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The Thunderword

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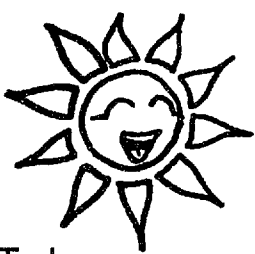
Highline Community College

What's
inside



Local rapper
produces
success.
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Weather
or Not?



Today
68°/53°



Friday
63°/51°



Saturday
56°/47°

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Bus fees could pay

Seattle colleges
use universal
charge to help
manage parking

By Amanda Downs

staff reporter

While Highline struggles with the issue of parking, Seattle district colleges have implemented a parking plan that has been successful.

At North Seattle, South Seattle, and Seattle Central community colleges, a \$10 per quarter (\$7 in summer) Transportation Management Fee is charged to students enrolled for 10 or more credits.

The money gained from the fee helps pay for the maintenance of the parking lots and offers drastic discounts for bus passes.

Paying this fee gives students the opportunity to receive a \$30 subsidy each quarter on a one-

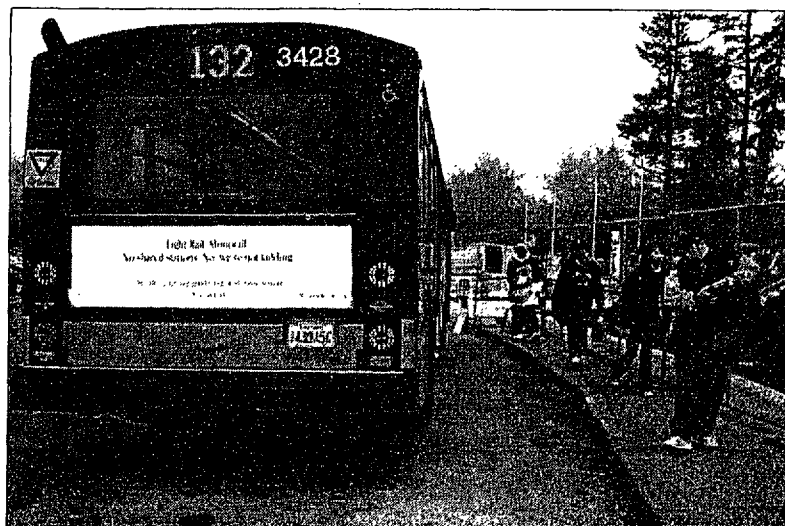


Photo by Amber Trillo

More students might be tempted to take the bus to Highline if it had a bus pass program like that used in Seattle.

month regular Metro pass or a \$45 reimbursement each quarter on the ferry pass or Pierce/Snohomish Transit pass.

Another option for students is purchasing a quarterly bus pass, called a GOPass, for \$75. The usual cost for a GOPass is \$220. A GOPass is a three zone bus pass valid for the Sound Transit

system and is also good on the Sounder train and ferry system.

A transportation fee plan was mentioned and considered at Highline last spring in forums regarding parking, but so far no plan has been established.

Established or not, some

See Transit, Page 12

Fall classes could offer three day weekends

By Elizabeth Tacke

staff reporter

Students may have the option of four-day class weeks starting fall of 2005.

The new schedule would "allow faculty flexibility and student flexibility. Everyone has a lot of individual circumstances...it gives people options," said Scott Hardin, the associate dean for Academic Affairs.

The alternate schedule, proposed by Vice President for Academic Affairs Jack Birmingham, was a possible solution to workload concerns from faculty members.

The idea of a four-day class week is being studied by a subcommittee made up of five division directors. Throughout Fall Quarter the committee will hold meetings and open forums to receive feedback from the Highline community.

The new schedule would not affect the morning classes from 7 a.m. to 10:50 a.m., but starting from 11 a.m. to 2:23 p.m., students would have the option to take Monday-Thursday courses or the regular Monday-Friday courses. Evening classes would remain unaffected as well.

The day off from classes would give students an extra day for work or study and allow teachers time to prepare and schedule meetings.

"I think it would be nice to have Fridays off and have longer weekends," said Highline student Lisa Isberg.

The new schedule would also allow an additional 15 minutes of class time. Students and teachers can accomplish more in four days with longer class periods and allow themselves to "get in the groove," said Division Chairman of Arts and Humanities Lonny Kaneko.

Hardin emphasizes that the day off from classes would be in no way a day off from work.

"Faculty would be on campus," he says.

Math professor Ed Morris

See Schedule, Page 12

Every t-shirt tells a story

By Maurice Williams

staff reporter

T-shirts dedicated to the victims of domestic abuse hang from the walls of Building 6 for Domestic Violence Awareness month.

"You can see by our t-shirts that quite a few people have been participating," said Program Assistant for Women's Programs Ann Sawyer.

Students, faculty and staff are able to paint and design their own t-shirts, conveying their message about domestic violence.

The American Medical Association estimates that over 4 million women are victims of severe assaults by boyfriends and husbands each year.

"We have a resource table of information," said Sawyer. "We usually have a speaker from one of our resource agencies, like the Domestic Abuse Women's Network, come in and speak."

See T-shirt, Page 3



Photo by Sara Loken

Ann Sawyer and Shaunte Stephens, in building 6, overseeing the Domestic Violence Awareness t-shirt event.

CSI: CAREER WORKSHOPS HELP PLAN FUTURE

By Tammy Schuster

staff reporter

Alarm doesn't prevent theft

An amplifier was stolen out of a Chevy S10 pickup.

It was parked in the Midway parking lot on Oct. 11.

The driver's side door was the point of entry.

The car had an alarm on when the incident happened between the hours of 10 a.m. and 5 p.m.

Car stolen from east parking lot

A black Eclipse was stolen from the east parking lot on Wednesday Oct. 6. The Kent Police were notified.

Another vehicle was reported to have small holes by the passenger door handle, that could have been an attempt to break in.

Thefts occur on campus

A staff member had her Panasonic camcorder stolen from Building 6 at 12:50 a.m. on Oct. 7.

A data projector was stolen from Building 17 in room 102. It was stolen between 6:30 a.m. and 9:45 a.m.

Purse stolen from car

A purse was stolen out of a student's car on Oct. 6 at 4 p.m. The vehicle was parked in the north parking lot.

Suspicious persons leave

Three suspicious males were seen near the pop machines at Building 16.

The individuals were investigated and asked to leave. They cooperated and left with no further incident.

Cars back in to each other

An accident occurred in Highline's parking lot on Oct. 11.

A student backed into another vehicle breaking the tail light and scratching the driver side mirror.

Insurance information was exchanged and the police were not contacted.

-Complied By Ryan Barkley

Richard Ung, a 19-year-old Federal Way resident and second-year Highline student, is still struggling with deciding his major. He has studied a range of topics from computer engineering, to four years of Japanese and movie production.

"It is always so hard [to find a major] because you need to find your passion that you are good in," Ung said.

Students similar to Ung, who are struggling to determine their major, can find help this Fall Quarter at Highline's Career Connections Workshop Series.

The series is every Thursday from 12:10 to 1 p.m., and runs through Dec. 2. It's free of charge for participants.

Each fall, winter, and spring quarters a workshop series is offered on campus by Highline's Career & Employment Center. Typical topics include resume writing, interview techniques and choosing a career and major.

Other topics offered this quarter include maintaining a work/life balance and information sessions about joining the Peace Corps and AmeriCorps.

The series is on a drop-in basis and materials are supplied. There is no need to attend all workshops; however, those job searching and new to the college will benefit from this series, said Erik Tingelstad, director of Highline's testing, career & employment services.

The next workshop, Choosing a Career or College Major, today, will be facilitated by Tingelstad.

This workshop will use web-



Tingelstad

based resources and on-line assessments in order to search and review possible careers and majors.

Participants will complete an interest inventory and be supplied with suggested steps to continuing their search.

Other facilitators from Highline's faculty and staff for this series will be Chris Panganiban from Employment Services, Temple D'Amico from Women's Programs, and Counselors Lance Gibson and Gloria Koepping.

From off-campus, Executive and Personal Career Coach, Sandra Wright, will be facilitating the workshop entitled Maintaining a Work/Life Balance on Oct. 28. This workshop will be beneficial for any student who is juggling school, work and/or family, said Tingelstad.

Following the prior workshop will be an information session, Joining the Peace Corps, on Nov. 18. This will be the second informational session at Highline about the Peace Corps organization. The first information session for the Peace Corps was offered Spring Quarter 2004.

This session will cover eligi-

bility and criteria for those who are interested, including degrees and skills that will be beneficial to the Peace Corps, said Tingelstad.

The second information session and final workshop for the series will be about the network of national service programs, AmeriCorps, on Dec. 2. This particular information session will be the first one ever offered at Highline, said Tingelstad.

AmeriCorps focuses on issues about education, public safety, health and the environment.

The network comprises three programs: AmeriCorps*State and National, AmeriCorps*VISTA and AmeriCorps*NCCC (National Civilian Community Corps). In addition, AmeriCorps is a part of the Corporation for National and Community Service.

"[The Peace Corps and AmeriCorps are] a great opportunity to help others see the world and figure out what [you] want to do," said Tingelstad.

Tingelstad has been pleased with the prior workshop series plus their attendance. The workshops have averaged 15 participants each.

All workshops are free of charge and they are on a drop-in and come-as-is basis.

Meanwhile, Richard Ung is still undecided about his future major.

"No one ever knows their true major," said Ung.

However, he said he was interested in the workshop series if it could help him find a major and possibly further his sparked interest in movie production.

For more information, contact Erik Tingelstad at 206-878-3710, ext. 3599.

Schedule of career workshops

All workshops will be Thursdays from 12:10 to 1 p.m. in Building 23, Room 111, unless otherwise noted:

• Oct. 14: Choosing a Career or College Major in Building 30, Room 318. Facilitator: Erik Tingelstad.

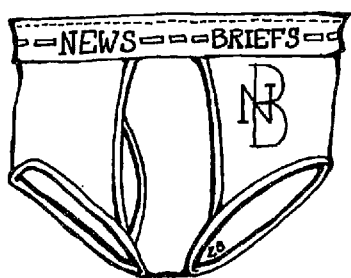
• Oct. 21: Resume Writing 101. Facilitator: Chris Panganiban.

• Oct. 28: Maintaining a Work/Life Balance. Facilitator: Executive and Personal Coach Sandra Wright.

• Nov. 4: Interview Techniques. Facilitator: Temple D'Amico.

• Nov. 18: Joining the Peace Corps. Facilitator: Lance Gibson.

• Dec. 2: Joining AmeriCorps. Facilitator: Gloria Koepping.



Blood drive is successful

Last week's blood drive drew a healthy response from the campus community. A total of 131 people signed up to donate and 107 people donated on Wednesday and Friday.

"These figures show that the blood drive was a true success," said Maegan Yapp, Team Highline member and coordinator of the blood drive.

Wednesday's blood drive drew 58 peoples, who gave 33 pints of blood with 33 first-time

donors.

Each donor donates one pint of blood and from that pint it is broken into three components: red blood cells, plasma and platelettes. These components could save three people's lives, said Christen Martian, donor representative for The Puget Sound Blood Center.

UW nursing at Highline

Students interested in transferring to the University of Washington School of Nursing will get the chance to learn about what they need to do.

An adviser from the UW will be on campus today to explain about applying, what to expect and how competitive the school is.

The workshop is in Building 21, room 202 from 1-2 p.m.

Learn about an AS degree

The Associate of Science transfer degree will be the focus at an upcoming workshop.

"Anyone interested in the fields of pre-medicine, pre-dental, biology and chemistry are strongly encouraged to attend," said Denny Steussy, educational planner.

This workshop is the last in a series of workshops put on by the Educational Planning and Advising Center.

It's on Oct. 19 from 1:15-2:05 p.m. in Building 10, room 103.

For more information contact Steussy at 206-878-3710, ext. 3534.

Correction

In the Sept. 30 issue of the

Thunderword, DeDe Michaud should have identified as a fiscal technician at the Childcare Center.

Home buying class offered

A new class will help potential home buyers start the process.

The class will teach students the advantage of owning a home, how credit is evaluated, how to qualify and obtain a mortgage loan and many other topics.

There is a fee of \$29 and those who register can bring a guest. The class will be at the Federal Way campus on Oct. 19 from 6:30-8:30 p.m.

For more information call the Center for Extended Learning office at 206-878-3710, ext. 3785 or e-mail exlearn@highline.edu.

By Dain Kaizuka

staff reporter

If you want more energy and don't feel like getting sick this quarter, a balanced diet is the way to go, experts say.

Keith Paton, Highline physical education coordinator, says there are two main reasons students should watch what they eat.

"Proper nutrition will make sure your energy level stays consistent throughout the day. Proper nutrition will keep your immune system strong so you won't get sick during the quarter," Paton said.

It's not enough to just watch what you eat but how you eat as well.

"Small frequent meals are a good way to go," Paton said. This will help keep your glucose level steady through out the day.

"As college students you want to have your full energy level so you don't fall asleep in class and you won't over eat later in the day," said Paton.

Over the past few years it seems like everybody is trying to cut carbohydrates out of their diet.

One student who tried a low carb diet said she didn't like it.

"I felt hungrier, I was more focused on food and worried about what I couldn't eat," Maria Tannehill said. "I also felt like I had a lot less energy."

The truth is that you need carbohydrates for energy. The Highline cafeteria also serves low-carb items



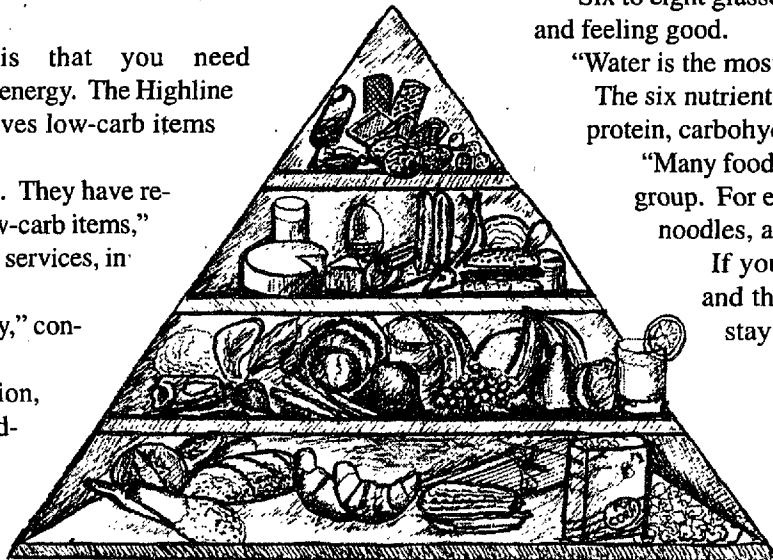
and many think this is healthier.

"...The mystery sandwiches in the hotbox are gone. They have replaced them with healthier fare, including a host of low-carb items," said Carol Helgerson, director of conference and event services, in a campus-wide e-mail.

This terminology of calling low-carb foods "healthy," concerns Paton.

"As someone who teaches about health and nutrition, I'm really concerned about advertising low-carb sandwiches as healthy," said Paton, in an e-mail. "This only fuels the fire of the low-carb fad which is not a healthy diet."

PYRAMID POWER Eating Right Can Help You



Paton would also like to see the advertising of low-carb items as healthy, removed from campus.

"I think it's important to promote these food items accurately and to not mislead people into what has become the latest diet scam," said Paton.

"Most nutritionists would tell you more than 50 percent of calories should come from carbohydrates," Paton said.

The U.S. Department of Agriculture says that a healthy diet must provide the right balance of carbohydrates, fats and protein to reduce risks for chronic diseases.

It's also important for women to eat foods rich in calcium. The USDA says, "By selecting low-fat or fat-free dairy items and other low-fat calcium sources, they (women) can obtain adequate calcium and keep fat intake from being too high."

Americans eat too much fast food, which are primarily empty calories and too many simple sugars that are burned off very quickly.

In contrast, Paton suggests eating "more nutrient-dense calories, whole grain breads, fruits and vegetables." These are good sources of complex carbohydrates, a longer-lasting source of energy.

"I really cut back on fast food last year," Josh McPharlin, student said. "I lost a little bit of weight and I feel tons healthier since I quit eating as much fast food and started eating more fruits."

Another great idea is to drink water.

Six to eight glasses a day are all you need to keep properly hydrated and feeling good.

"Water is the most essential of the six nutrients," said Paton.

The six nutrients your body needs to function properly are; water, protein, carbohydrates, vitamins, minerals and fats.

"Many foods you eat contain servings from more than one food group. For example, soups and stews may contain meat, beans, noodles, and vegetables," says the USDA.

If you can figure out what your particular body needs and the proper balance of the six nutrients, you should stay healthy all quarter.

Go on line and fill out a diet log to see how well you're balancing your nutrition at www.usda.gov/cnpp. This site is put up by the USDA. It contains all the latest news on health and nutrition.

Sara Loken contributed to this story.

T-Shirt

continued from Page 1

People came and made t-shirts in memory of domestic violence victims on Tuesday.

"Highline has been around for 41 years; the program has been at Highline for about 31 years," said Sawyer. "Our Women's Programs is the biggest in South King County."

Sawyer, who has been at Highline for 14 years, has been with the Women's Programs for one year.

"Every quarter we have women come in who are trying to get out of an abusive relationship," said Sawyer. "If we can impact just one person, we're successful."

There are stereotypes about women in abusive relationships.

The Mid-Valley Women's Crisis website (www.mvwcs.com) claims that... "Society in general holds certain attitudes about women

and their proper roles. Some of these attitudes and stereotypes work in favor of abusers and against women who are their victims. The following list describes some of the negative social attitudes and practices, as well as the abuser's actions that are supported by the stereotypes about women:

- Rigid stereotypes and roles for men and women.
- Women trained, by custom and sometimes by law, to be dependent on men.
- Barriers to women in employment, government, leadership.
- The view that men ought to control money, jobs, all the family's major decisions.
- The family as an institution discourages any member from leaving or divorce.
- Police, doctors, schools, other institutions in society don't always respond quickly to clues of abuse.
- Crime, poverty, and other factors make women fearful of living alone.
- Tendency to over-prescribe drugs for women who are



Photo by Sara Loken

The painted t-shirts are on display in the bottom lobby of Building 6.

abused.

- The view that a woman's role is to take care of the family, and therefore any family troubles are the fault of the woman and are her responsibility to "fix".
- Family, friends tell the victim to try harder to be a better wife or partner.
- Faith expectations that a wife keep her marriage vows "for better or for worse."

• The view that children always suffer from divorce and keeping the family together is imperative.

"There isn't enough being done about women in abusive relationships. There should be more places for women to go to get out of abusive relationships," said student Marilyn Gerhardt.

"Once they get out they need to be more protected."

There are organizations like DAWN (Domestic Abuse Women's Network) that provide shelter and children's programs for women out of abusive relationships and their children.

Through these types of programs people around the world are trying to get a handle on why the cycle continues.

If you have any questions about abuse you may contact DAWN at 425-656-4305.

Editorial

School worth the money

It's apparent by now that getting into that college of your dreams is going to be harder than it looks, not because of qualifications or grades but because of overpopulation.

Almost all public Washington colleges and universities are having the same problem. Too many students and no class to put them in. It wouldn't be such a big issue, but the past is catching up to us fast.

The period of peace that followed World War II resulted in a population spike, an increase known as Baby Boom generation. Decades later, this group hits middle age and their children (the Baby Boom Echo) is getting ready to attend a four-year college. This includes a majority of Highline's transfer students.

Unfortunately, transferring now includes the element of luck in an era where there's just no space in the colleges for aspiring students anymore.

You can look at this from two points: money and vacancy; the latter being a dilemma that has plagued schools for the past decade. Class sizes have been increasing since possibly the late 1980s. Even Highline isn't immune as our school uses a waiting list when a class receives too many registrations.

The other factor, money, comes in the form of a biennial budget, an average of approximately \$45 billion. State Rep. Dave Upthegrove, D-Des Moines, says education and social services (think health care benefits and Medicare) already consume about 85 percent of that.

All levels of public schooling receive money from the state to help finance students' education. The money affects teacher salary, facility maintenance, and tuition costs among other things.

More students mean the government sends more money to the colleges. But the government doesn't have enough money to support this sudden mass of students and less money is being sent. Upthegrove also said that the budget for education is compounded with social services, an area burdened by rising medical costs.

There is a solution although it may leave a bad taste in your mouth. All of us, from state lawmakers to taxpayers, have to face the reality and bite the bullet. The only way to generate more money without losing out on any other amenities is to reasonably raise taxes a bit.

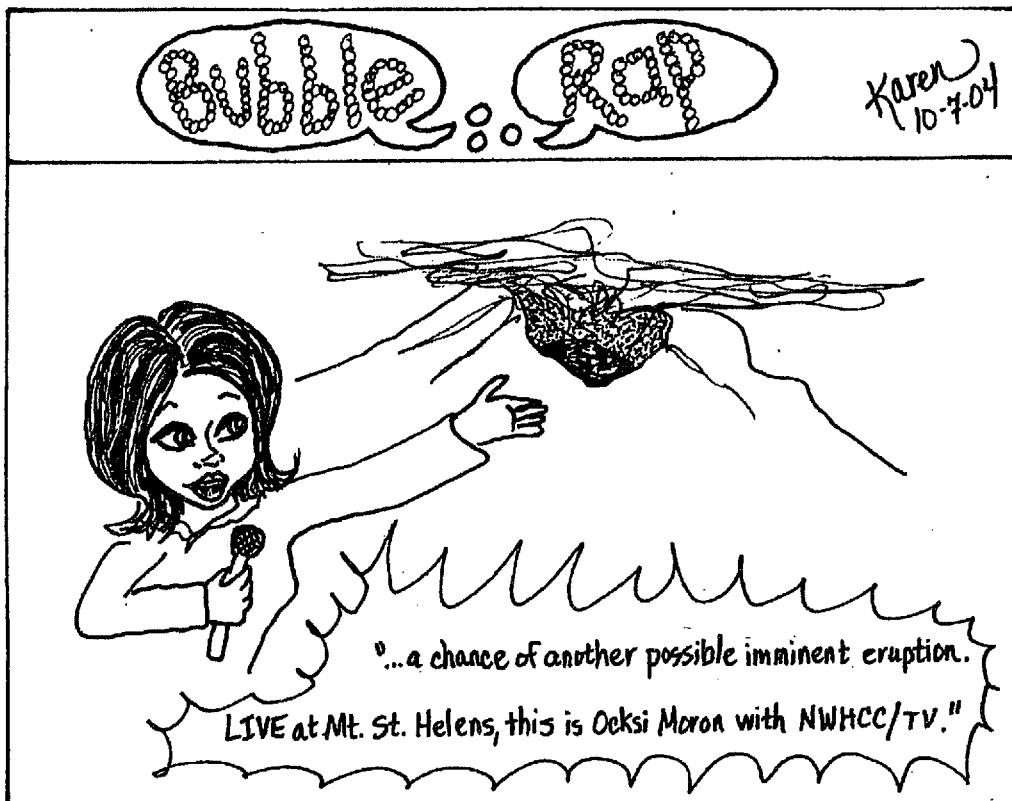
The idea is social anathema, but it's bitter medicine to prevent a serious ailment. Intelligent people who could possibly cure cancer or global warming someday are being rejected for an education that they are willing to work for.

Lawmakers need to get serious about the issue, but taxpayers need to bear with them. None of us probably like the idea of paying more but it's not invisible money. It pays for our future.

Question of the Week

Are there other solutions that could ease crowded colleges?

Write a letter to the editor and have your opinions in print! E-mail your letter to tdavis@highline.edu or deliver it to room 106 in Building 10. Please include some contact information, like your name and phone number. For more information, contact the Thunderword at 206-878-3710, ext. 3317.



Observations on extra credit

This year, Highline has been generous enough to offer a multitude of workshops and session for the curious student. From careers to genetically modified foods, we've been bombarded with useful information, but are students there to learn anything or just enhance their GPA's?

It all started at the beginning of the year. In one of my classes, a chance for extra credit was offered. I think "Cool! That's a useful option to have open!" This extra credit opportunity involved going to one of the numerous Career Center seminars.

Theoretically, it's not a bad idea. Go to the seminar, obtain useful information, and boost your grade average as a result. Easy as pie.

A little too easy. Take a look at this from a different perspective. On one hand you have the ideal: the student goes to the session and utilizes the information gathered from it in a positive and fruitful way, energizing his or her vision of the future.

But when you add the extra credit to that as a motivational piece, it mutates the whole reason for going to the seminar. At that point, what's preventing me from thinking "I'll just attend the seminar, sit through the



T - Time

By Taurean Davis

babble, and grab the extra point?"

I don't see anything wrong with getting extra credit to go to a seminar that could help you and/or entertain you, but why does it take extra credit to motivate us in the first place?

I admit I haven't been to a seminar yet this quarter, but it's not lack of interest. In the mornings, I either have to work before school or use the extra time to finish homework. My classes usually start around noon, and most, if not all, of my afternoon time is absorbed by working at the Thunderword.

One of these days, when the blue moon shines and the fates allow, I'll attend a seminar I find interesting. Not because I'll rack up an extra point, but because I actually want to.

I'm not saying it's a bad idea. I mean, come on, it's extra credit; who wouldn't go for that? I'm just worried it'll get to a point where getting more involved in school activities means bribing (yes, you can

look at it that way) students with points.

Extra credit shouldn't be used as a method of fostering participation. For teachers who are into that kind of thing, it probably doesn't start out that way. The teacher assumes the student will learn something useful.

But it shouldn't hurt to check, though. If teachers want to give the option of extra credit for events or any other activity, the student should bring back something tangible, like say, a summary of the session, for example.

I'm pretty sure most students do go to seminars for the sake of seeking knowledge or maybe they have free time and drop in out of interest (which is my preferred method).

Besides, the last thing the speaker is thinking about is your GPA. It should be the last thing on your mind as well. Be sure to give him or her the courtesy they deserve and keep your focus on what he's trying to get across to you.

Personally, I think learning something useful is enough extra credit, don't you think?

Taurean submitted this article to one of his classes for extra credit.

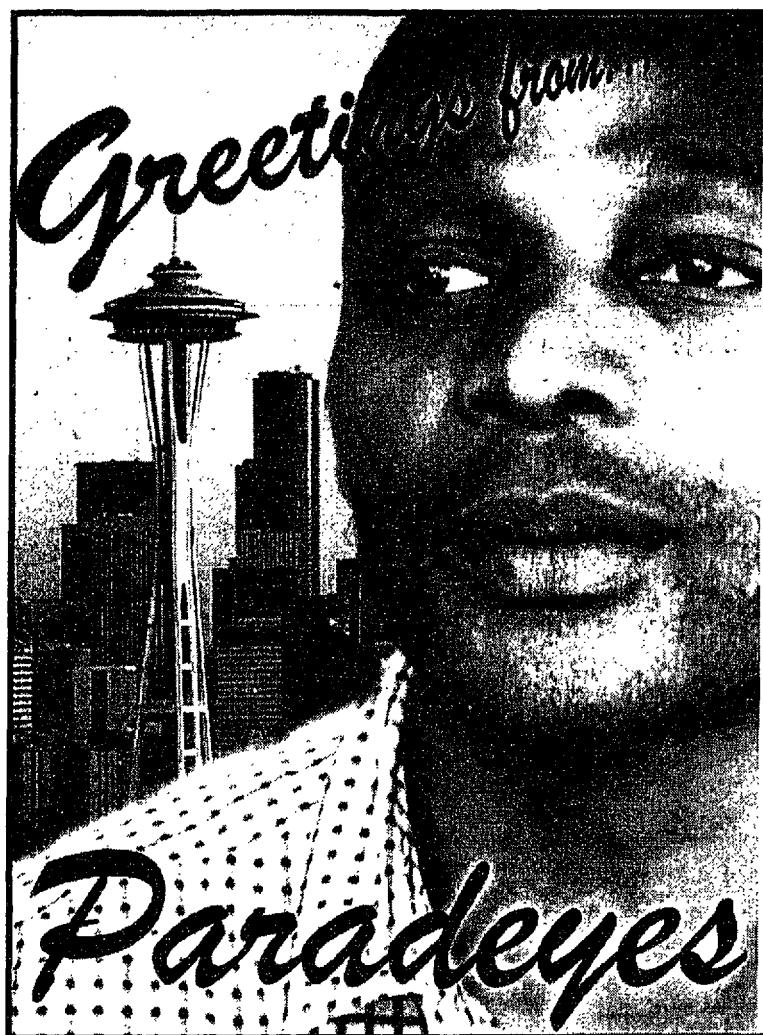
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"Why did I have to make this look right? Now it doesn't work."



Local rapper takes off

By Billy Naylor

staff reporter

Paradeyes hasn't been sitting around waiting to be discovered. In fact, you might've even seen him hopping bus to bus from Seattle to Tacoma, selling his music and making his dream a reality.

Since writing his first rhyme out of the blue at the age of 12, he knew he had a knack for lyricism, but during those young fertile years his content was in question.

He recalls how most of his life and lyrics revolved around violence and negativity up until one fateful night. Dead tired and almost asleep, he was awakened with a jolt, a feeling that told him he couldn't keep living the life he was living. He then began searching for a higher good, and found God.

"I just had garbage bags, I knew I had to change up my content," he said. "That was tell-

ing me it was time for a change, and after I found Jehovah I began looking at things in an un-stereotypical way."

After that conscience turn for the better, he started to educate himself and turn his life around. Once he began putting full attention towards his music, he took the open-mindedness he gained from that change and applied it to his lyrics.

Initially he started performing for college kids in Idaho and Eastern Washington. Now five years later he has an array of unreleased material, weekly local shows and the beginnings of his own label, Paradeyes Entertainment.

Although, unsigned and generally unrecognized, Paradeyes is making leaps and bounds in his career. Currently he has a self-titled EP out which is selling quite well in the streets, demonstrating you don't need a record deal to be successful.

For about \$5 you get nine tracks of substantial Hip-hop. The most obvious selling point of which is the collaboration joint with K.G., Red and the Bay-Area, slang-creating linguistic legend, E-40. While that collaboration is a decent track on its own, Paradeyes remains on point with

See Rapper, page 6

'Beauty' needs makeover 'Madwomen' takes over center stage

Shakespeare wouldn't love this weak film

By Sara Loken

staff reporter

Stage Beauty is somewhat of a wallflower.

It attempts to use the formula that worked for *Shakespeare in Love*, but the movie doesn't use the right ingredients and in the end there's not enough beauty to carry the film.

Stage Beauty follows Edward "Ned" Knyaston, played by Billy Crudup, a successful and popular actor in London during the 1660s.

He's also the most beautiful woman actor on the stage. In a time when men played women, Knyaston was the best.

But when King Charles II, played by Rupert Everett, decides to liven up the theater and change the law to allow women to play women, Knyaston's career unravels faster than his hair wigs.

The emerging star is Maria, played by Claire Danes, Knyaston's dressing maid. Being the first woman on the stage she is quickly taken from her life as a lowly maid to a London celebrity.

The costumes are great, the colors are vibrant and there are some funny parts. In that respect it follows the Shakespeare in Love formula, but it lacks in performances and script.



Photo from Lions Gate Films

Claire Danes and Billy Crudup in 'Stage Beauty.'

As Knyaston, Crudup seems like he's more excited about playing a woman than he is about playing an actual character who is a man playing a woman.

Watch for Crudup's terrible English accent it's hard to avoid while viewing the film.

He overplays his character and there's never a chance to find any emotional attachment to Knyaston as the story would suggest.

It's also impossible to understand Danes's Maria.

Sometimes she's serious and other times she's funny. It's easy to get lost and there's no real consistency.

By the end of the film there's no reason to really care how she feels because she's unable to lead from emotion to emotion.

The direction of the movie changes as the characters display emotions.

The problem with the style is that Crudup and Danes either overplay their emotions or never

fully develop them.

Richard Eyre's direction bounces around from character to character and when it's hard to understand the characters, it's hard to follow the direction.

Jeffrey Hatcher's script, adapted from his stage play, isn't strong enough to carry the movie.

While it's loaded with clever puns and quick jokes, it doesn't really fit in the setting.

The script is very modern with a few traditional lines thrown in to make it seem like it would fit in 1660s London, that little trick doesn't work. Some performances are worth noting.

Tom Wilkinson gives a very comedic performance as the owner of the playhouse and Everett is not very believable as the King, but tries hard and ends up being one of the most funny characters in the movie.

Stage Beauty opens Oct. 22, at the Harvard Exit theater in Seattle.

By Jessie Elliott

staff reporter

A band of madwomen, jugglers, and lovers invade the campus this November.

The Drama Department is putting on a production of Jean Giraudoux's *The Madwoman of Chaillot*, directed by Dr. Christiana Taylor, the department coordinator.

The Madwoman of Chaillot is a comedy about a small group of people who plot to remove the greedy and corrupt from the world.

"It is an enchanting play and quite resonant with our complex times.

It has an aura that is both gentle and wise," Dr. Taylor said.

There are 18 actors in the ensemble cast this quarter, which can be exciting and challenging.

"This is a good group with energy and imagination, and this makes the process exciting and full of discovery," Dr. Taylor said.

Aspects such as set design and costumes can be challenging with a larger cast.

"Attention to detail and the integration of acting, costume, lighting and design are usually both challenging and exciting," said Dr. Taylor.

Another challenge the cast is facing is the language, which requires good diaphragm work and good articulation, Dr. Taylor said.



Photo by Brian Yambe

Candice Williams, left, Carlos Calvo and Deborah Gerlt in rehearsal for 'Madwoman.'

They also face the constant challenge of time, she said. More rehearsal time is better, because the play is somewhat difficult.

"The play has lots of fascinating characters, each one must be well defined," Dr. Taylor said.

Dr. Taylor is focusing on bringing attention to all the elements of the play. She said even the themes that the playwright puts forward are better when the play is looked at as a whole and not focusing on one specific part.

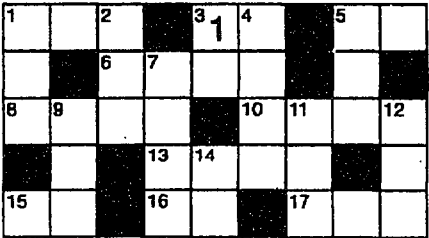
"The audience can expect a very good evening, engaging characters, smiles, delight, a touch of the mystical and a wonderful resolution," Dr. Taylor said of the production.

The Madwoman of Chaillot is playing in Building 4, Nov. 11-13 and 18-20 at 8 p.m.

PUZZLES

Rational Numbers by Linda Thistle

Using the clues, simple arithmetic, and a little logic, place a single digit (0 to 9) in each empty box in the diagram. To help you get started, one digit has been entered in the diagram.



ACROSS

- 1. 5-Across plus 1-Down
- 3. The last digit is three times the first digit
- 5. Nine more than 15-Across
- 6. Nine more than 4-Down
- 8. 1-Across plus 17-Across
- 10. Consecutive digits rearranged
- 13. Six times 8-Across
- 15. Four times 3-Across
- 16. Two times 3-Down
- 15. Sum of the digits is 3-Across

DOWN

- 1. 2-Down plus 11-Down
- 2. The third digit is the sum of the second digit and twice the first digit
- 3. Sum of the digits of 13-Across
- 4. 5-Across times 15-Across
- 5. Thirty less than 11-Down
- 7. 5-Down plus 12-Down
- 9. The first two digits are the same
- 11. Two times 9-Down
- 12. The last digit is the sum of the other digits
- 14. The last digit is three times the first digit

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Capital Intensive

Across

- 1 Kiss
- 5 NYU grads
- 9 Prepares a wall surface
- 14 Division term
- 15 Strauss the jeans maker
- 16 Comes before coffee and whiskey
- 17 Disparaging remark
- 18 around:street smart
- 19 Frosty
- 20 Capital
- 23 Dried grape
- 24 Caesar's triple
- 25 In favor of an action
- 28 Peculiar
- 29 Nursery item
- 32 Weather word
- 33 Foolish
- 34 Winnie The Pooh's obnoxious bush
- 35 Capital
- 39 Furnish
- 40 Bring into the family
- 41 Belongs to us
- 42 Some are primary
- 44 on a Grecian Urn
- 47 No to Walter Scott
- 48 Forest Mom
- 49 Munich coffeecake
- 51 Capital
- 54 Render harmless
- 57 Run, e.g.
- 58 Loud noise
- 59 Temporary money
- 60 Bobbin
- 61 Mount St. Helens' output
- 62 Domains
- 63 Olympic implement
- 64 Baseball's Slaughter
- 1 Eating place
- 2 Deliver
- 3 Clueless
- 4 Infections
- 5 Resident of 35 Across

Crossword 101

By Ed Canty



- 6 Vegetable
- 7 Eye part
- 8 Cab Calloway's "moocher"
- 9 Ten Commandments mountain
- 10 Light regulator
- 11 Zero:Slang
- 12 Sixth sense?
- 13 Timid
- 21 Seize
- 22 Address
- 25 Henry VIII's Catherine
- 26 Good or bad follower
- 27 Raw material
- 30 old time
- 31 Kind of code
- 32 Beds have one
- 33 Flamingo cousin
- 34 Plaster ingredient
- 35 Caesar's drink
- 36 Sometimes a fatal attraction
- 37 Former capital of Japan
- 38 Feasible
- 39 Long period of time
- 42 Gear part
- 43 A work of art:Fr.
- 44 John Glenn for one
- 45 From the beginning:Latin
- 46 E. R. procedures?
- 48 Gets rid of
- 50 HBO requirement
- 51 Diva's offering
- 52 Ooze
- 53 Alder, for one
- 54 Olympic shirt letters
- 55 Wall St. initials.
- 56 Exist

Quotable Quote

"To one extent, if you've seen one city slum, you've seen them all."

... Spiro Agnew

By GFR Associates ••• Visit our web site at www.gfrpuzzles.com



- 1. LITERATURE: Who wrote "The Martian Chronicles"?
- 2. HISTORY: When did West Germany become a part of NATO?
- 3. RELIGION: When was the King James version of the Bible finished?
- 4. GEOGRAPHY: What is a Mercator projection?
- 5. LANGUAGE: In what language does "prego" mean "please"?
- 6. MILITARY: What type of ship would likely be called a "dreadnought"?
- 7. PRESIDENTS: Who was

- the 33rd president of the United States?
- 8. MUSIC: "Scat" usually is sung to which type of music?
- 9. SCIENCE: Who is credited with inventing the liquid-fuel rocket?
- 10. FASHION: What kind of clothing is a cutaway?

- 10. Man's formal coat
- 9. Robert Goddard
- 8. Jazz
- 7. Harry Truman
- 6. Heavily armed battleship
- 5. Italian
- 4. World map
- 3. 1911
- 2. 1955
- 1. Ray Bradbury

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Rapper

continued from page 5

a steady rhythmic flow of impressive curse-free lyrics throughout the entire CD.

Paradeyes says one of the major roadblocks keeping the Northwest from getting on the Hip-hop map is our unidentified sound.

"I think it (the Northwest) has an identity crisis," he said. "No one seems to be taking what's theirs because they want to be a part of the West Coast. This is the Pac-10, North Coast, Twamp-6 and that's what the four-corners will be hearing, they're going to respect it, yell it back and give us our identity."

Paradeyes also said he didn't feel the need to move in order to make something of his music.

"I didn't look at New York, Los Angeles and Atlanta saying I wanted to do Hip-hop, because they were already established,"

he said. "I told myself, this is Washington, and I'm going to do what every other successful solo artist has done."

Paradeyes has some advice for all the kids still dreaming about making something substantial of their music.

"Learn how to get your business license, learn what a bio is, a marketing statement, a mission statement. Who's going to do your graphics? Who's going to do your beats? Supply an asset to the studio so it doesn't tap your pockets. Turn the spirit into physics."

Paradeyes new CD, *Rainfall*, should be in stores this month. For more information, contact Paradeyes by e-mailing him at Paradeyesentertainment@yahoo.com or calling 206-208-1307.

You can catch Paradeyes live at the Contour on Mondays, the Rainbow Room on Tuesdays, and the Old Timers Cafe on Thursdays.

Arts Calendar

- House of Terror: The Super-Mall in Auburn hosts a haunted house Oct. 15-16, 22-23 and 29-31, 7 p.m.-midnight; Sunday, Thursday and Oct. 24-28, 7-10 p.m. Children's tour (lights on): Oct. 16, noon-4 p.m. Tickets: \$10, ages 12 and younger must be accompanied by an adult.
- KUBE 93 Haunted House: Fridays-Saturdays and Oct. 31, 7 p.m.-midnight. Sundays and Thursdays and Oct. 25-27, 7-

- 10 p.m. Kids/Lights On day: Oct. 30, noon-3 p.m. South-center Mall. Tickets: \$10, discount with food donation (except Friday-Saturday).
- Wild Waves and Enchanted Village Fright Fest: Fridays-

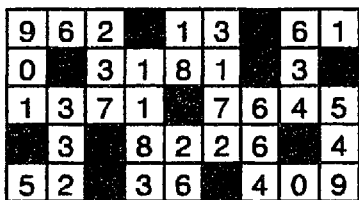
- Saturdays, 5-11 p.m.; Sundays, 5-9 p.m. Exit 142B, off Interstate 5, Federal Way. Tickets: \$29.99 plus tax, \$24.99 plus tax for children under 4 feet tall and seniors. www.sixflags.com.

LET'S DANCE



Rational Numbers

answers



Women's soccer wins to two to be No. 2

By Martha Molina

staff reporter

The women's soccer team has climbed back up to the No. 2 spot in the NWAACC Southwest Division with a pair of wins.

The T-Birds defeated Southwest Oregon 2-1 on Saturday, Oct. 9, then returned home to spank Shoreline 4-1 on Oct. 12.

Game conditions in Oregon included a bumpy field and windy weather that made it more difficult to control the ball.

Highline gave up an early goal in the first half, but main-

tained ball possession during the game, allowing SW Oregon only five shots during the game.

Midfielder/defender Amy Foster scored a goal on a rebound during the second half of the game.

With five minutes left in the game, defender/midfielder Tonya McLaughlin scored her first goal of the season on a penalty kick.

Defender Kelli Norris played her first college minutes and did real well, said Coach Jaimy McLaughlin.

Krista Cobb played for the



Photo by Bryan Yambe

Mariana Palermo, left, scores one of four Highline goals against Shoreline on Tuesday.

first time since Sept. 16, when she rolled her ankle in a game against Clark.

"Her (Cobb) ankle still bothers her," said Coach McLaughlin. "But overall, she did a good job."

Alex Pielak, who had arthroscopic surgery after suffering a slight tear in her knee in a game against Clackamas, has started therapy.

"She will start practicing lightly next week," said Coach McLaughlin.

Tuesday's game was a make up that was postponed a couple of weeks back due to Shoreline being short-handed in players.

"We waited to play, because it's better than training," said Coach McLaughlin. "We had a real opponent."

Tonya McLaughlin scored her second goal of the season off a 45-yard free kick. Good teamwork always scores as Nicole Veth, Mariana Palermo, and Lisa Groce proved. With the help of good passing, the T-Birds managed to get three goals for a 4-1 victory.

"The game was not that bad," said Coach McLaughlin. "We played well enough for a convincing win."

The T-Birds are preparing for the second round of the season. They all recognize their strengths and weaknesses and know what needs to get done in order to win.

"We are coming together as a team," said Alicia Wolfskill. "We are improving together and hope to win every game left in the season."

"We need to maintain our fitness and not get injured," said Erin King. "We have a chance at winning every game."

The T-Birds will visit Lower Columbia today at 4 p.m.

On Saturday, the T-Birds will come back home to play Olympic. The first time around, Highline defeated Olympic 4-2. Olympic has not played in the past 10 days or been defeated in the past six games.

Olympic had a rough start, but with the help of former Seattle Sounders Coach Neil Megson, the team has learned to play together, said Coach McLaughlin.

At noon, there will be a free barbecue served during both women's and men's soccer games, sponsored by the Athletic Department.

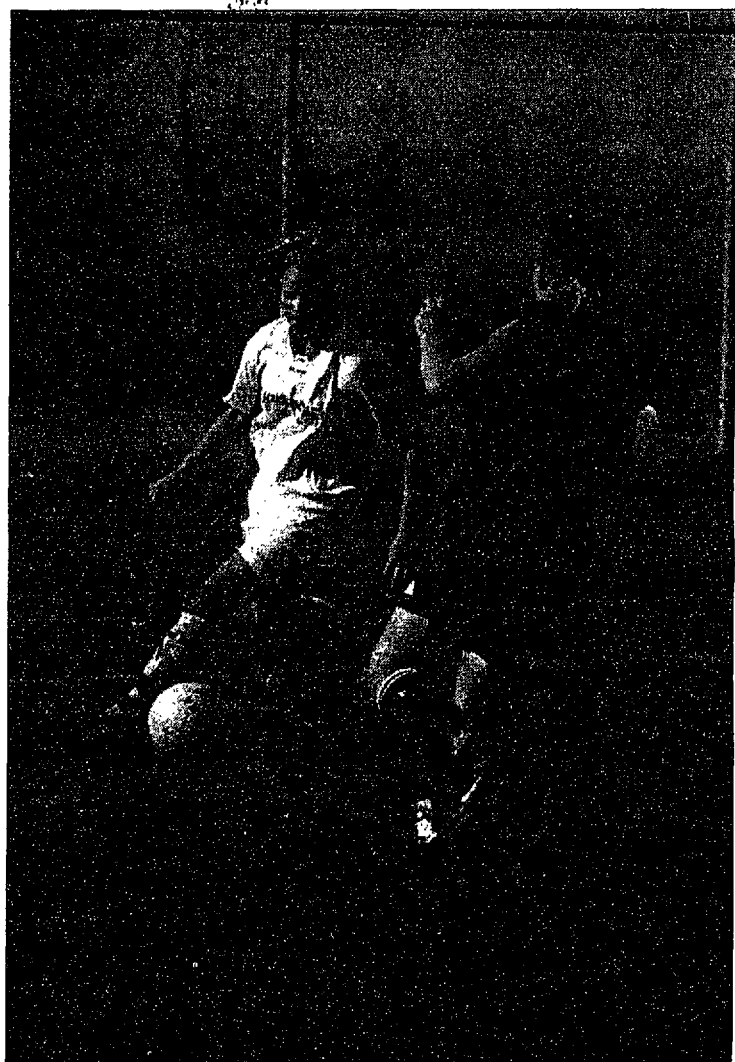


Photo by Amber Trillo

Katie Keniston tries to pass around a Shoreline player.

Volleyball loses to Green River, breaking streak

By Kim Ducharme

staff reporter

Highline's volleyball team ran their winning streak to three before dropping one to Green River on Oct. 8.

This loss to Green River kept the T-Birds from tying Clark for second. Highline now has a 4-2 record tying up with Green River for third place.

The T-Birds went into the game feeling prepared and ready to take on Green River.

"We are always prepared," said outside hitter Blythe Howard.

The ladies battled hard and unfortunately came up short in the fifth game to lose by two points, 30-27, 29-31, 33-31, 27-

30, 15-13.

Although the loss was a disappointment, the ladies fought hard throughout the whole game.

"There were a lot of good rallies," said middle hitter Jennifer Patnode.

Moana Sau had 12 kills, and Howard wasn't too far behind with 10 kills.

On Oct. 6 Highline dominated Pierce for its third straight win, 30-14, 30-13, 30-14.

Pierce currently stands in last place with a record of 0-6.

The win didn't come as a shock to the team or the coach, because as they all described, Pierce was just a practice team.

"It was fun because ya know it gives us a chance to pick up

our game. We had really good rallies and got to work on things, so it was fun," said Howard.

Outside hitter Jenna Bloczynski went on to explain that it's fun to play teams like Pierce because you get to try new plays and things you wouldn't normally do when playing a better team.

"I think we are going to be in first, we just need to keep working hard," said Head Coach John Littleman.

Despite the team's loss against Clark in the beginning of the season and the recent loss to Green River, the ladies remain confident about seeing the playoffs.

"We are unstoppable," said

"It was fun because it gives us a chance to pick up our game. We had really good rallies and got to work on things, so it was fun."

-Blythe Howard, outside hitter

Bloczynski "It's totally rad."

Littleman, however, would like to see more intensity out on the court.

The team agrees that they have a good, strong team, but have also set aside some personal goals for what they expect for the season.

"Just play my game and hope it rubs off on everyone else," said Howard.

Newcomer Karin Carr explained that she simply just wants to get back in the game. She hasn't played volleyball in 14 years and is just excited to be a part of a team again.

The ladies traveled to Lower Columbia to take on the undefeated Devils on Oct. 13.

"I think we are going to break their winning streak," said Howard.

Results for this game were unavailable at press time.

The Lady T-Birds next challenge Clark to a rematch at home on Oct. 15 at 7 p.m. Then Highline takes on Tacoma at home on Oct. 20 at 7 p.m.

10/14/04

THE THUNDERWORD

SPORTS

T-Bird men kick past opponents

By Jamie Grossmann

staff reporter

The Highline Men's soccer team stepped up to the challenge and disposed of both their opponents last week.

"We are beginning to believe in and enjoy each other," said Head Coach Jason Prenovost. "The team is taking shape."

"It is a very unique and diverse group of young men who are learning to work with and trust each other," said Prenovost.

"We are not where we need to be. What I like about this team is that they realize that and are willing to put in the work required to raise the level of our game," said Prenovost. "I have been frustrated with this team at times, now I am becoming a believer."

Another contributing factor to the team's success is that there have been no major injuries.

"We have guys who get hurt every game, but we have very few injuries which is another reason why this team has been successful," said Assistant



"We are not where we need to be. What I like about this team is that they realize that and are willing to put in the work required to raise the level of our game. I have been frustrated with this team at times, now I am becoming a believer."

— Jason Prenovost,
head men's soccer coach

Coach Tom Moore.

Last Thursday, the men traveled to South Puget Sound and beat the Clippers 3-0. With the win the T-Birds hold the tiebreaker over South Puget Sound if they end the season with the same record.

Anthony Melchior had three goals in the win to increase his season total to 12.

"What is exciting about the way Anthony is playing is that we have yet to see his best," said Prenovost.

"Our defense was great, South Puget Sound has one of the leagues best forwards and had not been shut out this season," said Prenovost.

On Saturday, the men traveled to Coos Bay, Ore. to take on Southwest Oregon. Behind the goals of Kyle Colbath and Dave Klein, the men posted their fifth straight victory and sixth shutout of the season.

"In the SW Oregon game Steve Pirotte had a great game both defending and attacking

out of the defense and AJ Koenig is quickly becoming one of the best outside defenders in the league," Prenovost said.

"Chris Conner was in goal and has played well," said Prenovost. "Conner is growing into a leadership role and Jacob Potter is a class act."

"Potter continues to work hard and be there for the team," said Prenovost. "Both are essential players to our success and we have been fortunate to have quality goalkeeping the

last couple years."

The men are in sole possession of second place in the division and are one point behind Clark for the division lead. The men travel to Peninsula on Friday in a rematch that saw the Highline men shut out Peninsula 7-0 earlier this year.

On Saturday, the men will return home to play host to Olympic and go for the season sweep. In the first meeting the T-Bird men won 4-1.

"Both those teams have had good results lately. They are well coached and riding momentum into our match ups," said Prenovost.

"We must prepare and enter both matches with the thought process that we will have a battle on our hands and we need to take our game to them to win."

There is plenty of soccer left to play this season and the largest tests are still ahead of them. Next week the men will take on both Clark and Bellevue in rematches of this season's earlier losses.

Highline runners find success at PLU meet

By Mark Knight

staff reporter

Highline's cross country teams had their best weekend of the season at the Pacific Lutheran Invite in Tacoma.

The men's team finished third out of eight teams and the women finished seventh, with team leader Sitges Marshall turning in another impressive performance.

After a long hard week of practices the week before, Head Coach Robert Yates was pleased with how his runners fared.

"They still came out and competed," Yates said. "It had been a long week and the runners were tired but I was impressed with the way they ran even though some didn't give a 100 percent."

Whitworth swept the men's and women's meets. Among community college teams, the women finished behind Clackamas but the men beat the Oregon school.

The women ran six kilometers instead of the usual five.

"I think our team did very well," said Highline's Sitges Marshall. "This was my first six kilometer race."

Marshall finished second



David Larpenteur

with a time of 22:31.8 while the winner, Sarah Smith from Pacific, finished with a time of 22:27.9.

"Sitges led for the first 4,000 meters," Yates said.

Smith passed Marshall and "I fell back to fifth at one point," Marshall said. Marshall then caught up and was on her tail till the finish.

Sarah Hudgins the next runner, "did well," said Yates.

She had a time of 25:02.2 and placed 28th. "Sarah is awesome; she inspires me," Marshall said.

"The other girls didn't really run as well as I think they liked," Yates said.

Crystal Lundahl had a time of 25:08.5 and placed 32nd.

The next finisher, Brittany Boysen, finished 45th and had a time of 26:35.0. Followed by Jami Jablonsky who placed 47th with a time of 27:20.6.

Highline's Zori Garasmichuk, who is a middle distance runner in track season, didn't finish in the top five to qualify for a team score.

Nonetheless, Yates was really impressed with her performance.

"Zori ran her best race of the year," he said. "She and Sitges had the best race of the day."

"Our women's team is so strong," Marshall said. "They inspire me and I inspire them... we run so well together."

The men had a team score of 97 and finished third as a team, which impressed Yates.

"The men did extremely well," he said.

David Larpenteur "easily had his best race of the season," Yates said. Larpenteur finished seventh with a time of 26:40.3. "He did really well," Yates said.

The next finisher, Robert Bartholomew had a time of 26:54.0 and finished 13th.

"His fastest time he has ever run in college, he was focused all the way through," Yates said.

Josh Frazier and Hassan Khalif, "ran strong but not their

best," Yates said.

Frazier finished with a time of 27:01.9 and placed 17th.

Khalif finished close behind with a time of 27:08.0 and placed 19th.

Trevor Kulvi placed 41st and had a time of 28:30.2.

Ryan Huff was sick and out

for the last race. "It hurt us as a team having him gone," Yates said. "Put us third out of eight when we could have been better."

The two teams will be traveling down to Gresham, Ore. and running in the Jim Danner Invite on Oct. 16.

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10/14/04

THE THUNDERWORD

Fastpitch needs teammates

About two years ago I had the opportunity to stand in and face last year's star Highline pitcher, Lacey Walter. Walter threw me three pitches- two fastballs and a change-up. To make a long story short I did not make contact with either fastball and was left hung out to dry on the change-up. The conclusion I came to is that fastpitch is more difficult then it looks.

This year's fastpitch team is already making preparations for this season, which is still six months away. They can be found on the fastpitch field Monday through Thursday going through drills, practicing the fundamentals and getting to know one another.

Along with practices the women have also done some traveling and participated in fall ball tournaments at fellow community colleges around the league.

Fastpitch lost seven players from last year's team; Head Coach Anne Schmidt considers the loss "standard turnover." However, there is still a need for more players this year, as only six are returning from last year's team and recruiting didn't go as planned.

"Four athletes had signed letters of intent prior to this year, however only one showed," said



Off the bench

By Jamie Grossmann

Schmidt.

It has been a down year in recruiting as many of the fastpitch athletes from the surrounding high schools have gone to Division II or Division I schools, Schmidt said.

The loss of those three and another freshman pitcher who will be out for the year after she was in a car accident adds to the need for a few more players to fill out the roster.

"Not having enough women has made it hard to make the necessary adjustments," said Schmidt. "This has been frustrating for the returners."

"There have been some good walk-ons but they can't commit the time," said Schmidt.

While the last tournament for fall ball is this weekend, the team will continue to practice through the winter to help prepare for the spring.

"I am expecting 12 when we begin practices in the winter," said Schmidt.

"During the winter we work on conditioning and just continue preparing for the season,"



Photo by Bryan Yambe

Shamika Young (right) and walk-on Tiffany Cothren participating in Tuesday's practice.

said returning sophomore Kristy Richardson.

The team this year will be more offensive than last year as they have gained a lot of hitting power from the incoming freshman, Schmidt said.

Two years ago the women went 31-1 and last year they went 19-13, losing eight of those games by two runs or less. The women are putting in the extra effort to bounce back this year.

Coach Schmidt and the rest of the team are looking for a few others with varsity high school

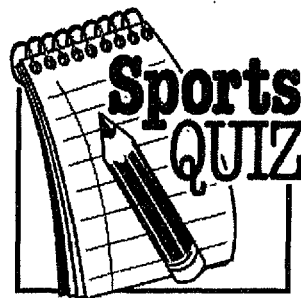
and/or select experience to join the team.

"Those that are interested should be ready to condition and go full-time in the winter," said Schmidt. "The returners are accepting, easygoing, and are supportive of one another."

"We work hard and expect a lot but are here to have fun," said Richardson.

For anyone that is interested contact Coach Schmidt at 206-878-3710 ext. 3459 or email her at aschmidt@highline.edu.

Jamie leads the league in hits and misses.



By Chris Richcreek

1. Who was the first Colorado Rockies player to win the Rookie of the Year award?

2. Who was the last New York Yankees hitter to lead the American League in strikeouts for a season before Jason Giambi did it in 2003 with 140 strikeouts?

3. Name the last non-Florida team to beat the Florida State Seminoles football team in three consecutive seasons.

4. Who held the NBA mark for the best coaching start before New Jersey's Lawrence Frank broke it last season by going 13-0?

5. Where is Glen Sather on the all-time winningest (regular season and playoffs) NHL coaches list?

6. Who was the youngest driver to win a championship in a NASCAR series?

7. Two women have won three straight Wimbledon singles championships during the past 35 years. Name them.

Answers

1. (1991-93) (1982-87) and Steffi Graf
2. Martina Navratilova title in 2003.
3. when he won the Busch Series
4. Brian Vickers was 20 bined victories.
5. Seven, with 586 combined victories.
6. Bulletts each started 9-0.
7. Jeannette (1947-48 Baltimore Angeles Lakers) and Buddy 4. Kurt Rambis (1998-99 Los 3. Auburn — 1983-85. strikeouts in 1960.
2. Mickey Mantle had 125 2003.
1. Pitcher Jason Jennings in (c) 2004 King Features Synd., Inc.

Clackamas d. SW Oregon 30-24,30-23,30-19
Blue Mountain d. Multnomah Bible 30-15,30-27,30-27

NWAACC / Horizon Air Coaches' Poll

School	Lea.	Rec.	Votes
1. Chemeketa	4-0	65	(4)
2. Col. Basin	3-1	51	(2)
3. Spokane	4-0	46	
4. Clackamas	3-1	39	(1)
5. Walla Walla	3-0	38	(1)
5. Whatcom	2-0	38	
7. L. Columbia	4-0	12	
8. Bellevue	2-1	8	

(First place votes in parentheses.)

Scoreboard

Men's Soccer

NORTHEAST	W-L-T
Edmonds	7-1-1
North Idaho	6-3-1
Walla Walla	5-2-1
Wenatchee	5-3-1
Spokane	3-1-4
Treasure V.	3-5-1
Skagit Vly.	3-5-0
Col. Basin	2-5-1
Everett	0-9-0
SOUTHWEST	W-L-T
Clark	9-0-2
Highline	9-2-1
S Puget Snd	8-3-1
Green River	6-5-1
SW Oregon	6-6-0
Tacoma	5-5-2
Bellevue	5-6-1
Peninsula	4-4-3
Shoreline	4-7-1
Olympic	1-10-1
Pierce	0-9-3

Edmonds 1,
Wenatchee Valley 1
Skagit Valley 2, Everett 0
Treasure Valley 1,
North Idaho 0
Walla Walla 1, Spokane 1
Highline 2, SW Oregon 0
Peninsula 2, Olympic 2
Tacoma 1, Pierce 0
Green River 5, Shoreline 0
South Puget Sound 4,
Bellevue 3
Bellevue 1, SW Oregon 0
Highline 3,

South Puget Sound 0
Shoreline 3, Pierce 1
Green River 4, Tacoma 1

Women's soccer

NORTHEAST	W-L-T
Spokane	7-1-0
Walla Walla	6-1-1
Edmonds	6-2-1
North Idaho	6-3-1
Treasure V.	4-4-1
Skagit Vly.	4-3-0
Col. Basin	2-6-0
Wenatchee	1-8-0
Everett	0-8-0
SOUTHWEST	W-L-T
Clackamas	10-0-1
Highline	8-1-1
Clark	7-2-1
Tacoma	6-5-0
Olympic	4-4-3
SW Oregon	4-5-2
Lower Col.	3-4-2
Green River	3-7-1
Bellevue	1-9-0
Shoreline	0-9-2

Highline 4, Shoreline 1
Edmonds 4,
Wenatchee Valley 0
Skagit Valley 8, Everett 0
Treasure Valley 1,
North Idaho 1
Spokane 3, Walla Walla 1
Clackamas 3, Tacoma 0
Highline 2, SW Oregon 1
Lower Columbia 1, Olympic 1
Green River 1, Shoreline 0

Clackamas 3, Shoreline 0
Tacoma 3, Green River 1
SW Oregon 2, Bellevue 1

Women's Volleyball

NORTH	W-L
Whatcom	5-0
Shoreline	4-1
Bellevue	3-2
Edmonds	3-3
Everett	1-4
Olympic	1-4
Skagit Valley	1-4
WEST	W-L
Lower Columbia	6-0
Clark	5-1
Green River	4-2
Highline	4-2
Tacoma	2-4
Grays Harbor	2-4
Centralia	1-5
Pierce	0-6
EAST	W-L
Columbia Basin	5-1
Spokane	5-1
Walla Walla	4-1
Big Bend	3-3
Yakima Valley	2-4
Treasure Valley	1-5
Blue Mountain	0-5
SOUTH	W-L
Clackamas	6-1
Chemeketa	4-2
Mt. Hood	4-2
Linn-Benton	1-4
SW Oregon	0-6

Shoreline d. Bellevue

18-8,28-30,30-28,30-27,15-12
Edmonds d. Everett 30-22,30-17,30-26
Whatcom d. Skagit Valley 30-14,30-14,23-30,30-13
Walla Walla d. Walla Walla College 30-21,26-30,30-20,17-30,16-14
Columbia Basin d. Spokane 29-31,30-28,30-17,30-21
Yakima Valley d. Treasure Valley 30-26,31-29,30-20
Clackamas d. Chemeketa 30-21,24-30,30-28,30-21
Mt Hood d. SW Oregon 30-22,28-30,30-28,30-16
Whatcom d. Edmonds 30-19,30-18,30-21
Shoreline d. Everett 30-23,30-13,30-16
Bellevue d. Olympic 30-12,30-28,30-19
Clark d. Centralia 30-16,30-19,30-24
Tacoma d. Grays Harbor 30-15,30-26,31-29
Green River d. Highline 30-27,29-31,33-31,27-30,15-13
Lower Columbia d. Pierce 30-11,30-19,30-12
Yakima Valley d. Blue Mountain 30-16,30-16,30-23
Columbia Basin d. Treasure Valley 30-14,30-25,30-15
Walla Walla d. Big Bend 30-17,30-12,30-17

Students invited to meet and eat

By Linh Tran

staff reporter

Student Government Vice President of Administration Christina Higashi is using food to persuade students to attend a new program called Meet and Eat, a monthly forum that will allow students to voice their opinions.

Unlike other programs that have been established, Meet and Eat is catered to both morning and evening students.

For the first time, Student Government created a forum where evening students may come and get involved. Meet and Eat is available to daytime students and Meet and Eat II is available to evening students. It's the same forum but held at different times so all students



Higashi

will have the opportunity to attend. "Meet and Eat II, coming in November or December, will be an open discussion forum, (within optimum evening student hours) during which student leaders and night students will meet to discuss campus issues, hear student concerns and address the use of funds and resources available to all students. Oh yes, and we'll eat food," said Higashi.

Although getting the program advertising is difficult, Higashi has plans to make sure evening students will be aware

that it's available to them.

"We in Student Government intend to cater directly to those students which we serve. Therefore, we will plan the event according to class schedules and availability of evening students," said Higashi.

Higashi acknowledged that even if evening students are aware of the program, their busy schedules might affect their ability to attend Meet and Eat II.

"We recognize that nearly all evening students have jobs, families and have very busy lives. Because of this we promise that minimal time (only one hour) will be required of them, and that the rewards of this communication will be worth the effort," said Higashi.

Through Meet and Eat II, Higashi wants to discuss a series

of topics that she finds important and that evening students should be aware of.

"Important things I'd like to discuss are the constant changes in tuition and the services and activities fee that is added to your tuition, so come and find out all that is available to you. Ultimately you put the student in Student Government, so please tell us what you need and what you want," said Higashi.

By communicating with evening students, Higashi hopes to make the connection between evening students and student leaders.

"We hope to create a bridge of communication, over which student leaders and evening students may pass freely to share knowledge and resources," said Higashi.

Higashi said her main goal is to find them, hear them, and help them.

"It all begins with communication and good food. Where it goes from there is up to you," said Higashi.

Higashi hopes students will give Meet and Eat a chance and attend.

"Please give this program a chance, it has so much to offer you and give Student Government a chance. We know that you are smart valuable people who we could learn from us, so please come and share what you have to offer us. No one should turn down free food. See you there," said Higashi.

The first Meet and Eat starts on Tuesday Oct. 19 from noon to 1 p.m. in Building 2.

See the science in politics

By Quentin Taminhart

staff reporter

A faculty panel on the application of science in politics urged students on Monday to use science as a tool in deciding how to vote.

Mathematician Han Lim explained that applying the scientific method to evaluating candidates' claims is



Phillips

essential to understanding if the promises have weight. "When candidates make promises or cite statistics, you should be saying, 'Show me the math!,' said Lim. "We must ask, 'Who collects this information?' and 'How reliable is it?'"

Rebecca Sliger, an engineer and fluid specialist, brought up the issue of using hydrogen energy.

"Both Kerry and Bush have said that hydrogen is the future of our country's energy needs, but hydrogen isn't the magic bullet. Currently it's very hard to produce and creates lots of

pollution."

The panel participants' fields hosted a wide range of sciences, from mathematics to physics.

One of the major topics that was brought up by several of the speakers was the issue of funding. High profile races like that of the presidency get most of the attention, but senators and representatives are often those who appropriate key funding for much of the research that goes on in the U.S.

"For an agency like NASA, lawmakers make crucial decisions on which exploration projects get funding," said Amelia Phillips, a computer science and forensic teacher.

She added that many of the technologies that NASA develops find their way into everyday life, such as LifeShears, commonly referred to as the "jaws-of-life" that rescue workers use to cut accident victims out of wrecks. Those shears use the same power source that is used to separate Solid Rocket Boosters from the space shuttle. Getting proper funding can mean

the difference between life and death for a government agency.

Solid science can also help in how resources are used.

Geologist Carla Whittington noted that the U.S., Geological Survey did a study recently to determine how much oil was actually available in the Arctic



Wildlife Refuge, which is barely more than what the US consumes in a single year.

Tracy Brigham, a nutritionist, pointed out that both domestic and world health are issues that politicians deal with. "It's important to pick a candidate that you agree with when it comes to where money is going for programs like family planning," said Brigham. "Our government is willing to fund people getting Viagra, but are they willing to fund birth control?"

All of the professors urged voters to find out the real facts behind candidates' claims by doing their own research.

City marks landmark

By Amanda Downs

staff reporter

Des Moines has big plans for a small piece of land.

City officials wish to place Des Moines Beach Park on the Natural Register of Historic Places, a program of the United States Department of Interior National Park Service.

The beach is currently listed on the Washington State Historical Registry.

If the park is listed on the Natural Register, Des Moines could see a spike in tourism and possible national marketing of the resource.

Park visitors sounded pleased to hear that the city is attempting to place the park on the Natural Register.

"This area is where the city of Des Moines started, and we're lucky that we have preserved this special place," said Des Moines citizen Shelley Peters. "To go national with our special place is great."

One of the 25 parks in the

city, Des Moines Beach Park, formerly Covenant Beach, is located north of the marina at 22030 Cliff Avenue South.

The 19.6-acre park has a play area, restrooms, and nature trails, along with facilities for rent and a scenic view of Puget Sound.

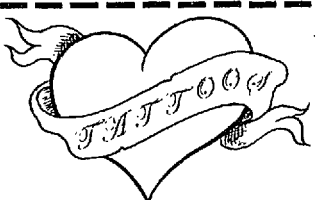
The park also has a historical site; a small building displays information and aged photographs from the city's beginnings.

The park hosted a sawmill in the late 1880s, and the first primitive road connecting Des Moines to Seattle is located at the north edge of the park.

The park was placed on the Washington State Register of Historic Places in 1988.

Over the past decade, floods and an earthquake have damaged the facilities, and in November 2002 a historical dining hall was closed due to foundation damage.

Drawing more people to the park could result in more revenue to preserve and restore the historic buildings.



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State reps answer student questions

By Maurice Williams
staff reporter

Health care, school budgets and marijuana laws were among the topics at last week's legislative forum.

Eight candidates for state legislative seats in the 30th, 33rd and 47th districts fielded questions from students in Building 7 last Thursday. The forum was part of Highline's Defining Democracy series, and was co-sponsored by the League of Women Voters.

The crowd of 80 students seemed very interested in what the candidates had to say.

"It was interesting to see the candidates up close," said student Adrian Usi. "It is a completely different vibe when

compared to seeing them on television."

Candidates at the forum included State Rep. Mark Miloscia, D-30th District (Federal Way), and his Republican challenger, Tony Moore; State Rep. Skip Priest, R-30th, and his Democrat challenger, Joe Henry; State Rep.



Schual-Berke

Shay Schual-Berke, D-33rd District (Des Moines) and her Republican challenger Bruce Elliott; State Rep. Dave Upthegrove, D-33rd District; State Rep. Geoff Simpson, D-47th District (Kent) and his Republican challenger Steve Altick, and Pat Sullivan, D-47th District.

The audience wrote down questions on a card and submitted them to the host of the forum.

The first question asked was

where they stand on Initiative 884. I-884 is an education initiative that would give a 1 percent tax increase and would donate \$1 billion to public education in the state of Washington.

"Adding 1 percent to our taxes will bring it up to 10 percent," Altick said in response. "We should be looking for ways to divert more funding to education."

The crowd of students and staff seemed to nod their heads in unison.

Another question, targeted toward the 33rd District candidates, asked if they support the legalization of marijuana.

"We could divert the money used to jail users toward schools," said Schual-Berke.

All of the candidates from the 33rd District agreed.

"We shouldn't fill the jails with low-grade offenders," said Elliott.

Despite the fact that the candidates had avoided answering the question directly, they continued their discussion.

"We need a shift in the way we handle drug policy," said Upthegrove.

The next question was directed at the 47th district regarding how they would deal with health care costs.

"We need universal health care," said Simpson.

There were a couple murmurs from the audience.

"We need to deal with structural changes with our present health care," said Sullivan.

The comment seemed to pique the interest of a group of

students sitting in the middle of the audience; they began to clap.

"I sensed a lot of tension within the 30th district," said student Lavina McClaim. "They kept giving each other dirty looks. It started to seem childish."

To further educate students about the upcoming elections, two Highline College Education Association sponsored initiative panels will be held, one at 9 a.m. and one at 7 p.m.

Also on Oct. 20, Republican legislative candidate Tony Moore will speak at 10 a.m., followed by U.S. Rep. Jim McDermott, D-Seattle, at 11 a.m.

An open discussion will also happen at noon.

For further information go to www.flightline.highline.edu/democracy/.

Senn a no-show at candidate forum

By Jon McAllister
staff reporter

Only one of two candidates for Attorney General showed up for Highline's recent election forum and debate.

While student government officers assured that they had originally received confirmations from both campaigns, a spokesperson for Deborah Senn, Democrat, insisted that she had never confirmed.

With no one present to represent the Senn campaign, Rob McKenna had the floor to present his platform and answer questions.

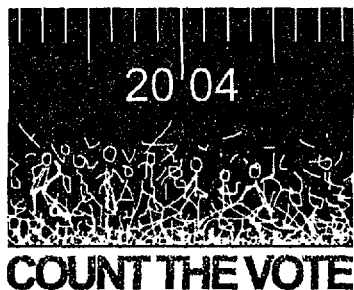
Republican McKenna stressed that young voters could have significant impact in the upcoming election and he acknowledged this when he spoke to the substantial crowd of students.

Originally, the election forum was schedule to be in a town hall debate format with all candidates receiving a few minutes for their opening remarks.

Students were to then write their questions on a three by five note card and candidates would have several minutes to give their responses.

However, when the debate began, Paul Kalchik, student vice president for legislation, announced that Deborah Senn was unable to make the debate and would instead send someone from her campaign to read a statement.

At this announcement, a noticeable murmur went through the audience and a few students



got up and left.

In McKenna's opening statement, he pointed out his local ties.

"I was the student body president at the University of Washington where I graduated Phi Beta Kappa," McKenna said.

McKenna explained that he had three main goals in mind.

"First, we need to protect our rights as citizens and this means protecting our voting rights," McKenna said.

His next main goal was to solve the state's growing problem with met amphetamine labs. Finally he spoke about the cost of a growing number of lawsuits in Washington State.

"I want to protect your pocketbooks," McKenna said, "by ensuring that Washington doesn't pay fines simply by missing deadlines or other irresponsible behavior."

With about 10 minutes remaining for the forum, Deborah Senn's representative, Adam Ruff, arrived to read a statement.

"Deborah Senn apologizes for being unable to come here in person," said Ruff, "but I want to encourage all of you to vote for Deborah."

Because Senn was absent and Ruff was unable to take questions for her, the attention returned to McKenna.

Legislators encourage voting

By Jackie Graybill
staff reporter

Two state legislators told Highline students that they need to get involved in the political process.

As the meeting began, the crowd looked up, clearly taken by surprise.

They had just heard the speaker begin his comments by saying that he supported abortion as well as the legal right for homosexual couples to marry and that he wanted to raise their taxes to fund education.

State Rep. Dave Upthegrove, D-Des Moines, then continued to address Highline students and faculty by saying "Those are my views. If you don't believe in them, then you should vote me out of office."

Upthegrove, an incumbent running for the 33rd district and State Rep. Skip Priest, a Republican running for the 30th district, teamed up at a Defining Democracy event on Monday to explain to students the importance of their vote.

Priest said that politicians often pay less attention to groups

of people who don't vote. He compared it to retail sales.

"If you don't buy the product, you don't get marketed to," said Priest.

His sentiment was echoed by Upthegrove, who said, "Running for office is like a retail operation and a practical sales approach must be used."

Upthegrove said that campaigns have a limited amount of time to sell their products and because of that, the consumers (voters) need to watch carefully to see what they are getting.

"The water you drink, the roads you drive on, and the very

building you are sitting in all get funding from the government. These involve real issues and decisions that touch your life and if you want to have a part in those decisions, then you should get involved and participate in the political process," said Upthegrove.

Both candidates agreed that not enough attention is being paid to state and local issues.

"Elected officials are seeing less engagement in the issues that effect voters directly. State concerns are becoming somewhat of a Never-Never Land compared to national issues," said Priest.



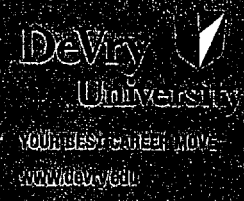
Upthegrove



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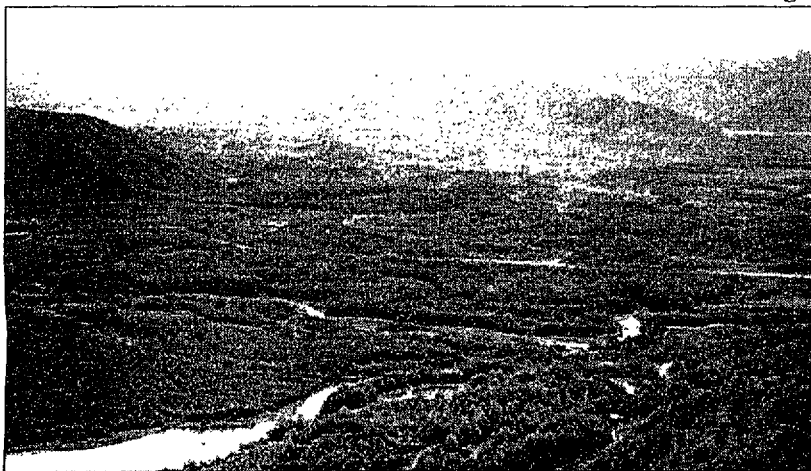


Above: Students peer look down at the remnants of a lahar flow on the Toutle River.

A trip to Mount St. Helens

Below: A vast valley, shaped by centuries of volcanic mud flows.

Right: Professor Eric Baer is filmed while lecturing.



Photos by Sara Loken

Transit

continued from page 1

Highline students support the idea of a transportation fee.

"If I can get a quarterly pass that's good in almost all the areas around here, then I'd gladly pay \$10 more," said Jennifer Pau.

Coleen Leewin agreed, saying that buying a quarterly pass would be less stressful than handling three to four monthly passes.

Other Highline students didn't like the idea of spending more money to get to campus.

Jonathan Merkel said that the transportation fee wouldn't help the students who choose to drive and park at Highline.

"The fee should only be applied to people who want to ride the bus; I'm already mad that the fee for parking is more than it was last year," said Merkel.

To combat the parking problem, alternatives to driving a single occupancy vehicle on campus, such as carpooling or taking the bus, were encouraged.

The Midway Drive-In was also available for Fall Quarter parking free of charge. A permit is needed in order to park at Midway, which can be obtained from Campus Security in the lower level of Building 6.

One month bus passes are sold for 50 percent off retail value at the bookstore, also in the lower level of Building 6.

Seattle district colleges implemented the transportation management plan eight years ago to abide by the Seattle Commute Trip Reduction Law.

Enacted in 1991 as part of Washington's Clean Air Act, the law requires major employers to provide employee transportation programs that encourage more employees to not drive alone to work every day.

While a community college is technically not an employer, the colleges are still held to the law because of the number of students that commute to the campus each day.

James Lewis, transportation director at South Seattle, said that the students are viewed as employees because the majority come to the campus each day around the same time that employees would arrive at jobs.

While the specifics may differ slightly from city to city, generally a "major employer" is defined as a private or public employer that has at a single work site 100 or more full-time employees who begin their regular work day between 6 a.m. and 9 a.m.

The hunt for



PARKING

Schedule

continued from page 1

approved of the proposal, but had reservations about students taking both four and five day courses. "They will still need to be there for that Friday class," he said. "It's one of those situations that it's got to be beneficial to the students."

Some students feel that the extra day away from class could be detrimental.

"I could see the advantage in having three day weekends, but as a procrastinator, I could see that as an opportunity to pursue more leisure activities," said student Paul Storms. But, as with all change, there would be some rough edges to smooth out. Many students wouldn't be able to take advantage of the opportunity because they take part only in morning classes.

"It [the schedule] wouldn't affect me at all because I'm here in the morning and I'm out at 11 a.m.," said Josh Crumb, Highline student.

Another student, Crystal Wittman, agreed.

"I only take the earlier classes to have more time to work."

The passing time between classes would be cut from 10 minutes to 7 minutes causing possible problems for students who have a

long way to walk between classes.

Hardin also admits the new schedule could impact students' time involving childcare, jobs, or activities.

"It's always a challenge when there's a change that affects so many people," he said.

Writing professor Sharon Hashimoto had mixed re-

actions.

"It's a wonderful idea that we're willing to try something like this," she says. "But you're going to have one year of absolute chaos as everyone tries to figure it out."

The committee will continue to study the idea throughout fall quarter, but will give their recommendation by winter.

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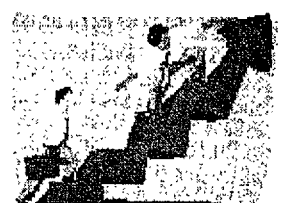
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