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The Thunderword Magazine

February 10, 2005

A Section

LOVE, MARRIAGE, AND CLASSES

By ANNIE RUNNELS

STAFF REPORTER

Marriage is something you have to work on, but for Jill Skulkijkran, working on her marriage comes hand in hand with school work.

Jill and Will Skulkijkran were high school sweethearts.

They decided to get married on Jan. 10, 2004 at Foundation House in Federal Way.

While she goes to school in the morning and work in the evening, he works early in the morning and is home in the afternoon.

Skulkijkran goes to classes from 9 a.m. until noon.

Once she gets home, she either cleans the house or does school work.

Then she goes to work around 3 p.m. and most of the time comes home at 11 p.m. to Will, already asleep.

Her husband gets up and goes to work before she gets up for school.

"Maybe twice a month we get time to spend together without anyone around," Skulkijkran said.

Although going to school and being married is a struggle, her husband is a good support system.

"He makes me study," Skulkijkran said.

Some of the other struggles Skulkijkran faces daily are work, homework, cleaning house and living with a guy who likes to play video games, Skulkijkran said.

"Guys don't think to clean when they are home," Skulkijkran said.

Going to school and only working part time doesn't help to pay all the bills.

Money is tight for the Skulkijkrans but they stick to a budget and watch their pennies.

"It's hard to pay bills. We live paycheck to paycheck even with financial aid," said Skulkijkran.

On top of watching what they spend their money on, married couples deal with other obstacles.

"Dealing with in-laws has been a challenge," said Skulkijkran, "because we are two different cultures."

She is American and her husband and



PHOTO COURTESY OF JILL SKULKIJKRAN

High school sweethearts Jill and Will Skulkijkran were married Jan. 10, 2004. They now juggle work, school, and married life while still trying to find time for each other.

his family are from Thailand, so there are a few cultural differences.

Even with so much on her plate, Skulkijkran keeps her grades up in pursuit of becoming a psychologist.

"He pushes me to do better and when I don't go to class we get in an argument about it," Skulkijkran said.

She only has two more quarters at Highline and is looking into University of Washington Tacoma because it is close to home.

Skulkijkran has a little advice for those who are thinking about getting married to their partners while still in college.

"A lot of people get married and fight with each other then they just give up. Don't sweat the small stuff and trust your partner because marriage is forever," Skulkijkran said.

ASL Club delivers romance to campus

By ERICA McLEAN

STAFF REPORTER

Candy grams, leis, roses, fresh flowers, balloons and "I love you" chocolates in sign language, are being sold for Valentine's Day by the American Sign Language club.

The sales will be on Thursday, Feb. 10, Friday, Feb. 11, and Monday, Feb. 14 in Building 8, near the bookstore on Thursday and Friday, and near the cafeteria on Monday. The sales will run from 9 a.m. to 1 p.m.

On Valentine's Day, the ASL club will be delivering gifts to people's classrooms for the first 50 people that sign up.

They have been planning this event since the beginning of the quarter, in January, and are hoping to make at least \$1,000.

The ASL club is coordinating with Kiss 106.1 and plans on sending all of their profits from Feb. 10 and 11 sales to the Children's Hospital in downtown Seattle.

"We're pretty much considering our money going towards the department for children who are born deaf, but everybody will benefit from it," said Nicole Garcia, president of the ASL club.

The ASL club will have four people working every hour. Two people will be at the booth and two will be delivering, while Kiss 106.1's music is playing in the Student Union building.

Garcia said that the ASL club chose a Valentine's Day theme because they knew that people would want to buy things for their loved ones.

Inside Scoop staff

Editor: Sara Loken

Design Editor: Marina Pajic

Photo Editor: Keith Daigle

Reporters: Olivia DeLeon, Micah Dill, Amanda Downs, Michelle Ericksen, Jackie Graybill, Olga Khryukin, Sara Loken, Erika McLean, Annie Runnels, and Quentin Taminhart

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Happy Valentine's Day

Love -- you can't see it, you can't measure it, but we all can feel it.

Many people have their own views of what it is that makes them fall in love and what love is.

For many Highline students, it's just a feeling you have when you know or a sacrifice you're willing to give when you're in love.

"You just know when you're in love," said Morsal Abrahimi, a Highline student. "It's a connection you have with somebody that you can't explain."

"Love is when you would give up your entire life to make the other person happy," said Highline student Ann Lee.

Some students describe it as the particular sensation such as butterflies.

"You know when you're in love when you get a certain feeling around that person," said Bruce Hubbard.

However, can that particular feeling or sacrifice be an unexplainable bond, or can research explain why we feel this way?

Highline Psychology Professor Ruth Frickle says that many different things comprise love.

There are three ways of thinking about love: attachment, social exchange theory, and biology.

"Attachment begins in infancy," Frickle said.

The attachment initiates when you connect with your primary caregiver.

"What we know from many different studies is that the type of attachment that you perceive (what you think you have) predicts the kind of attachment you're going to have with lovers."

If the relationship between caregivers is warm, consistent, trusting and provides unconditional love, it will continue onto relationships you eventually have with lovers.

On the other hand, if a relationship tends towards inconsistency and is impulsive, it can predict a more apprehensive type of relationship that shows jealousy and anxiety.

"In the data of correlational studies, it's pretty consistent that your childhood attachments are actually pretty good predictors of your adulthood relationships," Frickle said.

Another way of looking at love is social exchange theory, partners are trying to maximize rewards and minimize punishments.

"The people who are going to be the most attractive to us are the people who will provide us with the most rewards and least punishments," Frickle said.

Some forms of rewards in relation-



This feeling is the effect of showing them off to others, which leads to other people giving approval.

And last is the biochemistry of love.

The butterflies that you feel when you believe you are in love is the effect of our brains producing dopamine, a reward chemical; epinephrine, similar to adrenaline, which gets your heart beating; and a neurochemical called PEA (Phenylethylamine), which is similar to speed.

This effect can only last for about six months to two years. If the effect lasted longer, it would eventually burn the individual out.

The response after this feeling is what can either make or break the relationship.

Once a couple has hit the high point, which is the butterfly feeling in your stomach, it must come down to a steady median which transits into a longer lasting, comforting kind of relationship.

The chemicals that seem to be involved in the after effect of the high point between couples who stay together, seem to be the same found in the bonding of mothers and children and close cuddling.

"What happens is that close physical contact, including sex, triggers the release of oxytocin, also called the Pair Chemical, and endorphins.

Endorphins give a relaxing, steady and comforting feeling," Frickle said.

Altogether, this steady balance can lead to a stable relationship.

Meanwhile, over the course of psychological development, individuals have to mature in holding a solid relationship that preserves their individuality and supports their partner's.

"The definitions of love that are out there generally talk in terms of being able to maintain your own identity yet also being supportive and enhancing the identity of somebody else," Frickle said.

From this, research shows that adolescents have a more difficult time with relationships due to their lack of maturity and a well-developed identity.

Data also shows that getting involved in a committed relationship at a young age can lead to depression later on.

Though love is a confusing state of mind, Highline students haven't given up hope.

"I personally do not believe in love at first sight but I believe physical attraction at first sight and that can inspire other things to get to know that person better," Greg Martin said.

SCIENCE OF LOVE

Why do fools fall in love?

BY OLIVIA DE LEON

STAFF REPORTER

ships are physical attraction, similarities, and specific talents and skills in the partner.

Physical attraction rewards us by giving approval from others who also find them physically attractive.

Similarity provides the feeling cor-

rectness or being right all the time.

"If one shares the same interests, opinions and values, it makes you feel like you're always right," Frickle said.

A partner who is particularly good at something, whether it is sports or a relationship, makes them stand out.

Happy Valentine's Day

Burning hearts or heartburn?

Students share the good and the bad of V-Day

By THE THUNDERWORD STAFF

Valentine's Day can bring love and laughter but it can also bring heartbreak and break-ups, students say.

In high school Melvin Jenkins dated a girl for two and a half years.

They were celebrating their anniversary on Valentine's Day.

He bought her three dozen roses and a six-foot teddy bear.

"I left school early to get to her house before she did," said Jenkins.

His girlfriend's mother let him in the house to set up the gifts, not knowing that her daughter was already in the house.

"I walked up to her room carrying the teddy bear in front of my face, and the flowers," Jenkins said.

"The first thing I saw when I put the teddy bear down, was my girlfriend and my cousin [having sex]," Jenkins said.

"I dropped the roses, shocked, and stormed out of the room," he said.

Sometimes things turn out better.

Ryan Foxworthy made Valentine's Day very special for his girlfriend.

They had been together for one year and eight days.

"I decorated the apartment with 5,000 rose petals and 1,000 candles," Foxworthy said.

He also bought her a \$400 ring and cooked her dinner.

"After that we had great sex for six hours," Foxworthy said.

Not all Valentine's Day memories are that happy.

Steven Scheide wanted to win the girl he was dating over by bringing her red roses and candy.

"When I arrived at her house with red roses and candy, another guy from another school was there and we ended up getting in a physical altercation," Scheide said.

"After that he literally threw me out of the house," Scheide said. "Her mom set me up to fail and it was the worst Valentine's Day ever."

Virginia Brown also had a bad experience.



Two years ago her boyfriend went to his ex-girlfriend's house on Valentine's Day and ended up cheating on Brown.

They ended up staying together and last year she bought more stuff for him but ended up getting in a big fight and he threw her out of his house.

She had to take the bus home.

"After that I learned to never take him back again," Brown said.

Natasha Stetsyuk had a bad Valentine's Day in 2004.

Her boyfriend took her to The Cheesecake Factory in Seattle.

"The line was so long we ended up waiting outside for two hours," said Stetsyuk.

"It was freezing and I was wearing heels."

By the time they were seated, they were really hungry.

This was their first time eating at the Cheesecake Factory and they didn't know what to order.

They ordered a sampler that had combination of different food.

"The food tasted kind of unusual to us and afterwards we both felt nauseous and sick to our stomachs," Stetsyuk said.

"We had to end our evening being love sick," Stetsyuk said.

Not everyone gets sick on Valentine's Day but some do lose their memory.

Jonathan Muri remembers his worst moment in eighth grade.

He had a girlfriend on Valentine's Day.

"Unfortunately I had forgotten it was Valentine's Day," said Muri.

He did not buy his girlfriend anything.

She ended up giving him a teddy bear and flowers.

"What is this for?" said Muri.

His girlfriend gave him a weird look and left. Later that day she dumped him.

"I was so sad that I cried," said Muri.

Not all men are that emotional on Valentine's Day.

Peter McKnight breaks up with all his girlfriends right before Valentine's Day so he doesn't have to buy any gifts for them.

Jerry Mitchell doesn't have a Valentine's Day story. He's still waiting for his special Valentine.

"I get jealous when I see other couples together because that's something I don't have," Mitchell said.

Some people go to extreme measures to get Valentine's Day presents.

"In the eighth grade my boyfriend stole a necklace for me on Valentine's Day," said Highline student Kristina Maynard.

"We were at the mall and he told me, 'Run, you have a hot item on your neck,'" Maynard said.

Some Valentine's Days are just sad.

"I was the kid in elementary school who only got a Valentine's Day card because

you had to give one to every student," said Highline student Paul Stratton.

Most kids would get cards lavishing them with well wishes and adoration.

"My card would simply say, 'Hey Paul, how you doing?'" Stratton said.

Paige Kane had a happy Valentine's Day.

"On Valentine's Day my boyfriend bought me two dozen roses and told me for the very first time that he loves me," Kane said.

"Then he gave me a diamond tennis bracelet and we went out to dinner at the River Rock," Kane said.

Many students confessed their love on Valentine's Day.

"In high school I was dating this girl for a few months and on Valentine's Day we went on a causal date to the movies," said Aaron Prechtl.

"As we were walking to the theater there was a huge puddle in front of us and we didn't know how to get around it," said Prechtl.

"I picked her up and carried her across the puddle,"

The puddle was knee deep.

"I told her I love you," Prechtl said.

"It just popped out."

Highline student James Teeple had a confusing Valentine's Day.

"After a month of dating, my girlfriend broke up with me on Valentine's Day," Teeple said.

"It was out of the blue," he said. "She just said to me we should break up."

The following year he moved here and met someone else who he has been together with for three years.

"So I guess it worked out," said Teeple.

For some Valentine's Day is the most romantic day of the year.

Crystal Moss and her boyfriend had been separated for three years when he moved to North Carolina.

When he moved back they met up at a basketball game and moved in together.

On Valentine's Day when she came home he had prepared a milk bath for her and gave her a dozen red roses.

"He took me to a hotel room where he gave me another dozen roses, except these ones were light purple," Moss said.

"Light purple is my favorite color," Moss said.

He lit light purple candles all over the room.

"He gave me a light purple box of chocolates and two teddy bears," Moss said.

"They were both light purple, one was a boy and one was a girl," Moss said. "They represented us."

"It was one of the best nights in my life," Moss said.

Unfortunately not everyone got who they wanted on Valentine's Day.

Alicia Akerman left a broken heart behind her many times behind her on Valentine's Day.

In junior high every year a boy broke into her locker.

"He would put a box of homemade chocolates in a heart-shaped box in my locker," Akerman said.

"After that he would ask me to the Valentine's Day dance," Akerman said. "He did this every year."

She never once said yes.

"Now, I feel bad about it," said Akerman. "I could have at least gone to one dance with him."

Anna Adzhigirey was a sophomore in high school when she was called to the main office where she received a bouquet



Happy Valentine's Day

SEE STORIES, PAGE 5

THE THUNDERWORD

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VOLUME 44 ISSUE 16

HIGHLINE COMMUNITY COLLEGE

Seale stirs campus with message



Photo by Amanda Downs

Co-founder and former member of the Black Panther Party, Bobby Seale, spoke to full crowd in the Student Union on Tuesday. Seale's message was a message of inspiration and power for youth. See story, page 3.

Running Start may face limits

By MICAH DILL

STAFF REPORTER

A new bill being considered by the Senate Higher Education Committee may make it difficult for Running Start students to enroll at Highline.

Senate Bill 5360 will, if approved, require junior and senior high school students to obtain a certificate of achievement before being allowed to take part in the Running Start program. High school administrators are in favor of the bill, while community colleges are against it.

The Running Start program is currently in its 13th year and last year served 15,000 students, about 10 percent of all high school juniors and seniors in the state. Highline currently has 733 students enrolled through Running Start.

The Running Start bill's primary sponsor, State Sen. Dale Brandland, R-Whatcom County, said that the bill is not meant to be an obstacle to a program he sees as successful.

"I'm not doing this because I'm anti-Running Start. I think Running Start is a great program," Brandland said.

Brandland said the idea for the bill was the result of discussions with K-12 administrators in his district who are worried that some their students who take part in Running Start are not ready for college-level classes.

"I want students to be prepared, we have students who are vanishing, who are coming back behind, and I'd like to resolve that," Brandland said.

Sally Zeiger Hanson, assistant director for the State Board for Community and Technical Colleges, voiced her opposition to the bill at a Senate hearing held on Jan. 25 in Olympia.

"The effect of this bill is that it closes down options for students who may be ready and could benefit from a college



Brandland

After 45 years, Waterland to wash away

By AMANDA DOWNS
AND ERICA MCLEAN

STAFF REPORTERS

Des Moines won't be having a traditional Waterland festival this year.

Forty concerned citizens showed up to discuss the festival's future at a committee meeting on Tuesday, Feb. 8.

The citizens at the meeting said that they'd hate to see the festival go away.

The Waterland festival has been held down at the Marina in Des Moines, and has been put on for 45 years.

The five-day event, previously organized by the Des Moines Chamber of Commerce, hosts a carnival setting with rides and food. A beer garden, boat races, and arts and crafts are also staples of the Waterland festivities.

"It was simply a community event

to bring the community together," said Jane Ipsen, president of the Des Moines Chamber of Commerce.

The Chamber of Commerce has decided not to support the festival anymore.

"It took away the focus of what the chamber was about," Ipsen said. "We wanted more time spent on the businesses in town."

"The primary reason is because we needed to refocus the chamber," Ipsen said.

Another reason for the Chamber giving up the festival is due to the lack of profit associated with the event.

The Chamber of Commerce barely broke even with Waterland 2004 with net proceeds of \$30,000.

A small group of volunteers have formed a committee to keep the festival going.

So far, the committee is planning on

having an untraditional Waterland Festival.

"We will be doing something new this 2005," said Susan Goegebuer, treasurer of the festival's committee.

One of the biggest drawbacks is lack of sponsorship money.

Goegebuer said that Des Moines businesses that usually donate upwards of \$10,000 now are giving only \$3,000.

"The sponsors who have given us money in the past cannot afford to give us the money now," said Goegebuer.

Business owners blame the economy for the lack of funds.

"The economy really is a drain," said Dianne Jacobsen, owner of the Corky Cellars Wine shop.

Along with Des Moines businesses,

See Waterland, page B12

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Wrestling preview
for the regional
tournament

See story, Page B7



New library gallery,
displays civil rights

See story, Page B5

CAMPUS LIFE

CRIME



BLOTTER

Backpack stolen on campus

A Highline student reported that his backpack was stolen from Building 17 on Feb. 4.

The backpack was reported to have contained two textbooks, over 30 CDs and a graphing calculator.

Suspicious people reported here

A Highline staff member reported having seen a computer on wheels being rolled towards the parking lot on Feb. 7.

The person was spotted in front of Building 14 but by the time security was on sight nobody was around.

Media Services, however, said that nothing has been stolen.

A white female who appeared to be acting strangely was reported loitering around the Child Care Building on Feb. 4.

When security asked her to leave campus she complied without resistance.

A white male found wandering around the North lot in a drunken state passed out on the grass on Feb. 4.

Des Moines Police were called and he was taken to Highline Hospital for de-tox.

Student hits parked car in lot

A Highline student driving a Kia scratched a pickup truck in the parking spot next to her while she was backing out on Feb. 3.

The owner of the truck wasn't found so the Kia's driver left a note on the window.

Lost property

A Sony Erickson cell phone was lost in Building 27 or 28 on Feb. 4.

A maroon notebook was reported lost in Building 17 on Feb. 3.

-Compiled by K. Garber

Election challenge pleases some

BY QUENTIN TAMINHART
STAFF REPORTER

At least one Highline student is pleased with Dino Rossi's continued efforts to overturn the gubernatorial election.

Speaking at last week's Town Meeting, Stephen Hueston welcomed the pending Chelan county Superior Court ruling on state Republicans' gubernatorial election challenge which has paved the way for a Supreme Court showdown.

Hueston stated that he has voted for third party candidates for at least the past 12 years.

He hopes that increased scrutiny of the Supreme Court case would lead to a proper bi-parti-

san investigation of the numerous errors that led to the closest election in state history.

The most recent development regards a number votes cast by felons.

In Washington state, felons are not allowed to vote until they have fulfilled their sentences and payed off all restitution to the state and/or victims.

Currently lacking is a statewide database to keep track of felons and the status of their voting rights.

Hueston also expressed concern over what he



PHOTO BY MARY RAAB
Political Affairs Club Adviser Jim Glennon listens to the speaker at last week's Town Meeting.

sees as a downturn in citizen involvement in politics, particu-

larly by students.

Club adviser Jim Glennon echoed Hueston's sentiments.

"It seems that the easier it is [to vote], the less people are interested," said Glennon.

He cited the low student turnout for the vote on the Student Union, which was largely funded by student fees.

Today's meeting, which focuses on what is going on in the state Legislature, will feature Student Government Vice President of Legislation Paul Kalchik, Government Senator John DuBois and other members of the College Legislative Action Committee.

The meeting will take place in Building 2 at noon.



Write with ease at workshop

Learn how to spice up your writing with Career Connections Powerful Prose workshop today in the Student Union, Mount Skokomish room from 12:10 to 1 p.m.

Mavis Lamb of Mambo Productions will discuss how to write effectively and with style.

Focus will be placed on writing cover letters for applications and thank-you notes.

For more information, contact Erik Tingelstad at 206-878-3710, ext. 3599.

Tsunami relief T-shirts for sale

Tsunami Tsolutions, the tsunami relief organization developed by Tracy Brigham's Global Health class, has received 1,000 donated T-shirts to sell for tsunami relief.

The shirts are white with black and blue writing - a symbol of a hand holding up the earth and say "I gave hope to tsunami victims."

The money made from selling the shirts will go into a tsunami fund and will go to Red Cross and Mercy Corps.

The cost is \$10 per shirt and are available in sizes up to XXL.

To buy a t-shirt, contact Tracy Brigham at 206-878-3710, ext.3449.

Community Calendar

•Introduction to Punctuation workshop - Thursday, Feb 10

at 9 a.m. in Building 26, room 319. Learn when and where to place commas, semi-colons, and colons correctly.

•Break the Lateness Habit: cures for the Punctually Challenged workshop - Thursday, Feb. 10. The workshop is offered in two sessions, one from noon to 12:50 p.m., and another

from 1 to 1:50 p.m. in the Student Union, Mount Skokomish room. Tips and advice will be given on how to meet deadlines and be on time to appointments.

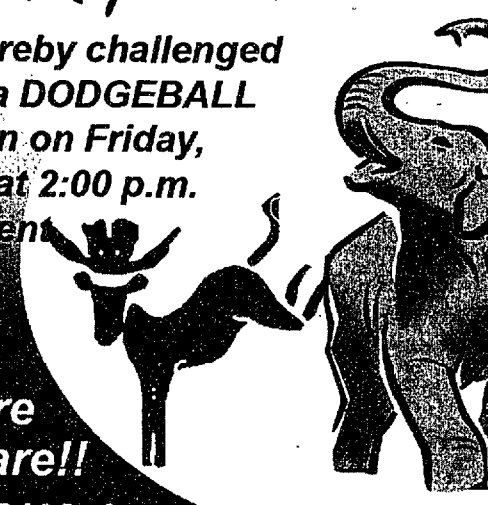
•Science Seminar: Energy - Friday, Feb. 11 from 2:10 to 3 p.m. in Building 3, room 102. Gregory Reinemer will be presenting.

Hey all you Young Republicans!

You are hereby challenged to a DODGEBALL competition on Friday, March 4th at 2:00 p.m. in the student union.

Be there if you dare!!

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BY JACKIE GRAYBILL

STAFF REPORTER

DEAD

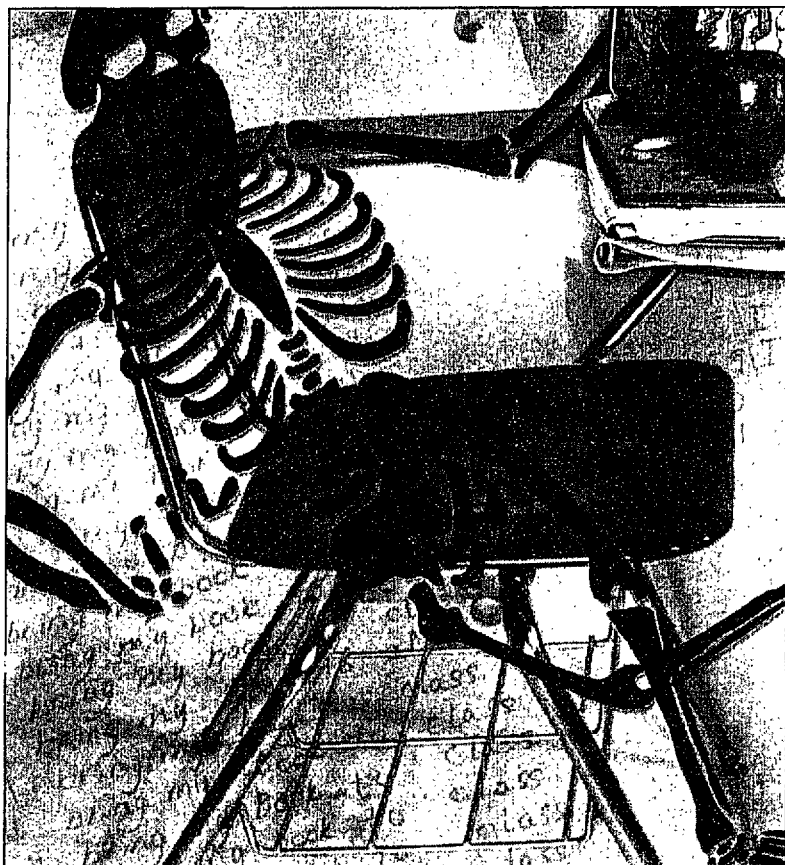


Illustration by Marina Pajic

CLASS

Death Across Cultures class kills students' fear of dying

Psychology Professor Bob Baugher teaches some dead classes. And students love it.

Two years ago, Baugher, who has been teaching classes relating to death for almost 30 years, expanded his offerings from his Death and Dying class to an additional class called Death Across Cultures.

There have only been 65-70 students who have taken the class so far, as this quarter's class is only the third of its kind to be offered at Highline.

Baugher said that the course continues to evolve.

He said that while his Death and Dying class focuses on broader issues and comes at death from an American perspective, the Death Across Cultures class focuses on holding up a mirror to students so that they can evaluate their own beliefs on death and can then better understand how other cultures relate to death.

It also covers personal and cross-cultural beliefs about afterlife, fear of death, grief reactions, the relationship of the living to the dead, euthanasia, hospice care, funeral customs, suicide, and homicide.

Baugher said that journaling is a big part of the class.

"It helps students look at themselves and consider issues they have never thought of before, such as what they would think or do if they found out they had a terminal illness," he said.

While Baugher acknowledged with a laugh that some students might think that a class

on death would be morbid, he said that a prospective student should talk to students who have already taken the class.

Stacey Lanske, who has already taken Baugher's Death and Dying class, has come back this quarter to learn more.

She said that even though some of her friends think the

classes are morbid, she has really enjoyed them.

"The classes are actually fun and I have liked everything about them — they have helped make college interesting. They make me excited to get up in the morning to go to school and they have definitely been a highlight

of my college experience," Lanske said.

She said that before taking the classes she didn't think much about death and that since taking them her point of view has changed.

"One of the things that really made me think was a project where we had to picture our deathbeds. Dr. Bob always says 'you could die tomorrow' and it has helped me realize that I shouldn't put things off until tomorrow," Lanske said.

Donte Bell, a transfer student from South Seattle, said that Death Across Cultures is different than any other educational experience.

"It is not comparable to any other class and it has been really cool. I already accepted death, but for some people who might be confused about it, this class could really be a springboard for them to talk about it. Talking about it makes things easier and could help them come to terms with it," said Bell.

Aileen de la Rosa, a 22-year-old student who is taking the class this quarter, said that she originally decided to take the class because she needed an elective.

She also said that she enrolled in the class because she had Baugher for a previous class and enjoyed his teaching style.

"I was worried and fearful at the beginning. I thought it would be very emotional and that I would be crying in class

every day, because I have had a big fear of death," said de la Rosa.

She said that the class has had the opposite effect from what she expected.

"It has actually helped. All of the journaling and assignments really wake you up and make you think about how life is short and how you need to enjoy what you have of it," de la Rosa said.

She said that she thinks that every student could get something out of taking the class.

"You learn things that become a part of your life and that really change your perspective. It helps you cope with the question 'why am I here?' It makes you appreciate life more," de la Rosa said.

Baugher said that he thinks that death education in schools is not as widespread as it should be and is still thought of as controversial.

"With all of the psychology courses offered by the University of Washington, they don't even have one on death," he said.

He also said that he believes we don't talk about death enough as a culture and that we are still scared of it.

He said that his Death Across Cultures class transfers to the U.W. in three different ways and it will transfer to other colleges as five credits of something.

Baugher said that the course is more about life than death.

His message to students is to live now and don't wait.

"It is about being thankful for what you have now, because we take so much for granted," said Baugher.

Seale uses life experiences to encourage change

BY ANNIE RUNNELS

STAFF REPORTER

People should organize themselves to change an issue they are facing, activist Bobby Seale said here Tuesday.

Seale was at Highline in celebration of Black History Month and told the students that Black History Month used to be Black History Week.

"Man, you out of your mind if you try to tell black history in a week," Seale said with a laugh.

Seale recalled his experiences with the Black Panther Party in the 1960s as he spoke loud and clear to students twice on Feb. 8 in the Student Union.

Seale was co-founder of the Black Panther Party which started in October 1966 in Oakland, Calif. His partner was Huey P. Newton.

The Black Panther Party was originally called the Black Panther Party for Self-Defense.

With 4,000 members by 1968 and 49 chapters in 28 states, the party had support coming from all over the United States.

They were young black people fighting for black liberation, which was growing progressively as a result of the Civil Rights movement.

Seale spoke of his time with the Black Panther Party and the discrimination they faced from J. Edgar Hoover and the FBI.

Hoover described them as troublemakers, thugs and hoodlums but in actuality they were activists doing a duty to their black communities, Seale said.

Sometimes they would patrol the streets looking for police, which the Black Panther Party referred to as pigs, seeing if they were abusing their power.

Then they would intervene.

Seale and the Black Panthers walked up to a police officer who hadn't even noticed them. They knew they had the right to observe the police officer as he was trying to make his arrest.

Then the police officer finally did notice the Black Panthers and told them that they couldn't watch.

Seale said yes, and recited the law stating that a civilian was allowed to observe if a certain distance away.

The police officer was now extremely mad and saw that they were all carrying guns and tried to take the guns from the Panthers.

Seale then again recited an-



Seale

other law stating that they were allowed to carry guns in public.

Seale said the Panthers worked for a variety of issues, ranging from an end to police brutality against black people to equal

rights and respect.

The Panthers also created Free Breakfast for Children Program that started in a San Francisco church.

They fed thousands of children through this program during the Black Panther Party history.

In April 1974 Seale left the Black Panther Party.

After that the chapters started to disband and by July 1974, 3,000 members had left the

party.

Newton was the last of the original members and he started to snort cocaine and eventually died because of his addiction.

"All struggles have high tides and low tides," Seale said.

Seale wrote a book about his time and experience with the Black Panther Party called *Seize the Time* and a cook book called *Barbeque 'N With Bobby*.

Now Seale is the creator of a new youth program called R. E. A. C. H. (Reclaiming, Recycling and Re-evolving... Ecological-Earth-Eviro-Empowerment... Around-All-Peoples... Creative-Cooperational Humanism) which is a non-profit education research program.

"Try to make sure your ideas, beliefs, notions, understanding and realizations, make sure they correspond to reality," Seale said.

2/10/05

THE THUNDERWORD

OPINION

Editorial

Blend deserves more support

Kyler England, a talented young singer from California, is an independent artist. Her buttery-sweet voice boasts true talent and her guitar appears to be attached at the hip. Three successful CDs, lyric competitions and shows around the country prove that she has the experience to match the talent.

Last Wednesday, she played at Highline. How many students knew? Faculty? Staff? Not many, apparently, as the Fireside Bistro appeared forlornly bare with empty tables and deserted chairs. Free music – free talent – should be taken advantage of.

Student Programs' Team Highline members Marquis Faulcon and Olga Petrov are in charge of finding artists to come and perform in a series well-titled *The Blend*.

"The Blend is good music for your lunch hour," said Faulcon. And it really is. But students should realize that they pay good money for the so-called "free" events put on by campus groups such as Team Highline. Each quarter students pay roughly 10 percent of their tuition to fund the events that take place on campus. Those funds also go toward clubs, groups, and yours truly, the Thunderword.

"Your Student Activity fees are paying for great artists to come and perform for you," said Faulcon. It's not often that people don't like to collect on their pay, but events given for students are one such way that people don't collect.

But another reason that students, staff and faculty alike may not be attending events, such as the Blend, could be a direct result of the simple fact that no one knows about them. Team Highline has put up flyers, but relies a lot on word-of-mouth to get the events out to the general public. Unfortunately, the average college student has been well-trained to avoid posters as much as possible, being that they are usually the No. 1 failed attempt to communicate.

The Blend, which brings in artists every other week, has hosted a lot of talent. The last artist brought in managed to rack in a bit more of a crowd, but that occasion was not the norm.

Perhaps Student Programs could communicate with students, staff, and faculty by reaching a target audience, sending e-mails in advance, or even trying to get more advanced publicity through existing campus media.

Opportunities like The Blend, which offer tangible results for student money, need to be made known.

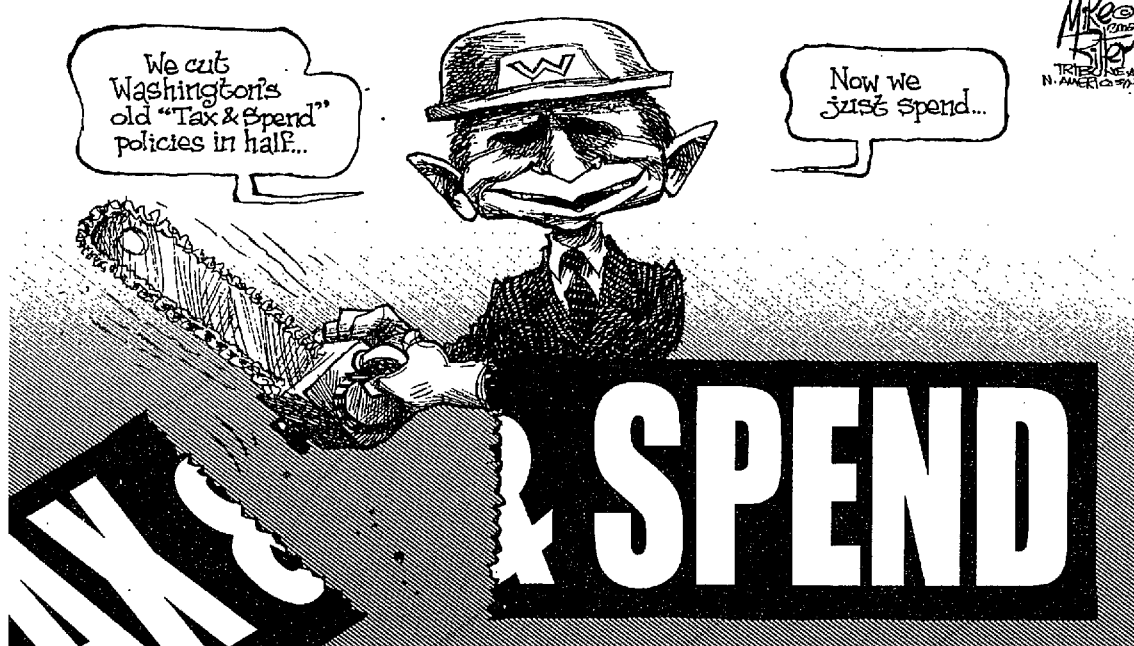
Letters

Highline students should question themselves

Dear Editor:

Perhaps the most important question any student at Highline can ask of themselves is: do I want to become the best person I can be, or do I want to gratify my current needs? A variation of this question came up at the Town Hall Meeting put on by the Political Affairs Club on Feb. 3, 2004. No one there had a ready answer, but that does not mean that we shouldn't try to answer it. This is a call to all on campus to try and answer it, and to determine what are the best strategies to achieve whichever solution is desired.

- Steve Hueston,
Highline student



Roller backpacks: an unnecessary evil

I love airports, but they can be difficult to maneuver through. Today we're all about the duffel bags on wheels, suitcases on wheels, purses on wheels, backpacks on wheels – whatever. I own a duffel on wheels that would give a body bag a run for its money. And I can't tell you how many times I've run over children and other small creatures. Face it, wheels on bags do have their drawbacks. I've gotten tripped, run over, smashed, stuck, and squished – but I'll deal with it, because it's an airport after all. You've got to take the bad with the good.

But lately I've started to realize that bags with wheels are a bit more universal.

The other day, walking between classes, I tripped over a bag the size of a large purse – on wheels. I shrugged it off and walked around the corner, only to be held up behind two women lugging their bags on wheels up the stairs – completely oblivious to the dam of people that was building up behind them.

Roller backpacks have found a haven here at Highline. Their users seem to congregate and move in packs, thus trying to make your way around such a united force a moot point. They have turned the Thunderwalk into an expert-level obstacle course, adding further chaos to the already heinously-packed sidewalk.

Just think if there ever was to be a fire. There would be a jumbled mess of people, wheels, and collapsible handles stuck in the doorway and all else would perish.

Owners of roller backpacks should be required to have a license to "drive" them. Just like directing any small object, you need to have some grasp on your motor skills. It's hard enough walking some days, but trying to pull a stubborn, overweight bag on two wobbly wheels – let's just say I couldn't handle it.

I understand that there are some good arguments behind the use of roller backpacks. Students have been reminded throughout the years of the terrors of backpacks and their effects on posture and general back well-being (it may also have

been one of the direct causes of SARS and other deadly diseases if I do recall correctly). But I don't see how dragging large obstinate objects up stairs or tripping over that supposed "handy-dandy" roller backpack as it catches up with you rolling downhill can be good for your health, physically or mentally.

I once witnessed a woman who, after repeatedly having to turn around and right her roller backpack, not only turned around to yell at it, but also got hit from behind by an opening door.

People, people, roller backpacks are not your friends. They only use you.

I often find myself afraid to walk in the shallow alleys between buildings in the case that two roller backpacks might come at me from either side.

Despite the bleak outlook, there are solutions in sight. Perhaps roller backpack users could apply for permits (an excellent way to raise revenue for the college!) and an HOV lane could be added to the Thunderwalk to control the flow of these potentially hazardous vehicles. Rewards could be given to those who report violators...

Elizabeth could not finish this article due to hospitalization from a roller backpack injury.

Coffee Talk



Elizabeth Tacke

THE THUNDERWORD

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"Which drugs did you take today, the happy ones?"

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2/10/05

THE THUNDERWORD

Arts Calendar

• Jump start will welcome Allison Green to Highline on Feb. 10 at 6 p.m. Green is the author of *Half-Moon Scar*, published by St. Martin's Press. Green has read at Elliott Bay Book Company and the Poetry Festival in Seattle. Green served as associate editor of the "Sloan Management Review," MIT, Cambridge, MA, and was part of an Associated Writing Programs Conference panel on the topic of "Lesbians in Creative Writing Classes." She is also the winner of the Gay/Lesbian/Bisexual Writers contest in 1994. Come hear Green read passages from *Half-Moon Scar* in Building 10, room 105. Admission is \$10.

• Movie Fridays will be presenting *The Twilight Samurai* by Yoji Yamada. Seibei Iguchi, a low-ranking samurai, leads a life without glory as a bureaucrat in the mid-century Japan.

A widower, he has charge of two daughters (whom he adores) and a senile mother; he must therefore work in the fields and accept piecemeal to make ends meet. New prospects seem to open up when Tomoe, his long-time love, divorces a brutal husband.

However, even as the Japanese feudal system is unraveling, Seibei remains bound by the code of honour of the samurai and by his own sense of social precedences. Plot summary courtesy of IMDB.

Movie Fridays is a series of film classes. You do not have to attend every class (film). The classes are free, but you must register for each one at the door. Please come, enjoy the films and stay afterwards as we talk about the cultures represented in the films and the directors who sculpted them.

• Open auditions are going to be held for Missoula Children's Theater's production of *The Frog Prince* at Glenridge Elementary School.

No experience or preparation are necessary. All children in grades K-12 are welcome to audition. • Students who are cast will pay a \$45 registration fee, and about 50-60 children will be cast.

The auditions will be held March 7 from 4 p.m.- 6 p.m., and students must stay for the entire time. Rehearsals will be held the rest of the week and the production will be Saturday, March 12. For more information call 253-856-5050.

Blend welcomes Mud Bay Stompers



Above: Mud Bay Stomper belts out a bluegrass tune for Highline students to enjoy.

Right: Mud Bay Stompers bring a mix of jazz, blues, and bluegrass to the Fireside Bistro in the Student Union.



PHOTOS BY KEITH DAIGLE

Artist draws inspiration from his past

By RACHEL LUSBY

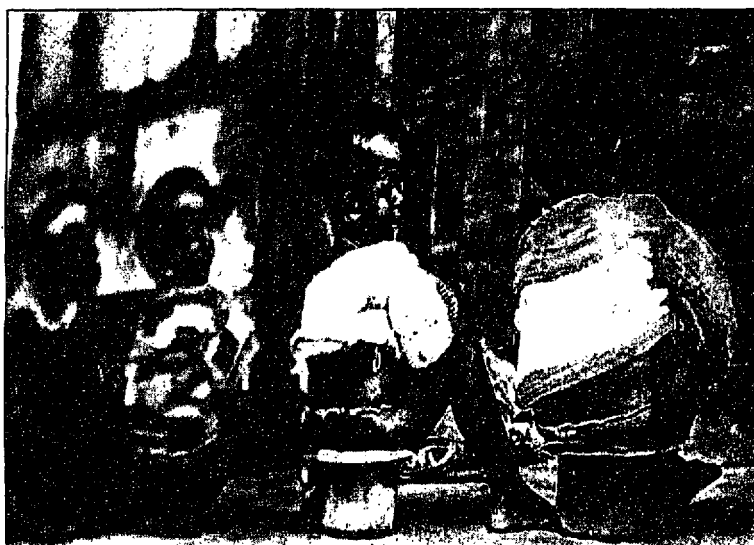
STAFF REPORTER

Southern artist Donald C. Leonard depicts the Civil Rights Movement of the south through his work displayed on the fourth floor of the Highline library.

Leonard's pieces are moving, and they all show pieces that make the observer think.

The images are powerful, enough to take your breath away.

The Little Refugees shows three young African-American boys that are clinging to each other. The children are surrounded by barbed wire, and have sad expressions on their



Matthew 19:14 by Donald C. Leonard.

faces.

Another thought-provoking piece is *Myrlie Evers*, a black

and white portrait of a young girl who has a single tear rolling down her cheek.

Sad Eyes is a particularly powerful image of two young children who are huddled together in a doorway. The children's eyes are soulful and it looks as though they are afraid of something.

Leonard discovered his artistic talents at a young age, but the schools in his hometown in Alabama did not offer any art classes.

At 15 years old Leonard moved with his family to Seattle in hopes of finding better opportunities that what was available in Alabama to African-American citizens.

SEE ARTIST, PAGE B6

Former student plays piano for campus

By KEITH DAIGLE

STAFF REPORTER

Highline alumnus Jessica Graybill returned Tuesday to perform her junior piano recital. She played Schubert's Improm-

tu, and Debussy's Image, Book 1.

Graybill's performance was in preparation for her junior recital this Sunday at the University of Puget Sound, which is a nationally ranked liberal arts school.

She will be performing with fellow UPS student Jena Pritchard.

Graybill's mom emphasized music, and specifically piano for all of her children from an early age.

"My mom always wanted to play, but her family didn't have money for a piano" Graybill said.



Jessica Graybill

All four of her sisters and her brother started taking lessons early on.

Graybill has been playing the piano since she was 6 years old.

During her time at Highline Graybill took voice with Dr. Sandra Glover, as well as piano under Dr. Sydney Stegall.

As good at singing as she is at playing the piano, Graybill won outstanding achievement in piano one year, and in voice her other year at Highline.

Graybill was an honors scholar at Highline, and is an honors student at UPS.

Glover was the one who introduced her to her current piano teacher at UPS, Dr. Tonya Stambuk. Dr. Glover used to work at UPS, and encouraged Graybill to get in touch with her.

Stambuk became Graybill's teacher before she started attending UPS. Graybill was excited coming back to Highline to perform.

"I miss Highline. I really love all my professors," she said.

"It isn't the performing. I enjoy putting my own personal touch to the music," Graybill said about her playing.

Graybill's recital at Highline was only a sample of what she'll be playing this Sunday.

Her performance will be at the UPS campus in Schoenbeck Hall this Sunday, Feb. 13. For time and directions call 253-879-3211.



PHOTO BY KEITH DAIGLE

Graybill played her pieces for Highline.

PUZZLES

Rational Numbers by Linda Thistle

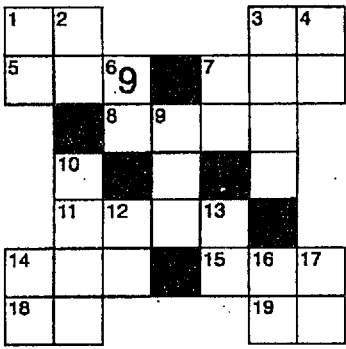
Using the clues, simple arithmetic, and a little logic, place a single digit (0 to 9) in each empty box in the diagram. To help you get started, one digit has been entered in the diagram.

ACROSS

- 1. One-seventh of 14-Down
- 3. Sum of the digits of 8-Across
- 5. One-half of 14-Across
- 7. Nine times 7-Down
- 8. Consecutive odd digits in ascending order
- 11. 7-Across plus 10-Down
- 14. Consecutive digits rearranged
- 15. The first digit is the sum of the other digits
- 18. One-eighth of 19-Across
- 19. 1-Across plus 7-Down

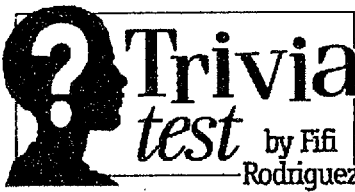
DOWN

- 1. The last digit is four times the first digit
- 2. 18-Across plus 12-Down
- 3. One-third of 11-Across
- 4. 7-Down minus 3-Across



- 6. The first digit is three times the last digit
- 7. Consecutive digits in ascending order
- 9. Consecutive digits in ascending order
- 10. 18-Across times 9-Down
- 12. The last digit is four times the first digit
- 13. Seven less than 4-Down
- 14. Last digits of 3-Down in order
- 16. Two times 3-Across
- 17. 16-Down minus 12-Down

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- 1. MEASUREMENTS: A pica is equal to what fraction of an inch?
- 2. GENERAL KNOWLEDGE: Esther Morris was the first woman to become what in the United States?
- 3. HISTORY: When was the city of New Orleans founded?
- 4. GEOGRAPHY: The Khyber Pass defines the border between Afghanistan and what other country?
- 5. MOVIES: What was the name of the elusive big fish that Norman was always trying to catch in the movie "On Golden Pond"?
- 6. PRESIDENT: Who was the 18th president of the United States?

- 7. ANCIENT WORLD: Where was the region known as Ionia?
- 8. LANGUAGE: What does something that is ferri-ferous contain?
- 9. LITERATURE: Who wrote the novel "The Stone Diaries"?
- 10. TELEVISION: On TV's "Dallas," what was J.R.'s last name?

- 1. One-sixth
- 2. A justice of the peace
- 3. 1718
- 4. Pakistan
- 5. Walter
- 6. Ulysses S. Grant
- 7. Asia Minor
- 8. Iron
- 9. Carol Shields
- 10. Ewing

Answers

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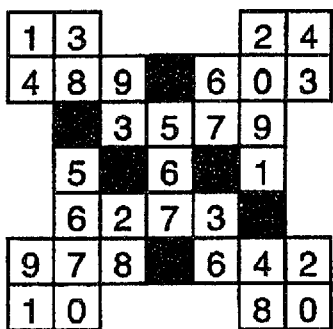
Artist

CONTINUED FROM B5

In Seattle, during high school, Leonard was able to take multiple art courses. He also took some art classes at the local community college after high school. Leonard began to seriously consider a career in visual arts and enrolled at the then-new Art Institute of Seattle. While studying at the Art Institute, Leonard experimented with various media including acrylics, pastels, oils, watercolor, and gouache (a method of painting with opaque watercolors mixed with a preparation of gum.) Leonard uses his art to create

awareness and hope. "I paint subject matter that is important to me, such as experiences from my childhood growing up in south, African culture, the Civil Rights Movement, and the struggles of the less fortunate," Leonard said. The works of Leonard will

Rational Numbers answers



One Day At A Time

Across

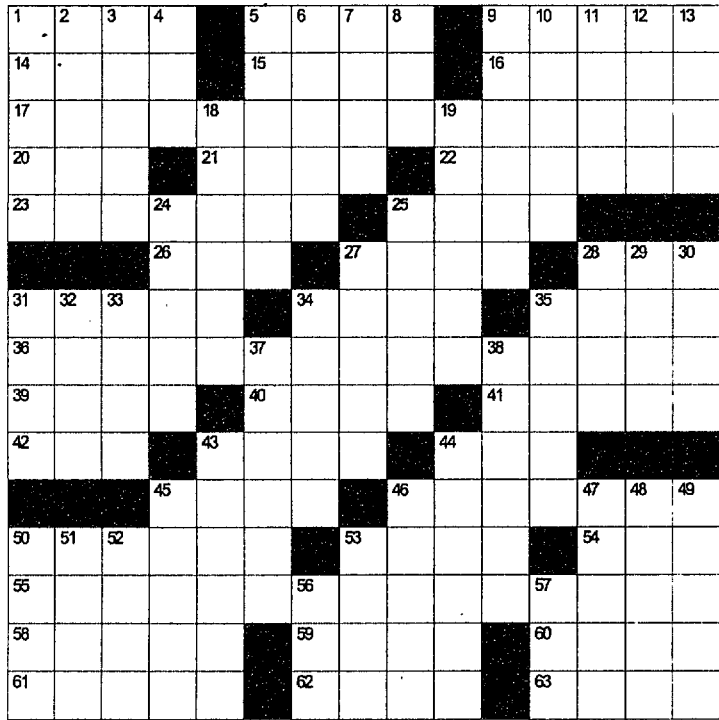
- 1 Minstrel poet
- 5 Particle
- 9 Lockheed or Pinkerton
- 14 Soon
- 15 Roman fiddler?
- 16 Instrument
- 17 Lovely time
- 20 Wrath
- 21 Iowa State University locale
- 22 Fills in
- 23 Septic tank
- 25 Advantage
- 26 School org.
- 27 An upward slope
- 28 Word in all theme answers
- 31 Marconi's forte
- 34 My fodder's house?
- 35 Moon band
- 36 Celebration time
- 39 Soccer score
- 40 Holiday servings
- 41 Rodeo need
- 42 Articulate
- 43 Uncovered
- 44 Churchill's title
- 45 Postal workers' weapon
- 46 Halftime lecture
- 50 Bodyguard
- 53 Edible root
- 54 Pasture
- 55 Off-diet time
- 58 Menu
- 59 Away from the wind
- 60 Phoenix suburb
- 61 Frantic:Slang
- 62 King or queen followers
- 63 Bike make

Down

- 1 Programming language
- 2 Cavern
- 3 Travels
- 4 Genetic material
- 5 Blood disorder
- 6 Dogma
- 7 Morsels

Crossword 101

By Ed Canty



- 8 Parisian me
- 9 Street crosser
- 10 Shoppers aids
- 11 Ore deposit
- 12 Apple chemical
- 13 Certain votes
- 18 Dell product
- 19 Country singer Willie
- 24 Sales talk
- 25 Building supports
- 27 Raised strip
- 28 June honorees
- 29 Unfortunately
- 30 Ma, for one
- 31 Constructs in haste
- 32 Dwarf buffalo
- 33 June 6, 1944
- 34 Breathe noisily
- 35 Essential part
- 37 Makes into law
- 38 Like some ties
- 43 Big name in games shows
- 44 Follows comedy or world
- 45 Card game
- 46 Blacktopped
- 47 Tree

- 48 Contract
- 49 Eskimo canoe
- 50 Engrave
- 51 Carriage
- 52 Complain
- 53 Floor covering
- 56 Chitchat
- 57 Time standard:Abbrev.

Quotable Quote

"You give 100 percent in the first half of the game, and if that isn't enough in the second half, you give what's left"

... Yogi Berra

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be on display in the library until Feb. 28 and is open to the public.

The Library Art Gallery, located on the fourth floor, is an area set aside for exhibiting visual arts.

During the exhibit, the gallery will be open Monday-Thursday, 7 a.m.-10 p.m.; Friday, 7 a.m.-5 p.m.; Saturday, 9 a.m.-5 p.m.; and Sunday, 2-10 p.m.

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LIBRARY DENIZENS



2005 Regionals

HIGHLINE

North Idaho Cardinals

Season Record 17-2
The Cardinals are coached by Pat Whitcomb. North Idaho is ranked No. 1 in the nation this year. Last year the Regional Tournament was held in North Idaho, and the Cardinals took the whole team to Nationals.

Yakima Valley Yaks

Record Unavailable
The Cougars are coached by Rex Branum. Even though the Cougs are part of Region I in the NJCAA, they must participate in the Region XVIII Tournament in order to qualify for the national tournament.

Southwest Oregon Lakers

Season Record 8-4
The Lakers are coached by Adam Whitlatch. Southwest Oregon had four All-Americans last year.

Clackamas Cougars

Record Unavailable
The Cougars are coached by Mike Haluska. Clackamas had eligibility problems with their wrestlers this season.

UNDERBIRDS

Highline hosts Region XVIII Tournament on Saturday

By MARTHA MOLINA

STAFF REPORTER

After a season of hard travel, the T-Birds wrestling team finally gets to land at home.

Every six years Highline receives the honor of hosting the regional tournament at their home mat. The cycle has once again brought back the torch to the T-Birds, and this Saturday the tournament that decides whether or not a wrestler advances to nationals will take place.

"It's a whole new tournament," said T-Bird 141-pounder Jason Mendez. "It doesn't mat-

ter if you were undefeated the whole season."

The T-Birds' focus has been the last two tournaments of the end of the season, and tournament number one is up.

"We have a lot of pressure," said Heavyweight Jacob Peterson. "We can't be beat at home."

The 2004 Regional Tournament was held in North Idaho, and the Cardinals took the whole team to nationals.

Even though the T-Birds finished the regular season with a 5-6 dual record, the team still stuck together and had individu-

als stand out.

"We plan to take at least five guys to nationals this year," said Head Coach Scott Norton. The T-Birds took seven wrestlers to nationals last year, including Kyle McCarron at 125 pounds, Francisco Gonzalez at 133 pounds, Mendez at 141 pounds, Brandon Hunter at 149 pounds, Skyler Marler at 157 pounds, Pat Bradley at 197 pounds, and Peterson at 285 pounds. Even though Gonzalez, Hunter, Marler, and Bradley have graduated, the T-Birds believe that McCarron, Mendez, Jon Muri at 149 pounds, Yura Malamura

at 197 pounds, and Peterson will advance onto the nationals tournament. During the regular season, the T-Birds had the disadvantage of traveling for hours before their dual. This Saturday they will have home advantage, easing off the traveling stress.

"Being at home is definitely an advantage," said Mendez. "But it's a scrap no matter what."

The top four contestants out of the tournament from each weight category will advance onto nationals if all teams fill in the bracket. If there are less than six contestants, only the

top three will advance. Another way of advancing onto the national tournament is by the wildcard method. There are two wildcards that are honored in the regional tournament. If a wrestler did not have a great performance during the tournament, but had an outstanding season, he may be nominated by the coaches.

The regional tournament will be held this Saturday, Feb. 12 in the Pavilion at 10 a.m. for the pre-elimination matches, and 7 p.m. for the finals. Ticket prices are \$5 for adults, \$2 for students, and kids under 18 are free.

Men's basketball keeps their hopes high

BY MARK KNIGHT

STAFF REPORTER

The Highline men's basketball team is holding onto fourth place with hopes of ending their season in second.

After a 78-73 win against Green River, the T-Birds had the chance of taking second place last weekend in a game against Pierce but they lost 72-51.

But the loss didn't kill Highline's hope of making it to the second seed in time for the NWAACC tournament.

"We are still sitting in a position that we can get second in our division," said Head Coach Che Dawson.

Highline battled Green River here in the Pavilion last Wednesday.

"They played a very good game and a great job in the zone limiting George Irby's touches," Dawson said.

Irby was held to only 10 points but the Gators couldn't stop Irby from getting 16 rebounds and five blocked shots.

"We both wanted to win to prove who is better. We just wanted it more than them," said Irby.

Highline's Zenrique Tellez the leading scorer for the T-Birds had 20 points, plus four assists and four steals.

Tavar Proctor scored 14 points and had 10 rebounds.

The lead changed between Highline and Green River 21



Photo by Jamie Grossmann

Highline's Nathan Jackson drives past Green River guard Zack Madren during last Wednesday's game.

times, which showed how much of a battle this actually was.

"We knew that the game before when we played at Green River, there was some leftover emotion and they came ready to fight," said Jeremiah Armstead. "We just kept up the intensity for the entire game and offensively, we tried to get the ball inside."

Darren Edenshaw of Green

River scored 23 points and had seven rebounds.

Teammate Shaitan Wilson put up 20 points for Green River with eight rebounds.

Green River made only eight three-point shots out of the 23 they attempted.

"We did a good job of limiting their good looks from the three-point line, which is their bread and butter," said Dawson.

Highline came out on top, which put them in position to take second place in the next game against Pierce.

"We beat them when we first played them, they were mad, and they came out ready more than we were," said Irby.

Both teams came out fighting from the beginning, with the Raiders claiming 35-32 halftime lead.

"It was clear that we weren't ready to fight for a win. Things came easy to us early in the game and when Pierce came up looking for the win we did not reciprocate," said Dawson.

Pierce controlled most of the game as Highline only held onto the lead at the beginning.

"We were up 24-14 with about five minutes into the game. Then we didn't score for about seven or eight minutes," said Dawson.

The second half is when Highline really starting losing ground. The T-Birds only scored 19 points the whole half while Pierce scored 37.

"We had a good first half, but they took it up a notch in the second half. We just weren't clicking defensively," said Armstead.

The Raider's Clem Benton scored 24 points and was the leading scorer of the game.

Teammate Jacob Mitchell scored 19 points and had 17 rebounds.

"We didn't keep them off the offensive boards like we talked about before the game," said Dawson.

On Highline's side, Irby put up 11 points, 15 rebounds, and 3 blocked shots.

Tavar Proctor had 12 points and Tellez had 11.

"We just can't seem to keep it rolling," said Dawson referring to the ping-pong effect of Highline's games, winning one and then losing one, then winning one, and losing one, etc.

The T-Birds will be traveling to Tacoma for a rematch on Wednesday, Feb. 9. Results were unavailable at press time.

"It's going to be a good game, if we win we will be second or third, if we lose we will have a lot of fighting to do," said Irby.

Grays Harbor will be coming to play in the Pavilion on Monday, Feb. 14 at 8 p.m.

Centralia will also be coming on Wednesday, Feb. 16 at 8 p.m.

"We are looking to compete harder. Wins will take care of themselves if we do that," said Dawson.

If Highline can win these next few games it looks as if they will be able to take second place.

Indoor track prepares for final meet

BY BRYAN YAMBE

STAFF REPORTER

Members of T-Birds track team will once again compete at the Dempsey Indoor facility this weekend in the University of Washington Husky Classic.

Competing against Division I athletes for Highline will include Ricky Moody, Alex Harcourt, Andrew Stranack, Larry Mays, Monaka White and Sitges Marshall. A few other members of the team will be competing Sunday, said Coach Robert Yates.

"We've been doing really well these past few weeks, said Yates. "With three weeks to go until the beginning of the season, they are getting a little bit more focused because they know, (after this weekend) next time will be the real thing."

The Husky Classic begins at 9 a.m. on Saturday, Feb. 12 and the UW Open Meet 3 starts at 9 a.m. on Sunday, Feb. 13.

Both will be held inside the

Dempsey Indoor facility, which is located just south of Husky Stadium on the UW-Seattle campus.

Two weekends ago, members of T-Bird Track competed in the Husky Indoor Invitational. Coach Yates said the team fared well.

Ricky Moody finished 10th in the men's heptathlon. At the end of the first day, it seemed that Moody was favored by many observers to win the whole thing, Yates said.

Moody only received points in six of the seven events.

During the pole vault, Moody "no-highited," which means he had failed to clear the bar without touching it.

Nevertheless, Yates said he has confidence that Moody will be able to win the event the next time around.

Strong performances came from James Turner as well as Adam Redmond over the weekend. Turner finished in 12th and

Redmond came in 13th in the men's heptathlon.

"It was really good for those guys. They did very well this weekend," Yates said.

Bruce Hubbard also performed well, finishing third overall in the men's 60-meter dash. His time was 6.95 seconds.

Brynnen McIver set a new personal best in the men's 60-meter dash, placing seventh overall with a time of 7.20 seconds.

Alex Harcourt came close to tying the Highline record of 21.86 seconds in the men's 200-meter dash with a time of 21.9 seconds.

Monaka White showed improvement in her times running in the women's 60-meter dash with a time of 7.97 seconds as well as finishing the women's 200-meter dash in 25.74 seconds.

Larry Mays' long jump performance measured at 23'8".

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Women suffer second loss in three games

By JAMIE GROSSMANN

STAFF REPORTER

The Lady T-Birds extended their home winning streak to five games by beating rival Green River, 77-61. However their road woes continued as they suffered their second road loss in a row against Pierce, 70-65.

Last Wednesday, Highline hosted Green River for their second meeting of the season. In the last meeting between these two teams, the Highline women edged out Green River 63-60 in a game that went down to the wire.

This second meeting of the two teams would be a different story as Highline took a 10-point lead into half and was able to turn that into a 16-point victory.

"The team played really well," said Women's Head Coach Amber Rowe. "We held Green River's leading scorer Jubilee Cristel to only six points."

The Highline women were playing without Marissa Cain, who was sitting out for disciplinary action.

Despite playing without Cain, the Lady T-Birds had three players in double figures including Allison Maas who came off the bench to add a season- and game-high 23 points.

"Allison came off the bench and played really well," said Rowe.

"I am not really a high scorer, I was able to find a rhythm," said Maas. "I try to get the assists more than the points."

Shelby Avaava had her third straight game with 10 or more points with 13 and five rebounds.

Rebekah Johnson added 14 points and shared the team lead in rebounds with Kelli Marcus

with eight a piece.

"Rebekah played really well. She needed to have a break out game," said Rowe. "She played hard and played well. It helped her to gain confidence."

Point guard Christine Kim continued to rack up the assists as she had six in the game and 15 in her last three games.

"Christine is getting to be more consistent in distributing the ball," said Rowe.

As a team the Lady T-Birds shot a season-high 42 percent from the field on 17 for 39 shooting.

"Our shot selection was better. We were able to get to the hoop and make our lay-ups," said Rowe.

The women took to the road as they traveled to Pierce last Saturday. When these two teams met on Jan. 8 at Highline, the Lady T-Birds started slow but when all was said and done Highline had a decisive victory, beating Pierce 75-45.

Saturday's game looked to be more of the same as the Highline women jumped out to a 14-point lead to end the first half.

However, when the second half began a different Highline team took the floor as the 14-point lead turned to a three-point lead with 10 minutes to go, and eventually turned into a five-point loss.

"Everyone was scared, Pierce was coming back," said Avaava. "We were up 14 at half and thought that we were in the clear."

"I don't think the team came ready to play. You could see it on their faces before the game,"

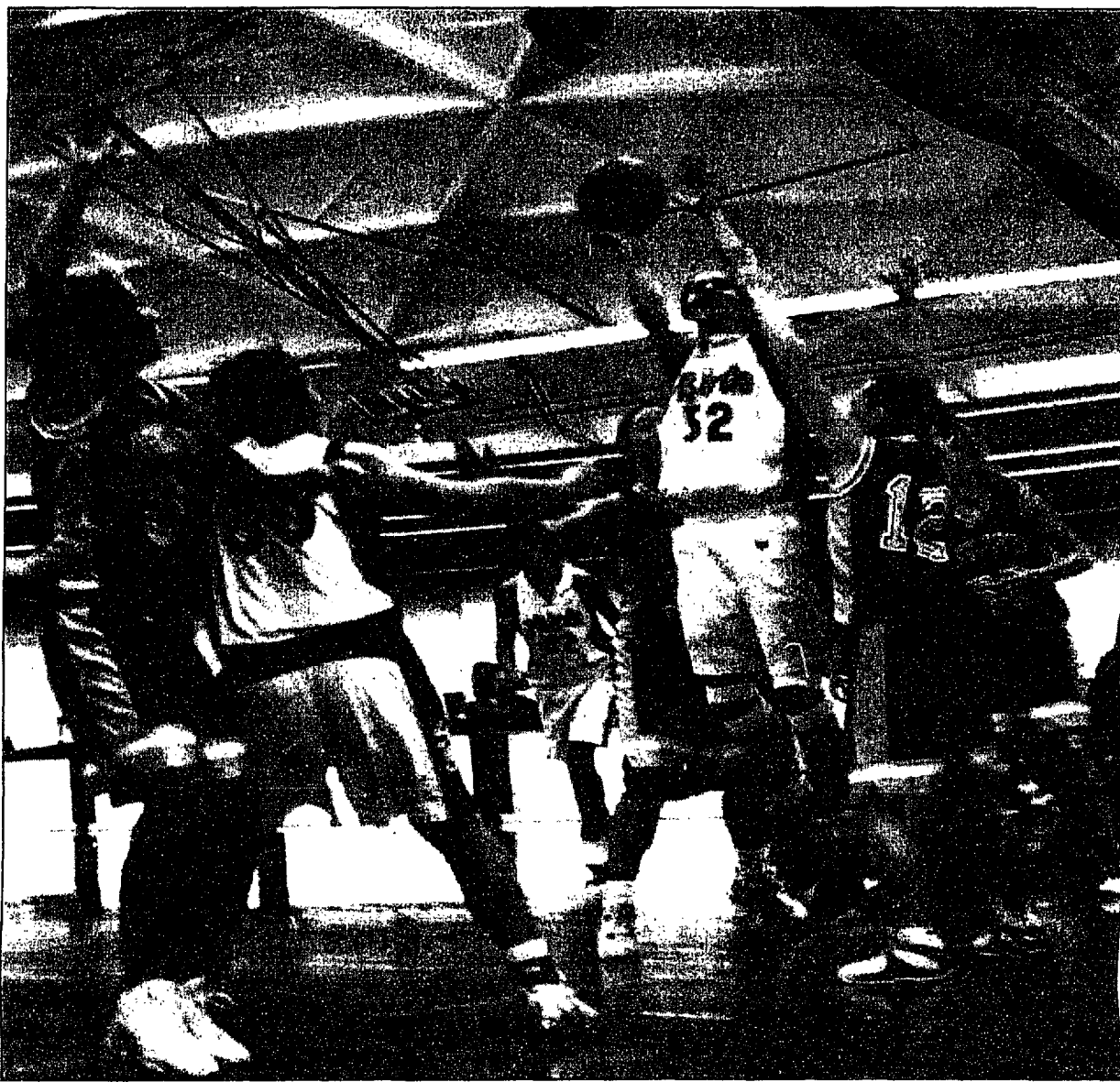


PHOTO BY KEITH DAIGLE

Allison Maas pulls up for a jumper during last Wednesday's home game against Green River.

said Rowe. "We played zone and pressed them in the first half which forced them to take more shots from behind the arc. Pierce is not a good three-point shooting team but they are more athletic than we are."

"We came into the game too lightly," said Maas. "Our heads weren't in it. We just didn't have it that game and we all panicked."

"We gave it to them, not to take anything away from Pierce, but we beat ourselves," said Avaava. "We all lost."

Cain led Highline in scor-

ing with 11 points, Maas added nine, and Avaava and Marcus had eight each.

As a team the Lady T-Birds had 26 turnovers which led to 26 points for the Lady Raiders.

The Lady T-Birds took on Tacoma last night; results were unavailable at press time.

In the last meeting between the two teams Highline beat Tacoma 82-58.

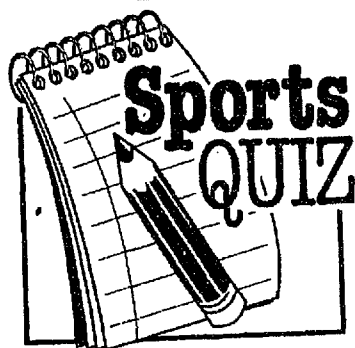
"Every team is scary now. Everybody thinks they have a shot at us because Pierce was able to beat us and they were 2-8," said Rowe. "We shot our-

selves in the foot for a shot at the league championship."

The team returned to practice on Monday and will be looking to get back on track on Wednesday.

"We had a very good practice on Monday. It was probably the hardest that they have worked collectively all season," said Rowe.

The women return home for the first of three straight home games on Feb. 14 to take on Grays Harbor and then they host division-leading Centralia on Feb. 16.



By CHRIS RICHCREEK

1. Prior to 2004, who was the last player before Sammy Sosa to lead the Chicago Cubs in homers for a season?
2. Name the last Minnesota Twins pitcher before Johan Santana in 2004 (265 strikeouts) to record 200-plus strikeouts in a season.

3. When was the last time the Vanderbilt football team went to a bowl game?

4. Six players have made the All-NBA first team in each of their first seven seasons. Name them.

5. Mikka Kiprusoff of Calgary led the NHL in the 2003-04 season with a goals-against average of 1.69. Who was No. 2?

6. In 2004, only eight points separated NASCAR season champion Kurt Busch from runner-up Jimmie Johnson. What year had the next closest championship race?

7. Who won the men's French Open tennis singles title in 2004?

Answers
1. Ryne Sandberg led the Cubs with 26 homers in 1992.
2. Bert Blyleven had 215 strikeouts in 1986.
3. It was the 1982 season, when the Commodores lost to Air Force in the Hall of Fame Bowl.
4. Elgin Baylor, Larry Bird, Tim Duncan, George Mikan, Bob Pettit and Oscar Robertson.
5. Minnesota's Dwayne Ro-loson.
6. It was 1992, when Alan Kulwicki beat Bill Elliott by 10 points.
7. Gaston Gaudio beat Guillermo Coria in five sets.

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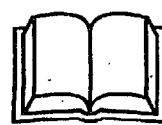
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THE THUNDERWORD

Crowd sparkles at jeweler's bash

BY BRYAN YAMBE

STAFF REPORTER

The chants and cheers of the 1,400 students crammed into the Pavilion echoed with a volume usually found at a heavy metal rock concert.

The crowd was an ocean of colors from crimson red, navy blue and emerald green to violet.

School flags were waving across the room, cheerleaders performed various stunts, all while a large orange beach-like ball was tossed back and forth from one side of the room to another.

Students linked together, some from rival schools, creating human trains that weaved in and out of the crowds which had overflowed from the stands onto the Pavilion floor.

The students were on campus last Friday to attend the 2005 Jostens Leadership Conference.

The conference is an annual event, held to bring together students from around the state and to recognize them as well as celebrate their accomplishments with their peers.

"It's like the Super Bowl of student governments," said Mike Annis, Jostens representative. "It's a leadership conference bringing together student leader from all over the state

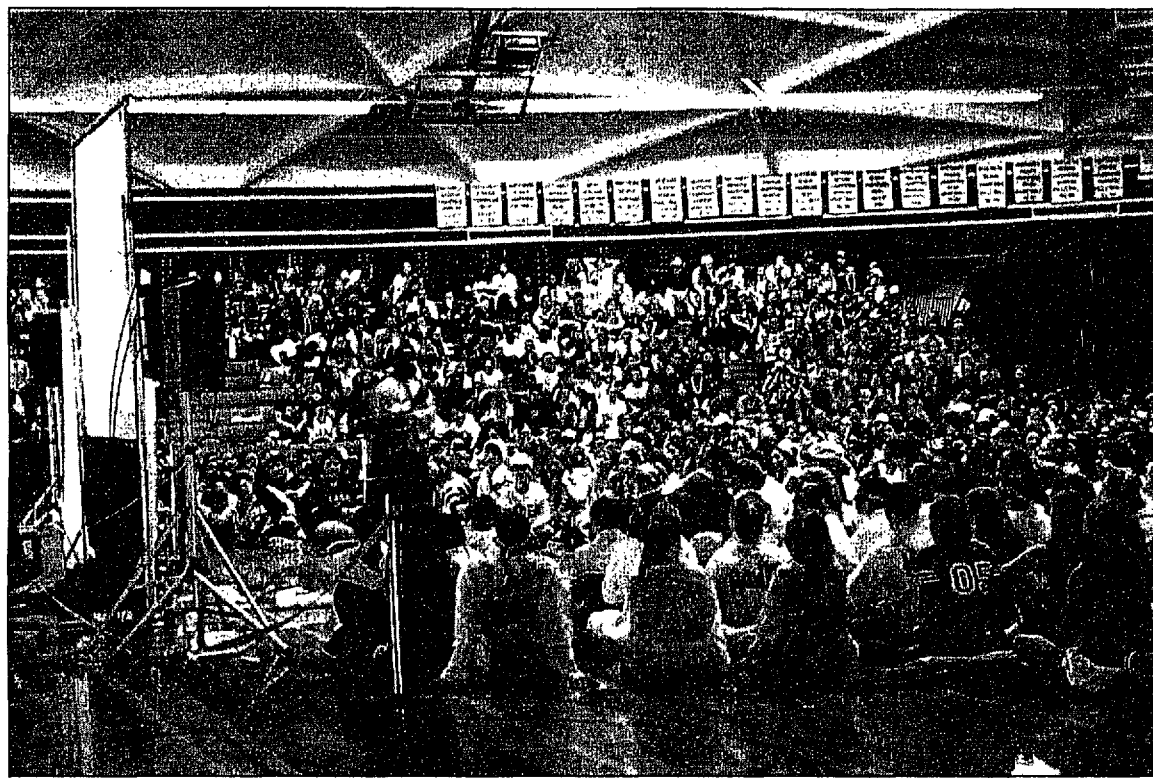


PHOTO BY BRYAN YAMBE

Student leaders from around the state listen to Jostens Speaker, Albert Mensah

to gain knowledge about themselves as well as ideas to make they're schools a better place."

Jostens, founded in 1897, is one of the largest providers of high school graduation products in the United States. A few of the products and services offered are class rings, graduation caps and gowns, yearbooks, athletic merchandise and motivational speakers.

Highline Outreach Services is in its sixth year as hosts to the

annual conference.

"Our motivation to do this was to get students on campus," said Jason Prenovost, director of Outreach Services. "We saw it as a great opportunity to have students who have already been identified as leaders to come and see the campus."

Before Highline provided Jostens with the facility to hold their annual conference, the future of the conference was uncertain.

"We have to thank Jason Prenovost. If it weren't for him we wouldn't be here," said Annis.

The two men had worked together at several outreach events at high schools in the area. During one of their conversations Annis told Prenovost about the dilemma in finding a facility for the annual leadership conference.

Soon after, Prenovost contacted the administration and proposed the college provide the

facilities to host the conference. After considering his proposal the administration approved, and the 1999 Jostens Leadership Conference was held at Highline for the first time.

It seems that many students are familiar with Highline, but have never been physically on campus, said Prenovost.

"It's actually a pretty nice campus," said John Descher, student from Hoquiam High School "I've actually been here on campus before, and I really like it."

During the conference students have the opportunity to hear two nationally renowned motivational speakers, participate in spirit-related competitions with other schools, meet student leaders from around the state and are treated to a catered lunch.

An additional benefit in hosting the conference is that it is a great place to find potential athletic recruits.

"There is a good chance that somewhere in the audience is a person who will play soccer here," said Prenovost, who is also the head coach of the T-Bird men's soccer team.

Prenovost referred to past Highline student Dustin Rhodes as well as current student Jacob Potter, who both played men's soccer for the T-Birds.

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Dickinson State University in search of diversity

BY OLGA KHRYUKIN

STAFF REPORTER

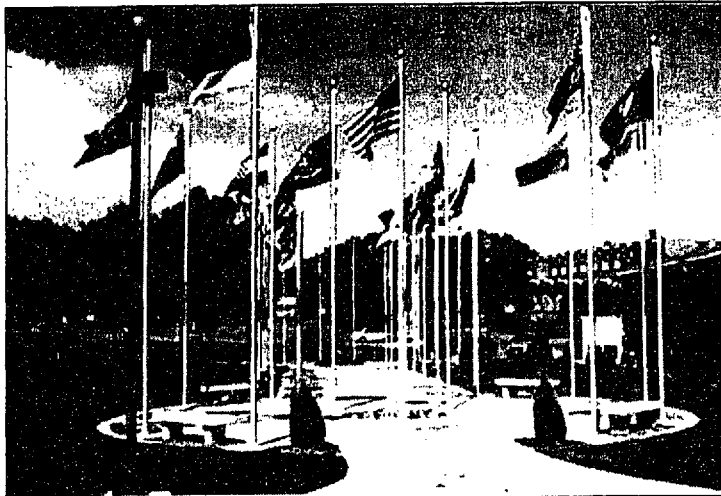
The College Fair last Wednesday brought many of the usual local colleges and universities to Highline.

One school came from half-way across the county, however – Dickinson State University, who came to recruit students to add to its diversity.

Dickinson State University is an undergraduate school, located in Dickinson, N.D., a town with a population of around 18,000.

Even though Dickinson State is 1,130 miles from Seattle, students planning on transferring can find a place at Dickinson State, recruiters say.

"We're interested in building a diverse student body," said Susan Hales, the director of multicultural affairs at Dickinson, as to why they



Every international student's country's flag is represented

came to Highline. "We have space and interest available."

The university's initiative is to promote international learning and provide a cross-cultural experience for students and the campus community.

Dickinson State University was founded in 1918 and is

one of the 10 universities in the country that was selected to be included in the U.S. Department of State's Global Access Project.

This program provides an opportunity for Dickinson State to partner with the Department of State to increase American college students' understand-

ing of international affairs and to inspire interest in careers in the fields of international relations and public diplomacy.

They have an International Plaza that actually features flags of each international student enrolled at Dickinson State

"Students from 28 different countries are enrolled," said Patrick Glahan, the chairman of department of teacher education at Dickinson.

Dickinson State provides 23 undergraduate programs ranging from nursing to accounting, and from psychology to law, Glahan said.

Dickinson State has a "good football program," Glahan said, and they offer 45 different clubs and organizations on campus.

"For a Washington student to attend Dickinson State the direct cost (including tuition and fees, room and board, and

books and supplies) would be under \$10,000," Glahan said.

Another thing that can attract a student transferring to Dickinson are the scholarships they offer.

Dickinson State has an initiative to recruit enrolled members of federally recognized American Indian Tribes and Alaska natives and villages, as well as graduates of tribally controlled community colleges, and economically disadvantaged students. Almost 80 percent of the students receive some sort of financial aid, Glahan said.

"Dickinson State is a small university in beautiful, sunny, North Dakota," Glahan said.

For more information about what Dickinson State has to offer, you can visit their website at www.dickinsonstate.edu, or call the office of admissions at 1-800-279-HAWK, ext. 2331.

VSA plans to party at Highline like it's 4702 for the lunar new year

BY OLGA KHRYUKIN

STAFF REPORTER

New Year's Day may be over for most of us, however, other countries are just beginning to celebrate their New Year.

Highline's Vietnamese Student Association will be celebrating the Tet Lunar New Year Festival this Friday in the Mt. Constance and Mt. Olympus rooms on the first floor of the Student Union starting at 12:30 p.m.

The Lunar New Year is celebrated throughout the world including China, Korea, Vietnam and the U.S. The club is inviting all the campus community to come join their festival.

"Come to learn the Vietnamese culture, come support us, and have fun," said Phuong Nguyen, the club's secretary.

This year is Nguyen's first year participating in the festival and she will be walking in the fashion show, which features clothes lent by a Highline adviser.

During this festival there will be a dragon dance, a fashion show of the Vietnamese traditional dresses, performances including singing and acting, a drawing for an MP3 player, food tasting display, and the red envelope drawing.

Inside the red envelopes will either be candies or money and individuals will be able to draw an envelope for free, said Nguyen.

In addition to these activities there will also be a donation box set for the food tasting table.

The profits will go to Tracy Brigham's class, which is raising money for the Tsunami relief efforts for Southeast Asia. The festival is celebrated quite similarly in Vietnam, with the food and envelopes, said Nguyen.

Nguyen recalls her past experience in Vietnam when, "[her family] made traditional Vietnamese food, and children walked around to say 'Happy New Year' to an adult, who would give out candy."

During Tet it is a time to get together with family and relatives to eat and relax, with the first day of celebration being the most important, said Nguyen. Tet is a time to give thanks and get ready to start off the New Year fresh.

This year Tet falls on Feb. 9, and it is the Year of the Rooster.

The Year of the Rooster is year 4702 on the Chinese calendar. The Rooster is known to bring bright and happy days, but he also disperses energy.

The Rooster symbolizes the good administrator, keeping peace.

Individuals born during this year are often called hardwork-

ing, courageous, organized, and talented. Tet is sponsored by the Highline Vietnamese Student Association, whose purpose is to promote Vietnamese culture within the campus community.

They also strive to create friendships among peers and to promote campus activities.



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Waterland

continued from page 1

Seafair has usually sponsored the parade for the festival.

Since the Waterland committee missed the deadline for turning in an application by Jan. 12, Seafair will not be helping out with the festival this year.

The cities of Burien, Federal Way and Kent are also asked to contribute to the festival each year, but each city has their own festivities to worry about.

The volunteer committee started off with absolutely no money, unlike the Chamber of Commerce which had some funds to dip into for the 2004 festival.

"Seed money is difficult to get with new efforts," said Des Moines City Manager Toni Piasecki.

Some \$40,000 was needed to get the 2005 festival up and off the ground.

"Most of our problem is getting cash upfront," Goegebauer said.

One of the biggest drains of money was the fireworks displayed and the security involved throughout the festival.

Goegebauer said that the fireworks alone cost the city \$18,000 for the 15-minute display and the insurance to cover it.

Another big drawback is lack of volunteers.

The committee and the short staff of volunteers worked extremely hard, long hours to make the festival a success.

Committee President Brenda Anders-Larsen put in the hours of a full time job for the festival last year, said Goegebauer.

"We're willing to do the work, but we need the volunteers," said Tammy Leger, the volunteer coordinator.

Out of 50,000 people participating in the 2004 festival, there were 25 volunteers to take care of everything, Goegebauer said.

If interested, send an email to waterlandfestival@yahoo.com.

Many suggestions were offered up at the meeting to tailor the Waterland festival to the taste of the citizens.

Piasecki suggested having a smaller festival but having fundraising jars set up at booths so participants can make donations for next year's shindig.

Jacobsen said that moving the festival off of the Marina and

onto Marine View Drive could help benefit the Des Moines businesses.

Doing different events for four weekends throughout the month of July, or just one three-day weekend filled with events were some alternatives mentioned at the meeting.

Another suggestion by the citizens was to change the date of the festival so that it doesn't conflict with other bigger cities and their festivals.

The committee also wants to focus on attracting an older crowd because they have more money than the youth who usually attend.

Some of the ideas toward this were car shows, more arts and crafts, and dancing.

About 29,000 people live in Des Moines and the committee wants to make sure that they know about the Waterland Festival and that its fate is hanging in the balance.

"We're going to try very hard for a traditional 2006 Waterland Festival," Goegebauer said.

The next committee meeting will be Wednesday, March 2 at 6:30 p.m. at Wesley Gardens retirement home located at 815 South 216th st. in Des Moines.

Bill

continued from page 1

experience," said Hanson.

Hanson told the committee that SBCTC data indicates that Running Start students' course completion rate is 87 percent, 4 percent higher than the over-all college student rate.

"While the WASL indicates a great level of skills and abilities, it's a 10th grade test and it doesn't tell us, necessarily, about college preparation," said Hanson.

Barbara Mertens, representing the Washington State Association of School Administrators, spoke before the committee in favor of the bill.

"What we're most concerned about is the message we are sending to students. We have set standards, we have said, as a state, we really believe that, as young people, you need to meet these standards in order to be successful as you move on," said Mertens.

"We believe that the participating or releasing high schools should have some sort of oversight and some sort of gate-

keeper role," said Dan Steel, representing the Washington State School Directors' Association.

While there is some opposition to the bill, Brandland said that he is open to any suggestions, and has already made some changes to the bill, such as an exemption in the for home and private school students.

Karen Steinbach, Highline High School Programs manager, says the impact of the bill on Highline students would not be a good.

"Talking amongst each other we really think that this would impact greatly the Running Start program," said Steinbach. "We are all set against it because WASL scores are not available until the Fall Quarter of the following year, students will have to wait until Winter Quarter to consider the program."

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If your love isn't in the stars, maybe it can be found on the web.

In recent years, dating has taken a digital turn; people can now find their true love by using a computer.

While the game of love may now have a convenient computer version, there are still bugs in the system, as three Highline students have found out.

Online dating is when a person actively seeks out a partner using computer services or personals. The process usually involves e-mailing and chatting with other people to find that special someone.

There are many different ways to date online. Some people prefer using online personal ad services. Others choose romance chat rooms in popular chat providers such as MSN or Yahoo. Still others use instant messaging and look up other users' information to find a potential mate.

Dating via the computer has its advantages, as student Jessica Wilken found out.

"I liked that you can be as private or as open as you want," said Wilken, who used Eharmony.com to meet her boyfriend of two months.

Christie Ellen said that online dating was less embarrassing than meeting someone face-to-face.

"I could flirt and meet people in my pajamas; I don't have to worry about looking OK because they can't see me," said Ellen.

Along with freedom from embarrassment and choice, online dating is easy to start. Many online personal ad services have a person create an account on the website and answer easy questions to create a profile to be posted online for members to see. Some sites offer free e-mail accounts for members.

Choosing to date online isn't inherently expensive either. Matchmaking sites usually offer a free trial to start.

Eharmony.com offers a three-month membership for \$99.95, that may seem a little pricy but Ellen said that finding her

LOG-ON LOVE

Online dating could be fast track to romance

By AMANDA DOWNS

STAFF REPORTER



match was worth every cent.

For some sites, people can post a profile on the site for free, but members have to pay to receive e-mails from interested members.

Match.com offers e-mail services for \$12.99 a month.

Even with the joy of privacy and a cheap price, online dating has disadvantages.

Justin Gibbs goes into romance chat rooms and meets other people in there.

"Trust is a big issue," said Gibbs. "It's hard to completely believe someone when you can't see the other person."

Gibbs admits that he uses multiple usernames and flirts/makes connections

with many people at the same time.

"I sometimes enjoy messing with other peoples' heads," said Gibbs. "They'll never find out."

Along with distrust, some people use the services maliciously. People can use online dating to prey on lonely or insecure users and lure them into not-so-good situations.

Ellen testifies that she was getting weird e-mails from shady characters on the personal ad website.

She said that, when she responded to the innocent-looking e-mails, she was sent to pornography sites and even received a computer virus from opening an attachment.

Distance is another problem with online dating. Gibbs said that he made a great friend, but she lived in New Jersey, so not much happened in that relationship.

"We still talk," Gibbs said, "but I would much rather see her than just talk to her."

Online dating can be easy and fun if participants practice good judgment and are alert.

When creating a user profile on a personal ad service or in a romance chat room, www.datingmatchmakers.com suggests not placing a picture on the profile. Having a person ask for a picture is better than simply showing a face for everyone to see.

No personal information, such as, real names or phone numbers, should be given when first chatting or e-mailing with a new person.

As for dealing with other people, be aware that some people use the Internet to live out a fantasy life and may not be as serious about finding a true relationship. One way to find out is by simply asking or reading their profile.

Another warning sign to watch out for is a lack of solid contact information. An example of this would be that only the other person can call you or the person tells you to call only at certain times without giving a good reason. The site suggests calling at random times and seeing who answers or if the other person sounds frazzled. If the person is serious about continuing a relationship, then he won't be too annoyed if you call at a bad time.

Before meeting an online love, make sure that you do a "background check." Ask for numbers of the person's current employer and/or relatives and friends. Check to see if the person really does work where he says he does and ask people in close contact with him about his personality.

When meeting, choose a public spot to rendezvous, such as a mall or park. This way you won't be alone.

Set certain times to arrive and depart, and either drive a personal vehicle or get dropped off by a reliable person who will also pick you up after the date.

Never get in the same vehicle with your date the first time you meet, no matter how long you've talked with them online.

The most important rule to follow is telling someone. Let a trusted person, such as a relative or friend, know where you will be and who you will be with, just in case something bad happens.

For more tips on online dating, got to www.datingmatchmakers.com and click on the Online Dating link.

Stories

continued from Page 4

of red balloons and a box of chocolates.

"I had no idea who they were from," Adzhigirey said.

When she came home she realized that it was her sister and her boyfriend who gave her the gifts, Adzhigirey said.

"They felt that they had to make my Valentine's Day better," Adzhigirey said.

Nichole Zard experienced a bad Valentine's Day that turned out to be a memorable one.

"I got food poisoning the day before Valentine's Day," Zard said.

"I was supposed to go to Salty's at Alki with my boyfriend of two years," Zard said.

At the restaurant he gave her a stuffed animal and handed her a half karat white



gold necklace with diamonds.

"He said I was his flower," Zard said.

Some people don't know how to choose just one Valentine.

J'Quai Holiday had too many girls on Valentine's Day.

Last year he was seeing three different girls, and all of them wanted to spend Valentine's Day with him.

"I couldn't decide which girl to see, so I spent the day with my family instead," Holiday said.

Natasha Marshall remembers one Valentine's Day when her husband surprised her with a diamond-tennis bracelet.

Marshall's husband was vacuuming and when he lifted up the couch he acted scared.

He said it was a spider, said Marshall.

She then looked under the couch and realized there was no spider but a bag.

In the bag was her Valentine's Day bracelet.

Then they had a romantic evening in Seattle at a nice restaurant.

Reporters Michelle Ericksen, Annie Runnels, Olga Khryukin, and Micah Dill, contributed to this story.

Happy Valentine's Day

MOVIES TO REEL IN ROMANCE

BY SARA LOKEN

STAFF REPORTER

For a cheap thrill and hypothetical romance, fall in love with a romantic movie this Valentine's Day.

Hollywood offers many different versions of love and it can be hard finding the right movie to fit the right mood. Whether your single, married, or dating, there is a romantic movie that is sure to get your heart pumping.

If you're a female who is single this holiday, check out *Bridget Jones's Diary*. Loosely based off of Jane Austen's *Pride and Prejudice*, we follow Bridget Jones, played by Renee Zellweger, as she battles her way through being a single, 30-something female.

Getting mixed up with her sexy-womanizer boss, played by Hugh Grant, Jones tries to separate love from lust.

She's also caught the interest of the prudish yet handsome Mark Darcy, an old childhood friend. The only problem, Jones hates Darcy.

Yes, it's the classic love triangle that's been told before, but this time it seems to work and the ending is something that every female dreams of.

It's funny, charming, and there's plenty of romance squeezed into its 97 minutes.

Another movie that's more of a classic, but is sure to take up your Valentine's Day evening is *Gone With the Wind*. If you've held off from seeing it because it's four hours long, make Feb. 14 the day to watch this movie.

It combines the romance of the south with the romance of Scarlett O'Hara. Believing the only thing that will make her happy is the love from the dashing Ashley Wilkes.

Her life is turned upside down when she learns he is to be married to another woman.

The whole southern region is turned upside with O'Hara as it is plunged into the Civil War.

Set against the backdrop of the Civil War and the reconstruction the south goes through following the war, we follow O'Hara as she struggles to hold her dignity and manipulate to win the man



Cary Elwes and Robin Wright Penn in the comedy *The Princess Bride*.

she loves.

For the single male this holiday season, don't fret, there is a romantic movie out there that doesn't classify as a "chick flick."

Combining the right blend of action with romance *True Lies*, directed by James Cameron (*Terminator*, *Titanic*), appeals to the male audiences need for action in a romance.

It stirs together explosions, high-speed chases, and a stripper, to make one action-packed romance.

The movie stars Arnold Schwarzenegger and Jamie Lee Curtis as Harry and Helen Tasker, in a marriage that's lost its spark.

Believing that Harry is a simple computer salesman, Helen wants more adventure and gets involved with a man she believes to be a spy.

What Helen

doesn't realize is that Harry is actually a spy working with a top government agency to prevent the spread of terrorism.

When Harry discovers Helen's dealings with another man, he decides to take matters in his own hands, but the struggle comes when he tries to separate saving the country from saving his marriage.

If you're trying to find a movie that will satisfy both you and your partners taste, there are a few that combine heartfelt romance with laugh-out-loud comedy.

Sports and romance come together in *Jerry Maguire*. It follows the story of Maguire, played by Tom Cruise, and Dorothy Boyd, played by Zellweger.

Cruise plays a prestigious sports agent that has just been fired from the firm he helped start. Leaving his job to start his own agency he takes his one client, a low-talent-football player



Clark Gable and Vivian Leigh in the romantic classic *Gone with the Wind*.

with attitude.

He sparks a relationship with Boyd and her young son, but in the midst of their romance, Maguire is also struggling to make ends meet with his job.

This film blends sports, comedy, romance, and a little drama.

A more traditional romance set in a wacky comedy is *The Princess Bride*. This film mixes medieval romance with modern humor.

Wesley, played by Cary Elwes, and Buttercup, played by Robin Wright Penn, have found true love, but their love is put to the test when she learns that he has been murdered and she is then forced to accept a marriage proposal from the prince of the kingdom.

The adventure starts when Buttercup is kidnapped by three, rather stupid, kidnappers.

The kidnappers include a self-proclaimed mastermind, a revenge-seeking-Spanish swordsman, and loveable giant.

They soon learn that they are not the only ones who know they've captured the princess, when they discover they are being followed by the strange man in black.

How the characters interact with each other, and the quick wit throughout the movie makes this a smart comedy.

It's base is true love, but it has revenge, action, comedy, and friendship all rolled into one.



Renee Zellweger and Colin Firth in *Bridget Jones's Diary*.



Jamie Lee Curtis and Arnold Schwarzenegger in *True Lies*.

Happy Valentine's Day

Hollywood tries but can't explain true love

A guy and girl enter the room, each a perfect specimen of beautiful humanity.

They see each other from across the room and their eyes lock.

The conversations of everyone around them fade and are replaced with a romantic string serenade or with the Hallelujah Chorus.

They walk toward each other and begin a starry-eyed conversation, by the end of which, they are sure that they are meant to be together for eternity.

A week later, they have overcome some circumstantial obstacles, kiss and live happily ever after.

This is Hollywood's classic version of true love.

Don't get me wrong, I realize that there are some variations to those common themes, but there is much too much comfort with the proven and standard cupid formula to warrant Hollywood's deviation from it very much.

Lasting love is suspiciously absent and, if it is present, it is only implied by a final kiss, reunion or wedding scene.

I once heard it said that people don't go to movies only to be entertained but also to learn how to live.

If that is true and if Hollywood influences every part of our culture and our lives in ways that we probably don't care to think about, it might also be safe to say that it influences our love lives and relationships.

Hollywood sells tickets, but it doesn't build long-lasting relationships.

The characteristics of true love — in real life — conflict with Hollywood's ideas in many ways.

Hollywood would have us believe that love and sex are the same thing and that the exhilaration of liking and being attracted to a person is love.

But deep inside we know that, as humans, we have an innate need to be ac-

Pure & Simple



Jackie Graybill

cepted and truly loved, in spite of our shortcomings — and that goes much farther than sex or liking someone.

Hollywood puts forth humans without fault who fall in love, have a relationship that is perfectly smooth with minimal work and live happily ever after.

Maybe the popularity of a fairy tale like *Shrek* speaks to the fact that we realize that a love without work is unrealistic, that relationships take work and that they are, in reality, not effortless.

And truly, the most endearing romantic movies are those rare gems in which

the couple and their circumstance are not perfect, but realistic.

When someone shows self-sacrificial love through a difficult relationship (like Alicia 'sticking it out with her tormented husband John in the movie, *A Beautiful Mind*), or when people show love by giving up what they really want for the good of the other person (as Ted did for Mary in *There's Something About Mary*), one catches glimpses of a love that is deeper than just another relationship — a love that has true intimacy at its core.

Intimacy, as described by Webster's dictionary, is "to know deeply or to be deeply known by someone over a long-standing association."

It is interesting to note that our association with the words "intimacy" and "physical" are not found in the dictionary definition but are an essential part of the Hollywood definition.

True love has emotional intimacy as its center, the proverbial "circle of trust" that is developed over time and commitment.

Even though people acknowledge that the qualities of trust, loyalty and commitment are facets that they want in a relationship, the media places low importance on them.

Characters casually switch partners with the ease it would take to change a light bulb.

There are no consequences and no pain — just a simple change in direction.

In reality, however, there is much pain associated with such actions.

Emotional scars bring baggage into new relationships.

Highline student Courtney Dundas describes true love in the following way.

"It is someone to comfort you, trust,

honesty, compassion, understanding and fun (being able to enjoy each other," Dundas said.

A love like that takes trust, self sacrifice, devotion over a long period of time and the choice that, even though the other person has faults, you acknowledge them and choose to love them anyway.

In many ways, love is a choice.

When you are irritated with someone, it is a choice to leave them or to work through a problem.

So what will help lead to a healthy and long-lasting relationship that features true love at its core?

According to Highline Psychology Professor Bob Baugher, people need to realize the pitfalls to the ideology that opposites attract.

"Contrary to popular opinion, opposites do not attract. There needs to be similarities in beliefs, interests, values and attitudes. Some couples get married and then decide to divorce when they realize they have 'irreconcilable differences,'" Baugher said.

He said that most people have a subconscious list of qualities they want in someone.

"People need to put together a list of ideal characteristics they want in a mate. They also need to think about what they would be willing to put up with, what things would cross their lines and what things that they couldn't live with," Baugher said.

He said that they need to write those things down and then evaluate potential relationships in light of that list.

Although I already have my list, I suspect that when I finally fall in love I will hear strings serenading in the background, and I will have a suspiciously starry-eyed look in my eyes.

Jackie has yet to find true love. She is waiting for the modern day Mark Darcy.

Avoid eating out on V-Day, it could easily eat you alive

You shouldn't go out to dinner on precisely two days of the year.

One is Mother's Day; the other is Valentine's Day.

In the restaurant business, either of these days is known as amateur night. Restaurant owners are understandably grateful for the business, but people who work the front lines in restaurants will tell you that these days bring out people who don't know how to behave in public.

Take Valentine's Day, for instance. Ah, romance — love endures in part because it represents the continuing triumph of hope over experience.

Realistically, we're all lower on somebody's food chain, and we ought to be satisfied that somebody is kind enough to care for us. But in the glory of youth, whatever one's age, we believe that there's somebody out there who will look up to us.

And to impress that person on the day devoted to the celebration of romance, we load up on the credit card, the after-

Dr. Bell's Prescription



Dr. T.M. Bell

shave and maybe even iron our clothes, and make reservations.

If we're lucky, we wait too long and can't get them. This may feel like a defeat but it's not.

Valentine's Day raises everyone's expectations, in the way homecoming or prom might have in high school. This puts stress on most relationships. Everybody wants the perfect romantic night, and odds are you haven't known each other long enough to be on the same page.

Misunderstandings arise, tensions build, and pretty soon your perfect night of romance is the date from hell, or at least Tukwila. That snarling, weeping beast across the table wants blood, and not from a steak cooked rare.

And even if you're having a splendid time at the restaurant du jour of the day, you may be surrounded by people who are behaving badly and worse. Your romantic hopes begin to wither and wilt, like yesterday's salad left uncovered in the sun room.

In fact any date that involves someone else's high expectations is to be avoided. A woman once took me to *The Nutcracker*. "I've always wanted to see

this, and I want to see this with you."

A minor disagreement at dinner turned into a night of pure misery. She expected perfection, but she got me instead. I'm still not sure what happened.

The alternative is to do something else, something unexpected, something to surprise the object of your inarticulate affections. That way, he or she is less likely to have impossibly high hopes ahead of time.

Early on, the woman who became the spousal unit who must be obeyed suggested I should make her dinner. I found a recipe and gave it a whirl.

I made enough food for the cast of *Riverdance*, as I had unknowingly picked a cookbook written by a couple of caterers (a recipe we now know as "shrimp for life").

But there were no hefty bills, no crabby people seated nearby, no smarmy waiters, or even good ones.

Just us, and a lot of shrimp. It seems to have worked out.

Happy Valentine's Day

VALENTINE'S DAY ISN'T ALL CANDY AND FLOWERS

BY QUENTIN TAMINHART
STAFF REPORTER

Whether you're looking forward to sharing your affections with someone this St. Valentine's Day or you cringe at its very mention, you may be surprised at how this modern day cash cow of the jewelry, chocolate and flower industries came to be.

Virtually all information on the creation of Valentine's day falls into the category of legend. But much like Christmas, St. Valentine's Day was most likely started as a Christian adaptation of a pagan celebration that had existed for hundreds of years.

The Roman festival of Lupercalia, which was dedicated to Faunus, god of wild nature and fertility, took place on Feb. 15 and featured among its rituals, one marking passage of the young men of the society into manhood.

A lottery using an urn and slips of paper were used to pair up young men and women as lovers who would then remain together for the duration of the festival. Often the couples would stay together following the festival and eventually get married.

Though not everyone agrees that such a ritual existed, the idea still enjoys strong support.

In approximately 500 A.D., Pope Gelasius moved to replace Lupercalia with a holiday that would abandon the rather un-Christian lottery coupling system and instead emphasize love and faith.

Youth were encouraged to draw from a lottery of saints' names and then personify their various virtues in the coming



St. Valentine, the patron saint of love and fertility.

year.

It is storied that the new holiday took its name from a Christian priest who had been martyred 230 years earlier, though accounts of other church figures with the name Valentine exist as well, all martyrs.

The Roman Emperor Claudius II had Valentine executed for defying him but there are also varying accounts of what his infraction was.

In the most romantic version, Valentine was caught secretly performing marriages for soldiers who had been banned from wedding by Claudius who thought single men made better warriors.

After first trying to convert him to paganism, Claudius had Valentine stoned and beheaded.

While in jail it is also fabled that Valentine fell in love with a girl and on his death left her a note signed "From your Valentine."

Over hundreds of years, the story of St. Valentine combined with February's ancient association with love and fertility, has given way to his status as the patron saint of love and romance for the western world.

Interest in the holiday really started to pick up in popularity in the middle ages and by the mid-1800s the first Valentine's Day cards were

being mass-produced in America.

These days Valentine's Day is big business with Americans expected to spend \$13.19 billion this year.

Consumers purchased more than 175 million roses and sent an estimated 1 billion Valentine cards last year according to the Society of American Florists

and the Greeting Card Association. Approximately 85 percent of all Valentines are purchased by women. The NECCO Sweethearts Conversation Hearts, pro-

duces approximately 8 billion candies throughout the year. The entire production—more than 100,000 pounds a day—sells out in a mere six weeks.

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Happy Valentine's Day