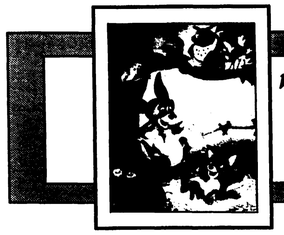


Walt Disney classic returns...

See page 5

Track off and running...see page 7

Thunderword

Volume 27 Number 11 | Serving Highline Community College with Excellence | Friday, April 8, 1988

New student rights policy redefines freedoms

By Karen Cooley

A new set of student rights and responsibilities was passed by the HCC Board of Trustees on March 10, after being reviewed by the state Attorney General for approximately five years.

The plans for the new student code were originally started in 1983 by the student government. Now approved for implementation, the new code is an updated version of the college's 1971 student rights policy, which has become increasingly outdated over the last seventeen years.

According to Bruce Mackintosh, coordinator of student programs at HCC, "The old policy reflected social concerns." Explained Mackintosh in a recent interview with the Federal Way News, "It was written at the tail end of an activist era when students demanded the right to invite controversial speakers on campus and the right to assemble at the college. This (new) policy reflects consumer concerns."

The new code still provides for such basic freedoms of speech, while offering forms of protection and methods of discipline for HCC students.

A new section of the policy provides for the right of equal protection against any form of discrimination or sexual harassment and offers definitions of the terms. By following the guidelines in the new code, students should hopefully be able to solve either problem at the "lowest practical level with the instructor."

If such a solution is made impossible the new policy details the proper procedure for filing a complaint at a "higher level of involvement".

While the new code may protect students more, it also expects more from students in respect to responsibility, honesty, behavior, and attendance.

For example, cheating is defined as "looking at another student's test, interacting with other students during a test, or using written notes during an exam". According to the new policy, such fraudulent practices are punishable by a failing grade in the class.

In extreme cases of student misconduct disciplinary action may include warnings, probation, suspension, and possible dismissal from HCC.

The new policy was designed with special consideration to emergency withdrawal, a section not covered in the 1971 version.

The president or the dean of students may request an immediate emergency withdrawal of a student if the student's behavior warrants such an action. Instances include causing physical harm to others or property damage.

Just as in cases of discipline, students who are given an emergency withdrawal may appeal to the dean of students.

For similar cases involving emergency withdrawals because of mental disorders, the new policy includes an involuntary administrative withdrawal clause that can be used if a student's behavior poses any danger.

The College Discipline Committee, consisting of faculty members and students, will have fewer members according to the new policy. This committee in association with the president will review any appeals made by HCC students. The final decision regarding disciplinary action will be made by the president.

Copies of the new student rights and responsibilities code are currently being mass produced and will be available soon.

Photo by Diana Baumgart

The Veterans' Memorial, which is located on the west side of campus, is in need of renovation.

Veterans' Memorial awaits remodel

By Ron Kunst

The Highline College Student Senate has responded to student concern about the present condition of the Veterans' Memorial Fountain area, located just south of Building 6.

A committee, headed by student senator Mike Bochantin, has been formed to look into the re-design and renovation of the area. Other people interested in the project include senators Ginny Hansen and Virginia Manning, and long-time student Ron Kunst.

In an informal meeting with Bruce Mackintosh, HCC Student Activities Coordinator, Bochantin and Kunst drew up an informal timetable for completing the project. They are aiming for a re-dedication of the area on November 10, 1988, in time for Veterans' Day.

Upcoming plans are to gather ideas from students, faculty, and other interested people during April. The committee would like as much input from as many people as possible. In May hearings will be held to decide on final plans, with a "Groundbreak Day" set for May 27, just before Memorial Day. In June - October grounds crew personnel, headed by R.Robin Fritchman, director of facilities will perform

In an interview, Fritchman said to restore the fountain to working order is no longer practical because of the looming water shortage. In addition, the large catch basin under the fountain is a liability because there is no protection around it to keep someone from falling in, especially young children. Any plan for re-design of the area needs to take the above two factors into account.

A series of articles on the progress being made is planned for the *Thunderword* during spring quarter. In addition, times and places for the gathering of ideas and for the hearings will be announced in HCC's weekly announcement bulletin "The Beak Speaks."

Enrollment overflow threatens budget

For the last three quarters, HCC's enrollment of Full Time Equivalent Students has increased and while spring quarter enrollment is traditionally low, HCC has approximately 150 more FTE's than last year.

While an increase in enrollment may seem like a good indication of possible expansion and more budget funding, just the opposite is true.

The state of Washington gives each college a certain number of FTE's each year, and HCC is expected to balance enrollment within one percent of the designated number. FTE's are described by the state as full time students taking at least fifteen credits or the equivalent.

Since HCC is currently above average enrollment for the 1987-88 academic year, some courses may be removed from the Fall '88 schedule.

"Either we're doing a great job providing quality education or maybe there are just more students than we can accommodate," suggested Owen Cargol, Dean of Instruction at HCC.

"We're convenient for students because we offer classes that are the same level of instruction as a university but still cost less," said Cargol.

Other two year schools, such as Bellevue Community College, have noticed an influx in their enrollment as well. Many Bellevue students weren't able to enroll in classes needed to graduate this spring. The P-I recently reported that Yakima Valley Community college was "capped at 2,800 full time students."

Unlike other colleges, HCC does not plan to turn away students if enrollment continues to increase. "Once we open registration we give students a chance to get classes," said Cargol. But if just cutting down class schedules doesn't curb enrollment, HCC may face budget cuts in 1989.

News

Television teacher joins production staff

By Ron Hansen

Working as a television film editor has placed Don Franks in numerous cities and career settings and now has brought him to HCC as a television production teacher.

Franks came to HCC last year after teaching production and performance at Bailies School of Broadcasting.

His interest in television dawned when he was a sophomore in high school in Illinois. After entering a speech contest he became hooked on communications and began announcing for school basketball games and swim meets.

After graduating from the University of Denver, Franks began working in television production at an ABC affiliate station in Denver, Colorado. He later bounced back and forth between ABC stations in Denver and Chicago.

Franks then came to Seattle to work for KIRO as a film and video tape editor.

"I enjoyed the job, and I liked the challenge of deadlines," Franks said. "After a while I could have done without the deadlines that they had, but at the start there wasn't any problem."

While still working for KIRO Franks went back to school for his masters degree at City University in Bellevue. However, problems developed at KIRO six months before Franks completed his studies.

"It basically boiled down to a choice of if I wanted to stay at KIRO I would have had to tube the school. So I decided the school was more important."

Franks also admits that he became tired of the day-to-day routine.

"Actually it's a terrible thing to say," said Franks. "But I got bored with all the pressures and the sameness of the stories."

So Franks left KIRO after eight years of work and was replaced by Scott Kruger, an HCC graduate of the journalism/mass media program.

Franks is teaching three classes in the television department: television production survey, intermediate television production, and television news production.

Some of Franks' students find that his classes seem to incorporate broader views of television production than normal study classes.

The intermediate class involves creating a television production. Each student works on a subject requested by a certain department or instructor on campus. The productions are then used as promotional tools.

Recently Franks applied to the University of Washington's doctoral program in education. Even if he begins work on his doctorate, he plans to stay at HCC at least part time.

In his spare time Franks enjoys writing and art. He is presently producing a set of training videos for the asbestos removal industry.

Don Franks takes a mom:nent out of his busy schedule to explain and demonstrate the high-tech capabilities of the television production department's equipment. Photo by Diana Baumgart

Photo by Diana Baumgart

Winners of the February Faculty Senate Recogniton Award, Randall Nelson and Karen Frank display their plaques.

Faculty members honored

By Karen Cooley

Karen Frank and Randall Nelson were awarded with the Faculty Senate Recognition Award in February for their "excellence and superior performance of professional obligations" as faculty members at HCC. The Senate Award is given each month to a full-time and part-time instructor for their outstanding services on campus.

Frank, a full-time math instructor, has also been active as the math department's secretary for the last twenty years in addition to her assistance as a student advisor. "She is an excellent teacher and especially good helping students who have difficulty understanding math and adjusting to the college environment," said a colleague.

While juggling her numerous teaching responsibilities, she has found time to serve as the chairperson of the Tenure Review Committee for approximately five years.

Nelson has been a dedicated part-time faculty member and reference librarian for the past two years and is noted for his creative contributions as the chairperson for the Library Exhibit Committee.

He also teaches occasional courses in photography, foreign language, and the Library Technician Program. Nelson earned a BA in philosophy , a Masters in Library Science, and has completed his coursework for a second Masters in Scandinavian Languages and Literature from the University of Washington.

Grubiak appointed committee head

Assistant Dean of Students, Michael J. Grubiak was recently appointed as chairperson of the national General Education Development Advisory Committee for 1988-89. Grubiak is responsible for the national committee meetings, agendas, policies, and he also is the local chief GED examiner for HCC.

In 1986, approximately 3900 Washington adults completed their high school studies by earning a GED, and 159 of those were earned at HCC. "The GED program is designed for adults whose regular high school program was interrupted," said Grubiak.

Washington residents at least nineteen years of age can pursue their high school education through many of the twenty-seven state community colleges. They receive counseling from faculty members, such as Grubiak, and begin preparation for a series of five tests. GED applicants may choose to enroll in free preparation classes on campus or can use self study methods.

"Individual states are responsible for establishing age restrictions and cut off points for grades," added Grubiak. "In fact, twenty-five percent of high school graduates cannot pass the GED tests. It establishes a standard high enough so that only the top three-fourths of high school seniors can pass. It is definitely not an easy alternative to a high school diploma."

Since it is not meant to be a substitution for a high school diploma, the GED program follows strict age and grade requirements.

However, the GED does offer benefits similar to those of a diploma. Almost ninety percent of colleges that require a diploma for admissions accept the GED as certification of high school completion.

NEWS BRIEFS

Students planing to graduate with an Associate Arts Degree or a Certificate should turn in completed forms to registration in Bldg. 6 before May 20, 1988. The fee is $10.00 except for high school completion students who must pay an additional fee. Forms for participation in commencement, which will be June 9, will be available in Bldg. 6 this month.

The Highline Environmental Club will be holding their first meeting on Wednesday, April 20 at 1:30 p.m. in Bldg. 19, Rm. 105. Albie the clown will perform before the meeting in Bldg. 8 at 11:00 a.m., and all proceeds will benefit HEC.

The newly elected officers of the Paralegal Association are in the process of defining the roles and duties of the association and are exploring ways to promote their group to the student body. Students wishing to get involved can meet with the officers at their weekly Tuesday meeting at noon in the cafeteria, or they can contact Davidson Dodd at Ext. 418.

The Political Science Department in association with the Christic Institute will host a series of lectures entitled 'CIA vs. Democracy' on campus from April 25-30. For more information contact the political science department or the Christic Institute at 824-8486.

A free jazz workshop with the Latin-Salsa jazz group, Bochinche, will take place on Thursday, April 14 in the Bldg. 7 from 11:00 a.m. until 12:00 p.m.

CLASSIFIED

Midwest professional couple needs a six-eighteen month home rental in the Puget sound area. Desire occupancy in the summer of 1988. Non-smokers with no children or pets-willing to care for pets. Please contact William and Lynn Day (612)890-6582 179 Birnamwood Drive Burnsville, MN 55337

BORTHWICK PHOTOGRAPHY

Memories You Can Afford

Weddings a specialty

Bruce E. Borthwick
(206) 243-4720

613 SW 127th
Seattle, Wa. 98146

turn to the Republican

pety.

The Democrats could plead with Jackson tothinkintemlsofwhatisbestfottheparty. If they

Arts and Entertainment

The Fox and the Hound, which is returning to theatres for the first time since its initial record-setting 1981 bow.

Friendship at its best

By Teresa Nash

The second release of Walt Disney Studio's *The Fox and the Hound* was, for me, a much anticipated event. I missed its premier in 1981 because my two-year-old toddler wasn't ready for movie theaters, and more importantly, they weren't ready for him. Now, he's nine, and we both went and had a marvelous time. The show is wonderfully, typically, Disney.

The animation is definitely better than in most current children's feature films, i.e., *Rainbow Brite*, *The Care Bears*, and *The Gobots*. The story line also stays within human parameters, even though animals are portraying these human aspects, and does not rely on mechanized super-human machines to solve conflicts with brute power or furry little magical creatures from a cloud city to "stare" away the problems encountered. The scenic backgrounds have texture, depth, and coherence, unlike those efforts of the "toy commercial" genre of children's cartoons, in which backgrounds are flat and uninteresting.

Directed by Leo Berman and Richard Rich and based on the book by Daniel P. Mannix, the story is about an orphaned fox kit named Tod, who is adopted by Widow Tweed shortly after his mother is killed by hunters, and a hound puppy named Copper, who is owned by Amos Slade, trapper and hunter. Living on adjoining farms, Tod and Copper invariably meet, become fast friends, and pledge undying friendship in the innocence of their youth during the lazy days of summer.

Naturally, the friendship is headed for trouble. As fall approaches winter, Slade packs up and moves to his winter hunting territory, taking Copper and Chief, his older hunting dog. Tod is left with Widow Tweed, lonely and without his friend.

Time changes things, and both Tod and Copper grow physically during their separation. However, Copper also changes from friendly puppy to well-trained hunting dog.

Reunited in the spring, Copper warns Tod that things cannot be the same between them, but Tod finds it hard to believe. He remembers the friendship pledge from the previous summer. From this point in the story, things go from bad to worse for the pair of friends.

Chief catches Tod's scent one day, and a frightening chase ensues. The end result, after several narrow escapes for Tod, is a seriously injured Chief, hit by a train. Copper blames Tod, and Slade vows revenge.

Widow Tweed, knowing he is no longer safe with her, takes Tod to a protected game preserve and releases him. (This was a wonderful opportunity to discuss with my son the inherent risks and responsibilities of owning an animal, and what happens to any animal when it is abandoned and doesn't know how to take care of itself.)

Lonely, lost, and afraid, Tod meets Vixey, a foxy siren that sets his hormones racing—they're "twitter-pated"—and she shows him how to survive in the wild.

Enter Slade and Copper, hunting illegally in the preserve for Tod. Copper picks up the scent and another chase is begun. At one point, trapped in their den, Tod and Vixey break through a wall of fire to escape the hunters.

Disturbed by Slade and Copper during the chase, the biggest, meanest grizzly bear ever animated for the big screen provides a scary ending for the story and a truce between Tod and his enemies. The bear attacks Slade, who is rescued by the heroic efforts of Copper, who then becomes the target for the bear's anger. Eyes red, fangs dripping, claws raking, the bear is set on killing Copper when Tod jumps in to save his friend. Snapping and snarling, the bear and the fox plunge over a waterfall and into the foaming cauldron below.

Tod is washed downstream, half dead and totally exhausted. Slade and Copper, limping homeward, come across him. Slade draws a bead on the bedraggled fox and - - - Copper steps between the two, and pleads, with eyes and whine, for his owner to spare the life of his one-time friend. Luckily, Slade has pity on the fox, otherwise the kids in the audience would be trashing the theaters.

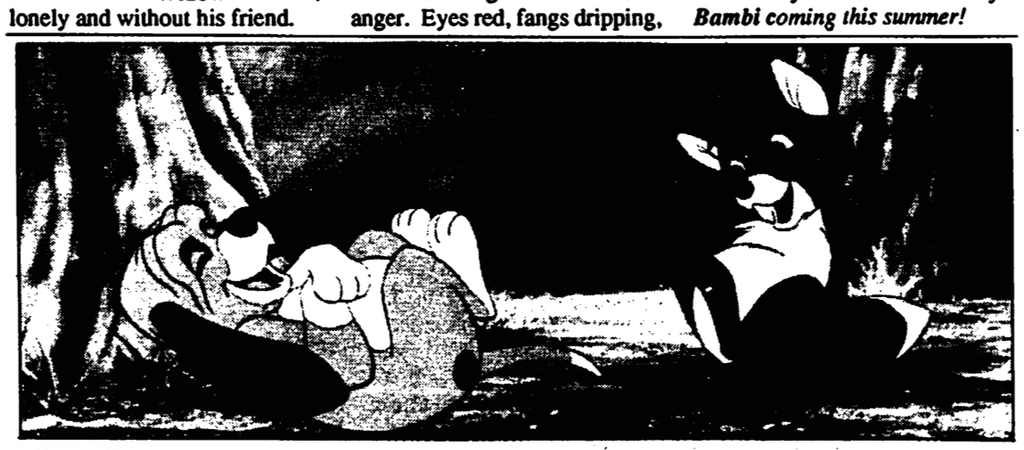
The vocal talents of Mickey Rooney (Tod), Kurt Russell (Copper), Jack Albertson (Slade), Jeanette Nolan (Widow Tweed), Pat Buttram (Chief), Sandy Duncan (Vixey), and Pearl Baily (Big Mamma) were employed with great success in giving the characters more definite character.

Big Mama, a large, motherly, and very wise owl, has an important, but rather small, part in the story. She is the one who brings Tod and Widow Tweed together, and when Tod once again needs help, brings Vixey to him. She also dispatches advice and common sense when needed.

Boomer, a woodpecker, and his side-kick Dinky, a generic bird, spend their time trying to catch Squeeks the caterpillar, and their escapades are a nice side story lending comic relief in several places in the story.

The film runs 83 minutes, uses 380,000 drawings and 110,000 painted cells, and cost $12 million to produce. While not the best of Disney animated feature films, it is certainly not the worst. Both children and adults in the audience seemed to thoroughly enjoy the movie. It's good family entertainment from Disney.

Watch for the re-release of Bambi coming this summer!



Created by the Disney "youngsters", i.e., new, talented, Disney-trained animators, the creation of *The Fox and the Hound* had its problems in production. Halfway through its creation, twelve of the animators left the Disney organization, disgruntled with the quality of workmanship and the saccharine storylines allowed by Disney

Led by Don Bluth, reportedly the most talented of this new generation of Disney animators, the twelve formed Don Bluth Productions. Joining with Aurora Productions, operated by three former Disney executives, these two groups produced two highly successful animated films, *The Secret of N.I.M.H.* and *An American Tale*.

The departure of these twelve artists slowed the production of *The Fox and the Hound* considerably, and threatened the release of *Mickey's Christmas Carol* and *The Black Cauldron*. The happy ending to the " story behind the story" is that audiences everywhere can now sit back and enjoy *The Fox and the Hound* during its current re-release.

REPAIR-SALES-RENTALS
COLLEGE TYPEWRITER SHOP
22311 Marine View Dr. S. Des Moines—98198 878-2100
swintec 2500
Memory 5,000 Characters.
Index Key
Reverse Index Key
Decimal Tab
Automatic Return
Express Key
1Yr. Warranty
Optional SPELLPROOF Interface
Portables • New & Used
olivetti Panasonic
SPRING SALE
List $335. Sale $299.
Limited Supply
TOWA Typewriter-Copiers Calculators

Spring Fest
Barbecue and Dinner Show
5-8:30 pm
Cafeteria, Bldg. 8
Featuring:
The Caribbean Superstars
The Trenchcoats
Bob Bailey III
Tickets available at HCC Bookstore
Sponsored by
The Events Board
and
Murph's Chicken Shack

Arts and Entertainment

Coping with life's losses

By Jay Irwin

Bright Lights, Big City was released nationally all over the country on April 1st but is anything but an April Fool's Day joke.

Michael J. Fox has departed from his wholesome, boy next door image, portrayed in such films as *Back To the Future and The Secret of My Success*, in this latest endeavour,*Bright Lights, Big City*.

The story to *Bright Lights, Big City* centers around aspiring writer Jamie Conway (Michael J. Fox), whose world is crumbling around him. His wife, Amanda (Phoebe Cates), left him to pursue her modeling career in Paris and his mother (Dianne Wiest) died of cancer. All of these thing being too much to bear, Jamie, with the help of his best friend Tad Allagash (Kiefer Sutherland), foolishly turns to cocaine.

In order to make ends meet, Jamie is working at the Department Of Factual Verification for a prestigious magazine owned by a man named Mr. Vogel (John Houseman). Because of his wild nightlife and cocaine addiction, Jamie is constantly late for work, when he finally does get there, his work is far below acceptable standards so he is fired.

As if this wasn't bad enough, Amanda comes back to New York on a modeling assignment. Furthermore, his brother has been calling him endlessly and finally shows up on his doorstep to take Jamie back home with him for the one year anniversary of their mother's death.

Just when everthing seems hopeless, Jamie encounters two beacons of hope. One comes in the form of Megan (Swoosie Kurtz), a former colleague of Jamie's, who offers him the compassion and support he needs. The second is Tad's cousin, Vicky (Tracy Pollan), who goes out with him on a blind date and, unknowingly, gives him the motivation to go through that evening, and possibly the rest of his life, without, as Jamie calls it, the Bolivian Marching Powder.

As for what happens to Jamie, well you'll just have to go to the theatre and find out for yourself. But whether or not you are a Michael J. Fox fan, I think you will enjoy this movie. This was evident to Kevin Richardson a patron at the theatre who previously found Michael J. Fox hard to take seriously.

"Michael J. Fox was effective in showing the kind of fall from idealism one takes as a result of corruption of the big city."

Bright Lights , Big City Was directed by James Bridges, who was nominated for an Academy Award for writing *The Paper Chase and The China Syndrome*. In fact, the cast and crew of this movie together have amassed seven Academy Awards and 13 other nominations. Behind the camera was Jay McInerney, who wrote the screenplay for *Bright Lights, Big City* as well as the best-selling novel of the same name.

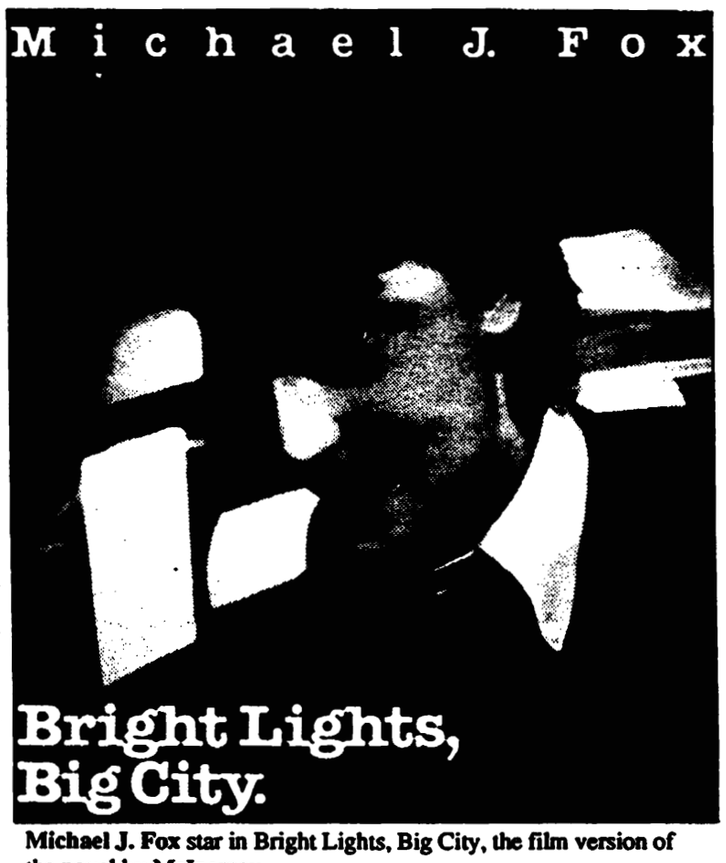
The soundtrack is bound to be a hit considering it was produced by Joel Sill who also put together the soundtrack to *La Bamba*. It features the first score composed by Donald Fagen well-known to music enthusiasts as a co-founder of the rock group Steely Dan.In addition it features Bryan Ferry, Prince, Depeche Mode, M/A/R/R/S, and New Order.

This movie might seem like the most depressing thing ever but it is filled with little humorous comments that keep the movie rolling along.

All in all it was a good movie and definitely worth your $5.00. The music was superb, the acting was excellent, and the storyline was above average.

The only thing in the story that was upseting was the way it over emphasized Jamie's drug addiction by having him stick something up his nose practically every time he goes to the bathroom, and I don't mean nasal spray.

So now we come to the crucial moment, giving this movie some kind of rating. Siskel and Ebert have "thumbs up" and other critics use stars, but I wanted to do something different. Since this is college, there's one clear choice. In the true Highline fashion, think of this as transcript and I give it a 3.5 G.P.A.



Michael J. Fox star in Bright Lights, Big City, the film version of the novel by McInerney, .

Jewelry program shines bright

By Beth Holverstott

The jewelry department at Highline has grown to be a reputable, comprehensive program unique to the West Coast.

HCC's "professional jewelry shop," located in Bldg. 3, is considered by students and professional jewelers alike to be the best instructional facility of its kind in the area because of up-to-date equipment and the extra effort and teaching ability of the instructors.

Hellyn Pawula, jewelry department coordinator and vocational training program director, claims" the way the program here at Highline has been put together is unique for the West Coast because the only other jewelry training schools on the coast are private and expensive."

After looking into the programs of other institutions in the area, Robert Berens, HCC advanced jewelry student, chose Highline's because it is more complete than the others.

"Bar none — this is the top of the line program because of what they offer," Berens said. "I found the cost to be very minimal compared to the other colleges."

Anotl er jewelry student, Pennie Hanel, agrees this program better prepares students for the jewelry business because the curriculum concentrates on the needed fundamentals of the field.

"Hellyn makes sure that all aspects are examined," Hanel said. "Things that happen in the real job world are the kinds of things that Hellyn wants her students to be aware of."

The two-year vocational jewelry program has found great popularity on campus, with five out of the six casting classes overloaded this quarter. Students can earn an Associate in Applied Science (AAS) degree which includes a well-rounded curriculum. Pawula is proud of the program, which features the latest technology in the art of jewelry making. The end results hoped for by many students are the talent and skill necessary to be competitive in the jewelry business either working for another company or, in many cases, themselves.

Student Barens, who entered this field because of restrictions that limit his physical abilities and a longstanding interest, hopes to have his own jewelry repair shop after perfecting his skills and establishing contacts.

Gordon Niles, also a jewelry student, also hopes to be in business for himself after graduation. He hopes to combine his skills with those of his wife, who is an anthropologist, and move to the Southwest to study the arts of the Navaho Indians. There he hopes by learning from the Navahos and using new materials like turquoise and ivory he can develop his own style.

"If you stay in one place and learn from only one person, you are stagnated," Niles said.

Niles who, like the other students has made many rings, braclets and pieces to improve skill, has already sold a few items he has made and hopes to sell more this quarter.

One benefit of selling pieces at this early stage in his career is that Niles is able to purchase equipment to set up his shop at home with the extra earnings. This also helps students afford expensive materials, to work such as silver. In the shop on campus, brass is the material most often used. Although it is harder to work with than gold or silver, it is a good teaching aid.

The quality of the instructors is one of the advantages these students have at Highline.

"Our program is recognized because we have top quality instructors who are professionals in their field, and who have worked in the field, constantly learning for over 20 years," Pawula said. "Besides teaching, our instructors actually do the work that we teach."

As Berens put it, "The cream of the crop."

Having traveled the world as a jewelry designer, giving guest lectures and conducting workshops, Pawula is now considered to be an expert in the field of jewelry casting and design. She and George Bennett, HCC instructor of professional gemstone setting, were chosen as two of 12 guest instructors to appear at the "Hands On In Tucson" seminar series and convention that was held in February.

"Hands On In Tucson" was an educational event that offered both the apprentice and the professional jeweler practical, hands-on training in jewelry design, creation and marketing. Top craftspeople in the jewelry trade were on hand to teach participants the special skills they need to get ahead in their business—skills that translate directly into sales, quality and profit.

Pawula team-taught two, three-day classes on the preparation and process of vacuum casting with Louis Sanchez, inventory control manager for Rio Grande Albuquerque, the sponsor of the convention and one of the nation's largest suppliers of jewelry making materials, supplies and equipment. Sanchez represented the large production side of the craft while Pawula represented small shops an individual participants.

When Pawula is not teaching, she is often promoting the program or doing a lot of extra work for the department.

The jewelry department here at HCC has been described by students as challenging, creative, frustrating, impecable, satisfying and competitive.

As Niles said, "It's a very competitive field, but that's half the fun."

Photo By Beth Holverstott

HCC Jewelry class offers students an opportuity to learn as well as be creative.

Sports

Consistent Highline track team distances competition

Photos by Ray David

Thomas Denby lifts off, as the Highline track team begins its outdoor season at the University of Washington last month.

Todd Baerney sets the winning pace in the men's 800 meters.

By Rex Johnson

Highline hosted a wet, but winning meet which featured men's and women's track teams from seven schools. Highline began with a win finishing first and second in the men's 10,000 meters (Wyatt 34.13:8, and Morrison 35.06:1). Five events were won by Highiine out of 17 events run.

A score of 73.5 total won the meet for the T-bird men's team. Central finished a distant second with a total of 56 points, and Bellevue placed third with a total of 43.5 points.

Highline's points came from wins in distance events, and wins in field events. In the 800 meters Todd Baerney took first with a time of 1.53:2, Adam Leahy took second in the event with 1.55:9, and Robinson placed fourth while two University of Washington team members finished third and fifth. Along with the one two finish in the 10,000 meters Highline dominated the meets final event the 5,000 meters with three of the top five finishers. Chris Goller won in 15.08 minutes while Meeker and Hawkins captured third and fourth for Highline. In the 1500 Goller, and Meeker placed second and third respectively.

Wins on the track helped build the winning score, the meet win was due to constancy on all track events, and wins in the field. In the pole vault only two athletes cleared the 13 foot mark. Both of the competitors were T-birds. Willard won the vault with a 13'6" mark with Jonientz clearing 13 feet. Another field event first was captured by Caldwell in the high jump. He cleared 6 feet 4 inches.

The Highline Invitational is the only home meet for the T-bird team, and although there is no women's team at H.C.C. this year women's events were run.

Teams competing in the women's events were from Green River C.C. which placed fourth, Tacoma C.C. which did not place and finished fifth, Central Washington scored 23 and placed third, and Bellevue came in second with a 39.5

The story of the women's competition was the team from the University of Puget Sound. U.P.S. won every event except the high jump, 1500 meters, and the long jump. A monstrous score of 97 was tallied by U.P.S..

Meets which will be held locally are on April 19th, and 20th at the West Seattle Track Club. The Shotwell Invitational is April 23rd at U.P.S..

D.C. LAUNDRY
OPEN 24 HOURS
Have Fun-Meet Friends
TV-POP-CHANGE MACHINE
FABRIC SOFTENER-SOAP
26030 Pacific Hwy. So.
NEXT TO ALBERTSONS
New Mgr. John F. Wollaston 852-4769

ACADEMICS & ATHLETICS

Vinh kicks his way thru college

By Rex Johnson

The pursuit of excellence in academics is based on concentration, persistence, and achievement. In athletics excellence is reached in a similar manner. Vinh Nguyen has been successfully combining athletics and academics since elementary school.

The goals involved in learning his martial art of tae kwon do have helped his studies in school.

"I learn to read people, and can anticipate the next movement" Vinh also added "It's a self defense tool which can be applied in competition. People respect you more if they know your into martial arts."

The loss of skills means the same in school as it does in full contact competition. "If I screw off I get beat, or flunk the class."

Mental skills developed in the study of tae kwon do are carried over in to school work, and social encounters. The key words are focus and concentration, because if you cannot combine the two you will never reach your goal. Another skill gained from the study of martial arts is confidence.

"You feel like you can protect yourself." "It makes you feel safe walking down a dark street." Vinh said this helps him go alone into places that might not seam safe.

Vinh started learning tae kwon do in the sixth grade, and competed in his first competition in the eighth grade. It took three years for Vinh to earn his black belt. After finishing 2nd in a non-contact contest Vinh felt he was ready for full contact competition. He finished in first place in both forms, and contact at his first contest.

This Saturday, April 9th, Vinh will compete in the Master Yi Tournament which begins at 9:00 at Tyee H.S.. The forms will be done first starting with the pee-wees, and working up to the black belts. After all have competed in the forms the contact will begin, again starting at the pee-wee level.

"A lot of black belt students will enter this one." Vinh added "I study at Lee Brothers Martial Arts, but this tournament is being held by the Master Yi school."

Vinh is currently taking classes at H.C.C. and the University of Washington. His career goals are to open his own studio and teach karate at all levels. He would like to help get other students ready for competition. Vinh is in the lightweight class.

If you are interested in getting into martial arts Vinh suggests going to a martial arts school. There you will be given a flexibility test to determine where you should start. The first week of lessons is usually free, and the basic kicks, blocks, and punches are what you would learn first.

Softball leads off with pop fly

By Rich Crotty

Women's softball season has rolled around again. The record in the pre-season games hasn't been good (one win, six losses), but the team has had to adjust to having only two returning players. the regular season begins this weekend on Friday and Saturday with games in both Spokane and Yakima, and the team's general feeling is that they will make a good showing in these games.

The team's record from last year was 13 wins, 15 losses. The only two returning players from last year's season are Cara Biden a Pitcher, and Heather Reiley, who plays Left Field, Third Base, and middle relief pitcher.

In Friday's double-header pre-season game against Yakima, HCC lost 2-0 to Yakima in the first game, and won, 3-5 in the second. In the winning game there was several impressive plays, including some nice hits and catches by the women T-birds; a daring move when Reiko Frank stole home, and one very strange call on Second base , an out changed to an almost-safe and then back to an out that left observers puzzled and whispering amongst themselves.

When asked how she thought the team would do this weekend, Head Coach Kelly Beymer replied, "Well, Spokane will be tough because they were the league champions last year, but with Yakima I think we'll get 'em both games. Playing them on Friday gave us a chance to see how they play."

Beymer took over as head coach during the mid part of last year, after being assistant coach. She played softball for Highline High School and played for the National Team during summers of her high school years. She said that she enjoys being the coach of the team, and being around the players in school.

Call the Cancer Information Service for a FREE publication **"CANCER FACTS FOR PEOPLE OVER 50".**

Call toll-free today!
1-800-4-CANCER

CANCER INFORMATION SERVICE
1-800-4-CANCER

BUCKLE UP WASHINGTON
1-800-BUCK-L-UP

APPLE DAYCARE
HOME DAY CARE AT IT'S BEST
JOANNE ROONEY 243-4408

GET UP TO $5,040 FOR COLLEGE WHILE YOU GO TO COLLEGE.

One of the best things about the Army Reserve, besides a good part-time salary, is the GI Bill. Just a little of your time in the Army Reserve earns you as much as $5,040 to continue your education.

You serve one weekend a month (usually two 8-hour days) plus two weeks annual training, and earn over $80 per weekend to start.

So, if a part-time income plus the GI Bill could help you through college, give us a call.

Staff Sergeant Smith 241-2286

BE ALL YOU CAN BE.
ARMY RESERVE.

CRUISE SHIPS NOW HIRING M/F
*Summer & Career Opportunities
PLUS
Excellent pay - world travel
Hawaii, Bahamas, Caribbean, etc..
(Will Train)
CALL NOW:
(206) 736-0775
ext. 484J

ACTION OFFICE SERVICES, INC.
Stenographic and Wordprocessing for your Business & Educational needs.
We specialize in
TERM PAPERS and RESUMES
Reasonable rates
Call for student Discount Information
Ms. Johnny Atchley.....(206) 271-0564
P.O. Box 58891 * Renton, Washington

Volunteers - history awaits you!

Weekend tour guides needed for Snoqualmie steam train.

Have fun, learn area history.
Free training.

Puget Sound Railway Historical Assn.
789-5076

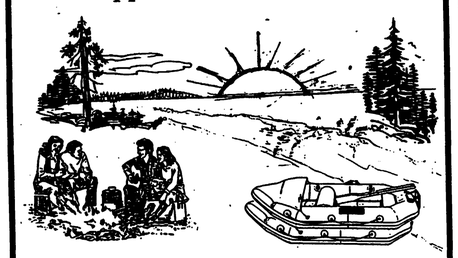
HEAVENLY TAN
GRAND OPENING
Friday April15 at 5P.M.

2215 Pacific Hwy. So. Suite #11
Just North of Kent-Des Moines Rd.
Across from Taco Bell
878-0814
ONLY $19.99 A MONTH

SCIENCE DIET **MIDWAY** IAMS
TROPICAL FISH
"A FIN-DA-MENTAL PART OF YOUR HOBBY"
FISH PETS
BIRDS SUPPLIES
24101 PACIFIC HWY. SO.
MIDWAY
824-2616

Across from the Midway Drive-In Theatre

Shoot The Rapids
Apple Blossom Weekend



Colleges from across the state are shooting the Wenatchee River Rapids

Apple Blossom Weekend. Saturday, May 7, 1988

Cost: $39.00, Optional wetsuit rental $10.00
Camping and transportation not included.
Sign-up Student Lounge Desk, Building 8 by 2pm, Friday 4-29-88

COLLEGE PAINTBALL TOURNAMENT

Paint ball
- Saturday, April 23, 1988
- Practices and Rules: 8 a.m. - 10 a.m. Games: 10 a.m. - 3 p.m.
- $30.00 includes all equipment necessary.
- Participants must provide own clothing and transportation.

Sign up at the events board desk.