6-2, 6-1, and Talbot won, 1-6, 6-3, 7-5, over Fairbanks.

"This was our best effort of the season," Johnson said. "The highlight was first doubles (Walters-DeMers). They played just great. We're continuing to improve faster than the other teams."

Against Fort Steilacoom, Highline

again fell one match short of winning.

Mark DeMers and Tate each got singles victories for Highline. DeMers beat Russ Collins, 6-3, 6-0, and Tate won, 6-1, 6-2, over Skip Hulet.

Walters lost to Joe Thomer in three sets, 7-5, 2-6, 6-3. Fairbanks fell to Mark Scott, 6-7, 6-1, 7-5, and Don Stariha was beaten by Tom Scott, 6-1, 6-2.

The two squads split in doubles play. Fort Steilacoom won at number one as Thomer-Collins beat Walters-DeMers, 6-4, 6-4. Fairbanks-Stariha won for HCC, beat Scott-Scott, 6-2, 6-0.

Highline was dominant against Olympic, losing only one set in the entire match. Walters-DeMers lost the first set of their doubles match, 1-6, to Joe Cameron and Steve Childers, then won the next two, 6-4, 6-3. Fairbanks-Stariha beat Mark Kreifel and Dean Frey, 6-2, 6-2, in the other doubles match.

Walters beat Cameron in singles, 6-1, 6-3. Cameron is the number four ranked player in the Northwest in the 18-year old age bracket. DeMers defeated Steve Childers, 6-4, 7-5. Fairbanks topped Kreifel, 6-2, 6-2. Stariha upended Frey, 6-2, 6-0, and Tate was also a winner, 6-1, 6-0, over Jim Knob.

"I really expected to lose at least one," Johnson said. "Especially since their number one singles and doubles are very good. That was a great win for us."

Highline's other shutout win was over Centralia. Walters beat Scott Brictback, 6-0, 7-5. DeMers came back against Chris Peichl, 2-6, 6-3, 6-2. Fairbanks beat Steve Wending, 6-0, 6-1, Stariha clobbered Eric Campbell, 6-0, 6-1, and DuPuy beat Brian Enlow.

In doubles, Walters-DeMers beat Brictback-Peichl, 6-2, 6-1, and Stariha-Fairbanks won by the identical score, 6-2, 6-1, over Wending-Campbell.

Following the last match against Bellevue, Highline will go to the state tournament the following week at Yakima, May 14, 15 and 16. In the state tourney, the top five singles players and top two doubles teams will compete for Highline.

Women's tennis keeps busy, defeats L. Columbia

by Steve Walters

Playing three matches in three days, the Highline College women netters dropped two close matches to Clark, April 21, 24 and then rallied to defeat Lower Columbia last Saturday to raise their league record to three wins and four losses.

Highline rackets recorded three goose eggs at Lower Columbia on their way to a convincing 7-2 victory. Deanna Dailly at number four singles and Debbie Boyd at number five scored 6-0, 6-0 match wins over LC's Hong Luu and Selina Caulfield, respectively.

Other T-bird winners were Shari Rousseau at number two, 6-4, 6-1, Nancy Nakamura at number three, 1-6, 6-4, 6-3, and Linda Swain at number six, 6-2, 6-0. Also, Nakamura and Dailly knocked off Jayleen DeVrief and Luu in number two doubles, 6-4, 7-5 while Boyd and Swain blew out McClain and Gillman in third doubles, 6-0, 6-0.

Coach Norma Kay Adamson-Fetz said that LCC's number one doubles team has not been beaten this season.

"Their first doubles and first singles are really good," she stated. "From there on down they're weak."

The day before, at Clark, Highline dropped a close 4-5 decision under Vancouver's sunny skies.

"That was really a close match. We really improved our scores over the last match," Adamson-Fetz explained. "You couldn't ask for better weather."

Sue DeMeerleer knocked off Clark's number one player Susan Shattuck, 7-5, 6-2 and Rousseau came from behind to beat Karen Hundebly at second singles, 6-7, 6-0, 6-2. At number three singles, Nakamura lost to Kristi Cos 3-6, 3-6 as Dailly downed Diana Badalato 6-2, 6-3 at number four. HCC's lone win in doubles was at number one, where DeMeerleer and Rousseau volleyed past Shaddock and Chris Fullerton, 6-3, 6-1.

"We played to our best ability that day," Adamson-Fetz commented. "Shari in second singles was not too pleased with the way she played but still did well. Our team's major weakness is when we play someone who hits the ball soft," she told. "We do better against stronger hitting teams."

The T-birds were defeated by Clark April 21, 3-6, at Pacific West's indoor courts in Federal Way. Adamson-Fetz said that the highlight of the match was

the play of Sue DeMeerleer, who outplayed Susan Shaddock, 6-0, 6-1.

"She was extremely aggressive and consistent," she commented. "Her main strength is that she has no weakness. She hit great serves and volleys," she added.

HCC's only other victories came from Rousseau at second singles over Diana Badalatto, 6-4, 6-2 and DeMeerleer and Rousseau in first doubles, who downed Shaddock and Fullerton in straight sets, 6-4, 6-2.

Nakamura and Dailly both had tough singles matches as they both were defeated by identical scores of 1-6, 1-6. Swain came within a couple points of winning her number six match against Chris Fullerton but came up short, 6-1, 3-6, 6-7. At number five, Boyd played even with Joelle Shelton in the first set but could not keep it up, losing 4-6, 0-6.

Highline had an easier time against

Ft. Steilacoom April 17 when the T-birds posted a 7-2 triumph while dominating their opponents in six of the nine matches.

DeMeerleer crushed Holly Kibbe, 6-1, 6-0 as Rousseau beat Jana Tucker, 6-2, 6-0. Nakamura outplayed her opponent in a three-setter, 4-6, 6-4, 6-4 while the left-handed Dailly had an easy time with Martha Hollmann, 6-2, 6-2.

Boyd was defeated by Bonita Haner, 1-6, 5-7 and Swain came back from a weak second set to down Jeri Sapp, 7-5, 0-6, 6-4.

"Linda came back in the third set after being down 0-4," the former HCC netter turned coach said. "She served super and her volleys are improving."

HCC took all three doubles matches without the loss of a set. DeMeerleer and Rousseau won, 6-4, 6-2, Nakamura and Dailly won, 6-2, 6-1 and Boyd and Swain triumphed, 7-5, 6-1.

Highline turned out to be better tennis players than hostesses April 14 when they blanked Centralia 7-0 on the HCC courts. Adamson-Fetz said that her team was really "psyched up" for the match.

"We were moving better. We knew that we couldn't lose three matches in a row," she explained. "They (the T-birds) were kind of mad. The highlight was that we won."

Tacoma ran over the T-birds 8-1 on April 13 at Highline by winning all but two sets on their way to victory.

"We should have beat Tacoma," Adamson-Fetz stated. "All of the ladies were older and all play indoors. All the girls played like they had cement in their shoes," she continued. "We really didn't play well."

Next Thursday, the T-birds compete for the chance to go to state at Clark in the Regionals.

Track team finishes second

by Roger Haight

It was a homecoming of sorts last Saturday for the Highline track team, and the men celebrated with a second place finish in the four team meet.

Clark College won the men's meet with 106 1/2 points and Highline was next with 87. Green River placed third and Skagit Valley was fourth. Clark also won the women's meet. Highline, with only three women competing, placed last, but had an outstanding individual performance from Janet Griffith according to Coach Chuck Czubin.

"Jan completely outclassed the field in winning the mile and two mile," Czubin said. She clocked in at 5:24.8 for the mile and 11:28 for the two mile.

Despite some injuries that kept some athletes from competing, Highline had a productive day. Czubin was pleased that the T-birds were competing on campus for the first time in three years.

"I think the kids were excited about being at home, and their parents had a chance to come and see them. It was a nice day for a track meet and everything ran off beautifully."

Brent Wieker and Tom Love spearheaded the efforts of the men's team. Wieker contributed 19 1/2 points

to the team total of 87, and Love added another 14 1/2.

Love ran on the first place mile relay team and the 440 relay team which finished second. He won both the 440



Chris Betteay won the women's 880.

intermediate hurdles (57.94 seconds) and the 440 (51.7 seconds).

Wieker, working like an iron man,

won the triple jump (43' 10") and 220 (23.19 seconds), placed second in 100 meters (11.12 seconds) and fifth in the long jump (20' 2 1/2"). He also ran on both relay teams with Love.

"Brent had a super day, so did Tom," Czubin said.

In the mile run, Jon Hanson placed second and Greg Stark was third. Rob Miller and Tom Jackson both cleared 13 feet in the pole vault to place first and second, respectively. Randy Bergquist finished second in the 440 behind Love.

Bret Pavlich ran a 2:00.25 in the 880 for a first place. Greg Stark finished second in the three mile run in 15:24.4.

Griffith was the top performer for the women. "She's one of the best athletes around," Czubin said.

Chris Betteay turned in a winning performance in the 880 with a time of 2:29 and placed second in the two mile run at 5:41.5. Bonnie Hendricks was second in the two mile run at 12:17.

Tomorrow, Highline is in a meet at UPS. Czubin is pleased with the progress of his team right now.

"We don't have a lot depth, but it's coming now. We've got 10 or 11 freshman that will be coming back next year."

Bobby Knight holds basketball clinic here

Bobby Knight, coach of the 1981 NCAA basketball champion Indiana Hoosiers was on campus last weekend headlining a basketball coaching clinic.

Knight was joined by Pete Newell, former hoop coach at the University of California.

Basketball coaches from all over the Northwest filled the Pavilion for the clinic. Highline College basketball players were used by Knight and Newell for demonstrations.

Knight is a very successful coach, in terms of wins and losses, who is probably even better known for a couple of isolated, but well-publicized, incidents off the court which have painted a picture of him as a vulgar character.

One coach at the clinic described him as a "dynamite" speaker, and added, "people think he's a raving jerk, but he's not like that at all."

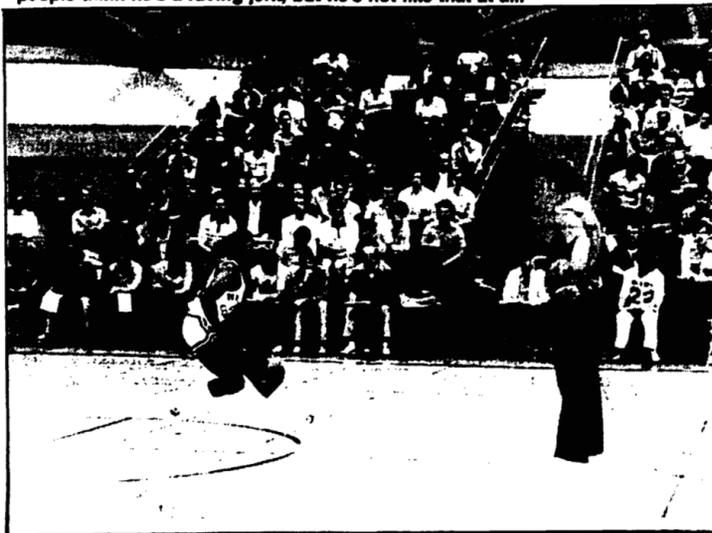


photo by Virg Staiger

Featuring

Mark DeMers

In a sport which is usually thought to be played by sissies, Highline's number two singles player Mark DeMers shows that that is not always the case.

The returning sophomore netter owns one of the most powerful shots in the state, according to Coach Dave Johnson.

"Mark has about the hardest forehand ever to visit Highline College. He also has the additional advantage of hitting it with topspin."

Johnson also commented on DeMers' main contribution to the T-birds this season.

"He is a very good number two player. If he can continue to win the rest of his matches except for one or two, he can get seeded (at the state tournament)."

DeMers' lethal forehand has helped him attain a won-lost record of 6-1 in singles this year, with his only loss coming at the hands of Western Washington University.

DeMers began playing tennis relatively late, in his junior year at Federal Way High School. "I didn't play any other sports at that age, so I just picked up a racket and hit against the wall for a couple hours each day," he stated.

He entered a local tournament at 16 and won, which inspired him to continue playing. The next two years at Federal Way he played number one singles.

Two years ago, DeMers played number two singles and number one doubles with Rocky Duran. This year, he has moved up from number four

singles to number two and from number three doubles to number one with Steve Walters.

"My goal is to be in the top five in singles in the state," he said. "I want to do the best I can. In doubles, I think we might be the surprise team of the tournament," he concluded.

Besides playing tennis and attending classes at HCC, DeMers works between 40 and 56 hours a week graveyard shift at Boeing. Johnson said, "How he gets it all done, I don't have the slightest idea."



People In The Streets

Abortion—Whose choice is it?



Alan Christensen

"Abortion is wrong. Life starts at conception. The sexual act is not always a pre-recreational activity though."

Mary Yeager



"I'm against it because I feel birth starts at conception. It would be murder."



"I think women have the right to do whatever they please with their bodies. I think all precautions should be taken, but if a woman is in no position to raise a child, I think abortion is a proper route."



"I'm against it for religious reasons. I feel birth starts at conception. God said he knew you before you were born."



"Abortion is evading the issue of parental responsibility. I think it is okay in extreme cases like rape and incest."

Medical program interviewing

by Marlowe Hiatt

Students wanting to enter the medical Assistant Program in the fall of 1981, must be interviewed and accepted for admission before the June 1 registration.

The Medical Assistant Program offered by Highline Community College is one of five college programs in Washington State which are accredited by the State. These include North Seattle Community College, Edmonds Community College, Olympia Tech, and Kinman Business School in Spokane. The Highline program is operating at near capacity.

Medical Assistants are highly trained health care professionals who work directly with physicians to provide the very best in health care, according to Carol Warden, medical assistant program director.

Applicants to the program should enroll in Medical Assisting 173 and 175 for Fall Quarter. Final selection of students to continue in the program is made during Fall Quarter and is based upon high school and college grades. Successful progress in Medical Assisting 173 and 175 with a grade of "C" or better, personal interview, and letters of recommendation. The selection process is completed by November 15.



Financial aid cont.

Cont. from page 4

lege, we are now forced to divide our attentions, both working and going to school. It will be of no use to ignore these realities. Instructors and students will have to recognize them and work together toward the common goal of a better educated nation.

We are riding a massive wave of change, which can be helpful or destructive depending on how well we keep our balance. A great help would be for tolerance and understanding toward those struggling to keep in school.

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For Sale Teac 4070G reel to reel; bi-directional, 1800 ft. reels. \$500.00 Call Denise, at 242-1310.

For Sale 1950 BSA goldstar flat tracker. Call Ron, at 251-7135.

For Sale Canon mount 135mm lens: "Quantaray" brand \$40. Also, 2x extender for same. \$15. \$50. for both. Samples of photos available. See Jerry Tremaine, Building 18, or call 935-0974.

For Sale Wheelchair ramp for van. \$200., offer, or trade. Call 839-4162 after 3:00 p.m.

For Sale Electric Mitre saw; 3/4 hp. \$150. Call Jeff, at 242-4270.

For Sale 2 backpacking tents. "Sierra designs wilderness tent" 2-person A-frame design. \$110. Early Winters pocket hotel. 1-person Gore-tex. \$110. Both excellent condition. Call 839-4315.

Services

Free Thunderword classifieds for Highline College students, faculty and staff. Contact the Thunderword office, Building 10, Room 105.

classifieds

Free health services for Highline College students, faculty and staff. All care and consultation completely confidential. Highline College Health Services, Building 6, Room 116.

Photography: Model Portfolios, Portraits, Special Occasions, and Advertising. Contact Michael Shuey, at 878-8526.

Painting: Rick's Painting. Interior & Exterior. Call 839-8067. After 5:00 p.m.

Printing: Business Cards, Invitations, Etc. Contact Jeff, at 242-4270. After 7:00 p.m.

Typing -All Kinds. Call 248-1758.

Miscellaneous

Free to good home. One year old, male german shepherd- doberman. Excellent watchdog. Dog comes with own doghouse. Call Cindy Tulloch at 772-6386.

Lost Black briefcase and books. If found please turn them into Lost & Found or to room 105 as soon as possible.

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