Bus fees could pay

Seattle colleges use universal charge to help manage parking

By Amanda Downs

While Highline struggles with the issue of parking, Seattle district colleges have implemented a parking plan that has been successful.

At North Seattle, South Seattle, and Seattle Central community colleges, a $10 per quarter ($5 in summer) Transportation Management Fee is charged to students enrolled for 10 or more credits.

The money gained from the fee helps pay for the maintenance of the parking lots and offers drastic discounts for bus passes.

Paying this fee gives students the opportunity to receive a $20 subsidy each quarter on a one-month regular Metro pass or a $45 reimbursement each quarter on the ferry pass or Pierce/Snohomish Transit pass.

Another option for students is purchasing a quarterly bus pass, called a GOPass, for $75. The usual cost for a GOPass is $220.

A GOPass is a three zone bus pass valid for the Sounder train system and is also good on the Sounder train and ferry system.

A transportation fee plan was mentioned and considered at Highline last spring in forums regarding parking, but so far no plan has been established.

Established or not, some students might be tempted to take the bus to Highline if it had a bus pass program like that used in Seattle.

More students might be tempted to take the bus to Highline if it had a bus pass program like that used in Seattle.

- Students may have the option of four-day class weeks starting fall of 2005. The new schedule might “allow faculty flexibility and student flexibility. Everyone has a lot of individual circumstances...It gives people options,” said Scott Hardin, the associate dean for Academic Affairs.

- The alternate schedule, proposed by Vice President for Academic Affairs Jack Berlingham, was a possible solution to workload concerns from faculty members.

- The idea of a four-day class week is being studied by a team of five division directors.

- Throughout Fall Quarter the committee will hold meeting and open forums to receive feedback from the Highline community.

- The new schedule would not affect students enrolled in courses that start on Tuesday, Thursday, or Friday.

- For 2005, students would have the option of taking classes only on even or odd days of the semester, and will not have to take classes on both even and odd days.

- “I think it would be nice to have Fridays off and not have to work on ” said Sawyer. “Others might find it nice to have a day off from work.”

- The new schedule would also allow an additional 3-4 credit classes, said Sawyer. “It would help faculty and students.”

- The full day of classes would be no way a day off from work, she said, but “students would be fine.”

- Math professor Ed Morris said the idea of a four-day class week is “very appealing,” he said.

See Transit, Page 12

Every t-shirt tells a story

By Maurice Williams

T-shirts dedicated to the victims of domestic abuse hang from the walls of Building 6 for Domestic Violence Awareness month.

“You can see by our t-shirts that quite a few people have been participating,” said Program Assistant for Women’s Programs Ann Sawyer.

Students, faculty and staff are able to paint and design their own t-shirts, conveying their message about domestic violence.

The American Medical Association estimates that over 4 million women are victims of severe assaults by boyfriends and husbands each year.

“We have a resource table of information,” said Sawyer. “We usually have a speaker from one of our resource agencies, like the Domestic Abuse Women’s Network, come in and speak.”

See T-shirt, Page 3

Ann Sawyer and Shaunte Stephens, in building 6, overseeing the Domestic Violence Awareness t-shirt event.

Photo by Sara Loken
Alarm doesn’t prevent theft

An amplifier was stolen out of a Cherry 810 pickup.

It was parked in the Midway parking lot on Oct. 11.

The driver’s side door was the point of entry.

The car had an alarm on when the incident happened between the hours of 10 a.m. and 5 p.m.

Car stolen from east parking lot

A black Eclipse was stolen from the east parking lot on Wednesday Oct. 6.

The Kent Police were notified.

Another vehicle was reported to have small holes by the passenger door handle, that could have been an attempt to break in.

Thefts occur on campus

A staff member had her Panasonic camcorder stolen from Building 6 at 12:50 a.m. on Oct. 7.

A data projector was stolen from Building 17 in room 102.

It was stolen between 6:30 a.m. and 9:45 a.m.

Purse stolen from car

A purse was stolen out of a student’s car on Oct. 6 at 4 p.m.

The vehicle was parked in the north parking lot.

Suspicious persons leave

Three suspicious males were seen near the pop machines at Building 16.

The individuals were investigated and asked to leave. They cooperated and left with no further incident.

Cars back in to each other

An accident occurred in Highline’s parking lot on Oct. 11.

A student backed into another vehicle breaking the tail light and scratching the driver side mirror.

Insurance information was exchanged and the police were not contacted.

Learn about an AS degree

The Associate of Science transfer degree will be the focus at an upcoming workshop.

“Anyone interested in the fields of pre-med, pre-dental, biology and chemistry are strongly encouraged to attend,” said Denny Steussy, educational planner.

This workshop is the last in a series of workshops put on by the Educational Planning and Advising Center.

Correction

In the Sept. 30 issue of the Thunderword, DeDe Michaud should have identified as a fiscal technician at the Childcare Center.

Home buying class offered

A new class will help potential home buyers start the process.

The class will teach students the advantage of owning a home, how credit is evaluated, how to qualify and obtain a mortgage and loan and many other topics.

There is a fee of $29 and those who register can bring a guest.

The class will be at the Federal Way campus on Oct. 19 from 6:30-8:30 p.m.

For more information call the Center for Extended Learning office at 206-878-3710, ext. 3785 or e-mail extlearn@highline.edu.
**CAMPUS LIFE**

**PYRAMID POWER**

**Eating Right Can Help You**

By Daín Kaizuka  
staff reporter

If you want more energy and don’t feel like getting sick this quarter, a balanced diet is the way to go, experts say.

Keith Paton, Highline physical education coordinator, says there are two main reasons students should watch what they eat.

“Proper nutrition will make sure your energy level stays consistent throughout the day,” Paton said. “Proper nutrition will keep your immune system strong so you won’t get sick during the quarter.”

It’s not enough to just watch what you eat but how you eat as well.

“Small frequent meals are a good way to go,” Paton said. “This will help keep your glucose level steady throughout the day.”

As college students you want to have your full energy level so you don’t fall asleep in class and you won’t over-eat later in the day,” said Paton.

Over the past few years it seems like everybody is trying to cut carbohydrates out of their diet.

One student who tried a low carb diet said she didn’t like it. “I felt hungrier. I was more focused on food and worried about what I couldn’t eat,” Maria Tannehill said. “I also felt like I had a lot less energy.”

The truth is that you need carbohydrates for energy. The Highline cafeteria also serves low-carb items and many think this is healthier.

"...The mystery sandwiches in the hotbox are gone. They have replaced them with healthier fare, including a host of low-carb items,” said Carol Hilgeron, director of conference and event services, in a campus-wide e-mail.

This terminology of calling low-carb foods “healthy,” concerns Paton.

“As someone who teaches about health and nutrition, I’m really concerned about advertising low-carb sandwich as healthy,” said Paton, in an e-mail. “This only fuels the fire of the low-carb fad which is not a healthy diet.”

**T-Shirt continued from Page 1**

People came and made t-shirts in memory of domestic violence victims on Tuesday.

“Highline has been around for 41 years; the program has been at Highline for about 31 years,” said Sawyer. “Our Women’s Programs is the biggest in South King County.”

Sawyer, who has been at Highline for 14 years, has been with the Women’s Programs for one year.

“Every quarter we have women come in who are trying to get out of an abusive relationship,” said Sawyer. “If we can impact just one person, we’re successful.”

There are stereotypes about women in abusive relationships.

The Mid-Valley Women’s Crisis (www.mvwcw.com) claims that... “Society in general holds certain attitudes about women and their proper roles. Some of these attitudes and stereotypes work in favor of abusers and against women who are their victims. The following list describes some of the negative social attitudes and practices, as well as the abuser’s actions that are supported by the stereotypes about women:”

• Rigid stereotypes and roles for men and women.
• Women trained, by custom and sometimes by law, to be dependent on men.
• Barriers to women in employment, government, leadership.
• The view that men ought to control money, jobs, all the family’s major decisions.
• The family as an institution discourages any member from leaving or divorce.
• Police, doctors, schools, other institutions in society don’t always respond quickly to cases of abuse.
• Crime, poverty, and other factors make women fearful of living alone.
• Tendency to over-prescribe drugs for women who are abused.
• The view that a woman’s role is to take care of the family, and therefore any family troubles are the fault of the woman and are her responsibility to fix.
• Family, friends tell the victim to try harder to be a better wife or partner.
• Faith expectations that a wife keep her marriage vows “for better or for worse.”
• The view that children always suffer from divorce and keeping the family together is imperative.
• “There isn’t enough being done about women in abusive relationships. There should be more places for women to go to get out of abusive relationship,” said student Marilyn Gerhard.

“Once they get out they need to be more protected.”

T-Shirt

The painted t-shirts are on display in the bottom lobby of Building 6.

There are organizations like DAWN (Domestic Abuse Women’s Network) that provide shelter and children’s programs for women out of abusive relationships and their children.

Through these types of programs people around the world are trying to get a handle on the cycle continuing.

If you have any questions about abuse you may contact DAWN at 425-656-4305.
Editorial

School worth the money

It's apparent by now that getting into that college of your dreams is going to be harder than it looks, not because of qualifications or grades but because of overpopulation.

Almost all public Washington colleges and universities are having the same problem. Too many students and no class to put them in. It wouldn't be such a big issue, but the past is catching up to us fast.

The period of peace that followed World War II resulted in a population spike, an increase known as Baby Boom generation. Decades later, this group hits middle age and their children (the Baby Boom Echo) is getting ready to attend a four-year college. This includes a majority of Highline’s transfer students.

Unfortunately, transferring now includes the element of luck in an era where there's just no space in the colleges for aspiring students anymore.

You can look at this from two points: money and vacancy, the latter being a dilemma that has plagued schools for the past decade.

Class sizes have been increasing since possibly the late 1980s. Even Highline isn't immune as our school uses a waiting list when a class receives too many registrations.

The other factor, money, comes in the form of a biannual budget, an average of approximately $45 billion. State Rep. Dave Updegrove, D-Des Moines, says education and social services (think health care benefits and Medicare) already consume about 85 percent of that.

All levels of public school receiving money from the state to help finance students' education. The money affects teacher salary, facility maintenance, and tuition costs among other things.

More students mean the government sends more money to the colleges. But the government doesn’t have enough money to support this sudden mass of students and less money is being sent. Updegrove also said that the budget for education is compounded with social services, an area burdened by rising medical costs.

There is a solution although it may leave a bad taste in your mouth. All of us, from state lawmakers to taxpayers, have to face the reality and bite the bullet. The only way to generate more money without losing out on any other amenities is to reasonably raise taxes a bit.

The idea is social anathema, but it's bitter medicine to prevent a serious ailment. Intelligent people who could possibly cure cancer or global warming someday are being rejected for an education that they are willing to work for.

Lawmakers need to get serious about the issue, but taxpayers need to bear with them. None of us probably like the idea of paying more but it's not invisible money. It pays for our future.

Question of the Week

Are there other solutions that could ease crowded colleges?

Write a letter to the editor and have your opinions in print! E-mail your letter to editor@highline.edu or deliver it to room 106 in Building 10. Please include some contact information, like your name and phone number. For more information, contact the Thunderword at 206-878-3710, ext. 3317.

Observations on extra credit

This year, Highline has been generous enough to offer a multitude of workshops and session for the curious student. From careers to genetically modified foods, we’ve been bombarded with useful information, but are students there to learn anything or just enhance their GPA’s?

It all started at the beginning of the year. In one of my classes, a chance for extra credit was offered. I think “Cool! That’s a useful option to have open!” This extra credit opportunity involved going to one of the numerous Career Center seminars.

Theoretically, it’s not a bad idea. Go to the seminar, obtain useful information, and boost your grade average as a result. Easy as pie.

A little too easy. Take a look at this from a different perspective. On one hand you have the ideal: the student goes to the session and utilizes the information gathered from it in a positive and fruitful way, energizing his or her vision of the future.

But when you add the extra credit to that as a motivational piece, it creates the whole reason for going to the seminar. At that point, what’s preventing me from thinking “I’ll just attend the seminar, sit through the babble, and grab the extra point?”

I don’t see anything wrong with getting extra credit to go to a seminar that could help you and/or entertain you, but why does it take extra credit to motivate us in the first place?

I admit I haven’t been to a seminar yet this quarter, but it’s not lack of interest. In the mornings, I either have to work before school or use the extra time to finish homework. My classes usually start around noon, and most, if not all, of my afternoon time is absorbed by working at the Thunderword.

One of those days, when the blue moon shines and the dates allow, I’ll attend a seminar I find interesting. Not because I’ll rack up an extra point, but because I actually want to. I’m not saying it’s a bad idea. I mean, come on, it’s extra credit; who wouldn’t go for that? I’m just worried it’ll get to a point where getting more involved in school activities means bribing (yes, you can look at that way) students with points.

Extra credit shouldn’t be used as a method of fostering participation. For teachers who are into that kind of thing, it probably doesn’t start out that way. The teacher assumes the student will learn something useful.

But it shouldn’t hurt to check, though. If teachers want to give the option of extra credit for events or any other activity, the student should bring back something tangible, like a say, a summary of the session, for example.

I’m pretty sure most students do go to seminars for the sake of seeking knowledge or maybe the have free time and drop in out of interest (which is my preferred method).

Besides, the last thing the speaker is thinking about is your GPA. It should be the last thing on your mind as well. Be sure to give him or her the courtesy they deserve and keep your focus on what he’s trying to get across to you.

Personally, I think learning something useful is enough extra credit, don’t you think?

Taurean submitted this article to one of his classes for extra credit.

The Thunderword Staff

Molina, Billy Naylor, Linh Tran, Ryan Barkley, David Beukema, Olivia Deleon, Kimberley Ducharme, Jacqueline Graybill, Carmen Glover, Madeline Jagger, Georgina Juarez, Dain Katsinka, Mark Knight, Catherine Matsunaga, Jon McClister, Trevor McDowell, Oksana Melnik, Cabrina Ream, תמara Schuster, Elizabeth Tacke, Quentin Taminhart, Jan Taylor, Tanner Weber, Maurice Williams

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"Why did I have to make this look right? Now it doesn't work."
Local rapper takes off
By Billy Naylor
paradees

Paradees hasn't been sitting around waiting to be discovered. In fact, you might've even seen him hopping bus to bus from Seattle to Tacoma, selling his music and making his dream a reality. Since writing his first rhyme out of the blue at the age of 12, he knew he had a knack for lyricism, but during those young fertile years his content was in question.

He recalls how most of his life and lyrics revolved around violence and negativity up until one fateful night. Dead tired and almost asleep, he was awakened with a jolt, a feeling that told him he couldn't keep living the life he was living. He then began searching for a higher good, and found God.

"I just had garbage bags, I knew I had to change up my content," he said. "That was telling me it was time for a change, and after I found Jehovah I began looking at things in an un-stereotypical way."

After that conscience turn for the better, he started to educate himself and turn his life around. Once he began putting full attention towards his music, he took the open-mindedness he gained from that change and applied it to his lyrics. Initially he started performing for college kids in Idaho and Eastern Washington. Now five years later he has an array of unreleased material, and the beginnings of his own label, Paradees Entertainment.

Although, unsigned and generally unrecognized, Paradees is making leaps and bounds in his career. Currently he has a self-titled EP out which is selling quite well in the streets, demonstrating you don't need a record deal to be successful.

For about $5 you get nine tracks of substantial Hip-hop. The most obvious selling point of which is the collaboration joint with K.G., Red and the Bay-Area, slang-creating linguistic legalese E-40. While that collaboration is a decent track on its own, Paradees remains on point with... See, Reporter, page 6

'Beauty' needs makeover
Shakespeare wouldn't love this weak film
By Sara Loken

Stage Beauty is somewhat of a wallflower.
It attempts to use the formula that worked for Shakespeare in Love, but the movie doesn't use the right ingredients and in the end there's not enough beauty to carry the film.

Stage Beauty follows Edward "Ned" Kynaston, played by Billy Crudup, a successful and popular actor in London during the 1660s.

He's also the most beautiful woman actor on the stage. In a time when men played women, Kynaston was the best.

But when King Charles II, played by Rupert Everett, decides to liften up the theater and change the law to allow women to play women, Kynaston's career unravels faster than his hair wigs.

The emerging star is Maria, played by Claire Danes, Kynaston's dressing maid. Being the first woman on the stage she is quickly taken from her life as a lowly maid to a London celebrity.

The costumes are great, the colors are vibrant and there are some funny parts. In that respect it follows the Shakespeare in Love formula, but it lacks in performances and script.

As Kynaston, Crudup seems like he's more excited about playing a woman than he is about playing an actual character who is a man playing a woman.

Watch for Crudup's terrible English accent it's hard to avoid while viewing the film.

He overplays his character and there's never a chance to find any emotional attachment to Kynaston as the story would suggest.

It's also impossible to understand Danes's Maria.

Sometimes she's serious and other times she's funny. It's easy to get lost and there's no real consistency.

By the end of the film there's no reason to really care how she feels because she's unable to lead from emotion to emotion.

The direction of the movie changes as the characters display emotions.

The problem with the style is that Crudup and Danes either overplay their emotions or never fully develop them.

Richard Eyre's direction bounces around from character to character and when it's hard to understand the characters, it's hard to follow the direction.

Jeffrey Hatchter's script, adapted from his stage play, isn't strong enough to carry the movie.

While it's loaded with clever puns and quick jokons, it doesn't really fit in the setting.

The script is very modern with a few traditional lines thrown in to make it seem like it would fit in 1660s London, that little trick doesn't work. Some performances are worth noting.

Tom Wilkinson gives a very comic performance as the owner of the playhouse and Everett is not very believable as the King, but tries hard and ends up being one of the most funny characters in the movie.


By Jessie Elliott

A band of madwomen, juglers, and lovers invade the campus this November.

The Drama Department is putting on a production of Jean Giraudoux's The Madwoman of Chaillot, directed by Dr. Christiana Taylor, the department coordinator.

The Madwoman of Chaillot is a comedy about a small group of people who plot to remove the greedy and corrupt from the world.

"It is an enchanting play and quite resonant with our complex times.

It has an aura that is both gentle and wise," Dr. Taylor said.

There are 18 actors in the ensemble cast this quarter, which can be exciting and challenging.

"This is a good group with energy and imagination, and this makes the process exciting and full of discovery," Dr. Taylor said.

Aspects such as set design and costumes can be challenging with a larger cast.

"Attention to detail and the integration of acting, costume, lighting and design are usually both challenging and exciting," said Dr. Taylor.

Another challenge the cast is facing is the language, which requires good diction work and good articulation, Dr. Taylor said.

"Madwomen" takes over center stage
By Brian Yarne

Photo by Brian Yarne

Candice Williams, left, Carlos Calvo and Deborah Gerf in rehearsal for 'Madwoman.'

They also face the constant challenge of time, she said. More rehearsal time is better, because the play is somewhat difficult.

"The play has lots of fascinating characters, each one must be well defined," Dr. Taylor said.

Dr. Taylor is focusing on bringing attention to all the elements of the play. She said even the themes that the playwright puts forward are better when the play is looked at as a whole and not focusing on esoteric part.

"The audience can expect a very good evening, engaging characters, smiles, delight, a touch of the mystical and a wonderful resolution," Dr. Taylor said of the production.

The Madwoman of Chaillot is playing in Building 4, Nov. 11-13 and 18-20 at 8 p.m.
**SPORTS**

**Women’s soccer wins to two to be No. 2**

By Martha Molina  staff reporter

The women’s soccer team has climbed back up to the No. 2 spot in the NWACCC Southwest Division with a pair of wins.

The T-Birds defeated Southwestern Oregon 2-1 on Saturday, Oct. 9, then returned home to spark Shoreline 4-1 on Oct. 12.

Game conditions in Oregon included a bumpy field and windy weather that made it more difficult to control the ball.

Highline gave up an early goal in the first half, but main-
tained ball possession during the game, allowing SW Oregon only five shots during the game.

Midfielder/defender Amy Foster scored a goal on a re-bound during the second half of the game.

With five minutes left in the game, defender/midfielder Kayla McLaughlin scored her first goal of the season on a penalty kick.

Defender Kellie Norris played her first college minutes and did real well, said Coach Jaimey McLaughlin.

Krista Cobb played for the first time since Sept. 16, when she rolled her ankle in a game against Clark.

"Her (Cobb) ankle still both-
ers her," said Coach Mc-
Laughlin. "But overall, she did a good job.

Alex Pielak, who had arthroscopic surgery after suffering a slight tear in her knee in a game against Clackamas, has stared therapy.

"She will start practicing lightly next week," said Coach McLaughlin.

Tuesday’s game was a make-up that was postponed a couple of weeks back due to Shoreline being short-handed in players.

"We wanted to play, because it’s better than training," said Coach McLaughlin. "We had a real opponent."

Tonya McLaughlin scored her second goal of the season off a 45-yard free kick. Good team-work always scores as Nicole Veit, Mariana Palermo, and Lisa Groce proved. With the help of good passing, the T-Birds managed to get three goals for a 4-1 victory.

"The game wasn’t that bad," said Coach McLaughlin. "We played well enough for a convincing win."

The T-Birds are preparing for the second round of the season. They all recognize their strengths and weaknesses and know what needs to get done in order to win.

"We are coming together as a team," said Alicia Wolfskill. "We are improving together and hope to win every game left in the season."
T-Bird men kick past opponents

By Jamie Grossmann
staff reporter

The Highline Men's soccer team stepped up to the challenge and disposed of both their opponents last week.

"We are beginning to believe in and enjoy each other," said Head Coach Jason Prenovost. "The team is taking shape."

"It is a very unique and diverse group of young men who are learning to work with and trust each other," said Prenovost.

"We are not where we need to be. What I like about this team is that they realize that and are willing to put in the work required to raise the level of our game," said Prenovost. "I have been frustrated with this team at times, now I am becoming a believer."

Another contributing factor to the team's success is that there have been no major injuries.

"We have guys who get hurt every game, but we have very few injuries which is another reason why this team has been successful," said Assistant Coach Tom Moore.

Last Thursday, the men traveled to South Puget Sound and beat the Clippers 3-0. With the win the T-Birds hold the tiebreaker over South Puget Sound if they end the season with the same record.

Anthony Melchior had three goals in the win to increase his season total to 12.

"What is exciting about the way Anthony is playing is that we have yet to see his best," said Prenovost.

"Our defense was great. South Puget Sound has one of the leagues best forwards and had not been shut out this season," said Prenovost.

On Saturday, the men traveled to Coos Bay, Ore. to take on Southwest Oregon. Behind the goals of Kyle Colbath and Dave Klein, the men posted a 3-0 win and raised the season's record to 10-5-2.

"In the SW Oregon game Steve Pirozzi had a great game both defending and attacking out of the defense and AJ Koenig is quickly becoming one of the best outside defenders in the league," Prenovost said.

"Chris Conner was in goal and has played well," said Prenovost. "Conner is growing into a leadership role and Jacob Potter is a class act."

"Putter continues to work hard and be there for the team," said Prenovost. "Both are essential players to our success and we have been fortunate to have quality goalkeeping the last couple years."

The men are in sole possession of second place in the division and are one point behind Clark for the division lead. The men travel to Peninsula on Friday in a rematch that saw the Highline men shut out Peninsula 7-0 earlier this year.

On Saturday, the men will return home to play host to Olympic and go for the season sweep. In the first meeting the T-Bird men won 4-1.

"Both those teams have had good results lately. They are well coached and riding momentum into our match ups," said Prenovost.

"We must prepare and enter both matches with the thought process that we will have a battle on our hands and we need to take our game to them to win."

There is plenty of soccer left to play this season and the largest tests are still ahead of them. Next week the men will take on both Clark and Bellevue in rematches of this season's earlier losses.

David Larpenteur

Highline runners find success at PLU meet

By Mark Knight
staff reporter

Highline's cross country teams had their best weekend of the season at the Pacific Lutheran Invitational in Tacoma.

The men's team finished third out of eight teams and the women finished seventh, with team leader Sitges Marshall turning in another impressive performance.

After a long week of practices the week before, Head Coach Robert Yates was pleased with how his runners fared.

"They still came out and competed," Yates said. "It had been a long week and the runners were tired but I was impressed with the way they ran even though some didn't give a 100 percent."

Whitworth swept the men's and women's meets. Among community college teams, the women finished behind Clackamas but the men beat the Omega school.

The women ran six kilometers instead of the usual five.

"I think our team did very well," said Highline's Stiges Marshall. "This was my first six kilometer race."


"Sitges led for the first 4,000 meters," Yates said.

Smith passed Marshall and "I fell back to fifth at one point," Marshall said. Marshall then caught up and was on her tail till the finish.

Sarah Hodgins the next runner, "did well," said Yates.

She had a time of 23:02.2 and placed 28th. "Sarah is awesome; she inspires me," Marshall said.

"The other girls didn't really run as well as I think they liked," Yates said.

Crystal Lundahl had a time of 23:08.5 and placed 32nd.

The next finisher, Brittany Boysen, finished 45th and had a time of 26:35.0. Followed by Jami Jablonsky who placed 47th with a time of 27:20.6. Highline's Zori Guras-michuk, who is a mid distance runner, finished 13th in track season, didn't finish in the top five to qualify for a team score.

Nonetheless, Yates was really impressed with her performance.

"Zori ran her best race of the year," he said. "She and Sitges had the best race of the day."

"Our women's team is so strong," Marshall said. "They inspire me and I inspire them...we run so well together."

The men had a team score of 97 and finished third as a team, which impressed Yates.

"The men did extremely well," he said.

David Larpenteur "easily had his best race of the season," Yates said. Larpenteur finished seventh with a time of 26:40.3. "He did really well," Yates said.

The next finisher, Robert Bartholomew had a time of 26:54.0 and finished 13th.

"His fastest time he has ever run in college, he was focused all the way through," Yates said. Josh Frazier and Hassan Khalif, "ran strong but not their best," Yates said.

Frazier finished with a time of 27:01.9 and placed 17th.

Khalif finished close behind with a time of 27:08.0 and placed 19th.

Terrier Kiwii placed 41st and had a time of 28:30.2.

Ryan Huft was sick and out for the last race. "It hurt us as a team having him gone," Yates said. "Put us third out of eight when we could have been better."

The two teams will be traveling down to Gresham, Ore. and running in the Jim Danner Invitational on Oct. 16.

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Fastpitch needs teammates

About two years ago I had the opportunity to stand in face last year’s star Highline pitcher, Lacey Walter. Walter threw me three pitches—two fastballs and a change-up. To make a long story short I did not make contact with either fastball and was left hung out to dry on the change-up. The conclusion I come to is that fastpitch is more difficult then it looks.

This year’s fastpitch team is already making preparations for this season, which is still six months away. They can be found on the fastpitch field Monday through Thursday going through drills, practicing the fundamentals and getting to know one another.

Along with practices the women have also done some traveling and participated in fall ball tournaments at fellow community colleges around the league.

Fastpitch lost seven players from last year’s team; Head Coach Anne Schmidt considers the loss “usual but unfortunate.” However, there is still a need for more players this year, as only six are returning from last year’s team and recruiting didn’t go as planned.

“Four athletes had signed letters of intent prior to this year, however only one showed,” said Schmidt.

It has been a down year in recruiting as many of the surrounding high schools have gone to Division II or Division I schools, Schmidt said.

The loss of those three and another freshman pitcher who will be out for the year after she was in a car accident adds to the need for more players to fill out the roster.

“No having enough women has made it hard to make the necessary adjustments,” said Schmidt. “This has been frustrating for the returners.”

“There have been some good walk-ons but they can’t commit the time,” said Schmidt.

While the last tournament for fall ball is this weekend, the team will continue to practice throughout the winter to help prepare for the spring.

“I am expecting 12 when we begin practices in the winter,” said Schmidt.

“During the winter we work on conditioning and just continue preparing for the season.”

Shamika Young (right) and walk-on Tiffany Cothren participating in Tuesday’s practice.

Photo by Bryan Tambor

By Chris Richcreek

1. Who was the first Colorado Rockies player to win the Rookie of the Year award?
2. Who was the last New York Yankees hitter to lead the American League in strikeouts for a season before Jason Giambi did it in 2003 with 140 strikeouts?
3. Name the last non-Florida team to beat the Florida State Seminoles football team in three consecutive seasons.
4. Who held the NBA mark for fastest coaching start before New Jersey’s Lawrence Frank broke it last season by going 11-0?
5. Where is Glen Sather on the all-time winningest (regular season and playoffs) NHL coaches list?
6. Who was the youngest driver to win a championship in a NASCAR series?
7. Two women have won three straight women’s division singles championships during the past 35 years. Name them.

Answers

1. Trevor Hoffman
2. Jake Beckford
3. Michigan State
4. Jason Kidd
5. Second
6. Bobby Hamilton
7. Venus & Serena Williams

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Students invited to meet and eat

By Linh Tran  staff reporter

Student Government Vice President of Administration Christina Higashi is using food to persuade students to attend a new program called Meet and Eat, a monthly forum that will allow students to voice their opinions.

Unlike other programs that have been established, Meet and Eat is catered to both morning and evening students.

For the first time, Student Government created a forum where evening students may come and get involved. Meet and Eat is available to daytime students and Meet and Eat II is available to evening students. It's the same forum but held at different times so all students will have the opportunity to attend.

“Meet and Eat II, coming in November or December, will be an open discussion forum, (within optimum evening student hours) during which student leaders and night students will meet to discuss campus issues, hear student concerns and address the use of funds and resources available to all students. Oh yes, and we’ll eat food,” said Higashi.

Although getting the program advertising is difficult, Higashi has plans to make sure evening students will be aware that it’s available to them.

“We in Student Government intend to cater directly to those students which we serve. Therefore, we will plan the event according to class schedules and availability of evening students,” said Higashi.

Higashi acknowledged that even if evening students are aware of the program, their busy schedules might affect their ability to attend Meet and Eat II.

“We recognize that nearly all evening students have jobs, families and have very busy lives. Because of this we promise that minimal time (only one hour) will be required of them, and that the rewards of this communications will be worth the effort,” said Higashi.

Through Meet and Eat II, Higashi wants to discuss a series of topics that she finds important and that evening students should be aware of.

“Important things I’d like to discuss are the constant changes in tuition and the services and activities fee that is added to your tuition, so come and find out all that is available to you. Ultimately you put the student in Student Government, so please tell us what you need and what you want,” said Higashi.

By communicating with evening students, Higashi hopes to make the connection between evening students and student leaders.

“We hope to create a bridge of communication, over which student leaders and evening students may pass freely to share knowledge and resources,” said Higashi.

Higashi said her main goal is to find them, hear them, and help them.

“It all begins with communication and good food. Where it goes from there is up to you,” said Higashi.

Higashi hopes students will give Meet and Eat a chance and attend.

“Please give this program a chance, it has so much to offer you and give Student Government a chance. We know that you are smart valuable people who we could learn from us, so please come and share what you have to offer us. No one should turn down free food. See you there,” said Higashi.

The first Meet and Eat starts on Tuesday Oct. 19 from noon to 1 p.m. in Building 2.

See the science in politics

By Quentin Taminhart  staff reporter

A faculty panel on the application of science in politics urged students on Monday to use science as a tool in deciding how to vote.

Mathematician Han Lim explained that applying the scientific method to evaluating candidates’ claims is essential to understanding if the promises have weight. “When candidates make promises or cite statistics, you should be saying, ‘Show me the math,’” said Lim. “We must ask, ‘Who collects this information? and How reliable is it?’”

Rebecca Slinger, an engineer and fluid specialist, brought up the issue of using hydrogen energy.

“Both Kerry and Bush have said that hydrogen is the future of our country’s energy needs, but hydrogen isn’t the magic bullet. Currently it’s very hard to produce and creates lots of pollution.”

The panel participants’ fields hosted a wide range of sciences, from mathematics to physics.

One of the major topics that was brought up by several of the speakers was the issue of funding. High profile races like that of the presidency get most of the attention, but senators and representatives are often those who appropriate key funding for much of the research that goes on in the U.S.

“For an agency like NASA, lawmakers make crucial decisions on which exploration projects get funding,” said Amelia Phillips, a computer science and forensic teacher.

She added that many of the technologies that NASA develops find their way into everyday life, such as LifeShears, commonly referred to as the "jaws-of-life" that rescue workers use to cut accident victims out of wrecks. Those shears use the same power source that is used to separate Solid Rocket Boosters from the space shuttle. Getting proper funding can mean the difference between life and death for a government agency.

Solid science can also help in how resources are used.

Geologist Caria Whittington noted that the U.S. Geological Survey did a study recently to determine how much oil was actually available in the Arctic Wildlife Refuge, which is barely more than what the U.S. consumes in a single year.

Tracy Brigham, a nutritionist, pointed out that both domestic and world health are issues that politicians deal with.

“It’s important to pick a candidate that you agree with when it comes to where money is going for programs like family planning,” said Brigham. “Our government is willing to fund people getting Viagra, but are they willing to fund birth control?”

All of the professors urged voters to find out the real facts behind candidates’ claims by doing their own research.

City marks landmark

By Amanda Down  staff reporter

Des Moines has big plans for a small piece of land.

City officials wish to place Des Moines Beach Park on the National Register of Historic Places, a program of the United States Department of Interior National Park Service.

The beach is currently listed on the Washington State Historical Registry. If the park is listed on the National Register, Des Moines could see a spike in tourism and possible national marketing of the resource.

Park visitors sounded pleased to hear that the city is attempting to place the park on the National Register.

“This area is where the city of Des Moines started, and we’re lucky that we have preserved this special place,” said Des Moines citizen Shelley Peters. “To go national with our special place is great.”

One of the 25 parks in the city, Des Moines Beach Park, formerly Covenant Beach, is located north of the marina at 23030 Cliff Avenue South.

The 19.6-acre park has a play area, restrooms, and nature trails, along with facilities for rent and a scenic view of Puget Sound.

The park also has a historical site; a small building displays information and aged photographs from the city’s beginnings.

The park hosted a sawmill in the late 1850s, and the first primitive road connecting Des Moines to Seattle is located at the north edge of the park.

The park was placed on the Washington State Register of Historic Places in 1988.

Over the past decade, floods and an earthquake have damaged the facilities, and in November 2002 a historical dining hall was closed due to foundation damage.

Drawing more people to the park could result in more revenue to preserve and restore the historic buildings.

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State reps answer student questions

By Maurice Williams

Health care, school budgets and marijuana laws were among the topics at last week's legislative forum.

Eight candidates for state legislative seats in the 30th, 33rd and 47th districts fielded questions from students in building 7 last Thursday. The forum was part of Highline's Defining Democracy series, and was co-sponsored by the League of Women Voters.

The crowd of 80 students seemed very interested in what the candidates had to say.

"It was interesting to see the candidates up close," said student Adrian Usi. "It is a completely different vibe when comparing to seeing them on television."

Candidates at the forum included State Rep. Mark Milsom, D-30th District (Federal Way), and his Republican challenger, Tony Moore; State Rep. Skip Priest, R-33rd, and his Democrat challenger, Joe Henry; State Rep. Shuy Schuab-Berke, D-33rd District (Des Moines) and her Republican challenger Bruce Elliott; State Rep. Dave Updegrove, D-33rd District; State Rep. Geoff Simpson, D-47th District (Kent) and his Republican challenger Steve Atlick, and Pat Sullivan, D-47th District.

The audience wrote down questions on a card and submitted them to the host of the forum. The first question asked was where they stand on Initiative 884. I-884 is an education initiative that would give a 1 percent tax increase and would dedicate $1 billion to public education in the state of Washington. Adding 1 percent to our taxes will be an increase of 10 percent," Atlick said in response. "We should be looking for ways to divert more funding to education."

"We need universal health care," said Simpson. "There were a couple murmurs from the audience. "We need to deal with structural changes with our present health care," said Sullivan. The comment seemed to pique the interest of a group of students sitting in the middle of the audience; they began to clap. "I sensed a lot of tension within the 30th district," said student Lavina Claim. "They kept giving each other dirty looks. It started to seem childish."

To further educate students about the upcoming elections, two Highline College Education Association sponsored initiative panels will be held one at 9 a.m. and one at 7 p.m.

Also on Oct. 20, Republican legislative candidate Tony Moore will speak at 10 a.m., followed by U.S. Rep. Jim McDermott, D-Seattle, at 11 a.m.

An open discussion will also happen at noon.

For further information go to www.highline.highline.educode/ democracy.

Senn a no-show at candidate forum

By Jon McLalister

Only one of two candidates for Attorney General showed up for Highline's recent election forum and debate.

While student government officers assured that they had originally received confirmations from both candidates, a spokesperson for Deborah Senn, Democrat, insisted that she had never confirmed.

With no one present to represent her campaign, Rob Dryer, Senn's official spokesperson at the forum, pointed to the substantial crowd of students.

Republican McKenna stressed that young voters could have significant impact in the upcoming election and he acknowledged this when he spoke to the substantial crowd of students.

Originally, the election forum was scheduled to be in a town hall debate format with all candidates receiving a few minutes for their opening remarks.

Students were to then write their questions on a three by five note card and candidates would have several minutes to give their responses.

However, when the debate began, Paul Kalchik, student vice president for legislation, announced that Deborah Senn was unable to make the debate and would instead send someone from her campaign to read a statement.

At this announcement, a noticeable murmur went through the audience and a few students building you are sitting in all get funding from the government. There evolve real issues and decisions that touch your life and if you want to have a part in those decisions, then you should get involved and participate in the political process," said Updegrove.

Both candidates agreed that not enough attention is being paid to state and local issues.

"Elected officials are seeing less engagement in the issues that effect voters directly, State concerns are becoming somewhat of a Never-Never Land compared to national issues," said Priest.

Legislators encourage voting

By Jackie Graybill

Two state legislators told Highline students that they need to get involved in the political process.

As the meeting began, the crowd looked up, clearly taken by surprise.

They had just heard the speaker begin his comments by saying that he supported abortion as the legal right for homosexual couples to marry and that he wanted to raise their taxes to fund education.

State Rep. Dave Updegrove, D-Des Moines, then continued to address Highline students and faculty by saying: "The water you drink, the roads you drive on, and the very

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Above: Students peer look down at the remnants of a lahar flow on the Tottle River.

A trip to Mount St. Helens

Below: A vast valley, shaped by centuries of volcanic mud flows. Right: Professor Eric Baer is filmed while lecturing.

Photos by Sara Loken

Schedule

continued from page 1

approved of the proposal, but had reservations about students taking both four and five day courses. "They will still need to be there for that Friday class," he said. "It's one of those situations that it's got to be beneficial to the students."

Some students feel that the extra day away from class could be detrimental. "I could see the advantage in having three day weekends, but as a procrastinator, I could see that as an opportunity to pursue more leisure activities," said student Paul Storms. But, as with all change, there would be some rough edges to smooth out. Many students wouldn't be able to take advantage of the opportunity because they take part only in morning classes. "It [the schedule] wouldn't affect me at all because I'm here in the morning and I'm out at 11 a.m.," said Josh Crumb, Highline student.

Another student, Crystal Wittman, agreed. "I only take the earlier classes to have more time to work." The passing time between classes would be cut from 10 minutes to 7 minutes causing possible problems for students who have a long way to walk between classes. Hardin also admits the new schedule could impact students' time involving childcare, jobs, or activities. "It's always a challenge when there's a change that affects so many people," he said.

Writing professor Sharon Hashimoto had mixed reactions. "It's a wonderful idea that we're willing to try something like this," she says. "But you're going to have one year of absolute chaos as everyone tries to figure it out." The committee will continue to study the idea throughout fall quarter, but will give their recommendations by winter.

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Transit

continued from page 1

Highline students support the idea of a transportation fee.

"If I can get a quarterly pass that's good in almost all the areas around here, then I'd gladly pay $10 more," said Jennifer Pau.

Coleen Leewin agreed, saying that buying a quarterly pass would be less stressful than handling three to four monthly passes. Other Highline students didn't like the idea of spending more money to get to campus. Jonathan Merkel said that the transportation fee wouldn't help the students who choose to drive and park at Highline.

"The fee should only be applied to people who want to ride the bus; I'm already mad that the fee for parking is more than it was last year," said Merkel.

To combat the parking problem, alternatives to driving a single occupancy vehicle on campus, such as carpooling or taking the bus, were encouraged. The Midway Drive-In was also available for Fall Quarter parking fee of charge. A permit is needed in order to park at Midway, which can be obtained from Campus Security in the lower level of Building 6. One month bus passes are sold for 50 percent off retail value at the bookstore, also in the lower level of Building 6.

Seattle district colleges implemented the transportation management plan eight years ago to abide by the Seattle Commute Trip Reduction Law. Enacted in 1991 as part of Washington's Clean Air Act, the law requires major employers to provide employee transportation programs that encourage more employees to not drive alone to work every day.

While a community college is technically not an employer, the colleges are still held to the law because of the number of students that commute to the campus each day. James Lewis, transportation director at South Seattle, said that the students are viewed as employees because the majority come to the campus each day around the same time that employees would arrive at jobs. While the specifics may differ slightly from city to city, generally a "major employer" is defined as a private or public employer that has at a single work site 100 or more full-time employees who begin their regular work day between 6 a.m. and 9 a.m.

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