Cuts worry staff, faculty

BY THUNDERWORD STAFF

Highline faculty and staff are optimistic but concerned over the upcoming changes at the college.

"You deserve to know to everything that is going on," Highline President Dr. Priscilla Bell said at a public meeting in the Student Union on March 15. The meeting was held to update faculty and staff on the budget situation at Highline and what is being done about it, and it provided a time for people to ask questions.

Highline is cutting $1.7 million from its budget in the coming fiscal year to cope with continued low enrollment.

More than 200 people showed up to hear the executive staff talk about Highline's future. Several departments are being merged and 26 positions are being eliminated as part of the reorganization of the campus. "Collaboration and teamwork are the key elements of this design," Dr. Bell said. The reorganization is part of an effort to control future costs. The changes will be put into effect at the start of the next fiscal year July 1, 2006.

Dr. Bell said cuts had to be made "in order to maintain the strength of our institution." He may have 4,900 FTEs for Winter Quarter, but we still didn't meet the state allocation," Dr. Bell said.

The state allocated 5,800 FTEs (full-time students equivalents) to Highline. If the school doesn't meet the FTEs allocated by the state, then the school needs to give back the excess money. Highline only gets a 1 percent leeway from the FTE target. "We have a $1.7 million problem," Dr. Bell said. "The truth is we haven't built our enrollment enough."

While the school is currently $1.5 million over budget, the $1.7 million in cuts will provide a buffer and account for inflation in upcoming years.

See Meeting, page 16

Highline logo gets new look

BY ALEX CANAH

STAFF REPORTER

Highline officials hope that a new logo will help cement the school’s image in the community.

To be revealed at the Spring Festival on May 15, the new logo features a more modern look, with brighter greens and blues. At press time there was not a copy of the logo for print. This is the end result of a two year effort to achieve brand equity for Highline.

While many people view a brand as being a product or a logo, the official definition of a brand is a set of experiences associated with a product or service. In other words, a brand is less something physical and more something mental.

"It's not a tag line, and it's not a logo, it's a set of experiences," said Sherry Reichert, director of communication and marketing. With this in mind, Highline, with the help of consultant Ascendia Design, created a new logo that can be associated with what people think of when they think about Highline. "It's not just a logo, it's a positioning statement as well," said Lisa Skari, executive director of institutional advancement.

One of the main reasons for having a new logo is to have a more unified look in Highline's printed materials.

See Logo, page 15

T-Birds take title

BY JAMIE GROSSMANN

STAFF REPORTER

TRI-CITIES — A year after missing the NWAACC tournament, the Highline men's basketball team made a triumphant return.

For the fourth time in 10 years, the first since 2001, the T-Birds men's basketball team was crowned NWAACC champions, March 10-12 in Kennewick.

The T-Birds men won in remarkable fashion as they knocked off Yakima Valley, Mt. Hood, and Bellevue and West Division rival and two-time defending champion Lower Columbia in the title game.

"It felt very good, it was the way it should be," said Head Coach Dale Dawson. "Because to be the best, you have to beat the best and we earned the title."

Highline beat the three top-seeded teams to win the title, and won the championship game without the services of its top player, sophomore guard Nate Jackson.

The victory made Dawson NWAACC coach of the year. Highline's Derrick Webb earned most valuable player honors. Zach Bruce was named most inspirational player and Jackson,
Highline clubs prepare for the fair

**BY AUSTIN MACKENZIE**  STAFF REPORTER

Highline clubs will be on display next week all over the Student Union for the Spring Quarter Clubs Fair.

On Tuesday, April 4 all clubs that have submitted a request for a booth will be able to advertise their club and their activities to the campus.

Of the 37 clubs on campus, 11 clubs have already requested space, although that number is expected to climb. Currently the Video Game club, Swing Dance club, Latter-Day Saints Student Association, Vocal Ensemble, Friends of Bosnia, Black Student Union, Phi Theta Kappa, Creative Writing Club, Highline Community College Travel Club, and the Poker Club have all requested a booth.

Plans for how the booths will be decorated are still coming together.

"There are no concrete plans as of yet," said Brent Cleary, president of the Video Game and Swing Dance clubs.

Students gather at the Winter Quarter Clubs Fair. Clubs may also request special accommodations for the Clubs Fair. "Some clubs can request electricity," Stephanie Gildart, one of the Clubs Resource Team members and president of the Vocal Ensemble and Latter-Day Saints Student Association said. "Some clubs have already been making plans to use this service."

"I want to get a booth next to the Video Game Club," said James Teplees, president of the Anime Club. "They can have video games running and we can show anime at the same time."

While concrete plans have not been finalized, a few clubs have already mentioned plans for activities to draw people to their club.

"There might be some people playing Poker, and the Video Game Club might be setting up some video games," said Emily Shimaura, one of the Clubs Resource Team members.

The Clubs Fair is expected to run from 11 a.m. to 3 p.m.

Any clubs hoping to obtain a booth should plan to have at least one person from their club attending the booth at all times, although the Clubs Resource Team may be able to find someone else to man the booth if it isn’t possible to have a club member there.

The Clubs Fair is expected to run from 11 a.m. to 3 p.m.

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Respiratory care won't make you blue

BY JOICE OLSON  STAFF REPORTER

If working with infants whose lungs are not yet developed or helping patients with chronic asthma or emphysema is what you want to do, then you should look into the Respiratory Care Program.

The program was started in 1967.

"It's one of the oldest professional technical programs on campus," said Bob Bonner, the respiratory care coordinator.

It starts every September and goes for seven consecutive quarters.

The respiratory program is a selective in admissions because out of the roughly 70 students who apply each year, only 30 are accepted.

The applicants are picked based on their past experience and the short essay which they are required to write.

The prerequisites for the program include taking a science and a writing course.

A respiratory therapist is a professional who works with high-tech machines which help oxygenate the blood outside the lungs.

"If you read about someone who has been injured and airlifted to Harborview and on life support, the respiratory therapist is the one who helps operate the life support," Bonner said.

The students will spend time working at both Harborview and Children's Hospital.

"We work with all kinds of patients, from babies to the elderly," Bonner said.

Washington only has about 2,500 licensed respiratory care practitioners.

"There is a statewide need for respiratory care practitioners," Bonner said.

To become licensed, the students will have to take a national examination to qualify for a license in the state of Washington.

Every Highline student who has taken the national examination in the last few years has passed.

"The national average is 80 percent so we are well above the national," Bonner said.

There are only four schools in Washington who have respiratory care program.

In the past a respiratory therapist would train on the job but the University of Washington worked with Highline to establish a program here.

Over the course of the seven quarters about 10 students drop out because of either academic reasons or they move on.

The program offers two classes.

Right now there are 28 students in the first year program and 20 students in the second year.

The program has two full-time teachers and eight part-time teachers but the part-time teachers mostly teach the clinicals.

Clinicals provide the students with the experience they need with a trained instructor.

The students spend a third of their time in the classroom, a third in the respiratory lab, and a third in hospitals.

The second year students spend roughly 16 hours a week in hospitals.

"You have to be self-paced," said Nicky McKinney, a student in the first-year program.

"You have to be self disciplined. It takes a good three hours of homework," student Marsha Tobuk said.

Many of the students stay after hours to practice their skills McKinney explained.

"A lot of us have hospital experience," he said. McKinney is a certified nurse assistant and Tobuk is a respiratory intern.

When she gets her certification, Tobuk wants to go back home to Nome, Alaska and work as a respiratory therapist.

"Where I'm from there's only two therapists," Tobuk said.

Because the hospital there is small staffed, Tobuk said she will be using most of the skills that she is learning now.

Some students have other ambitions.

"Eventually I want to be in home health," said McKinney.

In that part of the field, the respiratory therapist actually goes into the home to deliver oxygen and make sure the machines are working properly.

Because both McKinney and Tobuk are first-year students they haven't started clinicals but both are excited.

"I think it will help put a lot of what we did the first two quarters in perspective because we will apply the skills we've learned," McKinney said.

McKinney said that the best advice he could give to people looking into the respiratory care programs is to take it seriously.

"It's not just one of those careers that just pays a lot. This is something that will help save a life," McKinney said.

Second-year student John Yada chose to go into the respiratory care program for a different reason.

"I choose it because my ear drums burst with a fever when I was a kid. When I had my first surgery I knew that I wanted to go into the medical field," Yada said.

With graduation looming in April many of the students are having mixed feelings.

"I feel like it is a big accomplishment in my life. I felt like in this program I really developed skills," Yada said.

For more information about the Respiratory Care Program at Highline contact Bob Bonner at 206-877-3710, ext. 3469 or at bbonne@highline.edu.

For information about respiratory care as a profession go to www.aarc.org or www.rcsw.org.

Calendar

Continued from page 2

Beats. She will also be showing slides of China. The event will be on Monday, May 1 from 6-7 p.m. in the Student Union.

The reading is free and open to the public. For more information contact Sibyl James at 206-878-3710, ext. 6078 or at sjames@highline.edu.

The annual Leadership Breakfast, hosted by the Business Division, will be on Friday, May 5 from 7-9:30 a.m. in Building 2. The theme this year is Why the Fries Taste so Good and Highline Reads will be sponsoring the event.

The breakfast will feature a panel of restaurant and hospitality experts. For more information contact Joy K. Smucker at 206-878-3710, ext. 3856 or at.jmsmucker@highline.edu.

The Spring Arts Festival will open on Monday, May 15 and will run until Saturday, May 20. There will be shows and performances from the music, art, and drama departments.

The student art show will hang in the library, the Music Department will have performances in Building 7 at noon, and the Drama Department will perform the student-directed One Acts every evening starting May 17 in Building 4.

For more information contact Christina Taylor at 206-878-3710, ext. 3423 or atctaylor@highline.edu.

The Biology Lab and Gerry Barclay's Biology class are having their annual Spring Quarter plant sale.

The event will be on May 19 from 9 a.m. to 1 p.m. and will be in front of the greenhouse next to Building 12. For more information contact Sally Carter at 206-878-3710, ext. 3470 or go to www.hfline.edu/biology/lab/The_Plant_Sale.htm.

The Professional Technical Job Fair will be on June 5 from 10 a.m. to 1 p.m. in the Student Union.

During the fair there will be financial aid workshops. For more information about the fair contact Jessica Gilmore at 206-878-3710, ext. 3086 or at jgilmore@highline.edu.
It's hard to keep grades up in spring

As we enter the spring season, it becomes far more difficult to keep focused on our classes.

After all, with the onset of sunnier, warmer weather, staying inside becomes far less appealing.

However, Spring Quarter is no less important than any other quarter.

As with winter, fall or summer, it is important to keep focused and make sure that our grades are up to par so that we can continue with our classes.

Failing classes is never a good thing, it looks bad on a transcript and it is overall a huge waste of time and money.

You’d think that this would be obvious, but the amount of students who crash and burn, especially during Spring Quarter would suggest otherwise.

Fortunately, there are a few things that can be done to keep our focus when it is most crucial and still be able to let off some steam and enjoy the improving weather.

Probably the best method is to go out and let off some steam regularly outside of class so that you aren’t as restless in class.

Whether by waking up early and going for a jog or spending some time outside between classes walking, making sure that you spend some time outside and relaxed is a good way to make sure that your eyes don’t stray towards a window during lectures.

Another method is to try to make more time for doing something you enjoy or find relaxing. Many students overwork themselves, especially if they are also holding down a job in addition to going to school.

Making sure that you get enough sleep and some down time to do things you enjoy can make all the difference in keeping focused while in class.

Also, if necessary, take easier classes.

If you know that spring is going to be a hard and distracting quarter for you and you can spare the space in your schedule, take classes that you enjoy or excel at.

If you need the credits anyway, why not take them at a time when you could use a bit of fluffy in your schedule?

There will always be classes you enjoy and classes that you do not enjoy, and with a bit of strategic planning you can make certain to take the enjoyable classes when you really need them.

And finally, just knock it down and do what you have to do.

Ultimately, you’re here for a reason, and that reason is education. Your time spent at Highline will do much to further your life beyond school, and it is something that should be approached with a certain degree of seriousness.

Keep yourself focused, and that focus will pay off later.

Spring can be a difficult time for students, but it doesn’t have to be impossible. So long as you take steps to keep your focus intact, there can still be plenty of time to do something enjoyable and relieve the stress you are under.

It’s not terribly difficult to stay focused; you just need to put forward a little effort and foresight.

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**Gyms, brutes and video games**

My brother Zach told me recently he wanted to go to the gym. Zach is a gangly youth with shaggy blond hair, a mouthful of braces, and an elfish appearance. After assuring me he was serious, I agreed.

We went to the Bally's gym off of Pacific Highway in Federal Way. The weight room was littered with dumbbells and techno music dripped from the ceiling.

We decided to start him out on a bench press with 80 pounds. The bar fell to his chest and his cheeks swelled, puffed and red. "Let's try less weight until we find what works for you," I said. A few minutes and several trials later, we decided that he should just try the bar. Zach pushed awkwardly, his thin, pale arms quaking beneath the weight.

Next to us, a brute in his mid-20s was pumping what looked like 350 pounds. As Zach struggled to raise his bar, the savage threw his into the air.

The man let his bar rest and, grunting barbaramly, flexing for himself in the mirror.

His actions were masturbatory, and the scene grew awkward as I turned my eyes away, focused on Zach as he pushed one last rep.

The man caught sight of Zach. He smirked, wiping the sweat from his hands on the front of the tank top stretched across the vast expanse of his chest.

Zach put his bar onto the rest bench, avoiding the taunting stare from the primate cowering in our direction. I drove Zach home.

Back home, Zach was quiet and sulky, pacing barefoot in the dark. After an hour or so, a friend of his showed up; the two moved to the couch and started playing video games, and Zach seemed to forget the embarrassments at the gym.

Later that night my cousin, Tommy, came over. Tommy is 9 years old, short, sloppy, and round.

My cousin waddled to the couch, his greasy hands stuck to his sides, his eyes wet with anticipation. Bashfully he took a controller and tried to play with my brother and his friend.

I watched Tommy's screen. His character fumbled around uselessly; it was obvious my poor cousin didn't know what he was doing. Zach anoched away Tommy's controller and told him to leave, making jokes with his friend sitting on the couch.

Zach had been forced off the weight bench by an aphish bane — Tommy had been forced off the couch by a touchy adolescent. The fact that Zach knew how bad exclusion hurt made no difference when someone else wanted to be a part of his group.

Tommy walked into a corner, breathing heavily and looking defeated. Zach went on joking with his friend, pointing at his fat, disappointed cousin, enjoying the thrill as long as he could until he tiptoed into the gym again, only to be laughed at and pressured out.

Robert frequently excludes himself from all the fun.
Highline student has big ideas and even bigger plans

BY RACHEL LUSBY STAFF REPORTER

Highline visual communications student Rashid Abdullah takes on every challenge he finds.

He is a local hip-hop artist, an author and film director.

Abdullah was born in 1975 in Fairbanks, Alaska. He was essentially self-raised until his grandmother stepped in.

“My grandmother helped me focus my life,” he says.

“If it wasn’t for her I would probably be in jail... or maybe even dead.”

Aside from his grandmother, a lot of the people in his life were not doing good things.

Instead of following their example, he took it as one of what not to be or do.

“Life is all about choices,” he says, “and I had to be a good example for my younger broth-

ers.”

Abdullah did have one de- cent role model in his life, however. That person was Thomas Richie, his wrestling coach from Alaska.

“He’s been a father-figure to me since the third grade,” he says.

Abdullah is an avid hip-hop fan. He’s a local rap artist who performs un- der the alias “Sun of Life” and has a record out entitled Urban Tongues, which is avail- able online at nauticalenter- tainment.com for $4.95.

Although he is a hip-hop connoisseur, Abdullah does not like how the music is currently portrayed across the world.

The giant chains and glitz of the current hip-hop world, to him, do not represent what hip-hop is and he feels it is very unfortunate that this is what the rest of the world sees.

“The best artists are transparent, not phony,” he says. “They are clear.”

Instead, he admires artists such as Tupac, and the currently pop- ular 50 Cent.

Many of Abdu- llah’s projects are fo- cused around music, hip-hop in particular.

One of the three books he has written, called It’s About More Than Making Music, is set to be published this April by UC Pub- lishing, a company that specializes in writing and publish- ing for education and is run by Gary and Shelley Underwood.

His most recent undertaking is a video documentary entitled Myths or Reality: Surviving the Hip-Hop Game. Production for this video is scheduled to begin on March 27.

He hopes to interview inter- views with local rap artists such as Futuristic and Unexpected Arrival.

Abdullah considers himself to be somewhat of an entrepre- neur. He is constantly reminded of a particular quote, he says, but doesn’t recall who said it: “The good news is that the future is in your hands, the bad news is that the future is in your hands.”

He believes that working hard is the way to get what you want.

Information is available, you just have to get up, go get it and then use it,” he says.

“Unfortunately a lot of peo- ple just don’t do that.”

Abdullah’s works are avail- able at the business referral website that he runs called nauticalentertainment.com.

Highline subjected to ‘Human Bondage’

BY KEITH DAGLE STAFF REPORTER

Highline will soon be trans- formed into a place of mystery and intrigue.

Highline’s campus will be used to film several scenes in the indie film Human Bondage.

Producing and acting in the film is Highline’s own Machelle Allman, who is an international student adviser in the Interna- tional Student Programs office.

It was Allman’s idea to bring the movie to Highline.

“Since I work here I thought ‘wow, wouldn’t it be great to be able to use Highline campus for these college scenes,’” Allman said.

“Highline has some gorgeous

grounds, and some gorgeous buildings.”

Allman had worked with the film’s director, Bill Kelley, on his first feature film.

Kelley’s first movie, The Mixed Detail, is in post produc-
tion and will be finished shortly. Kelley does not have a distribu- tor yet and plans to show the film on the festival circuit.

In addition to directing Hu- man Bondage, Kelley also plays Bill Killingsworth, the Friend who has questionable inten- tions.

Human Bondage is about the lives of several college friends whose lives become bound to- gether.

“It is about three friends who meet on this college campus. One of them is a little bit older and a little bit more experienced in life and has done more things. They come to find out that this guy may not have their best in- terests in mind,” Allman said. She plays Renee Anderson in

the film, the wife of John An- derson (played by John Ulman), one of the students.

“It is an interesting role for me because I am the most grounded and my character is the one who starts to see the clues, and starts to put two and two together,” said Allman.

Filmmakers transformed the Child Care Center into a psy- chiatrist’s office on March 20. They will be returning to finish shooting here on April 15.

It is then that they will be shooting a classroom scene and walking around the grounds.

Thirty Highline students will be used as extras during the April 15 filming session. More guys especially are needed. There is also a spot open for Professor Higgins, and an office lady. The office lady has a one line speak- ing role. If you are interested in auditioning, contact Allman at machelle.deanette@hotmail.com.

Allman said that she would be discussing wardrobe with the potential extras and “basically what it means to be an extra,” Allman said.

“You have to be available, you have to be ready and you have to be aware of what is hap- pening in the shoot. Because if a lead actor is giving a line, and you are scratching your head on a certain word, you have to do it that way every single time. Oth- erwise the shots don’t match. We need people who are focused and who really want to do it.”
Celebrate campus arts

BY RACHEL LUSBY
STAFF REPORTER

The Spring Arts Festival is back for the third year in a row. Each section of the Arts Department at Highline art-drama-music will take part in a week-long celebration of the arts.

"The festival is a week long and was created to celebrate the arts on campus," says Dr. Christian Taylor, the head of the Drama Department and the coordinator for the music, art and drama departments.

The festival has run for roughly 10 years, but not consecutively. It has only been in recent years that it has been held annually.

"During all the construction on campus it was too difficult to find space," says Taylor.

Throughout the week of May 15 various activities and events will be held around campus.

The ceramics class will have a sidewalk sale, the music classes will perform, there will be a gallery of student artwork on the fourth floor of the library, and there will be four to five one-act plays directed by select third-year directing students.

The Spring Arts Festival is roughly 10 years old.

"When it was created, all the sections of the arts department were already doing their own little things," says Dr. Taylor.

The ceramics class was holding its sidewalk sale, the art students were showcasing their work, and the one-act plays have been showing annually for nearly 15 years.

The decision was made to coordinate all these activities into one week long celebration of the arts to be held throughout the Highline campus.

The festival will run until Saturday, May 20.

Auditions to be held for Drama one acts

BY RACHEL LUSBY
STAFF REPORTER

Auditions for the annual student directed one-act plays are just around the corner.

The auditions will be held 2:30 p.m. in the Little Theater, Building 4, room 122, on March 29, 30, and 31.

Four to five plays total will be produced and auditions for them are open to anyone; no acting experience is required.

Each play must also be approved by the drama department head Dr. Christiana Taylor before it is allowed to go on.

They are directed by select third-year directing students and will be performed during the Spring Arts Festival.

"The one-act plays have been held for about 15 years," says Taylor. "They were coordinated into the festival along with other arts activities like the ceramics class sidewalk sale."

Each play runs anywhere from 15 to 30 minutes. If four plays are shown the show will be about an hour and a half long. If there are five plays, the show will run for about two hours.

An intermission will be included.

The festival begins May 15 and runs through May 20 and the plays will begin on Wednesday that week and run each evening until Saturday.

They will be performed in Building 4.

Admission to each play during the Festival is $5 for students and $6 for general admission.

Burien's 'Angry Housewives'

BY AUSTEN LAVERY
STAFF REPORTER

These four women aren't desperate, they're angry.

Angry Housewives will continue playing at the Burien Live Theatre until April 2, every Friday and Saturday at 8 p.m., and Sunday at 2 p.m. General admission is $15.

Unsatisfied with their triple lives and demanding partners, the four women, Bev, Jettah, Carol and Wendi, find inspiration in a battle of the bands contest. Bev's son, Tim, practices for a local punk-rock contest, and when Wendi gets a hold of a flyer for the contest, she tells the others, "We're gonna start a punk-rock band."

The women call themselves "Angry Housewives."

Written by A.M. Collins with music and lyrics Chad Henry, Angry Housewives, is directed by Diane Major, featuring Stacie Hart, Laurie Sammon, Laura Swainey, and Guil Wamba.

Barnes & Noble Bookstores

Celebrate campus arts

BY RACHEL LUSBY
STAFF REPORTER

ARTS

March 30 - April 2

The Burien Live Theater presents Angry Housewives from March 10 through April 2. Angry Housewives is a story about four housewives who decide to form a punk rock band. The show is Friday and Saturday at 8 p.m. and Sunday at 2 p.m. General admission is $15 and $13 for students.

The Seattle Performers Arts Fellowship presents Larry Shue's The Nerd. From March 17 through April 1 the play will be performed at the Victory Baptist Church in Des Moines. Admission is $12 for adults, $8 for seniors and students, and $6 for pre-registered groups of 10 or more.

Acclaimed country music artist Kathy Mattea will be performing at the Kentwood High School Tomorrow, Saturday, May 21.

Tickets are $15 for adults, $10 for seniors and $8 for students. This performance is sponsored by the Kentwood Student Council.

See Arts Calendar, Page 7

Scripsi/STAFF INTERNATIONAL - SEATTLE SOUTH AND HIGHLINE COMMUNITY COLLEGE FOUNDATION PRESENT THE THIRTEENTH ANNUAL COMMUNITIES IN ACTION MAKE A DIFFERENCE Hosted Fundraising Breakfast Wednesday, April 5, 2006 7:15 - 8:30 am Holiday Inn Sea-Tac Airport 17338 International Boulevard - SeaTac, WA 98188 Parking will be validated.

This year we are excited to welcome as our keynote speaker

Connie Thompson

News Anchor, KOMO TV Seattle

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PARKING: Self Parking is available on-site. Valet Parking is available for $12 per vehicle.
Togetherness brings home championship

By ALICIA MENDEZ

STAFF REPORTER

TRI-CITIES — Togetherness — all the way — was the core of the men’s basketball championship title.

The Highline men’s basketball team snugged the NWAACC championship March 10-12 in Kennewick.

The men’s season of hard work, determination, and bonding finally paid off.

From the start of the season the Highline men’s basketball team was a strong team. The T-Birds ended the season in a disappointing second place for the West Division.

However, Head Coach Che Dawson and Coach Josh Baker said they knew from the start of the season that their team would be strong competitors for the NWAACC tournament.

“I thought we would be a pretty good team. I didn’t quite realize how good of a team until the Spokane game,” said Coach Dawson.

The players felt the same way from the start of the season.

“We had a really good bunch of guys,” forward Matt Mgebrof said. “I knew we had a lot of talent coming into the season.”

During the season each teammate couldn’t be spotted without another. Gray hooded sweats matched with fashionable basketball sneakers draped on each player while they mingled in the Student Union Building — together.

Together was the team’s slogan, every chant made before a game, during a game, after a game.

“Unless you have that together mentality, adversity is going to divide you,” said Coach Dawson.

The boys felt they were close on the court and off the court.

Some players on the team can even finish each other’s sentences.

“We’re like brothers...” point guard Morris Anderson said. “Brothers from another mother,” captain and guard Brandon Smith finished.

The team’s closeness off the court made their play together stronger.

“It’s a championship team, you can rely on anybody on the team,” said forward Zach Bruce.

A bond was formed during the season, a bond that coaches and teammates said help them earn all of their wins.

“They believed in each other,” said Coach Dawson. “They stayed together, and have dealt with adversity in a mature manner.”

Before heading to NWAACCS, the T-Birds ended the season with their second loss to Lower Columbia, and a disappointing loss to Green River.

“IT did refocus us,” said Coach Dawson. “It makes you go back to the fundamentals of the game.”

Highline went into the NWAACC tournament as the underdog with average statistics compared to the teams they would be facing.

“The losses gave us a sense of hunger,” said Guard Nate Jackson.

The first win of the tournament against Yakima Valley was by a single point. With each game in the tournament, the T-Birds gave more effort to earn the win.

Highline was not a favorite. With a handful of fans per game for Highline, compared to the opposing team’s mounds of fans and cheerleaders, Highline used that focus on their goal to win.

“It didn’t affect us. It kind of motivates us,” Mgebrof said.

During the tournament the T-Birds faced three teams that were each No. 1 in their divisions.

After three intense wins, the Highline men’s basketball team had made it to the final game.

The T-Birds lost their leading scorer, Jackson, due to a knee injury from the Bellevue game.

The team waited two hours to find out who their opponent would be for the final game, either Spokane or Lower Columbia.

“It would be more meaningful if we played and beat Lower Columbia,” Smith said.

The results were in. Highline would play against their rival, Lower Columbia for the championship.

“It just made me more jazzed up to play them,” Bruce said. “It’s just different for the championships. We had way more intensity.”

Thanks to a lot communications on the court, teamwork and a hard pressed defense the game ended in a satisfying victory against Lower Columbia, beating them by 12 points.

“We all knew we could beat them. It was just great timing you could say,” shooting guard Derrick Webb said.

“Our coaches gave us the winning game plan that allowed us to succeed,” captain and point guard Jaxin Skyyward said.

With only four sophomores, inspired coaching influenced the T-Birds to earn their champion title.

“During the entire tournament there was almost flawless coaching,” Bruce said.

A tight-knit team that believed in each other made the final win against Lower Columbia fulfilling, but didn’t surprise many of the players, they said.

“I had faith we would pull it off from day one,” Jackson said.

The four sophomores of the team were pleased this was how they ended their two-season run with the basketball team.

“It’s just a picture-perfect way to go out,” Skyyward said.

The team has yet to celebrate their win formally, except for ordering the championship rings.

“It feels good to have ring. I just can’t stop smiling — my face hurts from smiling so much,” Jackson said.

With nine returning players, next season’s team has high goals.

Coach Dawson aims to win the division title next year, and experience a déjà vu at the NWAACCS.

Until then, the men’s basketball team made memories and bonds that helped them earn their NWAACC title, and a place in Highline’s history.

“I think our team will always be friends, even after this season,” tournament MVP Webb said.

The basketball team poses with the NWAACC basketball trophy after its championship game victory. The win gave Highline its fourth NWAACC title in the past nine years.

Photos by Alicia Mendez

Head Coach Che Dawson, far left, gives his team hugs as the clock winds down late in the second half of Highline’s 70-58 victory over top seeded Lower Columbia. Morris Anderson, second from left, and Mike Dorr, third from left, are the first to congrats coach Dawson.
Early exit follows strong season

By Jamie Grossmann

TRI-CITIES – After an impressive 14-2 run in the regular season the Lady T-Birds fell short at the NWAACC tournament losing to Spokane and Whatcom here on March 10-11.

"I'm disappointed," Head Coach Amber Rowe said. "I think they played hard, they just didn't bring the intensity and desire we needed to bring. Partly I don't think they realized that it is a whole new ballgame."

Lane defeated Walla Walla 77-59 to claim its first ever title.

Finishing second in the West Division gave the Lady T-Birds an opening game against Spokane at noon last Thursday. Spokane finished third in the East at 9-5.

This marked the first meeting between Highline and Spokane this season.

Spokane jumped out to a quick four-point lead. Highline battled back to take a two-point lead after consecutive three pointers by Christine Kim.

However, the lead would only hold for a matter of seconds as Spokane tied up the game at six and never looked back.

Spokane would lead by as many as ten and as few as two during the first half.

The Lady T-Birds pulled to within six but Spokane held off Highline and ended the first half with a 10-point lead.

The second half started fast and the Lady T-Birds pulled within six, however, that would be the closest they would get as Spokane built a double digit lead and Highline was never able to get closer than nine.

Spokane cruised to the victory 64-48, leading by as many as 19 at one point.

Sophomore Ashley Cavalieri led Highline with 11 points. Marissa Cain added nine points and pulled down a team-high six rebounds.

Highline's Kristen Jones had a game-high seven steals and five assists but was only able to muster two points as the shot two of three from the line. Jones averaged 10 points and five steals a game over the course of the season.

As a team the Lady T-Birds shot 29.4 percent from the field on 15 of 51 shooting.

As a long evening, the Lady T-Birds returned to the court on Friday morning at 8 a.m. to take on the Orcas of Whatcom.

The game opened up with the teams going back and forth before Highline was able to build a small lead.

However, Whatcom bounced back and with about five minutes left in the first half the Orcas had built a seven point lead and looked to be pulling away.

Kristen Jones found a wide open Cavalieri who hit a three pointer. Cavalieri's three ignited the T-Birds as they battled back to tie the game at 32 with just over a minute remaining in the first half.

Whatcom opened the second half with the momentum. The Lady T-Birds made a run midway through the second half and were able to tie the game at 55 off of an Allison Maas three pointer.

The T-Birds looked to be on the move as moments later, Maas stole the ball and found Olenthia Dishmon for the basket to put the Lady T-Birds up 57-55.

Whatcom's Sara Bergner was able to grab her own rebound and made the put back to tie the game at 59.

With nine minutes left the Lady T-Birds would never re-

See Women, page 11

Women disappointed over playoffs

By Steve Prottey

Nobody remembers second place. That is how the Highline women's basketball team feels after a 14-2 regular season record ended with two straight losses in the playoffs, first to Spokane and then to Whatcom.

Preseason started with lots of promise for the team. There were several key returners, including Christine Kim, Marissa Cain, and Allison Maas. These players and more had the experience of competing in the playoffs and a long season.

"Last year, there was lots of drama," said Ashley Cavalieri. "This year everybody liked each other. I am going to miss this team. This is one of the best experiences of my life."

However, with five returners the team was young and that was evident with an inconsistent preseason.

The team came into the regular season with a 7-6 preseason record. Determined to prove that the preseason didn't mean anything, the women jumped to a 3-0 league record. Although the games were won by an average of 18 points, there were signs that the team was not ready for real competition.

Highline's shooting percentage was low in all of their games. Also, the general lack of height meant that rebounding was always going to be difficult. These problems were forgotten as Centralia, then at 14-2, came to Highline.

The battle of unbeaten was disastrous for Highline. The T-Birds shot 4.8 percent from 3-point range, taking 21 shots. However, Centralia only won by 12 points.

Highline learned from the mistakes made against Centralia and went on a seven game win streak. The most notable win was a 54-53 triumph at Lower Columbia, ending the Red Devil's 33-game home winning streak. This game was one of the high points of the season, keeping the team in the running for a division title.

Once again Highline was up against Centralia. Highline had greatly improved as a team, but Centralia was able to pull out the win at home 67-64.

There was still a chance that Highline could win the division, even after losing to Centralia twice. Highline beat Lower
Track team has high goals

The Highline men’s and women’s track and field teams will compete in nine action filled meets between March and the end of May.

Coach Amber Rowe, who is also the head coach for the women’s basketball team, stepped in for the season, while Barry Care, physical education facilities manager, took over the distance coaching position.

Along with head coaching duties, Coach Rowe will be working with the jumpers on the team.

The first outdoor meet of the season was scheduled for March 11 at Mount Hood Community College.

Highline did not participate in the meet because Coach Rowe was in the Tri-Cities coaching the women’s basketball team in the NWAACC Tournament.

The first scheduled meet of the year was the UW Outdoor Preview hosted by the University of Washington on March 18 with results unavailable at press time.

After the UW meet, Highline’s next meet will be the WOU Open hosted by Western Oregon University on March 31-April 1. Following the WOU Open, Highline will participate in the Shotwell Invite hosted by the University of Puget Sound on April 8. On April 15, Highline travels to Ellensburg to take part in the Spike Air Invite hosted by Central Washington University. April 21-22 will be the prestigious Oregon Invite, but only for those athletes who qualify.

The Western Washington Twilight wraps up the month of April for Highline on April 29. May opens up with the Multi-Events May 1-2 at Lane Community College. If any athlete participating places in the top eight at the multi-event championships, those point earned will count towards the teams overall score at the championship meet.

On May 6, Highline will travel to UW to participate in the Ken Shannon Invite. The regular season wraps up on May 13 at the Ken Foreman Invite hosted by Seattle Pacific University on the UW’s track. The season will culminate at the NWAACC Track and Field Championship meet May 22-23 at Spokane Falls Community College, CCS, where Spokane will be the heavy favorite.

The other eight teams in the league that Highline will face are Clarkcarmas, Clark, Lane, Mt. Hood, Southwestern Oregon, Spokane, Tacoma, and Treasure Valley Community College. Each school is well rounded with athletes who could very well earn individual awards, but also must replace several key athletes.

Clarkcarmas will look to their distance runners to score plenty of points after losing John Butkey, the two-time 5,000 meter champ, to graduation. Lane will also rely on distance heavily with Katie Gil bert returning as the defending 10,000 meter champ.

Clark’s biggest loss was Kate Burton, who was the national junior college record in the hammer with a throw of over 180 feet. Southwestern Oregon’s biggest loss was Alyssa Tibbs, who won both the 100 and 200 meter dash last season.

Highline’s biggest loss came from the distance team with the graduation of seven runners.

With 14 players on this year’s team, the Highline fast pitch team is looking for a great run towards the NWAACC Tournament after last year’s 3-34 record.

Last year Highline only had 10 players on the active roster, which made it difficult for the T-Birds to keep themselves fresh. Another thing that hurt Highline last season was injuries.

Sophomore Kristy Richardson was forced to utilize her red-shirt because she suffered a fractured finger during a practice.

Highline’s depth on the roster will ease the pain from last year. Returning for the T-Birds along with Richardson is Leah Perkins, Erin King, Sandy Proulx, and Amanda Proulx.

To help fill the void of the lost lettermen, Highline had four recruits signed to letter of intents.

Freshman Bree Klassen, who was also on the women’s soccer and is a walk-on, should be an excellent standout addition to the team.

Highline’s game against Lower Columbia was originally scheduled for March 11, but was postponed due to rain and will not be made up.

Next up for Highline will be the Preseason Tourney March 18-19 in Pasco, WA with results unavailable at press time.

Following the preseason tourney, Highline returns home to take on the Storm of Cheme keta on March 31 to wrap up the preseason schedule.

The regular season begins on Sat. April 1 with a double-head er at South Puget Sound.

Highline hopes to be playing in the NWAACC Tournament at Delta Park in Portland, Ore. May 19-21.

The early season favorite to win it all will be the Red Devils from Lower Columbia.

Lower Columbia won six consecutive titles from 1999-2004, but their chance at a seventh consecutive title came to a halt when Clackamas defeated Columbia Basin for the title.

The win for Clackamas gave them their first team title since winning three in a row from 1995-1997.

Lower Columbia entered the tournament last year with the best record in the league at 28-4 in league play and 35-6 overall.

Fastpitch hopes 2006 is a better season than 2005

Les Black.

Since this will be the last year for Hubbard to compete at Highline he will then next year transfer to a four-year college where he will continue to run track.
Playoffs continued from page 9
and Lower Columbia beat Centralia.

If Highline and Lower Columbia repeated their success then there would be a three way tie for first and all three teams would share the division title.

On the second to last game of the season Highline faced Lower Columbia.

The T-Birds came out strong and played their best basketball of the season.

The first period ended with Highline leading 34-19.

The women kept up their tough defense all game to win 67-56.

"This was our best game of the season," said Coach Amber Rowe. "They played with intensity."

The title went down to the last game of the season, when Lower Columbia faced Centralia.

The season ended in heartbreak for Highline again.

Lower Columbia was unable to beat Centralia at home, and Highline finished second in the championship game by one game for the second year in a row.

"Maybe we played over our heads at times," said Rowe. "Hopefully, we will remember next year and understand what it felt like to be sent home early from the tournament."

"Overall, we all had fun. It's hard to complain about 14-2, but nobody remembers second place," said Kim. "The season wasn't disappointing, but the tourney was. I am going to miss this team."

"This season is over, next season is beginning," said Stefania Green. "You can't look back. After the season, three of Highline's players were honored."

Marissa Cain made First Team All League, Christine Kim made Second Team, and Allison Mass joined both of them on the sophomore All-Star Team. The win by Whatcom, made it an emotional victory for them and a heartbreak loss to end a magical season for Highline.

Going into the tournament, Highline was well rested. That wasn't the case for Whatcom.

Whatcom finished in a four-way tie for fourth place in the north division along with Shoreline, Everett and Centralia. Each team posted a league record of 9-7, which led to the three game mini-playoff.

According to the NWAACC handbook, if two or more teams end up being tied at the end of the season, then a mini-playoff is needed to break the tie.

Whatcom drew Everett in their game, while Shoreline played Seattle. The winner of each game played for the fourth seed out of the north. Shoreline coasted to an easy 68-56 victory over Seattle, while Whatcom also coasted to an easy 62-51 victory.

The showdown was set between Whatcom and Shoreline for the right to represent the north division as the fourth seed.

Whatcom came away with a hard fought 66-62 victory in overtime on Shoreline's court.

Women continued from page 9

For the second consecutive year, Lane entered the tournament with the best overall record. Last year, the Titans entered the tournament as the odds-on favorite to win an overall record 31-3, but lost in the championship game to Lower Columbia by a score of 56-44.

This year, Lane entered the tournament with a 29-1 overall record, with their only blemish being a 92-80 set back to eventual co-South Division champ Clackamas.

Lane won the rematch, but it wasn't enough to secure the division title alone.

Wenatchee Valley defeated Yakima Valley 75-70 to place third. Yakima finished sixth.

Umpqua defeated Bellevue 64-58 to place fourth. Bellevue finished seventh.

Centralia defeated Lower Columbia 59-53 to place fifth. Lower Columbia finished eighth.

The tournament's Most Valuable Player Award went to Dominique King of Lane. Teammate Cora McVey was named the tournament's Most Inspirational Player.

Six of the top eight teams in the tournament, ended the season ranked in the NWAACC coaches poll.

Spokane and Clackamas were the two who did not place.

"Thunderword. Not "Thunderworld" or "Thunderwoof." Got it?"

Photos by Austen Lavery

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Men bring trophy back to Highline

Champions
Continued from page 1

In the March 12 championship game, both the T-Birds and Red Devils entered the Toyota Center very familiar with each other. The teams had met twice during the regular season with Lower Columbia winning both times. In both meetings Lower Columbia battled back in the second half to claim victory.

However, it all came down to the third and final meeting between the two teams. On the line were the NWAACC championship, the Red Devils shot at three consecutive titles, the fourth title for both schools, and a spot in the history.

“Every time we played Lower Columbia we have had a better result,” said Dawson. “The first two times we played we tried to gimmick ourselves into a win, this time we focused on man to man defense and putting pressure on them.”

Lower Columbia jumped out to an early lead and was able to hold Highline at bay for the first 10 minutes of the game. However, the T-Birds battled back and used a full court press to get themselves in the game.

With just over nine minutes left in the first half the T-Birds tied and took the lead with two free throws by Derrick Webb, 14-13. Minutes later, the Red Devils came back to tie it with a three pointer at 16-18.

Over the next three minutes the lead changed hands eight times before Highline was able to take command for good, finishing the half with a 34-29 edge.

Lower Columbia opened the second half with a 9-5 run to pull within one point at 39-38. However, that was as close as the Red Devils would get as the T-Birds put together their own 9-2 run to put them ahead by eight, 48-40.

Highline built the lead to 13 with a dunk by Zach Bruce off a Morris Anderson feed with just over five minutes remaining. The Red Devils battled back but got no closer than eight down with 52 seconds left, 60-52. The T-Birds hung on to win, 70-58.

With the clock winding down, reserves Jesse Campbell and Deng Kuir, and Jackson checked into the game.

As they checked in, Coach Dawson was on the sideline congratulating the rest of the team.

“I wanted to let the guys know how I felt personally and for them,” said Dawson. “The T-Birds had four players in double-digits with Webb leading the way with 15. Morris Anderson came up clutch scoring 12 points on four of five shooting from behind the arc. Mike Dorr and Matt Mgbroff added 11 points apiece. Zach Bruce pulled down a game high 10 rebounds and helped the T-Birds win the battle of the boards, 48-34.

The T-Bird men opened the tournament with a matchup against Yakima Valley on March 9. Yakima Valley came into the game as the third seed from the East with a record of 9-5, 14-13 overall.

Highline prevailed, 69-68, in a game that came down to the final minute of play. With 54 seconds left Zach Bruce stepped to the foul line and made the first of two to put the T-Birds up 69-66. Bruce’s second foul shot missed with Yakima’s Cedric Green grabbing the rebound.

Yakima Valley’s Walynn Burgess took a pass from Green and hit a jumper from the right side to pull within one, 69-68. With 18 seconds left Green grabbed the rebound on a Bruce jumper that bounced out. Yakima’s Seth Maras came down and took a look at a three that was off the mark but Burgess grabbed the offensive rebound and put it back up. Burgess’ shot went bouncing over the rim and Derrick Webb came down with the rebound to clinch the victory, 69-68.

“There was a chance for the segundos to win in a devastating fashion,” said Dawson. "You have to be a little lucky to win the tournament. Rarely does a team go in and blow out the other teams."
Passion for math leads to Highline

BY ALICIA MENDEZ STAFF REPORTER

Kate Skelton is no ordinary mathematician; she is more like a math-magician. Skelton, a math instructor for Highline, says she is a strong advocate for a true understanding of math.

From pre-algebra to second-year calculus, Skelton teaches it, and says she wants to help her students fully comprehend the work.

“They’re going to know how to do this stuff, and they’re going to do it right,” Skelton said.

Many students taking math classes at Highline haven’t taken math for a few years, making the material a little more difficult, said Skelton.

Skelton prioritizes her time at Highline, with a students-first work ethic.

While working with her students, Skelton constantly tries new ways to help them understand the material.

One student, from Skelton’s statistics class, could not do the material given on the assignment. For over a half an hour, Skelton simplified the work, until the student felt truly comfortable with the problem. Meanwhile, Skelton had logical. There’s systematic ways to work through stuff and think about things. That for me, is the way my mind works,” Skelton said.

After high school Skelton attended a local community college, along with Pacific Lutheran University for a year. Skelton soon went to college at Cal Poly, interested in sciences and engineering. Initially, Skelton had no thought of a math major, however she soon understood to further her science education, higher math classes would follow.

“I really enjoyed sciences. Chemistry is my favorite subject. I liked knowing how things were built so I knew I needed to take math classes to do anything in those fields.”

While finishing her master’s degree, Skelton had gotten her first taste of teaching by tutoring fellow students and teaching a class to earn her degree.

Kate Skelton teaches math at Highline.

appointments, meetings and classes to attend, however her dedication to helping students didn’t falter.

Skelton was born in Minneapolis and raised in California. Like most students, she struggled with math in junior high.

“I was in the lowest level math class in the eighth grade,” Skelton said.

During high school, Skelton acquired a liking for math at Charter Oak High School.

“I like math because it’s

Student Government elections coming in spring

BY SIMONE SNOW STAFF REPORTER

Student Government positions are being re-defined for upcoming elections.

The Student Senate, loosely described jobs of three senators, treasurer/club diplomat, vice president of legislation, vice president of administration, and president are now being more clearly outlined for the benefit of those wanting to run in future elections.

Every year, usually in the third week of May, the student body of Highline elects seven of their fellow students to Student Government.

Members of Student Government fulfill duties ranging from filling places on the Tenure Committee and the Service and Activities Budget Committee, to working on smaller projects such as developing a recycling program and dealing with issues affecting night students.

This year, the duties of Student Government officers will be described in more detail, making it easier for those filling the positions to understand what is required of them.

“This review is done annually as a function of the Associated Students of Highline Community College Elections Committee to ensure that candidate expectations are clear,” said Associate Dean for Student Programs Jonathan Brown.

“The end result is an elections packet that will be slightly different from last year, but hopefully closer to what the position might actually look like.”

Through the efforts of Student Government, Brown hopes past experiences of officers trying to sort out their positions will not be repeated.

“This was a problem about three years ago,” Brown said. “Summer training and pre-Fall Quarter work hours were not always specified to candidates. This sometimes led to folks missing training and dropping off the council.”

Jacob Jennings, vice president of legislation, understands these difficulties.

“We didn’t know what we were doing exactly until August,” said Jennings. “We’re going over the job descriptions to make sure they’re accurate.”

However, Student Government will not be altering all the qualifications. To get on the ballot, students wanting to run must gather 50 student signatures. Once elected, officers will be required to maintain a 2.5 grade point average and take a minimum of eight credits every quarter. Officers also need to work at least 15 hours every week for Student Government in order to earn their minimum wage salaries.

“Having a say in what goes on in your school is important,” Jennings said. “It’s lots of fun, but lots of work.”

Student Government will not be ready to release further details for another one to two weeks.

“It’s still in the works,” Jennings said. “More information will come in time.”

For more information on running for office, check with the Student Programs office on the third floor of the Student Union or contact Jennings.

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Beginning April 7th
Students from all over come to Kaplan

BY MARK MARAS
STAFF REPORTER

Walking into one of the Kaplan English Program offices, a very sunny and happy woman, Elizabeth Arnold, is busy answering her phone.

Students from all over the country talk to Arnold about issues concerning the Kaplan program and even as she gets calls non-stop, Arnold, Kaplan's program manager, still keeps a warm smile on her face.

Kaplan is a private business language school that rents space at Highline to teach their classes. It is the school's English as a Foreign Language [EFL] program that aids international students in test preparation to get into universities and graduate schools.

Kaplan's 60 students here range in nationality from Korea, Japan, Taiwan, China, Panama, Columbia, Venezuela, Mexico, Russia, Ukraine, and Brazil.

Arnold knows how to say ‘hello' and ‘thank you' in 15 different ways.

In order for the students to get into universities, these students, whose English level may not be proficient, have to take the Test of English for Foreign Language [TOEFL], which is a test of entrance for any college or university in the United States. The English ability tests the students' reading, writing, listening, and speaking skills.

A second test Kaplan students can prepare for that goes with a business degree is the Test of English for International Communication [TOEIC].

TOEIC is designed as a measure of ‘business English,' says Alex Griffin's, high intermediate English teacher at Kaplan. "Some people in TOEIC are interested in going back to their country and getting a job."

Headquartered in New York City with 170 test preparation centers nationwide and 13 of them being English, the Kaplan program rents its space at Highline to teach their classes. Five levels of English are taught at Kaplan. When students arrive, the students might know only Basic English.

"It depends on what level they came in at," says Cristi Erickson, who teaches Basic Level Two English at Kaplan. "Sometimes the students know how to read and write [English], but not speak or understand spoken English."

Before coming to Kaplan, Port Orchard resident Erickson was a telecommunications analyst and after getting laid off, she sought a change in career. "The opportunity at Kaplan arose and I took it."

What Erickson likes best about her work is: "Those 'aha' moments that they understand [the language] for themselves and all of a sudden it clicks."

In a recent class session, the students got into groups and learned about technology and computers from an English book.

For the students to arrive here at Highline, Kaplan has a student visa to get students from other countries to come to America to learn the English language. However, there is a fee to get into Kaplan, and potential students may go through an immigration process in their home country.

While in America, the Kaplan pupils are on student visa, so they are not allowed to work while staying here. Often times the international students will stay at a dormitory in downtown Des Moines that includes both single and double occupancy rooms.

The classes at Kaplan go from 9 a.m. – 4 p.m., Monday-Thursday, and 9 a.m. – 12:15 on Fridays. The students can stay in this program from anywhere from two weeks to five months.

Every Tuesday there is a free new IBT TOEFL test that's open to the public.

An Admissions Seminar on how to choose a university will be run by the Kaplan English Program in building 25, room 606A of the library on March 15.

After two and a half years Arnold enjoys what she does. "I love the fact that the whole world walks into my office door!"

Homework? Put off procrastination until tomorrow

BY LINDSEY FARAH
STAFF REPORTER

Procrastination is a bad habit for many students.

"I can't even count the number of times I've procrastinated," said sophomore Victor Kimbu.

At one point in time many have experienced problems with procrastination.

A number of students have been in situations where an assignment is due in four weeks, but the student keeps putting it off until two days or even the day before it is due.

The main factors to why people procrastinate is they are either too busy or they just don't want to do it. Hanging out with friends sounds better then doing what has to be done.

Unfortunately sometimes procrastination will bite you back.

"It never helps to procrastinate," said freshman Cameron Valentine.

If you do procrastinate then you will just fall behind on things that need to be done which can make you flustered or stressed.

Some will learn their lesson; others will face it over and over again.

"Who wants to do homework? After a while you get addicted to laying off the assignment to the end," said Kimbu.

A simple solution to breaking this bad routine is to block everything out except your homework you have to do. Basically go in a quiet room where you have no distractions.

"Feel the need to procrastinate and do your work it anyway," said Patricia Haggerty, a student services counselor.

Time after time you brain holds a neural trace that helps you remember and hold on to the information given. When many neural traces build up for procrastination your mind tends to steer you towards not doing stuff that needs to be done. She suggested there are two ways to prevent procrastination.

One way is the 10-minute plan. When you are having trouble getting started or you just don't want to do it set a timer for 10 minutes. Work on that project or the thing you need to do without stopping till the timer goes off. Then decide whether to work on it for another 10 minutes.

The second way is to make a list of all the things you have to do. She suggests to list up to 20 to 30 things.

After you have made your list decide which are the 10 most important things to be done, and start a new list with your top 10 in order of most importance.

Get a 3x5 card and decide which are the 3 most important things on your list and write them on the card.

Now work on the most important item on your 3x5 card. After you are done with that move to the second item.

"Whether you get to the third one on your 3x5 card it doesn't matter," said Haggerty. "Look at what you have accomplished."

The key point to procrastination is: just don't do it. Sure it may take longer to get something done but in the long run you will benefit.

If you have any questions or need any other information on coming procrastination Patricia Haggerty is located at Building 6 in student services or you could give her a call at 206-878-3710 ext. 3578.

Got the shutter bug?
Take pictures for the Thunderword!
See us in 10-106 for details.
Logo continued from page 1

"The usage of the [new] look is consistent. We have brochures that don’t look alike, and this will at least help us when we put stuff out there — there is more frequency of use [of the logo]," said Reichert.

The new logo will be released slowly and quietly, rather than all at once.

"We will build it over time. It’s not immediate," said Reichert. "This will be used in our campaign for summer and fall enrollment, but it’s going to be a soft rollout — we’ll replace it as we can."

This slow release will allow the school to not pick up any inordinate additional costs. When it is time to reorder something such as business cards or brochures, the new logo will be used, but it won’t be an extra, but rather a routine cost. Uniform colors won’t change.

The Highline organizations that have been involved in the brand equity have been the communications/marketing, institutional advancement, and student services departments, as well as classified staff, faculty, students, and the web committee.

This is not part of increasing enrollment and it is not an ad campaign. According to Reichert, the plans for brand equity were in motion before the enrollment dip.

The process for coming up with a brand took a while, but for good reason. "You can’t just sit inside and make up a brand. It’s not about who we think we are, it’s who the public thinks we are," said Skari.

The school had to wait until the next budget cycle in order to fund the package.

Once that was done, a community perception survey was conducted by Hebert Research, Inc. in order to come up with appropriate and accurate descriptions of the Highline experience. Hebert Research interviewed 1,594 respondents, including current students, potential students, business leaders, and general community members.

It was discovered that Highline is recognized by over 91 percent of community members and businesses. According to the executive summary of the perception survey, Highline has the second strongest "top of mind image" in its service district behind the University of Washington.

This means that when asked what came to mind when higher education is mentioned, the community members thought of Highline after UW, but before other schools.

Highline is recognized for its location, affordability, diversity, and a positive classroom experience by students.

Community members see it as providing a skilled labor force, as well as transferability to universities.

Therefore, these were some of the qualities focused on for the brand, as well as ease of acceptance, academic reputation, and competitive standards.

This information was then passed on to Arscentia Design, who then used a scientific method to determine what colors best expressed those values, as well as a logo that best represented Highline’s industry.

"Their research showed that the closest [logos] our [old] logo looked like were those of cosmetic companies," said Reichert.

New logos were made that looked more like those of other colleges and universities in the area.

The logos then underwent multiple rounds of presentation to five separate audiences.

"We start with dozens, sometimes hundreds of possibilities and narrow it down," said Arscentia representative Steve Ater. "This particular logo tested best with the student audience the majority of the time."

The amount of time spent creating the logo and brand equity has been viewed as appropriate. Those involved say this usually takes much longer. According to Ater, a business logo meant to last 25-50 years typically takes longer to create.

"Had it taken any less time it would have had an amateurish outcome," said Ater. "It’s not an issue of enrollment for Spring Quarter; it’s an issue of enrollment for the next 25 years."

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Photo by Jocie Olson

Despite low enrollment, loads of students line up from the bookstore entrance to the middle of the Bistro in the Student Union to sell back their books at the end of the winter quarter.

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tion and increase of salary expenses, neither of which are covered by the state. As a result the school is making strategic resource cuts.

Not all programs being cut however.

"Some areas will see enhanced revenue," Dr. Bell said, including Outreach Services. "That building (Building 99) will have a sign on it saying Highline Community College Outreach Center," Dr. Bell said. The Outreach program (recruitment) is going to be combined with institutional advancement (publication), and "being together as a team will bring synergy," said Executive Director or Institutional Advancement Lisa Skari.

"A lot of four-year colleges don't separate recruitment from publication, so this reorganization is actually common within higher level education," said Skari. "The reorganization in my particular area, I'm excited about it."

Throughout the whole meeting, Highline's influence on the community was a big focus. Ronda O'Brien of Administrative Technology asks a question at the public meeting.

"We are a community in transition," said Dr. Bell. "It doesn't make a difference if we make the numbers if we don't serve the community."

Dr. Bell made it clear that Highline's mission to meet the lifelong learning needs of the people in the community will stay the same.

The population no longer represents the year 2000 demographic -- it's a different community said Dr. Bell. There is an increase in poverty and single-parent homes.

"It's our obligation to figure out how to reach that community," she said.

"The Foundation has been looking at how to get the scholarships out to a broader audience," said Skari. The meeting was not a surprise to many Highline faculty and staff members.

"When I was hired everything was together...now other people are kind of shaking in their boots," one audience member said.

"How do we know if someone is going to take our job?" another added. "I think there's a lot of fear out there," said another audience member.

"Our office is being cut from eight full time people to six full time people in financial aid. Is anyone going to help us make it work?" asked another.

"I'm actually kind of nervous that Financial Aid is changing," another audience member said.

"I am very proud of the staff and the administration. I think that people have risen to the challenge and we are really looking at how we can serve our community," said Marion Davis, interim vice president of administration.

"I wanted to have a good block of time for the faculty and staff to ask questions," Dr. Bell said. "I'm glad at the number of people who spoke out."

"It's an extremely positive group of people, I'm extremely impressed with the faculty and staff. I'm very fortunate to be a part of it."