On-campus espresso stand faces rat problem

Waste dumping also an issue at Heavenly Cappuccino stand

BY BEN JOHNSTON
STAFF REPORTER

Rats have infested Heavenly Cappuccino's storage shed, leaving feces and chewing holes in the company's coffee bags.

The on-campus espresso company, which has a cart located outside Building 6, has had allegations of neglect made against them by a current employee.

These allegations have been largely denied by owner Brett Willard and the stand's manager, who asked only to be identified as Heidi, saying that employer-employee disputes are to blame for the claims.

Willard said that any safety or health concerns are being addressed.

The employee, who we will call Teri, came out last Thursday with claims that the espresso company and employees have been negligent, stating that rodents have made homes in the espresso stand's storage shed and have adulterated the food products.

She further claimed that food products have been left unlocked and unattended over weekends, and that liquid waste has been improperly disposed of.

"The coffee bean bags were tainted, the rats chewed holes in them and got into flavor products, tea, paper cups," Teri said. "There's no light in the shed and it's locked and unattended over weekends, and that liquid waste has been improperly disposed of.

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Later in the same interview, Willard stated that he knows everything that goes on at his stand, and nothing remotely connected to these types of activities could have occurred.

Last Thursday, Teri opened the shed in question for reporters and photographers and inside were found rat droppings in open cardboard containers containing tea packets and half-full sugar pouring containers. Rat droppings also littered the floor of the shed.

Teri said that the scene we saw was post-cleanup. "Since the quarter started it's been a problem," Teri said.

Willard said that he had told the manager to take care of the problem.

Another look at the shed given by manager Heidi on Monday showed that a more extensive cleanup had taken place sometime over the weekend. All of the food products had been taken out of their cardboard boxes and put in plastic sealed containers.

"Last week we found out about the rats," Heidi said. "We put things in containers and threw away all the bags that had been chewed."

Heidi said that the company lost hundreds of dollars worth of product over the incident.

"(The yellow jackets) would crawl in through the tops of the flavored syrup bottles. Sometimes there would be like 10

Administrative Tech: Virus has not done harm to campus

BY COLETTE WOODS
STAFF REPORTER

A new computer virus is spreading rapidly over campus, but there is nothing to be afraid of.

"This virus isn't a big threat on campus," said Gary McCune, help desk supervisor in Administrative Technology at Highline. "This isn't something that I haven't seen before. This virus hasn't done any harm to campus."

A virus is a type of file that can spread though an e-mail, instant messaging, and file sharing programs like Kazaa media. Most of the time, the file just wants to see how far it can spread into your computer, and is harmless. But there are some viruses that can erase your hard drive, or crash your computer. This new virus was discovered yesterday by McCune in an e-mail.

"The e-mail looked very unfamiliar to me," said McCune. "That's when I knew it was a virus. The virus is in the attachment, so as long as you don't open the attachment, you will be ok."

The harm that a virus will do to a computer and how easy it would be to get rid of it depends on the virus. Not all of them harm computers as bad as others, but it is always smart not to open anything that you don't recognize.

"People just need to have common sense," said McCune. "If it is from a familiar address, but if you don't recognize it, there is something wrong."

"Since the quarter started it's been a problem," Teri said. "We put things in containers and threw away all the bags that had been chewed."

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See coffee, page 16

See virus, page 16
Being yourself will help you succeed

BY DANA HAMMOND
STAFF REPORTER

Everyone is an ugly duckling.

Yesterday in Building 7, Dr. Perry Higman of Eastern Washington University used the classic tale of The Ugly Duckling to underline the key characteristics of success.

Higman stresses on the fact that in our current society, most of us are forced to conform and by conforming we lose the chance to be truly successful.

We all have different views of success, but Dr. Higman outlined his idea of the qualities for success as confidence, responsibility, ability to learn from your own failures and to realize that life has both ups and downs and to take them and to endure through it all. It is also important to engage in the world and not be afraid to be different.

The Ugly Duckling was Dr. Higman's prime example of being different and becoming successful because of it. The Ugly Duckling, you might recall, started the story as the enormous egg that would not hatch. When it finally did hatch, the duckling was disowned because of his ugly appearance and was forced to run away from home. He goes through all the hardships, but perseveres through them to finally become a beautiful swan.

Higman claims that we all like the ugly duckling in that we all have faced or maybe facing very rough spots in life. The important aspect is not that we have hardships, but how we react to them. We are all able to use our life experiences and learn from it, but choose not to.

"We are often fearful of our own abilities," said Higman.

Our abilities are what make us stick out, and that is why we keep them inside and isolated. In order to become successful, Higman claims, we need to be able to have opinions, be different and to feel different from the rest of the world.

"We need to be able to escape the negative aspects to get to the opportunities," Higman said.

Higher education opens the door to many opportunities. Many students here at Highline are eligible to join in the honors society Phi Theta Kappa, and are able to receive scholarships to four-year institutions, such as Eastern Washington University, but do not take advantage of it.

"You'd be surprised at how many students I had to hunt down to give $2,500 to," said Higman.

Only two out of the many from Highline received the $2,500 scholarship from the honors transfer program to Eastern last fall. Honors Colloquy meets every Wednesday at 11-2 p.m. in Building 7.

Campus Calendar

The Office of Minority Affairs at the University of Washington will be hosting individual appointments for students of color on Wednesday Feb. 4 from 9 a.m. to 1 p.m. in the lower level of Building 6. Students can sign up in the Transfer Center in the upper level of Building 6.

Tax help available

The program is called Tax Aide, and the students will electronically file tax returns at no charge.

The program will run from Feb. 17 to April 8 from 1:15 p.m. to 4 p.m. on Tuesdays, Wednesdays and Thursdays. The service will take place in the library room 120B. For more information, contact Accounting Instructor Geoffrey Turck at 206-878-3710, ext. 3117.

Food service forum meets Tuesday

Aramark Campus Food Services will be on campus to host a focus group about what is important to faculty, staff and students for the new student center.

Aramark will give all participants a $10 gift card to Blockbuster Video.

The focus group will take place from noon to 1 p.m. in Building 10, room 105 on Feb. 3. The sessions where students can attend will be at 11 a.m. and 1 p.m. on the same day. All students are welcome.

UW Tacoma offers scholarship

The University of Washington, Tacoma is offering a one year Phi Theta Kappa scholarship for incoming students.

The deadline to apply for this scholarship is March 1. For more information about this scholarship and requirements, contact Siew Lai Lilley in the Financial Aid Office.

For more information about other scholarships available at UW Tacoma, go to www.tacoma.washington.edu/final/.

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The GREAT RACE

America has made progress, but racism remains a problem, Highline students say

However, there's also a sort of flip side to this. According to Kevin Ericson, there may not be any real way to tell if someone's action is racist.

"Some people are hyper-sensitive," said Ericson. The victim experiencing the act may perceive it as racist when in reality that victimizer may just be having a bad day.

How can you judge, when you really can't be sure?

"Ericson says he's never taken offense to what someone said, so far. "I don't think I ever have...but there's no way to tell." It all depends on who you talk to and what type of person they are. "And you prefer just a lot of people," said Ericson.

Highline student Mari Tsukamoto came to the U.S. two years ago and hasn't really experienced anything either. "I haven't seen any racism. Yet," said Tsukamoto.

In truth, Tsukamoto would prefer it to stay that way. "People should be open to other people," said Tsukamoto. "Just don't judge by skin color."

Everyone has their own wishes to share when it comes to trying to lower the tide that is racism.

"You can't really have people like people. The more diverse we become as a culture the more racism will become less of an effect," said student A.J. Ramirez.

"It's just like a one-step at a time thing," says student Chuck Logan. He says it should be like an avalanche, starting with one person and effecting the others positively. "For me, it's treating people with respect based on their personality."

"They [racists] should have a more open mind," said student Carmen Bird. She advises people not to speak out of ignorance.

"They [society] need to teach multiculturalism even more, especially in elementary schools," said student Amanda Downs.

Actually, education may be the greatest weapon to use to strike down racism. Emmanuel Chiabi, a Highline professor of anthropology and political science, stresses the importance of teaching people that racism is there.

Chiabi wants to encourage more multicultural activities and expose all people to it. "As long as young people still show racist tendencies, I still think it [racism] is going to be there."

Gum-Lai Ross, who is a student in one of Chiabi's classes, says exploring what racism means to you and what it means to you is a step to understand it.

"Highline is not afraid to shed some light on the issue," said Donald Scott.
The number of fatal accidents on average while driving a basic passenger car with one or more occupants. For the hundreds of students and staff who take to the campus streets after sunset for nighttime classes, the dimly lit pathways leading to the North, South and East parking lots have been causing quite an alarm. Although security has listened to these voiced concerns, causing the lamps that line the murky paths to finally be turned on, the campus, as a whole, is still a mighty gloomy place. Some students are even going so far as to create a buddy system, complete with walking partners and/or chaperones to their respective vehicles.

Highline representatives have said that the hold-up on the much-needed light savings time. Just a hint: Daylight savings ended in October. And although faculty and students will be turning their clocks ahead come April, perhaps this year Highline should consider fixing the timer before three months have passed.

How's that for a light bulb idea?

If Highline ever becomes well known for something other than academic excellence, it would undoubtedly have to be this singular reality: truly horrendous parking lots. Any student who has a class between the hours of 9 a.m. and 11 a.m. is expected to not only face their clocks ahead come April, perhaps this year Highline should consider fixing the timer before three months have passed. This rather deranged mentality consists of, in no particular order:

A. Scanning the overcrowded parking lot, and if by some reason a space is about to be vacated, honking obnoxiously because the driver of the departing vehicle is not moving fast enough.
B. The common courtesy of not ruthlessly honking in on a parking spot that another driver has been waiting 15 minutes for.
C. Finding an innocent student who is simply walking to class, but who wouldn't want to face the inevitable by taking their prescribed route.
D. It is always every man and/or woman for themselves.

The winter weather students have recently been facing has only added to the unbearable stress found in the parking lots. Apparently the mere thought of actually having to walk a couple hundred feet in the rain or snow to class is a fate worse than death, but for anyone who has had enough of the war zone that has developed into the Highline parking lot, there is always an alternative. Seeing as waking up at 7 a.m. to grab that desired spot is not a popular option, students must face the inexcusable by taking their prescribed route; listening to some Enya and parking at Midway.

I realize that parking at Midway is both an insult to student drivers, not to mention a bit of a hike, but who wouldn’t want that little extra exercise? Bri maimed only one person while waiting for a parking spot this morning.

Midway: The Highline drivers' sanctuary
Director's passion imparted to *Lysistrata*

**BY JESSIE ELLIOTT**
**STAFF REPORTER**

The Winter Quarter drama production, *Lysistrata*, is a Greek comedy about women fighting back; they withhold sex until the men come to their senses and decide to end the war. Such a play can easily be turned into a simple man versus woman piece, missing all the elements that it should show off, such as the movement and physical comedy, and the unique humor. This challenging play will be tackled by a talented group of Highline students, guided by Guest Director Dora Lanier.

During one quarter of every school year, the Drama Department asks a theater professional to direct the quarter's play and teach a class at Highline. It allows a different point of view to be given to the production.

Lanier was asked to direct *Lysistrata* by the head of the Drama Department, Dr. Christiana Taylor, and Rick Logi, the stage manager at Highline. Lanier also was asked to teach Acting 121 this quarter.

Lanier is only here for this quarter, after which she will go back to being a freelance actress and director in Seattle. Lanier's most recent play was entitled *Change of Heart*, a project she worked on and a sparkle in her eye, showing how Lanier's most recent play was entitled *Federal Way Symphony* offers fine classical music, minus commute ter which she will go back to being a freelance actress and director in Seattle.

Lanier was asked to teach Acting 121 this quarter, at Highline. Lanier also was asked to act as stage manager at Highline. Lanier also was asked to teach Acting 121 this quarter.

Lanier is only here for this quarter, after which she will go back to being a freelance actress and director in Seattle. Lanier's most recent play was entitled *Change of Heart*, a project she worked on and a sparkle in her eye, showing how much she loves it.

It is easy to see why Lanier was chosen to take on this position; she has an energy and passion about her work that can be seen even in a short conversation with her. Lanier said the best part about directing is watching the students bring themselves to transformation for the role.

In her very first performance as an actor, Lanier played a gossipy neighbor in a choir vignette. "People laughed, and I thought, "Wow, that's cool,"" Lanier said with a laugh.

Stylistically, Lanier seems to be the right person to take on this task. She likes working with physical comedy and movement, as well as making people laugh. Lanier has a happy glow when discussing her idea to make this project different and distinct.

The style of the play is quite challenging. Lanier said it was difficult because she has to question everything, such as what is real for the time, what will offend because of the language. It is much easier to make judgments for contemporary plays because you know what the audience expects, she said.

Lanier has much experience in this field, with a master of fine arts degree under her belt and doing what she loves for roughly 12 years. All of the challenges that need to be met, like casting the right person in the right role, meeting with all the designers, blocking, getting the actors off book, and having production meetings, are things that Lanier takes on.

Though her passion for the subject can be seen in a short conversation, she admits that it can be stressful at times. Not only does Lanier know what to do from a directorial standpoint, she can empathize with the students from her own experiences with acting. The last role she had was Shirley Valentine, in which she had to memorize 55 pages of dialogue. "I have no sympathy for actors who can't learn their lines," she said with a smile.

With all of these challenges on her plate, Lanier admits that it is very easy to get behind with all of the paperwork and organization that goes on. It is easy to see how much she enjoys it because of the warm smile she has when talking about her work.

"The best part is getting to know the students," Lanier said.

"The best part is getting to know the students..." but, "I have no sympathy for actors who can't learn their lines."

-Dora Lanier, guest director

**PHOTO BY YOUNG CHUN**

**BY CHAD L. MARTINEZ**
**STAFF REPORTER**

Forget the traffic and the high cost of parking Seattle, the finest in classical music can be found right in our own backyards.

The Federal Way Symphony will perform in its newest venue, the St. Luke's Church conveniently located in Federal Way. The new venue will provide state of the art sound and lighting to your viewing and listening experience. "We are delighted to host the symphony in our church, the symphony will contribute greatly to our community and church," said symphony spokesperson.

Fred Fox will perform Richard Strauss's captivating Oboe Concerto, originally composed in 1945 during World War II. The Concert will be held on Saturday Feb. 7 at 8 p.m. and an encore performance on Sunday Feb. 8, at 2 p.m. The symphony was founded in Busken in 1960 and was called the Highline Symphony the orchestra then moved to Federal Way in 1985. Then they performed as the Federal Way Philharmonic for about 14 years until 1999. Finally, the orchestra took the new name of the Federal Way Symphony to springboard the orchestra artistically to in the 21st century.

Not only can the finest in classical music be found at the St. Luke's Church the symphony also premieres adult and youth artists from the surrounding communities. The symphony also boasts different genres of music such as exciting pop mixes that can be found on the Broadway stage.

The Federal Way Symphony also has a swing band that is dedicated to reintroducing an era long gone. With familiar tunes from movies and Broadway they will sure to have you swinging in your seats in no time.

The Federal Way Symphony has become extensively well known over the years. Performances have had regional impact including Beethoven's Ninth Symphony in the Seattle Opera House which opened the Goodwill Games.

See concert, page 6
Arcturus searches for the stars and talent

BY BILLY NAYLOR  
STAFF REPORTER

Do you have some art? How about a little fiction or poetry? The next deadline for submissions to the Arcturus will be Monday, Feb. 2.

The Arcturus is Highline’s annual student produced publication consisting of poetry, visual art and fiction writing. Since 1977, the Arcturus has been a platform used to give writers, photographers, and artists of Highline, a boost of self-esteem and the start of a reputation.

“It gave me a lot of confidence to see my work published,” said Tammy McPherson, former contributor who is now one of the editors of the upcoming issue of Arcturus.

Sharon Hashimoto instructs the group of passionate student editors whose job it is to critique the submissions made to Arcturus. Carmen Glover, Vincent Rendoni and McPherson make up the class of Editing: The Arcturus, a two-quarter course that makes the Arcturus publication its class project.

The theme for this years issue is, “Turning towards the sunlight, hopeward bound.” They are hoping to have more submissions that fit the theme. Before the end of the editing process the staff will have edited over 200 entries, but so far they have only gone through about 30, leaving the door of opportunity wide-open to all the students, faculty and staff of Highline.

What makes the Arcturus stand out isn’t just the poetry or art found in its bindings, but the fact that the majority of the whole book is produced by students, and exclusively at Highline.

Once the writing team chooses the pieces for the book, they must communicate their ideas and focus to the volunteers from Highline’s Production Illustration program.

The production illustrators’ task is to arrange the pieces while working with the editors to enhance the theme. While both teams try to work as closely as possible together, communication gets to be a problem.

“We have to keep the continuity and flow of the theme, or else it will look off,” said Hashimoto.

“Like a suit with an arm too long,” one editor added.

When the book is brought together, it is sent to the Printing Department at Highline. This Printing Department maybe the only student operated print shop of its kind in the Northwest.

Look for a copy of the 2004 Arcturus, an 80-page compilation of Highline’s talented community, in the Highline bookstore sometime after its publication in May/June.

To submit a piece of work, you can either give it to Sharon Hashimoto in Building 5, or address it to:

ARCTURUS, Highline Community College, Attn: Sharon Hashimoto, MS 5-1, P.O. Box 91000, Des Moines, WA 98198-9800.

Right author, wrong book

Last week in the article featuring Sharon Hashimoto’s book The Crane Wife, the wrong cover was reproduced. The book, which is available through local bookstores and Amazon.com, actually has this cover, and not the one by Odds Bodkins. Hashimoto teaches writing at Highline and advises the Arcturus, the college’s literary magazine.

The Crane Wife
Sharon Hashimoto

Concert

Continued from page 5

The symphony comprises about 60 paid musicians and is under the direction of the conductor Brian A. Davenport, who has spent more than 18 years building the Federal Way Symphony. Maestro Davenport has developed an international reputation for conducting in such places as Finland, Germany, Monte Carlo, China and Russia.

The Federal Way Symphony and maestro Davenport remain committed to bringing the finest in classical music to the residents of the South Puget Sound region, symphony officials say. The St. Luke’s Church, is located at 515 S. 312th St., Federal Way.

Tickets can be obtained by phone by calling 253-529-9857 and charging the tickets to either Visa or Mastercard. Tickets can also be purchased through their website at www.federwaysymphony.org. Tickets can also be found at the following local businesses, Westfair Home Decor & Gifts, 3186 Gateway Center Blvd. S., Federal Way and Archie’s Diner at Browns Point, 6620 East Side Drive NE, Tacoma.

Students 18 and under are admitted free to the symphony’s performance.

Help wanted

The Thunderword has an immediate need for an advertising manager. This is a paid position with daytime hours. It involves contacting local businesses to sell advertising for the newspaper and to service existing accounts. The ideal candidate will have a working car, a professional appearance and attitude, and the time to do the job. If you are interested, please bring a resume to T.M. Sell at the Thunderword. 10-106. E-mail thunderword@highline.edu for more information.
Ventriloquist Gene Cordova performs magic, comedy, and ventriloquism at Auburn Riverside High School, Saturday, Feb. 7 at Aubum Riverside Theater, 501 Gravetz Rd. This is part of the Auburn Arts Commission's Brave! Kids series. All tickets are $5 an seating is general admission. Call Auburn Parks and Recreation (253) 931-3043 for information.

Acturus 2004 Literary Submissions are wanted. The annual publication of Highline students, alumni, faculty and staff deadline is Monday, Feb. 2. The next issue will be released May/June of '04. Correspondence and a SASE and short biography may be addressed to: Acturus, Highline Community College; Attention Sharon Hashimoto, MS-B, P.O. Box 98000, Des Moines, WA 98198-9800.

Breeders Theater production of Grape Expectations will be performing at the E.B. Foote Winery, 1278 S.W. 153rd Burien on Jan. 30, and 31 from 7 p.m. to 9:30 p.m. Day performances are Feb. 1 at 2 p.m. Tickets cost $20 and include wine tasting and hors d'oeuvres. Call 206-242-3852 or 206 824-9426 for information.

Highline will feature music sponsored by Team Highline Jan. 29, from 10 a.m. to noon in the Cafeteria tent. Musicians are Herman Brown and Stin Steel playing Jazz, Funk and Blues.

Thinking about your future?

Want to earn real-world experience & college credit?

**Think Co-op**

Bldg. 19 Room 107

CROSSWORD SOLUTION

**Counter Attack**

**Across**

1 Pole
5 Raja's wife
10 Bleminah
14 Loft dweller
15 Coral reef
16 Pig container?
17 Musical nobleman
19 Lay waste to
20 Showing sound judgment
21 Danube hometown
23 Wire measure
24 Distinct aspect
25 Even though
29 Security org.
30 Singer Cole
33 Waldorf, for one
34 Actor Kevin
35 Bravo in Madrid
36 Jordan, e.g.
37 Follows cabinet
38 China container
39 Sense of self-importance
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45 Lincoln's birthplace
47 Fixed charge
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50 Atentions
51 Unclouded
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44 All dolled up
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47 Fixed charge
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50 Atentions
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52 Hook up with
53 Dry

**Down**

1 Like some computers
2 Skin product ingredient
3 Shock
4 Large quantities
5 Pooh's friend
6 Not ... sorry
7 Beat by a narrow margin
8 Actor Wallach
9 Elisha Graves Otis
10 Fling
11 Take a census
12 Related
13 TV actress Sofer
14 Fearful and hesitant
15 User-friendly image
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80 Fearful and hesitant
81 User-friendly image

**Outline Quote**

Thus the metric system did not really catch on in the States, unless you count the increasing popularity of the nine-millimeter bullet.

--- Dave Barry

*By GFR Associates* Visit our web site at www.gfpuuzzles.com
**T-Birds on a four-game winning streak**

**By Jordan Goddard**  
**Staff Reporter**

After a slow season start, Highline’s men’s basketball team moved another step closer to the NWAACC playoffs with a 73-64 win at home over the Lower Columbia Red Devils.

The Thunderbirds’ upset over No. 1 Lower Columbia on Saturday marked their fourth straight win. Highline’s 5-4 league record and 10-9 overall record puts them in fourth place, only half a game behind rival Green River.

The previous match-up between Highline and Lower Columbia ended in a crushing 34-point defeat for the Thunderbirds in their worst loss of the season.

“We came in saying ‘we’re not just gonna lay down like last time’,” guard Zenrique Tellez said.

The Lower Columbia Red Devils began Saturday’s game by jumping out to an early lead. A slow pace and tight zone defense allowed the taller Red Devils to quickly find a rhythm.

Highline’s bench refused to let Lower Columbia stay comfortable though, turning up the tempo and forcing them to run the floor.

Guard Aaron White contributed 14 points off the bench, thanks in part to a four-for-five effort from behind the 3-point line.

“Highline’s increased energy helped them take a two-point lead at the end of the first half. The T-Birds continued to push the pace after halftime. Unable to defend the athletic T-Birds’ up-tempo attack, the Red Devils quickly fell into foul trouble.

Highline went to the free-throw line 14 times, as opposed to only six trips to the charity stripe for Lower Columbia.

Highline finished with strong shooting in the final minutes, something they lacked in recent games.

“De La Riva demonstrated great decision making down the stretch,” Head Coach Che Dawson said.

The victory against Lower Columbia came after an 80-71 road win over South Puget Sound on Wednesday, Jan. 21.

“We came out a little sluggish. We brought our intensity level down to the level of our opponents,” Tellez said of Wednesday’s game.

“The gym was quiet. It was a Wednesday night. South Puget Sound is struggling. We had to learn to create our own energy,” Coach Dawson said.

Kellen Williams led the team with 24 points and nine rebounds. Zenrique Tellez contributed 12 points.

Brett Wusterbarth sealed the win by hitting a key 3-pointer with under a minute left.

“We managed to keep our composure and pull the game out,” Tellez summarized.

The Thunderbirds faced Green River Wednesday, Jan. 21 at home. Game results were not available at press time.

Highline faces Pierce College at home on Saturday, Jan. 31 at 3 p.m. The T-Birds take on Tacoma at home on Feb. 4 at 8 p.m.
The Lady Thunderbirds are two games away from NWAACC division one.

Highline Thunderbirds

KELLI MARCUS

40 Kelli Marcus
Nickname: Double Trouble
Height: 5'5"
Year: Freshman
Natural Position: Guard
Favorite Athlete: Kevin Garnett
Role Model: My dad

42 Bree Marcus
Nickname: Double Trouble
Height: 5'5"
Year: Freshman
Natural Position: Guard
Favorite Athlete: Gary Payton
Role Model: my brothers

BY BOBBY LEMMON
STAFF REPORTER

The Lady Thunderbirds are continuing to play amazing basketball, as they move into a tie with Green River for fourth place in the NWAACC Western Division.

With wins over South Puget Sound and Lower Columbia last week, Highline extended its winning streak to four games. The streak began after losing by only four points to first place Centralia.

"The more they win, the more confidence they get," said Head Coach Amber Rowe.

With just seven games remaining in the regular season, Highline (6-3) is only 2 games back from first place, and one game back from second place. The top four teams advance to the postseason tournament.

Highline hosted Lower Columbia on Jan. 24, and came out victorious, 67-60. Lower Columbia came into the game tied for first place in the NWAACC West, and ranked sixth in the NWAACC Horizon Air Coaches Poll.

Kelli Marcus led Highline with 19 points. Her twin sister, Bree Marcus, finished with 11 points.

"We won because we played harder and wanted it more," said Kelli Marcus. Rebekah Proctor had 16 points and eight rebounds. Michelle Aurelio scored nine points, while grabbing 13 rebounds. Aurelio is fifth in rebounds in the NWAACC.

The Thunderbirds' defense was the key to winning the game, as they held Lower Columbia to just 8-of-36 on 3-point field goals. Highline countered by converting seven out of its ten 3-point attempts.

"We (the coaching staff) developed a game plan before the game, and that was to make them (Lower Columbia) a jump shooting team," said Coach Rowe.

Lower Columbia came into the game with the fourth best defense in the NWAACC, allowing only 56.8 points per game, despite giving up 67 to Highline.

Highline traveled to South Puget Sound, where it won 67-58 on Jan. 21. Michelle Aurelio led Highline with 23 points, while controlling the boards with 13 rebounds.

Rebekah Proctor finished with 15 points, and Kelli Marcus had nine points to go along with eight rebounds.

"I don’t think I’ve ever had such a hard, yet fun season. It has been a challenging season, so it has been fun," said Rebekah Proctor.

As the season goes on, Highline continues to be successful despite barely having enough players to make it through.

"I originally wasn’t even going to play basketball, but it’s been an incredible season and I’ve come to love basketball. We’ve worked hard this season, and we’re becoming a better team," said freshman forward Tymmony Keegan.

The consensus around the players is that they have improved throughout the season and are jelling, becoming a better basketball team.

"We are a better team then we were at the beginning of the season," said Bree Marcus.

Highline has now played each team in the Western Division once. Highline faced Green River Wednesday night at home on Wednesday, however, results were not available at press time.

Highline’s Lady T-Birds end the month with a game against Pierce College on Jan 31. at 1 p.m. Highline plays Tacoma on Feb. 4 at 6 p.m.

PHOTO BY AMBER TRILL

Rebekah Proctor tries to get past an opponent in a game against Lower Columbia last Saturday. Highline is now tied with Green River for fourth place.
T-Birds feel ‘right on track’ after big win at home

By JESSE NORDSTROM
STAFF REPORTER

The Highline wrestling team snugged its 10th victory of the year last Wednesday at home against the visiting Aztecs of Pima CC, 27-19, improving their record to 10-4 on the year.

The T-Birds 7 p.m. match-up with Pima CC of Tuscon, Ariz. started only after Pima finished wrestling a dual meet two hours earlier at 5 p.m. against Clackamas CC of Oregon City, winning 25-24. For the fresh Highline squad, Kenne Pewitt started the night off at the 184-pound weight class, getting pinned with 10 seconds left in the second period.

After that, however, the tables quickly turned in favor of the hosting T-Birds. At 197 pounds, Pat Bradley answered back by pinning his man with 47 seconds left in the second period, evening the team score, 6-6. Next up, heavyweight Jacob Peterson accepted a forfeit, followed immediately by a very close and extremely hard fought battle at 125 pounds, won by Highline’s Kyle McCarron, 9-8. McCarron, going into the third and final period of wrestling trailing 6-3, triumphed after putting his opponent on his back for three clinching near fall points with only 30 seconds left.

“Students need to have this for part of their experience here at Highline,” said John Dunn, the athletic director here at Highline. “I want students to have the best experience they can while here at Highline. These students would love to have the convenience of a nice weight room I would use it every day.”

Another small weight room is not going to cut it. The students attending right now need to make this a priority here at Highline. If students show that it is important to have a new gym, then this can happen right here at Highline.

If a club quality gym is built it will not go unnoticed. Highline athletics would have the facilities they need to compete with the tough competition that is faced every year. Weight lifting plays a huge role in training in the off season for all sports.

The gym could be open to all students that attend Highline. There are many students that pay good money to have club memberships outside of Highline just to stay in shape. These students would love to have the convenience of a nice gym on campus.

Also if this happens the gym could be open to the public for certain hours. This would mean making money off of the gym, opening new doors for future projects at Highline.

It is necessary for Highline to put in this fitness center for everyone. A gym would bring a new look to Highline campus along with success in sports and happy students.

Mike bench presses himself everyday.

Lack of weight room facilities weighs down Highline

At the bottom of Highline campus there is an old storage room that has been emptied out. This room that once held storage boxes and old equipment is currently Highline’s weight room. Not exactly a college level gym.

It’s not just other colleges that have better weight rooms. Most high school facilities put Highline’s to shame. The Highline gym is very small and has limited equipment.

The weights are old and rusted. Pieces of equipment need to be replaced because they are falling apart. Also the gym has no platforms at all for power lifts, which is a huge part of increasing strength for athletes. Many students feel the same way.

“I think our weight rooms are a joke,” said Justin Binetti, who is a student athlete here at Highline. “If there was a nice weight room I would use it everyday.”

A new weight room would benefit athletes here at Highline without a doubt. New facilities would not just for the benefit of athletes though. The gym could be for everyone.

“Students need to have this for part of their experience here at Highline,” said John Dunn, the athletic director here at Highline.

“I want students to have the best experience they can while attending Highline,” said Dunn. Plans were in the works to have this type of weight room built here at Highline. Because of budget costs, the building where the new fitness center would have been put is no longer going to be built.

Next up, heavyweight Jacob Peterson and Patrick Bradley work their moves at practice on Monday.

Jacob Peterson was then given a forfeit win at the 133-pound weight match, following McCarron’s lead to a comfortable score of 21-6. Highline was forced to forfeit the 141-pound match, but won at 149 with a 7-4 Brandon Hunter decision.

At 157, Marcus Garthe temporarily replaced the injured Skylet; Marler, fighting hard but losing by major decision, 12-4. Next at 165, Brad Luvaa, lost by decision, 10-4, giving Pima their final points on the night as Highline’s Steve Hoyt finished the meet with a very tight 7-6 win at 174 pounds.

After the meet when asked about the team’s performance, the coaching staff was very pleased with the win.

“Norton is pushing towards the guys peaking for regionals and nationals and last Wednesday was a good indication that we’re right on track,” said Assistant Coach John Clemens.

“Pima is a good team that is well-coached and they were a good match-up for us. We’re not there yet and we have a lot of improving to do, but this win was very encouraging.”

Highline’s final regular season action is a tri-meet Friday, Jan. 30 at home against both Central Washington University and Clackamas CC. The first of the two duals for Highline is against CWU at 5 p.m. followed closely by a match-up against Clackamas at 7 p.m.

The T-Birds then head to Coeur d’Alene, Idaho on Feb. 14 for the Region 18 Championships, they will then travel to Rochester, Minn. for the NJCAA Nationals on Feb. 27-29.

NWAACC Men’s Basketball Standings

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NWAACC Women’s Basketball Standings

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Scoreboard

NWAACC Men’s Basketball Standings (As of Jan 28)

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High school diver triple gains into college track

By Mike Dickson
Staff Reporter

A year ago Alex Harcourt had no idea that he had the potential of being a 400-meter champion in track. The 5'10" senior with a muscular build was putting all of his time in at the pool.

In the winter of 2003 Harcourt was preparing for another year of diving at Kentridge High School. Harcourt had already made a name for himself in the sport of diving, making state and placing just the year before.

Another trip to state and top five finish was a great way to go out for his senior year of diving, but he never stumbled, winning every time he stepped on the track. In Harcourt's final race at state his running abilities were not uncovered until the year he stepped it up an other level, dropping his time and winning the race.

Harcourt couldn't lose. He finished up the regular season undefeated in every 400 he ran. Only three meets remained, including the state meet, where all the big-time runners come to together and battle it out to decide who is the fastest in the state of Washington.

The next three weeks Harcourt faced competition with times faster then him, but he never stumbled, winning every time he stepped on the track. In Harcourt's final race at state he ran a blazing 48.9 to claim the title as the fastest 400-meter runner in the state.

After the state meet Highline head track coach Robert Yates recruited Harcourt.

"He was one of the top recruits in the state," Yates said.

"When I realized there was a chance Alex would come here, I jumped right on it." Harcourt knew he was a talented runner and wanted to continue competing in the sport.

"I think I can just endure more pain then most people," Harcourt said.

From that point on Harcourt entered the open 400-meter dash at every meet his team attended. Every meet brought new competition and faster times. Each week Harcourt stepped it up another level, dropping his time and winning the race.

Harcourt hadn't wasted any time getting started this year. He already has broken the school record in his first indoor meet, running a 49.04. Breaking the old record that had stood since 1996.

Harcourt is now attending Highline and is currently running track. He has his goals set high, hoping to run to victory this year in the NWAACC championships. He hopes to run a low 47 in the 400.

Harcourt hasn't wasted any time getting started this year. He already has broken the school record in his first indoor meet, running a 49.04. Breaking the old record that had stood since 1996.

Harcourt is excited to see what he can do in the sport of track. "You never know how fast you can run," Harcourt said. "I'm really excited to see what I can do."

The first time Harcourt ever ran and he blew away everyone on his team. The next track meet Harcourt started entering running events.

He started out running short sprints like the 100- and 200-meter dash. He continued running the short sprints until half-way through the track season. Finally one meet he found his race when he entered the open 400 meter dash.

Harcourt started an 400-meter rampage with average time of 53 in his first attempt, but he won the race. Each race he lowered a little time of that 53, dropping quickly to 52 then 51. The 400 was Harcourt's race.

The 400 meters is a grueling race where the competitors sprint the entire time. Not a race for the weak, but it ended up being just the race for Harcourt.

"I think I can just endure more pain then most people," Harcourt said.

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Burien shop cooks up meat-filled treats

Australian Pie Company shows how pies are done down under

**BY KAREN MORROW**
**STAFF REPORTER**

The Aussie pie is no ordinary pie.

Comparing an Aussie pie to an American pot pie, according to Angus Wood, the owner of The Australian Pie Company, "the only similarity is the concept pie." When you bite into an Aussie pie, it is filled with steak and sauce. The steak is ground beef of top quality. The potato is applied later to the top of the pie and served warm. Aussie pies are unique, satisfying and easy to eat.

The Australian Pie Company, at 425 SW 152nd St. in Burien, opened six years ago.

Wood, a native of Australia, started the business from his kitchen because he says, "I missed my pies." With trial and error he perfected his receipts from home. Wood said that some customers tell him the pies are better than pies served in the bakeries at home.

The homemade pies are baked daily on the premises. When you enter the pie company, you will be greeted by the fresh smell of pies. There is limited seating and counter service.

A menu board lists the pies: Steak and cheese, steak and tomato with onion. Steak and mushroom, Chicken, and chicken with asparagus, and a vegetable pie is offered. The pies are kept in a warming oven until served hot.

A bakery case features assorted sweets, and the famous lamington pie that is sponge cake dipped in chocolate and iced with coconut. The lamington pie remains one of Australians' favorite desserts.

A bakery case features assorted meats, including steak and cheese, steak and tomato sauce.

The store is open Tuesday-Saturday; hours are 9 a.m. to 3 p.m. weekdays and 9 a.m. to 3 p.m. on Saturday.

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**Campus reloads ban on guns on campus**

If you're packin', college could send you packin'

**BY JOSIE JACOBSON**
**STAFF REPORTER**

It's official: Don't bring your guns to campus.

Although Highline has long had a ban on guns, college officials wanted to try to strengthen the measure by running the idea through the regular process for rule making at Highline.

"It was pointed out to us that the gun-free campus had never been through the policy renew process and perhaps should be," said Laura Saunders, administrative vice president.

"The new gun policy provides for reconciliation of differences, and is a more open and fairer process," Saunders went on to say.

The rule is no guns are allowed on campus, and the signs that are posted around are designed as a reminder.

The only people who are not subject to this are law enforcement officers.

Those who violate the policy will be punished accordingly, because carrying a gun is also going against the code of conduct as well.

Many students around campus agree with the rule.

"I like the fact that we can not have guns on campus because it is safer that way," said student Joshua Fitzpatrick.

If you get caught with a gun on the campus an incident report is filled out and sent to the violator. Shortly after the letter is received, an initial hearing is held.

"The nature of the evidence and surrounding circumstances would determine the severity of the sanction, which ranges from a warning to expulsion from the college," said Ivan Gorne, vice president for Student Services.

"I do not think some one should automatically get expelled. Depending on where and when the situation occurs are how the consequences should be decided," said Heather Sever, a Highline student.

After committing the crime, an appeal process is always another option. Regardless if the Guns on Campus policy is contrary to personal beliefs, it was assigned to our campus to look out for the best interest of the students and staff, and to keep Highline a safer place.
Highline rescues storm pipe amid new construction

By StAFF REPORTER

Senator pushes student book exchange

Community Relations Intern

Highline rescues storm pipe amid new construction

BY SARA LOKEN

Semtor pushes student book exchange

The construction site for the new student union building is all lit up at night as construction crews try to finish the building by fall.

Stephanie Raghubeer, student senator, wants you to pay less for textbooks.

Raghubeer takes her job seriously as the lead of the Highline book exchange project.

Student Government wants to set up a book exchange to allow students to sell their textbooks back to other students.

The goal is to lower the cost of purchasing books at Highline.

More volunteers are needed to make the book exchange a success, said Raghubeer.

Raghubeer is a Running Start student from Federal Way High School. A senior in high school, she currently holds a 3.98 GPA, and credits her accomplishments to her parents.

"They worked for everything they have; it's a good lesson to learn," said Raghubeer.

Raghubeer's parents, who are from Guyana, South America, moved to the United States in 1973.

Her father received his visa to the United States in 1980. They worked at McDonald's for about four years, she said.

"I just recently sat down and wondered what I wanted to do," said Raghubeer. She plans to major in medicine.

"I want to get my hands dirty," Raghubeer said.

Raghubeer eventually would like to be a part of Doctors Without Borders, a volunteer organization in undeveloped countries.

"I don't want to limit myself," said Raghubeer.

Although Raghubeer seems to be living a somewhat typical college student's life, she admits her social life is taking a beating.

"I want my friends to know I am still there for them, and they can still rely on me," Raghubeer said.

Raghubeer's advice on balancing both school and work is to relax.

"What ever happens, happens," said Raghubeer.

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Service Center in Issaquah. (PT-15-20hrs per wk.- 9-12 weeks) Internship to practice & learn skills for career in Journalism or Public Relations. Qual: Current student in P.R., or related field. REQ: Prev. exp. w/ computers. $7.16 per hr. Application deadline is Feb. 10, 2004. Application available on our website. Send to: HR, King County Library System, 960 Newport Way NW, Issaquah, WA 98027. 425-369-3224 Fax 425-369-3214

The new Student Union is being constructed on the east side of the new student union building.

The tree that used to stand in front of the old student union had roots growing down into the pipeline to the old student union.

"Most of the buried storm sewers on campus are 40 years old. Though that seems old, the system is mostly concrete pipe which is very durable and can last for a century," said Pete Babington, director of facilities at Highline.

The reason for many of the replacements on the pipelines is due to age, poor installation, lack of capacity and damage, Babington said.

Storm sewer pipes throughout Highline have been replaced because of the new construction.

"We have requested funding to replace the storm lines, as well as some other utilities that run North/South on the West side of Building 26," said Babington.

Loose Bricks:
The large piles of gravel located behind the new student union are back fill. Using earth movers, workers will fill in the gaps between the building, making it level with the ground.

On Feb. 9 workers will begin working on the roof of the student union. Don't be surprised if you find your nose burning with the smell of tar. "It's going to be smelly. You'll thank us later," McDonald said.

The construction site for the new student union building is all lit up at night as construction crews try to finish the building by fall.

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Asian Lunar New Year brings good fortune

By Amy Xayarat

Last Thursday, Jan. 22 was the Asian Lunar New Year, but Highline students will get a chance to celebrate it on Feb. 6.

That's when the Vietnamese Student Association (VSA) is holding its annual celebration of the Lunar New Year, bringing family and friends together where gifts are exchanged and family members bless one another. Deceased family and friends are also to be honored at this time.

The Lunar New Year is similar to the U.S. New Year, according to tradition, the Year of the Monkey lends everything energy and charm to burn as well as carrying over into other parts of life. On the first day of the holiday, people are dressed in new clothing to visit their family and wish them good luck as well as giving them red envelopes containing lucky money,” said Steussy.

The years in the Asian calendar are named for animals, each one representing different forces and ideas.

This is the Year of the Monkey,” said Hoan Nguyen, the vice president of VSA. According to tradition, the Year of the Monkey lends everyone energy and charm to burn as well as carrying over into other parts of life. On the first day of the holiday, people are dressed in new clothing to visit their family and wish them good luck as well as giving them red envelopes containing lucky money,” said Steussy. The years in the Asian calendar are named for animals, each one representing different forces and ideas.

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Prof saves Poison Squad from grave of history

BY ROB GOODMAN
STAFF REPORTER

Many people eat what they will, without ever knowing or caring what exactly goes into their food. This is primarily because the chemicals and food additives within them, are deemed safe by the U.S. Food and Drug Administration, and cause no substantial harm. However, food was not always as safe to eat as it is today.

Before the Pure Food and Drug Act was approved in 1906, in order to protect suspiciously harmful chemicals from being put into foods, something occurred that made numerous people in America aware of the issue of food abuse, and that was the poison squad of 1906, led by Harvey Wiley.

Science Seminar took a trip to the past last Friday, with an extremely remarkable and informative presentation from Highline history instructor Timothy McMannon on Wiley and the poison squad.

In a time when milk was cheaper, and when chalk was added to it, and one of the most common food preservatives was formaldehyde (the same thing used to preserve dead bodies), Harvey Wiley stood out as an advocate against such abuses in the food industry. The Chief chemist from the U.S. Agriculture department's Bureau of Chemistry, Wiley, according to McMannon, "firmly believed that any food additives made food worse."

To prove his beliefs, Wiley and fellow scientists set forth with the support and funding of the U.S. Congress, to prove that food additives were harmful to humans.

The poison squad, a coined term by the media, was properly known as the participants of the hygienic table. The squad, or participants, consisted of young men between the ages of 18 and 30. For five years, the men would sit down for breakfast, lunch, and dinner, to eat foods that were prepared with specific amounts of several commonly used food additives. The men were not told what food additives were in which foods.

The first additive tested was Borax, a chemically presently recognized as a household cleaning detergent. "That experiment was the model for the rest of them," said McMannon.

But too much of each additive added to each food was dis-tasteful to the participants, and they soon discovered which foods were being tested with the additives, and shied away from them.

To make the food more pleasing to the participants, Wiley switched the food additives to capsules so they would dissolve in the stomachs of the participants while they were digesting.

Wiley's purpose for the poison squad experiment was to seek for patterns or regular reactions from the participants in response to what they ate. He tested their feces, urine, and attempted to test their perspiration.

However, that test was not successful.

Despite small reactions the participants had, such as stomach aches and lack of energy, Wiley's results for his experiment were inconclusive. He could not link the reactions with the food additives. He could not prove that food additives were harmful. Many soon disregarded his attempts.

Wiley's poison squad experiment was neither relevant or solidly proven by scientific standards, but it did cultivate a credible impact in American culture.

As many more people became aware of the poison squad through the media, they also became aware of abuses in the food industry with the publication of Upton Sinclair's The Jungle, an introduction into the disgustingly abusive world of the meat industry at the time. In response to the hoopla, President Theodore Roosevelt passed the Pure Food and Drug Act in 1906, also unofficially known as "the Wiley Act," to establish a list a food additives that were safe, and which ones were not acceptable for use.

Wiley may not have achieved success he wanted with the poison squad, but he definitely gained notoriety as an avid activist against food abuse among Americans."

"What Wiley was really all about was keeping chemicals out of these foods, or at least informing people they were there," said McMannon.

He also enjoyed smaller accomplishments.

"He managed to keep some products off of shelves, at least temporarily," said MacMannon.

Even today, Americans and people all over the world are still concerned with issues regarding food production, as evidenced by recent controversies such as mad cow disease. "I think it's significant because we're still interested in what we eat," said McMannon.

None of the participants in the poison squad ever sustained serious injuries. In fact, the last surviving participant lived to the ripe age of 94.

Although their initial contribution seemed small, to many of the people of America they were considered to be very brave for their efforts.

"They were somewhat heros to the people of the U.S.," said McMannon.

This Friday's Science Seminar will be "Lost or Missing in America: Sleep," with psychology instructor Ruth Fricke at 2:10 p.m. in Building 3.
I have concerns with the campus facilities and coffee product has raised them (the employees) a chance to do with it.

Teri says that the owner, Brett Willard, has not only told his employees to dump waste but has actually done it himself.

"I told us to do it when no one was looking," Teri said.

"Manually..." he told out reporters that the drain in question is used for dumping the materials. In response, Willard has said that the campus has not supplied adequate dumping facilities, and that there are only coffee and soap products in the dumped material. "We would be willing to change that," Willard said.

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