Women continue winning streak See page 10



Highline Listens will open ears today See page 5



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The Thunderword



FEB. 1, 2007/VOLUME 47, No. 3/HIGHLINE COMMUNITY COLLEGE



MICHELLE ERICKSEN/THUNDERWORD Students crowded the lower floor of Building 6 during the first week of school to meet with a registration assisstant.

FTEs show enrollment increase

By ROBERT LAMIRANDE staff reporter

Enrollment for Winter Quarter may look like it's slipping, but Associate Dean for Enrollment Services Kate Bligh says the first day numbers aren't to be trusted.

"The 10th class day is the critical information," she says.

Bligh says that after 10 days into the quarter there was a total headcount of 8,026 students. That's over 1,000 more than the first day headcount of this quarter, which was 6,836 students.

This year's headcount is

slightly lower than last year's 6,865 students; however, the decrease is only about 0.5 percent.

Bligh, though, says first day numbers aren't always a fair representation of actual enrollment. The 10th day numbers, she says, more accurately reflect enrollment because these are the numbers used to obtain state funding.

"It's on the 10th day we submit to the state our numbers," Bligh says. "And based on the numbers we report, we're given funding."

The student population is

broken down into Full Time Equivalents (FTEs), which is the total number of credits being taken at the college divided by 15.

The number of FTEs for this quarter was 4,636 as of the tenth day, whereas last year there were 4,324 FTEs by the 10th day of Winter Quarter. When the 10th day numbers of FTEs for both years are compared, 2007 shows a 7.2 percent increase. The number of FTEs counted on

SEE FTES, PAGE 16

Food bank is feeding students

By Meghan Tavares

Highline's program WinGS is successfully taking flight.

WinGS, which stands for Within Good Souls, is an organization on campus that distributes items such as clothing, food, and supplies to anyone who may need it.

It has encouraged students as well as the staff at Highline to come together putting others before themselves and promoting goodwill around the campus, organizers say.

Temporarily located in a storage closet in Building 23, they give away one to two bags of food per person a week, supplies, and clothing to anyone from the Highline community who may need it. There is no catch - no applications, no questions, and no expectations. However, you might get a friendly smile from Susann McKenzie, who opens the door every Monday and Tuesday from noon -2 p.m. and 7:30-8 p.m.

Plant sale withers on the vine

Illness, absence rob annual event of two key players

By Jocie Olson staff reporter

Highline's spring plant sale will be dormant this year.

"The main reason this particular spring we will not be having a plant sale is there will be no botany class offered because Gerry Barclay, biology instructor, will be taking a professional leave of absence," said Biology Instructional Technician Donn Walter.

The botany class, usually offered every spring, contributes many plant starts to the sale.



It is one of the most popular events on campus, one that many home gardeners look forward to.

The second reason, Walter explained, is because he came down with a lung disease this past summer.

The disease is caused from an overactive immune system where his body thinks that he is sick when he really isn't. "I'm headed towards home plate," Walter said explaining that he is on his way

to recovery.

He and his wife, Sabine Walter, volunteer about 400-500 extra hours between the two of them and because of Donn's health issues and Barclay's professional leave of absence they decided to postpone the plant sale a year.

"We will definitely be back next year," Walter said.

The purpose of the plant sale is to develop a sense of community and to get people involved in what's happening, Walter said.

"It is fun and we can sell the plants for cheaper than people can get them for," Walter said.

The money that is made during the plant sale goes into buying equipment and seeds for the next year's plant sale.

A variety of plants are grown for the sale.

All of the plants are grown

in Highline's large greenhouse where they are started from seeds and then transplanted into pots.

"We grow sunflowers, squash, tomatoes, pumpkins, peppers, cucumbers, and a large variety of flowers," Walter said.

Formoreinformationabout the plant sale contact Donn Walter at dwalter@highline. edu or at 206-878-3710, ext. 3021. WinGS has no leaders, only volunteers. The group includes Susann McKenzie; her daughter Adrienne; Tommy Burnett;

SEE FOOD, PAGE 16

STOCK PHOTO

Campus Life



Items filched from car

A car was broken into in the north parking lot on Jan. 28 between 8 a.m. and 4 p.m. The car might have been unlocked and there were no signs of a forced entry. There were \$900 worth of items stolen.

Group told to leave

Campus Security asked a group of 17 individuals in Building 25 for ID on Jan. 26. Following the check, Security asked all 17 juveniles to leave.

Staff member falls ill

Security was called to Building 6 on Jan. 26 when a staff member complained of heavy chest and arm pains. The staff member told Security she had high blood pressure.

The Fire Department arrived and evaluated her condition, but she declined medical transport.

Headphones pilfered

A student reported the theft of a set of California brand headphones from the library on Jan. 25 around 8 p.m.

Lost property

• A black Tommy bag with a book and Bible inside was lost on Jan. 29 around 1 p.m.

• One gray Dell laptop charger was lost around 1 p.m. on Jan. 26.

• A blue backpack containing textbooks and a birth certificate were lost on Jan. 26 around 1



'Burglar' breaks into own home

Police responded Wednesday afternoon to a supposed burglary only to find that their suspect was breaking into his own home.

The suspect, it seems, had just gotten home and was locked out.

Officer Bob Collins of Des Moines Police said a neighbor had made the call that brought three squad cars to 26th place south off of 240th street.

"They saw a subject crawl through the window of a house,' he said.

"The neighbors said they had never seen that subject before, so we responded as if it was a burglary."

Collins said that the individual looked like a Mt. Rainier High School student who came home to a locked door.

While there was no real incident, Collins said the trip wasn't wasted effort.

"We fully understand people calling in for that and we have no problem responding to it," he said.

Science Seminar is moving mountains

Learn more about the activity of Mount St. Helens at this week's Science Seminar.

Dr. Eric Baer will be the presenter of The Erupting Volcano in Our Own Backyard: The Ongoing Eruption of Mount St. Helens. Everyone is welcome to attend.

Science Seminar is held every Friday in Building 3, room 102 from 2:20-3:10 p.m.

For more information, contact Dr. Baer at 206-878-3710, ext. 3513, or at ebaer@highline.

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PATRICK CABELLON/THUNDERWORD

Des Moines Police responded to a call of a suspected burglary on Wednesday, Feb. 31. It turned out the suspect was merely locked out of his own home and climbed through a window to get in. Police said this should not stop people from calling in suspected burglaries.

How to save a life

Highline's Nursing program wants everyone to make a difference in people's lives by donating blood.

They will be hosting a blood drive on Feb. 6 in the Student Union from 9 a.m.-noon, and 1-3 p.m.

Everyone is encouraged to donate blood.

For more information or to schedule a donation time, contact Teresa Trillo at 206-878-3710, ext. 3646, or at ttrillo@highline.edu.

Magic at Highline

Be spellbound by The Illusionist at this week's Movie Fridays.

Directed by Neil Burger, The Illusionist tells the story of a magician in Vienna during the early 1900s who loves a woman above his social class, which causes ramifications for Vienna's royalty.

Movie Fridays are open to everyone and are held in the Mt. Constance Room in the Student Union at noon.

tact Roman Wright at 206-878-3710, ext. 3999, or at rwright@highline.edu.

Take Dr. King 101

Learn about the nonviolent philosophy of Dr. Martin Luther King Jr.

The Power of Nonviolence will be a discussion on Dr. King's peaceful strategy. It will take place on Feb. 2 in

Building 2 from 2-4 p.m.

Get the truth

Highline's Environmental Club wants you to get the truth about global warming.

They will be screening An Inconvenient Truth. A post-film discussion on global warming will also take place.

It will be shown on Feb. 9 in Building 7 at noon and 7 p.m.

Corrections

In an article about Aaron Dixon in last week's edition of the Highline Thunderword, the byline should have been credited to Arnel Custic.

In an article about Library changes in last week's edition, Monica Luce should have been identified as the Interim Director of the Library.



WANTED ASAP: Bring your charisma and office skills! \$8-\$10/hr., 15-20 hrs./wk.

Auburn CPA firm is looking for an intern who is a self starter and has clear phone communication to fill a part-time (potentially full-time) office administrative position. Don't miss this chance to work in a small office of fun people; an ideal environment to learn

and grow. Get real world experience while earning real college credit. Building 6, upper floor **Student Jobs** Display Graphics & Visual Communication Job #2463 Wages: \$8.00+DOE+benefits, Hours: flexible 20+ Part-time (possibly full-time) productions position includes operating digital printers, laminator, vinyl cutters, & decal printing. Long term with advancement opportunity. Willing to train. Public Relations Job #2454

Found property

· A women's handbag (owner known) was found around 9:20 p.m. on Jan. 26.

· A Motorola Bluetooth headset was found on Jan. 26 around 6 p.m

· A dark blue binder, black gloves, and a dark blue knit cap were found on Jan. 25 around 6:45 p.m.

· One checkbook was found in Building 8 (the bookstore) at 9:39 a.m. on Jan. 24. The owner is known.

-Compiled By B. Fuller

Free Tuttoring!!!

Feeling overwhelmed? Get help! Visit the Tutoring Center in Building 26, Room 319. We specialize in turning good students into better students. Sign up for help in: Accounting/Business Languages, Math, Science, Computers Writing, and more subjects!

One of the greatest discoveries a man makes, one of his great surprises, is to find he can do what he was afraid he couldn't do. ~Henry Ford

Mon-Thurs......8:00 am-7:30pm Fri......8:00am-1pm http. flightline.highline.edu/tutoring

Wages: \$DOE Hours: 15+ A business providing message archiving for electronic documents needs someone with excellent technological and communications skills to write and distribute press releases.

For additional information log on to Interfase at https:www.myinterfase.com/highline/student

edu.

For more information, con-

Campus Life

THE THUNDERWORD/FEB. 1, 2007/PAGE 3

College officials answer to snow days

BY JUDY VUE staff reporter

Although the snow has melted away since Jan. 16, the questions about that day still remain.

Why did Highline still remain open while other community colleges around the area were closed? What was the point when so many students couldn't even get out of their driveways?

"There was an expectation that snow and ice would be melted (later in the day)," said Highline Vice President Larry Yok.

"At 4 a.m. there was no snow; at 5:15, I got a

of

Se-

Noyer

call there was snow coming in," Yok said.

Head

Campus

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curity Rich-

said that "lis-

tening to sev-

eral weather



Yok

reports...the snow would turn into rain by 9 a.m."

The conditions necessary for a school closure to take place are if roads are not passable in the immediate area and there is no power or working utilities, college officials say.

Yok, in addition to Interim President Jack Bermingham and Noyer, decided those conditions did not apply and made the decision to leave school open, although at a delayed time of 9:30 a.m

"We didn't want to lose a week of instruction," Yok said, referring to Thursday's closure and Friday's delayed start the previous week.



MICHELLE ERICKSEN/THUNDERWORD

Raising the dead

Battered by foul weather and relentless winds that ravaged the Northwest in December, a tree, above, was uprooted and laid to rest. The wind storm, which was one of the worst in over 10 years, sported up to 70 mph winds and caused damage that left millions of Washingtonians without power. Positioned on the side of South 240th Street, the tree rested horizontally until this week. As if resurrected by an unfashionably late Christmas miracle, the tree greeted students Monday marning, although whacked to half of its original height. The tree was reduced in height and resurrected so it would be less dangerous for students. Those glad to see the tree, however, will find their excitement to be short-lived, as it will eventually be taken out by a contractor. Facilities Director Pete Babington said that the tree isn't a "super-high" priority because it is out of the way. Plus, contractors have more pressing issues to deal with as a result of the poor weather. The weather forecast for the next ten days predicts a more mild week than the ones locals are growing accustomed to; the temperature is supposed to remain around 50 degrees Fahrenheit with sporadic showers throughout the week.



"Our campus is open for students and instructors [who wanted to get to school]," Yok said.

Despite this, attendance appeared to be lacking in many classes and that was if classes were even being held at all, as a number of instructors were unable to make it to Highline either.

Many students in Federal Way couldn't even get out of their driveways, they said.

Other students who relied on the Metro were left to wait longer or give up as buses were filled to capacity.

not experience major trouble getting to Highline, although he did acknowledge it was a "slow drive."

He acknowledged that many students' and personnel's surrounding communities were experiencing different levels of snowfall, some worse than others

However, he said "it's impos-Yok said that he himself did sible" to know what was precisely happening to everyone and wanted to leave the campus open for those who could and wanted to come.

"Our primary obligation is to make sure the campus is open and available," Yok said. From this experience, Yok has plans to improve procedures for the future.

One idea he has in mind is to stop using SchoolReport.org in

order to notify students who visit Highline's Website for school closure news.

When going to the school website (www.highline.edu) to look for closure info, a student must subsequently click on a link for SchoolReport.org in order to get an official announcement on Highline's closure status

Yok hopes to do away with

that by having more up-to-date notifications put directly on the front page of Highline's Website instead of depending on School-Report.org.

However, it appears that for the time being, the concern of more snowstorms and school closures is waning.

"It is my fervent hope that we don't have anymore," Yok said with a hopeful smile.

NICHOLAS DOLAN/THUNDERWORD

Opinion

Editorial comment

Where in the world is Highline's graduation?

Lately, the Highline administration judgment and decision making has seemed to be a little confusing. The unexplained firing of Dr. Bell, leaving campus open after the disastrous snowfall, and the uncertain atmosphere surrounding various offices has left many scratching their heads.

Highline administration failed to book the Tacoma Dome for commencement this year, leaving no choice but to have it on campus. As a result, students will have to limit the amount of people they invite to graduation.

How can such an important event be so neglected? What is going on within the administration that caused them to overlook such in important event?

Some have cited that the dissatisfaction with the acoustics of the Dome resulted in a voluntary choice not to book the site. Those in attendance at past Commencement ceremonies at the Dome will quickly deny any significant problems with the sound.

This arguably looks like a case of "you snooze, you loose." They put it off until it was too late and now students will be the ones suffering for their oversight. No matter what remedy they come up with, for many this year's commencement will be tainted.

The most damage sustained in this ordeal stands in the trust the students have in the administration's reliability.

In the defense of the administration, there have been drastic changes and shifts in the staff. Students should try to be sympathetic to the administration and the new hires, as they do their best to keep Highline running. Every quarter brings new people, experiences, and challenges.

This requires a time to find footing and to adjust. But, there is only so much time and paitence that can be given. When such a significant thing as booking a venue is overlooked, it's a prime time to take stock of the situation and get a hold of it.

Commencement is a chance for students to celebrate and reflect on their academic achievements at Highline. It gives them the opportunity to share their success with friends and family. For some, the ceremony symbolizes the culmination of all their hard work and determination.

Graduates will now have to pick and choose who to share that experience with, and that is unfortunate. Students who plan on participating in Commencement are hard at work getting their last few credits in order, fulfilling the last few requirements. The last thing they should be worrying about is the number of people they will be able to invite.

Staff

"When I dream I realize I'm dreaming and do things I would never do."

Editor-in-Chief	Robert Lamirande
Managing Editor	Simone Snow
News Editors	Jocie Olson
Arts Editor	Alicia Mendez
Sports Editor	Kory Farrell
Opinion Editor	David Biehn



Under the influence of others

My 2s weren't terrible and my 16th was neither sweet nor super. I didn't spend my 21st birthday in a bar filled with cheering patrons, celebrating my newfound freedom.

Instead, I spent it at home, sober, surrounded by friends and family. It may sound dreary to some, but its how I had always envisioned it to be.

During my childhood my parents lectured me on the dangers of drinking.

They hardwired a belief that the negatives outweigh the positives. The public school system and driver's education fueled the fire, with their educational videos on drinking and driving. Being the obedient adolescent I was, I absorbed every bit of prejudice into the lifestyle of drinking.

Not even wine would get any type of special treatment. Some would ask me, "What will you drink at your wedding?"

"Sparkling cider," I proudly replied.

It's only been over the last three years that my demonizing of drinking has evolved into an informed understanding of its use as a social lubricant and celebratory beverage. I had my first encounter with a drinking crowd not too long ago. My friends had just moved into a new place together, and were having a party to celebrate the occasion. Along with me





DAVID BIEHN

and my close group of friends, they invited their own tight knit group of friends from around the area.

We arrived at their place, immediately greeted hospitably, with the offering of drinks and snacks. As the first to arrive, we spent the better part of an hour talking, catching up on current events. Then one after another, the other guests began to arrive. Within the next hour, just under a dozen filled the apartment.

Music was put on, people began to mingle, and drinks were served.

I distanced myself from them at first, unsure that I would have anything to discuss with these people. They sat beside me, beers in had, and began to strike up conversation. Much to my comfort, the fact that I didn't have a drink never came up.

These people were there to have a good time and meet people, not demean those who didn't participate.

Gradually I warmed up to them and ended up having a fun time. Since then I've attended a few more parties and had the same pleasant experience.

I had let people of authority affect my view of what drinking was like, and what it said about the person. This had kept me from attending parties, the fear of peer pressure.

This doesn't change my decision on drinking, though. I prefer not to use, so that I am not tempted to use to an excess.

I want my memories of parties to be vivid, and not clouded with the fog that drinking can bring. I do not want my attitude to be altered, my speech slurred, or my vision hazy. I want to be in complete control of my actions.

That's not to say that choosing to drink makes you a bad person. Whether someone is a good person isn't determined whether they choose to drink.

It is character that I use to measure the quality of a person. I stand confidently in my choice to abstain from drinking, but I no longer judge those who choose to. If we judge those based off a single difference of opinion, we can often be left surrounded by very few people.

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David gets drunk on life.

Submissions invited to Thunderword

include

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Submissions

Please

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The Thunderword encourages letters to the editor and columns from the college community. Editorial cartoons on timely subjects also may be considered. Due to limited space, please limit your submission to 500 words or less. information as all submissions must be confirmed as are subbelonging to the author(s). ject to editing for length. Deadline for submissions Material that libels others will is Monday of each week. not be considered for publication. E-mail your submission to thunderword@highline.edu contact

THE THUNDERWORD/FEB. 1, 2007/PAGE 5 Highline Reads presents One Thousand Miles of Dreams

By Alicia Mendez staff reporter

Sasha Su-Ling Welland writes a tale of two perspectives in a movement driven by opposing political powers, and equal right opportunities in her book One Thousand Miles of Dreams The journey of two Chinese sisters.

Welland, an assistant anthropology professor at the University of Washington, will be discussing this book at the first Highline Reads of the quarter in the Mt. Constance Room at noon.

Highline Reads is an opportunity for students to listen to the work of a writer or poet, and have their questions answered in a discussion about the writer's work. She is the first nonpoet to read present at Highline Reads

For Welland, researching about her grandmother and great aunts life was a journey all on its own.

It began in 1989 for Welland she said. She had just moved to California and so did her grandparents. After her grandfather passed away she took to spending time with her grandmother to fill the loneliness.

"She started telling me a lot of stories about her growing up in China and her immigration to the U.S. I was really shocked by her stories because I had grown up in the northwest in Missouri," Welland said.

Welland said the stereotypes



Sasha Su-Ling Welland

she faced growing up in Missouri, were much different than the stereotypes her grandmother had to face. Growing up in Missouri Welland said she was surrounded by two distinct skin tones, white, and brown. Since she is half Chinese she found herself in the awkward middle.

Her grandmother however, faced much different stereo-Eventually Welland types. took to recording the stories her grandmother would tell her.

As a college student at Stanford University, Welland struggled to declare a major, but with the sudden interest sparked by her grandmother, she created a major all on her own.

The research involved in her study allowed Welland to receive an undergraduate grant to travel to China to study her family's past. During her journey she discovered her great aunt, which her grandmother never mentioned often, had been a



known writer in China. She learned while her grandmother and great aunt were both revolutionaries of their time, they went about it two completely different ways. This only inspired Welland to press on, dig further, and learn more about the day, age and culture.

"I think my grandmother didn't necessarily tell anyone about what her sister did because she didn't like what she wrote. Most of the stuff she had published was in China and in Chinese so that's why I started learning Chinese," Welland said

The two sisters were feminists, and believed something needed to change in China in order for women to feel stronger, and grow.

"It was a pretty amazing mo-

ment in China. In the earliest 20th century there was a lot of talk of how to reform the nation...a lot of that had to do with women and even men becoming modern...There were kind of all these revolutions going," Welland said.

After spending hours talking with her grandmother and great aunt, she learned that two of them had two very different takes of how they grew up.

For example, her great aunt, who eventually migrated to England, wrote books about men and all their wives, and even insinuated that their father had six wives. On the other hand her grandmother, who migrated to the U.S. initially just for doctorate school, assimilated to western culture and divided out her family tree as only have one father and one mother.

"What I learned is anybody who tells their story they're going to choose to edit it to they way they want the audience to hear it...we all craft all our stories," Welland said.

Welland said while the two of them in their own ways succeeded parts of their dreams, they still had to compromise,

During today's Highline Reads Welland will discuss the journey into creating her book, and how it affected her. Naturally, she will read excerpts from her book, but will address much of the tensions going on in China in the early 1900 and empowering women during the feminist movement.

Arcturus searches for more than just the obligatory love poem

By ALICIA MENDEZ staff reporter

turus sub-

missions is with the colour

and essay submissions. This year however, the editors for the Arcturus say they

Though the deadline for Arc- are searching for more than the generic love

poem. Thus far have gone over a lot of submissions that include short stories, and some poetry. Still, they are looking for more visual art, and different forms of written art. "Mathematicians consider

Editors say they are looking for anything that anyone considers art, as long as it's able to be reprinted.

For visual art, they say they are looking for more graphic art submission

Choir Chorale's silent auction raises a little to go a long way

By Alicia Mendez staff reporter

The Choir Chorale was able to raise \$1,600 during their silent auction last Thursday.

The silent auction helped raise money toward the choir's upcoming trip to Carnegie Hall in New York. The choir had been invited by Dr. Jeffery Boers from University of Washington to join three other choirs to create a concert choir.

Searle said.

Searle said that many of the bidders are giving them more than then bid on the item for.

With \$1,600 in toward funding the choir trip, they still have a significant amount to raise.

"As far as I know it brings us down to about \$11,500 that we

editors say they are still looking for variety a of submissions to publish. The Arc turus is an

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staff, faculty, and past and present students. It comes out every year and usually includes poetry, short stories, photography,

what they do as art, they could submit something like a really cool math problem. Just something different," Shannon Gaines, an editor for the Arcturus said.

"We're really trying to broaden everything, to think outside the box," Gaines said.

While they are hoping for different types of art, and different types of writing, the deadline for the Arcturus will not be extended.

Editors are asking for the full name of the artist to be on the piece submitted, a short biography, and a self-addressed, stamped evelope.

Submissions are now being accepted at: Mail Stop 5-1, Building 5 in Sharon Hoshimoto's drop box, or at P.O. Box 98000, Des Moines, WA 98198-9800

"\$1,600 will cover about one student, but it will get spread out among all the students," Michelle Searle choir chorale member said.

The choir held the auction from 10:30 a.m. till 7 p.m. on Thursday. Certain items were closed early, and many of them went for less than their value.

"Most items definitely went for under their value, the largest item we sold was river rafting trip and that went for \$130,"

still owe," Searle said.

Despite the fact that the trip is nearing, Searle is not losing hope that they will not having their trip fully funded and has more fundraising plans in the mix.

"We're in the process of having a karaoke party for the trip as well," Searle said.

If they do not reach their goal by fundraising the money will inevitably have to come out of their own pockets, because either way, the choir will go to New York.

"Not going is not an option, we'll make it there somehow,' Searle said.

Arts

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Bakers can get a rise out of yeast bread

If you rise to the challenge, yeast breads can become one of the most rewarding foods you will bake.

Although we take it for granted today, there was a time when you couldn't just go to the grocery store and buy a loaf of bread. Instead, bread making was a part of people's daily life.

Today, though, it is easier to go to your local grocery store and just buy a loaf, and sometimes it's cheaper. But, as with many things, homemade bread just seems to taste better.

Maybe that's because of everything that goes into making it.

The key element in yeast breads is the yeast. Yeast is a living organism that acts as a leavening agent, producing carbon dioxide.

Yeast comes in a few different forms including cake yeast, also known as fresh yeast, active dry yeast, and instant yeast.

Cake yeast is used by professional bakers and has a shorter shelf life and can be found in the refrigerator aisle at your local grocery store.

Active dry yeast is the most common and is available in 1/4 ounce packets or jars.

Instant yeast absorbs liquids rapidly and doesn't need time to proof.

To proof active dry, dissolve it in warm water and let the mixture set until it resembles foam.

There are two types of dough, lean dough and enriched dough. Lean dough consists of flour, water, salt, and yeast, while enriched dough contains also conBig Jo's Kitchen



JOCIE OLSON

tains flour, water, salt, and yeast but also has fats such as eggs, butter, milk, or oil.

Another key component in making bread is time.

After mixing all the ingredients the dough needs time to rise, and more time is needed after the dough is shaped.

When allowing the dough to rise, leave it in a warm place and cover it with a clean towel.

A technique used in many bread recipes is kneading. To knead the dough, fold it over and push down with the heel of your hand.

Then turn the dough over, fold, and push down again. Repeat this process until the dough is smooth and elastic.

For an easy white bread recipe, try this one:

5 3/4 -6 1/4 cups of flour

1 package or 2 1/4 teaspoon of active dry yeast

2 1/4 cups of milk 2 tablespoons of sugar 1 1/2 teaspoon of salt

Combine 2 1/2 cups of four and yeast in a mixing bowl. In a saucepan, stir together milk, sugar, butter, and salt until mixture is just warm.

Mix together milk mixture and dry mixture. Beat on medium speed for about 30 seconds and then beat on high for 3 minutes. Stir in as much of the leftover flour as possible.

On a lightly floured surface, knead in the remaining flour until dough is smooth and elastic. This will take about 6-8 minutes.

Shape the dough into a ball and place it, in a lightly greased bowl, turning it over once to grease the top of the dough.

Cover and let it rise in a warm place until the dough doubles in size. This will take about 45-60 minutes.

Punch dough down and place on a floured surface. Divide dough in half and let it rest for 10 minutes.

Grease two loaf pans and then shape each half into a loaf.

Place each in the prepared loaf pans and cover and let rise until it is almost doubled in size. This will take about 30-40 minutes.

Bake at 375° for about 40 minutes or until bread sounds hollow when it is tapped. Remove bread from pans and cool on wire racks. Makes 2 loaves.

For a yeast bread that is as delicious as it looks you should try this bubble cheese loaf.



White bread and bubble loaf don't just look tasty, they're phenomenal.

1 package or 2 1/4 teaspoons of active dry yeast

1 teaspoon of sugar

- 1 cup of warm water
- 3 cups of all-purpose flour
- 1 teaspoon of salt
- 2 tablespoons of vegetable

1 cup of shredded Monterey Jack cheese

4 tablespoons of butter (melted)

- 1/2 teaspoon of thyme 1/2 teaspoon of oregano
- 3/4 teaspoon of basil

In a small bowl, pour yeast and sugar over warm water and stir until the yeast dissolves. Let mixture stand for about 5 minutes or until it is bubbly.

Mix together flour and salt in a large bowl or food processor. With the mixer running, add yeast mixture and oil. Mix until the dough formed leaves the side of the bowl. The dough should be sticky.

Place dough in a greased bowl and turn it over so that the top is greased also. Cover and let rise

in a warm place for about 1 hour or until it is doubled in size.

Punch dough down and knead the cheese into the dough until it is evenly distributed. Cover and let the dough rest for 10 minutes.

Grease a 1 ¹/₂ quart casserole dish or an 8 1/2 by 4 1/2 inch loaf pan and set aside. In a small bowl, combine butter, thyme, basil, and oregano.

Roll out the dough on a lightly floured surface and cut into 1 inch squares with a pizza cutter. Shape each square into a ball and dip into butter mixture. Place each square into the prepared pan.

Cover with a towel and let rise for about 45 minutes or until it is doubled in size. Preheat the oven to 375°.

Bake loaf for 35-40 minutes or until the top is golden brown and when tapped it sounds hollow.

Makes 1 loaf. Jocie also learned to blow bubbles out of cheese.

Ramon Tucker Blends poetry and music

By Alicia Mendez staff reporter

Ramon Tucker will be the second addition to this quarter's

Blend. The Blend is a musical venue put on by Student Programs. A

go along with each song. Often Tucker finds himself

writing short stories, and poems. Much of these short stories are children's literature, he said.

"I just write stories. Children's stories, current events, and things like that," Tucker said





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different artist comes every other week and plays in the Bistro of the Student Union from 10 a.m. to noon.

Unlike the usual vocalist and guitar player, Tucker will be filling the Bistro with his poetry, short stories, and recorder playing

Tucker took one class a couple of years ago at Highline, since then he has been focusing on his family life.

Tucker, who is now 27 years old, picked up the recorder about four years ago, he said.

While he plays music by ear and never actually writes down the notes for each song, he does write down are the stories that

Tucker hopes to play the saxophone during his performance, however after pawning off his saxophone; he isn't quite sure how to get a hold of one. He's played the sax for over 15 years, he said.

Tucker said he doesn't have a music list lined up for his set next Wednesday, mostly because he doesn't title his songs. To listen to Tucker and his melodies incorporated with a





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Arts

THE THUNDERWORD/FEB. 1, 2007/PAGE 7 Local jeweler dazzles Des Moines

By BRIANNE BEETS w

If you don't look carefully, you just might miss Kimberley's Exquisite Jewelry, located in the heart of Des Moines.

Nestled between a row of shops, Kimberley's has been open for six years.

The contemporary ambience of Kimberley's complements the uniqueness of the customdesigned jewelry.

Owned by jewelry proprietor Kimberly Simmons, Kimberley's specializes in unique styles of jewelry, but "I have everything the bigger stores have, except I only have one watch brand," Simmons said.

Simmons has been in the jewelry business for 26 years, but said she came into the jewelry business by accident.

Originally from Walla Walla, Simmons came to Des Moines when she was 21.

"I took a job as an office assistant for the district manager of Zales, and I was supposed to be doing things for him behind the scenes; paperwork and such, but the sales people figured out pretty soon that I was better at closing [sales] than they were, so they would just bring the customers back to me," Simmons said.

From there Simmons was put in charge of the office and downtown Zales, "and from there on I started picking up more and more jewelry knowledge and worked my way right through the wholesale end of it and back into retail," Simmons said.

"I have worked in wholesale pearls, wholesale chains; I've been in manufacturing, I've run Williams and Sons, I helped set up Blue Nile, which is diamonds on the internet, and just about everything in the industry there





PATRICK CABELLON/THUNDERWORD

Above, jewelry store owner Kimberley Simmons shows a silver necklace to two customers. The bottom left photo shows some of the variations Simmons has of heart necklaces in prepartion for Valentine's Day.

is to do," Simmons said.

Eventually Simmons chose to open her own shop, because "I prefer to work face to face and over the phone," Simmons said.

Most of Simmons diamonds are cut in Israel, but she also purchases them from New York, Seattle, and Scottsdale.

Simmons is the sole proprietor of Kimberley's, so although she has manufactures in Seattle and another person who helps with the shop two days a week, she is completely involved in the production of her jewelry.

"I work with the product from beginning to end," Simmons said. Simmons deals primarily

with local customers and word of mouth advertising.

"I can't get into an advertising war with Shane Company and Jared. That wouldn't make sense for a one-girl shop," Simmons said.

"If you treat people right they usually come again," Simmons said.

The difference between Kim-

berley's and the bigger jewelry chains is "they can get a custom ring here; that's what I do, custom stuff," Simmons said.

Simmons is also willing to share her knowledge about diamonds.

"If they [customers] want to learn all about diamonds, I'm willing to give them an education about it," Simmons said.

To get the perfect gift before Valentine' Day Kimberley's Exquisite Jewelry is located at 22221 7th Ave. S. Des Moines.

Born to be a star, Anjelica Wolf is reaching new heights

By AUDRA PATTERSON staff reporter

Anjelica Wolf may not strike you as an actress at first glance; her mild manner does not match with the stereotype of outgoing actresses.

Born in Germany, she and her parents moved back when she was three and a half. She still has relatives living in Germany, and she has gone back Decatur. Wolf has been involved in drama here since spring 2006, but has done other plays. Wolf acted in *Les Miserables*, with the Highliners, a local drama group.

Wolf says that her part in *Les Miserables* was a key moment for her. She was in the play the summer after her high school freshman year. The play and involvement with the Highliners began her active interest in performing.



at 7 p.m., and 1 p.m. on Sunday. Tickets cost \$20; the profits from the Wednesday show will go to a scholarship fund for Breeder's Theater.

Heartbreak House: A Fantasia in the Russian Manner on English Themes was written in 1919 by George Bernard Shaw. Taking place north of Sussex prior to and during World War I, the play illustrates Shaw's beliefs about Socialism and the current economic issues in Europe.

Wolf chose a piece by Tina Howe from *Appearances*.

Wolf says that developing her characters and understanding them is much harder than memorizing lines.

"It's a lot of work, a lot more than I thought it was when I was younger," said Wolf.

younger," said Wolf. Besides aspiring to become an actress, she would have liked

to become an animator for Disney.

twice. Once when she was five, another time when she was seven. She also visited the Czech-Republic upon her second visit.

Wolf is playing a lead role, Hesione Hushabye, in Highline's winter drama production, *Heartbreak House* by George Bernard Shaw.

Anjelica Wolf has wanted to be an actress for most of her life.

"It probably started when I was 8 years old, watching Little Rascals."

She began as a Running Start student, attending Highline her senior year of high school at

Wolf ran into a few speed bumps. Her parents, like most, insisted she keep her grades up. If her grades weren't up

to par, drama was put on hold. Currently interning at Breeder's Theater, she is

working as a stage man- $\frac{A}{B}$ ager for the play, *Gone*

with the Wine. She also plays the role of a llama farmer named Gaston. The show is

MICHELLE ERICKSEN/THUNDERWORD Anjelica Wolf caught between classes and reherasal in Building 4.

> playing on a modified schedule due to the Super Bowl, it will show Friday and Saturday

Wolf describes her character, Mrs. Hushabye, as a diva.

"Mrs. Hushabye is kind of like me, but stronger; she has a lot of presence," said Wolf, "She doesn't follow the crowd, she's very bohemian."

For auditions, actors and actresses recited a monologue. "I love Broadway musicals and one of my favorites is *Sweeney Todd*," said Wolf. Cate Blanchett and Hugh Laurie (well known for his character House) are two actors Wolf admires. She plans to major in acting as a Highline graduate and move on to do the same in New York at The State University of New York Purchase, or to major in musical theatre at the Cincinnati Conservatory of Music.

Heartbreak House opens officially on Friday, March 2. A preview will be held on Feb. 28. Both events will be held in the Little Theater in building 4.

Puzzles

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.



1 Pare

16 Pack

19 Heal

20 Residue

21 Yearn

28 Rind

30 Comfort

33 Chose

39 Hock

40 Plank

41 Ice floe

42 Before

47 Herb

60 Crucifix

49

1

DIFFICULTY: **

★ Moderate ★★ Difficult *** GO FIGURE!



1. MOVIES: Who plays the president in the film "The American President"?

2. MYTHOLOGY: In the legend of King Arthur, what was the name of Merlin's mistress, who also was called "The Lady of the Lake"?

3. SCIENCE: What unit of measurement is used to determine magnetic flux?

4. MUSIC: Who shot and killed singer Marvin Gaye after an argument?

5. NATURAL WORLD: What kind of sea creatures are part of the Otariidae family?

TELEVISION: What 6. was the name of the dad on The Brady Bunch?

7. PSYCHOLOGY: What

kind of fear is ergophobia? 8. GEOGRAPHY: The Crimean Peninsula is part of what country?

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9. LITERATURE: Who wrote these lines of poetry: "Two roads diverged in a wood, and I -- I took the one less traveled by"?

10. HISTORY: Where did the Minoan civilization emerge in about 2500 B.C.?

10. Crete
9. Robert Frost
8. Ukraine
7. Fear of work
6. Mike
5. Fur seals and sea lions
4. His father
3. MaxxeM .E
2. Vivien
Alichael Douglas
sıəwanA
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Calendar Arts

•Tangoheart, an evening of romantic music and dance, comes to the Kent-Meridian Performing Arts Center, 10020 SE 256th St., Kent, on Wednesday, Feb. 14 at 7:30 p.m. The Seattle-based Tangoheart Sextet is hailed as one of the best tango orchestras in North America. Tickets for Tangoheart are \$16 for adults and \$14 for students and seniors. Tickets may be purchased at the Kent Commons, 525 4th Ave. N., Kent, or by phone with a Visa or Mastercard during business hours at 253-856-5050.

urday, Feb. 3 at the Kent-Meridian High School Performing Arts Center, 10020 SE 256th St., Kent. Musselwhite has 18 W.C. Handy Awards and six Grammy nominations. Tickets are \$16 for adults and \$14 for students and seniors. Tickets may be purchased at the Kent Commons, 525 4th Ave. N., Kent, or by phone with a Visa or Mastercard during business hours at 253-856-5050.

•Wylie & the Wild West will

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Crossword 101



By GFR Associates ••• Visit our web site at www.gfrpuzzles.com

day, Feb. 9 at 8 p.m. Tickets are \$17 for adults and \$15 for students and seniors. Tickets may be purchased at the Kent Commons, 525 4th Ave. N., Kent, or by phone with a Visa or Mastercard during business hours at 253-856-5050.

•Got arts news? Send tword@highline.edu. Deadline is Monday of each week for Thursday's paper.

items to the Thunderword at

Listings in the arts calendar are free; preference is given to on-campus events. Items also can be delievered to 10-106.



3710, ext. 3317.

For information, call 206-878-

•Blues artist Charlie Musselwhite performs 7:30 p.m., Sat-

-	answers										
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	7	+	6	х	2	26					
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bring their blend of western swing, classic country, cowboy, and folk music to the Kentwood Performing Arts Center. 25800 164th Ave. SE, Covington, Fri-

Last week's

----- Weekly SUDOKU

Answer

9	4	6	5	3	7	8	2	1
7	5	2	8	1	4	3	9	6
1	8	3	6	9	2	7	4	5
8	1	9	3	6	5	4	7	2
6	7	4	9	2	8	5	1	3
2	3	5	4	7	1	6	8	9
3	6	8	2	4	9	1	5	7
5	2	7	1	8	6	9	3	4
4	9	1	7	5	3	2	6	8

Last week's crossword puzzle solution

PAIRS

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Т	Н	R	Е	Е				S	Α	0		М	Α	D
	В	Α	R	Ν	Е	S	Α	Ν	D	Ν	0	В	L	Е
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5		6			8			4
	7		1				8	2
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	1		2	8		9		
		9			2	5		7
	4		3	5			9	
7		8		9		2		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine

DIFFICULTY THIS WEEK: **

★ Moderate ★★ Challenging *** HOO BOY!

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Sports

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Thorn has Highline by the heart T-Birds

Reserve T-Bird plays big role from the bench

BY MICHELLE ERICKSEN

James Thorn isn't always on the court, but he plays a big part on the Highline men's basketball team.

Stats don't always tell the story. While he might not be the most visible on the court or play the most minutes, Thorn is in many ways the core of the team.

Thorn, 6'3", has a pleasant face, and probably the longest hair on the team.

His cornrow braids make him easily identifiable from the stands.

"I feel like I bring a lot of energy and try to keep the team together," Thorn said. "I just sacrifice whatever I can for the greater good."

Thorn said that they all say at their goals are before a game, and his is always to give his all on the court, and not hold back.

"I give everything and leave nothing behind so I know that I did everything in my power to help us to a victory," Thorn said.

Persistence and hard work have paid off in Thorn's case. This is his third year at Highline.

The first year he tried out for the basketball team he got cut.

Thorn said that right before the tryouts he had to have an emergency surgery to have his appendix removed.

He said he wasn't sure he'd make the team but he tried out anyways.

Thorn ran track for Highline that year.

The track program, along with basketball was part of the reason Thorn chose to go to



MICHELLE ERICKSEN/THUNDERWORD

anything-to-help-the-team attitude."

Thorn said that since he didn't play a lot of minutes last year, he's grateful for the time he has now.

"Last year he was the 13th man so he couldn't even suit up on the road," Dawson said. "It's a testament to his work effort." "I don't get too much time in the game. I just go in there and try to do the best I can with the time I have," said Thorn. This year, Thorn has a 60 percent shooting average from Although Thorn plays a part of keeping up the team's morale, it's not always the role he wants to play.

James Thorn is a forward on the Thunderbirds Men's Basketball team.

"Last year I felt like I was a part of the team because of the role I had. This year I would like a role on the court," said Thorn.

"If we need something done

it," he said.

Thorn will graduate from Highline at the end of this quarter with an associate of the arts with an emphasis in sociology.

"I want to play organized basketball as much as I can for as long as I can," said Thorn. "For right now this is my career.

"It's pretty far-fetched (play-

win two, move into second

By SAM Boyd staff reporter

The Thunderbird men's basketball team extended their win streak to four games this week, battling for victories over both Green River and Lower Columbia. After the wins, Highline vaulted to the eighth spot in the NWAACC rankings.

Highline defeated archrival Lower Columbia Red Devils 83-68 on Wednesday night in a highly anticipated game.

Thunderbird center Zach Bruce double-doubled, scoring 31 points and bringing down 13 rebounds in a stunning performance. Other Highline players stepped up big as well: Morris Anderson added 16 points and seven steals, and Derrick Webb dished out seven assists and scored 17 points.

The key to the game was in the Thunderbirds' defense, said Head Coach Che Dawson. "Lower Columbia relies heavily on ball maneuvering, and we forced them to improvise and create shots," he said.

One of those contributing a solid effort on the defensive end was Mandela Bunting, who blocked a shot in Wednesday's game.

"We came out hard," said Bunting. "Our defense was strong."

Highline shot poorly from beyond the three-point arc; five of 22 for a dismal 22 percent success rate.

Lower Columbia dropped to 4-3 with the loss, while Highline rose to 5-2 in the West Division.

Thunderbird fans came in force to Green River on Saturday night, outdoing the Gator

Highline.

"I was going to go to TCC (Tacoma Community College) and play basketball, but I heard that Highline had good basketball and track programs," he said.

Thorn tried out for the basketball team again the following year and was the only walk-on to make it. He played on Highline's championship team last year.

"The second year I said I was going to make the team no matter what," he said.

"James provides an incredible amount of positive energy and an incredible attitude," said men's basketball Head Coach Che Dawson. "He has a do"The other most telling stat is he averages about 2.1 rebounds a game in fairly limited time. It shows his intensity and effort," Coach Dawson said.

the three-point line.

Thorn plays an average of 10 to 15 minutes per game.

"He frequently encourages his teammates vocally. He plays hard all the time, he gets along well with everyone on the team; all that inspires other people to do anything they can to help the team," said Coach Dawson. (like we need to make a big play), I would like a responsibility like that," he said. "But I think everybody wants that role. That's pretty normal."

Thorn says that while this team is different from the championship team they still have as much fun.

"We had a whole bunch of characters last year, this year we do too but we're the same Highline team –just crazy and hilarious, we live it up," he said.

Thorn, 20, has not yet decided exactly what direction he's going academically or with his career.

"Now it's really blurry. It just seems so final to pick a career so I don't really think about ing professional basketball), I don't know about being a coach or anything but basketball's just got to be a part of my life," he said.

Thorn said he might go to Montana State to play because he has a brother up there and then they could both play on the same team.

The Highline Thunderbirds are currently second in the West Division and have seven more games until the NWAACC tournament.

"We have a real good chance of winning the NWAACC, because we don't think that just because we have the H on our jerseys we're going to win," Thorn said. fans in number and passion.

SEE T-BIRDS, PAGE 12



Che Dawson

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Lady T-Birds maintain first place in West Division

By Yonas Woldemichael staff reporter

Eight games into the regular season, the Lady T-Birds have finally moved into first place for both the season and West Division play (7-1 for league, 17-4 overall).

It has been over a month since Highline has seen a loss and nothing appears to be slowing down their momentum. The Lady T-Birds beat both Lower Columbia (6-2 league, 10-7 overall) and Green River (2-6 league, 3-15 overall) this week.

In a tough fought game against Lower Columbia, Highline was able to overcome the adversity put before them. The result was Lower Columbia dropping into third place in the West Division and Highline moving into first.

"Lower Columbia is a very good team; they are generally in the top of our league every year. I knew it would be a tough game for us," Head Coach Amber Rowe said.

The final score of the game was 71-64.

In Saturday's game, Green River gave Highline a run for its money as the score remained close until the end where Highline pulled away by six for a final score of 70-64.

"Green River is not as good [as Lower Columbia]. They have only won three games all year. We did not come focused and ready to play and it showed," said Rowe. "When we come to play, we are pretty darn good.

"But when we just show up we are just like everybody else," Rowe said. "We are not that much better than everyone else that we don't have to show up."

The win was a sloppy one with Highline shooting 3 for 19 from three-point range, and finishing the game with a total of 17 turnovers.

Turnovers have yet to catch up with Highline's way of play as they are averaging near 20 turnovers a game as of late.

Samantha Tinned once again led the way for the Lady T-Birds with 22 points and 10 rebounds, closely followed by Vanessa Baines with 16 points.

"We (Highline) are marked with a target and every other team is going to be coming after us now," Assistant Coach Damien Crump said.

"Tomorrows game against Tacoma (7-1 league, 13-6 overall) is going to really determine if we are going to be league and division champions," Crump said. "We are a talented team and have come a long way, but to become a championship team we need to fix some things."

Results from Wednesday's game against Tacoma were not available at press time. Highline

> any closer than six points until the final seconds of the game.

> has an upcoming away game

on Feb. 3 against Pierce. This

will be followed by three home

games on Feb. 7, 10, and 14

With the Thunderbirds leading 84-77 with two seconds left to go, Green River inbounded the ball to Banard Banks, who spun, took one dribble and launched a shot from the Highline foul line, nearly 75 feet from the basket.

As the buzzer sounded, the ball swished through the net, sending a collective gasp through the fans.

But it was too little too late, and the final score was 84-80. Highline improved to 6-2 with the win.

Anderson led the Thunder-

NWAACC poll all have a shot birds, scoring 24 points, grab-

against Grays Harbor, Centralia,

Vanessa Baines battles to maintain possesion of the ball from the Lower Columbia Red Devils.

and South Puget Sound.

bing three steals and dishing six assists. Webb double-doubled for 20 points and 10 rebounds, and Bruce also double-doubled for 18 points and 14 boards.

The Thunderbirds out-rebounded the Gators 47-35 in the game, and shot a stellar 73 percent field goal percentage in the second half.

Highline controls its own destiny, Coach Dawson said. "I like that our chances in the league are dependent on us and how we play," he said.

The team's biggest weakness is consistency.

[at the championship]. Lane has been there before and Yakima Valley is stacked. Anyone can win this year," said Rowe.

T-Birds CONTINUED FROM PAGE 9

Highline started the game flat, giving up turnovers and easy baskets, and Green River jumped to a quick 22-9 lead in the first nine minutes.

A few acrobatic steals and a Vaughn Gaines three-pointer later, Highline had crept to within a few points, and a Webb jumper knotted the score at 28-28 with 5:03 left to go in the first half.

Green River was able to shut out Bruce's scoring below the basket, although Bruce still brought down nine boards in the first half. The half ended with the Thunderbirds trailing 40-36, having played a sloppy half filled with easy buckets for the Gators.

But Highline came out of the locker-room strong, with two baskets off turnovers to tie the score at 40. Morris Anderson then knocked down back-toback-to-back three-pointers to bring the score to 51-45.

Highline executed its plays, never letting Green River get

"I think the top eight in the "We're stringing together

one game here and two games there," Dawson said. "It's time for us to start being consistent."

Results from Wednesday's game with the Tacoma Titans were unavailable at press time.

Highline plays at Pierce on Saturday at 7 p.m. Pierce (7-1) lost its first league game of the season to Grays Harbor (4-4) last Saturday.

Highline is in sole possession of second place in the division, one game behind Pierce. The Thunderbirds' next home game is with Grays Harbor on Feb. 7 at 8 p.m.

Annual Control of Cont MICHELLE ERICKSEN/THUNDERWORD

Sports



Sports

THE THUNDERWORD/ FEB. 1, 2007/PAGE 11

T-Bird wrestlers floored in finale



Highline wrestlers shake hands with Clackamas opponents after their meet.

By Kory Farrell staff reporter

The Thunderbird wrestlers finished off the season with another forfeit-riddled meet against Clackamas and a noshow from Yakima Valley.

"We had injuries and skin infections that needed to be cleared, and I did not want to take less than half of a team," tima Valley Head Coach Tito hentel said.

The final score of the meet, six days after their last meeting in Cougar territory, was 32-18 in favor of Clackamas.

Highline forfeited the 125pound weight class to Brian Jacob, as Steven Velasquez rose to 133 to take on Cougar Shane Rhoden.

The 133-pound weight division has recently lost its second Highline wrestler after Chris Mather was ineligible

to compete due to a one-credit deficiency and had his waiver turned down.

Mather said he will be redshirting for the remainder of the season and will wrestle again next season.

Rhoden pinned Velasquez at 1:50, which combined with the forfeit gave Clackamas an immediate 12-point lead.

Anthoni Heffernan accepted a forfeit at 141 pounds, making the score 12-6.

At 149 pounds Highline's Michael Markey faced off against Sam Schmitz, a Clackamas wrestler who was recently ranked fourth in the NJCAA coaches poll with a record of 17-3. Schmitz won a 14-6 decision, increasing Clackamas' lead by four to 16-6.

Another forfeit at 157, followed by a major decision victory for Clackamas' Alex Bubb over Riley Cornett at 165 put

Highline down by 20.

Thunderbird Lionel Orji gave Highline its first foothold on the match with an 8-6 decision over Cougar Luis Cisnerois, which followed by a forfeit at 184 to Highline's Brad Padgett started to close the vast but not insurmountable lead the Cougars had stacked up thus far.

Highline 197 pounder Zach Nims then took the mat and battled Cougar Richard Jensen into a 3-1 overtime victory, despite receiving a shiner inducing head-butt after a failed Jensen shoot.

Nims doubts the head-butt was intentional, and is only critical upon himself for wrestling too timidly, but said he will carry the lesson into the postseason.

The meet came to a close when Clackamas' John Bates pinned Highline heavyweight Roy Chambers for the second time in six days.

This was the fourth time in seven days Highline had to make weight, which is tough, Heffernan said.

Despite some victories over non-NWAACC affiliated teams and impressive tournament displays, Highline has finished off the season with an 0-6 record against the other three teams in their division.

Top ranked Southwestern Oregon finished off their season 7-1, Clackamas 7-4, and Yakima Valley 2-6.

From this point on, though, Highline has a meet-free week and the Region 18 and National tournament to look forward to.

The Region 18 tournament will be hosted by Yakima Valley on Saturday Feb. 10, where the wrestling will begin at 10 a.m. and go all day.

The national tournament will follow on Feb. 23-24 in Rochester, Minn.

'Bash' this softball auction into your schedule

BY KORY FARRELL staff reporter

Lady T-Birds softball team looks to score big at the Seventh Annual Diamond Bash dinner and auction.

The auction is being held Friday, Feb. 9 in the Student Union (Building 8) from 5 p.m. to 9 p.m.

The auction is to raise funds for the Lady T-Birds softball team, and will go primarily toward equipment and travel expenses. Last year the auction raised \$14,000 for the team.

Tickets are \$15 per person, and can be purchased at the door or by calling the Highline Foundation at 206-878-3710, ext. 3446.

Items to be auctioned include trips to Cabo San Lucas, Mexico; Tucson, AZ; and Harstene Island in South Puget Sound. Also up for auction are a variety of baskets of spa materials, wine, martinis, and assorted food.

Other than the bigger items donated by Highline Athletic Director John Dunn and other friends of the Softball program, the Lady T-Birds have been responsible for gathering support from local businesses.

The auction will support a slim in quantity but thick in quality team consisting of really good, solid freshman players and a strong leader in returning sophomore Amanda Hauser, Head Coach Anne Schmidt said.

The night will begin with a silent auction at 5 p.m., followed by the live auction during dinner where roughly 40 items will be auctioned off by a professional auctioneer.

If you have any auction items to donate, visit http://www. highline.edu/stuserv/athletics/ fastpitch/auction.htm, click on the procurement form link, and send the donation to the address on the form.

Scoreboard

Men's Basketball

WEST	League	/Season
Pierce	7-1	13-7
Highline	6-2	13-5
lark	5-3	15-7
Lower Col	5-3	13-8
Gravs Harbor	4-4	10-10

Lower Col 77, Centralia 54 Grays Harbor 73, Pierce 65

01/26/2007

01/24/2007

B Mountain 73, Tr Valley 70

Tacoma 85, SP Sound 82

Lower Col 79, G Harbor 76

Women's Basketball

WEST	League	/Season
Highline	7-1	17-4
Tacoma	7-1	13-6
Lower Col	6-2	10-7
Centralia	5-3	12-8

Highline 70, Green River 64 Pierce 54, Grays Harbor 41

01/26/2007

Tacoma 59, SP Sound 55

01/24/2007

Tr Valley 54, B Mountain 47 Col Basin 40 Walla Walla 37

Centralia	4-4	6-13
Freen River	3-5	8-11
Tacoma	2-6	3-15
SP Sound	0-8	2-17

01/27/2007

Spokane 82, Wen Valley 55 Big Bend 117, Yak Valley 111 Col Basin 80, B Mountain 77 Walla Walla 91, Tr Valley 78 Skagit Valley 78, Shoreline 62 Bellevue 104, Olympic 70 Everett 94, Whatcom 84 Peninsula 100, Seattle 89 Clackamas 95, L-Benton 66 SW Oregon 98, Portland 74 Chemeketa 99, Lane 73 Mt. Hood 67, Umpqua 44 Clark 76, S. Puget Sound 68 Highline 84, Green River 80

Wen Valley 88, Yak Valley 79 Big Bend 91, Spokane 90 Col Basin 90, Walla Walla 76 Whatcom 65, Peninsula 61 Bellevue 68, Skagit Valley 61 Shoreline 88, Seattle 86 Everett 88, Edmonds 86 Clackamas 89, Chemeketa 70 Umpqua 73, SW Oregon 65 Linn-Benton 75, Lane 69 Mt. Hood 59, Portland 56 Green River 91, SP Sound 59 Tacoma 90, Grays Harbor 88 Pierce 77, Centralia 68 Highline 83, Lower Col 68

01/22/2007

Bellevue 71, Edmonds 65 Highline 81, Clark 59 Pierce 82, Tacoma 69 Centralia 71, Green River 66

SP Sound 5-3 11-8 Clark 2-5 2-13 Green River 2-6 3-15 1-7 1-17 Pierce Gravs Harbor 0-7 1-15

01/27/2007

Centralia 69, Low Col 53 Col Basin 83, B Mountain 68 Spokane 71, Wen Valley 67 Tr Valley 67, Walla Walla 65 Yak Valley 74, Big Bend 63 Bellevue 96, Olympic 40 Everett 73, Whatcom 64 Peninsula 75, Seattle 67 L-Benton 65, Clackamas 57 Portland 100, SW Oregon 57 Lane 53, Chemeketa 51 Umpqua 73, Mt. Hood 60 S. Puget Sound 86, Clark 42

Yak Valley 84, Wen Valley 67 Spokane 73, Big Bend 57 Skagit Valley 65, Bellevue 62 Whatcom 79, Peninsula 73 Everett 70, Edmonds 40 Clackamas 60, Chemeketa 46 Umpqua 91, SW Oregon 73 Lane 64, Linn-Benton 55 Mt. Hood 65, Portland 63 SP Sound 65, Green River 43 Centralia 75, Pierce 38 Tacoma 85, Grays Harbor 55 Highline 71, Low Col 64

01/22/2007

Highline 91, Clark 46 Tacoma 64, Pierce 42 Centralia 73, Green River 44 Low Col 55, Grays Harbor 42 Lane 63, Portland 58

All donations are tax deductible.

Additional reporting done by Jacob Duot.



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Playful Pittman participates in many programs

BY MELODY ERICKSEN staff reporter

Paul Pittman has his feet in two worlds.

On the one hand, the Highline Student Government vice president is a not-atypical, 18year-old student, who is not above the occasional yard-stick sword fight, collecting Ninja Turtles, or stacking up the odd Lincoln Log.

On the other hand, he reads Aristotle and helps a campus committee decide which new faculty member gets tenure and which don't.

Pittman, 18, is starting his second year at Highline.

In his official duties as one of only two elected student officials, Pittman makes the agenda for Student Government meetings and incorporates contingency budget requests into the meeting.

Pittman is the student repre-



Paul Pittman

sentative on the Tenure Committee and is involved with the Student Initiatives program, which deals with concerns students have on campus.

Pittman also is involved in the Recycling Committee, which is currently trying to get students to volunteer in picking up recycling around campus and dropping it off at the dump site.

Above all, Pittman wants to know what students care about. For example, he said students often are concerned about the cost of textbooks. He says the balance between textbooks prices and profits at the Bookstore (profits that go to help fund the college) are pretty well balanced, but "there is always room for improvement."

Pittman said he wants to draw up a survey as a means of communication between Student Government and the students.

Pittman said that the survey will ask about the experience of students at Highline — what problems they have had in terms of student services, what activities they like, and if they are interested in more involvement opportunities.

"The hardest part for me is finding out what the students want," said Pittman.

As a student, he can relate. Pittman said it was a very rocky start for him at Highline, because it was a huge change, with the fear of uncertainty. However, unlike high school, Pittman said that attending Highline is



MICHELLE ERICKSEN/THUNDERWORD

Paul Pittman schmoozes a representive for the Environmental Club at Highline's club fair.

something worthwhile and definitely not a waste of time.

Since coming to Highline, Pittman feels he has grown smarter, more talkative, better on taking initiative, and developing his leadership skills.

"It was cool taking pictures for the Thunderword, it was something new" said Pittman. Pittman took photos for the Thunderword in Fall 2005.

"Paul is really passionate about his work, and is very attentive to the needs of the students," said Doris Martinez, president of the United Latino Association (ULA). "He always tries to find a way to make resources available."

"Working with him is really positive; he has a real team spirit and is really helpful in collaborating with," said Jennifer Graybill who works with the Caucuses.

Pittman reveals that he really enjoys building things. He smiles as he talks about a wooden dinosaur that his younger sister brought for him from China. Pittman said that one of his major goals is to travel around the world. "I don't want to be confined to Federal Way all my life," said Pittman. "I want to see the world and experience all different cultures first hand."

Pittman is a very animated conversationalist. While he speaks his whole face lights up, his hands and arms are never still, as he makes broad get tures in an attempt to convey he point.

Pittman said that, like his father, he has a love for the outdoors. He said he enjoys mountain climbing and sailing a lot; he would also like to try sky diving.

Pittman says he is currently enjoying reading philosophy.

"I just like flipping through the pages and reading bits and pieces of the things I find interesting," he said. Right now he is working his way through Aristotle, and said he wants to read Plato next.

Pittman is still undecided about what he wants his major to be though he said he wants to "look into science." Pittman plans to go to Western Washington University.

"I'm just interested in lear ing. I can always adapt and lear more for the career I want," he said.

Pittman said that if going to Western doesn't work out, he would just go to the University of Washington.

"You have to learn and adapt to every situation and make the best of it you can," he said.

Horizons will benefit young girls

By ALYSSA HOFFMAN

staff reporter

Junior High students will take a step into their future in March, as the Expanding your Horizons Conference is returning to Highline again this year.

The Expanding your Horizons Conference is aimed at seventh, eighth, and ninth grade girls to broaden their knowledge in math, science, and technology professions which may be non-traditional for women, but worthwhile.



to courtesy of Marie Brui



exceptional candidates to perform typical office duties, as well as attend weekly lectures, tours and complete an intern service project. Don't miss out on tis opportunity of a lifetime!

"Also, the program aids in incorporating how these subjects can be fun and show what careers offer them," said Andrea Tinney, coordinator of the presenters and P.E. teacher here at Highline. The conference includes Auburn, Kent, Renton, Enumclaw, Federal Way, and Highline school districts (including junior high and private schools). Each school district receives 150 - 200 invitations. Generally, about 400 - 650 girls attend the workshop. Four girls learn about being a federal agent at a past Expanding Your Horizons Conference.

"The girls attend four workshops out of the 30 available during the day, including presenters from respiratory care, medicine from Virginia Mason, sexual assault, Boeing (engineering), archeologist, architect, marine biology, veterinarian, math department, accounting, real estate, and Microsoft," said Andrea Tinney. "But there is one class that is mandatory which is Speak Up that teaches girls to be confident and safe." The conference costs \$15 and includes food for the day. "It's a great conference. We always receive positive feedback — the only negative feedback would be the girls couldn't attend every workshop available, but all the girls love the event and say they have learned a lot. The students have even come back and become presenters," said Tinney.

The conference, which is still in need of five - 10 presenters, is scheduled for March 27, 2007

and from 11 a.m. — 5:15 p.m.

Get real world experience while earning real college credit. Building 6, upper floor

Student Jobs

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<u>Job #2450</u>

Sat. & Sun., May-Sept., 16-20 hrs. per wk. Some duties include: directing passenger's to their next destination, help with luggage loading & unloading, and assist with customer complaints & questions.

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Job #1222

Full Time, \$12.00-\$15.00 per hr.

Duties include: answering incoming calls, processing orders, answer customer questions, and so much more. Bilingual in Spanish & English a must.

For additional information log on to Interfase at <u>https:www.myinterfase.com/highline/student</u>

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Bob Baugher gets teary eyed over science

BY ARNEL CUSTIC staff reporter

Crying is considered wrong and embarrassing oftentimes, but it's actually a normal human behavior, one expert said here Friday.

Highline's Dr. Bob Baugher, self-proclaimed "doctor of ryology," presented a Science Seminar in front of 45 people. Highline holds weekly Science Seminars in which experts attend and present on various topics of interest.

Last week's seminar was a tearful endeavor.

"In fact, crying is a form of relief," said Baugher, "It's a way to relieve oneself from whatever it is that the person is feeling or doing, whether it's tears of pain, joy, laughter, caused by onions, and so on." Many people don't know,

Baugher said, that tears caused

by onions and tears caused by



PATRICK CABELLON/THUNDERWORD Dr. Bob Baugher is a self-proclaimed "doctor of cryology."

emotions, which he refers to as psychic tears, are chemically different.

"Onion tears contain different contents than 'psychic tears'

because they don't contain as much protein in them," Baugher said.

For those that are wondering about the format of laugh-

ing tears, Baugher said, "we attempted to include laughing tears into our experiment as well but were unable to because we couldn't get them to laugh hard enough to cry."

Baugher said that crying is good for people.

"The body is like a hydraulic system; when one aspect of it is feeling some sort of pressure it automatically needs to be released somewhere, which makes crying a great form of relief."

Baugher continued his research on tears by interviewing William Fry, another expert on tears who has become somewhat famous with his Dry Eye & Tear Clinic.

"I called him and I asked him about his experiment in which he gathered some volunteers and asked them to keep a 30-day diary of when they cried and what caused the tears," he said.

"Fry did a good job on his

experiment but the problem he had was that he was misquoted a lot. People used to say that Fry proved that laughing tears and natural tears were exactly the same when in fact he wasn't able to figure it out."

Baugher said that it's Ok for people to cry, it's nothing to be ashamed of because everyone does it, it's just a matter of time.

"It's all in the genetics. Some people cry easily and some people don't; you just have to understand this."

This week's Science Seminar will be about the ongoing eruption of Mount St. Helens, presented by Dr. Eric Baer. Science Seminar is on Fridays from 2:10-3:00 p.m. in Building 3, room 102.

For more information about Science Seminar, contact Dr. Eric Baer at ebaer@highline. edu, or at 206-878-3710, ext. 3513.

Open doors for Brice were knocked down by family

BY BRIANNE BEETS

Darryl Brice shed a few tears

TAFF REPORTER

during an emotional presentation in this week's Honor's Colloquy.

Honors Colloquy is a weekly event where different speakers talk about "opening doors," a long running theme. Brice, a sociology and criminology professor at Highline, based his speech on that very subject.

"For me to be here is a series of opening doors and knocking them down," Brice said.

Brice's presentation was a story of his life growing up in Baltimore, where "76 percent of African American men don't graduate." Brice said.

Brice choked up a little when he talked about his parents divorce when he was 5; his brother was 18 and joined the Navy to support the family.





Darryl Brice

When he was a teenager, Brice took a job selling telephone books with his brother.

"My brother told me that you have to invest in people for them to invest in you," he said. Later in high school "a good

friend of mine got shot over his

The next semester Brice got a 3.4 GPA, and a 3.8 in the semesters after.

"In class people get perceptions of you based on your physical appearance," Brice said.

Brice remembered that his fellow students would always be shocked when they learned

"It drove me to keep kicking doors down," Brice said.

After earning his bachelor's degree, Brice was accepted into a scholars' program which gives minority students the opportunity to earn graduate degrees to teach higher education.

"That was the first time that I felt like I fit in," Brice said.

After he applied to graduate school, Brice remembered being disappointed that he had only gotten into one of the schools that he applied to.

"My mom told me that I could only go to one school anyway," Brice said. Brice attended graduate school at Loyola University in Chicago. He became a research assistant for one of his professors, and "teaching came in my third year. Loyola laid off a bunch of professors, so graduate students taught. I got another opportunity for valuable teaching experience," Brice said. After graduating with a master's from Loyola, Brice was encouraged by a friend and mentor to look for work in Washington. A colleague and friend of Brice set him up an interview with Highline, where "I bombed my interview, but they took a

gamble on me anyway," Brice said.

"I spend most of my time in class just convincing people that I know what the hell I'm talking about," Brice said.

Brice ended the presentation with reminding the audience that when people open doors to help them succeed, "make sure that you open doors for other people to get through."

Free songs

Live vocal and piano songs are available upon request between 11 a.m. and noon weekly. For more info call: 253-249-4571. * not all songs may be good.

HELP WANTED

The Thunderword has immediate openings for two positions:

1. **Sportswriter** – Want to write about college sports? Have a little experience or a lot of desire? See us in 10-106.

his grades.

age of African American men not graduating in Baltimore, Brice's mother refused to let her children go through the public school systems. Because of this, Brice's mother had to work three jobs. "I had to watch my mother skip meals for us," Brice said.

By the age of 14, Brice got his first job at a catering company.

Brice recalled that his brothers would work him to death so that he would decide to continue his education instead of having to struggle with a low paying job.

shoes," Brice said.

In his junior year of high school Brice's aunt died, and in his senior year his uncle died. Although he was faced with the deaths of his family members, Brice still applied and was accepted to Frostburg State University in Maryland, two and a half hours away from Baltimore

"My first semester there I did the bare minimum and got a 3.0 GPA," Brice said. "I realized if I put some effort into this, I could blow this school thing out of the water," Brice said.

2. Office manager - This is a paid position that involves record keeping, supply managment, and supporting a staff of more than 20 people. This position is Work Study eligible. On-campus location with flexible hours.

For details on these positions, see T.M. Sell in 10-106, or e-mail thunderword@Highline.edu for more information.

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Des Moines espresso shop changes owners

BY BEKA SIMMONS STAFF REPORTER

Marine View Espresso is getting new owners, again.

Ten months after he bought it, Mohammed Ali is selling the Des Moines sandwich and coffee shop to local residents Jeffery and Debra Wyman.

The Wymans were unavailable for comment at press time Wednesday.

Ali, a 29-year-old business man, bought the shop after losing a job at Boeing. He said he enjoyed his time running the shop.

Ali is a graduate from the University of Washington with a business degree. He acquired Marine View Espresso on 21904 Marine View Drive South in Des Moines, and has changed it up a bit. He has owned the business since April 2006, and is still enjoying the community's presence. He has now sold the business after only owning it for 10 months. The new owners start today, Feb. 1. The Wymans were customers of Marine View Espresso.



Previous owner, Muhommed Ali, hands a customer her purchase from the Marine View Espresso.

After being laid off at Boeing, Ali took a business venture and "started small and then moved up." Ali is still moving up, he is going to be working on his dream. Ali is opening a sports bar in Renton or Seattle.

The Wymans are a local couple, who fell in love with the café, said Ali.

After Ali got rid of the café and espresso shop's old name, Café Debra, the Des Moines community was a little hesitant about his arrival. Ali said that 80 percent of his customers were regulars, and he quickly realized that "Des Moines customers don't really like change."

Ali didn't listen, and kept going. He doubled the size of the menu, adding items such as wraps, and rice bowls.

Ali said the Wymans will start their business venture with no restaurant business experience. Ali has been in the hospitality business since 1992, and started at the Sheraton Hotel.

Owning Marine View Espres-

so had its positives and negatives. "The people are my favorite part of working here," said Ali. "Customer service, great food, and clean atmosphere are what customers want." He also said, "I think that's another reason why [The Wymans] loved the business so much."

Ali said working with the Police Department, local customers and the occasional walk-ins are the best part of the job. He now knows many of his customers by name.

This year's weather put a damper in business; Mohammed lost a lot of food, but the customers still came in spite of the weather.

Ali said the size and quality of his sandwiches bring customers back in. Many of the sandwiches made at Marine View Espresso are named after the surrounding areas, such as: Judson Park, Water District 54, Normandy Park, St. Francis, and Marina Pier.

One of Ali's new sandwiches was the Sweet & Spicy Nana. The Sweet & Spicy Nana is made on sourdough bread with herbed garlic chicken, and tomatoes. It also has sweet chili sauce drizzled over the top with Swiss cheese, and is grilled.

It isn't known if the Wymans will change the menu. Ali said it took a while for customers to get used to the changes he made.

"Customers are now used to me, so everything is back to normal," said Ali recently, just before he sold the shop.

Marine View Espresso has a great location, Ali said, to go with the good clientele. The building is one of the most welcoming on the block, with many windows and seating outdoors.

Along with the view of the outdoors, Ali added wireless internet access for customers.

Though Ali has tried to give the shop an atmosphere of higher quality, the amount of coffee shops nearby has put a damper on coffee sales. The addition of new sandwiches, rice bowls, and wraps in his café have helped his business increase, he said.

Ali said he is interested in opening a sports bar, either in Renton or Downtown Seattle.

Career Resource Center offers a variety of workshops

By Melody Ericksen

STAFF REPORTER

By going to the Winter Quarter workshops, students at Highline can learn things to apply in both the classroom and the workforce.

The Counseling and Career Resource Center is putting on its Winter Quarter workshops for 2007.

The counseling center is in charge of the Winter Quarter workshops series. The topics Highline counselor Thressa Alston reports are always different each year.

The Career Workshops program started up in 1968 and has been running at Highline ever since. The topics that the workshops cover vary with every passing year, but always remain useful in ways that you can apply to your everyday life. "Every year there is a different turnout for the workshops," said Alston, "because of the constant turn-over of the student population and the different interests of the students."

tant, designed to meet the needs of the community as well as the student."

The workshops are usually about one hour long each.

"Hopefully students will get extra credit for attending these workshops," said Alston.

The workshops vary in style according to who is the facilitator. Despite this, Alston said that all the workshops are interactive and engaging.

Alston's experience in coordinating these workshops has been a very exciting one. "It's like serving hors d'oeuvres before the main entrée," said Alston.

There are brochures and pamphlets about many of these workshops in the upper level of Building 6. Upcoming workshops include: Cures for the Punctually Challenged by Patricia Haggerty, faculty counselor, in the Student Services Conference room located in the lower level of Building 6 on Tuesday, Feb. 13 from noon - 12:50 p.m.

• Quick Steps to Career Decision Making by Lance Gibson in Student Services Conference room in Building 6 on Wednesday, Feb.14 from noon -1 p.m.

• The Five Languages of Love by Thressa Alston in Student Services Conference room located in the lower level of Building 6 on Wednesday, Feb. 14 from 1-2 p.m.

• Depression or the Blues by Thressa Alston in Student Services Conference room located in the lower level of Building 6 at noon on Tuesday, Feb. 20.

• Organizational Strategies in the Classroom for Students with ADD/ADHD and Others Who Want to be Successful by Gloria Rose Koepping, faculty counselor/psychologist, located in Student Services Conference room in the lower level of Building 6 on Wednesday, Feb. 28, noon-1 p.m.



W. A. V. E. program gives scholarships for six quarters (four semesters) of tuition and fees at two and four year colleges, universities and technical schools in Washington State. Three W. A. V. E. recipients are chosen from each legislative district by the selection commitee. Any student currently enrolled in a vocational program by June 30, 2007, is eligible to apply. Application forms and guidelines are available from Rickitia Reid in Building 9. (206) 878-3710, ext. 3301, or visit the W. A. V. E. homepage at: www.wtb.wa.gov. DEADLINE IS FEBUARY 16, 2007
Two-Year, Full-Ride Scholarship!

This year, the workshops have National Screening Days which includes screenings for depression, eating disorders, alcohol, and suicide. These screenings are all confidential.

Alston said that the workshops are "all equally impor-

• Your Attitude Is Showing by Thressa Alston, faculty counselor, in the Mt. Skokomish room located in the Student Union on Monday, Feb. 5 from 1:30-2:30 p.m.

• Alcohol Awareness: Just One More for the Road by Lance Gibson, director of Counseling and Career Resource Center, in the Student Services Conference room located in the lower level of Building 6 on Wednesday, Feb. 7 from noon-1 p.m.

• Break the Lateness Habit:

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A fair day for clubs at Highline



The Highline Clubs Fair took place yesterday, Jan. 31 in the lower level of the Student Union, from 10 a.m.-2 p.m. Above, each Highline club was given a table to set up and decorate with information about their club to recruit new members. Some clubs even distributed chips and snow cones to attract students to their table. Music was also played continuously throughout the clubs fair. Left, a student struggles to keep hold of her bundle of blue and white balloons while she distributes them around the Student Union, tying them to the backs of chairs. They adorned the room, giving it a festive look. Bottom and left, a student stops to check out a flier being given out by one of the clubs at the fair. Below, Yamato Daiko perfermed Japanese dumming on the main stage platform of the Student Union from 1:30-2 p.m. Bottom, the Highline dance team shows off their skills by practicing their moves in the Student Union during the fair.



Learning how to write a good resume and cover letter could get

you a job interview, said the director of Highline's Employment and Workforce Services program on Monday.

Erik Tingelstad led a workshop on the different types of resumes, and what to do to make your resume sell you the best.

The most important thing to have when applying for a job is a resume. However "the purpose of a resume is not to secure you an offer of employment," said Tingelstad, but it might get you a job interview.

The three different types of resumes that Tingelstad went over are: The Chronological Resume, The Functional Resume, and the Combination/Targeted Resume. All three are very important. Which one you use will depend upon what you have to put down, including things such as your education and work experience.

The Chronological Resume is the most common type of resume. It lists things from the most recent experience then on backwards.

The Functional Resume is the best format to highlight specific accomplishments and skills that you want employers to notice said Tingelstad.

The Combination/Targeted Resume is becoming more popular. This is recommended if you want to write a different resume for each job opening.

Tingelstad said he wouldn't recommend electronic resumes, because they are too limiting and allow for little or no flexibility.

However, making a good resume is not enough to get you a job. It's good to use your connections with employers and friends, said Tingelstad.

Only 12-13 percent of employers find their workers through newspaper applicants.

Employers see that you are interested in the job when you take the initiative to go and introduce yourself, and tell them that you applied for the position they are offering, said Tingelstad.

If you fill out an application online, always follow it up by going to the job site and introducing yourself; you don't want to get lost in the shuffle of papers, and machinery.

You want to stick out, said Tingelstad.









Do you have a strange, unusual love for offices? Have you been told by friends and family that you would make a great manager when you grow up? Guess what: you can be an office manager. Call 206-878-3710 ext. 3392 for details.

Food Continued from page 1

Lisa Pappas; Lisa O'Flaherty; Debbie Kemerling; and Paralegal Professor Jessica Neilson; along with two administrators at the Des Moines food bank: Barb Shimizu and Kris Van Gasken.

Nancy Kent, Highline's web coordinator, posted the club's information on Highline's website while Chris Reike from facilities found a room for the organization. Gus Nyquist from Facilities even cleaned out the space in the storage closet and installed shelves.

The increasing number of members has broadened the amount of help the community is getting.

From food to class experience, recipients as well as the people helping are benefiting from WinGS, organizers say.

So far this program has benefited 25 new households and 36 people. This number has grown as students around campus have come together to help each other.

One student donated new baby clothes for an expectant mother, while another traded in nice, size four clothing.

"It's a give-and-take process that leaves everyone feeling a lot like family," said one recipient.



Students receiving donations will be given bags of food such as these.

Nevertheless, they are still looking for more volunteers to make their program grow stronger.

"Volunteers and any donations would make a huge difference," said McKenzie.

Others around campus have begun to get involved. Laura Westergard; Valerie Muehling, a physical education instructor; and writing instructor Craig McKenney have contributed their time as well as notified students about the opportunity to help. meetings we have more ideas than we have time. Help from volunteers could make our dreams become reality," said McKenzie. Current suggestions

"At

our

have been a St. Patrick's Day benefit and a sponsored morning/evening exercise program for the Des Moines community.

The loca-

tion can even be used to feed people during a disaster.

If the program benefits more families and people, the group might even be able to get a bigger room, which would stock more food and items to give away.

With a room comes the possibility of a refrigerator to stock perishable items or even a truck for the Des Moines Food Bank to deliver to those who are ill or shut in.

"WinGS is little, but it's powerful," said McKenzie.

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MICHELLE ERICKSEN/THUNDERWORD

WinGS, located in Building 23, has already fed 36 people.

Darwin's birthday to be celebrated

By Meghan Tavares

A group of professors' concern about the ongoing debate over creationism versus evolutionism has evolved into a celebration of the birth of Charles Darwin.

Charles Darwin was the first evolutionary biologist and the originator of the concept of natural selection. His two main works are *The Origin of Species by Means of Natural Selection* and *The Descent of Man*. Both have been widely debated.

This year, an educational



Castro

that someone honored a man who has made so many contributions to science," said Carol Hernandez, a professor in the Science Department.

ed it was time

The Darwin Day Celebration will take place in the Student Union on Feb. 12 from 9 a.m. -3 p.m. Informational films will be shown, and informational kiosks will be on the first floor offering cookies and cake to anyone who inquires about the celebration.

"If I can find cookies shaped like apes then everyone will be able to eat their relatives," said Angi Caster, who teaches writing and science here at Highline.

A faculty learning community, the Rationalist Group, has decided to organize this celebration, hoping to educate students around the campus on natural selection and honoring Darwin's contributions to science.

Professors from a variety

of disciplines have contributed their time and efforts to this occasion, hoping that it will challenge a lot of the negativity emanating from some Christian groups.

Contributors to this event are Hernandez from the Science Department, Dana Franks in the library, Woody Moses, Jason Ramirez from the Math Department, and Caster who teaches writing and science.

The Rationalist Group hopes to continue this event so that in 2009 they can hold a year-long celebration honoring Darwin on his 200th birthday.

FTES CONTINUED FROM PAGE 1

the first day of this quarter was only 4,188, nearly 500 less than the 10-day count.

Within the 4,363 FTEs counted this quarter, roughly 700 are Running Start students and 290 are international students.

The majority of students (58 percent) reported as of the first day that they were attending Highline in hopes of transferring.

Twenty-five percent are attending to gain technical and professional skills; 15 percent are working towards basic skills or a GED; and 5 percent are enrolled for other reasons.

