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Tell the last gentleman.”
John Milton Hoy

“Some alien blessing
is on the way to us.”
William Henry Channing

In studies at U.W., we look at
the contributions of African,
Americans, Asian Americans,
Latino Americans, women, and
others. It’s enlightening to know
their contributions to the develop-
ment of the United States.”
Andrew Hernandez

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UW TACOMA
5. In The News
ASHC elections results
Cedar sculpture demolished
7. I Spy...
Mother sees the world through her child’s eyes
8. Mo’ Money
Taking up the slack through students’ pockets
13. No Nurse Now
Budget cuts cut health services hours
14. Ka-Boom!!
Students rocked by bomb threats
15. A Safe Ride Home
An escape is available for teens in tight spots
16. Student Union / Community Center
Student activities reorganization to include new student union
20. Summer Sports — Simple to Spectacular
Western Washington offers an array of action
21. Food Services Director Resigned
State audit says job misused
24. Summer in Seattle
Take time to relax … you’ve earned it
25. ThunderWord
Something completely different
27. Comics Page
A new feature
29. Sports Roundup
A year-end report of HCC Sports
30. Marlin
What Marlin learned this year
On May 31, Washington will mark the eighth annual World No-Tobacco Day, a day devoted to alerting citizens to the heavy toll of tobacco upon community health and the well-being of both children and adults.

According to Tobacco Free Washington, a pro-health coalition, tobacco kills more than 8,000 Washington residents every year—twice as many deaths as were attributed to car accidents, suicides, alcohol, AIDS, drugs, homicides and fires—combined.

Secondhand tobacco smoke hurts children and infants the most. The National Cancer Institute estimates that nearly 9 million children younger than five years old are regularly exposed to tobacco smoke. Medical research shows that these children are prone to bronchitis and pneumonia, as well as regular problems with asthma, coughs and ear infections.

Unborn children and infants are also particularly vulnerable. Tobacco Free Washington tells us that toxins in tobacco smoke not only affect the growth of an unborn baby, they also increase the risk of spontaneous abortion. Babies born to mothers who smoke—or who were exposed to tobacco smoke after birth—are also more likely to die of Sudden Infant Death Syndrome.

Although it is illegal to sell tobacco to children younger than 18, more teens are smoking. One out of every four high school seniors in this state admitted a regular smoking habit in 1992.

Tobacco-related deaths can be prevented. Within 20 minutes after smoking that last cigarette, a person's body slowly begins to heal. Randy Hurlow, president of the Virginia Mason Medical Center, said that within a few years, ex-smoker's risk of heart disease, lung cancer, stroke or other cancers drops off dramatically.

Hurlow suggested that you protect the children in your life from unnecessary harm: If you smoke, don't do so in enclosed areas like your home or your car, where your children will be exposed to tobacco's toxins. Avoid taking your children to restaurants or other public places that allow smoking. You can take steps to make sure your local merchants don't sell tobacco to teens. Write to your local grocery store manager and your state lawmaker and urge them to make enforcement of tobacco sales laws a top priority.

Show your respect for life by encouraging your health care provider to offer smoking cessation support groups and therapies for people who need help in conquering their addiction to tobacco.

World No-Tobacco Day is a good idea. We should all support it on May 31st.
All-USA Academic Team Recognition

Emily Carlomb has been nominated to the third team of the All-USA Academic Team. She was chosen as one of the top 60 out of 900 applicants.

The All-USA Academic Team is sponsored by USA Today and the American Association of Community Colleges. Its purpose is to recognize academic excellence and community service.

Carlomb has a high G.P.A., is a member of Phi Beta Kappa, and has done lots of community service work. In high school she volunteered for Toys for Tots and Special Olympics. More recently she has worked with the Ronald McDonald House and the City of Hope AIDS Foundation. As a dancer for the Sonics she worked with the NBA stay in school program and as a Seahawk Seagiel she volunteered at a shelter for battered women.

For being named on the third team, Carlomb was acknowledged in USA Today and received a plaque at the HCC awards ceremony on May 23.

Carlomb said she was up against some tough competition. "Some of them (other applicants) were living on the streets and now they have 4.0's," she said. Carlomb was proud of her accomplishment nonetheless. "I was really excited, she said. Being on the third team was awesome."

Associated Students of Highline College Election Results

The Associated Students of Highline College announced the results of the officer elections that were held on May 17 and 18.

Rebekka Bolton won the race for ASHC president. This year she served as student-at-large. David Othus, who was vice-president of legislation this year, was running against her.

The rest of the officers ran unopposed. Nealah Lee will be the next vice-president of legislation for the 1995-96 school year. Kim Bremer will be the next vice-president of legislation. Harmony Smith will hold the position of treasurer.
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June 8, 1995, 8:00 p.m. in the Pavilion
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Reception Following
Commencement participation form, information and instructions are available at the Registration Lobby, Bldg. 6, return prior to May 22nd.

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Opinion/Editorial

Mother sees the world through her child's eyes

by Kim Farnes

I have a kid. At least that's what everybody in the outside world calls her. I call her my window to the world. On days that seem to come straight out of "Murphy's Law," my daughter is there to make me smile and momentarily forget that I didn't do so good on a test, that the flat tire I had wasn't the end of the world, or that payday is still ten long days away. But most importantly, she is there to help me relive my life.

When a person becomes a parent, three things happen. One is that your personal time and space become much smaller. Just when you think that you have finally found a schedule that might work for you both, a child will usually say or do something that will inevitably throw it off, like fall off the jungle-gym at daycare, resulting in an injury that requires stitches at the hospital. Or just when think you have finished the laundry, she will inform you that she has created more. (Why-o-why do they make bathrooms so far away?)

The second result of becoming a parent is that your middle name soon becomes guilt. The first guilt-stricken feeling many new mothers get is usually about the style of feeding they have chosen. It never ceased to amaze me how many "well meaning" strangers were curious about how I was planning on feeding my newborn. The clerk at the grocery store was curious, as well as the gas station attendant, the cashier at McDonalds... everybody wanted to know. I wanted to know WHY they cared so much!

That decision is only the first of many. Parents then have questions about whether or not to work, what kind of television programs to allow, when to start potty-training... the decisions to be made are endless. And to reach an answer requires a lot of thought, resulting in guilt if your child looks dissatisfied in any way.

The third change is the best to me. It is the change I see in me. Having my daughter has enabled me to share in her discoveries, and in doing so has given me a whole new perspective on my world. I had to quit paying attention to things that she notices and finds pretty or amazing. I used to think that flowers and rainbows and even crows were pretty cool. But then my life got busy and I began rushing by those things without even noticing them.

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Illustration by Chris Dahle.

She notices everything. One day her lesson to me was that sometimes, if you look carefully enough, you can see a rainbow inside a drop of water. On another day, she saw a crow bury a piece of bread, then stomp down the dirt with it's foot. She noticed this while I was trying to brush the bird off, because, to me, he was being pesky, flapping around our heads while we were trying to eat.

It is at times like these that I am happy I have her to show me my world, a world that exists silently within the bustle of my day. I now find that I look for things, however small, that I can tell her about when I get home, knowing that she will listen intently with fervent interest. I don't always stop to smell the roses, but now at least I notice them as I go by.
$ Mo' Money $

Picking up the slack through students' pockets

by Kristin Marquardt

Grumbles and moans are emitted from the Fall 1995 registration line as students dig deeper into their pockets and checkbooks to find the extra $10 to pay the new math lab fee, or the $8 for new student I.D. cards.

As the line inches toward the cashier, students expecting to pay the current full-time fee of $432 will receive another blow to the pocketbooks when the cashier sympathetically explains that a $50 deposit is all that's needed to hold classes. Surprised with the lower amount, students happily hand over the deposit, thinking about what that extra money will do for them until August 10th. Then they hear the cashier's next sentence: tuition will go up for fall quarter when the legislative session ends.

Since registration has begun, the most common thing Chris Lara, lead cashier, has heard is the shock students have voiced in not knowing about the tuition increase. "Students need to read the first few pages of the quarterly," she said.

Highline Community College doesn't have any control over the tuition rise, but tuition is not allowed to rise more than five percent. State law requires an increase in tuition each year to reflect the cost of instruction. Each student pays approximately 29 percent of the cost for instruction. Georgia Dewitt, assistant cashier said, "Many of us (working at the college) have been on the other side of the counter as students."

When students register for classes the tuition is put into three separate pots of money to run the campus. Student activities and the building fund for the college get a small part of the pie. The rest goes for the cost of the classes.

The legislature allows each college in the state to apply fees to cover the cost of various services. The fees added may not increase more than five percent, according to Initiative 601. HCC is adding several new fees this year. Some of the fees for the student services include the $8 I.D. card fee, $15 for ASSET tests, and a $5 fee to process transcripts.

Some of the new student fees will allow the college to have an orientation for new students. Janet Tricamo, vice president for students, said, "The fees are being added to recover the cost of the services."

New fees that will affect a majority of the students returning for fall quarter are math and science lab fees. "The lab fees reflect the extra cost of the classes. The fees go directly to the individual departments. Laura

Saunders, vice president for administration, said, "Neither the house nor the senate budget has any room for inflation. Any increase in supplies we would have had to fund by taking the money out of some place else." All of the community colleges charge approximately the same amount for their fees.

Doris Sands, a student at HCC, said, "We wouldn't be complaining so much, but our grant money isn't going to go up to cover the cost of the fees."

Financial Aid will be doing a new budget this year that will include the new fees. Betty Muncion, Director of Financial Aid said, "Financial Aid tries to award 45 percent of the package in financial aid, in grant money to students eligible." Students needing financial aid increase 18 percent each year and the office tries to include them in the budget. The money for financial aid hasn't kept pace with the rise in tuition.

With the rising costs for education, she said, "Any student who feels they have a need should apply for financial aid and see what they are eligible for. There are different types of aid, including grants and scholarships and loans."
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LETTERS to the editor

Over the past year, ASHC has tried to represent the students in every way. I’d like to thank the students for a great year.

To the faculty and staff, I thank you for your involvement in student government.

Dr. Command, thank you for putting up with our jokes. You were a good sport.

I’d like to thank those who were in the office everyday, and all who helped our student government over the year.

Thanks again!

Rachelle Colman
94-95 ASHC President

(Editor’s note: The following letters were written to President Clinton as a class project of History 112. They are presented in brief, edited form.)

Dear President Clinton,

When the condition of a country is good, so are the prospects of the leadership keeping power. In the pursuit of this goal, we have taken it upon ourselves to produce this summary of suggestions for your review, motivated by Machiavelli’s “The Prince.”

THE MILITARY

As the president, you are the commander and chief of the military. You need the respect of the armed forces and in this area you have had a few problems.

It has been suggested that you avoided Vietnam. This doesn’t make you the best individual to be in charge of our country’s army. Maybe you should try a different image. Ask the Pentagon to send over their tailor and get yourself a cool uniform.

After all, the surgeon general gets one. You could add a couple of your spelling bee ribbons and debate team medals.

FINANCES AND TAXES

We would appreciate it if after the government has finished taking care of our medical insurance, social security, AFDC, medicare, cash for lobbies and a midnight basketball program, that those of us who must pay for these programs were able to afford a place to live. It would be a shame if you ended up with a nation full of well-insured and healthy homeless people with a great jump shot.

MORAL VALUES

We realize that alleged improprieties occurred before you took national office, but we feel that any such misbehavior can kill a politician as quickly as any assassin’s bullet. You must, in appearances at least, be irreproachable in your word and deed. That means no cheesy affairs.

OUR SCHOOLS

It might be beneficial for you to visit a public school, disguised as a teacher. Maybe you could get a glimpse of the real world and the reason why children find fear there.

CONTROL

We leave it to you and congress to make determinations that will best benefit us. It is on the toughest decisions that you earn your pay, and you must come to the best conclusion and stick by it.

We would remind you that we now live in a world wired for sight and sound. Events at any point on the globe can be seen in our living rooms within minutes. It is up to you to keep up relations with the media so we may view your triumphs as well as your shortcomings.

Your Humble Machiavellian Scholars in History 112

Dear Mr. Clinton,

This letter is an attempt to assist you in your bid for reelection next year.

It is the perception of many Americans that you have begun to appear more “presidential” in the aftermath of the bombing in Oklahoma City. Thus, we have decided that it is your best interest to follow the tragic, violent bombing all the way to its finish.

Keep in mind that the news media are not your friends.

By making yourself appear to have heroic qualities, you can gain respect. By looking back at past presidents, you can really sell yourself to the voters next year.

You can offset Republican gains by offering tax cuts to middle-class voters while portraying the GOP as the party that panders to the privileged. It is the appearance of looking good that counts, and it looks good to offer tax cuts to middle-class voters.

It’s OK if you broke your campaign promises as long as the voters don’t catch on. It is important for you to remember the words of the famous political philosophers, “Niccolo Machiavelli, “All men have eyes, but few have the gift of penetration.” Don’t let the voters penetrate your image.

Highline College History 112 Students
MARIJUANA

Throughout American History, the ethics of discipline and hard work were practiced by the people and worked into our traditions. By the 1960s, the society was saturated with the ideals of productivity and rapid progress. In rebellion to this, the younger generation formed a counter-culture and adopted a liberating lifestyle of experimenting and pleasure-seeking from which many new trends developed, among them, marijuana.

During this time period, forms of self-indulgence exercised within the counter-culture were viewed by society as sinful and unlawful, it was felt that they were apparently not contributing their potential to society. By 1968, federal restrictions had been placed on the use of THC, the active ingredient of hemp (marijuana). Caught up in the hysteria of putting down a revolution, a natural botanical substance was outlawed that has been present in our world for thousands of years. Hemp has been abused by authorities and much of the public, unapreciated for its therapeutic value, compared to other drugs to which it has little in common, and wrongly promoted as an extremely harmful substance.

The harsh penalties being imposed on users and all the efforts of law enforcement to eliminate hemp use are simply a waste of time. The demand for hemp is too great. Perhaps society could see hemp as a treatment agent for narcotic users and use it to assist in helping the war against drugs. If the public and government were more tolerable toward hemp as an individual interest and respected people's personal privacy, less time could be spent hassling citizens and more efforts could be spent addressing far more serious problems in the communities.

Hemp dates clear back to 3000 BC. Chinese herbal dating indicates it has long been used as a sedative or analgesic. Since that time, hemp has continued to be regarded as having high medicinal value and is very valuable in treating victims with glaucoma. Numerous other medical uses are helping treat depression, loss of eating habits, high blood pressure, anxiety, migraine, and various gynecological (sic) and menstrual problems. It also alleviates nausea and vomiting caused by chemotherapeutic drugs used to treat cancer patients. This leads us to a question: what about the monster multi-billion dollar pharmaceutical industry which makes hundreds of drugs whose purpose could be simply replaced by a single joint? The fact that Americans can save numerous amounts of money terrifies these big wigs and could cause an utter disaster in our health care. By resorting to THC as an alternative medicine, we would be moving to a safer and more valuable approach to therapeutic care.

Not only is hemp helpful in curing certain ailments, it also generally soothes users from the stress of everyday hassles. Hemp is a means of reducing tension and achieving a sense of well-being. It is clearly not a stepping stone to the use of harder drugs, yet it is often regarded as such by anti-drug propaganda. The THC in hemp does not kill your little white cells, it shrinks them, and over time, they can be regained. Hemp is also not physically addictive, as many other drugs are.

Even the psychological manifestations that accompany marijuana are not addicting except in extreme cases of heavy, long term usage of strong hashish such as in India or Morocco. Even these isolated effects of chronic hashish users are non conclusive and a correlation to mental deterioration (sic) from marijuana is minute.

Hemp is not physically addictive, as many other drugs are. Even the psychological manifestations that accompany marijuana are not addicting except in extreme cases of heavy, long term usage of strong hashish such as in India or Morocco. Even these isolated effects of chronic hashish users are non conclusive and a correlation to mental deterioration (sic) from marijuana is minute.

A carefully controlled study on hemp would suggest that it is only a very mild substance that requires considerable practice before its full effects are achieved. Alcohol, on the other hand, clearly appears more potent and far more research is starting to classify hemp in a category all by itself. Alcohol is much more harmful, as it produces alcoholism and an abandonment of connected conflicts: accidents, domestic abuse, family difficulties, and even death.

Would the alcohol industry like to see a new competitor on the market? Questions such as these should seriously make one consider what it is about hemp that makes it so wrong.

Continued on page 17
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by Wanda D. Terry

Pamela E. Hill is a certified medical assistant at Highline Community College for health services. She graduated from HCC and she cares about the direction the college will take. Hill said, "I love my job and only want to see good things happen (to the school)." Hill is concerned because of campus-wide budget cuts.

These budget cuts will affect the number of hours the health clinic will be open for business. Hill believes that "student health services should be open as long as there are students around, because, for most students, it's the only health care they get." Incidentally, the cuts in the office hours coincides with a growth in patient population. In 1994, health services saw ten percent of the population of HCC. So far, in 1995, health services has seen 17 percent of the population of HCC. In April, health services saw 528 patients, 416 patients in March, 524 patients in February, and 456 in January 1995.

Sandra E. Lazaroff, coordinator for Health Services, hopes that the decrease in office hours will not interfere with the quality of service. Lazaroff said, "We already took action to figure out when the busiest hours were and that's when we'll be open." Therefore, Lazaroff said, "The time available will not be as broad but by being open in what's proven to be the busiest hours, it will not have an impact." Hill believes the impact will be that health services will see the same number of people in fewer hours. Currently, the clinic is open 8 a.m. to 4 p.m. Monday to Friday. Walk-ins are welcomed all hours that the clinic is open for business. However, Lazaroff, the registered nurse, is only available at 9 a.m. to 6 p.m. on Mondays and 9 to 12 Tuesday through Thursday. To coincide with the availability of the nurse, appointments are only made between 9 to 9 on Mondays and 9 to 11 Tuesday to Thursday. Also, appointments are only for physicals and pap smears.

The clinic functions similarly to a general practice. Hill said, "We do anything a general practitioner would do, except X-rays and stitches." Health services, like general practitioners, are not surgeons or diagnostic specialists. Part of health services duties are to practice preventative medicine, to make referrals to medical doctors, counselors and dentists, to educate, and to provide information and aid to the population of HCC.

In the fall, the clinic will only be open for 25 hours per week. The good news, according to Janet Tricamo, is that for the first time the clinic will be open for 20 hours per week during the summer. Tricamo said, "In the past the clinic has not been open. This is an experiment to see if there is a demand for it." In order to meet students' needs, Tricamo would appreciate students input. Tricamo said, "If students need change, maybe it's necessary to be open one afternoon or one evening."

One way Lazaroff hopes to help meet some of the students needs is to start a monthly column in the ThunderWord.
The April 19th threat to HCC, though, came on the heels of the Oklahoma City bombing that same day. The federal building bombing is now known as the worst terrorist attack on U.S. soil, killing over a hundred people, including many children from the second-floor daycare.

With the thoughts of the Oklahoma City bombing on their minds, and with the discovery of the recent bomb threats, several HCC students became fearful that this terror could occur on campus.

Patricia DeLannoy represented 20 students who wanted answers and reassurances. With the assistance of David Othus, ASHC vice president of legislation, DeLannoy met with Ed Rector, HCC chief of safety and security, to answer her questions.

"Students are panicking," she said.

"How do we stop the fear?"

Rector reassured DeLannoy and Othus that the security and police officers do their best to make sure that everyone is safe when a threat comes in.

He said the same person seems to be making these threats, but they have no suspects at this time. Rector believes that the recent threat was spurred by the Oklahoma City bombing, but past threats could be a disgruntled student.

Rector has tried to keep the threats quiet and under control so students would not be alarmed.

"We don't want to cause panic around the campus," Rector said.

Rector, who has worked as security for other schools, realizes that bomb threats are a reality for all schools and government buildings.

"We must treat all bomb threats as a possibility of being real," Rector said.

DeLannoy was also concerned about the childcare center on campus, as she saw the horror of the federal building daycare. But the information she got from the meeting put her mind at ease concerning the situation.

"I learned things that I think are valuable for students to know," DeLannoy said, as Rector described the protocol and the seriousness with which they take these bomb threats.
Imagine you are a 15-year-old high school sophomore. It's Friday night and you're at a big party with your friends. Everybody, including you, has been downing beer after beer after beer. When it's time to leave, you head out to your car, keys in hand. As you unlock the door, you question your ability to get home safely. You know you shouldn't drive, but it's 1:30 a.m. You don't feel comfortable calling your parents or telling them you'll just walk home. If they see that you can barely stand up straight, they'll never let you out of the house again. What do you do?

You call Safe Rides. An adult driver and student navigator will pick you up, take you home and do it all confidentially and free.

Since 1989, the student and adult volunteers at Safe Rides have been spending Friday nights at a homebase. From 10 p.m. to 2 a.m., they take calls from fourth through twelfth graders who are in uncomfortable situations and need a ride home. Adult volunteer Kay Bolles says that the most calls they've had in a night is 16 and that since the program began, over 300 students have been given rides. The Safe Rides pick-up range is from Sea-Tac Mall to Burien.

Why should you care about drunk driving and the Safe Rides program? There are many reasons. According to the U.S. Department of Transportation, approximately 40% of Americans will be involved in an alcohol-related collision at some point in their lives. It also reports that in 1991, 48 percent of fatal crashes were alcohol-related. Safe Rides helps to prevent young people from putting themselves and others at risk for an alcohol-related accident.

For example, Safe Rides co-adviser Janine Zomes tells of a girl who had been babysitting. The couple she was sitting for came home two and a half hours late, and they were drunk. She didn't want them taking her home, so she called Safe Rides to come and pick her up. The months in which alcohol-related collisions most frequently occur are May through October, the Washington State Patrol reports. Not surprisingly, 26.4 percent of alcohol-related crashes happen Fridays and Saturdays between the hours of 8 p.m. and 3 a.m. By operating during part of this high-frequency crash period, Safe Rides has likely prevented a number of tragedies.

Even though you are not able to take advantage of Safe Rides' services, you may have sons, daughters, sisters or brothers who might have a use for the program. If they are in need of a ride home they can call 879-4872. Don't think that giving them the number will mean you are condoning drinking.

"We don't condone drinking, but provide a safe alternative if you find yourself in a dangerous situation," Zomes said.

Unfortunately, the Safe Rides program is in danger of shutting down due to a lack of volunteers. "We're in dire need of volunteers—students and adults," Safe Rides co-adviser Ellen Houghton said. The student volunteers would hate to have the program end.

"It's a lot of fun. We have a good time," 16-year-old volunteer Alyssa said. "I know some of the kids that we've picked up... and they think it's really cool that we gave them a ride home. I hope we get to do it next year."

If you'd like to volunteer one Friday night a month at the Safe Rides program, call Ellen Houghton at 850-4166.

Drinking and driving kills 300 to 400 people each year in Washington state. By being a responsible drinker and helping others who may be putting themselves in a dangerous situation, numerous lives could be saved.
STUDENT UNION/COMMUNITY CENTER
Student activities reorganization to include new Student Union

by Kristin Marquardt

The college is lighting a new spark. It is organizing a student union using the student activities center in Building 8. Beginning in the Fall of 1995, students will be able to watch the union concept unfold.

The goal of the college is to make the student union a central part of the college and a place where students want to be. "The college union is the heart of the campus. It is the focal point for the entire campus," said Danny Steussy, interim student activities director.

HCC is organizing the student union "to enhance campus life and increase student involvement on this campus," said Rachelle Colman, Associated Students of Highline College president.

The student government and Janet Tricamo, vice president for students, are working together to make the student union a central place where students will be able to find more of the activities and services they need quickly. Tricamo said, "The student union is really the community center of the college." The ASHC has had open forums to encourage student ideas in creating a new student activities center and a student union.

Another reason to create a student union is to get more people involved in activities on campus. Tricamo said, "Some people feel that the student activities program is not visible enough at the college."

HCC is going to hire a college union director for Fall 1995. The director will be in charge of the student activities and the running of the center. ASHC and the events board will still function in their current capacities. With the organization of the student union, all student activities will be reported to the student union director. Under the student union, the food services, the student activities and facilities departments can all work together and thus improve the campus.

The new student union will help the ASHC to advocate for the students and relay to the offices on campus what students want. "It's kind of hard as a student government now to relay that information because there aren't many people on campus we can go right up to and ask," Colman said. By having more student services and activities in one place it will be easier for student government to give better information to administration about student needs.

The student union will build community activities. For example, the nursing program could form a nutrition club. The Student Activities committee is encouraging everyone to put in proposals for new clubs to begin next year and explain how they might involve as many students as possible. They encourage people involved in existing programs to turn in proposals explaining (Continued on page 23)
Continued from page 11

and such a sin to use. Alcohol and cigarettes kill more Americans in a week than hemp has killed since 3000 BC, but these facts are ignored.

Our culture needs to quit stereotyping Hemp as an extremely powerful and harmful drug that diverts an individual's attention away from meeting the standards society has created. Why is it that our society outlaws a substance with the ruling that it is detrimental and sinfully self-indulgent, yet still allows for other substances which in fact have proven to be worse? The government should be consistent about the restrictions it places. Hemp, with its huge growth in popularity during the controversial sixties, has been given an undeserved reputation. It's medical effectiveness should be pursued; research of THC has already been authorized in many American states, and continuing with this will undoubtedly be beneficial.

Historically, hemp's worldwide popularity should speak for itself. In European countries where hemp is commonly accepted and greatly appreciated, the situation leads me to wonder why Americans are so egocentric and biased. We should have learned from their centuries of "smoking" that hemp is simply an enjoyable past-time that should be shared by all who choose to partake.
WHAT'S AROUND TOWN

Cultural

Chinatown International District Festival
July 8 and 9 is the Chinatown International District Festival from 11 a.m. to 6 p.m. There will be Asian food, music, arts and crafts. Admission is free at the Metro Plaza Station in the International District. For more information, call 883-8154.

Shakespeare Festival
Soak up some literature at the Washington Shakespeare Festival in Olympia. August 12 will be the Renaissance Fair at Sylvester Park from 10 a.m. to 5:30 p.m. and productions of "Richard III" and "Twelfth Night" begin on August 18 and run until September 2. For more information, call (360) 753-8586.

Bumbershoot
If you're a fan of the arts, Bumbershoot is a must do. It begins September 1 and lasts until September 4. Arts and food of all types will be available from 10:30 a.m. to 11 p.m. at the Seattle Center. For more information, call 682-4FUN.

WHAT'S ON CAMPUS

Salmon Bake
Multicultural Services is sponsoring a salmon bake on Thursday, June 1. Dining begins at 11:30 a.m. and lasts until the fish is gone. Follow the aroma to the southwest of Building 6, near the fountain. Native American entertainment will be featured at 12:15.

Open Forum
An open forum for students will be held on May 31 at noon and on June 3 from 5:30 to 6:30 p.m. Janet Tricermo, vice president for students, and Jack Bermingham, vice-president of academic affairs, will be hosting the event in an attempt to get student feedback. The forum will be held in the Union Bay Room, on the lower level of Building 8.

Portfolio Show
Highline Community College will be showing off its finest artwork at the Portfolio Show. Open house will be on June 2 from 2 to 8 p.m. in Building 16, Room 205. Contact Gary Nelson at 878-3713; ext. 3506, for details.

Food

Northwest Micro Brewery Festival
Cheer! June 17 and 18 marks the Northwest Micro Brewery Festival at the Herb Farm in Fall City. Samples of ales, stouts, lagers and porters will be available from noon to 6 p.m. on Saturday and 11 a.m. to 5 p.m. on Sunday. Admission is $10 to $12.50. Call 784-2222 for more information.

Taste of Tacoma
June 30 through July 2 will be the annual Taste of Tacoma at Point Defiance Park from 11 a.m. to 9 p.m. Check out the food, beer gardens, entertainment, arts and crafts. Call 252-2982 to find out more.
Vashon Island
Strawberry Festival
Strawberries! The Vashon Island Strawberry Festival is set for July 8 and 9 on Vashon Island. There will be food, crafts and entertainment from 9 a.m. to 9 p.m. On Saturday at 11 a.m. there will be a parade for more information call 463-6217.

Bite of Seattle
Admission to the Millstone Coffee Bite of Seattle will be free this year so you can use more of your money to tickle your tastebuds. Chowing begins at 11 a.m. Friday July 21 and lasts until 10 p.m. The feast continues Saturday, July 22, from 11 a.m. to 8 p.m. Call 232-2982 for more information.

King County Fair
The King County Fair is July 19 to 23 from 10 a.m. to midnight Wednesday through Saturday and 10 a.m. to 11 p.m. Sunday at the King County Fairgrounds in Enumclaw. The cost is $6.50 adults, $4.50 seniors and $3. Children ages 6 to 15. Children under 6 are free. Call 296-8888 for more information.

Waterland Festival
SeaFair Des Moines Waterland Festival is July 26 to 31. Come and enjoy the carnival, marina, fair, entertainment and parades at the Des Moines Marina. Admission is $1. Call 878-7800 for more information.

Evergreen State Fair
August 24 through September 4 is the Evergreen State Fair in Monroe on Highway 2. Come for the usual fair fare. Adults are $7, children 12-15 and seniors are $4, children 6-11 are $3 and children under 5 are free. Call 359-3309 or 794-7832 for more information.

Western Washington State Fair
Save some energy for the Western Washington State Fair at the Puyallup Fairgrounds from September 8 to 24. Cost ranges from $4 to $7. Call 841-5045 for more information.

Fairs

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SUMMER SPORTS:
SIMPLE TO SPECTACULAR

by Frank Webb

When the sun is out and the weather is warm this summer, and even when it's not, sports and outdoor activities may be on your mind.

First, there are the traditional summer sports of basketball, baseball and tennis. But if you're looking for more of a variation, here are some options.

For the relaxing type, Debbie Scott, a Highline Community College student, suggests relaxing by swimming and resting poolside in the sun. Or why not take a swing at golf. With courses located throughout the Puget Sound area, there must be one close to where you live.

Maybe swimming and golf are too laid back for you, and you're more of the daring type. For a real challenge, white-water rafting may be the ticket. Several companies operate in the state of Washington, mostly in the eastern portion, but the trip is well worth the drive.

Along the same notion of daring water sports, one might try surfing. Westhaven State Park, located just outside Westport, Wash., on the mouth of Gray's Harbor is a gathering spot of many local surfers. The water is cold, so don't forget your wetsuit, although you'll hardly notice the temperature with the rush of adrenaline running through your body and the thrill of the ocean's power pushing you along. Back on the sandy beach, for those not ready to brave the pounding surf, beach volleyball will keep your blood pumping as you kick around in the sun and sand.

If water and sand aren't your thing, maybe it's venturing into the mountains. HCC student, Derek Lais, is the rugged outdoor type. Lais is planning a hiking adventure through the Olympic Mountains. He isn't sure of the exact date, but he hopes to take the Press Expedition trail.

If you're interested in mountain biking, you might want to join Dave Booker. "I do a lot of riding around Kent, but I'd like to ride in the Cascades this summer as soon as I get a car," Booker said.

Maybe you're into the martial arts. If so, HCC student Tom Brown is a karate teacher and currently isn't working with anyone. When asked why, with a chuckle he said, "People are concerned because I teach on concrete."

But there are always those individuals who enjoy watching sports rather than participating in them. If this is the case, there are several local professional teams that would love your support. The Seattle Sounders soccer team plays in Memorial Stadium located near the Seattle Center. They are off to a great start with a 3-0 record and tickets are relatively inexpensive. If soccer isn't your sport of choice, maybe you'll enjoy baseball. The Seattle Mariners play their home games inside the Kingdome. And if you're interested in the rising stars of the Mariners, catch the AAA Tacoma Rainiers in the outdoor setting of Cheney Stadium.

As you see, there are a multitude of activities, just keep your eyes and ears open.
Food Services Director Resigned

State audit says job misused

by Carly C. Leach

Highline Community College food services manager Brenda Felt has resigned due to findings in a state audit.

The audit claimed that Felt supplied food to two Federal Way organizations, accepted gifts from suppliers, and bought food for herself from college vendors.

Felt was the manager of the Union Cafe. She resigned while the audit was still being conducted. She did not return any of the phone calls that the Thunderbird made to her.

Edward Command, president of HCC, requested the audit last fall after he noticed inconsistencies in the food services operations. He told The News Tribune that she "asked them to go as far as they needed to go any direction they wanted to go."

The state audit report states that the case is being referred to the King County Prosecutor and the Washington State Office of the Attorney General. The audit also requested that HCC make clear the policies concerning the use of college assets and implement a tighter system of supervision.

In the report, HCC responded that all administration and supervisors would be trained in the "principles of the new law and explicit policies are being developed for implementation."

During an interview with the auditing committee, Felt stated that she "was not aware that selling food inventory was an inappropriate activity for someone in her position," and that such practice was common in the private sector. The practices are not legal in the public sector though, according to the audit report.

The auditing committee also conducted interviews with other food service staff members. The report states that these staff members "confirmed that they had been using college facilities and purchasing food inventory items" for at least four years. Employees also stated that they were not aware that these activities were inappropriate.

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NATURALIST TOUR
IN THE
SAN JUAN ISLANDS

Board the Solaster for an up close and personal tour of the San Juan Islands Archipelago in search of orcas, seals, sea lions, bald eagles, marine birds and even little local history. Your guides will be Brian Rosey, founder of Pacific Northwest Science Adventures and Marine Science instructor at Highline College, and Cindy Hobbs, marine naturalist. Join us for an exciting and educational day on the water. Boat departs from La Conner Marina at 11 am.

For Registration Call:
(206) 242-6516 (Seattle)
or
(360) 671-9261 (Bellingham)
The Musically Talented

Vocalists, Kristine Grinolds and Kristina Macumber are two members of the HCC Vocal Jazz Ensemble that will be touring this summer.

Photography by Alisha Holdener

Student, Brooks Smothers plays his sax at school.

Josh Reuther, student, entertains other students with his guitar on a hot sunny day at Highline.
how they use the money they are given, and how they involve the whole campus in what they do.

Each year the SGA committee, made up of students, faculty and staff, creates a budget for the student activities for the following year. This year the committee decided to see what other clubs had money on campus. Steady said, "I think the door has always been open for people to submit new proposals but they didn't know the opportunity existed."

The SGA committee is asking for all the clubs to look at where they could make cuts in their budgets so there will be money to create new clubs. Steady said, "The goal is not to damage existing clubs, but to encourage each club to become a little more self supporting."

As the student union is put into place, Building I will be remodeled. At first the student union will use the existing facility and change the interior to create a better atmosphere. In the future, the college union director will decide if the student union center needs to be expanded. The student union center may be extended to include the child care center.

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Would You Rather Think About Birth Control 365 Times a Year... OR 4 Times a Year?"

But you didn't tell your family.

Right now, thousands of people are dying, waiting for transplants. If you've decided to be an organ and tissue donor, you must tell your family now so they can carry out your decision later. To learn more about donation and how to talk to your family call 1-800-356-SHARE.
It's July. You're lying on a sunny beach in the French Riviera. You drink mineral water and soak up the sun as you try reading a French newspaper. Tomorrow you're off to Paris for a shopping spree and a visit to the museums. The next month or so will be spent travelling through the rest of Europe, sightseeing, taking pictures, buying souvenirs. You don't have a care in the world.

Yeah right. Unless you're one of the few wealthy college students, you won't be spending a summer in Europe any time soon. Many Highline Community College students say they will be spending their summer days working. Some will even be going to school. But even though you have neither the time nor the money to take off to another continent, or even another state, there will be plenty of opportunities for fun. You could just lie in the sun until you're mistaken for a lobster, or you might want to consider some of the following activities.

Downtown Seattle is a great place to spend a summer afternoon. You can explore the Pike Place Market, stroll along the waterfront, or view your surroundings from the observation deck of the Space Needle. The Seattle Art Museum is another place to visit. Admission is free on the first Tuesday of every month. Anchors aweigh! If you can't take a cruise to the Caribbean, a ferry ride is a great alternative. Sail your way to Vashon Island, Whidbey Island, or the beautiful San Juan Islands.

If you don't mind getting your hands a little dirty, why not try some gardening? Plant some pansies, marigolds, geraniums, or maybe a rose bush. Even if you don't have a yard, you can put a few small plants in your window. If the weather isn't cooperating, and rain is all around, don't worry. Boredom is not inevitable. Head on down to the video store and rent a couple of old movies. Some good ones to check out are "To Kill a Mockingbird" or "Citizen Kane." Want to earn money while enjoying the sunshine? Then clean out your closets, basement, garage, or anything that needs cleaning out, and have a yard sale. Get rid of that old orange shirt you haven't worn in ten years. Someone else may find it very chic. Use some of your profits to treat yourself to a pint of Ben & Jerry's ice cream.

Seen any bison lately? Head out to Northwest Trek, and you'll see plenty. Take a tram ride to see free-roaming elk, bison and bighorn sheep. This large park is also home to raccoons, wolves, birds, and cougars. Plan to go on a cool, cloudy, possibly drizzly day when the animals are more likely to be up and about. If it's hot, they'll want to sleep in the shade. Northwest Trek is located 17 miles south of Puyallup in Eatonville. So pack the family into the car and get back to nature. Don't let summer fly by as you work and sleep through it all. Take advantage of these few precious months by doing something that actually won't increase your stress level. Relax, you've earned it.
... and now for something completely different.

the
T-WORD STAFF TAKES A SHOT
at
"HUMOR"
Street beat...

What is your shoe size and how does that make you feel?

"My shoes are size 9 1/2. All I gotta say is that I act my age and not my shoe size."
Ryan Barber

"Size 8. I'm not very clumsy, probably because of my small feet."
Tim McMaster

"9 1/2. It makes me feel tall because that's a big size for girls."
Emily Rogers

"Well, my boots are size 13. It makes me feel powerful because I can stomp on little things."
Chris Richards

"9 1/2. There's not many choices for me at Nordstrom Rack. It seems to be a popular size."
James McCartney

"My shoes are size 8. I like them this tall. It makes me feel taller. When you have a little heel it makes you feel better, a little sexier."
Stephanie Cuffel

by Carla C. Leach
Photography by Alisha Holdemer
THIS HONEYMOON IS OVER!!!
Every year a select number of Highline Community College students participate in school sports with little or no recognition from many of the school's students and faculty.

This past year, HCC sports had teams and individuals who had outstanding seasons, and others that were operating in the rebuilding process.

MEN'S SOCCER
First-year coach Jason Fronek was well pleased with the attitude and hard work that his players portrayed. The team was the league leader in defense.

"We were tough to score against, but we wanted to put the ball in the net," said Fronek.

With a record of 4-7 this year, and a number of new recruits coming in for next season, this hard-working bunch of guys will be one to watch out for next year.

MEN'S BASKETBALL
"They had every reason to give up in the adverse times throughout the season, but they hung in there," said coach John Davis.

Several players were lost.

WOMEN'S SOCCER
The team was very competitive this year, and came together well as the season progressed. Although the team lost to the eventual league champions in the semi-finals of tournament play, the girls gave it their all, coach Shari Andrusen said.

With new players coming in for next year, the lack of depth problem they had this year will be solved, especially at the goal-keeper position.

Over all, coach Andrusen said the season was a positive experience for all of the girls.

WOMEN'S VOLLEYBALL
A 15-2 record in league play combined with a second-place finish, coach John Littleman called it, "A pretty impressive year!"

In the conference tournament, coach Littleman's players made it to the second round before being knocked out of the competition.

The team was not only outstanding on the court, but also in the classroom. The combined GPA of the team was the highest of any HCC team.

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And because this has been the first page, I decided to recount what I have learned. There was a lot of learning that went on, but there are still a couple of unanswered questions.

First, I still don't know what a C-spot is? And second, if everything else tastes exactly like chicken, how do you describe the taste of chicken? Those are questions.

I did learn some that always a virus epidemic among the faculty. I learned that squirrels and Thunderword reporters love peanuts in the shell. I learned that when Thunderword editors or writers enter a room, students, staff, and faculty in that room are usually stricken with fear. I learned that educated people are not necessarily intelligent people. I learned that tired old men should never try to beat young women at basketball. I learned that there are testicle festivals all over Montana and Wyoming. I learned that most jokers don't wanna share their jokes with a columnist. Female squirrels are as fickle as their human counterparts. I learned that Mercury made no Cougar wagon in 1977. Losers usually blame someone other than themselves. I learned that educated people are not necessarily intelligent people. I learned that there are testicle festivals all over Montana and Wyoming. I learned that most jokers don't wanna share their jokes with a columnist. 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STUDENT FORUM WITH HCC VICE PRESIDENTS
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Meet with Dr. Jack Berningham, V.P. for Instruction
and
Dr. Janet Strack, V.P. for Students

Wednesday, May 31 - Noon - 1:00 p.m.
Thursday, June 1 - 5:00 - 6:30 p.m.
UNION BAY ROOM — Building 8, Lower Level
Refreshments!

EVENTS BOARD 1995-1996

Help us decide how to spend $16,000
Please take a moment to fill this survey out and return to the Events Board office on the 2nd floor of Bldg. 8 by June 5, 1995. To show our appreciation for returning this survey, a free gift will be waiting you.

Check one in each of the following categories:
For dances, do you prefer:
- Live Music
- Professional DJ
- Rhythm & Blues
- Semi-Formal
- Ethnic Music
- Other
- Top 40
- Oldies
- Our choice

For recreation:
- Hiking, Mt. Rainier
- Mariners
- Seahawks
- Pool Tournaments
- Other

Select 4 from this list of other possible events:
- Poetry Reading
- Ethnic Dance Lessons
- Lectures
- Soap Carving
- Dinner Theatre
- Flower / Balloon sale
- Corn Roasts
- Shakespeare
- Club Fair
- Karaoke
- Wedding
- Children's Programs
- Casino Night
- Carnival

Tell us about yourself:
- Age:
- Other:
- Ethnic:
- Other:

How old are you:
- 20-29
- 30-40
- 40 or more

How old is your strongest:
- Male
- Female

Thank you for your cooperation.