IGHLINE COMMUNITY COLLEGE

Volume 28, Number 12

called in a mediator. In addi-

DIANA BAUMGART Staff Reporter

tion, the administration filed an unfair labor practice charge and proper." on Feb. 15 against the WPEA.

The best love is Strangelove. See the review of this classic on page 10.

"You can really reduce your stress by simply observing what goes on inside you." For more on anxiety see the feature section (pages 9 and Softball beats the weather,

and a few others as well. For the latest results see page 16.

"I guess it is the black sheep of the family." For more on this left out lamb see page 3.

Where have all the rebels gone? What we need is a good dose of activism. Read why on the opinion page(5).



Surveyshowscommunitycolleg

DAVE GAUSE Staff Reporter

lors degree? Are they effective in ferred to a four-year institution. providing a good transfer program? presentation to the light mmu- them at the four-year school. How- schools work. nity College's Board of musices at ever, about 27 percent reported that

dents scheduled to graduate, in the

This study interviewed stu- the four-year schools.





Friday, April 21, 1989

Staff union heads into arbitration

Green Arrow comes to Seattle

.

basis in fact. We believe our

Community College's history, sponded with a request for ar- Code (WAC 251-14-10), cithe college administration re- bitration to settle the differ- ther party may request arbitraciation (WPEA). At the pres- ing in bad faith," said Mike the final decision. Three ent time talks have bogged Pelligrini, WPEA Union Rep- members of the Higher Educadown between the two parties. resentative. "We believe those tion Personnel Board (HEPB)

position on these articles is just three people, their position on vestigation to determine the remaining outstanding ar- whether or not the charges are Under the HEPB board rule, ticles. Basically it is a hearing frivolous or substantially with For the first time in Highline The WPEA immediately re- Washington Administrative on what they want to change or out merit. If it is found that the don't want to change.

auested mediation with the ences between the two parties tion. With arbitration, each vice president commented, "It sue, and cause to be served on college staff union, the Wash- involved. "The administration side presents its information to is our belief that WPEA did not all parties, an order of dismissal ington Public Employce Asso- has accused WPEA of bargain- the arbitrator who will make hold up their end of the respon- containing the reasons. Dissibility, so we asked the HEPB board to look at it."

The administration felt prog- charges are frivolous and mer- act as the arbitrator. They meet WAC 252-14-082 states that ress was not being made in itless. We are confident that in a semi-hearing atmosphere upon receipt of an unfair labor negotiations and in October HEPB will agree there is no where both the college and the practice charge the board or its PLEASE SEE UNION ON PAGE 4

WEPA will present, to these designce shall conduct an incharges are frivolous or with Dr. Ed Command, HCC out mcrit, the director shall is missal of the charge is appealable to the Higher Eduction Collective bargaining act Personnel Board (HEPB).

The administration is asking for a bargaining order for



Jockey Jeff Mills watches as his horse is prepared for the next race at Longacres. For a full page see page 14. Photo by Kevin Talimadge

spring of 1988, with a bachelor's de- in the survey, they found at community community college system according gree. It compared students who took colleges were the use of out-dated to Seppanen's study. all of their classes at the same univer- equipment and a need for more up- to-

Are the community colleges a sity and those who had taken classes at date information on the courses which good economical way to start a bache- a community college and then trans- will transfer to their future college.

Location and cost are two of Approximately 80 percent of the primary reasons students attend **NEWS**.... These are just some of the questions the students who transferred to four- community colleges first. Fifty-eight that Dr. Loretta Seppanen, the research/ year schools were satisfied with the percent of the students at two-year analysis manager for the State Board programs they had taken at the two- schools are independent of their parfor Community College Education, and year institutions. Most of these people ents, and 21 percent work while only 9 her colleagues tried to answer in their felt that the associate degree helped percent of the students at four-year

Students who transfor from a their April 13 meeting. Seppanen per- there were some courses that would not two-year school have almost identical formed a telephone survey of 565 stu- transfer. Most students were accepted, grade point averages (GPA's) when dents in Washington to help determine as transfers, to their school of first they graduate with a bachelor's degree the community college's role in achiev- choice, but some did have to wait a as those who spent all four years at the ing baccalaureate degrees in this state. quarter because of enrollment limits at same school. Nearly half (48 percent) Attilla the Hun died of the people who graduated with a Other problems, students said B.A. degree originally came from the



Blackout

Flash... and the lights went out in Buildings 23 and 26, leaving students to lurk in the dark. Eyes strained to adjust to the new found lack of light.

The problem was caused when a 16-yearold transformer blew in Building 26 on Monday. With the transformer went a fuse... and Building 23's power.

The electrical systems remained inoperable untilearly Wednesday morn ing. Some of the parts had to be ordered from Cali fornia; fortunately the fa cilities operators had a spare transformer in storage.

Robin Fritchman, facilities coordinator claims these things are bound to happen. They just try to be prepared.

· • -

Lot full-Park in Kent, please



Student proudly displays his HCC parking permits in the proper location to ensure easy spotting by campus security. **Photo by Steve McClure**

KIMBERLY TUPPER Staff Reporter

The next time you walk out to your car and find a pink parking citation on your windshield, try to keep your four-letter words to a mini.num. The parking policies at Highline Community College are the least restrictive, and the least expensive, of the seven community colleges in the Seattle/ King County area.

Bellevue Community College has a "Special Service Fees," which is included in its tuition. The amount is based on credit hours and equals about \$12 a quarter for park-Every student pays.

whether they drive or not. If they park on campus and have no parking permit visible, they receive a citation. Each one of these citations costs \$5.

North and South Seattle Community colleges both have the same parking policies. For a full-time, 10-credit-plus student, the cost for a parking permit is \$17.50. If a student is taking six to 10 credits the cost is \$11.50.

Shoreline and Green River Community colleges have gates, or guards, students must go by to enter the parking lots. Students have to show a valid permit or pay 50 cents a day. There is no way to get into the parking lots without going

through one of the gates. Parking permits at SCC are \$9 per quarter for day students and \$10 a quarter at GRCC. If drivers do happen to sneak by the guard and get in without a pass, they could receive a parking citation. At SCC, if a student receives a parking citation it costs \$3 if paid within five days and \$5 after that. The second violation costs \$5 if paid within five days and \$10 after that. At GRCC, a parking violation costs \$3 if paid within the first 24 hours and \$5 after that.

Highline Community College charges only \$8 a quarter for six credits or more and \$5 for 0-5 credits. There is also a

> **Planned Parenthood** For more information Call

Child care bill struggles

APRIL 21, 1989

ERIK SEEHALE Staff Reporter

carpool rate of \$8 for the first car and \$2 for each additional car. HCC does give parking

citations for having no visible parking permit. If you pay within five days, and buy a parking permit, then the ticket

will cost only \$1. If you do not

pay within five days, or do not wish to purchase a permit, the

cost of the citation is \$5. Vio-

lations which cost \$10 include:

speeding, failure to yield right

of way, failure to stop at a stop

sign and wrong way on a one-

All the colleges hold grades,

block registration and, for an

accumulation of tickets, will

have cars towed. They may

also turn the student over to a

collection agency if parking

fines are not paid. The money

brought in from the parking

permits and fines is put into a

parking fund. This fund is used

to keep up the parking lots, add

more parking spaces, and pay

the salaries of the security offi-

In 1985 HCC added 170 new

parking spaces in the south

parking lot with the money

from the parking fund. Ac-

cording to Jack Chapman, di-

rector of Security, "Highline

has to start looking at building

parking garages to add more

parking spaces to the campus.

and this would be at an ap-

proximate cost of \$5,000 a

space." This is one of many

options at which HCC is look-

ing. Another option would be

to add more spaces to the south

lot; but as time goes by and

prices rise, the options open to

HCC are becoming limited.

way road.

cers.

A proposal for community college child care is struggling for survival in the Washington State Legislature. Supporters like Harriet Spanel (D. Bellingham) are campaigning hard to keep it alive.

"It's important to acknowledge the availability of child care as a need for students to attend college, and we must take responsibility," said Spanel. She stressed that povcrty among young families is increasing, and the only hope for young parents is to gain job skills through education. She also added that everyone in Congress is convinced of this. The only qestion, she said, is where the money will come from.

The appropriation, if accepted, would provide \$3.5 million to the community system for the next biennium. Plans for the funds include an increase in salary for existing child care employees, further staff development and extended service to toddlers. Longer hours of operation by nurseries, greater availability to students and larger numbers of students served are also included in the new proposal.

Approximately 20 community colleges have child care facilities at the present time. They serve approximately 1,800 children. Eight of them serve toddlers and one serves infants. They are supported by student activity fees or subsi-

education vacation

Highline sponsors

PAULINA MCWILLIAMS Staff Reporter

If you're searching for an alternative to a dull and ordinary summer, and have yet to make any plans, then why not jaunt off to Europe? Adventure and culture is what you can expect to discover in a inique 9-day introduction to France and Spain.

This program is being ofered by the French, Humaniies, and Art History departnents of Highline Community College, and will be led by Ellen Hoffman. The offer is ppen to any student in the community. Last year's paricipants ranged in age from 12 to 70. Up to two college credits can be earned by completing a special project customized to the student's area of interest.

Hoffman feels that travel to foreign countries can offer enriching and rewarding experiences which will forever change a student's life. She added that by being a stranger in foreign lands an individual is forced to struggle with the language barriers, which teaches self-reliance skills.

The art treasures of the Louvre, the historic Eiffel Tower, Marie Antoinette's chamber, the famous Pamplona bull fights, old and new Madrid, the Royal Palace of Spain and the Prado Museum, which features one of the world's finest painting collections, are just a few highlights included 432. Heroffice hour is 10 a.m.

in this year's itinerary. In addition, there is plenty of spare time to explore and discover at one's own leisure.

The price of \$1,485 includes: roundtrip airfare from Seattle departing July 20 for a total of nine days; accommodations in first class, superior, and tourist-class hotels (all with private facilities); a professional tour director; all ground transportation, entrance fees, tips and taxes; comprehensive sightseeing with local experts; breakfast and dinner daily; travel insurance and a flight bag.

An informational meeting will be held on May 8 for interested students. For further details contact Hoffman in Building 5 or phone extention

. . . .

Kent 854-2343 Federal Way 839-2740

dies, but in all cases the student must pay a user fee.

Volunteers needed for the

1st Annual ThunderWord



male and female models needed to display new summer fashions. If interested please contact Steve or Kevin at the T-Word, ext 291

Take a walk on the wet side



Sandy Moser spends her lunches walking her way to thinner thighs.

CAROL NELSON Staff Reporter

If you're looking for an exercise that's good for your hips and joints and won't mess up your hair and face, join Eileen Broomell at Highline Community College's pool for an hour of waterwalking. Every Tuesday and Thursday from noon to 1 p.m., the shallow water lanes, with a depth of three to four-and.a-half feet, are reserved for students and faculty.

Waterwalking is not the water aerobics you may inve heard about. If you walk in thigh-to chest-deep water for 20 minutes, you gain the same benefits as you would from jogging or walking — improved muscle tone, a stronger heart and flexibility without the risk of injury or sweating.

This is not a formal class. Broomell, an HCC physical education instructor, is donating her time. The only requirement is a \$2.50 towel fee.

The total lengths each person walks are recorded each day. At the end of the quarter. a card is issued indicating the number of lengths and miles each participant walked. According to Broomell, it takes about 30 seconds to walk a length. In 20 minutes a person could walk 40 lengths. Currently, Ed Morris, HCC's Math Department chairman, holds the record with 1,046 lengths, or 14.86 miles.

Broomell feels this is a particularly good exercise for older people or people with arthritis. The water supports about 90 percent of the body's weight. This can be an excellent alternative for people who cannot exercise on land without experiencing painful joint problems. It is also convenient for people who like to exercise during their noon hour but must return to work without having to repair hair and makeup.

news

According to a recent article in the Seattle Post-Intelligencer, waterwalking has no formal arena in the Seattle area. Join Up! HCC could be on the leading edge of a new fitness wave.

Baa baa black sheep: have you any?

KATHI BROWN Staff Reporter

Highline Community College student Tom Hunley thought he was "going crazy" when he thought he heard a lamb on campus last week. But that was not the case. HCC's chemistry instructor Bruce Richardson kept his orphan lamb grazing in a bed of straw in front of Building 15.



Creative women focus of Women's **Center workshop**

BETHANY MORRIS Staff Reporter

On Friday, May 12, Highline Community College's Women's Center is holding its sixth annual "Celebrating Women" workshop series entitled "The Creativity of Women."

A few of the workshops offered this year are "Jewelry as Personal Expression," which focuses on using jewelry to enhance your image; "Caring for Yourself 'Naturally,'" which is about using the healing power of nature rather than perscription drugs to prevent and cure illnesses; and "Moving on! Becoming a Person Without a Food or Weight Problem," which emphasizes strategies to help women overcome eating problems.

One of the special events featured this year is "The Extraordinary 'Ordinary' Women Awards" ceremony. These awards will be given to four women"who have surmounted challenges and barriers and yet lead positive lives and are good role models," said Anita Graham, of Women's Programs.

McNeal and Patricia Anderson.

dent persuing her A.A. degree. In addition to attending HCC, she is presently enrolled in the Prior Learning Program at Evergreen State College. In 1972, Ball suffered from a stroke support groups. which left her unable to walk soon regained these abilities. 8:45 p.m. in Building 7.

"almost-grown" children. She is, and has been, an active member of Le Leche League for the past 22 years, which is an educational and supportive group for nursing mothers. She also counsels stroke victims and their families through the **Evergreen Stroke Association.** Her long-term career goal is to develop family education programs to enhance families' self-esteem.

Batt is the mother of three

The second woman receiving an award is Aneta Nickum. Nickum is an outstanding letter artist and calligrapher now in professional training. She also teaches calligraphy in the Federal Way School District. Nickum originally comes from a small town in eastern Washington, where she worked as a police officer. In the future. she would like to teach the blind to read, as well as help illiterate adults.

Laura McNeal is the third woman receiving an award. She is the parent of two preschool aged children and is a full-time student. McNeal is graduating in June with her A.A. degree in nursing home administration.

The final award goes to Pa-The following four women tricia Anderson, who works as will be receiving awards: Kay a computer analyst for the city Batt, Aneta Nickum, Laura of Seattle. While working fulltime in the 1950's, she raised her children as a single parent. Kay Batt is a returning stu-Anderson is an avid walker and hiker, and she is a "peer facilitator" and leader of "Growing Older: a positive perspective," one of HCC's The awards ceremony will and talk. Through therapy, she be held on Friday, May 12, at

"It's a sad story," says Richardson, with his head in his hands.

Shortly after giving birth, the lamb's mother died from a disease called toxemia. He tried to get other sheep to adopt the motherless newborn, but they would not accept him. "Nobody loves the lamb but

me and my wife," said Richardson.

During the day, Richardson

brought the lamb into his Chemistry 110 class to purposely set the students "off balance." He likes his students to be ready for anything. "Professor Richardson has lots of demonstrations in his classroom," said former

Chemistry 110 student Marc Deaver. "He shows us what we're supposed to be learning."

The black, woolly lamb born early this spring has not yet been named. Suggested names are: Juicy, Savory, Delicious and Chops.

Students were surrounding the pen between classes and keeping the lamb company by petting, feeding, and talking to it.

"It's one of my best students," said Bob Maplestone, engineering instructor.

Hopefully, the orphan lamb will find a mother soon.

"I guess it is the black sheep of the family," said Hunley.

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ARMY BE ALL YOU CAN BE.

page 4 HCC THUNDER WORD

news

APRIL 21, 1989

ew program targets AIDS epidemic

KEVIN TALLMADGE **Staff Reporter**

Since 1982 there have been 920 reported cases of AIDS in King County. Of these, approximately 3 percent are intravenous drug users. To help slow the spread of the disease in this section of the population, King County is initiating a program to provide sterile hypodermic needles on a one for one basis, turning in a used needle in order to receive a new one.

Union

continued from page 1 WPEA. The unfair labor charges have to be heard first by the HEPB before both parties can go back to arbitration on the contract. At present no date has been set for this hearing.

There are eight unresolved issues, such as annual leaves and leaves of absence, lounge facilities, and deductions. Other issues, with proposed changes, include: 1. Promotion and reallocations (a) Written notice when the duties of a vacant position are reassigned;

(b) Larger pay raises for those

who are reallocated upwards; (c) Written notice when vacant positions are downgraded.

2. Employee Training (a) Double the amount of money available for training committee; (b) Allow employees to pursue advanced degrees on college time (Boeing has a similar program).

"A large number of our people felt they had a poor chance of promotion on campus, and 95 percent expressed a desire to see more training," Said Pelligrini.

3. Temporary and student employment. In this matter,

This program originally In 1988, Purchase handed out started in Tacoma when Dave 20,000 needles on a trade basis. Purchase took the initiative and "King County is looking at at his own money to go out to least that many; most likely it where the hazard lies---on the will be closer to twice that streets of downtown Tacoma. amount," said Nicola The His was the first program of its board of health is already inkind in the nation and received volved in handing out bleach much attention from the mepackets and condoms ,as well dia, even on the national level. as working in AIDS education Initially the program met with handing out pamphlets. much opposition for fear that Nicola is looking for King this program would encourage County Council blessings, but people who would not normally the King County program will

use intravenous drugs to start

because of the availability of

needles. However, Dr. Bud

Nicola, director of the King

County Board of Health

(KCBH), said that the number

of IV needle users seems to

have decreased since the in-

ception of the Tacoma pro-

gram.

not need to be approved by the council because it will be funded by existing monies. The KCBH will actually be taking over an existing program now being run by ACT-UP, an activist group dealing with gay and AIDS victims rights. Operating on a downtown street corner, ACT-UP members have not been able to keep up with demand. Noting that "80 percent of the abusers share needles," Nicola said "Something needs to be done before this problem gets out of control."

victims who are IV drug abus- trict, is designed to clarify ers in King County is low current statutes concerning the compared to more urban areas sale of drug paraphernalia. such as New Jersey whose Sen. Nelson, a member of the abusers comprise close to 50 governor's task force on percent of the AIDS popula- AIDS, is opposed to the needle tion. "That's why it is so im- trade program. He feels the portant that this program was program will increase the started here in Seattle," said number of IV drug abusers and Dr. Sharon Hopkins, King is concerned that "it will send County AIDS Epidemiologist. the wrong message to kids in However, "These numbers Washington state." don't really tell the size of the problem here today, as the AIDS virus spends eight to ten years in incubation."

Due to an amendment tacked onto the Drug Omnibus bill which is currently in committee, it is unclear whether these programs will be able to continue in Washington. The amendment, sponsored by Sen. The actual number of AIDS Gary Nelson of the 12th Dis-



WPEA seeks to bar employment of temporary employees where their employment would either reduce permanent employees' hours or where it would supplant a classified position.

"We believe that in the large number of temporary workers there are some positions that could be combined into fulltime employees," said Pelligrini. "I think the preferred way for each side to reach an agreement is to sit down and discuss their views until they reach an agreement and follow the procedures that are given as a resolution of the difference of opinion."

When asked about the current situation between the staff union and the administration, Command said, "I don't believe you can do anything in the newspaper. That just isn't the way it's done."

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HIGHLINE COMMUNITY COLLEGE

THUNDERWORD



Spring 1989 THUNDERWORD Editorial Staff From left to right: Paige Kerrigan (Sports), Kal Jenne (Editor-In-Chief), Steve McClure (News), David Wellington (Sports), Bev Ott (Features), Carol Nelson (Features), Diana Baumgart (Special Projects), and Bryan Smith (Computer Assistant). Not shown: Marty Pierce (Entertainment), Kevin Tallmadge (Photos), and Susan Landgraf (Advisor).

A stink over natural gas

So, in their infinite wisdom, Congress is contemplating the deregulation of the natural gas industry. Great. Just great.

Haven't we seen this all before? Two or three times?

Does the airline industry sound familiar?

How about the oil industry?

5

And does anyone remember AT&T?

All of them have one thing in common. All were supposed to reduce prices for the consumer. All caused great increases (a.k.a. a pain in the ass) for the end user.

C'mon Capitol Hill, get smart. Don't cave in to the desires of big industry. Think of the public you are hired to serve and not your pocketbooks for once.

Spring 1989 THUNDERWORD Reporters

Staff Re	nortere	Senio	r Reporters:
·····		11111/ 37 Section 1.	6
Chris Ar	nderson	Diano	a Baumgart
Kathy	Brown	Alar	Brozovich *
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Danny	\$1.17	FAA	

<u>opinions</u>

tioning them, content to sit

DANNY CANTU Staff Reporter

Last month students at Howard University protested the school's selection of Lee Atwater to the school's board of trustees. Lee Atwater, the Republican Party Chairman who directed President Bush's 1988 campaign, came under fire when he introduced the Willie Horton furlough issue into the campaign. Willie Horton is the black Massachusetts prison inmate that, while on a weekend furlough, raped and killed a woman.

During the campaign political commercials ran showing Horton's menacing face while blaming Michael Dukakis's Massachusetts furlough program for the killing. Because of the commercial many people accused Lee Atwater of using racist politics. I think students at Highline should see this incident as an example of what you can accomplish if you stand up for something you believe in and try to change it.

Young people have become apathetic in recent years, ac-

back and not get involved in the things that go on around us. We think we can't change things and that one person can't make a difference.

This is a dangerous attitude to have in an age where, at the push of a button, we could be wiped off the face of the carth.

We blindly put our faith in our leaders, trusting them to make all our important decisions and be completely honest with the public. How much faith should we put in a president who has secretly been involved in the Iran-Contra scandal?

What happened to that rebellious spirit of the '60s? The protests? The hippies? The burning of draft cards in opposition to the war in Vietnam? They may not have always been right, or gone about it in the right way, but at least they took a stand. They saw something they disagreed with and they tried to change it. They brought attention to their cause and they made a difference.

Doesn't anyone care about what goes on around us--the cepting things without ques- state of the world economy,

the Valdez oil spill, the rising gas prices, Ken Behring? OK, maybe that's to much to think about, but what about things right here at Highline. The yearly budget for Highline has been cut every year for the past 10 years. With more money, the college could afford better parking facilities and be able to restore many of the classes that have been cut this year due to lack of funds. Highline would be able to offer a wider variety of classes and a greater quantity of classes so they

page 5

APRIL 21, 1989

wouldn't fill up so fast. You can do something about this. Stand up and demand justice. I don't mean go out and lynch the security guard in charge of parking because you're mad at having to park at Midway, or strangling the lady at the registration desk when you find all of you're classes filled, but do something.

Have an opinion, take a stand. If you don't like this newspaper let them know, tell them why. If you don't like this story, and think I'm just a whiny wimp, do something about it. (No violence please, an angry letter will do fine, thank you). But wake up!

Why no steam over cold fusion?

MIKE MORELOCK **Guest** Editorial

When it comes to getting information about new developments in the world I turn to newspapers and magazines.

Like many other people, I depend on these sources of information because television only spends a few moments, at most, on any particular subject. If you want detailed information and analysis, you must turn to the print media.

This is why it is particularly irritating when a new subject is in the news, and the print media places it on the back burner. What really has me steamed is this new cold fusion process. I can find a few articles announcing this revolutionary form of energy but no real in-depth information. Cold fusion, as it is being called, has turned the scientific community on its ear. What we do know about the new process is this: Two chemists got together and invested \$100,000 of their own money to run an experiment at the University of Utah. On March 2, 1989, the Department of Energy gave them a grant to continue research totalling \$325,000. On March 23, the researchers announced to the press that they had succeeded in maintaining a fusion reaction at room temperature which created four times the energy necessary to maintain the reaction.

The basic experiment goes

like this: Take a containcr of heavy water (heavy water is formed with a special type of hydrogen); in one end place a platinum wire, in the other a pole of palladium. When you run electricity from the platinum wire to the palladium pole, the water is separated into oxygen gas and hydrogen gas. You may have seen this in a chemistry class. The palladium pole absorbs the hydrogen, and when it reaches the saturation point the hydrogen atoms are packed closely together enough to enable them

how this is going to affect me Right now America is using steam power to create electricity in the Midwest. Coal is the main source of heat to create the steam to turn the turbines. If the new cold fusion process can be applied here, hese plants would no longer be polluting the air, and our acid rain problem would be almost non-existent.

Large ocean liners and corgo container ships are using treinendous amounts of fossil fuels to move these behemoths of the deep across the seas. The reason that they no longer use steam power is because it was easier to pump oil by machines than to shovel coal by manpower. It also created too much pollution to burn the coal. Imagine the world's shipping fleets using water as a fuel instead of oil.

Take a stand....any stand

Traci Carlson Ann Marie Haney **Regina Huening Bethany Morris** Erik Seehale Kevin Tallmadge **Kimberty Tupper**

NULL LITTING **Dave Gause Russell Knuuttila** Susan Lochner Paula McWilliams Karla Olson Jame Rude **Catherine Scott** Larry Snyder Jr. **Tiffiney Stuck**

HIGHLINE COMMUNITY COLLEGE ThunderWord M/S 10-3 P.O. Box 98000 Des Moines, WA 98198-9800

The ThunderWord is published twice monthly. The views expressed are not necessarily those of Highline Community College, its administration, its faculty and staff or the advisor.

All letters-to-the-editor should be 300 words or less, be signed and include a daytime phone number.

When this new process was announced, nearly every major university scrambled to duplicate the experiment. The University of Texas announced it had sustained the reaction for 40 hours and confirmed the four-to-one ratio of power out to power in. The University of Georgia soon followed up by confirming that it is a nuclear fusion reaction but of a type heretofore unknown. Even the University of Washington has run the experiment with the

to fuse, creating heat.

same results. This is the only information that we have been given. I can understand why we haven't heard any more about the process itself; even the people running the experiment don't understand why it is doing what it does. Not completely anyhow. What I want 'o know is

Imagine never creating any more nuclear waste ...

Imagine heating your house and creating all the electricity you need in your own basement..

So come on media-folk, let's hear from the scientific community at large: what is going to change? What have we got to look forward to? We've read about the process itself. We've read that the scientific community is in a state of shock. Now it's up to the press to show us what this means to us.

Where is the press?

columns Too much exposure leads to a rear ender

(sk uncle larry LARRY SNYDER, JR.

Dear Uncle Larry; I have a problem that may not have an answer. Last week, on one of our sunny days, I was driving through Saltwater State Park when I spotted something I am sure just has to be illegal. Five girls standing around a fancy sports car exposes a large amount of the individuals rear end. Well, Uncle Larry, this was most distracting to mc.

Staff Reporter

Anyway, I was traveling at about five miles an hour when I took my eyes off of the rear end of the car in front of me and began staring at the rear end of this new fashion trend. Needless to say, I plowed into the rear end of a brand Dear Uncle Larry, new Porshe Turbo Carrera that I think was occupied by one of the Seahawks linebackers. This giant got out of his

now demolished. Porshe and he was mad. After exchanging names and insurance companies. I went over and had a few words with these ladies about the way they had caused an accident. They told me I needed to pay more attention to someone else's rear end . I am outraged. How do you feel? Exposure is Costly

Dear Exposure:

After looking into this matter, 1 find that no. it is not illegal to expose' ones rear end as long as you do not show the entire butt. I do feel for you however, because my experience with high performance sports cars tells me you are going to be paying outrageous premiums for the rest of your life.

You should probably count your dressed in a new kind of bikini that blessings that this person you hit did not kill you. From now on, you may want to either stay away from the parks on sunny days, or get there real early, get a good parking place and enjoy the scenery.

> Your good friend, Uncle Larry.

Last Friday night, I went out with a lady I haven't seen since high school. We decided we would go dancing. I suggested we go to Maxi's at the top of the Red Lion. She balked at that and said she really wanted to go to Celebrities. I. the ugh the grapevine, had heard this place was always jammed with people you surley would not bring home to mother. Being an agreeable person, I went along with this suggestion and we were off to Celebrities.

As we parked I had a feeling I should hide anything worth more than \$1 in the trunk as people just seemed to be hanging around. Any way after standing in line for an hour we paid dearly and became part of an extremely crowded group of people. While sitting with my date she noticed a man on the other side of the establishment, and wanted to go say 'hi'.

This is where things get kind of ugly. After an hour of sitting by myself looking stupid, my date returned with a man holding her arm. She introduced him and he sat down at our table. I went and used the men's room and when I returned, my date and this man had there lips locked and I had no idea what to do. It took a lot of guts but I sat back down. I did because I felt that this was my date, or was it? Please help me with my warped sense of being.

Life sucks

Dear Life:

Please do not feel alone. This problem you face is not just with you My number one suggestion is to stay away from places that breed that kind of crap. Next time a date suggest this place tell them the last time you visited Celebrities you started a fight and they banned you from ever frequenting there again.

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As for this date you went out with, well she needs to be taught some manners. Give her parents a call and find out what happened to the values they instilled in her as a child. Within 24 hours of this phone call you will most likely receive an apologetic phone call from her begging for another date.

One final suggestion. Occasionally, it makes more sense to stav home and play poker with the boys. It's less expensive, less emotional and you will be around a much better crowd of people.

> Good Luck, Uncle Larry

ed. note -- We are seriously considering the murder of Uncle Larry. Please give us your preffered manner of removal in such situations. Call 878-3710 ext. 291 and leave your vote.

Army threat to more than just terrorists



Editor-in-chief

Who is going to decide who is killed with the military's new found freedom to be trigger happy? The articles I read all claimed that the President would have to authorize all assassinations.

The process would go something like this: the National Security Council would come up with targets and reasons for their "execution" - reasons could range from blowing up planes full of people to being a nuisance for the government; the President would then choose who would be the star on the Monday Night Movie of the Week; an elite hit group would be assigned to the target and we'd all read about it in the Sunday paper.

the same folks who gave you Iran-Contra and Enterprise. Second, it is doubtful that we could accurately pin-point the real terrorists. The US intelligence community has fallen into shambles since 1974. The CIA would be lucky to find their asses with both hands let alone a Moslem living in rural Iran.

Third, innocent people are most likely going to be killed. I can hear the voice of WASP

There is an old truism: 'violence begets violence.' That is especially true today. In this age of microchips and particle beam weapons our intelligence community is still living in Empirical Japan. We can no longer use assassination as a tool for dealing with our fears.

One last thought: the Army wants to be able to assassinate 'continuing' and 'ambiguous' threats. This, I would suppose,

are in the middle of a civil war. Rainbow Warrior in New Zealand? You see, the French intelligence community felt that Greenpeace presented a 'continuing threat' to their way of life, so they blew up their boat and killed a couple of people. If the US adopts this policy, can you imagine who the NSC will want to go after? How about all of the peace freaks? Or all of those people who don't want a nuclear dump at Hanford?

So, the Army wants to be able to assassinate 'threats' to the security of the US.

That sounds fine, doesn't it? The general reaction from the 'person on the street' (okay, so really just a few people in the cafeteria) seems to be positive. I even had one person tell me that "assassination is fine, as long as we get the right people." This started me thinking (which many people consider a dangerous exercise).

The problems with this proposal are immense. First of all, depending on the NSC for truthful information is like depending on the Aryan Nations to organize a Martin Luther King Jr., memorial march. Remember, these are

society now: 'So what if a few camel-jockeys get bumped off.' This is going to make the US look really bad. Who are the terrorists now?

Last, what if we get caught? There are international laws outlawing the use of assassination. The world isn't going to take kindly to having US hitsquads running around killing people.

The Mossaud (Israel's intelligence agency) has been conveniently claiming 'an eye for an eye' for years and now they

Give the gift of life! **HELP WANTED** Carry an Organ Where can I get a donor card? A donor card is printed on the back of **Bingo Floorworker Donor Card** Washington State temporary driver's Part time/Full time license. Self-adhesive labels to affix to Wages, Bencfits DOE your permanent license are available at Come in person to driver's license offices Organ donation Association **Big Brothers Bingo** P.O. Box 3485 Wed., Fri., Sat. after 10 am Seattle WA 98114 225 S. 140th Burien 1-800-422-3310

would refer to the Quadafi and Khomeini. Great, but do you remember a few years back when the French sunk the

Oh, well, you might as well throw the managing editor of the ThunderWord in there somewhere.



columns

High tech phones ring in the future



BRYAN SMITH Staff Reporter

hung up and you are left wonder- Call Prioritization. ing.

to pick up the receiver, push three plement are in the near future. capability to transmit 125,000 buttons and have the phone With CLASS you can easily see simultaneous phone conversanumber of the person who last who is making annoying or crank called you displayed on a small calls. To have CLASS on your strand. LED screen attached to your phone may cost about \$10 more phone? I'm sure most of you a month for the full package, but vances in the phone system but know a local gossip or com- many of the customers in the test nothing like those ahead. The plainer. Well, when this person cities say they are happy with future holds a global compucalls, their phone number flashes CLASS. on the display and you can de-

thing a bit far fetched?

The system is called CLASS (Custom Local Area Signaling badly needed revenue. Service). This system will take phone service to a new level. used to transfer your calls are Another new addition to this done by super computers which system is Call Prioritization. If work at rates far faster and How many times have you just you are a working parent you cheaper than previously posreturned home and, as you are can call home from work and sible. By converting voices unlocking the door, you hear the have the phone ring differently. and data into digital codes, the phone ring? You race to the Your children know it is you and phone system's transmission phone, just a second too late. they can answer. This is just one quality is being improved sig-The person on the other end has example of what you can do with nificantly. Personally, I like the

How would you like to be able in a couple of cities. Plans to im- networks. Fiber optic has the

CLASS is just another new make it dramatically easier, cide whether or not to be home. feature which the 22 independ- cheaper and quicker to trans-

Suppose you are tired of being ent Bell operating companies are mit sound, data and video No program is perfect pestered by a pesky salesman. using to bring in more money Well, touch in his number plus a to their individual companies. code, and he will receive a mes- With state regulators restrictsage that his call can not be proc- ing rates for basic telephone essed. Is this sounding like some- rates, the local operating companies need every service they can come up with to provide

Today most all the switches new fiber optic cabling being CLASS is currently being tested installed throughout the phone tions through each thin glass

> There have been many adterized network which will

images. for example, allow people to phone line. Many large corpo- deserted, alone. rations have invested in ISDN.

est phone wherever you are, enter your PIN, and all calls Chain smoking, cold coffee. will be routed to you. As soon as CCITT (Commit- "I've got it," he cried. tee Consulting International Telephone & Telegraph) can work out a standard with all of Change two, and then three more,

the world's phone systems, the future will race ahead.

(For those of you who have

been lucky enough never to use cards, "face down, nine

edge first," is how you insert

to highlight your day.

they say with a shrug.

The Integrated Services The client is happy. Digital Network (ISDN) will, what's one little bug.

transmit any type of data while But he was determined. they carry on a conversation at The others went home: the same time on the same he dug out the flow chart

There is even talk of assign- Night passed into morning; ing people their own Personal the room was quite littered Identification Number (PIN). with core dumps and punch cards. You can just pick up the near- "I'm closer," he tittered.

Logic, deduction.

"Just change one instruction."

as year followed year, and strangers would comment, "Is that guy still here?"

Here is a little computer poem He died at the console of hunger and thirst. Next day he was buried face down, nine edge first.

<End of Transmission>

Bacteria kills six



PAIGE KERRIGAN Staff Reporter

Here's a new word for you: Meningococcal. What the hell is it? I can't even pronounce it. Meningococcal is a disease which can cause death, especases of the disease have been reported, with no deaths, while Pierce County has recorded six cases with one death. Health officials say the current number of cases is normal for this time of the year.

Yakima County has reported 18 cases, with six deaths resulting. The problem in Yakima is that "health care is not adequate enough," says Mary Lou Holland, Highline Community College nurse. Meningococcal is difficult to catch. You can contract the disease by prolonged, close contact with a person who is infected.

people experience when they catch cold. Meningococcal, however, may turn to a fever and then a purplish rash which resembles a bruise. Headaches may occur, as well as a stiff back and/or neck, vomiting, difficult breathing, and swollen joints.

Janice Boase, a disease control expert for the Seattle-King County Health Department, recommends the vaccine for people who will have direct exposure to someone with the disease or with a family in which someone has the discase



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features **COMMON**

Tips for surviving speech 100

LARRY SNYDER, JR. Staff Reporter

Do you feel the same way as most Americans do when it comes to speaking in front of an audience? America's number one psychological fear is public speaking, says most psychologists.

Why is it that, though you can talk one on one with people all day, when it comes to speaking in front of more than one person your knees shake, you sweat profusely, and you can't remember what you just said?

Where does this fear originate? This fear begins when people think about being evaluated on performance and delivery style, says Chuck Miles, a 21-year veteran of speech instruction at Highline Community College. "The people we seem to admire most are those that exhibit good verbal and nonverbal communication skills."

"The people we seem to admire most are those that exhibit good verbal and nonverbal communication skills."

Miles listed three controlling practices for better speaking: research your topic thoroughly, know the content of your speech and have a strong desire to make your point understood and well taken.

Miles sees many rewards to proficient public speaking skills. They include having an impact on public issues, making a change in your personal and professional life and knowing you have what it takes to give a presentation.

Although speech 100 is not a requirement for an Associates of Arts degree, it is being considered. Some transfer programs, as well as a few occupational degrees, require a quarter of speech, says Owen Cargol, HCC Dean of Instruction.

Proven Techniques

If you are having trouble coping with the anxiety of speaking in front of an audience, here are a few proven techniques, used by Zig Ziglar,

international motivational speaker and writer. Choose a subject you know and are excited about. You will feel more comfortable and your energy and enthusiasm will show. A technique for appearing calm is to gesture. By moving your hands and body, the audience will not detect shaking or nervousness and will pay better attention.

One of the most important tools for controlling speaker anxiety is the use of notes. Your outline should include just main points. Use a highlighter to make your notes easier to read. This will allow you to glance at your notes rather than read them. When a speaker reads a speech the audience is bored.

Visualization

Visual aids are helpful when giving a speech. A flip chart helps illustrate your points as well as keep track of your outline. Visual aids help your audience remember what your speech is about. Should you use visual aids, make sure they are readable from a distance. A flip chart should only contain a few words on each page. By tabbing the side of a flip chart, you will be able to turn each page easily.

Vocal variety is another aspect of public speaking which keeps an audience attentive. For example, if you feel the audience is beginning to drift mentally, speak louder and move closer to them.

In his book, "Put your Money where your Mouth Is," Dr. Robert Anthony suggests staring away from people that are not listening to you. Spot a person in the audience that is showing interest in your speech and then make eye contact.

Insure the success of your speech by the folowing methods. Visit the room you will be speaking in. Sit down and do a few minutes of visualization. Build your self confidence as a speaker by seeing yourself do something before actually doing it.



Preparation

Another way to mentally prepare for a speech is to take a number of breaths. Deep breathing increases the amount of oxygen in your brain, which in turn has a calming effect, says motivational speaker and writer Peter Lowe.

With all these techniques in mind, the bottom line when it comes to public speaking is to remember the five P's: Proper Preparation Prevents Poor Performance.



Visual aids are helpful when giving a speech.

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ANXIETY **PROBLEMS**

Beat stress and get relaxed

CAROL NELSON **Staff Reporter**

It's spring quarter and many of us have put off taking certain classes we find difficult and stressful until our final quarter. For some of us it's speech, for others it might be math or chemistry. But, here we are and there's no getting around it. We need this class to graduate. We begin to notice certain symptoms as we approach our first test. We have the jitters, rapid heart beat, upset stomach, shakiness, sweating, cold clammy hands, fear and an inability to relax. How are we going to get through this class, and where c[:] we go for help?

rlighline Community College's Counseling Department rs two workshops which heip students deal with anxiety and relaxation problems. One workshop deals specifically with classroom anxieties. The other workshop is for people interested in relaxation techniques.

Patricia Haggerty, a counsclor at HCC for 20 years, teaches a workshop entitled "Classroom Anxiety: Causes, Cures, and Resources for Help."

Problem Sources

Haggerty deals with four problem areas in her workshop. She teaches her students to take a look into their past experiences and recognize what created this anxiety for them. She discusses the myths, self-talk and unrealistic expectations students place upon themselves and how to overcome them.

"People can't remember, think straight, listen clearly, understand what's said, respond appropriately, or do other good cognitive skills when they are anxious," says Haggerty. "The reason they're anxious is something in their past. It's a ter two years, according to time when they were humiliated or embarrassed. That emotional feeling overrides good cognitive skills. So that's the source of it, and people have to get back to that anxious moment. So what I do in a classroom-like setting is not psychotherapy, it's not counseling, but it's offering people the opportunity to look at themselves."

According to Haggerty, around the age of seven children pick up messages people learning is repeating something send. As an example, some two or three times rather than children might be told they are expecting to understand evegood at drawing but poor at rything the first time. math. Children seeking attention and love continue to do what they are praised for. They begin telling themselves they depth counseling or bio-feedcan't do math. They put a label back is also recommended for on themselves and learn to those with the money to invest. honor it. This is part of the Haggerty tells a story about a

Haggerty explores with her students.

Instant proficiency is another barrier Haggerty feels people must overcome. She asks her students if they have to understand everything they do.

"Sometimes you don't have to understand, you just have to set through. Just get through it and get the best grade you can," says Haggerty. "I just have people look."

People's memories fade at Haggerty. People keep a skill they use. For many students coming back to school after 14 or 15 years, this means beginning at a lower level than expected.

Haggerty offers several suggestions to help students overcome their learning blocks. Auditing a class, even several times before taking it for credit, helps some students feel more comfortable and confident. One of the adult strategies for

A relaxation or meditation workshop often helps dealing with an anxious situation. In-

myth and self-talk area 64-year-old woman with math

anxiety who wanted a degree from the University of Washington. She asked Haggerty for help. "She made a visit back to me, to tell me she passed the math and really did very well. She was Phi Beta Kappa from the U," says Haggerty.

"It's a very informational workshop in which people will say, 'Oh, I didn't know that.' People can amaze you. Suddenly, they can take action," says Haggerty.

For people seeking a more relaxed body and an alert mind, "Relaxation Training for Stress Reduction" is a workshop taught by HCC counselor Beverly Baum.

Baum feels we are living in a society that demands more of us than we are physically and mentally able to cope with. "It's amazing to me that our community college students are able to go to school, support themselves and maintain home and family all at the same time," says Baum. "And in doing that they are usually fatigued, pressed beyond their abilities to cope with it."

Relaxation Techniques

Guided imagery and breathing are the main techniques Baum uses in helping students create a more relaxed state.

Guided imagery is the ability to create images at will in a person's mind. According to Baum, it's a very natural state. People create images when they davdream and sleep.

"Fear and relaxation are incompatible," says Baum. "If you can create a relaxed state you can go into a test-taking situation and keep your cool. It has a lot of uses and varies from person to person. Sometimes people use it to control pain. They use it to improve self-esteem. Those are not central. The purpose is relaxation, but people sometimes have some surprising results from it."

Aside from imagery and breathing techniques, Baum teaches students to get in touch with what she describes as the "observer part of ourself." This allows people to monitor their emotional state and body sensations.

"You can really reduce your stress by simply observing what goes on inside of you, rather than constantly trying to change it," says Baum.

Baum has been teaching the workshop for a year and receives a good response to it. Many people from the Women's Programs and the community attend, but she's more interested in serving the HCC student population.

An investment of two hours a week, in addition to one halfhour of practice a day, is all that's required for the class.

For anyone interested in these workshops, contact HCC's counseling department, extension 353, or check the quarterly class schedule.



David McKee demostrating posture for experiencing guided imagery. Photo by Kevin Talimadge

page 10 HCC THUNDER WORD

<u>entertainment</u>

Dr. Strangelove-1400 megatons of film



The atomic bomb is another weapon in the arsenal of righteousness. -Harry S. Truman



Peter Sellers plays the President in Dr. Strangelove

I can no longer sit back and allow communis infiltration, communist indoctrination, communist subversion, and the international communist conspiracy to sap and inpurify all of our bodily fluids.

-Gen. Jack D. Ripper (Sterling Hayden)

1964... Lyndon Johnson was president. America was in between two Southeast Asian landwars (Korea & Vietnam). I was not yet conceived. And, in January of that year, one of the most important anti-nuclear films of all time was released.

"Dr. Strangelove Or: How I Learned To Stop Worrying And Love The Bomb," was not received well by critics and finished in 14th place for the year's most profitable films. Not very impressive, considering the director/producer who was behind it.

Stanley Kubrick has long been considered one of the premiete directors of modern cinema, but this

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wasn't a break-through film for him. Peter Sellers is great in his roles but hardly at his sharpest. This is, however, an amazing piece of work for George C. Scott who plays a perfect high-brass general.

The film was based on the book "Red Alert" by Peter George, who helped on the screen play. It is the sordid tale of nuclear war, the arms race, and "better-dead-than-red" military types.

> The cast — which includes Sterling Hayden, James Earl Jones and (get this) Slim Pickens - gives the script real zest. The storyline basically follows the events of a humorous little doomsday. It seems . that Gen. Jack D. Ripper (Sterling Hayden) has a theory about fluoridation being a communist plot to cause us all to go impotent (at least the men). He therefore deems it necessary to wipe the reds off the face of the earth or, at the very least, start World War II As commander of the 843rd Bomb Wing he issues orders for the infamous Plan

'R' to be carried out by the B-52s under his command. The plan calls for the bombing of several Soviet

targets without the authorization of the president (one of three roles played by Peter Sellers). The plans assume that the president is dead; unfortunately, he isn't.

Air Force Chief-of-Staff Gen. Buck Turgidson (George C. Scott) feels fairly adamant about the fact that the United States needs to follow through with a full-scale nuclear attack. He even gloats as he reads a statement from Ripper: "Yes, gentlemen, they are on their way, and no one can bring them back. For the sake of our way of life I suggest you get the rest of SAC in after them. Otherwise we will be totally destroyed by red retaliation. My boys will give you the test kind of start, 1400 megatons worth. And you sure as hell won't stop them now."

While the general, joint-chiefs-of-staff, and president argue over what should be done, Major I. J. "King" Kong (Slim Pickens) is expertly flying his B-

52 towards a target deep within the borders of the U.S.S.R.

After receiving the go order, Maj. Kong debates with himself over the morality (or lack of it) of nuclear war. His sense of duty overcomes his momentary lapse of guts. After Kong gives his crew one of history's greatest pep speeches, he presses on.

By this time Group Captain Lionel Mandrake (Peter Sellers' second role in the film) has realized what Gen. Ripper has done. He confronts Ripper who tells him about his plot and tells him that only he knows the three letter code to call back the bombers. Mandrake spends the rest of the film attempting to figure out the code (Ripper kills himself to avoid capture by Army forces sent by the president).

Back in the war room, the Soviet ambassador has shown up, as has Dr. Strangelove (the final Sellers' role), a Nazi turned U.S. physicist. Strangelove and Ambassador de Sadesky (Peter Bull) banter back and forth over the Soviet "doomsday device" which will release enough radioactivity to kill everything on the face of the earth. De Sadesky also has some greatmoments with Turgidson, like when Turgidson attempts to plant a camera on the Soviet.

The film closes, of course, with the ultimate destruction of manking supplied by the brilliant coupling of the symbol of death for the nuclear age --- the mushroom cloud --- and an old song: "We'll Meet Again Some Sunny Day." The irony is that even in the closing minutes of the film, when all of those in the war room learn that man is doomed, the arms race continues. Turgidson wants a doomsday device before there is a doomsday gap and the ambassador wants photos of the war room to send back to Moscow.

Overall, the film manages to leave a taste of bittersweetness in your mouth: happy that you have watched the film and glad to be alive but more than a little bit scared about what tomorrow might bring.



235-9660



entertainment



Dead Calm, the latest release from the producers of Mad Max is a tense, disturbing adventure that grabs you and holds you on the edge of your sent.

Hitchcock coulds I have dots better than director Phillip Noyce, who skillfully and aubthey sets your nerves on edge in just the first few minutes of the film. By the end your heart's besting as if you just the the Boston Marathan

The tightly written script was adapted by Terry Hayes from the novel *Dead Calis* by Clinder Williams. Hayes proves the old adapte "Jess is more" by using an sconomy of words and cutting out all but three characters and a dog. By doing this, the story becomes shore involving and the situation more despende.

The film opens with John and Rac Ingram (played

superfoly by Sam Neill and Nicole Kidman) losing their child and setting sail to recuperate from the loss. One dead calm afternoon a mystenous stranger in a dinghy bumps into the side of their boat. Once on board he tells John and Rae his name is Hughie (played irresistably by newcomer Billy Zanc) and he's the lone survivor of the sinking Orpheus, a battered vessel just visible on the horizon.

Hughie spills forth a tale of how his five shipmates died of food poisoning. His irrational behavior spurs John into investigating the Orpheus while Hughie sleeps. What John finds on board the sinking ship is grisly evidence that Hughie is a demented psycho. Meanwhile, Hughie wakes up, beats Rac unconscious, and turns the boat around, leaving John with the doomed ship.

The rest of the movie is the deadly cat-and-mouse

Hitchcock couldn't have done better than director Philip Noyce, whe skillfully and subtly sets your nerves on edge in the first few minutes of the film.

Rae must play with Hughie to mancaver the boat around to reacte her husband. Dead Coim is as effective as a thriller can get. It's elegant in its simplicity but not any less frightening.



Critics are preaching Madonna says her prayers

KATHLEEN BROWN Staff Reporter

C

Prince, male vocalist, once produced a purple colored album. Journey, a rock band, once enclosed posters of the band with its albums. "Madonna," popular female vocalist, also added a special touch to her new soundtrack "Like a Prayer." Every album, tape and compact disc is sprayed with her personal perfume.

Madonna's hit single "Like a Prayer" was introduced March 2 in combination with an international Pepsi commercial on television. If you have not yet seen the commercial, which also contains

she is falling out of the sky; she kisses the statue's feetit comes to life. While picking up a knife her palms are punctured, thus hinting she has been crucified. Madonna then witnesses three white men attacking a women and the police arresting an innocent black man. Life-size, inflamed crosses surround her as she sings, "Life is a mystery, everyone must stand alone." The saint returns, kisses her and turns back into a statue.

Madonna's video is creating mixed reactions among her critics and her fans. It will be interesting to see if her sacrilegious image will affect the selling of her album have not been examined as closely as the music video. In a recent Rolling Stone interview Madonna admits the emotional context of her album is drawn from her childhcod. Madonna's song "Oh Father" describes her conflicting emotions toward her father.

"Promise to Try" describes the trauma she experiences as she yearns for her dead mother while still trying to accept the fact that her mother is gone. Madonna describes the song'Till Death do us Part" as a story about a "dysfuctional relationship, a sadomasochistic relationship that can't end." It is to no surprise the song describes

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If you don't come in and pick some up, the money is just going to keep piling up around here.





entertainment

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Tsutakawa jazzes up Highline



CAROL NELSON Staff Reporter

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HCC THUNDERWORD

Deems Tsutakawa, internationally known Seattle jazz musician, gave a free concert April 13 in the Highline Community College student lounge. The concert was sponsored by HCC's Events Board as part of the Thunder Music Concert Series.

Tsutakawa, pianist, was accompanied by Steve Banks on drums and Owen Matsui on bass guitar. The three have been playing together for five years.

Tsutakawa feels it's important to develop his own style, statement and technique. "Our sound is not very electronic," said Deems. Although he was playing the electric piano for the HCC concert, he was quick to say he would prefer playing a grand piano. He doesn't like technology getting in the way of his statement. He has a light, refreshing, sophisticated style.

Tsutakawa began studying music at age five. He studied classical piano until he was 15 when he became interested in jazz, pop, and R&B. Oscar Peterson and Ramsey Lewis, jazz artists, had an early influence on his musical development. A graduate of Franklin High School, he attended the University of Washington and the Comish Institute of Performing Arts.

Tsutakawa says that for music students, "It's important to play with the ear. Their progress is proportional to the hours spent on the instrument."

Tsutakawa feels the music industry is a tough business to break into. In the 1970's he cut several 45 RPM records, but he realized he couldn't wait for a big record deal to come along. He felt he had the confidence to produce his own music, so he started his own record company, J-Town Records. His first album took him two years to produce and release. He composed the music, performed, recorded, distributed and even did some of the art for the cover. He worked as a sheet metal fabricator to earn a living.

Tsutakawa says the media too often dictates what the public will listen to, but Seattle's radio and television stations are approachable. He no longer has to distribute his



Deems Tsutakawa put on a free show for students at the student lounge last week. Photo by Kevin Talmedge

own work. In 1986, his second album Living was released. Later this year his third album will hit the market. He is also producing a single for San Francisco singer Colette Ikemi.

Tsutakawa's concert schedule keeps him travelling to many areas of the world. He has played in Japan, Europe, Canada, and throughout the United States. He said his records are selling well in

Europe.

He will perform May 21 in Los Angeles at the Design Center. Locally, he is scheduled to appear this summer at the Bainbridge Island Jazz Festival, Bumbershoot, the downtown Out to Lunch series, and the Pike Place Market. Area FM radio stations featuring his albums are KNUA, KPLU and KEZX. His albums can be bought at all local music stores.

1989

Calendar o	of Events Board Activities	Performing Arts Series 1989
Monday, April 17	Performing Arts Series 1989 Bochinche a 10 piece ensemble playing	Seattle Puppetory Theatre
Tuesday, April 18	Latin-Salsa music and the HCC Jazz Ensemble- Directed by Ed Fish 7:30 pm, Building 7, Artists-Lecture Center Admission: \$3.00 Students & Seniors \$4.00 General Admission Poetry Reading by Madeline Defreeze NW Poet-Bldg. 7, Artists-Lecture Center	An entertaining childern and family show Saturday, April 29 Building 7, Artists-Lecture Center Showtimes: 11am and 1 pm
Thursday. April 20	Time: 11:00 am Alaskan Radio Comedy featuring Jack Thomas Bldg 7 Artists-Lecture	SFree Admission

Thursday, April 20	Jack Thomas, Bldg. 7, Artists-Lecture Center, 12 noon Open Discussion on Dramatic Poetry with lack Thomas Bldg. 7, Artists Lecture	SPICE Addition This program is funded in part by the H.C.C. Parent Education Department, the King County Arts Commission and the Events Board.
Saturday, April 22 Monday April, 24 Wednesday, April 25	with Jack Thomas, Bldg. 7, Artists-Lecture Center, 1:00 pm Saturday Morning Childrens Film Series Film: <u>The Fox and the Hound</u> Time: 10:30 am, Bldg. 7 Cost: 50¢ for everyone The Blue Monday Lunchtime Express Concert, The Ferryboat Musicians Bldg. 8, Student Lounge 12:00 noon Pool Tournament III Games Room, Bldg. 8 Prizes of \$75.00, \$50.00, and \$25.00 12 noon - 4:00 pm Sign up at Student Lounge Desk, Bldg. 8 \$5.00 if paid before 2pm on Monday, 4/24 \$8.00 if paid after 2 pm on 4/24	Friday, April 28 Boat Cruise '89 A Night on the Sound Boat Cruise and Dance, Pier 55 -Seattle Featuring prizes and the American Dance Machine's Music and Video System 8:30 pm Boarding time 9:00 pm Sailing time. 12 midnight Docking time Cost: \$1 with HCC ID \$3 without HCC ID \$5 couple without HCC ID

entertainment (

Seattle's newest HERO Green Arrow finds a home

Entertainment Editor

Move over Steve Largent. Look out Dale Ellis. Seattle has a new hero.

Ollie Queen has moved into town. Queen, as everybody knows, is The Green Arrow. DC Comics has relocated The Green Arrow in the Emerald City, in a more sophisticated, more artistically sound yet violent, comic book series.

The Green Arrow was one of the lesser known DC superheros, fighting crime under the shadow of the likes of Batman, Superman, and Wonder Woman. But the near perfect archer has always had a small but devout following.

The new series, which began last year, is just one in a deluge of comics aimed for an adult audience. Seattleites' seeing the Green Arrow in living color roaming the streets of Seattle are inspired to tale even more interest.

The old Green Arrow was always the smart ass of superheros, cracking jokes while he was sticking some poor supervillian with some trick arrow. The new

Green Arrow has soured and is a little less happy about being a superhero. The trick arrows have gone by the wayside, and now the Emerald Archer relies soley on his deadly accurate aim, using only razor sharp arrows.



When he uses those arrows the result is a graphically violent image. More than once arrows have protruded through different parts of crooks' bodies. More than just a trickle of blood is spilled on the pages.

Green Arrow has evolved into a killing machaine. In the October 1988 issue of the Green Arrow entitled *Here There Be Dragons*, an opponent says. "I once said you haven't the eyes of a killer. They've changed... as you have."

"You can never go back," he replies. Mike Grell, Ed Hannigan and Dick Giordano collaborate to produce an excellent product. The stories are more in serial form, twisting your arm to buy the next issue; but unlike the old Green Arrow it requires a little brain usage. Things aren't as spelled out. If you can gut the violence, Green Arrow is a great example of succesfully turning a children's product into adult entertainment. However, the adult must have a little bit of kid left in him.

Welcome to Seattle Green Arrow. And while you're here, could you do something about that loudmouth Bozworth guide.

This story is second of a series of three stories looking at the changing world of comic books, and the comeback they are making. Next issue a look at some of the bucks that people are forking over for collecters editions, and what new comics will bring big price tags in the future.



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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	SUGGE	ESTED	VIEWIN	65 :	The Central	The Grill
	at	बरे	Alien Bychoblast	and the Lasers	28 Boat Cruise and Dance	Seattle Auppetory Theatre
Cruella at The Rivera Steakhouse	The Hollywood Underground	The Backstose	at The Central Taven	The Ballard Firehouse	Pier 55 Seattle	Building 7 HCC Campus
Kenny 30 Monteith and Marc Narmor at	May?	2	New Order 3 and Throwing Muses	111120 4	Next 5 issue of	6
The Comedy Underground et Swannie's			et The Civic Auditorium	The Central Tarern	The T-Word Comes out.	

DC Contes

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Jockey and owners display winning horse at Longacres.

Photo courtesy of Longacres

Pick up the money- but don't step on the chips

PAIGE KERRIGAN Sports Editor

Green grass, fresh blooming flowers, open space, fresh air, clean dirt. Cheerful laughs, hoots and hollers. And horses.

These are the sights, sounds and smells of Longacres Race Track, located just off I-405 in Renton. Longacres is fun, exciting and a relatively cheap form of entertainment.

Celebrating its 56th year, Longacres opened its doors this season on April 5. The season will last 125 days, closing Sept. 25. Longacres races Wednesday through Sunday. The first race during the weekdays begins at 5 p.m. (Gates open at 3:30 p.m.) On the weekends the first race begins at 1 p.m. (Gates open at 11:30 a.m.) There's no need to worry about where to leave your horsepower either. Longacres has parking spaces for 8,000 automobiles. General parking is Steep referred parking (closer to the grandstand) is \$3. Valet parking is available in front of the clubhouse entrance for \$5. O.K. Let's find the entrance to this giant 200- acre arena. Admission to Longacres is \$3. Paddock club reserved seating is \$2.50 and \$5, and reserved grandstand and box seats are \$2.50. Children under 10 get in free. Now we re-parked and we've paid to get in. What's next? In the paddock saddling ring, 45 minutes before the first race of the day. former jockey Basil Frazier conducts a brief seminar on racing and wagering. You receive a first timer's guide book, which explains how betting is done and how the race is run. The guide book is extremely helpful, especially if you're new to horse racing

room is on the second level of the clubhouse and has full sitdown meal service. You can make reservations with the hostess when you arrive. The grandstand and clubhouse have lounges and refreshment stands.

Great, we've eaten and we're ready to hear more about the horses and the masters who ride them, the jockeys.

In the eyes of Jeff Mills (J.W. Mills on the racing program), horse racing is competitive and very dangerous. Mills says he's hit the ground a time or two. A typical day for a jockey begins around 5 a.m. The jockeys help train the horses they will be riding that day. In the afternoons and evenings they're racing. On a weekday, a jockey can work as long as 17 or 18 hours a day. Their days end around 10:30 p.m. The weekends end a little sooner because the races start earlier and finish earlier. "I've been doing this for 15

years now," says Mills who started riding when he was 17. "The horses have to be fit;

hopefully they're in condition before they are brought over to race," he explains.

Jockcys will win an average of 100 races, if they race all year round. If they just race the Longacres' season they usually average around 50 or 60 wins.

Most jockeys have agents who help set up their races.



The ideal weight for a jockey is around 110 pounds. "You figure with your saddle and equipment, you have about four pounds extra," said Mills. "Too much weight slows the horse down.

"When I get on a horse, I feel great. I'm very optimistic. If the horse doesn't have a real good past performance, I hope to move them up a little bit " In spite of the long hours, Mills says his life is exciting.

"It's a kick. You have to win," says Mills.

The people who actually hire the jockeys lead an exciting life as well. To train a horse you start with a two-year old. "The breaking process starts usually in December and takes about two months to break a horse where you can bring them to the races," says Carl Olson of Carl Olson Racing Stables, located at Longacres.

After the breaking process, it takes about 90-120 days to train a two- year old. For a horse who has run in the previous season, it takes 60 days to retrain them to run on the track.

Most of the horses running on the track are three, four and five year olds. A horse can run at Longacres until it is 10 years old. "They usually develop problems that will shorten their career though," says Olson.

"It takes time and patience," chuckles Olson when asked

Longacres also offers dining. The Golden Stirrup diriting 5



pecially	Jockey and horse warm up for a day of racing.		Photo by Kevin Tal	llmadge	More on Longacres next
racing.	,				issue: how to read the program
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about what it takes to train a horse. "It's long, slow work, like a human athlete. We run them a mile in the morning to burn fat, build lungs, and build cardiovascular system to where they can take the strain "

O.K. But what about the races? How are the races picked by the trainer?

Trainers look in a condition book, which is a catalog of races for the next two weeks. "You pick the race that best suits your horse and contact the agent of the jockey you want to use in that particular race. It's as simple as that," explains Olson.

"In this business, if you don't enjoy it, get out because you're not going to get rich," says Olson.

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APRIL 21. 1989

HCC dominates relays in Oregon

sports

Paige Kerrigan Sports Editor

The Mt. Hood Relays held in Gresham, Oregon, April 15, proved Highline Community College men's track team has what it takes to finish strong.

The track meet was geared towards relay races with just a few individual races throughout the day.

Highline "dominated in the relays," said Don McConnaughey, track coach for HCC. "We came in third overall. We did a really good job."

In the Distance Medley HCC placed first, in 10 minutes 25.3 seconds.

The 400-meter relay placed HCC in fifth, with a run of 44.1 seconds. Clackamas College came in first with a time of 42.7.

HCC placed third in the 1600 with a running time of 3:25.6. The four HCC students who ran were Artis Martin, Allen Goans, John Armeni and Pat Robinson. McConnaughey felt this was one of the best races of the day.

Armeni had a strenuous day, running four relay races at the meet. He ran the 400, the 1600, the 800 and the Sprint Medley.

Robinson finished the day anchoring three relays which included the Sprint Medley, the 3200 and the 400.

"Robinson is an outstanding performer," said McConnaughey. "Tim Conner and Carl Buena also did very well in the 3200."

In the 3200 HCC finished first with a time of 7:44.35.

In the Sprint Medley HCC ran the relay in 3:35.1, also taking first place.

Another first place claimed by HCC was in the 6400. Time run was 17:49.8.

"The pole vaulters did an outstanding job,"said McConnaughey. "Sixteen feet is only four inches from the league record. Garth Williard attempted 16 feet 6 inches and just barely missed it."

In the only individual running event of the day, Ozzie Williams ran the 110-meter high hurdles and placed second. His time was a quick 15.45 seconds.

"The thing that pleased me the most about the meet was the degree of competitiveness,"



Brett Goler hurdles towards the water in the steeplechase.

McConnaughcy said. "They all competed really, really hard. The Shotwell Invitationals

which were to be held by the University of Puget Sound in Tacoma next Saturday, April 22, have been cancelled. Central Washington University has picked up the meet, but HCC will decline as McConnaughey feels that "we could use this weekend to train and get ready for the next meet."

In the upcoming Oregon Invitationals, sponsored by Nike shoes, five of HCC's runners have been invited to participate. These include Brett Goler rurning the steeplechase; Carl Buena running the 1500; Pat Robinson running the 800; and two pole vaulters, Ron John and Garth Williard.

Photo by Tim Vandervlugt



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Ron Johnson attempts to clear the league pole vault record.

Photo by Tim Vandervlugt

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Softball swings towards conference playoffs

DAVE WELLINGTON Sports Editor

Weather has finally permitted Highline Community College women's softball team to begin league Pankievech and Laura Bovee play.

The season officially began April 8 with a doubleheader hosted by South Puget Sound. As was the the first game 4-3. The single case in the pre season, High- runs batted in by McKay, line trounced the Clippers 8- Rhodes and Kina Williams 2 in the first game. Mary were not enough to defeat Force and Reiko Frank each the Rangers. Coming back scored two players. Shan- in the second game, they denon Kussman brought in feated Olympic 6-3. Frank, three runs while Chris Pank- Carinn Pankievich and ievich scored one. The score Rhodes batted in three, two, of the second game was and one runners respecmuch closer: 5-4 in favor of tively. Highline.

women their first opportunity to play on their home with what they're doing. points against the T-Birds turf. On April 14 they hosted They're super gals. That who scored only one hit. Grays Harbor in another makes my job pretty easy. Fortunately, the second double-header. The first All I have to do is point them game does not count towards game of the two-game series in the right direction," she their conference record. was a disappointment for the said. women who only scored one daunted, they rallied in the admitted she was a little this year," Beymer said. second game, soundly de- disappointed, but not angry. The team will be work-

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sports |

APRIL 21, 1989

from Marci McKay and two from Debbie Rhodes. Kelly Brusa, Reiko Frank, Carinn

each brought in one. In its game against Olympic on Saturday, the team again lost to its opponent in

They were aided in their nervousness of the first Friday against Tacoma at 2 on Tuesday at 12 p.m.; Green

games they were just trying several home games. The South Puget Sound April 28 too hard. When they re- team will be competing at 3 p.m. and Spokane April laxed, they were fine." The team reversed its

performance in the game against Edmonds on Tuesday. They struck early, defeating their opponents in the first game 10-6. They were aided by Force's threerun home run which brought in Brusa and Rhodes as well as herself. Frank, after hitting a triple, was brought home with a base hit from Carinn Pankievich who also stole three bases during the game.

The second game against Head Coach Kelly Bey- Edmonds, however, was not This weekend gave the mer was pleased with the as positive an experience. results. "I'm really happy The other team scored 10

The team and the coach When asked about the remain optimistic. "It's still point in the game. Grays results of the first games of early in the season but we're Harbor scored four. Un- their double-headers, she looking to go to the playoffs

feating their opponent 11-1. She said, "I think it's the ing toward that goal this

against Clackamas College 29 at 11 a.m.

victory with three RBI's couple of games. The first p.m. They will then host River April 25 at 3 p.m.:



Reiko Frank slides safely home to score. Photo by Kevin Tallmadge

