Enrollment reductions to hit HCC

Mary Bonora

With the new biennium budget coming up for a vote in Olympia, there is a possibility that enrollment at Highline Community College, as well as other community colleges in the state, will be reduced. Higher education is one of the areas that could suffer a cut back.

Executive Director and CEO Robert Longo has asked state leaders to find a solution that will ensure that all community colleges in the state receive adequate funding.

"We are in a critical situation," Longo said. "Our enrollment has been declining for several years, and we need to find a way to stabilize it." He added that the reduction in enrollment has led to a significant decrease in state funding, which has resulted in a decrease in the quality of education at the college.

The proposed cuts would affect many programs, including those that serve at-risk students. "We are committed to providing a high-quality education to all students," Longo said. "We cannot afford to lose programs that are essential to our students' success."
Technical Center on schedule, despite problems

Bruce Burns
Staff Writer

"We've got an aggressive schedule that we've been able to hit within two days," said Dick Broom, referring to the completion of the new Highline Community College Technical Education Center. Broom is the job supervisor from Pease Construction, Inc., the general contractor constructing the multi-million dollar project.

The three-story center is designed to house the computer and science labs for several of HCC's programs, along with "drop-in" computer laboratories, CAD (computer aided design) laboratories and a hardware lab on the second and third floors. The first floor will house the building's central heating and plumbing switch board and will also act as work space and storage for the campus Maintenance Department.

The building was assigned by Waldron Pomeroy Smith Foote and Arkia, Architects and is "stpped to the hillside on the north end of campus just above the north parking lot. "We are very satisfied with the architectural design and the work of the contractor. They've tried to handle this as a team project and have been very successful," said Robin Fritchman, the HCC director of Facilities.

Construction on the approximately 24,000 square-foot, $2.5 million building began with a groundbreaking ceremony on May 17, 1990, and has gone well so far. That's not to say there haven't been problems, said Fritchman. Only a few weeks into construction it was discovered that some construction debris was buried where the west wall was planned. The west wall is the most important because it is the largest wall in the building.

The setback cost about $30,000 and three extra weeks. But, according to Fritchman, "These are real professional, competent journeyman (experienced construction workers) and the project is back on schedule."

The roof on the building has just recently been completed, and there is a slight leakage problem, increased by the recent rain storms. Besides large puddles (bordering on small lakes) inside the building and a slimy, muddy mess outside of the building, there has been no serious damage to the building as a result of the record rainfall.

Despite the nasty weather, morale of the crew is good, contends Fritchman. That, he said, is due to Pease Construction and, especially, the efforts of Broom, a tall man with light brown hair (seldom seen due to his hard hat), has a steady smile and can often be seen joking with the men on his crew. When Fritchman approaches, he turns his hard hat sideways, stands at mock attention and takes on a sarcastic "yes sir, no sir" attitude that makes Fritchman grin. They discuss the project, the weather and the pizza that Rick McDonald, Pease Construction project manager, is bringing for lunch that day. "The company is going to try to beat the building for the crew" as well, said Fritchman.

"That's something a lot of companies would not make the effort to do."

The project is slated to be finished by November 1991. But, according to Fritchman, work is ahead of schedule. Barring any other major problems, he said, "We could possibly occupy the building by the summer of 91."

Opinions vary on the Middle East

Craig Muffig
Staff Writer

Out of 20 students at Highline Community College who were asked how they felt about the threat of war in Iraq, seven responded. Most of the 20 did not want to respond because they didn't want to be quoted in the ThunderWord. Of the seven who answered, the answers were from a definite stand against being in the Middle East to a wait-and-see position to attack now and get the war over.

"If war breaks out I don't think America should be involved. It is just like Vietnam. They have their noses stuck in other people's business," Ignacio Trovani said.

"War should be our last resort," said Alcien Espenola. "For one thing, America can get their oil from other countries. We should just concentrate on getting the hostages and getting out."

Gregory Holtze said, "I think that if a peaceful solution can't be found, then war may be. I feel this war at this time could be justified, since the United States has the backing of friends 100 percent even at the cost of war."

"I don't think America has any business being over there."

-Jennifer Sheade
President Bush Should doing the right job.

"I think President Bush is doing the right job."

-Jon Springstead
Advising essential help to HCC students

Kely Ketner
Staff Writer

What classes do I need to take to fulfill the requirements for an AA degree? What classes transfer to the four-year institution I have chosen? What classes do I need to have for the specific program I'm interested in? For any Highline Community College student who asks these questions, the Advising Center in Bldg. 6 is the place to go to get the answers.

Curriculum Advisor Kay Asston said, "The Advising Center has good information on how to get started and what the first steps are for choosing an advisor. The student must have a course selection in mind, and then an advisor can help them with the rules and requirements.

HCC differs from other local institutions in that finding an advisor is essentially up to the student. According to Becky Phillips, administrative assistant for the Educational Planning Center at Green River Community College, students are automatically assigned advisors at GRCC. The field a student has chosen to concentrate in normally plays a part in who the advisor will be.

HCC tried this method in the past, but it became "difficult to enforce," said Associate Dean of Students Michael Grubik. "Advisors help students to discover who they are and who they are becoming." He said that advising is "an umbrella word for several sub-tasks." The student must first have some idea of what field they are interested in. They can then go on to find an advisor they are comfortable with, who can help them plan a schedule.

Julie Burr, director of Women's Programs, says that there are certain expectations of both advisors and students. "It's frustrating when a student comes in and asks: 'What should I take?'" Burr says. "They are coming to the advisor for confirmation and should have an idea of what questions to ask. They should also be considerate and know that they have to schedule appointments."

A student can expect things from the advisor as well. Burr believes. An advisor must have knowledge of the transfer system, enough so that he or she can direct students toward resources for further information.

The center is open Monday through Thursday, 9 a.m. to 8 p.m., and Friday 7 a.m. to 5 p.m. The center has information ranging from transferring to certificate programs. For further information, call ext. 353.

The Fallen Angel's influence is on rise

Deena Anderson
Copy Editor

Satan has become a well-known figure lately. Stories about satanic cults, their practices and people who speak out against cults have been publicized throughout the world and in our own community.

Within the last four years there have been reports of animal mutilation in Kenton, Puyallup, Shelton, and Maple Valley. Horses were found with blood drained out of them and their penises cut off. These acts have been blamed by some to the work of satanists.

"A Maple Valley veterinarian who performed an autopsy on a horse that had been mutilated in this way said he didn't believe this was the work of satanists. He felt it was a 'prank,'" Pastor John O'Neal, who has an M.A. in divinity, a B.A. in philosophy, and two minors in religion and psychology, said. "If we are identifying serious mutilations of animals as pranks, then we are in big trouble."

O'Neal spends part of his time giving lectures about satanic cults, which are comprised of people who worship the fallen angel Lucifer. According to scripture (Isaiah 14:12-15) Lucifer rebelled against God in heaven for rebelling against God and was cast out of heaven with Satan and his angels. He was "the most dangerous one" to watch out for. The year when Anton LaVey published his book "Satanic Night, the beginning of the satanic cult movement as we know it today, was 1966. LaVey was an angel cast from heaven for rebelling against God and for aspiring to be like God.

More than 150 students attended a lecture at Highline Community College in October by O'Neal on the history of satanic cults. "Satan is the personification of evil," said O'Neal, who has served Grace Lutheran Church in Des Moines for the past seven years. O'Neal told HCC students that today's satanic categories include: organized satanism, which is dangerous and secretive; orthodoxed satanism, which is a more difficult organization to join; and multi-generational, where sexual abuse, torture and murder are practiced. Multi-generational is the most dangerous since it is kept within the cult family and is reproducing, O'Neal said.

Christian comedian Mike Warnke, "40 something," he joked, was a high priest of Satan in 1965. He wrote "The Satan Seller," published in 1972. In this testimonial story about his conversion to Christianity from satanism, he reveals secrets and gives graphic details about what's involved in satanic worship. Satanists believe they will go to hell and live in a special place that Satan has provided for them. Warnke has explained. When he sacrificed and drank blood they believe this gives them power and glorifies Satan.

Warnke wants people to know that Satan is the father of lies. "Satan doesn't want you to go to hell with him; he wants to destroy you," Warnke said. "He hates everyone."

Warnke was expelled from the cult when he had more than 1,000 followers but before he had made it to higher levels of priesthood. After being expelled from the high priesthood, he joined the Navy and became a combat corpsman in Vietnam. His bootcamp roommates were Christians and told him about Jesus. After much philosophical and verbal resistance, he earned a Ph.D. in divinity as he dedicated his life to Jesus and his anti-occult work, known as the Alpha and the Omega.

Animals were sacrificed, and human sacrifices included chopping fingers off and eating the flesh. Demons were called out on people with whom they had grievances, and the members of brotherhood dedicated their lives to Satan.

There is some evidence that worshipping Satan may have begun during the time period of the Old Testament, when some people worshiped a heathen god called Belial. People were baptized in the name of Satan as early as the 17th century.

During ceremonies and performances rituals the worshipers of Christian elements reverent. Examples include an upside-down cross, the pentagram, (star of David) reversed (when turned around a goat or animal face can be outlined), black roses instead of white, black candles instead of white, and black masses and prayers repeated backwards.

In 1966 there was a renewed interest in satanism. This was the year when Anton LaVey founded the Church of Satan. LaVey wrote the "Satanic Bible."

When LaVey was 16 years old, he played the organ for carnivals and met revivals. He saw the same men that were at the tent revivals hugging after the woman at the carnivals. He said, "I knew then that the Christian church thrives on hypocrisy and that man's carnal nature will win out."

"Satan's goal is to destroy Christ's Kingdom. His followers' beliefs are to over-throw the Christian God," said O'Neal.

Both Warnke and O'Neal say the motivation to be involved in satanism is "power and control. Warnke said, "People of all walks of life are involved."

"There is no such thing as an unhealthy interest in Satan. It leads us to be well informed," warns O'Neal.

Photo by Stanislaw Jendura
Salvation Army promotes community spirit

Deena Anderson
Copy Editor

When you give to a religious organization or television evangelist, are you sure where your money is going?” There are some that I have doubts about, especially the rich guys. You know the ones: they have their own jets; drive limousines; build their own schools; and have luxury cars or have chauffeur service. That Jim and Tommy Baker own schools; and have luxury cars or have chauffeur service, that is what the Salvation Army is an organization that I am absolutely sure about.

Several years ago my two children and I were traveling home to Washington from California after visiting my parents. I assumed I had adequate funds to see me home. While in Shasta, Calif., I spent all my money on a few groceries and a tank of gas. I then knew I wouldn’t have enough gas to get me the rest of the way home, but I kept driving because I wanted to get closer to home.

As I approached Salem, Ore., my gas gauge read empty. It was 1 a.m. I didn’t know what I was going to do, and I was scared.

I drove into Salem and went to the nearest phone booth. I called the operator; she sympathetically connected me with the Salvation Army Emergency Center. The Soldier gave me directions and felt relieved as I drove to the center.

My children and I were accommodated with a private room with our own bathroom for the night. We tested security and comfortably. And in the morning we were served a hot breakfast and given enough money to get home. The Christmas season is a unknown person submitted my name to the Salvation Army and I was given $300 in food and gift certificates. I will never forget that Christmas or what the Salvation Army has done for me and my children.

Salvation Army Community Relations Director Cindy Coburn of Northwest Headquarter says, “The holiday season is a time when scavengers prey on the spirit of generosity.” Yes, out of every dollar given to the Salvation Army, 90 cents directly goes to helping the needy; the 11 cents goes to further their mission.

“Our foundation is to meet human needs. The Bible has told us the needy will always be with us and so some way we must help each other,” says Coburn.

Coburn says giving to the Salvation Army is “not a charity; it’s a gift.”

The Salvation Army uses money to provide emergency shelter and disaster relief, such as the flood that recently damaged and destroyed homes in the Pacific Northwest. The Christmas Centers provide food, clothing and toys for children of needy families. Battered women’s shelters and a men’s transitional program provide counseling services.

This Christmas season gives to an organization that’s taking care of people in need, instead of taking for its own selfish needs. People can donate a gift to a specific person or family and choose different types of gifts. For more information, call 281-463-1044; mail donations to: The Salvation Army P.O. Box 9219,Seattle, Wash. 98109.

Merry Christmas, Salvation Army!
Give equal rights equal time

Steve Thompson
Staff Writer

This is in reply to a recent editorial that dealt with one form of sexism from a woman's point of view. The article was the response of yet another crusading woman who, after listening in on the conversational betting between two men at the HCC cafeteria (whatever one of them would get a particular woman into bed, pay one more "sexist" label on all men.

The writer of the article in question has a valid grip. I, too, find the actions of the men in that article offensive. They showed a total lack of respect for others and themselves.

Although I find their actions tasteless, I also have to defend their right to act that way. It's their own business, especially if both parties are consenting. The writer of the article wrote of the offensive ones not only to the woman of their discussion, but to womankind. The writer made little mention of the fact that even if the conversation was in a public place (the HCC cafeteria), it was confined to a pair of men talking, not mankind in general.

My anger is justified. Sure there are men who have given us good boys a bad rep: Aïlla the Hun, the ones de Sade, Archie Bunker and every feminist group's favorite Andrew "Dice" Clay. Please don't forget though, ladies, there are also men like me who believe in equal rights, equal pay for equal work and non-discrimination in work and living conditions for everyone.

Unfortunately, bigotry breeds bigotry, and because of this whole-scale labeling, decent people suffer. It's only human nature to look at things appealing to the eye, in this case a conversation between two individuals was overheard by one person and perceived, as if the act had actually been committed.

As for myself and other people who feel intimidated by the way different equal rights groups have been throwing value at us, remember this: we, too, are aware of the fact that the world is sometimes not a very nice place. Don't take it the wrong way when one of us good guys says "Hi" or maybe open a door for you. It's not meant to scare womankind. One had apple doesn't always spoil the bunch.

I admit it, too, am over-reacting in my response to the editorial in question; but my pain has to be made before the self righteous nay sayers and witch hunters of the world gain complete control of those who already possess common sense and decency.

There are some good guys out there. Try us. You'll like us. Bet on it!

Food drive crippled by student apathy

Steve Duncan
News Editor

If someone is looking for an example that gives a "No one ever commits a selfless act" statement credence, they need only peer down into the empty food bank bins on the Highline Community College campus.

Last year's food drive to aid the Des Moines Food Bank, held over the 1989 holiday season, produced $134,000 in groceries and only $40 accumulated.

Yogi Iodice, Maintenance mechanical lead and director of the food drive at Highline, said with a letter to the editor of a major reason for the apathy is wanting funding at HCC could "not keep a low living" has gone up. Between the costs of food prices and having more students, it is hard for students and faculty to give.

Iodice says this may be a valid point, impsects for a fraction of those who attend HCC.

What may be more age is a general non-caring attitude HCC students and faculty have towards school events. If you don't believe this to be true, ask Student Government about how many showed up to vote on the new proposed school constitution. The estimated turnout was a whopping 60 students out of 2,000 hungry people in the Des Moines area who need support.

"If we could get at least a can of food from each person, I would have to use a truck to carry all of it out," Iodice said.

He feels that if students and faculty participate in the food drive they "feel a sense of joy helping the needy."

Now, it comes down to bribery and emotional manipulation to grab your attention. Has morality taken a backseat in helping your fellow man or woman? It's sad commentary, but it seems to be true that when asked to give another help, students and faculty reply "What in it for me?"

A concerned parent reponds with a letter to the editor

Parents need to be informed of sexual predators living in their neighborhood. According to Chris Quinn-Brilmatal, a Pierce County prosecutor, the percentage of sexual predators who continually commit this crime is extremely high. It seems that rehabilitation does not work. You made an example of yourself when you stated the case of the little Tacoma boy who was raped, mutilated and left for dead. That boy's attacker had done these horrible sexual deeds to several other people before he so cruelly changed that little boy's life. Rehabilitation does not work and this little boy's story is living proof.

I'd give you yet another example of the so-called rehabilitated sexual offender. My own daughter was raped by a person who had committed his perversion on two other little girls before he acted out his sick fantasies on my daughter. Counselling didn't help him with his other three offenses and is probably won't help now either. These predators fake their way through counselling, saying what the therapist wants to hear so they can be released from prison to go out and perform their perversion.

Why should we consider the rights of these criminals? They don't consider the rights of the children they violate.

Dear Editor,

Hey, you're wrong, Mr. Tallmadge. You said in your last, "I don't mean to bitch" article that sex offenders should not have to register their addresses to let the public know where they move into the neighborhood. Well, I'm a parent and I certainly want to know when there is a danger in my neighborhood.

Why should we consider the rights of these criminals? They don't consider the rights of the children they violate.

I was going to finish this project if it took all night. Luckily it didn't.
Des Moines Area Food Bank offers a wide variety of services

HCC food donations will help the Des Moines needy this holiday season

Juli Jensen  Staff Writer

Every Monday, Wednesday, and Friday, there's hustle and bustle on the lower floor of the Des Moines United Methodist Church in getting food ready by 10 a.m. for the Des Moines Area Food Bank clients (recipients). Many things happen at once, with volunteers working together as a team receiving food and bagging it into grocery bags. In the hallway, there are bulletin boards announcing different sources of help for the needy that range from alcohol and drug abuse counseling, crisis intervention, job training, aid to the abused and pregnant, and assistance on utility bills. There's a banner on the left wall: "I was hungry and you gave me food. I was thirsty and you gave me drink." Matthew 25:35.

The Des Moines Area Food Bank first opened in 1970 as the Neighbors in Need Program into grocery bags. In the hallway, there are bulletin boards announcing different sources of help for the needy that range from alcohol and drug abuse counseling, crisis intervention, job training, aid to the abused and pregnant, and assistance on utility bills. There's a banner on the left wall: "I was hungry and you gave me food. I was thirsty and you gave me drink." Matthew 25:35.

The Des Moines Area Food Bank first opened in 1970 as the Neighbors in Need Program. The food bank is located in Bldgs. 24 and 25, in the library and in faculty buildings. "A plaque is awarded to the department that collects the most food," says Lee Hall, maintenance mechanic at HCC who also delivers the food to the Des Moines Area Food Bank. Money donations are also accepted. Those interested in donating money should see Louie in Bldg. 24 or contact the Des Moines Area Food Bank at 878-2660.

Also needed this year are new toys. The head of the Christmas Toy Drive is Mary Jo Ruffels, who can be contacted at the Des Moines Area Food Bank. "We need lots of new toys," said Ruffels. Last year they gave away 3,000 brand new toys. You can drop the toys off at St. Philomena Church or Masonic Home located on Marine View Drive.

Every year, HCC organizes its own food drive. This drive begins about two weeks before the holidays and ends just two days before Christmas. The food collected at HCC is delivered to the Des Moines Area Food Bank. "Yogi does a marvelous job," said Orris of HCC's food drive Chairman Yogi Jorle. Food bins are located in Bldgs. 6 and 8, the library and in faculty buildings. "A plaque is awarded to the department that collects the most food," says Lee Hall, maintenance mechanic at HCC who also delivers the food to the Des Moines Area Food Bank. Money donations are also accepted. Those interested in donating money should see Louie in Bldg. 24 or contact the Des Moines Area Food Bank at 878-2660.

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"If it wasn't for people like this, people like me wouldn't get help." - Tracy Day

A food bank volunteer trying her best.

Every year, the Christmas Toy Drive is Mary Jo Ruffels, who can be contacted at the Des Moines Area Food Bank. "We need lots of new toys," said Ruffels. Last year they gave away 3,000 brand new toys. You can drop the toys off at St. Philomena Church or Masonic Home located on Marine View Drive.
No need to go hungry

Julie Maggiacomo
Feature Editor

Northwest Harvest is the largest food distributor in the state of Washington. Their donations are remaining good this year, but they are "in a slight downturn," according to Assistant Director Rosemary Boyle.

"The problem is more people are earning minimum wage or losing jobs," said Boyle. The numbers of families in need have risen from 104,000 last year to 130,000 this year, stated Boyle.

Around this time of year it starts to get real busy at Northwest Harvest and all the food banks. "It isn't that more people are in need that it gets so busy; it's because people tend to think more about their needs during the holidays," Boyle said. At NWH the demand for food, in the month of December, raises from 150 million pounds a month to 2 million pounds.

NWH helps support 305 food programs around Washington and they donate to 55 programs in King County, including the Des Moines Food Bank.

NWH has been around since 1968. Usually in the past NWH ends up short during the holidays. "We have no way of telling if we will be short this year, we sure hope not to be," Boyle said.

Here are some King County food banks located near you...

- Auburn Community Food
  Barbara Cooksey
  P.O. Box 446
  Auburn, Wash. 98071

- Ballard Food Bank
  Frank Conahan
  N.W. Y.M.C.A.,
  1708 N.W. Market
  Seattle, Wash. 98107

- Black Diamond Food Bank
  Lucille Myrick
  P.O. Box 57
  Black Diamond, Wash. 98010

- Jolly Park Food Bank
  Mary Williams
  1866 36th Ave. E.
  Seattle, Wash. 98112

- Northwest Harvest
  Ruth Sterling, Exec. Dir.
  P.O. Box 12272
  Seattle, Wash. 98102

- Queen Anne Food Bank
  Art Lempkin
  435 Halladay
  Seattle, Wash. 98109

- Seattle Neighborhoods in Need
  Kay Magner
  1717-26th E.
  Seattle, Wash. 98122

- Des Moines Food Bank
  Carol Davis
  P.O. Box 98746
  Des Moines, Wash. 98188

- Highline Food Bank
  John Knox Presbyterian
  Harry Schulke
  109 S.W. Normandy
  Seaclle, Wash. 98166


Family reunites after 17 years of separation

Mary Alida Britik
Advertising Manager

Over the Thanksgiving holiday I met my father for the first time in 17 years. I must admit, I was quite shooked. He wasn't what I had expected. He was heavier than I imagined. He walked humped over and he appeared older than he is.

My flight from Seattle to California was delayed; when I finally arrived in California I really didn't know what to expect. My eyes swept the crowd hoping to find someone familiar. I spotted an older couple standing near the ticket counter so I walked towards them because they told me that was my father and I stayed up late and reminisced about my childhood, as we sorted through my old toys. My wife was amazed at how much I had remembered since my sister couldn't remember any of it. I remembered the lay out of his apartment and the park we spent our summers. He had saved my tinies toys, the purple wind-up fish that swam, various stuffed animals and several other things. We popped open a bottle of champagne and toasted the union of father and daughter. My father and I stayed up late and reminisced about my childhood.

When we were riding the shuttle to their car, I began wondering whether or not I should have come to California. At this point I asked myself: What am I doing here? I felt strange. What were the odds of this happening?

On our first night together in 17 years, my father and I stayed up to life before meeting her, and my life without him. We did not talk about what interested me, more like what he had been doing between the time we were separated and Ursula came into his life. I also wanted to know if he had really made an effort to locate us and wondered if the separation was as hard on him as it was on my sister and me.

Father spends Thanksgiving with his now grown daughters.

I was putting him on the defense. I asked him a lot of questions about when I was younger, and he answered me, but he also changed the subject. When he and I drove down to El Centro to pick up my sister, it seemed like he was more interested in talking about the trip instead of talking about ourselves while we were separated. It irritated me that he didn't want to talk about it, but I assumed that he feels like we disliked him for not putting more effort into locating us.

We packed quite a bit into one weekend. My sister moved into my father's house and we had turkey dinner to devour. Melissa and I had our pictures made together and went out dancing for an evening in Los Angeles. The family spent an entire day at Disneyland. Before I realized it, it was time to go back to Seattle. We were so busy during the three days that I didn't have to much time to think about the moment.

When I returned home I was totally exhausted. I was so emotionally confused I sat down on the coach and just cried. I had expected to get a lot more answers to my questions, but I was disappointed. I have no idea how this relationship between my father and me will work out. I feel numb.

It is evident a lot of hostility between my mother and father remains. I feel like a little girl all over again caught in the middle of a battlefield between my parents. Now I had to come to another decision in my life: my life is my own and living away from both parties helps me maintain some control in my life. I love them both but the past can't be undone, and I have no intention of reliving that painful part of my life.

Homecomings as festive as the past realistically made me cry.
Tickle Tune expresses valid concerns

Rose Sikorra
Scene Editor

Tickle Tune Typhoon has sold out all 700 tickets for its performance in the Artists-Lecture Center at Highline Community College on Dec. 11, 1990.

After advertisements were distributed to local daycare centers, sales were better than anticipated and all available seats were purchased approximately three weeks in advance of the event. Consequently, Student Activities cancelled the order to design additional postcards to promote the event in order to avoid turning away people at the door.

Michelle Davis, Student Activities chairperson of Children’s and Community Programs, contracted and scheduled the group’s appearance.

Tickle Tune Typhoon is composed of singers, musicians, dancers, and acrobats. The variety of songs include upbeat versions of children’s classics to contemporary works of art portrayed through vocal talent and dramatic characters in brilliantly colored, lavish costumes. The lyrics cover topics such as the environment, disabilities, nutrition, self esteem and respecting one’s body.

The group’s musical director, Dawny Deardoff, strums the guitar from a wheelchair while he sings “Everybody’s Different.”

Tickle Tune Typhoon has won two awards: “Parents Choice” in 1985 and “American Library Association” in 1986. In honoring the group for its accomplishments, the Parents Choice Foundation has said, “This dynamic group draws the many concerns of all children into its colorful embrace but never stops being thoroughly entertaining.”

Tim Noah (originally in the group and now a nationally acclaimed choral director in music education), Lorraine Bayes and Dennis Wesphall were the leaders of Seattle-based group in 1979.

Experience fine traditional Thai cuisine here

Stephanie Sturgill
Staff Writer

Dozens of Thai restaurants dot the map of the Seattle area. Most consciousness of the deliciously spicy food are hard-pressed to find one location that serves the very best dishes. If you’ve never experienced ethnic dining, or hesitate to try new foods, a trip to Bai Tong will be worth it.

Upon entering the restaurant, guests are led to one of two dining rooms (smoking and non). Both are clean, well-lighted and attractively decorated in soothing colors. The decor of Thai completely the decor and set a mood. The staff is courteous, attentive and helpful as you select from the a la carte menu boasting a wide variety of Thai food: soups, salads, entrees, and desserts all reasonably priced between $4 and $8 (a feast for two for under $30).

For the benefit of novice diners, most items are prepared with relatively mild flavor. A variety of curries, soups, and sweet and sour sauces are only a few of the seasonings that give these dishes their spiciness. Those with a more tolerance of spiciness, I rate Bai Tong four stars. Expect a 20-minute wait at peak hours. I rate Bai Tong **** for delicious food, professional service and presentation.

Bai Tong Restaurant, 15859 Pacific Hwy. S., SeaTac. Phone 431-0893.

Mentalist Craig Karges performs at HCC

Craig Karges levitates a table by means of extraordinary powers.

Ed Scheidt
Staff Writer

College campus recently demonstrating his extraordinary powers. He captivated his audience with incredible predictions and amazing blindfold vision. The pinnacle of Karges’ show, however, was when he literally made a table float through air, supporting it only with his fingertips.

Throughout his presentation Karges continually stressed that “We only use 10 to 20 percent of our minds. Think about the capabilities that must lie in that 80 to 90 percent of our unused minds.”

I left Karges’ show a true believer that extraordinary perception (E.S.P) was the way for me.

As soon as I got home the first thing I did was try to levitate the kitchen table.

Needless to say it didn’t work. I later convicted myself I needed something that a beginner could handle so I focused all my extraordinary powers on a napkin. Again, nothing happen. Out of option, I turned to books about paranormal activities to help get off the ground. I read Flim-Flam by James Randi. After reading only a few pages I could sense that Randi’s mission in life is to discredit any and all professed paranormal experiences. He cynically attacks everything from alleged photographs of fairies in the Bermuda triangle. Randi ruthlessly challenges anyone who claims to have powers contrary to the laws of science. “Flim-Flam” categorically disproves all claims of E.S.P. Almost totally exhausted of my own power, I went to my aunt in the hole. I called the Psychic Institute-Church of Divine Man, explained who I was and that I was interested in the psychic powers of the mind.

“We believe that everyone has psychic powers and that but we aren’t willing to give you an interview,” said a woman identified only as Louise. Later I realized that perhaps Louise wanted me to interview her telepathically? My better judgment, on the other hand, told me that this wasn’t the case. It is my assumption that anyone claiming to have psychic power is a fraud. Misrepresentation and manipulation are their favorite weapons. View these people for what they are: experts of illusion and slight-of-hand.
Experience the Lin-Nan tradition

Cara E. Low
Staff Writer

A Chinese Painting Exhibit, featuring the work of Xiao-Nan Chen, is displayed on the fourth floor of the Highline Community College Library until Dec. 14.

The paintings are in the Lin-Nan tradition, which started in 5th Century China. The Lin-Nan philosophy of painting was the first style to use vivid colors and it is an impressionist-type style. There are four main subjects in traditional Chinese paintings: a person; mountains, trees and water; flowers and birds; and animals.

The flyer announcing the exhibit features two birds; a bird is the symbol for long life. "This type of picture would be used as a gift for a birthday," said Chen. When she selects which pictures she'll include in a collection, Chen said, "I choose the pictures that I feel go together."

Chen's work has been exhibited in two Seattle art museums, The Fine Art Gallery in Greenwood and The Wing Luke Museum in Seattle. A calligraphy collection was displayed in Tokyo, and a collection of Lin-Nan pictures has been displayed in Belgium. Earlier collections of her pre-Lin-Nan era work, using darker scenes with limited color, were displayed in Idaho, Wisconsin, and Texas.

For the past 15 years, Chen has been producing work in the Lin-Nan tradition. Chen's last three of five mentor-instructors have specialized in Lin-Nan. Her current instructor studied under a master who lives in Hong Kong.

Chen has a permanent display of her work in Taipei, Taiwan. In April of next year, Chen's work will be displayed in her hometown of Fuzhou, Mainland China.

"The works for this collection will be much larger than the works displayed in the U.S.; some will feature up to twenty flowers and will be wall-sized," said Chen.

Are resolutions needed?

Debbie Blankenship
Staff Writer

So, you haven't stuck with a New Year's resolution since 1979. You're not alone. Most people make resolutions that are either too vague (I'm going to fix-up the house); too ambitious (I'm going to lose 70 pounds by Easter); or just too silly (I'm never going to eat another potato chip again).

"I don't keep them (resolutions)," says Helen Skrivanek, a general book buyer and clerk in Highline Community College's book store. "I've tried them, but I'm a terrible procrastinator and I really don't have the will power. I find it difficult to change what I need to change, so I don't like making a big promise to do it."

Brian Reagan, an attendant counselor in Seattle at the Firemen School for mentally disabled people, shares some good ideas for those people who hope to succeed with New Year's resolutions. He suggests these simple behavior modification steps:

- Accurately define problem. Be specific: it's better to say "I'm going to lose five pounds" than to vow "I'm going to eat like a bird."
- Be realistic. Don't promise to jog 10 miles every day unless you need practice making up excuses.
- Set a time goal. When does ski season officially start, anyway?
- Use checkpoints and rewards. Break up large resolutions into bite-size pieces; write down progress to insure a positive attitude, then reinforce those baby steps with appropriate rewards.
- Use support. Find a support person or partner with the same goals. You can support each other and even become competitive.

Ryan Braden, a Highline Community College student, feels resolutions are an excellent idea if you have a goal — whether it's to stop something or to start. Braden says his grandmother was successful with her resolution; she hasn't smoked a cigarette for 10 years. "You need something to get you started on a goal, and a New Year's resolution is one of the best ways to do it," Braden says. "I've had a few resolutions, and I kept a couple of them; one lasted about four or five months. My New Year's resolution is the same this year; I'm going to try again to keep it."

Elaine Cooper, assistant manager of Jenny Craig Weight Loss Center in Federal Way, felt there was a significant increase in enrollment (about 75 percent) after Christmas. She felt it was due to the combination of the holiday season ending and New Year's resolutions being made. "It's big, big increase," says Cooper. But, though they are determined at first, most drop out after about four to six weeks, according to Cooper.

Mary Alice, a volunteer at Al-Anon in Seattle, says, "January in the heaviest month. Family and friends of alcoholics decide after the holidays that they can't take the emotional and physical abuse anymore."

From AA (Alcoholics Anonymous) in Seattle, office manager Angus Lamont says the volume of people coming to AA for help does not increase significantly during January. "Every day we want to get up sober, not only on New Years," Lamont says. He feels any increase in enrollment from November to January comes from the holiday season.

Another HCC student, Rocky Graham, feels he has made some pretty difficult resolutions in the past. "I've tried to stay on a budget; depending on the situation, it's sort of hard. I have certain stores I go into where I like to spend a lot of money. Now I try to stay out of those stores."

Graham adds, "I think resolutions are a bad idea if you make them too ambitious, but I think it's a good idea to set goals for yourself, and New Years is a good time to do it."

"I think they're effective if you take the effort to make them effective," says Jenny Weaver, an HCC student studying to be a paralegal. "I guess I just haven't taken the time to do it."

Rachel Johnson is a student at HCC who is studying for her AA in accounting. She says, "Most people break their resolutions anyway, so I don't see the point of making them." She says her friends have made resolutions before. "Sometimes they say they want to get good grades, and sometimes they do; but then other times they say they want to lose 50 pounds by summer, and they don't," says Johnson. She says resolutions are just for fun, so there is really no purpose to them.

Linda Baker, who is HCC's coordinator/instructor for Journalism/Mass Media at HCC, says, "I've made them in the past, and I've always been disappointed in myself when I didn't go forward with them. This year, I just didn't make any."

Baker says they'd worked for a while when she'd done things like trying to lose the weight she had gained over the holidays.

"The only ones that I came close to actually doing better for a longer period were ones related to my children. They are a commitment to someone else rather than myself. I usually do a better job keeping those," Baker says.
Becky Bonus
Staff Writer

The Thunderbirds of Highline Community College’s Men’s Basketball Team walked off with its first victory Nov. 23. Although this was a scheduled non-league game against Douglas Community College (British Columbia), the T-Birds were victorious with an 86-80 final score.

Head Coach Callero said he was satisfied with the home opener of the year. “They played well enough to win.”

Starting freshman Mark Callero came onto the floor playing strong and scoring the first seven points for the team. But that wasn’t enough to keep the T-birds away. The first half ended 41-34 in favor of Douglas.

Although Douglas had a “strong inside game,” according to Coach Callero, HCC’s Rhonda Earle had a “hot second half.” The team was successful with its three pointers, and returning sophomore Brian Isakson and Ryan Johnson came through in clutch situations at the end of the game.

After a cancellation on Nov. 19, the T-birds played the first of two games against Centralia Nov. 27. This was one of four games the T-birds faced this week, and the team lost to Centralia with an 80-64 loss. “They gave up 108 points on home court,” said Coach Callero. “You will never win a game doing this,” said Coach Callero. He added, on the positive side, that freshman Brian Heron shot the ball well as a starter, with game-high 23 points. Coming off the bench was freshman Wayne Bernetter, who added 13 points and 5 rebounds.

The following evening HCC traveled to Tacoma Community College. The team won 52-49.

In previous action, the Thunderbirds battled Centralia Community College twice, winning both games. In the most recent game on Dec. 1, HCC dominated Centralia 74-62. High scorers for the T-Birds were Kristen Werkau with 17 points, Tamara Kincaid 16, Renee Nadeau 12, and Team Captain Jennifer Yount with 10 points. All four contributed a total of 36 rebounds for the team. Bollinger said that during the second half the team played well and dominated the game.

HCC came out on top in the first game against Centralia Nov. 27 with a score of 66-62. "It was a close one," said Bollinger.

During the game Werkau stood out with 14 rebounds and 11 points. Kincaid and Christi Plummer had 12 points each, while Yount scored 10.

Tacoma Community College challenged the T-Birds but was unsuccessful. TCC fell to the T-Birds 81-62. HCC had six players scoring in double figures. The team was striving for balance and felt it made good progress in this game, Bollinger explained.

In the T-Bird’s first pre-season game, on Nov. 23, the team lost to Wenatchee Community College 55-68. "Wenatchee has a good veteran team; that’s why I wanted to play them early," Bollinger said. "We learned a lot."

Yount scored 30 points for the team, while Jennifer Wesby had 14. Bollinger added that sophomore Plummer showed some good defensive work to keep the T-Birds in the game.

Tonight the T-Birds will host Pierce Community College at 6 p.m. in the HCC gym. Monday’s game will start Jan. 2, 1991, for HCC at Olympic Community College. Game time is at 6 p.m.
Highline’s cheerleaders want more participation

Steve Thorp
Staff Writer

Highline Community College’s Cheerleading Squad will be kicking off the winter quarter with fresh, new uniforms, when the official basketball season starts Jan. 2, 1991.

Cheerleading Squad Captain Kristine Otani’s educational goal is to become a CPA. Otani, attended Highline High School in Renton. She is currently working at the HCC Bookstore. Teri Plante’s educational goal is to become a CPA. She graduated from Renton High School.

Other members of the HCC Cheerleading squad include; Temeliko Davis, whose major is in business, plans to be a CPA. Davis went to Lindbergh High School in Renton. She is currently working at the HCC Bookstore. Megan Clark is taking general transfer courses at HCC.


Highline’s cheerleaders want more participation by students.

Highline High School.

The HCC Cheerleading Squad hopes to get more fan participation by performing during HCC’s basketball season.
New Rating causing stir

Scott Graves
Staff Writer

Daring movie makers are now rating their own movies with Xs because the X rating has never been copied by the MPAA. "It was time to rate our movies ourselves," says one Hollywood producer. "The public has been clamoring for an alternative rating system, and we are responding to their demand.

The new system, called the "Independence Rating System," was developed by a group of prominent filmmakers who felt that the MPAA's rating system was too restrictive and did not adequately address the needs of independent filmmakers. The new system is based on a scale from X to G, with X being the most restrictive and G being the least.

While some industry insiders have expressed concern about the new system, others have praised it for its flexibility and potential to bring more diversity to the movie industry. "This is a step forward for independent filmmakers," said one producer. "It gives us the freedom to express ourselves without being constrained by the MPAA's rigid rating system."

The new system has already been tested on a number of films, and the results have been encouraging. "Our films have been well-received by audiences," said a director. "The new rating system has helped us reach a wider audience and has given us the freedom to create the type of films we want."