For example, "wonder me go store where you" is interpreted as "which store did you just go to?". Deaf students who became deaf before learning any spoken language sometimes struggle with English. Usually, they can learn through lip-reading and written words. While hearing students are learning spoken and written English, deaf students are learning sign language.

A student may be born deaf or become deaf later in life. Most deaf people have residual hearing and some cannot hear anything at all. Therefore, each deaf person is unique with different needs and ways of communicating.

"Each deaf person is unique depending on how much hearing loss they have, when they lost their hearing, if their families sign so they can communicate with them (normally they don't), and their education," said Allen.

In the meantime, a deaf student would have an interpreter with them to attend classes, with different interpreters throughout the day.

"A deaf person needs the interpreter to communicate because they cannot speak English (nor being able to hear what is going on in class)," said Allen.

Side from needing interpreters in class, deaf students stress they are not different from other Highline students.

"I feel no different than hearing people," added Allen.

High-tech theft is costing college

Thieves are stealing electronics from Highline and it is costing the college a lot of money.

College officials have not yet released precise figures but thefts of data projectors have been a regular feature of security log of incidents for several years.

Recently on Feb. 5, room 105 in Building 17 was left unoccupied for hours. A Hitachi projector belonging to the school was attached to the ceiling when a staff member left, but when he returned the projector was missing. The projector was never recovered. Situations with missing electronics have been going on around campus for a while.

"Projectors are stolen the most," said security Chief Richard Fisher. These projectors run between $3,000 to $6,000.

"A Hitachi projector hanging from the ceiling. Each appliance is attached to a security device," said Allen.

In almost every classroom on campus some type of electronic device is present whether it is from a computer sitting on a desk, or a projector hanging from the ceiling. Each appliance is attached to a security cable, which is cut in every situation.

"I keep a computer on wheels in my classroom so I lock it every day," said Allen.

"I keep a computer on wheels in my classroom so I lock it every day," said Allen.
Instructors give low grade to low-carb diets

By Dana Hammond

Two of Highline's health instructors informed staff, faculty and students that the answer to healthy, permanent weight loss is as simple as a well balanced diet and regular physical activity. Last Friday, Feb. 27, Tracy Brigham and Keith Paton, both health instructors, held their quarterly health forum. This quarter's forum focused on the misconceptions of low carbohydrate diets, such as Atkins. "There is a growing popularity with low carbohydrate diets. The most popular question that I get is, does it work? The answer to that is yes and no," said Paton. The yes: If you are looking for efficient, short-term weight loss, low carbohydrate diets will work. The no: The majority of weight that is being lost is water and sometimes muscle, said Paton. Low carbohydrate diets are not healthy and will not work as a permanent weight solution, said Brigham. "There are some pretty scary statistics surrounding health issues right now, but we are going about solving them the wrong way," said Paton. The statistics revealed that 64 percent of American adults are overweight and a little less of half of them are obese. "Even worse, type two diabetes, which we thought could only be found in adults, is now showing up in children," said Paton. Fifteen percent of adolescents and children are over weight or obese. Weight has become a major fascination within our society and people are willing to do anything to fix it, said Paton.

"Low-carbohydrate diets are not healthy and will not work as a permanent weight solution."

-Tracy Brigham, instructor

Last year a total of $36 billion was spent in the United States on weight loss products. There is a healthy and permanent weight loss solution and it is nothing new, it is just that people don’t want to do it, said Brigham. If you want to lose weight you need to have a combination of a balanced diet and regular physical activity, said Paton. "I don’t use the word exercise because when I say exercise, people tend to shy away from it, so now I just say 'physical activity,'" said Paton. "This means just getting up and moving your body around. It doesn’t have to be rigorous exercise," said Brigham. When choosing a diet you need to consider many different factors. Brigham and Paton provided a list of diet characteristics to that you should watch out for and avoid. These include diets that:

- Promote or imply dramatic weight loss (one to two pounds per week is healthy).
- Promise diets that are extremely low in calories (less than 800 per day).
- Do not encourage permanent, realistic lifestyle changes including regular exercise and learning that food is not a coping device.
- Require large sums of money at the start or require clients to sign long-term contracts.
- Fail to inform clients about the risks associated with weight loss in general or the specific program being promoted
- Promote spurious weight loss products (most weight loss supplements have not been tested or approved by the FDA).
- Claim that the use of appetite suppressants or "bulking agents" enables the person to lose body fats without restricting calorie intake.
- Claim that a weight control product contains a unique ingredient or component.

If you have any questions relating to health or picking a healthy diet, you can contact Tracy Brigham, or Keith Paton.

To eat, or what not to eat?

Campus Life

CRIME BLOTTER

Feb. 27-March 3

Students get stereos stolen from vehicles

A Highline student parked his Ford Ranger at Midway at 9:45 a.m. on Feb. 27, only to later return at 1:05 p.m. to find his belongings, including the vehicle.

The driver’s side lock appeared to be broken which created entry for the perpetrator who stole a Sony stereo, 24-compact disks, and paperwork kept in the glove box. The value of the stolen goods was estimated at around $800.

A Highline student parked her car in the North lot off Feb. 27 only to later return at 3 p.m. to find her in-dash Kenwood disk player stolen from her Honda Accord. In addition the handle on the passenger side of the car was damaged. Nothing else besides the stereo was stolen from the car.

Just a case of mistaken identity

A suspicious man with long hair was spotted wandering around the maintenance shop behind Building 26 on Feb. 27. A staff member made a phone call at 3:06 p.m. to security regarding the man. The man was contacted and it turned out that he was waiting for maintenance to arrive so that he could work on the drainage system in Building 27.

Thief gets hold of projector from classroom

A data projector and the remote were reported missing from classroom 204 in Building 22 on March 3. At 10:30 p.m. the projector was noticed missing, but the exact time the equipment was stolen is unknown.

In order for the thief to steal the projector, which was sitting atop a computer on wheels, he made a cut in the security cable.

Compiled by Josie Jacobson
Prof gives reality check about AIDS

By Rob Goodman
STAFF REPORTER

"I'm sorry, you've tested HIV positive."

These six words can change a person's life forever, and for the 42 million people who have died from the AIDS virus, forever died.

Despite the fact that most people are generally aware of HIV and AIDS, about 100 new people become infected with the virus every day, said Dr. Bob Baugher, Highline psychology instructor and science.

"People often believe that it won't happen to them," Baugher said last Friday. "It's so easy to forget that HIV is out there."

Human Immunodeficiency Virus (HIV) essentially weakens the human body's immune system, making it susceptible to opportunistic infections. Some people in the early stages of HIV experience flu-like symptoms such as fevers and headaches, or others will experience nothing out of the ordinary at all.

As HIV continues to weaken the immune system, T-4 cells — vital white blood cells that fight infections in the body — will decrease. Once the cells decrease to 199 or below, Acquired Immunodeficiency Syndrome (AIDS) begins, meaning those who are HIV positive have reached the stage of "full-blown AIDS."

"About 50 percent of people with HIV will have reached the AIDS stage after the 11th year," Baugher said.

HIV can be contracted a number of ways through sex, including oral, anal, and vaginal sex, through birth, through blood transfusions, or through the sharing of needles. Reportedly, only one case of HIV has been contracted through deep kissing, Baugher said.

The virus itself is consistently found in blood, semen, vaginal fluid, and breast milk, although small insignificant amounts have been traced in saliva. Testing of the virus is an emotionally painful process, because for those who think they may be infected, the wait is excruciatingly long.

"For 95 percent of people it takes about three months," Baugher said. "AIDS loves the fact that you can't get tested right away."

The only sure-fire way to prevent infection is to abstain, but if this is the case, then why do so many people continue to have sex regardless of their AIDS awareness?

"We hate it like we are, people are sexual beings," said Baugher. "The question is what can we do to bring down the risk?"

Contraction is extremely vital to prevention of HIV and AIDS. In a study used to test the accuracy of condoms, 125 couples were separated into two groups: one who used condoms sometimes, and the other who used them consistently. The sometimes users resulted in 12 people with HIV infection, while none of the consistent users contracted the disease.

"Sometimes people get away with it," Baugher said. "Sometimes people don't." As far as vaccine studies goes, two substantial studies have been rendered to find a cure for AIDS. Both have failed.

"With 20 vaccine studies going on right now, we are still a ways away," Baugher said.

Until then, methods have been used to slow the deterioration of the immune system. One such drug used is called Protease Inhibitors, which allow those who are HIV positive to live longer in most cases. However, there is still no cure for AIDS, and those who are infected will eventually die, Baugher said.

Also, studies have been conducted on several HIV positive people whom some believe possess a gene resistant to HIV and AIDS called CCRK-5. The gene, believed to have come from the parents, may prevent some people reaching the AIDS stage, or at least it will take a long time for them to get there. However, no evidence on the CCRK-5 gene is yet to be found, Baugher said.

"HIV and AIDS awareness is present in many ways today, but it is not still as high as one might think. The media has yet to truly and significantly direct the attention of the world towards AIDS, especially in the United States, Baugher said. For instance, it's not very often that you'll see a condom commercial. At least not as often as you see a commercial about sexual activity.

"It's as if the marketers are saying, "Go out and have sex, but don't use condoms," Baugher said. [condoms] are controversial."

As the death toll rises, so must AIDS awareness. It's important that people understand the risk factors involved with sex, and the greatest place for people to learn these factors is through the media, he said.

"HIV is still a death sentence for many people, and engaging in risky behavior can end your life just like that," Baugher said.

"The media can demand that the media finds ways to deal with AIDS more efficiently."

For the Fall Quarter Seminar is to be announced, this Friday 2:10 p.m. to 3 p.m. in Building 3, room 103.

Safety Committee helps make campus safer

By Noellani Bacnis
STAFF REPORTER

The Student Government is hard at work for a safer and secured Highline campus.

"We want students to feel safe when they are on campus," said Rebekah Palmer, chairwoman of the Safety and Security Committee.

Robert Robertson, a member of the Safety and Security Committee, helped design a newsletter, The Guardian, which provides tips for personal safety.

Some helpful tips found in The Guardian include using a buddy system anytime possible. This will reduce the chances of attack while walking. When on campus, note the location of emergency phones, on to and from class. In the parking lot, keep cars in hand before approaching the car and lock the doors once inside.

There are also three rules recommended in The Guardian when considering a personal reaction to an attack. Trust self-instincts, do not be afraid or embarrassed to make a scene, remain calm and use good judgment. The Guardian newsletter is available in Building 6 and faculty buildings.

"We are currently working to reduce concerns from the security draft of Fall Quarter," said Palmer. The security draft allows students to voice safety concerns on campus. There has been a high demand by Highline students for the need for more lighting at night on campus. Complaints by students being followed and harassed on their way to Midway are also being raised.

The Safety and Security Committee are aware of these problems and are working on solutions. The committee is hoping to create a meeting spot for students to walk to Midway as a group. The Safety and Security Committee is also taking in consideration security cameras distributed throughout Midway parking lot, due to the increase of vehicle vandalism.

"I feel safe, but I don't feel my car is," a college really needs to crack down on break-ins," Highline student Danny Bergman said.

The Safety and Security Committee is working with Women's Project Hostel, a self-defense seminar called strike back. This program will provide students with a class that will teach self-defense techniques. The committee members are open to any safety concerns raised by students.

"It's a team effort; to make Highline a safer campus," said Palmer.

Rebekah Palmer is determined to help make Highline safer for students.

Rebekah Palmer, Student Government chairwoman of the Safety and Security Committee, said she is motivated to eliminate many safety concerns raised by Highline students.

Palmer choose to join Student Government to help prepare for her future.

"Student Government has given me the opportunity to work with diverse people," said Palmer. Palmer, who will graduate this spring, plans to major in Elementary Education and English as a Second Language.

"I am so lucky to have running water," Palmer said.

Her dream is to move to Mexico City. "I want to go out and experience what is there."

"My faith helps me through rough times," Palmer said.

Palmer has the opportunity to help with Highline events and club activities.

Palmer is also a volunteer at the Union Gospel Mission of Seattle. She says she hopes to spread joy in lives that are often forgotten.

"I want to know that I made a difference in the world," said Palmer.

Palmer's mentor is her pastor's wife. "She has taught me to listen to people and realize that everyone you come in contact with is special and unique," Palmer said.

Palmer credits her faith in God for the accomplishments throughout her life.

"My job is important to me and allows me to grow into the person I aspire to be," Palmer said.
Procrastination is not just a waste of time

Your heart starts to beat faster, your palms begin to sweat and that little voice inside your head keeps harping at you to "get started or else you'll never finish!"

Ah, procrastination. That glorious way of life to which all Highline students have become accustomed.

With homework piling up and finals being little more than a week away, some students are wondering how to juggle their precious time. Yes, the never-ending question of whether to do homework or watch TV before going to bed.

The truth is most students are adding quite a lot of responsibilities to their already full plates and are coming to realize that they need a little guidance along the way. Guidance a la Br, that is.

Consider me your ultra-cheap and terminally sarcastic guidance counselor. However, if I somehow ruin your life — by accident of course — I only ask that you do not sue. After all, I'm not a licensed practitioner. Plus I don't have much money, so what would be the point?

Well kiddies, have a seat in Dr. Br's counselor's chair. And as my first piece of advice I would like to offer a simple suggestion to those students who are starting to feel the pressure of the end of the quarter: Procrastinate. Always procrastinate.

Now, most parents, teachers and other successful professionals disagree with this advice, but that is probably because they have yet to discover the clear benefits of procrastination.

Who among us has not, in the past, relied on that extra hour — that little extra something — which inspires us to actually start work on a designated project? And as who among us has not received an even higher grade on that project because of a night filled with procrastination? Now, in no way am I suggesting that we all procrastinate to the point where nothing ever gets done, but saving a project until the last minute could be deemed acceptable.

Perhaps it's just me, but I seem to relish in the lazy way a professor's rant.

By T.M. Sell

I will freely admit that I am not the sharpest pencil in the desk; that I often make an order of taller shorts of short comes. Nonetheless, I am fairly well amazed each quarter at the number of students who think they can write what-ever and I won't notice. This happens, in my case, in political science classes, but discussions with colleagues lead me to believe that it happens, all over campus, whenever anything essay-like is called for.

Most of the assignments seem fairly simple: read this, write that. Usually by halfway through the quarter, students have broken their high school habits and begin to understand that "read nothing, write anything" is not an acceptable substitute.

What really surprises me is that students try to plagiarize. They find things on the Internet, copy and paste word-for-word into their papers and turn them in.

Let's think this through, campers. College professors may be strange people, they may care about the obscure and obtuse to such an extent that they need therapy, not teaching assignments. They may be lacking in common sense or even normal hygeine.

But we are not stupid. We were all good students in college. In fact, by the time we got into graduate school, we were extraordinarily good students. That's why often we're still in college. We actually liked it.

As a consequence, it's very easy to tell when a student has plagiarized. If suddenly the student's writing becomes quite literate and even begins to make sense. Second, the section plagiarized is usually only marginally related to the actual assignment. Third, the very same Internet makes it quite easy to find the original source, and the student gets a zero, the professor no longer trusts the student, and everyone is worse off.

If you're a student I had was literally copying the words out of my on-line lecture notes and pasting them into his papers. He continued even after I suggested that I was on to him. His only response: "What's the minimum grade I need to pass this class?"

It ought to be about learning, not grades; if you learn, the grades will follow. You will, as so many of us have, look back at your college years and say "Darn, I could have learned something." And it won't be too late, but it will be a late start.

TM did not actually write this column himself. He stole it from another professor at Highline.

The Thunderword Staff

"How can a pool burn down? It's made of water..."

Editor-in-chief: Ben Johnston
Managing editor: Collete Woods
News editor: John Montenegro
Sports editor: Shamina Bjork
Arts editor: Linda Sweker
Opinion editor: Br Church
Graphics editor: Jordan Goddard
Photo editor: Amber Trillo
Cartoonist: Donnie Meldrum

Attention all students: It's finally time to stand up and make a difference here at Highline. Quarter after quarter Highline has suffered from the singular ailment of lazy students. But ever since the recent parking situation began wreaking havoc on their daily lives, students have taken notice of the issues on campus.

And now it's time for these students to form solutions. Although most parking solutions would probably not affect currently enrolled students, perhaps it is time to do something nice for future underclassmen. After rumors that both Web-Mart and Lowe's wanted to buy the alternative lot, the hardware chain is leasing Midway's 11.42-acre space. Laura Saunders, Highline's administrative vice president, said that Highline's lease on Midway until 2007 contained a clause guaranteeing a 30-day cancellation agreement. And once Lowe's Hardware leased the lot, the clause went into full effect.

The school administration was notified of the lease swap last Friday and have now begun looking for alternative means for parking. As Highline will lose the 11,000 extra spaces provided by the Midway lot in the beginning of September 2004, Saunders is looking for possible solutions.

For instance, increased parking fees and carpool stalls, alternative overflow parking lots, and of course the issuance of more subsidized bus passes have been discussed, but an official decision has yet to be made. The idea of the 500-space parking garage to be placed in the South Lot is but another solution possibility, however, even if the much needed parking garage is built, it would eventually provide only 300 extra net spaces. The only definite solution thus far is the restriping of the North Parking Lot, which will add on an undisclosed number of extra parking stalls.

To help alleviate this stressful situation, Saunders has decided to hold a meeting on campus to allow students, faculty and staff to voice opinions and/or grievances, share any questions or concerns, and most importantly discuss possible solutions for the parking problem. The meeting — probably sometime in April — will be open to anyone on campus.

The loss of Midway affects each and every Highline driver and anyone possessing even the smallest opinion on the matter is encouraged to attend. Saunders is in talks with the Center for Learning Connection to arrange the discussion, and exact meeting times and dates will be released in the near future.

If something is to be done about the dire situation now known as Highline parking, every single person on campus needs to stand up and take action.

Don't let the inherent laziness of Highline students make the parking lot conditions even worse.
Highline’s Jazz Band will be going abroad on a first ever trip to China next quarter. The Jazz Band has been invited by Kent Sister City association to perform at the cultural fair and business exchange in Yangzhou, China.

Flying into Shanghai on April 15, the Jazz Band will be in China for one week. During which the band will perform several concerts including the opening ceremonies for a new train station, 10,000 suspected to attend.

"The students are full of excitement and anxiety, but it's nothing compared to the anxiety that Todd Zimberg and I feel," said Dr. Sandra Glover, the Jazz Band's advisor.

The Jazz Band will be performing in the Yangzhou's amphitheater, which houses 50,000 patrons.

"The Jazz Band and faculty have been told that there is no way to explain the massive turn out suspected or the many people they will meet," Glover said. Since the news of a trip to China the members of the Jazz Band have stepped up their practices and began refining their skills, so they can be in top shape for the performance.

"The band has been working hard on their improvisational skills. Improvisational skills develop spontaneously during the performance. It adds ornamental sounds which makes the piece distinctive to the performer," said Todd Zimberg, the Jazz Band's alternate adviser.

"We have to collectively get the students prepared for the trip by explaining how to act and how to respectfully greet and introduce themselves," said Glover. Not only have the students been told to prepare themselves for the cultural clash and the huge crowds of people they will be entertaining, they have also been preparing legal documents, such as passports, and obtaining Visa's so they can get admittance into China.

Dr. Glover has been in contact with the Center for Disease Control (CDC) regarding the SARS epidemic and has been told that there is nothing to worry about. "The students and faculty going in China have been informed that they need to get the necessary shots and they will be prescribed Malaria pills to consume before and after the trip," Glover said.

"Yangzhou is a free city in China, meaning its residents are able to own businesses without government involvement, as opposed to outside of the city where the government has say in most everything its citizens do. "During the trip we will be escorted by special guides who will accompany us when we find free time to explore Yangzhou," said Glover.
Man vs. Woman in a battle of wits

By Jessie Elliot
STAFF REPORTER

The lights go up on a stage of stone reminiscent of Ancient Greece. A woman in red rushes on stage, and Lysistrata begins. In this play the women vow to make war and the men who are fighting it by abstaining from sex. This is tackled in a humorous way, with the women starting out all too reluctant to make the pact.

Within five minutes of the play's commencement the audience is joyously laughing at the innuendos, the phrases that make you think twice, and those words that sound like one thing but mean another.

Directed by Dora Lanier, Lysistrata fuses slapstick physical comedy with a smart twist. The blocking and actions taken are well directed and don't distract from the message of the play.

In the first act it appears that Lysistrata could be a typical man-versus-woman piece with finger pointing and many battles of wills. As the second act unfolds, the heart of the play truly comes through. This comedy has a political message about war and peace that still applies today.

Quite a few monologues in the second act deal with different characters' feelings about war, and the loneliness that goes along with that. Not only is this play acted out well, the set adds much to its power. Before the play even begins, the audience is transported to Ancient Greece. The stone steps and pillars designed by Rick Lorig truly bring something extra to this play. In a dramatic moment at the end the flags fall, giving the set character all its own.

Conducted by Jonas Oushurst, the set had many different levels and pieces. It is a very detailed set with a circular platform surrounded by steps and a taller platform that held the Acropolis doors. Lighting for the production is fairly simple, however it adds to the effect of the play. Constructed by Craig Wollam, the lights allow Lysistrata to speak for itself, with main lights on the platforms that are consistent throughout.

The actors use the entire Little Theater as their set, incorporating the audience and making every corner an integral part of the story.

The cast of Lysistrata is generally strong, taking on the serious messages of the play with ease and energy as well as having good comedic timing.

The cast members played off each other extremely well and are very animated in both facial expressions and voice tone.

Each actor brings his or her own unique voice to the piece. Sharon Kibbie as Lysistrata is unwavering and powerful. Kibbie's handle on both the comedic and serious aspects are attention grabbing and spirited.

Erik Olsen as the Commissioner of Public Safety gives a strong and often hilarious performance. His grasp of physical comedy is a large part of his character's appeal.

The struggle between Kinesias, played by Stephen Scheide, and Myrhnine, played by Syrjna Jade Watts, are also noteworthy. They give believable performances as a quarreling husband and wife, using humor to illustrate the relationship.

Sonya Harris, who plays Calonike, uses facial expressions and comedic timing to unite against war and the serious messages of the play truly come through. This comedy has a political message about war and peace that still applies today.

The idea of forcing the world to be seen and heard, to unite against war and the serious messages of the play truly comes through. This comedy has a political message about war and peace that still applies today.

As Andrea Proctor reinterprets Vincent Van Gogh's 'Self Portrait' by adding a pug.

Man vs. Woman in a battle of wits

By Linda Sewerker
STAFF REPORTER

Artist pug is given a higher profile

The idea of focusing the world to be seen through a different window is what Andrea Proctor's art is all about.

Ms. Proctor is currently showing her paintings of pugs in the fourth floor gallery in the Highline Library. Her work consists of imposing her favorable pet, a pug's mug, onto all her paintings in place of the face of famous portraits, and famous commercial art. For example Proctor has pug faces on the portrait of Queen Elizabeth, Grandma Moses, Whistler's Mother, Vincent Van Gogh's 'Self Portrait,' Vermeer's women, and Degas' French nudes. There are larger-than-life Andy Warhol type frontal portraits of the same pug, and ads posing pug-men with sensuous women, in order to create the idea that smoking Lucky Strike, now called Lucky Pug is sexy.

All of the paintings are exact replicas of their famous originals except that they have the same face of Proctor's pug. The original backgrounds and use of color are the same as the originals.

The idea of imposing oneself into an art image is not new and in this case can seem like it is taken a step too far.

Highline student Jesse Ferguson commented, "It looks like a fetish to me." Proctor's art may also be just powerful enough to inspire artists who are afraid to express their art in a way that is clearly different.

"I think it's really original. No one has taken classical art and put a dog's face on it," said Ashley Carregen, a Highline fan of Proctor's work.

Carregen is a professed dog lover and says she would not mind having the Proctor version of a classical art in her home. Jaroslava Kalathoua agrees.

"I can imagine Bandit [Kalathoua's own pug] dressed in a medieval costume," she said.

As the story goes, art is good only through the eyes of the beholder. There is by today's standard no fine line to draw that states what is too far. Proctor's art suggests that once an artist's master work is made public, it is open reinterpretation in a different light. Just as public figures have no protection than private citizens in news, so Proctor suggests that artists famous works are open game. Since they are clearly the artist's version there is no dispute she is copying. The art gallery is open Monday through Thursday 7-10 p.m., Friday 7-5 p.m., Saturday noon-4 p.m. and Sunday 2-10 p.m.
A Master Class and Recital presented by Richard Farner, piano chairman of Pacific Lutheran University, and Dr. Svend Roenning, chairman of String Studies at PLU will be March 11, in Building 7. The Master Class is 4-6 p.m., and the recital at 7 p.m. For information call Dr. Sandra Glover 206-678-3710, ext. 6170. The event is free and open to the public.

Kent-Yangzhou Sister City Committee presents “Comedy Night” Friday, March 12, 6-10 p.m. at the Kent Senior Center, 600 East Smith St. Kent. The event will be emceed by Chief of Police Ed Crawford and will feature comedian Dwight Slade. Part of the evening will include live and silent auctions, door prizes, and a light buffet. Tickets are $30 per person or $200 for a table of eight. Proceeds from the auction will benefit Kent’s youth exchanges and multicultural programs including Highline Jazz Band. For information call 253-535-3852.

Footwork Percussive Dance Ensemble will perform its celebrated show “Incredible Feet,” 2:30 p.m., Sunday, March 21 at the Auburn Performing Arts Center, 700 E. Main St. Auburn. Tickets are $8 to $12. Footwork is an animated dance troupe and string band. To charge tickets by phone or obtain information, call Auburn Parks and Recreation 253-856-5050.

Footworks Percussive Dance Ensemble will perform its celebrated show “Incredible Feet,” 2:30 p.m., Sunday, March 21 at the Auburn Performing Arts Center, 700 E. Main St. Auburn. Tickets are $8 to $12. Footworks is an animated dance troupe and string band. To charge tickets by phone or obtain information, call Auburn Parks and Recreation 253-856-5050.

Kent Parks, Recreation and Community Services are presenting Rhys Thomas in JuggleMania, an interactive circus performance called “Incredible Feets,” 2:30 p.m., Sunday, March 21 at the Auburn Performing Arts Center, 700 E. Main St. Auburn. Tickets are $8 to $12. Footworks is an animated dance troupe and string band. To charge tickets by phone or obtain information, call Auburn Parks and Recreation 253-856-5050.

Kent Parks, Recreation and Community Services are presenting Rhys Thomas in JuggleMania, an interactive circus comedy, Friday, April 2, 7:30 p.m. at Kent-Meridian Performing Arts Center, 100200 SE 256th St. Kent. For more information call 253-856-5050.

Footworks Percussive Dance Ensemble will perform its celebrated show “Incredible Feet,” 2:30 p.m., Sunday, March 21 at the Auburn Performing Arts Center, 700 E. Main St. Auburn. Tickets are $8 to $12. Footworks is an animated dance troupe and string band. To charge tickets by phone or obtain information, call Auburn Parks and Recreation 253-856-5050.

Footworks Percussive Dance Ensemble will perform its celebrated show “Incredible Feet,” 2:30 p.m., Sunday, March 21 at the Auburn Performing Arts Center, 700 E. Main St. Auburn. Tickets are $8 to $12. Footworks is an animated dance troupe and string band. To charge tickets by phone or obtain information, call Auburn Parks and Recreation 253-856-5050.

Kent Parks, Recreation and Community Services are presenting Rhys Thomas in JuggleMania, an interactive circus comedy, Friday, April 2, 7:30 p.m. at Kent-Meridian Performing Arts Center, 100200 SE 256th St. Kent. For more information call 253-856-5050.

Footworks Percussive Dance Ensemble will perform its celebrated show “Incredible Feet,” 2:30 p.m., Sunday, March 21 at the Auburn Performing Arts Center, 700 E. Main St. Auburn. Tickets are $8 to $12. Footworks is an animated dance troupe and string band. To charge tickets by phone or obtain information, call Auburn Parks and Recreation 253-856-5050.

Footworks Percussive Dance Ensemble will perform its celebrated show “Incredible Feet,” 2:30 p.m., Sunday, March 21 at the Auburn Performing Arts Center, 700 E. Main St. Auburn. Tickets are $8 to $12. Footworks is an animated dance troupe and string band. To charge tickets by phone or obtain information, call Auburn Parks and Recreation 253-856-5050.

Footworks Percussive Dance Ensemble will perform its celebrated show “Incredible Feet,” 2:30 p.m., Sunday, March 21 at the Auburn Performing Arts Center, 700 E. Main St. Auburn. Tickets are $8 to $12. Footworks is an animated dance troupe and string band. To charge tickets by phone or obtain information, call Auburn Parks and Recreation 253-856-5050.

Footworks Percussive Dance Ensemble will perform its celebrated show “Incredible Feet,” 2:30 p.m., Sunday, March 21 at the Auburn Performing Arts Center, 700 E. Main St. Auburn. Tickets are $8 to $12. Footworks is an animated dance troupe and string band. To charge tickets by phone or obtain information, call Auburn Parks and Recreation 253-856-5050.

Footworks Percussive Dance Ensemble will perform its celebrated show “Incredible Feet,” 2:30 p.m., Sunday, March 21 at the Auburn Performing Arts Center, 700 E. Main St. Auburn. Tickets are $8 to $12. Footworks is an animated dance troupe and string band. To charge tickets by phone or obtain information, call Auburn Parks and Recreation 253-856-5050.

Footworks Percussive Dance Ensemble will perform its celebrated show “Incredible Feet,” 2:30 p.m., Sunday, March 21 at the Auburn Performing Arts Center, 700 E. Main St. Auburn. Tickets are $8 to $12. Footworks is an animated dance troupe and string band. To charge tickets by phone or obtain information, call Auburn Parks and Recreation 253-856-5050.

Footworks Percussive Dance Ensemble will perform its celebrated show “Incredible Feet,” 2:30 p.m., Sunday, March 21 at the Auburn Performing Arts Center, 700 E. Main St. Auburn. Tickets are $8 to $12. Footworks is an animated dance troupe and string band. To charge tickets by phone or obtain information, call Auburn Parks and Recreation 253-856-5050.

Footworks Percussive Dance Ensemble will perform its celebrated show “Incredible Feet,” 2:30 p.m., Sunday, March 21 at the Auburn Performing Arts Center, 700 E. Main St. Auburn. Tickets are $8 to $12. Footworks is an animated dance troupe and string band. To charge tickets by phone or obtain information, call Auburn Parks and Recreation 253-856-5050.

Footworks Percussive Dance Ensemble will perform its celebrated show “Incredible Feet,” 2:30 p.m., Sunday, March 21 at the Auburn Performing Arts Center, 700 E. Main St. Auburn. Tickets are $8 to $12. Footworks is an animated dance troupe and string band. To charge tickets by phone or obtain information, call Auburn Parks and Recreation 253-856-5050.

Footworks Percussive Dance Ensemble will perform its celebrated show “Incredible Feet,” 2:30 p.m., Sunday, March 21 at the Auburn Performing Arts Center, 700 E. Main St. Auburn. Tickets are $8 to $12. Footworks is an animated dance troupe and string band. To charge tickets by phone or obtain information, call Auburn Parks and Recreation 253-856-5050.

Footworks Percussive Dance Ensemble will perform its celebrated show “Incredible Feet,” 2:30 p.m., Sunday, March 21 at the Auburn Performing Arts Center, 700 E. Main St. Auburn. Tickets are $8 to $12. Footworks is an animated dance troupe and string band. To charge tickets by phone or obtain information, call Auburn Parks and Recreation 253-856-5050.

Footworks Percussive Dance Ensemble will perform its celebrated show “Incredible Feet,” 2:30 p.m., Sunday, March 21 at the Auburn Performing Arts Center, 700 E. Main St. Auburn. Tickets are $8 to $12. Footworks is an animated dance troupe and string band. To charge tickets by phone or obtain information, call Auburn Parks and Recreation 253-856-5050.

Footworks Percussive Dance Ensemble will perform its celebrated show “Incredible Feet,” 2:30 p.m., Sunday, March 21 at the Auburn Performing Arts Center, 700 E. Main St. Auburn. Tickets are $8 to $12. Footworks is an animated dance troupe and string band. To charge tickets by phone or obtain information, call Auburn Parks and Recreation 253-856-5050.

Footworks Percussive Dance Ensemble will perform its celebrated show “Incredible Feet,” 2:30 p.m., Sunday, March 21 at the Auburn Performing Arts Center, 700 E. Main St. Auburn. Tickets are $8 to $12. Footworks is an animated dance troupe and string band. To charge tickets by phone or obtain information, call Auburn Parks and Recreation 253-856-5050.

Footworks Percussive Dance Ensemble will perform its celebrated show “Incredible Feet,” 2:30 p.m., Sunday, March 21 at the Auburn Performing Arts Center, 700 E. Main St. Auburn. Tickets are $8 to $12. Footworks is an animated dance troupe and string band. To charge tickets by phone or obtain information, call Auburn Parks and Recreation 253-856-5050.

Footworks Percussive Dance Ensemble will perform its celebrated show “Incredible Feet,” 2:30 p.m., Sunday, March 21 at the Auburn Performing Arts Center, 700 E. Main St. Auburn. Tickets are $8 to $12. Footworks is an animated dance troupe and string band. To charge tickets by phone or obtain information, call Auburn Parks and Recreation 253-856-5050.

Footworks Percussive Dance Ensemble will perform its celebrated show “Incredible Feet,” 2:30 p.m., Sunday, March 21 at the Auburn Performing Arts Center, 700 E. Main St. Auburn. Tickets are $8 to $12. Footworks is an animated dance troupe and string band. To charge tickets by phone or obtain information, call Auburn Parks and Recreation 253-856-5050.
Men's hoop dreams ended after early elimination from the NWAACC tourney

By Jordan Goddard

CAL-SAN - The long, lean hands that harassed so many shooters this season now covered Tavar Proctor's anguished face. Even as the next two teams bustled onto the court for their pending playoff match up, the emotional Proctor desperately sought a moment of privacy to reflect on the end of an up-and-down season.

"We worked so hard to go down there and lose," Proctor said. "We didn't play to our ability, but we played well. Things just didn't go our way."

Talent and enthusiasm took Proctor and the young Thunderbirds all the way to the playoffs this year, but it was not enough to overcome a lack of experience and team-work. The Thunderbirds faltered in February, posting a 3-3 record against mostly non-playoff teams. The final game of the regular season proved crucial for the Thunderbirds, eventually earning the league MVP award and a spot as the only freshman on the all-star team.

"Certainly Kellen is a very talented player and a tremendous factor in our success. An even bigger factor was him buying into a leadership role as the season went along," Coach Dawson said.

In addition to the Franklin five, several other skilled players joined the program, such as forward Jacob Manning and versatile guard Sean Gearin. With a dozen freshmen vying for spots on an undefined roster, the new coaching staff faced difficult decisions about playing time and rotations.

"Any time you have as many freshmen as we did there's going to be an expectation of playing a lot of minutes," Coach Dawson said. "Most of them ended up suppressing those desires for the good of the team."

The Thunderbirds started the season with inconsistency, posting a 5-7 record in November and December. "This year we started off slow," Manning said. "As a young team we grew throughout the season." Highline got its first real taste of success as players gelled with their once unfamiliar roles, posting a 6-2 record in January.

"We ended up settling on a starting lineup that gave us the most energy to start the game," Coach Dawson said. The Thunderbirds faltered in February, posting a 3-3 record against mostly non-playoff teams. The final game of the regular season proved crucial for the Thunderbirds, eventually earning the league MVP award and a spot as the only freshman on the all-star team.

"We weren't together as a team. We were a bunch of individuals," Proctor said. "We came together at the end. That's what got us to the (NWAACC) tournament. Highline's inexperience showed itself in the playoffs."

The opening game against No. 1 seed Peninsula ended in one of the team's worst losses of the year. The next game against Clackamas ended with another decisive defeat. A heartbreaking season conclusion left the mostly freshman team frustrated but optimistic.

"Instead of being the young team [next year], we'll be the sophomores," forward Lucas Eaton said with a smile. "This year was a great year for us to lay a foundation. After that, you can build the house as high as you want to build it," Coach Dawson said.
T-Birds knocked out in two games

By Jordan Goddard
STAFF REPORTER

TRI-CITIES - The NWAACC playoffs concluded last weekend with the crowning of the Lower Columbia Red Devils as the new NWAACC men's basketball champion.

Highline's Thunderbirds met with elimination early in the tournament after an 89-73 loss to the Peninsula Pirates and a 79-69 loss to the Clackamas Cougars.

The Pirates would go on to finish third in the tournament, and the Cougars finished fifth.

Lower Columbia's championship left the Thunderbirds excited about their chances next year.

"We were only one of five teams that beat Lower Columbia this year. That speaks volumes about our potential," Head Coach Che Dawson said.

The young T-Birds qualified for the playoffs by following a shaky season start with a win in their final game of the regular season.

Highline's 9-7 league record and 14-12 overall record qualified them for the fourth and final playoff spot in their league.

By virtue of their narrow playoff birth, the Thunderbirds had to face No. 1 seed Peninsula in the opening tournament match up Friday, Feb. 27 in Tri-Cities.

The T-Birds quickly fell behind the Pirates in the opening minutes of the game. Sloppy passes and poor shooting allowed Peninsula to pull out to an early lead.

"Most of our shots were pretty rushed due to defensive pressure," Coach Dawson said.

Both teams played intense defense early in the game. Hard fouls and frequent turnovers plagued both teams.

"Their pressure bothered us. We didn't handle the ball well," Coach Dawson said.

The Thunderbirds finished with 28 turnovers and only 10 assists.

Kellen Williams kept the game close through the first half with dominant rebounding and consistent inside shooting. Williams finished the game with 25 points and 15 rebounds.

Despite struggling to keep pace with their top-ranked opponent, Highline finished the first half only three points behind Peninsula, 43-40.

The Pirates began the second half with sharp passing and consistent 3-point shooting. The Thunderbirds managed to rally back by stepping up their defensive pressure, cutting the deficit to 10, 65-55 with 10 minutes remaining. Highline never managed to break the double-digit barrier though. The Pirates pulled ahead in the final minutes to leave the Thunderbirds frustrated and disappointed.

"We just didn't handle adversity well," Coach Dawson said.

Intensity waned as the half continued, and the Cougars jumped out to a large lead.

"There were too many breakdowns defensively at the end of the first half," Dawson said.

The Thunderbirds finished the half down by 17 points, 43-26. Highline emerged from halftime with more focus and efficiency than they had shown the entire tournament.

"Sean Gearin realized he needed to suck it up in the second game and take better care of the basketball," Coach Dawson said.

Point guard Gearin led the comeback with crisp passes, solid defense, and strong rebounding.

Forward Jacob Manning had one of his best defensive efforts of the year, earning three blocks in the second half.

Forward Tavar Proctor led the team offensively with 21 points and a solid all-around effort.

Kellen Williams contributed 15 points and 14 rebounds, but it was not enough to keep the Thunderbirds' playoff run alive.

The T-Birds were forced to intentionally foul in the final minutes to stop the clock. Clackamas hit their free throws and held on to the lead.

"We just couldn't get over the hump," Coach Dawson said.
By John Montenegro

TRI CITIES - The Lady T-Birds' fairy tale season sadly ended Saturday night with them being eliminated from the NWACC tournament.

Highline began this basketball season completely uncertain of even having a team at all.

The women had only two members that were sure on the team, Rebekah Proctor and Michelle Aurelio.

"People would leave, then come in, the team was never a solid number," Highline guard Tymmony Keegan said.

Even the coach was new to the team, this being her first year. The rest of the team was comprised of volleyball players and soccer players. Head Coach Amber Rowe assembled a team consisting of only eight players.

From the start Highline seemed to be the major underdog to even have a winning season.

"There were a lot of factors against us," Rowe said.

Early season play was tough for the ladies. They entered the 2003 calendar year 1-11. It would have been easy for Highline to quit and just scrap the rest of the season.

"There was plenty of opportunity to throw in the towel," said Rebekah Proctor.

But through tough perseverance by Coach Rowe as well as the entire team, the birds fought tough, the ladies came back in 2004 losing only 2 of their 14 games and ending the regular season in third place in the Western Division.

"This team is tough, you'll see bruises on their legs from really going for the ball," Coach Rowe said.

The women first played Shoreline second in the Northern Division with a 20-6 overall record on Friday, Feb. 27.

The ladies came out strong in the first half, and at halftime Highline had slight lead 31-27 over the women Dolphins.

The Lady T-Birds unfortunately couldn't hold on to the lead and lost the game, 59-79.

Later Coach Rowe would say that rebounding and assist contributed to the loss.

"We should have been more aggressive... make the team better," Rowe said.

Players took another spin on the situation.

Tymmony Keegan looked for an open teammate to pass the ball to.

The next day did not get any better for the ladies: Playing against Wenatchee with an overall record of 16-11 on Saturday, Feb. 28.

The Lady T-Birds unfortunately couldn't hold on to the lead and lost the game, 65-47.

The strain of playing back-to-back 8 a.m. games seemed to be too much for Highline.

"It did not really bother us in the first half but it really hit us in the second," Keegan said.

Coach Rowe reiterated the sentiment.

"Overall the losses seemed to be a result of a combination of problems that occurred.

"The whole team just seemed to come out cold, I mean our shots never went in," said Rebekah Proctor.

"Overall very evident that we were a young team," Keegan said.

These two losses must be heart felt for the ladies after a season full of doubt, then a miraculous comeback in the second half. The ladies must have had high hopes heading into the tournament.

"Were pretty thankful just to be going to NWACCs," Proctor said.

"Just getting there, starting at 1-11 is exciting," Coach Rowe said.

"The team was just happy to be there."

Coach Rowe is already looking ahead to next season. She hopes to have more control over the schedule for next season, so the team will be able to play harder teams earlier in the season, and to have a full team.

After a Cinderella story season full of ups and downs it seems that this Cinderella does not get her glass slipper.
Women didn’t meet expectations

Lady T-Birds fall short at NWAACC tournament

By Colette Woods & John Montenegro

The Lady T-Birds fell short at the NWAACC tournament in the Tri-Cities this past weekend. The women’s basketball team lost their first game against the Shoreline Dolphins 59-79 on Friday, Feb. 27.

In the game against Shoreline, the Lady T-Birds came out strong but neither of the teams seemed to dominate the play. The Lady T-Birds started the game with six quick unanswered points. In the first 5 minutes, the ladies had a 10-point lead on the dolphins 16-6. But Shoreline’s perseverance kept them in the game.

The dolphins answered back with a few quick steals and quickly got back within a few points of the lead. With five minutes left in the half, Highline was ahead 18-12. Team guard Rebekah Proctor sank two 3-pointers to give Highline a 24-12 lead with 3:40 left on the clock.

Highline’s high scorer was Michelle Aurelio with 16 points, 6 rebounds. The second half of the game was not much different from the first. The ladies were 10-33 at free throw range and only scored 5/16 at three-point range.

“We need to make better shots,” said Women’s Head Coach Amber Rowe at halftime. “We need to come out strong, better defense!”

The second half of the game seemed to slow down a lot. Highline’s coach Taryn Plypick got a quick three-pointer in four minutes in to the second half to bring Highline’s lead to 36-31. With 15 minutes left, Shoreline took their first lead of the game, 36-37, and that was all she wrote for the Lady T-Birds.

Aurelio had a steal really late in the first half and also hit a three back to ten 31-21 with 1:20 left on the clock.

The second half began, the ladies were ready for action and to win the game, but the Lady Knights came back one step ahead of them, getting 13 steals, shooting 34 percent, and shooting 41 percent from the 3-point line. Feeling defeated early in the second half, the team’s morale went down drastically and gave up the ball 32 times in the game, letting the Knights score 26 points off of turnovers.

Highline’s Rebekah Proctor played the entire game and scored 6 points, 5 rebounds and 3 assists. “We didn’t come out with intensity and mental toughness in the second half like we did in the first,” said Proctor. “We didn’t have the mental toughness we should have had.”

Assists and teamwork were what the team were lacking in the second half. “We were playing one-on-one basketball, instead of playing as a team,” said Keegan. “We were all trying to do more than what we could, and we should have been playing with each other instead of ourselves and depending on our teammates.”

When we didn’t make a shot, or when the other team made a shot, we would get down about it and lay our heads low and not bring them up again,” said Proctor. “We didn’t have the mental toughness we should have had.”

Women’s Nikki Haefling scored 31 points and had 5 steals to lead her team in the 65-47 victory over the Thunderbirds.

“We didn’t take advantage of the fact that we were in the playoffs,” said Keegan. “We were inexperienced in the playoffs, and I think we did good considering that. We have come along way.

The games tops scorers were Michelle Aurelio with 16 points, followed by Taryn Plypick with 8 points and 2 steals.
T-Birds finished 2nd out of 42 teams at Nationals

By Jesse Nordstrom
STAFF REPORTER

The Highline wrestling team fell short against some stiff competition at the national tournament this past weekend. Seven T-Bird wrestlers were sent to the NJCAA National Championships in Rochester, Minn., but only one flew home with any honors.

Patrick Bradley at 197 pounds was the lone member of the team to become an All-American, and he placed eighth. The remaining six wrestlers did not place. As a team, Highline managed 24th place at the 42-team tournament with a total of 19.5 team points.

The 2004 NJCAA National Champion is Northwest College of Wyoming, which had a winning total of 155.5 team points. Right behind Northwest, Nassau Community College of New York came in second with 117.5 points and Region 18 champion Lassen placed second in Region 18, ended up in fifth place with 82 points.

Besides Bradley, the other T-Birds representing Highline were Kyle McCarron at 125, Francisco (Chico) Gonzalez at 133, Jason Mendez at 141, Brandon Hunter at 149, Skyler Marler at 157 and heavyweight Jacob Peterson.

Of those six, Gonzalez at 133 won one match and both Mendez and Hunter won two matches, but none of the three placed.

The team left on a 5 a.m. flight for Minnesota on Thursday morning and besides being tired from the travel and the time zone difference there were some footsprints of his regional victory placing and becoming an all-American, and I accomplished that goal, so I'm satisfied.

-Patrick Bradley

Nate Buys of Minnesota West. "(Buys) had a good offense and a good defense and I couldn't get any shot off," Bradley said. "I managed to escape three times but that wasn't enough. I just couldn't get my offense going."

Bradley ended up losing the match 7-3. At that point, Bradley was then wrestling to move on or go home. His next opponent was Brandon Ono of Yakima Valley and Bradley has defeated a one-point margin, 4-3. ("Knol1 was tough and it was a close match," Bradley said. "I just couldn't pull it off."

Bradley then had a couple of hours before his next match, which was against Dan Vizcaya of Waubonsee. "Against Vizcaya it was all tied up in the final seconds and I thought it would go to OT, Bradley said. "But then he got a two-point cheap tilt in the last five seconds of the match to beat me." It was pretty frustrating.

After getting knocked out of the tournament, Bradley said that he was disappointed because he knew that he could've beaten Vizcaya. "I was upset when I got eliminated, but I was still happy about placing and becoming an all-American," Bradley said. "I mean it's been my goal all year and I've been working on it since September, but I couldn't wrestle better on Saturday. I lost a couple of close matches, but overall I'm really happy with how it went."

"I think a couple other guys had talent but they just didn't have the best tourney," Bradley said. "But that's just how wrestling is: You have good tournaments, and you have bad tournaments. I'm just lucky that I had a good tournament."

And despite the high finish, Bradley, who is an academic sopho more but is a wrestling freshman, says that he is now calling it quits when it comes to competitive wrestling. "Last year I went to Gonzalez but I decided to come to Highline instead this year because I wanted to wrestle," said Bradley. "I set a goal of becoming an All-American and I accomplished that goal, so I'm satisfied."

"I am done with competitive wrestling, but I do hope to stay active and stay with the sport, maybe coaching here and there or whatever."

NJC A National Wrestling meet results


Thinking about your future? Want to earn real-world experience & college credit? Think Co-op

Bldg 19 Room 107

Plato's Closet buys and sells all of the latest brands and styles for spring. Get a new spring break outfit for $20 in brands like Abercrombie & Fitch, Express, Bebe, Roxy and more.

Plato's Closet

Get cash on the spot!

Bring in your great gently used clothes to Plato's Closet now for Spring break cash. Plato's Closet buys and sells all of the latest brands and styles for spring.

Like taking pictures? Get some practical experience as a Thunderword staff photographer. Take Journalism 105, News Photography, in Spring Quarter, or just see us 10-106 for details.

Thundertword@highline.edu

CASH IN YOUR FASHION SENSE

Get cash on the spot! Bring in your great gently used clothes to Plato's Closet now for Spring break cash.

Plato's Closet buys and sells all of the latest brands and styles for spring. Get a new spring break outfit for $20 in brands like Abercrombie & Fitch, Express, Bebe, Roxy and more.

You have the clothes. We have the cash. TRADE YA

On Southcenter Pkwy., across from Fred Roken. 206-575-7778

YOU HAVE THE CLOTHES. WE HAVE THE CASH. TRADE YA.
Kien jumps toward NWAACC by Desiree Lewis

Mason Kien has more than a one-track mind. He is a sophomore attending Highline this year and in his first season on the track team. After a year and a half break from track, Kien has jumped back into the action this winter.

During the President's Day Weekend at the University of Washington in the Dempsey Indoor, Kien jumped 22' 7" in the long jump, one inch short of his all-time best.

Compared to last season's NWAACC championships Kien would have placed second overall with a jump of 22' 7". Last season's first place long jump went to Kellen Kennedy from Spokane who jumped 23' 8".

Kien was a star track athlete during his high school years. He attended Mt. Rainier High School where he jumped 22' 8" in the long jump.

Kien placed third in state in the long jump and in the triple jump his junior and senior years. Kien is already jumping back into the game and showing this division what he's got.

"I took a year off last year from track to work part-time so I could attend classes here at Highline," Kien said. "I feel that I have a lot more training and learning to do to improve my sprinting and jumping speed." Kien said.

"Kien has a lot of raw athletic ability that comes natural, he just needs some formal training with jumping and sprinting," Black said. "As he gets stronger he will get better."

"Track is my focus for the time being, but track is only a means to free education," Kien said. "Placing me in a position to steer my sights on what really matters, my entrepreneurship."

Kien's goal at Highline is to receive his associate's degree while majoring in business. Kien wants to focus on increasing his all-time best record.

"My goal this year is to jump 24' or maybe even further," Kien said. "Highline's all-time best long jump record was received by Henry Brown, in 1988, jumping a total of 24' 3.5". "I think that Kien has a good chance at beating Brown's record if not coming very close," Black said.

After Highline Kien wants to attend Portland State University with hopes to continue to compete in track and get his master's in business.

"I feel that I have a lot more training and learning to do to improve my sprinting and jumping speed." Kien said.

"Kien has a lot of raw athletic ability that comes natural, he just needs some formal training with jumping and sprinting," Black said. "As he gets stronger he will get better."

"Track is my focus for the time being, but track is only a means to free education," Kien said. "Placing me in a position to steer my sights on what really matters, my entrepreneurship."

Kien's goal at Highline is to receive his associate's degree while majoring in business. Kien wants to focus on increasing his all-time best record.

"My goal this year is to jump 24' or maybe even further," Kien said. "Highline's all-time best long jump record was received by Henry Brown, in 1988, jumping a total of 24' 3.5". "I think that Kien has a good chance at beating Brown's record if not coming very close," Black said.

After Highline Kien wants to attend Portland State University with hopes to continue to compete in track and get his master's in business.
Preparing for the coup d'etat

Money talks at Speech Slam

By Dana Hammond
"STAFF REPORTER"

Speech Slam is opening the doors for Highline students to speak their mind about what moves them.

The third annual Speech Slam is being held next Wednesday, March 10, in Building 7, from 1:10 to 2 p.m. There is no formal theme of the event. Students are able to perform a four- to five-minute speech on whatever it is that moves them.

"Traditionally, Speech Slam had been done by PTK, but it is now in conjunction with Honors Colloquy," said Laura Manning, a speech instructor at Highline and person in charge of the Speech Slam. The Speech Slam try-outs were on Tuesday and Wednesday of this week and there will be four finalists student speakers competing for cash prizes and plagues.

First place is $100, second is $50, and third is $25. Originally there were only going to be three finalists, but because of the growing participants this quarter they are expanding it to four, said Manning.

Tuesday about eight students tried out and on Wednesday there were about 12.

"I am excited to see more people trying out and I am hoping that people will be coming to watch the finals because it is fun to see students take a part in their community," said Manning.

If the popularity continues to grow, next quarter they may even expand try-outs, said Manning.

This quarter Manning and her speech students had decided to hold an American Idol type try-out, by having a panel of speech experts, critique and encourage the participants.

"The panel is just made up of my friends and colleagues, but we do have our "Simon and Paula," said Manning. Their panel is also there to celebrate the speeches and to give good advice as to what to do and not to do in the finals," said Manning.

There are some definite advantages to participating in Speech Slam.

Even if you don't make it into the finals, you get the opportunity to get up there and face the audience. You at least get to gain that experience. Also, you are able to write it on resumes that you were involved in it, said Manning.

Speech Slam is the last presentation concluding Honors Colloquy this quarter.

Along with Speech Slam, Honors Colloquy is held every winter and spring quarters.

"Next quarter we are going to have most of the same wonderful speakers returning to inform our students. The theme again is going to be Opening Doors in order to provide everyone the tools to recognize opportunities and doors that they can open for themselves," said Barbara Clinton, the instructor of Honors Colloquy.

Honors Colloquy is a one-credit class that can be repeated.

Clinton encourages students to come back and repeat the course to experience each speaker. For more information on Speech Slam contact Laura Manning at 206-878-3710, ext. 6037, or e-mail lmanning@highline.edu.

For more information regarding Honors Colloquy contact Barbara Clinton at ext. 3151, or e-mail bclinton@highline.edu.

Exploring women in different cultures

By Shayla Conrad-Simms
"STAFF REPORTER"

International Women's Day will be held Monday March 8 from 11 a.m. until 1 p.m., in Building 7.

International Women's Day is sponsored by Team Highline, Highline's student event and program organization group, and is a celebration of women's accomplishments and struggles worldwide.

Team Highline decided to sponsor this event to raise awareness of the cultural and societal differences in women's rights and roles in different countries.

The roles and expectations of women in other countries can be much different than that of American women.

"We want to make our community aware of these differences," said Team Highline Member, Helen Petrow.

International Women's Day will begin with a panel of female students from various cultural backgrounds.

They will share personal experiences and discuss expectations of women in their societies and how these roles and expectations differ from American women.

International desserts and refreshments will be served during the second half of the event.

Highline's Student Programs department and Team Highline strongly encourage students of both genders to attend and increase their knowledge of the international differences of women's life.

Barbara Clinton

Have your plans for college changed?

Not transferring to the school you thought you were?

City University not only guarantees your transfer from a community college—it guarantees transfer of up to 90 credits.

With City University Online, its possible to earn your Bachelor's degree without treading out of your zip code. Earn your degree anytime and anywhere you have internet access.

A few more reasons why you should transfer to City University: We provide high quality courses taught by real world practitioners. We're affordable. We're accessible.

1.800.42.CITYU www.cityu.edu

City University Change your life for good®

1.800.42.CITYU www.cityu.edu

By liaising to the University Equation patented by Instituto Tecnologico y de Estudios Superiores de Occidente.
**Students react to Midway parking loss**

By Thunderword Staff

Students at Highline are not happy about losing the over-flow parking at Midway parking lot come Fall Quarter. "It irritates me. Where do they expect us to park? There's barely enough parking as it is," said Ashley Nevares.

The owners of Midway have cancelled Highline's lease on the property to make way for a new Lowe's Hardware store. Parking will cease in August as construction on the new store starts in the fall of 2004. The loss hits hard with those who park at Midway. "I park at Midway on a daily basis because those of us who take later classes can't find parking, and instead of wasting gas circling, we can just go straight there," said Greg Hammond.

With the Midway lot accounting for 36 percent of student parking, it leaves a majority of students not willing to pay an extra fee to build a new lot. "They (Highline) should get it themselves. It wasn't our choice for it to happen," said Alison Horne. Not all students are opposed to additional parking fees, however. "It's only fair [that we pay]. At least the fee is actually going to what it should be used for," said Nathan Birkebak. Birkebak said he thinks students are going to be stuck paying for it anyway and it's better that they know where their money is ending up.

Although student Phillip Field doesn't drive, he still feels resentment over the loss of the Midway lot. "I think it really sucks that a corporation can come and take something so valuable to us," said Field.

Ideas on how to accommodate for the lost parking include building a parking garage, a shuttle system from a remote parking lot, subsidized passes for students, and negotiating with Metro for new buses routes to the college.

The parking garage would be a long-term goal for the college. "It would be more beneficial to have a parking garage rather than a sprawling parking lot," said Harman Dhami, student.

"It would be nice to have a garage like they do at Bellevue Community College," said another student. Others are more concerned about facing the problem now. "By the time a parking garage is built it won't affect me," said Ryan Rohlan. Students are skeptical about where Highline would put another parking lot.

"I don't know where they should put it, but they need to find somewhere other than side streets and driveways," said Anthony Incencio.

While students support the idea of a garage, some don't feel they should pay for the estimated $13 million project. "No, we should have to pay. We pay too much already in tuition," said another student.

"If they could guarantee that if we were going to pay that we would get parking, then I would endorse it," said Michelle Finseth.

Currently students are paying about $25 a quarter to pay for the current construction on the campus to make way for a new Student Union.

"I'd pay to help build it (the new lot), like the building fee in the tuition we have now. But, I wouldn't want to pay to park there," said Brittany McMurphy, student.

The college might also talk with Metro about running a line running from the Federal Way Transit Center to the college. There are currently two bus routes, the 166 and the 130, that also run a direct line to the college. But that doesn't seem to excite, or solve the problem for many students and faculty.

"It's too difficult for me to take public transportation. It takes three times as long as driving," said Allison Green, Culture, Global and Gender Studies coordinator for Highline.

Another possibility for parking is a shuttle service from a non-Highline parking lot. "It would be really good to have, driving to a park and ride and then taking the shuttle here," said Dhami.

"As long as that parking lot is kept safe, that would be a really good idea," said Josh Fincher.

One student clings to the ideal that Lowes might offer student parking. "It's just going to be a Lowe's. Maybe Lowe's will allow for some parking," said McMurphy.

Reporters Noellani Bunis, Billy Naylor, Sara Loken, and Derek Markland contributed to this story.

---

**KHSA spreads knowledge about Cambodian-Americans**

By Amy Xayarath

**STAFF REPORTER**

The Khmer Student Association (KHSA) hopes to educate and acknowledge Highline students and staff members who are Cambodian culture as well as teaching Cambodian language.

"Because we are such a small population, not very many people know about the Cambodian culture. Therefore, we would like to share with Highline students and staff members what Cambodian is all about; especially when Cambodian-American does not know about the actual Cambodian culture," said Chantha Somn, the treasurer of KHSA.

Many Cambodian-Americans were born or raised in this country and do not know much about the Cambodian culture. However, a majority of Cambodian-Americans attend traditional events and celebrate traditional holidays, but do not know the meaning of the holiday nor why Cambodians are celebrating it.

Therefore, the KHSA wants to bring Cambodian and non-Cambodian students together to get a better idea of the Cambodian culture and the country itself.

"Ever since I joined the KHSA, I realized that I know more about my culture and country than I ever had," said Somn. She said before she became a member of KHSA, she did not know what the Cambodian culture was about but only attended the traditional events such as temple, New Year retreats and other holiday events.

According to Somn, KHSA teaches the Cambodian language, as well as reading and writing.

"Many of our members know how to read and write in Cambodian, (therefore), they can teach others who are willing to learn," said Sreyroth Mao, the president of KHSA. She said others who are fluent and know how to read and write in Cambodian are welcome to come share with others at KHSA as well.

(Indeed), I thought KHSA were introduced to Highline last year; however, I (learned) from a former president of KHSA as well, that KHSA has been with Highline since 1990," said Mao.

"However they discontinued the club due to former members of KHSA graduating from Highline," said Mao. She said current officials and members of KHSA were the first to restart the club. The club currently has 27 members. Anyone who is interested in becoming one of the members for KHSA is welcome to attend their meetings. KHSA conducts meetings every Tuesday at 1 p.m., in Building 19, room 101.

"We are currently working on KHSA's website and hoping to get it done by the end of the quarter. We hope that our website will help Highline students and staff members walk through what KHSA is about. Moreover, it should be easy access for Highline students and staff members to get in touch with the officials of KHSA. KHSA is currently planning an upcoming annual celebration of the Cambodian New Year. This year will be the biggest celebration since KHSA has been with Highline.

(For this reason), we are taking care of every detail and making sure that we do not miss out on anything," said Somn.

The Cambodian New Year is one of the major celebrations in the Cambodian calendar, it is based on the lunar calendar, and is celebrated in mid-April, which is the first month of the year in Cambod- dia. ("This time of the year also represents the end of the harvest," said Mao. She said it is a time for farmers to (enjoy) the fruits of their harvest before the rainy sea- son begins.

According to the tradition, the celebration lasts for three days. During this time, several people take time off work to commemorate the New Year. They spend time with family and friends, as well as paying proper respect to Buddha at the temple.

"We encourage everyone to attend the Cambodian New Year celebration to experience the Cambodian culture and to see what KHSA is all about," said Somn.

"We worked very hard to put all of this together and would like everyone to come see our biggest accomplishment," said Mao.

Members of KHSA are presenting some Cambodian traditions by displaying traditional outfits in a fashion show, group dancing of the wishing and coconut dance, playing games, a power point presentation of the Angkor Wat (Temple), and providing desserts for audience members to taste.

The Cambodian New Year celebration will be held on Thursday, April 8 at noon in Building 2. For further information, e-mail Mao at sreyrothx@gmail.com.

KHSA is not accepting Cambodian students and staff members, but we are also accepting everyone in this campus, who wishes to be a part of the club. We do not exclude anyone," said Mao.
Global health class topics include AIDS, world kissing record

By Justin Williams

Students chatter as PE and health instructor Tracy Brigham passes back HIV/AIDS public service announcements. The projects range from posters with "got condoms" slogans to a Valentine’s Day candy box whose chocolates had been replaced by latex.

“This weekend was at Mr. Bachelor with my friends grading these,” Brigham said as she continued to walk through the room, trying to get to all 26 students. Five students take center stage. They begin to take turns reading news articles about current events. The first student reads an article about fetal alcohol syndrome, sparking questions from the class and a response from Brigham: “The No. 1 cause of mental retardation is and provides what sickly humorous article is the world record for kissing health issues. The class can be taken individually or as part of a coordinated study.

Global Health instructor Tracy Brigham teaches that a Band-Aid isn’t enough when it comes to world health issues. The class is taught both as a physical education course and offers days, nights and weekends — onsite and online. With convenient locations near where you live or work, you can take advantage of our credit class at Highline that satisfies both PE and diversity/globalizm requirements.

Some of the issues are controversial and depressing, “but that’s what’s happening in the world right now,” she said. “We can’t just ignore what’s happening out there.”

Brigham said that her experience as a world traveler is what inspired her to create the class.

“As I got out there more, and saw more of the world, I became more and more aware and interested in these issues,” she said.

After a while she realized that traveling wasn’t enough and felt more and more aware and interested in these issues that Brigham is lecturing on.

The issues discussed are so current that there’s no textbook for the class, Brigham said. By the time she could find and order one, it would be out of date.

The class is taught both as a five-credit standalone course and a ten-credit coordinated study.

This quarter Brigham is teaching the class by herself, but she said she plans on teaching it again as a diversity/globalizm course.

Some of the things that students can earn service learning for are donating blood, writing action alert letters, attending global health related events, participating in food drives, and donating “Kits for Kids.”

The idea for “Kits for Kids” came from a Highlander student who was inspired by a similar project that World Vision was doing.

Students in the class bring in zip lock bags that contain pencils, pens, paper, rulers, and crayons. The kits are then delivered in person by professors like Brigham who travel to other countries.

Brigham said that some of the places the kits have been taken are Uganda, Cameroon, Mexico, Guatemala, local schools, and Burn Camp.

Service learning allows students to get involved and make a difference in ways that don’t take much time or money. “Otherwise it could be a really depressing class,” Brigham said.

This quarter student also was required to do a group action related to the issues they were assigned. The food and hunger group decided to collect food and money to donate to the Des Moines food bank.

They split up into three groups and stood out-front of stores holding posters, said Michelle McGrath, a member of the food and hunger group: “The one that I went to wasn’t successful because we didn’t get permission,” McGrath said.

She said that one of the three groups was successful though and made $527 and some food to donate.

Page Russell, whose group’s topic is genital herpes, said that their group action would take place in the next few weeks.

She said they had “no clue” what they were doing yet, but she said it will be “something good.”

DeAnna Hunter, a member of the Africa group, whose issue was AIDS, said that her group would be having a bake sale at 11 a.m. on Wednesday, March 3.

The group said the money that’s raised will be donated to the Global Health Issues is a class with a mission, Tracy Brigham said. A mission to help students “break out of the bubble we live in here in America,” and in the process of doing so change the world.

Thinking about your future?
Want to earn real-world experience & college credit?

Think Co-op

By Justin Williams

Students chatter as PE and health instructor Tracy Brigham passes back HIV/AIDS public service announcements. The projects range from posters with "got condoms" slogans to a Valentine’s Day candy box whose chocolates had been replaced by latex.

“This weekend was at Mr. Bachelor with my friends grading these,” Brigham said as she continued to walk through the room, trying to get to all 26 students. Five students take center stage. They begin to take turns reading news articles about current events. The first student reads an article about fetal alcohol syndrome, sparking questions from the class and a response from Brigham: “The No. 1 cause of mental retardation is and provides what sickly humorous article is the world record for kissing health issues. The class can be taken individually or as part of a coordinated study.

Global Health instructor Tracy Brigham teaches that a Band-Aid isn’t enough when it comes to world health issues. The class is taught both as a physical education course and offers days, nights and weekends — onsite and online. With convenient locations near where you live or work, you can take advantage of our credit class at Highline that satisfies both PE and diversity/globalizm requirements.

Some of the issues are controversial and depressing, “but that’s what’s happening in the world right now,” she said. “We can’t just ignore what’s happening out there.”

Brigham said that her experience as a world traveler is what inspired her to create the class.

“As I got out there more, and saw more of the world, I became more and more aware and interested in these issues,” she said.

After a while she realized that traveling wasn’t enough and felt more and more aware and interested in these issues that Brigham is lecturing on.

The issues discussed are so current that there’s no textbook for the class, Brigham said. By the time she could find and order one, it would be out of date.

The class is taught both as a five-credit standalone course and a ten-credit coordinated study.

This quarter Brigham is teaching the class by herself, but she said she plans on teaching it again as a diversity/globalizm course.

Some of the things that students can earn service learning for are donating blood, writing action alert letters, attending global health related events, participating in food drives, and donating “Kits for Kids.”

The idea for “Kits for Kids” came from a Highlander student who was inspired by a similar project that World Vision was doing.

Students in the class bring in zip lock bags that contain pencils, pens, paper, rulers, and crayons. The kits are then delivered in person by professors like Brigham who travel to other countries.

Brigham said that some of the places the kits have been taken are Uganda, Cameroon, Mexico, Guatemala, local schools, and Burn Camp.

Service learning allows students to get involved and make a difference in ways that don’t take much time or money. “Otherwise it could be a really depressing class,” Brigham said.

This quarter student also was required to do a group action related to the issues they were assigned. The food and hunger group decided to collect food and money to donate to the Des Moines food bank.

They split up into three groups and stood out-front of stores holding posters, said Michelle McGrath, a member of the food and hunger group: “The one that I went to wasn’t successful because we didn’t get permission,” McGrath said.

She said that one of the three groups was successful though and made $527 and some food to donate.

Page Russell, whose group’s topic is genital herpes, said that their group action would take place in the next few weeks.

She said they had “no clue” what they were doing yet, but she said it will be “something good.”

DeAnna Hunter, a member of the Africa group, whose issue was AIDS, said that her group would be having a bake sale at 11 a.m. on Wednesday, March 3.

The group said the money that’s raised will be donated to the Global Health Issues is a class with a mission, Tracy Brigham said. A mission to help students “break out of the bubble we live in here in America,” and in the process of doing so change the world.

Thinking about your future?
Want to earn real-world experience & college credit?

Think Co-op
Balloon Wizards hope to work business magic

By Karen Morrow

When you enter six balloon wizards, it looks like a party. A big heart-shaped balloon is on display in the front window, built with 175 three-inch red balloons. The store is decorated with all sorts of balloons, from a mini-hot air balloon to special balloons stuffed with gifts. Pictures of large displays done by owners Shannon Rivers and Lee Falley decorate the walls.

Rivers and Falley opened the store, at 22306 Marine View Dr. S. in Des Moines, on Jan. 30 after several years of doing the work from home. The location, next to the Des Moines Dog House, is on a busy corner. The site has hosted several other businesses over the years. It was vacant for several months before the Balloon Wizards came to work their magic.

They have worked on designs ranging from decorating for the first anniversary of Seabawks Stadium, to the 75th anniversary of the Paramount Theater and 5th Avenue Theater to a formal Chinese wedding.

They once made an anchor out of 500 balloons for the Highline Commodore of the Year award. "The bar mitzvahs are our favorite, because we are given no special instructions and can show our creative talents," Rivers said.

Falley's favorite is designing company logos with balloons. Balloon Wizards plans parties of all occasions and special events.

Rivers said special balloons, stuffed with chocolates or teddy bears, are very popular. "People go crazy when they see him," Rivers said of Sweet Stuff the bear.

Rivers and Falley also hope to cater to children.

"We wanted to create memories for the kids," Rivers said. "It really looked good when we checked it out. At the Nibble of Des Moines, there is a build-your-own-balloon arrangement for $10 to $15. We have made decorations for the Highline Commodore of the Year Celebration, a volunteer of the Year award. It was an anchor with a ribbon using 500 balloons. The owners say they also try to give back to the community, and have decorated for the grand opening and fund-raiser for Gilda's Club, a cancer support organization, in Seattle. Not every balloon project works out. At the Nibble of Des Moines, the duo built a display for the annual food fest. "It really looked good when we were done," said Rivers. "The next day, we went to check it out. The rain and high winds came overnight and made a real mess."

Balloon Wizards also offers build your own balloon arrangements for $10 to $15. Balloon Wizards is open seven days a week.

---

Every Journey Begins With the First Step.

Argosy University
Seattle, WA 98109

Bachelor's degree completion programs in business administration and psychology. Graduate programs in business, education, counseling, and psychology.

Argosy University is accredited by the Higher Learning Commission and is a member of the North Central Association (30 North LaSalle Street, Suite 2000, Chicago, IL 60601, 1-312-263-0450, www.ncahlc.org).

Classes Begin 01•05•2004

---

Balancers restaurant employee stands at the register. Photo by Chuck Cortez

Breakers breaks tradition Des Moines diners

By William Schlegel

If you're around the Des Moines area, and you can hear your stomach growling, or you just simply want to enjoy a spectacular view with nice food, maybe Balcom's the place for you.

Almost hidden in a small almost random looking building, Breakers Restaurant, specializing in seafood, has been a favorite for locals and visitors of Des Moines ever since its opening in June 1996, under owners Joyce Balcom and Jim and Linda Reid.

"The food and service is what everyone keeps mentioning about and that is mainly why people keep coming back," Balcom says. "But, you also get views of the marina, the fishing pier, and the boats. It's very accommodating to another seafood restaurant, Balcom explains, and it's non-smoking and open all year round, but closed Monday. It also accommodates lunch or dinner meetings, and other special events. Reservations can be made by calling 206-878-7719. Hours are from 11 a.m. to 7:30 p.m."

Balcom also offers cocktails, beer and wine, and serves breakfast Saturday and Sunday. In the summer, Breakers features outdoor rooftop dining and seating. So, one could only ponder watching the sunset while enjoying a nice relaxing dinner, in cozy weather. Another interesting thing about the restaurant is the amount of photographs and news clippings that cling to the walls, leading one to believe that there is more history to the place than meets the eye.

Breakers Restaurant is located at 22503 Dock Ave. S. It's non-smoking and open all year round, but closed Monday. It also accommodates lunch or dinner meetings, and other special events. Reservations can be made by calling 206-878-7719. Hours are from 11 a.m. to 7:30 p.m.

---

You are cordially invited to
Do Nothing Shallow

When

Now

Where

Argosy University, Seattle

Why


BASTYR UNIVERSITY

Argosy University/Seattle
1019 8th Avenue North
Seattle, WA 98109
206-283-4500 or 866-283-2777
www.argosyu.edu

Bachelor's degree completion programs in business administration and psychology. Graduate programs in business, education, counseling, and psychology.

Argosy University is accredited by the Higher Learning Commission and is a member of the North Central Association (30 North LaSalle Street, Suite 2000, Chicago, IL 60601, 1-312-263-0450, www.ncahlc.org).

Classes Begin 01•05•2004

---

A page from the Argosy University/Seattle newsletter, featuring an advertisement for their health psychology program.
Coffee house stirs up Des Moines

By Karen Morrow
STAFF REPORTER

It’s not just another espresso stand.
Capt’n Coffee opened in Des Moines at 21925 Marina Dr., on Jan. 17. The new owners hope it becomes the hottest place to go for a smoothie, since they use their own secret recipe.

Capt’n Coffee is owned and operated by the mother and daughter team Kelli and Tomasina Doran. Capt’n Coffee (formerly Rani’s Tea and Coffee House) hopes to offer everything quick and easy to early morning commuters.

“We want to make it easier for early morning commuters,” added Kelli Doran. “We are hoping to compensate for no drive through, with several other coffee stands in the area.”

Capt’n Coffee faces a competitive market. Like all of the Seattle area, Des Moines doesn’t lack for coffee stands. Four other coffee stands or espresso bars operate within a half-mile stretch of Des Moines’ main drag, three within view of Capt’n Coffee.

Capt’n Coffee’s location has been under several different ownerships in the past five years. The new duo hope to succeed with better food, coffee and service.

They offer a range of breakfast sandwiches, all made fresh to order. Capt’n Coffee’s location is not a typical espresso stand. It is a cute doll-like house with white slat siding. Bright and colorful banners remain from it’s grand opening.

When you enter the house, you will be greeted by Tomasina or Kelli behind the counter ready to make your favorite coffee drink. “This business is trial and error of what customers like,” said Tomasina Doran.

The Capt’n Coffee house has

warm wood floors, large windows with hanging plants, and on the refrigerator are cutouts of the sandwiches offered.

All sandwiches can be made into a meal by adding chips or a cookie, or potato salad. Sandwich cost between $3 to $4. “If there is a certain sandwich and we have the fixings, it will be made for you,” said Tomasina Doran.

Friends are made over coffee and a large assortment of regular and sugar free flavors and sizes are offered. A non-fat, low-carb drink served hot or cold is also being offered.

When you buy nine coffees you get the 10th free. Coffee cards get double punches on Tuesdays and Thursdays. Once a month punched cards are placed in a basket for a drawing for a gift basket with a $10 coffee gift card.

The new owners plan on improvements with time. There are two outside deck areas that will be used in the summer. Improvements are needed inside as well. “We are going for the beach house look,” said Tomasina Doran.

They hope to offer outdoor seating after taking precautions the mother doesn’t get blown in the street by the high winds like a few weeks ago.

“I stopped traffic and a customer was kind enough to help me catch my runaway umbrella,” Kelli said.

Also more doggie stations will be available for the walking crowd from the beach areas. Water and treats will be offered.

The owners, both from Des Moines, like the city’s small-town environment. They offer 10 per cent off for all public service workers. They also do catering for large company meetings, and did the catering for the grand opening of Balloon Wizards.

Free delivery is offered; call 206-870-1163.

There is something for everyone to eat and drink at Capt’n Coffee. They are open seven days a week: Monday - Friday, 5 a.m. to 7 p.m. Saturday it’s open 7 a.m. to 7 p.m. and Sunday and 6 a.m. to 6 p.m.

“We feel our business will be good for the community, because it’s custom fit for everybody,” Tomasina Doran said.

Please come in for coffee and bring your student ID and receive 10 percent off your purchase.

Interactive Media Program will fall after spring

By Robert Everhart
STAFF REPORTER

Highline’s Interactive Media Program (IMP) is about to go the way of the 8-track tape.
The IMP, which trains students for careers in web and multimedia design, will be dropped after Spring Quarter 2004.

No new students have been admitted since last spring, and the last class of graduates will finish the program in June.

“It was a pragmatic decision,” said Marc Lentini, acting head of IMP, adding that the program increases the cost of educating each student, Allen said.

“In a time of tight budgets and with pressure to make cuts, eliminating IMP was a reduction that did not undermine other services or departments,” Allen said.

The move may be right for the way of the 8-track tape.

However, competition for jobs is expected to increase due to the dot-com collapse. "I think it’s a serious mistake by the college," said Erika Savoy, an IMP graduate. "Interactive media is a career field with a large potential for growth, she said.

State and national statistical analysts seem to support her assertion.

The federal Bureau of Labor Statistics web site projects long-term growth in the field, nationally. Washington’s Employment Security Department web site projects a 1.95 percent growth in projects a 1.95 percent growth in jobs for computer specialists between 2000 and 2010 in this state.

However, competition for jobs is high because of the large number of tech workers who are out of work due to the dot-com bust. Washington’s overall unemployment rate remains one of the highest in the nation, at 7.6 percent.

Highline does not plan to reinstate the program in the future, regardless of projections. Employer demands will drive the curriculum.

Web design and related skills required by employers will be taught in the Production Illustration program in the future, said Michael Allen.

Web designers face an uncertain future in Washington. What is certain is that they won’t be learning their trade at Highline anymore.

Interactive Media Program will fall after spring

The Highline Foundation will award 75 scholarships worth over $100,000 to attend Highline in 2004-05.

Attend this workshop for valuable tips on how to increase your chances of getting one of them.

You will learn:
- How these scholarship funds can be used and who is eligible to apply.
- Ways to package your application to make it more competitive.
- What kind of letters of recommendation and other official documents you will need to provide.
- And more!

Foundation scholarship applications will be available
March 9 and are due on April 16
New class examines why we laugh

By Justin Williams

Comedy can be serious business, said Susan Rich and Larry Blades, instructors of the coordinated study The Art of Laughter, Comedy Across Cultures. The Art of Laughter is a 10-credit class that combines five credits Writing 101/201 with five humanities credits.

The class also satisfies Highline's diversity and globalism requirement.

In the class students watch and analyze films that deal with different cultures and issues.

"This is the third year that Blades and Rich have taught the Art of Laughter but they said they have taught other coordinated studies together before.

They said that the idea for The Art of Laughter came out of four years of teaching a coordinated study about the Holocaust.

They developed The Art of Laughter to give them a lighter and less depressing topic to teach during the winter.

"They (students) really learn how to watch the film."

Students don't watch films every day, Blades said. They watch about two a week.

Blades said the students analyze the films and then have writing assignments that are linked to the films.

In the process of watching discussing and analyzing, "they (students) really learn how to watch the film," Blades said.

"The class doesn't just watch the films for their artistic content; "We look at the theories of comedy," Rich said.

Rich said that in the class, students are encouraged to analyze the films through different lenses than they are used to, looking for the cultural, political, and other serious issues that are addressed in the films.

"Using humor to make a political statement is a strong force," Rich said.

Liz Denchik, a student taking The Art of Laughter this quarter, said that apart from the movie responses, students also write three essays and do one group project in the class.

Denchik said that her group did their presentation on "Monty Python's The Search for the Holy Grail," a British comedy.

Denchik's group's performance was also a comedy.

She said that they had to show some clips and explain them to the class.

"Staying true to the theme of the movie, Denchik said that before every scene a group member clad in a crown and brandishing a sword would enter the room accompanied by music to introduce the scene.

Denchik said she signed up for the class because she needed a writing credit and thought it would be a fun way to get it.

Denchik's advice to students thinking about signing up for The Art of Laughter next winter is to "show up on time and don't leave early" because tardiness and leaving early are considered absences.

She also said, "read the book carefully; the tests on the book are very hard."

Blades and Rich will also be teaching another coordinated study next quarter called Sex and the Media.

Ends Workshop" Friday, March 5 1:30-3:30 p.m. in Building 30, room 318.

The workshop will feature seminars on:

- basic excel tasks,
- creating mail merge documents
- how to print envelopes and labels.

Please bring a disk to save your work. RSVP are appreciated but not required.

Outstanding Alumni

Every year Highline chooses a Highline graduate as their "Outstanding Alumni" of the quarter. If you know of any alumni that has made any significant contribution through community service, noteworthy professional achievement and/or recognized leadership, then you should nominate them for the award.

Nomination forms can be found at the Foundation website www.funds4highline.org

Kennewick Technology Passport is at the Foundation website.

Nomination forms can be found at the Foundation website www.funds4highline.org

Highline Technology Passport is at the Foundation website.

Office Space

Highline Technology Passport is at the Foundation website.

Free Birth Control for One Year!

For women and men at Planned Parenthood

You could qualify if:

- You have moderate income (Tens based on their income does)
- Washington resident and U.S. citizens or green card
- No other Medicaid coverage

Services include:

- Annual exam and counseling
- Birth control pills, novella ring
- DepoProvera, diaphragm, IUD
- Caps, condoms, foam, contraceptive patch
- Emergency contraception
- Vasectomy or tubal ligation

Planned Parenthood

1-800-230-PLAN

www.plannedparenthood.org
Theft
Continued from page 1

"Theft - Continued from page 1

night," said Lisa Rakoz, a physical education teacher at Highline. These thefts are taking place in the classrooms of Highline. It is not precise the exact times that they are stolen, said Chief Fisher, but he cites two categories of thefts. One is the night time, when everything is assumed to be locked up in the classrooms. Marie Zimmerman, dean of Instructional Resources, refers to night thefts as "intentional thefts."

During the night, people plan to take things, and are prepared. In the second instance, people steal during operating hours when the classrooms are unlocked. "Theft of opportunity," Zimmerman explained. "It is easy."

The college is not insured by the state. It is self-insured, which makes a large difference in the budget. Due to the fact that the school is constantly trying to replace these items, new and upgraded equipment cannot be bought as often as desired for the students' benefit.

"Many of the items that are stolen are small and portable," Zimmerman said. For the most part, it is equipment that can fit in bags or backpacks. At this point, the problem is beyond any one person's control. Zimmerman is asking everyone one with a key to lock unoccupied classrooms at all times. Everyone operating equipment is required to have a Highline identification card saying so. To do your part, Zimmerman suggests that faculty and staff ask to see identification of any one using or removing equipment. If you are hesitant to ask, call security and they will ask for you. The people who work on the equipment and have identification are not offended if asked to see, it pleases them that people care, Zimmerman said.

The school is asking everyone to be more vigilant. The college is doing its part in trying to save these items by experimenting with better ways to anchor the equipment and keep it in place, Zimmerman said. Currently a security cable protects the item from being stolen, but it is being proven that the cable is not cutting it. The school is trying to find ways to anchor things more securely so they are harder to get loose. "This takes more time for the person to get it unattached, and hopefully they will not want to take it.

Deaf
Continued from page 1

Computers on wheels, or COWs, are just one example of high-tech devices on campus that are hot items for thieves.

WSU adviser visits campus next Thursday

An adviser from Washington State University will be visiting campus next Thursday, March 11 from 10 a.m.-2 p.m. The adviser will be meeting with students individually. To sign up to meet the adviser, email transfer@highline.edu or stop by the Transfer Center in Building 6 upper level.

WSU, EWU and CWU reps visit March 16

Representatives from the Art Institute of Seattle, Eastern Washington University and Central Washington University will be visiting campus on Tuesday, March 16. The schools' representatives will be at Highline from 9 a.m.-12:30 p.m. Students can find the representatives in the lower level of Building 6 for advising.

Got news? Call us! Newsline: 206-878-3710 Ext 3318

Midway Gaming
Win A Chance to Play in WPT in Vegas Daily Tournament Starts 4PM

Win Twice & You're Going to VEGAS!

Official Partner

Register On-line midwaygaming.com