Highline professors gain perspective with Technikon

By Andrew Gatilabayan

Highline's partnership with South Africa's Cape Technikon creates a college climate that values diversity and enhances global perspectives, according to Ilya Hasselblad, program manager for grants and international programs.

Cape Technikon was founded in 1981 in Cape Town, South Africa. It was one of two technikons or polytechnic colleges in the area. The other technikon in South Africa was Peninsula Technikon.

The Cape Technikon campus served the community separated by apartheid in South Africa.

With the end of segregation in 1994, the two technikons merged and became Cape Peninsula University of Technology (CPUT).

From 1998 to 2001, Hasselblad and other Highline leadership created strategies to build relationships with CPUT.

In 2000, Highline and CPUT, Cape Technikon, created a partnership through a signing of a Memorandum of Understanding.

Hasselblad is deeply involved in starting and planning the push for enhancing global perspectives on campus.

She believes the partnership with CPUT allows staff and faculty to gain new perspectives on working with under-prepared students, teaching in multi-ethnic, multi-lingual classrooms and service learning.

Sociology Professor Derek Greenfield has played an important role in Highline's efforts to internationalize the campus. He has been to CPUT for the last four years, creating dialogue on issues of motivation, life skills and working with multi-lingual class.

From the relationship built from this program, he has been able to internationalize his sociology class.

"Spending time in South Africa has changed my life and I know my experiences have provided valued ideas that have enhanced my teaching," said Greenfield.

This quarter, Greenfield and Psychology Professor Dr. Bob Baugher's psychology classes have been conducting phone conferences with CPUT, pushing the campus to become part of the global community.

James Peyton, title III project and community research director has also been part of the partnership with CPUT. With CPUT, he worked on several programs focused around student retention and success for women and disadvantaged groups and entrepreneurial development.

Peyton feels his programs are

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Tea at Five takes a look at the life of Katharine Hepburn

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Track hopes to win big at NWAACC's

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GPS and treasure hunts merge at Seminar

Speaker Katie Guilford explains to attendees how the name Geocaching was coined.

GPS receivers have the ability to receive signals from the satellites and locate your position on the planet.

Using these handheld receivers, a game has been developed called Geocaching. Geocaching is where people go out, hide a cache or reserve of things, and other people can find, the cache, and log it online.

The activity involves the use of geography with a GPS receiver to find a hidden cache, hence the name Geocaching.

A traditional cache is a single hidden object, a multi cache may involve multiple caches where you would go to one site, find a cache and get coordinates to another cache, and on again.

People searching for caches simply take the coordinates from the Geocaching web site, put them into their receiver, and go hunting.

However, there are a few rules to Geocaching. If someone takes something from a cache, the person must also leave something of equal or greater value.

There are also places that are off-limits to caches, such as Jimi Hendrix's grave and national parks.

Geocachers must also replace the cache where it was located and leave the surrounding area as it was found.

Gan said, "It's fun because you can find new parks, new places, new vistas, places you've never would have found."

Andrew Piacsek will talk about the physics of music on Friday, May 27, at 2:10 p.m. in Building 29, room 216.

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Faculty cross sea to teach and learn

Highline and Jiaotong trade professors every school year

BY M.G. PIKUL
STAFF REPORTER

For the past six years, Highline and Jiaotong University in Shanghai have exchanged English and Chinese faculty. Each year, one faculty member from Highline's English department will spend Spring Quarter teaching in Shanghai, while a member from Jiaotong comes to Highline to teach. Kathleen Hasselblad, the program manager at Highline, explained that the faculty member is invited to participate in the exchange based on their skill set and personal interest in the program. Shen Yun is the current exchange teacher from Shanghai Jiaotong University.

She has taught Chinese at Highline during Fall and Winter Quarters, and she is finishing up this spring. "Deciding who comes to teach at Highline is based on their enthusiasm about teaching and dedication to development of foreign language," said Shen.

The Chinese exchange faculty teaches at Highline for a full academic year, while the brief initial Highline sends usually spends just one quarter in Shanghai.

"This is because of economics, and the people we send, we can't do without for very long," Hasselblad said.

"We think the real advantage is to have a native speaker here," Hasselblad said.

Rosemary Adang from the Writing and Humanities Department at Highline was the first faculty member to teach in Shanghai six years ago. Adang taught eight writing and speech classes and had 25 students in each class. She taught freshman through graduate students, and six of the eight classes she taught were speech.

"Jiaotong University wanted their students to experience an American style of education and the cadence and fluency of an American speaker," Adang said.

Adang explained that she had studied Chinese culture on her own and even taught co-authored studies as a result of her interest prior to teaching in Shanghai.

"The politics, culture, and language the teachers learn brings a unique perspective, and we find it very valuable back in the class room," Hasselblad said.

Shen said that her American students are free and eager to communicate with teachers within in class or after class. "They're outgoing and I like that," Shen said.

"Chinese students are comparatively shy and it's a little bit hard for them to volunteer to express their opinions, especially in class in front of their classmates. But they're hard-working and very focused on their study."

Adang recalls the structured environment of the classrooms when she taught in Shanghai.

"There was no talking in class. "If you called on a student they would stand and speak formally," Adang said.

Adang said that it's a misconception that Asian students are passive, they just have a different way of being active.

"The expectation in class is to listen, and they didn't use class time to ask questions," Adang said.

"At breaks and before and after class, the students showed their interest and were eager to ask questions," this is Adang's fifteenth year at Highline and her experience in Shanghai has helped her to better understand students who are coming from an Asian country because there are some similarities. Shen has learned that at Highline, "it is more student-centered than in China."

While on campus, Shen attends speech and writing classes.

"I believe that it will be useful for my teaching when back in China," Shen said.

Other faculty members have participated in the exchange. Writing Professor Bryan Stumpf spent Spring Quarter 2004 in Shanghai. Faculty members Larry Blades, Susan Landgraf, Ruth Windhover, and Shannon Proc- tor also participated in the exchange.

Currently, Political Science and Journalism Professor Dr. T.M. Sell is teaching at Jiaotong for spring.

Spring blood drive plans to see red and save lives

BY GRAV'LA SYM
STAFF REPORTER

Sign up to roll up your sleeve for the Spring Quarter blood drive, on Wednesday, June 1 and Thursday, June 2, 9 a.m. to 3 p.m. on the first floor of the Student Union in the Mount Constance and Mount Olympia rooms.

Sign-up tables to select an appointment time will be set up in the Student Union on Thurs- day, May 26 and Tuesday, May 31, 9:30 a.m. - 10:30 a.m.

"Blood drives are done on a quarterly basis," said Maegan Yapp, the coordinator for the blood drives.

Yapp said that she organized the blood drive so the Puget Sound Blood Center can return to campus because the blood drives are a reoccurring Team Highline sponsored event throughout the year.

During the donation process there is a time for registration, mandatory pre-screening at the Puget Sound Blood Center where mandatory medical history questions are asked, the blood collection, and then re- freshments to help reduce the effects of losing the blood.

Some common after-effects of giving blood include vertigo and feeling slightly faint.

Food should be eaten before donating blood to prevent side effects. There will be pizza, cookies and juice for donors to help themselves to," said Yapp.

The whole process takes about one hour.

The collection itself only takes about 10 minutes in which approximately one pint of blood is taken.

When have about 10 pints of blood in their body and men have about 12, and the blood is quickly replaced in the body.

All blood donations are processed and available for use within 48 hours.

To donate blood, a donor must be 18 years or older. However, donors who are 16 or 17 years of age may give a blood donation with a consent form signed by a parent or guardian.

Health conditions also apply. Only a person who is in good health can donate blood.

Screening will be done before collection takes place to check for eligibility to donate blood.

Blood cannot be taken from a person with a cold/flu, if a person has had hepatitis after age 11, or if the person has an iron deficiency.

An AIDS/HIV positive individual or someone at high risk of getting the virus, or pregnant women will not be able to donate. After delivery of a child women may donate blood after six weeks.

Potential donors have to wait one year to donate if any of the conditions, such as malaria, transfusions, and non-professional tattoos or piercing, apply. "I am doing the blood drive to help promote awareness about the need for blood dona- tions in Western Washington," Yapp said.

Most blood centers try to keep an inventory level of a four-day supply of blood, when there is a shortage, the center alerts local donors to increase the inventory to a safe level.

Yapp said that the blood drives for the 2004-2005 school year have been a big success.

"The Fall Quarter blood drive generated record amounts of donors, and Winter Quarter brought in about the same num- ber of donors," Yapp said.

Yapp said that everyone should consider donating.

"Those willing to donate are encouraged to sign up, or stop by the sign-up tables that I will be at in the Student Union. "Although people can sign up to see if there is a slot avail- able to donate, (we don't want to turn any one away)," Yapp said.

To also sign up for blood dona- tion, contact Maegan Yapp at Team Highline-Student Pro- grams at 206-878-3710, ext. 3537 or 3963.
Graduation can be a daunting experience

With the thunder clouds of finals right around the corner, papers and projects due, and the tempting pull of the sun away from class, graduation is one bright spot in a sea of grey.

Yes, for all those who have worked hard for their AA, AAS, or any other type of diploma, the end of Spring quarter will be a time for celebration and time to breathe a deep sigh of relief.

In this day and age, education is becoming increasingly more important, so kudos to all who will finish at Highline in the next few weeks.

Unfortunately, with the coming of a diploma, also comes the hassle of graduation itself. Registration, graduation evaluations, ordering gowns, sending invitations – the list is never ending.

And for all of those who have chosen to celebrate with family, the date and time of graduation may be rather hard to work around.

Thursday, June 9 at 3 p.m. is not the most convenient date and time that Administration could have chosen. Some finals are scheduled up to as late as noon the day of graduation. It’s also slightly odd that the graduation ceremony will take place at a convention center in Tacoma, which requires a commute in Thursday afternoon traffic, but students will deal with what they’re dealt.

Despite the odd graduation timing, students do not have to shell out too much for graduation regalia – at least through Highline. Student caps, robes, and earned Honors cords are only $20. And compared to the graduation nightmares from high school days, that is quite the deal.

Unfortunately, those students who will be graduating Phi Theta Kappa need to shell out quite a bit for various regalia, including expensive medallions, cords, or sashes.

Graduation is the celebration of a student’s accomplishments, yet in order to truly “celebrate,” a lot of money must be spent.

And despite the joys of graduation, no one can argue against the fact that graduation ceremonies tend to run a little on the long side. Although not much else could be expected from the numerous public addresses, students speakers, and, of course, the reading of the graduates. It’s a bit daunting to think about.

The graduation ceremony itself boasts Pat Cashman, made famous by Almost Live. He also appeared on Comedy Central, and now is a radio personality on various radio stations such as KIRO FM, KOMO AM, and KJR FM. The long-running announcements of graduation will become more bearable thanks to his role as guest speaker.

So with graduation right around the corner, take time to make sure that all of your requirements have been met, buy your gown, and get ready to celebrate and become an alumnus of Highline.

Smokers should use designated areas

Imagine this. You are walking through the campus, just enjoying your day, then all of a sudden, a person in front of you lights up a cigarette, and you get all their smoke in your face.

Here at Highline, we have “designated smoking areas” but do they do any good?

It seems to me that there are a lot of people who smoke and completely ignore the fact that there are designated smoking areas.

Then again, there are a lot of people who don’t, and I thank all of those who smoke and use the designated areas. If someone wants to smoke, it is ok with me, let them do what they want with their bodies. But please, don’t share your self-destructive habit with me.

Both of my parents used to smoke, but my mom quit before I was born, and my dad quit when I was around nine or 10. Fortunately with the anti-smoking programs in school, and many talks with my parents, I never got into smoking.

When I was about seven or eight, I came to the decision that it is a disgusting habit.

But I do understand and realize that it is the person’s decision, because it is his or her body.

In Winter Quarter of 2004, Highline faculty and students proposed an idea to abolish smoking on campus. The people who smoke didn’t like this, and complained, so the faculty and students came up with the idea to create “designated smoking areas” around the campus.

Then in Spring Quarter of 2004, they established the smoking areas. This was so that the people who wanted to smoke would not have to leave the campus, but they also would not violate another student’s or faculty member’s decision not to smoke.

The thing that I don’t understand is that the smokers and the non-smokers worked together to come up with a plan but some of the smokers don’t want to follow the plan that they helped make.

The people who don’t smoke are following the plan. There are smoking areas all over the campus, and they are easily accessible. People who don’t smoke don’t make a fuss about trying to get rid of these smoking areas.

Maybe we should just go with the original plan, and abolish smoking on campus all together since a lot of the smokers are not respecting others when they smoke on campus.

I realize that there are people who are not able to make it to a smoking area and back to class because of time constraints, but if you aren’t willing to be late to class for it, is it really that necessary?

I take the bus to school two or three times a week, and there is always at least one person who is smoking a cigarette when the bus comes.

Then as soon as the person steps off of the bus, it doesn’t matter who is around, the person lights up another one.

I don’t come to class and explore my habits. So why must people who smoke cigarettes come and exploit theirs?

For example, say I bite my nails, and spit them in my own direction.

Would you like sitting next to me in class, and having me spit my bitten nails in your direction?

I’m not asking anyone to quit smoking; I just would like the people who do smoke to be a little considerate of those who don’t.

Davidson McIver is a staff reporter at the Thunderword.

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5/26/05

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Faults in governor race should require recount

Washington state needs faith in its election process restored.

As a young, soon-to-be voter in college, I watched the 2004

election with extreme interest. And as the debates and the rest of the

election process unfolded, I began to gain a deep respect for our democratic
election system.

However, after the election for Washing-

ton state governor, my faith in our handling of the democratic pro-
cess has been shaken.

As most of us know, the race for governor was incredibly close, the closest in state his-

tory.

Democrat Christine Gregoire and Republican Dino Rossi, who had my support, were vir-
tually tied until two weeks after election day, when Rossi was declared the winner by a total of 261

votes.

Because of such a slight win-

ning percentage, state law trig-
gerated an automatic recount, and

on November 23, 2004, Rossi was again declared the winner by a margin of 42 votes.

When Rossi won the recount, Gregoire said, “We want to have confi-
dence that the person

who is sworn in is the person

who was elected.”

After Gregoire won the final, considerably less accurate, hand re-
count by 129 votes, a petition was start-
ed demanding a

revote.

The Revote movement has culminated in Wenatchee, where court proceed-
ings are now un-
derway.

Sad.

If it stands now, 129 felons in King County alone, were

found to have voted in the gov-

ernor’s race, as well as several people who died well before the November election.

Not only that, but for months, the numbers from King County haven’t added up. Records

show that King County still has 216 more votes tallied than there

were voters.

In addition, before the race

was ever called, at least 400 bal-

lets that had been disqualified

because of invalid signatures were illegally counted when the county received “voter-signed docu-

ments,” and used them to “verify the signatures.”

Besides these facts, hun-
treds of votes continued to be “found” throughout the count-

ing process, and were simply added with the other ballots that were

being recounted.

We need to look back to Greg-

oire’s comments of Novem-

ber 24, when she said that we

should be confident that the per-

son in office is the person

who was elected.

As if that really won the Gov-

ernors’ race? It’s anybody’s
guess.

The number of disputed, ille-
gal, uncounted, and disqualified ballots far outweighs the slim 129 vote margin that Gregoire

won with.

We need to know who ac-

tually won so that our faith in

Washington’s election process can be re-established.

Unfortunately, we will never know who won, so our only sol-

tion is a revote.

This isn’t a whining com-

plaint from Republicans, this is a cause that many Washing-

tonians, Republican, Democrat, and independent alike support.

As Dino Rossi has himself stated, we don’t need a court to
declare a winner, we need another election so that the citi-

zens of Washington state can be confident that the person who takes office is the person

who was elected.

One of the arguments most

often heard against a revote is, “You lose, get over it and stop

being such sore losers.”

First of all I would like to remind us all who screamed the loudest when the election went in favor of Rossi for the first two counts.

It was the same people now telling Republicans to “get over it,” that demanded a third, much

less accurate, hand recount that offered much more opportunity for ballot tampering.

Besides this last argument, another common one is that if Gregoire is voted out of office it will disrupt the state govern-

ment because our governor will be replaced mid-term. This ar-

gument does not hold weight however. Just because the right decision involves hardship or inconveniency, doesn’t mean that we shouldn’t make it. The election was so mangled and bungled that we don’t even know who won.

The obvious solution is a

revote, even if it happens to be

inconvenient.

What our state needs is a spe-
cial election for governor, one

that is transparent, without the blatant errors and mistakes that plagued the last election.

This can and will restore our faith in the integrity of our Washington state election sys-

tem.

Ben Pesicka is a staff report-
er at the Thunderword.

Letters

Highline needs to be cleaner

Dear Editor:

I would like to make a com-

ment about the cleanliness or lack of it at Highline.

A new Student Union build-

ing was built. It looked great for awhile, that is until I real-

ized that Highline is all talk and no show.

For instance, the bird poop that students have to walk through in order to enter or leave

the second floor doors – how unsanitary can a school get?

I have watched several hand-

icap students, especially the

ones who use their hands
to control those wheelchairs, go through those doors. What do you think gets on their hands? I

have seen the bird poop tracked into the building on students’

shoes. The coffee shop is right next door.

How sanitary is that?

The solution is simple. The maintenance department should put up some chicken coop wire up
to the ceiling.

Another thing, why, when the Union building opens, can’t a maintenance worker or some-

one who works in the cafeteria, turn on all of the lights so that

students can study? I know for

a fact that a fellow student has

found out where the light switch

is. When that student doesn’t
come to the Union building in

the morning, I see students try-

ing to study in the dark. Talk

about a rude college environ-

ment!

Also – the microwave oven.

Why is it way down at the end

of the hall? The coffee shop

sells cold meals that must be re-

heated.

I know why it isn’t in the

coffee shop. The employees
don’t want to keep it clean. It’s always dirty. Go check if you
don’t believe me.

When was the last time that

the Health Department came to

inspect?

-Patricia Larson, Highline student

Students do not get involved

Dear Editor:

I went to the polls in the

Highline Student Union, and

cast a vote for myself and six

other candidates. It wasn’t a

very tough decision on who

to vote for because of the

fact that everyone was running

unopposed.

Even though I was running for

president, the fact that

nobody including myself

had any opposition

makes me sick to my

stomach.

After all, I have

students the benefit of

the doubt

that at least some people
cared and would

come to and

voice their opinions

and show

their leadership on campus. I

guess I was wrong.

There were seven of us that
did want to get involved, and the

rest were nowhere to be found.

Personally know that there are plenty of leaders out there, but

why didn’t anyone step up?

What kind of sick and twisted
democracy are we in? Do people
care anymore? How do I know

I am representing all of

my constituents when they had no choice but to vote for me?

This is outrageous!

As ASHUC Vice President

for Legislation, my passion was
to get students out there and

involved.

During Fall Quarter, we had a

series of legislative programs set

up in a joint effort with the faculty
called “Defining Democracy,” where students were really hopped up and excited to get involved and voice their opinions.

And now I look at a ballot with every position standing

unopposed.

I then ask myself, “What did I
do wrong?” I feel like I failed

my mission. Do I feel like a

winner in this election? I would

like to say no, I don’t. I didn’t
defeat anyone, and the voters

had no other choice but me.

The true heroes in all of this

are those who take a step further than just picking up an election packet.

The true leaders are those

who completed the election

requirements.

Finally the true leaders are

those who you had no other

choice but to vote for, if you even voted at all...

-Paul Kalchik, Highline student
One-Acts selection hurts outcome

By Jessie Elliott

The Drama Department closed out the year with a series of eclectic one-act plays. From outrageous to thought-provoking, the four student-directed plays left the audience with much to think about.

The plays were shown during Arts Week, May 18-21 in the Little Theater in Building 4. The One-Acts began with The League of Semi-Superheroes.

This play is about superheroes who are not-so-super, including El Grande de Sayer de Nay, played by Avery Meling, who loves to teach people how to say no.

Meling had wonderful comedic timing and perfected his accent.

Directed by student Sonya Harris, the semi-superheroes had good blocking and action with some very funny parts. The costumes were bright, colorful, and matched the characters' mannerisms very well.

The script, however, written by Val Smith and Michael Dixon, was less than super, as no point ever seemed to be reached.

Boy Meets Girl, a play about a neurotic New York couple trying to figure out love and each other, was the second play. Sara Cariveau did very well with the role of Molly, being both naïve and cynical at the same time.

While the set was simple, the actors made the audience believe that they were walking the streets of New York.

The third play began in a waiting room, similar to that of an airport. In Coming Through the Rye, five people wait to be born and talk about what might happen once they are.

Student director Syrina Jade Watts kept the audience watching with the movement of the actors on stage.

Duett for Bear and Dog, an outrageous story about a rat terrier who chases a bear up a tree and then decides to have a conversation with her, kept the audience laughing throughout.

The set was a simple ladder as the tree, but that was all it needed.

Mak Zuljicovc as the dog was excellent. From the ribbon in his ear to lifting his leg on the ladder, he stole the show.

Written by Sybil Rosen, this funny play flips genres at the end and becomes serious with a monologue from the bear, changing the entire tone of the play.

Music filled the Little Theater for the last play, Street Scene, as a couple walked home in front of a beautiful New York backdrop.

Amber Johnson, as Rose, showed off her vocal talents and truly made the scene work.

The One-Act plays were an interesting and eventful addition to Arts Week, and a good ending to the Drama Department's season.

Katharine Hepburn legacy lingers through theater

By Jessie Elliott

Katharine Hepburn lives at the Seattle Repertory Theater. Tea at Five, the last play of the season for the Seattle Rep, is a wonderful one-woman show that gives an honest, lovely look at the life of Hepburn.

Starring Kate Mulgrew (Star Trek: Voyager), it is as though the audience is seeing Hepburn alive again.

Written by Matthew Lombardo, Tea at Five is an intimate look into Hepburn's life, both touching and funny.

Lombardo received the Independent Reviewers of New England Award for Best Solo Play for Tea at Five.

John Tillinger directs this wonderful piece very well, with excellent movement.

Tillinger makes sure that the audience will be captivated throughout the play.

Mulgrew plays Hepburn with the sureness of her thirties in the first part of the play.

She brings honesty, brashness, and vulnerability to the role.

Mulgrew's imitation is perfect, and she has Hepburn's mannerisms and way of speaking perfected, so much that you could forget that Hepburn is not really the one on stage.

Mulgrew is funny with great timing and has wonderful expression.

In the first act she moves around the stage constantly, barely stopping unless it is to strike a dramatic pose.

Mulgrew is captivating, adopting Hepburn's childlike and free movement with ease.

The set, designed by Tony Straiges, brought us into Hepburn's family beach house in Fenwick. It was warm, inviting, and represented the time period of both acts.

Mulgrew speaks of the people in Hepburn's life so clearly that the audience can almost visualize the characters on stage with her.

In the second act, Mulgrew enters the stage as Hepburn in a much later period in her life, when she realizes she has Parkinson's disease.

Mulgrew has such convincing play that it is difficult to remember that she is not suffering from Parkinson's.

Mulgrew plays the older version of Hepburn with as much ease as she does the younger, giving the role heart and soul.

Mulgrew's portrayal of Hepburn is excellent, revealing, and entertaining, making Tea at Five a must see for anyone, even those who are not fans of Hepburn.

Tea at Five is playing May 19-29 in the Bagley Wright Theater at the Seattle Repertory Theater, 155 Mercer Street, Seattle, 98109.

Ticket prices range from $29 - $49, and can be purchased at www.seattlerep.org or by calling 206-443-2222.
The Blend brings a mix all in one

By ROBBIE MILLER

The Blend will live up to its name by bringing an artist with an unusual blend of styles to Highline.

The Steve Guasch Trio infuses Latin music with aspects of jazz.

They will perform for free in the Fireside Bistro on the second floor of the Student Union on Wednesday, June 1, from 11-1 p.m.

“The foundation of the rhythm is Latin,” Guasch said. “And the jazz is improvisation.”

The Trio consists of Julian Jefferson, Andy Zadro- zny on bass and Steve Guasch leads the group on percussion.

The group’s Latin jazz sound is something that evolved from salsa music, Guasch said.

**Stimulus appeals to all senses**

By JOLENE MOORE

An opportunity for students to enhance their senses is approaching.

A production of a show entitled Stimulus will be debuting in Seattle.

“Stimulus is the kind of show that challenges viewers to open their minds and never take anything for face value,” said Jason Anfinsen, director of the show.

The one hour show begins with no lighting and the audience can only hear what is being said.

There are no scripts so the entire show is completely improvised.

As the play progresses, the lights slowly come on and the viewers can then see what is going on.

“The show is called Stimulus because we (the actors and the director) encourage viewers to stimulate all their senses,” said Anfinsen.

The show usually runs in Chicago, however, Jerk Alert Productions decided to bring this experience to Seattle.

Jerk Alert Productions was established in 2001, and has created a wide array of musicians, satirists, artists and actors.

“We also offer classes in sketch comedy writing, character building, public speaking, music and long form improvisation,” said Anfinsen.

“We go wherever we know a lot of people would be interested in the kind of work that we do, and Seattle is a great place for actors who want to improve their skills in acting, directing and producing,” said Anfinsen.

An ensemble of five actors (Jen Rizor, Michelle Impala, Dex Manley, Phili Armsgen and Lori Lee Heen) will be performing in the show.

“There will be no props, that’s the beauty of this show, because the actors will have to make the audience believe what they are holding or doing is real,” said Anfinsen.

While the show is all improv, the actors do have to audition for their “parts.”

“We challenge everybody in this production to be committed to their roles, and go with it, don’t back off from what your feeling at the time,” said Anfinsen.

Anfinsen, the director of this production, has been an actor, producer and writer for 10 years.

“I have a lot of experience in improv, however I try to do a little of everything, because I want everyone including myself to be able to handle all aspects of this industry,” said Anfinsen.

The show Stimulus will debut on Saturday, June 4 at 11:59 p.m. It will also run on June 10, 11, 17, and 18 and will start at noon on these dates.

Tickets are on sale for $7, however reserved seats will only be $5.

The show will run at the East Hall Theater in Seattle at 1525 10th Ave. located on the second floor.

For more information, call 206-755-8726.

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Percussionist Steve Guasch playing drums. While salsa bands are usually large groups with more than 10 members, Guasch says that the trio just takes the rhythm part and plays it.

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The core of salsa, the root of the piano, the bass and the conga player,” Guasch said.

Guasch keeps the beat with Zadrozy, while Jayreugi takes the part of the lead vocals on piano.

“Using the awesome talent of our piano player, we are able to bring out melodies,” Guasch said.

Jayreugi also plays in a band called Tomband and adds an important dimension to the Trio.

“The energy of our piano player (Jayreugi) is incredible,” Guasch said.

Guasch and Zadrozy also play in a 12-piece orchestra called Nueva Era.

With so many musicians available to him, Guasch can communicate with a group with any number of members for different types of performances.

Guasch works as a mortgage loan officer by day, but is a musician at heart.

A native of Puerto Rico, Guasch has lived in Seattle since 1996, after being stationed in Fort Lewis for three years in the U.S. army.

Latin jazz is popular in Puerto Rico and is warmly received by Seattle’s multicultural community, Guasch said.

“The music moves people,” Guasch said.

“It’s a lot of fun. It’s really up-tempo.”

The syncopation and repetitiveness of the rhythms make the music almost hypnotic, Guasch said.

While the band has arranged pieces that they practice, their music is largely about improvisation.

“You can do, pretty much, whatever you want,” Guasch said.

“It’s about expressing yourself freely, without constraints, and saying what you have to say.”

The Trio has not released any recorded material, but Guasch and Zandrozy are working on an album with Nueva Era.

The Steve Guasch Trio will be the first full band performance of the quarter.

The Blend is put on by the student-run Team Highline and brings a new artist to Highline’s stage once a week, usually on a Wednesday of the month. Admission is free.

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Audioslave gives in to their new sound on album, Out of Exile

By KEITH DAIGLE

Audioslave, no longer slaves to the music, have finally found their sound on Out of Exile.

The name Audioslave comes from a musical term for a slave amplifier, an amp that could be used for anything.

The new Audioslave is the unlikely union of two bands that together should not have worked, but in this case the whole turned out to be greater than the sum of its parts.

The band is made up of the remaining members of Rage Against the Machine, and Soundgarden singer Chris Cornet-

Toni Commerford on bass, Brad Wilk on drums, and Tom Morello on guitar joined with Cornet, resulting in a sound that was a lot like a lost Soundgarden album.

Very little rage influence could be heard on their first release.

Out of Exile is a diverse, and fulfilling offering from a band that stopped just short of great- nesses on their last record.

Instead of a sounding like a random mixture of their former bands, Audioslave expands on their roots for a truly original sound.

The type of music played ranges from Rhythm and Blues, to hard rock.

However, for the most part the music remains fairly poppy throughout the album.

The music on this album is a lot lighter than any Soundgar- den or Rage song ever thought of being.

Old age turning these rock- ers into soft.

Maybe, but as for musical ability the members seem to resemble a fine wine.

They are only getting better with age.

Morello is simply amazing.

His guitar is most prominent on the songs “Be Yourself,” and “Man or Animal.”

However, Morello’s guitar is an integral part to the success of every song on this album.

His screaming riff on “Heav- en’s Dead” is what makes the song distinct.

Cornet’s voice is arguably one of the best in rock, not only now- but ever.

Time has done nothing to smooth the edge in his voice, although photos show that he has toned his lyrics some.

It seems as though he has picked himself up from his former black days.

The music seems to be much in the vain of 70’s, and 90’s pop rock.

They seem to have borrowed some tricks from The Police, and Pink Floyd.

And even a little bit from Michael Jackson (only a little bit).

“Dandelion” sounds like something from the Stone Tem-

A pop for quiz: What was the name of the band, before Pearl Jam, that featured Chris Cornell, Matt Cameron, Stone Gossard, Jeff Ament, and Eddie Vedder? Hint: they only released one al-

The biggest thing that sets this band apart from its prede-

They all work together, playing to showcase the abilities of the other members, instead of fighting for attention.

This C.D. has a maturity and coherence that did not have on their first album.

This is a great C.D. by a great group of musicians. It is soft enough to appeal to fans of bands like Matchbox 20, but hard enough to satisfy the cravings of any Soundgarden, and Rage Against the Machine fan.

C.D. released on May 24.

*Answer: Temple of the Dog.*

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PUZZLES

The Thunderword

Rational Numbers

Using the clues, simple arithmetic, and a little logic, place a single digit (0 to 9) in each empty box in the diagram. To help you get started, one digit has been entered in the diagram.

ACROSS
1. One-third of 5-Down
2. One-half of 9-Across
3. 11-Across plus 13-Across
4. 11-Across plus 12-Across
5. Nine more than 10-Across
6. Two times 1-Down
7. Forty less than 8-Across
8. Two times 13-Across
9. 6-Across minus 9-Across
10. Nine more than 8-Across
11. 1-Down minus 13-Down
12. Forty more than 7-Down
13. The last digit is three times the first digit

DOWN
1. Digits of 13-Down

220 Shoreside Drive

The Thunderword

Using Your Noggin

Across
1. Singer Anthony
2. Muslim leaders
3. Shade providers
4. "What's the big ____________"
5. It has Seoul?
6. Celtic
7. Noggin wake-up fix?
8. 1990 Blues Traveller hit
9. Region of Southeast England
10. Supplement
11. Scandinavian capital
13. Watched the rerun
14. Nap locales
15. Mattress supporter
16. Indiana's hat
17. Hawaiian island
18. Prague dough
19. Barnyard baby
20. The perfect spot
21. Type of party
22. Be silent, musically
23. Brief argument
24. English sentence, where do you almost always find the main verb?
25. MUSIC: Which pop singer starred in and wrote the songs for the movie "Purple Rain?"
26. "No more!"
27. "Take back"
28. Noggin picnic treat?
29. Tiny particle
30. Express feelings
31. Mark's replacement?
32. Not less
33. Polish
34. "Oh my__"
35. Crown
36. "No more!"
37. "I hate to_____dead horse"
38. "Howdy"
39. "Blame the Rain"
40. Unexpecting and exasperating
41. --booboo
42. -boo
43. Brynmore Russian ruler
44. Regarding
45. Alternative
46. Apply (as in pressure)
47. "19 of 19"
48. "Psychic Wins Lottery?"
49. Committee
50. Big name in software
51. Knight's protection
52. Knight's protection
53. Native Israeliite
54. "What's the big ____________"
55. Aware of
56. Scent
57. Put away
58. -Hunt
59. Lady's partner
60. Slaughter of the diamond
61. LAX abbr.
62. Star

Down
1. "I hate to _____ dead horse"
2. "Howdy"
3. "Blame the Rain"
4. "Psychic Wins Lottery?"
5. Committee
6. Big name in software
7. Knight's protection
8. Knight's protection
9. Native Israeliite
10. "What's the big ____________"
11. Aware of
12. Scent
13. Put away
14. Hunt
15. LAX abbr.
16. Star

Crossword 101

By Ed Canty

Art Calendar

The Shoreline Community College Gallery is having a student exhibit called "Reading from Arcturus." This is entitled Shoreline Student Exhibition 2005. This gallery opening will be from May 13 - August 4. Gallery hours are from Monday - Friday 9-5 p.m. For more information call 206-546-4101, ext. 4433. • Movie Fridays shows different movies every week. The following movie for May 27 is still to be announced. It's a class but free, you must register for each one at the door. Following the film is a discussion and reflection about the film. It's starts at 1 p.m. in Building 26 room 213. • Highline's Arcturus 2005 is having a celebration of student essays, short stories, poetry, and art. This will be held on Tues. Day, May 31 in Building 7. The Gallery is located at the Kent City Hall, 220 Fourth Avenue South on the fourth floor. For more information, contact the Visual Arts Coordinator Brenda Abney at 253-856-5058. Or email the City of Kent Arts Commission at babney@ci.kent.wa.us or visit www.ci.kent.wa.us/arts.

O\nQuotable Quote

Here's something to think about: How come you never see a headline like 'Psychic Wins Lottery?'

• • •

Jay Leno

Arts Calendar

CRITICAL THINKING

Ready Cash

(c) 2005 King Features Synd., Inc.
By Trevor Kulvi

**STAFF REPORTERS**

Track teams in the NWAACC are all getting ready to give their all at the NWAACC Championship meet beginning today and wrapping up tomorrow.

The coaches are favoring Spokane, Lane and defending champ Highline for the men.

"Spokane's men seem pretty confident, however I think the dark horse is either Lane or Highline," said head coach Dave Caldwell from Clark. "Spokane is simply too deep for the rest of the conference."

Spokane's team is deep in almost every event. Leading the way for Spokane is Andrew Fuller who is qualified for the 800, 1,500, 5,000, and the 3,000-meter steeplechase.

Mike Ogwelo is another Spokane runner qualified for multiple events. Ogwelo has qualified for the 5,000, 10,000 and the 3,000-meter steeplechase.

It's the same story on the women's side. Spokane will be looking to Morly Burt. Burt won the women's heptathlon back on May 1 and 2 and will be a contender in every event she is in. Burt is qualified in the 100 and 200-meter runs and both the 100 and 400-meter hurdles, and the high jump.

The rest of the Lady Spaghoos team is scattered throughout the competition. "Lane will be hard to beat," said Dan Neal, head track and field coach from Southwestern Oregon.

Lane is also a deep team, their depth will allow them to be competitive with Spokane.

Leading the Lane's men's team is Phil Alexander. He is seeded second in the 100 meters, first in the 200 and first in the 400 meters.

Their depth extends past Alexander with AJ Casteel, who is seeded first in the 800 meters and second in the 1,500, and Matt Bamhart, who is fourth in the 5,000 and second in the 10,000.

For the Lane women, Katie Gilbert will lead the team in the distance races.

Gilbert is seeded second in the 3,000-meter run and currently seeded third in the 5,000-meter run and holds the number two position in the 10,000-meter run.

Lane's expertise in the 400-meter run could cause some damage because they hold four of the top eight spots.

Another team that might be able to slip in to the top three is Clackamas.

Leading the way for Clackamas is distance ace John Butkey. Butkey comes into the championship meet as the reigning cross-country champ and the defending 5,000 meter champ and is currently the league leader in the 10,000-meter run.

Also leading Clackamas is the trio of Josh Cobb, Trevor Snook, and Ina Lafontaine.

On the women's side for Clackamas, Erin Shader is first in the pole vault and sixth in the long jump.

The rest of the Cougar squad is well spread out throughout the competition, which may give them the extra edge needed to win.

Clark will have a hard time competing after losing former head coach Erik Anderson last season, who now is an assistant at Spokane.

New coach Caldwell said, "it will be difficult for a trophy on either side for us."

Caldwell thinks his women's squad has a better chance at winning the relays, "Our women have the best shot at any of the top three spots."

Kate Burton is the favorite in the hammer throw after setting a new national junior college record with a throw of 197 feet 10 inches and Caldwell expects her to break the 200-foot barrier.

The women's distance team is strong with Marie Birkbasca, Katie Dye, Audra McNally, and Brennan Merece.

"I think that Southwestern's best hope in the women's competition is Alyssa Timp in the 100 and 200," said Dan Neal, head track coach at Southwestern Oregon.

Timp leads the league in the 100 meters with a time of 12.31 and trails the top seed in the 200 by only eight one hundredths of a second.

Distance runner Jessica Pidgon could score points as well while currently being seeded fifth in the 10,000.

For the men, Southwestern Oregon will rely on Devon Jones in the long jump.

The locals from Mount Hood could very well have a few of their athletes score as well.

For the women, Mount Hood expects great things from pole vaulter Jessie Gallaher, sprinter Brittany Grizzard, distance runner Michel Wilson and jumper Christian Atleeberger.

The Chucks of Treasure Valley don't have much depth so it will be really hard for them to score points.

Treasure Valley will only be sending three athletes total and all three are on the men's side. Treasure Valley has a really good shot at winning in the 110 and 400-meter hurdles. Keith Williams is ranked second in the 110 and first in the 400.

For the men, Spokane, Lane, and Highline are the favorites. The women favorites are Spokane, Lane, and third is going to be a tough battle.

At last season's championship meet for the men, Highline won, followed in order by Spokane, Clackamas, Clark, Lane, SW Oregon, Mount Hood, and Treasure Valley.

Spokane won for the women last season followed in order by Lane, Clark, Clackamas, Highline, SW Oregon, Mount Hood, and Treasure Valley.

Women could place in the top three at NWAACC's

By Trevor Kulvi

**STAFF REPORTER**

The time has come for the women's track and field squads to show how much their hard work has paid off.

Today starts the two-day NWAACC Track and Field Championships hosted by Mount Hood Community College.

Everyone has been working hard for the championships and will now be ready to strut their stuff.

The Lady T-Birds have their eyes set on a top three finish at the championships and this year's squad has a really good chance of bringing home its first ever trophy in the schools storied program.

Highline should be able to hang with top contenders Spokane and Lane Community Colleges and produce a few individual champions.

"Lane is the favorite on the women's side of the coin," said Larry Beatty, head track coach at Spokane.

Distance ace Stiges Marshall will be the top distance runner at the championships and could very well bring home four individual titles in the 1,500, 3,000, 5,000 and 10,000-meter runs.

"Only event she could lose is the 1,500-meter run," said Beatty. "No one can touch her in the 3,000, 5,000 or the 10,000."

"Stiges' only race will be in the 1,500 meters," said Head Coach Robert Yates. Marshall's lead in the 1,500 is only five seconds and it would very well could be a tight race.

Sophomore Zori Garamischuk also could bring home multiple individual championships.

With league-leading times in both the 200 and 400 meters, Garamischuk's presence and speed will help Highline contend.

Highline wins in both the 4x100 and the 4x400 meter relays could very well win and help the team towards its goal.

Everyone in the league feels that it could come down to both Highline and Spokane in the relays because they are separated by only 21 hundredths of a second in the 4x100 and by one second in the 4x400.

Also joining Garamischuk in the sprinters will be the duo of Monaka White and Carolyn Norman who will double up in the 100 and 200-meter runs.
Men prepare to defend gold at NWAACC’s

BY MARK KNIGHT

STAFF REPORTER

The Highline men’s track team is heading to the NWAACC championships on May 26 and 27 to defend their title from last year. The T-Birds are going into the finale with 15 championship points from the Multi-Events championships on May 2 and 3. The T-Birds are expected to finish in the top three at the championships along with Lane and Spokane.

"SCC (Spokane) has the depth but if HCC (Highline) or LCC (Lane) get outstanding marks, then that team will win," said Mount Hood Head Coach Tony Baracco. Highline has a lot of depth this year with outstanding marks in many events. Moody is one of the top athletes for Highline and is expected to do well at the championships. He is competing in the 100 meters, long jump, triple jump, high jump, discus, and the javelin. He also may be competing in the 4x100-meter relay for Highline.

Head Coach Robert Yates for Highline doesn’t want Moody to over-commit too many events. At the Ken Foreman Invite, Ricky Moody participated in the 4x100-meter relay, which left the team only seconds off a school record, and came in second in the conference, awarding him championship points.

Brynnen McIver also scored points at the Multi-Event Championships. McIver is also expected to receive more points at the upcoming championships. He will be competing in four events: 100-meter dash, long jump, triple jump, and high jump. These two multi-event athletes are going to help Highline get into one of the top three spots.

Highline also could win the 4x100 relay because they are only behind Lane by .12 seconds. In the sprints, Highline will be led by Bruce Hubbard who holds the top seed in the championship in the 100 meters, and he holds the fourth seed in the 200 meters.

Highline is really deep in the 100 meters with five guys competing in that event. Lane Head Coach Grady O’Connor is worried that Highline’s sprints are deep enough to bring the T-Birds home some individual championships and many points. He is also worried about the depth of the T-Bird’s jumps. Only Highline athletes are qualified for the triple jump so the T-Birds will definitely bring home an individual champion. The three Highline athletes in the triple jump are James Turner, McIver, and Moody. In the high jump, Highline’s Rahoon Reggler is leading the way, with three other Highline athletes competing in that event; Moody, McIver, and Turner.

Moody is also competing in the long jump in which he is the number one seed. The T-Birds also have McIver and Larry Mays in that event.

Leading the distance team is David Larpeneteur, who is expected to do very well in the 3,000 meter steeplechase and will also be running in the 5,000-meter race. Robert Bartholomew and Josh Frazier will be running in the 5,000 meters and the 10,000 meters.

Also competing in the 10,000 meters is Trevor Kulvi who is seeded seventh behind Bartholomew and Frazier. Highline will put up some tough competition, but will need to respond to top competitors Lane and Spokane. The championship meet is at Mount Hood, Ore. on May 26 and 27.

Women

continued from page 9

“Allysa Tibbs of Lane CC is the favorite in the 100-meter dash,” said BYU.

“Monaka White has an outside shot at winning but did not look good at the Ken Foreman Invite.”

Freshman Kerry McHugh will also run in the sprints, plus double up in both the 100 and 400-meter hurdles.

Alvin Jones and Brynnen McIver participating in their last practice before the NWAACC Championships

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Lessons in accountability leads teams to success

Having been sports editor now for three quarters, I have had the opportunity to get to know many of the coaches and gain an insight into what they have come to expect from their athletes.

Throughout my interviews with the different coaches, there has been one word that has been expressed that got me to think about how it applies to athletics. That word is “accountability.”

Within the realm of everyday life, accountability is understood as taking responsibility for one’s actions. However, how does that relate to competition? For example, the third baseman fields a grounder and makes the throw to first base. The throw is high and the first baseman doesn’t catch the ball. Who is responsible for the mistake?

If this were the traditional definition of accountability, then it would be simple. The third baseman needs to work on making a better throw, but the first baseman should also do what he can to make the throw doesn’t get past him.

The accountability that I am writing about is more about being a contributing member of society and in this case being a contributing member of the team.

I have had the opportunity to cover two teams personally this year: the men’s soccer team and the women’s basketball team. Both of these teams had different outcomes when the final whistle blew on their seasons.

However, one thing was apparent. The teams knew that they were accountable for the results of their season, they couldn’t blame anyone else for where they finished.

Consequently, the men’s soccer team won the NWAACC title and the women’s basketball team lost in the third round of the NWAACC tournament to Lower Columbia in the final minute of regulation.

The men played a solid season and dug down deep inside themselves after suffering a disappointing loss to Bellevue. The loss fueled the fire and desire which inevitably pushed them to put forth every ounce of energy they had and that led them to the title.

The women started out the season hot, maybe too hot so they got a little too cocky.

They struggled through the middle of the season before they too dug down and found that extra gear within themselves that changed them from a demoralized unit into being a team that many other coaches expect to be vying for the title.

Unfortunately, a first round loss to Clackamas and an exhausting game against Peninsula in the second round spelled the difference.

You may be wondering how this exhibits accountability as I have described it. At any given time, any of the athletes could have given into their own personal goals and began playing selfishly.

However, when push came to shove, these athletes shoved back. The men’s soccer team looked to Sophomore forward Anthony Melchior as their premier scorer throughout much of the season.

Melchior had 17 goals in the first 16 games of the regular season. However, Melchior was unable to score in the final eight games including the three games in the tournament.

His statistical highlight for the tournament was an assist to Brian Koo who scored the second goal in the championship game.

Melchior was not the only member of the team to put aside his own personal statistics for the betterment of the team. However, his probably was the most noticeably noticed.

The women’s basketball team was able to come together and finish out the season with a five-game winning streak.

The winning streak combined with the confidence that they had in each other put them in a good position to play spoiler going into the tournament.

For both teams, one thing became apparent as the seasons progressed. When a teammate would falter, others would be there to help pick them up.

Being accountable for yourself is a great thing, it is very hard for individuals to take responsibility for their actions without fear of the consequences.

However, for a group of individuals to be accountable to each other in a team, family or as coworkers shows that there is a mutual respect for one another and that everybody is striving for the same goal.

As I look back at both teams I believe that if you put them both back into their respective tournaments, the men again would come out victorious.

The women without a doubt in my mind came together in the final game of their season. They scrapped, fought and played basketball the way they knew how.

They played together for 48 minutes and unfortunately fell short of their goal but put them in that situation again, they would have beaten Clackamas and would have brought home a women’s NWAACC basketball championship.

Being accountable to your teammates is something that is taught in one form or another by Highline’s coaches, this helps to create the family atmosphere with which these players use to push themselves to the next level.
Program gets students’ heart rates up

BY SHIRVON HAYNES  STAFF REPORTER

Students who are serious about working in the medical field have a chance to enter Highline’s competitive nursing program in the fall.

This three-year program is for those who are committed to the medical field.

The application process is quite extensive and very competitive.

“Potential students are placed in a two or three-year program depending on their previous experience,” Barbarn Smith, department coordinator said.

Students with no prior medical experience are required to take prerequisite classes for the first year.

Those who have medical experience can start taking nursing classes their first year.

Acceptance is based on your GPA, additional college degrees and a written essay test to determine critical thinking skills.

The first 45 applicants with the highest ranking score are accepted into the program.

All others must re-apply for the following Fall Quarter, and there is no waiting list.

Students are taught how to check vital signs, take blood pressure, and to put IV’s and catheters.

Advanced topics are learning how to deal with acute brain disorders and heart failure.

After each subject is learned, a faculty member takes a group of eight to 10 students to a local clinic or nursing home facility.

The students practice the latest nursing techniques on patients.

This on-hand work experience will continue until graduation and some students may be hired as employees in local area hospitals.

Classes are held in Building 26, in a large room that is fully equipped with medical labs, hospital beds, medical drawings, patient mannequins and textbooks.

“It is very convenient to have everything in one building,” said Gurvin Der Kaut, who is studying to be an RN.

“We get to know one another and give each other advice, we have become like family,” said Kaut.

Most women are students, while 10 to 20 percent are men.

“The faculty is really supportive because male nurses are in high demand; they called and emailed me, encouraging me to do well,” Forson Boateng said.

Forson is the only male student nurse enrolled in the LPN program.

The nursing program at Highline consists of three areas of study: nursing assistants, licensed practical nurse and registered nurse.

A nursing assistant does most of the physical work such as changing bandages and checking vital signs.

Licensed practitioner nurses may assist with medicine and treatment.

Registered nurses are responsible for planning and evaluation of treatment.

There is usually a 100 percent employee ratio and less than 7 percent drop-out rate.

“In addition to lab work, students are taught critical learning skills such as greeting and introducing themselves to patients, and checking the wristband for proper identification,” Department Coordinator Barbara Smith said.

“Students also learn how to read previous medical history and administer the right medication,” said Smith.

Nursing students graduate after three years with other Highline students and are given a nursing pen from the college.

After graduation, students have to take another test to be certified.

Chrystina Schliemann is counting down the days to graduation.

She is currently working part-time in the emergency room at St. Francis Hospital.

She will be hired full-time as a registered nurse after graduation.

“My advice to future nursing students is to not let competition affect your ability to learn the information being taught,” said Schliemann.

For more detailed information, visit the nursing program website at www.highline.edu

The nursing program can also be reached at 206-878-3710, ext. 3181.

Role models for children found at Big Brothers Big Sisters

BY ALEXANDER MCVIER  STAFF REPORTER

Big Brothers Big Sisters helps children out by providing them with a role model.

“A lot of the children just need someone to look up to,” volunteer Hayley Norton said.

Norton has been in the program since last September.

According to their website www.bbbsa.org, the Big Brothers Big Sisters mission is to help children reach their potential through professionally supported, one-to-one relationships with measurable impact.

The organization hopes to provide a successful mentoring relationship for all children who need and want them.

“The teachers of the students show a lot of appreciation for the program,” said Norton.

“The teachers notice that the students do better in class, and get along better with other students,” Norton said that there are two different parts of the program a person can volunteer in.

There is the community program, for which you must be 18 or older, and the school program, which you can do if you are 16 or older. In the community program, you need to be 18 because you usually need to drive around with the child, or children in the car.

In the school program, volunteers hang out with the child at school for an hour once a week.

In the community program, volunteers work with the child once a month all day.

Director of Marketing and Recruitment John Bowers said that Big Brothers Big Sisters in Seattle has around 1,500 volunteers, and 1,500 kids.

Bowers started with Big Brothers Big Sisters January of last year. He has worked with various non-profit organizations but said he decided to work with Big Brothers Big Sisters because he had worked for other non-profit marketing groups, but he wanted to make an impact on the children.

“I am not able to be a Big Brother at the moment, because of the aggressive goals we are trying to meet for this year,” said Bowers.

Big Brothers Big Sisters has grown 21 percent between 2003 and 2004, Bowers said. “We would like to grow another 21 percent for 2005,” said Bowers.

Big Brothers Big Sisters are currently looking for male volunteers, but they will accepting either male or female volunteers.

“At any one moment, we have around 300 kids that need to be matched with a Big Brother or Big Sister,” said Bowers.

If you want to volunteer for the program, you can contact the organization and fill out an application.

There will be an interview and a background check.

The Seattle office is located at 1600 S. Graham St.

The Tacoma office is located at 1401 Pacific Avenue, Suite 310C.

For more information, call 206-763-9060.
Worker retraining gets the job done

BY GRAYLA SYME
STAFF REPORTER

The Worker Retraining Program has been helping laid off workers gain skills they need to at least get back to their original financial status. Eligibility for this program can be a variety of situations - being unemployed, the job is about to lay off, dependent on another person’s income but no longer being supported by that income, and self-employed and facing economic problems. “We want to get them back to tax payers as soon as possible, it helps our economy,” said John Huber, program manager of the Worker Retraining program. Huber writes the grants, does outreach for the program, works with program coordinators, helps graduates find jobs, advises students, and helps plan classes. The students are enrolled into professional technical programs such as arts and communications, business, health and human services, and industry and technology. "Most students are here from one to two years," Huber said. Student Lorna Rosario said the program is very helpful; she is in the Worker Retraining Program. "At the time I didn’t have any funding for school and I was a disabled worker, whatever I didn’t have funding for they did," Rosario said. Rosario has been in the program for two years and will be graduating from Respiratory Care this quarter. The retraining program has been at Highline for about 10 years. Qualifications are minimum compass test scores and high school diploma or GED. The program is regular tuition, but gives out $4,000 a year to students to help with the costs. “They need skills and we help them get those,” Huber said. Students can even get advanced registration which is one day before everyone else so that they can make sure that they get the classes they need. We help with unemployment, other funds, and monitor progress. We also help with some personal assistance such as child care, Huber said. “Most of the students are in business occupa- tions.” Huber said Highline had some good outcomes from para- legal graduates; some of them are making $50,000 to $60,000 a year. There are about 400 active students in the program right now and about 50 of them are in paralegal. For more information, contact Huber at 206-878-3710 ext. 3071, or visit the Worker Retraining office located in Building 19, room 107.

Money comes short when selling back textbooks

Textbook buy - back's don't add up to original price

BY BEN PESICKA
STAFF REPORTER

Almost all Highline students feel that their textbooks are too expensive. According to Grayson Sabia, a Highline student, the prices are ridiculous. “Prices of books have steadily gone up,” Randy Fisher, Highline bookstore director said. “We lobby publishers all the time [to lower their prices],” he said.

Fisher explained that the faculty will place orders with the bookstore, and then the bookstore will fill the orders one quarter before the books are needed. The bookstore has no control over how expensive the books they order are, since the faculty, not the bookstore, chooses the specific books.

Besides, the publishers are supposed to turn a profit, said Fisher. Each year the bookstore takes in about $2.7 million, which is a standard amount among community colleges. Fisher encouraged students to try to buy used books. “We try our hardest to get as many used books as possible,” he said.

A big advantage to buying used books is that they cost only 75 percent of the new price. Also, when the books are sold back, the student receives 50 percent of what the book would have cost new.

So, students who take Fisher’s advice end up paying only 25 percent of what the new book would have cost. Of course this won’t make you feel any better when you have to shell out $150 for a brand new book because the bookstore didn’t carry a used copy. What’s more, sometimes certain books will not be accept- ed for buy-back because a new edition has been introduced, so students end up getting nothing back for those books.

Because of this, several students have turned to websites such as Amazon.com to get much lower prices. One entire class even paid another of their fellow students to buy the textbook and make photocopies of the pages they needed for each class, so they could all save some money.

But, “If they buy it at Amazon, they can’t return it here,” said Fisher. The high price of textbooks seems to be something that Highline students are probably going to have to live with.

That doesn’t make it any less of a pain though. Chris Cahm, a Highline student, said, “I’d be better if we could rent them.”

RESPITE CARE PROJECT

Highline has a project linking students from our school to families with children of special needs. Students become contracted through DSHS by completing the paperwork and a background check. Once this is completed they can begin assisting their community and providing services to children with disabilities (ages 0-18)

BENEFITS FOR STUDENTS

• Hourly pay $8.93
• Medical Benefits (optional) • Cooperative Education Internship • Human Service Practicum Hours

To utilize the Respite Care Project as an internship or as part of one, you need to complete the paperwork process 4 weeks prior to the quarter you wish to start.

If you have any questions, please call Cindy Schlichting, coordinator, or Joe Magnus, student coordinator at (206) 878-3710, or E-mail: rcare@highline.edu

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Coffee lovers find refuge at local café

BY MARY RAAB

Debra’s Café at Marine View Espresso is a coffee shop that is decorated with vibrant colors and one that will catch your eye and draw you in.

Upon entering, you’re greeted by smiling servers with a positive attitude and willingness to give you the best service as possible.

“It’s all about the customers. We really focus on our service and the quality of our products,” said owner Debra Perkins.

The shop is best known for its sandwiches and soups.

Meanwhile, the prices are inexpensive for the amount of food offered.

“You get a lot, and most people can only eat half of a sandwich,” said Perkins.

The menu features a variety of sandwiches that are all named after places that are related to Des Moines.

They have a peanut butter and jelly sandwich named Des Moines Elementary for the children.

Other sandwich names include Salt Water Park, Marina Pier and Highline Community College.

All of their ingredients and products are fresh and made daily.

“It’s a very healthy menu,” said Perkins.

Debra’s offers side dishes as well. Pasta salad, potato salad and chicken caesar salad are all options.

There are many drinks to choose from: lattes, mochas, assorted beer and wine, espresso shakes, frappuccinos, smoothies, ice cream shakes, juice, pop and more.

The key to their great sandwiches and food is good product and great service.

“It’s a great place to bring your friends and family and enjoy a great product and friendly service,” said Perkins.

The store opened in 2000 and has had great success ever since.

Located on 21904 Marine View Drive South, the shop has the opportunity to reach new customers while still serving the regulars.

The previous location was across the street where Tyrone’s Pit is now.

Perkins bought and opened her business at the older location in 1995, which was called Gourmet Coffee.

She never expected it to grow as much as it did in just seven years.

When business got too busy,

The Thunderword

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THE THUNDERWORD
Club shares secrets of financial success

By M.G. Pukul

STAFF REPORTER

Multi-millionaire Dr. Steve Hines spoke last Thursday at the Rich Dad Poor Dad club meeting.

Rich Dad Poor Dad, a club at Highline, was formed last quarter by students Jeff Yoon and Arthur Lee.

Each month Yoon lines up guest speakers, who are successful businessmen in the community, to share their money making strategies with the club.

Dr. Hines said he has done many things over the years to make money and be successful, like being a venture capitalist, banker, real estate investor and ophthalmologist.

Nobody succeeds alone and everyone successful needs mentors, he said.

Dr. Hines said that Oprah Winfrey, Martha Stewart and Donald Trump all have teams of people around them helping them be successful.

Some of the biggest challenges people will face in life are “emotional and mental barriers,” Dr. Hines said.

“Everything is about how you program your mind,” Dr. Hines said.

“To be wealthy you have to get rid of some of the garbage. I’ve surrounded myself with thousands of very successful and talented people who are smarter than me, so who is the smart one?” Dr. Hines said.

Yoon and Lee met last quarter in a Chinese class.

Yoon walked in class one day and saw Lee reading the popular book Rich Dad Poor Dad by Robert Kiyosaki.

“We started talking about it and we were like, let’s start a club and meet more people who are interested in getting rich or being educated in this area of our life.”

Rich Dad Poor Dad is a book that talks about two hard-working men who were successful in their careers.

They both earned good incomes, but upon their death, one left millions to family, church and charity and the other left a legacy of unpaid bills to his family.

In the book, Kiyosaki describes his biological father as his Poor Dad.

His “Poor Dad” earned a Ph.D. and pursued a career in education and later became the head of the education department of the State of Hawaii.

Kiyosaki’s “Rich Dad” is actually his best friend’s father.

“Everything is about how you program your mind.”

- Dr. Steve Hines, multi-millionaire

who became a successful businessman and multi-millionaire after dropping out of school in the eighth grade.

Kiyosaki developed a father-son relationship with his best friend’s dad and credits him for the knowledge he gained to help him achieve his financial wealth.

“If you haven’t read the book, you should, and then you will understand what we are talking about,” Club President Yoon said.

The club meets every Thursday at 1 p.m.

The meetings are located in room 301, on the third floor of the Student Union.

“We thought that forming a network of people will help guide each of us to our road to wealth,” Yoon said.

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Arsenic

Agreed to do anything before the bill was passed.

"Ignorance is bliss," said Upthegrove. "If testing is done and levels are found, that means money to pay for the clean-up."

The state has gone after the Asarco plant and they are currently paying to help with some of the clean-up, but even though they will not pay for the source of the dumping of arsenic they are complying with the law so they cannot be charged with anything.

"The tax payers (should be paying)," they're our kids," says Democrats of HCC secretary, Jessica Brown.

An interim project staff is in charge of doing the testing, areas with high level contamination will have to fix the problem.

"The testing is not intrusive, we will work with the facilities. We're not going to be walking around in big, white biohazard suits scaring everyone. Someone will just drive by at a time that's convenient for the facility owner and take a sample of soil," said Upthegrove.

"When elevated levels are found, grant money is available for soil remediation so no one gets stuck with the bill," said Upthegrove.

There is a six-month grace period for problem areas to clean up before action is taken against them.

As a penalty for not taking action, day care licenses will be denied renewal and a letter would be sent out of families that have known dangerous levels were found and nothing was done.

All schools and daycare facilities must be tested before December 2009 or else action will be taken against them.

The Health Department is keeping track of who has tested and who hasn't, as well as which facilities have been opened and closed regarding family-homecare facilities, said Upthegrove.

"If you're concerned about your local daycare, ask the provider if they've been tested as well as to see how they're operating," said Upthegrove. "Also make sure kids are washing their hands."

Business staff wanted

The Thunderword is looking for an advertising manager, business manager, and office manager for Fall Quarter. If interested, please stop by the newsroom in Building 10-106, call 206-878-3710 ext. 3317 or email at tword@highline.edu