

Features

Cartoons point out differences in hearing

Susan K. Cozzetti
Features Editor

The *He says! She hears!* and *She says! He hears!* cartoons were printed in order to show how men and women hear differently. Like it or not there are differences between women and men! And one of the differences has to do with interpretation of what the opposite sex has said. Do the two sexes really listen to what one another is saying or do they sincerely speak a different language?

According to Deborah Tannen, who wrote, "How to Close the Communication GAP Between Men and Women," "women and men typically talk differently when they are trying to achieve the same end. And they often walk away from a conversation having 'heard' very different interactions."

Tannen also states that women and men have different conversational styles. Understanding the differences between women's and men's styles makes it possible to ease the frustration that results when others don't understand what they mean.

Perhaps in order for both sexes to make sure they are being heard correctly, they could try this exercise. Ask the other person to repeat back what you just said. If it isn't what you were trying to convey, say it again. Now have the other person repeat it. Continue doing this until you have a clear message.

Clearer communication could lead to a better understanding of one another, which in turn may be the road to more prosperous relationships.

Entrepreneurial class nurtures success

Larry Claflin
Senior Reporter

Professor Richard Gradwohl refers to modern entrepreneurship as an American phenomenon; a free-wheeling, aggressive innovation that he has been teaching at Highline Community College for 20 years.

"I even taught entrepreneurship when it wasn't popular," Gradwohl said. "Now there's a waiting list to get into these classes. That was not always the case."

In Business 155 — Entrepreneurship/Small Business Management, students form groups and brainstorm feasible business ventures. They research these ideas thoroughly; devising a plan of action, marketing plans, and customer profiles, taking into consideration all of the costs they would encounter if these were actual

entrepreneurial endeavors.

Gradwohl characterizes today's entrepreneurs as "high-energy, achievement-directed, organized individuals who don't know the words 'no', 'can't' or 'won't'." He points out their attitudes of commitment and self-reliance, their high energy level, and the fact that today's entrepreneurs feed on achievements that eventually lead to self-actualization.

Nick Krehnke, a former HCC student, has turned an idea he and his group developed in Gradwohl's class into a certified business that had its grand opening this week. Krehnke's business, Restaurant Ranger, is a food courier that delivers meals from selected restaurants to homes and businesses in the Federal Way area.



Campus beautification came early this year

Kenneth E. Calkins
Staff Writer

When Dr. Laura E. Saunders, dean of administration at Highline Community College, first came to HCC, there was not a lot of color to the campus. "We have a beautiful environment, and I wanted to enhance it," she said. About a year and a half ago, more flowers started appearing. "I want people to be proud of this campus and enjoy it."

HCC encompasses 87 acres, about 50 of which are cultivated. To maintain the grounds and add flowers takes money. The current budget of approximately \$100,000 has already been cut this year. Stan Shaw, director of plant operations and maintenance, expects the new grounds' budget taking effect July 1 to be cut by seven to 10 percent. With limited resources, Shaw said the first priority is to maintain the grounds. He said that more flowers were able to be added because everyone in the maintenance, custodial, and grounds depart-

a year. "We want to get out of the chemical aspect of it," she said.

Lead gardener, Dave Kress, has a variety of responsibilities and duties. One of his jobs is helping to select flowers and deciding where they'll be planted. Flowers are selected according to their coloring, durability, and their resistance to disease and drought, he said. Also, any suggestions from faculty, students, staff, and clubs and organizations are welcome. Flowers may be do-



"We're all dedicated to the campus."

— Stan Shaw

ments pitched in to help. "We're all dedicated to the campus," Shaw said.

Keeping the lawns and trees free of pests is a major task. Chris Brixey, buildings and grounds supervisor, is in charge of three full-time and two part-time grounds employees. HCC contracts with a local company to have the lawns, trees, and shrubs fertilized regularly. A pesticide company sprays once

nated by anyone and will be routed through proper channels. HCC currently buys flowers from the Bel-R Greenhouse in Burien. Kress said that by the end of summer quarter, HCC will have its own greenhouse completed.

HCC voluntarily restricted water usage last year. HCC buys its water from water district number 75, and is in compliance with all regulations. Lawns are not watered, Brixey said, and flower beds are watered as needed. Watering is done with a hand-held hose with a pressure cut-off nozzle. How often this is done "depends on Mother Nature," Kress said.

With an impending budget

cut, there are no immediate plans for expansion or improvement of buildings and grounds. Future plans include changing flowers from annuals to perennials, and making a master development plan for the grounds.

"It's like working for a family here."

— William Smith

Since March 1988, William Smith has worked as a full-time gardener. He has almost two years of formal study in the discipline of Horticulture. As a special project for a campus tour in 1988, Smith compiled a tour guide. The guide listed the common and Latin names of 96 varieties of trees, shrubs, and ground covers. He said that he enjoys all the people he works with, and he respects the appreciation people have for the work that has been done. "It's like working for a family here," he said.

Kirk Bysheim works part time on the grounds crew. Some of his duties include mowing lawns, picking weeds, and pruning flower beds. The correct way to prune is to pull carefully on the flower so you do not break the stem, Bysheim said. What he enjoys most about his work, he said, is being able to see how it beautifies everything.

HCC conducts tours for civic clubs and organizations that may wish to visit the campus and tour the grounds. As part of their horticulture program, South Seattle Community College visits the campus twice a year to identify the different plants, trees, and flowers growing here.

Food courier service was not Krehnke's own concept. It was first developed in 1989 and has grown into a competitive industry with a high rate of



failure. This is another aspect of Gradwohl's philosophy of modern entrepreneurship —

embracing existing concepts and improving on them into successful, profitable businesses.

Although Gradwohl admits that the 90's will be the era of entrepreneurship, he still believes that a business idea must be analyzed completely with all available methods of customer profiling, along with statistical, market, and product research.

"The days when you can

jump blind into something and fly by the seat of your pants are over. There's just too much competition; too much risk," Gradwohl said.

Gradwohl has been a member of HCC's faculty for 24 years; teaching courses in salesmanship, marketing and personal finance as well as entrepreneurship. In addition to his educational career, he currently operates four businesses and writes articles on marketing management in various trade magazines.

Features

Graduates are looking forward to a variety of endeavors *Some students will be taking the summer off while others will be continuing on with school*

Ellen Houghton
Staff Writer

Graduation is coming June 12 at Highline Community College, bringing with it different things for different people. School, work, and fun lies ahead for 1992 HCC graduates.



Photo by Matt McGinnis
Sue Cain looks forward to taking the summer off.

Each year the HCC Job Referral Office, in cooperation with the office of the Associate

Dean of Instruction, puts together a study of students graduating with an Associate of Arts, Associate in Applied Science and Associate in General Studies.

According to a study of 1990 HCC graduates, 827 students graduated and of those, 369 went on to continue their education. There were 504 working students and 87 looking for employment.

Chris Brown, 23: "I have two more classes to take during summer quarter, then I will transfer to The Evergreen State College and major in film."

Sue Cain, 28: "I'm taking the summer off from work to help my mother and get ready for next fall. I'm going to Central Washington University to major in Education."

Angie Cassidy, 20: "I'm going to Western Washington University to pursue a Bachelor of Arts in Journalism. I'll be working full-time this summer.

I really like the atmosphere at Highline more than high school.

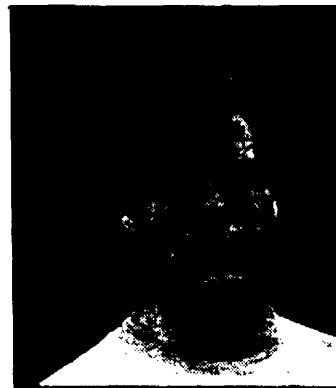


Photo by Matt McGinnis
Ben Pauk plans on majoring in Psych and Chem.

I also like the age diversity a lot, it makes it more interesting in the classroom."

Heidi Ebel: "I have one more class in the fall to take, then I'm going to CWU to major in Law and Justice. This summer I'm going to work, and maybe take a trip to Puerto Vallarta, Mexico."

Dave Edwards, 20: "I was going to go to WWU to major

in Communication Broadcasting, but since it isn't going to be offered anymore I guess I'll go to CWU. After I turn 21, I'm going to take a trip to Reno, Nevada to gamble."

Allison Fox, 20: "I'm going to WWU to major in Education. This summer I'm going to be working two jobs and probably just look for stuff for my apartment."

Bronzell Miller, 20: "I have two more classes this summer to take then I'm going to the University of Utah to play football. I'll be running a lot this summer and looking for a pair of shoes."

Vanessa Monroe, 20: "I have one class left this summer and will then be attending WWU where I will major in Marketing, but I also like the environment, that's why I took diving lessons. I came to Highline because I didn't want to go to Bellevue Community College because I didn't want to be

around snobby people. BCC is more like high school than Highline is."

Ben Pauk 20: "My only summer plans are to take a math class, then I'm going to the University of Washington in



Photo by Matt McGinnis
Angie Cassidy will be attending WWU.

the fall to major in Psychology or Chemistry."

Jodi Sorensen, 20: "I will be leaving for Utah this summer with Miller and work for a year to gain residency, then I want to go back to school to

Accounting class is doubling its staff size

Gary Lewis
Senior Reporter

Highline Community College has recently doubled its staff of accounting instructors, to include Reed Peoples and Richard Snapp. They team up with Pat Bille and Kathy Pitts to teach the many accounting classes that HCC offers its students. Peoples and Snapp mostly teach the practical accounting courses, Bille teaches some practical and some computer courses and Pitts sticks with the transfer courses.

HCC hired two new instructors because of the growing number of students enrolling in accounting courses. HCC would like the new teachers to bring in more real life circumstances. According to Snapp, the Academic Education Change Commission held a tele-conference on May 20 to get the message across to the instructors and schools that more communication is needed in the classroom, more of the basics need to be taught, and more real world situations need to be used.

Real world or not, Snapp knows his accounting. Last year he took the C.P.A. exam, which according to Snapp "is a three-day, 19 and a half hour" test that is very hard to pass on the first try. "Only seven to 10 percent pass on the first try. I just wanted to pass the first half, because you can take it in two halves," Snapp said.

He did more than pass the first half, he passed the whole test along with receiving the top score in the state. He also finished in the top 100 in the nation. He said it was kind of unfair because "only the top three in the nation are notified. The rest of us don't know if we finished four or 100." Being in the top 100 is great considering there are 70,000 in the nation that try. He received a gold paper weight for finishing first in the state.

When asked why he's not a practicing C.P.A., after doing so well on the exam Snapp replied, "it never appealed to me." He said he not only took the exam to be a certified C.P.A., but also to see how well he could do and to show his practicing C.P.A. friends he's no slouch.

So with bringing in the two new instructors HCC not only gained real life experience and filled the staff, but gained a state

The weekend means different things to different people

Iva Dlouhy
Staff Writer

The results of interviews with Highline Community College students show that different students enjoy doing different activities over the weekend such as playing sports, going dancing, and being with friends. Also, most of the students plan only about 15 to 20 percent of their time on weekends.

According to Michael Grubiak, associate dean of students and director of counseling, planning and scheduling is just a matter of balance, and while some things should be scheduled, others should be impulse. Everyone should do whatever works best for him or her.

Some people still think of a life as a three-part experience: first school, then work and finally leisure. "That is nonsense. In each part of our life should be balance," said Grubiak. According to Grubiak, over the weekends students should find time to relax and do whatever they find pleasant. He referred to the "List of pleasant events" to show how different people find different things pleasant.

- shoplifting, smoking marijuana, taking powerful drugs, being in fights, suffering for a good cause.

- brushing teeth, walking na-

ked, visiting the cemetery, caring for house plants.

- looking at the stars or moon, walking on the beach or being with boyfriend or girlfriend.

- dancing, playing sports, going to movies or hanging out with friends.

"Usually, on the most weekends I'm traveling. I like to go to either the ocean or in mountains to get away ..."

- Baub Braeden

Some actually find it pleasant to cry, while others prefer laughing.

A majority of HCC students over the weekends like to go somewhere with friends and have fun. However, the definition of fun is different for almost every student.

"Usually, on the most weekends I'm traveling. I like to go to either the ocean or in mountains to get away. I really get good feelings about the life when I visit those two destinations," said Baub Braeden, a student at HCC.

Not everyone can afford to get away each weekend. About 50 percent of HCC students work between 10 to 20 hours on weekends. "On weekends I work. Sometimes I might be able to

have a weekend night off, but it is rare," said Richard Kimmel, a student at HCC.

According to a poll of HCC students, about 75 percent of students find it relaxing to dance and be with friends. "I always go dancing, or hang around with friends, drink, smoke and talk," said Tina Uchihashi, a student at HCC.

Some students like to spend time with his or her girlfriend or boyfriend, while others don't have a choice. "(On weekends) I spend time with my girlfriend and her family because I have to. I would much rather be out with my friends partying and having a good time," said Les Betterly, a student at HCC.

According to Cathy Salmon, M.S. in Exercise Science, on weekends college students should "do some physical activity, rest up, and don't party too hard."

Some students prefer playing sports or going hiking, biking, or swimming. "(On weekends) I like to play volleyball and go waterskiing with my friends," said Cindy Tyrrell, a student at HCC.

The poll and interview showed that only 10 percent of students actually study over the weekends. Even if they are bored, students choose to watch TV or go to the movies instead.

Features

HCC offers help for newly arrived foreign students

Khalid Altaee
Staff Writer

Is the foreign student's experience different from the American student's experience at Highline Community College? Ph.D. Roger Landrud, an instructor for the Social Science department at HCC, teaches International Studies. He believes that idiomatic English and differences in moral value systems affect foreign students. Four HCC students from the Middle East were willing to discuss some of their opinions about American culture, and their experiences at HCC.

Ayham Barbour of Syria, who is in his second year at HCC, and working part-time at his brother's shop in Federal Way, has been in America for three years. Barbour says that at HCC, "You can ask questions. It is not hard. The teachers are friendly and helpful. If you ask them a question and there is no time, they talk to you after class. They have experience. You can understand whatever they explain to you." Barbour's major is mechanical engineering and he is considering transferring to Western Washington University after graduation.

Ahmed ALBanani from Kuwait, who is majoring in physical therapy, has been here for six months and is in his first quarter at HCC. He said "I was advised by the University of Washington to attend HCC."

Ebraheem ALQubasi from United Arab Emirates (UAE) is studying business administration and has been in America for over two years. He transferred to HCC after one and a half years at Bellevue Community College. "HCC is a fun school because there are a lot of pretty women you can look at, and that helps you succeed."

Ahmed Alamry is from UAE as well, and has been here for one year and two months. After graduation from HCC he plans to study accounting at Seattle University.

Landrud compared native dress and behavior of some Westerners he observed, and the impression it created about morality in the Arab quarter of Jerusalem (the Old City), with native dress of people from other countries here in

America. "In the Middle east, for example, more moral images are created by how you dress, regarding your sexuality. I don't think that is as



important here. Our moral value system is not as rigid as in other societies," he said. Barbour agreed. "People accept you." Although, he thinks there is too much freedom, like drinking in public, and teenagers behaving out of control and not being responsible, for example, he says, "I like America because you have lots of opportunity here. You can work hard, be honest and trustworthy."

When asked about adjusting and cultural shock, Alamry says he had not really experi-

enced it because he had lived in other countries before coming here; studying in England and graduating from high school in Kenya. ALBanani adjusted by taking classes in English to improve spelling and grammar. "We learned some English in our country," he said, "but here we went into more detail. It is easier to learn the language in its culture."

Barbour did not find it hard adjusting to a new culture. He believes an important point is age. "When I came here I was 20 years old. I could still accept changes," he said, but he also pointed out the fact that everybody needs help when they first arrive in a new country. ALQubasi says he had a surprise when he first arrived, while staying with an American family. "I was really shocked when the father was cleaning the kitchen and cooking and doing the dishes. Back home the man would never go into the kitchen and cook."

Responding to likes and dis-

likes about Washington, they all agreed that the weather is cooler. They like the weather and the rain. "I love it," emphasized Barbour, regarding the rain. ALQubasi said that sometimes he hates it here, and sometimes he likes it here. "I don't think it should be like this," he states about the stories of gangs and drug dealers, killing and violence, in general. All of these students miss home family especially, and friends, too. Barbour summed it up about missing home, stating, "I miss everything. I miss the buildings, the streets, the people. Home is always the best for you."

Landrud thinks international students can adjust and cope by learning the language well, especially the idiomatic structure which produces a lack of clarity with the use of slang. He also observed that often foreign students can be found isolated and sitting away from American students. He mentioned there is no avenue for interaction on campus other than food and weather, and suggested that we need foreign students to participate more, to speak in class, from their own experiences and background, in order to enrich the multicultural experience of all.

Students sleep patterns can affect their ability to learn *As a person ages his or her sleep pattern will change*

Kenneth E. Calkins
Staff Writer

Finals week (June 8-11) is just around the corner for Highline Community College students. Preparation for finals requires studying. In some cases, this can result in a loss of sleep, or sleep deprivation.

There are five stages of sleep. Stages one through four

During the night, a person will go through four or five sleep cycles.

restore one physically. The fifth stage, rapid eye movement (REM) sleep, restores one mentally. REM sleep is important for learning, for memory, and for psychological development. During the night, a person will go through four or five sleep cycles, each lasting from 90-100 minutes. REM

accounts for about 25 percent of total sleep time.

Carol Satterberg, R.N., M.N., Nursing instructor, said that sleep varies on an individual basis. "What you need is what you need." For example, Michael Armstrong, Business Division instructor, feels that he needs six or seven hours of sleep a night. Students Terry Heselwood and Keith Kemp each require five and seven hours of sleep, respectively.

Sleep patterns change with age. Infants sleep 18-20 hours a day, and middle-aged people require eight hours of sleep. Older persons need four to six hours of sleep per night, Satterberg said, even though they think they need more. "Older people do better with naps," she said.

In his book, "Secrets of Sleep," author Alexander Borbely writes that sleep deprivation can cause a reduction

in a person's ability to function effectively. Prolonged sleep



deprivation can cause both illusions and actual hallucinations. He reports that in one sleep deprivation test, the subject was convinced the supervisors wanted to kill him. Armstrong said that after a few days of sleep deprivation, he gets a headache and becomes lethargic. "The energy level isn't there," he said.

The following rules of "sleep hygiene" can, writes Borbely, help to improve sleep: Establish a regular bedtime; Reserve the evening hours for leisure activities and relaxation; Avoid naps; Avoid caffeine,

alcohol, and nicotine; Create favorable conditions for sleep, such as a quiet, dark room that is not overheated and has good air circulation.

An article in the "American Journal of Nursing," dated March 1980, listed various myths and truths about sleep. The following are myths: Alcohol enhances sleep; A good night's sleep is a deep sleep, lasting all night; Older persons require more sleep than younger persons.

The following are truths about sleep: The best preparation for a test is a good night's sleep; Some problems are solved in one's sleep; A glass of warm milk at bedtime promotes sleep.

Two more myths, Satterberg said, are: everybody needs the same amount of sleep; If students study all night, they will do better on their tests. Hesselwood said that she isn't going to cram for finals. "I

will, of course, put in more time the week before finals." When studying for tests, Kemp said that he reviews his notes and studies on a daily basis.

In his book, "The How To Go To College Book," author Michael J. Gross tells how to review for the final exam. He suggests to construct an outline of the entire course, and read it over and over and over

Create favorable conditions for sleep, such as a quiet, dark room that is not overheated and has good air circulation.

again. The night before the exam, read it over again just before you go to sleep. Several days before the exam, stabilize your habits if they've been getting loose. Also, regularize your eating habits, and have several good nights' sleep and consistent awakenings.

Men On Fashion

With your hosts ...



**Dr. Otto Von
Fahrvergnugen**

As part of the HCC spring fashion spread, two fearless ThunderWord staff members, Steve Stearns and Lisa Hoen, asked two well-known and equally fearless fashion experts, Dr. Otto Von Fahrvergnugen, author of "Style For The Disgustingly Wealthy," and Maury Karashinskipablinski, editor of "Wide Ties and Bowling Shirts Weekly," to discuss some of the latest trends in men's fashion on the Highline campus.



**Maury
Karashinskipablinski**

Plate 1



Otto: Here we see an interesting 90s-updated variation on the traditional Eastern European working man's attire. This rather puzzled looking but sartorially secure young man is not only in touch with the proud and sensible working-class roots of his ancestors, but he is also not ashamed to display for his peers his red, white and blue, apple pie eating, American heritage, as seen by his perennially tasteful and suavely hip baseball cap. Though I must say that what he's looking at remains a mystery to us all ...

Maury: (Cough) (Wheeze) (Grunt) Eh, I think that this hippie wannabe reminds me of this hitchhiker I picked up on Pac Highway about two weeks ago. Anyway, after about two minutes of talking to him, I noticed he was on drugs! All these no-good longhairs are on drugs! In my day, if we grew our hair that long, folks would say we was goils!

Otto: Goils?

Maury: Goils. You know, broads.

Plate 3



Otto: Now this gentleman is sporting some casual trends that we'll be seeing this summer. Pairing a dark-colored Windsor-knotted tie with his Ray-Bans allows him to exude a carefree, fresh feeling, while at the same time showing those around him that he's a respected man about campus.

Maury: Looks like a guy I used to bowl with. Then again, the sunglasses have got to go. Did the world suddenly become a brighter place or was it just me? Everyone and their deadbeat brother-in-law is wearing sunglasses to everything these days.

Plate 4



Otto: Again, very interesting. This man is caught in the ugly throes of depression and conflict, and the tasteful, albeit monochromatic style shouts this. This boy is confused, I say! The hair says Duran Duran, or perhaps he's a missing member of the Flock of Seagulls, but the shirt says something different to me -- it says, "I am an impoverished art student."

Or, perhaps what this ensemble means is "I'm sensitive," but the hair says "I am Aqua Net's best customer." Very contradictory, very Yin and Yang, and yet cold, aloof, distant, redundant, Jerry Brown-ish.

Intriguing ... deep. I believe that I could wallow in self-indulgent prose for hours upon end.

Maury: You have. Get a haircut, you pansy. And for God's sake, I think that wearing all black went out with "What's Happenin'" reruns.

Otto: This is quite interesting. Retro style with an early 80s twist. The spark, the attitude, the cigarette. This man is saying, "I am cool. I am now.



I am in need of a shave, and I don't care." Maury: Heh, nice earring. What a little punk. Why doesn't he smoke cigars like a real man!

Plate 2

Plate 5

Otto: Ooooooh! Now here we see the latest line from Paris. Taking a hint from the comforting hip of Armani and add just a pinch of Mahatma Gandhi, this delightful en-



semble belongs in every man's wardrobe for the summer. College students will love it because they won't have to change on their way to toga parties.

Maury: Hawaiian? I think ... I like it.

Scene

Fashion at Highline: you are what you wear

Lisa Hoen
Staff Writer

Spring in Seattle has finally arrived; but the weather this time of year is anything but predictable. When dressing for school, what's a student to do? Listen to the weatherman? Ha! Look out the window? What you see will be completely different in five minutes, so just wear what's comfortable.

Comfort does seem to be the word to describe fashion at Highline Community College.

Jeans, T-shirts and tennis shoes are most prominent these days.

According to Chuck Miles, speech and nonverbal communications instructor at HCC, people try to meet the dress expectations of the group with which they interact by wearing items and clothing not markedly different from those they associate with. "Our clothing choices are a strong determinant upon the impressions we make on others," Miles said.

Jamel Hagan, HCC student, likes to shop the Brass Plum at Nordstrom. She feels that she is a fashion-conscious person, but that isn't what is important when she's at school.

Other students feel that fashion is more than just the clothes you wear. Kaiwa Metzger expresses the way he is feeling on a particular day with clothing. "If I'm in a bad mood, I'll dress more subdued. Where I'll be that day has a lot to do with what I wear, too. If I'm going downtown, then I'll be more outrageous, but hanging around Des Moines, I'll just wear a T-shirt, jeans and

high tops."

Jennifer Parker also is motivated by mood when she dresses. "I'm an individual. I

go by what's me." If she's in a good mood, she'll wear something flashy, something that says "smile," but she also has other motivations for her unique style. "I used to weigh 225 pounds. When I was that heavy, I just wore sweats and baggy clothes. Now I can dress the way I want and I can show it all!"

A new trend is sneaking its way into HCC. There are more and more students getting into the alter-

native scene. "I've seen more Doc Martens (heavy leather work-style boots) on campus this year than ever," HCC stu-

tends besides Reeboks and acid wash."

Student Steve Dahlstrom, who sports a black leather motorcycle

the environment."

Dr. Ed Command, HCC president and administrative fashion plate, said, "I have little interest or taste in fashion. As a matter of fact, my wife shops for me." Naturally, because of his position, Command is limited to "your standard suit, long-sleeved shirt and tie." However, his passion for his alma mater has raised a few eyebrows on campus. "During the Apple Cup, I wore this gaudy, purple Huskies T-shirt," Command said. "I only kept it on for a couple of hours, but you should have seen the look on peoples' faces."

Clothing choices are clearly a powerful medium of communication. Whether instructors, students or staff members, what people wear tells others who they are.



"I don't care about popular fashion."

Photo by Steve Stearns



HCC student William Munslow said, "I appreciate seeing new trends."

Photo by Chris Berge

dent William Munslow said, "I appreciate seeing other trends besides Reeboks and acid wash."

Therefore, HCC's instructors have a standard that they should live up to in the way they present themselves. Brian Holmes, HCC anthropology instructor, said, "I dress for comfort, but I must project an image. Desirable or undesirable, I represent my discipline. We do a lot of work in the field, and we must dress appropriately for

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Scene

Let's face the music:

HCC Music Department one of state's best

Alberto V. Galvan
Staff Writer

Highline Community College's music department, headed by professor Marius Nordal is currently searching for a new music instructor to cover the vacancy left by Ed Fish, former head of the department, who died of a heart attack last December.

Currently, there are two instructors on duty, and the replacement must be found in time, so he or she can begin teaching next fall, Nordal said.

Times have changed, people have changed and so have their customs. Music is no exception. Times are rough and so is music. Mozart's passion is no longer an art or a way of expression. Music nowa-

days is a product elaborated, processed, and canned by record companies with the help of the networks. Even the great Elvis was created to compete with the black heroes of the time.

Fortunately, there are still many true music lovers willing to learn the basic fundamentals of music to become, if not good performers, at least good music listeners, therefore, music consumers. To educate the ears of those students interested in the subject is the goal of HCC's music department.

Piano seems to be the most popular instrument among HCC's students. Piano lessons are offered from beginning to advanced level and the average number of students in each class is fifteen. Private lessons are

also offered. The quality of the equipment available to all the students enrolled in music classes, and the professionalism and experience of the instructors make HCC's music department one of the best among community colleges in the state. Another positive factor is that all the classes are full, so if you are thinking of taking music instruction, plan early.

Music knowledge should be part of any student's education, because it can be as important and enjoyable as speaking a second language or being a good public speaker. The reason why students are encouraged to take piano lessons is because this instrument is substantially the most important among all of them. Any

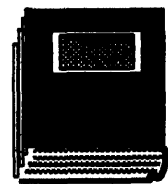
student able to understand this instrument will find it really easy to switch to any other instrument.

In other words, if a student is thinking of learning saxophone, it would be a great idea to take some piano lessons first, because this instrument may help introduce the student to music notation and songwriting, and overall, to have a general concept of what music is all about and how to apply it.

Keep in mind that most music is composed on a piano, although it might be intended to be played on some different instrument. Students should not be discouraged by the new tendencies, because music is neither a fashion nor a juvenile movement. It's fact that quan-

tity is not the problem, because there are plenty of composers everywhere. The problem may be found in the quality of the stuff they write.

Music students must assume that inspiration is not enough to become a good musician. If we compare music with English grammar, we will see that the individual who does not know how to write in English properly, will not come up with a good paper, article, story, or whatever might be, no matter how good the thoughts and ideas are. When it comes to music it is absolutely the same. There is no way to become a good composer, not even a good performer, without learning the basics. The rest is just attitude and imagination.



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Rose's is homely, but lacks variety

David Cross
Staff Writer

Walking into Rose's Highway Inn on Pacific Highway South is like walking into your grandmother's house.

Old is the only way to describe Rose's and the menu is everything but gourmet. With a short, two page menu of fried chicken, steak, and seafood, meals at Rose's are basic and greasy.

For 53 years nothing has been added, except to the prices. In 1940, Rose's top item on the menu (New York Steak dinner) was only \$1.50. Now the same menu item can be priced over \$12.00.

The customers seem to like Rose's menu despite its health and lack of variety. The traditional meals served are very tasty and the dressings, potatoes and gravy, are all homemade.

The comfortable atmosphere sets you at ease and may sucker you in to becoming a "regular" visitor. Perhaps this is why Rose's has remained open since 1939.

Order the half chicken item for \$9.50 and this is what you'll get after a five minute wait: an appetizer plate of carrots, pickles and celery with choice of dressing; your choice of tea, coffee or milk; four pieces of fried chicken; a heap of mashed potatoes with gravy and two small biscuits with butter.

Rose's is proud of their chicken, and the waitress says, "They say it's the best chicken in the world." However, they could think of a more creative way to cook chicken than frying it in oil.

Despite the stench, greasy menu, and silver-worn flatware, Rose's is a good family restaurant, perfect for Thanksgiving. Count on it being open for Thanksgiving, too.

If you are in need of grandma-like cooking and comfort, visit Rose's Highway Inn.

Scene

New music releases offer diversity, complexity

XTC – "Nonsuch"

Geffen Records

Steve Stearns
Managing Editor

Throughout XTC's fifteen-year career, the band has become known as one of the most idiosyncratic and talented, albeit relatively unknown pop groups working today. Since their landmark 1982 masterpiece "English Settlement," XTC has slowly mellowed from album to album.

The title of their latest release, "Nonsuch" (an obscure medieval term meaning "a person or thing without equal,") pretty much sums it all up. Featuring 17 tracks and produced by former Elton John associate Gus Dudgeon, "Nonsuch" is still full of the same glorious harmonies and flawless songwriting that XTC is famed for.



XTC · NONSVCH

It's also the band's mellowest release to date. With the exception of the opening rocker "The Ballad Of Peter Pumpkinhead," the rest of the album finds the band exploring more relaxed territory, as witnessed by the slow glory of "Wrapped in Grey," "Rook," "Holly Up On Poppy," and the catchy "My Bird Performs." The album's standout track, "Dear Madam Barnum," boasts melodies that would even turn the late, great Fab Four green with envy.

Though it doesn't have the diversity or the all-out guitar attack of their previous releases "Oranges and Lemons" and "The Big Express" or the unifying vision and wonder of "Skylarking," all in all, "Nonsuch" is a great purchase for anyone who likes concise, intelligent songwriting and it's also a welcome relief for the ears after the hard rock revolution of the last few months.

Primus – "Miscellaneous Debris"
Atlantic Records

Heldl VanGesen-Morman
Copy Editor

"Miscellaneous Debris," the most recent release from Primus, includes five exceptional recordings of coversongs from a different era. As can be expected, every song contains the groovy bass lines for which Les Claypool is famous.

The first song, "Intruder,"

As can be expected, every song (on Miscellaneous Debris) contains the groovy bass lines for which Les Claypool is famous.

recorded earlier by Peter Gabriel, is the least exciting of the five. However, it does not fail to live up to the great music Primus is known for.

Primus plays the second song, "Making Plans for Nigel," in a faster, hipper version of the XTC release.

"Sinister Exaggerator," originally recorded by The Residents, is the best of Les Claypool's bass playing, with a great psychedelic twist. This song could be summarized best with the words *Acid Primus* and is the highlight of the release.

The Meters, who recorded "Tippi Toes," probably didn't intend the modern jazzy sound and the groovy bass that this remake of their song boasts. This quick tune goes by fast but is one that can be listened to

The final track on Primus' newest production ("Have A Cigar") even includes something for Pink Floyd fans.

over and over again.

The final track on Primus' newest production even includes something for Pink Floyd fans. Roger Waters' original song "Have a Cigar," undergoes a face lift and shows that even the guys in Primus know a good song when they hear it (or re-record it, in this case).

The Black Crowes – "The Southern Harmony and Musical Companion"
Def American Records

Cedric Cole
Senior Reporter

I must say, I was anticipating this album for quite a while. After hearing the first radio release off the LP, "Remedy," I figured that this recording would be just as good, if not better, than the band's first release, "Shake Your Money

Maker." I fear

the band has

fallen into (and

I dread to say

the cliché,

but...) the

sophomore

slump. Don't

get me wrong,

the album is

engineered and

mixed almost

perfectly. The

songs, how-

ever, don't quite

have the get-

up-and-go that

"Shake Your

Money Maker" had.

With the arrival of this

record comes the debut of the Crowes new guitarist, Marc Ford. He has an added depth that now-departed Jeff Cease was lacking. In earlier days Rich Robinson held the lead guitar chores, while Cease was used as mostly rhythm. Ford has taken more of a lead role, while Robinson has taken a backseat. This has allowed Robinson to create some wonderful rhythms. The music has become more complex due to this.

This is an album to listen to by yourself, not, and say, with a group of friends on a roadtrip.

With the arrival of this record comes the debut of the Crowes' new guitarist, Marc Ford. He has an added depth that now-departed Jeff Cease was lacking. In earlier days Rich Robinson held the lead guitar chores, while Cease was used as mostly rhythm. Ford has taken more of a lead role, while Robinson has taken a backseat.

Some songs, such as "Remedy" and "Sting Me" are pretty pumped up, but as a whole,

"The Southern Harmony and Musical Companion" is more blues and soul influenced than "rockabilly," as the band's sound has become known as. The last cut is a cover of Bob Marley's "Time Will Tell." This track is definitely a plus because of its recording. It sounds like a bunch of friends jamming in the basement, with the vocals in the background instead of mixed in with the music.

This is an album worth buying if your into 70's-influenced blues and/or rock. In time this new release will

probably

grow on me,

but for now,

"Shake Your

Money

Maker" has

got the upper

hand. I'll be

waiting anx-

iously for the

Crowes third

release, and I

hope it'll be

more than just

"R&B with a little weed." I also hope it won't take another two and a half years to come out.

Not for honor.
Not for country.
For his wife and child.

PATRIOT GAMES

THE GAMES BEGIN JUNE 5

Sports

Highline track fares well at season finale

Simon Fishler
Staff Writer

On Memorial Day weekend, the Highline Community College track and field team competed in the conference championship. The HCC club finished sixth among the 12 colleges represented in the event. The competition took place at Clackamas Community College, the winner in both the men's and women's competition.

Garrett Scoggins, member of the HCC squad, took first place in the 800 meters. Scoggins' plan was simple for the event. "I stayed and waited in the pack until the last 150 meters before making my move, with 80 meters to go I started reeling him in," Scoggins said.

Scoggins is planning on transferring to the University



HCC runner Garrett Scoggins caught in a candid moment.

Photo by Chris Berge

of Washington in the fall. His time of 1:54 needs to be improved by approximately two seconds before being considered for the UW team. Scoggins plans on continuing his training at UW in hopes of catching the eyes of the UW track coaches.

Along with Scoggins' victory, HCC's Sheldon Jackson placed second in the 1500

meters and there was a handful of fourth-place finishes by members of the team. The first three places in every event won medals.

Pat Licari, coach of the HCC

squad, is proud of his team this year. "The guys competed well; good luck to the sophomores leaving," Licari said.

Returning next year to compete on the team will be Travis Sessler, Dave Cross, Mike Giedt, Stephen Herman, Justin Gimse, and Jamie Gardner. Licari is optimistic about next year. "Hopefully next year's numbers will be larger so we can compete, we're looking forward to the future," Licari said.

Dave Knox, who will be returning in long-distance competitions, will be training over the summer. Wednesdays, throughout the summer, West Seattle Stadium will be hosting meets. "The majority of the team will be there preparing for next year," Knox said.

Congratulations to the HCC team on a successful season and good luck next year.

Local lakes offer anglers various opportunities

Fishermen can find excellent action in regional hotspots

Matt McGinnis
Senior Reporter

When most people think of great fly fishing they envision the crystal clear waters of far-away places. They see the snow-capped mountains of Alaska, the enticing ripples of Montana, or the beautiful waterfalls of New Zealand. Anglers seem to think that in order to experience trophy waters they will have to fork over hundreds or even thousands of dollars to over-priced guide services.

This isn't the case. With summer coming to the Northwest, the lakes and streams of Western Washington will see an increasing amount of aquatic insect life. Most bodies of water have already been filled with various hatches of bugs. This enables fly fishermen to "match the hatch" and experience great fly fishing right here in King County.

I have been fly fishing nearly all of my life. I've taken trips to the waters of Alaska, Montana, Oregon, and Idaho to search for the feisty trout and other game fish. This spring I hooked and landed the biggest trout of my life. I caught a 10-pound, 30-inch Rainbow

trout one month ago, not more than five miles from the campus of Highline Community College.

This was not a Steelhead, nor a salmon, but a healthy and

It was in the evening and I was on my way in to shore on my float tube to load up and go home. I began to strip in my size-four, chartreuse Woolly Bugger when an enormous fish

came to shore.

With a quick hand measurement and a stunned look on my face, I released it back into the pond-sized lake. I estimated it at 30 inches but had no way of

knowing its weight at that time. One week later I read in the "Seattle Times" that a man had just caught a 28-inch, 10-1/2-pound rainbow out of Lake Fenwick. The fish now, no doubt, is hanging on the man's wall.

Here is a brief list of a few lakes in Washington that can produce some good fly fishing:

late afternoon there are good hatches of midges, so a small chironomid can work well. Adams, damselflies, and Woolly Buggers are other good bets. Shadow Lake, located in Maple Valley 10 miles east of Kent. It has good evening hatches of dark mayflies. Use number 12 and 14 Adams in the pods of feeding fish that emerge in the middle parts of the lake. There can be some good bass fishing along the lily pads using small popping bugs and damselflies. Spanaway Lake, located in Spanaway. Size 16 caddis, size 22 midges, and various big streamers with plenty of color.

Eastern Washington-
Dry Falls Lake, located near Ephrata. Leeches, damselflies, mayflies, caddis, Woolly Buggers, and Sparkle Duns. A float tube or small raft is a must at this lake.

Lake Lenice, located near George. Sparkle duns, San Juan worms, caddis, and chironomids. There are several other surrounding lakes to try if Lenice isn't producing.

Lake Lenore, located near Ephrata. Both black and colorful Woolly Buggers, chironomids, and fresh water shrimp flies. Fishing is at the best during early spring and in the fall.

Western Washington-
Lake Fenwick, located in Kent. In the early morning and

fat rainbow that came out of a little lake inside the city limits of Kent named Lake Fenwick.

broke the surface with my line pulled tight. It made three or four runs before it tired and



Sports

Thrillseekers find a new release with Bladeball

Brian Dickinson
Staff Writer

For the past year and a half, a daring group of people have been meeting every two weeks to do battle at West Crest Park in White Center.

The game they play is BladeBall.

BladeBall is a combination of rugby and medieval warfare. The game is played around four premises: safety, fun, sportsmanship, and combat. Safety is the most important aspect of the game. People who refuse to play safely are removed from the game.

At the start of the game, the two team captains fight in the center of the field for first pick or which end of the field they will defend. The teams are made up of 12 fighters, of which no more than nine are allowed on the field at any time.

The game is about four hours long and is divided into four quarters, lasting 45 minutes each. There are 15-minute breaks between each quarter for players to rest and repair weapons or armor if needed.

The field is between 30 and 50 yards long. The size varies



What is this? Auditions for Highlander?

Photo by Gary Lewis

depending on the number of players and must be agreed upon by everyone.

The goals used in this game are 30-gallon Rubbermaid garbage cans and the ball is made from a odd-shaped piece of duct taped foam rubber.

The main type of weapon used in BladeBall is the shinai. A shinai is a bamboo practice sword used in Kendo, (Japanese sword fighting). Other weapons such as staves, maces, axes, and spears are made with

3/4 inch (or smaller) PVC pipe, foam pipe insulation, duct tape and can weigh no more than three pounds.

To protect the players during the game, they are required to wear at least gloves, a helmet, and some sort of neck protection.

Most of the players wear football, hockey, and baseball safety pads and others build armor out of metal or plastics so they can style it to look like armor from medieval

Europe and Japan.

Like any other game, there are referees. In BladeBall, there are a minimum of three. There are also rules such as no freight-training or tackling and no extreme violence which is self-explanatory.

There is a chance of getting injured while playing this game, but if people play by the rules and are aware of what is going on during the game, the potential is reduced.

"This is probably the most

violent sport in existence today," said Charles Sawyers Jr., rookie BladeBall player, "I play because I wanted something challenging to do."

This is a game that people have to actually see or play in to really understand what it's like.

You don't have to know anything about hand-to-hand combat. If you come to a game and want to play, someone will set you up with some sort of weapon and a helmet, if extra equipment is available. Then one of the people who have played for a long time will give you a crash course on how to use the weapon.

I have been playing for about a year now. The first time I went I got hooked. The game is not as rough as it sounds. We have two or three women who play on a regular basis and they have a great time.

The goal of this group is to form a league of 5 to 10 teams in the Puget Sound area to play a set schedule for a yearly championship.

If you would like more information, call Tom or Anthony Rae at 242-0581.

HCC student selected from several candidates to cheer for Seahawks

Kerri Hummel
Staff Writer

After three hard try-outs consisting of a free dance, a pom pom cheer, several questions from a variety of judges, and a three-minute dance to a Paula Abdul song, Raina Edwards, a student at HCC, made the 1992 Seattle Sea Gals.

More than 100 women tried out, but only 24 and six alternates made the team.

Edwards was unsure about trying out until her friend, Emily Carlbauer, talked her into it. Edwards was excited and nervous about the whole situation. More than 100 women tried out, but only 24

and six alternates made the team.

Between working part time as a dental assistant and going to school, Edwards finds little time for herself. Right now her first priority is school, and she hopes to keep her g.p.a. up. Edwards, who is an outgoing person, has little time to socialize with friends because of her busy schedule. Once practices start, her free time will be cut short.

Sea Gals practice every Tuesday and Thursday for three hours. Practices are at the Seahawk training camp in Kirkland. Edwards is more interested in pleasing the crowd than meeting any of the football players. Participating in two hard practices a week, Edwards was forced to quit her regular dance class at Dance Express, which she enjoyed doing.

Friends and family are proud of Edwards. Brice,

Edwards' younger brother, was skeptical. Edwards enjoys dancing and gymnastics, but she had no idea she would actually make the team. Edwards tried out "just for the fun of it." When her number was called, she was so surprised she couldn't believe it. In Edwards' experiences as a Sea Gal, her fellow teammates have been friendly and helpful.

Edwards is more interested in pleasing the crowd than meeting any of the football players.

One of Edwards' biggest concerns is being stereotyped. She would not like to be judged by her appearance or by the way she presents herself. Edwards would like for people to get to know her before they judge her.

Vote!!
Register at the following places:

*** Student Activities, Bldg. 8**

*** Student Services, Bldg. 6**

*** Women's programs, Bldg. 21**

*** Switchboard, Bldg. 6**

News

BSU gives students a voice

BSU, cont. from Page 1

BSU gives other black students on campus a voice. It is a political outlet where students can talk about problems, and a social outlet with activities such as a talent show, ethnic days with other clubs, dances, and political forums. Keaton sees in the future "more unity. We as a people need to come together and break all stereotypical walls. Once we come together there's no stopping us."

Isaiah Tate, public relations person for the club, says that BSU provides a vehicle for support, counseling, and overall betterment of black students on campus. Tate says people need to "be real with what they feel, deal with emotions, and displace ignorance with actual information." The BSU also provides speakers of ethnic diversity through the Events Board. These speakers are knowledgeable about African-American history.

Tiffany Jones, member and former president of the BSU, feels the purpose is to make more resources available to blacks. Jones says, "For the future of HCC, I would like to see more people speaking up

and taking action." She says Black history on campus is taught in very general terms, and that not very many resources are available. History should come in all colors, she says adding that more cultural diversity of instructors would clear up stereotypes.

Lester Howie and Sean Rankin are HCC students and members of the BSU. Rankin says the BSU has helped him retain friendships and focus on issues around campus. It is also given him an opportunity to concentrate on grievances and to interact with other students.

Howie says the BSU has given him a platform "on which to express my political beliefs." He agrees with Jones that there needs to be ethnic studies and more people of color teaching on campus. We need "to have an awareness of each other, break down stereotypes, hostility, and inequity" Howie says.

The BSU has been in existence for over fifteen years. Students who are interested in the BSU can go through Multicultural Services to inquire when and where the meetings will be held. The meetings are open to anyone of any race, creed or religion who wants to attend.

Students can vote for change

Elections, cont. from Page 1

Washington, D.C., that has to do with HCC. That person is also the one to coordinate and mobilize any form of campaign or protest that may come up.

Next year, Baker would like to pay more attention to the budget since there wasn't a treasurer this year. Ten percent of tuition goes to the Service and Activity budget, which puts money towards clubs, such as sports, the "ThunderWord" newspaper, the Student Government, and

the childcare facilities. The treasurer heads up the Service and Activity Budget Committee.

There wasn't a big response for elections this year. Baker attributes this to students waiting until the last moment to sign up as candidates. He is optimistic about future elections because of the new constitution.

"Students are looking for a way to get involved. They want to change things. They're not happy with the way things are around here," Baker said.

A press release will be issued to the Public Relations office on campus with the names of the winners.

New class explores bygone era

Simon Fisher
Staff Writer

"Ban the Bomb," "Free Huey," and "Turn on, Tune in, Drop Out" read protest signs and buttons in the 1960s.

On Aug. 5 Highline Community College will offer a class which explores the dynamic, controversial decade. Robert Gluckson, a 60s veteran, will be presenting the class.

The session will be an opportunity for people to reminisce, for those who lived in the era, and a chance for the younger generation to experience the 60s mystique.

Everyone attending the class is encouraged to bring any paraphernalia from or related to the '60s. Psychedelic Grateful Dead posters, personal pictures, and memories will all be shared in the class.

Rock 'n' roll was one of the driving forces behind the cultural revolution of the age. "The essence of rock 'n' roll is feeling who you are and then expressing it," Gluckson said. Many political and

social statements were made in rock 'n' roll and then mirrored in society. According to Gluckson, one of the most potent forms of communication is rock 'n' roll, as seen in recent attempts to censor music. "The censoring is not about sex, it has everything to do with social control," Gluckson said.

Art has always been a reflection of life and a catalyst for social change. The '60s is an example of art transforming American society. The art messages of the decade included anti-war sentiment, civil rights, feminism, and freedom of speech inspired sweeping changes

throughout the land, according to Gluckson.

Gluckson's fondest memory of the dynamic decade was standing at the head of Big

Art has always been a reflection of life and a catalyst for social change.

River overlooking the ocean, forest, and picturesque lumber town of Mendocino. His thumb sticking out, he didn't know what would happen to him or where he was going, but he felt good about everything.

To share personal favorite memories or hear about the historic decade, which changed America, call HCC Continuing Education at 878-3710, ext. 341. Don't forget to bring the Jimi Hendrix and Janis Joplin tunes.

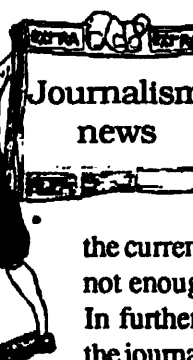
Journalism program to undergo changes

Michelle Washburn
Senior Reporter

The two-year journalism program may not be offered this coming fall at Highline Community College, because most journalism careers now require a four-year degree.

HCC wants to see the program move from being an occupational program to a transfer curriculum.

The journalism program at HCC currently offers both an Associate of Arts transfer degree (A.A.) and an Associate in Applied Science degree (A.A.S.), that is not transferrable, as a whole, to many four-year schools except for The Evergreen State College.



the current A.A.S. degree is not enough.

In further effort to change the journalism program into more of a transfer curriculum, HCC may also be moving the program from the Business Department to the Humanities Department.

Dean of Instruction Dr. Owen Cargol says that moving

the program into the Humanities Division will emphasize more of the skills involved in the division that are also necessary to the program. Cargol also said that HCC may refocus the program by adding and dropping courses in order to improve it, thereby giving it more weight.

Carol Tamparo, chair of the Business Division, said that she does not want the Journalism Program to leave her division. "There is no need to move it. It has blossomed and developed in the Business Division", Tamparo said.

Dr. Dwight Robinson will also be leaving his position as program coordinator for Journalism and Mass Media this quarter. A replacement has not yet been determined. Robinson will remain at HCC and he will instruct evening courses on a part-time basis.

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