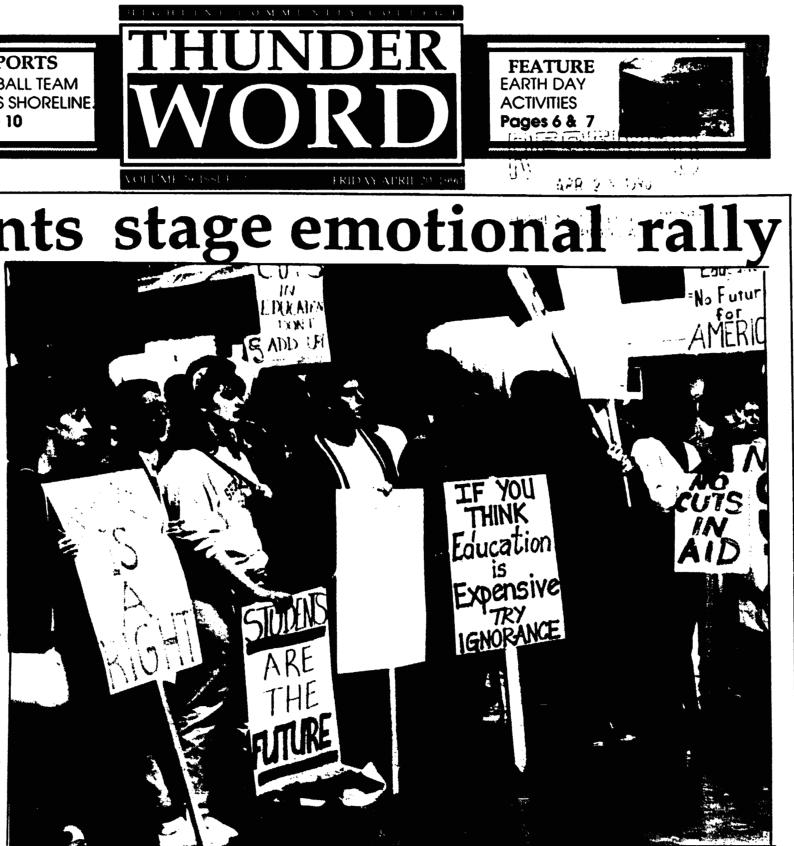


proposed cuts in severa' areas of student aid. These include a cut in the Stafford Student Loan Program from \$3.8 billion to \$3.1 billion, elimination of the \$135 billion federal contribution to the Perkins Student Loan, and losses in work study

programs. McDermott delivered a charged speech, interrupted several times by enthusiastic audience response, claiming,



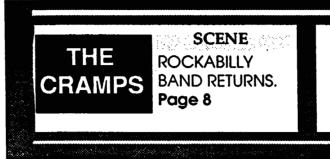
David Kramer

Adams told concerned students, "If it were not for loans, grants, and working, I would not have been able to make it through college." He continued by saying that "financial aid needs to keep up with inflation."

According to The Student Aid Newsletter, the Pell Grant ica today are illiteracy and third year straight. Since 1975 difficulties with educating Richard Brunsholl, co-or-

Pi Sigma receives national honors in San Francisco Steve McClure

Staff Writer Pi Sigma, Highline Community College's chapter of Phi Theta Kappa, moved a step above the other state community colleges April 9 when it received the Distinguished Chapter Award at Phi Theta Kappa's national convention in San Francisco. According to Pi Sigma Advisor Vickie Ropp, HCC's chapter was the "only school in Washington to be named a five-star chapter." Pi Sigma sent nine students from HCC to the conference to attend various leadership seminars;



Students from across Western Washington gather to voice their opinion on proposed budget cuts for education. Photo by

Pell Grant has increased an average of \$60 per year. There is no increase in the Supplemental Educational Opportunity Grant Program, which is aimed

at low-income families. Lenny Cousseti, Central The gravest threats in Amer-limit is being frozen for the Area Youth Services, said the college.

college costs have increased people today are "a problem of ganizer and member of the an average of \$300 per year. In class and race." He added, "If SCCC student government, that same 14-year period the the poor are unable to get any said this rally was only the beaid and benefit, then how are ginning of a fight for more they to rise above the hard- money. ships of poverty?"

parent of two from Bellevue, should contact Erin Kennedy,

Anyone interested in ob-

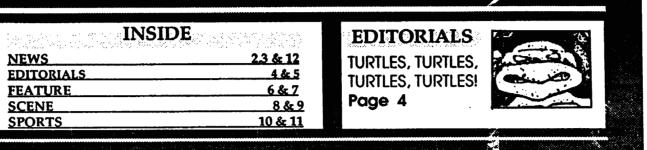
"Donna Larson, single taining more information claimed the rising education communications director at costs make it difficult for her, SCCC, 587-4057. He weland others like her, to attend comes all volunteers and has more information on the organization of rallies.

They heard from such speakers as former United States ambassador to the United Nations Jeanne Kirkpatrick.

Phi Theta Kappa is the community college honor society whose main goals are scholarship, leadership, fellowship and service. Ropp said, "It gives students a chance to gain leadership skills through service,"

Members are currently gearing up for the regional convention, which will be held May 5-6, in Eugene, Ore. At this conference, they will be competing for awards for scholarship, service, and the distinguished member award. Diana Baumgart will be Pi Sigma's candidate for the latter award, according to Ropp.

The PTK, along with HCC's Speech Department and the Events Board, is sponsoring a speech contest covering the theme "Civilization at Risk: Challenge of the 90's." Specific topics can include crime, drugs, economics and education. Those interested in the contest can sign up in Building 5. Applications need to be in by May 1.



НСС THUNDERW ORD

Deadline approching quickly for graduation applications

APRIL 20, 1990

Meghan Wink Staff Writer

Commencement and confusion: both start with a "C." They don't have to be linked together, although too often they are at Highline Community College, says Registrar Booker T. Watt Jr.

"We have procrastinators." Watt says. He encourages prospective graduates to have their HCC application for an associate's degree turned into the Registration office no later than May 1. Students can get the application from Student Services, Building 6, or from the Advising Center.

Prospective graduates can choose to graduate either by the catalog year when a first college level course was taken or from the catalog year when they are applying to receive a degree. "For example, if you took your first college level course numbere 100 or more in 1982, you could use the catalog that was in place at that time," Watt says.

The application fee is \$10 for one degree or \$15 for two if all paperwork is submitted at the same time. The fee covers the cost of the diploma, cap

and gown and reception.

All students who fill out the application form for an associate's degree and are eligible to graduate with the class of that year will be receiveing a letter explaining the finer details of graduation. "I've been working 10 to 12 hours a day," says Watt. Even with that effort, work in Registration is running behind schedule. Betty Steiner, graduation credential evaluator, was sick for three months, causing a backup in the normal workload.

Swimming pool showing its age Surveyors estimate \$2.3 million for repairs Mary Brisk

Staff Writer

The Highline Community College swimming pool is 25 years old and in need of \$ 2.3 million for repairs and improvements, according to a report by the Tsang Partnership Facility Surveyors, an architect firm in Seattle. However, there isn't enough money in the state's budget for such a price tag.

Bill Julius, director of the capitol budget for the State Board for Community College Education, suggests that HCC use the pool building for another purpose and eliminate pool repair costs from the budget.

Major pool problems include: heat escaping through windows which have been missing for eight years, amolding and peeling ceiling, missing showerheads, broken or missing floor tiles, and inoperative fans.

With all the problems only 339 students enrolled in swimming classes this school year, Robin Fritchman, director of Facilities, said that with only 399 students enrolled in swimming classes he would like to see the pool building utilized as an aerobic center, daycare, college bookstore, or commu-

nity meeting hall. Fritchman said it's a wonderful facility but it has reached its life ex-

"If you have a hole in your roof, do you

tear down the house? NO! Dumb!" -Eileen Broomell

pectancy. Eileen Broomell, HCC swimming instructor, said that if the school were to fix minor

repairs the pool would last another 20 years. Broomell said, "If you have

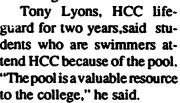
pool) down." The pool is valuable be-

cause more students take swimming classes than any other physical activity on campus, according to Broomell.

guard for two years, said students who are swimmers attend HCC because of the pool. "The pool is a valuable resource to the college," he said.

a hole in your roof, do you tear

down the house? No Dumb." Fritchman said. "I'm not aware of any plan to tear it (the



The homeless: Do they count?

Census scanning missions and dumpsters

11.141. Highline's



swimming pool is begining to show some wear and tear. Above photo by David Wellington. Photo at left, THUNDERWORD file photo.

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EWS

All students expecting to fulfill the requirements to earn an associate's degree by the end of summer quarter 199, may participate in Commencement June 7.

Commencement will be in the Pavilion at 8 p.m. HCC President Shirley Gordon will be the main speaker. For the first time graduates will wear black instead of the school colors of white and green.

Bruce Mackintosh, coordinator of Student Activities, says the Highline College Student Union, with approval from the Commencement Committee, decided on black for two reasons: black is the traditional color for higher education, and people had voiced objections to wearing green.

Colburn I rotte Staff Writer

The United States Census Bureau made its first attempt to count the homeless on March 20-21. The census took place throughout the nation in a single day because of the mobility of the homeless.

Bob Clingman, media consultant for the census, said that the census was a three-phase operation. Homeless advocate groups, local governments and homeless people assisted in all phases of the census by identifying places where the homeless could be found and by helping to coordinate the census within the shelters.

The U.S. Census Bureau hired many homeless people as census takers because they were familiar with the areas and less threatening to other homeless.

The first phase counted the homeless in the shelters and subsidized housing units, from 6p.m. to 10p.m., when the most homeless were available. Census takers distributed a brief, seven-question form. The long forms were distributed at random.

The second phase, from 2 a.m. to 4:30 a.m., counted those homeless on the street who were easily visible. Only the short forms were used. Clingman said the census takers did not disturb those who were sleeping but did the best job they could of identifying the individual's age, disabilities and ethnic background.

The final phase began at 6 a.m. Census takers waited outside places where homeless go at night for shelter, such as dumpsters and abandoned buildings. Census takers were not allowed to seek homeless in these places for safety reasons.

Emmit Glanz, director at the Union Gospel Mission, was a follow-up census taker in 1980 and found that some people evaded him. "They didn't want to be found," he said. Glanz said they might have been fleeing an abusive husband, evading child support or arrest warrants or wanting to drop out of society completely.

Glingman said there was little resistance from the homeless this year; in fact, most of them felt good about being counted and recognized as important in the country in which they live, he said.

Glanz would consider the census'successful if 60-70 percent of the homeless were counted. "The census will give us a ballpark figure," Glanz said. Currently, national homeless averages range from 250,000 to 4 million.

Clingman said that at this time the accuracy of the census is "hard to say," although its purpose is to do the best job of counting the homeless. Clingman said the homeless count will establish a solid base for governmental policies regarding the homeless.

For those who are concerned about the adverse effects due to an undercount, Glanz asks, "What's the alternative?"

THUNDER W ORD н с с

Women outnumber the men at

Mark Ann Brown Staff Writer

NEWS

Females outnumber men attending Highline Community College. Winter quarter there were 2,045 more females than males registered at HCC.

During winter quarter the age difference of a student varied from 31 students under the age of 18 to 199 students 60 years of age or older, according to the Student Headcount Report supplied by Booker There was one woman who Watt, registrar at HCC.

This trend confirms that older students are returning to college to pursue their education or make career changes. Based on data supplied by Watt, the typical profile of a student enrolled at HCC is a

Angelia Brondstetter

Staff Writer

HCC.

white, 30-year-old female, enrolled for 10 credit hours, who is in a transfer or vocational program and lives in King County.

transfer or most vocational

programs can be completed in

two years, "It often takes

longer," Watt said. "I've seen

all kinds of differences in

lengths of time to graduate.

kept plugging away for 15 years

He continued. "Some stu-

before graduating."

students come from working families, and this limits the number of units they can take." Older students have re-Even though a degree,

turned for varying reasons, but mainly it is due to one of three: they were unable to attend at an carlier age, their spouse was attending college, or they could not afford an education. Deena Anderson, 40, said

our location into account, most

she returned to school because "I burned out on my job. I was on a deadend street financially, and there was no growth availdents are only able to take five able for me at my last job. I'm units a quarter, only 15 units a ready to deal with college seriyear, so it can vary anywhere ously at my age."

from two to 15 years. Watt Bonnieclare Erling, a stucontinued. "When you take dent at the University of Washington as well as Highline, "returned to school to gain a interviewed agreed that they B.A. in communications." Erling said, "I had to essentially drop all of my other activities in order to see this through."

Carol Bass, 45, returned to school now that her children are grown. "I've always wanted to continue my education," she said.

According to a number of students interviewed, each has to make financial sacrifices to return to college. "It is hard going to school with three kids," said Clare Myers, 28. "The hardest sacrifice is that I am delaying the gratification of a paycheck."

All of the older students believe they have higher GPA's and they study harder than younger students. "Yes, I do study hard. This is serious business. I'm not paying all this money to play around," said Anderson, who has a 3.6 GPA.

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APRIL 20, 1990

One final statistic, supplied by the HCC administration's Fourth Annual High School Senior Parents' Program brochure, states that "Highline has one of the largest enrollments of a single-campus district in the state's 27 community college system...with women somewhat outnumbering men."



"There are very diverse groups of people attending HCC today with families and hectic work schedules, which do not allow a social life more than a cup of coffee over homework," claims Staiger. "Because of the extreme diversity here on · campus, it's hard to find activities that will interest everyone," says Tim Davison, an HCC student. Back in the 60's, students were mostly young ¹ and hadn't decided what they wanted to do yet, Gibson remembers; and in many cases, students could not afford to go to four-year universities. "The curriculum was limited to academic and associate in arts degrees, and not many specialty programs were offered," says Gibson. "Multitalented instructors were very skillful in all areas," he added. Because the student population was smaller and most of the students were coming right out of high school, students were closer and more involved in school activities. According to yearbooks from 1963-68, students were involved in campus activities such as: basketball, track, gymnastics, cheerleading, golf teams, chess clubs, karate exhibitions, bowling leagues, homecoming kings and queens, and costume balls.

"Students back then were like pioneers, in that they helped to give HCC its history," says Gibson.

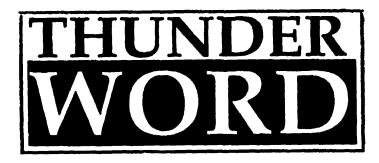
IF ONLY THEY'D FLIPPED A COIN INSTEAD.

If only we could go back in time. If only the young people in this car had flipped a coin or drew straws to pick someone who would promise not to drink, a designated driver who could drive them home safely. If only...

BE A DESIGNATED DRIVER. THE ONE FOR THE ROAD.

Washington Traffic Safety Commission and the Alliance for Safe and Sober Driving.

THUNDERWORD H C C



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I don't mean to bitch but...

Kevin Tallmadge

Managing Editor

AFRIL 20, 1990

Tuesday night a group of Pierce County police officers were involved in a brawl at Deja Vu, a strip joint located in Federal Way.

It seems to me that police officers are supposed to represent some sort of example for children and the public in general. These officers were apparently celebrating the marriage of one of their comrades in arms. Which is fine. Police should be able to party just as much as the next guy. But to be in a place of questionable integrity such as this, which has had problems in the past with charges of pornography and prostitution, is imprudent at best. To patronize a place which contradicts everything that a police officer stands for and to start a fight is downright stupid!

Never mind that these places exploit women by placing them naked on a stage for a bunch of frustrated men to ogle. Never mind that these places exploit these same sexually frustrated men by charging outrageous prices for whatever services they may provide.

These police officers are supposed to stand for what is right (at least what is socially acceptable), and I don't think either being there or starting a fight was a very bright decision.

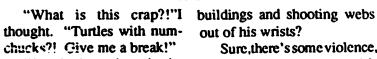
An ongoing debate between two of today's more prestigious journalists, David Wellington and Marty Pierce. Today's controversy centers around those "heroes-in-a-half shell" Teenage Mutant Ninja Turtles

Marty Pierce Staff Writer

Do you remember when you were a small child and your parents would look at your latest fad toy, sigh, shake their heads, and tell you how much better toys were when they were kids? "We used our imaginations. We didn't need all this crap to have a good time," my dad would say to me as he looked over my toys.

My reaction was a basic one: "Stick it in your ear, dad; you don't know what you're missing."

Now it's 1990 and I have an excited five-year old running aroung the house screaming "Cowabunga!" -- the trademark of the Teenage Mutant Ninja Turtles. I have found myself sighing, shaking my head, and thinking of the good old days with Spiderman, Captain America, and Star Trek.



Then it slapped me in the face.

I was being a 90's version of my dad. Worse than that, I felt like I would have agreed with Dave Wellington.

I can just picture Dave trying to explain to my excited five-year old that Teenage Mutant Ninja Turtles are just a slick Madison Avenue plot to pick the pockets of unwilling parents.

And I can picture Christopher(the excited five-yearold) telling him, "Stick it in your ear, Dave. You don't know what you're missing."

At that point I vowed I would open my mind to the turtles. And you know what? They weren't that bad. Is the idea of turtles with num-chucks much worse than some guy with a spider suit climbing up



out of his wrists?

Sure, there's some violence, but it's cartoon violence; it's not graphic. Bugs Bunny was just as violent. Isn't it better than promoting real violence and war with GI Joes?

So we spend an outrageous amount of money on Ninja Turtle bicycles to Ninja Turtle underwear. If kids didn't want one thing, it'd be another.

True, the "heroes in a halfshell" may be a tad over exposed; but like any good fad, they'll fade into oblivion in a year or two.

Maybe in about 20 years Christopher will have an excited five-year old running around the house with the latest thing, and ...well, you know what Christopher will say.

So, Dave, go ahead, be the grumpy old man who scowls at children. I'm going to keep my turtles.



David Wellington Photo Editor

appeal to all ages. I also heart- little to diminish its effect on

ily salute anybody, human or society. For parents to merely assume that their children, usually in tender stages of mental growth, comprehend the fine lines between reality and fiction is grossly imprudent. If one does, in fact, sit down and view these shows with their children, they may understand what I mean. I'm not necessarily saying violence is in and of itself evil (although I feel society should seriously reconsider its entertainment paths). I am, however, concerned with the prevalant opinion, expressed by Marty, that because the characters are drawn on the screen they can't have an effect on the young. Please reconsider.

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This incident kind of makes you wonder if our public servants need a remedial course in common sense.

Staff	Writers
Rich Erickson	Angelia Brondstetter
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I find it hard to believe a journalist with the professed prudence of Mr. Pierce could get so worked up about turtles.

The price of rice in China is increasing, the market for Twinkies decreasing, and yet he feels compelled to defend his son against a false barrage of negative publicity regarding his toys?

He is, in fact, correct in his general assumptions. These Teenage Mutant Ninja Turtles are a very real plot to pick the pockets of unwitting parents. (Someone should congratulate you ,Marty, for joining the witless.) That does not make them inherenty bad, merely annoying.

I hate to break this to you, Mr. Pierce, but I am actually all for the "hero's in the half shell." They are, in fact, still battling evil; they have a "farout" vocabulary; and they

not, who can gross almost \$73 million in two weeks for an hour-and-a-half flick.

We all realize the importance of budding imaginations in the young. I'm not about to knock that. Toys and imaginary heroes are a very real part of growing up. However, I do feel compelled to caution you about a few of your erroneous assumptions.

The first regards the very dangerous habit of allowing your child to run around the house screaming. Every day thousands of children across the country are rushed to the hospital for injuries related to "rough housing." Despite its popularity, running in a house is a very real threat to the safety and sanity of the occupants. Keep that in mind.

The real concern, however, stems from you comment regarding violence in cartoons. Making violence funny does

Despite popular opinion I do think you should keep your turtles, Marty. 1'm sorry that you think I would try to take them away from you. I do, however, hope you have learned to share with your kid.

UPINION 5 H C C UNDER T H W 0 RD APRIL 20, 1990 **Recycling excellent way to reduce waste**

Yvonne Hagan **Guest Writer**

The need for recycling is becoming widely recognized. Our landfills are becoming full. In a disposable society we produced over 5 million tons of waste between November 1987 and September 1988 in Washington state. We all saw the tragedy of the Exxon oil spill last year. In order to do our share to preserve our fragile environment, we all have to take positive action.

At Highline, various groups have recycling projects, but there is no coodinated program for the whole campus. Some projects include oil recycling by the auto shop, (required by law), can-recycling by the Student Activities, and office paper recycling by the Arts and Humanities Department. Although these goups are interested in recycling, none seems to know what anyone else is doing. Dean Phil Swanberg said that efforts to recycle have been made in the past, but none lasted. A major problem was that there was not enough storage space. Also, if a recycling program was to be set up, permission would have to be gained from administration, he said.

The San Francisco Recycling Program is a plan of action that could be used at HCC. It starts with the assignment of a program coordinator, the assessment of the amount and types of paper used, and comparison of prices with different dealers. Recyclable materials are next seperated from other waste and stored for pick up. Finally, people need to be educated on how to use the program and how to reduce the production of waste. Finally,

... poison chloroflourocarbons are released into the atmosphere, destroying the ozone laver." Brian Hosev, instructor

people need to be educated on how to use the program and how to reduce the production of waste.

There is a need at HCC for student leadership, and a club called C.C.O.P.E. (Concerned Citizens of Planet Earth) has been formed on campus for this purpose. Brian Hosey, an HCC geology instructor, said that one of the worst environmental hazards was styrofoam. "It is not just that styrofoam can't be recycled," he said, "but that when it is being produced in the factory, poison chlo-

roflourocarbons are released into the atmosphere, destroying the ozone layer."

Polystyrene (styrofoam) is a product which has been impossible to recycle until recently, and so far there is no center in the Puget Sound area that accepts it. This may come in the future, as companies producing polystyrene are studying the problem. The polystyrene porplem affects the campus as cups and plates are made of this type of material in the cafeteria. Dee Jaber, HCC cafeteria manager, said that she

hopes that a better product is found soon and that she will substitute as soon as one is found and given health department approval.

Other community college recycling programs are also being organized. At Green River Community College, faculty member Mary Joe Adams helped organize office paper recycling there. She said that the paper is collected by the Rainier School in Buckley. to be taken back to the school for sorting and recycling. Local recycling centers provide the

your tuition dollars.

parties.

Events Board programs are

planned and executed by stu-

dents. It's as much of a learn-

ing experience for us as Alge-

bra 101 may be for you. We've

learned to limit dances to boat

cruises and fall get-togethers.

We've learned students aren't

interested in St. Patrick's Day

But we haven't heard from

bins for paper collection and help organize the project.

Evelyn Hulford, a teacher at Buckley School, said that the paper and cans come in laundry bags wich are sorted into different grades. She said that it takes about 35 to 40 days for a recycling program to catch on. "The program has to be explained and advertised to staff and students so that they know what to do," she said.

The main college recyclable product is paper. The Weyerhauser Company Recycling Center pays \$220 per ton for high grade computer office paper and \$125 per ton for white ledger paper. Cardboard is worth \$25 per ton. Most of the recycled office paper is exported. Note that there is little market for old newspapers for now. Prices with all recycling products vary with market demand, so a recycler would have to check the latest prices and also shop around for the best deal. Other products on campus that could be recycled are: scrap metal, old batteries, aluminum cans, certain products and old tires.

Plastic is a problem product and mostly can't be recycled, although some manufacturers are working on solument in 115 days. There is some debate whether this is completely harmless to the environment, however. There are some recyclers in Seattle which accept plastic bottles of milk, juice, pop, detergent and shampoo. Plastic bags can aso be recycled into hard plastic products, although they do not degrade the environment.

tions to this. One is the recy-

clable plastic bag, Hicone,

which degrades in the environ-

Recycling is not the only way to reduce waste, however. The King County Solid Waste Division slogan is: "REDUCE, REUSE, RECYCLE." A policy of buying only those products that can be recycled or degraded needs to be set up, and ways of reusing waste products on campus can be brain stormed. Some companies offer incentives to employees who think of recycling ideas which save money. On campus, this could take the form of suggestion boxes or a competition. Porbably a lot of people on campus whould support this cause if they had a clearer idea of what to do and how to go about it. If anyone is interested in recycling on campus, contact Student Activities at ext. 535.

Is the sky really falling?

The sky is falling! The sky is falling! Or, is it disappearing? According to our celebrity leaders, the earth is going to end very soon.

If you are somewhat aware, or just watch an hour of MTV, you realize that the ozone layer is depleting, the earth is overpopulated, and there is acid rain everywhere. On the other hand, some people believe the environmental issue is a farce. According to the Birch Society, "Americans are being victimized by environmental hysteria into supporting huge increases in taxes, regulations, and controls that will not improve the environment but will build government power and impair American industry's ability to

compete in the world's market."

Society is influenced by government, celebrities, media, peers, organizations, and families on everything from abortions to wildlife. Do you really believe everything you read, hear, watch, and sing along to? People need to take the time to look at a variety of sources to better understand their social influences, environmental causes, and themselves.

Letter to the editor: Events Board attempts to meet needs

Open letter to the student the ski trips were filled to cabody:

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Highline Community College has 9,000 students - and 9,000 opinions of what makes good entertainment.

Sometimes we're successful in satisfying these varied tastes, sometimes we're not.

On the successful side was Tickle Tune Typhoon, a musical event enjoyed by over 600 parents and children. Along

pacity with nature-loving students. An assortment of students enjoyed the Halloween party and the Sabella concert.

Admittedly, campus dances have not been too popular. Remember, HCC doesn't house thousands of freshman who have nothing to do on a Friday night. Many of us work or (are) at home with our fami-

lies. you. Feel free to stop by the Big events cost big money. It makes more sense to offer a variety of shows instead of one blockbuster. The Events Board tries to stretch its budgeting dollars by applying for grants from the King County Arts Commission and the Western States Arts Federation: we also use part of the service and

Katie Melvij Staff Writer

with the Children's Film Series, these programs are very popular with the student who is also a parent.

Younger students strongly supported the Boat Cruise, Lip Sync All Stars and the Dating Game. The poetry contest attracted 62 literary-minded students. The Hike to Sunrise and activity fees that come from Student Activities Office in Building 8 if you have any suggestions of programs you would like to see. Bear in mind, these events are partially funded with your money. Have a say in campus programs.

> Sincerely, The Events Board

In order to know what to support and believe in, you need to look further than your television set and your local newspaper; you need to look to your world. You cannot rely on Madonna or Mel Gibson to educate you on your world. It is your world and your responsibility. Take the world on your shoulders and educate yourself.



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HCCTHUNDBRWORD FATURE

Washington recognizes *Earth Day*.

APRIL 20, 1990

Auburn:

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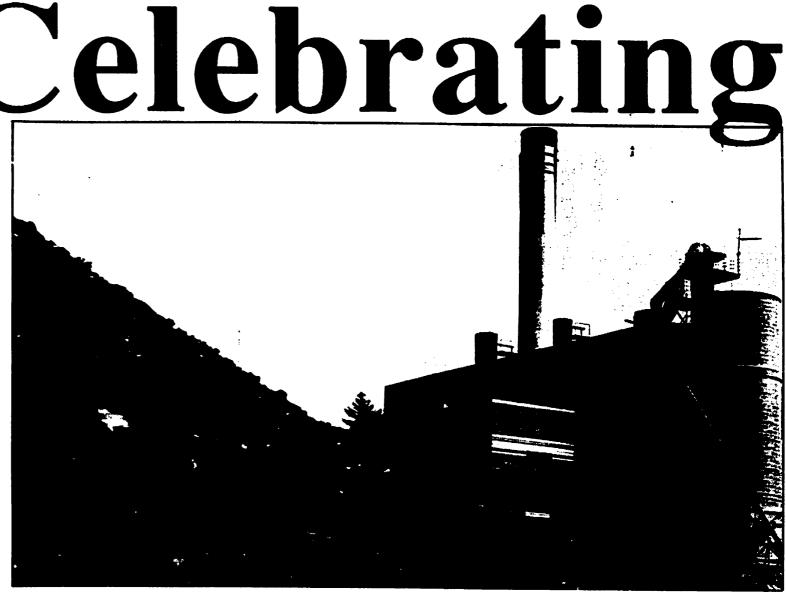
Environmental Awareness Day happens April 23 at Green River Community College. Activities, which include a film and video series, speakers, exhibits and musical entertainment, all begin at noon at Lindbloom Student Center. Contact Roland Vieira, 833-9111, ext. 246, or Amanda Fox, 833-9111, ext. 337.

Bellingham:

The Environment is Everybody's Business, with community booths, speakers, slideshows and videos, programs for children and an outdoor dance April 21 at Red Square and the PAC Courtyard, Western Washington University.

Olympia:

Earth Expo 1990 will include displays on environmental issues and "earth friendly products" and also speakers on recy-

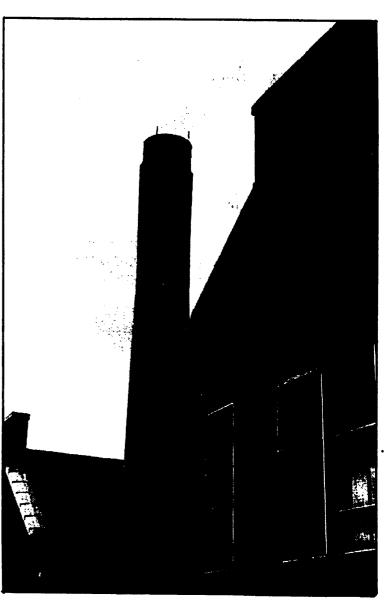


Coal mining not only creates an unpleasant picture, but it also contributes to pollution in waters.

Continuing the legacy... Christina Shires Features Editor

April 22, 1970, marked the original Earth Day. Some 20 million people took part in what began as a nationwide teach-in to dramatize America's environmental plight. The idea of Earth Day, conceived by Wisconsin Sen. Gaylord Nelson, started out as a day simply set aside to focus on environmental issues.

The timing was excellent and Earth Day succeeded beyond expectation, according to articles in a recent publication by Baseline. It was said to



cling, global warming, ground water contamination, hazardous wastes, old growth forests, organic gardening and more. Contact the Earthwave Foundation at 375-1785.

Port Angeles:

The Olympic Earth Day Festival will be held from 12-5 p.m. April 22 at Macleay Grange Hall. Plans include hands-on exhibits, entertainment, games and accontinued on page 7 be a "major consciousness" day in American history.

All across the country there erupted a variety of demonstrations, educational projects, sit-ins and media events focusing on pollution problems.

Residents of a community in West Virginia collected five tons of garbage off a local highway and delivered it to the steps of a county courthouse. Students in Omaha, Neb., modeled gas masks for a day to emphasize and dramatize the idea of air pollution.

Earth Day 1970 was said by sponsors to be the "largest organized demonstration in the nation's history; and it has given birth to a modern environmental movement."

Along with newly formed agencies, an array of new legislation was passed: toxic substances contol, shoreline management, environmental impact statements, endangered species act, safe drinking water and clean air legislation, a pesti-

Industries have played a big part in polluting our air.



Photos by David Wellington

Careless use of oil. grease, paints, gasoline, and other household chemicals that end up in sewers and on the streets can surface in our waters harming aquatic life.





continued from page 6 tivities for kids and adults, food, movies and videos. Contact Cindy Souders of Ground Crew at 457-9195 (evenings) or Katherine Baril of Cialiam County Water Quality at 683-2037 (days).

Redmond:

Earth Fair '90, proclaimed the biggest Earth Day event on the West Coast, takes place at Marymoor Park April 21-22 from 11a.m. to 7 p.m. An outdoor festival, Earth Fair '90 will include approximately 150 exhibits, more than 26 live acts, guest speakers, live entertainment, a special "kids fair," wetlands walks, a guided bike ride, organic food and more.

Seattle:

The Seattle Aquarium will hold its 1990 Underwater Film Festival from 10a.m. to 5 p.m. on April 21-22. Events include workshops on underwater photography, demonstrations, exhibits and multi-media shows. Contact Victoria White Finken, 628

7589. Silverdale: The Dyes Inlet Preservation Council is hosting its Earth Day 1990 celebration from 1-4 p.m. April 22 at the Silver Bay Herb Farm. Activities consist of a guided nature walk, refreshments, speakers, and displays. Call Silver Bay Herb

Farm, 692-1340.

cide control act, and the resource conservation and recovery act.

Celebrating its 20th year anniversary on April 22, Earth Day faces the same environmental concerns.

In the 70's, former Kansas Sen. James Pearson realized that environmental problems were not subjects to be taken lightly. "Profits must be cut, comforts reduced, taxes raised, sacrifices endured," Pearson said.

Paul Ehrlich, a Stanford University professor and a current director of Earth Day 1990, predicted in 1968 that "in the 1970's the world will undergo

• • • •

famines — hundreds of millions of people are going to starve to death in spite of any crash programs embarked upon now."

People received an abrupt awakening to environmental concerns on Earth Day 1970; Earth Day 1990 hopes to motivate not only concern, but concern backed by action. Terrence Todd said in his article in Baseline "...here we are today, celebrating the legacy of Earth Day 1970 and finding more and more ways for the public to get involved in the gigantic job of maintaining a healthy environment."

ENE THUNDBRWORD H C C APRIL 20, 1990 **CKABILLY - ALIVE AND SICK**

THE CRAMPS OOZE BACK AFTER FOUR YEARS OF INACTIVITY and they're as sick as ever

Special to Thunderword by Kallen Jenne

8

Teenage Werewolves, Creatures from the Black Leather Lagoon, and Goo Goo Mucks of every color, shape, and form descended upon the Moore Theater last Friday, April 13th. Somehow that date was perfect, considering the Cramps were the focal point of this mass lunacy.

The Los Angeles based band that mixes elements of rockabilly, early punk, bad B-movies and surf music into a phantasmagoric wall of sound had the Seattle crowd in the palms of their furry hands. Not that it is anything special to get a Seattle crowd behind you, but they inspired a different kind of hysteria than most bands.

Seattle crowds are world renown for their lack of energy and this show was no different; the first five rows stood while everyone else was willing to sit back and absorb the vibrations coming from the tiny venue's stage. It is a sad statement, considering some of the historyrich bands that have come from the Puget Sound area. For years bands like the Ventures, Sonics, Carl Perkins, and The Wailers have been

crawling from the muck of the Sound. The Cramps have absorbed this sound, along with the echoes of Memphis in the pre-pubescent years of rock and the manic too-fast-for-our-owngood feeling coming out of southern California in the mid-sixties; added their own warped twists and thrown them back in our faces. Not to say they are unoriginal; on the contrary, they are one of the few original bands from the mid-seventies still producing quality music.

Poison Ivy looked as young as ever, and her guitar style has actually improved. She showed up with a Gretsch Country Squire and a Gretsch White Falcon, guitars on which rockabilly history was written. Lux Interior, lead singer, seemed disinterested in the audience but attempted to put some energy into the show. The man, who microphone companies love due to his insistence on smashing them into pieces, looked sedated -- he only smashed two mikes the entire show. Nick Knox, the stoic drummer was more restrained with his drum lines now that he has passed a lot of can't play an hour and 15 minutes and use 50



Clockwise from top: Polson Ivy, Nick Knox, Lux Interior & Candy Del Mar. Photo courtesy of Enigma Records.

his baseline rhythm responsibilities off on the Cramps' first bassist, Candy Del Mar. Candy's playing ability was right there, but she seemed to still be adjusting to the Cramps' sound; not surprising considering the Cramps' music is written for two guitars and no bass.

They opened the set with a demented version of "Muleskinner Blues," a cover of an old blues favorite by Jimmy Rogers, although the Cramps' version sounds more like the Merle Haggard cover found on Haggard's "Same Train Different Time," a tribute to Rogers. This caught the crowd off guard and the sickos in the audience never got

minutes of new material. They passed up favorites like "Garbageman," "Strychnine," (a Sonics song), "Surfin' Bird" and "Rockin' Bones" to play everything off the new album except maybe two songs. One reason for this has to be that theCramps are now a one-guitar band and the older music is written emphatically for two guitars; it just doesn't work with a bass and a guitar. You wonder what would have happened to the Cramps' sound if Bryan Gregory, their first backup guitarist, had not quit the band in 1980 to join a satanic cult.

Was the crowd disappointed? Perhaps mildly, but they seemed to be at the concert because it was 'some famous punk band' and not because of the rich legacy of sound that has frequented Cramps' shows in days gone by. Out of fairness to the Cramps, they did play "Goo Goo Muck" and "Drug Train," but the show was not enough of the old and too much of the new.

A few of the really good spots in the show were songs off the new album. Lux soared through "I Dig,. That God-Damn Rock and Roll," . song which steals its vocal melody from a Bob Seger tune. He did seem to enjoy "Bop Pills," a song which

was originally done by Macey Skipper, an Elvis/ Carl Perkins/Roy Orbison era Sun Records' recording artist. The song is a tribute to amphetamines and, according to Memphis legend, was written after Orbison and others finally allowed Elvis to hang out with them because he brought some of his mother's amphetamines. What can one say? It fits in with the Cramps perfectly. Equally hard-hitting is an update of Elvis' "Hard Hittin' Woman" called "All Women are Bad," which Lux really drove home. He believes in the truism of rock: sex, drugs and rock and roll. Of course he emphasized the sex. Overall it was a show will worth the \$14.50 doled out to TicketMiser. You got to see: 1) a good concert; 2) Lux loose his pants and play with himself on stage (although that was not totally unexpected); and 3) proof of the amount of poser weirdos we have in Seattle. It wasn't up to par for the Cramps, but it was a damn sight, better than a Bon Jovi concert, and much more refreshing than watching some old fart who has to tame down his show for a more mature audience.

their feet back for the remainder of the concert.

They swung into "Creature From the Black Leather Lagoon," and at this point it became obvious where the vast majority of the night's material was coming from -- their new Enigma release "Stay Sick" -- and indeed they played the whole album. This would have all been fine had the concert lasted for two hours, but you simply

5 01	igs The Cramps Taught A Cramps Companion	đi s
Psychedelic Jungle/Gravest Hits	Stay Sick	Songs The Lord Taught Us
IRS CD 70058	Enigma 7 73543-2	IRS CD 00007
Green Fuz, Goo Goo Muck, Rockin' Bones,	Bop Pills, God Damn Rock 'N' Roll, Bikini	TV Set, Rock On The Moon, Garbageman, I
Voodoo Idol, Primitive, Caveman, The	Girls With Machine Guns, All Women Are	was A Teenage Werewolf, Sunglasses After
Crusher, Don't Eat Stuff Off The Sidewalk,	Bad, The Creature From The Black Leather	Dark, The Mad Daddy, Mystery Plane, Zombie
Can't Find My Mind, Jungle Hop, The Natives	Lagoon, Shortnin' Bread, Daisys Up Your	Dance, What's Behind The Mask, Strychnine,
Are Restless, Under The Wires, Beautiful	Butterfly, Everything Goes, Journey To The	I'm Cramped, Tear It Up, Fever, Twist And
Gardens, Green Door, Human Fly, The Way I	Center Of A Girl, Mama OO Pow Pow,	Shout, contains alternative takes.
Walk, Domino, Surfin' Bird, Lonesome Town	Saddle Up A Buzz Buzz, Muleskinner Blues,	
가슴 물건 가지 않는 것 같은 것 같아요. 이렇게 있는 것 같아? 것 같아요. 나는 것	Her Love Rubbed Off.	지수는 것 같은 것 같

H C C THUNDER W ORD

Seattle Mime Theatre Performs at HCC

Bethany Morris Scene Co-Editor

On Friday, April 27, the Scattle Mime Theatre will be performing in HCC's Artists-Lecture Center, Bldg. 7. The Seattle Mime Theatre was founded in 1977. It has four members and uses the techniques of dance, mime, improvisation and storytelling in its productions.

Seattle Mime Theatre tours extensively throughout the United States and has performed at universities and municipal venues in New York. New Mexico, Long Beach, Iowa and many other locations. They have also performed internationally at the Edinburgh Festival in Scotland and were selected to appear in Japan as a part of a cultural exchange program. They have been invited to appear in Singapore and Hong Kong at resi-

dent festivals in 1990. Tickets are available at the Student Lounge Desk, Bldg. 8, or at the door. The cost is \$2 for students and staff and \$4 for the public.

manager at J & M's Cafe.

"During prohibition, it served

as a hiring hall and bank for

loggers. In the basement, there

arc still event posters and liq-

uor bottles dating back to the

1890's and 1900's. The

wooden bar is the original that

was brought to Seattle in the

rebuilt is The Central Tavern

and Cafe. Manager Teri

Another tavern that was

1890's," she said.

Public Enem

Bill Urlevich Staff Writer

Rap music is a definite force in today's market and holds a constant position in the media's eye. The Rap scene as of nom is so overcrowded with pers who seem to focus the music on money, gold, and set man Charles Ridenhour, a.k.a. that they're hard to tell apart. Public Enemy (P.E.)

rap group that throws all repetitive mainstream asi and raps the hard edge of real² ity. From its debut album of **YO! BUMRUSH THE SHOW** in 1987 and the follow up of IT TAKES A NATION OF MIL-LIONS TO HOLD US BACK in 1988, P.E. has shown that it is indeed the most talented, if

not controversial, rap outfit to ever evolve in the rap world.

With the latest release of it's third allown (which was sententively to be relevand last Schery) FEAR OF A BLACK P.B. once again Chuck-D slows down his throat why it is a king in the i to a complete minimum to give head of mp music, P.E. front- it an eerily convincing effect. Chuck-D says this album's

Check-D, again shows why he and Inical tenorist combinthe straight edge state to news funkcty so The second second worker to an art Manager Such cuts as Wessene To The Terrordome,""911 Is A Joke," and "Who Stole The Soul" are destined to become certain classics.

Rappers Ice Cube from the group N.W.A. and Big Daddy Kane make lyrical appearances on the track entitled " Burn Hollywood Bur," and on the cut called Pollywanacraka.

APRIL 20, 1990

overall message is to unite the black and white races and not to separate them. Public Enthey has a distinct sound, and on this new release they show they can still bust it out hard core but with a newer sound. Therefore, this is P.E.'s best alburn to date, traveling down a totally different musical path but still continuing the counterattack on world supremacy.

oneer Square tains stori **a**

Katie Melvei Staff Writer

Pioneer Sqare in downtown Seattle is 31 blocks of history. Along these historical blocks there encompasses such findings as speciality shops, restaurants and taverns. The buildings in this area date back to the early 1900's when Seattle was rebuilt after the fire of 1889 that destroyed the original buildings. Elmer Fisher designed the new buildings and, according to the Historic Seattle Authority, created "an architectural homogeneity which remains to this day."

J & M's Cafe, named after McKinley said that "the Cen-

tral used to be a wooden buildtwo men named Jamieson and Moffet, was built in 1902. "It ing with a 'Beer Hall' sign out front. The Central was the first was a rough and boisterous card to sell beer in Pioneer Square room until gambling was outlawed in King County in the before the fire." mid-1970's," said Leslie,

Today, the Central has live rock 'n' roll bands. Tom Niemeyer, guitarist for the Accused, said, "The Central is the place in Pioneer Square to go see good, live local bands. I like how the area has maintained its historical look, but it's a sign of the times that a place of such historical significance is also the home of the homeless."

Part of this problem developed when businesses began moving out of Pioneer Square at the end of the goldrush. Originally, the area was called Skid Road for the logs rolling down Yesler Way into Elliot Bay, but later changed its name to "Skid Row" because it became neglected. Now, there is the Pioneer Preservation Board which was created to evaluate historical tuildings and help preserve the area.

Missy Piszker, a student at South Seattle Community College, enjoys Pioneer Square because "it's a place to go when you have no money. You can go down there, walk around, and be entertained by the people. It's also a place where artists can express themselves and their crafts. You can bey earrings or a T-shirt that is different from other people."

Pioneer Square is an area that is preserved to provide enjoyment and an appreciation of Seattle's history for Seattlelites and tourists as well. These bars, cafes and art galleries service the public by providing live rock 'n' roll bands at The Central Tavern and Cafe, a still boisterous crowd at J & M's Cafe, unique crafts at various art shops, and rhythm and blues at the Old Timer's Cafe, which, according to bartender Earl Hall, has been "continually serving lushes for 50 years."

Tantalize Your Taste Buds

Rose Sikorra

Scene Co-Editor

There is now a new choice to solve the lunch time blues. No longer are we limited to the Des Moines Albertson's. The food is good and the prices are competetive.

"The food here is fresh and we make everything from scratch," said Du. " The menu

specials change week to week." The daily and weekly

Orient. He knows how to cook many dishes from many parts of the world.

"I have experience cooking at one of the best Italian restaurants in Seattle," said Du.

The inexpensive weekly specials feature a variety of

WINERY OFFERS Mary Brisk PLEASANTATMOSPHERE Staff Writer

Are you looking for an inexpensive, enjoyable, relaxing way to spend your time this weekend? Something that will take you away form the drudgery of school assignments? Well, Washington state has a lot to offer and the Chateau Ste. Michelle's winery is one of them.

The winery is located in Woodinville. The first impression of the grounds is that you've been transported to a French chateau surrounded by hundreds of beautiful shrubs, trees, and plants. There is a pond with plenty of ducks to feed and well

tocked trout pools, also a mock vineyard to wander the People of all ages can take part in the winery's guided t takes about 30 minutes to stroll through the cellar and s complimentary wines. At the end of the tour there is a newly enlarged gift where wines, cookbooks, corkscrews, posters, winegle bicnic and dell items can be found. Next walk out onto the grounds to find a nice place to enjoy sunshine, light conversation and the surroundings sharing a bottle of wine. SATV-ON AG	1 tour.tion food at the local burgeraboutamplejoint.dailyFeb. 15, John Du and hisportistorewife, Elisa, opened the doorsseasasses,ofthelunchtimealternative, "Teri's Cafe." Thiscoolfresb sit tolittle carry-out restaurant isfresuhilelocated at 218 Marine Viewmea	different internationaal home- made quality meals. Spaghetti and meatballs, sweet and sour pork and another called "out- rageous tacos" are just a few. The shakes available are also authentic and made from real ice cream. You can choose from strawberry, swiss choco- late mint, vanilla, or chocolate.
Mandatory Auto Insurance effective January 1, 1990 "Don't get caught without it" *WE CAN INSURE ANY DRIVER *BUDGET PLANS AVAILABLE Mon-Fri 9:00AM to 5:00PM Saturday by appointment CALL 878-1404	QUALITY PHOTO FINISHING 1 HOUR PHOTO LAB-24 EXPOSURES 1 HOUR SERVICE 7.99 3 HOUR SERVICE 6.99 NEXT DAY SERVICE 5.99 INSTANT PASSPORT PHOTO 6.99 MON-FRI 9:00AM TO 6:00PM SAT 10:00AM TO 4:00PM CALL 878-9444	TRAVEL GO ANYWHERE - ANYTIME WE CHARGE "NO SERVICE FEES" "DIAMOND DELUXE SERVICE" AIRLINE TICKETS AT AIRLINE PRICES TAKE THE HASSLE OUT OF YOUR TRAVEL PLANS MON-SAT 9:00 AM TO 5:00 PM CALL 878-0444

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APRIL 20, 1990	нсс	THU	N D E R W O	R D 5	PORTS
				Softball Schedule	Track Schedule
· ·				4/21 at SPSCC TBA 4/22 at SPSCC TBA 4/24 Western Wash. Univ. 3:00 4/28 at Wenatchee 2:00 5/4 at Shoreline 2:00	4/21 Shtwell Invitationa UPS in Tacoma 4/28 Central Invitationa in U. of Oregon in Ellensburg/Euger 5/1-2 Multi-Event
					Championship Linn-Benton, Oregon
				A Lady T-bird softball pl player. Photo by David Wellington	ayer tags out a Shorline

World's best athletes converge on Seattle

Michelle Watson Staff Writer

From July 20 to August 5, 1990. Seattle will host the Second Annual Goodwill Games. More than 2.500 athletes from 50 different countries have been training for the intense competition.

People from all over the world will attend events or tune in on television and radio to see fine athletes compete in various sports events. The events range from figure skating and volleyball to judo and team handball. One event that's sure to catch a lot of attention is basketball; the Soviets will try again to regain the title they lost to the Americans in the 1986 World Championships. Another popular event is

diving. The teams from China and Mexico are strongest in involved. Ticket prices for the this event. Synchronized other events range from \$3 to swimming, a fairly new sport, \$300. Some sights set for the combines gymnastics along events include: Shilshole Bay, with the physical demands of Seattle Center, Seattle Universwimming.

Attendance for the yacht-



I hate to lose." is set for July 21 at 5:30 p.m. on the University of Washington campus. sity and Cheney Stadium.

ing, judo, and swimming are The competition will be

Richard Kelly Staff Writer

The Goodwill Games to be held in Puget Sound are being billed as the largest single event in the United States for the next 10 years. It will bring the state approximately \$400 million to \$500 million.

Community colleges have been asked to participate in preparation for the games, which will include cultural and artistic events as well as athletic.

Two students from Highline Community College's Television Production Class will be working at the games as non-paid interns, according to Tom Pollard in Media Services.

Chris Marsall and Barry Moikobu have been accepted by the Turner Broadcasting

the International Broadcast Center on Airport Way.

Although each intern position may have a different start date, each applicant is expected to be available from mid-May through mid-August.

Marsall and Moikobu were required to meet the following criteria in order to apply for the internship: be a communi cations major, have good writing skills, have basic broadcast knowledge and videotape editing/ dubbing skills, be detail oriented, be self-motivated and computer literate.

Community colleges are providing logistical support for screening, orienting and training the 10,000 volunteers, including Marsall and Moikobu, who are involved in every aspect of the games. Providing liaison between the Goodwill Games' Seattle Organizing Committee, the State **Board for Community College** Education, and the participat-

ing and marathon competition fierce, and many records are will be free of charge to the expected to be set. Track star public and offers an ideal Jackie Joyner-Kersee said, "I opportunity for many to get like going against the best, and sold out, but tickets for remaining events are available through Ernst, U.S. Bank and Ticketmaster.

The Welcoming Ceremony

Some events such as div-

System, Inc./Goodwill Games, Inc. to work as much as 40 hours a week during the games at an assigned venue site or at

ing community colleges is Ronald LaFayette, associate dean of instruction at Seattle Community College.

Athletic clubs can turn your life style around

Nancy Hartsock

Staff Writer The price of fitness may not be as expensive as you think. There are athletic gyms and health clubs with varying prices and payment plans to accommodate most any budget. How do you choose the correct club and program for you?

"It depends on your goals," said Don McConnaughey, Highline Community College weight-training coach. "Are your goals body building or exercise for physical fitness?" Jim Hawks, 23, a member

of Pac West as well as a stu-

dent at HCC, spends about two and and a half hours three times a week for a complete workout and use of the amenitiies. He said, "It makes me feel better about my body. An overall workout helps my attitude, and I feel better. I'd recommend a gym for anyone."

Another HCC student, Adam White, 18, and a member of Powerhouse Gym, said, "At first I worked out for the attention of the women; but now I work out to boost my self-esteem, confidence, and to feel good."

Powerhouse Gym represen-

tative Jessica Eggers and Pacific West representative Steve Gilpatrick stressed the need for convenience and service. Ideally, the club you choose should be close to where you live, within five minutes driving time. Also, pay particular attention to the hours the club is open; some are open 24 hours a day.

Eggers, Gilpatrick and Federal Way Athletic Club representative Sue Chiam said that their instructors look at a person's overall fitness and what that person wants to accomplish.

Chiam said, "We certainly wouldn't take someone who hadn't exercised in several years and put them into a high stress exercise program. We try to screen them and get a health profile."

Gilpatrick said that the medical community has made people more aware that physical fitness can decrease the risk of heart attack and blood pressure and that exercise can improve the quality of life.

Eggers said, "Fitness was fashionable, but people are now working out because it's healthier."

Instructors at the gyms vary in background and education. Many have bachelor degrees in physical education or exercise physiology. Others go through a training program provided by that particular club, and still others have personal experience in body building and being successful bodybuilding competitors. Some instructors are in the clubs specifically to set up exercise programs for the individual, and others are trained to assist the member with their personal

See Clubs. p.11

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HCC should cut losses

PORTS

Steve Duncan

Sports Editor

Its a sad truth that Highline Community College sporting events draw crowds which could fit in the trunk of a Volkswagon Bug.

Several reasons could cause low attendance. One possibility could be that there is not enough advertisment of the events. Another could be lackluster performances by HCC teams. These are the usual reason to fall back on, but the most credible explanation seems to be that students feel no allegiance to a two-year institution. Community college students just put in their hours in class and leave, developing no attachment to the school.

Whatever the reason may be, it seems incurable. If the men's and women's basketball teams at HCC, which are playoff teams, can't pull in respectable numbers to their games, what can?

Bruce Macintosh, Student Activities coordinator, divulged that HCC pays out \$141, 671, which is 23 percent of the Service / Activity's budget, to the sporting programs, but makes back only \$700 in ticket sales. Student Activities pays to support HCC sporting programs as well as drama clubs, computer clubs, and other student related functions.

Is there something HCC could do with this money, to better benefit the school, as well as the student body?

Possibly. According to Macintosh, an idea which has been discussed informally would make the athletic facilities into something similar to a recreational club. By redeveloping the weight room and gym and by making repairs to the only community college pool in the area, HCC could use these sites for a student membership athletic club.

Macintosh feels businesses such as Pacific West would squelch this idea. But if students could access HCC facilities at a cut-rate price, it could take off. Another attraction could be its easy avaliablity to the students, being right on campus. The money made by the facilities could increase funds to other HCC activities and create more high school student interest. The facilities could serve more than those select few involved in the athletic program.

There are always down sides to every proposition; this one is no different. Some have raised the question: What would become of student athletes?

Athletes who have potential beyond the community college level should consider other schools to showcase their talents. Other participants who don't have considerable talent are the ones who will suffer. But, for the greater good, it's a small price to pay.

Write in and tell us what you think. Thunderword, bldg. 10-5.

Washington's ski resorts offer variety with quality conditions

also, however, the most expensive ski area, with lift tickets costing \$35. Squaw Valley's feet; and besides having a variety of slopes, the view of Lake Tahoe and the surrounding Sierra Nevadas is gorgeous. Skiing is one of the most popular and expensive sports

"If you want extremes, go to Squaw Valley," said Highspent a week skiing in the Lake Tahoe area last month.

of lack of snow but because of lack of skiers. line student Eric Wright, who the main drawback to spring

skiing. Sunshine and 60-de-

there will be skiing until May 28" -Marvin Borgeson

than any other ski resort in the fice perfect snow for the chance area. "We're going to try to stay open until May 28 and promote skiing in the morning, afternoon," said Heidi Milton, Squaw Valley employee. However, since most other ski areas were closed by April 15, many skiers are dubious as to Squaw's ability to offer skiing so late in the season.

is no way there will be skiing Lake Tahoe area for the past until May 28," stated Marvin four years. "In fact, if it's be-Borgeson, a skier from Michigan enjoying the Tahoe area bly won't find me on the slope."

to ski in something less than three pairs of long underwear, a heavy wool sweater, and a and mountain bicycling in the Gore-tex parka. Although it is liberating to be able to wear only shorts and a tank top while skiing, it is also very wet when you fall.

"I'll take sunshine over powder snow anyday," Highline student Nicole Patrick "With this hot weather, there admits; she has skied in the low 20 degrees out, you proba-



ready completely slushy." Mount Rose, with a summit peak elevation is nearly 9,000 of 9,700 feet, is only 22 miles from downtown Reno. This resort offered its last day of skiing on April 8, not because

this month. "The snow is al-

Snow conditions are often gree weather and dry fluffy

This year, Squaw Valley is snow do not usually go together, attempting to stay open longer but many are willing to sacri-"With this hot weather, there is no way

Clubs cont. form p.10 program. Most clubs have

swimming pool, jacuzzi and tanning beds are available. instructors available at all Ron Appling has been body building since 1974 and competing since 1976. He also taught weight training when gyms were becoming popular in 1976. He said, "Now gyms are incorporating weight training as part of their weight loss program. The women are getting around to using more free weights and realizing they are. not going to be masculine but just toned. This type of exercise has been around long enough to see the results, and people are not as shy about trying it. Exercise has a snowball effect; you start walking and then find you want to do more. The price of membership for each club is approximately the same: \$33-\$38 a month, with varying agreements.

However, variety is the spice of life (sorry for the cliche), and some students opt to travel in search of a steeper mountain, a bumpier mogul, a higher cliff, or (of course)

THU N D B R W O R D

Mary Torcaso

in the Pacific Northwest. Who

could look at the nearby Cas-

cade Mountains on a sunny

day and not wish to be flying

down a slope on a pair of freshly

waxed skis? With Crystal

Mountain, Steven's Pass, and

Snoqualmie Summit (just to

name a few) relatively close

by, skiers can often find a place

to spend their winter week-

sexier snowboarders. All this

can definitely be found at the

ski resorts in the Lake Tahoe/

Reno area in California and

Nevada. With more than 10

ski resorts within two hours of

each other, this area is defi-

is Squaw Valley, site of the

1960 Winter Olympics. It is

One of the prime ski resorts

nitely a ski lover's dream.

Staff Writer

ends.

APRIL 20, 1990

times; sometimes as many as six instructors are on duty if the facility is large.

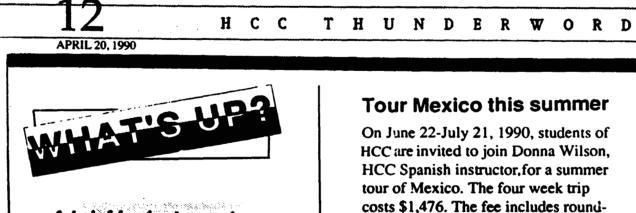
The equipment is extensive and comprehensive, depending on the size of the facility. There usually is a full line of free-weights and cable machines, plus rowing machines and treadmills, along with aerobic classes at different levels.

The clubs serve all patrons from 16 to 70 years old and from 90 to 350 pounds, in weight. They accommodate the professional body builder as well as the person who wants to lose weight or stay toned to feel better. Gilpatrick said, "More women are joining for weight loss, toning and overall fitness."

In the larger gyms there are tennis courts, recquetball, basketball and running tracks. After a workout the saunas,

Jessica Eggers said, "Exercise can turn your lifestyle around."

Building 8, room 210.	South Seattle, Tukwila, Kent. Afternoon and/or evenings. \$6.00/Hr. Must have own car.	AN AD? CALL SCOTT MARTINSON 878-3710 Ext. 291	
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Female christian non-smoker, non-drugs, student has 2 bedroom apartment to share. \$198. plus deposit can move you in. Call Rose at 946-1994	Warchouse/delivery steady 4-5 hrs day. Small friendly company. 21 cents per mile plus \$5.00/hr start. Must have car, insurance,	Can't you just hear it when you get home? Does this cause you stress? Don't worry. EXPRESS SERVICES has already done the looking. We have full and P/T temporary positions with hundreds of employers in Tacoma and S. King Co. We will keep you as busy as you want to be, on any shift you want, and allow you the flexibility to take time off when you need it. Clerical and light warehouse/production positions available for any major. In Tacoma call (206) 475-6855, S. King Co. call (206) 850-1344 for registration details.	
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A brief look at events on HCC's campus

Write for free next year The Music and Art Foundation of Seattle is providing a three-quarter tuition scholarship in Creative Writing at HCC for the 1990-91 school year. For more information call Lonny Kaneko or Ann Spiers at 878-3710.



Buy your Jewelry today The Jewelry/Goldsmithing Technology Program will hold a jewelry sale in the Cafeteria, Friday, April 20, from 9 a.m. to 1 p.m.

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Tour Mexico this summer

On June 22-July 21, 1990, students of HCC are invited to join Donna Wilson, HCC Spanish instructor, for a summer tour of Mexico. The four week trip costs \$1,476. The fee includes roundtrip airfare, lodging and meals. For more information call the Center for Continuing Education at Ext. 341.

Students butter up Orville for school scholarship

Orville Redenbacher's giving a scholarship for those over 30 years of age. The scholarship is worth \$1000 for the 1990-91 school year. Deadline is Sept. 1, 1990.

Learn self-esteem and asertiveness

Pat Johnson, instructor, will teach selfesteem and asertiveness at HCC. Join the first session on Saturdays, April 28 and May 5, 9 a.m.-3 p.m., Bldg. 4, Gold Room, \$10 fee. Or join the second session on Thursdays, May 3-May 31, 1-3 p.m., Bldg. 22, Room 205, \$10 fee.

Dance on the Goodtime II Dance on board the Goodtime II on April 28, 1990. HCC will hold

its annual boat cruise down on Pier 55 in Seattle. Boarding time is 8:30 p.m., departure is at 9 p.m., and dock time is at 12 midnight. Tickets are available in advance at the Student Lounge Desk in Bldg. 8. The cost is \$3 for those with HCC identification and \$5 for those without. Music by The American Dance Machine.

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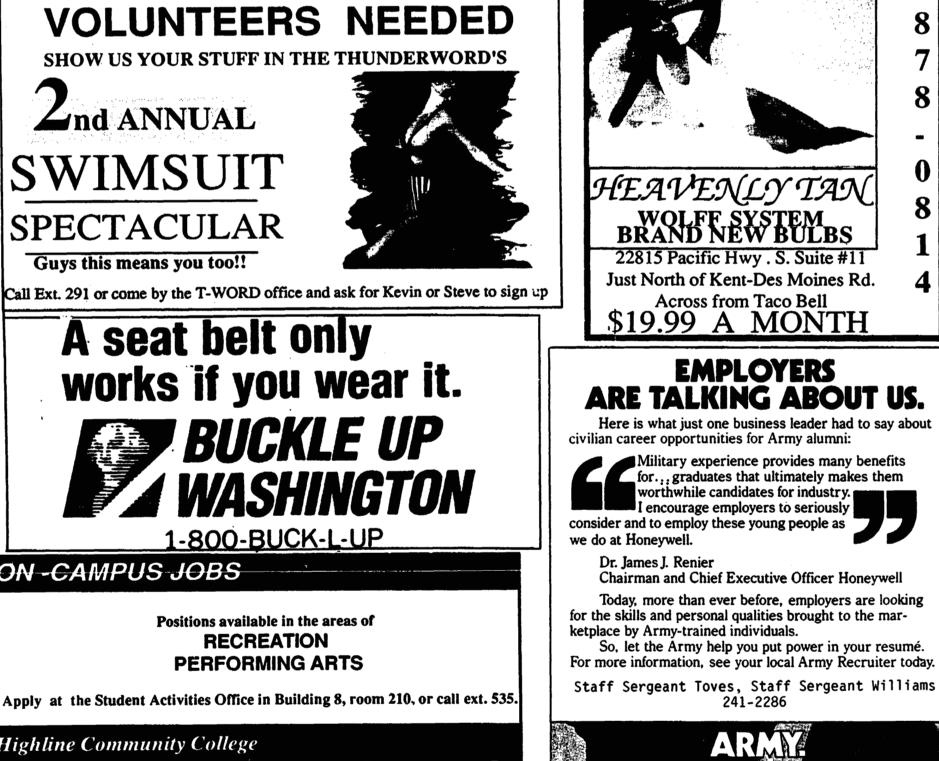
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