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Thunderword

Friday,
March 5, 1982

Volume 21, Number 9 Highline College, Midway, Washington



Senator Henry Jackson

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Senator visits CORP

Scoop speaks out on education

by Bob Ridge

Speaking at a recent student union council meeting, Senator Henry M. Jackson said that the American public has a definite and continuing need for higher education.

On February 21, Jackson addressed the Council of Representatives and Presidents meeting on the Highline Community College campus. He spoke about his belief that college educations should be accessible to those who want them.

"I have always felt that any deserving young person who is qualified should be able to attend college," he said.

Jackson expressed his concern about the effects of increased budget cutbacks on college institutions. He said that too many cuts may damage the availability of a college education.

"We're putting a cap on opportunities to attend college," he noted.

Jackson emphasized that a highly educated public is essential to the future of the nation. He stressed that a high level of

literacy and knowledge is extremely important to any democratic country. One of the major causes of the political instability in Central America, he said, is that the literacy rate is so low in those and other Third World countries.

He also said that he was disappointed that some politicians don't fully appreciate the value of higher education.

"The genius of America lies in the fact that we have the best educated and best trained people in the world," he observed.

"The best education and the best training, that's the key...and some people don't understand that."

Jackson also expressed his concerns about current financial aid programs. He said that students should not be allowed to default on their loans with out penalties. Paying back loans should be a "point of integrity" of students, he said.

However, he assured the CORP members that aid programs will continue. He added that all financial assistance will be distributed according to fair and just criteria.

"I don't think you have to take a poverty oath to go to school," he said.

Jackson said that he approved and supported the development of the community college system. He noted that community colleges increase the availability of both academic and vocational training courses to the general public.

"Not everyone needs a four-year college education," he said. "But it's very important that our young people have that back up (in vocational training) that a two-year community college course can give them."

Jackson emphasized that students should bring their problems and complaints to the attention of legislators and politicians. He said that students can have strong voices in government if they are willing to work hard and "do their homework."

"I'm proud of the fact that our young people...are doing everything possible to stay in school," he said. "You are the

continued from page 1



Jackson made a stopover at Highline on Feb. 21 to speak at a meeting of the Council of Representatives and Presidents.

photo by R.A. Smart

Highline meeting

Groups continue Metro sewer debate

by Randy Akimoto

Metro's reissuance of the National Pollutant Discharge Elimination System (NPDES) permit for its Renton sewage treatment plant was the topic of a public hearing held last Thursday in the Artist-Lecture-Center.

The plan still calls for construction of a five mile long underground tunnel from the Renton Treatment Plant to dump effluent (treated sewage) into Puget Sound near Seahurst Park in Burien because the Duwamish River will become overloaded in time.

There are numerous opposition groups who plan to convince the State that toxic chemicals will destroy fish in Puget Sound and at the same time contaminated currents will wash ashore due to prevailing winds.

Opening remarks were heard from Henry Yates, hearing officer for the Department of Ecology (DOE).

"The purpose of tonight is to present views on permit reissuance application

and I expect Donald Moos (DOE Director) will make a final recommendation to the State in mid March."

Before the other speakers and those issuing public testimony began, Yates announced ground rules.

"Please observe the time limits, and order (of testimony) will be based on when you came in the door."

A broad overview statement was then presented by John Spencer, DOE Deputy Director.

"We are here tonight with an open mind because the Duwamish River has a water quality problem and Metro must move as rapidly as possible to Puget Sound," he said.

Gary Brugger, district supervisor in Redmond, then explained the NPDES permit procedure and DOE's tentative determination.

Brugger said he's deeply concerned about the threat to salmon in the Duwamish and feels Puget Sound doesn't present a similar danger towards fish.

"This doesn't necessarily mean we're

transferring the problem," he explained. "We must preserve the water quality of Puget Sound and the Duwamish."

Brugger reminded the crowd of about sixty concerned citizens that the initial permit was submitted on February 2, 1978, and conditions would grow increasingly hazardous beginning in 1979.

He pointed out the need for a switch to Puget Sound based on studies of the Duwamish.

"The flow actually reversed direction creating a triple dose of effluent, and at times it would deplete oxygen making fish life nearly impossible because 60 percent of water was effluent at peak times," argued Brugger.

He foresees a 3.5 to 1 ratio of river to effluent this summer.

His final thoughts best summed up how he felt.

"It just can't meet the requirements to remove effluent."

Public testimony was scheduled to start with Ray Peterson, Citizens To Save Puget Sound committee member (a non-profit

organization), but he could not attend and was replaced by Pierre Matthews.

He argued over Metro's permit which didn't make any sense to his committee.

"It's unacceptable to us because many details have not been answered, and in our view requirements haven't been met," Matthews said.

Recent fish kills in the Duwamish will also happen in Puget Sound insists Matthews.

"The draft hasn't indicated a regard for the limit of toxic chemicals," he said.

Matthews' closing comments wrapped up the overall feeling of his committee.

"We are disturbed by the attitude of Metro because they basically had no interest in our community," he concluded.

Despite opponents like Matthews who say the effluent dumped into Puget Sound will rise and be washed onto the beach, observers feel Metro will receive state approval soon.

It's then expected Puget Sound will have treated sewage dumped into is beginning in 1986.

Tutorial Program may disappear soon

by Mary Dickinson

For the past two years the Tutorial Program has been a part of the HCC campus. Due to budgetary problems this program could be phased out at the end of Spring Quarter.

"We offer this as a free service to students on campus," stated Dana Cassidy, tutorial coordinator.

When the Tutorial Program first started it was located in the Library. At that time every student received the same amount of pay.

The program originally got under way by a grant from the Commission for Vocational Education. In the first year the CVE gave a grant of \$10,000 which was matched by funds from the college.

The grant was designed for one year, but since the program was doing so well the CVE gave another grant the second year.

According to Cassidy, an implication with the grant stated that the college was to pay the tab after the program was in effect for one year.

The grant ran out in December of last year. Former Associate Dean of Occupational Education Pat Justice put aside vocational monies and that is how the program is being run until the end of this year.



The Tutorial Center is a free service to students.

"Patricia Haggerty has taught Tutorial Seminars in the past, but because of lack of funds is not able to this quarter," emphasized Cassidy.

Faculty members look to the Tutoring Center as a help to their teaching. Division Head of Math and instructor Ed Morris stated, "we've used the center as a resource to send students for tutorial help and as a division, we have provided good students to be hired as tutors."

Social Science instructor Davidson Dodd commented, "I had two students who had 'D' grades and with tutoring they received 'B's.'"

The Tutoring Center is beneficial to both," stated George Dorr, associate dean our observations and their comments, we are getting great support and ideas from both," stated George Dorr, Associate Dean of continuing education and community service.

According to Tutor Joseph Higer, "some of the classes a student is required to take for a degree requires a higher knowledge of the subject. If the student hasn't had the subject in high school then they are behind in the basic skills needed to complete the course. This points out the overriding need to continue the tutoring program."

From the time the Tutoring Program started in January of 1980 to December of 1981, the total number of tutors was 160. The number of students who were tutored during the same time period was 1577. As

Developmental Studies Division Chair Pam Arsenault put it, "our statistics speak for themselves."

"I think most instructors support Tutorial Service, but the problem is translating that support into funding sources," emphasized Arsenault.

In order for the program to continue they need approximately \$40,000 to run successfully for one year.

"Pam and I and two tutors went before the Services and Activities Program Review Committee on Thursday the 18th to request \$20,000 from them," commented Cassidy.

Arsenault backed that statement and added "Tutorial Services is a direct student service and we have requested matching funds from the General Fund. Without funding, there will be no program as it has existed for the last two years."

Dorr feels it is a good idea to fund from both the S & A funds and the General Fund. "The instructional side of the house should contribute funds for this program."

Rights, responsibilities

Committee still at work

by Jeff Keenan

Members of the Student Rights and Responsibilities Committee met for the second time last Wednesday to continue their efforts to revise the Students Rights and Responsibilities Codebook. The committee is currently in the process of identifying specific areas that may need revision.

Chairperson Michael Grubiak, assistant dean of student services, placed a strong emphasis on clarifying a student's right to appeal an unfair grade. The committee is presently uncertain who, besides the instructor, has the right to change a grade.

It might be possible, suggested Grubiak, that even if an unfair grade was determined to be a result of sexual harassment, and the instructor consequently dismissed, the failing grade might still apply. "I want to clearly nail down who has the right to change the grade," said Grubiak.

Dean of Student Services Jesse Caskey cited as an example of grade discrimination an older person who felt they had received a failing grade in order to keep them out of a certain program.

Grubiak said that he sent a letter to Dean of Instruction Robert W. McFarland asking him if he would have the power to make a change. In a memo to the committee McFarland replied that he may have the power but it wasn't his practice to order a change. He said that if the problem couldn't be resolved by the instructor and division chairperson he would refer the student to the Professional Rights and Responsibilities Committee.

Grubiak expressed concern that this may lead to a bureaucratic cul-de-sac. The Professional Rights and Responsibilities Committee has not yet replied to a similar query. "I want someone on campus to stand up and be counted, to say I can change the grade," he said.

Caskey further suggested that a provision be added that guarantees students "the right to know in the beginning of the class how they will be graded."

The committee will meet again next month to further establish areas of revision. Some of the issues to be discussed include sexual harassment, the suppression of divergent views in the classroom, and an update of the section on disciplinary actions and procedures.

Earlier this week Grubiak expressed a desire to de-emphasize the disciplinary aspect of the document and concentrate on "guaranteeing the student protection from the institution. We want to see that the student-teacher relationship is a relation of equals."

Graduation process simple

by Theresa Jones

With one foot almost out the door of Highline and the other trying to get in the door of an employer, students graduating must follow a simple process.

The requirements for graduation are included in the college catalogue on pages 18 and 19. Also the counseling office has a printed paper on the process of obtaining an Associates in Arts and Associates of Applied Science degree.

After completing 90 credit hours within a selected major, a student wishing to graduate must file an application of graduation with the registration office, at least two quarters before graduation.

"Students are being short-changed," said Betty Steiner, graduation desk. "When they transfer from another college they must have their credits evaluated by request."

"The college should evaluate transfer credits automatically, but Admissions is so swamped they are usually months behind," said Steiner.

One major problem transfer students face when they apply for graduation is that some of their credits are not valid.

"Since many students are self advised," Steiner said, "they don't know they have

to request their credits to be evaluated."

When the graduation desk has processed the application, then a file is made for each student. This file contains all transfer courses, courses taken at Highline and courses planned for the upcoming quarter(s). There is usually a four week lag in processing of graduation files.

For an Associates of Arts degree an evaluation form is enclosed in the student's file and a copy is sent to the student. After a student receives this form if there are any problems or questions the student can meet with Steiner or Booker Watt, registrar, to solve the problem.

For an Associate in Applied Science degree the student's file will be sent to his/her counselor and a postcard is mailed to the student telling them to meet with their counselor. After the counselor and student work out any problems, the student's file is reviewed by the department head.

If a student is to participate in commencement then it is to be marked on the application for graduation.

Commencement will be held on Thursday, June 10, 1982 at Highline Pavilion.

After commencement a reception will be held in the cafeteria and student lounge.

Jackson speaks to students at HCC

continued on page 2

future of our country. I want to help you and support you any way I can."

Jackson added that all citizens should get involved in the political system. He added that it is the public's duty to watch and control their own government.

"I think that we owe an obligation as citizens to help our government and our country," he said.

On other issues, Jackson said that he supports the continuation of the GI Bill and its benefits. He called the veteran's bill "one of the greatest things in education." About more programs to help the nation's veterans, he said, "I think there's a reasonable chance that we can do something on that issue."

Although President Reagan has pledged to eliminate the Department of Education, Jackson said that he would consider it a

mistake if the government were to remove itself from educational administration. He said the plan to dismantle the Education Department was "silly."

"It is my judgement that they (the Reagan administration) will not be able to eliminate the Department of Education in this Congress," he said.

Jackson said that the government has a "deep commitment" to education, and that the cabinet-level department is important to insure a quality education in all states.

"You can't eliminate the role of the federal government in education," he noted.

Jackson said that he felt the public's support of education has been declining at a time when education is becoming increasingly important. He recalled the panic that the Sputnik satellite launches of the late 1950's caused, and the programs that were rapidly created to upgrade

American's educational system. But now, he said, that attitude seems to be fading.

"The public should be educated about the importance of education," he said.

About the removal of governmental regulations on business, Jackson said that even the best intentions can go too far. He stressed that some regulations will always be needed to protect the public.

"Its government's responsibility to protect the public from unfair trade practices," he observed. "You need a traffic cop."

Jackson said that he is very concerned about the high unemployment rate and considers that the most important problem facing the nation today. He said that the government should place more attention on lowering unemployment.

"The real task is to put people back to work," he said. "The biggest budget deficit is unemployment."

A large, dark, and mostly illegible poster or notice posted on the right side of the page. It appears to contain a list of names or a schedule, but the text is too faded to read.

S & A Program scrutinized by review board

by Ron Del Mar

A major milestone was reached by the Service and Activities Budget Review Committee last week in what promises to be a long and tedious process of reviewing S & A funded programs at Highline.

Program directors took the stand in a series of three hearings to elaborate on how their respective programs benefit the student populous. S & A funded programs include Athletics, Performing Arts, Campus Publications, HCSU and any other program which fits the mold of being a student activity. Program heads were asked to expound on how their activities meet students needs, generate student interest and serve as a recruiting device for the college.

This is the first time that such a review board has been used at Highline. College officials hope that it will become an annual event according to Joe Elston, a member of the five person committee.

"We're trying to set up some type of precedent," he explained. "After reviewing each program's presentation we'll sit down, evaluate and compare each program. We'll then make our recommendations to the S & A Budget Committee."

The review board was established in order that the college might find out if various programs are still necessary and efficient with funding becoming an ever increasing problem, according to committee member Phil Swanberg, associate dean of student activities and job placement.



Journalism Adviser Julianne Crane met with the Service and Activities Budget Review committee last week. From left to right are: Crane, Joe Elston, Janet Hutchinson, Steve Woodcock, Phil Swanberg, Angela Parsons, and Denny Steussy.

photo by R.A. Smart

The committee was established with an attempt to represent each segment of the campus population. Besides Swanberg, the committee is comprised of Angela Parsons, data processing instructor, and three students: Elston, Steve Woodcock and Janet Hutchinson.

"This gives us a wide range of perspective from our board members," Swanberg said.

The committee has been a "long time in the happening," according to Swanberg. Guidelines were established by a special task force of the Student Affairs Council in February of 1978. The goal of the committee is to have recommendations ready

prior to the S & A Budget Committee's decisions on funding for next year.

Most programs being reviewed are ones that are currently being funded by S & A budget dollars. The only exception is the Tutoring Center which recently lost its grant and now is seeking to be funded by S & A. The review board must take in to consideration S & A funding guidelines and must be careful not to fund programs which don't match up, according to Swanberg.

Last quarter Health Services approached the S & A Budget Committee with a funding request which was turned down on the basis that it violated S & A guidelines. Health Services wanted to receive funding to pay for the services of a part-time nurse. S & A guidelines specifically state the "Salaries...should not be paid from S & A revenue fees."

Although there still might be a couple more hearings to clarify minor details, the majority of the hearing process is now completed, according to Swanberg. The review board must now tackle the task of evaluating each program. They will be placed in three basic categories: 1) ones for which funding is readily available, 2) ones that could be funded if additional revenue became available and 3) ones of low priority.

The board's recommendations will be presented to the S & A Budget Committee and the President of the College. Each program will have a chance for appeal, according to Swanberg.

No drastic changes are anticipated to result from the review board's decisions. However the school will now have more control over funding of programs with specific guidelines established for the first time.

Transfer grades smitten by inflation

by Karen Belongia

The dollar isn't the only item losing its value these days. Community college students wishing to transfer to the University of Washington School of Business will find that their grades have deflated in value, as well.

According to Virginia Morrison, Director of the UW School of Business Advisory Office, the school has restricted admissions since 1974. Since then, the school has been criticized for admitting more community college transfer students than native UW students.

"In the past, admissions were based strictly on grade point averages," said Morrison. "We never made any determinations as to how the student would perform."

Morrison explained that the School of Business decided it was necessary to determine how to predict the student's performance.

A study was conducted at the UW School of Business last winter. The UW Educational Assessment Office then processed the statistical information which was released in May 1981. Letters were sent to each of the state's 27 community colleges explaining that the procedure would go into effect Winter Quarter 1982 and that students should be alerted.

"We haven't received any negative comments from the community colleges," said Morrison. "The colleges requested information and we sent it to them."

According to Morrison, the study indicated that considerable bias has been shown towards community college transfers. The study also showed that community college students transferring with high GPA's leave the school with a lower GPA than those of native UW students.

"This study enables us to make grade predictions similar to the Washington Pre-College Test," she said, adding that the procedure seems to be working well so far.

Highline Community College Counselor Ted Treanor is against the procedure.

"It is an uncommon practice to monkey around with grades from an accredited college," he said. "It's unfair. They say we have an inflated grade practice which makes us look like the bad guys."

The UW uses a decimal-grading system while HCC and other community colleges use a standard four-point system.

Treanor explained that a selection index devised for "subtracting" GPA's. Depending on the student's GPA, a corresponding number would be multiplied to the GPA to convert to UW School of Business standards. Treanor stressed that this procedure applies only to the UW School of Business, not to the UW itself.

For example, according to the selection index, a community college student transferring with a 4.0 GPA would have that multiplied by the corresponding number, 88, which results in a 3.52 GPA. Those transferring with a 3.5 GPA would have it multiplied by 80, converting it to a 2.8 GPA.

"That's what's unfair," said Treanor. "Without the selection index, students transferring with a 3.5 GPA usually would have a good chance of being admitted. But after it's changed to a 2.8 GPA, the student has almost no chance."

"Students should be upset and disappointed about the procedure. The study gives the impression that all grades are crazy," said Treanor.

Morrison said that the GPA requirement for admission to the UW School of Business has consistently stayed between 3.1-3.5 for the past four to five years.

Both Morrison and Treanor strongly recommended that students wishing to transfer to the UW School of Business should have an alternate major in mind. If the student doesn't get accepted but insists on majoring in business, then perhaps he or she should consider another college.

Morrison said that if the student doesn't get accepted but wants to stay at the UW and try for admission the next quarter, they can study on their alternate major to improve their GPA.

"There have been several cases where students have found that they like their alternate major better," she said.

Students who insist on majoring in business usually find that their GPA drops each time they re-apply for admission, according to Morrison.

For as long as the UW School of Business has a restricted enrollment, Morrison said that the procedure will remain in effect.

"Students should be aware of this and plan their education accordingly," she said.

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Thunderations

Bagels and other burning issues...



by R.W. Davolt

It is the season for spring cleaning. Having cleaned out my desk, my car and my savings, here are a few ideas that never quite made the rack as I clean out my mind: When ordering beer in a western bar, are you supposed to a) ask for a glass; b) drink it straight from the can; or c) chew up the bottle, beer and all? I really like those crab legs on the Sea Galley's "We've got crab-legs" commerial. Do you know where I could get a pair in 31 by 31? Spring is definitely in the air. I saw the first frisbee of the season tossed last Friday.

All the decent parking places for students are gone by 8:30 a.m., except on Thursdays when you might find one as late as a quarter to nine.
 All the bagels in the cafeteria are gone by noon.
 People who "need no introduction" usually get the longest one.
 Has anyone seriously tried to stay parked in Midway Drive-in for the dusk movie?
 Has anyone ever gone to the Midway Drive-in and actually watched the movie?
 I would like to clear something up: when I refer to my car as a "Vette" I am, of course, refering to a "Chevette".
 I have no sympathy for small animals who give their lives for medical research. Better them than one of us.
 Does anybody remember a time when the economy wasn't in bad shape?
 Faculty who expect students to go to school and not work should be forced to go to work without pay.
 Why am I so happy that it only took me four hours to register for next quarter?
 "Twilight Zone" is still the best show television ever produced.
 The words "chairperson" and "council person" will never sound right to me. Banks and insurance companies should pay for education since they will end up with our money in the end anyway.
 How many people really know where El Salvador is?
 Do you remember an issue of the *Thunderword* without the phrase "budget cuts"?
 Midway is a modest little town, with lots to be modest about.
 Let's be serious. Liz Taylor and Richard Burton will not remarry.
 Is anyone reading this?

HCSU Column

Student government offers opportunities for involvement

Editor's note: Gary Fuller's column in the Feb. 19 issue was incorrectly edited. The following is Fuller's original version.

by Gary Fuller

I am one of nine elected student representatives, and it has come to my attention that many students still don't realize that we have a student government in which the student can become very involved. Maybe the students who don't know about their representation don't really care. Sure that may be their prerogative, but there are certain things that students should be aware of.

First, I'll discuss money. Out of every \$157 that each full time student pays, \$21.50 goes directly into what is called the Service and Activity budget. This budget is under the direct jurisdiction of the Highline Student Council. It adds up to somewhere near \$350,000, which with seemingly little or no help from the students it affects, is allocated into and supports programs such as sports, women's services, films, lectures, and many other student activities and services.

Do we need student input as to the effectiveness programs of these expenditures meeting the needs of the student populus?

Definitely!

Do we get the input needed to direct these funds appropriately?

Definitely not!

Now how about student representation? This year's Student Council members have represented Highline students on committees from Special Events to S & A review, from Faculty Senate to the Accreditation Committees. Now something that our average apathetic student may not know is that YOU and even he, can serve on committees yourself and actually get involved in the inner workings of Highline Community College.



Gary Fuller

There are still openings for interested or apathetic students in many committees. This is your chance to become interested and involved.

And what of tuition increases?

The HCSU Council of representatives supports a lobbying group called CORP which is the Council of Representatives and Presidents. This group represents Community Colleges to the Legislature in Olympia, and is quite effective. CORP representation is definitely a good thing but apparently it isn't enough.

Do you think tuitions are too high?

Too low?

Do you care?

From the response we've had to our letter writing and phone calling campaigns, it doesn't seem as though many students really do care. Sure, writing a letter to your legislator would cost 20¢ to send, but a phone call on the Legislative Hotline costs nothing. That's right, you can call and leave a message for your legislator (vote for higher education or against it) for absolutely free.

Just call 1-800-562-6000.

Like I said, now is your chance, of course you could have gotten involved six months ago, but there is no time like the present.

Do you care?

apathetic students =
 apathetic student council.
 apathetic voters = apathetic legislature.

mailbox

PTK offended

In response to R.W. Davolt's Thunderations column of Feb. 19, I would like to say I am sorry Mr. Davolt is so disillusioned with Phi Theta Kappa.

It seems that if he believes PTK is such a "crashing bore," he should have been wiser than to invest his time, money, and effort. It is true that Mr. Davolt has not attended any of Phi Theta Kappa's other activities, such as the Regional Conference at Ocean Shores, and it seems he will not likely want to.

As an active member of PTK and a participant in many activities sponsored by this organization, I feel the honor society has not only broadened my outlook on life (which Mr. Davolt seems to be constantly narrowing), but Phi Theta Kappa has also provided me with close friendships and a chance to achieve something on my own merit.

Mr. Davolt has every right to voice his opinion. However, I might suggest he look a little deeper into his subject next time. I think that Highline needs more useable observations and less creative criticisms. And I would like to invite Mr. Davolt to Minneapolis and PTK's National Convention next month. It promises to be more "colorful," just for cynical writers and the like.

Kevin Kerr

Nukes defended

Most Americans get virtually all of their information on topics like nuclear power from the media. The media, however, presents a very one-sided view of nuclear power. The media is always willing to cover events like "no-nuke" rallies or listen to the opinions of movie celebrities, but very rarely makes an effort to present the views of scientists and engineers knowledgeable on the subject.

While the media may claim that anti-nuclear rallies and movie stars are "newsworthy" and engineers are boring, it is irresponsible to give the public so much information from relatively uninformed sources and make no real effort to present the views of trained experts in the field. Jane Fonda was great in most of her movies, but I doubt she learned much about nuclear fission at the Beverly Hills School of Fine Arts.

I'm not saying that nuclear power is good or bad; I'd just like to point out that most Americans really know little or nothing about nuclear power, and in order to make an intelligent decision on the subject they need information from experts, not from celebrities and anti-nuclear fanatics who have no more real knowledge of nuclear power than the general public.

Michael Newby

CORP offensive

I find it comforting to know that I will be leaving Highline at the end of this academic year. Not for the fact that I have completed the courses, but that a group called CORP is trying to make community colleges safe from the world.

I realize that education is an opportunity for everyone to pursue, and that in this day and age when money is all of a sudden non-existent, it is the schools that normally suffer first. But to have a group of elementary college students get together for coffee and doughnuts to formulate ideas to save the local colleges is asinine.

I listened to some of their meeting the 21st of last month, and was amazed at the lack of interest that some of the people showed. The meeting was supposed to start at nine, and I should say that an attempt was made to do so. However there were still people coming in through the door at quarter after the hour.

When the speakers were talking, I had a hard time hearing them over the dull roar of the "pseudo-politicians" who evidently had not heard of parliamentary procedure. These people are going to find a solution to the problems that are plaguing higher education? I think not.

The only consideration I saw was to our own Senator Henry Jackson. At least some of the people put their newspapers down to listen to him. I heard later that some effort was put forth to continue the meeting after Jackson's address, but after what I saw I can hardly believe it. It's one thing to be concerned and to try to do something, but it's quite another to drink coffee, read the paper and pretend to know what's going on. If you want to listen to an emasculated group with no concept of reality, then the next CORP rally is for you.

R.A. Smart

Thunderword



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The Thunderword is a bi-weekly publication of the journalism students of Highline Community College. The opinions expressed herein are not necessarily those of the college or its students.

The Thunderword office is located in Bldg. 10, room 105. Office hours are 10 a.m. to 4 p.m. daily.

We welcome all letters, news and criticism from the campus population. Letters should be kept to a 250 word maximum and letters longer will be subject to editing.

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DSD receives mini-grant

by Jeannette R. Damey

A mini-grant for a workshop project was awarded to Highline's Developmental Studies Division. This project will focus on characterizing and identifying the high-risk student and further instructional strategies.

This grant, sponsored by the State Board for Community College Education, is one of 10 of its kind received by various community colleges in Washington. Highline's grant was for \$400. Others varied from \$100 to \$800.

The project is divided into two sessions. The first will be open to all faculty members, March 9 or 10 at 2 p.m. in the Gold Room.

Subjects covered include *Identifying the High-Risk Student* by Patricia Haggerty; *Quick and Dirty In-Class Assessment of Basic Skills* by Ellen Smith; *Multi-Sensory Instructional Model* by Edith Bailey; and *Practical Suggestions on Teaching Strategies Anyone Can Use* by Pam Arsenault.

Following, a questionnaire will be handed out for an evaluation of the project.

All interested instructors can participate in the second session March 16 or 17. This follow-up will be a practical, activity-oriented workshop asking attending faculty members to share course-outlines, lesson plans, instructional materials, etc.

This session will be followed up with a

more detailed evaluation report after the completion of the Spring Quarter.

Highline's DSD hopes to encourage a team-approach, in order that students enrolled in courses are academically prepared for them, and that teachers can more efficiently provide services to the community college students.

Pam Arsenault, DSD director notes, "The high-risk student is any student whose chance for success in a specific class is affected by anxiety, language difficulties, basic skill levels, learning style or teaching style. This project is to make sure placements are correct."

These mini-grant awards are one of many developments sponsored by the State Board for Community College Education (SBCCE). They are supported through a \$60,000 grant from the Fund for the Improvement of Post-secondary Education (FIPSE) entitled *A Learning Assistance Support System*.

The major goal is to add quality resources to the WADE Bank, a resource service of Washington Association for Developmental Education/SBCCE/FIPSE Project: A Learning Assistance Support System.

Transfer topics

Get AA to transfer to CWU

by Denise Huston

Central Washington University has advantages for the potential student including on-campus housing and strong education programs.

When transferring from another college, a grade point average of 2.0 with 40 quarter credits are need for admission. With fewer than 40 credits, high school records and Washington Pre-College Test scores should be submitted as well.

For general transfer from a community college, an Associate of Arts degree is necessary. An outline of classes needed for the AA is available in Bldg. 6.

Degrees offered at Central range from a Bachelor in Fashion Merchandising or Law and Justice, to a Masters degree in Art or Chemistry.

One of the strongest programs offered is Education. This includes programs in Elementary Education, Early Childhood Education, Physical Education, and Special Education. Each of these specialized education programs have a specific set of

requirements, so it is best to write to CWU if interested.

On-campus living is strongly emphasized at Central. All freshmen and sophomore students under the age of 21 are required to live in university residence halls, unless living at home.

Resident halls include special quiet halls for those who prefer a more low-key atmosphere, all women halls, and coed housing.

With the exception of three halls on-campus, all rooms are supplied with furniture, telephones, and FM-TV cable service.

Projected expenses for the 1982-83 academic year for a single, Washington resident are:

Tuition	\$ 867
Room and Board	2,100
Books and Supplies	350
Personal	1,400
Total	\$4,717

Located in Ellensburg, a city of 14,000, Central Washington University is only a short distance from some of the best skiing and hunting in the state, according to the school's brochure.

Hamilton will bid adieu to Highline

by Leslie Exley

When the diplomas are handed out at this Spring's commencement, Highline will be losing more than its graduating students. A valued instructor will also be saying good-bye.

Psychology Instructor, Dr. Mary Hamilton, is retiring.

"I have seen Highline grow," said Hamilton. She was one of the three teachers who initiated Highline College by teaching night classes at Highline High School. Although she hasn't taught continually, she has been teaching here for about 10 years.

Hamilton has taught music and English, but her love has always been for psychology. She took her first psychology class in 1938 and has been interested in it since then.

At the time she started, psychology was not considered a choice for a profes-

sion. There just weren't enough jobs in the field then. "I was lucky to get in on the ground floor," she said. She was able to study with prominent psychologists and get experience in all areas.

Hamilton considers herself a "pioneer." She was the first woman counselor in Washington, and has always had a special interest in people as individuals.

The thing she likes most about teaching is the people. "I love young adults," she said, "and will miss them very much when I retire." She thinks young adults are most interesting because they are just realizing their own minds and potentials.

"Students who are interested in psychology should decide on a particular area. They should also be willing to do a great deal of academic work. One good idea is to get a minor in psychology and apply it to another profession," she said.



Mary Hamilton

P-I writer to teach on ESP

Marty Stephens, feature writer for the Seattle Post Intelligencer, will teach a Community Service non-credit introductory class on psychic phenomena and extra-sensory perception Monday evenings from 7:00 to 8:30 p.m., Spring Quarter, 1982.

Marty, whose bylined column *THE SIXTH SENSE* has been appearing in the Sunday P.I. Lifestyles section for the past two years, has been investigating psychic phenomena for several years. The on-campus class, "YOUR SIXTH SENSE" will cover the five main areas of psychic ability: telepathy, precognition, psychokinesis, clairvoyance and clairaudience.

"I've had many requests to teach this course from readers of my column," states Stephens. "From hundreds of letters, I've learned that almost everyone has psychic experiences. Most people are confused and frightened when they have a psychic experience. However, there is a great deal of scientific research being conducted both in this country and abroad which indicates that possibly everyone is psychic and that most people can be trained to develop and utilize ESP to enhance their lives. "YOUR SIXTH SENSE" is aimed at exploring some of these methods as well as taking an objective look at some of the research."

Marty's interest in the world of the para-normal has brought her into contact with well-known authors, psychic healers, ghost hunters, and ordinary people who quietly utilize ESP in their everyday lives. She is collecting authentic accounts of psychic experiences and can be reached in Bldg. 19-201 (Ext. 253) where she is an instructor in the Developmental Studies Division.

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Thunderword FOCUS: Finals...

Finals Anxiety--perfect script for stress

by R.W. Davolt

It might be a stomach in knots or sweaty palms. It could be sleepless nights with a nameless fear or tight muscles and headaches.

However it shows in each individual, Finals Anxiety puts additional stress on students at this time every quarter, stress that may surface in any number of ways.

Most mental health professionals agree that a certain amount of stress is beneficial. A certain degree of tension is considered necessary to hold a life together.

Counselor Lance Gibson of the Highline College Counseling Center draws the distinction between stress and distress. "Stress becomes distress when you can no longer cope with or manage the stress in your life, then we see the development of symptoms."

Gibson explained that finals tend to magnify existing weaknesses and "bring personal problems to the forefront."

"Today's students overload themselves," according to Dr. Stirling Larsen of the Counseling Center. "they allow no time for mistakes and hold themselves too accountable."

Larsen charts the additional pressures of social, family and job responsibilities prevalent among community college students.

Counselor Beverly Baum agreed saying, "I have a great deal of respect for the community college student. They have much more pressure than a student who lives in a dorm and concentrates their entire efforts on school."

"How they handle the additional stress of finals," continued Baum, "depends on the person and on how they handle overloads in general."

Two or three weeks before finals, traffic in and out of the Highline Counseling Center increases dramatically. Students may come in with a problem on their own or are referred to the Center by faculty, other students or by the Health Services department.

The symptoms of distress include a wide range of physical illnesses such as headaches, tight muscles, shortness of breath, heart palpitations, nausea, sweating profusely, dry throat, difficulty in swallowing, and in some cases, ulcers and chronic indigestion. Other symptoms may be irritability, loss of sleep or appetite, absenteeism, increased social-personal problems and withdrawal.

Baum points out that "the perfectionists suffer the most" because of the high goals they set for themselves. Also, people who fear tests in general are targets for Finals Anxiety.

"Finals can be devastating for people who are afraid of tests anyway."

Gibson recounted many students who "frequently didn't know exactly what was wrong," and came seeking help just because things seemed "out of balance." Many times their distress could be tied to worry over finals and their success at school.

Gibson asked, "What about the students that we don't see?"

The Highline Counseling Center has had no new staff positions for eight years despite a growing number of students on campus. Appointments are difficult to get during the critical weeks of finals and registration and most of the counselors agree that by the time a student comes seeking help his problems are already at a crisis stage.

The counselors were also in agreement to the close bonds between physical and mental health. For example, a person in distress is more vulnerable to disease, then the illness will apply more stress,



weakening the victim further and further in cycles.

The stress of simply being young in the 1980s seems to have become a key factor. In King County, 18-24 year-olds range from 19 to 25 percent of all involuntary commitments made by the County to hospitals or mental institutions. Involuntary commitments are filed when persons are judged to be harmful to themselves or others, or have a disabling mental disorder.

Nationally, the rate of completed suicides in ages 10 to 24 has tripled in the past 20 years. According to the King County Medical Examiners Office, those between the ages of 20 and 29 have ranked first or second consistently since 1971 on a rating of suicide deaths in King County. This age group accounted for 58 suicides in 1980 within the county, out of a year total of 169.

The Medical Examiners Office can only certify a death as suicide when there is overwhelming evidence. Unofficial estimates of the true suicide rate may run much higher.

The next turn in the spiral of unchecked stress is depression. It can stem from the sense of a loss of control and mastery, or from the general doom and dread that are also symptoms of distress.

Lynn Schroeder, Administrator for the Seattle-King County Crisis Clinic which handles about 100,000 calls per year from people in "emotional crisis," explained some of the signs of serious depression.

"There might be a notable and rapid change in eating or sleeping habits," she said, "and a loss of interest in old interests or hobbies. The person may give away precious, personal belongings in anticipation of not needing them after death. This is more obvious in younger children. And there may be a lack of affect, or, in other words, a lack of emotional reactions."

Schroeder said that an additional symptom of suicidal depression prevalent more in high-school ages than college is to "act out behavior" or take wild risks and perform daredevil antics with apparent disregard for one's own life.

Schroeder stressed the importance of friends in coping with such depression.

"If a friend seems seriously depressed one should not hesitate to ask if their friend is thinking about suicide. People will tend to answer a question like that honestly. If they are, then they should get professional help immediately."

In addition to crisis counseling over the phone, the Crisis Clinic can arrange professional counseling on sliding fee scales.

Dr. John Broedel, Director of Counseling at the University of Washington, supported the argument for a strong network of friends. Broedel said that the living situations of most community college students did not "allow the building of a firm support system" like living in a dorm would. Thus the student feels "isolated and insecure."

While the Highline Counseling Center also maintained the importance of a support network in dealing with stress in general, the consensus was that the best defense against Finals Anxiety was preparation. Workshops are offered each quarter on study skills and test-taking skills.

Outside of simply being better prepared academically, there are other mechanics for reducing and redirecting the stress of finals. The following list was compiled from the Counseling staff, Joy Carey of Group Health Hospital, and "Stress, Distress and Growth" by Walt Schafer.

- Reduce or eliminate your intake of alcohol and caffeine. Try to maintain an adequate eating and sleeping routine throughout finals week.
- Try studying in two-hour blocks, then

exercise or reward yourself in some way then back for another two hours.

- Know your enemy. Find out what kind of final your instructor gives, what the instructor expects, and how much the final counts toward the final grade.
- Allow for a margin of failure. Perhaps the instructors will give "Z" or "S" grades instead of an "F" so that your overall gradepoint will not be hurt by one mistake.
- Do only one thing at a time and plan your activities so that you are not rushed.
- Plan your time so there is slack time between activities and no overlap.
- Know your capacity and learn to say "no" to responsibilities or opportunities that would overload you.
- Take the time to create and maintain a support system of friends.
- Learn and use relaxation skills, including: meditation, biofeedback training, deep breathing, imagery, and regular exercise.
- Manage stress by reducing the trivia in your life and by controlling and scheduling the stressors that are flexible. Don't plan to move or change jobs the same week as finals if you can avoid it.
- As Rodney Alan Rippey used to say, "take life a little easier." Take time for yourself and time to appreciate the good things in nature, people and yourself.

Bookstore buys back books

by Mark Keaty

It's that time of the year again. Finals are descending upon us and it's almost time to get rid of those books.

The bookstore will start buying books back on Feb. 15 thru 19. Bookstore hours are 8 a.m. to 7:30 p.m., Monday through Thursday, and 8 a.m. to 4:30 p.m. on Friday.

According to Mrs. Raynor of the bookstore, the best time to come is between four and five o'clock in the evening.

"We aren't so busy then," said Raynor, "The first couple of days are the worst."

Books for Spring Quarter will go on sale during spring break, Feb. 22-26. The bookstore will open at 8 a.m. and close at 4:30 p.m.

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Finals prove hazardous duty for teachers

by Michael Newby

Finals week is a hectic time for members of any school faculty, but opinion differs among teachers here at Highline about the levels of stress involved and the best ways to deal with it.

The main cause of teacher stress during finals week is an increase in the workload. The amount of work to be done increases because final exams must be prepared, administered, and graded during this period. Then, each student's final grade must be calculated and turned in by

Friday. Technically, grades can be turned in the following Monday, but most teachers are reluctant to work over the weekend because Friday is the last day they get paid for working.

Ruth Hendricks, who teaches Math 21 and Math 120, finds that the week preceding finals is toughest for her. "In addition to making up my exams, I've also got to prepare for my lectures," she said.

Most teachers interviewed on campus indicated that finals week stress did not seriously affect their physical or mental

health. Apparently, a little mild fatigue is the only real problem they experience.

Bruce Roberts, an economics instructor, goes so far as to say that finals week for teachers is "not a stressful situation." When asked how this was possible, Roberts replied, "I never take my work home with me."

Davidson Dodd, who teaches political science classes, has another method of dealing with finals week stress. He eliminates stress for both students and himself by eliminating final exams in his classes. Dodd tries to keep the workload evenly

distributed throughout the quarter, and uses the finals period to meet with students, evaluate the class, and wrap things up. Students who have taken Dodd's classes say this is a very good system.

Dodd thinks that having no final is the best way to ease everyone's burden. He even joked that teachers giving finals should be entitled to "hazardous duty" pay.

One thing that all the teachers interviewed agreed on was that they found finals week far tougher to deal with as a student than they do now as teachers.

What does the end of the quarter mean?

People in the streets

Kurt Young, sophomore

"In order to cope with the pressures, I participate in alcoholic pleasure which allows a release of pent up frustrations brought on by the administration of this institute and the governor."



R'Lene Roberts, registration staff
"As the go'er in registration, I keep very busy with the increased workload."



Ken Douglas, freshman
"A lot of headaches."



Lillian Cinderich, sophomore
"I stay up till the wee hours of the morning studying for finals."



Dino Papino, computer programming major
"I'm busy studying for finals and trying to earn enough money for next quarter."



Connie Payne, sophomore
"Finals are going to come whether I like it or not."



Brian Holmes, anthropology instructor
"A lot of papers to correct and not enough time."



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Be organized for success on final tests

by Roger Haight

The time to begin work on succeeding on final tests starts about 10 weeks prior to the test.

"Students should avoid poor class performance during the quarter that puts them in a position of needing an 'A' on the final," Business Instructor Michael Cicero said. "Needing an 'A' puts more pressure on you."

The other way to avoid undue pressure is to go into the final confident of being fully prepared for the test. According to Cicero, students should get an idea of the test format and subject matter from the instructor, and then set aside time for ample preparation.

"Know the finals schedule and plan ahead," Cicero said. "Plan your studying around the other demands on your time at the end of the quarter."

"About two weeks before the tests, think about preparing for them. Have a calendar and block out some time for study. Be organized and know your available time."

The methods of studying for tests can vary with the type of test.

"I think the best way to prepare for an objective (multiple choice) test is just to be familiar with the material," Cicero said. Read and re-read the material.

Cicero suggests a "key word outline" for essay type questions. "You need to find something specific for essay questions," he said. "Study your material and break it down into essential ideas. Know some key phrases you can use and build on when you're writing your answer."

"You might perform better on tests when you are well-prepared and confident," Cicero said.

Spring break: sleep in, water plants...

by Larry Jones

Spring break officially begins at the end of classes on March 19, and ends when they begin again on March 29.

After you have gotten caught up on your sleep and watered your long-forgotten house plants, you may decide to venture out into the world and see if there are still people out there.

Where do you go and what do you do? If you don't have any ideas, here are some that may interest you. Some are free, others charge a small fee, while yet others require tickets at the usual inflated prices.

The Seattle Center has a very wide variety of activities to offer during that week.

The Shrine Circus opens March 19 and runs till March 21. Tickets will be available at the Coliseum.

The Seattle Opera is currently performing "The Abduction From the Seraglio" at the Opera House.

The Seattle Repertory Theatre is doing a drama called "Savages" by Christopher Hampton.

There are many free activities also being offered at the Center, among them is Bob Will's Birthday Party Dance with The Okanogan Valley Swing Band at 8 p.m. in the Center House on March 19.

Free juggling lessons, given by the Juggling Institute will be at the Center House March 20.

There are various sporting events also being held during that week which include Seattle Metro League High School Soccer and the Seattle Sounders Soccer Team as well as The Western American Hockey Playoffs.

For event and ticket information, contact The Seattle Center Information Office, 625-4234.

There are also free winery and brewery tours available at the local establishments which are fun for the singles as well as groups.

With the coming of Spring and the hiking weather, you might want to take out those hiking boots and start to break them in for the summer.

There are many trails around the Seattle area where those of us who got lazy this winter can get back in shape slowly. Some trails are portions of the Burke-Gilman Trail which leads from the Locks at Ballard to Lake Washington. Others wind through some of the larger parks such as Discovery Park in Magnolia and Warren G. Magnuson Park at Sand Point.

Some may want to take one last fling at the local ski areas while there is yet some snow. Other may wish to "Sid Jackson Hole" as some of the signs around campus recommend. For more information on this \$199 package, the signs advise you to contact "Denny, Bldg. 8, room 201," and it is recommended anyone interested should do so soon to insure space.

Others may just want to stay home and catch up on "the soaps." Is Laura really dead? What will Karen do when Kat confronts her with the truth of the baby switch? Did Gretchen really kill Myles?

For the answers to these and other questions, tune in to the Days of Our Young and Restless Children, who are living in Texas and seeing Doctors on the Edge of Night in Another World, or in other words...Have a nice vacation.

'Finalsitis' can be affliction to some

by Christine Valdez

With finals week approaching, many students find themselves suffering from something like a "finalsitis."

Although it may sound suspicious, the stress from taking finals does actually affect some people by making them ill.

"I can tell when finals week is without looking at the calendar," said Mary Lou Holland, R.N., M.A., Family Nurse Practitioner. "Just by the number of people who come in."

According to Holland, students complain of unseen symptoms such as headaches, stomachaches, backaches, eye strain and fatigue. There is also an increase in preoccupied students falling down.

Students tend to take less care of their bodies when they're studying. They stay up all night long, read in bad light, eat the wrong foods in a hurry or don't eat at all.

These students who lower their resistance may also fall victim to viruses that

might be going around. "When your body is under pressure and the problems are rushing around," said Holland, "that's when the viruses come."

The hypothalamus, a gland which regulates organ activity and body defenses, reacts to stress by stimulating the stomach, the spleen, the liver, the heart and other organs. In what is known as the "flight or fight response," the body prepares itself to run from the object of fear or confront it.

It also stimulates the pituitary glands, which stimulate increased production of hormones which increase blood pressure, heart rate and visual perception.

This response can be vital when there is a true emergency. However, when it is too long or too intense, a person's internal balance is disturbed and a "stress illness" can result.

"Your body's hormonal system just goes out of whack. Some people even get problems with their sleep patterns," said Holland.

To simplify, Dr. Hans Selye, the director of the Institute of Experimental Medicine and Surgery at University of Montreal and recognized father of stress research, found there to be three phases to stress-linked diseases.

First, the body reacts to fear. Second, after the threat retreats, the body maintains an excess energy level and last, if the reaction lasts too long, biological exhaustion sets in and more serious illnesses such as asthma attacks, high blood pressure and heart attacks can result.

Fortunately, most students don't get that far. According to Holland, the complaints usually cease about the same time finals end.

They usually start two to three weeks before finals. The week before finals is the busiest in the Health Services office.

According to Drs. Meyer Friedman and Ray H. Rosenman, two doctors from San Francisco who have studied stress illnesses, there seems to be a type of person that is more susceptible to illnesses.

These people are considered a Type A. They tend to be hard-driving, aggressive, competitive, ambitious and tense. Holland adds that they tend to keep everything in and don't work off stress with any activity.

Type B people, on the other hand, are easy-going, relaxed and work without anger agitation.

When treating a student complaining of unseen symptoms, Holland must first identify the problem. With students who fit under the type A category she has to "draw it all out and legitimize it. It is as if they feel guilty getting sick."

Holland then reassures them that although they are sick, they probably don't have a brain tumor or ulcers.

She has some tips for minimizing stress from finals. First of all, students shouldn't procrastinate. By assigning priorities to tasks and doing the important ones first, students can avoid staying up all night studying.

Becoming familiar with the material and being prepared can reduce anxiety. After preparing themselves, students



Mary Lou Holland (top) and Sandi Gastenby.

should have a positive attitude and remind themselves, "I have worked hard and know the material. I will do well, but if I don't it is not the end of the world."

Most importantly, students can keep from becoming over-stressed in the first place by learning a drug-free relaxation method.

Holland also stressed that students take care of themselves by eating the right foods, not rushing through meals and getting plenty of exercise in order to get rid of stress.

St. Pat's Day offers relief

by Dan Burpee

Saint Patrick's Day has much to offer in the way of easing the finals week blues, if you are 21-years or older.

What started out as a Christian cele-



bration to honor Saint Patrick, patron saint of Ireland, is now mainly observed by bar owners and their patrons. Delores Matson of the VIP Tavern said, "When you give away something for free everyone comes in" referring to the free Mulligan's Stew.

Bob Lake, the British born owner of Sir Bob's Pub said, "We're going to have a party." They will be featuring an Irish Whiskey special, live music, and face painting as part of the festivities.

The Yard Arm Pub is gearing-up for one of the biggest days of the year for a bar. Buck Hill the proprietor said, "The regulars really get into it. Everyone brings a dish and we have a potluck dinner."

Many of the local drinking establishments will also be serving green beer and plenty of Leprechauns Wednesday the 17th.

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HCEA elects new officers

by Caroline Bleakley

Two new officers were elected to the Highline College Education Association in December.

Highline Community College's Education Association is the recognized bargaining agent for the faculty. It negotiates faculty salaries and working conditions.

Bruce Roberts, chairman of the social science dept., was elected treasurer. Patricia Haggerty, who works in student services, was elected secretary. Kay Gribble, a history instructor, is the president-elect.

"The officers are chosen by the faculty in an open election," said Gloria Volland, president of the education association.

Volland commented that the Education Association represents the faculty in nego-

tiations and does quite a bit of political action work when the legislature is in session. The association is concerned with what is good or bad for Highline College.

Right now the association is in the process of influencing the legislature on a senate proposal aimed at keeping the faculty from receiving their cost of living increase next year, according to Volland.

"There are three regular meetings held a year, but there are other meetings as special topics come up," said Volland.

Volland also commented that they are also encouraging individual faculty members to become involved in their precinct activities, such as caucus meetings.

"Any faculty members, not just teachers are eligible to be a member," said Volland.

Highline has 87 faculty members who are involved in the Education Association.

Registration runs smoothly

by Trish Armstrong

Registration week for returning matriculated students was February 22-26. It is commonly known as a week of lines and frustration, but this Spring some of this frustration appears to have been alleviated.

The registration windows still had lines filing from them as numbered ticket holders waited their turn to register but lines thinned out close to the early afternoon.

Booker T. Watt, registrar at Highline Community College said he has seen less

confusion this registration quarter. A registration instruction paper had been printed for students as a guide for ease in registration. Watt and his secretaries have noticed less student frustrations. Low class closures could be the answer to this. Industrial Technology classes have been the only real large area of class closures.

Some students in line commented on less attendance this quarter. Watt said that this year's Winter Quarter registration showed less attendance than last year's Winter Quarter. The classes that were offered once as credited classes, now are listed under Community Service classes at a much higher fee, without credit.

Problems will evolve at every registration but the registration staff is constantly striving to provide students with fast, efficient, courteous services, according to Watt. Suggestions for improvement regarding the registration system are always welcome at the registration office.

Library

More offered than just books

by Teresa Joslin

Finals are up and coming, so is the need for better study habits. The Highline Library offers some suggestions for anyone who wants to keep their mind on their matter.

Time could be a hard thing to find if a student has a full load of credits and a job.

"The best recommendation is not to procrastinate," said Librarian Nancy Lennstrom. "Students shouldn't be wasting time being shy about asking for assistance. We are more than glad to help. That is what we get paid for."

If anyone needs assistance using the Library, Lennstrom is always answering questions. Located on the third and fourth floors are study carrels, isolated booths which serve the purpose of providing a slightly quieter study area.

If students want to type up a report, typewriters costing a dime for 10 minutes of their use, a quarter for 30 minutes, are located on the third and main floors. On floor six, there is a number of study facilities for study in the form of audio-visual services. If a student wants to study German, French, Japanese or Spanish, they could just push in a cassette at the audio-visual listening area. If there is a math problem to be solved, one could try the provided calculators and microcomputers.

Reference copies and pamphlets on writing term papers are usually held on reserve because they are used so often. "The best references are *How to Do Research* and *How to Write a Term Paper*," said Lennstrom.

"If someone wants an update, we'd recommend magazines, and for background, encyclopedias are the best to use," said Lennstrom.

With 60,000 books and 600 periodicals, the student has that many reasons to cram for the finals, but the best suggestion is self discipline. With faith we can move mountains, with self discipline we can study...and ace the finals.

Phi Theta Kappa captures seven regional honors

by T.A. Griffin

Highline is #1 in more than just sports. The Phi Theta Kappans of Highline College have proved themselves to be among the most noteworthy on the west coast.

Five members of HCC's Pi Sigma chapter and Dr. Joan Fedor spent Presidents' Day weekend at Ocean Shores attending the West/Northwest Regional Conference. During their stay they garnered seven awards for competition and recognition and were also runners-up for "the most congenial chapter."

Highline's most prestigious awards were first place for both their Tri-Forum paper and their Scholar Showcase performance. The Tri-Forum recorded the chapter's efforts in promoting Phi Theta Kappa's theme, "The Short Story: A Mirror of Humanity." The Showcase competition involved four chapter presentations; Pi Sigma featured Denise Welch reading the lead part in a Reader's Theatre along with Pat King, Tom Jackson, Vipi Stoutenberg, and Kevin Kerr.

Individual awards were given to Stoutenberg for her art entry and to Kerr for his entry in the poetry division. Stoutenberg also received recognition as "the member of an active chapter judged as having truly exemplified PTK spirit and leadership." HCC's other awards included certificates for participation in the short story and science paper categories.

Dr. Fedor said, "We worked hard...we deserved it." The next project for Pi Sigma is the National Convention. "We have a good chance at winning several national



Kevin Kerr

awards and scholarships...and we are running a candidate for Regional office," said Dr. Fedor.

Kevin Kerr who is campaigning for West/Northwest Vice-President, said "The politicking is a challenge, but thanks to my campaign managers and chapter members, I have a lot more confidence than I started with. The competition will be tough. I have to appeal to nearly two hundred delegates coming from every state."

Kerr, a freshman at Highline, will be going to Minneapolis, Minnesota, for the National Convention in March. Also attending the conference will be Dr. Fedor and three other Pi Sigmans — Welch, Jackson, and Janis Rister.

Music man lauds Highline for teaching him basics

by Donna Vert

Bill Crammatte, founder of The Sound Solution, a mobile discotheque serving the greater Seattle area, credits his years at Highline with teaching him some of the basics of business.

Crammatte began attending Highline in 1977 to learn how to improve upon the business he had started in 1975. He said the Associate in Applied Science degree he received in marketing and selling in 1979 taught him what he needed to know.

"My classes taught me how to advertise and market my business. I took what I learned and directly related it to my business."

Crammatte started his business off with plenty of prior experience. His earlier years as a sound and recording engineer taught him all about music shows.

"I used to record bands so that they could review themselves. Consequently, I learned what it takes to make a good show," said Crammatte.

Crammatte, who is also a salesman for Spencer Fluid Power, does most of his business for The Sound Solution on weekends catering to private affairs. The discotheque will cater to any event, according to Crammatte. Many of their jobs involve weddings and receptions, perhaps partly due to their exhibit at the South-center Bridal Fair. However, their business is not limited to only private family

"Around Christmas time we do a lot of Christmas parties for big companies, such as General Electric," explained Crammatte.

Rates are relatively inexpensive — \$200 for four-and-a-half hours of nonstop entertainment, — and business is increasing.

Last year Crammatte gained a partner to his business. Marlys Engelberg, who is the office manager of the Sea-Tac Mall branch of Peoples Bank and Crammatte's new partner, put The Sound Solution 2 into effect last May 16, thus enabling them to handle twice as many events as before.

Business is going well, and Crammatte foresees his weekend business as possibly becoming full-time in the future.

He said that competition is really not a problem.

"Technically there is no competition. We're the only ones that are aggressive enough to do such things as pay \$400 to participate in the Southcenter Bridal Fair. Other companies sometimes don't have quality equipment or don't have what it takes to actually get up on stage and make a good show. The only problem with the competition is that if the public hires a

mobile discotheque and has a bad experience, they won't hire another one later. Some companies are alienating the market."

Crammatte has learned not to make certain mistakes.

"If I had it to do over again I would guard my trade secrets a little better. I've had the competition call me and try to pick my brain."

Crammatte offered some advice to anyone planning to start their own business.

"You can not have enough product knowledge in your field."

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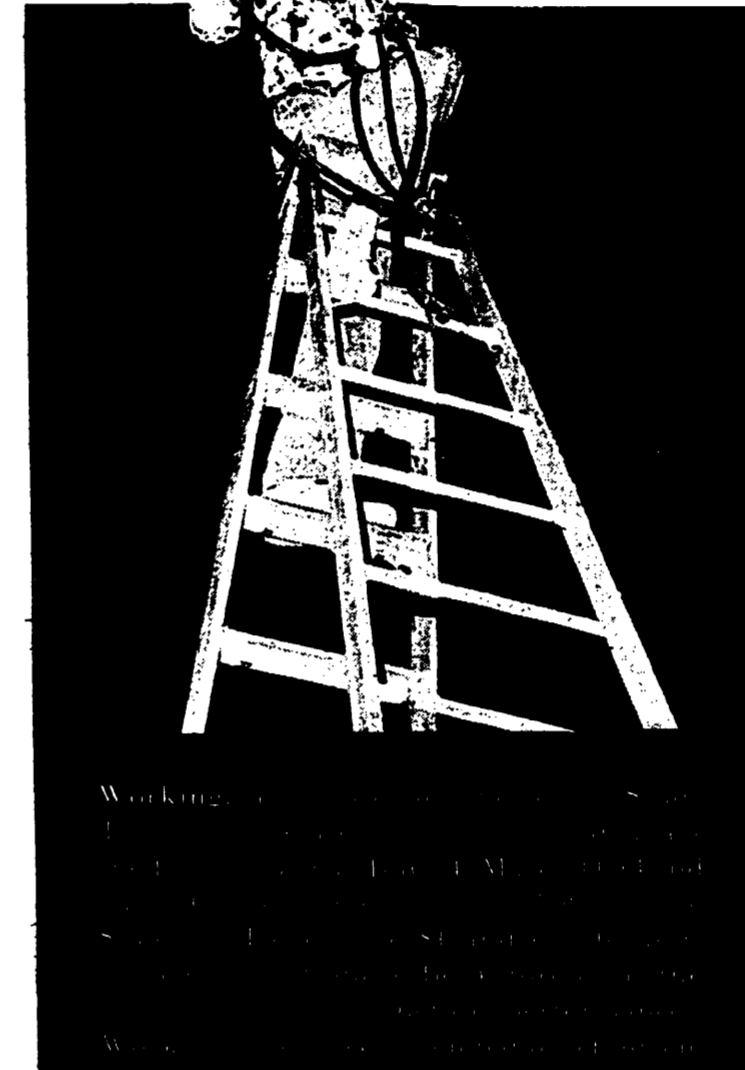
Costumes need mending...



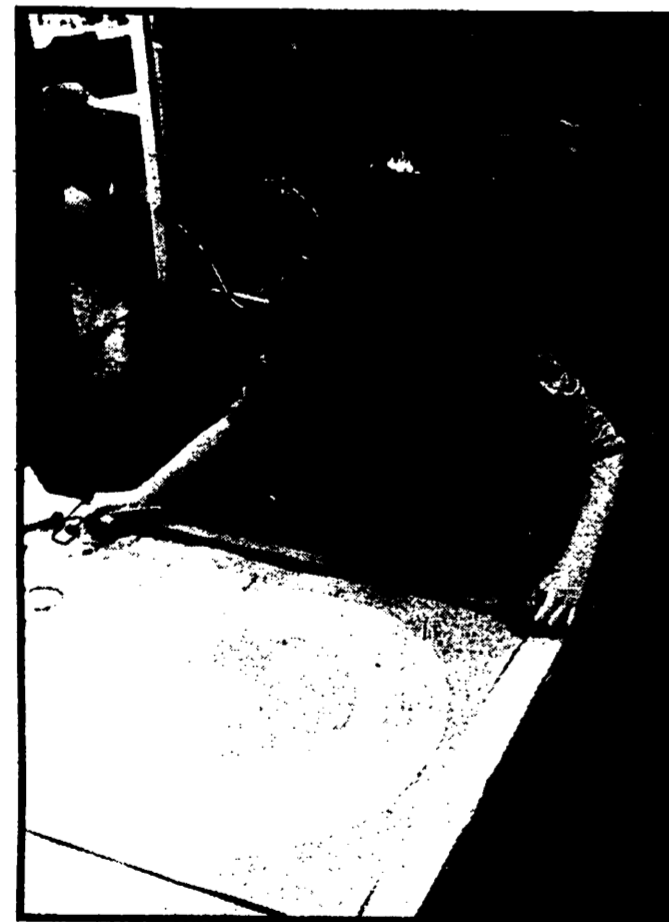
Props need to be painted...



And most important, the scenes need direction.



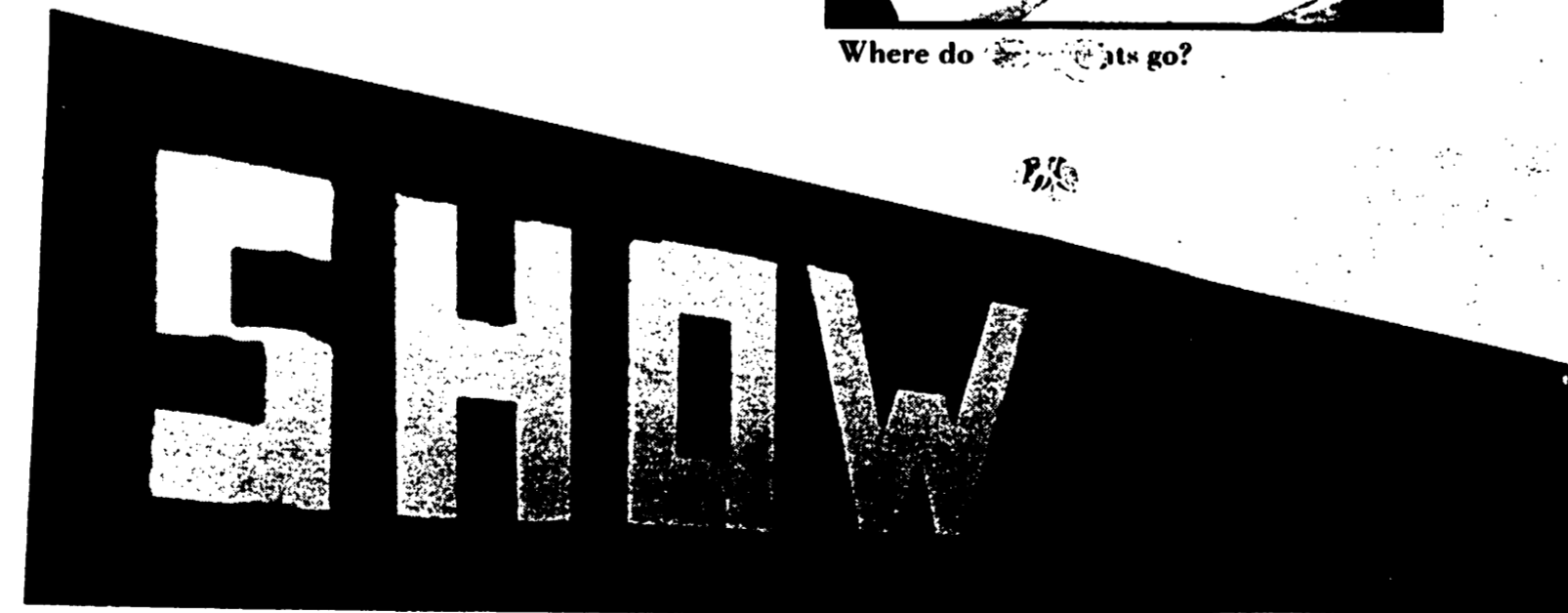
There has to be music in a musical.



The play needs promotion...



Where do the scripts go?



After all the work, this is the end product.

Photographs by R.A. Smart

Rowing wins Gardiner Wayne State honor

by Deanna Warnes

Jim Gardiner, Highline art instructor since 1965, has rowed his way to a chest full of medals and two Halls of Fame.

Gardiner recently returned from Wayne State University, where he was put into the Wayne College (his alma mater) Sports Hall of Fame.

He started rowing in 1951, when he and his teammates tried for the Olympic team. Gardiner said "when some friends of mine suggested that I try out for the rowing team at the Detroit Boat Club, I jumped at the opportunity. It looked like a healthy vigorous sport and I was right."

The coach told the team that he would send them to the Olympics if they followed his instructions. The team trained for eight months and came in third in the trials.

In 1955, Gardiner was selected to row in the Pan American Games at Mexico because one of the members from the qualifying team had to be replaced. He took a semester off at Wayne and went to Syracuse where Walter Hoover Jr., his partner, was attending.

Because it was winter, Gardiner and his teammate had to train on hydraulic machines and in an indoor rowing tank. "We trained hard but it was not like rowing together in a boat on water. I don't think that anybody ever trained this way for a major race before."

Gardiner and Hoover won a gold medal



Jim Gardiner in 1957 and today — Gardiner recently returned from Detroit where Wayne State University placed him in their athletic hall of fame.

that year in the Pan-American races. "We won the race in the last few strokes and I had to be pulled out of the boat and given oxygen. We were racing at high altitude and I had given it everything I had in the

stroke position in the boat."

The following year, Gardiner was on the U.S. Olympic Rowing Team which took the silver medal, rowing in behind Russia.

Gardiner has a treasure chest of awards including 15 North American, eight national, and several West Coast medals. Gardiner's rowing has also placed him in the National Hall of Fame and made him All American from 1955-58.

"Rowing was, and still is, very hard work," he said, "but it has paid off. I can look back on my life and see that I have accomplished something." Rowing has made Gardiner set goals for himself and he said that with the shape the country is in now, people need goals to keep them going and to give them something to strive for.

Because rowing has its ups and downs Gardiner said that it has better prepared him for the ups and downs of life. "Rowing has made me see that if things are going bad they can always improve. Rowing gave me strength and confidence and it made me feel that I can do anything if I try hard enough."

Although he is still rowing, Gardiner is more interested in his teaching career and in helping students. He says that he enjoys teaching because he likes to see his students grow, to leave with more ability than they came with. He not only grades on ability but also on growth and effort. He believes in working according to abilities and trying to make those abilities grow.

Gardiner looks back on his rowing days with fond remembrances. "Through all of my experiences I have had the opportunity to meet and call my friends some truly great people. It has been a good life so far, a little lumpy some times, but that's what makes the good gooder."

HCC's 'hottest legit singer' aspires to world renown

by Kevin Kerr

Strains of *Old Man River* and other favorite songs have been filling the cafeteria recently. One can catch bits of opera or brush up on Broadway fare when Brian Montgomery is taking

requests. **MUSIC** Montgomery is the hottest legit singer to ever come out of Highline," said Gordon Voiles, music instructor at HCC. A 25 year old native of the Seattle area, Montgomery is an up-and-coming opera star who hopes to break into the international music scene.

Coming from a musical family, Montgomery has always liked music. "My mom teaches piano and organ, and I played the violin for four years before high school," he said. "Except when I got to ninth grade, football was in, violins weren't."

Montgomery continued to dabble in music throughout high school, but after spending two years in Bolivia, he decided to make opera his life goal.

"I learned a lot in Santa Cruz (Bolivia), mostly discipline. That was 1978, and I set my eyes on New York. I like light, Italian operas, but I can sing many different kinds. I want to become one of the top baritones in the world."

And the budding baritone is well on his way. After placing second in the Metropolitan Opera Regional contest, both the Portland and Eugene operas have asked him to audition. Montgomery is also working with the Seattle Opera Association.

"I coach at the Opera two times a week.



Brian Montgomery

It's part of my training...I won their audition last year. Hopefully I may do something with them next season."

Montgomery keeps his weeks full aside from the Opera. Not only does he maintain his classes here at Highline, he also works forty hours a week. Montgomery came back to Highline because it's "home" for him. He spent a year at Brigham Young University, deciding to continue his general education closer to his roots. But he maintains that his music comes before school.

"My first opera role was with the Civic Light Opera in 1979, and one of my biggest roles was in *Cinderella* with the Utah Opera Theatre...I also like doing musicals with the local Pacific Lively Arts."

Montgomery has just finished a run with PLA's production of *Carnival* and is looking forward to this spring when he goes to Arkansas to do several operas, including the *Magic Flute*.

"The *Magic Flute* is a fun opera — a romp. I like it because it's just a bit of

fluff." The baritone also confides that his favorite opera is *Rigolotto*. "It's a vocal challenge. I enjoy the effort it demands. It is satisfying."

But Montgomery admits he has a ways to go, especially with such productions as the Wagner cycles so popular in Seattle. "I'm just not ready for that yet. Wagner takes a lot of endurance and is really written for heavier, older voices."

Montgomery can still be found in the school cafeteria, singing to his heart's content. Just ask him for a favorite aria.

Vocal Ensemble tours northward

The 25 men and women of the Highline Vocal Ensemble sing their way over the border today after beginning a four-day tour in northern Washington yesterday. The ensemble will be working their way as far north as Vancouver.

Performances range from an assembly at Blaine High School to a secular-sacred concert at Calvary Baptist Church in Coquitlam, B.C. Selections vary from Bach's *Alleluia* to *It Might as Well Be Spring* by Richard Rodgers.

According to ensemble Director Gordon Voiles, the tour serves a learning function as well as being a lot of fun. "We must be prepared for different types of programs," he explained, "such as a mixed bag for high school and college audiences, all-sacred for church services and a program suitable for retirement homes, such as Wesley Gardens or Judson Park."

The ensemble usually tours the Vancouver, B.C. area every other year, performing in the Portland area on alternate years. "The group generally returns very enthusiastic because of fine audiences responses," Voiles added.

Tarolyn Kirby, who toured with the ensemble to Portland last year, recalled that students "do get to see how travelling on the road is a lot more work than fun."

She also noted how the tour seems to form or reinforce ensemble member relations and/or disagreements.

Highline students will have an oppor-



Vocal ensemble members do some pre-tour fine tuning.

photo by Lee Klein

tunity to hear the tour program March 12 at noon and March 14 at 3:30 p.m. in the Artist-Lecture-Center.

The tour is sponsored by the HCC music department and financed with student activities funds.

'Quest' a fascinating rendition of the past

Quest for Fire, starring Everett McGill, Ron Perlman, Nameer El-Daki and Rae Dawn Chong, opens tonight at the UA 150. Rated R. ★ ★ ★

by Will Hartley

Finally! A foreign film that doesn't lose it in the translation. Without the aid of subtitles or English dubbed in so poorly as to make the original actors look like buffoons, Quest for Fire finally does it.

How do the makers of a Canada-France co-production do it? Easy — set a movie during the dawn of man when he was capable only of grunts and a few formed words (otra, arrrrg, ungow, etc.) But is it really that easy?

Anthony Burgess and Desmond Morris take on the task of creating a language and body gestures that provide a fascinating depiction of that time period while effectively communicating just what's going on. It is interesting. Credit should be given to screenplay writer Gerard Brach and original novel writer J.H. Rosny for their interesting ideas.

Quest for Fire is the story of the Ulam tribe (cave men) in search of fire. At the time, humans were not able to create fire, so it had to be acquired from nature and nurtured at all times.

The Ulams are attacked by the Wagabous, a hirsute gang that's a step or two down on the evolutionary ladder, and lose their fire. This scene seems to provide an almost refreshing form of violence — innocent, yet ugly. A struggle for survival. Not at all like the standard film ploy of romanticized brutality.

Without fire, the Ulams would surely perish, so they send Noah (Everett McGill), Amoukar (Ron Perlman) and Gaw (Nameer El-Kadi) out to find some more.

Along the way the hunters encounter cannibals, mastadons, saber-toothed tigers and the Ivaka tribe, which eventually teach them the art of creating fire with friction sticks.

MOVIES



Noah (Everett McGill) gets a hard time from the Ivaka tribe, but it's all in good fun. The Ivakas, friendly bunch they are, wind up giving Noah five plump females for the evening and the ability to create fire.

The animals are imaginative and unintentionally amusing. The saber-toothed tigers are nothing more than lions with butch cuts and dentures. Indian elephants covered with shaggy mops of fur and shot at camera angles which make them appear 30 feet high make for somewhat believable mammoths.

The journey takes the trix over an uncountable number of different terrains. This is nice for variance, but bad for technical believability as they are on foot. Perhaps they hopped pterodactyls between the locations of Canada, Scotland and Kenya.

The journey also take Noah over Ika (Rae Dawn Chong), a persistent Ivaka maiden who lights HIS fire. With primitive style sex introduced earlier in the film and

the Ivaka tribe hundreds of years ahead of the Ulams, it's inevitable that Ika introduces Noah to the missionary position — truly a pre-Cretin screen sizzler.

Meanwhile, Amoukar and Gaw provide light but predictable comedy relief.

Quest for Fire is billed as a "science fantasy adventure" and rightly so. True, the movie does not contain intricate dialogue, a complex story line, Diane Keaton or William Hurt, but it does give the viewer a fascinating version of the past. True, anthropologists and historians will scoff at the inaccuracies, but the characters tend to gain audience sympathy anyway. Quest is different, interesting, occasionally revolting, lightly humorous and entertaining.

Soroptimist scholarship Recently awarded to HCC interior design student

Kathryn Elmore's next three quarters at Highline will now be \$400 easier, thanks to her interior designing experience and Seattle's South Soroptimist Club.

The Soroptimists have recently awarded

INTERIOR DESIGN

Elmore a scholarship offered to area women re-entering the work field and are looking to further their training. An interior design major since last winter, she will apply the scholarship towards completing Highline's Interior Design Program.

Elmore's field experience includes her first freelance contract in which she is presently coordinating the architectural design of some additions to a Des Moines home.

"That includes wall placement, traffic control, room location and some economic planning," she explained. "They'll contract my services for the actual interior designing when the architectural portion is done."

Over the summer, co-op work experience entered the Elmore repertoire when she worked at Design Center Northwest in the Glacier Showroom. "It was a good hands-on experience and I got to meet architects and other designers."

Elmore's interest and abilities for interior design stems from her previous experience in art and textiles.

"I found it an easy transition," she said of her conversion from part-time seamstress to full-time interior design student. "A lot of the women in the program have a similar background." Her art background comes from junior high and high school, classes at Highline, and her mother.

Ambitions of interior designers seem to lean towards the aesthetic and Elmore is no exception. "My goal is to make man's environment a more pleasurable place to be. Everyone needs an environment to come home to, to retreat to, a place to have their thoughts."

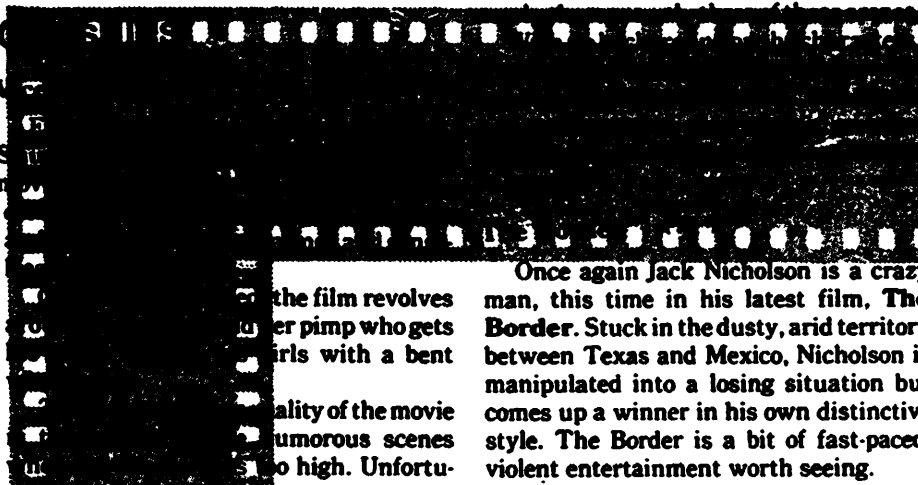
"An environment should match an individual's personality and characteristics," she added. "For example, zig-zag lines are good for someone who's busy. They're good wherever work needs to get done. Wavy lines are calming."

Red, according to Elmore, promotes thirart (next time you're in a tavern, notice what color is prevalent).

With society's constant change and technological advancement, today's interior designer is basically a jack-of-all-trades. "To this particular person, that is true. I've had to live that way, but it's all very exciting. There's always something new (in interior design). They're always developing new designs and techniques."



Kathryn Elmore



the film revolves
er pimp who gets
girls with a bent
ality of the movie
umorous scenes
o high. Unfortu-

Once again Jack Nicholson is a crazy man, this time in his latest film, The Border. Stuck in the dusty, arid territory between Texas and Mexico, Nicholson is manipulated into a losing situation but comes up a winner in his own distinctive style. The Border is a bit of fast-paced, violent entertainment worth seeing.

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Overseas employment on display

by Theresa Jones

Students thinking of working overseas can learn about others who have at the Global Awareness exhibit in the Library (fourth floor).

The various newspaper articles, maps and photos on display cover several worldwide topics from international cooperative education to ecology to trade. Business Instructor Frank Albin and Jack Pierce of Far Eastern Studies created the exhibit to interest students in Global Awareness.

According to Ann Toth, Cooperative Education director and Highline representative to the Pacific Northwest International Intercultural Education Consortium (PNI/IEC), Highline is a culturally mixed college with limited interests in international affairs.

"We have to be aware of the world's other countries," Toth said. "Global Awareness is for the purpose of bringing people together as world citizens."

For the future, Toth, Albin and Pierce, along with PNI/IEC, hope to institute an international program into the Highline curriculum. This program will help to prepare student for careers overseas in industry, banking, government or as interpreters, just to list a few. So far, Highline has received a Title VI grant for this project.

Toth noted that the main purpose for the program is to stimulate and teach students the value of learning a foreign language and to let them become aware of the careers and opportunities overseas.

"Students should learn a second language. Americans are ignorant of languages. Through language comes understanding and prejudices fall by the way side."

Presently, the International Cooperative Education program is placing students overseas for 10 weeks in countries such as Germany, Switzerland and Spain. The main requirement to become a candidate for the program is to be able to speak a foreign language fluently.

Highline Happenings...

A wee bit of books...

The library makes their contribution to St. Patrick's day with a selection of books on Irish folklore. The display began earlier this week and will continue until St. Patrick's day (March 17).

Show Offs...

Spring is the time for Highline students and staff to strut their stuff. A variety show has been tentatively set for late April and all campus talent is urged to perform. For information and sign-up, contact Denny Steussy in Bldg. 8, room 201 or call 878-3710, ext. 256.

Folk and Pattern...

Experts and novices alike can enjoy a free folk and pattern dance to be held in Bldg. 8 on March 13 at 7:30 p.m.

Singin' Strings...

Culture comes to the Artist-Lecture-Center with the Northwest Chamber Orchestra performing on March 9 at 7:30 p.m. Admission will be \$2.

Choral Concerts...

Fresh off of their Canadian tour, the Highline Vocal Ensemble will be giving students and faculty a taste of numbers from the tour on March 12 at noon and March 14 at 3:30 p.m. in the Artist-Lecture-Center.

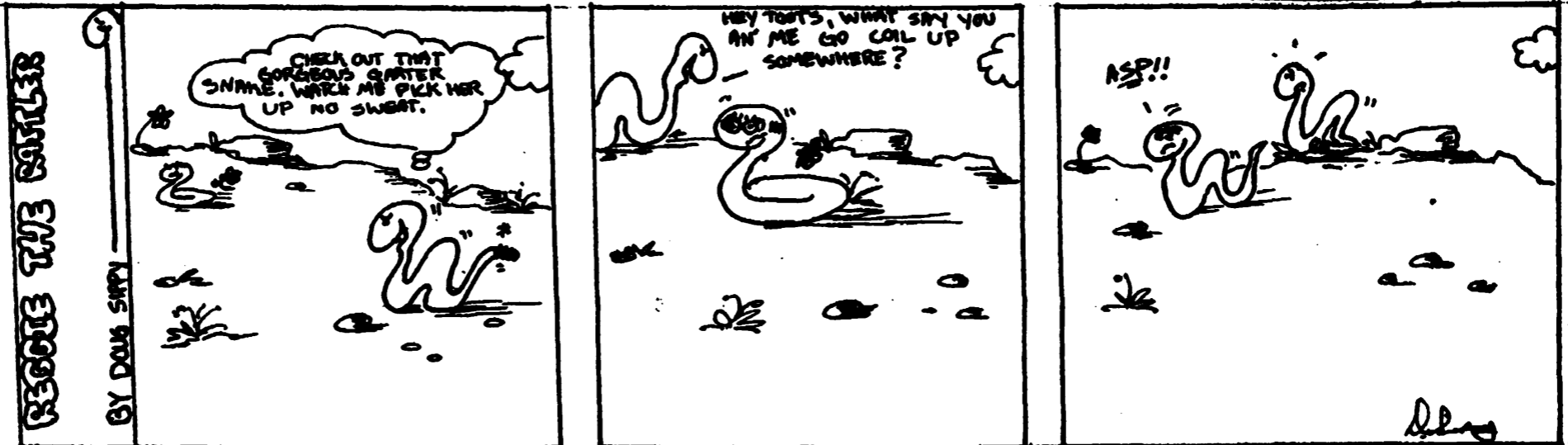
Wednesday Knights...

Join Richard Harris and a few of his armor-clad pals when the HCSU presents the last of the Winter film series, Camelot. The round table rolls at 2, 5, and 8 p.m. on March 10 in the Artist-Lecture-Center. Be there or it's off with your head.



The Winner(s)

These lovely ladies had enough votes to win Judy... the title of Highline's most out... legs. Last week's contest also... in two other categories: T... (sexiest legs) and R... (most aesthetically...)



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Schimmelbusch spices HCC with European flavor

by Ron Del Mar

Some people give the impression of being capable of conquering any obstacle that life might throw at them. They are a proud breed, whose persistent determination spells success with virtually any endeavor.

Gisella Schimmelbusch, Highline's German and part-time logic instructor may or may not fit this stereotype to a tee, but life has presented her with a few obstacles to climb and she has conquered them.

She was born in Guestraw, a small farming community in East Germany. She later studied medicine in East Berlin for a couple of years before fleeing in 1960 to seek a new life in America.

Communism was just beginning to take hold of East Germany when she departed. Schimmelbusch could foresee what lay in her country's future and decided to get out.

"I felt stagnant as a person," she said. "I was grabbed by some adventurous spirit. When I finally made my decision to leave, it was a quick one."

Up until then, she had never seriously considered leaving. Schimmelbusch explained that there existed a "sacrificial idea" among those East Germans opposed to communism. Many were willing to stay in hope that communism would someday be repressed. They wanted to be there so there would be some type of base on which to establish a democracy.

Also, life on medical students was "pretty soft". The government was paranoid that it would lose its grads to the west.

"In 1959, 840 students were accepted into the school of medicine," she explained. "They were hoping that 400 of these would graduate and maybe 100 would remain to practice in East Germany."

"They pampered us because they wanted us to stay."

"I felt stagnant as a person."

However, the government began putting pressure on the students to become more politically involved in the communist movement, according to Schimmelbusch. They tried to get the students to visit West Berlin and spread propaganda on how life really wasn't so bad in the east.

But Schimmelbusch could see that life really wasn't so good. Farmers were being forced to give up their land. Many farmers couldn't put up with sharecropping for the government and managed to escape. Others chose to commit suicide rather than live under communism, according to Schimmelbusch.

She fled East Berlin less than one year before the famed Berlin Wall was built, separating east from west. After a brief stint with an American military family in West Berlin, she and her husband to be trekked to America in 1961.

Schimmelbusch had hoped to continue her study in medicine upon arriving in the U.S. However, she soon found that American medical schools were discriminatory toward women, something she had had to cope with in Berlin.

"In Berlin more than 56 percent of all med students were women," she said. "There was a constitutional guarantee for equality for women."

However, Schimmelbusch mentioned that things have changed for women in the past decade. The divorce rate had climbed considerably with the liberated woman. With legalized, state-funded abortions and people fleeing the country, the population growth was suffering, according to Schimmelbusch. In the late '60s the government retaliated.

"I feel that there is now a more conscious effort to keep women from advancing to top jobs," she said.



Dr. Gisella Schimmelbusch, HCC instructor, is a strong advocate of the no-nonsense approach to education. She considers herself a strict teacher. "The fun comes in achieving."

photo by Lee Klein

When the doors began to close in American med schools she began to look elsewhere.

"I'm kind of a proud woman," she said. "I didn't feel like I had to take the discrimination."

Schimmelbusch became interested in the area of Germanic studies and found the language school at the University of Washington very receptive. She entered the U.W. in the fall of '61.

As Russian is the primary foreign language taught behind the iron curtain, Schimmelbusch had not had much exposure to the English language.

"I was very busy with my studies along with gymnastics and swimming," she said. "I never dreamed that I'd ever need to know English even though my mother always told me that English was the most important language for a girl to know."

She managed to pass an English competency test upon entering the U.W. but admitted that she was placed at a higher level than she actually was. Schimmelbusch recalled that many of the test questions were based on the book *East of Eden* which she had just gotten through reading in German.

With her deficiency in the English language, Schimmelbusch said that she really had to push herself to keep up.

"The instructors made it clear right away that I wasn't going to get any special treatment," she said. "This was an incentive for me to work harder."

"My first year was a real struggle," she added. "I got a real introduction to the American way of life."

She finished her B.A. in August of '62 and started work on her Masters the following September. She has been teaching German at HCC since 1966.

Having received her primary education in the much more academically oriented European schools, Schimmelbusch sees a deficiency in the quality of American high schools.

"They (the high schools) don't serve any function the way they are set up here," she said. "Most classes must be taken over and they don't provide trade opportunities."

"My first year was a real struggle. I got an introduction to the American way of life."

"I find that students aren't prepared for college coming out of high school the way they are in Europe," she noted.

"There is relentless pressure on students. If you don't succeed, you're looked upon as a failure because you've wasted the government's money."

She feels that American students are intellectually cradled their first 12 years of school. Everyone seems to agree not to work students too hard, according to Schimmelbusch. American high schools conform to the standards of the lowest without challenging the brighter students. "Our high schools need a revision," she said.

In spite of her criticism of American high schools, Schimmelbusch sees the American university system as being the finest in the world.

"Colleges in America provide the greatest flexibility of any school system in the world," she said. "Students are given a choice of what they want to do. There is no pressure as far as having to succeed, sticking with a major or putting a time limit on when education has to be completed."

In East Germany students have to sell their souls to the system, according to Schimmelbusch. The government pays for schooling, but students must complete their university work in two years and cannot change their major once they've decided on one.

"There is relentless pressure on students," she said. "If you don't succeed, you're looked upon as a failure because you've wasted the government's money."

Schimmelbusch considers herself a strict teacher. She really demands performance in her classes.

"My classes aren't fun and games," she noted. "The fun comes in achieving."

Schimmelbusch has lived in the United States for about half her life. Although she is as American as apple pie, she has managed to retain a certain European flavor and spark.

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Bolinger and assistant Steve Stamps explain strategy

T-bird cagers...

Highline's Thunderbirds basketball teams are on the road to the state championship finals. Both teams finished the season with best records in the state. The men slated a 24-2 mark while the women came in at 23-2.

During the season the lady T-birds had the longest winning streak in the state. They started their 21 game onslaught on Dec. 11 and were finally stopped on Feb. 22 by the reigning National AAU champion Seattle Seabaskets.

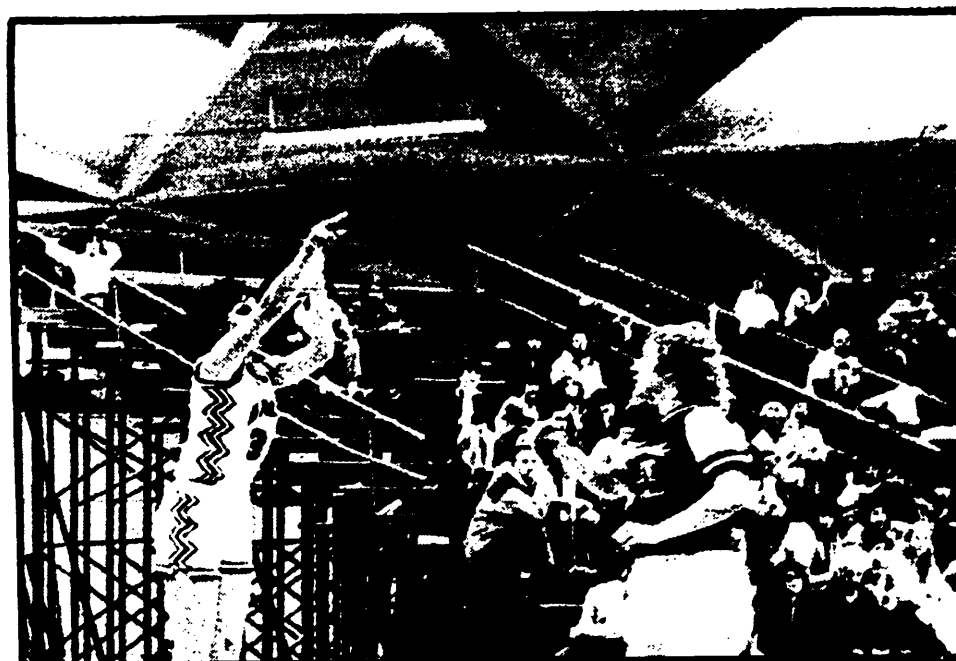
The women made it to the final four by defeating Yakima Valley. They go on to face Lower Columbia tonight. If victorious they'll go on to the final game against an opponent to be determined.



Jan Armstrong (20) towers over a Seabasket opponent.



Trish Armstrong (24) battles for the board in action against the Seattle Seabaskets.



Jane Snyder directs a shot toward the basket.

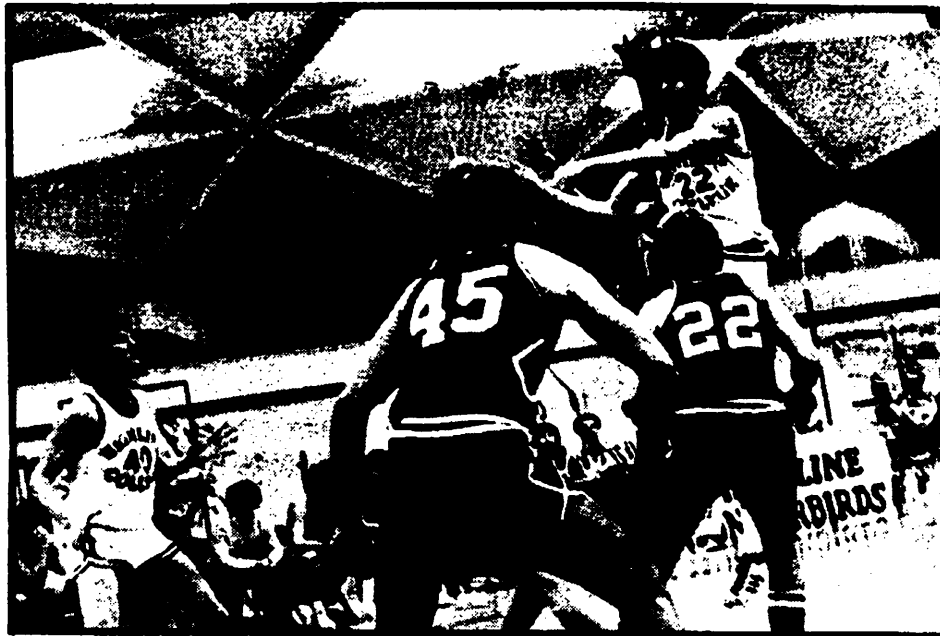
Reaching for the top



Fred and the boys take a breather.

The men suffered only two losses, those coming to non-conference teams. The first loss came to North Idaho, reigning NAIA champions. Brewster Packing, defending national AAU champion was the only other loss for the T-bird men.

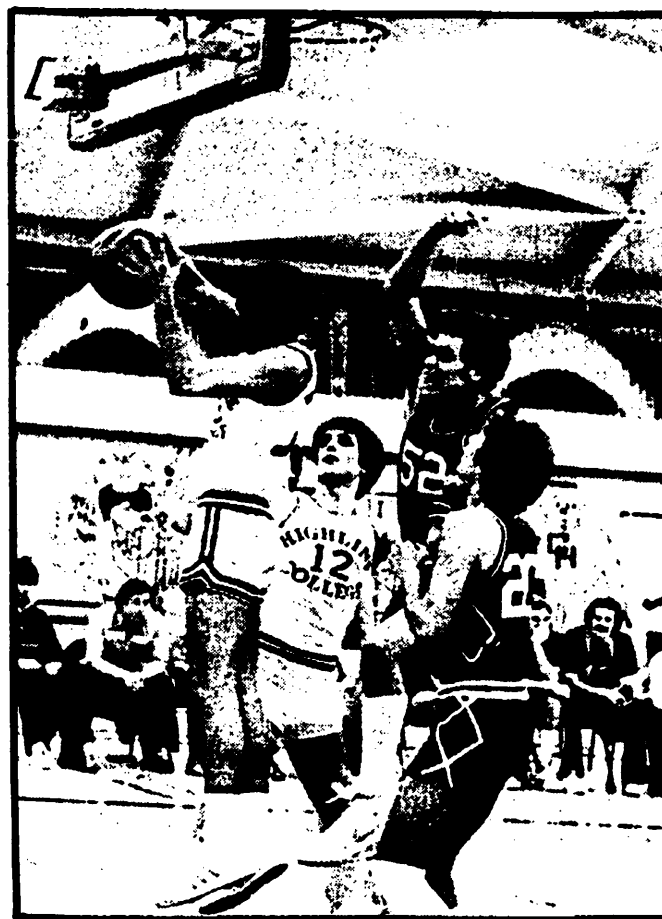
Highline will face the Tacoma Titans in semi-final action. It earned the right to go on in the tourney by defeating Green River. The men's tournament is being held at Walla Walla.



Reese Radliff (22) soars through the air, spotting Jeff Valentine (40) in mid-flight.

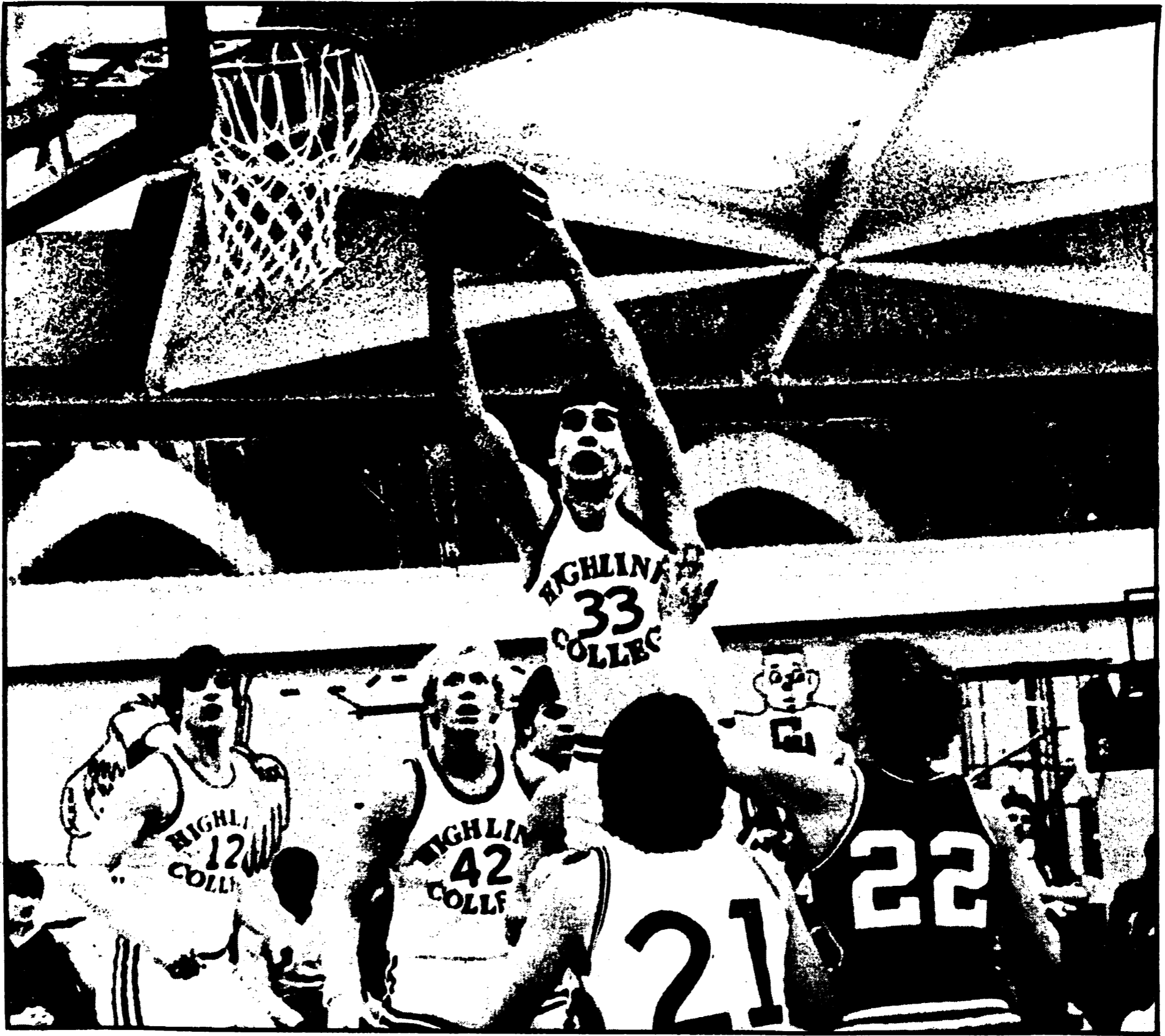


Ross Beard (30) screens off an Edmonds opponent.



Dan Sargeant rips down a rebound.

photos by Jeff Andrews
story by Mark Keaty



It's all mine! Dan Sargent (33) snags a rebound with the support of teammates Steve Turcott (12), Arnie Fokkema (42) and Jim Brandt (21). Thaddeus Treppanier (22) of Edmonds looks on hopelessly. Highline won the contest 129-89.

photo by Jeff Andrews

Hoopsters title bound, seek two wins

by Jeffrey J. Andrews

The Thunderbird's men's basketball team has started its drive towards supremacy, and by the end of the weekend they hope to be parking in the spot marked for champions.

Highline's trek to the top began last weekend as the T-birds trounced the Green River Gators 119-96, in second round action of the Washington Athletic Association of Community Colleges state tournament.

Green River started off fast by scoring the first basket. The two teams traded baskets for the first two minutes as the Gators held their only lead of the contest 6-4.

The T-birds then ran off nine straight points to take a 13-7 advantage. From the 15 minute mark on, tough Highline defense opened the game up.

Highline went on another 8-2 scoring run, escalating their lead to 17 points with 11:27 remaining in the first half, by a margin of the best in the highline basketball game.

At the 10:00 mark, Green River held the lead 21-19. Highline's defense held the Gators to a 1-10 run in the second half.

The Thunderbirds led 33-23 at the end of the first half. Highline's defense held the Gators to a 1-10 run in the second half.

straight points stretching their lead to 74-43.

The T-birds showed their usual unselfish team play with fast break passes coming from Radliff and Joe Callero. Tough board work and a quick outlet pass from Jeff Valentine produced a fast break bucket from Callero at the 16:37 mark of the second half.

Clay Williams of Green River tried to keep the Gators within striking distance as he went on a five-point scoring spree of his own.

At one point during the contest Highline held leads up to 35 points but scrappy play from Williams and Gator teammate Danny Zyskowski trimmed the lead to 23.

Radliff pumped in 33 points to lead all scorers. Callero followed in line for the T-birds scorers with 16 points. The Gators were led by Williams and Zyskowski who scored 22 and 20 points respectively.

The Thunderbirds showed their depth as Jerome Sampson and Terry Renner came off the bench to score 10 points a piece.

In the first round of the season contest of the highline Thunderbirds played host to the Tacoma Community College. Highline had no problems with the Titans, outscoring them 74-43.

The Thunderbirds led 33-23 at the end of the first half. Highline's defense held the Gators to a 1-10 run in the second half.

ing all scorers was Radliff with 25. Valentine added 18 points while Charlie Marquard bolstered the team totals with his 17 point performance.

Renner was the recipient of several fast break passes, which attributed to a 16 point effort.

Highline earned a bye for the first round of the playoffs by virtue of its Region I winning record of 12-0. An overall record of 24-2 was the best in the state.

Tournament play continues this weekend as the men will travel to Walla Walla. Their first opponent is Tacoma Commun-


ity College. Winner of this contest will play the winner between Centralia and Walla Walla.

Coach Fred Harrison refuses to look ahead to the final game. "Right now Tacoma is the team to beat, we play them first."

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Women take high hopes to Wenatchee

by Mark Keaty

Highline's womens basketball team entered the Community College State Tournament with the best record in the state. They are Region I champs with a 10-0 mark and 23-2 overall.

The Thunderbirds opened tournament play against the Yakima Valley Indians, on Feb. 27. Yakima Valley came into the tourney with a record of 20-7.

Highline took the lead on its first shot of the game and never looked back, taking the victory 69-45.

A near capacity crowd saw Highline run-off the first eight points of the game. Yakima Valley broke the drought at the 15:33 mark with Janelle Bailiffs jump shot.

Highline had leads up to nine points in the first half. Yakima Valley battled to within three points with 1:56 showing on the clock, but could not get any closer. The T-birds took a seven point lead into the locker room, 30-23.

In the second half the roof caved in on Yakima Valley. Highline jumped out to a quick 10 point lead and then put the clamps on Yakima Valley's offense.

The Thunderbirds settled into a 2-3 zone and made Yakima Valley shoot from the outside. Highline's defense held Yakima Valley to 22 second half points.

"I thought we played good defensively," said Coach Dale Bolinger, "So did Yakima."

Both teams had trouble shooting from the field. Highline shot 29-66 and Yakima Valley shot a cold 17-69.

Julie January led all scorers with 18 points. Debbie Borland had another strong game tallying 12 points and 13 rebounds. Jan Armstrong put down nine points, while sister Trish grabbed 10 rebounds.

Highline committed 25 turnovers to Yakima's 16. The T-birds took the edge in rebounding 69-52.

The other teams that made the semifinals are Wenatchee Valley, Lower Columbia and Everett.

Wenatchee Valley, the reigning state champs for the past three years demolished Fort Steilacoom 95-65. Everett took care of Spokane Falls 73-63 and Lower Columbia defeated Skagit Valley 73-65.

Highline's next opponent in the tournament will be Lower Columbia at 7 p.m. and Wenatchee Valley plays Everett at 9

p.m. The tournament is being held at Wenatchee Valley Community College.

Coach Bolinger thinks that Lower Columbia will be the toughest team they face in the tournament.

"They'll start the biggest team in the tournament," said Bolinger. "They have been playing well the last three quarters of the season."

Highline geared up for the playoffs on Feb. 23, by playing the Seattle Seabaskets. The Seabaskets are the reigning national A.A.U. women's champions.

The Seabaskets unraveled on the T-birds 60-53, ending Highline's 21 game winning streak.

"We were in the ball game playing against a good team," said Coach Dale Bolinger. "I was real proud of them for that."

Seattle moved the ball around well. They used a motion type offense to confuse the T-birds early. Defensively the Seabaskets shut down Highline's potent offensive attack.

"They made more adjustments defensively," said Bolinger, "They are more experienced defensively."

Highline made a run at the Seabaskets at the end of the first half. They cut the Seabaskets' lead to two at the half, 28-26.

Jan Armstrong's basket at the start of the second half tied the score at 28. That was as close as the T-birds could get. Seattle's fast-break and tenacious defense took command of the game.

Bolinger had high praise for Debbie Borland's play.

"She played real well," he added, "She had more individual success."

Borland notched 12 points and grabbed 11 boards. Trish Armstrong popped in nine points and ripped down 15 rebounds, and Julie January came in with seven points.

Both teams had trouble shooting from the floor. The T-birds shot 29 percent (19-65) and the Seabaskets shot 33 percent (19-58).

Highline had the advantage in rebounding. The T-birds yanked down 58 and the Seabaskets snatched 48.

The Thunderbird women ended their region I play on Feb. 17 against the Bellevue Helmswomen.

Led by Jan Armstrong's 15 first half points, Highline sailed past Bellevue 81-65. Armstrong finished the game with 22



Kelly Lyons concentrates at the free throw line against the Seattle Seabaskets.

photo by Jeff Andrews

points and 15 rebounds.

In the early going Bellevue played Highline tough, matching basket for basket. Then the T-birds took flight, running off 14 unanswered points. Highline took a 47-27 lead into halftime.

The second half was all Highline. They played good defense and controlled the boards to take the victory.

Highline had a well balanced scoring

attack. January tossed in 16 points, Jane Snyder added 15 points and Kari Rocco contributed 12 points. Kelly Lyons handed out 10 assists.

Bellevue shot a poor 36 percent (27-76) from the floor while Highline put down 46 percent (36-79).

The T-birds pulled down 63 rebounds to the Helmswomen's 49.

Swimmers outclass field in championships

by Chris Chance

The T-bird swimmers easily defeated their opponents at the Small College Championships, Feb. 19-20, at the Evergreen State College pool.

The final score showed Highline on top with a combined score of 1104 points. Second place went to Evergreen with 464 points, followed by Portland Community College with 452 points.

Vicke Chovil and Shawn Wolf made it look easy for the women, as the two combined for 9 victories out of the 11 individual events held.

Chovil claimed five first place finishes, winning the 50-yard fly (30.05 seconds), the 100-yard fly (1:07.62), the 50-yard breast stroke (36.36), the 100-yard breast stroke (1:17.95), and the 100-yard medley (1:07:55).

Wolf took four first place finishes of her

own. She swam at a 28.55 pace in the 50-yard freestyle, while in the 100 freestyle, she finished with a time of 1:00.31. Wolf also won the 50- and 100-yard backstroke events.

The women's cause was supported by Laurie Malnerich, who chipped in with three second place finishes.

The T-bird men were led by the first place finishes of Dennis Swanson, Mark Korvas, Dave Sampson, and Tom Leonard.

Swanson grabbed first place in two events, the 50-yard freestyle and the 50-yard backstroke. His times were 23.58 and 28.84 seconds, respectively.

Korvas won the 50-yard breast stroke, finishing in 32.19. Teammate Bob Jorgensen was close behind with a 32.55 clocking.

Sampson took the 200-yard freestyle with a time 1:54.83. Leonard won the 100-yard version, just nipping teammate Swanson 51.25 to 51.31.

The men's dominance of the meet was typified in the 50-yard freestyle. Highline swimmers finished first, second, third, fourth, and sixth.

The Small College Championships end the season for the swimmers. They completed the year with a record of 10-2.

Featuring: Vicki Chovil

by Jill Stevens

Highline's swim team captain, Vicki Chovil is graduating next quarter after leading her team to a season of only two losses.

Chovil has been swimming since she was very young. She now is a water safety instructor and teaches lessons at Twin Lakes Country Club in the summer where she learned to swim herself.

Chovil has also swam for Highline Swim Club in Burien and at the same time for Federal Way High where she graduated in 1980. The butterfly is her favorite race to swim, she said.

Chovil had more competition swimming for the swim club. She claimed the competition wasn't that great for Highline



Vicki Chovil

this season, because the eight-man, eight-woman team had only five opponents and swam against each of them two or three times.

"Dedication," she says is what makes a good swimmer "and a natural feel for the water."






Chovil has been very busy practicing with the team daily and also working as a lifeguard mornings in addition to her classes here. She doesn't find it difficult to keep up with it all and says it may even help because she has no time to waste.

After graduating after Spring Quarter, Chovil plans to transfer to Central Washington University and major in Business Administration. She looks forward to swimming on Central's team saying she'd probably swim again.



A live broadcast of the men's tournament basketball game from Walla Walla can be heard on radio station KGRG 90 FM. Friday at 8:45 p.m., Sat. at 7 or 9 p.m.

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>EVENTS</h1>				March 5 • Basketball State Championships Women's — at Wenatchee valley, 7 pm Men — at Walla Walla, 7 pm • Thunderword Distribution	6
	8 • HCSU meeting, 2 pm, council room. • Medical Office Simulation, Bldg. 26, room 121 • Northwest Chamber Orchestra Concert, 7:30 pm, Bldg. 7 \$2.00 Admission • Washington Public Employees meeting, noon.	9	10 • HCSU Film "CAMELOT" 2, 5, 8 pm, Bldg. 7. FREE • Medical Office Simulation, Bldg. 26, room 121 • HCC Senate meeting, 3 pm, 5th floor library	11 • Medical Office Simulation, Bldg. 26, room 121	12 • HCC Choral Concert, noon, Bldg. 7. FREE
15FINALS.....	16 • HCSU meeting, 2 pm, council room.FINALS.....	17 • Ski Club meeting, noon, Bldg. 7.FINALS..... 	18FINALS..... 	19 • SPRING BREAK STARTS.....	13 • Folk & Pattern Dance, 7:30-11:30 pm. FREE 14 • HCC Choral Concert, Bldg. 7. FREE 3:30 pm.
22 • NO SCHOOL	23	24	25	26	27 
29 • Spring Quarter Begins	30 • HCSU meeting, 2 pm, council room.	31	April 1 	2	3

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