

# The Thunderword

November 6, 2003

Volume 43, issue 7

Highline Community College

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PERIODICALS

## Fraudulent votes invalidate student election

By **VALERIE GOLLIER**  
STAFF REPORTER

The recent student senator elections have now been ruled completely invalid by Student Government.

Apparently, one or more students voted using student ID numbers that were not their own. At least 55 votes were cast in this manner.

As a result, Student Government has rescheduled the election to be held on Nov. 19 and 20, in which nine candidates will be seeking three positions.

A mandatory candidate meeting will be on Nov. 10 at noon in the Student Government offices

in Building 16.

Student Government officials wouldn't discuss the incident in great detail, citing the ongoing nature of the investigation. The votes apparently favored a particular candidate or candidates. Student Government adviser Jonathan Brown would not release specifically who it was.

"If we give out too much information on how this happened, it might provide too much information for the people that we're trying to catch," Brown said.

Student Government officials did not reveal who would have won the election if it had stood. Brown said it was the worst in-



**Brown**

for help, so if anyone has information on the fraudulent voting, they are urged to contact Brown at [jbrown@highline.edu](mailto:jbrown@highline.edu).

"Students found to be involved in the fraudulent voting will be subject to sanctions outlined in the HCC Student Rights and Responsibilities," according to a Student Government press

cident of fraud he has seen in his 10 years of working with student governments.

Student Government is still asking

release on Oct. 31.

The voting for this election took place on Oct. 22 and 23. Students voted on computers around campus, at two computer kiosks set-up like voting booths in Building 16, and from computers at home or off-campus.

From campus, voters went to the Highline homepage, usually already on the screen, then clicked on student elections. From the two kiosks, a Highline ambassador was there watching over the two, helping people through the process.

From off-campus, students went to [www.highline.edu](http://www.highline.edu) then clicked on student elections to

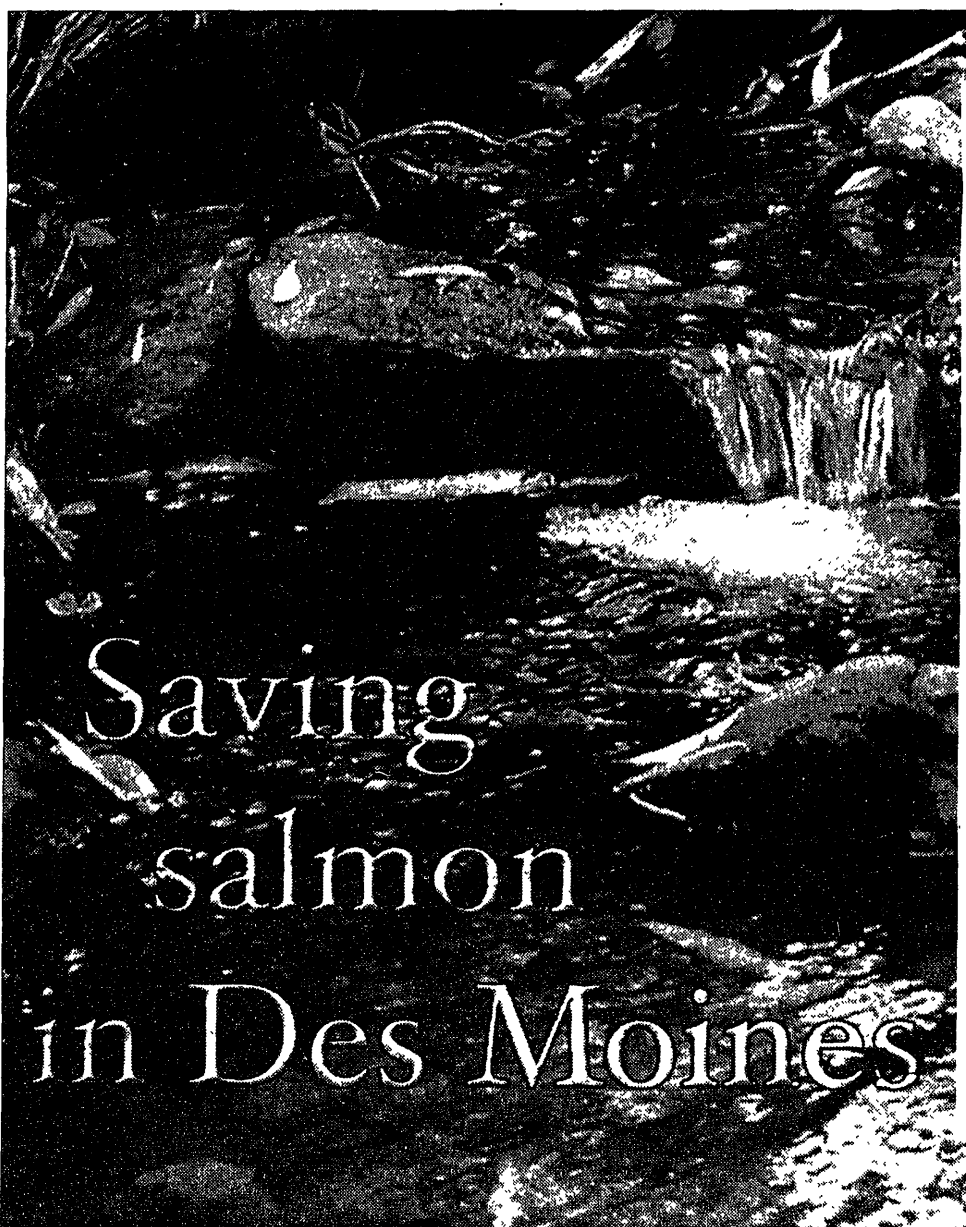
vote.

To vote, students entered their student ID numbers to register, then chose three candidates from the list of nine, and submitted their votes.

Student Government is hesitant to give an actual number of votes cast for fear of giving validated status to the election. They promised full disclosure once they have finished their investigation.

"Calling a fraudulent vote a vote gives it a skewed view," said Brown.

See Elections, page 20



### Saving salmon in Des Moines

By **ASA HALL**  
STAFF REPORTER

There is a school near Highline where no students attend. It's a school of fish, as in salmon, and every fall they swim up Massey Creek, bent on making more salmon.

The salmon, and some trout, are getting help from a group of Mt. Rainier High School students, who are trying to preserve the delicate habitat they need to spawn.

Massey Creek is home to a small number of salmon; no one is quite sure how many. The creek begins west of Pacific Highway, reaching out with thin blue branches like a tree that spread northeast of Highline's campus. The stream then empties into the Puget Sound near the Des Moines Marina.

Eighty students from Mt. Rainier High School help maintain the stream by removing invasive weeds and planting trees in order to improve fish passage for Coho salmon and cutthroat trout.

"I'm really interested in getting involved in the environment and protecting it from industrialization. It doesn't make much sense to ruin it, (the environment) when we all have to live in it," said Tina Mead, a junior at Mt. Rainier.

Mt. Rainier's Environmental Science Academy is part of a four-year commitment for the students. They will continue maintenance on Massey Creek even after they graduate.

Barbara Belk, also a junior at Mt. Rainier, joined the Environmental Science Academy because she wanted to

See Salmon, page 20

PHOTO BY MELISSA FLESH

Massey Creek, located near Highline, is home to salmon.

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Highline sports teams  
go to NWAACCs  
-see Sports, pages 8-13

Highline instructor  
author of anthology  
-see story, page 6



## Crime Blotter

for  
Oct. 30-Nov. 5

### Soccer players' cars burgled

One day after Halloween some clowns were still roaming the streets. Three vehicles were burglarized in the North Lot on Nov. 1. The vehicles that were broken into belonged to three men's soccer team players.

The players were all parked next to each other and had their driver side door locks damaged. The burglars ran off with in-dash CD players, a wallet, a watch, CDs, and speakers from the three players' cars.

### Trespassing causes increased security

Two trespassers were seen running around in the Mortenson construction site by the South Lot on Nov. 3.

They ran out of the fenced area next to the Metro bus stop where the fence had been opened. As a result of these trespassers the construction company will be placing brackets on the fence to secure it.

### Snow information

Each year brings the possibility of snow in our area. If there is snow this year students may want to find out if campus is open or closed.

The school schedule information can be found through three different sources, television, radio, and the Internet.

To get the information on the Internet go to [www.schoolreport.org](http://www.schoolreport.org) and select colleges, then Highline Community College. The radio and television will also have school closure announcements.

710 KIRO and KOMO 1000 for the radio and KOMO 4, King 5, Kong 6, KIRO 7, and Fox will have the information on TV.

Compiled by  
Bryan Swanson

# Shabb senses the root of perception

BY KASEY REGA  
STAFF REPORTER

The senses could be the single most important part of the body, said Highline Biology instructor Sam Shabb at last Friday's Science Seminar. Shabb attempted to explain all the senses but only had time for a few.

"Everything we know about our world comes to us through our senses," said Shabb.

The senses are classified into two categories: general senses, which consist of touch, pain, pressure, and temperature and special senses which consist of sight, hearing/equilibrium, smell, and taste.

Shabb explained that all senses have specific receptors that respond to stimuli. The receptor then sends electrical messages to the brain. He said that special senses are not found all over the body, which make them



"Everything we know about our world comes to us through our senses."

-Sam Shabb,  
biology  
instructor

unique. Shabb explained the structures and functions of sight and sound in more detail.

"It's amazing that we can see anything at all," said Shabb. He explained that the visual sensors in the eye are located in the retina. He also said that the human retina has a layer of blood vessels in front of the visual sensors not found in other living

organs.

"This would seem to impair vision but doesn't," said Shabb. He also said that the eye has its own cleaning mechanism.

"Go ahead and have a good cry," said Shabb. "Tears cleanse the eye and release hormones that make you feel better."

Shabb then explained how we hear everyday sounds of the

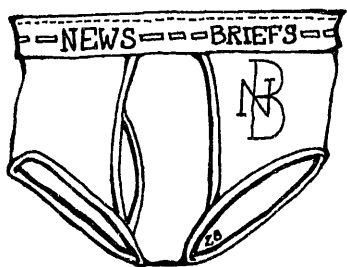
world around us at any particular moment.

"It's like a stereo speaker just working in reverse," said Shabb. He explained that sound waves funnel into the outer ear and passes along the inner ear to the eardrum. The eardrum presses against a fluid-filled organ called the cochlea. The fluid compresses thousands of tiny hairs that stimulate hearing sensors.

Shabb said that the brain interprets these signals as a musical phrase, a dripping faucet, a human voice, or any of the myriad sounds around us. He also explained that loud noises damage the tiny hairs.

"The damage usually results in hearing loss," said Shabb.

The next Science Seminar will be on Nov. 7, with Joy Strohmaier. The lecture entitled "Bacterial Batteries" will be from 2:10-3 p.m. in Building 3, room 102.



## NSF grant to help engineering students

The National Science Foundation has awarded a total of \$400,000 (\$100,000 a year for four years) to Highline for disadvantaged engineering students.

Scholarships will be available from these funds beginning Winter Quarter, and the application deadline for this first wave of scholarships is Nov. 14.

Those engineering students in prerequisite classes are eligible.

Amounts awarded will be based on need, but students must fill out financial aid paperwork.

Women and minorities are strongly encouraged to apply.

For more information, contact Engineering Coordinator Rebecca Sliger at 206-878-3710, ext. 3487.

## Transfer Fair relocated

Hosts of this year's Transfer Fair are worried about the relocation of the fair and the impact that will have on student atten-

dance.

"We're a little concerned having to put it in Building 2 this year, considering students don't normally walk through there," said Assistant Director of Outreach Services Jamie Wells.

The fair is usually held in the Student Union Building, "making it a much more visible fair to the students," Wells said.

Information about changes to the University of Washington's transfer policy will be available at the fair, as well as in the Transfer Center.

The Annual Washington Council Transfer Fair will take place next Wed., Nov. 12, 9 a.m.-12:30 p.m. in Building 2.

Outreach Services and the Transfer Center are hosting the fair, which is expecting 20 representatives from Washington state four-year colleges and universities.

For further information, contact Jamie Wells, assistant director for Outreach Services at ext. 3939, or Siew Lai Lilley, Transfer Center director at ext. 3936.

## ISP Whistler ski trip payment due

International Student Programs is currently sponsoring a ski trip to Whistler to take place in December.

The annual trip will take place Dec. 14-16.

The deadline for registration/payment is Nov. 12.

Prices range from \$225-\$340, depending on the number

of people you bunk with.

Various other charges and/or deductions apply.

The trip is organized by International Student Programs and managed by Destination Snow.

Contact ISP Advisor Victoria Olfert at 206-878-3710, ext. 3597 for more information.

## WPEA food drive now on campus

The Washington Public Employees Association (WPEA) is holding its annual food drive and raffle now through Dec. 11.

The collections will benefit the Des Moines Food Bank. Non-perishable food items and clean paper and plastic grocery bags can be dropped off at one of the 11 donation boxes located around campus. Raffle tickets will be sold at the winter faculty and staff luncheon on Dec. 11.

Contact Linda Benzel at 206-878-3710, ext. 3941 or Julie Swanson at ext. 3818 for more information.

## Campus calendar

- Career development workshop today, Nov. 6, 12:10 p.m.-1 p.m. in Building 23, room 111.

This week's workshop will cover networking, "by far the most successful means of finding a job today," said Career and Employment Services Director Erik Tinglestad.

For further information, contact Tinglestad at 206-878-3710, ext. 3599.

- Building networks with Mayet Dalila tomorrow, Nov. 7, 2 p.m.-4 p.m. in Building 10, room 203.

Student Programs sponsors this First Fridays seminar dealing with how to build a coalition to promote an issue or a program.

For further information, contact Associate Dean of Student Programs Jonathan Brown at 206-878-3710, ext. 3536.

- Environmental Club meeting tomorrow, Nov. 7, 1 p.m. in Building 19, room 101.

Faculty Advisor Woody Moses said all interested students and faculty are encouraged to attend.

Moses can be reached at 206-878-3710, ext. 3649.

- Computer club tomorrow, Nov. 7, 2:30 p.m. in Building 7.

This meeting is open to anyone interested in learning more about computing and the Information Technology (IT) profession in general.

Contact Ron Davidson, CIS/CSCI program coordinator at 206-878-3710, ext. 6035 for more information.

## Correction

On last week's front page, the caption under the picture of Bo Colello's produce stand stated incorrectly that the business was located on Kent-Des Moines Road.

The stand is actually located on Des Moines Memorial Drive.

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## Yang exchanges a world of differences

Jiao Tong prof handles transition with confidence, technology

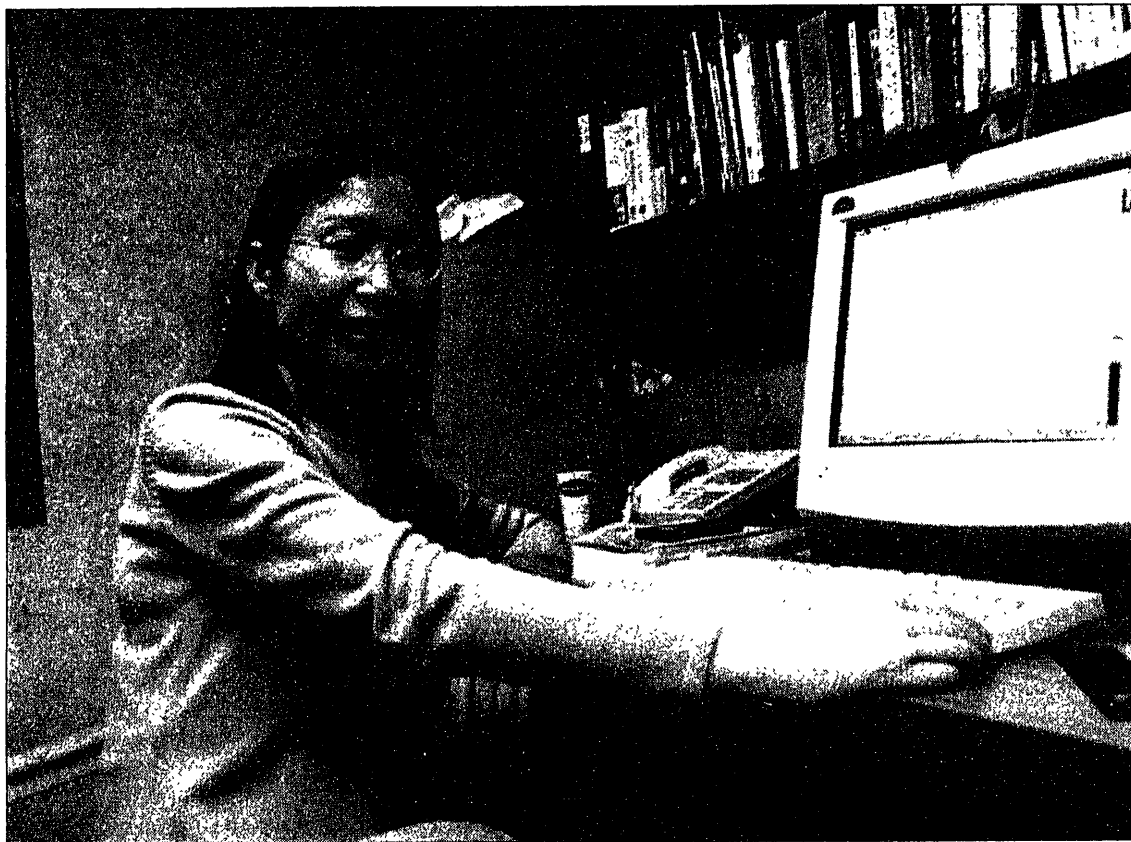
By TAUREAN DAVIS  
STAFF REPORTER

For many new students entering Highline this year, making that transition from high school to college can be rough. But when you compare that to the ones making a transition from another country, high school graduates have it easy. One person facing such a change is Xiaoling Yang, an exchange teacher from Jiao Tong University in China.

Just look for a kind face among the crowd, one who is calm but eager to face the day. Watch for someone whose peaceful aura radiates from around her slender frame. Be on the lookout for those gentle eyes, ready to learn more about the world around her. That's Xiaoling Yang. Yang grew up in the Anhui Province and received her bachelor's degree at Anhui University. From there, she headed for Shanghai.

In Shanghai, Yang was drawn to Jiao Tong University, one of the oldest universities in China. Four campuses are located around the city.

The suburban campus is the largest one, boasting about 20,000 students. Changing



PHOTOS BY CHUCK CORTES

Xiaoling Yang sits in her Highline office, half a world away from her home in China. The Shanghai professor is participating in Highline and Jiao Tong's teacher-exchange program.

classes there can be hectic. Due to such a large population, bicycles are very popular.

"It is very convenient and comfortable to ride a bicycle around the campus," said Yang.

Yang spent more than two years acquiring her master's degree from Jiao Tong, majoring in English and literature. She continued to teach at the Foreign Language Studies building for eight more years, instructing English to various types of students.

She believes that English is becoming more of the interna-

tional standard for languages. "I like English very much. I always want my job to be related to English," said Yang.

Jiao Tong and Highline are sister schools and each year one teacher from Highline is switched with one from Jiao Tong. The chosen teachers each stay for 10 months. Yang is part of this program and will be living here until this summer.

There's about 5,740 miles (9,236 kilometers) between Shanghai and Des Moines, and certainly a few differences between the two cities.

To Yang, Highline is much quieter than Jiao Tong and has a smaller and less spacious campus. Jiao Tong has a lot more gardens and has many more gardeners to maintain the landscape.

As for the facilities, Yang couldn't be happier. In Jiao Tong the teachers had to pay for the materials they used in class.

Yang teaches the Chinese 100- and 200-level classes. The way students learn here is

"...very different than learning in China," she says.

For example, student behavior is different. In China, the students are more studious and polite to the teacher, never asking questions until the teacher was finished with the lesson. They assume an attentive posture as they sit listening to the lecture and taking notes.

Yang said Chinese people are very friendly and want to show that they are helpful. The students show this by paying immense respect to their teachers. In fact, students at Jiao Tong make a point of erasing the blackboard before each class.

In classes here at Highline, Yang notices students are also polite but are generally more relaxed within the classroom. Students often opt to eat during class and their posture is usually more comfortable. They ask questions when they feel they need to.

In the case of American individualism and Chinese order, both situations have pros and

cons; it's just the way people prefer to learn. Yang wishes to see a synthesis between the two someday, as it would create a balanced learning style.

Yang enjoys teaching very much and believes that she can learn more and more things as she interacts with her students.

"Learning a new language is very important; it can make your life more colorful," said Yang. Here at Highline, Yang teaches her students Chinese art and languages, but in return, she is exposed to authentic English, drawing on raw experience as she communicates with students and fellow teachers.

Such experience comes from simple hobbies like reading. Being in America, Yang now has a chance to read all types of American literature.

You also may catch a glimpse of Yang frequenting Building 4. She loves musical arts and she takes piano lessons; she also listens to the choir classes. "I would really like to do many things related to music," she said.

Despite the easy adjustment to Highline, this is Yang's first time so far away from her home country and the family that have been left behind. Nowadays, however, distance is nothing that technology can't solve.

Even with the vast Pacific Ocean between them, Yang always keeps in touch with her family. Her husband also works at Jiao Tong University as a business teacher and her 5-year-old son also looks forward to her e-mails.

"I sometimes send my photos to them on the net," says Yang. Even though she misses her family very much, she can still speak to them whenever she feels lonely. Even without familiar surroundings and familiar faces nearby, adjusting to the differences of everyday living in the U.S doesn't phase Yang in the slightest. "I feel very happy that I can get used to difficulties and get used to the environment," said Yang.



"Learning a new language is very important; it can make your life more colorful."

-Xiaoling Yang,  
exchange faculty

## Team Highline hopes to harvest help with Giving Tree

By RACHEL SCANLON  
STAFF REPORTER

The holiday season is a time of joy, but for low-income families, it can be an unhappy occasion.

Bills, child care, food, and clothing costs must come first, so there is rarely extra money to buy gifts.

The Giving Tree program at Highline is an opportunity for

the campus as well as the local community to lend a helping hand to Highline students and their families so they may have the Christmas everyone deserves.

The Giving Tree program works like this: clubs, organizations, staff, students and people who are not on the Highline campus sign up to sponsor a family before Nov. 13. A wish list is then sent out. The gifts which must be wrapped are then

dropped off at the Student Services Office in Building 16 from Nov. 24 to Dec. 5.

Team Highline and Women's Programs are organizing the event.

"This has been a highly successful effort in the past," said Hai Ton, a Team Highline member. "It definitely uplifts the spirits of the families during the holiday season."

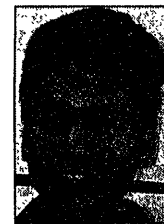
To ensure the Giving Tree's success this year, Ton said that

40 families is the optimal amount for sponsorship.

Ton said that if sponsoring an entire family isn't plausible, then individuals may be sponsored as well.

A Christmas tree will be put up in Building 6 from Nov. 17 to Dec. 5, Ton said.

There will be ornaments on



Ton

the tree with the person's name, age and gender, as well as the desired gift. Just remember to take the attached slip that you have to fill out and leave in a box under the tree.

Those interested in sponsoring a family or individual can contact Hai Ton at 206-878-3710, ext. 3903 or at [thon@highline.edu](mailto:thon@highline.edu).

You may also stop by the Team Highline office in Building 16.



## editorial

## It is easier to have an impact than you thought

Something begins to happen about this time every year. It's not the Bon-Macy sale or the mass production of pumpkin pies.

It's not the reappearance of mittens or scarves. True all those things are occurring, but every year something more important happens around this time.

It's a sort of feeling, and no one knows where it starts, but it begins to circulate from person to person. Each year around this time some people catch on to this caring feeling and their hearts grow three sizes, just like the end of Dr. Seuss' the Grinch Who Stole Christmas.

This year make sure you belong to one of those triple sized hearts.

All year round organizations exist that support those who are less fortunate. They fund raise and ask for help and support. When the holidays are just around the corner, those organizations are fully conscious of the triple-heart phenomenon and they step it up with their efforts making it even easier to help.

Thinking of someone besides yourself should become part of your holiday tradition for multiple reasons.

First off it is easy. You don't have to look hard to find food, clothes and toy drives. They are at grocery stores, churches, and even here on campus. There is no doubt that this winter you will see somewhere you can help.

Second, there is no reason not to participate. Everyone can do something to help even if you don't have extra cash give. One Thunderword writer noticed she had five winter jackets hanging in her closet, while some people may have none. A suggestion from her is to donate clothes you don't use or have grown out of to a clothing bank. Even if you have no money and now material possessions to offer you can contribute. Nothing can be more helpful than a donation of your time.

Scheduling time this winter to work at a local food bank or charitable organization not only benefits other but you too. Which brings up reason no. 3, the rewards. This year while you wait for gifts from family and friends you may like to know that as clichéd as it sounds the greatest gift you receive this year could be giving to someone else.

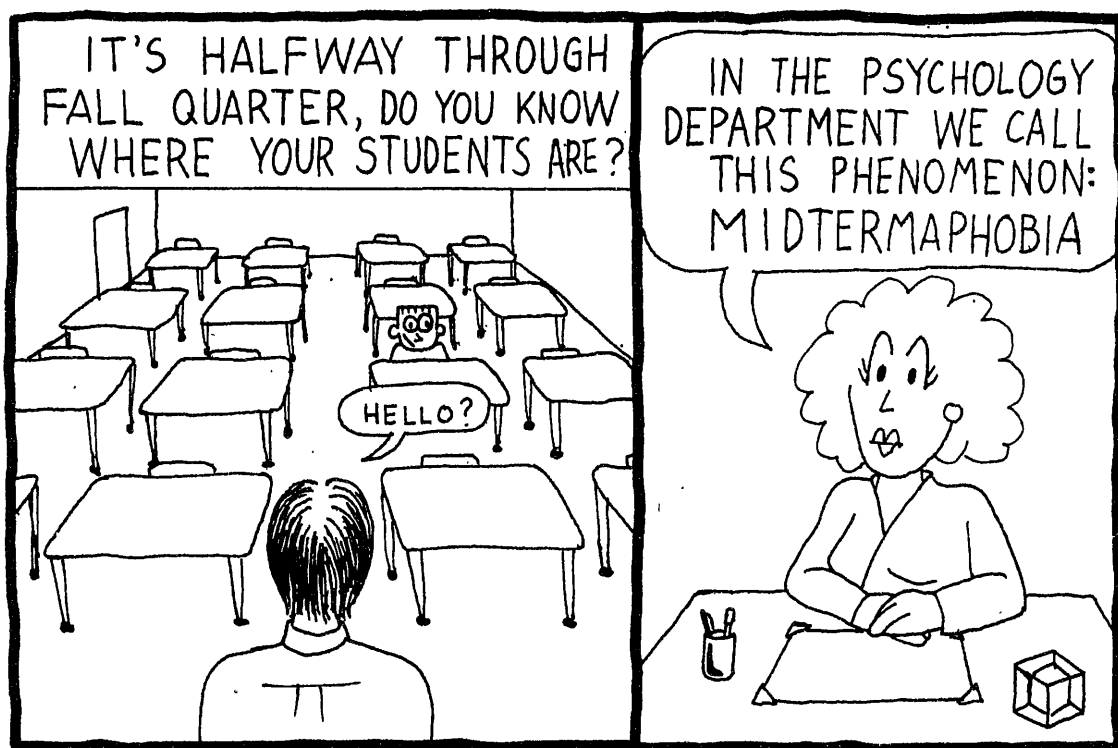
And for all you trend setters, caring is a truly unique gift not found in any department stores.

No matter how you do it make sure this year you are actively involved in looking out for others, you will thank yourself.

## The opinion page

Editorials are the opinion of the management of the newspaper, which includes its editorial board members: Victoria Anthony, Ben Johnston, Shauna Bjork, Dustin Nickerson, Collette Woods, Amber Trillo, Jordan Goddard, and Melissa Flesch. Columns represent the opinions of the individual authors. Letters to the editor represent the opinions of the readers.

Letters to the editor are welcome. Letters should be no more than 300 words long, and are subject to editing for style and length. The Thunderword invites contributions of all types from the campus community. Please send submissions to the Thunderword@highline.edu or deliver to Building 10, room106.



DONALD MELDRUM

## Cat's corner: Reformed melodramatic

I recently came home to find my younger sister lying listlessly on the couch pretending to watch after-school cartoons. Each cheek was smothered with halfheartedly rubbed away tears. After being told repeatedly in a weary voice that nothing was wrong I convinced her to talk to me.

As I suspected, she had encountered an endless day of high school drama. Offering quick condolences I attempted to let her know that everything will soon be forgotten and in the near future none of this will matter.

As I stood there calming my sister, sounding somewhere in between a bad fortune cookie and someone's mom, I had an epiphany.

Although it hurt me to see her so upset, I couldn't help but want to revel in the mature wonder that is post-high school life. For a brief moment I was filled with sheer happiness that I was no longer in junior high or high school. That the days of my schoolgirl insanity and countless tears over silly little trivial issues were now long gone. I knew that I no longer had to deal with the popular girls, and what he said she said.

For about two seconds it was



a wonderful feeling and thought, however it turned out to be only that- a thought. As I sat there trying to convince my little sister that her aching stomach and burning eyes would soon pass and that they were a mere waste of energy, only a tiny wrinkle in the history of her memory, I was struck down by my own blundering hypocrisy.

Sigh.

Two years out of high school I have realized what a waste of time it was to cry over a bad grade, bad friend, and the popular kids.

Two years out of high school, however, I still cry over those things. Sometimes it's a bad test grade, or a fight with my parents, other times it could just be boy troubles, either way I know that fretting over these issues will not help any bit. I know that next week it will be old news and no one especially me is going to care about it.

However, nothing stops me from letting these things stress me out, or turn on the waterworks.

I know everyone is not the self-realization drama queen I am, but I also know I am not the only one who feels this way.

While you may not be willing to admit that you have felt like your life is a soap opera, we have all killed a day or even a week dwelling in our own misery over meaningless issues.

Everyone on campus from professors to students has been stressed over something trivial, but what do they do about it?

I may be in no position to offer you advice, however, now I will.

Next time you feel overwhelmed, put yourself outside the situation. What would you tell someone else to do?

Learning to let-it-go-all is a lesson anyone on campus could benefit from.

To help you out I will leave you with two bits of advice. In regards to other people, my mom always said, "Those that care don't matter, and those that matter don't care." In regard to crying my dad said, "Why are you crying? I will give you something to cry about..."

Cat's therapist recommended she write this.

## The Thunderword

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I only read the naughty bits, that I wasn't supposed to...

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November 6, 2003 The Thunderword

# Freighthouse Square hauls in diverse art

Old train station-turned market features ways to explore art

By LINDA SEWERKER  
STAFF REPORTER

The Art Gallery in the Freighthouse Square market is a hidden treasure deep inside a restored Tacoma train station.

The artists featured there include: Patrice Bruzas, collage-sumi artist; Dick Clifton, serigraphic artist; J. Krough Colwell, watercolorist; Ruth Volkman, acrylic artist; Mark Hoppman, watercolorist; Mike Juetton, glass-kiln artist; Val Persoon, watercolorist; and Toni Spencer, batik artist. These artists collectively and individually have several years experience as teachers, commercial, or fine artists. They present the bulk of in-house talent that is individually shown throughout Washington, Oregon, and Idaho.

The Art Gallery sharply contrasts with the antiquated look of the market. The two-story interior space has natural skylights, high wooden ceilings, designed by Persoon with room for many different types of work.

Colwell, Persoon and Volkman are the gallery managers.

The gallery houses an assortment of original watercolors, prints, sculptures, paintings, glass pieces, and photographs, with over 600 framed and 1,000 unframed pieces. On one side of the gallery is a series of 10 by 10 foot partitions, set parallel, at angles to the floor, to allow viewers ample room to walk around. On the opposite side of the gallery there is a tearoom, and a frame shop.

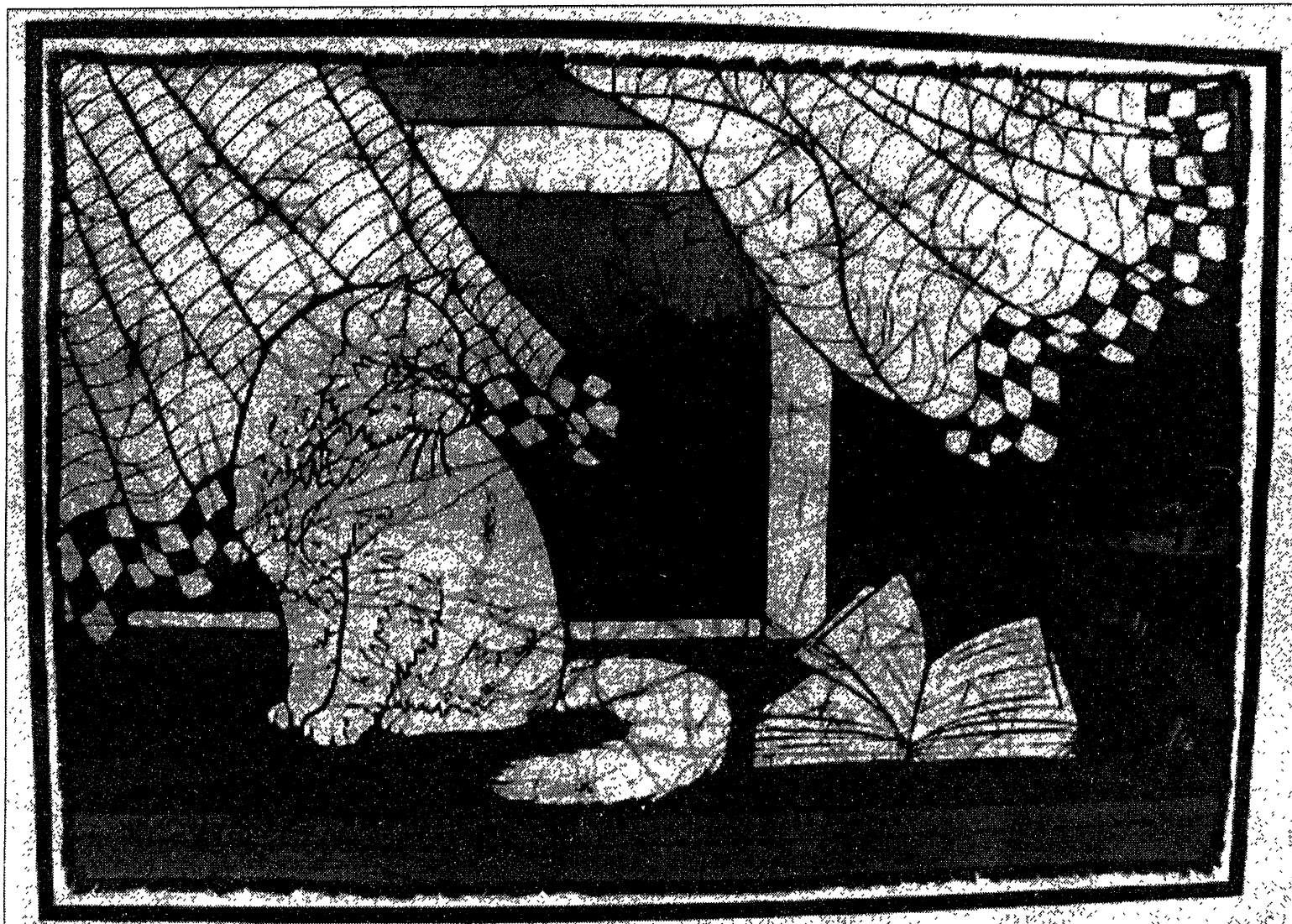
Persoon or one of the house artist are always on site to welcome art lovers and answer questions about the gallery.

An interesting feature of the gallery is the effort of its managers to present a diversified grouping of different media.

"A few years ago almost



Dick Clifton's serigraph of Northwest Salmon.



Toni Spencer's batik of a cat in the window. A batik is a technique of art by painting on cloth with dyes and hot wax. Spencer's batik art is one of the main features in the Freighthouse Art Gallery in Downtown Tacoma.

about all the artists in this gallery were watercolorists. Since then we have consciously tried to bring in artists whose work involves diverse media," said artist Mark Hoppman.

For example, Toni Spencer features batik art, a technique of painting with wax on cloth. Spencer's artwork has also been popular at the Seattle Flower and Garden shows.

A well-known artist's collection of serigraphs and lithographs by the late Dick Clifton are on display. Clifton's popular prints laud the images of Pacific Northwest salmon, Orcas and the sound's beautiful land features. His work is often recognized throughout Washington state parks where his exhibit designs have been used for over 30 years.

Pat Bruzas' work features a large assortment of Japanese Sumi and collage art. Sumi is a style of painting with mixed hand-ground pigment, which resembles Japanese brush painting. Large birds gracefully portrayed in mixed media typify her strong design and sensitivity with beautiful forms.

Glass artist Mike Juetton features an assortment of colorful glassware including functional bowls, lamps and vases as well as some playful and abstract pieces.

Hoppman and Persoon display excellent examples of their mastery in creating visual versatility using watercolors on dry and wet

surfaces.

"Artists in other galleries are forced to limit their work and style because of size of the gallery and the way it is managed. Most galleries sell only work that is currently a popular trend, like Oriental, Western or Realistic art. Here we try not to follow this pattern. We want to market the unknown artist, those who are not known yet but want to establish a relationship with the public. We teach them how to market their work here because they don't know this when they come to a commercial gallery," said Persoon.

Persoon also believes by when artists show pieces as a group or enter their work in a thematic manner, it forces them to learn self-criticism and to consider what "other artists" are doing.

Bruzas said she has learned from Persoon and the group because she was forced her to think differently about how to sell her art.

"I had done a lot of juried shows before, but that was always in a controlled environment. I have learned so much about marketing and risking change since I started showing with this group."

Judi Colwell, watercolorist, said, "It is important in our gallery that the customer bring his or her impression into the art."

Bi-monthly a different theme is featured.

This month the Gallery is featuring "Out the Backdoor" which opens Nov. 1 through Dec. 31.

"This show means literally looking at beauty that is near by. I got the idea of the back door by watching the light covering the trees at sunset, literally outside the gallery back door," said Persoon.

The selection for 2004 will be "First of Show 2004" Jan. 2 through Feb. 3; "Windows" Feb. 6 through March 30; "The Fours Seasons" April 1 - May 30, "Tacoma! Tacoma! Tacoma!"

June 1 through July 30; "The Story Behind the Art Work" Aug. 1-30; "Back to School" Sept. 1 through Nov. 3; and "Waterfalls" for Nov. 6 through Dec. 30. Gallery Hours are Monday-Saturday 10 a.m.-7 p.m., and Sunday 11 a.m.-5 p.m.

"We try to do a serious show at least twice a year. We keep trying to do one on 'Shadows' but we haven't done this one yet," said Persoon.

The Freighthouse Square is located on 602 E. 25th St., one block away from the Tacoma Dome. Three hours of free parking is available across the street.

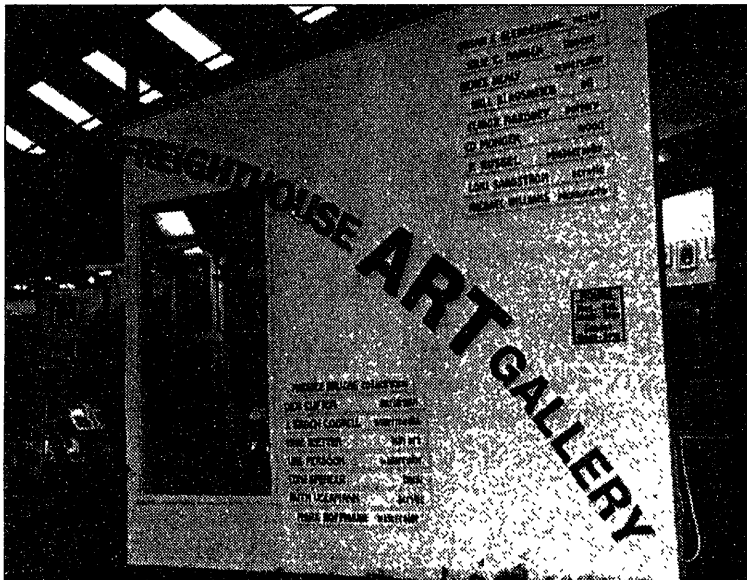


PHOTO BY CHUCK CORTES

The Gallery is on the main floor of Freighthouse Square.

# Food feeds inspiration for Rich's new book

By BRI CHURCH  
STAFF REPORTER

If the way to a college student's heart is through his and/or her stomach, Susan Rich could conceivably have a love affair with every student on campus.

A writing and global studies teacher here at Highline, Rich has managed to capture a unique quality in a subject that truly speaks to all college students with one singular voice—or stomach growl, as it is: food.

A published author featured in two books which students can almost literally sink their teeth into, entitled "The Cartographer's Tongue: Poems of the World," and the most recent, "O Taste and See: Food Poems,"

Rich comments on her love of food poetry:



Susan Rich



PHOTOS BY JANIE LARSON

Susan Rich talking with a student in her office. Rich is the author of two books.

"Food is something we all need to think about everyday. Food joins us with our family, our culture, our generation. Even Pablo Neruda wrote in praise of a tomato."

However, her poetic talents do not lie in the kitchen or grocery store alone.

"I find myself drawn to many different subjects. Often my poems are inspired by the human

rights work I have done in South Africa and Bosnia. The poem might focus on a woman who had to hide under her staircase during the Bosnian war, while another poem looks at the man who begged for small change round the corner from my street in Cape Town. Food is only one topic," Rich says.

For her, poetry is a great passion, not to mention a great

challenge. After creating nearly 20 or 30 varying drafts of a solitary poem, it can take anywhere from a few months to a few years to complete just one final copy. However, when the elements do come together, she describes the sound as a "key fitting perfectly in the lock or the box shutting with a perfect click."

Nonetheless, actually starting

a new poem has proven to be the greatest of writing roadblocks.

"Once I have a draft and can work and re-work it on the page, I am much more at ease. As I tell my students, writing is always a difficult art and every time you sit down to the white page, you start all over again. It doesn't matter if you are a published writer or a student, the feeling of inadequacy is always the same."

After completing the poem, *A Poem for Will, Baking*, which can be found in "O Taste and See: Food Poems" at the Highline Bookstore, the Elliot Bay Bookshop, as well as other local bookshops and online at Amazon.com, Rich has formulated a bit of advice for future writers:

"Keep writing and reading and learn your craft and believe in yourself. In the early years of a writer's development it is crucial to keep an open mind and soak up everything in the poet's toolbox: sound, image, diction, form and line. Find writers who make you feel like the top of your head is blown off and read and re-read them again."

The presentation of Rich's newest book will be held at noon on Thursday, Nov. 6 in Building 7, and all student and faculty members are invited.

## Disney brings back classic animation with 'Brother Bear'

By AMBER TRILLO  
STAFF REPORTER

*Brother Bear* is 85 minutes of classic Disney fun that lends itself to kids of all ages. Filled with great lines and lovable characters, Disney's efforts to capture the audiences' hearts without the usual romantic plot is a success.

It is the story of a young Native American boy named Kenai who is transformed into a bear while in search of his destiny. Along the way he befriends a rambunctious bear cub named Koda.

The movie brings audiences together for a bit of humor, a couple of tears, and a lot of visually appealing good old fashioned 2D animation.

Directors Robert Walker, who has worked for Disney as a layout supervisor, and Aaron Blaise, a former Disney animator who worked on movies such as *Mulan*, *Lion King*, *Beauty and the Beast*, and *Aladdin*, use their expertise to generate this animated adventure.

Moving away from the re-



PHOTOS COURTESY OF WALT DISNEY PICTURES

Scenes from Disney's new movie, *Brother Bear*, which opened on Nov. 1.

cent trend of computer illustrating, *Brother Bear* gives the pre-Toy Story-generation something to smile about.

Whether you are sitting in the dark theater snuggled up to your significant other, or stealing m&m's from your best friend you will definitely find yourself reminiscing of your past Disney experiences as the opening credits begin to roll.

Speaking of opening credits, it is a good idea to keep focused on the vivid old-school animation and try hard not to take in too much of Tina Turner's attempt at creating a Grammy-worthy Disney ballad. Likewise, Phil Collins, the other musician on the *Brother Bear* soundtrack, probably should have stopped writing Disney songs when he hit gold with his

successful Tarzan album.

Although the music leaves much to desire, humorous characters and a fast-paced plot are sure to entertain even the toughest of critics, such as toddlers and boyfriends.

Canadian born actors Rick Moranis, the dad from *Honey, I Shrunk the Kids*, and Dave Thomas capitalize on their roots as the two comedic Canadian

moose, who provide humor for kid and adult audiences alike. And with only one or two benign potty jokes, this movie is far more adult friendly than most would assume from the televised previews. Similarly the somewhat obnoxious bear cub on the previews turns out to be an endearing character who could melt the heart of even the coldest critic.

All in all, if you can overcome your fear of talking animals, this is a great way to spend a Friday evening. Disney has given college students a reason to return to their childhood love-animation.



Koda and Kenai in a scene in *Brother Bear*.



## Arts Calendar

• The 12th annual Polish Film Festival starts Nov. 7-9 and 14-16. General admission is \$8. The festival will be held at Broadway Performance Hall at 1625 Broadway, Seattle. For more information, call 206-901-0146, or visit [www.polishfilms.org](http://www.polishfilms.org).

• On Thursday, Nov. 6, four local poets will read from a new poetry anthology, *O Taste and See: Food Poems*. Poems written by Elizabeth Bishop and Robert Frost will be read by local poets. This event will also have book signings by Alan Braden, Tamara Kaye Sellman, Martha Silano, and Susan Rich.

This event will take place in Building 7 at noon. This event is free.

• Painter d'Elaine Johnson's art show at Auburn Commision's City Hall continues through Nov. 28. Auburn City Hall is located at 25 West Main St., Auburn. The hours are from 8 a.m. to 5 p.m. Admission is free. For more informaton, please call 253-931-3043.

• The 7th annual WPEA Craft Bazaar will be held Nov. 24 and 25, from 9 a.m. to 4 p.m. in Building 2. There will be raffles and gift baskets, as well as fur-

niture and baked goods. For more information, or if you would like to participate, please contact Lauri Spivey at 206-878-3710, ext. 3445.

• The Ready to Fly Tour will feature Big Daddy Weave and special guest Warren Balfield. The concert will be held Nov. 7 at 7 p.m. at Covenant Celebration Church, 1819 E. 72nd St., Seattle. Tickets range from \$12-20. Tickets are available online. For more information, please call 206-546-7350, or go online at [www.spirit1053.com](http://www.spirit1053.com).

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### By The Sea

#### Across

- 1 Rehnquist's work unit
- 5 Defamatory statement
- 10 Napoleon's island
- 14 Over and \_\_\_\_\_
- 15 Hacienda material
- 16 Midday
- 17 Not a square shooter
- 18 Tobey Maguire movie
- 20 Flyers, e.g.
- 21 Successful thespian
- 22 Dipper
- 23 Lucy's sidekick
- 25 Unsolicited e-mail
- 27 Overseas
- 29 Harry Belafonte's forte
- 33 L'il Abner's Dad
- 34 Warsaw residents
- 35 And so forth: Abbrev.
- 36 These can be hard or soft
- 37 Luxurious country house
- 38 International org.
- 39 It holds a charge
- 40 Lure
- 41 Gemstone surface
- 42 Protestant religion
- 44 Andy Warhol's forte
- 45 Vestments
- 46 Lug: Variation
- 47 Serious infection
- 50 Istanbul resident
- 51 Bill add on at times
- 54 European salt water lake
- 57 Leisure
- 58 Tulsa resident, perhaps
- 59 Cargoes
- 60 Happy tune
- 61 Remove the bottle
- 62 Concur
- 63 Important hinge

#### Down

- 1 Soft drink
- 2 Zealous
- 3 Nessie, e.g.
- 4 Stray
- 5 Held up

## Crossword 101

By Ed Canty

1	2	3	4		5	6	7	8	9		10	11	12	13
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47	48	49				50					51	52	53	
54						55	56				57			
58						59					60			
61						62					63			

- 6 Flawless
- 7 Swine
- 8 Wane
- 9 Wreath
- 10 Live in a tent
- 11 Blaring
- 12 Sore
- 13 Initial contribution
- 19 Polishes off
- 21 Horse drawn carriage
- 24 Nursery equipment
- 25 Hollywood's Field
- 26 Defendant's answer
- 27 Comes before showers
- 28 Mississippi watercourse
- 29 Salutation follower
- 30 Ahab, for one
- 31 Aquatic mammal
- 32 Olympian Hamilton
- 34 Font sizes
- 37 Part of speech
- 38 Neck part
- 40 City in India
- 41 Kind of music
- 43 Take place

- 44 Sequence of words
- 46 Leather
- 47 Barge
- 48 Acquire
- 49 Large land mass
- 50 Monarch
- 52 Man, for one
- 53 Folk singer Seeger
- 55 Carte lead in
- 56 Egg drink
- 57 \_\_\_\_\_ Grove, IL

#### Quotable Quote

*Don't throw away the old bucket until you know whether the new one holds water.*

... Swedish Proverb

# Now is when it matters for the T-Birds

Start of playoffs erases meaning of men's undefeated regular season

**BY LAUREN HOWELL**  
STAFF REPORTER

Highline's men's soccer team faces Walla Walla at home in the quarterfinal playoffs on Saturday, Nov. 8. The T-Birds ended the league play undefeated and in first place of the Southwest Division.

The Thunderbirds record is now 17 wins and one disappointing tie in last week's game against Shoreline. Though Highline won their 17th game against Clark on Wednesday, Oct. 29, with a score of 4-1.

The T-Birds came out a little flat in the first half.

"We started off bad. No goals were scored until Clark scored then we realized we needed to step it up," striker Joe Patterson said.

Clark, being in a winner-out situation, came out tough.

"We came out against a team that really needed to win the game and we had difficulty matching their intensity at first," Head Coach Jason Prenovost said.

Prenovost said that Goalkeeper Zach Mourad made a huge save in the first half that helped the team pick up the intensity.

"There was a one-on-one, they took the shot and I saved it," Mourad said.

Paul Lower scored the first goal of the game to tie it up in the first half.

"Lower connected on a free kick from about 20 yards out," Prenovost said. "After we scored that goal the lift was apparent and we ran play the rest of the game eventually winning 4-1."



PHOTO BY MELISSA FLESCH

Paul Lower sheds a defender in Wednesday's match-up versus Clark.

Ben Bailey scored the two final goals of the game.

The T-Birds struggled on Saturday, Nov. 1, against the Shoreline Dolphins and the game ended in a 2-2 tie.

Prenovost is bitter about how the game turned out but wants to focus on learning from games like these. As for the Dolphins, Prenovost congratulates them.

"Good for them (Shoreline)...they worked hard for 90 minutes. They didn't give up after going down two goals to a better team and clawed and scratched to the end," Prenovost said.

Travis Bailey and Joe Patterson scored for the T-Birds.

"I did what was natural and attacked the box. I saw an opening on the far left corner and got it past the keeper," Patterson said.

The first half of the game was played well but the second half was a different story.

"We played pretty good but we just couldn't sustain it," Prenovost said. "We out-shot Shoreline 26-6, but unfortunately we were only able to finish twice. Our focus just wasn't there for the full 90 minutes."

"It was frustrating because we all felt confident and then all of a sudden we let them back into the game, and the overall tone was changed," Patterson said. "It was like the defense had a mental lapse. They had two clear breakaways at the end of the game and that never really happens."

Prenovost says that honestly 17-0-1 isn't a bad record. However, he would like the team to find success in the playoffs.

"If we write this game off as

'something that happens' we will not be served well by it," Prenovost said. "However, if the team can look into the eyes of themselves and each other and be honest about their

preparation and how it affected the outcome of this game we will be stronger because of it."

Prenovost says that the T-Birds will be ready for the Warriors.

"I have a lot of respect for this team's ability to get itself up for big games," Prenovost said. "I believe deeply in this group of young men. We made a contract with each other at the beginning of the year about our goals and how we were going to achieve them. If we are true to this contract and prepare and play up to our potential we will be a tough team to beat."

Prenovost expects to win a hard fought game against the Warriors so that Highline can continue its undefeated season.

Although Walla Walla has improved tremendously from last year.

With a new coaching staff and a record of 12-2-7, the Warriors have won their last 11 games.

This is now a feat Highline can longer claim.

Walla Walla's Head Coach John Charman says that the team is looking forward to the match against Highline. However, he says Highline has a huge advantage getting to play on their home turf here at Highline.

## Men's NWAACC soccer schedule

**Nov. 8**

**Quarterfinal playoffs (loser out)**

Walla Walla at Highline noon

North Idaho at Bellevue 1 p.m.

Southwest #4 at Northeast #2 1 p.m.

S. Puget Sound at Northeast #2 1 p.m.

**Nov. 15-16**

**NWAACC tournament**

*(tentative times)*

Nov. 15 - 10 a.m. and 12:30 p.m.

Nov. 16 - 10 a.m. and 2:30 p.m.

## Eight teams gear up for this year's NWAACC championships

**BY LAUREN HOWELL**  
STAFF REPORTER

Anxious but confident, Highline's men's soccer team feels the excitement of the playoffs. The pressure is on for every team to step up and do the job.

The Southwest Division is much tougher, with better records overall, but the Northeast Division has its strengths.

The top four teams in the

Northeast are Skagit Valley, Edmonds, North Idaho, and Walla Walla.

Skagit Valley finished first with a record of 11 wins, two losses and two ties.

Head Coach David Ryberg says that if all of the cylinders are fired and working together, it's possible that they can come out on top.

"We've got several players back from last year," Ryberg said. "The maturity level is high and I think that goes a long

way."

One of their returnees, Miguel Dimas, was named all-star forward for NWAACC in 2002 for the Northeast Division.

Ryberg says that the teams to beat are Highline, who knocked Skagit Valley out of the first round in last year's playoffs, Edmonds and Walla Walla.

"Highline is looking real strong. Coach Jason Prenovost is doing a great job and Walla Walla has really surprised me.

They have a strong defense and are doing very well," Ryberg said.

Edmonds finished second in the Northeast with a record of 10-1-4.

Edmonds Head Coach Eddie Fernandez was named coach of the year in NWAACC's all-stars of 2002.

Standouts on the team include goalkeeper Brandon Mitalas, defender John Sanquinet, midfielders Ivan

Aldana, Ben and Jon Robinson, and forward Matt Hedlund, all of whom were all-stars last year.

Edmonds has 53 goals in the season with only 13 against, and nine shutouts.

North Idaho took third with a record of 8-2-6.

All-star players from North Idaho in 2002 were forward

**See Playoffs, page 9**



November 6, 2003

The Thunderword

# T-Birds look to bounce back before playoffs

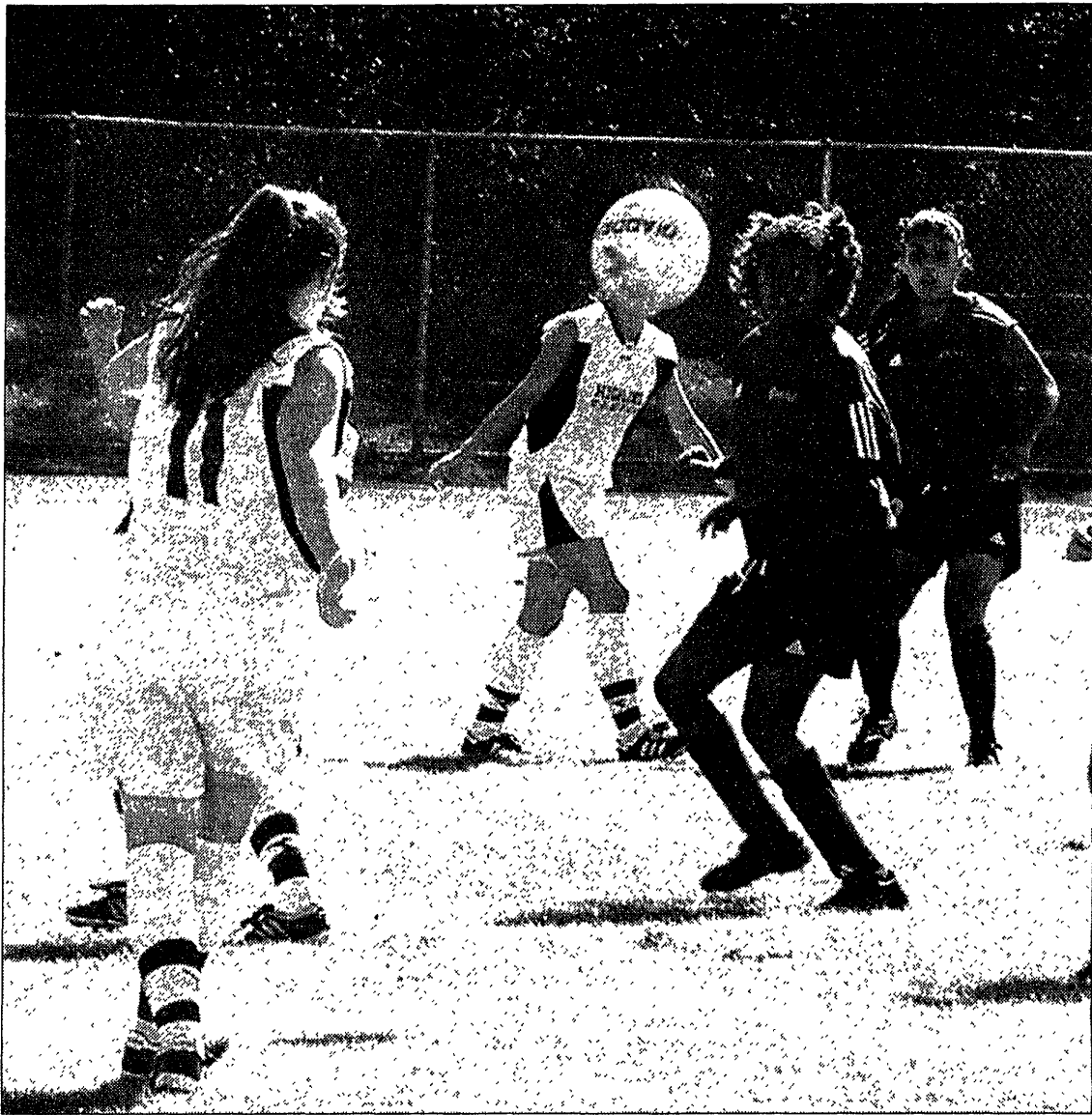


PHOTO BY MELISSA FLESCH

Michelle Sedlacek (11) passes to a heads-up teammate through heavy traffic.

**BY SHAUNA BJORK**  
STAFF REPORTER

Late goals resulted in the Highline women's soccer team ending their season with a tie and a loss. Nonetheless, the Lady T-Birds did finish the season on top of their division with an 11-3-2 record.

Highline won the Southwest Division title, and play their first quarterfinal game this weekend. The game will be played at 2 p.m. on the soccer field.

Highline tied Clark 2-2 in their final home game Oct. 29, and lost to Shoreline 1-0 on Nov. 1.

Highline had the lead until Clark scored a goal in the 85th minute.

"They worked us out. We kind of had a let down after we won the league," said Head Coach Jaimy McLaughlin. "We lost our focus, we knew it didn't matter if we won our last two games or not."

Freshmen Marianna Palermo scored her 20th and final goal in the game, three short of the NWAACC record. Sophomore Kenzie Anderson also scored a goal.

Palermo only played a little bit in the Shoreline game. She suffered a hamstring pull and

rolled ankle in the Green River game on Oct. 24.

McLaughlin says she should be 100 percent for the quarterfinal games.

Highline traveled to Shoreline Saturday.

"The first half we played really flat," said McLaughlin. "In the second half we outshot them 4-3, but they got a fluke goal in the 88th minute."

The goal in the 88th minute was scored by midfielder Reanna Elze of Shoreline.

The winner of this weekend's quarterfinal game goes on to play in the NWAACC tournament on Nov. 15.

Highline is set to play either Edmonds or Trestle Valley in the quarterfinals.

The winner of the Columbia Basin -Treasure Valley game will determine Highline's opponent this weekend.

The team held a meeting Monday night and talked about refocusing for the playoffs, said McLaughlin.

Although the team is freshman based, the sophomores may be more nervous about their first NWAACC appearance.

"The players are happy with winning the league, but they aren't satisfied," said McLaughlin.

## Playoffs

Continued from page 8

The Walla Walla Warriors pulled through in the 4th placed spot to squeeze into the playoffs: Walla Walla, with a record of 2-12-4 last year, has improved greatly.

The Warriors have a new coaching staff, three returning players and an impressive record of 12-2-7.

Head Coach John Charman says that they have demonstrated an ability to be difficult to beat even when not playing at their best.

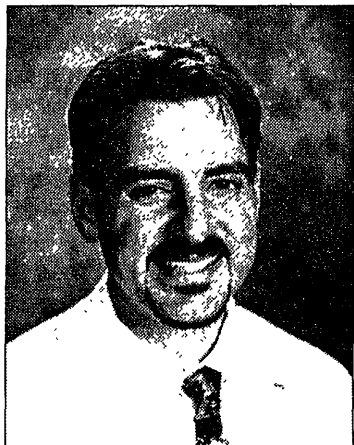
"We're unbeaten in our last 11 matches and looking forward to a tough test at Highline in the quarterfinals," Charman said.

In the Southwest Division there is tough competition between Highline, Bellevue, South Puget Sound and Clark.

Highline is first in the Southwest Division with a 17-0-1, the best in the league.

The team's only tie came in the last game of the season against Shoreline.

Still, Head Coach Jason Prenovost is confident in his



Jason Prenovost

team's chances of winning the tourney.

"We have a veteran team with good depth," Prenovost said. "I'm definitely not worried."

Prenovost says that it is important to be focused and ready to step it up at any time throughout the championships.

"Every game we play in the playoffs is going to be intense. We've got to take it to every team we face," Prenovost said.

The men on the team seem to be following suit with their coach, and are confident about their chances of winning as well.

"If we stay composed and calm we can definitely win it. A big part of our success is work-

ing as a team," said defender Matt Neubauer.

One of the Thunderbirds' strengths as a team is their chemistry with one another. The guys are a humourous bunch that knows how to have fun.

"Lately my back has been hurting because I've been carrying the team," Neubauer jokes.

The guys feel that they are pretty solid.

"We're deadly from everywhere on the field and our outside wings are unstoppable," freshman Travis Bailey said. "I think we'll go undefeated."

"We're a great team, with great players and we train hard," said freshman Ben Stark.

"We have the best team in the NWAACC and anything but a championship would be considered a failure. This is the year of the Thunderbirds, Ka Kah!" said keeper Zach Mourad.

Bellevue placed second in the Southwest Division with a 15-2-0 record. Bellevue has an impressive 93 goals scored in the season, the highest in the league.

Bellevue won the championship last year and Head Coach Chance Fry says that they can do it again but it will take all of the pieces to come together.

"We have a good mix of ex-

perienced and skilled new players with decent speed," Fry said.

Fry says that the teams to beat are Highline, Edmonds, Skagit Valley, and North Idaho. Bellevue. With standout players like Michael Book, David Reuhl, and Suad Krkic, who were all 2002 NWAACC all-stars, the Helmsmen feel they can compete.

"Trying to 'peak' at the right time is a difficult task and keeping everyone healthy is key," Fry said. "You also need some luck to win it all."

Behind Bellevue is South Puget Sound with a record of 11-6-1. This will be South Puget Sound's first go at the playoffs.

Head Coach John Purteman has a few concerns.

"We have had problems matching up with some of the more physical teams," Purteman said. "We will need to keep our heads in the game to be successful."

"Given that some of the teams that we play are more technically able, we try to get every player pulling in the same direction," Purteman said.

Purteman says that Highline and Bellevue are very strong this year.

"Bellevue has more creative

offensive players than anyone in the league," Purteman said. "Highline is a more rounded team with the ability to beat you in a number of ways."

Purteman says that they will have to play at their best each game to come out on top.

Lastly, the final team pulling through to the playoffs is Clark College with a record of 10-7-1. Clark has 61 goals, thanks to the top scorer in the league, Samir Vejo, who has an impressive 21 goals.

NWAACC all-star players of 2002 include forward Vejo, and midfielder Jorge Arreguin.

The last game of the season was played on Wednesday, Nov. 5, Edmonds at Skagit Valley faced off at 1 p.m. with results unavailable at presstime.

The playoffs begin Saturday, Nov. 8, with the quarterfinals. Highline plays Walla Walla at home at noon.

The finals will be held at Harry E. Lang Stadium in Lakewood, near Tacoma, on Nov. 15 and 16.

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# Women's soccer team heads to quarterfinals

## 180-degree Lady T-Birds heat things up in NWAACCs

**BY SHAUNA BJORK**  
STAFF REPORTER

The women's soccer NWAACC quarterfinals will be played this Saturday, and the winners will go onto the NWAACC tournament Nov. 15 at Harry E. Lang Stadium, in Lakewood.

The quarterfinals will be one game, loser-out, matching up the top two teams third and fourth team from the other division. The top two teams from the Northeast Division will play the third and fourth team from the Southwest Division.

Highline, Clackamas, Walla Walla, and Spokane all have home field advantage this weekend.

The Highline Thunderbirds did not make the playoffs last year as they ended their 2002 season 1-12-3.

This season they have a record of 11-3-2 and they finished first in the Southwest.

"Our strength lies in our abil-

ity to move the ball with a limited amount of touches," said Head Coach Jaimy McLaughlin. "Everyone is working hard and working for each other. Our defense is really solid, our midfield is good, and we have people up front who can score."

The team's weaknesses lie in injuries.

"People playing injured, our players are mentally tough and have a high threshold for pain," said McLaughlin. "I have about four players who are playing about 80 percent. The team is pretty beat up."

The team's strong players, are also the players that the coaching staff nominated to the All-Star ballot: freshmen forward/midfielder Marianna Palermo, NWAACC scoring champion with 20 goals and 12 assists; freshmen midfielder/forward Krissi Shimp, sophomore midfielder/forward Kenzie Anderson, freshmen forward/midfielder Alicia Wolfskill, freshmen midfielder/forward Lisa Groce, freshmen midfielder/forward Kody Downey, freshmen defender/midfielder Tonya McLaughlin, and freshman defender/midfielder Kristie Pricco.

McLaughlin predicts Highline, Clackamas, Spokane and Walla Walla will be the final four.

"We have as good a chance as anyone to win the title," said McLaughlin.

The Clackamas Cougars placed second in the Southwest Division. Clackamas finished with a 10-5-1 record.



PHOTOS BY MELISSA FLESCHE

Above: Kenzie Anderson edges out an opponent. Below left: Two T-Birds team up on a single defender.

In 2002, Clackamas had an overall record of 15-5-1 and finished second in the Southwest, but lost in the quarterfinals to Walla Walla.

Head Coach Tracy Nelson is happy with the offense.

"Our strength is our offense," said Nelson. "We have several players who can create opportunities and put the ball in the back of the net."

Clackamas' weaknesses lie in organization.

"Our lack of speed is a weakness as well as organizing," said Nelson.

Clackamas' strong players are Stevie Smith who leads the team with 12 goals, Ashlee Strahan who is dominant in the midfield offensively and defensively; Megan Moore, who is a

quick and fast outside midfielder, Megan Diebel, the sweeper; and the keeper Kali Smith, said Nelson.

Nelson likes the top teams in each league as the winner of the

NWAACC title.

"I think Walla Walla has a good shot, as well as Highline," said Nelson.

Third and fourth place in the Southwest Division, will be decided on Wednesday night, however, the results were not available at press time.

Clark will play Green River at 2 p.m. at Green River.

If Clark wins they will become the No. 3 team in the Southwest and Green River will become the number four team, eliminating Lower Columbia. If Clark loses, Clark will play Lower Columbia on Thursday night in a loser-out game for the number four seed.

Green River has an 8-5-3 record this season. They have broken the record for most wins in Green River history.

The Gators have played this season with 12 players on the roster, said Head Coach Lisa Murray.

The team has had to delicately balance training, nurturing injuries and overuse, said Murray.

see 180, page 11



### Women's NWAACC soccer schedule

**Nov. 8**

**Quarterfinal playoffs (loser out)**

Northeast #4 at Highline 2 p.m.

Northeast #3 at Clackamas 1 p.m.

Southwest #4 at Walla Walla 1 p.m.

Southwest #3 at Spokane 1 p.m.

**Nov. 15-16**

**NWAACC tournament**

*(tentative times)*

Nov. 15 - 3:30 and 6 p.m.

Nov. 16 - 12:15 and 4:45 p.m.

## Palermo's speed gives lady T-birds a leg up in NWAACCs

**BY FABIO HEURING**  
STAFF REPORTER

Standing at just 5'2", Marianna Palermo has used her strong legs to lead Highline's women's soccer team in scoring this season. Palermo, the sister of former T-Bird track star Olivia Palermo, could very well break this single-season scoring record in the entire NWAACC as well.

Palermo began her soccer career at a young age.

"I was 11. My best friend told me to tryout and I did, and I made it," Palermo said.

She has described her greatest moment in soccer as playing



Marianna Palermo

against other states. "My greatest moment was when my team went to Hawaii and we got third

place out of 16 states," she said.

In 14 games this year she has scored 19 goals.

"My goals for this year are to win NWAACCs and get four more goals," she said.

Palermo has many strengths, but she considers her greatest to be her speed and teamwork. Though she's not perfect, and admits that an area she needs to work on is ball control with her left foot.

Passion for the game is another key contributor to her success.

"I love the game itself. Competition makes me better and I always learn from my mistakes," Palermo said.

When breaking down her game, Palermo says there are four main things it takes when trying to score a goal: skill, speed, shot control, and focusing on the net and not the keeper. Concentrating on developing these aspects has advanced Palermo's game significantly, but she can still be found juggling a ball around in her backyard, just having fun with the game.

Palermo feels that her teammates have supported her well the entire season.

"They've worked for me all year and have always had my back," Palermo said.

It takes a lot of effort to win a

soccer game, so Palermo recognizes the importance of that teamwork.

"It takes everyone playing 110 percent for all 90 minutes of the game," she said.

She knows what she has done right to score so many goals.

"I've been focusing well on games and practicing shots during warm-up."

She advises that any girl can get on the soccer field and be effective.

"A lot of girls think they can't, but try and you'll be better than you think. You also have to stick with sport," Palermo said.

November 6, 2003

The Thunderword

# Bailey brings passion from the Last Frontier

By **LAUREN HOWELL**  
STAFF REPORTER

Ben Bailey came down from Alaska and unthawed his passion for soccer.

Bailey sits casually in a backward chair wearing a scruffy baseball cap and Highline soccer sweats. With every question asked you see how adamantly he thinks about what he will say next, and through intense eyes his passion for soccer is evident.

Bailey, at 5'9" with medium brown wavy hair was born on Aug. 11, 1983 in Anchorage, Alaska and started playing soccer in seventh grade. Compared to most competitive players, starting in the seventh grade is a late start.

Bailey's family influenced him to participate in athletics.

"My grandpa started me with bowling, then baseball and football," Bailey said. "Also my parents were extremely athletic, my dad played football and my mom was a sprinter in high school."

Bailey also looked up to his older brother Richard, who he said is one of the best athletes he knows.

Bailey's family has also influenced him off the field.

"I learned discipline from my father," Bailey said. "My mom taught me right from wrong and I've never really been in trouble."

Bailey played club soccer for AK United, an elite club for some of the best players in Alaska.

He also played for four years at Diamond High School in Alaska.

In high school Bailey was surrounded with soccer.

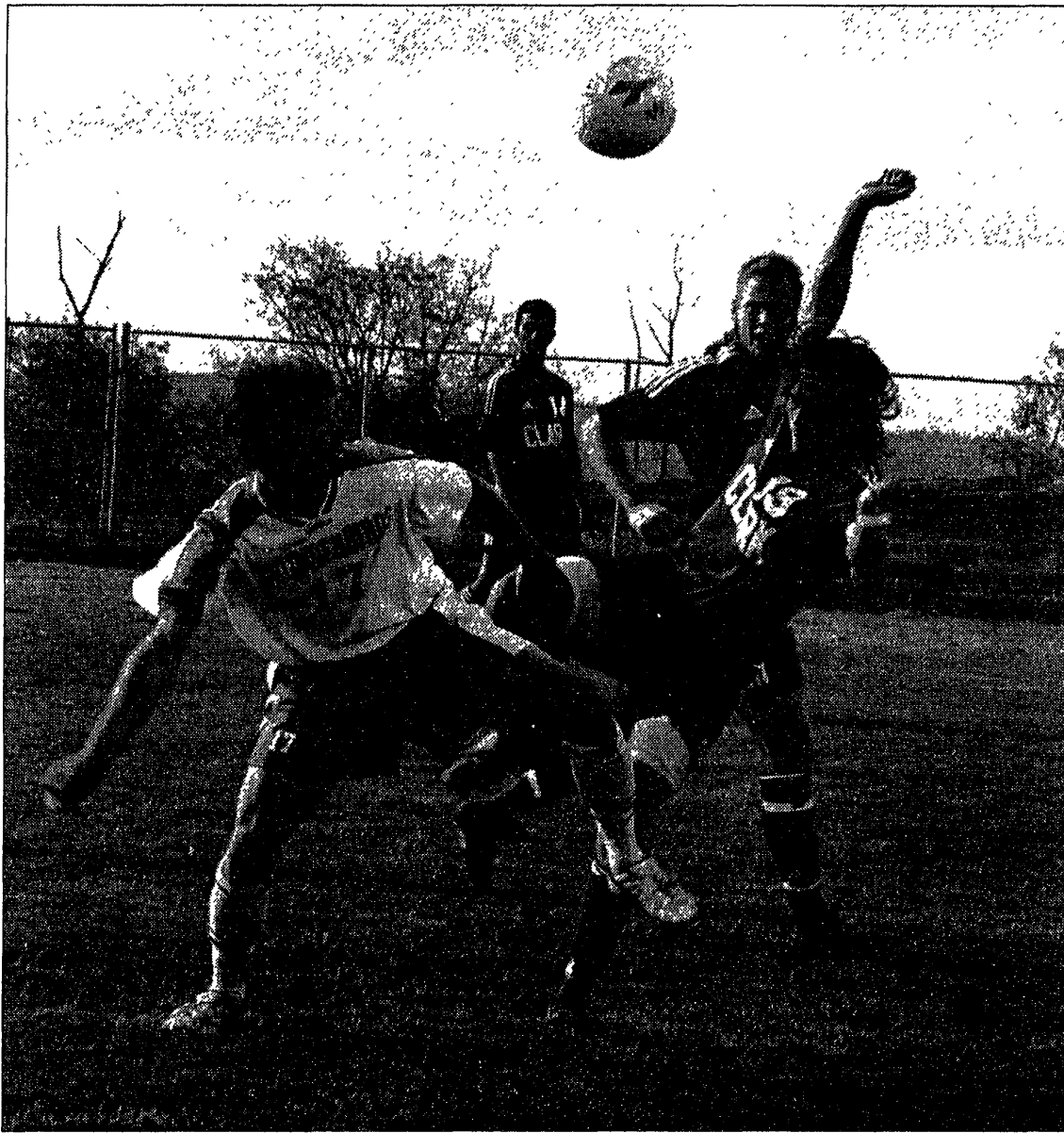


PHOTO BY MELISSA FLESCH

Bailey, the T-birds' leading scorer, battles with a Clark defender in last Wednesday's game.

"I watched soccer every night and played it every day," Bailey said. "In my senior year I lost my passion for the game."

After high school Bailey took a year off, then traveled to Washington where he stumbled across Highline.

"I picked the closest school to where I lived," Bailey said. "I'm glad I came here. I was going to go to Tacoma Commu-

nity College but I'm happy I chose Highline because we've been a winning team for the two years I've been playing."

"When I came to Highline I had nothing to do so I tried out for the team and eventually I gained back my passion for soccer."

"Ben just showed up in my office one day and we're all really glad he did," said Head

Coach Jason Prenovost.

Bailey says that Prenovost and Assistant Coach Tom Moore are the inspirations that brought back his passion for soccer.

"Coach Moore got me out to play more often. I went to open gym and was in an outside league. He taught me a lot of tricks on the ball," Bailey said. "I was watching and playing

soccer again."

Bailey is now one of Highline's top players and holds a leadership role. He is a non-verbal leader who sets an example by the way he plays.

"I let the captains do all the talking," Bailey said.

In 2002, as a freshman, Bailey was named one of NWAACC's All-Star midfielders in the Southwest Division.

Bailey is the first to give credit to his teammates and especially younger brother Travis who followed him to Washington.

"Tony Giralmo is the best defender I've ever played with. He controls the back very well and Matt Neubauer is someone I look up to because he plays my position on the other side and he has a lot of passion for the game," Bailey said.

"I also look up to the old man on the team, 'Power Lower' [Paul Lower]," Bailey joked.

Bailey enjoys playing with his brother.

"Travis and I get along, we haven't fought since I was in ninth grade," Ben Bailey said. "When I'm on the field I look for him because we have that instant connection. We've been playing together our whole lives."

Travis agrees with Ben.

"It's cool playing with my brother. I look up to him as a player," Travis Bailey said.

After Bailey receives his two-year degree he, along with Giralmo, plans to transfer to an East Coast university.

Bailey says that soccer is leading the way for right now.

"My plans are to play soccer, go to college and have fun," Bailey said.

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Continued from page 10

Murray has many strong players on her team.

"I have nominated eight of my 12 players for the All Star team. Jessica Allen, our goalkeeper has solidified our defense this year and is one reason for our success," said Murray.

"We have 12 women who are fighters ready for our week-long battle in our quest for the playoffs," said Murray.

Lower Columbia also has an 8-5-3 record this year. Lower Columbia placed third in the Southwest Division last year and lost in the quarter finals to North Idaho.

The team has good man-

markers in the back and an excellent sweeper, said Head Coach Max Anderson.

Anderson said the team lacks playmakers.

"Two pretty good strikers up front with nobody to consistently create opportunities for them," said Anderson.

Lower Columbia's best players are Lindsay Lessard, Courtney Weeden, and Beatriz Rivera.

Anderson predicts Spokane or Walla Walla will take home the title.

Walla Walla finished first in the Northeast Division, and ended in the season with a 12-2-2 record.

Walla Walla has been to the NWAACC final four for the past three years. Last season they had a 13-4-2 record.

"This is the team's first regular season conference title and we're hoping home field advantage helps us this weekend," said Head Coach John Charman.

Spokane finished second in the Northeast Division. Spokane finished 2002 with a 10-4-2 league record, and they lost to Tacoma in the quarterfinal match.

Strengths lie in goal scorers and goal keepers.

"Our team has been very deep this year with a very stingy defense-allowed only 9 goals in 16 games-and many great goal scorers," said Head Coach Jim Martinson.

Weaknesses in this team lie in injuries.

"This team has been very beat up all year and we recently

lost our leading scorer for the season," said Martinson.

Martinson pre-



McLaughlin

dicts Spokane will win the title. "I could not properly do my job if I didn't think we were going to win the tournament," said Martinson.

North Idaho has a 10-3-3 record this year. Last year the team placed third the NWAACCs.

Their strength lies in teamwork.

"The cohesiveness of the team on and off the field," said Head Coach Dan Hogan. "They

enjoy working hard for each other and making an extra effort to support their teammates."

North Idaho has a lot of injuries going into the playoffs.

"We've been plagued with injuries all season and hopefully we can avoid injuries through the playoffs," said Hogan.

North Idaho's strong players are Kaitlin Mitchell, Erica Hauck, Megan Houck, and Becky Thompson.

Hogan likes Walla Walla's chances of winning the playoffs.

"Walla Walla is definitely at the top of their game with a lot of experience and Edmonds has a knack for winning games," said Hogan.

Either Edmonds or Treasure Valley will be the fourth team from the north, depending on Wednesday's outcomes.





PHOTO BY AMBER TRILLO

Highline's Clay Hemlock is a favorite.

## Nearing the finish line

T-Bird men and women take high hopes to championships

By **SHELBY LANCASTER**  
STAFF REPORTER

Highline will bring two strong teams who both look to place at the NWAACC cross country championships this Saturday in Spokane.

Spokane is the heavy favorite in the men's race. They have won the past two years and consider themselves the target, said Spokane Head Coach Shawn Beitelspacher.

"We have been running well all season and are ready to go," said Beitelspacher.

Highline and Clackamas have hopes of placing second. How well Clackamas will do may be determined by the performance of their new runner, Hipolito Gonzalez.

"Many people think we have a chance at Spokane with the addition of a new guy that has been injured all year for us," said Clackamas Head Coach Keoni McHone.

Tough competition can be unusual in the NWAACC. Often, one team dominates the season and the championships.

"There hasn't been competition like this in a while," said Highline



Robert Yates

Head Coach Robert Yates. "(These three teams) are head and shoulders above the rest."

Also, the individual favorites represent these teams. It should be a very close race for first between Clay Hemlock and Dylan Bailey from Highline, Mark Currell and Pat Cessar from Spokane, and John Butkey from Clackamas.

For Highline, all the men are preparing for the race. Hemlock said that he likes his chances.

"I feel pretty good. Me and Dylan have a chance of winning. I want to win," he said.

Hemlock placed in the top eight last year, earning himself all-American honors.

Moreover, the other team members are all looking to pitch in to

help out as much as possible.

"I'm going after Gonzalez of Clackamas. I want to help the team," said Highline's fifth runner, Trevor Kulvi.

On the women's side, Clackamas and Clark will most likely battle it out for the title. Clark won the championship last year.

"Clark and Clackamas are very, very close. It will be whatever team runs better that day. It could come down to one runner," said Clark Head Coach Erik Anderson.

It is not so clear who will place third, but Highline and Lane have a shot.

Individually, it most likely will be between Amanda Kamm of Highline and Ashley Hadway of Spokane. Hadway has edged out Kamm all season, but Kamm likes her chances.

"It's kind of exciting. She has never had to lead a race. It might mess up her strategy," said Kamm.

Kamm also has confidence in her team, who despite being down runners almost all season, is now full. "It's a good team with a good chance of placing," she said.

The men get the race started at 11 a.m. on Saturday, and as soon as they have completed, the women's race begins.

## Kamm racing toward big things for Lady Thunderbirds

By **SHELBY LANCASTER**  
STAFF REPORTER

She is a petite 19-year-old woman with blond hair that is pulled back in a messy bun. She casually wears her Highline Cross Country sweats that indicate that she is ready to run.

And run she can.

Amanda Kamm is one of the best female NWAACC cross country runners this year.

Kamm will compete Nov. 8 in Spokane for the NWAACC women's cross country championships. She has been one of the top runners all season and is one of the two contenders for the title.

"She's improved so much (since last year)," said Highline Head Coach Robert Yates. "She's not the same person. We're talking about her winning."

As the only sophomore on the women's team, she has been both the leader in experience as well as in scores. Her leadership has produced excellent results. After not having enough runners to place as a team all



Amanda Kamm

season, the Highline women won their first meet ever at the Bellevue Invitational on Nov. 27.

She hopes that this success will carry on into the championships.

She describes the T-Bird women as "a good team with a good chance of placing."

Kamm herself however, is going into the NWAACC championships looking to win.

"I don't want to get too excited about it, but I want to win," she said.

And she has an excellent chance of doing so.

Her top competition will be Spokane's Ashley Hadway, whom she barely lost to in the two meets where they ran against each other. She said she wants to try to mess up Hadway's strategy by forcing her to lead the race, which she has never had to do.

"It's kind of exciting to be a favorite," said Kamm.

Kamm has not had a problem accomplishing her goals this season.

She wanted to break 19 minutes in a 5-kilometer race, and did more than once this season.

Reaching all of her goals has not always been easy for Kamm. She has had to deal with shin splints all season. However, these are nothing new to her.

"They are a common occurrence in cross country if I try hard," she said.

In addition, Kamm has a 15-month-old son. She must manage her time between cross country, school, work, and her family, but says she has a lot of support from her mother and

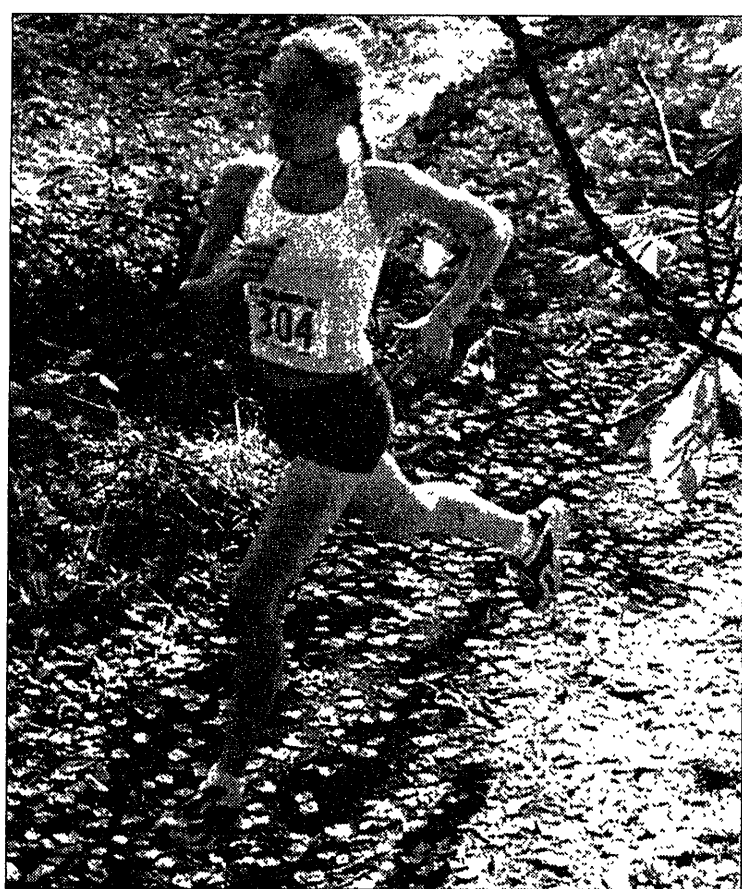


PHOTO BY AMBER TRILLO

Amanda Kamm has become the T-Birds' premiere runner.

other family members.

Kamm sees cross country as a part of her future.

She is looking to transfer to

either Eastern or Central. She plans to major in education and definitely continue to run cross country.

November 6, 2003

The Thunderword

# Volleyball lacks consistency in tourney play

BY NATHAN BRINK  
STAFF REPORTER

After going 2-3 in the Crossover Tournament at Bellevue, the Highline women's volleyball team has an overall record of 13-8, and a division record of 8-3.

The playoff standings have Clark in first place at 10-1, Tacoma in second place at 9-2, and Highline tied with Green River for third at 8-3.

In the Crossover Tournament, Highline defeated Green River in straight sets on Saturday, Nov. 1, 30-22, 30-6, and 30-22, but lost to Bellevue of the North Division (8-1) in five sets 30-27, 30-25, 22-30, 27-30, and 16-18.

"We're talented enough to beat Bellevue," said Head Coach John Littleman. "But we don't play consistent enough to win out. We made a valiant effort at the end of the game, but came up short."

Highline got two rocks in its candy bags on Halloween, losing to Bellevue 30-23, 30-22, 21-30, and 30-25, and 8-2 Spokane of the East Division 30-23, 30-21, and 30-18.

In what may turn out to be a playoff preview, the Lady T-Birds faced 4-4 Chemeketa of the South Division and beat them 32-30, 29-31, 30-25, and 30-26. Michelle Aurelio was one of only six players in the tournament to be named to the tournament all-stars.

In league play, Highline kept

its playoff hopes alive by crushing Centralia (1-10) in straight sets 30-17, 30-22, and 30-15.

Aurelio had 15 kills, and Tymmony Keegan pitched in with 12.

Results from three key matches that took place Wednesday, Nov. 5 were not available at press time. First, Highline traveled to Pierce (3-8) with hopes of collecting its ninth victory. Green River was also on the road against 1-10 Grays Harbor, and should move to 9-3. Meanwhile, Tacoma may well have dropped to 9-3, as they hosted Clark.

"We're going to think victory," said Tacoma Head Coach Paula Schwan. "But we have a player injured, and we're realists."

Should Highline, Green River and Clark take care of business, there will be a three-way tie for second place.

The Lady T-Birds host Green River Friday, Nov. 7, at 7 p.m. When the dust settles, Green River should be in sole possession of fourth place. The scramble then becomes to proper seed Highline and Tacoma for the playoffs, as they split the season series.

"If we finish the season tied with Highline, there's a matrix that the league will use to determine the tie-break," said Schwan.

Highline's final game of the regular season will be at Lower Columbia (4-7) on Wednesday, Nov. 12, at 7 p.m.

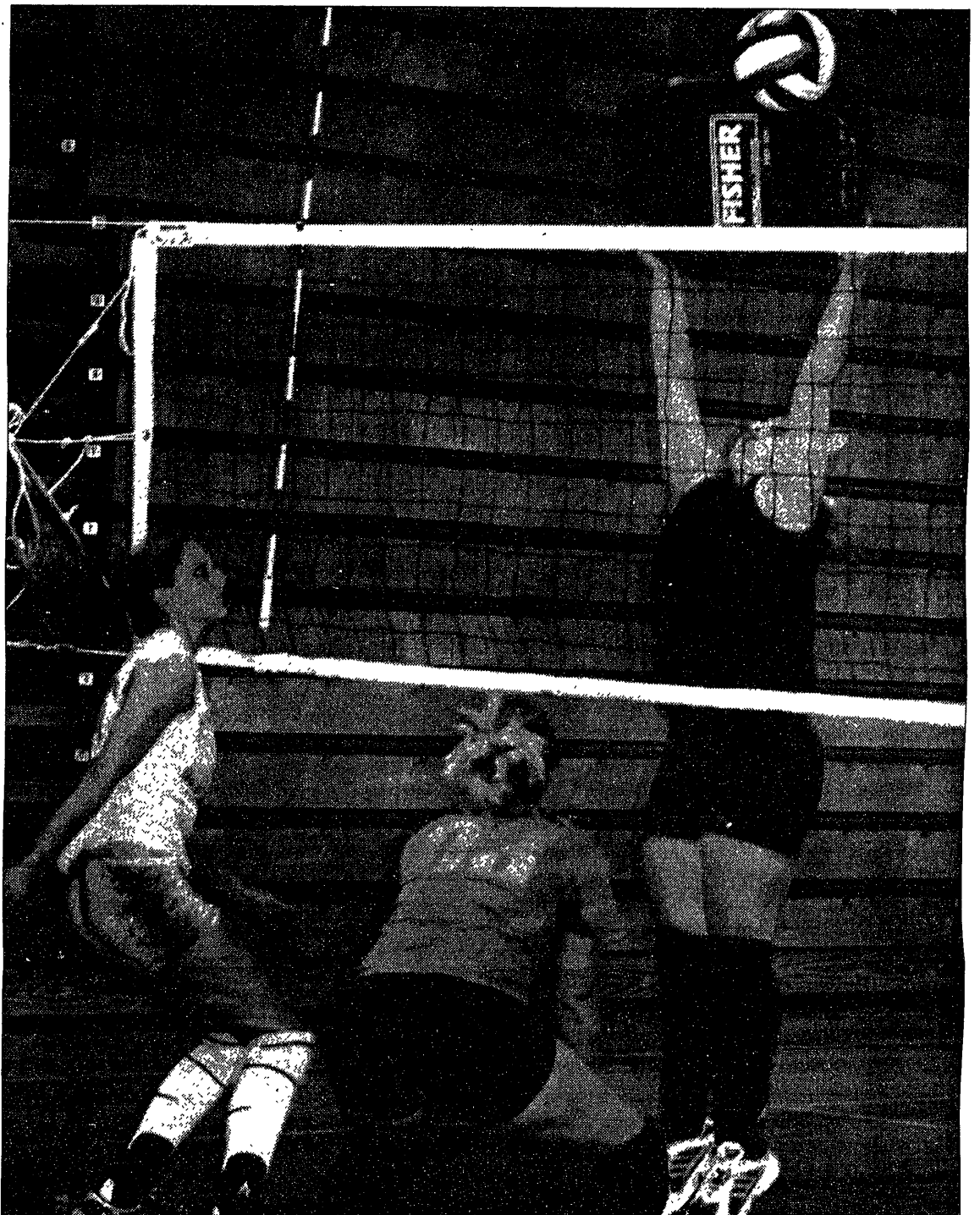


PHOTO BY MELISSA FLESCH

Courtney Williams bumps while Jenna Bloczynski and Kylee Edwards ready for a return.

## Scoreboard

### Men's Soccer

NORTHEAST	W-L-T
Skagit Valley	11-2-4
Edmonds	10-1-4
North Idaho	8-2-6
Walla Walla	8-2-6
Treasure Valley	6-3-6
Wenatchee	5-8-3
Spokane	4-8-4
Columbia Basin	2-12-1
Everett	0-16-0

SOUTHWEST	W-L-T
Highline	17-0-1
Bellevue	16-2-0
S Puget Sound	11-6-1
Clark	10-7-1
SW Oregon	10-7-1
Shoreline	7-8-3
Tacoma	6-10-2
Green River	6-11-1
Peninsula	1-16-1
Pierce	0-17-1

### Nov. 1 Game results

Edmonds 1, North Idaho 0  
Walla Walla 12, Everett 0

S. Valley 2, C. Basin 1  
W. Valley 2, Spokane 1  
Peninsula 7, Pierce 3  
Highline 2, at Shoreline 2  
Clark 3, SW Oregon 1

### Oct. 31 results

Edmonds 2, Spokane 2  
C. Basin 4, Everett 0  
Walla Walla 3, S. Valley 1  
North Idaho 4, W. Valley 1  
S. Puget 2, SW Oregon 0  
Tacoma 7, Pierce 2

### Women's Soccer

NORTHEAST	W-L-T
Walla Walla	12-2-2
Spokane	10-2-4
North Idaho	10-3-3
Edmonds	9-3-3
Treasure V.	9-4-2
Wenatchee	5-10-1
Skagit V.	4-11-0
Col. Basin	2-11-2
Everett	0-15-1

### SOUTHWEST

Highline	11-3-2
Clackamas	10-5-1
Clark	7-3-6
Green River	8-5-3
Lower Col.	8-5-3
Shoreline	5-6-5
Bellevue	5-8-3
SW Oregon	4-7-5
Tacoma	0-16-0

### Nov. 1 Results

Edmonds 1, North Idaho 1  
S. Valley 2, C. Basin 1  
Spokane 2, W. Valley 1  
Bellevue 1, Green River 0  
Shoreline 1, Highline 0  
Clark 1, SW Oregon 0

### Volleyball Standings

NORTH	W-L
Bellevue	8-1
Whatcom	8-1
Edmonds	7-3
Everett	5-4
Shoreline	3-6
S. Valley	2-8
Olympic	0-10

### SOUTH

Clackamas	7-1
Mt. Hood	6-2
Chemeketa	4-4
SW Oregon	3-4
Lane	2-5
Linn-Benton	1-7

### EAST

Spokane	8-2
Columbia Basin	7-2
Yakima Valley	7-2
Walla Walla	5-5
Treasure Valley	4-5
Big Bend	2-8
Blue Mountain	0-9

### WEST

Clark	10-1
Tacoma	9-2
Highline	8-3
Green River	8-3
Lower Columbia	4-7
Pierce	3-8
Centralia	1-10
Grays Harbor	1-10

### Bellevue Tournament

Oct. 31  
Bellevue d. Highline  
30-23, 30-22, 21-30, 30-25

### W-L

Green River d. Chemeketa,  
31-29, 31-29, 30-27

Bellevue d. Chemeketa,

30-27, 15-30, 30-25, 30-26

Spokane d. Highline

30-23, 30-21, 30-18,

Spokane d. Green River

30-26, 30-18, 30-26

Highline d. Chemeketa

32-30, 29-31, 30-25, 30-26

Nov. 1 results

Bellevue d. Green River

30-17, 30-27, 30-24

Spokane d. Chemeketa

30-26, 30-24, 27-30, 30-23

Spokane d. Green River

25-30, 30-26, 30-26, 30-22

Highline d. Green River 30-

22, 30-6, 30-22

Chemeketa d. Green River

30-25, 31-29, 30-19

Spokane d. Chemeketa

30-25, 31-29, 30-19

Bellevue d. Highline

20-30, 23-30, 30-28, 30-26, 18-

16

Championships:

Bellevue d. Spokane

30-27, 30-22, 32-30



## Big boulder left behind to be integrated into campus

BY JESSICA BROWN  
STAFF REPORTER

Out of the 13,500 cubic yards of soil and rock taken out of the Higher Education Center site, one boulder stands above the rest. In fact, it's so big that the architect decided to keep it and integrate it into the landscaping.

Although it may seem like a mere rock, the boulder's exceptionally large size will make it a prominent feature on campus.

The estimated weight of the boulder is 200 to 220 tons. That's the weight of about five and a half full-sized, fully-loaded semi-trucks.

The geo technical engineers from GeoEngineers, Inc. estimated the boulder to be 11 to 12 feet high. It is about 55 feet in circumference.

The large boulder found on the Higher Education Center site will become an aesthetic portion of Highline's landscaping. The boulder will be integrated into the building's sidewalk.

"There are scratch marks on the side of the boulder from moving it, so we might end up covering it with moss or something to cover those up," said Linda Helm, project manager for the Higher Education Center. Although no definitive plans have been made about covering the rock with moss, concerns have been raised about graffiti, and moss seems to be the obvious solution.

Mortenson, the construction company working on the site, had to move the boulder from



PHOTO BY MELISSA FLESCH

The Mortenson Construction company had to move the 200-ton boulder out of the way of construction. When construction is complete, the rock will be integrated into the design.

the building's footprint so it wouldn't get in the way of the construction.

Blowing the boulder up in order to get it out of the way of the building would have been one solution the construction company could have done. But the striking size of the granite rock will make it a nice accentuation of the building.

"The architect felt it would be a great architectural feature,"

said Helm.

### Loose Bricks:

Director of Facilities Pete Babington said Highline students should not be too alarmed about earthquake safety since buildings 3, 7, 10, 12, 13, 17, 21, and 22 have been retrofitted and brought up to recent earthquake codes.

Retrofitting has included bolting the walls to the foundation, as well as reinforcing con-

necting walls with steel.

•An excavator from the Child Care Center hit a city water main with an excavator on Oct. 30. The piping was located on 240th and should have no effect on the campus or the construction project.

"The piping was in the wrong spot, we were digging where we didn't think there was pipe," said Steve Johnsen, superintendent of the Child Care

Center site for Construction Enterprises and Contractors, Inc.

The city of Des Moines is responsible for patching the pipe.

The Child Care Center and the Student Union building should be completed by fall 2004, and are on schedule and within budget.

•The Higher Education Center is also on schedule and within budget, and should be completed by fall 2005.

## Muslim scholar finds tie between modern science and Quran

BY DAVID PORADA  
STAFF REPORTER

The Quran predicts a number of recent scientific discoveries, a Muslim scholar said here last week.

"Everything the human mind can think of has been explained in the Quran," he said.

During a speech sponsored by the Islamic Club, Ahmed M. Awal said, "The Quran has presented a genuine challenge to mankind, leaving only one alternative, that this information was revealed by some divine being."

The Quran provides a number of miracles that verify its divine nature.

This evidence was written in the Quran 14 centuries ago, said Awal.

The Quran was revealed to Muhammad over a period of 20 years.

He was born in Mecca,

which is now in Saudi Arabia and started receiving revelations from Allah at the age of 40.

During the speech on Oct. 29, given in Building 7, Awal read several verses in both Arabic and English from the Quran.

Each verse was backed up by recent scientific discoveries.

During the past hundred years scientists, like Carl Sagan, explained how the universe came to be.

"In the central core heat and a explosion took place; the scientists called it the Big Bang Theory," said Awal.

Reading from the Quran, Awal said, "Do not the unbelievers see that the heavens and the earth were joined together."

"No human in the seventh century could have ever quantified this in their own mind, that the universe was at one time gathered and then separated," said Awal.

Another topic that he discussed was how the Quran depicted the cycles of clouds and rain.

"The small cumulus clouds pack together and form cumulonimbus clouds, then they rise and start raining, this is what men of science tells us," said Awal.

Reading from the Quran, Awal said, they do not see how we gently join them together (clouds), then make them into a stack (rain clouds), and then you see the rain come out of it.

At the end of the speech students were allowed to ask a few brief questions.

One Highline student asked if there are any contradictions to the Quran in science.

Awal told the student that the Quran does not change, it is science that changes.

He said that scientists once thought the earth was flat, and

that obviously turned out not to be true.

If you would like to view the

speech in its entirety, you can go to <http://flightline.highline.edu/bhier/miracles.htm>

Thinking about  
your future?

Want to earn  
real-world  
experience &  
college credit?

*Think  
Co-op*

Bldg 19 Room 107





November 6, 2003

The Thunderword

## Puget Sound Blood Center needs your help

**By RACHEL SCANLON**  
STAFF REPORTER

The Puget Sound Blood Center (PSBC) is always in need of blood donations, but that need is much stronger right before and during the holidays. Highline students will have the opportunity to save a life by donating at the school on Nov. 26, the day before Thanksgiving.

Team Highline has organized the blood drive with the help of Christine Martin, the donor representative for Highline. The drive is scheduled to take place in Building 2 from 9 a.m. to 3 p.m., with a break from 11:30-12:15.

Each month, PSBC provides blood and laboratory services for over 20,000 transfusions. A transfusion is a procedure to correct a deficiency of blood or its parts (such as plasma). A person requiring a transfusion may need whole blood or blood components added directly to the bloodstream.



FILE PHOTO

**Trina Banks works for the Puget Sound Blood Center.**

"(PSBC) needs blood every day," said Martin. "It is a national issue. We should be operating on a four day (blood) supply, but we are operating on a

two day supply."

Martin said that regular donors-and new donors-tend to forget about donating blood during the holiday seasons. People become wrapped up in planning and in the festivities, so donating blood is no longer a priority. Unfortunately, there is an increase in car accidents during holidays, and the chronically ill patients whose lives depend on blood transfusions still need help no matter what time of year it is.

"This is why this drive is so important," said Martin.

Even with the chance to save someone's life, many people are wary to donate blood. A com-

mon fear of potential donors is that the process may not be safe.

"All of the equipment (used for drawing blood) is new and used only once," Martin said.

Another worry is that donating blood leads to faintness or light-headedness. Martin said that preparation will keep these things from happening. She suggests eating breakfast, drinking plenty of juice and water, and avoiding coffee and nicotine the morning before donating.

"(Caffeine and nicotine) are diuretics," she said. (Diuretics lead to fluid loss.)

Martin also said that after donating blood, a donor should sit for about 10 minutes and drink some juice and eat a cookie.

The third most common reason for not donating is that the process will take a long time, and will be painful. Martin said this is not the case.

"Before donating, you must fill out a questionnaire take a

mini-physical," she said. "The whole process takes 35-40 minutes, but the actual (blood drawing) only takes 7-10 minutes."

For those students who are scared of needles, the slogan of PBSC should be kept in mind: "By donating blood, you can save up to three lives."

A successful drive requires at least 42 donors, so the goal for this drive is 50 students. Anyone who weighs at least 110 pounds, is healthy (no cold or flu), and is at least 16 years old can donate blood (sixteen and 17-year-olds must have their parent or guardian fill out a permission slip, available on the PSBC website at [www.psbcc.com](http://www.psbcc.com) or from Hai Ton at [hton@highline.edu](mailto:hton@highline.edu)). Pregnant or nursing women cannot donate. Students interested in donating can sign up in Building 6 from 8 a.m. to 5 p.m. Monday through Friday.

For more information contact Christine Martin at 206-293-2087 or visit PSBC's website.

## Plan B offers alternative form of emergency contraception

**By MISTY PHILLIPS**  
STAFF REPORTER

Highline student Christopher Urbas and his girlfriend decided that they were at the stage in their relationship that they would have sex. However they are not ready to be parents, so when having sex they take precautions.

"Nervousness comes with a torn latex and rightfully so. It is necessary to protect ourselves from unwanted pregnancy and when plan A fails, plan B is nice to have," said Urbas.

Plan B is a new form of emergency contraception. It is a way to prevent pregnancy after unprotected sex or if your contraceptive fails. You should use Plan B if you had unprotected sex within the last 72 hours and you don't want to become pregnant.

After the incident of the broken condom, Urbas and his girlfriend went to Planned Parenthood the next morning to get Plan B.

"Emergency Contraception can be 98 - 99 percent effective, especially if taken in the first 24 hours after unprotected sex," said Carole Mullin, a family planning specialist at Public Health - Seattle & King County.

Plan B works by temporarily stopping the release of an egg from a woman's ovary. It can also prevent an already fertilized egg from attaching to the uterus.

"The pills will not work once a pregnancy has started, so women who are already pregnant should not use it," Mullin explained.

Some people mistake emergency contraceptive pills for the abortion pill. They are not the same thing. There is no evidence that Plan B will harm a developing fetus.

The Food and Drug Administration has approved Plan B as a safe way to reduce the chance of pregnancy after unprotected sex.

"Plan B has few side effects. 95 percent of women do not experience nausea with Plan B," said Mullin.

On the other hand some people do experience side effects which include, feeling sick to their stomach or vomit, sore breasts, headaches, dizziness or can cause your period to be late or a little early.

"A woman can get emergency contraceptive pills from her regular health care provider, from a Family Planning Clinic such as Public Health, Planned Parenthood, the Public Health Teen Clinics and, in Washington, from participating pharmacists," said Mullin.

Plan B is a safe and can be an effective way to prevent pregnancy although it does not protect you from getting sexually transmitted diseases.

Christopher Urbas and his girlfriend have only had one experience where they needed to

use Plan B. Plan B was effective and pregnancy was avoided. However during their

visit at Planned Parenthood the nurse gave them an extra pack just in case there was a time that

it was needed again.

"Plan B turned out to be a life saver," said Urbas.

## Annual Giving Tree

**What:** Highline C.C. Annual Giving Tree  
**Purpose:** Help families that are in need  
**How:** Donate gifts to families & individuals  
**When:** From Oct. 27<sup>th</sup> to Dec 5<sup>th</sup>  
(Please sign up ASAP)  
**Where:** The tree will be in front of Women's Programs



- Your department, organization, or club can sponsor a family or more.
- As individuals, you can sponsor a family or a person.
- Simply sign up, and we'll send you more info.
- Please share the love during this holiday season.

**Everyone is welcome to participate**

Sign up today by email Hai Ton at [hton@highline.edu](mailto:hton@highline.edu) or stop by Student Programs in Bldg 16, Room 101

Sponsored by

**Team Highline & Women's Programs**

# Domestic violence topic of presentation

BY CHANDRA SMITH  
STAFF REPORTER

Sheli Barber, therapist for the Abused Deaf Women's Advocacy Services, waved when she approached the microphone at a presentation to end domestic violence last Thursday, and more than 50 hearing and deaf students stopped applauding her and waved back.

"Clapping means nothing to the deaf community, so waving shows appreciation that everyone can see," Barber said through an interpreter.

The presentation, hosted by the American Sign Language Club, Women's Programs, and Highline security, highlighted the outreaches of ADWAS and underlined that domestic violence can happen to anyone of any age at any time.

"It is a rare occasion when our lives are not affected by domestic violence in one way or another, either personally or through a friend or through an acquaintance," Director of Women's Programs Marie Bruin said.

"I applaud your being here this morning because it shows that you have a commitment to knowing more about what you can do in order to help friends and coworkers and family members and others touching your lives from here on out that may have been affected by the very brutal, brutal effects of domestic violence in one way or another," she said in Thursday's opening statements.

For a hearing person, the presentation took on a different atmosphere from then on.

The entire presentation was interpreted from sign language and the room became very quiet after Barber began speaking.

Barber began the presentation by talking about the history of ADWAS, the first organization of its kind in the US and the world.



PHOTOS BY MELISSA FLESCH

Sheli Barber giving a presentation in sign language last Thursday.

The non-profit organization was formed in Seattle by a group of hearing and deaf women after a deaf woman was murdered by her deaf husband with an axe in 1986.

In its early formation, the group met in founder Marilyn Smith's basement, using an old door as a desk.

ADWAS has grown from a beginning budget of \$4,000 to \$750,000 in the past 17 years. The organization has 12 staff members, the majority of which are deaf.

All staff members must be

fluent in American Sign Language as ADWAS can only be reached by TTY, a kind of telephone the deaf can use by typing. In 1998, ADWAS received funding to provide training for staff members in new centers in 15 cities around the US including Texas, Florida, and Vermont.

"Some of the cities are still in the setting-up process," Barber said.

In 1999, ADWAS made a video that shows shelters and agencies how to serve deaf clients.

"There will be another video on sexual assault coming out in a few weeks," Barber said.

Barber said there is a need for videos that the deaf community can understand.

"Most videos are not captioned and not compatible for the deaf," she said.

The organization's priorities are to provide services for deaf and deaf-blind women who have been abused and sexually assaulted at home by way of a TTY hotline and videos. ADWAS has programs for the sexually assaulted and children who have witnessed domestic violence.

Starting Nov. 1, ADWAS handles all of the TTY calls

from the National Domestic Abuse Hotline.

Barber said she had outreached more than 20,000 people by way of public speaking. She spoke at Highline last year as part of a fundraiser with Krispy Kremes.

"After all this, we looked and there was still one thing that was not accomplished," Barber said. "There is no shelter specifically for the deaf. In 2005, ADWAS will open the first transitional home for the deaf community."

Barber explained that deaf women often feel uncomfortable because there are no modifications available in a regular shelter such as ASL interpreters and TTYs.

"The woman may go back to the abusive situation," she said.

ADWAS needs \$7.6 million to complete the shelter, and so far \$1.2 million has been fundraised through donations and events. The organization is now purchasing land for the shelter, which will house offices and meeting rooms where legal counseling and vocational programs will be held.

"We need \$140,000 in the next two weeks," Barber said. "The goal is to have an accessible, safe place."

Marilyn Smith received a Ford Foundation grant for \$100,000 for ADWAS, selected out of 1,200 nominees. Accessibility installations will include lights that flash when the doorbell rings and TTYs.

"We must work together to end domestic violence in the deaf community," Barber said.

After that, a silent video with closed-captions was shown. Barber may come back to Highline and speak in Spring Quarter.

"I'd like to come here during Sexual Assault Awareness month. I'll have more information about the sexual assault video," Barber said.



A Highline student, left, signs at the ADWAS presentation.

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November 6, 2003

The Thunderword

# Tough nursing program leaves students waiting

By MISTY PHILLIPS  
AND KASEY REGA  
STAFF REPORTERS

The Highline student knows that nursing is her calling. She takes all the right classes and gets all the right grades. However when it is time to get into the nursing program, she comes up short.

"I have a 3.97 grade point average and I didn't get in last year," said the pre-nursing student, who wished to remain anonymous. "Grades aren't the only factor."

Highline's Nursing Program is one of the most competitive programs here. More than 170 nursing applications were submitted last year with only 48 first-year students being admitted.

Nursing is a two-year program at Highline, with intense course work and many hours of out of class time. Graduates earn an Associate of Applied Science Degree and are prepared to sit for the Registered Nursing Licensure Examination.

Highline offers two options: the basic Registered Nursing program and the Licensed Practical Nursing to Registered Nursing articulation program.

Registered nurses can earn between \$3,680 and \$5,082 per month.

"Every fourth call to the Admission office is for information about nursing," said Donald Scott of Admission/Entry services. "The application process has changed over the last couple of years because of the high demand."

Scott explained that there are three parts to the nursing application. It includes the application, the factoring section and the proctored essay.

Scott went on to say that the factoring system includes grades from six prerequisites for a total of 24 points, work experience or degrees/certificates earned can receive 3 points, and a score of 1-6 points from the proctored essay, for a grand total of 33 points.

"This has changed from last year's total of 30 points," said

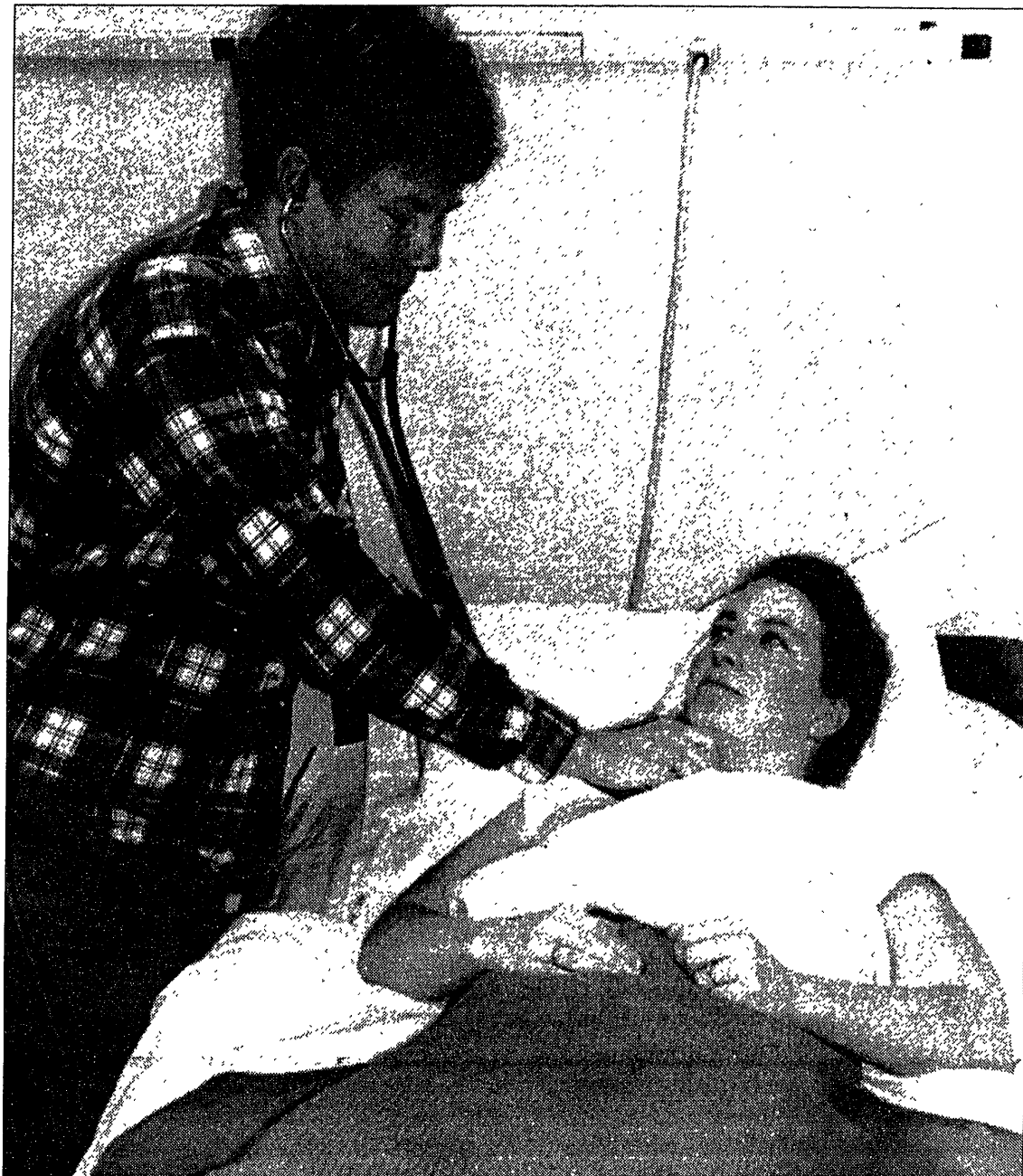


PHOTO BY MELISSA FLESCH

Rae Coleman, a second-year nursing student, practices her skills on Amy Rickard, a first-year nursing student.

Scott. The current first year class had points ranging from 25-29.

This isn't the only obstacle to getting into the program.

"Many of the six prerequisite classes are consecutive and require planning ahead," said Denny Steussy, Educational Planning & Advising. "We instruct students to look at all their options when seeking a career in nursing, not just our school."

Steussy explained that many classes fill up extremely fast during registration because these classes are required courses needed for other programs, not just nursing.

This makes it difficult to get into the classes. Students need to have a good registration date to be registered in the classes they need. Students have been signing onto waiting lists that can be up to 20 people long.

"Our nursing program is competitive," said Barbara J. Smith, program coordinator. "We have a selective admission process and accept students that are motivated, and have the proper skills to be able to complete the program."

Smith explained that most nursing schools have similar application processes.

Smith said that students need to be prepared for the program and that the six prerequisite courses are a big part of being prepared. Students who struggle with the prerequisites don't do well in the program.

"If you don't have a strong grade in anatomy you will not be able to get through the program," said Rae Coleman, second-year nursing student.

She went on to explain that some nursing students aren't really sure they want to be a nurse and the program should have a personal interview with the application to weed these students out.

Although an interviewing process sounds like a useful thing, Smith said they don't have the time to sit through more than 170 student interviews. Instead they use the proctored essay.

"The proctored essay wasn't fair," said the pre-nursing student, who wished to remain anonymous.

Donald Scott of Admission/Entry services acknowledged that last year there had been an oversight in the proctored essay and insists that it has been taken care of.

Also, the grading system for

"We have a selective admission process and accept students that are motivated and have the proper skills to be able to complete the program."

- Barbara Smith,  
nursing professor

a zero."

"As a department we teach nursing and don't have time to teach writing, which is a vital part of working as a professional nurse," said Smith.

Specific writing instructors grade the proctored essays to ensure complete fairness. Smith explained that all personal information is removed before the graders see the papers.

"For the student who did not make it into the program, I suggest that they polish their writing skills and volunteer in a medical setting to increase their points on the application," Smith said.

As for the anonymous pre-nursing student who didn't get into the program, she has new plans.

"I'm applying for Tacoma Community College's Nursing Program in the spring because I feel I have a better chance to get in there considering grades are weighted more heavily," she said.

the essays has changed to 1-6 points possible from last year's 0-3 points.

"It was too hard to grade the papers into just three categories," said Smith. "It was also discouraging to someone to get

## Transfer Students You Need To Plan Early!

### Fall Transfer Fair

Wednesday, November 12, 2003

9 a.m.-12:30 p.m. • Building 2

If you are transferring, you don't want to miss out on this fair! Over 15 college representatives in one location! Come by and find out what's required to transfer. Pick up application materials. Have your questions answered by the pros!

### All About Majors at UW Seattle Session

This is a special transfer session for students planning to attend UW Seattle! Hear from Kay Balston from UW Seattle Undergraduate Advising! Do you know if your major is considered "competitive"? What mistakes should you avoid in transferring? How can you best prepare for your major *while* at Highline?

Wednesday, November 12 (same day as the fair)

Choose one session: 12 p.m. -1p.m. OR 1:15 -2:15 p.m.

Building 22, Room 206. Just show up!

### Writing A Winning Personal Statement Workshop

Writing a good essay is an important part of the transfer application process. Be sure to attend this valuable session full of great tips!

Thursday, November 13, 2003 (the day after the fair)

1 -1:50 p.m. Bldg 10, Room 103

Check out the Transfer Center, Bldg 6, upper level

Email: [transfer@highline.edu](mailto:transfer@highline.edu)

Web: [www.highline.edu/studen/education/transfer/fair](http://www.highline.edu/studen/education/transfer/fair)



Barbara Smith



# Beauty spike: Highline student aims for pageant

BY ELIZABETH KEPHART  
STAFF REPORTER

Blythe Howard is busy.

She works, she plays on Highline's volleyball team, she is a full-time student, and as if that wasn't enough she is also competing in the Miss Washington USA pageant.

The pageant is Dec. 7 at IKEA Performing Arts Center in Renton. This is Howard's first pageant.

"I grew up watching pageants," said Howard. "Now that I am old enough I want to run."

Howard decided to compete last September when she turned 18. There wasn't a pageant in Maple Valley, so Howard contacted the state director and after an interview with the director and his panel she was accepted as Miss Maple Valley USA.

Howard looks the part of Miss Washington USA. She is 19 years old, 5'9", has dark brown eyes, curly dark brown hair, perfectly shaped eyebrows, dimples, and has a smile that would light up any room.

The competitors for Miss Washington USA are judged on swimsuit, evening gown, and an interview with the judges. Dec. 5 and 6 is when the interviewing takes place.

"In the interview you don't know what they are going to ask, so you have to be prepared for anything," Howard said.

Howard prepares for the interview by keeping up with current events. She reads the paper and looks online at CNN for the top 10 news stories.

In preparation for the pageant Howard is working on breaking in her shoes, practicing her walk, how to twirl in her dress, and trying to eat right. The hardest thing for Howard is trying to lay off the candy (her favorite food).

"I haven't had candy for four days. I am going through withdrawals," Howard said.

Howard is also getting help from her mom's good friend Kerry Lynn. Lynn also competed in the Miss Washington America pageant. Miss America differs from Miss USA



PHOTOS COURTESY OF BLYTHE HOWARD AND BY CHUCK CORTES

Above: Howard waves to local citizens in a parade as Miss Maple Valley Teen USA. Bottom left: Howard's headshot used for her pageant portfolio. Right: Howard at school.

because the Miss America pageant judges competitors on a talent. Competitors for Miss USA are not judged on a talent.

Howard will be attending Lynn's boot camp at Lynn's home in Vancouver for a weekend. Lynn will help Howard with what to expect and prepare Howard for the interview.

Howard also has a trainer who coaches her on the interviews, walking, and her overall stage presence.

"I can't say her name, but she is really helping me prepare myself not only for Miss Washington but for Miss USA," Howard said.

Sponsors help pay for all the expenses that come along with the pageant. Some of Howard's sponsors are BMD Sports in Seattle, Olson Mansion (golf course in Maple Valley), and her family and friends. Howard's family stands behind her 100 percent.

To compete for Miss Washington USA the contestants must choose a platform, which can be anything to help the community. Howard chose breast cancer awareness. She helps with Race For The Cure, which is to raise money for the Susan G. Komen Breast Cancer Foundation (in Seattle).

Howard's grandmother and aunt were both diagnosed with breast cancer. Unfortunately they were not survivors of breast cancer. Her grandmother died at 45 and her aunt died at only 24.

Howard's stepfather was in the Coast Guard over seas, so she set up a support forum for other kids with parents in the force.

If Howard wins the Miss Washington USA pageant, she will go on to Miss USA, and if all goes well at Miss USA she

will go on to Miss Universe.

Howard has been in volleyball since seventh grade. She has had offers to play volleyball for the University of Arizona, University of Southern California, Oregon State University, and Morgan State University in Baltimore.

Howard enjoys the challenge of playing volleyball and also plays beach volleyball at Alki. Playing volleyball in the sand helps Howard to be faster indoors.

"I am really enjoying playing

volleyball here at Highline. The girls are absolutely hysterical and just crack me up," Howard said.

Howard works at Buckle in Southcenter Mall. She was working 40 hours a week, but had to cut her hours down to 10 hours so she would have more time for the pageant.

She really doesn't have a lot of free time.

"I make free time when I am not at school and work," said Howard.

In Howard's free time she

likes to make movies with her friends with a home video camera. They made an *American Idol* and a *Blair Witch* parody.

"I kind of grew out of it, but it is still fun to watch the movies," said Howard.

Howard plans to stay at Highline and get her AA and transfer to Washington State University (W.S.U.). She wants to be a news anchor, and W.S.U. has one of the top communication programs.

"I hope this (pageant) opens up doors for me," said Howard.

It is not easy to be crowned Miss Washington USA.

It takes someone who is well rounded, responsible, a good leader, a good role model, has good stage presents, has confidence, and knows how to present themselves well, Howard said.



## Starting a life over...

Laid-off aerospace industry worker pursuing new career!



Bettye Wiggins-Stubblefield

- Favorite people to hang out with - Husband & three daughters
- Favorite around town activities - Movie watching, going to the library
- Favorite solo stuff - Reading, cooking & singing
- Favorite vacation activity - Road trips

After being laid off in 2001 Bettye is seeking a new career and is starting with an education at Argosy University/Seattle in counseling. "I found out that Argosy University has been around for at least 25 years and Argosy University/Seattle offers a degree completion program that nicely fits my career change and schedule. I'm entering a new phase in my life and career..."

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Have you completed a portion of your undergraduate coursework and wish to finish your bachelor's degree? Argosy University/Seattle has an accelerated program that allows you to complete 9-12 credits a semester while on campus only one evening a week! Our program prepares you for a variety of careers as well as providing an excellent foundation for graduate-level training. Financial aid is available for those who qualify. Call (206) 283-4500 or (866) 283-2777 for more information today.

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# Simple steps can help get rid of test anxiety

**By CHRIS MEINHART**  
STAFF REPORTER

Mary hadn't been to school in more than 25 years. She felt sure everyone in the class was smarter and quicker than she was.

"My first test was a disaster! I was so nervous I couldn't concentrate," said Mary, not her real name.

Many students experience a racing heart, sweaty hands, tense muscles and a restless feeling. And it isn't love - this is test anxiety 101. Acute physical symptoms like headaches or nausea can accompany mental or emotional symptoms like blanking out and panicking, according to Patricia Haggerty of the counseling department who holds workshops on test anxiety.

"In this state you may even misread questions, be easily distracted and do poorly on a test even when you know the material," Haggerty said.

"Since test anxiety is a habit that has formed over time; the good news is you can change it if you are willing to take the time: 21 to 30 days is the average time it takes to form a new habit," she said.

According to Haggerty, a Highline counselor for 30 years, you are what you think, do, say, or feel. What you think, do or say is governed by the Central Nervous System and you can control these functions.

With test anxiety your feelings are short-circuiting your thinking or cognitive skills. So even if you've studied and prepared, suddenly panic robs you of access to the knowledge and it's like hitting a wall. It's actually physiological.

"When you learn, neural traces are recorded in the brain. Many neural traces make up a memory groove. A person with test anxiety has to build a new memory groove for the new subject plus eliminate the negative self-talk with new positive messages," Haggerty explained.

To interrupt high anxiety levels and relax the body and mind visualize a serene beach or use this thought stopping technique: when your mind wanders or you feel anxious, picture a stop sign, hold up your hand and say "Stop! Stop it!" and focus on the task.

Haggerty did emphasize that math, science and foreign languages build on previous con-

seminars, and the tutoring center and counseling.

Finding out the source of your anxiety is essential too. For some it is making the transition from high school to college. For others it is having to translate everything from English that tips the anxiety scale to the danger level.

"Put one bad test score in perspective. Get all the credit you possibly can from the daily assignments and perhaps it will not weigh so heavily," Haggerty advised.

Feelings and emotions have a strong influence on our thinking ability. Since you cannot feel two emotions at the same time these exercises help you to substitute feeling anxious for calm and transform your self-talk into positive self-fulfilling prophecy.

It was this technique that really made a difference for Mary. She ultimately turned to the test anxiety and study workshops offered on campus.

"After the test anxiety workshop I did so much better my 10-Key teacher asked me what I had done to improve by 90 per-

cent," she said.

"The relaxation and breathing exercises I learned at the workshop to overcome test anxiety really worked!"

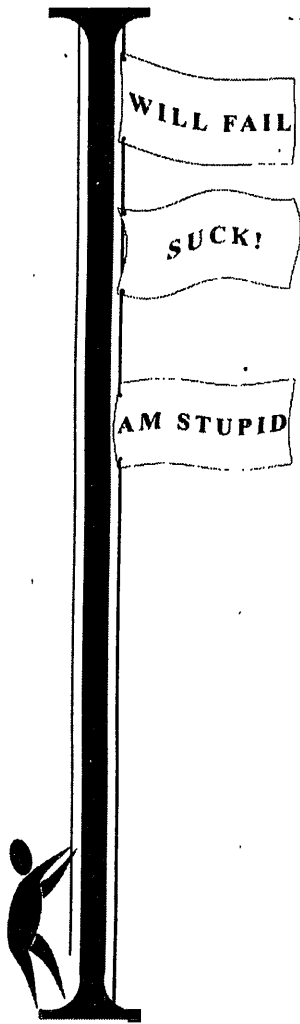
"That's not all I did. The positive self-talk Patricia Haggerty teaches was the clincher. My phrase was 'I am calm and confident.'

"At home I moved from the dining room table to a quiet room in the house away from all the noise - the bathroom.

"I also learned to read for comprehension by covering the paragraph after reading it and then put the key concepts into my own words. Once I did that it clicked. I understood what I was reading and no longer highlighted huge sections - just key points," she said.

With all the nervousness Mary initially had about college, she now exudes success.

"I really learned how to study more effectively. I think I can do this college thing now."



GRAPHIC BY MAK ZULJEVIC

cepts so it is vital that you attend all classes and prepare well.

Perfectionism coupled with all-or-nothing thinking can really add to test anxiety, as well as too much caffeine, Haggerty said. So can getting stuck on one problem or essay question.

Do the ones you know with the most points first she advises then go back and do the tough ones as time allows.

Mary also got a boost from her psychology teacher, Dr. Bob Baugher. He reinforced what she was learning by giving extra points for attending the workshops.

"I often hear, 'I studied six hours!' If I then ask the student to relate a definition they may have never put it in their own words. Therefore I suggest they do more self-testing as they read. In fact, self-talk is good but it will not make-up for lack of preparation or class participation," Dr. Baugher said.

"You need to know concepts backwards and forwards, and preferably in your own words," he said.

Haggerty stresses that awareness is that elusive first step to improving.

"Realize if you are getting behind or not grasping a subject that help is available: through

## Upcoming Student Success Workshops:

Nov. 6 - No barriers Workshop For Students With Disabilities

Nov. 12- AIDS prevention workshop

Nov. 19- Alcohol Awareness

Nov. 20- Reduce Holiday Stress

A new series of educational success and personal enrichment workshops are planned for winter quarter by the Counseling Department. To find out more call 206-878-3710, ext. 3353.

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## WINTER QUARTER JOBS!

The Thunderword has openings in Winter Quarter for the following positions: Photo editor, News editor, Opinion editor, Advertising representative. These are paid positions; experience required. Bring your resume to 10-106 and see T.M. Sell, adviser, for details.

## Salmon

Continued from page 1

"experience things myself rather than hear about other people's experiences," she said.

Maintaining and creating proper fish passage helps prevent salmon from becoming closer to extinction, she said.

In the 20th century the population for adult salmon in the Puget Sound was 690,000, declining to 51,000 in 1996, said Dennis Clark, public outreach coordinator for a coalition of local governments in South King County.

Although the population has experienced a decline in the past, the environment can be improved. Clark said that it's not just about the fish.

"A healthy environment for fish is a healthy environment for people," he said.

Clark said that a healthy environment begins with a watershed. A watershed is a basin-shaped area that drains to a central point. From this point, it empties into a river, lake or

ocean.

Watersheds provide, "drinking water, food, and forest products, flood protection, recreation, and a beautiful environment," for Chinook, Coho, chum, sockeye, pink, and steelhead salmon, he said.

In order to provide a salmon-friendly environment, people must create a healthy habitat for "food, shelter, spawning, and water chemistry," Clark said.

Salmon have their own peculiar personal chemistry. They spend half their lives in fresh water and half in salt water.

Adult salmon return to the fresh water - a river or stream - in the fall to spawn. The female lays up to 3,000 eggs, after which the male releases his sperm. They then bury the eggs, watching over them. Within a few weeks the adult salmon die, leaving the eggs behind.

Providing more life, the carcass of the salmon feeds the baby salmon as well as insects and other wildlife.

The eggs, still nuzzled in their nests, wait, incubating in cold clean water for three to four months. In February or March the eggs hatch and the

ones that survive swim, feed, and grow. Most don't survive due to suffocation, and nests being washed away, Clark said.

From that point the salmon head downstream, spending time in the Puget Sound for weeks or months. The further north they go the better the food.

After two to five years, something tells the salmon they need to come home. So they head back home using their sense of smell in order to find the very river they came from,

Clark said.

The salmon wait till fall when it begins to rain. From there they swim great distances to reach the same creek they were born in, and then additional miles upstream to find just the right spot.

Their efforts now have help.

With the opportunity to be outside and improve salmon habitat the students have "a sense of satisfaction that they did something with their own hands," Clark said.

Des Moines Marina Barnes Creek Mt. Rainier H.S.



## Elections

Continued from page 1

Student Government is hoping that they will find the people responsible soon.

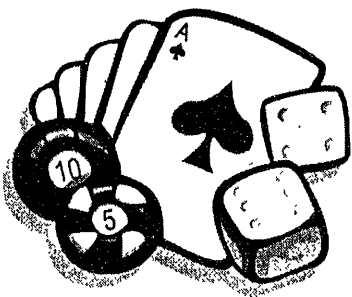
One way that they are investigating this is by looking for any patterns in the voting, collecting identity information, where the votes were cast, the time of the votes, the ballot numbers, and student ID number information. Student Government keeps all of the voting results and ballots in a different database for any future reference. They also are contacting individual students to see if they actually voted. Apparently many are turning up as registered, but did not vote.

At least one of the candidates said that she's going to stick it out.

"I'm not mad, this has all been really fun. It's been an opportunity to meet more people and seek out more opinions of what students want. I'm not giving up," said candidate Alicen Collier.

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