The Dental Approps Program's facilities at HCC received their first big upgrade since 1976. See page 3.

HCC's cross-country team was interviewed over the phone line to claim its fourth consecutive conference title. See page 2.

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CHEERLEADERS PREPARE TO EXCITE

Shannon Borde
STAFF WRITER

For the first time since it
was founded 27 years ago,
highline Community College
has a cheerleading squad.
Jennifer Karausk, Ashton
Esposita, Christine Onuia,
Outsay Hay, Tab Planc,
Kareen Hocks and Tamiko
Davis are the HCC Thun-
derbird cheerleaders for the 1989-
1990 school year. Karausk and
several other ladies on the
squad organized the group
through student activities.
"It was easy. We had a meeting
with Bruce (Student Activities
Coordinator) and put up pos-
er," said Onuia.
"Bruce Mackintosh was a
lot of help," Karausk said.
Eligibility for the squad
requires enrollment at HCC, a
minimum of 12 credits; an
attainment to all events,
fundraising and two-hour prac-
tices every Monday and Sun-
day.
Due to their late start in the
school year, the squad will only
cheer at men's and
women's basketball games.
Next year they will cheer at as
many athletic events as pos-
sible.
The squad's debut will be
at the first regular season game
of the men's basketball team
on January 3. They hope to
involve the crowd in many of
their cheers. "We're really
looking for a lot of crowd par-
"Cheerleaders prepare to excite.
cheering at the men's and
women's basketball games.
Next year they will cheer at as
many athletic events as possible.
"They promised us substan-
tial and wait for good tim-
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and wait for good times.
Spanish students take classroom into the community

Rita Baile
STAFF WRITER

Projects take students into world

It was 15 minutes until the end of the school day. Laura Dotterwick, Highline Community College's Spanish student, stood in front of 22 fifth grade students at St. Columba's Episcopal Church. The students were enthusiastic, bouncing off the wall with energy and ready to go home. Dotterwick, who hopes to teach Spanish in the future, was there to channel her designed vocabulary of their experience and what they had learned in Spanish. This served as their fourth Spanish test for the quarter.

Wilson had three suggested projects: El Centro Hispano, Des Moines, where they would do volunteer work with area Hispanic families; the HCC Child Development Center, teaching Spanish to younger three to six years old; and the Concielo for the Spanish Speaking and Centro de la Raza on Beacon Hill in Seattle where they would do miscellaneous volunteer work with Hispanic people.

Christie Shin, Gloria Munji, Mary Gunther, Dan O'Rourke, Gabe Martinez, Sue Stallard, Beth Holmgren, Lou Eckhoff, Stacy Peterson, Col Crooner and Evonne Clements chose to help at Centro Hispano, which is located in St. Columba's Episcopal Church in Des Moines. As part of the outreach program there, students volunteered to take food to Hispanic families, take surveys and visit lonely people.

Students picked up food and maps at the church and were warmly greeted by the families. People liked to visit but were hesitant about answering survey questions. When Stallard and Holmgren arrived with groceries at one home, the lady asked them to come in and visit. The lady said that she was a Baptist, and the students shared that they were Christians. This delighted the lady. She prayed for their grades and boyfriends. When they told her that they had no boyfriends, she prayed for, boyfriends.

It was a big, unorganized pile, but some pieces of clothing had taken place. The Dental Assisting Program received an $18,000 grant from the Washington Dental Service Foundation. It also received approximately $10,000 dollars from the college equipment fund. This fund is appropriated by the state legislature for instructional equipment.

Lewslcy said the dental equipment purchased came as a package deal from a vendor. She added, "We did some damn good buying and got a lot for our money. We feel good about it."

In addition, Dr. Gusta of Seattle, a supporter of the Dental Assisting Program, donated four up-to-date dental chairs. Fully equipped dental chairs cost from $20,000 to $25,000, said Carol Cologerus, coordinator of the program. The best of the four older chairs have been retained. They have been equipped with new lights but still have the old delivery systems. "With the grant, equipment fund, and gift, we have updated the lab to where it needs to be in 1989. We are now within 72 percent of the updating and upgrading that we need to do," said Lewslcy.

She added that the dental assistant makes possible four-handed dentistry. Two trained pairs of hands working with a patient allow the dentist to be more efficient and time effective.

Dental program gets needed help

Rita Baile
STAFF WRITER

Last spring the Highline Community College's Dental Assisting Program was in need, according to Irene Lewslcy, chairwoman of the Health and Physical Education Division. Among other things, the dental chairs needed new lights above them. They needed new delivery systems, attached trays, wired and plumbed for drills, oxygen, water and evacuation. They needed a sterilizer.

No updating other than bits and pieces had taken place since 1976. Six of the clinical area's eight chairs were surplus, pre-World War II dental chairs from the University of Washington Dentistry School. The remaining two were built in the 1950s.

The covering flaked from the old lights and pans if they could be found were expensive. Equipment was babied and cuddled Mercury from tooth fillings had impregnated the rug. The Washington State Department of Labor and Industries Division of Industrial Safety and Health said it must be replaced.

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Love, Sex and STDs

Scott Martinson
STAFF WRITER

Sex can be fun. It can also be dangerous. AIDS is in the news constantly, but how much do people know about "everyday" sexually transmitted disease (STD)?

Harborview Hospital is home to Seattle's largest STD clinic. Barbara Steele, a Disease Intervention Specialist, defined an STD as a disease or infection that can be contracted orally, vaginally or rectally. STDs will affect almost 14 million Americans this year, according to the national Center for Disease Control (CDC). Experts agree these numbers reflect a lack of safe sex. They also acknowledge that many infected people show no symptoms, passing STDs to others unintentionally.

Highline Community College's nurse Mary Lou Holland adds another concern. "People lie," she says. "Guys go out with their buddies, get drunk and end up in bed with people they wouldn't have lunch with. They're not going to tell you."

The CDC says the most prevalent STD in the United States is chlamydia, and it estimates 4.6 million new cases of chlamydia each year. Karen, a Planned Parenthood sex informant from their Seattle clinic says, "Chlamydia is most often found in sexually active teenagers but is not uncommon to any age group."

Chlamydia takes two to three weeks to develop after contact. Planned Parenthood information shows up to 85 percent of infected women show no symptoms. Men are more apt to become aware of the disease with the discharge of a thin, milky or clear secretion from their penis. Both men and women may experience a burning sensation during urination. Occasionally, chlamydia is curable with antibiotics.

Holding second place is the bacterial infection of gonorrhea. The CDC forecast approximately 1.6 million Americans will fall victim to this STD next year, and up to 50 percent of those women with gonorrhea will also have chlamydia. Gonorrhea finds a home in the cervix, penis, throat or rectum. Symptoms may appear within two to nine days after exposure. As with chlamydia, about 80 percent of infected women do not have noticeable symptoms. Men and women may experience severe pain and discharge during urination. Other symptoms may include a sore throat, rectal pain and itch. Excruciating pain and blisters may also occur.

STD screening is essential to their treatment. By the time a person realizes he or she has symptoms, the disease may be far advanced. Scientists say the only way to ensure a correct diagnosis is for a person to get tested.

"We believe there may be thousands of men and women out there who have had herpes for years and don't even know it," says Steele. Syphilis was reported to the CDC 90,000 times last year. While this number is less than many other STDs, Steele often has the numbers reversed. "AIDS is in the national news, but many people STD tests." I thought SCX was wonderful, wonderful girl-

"Do it, just don't get caught." -Woody, STD victim

"It's not fun. Anoodle and a Q-tip swab? It's not fun. It hurt... real, real, real bad. I nearly fainted," Peter says.

"Painful," Woody says. "Really fucking painful. I hurt so bad I couldn't use the bathroom after that test." I tried not to drink anything.

"No, not so painful. But not so safe," says Steele. "Not so painful, but memorable."

All four admit they did not practice safe sex prior to their STD tests. "I thought sex was too spontaneous for safe sex," Peter says.

"I didn't think I had to worry about safe sex because I only had sex with my wonderful, wonderful girlfriend."

"These common attitudes are the bullets of an STD gun," says the experts. "We educate, hopefully," says Steele. Peter, Dick and Woody unanimously agree that an eight-inch long Q-tip has been enough education to persuade them to practice safe sex.

To practice safe sex, Steele suggests: "Abstinence first, reduce the number of partners, use good latex condoms with nonoxynol-9 at the tip to act as a barrier, and screen your partners."

Screening is essential to the practice of safe sex, Steele says. "Screen partners at STD clinic where they deal with it every day. You know, you don't go to OPC to buy a tire. Go to Firestone."
Conflict continues even after the wall came down

Stressed Out!

Stress and seasonal cheer go together

Steve Duncan
STAFF WRITER

During the December holiday season, many students find themselves dealing with greater stress than at other times of the year. According to Dr. Lance Gibson, a counselor at Highline Community College, students may find themselves overwhelmed with the pressures of finals, work, and home. Time and money management can also contribute to stress around the holidays. Gibson says the individuals find themselves being stretched between work, home and holiday functions. Caryl Bowlin suggests planning a time management schedule. Bowlin, a psychology instructor at HCC, Ph.D. and psychology instructor at HCC, adds that students should prioritize their time by deciding what is most important to them and what needs to be done. If you work, besides having a full workload at school, you can suggest the reduction of hours at either school or work. Time for relaxation and rest is essential around the holidays. He says, "People need to learn how to plan their time, accepting responsibilities. This is hard for a lot of people," Gibson says. Finances can also be a problem during the holiday season. This can be dealt with on several levels. Bowlin acknowledges that though bills are always a problem, they are a problem after Christmas. He suggests people consider these as new ways of doing things. In the immediate family to buy food and set a limit on how much to spend on each gift. If giving gifts to loved ones is an obligation, Bowlin cites that Bowlin\'s mother quote in which she said that instead of giving presents to her family, which has everything already, she would send money to the Red Cross' San Francisco earthquake fund. Dysfunction homes cause what may seem at times to be insurmountable pain and stress, but there are some ways to lessen this burden. One step is to separate yourself from the alcoholic parent or the abusive members of the family. This may not be easy, but for your own mental health it is essential until the problem is dealt with. If the problem is severe, Bowlin says, "See a psychologist and deal with the problem." People should not let these problems frighten closer. Instead they need to find an outlet or the problem will remain, he advises. One idea Bowlin suggests is to "help out at a Salvation Army or the Millionaire's Club." This would help the less fortunate during the holiday season. Anyone seeking additional help during the holidays should call the Crisis Clinic, 461-3200, or Out-Patient Psychiatric at Valley Medical Center, 251-5114.

Give the gift of life! Carry an Organ Donor Card
Organ Donor Association
P.O. Box 3465
Seattle, WA 98114
1-800-442-3210
Who's who at HCC

Laura McNeal

STAFF WRITER

She sits with her hands folded on her desk as she looks out her office window onto the campus she helped build 29 years ago. She seems peaceful and at ease despite the major decisions she faces daily.

Shirley B. Gordon has been president of Highline Community College since 1976, but her involvement with HCC began long before she stepped onto the campus.

Before 1961, legislation prohibited two-year colleges from being in the same county as four-year colleges. Gordon helped fight that legislation, and Highline became the first community college in this area after the legislation was changed. "It was an exciting moment when we found out," she said. "I'll never forget that day."

From the beginning, Gordon stayed active on Highline's campus. She taught science and mathematics until 1972, when she became dean of instruction. She then went on to fill the vice presidency until 1976 when she became president.

Gordon's commitment to education provides the basis for Highline's success. "I think that this community college is dedicated to having each student succeed. Education will help them (the students) open new doors for themselves," stressed Gordon.

This attitude can be found all over campus, she said. In each classroom, behind each reception desk, standing by the card catalogue in the library, even pushing a broom, there are people hired because they care about people.

"I believe that a good library and faculty are the heart of a good education," Gordon said. "I think we have the finest library in the community college system. The facility is interest in the students, and we have a fine array of programs from transfer to employment. Of course, the students has to do the learning."

Gordon displays a commitment to education in her own life as well. She received her B.S., M.A. and Ph.D. degrees from Washington State University, with additional graduate study at the University of California at Berkeley, Seattle University, Judson College, and Stanford University. In 1984 she was bestowed an honorary Doctorate of Humanities from Seattle University.

Gordon became the only candidate appointed to the National Commission on Excellence in Education. She joined with the president of the United States and others to co-write "A Nation At Risk," which brought about major changes in the nation's educational system.

A stunning array of accomplishments has placed her in the pages of Who's Who in America since 1981. She currently is chairman of the board of directors for Highline Community Hospital; chairman of the board of managers for Judson Park Caliber Center; chairman of the Sea-Tac Forum Committee; a member of the board of directors for Leadership Tomorrow; a member of the board of directors of the Economic Development District, CentralPuget Sound; and a member of the national board of directors for Phi Theta Kappa.

Since Gordon is involved in even more activities than these, one might wonder how she juggles her schedule. Gordon says she does it with difficulty and the help of Betty Murdoch, her secretary. "I wish I were more organized than I am," she said. "I try to do one thing at a time, get it done, and be satisfied that you've done it."

Her advice to students: "The opportunity is here, use it."

Colleen Little

STAFF WRITER

Cupcakes, hugs, and a round of the Birthday Song started HCC's Senate meeting last month. This, however, was not business as usual.

Student government at Highline Community College is hardly a stuffy affair, yet last month's Senate meeting was decidedly well-organized and diplomatic. The camaraderie among the students was obvious.

Bruce Mackintosh, advisor for the Highline College Student Union, said, "Students become involved in HCSU because they're interested and they want to make a difference."

Students who feel they have no say in the quality of their education should consider this: HCSU was responsible for the inception and funding of the

Tommorows leaders in government today

Colleen Little

STAFF WRITER

The Senate is the voting body of HCSU. They have real power.

-- Kim Warford

One of Warford's main objectives is to update the advising center. "I would like to see students' files on computer so they can say, 'You need Math 101 to transfer to the U.'" she said. "They also need to be more up-to-date on other universities."
Letters to the editor:

The service and prices in the cafeteria are horrendous. First of all, you have to stand in line for seven minutes just to get dinner. Once you are at the counter, you have to jump up and down and get their attention. After you get your order placed, it takes at least twenty to thirty minutes for one hamburger. It may take longer, depending on their knowledge of how to make the item. I ordered two of the other day and had to wait for twenty minutes. This is because the first four pieces were burnt, although I have to admit they were willing to scrape off the charred crumbs to speed up the service. When it comes time to pay, make sure you have been to the bank recently. The prices are outrageous. For example, one tea bag cost $0.70 as opposed to 10 tea bags at the grocery store for $1.19. Don’t count on paying the same amount for the same item everyday. Prices seem to change with the mood of every cashier. Yesterday I bought potato chips for $0.75. Today they dropped to $.64. It seems the cafeteria has landed on a jackpot in its monopoly game, while for us there is no free parking.

Concerned students,
Angie Buher
Shel Ledoc
Valka Staub

Sex education for teens should include more of the facts of life, not just the facts of sex.

Scott Martinson
STAFF WRITER

We must have the courage to tell our teenagers that premarital sex is immature, irresponsible and unacceptable. It is our responsibility as adults and parents to tell our teenagers what is right and wrong. Adolescent sex-education programs that seek to deal with the problem merely by explaining reproductive functions and proper usage of contraceptives fail to address the essence of our difficulties.

In my opinion, teenagers do not have an accurate definition of love and the reasons to have sex. Teenagers have a duty to themselves, their families and society to become competent, contributing members of that society, not economic burdens with children. Emotional growth to adulthood cannot continue if they are worrying about pregnancy. It cannot continue if they are fearful of AIDS and other sexually transmitted diseases. It cannot continue if they are emotional dwarfs engaging in sexual activity which demands a level of maturity and commitment (such as parenthood) of which they are not yet capable. The time they spend in sex and worrying consumes the time which they could be spending in activities like annual publications, sports, and family functions that contribute to emotional and academic progressions.

Still there are those who claim the “just say no” phrase is as effective as putting heads in the sand. “The kids are going to have sex anyway,” they say. “Who are you to impose your morality on others?” That’s another favorite. Bull.

I believe our culture is one which demands instant gratification for every desire, and self-control is an “old-fashioned” concept which no longer seems to be taught. Adults need to exercise their responsibility and instill values in their youth by separating needs from desire. Parents should help their children make choices like: "Do I really want to be sexually involved or is it more important that I spend my time with family and studying?" "What are my goals and what steps do I need to take to achieve them?"

I realize these are hard times, but hard choices must be made. Dare we shy away from telling our young people that premarital sex is wrong for fear someone might call us narrow minded? I think not. The opinion of others must yield to our interest in America’s youth and future.

STAFF WRITERS
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Laura McNiel
Leslie Price
Patti Rathbun
Tina Shires
Bill Shuel
Craig Snyder
David Swysyn
Kim Thorpe
Bill Urlevich
Judy Pinkerton

PHOTOOPINION

Students at Highline Community College speak on issues that concern them.

How will you describe the 80’s 50 years from now?

Cmon - they were the Reagan years. That tells it all right there.
Steve Gallieckson

"The originality of everyone. They’re breaking away from the trend of the family. They’re not the ‘leave it to beavers’ family anymore."
Erika Vakoc

"A lot of change for the better and worse. People are more open about their political and religious views."
Kim Robinson
Reveling in the delights of the holiday season

Enjoying the serenity without the guilt.

Judy Pinkerton
Staff Writer

I love the gaudy splendor of Christmas. My eyes light up at the twinkling lights; the smell of cinnamon makes my nose tingle. Even hurt cards under my trough, though I have been asked less to.

Every year, though, as the crowds on my watch skitter around faster and faster, and I try madly to wrap presents with one hand while I stir the fudge with the other, a wriggling thought sprouts in my mind like an ugly weed — THIS IS TOO MUCH WORK.

Where are the moments of joy and quiet reflection? Where is the serenity, the quietness, the time to revel in the delights of the season? This year, while.clearly andightly, I'm going to make some changes around here, doing less and enjoying it more.

This year, I'll cage the holiday cookie monster! This year, the Betty Crocker look-alikes can do that tango from counter to oven, decorating everything in sight with those hard little balls that crash your teeth in two if you bite down on one. I'll squash those guilt pangs as I walk with a steady step past the canted cherries in the grocery store. Instead, one night when the moon is full, I'll dreamily sit a batch of brownies from my favorite mix and call it Christmas enough.

I've noticed, too, that the Scc's chocolates disappear a lot faster than my homemade fudge. It's time to forfeit the candy game and leave the field. Mrs. See can have my money and I'll take time for a walk in the woods.

You'll know it to be true if you catch me making a special effort to be still, to see what's around me, to savor the beauty of the season. And, yes, I'll still make some cookies, but only for the immediate family, and I'll take the time to wrap them with care.

Oh, and singing only a few carols this year, just to remind myself of the joy of the season, the beauty of the holiday. As long as I can still hear the angels singing, I'll be content.

Mrs. See can have my money and I'll take time for a walk in the woods.
Wright: in the realm of ideas

Kim Thorpe

STAFF WRITER

Frank Lloyd Wright developed a style of architecture in 1899. He said buildings must feel open and full of space, while blending with the surroundings. Making the surroundings a working part of the architecture, as well as employing innovative building material, earned Wright a spot among the great architects of the world. Bellevue Art Museum is presenting a display of Frank Lloyd Wright's architecture, including a life-size model of a Usonian Automatic House, through Jan. 7, 1990.

Students of his style find it difficult to believe that Wright was designing and creating his atypical buildings in the early years of this century because his ideas seem so modern. The Victorian model of a building, with its boxy shape and oppressive hallways, is shattered by Wright. He incorporates space in his architecture, thereby limiting the area of partitions needed. Wright is well known for his custom homes. He believed in designing buildings to serve their function and to be a demonstration of an important principal. Each part of the house related to the others. They formed a whole, as do all parts of nature. This idea of "organic architecture" was pioneered by Wright.

Besides designing houses, Wright also created many public buildings. Museums, hotels and office buildings were all in the realm of his genius. One of the most beautiful of his buildings is the Guggenheim Museum in New York City. Built in 1959, the Guggenheim Museum is an architectural feat. The structure uses circles as its basic shape. Light pours over the objects, giving the entire building a fluid, airy feeling.

"The eye encounters no abrupt change but is gently led and treated as if at the edge of the shore watching an unbreak- ing wave," Wright said about the Guggenheim Museum.

Not all of Wright's ideas were accepted. Many of his projects were too fantastic or expensive to actually be built. Several of his projects would have been structural challenges. Wright created an entire city, Broadacre, from 1934-1948. "Architectural features of true democratic ground—freedom would rise naturally from the topography," Wright once said. Grand as his idea was it never left the page. Wright's idea of the ideal city was too unusual for the general populace to accept. This and other extraordinary building ideas left in diagram show Wright's unfinished dreams.

Wright had four goals for his buildings. First he aimed for "the destruction of the box—the new sense of space." Secondly, he strove to use "nature on the site—the land is the simplest form of architecture." His innovative methods and materials such as uniform concrete blocks with no facing led to "the triumph of imagination over materials, methods and man." Finally, he hoped to achieve democracy in his constructions. "Our environment must have the beauty and integrity of nature," Wright said.

Wright's architectural plans, photos of completed constructions and his specially designed furniture are being displayed at BAM, which is located on the third floor of Bellevue Square. The Usonian house is located just south of the mall. Admission is $3 for adults, $2 for seniors(62+) and $1 for children under 12.

Murphy's mouth too modern

Harlem Nights' humor is non-existent

Steve Duncan

STAFF WRITER

Saturday Night Live alumni Eddie Murphy has proven to be the comedy legend of the decade and a big box office draw for theaters across the nation. In "Harlem Nights," Murphy makes his debut as a producer, writer and director. Although the movie did have its checkers, there weren't enough of them to save this motion picture. The few highlights the film had were provided by sight gags, not dialogue. Murphy's humorous anecdotes, which he has delivered in successful films such as "Beverly Hill's Cop" and "48 Hours," were nonexistent and were replaced by a performance which lacked his usual flair.

The premise of the story is interesting, with Murphy and co-star Richard Pryor—who recently played in the movie See No Evil, Hear No Evil—teaming up as partners. Pryor plays Sugar, and Pryor's character and Quick is cold and doesn't resemble the supposed father-and-son type of relationship between Pryor's character and Quick is cold and doesn't resemble the closeness the script suggests.

Pryor's character Sugar is believable when he interacts with veteran actor Redd Foxx, former star of Sanford and Son. Foxx's talent, however, is wasted in the show due to the "watch-the-old-man-cuss" routine.

If you're eager to see prime-time television favorites Jasmine Guy, from NBC's "Different World," or talk show host sensation Arsenio Hall, don't bother; their characters are not in the movie much past the halfway point. Guy's performance is flat, and Hall's, while funny, is just five minutes of material.

If you want to see something worth your money, rent "48 Hours" or "Beverly Hills Cop."
Cervenka was at the Paramount Theatre. Iabcicd punk-rock band from with the band X. the media—man yelled, "We camc to see streamcd for the excitc after if you actually read them. But Zevon's first song. One young what are the dangers, you ask, for? Should I read a book? for reading the book, put it back. Here is a short list of new books which you should read. 1. "California Gold" by John Lakes. This book is about this poor guy who goes to California and gets rich by finding oil in downw... A. By the time you finish, you will understand how California got the way it is, but you won't care. 2. "Prime Time" by Jackie Collins. This is no-nonsense serious trash about glamorous people who wear clothes by designers you've never heard of to places you can't pronounce. They also do eye-popping things to each other on every other page. Don't try those things at home. Serious lots of anatomy could result. 3. "Clear and Present Danger" by Tom Clancy. This book is about people doing eye-popping things to each other with military weapons. This is a fun story with lots of dirty double crosses by governm... creeps. Put on your camouflage pajamas and have a good time with this book. 4. "Creature" by John Saul. This author actually lives in Seattle and has probably seen more than he was made to. In this book, people do eye-popping things to each other in a secret laboratory and everybody on the high school football team turns into a mutant. Many parents have already been through this with their own teen-aged sons. This is a Make friends with a book and should not be read by flashlights. 5. "St. Valentine's Night" by Andrew Greely. In this book, you wish people would do something eye-popping instead of talking about it all the time. In language you could cut your toast with. There's also sort of a mystery plot, which you keep wishing would get solved so you could stop reading this book and find some serious trash. Books can enrich your life and become your constant companions as you discover other uses for them. They are fine for propping up uneven tables and for squashing flies. You may also wish to keep a book on hand for exercise purposes. Never forget the brain is a muscle that must be exercised. So do this by lifting a heavy book over your shoulder and counting slowly to ten. Repeat with the other arm. Work up to 50 repetitions per day until you find your mind is swelling lightly and feeling more muscular. We call this exercise "mind-expanding," and you do it all with books. It is no longer kisser or kill with Cervenka.

It is no longer kisser or kill with Cervenka.

Colleen Little

The last time I saw Enrico Cervenka was at the Paramount Theater in 1981. She was still with the band X, the media—man said. I'm not sure that the sub—ject was when the concert goers screamed for the exult after Zevon's first song. One young man yelled, "We came to see X!" I was right behind him.

**REVIEW**

Although X hasn't officially broken up, Cervenka has taken to the road with a new band which includes X guitarist Dino Jr. and drummer Elvin Jones. The new band is called "The Cervenka/Pinkster Trio." This is a great musical experience for anyone who enjoys rock and roll music. The band's sound is reminiscent of the early days of rock and roll, with a touch of jazz and blues thrown in for good measure. The band's repertoire includes hits from the 1950s and 1960s, as well as some original material. The group is very tight, with excellent musicianship and tight vocals. The lead singer, Cervenka, has a powerful voice and is a great guitarist as well. The rhythm section is solid, with Elvin Jones driving the beat and Dino Jr. providing the srvce.

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**Cross country captures another championship**

Just prior to an afternoon workout, the HCC cross country team stretches to avoid injury...

**Long-distance runners bring home a seventh conference title**

Alas Brozovich
**STAFF WRITER**

Highline Community College’s cross country team has become the first college in the Northwest Athletic Association of Community Colleges to capture seven conference titles. The team set the new record by edging out top competitor Clackamas Community College by one point at the Nov. 11 conference meet.

"The race was anybody’s until it was done," said Coach Ben Welch. Though a CCC runner took first, HCC’s Carl Beuna We. know what we had to do and we were going to do that at all costs. We ran as hard as we could." - Terry

finished second behind him to capture second place. Bill Goodwin outkicked one runner in the last 30 yards to place fourth, and Robbie Truva beat out two runners in the final 15 yards to place seventh overall. According to Welch, “That made all the difference in the world.”

Despite several injuries and illnesses throughout the season, the squad was able to pull off HCC’s fourth consecutive conference win. “The fact that we won it over a lot of difficulties made it sweeter,” Welch said.

Welch attributes much of the team’s success to the type of attitude expressed by sophomore Terry Cushman. “We were the fact that we won it over a lot of difficulties made it sweeter.” - Ben Welch

know what we had to do and we were going to do that at all costs,” he said. “We ran as hard as we could.”

**At 30, Taylor’s still the NFL’s best LB**

Number 56 still possesses the ability to dominate the game

Bill Urelich
**STAFF WRITER**

Ask any running back, tight end or offensive tackle who they most fear on the other side of the ball, and almost unanimously the answer is Lawrence Taylor. Taylor has a reputation matched by few in the National Football League. His assets as an outside linebacker for the New York Giants are many, and his aggressive demeanor on the field has earned him the respect of many on any given Sunday.

In his book “B.L. Living on the Edge,” Taylor says there are three kinds of people in the world: those who watch things happen, those who make things happen, and those who don’t know what’s happening. Taylor likes to think he’s the type that makes things happen.

His book describes how the 240-pound Giant wants the opposing players to feel after they lay into him. “I really try to make them think they’re seeing seven fingers when they hold up three,” he says.

Quarterbacks are always aware of Taylor’s presence on the field; he is an offensive coordinator’s nightmare. Don Shula, head coach of the Miami Dolphins, has high praise for number 56. “Who else is there?” he asked. “Taylor could be the best ever.”

Now 30, Taylor has a list of professional football accomplishments that few others can boast. Besides being a Pro-Bowl starter six out of eight seasons, he has been awarded the NFL’s Defensive Player of the Year three times and was the first defensive player in the history of the NFL to receive the consensus Most Valuable Player award. He received the award in 1987, the year the Giants went to Super Bowl. Although his list of achievements is impressive, Taylor’s outstanding football career nearly ended in 1985 when his addiction to cocaine became public. Prior to the 1986 season, Taylor entered a Houston rehabilitation center to deal with his habit. During ’86, Taylor had his best season ever, recording 85 tackles, 30 assists and 20 sacks.

Taylor’s drug use surfaced again prior to the ’88 season when he failed the NFL substance abuse policy and was suspended for the first five games. Although he missed almost half of that season, he still recorded 15 sacks, and the Giants finished with a respectable 10-6 record.

With just one year left on his contract, Taylor says he wants to go out on top. Just 12 games into the season, the pass rusher from the Giants already has racked up 13 sacks, giving New York a great chance to make the play-offs.

**Testing one's success**

High-quality athlete's careers cut short by random tests

Larry Snyder Jr.
**SPORTS EDITOR**

When I picked up the paper last Friday, I was surprised to find another one of America’s premier athletes banned from professional sports for violating the National Football’s substance abuse policy. Dexter Manley has played eight incredible seasons with the Washington Redskins, and his recent failure of a urinalysis may keep him from playing a nth.

This is just another of what will surely be many suspensions for illicit drug use in professional sports. Everyone I hear about another drug-related ejection story, I feel the hair on my back stand up. I have a rather unique view about mandatory, random drug testing in professional sports.

When drug testing first skinned constitutional law under illegal search and seizure, in 1984 I felt as if this country was losing the nee way of living that the United States was founded on. If drug testing is going to prevail in this country, it should be used in “sensitive occupations,” to borrow the words of former President Reagan.

Why should an athlete live under the scrutiny of drug testing? If human beings, no matter what their occupation, want to use drugs let them. Is drug testing having any effect on the flow of drugs in this country? Absolutely not. This testing is just giving sports writers like me something to write about. I would much rather be pointing out an athlete’s among points than trying to justify why his career should end because of a dirty urinalysis.

Some might say I’m ignorant of the facts about drug testing. One thing that is perfectly clear to me is that everytime another athlete is banished from sports he gives an aspiring athlete another reason to seek another occupation. Think about it. If you had to live under all the rules and regulations of professional sports, would you follow your dream or enter an occupation were your performance was monitored drug testing rather than what’s in a paper cup.

**Photo by Pro Football Review**

In 1987, Taylor was the first defensive player to win the NFL’s Most Valuable Player award in Super Bowl history. Taylor has made the Pro Bowl six out of the eight years he has been in the league. He is considered by his peers to be the best.
Men hoopsters debut new coach for 1989-90 basketball season

Experienced team looks for another winning season

By SHANON BURKE

The 1989-90 Highline Community College men's basketball team's toughest opponent this year is its own business, playing and practicing, said Head Coach Joe Callem.

"We have to take care of our own business, playing and practicing," Callem said. "Having missed a disappointing early dismissal last year's playoffs, Callem hopes to advance further this year."

According to Callem, the four returning starters and nine or 10 players heavily added Callem, who said there aren't any new coaches. Experienced "BUDGET PLANS AVAILABLE"

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