Highline hopes for new health building

BY OLIVA DE LEON
STAFF REPORTER

Highline hopes to make a healthy new building. The new building will be called the Allied Health Building, if the college can secure funding from the Legislature in 2006. Highline's current science buildings are in need of remodeling, said Office officials. "The old buildings are coming to their 30 year mark and are falling apart," Vice President for Administration Dr. Laura Saunders said. "The buildings were built inexpensively." The current buildings are small and are insufficient for growth and energy use. "The new building will also accommodate growth of our campus," Dr. Saunders said.

The Allied Health Building will provide space for instructional biology, allied health nursing, medical assisting, respiratory care, sleep technician, optical technician, and physical education. "We are outgrowing the biology department and we want to expand but we can't with the current buildings," Biology

See Allied Health, page 22

Shirts shout for a message

BY MARY K. EDSON
STAFF REPORTER

A lot of people will be decorating t-shirts this morning in Building 6. It's a fun activity, but the interest is serious. It's part of observing Domestic Violence Awareness month, sponsored by Highline Women's Programs.

The t-shirt project began on Tuesday and continues today from 9 a.m. to 1 p.m. It is an activity for students and staff to be creative and expressive in decorating t-shirts for the awareness of domestic violence.

Tables are set up outside of the Women's Programs office downstairs in Building 6. T-shirts and supplies are provided. Some of the finished t-shirts will be on display in Building 6 throughout the month, and some will also be on display in Building 8 during the week of Oct. 10-14. Currently some t-shirts are on display in Building 6 from the project's previous years.

The t-shirt project has been done here on campus "for the past 10 years if not longer," said Marie Bruin, director of Women's Programs.

The t-shirt project originated from the Clothesline Project, a national project that started in Cape Cod, Mass. in 1990. The idea behind the t-shirt project, along with the Clothesline project, was to "air your dirty laundry," Bruin said.

Domestic violence is a serious issue, she said.

See Domestic Violence, page 12

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The Blend is back with style
See story, Page 6

Women's soccer still without a loss
See story, Page 8
Life is a risky business, Baer says

By Billy LeCompte Staff Reporter

Everything we do involves risk.

The handful of students and faculty that attended last Friday's science seminar hosted by Seminar Director Dr. Eric Baer on the science of risk assessment were made to realize just that.

Presenting such statistics as the chances of dying in a car accident in your lifetime (one in 100) to the risk of falling victim to a fatal air crash (one in 20,000), Baer did his best to show that there is risk in everything we do.

"We have to take risks in every day life," Baer said. "We accept certain risks in exchange for certain benefits."

When calculating risk, assessors use the mathematical equation Hazard times Value times Vulnerability.

Hazard is a good portion of the hour to talk about natural disasters and which U.S. cities are most vulnerable. Of course earthquakes in the Puget Sound area came up.

"I'll put it this way, our risk of a major earthquake in the Puget Sound area is six times that of a terrorist attack," said Baer.

Using the 1994 Northridge Earthquake in Los Angeles which everyone will be encouraged to read the same book.

Out of 102 people who voted, 51 percent chose Fast Food Nation, followed by 26 percent for Our Babies, Ourselves: How Biology and Culture Shape the Way We Parent by Meredith Small. In third place with 21 percent of the votes was Botany of Desire by Michael Pollan.

Fast Food Nation was written by Eric Schlosser. Published in January 2002, it is an indictment of the fast-food industry, and remains in the top 1,000 best-selling books at Amazon.

1,114 drawers get dropped

Highline Students and Staff have donated an overwhelming amount of underwear for the Drop York Drawers for Katrina and Rita Survivors underwear drive, said Bookstore Director Randy Fisher.

The drive produced a grand total of 1,114 pairs of underwear, the highest contributor was the Child Care department, said Fisher, followed by the Math Department.

"Heavenly Cappuccino donated a party-sub-sandwich to the winning department, because the cause was so close I bought a second sandwich to give to the Math Department," said Fisher.

The combined total of the Math and Child Care departments was 516 pairs, but these were of course not the only participants in the drive.

"This was not done by the bookstores, we were just the catalyst," said Fisher. "The whole community did this."

As need arises, will hold more food drives and drives for various groups and reasons, said Fisher, who wishes to thank all groups who donated to this great cause.

Hurricane tuition waiver offered

The Washington State Board of Community and Technical Colleges passed a resolution allowing college boards of trustees to grant operating fee waivers for residents from Louisiana, Mississippi, Alabama and Florida displaced as a result of Hurricane Katrina.

Highline's Board of Trustees authorized this resolution on Thursday, Sept. 29, 2005.

Now students affected by the hurricane can receive tuition for Highline at a significantly reduced rate.

An application for the Hurricane Katrina tuition waiver can be processed on the web or in person.

Students are required to meet with an Admissions/Entry Services representatives to submit the Katrina tuition waiver form.

Formations for the Katrina tuition waiver can be found online by contacting Director of Admissions/Entry Services, Laura Watson, at 206-878-3710, ext. 3693.
Nao Kawakami may not speak much, but the 22-year-old deaf Japanese native has a lot to say.

Kawakami was born deaf into a hearing family in Tokyo, Japan.

While pregnant, Kawakami’s mother was a victim of rubella, a mild viral eruptive disease capable of producing congenital defects in infants born to infected mothers.

Despite being classified as disabled, Kawakami never found it to be a problem.

"When I was in preschool, I was helped by many teachers and friends, so I didn’t think that being deaf is not good,” she wrote in an interview.

She speaks some, and she writes English fluently. Kawakami has a cheerful demeanor and a charming smile.

But as a deaf and foreign student, she must find ways to breach the walls of other people’s discomfort and hesitation.

Some problems arise in communication with the general public.

"When I communicate with someone, first, I try to speak, and if they don’t understand what I said, I try to write down on papers," Kawakami said.

Kawakami worked through elementary school, and even played volleyball in high school.

As an adult, she could be described as a normal woman, and loves shopping and reading books.

Kawakami attended a university in Japan until March of 2005.

She came here in September in order to further her studies.

"I want to learn English more," said Kawakami.

She is taking courses here at Highline in reading, managing customer service, and air transportation, while working toward her major in Travel and Transportation.

In the short time she has been here, she has already made a difference in the treatment of deaf people on campus.

"I think here, in America, they have a nice service for handicapped people, like taking notes for deaf students," Kawakami said.

In Japan, when I was in university, I had to look for note takers for me, and it was very hard." Kawakami uses the note-taking service offered by Highline to handicapped students.

A transcriber sits in on classes and types the information that professors and students speak.

New to the area, Kawakami is still searching for people to meet and places to go.

"I know only Federal Way and downtown Seattle," Kawakami said.”I want to know more places around here.”

She also is interested in becoming involved with the deaf community locally, hoping to make friends and improve her American Sign Language.

Japanese Sign Language, in which Kawakami is fluent, is different than ASL.

When her time here in America is complete, Kawakami plans to get a job back home in Japan. She might even travel back here someday for business or pleasure.

Despite facing some adversity as a deaf student in a foreign country, she counts her blessings.

"I’m a lucky girl," Kawakami said.

Preparing for transferring can help in the long run

Somewhere every student will face the inevitable realization that they cannot stay at Highline forever.

For students that are looking to transfer out of Highline to a four-year university the person that knows the most about transferring has a message, prepare right away.

"I’ve said this many times to students in the past: start early, it’s never too early to start thinking about transferring," said Siew Lai Lilley, the director of the Transfer Center.

"You don’t have to decide on your major right away, that’s not the key, but you want to start thinking about it as early as possible,” said Lilley.

Those students considering transferring to a four-year university can often times put off getting ready to transfer until the last minute, which is not such a smart idea.

"I’ve seen students who did not start planning until they were almost ready to graduate, and then their scrambling around looking for a school, they tell me, ‘I’ll go to any school that will take me,’ which is not a good way to transfer,” Lilley said.

Another good idea when thinking about transferring is to take advantage of the various workshops and seminars that four-year universities offer here on the Highline campus.

"Students will say, oh I wish someone told me, I wish I knew about this earlier, and that is why we have workshops on campus, we bring four-year schools to the campuses, and it takes a lot of planning and coordination to bring everything together, but I want to give students the opportunity to ask questions from these schools that are on campus,” said Lilley.

Workshops and transfer fairs are a good opportunity for students to get answers to any of the questions they might have about transferring to a specific school.

"Ask questions, you know the more questions students ask the more students know what their options are,” Lilley said.

Workshops and events are also a good chance for students to dispel of certain myths they may have heard about transferring, such as that the University of Washington is no longer accepting transfer students.

Taking advantage of faculty advisors is also a smart thing to do when considering transferring, faculty advisors can give you specific information on specific degrees that you may be interested in.

For those students that do not currently have a faculty advisor, Educational Planning in building six can set students up with advisors for their major.

“If a student is undecided that’s not a problem, we can also connect them with a faculty advisor who loves to advise undecided students or students exploring a field,” Lilley said.

For those students that are looking to transfer out of state, need more effort.

Students have a plethora of information and resources when considering where and when they would like to transfer.

For even more information regarding transferring, stop by the Educational Planning Center or contact Siew Lai Lilley at 206-878-3710, ext. 3936.
Editorial

Time to start saving for a parking garage

We need a parking garage, and we need it badly. Enrollment is down, parking has been expanded, and there still isn’t enough parking. Judging by the number of cars stacked up in places where we’re not supposed to park, the parking situation is still a problem.

And college officials say they’re mystified why fewer students want to come here. Hello: If you can’t find a place to park, you can’t get to class.

For many years now, parking has been a problem on this campus. Despite many efforts over the years, the college usually fails to take bold steps to resolve the issue. That was OK as long as the Midway Drive-in was available for overflow parking, but those days are gone. It’s time to take stronger action.

Parking a garage would be a costly venture, yes. But there are ways the funds can be narrowed. After all, did we not just complete the Highline Student Union building? If the college and its students can afford that, surely they can invest money in a proper parking garage. Honestly, wouldn’t adequate parking do more to attract students than a brick pizza oven with no apparent brick? And at an estimated $10 million, a parking garage would be cheaper than the Student Union (about $14 million).

To do that, it’s going to cost everyone money, but after years of repainting every lot to squeeze a few more slots into place, perhaps it’s time.

First, parking at Highline, compared to the rest of the Seattle area, is cheap. Raise the price of permits. A lot. If you want people to carpool, you have to make it worth their while to carpool. Similarly, the level of subsidy for bus passes still isn’t enough to actually encourage anyone to take the bus to school.

Second, students could be asked to vote to tax themselves to build the garage. Not popular? Most students didn’t even bother to vote the first time the Student Union surcharge was brought up, and it passed. But it’s nobody’s fault but your own if you don’t pay attention.

If we start building a construction fund now, someday we’ll get a parking garage. This will take some work. This would be a good project for Student Government to get behind. Furthermore, we need to apply pressure to the administration. It isn’t enough to endlessly complain about the situation if we aren’t willing to even offer an alternative.

The student body needs to realize that if they want things to change they need to be clear and concise, not only identifying the problem but suggesting a solution in a calm and even-headed manner.

The bottom line here is that if we want the parking problem to be solved, we need to demand change and we need to be willing to pay to make it happen. We can either continue complaining about the situation or do something to fix it.

Latino student speaks out

Passion can drive people to doing some extreme things, anywhere from declaring their love to a significant other on national television, to risking their own life in order to save lives or create change. Passion can also make you want to tell the world about who you are, and others who are like you.

A year ago, several students got together and revived one of the many clubs at Highline to have sunk in over the years: the Latino Association.

These students believed that it was important to educate others about all the Latino cultures. They were tired of hearing about the stereotypes, and were ready to create change.

Among their many plans to educate others about their culture, was the celebration of Hispanic Heritage Month, which was later renamed by the club as Latino Awareness Month. The club renamed this event because it’s not just about history and honoring the unsung heroes, but about education people about their surroundings.

During this month, they planned to give a brief description of their cultures through numerous event including panels, speakers, and a movie night. I am one of those students.

Latino Awareness Month isn’t something that we decided to do because we wanted people to know about our history and culture. We decided that it was something that would help us all in learning to cope with all the cultures that surround us. Many people tend to think that if a person speaks Spanish, he or she is Mexican and undocumented. Through this month-long-program, we want to explain that there’s more to the story than the title.

Some Latinos in the United States are Mexican, and undocumented, but many aren’t. Our purpose is to clarify some of the stereotypes that exist, which brought us to our theme of “Crossing borders towards the American Dream.” Borders are a common theme in our culture, and through Latino Awareness Month, we hope to eliminate some of the borders that divide us from everybody else, and vice versa. We also hope to influence people on embracing other cultures and learn about new boundaries.

Connecting with another culture isn’t about pointing out all your differences and saying that you can’t get along. As Latino author Gina Valdez said, “We are one people. There are many borders that divide us people, but for every border there exist a bridge.”

We are hopeful that through Latino Awareness Month will not only help you embrace the Latino culture, but all the other beautiful cultures that surround us everyday, and to find that bridge that will make you say, “We are the same.”

The passion for our culture has given the United Latino Association the strength and time (we’ve been planning this since last fall) to organize these events for everyone to enjoy and to better understand some of the people who surround you.

Martha Molina is a former copy editor for the Thunderword.

THE THUNDERWORD

OPINION

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Highline professor's provocative photos initiate Library Gallery's new season

BY KEITH DAIGLE  STAFF REPORTER

The photos on display in the library are as vivid, diverse and colorful as the photographer who took them.

Highline photography teacher Robert Stahl has several of his pictures on display in the library art gallery.

He is the first artist this quarter to display his work in the library. His pictures will remain up until the end of October.

Stahl is humbly evasive about his work, preferring to let it speak for itself.

Most of his pictures have extremely deep and vivid colors that give the picture a life of its own. He also uses contrasting colors for a dramatic effect.

One photo shows a woman holding a basket of green apples. The colors in the photo are otherwise predominantly dark and brown. The effect is almost one of a black and white photograph that's partially in color.

A landscape picture of a barn looks more like an impressionistic painting than a photograph. Stahl took two pictures of the barn, one in focus, and one out. Then, he pressed the two slides together, creating what is known as a photomontage.

Stahl has been taking pictures for more than 30 years. He got into photography while he was going to graduate school at Louisiana State University, working on the school's paper and the yearbook. He earned a bachelor's degree in history and philosophy from the University of Washington, and a master's in art history at Louisiana State.

A year out of college, Stahl began working for a company called Through the Lens Tours. Stahl worked as a guide who took people all over the world on photography tours.

"As a guide, you are helping them get good composition, helping them with their equipment and their technical problems," said Stahl.

Leading the tours took him all over the world, helping people focus their lenses in Afghanistan, Antarctica, France, Iceland, India, Kenya, Nepal, Peru, Patagonia, and also to several places in North America, including Alaska and the Northwest.

He had his first experience as a teacher in Japan, where he taught English for 14 months. Shortly after Stahl returned to the U.S., he began teaching photography part time at Highline. Two years after his start at Highline Stahl also began to work part time at Shoreline, where he still teaches.

Stahl has given lectures at the Seattle and Tacoma Photographers Societies.

The Cauze mix reggae and rock for a sweet sound

BY LUKE BERGGVIST  STAFF REPORTER

The Cauze has a cause; to be successful enough with music not to have to work the nine to five.

"Keep it positive," singer guitarist Ian Ayers said. "We always try to have the best time possible and I think that comes through in our songs and at our shows."

The Cauze is Ian Ayers, singer/guitarist; Billy McIntyre, drummer; and Ian Biggs, bass guitarist.

Formed six years ago The Cauze has seen their share of the music industry. They have opened for the Hawaiian reggae band Pepper, Long Beach Shortbus (comprised of former members of Sublime), and local acts such as Trott's Cottage.

"We usually try to play with other reggae bands," McIntyre said. "That's our style too as it just fits. One time we opened for Robby Krieger who used to play guitar for The Doors, that was crazy!"

They have also headlined at El Corazon (formerly the Graceland), The Showbox, and Studio Seven, all of which are clubs in the Seattle area.

The Cauze is currently signed to local independent record label Serum Records. "The Cauze is the only band on my label," Label Owner Marc Zuger said.

"They truly have great energy and stage presence and that's what got me excited to work with them."

They released a CD under Serum records called Rat City Music. They say the name comes from the band's first practice space which was in the basement of a house in White Center.

"White Center is called Rat City," McIntyre said. "So we went with that."

The CD is available at any of the bands shows. They played at Tommie's night club in the University District, Oct 1. In a room packed with patrons in their early to mid-20's The Cauze commanded attention.

"They're gonna hate me for this, but they sound like Sublime," Sara Mansfield said about the show. "It's cool, you know? Some people dance, like all our crazy friends. Everybody just has a good time."

The Cauze says their ultimate goal is to be able to make a living playing music. "We've made so many close friends in other bands," Ayers said. "I'll always have them."

"My advice to anybody getting started is never give up, never stop trying, and never listen to negativity from anybody. Stay positive and make the music you want to make," Ayers said.

The Cauze self describes their sound as a reggae and blues mix.

"We're influenced by all kinds of music. Bands like Slightly Stoopid, Bargain Music, Trott's Cottage, and even bands like Credence and The Police," Ayers said.

"I'm a huge classic rock fan," said McIntyre.

The Cauze plays the first Friday of every month at the Bamboo Bar & Grill on Alki Beach from 10 p.m. to 1 a.m. They will be playing at the Bamboo this Friday, October 7 at 10 p.m.

You can contact The Cauze by calling Ian Ayers at 206-413-6720.
Kyler England to play The Blend

By STEVIE FINK
STAFF REPORTER

Singer-songwriter Kyler England will add her sultry voice to the Blend next week at Highline’s Bistro.

England will perform her original songs Wednesday, Oct. 12 from 10:30 a.m. to 12:30 p.m.

At the age of 19 this popular artist started singing, and she has been living her dream ever since.

"This is what I have wanted since I was a little girl," said England, who is a native of Raleigh, N.C. She currently resides in Los Angeles.

She is currently on tour traveling the nation playing at pubs, concert halls, and college campuses.

She won first place in the 2004 Unsong International Contest, along with first place in the North Carolina Mid-Atlantic and Windrift songwriting contest held in 2004 for If You Want Me To.

England will also be performing at the Rocker Girl Music Conference held in Seattle Nov. 10-12. The conference is to promote, encourage and celebrate women’s achievements in the music industry and includes women of all ages and all styles.

"From the minute she picks up her acoustic guitar and the first notes escape her lips, the audience is drawn in and captivated by her warmth and charm. Her songs mostly deal with matters of life and love...transforming even the darkest emotions into dazzling works of beauty and perfection," wrote a reviewer in the Fordham Observer, the student newspaper of Fordham College in New York City.

England calls her style of music "acoustic-based rock...a mix between Sarah McLachlan and Coldplay."

England writes most of what she performs.

She writes on things that have "impacted me emotionally," something that "moves me," she said.

According to her website she gets much of her inspiration from Patty Griffin, Sarah McLachlan, Coldplay, David Gray, Sheryl Crow, U2, Joni Mitchell, Jonatha Brooke, and Radiohead.

She currently has three CDs released through the record label Gypsy Rock Records. You can buy her CDs on her site at kylerengland.com, amazon.com, or cdbaby.com. She has played with many different artists including Sting, Annie Lennox, Melissa Etheridge, Teena, and Vienna Teng.

Truce: a band built from a compromise

BY ALEX CAHAN
STAFF REPORTER

A series of arguments among band members led to a Truce, and the results are encouraging.

Truce is a Kent-based band that took its name from an argument among the members.

The members had started out with a list of names, and no one could agree on what to use. Eventually bassist Alex Budinich told everyone that they needed to stop arguing and form a truce - and a name was found.

Truce plays rock music with influences ranging from Led Zeppelin to Finch. With their melodic guitars, powerful drums, and a steady bass, Truce has been steadily gaining fans with every performance.

When they first started performing, they gave away their albums at each show, because it was only friends that came to watch.

"And then we noticed people we've never seen before coming to get CDs," said drummer Alex Eldridge. They gave away 7000 CDs in the last year alone, and have now begun to charge a small fee for their albums. However, they do have free downloads on several websites.

Truce was formed in June 2003. "We created a band by recruiting the best musicians from local bands," said lead guitarist and former Highline student T.L. Terrell.

The members had played local gigs together before, and formed a friendship. "I wanted to play with these guys for a long time, and I eventually forced myself into their band," said Adrian Zender, the lead singer.

The line up now consists of Zender from Real Life Hero of Bellingham; Eldridge, from Federal Way's Furious George; and Terrell, Budinich, and David Rispoli (rhythm guitar) from Seattle's Second to None. Rispoli and Terrell are also backing vocalists.

The band does not like to be classified to any particular genre. While they used to claim to be a pop/punk band they have now simplified it to just being straight rock.

"Too many bands bring in too many parts of too many genres. We just want to be a rock band," said Zender.

As well as Led Zeppelin and Finch, the band members have also credited their influences to less well known bands such as Anberlin and Story of the Year.

"We especially like Story of the Year for their live acts and song complexity," said Zender. The band has been building major success over the years. "You keep setting goals. You meet one, you make another and move ahead," said Zender.

"Our main goal is to quit our jobs and do this," said drummer Eldridge.

They spend a lot of time working on music to shop (music business lingo for music to be solicited and submitted). They are currently unsigned, but have a new producer who is more experienced in the business.

Another goal they have is to perform their lives shows consistently spectacular.

"We want our shows to be energetic. People pay money to see us, but they don't want to watch us just stand around. We strive to be entertaining on stage," said Zender.

A third goal is to keep writing new music. Zender or Terrell write most of the lyrics, but the music is a collaborative effort by the other members. "We start with an idea, and everyone just plays their instruments until it works," said Zender.

Truce’s lyrics tend to be positive, but they encourage the listener to find the greater meaning. "We want to encourage people to think, to question what surrounds us - to find a hope within the chaos. All these crappy things happen to us and we need to find hope," said Zender.

The band mates appreciate it when their fans take their lyrics to heart. Also, writing new music is always fun. "It makes things different and it feels good during practice to do something new," said Zender.

The best part of performing for them is to see the fan’s reactions. "When you’re up on stage and someone is screaming your lyrics, someone you’ve never seen before, you’re like - wow, that’s cool," said Eldridge.

But being in a band has its downside as well. "I think the
Truce

Continued from page 6

No. 1 difficulty is keeping everyone happy,” said Adrian. “Sometimes we get pissed at each other,” said Budnick, “but it all works out in the end.” “Everyone just needs to stay focused on the one common goal,” said Zender.

Truce currently has no plans for touring because their current focus is getting signed to a label. However, they did do a show in Los Angeles, and they do shows all over Western Washington. “We did a show in Bellingham once, and that’s almost Canada. We’ve almost gone international,” Elderidge said with a laugh.

While they all have lives outside Truce, the band still remains the priority. “I cut out of work if the band needs work to work on something,” said Budnick.

Truce is also known for being of their fans, and they are all grateful for this. “We love to meet fans. Just come introduce yourselves,” said Terrell. “We like long moonlit walks on the beach, puppies, and we love surprises,” added Elderidge.

Truce’s next performance is Oct. 8, at 7 p.m. at Highline Jr. High School in Burien. Truce music can be heard on either $9.99 KGBG or 99.9 KBRK.

Their music can also be heard on their websites Trucemusic.com, Myspace.com, and pure-volume.com
Lady T-Birds stay undefeated

Women's soccer remains in second place with sixth win

BY STEVE PIROTTE  STAFF REPORTER

The Highline women's soccer team has prepared itself for a title run by picking up a new goalkeeper.

The Lady T-Birds welcomed Bri Klassen, a transfer from Boise State. Klassen graduated from Decatur High School in 2003.

"I feel confident that we can make a title run this year," said Coach Jaimy McLaughlin.

"This makes us a much better team. I can keep my field players on the field so I have more depth."

With one win last week, Highline now has a 5-0-1 record, good for second place in the NWAACC West Division. Green River, 6-0-2, has played two more games.

The women kept pace by thrashing the winless Tritons of Edmonds.

Highline played the Tritons without a regular keeper in goal, but still managed a 5-0 victory. The victory was twice as important as Edmonds knocked the Lady T-Birds out of the playoffs in the first round last year.

"I felt like we really clicked well against Edmonds," said team captain Katie Keniston.

"But if we play a harder team, we'll have to come together more to win."

Against Edmonds, Lisa Overbo led the attack with three goals. Keniston added a goal and are assist, and Jessica Ventozza had one goal.

Nina Kups, Keniston, and Ventozza all shared time in goal and combined for the shutout.

The women still feel that they can continue their run of success with a true goalkeeper.

"We are a really well rounded team. Nobody is really a star player," said midfielder Jessica Wilson.

"Every game somebody different steps up."

Statistically, the team is very well rounded.

Forward Savannah Mercado is leading the team in scoring with six goals, followed closely by Overbo with five. Ventozza and Keniston each have four goals.

Sharing the team lead in assists is Stephany McLaughlin and Keniston with four each. Mercado has three, while Overbo and Whitney Owen each have two.

"Teamwork is what's winning us games right now, not individual talent," said Coach Jaimy McLaughlin.

Keeping the team working hard is assistant coach Tafara Pulse.

Pulse is a graduate of Seattle University and was a four-year starter there. She was an all-American her senior year.

"It helps to have different ideas. She is a very good assistant. When I ask her to do something she goes out and gets things done," said McLaughlin.

"It also helps to have a woman relating to women."

The team doesn't have any crucial internal problems.

"Every team has issues, but it's how you respond that makes you a good team or a bad team," McLaughlin said.

Today the Lady T-Birds traveled to Shoreline for a 2 o'clock game.

Shoreline is the only team the Lady T-Birds didn't beat in the previous six games.

In the last meeting between the two teams, Highline and Shoreline played to a 3-3 tie.

Highline was missing their No. 1 goalie, Nina Kups, in the previous meeting with Shoreline.

This time they will have Klassen at goal.

The team is poised to improve even more with the addition of Hiroko Kanoo. Kanoo is a transfer student from Japan.

She is currently ineligible but McLaughlin is working to get her on the field.

"Hopefully she will be eligible by the end of the week," said McLaughlin.

A midfielder or forward, Kanoo will give the team more depth and diversity in attack.

Next week the women travel to Green River on Oct. 8. The women then travel to Bremerton to play Olympic on Oct. 13.

Cross country finishes strong, still looking for improvement

BY TREVOR KULVI  STAFF REPORTER

SALEM -- The Highline men's and women's cross-country teams made huge improvements and came away with several personal bests at the 3A West Willamette Invite at Salem's Buach Pasture Park on Oct. 1.

With schools such as Washington, Oregon, Idaho, Iowa, and the Air Force Academy among the 77 teams at the meet. Six different races were run to accommodate all 1,300 runners.

The meet featured chip-timing technology to get accurate results for every athlete, with a chip in every runner's shoe.

This is the first time that this technology has been used in a NWAACC cross country event.

The results were good for

Highline.

The T-Bird men finished eighth in their flight, fifth among community college teams.

The women's team finished eighth in its flight, fourth among two-year schools.

In the men's race, the T-Birds were led by sophomore Hassan Khalif who had a time of 26:59 for 8 kilometers to finish 72nd out of 164 runners.

"Hassan had a great race and his training is starting to pay off," said Yates.

Finishing next for Highline was Noah McDonald-Robbins in a time of 27:25, placing 91st.

Freshman John Hurbrandt, who is still recovering from an injury, was 96th with a time of 27:37.

For the second straight meet, sophomore Mike Essig improved his time from last year's race.

Essig finished 97th, with a time of 27:39, down from last year's 32:06.

"I did all right, despite the fact the weather conditions were horrible and I am not in shape yet, but I am almost there," said Essig.

Freshman Brandt May was unable to finish the race because of a lingering back problem.

"Noah and Mike each had their best college cross country races of their careers," said Yates.

"If both John and Brandt can get up there with the top group of runners in our league, we could surprise a lot of people." Head Coach Robert Yates was pleased with his athlete's performances.

"I was very pleased to see how much both teams have improved since the Sundodger Invite," said Yates.

Coach Yates also was very pleased with the way the Lady T-Birds ran.

Freshman Sharae Barbour led the way for Highline covering the 5-kilometer race in 20:00. Her time was good enough to for 31st overall.

"Sharae was the fifth girl for the [NWAACC] league at the meet and has the potential to earn all-American Honors at the championship meet, possibly a top three finish," said Yates.

Melissa Better finished second for the T-Birds, 64th overall, with a time of 21:25.

One of the biggest improvements came from Cassie McKenny, who finished third for the T-Birds, 68th overall, with a time of 21:46.

"Cassie improved from her last meet, and she is responding well to the training," said Yates.

The T-Birds will be training hard this week for the Clark Cross Country Festival at Battle Ground, WA. on Saturday, Oct. 8.

"This meet is crucial because this will be the course for the championship meet," said Yates.
Volleyball sweeps Centralia for first win of year

By Daniel Palermo
Staff Reporter

With more players added to the roster and a win under their belt, the Highline volleyball team has boosted its confidence and encouraged a stronger outlook for the season.

Highline was looking for players. Now, however they have put that aside and are looking to make the playoffs.

Highline lost their first two matches this year to Pierce and a close match to Tacoma. Although they gave each team a hard fought match, the teams lack of experience was evident.

"The players that played the first two matches didn't have much, if any high school experience," said head coach John Littleman.

The team has increased the number of players on the roster, all of whom contributed to the first win of the season.

More players on the bench gave Highline the opportunity to substitute players in and out of the game for rest.

Although they have picked up new players, there is still one position that is not at its full strength.

"We are still thin in the middle blocker position, but it feels better with more comparable players," said coach Littleman.

On Friday, Sept. 30, Highline (1-3) defeated Centralia (0-4), which gave Highline its first win in the league play to move up into the standings.

The game was a hard fought match with Highline winning all three sets. Each set brought the crowd to its feet with close scores of 30-27, 30-28, and 30-25.

The team’s success led to players contributing in different ways.

"The more time we get to play together the better we get," said coach Littleman.

Two Highline players jumping up to block a return shot sent over by the Centralia College player during the match.

Photo By Alicia Mendez

Men's soccer pads lead in division with eighth win

By Jessica Wilson
Staff Reporter

The Highline men's soccer team scored nine goals in two games, but only won once.

Unfortunately, all of the goals came in one game, a 9-0 win against Edmonds last Thursday.

The T-Birds followed that up with a 0-0 tie against Whatcom.

The week leaves Highline atop the West Division of the NWAACC with an 8-0-1 record, the best mark in the entire league.

The men hosted Edmonds at McConnaghy Field. Edmonds was second in the NWAACC North at 8-2-2 coming into the game. With hard rain and wind combined, the playing conditions got sloppy, but the Thunderbirds managed to come out hard for 90 minutes and get the win.

The T-Birds were led by three goals from Emanuel Nistrian, 2 from Steve Mohn, and single goals from Cameron Valentine, Calvin Walsh, Aaron Nistrian, and Samuel Fessehazien.

"We scored early in the game, and in the second half we ended it early with quick goals," said Steve Pernet.

The Thunderbirds traveled up to Whatcom for a difficult match against the Orcas on Saturday, Oct. 1. Heading into the game, Whatcom led the NWAACC North with a 6-1-1 record, having outscored its opponents 16-4.

Highline played a hard-fought game, and had their opportunities with 19 shots on goal, but came up with nothing to show for it. Dominating with aggressive defense and three big saves from goalkeeper Jacob Potter, the men managed to come out with the 0-0 tie.

"Their goalie played a great game, he kept them in it for sure," said Potter after the frustrating tie.

The Thunderbirds have high hopes for another championship this year. With players returning back from injuries, the team will have more depth and versatility as league play becomes more competitive.

Defender Danny Alcorn is

See Soccer, page 10

Karin Carr let the way with 11 kills, seven blocks, and 21 digs. Kristy Richardson also played a key role in the match with 14 assists, while Lee had 23 digs, and Thomas capped things off with 11 digs.

"Having players with setting experience leads to points and a win," said coach Littleman.

This past weekend Highline was supposed to compete in The Crossover Tournament. Playing in this would have given Highline more practice together and that would have helped the new players learn the system that the team plays.

The more the team plays and practices together the more it shows positive results.

This was proven last year as the team made a late run into the season, which led them to the playoffs, were they finished in fourth place.

Wednesday evening, Highline played Grays Harbor who currently sits in last place with a 0-3 record.

Grays Harbor is also a young and inexperienced team. Results were unavailable at press time.

Highline's next game is on Friday, Oct. 7 at 7 p.m. against Green River (4-0) at Highline Pavilion.

From intramural aside turns to a lingering souvenir from your spring break in Thailand, the campus health center's your ticket to the best medical care money can buy. It's free. It's discreet. And it will only hurt for a second.

Here's another financially prudent tip: Free Checking from Washington Mutual. There's no minimum balance required to avoid a monthly service charge and it's free to sign up for a Visa Check Card. Plus there's free online bill pay available at wamu.com.

Next to some quality time on the paper sheets, Free Checking from Washington Mutual is your best chance to graduate with a clean bill of financial health. For more information, visit your local Washington Mutual Financial Center or call 1-800-788-7000.

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From intramural aside turns to a lingering souvenir from your spring break in Thailand, the campus health center's your ticket to the best medical care money can buy. It's free. It's discreet. And it will only hurt for a second.
## Soccer

continued from page 9

able to play, after being side- 
lined because of an ankle injury 
suffered during practice.

Alcorn saw his first action 
of the season in the win against 
Edmonds on Thursday.

"It was tough to sit and watch 
our team dominate after 
playing well, while not being 
able to contribute to the action," said 
Alcorn. "It felt great to get out 
on the field again on Thursday 
and be apart of it."

Many of the players are also 
coming off illness, which will 
make the team stronger as they 
become healthy again.

Last year's starting forward Will Chang is out 
with a knee injury and hoping to get back as 
soon as he can.

Chang was the key player in 
the Thunderbirds' championship 
season last year, so his return is anticipated 
for this season.

The Thunderbirds will travel 
to Shoreline today to face off 
against the Dolphins at 4 p.m.

The Hightline team will then 
take the road Saturday to take 
on rival Green River at 2 p.m.

Hightline has won the last four 
meetings against the Gators.

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**Scoreboard**

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### Scores

**North Idaho 1, Spokane 0**

- Spokane 3, North Idaho 1
- Olympic 8, Everett 0
- Tacoma 3, Edmonds 1
- Highline 5, Edmonds 0
- Bellevue 2, Shoreline 0

**Scores**

**North Idaho 1, Spokane 0**

- Spokane 3, North Idaho 1
- Olympic 8, Everett 0
- Tacoma 3, Edmonds 1
- Highline 5, Edmonds 0
- Bellevue 2, Shoreline 0

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**By Chris Richgreek**

1. Who was the last time the Washington Nationals made the playoffs (as the Montreal Ex- pos)?

2. Who was the first player taken by the Arizona Diamondbacks in their expansion draft in 1997?

3. Kentucky's Derek Abney tied an NCAA career record in 2003 for most kicks (punts and kickoffs) returned for a touchdown with eight. Whose mark did he tie?

4. Who was the last Chicago Bulls guard before Kirk Hinrich in 2003-04 to be on the All- Rookie first team?

5. How many teams did Wayne Gretzky play for during his NHL career?


7. On the 100th anniversary of Wimbledon in 1977, who were the men's and women's title?

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**Sports Quiz Answers**

1. Derek Abney (from Arizona)
2. Dustin Pedroia (from Boston College)
3. Wayne Gretzky (from Edmonton)
Highline will celebrate part of its diversity with the first Latino Awareness Month during October.

At the request of the United Latino Association, the month will include speeches, presentations, and musical performances to celebrate Latino heritage and understanding. The ULA began working on this project last summer, after a presentation from a Latino panel at last year’s Unity Through Diversity Week spiked interest among students.

This “showed the college campus wanted to know what the Latino Culture is about,” said Julian Torres, the president of the ULA.

Events will include:

• A Latina Panel will discuss their lives and the struggles they have faced, 10 a.m. Oct. 11 in Building 2.

• The liberation and revolution of Latin America will be discussed in the Political Affairs Cafés, Oct. 10, noon to 2 p.m., location to be announced.

• The film A Day without a Mexican, a comedy about the effect of every Latino in California disappearing. The feature will be shown Oct. 13 in Building 26, room 213 at 1 p.m.

• Quichua Mashas, a musical group of Quichua Indians from northern Ecuador, will perform Oct. 19 in Building 7, 1-3 p.m.

• Open Mic Night offers an opportunity to showcase your talents, in the Mt. Constance/Olympus room in Building 8, 7-9 p.m. Oct. 20.

• Fred Capetany, Highline’s assistant director for Student Programs and closing speaker for Latino Awareness Month, will share his experiences growing up in the Northwest as a Latino. This will take place Oct. 27 in Building 7, 9 a.m. to 11 a.m.

• Dia de los Muertos, the Day of the Dead Dance and Silent Auction, will be the final event of Latino Awareness Month. Costumes representing the Day of the Dead will be appreciated at the dance.

The dance and auction will be held Oct. 28, 8 p.m. to 1 a.m. at Mt. Townsend.

As a result of all the events this month “I hope that people become aware of the Latino Community in the U.S. and our issues because we are too many times forgotten,” said Torres, the ULA president.

The UNIVERSITY OF WASHINGTON is coming to Highline!!

Tuesday, October 18th

YES, the University of Washington is accepting transfer students!!

Find out how you can be a competitive applicant by being “MAJOR READY!" UW advisors will be here to show you how!

Over 20 UW Advisors will be on our campus!

Over 20 majors represented! From Architecture to Technology!

For a list of departments, pick up a flyer in the Ed Planning/Transfer Center, Building 6, upper level or send an email to transfer@highline.edu or go to http://www.highline.edu/students/edplanning/happenings/weekshops.html

Some examples of sessions:

• UW ADMISSIONS: "Is it true that the UW is no longer accepting transfer students?"

• UW ACCOUNTING: "What can you do with your accounting major?" UW Accounting will be here to show you how!

• UW ADVICE: "Come see us in 19-107 if you are interested!"

Think Co-op

Need a experience to get a job, but need a job to get experience? Come see us in 19-107 if you are interested!
Domestic Violence continued from page 1

"Statistics show that women are at a greater risk when there are significant life changes. "The biggest risk is when a woman is pregnant. Other life events such as divorce, a new job, career change, and or going to school/back to school can be factors and risks. Domestic Violence is typical- ly about control," said Bruns.

"Many people have suffered, and continue to suffer due to do- mestic violence. In the past there was little support and women were made to feel shameful or deserving of the actions against them. It was and is a hard thing to talk about, and getting help was difficult," Bruns said.

This project allows people to be heard, she said. "It is our goal to create awareness, continue awareness, to promote healing, and offer alter- natives," Bruns said.

T-shirts have been decorated to commemorate the loss of someone due to domestic vio- lence, and to express feelings and thoughts on the issue. One shirt on display shows a picture of Susana Remerata Blackwell, a victim of Domestic Violence. Blackwell was a mail order bride from the Philip- pines.

She was married in 1993. Blackwell was shot at the age of 25 while pregnant. She was shot March 2, 1995 by her husband in a courthouse. They were in court pending di- vorce.

The t-shirt was made to re- member Blackwell by a close friend who was also a student here at Highline. She decorated a shirt to re- member and remind others of domestic violence. This project gives and allows the "ability to heal, to not forget, to be able to move forward." As painful as domestic vio- lence is, it is important to move forward, to not make or allow the same mistakes to continue," Bruns said.

In continuation with aware- ness of domestic violence this month, the Women's Programs will host key speakers here at Highline.

"All speakers will be appear- ing in Building 7. "On Oct. 11 from 11:45 a.m. to 1:15 p.m., Phil Griffin, a domestic violence supervisor at LMC Valley Cities, will speak on the "Effects of Domestic Violence on Children." "On Oct. 15 from 11:45 a.m. to 1:15 p.m., Colleen Chukley, a counselor at Highline, will be speaking.

The best way students and staff can help when it comes to domestic violence is to give mo- tivation and support, to listen, and to "attend as many of the workshops and presentations as you possibly can. Awareness is power," said Judy Benson, a Women's Pro- grams staff member.

"It's also a good idea to carry the bookmark or phone number with you at all times. You never know when you will see or hear someone that could use that number, it could save a life," Bruns said.