Davidson Dodd warns American leaders: "Stop standing in Jello"

Davidson Dodd warns American leaders: "Stop standing in Jello"

This story, told in a metaphorical concept of leadership, in his book "The Prince," uses a metaphor to describe how leaders should not stand in front of their problems. The metaphor of "standing in Jello" suggests that leaders should not create obstacles or block the path to progress. Instead, they should actively work to overcome challenges and move forward.

In summary, the article highlights the importance of leadership in times of crisis. It encourages American leaders to adopt a proactive approach to problem-solving and to prioritize the well-being of their constituents. This can be achieved by creating a supportive environment where individuals feel valued and empowered to contribute.

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Former security guard holds protest against HCC

Former security guard holds protest against HCC

The former security guard at HCC held a protest against the institution's policies and practices. The guard's concerns included issues such as inadequate pay, lack of benefits, and insufficient training. The protest highlighted the need for better working conditions and fair treatment for staff members.

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Davidson Dodd will address students. Photo by Dave James

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Grounds crew cleans up

Students lift weights

Soccer wins first
News

Back to school -- returning students aren't Rodney Dangerefields

Ron Kunst, a former junior high teacher, has attended Highline for years. He offered some advice for the returning student. "You must be willing to take advantage of the programs on campus that are available. You have to seek them out; they won't find you."

There are several programs on the Highline campus that are designed to help ease students back into college, including financial aid and study programs. Kunst notes that some groups show more interest than others. The Black Student Union and MECHA, a club for Hispanic students are two active clubs. A club for American Indians also exists on campus, and although Asian-Americans have yet to organize a club, the opportunity is there for them to start a club anytime they wish, Odem said. Students who use the Center will also benefit from advice on academic and personal matters. Answers may be sought on such questions as child care programs, financial aid or time management, Odem said. "We have been director since last fall, said there is a definite need for such a multi-cultural service. "You have to experience racism to know what it feels like," she said. Odem, who has been director since last fall, said there is a definite need for such a multi-cultural service. "You have to experience racism to know what it feels like," she said. "You feel like you're in the spotlight." The Multi-Cultural Center helps to remove barriers for ethnic students, Odem said. "We attempt to create an environment that is comfortable to students."
News

Come rain or shine, grounds crew cleans up in time

Gary Peterson
Senior Writer

"We have one of the best-looking campuses for community colleges in the state," said Sun Shaw. Of course, Shaw has a bias because he is the supervisor of building and grounds crew management.

The grounds crew consists of three full-time and occasionally two part-time employees. David Klemmert, William Smith and Jerry Goffrey are the full-time employees. The budget allows for four full-timers.

"I have been here for five years and we have never had four full-timers on campus. When we hire part-time help we usually spend more time training than working," Klemmert said.

Grounds crew duties are more than mowing lawns and raking leaves. They do construction on the moons, such as the work being done in front of the cafeteria and draining areas on campus.

Of the 80 acres surrounding Highline campus (campus consists of everything to 20th Avenue South) which is owned by the Department of Natural Resources 40-50 acres is developed. Before the campus gets too big they must purchase a riding lawn mower to eliminate noise and the work force. There are usually two or more mowing the lawn.

"We reached an agreement with the Dean of Instruction of doing various jobs on campus, and we usually wait until Thursday afternoon or all day Friday to get them done. Even if a training on Thurs- day or Friday we still have to mow the lawns because we can't let it go two weeks without mowing; it doesn't look presentable," Klemmert said.

"Even with our schedule we still get instructors coming out and saying, "Can you do something else?"" Shaw said.

Shaw emphasized that the ground crew cares not only about the campus but also the people who attend college here.

With the new windows installed over the summer to eliminate noise, noise from mowing the lawns should also be eliminated.

Highline's new AIDS policy

Highline Community College places a high priority on the health, safety, and welfare of its students, faculty, and staff. To help prevent the spread of serious, preventable, and transmissible diseases, especially Acquired Immunodeficiency Syndrome (AIDS) and Acquired Immunodeficiency Complex (ARC) caused by human immunodeficiency virus (HIV), it is important that everyone understand the nature of AIDS by having an opportunity to learn about and acquire information on the prevention, diagnosis, and treatment of this deadly virus.

The information will be based on acknowledged scientific and ethical foundation.

Recent medical research indicates that AIDS can be transmitted casually but requires intimate sexual contact, exposure to contaminated needles, body fluids, blood or blood products. Therefore, the distribution of educational information or discussion of AIDS in the classroom will act only in a regular, hands-on manner, with frank information on the prevention, diagnosis, and treatment of this deadly virus.

The rights, privileges, and confidentiality of individuals with confirmed exposure to AIDS virus will be protected to the extent possible.

The College will adopt and enforce a policy which guarantees freedom from discrimination and harassment.

The College may disclose or be compelled to disclose an AIDS case under the direction of a representative College official.

Close contact with the College is encouraged.

Colleges to measure AIDS rates

Highline not participating

Cynthia O’Heren
Staff Writer

Mary Lou Holland, A.R.N.P., the nurse on Highline Community College’s campus, says The American College Health Association (ACHA) will be conducting a year-long national study to measure the number of students with HIV (Human Immunodeficiency Virus) on college campuses across the United States.

HCC is not taking part in this study which will consist of blood drawn randomly from students who have taken tests on various college campuses. These tests involve a small sample of the student’s blood left over from routine clinical tests, putting it in a small tub, and sending it to the laboratory.

"This is one of the major issues facing us today, and hopefully we can inform people and stop the spread of this disease," said Phil Swenega, Dean of Students.

Along with Swenega, Irene Lewley, chair for health and P.E. Division, and Mary Lou Holland, coordinator of Life Skills Services, were also on the committee which wrote the policy. For further information on the policy, contact Swenega, Ext. 355; Lewley, Ext. 474; or Holland, Ext. 258.

The Toll-Free National AIDS Hotline (1-800-342-AIDS) operates 24 hours a day.

Highline adopts new AIDS Policy protecting victims

Jay Irwin
Senior Writer

A policy on Acquired Immunodeficiency Syndrome (AIDS) is being put into effect this year at Highline Community College. The policy will mainly deal with the education of the public. The Highline policy was adopted by the State Board of Community Colleges to measure AIDS rates.

The State of Washington, "NO DEFICENCIES EXIST" wrote Jay Irwin of the myths about AIDS: AIDS is primarily a homosexual disease; AIDS can be transmitted through casual contact; AIDS is caused by donating blood.

Those people who have AIDS will be protected in that they can not be discriminated against or the fact that the State Board of Community Colleges is encouraging education of the public they have "...This is one of the major issues facing us today, and hopefully we can inform people and stop the spread of this disease." said Phil Swenega, Dean of Students.

The Public Health Services reports "By the end of 1992, 365,000 cumulative AIDS cases will have occurred in the U.S. and 263,000 Americans will have died of the disease."

Cynthia O’Heren
Pitch it in!

In nature all is in a balance. Waste produced by one organism is linked in the food chain and becomes a food source for others. Man consumes vast amounts of backyard. The problem faced by us today is alarming, but who inked Washington 29.2 million tons of waste per year is the result of commercial activities beside it and fresh scattered trash to the brim hung on the roadside post? Then seen more bags piled in the empty lot. Window.

Don't throw products into the trash you tossed on the ground. What about that cigarette butt you flipped out the car window. Goods and services. Everything and a big brown dog. Well, just in case you haven't given a serious thought to the individual, family or community recovery programs, tax credits for those who do successfully use the new system. You are seriously interested in what happened or not, keep an eye on the computer field, anyone entering the computer area a few hours after the clean-up efforts?

Perhaps the individual piles of trash a person produces don’t compare with that from the average commercial plant, with industrial and hazardous wastes, agricultural and mining waste, especially hospital waste. Think about that crank old car left to rust away in the empty lot. Or that cigaratte butt you fliped out the car window. Or candy wrapper you tossed on the ground. What about that state law that says every car must have a trash bag? Who uses them? Are you using them?


Are you in charge here?

A. GOOD NEWS - You just won the $5 million lottery!

B. GOOD NEWS - You are in charge of your life or are you your own worst enemy?

Very few of us are so singular in purpose that we do only perfect things in our life. We are generally multi-dimensional: that is, we are not student, daughter, parent, friend, etc. We are just normal human beings who daily go about our business and try to muddle through life the best we can. But is there more to life? You bet! Life is not a dress rehearsal. If we make a big mistake we can’t always do the scene again. Life is “show time.” “The real thing.”

Sometimes the way you think affects the way you feel and vice versa. Sometimes the way you think affect the way you feel and think. Now we’re getting closer to answering what or who may prevent us from assuming our best scenario. Contrary to some opinion, each day that slips by does not make you younger. You can be the smartest person in your neighborhood but if you get bitten whenever you party you’ll pay someday. If you eat only the things that are fast food factories and become a couch potato the rest of the time the same thing will happen. If you think you can continue to use illegal drugs and keep the usage under your own control you are mistaken. Len Bias thought he was under control and, although he was an exceptional student, he knew very dead.

Life is full of choices: wisdom is making the correct ones more often than not, so today’s question “Who’s in charge here?” has a lot of worth to you as you slowly drift into......Who’s in charge here?
You can't see the forest for the trees

Brian Hosen
Guest Columnist

Deforestation. It means destruction of our forests, and it's happening at an alarming rate.

Many people, including the government, are aware of the current situation of rain forest destruction but do not realize that deforestation goes far beyond the boundaries of Indonesia and Brazil. Societies all over the world are destroying their trees for profit. All of this activity will have a profound impact on our lives.

Slash and burn agriculture is one of the single largest reasons for deforestation. Many developing countries will give the title of a piece of land to anyone who will clear it of timber. This type of program is supplanting the idea that only lower class people could replenish the overpopulated cities to a self-sustaining level. It is a good idea, but it doesn't work.

The soils in these areas will not sustain agricultural needs for more than a few years, and these people can't afford fertilizers. So once the nutrients in the soil are depleted, they move on to slash and burn more forests. After the “farmers” move on, the cattle ranchers come in. The soil will support grazing grass for another few years. So the cowpokes hang around until the soil is completely stripped of its nutrients and then they move on (slash and burning new grazing land for many times as they go). Loggers also contribute to deforestation. Have you ever wondered how we have over the past decades and seen back hillfiddles? For every piece of paper, every log, every chunk of firewood we go, there must be harvesting. Proper reforestation practices would lessen our impact, but it’s too late.

And did you know that good old Smokey the Bear (L.F.O. Service) has been piloting a squadron of "helitrenches" for the past decade? These helicopters with noses mounted underneath them fly around and spray napalm on some of our forest lands. I bet the little bunnies just love that.

Deforestation can cause many localized and global problems. The removal of foliage will leave fertile lands exposed to erosion. Landslides can occur and rivers and reservoirs can become choked with sediment, and the water cycle is disrupted, too. Tree transpire water that rises up into the atmosphere to form clouds. If there are no trees, not as many clouds will form, and the region will become much drier (desertification). This has happened recently in the Sahel region of Africa. Once fertile land bordered the desert areas, and with deforestation the desert has taken over. This is also happening in the Himalayas. Every year 100,000 acres of forest are cut mostly to be sold as firewood to mountaineers and tourists. If this practice continues at its current rate, it is estimated that the Himalayas will be bald in 25 years.

What would happen to South America if the rain forest disappeared? Bad news folks; they are disappearing. At the rate of about 50 acres per minute. All of this ends up as bad news to the locals, but I do care. It’s easy for me to deny these problems as long as they don’t affect me. But they will. If current global rates of deforestation continue, about one million species of plants and animals will become extinct by the year 2000. (Most of these extinctions will take place in the rain forests.) Might one of these organisms hold the key to a cure for cancer or AIDS? We may never know. Slash and burn agriculture releases up to 40% of the normal amount of N-O (a greenhouse gas, remember) from these areas. This increase in N-O will affect the global climate. It will also help to rid this planet of some of its stigmatic ozone, which just keeps you from contracting a good tan anyway, right, ray... The destruction of the rain forests will also greatly decrease our agricultural plant diversity. (Many new seed stocks come from the newly discovered plants in the rain forests.) All of this adds up to problems that are going to be hard to deal with. It may not be too late to change our wasteful and often ignorant habits. We start now.

Changing values of our times

Judy Bixenmon
Senior Writer

Watching the recent television coverage of the hearings and the presidential election debates between Bush and Dukakis, there seemed to be a strange similarity between the two. From real patriotism to false piety, from true heroism to the philosophy that anything goes as long as you don't get caught (and it's okay to lie about it if you do), the two candidates shared the answers.

As our dreams and hopes and pride sound watching Jackie Kennedy Neary Kenney and many others perform the small acts of kindness and concern, we allowed ourselves to "believe" again, only for a few minutes. But then we got our screens smashed and beaten hard when we saw a source of national pride like Canada's Ben Johnson come tumbling down; athletes disqualified who should have been; perfect scores given to many that a "perfect 10" seemed to lose its perfection.

It all reminds one of things like Watergate and the Iran Contra affair, where dehumanizing tapes or shredding papers in order to keep the "ignorant" public from finding out what really goes on in their government is okay. It's just that that got caught too.

What are we going to do? What is that growing feeling in the pit of the stomach that won't go away? Is it the kid who waited for Santa on Christmas Eve, had horses he really liked, but was still in awe of the President of the United States? Is that why we sense a growing feeling when we think, "Why should I vote? They're all a bunch of crooks anyway?"

Have we raced ahead so fast we inadvertently left a few things behind that we may need after all? Like values, responsibility and ethics? Suddenly, while rushing from our spritscar into our gym, we trip over someone huddled on the floor, and is not likely to bcome

We must clean up and protect our environment. We must care for the elderly, the homeless, the people who are dying of AIDS. We must stop and do the things we are supposed to be doing. We must stop and do the things we are supposed to be doing.

1. I believe it is time for change. The pendulum has swung too far. We must see that our children have food, homes, medical care and a better life than gangs and drug dealers can offer them. We must care for the elderly, the homeless, the people who are dying of AIDS. We must clean up and protect our environment. We must see that our government is not acting behind our backs to do things we disapprove of (with our tax money). We can't do anything good if people are doing bad things.

2. I have come to think that Dukakis is solid and dependable, has strong management capabilities, and is not likely to be buffeted and pushed the button that could set us all killed. I also think he's more concerned about the environment and taking care of problems like drugs, hunger, homelessness, and medical care, not just talking about them. And experts who've followed his career say he adheres to high ethical standards. Also that he appoints highly qualified people, not on a political basis.

3. I believe it is time for a change. The pendulum has swung too far. We must see that our children have food, homes, medical care and a better life than gangs and drug dealers can offer them. We must care for the elderly, the homeless, the people who are dying of AIDS. We must clean up and protect our environment. We must see that our government is not acting behind our backs to do things we disapprove of (with our tax money). We can't do anything good if people are doing bad things.

Editorials
Coalition meets needs

Support group for the older returning women.

Sharing Experiences

Daycare enrollment limited

Molly Winkler
Staff writers

My sons Tommy and Timmy
are considered poor
by national standards, but I want
a better future for us. College will
eventually give us that better life.

However, when I put Timmy
and Tommy while I go to
school is a major problem.

There are times I have chided
school either because I can
not provide enough support as
my husband may be concerned
that he does not have
enough to support us.

I talked to the administration
and the faculty and they
agreed to provide
resources that were not
available to us.

I decided to bring
Timmy and Tommy to school
me rather than miss class.

For two children, I'd like
bringing Timmy and Tommy to
school with me rather than miss class,
but they are too young to sit
without hours of attention.

Low income provides very few
choices. One choice offered us
was to drop out of full
quarter until I get my
situation straightened out.

I decided to stay in school,
and Timmy and Tommy will be
watched by Jane Doe down the
hall.

Highline Community College
has a developmental learning
program on campus for registered
students. The costs for the
program is $1.65 an hour for
children under 10 and $4.15 an
hour for children over 10. Cost
is also decided on a sliding scale
basis. I would love to have my
children in daycare this fall and
be at home as I am learning.

The daycare is full
new. Joyce Riley, coordinator of
the Student Child Care
Development Center, would like to
see the capacity expanded. More
spaces means more families
will receive help.

Joyce would also like to see the
development of an infant/ toddler program. As of
now, they have been
provided with social and emotional
breaks, but in a decent daycare,
their social skills will be	cost around $1,500 per month,

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Ethnic groups increase cultural awareness

Guest speaker inspires Highline MECHA members

Ron Kunst
Staff Writer

"I would like to become familiar with other Hispanic people at Highline," said Fernando Serrano, a third quarter Hispanic student at Highline Community College. "We need to have a group for Hispanic students on campus," added Ariel Mitchell-Velazquez, a second quarter student.

These were some of the comments made by a small group of Hispanic students who met on Oct. 12th with Mary Odum, HCC's director of Multi-Cultural Student Services. The meeting was called to discuss the needs of these students at Highline and to listen to a guest speaker.

During the discussion, Odum suggested that a network of Hispanic students be created on campus to help each other and to share common cultural ties.

Guest speaker Jesus Sanchez, who works under King County Executive Tim Hill supervising 10 departments, is one of the founders of MECHA (Movimiento Estudiantil Chicano de Aztlán), the national organization concerned with the rights, responsibilities and education of Hispanic students.

Sanchez spoke briefly about his student activism in the late 1960s at Shoreline Community College when he was part of a group occupying the office of the student newspaper. At issue was the refusal of the newspaper's editorial staff to apologize for an Hispanic racial cartoon that had been printed.

Although progress has been made, "there still is an undercurrent of racism in areas of our society," Sanchez said. One of the reasons he became involved in public administration was to "open the doors in government for all races" and to erase the "undercurrent of racism in areas of our society."

-- Jesus Sanchez

Guest speaker Jesus Sanchez encourages MECHA members to get involved in leadership activities.
Art and Entertainment

Seattle Art Museum gets 'In Pursuit of the Dragon' exhibit

Bev Ott
Staff Writer

Take time out for a visual and awe-inspiring experience. Visit the exhibit, "In Pursuit of the Dragon: Traditions and Transitions in Ming Ceramics," at the Seattle Art Museum. The collection was assembled by the Palace Museum in Beijing and is part of a continuing worldwide tour, which also includes stops at the British Museum and the Metropolitan Museum of Art. The exhibit is the first major presentation outside of China of Ming Dynasty porcelain and will be shown at the Seattle Art Museum through April 18.

The exhibit features hundreds of beautifully crafted porcelain pieces from the 14th to the 17th centuries, representing the peak of Chinese ceramic art and the most important period in the history of Chinese ceramics. The exhibit includes a wide range of wares, from small figurines and tableware to large vases and altarpieces, all of which reveal the high level of craftsmanship and artistic achievement of the Ming Dynasty.

The exhibit is divided into several sections, each focusing on a different aspect of Ming Dynasty ceramic production. These sections include "Porcelain and the Emperors," "Ceramics and the Monarchy," and "Ceramics and Society." Each section is supported by a wealth of historical and technical information, as well as stunning images of the exhibits.

The exhibit also includes a number of interactive elements, such as videos and multimedia displays, that allow visitors to explore the history and cultural significance of Ming Dynasty ceramics. Visitors can learn about the techniques used to create these beautiful works of art, as well as the social and political context in which they were produced.

The Seattle Art Museum is the only stop in the United States for this exhibit, making it a once-in-a-lifetime opportunity for those interested in Chinese art and history. If you are in the area, be sure to take time out to visit this magnificent exhibit and gain a deeper understanding of one of the most important periods in Chinese ceramic history.
**Documentary exposes 'Coverup'**

Maggie Simons
Staff Writer

Day after day, week after week, month after month the media focused on the Iran-Contra Affair. Now, a lawsuit against filmmakers Barbra Trent, Gayle Kammer, and David Kasper has been filed. The film opens next month. The suit was later thrown out of court.

**Cover Up** had a three-month deadline with a $40,000 budget. Nine months and $100,000 later, including $35,000 charged to VISA, this documentary has hit it. Is it the real North or just a cover-up of the Iran-Contra Affair, or something else entirely?

One of the questions this movie doesn’t ask is why Elizabeth Montgomery can’t just swallow her pride and tell all the lies to the American people. The lines at the theaters are long now, but you can expect them to get longer as the American people’s curiosity is aroused.

By Kallmeyn

**El Charro es muy bien**

Kolbja Jenne
Guest Columnist

It has been said that some of the finest things in life are free. This is especially true when spoken of the chips and salsa at El Charro Restaurant. This small Mexican eatery serves the complimentary chips and salsa with a slight twist. The chips are right out of the oven and the salsa is fresh, robust, and mouth-watering.

El Charro is a restaurant as much as the Garcia family. Since opening their first location in 1981, the Garcia family has been serving the South end with some of the area’s best Mexican food and hospitality.

The Pacific Highway location has recently been remodeled to accommodate more diners, and a pleasant atmosphere. El Charro has become a favorite of Mexican food connoisseurs and working crowds have been regulars at El Charro for years.

The menu consists of a wide range of Mexican dishes, and some of the dishes I have only found at El Charro. Their specialties, however, is their chips. Whether it is their regular nacho fixings, sour cream, and guacamole, or a warm burrito, El Charro is a must.

If you have a large appetite, try the Super Burrito for dinner. At $15.00, it is a real deal. Beef, rice, and cheese are wrapped inside a large flour tortilla, then topped with onions, lettuce, sour cream, guacamole, and a warm burrito. Another El Charro specialty is the Carnitas al Pastor. This is a plate of sliced beef or chicken, prepared with a flavorful assortment of spices. The meal is served on a plate with rice and beans for just $7.25. The best way to enjoy this is with a side order of tortilla chips, lettuce and steaming from the kitchen.

El Charro Restaurant
15828 Pacific Highway South
Seattle 241-9412
Also in Kent and Sumner

El Charro is a five-minute walk from the new El Charro restaurant.

"Cover Up" is a 74-minute movie that was later thrown out of court. The film opens next month. The suit was later thrown out of court.

Photo by Kallmeyn

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T-Birds spiked out of first

Michael Morelack
Staff Writer

The Highline Community College Crossover Volleyball Tournament was held here on campus on Oct. 7th and 8th. Eight teams competed over the two-day marathon competition, and the Highline Thunderbird squad came out on top.

The road to the top was not an easy one. The spikers started out by squeaking past Skagit Valley in three games: 15-9, 10-15, 15-11.

The Highline Community College Crossover Volleyball Tournament was held here on campus.

Next they took to Lane in a hard-fought battle: 8-15,15-7, 12-15. After that disappointment though, the Highline squad really turned up the heat, defeating Big Bend (15-9, 15-4) smashing Umpqua (18-6, 15-7) and Clark (15-7, 15-12) on the way to the finals.

The final game was a rematch between Highline and Skagit Valley, the team that beat Highline in three games at the beginning of the tournament. By this time, however, Highline’s reserves and moments turned back to show in earnest, and the Thunderbirds triumphed 15-7, 15-6.

When the smoke had cleared, Highline was the tournament champion, with Skagit Valley in second and Clark third.


The Highline Community College men’s soccer team scores 4-1 win

Gary D. Peterson
Sports Editor

A pumped Highline soccer team defeated a weak South Puget Sound State squad on Oct. 15, four goals to one.

Now that the soccer team has tasted a victory, they may be hungrier for the main dish.

The Highline men’s soccer team continues to play aggressive soccera.

With nine games remaining Coach Don Carmel stressed team unity.

“We are not playing to our potential as a unit in some games. We do fantastic in practice. You just fall apart in games.”

The players seem to want to do it all on their own winning the games. You can do that in some sports, but in soccer it’s unlikely to be a one-man show, unless you are a gifted attacker.

On Oct. 5 Highline lost to Everett 2-1; Oct. 8 Highline lost to Lower Columbia 2-2; Oct. 12 Highline lost to Bellevue 4-1.

Current standings for Highline soccer: 1 win, 4 losses and 2 ties.

Winning one game would wonders for the soccer team’s attitude and should have the desire to give 100 percent in and out of the game.

I don’t know what is, whether the players don’t like me or my decisions of pulling a player out of a game. Whatever the reason, we need to start playing as a whole unit and forget about our feelings individually,” Carmel said.

Winning and losing is all part of the game, and winning that game after losing many will make winning room more dramatic.

Public team barred from weight room

Sara Green
Staff Writer

What do Bellevue, Edmonds and Shoreline Community Colleges have in common - but not Highline? The three north-end schools have opened their weight rooms to the public. Highline has not.

Don McCaughhey, athletic director and track coach at HCC, explained why Highline chose to keep the door to the weight room open only to students. Reasons include cost, general wear on the equipment and liability.

McCaughhey feels the facility should be used exclusively by students because the funds were set up for them, not for the public.

“We don’t want our students to be second class. They should have first choice at the weight room,” says McCaughhey.

A store room, converted in 1980 to a weight room, is also open to HCC faculty and staff. The room is used for instructional classes 8 a.m. to noon Monday, Wednesday and Friday and 8 a.m. to 1 p.m. Tuesday and Thursday, so it is free for use from these times until 3 p.m.

Funds for the weight room come from student activities and intramural and athletic funds, all designed for student use. Public use results in drawing upon those resources for extra supervision, equipment repair and replacement, and custodial costs.

Late Scores:

Highline spikers upped their record to 6-1 with a three game sweep of Everett; 15-3, 15-9 and 15-5. Men’s soccer team played Shoreline to a 1-1 tie.

Through

Women’s Volleyball

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Public barred from weight room

Marga Command instructs Kim M. in the leg press machine.

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Man falls from plane: lives to tell about it

Marty Pierce
Staff Writer

"I was standing on the outside of an airplane at 8,700 feet. "What am I doing up here?" I thought. But there was no turning back. I had to jump. The instructor shouted, 'Reach out and grab the ripcord. ... Sat ... Go!'"

For some, just getting on a plane may be a bit too much to ask, let alone jumping out of one at 8,700 feet. More and more people, however, are getting over their fears of the plane and taking the plunge into the world of skydiving. "The public has built up a fear about jumping out of a plane," said Mark Scott, chief instructor at the Snohomish Parachute Center. "Basically, that fear is totally unreasonable."

Scott attributes one to suicide, two to heart attacks and the others to human error in preparing their equipment.

"Statistics just don't bear out that fear," says Scott. "More people die doing other activities."

Scott, however, was the first to agree that when you're jumping out of an airplane there are risks involved.

So what is it that makes people do it? Moreover, what makes them come back and do it again? Last Wednesday, for reasons I'm still not sure of myself, I made my first jump—a tandem with Scott—and learned the answer to that question. Quite simply, it is one of the most exciting, breathtaking things you will ever do.

"Tandem jumping is the safest way to get a student up with someone experienced," Scott said, "and it's much more fun because you feel free."

Just as we had rehearsed it on the ground, Scott and I stepped on a platform outside the plane and got in position for our jump. Stepping out of the plane and making that last step was, for me, by far the most terrifying and most difficult part of the whole operation.

Scott had told me on the ground not to push off from the plane. "Just release your hands," he said. "If the thought of that scares you, if you're not going to do it, then don't do it."

However, at this point I was having a hard time thinking about what I was supposed to do, thinking rather of whom I was and how far away the ground was. Still, I told myself I would not push off.

I pushed off. That caused Scott and me to begin our long journey, tumbling head over feet, down. We began arching our backs (which was one thing that I did manage to remember from my ground instruction) and we went into our normal fall position.

At that moment fear left my body. My mind became clear again and the awe of where I was took over. Even though I was falling at up to 150 feet per second it felt like I was floating. Objects on the ground weren't getting any larger. I looked out over the horizon and saw Mt. Ranier, Mt. St. Helens, the Seattle skyline in the distance and the green plush countryside surrounding Snohomish. The world seemed so organized and neatly laid out from up there, and I felt so separated from it all.

We practiced turns as we had done on the ground and then, all too soon, the ripcord was pulled and we began our free fall.

"Just please, just please, just relax and enjoy it," Scott had told me on the ground. "It's an almost superhuman feeling that you can't relax, and gives Lauren's experience by Tony DeAugustine, Tim Connor and Tony Cushman.

With only two weeks left before the high-line runners are clearly the team to beat.

Cross country sweeps Skagit Invite

Steve McCutre
Staff Writer

Cross country runners from Highline Community College captured the top four places at the Skagit Valley meet last Saturday.

Two skydivers at the Snohomish Parachute Center pack their chutes in preparation for future jumps. Proper preparation is essential for a safe and successful trip to the ground.
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