Legislators discuss funding in June

On campus thefts are on the rise

Highline to have blood drive next week

Join the fiesta

Sports
You're not the only one who hates math

Lisa Levay  Staff Writer

Countless students attending Hightline Community College are avoiding their math requirements. Some students may actually feel they are afraid of math. Reactions to math may result anywhere from nausea and panic attacks to mental blocks. According to Math Instructor Ron Burke, it is not a figure of the imagination. "Math anxiety exists."

As of fall quarter 1990, requirements demand students have more math education to be eligible for the Associates in Arts degree. Lillian Lahiri of Developmental Studies says, "As there are more rigorous demands, the more we face math anxiety." Students should be aware there is help on campus if they want it.

The first step in overcoming math anxiety, like any problem, is to find the cause. According to Math Instructor Ed Morris, for many the problem stems from early on in school.

The causes can be attributed to a traumatic experience, embarrassment or humiliation, often by an instructor, which results in a negative association with math, says Morris. It may be due to the pressure of being compared to a sibling, or even a parent. Morris says there is a large percent of the student's perspective. Students may view themselves as failures when, in fact Morris feels their disinterested view is "not really who I think I am or what you think I am but what I think you think I am." The causes can also be attributed to standards set by society. Burke says fear commonly results from math instructors who pressure students by saying, "It's ok if you can't do math, you're a woman."

There are more women confronted with math anxiety behavior, but where the sexes are concerned, Morris assures, "the brains are shared." Males also experience feelings of math anxiety but will not readily admit, whereas women will.

Other causes differing from those linked to past experiences are those which involve poor study strategies or even poor teaching strategies. Patricia Haggerty, a counselor at HCC, says a student feeling math anxiety may feel they should be able to do math in 15 minutes when it takes them three hours. She also says math does require work.

Haggerty claims, "As a culture we take the easy way out." From the teaching standpoint, more focus could be aimed at problem solving and not concepts, says Lahiri. Teachers might also stress the importance of math from a practical approach, giving students an idea of where they can apply math in their life to create motivation, she says.

There are several techniques for solving math anxiety. According to Lahiri, it is "important for students to achieve the feeling of success."

Karen Frank, coordinator of the Math Lab at HCC, says that it's important to get to know the student. "They'll be more likely to use office hours," Burke says. "Students should never be worried about using a teacher's office hours. The sooner the better," he adds.

Other methods of solving math anxiety are aimed specifically at overcoming anxiety experienced by students. Students might try relaxation techniques, meditation, deep breathing and calming exercises. Thinking positive and positive self talk, says Lahiri, are good ways to combat the intense emotion.

"Students should never be worried about using a teacher's office hours." - Ron Burke

"Working with his head in the clouds" - Ryan Anderson

Dan Wolfe does his job on stilts. Photo by Dan Schultz

You're not the only one who hates math. The family moved. Morris says students can often recall a specific teacher and grade where a negative association with math was made. Some approaches a math anxious student could take require working with the teacher. It is important to confront them with the problem. Lahiri says it is good to ask a teacher, "What are the methods that best fit you?" For many students, the onset of anxiety often begins by choosing a level of math which is too difficult. Being accurately informed, or "working with his head in the clouds," is the method that best fits them. The
Staff Editorial

Carla Nuxoll, president of the Washington Education Association, declared victory over the Legislature when it appeased the teachers' association by suspending the Legislative session until June. Apparently this was enough to satisfy the Gov. Booth Gardner will appoint a "blue-ribbon" panel, which will consist of a hand-picked group of "mull over" the issues.

Some teachers that chose to strike solved. The teachers have, in effect, achieved a...This could apply for some students as well.

Small papers have big responsibilities

Steve Duncan Managing Editor

The purpose of any news publication is not only to inform the public, but to sell it to the reader. Newspapers such as the ThunderWord and the Seattle Times have guidelines they must adhere to in order to compete with television in our visually-fixated society.

To do anything in today's media, a paper has to build a good working rapport with its advertisers. To put it simply, advertisements are the life-blood of a paper; without them there is no newspaper. The space that promotions take on a page is considerable. This means not only do these promotions have to be cut out or run at all in order for an ad to appear.

With the remaining space, an editorial staff must decide what the content of each newspaper will be. Most importantly, this must be what interests the reader. This is not an easy task for one reason; most people do not like to read cause of the visual media. To compete with television is an uphill battle. But if a publication can provide timely and more in-depth news accounts than can be given in a minute blip on the TV screen, a paper can still exist.

Most importantly, the editors must decide what stories affect the largest number of people. This is why a teacher strike by Highline Community College instructors gets the front page of the ThunderWord, while a computer club update gets pushed back to page right, or to the cutting room floor.

A paper such as the ThunderWord then has another problem: its coverage cannot be equal to the Seattle Times, obviously. So college papers have to localize themselves to mostly campus-related events.

To the credit of a college paper, it can take a more rational approach in the expression of its opinions and the content which is presented in the rest of the publication. It can run relatively uninhibited from interference by higher-ups who set the political agenda and eliminate others.

Recycling is easier said than done

James Kennedy Staff Writer

Determined to do my part to save the Earth, I, (the average) Joe Yuppity, started a recycling program.

Assuming the more I recycle, the better off the world will be, I decided to save everything. With that in mind, I located several garbage cans and labeled them: white paper, mixed paper, cardboard, magazines, aluminum cans, clear glass, green glass, brown glass. I gathered the family and gave them the news. My wife was against the idea, claiming she didn't have the time to play in the garbage.

I told the youngest of my 2.3 children that we were doing our part to save the Earth. She asked, "Why so many different garbage cans?"

I told her each item needed to be recycled differently.

Then the stomper: "Why can't you just have one for paper and one for the bottles?"

With a puzzled look on my face, I looked at the bin, then I looked at her and said, "I'll get back to you on that one."

After two months of sorting coffee grounds and other riff-raff from the bin it was time to "cash in" on my gold mine. "How?" I, most certainly did not want this in my Benz. Then I remembered I could rent a truck for $19.55 a day. On my way to the truck, wisely took the kids shopping.

I loaded up the truck with all eight bins, which at the time seemed like eighty, and proceeded to the nearest recycling center. While at the recycling center, I asked, "Why do I need so many different bins for recycling?"

I was told that "each one needs to be recycled differently."

While collecting my $65.81 ($45.86 after rental expenses) for the two months of collecting, sorting, and scolding people for not collecting and sorting, I decided that this was not the way to an early retirement and that there has got to be a better way to save the Earth.

Now there is a moral to this story. Recycling: easier said than done and over hyped.

Solution: instead of letting manufacturers get away with just putting cutey little "recycle me" labels on packages, let's make them go out the extra step by making more "recycle friendly" packaging. For example, start having Budweiser and Rainier use clear bottles like the Miller Co. Have manufacturers use only one type of paper or only clear glass when packaging.
Kids help save earth

Kay Smith
Staff Writer

The children at the Highline Community College Child Care Center are doing their part to help the environment. For environmental awareness month the center is going to be doing a couple of projects to increase the children's knowledge of the environment.

Joyce Riley, coordinator of the HCC Child Care Center, said, "The children need concrete experiences to learn from." By doing the recycling themselves, the center, the children will be experiencing first hand how to help their environment. Riley said that all they need now are the receptacles and they can start.

One group at the child care center is learning another aspect because of environmental issues. Mary Vysocky, child care specialist at the center, has been teaching her group, the five- and six-year-olds, about sea life.

Vysocky felt that one concrete experience the group could do was to dissect a squid; each child had his or her own squid to dissect. "This experience got mixed reactions. Some kids really got into it, others didn't want anything to do with it," she says.

Another project the children Vysocky's group will be participating in will be the painting of a 25-foot long, five-foot high female killer Orca Whale. Eleven children who are five-years old painted this whale on April 17. DeDe, a five-year old at the center who helped paint the whale, said, "The whale is bigger than all of us put together."

Gary Nelson, director of Production Illustration, drew this whale for the children. Nelson said the children really didn't get into the drawing of the whale until he started drawing the teeth; then the children had to explain what the whale used teeth for.

The whale was chosen because it gives the children another form of sensory experience. Children have no concept of size, Vysocky said. "When I said a whale was 22 feet long, the kids didn't realize how big this was without actually seeing it."

The whale is 10,000 feet bigger than they thought it would be," said Hannah, a five-year-old who helped paint the whale.

The first information you receive at HCC is from O'Brien board. O'Brien has worked at HCC for seven years. But she wanted to move on and still work with people.

One group at the child care center is learning another aspect because of environmental issues. Mary Vysocky, child care specialist at the center, has been teaching her group, the five- and six-year-olds, about sea life.

Vysocky felt that one concrete experience the group could do was to dissect a squid; each child had his or her own squid to dissect. "This experience got mixed reactions. Some kids really got into it, others didn't want anything to do with it," she says.

Another project the children Vysocky's group will be participating in will be the painting of a 25-foot long, five-foot high female killer Orca Whale. Eleven children who are five-years old painted this whale on April 17. DeDe, a five-year old at the center who helped paint the whale, said, "The whale is bigger than all of us put together."

Gary Nelson, director of Production Illustration, drew this whale for the children. Nelson said the children really didn't get into the drawing of the whale until he started drawing the teeth; then the children had to explain what the whale used teeth for.

The whale was chosen because it gives the children another form of sensory experience. Children have no concept of size, Vysocky said. "When I said a whale was 22 feet long, the kids didn't realize how big this was without actually seeing it."

The whale is 10,000 feet bigger than they thought it would be," said Hannah, a five-year-old who helped paint the whale.

The first information you receive at HCC is from O'Brien board. O'Brien has worked at HCC for seven years. But she wanted to move on and still work with people.

O'Brien is at the information booth five days a week; she answers the incoming phone calls, greets people walking through the front doors of HCC and gives out any information needed about the college. She estimates she talks to a wide range of people a day. "A few hundred walk-ins, but it all depends on the day," she says. "I talk to about 500-600 people on the phone, but in a quarter of an hour.

O'Brien's busiest hours are in the morning, especially Monday,

Jennifer Hill
Advertising

Ronda O'Brien is the voice you hear over the Highline Community College switchboard. O'Brien has worked at HCC for three years as the information booth. Before working for the college, O'Brien was a mail carrier for a year. At HCC she works five days a week; she is at the information booth from 8 a.m. to 4 p.m.

"The first information you receive at HCC is from O'Brien board. O'Brien has worked at HCC for seven years. But she wanted to move on and still work with people.

O'Brien is at the information booth five days a week; she answers the incoming phone calls, greets people walking through the front doors of HCC and gives out any information needed about the college. She estimates she talks to a wide range of people a day. "A few hundred walk-ins, but it all depends on the day," she says. "I talk to about 500-600 people on the phone, but in a quarter of an hour.

O'Brien's busiest hours are in the morning, especially Monday,

Jennifer Hill
Advertising

Ronda O'Brien is the voice you hear over the Highline Community College switchboard. O'Brien has worked at HCC for three years as the information booth. Before working for the college, O'Brien was a mail carrier for a year. At HCC she works five days a week; she is at the information booth from 8 a.m. to 4 p.m.

"The first information you receive at HCC is from O'Brien board. O'Brien has worked at HCC for seven years. But she wanted to move on and still work with people.

O'Brien is at the information booth five days a week; she answers the incoming phone calls, greets people walking through the front doors of HCC and gives out any information needed about the college. She estimates she talks to a wide range of people a day. "A few hundred walk-ins, but it all depends on the day," she says. "I talk to about 500-600 people on the phone, but in a quarter of an hour.

O'Brien's busiest hours are in the morning, especially Monday,
Kato teaches Japanese over lunch time

Alden Anderson
Staff Writer

Hisanori Kato is a Japanese intern-teaching visiting Highline Community College courtesy of the International Internship Program. When he came to HCC he had two goals: to learn American culture and to reveal American lifestyles to HCC students. Toward the latter, Kato is teaching an introductory Japanese language class entitled "Japanese Conversation for Lunch," through The Center for Continuing Education.

The class meets at noon on Wednesdays, and Kato encourages students to bring their lunch and learn the basics of the Japanese language. Kato is pleased with the turnout for his class. He has 21 students and feels that the class is a perfect workshop site in which to teach basic Japanese language and Japanese culture. Kato says, "The key to the culture is through the language." Kato goes on to say that if Americans are going to deal with the Japanese in the business world they are going to have to learn not only the language but the culture as well.

Kato said. He explains that in order to rebuild the Japanese "had" to work hard. "We had no choice," Kato stressed once again. "It is very good in our culture to work hard."

Kato says that his class will enable vacationing Americans to "get around," to "buy things," and to conduct the rudimentary business of vacations. The class is also designed to acquaint prospective Japanese language students with the basic rules so they can decide if they want to study Japanese or a more formal basis. Kato says that his short introductory course could be of benefit to business people as well.

Kato says that the students are eager to learn the Japanese language. He observes that the younger students studying Japanese are concerned with learning Japanese in order to get a better job, whereas the older students seem to be more interested in how the language can help them to further understand the Japanese culture. "Language is the clue to learning the culture," Kato explains.

Kato teaches Japanese to students.

He says that the Japanese have made such great strides since WWII because they "had" to learn American language and culture. Kato culture, "We can get around," to "buy things," and to conduct the rudimentary business of vacations. The class is also designed to acquaint prospective Japanese language students with the basics so they can decide if they want to study Japanese or a more formal basis. Kato says that his short introductory course could be of benefit to business people as well.

Kato says that the students are eager to learn the Japanese language. He observes that the younger students studying Japanese are concerned with learning Japanese in order to get a better job, whereas the older students seem to be more interested in how the language can help them to further understand the Japanese culture. "Language is the clue to learning the culture," Kato explains.

Instructor brings German culture to Highline

Tony Loggi
Staff Writer

Here she comes, thundering through the door in her tan trench coat, boots, papers and purse held close.

She rounds the corner and plops things on the desk, then, with a whisk, she drapes coat over a chair, announces to the class, "Guten morgen!" She an-"..." - - - "..." - - - "..."

Tony Loggi
Staff Writer

Here she comes, thundering through the door in her tan trench coat, boots, papers and purse held close.

She rounds the corner and plops things on the desk, then, with a whisk, she drapes coat over a chair, announces to the class, "Guten morgen!" She an-"..." - - - "..." - - - "..."

Tony Loggi
Staff Writer

Here she comes, thundering through the door in her tan trench coat, boots, papers and purse held close.

She rounds the corner and plops things on the desk, then, with a whisk, she drapes coat over a chair, announces to the class, "Guten morgen!" She an-"..." - - - "..." - - - "..."

Tony Loggi
Staff Writer

Here she comes, thundering through the door in her tan trench coat, boots, papers and purse held close.

She rounds the corner and plops things on the desk, then, with a whisk, she drapes coat over a chair, announces to the class, "Guten morgen!" She an-"..." - - - "..." - - - "..."
Exhibit of student photography

Tucked away on the third floor of Bldg. 26, in the hallway of room 316, is an exhibition of photographs taken by students in Highline Community College's Photography I class during winter quarter. There are 10 individuals showing a total of 30 photographs. There is a wide range of subjects in the photographs, including landscapes, cars and silhouettes of women. Many photographs are hand-colored. Instructor Jim Gardiner, who teaches the class and made the showcases himself, describes the art as "just good, straightforward photography." He said this class was an exceptionally good one.

"Basically what we're trying to do is give students exposure," Gardiner says. "It's important for visual art students. It helps them build their portfolios and gives them something to use in their resumes." These displays also attract new students to fine arts classes by giving them an idea of the kind of things they will be learning if they take the class.

Sharon Boies and Shawn Sheen, two fine arts students whose photographs are being displayed, like to show students what they are doing. "A lot of us are producing good work, and we like a display every quarter," Boies says.

Other community colleges such as Bellevue and Shoreline have their own galleries. Gardiner and the students would like to see one at Highline.

The photo exhibit will be available for viewing during the next two weeks.

"Comfort of Strangers" is not worth the effort

Heidi VanCleven-Morman
Staff Writer

"The Comfort of Strangers," a film by Paul Schrader about an English couple's bizarre holiday in Venice, left me wanting a vacation just as forgetful. Although Venice was beautiful, the plot didn't carry the film.

The English couple, Colin (Ripper Everett) and Mary (Natalia Ruscadori), are invited to a Venetian's home. Once there, Colin and Mary are allowed to rest but swab unknown. They discover that their clothes have been stolen. The Venetian, Robert (Christopher Walken), and his wife (Heidi Janssen), have a personal problem in which Colin and Mary become unintentionally involved. Robert and his wife plan to kid Colin in order to solve their problem. Colin and Mary assume some unknown danger to associate with their hosts but they fall prey to the plot.

The connection between the problems and the solution is never clearly made, and the viewer is never given enough background about Robert and his wife. The story moves closer and closer to fantasy, eventually ending without thoroughly explaining Robert's actions to the viewer.

Rather than drive across town to view this nonessential import, rent an earlier "B" movie and stay at home.

HELP WANTED

Japanese Language tutor. Native Speaker preferred.
$10.00 per hour, 1-2 hours a week.
854-0901

CRAZY MIKE'S VIDEO
27021 PACIFIC HWY SOUTH-KENT 946-8168
OPEN 10:00AM TO 12:00PM
GRAND OPENING SAT. MAY 4

Go where the jobs are!

Study Biotechnology at Seattle Central Community College

As a biotechnician you'll join a growing industry with employers such as Genetic Systems, Fred Hutchinson Cancer Center and the Environmental Protection Agency.

We offer the only Biotechnology Training Program in Washington State.

Classes begin September 23, 1991 Call 587-3858 now to apply.

CLASSIFIED ADVERTISEMENTS

Near Highline College
Cottonwood Apartments
25919 25th Lane S.
Fireplace, pool & hot tub
On-site manager
1 bedroom $395
2 bedroom $475
Call 839-8887 EOHF

Free room and board in exchange for care of my 4 yr. old son. Hrs. 2pm-11pm. Auburn/Federal Way area
For more information, call Debbie 850-1878

ThunderWord Classified Advertising
878-3710 Ext. 291 Bldg. 10 Room 105

Near Highline College
Cottonwood Apartments
25919 25th Lane S.
Fireplace, pool & hot tub
On-site manager
1 bedroom $395
2 bedroom $475
Call 839-8887 EOHF

Free room and board in exchange for care of my 4 yr. old son. Hrs. 2pm-11pm. Auburn/Federal Way area
For more information, call Debbie 850-1878

ThunderWord Classified Advertising
878-3710 Ext. 291 Bldg. 10 Room 105
Twenty-nine years at HCC

Chris Berge
Staff Writer

After 29 years at Highline Community College, his job has never been better. Don McConnaughey has been at HCC longer than most of his students have been alive, but that’s not slowing him down a bit.

McConnaughey grew up in Arkansas where he attended Central Arkansas University. From there it was off to West Texas State to earn his Master’s degree in administration and biology. During those years at school McConnaughey played football and ran track. He received many awards for his accomplishments in track as well as football.

McConnaughey came to Highline in the fall of 1962 and was hired on as a track coach. In 1964 he was promoted to full-time track coach and health instructor. McConnaughey’s hard work paid off in 1972 when he was named the athletic director at HCC.

In McConnaughey’s 29 years at HCC he has had many great memories both as a coach and athletic director. As track coach, he was named coach of the year in 1987 and in 1989. During the 1989 season the track team won the conference championship.

In the fall of 1988 as athletic director, McConnaughey introduced men’s soccer to Highline’s athletic programs. He hired Peter Fuller, a young coach from Boston, Mass. Fuller took his first year program to the state tournament where they finished fourth and ended with a 12-4 record.

“The toughest part about being A.D. is getting good young coaches like Fuller and keeping them here,” McConnaughey said. Fuller at Belhaven College in Jackson, Miss., said, “McConnaughey is the best A.D. that I’ve ever worked with. He would have done anything for me and my team.”

In 1990, Bob Welch took over as Head Coach of the track team so McConnaughey could have more time to enjoy his championship. He is now the assistant coach fishing and the outlook.

BUCKLE UP
WASHINGTON
1-800-BUCK-L-UP

878-0814
WOLFF SYSTEM BRAND NEW BULBS
22815 PAC HWY. S., SUITE #11
Just North of Kent/Des Moines Rd. Across from Taco Bell

$19.99 A MONTH
HEAVENLY TAN

Silverwood Park
Apartments
Spacious Studio & 1 Br. Apts.
Compare Our Prices!
Ask AboutMgr’s Special!
* Pool, Jacuzzi
* Extra Large Kitchens
* Nicely Landscaped
* Lots of Free Parking
* Storage Shed w/Unit
* EZ Access 15 & 99
* Special Cable Rates
* 15 mins. to Boeing

824-3490
23006 30th Ave. S.
Des Moines, WA

BE A RED CROSS
VOLUNTEER
Single parents achieve academic success

Kay Smith

Single parents can go to school. Joanne McHenry, a former student at Highline Community College, has achieved "success." She said, "Being a single parent hasn't been easy for me, and I find a whole lot better about myself." McHenry suggests taking advantage of scholarships offered by the Department of Social and Health Services. (DSHS) Family Independence Program (FIP), the financial assistance program at HCC, and other support classes that are available.

"My class officially started in fall quarter of 1976, and I have been teaching it ever since." — Mary Coates

Being a single parent makes it easier to return to school, spending less time with children and spending more money on child care expenses. Mary Coates, a student at HCC, said, "There have been a lot of factors that have helped me succeed in school, and I am a proud woman at HCC, and it is a good school that I would like to thank you for helping me out in school." Coates is teaching a class at HCC and has been teaching it since 1976.

Jeff Schumacher, director of Financial Aid at HCC, said, "Twenty-seven percent of the students who are on financial aid are single parents.

""The experience is enriching. Some people are interested in learning. This class has a wide angle and accepting atmosphere," Coates said.

But Lewis, who teaches a local DSHS office, said, "The experience is enriching. Some people are interested in learning. This class has a wide angle and accepting atmosphere." Coates said.

Jeff Abrahamson, director of Financial Aid at HCC, said, "Twenty-seven percent of the students who are on financial aid are single parents.

"I feel a whole lot since the program just keeps getting better with time," Coates said.

Seattle University offers classes in Bellevue toward a Bachelor's Degree in Business Administration

You are invited to an information session

Date: Saturday, May 4
Time: 9:30 AM
Location: Conifer Building
Bellevue Office Park, Bellevue

For more information, please call 206-5700

20/20 Vision

Do you need better vision to be a pilot, firefighter or policeman? Orthokeratology provides contact lenses.

VISION CARE CENTER
5013 NE 8TH ST
Bellevue, WA
206-746-2122