Border wars

Highline students to protest immigration reform

By Lynette Marquis

Some Highline students are unhappy with Congress’ efforts to reform immigration.

Thousands of people all over the country are protesting against the nation’s immigration law.

The students are upset because they believe the legislation is illegal.

The following students have walked off campus in protest of the debate, especially in California, Texas, Nevada, and New York.

Torres and others say they will participate in a protest in Seattle. The group is meeting at 4th and Jackson at 2 p.m. on April 10, The National Day of Protest.

This will be the fourth protest in the last three weeks for Torres and other members of the ULA have participated in. Most recently, a group of students marched in SeaTac in protest of immigration reform.

“These people have family born here,” Torres said of the immigrants. “People are human beings and deserve to live life. They come here to live well.”

Some other students agree.

“I don’t think it should be done, I mean, we’re all immigrants,” said Jeremy Patton.

“They’re basically trying to survive,” says Rico Saino.

“If they had a good life they wouldn’t be coming over here.”

“If we don’t see why it bothers people. If they came here to get away from their country, they aren’t hurting anybody,” said Samantha Brubaker.

The United States is home to an estimated 11 million illegal immigrants. Critics of illegal immigration say that immigrant workers depress wages in some industries and don’t pay taxes to cover the cost of serving them.

“It’s great that other countries are coming in, but it should be legally. We don’t have the funds for it,” said Amelia Freeman, a Highline student.

“Our country should kick them out but welcome anyone who wants to live here,” said Lynette Marquis.

See Border, page 15

Dual enrollment starts elsewhere

By Joie Olson

A University of Washington branch campus and a local community college have teamed up to make a dual enrollment possible for students, but Highline officials seem less than thrilled with the idea.

University of Washington Bothell and Bellevue Community College have made it possible for Bellevue students to take classes and use the resources at both colleges.

Students can now be enrolled in both colleges and start taking 100-level courses as sophomores.

“I think many students will take advantage because it offers so much,” said Robert Adams, public information officer at Bellevue.

The dual enrollment gives the students a wider range of courses.

Aside from being able to take classes at both colleges, students will also get to use the facilities and take part in events at both colleges.

Advisers will also be at both colleges to help the students use the dual-enrollment program effectively.

For students to qualify for dual enrollment they need to have at least 45 credits at Bellevue.

Once students have their associate degree at Bellevue and have taken certain required courses at UW Bothell, they will be guaranteed admission.

See UWB, page 15

INDEX

ARTS.................Pages 5-7

CAMPUSSLPES.........Pages 2-3

OPINION..................Page 4

NEWS........Pages 1,12-16

SPORTS........Pages 8-11

Childrens art splashes into library gallery

See story, Page 5

Kenjamine Jackson:

fierously fast

See story, Page 8

STAFF REPORTER

Enrollment at Highline is showing positive signs.

The enrollment numbers for Spring Quarter, while not fully counted at press time, stand a good chance of meeting Highline’s target enrollment. At press time, the numbers were on 3 percent of the goal according to Ivan Gorne, vice president of student services. The target goal is 4,900, and the current number of FTEs is 4,833.

However, a few more days remain in the accounting period, and the numbers can still change.

“Usually I don’t give out numbers until after the 10th day because they change so much,” said Becky Riverman, associate dean of Enrollment Services.

FTEs are full time enrollments, which equal one FTE for 15 credit hours. It is different from the actual head count of students.

“I’m pretty confident that we’ll make our enrollment goals for Spring Quarter, based upon FTEs,” Riverman said.

“It’s possible it could go down, but I’m very optimistic,” said Gorne. “It looks great.”

There are several possible reasons why enrollment is up this quarter. Gorne pointed to new programs, more weekend classes, and an increase in tuition assistance, all of which may have contributed.

“We traced our enrollment for 34 years,” said Gorne. “Enrollment has been up for 22 years, down for 22 years, and flat for two years.

“Never in the 34 years has enrollment been down for more than three years in a row. Next fall is our fourth year, and looking at our history, we’re hopeful.”

“Enrollment is a trend that may be turning around because it always has, but that’s not very scientific,” Gorne added.

Retention of students is also up.

The overall retention of students from fall 2005 to winter 2006 was 71 percent. Fall 2004 to winter 2005 was 70 percent.

While the retention rate has only risen 1 percent, it is a “movement in the right direction,” according to the winter retention report. Individual de-
Highline brands new logo

Highline has a new brand logo. After about two years of deliberation the logo is finally here. Highline altered the logo to appear more modern. The logo will slightly alter its colors making the greens and blues brighter. It also took away the longhouse over the text, and replaced it with two curved lines. It will be officially revealed to the public on the May 15 during the Spring Festival.

Book fair benefits women

Women’s programs is having a book fair to benefit the Women’s Programs Emergency Scholarship Fund. Books and gifts items will be on sale. The fair will be held Monday, April 10 in the Student Union Building in the Mt. Constance room from 9 a.m. to 4 p.m. For further information contact Ann Sawyer at 206-878-3710, ext. 3644.

China Beats--book of poetry

Sibyl James will read from her new book of poetry, China Beats. She will also be showing slides of China. The reading is free and open to the public.

The event will be on Monday, May 1 from 6-7 p.m. in the Student Union.

For more information contact Sibyl James at 206-878-3710, ext. 6078 or at sjames@highline.edu.

Apply for UW Bothell soon

The University of Washington's Bothell’s Master of Business Administration program is now accepting applications for Fall 2006.

The program is intended for managing, in technology-orientated companies and for working professionals.

The deadline for the application is May 1 and they are accepted on a space available basis.

For more information about the Master of Business Administration program visit their website at http://www.uwb.edu/business/mba/infosessions.shtml or call at 425-352-3575.

Properly graph your calculator

If you are struggling with using a graphing calculator, a "How to use a graphing calculator workshop" will be held at the math resource center. Dick Plagge will be teaching on how to use the Texas Instrument graphing calculators. Don’t forget to bring your own calculator.

The workshop will be held on April 5 at 2:30 p.m. in Building 26 room 319.

For more information, contact Jason Ramirez at 206-878-3710, ext. 3585 or at jramirez@highline.edu.

Nominate student workers

Outstanding students of the year can be nominated for recognition. A student can be nominated based on performance at work, on campus, and academically.

This is a chance to appreciate outstanding student employees. A reception for all student workers will be on May 3 and the winner will be announced. The winner will have their name on the Student Employee of the Year plaque.

Nominations for Student Employee of the Year are due by 5 p.m. on Friday, April 7. For more information contact Diana Baker, career and employment center, at 206-878-3710, ext. 6026.

Help wanted

The Thunderword has an immediately opening for an office manager. This person maintains records, answers phones, and assists the business and advertising managers as needed. This position is work study eligible and could be an internship. Flexible hours. Contact Thunderword@highline.edu for more information.

Enhance inner self's leader

Student Programs presents a First Friday Leadership Institute workshop on honoring and supporting one's inner spiritual leader taught by Carla Erickson Orlando.

Orlando specializes in learning communities and promoting personal growth. The workshop will be Friday, April 7 from 2-4 p.m. in the Student Union's Mt. Olympus room. Refreshments will be provided.

For more information contact Jonathan Brown at 206-878-3710, ext. 3257 or at jbrown@highline.edu.

Prescribe your own drugs

The new world of pharmacogenetics will be explored during Science Seminar.

Cheiddy Jaja will discuss the benefits of personalized medicine tailored just for you. Science Seminar will be on April 7 in Building 3 room 102 from 2:20-3:10 p.m.

For more information contact Woody Moses at 206-878-3710, ext. 3649 or at wmoses@highline.edu.
Grounds crew beautifies campus

By ALICIA MENDEZ  STAFF REPORTER

Highline's grounds crew battle elements and students. Ever notice the well-nourished grass that stays green year round, or the rays of flowers that bloom with brightness this time of year?

From 8 a.m. to 3 p.m. Tuesday through Saturday, grounds workers Joel McClusky, Bunthoeun Keo, and Samuel Soto are dedicated to thoroughly cleaning up Highline's campus.

Picking up old cigarette butts after ungrateful students is a daily routine for these men. Many students create pathways through the beauty bark and bushes for short cuts, trampling on their hard work.

Much of their day is spent scouring the student parking lots picking up any tossed trash. Despite students disregarding for their hard work, the men still do not complain.

Highline's grounds crew spends all day, rain or shine, "keeping up the campus' scenery. Bowing the grass, pruning the leafy bushes, laying down fresh manure, and watering flowers include some of the appealing easier work the grounds crew dig their hands into.

It's all about the dirty work though, that's where their hard work shines the most.

"If people were more conscious of throwing their stuff away, then we wouldn't have to spend so much time picking up trash," Grounds Supervisor Dave Kress said.

Kress has been with Highline for 15 years working with grounds. He started out as a gardener.

These men spend their entire day outside in Washington weather, which gives you the best of everything, and the worst.

"I love being outside," McClusky said.

"I wish the rain would stop," Keo said.

McClusky, who has seen and worked on other local community colleges campuses, says Highline definitely has one of the nicer campuses in the area.

"Especially, with the view of the Puget Sound. There is no other college on the west side of the mountains that has that, " McClusky said.

The campus view is not all that keeps McClusky satisfied during a work day. His knack for psychology keeps him interested.

"Just being around the student body," McClusky said. "I enjoy watching students looking at new fashions, where they have been in the past and where they were going."

McClusky's co-worker Soto equally enjoys students in the environment, he said.

Soto is from Mexico and has been working with Highline for seven years.

"I like seeing people studying in the grass—especially when the sun is shining," Soto said.

Keo is from Cambodia and has been working on the grounds for Highline for five years.

Both Soto and Keo came to the U.S. because they had family here that they wanted to be closer to. In their native lands they also planted crops and worked with gardening.

When it comes to maintaining a clean campus these men cover it all.

"I specialize in everything when I work outside," Keo said.

Kress, Keo, Soto, and McClusky all agree that one of their main objectives, as a grounds crew worker, is to keep the campus safe with a pretty atmosphere for everyone.

If you look around long enough you are bound to see the three musketeers traveling around campus picking up trash here and there, checking roots for drainage, or riding lawnmowers to keep the grass trimmed and tidy.

When walking along the sidewalks of the campus, take a moment to look at the perfectly laid beauty bark, or the well-groomed cherry blossoms, and appreciate that Highline's campus is one of the most beautiful thanks to three hard-working men.

Photo by Alicia Mendez

From left: Manuel Soto, Joel McClusky, and Bunthoeun Keo appreciate the fruits of their labor.

Honors Colloquy offers credits, experiences

By KATIEE SMITH  STAFF REPORTER

Any student at Highline could academically benefit by attending the Honors Colloquy, says speech professor Dr. Barbara Clinton.

"In my opinion every single chair in this room should be full," says Clinton, who organizes the colloquy.

The colloquy, an academic word meaning conversation, is held in Building 7 on Wednesdays from 12:10-1:15 p.m. Students enrolled in Honors 101 will receive one honor credit on their transcript just for attending the weekly seminars.

This colloquy will give Highline students a more competitive edge on their transcript when applying to a four year college, Clinton says.

Last quarter a nanoscientist came to Highline and described how sunscreen is using nanoscience to protect skin.

A student had requested to hear from a nanoscientist, and she went out and found a person to come to Highline and inform the students about the area.

"I'm willing to go out and find the people," Dr. Clinton says.

The minimum grade point average (GPA) to enroll in the Honors Colloquy is 3.5 and the student must have 12 credits of college-level work. Although not everyone at Highline has the GPA to get credit for attending the colloquy, every student could professionally or personally benefit from listening to a successful speaker for an hour, Clinton says.

Dr. Clinton, who is in charge of booking the speakers, says these successful individuals can help the students of Highline. The colloquy is open to the public so anyone is invited to join in the conversation.

A different speaker will talk each week and will answer questions asked by Highline students about his/her professional work and study. The speaker will relay his/her experiences of opening doors for success, and hopefully help students learn how to open their own doors while attending Highline.

The series began on Wednesday, April 5, with Dr. Bill Richardson. He is a professor at the University of Washington-Tacoma in the Global Honors Program.

On April 12, from 12:10-1:15 p.m. in Building 7 the speaker will be Ernie Burgess. He is an investment adviser for Seattle's Smith and Barney. He will speak about his college career, his world travel, investments in school and the community, and the Prosthetics Outreach Foundation.

The speaker has yet to be announced for April 19.

On April 26, the building will change to Building 2 but will take place from 12:10-1:15 p.m. Gordon Lafer is the speaker from the University of Oregon's Labor Education and Research Center. He will discuss fast food issues, including minimum wage jobs, and other issues of labor politics and anti-poverty programs.

Suggestions for a speaker in May can be made to Dr. Clinton at her email address bcclinton@highline.edu.
Editorial

College needs to sell itself to draw students

In the wake of the recent budget cuts, one may want to ask, “What’s next?”

Highline has just severed 26 positions and given the chop to a handful of classes, an action that is the result of low enrollment and budget cuts. Faculty and students will grudgingly say goodbye to the departing staff; their dismissal has been grimly accepted as necessary.

The reductions are a result of low enrollment; students are the lifeblood of the college, and in the academic world, anemia can lead to death. With fewer students, Highline receives less funding and jobs get cut.

While the college had no choice but to reduce, it needs to make sure that these reductions become the low point in a dry cycle—not a sign of things to come.

Recently, Highline has been taking steps—long overdue—to beef up enrollment. The commercial that was shot recently is an indicator of progress. It’s reassuring to know that the college hasn’t just acknowledged the problem, but is actually moving toward a solution.

But is Highline moving toward that solution in the most effective way?

The idea of brand equity isn’t disagreeable. Spending $15,000 and three years as a first step in that direction, however, may leave some wondering just what it’s going to take to achieve it.

And while college research shows that Highline has a positive community image, any local student could tell stories about the things they’ve heard about the college. And they’re not good things.

Rumors range from an ugly, unwelcoming campus, to poor, useless programs. It’s doubtful that any of these opinions are based on experience, but they are being circulated nonetheless.

It seems like the college is avoiding the bad publicity, though. The best way to encourage rumors is to avoid them, the best way to dispel them is to face them in the public light. By ignoring groundless criticism, Highline is making it true for those who haven’t heard it, in turn, is losing students.

Highline has shown effort to bring in new students, but it’s shown confusion about the issue. Instead of trying to create a new image, Highline should be endorsing what it already is: a solid junior college with strong programs, instructors, and resources.

Highline students know it’s a good school: it’s time that everyone else found out, too.

Write to us!

The Thunderword encourages letters to the editor and columns from the college community. E-mail your article to thunderword@highline.edu. For more information, contact the Thunderword at 206-878-3710, ext. 3317. Due to limited space, please limit your letter to 300 words.

Spring break thrives on illusion

Spring break is an American pop-culture phenomenon, having achieved glory through television exposure and fuzzy recollections. Anyone with MTV has seen the golden Mexican beach, the stylish college students smiling and laughing, gracefully holding margaritas as they spike volleyballs and belly flop in near-epic competitions.

The glamour, the sleek, sexy décadence, is what lured me through the Sea-Tac Airport and onto a Boeing 757, forseeing my family and friends as I plunged headfirst towards the equator.

From the airplane window San Diego appeared a twisted labyrinth of brightly lit streets. The city was bordered by palm, luminous beaches and shimmering waters.

My friend Myrna, who goes to the University of California at San Diego, picked me up at the airport, greeting me cheerfully before we sped into the night.

She snuck me into her dorms and I met the girls. They were meek, cautious things, whose lives are built around studies and other respectable endeavors—this was the crowd I was going to party with.

We rented a beach condo Sat.

urday night. With the money we were able to scrounge up, we bought ten $4 jugs of wine and a bottle of cheap vodka.

The night started early; I was stone drunk by 6 p.m. After the jugs had been emptied, we started on the hard boozes. My stomach quaked from the side mixes of wine and vodka and I had to squeeze my left eye closed to see the swirling blurs that filled the room.

Two hours later I was trembling, my face pressed against the cool porcelain of a grimy toilet seat as the sweat dripped off my nose, asking myself where the golden beaches and belly-flop competitions had disappeared to.

I regained consciousness in the bathtub the next morning, sick and cold. The living room was broken and deserted, a discarded shell of the night before, congested with empty wine bottles and crumpled Dixie cups.

Spring break had offered a sort of surreal escape, a portal into the glamorous realm that is televised life. It was a myth I had revered, that I had visited often during the rainy days of early spring.

The spring break I had believed in was myth, a fabrication built by young America, chasing the very thing they’ve imagined. It was something that existed only in idea, a mask that covered the grey face of reality, made real only by the power of broadcast.

I lumbered onto my plane, drained of the exuberance that had pulled me into California in the first place. From the window I looked upon the city of San Diego once more, the streets and beaches stripped of their gleaming promise.

In the early morning light I saw cement and pavement speed below, and it occurred to me that spring break is simply a week in March.

Robert appears in the new video, Geeks Gone Wild.

“...a阑e to name it after you, baby.”
Child’s play

Gallery unchains young artists’ style, imagination

By Rachel Lusby

STAFF REPORTER

From the refrigerator door to a gallery wall, children’s art is given the credit it deserves at Highline’s library art gallery.

Tya, 2 to 5, from Highline’s Early Childhood Development Center and the Yukin Learning Center Preschool, are displaying their artistic masterpieces in the gallery throughout the month of April.

The children used a variety of media in creating this artwork. The subjects of the art pieces also vary.

Sometimes the subject could be based on a recently read story or on a current event, such as the weather conditions outside.

This is why some of the pieces look similar.

Such as the two pieces entitled Penguin.

One was done by 3-year-old Emma and the other done by 4-year-old Timothy.

“There are also two class quilts. One is done by the 4-year-old class and the other by the 3-year-old class.

There were made using construction paper that was cut into squares.

The children then created designs using markers and paper cut-outs.

The squares were then placed side-by-side into one big paper quilt.

Not all of the children from the two centers will have something on display, however.

“Children are very protective of their work,” said Joyce Riley, the Childhood Development Center Director. “Some of the kids just didn’t want to part with their work.”

This gallery of children’s artwork has been an annual tradition since the early days of the college.

“For centuries,” said Riley as to how long the tradition has continued.

Featuring in this year’s display is everything from paper cut-outs to three-dimensional figures done with clay, such as 4-year-old Peter’s Dinosaur Fossil and 3-year-old Aiden’s Fossil, which looks like an ancient seashell.

Other media used are crayons, chalk, mosaic, and stamping.

Mixed media pieces are also on display.

Three-year-old Colin’s Monster Mask is done using a paper plate and colored, spongey fabric cut into squares.

Two-year-old Naomi also created a mixed media piece; its title is Collage and is done in the style of a collage, which used paper, paint and other items.

The display is brightly colored and is sure to catch anyone’s eye as he or she walks in.

The purpose of the annual children’s display is to cater to the need young children have to express themselves through the arts.

A pamphlet regarding the importance of art in a child’s life is available for free in the gallery.

The gallery is located on the fourth floor of the Highline Library.

The display will remain up until the end of April.

The Blend’ spices things up with Afro-Cuban jazz

By Kaydee Smith

STAFF REPORTER

Afro-Cuban jazz musicians from the band Sonando kicked off The Blend’s performances yesterday.

The Blend fills Highline’s Bistro with sweet music from 10:30-12:30 a.m. every other Wednesday.

It is an intimate, music experience that entices the ears of students at Highline Community College.

Fred Houdley, the pianist in Sonando, played April 5 in the Bistro while students listened intently and drank their lattes with smiles on their faces.

The trio played and an undeniable balance of rhythm and dance radiated out from the the popular student hang-out.

Some of the students were grooving to the beats both inside the coffee shop and while walking to their next class.

One student, Ola Idowu, described the rhythmic jazz of Sonando as, “fiesta type, real lively music, like the tango.”

Margaret Bryant, a member of Team Highline who books most of the performers for The Blend, says the next two months are filled with great performers, and all students are welcome to come down to the Bistro and “listen to the music in the background.”

Here’s the line up for the next few performances:

- April 19: Reshaun – R&B
- May 10: Todd Zimmberg Jazz musician/drummer/professor of music here at Highline
- May 24: Not available at press time.
- May 31: The Blend’s Highline Idol Competition

Highline is having an idol competition, much like the popular television show, at the end of May.

If you would like to try out for the Highline Idol Competition, contact Team Highline in Building 8, on the top floor.

Call 206-878-3710, ext. 3903, for more information.

Fred Houdley from Sonando will play at the Triple Door in Downtown Seattle on April 24, and May 1 from 9 p.m.-midnight.

The Triple Door is located at 216 Union St.

The phone number for the Triple Door is: 206-838-4333.
**ARTS**

**Spring one acts to tickle the funnybone**

**BY ERIK BREAKFIELD**

STAFF REPORTER

You could consider the auditions for this spring’s one act plays as comedies in themselves, if you judge only by the amount of laughter in the room. Every actor/actress who entered the Small Theater in Building 4 found it impossible to watch and perform in their auditions without cracking a smile.

This was because all of those auditioning were reading scripts from six different comedies that are in consideration for this spring’s shows.

Directors Steven Grawrock, Aquilla Reed, Amber Rose Johnson, and Jared Thomas will each be directing a one-act comedy of their choice for the Drama Department’s spring performance.

During the auditions, the directors simply handed selected parts of their scripts to whichever actors they chose and then watched as the scenes were performed. At the end of the scene, directors handed new scripts to the actors who would then go into the hall to practice.

It was a non-stop recycling of actors/actresses. Just as one scene would end, another group would be ready to take the stage.

This gave the directors a lot of looks at the actors and their abilities, so they could then hand the actor a script and a character that the directors felt he or she could do particularly well.

The one-acts will be performed during Spring Arts Festival, the plays start on Wednesday and run each day following until Saturday. Tickets for each play during the festival are $5 for students and $6 general admission.

Katherine Harris and Flavio Lopez rehearsing for Drama’s one act plays.

**Painter draws inspiration from children**

**BY AUSTEN LAVERY**

STAFF REPORTER

Theresa McLean fell in love with painting while in kindergarten. She wasn’t a student at the time, she was the teacher. “Children are unpredictable,” says McLean.

The students were applying their creativity without the restrictions of critical analysis. “They were drawing with the right side of their brains,” explains McLean.

The right hemisphere of the brain controls creative process, whereas the left side controls critical thought.

The children helped McLean see that letting go of critical thoughts and just painting was the way to go.

In 1974, McLean and her husband moved from New York to Seattle. She was ready to begin her career as a painter, but was uncertain if she would earn enough money painting.

McLean’s husband assured her that she did not need to worry about the income because he was going to support her while she painted.

Since then McLean has been painting full time. After McLean was awarded with being presented at the Kent Arts Commission Gallery, she has been working nonstop to get more paintings completed.

A majority of McLean’s artwork is called mixed media, where more than one medium is used for the paintings. She begins most of her paintings by wetting the canvas, allowing shapes to form, then she puts the canvases aside until she’s ready to paint.

When she searches through her many canvases, she may sometimes see something that calls forth the painting.

“It’s being at the right place at the right time,” she says mentioning to one painting.

“If I look at this canvas vertically, I can see a face. If I look at it horizontally, I can see a little girl lying down.”

The majority of McLean’s paintings are miniscule abstractions of renditions of people. McLean says that she never has a certain theme or painting in mind, but would rather wait and see what happens with the final result.

“I just listen to what's in front of me,” she says, "and go with it. I never force it.”

In the past 30 years, McLean has worked on four major series, Calla Lilies, Crows, Kindergarten Colors and Imagination Series, which are being presented at the gallery.

McLean has won several local awards for her paintings, but has never tried for anything nationally.

“I’m just a little fish in a little pond,” she says, shrugging.

McLean’s artwork will be presented at the Kent Arts Commission Gallery from April 3 until April 26. The gallery is located at 220 Fourth Ave S. Kent, and is open from 8 a.m. to 5 p.m.

Photo by Roman Klimenko

**Bob says...**

“You’ll find the spice of life at the Dog House!”

Des Moines Dog House
22302 Marine View Dr. S.
Hometown hotdogs — with a bite! Build your own at our world-class condiment bar!
Jackson sprints his way to glory

By Lindsey Farah

He walked into Highline Territorial with a black hooded sweat shirt, gray sweat pants, and a look of hunger in his eyes underneath his wireless glasses that made him look like an intellectual.

The bushy hair he was styling had a statement of its own, his shoes were dirty as if he had been working hard. Kenjamine Jackson, 18, looks like a athlete and a typical student. Don't let this fool you; he is one of Highline's freshman and he is here to win the 100 meters and the 200 meters at NWAACC this year with no exceptions.

Jackson started running in the seventh grade at Cedar Heights Middle school where he would fall in love with the sport he is in now.

"I was weak in track up to the ninth grade," said Jackson.

As a young man he wanted to always do his best. His attitude for competition is, "I came to win so I am going to win.

"Though he wouldn't say it he would always perform it.

By the time he reached Kentwood High School, Jackson was starting to mature to be a good runner.

In his junior year of high school Jackson made it to state in the 4A Division. There he placed fourth in the 100 meters and fourth in the 200 meters.

"I was happy to be there," Jackson said.

Jackson suffered a groin injury at the start his senior season.

When it came time for state, though, Jackson was healthy. This time he placed first in the 100 meters and first in the 200 meters.

Jackson will take the races in stride at the collegiate level. He is a shy type of guy that you might not expect to be the best.

This year will be quite different due to the changes between high school and college.

"A lot of the competition in high school was inexperienced and a lot of people didn't take track that seriously, unlike this year where every one takes competition seriously and I will really have to work hard in order to win," said Jackson.

In January Jackson ran in the indoor track meets held at University of Washington, where he got a taste of the competition.

"It was a learning experience, I liked running against the universities," said Jackson.

Indoor is quite different compared to outdoor due to the track size and the dryness of the room. He competed in the 60 yard dash and the 200 meters. He made it to the finals in both events.

In the last four weeks Jackson has won two out of the three meets. Jackson said he expects "to be a contender in every event I am in."

This season is heading for a good start for Jackson as the new kid on the block.

"He will do very well," Highline sprint coach Les Black said. "It's going to be a surprise to others, he is going to shock people."

"As of now Jackson has already cleared for both the 100 and 200 meter dash at the NWAACC Championship meet in May. Jackson currently is in second place in the NWAACC in both events with times of 10.95 and 22.11.

Men's track gets off to flying start

By John Thompson

Kenjamine Jackson has been the star of the show for the Highline High School track and field team. The team started off the 2006 Spring Season at the UW Outdoor on March 18 and recently competed in Monmouth, Oregon on March 11.

"I thought the UW meet went very well," said Head Coach Amber Rowe. "A lot of individuals placed high. We went in and performed as we expected."

Kenjamine Jackson won both the 100- and 200-meter dash with NWAACC championship qualifying times of 10.95 and 22.11 seconds respectively.

Bruce Hubbard placed second in the 100-meter dash right behind Jackson with a time of 10.98 seconds, another NWAACC qualifying time. Hubbard also placed third in the 200 meter dash with a qualifying time of 22.75.

Brian Dotson took eighth in the 200-meter dash with a time of 23.31 and took seventh place in the 400-meter dash with a time of 52.27.

Other key performances included Trevor Kulvi, with a time of 9:25.26, and Noah McDonald-Robb, with a time of 9:26.31, placing 16th and 17th in the 3,000-meter run, Brian Van placed ninth in the long jump with a distance of 19' 2", and Jeff Vick placed third in the discus with a distance of 122' 8".

The UPS Open at the University of Puget Sound on March 24 and the Spring Break Open held at Edmonds Community College on March 25 were both optional meets during spring break. A lot of the team members were on vacation, therefore the whole team wasn't there.

The team went down to Monmouth, Oregon on Friday for a two-day meet.

"I'm looking forward to the meet; we should be able to compete," Coach Rowe said. "I'm especially looking forward to seeing how the distance kids do on Friday."

The distance team headed into their warm-up right after they got off the bus. Trevor Kulvi ran a 3:12.45 in the 100,000-meter run. Noah McDonald-Robbins had a time of 10:59.80 in the 5,000-meter run and a time of 2:05:37 in the 800.

The remainder of the meet was held on Saturday.

Kenjamine Jackson and Bruce Hubbard took second and third in the 100 with times of 11.13 and 11.24 seconds. Kenjamine Jackson won the 200 with a 22.56. The 4x100 meter relay won with a NWAACC qualifying time of 43.39; the relay included Jackson, Hubbard, Miguel Martinez and Brian Dotson.

With 15 participants, the men's track team doesn't have the ability to compete against a full-team school for the championship this year. However, there is some big potential for all of the individuals. Coach Rowe's expectations for this year are "for the individuals to jut work hard and do their best."

The next meet will be on April 8 at the University of Puget Sound in Tacoma. This meet will be the first of three that will have team scores kept.

The other two meets that will keep team scores are the Spike Art Invite hosted by Central Washington University, and the NWAACC Championship Meet.

Most track meets in college do not keep team scores.

"The athletes are more concerned about getting qualifying marks for their league championship meet in hopes of getting to nationals," said Mike Orella, head track and field coach at the University of Puget Sound.
Fastpitch looking for first win of season

BY BRETT MILLS
STAFF REPORTER

The Highline fastpitch team is looking to rebound this season after a tough 3-34 campaign last year.

Making the rebound tougher are the team’s eligibility problems. Originally they lost five players to ineligibility. Two of those five players resolved some grade change issues and have regained eligibility.

One of the three remaining players who is ineligible is a transfer sophomore who is redshirting this season and will be with the team next year. The team also picked up a catcher, Mary Raab.

“I think that it will be a battle,” Schmidt said when commenting on the outlook of the team this year. “We lost some strong infielders.”

So far this season the Lady Thunderbirds are 0-10. Much of the pre-season was spent on the players learning new positions due to the loss of the ineligible players. The positions that the lost players filled were catcher, utility, and the outfield.

Coach Schmidt said that the games are going to come down to whether the team can put up enough runs to support the pitching.

One of the troubles with having so few players is the lack of the ability to warm up a pitcher while the game is being played.

Instead, the game has to stop, the pitchers are then switched out, and the new pitcher has a short amount of time to warm up.

On Tuesday, April 4, the Lady T-Birds played Centralia at home in two games. In the first game, Highline lost by a score of 13-5. The second game followed the trend with Highline losing by a score of 16-2.

Friday, March 31, the team played Chemeketa who is currently leading the South Division. In the first game Chemeketa won 10-0. The second game went a little bit better for Highline but they still fell short as Chemeketa won 4-2.

On March 15, Bellevue came and played Highline in two pre-season games. Bellevue won the first game 11-2 and the second game was shortened to 5 innings due to a lack of light. Bellevue won that game 6-2.

The team also participated in the Columbia Basin pre-season tournament in Pasco on March 18 and 19. Their first game, on March 18, was against a tough Big Bend squad. They played a great game but ran out of gas towards the end and lost the game 10-7. Later that day they fell to Spokane 12-1. The next day the team played Yakima Valley and lost 11-2.

Highline was scheduled to play South Puget Sound on Friday, April 1 but the game was postponed due to rain.

Highline next plays on Friday, April 7, when they travel to Green River.

On Saturday, April 8, they travel to Fort Steilacoom to play Pierce.

“We have to work really hard to get everyone up to speed defensively because we had players out of position in the first three weeks of the pre-season,” Schmidt said.

“Once we get into the season, everything settles down and players are focusing on bringing their best play to practice and games,” Schmidt said.

“The motivation comes from continually improving each game and making those little adjustments that make the women smarter and better players,” she said.
McManamon explained that it is the Magnus force, which occurs on a pitch when one side of the ball is spinning faster than the other side, that causes a curveball to move in the air. This causes the ball’s wake of air (much like the wake of a boat) to be curved rather than straight, causing the ball to curve.

To make one side spin faster than the other, a pitcher must throw the curveball with tremendous spin. McManamon also said that even though curveballs look like they move a lot, the average distance a ball curves from side to side on its horizontal plane is only about three inches.

This is more than enough to distract hitters though, not only does a curveball juke to one side, it also drops a couple of inches and can be moving at speeds of 80-plus mph.

Knowing that makes it easier to understand why so many bats break in today’s game. When the ball is hit it causes vibration in the bat. If there is too much vibration, which is usually caused by a bad hit off the handle or end, the bat breaks. This seems to happen more and more often in baseball because ball players today grow up playing with aluminum bats, which are much stronger then wood bats and therefore more forgiving of bad hits. McManamon himself played ball at the collegiate level up until his sophomore year at Pepperdine University.

The 20-year-old was then forced to stop playing because of shoulder problems, but admits that baseball was never his only love.

“I was always interested in history,” the 43-year-old history professor says, since fifth grade in fact.

“I avoided the coaches mostly,” McManamon said. He preferred the company of his history teachers better, so it’s no surprise that he decided to become a history teacher himself.

Friday was McManamon’s first lecture on the science of baseball, but says that he would consider holding another in a year or so with new information.

---

**Track program in danger of being cut?**

Despite losing the most successful track coach in its history, the Highline track team is alive and kicking.

Amber Rowe filled in as head coach and Barry Card as assistant coach for this season.

Keeping the track team is important because it is the only track program in the area.

The closest NWAC track program is Clark, in Vancouver, Washington. It attracts athletes from Federal Way, Burien, Des Moines, Kent, and even Summer.

Generally schools keep the programs that are successful. Having won the NWACCC title in 2004, track certainly qualifies as a successful program.

The departure of Robert Yates in Fall Quarter left little time to find a replacement. Head Coach Amber Rowe said canceling the season was a possibility.

“There was no time to hire anyone else,” Rowe said.

“The season might have been canceled, but I didn’t think that was fair to the student athletes who wanted to do track. I worked with the team the past two seasons so I decided help out and be the coach.”

Rowe does not believe the team is in turmoil, but admits that losing Yates has hurt the program this year.

“Numbers are low, but we have really good athletes,” Rowe said.

“It definitely hurt losing the coach, and we are missing a lot of kids from last year.”

Every program or team goes through ups and downs. One need only look at the fast-pitch team to understand this. Last year the fastpitch team finished with a 3-34 record. This year, they have started at 0-10.

It is understood that it is part of the rebuilding process, and they are expected to be competitive within the next several years. Athletic Director John Dunn is not overly concerned with wins and losses though.

Dunn sees success in a program through other aspects.

“Success is more than just wins and losses,” Dunn said. “We want to produce successful young men and women who go to class, get good grades, and carry themselves with respect. The women’s basketball team did not win in the playoffs, but that does not mean that I don’t consider them a success.”

Coach also act as advisers to the student athletes on their teams.

As a result of Yates leaving, several track athletes did not win in the playoffs, but that does not mean that I don’t consider them a success,” Rowe said.

Some did not pass their classes, some did not take enough credits in the fall, and there are some that we have no idea what happened to,” Rowe said.

Although the team is safe for this year, budget cuts mean that may not be the case next year.

Dunn said that nobody is being interviewed for the head coach position and applications are not being accepted. Furthermore, Rowe has no plans to be back next year.

“We won’t start the process (of hiring a new coach) until the season ends,” Dunn said. This year’s solution is only temporary and Dunn acknowledges that fact.

“We kind of put a band aid on it (the track program),” Dunn said. “Rowe is helping me a lot. It’s a situation that me and the vice president are trying to find a long-term solution to.”

The future of the track team is still in doubt, and Dunn said he is working hard to find a solution.

“A lot has happened since we lost the coach,” Dunn said. “We have to make some cuts because of budget problems, and athletes is not immune.”

However, track is no more susceptible than any other program. It only seems that way because of the recent departure of the coach and the low numbers on the team.

But in the event that a program is cut, the money saved could be used to help cut other programs.

“The bottom line is that we request per sport, so there could potentially be benefits to other sports. Whenever you ask for money, it has to go through the process,” Dunn said.

Dunn is trying to focus on the present with this year’s team.

“Reviewing the track team, our main objective this year is the student athletes on the team now and giving them a positive experience as they would with a full time track coach,” Dunn said.

“I am really proud of Amber and Barry for stepping up and helping the program. They are doing a great job with the remaining students and I’m sure we’ll see a lot of improvement through the year.”

---

**Scores brings soccer to Highline**

About 300 children, aged 10-11, participated in the Scores program on Friday, March 31 at Highline. The program aims to help kids play sports and stay in school.

Photo By Alicia Mendez
By Trevor Kulvi  
STAFF REPORTER  

MOMNOUTH, Ore. — The long drive to Mommouth, Oregon did not seem to faze the athletes, as the women’s track team came away with outstanding performances at the Western Oregon University Open March 31-April 1.

“It was good to compete at this meet,” said Head Coach Amber Rowe. “There was good competition despite the fact the elements were not good.”

This was Coach Rowe’s first meet as the head coach since taking over last quarter.

Coach Rowe missed the Mt. Hood Open and the UW Outdoor Preview due to the NWAAC basketball tournament and the NWAAC All-Star basketball games.

The meet began on March 31 with the running of the distance events.

“We ran the distance events the night before the meet, in hopes we can expand this meet in later years and we can get more teams to come compete in them,” said Western Oregon coach and Highline alum Mike Johnson.

Representing Highline in the women’s 5,000 meter run was freshman Rosie Meeker. Meeker finished eighth in the race with a time of 22:06.27. Currently, that time has Meeker in third place in the league and within striking distance of the qualifying standards. Running in the women’s 10,000 meter run was freshman Melissa Better.

Better was the top community college finisher, and finished fourth overall with a time of 47:56.07. The time currently puts Better into second place in the league standings.

Also having a great day despite the weather conditions was freshman Brittany Smith. Smith competed in the triple jump, long jump, and 200 meter dash.

In the long jump, Smith finished second overall with a jump of 17 feet 2.75 inches. The triple jump was more memorable for Smith because she won the competition with a jump of 36 feet, 9.5 inches which is a new personal record.

Both of those marks qualified Smith for the championship meet and now rank Smith No. 1 in both events.

Smith also competed in the 200 and finished seventh overall with a time of 28.81 seconds. Also competing for Highline was Lindsey Farah, who competed in both the 200 and 400 meter dash.

In the 200, Farah was the second community college runner with a time of 29.97 seconds.

Farah’s time in the 400 was 67.34 seconds which was good enough to be the top finisher for community college runners.

Up next for the T-Birds will be the Shotwell Invite hosted by the University of Puget Sound on Saturday, April 9.

The meet will also feature several four-year universities including Western Washington, Central Washington, Pacific Lutheran, and Seattle Pacific University, Saint Martins University and several club teams.

The Shotwell Invite will be the first of four meets this year that will keep team scores.

The other three meets in which team scores will be kept at will be the Spike Arlt Invite hosted by Central Washington University on April 15, the NWAACC Multi-Event Championship on May 1 at Lane Community College and the NWAACC Championship meet at Spokane Falls Community College May 22-23.

Most meets in college do not keep team scores.

“Meets do not keep team scores,” said Mike Orechia Head coach at the University of Puget Sound.

“The main reason for the meets, is so the athletes can get qualifying marks and times for the conference meets.”

“The only time a meet in college would be scored is so the results can be in the paper.”

The meet is set to begin with the field events at 9 am and the track events will begin at 11am with the running of the women’s 3,000 meter steeple chase.

Women's Fastpitch

<table>
<thead>
<tr>
<th>League</th>
<th>Overall</th>
</tr>
</thead>
<tbody>
<tr>
<td>NORTH</td>
<td></td>
</tr>
<tr>
<td>Bellevue</td>
<td>7-3</td>
</tr>
<tr>
<td>Edmonds</td>
<td>6-2</td>
</tr>
<tr>
<td>Everett</td>
<td>4-2</td>
</tr>
<tr>
<td>Peninsula</td>
<td>5-3</td>
</tr>
<tr>
<td>Olympic</td>
<td>5-5</td>
</tr>
<tr>
<td>Shoreline</td>
<td>2-6</td>
</tr>
<tr>
<td>Skagit Valley</td>
<td>1-9</td>
</tr>
</tbody>
</table>

| EAST |        |
| Spokane | 6-1 | 12-4 |
| Wen. Vly. | 5-1 | 12-6 |
| Big Bend | 4-4 | 10-5 |
| Treasure Vly. | 3-3 | 7-6 |
| Walla Walla | 3-3 | 8-16 |
| Yakima Vly. | 2-2 | 10-6 |
| Col. Basin | 4-3 | 6-5 |
| Blue Mt. | 0-1 | 6-12 |

| SOUTH |        |
| Chemeketa | 2-0 | 13-0 |
| Clackamas | 2-0 | 8-6 |
| Lower Col. | 2-0 | 10-1 |
| Clark | 2-2 | 4-6 |

| Mt. Hood | 0-2 | 2-5 |
| SW Oregon | 0-2 | 0-7 |

SOFTBALL SCORES

| Outcome | | |
|--------| | |
| 4/4 | OLYMPIC 11, EDMONDS 10 |
| EDMONDS 13, at OLYMPIC 1 (SECOND GAME) |
| at BELLEVUE 9, EVERETT 1 (FIRST GAME) |
| at BELLEVUE 13, EVERETT 5 (SECOND GAME) |
| at PENINSULA 4, SKAGIT VLY 2 (FIRST GAME) |
| at PENINSULA 5, SKAGIT VALLEY 2 (SECOND GAME) |
| at CENTRALIA 13, at HIGHLINE 1 (FIRST GAME) |
| at GREEN RIVER 5 (FIRST GAME) |

Scoreboard

| Outcome | | |
|--------| | |
| at PIERCE 5, SOUTH PUGET SOUND 4 (FIRST GAME) |
| at SOUTH PUGET SOUND 19, at PIERCE 11 (SECOND GAME) |
| at SPOKANE 14, WALLA WALLA 12 (9 inn.) (FIRST GAME) |
| at SPOKANE 8, WALLA WALLA 6 (SECOND GAME) |
| at CLACKAMS 15, at CLARK 1 (FIRST GAME) |
| at CLACKAMS 7, at CLARK 5 (SECOND GAME) |
| at LOWER COLUMBIA 9, at MT HOOD 1 (FIRST GAME) |
| at LOWER COLUMBIA 3, at MT HOOD 1 (SECOND GAME) |

| WEEK | | |
|--------| | |
| Mt. Hood | 0-2 | 2-5 |
| SW Oregon | 0-2 | 0-7 |

Oregon Preview

| Outcome | | |
|--------| | |

SPokane Open Meet

| Outcome | | |
|--------| | |
| 100M-Adlayo (S):11.13 (2nd), 200M-Keeney (S):22.87 (2nd), 400M-Richards (S):52.09 (9th), 1500M-Bogastey (S):4:03.86 (2nd), 3000M-An- derson (S):15:38.17, 1100MHUR-Noble (TV):16.02 (5th), |

Transport Students!

don’t miss out!

Transfer successfully to the University of Washington Seattle by being major ready

Jason Boyd, UW Seattle advisor will be at Highline to show you how to be major ready. Find out how to prepare for your major, access new UW major worksheets and valuable transfer resources. Know important UW rules and regulations.

Start Planning early

Thursday April 13

9am, 10am, 11am, 1pm, 2pm, 3pm
Food Bank cooks up efficiency, help

BY ROBERT FITZGERALD
STAFF REPORTER

The Des Moines Area Food Bank is using new methods to boost its efficiency. The bank is hidden in a maze of beige hallways on the bottom floor of the United Methodist Church on Ninth Street.

The room is organized into a twisted walkway, framed by tables and shelves overflowing with boxes, cans, and cartons of food.

A school of shopping carts sit near the front door, waiting to be pushed through the halls.

"Basically, it's like a shopping experience in here," said Barb Shimizu, the assistant director of the bank. "It's all self-select.

Self selection is a new system being used by the Food Bank, one that Shimizu says is more efficient. People have different needs, she says. "If you've a mom with a little baby you'll get the milk — stuff like that.

The new program utilizes color-coded cards: a one to two-person family will receive a yellow card, a three to six person family a blue, and larger families will receive a red card. Families with a baby will receive a green card.

The bank is broken up into sections, each one containing different kinds of goods; canned foods occupy one table and cereals sit on another. Each section has a marker indicating how many of each type of good the different sized families can take. For instance, a family with a yellow card may be able to take two cans of vegetables, while a table with a red card may be allowed to take eight.

Folks selection was being used, customers were given two grocery bags with various items.

"For implementing the new program, the food bank had clients fill out a questionnaire in response to the change. "I think it is client driven!" said one individual. "You get the things you know your family will like and nothing goes to waste."

When providing a charitable service, waste is something the bank hopes to avoid. "We never get enough of anything in [through donations]," said Krista Van Gaskan, the executive director.

"We have to order.

Despite donations (about 1.2 million pounds last year alone), the food bank buys what isn't provided; however, because of the service the bank provides, they can usually get a fair discount. "Occasionally we can buy produce for 6 cents a pound," Van Gaskan says.

"Because we make so much out of so little, people tend to think food banks are a small outfit," says Van Gaskan. "They don't realize how big of an operation it is. This would be a $2 million business run on $200,000 a year."

That $200,000 makes an impact that affects almost 15 percent of Des Moines. According to food bank statistics, over 5,000 individuals have visited the food bank so far this year.

"40 percent [of clients] work full time," says the survey.

A report attached to the survey offers an interpretation of the numbers. "Increasingly, food banks are integral to many families' survival," it says, "rather than providing a stop-gap measure for emergencies."

At the bottom of everything, though, the food bank relies on donations to make it all happen. "Money goes the farthest," says Van Gaskan.

The bank encourages donors to bring in things that they would eat — not just the leftovers from the cupboard. "If you like eating it, our clients like eating it too," she says.

The Des Moines Area Food Bank has been helping people eat since 1969, when the United Methodist were formed in its response to the Boeing layoffs of the time. In 1983 the food bank split from the church and saw to business on its own.

Small improvements, like self-selection, have helped the center thrive through the years; Van Gaskan and Shimizu aren't through yet, though. Shimizu says the next step is to help the younger members of the community. The plan caters to young elementary school students who sometimes go entire weekends without eating. "It's a weekend backpack program," said Shimizu. Students can check out a backpack on the weekend, which will contain small, easy meals. On Monday, the backpacks will be returned so they can be refilled for the next weekend.

"We just recently had the opportunity," she says. "This has always been a dream of mine.

While enacting the new plan, the food bank will still offer all of its regular services, ones that can make a world of difference for their clients.

"It helps me make it through the month," reads one survey response. "If I did not get help I do not know what I would do."

Despite the donations provided by the bank, it helps people eat.

MaST Center series teaches relevant science

BY JOCIE OLSON
STAFF REPORTER

Air pollution, genetics, and the consequences of fast food are a few of the topics that will be discussed during the Science on the Sound series at Highline's Marine Science and Technology Center.

The MaST center is a fully functioning aquarium located on a peer at Redondo Beach. It's also open to the public on weekends from 10 a.m. to 2 p.m. The Science on the Sound speaker series is twice a month. "It's not just for the students, it's for the community. It's a community center," said Woody Moses, biology instructor.

Moses hopes that the community gains an understanding of the importance of various environmental issues, how people play a role, and what people can do to improve the environment through this series.

Moses said that in order to speak at the MaST center you need to be an expert in your field and have experience talking to the general public.

"I look for people who have a track record of delivering relevant and important issues in an interesting way," Moses said.

The upcoming events at the MaST center include:

• Our Fast Food Nation, presented by Joel Strohmeyer.

She will discuss what’s really inside a hamburger and what the consequences are to our health and also to our agriculture. She will be at the MaST center on April 15 from noon to 1 p.m.

• Ingrid Spies from the Alaska Fisheries Science Center will explain about the genetics, carnivores and protein production of marine fish on May 6 from noon to 1 p.m.

She will discuss how genetic analysis has been able to answer some interesting questions about the Alka Mackerel and why they are not completely understood.

• On May 20, Bruce Welti, coordinator of the Seattle chapter of the Northwest Earth Institute, will tell interrelated stories about environmental work.

There will be time for sharing interests among the guests as well as questions and answers.

• How the Pacific Northwest is on the border of obtaining the National Ambient Air Quality Standards will be explained by Richard Stedman, executive director of the Olympic Regional Clean Air Agency on June 3.

Air pollution is a problem and Stedman will discuss the consequences that it has on public health and the environment.

The MaST center is located at 32803 Redondo Beach Drive S Des Moines, Washington 98198.

For more information about the Science on the Sound series, contact Woody Moses at 206-878-3710 ext. 3649 or at wmoses@highline.edu.

Math Resource Center
A friendly, supportive learning environment.

The MRC offers a variety of supplemental math learning resources, which include math videos, computer tutorials, videos on current methods, special interest math books, supplemental tests, solving materials, and math refresher workshops.

Building 35, room 35-H
Spring quarter hours: Monday - Thursday, 9 a.m. - 4 p.m. Friday, 9 a.m. - noon
For information, call (206) 879-3705, ext. 414

FREE TUTION
universech@hotmail.com

DANDELIONS
FULL 'EM, THEY'RE JUST WEEDS.

Actually, the dandelion, or Taraxacum officinale, has many health benefits. It forces carry primary nutrients, the calicum, magnesium and potassium. Dandelion also helps used medically to support the liver and kidneys.

BASTYR UNIVERSITY

Find out about an Herbal Sciences degree.
For the best natural health education in the world, visit college@bastyr.edu.
Workshops offer employment advice

By Floyd Decker
Staff Reporter

The Highline Career and Employment Service Center is conducting workshops on finding employment and career development this spring.

The free workshops run from Friday, April 3 through Friday, May 26. The workshops are open to all Highline students, are free, and require no preregistration.

The workshops will be held on Highline's main campus. Sessions run from 12-10:1 p.m., unless otherwise posted.

"Being able to successfully look for a job: it's a life skill that everybody should have," said Erik Tingelstad, director of the Highline Career Center.

The schedule of events includes as follows:

- Resume Writing: Part 1, this workshop will cover how to prepare a resume for employment or a career. The workshop will be held on Friday, April 14, in Building 8, Mount Skokomish Room.
- Friday, April 28, in Building 8, Mount Skokomish Room, Highline counselor Lance Gibson will host the workshop Don't Blow a Fuse Over Abusive Coworkers. Gibson will address strategies to build better working relationships with those around you.
- Resume Writing: Part 2, is a follow up of the April 14 workshop. Bring a copy of your resume and a 3.5 inch diskette to save your work. This session is Friday, May 5, in Building 30, room 318.
- Career Opportunities In Business, workshop will be held on Friday, May 12, in Building 8, Mount Skokomish Room. Highline's Business Department faculty will be at this workshop to assist those who are interested in a job or career in business.
- Highline's ninth annual Spring Festival Career Fair and College Fair is Friday, May 19 from 9 a.m. to noon, in the Pavilion, Building 28. College, employers and workshops will be some of the highlights of this festival.
- The final workshop is Interviewing Techniques and will be held on Friday, May 26 in Building 8, Mount Olympus Room.
- The Career Center hopes to attract lots of students to the event.

"Trying to increase students' awareness that these resources are available is the biggest struggle," said Tingelstad.

The struggle comes from students who are not at a point where they need to look for work, or decide on a major, so they're not open to hear the marketing messages the center has to offer.

For more information about Highline's ninth annual Spring Festival, call 206-878-371, ext. 3599.

Free Birth Control for 1 Year at Planned Parenthood Services include:
- Annual exam and counseling
- Birth control pills, IUD, DepoProvera, foam, vaginal ring, cervical cap, condoms, diaphragm
- Emergency contraception

Call for an appointment today: Everything is confidential.

Planned Parenthood®
1-800-230-PLAN
(rings in health center near you)
www.pppww.org

Ambassador visits Highline

His Excellency Mr. Hapeloang Ipinge, Ambassador of Namibia, spoke about health, education, and democracy in Namibia to more than 100 students in the Mt. Constitution room on the Student Union on April 5.

Blood, sweat, and... pizza?

By Rebecca Livingston
Staff Reporter

Donate blood at Highline and not only save lives, but get free pizza on Monday, April 10 from 9 a.m.-3 p.m. (with a break from 11 a.m.-12:15 p.m.) or Tuesday, April 11 from 9 a.m.-3 p.m. (with no break); blood donations will be in Building 2.

One blood transfusion can save up to three lives; this year Highline has had 200 donors, which may have saved at least 600 lives according to Cascade Regional Blood Services.

It is a dual blood drive, so on April 10 the blood gets donated to Puget Sound blood services and April 11 to Cascade Regional blood services.

In total it takes 45 minutes to donate blood, with only 10 to 15 minutes of the process actually drawing blood and the rest of the time is spent filling out an evaluation.

A suggestion is to eat a good meal ahead of time and drink fluids. And also it is suggested that you avoid energetic activities such as sports after donating blood.

You cannot donate blood if you have gotten a tattoo within the last year.

Liz Shimaura, who is the blood drive coordinator, said that many people have told her that the finger prick is the worst part, and the actual donating part is not all that painful.

Any persons who donate blood can get free pizza.

Change Your Life for Good

Transfer up to 90 Lower Division Credits

Complete your undergraduate degree and open doors for future opportunity, no matter how busy your life may be.

- Bachelor of Science in Business Administration
- Bachelor of Art in Applied Psychology
- Bachelor of Art in Education

Scholarships and Financial Aid available for those who qualify.

Quality: Over 50 comprehensive programs in business, education and behavioral science.

Flexibility: A generous credit transfer policy accepting up to 90 transfer credits with or without a prior degree.

Accessibility: Courses are delivered days, evenings, weekends, and online through distance learning.
By Mark Danserea
Staff Reporter

Truxton Terkla had a dream. His dream was to own a business and be his own boss, with nobody to tell him what to do. He desired the freedom that it would allow and the magnitude of money he could earn.

His idea was sparked when he was released from his previous job and was sitting at home on unemployment, thinking about his future, and what he really yearned for.

He started with the idea that he had to clean. Terkla's business was honored by making Fortune 500's list for the fastest growing small businesses during 1992.

To this day, the business is growing and increasing profit due to Terkla's business-minded mindset, and his ability to cater to his clients in a personal way.

"Owning a business is a lot of work, it is more than a full time job, which means that you must be doing something Rosemary that you love, whether you are at the office or not," Terkla said.

"This is something that I had to learn first hand with owning and building my business," Terkla said.

"What happens is something that you the owner must deal with, the bottom line is that you must make a profit, and do it in a way that keeps your customers coming back and also that brings new customers to you," Terkla said.

"I have operated this business for well over a decade and with every year my business grows larger and is seemingly easier to manage.

"My first year was very trying and I barely broke even, though with each following year I learned and tailored my business better to my demographic and began making good money" Terkla said.

Recently was a seminar held at Highline about starting one's own business, spearheaded by Jim Rosemary a business consultant.

Rosemary has an online website that provides a consultation service to those interested in owning their own business.

He mainly deals with building websites, e-commerce, and internet marketing.

If you are interested in owning your own business, you must do your homework, plan well, have some money and, most importantly have the time and commitment to operate your business.

In Rosemary's seminars, he talks about what people need to think about before they dive into the business ownership arena.

He also shows ways to start a business, and once it is running how to keep it profitable.

"The first thing to thing about is deciding what you would like to sell, who you would like to talk to and finally how you would like to market and sell your item or business," Rosemary said.

"You must also do some self-rationalization to determine your own business and to do what you say you will do.

That is a general guideline for success with whatever someone wants to do in life.

For more information about owning your own business check out Rosemary's website at http://www.newtechweb.com/"
S&A Budget panel awaits new revenue forecast

BY SIMONE SNOW
STAFF REPORTER

The Service and Activities Budget committee will soon make revenue projections for next year's budget.

Due to declining student enrollment, the revenue projection is expected to be down.

The S&A Budget Committee annually divides money coming from 10 percent of student tuition to fund Highline's 57 student programs such as the Thunderword, Team Highline, and athletics. However, before any final decision can be made, the committee must make revenue projections for the 2006-2007 academic year.

"[Revenue projections are] our best estimate on the amount of money we expect to receive as revenue in the upcoming year," said Student Programs Coordinator Jodie Robinett. "Due to illness and scheduling this has not yet been completed."

Currently, the S&A Budget Committee is reviewing budget requests from student programs totaling at $1,315,783. If deemed necessary, they will make further inquiries to assist in budget deliberations which began on Wednesday, April 5.

"We will be posing further questions to program managers for ideas and support," said Ki-ana Hayes, S&A Budget Committee chairwoman. "We're trying to get a full understanding of how the funds will directly benefit the students."

Until the revenue projections are formed next week, it is unknown whether there will be enough funds in the budget to accommodate every request made by the various student programs.

"It's a bit cloudy right now with declining enrollment. We're in a financially sensitive time. It's parallel with the staff layoffs," Hayes said. "We will have to pay extremely close attention to budget increases this year to make sure that we balance our future."

By mid- to late April, for the final budget to be approved, it must be submitted for review by Student Government and the President's Executive Staff. Once approved, the budget must be given to the Board of Trustees for a final evaluation.

"Our projected date of submission to the Board of Trustees for review is May 9 with adoption by the Board to take place in June," Robinett said.

Hundreds of transfer students make the University of Washington, Tacoma their destination each year, and thousandshave earned their bachelor's degree here. It's a place where world-class faculty engage in educational experiences on a beautiful, historic campus. We have a wide range of degree offerings, a new student center, and many more great things happening - all right here in downtown Tacoma.

Apply now for Autumn 2006. Most programs are also accepting applications for this Winter and Spring quarters. Talk to your advisor or check out our Web site for more information and a list of upcoming campus visits.

University of WASHINGTON TACOMA

(253) 692-4400 www.tacoma.washington.edu

Transfer to UW Tacoma for undergraduate studies in Accounting • American Studies • Arts, Media and Culture • Business Administration • Communication • Computing and Software Systems • Education • Environmental Science • Environmental Studies • Ethnic, Gender and Labor Studies • Finance • Geographic Information Systems (GIS) • General Studies • Global Studies • Hispanic Studies • Human Rights • International Business • Management • Marketing • Museum Studies • Nonprofit Management • Nursing • to RN) • Political Economy • Politics and Values • Psychology • Public History • Restoration Ecology • Staff and Society • Social Welfare • Urban Studies • plus graduate degrees and certificates.
Enroll continued from page 1 of retention as high as 5 percent. However, even with the higher enrollment 78 classes have had to be cut, according to Scott Hardin, associate dean for academic affairs. What’s not hurting enrollment as much as believed is an improving unemployment rate. Dr. L. James Peyton, director of the Center for Community Research and Evaluation and an economics professor went over several factors to see the effect they had on enrollment. These factors were population of the Puget Sound area, the per capita personal income, the percentage growth of US Gross Domestic Product (GDP) or the growth of economic activity in the country), tuition and fees, and the unemployment rate of the Puget Sound area.

“The conventional wisdom is that when unemployment is up more students enroll. The statistical analysis suggests there is no systematic relationship between unemployment and enrollment,” said Peyton.

“A lot of our students are employed,” he added. “The differences are in the number of hours they are working and the number of hours they have available for school.”

If the students are employed but aren’t working very many hours, they tend to take more classes. Money played a major role in determining enrollment. When students were making more money, and when GDP went up, enrollment went down.

“If they feel like they [students] have more money, then we see less enrollment. If people feel they are keeping pace with the economy, they are less likely to go to school, but when they feel themselves slipping [they go back to school in order to keep pace],” said Peyton.

Rising tuition has also contributed to the drop in enrollment. According to Peyton, for every dollar increase of tuition, the school has lost one to three FTEs. The only positive drive is population. With the other factors, if they go up, enrollment goes down. Not so with population - as the population of the area rises, more students enrolled at Highline.

“If the statistical relationships hold, we should start to see some recovery in enrollment,” said Peyton. The rise in population is expected to drive enrollment up. Some options are available to bring in more students. These fall under a Strategic Enrollment Management Program headed by Becky Riverman.

Begun Fall Quarter 2003, Strategic Enrollment focuses on what programs are more popular and how to bring more students into them, which would increase enrollment.

According to a working draft of the document, the program comes with several goals that are meant to increase enrollment.

They would like to stabilize enrollment and develop strategies to protect enrollment from outside factors and reduce negative impact from outside events. Where needed, the school would like to improve service, quality, and access, and optimize resources.

College officials hope that this program will help put Highline back in the black.