Candidate visits scheduled for spring

By Lara Curry
Staff Reporter

Dana have been set for the presidential candidates in spring. Five interviews will be held between March 27 and April 1, with students, faculty, staff and community members. Interviews begin on March 27 and will end over a span of seven days. Each of the five candidates will be interviewed for a half day and will include a series of features. The candidates, and the days that each will be on campus, include:

- John T. Tresan, March 27
- Steven H. Needle, March 28
- Wayne J. Bell, March 29
- Joel Birmingham, March 30

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Native Americans collection to be unveiled in spring

By Lara Curry
Staff Reporter

A vast collection of Native American items was donated to the Library and Highline Foundation, and they invite you to join them in the dedication ceremony on March 25 at 6:30

The collection comprises games, music, videos, drawings, prints and more, as well as 1,200 books.

Deddy Owen donated his collection, which he began in 1982 while he was living in Alberta, Canada. The problem facing Native Americans in Canada is what sparked Owen's interests.

"This interview reveals his compassion and concern for the plight of all Native Americans," said Lyn Phelps, no evening events coordinator.

See Gallery, page A16

See Transfer, page A16

The University of Washington's recent announcement in Tacoma does appear to be very successful.

Although the school was created to offer local community college students a place to transfer, its success is not the result of ideas that were offered in other states or other schools.

Students hoping to transfer to UW-Tacoma may find themselves in Highline for extra space.

UW-Tacoma officials say the school is not the result of any university decision to be made.

The UW-Tacoma campus has one of the highest graduation rates in the state, and Donna Brown, associate dean of Academic Programs at UW-Tacoma, said the school's mission is to expand the opportunity for students to be better prepared.

The university's mission is to allow students to live and work at their own pace.

The school is too prestigious to allow students to win and can reach their goals because of academic standards.

The University of Washington opened the UW-Tacoma campus in 1990.

UW-Tacoma only offers junior and senior-level classes.

The UW-Tacoma requires four one-semester courses (2 credits) in order to graduate from the University of Washington.

Students must complete at least 20 credits with a passing grade to transfer to the university.

The university's mission is to allow students to win and work at their own pace.

It is even easier to get to the UW Seattle's metropolitan campus than ever before.
Crime Blotter for
week of Feb. 26 - March 6

A student who parked his
car in the east lot Feb. 28 re-
ported that someone hit his
car, damaging his back
bumper. The damage was es-
timated at $500.

Stolen car leads to baffled
student

A student reported that his
'96 Acura was stolen from the
east lot Feb. 28 sometime be-
tween 6 and 10:45 p.m. The
case was turned over to the
Sea-Met Police Depart-
ment.

Dog makes campus its
temporary home

Security found a lost dog
wandering around campus
March 2. The animal was said to be five colored, fe-
males, 4 to 5 months old and
Fido/Beagle mix.

They called the Des
Moines Police Department
who reported the case to Ani-
mal Control, who placed the
dog in the Security Office.

The dog began to whim-
per and bawl, so they let him out
of the security office. That's
when he took off, Security
called Animal Control and
told them that the dog was
missing and should campus.

The dog has not been seen
since the incident.

Another dog tale

A security found a long-
haired dog roaming around
campus March 3. When they
called the number on the
identification tag they found out
that he belonged to a man across
the street.

The owner was delighted
to have his dog reunited in
him.

Students should not litter

A campus staff member
found a stack of the Thunderword scattered be-
tween Buildings 27 and 28
Feb. 26. Grounds crews later
picked up the papers.

Compiled by
Talitha Vance

Speech Slam highlights students

By Joy Thrall
Staff Reporter

Lindsay Dundas talked about
sex on television; Autumn Liner
spoke about advertising; and
Brandi Nelson discussed child
custody.

They were all Highline stu-
dents, the three finalists in Phi
Theta Kappa's Speech Slam
cast.

The three students spoke in
Building 7 on March 8. Their
speeches were part of this
quarter's Honors Colloquy class, and also the final round in
the Speech Slam competition.

Dundas, Liner, and Nelson
were chosen from nine conten-
tants as the finalists in Phi Theta
Kappa's first speech contest.

Kat Chapel, PTK member
also spoke as part of the pro-
gram.

The speeches were graded on
originality, creativity, presenta-
tion, and how well they re-
fected the topic, "The New
Millennium, the Past as Pro-
logue."

After all three of the contes-
tants finished their speeches, the
other large audience (around 50
in all) were given a chance to
vote for their favorite speech.

Lindsay Dundas was the first
to present her speech. It was en-
titled "TV's Frisky Family Val-
ues."

She talked about the increas-
ing amount of sex in prime-time
viewing, looking at TV in the
class, and also the final round in
the Speech Slam competition.

"I doubt that Beaver Cleaver
would allow girls to crawl
through his bedroom window in
the middle of the night for sexual
exploration like Dawson Leary
does," she said.

The next speaker was Autumn
Liner. Her speech covered the
evolution of the advertising in-
dustry.

She examined the history of
advertising, particularly the
disparity between United
States and that of foreign coun-
tries.

"Advertising agencies are
going to have to find more ways
to stand out," Liner pre-
dicted.

Brandi Nelson spoke next.
Her speech was called "Custod-
ial Rights: Past, Present, and
Future."

She looked at how courts
have historically ruled in cus-
tody battles, how they are rul-
ing today and how they are ex-
pected to rule in the future.

A support for offered
for newly divorced

A support group has been formed
to help the newly di-
 vorced cope. Meetings take
place every Wednesday from 6
to 7 p.m. in Building 21, room
107. Pre-registration and a fee
are both required. To sign up
please call Women's Programs at (206)
878-3710 ext. 3340.

Achievement Scholar-
ships recipients

Congratulations to the fol-
lowing students for receiving
the 2000 Academic Achieve-
m ent Scholarship: Julie
Cauvin, Britney Young, Pamela
Kenfield, Fayez Siraj, Shannon
Alton, Leslie Chacko, Almea
Kessel, Katie Royce, Deborah
Nighswonger, Jennifer
Bryns, Brandi Nelson, Michael
Beauchamp. Stu-
dents are encouraged to apply
next quarter if planning to at-
tend Highline in the fall.

 Campus life

Carkeek Park, Richmond Beach,
Seattle or on Vashon Island this
summer. Everyone is welcome.
Paid Beach Captain positions re-
ally must be purchased by March
9 and will be sold on a first
come, first serve basis.

Support offered for newly
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New York Yankees on Saturday,
April 8 at 1 p.m. Tickets are
$14 and are on sale in the Stu-
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Production Illustration program has longevity

By Fatmata Elba
Staff Reporter

Highline has a head start on having a technically advanced graphic design program. Twenty years ago Highline began its Production Illustration program.

"In order for a program to last a long time there needs to be some administrative support for what's being done and understanding of the value of what's being done," said Program Coordinator Gary Nelson.

Program coordinators always have to work at improving programs or they would be where they need to be, he said.

The Production Illustration program, which has around 70 to 80 students enrolling each quarter, prepares students for employment as illustrators and graphic designers. It trains students for enter-ready art and lay out printed matter. These skills encompass several tasks, including designing brochures, packages, ads, and other documents.

"Enrollment seemed to be consistent ranging from year to year. When the economy is good you'd expect more people to be working rather than going to school," Nelson said.

Electronic design and production (desktop publishing) courses are included in the curriculum to prepare students for employment in modern design studios and large corporations.

Students gain practical experience by participating in professional organizations and through internships.

"It's a good start to get the basic concept if you want to transfer," said former PI student Ally Hood.

One of the most important required skills is work ethic, which entails getting things done and managing one time and resources.

"We're looking for people who have interest in creating and making things and learning and interacting with people," said Nelson.

Next fall the PI program is planning to offer a 100 level animation course.

For the summer they're planning to collaborate in effort with the fine art department to offer clock hour training to high school teachers in the area of creativity.

This is all part of an ambitious effort to help high school teachers understand how community colleges function and how they can help their classrooms by providing some new inspiration about creativity, and by showing them what they can do for their students.

The emphasis on production and graphics provides positive employment opportunities for students with the proper aptitude, training, and experience.

Employment opportunities are good in business and industry as well as in art departments of large organizations and institutions.

Position possibilities include graphic designer, desktop publisher, production artist, production illustrator or art director.

Another option is self-employment and freelance work.

Campus programs plead their cases for funding

S & A committee must now hammer out budget

By Ericka Wood
Staff Reporter

The Services & Activities budget committee denied the English Speaking Association's $150 contingency request in its meeting Monday, March 6.

The request was to fund prize money for a speech contest. The request was denied partly because committee members believed that the group didn't include enough student.

The vote was unanimous with five members voting.

The Monday meeting also brought more presentations of clubs and campus organization projected 2000-01 budgets. The presenters at Monday's meeting were the cross country and track teams, multicultural student programs, clubs, Men's basketball, parent's place and intramurals.

The track and cross country budgets were rolled into one, and presented by Coach Tracy Brigham.

With over 70 students competing in one or both sports, the program is asking for $32,951. With last year's budget at $30,000, Brigham lists the extra funds as justified in that the program is rapidly growing in numbers, and is becoming a more competitive one.

"The word is out there that we have a team and we're competitive," said Brigham during her presentation. "We also have a lot of equipment needs,\n
Multicultural Student Programs asked for $8,000, $3,000 up from their budget last year. The extra money will be for extending the funding of the Martin Luther King Week and Unity Through Diversity Week events.

The clubs presentation was made by Student Government Club Diplomat and Treasurer Kitty Richmire.

The main objective of this presentation was to receive money to fund the Student Government-recognized clubs for next year.

There was also a provision in the budget for a contingency fund.

"We wanted to set up funds that clubs could get a hold of," said Richmire.

Jeff Albrecht made the presentation for men's basketball, asking for about $1,000 more than last year. Albrecht was able to boast an impressive record, and a positive outlook on next season, with many freshman-level players who will be advancing.

He also added that "athletics teaches life skills." Danny Lyons, a freshman basketball player gave his testimonial regarding his experience playing for Highline this year, to support Albrecht's theory.

The Parent's Place presented their $2,500 budget which is mostly to enable them to host more activities for students with children.

These include whole family events, and also educational events for parents. They also felt that new materials were needed.

The last presentation was for intramurals. Cara Hoyt presented for this activity, which includes 75-80 students every quarter.

Three sports are offered each quarter, and at the end of each quarter they host a barbecue for all of the participants.

The intramural sports program has never before been funded by the Services & Activities Budget.

Team Highline, a group that puts on several events for the school requested on Wednesday for an increase of $11,000 to their $4,644 budget. Their requests include $2,000 for training and supplies.

The presentations were completed Wednesday, March 8 and the committee will start to hammer out the budget next quarter, hopefully finishing sometimes in May.

Anxious to be heard? Write for the T-word. See us in 18-186.
Editorials

The tutoring center is left in a trench

The tutoring center may be left out in the cold as the spring heats up. The center may only be able to operate part-time if $12,000 is not found. This is the amount of money needed to cover the pay-roll of the actual tutors.

The college needs to step up and fork over the money to pay the tutors, so the center can operate full-time. More students are coming to Highline who need extra help. This quarter 700 people stopped by the tutoring center for help.

Helping students succeed is supposed to be the college's top priority. If students are taking the initiative to seek help on material that they cannot understand, they deserve the opportunity to get it.

Visiting professors on their office hours is not a sufficient means of seeking help. Especially when many professors are too busy to offer weekly or even too busy to offer any help.

Nothing has been done to improve this situation. The college has been losing students in need since 1979 and every quarter since then. The need for tutors has grown steadily over the past years.

The tutoring center needs a quick fix, and the college needs a long-term solution. Funding for the center needs to be a priority within the college's regular instructional budget. Forcing the center to operate part-time is not a sufficient means of finding a solution.

Tutors are more accessible, both because time and because they are students, too.

It is time that the college pays the price for tutors who are doing their best to help others learn what they already know.

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The tutoring center needs a quick fix, and the college needs a long-term solution. Funding for the center needs to be a priority within the college's regular instructional budget. Forcing the center to operate part-time is not a sufficient means of finding a solution.

There are budget constraints that are alarming. The center is obviously vital for many students to succeed. Steps need to be taken in the near future to make sure the center gets the money it undoubtedly deserves.

Check out the final five presidential candidates

The college is now reaching the end of the process for choosing a replacement for current president Ed Command. Command announced his retirement in June of last year and it will take effect July 31, 2000.

Since the announcement the Board of Trustees has been on an intense search to find the best possible candidate for the position.

The search that was once so broad has been narrowed down to five candidates, all of whom will be subjected to open forums, where they may be asked questions. The forums begin March 27.

Students, staff and faculty should try to take time out of their busy schedules and attend these forums.

Show some concern for where the college is headed and attend the open forums.

Letters Policy

The Thunderword Opinion section presents a perspective on the news and the newsmakers of the Highline campus community.

Letters should be no more than 300 words. They must include telephone numbers. All letters are subject to editing for style and length.

Mail letters and commentaries to: Letters to the Editor, The Thunderword, Highline Community College, mall stop 10-5, P.O. Box 96000, Des Moines, WA 98198. Submissions can also be dropped off in the Thunderword office room 106, Building 10.
The evolution debate continues unabated

Argument over origins rages on
By Charles Storee

Evolution: Fact or "Just a Theory"? As I listened to the students, I thought, thinking about important issues. Where, then, does the science stand? Does it, as Dr. Richardson suggests, have the authority to hold the final say in these debates over whether evolution is a fact or whether it is a theory? There is not a case. In science, facts and theories are not part of a hierarchy. Facts are provable, whereas theories are explanations and interpretations of those facts. Facts are true and verifiable. Theories are subject to constant questioning. Facts do not change, whereas theories have the potential to change in some way. Sometimes, a new explanation can lead to a revision in an idea or a way of thinking about something. But is the theory of evolution not subject to change? Shouldn't science reflect the uncertainty of the world? Shouldn't theories be rigorous and open to new ideas and interpretations? Shouldn't the solutions to these questions be probed in the same way as those of other questions on other issues, is to provoke you to another thought, after which you will come, properly, to your own conclusions.

You may not know how you have it here

Marta's Moment

Quarter of '91 I figured a couple classes would keep me busy before I returned to the UW. That was six quarters ago. I stayed here because the learning environment at Highline is much better than at UW. Taking a class here feels more like an opportunity to learn.

The smaller class sizes allow for easy access to instructors. Information on how to earn your degree or certificate is to find. Any question I have regarding degree fulfillment can be answered by most of my instructors.

At Highline, people are here to help. It's pretty much how it advertises itself to be; student centered.

 Granted, no school is perfect, and Highline is certainly deficient in areas. (However, as a former UW student, I can tell you that parking is not one of them. Parking at Midway is nowhere near as horrific as parking at Montlake.)

Either way, being at Highline has allowed me to find out what I really want to do with my life. I've gotten to gain experience in my career choice while still taking a diverse course load. I've taken classes that are challenging and that develop my critical thinking skills.

Most of all, I've developed a joy in learning.

At no time in my school career have I ever anticipated going home to my family to tell them what I learned today.

Last Tuesday I spent my twice-weekly "family night" on the process of cloning, which I learned this quarter in my biology class.

Highline has given me a lot, and I am grateful that I stumbled upon this "discos with books." When I did, I boldly asked all of the above is no reason for you to believe me. Indeed, I hope that you will not. What these assertions should do, along with those of Dr. Richardson, is to provoke you to another thought, after which you will come, properly, to your own conclusions.

A self-described "hanger-on" in the Pure & Applied Sciences Division, Charlie Storee still teaches astronomy at Highline.

Essay contest winners celebrate important women

Editor's note: The following are the winning essays in the Voice of the Students monthly essay contest. The topic was "The Number One Woman in My Life."

First Place

Shelby Phillips

The number one woman in my life is my mother. Beautiful, brave, loving, and committed are words I use to describe her. She is devoted to her children, grandchildren, friends, and the community. She has turned her own heartache and struggles around to help others and be compassionate. She has taught me to love as if I've never known what it is to love. She has taught me to be strong and selfless. I believe that God created women to be the picture he had in his mind.

Second Place

By Cheryl R. Lee

Wear hours of the morning A house still was asleep Hours yet till daylight Though his eyes were set on her knees Lord, Bless those that I love Keep the-in safe from harm

Shelby Phillips

By Cheryl R. Lee

The number one woman in my life is no longer in my life, but she guides me each day and every day. She was my grandmother and she is my savior on a daily basis.

Whenever I need guidance in my life I look to the sky and ask my grandma what she would do. My grandmother was a very strong, intelligent, and complex woman. She tried her best at everything, and was always there for me in the end when she was dying from breast cancer. She gave me the greatest memories, and the strength to live. I only hope that one day I can be what she was.

Third Place

By Christie Stevenson

The number one woman in my life is no longer in my life, but she guides me each day and every day. She was my grandmother and she is my savior on a daily basis.

Whenever I need guidance in my life I look to the sky and ask my grandma what she would do. My grandmother was a very strong, intelligent, and complex woman. She tried her best at everything, and was always there for me in the end when she was dying from breast cancer. She gave me the greatest memories, and the strength to live. I only hope that one day I can be what she was.
Show biz rumors should be left alone

I am not one to give entertainment industry gossip any validity.

It seems to be that most of the public carries an obsessive fascination regarding, but I refuse to become caught up in the rag magazine, paparazzi mentality that seems to take precedent over the actual filmmaking aspect of film.

Instead of television shows dedicated to the magic of motion pictures, we're provided programming such as Entertainment Tonight or Inside Edition that are more concerned with Celebrity Philanthropy, the public carries an obsessive and well informed, possessed a certain respect for the lives of individuals placed in the spotlight, and reported news, that was just that - news. One's dirty laundry was rarely made public knowledge.

Marilyn Monroe said something like a gawdless abortions, a fact that anyone with industry pull was made well aware. Rumor has it that James

See Roche, page A9

Grapplers chronicled in new film

By Aidan Martin
Staff Reporter

Wrestling fan or not, Beyond the Mat will have you stuck in your seat from beginning to end.

In Barry W. Blaustein's directorial debut, the film covers much more than the world of wrestling itself, but the lives of its entertainers as well.

The film begins with Blaustein (who narrates the film) explaining his infatuation with the sport. He explains that it is the "cheesy acting" and "athleticism" that attract him to wrestling, then poses the question "Who are these guys?"

Although the film shows scads of different wrestlers, the real story involves the lives of only three of them.

Terry Funk is the wrestler on the last leg of a storied career. Even getting out of bed seems to be a challenge for Funk.

Between the worries of his doctor and his family, one would think that retirement would be a given. But Funk just can't seem to let it go. Even knowing that he will need at least one new knee doesn't seem to quench his ongoing desire for the sport of wrestling.

Mike Foley, a.k.a. Mankind, a.k.a. Cactus Jack, a.k.a. Dude Love, is another story. Twenty years younger than Funk, Foley is in the prime of his career.

Never losing sight of his goal to be a wrestler since the age of 14, Foley has finally achieved the pinnacle of wrestling life. He has been the champion of the World Wrestling Federation several different times, and has become a fan-favorite for his constant ability to take beating after beating.

Now he battles with the challenges of being a parent and maintaining his "day job." After every match, he finds himself reassuring his two toddlers (behind a bloody face) that "Dad's fine."

As with any good story, it comes the tragic part. Jake "the Snake" Roberts was once one of the most famous wrestlers in the sport.

Years of fast living and an addiction to crack diminished his celebrity status way before his prime.

He would rather smoke crack in a cheap motel bathroom than reconcile his relationship with his daughter, whom he hadn't seen in over four years. The entire story proves to be one of the most touching of the film.

Beyond the Mat encompasses the entire emotional spectrum. You'll laugh, you'll cry, you might even get screaming mad. But no matter what you get, get in line to see this movie.

Beyond the Mat opens in theaters nationwide on Friday, March 17.

Director debuts with new documentary

By Aidan Martin
Staff reporter

Beyond the Mat may be Barry W. Blaustein's directorial debut, but he's no stranger to show business.

Blaustein's success story began with Saturday Night Live. He was the head writer, as well as supervising producer for the show. In addition, he and partner David Sheffield developed several of Eddie Murphy's most famous characters, like Buckwheat, Velma Jones, Gumby, and Mr. Robinson.

After leaving Saturday Night Live, the two have written screenplays for several movies, from Coming to America to The Nutty Professor and its sequel.

One could wonder if Blaustein has ever failed. The transition from being a screenwriter to directing proved to be pretty easy for Blaustein.

"When you're writing a movie, in your mind you're directing it, you're visualizing it," Blaustein said. "Now it's just doing it." As for Beyond the Mat, "It went through a lot of changes," Blaustein said. "I was going to follow a young guy, but by the time I got funding, he already had made it."

Blaustein said that the movie still is a lot like he envisioned it would be.

One thing that surprised him about wrestling was "the pain, physical and more the psychological pain."

"The loneliness on the road, and trying to keep families together," were also surprises to Blaustein. "The easy part is in the ring, the hard part is behind the scenes."

The only thing that might keep Beyond the Mat from being a huge success could be one of the film's early supporters.

Vince McMahon, the owner of the World Wrestling Federation (who is actually in a good portion of the film), has decided to pull all of the advertising for the film from his WWF shows. At several different times, McMahon tried to purchase the film. Each time, he was turned down.

"Vince is about control, he tried to buy the movie, offering to triple the budget," Blaustein said. "This is not about money. A documentary has to be made independently."

"If you want a friend in wrestling, buy a dog," Blaustein said to several of the wrestlers from the film. Apparently, they must have known McMahon too.

Now that he's done with the movie, Blaustein said he plans to "get some rest" before heading on to work on some other forthcoming projects.
Palmist, hypnotist visit college

By Alana Raylton Staff Reporter

With their unique talents, palm reader Norm Bunkowski and hypnotist Robert Mach captivated students with their unique talents for the supernatural. Phenomenon Day, a free event hosted by Team Highline, was a popular event for students to attend on campus last Tuesday.

"It breaks students out of the rut of everyday classes, and it can be a fun way for students to see if they will pass their classes," joked Team Highline member Amy Stanley. Bunkowski, hired by Team Highline through a company called Merry Makers, was upstairs in Building 8 reading students palms from 9 a.m. to 11 a.m.

The line for palm readings was long. However, people who did get through to see him weren't disappointed. The private readings were long and thorough.

"I thought he was on to something, it was kind of impressive. I don't necessarily believe everything he said, but he was pretty accurate," said student Monica Haugen.

Later that day in Building 7, Mach made his third appearance at Highline. Mesmerizing everyone by his 24 years of hypnotizing experience, he put several Highline students under his spell.

After having the students find their deep resting places and then putting them under his command, he transported them from the warm beaches of Hawaii to the frigid Mt. Rainier.

"Life is how you create it. If you don't like it, change it," said Mach.

Proving that people can get drunk off your imagination, he served them pretend alcoholic beverages. The students proceeded to giggle and act like they were intoxicated. Mach included the audience by having their applause cure their pretend hangovers, and then sent the students back to their preferred resting places.

He used the image of a bird on the students' fingers to make them realize that using their mind and body they are able to see and make themselves into something different. "Though he ran out of time to finish his demonstration, his message was well-received. "If you don't have a path and you don't know where you are going the best thing you can do is imagine it," Mach concluded.

Art show awards really big prizes

By Lana Caudy Staff Reporter

You may have voted for them, they are the winners of the Really Big Art Show.

Team Highline hosted the event. It took place over a two day span March 1-2.

One top winner, Stephanie Westover, won $150 taking first place for her three face drawing, and for a photograph, Morning Mist. Westover also took second place in the drawing and painting categories. Another big winner, Loan Che, won a total of $115 for two first place finishes in the miscellaneous category with St. Therese, and in the pottery/sculpture category for Stone and Flowers. Che also received a third place finish for her painting for of Diamonds, both in the miscellaneous category. In the painting category, Vera Ponomarenko won first place for Violin.

Gina Malicoot took second in the photography category for Rainbow Bubbles, and Noah Collins-Frey, third for an untitled photograph.

Ana Karina Luna received second place for Di-Sarche, in the Pottery/Sculpture category, and Bonnie Lowe with Hide and Seek.

Josh Burt received third place for his untitled drawing. Team Highline coordinator of the event, Josh Siebenaler, said that the show was well rounded. "This is my first art show, I think I've done a good job." If you were interested in participating in the art show, but didn't have a chance to submit your art work this time around, Team Highline will be hosting another art show next quarter.

Drama comes through in new production

Production groups provide a good show, despite limited resources

By Connie Harshman Staff Reporter

There are many things to like in Highline's production of As You Like It. The Drama Department's Winter Quarter production features a strong cast and creative set designs.

The play centers around Orlando DeBoys, played by Vincent Tula, and Rosalind, played by Sarah Jones. Orlando and Rosalind are young lovers who meet during a wrestling match and fall in love at first sight.

But Rosalind is banished from her home, goes into the forest of Arden to find Orlando and discover if his love for her is true or not. All the actors gave passionate performances and knew their roles very well. Jones and Tula had great chemistry together as two people in love. Rosalind's kooky cousin Celia, played by Kristen Olds, falls for Orlando's brother, Oliver DeBoys, played by Highline drama veteran Collin Hovde.

The characters who stood out the most were Duke Frederick, father of Celia, and Duke Senior, father of Rosalind, both played by Jim Cooper.

Cooper's performances in both roles were very authentic. He came across as a pompous authority figure as Duke Frederick and a caring person as Duke Senior.

Michelle Day, who played Audrey, a simple country girl, has a real talent for comedy. Her performance was creative and original.

With the limited resources the drama department has, the cast and crew did an excellent job with the production.

Several of the cast did double duty as part of the scenery and electric crew.

Director Melanie White has directed several Shakespearean plays and that shows in the excellent direction of the play. The cast and crew worked as a close team putting on the production, which comes across in the stage design and the great acting.

White's interpretation of Shakespeare's As You Like It turned out to be a highly entertaining and enjoyable experience.

The costumes were vivid in color and helped transport the audience into the time period. The set design was also very creative.

The tree trunks looked authentic and the adding of real tree branches completed the ensemble.

Shakespearean English may be hard to understand at first, but if you just watch the actors and don't have a chance to submit with others and the set designs, you will be able to understand what is being said.

The play is recommended for people looking for an enjoyable evening of entertainment with friends.

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INSIDE Scoop

Vaulting Into Spring

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Fastpitch Preview
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Mens Track speeding its way into season

By Paris Hansen
Staff Reporter

Fourth place in the Northwest Athletic Association of Community Colleges could be a tough show to follow, but this year's men's track team is well on their way.

With only four men returning from last year's squad this year's team is full of fresh new faces. Some say though that the group of 30 guys has more depth and talent than last year's team.

"We have more depth than last year all around," said Coach Tracy Brigham. "We'll easily place at NWAACCC, but I haven't seen the other schools yet."

"We have a really good team this year," said Team Captain Tim Richart. "We have a really good chance to finish in NWAACCCs. I'm excited about it."

Three of last year's top point getters have graduated, but that does not seem to be an issue for this year's team.

"If everyone performs like they can we should do really well," said pole vaulter John Fox. "Everyone just has to step up and do what they are capable of."

"We are going to look really strong as soon as we get the guys who are unattached," said decathlete Dustin West.

Several of the men participating in track had to run unattached at the first meet due to eligibility problems. Most will be eligible by the next meet this Saturday at PLU or by the meet after that.

"We need to get more people out," said West. "We still have a lot of people running unattached. It will definitely help the team when we get them back."

One athlete will be sophomore Pat Boyd, who will be eligible this weekend for a meet at PLU. Boyd had attended University of Southern Louisiana. Due to high out-of-state tuition Boyd was transferred to Southern University in Louisiana. After taking a year off, he decided to come back to Highline, but could not compete because of NWAACCC rules of credit requirements.

"Since I ran in Cross Country unattached I didn't receive credit for it which left me one short for track," Boyd said. However, Boyd competed at the UW Invitational and finished fourth overall in the 800 meters. He also ran qualifying time of 1:56.40. The standard time is 1:58.7.

Boyd's goals for the season are to help his teammates as well as qualify for NWAACCCs.

"If I can push them it will make the team better," said Boyd. "You have to go out there and not slack off. If you are going to be a slacker out there, they don't even bother."

Brigham and teammates are excited to have Boyd running and can't wait for him to gain his eligibility.

The team will get a good majority of their points from the guys participating in the decathlon and in multi-events.

Newcomer Chris Peterson is one of those guys. He will take part in the upcoming decathlon and will do the 200, 400 meters and the javelin.

Peterson is an ex-marine who uses his strength and overall athletic ability to do many different events.

"The military training made me a lot stronger," said Peterson. "You have to be good at all the events for the decathlon."

Another person who will contribute greatly to the team is Maxwell Blakley who does the 200, 400, 800 and is a part of the 4x400 relay team.

"Though he would like to do as many events as possible, Blakley will concentrate mostly on qualifying in the 400 and 800."

The team still has many aspects that they need to work on to get to where they all hope to be, some say.

"They (men's team) are doing pretty good, but they have potential to do a lot better," said pole vaulter Rey Centano.

"We should do pretty well, we have a lot of talent especially Chris Peterson," pole vaulter Brian Davi said.

Others who are expected to do well are team captains Tim Richart, Beuford Brown and Sydney Brathwaite.

"If they run, jump and throw to their potential we should do well," said Brigham.

**April 4, 1997**

Lloyd Ball
Sprints, Jumps
Fr.

Mike Barney
Distance
Fr.

Wes Beatty
Sprints, hurdles, jumps
Fr.

Mazsell Blakley
Mid. Distance
Fr.

Pat Boyd
Mid. Distance
So.

Sydney Brathwaite
Sprints
Fr.

Justin Broughton
Sprints, hurdles
Fr.

Beuford Brown
Sprints
Fr.

Antonio Bush
Jumps, hurdles
Fr.

Rey Centano
Pole Vault, Sprints
Fr.

Sean Christopher
Jumps
Fr.

Shannon Danielson
Throws
Fr.

Brian Davi
Pole Vault
Fr.

Djonovan Dobbs
Sprints, jumps
Fr.

John Fox
Pole Vault, Decathlon
So.

Mel Frank
Throws
Fr.

Danny Murphy
Fr.

Hurdles, Decathlon

Pole Vault, Decathlon

Sprints, Decathlon

Sprints, jumps

Sprints, limbs

Sprints

Sprints

Sprints, jumps

Pole Vault

Sprints

Pole Vault

Sprints, Decathlon

Sprints

Distance

Distance

Distance

Distance

Distance

Distance

Distance

Distance

Distance
Ex-Marine is now a T-Bird decathlete

By Rachel Taner
Staff Reporter

It's a bird, no it's a plane, no it's Highline men's track sensation, Chris Peterson. He can run, jump, pole vault, throw and hurdle.

"Chris Peterson is one of the best all-around athletes to compete in Highline track in a long time. He's the type of athlete that we can count on to run in any event and score well," said Coach Tracy Brigham.

At 6'2" and 180 pounds, Peterson competes not in one, but 10 events in the decathlon. He has been competing in track for six years.

Peterson graduated from Juanita High School in 1995. He also participated in track during high school doing the triple jump and 300 hurdles.

Instead of attending college right after high school, Peterson decided to enroll in the Marine Corps for four years. "I needed money for school. I wasn't quite ready for college, and the Marine Corps was something I always wanted to do," said Peterson.

Although this is Peterson's first year competing in the decathlon, he doesn't believe it to be hard.

"It's not really hard, but I am starting from scratch because I didn't compete in track for four years," he said.

Peterson does think competing in 10 events compared to one is a lot harder.

"It's hard to practice for all 10 events. It takes a lot of time and concentration. You have to learn all the forms, it's more mental, more thinking is involved," said Peterson.

This is Peterson's first year at Highline. He decided to attend Highline to combine his credits and believes it is one of the top community colleges.

"I think Highline is one of the better community colleges. Highline actually works with you as the student," he said.

There is a possibility Peterson will break Highline's decathlon record.

"He'll be a strong force in the decathlon this year and has a good chance to break Highline's long-standing record," said Brigham.

Peterson is also certain he can break the freshman record and believes it is conceivable of breaking the school record.

"I am confident I can break the freshman record. If I have a good season and stay healthy, I can maybe break the school record; it's possible," Peterson said.

Peterson's goal for this season is to place in the top three in conference.

He plans to attend Highline for a year then transfer to Central Washington University to major in Computer Science. He also plans to pursue track at Central.

"I definitely will compete in track at Central," he said.

Team captain works hard for his teammates

By Paris Hanson
Staff Reporter

No that's not Tom Cruise down there running around Highline's track, it's Tim Richart, a sophomore at Highline who bears a striking resemblance to the actor.

Richart is one of the returning track stars from last year's fourth place men's team and this year's team captain.

Track Coach Tracy Brigham said she named Richart team captain because "he's a leader, a good motivator, he sets a good example, and he's a hard worker."

Richart feels being named team captain shows that the coaches noticed the hard work he put forth last year.

"Last year I went the extra mile and now I feel like I am being rewarded," he said.

Richart has been involved in track for the last eight years ever since he started school at Mossyrock High School near Aberdeen.

In high school Richart started out by running distance events and high jumping. His freshman year he decided to change from distance events to the 400 meter dash.

Last track season, Richart ran the 400 and was a part of the 4x400 meter relay team, which took third in the NWAACC championships.

Richart recently decided to change his events around after running cross country this past fall.

So far this season, Richart has run the 800 and is a part of the 4x400 relay team. He is still trying to decide if he will run the 400 and the 1,500.

"I'm at 2:01 right now in the 800," said Richart. "I hope to run 1:58, 1:59 this weekend. By NWAACCs hopefully I'll be under 1:55."

Not only did Richart change his events, but he has also decided to change his major from engineering to business because he didn't like engineering.

"I got in the program and realized I didn't like what I was doing," said Richart.

Richart is also very well liked by his teammates, who say he works really hard and is key in keeping the team motivated.

"Tim's a really great guy, he's a really good motivator," said teammate Dustin West. "He always keeps going.

"He gets where he is through running and the work that he puts out for himself," said Manzell Blakley. "He pushes himself all the time."

Coach Whit Baker says that Richart is self-sufficient and does all the work that he needs to do. Some people need to be pushed, Richart does every task he is given and gives them 100 percent of himself.

"He's a great kid, a great athlete, a team leader and the hardest worker I've ever seen," Baker said. "He does a wonderful job. He never skimps on a workout."

Richart helps out with the new runners and runs drills with the team. He is always willing to help anyone in need, said Baker.

"He helps to make the team better," said Baker.

Richart hopes to see the men's and women's track teams place high in the NWAACC championship later this season.
High flying T-Birds

By Parsia Hansen
Staff Reporter

Having your head in the clouds is not always a bad thing, especially when you're a member of one of Highline's track teams.

The jumping events which include the pole vault, high jump, long jump and triple jump, are some of the most important events in track and field.

"Pole vaulting takes a lot of practice and is more of a full body workout," said returning pole vaulter John Fox.

Fox is joined by freshmen Rey Centano and Brian Davi, both of whom are just concentrating on pole vault for now.

"I was running the 4x1 during the warm-up [at UW] and was not prepared to vault," said Centano. "At PLU, I won't run the 4x1 and will concentrate on vaulting."

Fox, on the other hand has decided to take on a new responsibility, the decathlon, which includes pole vaulting. The decathlon also includes the other jumping events.

Both Fox and Centano feel that the men's pole vaulting team will do well this season as long as they can get over the bar. One thing that will help us in that is practicing more.

"We have problems with consistency," said Fox. "We all have the capability of getting over 15 feet. Brian and I have the potential to be as good as Micah (Adams) and Rey when he's on and can get up there."

Pole vaulting for the women's track team is Rachael Schwartz, a returner from last year's women's team. She is the only woman pole vaulter this year.

This is the first year that the women's pole vault will be offered as an actual NWAACC event. Last year it was an exhibition event.

Schwartz wishes that she had somebody to practice with besides the three guys.

"I have no competition," said Schwartz. "I would like somebody to have someone to help push each other."

Schwartz's goal for this season is to vault 10 feet.

She has come very close to that by clearing over nine feet in an indoor meet in Idaho last month.

Last year Schwartz had a personal record of eight feet.

Fox helps Schwartz during vault practices and says she is doing much better.

"Rachael has improved a lot over last season," he said.

Returning high jumper Jenoa Potter, who took second in last year's NWAACC championships, knows exactly what Schwartz is talking about.

"I have no competition," said Potter. "Competing and pushing each other will help us both out."

Potter, who placed fifth in the UW Invitational, foresees Johnson and herself taking first and second places in the NWAACC championship in May.

"Who knows which of us will get those first and second places," she said. We'll just have to see.

Freshman Antonio Bush will provide the points in the men's high jump this year.

Although he is starting off the season unattached, Bush will be a great replacement for Steele, who finished second in last year's championships.

Bush, who came to Highline in the fall, was forced to drop out due to problems with financial aid.

He is expected to be eligible in Spring Quarter.

Bush graduated from Fife High School where he had a successful career there.

He competed in the 110 meter hurdles, the long jump, the triple jump, and his forte, the high jump.

Brigham expects Bush to be a good competitor at the high jump and could win the event in the NWAACC championships.

"I also want him to do the triple jump and the hurdles," said Brigham. "He is a really good athlete and I think he could jump close to seven."

Rounding out the team of jumpers is Djonovan Dobbins, Peter Murray, Lloyd Ball, Juanda Agard, Rachel Meyer, and Monica Angelino. They will be competing in the long jump and the triple jump.

Brigham said all the jumpers expect to do well and are taking high places is the NWAACC Championship in May.

Come join the fun!!!!

Highline's track teams are looking for a few good men and women who can run, jump, or throw objects around. If you can do all three you are very special.

Practice starts at 2:30 p.m. Monday-Thursday on the track.

Anyone interested should see Whit Baker at practice or call Tracy Brigham at 206-878-3710 ext. 3449.
Women's track team reaching new goals

By Evan Keck
Staff Reporter

Women's track is coming out of the blocks and into a new race. In its second year of existence the team is building and is about to compete as a real team.

Head Coach Tracy Brigham is excited about the upcoming season. She has seven returners and was able to recruit some athletes for the first time.

"Last year we had a small turnout and did not have a chance to recruit," Brigham said.

Brigham has also brought in more coaches to help out the team. Charlie Smith is one of the new positive additions to the team. He coaches men's and women's track in events such as jumping, vaulting and sprinting. Smith came from Central Washington University and will help the team tremendously.

With the numbers up from last year, 14, the team has more talent to choose from and Brigham wants to take them all to the championships.

"We need as many people to qualify for NWAACs," said Brigham. "Relais Brigham has done non-stop recruiting and the community as well as on campus getting athletes from other sports like cross-country, women’s soccer and basketball.

Angie and Vickie Upchurch are two of the women soccer players to join track. Brigham is also expecting three to four basketball players to join now that their season is over.

The track team has already competed in two non-official meets in Idaho and at the University of Washington and will meet before the championships.

At most of the meets this season Highline will compete against larger division schools. University of Washington, Central Washington, PLU, Gonzaga and Western are some of the schools they will face.

These are 12 NWAACC teams along with the T-Birds. Clark, Spokane, Lower Columbia, and Highline are the only colleges with a track program in Washington. Most of the competition is in Oregon—Clackamas, Mount Hood, and Southwestern Oregon are a few of the southern colleges.

Brigham is particularly happy about the depth of the team. With sophomore leadership, there is NWAACC experience that is brought to the team.

Already several T-Birds have come close to qualifying for the championships.

"The relays have greatly improved from last year," said Brigham. "At Husky stadium the 4x400 relay beat last year's best time by 20 seconds."

To qualify for the NWAACC tournament, a minimum standard was put in place. The 100 meters qualifying time is 13.06. The 200 meters is 26.69, and the 4 x100 relay is 52.94 just to name a few.

Highline took eight men and women to the NWAACC tournament last spring and hopes to take more this year.

First, the team is looking to the season before the championships.

Women's Track Roster

Juanita Agard
Sprints, Jumps
Fr.

Monica Angeline
Heptathlon
Fr.

Karla Booth
Distance
So.

Jessica Cok
Distance
Fr.

Susan Hansen
Sprints
Fr.

Erin Johnson
Jumps
Fr.

Melinda Kuolt
Throws
Fr.

Teresa Moreau
Distance
Fr.

Rachel Moyer
Mid. Distance
So.

Jenoa Potter
Jumps
So.

Rachel Schwartz
Pole Vault
So.

Vickie Upchurch
Mid. Distance
Fr.

Erica Wood
Throws
Fr.

Spring Track & Field Schedule

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<td>University of Idaho, Moscow, ID</td>
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<td>March 3</td>
<td>UW Invitational</td>
<td>UW Husky Stadium, Seattle</td>
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<td>PLU Invitational</td>
<td>Pacific Lutheran, Tacoma</td>
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<td>EWU Multi Invitational</td>
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<td>SPCC, Spokane</td>
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<td>Mt. Hood CC, Gresham, OR</td>
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<td>PLU Open</td>
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<td>May 13</td>
<td>SPU Invitational</td>
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<tr>
<td>May 25, 26</td>
<td>NWAACC Championships</td>
<td>Clackamas Community College, Oregon City, OR</td>
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High-caliber heptathlete competes for Highline

By Kaylene Papenfuss
Staff Reporter

Do not try to run a mile in Jenny Trujillo's shoes; she's too fast.

Trujillo runs for Highline because of her passion for it and it was her best option as a community college.

As a member of the Highline Cross Country team Trujillo has succeded. Taking 15th place in the NWAACCC tournament, Trujillo continues to push for his team goals.

The freshman has a partial scholarship and has been attending classes for two quarters.Before coming to Highline, she attended Kent-Meridian High School.

"I knew I wanted to go to a community college and I was going to go to Green River but they didn't have cross country or track. I heard that this was a good school so I came here," said Trujillo.

While in high school, Trujillo earned the title of captain of the team all four years. Trujillo's coach, Tracy Brigham, is glad to have her at Highline.

Angeline has been running since elementary school. She ran three to five miles a day. She participated in track and field.

"I'm really excited to have her out this year. She is a high-caliber athlete. I think that she'll probably set many Highline records," Coach Tracy Brigham said.

Angeline participates in several events: 200 and 400-meter dash, hurdles, jumps, 4x100 and 4x400 relay medleys and the heptathlon, which consists of seven events over a two-day span.

At the UW Invitational last weekend, Angeline placed 12th in the 200, 10th in the 400 meter, while the 4x100 relay placed fourth.

"She is a very good all-around athlete, you can stick her in just about any event and she'll be able to succeed," Brigham said.

Angeline enjoys running track because she scores points for the team, but when she's out there competing, she's out there competing against everyone else.

"I try to push myself so I can break my personal records," she said.

After she completes her associate degree, she plans on transferring to a four-year university. She is interested in majoring in communications.

Her deepest motivation is her goal of succeeding in running.

The team recently went to Moscow, Idaho for an indoor track meet, where Trujillo competed on an unofficial basis.

Trujillo plans to run cross country during the summer to keep in shape.

She plans to transfer to the University of Washington next year to pursue her education.

"Jenny excels in the classroom and is a model for other student-athletes," Brigham said.

"She is a very hard worker and a natural leader," Trujillo said.

Angeline prefers the college scene to high school, "College is a lot better, people are more mature," she said.

"She should qualify for NWAACCCs and set Highline records in at least two events," said Brigham. The events Brigham thinks Trujillo will qualify for are the 800m and 1500m.

"Jenny should set her goals high for the season. I think she will go far," said Coach Brigham. "She is a delight to have on the track team."

Running miles is all in a day's work

By Adam Aziz
Staff Reporter

Monica Angeline has been running since elementary school. She has three to five miles in the morning with her dad before school. So it's no surprise the success she has had participating in track and field.

Angeline attended Payalup High School where she earned her name in many of the top 10 records. She broke the 400-meter dash record, with a time of 57.2. She went to state three of the four years she was in high school. Her senior year, which was her best year, she went to districts in five events. She went on to state winning the 400-meter dash.

After graduating from high school, Angeline was accepted to attend Pacific Lutheran University. She applied to PLU because she had an interest in the school and also because they have a good track program.

In her first year of attending she had a major set-back, her grades began to decline. She had a difficult time adjusting to college life and also staying focused.

"It was just a lack of putting effort into my classes, I wasn't really interested in them," Angeline said.

She continued to attend PLU, but did not practice or compete in track and field while she was there.

After a year of not competing, as well as not doing as well in the classroom as she intended, Angeline decided to transfer to Highline.

She decided to attend Highline because it was a place where she knew she could get her grades up. She also decided to attend because of the track coaching.

Not competing for a year is all the motivation Angeline needed.

"I'm looking forward to this season, I'm excited to see if I can break any of my personal records," she said.

After competing in the first track meet of the year Angeline placed 10th in the 400-meter dash and 12th in the 200.

"I'm really excited to have her out this year. She is a high-caliber athlete. I think that she'll probably set many Highline records," Coach Tracy Brigham said.

Angeline participates in several events: 200 and 400-meter dash, hurdles, jumps, 4x100 and 4x400 relay medleys and the heptathlon, which consists of seven events over a two-day span.

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"I try to push myself so I can break my personal records," she said.

After she completes her associate degree, she plans on transferring to a four-year university. She is interested in majoring in communications.

Her deepest motivation is her goal of succeeding in running.
Softball season off and swinging

By Patrick Alloona
Staff Reporter

Highline's fastpitch team is looking to repeat the success of last year's squad, which finished second in the Northwest Athletic Association of Community Colleges.

Due to the tragic loss of star pitcher Meghan Hall and Tiffany Martinez's decision to sit out, Highline is without a single returning player from last year's squad.

"The whole Meghan thing brought us closer together," outfielder Julie Hull said. "We went from barely saying hi to each other in the halls to calling each other everyday."

The loss of Hall was a major contributor to Martinez's decision to not play this year.

"We lost a leader, a captain," Hoyt said. "We lost a team," Hoyt said.

Without the benefit of having returning players with championship level experience, Hoyt expects the women to start with little things and just play the games to their ability.

Highline will be striving all season to be in Spokane May 20-21 for the NWAACC championships. "I see us going to the championships. We have a lot of strong individuals and once we get everyone into practice our talents will mesh," infielder Colette VanRuth said.

Monday was the first time they were able to practice as a whole. The weather isn't cooperating much with the team either. Tuesday was only their third day of outdoor practice. Hoyt has a warning for any opponent that may overlook this young Highline team.

"Don't get caught on your heels, this new team could surprise you. Normally younger teams can be taken advantage of but these girls won't allow that," she said.

Fastpitch Schedule

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<th>Opponent</th>
<th>Time</th>
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<td>Green River Community College</td>
<td>2 &amp; 4 p.m.</td>
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<td>March 17 &amp; 18</td>
<td>Bellvue College, Tucsan, AZ</td>
<td>Raised out</td>
<td>TBA</td>
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<td>March 28</td>
<td>Olympic College</td>
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<td>March 31</td>
<td>S Pasco Sound Community College</td>
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<td>TBA</td>
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<tr>
<td>April 4</td>
<td>Pierce College, Peck Field</td>
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<td>TBA</td>
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<td>April 14</td>
<td>SW Oregon Community College</td>
<td>2 &amp; 4 p.m.</td>
<td>TBA</td>
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<tr>
<td>April 22</td>
<td>Groes Harbor College</td>
<td>2 &amp; 4 p.m.</td>
<td>TBA</td>
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<tr>
<td>April 25</td>
<td>Olympic College</td>
<td>2 &amp; 4 p.m.</td>
<td>TBA</td>
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<tr>
<td>April 28</td>
<td>Centralia College</td>
<td>3 &amp; 5 p.m.</td>
<td>TBA</td>
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<tr>
<td>April 29</td>
<td>Groes Harbor College</td>
<td>2 &amp; 4 p.m.</td>
<td>TBA</td>
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<tr>
<td>May 2</td>
<td>Pierce College</td>
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<td>TBA</td>
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<td>May 5</td>
<td>Chemeketa Community College</td>
<td>2 &amp; 4 p.m.</td>
<td>TBA</td>
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<tr>
<td>May 6</td>
<td>Cle Elum Community College</td>
<td>2 &amp; 4 p.m.</td>
<td>TBA</td>
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<tr>
<td>May 13 &amp; 14</td>
<td>League Playoffs, TBA</td>
<td>TBA</td>
<td>TBA</td>
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<tr>
<td>May 20 &amp; 21</td>
<td>NWAACC Championships, Spokane</td>
<td>TBA</td>
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2000 Fastpitch Roster

<table>
<thead>
<tr>
<th>Name</th>
<th>Year/Position</th>
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<tbody>
<tr>
<td>Farens, Mari</td>
<td>FR / Infield</td>
</tr>
<tr>
<td>House, Lynsi</td>
<td>FR / Infield</td>
</tr>
<tr>
<td>Hull, Julie</td>
<td>FR / Outfield</td>
</tr>
<tr>
<td>Manfredi, Txy</td>
<td>FR / Utility</td>
</tr>
<tr>
<td>Payne, Ali</td>
<td>FR / Pitcher</td>
</tr>
<tr>
<td>Paul, Tiffany</td>
<td>FR / Infield</td>
</tr>
<tr>
<td>Peterson, Nellie</td>
<td>FR / Catcher</td>
</tr>
<tr>
<td>Pye, Tiana</td>
<td>FR / Outfield</td>
</tr>
<tr>
<td>Qnell, Tiffany</td>
<td>SO / Infield</td>
</tr>
<tr>
<td>Short, Sara</td>
<td>FR / Pitcher, Infield</td>
</tr>
<tr>
<td>VanRuth, Colette</td>
<td>FR / Infield</td>
</tr>
<tr>
<td>Whitehead, Jessica</td>
<td>FR / Infield</td>
</tr>
<tr>
<td>Wisebeck, Lacey</td>
<td>FR / Outfield</td>
</tr>
</tbody>
</table>
Softball

By Jahmell Corner
Staff Reporter

For any fast pitch team the name of the game is pitching. The Highline women's fastpitch team is no different. The pressure is on for the individuals who must bring their stuff to the mound. For Highline, that's Sarah Short and Ali Payne.

Possibly never before has Highline fastpitch seen a more contrasting duo. The two freshmen will provide the arms in the T-Bird game plan, but the similarities just about end there.

Sarah Short is a southpaw who goes by the nickname "Shorty." From the outside looking in, her personality could easily be mistaken for shy. She's the type of person who puts on her hard hat and quietly goes about her business. Ali Payne deeply admires these traits.

"Sarah is probably the most dedicated person on the team," she said. "Once a week she travels to Western Washington to get tips from their pitching coach." Payne added, "That's no short trip."

"Shorty" attended Enumclaw High School, where she started pitching. The highlight of her career there was competing in a state tournament her junior year. But she now hopes to make present day highlights.

"We really want to make the NWAC Championships," she said. Ali Payne matches to a slightly different drum. She attended three different high schools, including one in Oregon, before graduating from Ballard.

The right-hander has been molding her pitching since she was in the fourth grade. Her size isn't comparable to most pitchers, but her repertoire makes her a deadly weapon.

"Sarah's great athleticism will also help this year's team. According to Hoyt, Qunell is very versatile and is capable of playing many different positions; so she will fill in as a utility player. She'll spend most of her time at third base or shortstop, which is fine with Qunell."

"I regularly play shortstop but I have no problem switching off at third," she said. "I like to be involved in the play and covering second when someone is stealing."

Qunell's sister, Roberta, also enrolled at Highline and expects to see playing time for the T-Birds.

Qunell's bat will also offer some added help to the T-Birds' lineup. She is a switch hitter, but she prefers to hit from the left side.

"If I don't get any scholarships or grants (by) my two years of eligibility for San Diego State or Oregon State, her other preferred schools. She chose Pierce because it was relatively close to home. So she signed a letter of intent to play basketball and fastpitch.

"After signing the letter of intent to Pierce I was approached by Cara Hoyt (head coach of the women's fastpitch team) to play here at Highline," said Qunell. "I wanted to change my mind but it was too late. Plus the coach was really strict about those kinds of things."

So shortly after completing her freshman year at Pierce, Qunell approached Hoyt about playing for the T-Birds.

"I said yes to her playing here and that was all," said Hoyt. "She did all the paper work herself."

Heavy-hitting transfer had to come north

By Pete Wilson
Staff Reporter

TiFany Qunell may speak lightly but she carries a big stick. Qunell had a .560 batting average last year at Pierce Community College, but decided that she did not want to play another year there.

"Pierce is a good academic school but is too much like high school," she said. "It is all the same people and they all act like they're still in high school."

The uncomfortable atmosphere wasn't the only problem Qunell came across. She also was dissatisfied with the program.

"At Highline there's more people involved," said Qunell. "At Pierce we had to drive to a recreational field to practice, where as here at Highline we have our own facilities."

The 5'7" Qunell attended Franklin Pierce High School where she played three sports, fastpitch softball, soccer and basketball. While playing variously in all three sports, fastpitch grew to be her favorite. After graduating in June 1998 Qunell first wanted to attend Pacific Lutheran University but was unable because there wasn't a sufficient amount of grants and scholarships offered. Unwilling to part with her family, she decided not to pursue San Diego State or Oregon State, her other preferred schools. She chose Pierce because it was relatively close to home. So she signed a letter of intent to play basketball and fastpitch.

"As she describes it, she said. "Her experience at this level will really help us, being mostly all freshmen and all."

Qunell's great athleticism will also help this year's team. According to Hoyt, Qunell is very versatile and is capable of playing many different positions; so she will fill in as a utility player. She'll spend most of her time at third base or shortstop, which is fine with Qunell.

"I regularly play shortstop but I have no problem switching off at third," she said. "I like to be involved in the play and covering second when someone is stealing."

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Qunell's bat will also offer some added help to the T-Birds' lineup. She is a switch hitter, but she prefers to hit from the left side.

"I like to hit from the left side now," Qunell said. "They say you're one step closer to first base. Plus it is easier to hit from the left side, you seem to get better pitches."

That's because most pitchers are right-handed, making it harder for them to come in on lefty batters. Hoyt said.

Qunell is one of the five left-handed batters on the roster. And being one of the only sophomores on the team, she is going to be expected to be a leader, but in her own way. "She is not much of a vocal leader but she is a action leader," said Hoyt. "She will lead by example. She is quiet but witty so she can be kind of funny but she also be very serious. She puts on a different face on the field."

It's hard enough being a freshman pitcher, but these ladies must face an even greater obstacle - playing without Meghan Hall.

Hall was Highline's returning ace. She died in a plane crash on Jan. 31. "Since we lost Meg it's been hard to focus up there," Payne said.

"There's a lot of pressure on us," Shorty said.

"Losing Meghan has definitely rearranged my mind, and made me realize how precious every one of us is to each other."

The T-Birds finished second in the NWACCC last season, but hope to do better this year because "We're dedicating the season to Meghan," Payne said. Two freshmen, two seniors, one goal.
Our hero, Jimmy James has just taken his revenge upon the totem-killer slam mam bro of Helline, and is now ready to bear some good news from his classmate Jimmy.

Roche
continued from page A6
Dean was a homosexual and Judy Garland did enough drugs to kill a small horse. So what. Should we change the title of The Wizard of Oz to Dorothy Pumps Her Glass Slippers to Support Her Crack Habit?
And stop regurgitating scandals. An expose is only interesting if material exists which would be interesting to expose. Does Bobby Brown cheat on wife Whitney Houston?

Where it's at

- A winter concert features Highline's Concert Choir performing Wolfgang Amadeus Mozart's Requiem.
- Admission is free, and the performance will take place in Building 7 at 7:30 p.m. tonight.
- Throughout the month of March, Highline's Library Art Gallery will be hosting the extensive Naja American art collection of Stanley Owos. The gallery is located on the fourth floor of Highline's library, and there will be a dedication on March 29.
- In honor of Women's History Month, Highline is hosting an exhibit in Building 6 to celebrate the life of Mary Baker Eddy, which will remain until March 17.

Solution to last issue's crossword puzzle

ACROSS
1. Snow Queen, I should be out of here now
3. What you will always want
7. Call me!!!
11. Sailboat
15. Leave me out
19. survived
23. open
27. I have a little hole in my dress
31. Cuesta
35. 1999 A.D.
37. Not neutral
40. Model wood
47. Follows up
49. "A Chaste Life" director
52. Old World buffalo
55. Team poll, e.g.
56. Secret's home
59. Satellit down
64. Gym needs
66. London radio sta...
67. ATM receipt amount
68. Young girl's trip

DOWN
1. Birdie
2. Sound rebound
3. Galapagos
4. Cheek
5. Drain
9. Turkey
10. Hail
11. Lion's feet
12. Old
13. Bear, Barton
14. Plastic visitors
15. Downed
16. Canyon
17. Drown
18. Wins
19. Mozart's pear with 18 A
20. Big west
21. Pigeon's pot
22. More pain
24. Hyde numbers
25. Swans
26. Butt period
27. Pumpkins plot
28. Arrangement
29. October birthdays
30. Little man with the
31. Pumpkin spice
32. Hollywood icons
33. Leaves out

By GSP Associates E-Mail : EDY49@msn.com
Web: GSP, P.O. Box 441, Schenectady, NY 12301

Murphy's Law

By Ed Conry

PRESIDENTIAL PAIRS

Cape Cod, back
Doral Have Time
Elvis and the King
Frank and Jeeves
Hoon and Old Joe
Jack and the Bean
John and Jack
Lucille and Elvis
Peabody and the King
Willie Nelson and Elvis

ACROSS
4. CHN's pointer
5. Picture Imogene & family
6. Liquor, slang
7. Found, post
8. Ribber sign
9. Lyric
10. Pool house
11. One who regale
12. M. Hennefer
13. Early female flappers
15. Darlings
21. Patience
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The NWAACC women's basketball team went 1-2 last week in the NWAACC tournament at Clark College, finishing the season as the sixth best team in the conference.

The Lady T-Birds lost a first-round game to Wenatchee, 79-63, on Thursday. Highline then rebounded to dump Peninsula, 65-45, on Friday, before falling to the sixth best team in the conference.

T-Birds have fun in Vancouver

By Patrick Allcorn
Staff Reporter

VANCOUVER, Wash. -- Highline's women's basketball team went 1-2 last week in the NWAACC tournament at Clark College, finishing the season as the sixth best team in the conference.

The NWAACC women's basketball tournament at Clark College, finishing the season as the sixth best team in the conference.

Next week the players took part in a trio of open gym sessions to give the new recruits a chance to meet some of the players.

This game was the last for Highline sophomores Jennifer Ellis, AnnLee Krause, Molly Rutter, Nicole Ulrich and Druzzla White. A team banquet is in the works.

The last tournament game wasn't the last official team activity of the season. Earlier this week the players took part in a trio of open gym sessions meant to give the new recruits a chance to meet some of the players.

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See T-Birds, page A13
**Voice of the students**

**Sports**

**March 9, 2000**

**Despite finish, T-Birds were winners all the way**

**VANCOUVER, Wash. --** The drive to the NWAACC tournament was an exciting one. We knew that the championship road would be a rough one, yet the excitement filled the vans as we approached our destination. The tournament was an exciting one.

**Playoff Diary**

**By Druzella White**

We yearned for the sweet success of a first place trophy. Excitement filled the vans as the van to the venue. The first match-up against the Wenatchee Valley Knights would be the true test of our team’s ability. As we stepped on the court to warm up, my heart was pounding, and so were the hearts of most of my teammates. We looked like midgets compared to our tall team, but we still weren’t intimidated. Everyone knows that David Stew Co., of Stew, Inc., had been doing that season.

The first half we played the Knights very close, and they only had us down by the score of 39-29. Coach gave his usual pep talk, “If we play this game hard, the second half we can’t win. Winn or lose, if you give your all out there on the court, I’ll be proud of you, but let’s go WIN!”

We tore out of that locker room with the mission of putting the Knights away, but as the second half went further along they began to put us away. Our leader, Cal-Sean Lloyd, saw double and triple teams.

We were held to two shot possessions. They owned the battle of the boards. We played our hearts out, and gave our all, but still lost 79-63.

The crowd rolled down the cheeks of mine and several others. They were tears of disappointment, not shame. We had nothing to be ashamed of, we played our hearts out. We hugged each other, our friends and family, and told them not to count us out, we still had plenty of heart and courage that could help.

From the very first basket to the very last, we let Peninsula know who we were in control of this game. We never relinquished the lead enough to give them a glimpse of hope at beating us. They tried to fight back, but we smothered any and all flames that they tried to light. We went on to defeat them 65-45, and sent them back home to Port Angeles.

The third and final game would be another big test for our team. Skagit had come from behind to defeat Clark the night before, and had defeated the Knights in the first game, so we knew that it would be a dog fight until the end, and we felt ready for the battle.

As the game began, we jumped out ahead, putting in a couple of easy baskets, but Skagit responded quickly with a couple baskets of their own. There were several lead changes throughout the first half and neither team showed signs of giving up. At half we both went to our respective locker rooms all tied up 38-38.

Skagit stepped up its box-and-one defense and we had a difficult time scoring against it. Meanwhile, our same zone defense couldn’t quite stop their scoring surge. After the first ten minutes they began to mount a lead against us to put them securely ahead of us in the second half. We still fought a good fight though, we made several scoring surges of our own, but we just couldn’t overcome the deficit. In the final organized game of some of our careers, we fell short once again. We took sixth place overall, but once again we had no shame. We represented our school to the best of our ability, and gave it everything that we had to give.

Tears of the final defeat rolled down my cheeks, the truth had set in. For me there would be no more games in the Thunderdome as a player, there would be no more being up in a Highline jersey. The team that became my family would have several members going in several different directions. The professors who taught me life lessons would be graduating me to the next level soon. I was faced with the reality of growing beyond what Highline had to offer.

I will always remember the joy, pain, sweat, and tears that I shared with the second place in the NWAACC championship, Northern Division champs of the ’98-’99 season. Also, the sixth place NWAACC championship finishing, first in my heart, ’99-00 team. I will forever cherish the camaraderie and love that you all have shown me, I’ll miss you.

Coach Olson, thank you for two great years, when my mom died I thought I had no one else, but I quickly learned that I had you, my team and basketball. Thanks.

To all of the staff here at Highline, thank you for all of your support and encouragement over these two years, especially you mango and John. You two made graduations this June more than just a dream but reality, Highline student athletes are lucky to have you. Thank you.

I have had great memories here at Highline as a student athlete, I will miss everything about this institution, DRU DOWN #54 signing out.

Former Thunderdome reporter Druzella White was team captain of the Lady Thunderbirds basketball team.

**NWAACC tournament offers diverse sights and sounds**

**VANCOUVER, Wash. --** A playoff atmosphere is by far the most exciting addition to any sporting event.

That do-or-die feeling makes for games so exciting that even the misplacement of spectators filled themselves into the game that they forget any inhibitions they thought appropriate public behavior.

Last weekend, at the women’s NWAACC championship, at Clark College in Vancouver, Wash., people werefacial expressions that they would undoubtedly be ashamed of if they saw themselves.

A large number of coaches that allowed frustration to take over would tell their players that they were pointless at their players for every mistake they made. I’ve always thought it interesting that nobody takes offense to this type of teacher to student.

Dru White goes for two in last week’s tournament.

The crowds consisted primarily of the players’ parents, most admitted in their daughter’s school colors, with the occasional local who just wanted to see some competitive basketball.

As I walked into the crowd I saw the mini-car driving women with the All-Americans, soccer mom, book, standing up and ferociously stalking the officials with words like “idiot,” “jerk,” and even “dumb ass.”

The students of the eight schools in the tournament were obviously not enticed by the excitement of championship basketball. The lack of student support for women’s basketball is amazing.

Clark, the tournament’s host team, wasn’t even able to fill half of the eight to 10 rows of bleachers that stood on either side of the court.

The crowds consisted primarily of the players’ parents, most admitted in their daughter’s school colors, with the occasional local who just wanted to see some competitive basketball.

As I walked into the all brick building that was the college, I was surprised at how much nicer this school was than my own. Instead of exercise equipment littering the gymnasium floor, there was a room devoted to the storage and usage of such equipment.

And instead of a popcorn machine with candy bars on the sides, Clark has an actual concessions stand, one with more than a two item menu.

However the corporate logos that covered the wall above the bleachers on the west side of the O’Connell Sports Center, as well as the fact that it’s the O’Connell Sports Center, left me wishing I was in the good old non-corporate Thunderdome.

For the most part the trip was a blast. The women’s game is much different than the male version I’m used to seeing, but still just as exciting.

Alley-oops, slam dunks, and fancy dribbles and passes were absent, but they were replaced with excellent all-around skills, fundamentals, and textbook jump shots.

For the most part this was a perfect three days away from school. From this experience, I will definitely be rooting for the team to earn me another weekend away.
Finally, The Rock will come back to Seattle

Growing up, one of my favorite things to do was watch WWF wrestling. It was the greatest thing on television and at that point in my life I thought it was the most real thing on TV too.

I was in love with the tag team The Rockers ( Marty Jannetty and Shawn Michaels) and I hoped that someday I would

Time Out

By Paris Hansen

Somebody had to marry Bret “The Hitman” Hart. I even subscribed to the WWF magazine.

I eventually grew out of wrestling or rather I stopped watching it because everyone I hung out with thought it was stupid. When I got into high school, I met up with a bunch of people who actually liked wrestling so, I started watching again. I have been secretly watching ever since.

People always ask me why I watch wrestling and since I do, why WWF and not WCW?

I really don’t know why I watch wrestling. I enjoy the storyline the most. A lot of the time they are just like soap operas with a lot more violence.

Take the current storyline of the owner’s daughter Stephanie McMahon marrying one of the “bad guy” wrestlers, Hunter Hearst Helmsley when she was supposed to marry Test. The marriage pined the entire McMahon family against each other.

Stephanie and Triple H took over the WWF and wreaked havoc on everyone the first few weeks, especially Test. Now, Stephanie’s brother Shane is back and he wants to get his hands on the reigns of the WWF. Now tell me that couldn’t be a story straight off of Days Of Our Lives.

Another thing that grabs my attention is all the really hot guys, but you know that’s really not that big of a factor.

Why not WCW? Well, the WCW is where all the old wrestlers go to wrestle gently. Good old Hulk Hogan and Ric Flair (who are both well into their 50s) wrestle in the good old World Championship Wrestling because the World Wrestling

See Time, page A13

Track team gets new coach from Central

By Rachel Tanen
Staff Reporter

Highline has a new track coach this season. Charlie Smith, formerly of Central Washington University.

Smith has been in the hospital for the past few days because of a serious burn accident. He’ll be out of work for at least two weeks.

“I’m fine. I’ll be back,” he said.

Smith was unhappy with the coaching at Central so he decided to start looking for a new place. His friendship with men’s basketball coach Jeff Albrechts led him here.

“I was convinced with Highline; it was such a good fit for me,” said Smith.

Smith has been very pleased with Highline so far.

“Everything from the athletics to the administration has been very impressive. Highline is a good atmosphere. I liked the whole community. The faculty, staff and students all have been very supportive; it’s more of a family,” he said.

Smith also likes how the administration grade checks the athletes.

“I’m an ambassador of grade checks. I am very impressed with that aspect of administration,” said Smith.

Smith is enjoying his work at Highline.

“At Highline you feel happy to be here, it’s not a chore to go to work,” he said.

He has been coaching track for nine years.

Smith graduated from Central in 1996 with a degree in Leisure Services.

He attended Skagit Valley Community College for one quarter then transferred to Central. He was there for eight years, the last four years as a student-coach.

“I only took one class a quarter my last four years because it was more economical for my situation and allowed me to coach,” said Smith.

He also did track at Central as a hurler and high jumper.

Smith was the sprint-jump coach at Central and coached discus-events, hurdles and relays.

At Highline he is coaching the 400 yard, hurdles and the triple jump.

Coach Tracy Brigham believes Highline is fortunate to have Smith coaching.

“The Highline track team is very lucky to have Charlie Smith working with us this year. Charlie has experience coaching in almost every event,” said Smith.

He along with his fellow coach Walt Baker, bring a very solid level of knowledge and experience that will help the Highline team become one of the best in the league,” said Brigham.

Smith believes Highline can be the best in the league. “Give the program two years and it will really take off,” he said.

“Charlie also brings invaluable recruiting experience which is so important as we build the team in the future,” said Coach Brigham.

I am about to obtain his Real Estate Appraiser License.

“It’s a very flexible job. I can set my own hours and still coach,” said Smith.

After 37 years in the Pavilion, the bleachers are being replaced by new and improved seating on the Thunderdome’s renovation continues.

Pavilion gets makeover

By Justin Pritchard
Staff Reporter

After 37 years of experience, the Pavilion’s bleachers are being retired.

“We’ve gotten a lot of use out of the old bleachers,” Athletic Director John Dunn said. Dunn, with the help of retired Athletic Director Fred Harrison, has been working on getting new bleachers for the past couple of years.

The bleachers are old, and showing their age. You can see a lifetime of rust that has accumulated and made its home on the back of the bleachers and if you sanded the rust down the bleachers would probably collapse. The bleachers have other problems that are caused by old age: they are rickety and the caution tape is peeling off, creating an unsafe environment.

“New bleachers are long overdue from a safety standpoint,” said Pavilion Manager Louis T. Andrea.

The bleachers have been living inside the Pavilion since the gym’s construction in 1963.

This Saturday the bleachers will be dismantled and moved out.

The bleachers will be completely taken apart to put them through the doors, said D’Andrea.

Dunn said the new bleachers will “flip flop,” putting bleachers on the south, west and east sides of the gym.

There’s more happening in the gym than just bleachers.

Last summer the building got new paint, lights and scoreboards. A new trophy case is being built; a new divider curtain is being installed; and, best of all, a new sound system is in the works. D’Andrea said.

The construction of the bleachers will not affect spring sports or the final week of classes, said Andrea.

If there are classes scheduled for the Pavilion in the final week, they have made arrangements to meet elsewhere.

The doors will be locked at the end of the week and will not be unlocked until March 29.

“The bleachers will be a huge improvement from where we are now and we will make seating better for sporting events and graduation,” Physical Education Department Coordinator Keith Paton said.

Dedication today in Hall’s honor

Meghann Hall is set to be remembered by all today at 1 p.m.

don the softball field. Highline’s softball team has chosen to dedicate their season to Hall and to also retire her jersey No. 22.

“It was their decision to dedicate this season to Hall and also to retire her jersey No. 22,” said Albrecht.

It was their decision to dedicate this season to Hall and also to retire her jersey No. 22.

Hall died Jan. 31 in a plane crash that claimed all 88 people aboard.

No. 22 was Hall’s lucky number, her birth date and her favorite number. Throughout her entire softball career, including Highline, she wore 22. This is why the team decided to place a memorial sign that they created in the outfield with her number on it.

Athletic Director John Dunn and Highline President Dr. Ed Command are among those who will speak at the ceremony.

There will also be performances by April Penulis-Glavin who will sing Lovely Day and the Highline Choir who will sing Lascoroso by Moon.

Head Softball Coach Cara Hoyt, along with the rest of the softball team, will announce the season to Hall.

Rain or shine the ceremony will take place, said Albrecht.

This ad could have been yours for about $20. Call us at 206-878-8710, ext. 3291 for details.

What are you waiting for?
Track teams qualify people for NWAACCs at UW invitational

Saturday's UW Invitational proved to be a stepping stone for both the men and women Thunderbirds.

Both teams saw NWAACC qualifying times and heights from athletes. Both teams also found where improvement was needed.

Manuell Basilest and Chris Pearson both qualified in the 400 with times of 51.12 and 50.75 respectively.

Jonas Peters qualified for NWAACCs with a high jump of 2.37.

Running unattached due to eligibility, Pat Boyd beat the NWAACC qualifying time in the 800 with a time of 1:56.40.

Others did not do as well. None of the pole vaulters were able to clear the bar due to numerous reasons.

"I was cold," said John Fox. "I sat around for an hour and half not doing anything." "I was on the wrong pole because we just don't have enough poles," said Brian Davi.

The bad weather was also a factor for some. Especially those who were already sick.

"I was kind of sick and cold last weekend," said Tim Richard who ran the 800.

The teams plan on practicing hard to prepare for the next meet Saturday, March 11 at Pacific Lutheran University.

T-Birds

continued from page A10

We knew we wanted to be here Saturday. It feels good," Lloyd said.

Dravella White had another big game off the bench with eight points and six rebounds in just over 12 minutes.

"Olson was impressed with the way his team bounced back from their loss the day before. "We showed some character. The game wasn't really pretty and that's when mental toughness takes over," he said.

With the win Highline moved on to face Skagit Valley in a game to determine fourth and sixth place in the tournament.

Many Highline players were hoping to get revenge against the Clark team that beat them twice in the regular season, but Skagit Valley knocked them out of the tournament on Friday.

The Cardinals were probably one of the deepest teams in the tournament and had 10 players score at least five points against Highline.

The Thunderbirds started the game with red hot shooting and excellent defense but were unable to keep it going for the remainder of the first half.

After taking a 30-26 lead, the biggest margin of the game, Skagit outscored Highline 18-8 in the final minutes of the first half to tie the game at 38. Early in the second half fourth division MVP Marc Vincent hit a three pointer to give the Cardinals their first lead since it was 4-3.

Facing a nine-point deficit with just over four minutes left in the game, Highline got six big points to cut Skagit's lead to 73-70.

A pair of Lisa Zuzunewilt free throws, accompanied by two big buckets from Vincent and Camo Wells, led the victory, and the fourth place trophy, for the Cardinals who won 82-74.

Cal-Jean Lloyd once again led Highline with 23 points and seven rebounds.

Lind Miltie hit for 17 points, and Nicole Ulrich went 4-6 from three-point range to score 14 points in her final game as a Thunderbird.

"We worked hard, I have no regrets, I love this team," Ulrich said.

Coach Olson believed that Skagit Valley's defensive scheme played a big part in the loss.

"That was the first time we faced a zone all year. We absolutely did not do what we were supposed to. Our choices and decisions were horrible," Olson said.

Some freshmen may choose to not play for Highline next year, but the team should still be packed with experience.

Time

continued from page A12

Federation is just too violent.

The difference between the two is obvious even after watching two minutes of each. WWF is just a lot more in your face and hardcore, whereas WCW is a lot more laid back.

Plus, the storylines for WCW are way lame compared to WWF.

I will give the WWF some credit though, they have in their employment Best "The Human" Hart and Kevin Nash (formerly known as Diesel when he was in the WWF). They are two of my all-time favorite WWF wrestlers. The one thing I have not done, however, is go to a live WWF wrestling match. I had the opportunity once to go with some guys from work, but was forbidden to go by an ex-boyfriend (pet).

I got rid of him about a year ago, just about the last time the WWF came to the Puyallup Sound area. I've been checking the WWF website to see if they are scheduling to come back here anytime in the near future and so far the answer is no. I have been waiting for a live show over a year and it looks like I might continue to wait unless the petition that I am going to start works out.

I decided about a week ago while watching wrestling at the Subbin' Cabin that somebody needed to work on getting the WWF to come back to this area. So I decided that it might as well be me.

I will do whatever I have to do to get my new future husband, Test, and my new favorite tag team, the Hardy Boys and Christian and Edge, to come to Seattle.

I am looking for anyone interested in signing my petition. I can definitely use all the support I can get. Anyone interested in signing it can come and find me in Building 8 around noon.

I'll get the World Wrestling Federation wrestlers to come to Seattle if it's the last thing I do.

Paris will be competing on the Jim Ross weekend so we might see some wrestlers.

For rent in Des Moines: Studio mother-in-law apt. $375/month + utilities. No pets; non-smoker. Call 253-941-6044.

Remember how fun it was?

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(206) 684-1024

www.metrokc.gov/hrm
Production Illustration offers wide range of jobs

By Fatmata Elba
Staff Reporter

Highline has a head start on having a technologically advanced graphic design program. Twenty years ago Highline began its Production Illustration program.

"In order for a program to last a long time there needs to be some administrative support for what's being done and understanding of the value of what's being done," said program coordinator Gary Nelson.

Program coordinators always have to work at improving programs. Otherwise, programs wouldn't be where they need to be, he said.

Production Illustration prepares students for employment as illustrators and graphic designers who prepare camera-ready art and lay out printed matter, including brochures, packages, ads and other documents.

Electronic design and production (desktop publishing) courses are included in the curriculum to prepare students for employment in modern design studios and large corporations.

Students gain practical experience by participating in professional organizations and through internships.

"It's a good start to get the basic concept if you want to transfer," said former PI student Ally Hood.

Usually 70-80 students enroll in the program each quarter.

"Enrollment seemed to be consistent ranging from year to year. When the economy is good you'd expect more people to be working rather than going to school," Nelson said.

The most important required skill is a work ethic, to get things done and understand how to manage their time and resources.

"We're looking for people who have interest in creating and making things and learning and interacting with people," said Nelson.

Next fall the PI program is planning to offer a 100 level animation course. For the summer they're planning to collaborate with the fine arts department to offer clock hour training to high school teachers in the area of creativity.

They're doing it in an effort to help high school teachers understand how community colleges function and how they can help their classrooms by providing some new inspiration about creativity and by showing them what they can do for their students.

The emphasis on production and graphics provides positive employment opportunities for students with the proper aptitude, training, and experience.

Employment opportunities are good in business and industry as well as in art departments of large organizations and institutions.

Position possibilities include graphic designer, desktop publisher, production artist, production illustrator or art director.

Another option is self-employment and freelance work.
Fad diets and dangerous pills take toll on body

By Bridgette Stevens
Staff Reporter

Highline has its share of dieters. People who think that they are overweight are desperate to lose weight.

I am speaking from experience. About 10 years ago I needed help getting rid of 15 pounds. At that time I didn’t care how I got it off; I wanted the weight off.

Analysis

First I tried liquid diets, but this caused diarrhea, so of course I had to end this. But hey, I lost three pounds in two weeks, not bad, but I still had 12 pounds to go.

Then I tried the bland, dull, mundane grapefruit diet. This lasted one day.

My sister’s idea of the perfect diet was the cabbage diet. I would only eat cabbage three times a day and drink lots of water.

The problem with this diet was that my kids hated cabbage, so I had to cook something different for them. Eventually preparing two separate meals became cumbersome.

There wasn’t much variety. I felt Jenny’s frustration. But her diet plan became too expensive.

So I tried a less expensive approach to weight loss with the thick, unrefined, grainy, tasteless-packed shakes. A shake for breakfast, one for lunch and a sensible dinner — sounds simple enough.

The problem I found with Slim Fast is that it appeared as if someone forgot to make sure all those vitamins and minerals were finely minced, so that this thick diet would go down smoothly.

Herbal diets didn’t work for me. These diet pills made me flatter as a butterfly who had just discovered her wings. Finally there was a diet pill for me. This pill came stamped with the Food and Drug Administrators’ approval. Phen-Fen was the new weight-loss cocktail.

At the doctor’s office I was told about a new weight loss drug you can take that will cause your weight to fall off, except that you will be on a bread diet.

I am speaking from experience. About 10 years ago I needed help getting rid of 15 pounds. At that time I didn’t care how I got it off; I wanted the weight off.

A few years ago liquid diets were in. Proteins is starting to reign as a dieter’s best friend. Now you can go into any bookstore; there is bound to be a section exclusively for new diet books with such titles as Sugar Busters and New Diet Revolutions.

It’s hard to tell which weight loss remedy is healthy and which one is hype. After all each one claims to be the newest, safest, most effective dieter’s friend.

BUT I would keep in mind that miracle diets come and go like mini-skirts and platform shoes. Many herbal products and diet supplements are not regulated by the FDA, which means they don’t have to be tested and they can state unfounded claims.

“Exercise is the only sure way to slowly get weight off, and as you pick up on an exercise regimen, you will tend to change habits,” Brigham said. I think that weight loss remedies take advantage of the illnesses associated with being overweight.

Each new weight loss remedy is greeted with a wave of enthusiasm, but fad diets come and go like celebrity romances. Exercise and food in moderation are the true dieter’s friend.

It takes losing 3,500 calories to lose one pound of fat. “Exercise and eating a variety of foods that are low in fat, high in protein, and low in cholesterol is sufficient for safe and effective weight-loss, which is about one pound per week,” Brigham said.

Risky behavior might lead to STDs

By An Nguyen
Staff Reporter

Sexually transmitted diseases have become a huge cause for concern for college students. According to The Planned Parenthood website, 15 million cases of STDs are diagnosed each year, and 10 million of those cases occur among 15-24 year olds.

“This is shocking. I did not know the numbers were that big. It makes me want to be abstinent,” said Highline student Seth Mathison.

Student Margo Hamer said flatly. “There are some damn stupid people out there.”

College students are more prone to STD infections because of major alcohol consumption, inconsistent use of condoms, and the involvement of more casual sex relationships.

According to the Journal of America College Health, “Unplanned sexual activity might take place when the students have been drinking alcohol, and about one third of the students reported that they regretted having sex under these circumstances.” It is not uncommon that students drink so much that they lose the ability to make rational decisions. According to the American Council for Drug Education, one in five college students abandon safe sex practices while under the influence, so therefore, condom use is irregular.

In addition, 60 percent of female students who contracted HIV or herpes were drinking when they had sex with the infected person. In addition to consuming excess alcohol, drugs, students are a sexually active group who tend to postpone marriage and childbearing in order to complete their education.

There are limited monogamous relationships in a college setting. In the case of some students, this leads to several casual sex relationships.

Since college students have a high and increasing risk of contracting an STD, health officials on college campuses nationwide are trying to reverse the trend through peer education and free testing.

“I make all my new boyfriends take STD tests,” said one anonymous student.

To prevent further spreading of the diseases, the health program encourages communication and awareness about STD.

The University Health Program at the University of Michigan takes safe sex and STD issues to a public setting.

Students advise lead workshops about sexuality, safe sex and risky behavior.

STDs are still viewed as something taboo and is not discussed openly. Students are embarrassed and feel that it says something negative about their lifestyles.

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Visit our website at www.ppwyw.org

Place an ad in the Thunderword because I want it that way

call Sherry at ext. 3219 for more information
President

The Trustees worked to create a continued trust from page A1
his retirement, the Board of Trustees con...s, and an Interview Committee. The Screening Committee reviewed applicants and submitted recommendations to the Interview Committee. The Interview Committee has been working to narrow down the list of candidates from page A1.

Committee. One function of the Screening Committee is to narrow down the list of candidates for president. In that process, they reviewed all applications and submitted recommendations to the Interview Committee.

Committee. The Interview Committee works with the Screening Committee to... pre-screen candidates. They then select five candidates for the Interview Committee to review. The Interview Committee reviews the candidates and submits recommendations to the Board of Trustees.

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