Administration creates uproar at South Seattle Community College

**THUNDER WORD**

Was publishing censored at Highline as a weekly went after being stopped due to due to loss of **OPINION Page 2**

Laura Sanders

**CENSORED!**

Faculty tries to drop dead weight

In September, Highline Community College's Student Services arrested a weight-loss program for faculty and staff. Mary Jo Nolan, English Professor who had been a prominent part of the program, has been receiving attention from the administration. Nolan's petition to end the program has been met with opposition from the administration, who believe the program is unnecessary and a waste of time. Nolan has also been criticized for her lack of professionalism in the classroom, and has been asked to resign.

**UPDATE**

Anthony Leggi

Censorship is the enemy of some people who back what other people may not agree with or like. The art of censorship is constantly kept to check for the first amendment of the Constitution. The campus of South Seattle Community College has received a lot of press recently over censorship on campus. Several students and faculty members have expressed concern over the censorship of the student newspaper, the "Sentinel." The Sentinel's new editor, Laura Sanders, has been working to change the atmosphere of the paper. Sanders is a former staff member of the Sentinel.

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HCC appoints new Dean of Administration

Becky Bonus
Staff Writer

Highline Community College has appointed Dr. Laura Saunders as the new Dean of Administration. Saunders was previously the Director of Planning and Capital Budgets at the University of Washington. She came to HCC because she was looking for a change after her 15 years at the U of W. Saunders has a Ph.D. from University of California, Berkeley, in Education of Economics. Prior to this she received her bachelor's from Reed College and a master's degree from the University of Chicago, both in Economics.

As the Dean of Administration, Saunders has 10 departments reporting to her. They consist of Food Services, the Book Store, Capital Planning, Purchasing Office, Plant Operations, Business Office, Public Information, Data Management Systems, Registration, and Security. Her responsibility is to make sure the organizations are running efficiently.

"This campus is very well run," she says. "It's a friendly, efficient organization." She doesn't see any major trouble areas at this time.

Some of her goals include coming up with a campus physical master plan, remodeling the cafeteria, increasing the volume of recycling, and renovating the swimming pool.

"It's a beautiful campus," Saunders says. She would like to see an agreement on the physical master plan. This plan would put a prioritization on certain areas of the land while leaving other areas open for new campus parking or buildings.

The cafeteria at HCC has not been through major remodeling. According to Saunders, the cafeteria looks like one similar to a high school. This is not the atmosphere she would like to see for the students at HCC. Other possible changes are the food, and renovating the cooking area. One thing she doesn't want to change is the workers. "They are a dedicated and hard working crew," she says.

Saunders is looking for students' involvement to help with recruiting. She would like to see the volume of waste garbage cut in half by 1995. This is a goal set by other community colleges as well.

Some engineering reports have suggested a renovation of the swimming pool. Saunders is concerned because use of the pool has dropped over the years. This poses a difficult problem, and she wonders if money for the pool would be better served elsewhere.

The new dean would like to encourage a "pro-active environment," and she says she is here to provide communication and make it easier for people to do their jobs; keep the grounds cleaner, get buildings repaired and to strengthen orientation.

Saunders believes her biggest challenge will be to do the most with the small amount of government funding available. A budget cut would not do good for HCC. She said that HCC has a "loyal and dedicated administration with the relatively little amount of money."

Saunders likes being close to the educational process at HCC because she feels she can make a difference in a student's education. She is impressed with HCC President Dr. Ed Command and the dean involved in the joint process of reaching campus goals. She says the diversity of the students is good and she likes their "can-do attitude."

Laura Saunders brings her vast experience to the Dean of Administration position at HCC.

Flu shots available while supplies last

Mark Ann Brown
Copy Editor

As the days grow shorter, wetter, and fall's chill is in the air, use precautions: wear safe, comfortable shoes and get your flu shot.

It's fall departure at Highline Community College, and Mary Lou Holland, A.R.N.P., M.A., coordinator of Health Services, arrives at her office and finds several people waiting to be seen.

Along with wet, windy, and colder autumn weather comes colds and the flu. "Fever, chills, fatigue, muscle aches, headache, and over-all misery are a few descriptive words associated with the flu," explained Holland. "The severe flu season (mid-December through mid-April) is approaching, I strongly suggest that people get their flu shot."

The injection is available (while supplies last) in Her Services for $5, and it takes approximately three weeks to develop the antibodies. Brenda Ford, C.M.A., and Health Services assistant said, "Flu shots protect people from the flu and build anti-bodies against the flu. They are a good insurance policy."

Holland sees and treats a multitude of conditions. "Now that we are into the wet and rainy season, accidental falls are common," says Holland. Besides broken bones, falls result in hand and knee abrasions caused by "slick-soled shoes doing a good imitation of ice skates on wet leaves and sidewalks... people run from one covered area to another. When the direction of travel is downhill, it becomes impossible to stop, and falls are frequent," says Holland.

Minor medical care free to students, faculty and staff

Mark Ann Brown
Copy Editor

"When health is absent: wisdom cannot reveal itself, art cannot become manifest, strength cannot be exerted, health becomes useless, and reason is powerless." Hecbphius—B.C.

"When you feel good, you feel more confident..." Mary Lou Holland, A.R.N.P., M.A., coordinator of Health Services at Highline Community College.

Students, faculty and staff at HCC can receive free and confidential health service five days a week from 8 a.m. to 3 p.m., located in the Health Center, located in the lower level of Building 6. Holland, along with Brenda Ford, certified medical assistant, are available for all students needing treatment.

When you feel good you feel more confident...

Building 6, Holland, along with Brenda Ford, certified medical assistant, are available for all students needing treatment.

Complete physical exams, simple laboratory tests and diagnostic procedures are available. Health care for women, including breast and pelvic exams, pap smear, pregnancy testing, education and referrals are also available. Health care is provided for treatment of illnesses, injuries and medical emergencies, as well as screening for medical and health problems. Health care is available for medical referrals and personal health concerns. Advice is provided in areas such as contraception, human sexuality, weight reduction, cancer and infertility.

The center also provides information on health wellness, and a good start in understanding what each individual can do to remain well," said Holland. "If you are well and want to stay that way; if you become ill, or need someone to talk to, please stop by Health Services," invites Holland.

Flu shots are available in Health Services through Dec. 13, or while supplies last. Health Services is open daily from 8 a.m. - noon and 1 p.m. - 3 p.m. Monday through Friday. There is a nominal fee for some tests. Mornings are on a drop-in basis. Physical exams are by appointment only each Monday, Tuesday, Thursday and Friday afternoons.

Health Services is funded through the HCC general school funds, not by individual student fees.
Academics has a new name

Tracy Secrest
Staff Writer

July Mary Odem became the new Associate Dean of Instruction for the Adult Program at Highline Community College. The dean's position was created this year to provide support to the academic administration. It will also help with the "professional development" of faculty, says Odem, which in turn will enable administration to continue providing "quality instructional programs." Among the duties associated with the new dean's position are: supervision of the Developmental Studies Program, planning for fall orientation and reviewing the college catalog. Odem will not make "any major policy changes," she says.

As former director of Multi-Cultural Student Services, Odem says she "adjusting" to the position of dean. She adds that the former position will be held by a two-year college operates and says, "I exposure to the system has been real helpful." She comes to the position with a variety of experiences in education, including teaching. Odem had classroom experience at the Kent State Branch Campus in Warren, Ohio, and taught at secondary level also. She would like to get back into the classroom she says, "to teach a social science class." She hopes this will happen in the spring.

In 1983 Odem served as a career counselor at Slippery Rock University. She was responsible for advising individual students, preparing workshops to a variety of groups and classes, and assisting students in the development of resumes, cover letters, and job-search strategies. In 1984 she became a counselor at Washington State University. Her duties included academic advising, individual and group counseling, and general operation of the Black Student Counseling Office. In 1986 she took her first administrative position as director of Minority Student Affairs at Seattle University. Her duties included but were not limited to supervision of staff, budget, and general operation of the office.

Having previously held positions at four-year institutions, Odem knows the advantages of attending a two-year college before entering a four-year university. "All four-year institutions, instruction don't have the time to get involved," Odem says. "Two-year institutions offer more one-on-one instruction. One of her goals is to see "all students benefit from the preparatory two-year institutions offer." When Odem is not at work, she is likely working out. She feels physical fitness is important and enjoys "outdoor activity." Odem is the only female administrator at HCC, and she does "as a woman I'll bring different perspectives." Being a woman and person of color are two of the contributions she can give to HCC, she says.

Thai man visits HCC

Erika Olson
Staff Writer

Highline Community College had a recent visit from Sompoe Boontoryuth, a native of Thailand. He spoke of his project is Thailand, which is "to preserve and protect the children from prostitution." According to Boontoryuth, as many as 300,000 children as young as 12 and 13 are bought from their parents by agencies that use them in child prostitution rings.

The Northwest International Education Society sponsored Boontoryuth's trip to the Northwest, his first to the United States. As a young man, he refused to become a soldier and is against neighboring countries. Because of his refusal, he has been unable to obtain a passport until recently. Boontoryuth first became interested in the U.S. as a young boy when he met a Peace Corp volunteer. This American taught him English. After she went back to the U.S., he spent three years frequenting a train station to speak English with the tourists stopping there, in order to practice his newfound language.

The son of a poor rural family, Boontoryuth started working as a guide for Alternative Tours of Thailand. Boontoryuth shows tourists the "real way of life," he said, by allowing them to stay with Thai familes to experience how they "survive." Boontoryuth, who has a bachelor's degree, spent eight years earning the degree, as he had to work his way through school. Sometimes he had to earn enough money to live. Other times Boontoryuth had to leave school because of his political involvement.

Boontoryuth is also a musician, who makes his own instruments. He says, "A Thai song is melody; they don’t sing much, just keep playing the melody." He says he just keeps playing his melody to the tune of healthy living (be a vegetarian, a non-smoker and a non-drinker) and helping the children.

Boontoryuth's project is supported by a private Japanese group. Currently he helps 30 young girls with support and education. Now his only goal after his three week tour of the Northwest is to "get the help for children," he says. Sompoe Boontoryuth will be visiting HCC Tuesday, Oct. 30, at 12 in Building 17-304. His topic is Village Development in Thailand: Merging Traditional and Modern Practices.

Highline helps out Hawaii

Karl Curtin
Staff Writer

Pat Bille, an accounting instructor at Highline Community College, evaluated Hawaii Community College's Practical Accounting Department this summer. This evaluation is required every five years in Hawaii. Bille evaluated the program, facility, institution and the materials from Aug. 21-24, with a couple of days for relaxation. She also looked at the course content, facilities such as the computer lab and other equipment, and the instructor credentials and work experience. Bille's report, due at the end of the third day, is called the "final review. Hawaii had already done an inside review but needed someone who knew nothing about the campus and the department to come in and evaluate the department. Hawaii Community College has a smaller community and a smaller enrollment than Highline's. Bille said, "They only have four accounting instructors compared to Highline's two full-time and 17 or 18 part-time instructors." She interviewed past and present students, faculty, and administration. She said, "It concerned me that boy said 'he felt like they were on the edge of the earth.'"

Bille also said, "They were real concerned with falling behind the people on the mainland, so they go out and study other schools and try to keep up." One of the ideas Hawaii used came from Evergreen State College's learning communities, which is when two classes are set up back to back and the two instructors work together to run the two classes.

Bille said, "I really enjoyed myself and wouldn't mind doing it again or even going on an exchange program with one of their teachers for a quarter."

Medical assistants open house

Debra Blankenship
Staff Writer

For the first time at Highline Community College, National Medical Assistant Week last Saturday afternoon ended with an open house. Approximately 35 people, including physicians, medical office personnel, community members, and HCC medical students, attended. Dr. Frank Fullington, an obstetrician-gynecologist from the Seattle Women's Clinic, was honored as Outstanding Physician of South King County. Fullington received a $100 stethoscope donated by Biddle & Crowther, a medical supplier from Seattle.

HCC students and medical office personnel submitted essays nominating physicians for the honor. Four judges, appointed by HCC medical instructor Teresa Indovina, chose the winning essay. The judges were: Rita Purr, a representative for Fullington's hospital; Robin Fennel, a representative from the medical assisting advisory board; and Martha Clout and Terry Kase, both former graduates from HCC's Medical Transcription Program.

Susan Schemp wrote the winning essay for Fullington and received a gourmet basket donated by the South King County Medical Society. A Parker pen and pencil set was a Cross pen and pencil set were donated as door prizes from Squibb, a pharmaceutical supply company. Open house activities included a tour of the medical room by Billie Lind, department coordinator of the Medical Assistant Department at Highline, and a movie. One showed a typical day in the life of a medical assistant; the other was a review of the "Heart Song" sung by medical students from various quarters.
**Refugee flees danger in Afghanistan**

Edward Schnadt  
Staff Writer

Five years ago Fabria Popal, Highline Community College student, lived in Kabal, the capital city of war-plagued Afghanistan. When the communist government threatened to take away her older brother to fight in the war, the Popal family planned its escape to freedom.

Popal’s parents had decided long before that they would stay back because “they, unlike my brother, were of little use to the communist government,” Popal explained. Popal and an older sister weren’t obligated to military duty; however, kidnapping and molestations of Afghan women by Soviet soldiers was troubling enough. “I couldn’t walk home from my school bus stop. My father or one of my uncles had to meet me there,” she recalls.

Freedom was the Pakistan border. Popal explained, “The people caught trying to escape were thrown in jail. Many were killed or punished so badly they would lose their mind.”

“From the route to freedom consisted of 200 miles of wind-swept desert and towering mountain peaks. To help reach Pakistan, the family employed the services of some experienced guides. We were supposed to have horses to ride. However, all of them were being used, so we rode donkeys,” she said. Popal remembers one humorous situation occurred on the trip when the guides insisted that everyone stay together on the trail.

“Nobody worried about getting lost because the donkeys knew the trail better than the guides did.” They traveled almost exclusively at night. Except for a violent storm on a mountain peak, Popal’s journey went smoothly.

As soon as the Popals reached Pakistan, they began making arrangements to immigrate to the United States. Luckily, they had an older sister in the Seattle area who was able to sponsor them.

“We had to go through many interviews at the American embassy in Pakistan,” Popal recalls. After nine months of interviews and paperwork, Popal, her brother and sister were allowed to immigrate to the United States.

After arriving in America, Popal enrolled at Everett High School. She could speak only a few words of English, which she had learned in a foreign language course in Afghanistan. “English is a very difficult language to learn,” she said. The hardest course Popal had to take, however, was Washington State History. “I was required to take it my first year. That class was hard!”

Popal has lived in America for five years; however, she still contends that she will always be an Afghan at heart. “I hold many of the same beliefs as my people,” she said. “I remember in high school I did a report on teen pregnancy. I was shocked because there is no such thing as teen pregnancy in Afghanistan.”

Popal finds many contrasts between Afghan society and American society. It is common practice, for instance, for families to arrange marriages. “The family in Afghanistan is very important. Here there is divorce and domestic violence. I often get bored here. Back in Afghanistan there is always something to do because my family was always around. Family is the most important thing in life.”

Even though Popal’s parents still live in Afghanistan, she writes them frequently. “They are waiting for the right time before they leave the country,” Popal says.

Popal plans to get an AA degree from Highline and then transfer to the University of Washington to study pharmacy.

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**Recycle now: It’s the law**

| **Julie Jensen**  
| **Staff Writer** |

You may have noticed the recycle bins at Highline Community College’s Student Center and the cafeteria. HCC is recycling for a better environment and because “it’s the law,” says Karl Lopez, purchasing manager.

In 1990, the Washington State Legislature passed the Waste Not Washington Act. This law looks at disposal priorities in the state’s communities. In June 1990, HCC was selected by the Pacific Energy Institute to serve as a model among other community colleges. PEI administers the Community College Waste Reduction and Recycling Program (WR/R). This program is a joint project from the Department of Ecology to develop and implement a model WR/R program for solid and hazardous waste.

Chuck Averitt, waste consultant at PEI, says, “HCC has a positive attitude in reducing waste.”

“At this point,” Lopez says, “HCC is recycling very little. Aluminum cans are very easy to recycle.”

But there are stacks of old telephone books and class schedules which are to be used. Averitt’s idea of an effective program would be to divert 50 percent of the waste on the campus and make use of reusable items such as copy paper and food service paper products. Averitt also hopes this program will increase the community’s awareness of the need to reduce waste.

HCC’s responsibilities go further than the recycle bins. PEI expects HCC’s to make time to assist PEI’s auditors, coordinate a volunteer group, produce educational materials, accept volunteer organizations, communicate with janitorial staff and department staff, provide as much financial assistance as possible and share experiences and success with the Community College Board.

“A committee, hopefully, will be formed by next week,” says Lopez. This committee will consist of students, faculty and staff. Anyone interested in getting involved can contact Bruce Mackintosh of Student Activities.

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I don't mean to bitch, but...

Kevin Tallmadge
Managing Editor

I can empathize with those soldiers and sailors in the Middle East today. But when I read about Jeff Patterson in Hawaii refusing to board a plane headed for the Middle East because of a sudden change in his status, I can understand his actions.

I arrived in Hawaii five years ago, and have been in the U.S. Air Force for the past five years. I have been stationed in Germany, England, and Japan. I have had the opportunity to work with some of the finest military personnel in the world, and I believe they are doing a great job.

During my time in the Air Force, I have seen some situations where the dress code was enforced to the point where it was ridiculous. For example, I had to wear a uniform that was too tight, and it was uncomfortable.

I believe that the dress code should be relaxed, and that the military should focus on the mission at hand, rather than on enforcing strict dress codes.

I do not mean to bitch, but...
Stories composed by Julie Maggiacomo and Jeanie Shaw

Instructors make help easy to obtain

Tutors aid students having academic difficulties to reach their maximum potential.

Private Lessons

Academic Skills

Students who need help in a wide spectrum of classes. Carolyn Brooks and Claudia McGucen play important roles in the Tutoring Center. According to McGucen, "The special needs students come to the Tutoring Center to take the time to learn. We are here for students who need help. They are willing to take the time to learn and if they can do that then they can find the time to come."

According to McGucen, the students come in the Tutoring Center to learn, not to be told what they don’t know. They are willing to take the time to learn if they can find the time. According to McGucen, "We are here to help if you need it," said Shaw. "Help is available for students in the form of tutors, Eadem, and in the Reading Lab. We are here to help if you need it."

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Zombies rule the night in "Night of the living dead"

Adam Chattopadhyaya
Staff Writer

"Night of the Living Dead" is a superb color remake of the influential horror classic released in 1968. Written in 1967 by director George Romero and John Russo, "Night of the Flesh Eaters" was directed by Romero on a shoestring budget.

Retitled "Night of the Living Dead," the black and white movie went on to become the first in a trilogy of very successful "Dead" films, and garnered a cult-classic status, along with a great deal of critical analysis. "Critics and writers analyzed the film to death," Romero said, "and some of it was interesting." But truthfully, all we were really doing was to make a film that was more than just blood and violence.

Romero rewrote the screenplay for his long-time associate Tom Savini's feature film directorial debut. The new script retains the basic theme of the original. Romero explains: "We were then, as we are now, trying to produce a film that does have a conscience, that does have a message; and that message is simply that because of man's inability to communicate, mankind will never successfully deal with any type of holocaust, any kind of major threat, which could be revolution, nuclear fallout, or a disease such as A.I.D.S."

Savini, renowned in horror film circles as a makeup master, has also directed TV's "Tales From the Darkside."

"Tom has a fan following and was the logical candidate to make the film," said Romero. "I gave him my opinions, but Tom had his own vision." Savini's said that he aimed to describe the retelling of "Night of the Living Dead," he would call it a dark, twisted, and suspenseful story about a collision between life and death.

John Vulich and Edward Burrel created the state-of-the-art special makeup effects for the movie, using a variety of proven techniques and new ideas. The effects of violence on human bodies are brought to life with a gore-tastic level of realism that they achieve with the proper graphic detail. The action in the movie primarily takes place in and around a three-story Victorian farmhouse near a graveyard. Conflict between the zombie-beleaguered group in the first half of the movie and stomach twisting special effects all combine to produce a picture that will doubtless be added to Romero's long string of successes.

Flesh eating zombies converge on the living

Rock away on board

Rose Sikora
Scene Editor

Tonight the Good Times Two will depart from Pier 55 for the third annual masquerade dance. Tina Delgado, Highline Community College Events Board chairperson, said she planned the event this year because "it was so popular last year that it sold out.

The three-hour cruise on Elliot Bay, including the DJ system, runs for $1,750. The vessel's passenger occupancy is 300. Delgado said the ticket money made won't cover the cost. She added that the Events Board is picking up the financial difference to promote an inexpensive opportunity for the students to get involved outside the classroom. The money collected from ticket sales will be recycled to be used for a future event. There are a variety of things to do on board. The upper level is an enclosed area reserved for dancing and is Df'd by the American Dance Machine. The scenic view can be enjoyed in the cool breeze on deck, and the main floor offers an atmosphere arranged for socializing. It has rows of chairs to relax in, a snack bar for refreshments and candy, and a coordinated video screen identical to the one on the side of the dance floor above.

Tickets are available at the Student Activities Desk on the top floor of Building B. Delgado concludes, "It's going to be fun, exciting, a good way to meet new friends and a chance to win prizes."

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The Bitter End returns

Scott Games
Staff Writer

Imagine yourself in a dark, dingy, dungeon-like concert hall. You are caught in a whirlwind of screaming bodies clad in black leather with hair down to their waist. Your only means of survival is by eluding gravity-bound, stage-diving maniacs. The intense mood of the crowd is influenced by the four musicians performing on stage. This is a typical moment of The Bitter End show.

Bitter End is a Seattle band gaining national attention from college radio stations and heavy metal fans across Northern America and Europe. The group fuses raw abrasive music with lyrics of political awareness. Matt Fox classifies his music as being heavy metal but says, "If calling us a heavy metal band means that some people would lump us up with Bon Jovi then I would call us a speed metal band."

The group formed in 1985 and included: Matt Fox, lead vocals and lead and rhythm guitar; Chris Fox, bass and back up vocals; and Henry Dearinger, drums, percussion and back up vocals. In early 1990 Russ Stefanovich, 21, lead and rhythm guitar, joined the band to complete the current lineup.

In mid-1988 the group released a self-produced demo tape titled "Meet Your Maker." The four-song demo attracted the attention of major record labels around the United States. In 1989 "Metal Blade" records produced another demo tape for the band featuring four new tracks. Next the band was signed with "Metal Blade" records and released its debut album "Harsh Realities" in mid June. "Harsh Realities" has been on the top 20 Northwest album chart for the past 14 weeks.

Since the album's release, Bitter End has had positive reviews in many widely distributed magazines and was on the cover of the July 1990 issue of "Rockin' Noise" magazine.

Bitter End has played shows all over the West coast from Vancouver, B.C. to Tijuana, Mexico, and has just wrapped up a tour with D.R.I. The band is scheduled to tour with "Slaughter's Reign" in November and projekt a tour of the East Coast in January. Before they hop on the tour bus again, the members plan to make a video for the title song "Harsh Realities" for MTV and other music videos.

Bitter End's "Harsh Realities" is available where rock records are sold, and you can see them live at the "Oz" night club on Nov. 13. As Matt Fox, 23, said, "That is the band in a nutshell. We're just psyched to go out and tour."
Men's soccer team battles tough competition

Becky Bonus
Staff Writer

The Highline Community College Men's Soccer Team has started its season slowly but lately is turning games into victories instead of defeats. The current record stands at 3 wins, 5 losses, and 3 ties. With half the season behind the team Mark Altieri, a second-year player, had this to say, "Unfortunately, we had no breaks in scoring. But we are starting to come around."

The T-Birds played the first game on Sept. 13 against Portland Community College. The game started off with Portland scoring two goals during the first half. Brian Thach, a second-year player for HCC, scored a goal before halftime to make the score 2-1 at the break.

Shortly after the half, Portland scored another goal to lead 3-1. Colin Higginbottom and Anshu Durante, both second-year players for HCC, each scored a goal in the game with a final score of 3-3. Tony Scotti and Higginbottom were credited with the assists.

"We came from behind to tie up," said Coach Tim Sedlacek. "Shows determination and come back." HCC's first win came against Shoreline Community College on Sept. 29. The T-Birds had to come from behind to win the game. Shoreline scored its only two goals within the first five minutes of the first half. Nine minutes into the first half, Mike Middlebrooks scored for HCC. The game was tied up before the half with a score by Durante.

The second half was an evenly played game by the teams until the last two minutes in the game. HCC was given an opportunity to change this. Shoreline had a hand ball in the penalty area which resulted in a penalty kick. Higginbottom took the shot, and it was good. HCC walked away with a 3-2 win over Shoreline.

On Oct. 3 HCC played a tough game against Tacoma Community College. The T-Birds were down in defeat with the final score of 4-3. Tacoma scored the first two goals of the game, and HCC followed with a score from Higginbottom before the half. Once the half was over, Tacoma came out and scored another goal. HCC then tied up the game with two goals. Scotti had the first, and Higginbottom followed. Due to a costly mistake by HCC, the final score ended up 4-3. After an HCC player crossed the ball, it was kicked in the wrong direction, and the T-Birds ended up scoring on themselves.

The T-Birds traveled to South Puget Sound Community College on Oct. 13 for its second victory. The only score in the first half came from Sean Vannon. After continually controlling the game, HCC scored again with a goal from Altieri with one minute left in the game. The final score was 2-0.

On Oct. 17 the T-Birds got their third victory against Edmonds Community College. Durante had the first goal in the first half, while Altieri and T.J. Nicholas followed with scores during the second half. The final score was 3-0.

T-Bird player Durante is keeping a positive attitude towards the rest of the season. "The competitive. Make it to the playoffs and don't be frustrated with the record that it is now. Keep playing as if it's the beginning of the season."
Volleyball in undefeated season

Kari Kurin
Staff Writer
The crowd roars in the Hightline Community College gym as the HCC Women's Volleyball team pounds the ball to the floor, serves another ace or passes the perfect set, sets, spikes and scores point after point. The team members are Jana Murio, Christi Plummer, Jennifer Young, Michelle Aman, Danielle Sessler, Kristie Adams, Kathy Wise, Kasey Perrell and Carhe Kuhn.

"HCC has won the Northwest Athletic Association of Community Colleges (NWACC) Conference Championship four out of the last nine or ten years and has placed second twice and putted bragging rights," Littleman said. "The Thunderbirds are off to a great start in the 11-0 team. year, one at Centralia Community College; and the other they put on themselves. They won both of the tournaments. Murphy said, "There was some competition, and I think we improved in the CCC Tournament."

The starting six this season is solid, and Littleman said, "They contribute together on a team. They have played in two tournaments this year, at Centralia Community College; and the other they put on themselves. They won both of the tournaments. Murphy said, "There was some competition, and I think we improved in the CCC Tournament."

Dave Dunham breaks cross country record with 25.44
SEC.
Cheryl Nordness
Staff Writer
Dave Dunham, a 19-year-old student on the Hightline Community College Cross Country, ran away from the pack at the Chukkus Invitational Cross Country Meet on Sept. 29. The previous course record was 26 minutes, 22 seconds. He now holds the new record with a 25-44.

Dunham plans to compete with the HCC track team and will run the 10,000 and 5,000 meters, as well the 3,000 meter steeple chase. He says that between track and cross country, track is his favorite. "I like the variety I can get from track," he said.

Dunham prefers both over other sports because he likes to compete on an individual basis rather than on a team level. His favorite track event is the 10,000 meters, and he hopes to break the school record this year.

Dunham started his running career in high school eight years ago. He now runs all year round but does his major training during the the cross country and track seasons. He also works on weights Tuesdays and Thursdays, and occasionally he drops in at the HCC pool to get in a few laps and spend water.

In 1987 Dunham started his first year at HCC. However, he was unable to stick around for long because he enlisted in the Marines and was called on active duty. While in the Navy, he continued to run, but without proper training it was as if those years were wasted for track and cross country.

Dunham graduated from Ellensburg High School, then enrolled in HCC because he knew the cross country coach. "My major is Administrative Justice; I hope to be a police-man," he said. "I am not quite sure if I will transfer to a four year college yet. If I do, I am considering Central Washington University or Eastern Oregon University," he said.

On Oct. 20 Dunham participated in the North Idaho Invitational. "The Invitational went really good," he said. On Oct. 27 he will run in the Northern Regional.
VIPs have appreciation breakfast for HCC

Community leaders and supporters of Highline Community College enjoyed a VIP breakfast on Oct. 18, sponsored by state senators and representatives, local high school principals, superintendents, and HCC alumni. The event was aimed at expressing appreciation for the contributions made by VIPs to HCC.

George Jovanovich was the oldest alumnus present, graduating from HCC in 1957. He said, "I am very pleased to be here, and I applaud you for keeping this college going at the high level it is." He also mentioned the benefits of smaller campuses and the ability to attract students and faculty.

On a more serious note, Cook lauded the advantages of community colleges over universities, citing the benefits of smaller campuses and the ability to attract students and faculty.

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The president and the faculty advisors try to help students understand the benefits of transferring to a university and making sure that they are well-prepared for the next step in their education. The president also discussed the importance of keeping a journalism review in place to ensure that there is no censorship issue.

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