Smothers vs. non-smokers

By MATT BARBEE
Staff Reporter

The Highline campus is up in smoke.

In a non-scientific survey of 103 students, 28 percent of those interviewed said that they smoke cigarettes on a regular basis, and 72 percent said they do not. Sixty-two percent who don't currently smoke say they have in the past. Only 38 percent of students say they have never smoked in their lifetime. Students said they smoke for various reasons.

"I smoke because when I was your age it was cool," said student Mareah, who didn't want her last name to be used. Many students do it simply because they are addicted. Others say it feels good and helps them get through the day.

The large amount of students who smoke cigarettes between classes often affect non-smokers on campus.

"I hate when I am going into a class and there is a group of people smoking right in front of the door," one student said.

Of the students interviewed 39 percent feel that Highline needs to have more strict rules on campus.

See Survey, page 12

SMOKE FREE OUT

Faculty fight for a say in smoking policy

By VICTORIA ANTHONY
And JESSICA FLESCH
Staff Reporters

A new campus committee, that targets tobacco prevention has some faculty members buffing and puffing, and they're not all smokers.

Washington state received a large sum of money in a tobacco settlement and a portion of it was set aside for prevention programs on community college campuses.

Bridgette Agpaoa, a tobacco specialist from King County Public Health Department, was here last week to discuss the possible programs with the committee.

To be eligible for the money, Highline must convince the state that there is a need for the program on our campus. In order to do that, the committee needs to fill out surveys, which have been created by the health department. Keith Paton, physical education coordinator, and Bob Bonner from respiratory care have agreed to supervise the distribution and collection of these surveys.

Paton sent out an e-mail to the faculty, asking for some volunteers to distribute the surveys in their classes, and he received quite a response. Several instructors offered to pass out the surveys, while others threw a fit.

"I'm sure this is a very controversial issue," Paton said. Many people feel the committee is aiming at the smokers, but Paton assures them, their intent is to help those who want to quit.

Several complaints have been received from some students who tend to be kinder to higher up in the food chain.

See Smoking, page 12

Election day has come and gone

By THUNDERWORD STAFF

Tuesday's election may not spell any relief for Highline's budget.

Although the Democrats, who tend to be kinder to higher education, may hold onto slim majorities in the state House and Senate, that won't erase an expected $2.2 billion hole in the state budget.

Early projected results say that the Democrats will keep hold of the House and the Senate. But a lot of absentee ballots remain to be counted.

"It is still unclear whether or not the Democrats will retain the state Senate," said State Sen. Karen Keiser, D-33rd District.

"The majority is really riding in races where the outcome is yet to be decided."

Some Democrats are optimistic that they will retain both sides.

"Due to so many absentee ballots still left to count, it is still too early to decide if the Democrats will stay in the majority in the House, but I am optimistic," said State Rep. Shay Schual-Berke, who won re-election over GOP candidate Peter Graves.

Highline officials are hoping that the official results will be in line with the projected ones.

"If Democrats win we'll have a better chance," said Laura Saunders, college vice president of administration.

Highline officials remain optimistic though and believe that if the Republicans take control there won't be a huge cut.

"The business community, which supports Republicans, also supports community colleges," Saunders said.

If this coming session follows Howler

See Election, page 11

New artist showcased at the 4th floor gallery

-- See page 5

Mens Soccer clinches division title

-- See page 8
Sabado kicks back at Highline

By Allison Westover
Staff Reporter

Most people don’t consider a second career once they retire. But Ron Sabado, Highline’s newest accounting teacher is doing just that. At age 58, Sabado is pursuing his first love, teaching, though it is also his second career.

Sabado’s first experience with teaching was back in 1979 when he taught accounting part-time at Highline. Though he loved the involvement with youth soccer became more demanding. He also was obtaining a master’s degree and his job with the Defense Contract Audit Agency (DCAA) was also requiring more of his time and Sabado had to move on.

The DCAA “audits all companies that do business with the Department of Defense. The DCAA audits the costs charged to the government contracts to ensure that they are allowable and allocable to government work,” said Sabado.

By the end of his career Sabado had moved up in rank and become the manager of the Seattle office that covered Washington, Oregon, Idaho, Montana and Alaska. Though he was a manager, Sabado preferred a “teaming” atmosphere.

“I want to treat people here [at Highline] the same way,” said Sabado.

Sabado retired from the DCAA on Sept. 3, 2002 and shortly after joined the Highline faculty.

A graduate of Chief Sealth High School, Sabado now coaches a U-13 boys soccer team in West Seattle. Sabado plays for a men’s league.

After graduating from Chief Sealth, Sabado received his associate of arts degree from Highline.

He then went to the University of Washington where he earned a bachelor of art degree in business administration with an emphasis in accounting.

Continuing on with his education, Sabado earned a master’s of science in administration from Central Michigan University in Mount Pleasant.

Since Sabado and his daughter both attended Highline, coming to teach here “is like coming home,” said Sabado.

“Highline is a great school—responsive administration, dedicated faculty and staff and bright, hard working students,” said Sabado.

One of his goals as a first-year teacher is to make his classes run efficiently.

“First quarter is always a challenge, you’re always making changes,” said Sabado.

Another one of his goals, now that he is retired, is to purchase a Harley Sportster 1200. In his spare time Sabado prefers to be outdoors.

“A warm day, an ocean breeze and fresh air,” are some of the reasons Sabado wants to purchase a Harley.

“Although I do some hiking and backpacking, [buying a Harley] is another opportunity to get outdoors and further away from the familiar.”

In addition to hiking, backpacking and soccer, he likes to play tennis.

“You have to accept the rain,” if you live in Seattle, said Sabado.

Another important area in Sabado’s life is his family. Sabado has three children, one of whom recently transferred to Washington State from Highline. The other two are University of Washington graduates.

“Family is one of the most important things in your life. You owe it to your family to help them along,” said Sabado.

International week coming soon

Highline will be hosting a series of events to celebrate the contributions of international education to the community and the nation.

Highline’s activities will begin on Tuesday, Nov. 19 with a faculty led discussion: “Beyond CNN: Alternative Information Sources for International Events.”

The week will culminate with the Peace Crane Project Commemoration in which Highline students, faculty and staff as well as community members will fold 2,000 origami cranes.

The cranes will be hung on the trees outside Building 5 on Friday, Nov. 22 at 12:30 p.m.

Get a jump on holiday shopping

The Washington Public Employees Association is holding its annual holiday craft bazaar 9 a.m. - 4 p.m. Nov. 25 and 26 in Building 2.

There will be a raffle, gift baskets, pottery, jewelry, candles, linens, furniture, and more.

Also there will be a Toys for Tots giving tree and donation barrels for the Des Moines food bank.

Experience: Don't leave college without it!!

Think Co-op sound interesting? come to the co-op office to-day: Building 19, room 107
Imagine yourself immersed in a textbook. Not because your eyes are glazed over or you have drool coming out of your mouth, but because you are there roaming the hand-hewn streets woven through medieval and renaissance architecture in Florence, Italy or debating current political issues in the Left Bank cafes of Paris. This could be you.

Highline offers several opportunities for students to study abroad.

Taking higher education further, Study Abroad gives students the opportunity to study for a quarter in another country while earning credit towards their degree at Highline.

"It's an experience you will never get anywhere else," said Sophia Iliakis, assistant director of International Student Programs.

Fall quarter is offered in London; winter in Paris, spring in Florence, and summer will be in Costa Rica.

The Washington State Community College Consortium for Study Abroad (WCCSA) selects the students who are eligible to go.

Highline is one of 14 community colleges throughout Washington state that sends students to countries overseas to study.

WCCSA works with their members to keep costs down.

Students travel with other students from all over Wash.

Upon arrival to the country of their choice, students are paired with students in dorms, houses, or in home stays.

They take classes with the students they come with, but meet people from all over.

The Centers for Academic Programs Abroad (CAPA) will coordinate all of the logistics of the program including payments, air transportation, group travel, accommodations, study centers and insurance.

With study abroad, education is not limited to the classroom. It extends into the city itself.

Excursions to famous paintings or buildings help make the experience more real.

"You are not just reading about the Sistine Chapel, you are actually standing beneath it looking up at every detail of the artwork," said Iliakis.

Students experience a difference in lifestyle for a quarter that may change their lives forever.

"They learn empathy and see American culture from another person's eyes and perspective," said Iliakis.

Lindy Wood, a Running Start student who went to Florence last spring had an incredible experience.

"I loved living in a foreign city where there was always so much to see and do," said Wood.

Classes are crunched to give students as much free time as possible. There are no classes on Fridays and a one-week break for individual travel is very beneficial.

"I was able to travel through Italy during spring vacation and also on weekends... some of the highlights were seeing the Leaning Tower of Pisa, going four-wheeling on an island off of Sicily, and hiking in the Cinque Terre," said Wood.

Students can't get caught up in play and ignore their studies.

"This is first and foremost an academic program," said Iliakis. Students must be enrolled in a minimum of 10 credits while in their country. Each destination also has a required cultural class.

Actual course registration and payment of tuition and fees takes place at Highline.

Studying Abroad will open your mind and challenge your views, participants say.

"It is challenging and frustrating at times because it is dif ferent than what you are used to, but you learn how to be flexible and adapt... you just have to be open to new experiences," said Wood.

Interested students can pick up an application packet from International Student Programs located upstairs in Building 6.

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Campus improvement projects continue

Highline Buildings 21 and 22 are getting new handrails put in.

The new handrails will match the ones that were put in on Buildings 23 and 26.

The handrails will cost $80,000," said Suzy Holmes the assistant facilities director.

"The state capital funds will go for the project of the handrails," said Holmes.

The ramp between the two buildings will be closed around 7 a.m. and after 2 p.m.

Also the parking lot side of Building 21 will be closed around Nov. 12, to replace the handrails.

The front entrance of Building 2 will be closed from Wednesday, Nov. 6, until Tuesday Nov. 12, for construction, so the side entrance will act as both an entrance and an exit.

"The biggest problem so far is the game planning of the relocation of the functions in the student union center," said Holmes.

There has been a problem with noise interrupting the classes that are held in the buildings where the projects are taking place.

To help diminish this problem, Director of Facilities Pete Babington asked the contractors not to work between the hours of 8 a.m. to 2 p.m.

Unfortunately there are still classes in those buildings before 8 a.m. and after 2 p.m.

"It is always difficult to avoid every scheduled function," said Babington.

"If this work prevents instruction from happening, please let me know immediately, so we can look into moving the classes to quieter buildings," said Babington.
Legislature doesn't have to cut higher education

Beginning in January, the new state Legislature will be working on a budget for the next two years. There is currently a $1.2 billion projected shortfall that the budget will have to account for. At the moment 61 percent of the budget goes to education. Twelve percent of this goes to higher education and helps to fund colleges such as Highline. Tuition pays for only 28 percent of the cost of an education here; the rest comes from taxpayer dollars via the state budget. Often times when things need to be cut, higher education is the first to go. This doesn't make a lot of sense, because places like community colleges are one of the main places that are going to help the economy get better. If the Legislature decides to make huge cuts to higher education this will make it harder for people to be able to go to college. If we want our economy to get better we need more people who have jobs. To get these jobs, people need education. It seems that to cut higher education out largely from the budget will not help in the long run. Things may fit at the moment, but it will not be a solution to the bigger problem at hand. When the budget cuts higher education, out, there becomes a lack of funding for college institutions. Places like Highline rely heavily on this state funding, and when they don't have enough it can cause there not to be enough spaces to accommodate all of the people who want to enroll.

Colleges train people as well as retain them so they can get better jobs and make more money. Higher education can also enable people to do things such as start their own businesses. These are the types of things that need to happen in order to get the economy back to a comfortable level.

If the budget continues to give less funding to higher education, the economy will never get better. This will cause things to at least stay the same if not to get worse.

It is true however that something needs to be done. Budget cuts may not be the only answer though.

Our current tax situation needs to be changed. The only way things are going to really get better and stay better is if there is some kind of tax reform. Right now, the government relies on business and sales taxes. This needs to change because it causes tax revenues to be too sensitive to the ups and downs of the economy.

A strong economy relies on successful people. It relies on good businesses and people who make a spend money. Higher education gives people the education they need in order to do this.

the opinion page

Letters to the Editor are welcome. Letters should be no more than 300 words long. Please send submissions to Thunderword@highline.edu or deliver to building 10, room 106.

Nature causes global warming

Dear Editor:

Most of us don’t believe we, as individuals, have a huge impact on the environment, and rightly so. Most of us, as individuals, don’t clearcut rainforests, don’t burn land for farms, don’t club baby seals and don’t support those that do. I have to admit a low level of disappointment in Corine Fanning’s Oct. 31 column, stating that cars are a huge factor in an environment that is apparently warming so rapidly that at any minute we can expect to lose Miami to a molten polar ice cap and the rest of mother earth will combat shortly thereafter.

It is somewhat hard to imagine eminent global warming if you live in Washington and are the proud owner of a window and a thermometer. Perhaps Corine picked the wrong season to tout global warming, because for me it wouldn’t make a little bit of the stuff. Which brings me to another comment made in the columns in question. Corine stated that the greenhouse effect “dries out the planet by evaporating moisture from oceans, soils, and plants.” Five minutes of research will find that this isn’t true. In fact, if everything were to get a few degrees warmer, the earth would be in great shape. True! Water does evaporate, but it doesn’t disappear, it turns into clouds, humidity, and rain. If we could get these greedy oceans to give up a little moisture through this “global warming” and this “evaporation” business, deserts would shrink, rain forests would grow and I could work on my tan.

To boil this down; Corine, you’re a nice girl, but if you must rant, do it well. Know your facts and make your point.

To the Editor:

Stick to opinions if you can’t find good facts. Please.

PS. Yes cars are significant pollutants, yes we should use them responsibly, but in reality, one good volcano sends far more “greenhouse gases” into the atmosphere. Rainforests also pump more CO2 into the air through biogeochemical cycling of organic matter than they do CO2 though respiration. Without those pesky rainforests maybe global warming would slow down.

Andrew Westfall

Student finds good outlet

Dear Editor:

My purpose for writing this letter to you is that I want to repond to the last public meeting held at noon in building 7 on Wednesday. The meeting was about U.N. policy and its relationship to the war with Iraq and the fight against terrorism. That day I was late for class about five or so minutes and one of my classmates said we were supposed to go to the library. I went to the library with him but when I got there I realized that nobody really knew what we were supposed to do. Everybody was just ‘kickin it’ outside the library door. For those instructors who don’t know the definition of kickin it, it is the same definition as hangin out. Neither are actual words.

Somebody, I don’t remember who said something about a debate going on at building 7 and that was where our teacher was. Although, this “debate or something” was not mandatory I decided to go and check it out. The decision to attend this meeting made me realize that in order to even have an opinion on these vast subjects I need to know a lot more about the sub-jects. Basically I learned that I need to learn a lot more and when I’m doing learning guesses what? You never stop learning. As a matter of fact if you are still reading this article right now I probably don’t need to be telling you this. That’s just it, you see the people who started at the library. “Kickin it” are the ones who need to be at these meetings way more than the people who care about the issues of today and who show up at the meeting. Don’t get me wrong we desperately need people who care about the meetings to keep coming to the meetings. But on the other hand when I was at the meeting it was almost like the old saying, “You’re preaching to the choir.” Something else that greatly scares me is that about 4 months ago I was one of those people that would have stayed at the library.

To get what I think should happen: first, here should be more meetings about this topic so that as students we can attend second, they should be held more consistently, like on at least a monthly or even every weekly basis and third, students, teachers, faculty, friends, parents, everyone encourages the at-tendance of these meetings, because if we don’t speak out about this we are forgetting our constitutional right to freedom of speech. I really don’t think people understand to the fullest extent the privilege we have in the freedom of our own opinion, and I think everyone’s opinion should be heard.

But then again, I think, am I “preaching to the choir,” or will someone take action? I believe that is the question. Special thanks to Susan Landgraf for sparking in me a desire to think critically and be more aware about the world around me.

Peter Puccio

LETTERS TO THE EDITOR
Music students compete for honors Saturday

BY JASON LEGGETT
Staff Reporter

Some of the best musicians from across the state will be competing at Highline this weekend for a chance for national recognition.

Close to 200 solo competitors, ranging from junior high to age 27, will perform for judges at this year's Washington State Music Teachers Association State Competition.

The WSMTA is the largest association of music teachers in the state.

The state competition is the first level of competition. It is rotated from Spokane to the Puget Sound.

Members of the WSMTA consist of private music instructors and professional performing arts groups.

The association includes mostly pianists but also includes instrumentalists and vocalists.

Highline was chosen for several reasons, including its beauty and accessibility, but it also features one of the few all-boys' choirs in the state.

The WSMTA wanted to give the competitors the opportunity to perform in front of professional musicians and top music agents.

Highline's Joanna Molano will be competing against three other collegiate students in the vocal division. Molano came to the WSMTA office in the summer and has received private instruction. She then decided she would enter the competition.

"The music teachers screen the pupils, they send only the best," Glover said. "Molano is a hard worker and she has a very strong competitive spirit."

Molano competes on Saturday between 1 p.m. and 4 p.m.

The competition begins on Friday at 1 p.m. in Building 4 and 7.

Glover said she encourages all students to take advantage of this rare opportunity to hear outstanding young musicians.

"It will be encouraging and inspiring," Glover said.

For more information about the WSMTA contact Sandra Glover at 253-878-3710 ext. 6170.

Music students compete for honors Saturday
Put a little jazz in your step

BY MARGARET HAGEN
Staff Reporter

Seven students at Highline are trying to jazz things up a bit. For the past five weeks students in the Jazz Club have been meeting in Building 4 every Thursday from 3:30 until 7:30 p.m. to practice their jazz for Highline’s new jazz band.

Seven students are participating right now, but more are welcome to come play or just listen. The president, J.C. Hedberg, plays the saxophone; Mike Steel is a trumpet player; Becca Back plays the piano; Ben Johnston plays the drums; Bo Yingling plays the trombone; and Joe Gennaro and D.J. Yingling both play the bass.

“J.C. is great and they all sound really good together,” Jennifer, a student said at their first performance held in Building 8 on Wednesday, Nov. 6.

Joe Gennaro said that they are making a recording and distributing it to the players in the band, but he was unaware if they will be distributing it to the public. Maybe some time in the future they will be available to students on campus.

Photo by Adrienne Hughes

J.C. Hedberg wails on her saxophone in Building 8.

Boy oh Bui

Anh-Linh Bui leads with a little less talk

BY CHRISTIN GEERDES
Staff Reporter

Without waiting words, Anh-Linh Bui always gets the job done.

Bui is a currently one of the five members of Team Highline, the college’s student-led activity coordinators.

Bui was first introduced to Team Highline by getting a letter in the mail. She applied because she thought the job sounded interesting and she wanted to do something that she could improve her leadership skills.

“I would say that she is a quiet leader. She doesn’t talk all the time but when she does you know it’s thoughtful. She is the kind that leads by example. On top of all that she has a wicked sense of humor,” said Fred Capetany, multicultural and student programs advisor.

“I think that we are very successful with all the events. We put the welcome-back event together and we were very satisfied with it,” said Bui.

Bui is currently working with the Puget Sound Blood Center to sponsor a blood drive which is on campus today.

A Running Start student and senior at Tyee High School, Bui is attending her first year at Highline.

While being involved in Team Highline Bui is also involved in National Honor Society at Tyee High School. She is attending her first year at Highline.

No Doubt stops in Seattle

BY PATRICK WAGNER
Staff Reporter

No doubt about it, Key Arena will be busting at the seams with excitement when Garbage, The Distillers, and No Doubt come to town.

The Orange County quartet will be backed by the industrial rock band that is on the tour.

If you have never seen or heard the Distillers you might be surprised to find that their lead singer, Brody Armstrong, is a female fitting in with the rest of the bands who also feature female lead singers.

The show will continue with New Orleans’ own Garbage. Shirley Manson and her industrial song-writing trio will be on stage second promoting their third album Rock Steady.

With their new hits to tie into the fearless foursome will have full access to their catalog of songs (audiences may know them from “Just a Girl” to “Hey Baby”) and their mega hit “Don’t Speak”) and will be sure to play as many of their hits as they can.

The amount of success that all of these bands has reaped provides a formula that will surely leave fans begging for more.

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Arts Calendar

- Highline will be sponsoring the art of Steven Naccaratto in the Fourth Floor Gallery during the month of November. Admission is free and everyone is welcome to attend the gallery. Naccarato is a visual artist who has an intense interest in the "limitless approach the individual arts can take toward the human figure." The mixed-media pieces may include poster paint, felt pen, and crayons.

Team Highline will be sponsoring a Poetry Reading on Nov. 12 from 11 a.m.-noon. Students and faculty are encouraged to participate. For more information contact Team Highline at 206-878-3710, ext. 3903.

- Tickets are currently on sale for Soap Bubble, a new comedy by T.M. Sell, showing 8 p.m. Nov. 8-9 and 15-16 at the Renton Civic Theater, 507 S. Third St., Renton. The Breeders Theater production is $30 including dinner at nearby Japan Thai Restaurant and $15 for show only. To purchase tickets call 425-226-5529.

- The Pacific Northwest Ballet will present "World Premiere," a mixed repertory of four distinct ballets showcasing the ballet's artistry and versatility on Nov. 7-9 and Nov. 14-16 at 7:30 p.m. Matinees will be Nov 9 and Nov 16 at 2 p.m. at Mercer Arts Arena, 363 Mercer St. Tickets range in price from $16 to $110 and may be purchased by calling 206-322-ARTS.

- The King County Library System will be sponsoring their Annual Fall Used Book Sale Saturday, Nov. 9 from 9 a.m. to 6 p.m. The Book Sale will be located at Kamiakin Jr. High School 14111 132nd Ave. NE, Kirkland. Call the King County Library System at 425-369-3275 or visit www.kcls.org.

FISH TALES

FACE RATER SHAG RILE ERODE TOUR ORAL PARIS AERO GYM LOBSTER TRAP SPARS MOUSSE T SHIRT BABA BEAR U P E N D W O R L D POP BELT GENIE BITE AWT CONGA TASTE BRATS CARHOP ASTRAL POSES SHRIMP BOATS TWA TOAD BIT NOEL EVIL SIEGE OREO RENE TOYER DYKIE

Hat Trick

Across
1 Author Wharton
6 China holder
10 Unwanted e-mail
14 Pedro's delicacy
15 Lima's place
16 Tip top
17 Special Force's member
19 Inspire
20 Dwell
21 Cuckoo
22 Short play
23 Experimented sailor
25 Gets away
27 Financial obligation
30 ______ Alamos
32 Wise Men
33 Bird of night
34 And others
36 Tree
39 Conflict
41 More dried-up
43 Ballet
44 Monster
46 Belly whopper
47 Fortify
48 Radar echo
50 Stage scenery
51 Stride
52 Bawled out
55 Shell game
57 Author Morrison
58 Curtain call maneuver
60 Disclose
64 Teen's problem
65 Famous Hollywood restaurant
66 Senate
68 Similiar
69 Debate
70 Feeds
71 Relaxation
72 Egg holders

Down
1 MIT grad
2 Challenge
3 Frozen desserts
4 Believer
5 Civic, for one
6 Imitate
7 Watery fluid
8 Girl of song
9 Communication disorder
10 Knockwursts
11 Head covering
12 Actress Dickinson
13 Track events
18 Young ladies
21 Girl of song
23 Girl of song
24 Lugged
25 Black
27 Remove the lid
28 Pitcher
29 Texas herb
31 Hindu frocks
33 Control stick
37 Apple center
38 Plant fiber
42 Bring back
45 Barnyard sight

Crossword 101

By Ed Canty

2 Challenge
3 Frozen desserts
4 Believer
5 Civic, for one
6 Imitate
7 Watery fluid
8 Girl of song
9 Communication disorder
10 Knockwursts
11 Head covering
12 Actress Dickinson
13 Track events
18 Young ladies
21 Girl of song
23 Girl of song
24 Lugged
25 Black
27 Remove the lid
28 Pitcher
29 Texas herb
31 Hindu frocks
33 Control stick
37 Apple center
38 Plant fiber
42 Bring back
45 Barnyard sight

Quoteable Quote
If one morning I walked on top of the water across the Potomac River, the headline that afternoon would read "President Can't Swim." — Lyndon B. Johnson

By GFR Associates • PO Box 461 Schenectady, NY 12309 • Visit our web site at www.gfrpuzzles.com
Men's soccer rests up for playoffs

By Fabio Heuring
Staff Reporter

The Highline men's soccer team clinched the Southwest Division title this past week with two victories.

The division title was the third in five years for head Coach Jason Prenovost. This is the fifth year in a row the Thunderbirds will be going to the playoffs.

"I didn't expect us to clinch so early. I knew we had a good team. I'm glad because we clinched a home playoff game. The third and fourth place teams have to travel to Spokane and Northern Idaho," Prenovost said.

The T-Birds defeated South Puget Sound on Wednesday, Oct. 30 and Shoreline on Saturday, Nov. 2. Highline shutout South Puget Sound 6-0. The T-Birds were led by a hat trick by Midfielder Anthony Melchoir.

Highline also got two goals from John Berg and one more from Brian Davis.

"We started scoring goals and they tried getting physical. But it didn't work and we shut them down," Midfielder Mathew Newbauer said.

Highline then defeated Shoreline 4-0, giving the Thunderbirds their 10th shutout of the season. Highline was without star forward Panah Mansary because of yellow cards.

Melchoir scored in the 22nd minute to put Highline up 1-0. Nathan Louvier scored off a penalty kick in the 40th minute.

The T-Birds then tacked on one more before halftime after Brian Davis scored off of an assist from Joe Patterson in the 45th minute.

Freshman Jaymes Powell leaps into the air to get the ball at last Wednesday's game.

"Shoreline came out tough. Their field was terrible, there was not a lot of energy there. We came out, took care of business and wrapped up the division title," Prenovost said.

Highline shutout a hat trick by 6-0.

The T-Birds will now face two of the toughest teams in their division to finish out the season. They face Tacoma on Wednesday, Nov. 6 at home at 3 p.m. They will then finish out the regular season at Bellevue on Saturday, Nov. 9 at 2 p.m.

Highline played both teams at the beginning of the season so it's hard to tell what they can expect from the two championship contenders.

The T-Birds beat Tacoma 5-1 and defeated Bellevue 1-0 in their first meetings of this year.

A good finish to the regular season is key to coming out strong for the playoffs.

"Going into these games we are going to rest up some of our players because of injuries. After Saturday's game against Bellevue we will have a whole week to rest up for the playoffs," Prenovost said.

T-Birds prepare for NWAACC championships

By Dustin Nickerson
Staff Reporter

This weekend is the NWAACC Cross Country Championships, and the T-Birds are as strong as they have been all year. Both the Highline men and women will be running with full teams, and are expecting season boasts from everyone.

For the men, the favorite is last year's champion, Spokane. Though the second, third, and fourth places will be fought out between Clackamas, Mt. Hood, and Highline.

"We should be battling Mt. Hood for a tight second place race," said Clackamas Head Coach Keoni McHone.

Coach Robert Yates of Highline feels that the competition for first and second places will be between Spokane and Mt. Hood, and Clackamas could very well lose to a tougher Highline team than they have seen all year for third place.

Last year Spokane edged out Mt. Hood by just two points for the NWAACC title, but Mt. Hood's No. 2 runner, Bobby King, was out battling against testicular cancer. King was able to conquer cancer in the off-season, and is going into this weekend's championships.

With King running, Mt. Hood has the top two runners in the league, and is a legitimate threat to the undefeated Spokane team. The T-Birds ace Clay Hemlock could finish behind them in third place, and should finish in the top seven, making him an All-American.

Sophomore runners Pat McGuire and Aaron Fullwider, will be running for Highline at full strength for the first time all year, and their individual performances are the key to Highline catching Clackamas by surprise and placing in the top three.

The top two women for Highline will be Amanda King and Alia Hines, who are both looking for the best races of the year. "Those two could really move up quite a bit this week," said Yates.

The favored team for the ladies is Clark Community College, who is averaging as a team 19:30 for three-mile races. Clark, like Spokane's men, has not lost a NWAACC meet this year.

Again, Spokane and Mt. Hood will be racing against one another, but this time for second and third places. Kari Rissmiller of Spokane was last year's champion, and is the favorite to win the individual championship again this year.

The race for the overall title - combined men's and women's teams - should be a photo finish between Spokane and Mt. Hood.

"Every point is critical from each of our runners," said Assistant Coach of Spokane Shawn Beitelspacher, "because we know Mt. Hood can catch us at anytime."

The championships will be held in BattleGround, Wash. The men's race starts at 11 a.m. on Saturday, Nov. 9, followed right after by the women's race at noon.
Women place second in tournament

BY SHAUNA BJORK
Staff Reporter

The T-Birds bounce back to win against the Green River Gators and take a second place finish at the Spokane tournament. This after a tough tournament in Mt. Hood, where the women’s volleyball team suffered their first losses of the season.

The T-Birds faced the Gators Wednesday Oct. 30 in one of their final home games. The T-Birds were off to a great start squashing the Gators in the first two matches 30-17 and 30-15.

The T-Birds ran into some trouble in the third match, when they got behind the Gators and found themselves in another comeback situation.

The ladies were behind the Gators for most of the match, it looked like the game was going to head to a fourth match with the score 21-27. The women went on a 5-0 scoring run and came back to it.

The T-Birds kept battling and every time the Gators would score, they would score, until the ladies finally jumped out ahead of the Gators 29-30.

With an enthusiastic, yet thin, crowd cheering the ladies on, they went on to score the winning point to win the match. In the game, Tiare Aliailima had 12 kills, 11 digs; Staci Ellis had 11 kills, 11 digs; Michelle Aurelio had eight kills, and Emi Matsunami had 14 digs. Kaeley Geddes had 21 assists, and Jenna Demirjan had 14 assists.

We have a unique ability to come back,” Head Coach John Littleman said. “We played well the first two games and had to work hard to comeback in the third.”

The ladies traveled to Spokane this past weekend to play in a tournament held there. On Friday, the women first faced Yakima Valley (4-5), they took them to five matches, and lost 21-30, 32-30, 30-24, 28-30 and 15-9.

Later that evening the women faced undefeated Spokane. The women lost 30-15, 30-22, and 30-25.

The following day the women faced Tacoma (9-2), and won in three tight matches 30-24, 30-27, 33-31. They also defeated Everett (2-8), 18-30, 30-20, 30-22, 30-20. A while later they had to face Everett again, and they won that match also 30-24, 30-17, and 30-17. The women were on their way to the championship game versus Spokane.

The ladies kept it close in the first match 30-25, but fell in the second match only scoring 10. They lost the third match 30-28 and took a second place finish in the tournament. Tiare Aliailima and Jenna Demirjan were both named to the tournament’s all star team. It was challenging for the team to travel, and play in a different setting, Littleman said. “Teams who win play well traveling,” Littleman said.

“Four out of the six games we played there,” Littleman said “came down to each player making one less mistake, which would have made the difference in the game.”

In the coming weeks before the conference finals, the women will work on many things in practice.

“We will work on intensity, and competitive spirit,” Littleman said. “Also on serving more aggressively and strategically, Poland.”

The women played away at Clark, Wednesday; however, the results of this match were not available at press time. The Lady T-Birds will also play at Tacoma Friday night. They have played Tacoma twice this season and won.

“I think we have the confidence to play them well,” Littleman said.

The T-Birds will also play their last home match, and last match of the regular season, in the Pavilion against Grays Harbor Wednesday Nov. 13. It will be the last time for spectators to see this spectacular team at home this year.

Littleman goes the distance in tournament

BY SHAUNA BJORK
Staff Reporter

While the women’s volleyball team was working hard and winning in a tough division their head coach John Littleman, took a vacation to Melbourne, Australia.

His vacation had a purpose, he was invited to play in the World Masters Tournament.

The tournament was held from Oct. 1-14. The World Masters is an event held every four years, like the Olympics. It involves players 30 and older, who play in increments of five years, so you play people your own age. There are a variety of different events to compete in.

Littleman was invited to play on the team by some friends from Brazil, before he accepted the coaching job at Highline this year. He met these friends while playing in the US Open and had kept in touch.

Littleman had been invited also to play in a 50 plus tournament for the US, in the Volleyball Championships in Utah, but Littleman decided to go to Australia instead.

The team played seven or eight matches, Littleman said. They played fifth out of the twelve teams playing in the 45-year-old age group. The team had to play younger then what their ages actually were because a couple of the guys on the team were in the 45 to 50 range. Most of the team, however, was 50 to 55.

Littleman is a great player and has a lot of knowledge about volleyball. He has been playing for about 35 years, and started playing while attending the University of Washington. “Like anything if you have success, you want to do more of it,” Littleman said.

Littleman has played in many tournaments and even as he gets older he is still playing hard and loving every minute of it.

When he was younger, Littleman said, he had the speed and skills but didn’t have the knowledge. Now that he has the experience and knows where the ball is going to go, but he can’t get to the ball as fast as he used to be able to.

Littleman plans on taking the women Thunderbirds to the conference championships this year.
Women's soccer wins

BY BILLY PENNOCK
Staff Reporter

The Highline women's soccer team finally got their first win against Shoreline 2-1 this past Saturday Nov. 2.

With the win, the ladies move into seventh place in the Southwest Division with a record of 1-10-3. That might not be an impressive record, but the team has had their fair share of difficulties this season.

With a small number of women trying out, inexperienced players, injuries and ineligibilities, the Lady T-Birds managed to get through the season.

With only two games left, the women were hungry for their first win. The game against Shoreline was a game they felt they could definitely get. Highline almost beat them the first time around, but they ended up losing in a close game.

"This is a team we should beat," said Head Coach Jaipy McLaughlin.

The women began the game with an early goal by Kenzie Palermo. After the goal, the T-Birds really put it on the Shoreline ladies, dominating play and the possession of the ball in the first half of play.

The second half was more of the same with Olivia Palermo adding the second goal on an assist by Kenzie Anderson. After the goal, the T-Birds haven't given up all this year.

"We still have a few games left and I hope we can get a few more wins," said McLaughlin.

Results from Wednesday's game against Tacoma were unavailable at press time. Since the women aren't going to the playoffs this year, their final game of the year is at noon on Saturday, Nov. 9 at Bellevue.

Freshman, Michelle Siedlack, fights for the ball at Wednesday's game against Tacoma.

"This was our first game where we played a full 90 minutes," said McLaughlin.

"We out shot them the entire game, we really should have beat them by more than 2-1," said McLaughlin.

This was over all a well-played game by the ladies, said McLaughlin. The Lady T-Birds are much happier with this win under their belt and so is McLaughlin. "I finally got the monkey off my back," he said.

"We finally won," said second year player Rachelle Parkhurst.

The only thing McLaughlin saw that could have been done better, was a tighter defense and more goals.

"We should have killed Shoreline, but I'll take the win," said McLaughlin. The ladies seemed to finally have come together as a team, but it has come too late. With the season coming close to an end the best they could do is finishing up with a record of 3-10-3.

Despite the losing record, the Lady T-Birds haven't given up all this year.

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The second half was more of the same with Olivia Palermo adding the second goal on an assist by Kenzie Anderson. Again the ladies from Highline dominated play by out shooting and out working the Dolphins, but they missed many opportunities to put a rout on.

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Blood donation today

Blood Center in need of 45 blood donors

By Christin Geerdes
Staff Reporter

Today is your chance to help save someone's life. Give blood today from 9 a.m. to 2 p.m. in the upper part of Building B. The Puget Sound Blood Center needs 40 to 45 potential blood donors.

The Puget Sound Blood Center encourages people to sign up in their communities and donate blood.

"Food to eight percent of the population donates blood and 80 to 90 percent will need a blood transfusion in their lifetime," said Mellaine Shade, donor resources representative.

Approximately 700 donors are needed each day to meet the transfusion needs of Western Washington.

One patient who had been in a skiing accident suffered a hip and leg fracture. The patient needed support of platelets, red blood cells, and plasma. The patient needed about 75 potential donors.

"There is no substitution for blood. Every 10 minutes someone in Western Washington needs blood," said Shade.

Any healthy person who is 18 and older can donate. If you are 16 or 17 you can donate blood as well with a parent permission slip.

A physical examination of the person donating blood will be necessary. The examination includes checking your blood pressure, pulse, temperature, and a prick on the finger to test your iron.

You must also weigh 110 pounds or more. For any reason if you do not pass this examination they will not be able to take blood.

Approximately one pint of blood will be taken. Aphasiaeis donations take about a pint of fluid as well. Both weigh approximately one pound.

The Puget Sound Blood Center supplies approximately 70 hospitals in a 14-county region.

The mobile teams, who are the people who take the blood, have all had training either at the blood center, a university or technical school.

One of the most common fears of donating blood is a needle. Another common fear is the fear of getting a disease of more specific getting AIDS.

No disease of any kind can be transmitted while donating blood. The needles and bags for the transfusion can only be used once.

"Approximately 57 percent of patients receiving blood transfusions are women and 43 percent are men," said Shade.

Blood transfusion needs of Western Washington.

Blood donationApproximately 700 donors

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Smoking
Continued from page 1

been made about students smoking too close to doorways, especially down by the library.

"I don't have a problem with smoking on campus, I just have a problem with them smoking in front of the doors where I have to breathe it in while I work," said Gail Kouame, librarian.

Dana Franks and Karen Fernandez, who both work in the library, have noticed their asthma acts up when cigarette smoke floats in from outside. The state law prohibits smoking within 15 feet of any doorway.

Whatever the state law says is what this college goes by, Paton said. However, Highline is what this college goes by, Paton said. However, Highline currently isn't enforcing the law. Some buildings currently have signs up that say, "please don't smoke in front of building people choose to ignore them."

Due to ventilation," but many have signs up that say, "please don't smoke in front of building people choose to ignore them."

Laura Manning, a speech instructor and occasional smoker said, "I enjoy the relative freedom right now to smoke wherever I want, but I foresee the smokers being put in little huts."

Manning's premonition of smoking shelters may become reality if the state funding allows for designated smoking areas to be built.

While some non-smoking faculty members would like to see Highline as a smoke-free campus, others would be content just to have areas specifically for smokers.

If Highline became a smoke-free campus, many people would be outraged. "I think if we ban smoking on campus it would be ridiculous. I try to be a courteous smoker by not smoking in doorways or by ventilation," said Mike Armstrong, business instructor. "I stand away if there is a group of non-smokers, and I don't even stand in the courtyard of faculty building to smoke. I completely leave the building."

Tabatha Erickson, a smoker, who runs the Heavenly Cappuccino up by Building 6, thinks the smoking problem would be solved if there were more places available to smokers. "I understand if it [smoke] bothers other people, but there is no sitting area around here. They come over here to smoke. It doesn't really bother me, though, because it gives me business," Erickson said.

Jim Glennon, a history and political science instructor, is particularly opposed to smoking because a good friend of his died from cancer. "I see intelligent people with good friends who especially enjoy it."

Gail Kouame, librarian. However, Highline's tobacco control idea would not go through it," Frickle said.

Nieda, described as a tolerant person by her office mate, Laura Manning, said smoking doesn't bother her even though she is a non-smoker. She just thinks designated spots would be nice so the smoke would stay away from people with health concerns.

After the surveys have been collected, the Health and Awareness Committee will have a better idea of Highline's tobacco prevention needs. From there the public health department will be able to determine exactly how much money Highline will be allotted and what the funding will go toward.

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Smoking
Continued from page 1

Two to three years ago, the buildings with the idea of no smoking within the area, but that plan went up in smoke as well. Security does not have the time to go around and shoo away the smokers, Paton said.

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Survey
Continued from page 1

over where students can smoke on campus. The other 61 percent said they feel current smoking rules on campus are fine. Many felt that there should be designated areas where smoking should be allowed.

"I think we need designated smoking areas on campus," said student Joe Patterson.

Smoking seems as if it is a privilege here on campus, many schools have specific smoking areas, said student Mackenzie Duff. Other students feel exactly the opposite.

"People who don't smoke and make a big stink about smokers need to find something more important to complain about," said student CJ Gambee.

Many of the students surveyed who do smoke said they would like to quit, but they are addicted. Others say they smoke to relieve stress and often times at school they are more stressed than usual.