Students stick it to seniors

Students volunteer at nursing home to learn and help

By Dain Kaizuka
staff reporter

Highline nursing students are giving health to the elderly.

For the past two years Highline’s Nursing Program has been working with Wesley Homes in Des Moines to give flu shots to their retirement community.

Last year they gave more than 500 shots, but due to the vaccine shortage this year, they have been able to give about 80.

Only second-year nursing students can volunteer to administer the shots.

Highline Nursing Instructor Elise Muller-Lindgren is the lab coordinator and responsible for training the students.

During the first year they are trained to give shots.

In the second year they are refreshed on the subject and signed off as capable to administer shots.

"At first it’s kind of scary but then after you do it so many times it’s pretty easy," said Kirsti Reddaway, nursing student.

The flu vaccine is available to all residents at Wesley Homes unless they refuse, are allergic to eggs or have had an adverse reaction to a flu shot in the past.

To make the vaccine, pharmaceutical companies take the influenza virus, kill it, wash it, and re-structure the proteins.

Then those proteins are grown in chicken egg whites to produce the vaccine.

It’s important for the geriatric population to get vaccinated because many of them suffer from multiple chronic diseases and are extremely susceptible to the flu virus.

"It prevents residents from getting influenza A or B and minimizes the effects if they are exposed," said Lynn Murphy of Wesley Homes.

Wesley Homes is a continuing care retirement community which houses about 600 residents.

Their campus is divided in two sections, The Gardens and The Terrace.

They also have the Wesley Homes Health Center, located with The Terrace, where the shots are being administered.

The shots are being distributed to all the residents who want it.

"We have their documents out and vaccine all the people who need it. It’s completely voluntary. If they want it, they get it," said Teresa Trillo, Highline nursing instructor.

The vaccine is provided by Wesley Homes and billed to Medicare if the resident has coverage.

The program gives nursing students a chance to practice giving shots.

"It’s great. It increased my confidence in giving intramuscular injections," said Nicole Morrison, nursing student.

Students choose to cheat despite risks

By Elizabeth Tacke
staff reporter

Methods may have changed, but students still cheat.

Interviews of 45 Highline students found 33 who said they cheat or have cheated in the past.

The current age of technology provides ample opportunities for students to cheat.

Besides the age-old practices of notes written on notecards, arms, or even the bottom of shoes, new techniques have proved effective for college students. Text-messaging, the Internet, and calculators have become much more popular in the race to the perfect grade.

"We used to write notes on the back of our own assignments and then erase them later," said one student.

Another student, choosing to remain anonymous, admitted to cheating occasionally.

The most creative way I’ve ever cheated was to put some answers inside of a pencil where the lead goes," she said.

Student interviews uncovered numerous cheating strategies, all of them labeled “creative.” Putting answers on the brim of a baseball cap, in an Altoids tin, or buying term papers online were a few of the numerous responses.

Laura Manning, a Highline speech instructor, wasn’t surprised by the results.

"Ask how many teachers have cheated. I know I have...when I was in school," she said. But she is upset about the current state of affairs among students.

Interviews also showed that a majority of students found it easy to cheat in Highline classrooms.

Student interviews said that teachers aren’t attentive enough to catch cheaters or that students have created too many subtle ways to be caught.

Barbara Clinton, director of the speech department a Highline, commented on her teaching days at the University of Washington. She said that they were always worried about cheating.

"Every single student had to turn their baseball caps around. We collected Kleenex that were used, students had to push their sleeves above their elbows. It’s not as easy anymore," she said.

See Cheaters, Page 16
Stolen camcorder
A video camcorder was reported stolen from Building 2 on Nov. 4. It was taken between the hours of 8:30 p.m. and 11:38 p.m.

Vandalism scars the bathroom
Graffiti was found on the campus for the third time this week. It was found in the men's restroom in Building 17 on Nov. 8.

Car break-ins continue
Three more cars were reportedly broken into this week. The first incident involved a beige truck in which a gym bag valued at $250 was stolen out of the vehicle. The break-in happened on Nov. 4 between 7:50 a.m. and 10 a.m. Another student had her in-dash CD player taken from her vehicle. Her car was parked in the east lot between 9 a.m. and 1 p.m. The last vehicle broken into had its passenger side door damaged.

Student rushed to hospital
A Highline student had a seizure on the third floor of Building 25. An ambulance arrived at 9:45 a.m. The victim was quickly transported to Valley Medical Center in Renton.

Male threatens female student
A scared female student phoned Highline's security office to report a threat. The threat was made by a male who was mad because she would not date him. He stated that he would beat her up on Monday if she came to school. She then reported the incident to the security office.

Compiled by Ryan Barkley

Universities from all over Washington are offering programs to help transfer students. The Transfer Center is hosting the first Transfer Fair of the year for all Highline students considering transferring to a four-year school. It will be held on Monday, Nov. 15 from 9 a.m. - 12:30 p.m in Building 2.

"First quarter students are especially encouraged to come so they know what they need to do early in order to transfer," said Sue Lai Lilley from the Transfer Center.

Representatives from four-year universities will be helping students with any questions or concerns they have about transferring. Colleges represented will include: University of Washington, Seattle Pacific University, Washington State University, Western Washington University, Art Institute of Seattle, Central Washington University, Cornish College of the Arts, Eastern Washington University, The Everett State College, and Pacific Lutheran University.

The Transfer Fair is to give students the opportunity to talk with representatives of their college about enrollment.

"Students need to come to the fair with general questions about their college of choice," Lilley said.

Universities are becoming more and more competitive with enrollment. Lilley says that with all the competition, students must learn how to be competitive and take advantage of the Transfer Fair.

"Early is truly the key to a successful transfer," Lilley said.

Monologues not easy subject
Women's sexuality will be explored as an audience views excerpts from the film version of The Vagina Monologues. The film shows a variety of issues women face through monologues. Some issues discussed include rape and sexual abuse.

"We felt compelled to bring this film to Highline because it covers issues about women and their personal sexuality that is all too often marked as taboo and therefore inappropriate in society," said Gursimon Kaur, from Team Highline.

Rosemary Adang will give an opening statement and following the film Laura Manning will facilitate a discussion.

It is today in Building 7 room 206 from noon to 1 p.m.

AIDS/HIV topic of workshop
A workshop will help students understand the AIDS/HIV infection and ways to prevent it. It will provide students with the knowledge on where to go for more information and courses that teach the subject on campus.

The workshop is presented by the Counseling Department and is today in Building 26, room 316 C, from 11 a.m. - 11:50 a.m.

Correction
A story in last week's Thunderword on the new faculty contract should have made clear that part-time faculty are not affected by the new agency fee. One-year appointments and faculty interns also are not affected by the agency fee.

The three-year contract has been ratified by the both the faculty union and the college administration. It currently is in effect though the agency fee provision does not start until Fall Quarter 2005.

Some 62 percent of Highline's 133 full-time, tenured and tenure-track faculty belong to the union. ***

In last week's issue Ilya Kaminski was spelled wrong, it should have read Ilya Kaminsky.

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The Giving Tree takes root
Starting this week students, faculty, and staff can take part in The Giving Tree.
The Giving Tree is a way to sponsor and help families in need this holiday season.
It's sponsored by Team Highline and it runs until Dec. 1.
For more information contact Maegan Yapp at myapp@highline.edu

Siew Lai Lilley puts up posters on the Thunderwalk to prepare for the Transfer Fair.
It's easy to apply for aid, just know how

By Jon McAllister

Students applying for financial aid can avoid many problems by simply following directions and making proper use of services available to them. Since half the students on campus receive some form of financial aid, here is how the process works and what must be done in order to receive financial assistance.

Applying for financial aid is a three-stage process. First students must determine their eligibility and check the deadlines for the school year that they want to attend. Because financial aid can be applied for at any time, aid received can be retroactive-meaning that students can receive a check for quarters previously attended.

However, there is a strict time limit. Applications for this school year must be submitted by midnight Central Daylight time June 30, 2005.

The second stage is completing the Free Application for Federal Student Aid also commonly known as FAFSA. This is often the most difficult stage for students. Steve Seeman, director of financial aid, said that many students make simple mistakes by incorrectly filling out the paper version of the FAFSA.

"They can usually avoid this [mistake] by filling out the form via the FAFSA website," said Seeman.

Although the financial aid office does offer workshops, they do not walk students through the entire process. "We used to reserve time in the computer lab to work with students," said Seeman, "but there just wasn’t enough interest. We would reserve blocks of time and only have several students show up.

The final stage of completing a FAFSA is follow up. Within three to four weeks of submitting an application, students can expect to receive a Student Aid Report, which is also known as SAR. This report will notify if an application has been randomly selected for verification. The SAR does not spell out exactly what needs to be brought to the financial aid office. However, it does signal that you need to check with financial aid. "Students need to promptly respond to any and all requests by the financial aid office," said Seeman.

Students can easily check the status of their application online or by physically going to the financial aid office, Kim Wasierski, financial aid associate director, said that it's important for students to understand that applying for financial aid is a lengthy process.

"A lot of students think that once their application has been submitted that they can show up within a week and get their award letter," said Wasierski, "This is not necessarily the case. The students should realize this is a lengthy process and it’s important to apply as early as possible."

Towards the beginning of each quarter, the line to the financial aid office can become so lengthy that students can expect waits of one to two hours. Wasierski was quick to note this saying, "To be honest, a lot of the questions that we field at the front desk could be answered by checking their status online or by reading the material that is sent to them by mail."

PTK reaches out to help community and Highline

By Cabrina Ream

If you're looking for a way to exercise your leadership skills, give back to your community or find fellowship with other honor students, then you might consider enrolling in Phi Theta Kappa.

Phi Theta Kappa, also known as PTK, is the international honor society of the two-year college.

Its membership is based on academic achievement, requiring a 3.5 GPA or higher to join. It began under the name Kappa Phi Omicron at Stephens College in Columbia, M5. in 1910.

Since then it has become the official honors society of the two-year college and according to the national PTK website, "grown in expanding our mission to reflect the nurturing philosophy of the institution it serves."

To those who qualify, PTK offers many advantages and opportunities, members and advisors say.

Some of these include the ability to apply for more than $36 million in transfer scholarships, nomination to the National Dean's List, noted membership in your transcripts, and multiple opportunities to serve others.

Camila Bobo, PTK president at Highline, agrees that one of the best advantages of PTK is having it displayed on your transcripts. "It definitely makes it worth it," she said.

"We have such amazing members. They are all so highly motivated, and I feel blessed to be able to work with such dedicated people," said Laura Manning, co-adviser of PTK at Highline.

"One of our main goals is community service, and giving back as much as we can," Manning said.

Currently PTK at Highline has between 175 to 200 members yearly, with on-going enrollment. You can enroll any time during the year, as long as you meet the GPA requirements and can pay the $60 fee.

"It’s for both community and personal reasons. It’s about our goals. We ask ourselves, ‘What do I do to make a difference?’ and we do it," Manning said, about why PTK is so active in its outreach to others.

Highline’s PTK is currently working on multiple community service events, including reading to the elderly, creating troop care packages and donating blankets, coats, and hats to those in need.

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Editorial

Value varying views

The recent election has left some voters with ambivalent feelings toward the president and society in general. Naturally, the Republicans have something to crow about, while the Democrats are left feeling cut out in the cold. The split in political differences not only exists on a national scale, but have also created a sort of schism of beliefs and morals on Highline's campus.

However, just because the Highbline students may differ on important issues doesn't mean we can't get along in the meantime.

Whether for or against Bush, whether you're Democratic or Republican, you still have to respect the views of the other side. Both sides represent a counter-balance to the other.

The Democrats and the Republicans can represent two sides of American values: one is the more liberal, idealistic way of the Democrats; the other is the more conservative, self-motivated way of the Republicans. Both want to change the world and both want world peace, but the way they tackle problems varies dramatically.

Take the ever-so-touchy subject of abortion. Some people support adoptions and abstinence while rejecting the idea of abortion (fetus termination). Others support abortion rights as an alternative while supporting embryonic stem cell research.

With Bush in the White House, does that make Democrats the bad guys and abortion is wrong? Not necessarily.

Both parties are right in their own philosophies. Taking a human life (if you consider the fetus living) may be morally wrong but who decides: the state or the woman? There are merits to both views that an adult can decide.

It's all a matter of perspectives: how you feel and what you think flashes out yourself as a person and a voter. The two-party system is like a reflection of our own individual values and of how we wish the nation to be shaped.

In the next four years, Highbline Democrats may see things that they may or may not like; but because they lost the battle doesn't mean they have lost their purpose. Just be as the opposite side, they represent a view (maybe a minority view, but a view nonetheless) that shows there is more than one way of handling situations.

Here at Highbline we value diversity, but remember that diversity is not just about backgrounds or nationalities. Cultures and ideas are also valuable. College campuses like ours are lucky because we can voice our opinions to a huge range of people (in a sensible manner).

Hopefully, Highbline Democrats while reassuring their thoughts, have the courage to speak out their issues while the Highbline Republicans, working hard to build their goals, do their best to heed feedback and be willing to adjust their stance if need be.

Same thing in reverse: If the Democrats came out on top they need to be respectful of the Republicans.

In the aftermath of Nov. 2, the last thing we need is to do is remain touchy about election results. For good or for ill, Bush is in office for the next four years. If good things happen, great; if mistakes occur, there should be less complaint, more "Let's try this way to see if it works."

Despite our differences in values, there's no problem that can't be resolved; all we need is cooperation.

Question of the Week

Could the two-party system be better with a third party added?

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Guest Commentary

The Sunday Go-L

"IT'S TOO BAD VIAGRA WON'T PREVENT THE FLU... THERE SURE SEEMS TO BE PLENTY OF IT AVAILABLE...

Avoiding the labeling habit

As I've ventured among campus these last couple of weeks, I have undergone many new experiences that I wish I had come upon with a better perspective.

For as long as I can remember, I've walked out of every new class with a set view on the teacher and individual students. Then throughout the school year, they were sure to break through that title they were given after one quick hour of my examination. It was the most frustrating thing in the world to feel as though every year I was deceiving myself.

After a couple years I came to the realization of what was happening. After a few days or weeks, my view of the people in my surrounding would be totally muted. The teacher who I thought was laid back and easygoing would become my worst nightmare. Whereas the one who I assumed would be that nagging voice in the back of my head, became my best friend.

Peer of mine would overcome the stereotypes I had labeled them with and most of the people who I was certain I didn't want to talk to became the people I would sit in for.

On my first day at Highbline, I picked out the teacher who I assumed would be the coolest and then the one who I figured I would be dreading for the next 12 weeks.

The class that I just couldn't stand to think of, which I will not name, was just awful. The teacher was way too aggressive and was always questioning my every word. I blamed that class so much that I felt as though I might just drop it.

Another of my classes was so awesome! I thought it was going to be centered on creativity and just the most different class I had ever taken. The teacher was so unique and pleasant. I hated that class so much that I felt as though I might just drop it.

Then, what do you know? My assumptions were misguided. The teacher I had loathed turned into the most passionate teacher I have ever had. She got us thinking and gave us ways to personally understand our assignments and made sure that we were all involved.

Then that teacher who I was so sure would just be the winning one turned out to be a nutcase. She started confusing me with her odd ways of under-standing and gave just the most annoying lectures. No offense to her, but don't worry, I'm still going to leave room for her to shape her title before the quarter is over.

I have come to the conclusion that my labeling habit is just too complicated. More than half the time, my first impressions are always turned down.

Next quarter, I am sure that I will not be walking out of class with any set labels on how my teachers, fellow classmates, or classes will be.

My advice to all the other Highbline students out there is to keep an open mind. When Winter Quarter rolls around, don't jump to assumptions. Give people the chance to prove themselves before you do it for them because, almost always, your assumptions could be wrong.

Also, this quarter is not over, you can still stop to let people remold their labels. If you just give everyone a chance, I'm sure you will be faced not only with more opportunities to meet new people but also with a sense of adventure through the quar- ter.

Sabrina Glatt is currently a student at Highbline.

"Anyone from the NRA in here? I need a rifle."
Speeches shouldn’t leave you breathless

Would you like to earn higher grades? Would you like to land your dream job? Would you like to earn a job promotion? Would you like to earn more money? Most folks would answer yes to these questions; however, only a few do what it takes to realize these things.

One way to successfully earn higher grades, get the dream job or job promotion, and earning more money is to learn to give effective presentations!

Most of us fear death stop from learning public speaking. Psychologists call it several the nerves, physical anxiety, communication apprehension, stage fright, nervousness, and just plain fear. We all have fear; however, we need courage to overcome fear.

According to the 2000 Book of Lists, public speaking was ranked as the No. 4 fear of Americans. Death was ranked No. 4. As Jerry Seinfeld once said in his comedy, “That means that people would rather be in the box than give the eulogy!” As funny as that sounds, it isn’t far from the truth.

Most folks are nervous about presentations. Actually, I am concerned about students who are not afraid. One social scientist observed, “a speaker who is as cool as a cucumber is just about as interesting as a cucumber.

Seattle Sonics point guard, Ray Allen, summed up the reason for speech anxiety succinctly last night on the television show about the upcoming game, “Of course I am nervous, I want to perform my best.” Ichiro Suzuki, of the Seattle Mariners, said, “I am nervous before every game, who wouldn’t be? We have prepared for many hours to perform well, people are expecting us to do our best.” He goes on to say, “I need to be nervous in order to be sharp and be able to hit that fastball.”

Barbara Streisand wouldn’t perform for 10 years because of debilitative stage fright. Bono, of the rock band U2, has a garbage can on the side of the stage. Before every concert, he is so nervous he has to vomit into the can.

There are two types of stage fright, according to communication researcher/author Ronald Adler: debilitative and facilitative. Debilitative stops you from performing. Facilitative helps you to perform better.

Our physical body has the following reactions to debilitative stage fright: sweaty palms, nervous stomach, shaky hands, rapid heartbeat, sweating, hot or cold face, a white face, shaky knees, voice cracking, and dry mouth. Have you ever had any of these conditions?

Listen to the physical body reactions to facilitative stage fright: sweaty palms, nervous stomach, shaky hands, rapid heartbeat, sweating, hot or red face, a white face, shaky knees, voice cracking, and dry mouth. They sound the same don’t they? Well, they are the same! Our bodies go through the same physical uneasiness: the difference is our attitude towards them. Rest assured that these happen to most everyone. However, we see many people succeed. How do they do it?

They do it because it leads to better jobs, higher grades, job promotions, and more money. Look at the top executives at any organization, they all have one thing in common: they are good presenters. This is no accident.

People who can present well, get noticed and get the promotions. It isn’t always the best person qualified who gets the job or raises. It isn’t always the best students who get the highest grades, it is the one who stands out, and the one people notice the most. As an old college professor of mine used to say, “If you don’t speak up, there won’t be a place for you at the table.”

Being afraid of presentations shouldn’t stop us from doing them. Don’t be afraid; don’t avoid them at all costs. Here are a few strategies for harnessing the fear, and getting the fear to work for you.

One, be positive. Understand that the biological feelings we are having like the nervous stomach are natural and we all feel it. We are outside our comfort zone and it makes us uneasy. Use those biological feelings to your advantage; they will make you sharp and animated.

Two, be rational. Think of the worst things that could happen. Then be realistic, and see how they will not happen. No one is going to laugh at you, no one is going to throw spit wads at you, you will not forget everything (if you do forget some thing, so what? They audience won’t know it).

Three, be listener oriented. Concentrate on the listener, paying attention to the information she/he came to hear. Don’t look at a presentation as a performance. Presentations are not about the presenter; they are about the audience. I hate to tell you this; but the audience really doesn’t care about you, your hairstyles, your dress, your nose, your weight, or anything else about you. They care about the message you are giving.

This leads to the last strategy, be prepared. Prepare early and practice. An audience will get downright hostile if you come unprepared. You owe it to them to be prepared.

Many students tell me they aren’t good at presentations after only preparing for one day. I tell them that is not the case, you can be good at presentations, you simply are not good at preparation.

Follow these four tips and practice as often as you can, your nervousness is normal and natural. You will become good at presentations thus earning better grades, more money, and better jobs.

Rod Mattson is currently a speech instructor at Highline.

Letters

Gilbert should heed freedom of speech

Dear Editor:

What information is appropriate and who decides? If we believe in an ‘intellectual marketplace of ideas’ and Freedom of Speech, then no one person decides and the broadest possible interpretation is given to what constitutes ‘appropriate’. If you can abridge my rights, then why not his or hers or theirs or yours as well?

We, the undersigned, oppose any and all efforts to restrict a free citizenry from information solely on the basis that some or even a clear majority, take offense to it. We have a constitution right to be from the tyranny of a majority. It is and should be anyone’s right to self-select what they do or do not choose to read, think, print, or say.

We endorse and support the ALA’s statements and policies on this issue:

http://www.ala.org/ala/ofl/statementspol/statementspolicies.html

Highline Library Technicians


Photo quote on first page invites bias

Dear Editor:

On the front page of the November 4, 2004 issue of the Thunderword there is a picture of a smiling Jim Glennon next to a quotation that says, “I think that there’s a good possibility that Bush will be assassinated...” In the context of the related article Jim Glennon states his opinion that Kerry may have been assassinated if he had been elected. To take the quotation out of context is an incredibly irresponsible choice.

To show a picture of a respected instructor smiling next to what now appears to be a quote about murder because it was taken out of context is rash and immature. You have just changed the meaning of the quotation. It is sad to me that a college student newspaper could be so disrespectful to anyone. However, it is not a surprise to me that the target is our President. Is it a coincidence that our President is a Republican? I don’t think so. If this type of journalism continues there will be no question about a liberal bias in the press; you have just answered that question very clearly. As for me, I am glad I do not get my political information from the Thunderword.

Shannon Proctor
Speech Instructor

Got a response to an article, column, or question of the week?

Write a Letter to the Editor and voice your opinions in the paper! E-mail your article to slavo@highline.edu or drop it by Room 106 in Building 10. For more information, contact the Thunderword at 206-878-3710, ext 3317.

Due to limited space, please keep your Letter close to 300 words.

Page 5 11/10/04

The Thunderword
Amelia Gilbert waves to the crowd after winning the Miss Burien Pageant Saturday.

**Highline women conquer Burien**

Three students win royalty in Miss Burien Pageant

By Ian Taylor  
staff reporter

Led by Amelia Gilbert, Highline students swept the Miss Burien Pageant on Saturday. The pageant was at the Performing Arts Center in Burien. Gilbert, 20, took the title, followed by Highline sophomore Jackie Graybill as first runner-up and Gilbert’s younger sister, Melody Gilbert, as second runner-up. All three are Highline students.

This was Amelia Gilbert’s second time running in the Miss Burien Pageant. The pageant was originally created in 1958 and continued until 1989. However, from then until 1998, the pageant was not held. In the spring of 1998, Diane Kennish took on the responsibility of bringing back Miss Burien. Kennish is now the executive director of the Miss Burien Pageant and is a strong supporter of the idea of pageants.

“It helps the girls build their speaking skills and all the contestants get scholarship money,” said Kennish.

The winner received $1,300, the first runner-up received $700, the second runner-up received $400, and the three non-finalists received $175 each.

Each contestant has to go through the same process of scoring. However they do not think of it as competing with each other to get their scores. Each contestant receives her score on an individual basis, and the comparison is made at the end of the pageant.

Forty percent of the score is based on an interview, 30 percent is the talent portion, 10 percent is the on-stage questioning, 10 percent is evening wear, and the final 10 percent is based on the physical fitness/swimsuit competition.

As grueling as all this sounds, the general consensus of the pageant was that all the women had a really fun time.

“The best part was the preparation and getting to know the other girls,” said Amelia Gilbert, the new Miss Burien. “We even had a Miss Burien sleepover.”

Amelia Gilbert plans on spending next year as Miss Burien speaking to young people, mainly at middle and high schools, about self-esteem. Self-esteem was her platform for the competition. She feels the pageant itself is a very good way to build self-confidence.

“I would recommend it to anyone. People should be lined up at the door for these things. It expands other areas of your life and makes people more well-rounded.”

Amelia Gilbert also said she had a really good time doing the pageant with her younger sister.

“We had a blast,” she said. “I loved coaching her.”

Jackie Graybill, the first runner-up, also said she had a good time with the pageant.

“My favorite part was becoming friends with all the girls. They said they have never had a year where all the girls were as close.”

Miss Burien is a part of the Miss America franchise. The pageant was completely non-profit and everyone who helped were all volunteers. All the money raised went as scholarships to the contestants and the three finalists will go on to compete for Miss Washington and hopefully, on to Miss America.

Amelia Gilbert sings for judges

Amber Johnson

Amber Johnson

Amber Johnson said that because she was performing so many pieces, she got very nervous, and that was something she had to get over.

All of the music was classical, and each student took a very long time in preparing what he or she was going to perform.

“It takes at least a year of preparation,” said Dr. Glover.

Some students even begin preparing two years in advance, Dr. Glover said. Dr. Glover said that only students who have studied music seriously for several years are capable of this level of competition.

Dr. Glover has had the fortune of seeing her students become national finalists for several years now.

Each winner will advance to the Regional Competition in Spokane in January, and from there, the winners will compete in Seattle in April for the National Competition.
**Arts**

**New comic has dark side**

By Maurice Williams

The newest installment in DC Comics everlasting series of stories is *The Originals*, which was published by Vertigo, which is affiliated with DC. DC Comics has brought us some of the most popular super heroes from Wonder Woman to the Green Lantern to Superman. Despite the success of its rival, Marvel comics, which brought us such superheroes as X-men and Spiderman, DC continues to flourish with fresh and creative ideas.

*The Originals*, written and illustrated by Dave Gibbons, show the promise of something unique. *The Originals* tells the story of two friends, Lei and Bok, who try to join the top gang in their city, The Originals.

In this prequel set in the not-so-distant future, Lei and Bok graffiti walls in an attempt to catch the attention of the gang. Compared to DC's previous works, DC has seemed to pull out all of their stops. It seems to be obvious that something bad is about to happen as the Originals eventually approach Lei and Bok on their metallic hover scooters. You can sense that Lei and the students have a rough ride.

This isn't science fiction, so the fans of past DC comics will feel a little out of place; that is until they are drawn into this new and intriguing world.

The characters seem to be developed; both Lei and Bok have their flaws as well as their strengths.

Even if you have never read a single comic in your life, you need look no further. As this is the beginning, you will come to be entertained by, even love these characters.

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**Students take on ‘The Twilight Zone’**

By Quentin Taminhart

With the help of instructor Keven Strehle’s television savvy, Highline students are set to create a modern day adaptation of the venerable television classic, “The Twilight Zone.” The episode being produced, entitled *A World of His Own*, originally aired in 1960 and was written by Richard Matheson. Strehle, Highline’s television instructor, originally suggested that the students undertake a large project that would promote teamwork and produce a quality product.

Stacy Gow, now one of the project’s associate producers, presented a Twilight Zone script for consideration and it was agreed upon.

The project will include about 11 students, primarily from the 102 and 103 levels of the TV Production course, and several who are involved through independent study.

"Fall Quarter is all pre-production," said Kyle Drosdick, another of the three associate producers. "We’ll be assigning roles, adapting the script and acquiring costumes and props."

Auditions for the episode’s three acting roles have just closed.

When not teaching at Highline, Strehle is executive producer of Evening Magazine and Northwest Backroads, both of which air locally on KING 5. Strehle’s connections as a producer can potentially open doors for his students.

"Keven makes it clear to all of us [students] that we are free to apply for internships with Northwest Backroads," said Drosdick, who has applied to work on the program himself.

Strehle will be directing. The assistant director is student Boyde Mackin, and the executive producer is Darrell Sawyer, also a student. In addition to Drosdick and Gow, Robin Lapp has also signed on as an associate producer.

Drosdick set the tentative deadline for completion at mid to late Winter Quarter.

John Curley, host of Evening Magazine, will likely serve as the feature’s narrator.

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**Middle schoolers display their operatic talent**

By Jessie Elliott

A talented group of middle school students performed an original opera last Wednesday in Building 4.

The Outburst Opera Company, a young troupe from Enumclaw Middle School, wrote, produced, directed, and costumed a piece entitled *Change*.

The opera is about three friends who open an arcade. On the opening day, the main character collapses, and at the same time, the first day’s receipts are stolen. Amidst all the confusion, the characters try to figure out who stole the money.

*Change* is a small moral play centered on friendship and ethics, said Dr. Sandra Glover, a music professor at Highline.

"This exercise disciplined them in an academic as well as creative way," said Dr. Glover of the performance.

It is important to showcase events like these because it shows that students at any level can excel.

This production presented a fusion of academia and art which is so necessary for the innovative thinking that is required in the world we live in today, Dr. Glover said.

This production was sponsored by a grant from the Metropolitan Opera Guild in New York City.

The faculty supervisor, Lynda Alley, is a music teacher at Enumclaw Middle School and also part of the music education faculty at the Central Washington University satellite campus at Highline.

Not only was it important to show the talent of the students who created the opera, it was important for Highline music students as well.

"It would be good for our students to see the power of the creative experience," said Dr. Glover.

The Outburst Opera Company performed *Change* for the public on the Nov. 2, in addition to the Highline performance.
Using the clues, simple arithmetic, and a little logic, place a single digit (0 to 9) in each empty box in the diagram. To help you get started, one digit has been entered in the diagram.

ACROSS
2. 1-Down times 16-Down
4. Consecutive digits in ascending order
5. The last digit is the sum of the other digits
7. Eight times 15-Across
9. The first digit is three times the last digit
10. Consecutive digits in descending order
12. Four times 14-Down
14. The last digit is the sum of the other digits
15. The first digit is the sum of the other digits
16. Six times 9-Across
17. Seven times 9-Across

DOWN
1. Four times less than 16-Across
2. Five times 4-Across

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Trivia Test
1. HISTORY: When did Spain win the World War?
2. GEOGRAPHY: What is the tallest mountain in the world?
3. GENERAL KNOWLEDGE: Which nation did it defeat in the Falkland Islands war?
4. CHEMISTRY: What is silicon?
5. LAW: Which amend-
ent to the U.S. Constitution asks the right to peace-
antly assemble?
6. MOVIES: Who refused to ac-
cept an Oscar for 


TV reporter was roughed up on the floor of the 1968 Democratic National Convention?
8. LITERATURE: Who is named Billy Pilgrim in "A
to Molokai"
10. PHYSICS: What is the speed of light in miles per second?

Down
1. promo.
2. Can do
3. Time
4. Uh-huh
5. Haste's domain
6. Loft member
7. Quarterback Dawson
8. Annotation
9. Tweet
10. Building block
11. Teabag locale
12. Cactus
13. Out of
14. Ring an
dom
15. First-rate
16. Court
17. Subject
18. Cheerios
19. Scrap
20. Certain
21. Dine
22. Succulents
23. Sherman
24. Corners
25. Be wrong
26. Rice
27. Spreads
28. Idiot
29. Rascal
30. Belief
31. American Revolution finale
32. Haller
33. Follows sugar or candy
34. Second-rate
35. Cash in Rome
36. Bass servings
37. Dull and uninteresting
38. Caviar
39. Tabloid Slant

By GFR Associates ••• Visit our website at www.gfrpuzzles.com

Crossword 101

Close Range

Across
1. Numerous
5. Proceeds pay or dollar
9. Football no-no
13. Wind in a pit
14. Spread
15. Wayne's role
16. An almost win
20. Barbie's friend
21. Soup with sushi, perhaps
22. King's place
23. No more than
24. Break
25. Hoax
28. Tennis stroke
29. Numbers. person
32. Word after pass or sing
33. Family tree start
34. Frog relative
35. Refuse to recognize
38. Acquire
39. Stars at
40. Register formally
41. Office holders
42. Smile
43. Satisfy
44. Tool
45. Lock part
46. Fracture device
49. Medicinal plant
50. Chem. workshop
53. ROTC specialty
56. First-rate
57. Courts
58. Subject
59. Cheerios
60. Unouchable head
61. Wound

By Ed Canty

RATIONAL NUMBERS
by Linda Thistle

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MADWOMAN'S OPENING THURSDAY

The Madwoman of Chaillot

By Edward Albee

The Madwoman of Chaillot is a comedic play about a radical, madwoman, lovers, and jugg-

ers who plot to take the greedy greedy

from the world. Directed by Dr. Christian

yler, coordinator of the

Drama Department, this play is sure to entertain and delight.

The students acting in the play have been rehearsing since

the second week of school, putting in long hours to perfect their craft. Dr. Taylor said that attention to detail and the integration of
costume and design are pro-
teces that are both challenging and exciting. The Madwoman of Chaillot runs from Nov. 11-13 and Nov.

18-20 at 8 p.m. in Building 4 in the Little Theater. Tickets are $6, and are available at the door.

RATIONAL NUMBERS
answers

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2 7 8 9 0
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4 2 5 6
3 1 7 8
1 2 4 4
3 5 8
1 5 3 2
1 8 6 1

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SPORTS

Wrestlers grapple with travel, foes

T-Birds split matches with Idaho, Yakima

By Martha Molina staff reporter

Highline's wrestling team went 1-1 in its first double dual meet of the season.

In the first dual, the T-Birds were defeated by North Idaho 46-0.

Highline had to make a six-and-half hour trip to Coeur d'Alene leaving the T-Birds with little time to warm up.

Despite that, two matches were decided by just one point difference, said the T-Birds Head Coach Scott Norton.

At 125 pounds, Kelly Austreng lost by a major decision to Jeff Hedges, 19-4. At 133 pounds, Manuel Plata lost by a minor decision to Trace Bradburn, 6-3.

At 141 pounds, Jason Mendez lost by a minor decision to Derek Keppeler, 6-0.

At 149 pounds, Highline's Jon Muri lost to Brent Stover in a close match 9-8. Muri gave up two near fall points towards the end of the third round, costing him the match.

At 157 pounds, T-Bird Justin Studer lost to Idaho's Mike Rogers, 16-1.

The next three weight classes (165-184) were forfeited by Highline.

At 197 pounds, Yuri Malemura lost to Jake Kallstad, 6-3.

T-Bird heavyweight David Walker pinned Garrett Johnson in the first round, which saved the T-Birds from a shutout.

For the second dual, Highline was warmed up and ready to go, claiming their first season victory against Yakima Valley, 30-21.

At 125 pounds, Austreng lost by a decision 8-7.

"He had a take-down, but the ref didn't count it," said Coach Norton.

At 133 pounds Manuel Plata won by forfeit.

At 141 pounds, Mendez pinned his opponent in the third round.

At 149 pounds, Muri won a close match by decision 8-5.

At 157 pounds, Studer won by decision.

The T-Birds again forfeited the next three weight classes (185-284).

Kyle McCaren puts a leg in search of pinning teammate Michael Moore at practice.

Lady T-Birds set hopes on NWAACCs

Volleyball moves to third with win over Green River

By Kim Ducharme staff reporter

The Lady T-Birds volleyball team has soared to third place with a win against Green River.

Going into the game on Nov. 3, Highline and Green River were tied for third with a record of 8-4.

The T-Birds proved their worth with a win after a very long five games, 26-30, 30-21, 32-30, 26-30, 15-13.

"We kicked some a," said middle hitter Jennifer Patnode.

"The audience definitely got their money's worth," said outside hitter Jenna Bloceynski.

Setter Khia Behrendt had seven kills, 29 assists and 27 digs.

Outside hitter Blythe Howard had 18 kills and 26 digs.

At 197 pounds, Malanura handled his opponent, winning by seven points.

Heavyweight Walker laid his opponent out with a first round pin for his second victory of the day.

"Any time you can win a dual when you give up 18 points, it's a good thing," said Coach Norton.

"We did really good for not having enough warm-up time," he said.

The team is starting to get to know each other. Some of the wrestlers participated in summer tournaments in order to prepare for this season.

The freshmen needed to adjust to the college level, said Coach Norton.

Coach Norton said that the majority of his team has a good chance of going to nationals.

"We are peaking towards nationals and becoming more dedicated," said Coach Norton.

But the lack of dedication and the distant trips during the first half of the season is hurting the team.

"We are going through a grind," said Coach Norton. "We have a tough schedule the first half of the year."

This Sunday, the T-Birds will visit Pacific University for the Mike Clock Open in Forest Grove, Ore.

With another win under their belts the ladies start to think about their final game today against the undefeated Lower Columbia.

"They don't seem to be as good as a team as their record shows," said Head Coach John Littleman.

"They have first locked. We are capable of beating them."

The team however sees Lower Columbia as good practice right before the NWAACC tournament which start on Nov. 18.

"Everyday's clicking, we're gonna win," said Howard.

With NWAACCs approaching fast the team is feeling ready and anxious to take on the competition.

"Being one of the top 16 is good," said Littleman.

NWAACCs consists of the top 16 schools, taking the top four teams from each division; north, south, east and west.

The east and south divisions are considered to be the strongest divisions.

Highline is currently in third place in the western division.

The teams to watch this year are Spokane, Walla Walla, Clarkamacs, Columbia Basin, Colombo, Cheyenne and Whatcom.

These teams are all from the eastern and southern divisions.

"Eastside teams are crisp," said Howard.

Highline will either play east team No. 1 or No. 2 depending on where they lie in the standings after today's game.

Littleman explained that like onions, NWAACCs has layers.

"The first layer would have McCamias, Columbia Basin, Spokane and Whatcomb," said Littleman.

He then went on to explain that Highline would fall somewhere in the middle of these layers.

"We haven't sustained playing well long enough," said Littleman.

To prepare for NWAACCs the team is practicing on the little things.

"We have little tweaks to work out," said Howard.

Littleman explained that the team needs to work on better ball control and moving across the court.

"We can chase the balls, we just can't control them," said Littleman.

The best preparation for NWAACCs is just to play, but having such a small team makes it hard to scrimmage and with only one game remaining, the chance for more experience before NWAACCs just isn't there.

To solve this problem Littleman is trying to schedule matches with USA volleyball club teams to get the team prepared. This will provide the team with "lives practices" so they can work out they're new plays and work on the little things before it's too late.

"I don't think their ready yet, but we still have two weeks," said Littleman.

The team however is feeling ready for NWAACCS. Some of the less committed players have really been stepping up and actually showing up for the practices.

"We just need to bring our 'A' game," said Patnode.

Highline plays undefeated Lower Columbia tonight for their final home game of the season at 7 p.m. in the Pavilion.
Sports

Just when it ends it begins again

By Jamie Grossmann

The men's soccer team ended the regular season on a high note.

Last Saturday, the men took on Tacoma in the final regular season game, winning 5-0.

“We came out and played hard,” said Jason Prenovost, men’s head coach. “It took us awhile to break the seal.”

While it may have taken the men a while to get things going it wasn't long until they began to take advantage.

Steve Pirrote scored two first-half goals to begin the scoring for the men.

“We made a few early mistakes, but we made an adjustment and then we were able to capitalize,” said Prenovost.

The men were on the attack for much of the second half and that, combined with their defensive dominance, made for a shooting frenzy.

With just over 44 minutes to go Highline was able to use a corner kick to their advantage. Ben Stark took a deflection from Kyle Colbath and was able to find the back of the goal.

Almost 30 minutes later Brian Podilinsky left his mark on Tacoma with a shot that found the upper left corner of the goal to put the men up 4-0.

Then with three minutes left in the game Josh Dworsky was able score on a break away as he was chased by two Tacoma defenders.

Not to be outdone Riley Miskell got one in on the scoring but was denied after his shot into the upper left corner was caught then dropped by the goalie where it bounced off the left post and back into the goalie’s awaiting arms.

The Highline men ended the season in second place in the division behind Clark with a record of 16-3-1 with nine shutouts.

The men's first round playoff opponent is Spokane, which will mark the fifth time that these two teams have met in the playoffs.

“They have beaten us twice in the playoffs by shoot outs,” said Prenovost.

Spokane comes out of the Northeast Division in third place with a record of 9-2-5.

“We are defensively strong but we prefer to play attacking soccer,” said Cor van der Meer, Spokane head coach.

Spokane is also a very young team with only one sophomore. While youth is not a factor in the game, team chemistry will be and Spokane is “still coming together, getting used to each other and how we play,” said van der Meer.

“Our forwards have good one-on-one skills, and don’t mind taking on defenders,” said van der Meer.

“We hope to expose them to a very competitive game that will also be the first game we have played under the lights,” said van der Meer.

“The is a highly technical team that plays a game of soccer rather than a wrestling match,” said van der Meer.

“We have settled in on a few formations and are figuring out who will be used in the different situations that may arise,” said Prenovost.

“Spokane is a good team but we should do fine against them,” said Prenovost. “They play a very physical game, we just need to stay focused on our tasks.”

“Spokane is a good team on the attack,” said Prenovost. “They also play with a lot of emotion and that can help or hurt a team.”

This will be the first time this year that either team has played under the lights and on Field Turf.

“Field Turf makes for a quick game,” Prenovost said of the artificial surface. “Quickness comes into play.”

“We held our first practice of the season there and there was a reason for that,” said Prenovost. “Starfire will be our home field. We enjoy playing on the field there and it should make for a good game.”

The playoff game is this Saturday at 7 p.m. at Starfire Complex, Interurban Avenue & Ft. Dent Way in Tukwila.

Melchior makes presence felt around the league

By Ian Taylor

Anthony Melchior underwent an injury last year that is usually career-ending in sports.

Under normal circumstances, soccer would be out of the question for someone who went through what he did. However, this soccer player is one that will not be shaken by mere injury.

Melchior had surgery on both knees and tore his ACL in the same year.

He has been playing soccer since he was three. Over the years, he has grown into the tall, fast soccer maniac that he is.

As a senior at Kentwood High School, Melchior was named his school’s Player of the Year for soccer. He also played football for four years as a kicker.

“Football is too boring,” said Melchior. He decided football wasn’t for him and he wanted to stick to soccer.

Jason Prenovost, Highline’s soccer coach, came to one of my games. I didn’t have the grades for a four-year (college), and he told me I would fit in coming to Highline.”

Getting a lot of fouls and yellow cards.

However, he started pushing himself. “I worked out really hard,” he said.

Now Melchior has become the leading scorer in the league, and has pretty much done that in the second half of the season. He has two hat tricks (three goals in a single game), and three double-goal games.

He doesn’t see either of these accomplishments as very hard though. “Four (goals) is better. It’s past a hat trick.”

“He’s a goal scorer,” said Head Coach Jason Prenovost.

“His kicking is better. He has worked on it.”

“Melchior taking aim on his future during an early October practice. Melchior and he certainly wasn’t going to let Highline pass him by without leaving his mark.

Another teammate, Josh Dworsky, said, “He capitalizes on every opportunity he gets.”

Melchior gives a lot of credit to his teammates and the coaching staff for making the team as successful as they have been.

Melchior has plans to go to a four-year university after Highline. He has his sites set on Mobile University in Alabama. He wants to major in real estate and has always been into engineering.

The future looks bright for
Sports

T-Birds finish second, aim at playoffs

By Martha Molina

Highline’s women’s soccer team closed out the regular season with a memorable victory. On Saturday Nov. 6 the T-Birds defeated Tacoma 6-4. With three goals by Mariana Palermo, the T-Birds were up 3-1 at the half. Tacoma came back to score two more goals early in the second half to tie the game. The T-Birds responded with two goals from Amy Foster and one from Nicole Veth. Tacoma scored a late goal, closing out the game for a 6-4 Highline victory.

“T-Birds showed up and played a good 90 minutes,” said Head Coach Janey McLaughlin.

The T-Birds finished in second place for the Southwest NWAACC division at 13-4-1. Clackamas finished in first place at 16-0-2, Clark is third at 12-3-3, and Tacoma is fourth at 8-7-3.

Coach McLaughlin said that her team could have done better, but he’s happy with second place.

“There were a couple of games that we could’ve won, and the tied games we should’ve won,” said Coach McLaughlin.

“Even with a couple more wins, we would have still finished in second place,” he said.

Injuries were a big factor that slowed down Highline. The loss of starting goalkeeper Sarah Snyder really hurt the T-Birds, he said.

Erik King has been played at goalkeeper since Snyder’s injury. But the T-Birds coach managed to get one of his top recruits for this year, Allison Mas, to play as goalkeeper for the playoffs.

“She’s a stud,” said Athletic Director John Dunn. “She was a stud in high school, and she’s a stud now.”

Mas had originally planned to play basketball, but decided to come out for soccer after all. This Saturday the T-Birds will play Edmonds for the first round of the playoffs.

In other first-round games, Clackamas will play Treasure Valley, Clark will play Spokane, and Walla Walla will play Tacoma. The winners will advance for round two of the playoffs.

Edmonds finished in third place at 9-4-3 for the Northeast NWAACC division.

The T-Birds are coached by Teddy Mitalas who was the ‘02 NWAACC coach of the year.

This year, the Tritons are full of new faces with just four returners from last season.

“We have a whole new team,” said Coach Mitalas.

Just like the T-Birds, Edmonds has also suffered a lot from injuries, and has a roster of just 16 players.

“Treasure Valley really banged us up,” said Coach Mitalas. “We came in with 15 players and left with 11 for Columbia Basin’s game.”

T-Bird Coach McLaughlin said that Edmonds has a good coach and a good team.

Triton Coach Mitalas said that Highline and Edmonds are both at the same level, and it will be an interesting game.

Both coaches are good friends with good teams.

“Jaimy and I coach alike and our teams are equal,” said Triton Coach Mitalas.

Coach Mitalas said he may very well join the T-Birds next year as an assistant coach.

Whether they win or lose, Coach Mitalas said that he will be happy with the outcome.

The T-Birds and the Tritons square off at Starfire Field in Tukwila at 5 p.m. Saturday.

Lady T-Birds are cross country title contenders

By Mark Knight

The Highline cross country team is expected to come back with a couple all-Americans and maybe a first-place trophy in the NWAACC championship this Saturday, Nov. 13 at Lincoln Park in Seattle. The meet will start at 11 a.m.

Highline’s women have a good chance of winning the team title.

“The women’s favorite should be Spokane with Clackamas, Lane, Clark, and Highline,” said Head Coach Tony Baracco from Mount Hood Community College.

Highline is very optimistic about winning.

“We are hoping to win championships,” Highline runner Jami Jablonski said.

Highline’s women will be fighting for the team title led by arguably the best women’s runner in the league, Siges Marshall.

Marshall is expected to do really well at the meet and win the women’s crown.

“Siges Marshall should run away with the women’s individual title,” said Keoni McNally, coach at Clackamas Community College.

Marshall has been beaten her personal best and women’s cross country records for Highline every week. Her fastest time is 18:02.51 in the Bellevue Invite on Oct. 30.

Other women to watch out for are Maria Britnesca and Katie Dye from Clark Community College.

Jablonski said that she wants to get under 20 minutes and was only 41 seconds away from it last week at the Bellevue Invite. Sarah Hudgins is also expected to run under 20 minutes. Either of those women could also get in the top five.

On the other hand the T-Bird men’s team is not expected to take down No. 1 Spokane. Spokane’s team in the Bellevue Invite received first place ahead of Highline with a team score of 21 while Highline received a score of 43. Spokane’s runners placed first, third, fourth, sixth, and seventh.

Highline is expected to get second or third.

“We now have six competitive guys at the championship meet,” said Highline’s Head Coach Robert Yates.

The women’s individual title is expected to go to Spokane’s No. 1 runner, Mark Currell, who placed first in the Bellevue Invite. But he is not the only one who will be fighting for the individual men’s title.

“John Butkey will be a strong contender for the men’s individual champion,” said McNally from Clackamas.

Butkey runs for Clackamas and “has run the second fastest time in the conference this season with a 24:49,” McNally said.

Last week David Larpenteur of Highline placed second and only a minute behind Currell. Yates thinks Larpenteur will finish in the top five.

“He (Larpenteur) has a really good chance to be all-American,” Yates said.

Another runner from Highline who is expected to do well is Robert Bartholomew, who should run 26 minutes.

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Photo by Amanda Downs

Lady T-Birds are cross country title contenders

By Mark Knight

The Highline cross country team is expected to come back with a couple all-Americans and maybe a first-place trophy in the NWAACC championship this Saturday, Nov. 13 at Lincoln Park in Seattle. The meet will start at 11 a.m.

Highline’s women have a good chance of winning the team title.

“The women’s favorite should be Spokane with Clackamas, Lane, Clark, and Highline,” said Head Coach Tony Baracco from Mount Hood Community College.

Highline is very optimistic about winning.

“We are hoping to win championships,” Highline runner Jami Jablonski said.

Highline’s women will be fighting for the team title led by arguably the best women’s runner in the league, Siges Marshall.

Marshall is expected to do really well at the meet and win the women’s crown.

“Siges Marshall should run away with the women’s individual title,” said Keoni McNally, coach at Clackamas Community College.

Marshall has been beaten her personal best and women’s cross country records for Highline every week. Her fastest time is 18:02.51 in the Bellevue Invite on Oct. 30.

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Women's basketball prepares to soar

By Jamie Grossmann

The season hasn't even started but the preseason coaches poll is out and Highline women's basketball team is ranked third in the division.

Led by second year Head Coach Amber Rowe, the women's basketball team looks to make their own mark on Highline's history.

The women are coming off a season in which they were tied for second in league at 12-4 and finished 15-15 overall.

"Last year we tied for second with a team that was put together," Rowe said of last year's T-Birds, which she pieced together from walk-ons and late recruits.

One of the biggest changes from last year's squad is the number of players on the team. Last year the started with five and this year they will start with 13.

"We have more people and more talent," said Taryn Plypick, returning starting guard. "We also have more of a winning attitude than last year.

The women look to have a good mix of veteran leadership and new blood. The Lady T-Birds have four returnees from last year's team, starters Plypick and Kelli Marcus, and bench players Nina Kupu and Bre Marcus.

"We have a lot of new players and the freshmen are still adjusting to the pace," said Rowe.

The women also have a very talented freshman class that includes five first team all league players.

"All the freshmen players were studs on their high school teams so they know what it takes to be successful and a leader," said Rowe.

While Coach Rowe is still unsure who will be the starters, it appears that any one of the women could find themselves in the role of starter.

"I know that they are all scorers," said Rowe. "I am looking to see who does the intangibles when it comes to setting the starters.

"We are really deep," said Rowe. "I am excited about all the girls and they are all good."

The captains for this year's squad have been chosen and Plypick and Rebekah Johnson will be leading the charge.

Johnson hasn't played in a regular season game since the third game of her senior year when she tore her ACL. Then last year she tore the ACL in the other knee during an open gym pick-up game. Johnson looks to make an impact this season with both her play and leadership on and off the court.

The women have been playing together since this summer, which has helped build team chemistry to a point where they are more of a family than a team of talented women.

"We have great chemistry," said Johnson. "We are already like a family and we are all sisters it makes me feel better just coming to practice."

While the season has not officially begun Coach Rowe has already expressed her expectations for this year.

"I expect to be playing on Sunday at the NWAACCs," said Rowe.

The women started their season off last Saturday with a preseason scrimmage against North Seattle Community College.

"We played the game different," said Rowe. "We played five in five out and it wasn't really like a game."

The women were able to stay with North Seattle throughout the game and overtime however, in the end North Seattle came out on top.

"Everyone is still a little rough around the edges," said Johnson. "As time goes by we will only get better."

"Our defense was our downfall," said Rowe.

The next scrimmage for the Lady T-Birds is this Thursday at home against Seattle University at 1 p.m. The women will then travel to the University of Puget Sound on Saturday for their final scrimmage before the season starts Nov. 19 at the Shoreline Community College Tournament.

Meagan Triller going in for a layup during practice last week.
Students find options with GEDs

By Maurice Williams

It’s the end of your senior year and you don’t have enough credits to graduate; luckily you have options. GEDs are an alternative to getting a high school diploma. You can get a GED at any community college.

Stephen Washburn is an Adult Basic Education (ABE) General Education Diploma (GED) instructor.

"Students have a variety of reasons for being in the class. There are family reasons and economic reasons; some students weren’t comfortable with their school settings," said Washburn. "They are all ages and are from all over the world. There are negative stereotypes associated with GED students but they are some of the most hard working students at Highline.

The class ranges from students fresh out of high school to mothers with full-time jobs. "I want to become a doctor; but first I’m going to become a medical assistant," student Hillary Jones said. "I want to go to Bryman.

There are common stigmas about students who get a GED, most of which aren’t true, instructors say.

"I think the stigma would be that it is a personal failure. A lot of my students internalize that perception of themselves," said Washburn.

Despite these stigmas, students continue with their education.

"I want to get back into active duty with the military," student Anthony Collerton said. "I also want to open up a car repair shop.

"Some of my students are young, they’re just out of high school and have pressure from their families," said Washburn. "Some have kids and they want to be able to help them with their homework."

Even though a GED is an alternative to a diploma, some see it as an easy way out. "A lot of people have misrepresentations of GED students. I think that they’re victims of circumstances," Instructor Assistant Patty Worthington said.

"It takes a lot of courage to come back to school as an adult. People who return to get their GED set fine examples for their children. What a fine example!"

This is not the easy way. The easy way would be to go to high school and get a passing grade," said Washburn.

"High school is structured for students. You have to go to class. When you get a GED it’s all on you. Students voluntarily come to class. The skills (reading, writing and math) are the same. I’m not saying it is harder, but it is different."

Another common stereotype is students who get their GEDs are at a disadvantage compared to students who get their diplomas.

"I want to get my GED or a high school diploma," student Sea- son Salazar said. "Afterward I want to look into massage therapy. I’d like to go to a college near my home."

"As far as I’m aware the only major job you cannot get is with the military," said Washburn. "When recruitment is low, they will accept students with their GED but if recruitment is high, they will only accept students with their diplomas."

Washburn also shattered a common misconception.

"When you want to transfer, the colleges look at your college record, not your GED," said Washburn. Even though Washburn is an ABE professor, not all of his students are there to get their GED. There are students with diplomas as well as ESL students. "My class is a way for students to adjust to Highline. It helps them with their study skills," said Washburn.

"The Women’s Programs have been very supportive. My students realize that college is a realistic opportunity. We are dealing with a diverse group of people in terms of where they want to go in life."

"I heard that people who get their GED’s are hindered in the work world," said student Nick Hasle. "It’s not what I believe but some people say that GED’s don’t look good on a resume."

"There is only so far you can go with most jobs," said Washburn. "Some GED students start their own companies. Many are very successful."

"I always ask students why they are here," said Washburn. "They want to get a better job and better pay, they want to go to college just to have that experience and it’s something they want to do for the themselves."

Every student has a different story.

"I come to school because I want to learn arithmetic. My family and I own a business in Samoa," student Silphia Vili said. "I want to be able to run the store."

Communications and Marketing boasts gold and bronze

By Maurice Williams

The gold and the bronze went to Highline this year.

The Highline Office of Communications and Marketing won two awards from the National Council on Marketing and Public Relations (NCMPR) regional conference.

"Communications and Marketing staff work in collaboration with the campus community to develop, coordinate, direct and produce a variety of marketing materials," said Senior Graphic Designer Cherie Crowley. "This includes, but is not limited to, the quarterly class schedules, college catalogs, program brochures and community reports."

The award was made last week in Edmonds.

"It’s a regional contest involving the entire department of communications and marketing," Crowley said.

The two pieces that were submitted were the Puget Sound Early College brochure and postcard, which won a Gold Medalion, as well as the 2004 Spring Festival poster, which received a Bronze Medalion.

NCMPR’s Paragon Awards recognize outstanding achievement in communications at community, junior and technical colleges. It’s the only national competition of its kind that exclusively honors excellence among marketing and PR professionals at two-year colleges. Winners are announced each year at the national conference and an awards brochure is distributed to community college presidents nationwide.

The Medallion Awards are similar to the Paragon Awards, except that they are given at the district level. District seven includes: Washington, Oregon, Idaho, Montana, British Columbia, Alberta, Saskatchewan and the Yukon Territory. The districts announce entry guidelines and deadlines, usually in the summer. District winners are announced at the annual district conference.

While the Office of Communications and Marketing (C&M) emerged victorious, they had other responsibilities to attend to.

"C&M also serves as a resource for the Highline Foundation office and the Center for Extended Learning," Crowley said. "In addition we direct media relations and serve as the public information office for Highline Community College.

The medalion awards were a good incentive, proof at how well the Office of Communications and Marketing at Highline collaborates.

"C&M reports to the Executive Director for Administrative Advancement, who further an awareness of and appreciation for Highline by communicating with diverse constituencies, building and strengthening relations and encouraging participation in support of college programs and initiatives," Crowley said.

The Office of Communications and Marketing has several other obligations.

"The C&M has worked hard to develop procedures and timelines to help our many campus clients get their publications and other projects done in the most efficient way possible," said Crowley.

The Office of Communications and Marketing plans on continuing their participation in the NCMPR regional conference.
Printing Program wins award

Students and faculty receive international acknowledgement

By Amanda Downs

Highline’s Printing Program recently added another award to its list. The program received the award for a printed piece that the students produced and entered in the 30th annual International Gallery of Superb Printing. This award is the program’s second prize at an international level.

Bill Cox, Highline’s Printing Program Coordinator, said that he is very happy that the program won at an international level.

“Highline’s Printing Program is unique,” said Cox. “No other program in the country produces the quality of work that we do.” The winning piece was a full-color book of fine art entitled Crosscurrents. The award and book are on display in the Print Shop in Building 16 along with the other awards won in the past. Over 2,700 entries were submitted from around the world by many large-scale commercial printing shops.

But Highline took home the prize.

Crosscurrents was a collaborative effort between Highline students and other Humanities teachers.

Approximately 50 Printing Program students were involved in the making of the book.

Gary Nelson’s illustration production class also helped with piecing the book together. The printing team spent about six months on the design and another two months on assembling the award-winning piece.

Cresscurrents won an award earlier at a national competition and the piece was placed in the international contest.

“It (the piece) looked especially good this year, so we went on to the international contest,” said Cox.

The Printing Program is planning on entering the competition again next year and is already looking for new ideas for an award-winning piece.

“We are always reviewing pieces to enter,” said Cox.

The printing program is a self-supporting organization and produces jobs for many non-profit organizations such as the Museum of Flight and the Seattle Choral Society.

Overall, the Printing Program has eight awards.

American Ethics/Writing teacher is musician at heart

By Georgina Juarez

From rocker to professor. Dr. Tommy Kim, a new American Ethics and writing teacher at Highline, used to be in a rock band named Mollycuddle, where he sang and played guitar.

“We released four albums and toured the country about six times,” said Kim about Mollycuddle. Being from Seattle, it’s not surprising that music played a role in Kim’s life. Mollycuddle did their final tour in spring of 2000 when Kim and the other members decided it was time to move on. Kim moved on to Highline for two main reasons.

“One of the reasons why I wanted to work at Highline was to be closer to home and the other reason was that I had heard a lot of great things about Highline (from both teachers and students or former students),” said Kim.

“Thus far, my experience has exceeded all my expectations,” said Kim. Before coming to Highline, Kim taught at the University of Montana and at the University of Minnesota. At Highline he is teaching American ethics and writing.

Kim majored in English with a specialty in Ethnic American literature at the University of California at Berkeley, but says that it wasn’t his intended major. Originally he had intended to major in 17th century literature but changed his mind.

“I got tired of being in the basement (at the library) all the time looking for material on the subject,” said Kim. Although Kim rocked out, he said that teaching was something that he always wanted to do.

Kim has been teaching for eight years and by his relaxed and confident tone of voice you can tell that Kim enjoys what he does and means what he says. Kim likes a couple of things about teaching.

“I like to see the reaction of students to new ideas and exposing students to new ideas,” Kim says about literature. Kim also likes “seeing improvement in writing skills as well as seeing skills develop.”

“I can see it from one paper to the next,” Kim says.

“It’s a pretty incredible feeling” to know that he had something to do with his students improvement.

“A writing teacher is like a sports coach, they guide from the sidelines and watch as the player improves throughout the season,” Kim said.

Aside from teaching and music, Kim says that he is also a competitive Scrabble player and baseball fanatic.

His favorite team is the Seattle Mariners.

“If anyone wants to know about baseball history they can come talk to me,” Kim said.

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New instructor chases his dream

Jason Ramirez was inspired in high school to pursue math

By Ryan Barkley  
staff reporter

Gibb explained a new math instructor at Highline, still enjoys Washington’s weather.

It’s definitely a change from, where he grew up in hot Riverside, where the average temperature for this week is 60 degrees.

At high school in Riverside is where Ramirez’s love for mathematics began. He was a junior in high school when a former college professor, Charles Brinker, inspired him to start a career in mathematics.

After high school he decided to stay in California despite the smog and traffic to continue his education.

Ramirez attended the University of California Riverside for one year and then continuing at Cal Poly Pomona. He received his bachelor’s degree in pure mathematics there but later went on to earn his master’s in the same thing at the University of Mt. San Antonio.

Ramirez said that he also enjoyed classes in philosophy, especially group theory at Mt. San Antonio.

In math, Ramirez’s favorite topic is calculus, but he enjoys teaching lower math classes because he has a chance to teach students who have had a bad experience with math.

“I try to teach them why they are learning this and the power math possesses,” Ramirez says. “I hope that teaching math to them will turn them on to the subject that I find interesting.”

Burien moves forward with Town Square project

By Catherine Matsura  
staff reporter

Burien’s 11-year-old vision is becoming a reality, as the new Town Square Project gets the OK to transform the city into a village setting.

The Town Square project took a major step forward on Oct. 18 when council members voted 6-1 to approve the $120 million, 10-acre development.

An agreement was made with Urban Partners, a development firm for continued planning of the Town Square project.

Plans to start construction are projected for 2005.

The development of the Town Square will start north of Southwest 152nd Street and west of Fourth Avenue south.

“It was at the request of our citizens 11 years ago, that Burien be given a village setting,” Mayor Noel Gibb said.

The Town Square project could eventually offer 40,000 square feet of retail/office/parking space, 280 units of residential, 50,000 square feet of theater space, 40,000 square feet of library/City Hall space, with Sixth Avenue Southwest being the future site for townhome developments.

The open space area within Town Square will consist of beautiful of trees arrangement giving it wooded look.

In the midst of the wooded area, a water fall will run in between the wooded area and outskirts.

A grassy area will be reserved as the performance lawn, an entertainment stage for live performances.

This area will sit on the opposite side of the wooded area and occluded area.

Kroger and vendors will also occupy the open space area with goods, products, and services.

These are just some of the features that will be available within the open space of Town Square.

Gibb said within the 50,000 square feet of theater space, a restaurant will be included along with retail stores, putting it along a scale of a Black Angus with retail.

“Residential units will be built over retail, bringing citizens to the community. Just think by utilizing an infrastructure like this, no one has to go downtown, and the smog problem could be eliminated because no one would need a car,” Gibb said.

Gibb said that the council asked the Puget Sound Educational Service District, a regional agency, to join them by becoming adjacent to the Town Square, however; nothing is official yet.

“As for the old library, it will be converted into a Senior Citizens Center,” Gibb said.

With the new project on the way, Burien could be a city of discovery. "When all this is built, Burien will have the only design like this in the Pacific Northwest," Gibb said.

To find out more about Burien, go to www.discoverburien.com.

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Cheaters
Continued from page 1

was ludicrous," Clinton said. "Cheating is very present in the classroom, but many stu-
dents feel that they don't need to cheat in order to succeed. Some 42 of the students inter-
viewed said that they didn't feel a need to cheat, though three-fourths of them say they do.
"Cheating can get students to the next level, but it comes
down to the knowledge. Some students cheat because they per-
ceive such an emphasis on achieving something concrete-
to get a thing-it's such short-
term thinking. It's sad. Ulti-
ately what gets you ahead is
knowledge," said Clinton.
Plagiarism, another facet of
cheating, is also a problem with
Highline students. Dona Brad-
ley, a writing tutor at Highline, thinks that students are just ig-
norant.
"I always say [to students], 'Are you aware that you could be
thrown out of school for this?'" she said. "I do see pla-
giarism, and it's blatant."
Instructor Manning agreed.
"Many students simply don't
understand what plagiarism is," she said.
Online research found that hundreds of sites to buy or sell
term papers exist to students. Most sites claim "non-plagia-
rized" and "custom" term pa-
pers. They offer buying and
selling opportunities for stu-
dents.
AcaDemon.com's papers
range from $30 to $200 and up.
They also offer students a flat
rate of $10 for written papers
and a 50 percent royalty for ev-
ery single time the term paper is
downloaded.
Other sites, such as www.creative-termpapers.com, www.1Millionpapers.com, and
www.PerfectTermPapers.com offer similar services. Though
these sites may seem an easy
answer to an often perplexing
problem, students beware. One
suspicious teacher who types a
blurb of your paper into the
Google search system online
will be brought directly back to
the site where the paper was
purchased from.
"It makes me mad that people
do it [download papers] and
get a free ride," said Highline
student Bernadette Serrano. "But now teachers can just type something in and if
they find out you're screwed."
The purchased term papers
are a real low quality, one professor said.
"It's a good way to get a bad
grade."
Though cheating can create answers for tests or papers, the
consequences are serious. Besides the big red zero stu-
dents could receive, they are
cheating themselves of knowl-
dge.
"Students don't pay attention
that they've paid for tuition but
to the game: that they're getting
something for nothing. Really,
they're getting nothing for some-
thing," said Professor
Maggie Madson, a Highline
student, agreed.
"You can't cheat your way
into gaining knowledge," she said.
Many Highline students re-
-Continued from page 2

New PE class has long-term health goals

By Madeline Jagger

A new PE class will be of-
ered Winter Quarter.
PE 165 Lifetime Fitness is a
two-credit class that will save
you time and help you learn
how to take care of your body.
Class will meet on Monday,
Wednesday, and Friday from
noon to 12:50 p.m.
This class will count towards
the three credit physical educa-
tion requirement.
"There are no requirements
for this class, anyone
interested may sign up," said
Keith Paton, physical
education coordinator.
The class outline consists of
two hours of physical activity
and one hour of lecture.
In class you will learn cardio
respiratory training, strength
training, flexibility, and body
weight management. These
skills will encourage students
to develop healthy behaviors to re-
duce obesity and overweight/obesity-related diseases.
The lectures will introduce students to understanding and changing behavior, beginning
and maintaining an exercise
program, and physical fitness
components.
Students will also make up a
physical fitness program, and
learn about cardiovascular dis-
ease, energy balance, and injury
prevention.
The activity sessions will al-
low students to practice and ap-
ply these concepts using a vari-
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