

The Thunderword

The voice of the students

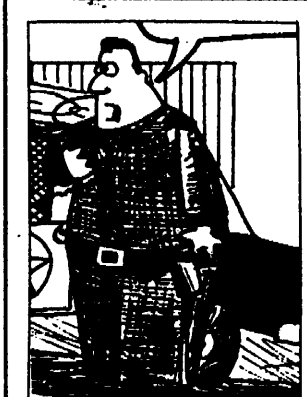
Volume 37, Issue 16

Highline Community College

February 12, 1998



Students wield knives for credit.
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Is it live or is it Memorex?
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Highline cheer gets funky fresh.
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**How do I love thee?
Let me count the ways.**
--Elizabeth Barrett Browning

Asian economic crisis affects students

Students may be forced to return home

By Deborah McDaniel
Staff Reporter

The Asian currency crisis has hit many Highline students hard.

Imagine your rent, car pay-

ment, food and tuition have doubled, but your income is unchanged.

That's how it feels to Koreans here on student visas.

The Korean currency, the won, is worth half what it was at the end of last summer, with the situation even worse for Thai and Indonesian students. Their currencies have devalued up to 75 percent since summer.

Highline student Bong Jun

Choi said that it is now more difficult to get money from relatives in Korea. The Korean government specifies that money sent to students be only for tuition and living expenses. These conditions must be met



Huls

when applying to send the money, a process that takes several days.

"It is very hard to live in Korea right now," said student Jay Lee. "Businesses in Korea are suffering and many families are struggling."

Lee said several of his friends are afraid they will have

See **Currency**, page 12

Living a high life

Highline student finds fame, romance in the sport of hang gliding

By Alex Hennesy
Staff Reporter

Rita Edris soars higher than any other student at Highline.

"You fly like a bird," Edris said to describe her experiences in hang-gliding. Edris, who is from Miskolk, Hungary, has been hang gliding for 10 years.

Edris describes the view she gets from her glider as something that is incomparable to anything else.

"Flying is very special," she said.

But flying has given Edris more than just a great view. Over the last 10 years, Edris has managed to obtain two Hungarian national records and meet her husband while hang gliding.

Edris is currently the Hungarian national open distance record holder at 102 miles without stopping, and she also holds the record for altitude gained at about 8,000 feet.

Edris met her husband at a hang gliding competition in

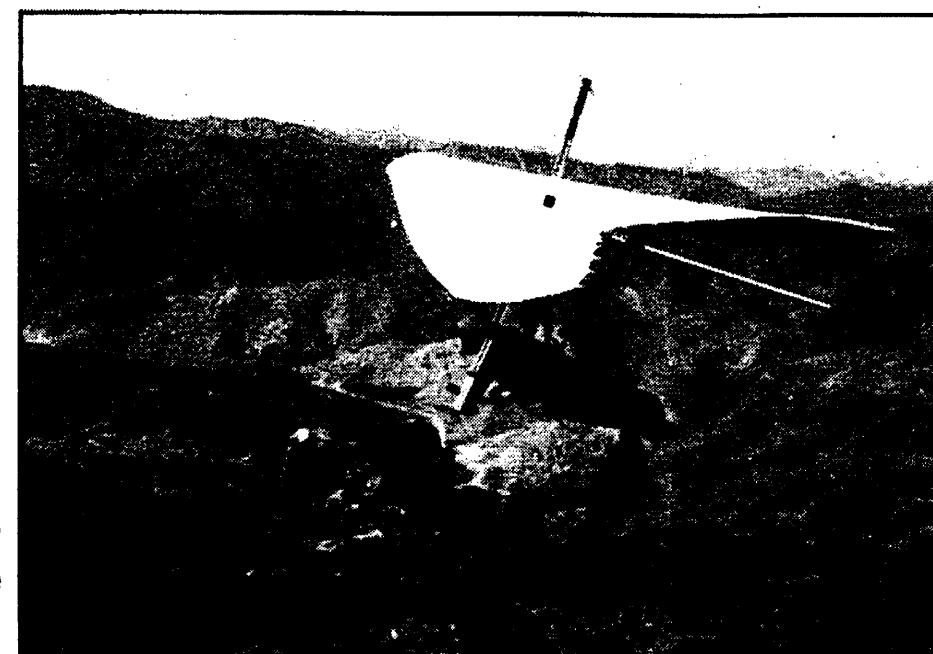


Photo courtesy of Rita Edris
Rita Edris holds the Hungarian record for distance for hang gliding.

Chelan three years ago and they were married a year and a half ago.

"We enjoy flying together," Edris said with a heavy accent.

Edris, who already has an elementary teaching degree from a college in Hungary, came to Highline to learn to speak English. She credits most of her success at Highline to the pronunciation lab.

"They gave me the opportunity to talk about my sport," Edris said.

She recommends the pronunciation lab to any international students.

"The little extra work is worth it," Edris said.

Edris's next competition is this August when she will travel back to Hungary to compete in her fourth world championship.

She hasn't been able to practice much lately, but she

See **Edris**, page 12

Depression may be seasonal

By Alyssa Pfau
Staff Reporter

Depression seems to be common among Highline students. According to a recent Highline survey, 48 percent of Highline students say that they are more depressed during the winter than any other time of year. Two thirds of the 48 percent were women.

Many students at Highline suffer from depression this time of year. However, it is uncertain as to how many people are suffering from post holiday blahs and how many have Seasonal

Affective Disorder (S.A.D.).

People with S.A.D. find that their mood is affected by the amount of sun light they are exposed to, causing them to become more depressed as the days grow shorter. This depression usually lasts for several months, causing dysfunction in some area of the subjects life,

said Patricia Haggerty, who is both a teacher and counselor on



Haggerty

campus.

"What you're looking for is a seasonal pattern," Haggerty said.

During the winter season, students may find themselves spending more time indoors because of the bad weather.

"Being cooped up in the house makes me more stressed, which leads to depression," one Highline student said.

Fifty-eight percent of the students said they have less energy during the winter, 55 percent

See **S.A.D.**, page 12

Valentine's Day



It's two days away, do you know what to get your Valentine?

See page 6

Students seek faculty diversity

Cabinet panel agrees

By Nelson Crisanto
Staff Reporter

Non-white students need more role models among Highline's faculty, a group of students told a panel of college officials on Tuesday.

"I want to be able to see a familiar face, some one that looks like me, some one that can connect with me on a personal and cultural level," said student Jeff Crisologo.

The group who approached panel officials is called the Students for Diversifying Faculty.

"Some day I would like to look back and say this institu-

"Some day, I would like to look back and say this institution was truly dedicated to the students."

--Theresa Guerro,
member of Students
for Diversifying
Faculty

Highline Community College Compared to other schools in diversity

| | Faculty of color | Students of color | Gap |
|---------------|------------------|-------------------|-------|
| HCC | 4.3% | 27.6% | 23.2% |
| S. Seattle | 30.2% | 49.7% | 19.5% |
| Tacoma | 17.4% | 28.6% | 11.2% |
| N. Seattle | 23.4% | 28.8% | 5.4% |
| Skagit Valley | 11.7% | 16.9% | 5.3% |
| Green River | 8.9% | 12.5% | 3.6% |

tion was truly dedicated to the students," said Theresa Guerro.

a member of the Students for Diversifying Faculty.

Highline's Instructional Cabinet, the college's top-ranking academic and administrative officials, has formed a sub-committee to explore the issue of faculty diversity.

Highline's faculty and staff is only 4.3 percent non-white.

The students presented some strategies to help diversify the

faculty of Highline.

Two strategies included the securing money to advertise in local and national ethnic-focused publications, and including students in the faculty selection process.

Students of color at Highline don't feel like they are currently well-represented.

"I don't think we are providing as rich of an education as we can," said student Kris Daniels.

"Bringing faculty of color on campus would enhance the college experience for all students," said student and Team Highline member Menna Tesfatsion.

"Not having faculty of color I can view as educational icons



Birmingham

is a hindrance to my growth here at Highline," Tesfatsion said.

The cabinet members also said they like the students' vision of a more diverse faculty in the future.

"How can I work with a diverse population if I don't have a diverse group?" asked Kay Balston, director of continuing education. "I think it's really important to diversify the staff."

"I think it weakens our ability to have a broader sense of excellence in learning," said Jack Birmingham, vice president for instruction. "Diversity enriches the education process."

"The students did an excellent job of presenting," said Bob Hughes, dean of students for academic affairs.

Despite the college's lack of diversity, they are making progress, officials say.

Last year four out of the nine faculty that were hired were faculty of color.

"It's not acceptable," said Hughes. But the college is doing something about it.

"I see the college making some good progress," he said.



Hughes

Financial aid is there for you

By David H. Cole
Staff Reporter

Many students who want to further their education and cannot afford to pay for it eventually arrive to the conclusion that they will need help.

Financial Aid is often the answer.

There are three basic types of financial aid, grants, loans, and student employment.

Grants are usually funds that do not have to be paid back.

The only time grants may have to be paid back is if there is intent to not complete registered courses.

Loans are funds that must be paid back once your education has been completed.

Lastly, student employment is an opportunity to earn a portion of your financial aid by working.

For student employment, there are on-campus and off-campus jobs.

At some institutions, such as Highline, if your job relates to your major, you may receive college credit while working.

To apply for financial aid, pick up a Free Application for Federal Student Aid (FAFSA) from the Financial Aid Office.

"Qualifications are based on income, family size, background, and possibly ASSET test information. As with all financial aid, the quicker you turn your information in the better your chances of receiving financial aid," said Steve Seeman, assistant director of financial aid at Highline.

Whether planning to transfer to a four-year institution or returning to finish a two-year degree, don't delay.

Financial aid packets are due as early as Feb. to four-year institutions, so getting yours in before the rush is key.

Contact the Financial Aid Office in Building 6 at ext. 3358 for more information.

Thunder Word News Briefs

Phi Theta Kappa to meet today

Phi Theta Kappa will meet today and Feb. 26 at both 1:30 and 6:30 p.m. in the Honor's Seminar Room.

Other upcoming events include a Highway Clean-up scheduled for Saturday, Feb.

21 at 10 a.m. in Bldg. 26, room 219 if you're attending.

Membership applications are due Feb. 12 by 3 p.m. in Bldg. 18.

U.W. evening program visits

A University of Washington evening dance performance

Seattle University visits Highline

Seattle University will be holding an information session for transfer students.

The open house will be on Wednesday, Feb. 18 from 8:30 a.m. to 12 p.m. in the Educational Resource Center.

The Dating Game: Highline style

Students will follow student charm under pressure as they play The Dating Game. It will be held in the Upper Level of Building 6 at 10 a.m. Friday.

Heck yeah, it'll be a good time.

Author on Campus

Author of "The Power of Now" and "Consciousness and the Creative Process," Eckhart Tolle will be on campus Feb. 19 at 7 p.m. in the Educational Resource Center.

One ad.
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One
dollar.

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Students rally to help classmate

By Deborah McDaniel
Staff Reporter

Highline nursing student and single mother Kathleen Karimi is carrying a heavy load for the remainder of this quarter.

Her eldest child, 17-year-old daughter Aja, died at home Friday night after attending a party.

The mother and daughter were very close. Her daughter was bright and extremely well-liked, said Erin Stanford, Highline Foundation Board

member.

Aja recently wrote an essay about a person in her life she admired a lot. That person was her mother.

Stanford has known Karimi since she started at Highline five years ago.

"She's an amazing woman who has overcome immense obstacles to achieve her goal of a career in medicine," Stanford said.

Karimi, who has four other children, has received two scholarships from the Foundation, including the McMillin

Scholarship this year.

Karimi's ultimate goal is to complete her studies at the University of Washington and become a physician's assistant.

All who know Karimi say she is dedicated, good-hearted and very kind.

Nursing Program Coordinator Mary Newell says Karimi is "really dedicated to becoming a nurse...very caring and compassionate."

Mary Fondy, nursing students class president agrees.

"She is very, very nice, and dedicated," Fondy said.

Karimi's fellow nursing students have rallied to her side, offering everything from home-cooked meals to assistance with child care.

The HCC Foundation has started an emergency fund for Karimi.

Checks may be made payable to the HCC Foundation, with a note that the donation is for the Women's Program Emergency Assistance fund for Karimi.

Donations are being collected at the Foundation's office in Building 9.

Testing becomes easier on secretaries

By Tammy Rowlan
Staff Reporter

Highline has new procedures for students who need to take make-up tests. Robin Loveless, Testing Coordinator for Highline, will be providing standardized testing procedures for faculty when students need to take a test.

"I like the added responsibility. It keeps me busy," Loveless said.

The testing center is located in building six on the second floor.

Loveless is also responsible for COMPAS and GED testing.

Standardized testing procedures are ensured through this program. The students are observed in a quiet and private space.

Previously, testing was the responsibility of the administrative building secretaries. Often they would experience an unannounced amount of students to take tests. Part of the problem was where to put them all.

"One time, six students showed up to take a test. I had to put some of the students in instructor's offices to separate them," said Nancy Brady, secretary in Building 20.

At a meeting, the secretaries discussed this dilemma and decided to ask how other colleges deal with this problem. Green River Community College has a testing center that they utilize for this exact problem, they discovered.

Collectively, the secretaries wrote a letter to Dr. Jack Birmingham, Vice President of Academic Affairs to explain the problem.

The administration acted right away. Michael Grubiak, Dean of Students, notified Loveless of the change on Jan. 1, 1998. By Jan 14, 1998 testing began in the center.

The winter schedule for make up tests is Monday 1-2 p.m., Tuesday 2-4 p.m., Wednesday 8-noon and Thursdays 7:30-9 a.m.

"We will have increased hours in spring quarter," Loveless said.

"Only if a student needs to test off-hours will I utilize the testing support center," secretary Linda Quick in building 15 said.

Building 15 is the only administrative building that is enclosed in the center and has private cubicles for students to take tests.

Justice prevails for student interns

By Tammy Rowlan
Staff Reporter

Highline students are arrested for domestic violence, and get class credit. Students in their second year of the Administration of Justice program are able to participate in Washington state's Academy Testing Center.

The Academy tests newly employed officers for the state, county, and city.

It is required by state law that police officers pass this academy within the first six months of employment, explains Garry Wegner, head of Highline's Administration of Justice program.

At the end of their training, officers are required to pass life-like scenarios such as domestic violence calls.

The Administration of Justice interns participate by acting as criminals in various situations.

Officers are dispatched to an apartment (actually a dorm room) where an anonymous neighbor reports hearing arguing and screaming.

Upon arrival, the officers find a woman holding a knife in the kitchen saying, "I'm not going to let you hurt me any more."

Highline students Alex Chapackdee and Megan Mooers are two of the students participating in the program.



Photo by Tammy Rowlan

An officer arrests Alex Chapackdee in crime simulation.

Answering questions from the officers about why they are yelling and screaming and why she has a knife in her

hand, the students gain valuable experience.

After the scene is quickly assessed with no danger to the of-

ficers, they separate the couple to question them.

The officers find that the husband was angry because he came home to a messy house and with no hot dinner prepared.

The husband had pulled his wife by the hair and pushed her into the kitchen, telling her to cook dinner.

The wife pulled out a knife and just held it, without threatening, to protect herself.

Officers are being tested for basic skills.

"Making sure that the officers are protecting themselves and controlling the scene is important," said Bradley Graham, one of the testing officers, also a Tacoma police detective.

Officers need to be aware of Washington state laws which declare that a person does not have to press charges against their spouse for that person to be arrested.

By law, Washington state officers must arrest the husband for pulling her hair and pushing.

Upon further investigation, officers find a gun in the back pocket of the husband.

Though he does not have a concealed weapons permit, he is in his home with the gun and cannot be charged with possession of a concealed weapon.

Police remove the gun, and have the choice of taking it with them for him to pick up at a later date, or leaving it in the apartment.

Security chief seeks contract

By Jess Kelley
Staff Reporter

Highline Security Chief Richard Fisher's one-year contract with Highline expired Monday, Feb. 2.

Though his position is currently open and applications are being taken, Fisher might not be leaving Highline.

Fisher has reapplied for his job already, and is quite confident that he will be rehired and

offered a continuation on his contract.

"I will most likely be rehired," Fisher said, "unless someone with more experience comes along, which is doubtful."

Fisher was originally hired in February 1997, when his predecessor Glenn Brooks resigned.

Fisher became Highline's fourth security chief in little more than three years.

Highline offered Fisher a one-year contract as the Security Chief of the college.

"In that time, I have done well and have had no problems," Fisher said.

College officials declined to comment on the hiring process.

According to Highline's personnel office, as of Feb. 6, no one has applied for the position of Highline Security Chief.

The application process ends Feb. 18.

Colloquy class counts for credit

Students can earn credit for participating in the Spring Colloquy lecture series and panel discussions.

Attendance is expected at the Wednesday colloquy sessions, and students will also have to participate in a discussion on topics on the colloquy web page.

If interested, enroll in Hon 100, item number 4362.

Editorial

Current students left out in advising

Highline is losing 35 percent of its students between Fall and Spring Quarters. College officials are now working to lower that number.

Student advising has been cited as an area vital to retaining Highline students. Despite that, Highline's Advising Week has been scrapped.

Advising Week, which ran for the last time Spring Quarter 1997, set aside time for students to meet with faculty advisers. The time that was set aside, however, was one class period per hour.

Many students squandered this time off and many instructors resented their class periods being interrupted.

A better system, known as Project Declare, will begin to pick up the slack. The new system will match up faculty advisers with students who are interested in their fields, Educational Planner Denny Steussy said.

Unfortunately, the new program will not be tested until Spring Quarter. The full fledged Project Declare is slated to take off Fall Quarter '98.

Students looking to transfer now must match up with an adviser the old fashioned way. The Educational Planning Center in Building 8 has a list of potential faculty advisers that students must take the initiative to get.

Advising is needed, but for now, students are on their own.

Women's basketball team bouncing back

The women's basketball team is on the rise. They have pulled together despite early season difficulties. The team can now realistically set their eyes on the playoffs.

The team opened the season with three losses in a row. They broke that streak with a win over Chemeketa.

Unfortunately, that one win was followed by nine consecutive losses.

That losing streak was finally broken with a win over Peninsula on Jan. 19. Another two wins gave the team three in a row.

The team's ascent was interrupted by a loss to top-ranked Skagit Valley but they came back to defeat the No. 2 team, Olympic.

The team is currently ranked in a tie for fourth place with Peninsula.

The top four teams go to the playoffs and the Ladybirds are looking stronger every game.

After a rough start, it would be satisfying to see Highline's other basketball team go on as well.

Slurp, gurggle, slurp, 'I love you'

Love is filling the air with the sweet scent of affection.

Thank goodness I'm suffering from the emotional equivalent of congestion.

I work in a movie theater (no, I can not get you in for free). I also have the misfortune of working this Valentine's Day.

Feb. 14 is a special time of year. As one Highline professor put it, "It's amateur night."

I'm not a lovey dovey kinda guy. In fact, I still hide my eyes during kissing scenes in most movies.

Unfortunately, there will be no where for me to look this

On the Wild Side



With W.B. Heming

Saturday to avoid the little cutsey couples tromping in to watch a movie.

I can see them now cuddling together in line to buy tickets. He'll look at her and she'll gaze up into his eyes. Then slurp, gurggle, drool, drool, slurp, gurggle, "I love you," and "I love



Valentine's Day is a massacre

For as long as I can remember, I've been forced to endure Feb. 14. It comes from being a nerd.

It started in third grade, when Mr. Sherman the counselor brought in Duso the Dolphin.

Duso would give us weekly lessons about life in general, and along with the weekly lesson, we also learned a weekly word.

That week of Feb. 14, Duso told us about how to be nice to our fellow students, and the word of the week was "outcast."

Obviously, Mr. Sherman and his degenerate dolphin knew nothing about the nature of third graders.

When he left the room, all hell broke loose.

Horrible mean children, my freakin' classmates, surrounded my desk like aardvarks on a termite mound.

The taunting chant started with giggles and squeals, "Lisa is an outcast! Lisa is an outcast!"

That evil teasing elevated to a mighty elementary roar, the same roar used when children belt out "Roll on Columbia" at those grade school concerts.

you too."

I just don't get what is so romantic about slobbering all over your significant other in front of people.

Maybe they want to make all of us confirmed singles feel bad for being alone on the most loving day of the year.

More than likely they're just making up for all those years that they were alone.

This year, I beg you, please keep your affection at home where it belongs.

W.B. Heming is the Opinion Editor of the Thunderword and a life-long bachelor.

Lisa's World



By Lisa Curdy

All the while, I was wadded in my chair like a little humiliated fetus, protecting myself from the evil, vicious screams of my classmates.

After a few hours of this torment, our hideous instructor Miss Wenrick poked her frizzy-haired noggin in the room, and broke up the melee.

"I know Lisa is an outcast," Miss Wenrick said, "but the least you can do is wait until recess."

I think she secretly reveled in my moment of sorrow.

Later that week, no one wanted the muppets valentines I gave them.

Traumatized, you ask? Yes, I am.

Valentine's Day still makes me want to shrivel like a raisin.

So if you see a girl huddled in the corner of a room, it's probably just my thumb-sucking self.

Lisa Curdy is, surprise, Valentineless. Pass the kleenex.

The Thunderword

If this is love, it sure is wordy.

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Mother gives daughter the gift of life twice

By Tricia Davis
Staff Reporter

Commentary

Last January of 1997, my mother, Jan Davis, donated a kidney to my sister, Angela Pappas. My family had known that this was coming because my sister had a disease called Polycystic kidney disease. The family decision was that we would all get tested to find out if any of us were a match. We did this because if my sister were to be put on a list for kidney donation, most likely they wouldn't find one in time.

So we all got tested. We found out that my sister Keri, my brother Chris, and my Mom were all matches. Then came the decision of who would be the one to do the donating. That's when my mom said she

wanted to do it. Considering that my mom was not as young as my sister and brother we were all skeptical about her going through such a major surgery. It definitely was a higher risk. Mom made a good point. She said that Angela could possibly need another kidney 15-20 years down the road, and she definitely wouldn't be able to then. So the decision was made.

Now came the waiting. My sister's kidneys were still functioning enough to keep her alive. So we had to wait, and then maybe have her go on dialysis for awhile. The doctor estimated that it could take three months to a year. So as time went on, so did our families an-



Photo courtesy of Tricia Davis

Angela Pappas received a kidney transplant from her mom.

guish. We learned as much as we could about the operation and my sister's body. This was a very emotional time for our family. Especially for my sister

and my mom.

We all had thought that when the transplant was over, my sister would be better. No more problems. Just to give you a

picture of the life my sister would lead after the transplant.

First, in order to have her body not reject my mom's kidney they have to repress her immune system. Which is close to closing it down. This process causes her to get sick very easily. Then she will have to take three-hundred pills a week including steroids, which will cause her face to be "moon shaped." Some of the other side affects are: more hair on your face, arms, legs, etc., light sensitive, brittle bones, and by repressing the immune system this causes a higher risk of cancer. This was an extremely hard discovery for my sister.

The day of the surgery I remember going to the hospital very early in the morning. We had our own waiting room for family and friends. We got to spend time with my mom and my sister before they went into surgery. My family is already a very emotional bunch, so you could just picture us when we had to say good-bye. First they took my mom down to see my sister Angela because they had been separated. Then not too long after that my sister left.

Waiting was the hardest part, but we had a lot of support. Even our minister showed up. I can remember the waiting. Time seemed to go by so slow. I tried to sleep just to let the time pass by but it was hard to sleep under those circumstances.

Actually, it was hard to do anything. I know people have this surgery done everyday but it's different when they're people you are so close to. I couldn't tell you how many times I thought the worst. I remember about halfway through the surgery someone came to give us an update. They said everything was going smoothly and my mom's kidney was very pink, which meant that it was a good kidney. When the doctor came and updated us, it made everybody feel a little bit better.

Everything had went perfect. We saw my mom first because Angela was still not quite done. But the only problem was mom was in a lot of pain. It took the doctors over two hours to get control of her pain. It was hard to watch her, but at least I was there to help her get through it. When my sister got out she wasn't in as much pain. Her body would heal faster because it just got a new kidney. But my mom was trying to get used to having only one kidney to run on so it was harder for her. Now a year later everyone is doing as well as can be expected. My sister hasn't rejected the kidney. She only has to go to the doctor once a month now and she's down to 200 pills a week. She feels a lot healthier and is thankful for the gift of life once again from our mother.

Letters to the Editor

Nonsmokers should be polite to smokers

Dear Editor:

I have had enough! I am a smoker-- or a smoking chimney, as was said in the last issue. Until now I have slunk around corners, hung my head in shame -- for what?-- and bought into the hype that I am some kind of drug-crazed, second class citizen. I am 44-years-old. I am a mother and grandmother. I have worked and paid taxes since I was 14-years-old. I have survived a fire, two tornadoes, one hurricane, and four typhoons. Although I do not drink alcohol or use drugs, I think I am perfectly capable of deciding whatever I will inject, ingest, or inhale; the consequences are mine.

I will discuss second-hand smoke with anyone who travels everywhere by horse, bicycle, or foot. I will not have that same conversation with anyone who goes by car, train, bus, or airplane. Nor will I tolerate an upbraid from anyone that barbecues with charcoal, uses electricity from leaking nuclear plants, buys petroleum products, uses fluorocarbon aerosols, burns leaves or logs, cuts down trees or uses tree products! Contrary to popular belief (not facts, just popular belief), I am not personally responsible for nonsmokers' lung cancer. Nor is cigarette smoke the source of that sickly, yellowish haze that hangs over downtown Seattle with alarming regularity. Perhaps you should look there for the cause of your discolored lungs.

I am not touting that smoking is a particularly healthy habit-- although it has kept me from taking a bat and beating rude, total strangers who accost me whenever I light up a cigarette in public nowadays. What I am

saying is that common sense seems to have taken a hiatus.

Does anyone remember the hue and cry over Nutrasweet, red dye #, store-bought baby-food, hot dogs, etc. etc. etc.? Why did our grandparents not have the cancer rates of today when they smoked home-grown, non-filtered tobacco? (I would refer you back to the above list of air pollutants not present in their day and remind you that tuberculosis and pneumonia were the leading lung diseases of my grandparent's day.)

If there is conclusive proof-- I've read the reports, have you?-- about the dangers of smoking and second-hand smoke, then why are we being told that cigarettes will be taxed out of existence rather than outlawed? Has anyone ever considered what revenue could ever match the ridiculously high cigarette-tax income? Has anyone ever considered who would benefit the most from outlawed smoking? Perhaps a drug company or two that produces nicotine substitute products? History tells us that the Mafia financed the lobbying for liquor prohibition to create a black market. Already, tobacco products thefts are on the rise. H-m-m?

On an even more ominous note, has anyone considered just how such Prohibition tactics come about? Any government knows that freedom must be taken in small, almost unnoticeable increments until suddenly there are no freedoms left to take. I say that when a government starts with nongovernmental laws (such as seat belts and helmet laws), degrades smoking on one hand then taxes it on the other hand, it bears watching. I say that citizens who are not on the alert for such incroachments may well deserve whatever happens to them. Nazism happened

once to ordinary citizens like you and I; who is to day it can not happen again?

So politely tell me my cigarette makes you cough and smells bad-- all the same can be said for many perfumes, too-- and I may put the cigarette out or at least move away from you. But if you lambaste me then look out! I am not taking it on the chin anymore because you nonsmokers have gone too far!

Regina Turman

Evergreen State U left out of article

Dear Editor:

I wanted to commend you on your excellent college transfer articles in the Jan. 29 edition of the Thunderword. It was a well-produced, thoughtful look at what it is like to transfer to one of Washington's four-year schools.

I was disappointed, however, to see that your readers were given no information about the Evergreen State College. It was the only four-year state school not represented in your article titled "My Old School." I feel your readers would benefit from hearing the experiences of former Highline students now attending Evergreen.

Sincerely,
James W. Spencer

New Inside Scoop makes minor errors

Dear Editor:

Congratulations on the first edition of the new pullout magazine Inside Scoop. I really enjoyed the entire publications, but would like to make a couple of minor corrections to the Jan. 29 article, "Transfer Time: Preparation H: Students say Highline gets them ready." First, College 101's official title is "Introduction to College." It is a three credit course. "College Survival" is actually a one credit course listed as Human Services

100. Both classes transfer as elective credit and, as the article explained, are especially designed to help beginning students become successful students.

Second, while we in the Athletic Department would love to claim a 90 percent graduation rate for student athletes, we aren't quite there yet. But watch us! We are certainly moving in that direction.

Hats off to the Thunderword staff for an outstanding, timely publication this year. To the managing staff of Inside Scoop, the magazine idea, each edition with its own focus, is terrific!

Margo Buchan

Meat-eaters cause of world problems

Dear Editor:

Are HCC students responsible for global warming and devastating weather which follows worldwide? Are students responsible for the shooting of buffalo in Montana and the slaughter of wild horses and wild burros throughout the west? Would ranchers back the destruction of forests and the killing of animals competing with cattle for forage if no one ate beef or horse meat?

Hamburger eating Thunderword readers might think about dead pets and animal excrement processed and fed to cattle, slowly incubating mad-cow-disease, rancher/cattle ravaged public lands, disappearing rain forests, vanishing species, the agonizing death of animals (including pets) caught in rancher traps, eating mutilated flesh severed from bodies of innocuous creatures, E. Coli, etc.

Caring voices may not be heard where cattle interests control lawmaking and the media (across much of the west). But, what people don't eat can have impact in the West and around the world.

James Griffin

It's cuddle, not cash on Valentine's

Remember back in the day when giving a Valentine gift used to be simple?

Making the colored paper card holders that hung on the back of your tiny wooden chair was the highlight of this heart felt event.

Well, those little heart candies that would say stuff like, "hot stuff," never hurt either. (And you wonder why some women now have such a high self-esteem.)

Arts and Croft



By Christi Croft

Praying that the little boy in the front row would give me a Garfield valentine was my game.

Unfortunately, I always got stuck with a lame Transformers valentine from the troubled boy in the back row.

Those were definitely the days of youth, the days of never knowing how truly expensive one day can be.

I got my first real taste of a Valentine's day in the eighth grade.

This boy gave me a Washington state back scratcher, (Hallmark maybe? I haven't a clue) and a Garfield stuffed animal who was holding a heart that said, "When does the kissing start?"

Hmmmm...can we say hormone problems?

Nevertheless, from there I took Valentine's day pretty darn serious.

For years, I spent gobs and gobs of money on my past boyfriends, and I would buy things that they never even took pleasure in. This year, Christi is laying in back, and boycotting Valentine's day.

Hey, if you have a significant other, everyday should be a cherished one. Valentine's day is just the icing on that good ol' cake.

I see too many good folks freak out about what to get their precious love bugs. Relax! Go see a movie! Heck, Titanic will be out for another decade, go see it again for the fifth time.

If you do decide to break the wallet, and go all out for Valentine's day, make sure you go out in style baby, yeah!

Christi Croft is the Arts Editor of the Thunderword. Hey, if anyone sees cupid, tell him to send his fine self over this way.

WOULD YOU BE MY VALENTINE?

Highline students tell their best and worst

By Rachael Watkins and Scott Luedke
Staff Reporters

Highline student Kristen Couch has a very fond memory of Valentine's Day.

"My boyfriend and his friend set up a 'scavenger hunt' for me and my friend with roses at each spot. They led us around town finding a rose and a clue to the next one. At the 12th rose, they had a candle-lit dinner waiting for us," Couch said.

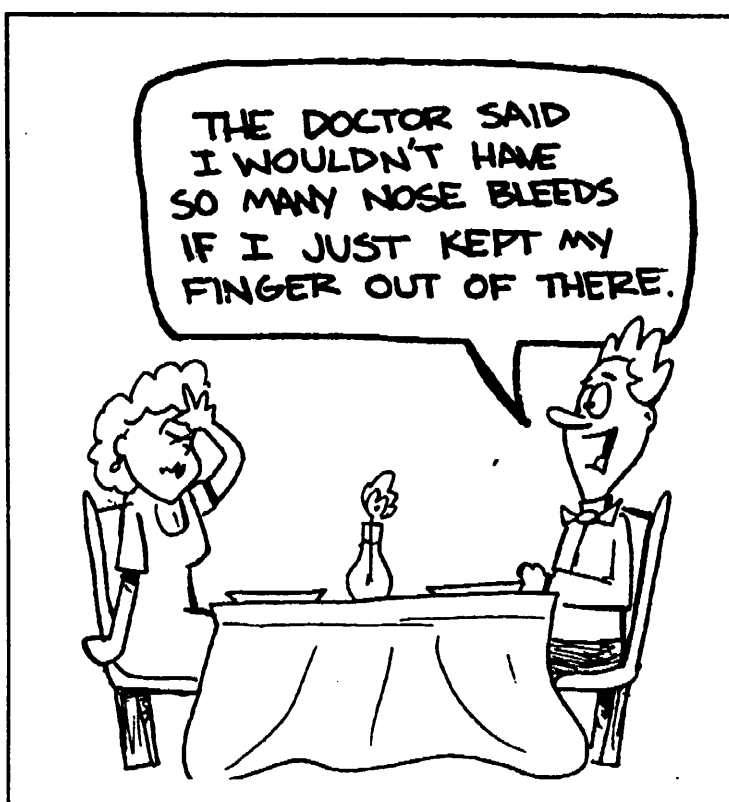
Most Highline students say Valentine's is just another day, but some recall happy and horrific times on the designated day o' love.

Tony Osterdahl remembers a childhood memory from elementary school.

"In sixth grade I was 'going out' with the finest girl in the school. The night before Valentine's Day, I spent three hours on a huge construction paper card. When I gave it to her the next day, she dumped me and threw the card in the trash."

Highline student Jessica Johnson has an old-fashioned memory that made her smile.

"It was our first Valentine's Day together, and my boyfriend sent me a gift in every class. I got a rose, some chocolates, a card, and some stuffed animals. That night he gave me a promise ring. It's been four years and we're still together, but now I have an



updated version of the ring." Jelani Hauser wasn't alone on her past Valentine days.

"I spent time with my girls, but one year I had too many girls to spend time with," Hauser said.

"Jumpin'" Joe Callero, Highline men's basketball coach, has a very special memory.

"Three years ago, on Feb. 14, 1995, after one of our basketball games, I was sitting at Red Robin eating a burger, wondering whether I should propose that night or wait until the season was over. I had already bought the ring, I was just waiting for the right time.

I went home around 11 p.m. and decided to get it over with, and get going with our marriage. I proposed on Valentine's Day because then I'd always remember what day I proposed on. Then there would only be two days I'd have to remember; the actual day we got married, and the day I proposed on. I ended up carving my proposal date on the outside of my wedding ring so I'd be set to go."

Rebekah Katoes has an interesting memory.

"I watched my date eat a (Dairy Queen) Nerds Blizzard. I didn't even think anyone ate Nerds Blizzards."

Jason Olson painfully remembers his Valentine memory.

"My girlfriend had her mom dump me on Valentine's Day."

Johnnie Nguyen recalls a Valentine's Day that everyone would like to avoid.

"I went on a date with my girlfriend, but at the time I was trying to date this other girl. I hadn't talked to this other girl for a month, so I didn't think we had plans for Valentine's Day. On Valentine's Day, the other girl paged me, and I ended up cancelling my plans with my girlfriend to go out with this chick. It turned out that she couldn't go anywhere, and we ended up sitting on her front porch all night. Somehow my girlfriend found out and now I don't have either one of them."

Tim Allen has a memory of a night that started out bad, but turned out really well.

"I went on a blind date. I had no way of getting money out of the bank, so I had to go get money from my dad. That night I called my ex-girlfriend and asked her to get back with me. She did because she had a blind date that sucked too. It turned out all right because we're still together."

Hopefully this Valentine's Day you will all make good memories, instead of bad ones.

Valentine gift ideas that keep on giving

By Tina M. McDonald
Staff Reporter

Romance is a state of mind. With the right mind set, cleaning the toilet can be romantic; with the wrong mind set, a moonlit stroll on the beach can turn into a fight.

For years couples all over the world have been celebrating Valentine's Day, yet every year people come up with the same question.

What sort of a special thing can be done this year for my sweetheart that will

be different and more special than all of the years past?

Here are some ideas for those who are down to the last couple of days, and still don't have a romantic clue what to do for your Valentine.

Make this special day, a day for roses.

Spread rose pedals on a pillow, in the shower, the kitchen table, or even the car seat.

"I love roses!" One Highline student said. "It sounds typical, but I think that floral bouquets are very romantic. I think it has to do with that old-fashioned romance sentiment."

Roses are usually \$50 for a dozen, and around \$4 for a single one.

If your valentine is a music lover, make a compilation tape.

Gather all of those roman-



tic love songs that bring back precious memories. It's inexpensive, but creative and thoughtful.

Renting a room at an extravagant hotel is also a romantic idea, and it gives you an evening alone together.

The Marriott Hotel has rooms available for Valentine's Day for just \$84, including breakfast.

"Go someplace out of the ordinary and show that person that you love them," said Melvin Williams, a Highline student.

You can always do the old-

fashioned date.

Take your valentine to a nice dinner, dancing, and wrap up the evening with driving to the lookout at Alki. Hopefully, the rain will stop for this evening.

Instead of going out and buying the same gift that everyone else buys, surprise your valentine with personal favors. For example, Give a massage, be their servant for a day, or cook them dinner.

Did you know that the post office issues a new love stamp every year?

Use love stamps to send your Valentine love letters on that special day. Stamps are only 32 cents.

The Victorian Clipper is another good date idea, and has special rates of \$89 per person for a romantic ride to and from Victoria.



Mr. Food does the salsa

When you want to make a foray into authentic Mexican food, consider La Costa Mexican Restaurant, because it don't "costa" too much. Seriously!

I brought my special "Mr. Food" eating entourage, consisting once again of my sister Emily; a newcomer, my best friend Jim; and myself.

I got a hot tip about good Mexican chow and hunted down La Costa Mexican restaurant, located in downtown Burien.

Mr. Food



By Scott C. Murray

As we entered the restaurant there was the loud, rich sound of cheerful Mexican folk music pouring out of a jukebox.

Soon after being seated, we were given a bowl of hot tortilla chips with a side of refried beans, and two different kinds salsa. One salsa was the traditional kind with peppers and tomatoes. The second salsa was a more spicy version of the first with a different though tasty bite to it.

Emily ordered two chicken enchiladas, made from tender pieces of shredded chicken rolled up into two corn tortillas, covered with enchilada sauce and melted cheese. There was more of refried beans and less of the enchiladas, which we would have preferred. Nevertheless, she liked it, but didn't eat all of it. Her meal cost close to \$7.

Jim ordered two chicken chimichangas. His meal cost a little over \$8.

He, too, thought there was too many refried beans and that the entree could have been a little bigger.

I ordered a chimichanga "Jarocha," which was filled with crab, codfish and shrimp, garnished with sour cream and guacamole. This meal was a little over \$8.

I found it to be OK, but the seafood was chewy and there was an unsavory smell that accompanied it. I felt this restaurant couldn't even compete with Azteca.

La Costa receives three stars from Mr. Food! Hasta la vista, baby!

La Costa is located at 206 S.W. 152nd St., Burien, behind Seafirst Bank. Their phone number is 206-243-1797.

Escuchen! Repeten, por favor: Scott C. Murray is the jefe grande of Highline cuisine.

Opening act saves Comedy Cafe

By Liz Doolittle
Staff Reporter

Despite a few perils, the Comedy Cafe triumphed last Friday night.

The show got off to a rather rocky start as there was some technical difficulty concerning the microphone. The problem was soon corrected, and the show went on without a hitch until one minor problem arose.

Due to a misunderstanding the headliner, Floyd J. Phillips accidentally went to Shoreline Community College.

Opening the event was Ken Chorost, a local comedian. Though the beginning of the



Comedian, Ken Chorost show didn't run as smoothly as expected, Chorost was a good sport and didn't let it interfere with his performance.

Instead, he made use of great impromptu skills and worked the strange noises into his set. Chorost also had quite a few good Seattle jokes.

Being the Seattle natives that we are, all of the audience

thought they were pretty humorous.

Chorost then broke out his guitar and sung his own personal rendition of Eric Clapton's "Tears in Heaven," which he entitled, "Free Beers In Heaven."

"Ken handled himself well. I think it went as well as it could have without Floyd," said Touraan Smith, Team Highline.

Due to Phillips' absence, audience members will get a special treat.

If you retain your ticket stubs, you will receive \$1 off the price of admission to the next Comedy Cafe, which will be May 1.

The 'Brothers' are back in blue

"Blues Brothers 2000" will keep you rockin' in your seat throughout the whole movie. Dan Akroyd and John Goodman shake, rattle, and roll together as they continue the roles of the Blues Brothers Band from the original movie.

Elwood Blues (Akroyd) is now out of prison, and bringing the band back together. Akroyd wrote this movie along with writer and director, John Landis.



Dan Akroyd and John Goodman star in Blues Brothers 2000.

Flick Picks

By Shannon K. Stroud

The choreography was the strongest point of the movie. The best moves came from John Goodman.

Goodman plays a great Blues Brother, and fits the role perfectly.

There are many famous musicians in the film such as BB King, Blues Traveler, Wilson Pickett, Eric Clapton, Steve Winwood, Lou Rawls, Bo Diddley, Dr. John, Travis Tritt, Billy Preston, Clarence Clemmons, and of course the old originals, James Brown and Aretha Franklin.

Stevie Ray Vaughn's brother Jimmy Vaughn also makes an appearance with his guitar. New musical artists, Erykah Badu and Jonny Lang, also sing with the Blues Brothers.

Some of the special effects were pretty cheap looking, but it added humor to the movie.

Some of the effects were ghosts on horses, flying through the sky, and cars sailing through the air before crashing.

The costuming was very alive with flashy colors and sassy hats.

Some say that the second "Blues Brothers" is stupid, but the silly humor in the movie is what makes it so fun.

The live music and dancing is reason enough to see this show.

Get out of the house

Calling all entries!!! The Really Big Art Show II entries will be collected starting on Monday, Feb. 2. The deadline for all entries will be on Monday, Feb. 23 at 4 p.m. Entry forms will be available upstairs in Building 8.

The Really Big Art Show II will be held on Feb. 26 from 10 a.m.-3 p.m. & 5-7 p.m. in Building 8. Categories featured will be Drawing/Painting, Photography, Pottery/Sculpture, and Jewelry. First place will receive \$40, second will get \$20, and third place will receive \$10. For more information contact Rachel at (206) 878-3710 ext. 3537.

In recognition of Black History Month, The Black Student Union presents the Soul

Food Festival, and the Jammi Jam Dance. The Soul Food Festival will be held on Wednesday, Feb. 18 from 10 a.m.-2 p.m. in Building 8.

The B.S.U. Jammi Jam will be on Friday, Feb. 27, from 9 p.m.-1 a.m. in Building 8. Ticket prices are: \$3 in advance at the Student Programs Office, \$4 at the door with pajamas, and \$5 at the door without pajamas.

Highline is having its own version of **The Dating Game** on Friday, Feb. 13 at 10 a.m. in Building 8. The event is being hosted by Chris Daniels, Black Student Union President. The Dating Game is sponsored by Team Highline. Even if you're not single, come on over and watch the fun!

So, what do you get when you have a handful of local bands playing in the Building 8 lounge, Fri. Feb. 20 at 8 p.m.? **The Mass Cool Concert Series!!!** Don't forget to mark this on your calendar. Tickets will be available at the door.

Team Highline presents: Winter Movie Mania Feb. 17-19 at 2 p.m. in Building 8. The movie featured will be *Ghosts of Mississippi*. Why rent it? Go and see it with all you pals right here at Highline!

The drama department presents its Winter Drama Production, "The Trial." The first weekend of performances will be held on Feb. 26-28, and the second will be Mar. 5-7. Both productions will be in

Humor hits crowd hard in 'Slapstick'

The Dell' Arte Company's "Slapstick" at the Bathhouse Theatre will run from Feb. 10-March 1. Call (206) 524-9108 for tickets and show times.

Critic's Grade: 3.5 (definitely worth the money)

By W.B. Heming
Staff Reporter

Vaudeville meets the modern American dysfunctional family in the Dell' Arte Company's "Slapstick."

The gaudy, yet simple sets, transport the audience back to the age of the Three Stooges as Norm (Donald Forrest) and Sheila (Joan Schirle) came tromping out onto the stage.

The married duo break into a comic routine and invite out Sheila's father, Roger (Michael Fields). The padded stomach of Norm and the expanded rump of Sheila begin to heave during the little dance routine.

Then Sheila misses her cue. Violence erupts and Norm lands on face.

After the scuffle, the couple decide to take grandpa and the kids (dummies in the first act and later played by Forrest and Schirle) on a vacation from which they will never return.

The play was originally conceived by Director Jael Wiesman and the three players in 1989. It has undergone several revisions and upgrades. Local places were worked into the Seattle show to bring a down-home feeling.

"We started with eight Vaudeville acts and linked them together," Wiesman said.

The classic physical comedy makes "Slapstick" a refreshingly funny comedy.

Building 4 at 8 p.m. Tickets are \$5 for students, and \$6 for the general public. Tickets will be available at the door.

The Bathhouse Theatre is beginning the new year with the greatly acclaimed comedy piece, "Slapstick." This comedy addresses the complexity of the American family. The presentation runs from Feb. 16-Mar. 1. For price and ticket information call the Bathhouse Theatre at (206) 524-9108.

The Wing Luke Asian Museum presents: "Within the Silence," a presentation on the experiences of Japanese Americans during World War II. The show will be on Feb. 19 from 7:30-9 p.m. at the Nippon Kan Theatre. For more information, please call 623-5124.

Lady Thunderbirds climb into playoff position

By Kris Petersen
Sports Editor

The Highline Lady Thunderbirds ran their recent hot streak to five wins in six games with a 75-72 win at Whatcom on Saturday.

The victory puts them in position for a playoff spot.

The squad is tied with Peninsula for fourth place in the Northern Region. The top four teams in each region battle for two spots in the championship tournament.

The victory on Saturday allowed Highline to leapfrog Whatcom in the standings.

In a matchup earlier this season, Whatcom benefitted from poor officiating to pull away with a 10 point victory on the Lady Thunderbirds' home court.

This time, however, Highline would not be denied.

After extending an early lead to 18 points, the squad went into halftime with a 15 point lead.

Ice cold shooting hurt Highline in the second half.

Whatcom dominated the boards in the latter stanza while the Lady T-Birds shot a frigid 31 percent, allowing the Orcas to climb back into the game.

After a Marla Johnson layup with 42 seconds remaining, Whatcom sat within only two points.

After Whatcom's fouling strategy failed, the Lady T-Birds sealed the victory.

A last second three-pointer



"Heck yeah, we're going to keep winning!"
--Freshman guard
Karen Nadeau

by Renee Cameron served merely to make the score appear closer than the game really was.

Karen Nadeau led Highline in scoring with 25 points. She also dominated the defensive backcourt with eight steals, part of a team effort which created 29 Whatcom turnovers.

Valerie Nater also played well, contributing 14 points, 14 rebounds, and six blocks.

Kristi Duggan scored nine with five boards and Jennifer Tarbet had eight points, six rebounds, and four steals.

Johnson led Whatcom in scoring with 16, which came with nine rebounds.

Laurie Hoskins played a major role in the Orcas' resurgence, snatching 20 rebounds.

"We have to think 'Increase the lead,' instead of 'Keep the lead,'" said Nadeau.

The Lady Thunderbirds dominated the backcourt defensively, forcing Whatcom point guards Wendy Wright and Jill Jacoby to six and 10 turnovers, respectively.

"We smothered them, then

they got frustrated," Nadeau said. "We didn't let them set their offense."

"We have an awesome defense," Nater said.

In the six game stretch, Highline has won close games with rebounding and defense.

The team has played particularly well together defensively. "It seems like we talk more," said Nater.

Nadeau has wreaked havoc on opposing backcourts, averaging over four steals a game, while Nater has dominated interior defense, blocking more than six shots a game.

Results from Wednesday's game versus Edmonds were unavailable at press time.

Following the Edmonds game, Highline plays Everett on Saturday, Feb. 14, then travels to Peninsula on Monday, Feb. 16, before playing at Bellevue on Wednesday, Feb. 18.

All four games will be key to the Lady Thunderbirds' playoff chances.

"Heck yeah, we're going to keep winning," said Nadeau.



Photo by Bruce Jarrell
Freshman farm boy Marty DeLange, a starter on the top-ranked Highline men's basketball team, came here to test city life.

Home on the range

Championship opportunity brings Highline's DeLange off the farm

By Osman Munroe
Staff Reporter

It has been five months since Marty DeLange left his home town Lynden to play basketball at Highline.

Lynden is a small town, about 10 minutes away from Canada. It's about a two hour drive from there to Des Moines.

DeLange had a lot of offers to play basketball at other community colleges coming out of high school, but he chose Highline because he wanted to find out what city life is like.

Lacking experience in the city, he wanted to try some new things.

"I had a feeling how the city was going to be like from talking with other people that have been in the city," DeLange said.

DeLange says he likes the new experience of being down here in Des Moines, meeting new people, having fun playing basketball with his teammates, and also seeing different sights.

At Lynden, DeLange was the starting center for the varsity basketball team for three years.

His team took third and sixth in the AA state tournament, losing twice in the semi-finals on last-second shots.

When the season started, DeLange had no idea how the college competition would be.

As time went on, he came to find out that it wasn't really as hard as he thought it would be, but there is one thing that he had to work hard for, which is being one of the starting five on the team.

"I wasn't on the starting line up the first three games, which made me work hard" he said. Now he is the starting center on the team, averaging 8.4 points and 6.5 rebounds per game.

DeLange said he likes playing basketball, but school is more important to him. He doesn't know what he wants to major in at this point, but he likes the fact that he is in school.

DeLange said he likes the experience of being in the city, but he would rather be in the country where they have less people, less traffic lights and he gets a chance to work on the farm with his dad.

Men's team annihilates Whatcom

By Michael Stampalia
Staff Reporter

Highline's men's basketball team defeated Whatcom on the road Saturday 104-54, bringing their winning streak to 21 games. The Thunderbirds record is an NWAACC best 22-1 overall and 11-0 in league.

The Thunderbirds never trailed Whatcom Community College in a game where they led by as many as 54 points.

Highline jumped out to an 11 point lead in the first half and never looked back.

"We did a very good job playing defense in the first half," Coach Joe Callero said.

The Thunderbird bench scored 52 of the team's 104 points, outscoring Whatcom's bench by 25 points (52-27).

With the score 104-50 the Orcas managed two quick baskets in the last 28 seconds of the game to make the score 104-54.

On a night when only three players managed to score in



Enfield

double figures, the Thunderbirds fed off of their defense.

Quincy Wilder and Marty DeLange each had five steals as Highline forced 32 Whatcom turnovers. Wilder is second on the team to point guard Reggie Ball with 2.78 steals per game.

Adam Enfield led the Thunderbirds with 24 points, 18 of which came on 6 of 7 shooting from three-point range.

"Adam shot the ball well offensively. His shots were set up by Gabe Ladd and the other guards. You have to give credit to the people who passed him

the ball," Callero said.

Enfield's stellar performance raised his three-point shooting percentage to 45.3.

Forward Todd Watts added 15 points.

Coming off of their first bye-week of the league season Head Coach Joe Callero was concerned about his team's play.

"Having a week off works both for and against you," Callero said. "We were not crisp on offense, but we played well on defense and on the fast break."

During the week off, the team added new wrinkles on offense and defense.

"I was happy with the things we added during the week. I thought we executed them well," Callero said. "We came in and surprised them with some of the things we did."

The Thunderbirds play Everett at home on Saturday in a rematch of an 87-63 Highline road victory earlier in the season.

The team then hits the road to face Peninsula on Monday.

**WALK TO HIGHLINE
BASEMENT STUDIO \$420.
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Watts back at Highline

By Demonne Taylor
Staff Reporter

Todd Watts is playing basketball again because he doesn't like selling jeans.

Not that basketball is going to make Watts a pile of money. Watts came back to continue his education and get a better career.

Watts, a 6-4 guard, is back at Highline after a year away.

"I was tired of just working," Watts said. "It just wasn't working out."

And he missed playing basketball.

"It feels right to be back on the squad," Watts said. "The team's goal is to win the NWAACC."

The 21-1 Thunderbirds are defending champions of the Northwest Athletic Association of Community Colleges.

Watts starts, supplying a potent outside jumper and tough defense.

He averages 10.7 points and 5.1 rebounds per game for the Thunderbirds and is third on the team in minutes played.

In the team's last game, at Whatcom, Watts scored 15 points and had nine rebounds, four assists, and only one turnover.

When Watts is finished with his Associate of Arts degree he says he would like to attend a four year university.

He says he will attend Central Washington University if teammate Reggie Ball joins him.

Watts will be expecting his



Todd Watts took last year off to work. This year, he's starting for the 22-1 T-Bird squad.

first child in about four months from his girlfriend.

In playing the father figure role, he says he's nervous but happy and ready at the same time.

The strong parts of his game are shooting around the perimeter and passing.

His passing ability and high

assist to turnover ratio are especially appreciated by his coaches.

"As a three man, it's important that he's the third best ball handler, behind the one and two guards," said head coach Joe Callero.

He wants like to improve on his basketball fundamentals to

the fullest by practicing a couple of hours a week.

Overall Watts comments that the Thunderbirds are fundamentally sound and are ready to go on and win the NWAACC for a second consecutive time.

The Thunderbirds have an outstanding record of 22-1, tops in the NWAACC.

Photo by Bruce Jarrell

Wrestlers try for nationals

By Frankie Cenicerros
Staff Reporter

The Highline Thunderbird Wrestling team is hoping to send at least six wrestlers through regionals to nationals.

The T-Birds' regional match will be Friday, Feb. 13, at Northern Idaho CC, in Coeur d'Alene, Idaho.

One wrestler who is expected to do well is Nelson Crisanto, who won regionals last year before a seventh-place finish at nationals.

Now he has a chance for a second-straight regional crown.



"I think my chances are very good. I think I'm gonna win. It's not going to be easy," Crisanto said.

Assistant Coach John Clemens thinks Crisanto has a good shot. "Nelson's chances are real good as returning champion, but he's going to have to beat people that beat him earlier this year," Clemens said.

The T-Birds' 167-pounder, Adam Catterlin, is entering regionals as a No. 1 seed.

"I wrestled everyone so I know how to beat them...I just need to wrestle on my toes," Catterlin said.

Other wrestlers who are considered candidates for nationals are Jesse Barnett, Eric Worden, and Trevor Howard.

"I should advance to nationals after regionals," Barnett said, referring to a top wrestler from Ricks College in Idaho.

Julian Reynoso hasn't had many matches this year to be ready. "He's in a nothing-to-lose situation," Clemens said.

The tournament includes: Yakima Valley, N. Idaho, Ricks, Clackamas and SW Oregon.

If some wrestlers don't succeed, they may still qualify as wild cards. The top three from each weight class advance to nationals. Coaches can vote for fourth place wrestlers to advance. Only six wrestlers in 10 weight classes can receive a wild card.

Coaching is top priority for Oakeley

By Garrett Miller
Staff Reporter

Janelle Oakeley once lived for playing basketball.

Now she lives for coaching it.

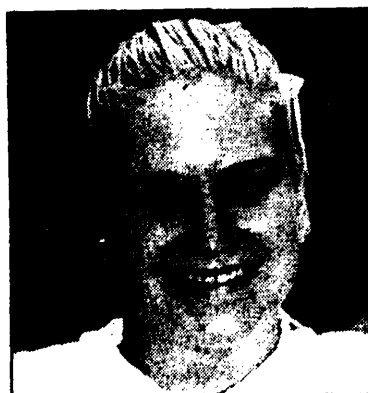
"I would be able to make the transition to head coach easily," said Oakeley, who is dropping hints that she would like to be Highline's next women's basketball coach.

Oakeley has been assistant under Head Coach Dale Bolinger for the last two years.

Bolinger is departing at the end of this season, leaving the job open for next season.

Oakeley has some experience.

She had played under four different coaches while she attended college, allowing her to learn many different coaching techniques over the years.



Oakeley played her freshman year of basketball at Big Bend C.C. in Moses Lake.

"I decided to come to Highline for my second year of college so I could be closer to home," Oakeley said. "I grew up in Federal Way."

While at Highline, Oakeley played under Bolinger, and helped take the Lady T-Birds to the play-offs.

After Highline she went to

"I would be able to make the transition to head coach easily."
--Women's assistant coach Janelle Oakeley

Newman College in Wichita, Kans. to play basketball and soccer for two years.

In 1996 she came to Highline to be the assistant coach for the women's basketball team.

"Janelle has made a lot of progress with her coaching endeavors," Bolinger said.

Many of the freshmen on the team this year would like to play for Oakeley next year.

"I like to have a woman

coach because she's easier to talk to," freshman Amanda Eckert said.

Although friendly and easy going off the court, her players say Oakeley is intense "when she needs to be."

Oakeley has been a good complement to Bolinger's coaching style.

Oakeley said she is the emotional part of the duo, while Bolinger is a "great X and O coach."



Dear Jeffrey: SURPRISE!!! Happy Valentine's Day to the world's greatest boyfriend! I just want you to know I appreciate you and your support in everything I do. It's so great to have you in my life. Your smile, your warmth, and your voice and your affection. I look forward to many more happy times with you. I love you!
YENERMA

Highline cheer busts a move

By Tracy Wilcoxon
Staff Reporter

Highline cheerleaders love to perform.

They work at basketball games during time outs and at half time.

Highline has had cheerleaders for six years. To become a cheerleader at Highline, all you have to do is register for a class.

This year's squad consists of 10 students. They came from six different high schools.

The job of a cheerleader is to get the crowd involved and give constant support to the players. They also entertain the crowd by performing dance routines.

"They seem to be very well organized and perform routines quite precisely," said Basketball Coach Dale Bolinger.

The Highline cheerleaders come to get trained and move on to four year universities.

Like a routine, the cheer squad was unanimous about why they're involved.

"We love to cheer and dance," they said in unison.

The squad practices every Sunday for about four hours. Squad members say it is a lot of

hard work putting routines together and practicing them together on the same beat.

"I cheer because I did it in high school and I love to perform in front of people," said Nikole Jack.

Terry Dixon is the adviser for the cheerleaders. Dixon has 30 years of experience advising cheerleaders. She is also the adviser for Evergreen High School cheer squad. Cheerleading is not a sport at Highline and therefore not funded by the college. This is why the cheerleaders don't cheer for sports other than basketball.

"It comes from my own salary," Dixon said.

The women of the squad pay around \$200 for their uniforms.

Squad members say cheering is a good way to meet new people, exercise, see some great basketball games, develop your personality and a great chance to learn how to become a leader.

"A leader once and you will always be a leader," Dixon said.

If you are interested in becoming a cheerleader for Highline, call Terry Dixon at (206) 243-3993. Tryouts start next September.

Hughes dances his way to Highline

By Tracy Wilcoxon
Staff Reporter

The best dancer on the Highline cheer squad, Jaret Hughes, is not a student at Highline. But Hughes is taking his passion and making it happen at Highline.

He is one in the line up of 10 in the Highline cheer squad.

"Jaret has great moves and he can work it baby!" said Karen Nadeau, player on the Highline women's basketball team.

Besides Hughes being a dancer he is also the choreographer and coach. He puts the dance routines together covering all different types of styles and music. Along with that, he has to teach the squad the moves to the routines and coach them too.

"I put in about 24 hours plus in a week practicing," Hughes said.

Hughes is a senior at Evergreen High School where he is on the cheer squad, doing the same job. Hughes helps here at



Photo by Bruce Jarrell
Highline's lone male cheerleader, Jaret Hughes, has become a fan favorite with his incredible dancing ability.

Highline on his own time because he loves dancing and performing in front of an audience.

"I feel the girls and I do a good job performing and feel appreciated by the crowd," said Hughes.

Hughes is planning to come to Highline next year to study computer technology and business. At the same time he will be following his dream and attending dance school at the Burien Dance Theater.

"He is wonderful and everyone just loves him because they see that he is so talented," said adviser Terry Dixon.

Hughes said he has been interested in dance and cheer since he was a child. It all started by watching Michael and Janet Jackson videos.

"Janet Jackson is my favorite choreographer because she performs different types of dances

and she presents her own style in a very unique way," Hughes said.

He has taken dance lessons since he was in the seventh grade. This last year, when he went to the Seattle Center Academy, he made his mind up to become a dancer.

"When I perform it takes me to another level where I'm able to express myself," said Hughes.

Meanwhile he is cheering and dancing at Highline women's and men's basketball games. His fellow cheerleaders think very highly of him because they see how much talent he has and his ability to perform in front of an audience.

"He is the glue that holds us together, the best dancer I have ever seen, he is just phenomenal," said cheerleader Claire Kriesel.



Photo by Bruce Jarrell
The Highline cheerleaders have been a usual sight at basketball games for over six years.

Sports Briefs

A golf challenge for the Foundation will be held August 21, but is fundraising now. Packets will be available in March. It's the event's third year and \$1000 is needed to enter. Half of the money teams raise goes back to the team and half goes to the foundation.

Water polo: Registration begins Feb. 17. The class starts up again in spring on Tuesdays and Thursdays at 2 p.m.

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New drainage system will put end to floods on track

By Christopher Louck
Staff Reporter

Flash floods and natural destruction will soon come to an end with the addition of settlement ponds to Highline's campus.

A ravine that runs behind the track field is currently flooding the wetlands on campus.

All the water that drains from the parking lots, paths, and building rooftops runs west through the campus, into the ravine.

Because it is a wetland, the ground is already saturated with water, and any addition of water causes flooding.

Facilities Director Pete Babington said that because most of the campus is paved, large amounts of polluted water rushes into the ravine. Apartments west of campus also have reported flood problems.

Because of the increase in paved surfaces, the current water runs too fast for it to be soaked up.

A committee has been selected to make designs for the settlement ponds. These ponds would be arranged in stairsteps, similar to an ice cube tray.

The water coming in the first squares would be slowed, and then would spill into the next set of squares, where it would be released.

Between these ponds will be a bio-filtration swale, which will actually be a grassy ditch.

The grass acts like a natural



Photo by Bruce Jarrell
Ravine on the west side of campus will soon be replaced.

filter, and helps to eliminate harmful pollutants.

This may become a new place to hang out.

The design committee is going to try to make the ravine into a park where people can enjoy nature and watch the water.

"We are going to tear up the land anyway, so we might as well make it something beautiful," Babington said.

The design will start next summer and should take a year and a half to complete.

The state Legislature is funding the estimated \$900,000 it will cost to construct these ponds.

"Animals will temporarily have their houses disrupted, but there should be no long term affects on the natural wildlife," Babington said.

By Alex Hennesy
Staff Reporter

The lights went out at Highline yesterday.

At about 10 a.m. on Wednesday the power went out in buildings 6, 5 and 11. The power outage was caused by a plumbing leak in the basement of Building six.

Water found its way from an old galvanized pipe into the breaker panel and shorted out two fuses.

The outage affected virtually everyone in these buildings. "There's not much I can do without electricity," Marsa Mair, a secretary in Building 11 said.

Richard Hust with campus facilities indicated that the power in Building 6 would be back on when they could find the right fuses.

"Those fuses are hard to find," Hust said.

However restoring the power to buildings 5 and 11 will take slightly longer. Electricians and campus maintenance will have to wait until the plumbing is fixed and the breaker panel can be dried out before they turn the power back on to Building six.

The bookstore closed during the crisis.

"It's a major job," Dallas Baker from campus facilities said.

Thankfully, most of the offices remained open during the catastrophe.

Although workers in the registration department could not do any tasks that required the use of computers, like looking up student records, the cashier was still open to receive payment and the reception office was still open to answer phones and help students any way they could.

"We are still here to help," Rhonda O'Brien said.

S&A prepares budget

By Andrew Campbell
Staff Reporter

It's time for the \$800,000 Highline sweepstakes.

Up to 40 campus organizations, from art to volleyball, will spend the next few months trying to convince the S&A Budget Committee that some of your money should go to them.

The Services & Activities (S&A) Budget Committee determines who gets what student funds, which stood at \$785,925 at the beginning of this year.

Deadline for budget proposals is Feb. 13. The committee will consider the requests, over the next few months.

The committee will make its decisions by the end of April.

All Highline students pay

S&A fees, up to \$49 for 10 credits. The money pays for additional programs outside of the basic classroom.

"[The S&A budget] basically pays for anything you don't get credit for," said Chad Cornish, committee chairman.

All other funding comes from the Instructional Budget, which covers teachers' salaries and most other things that you get credit for.

The S&A committee is hoping that the Instructional Budget will take on a few of the services and programs that the S&A currently provides.

"The accompanist for the choir for example, we don't feel that we should be paying for the accompanist because choir is a credit class," Cornish said.

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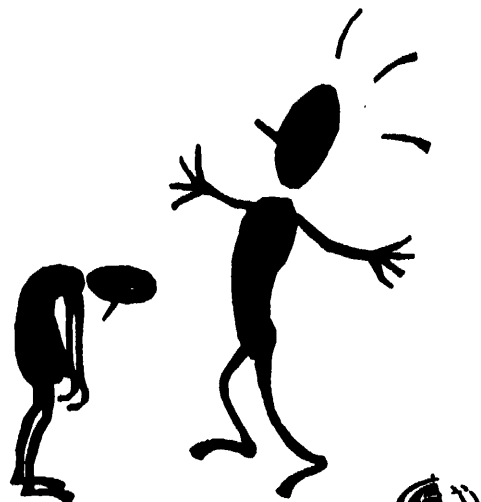
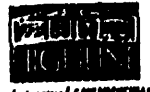
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Currency

continued from page 1

to return to Korea at the end of Winter Quarter.

The South Korean Consulate confirmed the students' statements.

"We hope colleges and universities can provide some assistance [to the students]," said Inho Song, education attache at the consulate.

Song said that almost 5,000 Korean students live in the Pacific Northwest (including Washington, Oregon, Idaho and

Montana). This number includes students attending English Language schools.

So far, most Highline students are just toughing it out.

The college may see a dramatic drop in Asian registration next fall, said Jack Huls, director of international student programs at Highline.

Huls said that two students have left the college this quarter, one from Thailand and one from Korea. One more Korean student may have to leave before the end of the quarter.

The college is trying to help Asian students stay in school by allowing them to

pay their tuition on a monthly basis, with the total due by the end of the quarter.

Huls's office is also working with Immigration and Naturalization to streamline applications for Economic Hardship Status.

This status is only available for students who have lived in the U.S. one year or more, and the approval process can take up to two months. Once granted, it lets students earn more money than is normally allowed on student visas.

Students may also work at General Fund jobs on campus if they attend full-time and are in good academic standing.

Such jobs are scarce and very com-

petitive and are not a large source of relief, Huls said.

Korean registration is off significantly at the LCP International Institute, a private English Language school located on the Highline campus.

"Usually at this time of year Korean students come to this school on their winter break. There is just a trickle of them this year," said LCP Housing Coordinator Sheri Jackson.

LCP Registrar Julie Richardson confirmed that last year seven Korean students were registered at this time; this year, only one has registered during the traditional winter break.

S.A.D.

continued from page 1

said that they eat more, 54 percent said that they sleep more, and 22 percent said that they gain weight.

These numbers are higher than one might expect, suggesting to Haggerty that many of the students are suffering from a sub-set of S.A.D. called winter blahs. This is a less severe case of S.A.D. which is sometimes referred to as post holiday blahs, said Haggerty.

According to a recent article in Sound Consumer, 20 percent of the population in Washington suffer from winter blahs and 10 percent actually have S.A.D.

Post holiday blahs are exactly what the name suggests, depression due to the end of holiday bustle. The depression can be caused by a number of different factors, but will include light deprivation.

The winter blahs normally do not last the entire season according to Haggerty, and the mild depression that follows the holiday season is usually not disabling.

Haggerty is part of the 10 percent in Washington who have S.A.D. She discovered that she had the disorder nine years ago. What clued her in was an article she read in the newspaper.

"The article I read described symptoms of S.A.D.," Haggerty said, "and after reading it I said, 'that's me!'"

One symptom Haggerty noticed of herself was the desire to be more reserved and less sociable during the win-

ter.

She also found herself to be less energetic, less productive, more likely to eat starchy foods, and more likely to over sleep; all which caused her to feel down and depressed. However, as the days got longer and summer approached her mood improved.

After reading the article, Haggerty participated in a study which confirmed her suspicion. She has since experimented with different types of treatment, such as a light simulator in her room that helps her wake up easier in the morning. The light simulator works by gradually getting brighter in order to trick the eye into thinking the sun is rising, Haggerty said.

She also watches her diet very carefully and tries to eat plenty of fruits, vegetables, and protein enriched foods. In addition, she tries to get out and walk in the day light once in a while, even if it is dismal and rainy outside.

"Some sun light is better than none at all," Haggerty said.

Haggerty's house is very bright. The walls are all painted bright white, she has white curtains and very little clutter. The light colors help to reflect the sunlight, she says.

In the summer time, however, Haggerty has to put thick dark curtains over her windows in order to fall asleep at night.

Many people with S.A.D. suffer from insomnia during the summer time, due to excessive amounts of light, said Haggerty.

Students who feel they suffer from

S.A.D. or even just winter blahs should experiment with different treatments, diet, light, and environment, says Haggerty. For further treatment you should consult your physician, she said.

A folder has been put on reserve in the Library for students interested in further information on S.A.D. It is under Miscellaneous and entitled Seasonal Affective Disorder.

Edris

continued from page 1

said that when the weather cooperates, Seattle is a great place for a hang glider pilot to live.

Edris, a tall blonde woman who carries herself with the same slender strength you would expect of the craft she pilots, first came to the United States

in 1994, when she came to compete in the world championships in Chelan.

"I like it [Seattle] a lot," Edris said. Edris's only goals for her upcoming competitions are to have fun and to do her best.

"I would like to stay competitive," she said.

Due to the nature of the sport, nobody is getting rich hang gliding. As a matter of fact, it requires a great deal of money and self-funded travelling to be a competition pilot. However, it's no mystery why Edris sticks with the sport.

"I love to fly," she said.

**Colie,
Happy V-Day**

With all my love,
Michael Lee

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