

THE THUNDERWORD

MARCH 2, 2006

VOLUME 45 ISSUE 19

HIGHLINE COMMUNITY COLLEGE

Site for summer construction

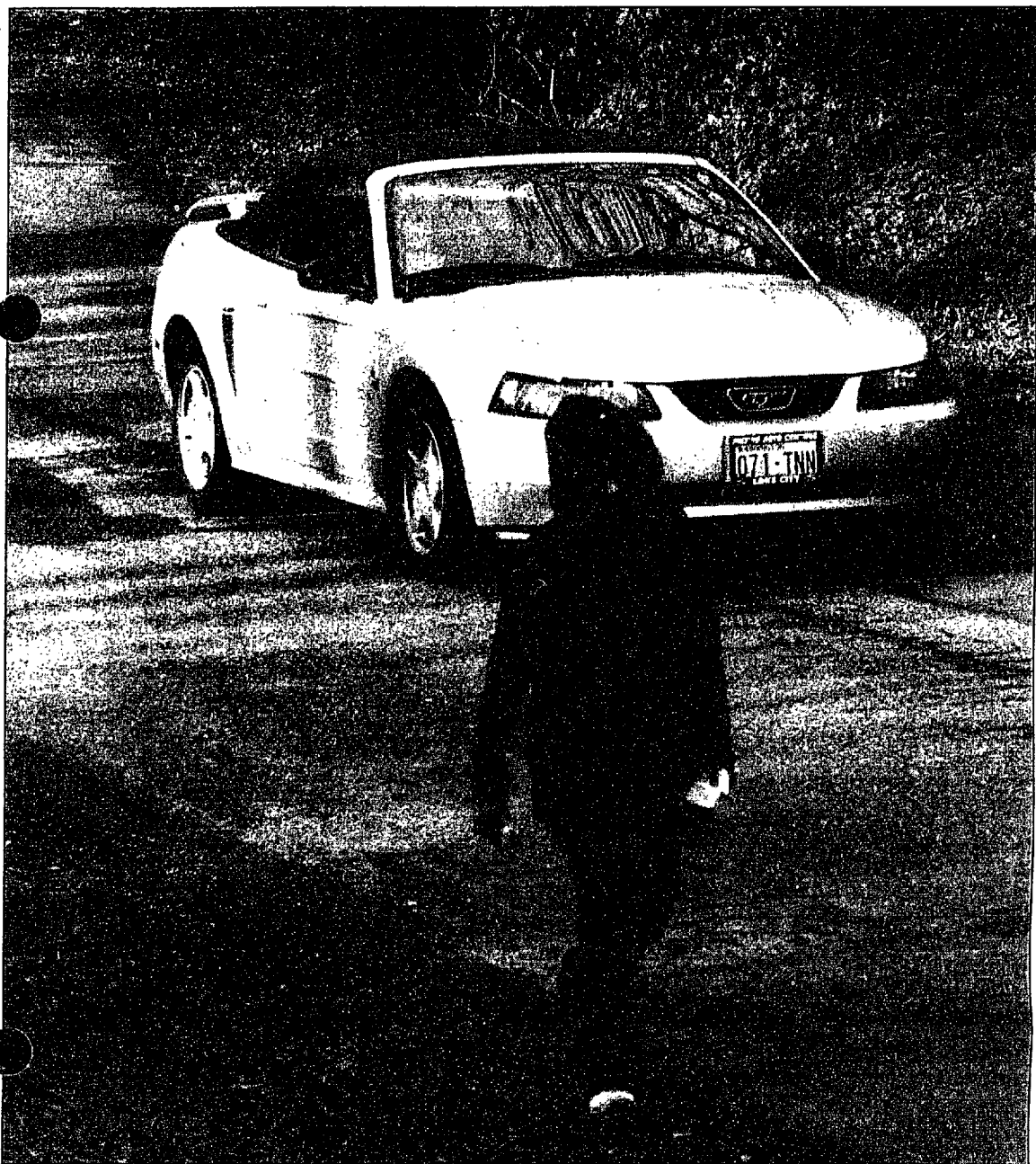


Photo by Jocie Olson

Student Nucharaporn Liangruenram walks up the hill to Highline's North Lot.

Sidewalk planned for summer

BY MICHELLE ERICKSEN
STAFF REPORTER

Highline may build a sidewalk connecting the North Parking Lot to 20th Avenue South as part of a series of construction projects this summer.

"We'll probably build a sidewalk," said Director of Facilities Pete Babington.

The sidewalk has been a growing issue for the campus, with students recently spending mornings standing at the top of the access road to the lot, with a sign calling for a sidewalk there.

The twisting, narrow access road carries a lot of traffic, with students, faculty and staff often

rushing in their cars either to find a parking spot or to leave campus. But without a sidewalk, many students walking up or down the hill must also dodge the traffic.

One of the students, Student Government Vice President for Legislation Jacob Jennings, counted 31 students walking to Highline from the North Lot one morning.

"I think it's a good that students are getting a sidewalk," Jennings said. "It encourages students to walk to school instead of driving."

It could be another busy summer on campus. The Legislature seems likely to give Highline \$1.7 million to replace aging

underground power cables, and the college may find the funds to repair the roof of Building 15, Babington said.

"The roof is sagging," said Babington.

Replacing the cables will mean parts of campus will be torn up again, Babington said. The cables that are being replaced are in metal conduits underground. Some of them are more than 40 years old and are malfunctioning.

"We are just now hearing that the House passed the supplemental budget, with Highline's \$1.7 million infrastructure fund-

See Sidewalk, Page 16

BUDGET BLUES

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PERIODICALS

College faces budget cuts as enrollment falls

BY ALEX CAHAN
AND JOSIE OLSON
STAFF REPORTERS

Highline likely will make budget cuts to cope with low enrollment, which could include layoffs.

College officials say they are not planning any layoffs, but are considering all options while trying to cut \$1.5 million from the budget for the next fiscal year, which begins July 1.

Enrollment is down for the third year in a row. Lower enrollment means less money from tuition and matching funds from the state.

Much of the budget goes toward salaries, but everyone is working to be more efficient, said Marion Davis, the interim vice president of administration.

Although Davis and college President Dr. Priscilla Bell say no layoffs are currently planned, in meetings with groups of employees, college officials have said they are a possibility.

In previous years, as enrollment dropped Highline was able to tap into its reserves in order to maintain a balanced budget. However, the reserves are running out with no way to replenish them. As a result, Highline is doing

what it can to reduce costs.

"The way to do this is to balance expenditures," said Davis.

"What we're looking at is where we can make savings."

The school as a whole has done a good job of reducing costs, but there are a limited number of things that can be done, Davis said.

"It is a difficult decision right now," said Dr. Bell. "We have many strategies that are being

See Budget, page 16



Dr. Bell

S&A panel faces more requests than funds

BY SIMONE SNOW
STAFF REPORTER

The Service and Activities Budget Committee is facing some tough decisions.

The total sum of money requested by 57 Highline student programs comes to \$1,315,783, but there may not be enough money to fulfill every request.

The S&A Budget Committee is made up of three advisors, one alternate, and nine voting

members from the staff, faculty, and student body. They annually divide funds between student programs such as athletics, The Thunderword, Phi Theta Kappa, and Team Highline for the following academic year. The money, which comes from 10 percent of student tuition, could be down due to declining enrollment.

"There is a possibility of

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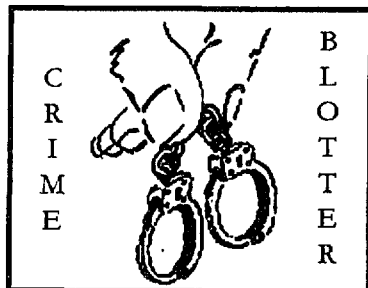
'The Seagull'
flaps on Highline
stage tonight

See story, Page 5



T-Birds clinch
playoff spot,
title in limbo

See story, Page 9



Hit and run in the east parking lot

A Highline student reported his Acura was hit while parked in the east parking lot between the hours of 8:30 a.m. – 12:30 p.m. on Feb. 21. It was a non-reportable accident.

Sewers found missing bolts

Both sewer covers outside Building's 8 and 25 were missing bolts on Feb. 26. Maintenance was informed of it last week and are waiting for the right supplies to fix it.

Male follows woman on campus

A female Highline student reported to Building 29 that a man was following her onto campus after she got off the bus at the Arco Gas Station. Security looked for the man, but couldn't find him. The woman was not harmed in any fashion.

Juveniles disrupt Library staff

Five male juveniles were requested by the library staff to leave for being disruptive and loud. They left the campus without further incident.

Lost property

A calculator with a student's home address on it on Feb. 22.

A set of college keys on Feb. 17.

Found property

The following items were found on Feb. 22: one black cane in Building 26, a Highline ID in Building 6.

The following items were found on Feb. 23: one black art bag with items inside Building 6, a black leather jacket found in the North parking lot, and a Highline green/white umbrella found in Building 29.

The following items were found on Feb. 27: a red binder in the Building 6 restroom, one Sony laptop in Building 8.

-Compiled by M. Maras

Skate clubs glides closer to Christ

By MARK MARAS

STAFF REPORTER

Highline students are skating to learn about the love of Christ.

The Boanerges Skate Club is a Christian-based alternative sports club offered at Highline, which started Fall Quarter.

"The goal of the skate club is to use our passion of skating to lead people to Christ," explains club president, Benjamin Von Eigner.

Boanerges, which means "sons of thunder," is named after the apostles James and John.

The Boanerges Skate Club goes to the largest indoor skate park in the state of Washington: Skate Barn in Renton. Anyone can join Skate Barn and no membership is required.

The Boanerges Skate Club meets at the Skate Barn the

first and third Saturdays of each month.

The Boanerges also frequent a skating facility in Tacoma called Thrill Zone, where they attend church services and work as mentors for youths.

The club refers to it as a "skate church" because they have ramps

there to skate on. They meet there the second and last Saturday of every month.

Von Eigner formed this club when he recalled a time he went skating.

"While I was at a skate park in Tacoma, I saw several children



Von Eigner

without skate pads, helmets, or boards and I didn't feel right about it. A skater without a board is like a painter without a brush."

With only 12 members at the moment, anybody can join the club, regardless of religious be-

liefs.

"The Skate Club is a combination of all sports. A large number of students participate in sports that are not recognized at Highline," Von Eigner said.

"In the Bible it says a righteous man falls down seven

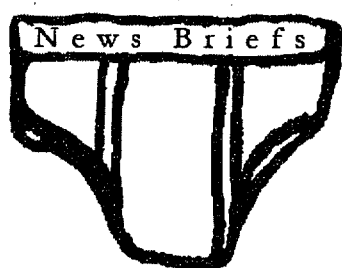
times [book of Proverbs], but yet he gets right back up. In skating it's the same thing. You fall down, but you have to get back up. You can't be a good skater without practice. You can't be a good Christian without applying the principles of God's Word to your life."

Despite the club's ambitions to connect members with Christ, the club cannot spend the funding money they get from Student Programs for religious material. Instead, the club uses its money for outing events, such as a recent trip to Acme Bowl in Tacoma.

The Boanerges also hope to use their money for adventures such as kayaking at the end of May and skydiving in June.

"The long term plan is to bring alternative sports events to the campus," Von Eigner said.

All are welcome to join.



Book readings for child center

The Teachers of Tomorrow club will be reading books to children at the childcare center located at Highline to help promote literacy.

They will be participating in Read Across America along with two other classes.

Their goal is to get people to read to their children and help them to develop their imagination.

Teachers of Tomorrow will be at the childcare center on Friday, March 3 from 1-3 p.m.

For more information about Read Across America and the Teachers of Tomorrow club contact Maria Juarez at mjessie10@yahoo.com.

Look closer at tide schedules

This week's Science Seminar will give you a closer look at why tides do what they do. Gregory Reinemer will be speaking about this important phenomenon on Friday, March 3 from 2:20-3:30 p.m. in Building 3 room 102.

For more information about Science Seminar contact Woody Moses, biology instructor, at 206-878-3710, ext. 3649.

MaST restores Puget Sound

Salmon are in trouble in Puget Sound.

The Marine and Science Technology Center will host Jo Gardiner, national oceanic and atmospheric administrator, who will speak about what restoration in Puget Sound really means. She will also talk about restoration projects that are going on in South Sound and how

to get involved.

The lecture will be at the MaST Center located at Redondo Beach on March 4 at noon and is free to the public.

For more information contact Science on the Sound Director Woody Moses at 206-878-3710, ext. 3649.

Nominate student workers

Nominate a student worker for Student Employee of the Year.

Nominations are due Friday April 7 by 5 p.m.

The Student Employee reception will be on May 3. All the student workers will be invited and the winner will be announced at the reception. The Winner will also be recognized at the Student Awards ceremony.

They will receive additional

prize and, will have their name on the Student Employee of the Year plaque, which is displayed in Building 6.

For more information contact Diana Baker at 206-878-3710, ext. 6026.

First Fridays team trainings

Student Programs First Fridays Leadership Institute presents team building.

The session will give your team or group the reenergizing and refocusing that it needs.

It will help explore how to use activities to build community, take risks, think creatively, and have fun.

The trainer will be Susan Dickerson, YMCA Associate Program Director and expert trainer in experiential learning.

The session will be on March 3 from 2-4 p.m. in Building 2.

Co-Opportunity COOPERATIVE EDUCATION

Graphic artist/designer

The Thunderword, Highline's student newspaper, has an opening for a graphic artist/designer. Familiarity with Adobe InDesign a plus; artistic skill and ability to work under deadline pressure a must. For details, see the Co-op office in Building 9.

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BY ROBERT FITZGERALD

STAFF REPORTER

Associate Dean Toni Castro's office is filled with glossy furniture and smiling photos: the atmosphere is both professional and inviting. If you've been caught for plagiarism, though, it's a place you never want to be.

"Plagiarism is a serious violation," said Castro, who is also the Student Judicial Affairs Administrator.

"It is a problem that is running rampant nationally," Castro said. "On most campuses, 70 percent of students admit to some form of cheating."

It's an issue that Castro isn't taking lightly. "Sanctions range from disciplinary probation to suspension," she said. "And students have been suspended for plagiarism."

Plagiarism, as defined by Highline's webpage, is "the presentation of another's writing or ideas as one's own." The page details this as copying sources without quotation, inadequately paraphrasing, or even failing to cite a source properly.

Castro said that many students guilty of plagiarism do in fact have trouble citing their sources. "They don't know how to document sources," she said.

That's one of the problems."

Students who commit this 'accidental plagiarism' aren't off the hook, however. "All students are held equally accountable," Castro said.

For student Beverly Goodman, plagiarizing by accident

STOLEN



WORDS

Highline students, professors face problem of plagiarism

rism."

Goodman, though wary of the policy, respects it nonetheless. "I understand why they have it," she said.

"[Plagiarism] hurts the individual — the whole point of going to college is to learn some-

average instructor could even tell," she said.

A student, who asked not to be named, said the instructors can't tell. "I think it's a pretty small risk," she said.

"I had a 15 page paper due in three hours," said the student.

The student, however, said she has never purchased a paper online, which instructors say is becoming more and more of a problem. "I don't think it's fair," said the student with a laugh. "It's unfair for the people that can't afford the papers."

Plagiarism used to take the form of students using each other's papers, she said.

Adang, who teaches Writing 91, 101, and 105, says the issue occurs most often in her 101 class "because of the pressure to pass."

"It tends to show up a lot in 101 right at the very end, right when their portfolios are due," Adang said. "It happens most quarters at least once."

Adang said that not all cases are intentional, though.

"They're not all purposefully plagiarizing," she said. "I don't think of it as intentional unethical behavior. I think of it as a struggle the student is going through."

More often than not, though, Adang says student plagiarism falls into a gray area. "They know they're doing something wrong," she said, "but they don't know how to stop."

Adang said that if the student is unwilling to make changes, then action will be taken. "I don't beat around the bush," she said.

Exposing plagiarism in a paper isn't difficult. Susan Rich, another writing instructor, said that identifying plagiarism takes her less than five minutes.

"I put a sentence in Google and it comes up like that," Rich said as she snapped her fingers.

Rich has no patience for plagiarism. "If there's a sin in academia," she said, "that's the sin."

"A writing teacher is like a private detective of language," Rich said. "The way you con-

Editorial

Protecting the orcas is a global endeavor

The peril of the Puget Sound orcas underscores the need for a more global approach to environmental protection.

Government officials, and often citizens, are doing a lot to help preserve our environment, including the not unfragile waters of Puget Sound.

But as reported last week in the Thunderword, growing levels of pollutants such as PCBs threaten the orcas ability to reproduce, as well as damage their immune systems and cause diseases such as cancer and pituitary tumors.

PCBs have been banned in the U.S. for decades; however, they are still in use around the world. As they decompose at a glacial pace, they tend to pile up in the ecosystem, collecting in top-level predators such as orcas.

We have already taken many steps to improving the environment the orcas live in. In fact, the orca population has increased from 79 orcas in 2002 when they were added to the U.S. Marine and Mammal Protection Act to 89 orcas today.

Even though the orca population has increased, they are still being listed as endangered in this region, where they will be provided even greater protection.

All the safety we provide the orcas here doesn't mean a thing once they are out in the open waters. On a regional level we can only do so much, and with all of the programs we have to protect the orcas we've reached the point where further action must be taken internationally.

If we're really serious about protecting the environment, it's time to start taking on these problems in the world as a whole instead of just regionally.

The United States doesn't necessarily do everything in its power to protect the environment, but it does do a lot of good with the resources it has.

It is within the ability of our government to negotiate with other countries and work for the banning of certain chemicals that are dangerous to the environment.

All the PCB bans in our own legal system means nothing if the migratory patterns of the orcas are lined with PCBs from other countries. If we really want to protect these creatures, we need to go to where the threat is greatest.

However, we've reached the limit of what we can do ourselves. To further protect these creatures, it is necessary to reach beyond our own borders and gain the cooperation of other countries.

We already are well aware of the damage PCBs can cause to the environment and the creatures that live within contaminated areas. The effects it has are well-documented and dangerous.

Bringing this information to other countries and gaining their support in a PCB ban is not an impossible task.

We know what they do, and we have many reasons why they should not be used. We have to make other nations aware of their danger. Only then can the orcas, as well as all of the other creatures affected by the PCBs, be considered truly safe.

I'M DEEPLY SORRY FOR ALL THE TROUBLE I CAUSED THE VICE PRESIDENT BY GETTING MY FACE IN HIS LINE OF FIRE...



I'M DEEPLY SORRY FOR ALL THE TROUBLE I CAUSED THE ADMINISTRATION BY ALLOWING MYSELF TO BE PHOTOGRAPHED WHILE BEING TORTURED...

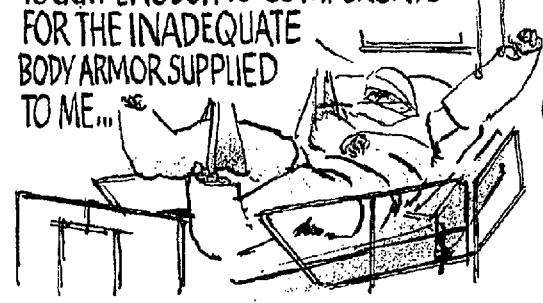
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I'M DEEPLY SORRY MY BODY WASN'T TOUGH ENOUGH TO COMPENSATE FOR THE INADEQUATE BODY ARMOR SUPPLIED TO ME...



Having fun is not a bad thing

Mardi Gras has certainly developed a reputation in American society. Most people associate the tradition of Mardi Gras with drunken revelry and public exposure. Really though, it has become a time of celebration and general good cheer, which isn't really a bad thing.

What most people seem to forget, assuming that they ever knew it in the first place, is that Mardi Gras marks the final day before the Lenten season begins, a season important to members of the Roman Catholic Church, as well as several other liturgical Christian denominations.

We've just entered a holy season for many Americans; one marked by fasting and sacrifice.

It's interesting to see how this, like many other religious traditions, has been twisted by American culture. However, unlike Christmas and Easter, which were characterized by a capitalistic over-commercialization, Mardi Gras seems to

have been overtaken by a general atmosphere of excess and debauchery.

Some might argue that this is reflective of a general degradation of American society and morals, but I would say that really isn't the case.

Mardi Gras is a happy time for many people, and while it can get out of hand in some areas, it's generally regarded by as a time of good cheer.

With all of the terrible things in the world right now, I would say that having a bit of good cheer is really a good thing.

For those who regard these traditions as holy and sacred, it is reasonable to expect that they might be offended by how the traditions are treated by the rest of the population.

However, in an increasingly secular state, this is to be expected and eventually accepted as the natural progression of events.

As human beings we like making things interesting. We

like having an excuse to have a break from the norm, to act wilder than usual, to have fun in the middle of the week instead of drudging away at work or school.

And in fact, that's what Mardi Gras was originally for. Mardi Gras, or "Obese Tuesday" as it translates to, was originally designated as a time of celebration before entering the Lenten season, a time to eat and drink perhaps to excess in order to weather the 40 day drought that would soon follow.

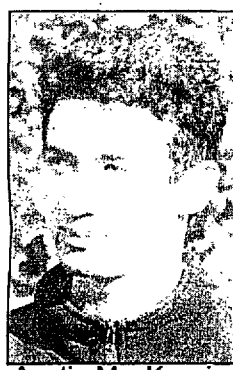
Not meant to be used in a hedonistic sense, it was supposed to be one last good time before the holy period was observed.

We need to be taking advantages of these excuses to have fun more often. There's enough to get stressed about as it is, having an occasion to be happy is a rarity that should be cherished and celebrated.

Having a good time is perfectly acceptable and needed in our society. So long as it isn't allowed to become dangerously out of hand, there is no problem at all.

Austin also is quite fond of Thin Thursday.

Comment



Austin MacKenzie

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"Is there really a mold bear!?"

'Seagull' takes flight

The Highline drama department brings Anton Chekhov's *The Seagull* to the Highline stage beginning tonight.

The Seagull, directed by Aimee Bruneau, is a tale of the love between a young man and woman who ultimately are not able to achieve their hearts' desire.

The play is one of many for Chekhov who got started writing while attending the University of Moscow.

The play's cast includes Highline students: Amber Rose Johnson; Mak Zuljevic; Matt Dimmit; Kate Muldoon; Mel Lorenzo; Sean Sanford; Chris Wright; Steven Grawrock; Karen Schmidt; Jared Thomas and Drew Miller.

The play begins tonight, March 2, and runs through March 4 and March 9-11. It's shown at 7:30 p.m. in Building 4, room 122.

Ticket costs are \$7 general and \$6 for students. For more information call 206-878-3710 ext. 3156.



Photo by Austen Lavery

Amber Rose Johnson-Irina, and Jared Thomas-Dorn, are in drama's production of *The Seagull*.

Highline's Amelia Gilbert earns another Crown

By KEITH DAIGLE

STAFF REPORTER

Amelia Gilbert secured her third pageant title this weekend, winning Miss Emerald City in the Miss Seattle contest.

Weiya Zhang, who is a medical student at the University of Washington, won the title of Miss Seattle. Normally two titles are not offered in the Miss Seattle contest; however when there are enough contestants that are deserving then two titles are awarded.

The titles were randomly assigned to the two women with the highest scores. They are equal titles, and both Zhang and Gilbert have the opportunity to run for Miss Washington.

Gilbert will be competing against her sister Melody, who is the current Miss Burien, for Miss Washington.

This is not anything new for them. Amelia and Melody competed against each other before in the Miss Burien Pageant.

"Neither of us are like overly competitive with each other or with anybody else, so we're just going to be there to do our best and have fun and get some

scholarship money out of the whole thing," Amelia Gilbert said.

"I think we are going to have a blast. We'll just get to hang out," she said.

Melody Gilbert expressed much the same sentiment, saying that the best person for the job will win and whoever that is she is going to be happy for them.

"I think we are both just there for the experience. And we know that we are not there to take the crown. But it's really the best person for the job we want to win, and if that be me or her that's great, but if it's somebody else we are going to be happy for them," Melody Gilbert said.

Both Melody and Amelia Gilbert will be entering the University of Washington next quarter.

Amelia Gilbert participates in the Miss America program rather than the Miss USA pro-



Gilbert

gram because they offer have more scholarship opportunities and you don't have to pay to enter.

Her platform is Relay for Life, a race that is put on by the American Cancer Society. The event raises money for cancer research and celebrates survivorship.

Gilbert is involved with three of the relay events in the area, and will be running in all of them. If you are interested in finding out more about Relay for Life go to cancer.org/relay-online.

"It does more than just fundraiser, it brings the community together," Gilbert said.

She said that preparing for a pageant takes a lot of time but that she enjoys it because it is stuff that she likes to do anyway.

"It takes a lot of time, but most of it is stuff that I would want to do anyway. For example community service and exercise are things that it is good to stay active with anyway, and singing as well," said Gilbert.

"It gives me a reason to do all these things that are good for me to do anyway."

Poverty Bay wine fest returns with wealth of offerings

By KEITH DAIGLE

STAFF REPORTER

The Poverty Bay Wine Festival returns for its second year with more food, music and wine.

The Poverty Bay Wine Festival is an annual festival held at the Des Moines March 10-12. It features local restaurants and artists as well as over a dozen local wineries. The event is 21 and over, children are not allowed.

The Des Moines Rotary Club organizes the festival and all of the proceeds go to different charities organized or supported by the rotary.

The festival will start off in grand fashion with a gala on Friday night. The Grand Cru Gala is a black tie-optional event that will include music from Roadside Attraction, a 10-piece band with vocalist James Cadell.

There will be food from many different local vendors including Metropolitan Market, Chef du Jour Catering, B & E Meats & Seafood, Calico Cheesecakes, Cafe Debra @ Marine View Espresso, Wally's Chowder House, Poverty Bay Coffee Co, Bite Me Chocolates and Water to Go.

The festival features 17 local wineries including E.B. Foote, Five Star Cellars, Nota Bene Cellars, Page Cellars, Waving Tree, El Mirador, Kalamar Winery, Two Mountains, Wind River Winery, Chandler Reach, College Cellars, Hedges, Windy Point, O/S Winery.

The entry fee gets you 25 tokens for wine tastings. Some tastings will take more than one token, and more tokens can be purchased.

Custom Bordeaux Décor, who creates and sells furniture made out of used wine crates will be there displaying their wares.

This is the Poverty Bay Wine Festival's

second year, they are hoping to repeat, and even surpass the success of last year's festival.

Nearly two thirds of the tickets were sold at the door.

"It was our first year, so we didn't really know (what to expect)," said Ric Jacobson, the former president of the Des Moines Rotary, and owner of Corky Cellars winery.

Last year 1,500 tickets were sold for the event, raising nearly \$20,000 for the various Rotary charities.

"We give dictionaries to all the third graders in the Des Moines area. We'll be doing different water projects this year.

"We worked on Des Moines Creek. We are doing a water project in Africa. A lot of good things. We give scholarships to the college (Highline) and to high school students," Jacobson said.

Jacobson said that this year he hopes to sell 2,500 tickets.

The event will be at the Des Moines Marina the weekend of March 10-12 beginning Friday night.

The Gala begins at 6.30 p.m. Tickets for the Grand Cru Gala are \$60 in advance and \$75 at the door. On Saturday the festival goes from 11 a.m. to 8 p.m. and on Sunday from noon to 6 p.m. Tickets are \$20 dollars in advance, and \$25 at the door.

Tickets for this event are on sale now at CorkyCellars, Des Moines Drug Store or online at www.BrownPaperTickets.com. All proceeds support the charities of the Rotary Club of Des Moines.



Photo By Jocie Olson

Ric Jacobson, former Rotary club president.

3/2/06

THE THUNDERWORD

ARTS

Hi-liners cut 'Footloose'

By RACHEL LUSBY

STAFF REPORTER

Footloose, the movie rocked the '80s, is now being brought to the stage by the Burien based theater group The Hi-liners.

Footloose is the tale of a teenage boy named Ren who moves with his mother from big-city Chicago to a small farming town where the adjustments Ren will have to make are much greater than he'd originally thought.

Ren, played by Mack Miller in the Hi-liners' stage adaptation, discovers that in his new town the rules are strict, and there is even a ban on dancing. These harsh laws were the brain-child of the town preacher Rev. Moore, played by Lee Morris, whose daughter Ariel, played by Brittney Peri, sets her sights on Ren.

Chandra Farnsworth, the play's director, chose *Footloose* because it is new and ideal for the age groups she works with.

"It's a teen-angst story," she says, "and it is ideal to fit the needs of our cast and there is room for a lot of people."

The director, however, is not the only one who is excited about the play. The actors too are giddy with excitement.

With the show now only about 20 days away, one can tell just by watching the rehearsals that these people are ready to

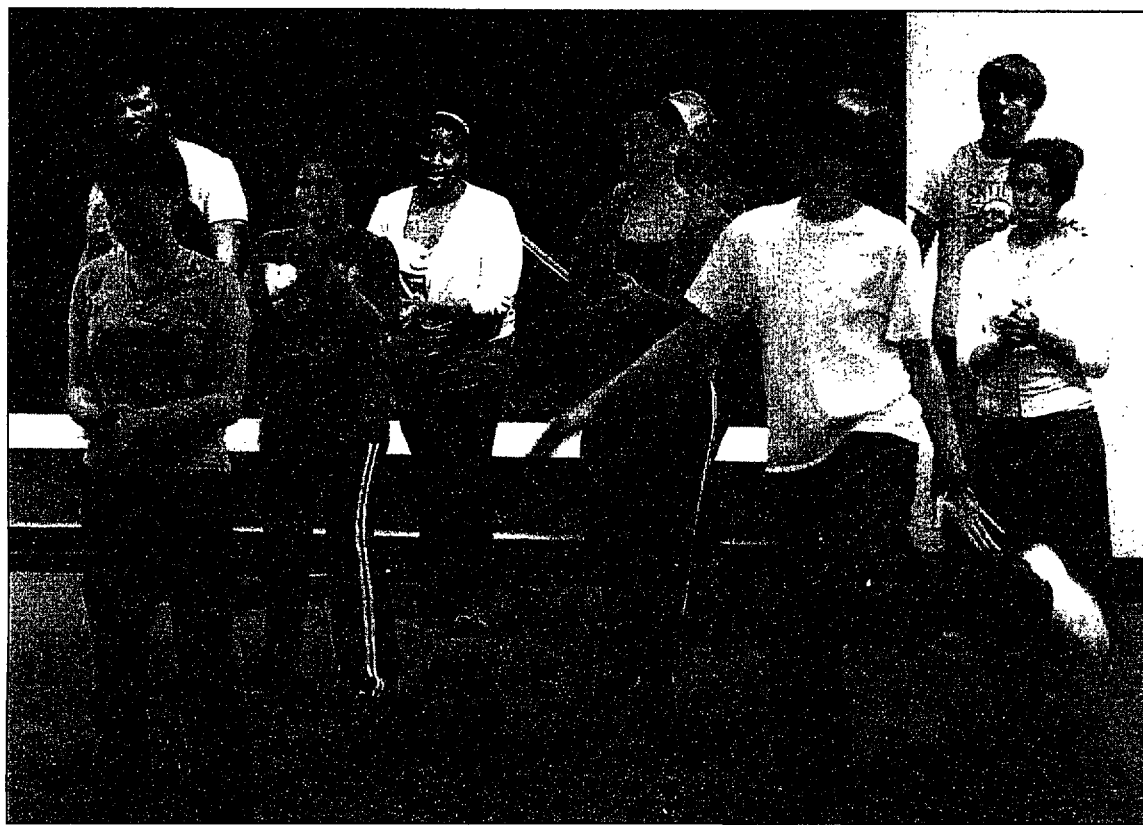


Photo by Austen Lavery

Performers in the Hi-liners practice a dance for their upcoming play *Footloose*.

go.

"This has been a phenomenal experience," says Mack Miller.

Katie Heinisch, who plays the part of Rusty and is a student here at Highline, says "It has been amazing. I'm excited for it to open!"

Being that the play is a musical all the actors had to be able to sing and dance as well as act.

Miller, for example, has been taking voice lessons for about

three and a half years now and has been dancing for about five.

The play is scheduled to premier on March 18 at 7:30 p.m., March 19 at 1:30 p.m. and 5:30 p.m., March 24 at 7:30 p.m., March 25 at 1:30 p.m. and 7:30 p.m. and March 26 at 1:30 p.m. Tickets are available online at www.hi-liners.org.

The Hi-liners is a non-profit organization that was began by William A. Moeller in 1966 as a

high school summer program.

Currently it is a program for kids ages 9 to 22. It runs a spring show and a summer show.

Auditions for the summer production will be held in early June. To sign up for an audition appointment, check the Hi-liners website after May 15.

Auditions for the program have recently been adjusted. Now an aspiring member is assigned a 1 to 2 minute mono-

logue and must show that he or she can sing as well as dance.

Tuition is charged for every student in the program. It is \$300, but there is financial aid available to those who need it.

"We want to try and keep it as affordable as possible," says Kathleen Edwards, the artistic director for The Hi-liners.

Edwards is a theater artist who has directed and/or choreographed more than 60 productions for the stage.

She was born in Hawaii and that is where her passion for theater developed.

She was an actress for the Honolulu Theatre for Youth and has since served as the artistic director for Youth Theatre Northwest, Stroum Jewish Community Center Youth Theatre, and The Seattle Peace Theatre.

Since its creation, The Hi-liners have performed classics such as *Hello Dolly*, *The Sound of Music*, *Grease*, *42nd Street*, *Oliver* and many more. As of the year 2005 over 46,000 people have seen a Hi-liners show and over 600 performers have entertained them.

The money to run each production comes from the tuition charge and from ticket sales.

The Hi-liners have received national attention for their work including recognition in the *New Yorker* magazine.

Blend gets Loud Artists take on 'Fast Food Nation'

By ERIK BREAKFIELD

STAFF REPORTER

Soul singer Felicia Loud will bring a soul revival to Highline when she performs with her band next Wednesday, March 8 at The Blend.

Loud's rich and deep voice has made her one of the premier vocalists in the Northwest region.

Her lyrics are drawn from personal experiences, surroundings and feelings and are meant to be easy to relate to.

Loud and her band The Soul were recently nominated for best artist in the Soul/R&B category of the Seattle Weekly Music Awards. Though they didn't win the award, Loud uses the positive attention and respect to fuel the band's new projects.

Loud has teamed up with vocalist Jennifer Johns for the Heavy Soul Tour, and that is why she will be stopping by Highline on their west coast tour, Jennifer however will not be performing here with her.

Loud's performance at The Blend will start at 10:30 a.m.

and jam until 12:30 in the afternoon. As usual the performance will be in the Bistro, which is upstairs in Building 8.

To sample some of the music you are likely to hear from Felicia Loud and The Soul next week you can check out the music that is posted on their website, www.felicialoud.com, or log on to their myspace profile, www.myspace.com/felicialoud.

By RACHEL LUSBY

STAFF REPORTER

Author Eric Schlosser's now famous book *Fast Food Nation* is being turned into illustrations thanks to Highline's Illustration II class.

Starting next week on Monday, March 6, about 25 illustrations will be on display by the Highline Bookstore in the Highline Student Union building.

The illustrations are of mixed media and depict passages from *Fast Food Nation*.

"We all read the book," says student Ryan Murray, "and then we picked a passage and created an illustration for it."

Fast Food Nation takes a look at the America's and the rest of the world's infatuation with fast food. It explains just why those french fries taste so good and it'll make you think

again before you head to that drive-thru window for a quick bite.

The Illustration II class, taught by Gary Nelson, has hopes of showing their work elsewhere besides just the HSU.

"We have hopes and expectations of taking this show on the road," says Murray.

The gallery will run from March 6 until March 10.

Bob says...

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Building 26

Room 319

Mon - Thurs.....8:00AM - 7:30PM

Fri.....8:00AM - 12:30PM,
2PM - 4PM

Rational Numbers

by Linda Thistle

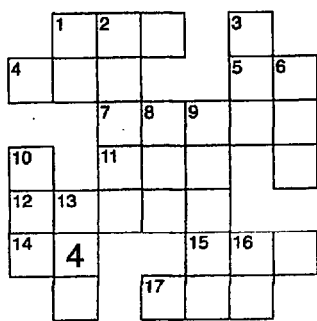
Using the clues, simple arithmetic, and a little logic, place a single digit (0 to 9) in each empty box in the diagram. To help you get started, one digit has been entered in the diagram.

ACROSS

- Consecutive digits rearranged
- Consecutive digits rearranged
- Nine less than 1-Down
- Consecutive digits rearranged
- Two more than 1-Across
- 7-Across minus 9-Down
- Nine less than 16-Down
- Thirty less than 3-Down
- 13-Down minus 15-Across

DOWN

- Three times 14-Across



- 15-Across times 10-Down
- One-half of 6-Down
- Two less than 4-Across
- One-half of 11-Across
- The first digit is the sum of the other digits
- 6-Down plus 8-Down
- Same digit repeated
- Same digit repeated

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Temperate Areas

Across

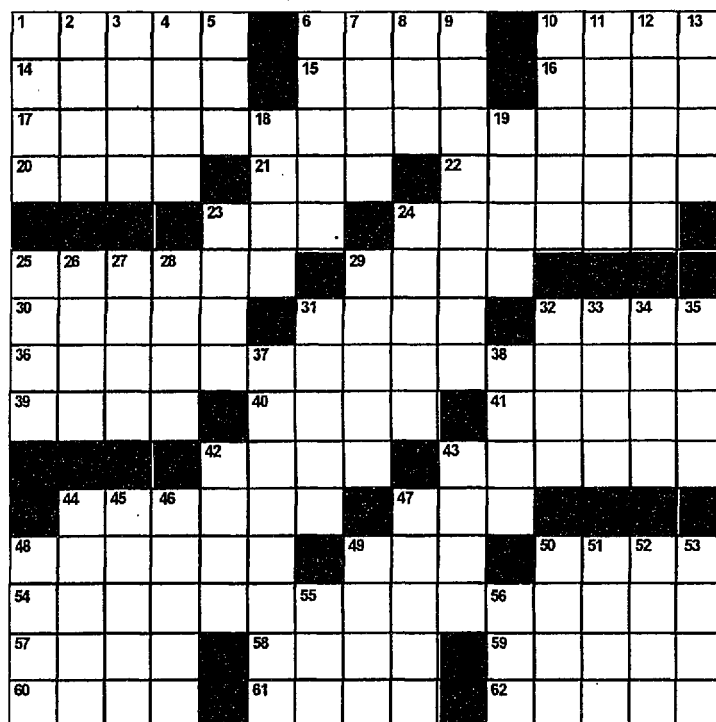
- Old-fashioned
- Iditarod vehicle
- On
- Notre Dame table
- duck politician
- Lead astray
- Unflappable
- Retained
- Night before a special day
- Far East
- Quilters may have one
- Wheaties and Rice Krispies, e.g.
- ABC's Cosell
- Twofold
- Liturgical vestment
- Gnat
- Computer action
- Swim suit, e.g.
- Leg joint
- Quarry
- An American destination
- Layer
- Samples
- Channing and others
- Pub order
- Independence Hall, e.g.
- Picture tube:Abbr.
- Hit hard
- MASH star
- 1930's migrant farm worker
- Hearty meal
- Excuse
- Marijuana
- Tired reaction
- Assist

Down

- A group of wolves
- Soothing plant
- Cease
- Flavoring
- Baseball stat.
- Work hard

Crossword 101

By Ed Canty



- Intertwine
- Flightless bird
- Beautify
- Manage:Abbr.
- Went down the river on air
- Pro-am tournaments
- Saucy
- Broadcast
- European mountain range
- Make tea
- Ungroomed
- Dove's antithesis
- Oil monarchy
- Aqueduct finish line
- Pinnacle
- Try to prevent
- Peels
- Disgusting !:Pl.
- Groovy
- Defy
- Minerals
- Neurological disorder
- Thoroughfare
- Singer Braxton

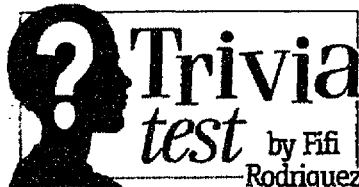
- Ballet skirt
- Engine valve
- Jazz musician Shaw
- Stirred to anger
- Bad, Bad Leroy
- Broadway event
- Chomp
- Farm sight
- The Buckeye State
- Subway alternatives
- Stitch together
- Dep.
- Hunting dog

Quotable Quote

Canada is a country whose main exports are hockey players and cold fronts. Our main imports are baseball players and acid rain.

Pierre Trudeau

By GFR Associates ••• Visit our web site at www.gfrpuzzles.com



- GEOGRAPHY:** In what city would one find the 11th-century cathedral of St. Mark?
- SOCIAL SCIENCE:** What is a theocracy-based form of government ruled by?
- HISTORY:** Who photographed the Marines raising the flag at Iwo Jima?
- FAMOUS LASTS:** Which was the last major-league baseball stadium to put up lights?
- TELEVISION:** Who was Tom Hanks' co-star on TV's "Bosom Buddies"?
- FOOD:** What is the common name for "prunus persica"?
- ANTHROPOLOGY:** What was the Piltdown hoax?

- MOVIES:** Who won a best actress Oscar for her role in "Boys Don't Cry"?
- GENERAL KNOWLEDGE:** Which world leader had a favorite horse nicknamed Marengo?
- MYTHOLOGY:** Which group besieged the city of Troy for nine years in the Trojan War?

10. the Greeks
9. Napoleon
8. Hillary Swank
7. A skull found in Pile-down, England and purport- ed to be the "missing link" between apes and man, de- bunks as a hoax in 1953
6. Peach
5. Peter Scolar
4. Chicago's Whigley
3. AP photographer Joe Rosenthal
2. Religious authority
1. Venice

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The 19th annual Kent Kids' Arts Day highlights children's creativity using hands-on art projects and performances by local school groups and regional entertainer Eric Ode.

The event will be Saturday, March 4 from 10 a.m. to 4 p.m. at Kent Commons, 525 Fourth Ave. N. Tickets are \$5 and children under 2 are free.

The Federal Way Symphony Orchestra presents "The Symphony Swings," featuring music of the '30s, '40s and

'50s, Saturday, March 4, at 8 p.m. and Sunday, March 5, at 2 p.m. at St. Luke's Church, 515 S. 312th St. Tickets are \$25 for adults, \$20 for seniors,

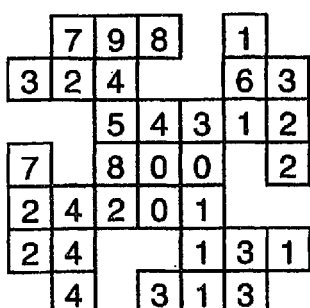
and free to students under 18. Tickets can be purchased at Archie's Diner at Brown's Point, Marlene's Market & Deli, and Des Moines Drug Store.

Arts Calendar

Movie Fridays presents *A Very Long Engagement* Friday, March 3 in Building 7 starting at 12:30 p.m. The film was directed by Jean-Pierre Jeunet and stars Audrey Tautou, each of whom also worked on *Amelie*. A discussion of the film will follow the showing.

Rational Numbers

answers



Last week's solution

DIRECTIONAL SIGNALS



Wishing Well®

5	2	3	8	2	7	5	4	2	3	5	4	6
C	L	N	S	O	C	O	B	V	E	M	E	W
8	3	8	2	7	6	5	8	6	5	6	7	3
U	W	C	E	H	I	F	C	D	O	E	E	B
8	3	7	8	2	8	5	6	2	8	5	4	7
E	R	E	S	O	S	R	N	F	I	T	C	R
4	6	7	8	7	5	4	3	8	7	4	5	7
O	T	I	S	S	A	U	I	C	Y	R	S	O
6	2	3	2	3	5	6	3	5	4	2	5	3
H	S	D	T	G	S	O	E	U	T	U	R	T
4	6	5	8	6	8	7	3	8	4	7	5	4
E	U	E	L	G	O	U	O	S	O	R	D	U
8	2	4	6	3	6	7	3	6	2	8	3	3
E	D	S	H	L	T	S	O	S	Y	R	V	E

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Highline adds two more All-Americans

By TREVOR KULVI

STAFF REPORTER

Highline's wrestling team finished 19th in the nation led by All-Americans Brad Padgett at 184 pounds and Desean Willis at 125 pounds at the NJCAA tournament last weekend in Rochester, Minn.

Iowa Central won the team title with a score of 147 points. Following closely was Highline rival North Idaho with 131 points. Highline finished 19th with a score of 26.5 points. The national tournament was a two-day 32 man bracket tournament that consisted of 42 teams.

Highline's own Brad Padgett and Desean Willis each earned All-American awards by placing fifth and seventh respectively in the 184 pound and 125 pound weight class.

"The meet went pretty good," said Assistant Coach John Clemens. "We did not do well as we had hoped."

At 125 pounds, Desean Willis won his first two matches before losing his third, which enabled him to qualify for day two. In his first match of the day, Willis defeated Steve Wile of Morrisville to advance. The second match up for Willis had him facing Brian Beilke of Ridgewater. Willis won by a fall at 2:46.

The first loss for Willis came against Dennis Kakrah of Wau-bonsee. Kakrah won a majority decision 12-3.

Willis defeated Aptekin Oskilik of Nassau Community College, by a 6-5 decision, to finish seventh in the nation and claim his first-ever All-American award.

Padgett also brought home an All-American award. Padgett qualified for day two with a very impressive performance on day one.

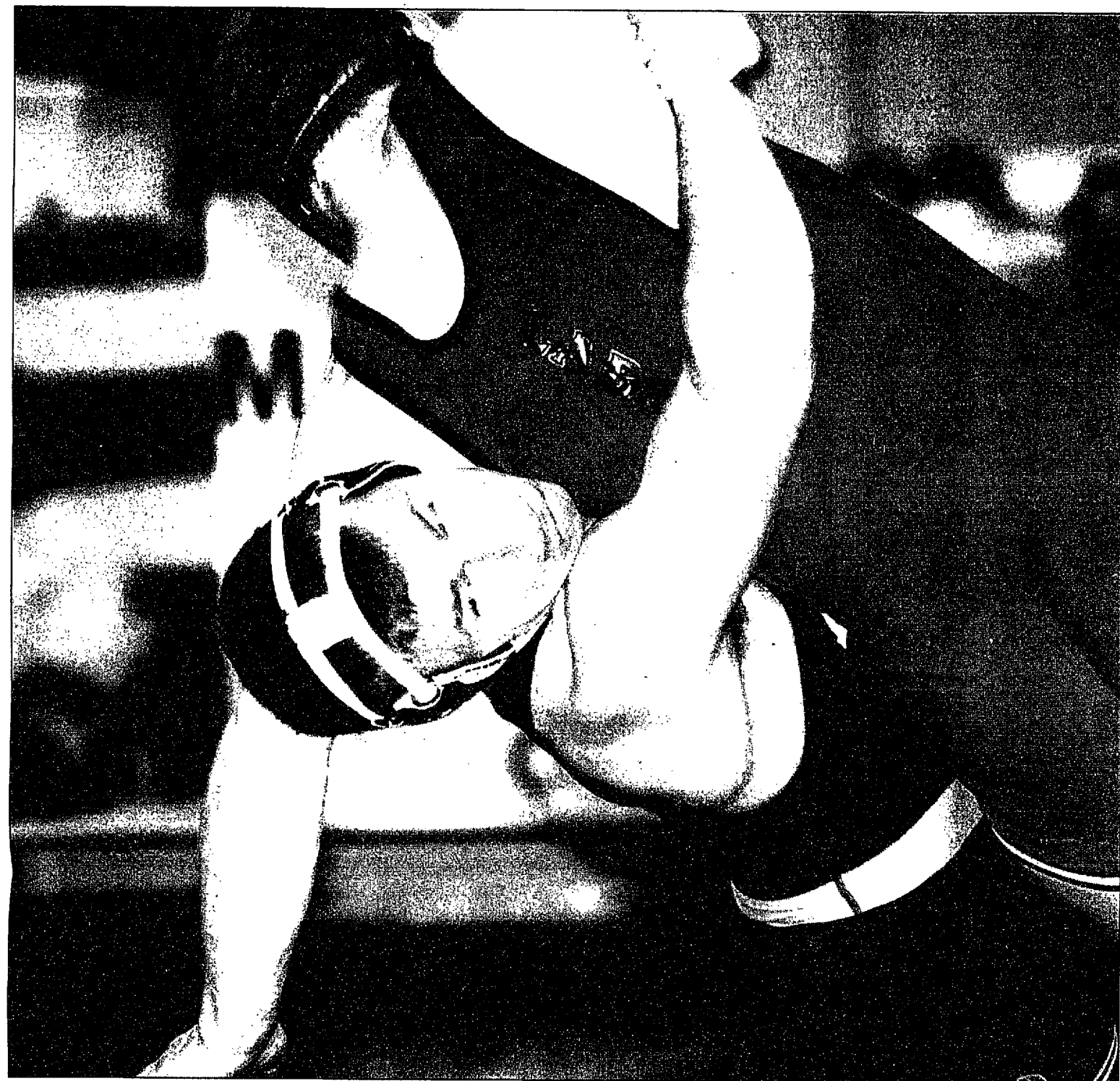
Padgett's first match was against Iowa Central's Rory Miller. Padgett easily won by a majority decision of 12-4.

Next up for Padgett was Labette's Alex Saunders. Padgett won the match by a score of 14-12 to advance to the semi-finals.

After reaching the semi-finals, Padgett went up against Dallas Mitchell of Minnesota West. Mitchell came away victorious by a score of 10-9. The loss kept Padgett out of the final four in the bracket, but Padgett won his match over Alex Saunders of Labette to claim fifth place in the nation.

"It's hard to say. I could have done something different. I don't know what it is," said Padgett.

In the 141-pound class, Tan-



Brad Padgett taking down Alex Saunders of Labette College in the quarterfinals of the 184 pound class at the NJCAA National Wrestling Tournament last weekend in Rochester, Minn.

ner McCoy went 2-2, but failed to qualify for the second day because of a late loss in his weight class.

For his first match, McCoy defeated Al Iaquinta of Nassau by a decision of 5-4.

In his second match, McCoy lost a heartbreaker to Triton's Jeremy Powell by a fall in 3:39.

The loss put McCoy on the other side of the bracket where he faced Itasca's Cody Johnvin. McCoy defeated Johnvin by a fall in 2:47. In his last match, McCoy lost a 7-2 decision to Clint Collins of Gloucester.

At 149-pounds Justin Studer's first match came in the second round after earning a bye. Studer faced off against Mat Gilliland of Colby and lost a majority decision 10-1.

Studer's next match came against Clay Belka of Muskegon College. Studer defeated Belka by a score of 12-6. Studer's final match of the day was against Niagara's Josh Eagan. Eagan won the match by a take down fall.

Highline was represented by Michael Markey in the 157-pound class. Markey wrestled his first match against JJ Jackson of Spartanburg Methodist.

Markey defeated Jackson by a score of 5-2. The second match up for Markey was against Colby's Matt Schippers. Schippers defeated Markey with a fall at 4:48.

The loss moved Markey to the other side of the bracket where his day ended with a loss to Bryan Cantrell from league rival Clackamas.

The 165-pound class was represented by Norman Orr. Orr faced Daron Cruickshank of Muskegon College. Orr lost the match by a score of 11-8.

Orr was moved to the loser's bracket where he faced Alex Bubb of Clackamas. Orr defeated Bubb by a score of 9-3. Orr's day came to an end after he lost to Levi Nicolai of Ellsworth by a score of 13-7.

Originally Lionel Orji did not qualify for the national tournament, but got in after Glendale's

representative at 174-pounds got injured during practice.

In his first match, Orji lost by a score of 18-2 on a technical fall.

In his second match, Orji lost by a score of 7-4 to North Idaho's David Johnson.

At 285 pounds, Raymond Pouncey took to the mat.

In his first match, Pouncey

faced Quentin Tarasewski of Mercyhus College.

Pouncey lost by a fall at 3:37. The loss put Pouncey in the loser's bracket where he went up against Dan Powell of Clackamas.

Powell took Pouncey down with a fall at 2:44 to win the match.



Desean Willis on his way to a seventh place finish in the 125-pound weight class.

Photos by Deena Padgett

T-Birds clinch playoff spot, division still in limbo

BY GAVIN JOHNSON

STAFF REPORTER

The Thunderbirds men's basketball team beat South Puget Sound and Clark last week to clinch a spot in the NWAACC tournament.

Highline took on the Clippers, who are currently tied for last place in the Western Division, in Olympia on Feb. 22, defeating them by a final score of 72-60.

South Puget Sound came to play in hopes of bumping Highline off track for the playoffs; however the T-Birds took a stand to remain in second place.

"After the tough loss against Centralia I really wanted the guys to have a true sense of urgency, and to play with a purpose," said Head Coach Che Dawson.

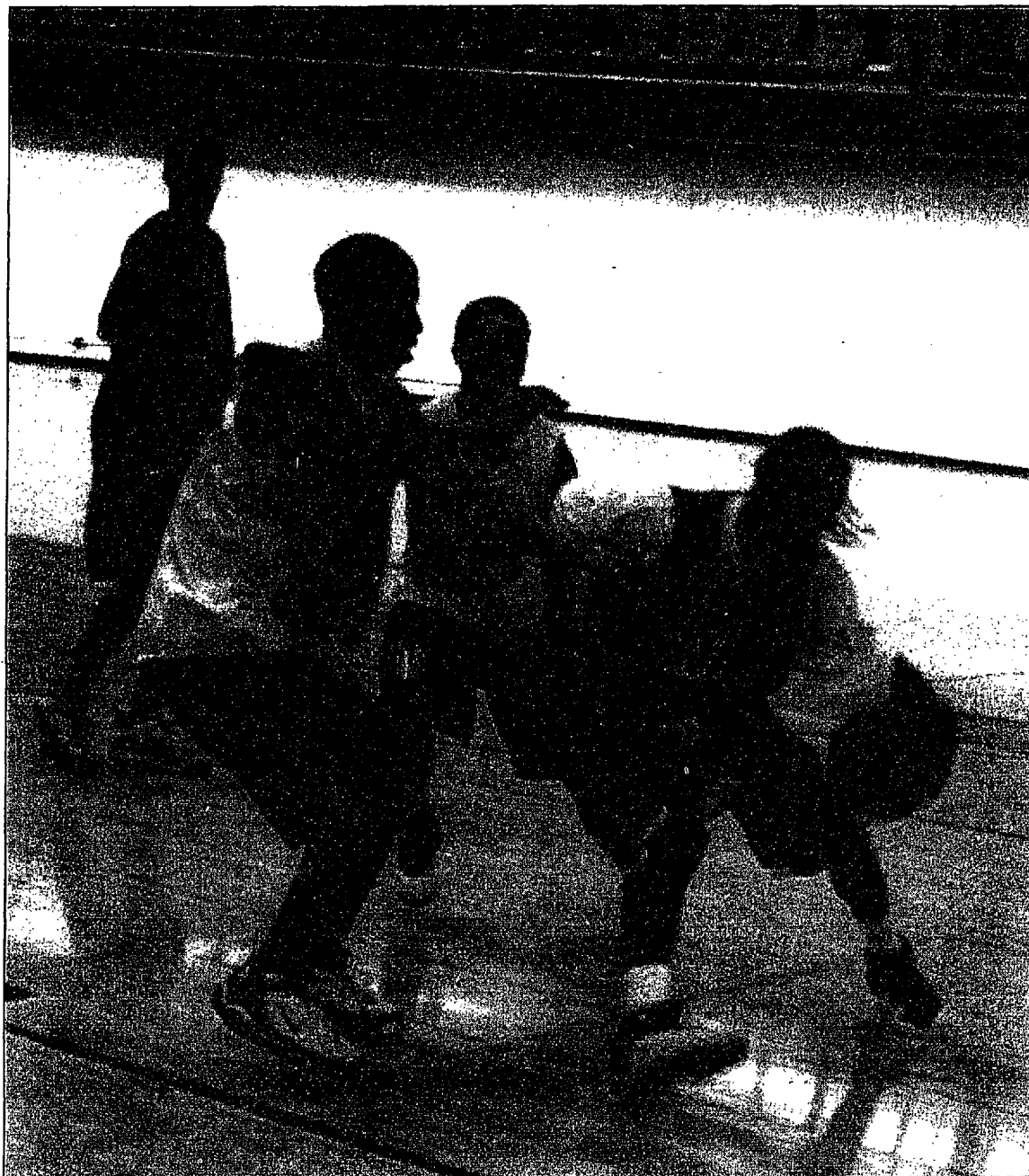
Only leading by three at half-time 35-32, was a small reminiscence of the Centralia game where they were also leading at halftime, and ended up losing in overtime.

The T-Birds stepped up in the second half to increase the lead to 12, and assures that the same mistakes wouldn't result in another upset.

Key players of the game were Morris Anderson with 15 points, Mike Dorr with 10 points, 8 rebounds, Nate Jackson with 10 points and Zach Bruce with 13 rebounds.

Londen Carter led the team with three blocks and four assists. Carter also scored nine points and had six rebounds in 12 minutes.

After a satisfying win against South Puget Sound, the Thunderbirds hosted Clark at the T-



Photos by Austen Lavery

Nate Jackson drives against Derrick Webb and Zach Bruce while Mike Dorr looks on during practice.

Dome Feb. 25.

With the momentum in Highline's favor, the T-Birds showed no mercy by defeating the Penguins in a landslide victory with a final score of 83-60.

Highline came out in the first half on fire leading Clark 55-25 by the end of the first half.

With a great field goal percentage, 55.9 percent, and strong defense with a total of six blocked shots the Thunderbirds took charge throughout the game.

"I believe these last two games have really brought the team back in sync with each other. We are starting to make that extra effort that we are going to need to be successful in the playoffs," said Coach Dawson.

Leading by 30 points going in to the second half gave the T-Birds a comfortable lead, and set the pace for the remainder of the game.

The T-Birds continued as they opened up the second half with a 10-4 run and extended their lead to 36 points.

Key players of the game were Nate Jackson with 17 points, Zach Bruce with 10 points and

five rebounds. Jaxin Skyward scored 10 points and was one of three T-Birds with four assists.

Carter led the team with seven rebounds and added four points.

"These two wins meant a lot to us, seeing as how the playoffs are so close. We should enjoy these wins, but we have two big games ahead of us to focus on now," said freshman wing Mike Dorr.

Results for last night's showdown with Lower Columbia were unavailable at presstime.

The last time these two teams met was Jan. 28 when the Red

Devils upset the T-Birds 92-76.

The T-Birds had the lead going into the second half 47-45. However, the Red Devils came out in the second half and outscored the T-Birds 47-29 to clinch the victory.

This second meeting with Lower Columbia will determine the Western Division champs.

Along with the division title a number one seed is also on the line at the NWAACC tournament.

Results from Wednesday's game against Lower Columbia were unavailable at press time.

The Highline Thunderbirds' final game of the regular season will be Saturday, March 4 against Green River in Auburn at 5 p.m.

Highline defeated the Gators in their last meeting 79-73. The T-Birds jumped out to an early nine point lead and fought off a Gator comeback for the victory.

The T-Birds will be looking to complete the season sweep and lay full claim to the Valley Cup.

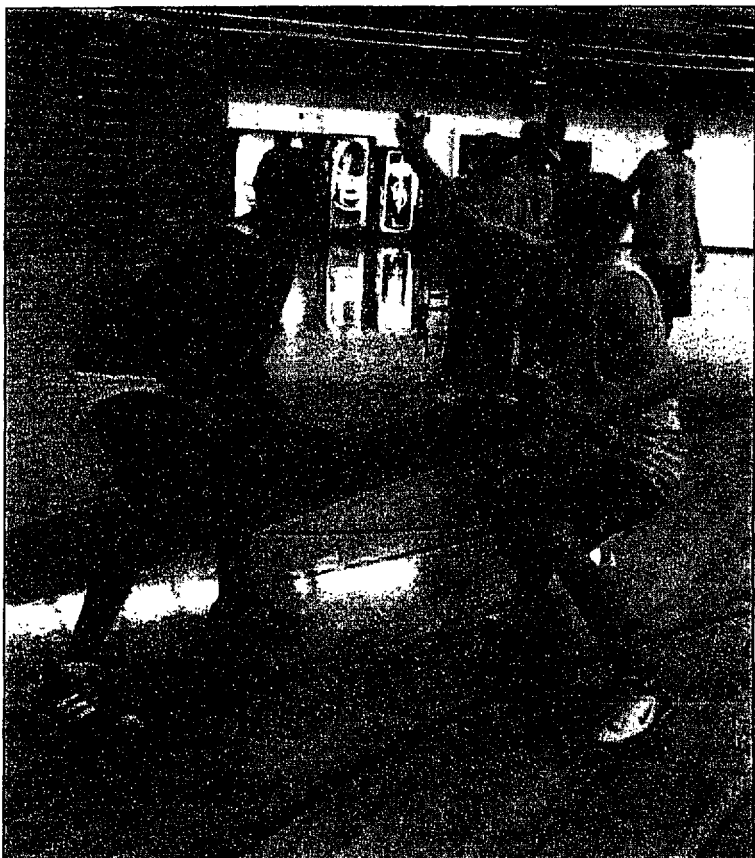
The T-Birds have clinched a spot in the playoffs, either first or second, and will be competing in the NWAACC tournament March 8-12 in the Tri-Cities.

The Western Division will send four teams to the NWAACC Tournament in the Tri-Cities.


Currently, Lower Columbia leads the division at 13-1, followed by Highline at 12-2.

Grays Harbor and Centralia are currently tied at 10-4 but Grays Harbor swept the season series, which will give the Chokers the higher seeding should the teams remain tied at the end of the season.


"Our focus for the rest of the season will be winning our division, taking home the Valley Cup, and come home from the tournament to hang the banner," said Coach Dawson.



Jesse Campbell plays tight defense on Mandela Bunting during preparations for the final two games of the season.



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Women have eye on top spot in division

By STEVE PIROTTE

STAFF REPORTER

The Highline women's basketball team may know by this morning whether it can finish as the NWAACC Western Division champs or in third place.

The T-Birds face off against first-place Lower Columbia on Wednesday, March 1, with results unavailable at press time. Lower Columbia went into the game with a 13-1 record, tied with Centralia for first. However, Lower Columbia's one loss came against Highline, who lies in third with a 12-2 record.

In their last meeting Highline won 54-53, ending the Red Devil's 33-game home win streak.

They were led by sophomore guard Allison Maas who scored 15 points and had 8 rebounds.

To finish as league champs the T-Birds need to beat Lower Columbia, but they also need Lower Columbia to beat Centralia at home on the last day of the season.

"This is a really big game," Head Coach Amber Rowe said beforehand. "We need to win to be in the running to be league champs. This game could be the difference between league champs and a number one seed."

Rowe believes that the T-Birds are a better team than when they last faced the Red Devils.

"I've watched the game tape and we are better," Rowe said. "But I know that Lower Columbia will be better also."

"We're going to make some adjustments that will give us the edge tactically. I think the team that can win the mental game will win."

Highline is boosted by sophomore guard Ashley Cavalieri's return from injury. In the first game Cavalieri was restricted to four minutes because of a wrist injury. Since then she has almost fully recovered and has been an important part of the offense.

"I feel a lot more confident than the last time we played Lower Columbia," Cavalieri said. "I'm just playing one game at a time. If we look too far ahead then we won't see what's in front of us."

The T-Birds are coming off a poor performance against Clark last Saturday. Although they won 66-58, it was a not a good showing.

"We weren't ready as a team," Rowe said. "We came out very flat and our shooting was awful. We could not hit the broad side of a barn on Saturday. We picked up our defense and made

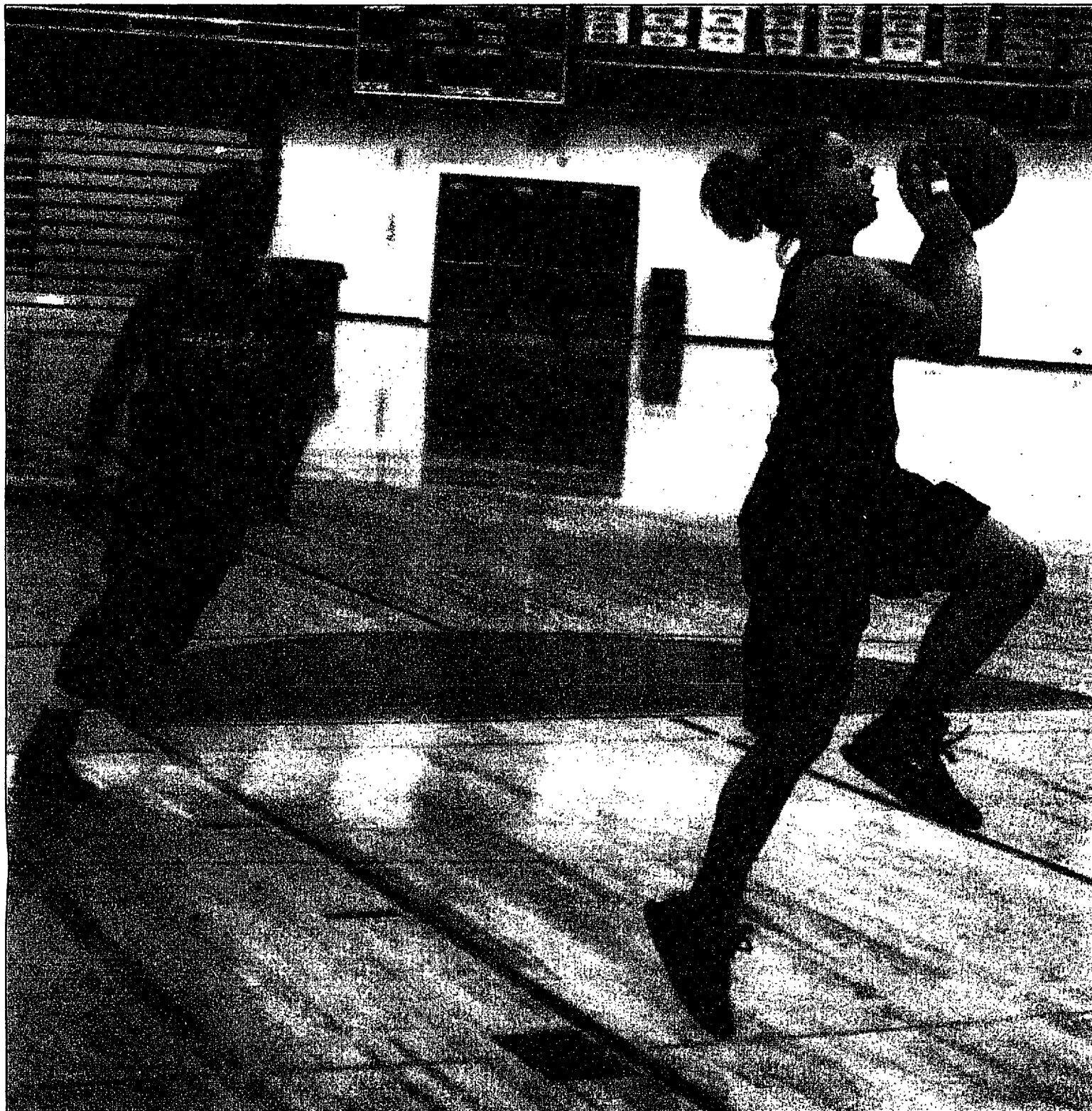


Photo by Austen Lavery

Ashley Cavalieri goes for a layup in practice in preparation for Lower Columbia while Marissa Cain looks on.

our free throws though, so we were able to come out with the win.

For the most part the players had mediocre games, except for sophomore point guard Christine Kim.

"Christine Kim was the player of the game, hands down. She went 8-8 from the line and played really well," Rowe said.

Kim ended the game with 16 points, seven rebounds, and two steals.

The players were also upset with how they played.

"We need to redeem ourselves," said sophomore Marissa Cain. "We need to show



Head Coach Amber Rowe

people that we're not a team that plays down to the level of our opponents."

However, the players are also upbeat about their ability to play well.

"I think we'll start playing our best basketball in the next two games and have a lot of momentum going into NWAACC's," Cavalieri said.

Previous to the Clark game Highline played South Puget Sound on Feb. 22. The T-Birds won 69-61, but Rowe was unsatisfied.

"It was a good physical effort but a bad mental effort," Rowe said. "We played hard but made a lot of mistakes. We led most of the game, as much as 15, but then we relaxed and let them go on a run. They cut it to three, but we were able to keep our composure and hold on to the win."

Although the team has qualified for the NWAACC tournament, the players are focused on

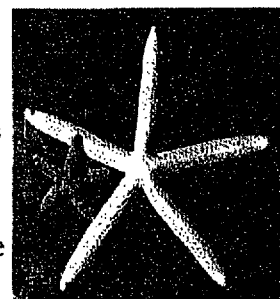
finishing the season strong.

"I try not to think about the NWAACC because last year I had a lot of nerves," Cain said. "This year I'm trying to take the season one game at a time."

Highline plays Green River on Saturday, March 4 at Green River to finish the season. The championship tournament starts March 10. The tournament will be played in the Tri-Cities.

Classes at the MaST Center Spring 2006

If you're interested in taking a science course that puts you in the environment, sign up for a class at the MaST Center. All of the courses are 5-Credit lab sciences and only meet two days a week. For more information, check out the webpage at flightline.highline.edu/mast.



BIOL 103: Seabirds & Marine Mammals (6006) TTh 11:30A-2:20P Inst: Moses
BIOL 110: Marine Biology (6008) MW 11:30A-2:20P Inst: Shabb
OCEAN 101: Survey of Oceanography (6064) MW 7:00P-9:50P Inst: Higley

Basketball helps Maas keep on going

BY ALICIA MENDEZ

STAFF REPORTER

Highline's Allison Maas has done a 180 on the court.

Sophomore Allison Michael Maas (Mass), guard of the Highline women's basketball team, leads the team in rebounds and points with an average of 12.7 per game.

Standing at 5 feet 10 inches tall, Maas plays as an intimidating guard.

Last year, Maas struggled to keep her head up during the basketball season.

"From last year I've improved a lot. Last year my whole issue was when I would do something wrong my head would drop and I'd be done after that, I wouldn't be able to play anymore," Maas said. "It would just throw my whole game off."

This year is a totally different story. With her head held high, Maas has earned her position in the starting lineup.

Maas, 19 years old, always had a passion for basketball.

In third grade she finally got a taste of that passion and never looked back.

Unlike many players, Maas' basketball talent did not come easy to her.

"I sucked. I didn't make a shot the whole season until the very last game I made one shot and it didn't even count because it was after the buzzer," Maas recalls from her beginning years of basketball.

Since then Maas has always tried to improve her game.

In high school Maas continued to shine in athletics.

She played fastpitch, soccer, and basketball at Tyee High School, where she graduated in '04.

There, she made the basket-



Allison Maas

ball varsity team all four years, and Gatorade player of the year her senior year.

High school only increased Maas' fervor for an academic career alongside basketball.

Her talent did not go unnoticed to fellow community colleges around the Puget Sound.

Along with Highline, schools such as Edmonds, Everett, and South Seattle recruited her, Maas said.

At the last minute, Maas made her decision and chose to sign with Highline.

"I called (Head Coach) Amber (Rowe) at the last minute; luckily she was saving a jersey for me. If I hadn't called the day I called, I probably wouldn't have been on the team," Maas said.

At Highline, not only has Maas found a team she enjoys, she also has chosen a major in sports medicine.

"I would like to work with basketball players but any sport would be all right," Maas said.

Once she finishes her degree at Highline, Maas hopes to continue her collegiate and basketball career in a college in California.

Last year, Maas had a rocky start during the season. She only started three games, but she still pressed on.

"Coach Rowe has this saying that it doesn't matter who starts the game it's about who finishes it," Maas said.

Coach Rowe helped Maas' game immensely, said Maas.

"She's taught me how to play more fundamental ball," Maas said. Coach Karen Nadeau has also been of great influence to Maas.

"She's really helped me in and out of basketball. She's one of the coaches I can really go to and talk with about stuff," Maas said.

All three coaches Maas said have contributed to her vast improvement in the game.

"She's taught me a lot of different moves I can do when I get rebounds or when I'm dribbling the ball for my shot," Maas said about Coach Nadeau.

Maas said Coach Rowe has helped her to not allow mistakes she makes to get her down.

The women's team has a league record of 12-2. This year the team works together better than last year, Maas said.

"I like the team more than last year. I feel like it's more of a family this year more than last year. We all just got a lot of love for each other," Maas said.

Chemistry on and off the court radiates from this women's team. It is likely, if you walk into the Student Union Bistro between the hours of 10 a.m. and noon, you will see the team congregated full of laughter.

"Outside of basketball the



Photo by Austen Lavery

Allison Maas keeps the ball away from a Pierce defender in their last meeting on Feb. 8. Highline won the game 50-37.

way you click with your teammates is the way you're going to play," Maas said.

Naturally, Maas hopes to win league champions title, and to dominate in the NWAACC tournament.

"Just really having the desire to get there (championships)—

we can do it," Maas said.

Maas hopes to help the Lady T-Birds get deep into the NWAACC Tournament.

As of right now, Maas and the rest of the Lady T-Birds are in contention for the top seed out of the west division, but need help from Lower Columbia.

Scoreboard

WOMEN'S BASKETBALL

	Leag.	Ovrl.
WEST		
L. Columbia	13-1	18-6
Centralia	13-1	24-3
Highline	12-2	19-8
Tacoma	7-8	9-13
S. P. Sound	6-8	9-16
Green River	5-9	7-18
Clark	5-10	9-19
Grays Harbor	2-12	3-21
Pirece	1-13	2-23

Scores

WHATCOM 56, EDMONDS 32
SEATTLE 87, EVERETT 67
S VALLEY 76, PENINSULA 65
OLYMPIC 56, SHORELINE 45
HIGHLINE 66, CLARK 58
CENTRALIA 81, G. RIVER 61

MEN'S BASKETBALL

	LEAG.	OVRL.
WEST		
L. COLUMBIA	13-1	26-1
HIGHLINE	12-2	19-5
G. HARBOR	10-4	18-8
CENTRALIA	10-4	13-14
TACOMA	7-8	8-18
PIERCE	6-8	12-14
GREEN RIVER	4-10	8-17
S. P. SOUND	1-13	6-18
CLARK	1-14	3-23

SCORES

EDMONDS 75, WHATCOM 72
SEATTLE 103, EVERETT 96
PENINSULA 82, S. VALLEY 70
OLYMPIC 88, SHORELINE 67
HIGHLINE 83, CLARK 60
CENTRALIA 70, G. RIVER 69

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Standout students

Reilly, Leggett earn all-Washington honors for grades, service

BY ROSIE MEEKER

STAFF REPORTER

Jennifer Reilly wants to become a nurse, and she might make it.

Reilly is competing against about 400 other students applying to get into the nursing program at the University of Washington which accepts less than 100 students.

Keeping direct eye contact, Reilly slipped easily into conversation about her involvement in many school and extracurricular activities she needs to achieve her goal.

Reilly is an 18-year-old student who is in her second year of Running Start at Highline. She attends Todd Beamer High School and has an important role as captain of the cross country and track teams.

She talks enthusiastically about her role in track and cross country, one can understand how it was that she was captain for both sports for three years and voted most inspirational. She runs long distance for track and although has never made it to state in cross country, has come close by qualifying once for district in tough competition.

Reilly and another over-the-top Highline student, Janae Leggett, were chosen to represent Highline on the All Washington Academic Team. Students on the All Washington Academic Team are nominated and submitted to Phi Theta Kappa, and those nominated are automatically on the team to be ranked nationally today.

Every member of the team will receive \$250 from Keybank and \$500 from the Northwest Education Loan Association. Reilly will also receive \$4,000 from the University of Washington where she plans on going after she graduates from high school.

Reilly said her parents inspire and support her to do her best in school. Some students feel pushed by their parents to get good grades, but Reilly feels her parents encourage her in a "good way."

Her parents not only encourage her to strive for the best, but her mom also helps her to find scholarships to aim for.

One of the scholarships she received not connected with the All-Washington Academic Team was the Coco Scholarship which will go toward purchasing books for college classes.

Reilly is studying to become a nurse, so that she can "help



Jennifer Reilly

people," she said.

Nursing will give her that opportunity to help. Reilly wants to be a nurse practitioner for the under privileged, where she will be able to work without supervision and be able to sign prescriptions. As a nurse Reilly could choose to travel wherever it leads her. Reilly wants to become a nurse because it "makes people feel good," she said matter-of-factly, as though that was a given.

Reilly also said that being a nurse practitioner she could choose to travel, she will be able to work with children one week and with the elder the next.

Reilly hopes to get into the nursing program at the University of Washington. She said that though the program is really good, it's also really competitive. They only have a certain amount of spots available for the nursing program. Reilly made the first cut, out of about 400 applicants, and is currently waiting to hear if she made the second cut out of about 100 applicants which will get her into the medical program and on her way to completing what she worked so hard to get.

BY LINDSEY FARAH

STAFF REPORTER

Her long silky straight locks of hair lay against her white striped button-up shirt with her blue fitted jeans. The smile on her face makes one feel welcomed.

Janae Leggett 21, isn't just a typical student at Highline; she has been named a member of the 2006 Washington All-Academic Team for her achievements and community work.

This honor is represented to 64 students from 34 community and technical colleges in the state.

Leggett and others received \$250 scholarship from Key bank, a \$500 scholarship from Northwest education Loan Association (NELA), and a \$250 scholarship from the Highline Foundation.

Five years before Leggett would have never imagined being where she is today. In high school she was a Running Start student from Enumclaw High School. Her senior year Leggett's goal to graduate high school with her AA crumbled when she had to face a traumatic past. She did manage to graduate with her high school diploma.

When she was 18, Zoe, her daughter came into her life.

At a young age she became a single parent. But that did not stop her for going to college. In fact, she said, it made her stronger.

"Whatever you do, don't dwell on the past, what doesn't kill you will make you stronger," said Leggett

Leggett attended Highline



"Whatever you do, don't dwell on the past, what doesn't kill you will make you stronger."

-Janae Leggett,
Highline student

unknowing what path in business she wanted to venture into. Until she met Mike Cicero, her instructor for Business 100, where he convinced her to go for her master's in business instead of just getting her AA.

"Mike Cicero merely just planted a seed of thought, to pursue a master's in business," said Leggett.

Leggett estimates that it may take six or seven years to achieve her academic goals, which include a minor in Spanish. She hopes someday to be a financial manager.

She also gives back to the community and owns her own business. Leggett volunteers once a week with elementary students, teaching them about economics and business through the Junior Achievement Program.

On top of that she owns her own business teaching swimming lessons.

"Do what you got to do," said Leggett as she straightened up from her seat. "Giving back to the community makes others and yourself happy."

Even though her life is so busy, she said she makes time to spend time with her daughter.

"My daily schedule is I get up, get ready, wake my daughter up, get her ready, leave and drop her off at day care, come to school, go to classes, work at Team Highline, have three hours of studying, then goes and picks up her daughter at day care, eat dinner, special time with her daughter, puts her to sleep, and then studies a couple hours before going to bed," said Leggett.

To Leggett there is no such thing as wasting time. For her, time means getting something done.

"Keep your goals in mind, and always stick to your goals," said Leggett.

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Slavery stress echoes through history

By MICHELLE ERICKSEN
STAFF REPORTER

African-Americans are still suffering the traumatic effects of slavery 141 years after slavery was abolished, an expert says.

Dr. Joy DeGruy-Leary, is an assistant professor at Portland State University, says that African-Americans bear the psychological burdens of hundreds of years of slavery and another 100 years of second-class status, often without realizing it.

Dr. Leary, who has written *Post-Traumatic Slave Syndrome: America's Legacy of Enduring Injury and Healing*, a book on the subject, came to Highline to explain her findings



Dr. Joy DeGruy-Leary

in a talk sponsored by the Black Student Union. More than 200 people showed up to two different sessions on Feb. 27 to hear her speak in Building 7

"It's not an excuse for people not taking responsibility for

their behavior, it's not about trying to fix blame on someone," Dr. Leary said. "It's about healing."

Dr. Leary said she began her research when she read that slaves were not considered to suffer the effect of Post Traumatic Stress Disorder. People who are victims of rape, war veterans, or who have lived through natural disasters usually suffer effects of Post Traumatic Stress Disorder. Symptoms which include, detached emotions, a sense of a shortened future, difficulty concentrating, and an accentuated startle response.

"Post Traumatic Slave Syndrome is not Post Traumatic Stress Disorder, they're two

different things," Dr. Leary said. "You can be traumatized having not being present at the trauma."

American chattel slavery was different than other forms of slavery at the time in the manner of how a person became a slave, treatment of servitude, and longevity, Dr. Leary said.

"It was the most barbaric form of slavery ever recorded in history," said Dr. Leary.

"Their unborn children were slaves," she said. "It was a lifetime of trauma."

African-Americans today don't know on whose shoulders they stand, said Dr. Leary. They don't understand where their parents came from as anything associated with Africa is looked

at as negative, Dr. Leary said.

"History is a very important part of healing," Dr. Leary said.

Dr. Leary said that stereotyped behaviors of African-Americans today stem from behaviors learned during slavery.

She described how much more likely African-American parents are to belittle their kids than white parents, which stems from the same practice as slaves belittling their children so they wouldn't be taken away.

"I don't know how many times I've heard, 'I know my father loves me, he just never said it,'" Dr. Leary said.

Dr. Leary said change starts at home, and parents need to educate and prepare their children about their history.

International students travel far to study at Highline

By AMANDA CABELLON
STAFF REPORTER

Fang Chan Wang is a long way from home.

Wang, a 24-year-old international student who traveled from Taipei, Taiwan, sits in the Student Union.

She glances at her laptop and says, "I wasn't scared to come here. I didn't have any expectations because I just wanted to take some courses. I want to work in a hotel, because I'm interested in it."

Her brown furred vest presses against the table while she adjusts in her seat, nibbling at a ham sandwich.

Each year, international students like Fang Chan Wang apply to the International Student Programs to come to Highline so they can get transfer degrees.

Miho Nishimura, a 23-year-old Japanese student says "I've been here for two years and eight months to study in the traveling and transportation program. It's beautiful in Seattle, and I got a job there. It's because I have experience in studying abroad for customer service agent for Japanese Airlines."

But before they are able to take classes in Highline, they must pass a list of requirements, which include student application form, proof of English proficiency, a \$50 application fee, current bank funds to show proof for funding of one year at Highline, and a high school diploma.

After requirements are met, international students are accepted into Highline, giving them the opportunity to study in a new country with new programs and classes for them to take.

"There are lots of different programs we offer for international students," says Mike



Mariko Fujiwara

twice a year," she says. "I left Taiwan to come in 2003 to come to the United States. I came to Washington in 2004."

But unlike Wang, some transfer students find it difficult to get accustomed to their new environment.

"You're the only person coming here to study," says Mariko Fujiwara, the director of international student programs. "Your family and friends are still at the country that you left. That's why we offer a college survival class, it's a student service."

The college survival class for international students is a required class that helps students prepare for other college courses and helps them feel welcome to Highline.

Currently 205 international students are studying at Highline. Sixty percent of those students are Japanese.

"Students from more than 30 different countries come," Fujiwara says.

"It's not a problem for me with a school that has a lot of

cultures, because you can talk to a lot of people and learn about many cultures," Wang says. "I talk to everyone that talks to me, I won't talk to one specific culture."

She always says that talking to other students who are proficient in English helps her speak better English as well.

But before international students arrive, they have an option to live at home or stay in dorms.

Wang says that, fortunately for her, she already had a friend who studies here as an international student, and who let her share her apartment.

"When I went to transfer to Highline Community College, my friend invited me to the apartment," Wang says. "Apartments in Taiwan and America is totally different. Usually in Tai-

wan, they're smaller and cheaper."

However, most students choose to dorm with other international students. It helps them feel comfortable and at home to make friends with other students that are put in the same situation they're in.

Living in the U.S. compared to another country halfway across the world can be really different.

Different people, scenery, and different situations.

"A city has a lot of population, very crowded. In the United States, there's not as many people as in Taiwan," Wang says while thinking of the differences between Taiwan and Washington. "But I like it here because you can take the water taxi and there are a lot of activities. But I don't like the rain."

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FAT FOOD NATION

Students need exercise, diet to stay healthy

By ROSIE MEEKER

STAFF REPORTER

"Does this make me look fat?" Those six words are heard everywhere, on the radio, on television, and from a friend needing reassurance of no, that outfit doesn't make you look fat. Anywhere there are people, there are those who are always concerned about the way they look, in high school, college, the work force. Highline is no different.

But students shouldn't worry about how they look, it's more about what they eat, experts say.

The majority of students tend to buy food that is the cheapest, quickest and easiest to eat, said Keith Paton, coordinator of physical education at Highline.

In the United States 30 percent of the population is obese, while 60 percent don't get what is considered the adequate amount of activity, which is 30 minutes of moderate activity most days of the week, said Paton.

Exercise alone isn't enough to maintain a healthy body; a healthy diet is also needed.

A regular diet should consist

mainly of complex carbohydrates, such as rice, grain products, cereal, and pasta, Paton said.

Director of Nutrition Dr. Ruth Kava of the American Council of Science and Health in New York said that young women need to get in at least three servings of dairy products each day, whether it is yogurt or a glass of chocolate milk, calcium at this age increases the density of bones.

Kava also said that most adults need to get more fruits and vegetables in their diet.

The rage of eating nothing with carbohydrates from a few years ago has died down considerably, said Paton.

Some out there believe that a low carb diet is good for some, however.

One Highline student said she followed the low carbs diet for a short time, with one goal in mind, to stop the sugar cravings.

She said that the whole low carbs diet thing is only good for about 10 days.

At the end of the week and a half, she did in fact lose the sugar cravings, but also about 15 pounds.

Not only is it bad idea to cut out fruits and bread all together, it's an expensive habit.

Kava said that a down side of the low carbs diet is that people cut out too much carbs and are getting too much trans fat.

Trans fat is usually vegetable which is hardened into margarine or shortening that slowly clogs the arteries.

"College is the time to set up healthy habits," said Kava on what people should do to exercise, which doesn't have to be

running five miles everyday, uphill both ways.

It could be dancing, swimming, or just walking.

Some Highline students said they feel better after they exercise than when they don't.

Students Erica McLean and Olga Sidorenko both exercise five days of the week.

McLean said that those she eats a regular diet, she exercises by participating in ballroom dancing or lifting weights and stretching.

Sidorenko eats a healthy diet and exercises by way of cardio, which is meant to elevate the heart rate by doing moderate to intense aerobic activity.

Kava said that in college is when people go through an experimental stage with their eating habits.

Students have even cut out an entire food group all together, some try going completely vegetarian without discussing it with a dietician, so they could be neglecting to get the protein they need through foods other than meat, such beans.

The Freshman 15, where first year college students tends to gain an average of 15 pounds, is not much of a problem at High-

line as it would be in a four-year college with residential living, said Paton, coordinator of physical education here at Highline.

Freshman seem to gain the approximate 15 pounds because they are trying many new foods that are the easiest to buy and are a quick fix, but not exactly the best choice for the body to have everyday.

A simple way to change your eating habits could be to start fresh, when it's time to go shopping, make sure that it's on a full stomach, and choose wisely what is placed in your cart.

Skip the aisles of chips and candy and spend more time in the produce and bread section experts say.

You could also explore different types of exercises said Kava.

The American Heart Association states that physically active people have better mental health than compared to those who are inactive.

Those who are physically active have a more positive self-concept of themselves and more self-esteem.

And maybe you won't be so concerned about how you look anymore.



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SPRING QUARTER 2006

Scholarships await applicants

By MICHAELA PARFAIT
STAFF REPORTER

Scholarships await

If you are looking for a way to pay for college next quarter, Highline will be offering 50 scholarships to students who need extra support.

Highline offers scholarships each year to anyone who is enrolled.

This year a total of \$65,000 worth of scholarships are being offered. The amount for each scholarship ranges from \$400-\$2,700.

"In a lot of situations, a lot of people can't afford to pay for college so getting a scholarship helps minimize the number of loans needed," says Rod Stephenson, Executive Director of Resource Development.

Scholarships come in different forms. They can be merit-based, where the donor has specified it to be used for academic excellence; program-based, designated for someone studying a particular field; and need-based, which is mainly focused on financial need.

"Last year, there were 150 applicants for 50 scholarships," Stephenson said. "Hopefully this year we will have a lot more than that."

To keep your scholarship after you receive it, you need to keep a minimum of 2.5 or 3.0 grade point average, depending on the scholarship. Some of the scholarships vary and the GPA will be higher or the applicant will need to take a minimum of

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Highline Foundation Director's Scholarship: 3 at \$2,250
Pat Anderson Endowment: \$1,500
Multicultural Services: \$750
Boeing ITC Scholarship: 2 at \$1,500
Geology Program: \$400
Vern Wambo Engineering Scholarship: \$2,000
Rotary Club of Southcenter Scholarship: \$2,250
Ruth Reilly Endowed Scholarship: 2 at \$1,000
Breeders Theater Scholarship - up to \$1,500 (maximum of \$500 per quarter)
Highline Math Department Scholarship - \$750
More information at www.funds4highline.org

12 credits each quarter.

"Apply. If you don't apply, you can't get a scholarship. It's really easy to apply," Stephenson said.

Scholarship applications must be submitted to the Financial Aid office by 4 p.m. on Friday, April 14.

For more information on the scholarships available visit the Financial Aid Office in Building 6 and Student Programs in Building 8. Also visit the Foundation and Resources Development web site at www.funds4highline.org.



Photo by Alicia Mendez

Tami LaFraniere places a finished hot dog in a bun, ready for another customer. La Franiere is the new owner of the Dog House on Marine View Drive.

Wind up in the Dog House

By MARK DANSEREAU
STAFF REPORTER

With new ownership of the Dog House in Des Moines, good times and a good hot dog are only a mere walk away.

The Dog House recently changed ownership from Scott Cooley to new owner Tami LaFraniere, who is also a Des Moines native.

"I wanted to buy the Dog House because I wanted my own business and more importantly I wanted to watch Oprah everyday," said LaFraniere.

"At my last job in the health care industry, you really can't watch Oprah and I wanted a change and to try my own business, be my own boss," said LaFraniere.

"It is a hard thing to do to leave your job and try your hand at your own business, especially with bills to pay and a family to provide for," said LaFraniere.

The Dog House is centrally located in Des Moines at 22243 Marine View Dr. S.

There is a new patio out front that will have tables, chairs and umbrellas that patrons can enjoy in the seasonal Seattle sunshine.

If LaFraniere can obtain a liquor license the Dog House will be able to serve beer, which she believes will improve sales and the atmosphere.

Hotdogs and sausages are available as main course items, plus side orders such as potato salad, chips, soda and fries.

With more than 10 varieties of sausages and more to come as the year progresses and patrons suggest different types, there is one for everyone.

There is even a vegetarian hot dog and fries for those who choose the other green meat.

One of the best sellers at the Dog House is the mango and habanero sausage with a side order of fries with chili and cheese, which is also LaFraniere's personal recommendation.

"With the hot dogs cooking, beer flowing and the sun shining the Dog House will be

a great place to grab a dog and some good times in Des Moines this summer," said LaFraniere.

"When summertime hits I will be so busy that I will have to rely on my children and their friends to help me run the Dog House," said LaFraniere.

Customers say they like what the Dog House has to offer.

"This place is awesome, I come here maybe two or three times a week, it's healthier and more fun to come here and grab a dog and not a burger, and my kids love it here," said patron Tom Sweeney.

Another customer, Sam Johnson, said, "This place is unique and wonderful. Sometimes I just want a good hot dog and this is the place that I come back to time and again."

LaFraniere has high hopes for the Dog House. Though she has only owned it for a month and a half, she enjoys working at her own pace and schedule.

"I only wish that I had made the switch sooner," said LaFraniere.



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S&A

continued from page 1

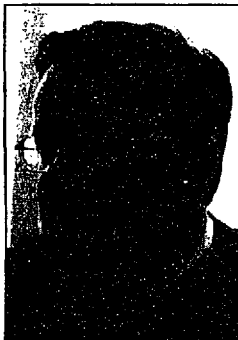
having a smaller collection than last year," said Jonathan Brown, associate dean for Student Programs. "We're coming under what we anticipated."

How much is in the budget will not be definite until sometime in March or early April.

Once the projections for the college operating budget are made, Brown will work with

Financial Services to form the revenue projections for next year. Then the S&A Budget Committee will know for sure how much money they have to work with.

"The vast majority of what was requested will probably be



Brown

approved. That's my educated guess," Brown said. "But it'll be a static growth year for budget allocations."

After heavy deliberation, the S&A Budget Committee will begin dividing up the funds between the student programs.

"We are not near any decision making phase. This will happen in Spring Quarter," Programs Coordinator Jodie Robinett said. "The committee is merely in the process of reviewing the budget requests and posing additional questions to the budget managers if deemed necessary."

Sidewalk

continued from page 1

ing included," Babington said. "Now, the Senate must pass it and the Governor must sign it, but we are told that both of those are likely."

Highline's Facilities Department has already started planning the project.

"In my world, the project has already begun, as we started design a week ago," said Babington. "But the part that

most people would consider the project, the actual construction work, will probably begin in early to mid-August and complete in early September."

The campus will have to dug up in order for the cables to be replaced.

"We'll have to dig a big trench along the west edge of the East Lot to install new high-voltage cables," Babington said. "Given that we will already be disrupting that area, we may also take the opportunity to replace the old, lumpy sidewalk with a new smooth one that is less trip-causing."

"We may build the sidewalk extra thick to allow fire trucks (that would otherwise have to park behind the cars parked in the lot) to get closer to buildings to fight a fire and respond to aid calls."

Much of the west edge of the East Lot will have to be fenced off during construction, "leaving occasional gaps for people to safely pass through," Babington said.

"So, between mid-August and early September, anyone parking in the East lot will have to negotiate safe passage across the construction zone to walk

Entry code process simplified

By ROBERT FITZGERALD
STAFF REPORTER

Entry codes for classes can now be obtained more easily, said Director of Advising and Educational Planning Gwen Spencer.

The codes give students access to courses with requirements, such as tests scores or completion of a lower level class.

The new process will allow students to obtain the codes from the Educational and Planning Center, or receive them by e-mail.

"It'll be more efficient," Spencer said.

Previously, students had to wait for a drop-in appointment: a process that Spencer said was causing students frustration. "Students were waiting 90 minutes for an entry code," she said.

With the new system, students will submit an entry code request form along with test scores or college transcripts. Students who complete their requests by 11:30 a.m. can receive their entry code at noon. Entries submitted between 11:30 a.m. and 3:30 p.m. will receive their entry code at 4 p.m. Students who come after those times will meet with an adviser.

The new system is basically a

large shared file on the computer network, Spencer said. Each subject is broken down into excel spreadsheets, containing a list of entry codes.

"The entry code is some random number that the computer puts out," said Spencer.

When a student applies for a new code, the adviser will retrieve it from the folder and either prepare it for pickup or

mail it to the student.

"An entry code only works for one class, though."

Spencer said the new system is being received well. "It's working fairly effectively."

The change, Spencer said, was a result of an increasing number of entry code requests. "We are now dealing with 4,000 entry codes a year."

Budget

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many strategies that are being evaluated. We are sure that the college will maintain excellent programs, but we are looking at a different organizational structure."

Students will also feel an impact because they get fewer classes to choose from.

The first employees who may feel the brunt of any layoffs will be the part time instructors.

A part-time faculty member can lose a class in two ways, explained Dean of Instruction for Transfer and Pre-College Education Jeff Wagnitz.

When enrollment for a class is too low then the class has to be canceled. If the class is taught by a part-time teacher then that teacher is out of a job.

The second way is more indirect - if a cancelled class was taught by a full-time teacher then that teacher will have to pick up a class to fill their full time load.

"In these situations, a part-time instructor may get bumped," Wagnitz said. "So far this year, we have tended to sustain classes rather than cut them, even if they're small, in hopes that enrollments would rebound."

"The question is to what degree we can afford to keep doing that into the future," Wagnitz said. "We are doing a lot to increase enrollment,"

These things include offering weekend classes and linking ESL to professional programs.

"Instruction is currently analyzing class fill-rates against the budget in order to determine

how many classes we may have to cut for this coming summer and fall," Wagnitz said. "At this point, we don't know the exact number."

"We have way more part-time faculty than full-time," Wagnitz said.

Highline currently employs 270 part-time faculty members and 164 full-time.

Each full-time teacher will teach at least three classes which means that almost 500 of the classes taught are taught by full-time faculty.

Another problem is how many benefits Highline is able to provide for the part-time faculty members

The system has been trying to get more money to increase the part-time faculty's benefits, Wagnitz said.

"The problem is the system," said Faculty Union President Ruth Windhover, "because the state does not adequately fund public higher education."

All of the funding comes from the state.

In order for part-time faculty to receive benefits they need to satisfy two conditions.

"They have to teach two quarters in a row at the rate of more than 50 percent of full time," said Humans Resource Assistant Stela Rajic.

Their benefits include retirement, health care, dental, and tuition waiver, Rajic said.

Also if a part-time teacher teaches at another college, these benefits are combined.

Highline employs part-time teachers because some classes are only offered one quarter in a year and it would not be practical to hire a full-time teacher for those classes.

"Part-time teachers mostly teach the classes that are not offered all the time," Rajic said.

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