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Stephen King's newest film, "Sleepwalkers," isn't the cat's meow.

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Ninjitsu at HCC



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Tours to foreign countries allow HCC students to experience the world.

The Highline Community College

ThunderWord

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Toastmasters offer support for nervous public speakers

Lisa Hoen
Staff Writer

Your ears burn, your palms drip. It's the thing that terrifies you most, but you must go on. What could be so horrifying? Snakes? No, simply a speech. But don't worry, there is help available. A new chapter of Toastmasters International, a club for those who wish to improve speaking skills, will meet on the Highline Community College campus Wednesdays at 2 p.m. in Bldg. 7.

Toastmasters, an educational support group, helps people work through anxieties associated with the fear of public speaking. Critiques are always supportive; suggestions for improvement are included with care. If this sounds like the kind of therapy you need to combat your fears, guests are always welcome.

There are three basic levels of achievement: Competent Toastmaster (CTM), Able Toastmaster (ATM), and topmost, Distinguished Toastmaster (DTM). John Cassias, CTM and educational vice president for Toastmasters at HCC, wanted to start a club here for two reasons. There were no clubs in the area with meeting times convenient for the working student. Because Cassias is a student at HCC, he also noticed that there were many students on campus who "have a lack of presence to speak out."

Toastmasters International was the brainchild of Ralph C. Smedley, who organized the first group in 1924 to teach communication skills to high school boys at the Santa Ana, Calif. YMCA. Members would take turns making speeches, evaluating them and presiding over weekly meetings held over 15 cent dinners; hence the name Toastmasters, which sounded less intimidating than "Debate Club."

Now there are more than 7,500 clubs in 52 countries with 160,000 members. The club opened membership to women in 1973. Most are open to anyone over the age of 18. Clubs tend to take on a character of their own. Professional groups, church clubs, ethnic and bilingual clubs, prison clubs, and teen clubs are available. "It is a great way to network and make new friends," Cassias said.

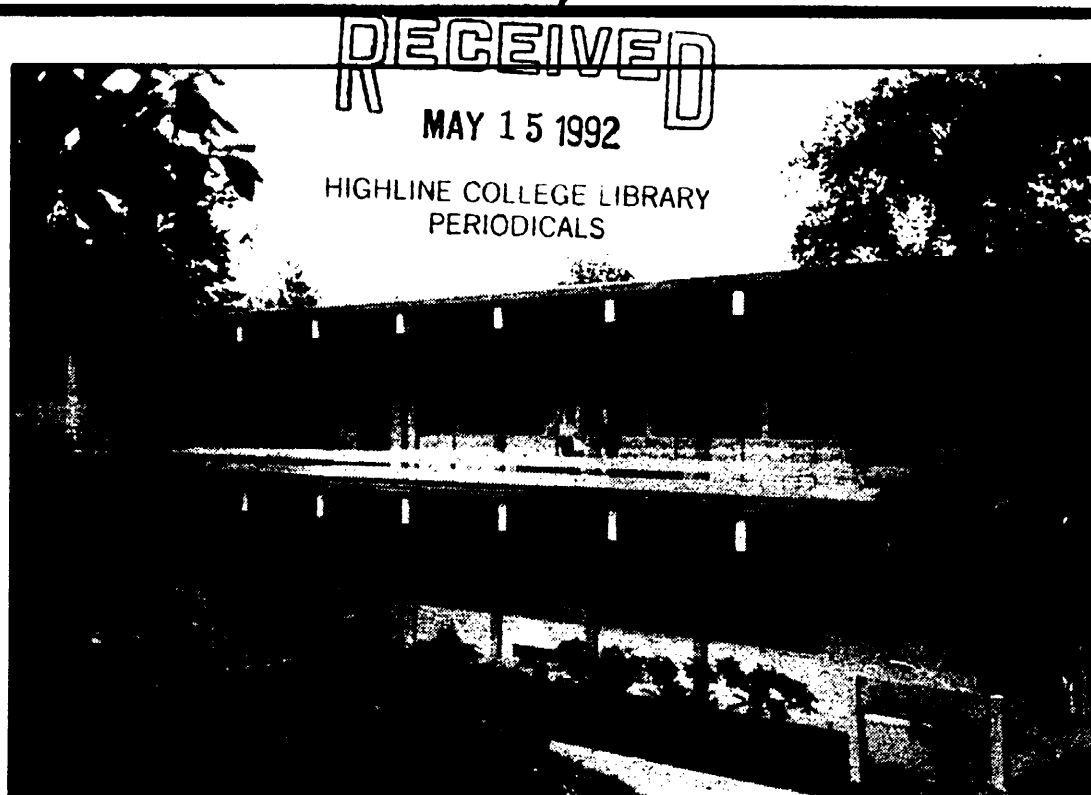
According to Toastmasters literature, the parent organization furnishes materials and programs to keep the individual clubs progressing. It promotes contests and other events, elections of upper-level officers and offers publications, including an excellent monthly magazine mailed to each member.

Membership in Toastmasters includes different tasks. Cassias, as educational vice president, assigns members to these tasks. Evaluators rate the speakers; other evaluators rate the evaluators. Grammarians, or "um-counters" in some clubs, are ever-vigilant to spot instances of faltering English. Timekeepers scold those who run long or short. Some clubs also enforce a dress code.

These methods seem more conventional than other organizations available at many times the cost. According to an article published in the New York Times, there are medical clinics available like the Center for Behavioral Medicine in Rockville, Md. They recommend a 16-week course in behavior modification that costs \$800 to \$2,000 and includes the use of beta blockers, drugs that calm a racing heartbeat and other symptoms of nervousness by preventing the flow of adrenaline.

Speakers can also join Talk Power, a \$400 two-day course, in which one tactic intended to distract speakers from fears before a speech is to have them walk around clutching ashtrays, thinking about them and chanting, "Step right, step left, feet together, ashtrays."

Toastmasters International offers good, old-fashioned positive reinforcement and gentle criticism, ingredients necessary for mastering any skill, especially public speaking.



Students on the outside looking in.

Photo by Chris Berge

Instructors refuse to sign overloads to comply with state enrollment caps

David T. Harris
Staff Writer

This quarter Highline Community College has neared the amount of full-time equivalent students (FTEs) limited by legislature, so HCC's administration has requested instructors not to sign overload slips.

In Washington state there is a limit of FTEs for community colleges that are funded by the state. Recently the limit was increased from two to four percent. However, if community colleges exceed the maximum by four percent those colleges are subject to a penalty.

There are currently more

students wanting to get into HCC than the school can serve under these limitations.

One thing that the legislature has failed to do is to adjust the limit to compensate for the growth of HCC population base over the last 10 years.

"Schools have to hit a very hard target, and often students sign up for 20 hours of class and later somewhere along drops five hours, and that kind of behavior puts the school at great risk," said Carol Utigard, who teaches Human Sexuality at HCC.

"One of the ways students are being short-changed is by packing more of them into a

classroom because it often changes the kind of assignments students get," Utigard said.

Some faculty members have bargained for low class sizes, because they believe it is the best environment for learning. They believe that giving a lot of attention to individual students is one of the big advantages of a community college.

"But to have a small student/faculty ratio is very expensive," Utigard said.

Some instructors at HCC have requested that all interested students write to the legislature and express their opinion on the overload problem.

Registration locks up to install order

Shawna McCormack
Staff Writer

The door to the Highline Community College Registration offices in Bldg. 6 has recently been locked in the evenings and during the peak hours of the day. Now, unlike before, when a student could just walk directly into the Registration offices, they must go up to the window first to be let in.

Jackie Belknap, secretary to Registrar Booker Watt, ex-

plained that the door is now locked not only for security reasons but to reduce the number of students coming back for problems that can be dealt with at the Registration windows up front.

"Sometimes it gets too crowded. It's not like we don't like the students; it's just that many problems can be dealt with at the front," Belknap said. She also explained that locking the door helps the people back in the Registration offices help

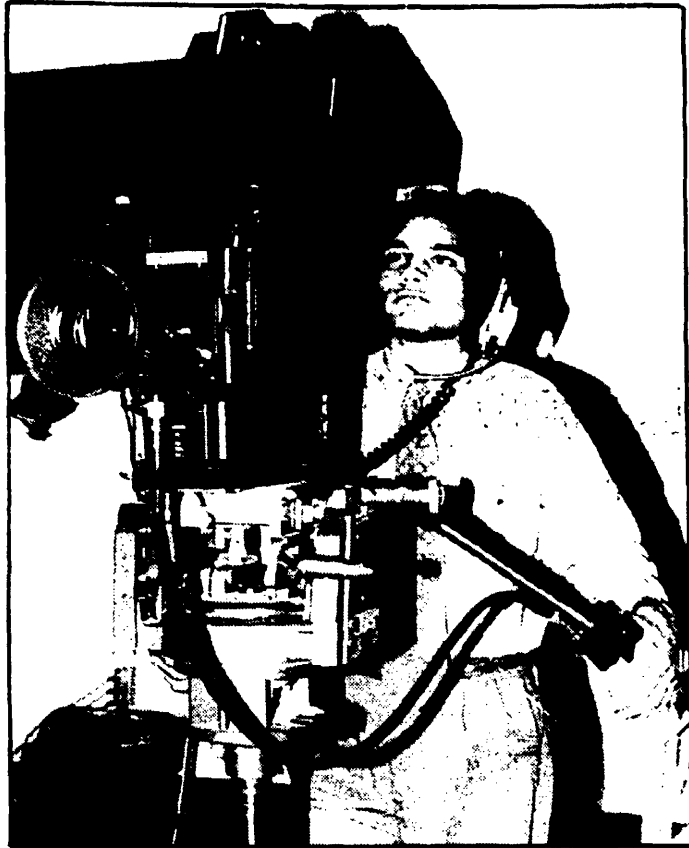
the students who do need their assistance.

Student needs, such as graduation questions, verification letters, and class problems, are dealt with in the Registration offices.

Some other duties that are performed behind the Registration door consist of: keeping

See Registration, page 3

News



Quiet on the set!

Photo by Sharon Boies

TV production class prepares students for entry-level jobs

Brian King
Staff Writer

There have been rumors on campus that the Television Production course will not be taught at Highline Community College next year. Tom Pollard explained that the course will be taught here next fall. He says that the TV News Production class is in its last year.

Pollard, who is Coordinator of the Media Services Department at HCC, teaches the Television Production class on the sixth floor of the HCC Library Tuesdays and Thursdays from 1 p.m. to 3 p.m. This course prepares students for entry-level positions in television production, scripting, on-and-off-camera work, and post production.

The course is divided into three classes; in fall quarter students take Introduction to Television Production. This introduces students to all of the television equipment such as cameras, lighting and audio.

In Winter quarter students take TV News Production. In this quarter the students put together a news production every week. The program airs in the cafeteria and the counseling center. "That class will not be here next year, mainly because in that class you're using only a little of the equipment. It doesn't work out the whole format. My primary concern that quarter was to synchronize everybody

doing the same thing at the same time to put together a live show," Pollard said.

Spring quarter students take Video Post Production. "This class is about learning the process of production and primarily post production, which is editing," Pollard explained.

Pollard says that the course has been very successful, considering that there is no advertising done for the class. "I haven't advertised because of a lack of time. I think if we did we would have more students wanting in than we could handle. By the end of the quarter, though, I will do some advertising by going to local high schools and occupational skills centers and talk to teachers and counselors, who are resources for students who are interested in TV Production and who want to know more about it," Pollard said.

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Spotlight local news:

► The Asian gypsy moth

Spencer Berntsen
Staff Writer

On Tuesday, April 21, according to the Washington Department of Agriculture, eradication of the Asian gypsy moth will begin. The Department of Agriculture is planning to spray areas of north Pierce and south King counties, an area which includes Highline Community College. The spraying will be done with a chemical known as *Bacillus thuringiensis* which is more commonly called B.t. The spraying is an attempt to stop the Asian gypsy moth from feeding on many local shrubs.

The United States Department of Agriculture has declared a state of emergency to deal with the moth. The moth was first noted in the Northwest in late 1991. The moth was brought into the country by ships carrying egg masses from eastern Russian ports. The moth feeds on more than 500 shrubs and trees, including conifers,

which are very common in the Northwest. An employee with the Asian gypsy moth hot line, Collen Adams, states, "the female moth can fly up to 20 miles, which allows it to infest large areas very easily."

B.t. is a bacterium which occurs naturally in soil that was first used in the 1950s for moth eradication. According to the Washington State

Department of Agriculture, B.t. will only harm the Asian gypsy moth in the caterpillar and butterfly stages. B.t. will not harm birds, fish, mammals or other insects. House pets will not be harmed, and their food will not need to be covered.

The State Department of Health has recommended that people with AIDS or leukemia

stay inside. According to the Department of Agriculture, spraying will take place from 5 a.m. to 7 a.m. If the spray comes in contact with a person's skin, the person is advised to wash it off. To avoid coming in

contact with the spray, stay inside for 30 minutes following spraying.

After the spraying, people may want to wash outdoor items, ranging from

cars, outdoor furniture, and children's play equipment.

Be prepared. Helicopters may be flying over homes as soon as April 21. If you have any questions call the state's toll-free number at 1-800-443-MOTH. You may also write to: Department of Agriculture, P.O. Box 42560, Olympia, Wash. 98504.



Highline's pool will remain open to students

David Cross
Staff Writer

Rumors of closing the Highline Community College pool, filling it with cement, and making a racket-ball court or storage area are all false. Physical Education Department Coordinator Don McConaughy says the state-funded pool is receiving adequate support and there is "no problem" concerning funding and keeping the pool open.

According to Ira Siebert, a lifeguard and student at HCC, the lack of swimming instructors and students are the reasons rumors continue to spread.

In the past two years, the school pool has transformed its

varsity swim team into a club status and lost two full-time instructors, Milt Orphan and Eileen Broomell. After 28 years, progression of aquatics classes has been minimal.

McConaughy says, "Today, the swim program offers

The pool is open to students Monday through Friday ...

the same number of lessons as when the program was first offered in 1964, when the swim students had to travel to Burien to swim because the HCC pool wasn't built yet."

"There are not enough FTEs (Full-Time Equivalency students)," McConaughy says.

He says the small variety of classes is a result of lack of money from the state and missing two full-time instructors that were replaced by two part-time instructors.

Siebert believes that no advertising for the swimming pool may be what leads few students to take a dive. The pool is open to students Monday through Friday from 10 a.m.-1:30 p.m. and is free to students. Because of its big deck and expansive shallow area, "the pool is the best around for teaching lessons," Siebert adds.



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News

HCC students win national awards for second year straight

Debi Phillips
Staff Writer

Lisa Farmer, a psychology student at Highline Community College, is one of 60 community and technical college students throughout the nation who were recognized for high academic achievement. The 60 students were awarded first, second, and third-place honors. Farmer was recognized in USA TODAY'S April 13 issue for being a third-place winner.

Farmer has completed 94 credits with an outstanding GPA of 3.94 and compiled a lengthy list of community service involvement. When asked how she felt about winning the award, Farmer proudly proclaimed, "So I am an Academic All-American. It's like getting the Bronze medal, but hey — it's nice."

In her winning-entry essay Farmer wrote, "The battle to piece together my tattered dignity began when I walked

through the doors of Highline's Counseling Center, carrying the shame of being a twenty-eight year old high school dropout with a pocket full of 'if only's' and 'I wish I had's.' I remember the embarrassment that I felt that day as I realized that everyone in the Counseling Center would know that I was a failure."

Farmer said, "It occurs to me now, that while I heard the saying 'Never say Die' often, I never learned that I could say it too. I have discovered that I don't have to be the underdog fighting for my dignity, but rather, I can be the one on top and in control."

She has received two full-tuition scholarships because of her recognition, and many more partial ones without even applying for them. Farmer said, "I have frantically tried to figure out where I'd go; it was between California, Texas, and Hawaii." After a recent People of Color Conference that Farmer attended in Pasco, where she

represented the Native Americans, she decided that she would miss her husband Phil and her eight-year-old daughter Shelly Cheyene too much to go to a school out of state. She has decided to attend the University of Washington and earn a B.A. and a M.A. in Psychology.

At this time she places her office as vice-president of the Native American Club at HCC as being most important to her, as well as her involvement with Community Health Services where she is a volunteer. Farmer enjoys writing poetry, songs and short fiction. One of her favorite past-times is going to pow-wows.

Whether the victory was the Bronze medal or the Gold medal, there's no doubt that Farmer values the experience of making the All-American Academic Team.

Farmer said, "No one in my family has ever graduated ... I feel excited. It was more than an honor and really a critical achievement which showed me

I'm worth it."

This is the second year in a row that a HCC student has made the USA TODAY's top 60 list of two-year school scholars. Brian Piland was a

winning nominee last year.

The event was sponsored by USA TODAY, American Association of Community and Junior Colleges, and Phi Theta Kappa International Honor Society.



Photo by Phil Farmer

Lisa Farmer won recognition from USA TODAY.

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Registration, cont. from page 1

rosters and mailing registration, evaluating graduation requirements, transferring credits, posting degrees and ordering diplomas, and computer work such as checking credits and ordering reports. Students can also obtain held report cards in the registration offices, and Registrar Watt's office is located there as well.

In addition to the practical reasons for locking the door, there are a couple of important security reasons. Betty Steiner, credentials evaluator, explained that there is an enormous amount of money involved with the cashier's office. There is access to important records and computers and in the evenings there is sometimes only one or two people working in the offices.

Some students feel that having the Registration door locked presents a major inconvenience. Leon Heck, an HCC student, feels he has the right to go into the offices if he needs to. "I pay the money to attend this school, and if I have a problem concerning registration I feel that I should be able to go into the offices without a big hassle."

There are other students who don't feel as strongly about the door but do feel that it could occasionally present an inconvenience. Julie McCormack said, "It doesn't bother me very much unless there is a big line to the windows."

Opinion

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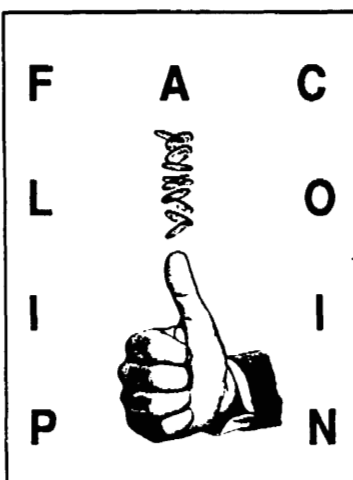
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**Steve Stearns &
Brian Johnson**
Co-managing Editors

After an all-night brainstorming session, finally the age-old topic surfaces to the top, Johnson wins the toss and states, "We need stricter gun-control laws." Stearns rebuts, "We need stricter gun-control laws like we need a bullet hole in the head."

Johnson: How can anyone who picks up the daily newspaper honestly feel that harsher gun laws are not in order. Almost anyone can troj on down to the corner gun shop and pick up a high-caliber weapon to dispose of that pesky neighborhood terrier who has been piddling on the begonias. There seems to be a problem here ...

Stearns: (dog-eared his place in the latest issue of Guns and Ammo) In order to save valuable space, I quote the Constitution: "... Congress shall make no law abridging the public's right to keep and bear arms." Period. Now if you'll just step aside, and if that squirrel will just hold still for a second ... (click)

Johnson: Okay, G.I. Joe, just admit it, we are a dangerous

society. We have people who think gun control is the ability to hit a rabbit from 100 feet away after chugging a half rack of Old Milwaukee. People can go out and choose which gun they would like to use to hold up the local 7-11. People are dying on playground basketball courts because someone happens to be a poor loser. If the availability of guns was restricted, maybe these ugly trends would take a downturn for a change. Besides, what kind of society do we live in when you can't even cut someone off on the freeway without getting shot?

Stearns: The problem with cowering folk like you, Johnson, is that you've never experienced the joy of pegging a clay pigeon at 150 meters with an Uzi. Until you do, there's just no point in arguing ... (click) (short burst of fire) (magazine change) (another short burst of fire) Damn that little rodent! And I was hoping for a trophy this time, too. Anybody seen Bullwinkle around?

Johnson: You scare me. How about some statistics there Rambo? Less than 20 people die in England from handguns every year (buying, selling or owning handguns is illegal in England.) Thousands of people die every year in the United States. I think that speaks for itself, but since you seem to have your firing-range earplugs permanently lodged in your cardrums I don't suppose you can hear it.

I realize that the enormous amount of pistol-wielding National Rifle Association (NRA) lobbyists in Washington D.C. are never going to allow the

government to pass an outright ban on guns. Maybe we can compromise. Let's start by at least making it difficult for criminals to buy firearms.

Stearns: Okay, fun's over. Fortunately, Johnson, it'll never happen. You just don't seem to understand that the Constitution gives us the undeniable right to protect ourselves. Just think about what would happen in the event that a total ban on guns was passed into law. The only people with guns would be the police and the military — and that's a scary thought. How would you like living in a quasi-military state, Johnson?

Johnson: How do you like reading about young kids getting shot every day? How about domestic disputes turned deadly? Gun laws are not working.

Another thing is, I don't buy the whole protectionism theory. If you keep a gun in your house, chances are you are going to accidentally shoot someone you live with — not an intruder like the NRA would have you believe.

Stearns: Hold your horses there, oh watcher of too many episodes of "Rescue 911." Like the old cliché goes, guns don't kill people, people do. Instead of working yourself into a screaming fit of Puritanism, why not legislate responsible gun education. Teach people about the dangers of firearms and their use. If more people were aware of how to use a

gun, and how dangerous they are, I think you wouldn't be reading about so many eleven-year-olds shooting .45s on the way to school.

Johnson: Sure, let's blanket the youth with gun propaganda. "Remember kids, when discharging your weapon, look



both ways." We already glamorize guns. It's tough enough for some parents to get their kids to think about anything but violence. Now you want the government to condone gun use. The message that kids would get could be extremely detrimental.

Stearns: The government already does condone gun use, Johnson — because they have to. Like it or not, the right to bear arms is a fundamental cornerstone of our society, and we need to learn to live with it. I say, make proper laws regarding educating the public about firearms. Not all types of weaponry should be up for sale at the gun store on the corner (I'm sorry, but even I

can't condone hunting with an M-16). However, if our society would take a less Hollywoodized look at violence and educate people properly, I feel that we'd be a lot better off than we are now.

Johnson: Maybe it's me, but firearm education as a prevention to violence doesn't make sense. Sure it may cut down on the number of accidents, but it won't do anything to reduce violence caused by gun use.

It seems strange to me that it is easier to get a gun than it is to get a motorcycle license. It is easier to obtain the means to kill another human than it is to obtain a fishing license. The problems with our society aren't going to get better unless we start to make this process more difficult. Methods such as a month, instead of a week, of "down time" after requesting a firearm before receiving (to detour any sudden urges people might get), strict training courses, enforced restrictions on who should be allowed to purchase guns would be a start.

Stearns: Longer waiting periods aren't going to solve a thing. Anyone who wants a gun will still be able to get one, regardless of bureaucracy. The only way to keep gun control legislation from getting out of hand is to emphasize that guns are dangerous and should be treated with respect — and get rid of the romantic idea that Don Johnson blowing away bad guys is a macho ideal. Okay, moose, don't move. Don't move, baby.

"Eek! There's a Hairball in That Cadaver!"

NOT LONG AGO, RECLINING IN the dentist's chair and listening to the spit sink, we found ourselves marveling at the forbearance of Dr. Potter. How could this man bear to spend every day up to his wrists in other people's saliva? Then we got to wondering, *if this doesn't make Dr. Potter squeamish, what does?* And what about urologists, butchers, and all the other people who, on a daily basis, perform tasks that are—not to put too fine a point on it—really disgusting?

Name: Emma
Profession: electrologist (Mario Badescu Skin Care)
Routine Work Activities: squeezing pimples; removing tiny mustache hairs from women's faces with an electric current while looking at them through a magnifying glass; quickly ripping hair out of the flesh around strangers' genitalia.

Object of Disgust: cleaning a hairbrush—even her own; also, the rearing sound a cat makes when trying to get rid of a hairball
Comment: "Don't get me started."

Name: Dr. Sandra Engelson
Profession: dentist
Routine Work Activities: capping excruciatingly sensitive nerve tissue with metal; injecting tiny, sharp needles into

warm, moist flesh; extracting old food particles from molars; ordering people to spit
Object of Disgust: fuzzy fruit—peaches, apricots
Comment: "I get chills just thinking about biting into a peach."

Name: Dr. Stephen Yu
Profession: resident in urology (NYU Medical Center)
Routine Work Activities: cystoscopy (inserting a lighted tube up the urethra and looking through it); rectal exams
Objects of Disgust: congealed fat on the top of chicken soup that has been refrigerated; rice pudding.
Comment: "I'd rather look at a person who's been cut in two from being run over by a subway car than congealed chicken fat—the texture... Oh, God."

Name: Danny
Profession: embalmer and body dresser
Routine Work Activities: replacing blood with chemical fluids; prettification of the dead
Object of Disgust: watching someone chew paper
Comment: "I can drain a body, no problem, but you ever see someone moving a wad of paper around in their mouth? Now, that's gross."

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Opinion

Discrimination still hinders our society

Dear Editors,

The ignorance displayed in Matt McGinnis' recent editorial concerning white male discrimination would be comical if the subject were not so serious. His unsubstantiated, unsupported rantings are yet another example of how opinions can be shaped with very little substance to back them up; in this case opinions which only serve to divide those of different racial origins, when, in fact, quite the opposite is necessary to

our government was put in place. Only 130 years ago my white male ancestors were enslaving the human beings of one race while attempting the genocide of another. Today our nation's minorities hold very few positions in the corporate or governmental power structure (How many black CEOs exist in this country, for instance?). The simple fact remains that I, being a middle-class white male, was born with more opportunities than many, if not most, minority members will achieve in a lifetime. Make no mistake, the system still strongly caters to the white male.

I am by no means proud of this legacy but I cannot deny that I feel extremely (sic) fortunate that I was born a white male. If I have to make a few concessions in order to throw off this legacy, in order to achieve our nation's supposed ideals of an equal society, than so be it. The question McGinnis' editorial poses to me is: do white males really want an equal opportunity society? Do we really want an equal playing field? Because if we do we had best prepare ourselves for the concessions necessary to achieve that equality in our society. If we do not we should stop embracing the hypocritical dogma of our so-called democracy and admit to being racist.

Perhaps the most important thing that today's middle and lower class white males must take a long, hard look at is who is really threatening their potential to succeed in our society.

Thank you,

Rod Cook

Adult Literacy article was written with sensitivity Grant for literacy program remains meager

Dear Editors,

Thank you very much for the kind and compassionate article (Adult Literacy Program reaches out to students) printed in the last issue of the "ThunderWord." It was obvious to me that you really put time, deliberation and empathy into its writing.

Most important is that the grant was cut by \$375.00. The total of the grant is now \$7200.00, still a very meager sum for the size and accomplishments of this project. The State of Washington Board for Community and Technical Colleges would be aghast at the \$375 figure and wonder just where is (sic) the world the other money had gone.

Again, it was a amicable article, written with sensitivity and concern.

Thanks to you and to the other contributors for the effort.

Patty Worthington

Students need guidance when planning their futures Students should consult their HCC faculty advisors

Jennifer L. Hill

Advertising Manager

In high school, I was one of those people who concentrated more on social activity than on making the grades. So when the subject of college came around, I held my high school transcripts and finally came to realization that I wasn't able to get into a four-year institution, nor could my parents afford it. So I took my life into my own hands and started at Highline Community College, planning to get my two-year degree and to transfer into a four-year university of my choice.

So, here I am, my second year of school at HCC, almost ready to move on, and I sigh with relief that I will be finished with school by the end of summer quarter. (I also am going into an occupation of high demand.) But I look back at some of my friends and really hurt for them, because they didn't plan ahead.

HCC really means it when they say 'sign up for a faculty advisor.' I ignored those words of wisdom, took my future into my own hands and almost ruined my chances of getting into a four-year college by Fall of

'92. I found out that by the end of my second quarter I needed to double check just to make sure I was on the right track. I thank God now I finally sat down with someone and figured out my classes and what I had to do next.

Make sure you are heading in the direction you want to be going. I work over in the Career Center and I am constantly



dealing with people who have regretted their choices because they didn't research an occupation's future potential or they didn't realize that doing accounting means sitting behind a desk and punching numbers for the rest of their lives. I know, it's easy to choose an occupation because it makes a lot of money today, but you have to remember this is going to effect you for the rest of your life.

Choose wisely. Get a faculty advisor soon and check in with them every quarter just to make sure you are doing what you need to be doing to reach your goal. Also, sit down with a counselor over at the Education Learning Center in Bldg 6. Five minutes with an advisor could really help benefit your career decisions by making sure you are not at HCC for the rest of your life.

Investigate, learn and research the field you are going into. Think of some questions that may affect your life later. If you are planning to have children, is the job flexible enough to bend with you? Is it going to pay enough for the kind of life you want to live? Is the job going to be of demand when you graduate from school? I know a man right now who has a four year degree in economics and has been working at a supermarket running a fork lift for several years now.

Make sure you are making the right choices. The most unfortunate thing is to look back on these two or more years you have had at HCC and realize you are in the same place you started at.

Accepting discrimination is the same as perpetuating it

Dear Editors,

It is extremely disheartening to find racist sentiments published in our school newspaper. Especially in light of the peaking ethnic population on the Highline campus. Matt McGinnis has made it clear that he did not intend for his unsubstantiated thinly guised racist/sexist article to be read by thinking readers. The fact that he is a staff writer brings in to (sic) question the journalistic integrity of both the ThunderWord and the writer. Feeding on renewed fears and prejudices that are fueled by economic strain and cutbacks in education, he attempts to weave threads of supremacist ethnocentric attitudes, stigmas, and blaring ignorance into a warped divisive perception of reality. However there are a number of white students on this campus who have, and will, read this article without realizing the discrepancy between it and reality. That is because some of the ignorance made apparent in the article in question is pervasive throughout the white community. Therefore (sic),

rather than dismantle Matt's article point by unsupported and illy prepared point the underlying sentiments will be addressed.

Programs designed to promote ethnic student enrollment such as the E.O.P. are often criticized for playing such a role. However, if you look very closely at the words Equal Opportunity Program nowhere will you find Black, Asian, Latino, Native American and or any other ethnic group's name attached. That is because this self describing program is a means for anyone, regardless of race or gender, to be admitted to public universities.

It is clear that education

needs to replace the aforementioned article's mis-information; this is a responsibility that the B.S.U., the Multicultural Office, as well as the other ethnic clubs are willing to help address. Please take care to attend seminars, lectures and other activities designed to accentuate multicultural harmony, because as Martin Luther King put it, "He who passively accepts evil is as much involved in it as he who helps to perpetuate it."

Isaiah Tate,
Public Relations Officer
On behalf of the Black Student Union

Letters must include signatures, addresses and telephone numbers that can be verified during daytime hours. Letters that cannot be verified will not be published. All letters are subject to editing and should be no longer than 300 words. Letters and editorials printed do not necessarily reflect the opinions of the ThunderWord or its staff. Submit letters to Bldg. 10, room 105. Deadline for Issue #3 is April 28, 1992.

Features

Fashion Marketing is more than just clothes

For this reason a number of topics are covered in class

Cheryl Vetsch
Staff Writer

"What comes immediately to your mind is: she is quiet, has an unassuming way, very efficient, knowledgeable, caring, gracious — models for all students of what fashion marketing is all about," said Carol Tamparo, chair of the Business Division, regarding Margaret (Meg) Tigard, fashion marketing instructor at Highline Community College.

Tigard's start in the fashion marketing field came from her dressmaker/grandmother who taught Tigard how to design and construct clothing for fashion dolls at a young age. Later she switched her major from English to home economics, partially because of an interest in the Vista program and nutrition; she has a minor in sociology. More than anything else she wanted to teach at the community college level. This is her fourth year at HCC. Tigard's degrees include an A.A. from Santa Monica Community College, B.A. from San Diego State University, and M.S. from the University of Nevada, Reno. Before her husband's transfer to this area, Tigard taught at DeAnza Community College in the San Francisco Bay Area for nine years.

Tigard is responsible for instructing several of the Fashion Marketing Department's classes throughout the year, including her Personal Development class this quarter.

This class appeals to a cross-section of HCC students because it is designed to build confidence and personal image. She said, "Your physical appearance is a component of yourself, and any improvement in your physical appearance will contribute to higher self-esteem and a greater sense of self-confidence."

She says she hopes her example will help back up her words to students. "It's more than just physical, though, there's a social part. If you have low self-esteem, it is associated with anxiety; people with high self-esteem are satisfied," she said. For this reason a number of topics are covered in class, such as: first impressions, nutrition, exercise, wardrobe, hairstyles, color, personal safety (how not to become a victim of mugging and rape), and skin care.

Many drama students are interested in her History of Costume class, Tigard says. It covers the historical perspective and how it relates to today's fashion. "Fashion is a reflection of social, economical, political, and technological events," she said. "It impacts and helps to identify what is going to sell ... look at costume within a social context according to what is going on in the world," she added.

Tigard's International Buying class involves import buying. "We no longer can talk about domestic and foreign products — we are so globalized. There is a unified Europe and free trade market now, so students really need to know how to participate in that global market," Tigard said.

The Contour and Ready-to-Wear, Consumer Textiles, and Cooperative Education classes also are taught by Tigard.

"Meg has become a very important part of the Fashion Marketing Program and the direction in which we are moving. She has brought to us great expertise in textiles and clothing, has introduced many new perspectives and applications in the International Buying and Costume classes, and relates to our students in a most caring and sensitive manner ... She is an excellent instructor!" said Sharon Pratt, program coordinator of the department.

Tigard, her husband, Don, and their two children reside in Gig Harbor. They enjoy out-of-door activities such as skiing, camping, hiking, fishing, and boating.

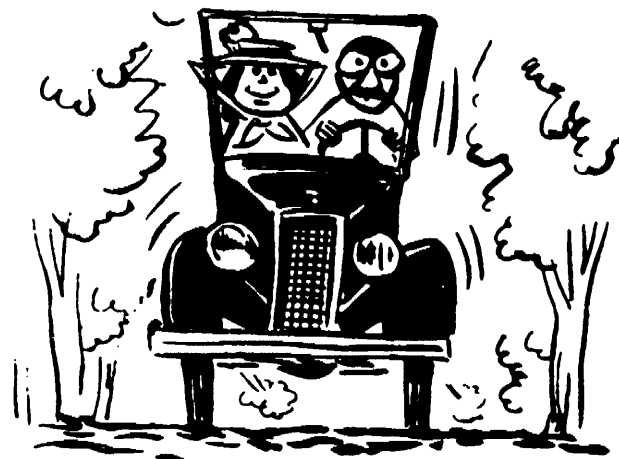


Photo by Gary Lewis
Meg Tigard instructing one of her classes.

She says! He hears!

Honey please don't follow so close to that car.

Oh! Now you think you drive better than me, huh?



The first HCC graduate to teach on campus set to retire

Phi Theta Kappa advisor Joan Fedor is teaching her last year at Highline

Robyn Nielsen
Staff Writer

Joan Fedor, Highline Community College instructor of writing and literature, will be retiring at the end of the 1991-92 school year, making her the first HCC graduate to teach and retire from HCC. Fedor has been teaching for 23 years. "I liked the opportunity to teach the two subjects I love," Fedor said.

Fedor continued, "I'll always remember the support I received from Shirley Gorden, our former college president, who helped me get into Highline in 1962. She encouraged me to apply for a position in 1967 and appointed me Phi Theta Kappa advisor in 1967."

Fedor received her B.A. and M.A. from the University of Washington in 1967, and her Ph.D. in Literature in 1976.

"I'll always remember the support I received from Shirley Gorden, our former college president ..."

—Joan Fedor

"Her dedication is inspiring," said Vickie Ropp, also an advisor for PTK. "I really ad-

mire her long-term commitment."

"I think everyone associates me with PTK and I like that. Certainly as fine as my experience has been at Highline, it would not have been as rich and varied without the challenges, travel experiences, and wonderful people I encountered with PTK," Fedor



Photo by Gary Lewis

Joan Fedor set to retire.

said.

She has been appointed PTK western region coordinator as well as one of the five members of the PTK Honors Study Topic Committee, a group that decides the topic for lecture, study, and activities for the year. This year's topic is "The Paradox of Free-

dom: A Global Dilemma."

Fedor is also the recipient of the Scholarship Hallmark Award, which is awarded for the best implementation of the

"First we had ditto machines, then photocopiers, and now computers ..."

—Joan Fedor

national yearly study topic for PTK. Implementation at HCC included topic-related activities and essay and speech contests.

When asked about the major on-campus changes over the years, Fedor said the most significant change on campus over the years was the equipment. "First we had ditto machines, then photocopiers, and now computers. I couldn't get all of my work done today without a computer."

"I am particularly fond of remembering that both of my own children attended Highline and went on to earn degrees at the U of W," Fedor said. "Not many faculty members have sent their children to Highline."

After retirement, Fedor plans on traveling and joining professional writing groups with other retired instructors.

Features

HCC and the World in review

Highline students are offered a trip of a lifetime

Davina Nolten
Senior Reporter

The "European Grand Tour," which will be offered this summer through the Highline Community College Interior Design Program, allows students to travel in France, Italy, and Greece for two weeks.

Donna Pratt, HCC Interior Design instructor, says anyone is eligible to go. "It's a wonderful experience for anybody that's never traveled out of this country before. You can see places that you always read about in books," Pratt says.

Students will have the chance to travel on the TGV high-speed train through France on this trip. They will also be traveling by ferries, some large enough to carry cars and trains and others that are passenger only.

For accommodations, students will stay in two- and three-star European hotels, comparable to some of the older hotels in Seattle. They are not modern like a Holiday Inn. However, one advantage of staying in these hotels is that each room will have its own bathroom.

Although the majority of the trip consists of seeing architectural ruins, each individual has the afternoon free. Some options include seeing the Mona Lisa in the Louvre museum in France or taking a short shopping trip in an open air market in Kusadasi,

Turkey. A side trip at additional cost is a three-day Greek Island cruise.

"I'm going to see the work of Impei, a Japanese architect who designed the glass pyramids in Paris," Pratt says.

Traveling in these countries is fairly safe because the group is led by a local guide who knows the country well. "We've been very lucky," Pratt says. However, for safety students are advised to go in groups of two or three when walking around the city.

Pratt advises students to remember basic courtesy when traveling to these countries. In Italy, for example, no short skirts are allowed in the cathedrals.

The trip costs approximately \$3,388, which includes all transportation, breakfast, dinner, and hotel. There is also an optional seven credits available towards the Interior Design Program. For more information, contact Pratt, at 878-3710, ext. 473.



"I'm going to see the work of Impei, a Japanese architect who designed the glass pyramids in Paris."

—Donna Pratt

Khalid Altaee
Staff Writer

A 10-day trip to China, Hong Kong, and Japan by the Business Division of Highline Community College will culminate finals week Spring 1993, for a group of HCC students. "Anybody is welcome to come," according to Carol Tamparo, of HCC Business Faculty. "It is designed

"Anybody is welcome to come."

—Carol Tamparo

for those who are likely to be employed in the companies that either do work in the Pacific Rim or in Asia, or will be doing work there in the future." The main purpose of the trip is to familiarize students with cultures of the area and to see how businesses in that area function.

The tour will include a visit to Tokyo Stock Exchange and Fiji International Fish Market - the largest in the

world. The group will spend their time looking into the way the transportation industry and fashion industry operate in those areas. Factories will also be visited—perhaps an automobile factory and a tire factory.

Cost has not been determined, but it is estimated at approximately \$2500 per person, which includes transportation and accommodations, with additional expenses for meals and spending money. Starting with the summer schedule the trip will be mentioned and increasingly publicized.

Tamparo and Cathy Dunn, also a member of the business faculty at HCC, will lead the tour. Both have traveled to the areas in the past and have knowledge of what the students need to know about the countries, their cultures, and their business practices.

The students who participate will earn three credits for the trip. One credit may be earned by attending weekly seminars which will be held during Winter Quarter at a time when they won't conflict with other classes. Credit will be earned during the trip through a paper written upon return. "I think the more people have that kind of experience, the better we are going to be able to live peacefully in this world," Tamparo concluded.

HCC advertising class receives tips on promotions

Kerri Hummel
Staff Writer

Although it is only the beginning of a new quarter at Highline Community College, an exciting thing has happened in Dr. Dwight Robinson's advertising class. A representative from Nordstrom came to discuss the importance of advertising.

On April 8, Amy Imkamp visited Robinson's advertising

class. Imkamp is the counter manager in fine fragrances at the Southcenter Nordstrom. "Fragrance is a fun thing to sell," Imkamp said.

Imkamp visited the class to talk realistically about advertising and to help Robinson introduce a group project for his advertising class. Robinson's advertising class had a chance to smell an exclusive fragrance and design an ad based on the

scent. "The sense of smell is stronger than the memory," Imkamp said.

Imkamp brought in an exclusive fragrance from "Fragrance is a fun thing to sell."

—Amy Imkamp

Nordstrom, Romeo Gigli — parfum for men. This unusual fragrance from Italy has only been out for a few months,

which makes it unknown to many people.

A majority of the class liked the unique fragrance of Romeo Gigli, which contains patchouli, sandalwood, oak moss, bergamot, petitgrain, sage, terragon, bitter orange, and other unique scents.

"You cannot live in a vacuum. My inspiration for fashion comes from the street and the people, from books and

life," Imkamp said as she repeated a quote from Romeo Gigli.

Last quarter Robinson's advertising class did an ad project somewhat like this one, but the fragrance used was different. Katie Heigh, one of Robinson's former advertising students at HCC, said, "It was difficult to design an ad based on a scent that not everyone liked."

Upcoming Events Board Programs

P I E R 55 Boat Cruise

Friday, 4 - 24 - 92

Boarding - 8:30 p.m.

Departing - 9:00 p.m.

Docking Midnight

\$ 6.00 with H.C.C. ID

\$ 8.00 without H.C.C. ID

\$ 10.00 at the Boat

Tickets available at the Student Lounge desk, Bldg. 8

Music by:
Sound Express

Boat leaves from
Pier 55, Seattle

Sponsored by the Highline Community College Events Board

No alcohol is allowed on board the boat

Highline Community College Events Board presents:

Some Like It Hot!

Co-Sponsored with funds from the
King County Arts Commission

Celebrating
Cinco de Mayo

With

"Bochinche"

May 1, 1992

7:30 p.m.

Bldg. 8

Highline Community College
240th & Pacific Highway
South
Des Moines, Wa. 98198

Complimentary Admission
No-host refreshments

"Gangs in America"

The criminalization of
poverty and its effect on
society. Lecture by Joe Hicks,
a former gang member.

Thursday, April 30
Noon, Bldg. 7

Additional Programs

Monday, April 27 Craze Daze Games: Get Down Day featuring music, prizes and games. Times: 11 a.m. to 1 p.m., Games include Twister and Hula Hoop Contests. Sign up for the games at the Student Lounge desk, Bldg. 8

Tuesday, April 28 Craze Daze Games: Messy Day featuring prizes and games. Times: 11 a.m. to Noon, Games include egg toss, watermelon seed spit, water balloon toss, and pie eating contest. Teams can sign up for the games at the Student Lounge desk, Bldg. 8

Wednesday, April 29 Craze Daze Games: "Friend Feud", Times: 11 a.m. to 12:30 p.m., Bldg. 8-Lounge. Sign up for the games at the Student Lounge desk, Bldg. 8.

Wednesday, April 29 Play: Shades of Racism, Bldg. 7, Time: Noon,

Saturday, May 9 Trip to Mariner's Baseball Game. The Mariner's play the Detroit Lions, Gametime: 7:05 p.m., at the Kingdome. Ticket cost is \$5.00 and are available at the Student Lounge Desk in Bldg. 8.

Tuesday, May 12 Comedy Show with comedian: Dr. Betrice Berry, 11 a.m., Student Lounge, Bldg. 8.

Wednesday, May 13 Ethnic Fair featuring music by the Ganja Farmers, Seattle reggae group, and food provided by the various ethnic clubs and organizations on campus. Times: 11 a.m. to 1 p.m., Student Lounge, Bldg. 8. The concert is free and there will be a small charge for the food.

Thursday, May 14 Open Mike for HCC student writers and poets, Time: 7 p.m., Bldg. 8-Cafeteria. Sign up to read at the Student Lounge desk, Bldg. 8. Prizes will be awarded for the best works.

Scene

Film Reviews



Big cast earns the save

The Babe Rated PG
☆☆ 1/2 (out of four)

Brian Johnson
Managing Editor

No one has ever played the game of baseball like Babe Ruth. His historic home runs are still talked about with more emotion than the prohibition, the depression or the first World War. Exitement filled the stands when Ruth stepped up to the plate.

Ruth wasn't all peanuts and crackerjacks. He was a drunk, a womanizer, a poor sport and all around big baby. He was, dare I say, incorrigible. This raises an interesting cinematic question. How much do moviegoers want to know about him?

The producers of "The Babe" are convinced we want to know the whole story. It follows the life of the baseball legend from 1902 through 1935, through the good and the bad.

Fortunately, John Goodman was cast as Ruth. Goodman plays the part with sensitivity,

respect and joy (three characteristics that could've been easily lost in the roller coaster script). He makes us care about Ruth despite his downfalls. He adds surprising depth to the role of an overgrown child in an adult world. In fact, his smile alone provides enough warmth to keep us going right up to the last at bat.

With Goodman in the lead, "The Babe" has a strong 2-3-4 lineup with Kelly McGillis, Trini Alvarado and Bruce Boxleitner. McGillis plays Ruth's mistress-turned-second-wife and long-time pal. She seems to do all she can in this sparse role of the woman who loved Ruth for who he was.

Alvarado shines as Ruth's conservative first wife, Helen. She was an intelligent woman who wanted to settle down and finally got fed up her husband's wayward attitude.

Boxleitner turns in the films strongest supporting performance as Ruth's roommate, "Jumping" Joe (they called him Jumping Joe because he always switched teams for the better

contract). He lights up the screen as Ruth's easy-going surrogate guardian who proves to be the one positive parental figure in Babe's life.

"The Babe" is not without its share of major league problems. Events that would seem important (like the World Series) are downplayed, or even ignored. If Director Arthur Hiller can drum up emotion when Ruth is on one of his drunken rampages, why can't he build up his accomplishments a little bit more. Ruth's home run derby with youngster Lou Gehrig starts to build up as one of the major conflicts, only to have the end result (Babe's 60 home run season) mentioned in passing.

Nevertheless, Goodman is able to singlehandedly capture enough emotion to save the faltering movie in the finale, the same way Ruth was able to pay respect to his faltering career in his triumphant last game. In fact, the movie itself is kind of like Babe Ruth himself. The cast (especially Goodman) hit a home run, while the movie falls on its butt in the process.

Smells like a new 'Weird Al' Yankovic album

Jason Clever
Senior Staff Reporter

"Weird Al" Yankovic's new album "Off The Deep End" hit music racks nationwide on Tuesday, April 15. The album is Yankovic's latest since the simultaneous release of the movie "UHF" and its soundtrack.

"Off The Deep End" includes parodies of Nirvana's "Smells Like Teen Spirit," Hammer's "U Can't Touch This," The New Kids On The Block's "The Right Stuff," Gerardo's "Rico Suave" and Milli Vanilli's "Baby, Don't Forget My Number" and "Blame It On The Rain."

The album also includes a polka based on recent hits of other music artists with altered tempos and instrumentals. The polka, called "Polka Your Eyes Out," incorporates recent hits such as "Cradle Of Love," "The Humpty Dance," "Losing My

Religion," and "Ice, Ice Baby" to name a few.

In addition to the polka and the overly popular parodies, the album includes such Yankovic originals as "Trigger Happy," "I Was Only Kidding," "When I Was Your Age," "Airline Amy" and "You Don't Love Me Anymore."

"I Can't Watch This," the parody of Hammer's "U Can't Touch This," and "Smells Like Nirvana," the parody of Nirvana's "Smells Like Teen Spirit," are two of his best parodies ever. After being without Yankovic's presence in the world of music for nearly three years, these hits have made him more popular than ever.

Overall, the album is not hilarious like his past albums. However, "Weird Al" Yankovic's creativity and cleverness outshine the minor drawbacks. If you are a "Weird Al" fan or even if you're not, this is definitely an album to check out.

No sleep lost over 'Sleepwalkers'

King's feline fiasco deserves to be put to sleep

Sleepwalkers Rated R
☆☆ 1/2 (out of four)

Jennifer Balston
Scott McEndree
Cine Wieners

Cats, cats, cats and nothing but cats punctuate this hair-brained, hair ball of a movie. Stephen King's feeble attempt to try and write specifically for movie audiences has no hope of escaping the Big Cat Box in the sky. Nothing but a predictable plot, unrealistic special effects, unknown actors with unknown talents and childish dialogue, make up this 120-minute side dish of intestines, eyeballs, and cat traps.

The plot thickens as the boy meets the virginal girl and goes on to enjoy lurid sex with his

own mother. He then fends off sexual advances from a pedophile male English teacher, and then proceeds to devour said English teacher head first. The boy returns to attempt to rape the virginal girl, but the girl devours the boy. A cop is killed with a number two

pencil and Clovis, the heroic house cat, sucks the blood from the boy's neck and saves the girl. Adolescence was obviously not kind to Mr. King.

"Sleepwalkers" is an open, uncreative attack upon normal relationships. King slings mud wildly at teen love, sons and mothers, homosexuals, parents, teachers, police, and even pets. He seems to be working out his own personal problems on the big screen. Is it fair to ask the public to pay \$6 to see a man demonstrate his neurosis? Remember, Pee-Wee Herman was jailed for displaying his privates in public. "Sleepwalkers" forces us to seriously believe that King's relationships are better named relation-shits. When will King finally reveal himself as the true comic he knows himself to be?



Art by Dave Bostrom

Mystery writer is inspired by alphabet

Jillian Willingham
Staff Reporter

Following in the footsteps of the likes of Phillip Marlowe and Sam Spade walks Kinsey Millhone, the main character in Sue Grafton's latest novel. Millhone is one of a growing breed of hard-boiled female private detectives.

"I is for Innocent" is part of the Kinsey Millhone series created by Grafton. The author has previously taken Kinsey through the first eight letters of the alphabet and made her one of the most popular female detectives of the genre.

Grafton has successfully created a tough, cynical character with a soft side in Kinsey Millhone. The witty dialogue and character developments are especially outstanding. Grafton squeezes a number of interesting characters into one novel, each one carrying a surprise. She avoids the cliches and typical characterizations that some mystery novels participate in.

Grafton includes vivid descriptions of her characters and locations that only add to the puzzle and the action-packed ending.

Other books by Sue Grafton include: "A is for Alibi," "B is for Burglar," "C is for Corpse," "D is for Deadbeat," "E is for Evidence," "F is for Fugitive," "G is for Gumshoe," and "H is for Homicide."

Sports

New coach to head women's basketball

Iva Dlouhy
Staff Writer

Mary Artz, the new Women's Basketball head coach at Highline Community College, manages to juggle her career as a coach and teacher, and her private life while obtaining a master's degree in Health Education.

Coach Artz finds it hard to keep up with her schedule. She teaches at HCC from 8 a.m. until 1 p.m. then coaches basketball until 4 p.m. After practice she goes home to have a quick dinner with her husband, and then she hurries again to high school basketball games

to recruit new players.

Artz recently completed her second year as assistant basketball and softball coach at HCC and also started teaching health part-time. Artz said that she is fortunate for having the opportunity to start her career at HCC. "It is great place for me to get started; people I work with are more than kind, very easy to get along with and ready to help. Students are very nice. I have no problems," Artz said.

"Starting as a new coach you have to come out with a 'big bang' because everybody is watching you," Artz said, "You have to try to live up to expectations and that is tough," yet she finds the challenge in it.

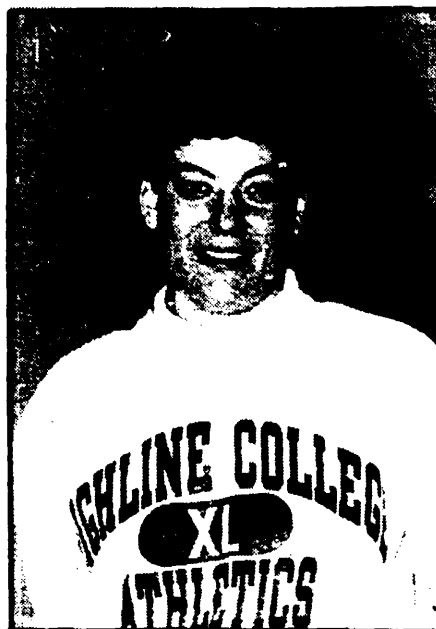


Photo by Sharon Boies
Mary Artz, Highline's new women's basketball head coach, is looking forward to the challenges that lie ahead.

Coach Artz said that HCC has established a winning tradition, and that there will be no problems with coaching basketball next year. "I am pretty confident in what I can do, and now when I have the opportunity I'll plan to take full advantage of it and put my skills to use," she said. Artz went on to say that the unity she builds with players is hard to replace anywhere else. They support each other as a real team, "Whether we win or lose we still got each other."

Coach Artz is concerned for her students and athletes, not only in the classroom and on the court, but outside as well. Her overall goal as basketball

coach and as a teacher is to have a positive impact on her students' and athletes' lives and to help them in making the right decisions. "I don't think enough people care and we as teachers have to remember why are we here," Artz said. She explained that in today's society people are caught up with themselves and don't have enough time to care.

Artz has several professional goals for here on campus. They include getting involved, knowing the faculty on campus, and helping in any way so HCC become a better school.

Coach Artz said that she feels fortunate to be at the right place at the right time, and she wishes to thank the athletic director for giving her the opportunity to get started.

Spring sports update -

HCC track & field and softball programs prepare for season finales

Simon Fishler
Staff Writer

The track and field season is winding down for the Highline Community College team. The track and field team, which competes in everything from shotput and javelin throwing to the decathlon, is gearing up for the team's final competitions. The weekend of April

25, HCC's squad will be competing at Clackamas Community College in Oregon. The invitational, hosted by CCC, will feature competition between community colleges in Washington and Oregon. HCC's Scott Kinnaman is a favorite to win the decathlon and the pole vault.

HCC's team is led by first-year coach Pat Licari. "We don't expect to win the tournament, but we do expect to place high," Licari said. The season

will conclude the last weekend of May with the final conference meet hosted by CCC. Favorites from HCC in the final conference meet are Garrett Scoggins in the 800 meter and Shelton Jackson in the 1500, 5000, and 10,000 meters.

Licari is optimistic about next year's team as this season draws to an end. The small number of team members this year hampered HCC's competitiveness, but Licari plans to recruit heavily for next season,

which begins in the fall. "We're planning on having higher numbers on the team and winning tournaments next season," Licari said. Interested students should contact Licari, Bldg. 20, or see him at the track.

Meanwhile, the women's softball team is at the halfway point in the season. With nine games remaining, the team is focusing on the playoffs. The conference playoffs will be in Spokane on May 22-23.

According to Renee Barks,

an assistant manager for the HCC team, the club is talented enough to beat anyone in the playoffs. The team's strength comes from its ability to play well together. The only weakness may be a shortage of pitchers. The squad has only two pitchers compared to three or four on other teams.

Students are encouraged to attend the remaining games to support the team as they prepare to make a run for the playoffs.

Ninjitsu instructor brings ancient art to campus

Brian Dickinson
Staff Writer

Since fall quarter Sensei Zura Goodpaster, head instructor at the Midway Dux Ryu Ninjitsu, has been teaching the basics of ninjitsu to Highline Community College Students.

Goodpaster has studied 15 different styles of martial arts, including ninjitsu. He has been studying ninjitsu for about eight years and has earned a third degree black belt. His instructor was Shidoshi Frank W. Dux, founder of Dux Ryu Ninjitsu. As a part of his training, Goodpaster learned how to scuba dive, rock climb, rappel and qualified with 20 different weapons. The reason for all of this training was to make him a versatile fighter and to teach survival techniques.

"I was attracted to ninjitsu

by the effectiveness and the versatility," Goodpaster said, "It encompasses everything, not just martial arts, but a life philosophy and survival techniques of all kinds, not just hand-to-hand combat."

Ninjitsu is considered to be

more a martial science than a martial art. The techniques are more scientific because the body reacts to certain things in certain ways. If a person attacks you and you block and counter, you are on the offensive. If you continue your at-

tack properly the opponent will only be able to react to your actions, because for every action there is a reaction.

Ninjitsu is a combination of the best techniques from all of the martial arts, this is what made the ninja the ultimate warrior. If a ninja came up against someone, he was able to read what fighting system his opponent has studied, and know what techniques to counter him with.

Goodpaster's one class fall quarter was so successful that HCC asked him to teach two per quarter.

In the class, students can expect to learn a little philosophy about the

martial arts and some basic self-defense techniques.

The techniques that Goodpaster tries to teach are real-life everyday situations. For women, it could be someone coming up from behind and grabbing them, their wrists, or putting them in a headlock to choke them. They are very simple techniques and students find out right away it takes very little strength once they learn to attack vital points.

Some of the students are a little squeamish when it comes to poking somebody in the throat or kicking them in the groin, but if your life is being threatened you have to do what you have to do to survive.

Goodpaster was offered the teaching position about a year ago, but due to his busy schedule at the ninjitsu school he wasn't able to start teaching until fall quarter.



Highline ninjitsu students warm up during class.

Photo by Gary Lewis

Sports

Seahawks scramble to plug leaks with solid draft Team needs a handful of help to be competitive

Doug McCormack
Sports Editor

As draft day for the National Football League approaches, the Seattle Seahawks face the equivalent of stopping arterial bleeding with a Q-Tip. Big cuts require big bandages, and the Seahawks have their share of gashes going into the 1992-93 campaign. Teams become extremely optimistic around draft day, but unfortunately for the Hawks, their belief in an instant solution will be short-lived. Despite the relationship between Coach Tom Flores and Owner Ken Behring, it will take more than deep pockets to dress the numerous wounds of Seattle's gridiron delegate.

The Seahawks would have you believe that running back Vaughn Dunbar out of Indiana is the cure to what ails them, but draft day tinkering might land him in Indianapolis opposite hometown Husky Steve Emtman. Even if Dunbar dons the blue and green, the Hawks will be hurt by the lack of a proven quarterback. It is still early, but the failure of either Dan McGwire or Kelly Stouffer to emerge as the number one QB has slowed the ability of Flores and Offensive Coordinator Larry Kennan to implement a new, more pass-oriented offense.

Which brings us to the receivers. Assuming (for the sake of boredom) and a general distaste for discussing anything whose most inspiring topic is Andy Heck) that the offensive line doesn't leak like a Chicago sewer pipe, it will be interesting to see who will be the second best receiver in Seattle after Brian Blades. Speedsters David Daniels and Doug Thomas must emerge along with the steady Louis Clark in order to give the Hawks a chance at opening it up.

When it comes to finding a number two back with the abil-

ity to run, block and catch effectively, fullback John L. Williams is in a class by himself. Williams is the type of player that a team loves to have and other teams hate to play against.

On the other side of the ball, the return of Eric Hayes to the Seattle defensive front gives the Hawks one of the toughest middle lines of scrimmage in the league. Led by Cortez Kennedy, the Hawks will plug the center like cement in a shotgun.

Despite his enormous talent, Rufus Porter cannot single-handedly cover for the

best linebacking crew in the league that never materialized. While Tony Woods waits to reach his potential, Dave Wyman will keep asking to get a free ticket out of Seattle. It is no secret that Wyman wants out of the Emerald City, so don't be disconcerted if he is part of a draft-day package to get another high-round pick.

In the secondary, Eugene Robinson will continue to be the most underrated safety in football. Robinson is the Nate McMillan of the Seahawks. His leadership, professional attitude and crushing crossing-pat-

tern-coma-patient-sticks will be one of the bright spots in the Seattle defensive backfield. If Robert Blackmon steps up another level -- and there is a good chance he will -- look for the Hawks to complete more deep passes this year than the opposition.

The Seahawks will not be the worst team in the AFC West next year. They will, however, search for an identity while a full philosophical metamorphosis will leave them a season away from spitting out Ground Chuck and getting used to the up-tempo Flores.

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News

Drug policy has impact on HCC

Students caught with drugs could lose federal grants

Steven Sandness
Staff Writer

Implementing the first stage of his battle plan in the war on drugs, President Reagan, while in his second term in office, began a new offensive by adopting a policy called the Drug Free Workplace Act of 1988.

This act, in brief, says: "The use or distribution of drugs by instructors or faculty members on the campuses of schools funded by federal tax dollars is prohibited, except when authorized in writing by the college." It goes on to say that a violation may result in a referral of mandatory evaluation/treatment for a substance abuse disorder and/or dismissal.

Employees at Highline Community College, if convicted of this offense, must notify officials within five days of the conviction. If the employee is engaged in the performance of a federally sponsored grant or contract, the college must notify the federal contracting agency within 10 days

of having received notice of this violation.

After that statement was issued to instructors and faculty by John Hurley, director of Personnel Services at HCC, there was another handed down the following year. This additional statement was called "The Drug Free Schools and Community Act Amendments of 1989." This act echoed the sentiments of the original act except for a few amendments which follow.

"The use of any unlawful, controlled substance while in or on property owned or controlled by HCC is absolutely prohibited, except when authorized in writing by the college" was changed to read, "The use of any controlled substance (illicit drugs and/or alcohol) is prohibited except when use or possession is prescribed by an authorized medical doctor or physician."

The State of Washington Employee Advisory Service or a college contracted referral agency will now handle any violations.

Students will now be affected and sanctions imposed. Subject to a student's right of appeal, penalties may now include a warning, disciplinary probation,

emergency withdrawal, and suspension or dismissal from HCC, depending on the severity of the violation.

Mary Lou Holland, Coordinator of Health Services at HCC, says, "This policy is a good one, because it reflects the initial policy at HCC regarding drugs or alcohol. She adds, "It solves the issue of health problems, and it eliminates undesirable behavior on campus such as bad work habits, sick leave days, and the need for higher health insurance costs."

Also, students who are receiving Pell Grants have signed the Anti-Drug Act Certification, and penalties for violations will be assessed.

According to Jeff Abramson and Mary Edington, directors of Financial Aid at HCC and Green River Community College, respectively, no precedent has been set in regards to the above act. If caught, these recipients must report their violations within 10 days to the Dept. of Education in Washington D.C. The student will probably forfeit federal tuition monies for such violations.

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Budget cuts hit Highline

Kenneth E. Calkins
Staff Writer

To comply with legislation signed April 3 by Gov. Booth Gardner, Highline Community College has cut its biennial budget. The adjusted operating budget for fiscal year 1992 is \$16,927,000.

Dr. Laura E. Saunders, dean of Administration, said the anticipated cuts were implemented in the 1991 fall quarter. "There were no permanent staff layoffs," she said. Thirteen fewer sections of instruction and a vacant accountant position in the business office were eliminated, and the purchase of some computers and equipment had to be suspended. Saunders said the teaching slots canceled were part-time positions that had never been filled.

Also canceled was the Student Award Program. This program consisted of over 120 awards for academic and athletic excellence.

Enrollment also had to be cut by 59 Full-Time Equivalents. A student taking 15 credit hours is counted as an FTE. Currently, HCC has 4,421 FTEs.

In all, Instruction and Student Services were cut by \$137,000 for this year.

The state legislature appropriates funds for community colleges every two years. These funds, Saunders said, are taken from the state's general fund. The general fund is financed

largely by the state sales tax and business and occupation tax. Other sources include licenses, permits, fees, federal grants, state charges, miscellaneous charges, and liquor profits. The amount of money each college receives is based on the number of FTEs enrolled. Funding for the 1991-93 biennium totals \$20,048,000,000. These funds are allotted among 24 community college districts state-wide. Saunders said that it is a state law to balance the general fund; the allocated funds must be spent.

The original budget cut had been anticipated at 2.5 percent instead of the actual 1.9 percent. This was because higher education was given priority by the state legislature over other considerations, Saunders said. "They estimated there would be more money available," she said. The increased revenues came from cutting all state agencies. Social and health services were hit the hardest; grades K-12 were left practically intact.

Looking ahead, Saunders seems optimistic — if certain changes are made. "It all depends on who is elected governor," she said. Saunders added that courageous leadership is needed to create a fair and equitable tax structure. This would ensure a more uniform flow of revenue, she said.

Saunders said that she would have preferred no cut at all, but that it could have been worse.



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