

NEWS	two
OPINION	four
FEATURE	five
SCENE	six
SPORTS	seven

STAFF EDITORIAL
 Thanksgiving is here
 Be nice to your relatives if
 you want to be in their will.
OPINION Page 4

THUNDER WORD

Homeless
 ThunderWord
 reporters
 spend some
 time down
 on the
 streets.
News Page 3

**WORK
FOR
FOOD**

Teachers' strike discussed

Nancy Rehberg
 Staff Writer

Highline Community College faculty, administrators, several members of the board of trustees, and a staff representative met last week to discuss the possibility of a state-wide strike in the spring of 1991 by the Washington Education Association. WEA membership includes kindergarten-12th grade teachers and Association for Higher Education (AHE) members, who are, for the most part, community college instructors. The purpose of the meeting was to discuss community college funding, or lack of same, and what to do about it.

HCC Math Instructor Allan Walton, who is vice president of the Highline College Education Association (HCEA), local branch of the WEA, explained that an authorization vote by all the locals will be taken between Jan. 1 and Feb. 13, 1991. This vote will determine if K-12 and AHE members will go on a retaliatory strike in the spring should the January legislature drag its feet regarding educational funding.

Despite repeated efforts to get more revenue channeled towards community colleges, Walton, who has made several trips to Olympia to discuss educational issues with both Re-

publicans and Democrats, feels nothing has been resolved.

"Things are not so great in Washington state," said Walton. "Community colleges are doing worse than anyone. Not only is there not enough money, but what there is is going elsewhere." He emphasized that community colleges are simply not a legislative priority and that instructors aren't making their presence known in Olympia.

Since past efforts to achieve positive change in the system have not been successful, according to Walton, it may take something dramatic to get the attention of the legislature in January. The WEA's threat of a possible state-wide strike is not popular, he concluded, but it is gaining ground.

Walton hoped that students would understand the issues at stake and that support would, in fact, be school wide. The quality of education in this state will continue to deteriorate if problems within the system are not addressed immediately, he said. At this time, for example, community colleges are finding it difficult to attract high-level instructors because salaries are \$5,000 to \$8,000 lower in Washington than they are for instructors in peer states such

as California, Michigan, and Maryland. This salary differential was determined by the U.S. Department of Education.

Walton said that, according to WEA findings, the problem in general is based on a bad tax situation and erratic revenue fluctuations. The revenue could be found, though, without imposing a regressive tax, which would affect poor and middle-income families. To date, however, Walton claims the legislature has not responded to the state's educational needs, regardless of past efforts by educators to get increased funding.

Kay Gribble, president of the AHE, said she hoped students would understand that a strike would be in their best interests. If the strike achieved its purpose, more money would be spent per community college student. At present, 92 percent of the nation spends more per student than Washington state, according to an HCEA information sheet.

Gribble, an HCC history instructor, would like Washington to be compared to Michigan, which came through with needed school funding "when the chips were down."

Literature distributed at last week's meeting pinpointed other problems in Washington's educational system. The following information was taken from the Washington Research Council, the Bureau of Labor

Statistics, and NEA Research: Washington classrooms are among the most crowded in the nation; Washington ranks 49th in the nation for teacher salary improvement over the past 12 years; the Washington state legislature spends a lower percentage of the state general fund budget on education today than it did in the 1981-83 biennium; and, in general, Washington nationally ranks 48th among the 50 states and D.C.

Warren Henderson, WEA staff member for Western Washington, professional organizer and bargainer, addressed approximately 35 people who attended the meeting, explaining his involvement was not to encourage a strike vote but to organize activities once HCEA's goals are set. He said that an effort would be made to try for a settlement but that a strike might be the only way to "rattle chains and create tension."

Henderson said WEA has three goals: to increase salaries and retirement benefits for K-12 teachers and community college instructors, with full parity for part-time instructors; to get better funding for urban schools, community colleges, and general educational support for equipment, scholarships, etc.; to gain open and free collective salary bargaining for community colleges (such as K-12 has now), rather than the

present situation which is restricted bargaining.

Henderson explained that a December membership survey, which will include a question regarding whether or not individuals would support a strike, is in the process of being prepared. Essentially this is the first step in the Crisis Action Plan (CAP) adopted by an overwhelming WEA margin at its representative assembly last March. If the consensus regarding a strike is yes, WEA will proceed accordingly; but, if it is no, then a new approach will be designed, he said.

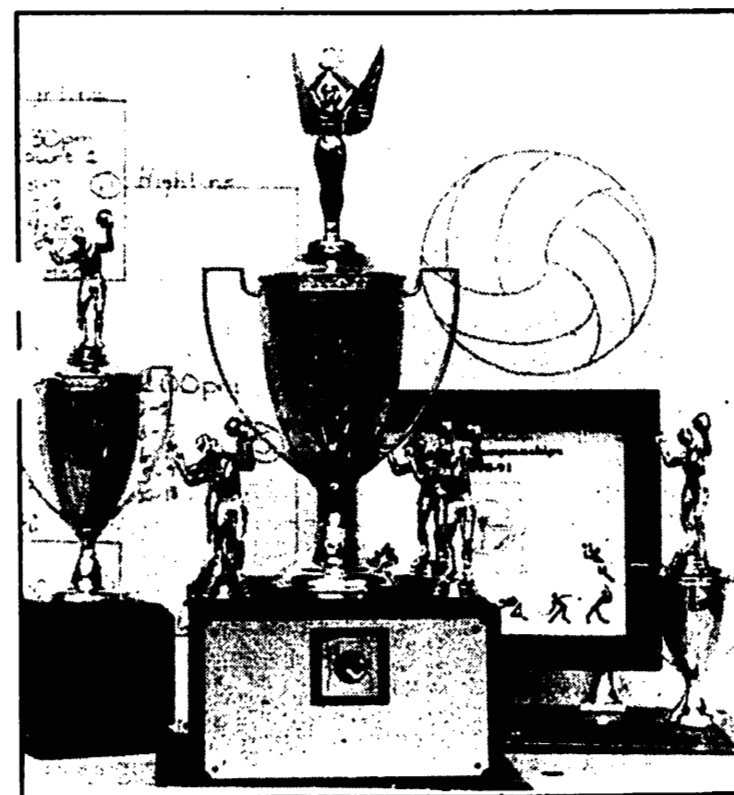
"Support is strong from the larger K-12 systems in the West," said Henderson. "The East is shakier, but the numbers are in the West."

An individual at the information meeting asked why community colleges are working with K-12. Henderson explained that K-12 is a powerful group which shares commonalities and a support system with the community colleges.

Chairman of the Board of Trustees Jack Kniskern spoke briefly, saying that though he would not feel comfortable about coming out in favor of a strike, he would feel comfortable about supporting "an investment in education." The chairman would like a formal meeting with legislators before a major move, such as a strike, takes place.



HCEA Vice-President Allan Walton thinks it may take a strike to get the state legislators attention.



Good Job T-Birds!
 HCC's volleyball team win their record fifth NWAACC regional championship. See SPORTS pg. 7

Unmanaged stress creates problems

Many psychologists, including Maggie Brown, who is a psychologist at Highline Community College, define stress as a need to adjust...

Rhonda Earle
Staff Writer

Many psychologists, including Maggie Brown, who is a psychologist and instructor at Highline Community College, define stress as the need to adjust. It's the way the body and mind react to any situation that's new, threatening, or exciting. Although many agree that stress affects people, there are some who believe stress does not exist.

In a small poll of 10 people at HCC, seven respondents said that stress exists. Some said they felt tired and sick of school, while others experienced headaches, crankiness, sicknesses and student burnout. A student, identified only as John, explained that he felt overwhelmed, like being in a deep pit, exhausted with too much to do, in too little time. Some of the things these students did to relieve their stress were to: reward themselves with something fun, talk to their parents, or lift weights. One woman took a quarter-long break from school, which she said was definitely helpful.

Patricia Haggerty, an HCC counselor, said in an interview last spring that change takes two to three years and that people shouldn't expect instant change if they're experiencing stress.

Everyone needs some stress to work harder and achieve goals, said Mary Lou Holland, A.R.N.P., M.A., Health Services coordinator for HCC. It's when we have a lot of stress it hurts.

Brown said that college students encounter many stressful situations. It's natural for students to feel some anxiety about leaving home, managing finances, juggling spouses and jobs, having their values tested and handling personal problems.

"Some stress adds a zest to life," Brown said. "One positive consequence of stress is that we learn to understand ourselves better. Given the need to cope successfully, we develop skills which we can transfer to other situations. On the other side, too much stress can make you sick."

Brown recommended "Psychology Second Edition," a book on stress and how it effects our lives, written by Carol Wade and Carol Tavris. Canadian physician Hans Selye is quoted in this book as saying that he did not believe that all stress could be avoided or that people should aim for a stress-free life, which is an impossible goal. "Just as any inanimate machine gradually wears out," he said, "so does the human machine sooner or later become the victim of constant wear and tear." The goal is to minimize the wear and tear, not to get rid of it.

To Selye, "stress" consisted of three phases, which he called the General Adaptation Syndrome. In the alarm phase, biological responses allow the person to fight or flee no matter what the stressor is. In the resistance phase the body attempts to resist or cope with a threat that continues and cannot be avoided. If the stressor persists, the body becomes overwhelmed, becoming vulnerable to physical problems, which means they have reached the exhaustion phase.

Dennis Wolff, a family and adolescent counselor in Puyallup suggests ways to reduce stress. They include: daily exercise like jogging, dancing, or, for some, even joining a health club. Humor and laughter are big relievers of stress because they set off chemicals, called endorphins, in the body, that relieve stress naturally. Talking to someone to relieve your stress is also recommended, but writing is also helpful, said Wolff. Keep a journal of your day-to-day activities. It will allow you to relieve bottled-up emotions. Eating a balanced diet and keeping a regular sleeping pattern are also helpful tips.

According to Wolff, if the body is neglected and stress is not managed, symptoms such as ulcers, headaches, anxiety attacks or shingles — a rash that appears under distress — may arise. People who are under stress are also at a higher risk of getting into accidents and developing phobias.

Robert Eliot, M.D. states there are two rules to follow when handling stress. "Rule number one is: don't sweat the small stuff. Rule number two is: it's all small stuff, and if you can't fight and you can't flee, flow."

HCSU hold vote on new constitution on Nov. 29

Students encouraged to vote on new school constitution on Nov. 29.

Kelly Kettner
Staff Writer

Cara Low
Staff Writer

Low voter turnout for the new Highline Community College student constitution last month has resulted in a decision by the HCSU to hold a second election. Since only 31 students voted on the new constitution last month, the vote has been declared null and void.

Students will be able to cast their ballots on Nov. 29 on the second floor of the Student Lounge.

The constitution has been in the making since last summer. According to Bruce Mackintosh, coordinator of Student Services, the previous constitution, which was drawn up in 1983, was "not operational." Phil Swanberg, dean

of students, said that there was also a problem with participation. "Members of the student government weren't returning," Swanberg said.

The new constitution was put together by the temporary policy board. Members of the board are Darrin Curtis, Scott Rossman, Gwen Leegard and Sharol Evans and Executive Director Ron Purdy.

The low constitution vote turnout and small student attendance at the HCSU meeting Oct. 31 prompted Purdy to say, "We need to get the students involved in the Student Union, so that we can really represent the students." Purdy is executive director of the HCSU and sees the role of student government at Highline not to "govern" students but to be an "advocacy group for student needs."

The HCC Student Union now has two branches: a Policy Board and an Events Board. These meetings are open to everyone. The agenda for the Policy Board meeting is posted 48 hours before the meeting. The next meeting is Nov. 28 at 2 p.m. in Bldg. 23, room 111.

The need for an associate degree in the General Studies Program and the proposal for a \$10 application fee were discussed at the Nov. 14 meeting. Members of HCSU are undecided on the position of the one-time \$10 application fee for new students registering for fall quarter of the 1991 school year.

"Our main concern is the implementation of the distribution of the fee and the financial hardship it may cause disadvantaged students," says Purdy. The projected revenue would be \$48,810 per school year. A pre-admissions advisor would be hired, and money would be spent for advising publications and promotional materials for HCC.

The Events Board meets every Wednesday in the conference room of the Student Union office from 2:15 to 3:15 p.m. "The response by the students for programs sponsored by the Events Board have been positive," says Purdy. "We would like information from the students about whether they want a winter formal cruise dance."

Computer lab open to all

Nancy Rehberg
Staff Writer

The day will come when a small child seeking enlightenment will look up and ask, "What's a typewriter?" Times are definitely a changin'! No longer do instructors require papers to be typed. Now they want them to be word processed. But don't panic. For a \$20 fee (per quarter), Highline Community College students can purchase computer lab passes at the cashier's window in registration. Passes allow students to process to perfection every brilliant word instructors are anxiously waiting to read.

Though there are seven computer labs at HCC, the only one available to all students is in the library (Building 25) on the fifth floor (Room 531). According to Sheri Richter, lab coordinator, "Students don't need to be registered in spe-

cific classes to use this facility — they need only be registered in school, and have purchased computer lab passes, which they must display every time the lab is used."

Richter continued, "Students purchasing passes intended for use in one of the other computer labs may also use them in the library lab." The lab houses Macintosh SE and MS Dos-based machines, with more than 150 different software programs, as well as a variety of self-help information and manuals. New this year are two flatbed scanners (one for the Macs and one for the IBM clones) which are light-sensitive devices that convert drawings, printed text and other images into digital form. Assistants are available in the lab for trouble shooting equipment malfunctions and for answering simple programming technique questions, though they are not available for in-depth instruction. "The

lab is a structured environment, not a tutoring center," Richter states.

The lab is open Monday through Thursday from 6:45 a.m. - 10 p.m.; Friday from 6:45 a.m. - 4:45 p.m.; Saturday from 12 p.m. - 4 p.m. It is closed Sundays and school holidays. These hours are scheduled through fall, winter, and spring quarters. Students using the library equipment will find that computer usage must be shared with classes which are periodically taught in the lab. A schedule board located on the left wall just inside the door displays class days and times. Occasionally individual work is not permitted while a class is in progress.

In general, the lab operates on a first-come, first-serve basis, with classes having priority status. "The best time to work on that 4.0 paper is between 2 and 6 p.m. daily," Richter says. "The lab is fairly quiet then."

Free Bed & Breakfast When You Drive Under The Influence.

Washington Traffic Safety Commission



'Tis the season to be jolly, for some

Many people enjoy the fall, with the color of changing leaves, the cooler air, the anticipation of winter snows and holiday cheer...

Steve Thorp
Staff Writer

Many people enjoy the fall, with the color of changing leaves, the cooler air, the anticipation of winter snows and holiday cheer. Unfortunately, there are those who have little to be cheery about during this time of year. The bitter elements are cruel, and oftentimes fatal to those forced to live on the streets.

"The homeless situation is something that always happens to someone else," said a homeless man who requested to be unnamed. The plight of the homeless is covered by the news media almost daily. On any given day, homeless people can be seen with backpacks or bedrolls wandering streets, standing in soup lines, rummaging through dumpsters or panhandling for a meal.

There are resources for shelter, food and clothing, but because of pride or ignorance many of these resources don't get used by those who need them; these people are forced to fend for themselves on the street, finding shelter wherever they can. "Even with the shelters and kitchens it's a struggle," an unnamed woman with a four-year-old child said.

Some homeless live in their cars (if they own one); others pitch tents or build shelters in wooded areas to brave the cold nights. Many homeless sleep in abandoned houses, dumpsters, large cardboard boxes and under freeway overpasses and bridges. There are those (homeless) who migrate to winter in the South; they can be seen on just about any freeway on-ramp throughout the year, with a thumb in the air.

One man, named Dave, has been homeless by choice since he got back from serving his time in Vietnam 15 years ago. Dave has traveled through the United States, including parts of Canada and Mexico. He works odd jobs occasionally but prefers life on the road. "The time I've spent on the road I've seen good times and bad; but recently, since Reagan hit office, it's gotten a lot worse (referring to the homeless situation), and it keeps getting worse."

The Union Gospel Mission (UGM), located on the corner of Second Avenue and Washington in downtown Seattle,

provides more than just a bed for the night and a hot meal for those seeking help. "We're here to help people," says Leo McDaniels, a lead supervisor at the mission. McDaniels has been with the Seattle UGM for one year, previously having worked at a mission in the San Francisco area where he feels the homeless problem is far greater than it is in the Northwest.

The UGM, aside from putting a roof over the heads of homeless men, has a drug and alcohol treatment program to get people back on track. According to McDaniels, many of the people that come into the mission are so strung out on hard drugs or alcohol that it's part of their (UGM) Christian duty to try and help these people get their lives back together.

McDaniels explains that after people with substance abuse problems get cleaned up they can come into the resident program called New Creations, which tries to get the residents onto a regular schedule. UGM makes sure the men are up by 6:30 a.m., has chapel at 7:30 and a morning meal to get them off to a good start, before they go out to look for a job or work or to take care of business.

Tony Kenny, the program director, has close ties to New

Creations. Kenny went through the program. When he first came into the UGM he was addicted to heroin, he was homeless and he had nowhere else to go. Kenny says, "I never thought he (God) was going to send me back here. I wasn't one of the best individuals to come through here."

The Tacoma Rescue Mission (TRM), located at 1510 Pacific Ave. in Tacoma, has many of the same programs offered by the Union Gospel Mission in Seattle. The TRM has the Transient Adult Services for single, homeless adults, which includes a rehabilitation program (New Life) for 30-35 single men who want to change their lives from drugs and alcohol to a self-sufficient life style. The New Life program provides shelter, clothing, counseling, substance abuse treatment and spiritual guidance, as well as job skills training and classes in money management, adult basic education, work therapy, basic living skills, anger management, problem resolution

and communication skills.

The TRM has a 48-bed branch shelter called The Family Shelter, located at 609 South 15 St. in Tacoma, that provides temporary shelter and meals for families and single women. The Family Shelter provides most of the same resources that the TRM provides, including family budgeting skills, parenting skills and goal setting.

Another branch of the TRM is a 15-bed facility called Hope Home. Hope Home is a care unit designed for emotionally disturbed women who are unable to live independently.

The TRM also has a jail ministry with a full-time chaplain at no charge to the county.

The TRM Youth Department, located at 2401 Pacific Ave. in Tacoma, addresses the needs of street youth, developing further programs to respond to their needs. The Youth Department provides a walk-in facility with food, a clothing bank, advocacy and referral services and recreation for street youth.

Volunteers assist with shelter and employment.

The Tacoma Rescue Mission's service record for the month of September shows that it served 5,888 men, 1,670 women and 3,480 families meals. It provided beds for 1,239 men, 528 women, and 1,160 families. The total amount of clothing items provided by the TRM was 18,089. The Jail Ministry conducted 35 services and counseled 306 inmates. The TRM's Challenge Learning Center enrolled 35 new students.

The TRM's Challenge Learning Center, located at 1510 Pacific Ave. in Tacoma, in cooperation with Tacoma Community College, has established a drop-in learning center, with satellite services available at other locations in the community. The learning center has an on-site teacher instructing literacy training in reading, writing and math, as well as pre-GED and GED preparation to the homeless. Assistance with child care and transportation is available.

"In the midst of a hectic schedule, I find I cannot cope unless I keep a thankful heart," said Joe Ellis, executive director, Tacoma Rescue Mission. "Things lose meaning and perspective, and this ministry becomes a chore when I allow myself to be ungrateful."

One source of food in the area for the needy is the Hospitality Kitchen in the basement of Saint Leo's church, located at 1408 South Yakima in Tacoma. The Hospitality Kitchen serves one hot meal a day, except Sundays. It also has a clothing exchange, and aside from the daily meal at lunchtime, there's a program that gives out food twice a week.



Leo McDaniels helps register a man at the Union Gospel Mission for the night.



For some homeless a camp like this, on railroad property, is their only shelter.

THUNDER WORD

Kevin Tallmadge
MANAGING EDITOR

Steve Duncan NEWS EDITOR	Dan Schultz PHOTO EDITOR
Tim Davison OPINION EDITOR	Bill Urlevich SPORTS EDITOR
Rose Sikorra SCENE EDITOR	Mary Alida Brisk ADVERTISING
Julie Magliacomo & Jeanie Shaw FEATURE EDITORS	Mark Ann Brown & Deana Anderson COPY EDITORS
Marty Pierce DESIGN EDITOR	Susan Landgraf ADVISOR

Keep the thanks in Thanksgiving?

Thanksgiving is upon us once again. This is the time of year everybody in the family gets together to renew ties, reminisce, pig out on large quantities of food and by the end of the day remember why this holiday is only observed once a year. Everybody knows at least one relative they hope won't make it to dinner: the annoying aunt and uncle from Pluto, the introvert who sulks in the corner, or Grandpa Joe who gets drunk and talks in a loud boisterous manner for four hours.

I'm sure the Pilgrims and Indians had a lot to celebrate on the first Thanksgiving, but since that time

STAFF EDITORIAL

there have been many who have wondered if it wouldn't be better to abolish this holiday altogether. Not all families are spiteful and resent each other. I'm sure many Americans have very nice, peaceful, joyous Thanksgiving dinners. But that's not to say that we all can't remember a time when the family dinner table turned into a battlefield.

Of course, this holiday isn't just to get together with the family, and feast and/or feud; we also are supposed to recognize all the things we have to be thankful for. So what are they? We aren't at war yet. There's still a month to get all that Christmas shopping done with less money to spend than we had before. We have no new taxes (read my lips). And, of course, we don't have classes for two days.

But there's only two weeks of this quarter left. On second thought, maybe I'll join my introverted cousin in the corner.

EDITORIAL POLICY

If you wish to write a letter to the editor please limit your response to 300 words or less and include your name and a phone number where you can be reached. Bring your letters by the T-Word office in Bldg. 10, room 105. The T-Word reserves the right to edit all letters for length and punctuation.

I don't mean to bitch, but...

Kevin Tallmadge
Managing Editor

There has been a lot of talk in the media about sexual crimes, its victims and the perpetrators or the sexual predator, after the incident involving a small boy in Tacoma last year who was raped, his genitalia cut off and left for dead. The boy's mother led a crusade for tougher laws dealing with this type of crime. This led to longer sentencing of these criminals and the Community Awareness Program. This program makes it mandatory for the criminals to register with the police department in the community to which they are moving after they have served their prison sentence. This sounds pretty good at first glance, but the police department then has the option of notifying the local community of a sexual predator in its neighborhood. This notification may come in the form of flyers, door-to-door notification or use of the media.

This law is designed to let the

police departments involved keep an eye on these sexual predators and let parents know that they should keep closer track of their young children. This sounds wonderful on paper and in theory, but what it actually does is provide a life of persecution and harassment for these criminals. These people have served their debt to society; they did their time. While I have no problem with making them register with the police, I really don't think it is necessary to send their names and addresses to the general public. All this does is give some redneck an excuse to harass this person. It allows the released no chance for integration back into the community to a productive lifestyle.

I understand a parent's concern for his/her children. Though I don't have any children of my own, I have a bunch of nieces and nephews, and I am concerned for their safety. But I don't think

their safety should come at the cost of another person's basic constitutional rights. Hundreds of robbers, murderers who might kill your children and drug dealers who might deal drugs to your children are released into our society every day; you don't see their names on TV or in the newspapers upon their release, and I think we can all agree these people are no less a danger to kids than sexual predators.

It is said that sexual predators cannot be healed, that they will always be the same. If this is true, these criminals either should never be released or should be put to death. It is hard enough to return to a normal productive life after prison without having your name blasted over the airwaves. If a person is released from prison he has obviously served his sentence as prescribed by law and should not be persecuted for the rest of his life.

Wearing seatbelts is more than just your "own" business

Debra Blankenship
Staff Writer

When I was a baby, I was involved in a serious car accident. Luckily, I was in a child-protective car seat. My car seat was strapped down, and I was strapped in with a seatbelt as well. I received no injuries, not even bruises. Unfortunately, my older sister and brother weren't as lucky. They were both unbelted in the front seat and, upon impact, were thrown forward into the dashboard. My sister's mouth slammed into the dash; she cut her lips and broke her teeth upon impact. Her face was bruised and bleeding. My brother's forehead hit the dashboard so hard blood ran down his face and onto his shirt. As my sister and brother cried, my mother remembers she felt remorse, guilt and sick to her stomach.

Stories similar to mine happen hundreds of times every day. Why aren't children buckled in? It's not because parents don't care. They don't realize the forces involved in an auto accident. They think accidents won't happen to their family; they are all safe

drivers. The point to realize is that even driving instructors and police officers, who study and obey the rules of the road, are hit by other drivers. Sometimes, it's a driver who falls asleep at the wheel, a drunk driver, and even a driver who is putting on her mascara who runs a red light and causes a fatal accident.

According to Reader's Digest, some drivers insist it's their own business if they choose not to wear a seatbelt. They're wrong. Of the 35,000 severe brain injuries caused by auto accidents each year, most could have been prevented by seatbelts. Lifetime care for a severely brain damaged patient costs an average of \$4 million. It is now estimated that deaths and injuries that could have been prevented by proper seatbelt usage cost society as much as \$6 billion a year. Most of that is paid for by the public, in either insurance premiums or taxes.

Parents see the need for potty training their children. They see a need for teaching table manners and shoelace tying. What about teaching children safety? Children have a right to live, to learn safety, and to be taught to take it seriously. We have all heard the warning: "Look both ways before crossing the street." This

warning is for the child's safety. Yet, how many of us drive down the highway and see a child standing up in the back seat of a car or climbing freely from the front to the back seat, laughing. Where is the protection? Where is the safety?

I'd like to see all parents be positive role models for their children. Show children that you know seatbelts are important by wearing one yourself. You could make it fun. Have a contest to see who can buckle up the fastest. I feel it is your responsibility, as a parent, to protect your children in every possible way. Start buckling them up when they are infants. Continue to buckle them up as they grow. Eventually, putting on their seatbelts will become second nature.

When I bought my first car I decided, right then and there that no one would ride in my car unless he or she wore a seatbelt. No one has ever said no or complained, and I still use that rule in my car. I know that if I were in an auto accident and my passenger was seriously injured or even killed, I wouldn't be able to handle that emotionally. I'm taking responsibility for myself and my passengers. Don't wait until you have been involved in an accident to put your seatbelt on.

Father and daughter meet again after 17 years

Part one of a great reunion

Mary Akida Brisk
Staff Writer

I am going to see my natural father for the first time in 17 years. I am nervous. Today I will fly to Los Angeles to come face to face with the man who hasn't forgotten me. He never gave up faith that one day he would be reunited with his two daughters. I wasn't always convinced that this would happen.

When I was seven years old my parents divorced. This left my sister Melissa and me living with our mother. She remarried soon after, and we became military brats. She also had three more children with her new husband. By the time I was 16 years old, I had moved 21 times.

There were so many questions I needed answered at that young age, but my mother preferred to keep us in the dark because at that time I think she was extremely bitter about the divorce. I can remember that at first my father had visitation rights. Melissa and I saw him every other weekend. This only made life harder for my mother, so she moved us to another state.

I missed my father so much, and having a new father to deal with wasn't easy. My stepfather and I never saw eye to eye even at my young age. I wanted to live with my father. I cried a lot and wished that he would come rescue me. My mother returned the letters and packages our dad sent unopened, so I felt that he had deserted us. I had reached a turning point when I was 12 or 13; I wasn't going to let the fact that I probably wouldn't see my dad again tear me apart. I needed to quit clinging to the hope that I would be rescued. I learned to become a strong, defensive individual.

My sister never gave up

trying to locate our natural father. She sent in to the Salvation Army's Missing Relative Service several times but it appeared that she was going in circles. We both tried extensive phone research, but all we came up with were dead ends and large phone bills. We also hunted around for a private investigator, but neither one of us had enough money for the initial set-up fees. Then back in October the Salvation Army sent Melissa our father's last known address; and as a part of this service they sent my sister's last known address to my father to let him know someone was trying to find him.

We were excited and scared at the same time. Who was going to call him first? Should we tell our mother? What if he didn't want to talk to us?

The first time I talked to my father on the phone, I had so many questions to ask; but I felt as if I was doing a phone interview with someone I had never met. I asked about his parents, brothers and sisters. He has been married to a woman from Germany for the

past seven years. He has no other children besides Melissa and me. He was a helicopter mechanic in Vietnam.

I got off the phone feeling quite let down. I felt like there was something he wasn't telling me. Maybe he had been in prison.

Melissa, who lives in Cali-

We both tried extensive phone research, but all we came up with were dead ends and large phone bills.

fornia, went to visit him for a weekend after I talked to him. They had a good time getting caught up on the past few years. He has saved everything from when we were younger, including all the gifts he had sent that were returned to him unopened.

I have talked to my father and his wife on the phone weekly since this story began, and we have developed a friendship via the telephone. I

have discovered more about him. His mother died in the late 70's; his father died when he was in high school. My father went back to school to get a degree in electronics and works in the electronics field. He doesn't like to discuss his age. His roots have been traced back to the late 1700's. He is losing his hair, and he doesn't think too highly of the Pope.

I decided to fly down and meet my father and his wife, but I had to come up with the money to go and I also had to arrange to get the time off work. Well, when it came down to it I didn't have the money, so they generously purchased the plane tickets. I will be visiting them during the Thanksgiving holidays. I am so happy that I have this opportunity to meet my dad and get to be a part of his life.

I never gave up faith that one day I would meet up with him. I am not going to try to cram the last 17 years into four days but take this as a new friendship; the waiting and not knowing has been the hardest part.

Proposed Constitution

Article I

Section I. Purpose

The constitution of the Highline Community College Student Union has been adopted in order to provide an arena where the application and appreciation of management principles, group decision making, and the art of advocacy can be utilized.

Section 2. Equal Opportunity

The governance and management of the Highline College Student Union shall provide for equal opportunity to all students of Highline Community College and shall not discriminate on the basis of race, religion, color, national origin, age, sex, handicap/disability, or sexual orientation.

Article II

Membership

Any student currently enrolled at Highline Community College shall be eligible to participate in Highline College Student Union activities, subject to conditions and limitations stipulated in this Constitution, By-Laws, and the Student Rights and Responsibilities Code.

Article III

Organization

The Highline College Student Union shall consist of two primary bodies, the Highline College Student Union Policy Board and the Highline College Student Union Events Board. The primary staff advisor for both boards shall be appointed by the Dean of Students.

Article IV

HIGHLINE COLLEGE STUDENT UNION EXECUTIVE DIRECTOR

Section 1. Selection
The Highline College Student Union Executive Director shall be selected by a majority vote through a joint election of the Policy Board and the Events Board.

Section 2. Duties

The Executive Director shall attend all Policy Board and Events Board meetings and make regular reports to the Board of Trustees on the state of Highline College Student Union. Other duties may be stipulated in the By-Laws.

Article V

Policy Board

Section 1. Membership

The policy Board shall consist of any currently enrolled student who:

- holds a Policy Board Manager position or;
- attends one Policy Board meeting as an observer and;
- meets any other stipulation as outlined in the By-Laws.

Section 2. Authority

The Highline College Student Union Policy Board shall have the following authorities:

- To participate in the college governance system as outlined in the Policy on Policies.
- To appoint members to meet and confer with college personnel concerning issues which are deemed important.
- To petition through resolution the Highline Community College Board of Trustees, President, other college personnel, and other college boards or councils on issues which concerns the Policy Board.
- To endorse or adopt and implement positions which are held by the majority of the Policy Board Managers.
- To confirm Policy Board Manager appointments.
- To confirm appointments made by the Policy Board Managers.
- To confer recognition to all clubs or organizations making the appropriate application and meeting any requirements as may be stipulated in

the By-Laws and the Student Rights and Responsibilities Code.

h. To enact other authorities as provided in the By-Laws.

Section 3. Policy Board Managers

Policy Board Managers shall be appointed by the Policy Board. Policy Board Managers shall be paid for their work but cannot be paid greater than the maximum allowed for the student employees as defined by the Highline Community College Financial Aids Office. The number of Policy Board Managers and their duties are stipulated in the By-Laws.

Article VI

Events Board

Section 1. Membership

The Events Board shall consist of any currently enrolled student who:

- holds an Events Board Chair position or;
- attends one Events Board meeting as an observer and;
- meets any other stipulations as may be outlined in the By-Laws.

Section 2. Authority

The Highline College Student Union Events Board shall have the following authorities:

- To confirm Events Board budget allocations to the Events Board Chairs;
 - To confirm Events Board Chair nominations;
 - To review programs to be produced by the Events Board;
 - To endorse or adopt and implement positions which are held by the majority of the Events Board;
 - To enact other authorities as may be provided in the By-Laws.
- Section 3. Events Board Chairs**
Events Board Chairs shall be appointed by the Events Board and shall act with the direction and on the behalf of the Events Board. Events Board Chairs shall be paid for their

work but cannot be paid greater than the maximum allowed for student employees as defined by the Highline Community College Financial Aids Office.

Article VII

By-Laws

By-Laws shall be adopted and considered a part of this constitution. The By-Laws are to provide definitions and procedures to enable the participants within this organization to enact the authorities which have been granted by this Constitution.

Article VIII

Amendments

Section 1. Amendment By Proposition

This Constitution may be amended by Proposition which may be submitted by either the Policy Board or the Events Board provided that:

- the proposition for amendment is either posted on college bulletin boards and/or published in the college newspaper seven (7) calendar days prior to action taken on the amendment; and,
- the proposition for amendment receives a sixty (60) percent favorable majority of the votes cast in each of the Policy Board and the Events Board; and,
- the proposition for amendment is approved by the Dean of Students.

Section 2. Amendment By Initiative

This Constitution may be amended by the initiative petition submitted from the student body provided that:

- such initiative petition contains the valid signatures of no less than 200 currently enrolled students who have paid a service and activities fee as verified by the Registrar's office; and,
- the full text of such initiative petition shall be either posted on college bulletin boards and/or published

in the college newspaper seven (7) calendar days prior to action taken on the amendment; and,

c. the initiative petition for amendment receives a sixty (60) percent favorable majority of the votes cast in each of the Policy Boards and the Events Board; and,

c. the initiative petition for amendment is approved by the Dean of Students.

Section 3. By-Laws Amendment

The By-Laws may be amended by the Proposition which may be submitted by either the Policy Board or the Events Board provided that:

- the proposition for amendment is either posted on college bulletin boards and/or published in the college newspaper seven (7) calendar days prior to action taken on the amendment; and,
- the proposition for amendment receives a sixty (60) percent favorable majority of the votes cast in each of the Policy Board and the Events Board; and,
- the proposition for amendment is approved by the Dean of Students.

Section 4. Constitution and By-Laws Review

The Constitution and By-Laws shall be reviewed annually by the Highline College Student Union Executive Director to either assure adherence or propose changes.

Article IX

Adoption

This constitution shall become effective upon approval of the Student Body by a majority vote of the ballots cast at a special election, subject to approval by the Dean of Students and review by the President of Highline Community College. This Constitution, upon adoption, shall supersede all preceding Highline College Student Union Constitutions.

Basket Menagerie: a friendly store that likes 'that personal touch'



Photo by Dan Schultz

Jackie Ward and Tammara Shook, a mother and daughter team own The Basket Menagerie

**Stephanie Sturgill
Staff Writer**

The cornflower blue building, nestled among the gas stations, mini marts and auto supply stores north of Highline Community College on Highway 99 seems out of place.

The Basket Menagerie is stacked to the ceiling with attractive displays that

combine baskets, linens and lace, soaps and miniatures. Teas, cakes, and preserves decorate old kitchen ware.

Jackie Ward and Tammara Shook, the mother and daughter team responsible for this three-year-old business, developed their idea by making gift baskets for each other. Soon, friends who noticed their talent began placing orders, and their entrepreneurial career was on its way.

Various antiques add to the unique inventory.

"There's a fast turnover on the antiques. We like to keep the prices reasonable," Shook said.

New items of all kinds are added to the little shop daily, especially with the holidays approaching. Gifts for the person impossible to buy for, keepsakes, and nostalgia fill the small space.

The owners try to achieve a comfortable atmosphere for their friends, as many customers now call themselves. As one visitor put it, "When people walk in here,

it's more of an emotional experience."

Ward and Shook pride themselves in making each customer's experience in

week and have no other employees.

Ward and Shook make an extra effort to help customers enjoy themselves. They

"don't want to be like everybody else's shop." Incentive to return is provided through a Bonus Program. With a purchase of \$10 or more, a punch card is held on file. Ten punches earn a \$10 discount.

A special Victorian Night, held on the first Wednesday of each month, began as a way of thanking the new and old friends who pass through their door. Open to anyone interested, the women describe the evening as one filled with "info, conversation, and lots of laughter." Samples of gourmet food and



Photo by Dan Schultz

'Bearly' irresistible Teddies pose inside the shop

their shop a special one. "This is a very personal store," Ward said. "We've had people want to go to work for us, but we want to take time with our customers."

The two women work seven days a

wine will be shared. Vintage dress is encouraged. Call for reservations or visit The Basket Menagerie, 23436 Pacific Hwy. S., Midway. Open daily from 10 a.m. to 6 p.m.; phone 878-3069.

A piece of Americana is portrayed in a Mark Harelik play "The Immigrant"

**Ed Scheidt:
Staff Writer**

"The Immigrant," conceived by Mark Harelik and directed by Randal Myler, is the current production of the Tacoma Actors Guild. Ben Bottoms portrays Haskell Harelik, a Russian Jew, who flees persecution from a politically torn Eastern Europe at the turn of the 19th century.

Harelik settles in the United States and is determined to make a small niche of Hamilton County, Texas, his new home. Harelik is constantly struggling to maintain his Jewish way of life without being ostracized by the predominately Southern Baptist community in which he makes his livelihood.

This play owes much of its success to the atmosphere in which it is presented. The Tacoma Actors Guild seats less

than 200 people. Its intimacy provides a hospitable environment for both audience and actor. Every seat allows the opportunity to capture aspects like facial expression and body language. This adds power to the performance.

The catalyst that makes this play successful is the superb portrayal of character by cast members Ben Bottoms, Denna Burke, Dee Maaske and Paul Roland. Bottoms and Burke are convincing in their roles as immigrants Haskell and Leah Harelik. The same can be said for Roland and Maaske who portray Milton and Ima Perry, Hamilton County's version of Ricky and Lucy Ricardo. Like their television counterparts, Roland and Maaske keep the mood lighthearted and upbeat.

The most interesting aspect of the play, however, is the use of a slide show to help the audience keep pace with the continual jumps in the time line. Mark Harelik, who bases the play on his parents' experience uses old family photographs and news clippings in the slide presentation. This exposes the audience to a piece of American history that isn't read in textbooks.

Attention

Anyone who wrote a check to the HCC Bookstore on July 11 or July 12, 1990, Please contact the HCC Bookstore immediately at ext. 225 or see Jonathan Koehler, Manager.

"Marked For Death:" It's slow and painful

**Kelly Kotner
Staff Writer**

Yes, it's another plotless, action-packed Steven Segal movie, this time with a voo-doo twist. The movie starts by showing a burnt-out Segal retiring from the drug enforcement agency after the death of a fellow agent. He returns to his Wisconsin home not knowing he's walking into more trouble.

Since Segal's been away, Jamaican drug dealers have taken the entire Wisconsin town over. Segal and his boy-hood friend try to protect high school kids from the drug dealers after the recent overdose death of an all-star football player. They end up in the wrong place at the wrong time and are involved in the death of a Jamaican. The leader of the Jamaicans, Screwface, is livid and puts a hex on Segal's house. Now Segal and his entire family are "Marked for Death." None of this is taken very seriously until his young niece is injured in a drive-by shooting. Now Segal, aided by his friend, is out for blood. After a good hour of blood and gore, Segal gets his revenge by killing Screwface.

It was difficult to distinguish who the good and bad guys were in this movie. Obviously, the Jamaicans were portraying the role of the "bad guys." But Segal was doing the exact same violent things. As if the violence weren't redundant enough, (Segal breaks more arms than in "Hard to Kill" and "Above the Law" combined), the acting is also ridiculous. But who knows, the popular opinion could be that nobody can say "You mess with my family, you mess with me" like Segal can.

If you have \$6. to waste, and a strong stomach, this is the show for you.

WARNING: You will retain nothing from this movie.

HCC cross country looks to next year

Steve Duncan
News Editor

The 1990 Highline Community College cross country team posted impressive wins in both the Northern Regional Meet for Community Colleges in Spokane Oct. 27 and in the Conference Championships held at Lower Woodland Park in Seattle Nov. 10.

According to Ben Welch, HCC's cross country coach, these meets are the only significant meets his team participated in this season. The Thunderbirds won the Northern Regional meet with a score of 19, while the second-place finisher, Bellevue Community College, tallied up 50. To win these meets, colleges must get the lowest combined scores of its top four runners.

In the Conference Championships, HCC rung up a score of 33, while Spokane Community College took second with 77. This win was the most impressive one of the season, because it was HCC's fifth consecutive Conference Championship and eighth overall since Highline has had a cross country team. The eight Conference Championships please Welch, but he would like to equal BCC's six consecutive championships. "With the bunch we have coming back next year, we hope to tie that record," he said.

"Overall, the season went real well, we had some real good kids," Welch reflected.

The most valuable performers, as voted by the team, were freshmen Shelton Kapenda-Jackson and Dave Dunham. Kapenda-Jackson was also voted most improved by his team. He placed third overall in the Conference Championships in individual competition. "Shelton is a tremendous kid, with tremendous attitude," Welch remarked.

Welch said the strengths of HCC's cross country team were its depth and talent. "We had four of the top guys in the conference meet," he said, emphasizing his point. He believed the unity played a major role in the team's success. "This team has the best unity of any I have worked with," he summarized.

Welch, who spent two years as an assistant at Kansas University before coming to Highline, said he has no intention of leaving the Thunderbirds but feels the need to finish his graduate work at some point. "It would be hard to leave this bunch," he replied.

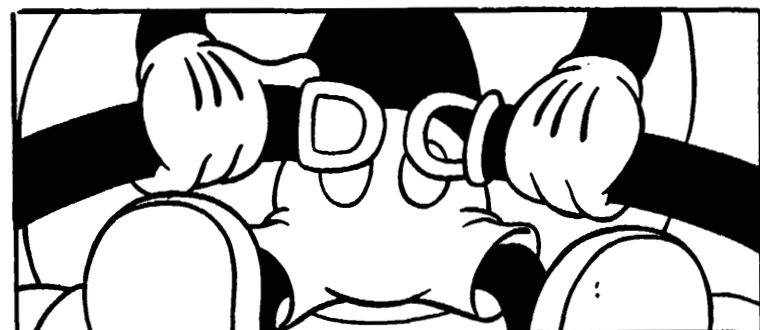
The team needs work on coming into camp in better shape, to keep the unity they had this season, Welch said, looking toward next season. During the winter, he plans to have his team work through strength programs to help its performance in 1991. His goal is "to get the group to run their best, and that's where you win your Conference Championships."

Welch stressed that the student body should "keep in mind we have a tremendous bunch of kids, especially in the distance running group." He encourages interested runners to try out for next year's team.

Fun workouts include warm-up, Kata, self-defense drills, and much more.

FOR INFORMATION CALL 854-9214 KARATE

Learn control, balance, and confidence.



Buckle up or die

Volleyball blazes to No. 1



Photo by Dan Schultz

HCC womens volleyball team record for the year is 73 wins-3 losses

Erica Olson
Staff Writer

Highline Community College Women's Volleyball Team burned a trail of fire all the way to No. 1, leaving no survivors.

Coach John Littleman, who has been with HCC since the 1982-83 school year, says that the team has qualified for the championships in the last eight to 10 years. This year is no exception. The team is 12-0 in league matches this season and

30-0 total. The record for games this season is 73-3, making the HCC women's team first in league.

In taking first, the team qualified for a birth in the Northwest Athletic Association of Community Colleges Conference Championships in Spokane. The first round the women Thunderbirds faced Chemeketa Community College, winning three out of five games. In round two HCC

played Oregon's Mt. Hood Community College, winning again. In the third round the women played Southwestern Oregon Community College, winning three out of the five-game match. In the final last Saturday, HCC shut out SWOCC: 15-13, 15-13 and 15-3.

In beating SWOCC, the HCC Women's Volleyball is ranked No. 1 in the Northern Region.

Women's basketball to begin

Becky Bonus
Staff Writer

Coach Dale Bolinger, assistant coach Mary Artz, and the women of the Highline Community College Basketball Team are ready to make it 12 — a 12th consecutive appearance at the Northwest Athletic Association of Community Colleges Championship Tournament. HCC has a running string of 11 appearances and would like to see this continue.

An advantage that HCC women may have in the league, Bolinger said, is that "this is the quickest team that I have ever coached." This team is made up of the majority of first-year members. Of the members, only five from last year have returned to the court. According to Bolinger, with a lot of new faces out on the court

the women will need to prove they can shoot the ball and play together by putting aside the lack of experience as a whole.

Another obstacle this team had to face was that four of the women were playing volleyball for HCC. This has resulted in only some practices with the team together.

Coach Bolinger says that captain Jennifer Yount is one of the quickest and tallest players. Bolinger looks to Yount for leadership. As a returning member, she's known as an active player and one who had the most playing time last year.

As for his expectations of the team, Bolinger says it is too early to have a feel of how well the season will end, mainly because of the many new faces. He wants to "utilize our people as best as we can by January."

During the past week the players have been participating in scrimmages. Bolinger said, "We got a lot of work done. Scrimmages are beneficial; that's why they are scheduled."

Bolinger said he likes to use these as a time to focus primarily on full-court and half-court situations and man-to-man or zone defenses. "I want to implement the quickness into defense systems," said Bolinger.

Bolinger is optimistic "It's going to be an exciting year. We are looking to have fun."

To encourage fan support, he adds, "The people in the stands will enjoy watching them."

HCC has its first game on Friday, Nov. 23, against Wenatchee Valley. Gametime is 6 p.m.

CLASSIFIED ADVERTISEMENTS

STUDENTS Earn \$400-\$1000 per month. Passing out airline tickets. Simple, easy, fun. Contact Mr. O'Rourke at 941-5970	House to Share Looking for 2 or 3 female students to share large house in Burien. \$300 per mo. includes utilities. No pets, no children, no lease. Call Linda at 776-0905	Scholarships/grants/loans GUARANTEED to ANY student! Or else you get refund plus FREE \$100 savings bond. We're that sure! Free details, 24-hour. 1-357-1203 ext. 318
Female Roommate Wanted Room and board. Available Nov. 1 in Des Moines home with woman and two daughters. Prefer foreign student. Call Susie Martin at 223-8876 days or 439-8136 eve	Roommate wanted to share house in Federal Way. Fully furnished. All utilities included except phone. Contact Mary Durham at 946-9142 For Sale Electronic Spanish translators. 8000 word vocabulary. Formerly \$69.95 now \$29.95. Call 937-2395	Help Wanted Housekeepers to work in private homes. Full time/part time. \$5.50 per hour to start. Need car and phone. No teams. Call Robin at 922-6763 or 839-0297 WANTED-Reps to promote low-priced Sun or '1 Ski Packages! FREE TRIPS AND CASH. Call Great West Vacations. 1-800-6676235

Poverty is in your neighborhood, too

Bruce Bruns
Staff Writer

I don't know what I expected, really. I had seen poverty before but it was always in pictures from Africa and Haiti or in downtown Chicago or L.A., not in Seattle. But there was no denying what I saw. Bums and bag ladies are one thing, but when I saw an entire family walk off the street into the dining room at the Union Gospel Mission in Seattle, my perceptions changed.

It wasn't much. Russ Blake, the youth minister at the church I attend, decided we should take some of our junior high students to the Union Gospel Mission to help out for an afternoon. He needed some leaders to go, so I volunteered.

The students, mostly white and upper-middle class, had never seen the "other side of life," and we wanted to impress upon them that some were not as lucky as they. I, on the other hand, had done missions work before. I had helped build houses for the homeless and had worked with a street witnessing group for runaways. I expected to help some of our junior high church students deal with the shock and confusion caused by things that they

had never seen before. Instead, I was forced to deal with my own feelings.

We arrive downtown a little after 11 a.m. Chris Brown, the youth intern, parks the van and gives everyone the speech about not wandering off alone. We get a quick tour of the mission. One of the directors takes us through the dormitory-like building, gives us some of the history and explains the basic purpose of the mission (which, oversimplified, is to provide food, shelter, clothing, blankets and counseling for street people and the homeless). Then it's off to the kitchen; lunch is in 10 minutes.

The students we've brought are on the serving line. Steve Turner, a former Highline Community College student who is also helping with the junior high group, is in the cooler sorting recently donated vegetables. Chris is cleaning tables. And me? I am washing pots. For more than two and a half hours I am up to my elbows in dirty water, which is far too hot, scrubbing burnt food off the bottom of stainless steel pots.

I hate it. This is not what I'd volunteered for. It isn't the joy of helping a student understand a new concept. It isn't even the honest sweat that comes

from framing a house. It is boring and tedious and stinks.

The guy running the dishwasher next to me (I never do get his name) asks me if I'm on the "program" (drug and alcohol treatment, job placement etc.). "No, just helping out," I say. He smiles and goes back to washing his dishes. He says "thanks" or "have a nice day" to each person as they drop off their tray. He whistles and hums quietly to himself as he sprays off the trays and stacks them in the huge washer.

From where I stand, I can see out the dish window into the dining room. I see the bums and the bag ladies. I see a young woman, who can't be more than 20, with a baby in one arm and a food tray in the other looking for a place to sit. I see the families crowded at one end of a table eating and talking quietly. I think: we didn't do a whole lot here today, but for a few hours we made it just that much easier for the full-time kitchen staff to feed a couple hundred people.

And I realize that poverty is not just in Africa and Haiti or downtown Chicago and L.A. It's not somewhere else.

Friend to Friend has no generation gap

Cheryl Nordness
Staff Writer

Visitors standing on the outside of the Monarch Care Center could mistake it for a regular house because of how small it appears to be. Once inside, they would begin to see it has some of the same features that other nursing homes have. Monarch Care Center also has a fairly recent feature—friends from the community who come to visit people in the nursing home on a regular basis.

Harriet Thomsen, for instance, visits Florence Roberts

each Sunday after church while her son is finishing Sunday school. Usually when she visits Roberts she brings bananas for all the residents. But it is with Roberts she spends her time, the two women talking about what currently is going on in their lives.

This is what Friend to Friend is all about—becoming friends with a resident living in a nursing or retirement home. There is no age limit for a friend. A 12-year-old girl visits a resident friend. A couple in their 70's visit a resident friend. Most visiting friends are in their 30's and

40's, although younger families currently are joining the program.

Friend to Friend started in 1974 in Des Moines and has expanded to the greater Seattle area. The program is funded by the Church Council of Greater Seattle. Joe Rust, the founder, who came up with the idea received permission from Midway Manor Nursing Home to start the program. He and Karen Soderquist, who heads up Resource Development for the program, are the only two people in the program who receive checks. Everyone else is a volunteer.

There are about 600 to 700 friends who visit residents. There are also more than 400 residents in approximately 115 homes involved in the program.

Before people hook up with their friend, they get together with an area director. The director of the home fills the friend in on what it is like visiting a resident. The director also gives ideas on what kind of things they can do with their resident friend, such as taking them out to eat, bringing a gift for them and bringing another friend.

Lynn Mason, a Des Moines chapter coordinator for Friend

to Friend, says, "It is recommended that you only visit your friend for a half hour to an hour. It is better to go see them more often than it is to spend long hours with them."

"If you are not going to be able to see your friend, let them know beforehand so that the resident friend will not be upset when they do not see you," Mason says.

The organization is now in the process of establishing Friend to Friend America and will need more sponsors, as well as more money. If you are interested in the program, call Rust at 246-5150.

Don't Drink And Drive.
You could lose your license. Your insurance. Not to mention your dignity.
Washington Traffic Safety Commission

STARR BOOKS
15226 First ave. South
(206) 246-9042
We take your arts & crafts on consignment
• Used Books •
• New Books •
GIFTS •• ART
We offer a 10% discount to students with ID.

NOVEL GRAPHICS
MARTY PIERCE
852-9262
Advertisements, flyers, promotional packages, image development - Quality professional work at a cost below the professional rate.
Camera ready work created on state of the art desktop publishing equipment.

Need something
TYPED?
WORD POWER
WORD PROCESSING
878-0363
I'll make you look good!

HEAVENLY TAN
WOLFF SYSTEM
BRAND NEW BULBS
22815 PAC.HWY. S., SUITE #11
Just North of Kent/Des Moines Rd.
Across from Taco Bell
\$19.99 A MONTH
878-0814

20/20 VISION
Do you need better vision to be a pilot, foreman or policeman? Orthokeratology thru contact lenses.
VISION CARE CENTER
14700 N.E. 8th St.
Bellevue, WA
206-746-2122