

The Thunderword

The voice of the students

Volume 36, Issue 8

Highline Community College

January 16, 1997

Highline textbook prices average

Bookstore says faculty can help cut book costs

By Dana Joseph
Staff Reporter

Textbooks purchased at the Highline bookstore fall in the middle of prices at other nearby colleges, the bookstore's director said last week.

Jonathan Koehler told the Board of Trustees that a study of textbook prices at five colleges placed Highline in the middle, with prices slightly lower than Green River and Tacoma colleges, slightly higher than Pierce College and much higher than the University of Washington.

The study looked at textbook prices for five common classes (Writing 101, algebra, calculus, chemistry and anatomy/physiology).

The study concluded that the UW's prices are lower largely because, with 33,000 students, it sells a lot more books. The UW Bookstore gets 75 percent of its revenue from sales of higher-margin, non-textbook items, which allows it to charge a 20 percent mark-up for textbooks, versus 25-30 percent at most other schools.

The university also offers a 9 percent "patronage dividend" rebate to students at the end of the year.

"We just can't afford to do that," Koehler said.

Koehler suggested several steps for keeping Highline textbook prices down:

— Instructors must order books on time. The later they are ordered, the more it costs to have them shipped in time for the start of the quarter.

— Implementing a text-adoption policy so that texts are changed every two years or longer.

The study also found that the bookstore's margins are hurt by a high number of returns from textbooks ordered but not sold; extra labor to meet special requests from faculty; and incorrect information on book orders.

Highline President Ed Command said the college had to support the bookstore's mission statement, however. "If the in-

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What a beautiful morning

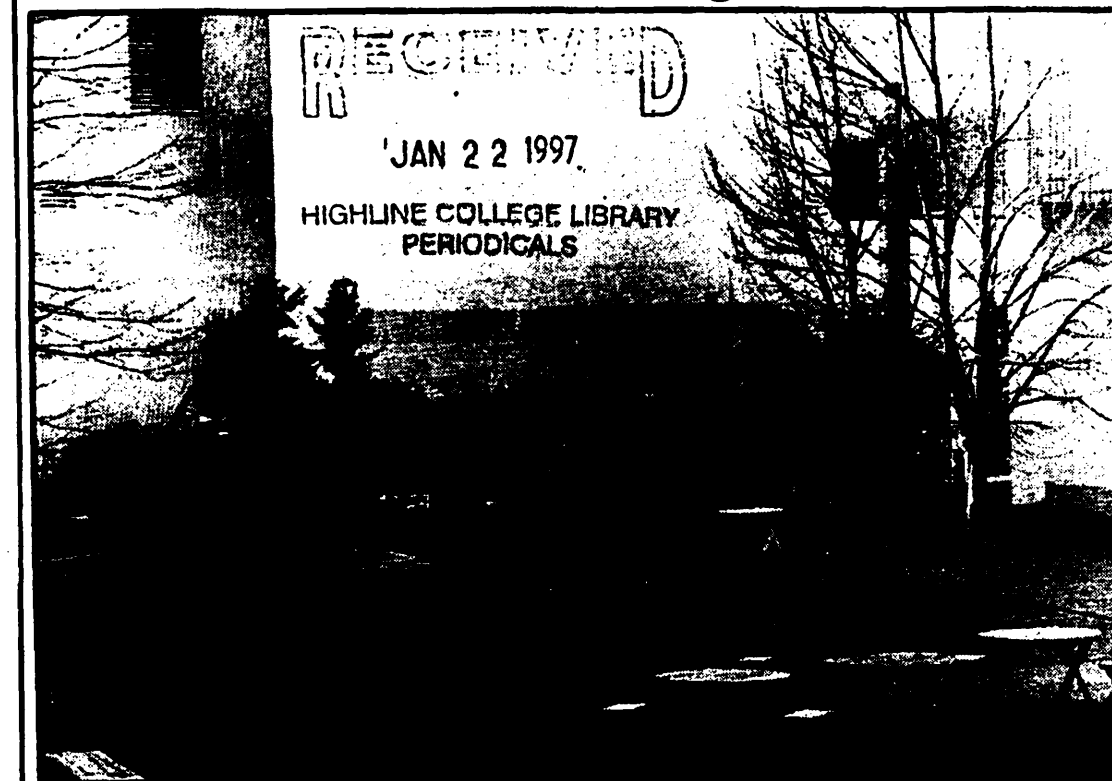


Photo by Bruce Jarrell

The sun came out on campus after a prolonged absence this week, but morning temperatures remained in the teens and 20s despite the blue skies. The rare winter sun afforded some glimpses of the best view on campus, toward the library and Puget Sound, with the Olympic Mountains occasionally visible through the winter haze. Weather forecasters expect rain to return next week, however.

College celebrates memory of King

By Jenny Hagan
Staff Reporter

Dr. Martin Luther King Jr. Celebration Week is here. Each day includes various activities and a host of guests speaking on the work of the late civil rights leader.

"We need to acknowledge Dr. Martin Luther King Jr.'s work efforts," said Dennis Steussy, student service coordinator and chairperson of the celebration week. "He was a man of peace, equality and social justice, he was not just a man for African Americans."

King was the main leader of the civil rights movement in the United States in the 1950s and 1960's. King won the 1964 Nobel Peace Prize for leading nonviolent civil rights demonstrations. He stood for unity among all American citizens.

Today's part of the celebration features the music of the Martin Luther King Baptist Church Choir as the Humanitarian Awards Program takes place in the Artists Lecture Center located in Building 7 at noon.

"As a recipient of the Humanitarian Award two years ago, I know what an honorable and important award this is," Steussy said.

One award will be given in each of the following categories: student, faculty, staff and community member, Steussy said.

Ending the celebration week



Photo by Bruce Jarrell

Ron Sims delivers his "footsteps" speech to Highline students Tuesday in Bldg 7. "Footsteps" was part of the celebration.

will be the first Winter Kick-Off!, sponsored by the Black Student Union and the Martin Luther King Jr. Celebration Committee.

"This is a social event with music, food and other information that will give the chance for all cultures to come together and interact with each other in a social environment," Steussy said. The event begins at 11 a.m. on Friday in the Student Lounge, Building 8.

The Martin Luther King Jr. Celebration committee has been working on this fifth annual

event since November. Ivory Ellison, Ethnic and Diversity chairperson for the Events Board, said students here should know that "King stood for all man kind, not just for one race. This event is for everyone of all races to celebrate diversity and come together as one."

Events early this week included a video and discussion of the film, "A Class Divided," hosted by HCC faculty member Dr. Bob Baugher. This film deals with elementary school

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Thrifty T-Bird gives students advice on how to save money on food.
See page 6



Thrifty T-Bird gives students advice on how to save money on food. See page 6



Men's basketball team is setting itself up for the perfect season, 15-0.
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"Long run is a misleading guide to current affairs. In the long run we are all dead."
J.M. Keynes

HCC to add four more Kiosks

College plans to improve info devices

By Shellie Sicilia
Staff Reporter

The college is buying four more information kiosks for Building 6 at a cost of \$24,000. The money will come from the college's general fund.

Casual observation of the existing kiosk near Registration finds it idle, and some students

"I tried it once and it shut down on me."

Amy Kalmbach
Highline Student

who have attempted to use the kiosk say it is difficult to use.

"I tried to use it once and it shut down on me," student Amy Kalmbach said. "It was annoying."

But college officials say the \$6,000 kiosk gives students a way to get grades, schedules, unofficial transcripts and registration information without standing in long lines at registration. They say students often fail to operate the kiosk correctly, and that bugs are being worked out.

The kiosk uses a computerized touch screen to access in-



Photo by Bruce Jarrell

Kim Hipol and Marie McHugh try to use the information kiosk in Building 6. "This is frustrating," Hipol said.

formation. Students must touch in their nine-digit student identification numbers (usually a student's Social Security number) and personal identification numbers (usually a student's birth date) to use the kiosk.

But because the machine is very sensitive to heat, warm fingers are a must when operating. If a student's fingers are too cold, the computer won't read the commands and tends to work slowly.

The computer's screen includes touch arrows for enlarging or shrinking the display.

Registration officials have now put tape over those arrows to block this function, because it can slow the computer down for up to three minutes.

"Students don't take their time to let the printer do its thing, which takes approximately two minutes," said Dion Raymond, office assistant at Registration.

"Students are leaving documents at the bottom of the machine which are private information (such as transcripts and class schedules) and the school is not responsible for them."

Sex offender moves to Des Moines

By J. T. Coppola
Staff Reporter

Paroled child molester Alan Macalevy has recently been released and is now residing in the Des Moines area near Highline Community College.

Macalevy was convicted of molesting a 5-year-old girl. His preferred victim group is children between the ages of 3 to 13 years old, according to a letter released to day care providers, community groups and churches by Des Moines Police officer Shelley Miell.

Macalevy was sentenced to and served 6 years at the Twin

Rivers Corrections Center located in Monroe. While there, he participated in a sex offender treatment program. "He complied in prison, he was an average prisoner," Des Moines Police Officer Steve Lettic said.

This is Macalevy's first offense. He will be on parole for the next 24 months and still has ongoing treatment. "He has a 10pm curfew and regular spot checks are made by phone and in person," Lettic said.

A partnership was created between the Department of Corrections and police departments forming a new program called the MIST program, which

stands for Mobile Intervention Supervision Team. This is the team responsible for routine checks on the offender and to make sure he conforms to the terms of his probation.

Macalevy is to have no contact with children or youth groups. He must have a stable job and participate in the sex offender treatment program.

The purpose of the community bulletin is not to create fear or alarm, but to keep the community informed, Miell stated in her letter. Also, classes are being offered to children in the area to teach them safety techniques.

ASHCC to host student council, club fair

By W.B. Heming
News Editor

The Associated Students of Highline Community College (ASHCC) will be holding the first Student Council Meeting in the Board Room on the fifth floor of the library from 2-3 p.m. on Jan. 16.

Possible guest speakers include Toni Castro, Director of Multicultural Services and Jon

Koehler, Director of Auxiliary Services.

The Student Council is comprised of ASHCC officers and one representative from each club on campus. These representatives also make up the voting members of the council.

The student council's purpose, ASHCC President Niel McLean said, is to give different clubs a place to exchange information.

Students can also attend the meetings to discuss issues, McLean said, and make decisions that can be taken to larger meetings such as the Council of Councils.

"In a nutshell, [the Student Council] is a way to come to a consensus of students and bring those decisions to other meetings," McLean said.

All students are welcome to attend. "I think a lot of students

Thunder Word News Briefs

Water you waiting for?

The Washington Water Trails Association is looking for people interested in serving on their Board of Directors. WWTa is a non-profit organization with a goal to develop shoreline access for human and wind-powered beachable watercraft. Experience with special events and fundraising makes you a great candidate. Contact the WWTa Nominating Chairperson, Andree Hurley, at (306) 738-2995 or e-mail her at 'ahurley@viewit.com'.

Club to put on King celebration

On Saturday, January 18 at 1pm, Valley View Library will hold its fourth annual Martin Luther King Birthday celebration. An all ages program, it will feature a slide presentation of the life and work of M.L. King. The Tyee High School All Created Equal Club will entertain, and birthday cake will be served. For more information, call Valley View Library at 242-6004.

Events Board to sell T-Bird tickets

Highline's Events Board is selling Seattle Thunderbird Hockey tickets for Sunday, Jan. 19, 1997. The game is at the Key Arena in Seattle, game time is at 6:05p.m. Tickets are regularly \$18, now on sale for \$14. The tickets can be purchased at the Student programs office, building room 210 or call 878-3710 ext. 3546.

Highline trees feel rath of storm

The holiday storm that hammered the region over the

break didn't spare Highline, damaging more than 200 trees on campus. College officials say the campus gardeners and facilities crew worked overtime throughout the storm to protect the college and its grounds and buildings.

No damage was done to the buildings, but college facilities staff worked days on end to get walkways and grounds cleared for the start of school on Jan. 6.

Proper ventilation key to safety

The Washington State Medical Association is warning people about the causes of carbon monoxide poisoning and prevention techniques.

Barbecues, charcoal briquettes or gas ranges should never be used as heat sources because of the toxic amounts of carbon monoxide that they emit. Symptoms of carbon monoxide poisoning are dizziness, headaches, nausea, and faintness. If carbon monoxide poisoning is suspected people should seek medical attention immediately.

Story time for Preschoolers

Watch and listen to librarian Mickey Gallagher as he reads stories, sings songs, does fingerplays, leads creative dramatics and talks with his puppet friend, Soupy the Snail.

Join Mickey on Wednesdays, Jan. 22 and 29, 11:30am and Monday, Jan. 27, 7pm. Valley View Library is located at 17850 Military Road South or call 242-6044.

Blood drive to come to HCC

Puget Sound Blood Cewnter and HCC Events Board are sponsoring an all-campus blood drive on Jan. 28 from 9 a.m.-11:15 a.m., in building 2.

dent Lounge from 11 a.m. to 1 p.m. on Jan. 23.

"[The Club Fair] is to promote and get students involved in all the different organizations on campus," said Aliesha Anderson, ASHCC Treasurer and Club Liaison.

Most clubs on campus will be represented there. There will also be information for students interested in starting their own clubs.

have issues," McLean said, "they don't feel empowered to address, and this gives them a chance."

In addition to the meeting on Jan. 16, the ASHCC will also be sponsoring the Winter quarter club fair.

Club fair, a chance for Highline students to learn more about the various clubs and organizations on campus, will be upstairs in Building 8 in the Stu-

Cancelled classes blow holes in schedules

By Josh Gibbons
Staff Reporter

College officials have canceled 27 classes so far this quarter, leaving many students to scramble to fill their schedules.

Highline's policy is that any class with 15 students or less will be considered for cancellation.

Budget concerns drive the college to cut classes, said Dr. Jack Birmingham, vice president of Academic Affairs.

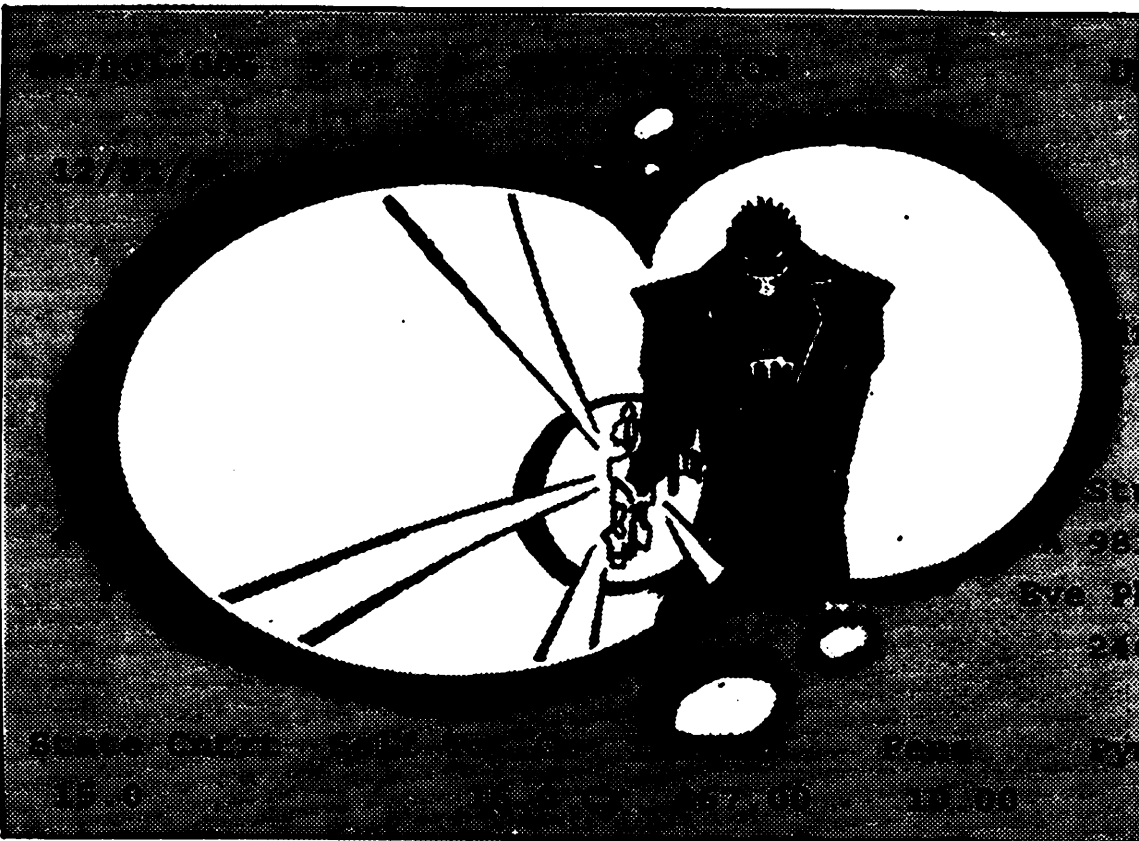
The school might be able to afford a class with 13 to 15 students enrolled, but maybe not a class with only eight or nine. Availability is also a key issue when considering canceling a class.

If the class is available at other times or other quarters, then the administration might try to get the students to take the class at those times.

But what is good for Highline Community College is not always good for its students. One woman waited in her Physical Education class 30 minutes for her teacher to show.

When he didn't, she and some other people in that class went to Registration to find out what was wrong, they were then told that all of the classes for that particular teacher were canceled due to the teacher taking an extended vacation.

Luckily for her, the class was



not essential, but it was difficult to replace. "Highline didn't help me in finding a replacement class," she said.

Another woman, Hayley Tompson, told this story. She had showed up to her business class and the teacher told her that the class was canceled due to low enrollment. It was very difficult for her to find a new class. "I was very scared because it was my first quarter and I didn't know what to do," she said.

The biggest complaint echoed by all the students interviewed was that no matter how they were notified that the class was canceled, there was no assistance offered by the school to help them locate a new class.

This was especially frustrating for students needing to keep full-time enrollment status, and the canceled class dropped them below that status.

Birmingham agrees that the college should do more. "The class coordinator should

either help the student find a similar class, have the instructor of the canceled class help the student, or appoint an educational advisor to help the student," he said.

"Our (the administration) intentions are good. We want to help the student," Birmingham said.

If your class is canceled, you should call either Education Planning Center (878-3710 Ext. 3584) or the Coordinator of Programs for your class.

Students get chance to decide fate of Bldg 8

By Kirk Elliott
Staff Reporter

The student Center is up for a face lift in the near future.

Around 8,000 students are enrolled at HCC this quarter. All have different needs or desires from a student center.

This is what Diane Anderson, the Director of Student Programs, was asked to investigate. To do this she formed a committee of about a dozen people to brainstorm possible wants of students in a Student Center.

The list of wants ranged from a Ticketmaster office to a phone for free local calls.

Then the list was distributed around in classes as a survey last quarter.

When the surveys come back, Anderson plans to schedule a meeting with the committee and other members of the college to decide what to do.

At press time, most of the surveys have been collected and are being counted. Anderson hopes to be able to set a later date for the meeting on Friday.

The meeting will cover everything from where the Thunderword office is going to be to where the phonecard guy will be set up his booth.

Anderson believes the major issue will be space. "We can't be all things to all people," said Anderson. What would happen if we took out all the soft chairs and put in twenty pool tables? If you play pool at all you would be pretty happy. On the other side, if you want to relax and study where it's quiet, you would be moderately agitated.

Any students interested in the future of the Student Center are welcome to participate in the process. Contact Anderson in Building 8 for more information.

Espresso business still grinding after 6 years

By Beth DeDonato
Staff Reporter

The weather of 1996 devastated the campus surroundings but one place has been profiting as a result -- Tazza Espresso and Bakery.

Tazza owners Pam and Jim Scott say the cold weather draws bigger crowds to their locations in Building 8 and just outside of Building 6. Sales increase accordingly as students flock in for hot coffee, cocoa and tea.

Tazza's Bakery opens up at 6:30 a.m. and stays open until around 8 p.m. The espresso cart opens up at 7:30 a.m. and stays open until about 1 p.m.

The Scotts are entering into their sixth year serving drinks here at Highline. Tazza, (an Italian word for cup) started out in the cafeteria, where they own the Bakery and Espresso stand.

When business started to pick up they decided to open up a cart outside for the convenience to students.

The espresso cart is currently

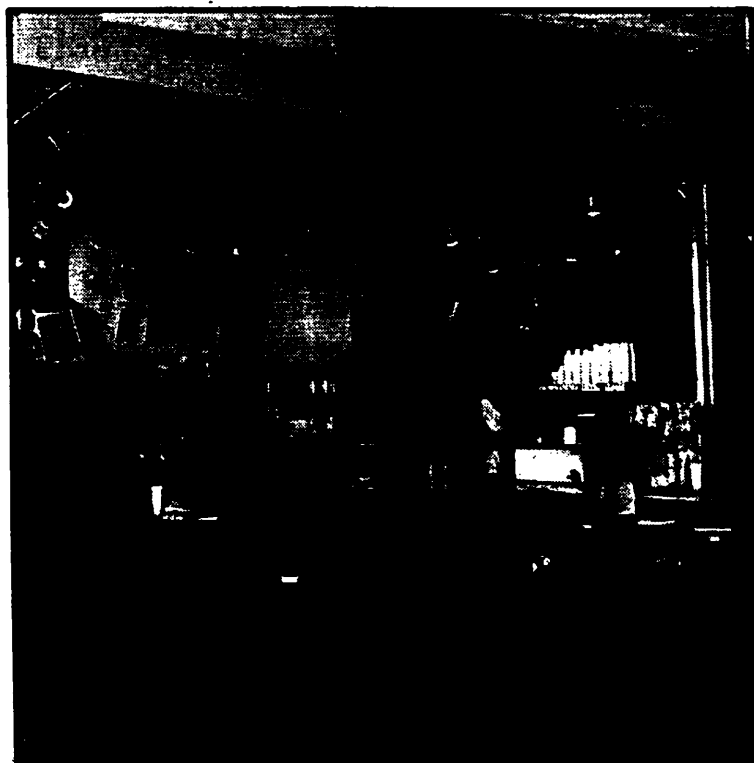


Photo by Bruce Jarrell

Tazza Espresso and Bakery has been serving up hot coffee to bleary-eyed Highline students for the past six years.

located next to the registration building under the covered walkway.

Tazza currently employs four

students who attend Highline.

"It was really convenient when I attended Highline, I would go to class and then work

for a couple of hours," said Eric, an employee who works at the cart. Eric is one of three students who are employed by Tazza but do not attend Highline currently.

Selection is wide at both locations, offering Italian Sodas, Granitas, bakery items, weekly specials, and pre-paid punch cards.

Tazza will be open to students all four quarters here at Highline.

TO ADVERTISE WITH THE THUNDER WORD ALL YOU NEED TO DO IS :
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Money, space cause loss of pool table

Procrastination, significant cut-backs in financing, and inactivity are to blame for the loss of the pool table in Building 8.

However, students don't seem to understand that they are part of the reason that the table is gone. "It was better than chess," one student said.

However, even when those same students who now complain about the table were given the chance to try and preserve the table, no one came.

Diane Anderson, Director of Student Programs and Student Body President Neil McLean held two meetings in October to determine the fate of the table.

The pool table was a popular fixture in what is now the study room on the upper level of Building 8. Students used to pay a work-study student supervisor 50 cents for the use of the table.

Many rumors have circulated around campus concerning reasons behind the loss of the table. These reasons have included a method to cut back on truancies.

However, the real reasons are that the Student Program Office no longer has the money to pay a student supervisor and as a result there was no one to manage the table and Building 8 is making space for expansion.

Building 8, Anderson said, was originally built for a student population of 2000. Highline currently has about 8000 students.

There just isn't enough room in Building 8 to have a pool table nor is there enough money to manage it.

Greetings prove civility on campus

All too often students rush off to class, heads buried in their books and thoughts on the homework they didn't do.

These students are oblivious to other students around them and always seem to forget the common courtesy of saying hello to people they know.

The cold weather hasn't helped.

It's a sign of the times that people no longer greet each other on the streets. However, Highline does not need to fall victim to that same paranoid mentality.

There is no need for students to succumb to the same anti-social behaviors. The simplest way to change this behavior is to greet people.

A friendly hello can go a long way towards being civilized.

The Thunderword

Weeee're Baaaack!

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Students need Guidance

I genuinely feel that my time spent in college has been valuable. I have grown as an individual and blossomed as a creative and critical thinker. I feel that I better understand the world, and have created an appetite for knowledge and learning about the world. I have also gained an appreciation for intelligence and intelligent people. I've even been exposed to culture, and art I may have over looked otherwise.

However, I do have a serious gripe. With all of my knew found information and knowledge I'm not any closer to having a clue about what I'm going to do with the rest of my life. I know for a fact that I'm not alone.

Many students navigate the waters of college completely blind, unfortunately many come out still unsure of where they are headed. Numerous students spend at least four years of their life and thousands of dollars majoring in a career that sounds good in a class room, but in the real world is a lame job behind a desk.

So, the thesis of my gripe is, there isn't enough emphasis on helping students sort out the chaos the world calls the job market. More specifically how we as students fit into this market, and what we can do to better pick careers that fit our personalities.

I realize that there are seminars held on campus designed to help students choose a career path. One such seminar costs \$55, this isn't very practical for most college students.

On top of charging you, the seminar is only six sessions long. Six sessions to figure out what you're going

What's on my mind...



By Carmine Coburn

to do for the rest of you life? Call me a cynic, but I'm not too sure about that.

So why are colleges content with just letting students wander aimlessly through the world of academics not knowing if they are taking courses that might be at all valuable to them in the working world? Well, I guess because that's the way it has always been done. God forbid we make improvements in the education system in America.

I realize that counselors provide some; well, counseling in these matters, but this is a big decision that takes a long time to figure out.

What I am suggesting is a quarter long class focusing on careers, career choices, and how your education fits into all of this. A class like this would help students create goals and direction for themselves, while under the guidance of experienced professionals. I know that I would sign up for a class like this.

It's also unfortunate that many students graduate from college, never to enter the fields for which they've majored in. That seems like such a waste.

A class such as the one I am suggesting could also provide education about what kind of jobs are growing, and which fields there is little demand for. This could at least give student a good place to start, and might keep someone from wasting their time and money studying for a field where people are no longer needed.

Let's face it the world is changing so fast that a student may know what they want to do going into college, but come out only to learn there is large demand in another field that pays much better. My hypothetical class might also be able provide insight into career fields that will be booming in the future.

Don't get me wrong, I have enjoyed taking classes for my own personal enrichment. These probably won't help me get a job, but I wouldn't trade the experience for anything. There are times when I wish I was a little less enriched and more sure of where My future is headed.

My whole point is that I think colleges should integrate classes that help match students with careers, and help them focus on how they can get the most out of their education experience.

Letter to the Editor

You are to be commended on all of your research for the article: "Sports Funding: An Uneven Field," by June Quemado, in the Dec. 5 issue.

However, I would like to correct some misinformation. The funds to attend matches and tournaments are funded by the S&A budget. Athletics is allocated so much per sport for travel. None of our rental money (pool, pavilion) is issued for athletics.

Also any athletic monies in the Foundation have been raised by the athletes, coaches and donors.

Fred Harrison- HCC Athletic Director.

Domestic abuse has warning signs

How to tell if that wonderful, sweet, loving prospective love of your life will become nothing but your worst nightmare.

By Stella Diaz
D.A.W.N. Advocate

It's Friday night and you have a first date with someone you like very much. You've been looking forward to this day for a long time.

Imagine though, that on this first date this person tells you that you look ugly, you don't know how to dress, your friends are weird and you are stupid. Then he/she takes all your money, slaps you around and then leaves you in a dangerous place.

Would you go out with this person on a second date?

If all dating violence started out this way it would be easy to spot and walk away from. However, it doesn't. Unfortunately, it sneaks up on you.

A day comes when you wonder: "How did I get myself into this mess?" Or worse, you'll be blamed for the abuse or even worse, you'll agree that you are to blame.

So, how can you tell if a prospective partner has potential for becoming abusive and violent?

There is one very early red flag that you must remember, one that is perhaps the most important; that warning sign is:

Lack of accountability.- that means this person doesn't take responsibility for own actions, blames others for things that go wrong, never admits own faults or mistakes, finds excuses and/or justifications for wrong doings.

If you recognize this red flag, run! and fast!

Other important warning signs to look for:

- Loses temper quickly and/or is violent.
- Is extremely moody.
- Is rough with pets or shows animal cruelty.
- Controls friends and family.

- Is obsessed with or has weapons.

- Abuses drugs, gets drunk frequently, and/or pressures you to take them.

- Has many traffic tickets, shows disregard for the law, and/or is irresponsible.

- Has poor relationship with his/her own family, hates his mother and/or father.

- Obsessed with past rela-

Guest Commentary

tionships, blames the other person for all that went wrong.

What if you are already in a relationship with this person? Has the cycle of abuse begun?

Here are some sure signs that it has:

- Acts jealous and possessive and then justifies it as love.

- Ignores your opinion and feelings.

- Uses looks or glares to intimidate you.

- Gives you the silent treatment.

- Puts you down, calls you names.

- Threatens you or gives you or others ultimatums.

- Isolates you from your friends and family

- Criticizes your driving.

- Plays mind games, tries to make you think that you are crazy by saying things such as, "I never said that," and "You're imagining things."

- Has started to get physical, pushing, shoving, throwing objects at you.

- Is sexually aggressive, has pressured you into sex, treats you like a sex object, or controls and/or refuses contraceptives.

If you are starting a relationship with someone, and it seems too good to be true, beware.

Dating violence starts with emotional abuse, it will feel like you are being treated unfairly, sometimes it will be hard to put your finger on it. Then the abuse will be repeated, again and again, because it just doesn't happen once. It is a repeated behavior.

If you come from a home with domestic violence, you may continue the cycle of violence in your life, either as a victim or an abuser. But you can change that.

- If you think some people deserve to be abused,

- If you think that if you change or become a "better" girlfriend/boyfriend, your abusive partner will stop hurting you,

- If you think that dating violence is just about tensions of a passionate relationship,

- If you think that "you are a magnet for abusive people,"

- Think again;

No one deserves to be abused.

If you want more information or you need help call D.A.W.N. (Domestic Abuse Women's Network) at 656-

8423, services are free and confidential

If you want more information about Anger Management or Batterer Treatment Programs call the DV hotline at 1-800-

562-6025

Jan. 16, 1997

Arts

5



Photo care of Miramax Films

Drew Barrymore and Edward Norton in Woody Allen's "Everyone Says I Love You."

Allen hits some high notes

By Bonnie Char
Staff Reporter

"Everyone Says I Love You" is Woody Allen's wacky new

musical comedy about an eccentric and very extended family.

The star studded cast for Allen's 26th film includes Allen himself, Goldie Hawn, Alan Alda, Julia Roberts, Drew Barrymore, Tim Roth, Lukas Haas, and Natasha Lyonne.

Allen plays Joe, a neurotic, unlucky-at-love author who lives in Paris while maintaining a meaningful friendship with his ex-wife, Steffi (Hawn), who is the mother of his two daughters, Skyler (Barrymore) and DJ (Lyonne).

Joe becomes romantically involved with Von (Roberts), an American vacationing in Paris, which proceeds to the usual problems.

Charmingly narrated by Joe

and Steffi's youngest daughter DJ (Lyonne), "Everyone Says I Love You" explores and celebrates the foibles of falling in love as Allen's characters find themselves caught in a broad spectrum of romantic entanglements.

Set in the present yet filled with songs reminiscent of a classic 1930s musical, Allen has chosen some hilariously opportunities for his characters to break into song.

The music and dancing in this movie feature terrific large scale productions, often taking place in unlikely places including a hospital ward, a jewelry store and a funeral home.

Allen, who has been criticized in the past for not using African American actors, seems to have mended his ways, as this cast included many black actors and actresses in its large scale musical numbers.

While Drew Barrymore has never looked lovelier, she fails

miserably at breathing life into the airheaded Skyler (Joe and Steffi's oldest daughter). Barrymore could greatly benefit from the study of co-star Goldie Hawn's earlier work.

Hawn is living proof that a good actress can sparkle and shine in even the most brainless of roles, and even as a young actress topped Barrymore in every category except bust size. Barrymore's titanic balcony is about the only thing she has going for her in this film.

There are many laughs to be had in "Everyone Says I Love You," and it's musical productions are entertainingly ambitious but some folks may miss that poignant touch of tears that made some of Allen's earlier films so hauntingly memorable.

All things considered "Everyone Says I love You" is an entertaining, funny movie which is certainly worth watching. The T-Bird gives this film three stars.

Students choose old time rock as their current favorite

By Joe McLaughlin
and Jake Voss
Staff Reporters

Classic rock listeners edged out Rap/R&B fans as students' favorite type of music in a recent survey.

As one respondent put it, "Classic rock makes me want to do drugs."

Country music kicked its way to the bottom of the survey as HCC students' least favorite form of music.

"Country music makes my butt sting," said student Eric Scharrer.

Despite its popularity, Rap/R&B also showed up as students' second least-favorite

type of music.

The survey asked 175 students to list their least and most favorite forms of music.

Even though classic rock won, the margin of victory was small, with 21 percent listing it as No. 1 and 20 percent choosing Rap/R&B.

Categories included classical, alternative, jazz, hard rock, country, show tunes, golden oldies, and other.

Among those written in on "other," students named reggae, '70s disco, techno, folk, opera, ska-punk, gospel and easy listening as their favorite forms of music.

Like the many types of music, there are many ways to lis-

ten to it.

Some 51 percent of students said they listen to tapes or compact discs, versus 48 percent that relied on the radio and 1 percent that said they like MTV to hear the latest hits.

"No matter what mood I'm in, the radio has a station I can listen to. Plus it's free," said one student.

Respondents also said music affects their moods in a variety of ways.

"Techno music calms me down and makes me forget about all the daily crap," said Kim Stadler.

"Music makes me happy; I'd go insane without it," said another student.

Save money by bagging your own

Buying fast food lunches can cost a fortune over the course of a month, but with a little planning you can eat lunch like a gourmet for just pennies a day.

The HCC cafeteria has some wonderful foods, but purchasing one full meal there each school day can easily set a student back \$125 per month. The alternative is starvation, you say? No, there's a better way.

The Thrifty Thunderbird makes four school lunches a day for her family and has become a wise old bird where lunch foods are concerned.

Here are some tips worth squawking about:

*Pre-portion your food ahead of time. You've got your package of plastic bags out, you've got your food out, don't stop with one portion! Make the most of your time by bagging a whole batch of food at a time into lunch-size portions that can be refrigerated, frozen or put



By Bonnie Char

back into the cupboard. You'll thank yourself in the morning as you can grab a bag on the run.

*Choose your foods wisely. We students need fuel food. During the digestion process, much of the blood in your body goes to the stomach to aid in this laborious task.

If we choose rich foods that take a long time to digest, we may find ourselves ready for a nap instead of paying attention during those oh-so-interesting lectures. Bad idea!

Pasta, rice, bread and potatoes are all high-energy foods that won't weigh you down. Pick one and build a meal around it.

Rice: There are so many kinds to choose from, jasmine rice from Thailand being the Thrifty T-bird's favorite. Cook a pot of this wonderful fuel food and divide it into portions using plastic bags or microwavable containers. Freeze or refrigerate; it's fast and easy to grab a bag of pre-portioned rice.

Pasta: It comes in all shapes and sizes, but across the board, pasta is cheap, easy to prepare and gives you the energy you need. Prepare a package of



Arting Around



Peggy Poage as Bird and John Holyoke as the short tree in the Seattle Children's Theater production of *The Short Tree and the Bird that couldn't Sing*.

Seattle Opera's production of Jules Massenet's "Werther," Jan. 18-Jan. 30, Seattle Opera House. Tickets \$30-\$97. Ticketmaster 292-ARTS

Seattle Opera's production of George Frideric Handel's "Xerxes," Feb. 20-March 5, Seattle Opera House. Tickets \$30-\$97. Ticketmaster 292-ARTS

Valley View Library Book Discussion Group, 7 p.m. Jan. 28, "Undaunted Courage," by Stephen Ambrose. Feb. 25, "The Eagle Has Landed," by Jack Higgins. 17850 Military Road S. 242-6044

Anderson Glover Gallery presents Quincy Anderson's "True Memories," paintings and

monotypes and Jeanne Waters's clay sculpture. Feb. 20-April 6, Mon.-Sat. 10 a.m.-6 p.m., Sun. 12-5 p.m. 303 Kirkland Avenue, Kirkland. 739-0303

Freighthouse Art Gallery presents "Cats Cats Cats," Jan. 1-Feb. 7, "Northwest Sports," Feb. 8-March 31. Mon.-Sat. 10 a.m.-7 p.m., Sun. 12-5 p.m. 602 East 25th Suite 60, Tacoma. 383-9765

Campus Photography Exhibit, "Everyday Life - What Makes You Happy," Jan. 21-24. Student Programs Office, Bldg. 8.

Seattle Children's Theatre presents Dennis Foon's "The Short Tree the Bird that could not Sing," Jan. 17-April 6, 443-0807.

pasta and divide it into serving-sized portions.

Potatoes: Red potatoes, white potatoes, russets, Yukon gold — there are even purple potatoes. Boiled or baked, potatoes deliver the energy your body needs and come pre-portioned, making them a great candidate for your school lunch.

Bread: Wheat, rye, sourdough, bagels, muffins — the list goes on. Bread is the classic lunchtime food.

It's highly portable and with so many kinds to choose from, bread is a logical and delicious choice for your mid-day mealtime.

Try preparing a whole loaf of meat-and-cheese sandwiches using butter instead of mayo. Bread freezes beautifully and a frozen sandwich made with butter will be perfectly thawed, fresh and tasty by the time lunch rolls around.

*Snacks: Buy a box of yummy crackers, a can of honey-roasted peanuts or a bag of your favorite chips and pre-portion the whole darn thing while watching Comedy Central. Bag-

ging your own portions not only saves money, but also saves you from mindlessly overeating goodies.

*Water: It's clean, refreshing, thirst quenching, healthy and free. Bring your own cup or bottle and fill 'er up at the water fountain.

*Condiments: Make your lunchtime special with these little extras. Try bringing a small combination salt shaker/pepper grinder or a little hunk of Parmesan cheese and a small grater. Teriyaki sauce and/or butter with a spring of chopped green onion can turn plain rice into a feast.

Metal spoons and forks reduced waste and make your meal more enjoyable, but if you must use throw-away utensils, disposable chopsticks are great for adding fun and flair to your meal.

While bringing a sack lunch can't solve all of your financial travails, with a little planning ahead, you can save lots of money, eat healthy foods and make school lunch time an adventure!



HorrorScope

Capricorn 12/22-1/20

You are about to be chosen the May Queen. As it's still January, this isn't necessarily a good thing. Think carefully before accepting.

Aquarius 1/21-2/19

Report to your parole officer before he forgets how long you've been away. Pretend you were off doing charity work and maybe he'll forgive you.

Pisces 2/20-3/20

The floods are receding, but some of the things that came with them aren't. Get to work cleaning the basement before you breed an entirely new life form.

Aries 3/21-4/20

Throns of goats take up residence in your garage. They're cute at first, but then their real designs become clear. Take appropriate action.

Taurus 4/21-5/21

Underwear again for Christmas, eh? Maybe if you actually spoke to someone once in a while about something other than that habit of yours, they'd have some idea of what to get you. Oh, well, there's always next year.

Jim'n'I (The Twins) 5/22-6/21

Back from an exclusive holiday engagement in Tierra del Fuego, we'll be playing our new composition, "The Wild and Wacky World of Waffles," now through 2001 at Wild Wally's Wiggly World in White Center. Free scones to the winner of the Boxcar Willie look-alike contest!

Cancer 6/22-7/23

This week, think volume, as in less of it. Those people you

can't quite hear are trying to tell you to be silent. For once. For a while. For free!

Leo 7/24-8/23

Leo says the the lanes have been rewaxed and they're ready to roll! Nooner nine-pins is back this week — free laces to the high scorer every day.

Virgo 8/24-9/23

When will you let go and open up? You have yet to reach your full potential. Reach for the stars. They need more people to step on their way out.

Libra 9/24-10/23

Deadly x-rays begin radiating from a treasured pet's eyes. Like, don't look at him, but invite some friends over and see what develops.

Scorpio 10/24-11/22

Don't fall on your tail; it could break. This month you'll be seeing this thing about this other thing that this one guy said about this girl. Don't worry, it's a very nebulous time.

Sagittarius 11/23-12/21

Visit the zoo. Don't feed the bears with your teeth. In fact, stay away from the bears. They've heard about you, and they're not pleased.

Attention Losers!



Gabby is on vacation. If you feel so inclined, drop off your notes describing your problems in either Bldg. 10 in front of the T-Word office or in the Student Lounge in Bldg. 8.

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Tom Rockey guards J.J. Ivy during a T-Bird practice

Photo by Bruce Jarrell

T-Bird men still undefeated

By Ben Erickson
Staff Reporter

Highline men's basketball team continues their unbeaten streak into league play. With wins against Edmonds and Olympic, the Thunderbirds start off their league play 2-0 and remains undefeated for the season (15-0).

Highline's first league game against Edmonds wasn't as easy as the final score made it appear, (83-62). The Thunderbird's leading scorer this season, Quincy Wilder had a high fever and wasn't able to play. The Thunderbird's seemed to play well

enough without him though.

Without Wilder in the lineup the Thunderbird's spread out the scoring evenly. Brian Scalabrino led all scorers with 22 points and 10 rebounds, while Reggie Ball dished out nine assists to go along with 17 points of his own. J.J. Ivy put in 16 points. Justin Adam and Brandon Nash grabbed nine and eight rebounds apiece.

On Saturday night, Jan. 11, the Thunderbirds met up with Olympic Community College. Olympic, coming into the game 1-0 in league play, couldn't handle the T-birds

tight man to man defense. Olympic kept within eight points at halftime but, would get no closer than that the rest of the second half.

Quincy Wilder, playing in his first league game, led all Highline scorers with 29 points. Scalabrino grabbed eight rebounds to go with 17 points and Justin Adam scored 12 points. Reggie Ball had eight assists and played great defense.

Highline coach Joe Callero is very pleased with the way the Thunderbirds are playing this year. "Our defense has been very consistent. We've kept our poise and we've stayed fo-

cused," he said.

The T-Bird's defense has been very stingy in league play allowing under 65 points a game, while the T-Bird's offense is pouring in over 80 points a game.

Despite all the victories coach Callero thinks that there is still room for improvement. "The defense needs to rotate a little better and on offense they could handle the ball more carefully," said Callero.

Highline travels to Everett (2-0) Wednesday, Jan. 15 and comes back home to play Whatcom, (1-1) Saturday, Jan. 18 at 8 p.m.

Wrestlers make their way towards nationals

By Tim Wyse
Staff Reporter

Highline Community College students will get a chance to see their wrestling team in action at home in the next two weeks.

The Thunderbirds will host Pacific Lutheran University at 7 p.m., Friday, Jan. 24 in the Pavilion. Yakima Valley College comes to town 1 p.m. Saturday, Feb. 1.

Admission is free to Highline students, faculty and staff at all home matches.

This Saturday, the T-birds will wrestle in the Portland State University Open Tournament.

On Jan. 25, Highline community open in Ellensburg.

Highline Wrestling Coach Todd Owens said he hopes turnout will be good for the team's two remaining home matches, as the T-birds begin to prepare for nationals.

Nationals take place in Bismarck, N.D. on Feb. 28 and March 1.

Owens says this year's team has a lot of talent. Nelson Crisanto, 118 pounds; James Clark, 142 pounds; and Ken Kobes, 190 pounds, each has the chance to go to nationals, Owens said.

"I'd be really surprised if he didn't make it to nationals," Owens said of Crisanto, who has only one loss to a junior college opponent this year.

The top three wrestlers from each weight class from each region go to nationals.

Highline competes in Region 18, which includes two-year colleges in Washington, Oregon, Idaho and Colorado. The regional tournament is Feb. 15 in Oregon City.

Over Christmas break the wrestling team kept quite busy. They hosted a high school wrestling meet on Dec. 21, while preparing for a meet on Dec. 28 in Oregon.

At Clackamas College in Oregon City, HCC competed with Pac-10 and other Division-I schools.

Crisanto placed fourth in his weight class, while Kobes and Clark finished sixth in their respective weight classes.

Owens encourages everyone to come out and support the team.

Soccer and B-ball intramurals to start

By Damion Birge
Staff Reporter

Winter intramural basketball and soccer begin Jan. 21, organized by Assistant Athletic Director John Dunn.

Students are to be in the gym by 1 p.m. or at 2 p.m. depending on the sport you're playing. Both leagues have eight coed teams and Dunn will make sure that there will be no overly stacked teams. The price is only \$7 per person and includes a Highline Tournament T-shirt.

Soccer begins Monday at 1 p.m. and will be held in the gym Monday through Wednesday. One game will be held each day lasting 40 minutes long. Only two varsity players can play on each team

to make it fair.

Thursday is the day for hoopers to come show their skills off. It's 5-on-5 basketball with two 15 minute halves and 4 games will be played every at 1 to 2:30 p.m. Teams will consist of 6-7 players and a trophy will be given to the victors.

"Every quarter intramurals have become more and more popular. Teams will be filled on a first come first serve basis due to the number of teams," said Dunn. Dunn encourages all to come down and join the fun, but remember there's only room for eight teams and they fill up quick.

"I've played in the intramurals since spring of '96 and I find it very competitive," said student Ron Parker.

Lady T-Birds look to get back on track

By Neil DeMerritt
Staff Reporter

The Highline women's basketball team followed a rough holiday break with two losses in league play.

Highline opened its regular season with a 61-58 loss to Edmonds, then fell 70-46 to Olympic. The losses dropped the lady T-birds to 2-9 on the season.

The 'Birds lost four straight games over the break.

"Losing's getting old but hopefully we can come together in the end," said wing Kristen Couch.

The lady 'Birds gave Edmonds all they could handle, led by point guard Vicki Watson.

Although the final score

wasn't close, the T-birds kept it close until midway through the second half.

"We played really well in the first half, but then we fell apart," said post Eryn Redmon. "We do well when we play together."

The women's team played at Everett Wednesday night, with results unavailable at press time.

They host Whatcom at the HCC Pavilion 6 p.m. Saturday, Jan. 18.

Highline students, faculty and staff are admitted free to all home games.

The Lady T-Birds will host Bellevue Community College this Saturday night at 6 p.m.

Bookstore director Koehler to leave HCC

By Lisa Curdy
Staff Reporter

Highline Bookstore Director Jonathan Koehler is leaving to take a similar job at Peninsula College in Port Angeles after 14 years at HCC.

Koehler's last day will be Jan. 24, but a special "Last Chance at Jonathan" celebration will be today, Thursday, Jan. 16 between 1 and 4 p.m. in the Bookstore. Stop by for free refreshments and throw a "good-bye pie" at target Koehler.

His career began as an employee of K-Mart. Leaving after five years, he worked as Bookstore Manager of Seattle Pacific University. Koehler came to Highline in October 1983.

Koehler said he has mixed emotions about leaving behind Highline and the many friendships he has made. "Part of me is sad, and part of me is happy. Highline is a great place," he said.

Nonetheless, Koehler said he is looking forward to new adventures and experiences as bookstores manager at Peninsula, which is located in Port Angeles.

Still enthusiastic about students at Highline, he urges that all will get involved, because "you can make a difference if you take a few minutes. You can change things," Koehler said.

Hobbies he enjoys include sailing and reading Clive Cussler novels. Having no time for pets with a pulse, Dave the stuffed cloth parrot is as close as he comes.

Koehler's position will be filled by interim Bookstore Manager Patrick Miller of Green River Community College. A permanent replacement has not been chosen.

King

continued from page 1

structor feels that a particular book is necessary, then we'll get that book for the students," he said.

The bookstore is self-supporting. After meeting its operating costs, the bookstore covers the financial loss of the cafeteria and still makes a profit, college officials said.

The bookstore's net income goes into a balance-fund account and is used as needed for a variety of projects. Bookstore profits have gone to upgrading the bookstore, remodeling bathrooms in Building 8, landscaping and building the college's greenhouse.

Cafeteria tax-free to students, staff

By Kirk Elliott
Staff Reporter

The cafeteria now doesn't charge tax to any one with a student, staff or faculty identification card this quarter.

Brenda Mason, Senior Accountant Senior at HCC discovered in the Washington Administration Codes (WAC), that a college with a closed facility, serving only students, staff or faculty, is not required to charge tax for a meal.

"A regular student eating every day could save a few dollars, and have a few extra meals in the long run," said Mason. That's good if you've been living on Top Rhamen.

In addition to a pleased administration, student reactions were positive. "I think its great for the students who want it," said Dee, who is a student at HCC. That particular day she didn't have her student card, and had to pay the tax, she was not bothered by the extra 8.2 percent she was charged.

From the students asked, the



Photo by Bruce Jarrell

Students and staff who buy lunch in the cafeteria now get an eight percent discount.

average spending amount is about \$2-\$3 a day. That's about 25 cents a student, (with identification card), is saving a day.

Most students only have a one hour break, and don't have

time to go off campus to eat, they either eat out of vending machines or in the cafeteria.

"It feels good to be able to help the students," said Mason. And she did. So now when you

buy that Exakta, flash your student card, and put that 8.2 percent you used to pay right back in your pocket, maybe save up for a soft taco or a CD at the end of the quarter.

Students to receive free birth control

By Sheri Ingraham
Staff Reporter

Student Health Services at Highline Community College is giving three months of birth control pills free while supplies last.

Students who wish to participate must have their annual exam done at Health Services, which is next to the bookstore in Building 6.

The fee for the exam, approximately \$75 depending on lab work, may be discounted depending on income.

"New patient visits at GYN's

are over \$100," said Polly Halpern, registered nurse practitioner.

"Depending on response and our supplies lasting, students can receive more than three months"

Polly Halpern
registered nurse

at Health Services. "Pills average about \$25 a month."

lowed by guest speaker Ron Sims, King County Executive, was the event Tuesday afternoon.

Wednesday brought the HCC Vocal Jazz Choir and special guest Michael Powers to the student lounge for an afternoon of music.

Powers' C.D. recently hit the charts at No. 15.

Books

continued from page 1

teacher Jan Elliot and her famous experiment on diversity and prejudice among her students.

A Reader's Theatre presentation on the works of King, fol-

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