

## Homeless finding their way

From street panhandler to computer whiz

By Rachelle Flynn  
Staff Reporter

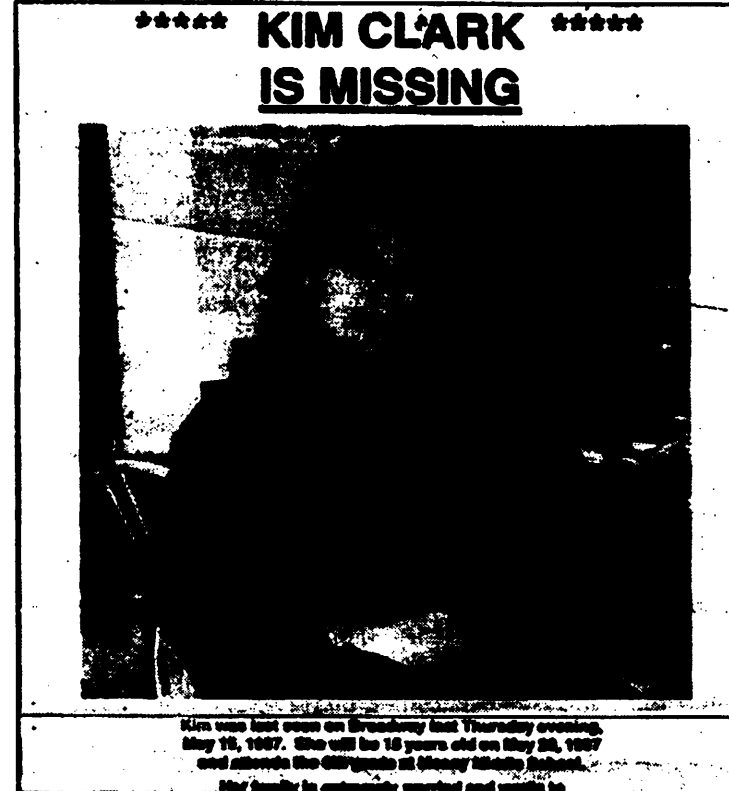
At 14, when most teenagers are entering the realms of high school, Kim Clark was entering hell.



"I was extremely depressed. I did the whole Marilyn Manson thing, the cutting on my arm," said Clark. She shows the faded scars and burns on her arms. Her brown hair falls in her face. At 18, she looks and acts beyond her years.

When asked why she ran away from home, she laughs as if she doesn't know herself.

"That's a very good ques-



Kim's father put out a missing person's report when his daughter simply took off one day without notice.

tion. I was emotionally unstable. I had no respect for myself. I wanted to have fun," said Clark. "I thought the freedom would be cool. I didn't want to deal with school."

She was always friends with the street kids in

Seattle's Broadway district. One day she got an invitation to go to San Francisco with a girl who needed a traveling partner. Plans changed and they ended up in Great Falls, Montana. Her dad put out a missing person's poster on her. A friend who recognized

the picture on the poster called her dad. Kim and her traveling partner ended up in Spokane. Kim called her dad and he gave her a ride home. She was home for over four months before leaving again. After that she lived on the streets for more than five years. She calls Broadway her home away from home.

"I had a famous squat under I-5. The cops knew about it. The kids knew about it," said Kim.

The cops around the area left her squat alone.

Kim would leave her squat, which is an abandoned building or house, at around noon. She would hike up to Broadway with her belongings in a backpack.

"I would walk around and bum smokes. I would stand in front of Jack in the Box or Dick's and panhandle for breakfast. That took about an hour or two," said Kim. "Then I would go to the Capitol Hill Youth Center. I would hang out and walk up and down Broadway."

Kim's dad didn't understand why she was doing

see Kim page 12

## Stuck in a rut, trying to find a way out

Homeless and lost, Laura is trying to cope

By Rachelle Flynn  
Staff Reporter

You see them out of the corner of your eye as you pass by.

They look at you with pleading eyes and ask firmly, "Can you spare some change?"

You might quicken your pace, smile apologetically and say sorry. You might slow down give them the last change in your pocket and

say that's all you have. You might say get a job. You might wonder what separates this one from the one you saw two blocks down.

You might come across someone like Laura. Laura is honest about spare changing. "I'm honest. I tell them I need spare change for shoes," Laura said. "They can tell I'm not a drug addict."

At age 31, Laura looks barely out of high school. With a youthful face and soft green eyes, she still looks like a teenager. She's been living on the streets for a year. She calls Broadway home.

"People ask me where I



Laura gets emotional when discussing her child.

live and I say 'I live right here,'" Laura says as she looks around Broadway.

She's been here for more than four months. She sleeps in shelters or in "squats," homeless slang for abandoned houses and buildings.

Laura says she is out on the streets because it makes her happy. She's formed a family that she feels comfortable with, something she didn't before.

"I didn't feel I could be comfortable," Laura said about living in regular society. "People weren't embracing me. I felt pushed out."

Laura came to Seattle from Portland. Coming from a family she calls dysfunctional, she left home when she was 16 and got an apartment with a friend. She got a full-time job and finished high school. At age 20, she

see Laura page 12

## Winter election set to fill vacancy

By Rachele Corella  
Staff Reporter

An election for the now-vacant position of student senator will be held early in Winter Quarter 2001.

This vacancy in Student Government has been caused by the departure of former Vice President of Administration Dustin West, who left office for personal academic reasons officially on Dec. 4.

The vice president of administration slot will not be up for election, as it was filled by the promotion of Student Senator Jovanna Harrietha, in accordance with the Student Government Constitution and By-Laws.

Harrietha has been training for the position since West privately announced that he was leaving to Student Government officials a couple of weeks ago.

"Jovanna is very well-trained; she's doing a good job," said Student Government President Ben McNelley.

McNelley says that although shifting has occurred within the ranks of Student Government, they are still committed to working for the students.

"The core of our student government has been very solid," he said. "But it's kind of a hassle to have an election every quarter."

For this reason, McNelley hopes that the election will attract qualified applicants with a definite commitment to the position.

"I hope to see people who are sincerely dedicated to teamwork," he said. "This is a group, we need to work together."

The student senator's duties include putting in five to seven

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## Crime blotter for Nov. 30-Dec. 6

### Locker room thievery

The men's locker room was hit once again.

It has been reported that a leather jacket and \$30 were stolen and a few other items were reported missing.

### Traffic accident

A Metro bus leaving the bus stop in the South Lot hit a light pole on Dec. 4 at 7 p.m. Des Moines Police Department officers responded.

### Bad temper

A student got into an argument with his girlfriend in Building 8 and punched out a window on Dec. 5. There were no injuries.

### Found property

A notebook with a drawing and a cell phone were found in Building 6.

A pocket notebook was found in Building 8 on Dec. 1.

A football was found in Building 17, room 101 on Dec. 1.

A rental car key to a Chevy Cavalier was found on Dec. 1. A video tape and an electronic dictionary were found on Dec. 2.

A white scarf was found in Building 5 on Dec. 4.

A makeup bag was found in Building 19, room 108 on Dec. 4.

### Lost property

A maroon umbrella and a gold chain were lost in Building 10 on Dec. 1.

A Quiksilver wallet was reported lost on Dec. 1 in Building 26, room 131.

A black and white notebook was reported lost on Dec. 1.

A camera was lost in Building 4 on Dec. 4.

A black cell phone was reported lost on Dec. 4.

A wallet was reported lost on Dec. 5.

Compiled by  
Michael Perez

By Michael Perez  
Staff Reporter

After 26 years of service to Highline's security department, Sergeant Dick Major is retiring.

"He is a very nice guy," Officer Demetria Guillen said. "You can count on him for everything."

Major is known for driving the silver crime cart around campus on his afternoon and evening patrols. "I don't know who's going to drive the cart anymore," Guillen said.

As he sat at his desk in between his patrols last Sunday evening, thinking about the past at Highline, he had only good things to say about his time at Highline. "I have really enjoyed being here at Highline," he said.

Sergeant Major has seen a lot throughout his years at Highline. In one memorable incident, Major found some kids kicking a live shell around a parking lot. Eventually, a police bomb squad had to dispose of it.

Another time, Major found himself chatting with some visi-



Photo by Connie Harshman  
Sergeant Dick Major, who is retiring after 26 years of service to Highline, writes a ticket.

tors to campus who turned out to be robbery suspects who were carrying sawed-off shotguns in paper bags.

Major discovered this after

the Des Moines Police called, asking if Highline Security had seen the suspects.

Other incidents also stand out as memorable to Major.

"Years ago a helicopter landed in the east lot. It had broken an oil pump and had to do an emergency landing," he said with a laugh.

As a young man, Sergeant Major used to drive by the Highline campus and see it being built. He graduated from Highline High School and was often in the area of Highline.

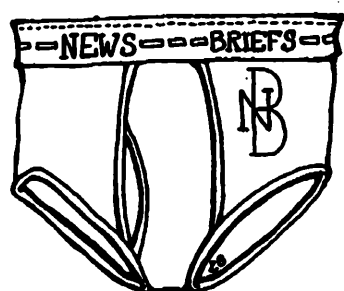
After graduating, he went on to work in construction. He also drove charter buses for ski trips for a few years before he came to Highline.

He has few regrets of his time at Highline.

"I only wish I would've started working here at Highline sooner," he said.

Sergeant Major will now move to Ocean Shores, where most of his family is currently living. He owns property there and has recently purchased a brand new trailer.

He wants to spend his retirement doing a lot of fishing and woodworking with his brother, something he has wanted to do for a while.



## Students given scholarships

Fifteen Highline students will receive Academic Achievement Scholarship awards of full tuition for Winter Quarter 2001.

The winners are Carolyn Etzler, Julie Cauvin, Melissa Cook, Asanka Dewaraja, Kirsten Timeus, Michael Beauchamp, Leslie Chacko, Nerelys Cordero, Fallon Farmer, Lisa Ward, Luke Campbell, Kat Chappell, Eric Davis, Thinh Ho, and Peter Wilson.

Applications for Academic Achievement Scholarships for Spring 2001 will be made available in early January and will be due Feb. 2.

## Giving tree

A Giving Tree is available to help students in need of gifts for their families. It is displayed in the Bookstore with ornaments marked with the student's name and a gift item.

If you are interested in helping someone during the season, pick an ornament, purchase the gift, and return the wrapped item to the Student Programs office in Building 8 by Dec. 8.

If you are interested in sponsoring a whole family, please

contact Eleanor in the Team Highline office at 206-878-3710 ext. 3903.

## Cram Nights

Cram Nights for Fall Quarter will be revamped with two new options.

Faculty members will be able to reserve rooms or areas of the library to lead student study sessions. These sessions will be in the Library 10 p.m.-1 a.m. from Monday, Dec. 11 to Thursday, Dec. 14.

Highline students who double as parents will now also have an option to participate in Cram Nights. Cram Nights will be offered in the Childcare Center from 7-10 p.m. on the same dates.

Child care will be provided for children ages 16 months to 5 years. Parents should call 206-878-3710 ext. 3135 to reserve space. Drop-ins will be allowed on a space-available basis.

Food and drinks will be provided at all Cram Nights.

## Holiday singing

Jingle Bells, Jingle Bells, Jingle all the way...

The Highline Concert Choir and its director, Dr. Paul Mori, would like to invite all students, staff, faculty, and administrators to a Holiday Sing-A-Long on Thursday, Dec. 7 from noon to 12:50 p.m. in the Student Center, Bldg. 8.

"If you love to sing, we would love to have you here," said Mori.

Carol and song requests will

be taken and lyric sheets will be provided.

## Food drive

A Team Highline-sponsored food drive is currently under way in Building 8, upstairs and downstairs, and will go on until Dec. 15.

All bins will go to the Des Moines Food Bank. All are encouraged to participate.

## Speaker series for Winter Quarter

A Contemporary Voices Speaker Series will be offering an easily earned credit this Winter Quarter, with class on Wednesdays from 1:10-2 p.m.

Speakers will touch on interpersonal communication, future plans, designing course of studies, and building a resume.

If interested, register for Humanities 101 or Honors 101.

## calendar

A Science Seminar addressing the topic "Understanding AIDS: What Scientists Know and Don't Know" will be given by psychology professor Bob Baugher on Friday, Dec. 8 from 2:10-3 p.m. in Building 3, room 102.

A Department of Social and Health Services (DSHS) employee will be on campus to help students on Tuesdays from 9 a.m.-1 p.m. in the Women's Center in Building 6.

International Lunch Table brings together students, faculty and staff of all nationalities for lunch on Wednesdays from noon to 1 p.m. in the cafeteria.

The Drop-in Resume clinic has experts available for resume help on Wednesdays from 11 a.m.-12:30 p.m. in the lower lobby of Building 8.

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## Off to a Running Start

High school students take on college and make the grade

By Mike Bangs  
Staff Reporter

Highline sophomore Lara Teigen holds down a 3.9 GPA, is the regional spokeswoman for Youth for the American Diabetes Association, and works part time in the Highline Math and Science department.

Teigen is also a Running Start student.

"I wasn't really into the whole high school experience," she said. "Going to dances and clubs wasn't a high priority for me, so I decided to try Running Start, and I've been very happy with it."

Teigen, it seems, is not alone. Running Start students outperform many of their older colleagues, college statistics show.

Statewide, the high school age students do even better.

On the average, Running Start students have had a consistently higher GPA than normal college students for three years running.

The statewide GPA of col-

lege students ranges from 2.5 to 3.0. Running Start students at various colleges average 3.2 to 3.5.

Running Start students also have a higher completion rate than do older students, at about 80 percent completing their credits.

Of the roughly 9,000 students enrolled at Highline, 450-500 of those are Running Start students.

Teigen is proof positive that Running Start students don't need to be led around by the hand.

"I started my junior year part time, taking 10 credits per quarter, and was so successful in the program that I've taken 15 this quarter," said Teigen. "I study about two hours a night, usually reading. The night before a test, I may study for four or more hours."

The program itself is more popular than ever with students. Many students enroll in Running Start to get away from the repetitiveness of high school.



Photo by Joe Walker

Running Start student Lara Teigen is one of many whose GPA exceeds the norm.

"It gives me the chance to get out of high school and I get more credits going to college than going to high school," said fellow student Qianna Kyles.

Teigen plans on continuing her education at a four-year institution, studying in the medical field. "I want to help people less fortunate," she said.

## African-American culture in new class

By Thaihang Vu  
Staff Reporter

You don't have to be African to be in the African American Experience II class Winter quarter. All types of people are welcomed to take Jean Harris's course, she said.

"All kinds of people, Hispanic, European, African, anybody who's interested (can take the class)," Harris said.

This class is a follow-up to the African American Experience I class that Harris taught Fall Quarter, but you don't have to take one to take the other.

During Fall Quarter, Harris taught from 1619 and stopped at the emancipation period. In Winter



Quarter, she will be Harris teaching from the year 1865 till the present, while emphasizing the 20th century.

Instead of lectures only, students engage in many fun activities such as: making collages, Internet searches, producing art and looking at art, looking at a historical celebrities' point of view, and many other interactive activities students do to learn about African American history and culture.

Upcoming highlights for students who take the second part of the class are two guest speakers. An executive from Black Brains, Use your Clothing Factory and Quintard Taylor, University of Washington professor, are scheduled to speak to the class.

Harris has previously taught the African American Experience at Olympic College and at the University of North Carolina on Chapel Hill.

"We as Americans should understand all the people who've been here. African Americans are a significant part of American history," she said.

The class will meet at 11 a.m. daily and satisfies the Culture, Gender, and Global Studies requirement for an Associate of Arts degree.

"It's not just culture, not just history, not just about political science, it's interdisciplinary and not just about being African American," said Harris.

## New class reaches other dimensions

By Jessica Kirkwood  
Staff Reporter

They took me up to their mother ship while I was sleeping one night. They impregnated me with one of their kind. Sound like an *X-Files* episode? Well it's not; it's a class at Highline. Critical Thinking about the Paranormal is a two-credit class that Dr. Bob Baugher will be teaching Winter Quarter 2001.

Baugher's class will use interesting claims to teach critical

thinking techniques to students.

"Most instructors would like their students to be critical

thinkers," said Baugher. People should not blindly believe in things.

Baugher gave the example of buying a car. If you were not a critical thinker and you went to buy a car, the salesman would say, "hey, this is a great car" and you would say "thank you" and



Photo illustration by Joe Walker

buy that car. Critical thinking is the same thing only in terms of knowledge not consumerism.

The class will be studying critical thinking about the paranormal, but critical thinking is the main focus of the class.

"We will look at alternative explanations," said Baugher.

"We will be using critical thinking strategies that are in the book. There is a section in the textbook, *The Demon-Haunted World* by Carl Sagan, about questions you should ask yourself about any claim. One question, for example, is 'Can you measure it?'"

The paranormal part of the class will consist of claims, such as alien abduction, bigfoot, and the Bermuda Triangle. The class will learn 50 different claims of the paranormal and their definitions.

The class will meet on Wednesdays from 4-5:50 p.m.



## editorial

## Finding the meaning of the holidays in ourselves

It is that time of year when retail stores are flush with red and green ribbon. *Jingle Bells* and other such festive tunes are playing on every radio station, and department store Santa's are prevalent.

It is the holiday season. Everyone is participating in their traditional holiday rituals, whatever they may be, whether it is piling the gifts under an enormous tree, having a quiet, meaningful celebration, volunteering at a soup kitchen, or not celebrating at all.

Although this time of year starts out caring and thoughtful, it is easy for anyone to get caught up in this over-commercialized season. The holidays do inspire a certain amount of charitable feelings. But it also tends to invoke a sometimes shady side of the human spirit.

The malls are filled with holiday shoppers trying to find that perfect gift. Instead of loading down the minivan this season with gifts that will be appreciated but maybe not remembered, try a different approach.

The true meaning of the holiday season, and the human spirit in general, is love and understanding. The spirit of peace on Earth and goodwill toward men should not only be prevalent this time of year, but all year long.

This society could stand to be a kinder, gentler one. This culture tends to get wrapped up in all things material. The more we have, the better we think we are. But how we treat each other is really the measure of our goodness.

Fortune can be measured in several different ways, not just in possessions or status. All people have had good fortune and bad, and been through the good and bad times of life.

There are people who are less fortunate. There are those who have no joy or love or all the comfort and amenities that most of us possess. It is important to remember all of humanity, not only now but all year long.

With the endless barrage of newspaper ads and the commercials bombarding the airways, it is easy to see how one could lose sight of the true meaning of the holiday.

While there is nothing wrong with gift giving or shopping or humming a Christmas carol or two, it is imperative that a reasonable perspective is kept. Don't let the crowds and chaos consume the pure and innocent spirit of the holiday.

It is true that some have been completely detoured from celebrating this holiday at all. They see no reason to participate in what seems to be a now hollow and meaningless holiday.

But this holiday does still have meaning, and it is worth celebrating. It is possible that some people may need to be saved once again. People need to be reminded that there is a great deal of humanity left in this world, now and throughout the year.

Helping people by donating your time or money to various causes is a positive contribution and the effort is always appreciated. But what about the people you see every day, what you give to them may be more important.

Good deeds can be done at any time of the year. Just being kind to people is a good deed. Making people feel better for even one minute of the day, is better than not trying at all.

Let this holiday season inspire the goodness within you. The world was given a very precious gift. It was a gift of unconditional love, and it was given with no expectations and no selfish connotations.

It is possible to be better people, in fact it is necessary if our society is going to continue. No one wants to live in an angry and hostile world, even more so than it already is.

## the opinion page

Editorials are the open of the management of the newspaper, which includes Editorial board members Derek Roche, Evan Keck, Rachele Corella, Sam Abraham, Patrick Allcorn, A.K. Cords, Petra Sokolova, Connie Harshman, and Rachelle Flynn. Columns represent the opinions of the individual authors. Letters to the editor represent the opinions of the readers.

Letters to the editor are welcome. Letters should be no longer than 300 words long and are subject to editing for style and length. Please send submissions to Thunderword@hotmail.com or deliver them to Building 10, room 106.

TRY NOT TO GET TOO EMOTIONAL AS YOU LEAVE



## Have you said all your goodbyes?

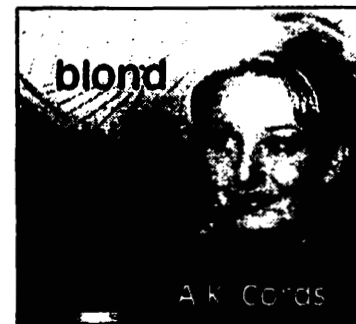
There will be many a teary farewell as yet another mass exodus occurs at the end of this, the Fall Quarter of 2000. Don't be too sad, kids, there is a new adventure on the horizon - Winter Quarter 2001.

Please go forth in to the world of vacation, remember that thing you get every 12 weeks or so that allows you to slack off, sleep, and party hardy. So enjoy it while you can; it won't last long.

It would be ideal to think that the majority of the students this quarter have gained a greater knowledge not only in their class work but also the world around. For most it will be a long, hard road that has just begun and for others they are at the middle of that journey. Education is a long and committed process.

Knowledge is the most valuable thing you could ever possess, the one thing you can't put a price on but ends up costing us all a fortune. Don't let the initial cost detour you. In the long run, the money you spend now will be returned to you tenfold in the not so distant future.

Yes, the day will come when



you actually get to use the education you spent so much time and energy on. There will be a day when instead of dragging yourself to school for 8 a.m. classes and then rushing to your "part-time" job, which takes up the rest of your free time and energy, you will still have to get up just as early. But hopefully you'll be rushing to a job you like and find rewarding.

Don't lose hope that you will make it. You will be successful and you will make it beyond the reaches of junior college.

While it is perfectly understandable for everyone to move at their own pace through the educational system, some will get side tracked. Try to stay the course, don't lose hope. You can do it.

When we do finally get

through our junior college days, and move on to bigger and better things. Let us not forget the people who made our time here special. We all have that one professor or advisor who went that extra mile for us or helped us find our path.

There are also the friends and enemies we've made. The friends we should keep, you can never have too many. The enemies really aren't enemies at all, just people who had different views and personalities. But you've learned from all of your experiences. The friends who have meant the most will stay with of us always even if we're separated by a few hundred miles or a few thousand.

We will all move on from here and be as successful as we are determined to be. Hopefully all the lessons we have learned will stay longer than the amount of time we are away on break.

Most of us will return for Winter Quarter and stay through the spring. Who knows there maybe a day that I might finally graduate. Good luck on finals next week.

A.K. Cords wants financial aid for Christmas.

the thunderword  
You should already know what we want.

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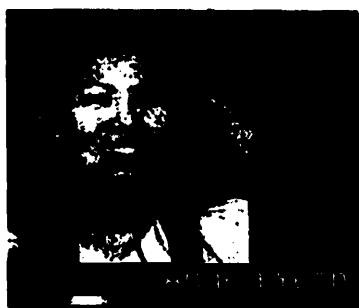
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# Good bye, America; it's been real

This has got to be one of the most fantastic experiences I could have in my lifetime - coming to a city where I knew no one, and spending a year here. As an exchange student in Seattle for the last 11 months, I've had a totally awesome time! I've met new people, learned new things, taken risks, gone on adventures, seen new sights.

I've found subtle differences in language and culture even between the two Western, English-speaking countries of Australia and the United States.

Now, in Australia, growing up with that laid-back, easygoing Aussie nature, if you see someone getting even the slightest bit worked up or irritated, you'd say to them, "hey, calm down." In the U.S., on the other hand, I soon discovered that you



only say this to someone if they're out-of-control-never-been-madder-worked-up.

During a little spat with my American boyfriend, I thought he was getting a little worked up, so I told him to calm down. Much to my dismay, he yelled back, "I'm not even frickin' angry!" He had taken offense to how I apparently accused him of being out of control, when I was saying something that would be perfectly accepted back home.

Other little experiences like

these have taught me to appreciate how easily it can be to wrongly assume that other people in the world think like I do. Spending the last 11 months immersed in a different culture has helped me realize how differently I might perceive things because of the culture I grew up in, and how important it is to be open-minded and flexible to avoid misunderstandings and conflicts, especially when it comes to intercultural communication. During an exchange student orientation camp, our mantra for encountering cultural differences was this: it's not right, it's not wrong - it's just different.

Being an exchange student opens new worlds to you. Back in my home city of Adelaide, in Australia, I dreamed of the excitement and adventure of trav-

elling to a different country and living in a different culture for a whole year. Now, as my stay in the U.S. comes to an end (too soon) on Dec. 19, I'm torn between wanting to go home, to old friends, sandy beaches, Aussie words (like "wicked" and "I reckon") and all that's familiar, and wanting to stay here, where I've created a life for myself, with friends, family, school, and my best friend and boyfriend, Jason.

Goodbyes are always bitter-sweet when you are parting with friends whom you care about. Sometimes it's easy to forget to fully appreciate a smile or a funny conversation until you can't have those things anymore. Here is what can make farewells especially painful: when you don't know if you'll ever see these people ever again

in your lifetime, which makes it all the more important to remember to enjoy what is beautiful while you can.

I've had a marvelous experience this year. I encourage every person who has the opportunity to do an exchange to take up this chance to learn more than you could ever imagine - about yourself, about other people, and, most importantly, about the world.

More and more people are beginning to realize that we all, as humans living on Planet Earth, must start working together toward making this world a better place - before it's too late. An exchange can be an eye-opener, and a step toward an increased global understanding - and world peace.

Angela Yeoh is a Thunderword staff reporter.

## Is cross country cooked, or just not supported?

In the upcoming January Service & Activities Budget Committee meetings, Highline Athletic Director John Dunn will make a proposal to stop funding the cross country program here. After a close evaluation of the program, he has concluded that the emphasis should be put on track and field to build it up and to raise the number of participants. I agree with Mr. Dunn's

### guest commentary

Louis D'Andrea

assessment to build up the track program, but not at the expense of losing cross country.

When it comes to team sports, track and field is considered just as much a team sport as basketball, soccer, volleyball or any other sport Highline provides.

If we were to drop cross country then you are jeopardizing the chances of success for track and field. There are 20 scoring events in track and field; if cross country is dropped, it would affect five events. That's 25 percent of the possible scoring events.

It would be equivalent to asking our basketball teams to play



Highline's women's cross country team has had some success in only three years.

with only 3.75 people instead of 5, or our soccer team to play with only 8.25 instead of 11. Better yet, why not ask our volleyball team to play with only 4.5 instead of 6? If we want to build numbers in track, then why take numbers away by dropping cross country?

Let us take a closer look at Mr. Dunn's assessment of cross country. He says, "The cross country team's numbers were very low this year, the men with

eight runners and the women with only two. I need to look at the future of the overall athletic program, and determine what will be best." Yes, I agree. Our numbers were down this year on the women's side, but not much lower proportionately than women's volleyball or women's soccer. Both of these programs struggled to field a full team early on in the pre-season. Do we consider dropping these programs as well? No, of course

not, if Mr. Dunn is looking at the overall program for track and field, then as I have indicated earlier, dropping cross country would be a huge mistake.

Mr. Dunn has made a strong commitment to raise the level of play and participation for our women's volleyball and soccer programs. He has hired a few quality coaches to "turn things around." I say do the same for cross country and track: Hire

quality coaches with appropriate backgrounds and give the program a fighting chance.

I have watched Highline's Track and Field program deteriorate for the past few years, not from the lack of talent or lack of effort, but from the lack of support from its athletic administration. Three years ago, there was another attempt to drop men's cross country and track and field at Highline. Instead of dropping both programs, the S&A Budget Committee decided to add women's cross country and track and field. Good for us! However, three years is not enough time to develop a quality program. Give us more time, hire the right people and give us the support we need to thrive.

The men's cross country team improved to fifth place this year, up from seventh last season, at the NWAACC Championships. The women's team placed a runner in the top 10 individually; something even the men have not done in a number of years.

Louis D'Andrea is the facilities manager for athletics and physical education at Highline.

## Letter to the editor

### Heavenly or hellish?

Dear Editor:

We were hoping that someone else would write this letter, that someone else would champion this cause. What the hell happened to our coffee shop? Where did this cookie cutter, Wal-Mart-ized, sterile eunuch of production line cafeteria grade McCafe come from? Why is it that we must now endure daily brow beatings from short, angry

blondes (save for Anna) over the size of our refillable cups? Why is it that our additional 25 cents buys us weak, substandard coffee hot enough to burn any one of our very dearest anatomical parts? Why has Highline's last bastion of unadulterated student culture been transformed into a sucking black hole of uniformity? And why, after all this, are we forced to endure, in what used to be Highline's coolest

hangout, that very lowest form of imbecilic, inbred, neuron annihilating kitsch: the soap opera.

Let there be no mistake. We've been sold out. Commoditized. On-campus coffee has become as disappointing as the mood it is brewed in, as unflavorful as the mental institution gray walls that house it, and as tacky as the daytime trash that blares from its television. Yes, we understand, the shop's ownership has changed, but the reason for

its existence remains the same: the students - that's us. Is this a trend we can expect to continue in the future: commercialize, homogenize, depersonalize? Was our coffee shop simply sold the lowest bidder? We would like to think that Highline considers student interest in such decisions, but we seem to have factored into this equation only as a profit margin.

Thus, we come to our cause: if you don't like the travesty that our coffee shop has become,

stop supporting it. If you want your cafe to be more than an abysmally tasteless extension of the cafeteria, let the new ownership know: bring your own coffee or leave home five minutes earlier and buy it somewhere else. Our coffee dollars have a voice that's loud and strong and by spending those dollars elsewhere, we, the students, can tell Heavenly Cappuccino to go to hell.

Andy Fitzgerald  
Katie Royce

# Holiday shows pack local theaters

By Ann Namyniuk  
Staff Reporter

Experience holiday cheer with local theaters this year. Every Christmas brightens the winter spirits with an abundance of performances from local theaters.

A classic or two arises annually within the season, giving new and unique styles to each performance.

Charles Dickens' all-time famous *A Christmas Carol* is brought to life this season at the Annex Theatre in Seattle Dec. 6-16. In *Ebenezer Cycles*, *God Help Us All*, each stage adaptation has been put together in five different settings, each with its own stage director. Ben Lawrence, house management coordinator said, "It'll make for a very entertaining night." For additional information go online to [www.annextheatre.org](http://www.annextheatre.org)

Another adaptation of one of Charles Dickens' famous works, *Oliver*, is presented by Heavier Than Air Family Theatre. Thursdays and Fridays, Dec. 15-30, at 8 p.m. and Saturdays at noon, 3 p.m., and 7 p.m., and Sundays at 3 and 7 p.m. The show will be held at Green River Community College Performance Arts Building. Tickets are \$8 for additional information call 253-833-9111 or 206-464-6133 ext.2400

A childhood classic comes to town in *You're a Good Man, Charlie Brown* presented by Valley Community Players. This musical is based on Charles Schulz's famous comic strip *Peanuts*. Books and lyrics are presented by Clark Gesner. The show will be on Fridays and Saturday through Dec. 10. With a matinee performance on the 10th at Carco Theatre. Ticket prices range from \$11 to \$13 for more information call 425-226-5190

*'Twas The Night Before Christmas* and all through the house. The Puget Sound Musical Theater will present a soft-hearted retelling of an old and memorable Christmas poem Thursday through Saturday at 8 p.m.; family matinees will be on Saturdays and Sundays at 2 p.m. and tickets will be on sale for anywhere from \$12 to \$16; matinees are \$6 for children. Call 206-246-1208.

A family production of *A Christmas Mouse* is at the Thistle Theatre. This Bunraku-puppet style theater follows a mouse family that is moving into their new home. Dec. 15 at 7:30 p.m.; Dec. 16 at 1 and 3 p.m. Dec. 17 at 1 p.m. at The Burien Little Theatre. Dec. 21-22 and 28-29 at 7:30; Dec. 23 and 30 at 2 and 4 p.m. Tickets range from \$6 to \$8, contact 206-524-3388 for additional information.

At the local Christian Faith Center Seattle's famous love of coffee will be taking center stage in *A Seattle Coffee Christmas*.

It is a deeply felt story that will be shared, with Christmas musicals and singing and dancing.

Performances will be held on Dec. 13 and 15, 7:00; and Dec. 16 and at 6 p.m. Admission is free for questions call 206-824-8188 or 253-627-1312.

A production of Medieval proportions with carols, dancing, and drama, will be held in Tacoma in *The Christmas Revels* on the Dec. 15 at 8 p.m.; Dec. 16, at 3 and 7 p.m.; Dec. 17 at 1 and 5:30; and Dec. 19 at 7:30. Tickets will cost \$8 to \$19.50. To purchase or ask questions call the theater at 253-591-5894.

Enjoy the holiday cheer with all the local theaters that you now know are near.



Cast members of *The Christmas Revels* strike a pose.



The Bunraku-style puppet show *A Christmas Mouse* will be showing at the Burien Little Theater.

## Movie trailers are what put the butts in the seats

Even if the movie is god awful, or worse yet, knowing before hand, that the dreck I'm about to lay my sensitive eyes upon is pure, unadulterated cinematic drivel — say any film directed by Paul Anderson



(*Mortal Kombat*, *Event Horizon*), I can at least be guaranteed 10 minutes of worthwhile entertainment.

The movie industry refers to them as trailers or teasers, audiences know them as previews. I refuse to see any film that I show up 10 minutes late for, in turn, missing a sneak peak of upcoming films. There's just not, in my belief process anyway, any fathomable reason to continue watching a movie, in which I am not receiving my hard-earned \$8 worth.

The marketing campaign is easily the most important aspect in transforming celluloid into box office green. An intriguing, tantalizing teaser not only gets the viewer interested in the product, but can create a frenzy among film enthusiasts hoping to gain a quick glimpse to the next great thing.

*Star Wars: Phantom Menace*, which in its entirety was nothing but a special effects extravaganza - completely lacking any of the charm and space opera magic of the first three - was steered towards B.O. prosperity thanks to a brilliant, bombarding marketing blitz.

Movie geeks, all across America lined up for hours for the lackluster *Wing Commander*, simply to see three minutes of *Phantom Menace* - some catchy soundbytes, coupled with John William's illustrious musical score.

*The Blair Witch Project* was indeed a wonderful student film, and deserving of not only the money it pulled in, but the accolades it garnered. Yet word of

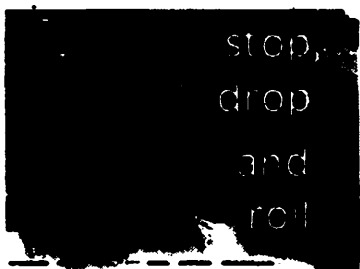
see roche page 9



## Actor enjoys meaty role

Jason Holtzclaw was happy to be playing Jason of the Argonauts. In the drama department's recent production of *Medea*, written by Euripides, Holtzclaw played the Greek hero Jason, who betrays his wife Medea and marries a young and wealthy princess.

A third-year drama student at



Connie Harshman

Highline, Holtzclaw is no stranger to rehearsals and hard work. *Medea* is the sixth production but the first lead male role for Holtzclaw.

"I like it, it's cool," he said.

He swears that Jason the person is different from Jason, the famous Greek hero. "Jason is kind of an arrogant jock. I think he has good intentions with his heart but he doesn't think them through, he just wants all the glory to himself, and in the end hurts himself," Holtzclaw said.

"His good qualities are that he is confident and he can be a very good talker. He can talk you into things," he said.

The only thing it seems that the two Jason's have in common is confidence. "I think I am confident, and I think he's very confident in that respect, but I am not an arrogant confident," Holtzclaw said.

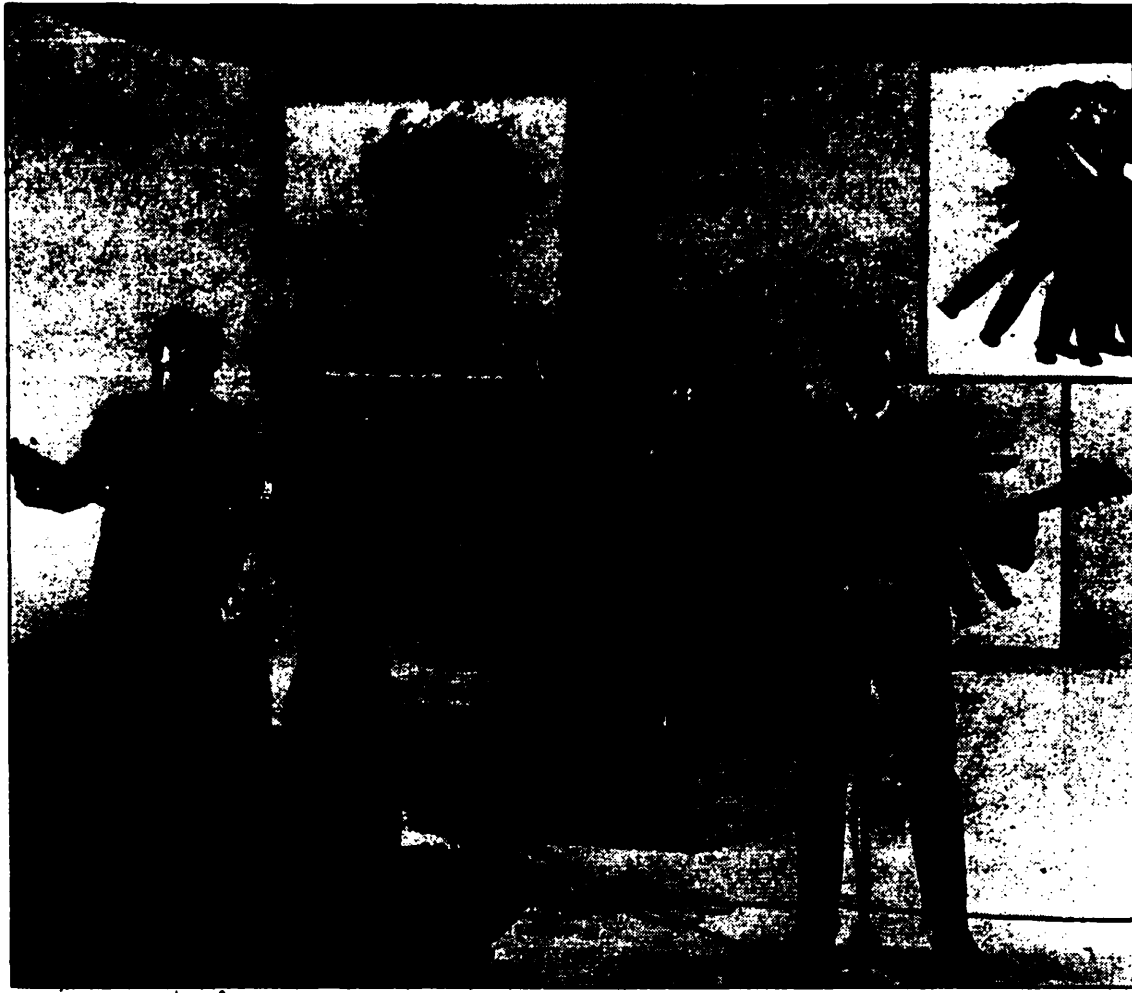
Holtzclaw said he thinks he is kind of crazy and heroic in some ways, "but I don't think I would screw over my wife to get rich," he said.

Preparing to play Jason was not hard for the Holtzclaw. A fan of Greek mythology, he researched in movies and his imagination.

"It's about a little bit of everything, it has excitement in it, a little sex, a little husband cheating on his wife. It has a lot of stuff people would be interested in that respect. It's a soap opera back in the day that makes ours look boring," he said.

*Medea* closed on Dec. 3, but look for Holtzclaw in more productions in winter and spring.

Connie is graduating, sort of, but she will continue to be seen in the musical revue, *Another Geek Tragedy*.



McCartney, Harrison, Starr and Lennon perform in 'A Hard Day's Night.'

## Fab Four is back on film

By Nicole Gilliam  
Staff Reporter

John Lennon, George Harrison, Paul McCartney, and Ringo Starr - names that revolutionized the world of music and now grace the silver screen. The fully restored and digitally remastered *A Hard Day's Night* featuring the Fab Four will be re-released on Dec. 8. The movie follows the Beatles through a day of early "Beatlemania" and their journey to a television performance.

*A Hard Day's Night* was their debut as actors in 1964. The film took two Academy Award nominations for screenwriting. Directed by Richard Lester, the film takes on an almost reality style of mock documentary. It follows "a day in the life" of John, Paul, George, and Ringo

as fame takes them by storm. The Beatles struggle to hide from their fans, their bothersome producers, their mischievous family members, and the pushy press. Within the movie lies the truth to their survival and success: the unjustifiable need for mischief and their addiction to happiness. For the first time, the four decide to get a taste of freedom. For one day, they throw away their obligations, explore new places, and do whatever they please.

Present is Paul's fictional grandfather, who is a handful, making the four disobey their managers just to keep him safe. The film goes on to show a wild television performance given by the Beatles.

Through it all, the movie reveals the sheer innocence of the Beatles. The witty one-liners

and world class charm of the Beatles shines through in this movie. This begins to change when the young men try to make their own rules in a world determined to confine them.

The film is excellent. It portrays the Beatles both in real life and fiction combined with subtle comedy. The film shows the inner personalities of the group at a very young age. If you like the Beatles' music, you will love this movie. Included are such hits as *She Loves You*, *All My Loving*, and *I Love Her*, as well as the title tune. Like the motion picture when first released, the soundtrack became an instantaneous hit. Both the movie and soundtrack are viewed as timeless rock n' roll classics.

The film will play Dec. 8-14 at the Varsity Theatre.

## Community centers offer some diversions

By Emily Hathaway  
Staff Reporter

Community centers are a good way to get involved. They offer a variety of programs for all ages, preschoolers to senior citizens, and the centers are open to everyone.

"We offer many activities such as sports, camps, day care, and trips for every age group," said Aviana Rankin, who works for the Teens Program at the City of SeaTac Community Center.

The center includes a gymnasium, video and game area, weight room, arts and crafts

room, locker rooms with showers, banquet room and meeting rooms. Room rentals are also available.

The center is located at 13735 24th Ave. S.

Preschool programs are offered including birthday party packages, preschool, tumbling, and sports.

Youth programs include baby-sitting, camps, before and after school programs, and youth sports.

Teen programs include dances, trips, sports and a drop-in center.

Adult programs include aerobics, basketball leagues, karate, massage, dance, free home buy-

ing seminars, and many others.

Hours of operation are Monday through Thursday, 8 a.m. to 10 p.m., Friday and Saturday, 8 a.m. to 7 p.m., and Sunday, noon to 4 p.m.

For additional information call 206-439-9273.

## Timeless Typhoon to revisit Highline

By Sam Abraham  
Staff Reporter

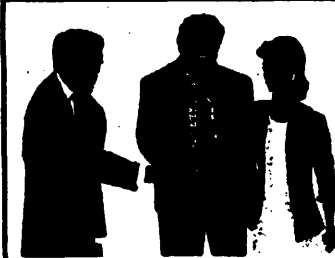
If you need a place to take the little ones this Christmas season, Team Highline is happy to provide you and your children with plenty of entertainment with Tickle Toon Typhoon.

The children's group will be putting on a musical program on Friday, Dec. 15 from 11 a.m. until noon in Building 7 and admission is only \$5. Parents are invited to bring their children ages 3 to 12 to the show.

There will be colorful costumes, singing, dancing, and an abundance of audience participation. This is the 21st year triple T has returned to Highline and according to Kit Timeus of Team Highline, it always sells out.

The great thing about Tickle Toon Typhoon's show, said Timeus, "(is that) it helps promote Highline with a community event."

Team Highline and the Parent Education Program is presenting the show not only to students and staff, but to the general public as well. The event is sure to be more than a success, and for only \$5, there's no reason not to bring the kids to this one.



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# Tis' better to give than to receive

Make sure you give the right things this year

By Emily Hathaway  
Staff Reporter

The holiday season is fast approaching and it is about that time to start thinking about what you are buying for that special someone, for your friends or for family members.

Here are fifteen of the top Christmas gift suggestions for this year.

- Candles are always a popular gift idea. Tie them in bundles with holiday ribbon or put them in a decorated box. Include appropriate candleholders.

- Photos with frames. Try taking pictures of events throughout the year or of a specific activity. Receive double prints and keep one set for yourself, and put the other set in an album or frames for others.

- Make theme or hobby baskets fit for the person. Fill a decorative basket with goodies the receiver uses with that hobby, such as bath items or sports décor.

- For the coffee lover, fill a



Photo by Joe Walker

Gift wrapping booths can be seen in just about every major mall now.

coffee cup with packets of different flavored coffees or cocoas and chocolate flavored spoons. You could also place it in a basket.

- Make or buy a special Christmas ornament for the tree

and give one every year to the same person to keep the tradition alive.

- Aromatherapy is quite popular. Select aromatic oils and candles noted for their soothing effects and package

them with a neck rest pillow.

- If someone you know is soon taking a trip, you can make them a travel kit. Fill a zipper case with a travel clock and travel size products such as toothpaste, soap, and shampoo.

- All drivers need a car safety kit including a first aid kit, flashlight, and other appropriate items.

- For the newlyweds or new homebuyer, try an address plaque or a house marker to personalize their new home.

- Schedule a full body massage, a facial, or a manicure for that person always on their feet. Inform them of their gift with a card wrapped in a decorative box.

- Send that out-of-state family member or a college student a phone card to call home and

stay in contact with you.

- For the person who doesn't cook and enjoys eating out, the coupon book or entertainment book gives them a discount at various restaurants or attractions.

- A gift certificate to a certain clothing or music store would let one pick out his or her own item and do a little shopping for themselves.

- Holidays mean food and reminiscing good times. Give a gift to that special person for the two of you to go on a cruise, go to the ocean at a special bed and breakfast, and enjoy a holiday weekend together.

- Christmas is about giving. Make a donation in the name of a friend or family member to a needy cause of your choice. Present a card to that person detailing the organization and how the donation will be used.

These are just a couple of practical gift ideas that can be made or bought. Most of these ideas are cheap, affordable, or easy to make, for that hard-to-buy-for type of person.

## Little known, must-see sites do exist in Washington

By Emily Hathaway  
Staff Reporter

Highline students range from those who have grown up around here their whole lives, to those who have moved here from out of state, or even the country, to attend Highline.

Whether you have been in the state of Washington for years, or just recently resided here, this is a list of the top ten "must see" attractions in Washington State.

This mountain is a site to see in the Puget Sound region. Mount Rainier and its National Park something you must experience firsthand. You can check out the massive glaciers, wildlife, snowfields, and alpine meadows. During the late summer, it is covered with wildflowers, trails reaching far up to the summit, and mountain streams.

At the Olympic National Park you may explore miles of Pacific coastline. You can wander through the ancient Hoh Rainforest or hike along river valleys to the ultimate climb up Mount Olympus.

In order to truly appreciate the beauty of this national park, plan time for lengthy exploration.

In the city of Seattle you can do just about do anything. Plan to visit the Pike Place Market, the waterfront, the Space Needle, Pioneer Square, Broad-

way, as well as the new Experience Music Project. Shopping, eating and taking in the wonderful scenery of the water, mountain ranges, are all must-do's in downtown Seattle.

The San Juan Islands include four major islands: San Juan, Orcas, Lopez, and Shaw, which can all be reached by ferry. These islands are peaceful and beautiful, with activities including whale watching, gallery hopping, bike riding, and wildlife watching. Each island has its own unique setting and allure.

On May 18, 1980, Mount St. Helens, erupted blowing away 1300 feet of its snowcapped peak. The mountain and its surrounding landscape are now designated as a National Volcanic Monument. You can check out Toutle River, Coldwater Ridge, as well as the mountain.

Grand Coulee Dam was built during the Great Depression and is one of the largest concrete structures in the world. There

are guided and self-guided tours offered, including a ride down the face of the dam in a glass-enclosed elevator.

Every evening, from Memorial Day through September, the world's largest laser light show is projected on the dam's spillway.

Lake Chelan is one of Washington's leading recreation destinations. There you can check out rolling hills, apple orchards, sandy beaches, and lakefront resorts.

Columbia River Gorge, shared by both Washington and Oregon, offers some of the most distinctive scenery in the country. World-class windsurfers are attracted for recreation and competition.

Snoqualmie Falls drops from a 268-foot plunge to the bottom to continue on its course. You can check out the falls from a lookout tower, or can spend the night in the resort placed on the top of the falls.

A ferry ride on the Puget

Sound can lead you to islands, such as Bainbridge Island. You can see spectacular snowcapped mountain views of Mt. Rainier, Mt. Baker, the Olympics and the Cascades, as well as Seattle. Quaint villages greet the ferries

at their landings and offer up a special sampling of Northwest life.

All of these attractions in Washington state should be seen by all that reside in it, or those who are merely visiting.

## Want something better than fruitcake?

Why not skip the cake and go right to the fruit: Give the gift of wine this year, even if it's just to yourself.

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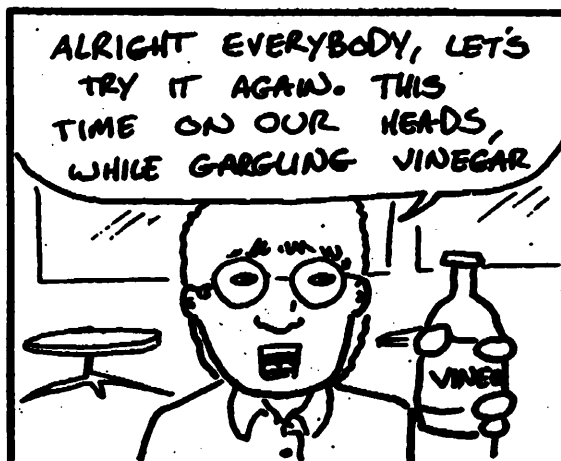
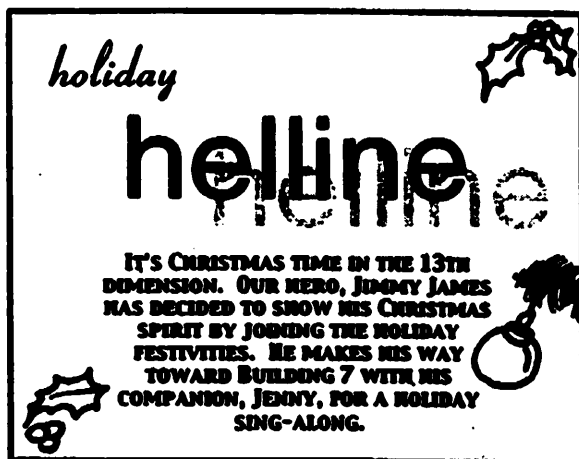
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roche

continued from page 6

mouth and some favorable reviews were only a small part of the horror movie's success.

A teaser was first released on the Internet - gaining an unprecedented amount of buzz. This was then followed by an equally imaginative teaser launched in theaters across America.

So what makes the perfect trailer? Evidenced by most previews of recent times, their seems to be a prevailing thought among studio heads, that more is better. Nevermind how much of the plot is given away, or crucial twists divulged, as long as butts are planted on the plastic, little else matters.

The problem here is simple. So simple in fact, it's surprising studios rarely try to fix it. Less is more, my Hollywood compadres. *The Blair Witch* trailer worked because it only entertained our imagination not

exploited it.

*The Castaway* teaser was brilliant. Tom Hanks (big movie star, big points) shown drifting alone on a vast ocean, swept ashore a deserted island. OK, sounds good. Directed by Robert Zemeckis (proven film director, more points). A last cry for help from a desperate man trapped in another world. Coming soon. Ahh, I'm intrigued.

Then came the longer trailer. The film's once promising premise was massacred. I refuse to even see the film. By insulting the audience's intelligence, they deserve to be cast aside. The new trailer shows Tom Hanks' character being rescued from the island. What? You got to be joking? That's like giving away the ending to *The Crying Game*.

Oh well, I give up. Just as long as they stop showing the Pepsi Girl urging me to put away my cell phone, and to not smoke, I'll survive.

Solution to Nov. 22 Puzzle

# HAIR TODAY- GONE TOMORROW

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Crossword 101

Simple Math

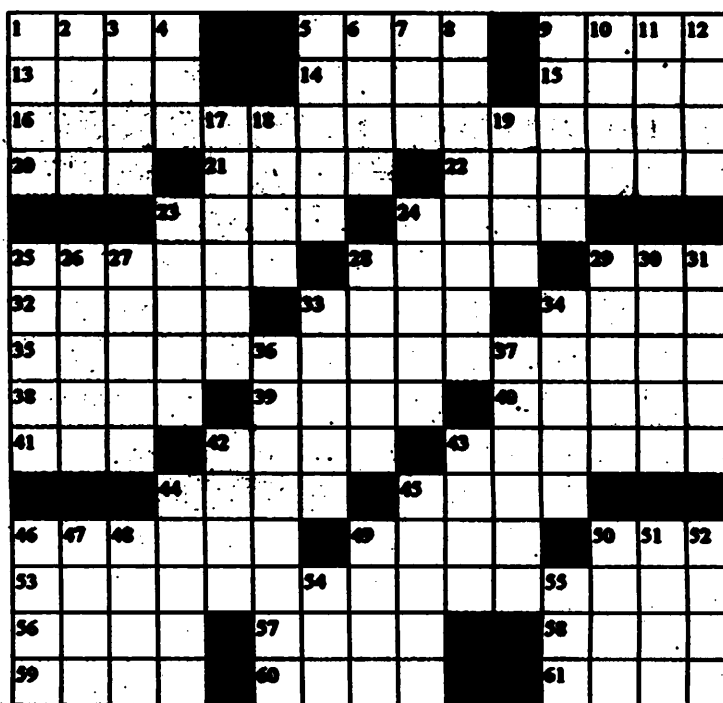
By Ed Canty

ACROSS

- 1 Helps
- 5 Watering places
- 9 Courtly Arthur
- 13 Had on
- 14 Buck, e.g.
- 15 Twofold
- 16 Vegas fixtures
- 20 Stripling
- 21 Lampreys
- 22 Churn
- 23 Tiff
- 24 British title
- 25 Sheep stew
- 28 Affectionate
- 29 Bikini part
- 32 Celebes oxen
- 33 Frat party wear
- 34 Foot parts
- 35 Ag. schools at times
- 38 Vietnam New Year: P1
- 39 Notes
- 40 Usable
- 41 Begley and Anser
- 42 Hit sign?
- 43 Female monster?
- 44 Arctic dweller
- 45 Greek portico
- 46 Arctic dweller
- 49 Six: Spanish
- 50 Runners' org.
- 53 Barnum's creation
- 56 Mint
- 57 Musical group
- 58 & & &
- 59 Rudolph, war criminal
- 60 Weakens gloss
- 26 Single
- 27 Blows the horn
- 28 Ford m
- 61 Golda

DOWN

- 1 Truant



- 2 New Rochelle college
- 3 Scott
- 4 Ocean
- 5 Fish
- 6 Lodgings: Slang
- 7 Priestly vestment
- 8 Kind of worker
- 9 Totaled
- 10 Heart, e.g.
- 11 "What God joined together"
- 12 Different
- 17 Tranquility
- 18 Cruel
- 19 Misfit
- 23 Remains
- 24 Trademarks
- 25 Free from odol
- 29 Hepburn's costar
- 30 Staggers
- 31 Donkeys
- 33 Scout group
- 34 Colorful fish
- 36 O'Hare and others
- 37 Actor Bela
- 42 Identical
- 43 Relating to the ear
- 44 Security interests
- 45 Edible lily bulbs
- 46 Engrave
- 47 Kind of box
- 48 Kristofferson, actor
- 49 Clip
- 50 Teen's problem
- 51 German car
- 52 Russia, formerly
- 54 Tax maneuver
- 55 St. Louis player

Quotable Quote

"I have hardly ever known a mathematician who was capable of reasoning."

... Plato

By GFR Associates E-Mail: [EDC@aol.com](mailto:EDC@aol.com)  
Mail: GFR, P.O. Box 461, Schenectady, NY 12309

## A legend ends his career

I'm a lot like Wayne Gretzky, John Elway and Michael Jordan.

Not because I have an enormous amount of athletic ability or because I have an instantly recognizable face, but because I too am electing to step down while at the top of my game.



Patrick Allcorn

OK so I haven't exactly mastered the art of journalistic prose, I've never won an award for my writing, and technically being editor-in-chief is the top of this game but the point is, I'm stepping down as sports editor of the Thunderword. And just in case I have any fans I thought this would be the best way to announce it.

I also wanted to give a shout out to Athletic Director John Dunn and all of the coaches and athletes that make up Highline athletics. You guys have been very cooperative with us and deserve many thanks.

This is starting to sound a little to somber now. I'm not dying, I'm not even leaving the paper, I'm just not going to be in charge anymore.

Being sports editor was a great experience but writing is my passion and being editor took time away from my ability to write stories.

So I will still write for the paper next quarter, but this might be the last edition of 'On the Rebound.'

I know you're probably thinking that there is no longer a need to wake up on Thursdays and you might as well transfer to Green River because the only reason to stay at Highline was my column. I'm truly flattered.

But some other guy will take over for me and at first you'll want to compare him to me, but don't. It's not fair to him.

Before the end of Winter Quarter the sports section will be back to its usual level of greatness and you'll forget that I was ever here.

I know it's hard to believe now but everything will be OK.

Patrick's column will be sorely missed by those who used it to paper their birdcages.

## T-Birds squeak by Pirates

### Thunderbirds move to 3-0 in non-league play

By Bryan Sharick  
Staff Reporter

The Highline men's basketball team won in a nail-biter over the Peninsula Pirates last week with a final score of 83-80.

The men fell behind for the first time at halftime, with the Pirates leading 41-37. The T-Birds, however, were not going to walk the plank that easily.

Early foul trouble limited the playing time for key Thunderbird players Jason Reed and Yusef Aziz. They each played six minutes and sat out a majority of the second half.

"We struggled without Jason and Yusef in the first half because of foul trouble, but me, Wes (Newton), and Mateo (Jack) hit some key buckets," said Darnell Lyons.

In the second half the men came out and had to prove to themselves that they could still come out on top after being behind in the first half.

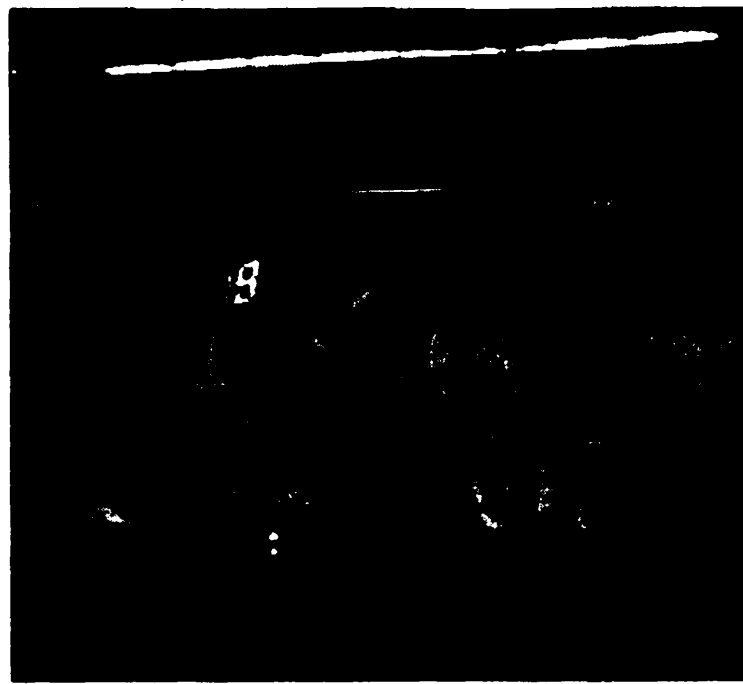


Photo by Connie Harshman

The Thunderbirds practice hard to prepare for their upcoming rematch against Olympic.

"It was a good learning experience for us," said Head Coach Jeff Albrecht.

The game went back and forth until the end when Newton hit two key three pointers. The first they tied the game at 80. Then, the T-Birds got the ball back on a Pirate miss and Newton calmly hit another three to

give the Thunderbirds a three-point advantage.

Those three points proved to be all the mighty Thunderbirds needed to swashbuckle the Pirates 83-80.

Wes Newton also shot 50 percent from the three-point range in the game.

"It was a test for us because

Jason and I were in foul trouble. The game was a real good team effort," said Yusef Aziz, co-captain.

Leading the way for the Thunderbirds was Darnell Lyons. In 36 minutes, Lyons had 23 points, eight rebounds, and shot five of seven from the charity stripe.

"The game was a big win for us because Peninsula beat Tacoma and now we beat Peninsula. It gives us a little edge over Tacoma," said Lyons.

"Guys stepped up for and played lots of minutes that they don't usually play. It was truly a team victory," said Albrecht.

Ben Beeles and Ross Randleman each contributed over 20 minutes due to the early foul trouble for the T-Birds.

The next game for the Thunderbirds will be Saturday, Dec. 9 at 5 p.m. against the Olympic Rangers.

The next home game will be Tuesday, Dec. 19 at 6 p.m. against the Peninsula Pirates.

The Thunderbirds will play in two tournaments over the break.

League games will start on Jan. 3 when the rival Tacoma Titans visit Highline at 8 p.m.

## Lady T-Birds are in their own league

By Patrick Allcorn  
Staff Reporter

The Highline women's basketball team added to its amazing start last Friday by pummeling Peninsula 86-51.

The win moved the Lady T-Birds' record to 3-0 in non-league play and proved that the two wins they posted last week-end weren't flukes.

"Peninsula is one of the best teams in the North Division," Highline Head Coach Dennis Olson said.

Highline failed to score over 100 points for the first time this season but their defense stepped up to disable the Pirates. Peninsula was held to a meager 18 points in the first by the suffocating Lady T-Bird defense.

"It was nice to get ahead a little bit," Olson said. "I was really happy with how our defense played."

Sophomore center Cal-Jean Lloyd led the way for Highline on the offensive end, scoring a game-high 37 points. Lloyd also pulled down a team high 13 rebounds earning her third double-double of the season. Lloyd has picked up where she

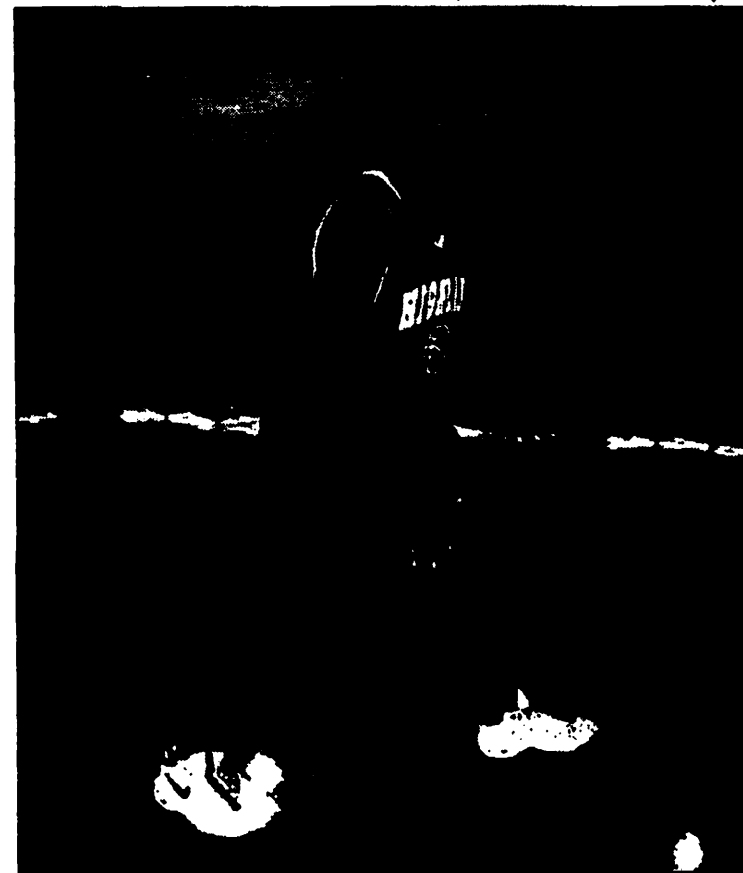


Photo by Connie Harshman

Highline freshman Jessica McMillion takes the ball up the court in Wednesday's practice. Highline is 3-0.

left off in her MVP season of a year ago, averaging 30 points and 12 rebounds in her first

three games.

Freshman sensation Briana Duerr added 12 points to bring

her season average to 17.3 points per game.

Sophomore Kristen Zompetti had a solid game at her new point guard position, dishing out a season high six assists.

"We played well, the girls played really hard," Olson said.

Lisa Milne contributed 12 points to the cause moving her season average to 13.7 points per game.

Chandra Rathke and Lauryn Jones each added six rebounds for the Lady T-Birds.

Head coaches around the league notice the talent of this year's Lady T-Birds team.

In the year's first NWAACC coaches poll, Highline was voted No. 1 in the Western Division.

The Lady T-Birds were voted as the second best team in the entire NWAACC, receiving more votes than anybody but except the defending champions, Umpqua.

Highline's next game will be Saturday against Olympic. The Lady T-Birds pounded the Rangers in their first meeting 125-41.

Olson looks to this game to try different line ups.

# Wrestlers split matches at PLU

By Evan Keck  
Staff Reporter

Highline's wrestling team is now ranked eighth in the nation in the NJCAA.

Two wrestlers - Andy Olson and Shad Lierly - are ranked No. 1. Both are undefeated in junior college competition.

"It's good and bad, now everybody knows about them," said Head Coach Todd Owens.

"It doesn't mean much, but it's nice," said Olson. "I'm happy to be ranked, but I like being the underdog."

Olson and Lierly continued their winning streaks last Wednesday when they faced Pacific Lutheran and Clackamas Community College in a double dual match at PLU.

Highline beat PLU 30-16 and fell short to Clackamas losing, 21-20.

Javonn Albert-Rainwater lost his match at 125 pounds, 18-3 to PLU star Matt Holt. Carlos Adamy made up for the defeat beating his opponent, Carl Krebs, 17-0 at 133.

"I'm starting to win again, so that's cool," said Adamy.

Lierly stepped up next with a convincing 23-7 win over John Henry at 141. Jason King lost a heartbreaker to Rich Vigorito 4-3. Chad Keck also had a tough loss, 9-5 to Tom Brown at 157 pounds.

After a forfeit at 165, Olson defeated Abe Porter 8-0 at 178. Jamey Verderico next pinned David Chew for an easy six points at 184.

Trevor Smith also won his match by pin, beating Greg Nelson at 197 pounds. Heavyweight Anthony Hamilton won by forfeit.



Photos by Joe Walker  
Highline's Joe Castro, left, grapples with a Clackamas wrestler in his exhibition match.

The T-Birds next faced Clackamas, but came up just short.

Albert-Rainwater led off receiving a forfeit for a quick six points. Adamy again came through with another victory, 9-4 over Toby Sena. Lierly pushed on with his second win of the evening, beating Tom Broman 9-0. King lost his match in another close one, 3-1, to Brad Freshour.

Keck next gave up a pin to Josh Roadner in the third round. Highline again gave up a forfeit at 165, to give the Cougars another six points.

The T-Birds were not out of it yet with the score 13-15 in the Cougars favor and had plenty of chances to takeover, with Andy Olson on the mat next.

Olson came through, pounding Austin Laureno 14-4 to give Highline a one point lead with a four-point major decision.

But the lead didn't last when Verderico lost 4-1 to Jason Pentz, giving Clackamas an 18-13 lead with two matches left.

Smith, who came up with a pin against PLU, could not duplicate his previous performance, losing to a tough opponent in Justin Elliott 10-7.

The score was now 21-17 and the T-Birds needed a pin or a five-point technical fall by Hamilton to pull out the victory. The Cougars' Chris Henry was no match for Hamilton, but managed to get his team the win by losing only 4-0.

"I thought we were flat," said Assistant Coach John Clemens. "The good news, we were able to compete being flat. It says something about our ability. To not do our best but still do well."

The T-Birds' loss was tough, especially to a regional rival. But they will get another shot this weekend as they play host to five regional opponents in a double dual on Friday and a six-team dual tournament on Saturday.

The Friday event against PIMA from Arizona and Ricks from Idaho will be at 5:30 p.m. in the Pavilion. Saturday's action begins at 10 a.m. in the dome as well.

PIMA and Ricks will both stay in town for the Saturday event and Clackamas will come back as well. Yakima Valley

and Southwestern Oregon are both expected to make the trip too. North Idaho will be the only team from Region 18 to not show up on Saturday.

"We will wrestle everybody in the region except NIC in the next two weeks," said Clemens. "It is real important for seeding (at the regional tournament)."

Highline will face a lot of top ranked regional wrestlers this weekend.

Andy Messersmith from Ricks is the No. 2 ranked wrestler behind Lierly at 141. The winner of this weekend will most likely be the regional and even the national champ.

Olson has already beaten the second ranked wrestler at 174 in Nathan Pascoe from NIC who will not be there this weekend, but will face a highly ranked competitor from PIMA.

Smith will also see Jeremy Lewis from Ricks who is ranked sixth. Smith has met Lewis on the mat twice and has split even 1-1.

"We just have to stay sharp and be hungry," said Clemens.



Shad Lierly puts the pressure on his opponent in Wednesday's match at Pacific Lutheran University.

## D'Andrea makes bid to rescue cross country

### Runners are heated about inequalities

By Monica Angeline  
Staff Reporter

After the bomb was dropped on the Highline campus that cross country may have seen its last days, it came to the attention of many that this is not the first time Athletic Director John Dunn has proposed the abolishment of the sport.

Three years ago it was proposed that Highline get rid of the men's cross country and track programs for the same reasoning as now, but with the idea of adding golf.

But the Services and Activi-

ties Budget Committee decided against cutting the program and added women's cross country and track instead.

At that time the cross country staff and supporters were fired and replaced by underqualified coaches, some observers say.

"Since that time there has not been the proper staffing to make for a successful team," said Louis D'Andrea, facilities manager for Highline athletics.

D'Andrea is also a former coach at Highline. He coached track for the Thunderbirds from 1993-97 he then left to work for the University of Washington as a recruiter.

"At this time I am now here on campus and am willing to turn the program around," D'Andrea said.

Some of Highline's cross

country runners feel that they were never given a fair chance to be successful.

"Basically I felt like the team was set up to fail. There was no effort to find a respectable, and knowledgeable coach," said Matt Greene, a member of the cross country team. "I felt the whole situation was unfair."

Jason Redd also ran this year for Highline and said, "As an athletic director I believe John Dunn should be equal to all sports, I feel cross country has been singled out."

"We were a young team this year and need time and the right resources to be able to make this program something. Nobody can expect something from nothing."

There is a lot of pointing fingers and attempts to place the

blame on who is at fault for the program's deterioration but no solutions.

The solution both former and recent Highline runners agree on would be to have a coach who is qualified and on is regularly on campus.

"When a coach is on campus

he can control the eligibility of the student athlete, by giving grade checks and having study hall and just being available for the student," D'Andrea said.

The S & A committee will not meet until January 2001 to decide on the future of the cross country program.

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# Highline to light campus up

By Tery Gibbs  
Staff Reporter

Night students will benefit Winter Quarter 2001 from the changing of light bulbs across campus.

The Highline Facilities Department will begin to replace the current 200-watt bulbs with 400-watt bulbs over winter break.

"This has been a real pet peeve of mine. I've been wanting this change to happen for years; it's about time they did it," said Sergeant Dick Major of the Highline Security Department.

According to Major, students have made comments that they need more light, because walking to their car or to classes in the dark makes them nervous.

"I always park under the lights," said one evening student, who has night classes in Building 10.

Students may call the Highline security office for an escort any time at 206-878-3710 ext. 3218, but they need to be forewarned that there may be a wait.

Two security officers are on duty in evenings from 5-9 p.m.

"We can offer students an escort, but we are understaffed to give a fast response time," Major said.

This is a busy time for the



Photo by Connie Harshman

Lights on the Highline campus are being changed from 200-watt bulbs to 400. The change will benefit many evening students possibly making the campus safer at night.

two officers. At 9 p.m. they are busy locking doors and at 10 p.m. officers are changing shifts.

A college employee needs escorting regularly at 9 p.m. on weeknights, which ties up one officer for a while, and on Mondays at the same time, a disabled student requires an escort, which ties up the other officer.

If students call for an escort at that time, they may have to wait for up to 30 minutes.

"We have looked into hiring and training students that are in the financial aid program to help

escort during the evening hours, but that hasn't happened yet," Major said. Students interested should contact the campus security office.

One evening student said that she walks to her car carrying pepper spray because "I feel safer having it with me," she said.

According to Major, "Students are within the legal limits to carry a 5 percent pepper spray on their person." He also said hairspray is a good alternative to pepper spray due to the high amount of alcohol it contains.

Changing all campus light bulbs to double their strength is a start in aiding night students. Major thinks that other safety precautions are still in order.

"The best thing they can do is to walk with a classmate, but if they can't, they should be prepared to open their car door with their keys already in hand," he said. He also suggested that students "carry a flashlight, a whistle or an air horn, and make as much noise as possible to draw attention to themselves if someone's approach is scaring them."

## Suicides have warning signs

By Autumn Mittelstaedt  
Staff Reporter

Some people celebrate life, some take life for granted, and some try to throw life away.

In the United States there are approximately 30,000 suicidal deaths per year, almost 83 per day. Most suicidal deaths can be prevented, experts say, if you learn how to intervene in suicidal situations.

"Most people are not comfortable talking about suicide," said Highline Psychology professor Bob Baugher. "Their feeling is that if we deny it, it won't be so bad."

Suicide is the second leading cause of death in Washington State for youth 15-24 years of age. Cardiopulmonary resuscitation (CPR) is physical first-aid, and likely, suicide intervention can be seen as psychological first-aid.

Common warning signs include writings about suicide, comments like "I might as well be dead," and making final arrangements, or giving away favorite possessions, Baugher said at a recent suicide intervention workshop.

Other signs include changes in behavior such as social withdrawal and increased risk-taking, changes in physical condition, thoughts, or feelings, and stress possibly produced from a sense of overwhelming loss, he said.

Talking about suicide reduces the risk of it, said Stacey Devenney, an instructor at the suicide intervention workshop. The best way to identify the intention of suicide is to ask directly "Are you thinking about suicide?"

"Don't be afraid to ask the question," said Baugher. "Find out what method they plan to use, how soon it may happen, and get some help so the two of you aren't doing it alone."

Evidence of serious planning includes a method and the means to carry it out. Ask, "How do you plan to do it?" The greater the specificity of the plan, the greater is the risk.

Ask about prior suicidal behavior. People who have previously tried to kill themselves are 40 times more at risk of suicide than someone who has never tried before. A prior attempt may indicate the individual's acceptance of suicide as an al-

see suicide page 13

## Vice president search starting at college

By Tiffany Eck  
and Chelsey Eck  
Staff Reporters

The search to find a new vice president of student services has begun.

The position has been filled by Registrar Scott Hardin on an acting basis since Jim Sorensen left Highline and took a position as executive vice president of students and instruction at Treasure Valley Community College in Oregon in spring of 2000.

College officials figure it will take some time to choose a permanent replacement for Sorensen, who was at Highline for little more than three years before retiring from Highline and moving south.

"The search process at this level is fairly complex and challenging because the committee participates in helping and assisting our president and our campus in terms of promoting this position nationally," said Toni Castro, associate dean of diversity, student development services, and multicultural services.

The first meeting was held Nov. 22. The search committee



consists of Castro; Athletic Director John Dunn; Chief of Security Richard Fisher; Lance Gibson, director of the counseling center; Jaci Graff, office assistant at the counseling center; Ben McNelley, student government president; Shannon Proctor, speech instructor; Bruce Roberts, Social Sciences division chairman and economics professor; and business professor Meg Tigard.

So far, the committee has worked on setting a timeline, developing the criteria for the position, and preparing advertising.

The timeline is designed around the campus schedule and around the schedule of the 10 people on the committee.

The committee will meet over the next six months and by

July 1, 2001 the new vice president should be in place.

"The initial phase is advertising the position, which will take place for a couple of months and over that period of time the committee will be working on a number of action items," said Castro.

The process will mostly likely include open forums to allow students, staff, and administrators the opportunity to meet with the candidates.

"The committee is looking for a visionary person that can articulate a clear and compelling direction for student services and act as an advocate for student development and serve at Highline as a strong and credible representative both on and off the campus," said Castro.

The responsibilities of the vice president are to work with other vice presidents and the president of Highline to initiate and implement effective programs, which enhance learning and improve retention and campus life diversity, said Castro.

The vice president reports directly to the president at Highline and is responsible for the overall leadership and super-



Toni Castro

vision of approximately 20 departments that exist in student services.

The vice president provides leadership and establishes division goals and objectives and works with a team of people to assess the effectiveness of the programs for students.

"The ultimate goal of the search is making recommendations to the president for the candidates we feel are most viable and who are serious and competitive to perform the responsibilities and duties that are assigned to this position," said Castro.

# Legislators discuss future at chow

By Kiara Stephenson  
Staff reporter

Highline needs a new, larger child care facility. This was the emphasis of a meeting on Tuesday in which Student Government hosted a panel of local legislators. Attendees at the Legislative Breakfast included State Sens. Tracey Eide, D-30th District, and Julia Patterson, D-33rd; and State Reps. Karen Keiser, D-33rd, and Mark Miloscia, D-30th.

Highline President Dr. Priscilla Bell and three members from the Board of Trustees were also present.

Dr. Bell and Dr. Laura Saunders, Highline's vice president of administration, spoke of the funds that they are requesting from the state and what the money is needed for. This includes the construction of a new building for the Child Care Center. Four women whose children go to the center were at the

meeting to express their appreciation of the center and to stress how a new building can make the center even better.

"The quality of care provided at the Child Care Center allows the parent to be a better student because the standard of care is so high that there are no worries," said speaker Pamela Kenfield.

Both Sen. Patterson and Sen. Eide said that their children had attended the Child Care Co-op at the Center. Rep. Miloscia also agreed that child care programs are vital to community colleges.

For the duration of the breakfast a slide show was playing titled "Highline's Failing Facilities." The slides showed many areas around campus that are decaying and need either maintenance or rebuilding.

Before the meeting, Rep. Keiser advised Student Government President Ben McNelley that he should not focus his



Photo by Joe Walker

Sen. Julia Patterson, D-33rd District, discusses upcoming construction of Child Care Center at breakfast.

speech on the Tax Free Textbooks bill which she wrote. The \$8 million dollars that would be taken out of the state's budget would be too much, she said. They needed to work on ways to decrease the effect on the budget. So McNelley focused mainly on the importance of Highline's needs for building upkeep and maintenance.

The purpose of the breakfast was for students and school leaders to have the chance to express their needs to legislators.

"It is nice to have legislators here, but we as students need to play our part too. They are more likely to help those who vote, such as senior citizens," said McNelley.

"If you want something you have to work for it. Unless students get involved, nothing they want will get done," said Rep. Miloscia.

Contact Student Government in Building 8 for information.

## Center plans opening

### New faculty resource program in Library

By David Edwards  
Staff Reporter

The new Faculty Resource Center is having its grand opening this Thursday, Dec. 7, at 1 p.m.

"We will have both Dr. (Priscilla) Bell, college president, and Dr. (Jack) Birmingham, vice president, to speak with the faculty and perform an official ribbon cutting," said Sabine C. Slowik, the senior secretary of the Faculty Resource Center.

The center is open for faculty who would like to gain assistance and support in improving their teaching styles and delivery.

The Resource Center provides instructional development like training in learning and learning styles, resources for student retention, initiatives to improve completion of gateway courses with target strategies in mathematics and writing, curriculum enhancement involving the use of technology and distance learning, and instructional design support.

"The resource center has been open since October of '99 and consists of many things that the faculty can benefit from," said Ed Morris, the coordinator

of the Faculty Resource Center.

Instructional Design Support is led by Ron Fitch and Marc Lentini. They work with designing courses, modules and materials for the classroom and distance learning. They can teach professors to use newer technologies and modify current courses.

The new technologies available are online courses and live interactive television courses, training and assistance for curriculum development, multimedia production, web site development, and digital imaging for classroom presentations such as power point.

The staff can assist the faculty with lab time in the Multimedia Instructional Development Studio and Instructional Design which are both located on the sixth floor of the library.

Core Group Support is made up of faculty who can help in the following areas: Technology/ learning roundtable, critical thinking, coordinated studies, English as a second language, learning disabilities, service learning, politics of race and gender, inappropriate classroom behavior, small group instructional diagnosis, student success, and distance learning.

"The center is fairly new around here and things are now becoming organized," said Slowik.

The main goal of the resource center is to support the faculty in enhancing the quality of instruction at Highline.

Within the center, there are

"The center is fairly new and things are now becoming organized."

--Sabine Slowik

conference rooms, a computer lab, offices, and a development studio. These features are used to update web sites, learning styles, hold conferences or meetings, and to prepare for future classroom projects.

"There are many faculty members using the center for meetings and it will be great to see how many more members use it after the grand opening," said Rissa Wabaunsee, project manager.

The resource center's mission is to maintain a college atmosphere and encourage students to fulfill their potential. Another core principle includes valuing and infusing diversity and global perspectives in the classroom as well as strengthening the college's reputation through involvement in our community.

The Faculty Resource Center is located on the sixth floor of the library and is available to all.

**Got ad?**

Call 206-878-3710, ext. 3291

## suicide

continued from page 12

acceptance of suicide as an alternative to life.

Supportive resources can effectively lower the risk of suicidal behavior. Resources might include a satisfactory job, a place to live, or caring family or friends. Ask directly about feelings of being alone. Find out if there are resources that would be acceptable if connections could be made with them.

If you know that someone is contemplating suicide, your job is to intervene until the immediate danger or threat of suicide has passed or until additional assistance and resources can be accessed, Devenney said.

Make a commitment with

each other. The person at risk must agree not to engage in any self-harm for an agreed upon time period. Ask the person to repeat the agreement. Confirm some arrangement for emergency support if the commitment cannot be maintained until follow up.

A two-day suicide intervention workshop is offered through Highline fall, winter, and spring quarters. The course is taught by Bob Baugher and Stacey Devenney and is one credit. The next workshop is Jan. 20-21, 2001.

A 24-hour crisis hotline, 206-461-3222, is available in King County and is completely anonymous.

If you are having thoughts about suicide, "Tell somebody how you are feeling; don't do this alone," said Baugher.

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# City's top industry has experienced customers

Des Moines hosts three of state's biggest retirement homes

By Jessica Kirkwood  
Staff Reporter

Des Moines' biggest money maker is not what you might expect. It's not Anthony's or Déjà Vu, it's the three retirement homes residing here. The Masonic, Judson Park, and Wesley retirement centers are three of the 10 largest retirement homes in Washington.

Masonic Retirement Center is the castle-like place on Marine View Drive. Masonic is owned by The Masonic Grand Lodge of Washington. Don't worry though, you don't have to be a mason to live there. They currently have around 175 residents and 140 employees.

Judson Park Retirement Cen-

ter is right next door to the Masonic home; in fact Judson Park bought its property from them. Judson Park is affiliated with the American Baptist Homes of the West.

Wesley Retirement Center is located on both the north and south sides of South 216th Street. Wesley is non-profit and affiliated with the Pacific Northwest Conference of the United Methodist Church. Wesley has about 500 residents and 400 employees. They have been around since 1944, when they purchased the land from two different family-owned farms.

Each of these retirement centers picked Des Moines for its location for the same reasons. The location was good because

it had a view of the water and mountains, it was a rural setting, and it was midway between Seattle and Tacoma.

All three of the retirement centers are continuing care facilities. This means that you can move in when you are fairly independent and they will continue to care for you until you pass away. Residents start out in an apartment, move into assisted living and then to the health center as needed care increases. Prices for each center vary. Masonic starts out at \$915 up to \$5,000 a month, Judson Park ranges from \$1,347 to \$2,696, and Wesley goes from \$450 to \$2,396. The services that come with the residency range from one meal a day with



Photo by Jessica Kirkwood

Masonic Home residents say they like its amenities.

light house keeping once a week to three meals a day with total and complete personal care.

Residents at the three retirement centers are very busy with many different activities. All three of the retirement centers have things to do like exercise rooms to keep healthy, beauty shops for hair and nails, and libraries to keep up on your reading.

Each of these centers offers its special perks. Masonic has swim and spa facilities for relaxing or exercise. Judson Park has a solarium so you can watch beautiful sunsets. Wesley has an Alzheimer wing.

All three of the centers have bus rides to and from the grocery store and shopping at malls. Many people enjoy holiday parties and movie nights.

"Thirty is a big turnout," said Paul Barbee, a resident of Judson Park.

At Wesley Gardens you can rent a rose bush to take care of and pick from for \$5 a year. And in the summer time you may hear a bell ringing at 10 a.m. every morning to signal coffee hour outside. One resident calls it coffee in the trees.

"You are never lonesome, but your privacy is respected," said Rena Hamburger, another resident. "If you are lonely, just walk outside your door."

The Masonic, Judson Park

and Wesley are all involved in the community activities as well as private ones. The Masonic holds dance recitals in their auditorium, safe trick or treating for children and also a Christmas Bazaar that the public is welcome to attend. Judson Park has a waffle breakfast annually and a fall sale where you can buy crafts and baked goods. Some of Wesley's residents collect old newspapers and donate the proceeds to The Griffen Boys Home.

Retirement facilities don't always have the best reputation for food. That is not the case at Wesley or Judson Park. In fact even the employees like the food.

"Actually the food is good here," said Mary McGoran, assistant director of marketing and admissions of Wesley Retirement Center.

"The food here is wonderful," said Hamburger.

"Our guests say that we are overfed. There is no limit in quantity so we can go up as many times as we want," said Barbee.

"Don't worry about getting old, it's fun," said Hamburger.

However if you want to join in the fun right now you might have to consider the age minimum of 62 at Wesley.

If that is too long to wait, you can always apply for a job there.

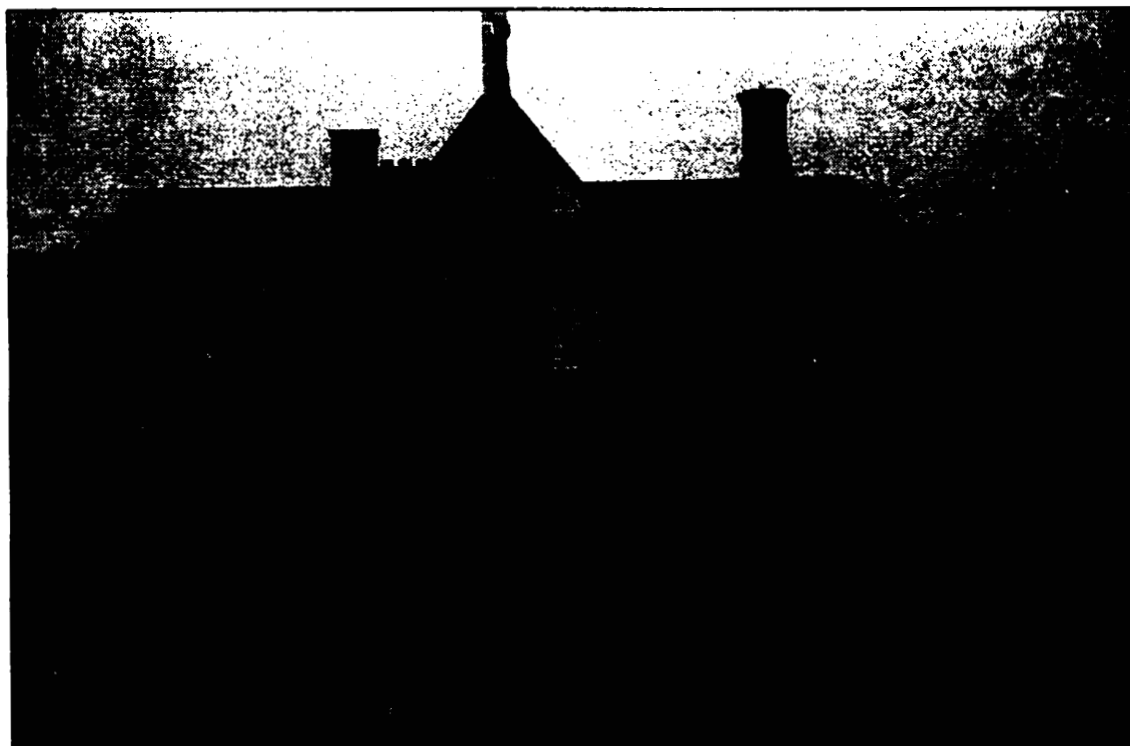


Photo by Shaun Goodman

The Masonic Home is one of three large retirement facilities in Des Moines.

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# The doctor prescribes a busy life

**Local resident Inez Black has enjoyed multiple careers**

By JoAnne Wolff  
Staff Reporter

Inez Black set out to become a nurse, and eventually became a doctor.

Black, 95, a Des Moines-area resident, has done a lot.

"Make the best effort toward developing yourself educationally or vocationally and make sure to do some type of volunteer activity to help others," is her advice to the present generation. Her life demonstrates that she practices what she preaches.

Black is in her private room at The Des Moines Vista assisted living community. She lies on her bed dressed in bright red pants, a red sweater and a colorful blouse. Her white hair is short and curly. She wears glasses. Her night stand is close by and piled high with essentials: a telephone, clock radio, tissues, magazines, medicine and a banana. Since it is difficult for her to get around, she keeps essentials close. Her voice is soft and quiet.

Inez Black was born Inez Mathilde Larsen-Johanssen in Beijing, China, on July 16, 1905, while her father was the consul general of the Far East at the American Embassy.

"My father told me I was always in a hurry," Black said of her birth with a laugh. She was born at 11:45 p.m. on July 16, while her twin brother was not born until midday on the 17th.

Black was the second-oldest child in a family with six sons. Her father did not encourage her to go to college. He felt girls should get married and allow their husbands to care for them. Black had other ideas.

Since her father didn't want her to go to college in the first place, she thought that rather than pushing her luck to become a doctor, she would become a nurse - "the best darn nurse I could be," she said.

Black earned a bachelor's degree in science and medicine from Stanford. She took her



Photo by Connie Harshman

**Inez Black earned multiple degrees on her way through careers as a nurse and college professor.**

state board exam on Feb. 5, 1929, passing with a score of 100 percent.

She worked at a hospital in Chicago, then decided to join the U.S. Navy in 1931. She met and married her husband, Kenneth Allen Black, in 1932.

"During those times, if you were a married woman, you could not continue in the Navy. That's just the way it used to be," she said.

She left, but not before helping to open the naval hospital in Vallejo, Calif.

Black had three children, two sons and a daughter. For a brief time she stayed home to care for them while her husband worked as an electrical engineer. But he was badly burned in an industrial accident, and Black's mother took care of the children while Black went back to school and work.

After her husband recuperated, Black decided to pursue the first of her four master's de-

grees, a degree in hospital administration. She researched which hospitals paid for college and paid the most for nurses who had this degree. She decided to go to John Hopkins University in Baltimore, where she graduated in 1936.

In 1937 Black decided to obtain a master's degree in emergency procedures from Columbia University in New York and worked at Bellevue General Hospital while attending school.

In order to pursue her third master's degree - this one in psychiatric medicine - Black packed up her family and moved to Berkeley in 1939. She completed the degree in eight months. She said her husband was supportive of all their relocations. He knew that the best way for him to take care of his family was by supporting his wife, since she had supported them for four years during his recuperation from the burns he sustained.

"His electrical engineering degree was universally accepted across the United States, and he was always able to find work," she said.

In 1940 Black went to McGill College in Montreal, where she earned a master's degree - her fourth and her last - in geriatric medicine.

Then the Navy called her back to active service as an evacuation nurse. She supported the Thirteenth Naval District, whose homeport was San Diego. Black worked at hospitals in San Francisco, Seattle, and Sydney, Australia, before she left the Navy in 1945.

Black continued her educational pursuits with a doctorate in emergency procedures from Stanford University. This was an amazing feat for anyone, much less a woman during these times, to earn four master's degrees as well as a doctorate.

Black pursued her doctorate in order to start teaching and finished in 17 months. One of the requirements for her degree was to write a book, which she titled *Emergency Procedures*, completed in 1947.

"The degrees were not easy, but what was really hard was to get people to take girls seriously in mathematics and chemistry. People didn't think girls were capable of learning in those subjects," Black said.

Black taught at the University of Washington Medical School and retired at age 70 in 1975. "That's the way it was," she said. "Women had to retire at 70 while men didn't have to retire until they were 75!"

After her husband died, Black moved into the Fred Lind Retirement Community, where she lived from 1978 until 1998. Her new home was about two blocks from Group Health Hospital in Seattle, and she logged more than 26,000 volunteer hours in the emergency room. Black volunteered at Chief Sealth High School in West Seattle, tutoring children in basic subjects, and she was also the Parent Teacher Association

president for two years.

Black believes the world has changed from the time she was growing up. She remembers her father and mother spending time with her and her friends.

"Parents don't seem to make children a priority anymore," she said. "Don't have children unless you are going to raise them right. Be involved with your children and their friends so they don't get in with the wrong type of children."

She said "helping family, parents and a brother when they took ill has been the greatest personal satisfaction of my education."

And ultimately, when she was caring for her father on his deathbed, he acknowledged her accomplishments. He said, "Sis, you're a damn good nurse!"

Her advice to others: "Rely on God. He will help you." She said some of the best surgeons she ever met prayed for their patients and themselves before every surgery. She is a devoted Catholic and attends the weekly prayer and rosary services held where she lives. Sharing her message of faith with others is a big part of her life.

She also continues to help and advocate. When residents complain they are not feeling well, she tells them little things to report to the doctor that might give clues to their illnesses.

"Doctors have so much on their minds, and so many patients, that little things fall through the cracks," she said.

In 1998 Black's body started telling her she couldn't keep up such a hectic pace. At age 93, she moved to her current residence where she needs more help getting around these days. She uses an electric scooter. A medical condition called fibrillation causes her heart to pump blood ineffectively, sometimes causing her to pass out. It is safer for Black to be in a place where help is always available and people are around to watch out for her. But this does not diminish her zeal for life.

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## Finals rears its ugly head

Autumn Mittelstaedt  
Staff reporter

One of the most dreadful times of the quarter is here and there is nowhere to hide. Finals week seems to make the clock tick faster when there is so much studying to do, and so little time to do it.

Highline students hoping to burn the midnight oil come finals time, use a variety of methods - some conventional, others, outside the realm of academic normalcy. Whatever works seems to be the prevailing notion among students.

"I study the week before my finals, if I don't, I get myself into trouble," said Lynn Greer.

Others seem to have caught the procrastination bug - cramming facts, dates and equations in their heads when perhaps their concentration should be focused on other tasks.

"I do last-minute cramming," said student Ravynna Yin. "Today I studied for a test on my way to school as I was driving."

Some students take the easiest way out, throw caution to the wind and cast their still shrink wrapped text books aside.

"I don't really study," said Lencia Owens. "If I don't know it, I don't know it. There's no preparation."

The eHow website offers the following study tips to help you have a strong finish to your quarter.

- You should take several days to study for each final. All-night cramming before a final is, in most cases, a recipe for disaster.

- Form study groups for your finals. Sharing ideas with your classmates helps a lot in nailing down concepts from the course.

- Get lots of rest the night before a final. That bit of extra studying isn't worth the lost sleep.

- If motivation is a problem, remember that you'll get your chance to relax soon enough, and you'll enjoy vacation more if you've met your goals in school.

"International students feel pressure during finals because they have to get a high grade," said Yosuke Honda. "If they get low scores, they will get kicked off of school and have to go back to their country."

"If you study everyday and do good, there's no reason to stress for finals," said Georgeta Gureusc.

If your schedule does not allow you to prepare for finals ahead of time, Cram Nights will be held Dec. 11-14 at 10 p.m.

## Suspension policy revisions under way

By Angela Yeoh  
Staff Reporter

Highline's new proposed suspension policy has been passed by the Faculty Senate. It most likely will be put into action next fall, according to Faculty Senator Eric Baer, who was responsible for drafting up the new policy.

The new suspension policy is as follows (taken from an earlier Thunderword article on the proposed suspension policy): if your cumulative GPA falls below 2.00 (and not just your GPA for that quarter), you are placed on First Quarter Probation. All students on First Quarter Probation will then receive a letter advising them of their academic status and what they need to do next.

A student on First Quarter Probation must meet with an adviser at the start of the next



Eric Baer

quarter to figure out his/her educational plans. The student will not be able to register for the next quarter until he/she has met with an adviser.

You are placed on Second Quarter Probation if your cumulative GPA is still below 2.00 unless your GPA for that quarter

is above 2.25, in which case you would stay on First Quarter Probation.

Following this, if your cumulative GPA stays below 2.00, unless your quarterly GPA is above 2.25, you are suspended. Then you will not be allowed to enroll for any credit courses for three consecutive quarters from the end of the quarter in which you were suspended.

The Senate voted unanimously on Nov 15 to pass the new policy. Baer, also a geology professor at Highline, said that the possibility still exists that the policy will not come into effect, but that this is unlikely.

"There are still some bureaucratic hoops it has to pass through, but the chances of it being turned down are very small," he said. "Frankly, I think it's going to be a rubber stamp."

As for one of these "bureaucratic hoops," the president of the faculty senate, Phil Sell said that the policy will now go to several different councils on campus to provide them with the opportunity to comment on them. Sell also expressed his approval of the new suspension policy.

"It's been greatly improved: it's much more proactive in terms of helping students in trouble, and it's more understandable in terms of being clear and straightforward for students.

Baer agrees. "Everyone recognizes this as a good change," he said.

The new policy will be published in the new catalogue that is most likely coming out in the spring. A new catalogue is being published because the current, recently published catalogue contains many errors - but that's another story.

### Kim

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what she was doing.

"My dad said 'I know you are going to do this and I'll support when you come back,'" said Kim.

Kim didn't get into the drug scene until she was 16. Her boyfriend thought it would be funny to get her strung out on speed.

Kim and her friend would spend 12 hours in cafés drinking coffee and being high.

Kim says simply she moved back home because she was sick of being cold.

"After a year and a half of being cold it gets on your nerves," Kim said. "I didn't want to spend another winter outside."

She was also not happy with the life she was living.

"I didn't want to go through life as the scum of the earth. I was tired of living day by day just to get drugs."

Kim called her dad and told him she wanted to come back home.

Now Kim has a life she can be proud of.

She works as a computer liaison at a computer school.

In the future she hopes to move up and become a computer instructor.

"I have one of those kick-ass jobs that is given to you," said Kim.

Kim also discovered a passion that she someday hopes to pursue.

"My dad took me up to the San Juan Islands," said Kim. "It was one of the best things in the world

### Laura

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moved to Mt. Hood and taught snowboarding. She was almost a professional snowboarder until she got pregnant. In 1990, she got married and gave birth to her daughter, Dylan. She nursed, used cloth diapers and made homemade baby food. She tried to be the perfect mother.

"I felt I couldn't pull it off anymore. If I couldn't do it perfect I didn't want to do it," Laura said.

### election

weekly office hours, coordinating one main project per quarter, and attending all Associated Council meetings.

Harrietha says that the student senator position has allowed much room for her to explore her interests. "It depends what you make of it," she said.

Harrietha also hopes to widen the applicant pool to reflect Highline's diversity.

"I would like to see older students and Running Start students, and people who have

been involved in other activities and know what's going on," she said.

McNelley agrees. "It's only one position, but it would be nice to get a wide variety for the students," he said. McNelley says he hopes to see at least four or five different applicants.

Student Government officials also hope to see an increase in voter turnout, but would like that goal to be accomplished by the applicants themselves.

"That's up to the people who are running," McNelley said. "When I was running for Student Government president, I encouraged people to vote."

He did add, however, that he

daughter. She got a job as an assistant to an investigator. Everything was great until personality conflicts with her boss got her fired. Laura had a breakdown.

That's when she started hanging out with the homeless kids in Portland.

"I just couldn't deal with what I was doing. I was always wiggled out from the relationship," Laura finally left her daughter with her ex-husband.

Her relationship with her abusive girlfriend became too much. Laura checked herself into a shelter for abused women.

In 1997, Laura and her husband regrouped to raise their

does "think it's important for everyone to vote."

McNelley also wants prospective applicants to know that their drive for the position is the most important thing.

"This is not a popularity contest, this is for people who sincerely want to help students," he said.

Applications for this position will be available Jan. 12 and will be due Jan. 24. Student Government hopes to have the results of the election on Jan. 29 or 30.

Like past elections, prospective applicants must have maintained a minimum 2.5 grade point average and be enrolled for at least eight credits.

### Old, decrepit camper abandoned on campus

Highline became the not-so-proud owner of a well-used camper sometime last week.

"It just appeared," said Keith Paton, physical education instructor.

The camper was dropped off in the dead of night in the park-

ing lot next to the tennis courts, precariously standing on three legs and cinder blocks with a cardboard sign on one side reading "free for the taking."

But so far no one has been interested, partially due to the deteriorated condition and the

custom plywood and two-by-four patches placed here and there on the outside of the camper.

"Someone just left it there for us to get rid of for them," said Richard Fisher, director of security.