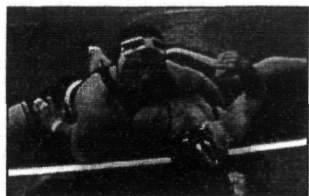


Padgett
wins regional
championship
See page 8



Highline
students swing
to the beat
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The Thunderword

FEB. 15, 2007/VOLUME 47, No. 5/HIGHLINE COMMUNITY COLLEGE

Recycling kicks into high gear

Highline's recycling program is moving forward, cutting down on cost and waste

By ALYSSA HOFFMAN
staff reporter

Highline's recyclables will soon be able to be recycled.

Last spring Highline began to look for companies to dispose of the recyclables on campus.

As of now the only thing being recycled at Highline is paper.

"The Recycling Committee's goal is to also recycle glass, plastic, and aluminum," said Woody Moses, a Highline biology teacher and a member of the recycling committee.

These goals may soon be met. Vendors have been coming to Highline to give proposals.

"On Feb. 6, the request for proposal went out and is due from the vendors on Feb. 28," said Dianna Thiele, Highline purchasing manager. "We will then notify the vendor by March 15 if they are chosen."

College officials haven't said how much the program will cost yet.

"If we receive enough revenue by recycling that will offset any expenses," said Thiele.

Supporters of recycling say benefits will overcome the costs.

"The recycling program will help in every way recycling does. It will reduce a significant amount of trash that is unneeded and will make people more environmentally aware, and hopefully in the end, end up costing less," said Paul Pittman, Student Government vice president and a member of the Recycling Committee.

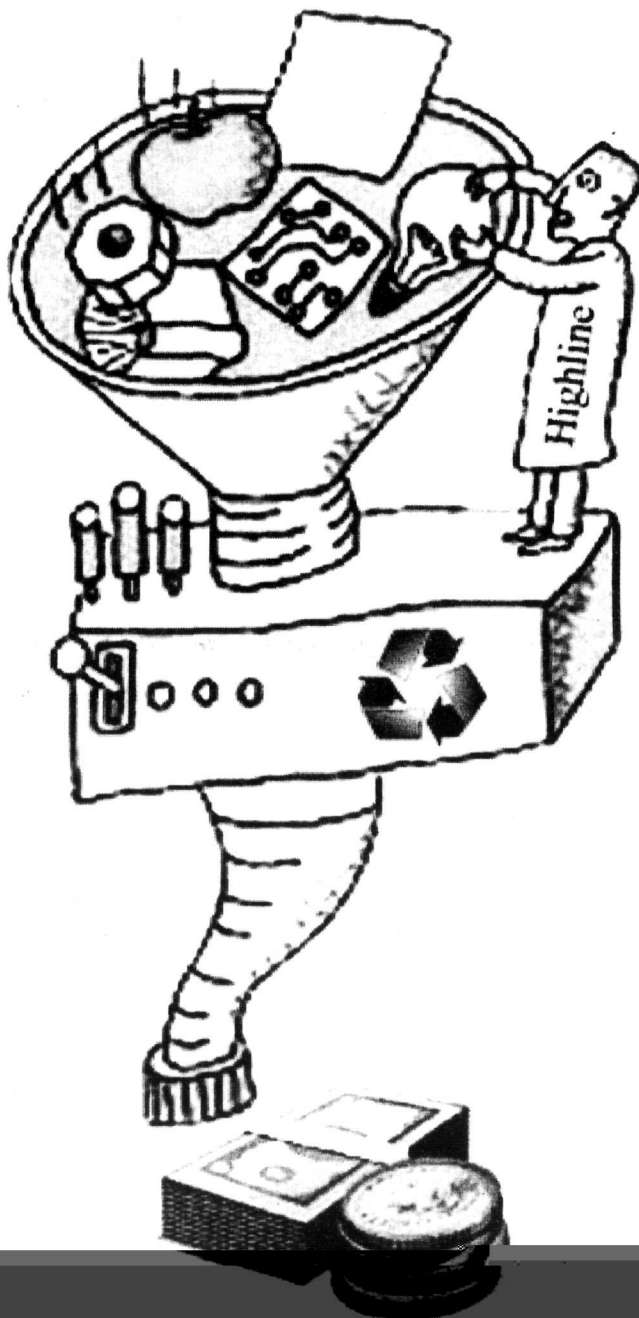
However, being able to recycle these products is not the only goal the

recycling committee has. They wish to take recycling a step further.

The group wants "to educate people on how to reduce waste," said Woody Moses.

The group hopes to "get people more involved in recycling, re-using

SEE RECYCLE, PAGE 16



SUMEYYE UNVER/THUNDERWORD

Committee is short of members

By BRYNN FULLER
staff reporter

With less than a week to go, the S&A Budget Committee is searching for its final members. The S&A committee is "struggling on membership," said Jonathan Brown, associate dean of student programs.

S & A stands for Services and Activities, and the budget that the committee discusses is what roughly 10 percent of each student's tuition pays for.

More than \$1 million is collected to pay for The Thunderword, athletics, child care, and leadership development programs, as well as the multicultural events and clubs that are a part of Highline.

On the committee are three ex-officio members, two student government members, a chairman of budget development, four students, one alternate, two faculty members, and one staff member.

The ex-officio members are Brown, Marta Reeves, budget coordinator; and Tony Castro, dean of students.

Highline Student Government president and vice president Daniel Nordstrom and Paul Pitman are the committee's student government members. Acting as the Chairwoman of Budget Development is Renee Reiche. At this point, the alternate member is unknown.

When asked about specific goals for this year's committee, Brown said the goals were similar to those in the past, "to make sure students have access to programs provided by the S&A budget."

As for challenges the committee faces, Brown said that there have been "no increases in tuition and the S&A is tied directly to that."

In regard to approximately how large the budget would be, Brown said. "It's too early to tell. As of yet, the committee has not yet estimated revenue for the next year. We have not yet received all



Task force delayed until Fall Quarter

By SIMONE SNOW
staff reporter

The Campus Climate Task Force has been postponed.

The Task Force was created by former Highline President Dr. Priscilla Bell to focus on improving campus climate in the wake of negative staff and faculty response on a campus climate survey in

Fall Quarter 2005.

The Task Force would have made further inquiries of staff and faculty through focus groups and then advised the college president of any initiatives needed to make improvements.

Instead, the Task Force was postponed following the firing of Dr. Bell.

"Many things changed during Fall Quarter, which has changed the approach

to this issue," said Lisa Skari, vice president of Institutional Advancement. "The campus community was left a bit stunned and uneasy with the quick departure of Dr. Bell."

Although the work of the Task Force has been delayed, Skari said campus cli-

SEE TASK FORCE, PAGE 16

SEE S&A, PAGE 16

CSI:



HIGHLINE

Armed and dangerous

The Library alerted Security that two juveniles were present in the building with guns on Feb. 13 around 5 p.m. Both were males and had been seen flashing their guns at each other.

Security called the Des Moines Police Department, who arrived at 5:20 p.m. The males left campus, neither are Highline students.

Skater told to skate away from Highline

Security asked a student to stop skateboarding on campus on Feb. 10 around 8 a.m.

Upon this request the student became argumentative and said he would continue to skate on the campus until there was "just cause" for the request. The Des Moines Police Department was called and at 8:30 a.m. the student left campus.

Police presence needed

The Des Moines Police Department was called for assistance by the Security Office on Feb. 8 at 7:40 p.m.

Security requested that the DMPD admonish a juvenile who had threatened to hit a staff member on Jan. 17.

The juvenile left before the police arrived. However, his brother gave the police his name. The juvenile lives close to Highline's campus.

Disoriented woman discovered on campus

A middle-aged female was found by Security in Building 27 on Feb. 7 around 10 p.m. The woman said she'd been flashed by a man in the north parking lot.

She had little ID with her. When asked how she got there, she said that she had taken a cab from Seattle.

Security reported that the woman appeared disoriented or intoxicated, and did not know where she was. She was taken to the south parking lot and shown where to take a bus back to Seattle.

-Compiled By B. Fuller



Highline blood drive successful

Lives have been saved.

A blood drive hosted by the Nursing Program on Feb. 6 at Highline received a total of 47 blood donors, resulting in enough blood to save almost 150 lives.

Out of those 47 people, 21 were first-time donors.

The next blood drive hosted by the Nursing Program will take place on April 4 in Building 2.

Meet Portillo

The Human Resource Center is having an open house for its new Executive Director Cesar Portillo.

Portillo will be involved in recruiting new staff and faculty.

The event is today in the Human Resource Center located in Building 6 from 3-4:30 p.m. Light refreshments will be provided.

Learn to improve

Jean MacGregor of the Washington Center for Improving the Quality of Undergraduate Education will visit Highline to meet faculty and staff involved with environmental studies, sustainability, community-based learning, or service learning and civic engagement.

MacGregor is building a Curriculum for the Bioregion initiative, an inter-institutional effort whose goal is to engage more undergraduates in experimental learning related to environment, community, and sustainability.

She will hold an open, drop-in session. Wednesday, Feb. 21 from 2:30 to 3:30 p.m. in the Faculty Resources Center.

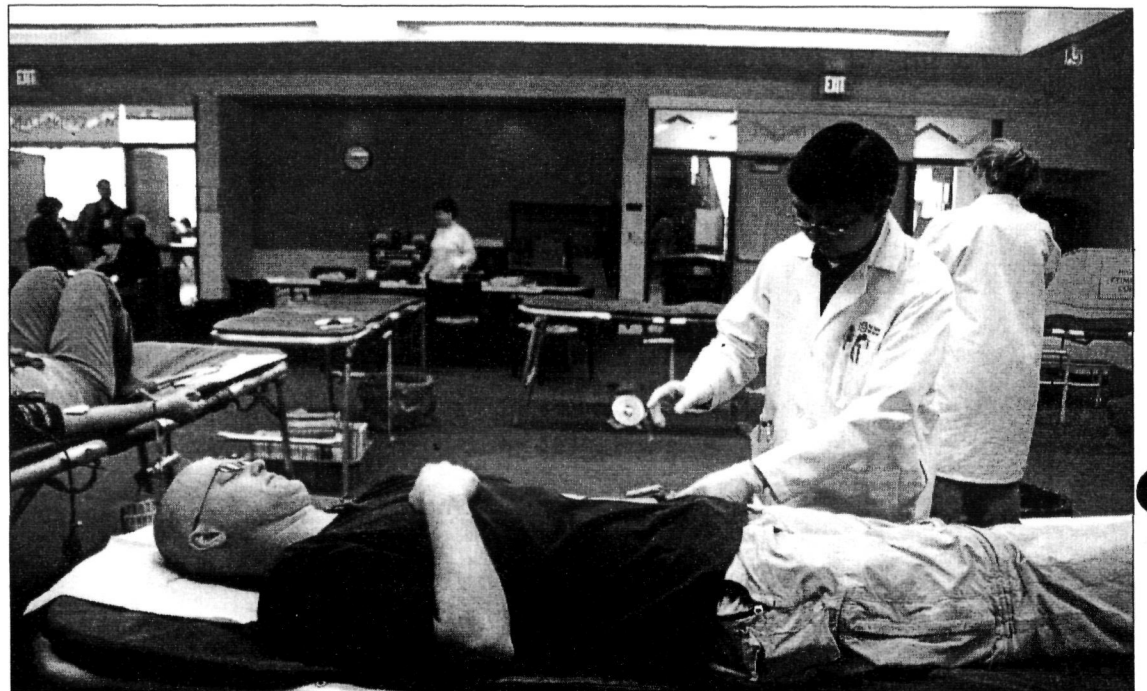
Light refreshments will be available.

For more information, contact Jordan Brenden at 206-878-3710, ext. 3448 or at jbrenden@highline.edu.

Former Highline professor dies

Former biology instructor Marie Gilstrap died three weeks ago. She taught at Highline from 1965 to 1988.

A memorial will be held Sunday, March 4, 3:15 p.m. at University Friends Meeting, 4001



MICHELLE ERICKSEN/THUNDERWORD

A student stretches out on a cot and donates blood at a blood drive hosted by the Nursing Program at Highline in the Mt. Constance room on Feb. 6.

9th Ave NE, Seattle.

Her friends are looking for volunteer help with setup, clean up, bringing food or flowers, and offering rides. To offer help, please contact Jean Buskin, at 206-784-9988, or at bb369@scn.org.

Somalia at Highline

Somalia will be the focus of this quarter's Cultural Café.

The café allows students to tell their stories and answer questions from the audience.

The café will be on Tuesday, Feb. 27 from 1:30-3:30 p.m. in the Mt. Constance room, located on the ground floor of the Student Union.

Refreshments will be provided.

For more information about the Cultural Café contact Laura Manning at 206-878-3710, ext. 6037 or at lmanning@highline.edu.

Listen to the voices of immigrants

Phi Theta Kappa Pi Sigma is extending an invitation to their third Voice Infusion event, to all interested in attending.

This event is titled The Powerful Voices of Immigrants: A Compilation of Personal Stories from Our Very Own Immigrant Community.

The event will be held on March 7 in Building 6, Inter-cultural Conference room from 2:30-3:30 p.m.

Colloquy continues to open doors

The upcoming Honors Colloquy will host Highline's Associate Dean for Student Programs Jonathan Brown.

Brown will be speaking on

how to get involved on campus as part of the series topic of Opening Doors.

Honors Colloquy is on Wednesdays at 12:10 p.m. in Building 7.

Corrections

In the Feb. 1 edition of the Highline Thunderword, Tommy Burdette's name was misspelled.

Co-Opportunity Cooperative Education

Attention!

This just in!
The MOVIN 92.5 & AM 880 KIXI Promotions and Marketing Department is looking for you!

What's the word?

Get the inside scoop. Bring your positive, fun, upbeat attitude. MOVIN 92.5 and AM 880 is looking for fun, enthusiastic, college students with a passion for **marketing, promotion, and/or radio**. What are you waiting for?

Get real world experience while earning real college credit.
Building 6, upper floor

Student Jobs

Water Resources Intern

Job #2498

Off-Campus Work Study. Wage: \$10.00-\$15.00. 16 hrs/wk. Flexible. Complete research projects, data entry and public outreach activities. Skills in word processing, database and spreadsheet programs and exp. in public outreach or environmental education preferred.
Location: Lacey

Youth Athletic Coach

Job #2490

Part Time. Wage: \$10.00-\$15.00. 6 hrs/wk.

If you like playing with kids and playing sports--at the same time--the City of Renton, Community Services Dep., Recreation Division is looking for people to coach youth in basketball, soccer, baseball and track & field.

Location: Renton

Radio Promotions Intern

Job #2495

Are you into radio broadcasting, marketing and promotions? Would you like to work in an environment that is fast-paced, fun and gives you an inside look at how a radio station works? Then expand your mind and your resume with an internship at Q-Country 102.9. (You can earn college credit, too.) Internships are available in Summer, Fall, Winter and Spring.
Location: Tacoma



For additional information log on to Interfase at <https://www.myinterfase.com/highline/student>

International student finds herself at Highline

By GARNET WONG-WOO
staff reporter

Seeing her bright, beautiful smile, soft facial features, and hearing her warm friendly voice, people meeting Dulanjalee Seneviratne for the first time might not guess that she was quite shy when she first started attending classes at Highline.

She had every right to be bashful, though; after all it was her first time being enrolled in an American school.

Seneviratne is an international student from Sri Lanka who started Highline in Winter Quarter 2006.

She's a member of the International Student Leadership Council and is editor of the international student newsletter The Mosaic.

Like most of the international students, Seneviratne found the social challenge of coming to the United States to be very difficult.

She said once you've overcome the obstacle, though, it's really rewarding.

Seneviratne said she has metamorphosed from being that newbie international student starting at Highline to the more social person she is today.

"I've come a very long way.... So I was really overwhelmed and like social wise I was very lonely. And I thought to myself, 'Was this the right decision that



NICHOLAS DOLAN/THUNDERWORD

Dulanjalee Seneviratne is not only a member of the International Student Leadership Council but she is also the editor of The Mosaic.

I made?" But when I started working here (at International Student Programs) I couldn't be

like that anymore. I just had to go out and, like, talk to people. I've come a long way," Senevi-

ratne said.

She recalls the difficulty of meeting people and making new friends.

"Meeting people was so difficult. I never imagined that. I thought that if I came here it would be so easy to meet people.

"But I think that since I was very shy I never made an attempt to go meet people. I expected them to come and talk to me and it didn't work that way," Seneviratne said.

She even thought that people were arrogant since they didn't take any actions toward the first step in trying to form a friendship with her.

She said that later on she saw that this wasn't the case, instead others were just as shy as she was. People were unsure if she was a friendly person who wanted to talk with them or not.

By getting advice and tips from a friend, who was a former International Leadership Student Council member, Seneviratne said she realized the importance of interacting with others.

She slowly began to make friends and has broken down those social barriers.

"You have to stand in front of people, you need to interact with them. You need to show the good side of your personality. So it's very important to talk with people and to be friendly to

them. So I think I've overcome the challenge," Seneviratne said.

She said she really enjoys the diversity and how people have adapted to different cultures here on campus.

One of the best things she has learned is how people can relate to one another.

"No matter what differences you have everyone is the same you know? They go through the same experiences, same family experiences, and same educational challenges/barriers. So it's just learning to accept the fact that no matter where you are a girl's a girl, a guy's a guy. We all relate to each other," Seneviratne said.

"Finally it just all comes down to that you're all the same. No matter how you look, how you talk, what accents you have. You're all the same. That's one of the best things I've ever learned."

For those who want to read and learn more about international student experiences, The Mosaic comes out twice a quarter and can be picked up in either Building 9 at the International Student Programs office, or in Highline's library.

There's also an electronic version of the newsletter online, which can be accessed, at <http://www.highline.edu/stuserv/international/thunderworld/the-Mosaic.htm>

Program provides services to international students

By GARNET WONG-WOO
staff reporter

International Student Programs offers not only the chance to study in The United States for international students, but also support and guidance on how to adjust to the American lifestyle.

"Our programs provide a lot of support. Like, we give them information about housing, how to live here in the United States, what to watch out for, the weather difference, what kind of clothes they need — those kind of things," said Mariko Fujiwara, director of International Student Programs.

By advertising in several different countries International Student Programs offers international students the opportunity to study in The United States.

The program provides services that help international students with their transfer process as well as adapting to American culture.

Currently, International Student Programs advertises in

Japan, Korea, Taiwan, Hong Kong, Vietnam, and Thailand. They're also looking into recruiting students from European countries such as Turkey.

With 290 international students, and more coming to Highline every quarter, International Student Programs staff members say they try their best to provide useful resources and help.

Certain steps are taken to make the transition smoother for international students transferring to the United States for an education.

The first step is to introduce Highline to the world, Fujiwara said.

She said this is achieved by marketing, in various countries, the chance for international students to come to The United States and get an education.

The second step is that Fujiwara and the marketing representative will go to the different countries to recruit students. Like typical American students, international students can

choose which college they want to attend.

The third step is International Student Programs will admit students who want to come to Highline. Then they will assist them by giving information on how to apply for visas and what kind of documents they will need to have.

The fourth step is to help students with issues such as housing and registering for classes.

The fifth step is to give social support for international students. Since most international students don't have relatives or any friends yet when they come to Washington, International Students Programs hosts activities and gatherings for them. The events are coordinated by the International Leadership Student Council, which is made up of international students themselves.

One type of event that International Leadership Student Council members put together is GlobalFest, previously known as International Night.



Mariko Fujiwara

GlobalFest is a night where people celebrate and share their culture with others through displays, performances, and food.

Another type of activity that International Student Programs offers every Fall, Winter, and Spring Quarter is the Conversational Pal program. Students interested in learning about various cultures sign up for the program at the beginning of the quarter.

Conversational Pal gather-

ings are held once per week for one hour throughout each quarter.

How this works is that international students, American students, faculty, and staff are put into groups of two or three to talk and learn about one another's culture.

For those who are interested in the next event International Leadership Student Council members will be hosting there is an upcoming semi-formal dance called Enchanted Winter Night. It will be Friday, Feb. 23 from 7-11 p.m. on the first floor the Highline Student Union building.

The Mt. Constance Room will be decorated if anyone wants their photo taken for free by a student photographer. The dance is open to everyone, not just international students.

Singles are welcome to attend as well as couples. Tickets are \$10 and \$18 for two tickets. To purchase tickets, drop by Building 9 at the International Student Programs office.

Editorial comment

Time to say goodbye to common numbering

Highline's faculty has officially voted against Common Course Numbering.

Common Course Numbering would renumber and rename the 34 community and technical college's equivalent courses with the same course identification number and title.

It's an effort by the State Board to make the transfer between the community or technical colleges easier on students.

The State Board's proposal is well intentioned but when all is said and done, common course numbering will create loads of work with little payoff. All 34 community and technical colleges currently have a system in place with state universities that easily allows students to transfer after completing their degrees.

Last week Highline faculty members voted unanimously to pass two resolutions opposing common course numbering.

The two resolutions that passed were to make faculty responsible for naming course numbers, and the other was to create a simple web based table instead of the new number system.

This "virtual crosswalk" would allow students to easily check to see how their credits will transfer when they decide to apply to a university. This would be a much cheaper and more practical approach than Common Course Numbering.

Common Course Numbering would require a complete change in all college course publications, which would cost Highline a lot of money and time, and we are understaffed as it is.

Another problem with Common Course Numbering is that the four-year universities have nothing to do with it.

Why replace a system that works with the universities, with one that does not?

Common Course Numbering would be more beneficial to students that want to transfer from one community college to another.

This is an issue students should be paying closer attention to.

In some cases many students will have to retake courses when they transfer to a university, because they did not check to see if a particular class they took would transfer correctly.

This can be a waste of time and money, and can also put some additional strain on them. They can easily avoid this by seeking the help of Highline advisers instead of guessing what they need to take when they go to register, and by researching on the requirements for the universities they plan on applying to.

It could also have a drastic affect on classes at Highline. In some cases instructors would have to alter their curriculum, or have to completely eliminate a class.

Staff

"Yeah I'm petting your foot, dude, that's suede."

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The geek shall inherit the earth

Commentary



DAVID BIEHN

1964).

Some will even buy memorabilia off eBay, like an exact replica of the FBI badges worn by Mulder and Scully.

Some may think that it's an absurd way to spend money, but is it any more irrational than paying \$500 for a Gucci bag? It's just a matter of if you can afford it as far as I'm concerned.

Finally there are the die-hard fans who believe nothing else in the world exists besides their passion, like Lord of the Rings for example.

These guys will wait for hours in line for tickets to the first midnight showing, dressed as their favorite characters, having conversations in elvish, and airing their grievances on how Peter Jackson took out their favorite parts from the book.

The stereotypical geek is based mostly on this type of person. If any person dares to speak ill of a geek's obsession, they'd better prepare themselves for a one-sided debate where nobody really wins.

When you really look at it though, are these people any different than the Seahawk fans you see with their faces painted while wearing the jersey of their favorite player?

They also will wait in the rain to buy tickets for games,

and if you dare wear the rival team's jersey, you'd better be a fast runner.

I am a slightly above moderate-interest Star Wars geek. I was introduced to this universe at the age of 8. Like most American adolescents I instantly fell in love with the characters, space battles, and lightsaber fights.

Over time most of my friends outgrew Star Wars. I on the other hand had to have more, and that's when the notorious prequels arrived.

Refueling my love for the franchise, I began my quest to obtain as much useless crap pertaining to the movie as I could. EBay was the black hole that my wallet could not escape.

Soon enough I was able gain control, and limit my spending. Now I mostly buy shirts with an obscure Star Wars reference on it.

I figure if I'm going to buy something at least it could be something functional.

Understand though that this is not a rationalization for the actions of the obsessed, rather it is an attempt to shed some light on common ground between different types of people. There is no need to pick on those who seem to be in their own little world, even if it is in a galaxy far, far away.

David likes to vacation in the Geek Islands.

Write to us!

The Thunderword encourages letters to the editor and columns from the college community. Please include contact information as all submissions must be confirmed as belonging to the author(s). Deadline for submissions is Monday of each week. E-mail your submission to thunderword@highline.edu

Swingers dance nights away at Century Ballroom

Seattle dance palace brings back sounds and steps of a different time

By SIMONE SNOW
staff reporter

Jazz music, the Charleston, and the Lindy Hop have brought some Highline students out of the 21st century and sent them back to the mid-1900s, dancing all the way.

Dances held at Century Ballroom for over six years in Seattle featuring swing dance have several students making the trip into the city for what they say is a unique experience that will have everyone in attendance grooving around the room.

"I started going last summer. I love it. It's fantastic," said Caitlin Elya, a Highline student. "I try to go up every Sunday."

Swing dance began in the 1920s with dances such as the Charleston and the Lindy Hop set to jazz and big band mu-

sic. Its popularity continued to thrive in the '30s, '40s, and '50s with the creation of new dances such as the Jitterbug.

"Swing is a more generic term used. Lindy Hop, East Coast Swing, West Coast Swing, Jitterbug are all terms used to describe variations on a theme. It's a social activity that's good for the soul," said Hallie Kuperman, the ballroom's owner.

Century Ballroom regularly hosts a swing dance on Sunday evenings that about 300 people of all ages attend, reviving the swing era for a night.

A half-hour swing dance lesson for beginners precedes the dance at 9 p.m. However, Elya said even if someone is not well rehearsed in swing dance, they can still enjoy themselves.

"I've met a lot of people there, so there's also a social



PHOTOS COURTESY OF WWW.CENTURYBALLROOM.COM

Century Ballroom regulars swing dance the night away at Century Ballroom in Seattle.

reason to go," Elya said. "It's a really fun way to meet people."

Dance partners are often swapped, which Elya said not only gives everyone a chance to meet new people, but makes dancing more interesting by getting the opportunity to try different styles of swing dance.

"Everyone has their own style," Elya said. "A lot of [people] incorporate different movement styles."

The dances are often crowded, Elya said, with 30 to 40 couples on the dance floor at a time, jiving to the sounds of jazz.

Elya said the music is a big draw for her since jazz and big band music is not commonly heard, "unless you're at a wedding," Elya said with a laugh.

Century Ballroom occasionally features live music and big bands such as The Radio Rhythm Orchestra that Elya said

gives the room a vibe straight out of the mid-1900s.

"The DJ does a good job, but there's nothing like a live band," Elya said. "I just like to move and I like that kind of music. I like the atmosphere there."

After being left "traumatized" by high school dances, Elya said Century Ballroom was "classy" and a welcome relief.

Highline student Jonathan Lee said he agrees.

"I would recommend it to others. It's fun," Lee said. "If you want to go dancing in a PG setting and are tired of all the bumping and grinding, it's good."

Adding to the ambiance of the experience, at the swing dances, the women stand on the sidelines to be formally asked to dance by the men.

"When you're not dancing, you're sitting on the sidelines

talking to people you don't know and your friends," Lee said. "You meet a lot of cool, new people. It's fun."

Century Ballroom is located at 915 E Pine St. Seattle, 98122.

The swing dances are held every Sunday in the main ballroom on the second floor, from 9:30 p.m.-12:30 a.m. and is open to all ages. Swing dances are also held for ages 21 and up every Wednesday night from 9:30 p.m.-midnight.

Admission to the dance costs \$5.

For more information, call Century Ballroom at 206-324-7263, or visit their website at <http://www.centuryballroom.com>.

"If you go, you'll have fun," Lee said. "If you like jazz and have nostalgia for the '30s and '40s ... you'll love it."



Century Ballroom attendees perform the Jitterbug during the Sunday night Century Swing.

Burien Little Theatre presents a new kind of mafia in 'Thugs'

By AUDRA PATTERSON
staff reporter

The premiere of the new musical version of *Thugs* will be at the Burien Little Theatre this Friday and will run through March 11.

Written by local playwrights Kim Douglass and Dave Tucker, this mafia farce is set in Chicago, 1929. Tucker will be directing the play along with Douglass as the musical director.

The play was adapted from an earlier play by Tucker.

The original was produced here in Burien and later in San Jose, Calif. Add a few idea suggestions from Douglass and her music, and you have the new *Thugs* production.

The Burien Little Theatre

and its predecessors have been providing Burien with theater for 51 years. This is season No. 26 under the Burien Little Theatre name.

A not-for-profit organization, their goal is to entertain and educate, according to their website.

The cast of *Thugs* includes Katie Murdock Edwards, Mark Banton, Jennifer Hill, Anna Marie Devine, Adam Othman, Eric Grimes, Nick Fuchs, Jeff Pray, Shane Regan, and Christian Doyle.

Thugs is a comedic musical poking fun at the mafia, while weaving in Shakespearian themes. The houses of Montague and Capulet, made famous in *Romeo and Juliet*, are turned into two mob families.

"It takes some recognizable threads from classics and puts a funny twist on it," Katie Murdock Edwards said.

Edwards will be playing Julia in the play, the daughter of one of the mob bosses. Contrary to the innocent Juliet the part was derived from, her character is "kind of a smart mouth," said Edwards, "but a pretty down-to-earth girl."

"It is definitely fine for family. There are adult nuances, but they are subtle," Edwards said. Edwards has been casually acting since she was around 5 years old, but has more background in singing.

She has been studying operatic singing for a total of 18 years now. Edwards graduated from college with

a concentration in music. Nick Fuchs is playing Joey in this family-friendly musical.

"He's the average guy, that's why his name is Joe," said Fuchs. This is Fuchs' first production with Burien Little Theatre.

"What really attracted me to them was the show, it's new," Fuchs said. "You don't get the opportunity to do something like that, especially musicals."

Fuchs is the president of the board for the Savoyards, where he has done several other productions. He plans to continue acting in community theater.

"I like the community theater, I can still keep my day job," said Fuchs.

The band for the play is composed of Tom Prince, Harry

Parker, Ellis Johnson, and Carl Corcoran.

Costumes are by Tracie Boyd and Carol Zebold. The choreography is by Clay Sales.

JJ Ennis is the light designer for the play and Nathan Rodda is the stage designer.

Performances are held at the Burien Community Center on the corner of 4th Avenue Southwest and Southwest 146 Street.

Shows are Fridays and Saturdays at 8 p.m. and Sundays at 2 p.m.

The next play by Burien Little Theatre will be *Visiting Mr. Green* by Jeff Baron, running from May 18 to June 10.

Tickets range from \$17 to \$20. For tickets or more information, visit burienlittletheatre.com.

Bake an angelic cake for a devilish taste

If you've been naughty lately, polish your halo with an angel food cake.

An angel food cake is made with just egg whites so it will be less dense than most other cakes.

These cakes are perfect for almost any occasion and there are many variations that you can try.

Only using eggs whites mean that the cake will be low in fat and cholesterol. The recipe will also use less flour than most cake recipes.

Angel food cakes, like bundt cakes, are made with a special pan.

An angel food cake pan, or a tube pan, can be purchased at any store that sells kitchenware products. The prices for the pan range from \$15-\$30.

Some terms in recipes for these cakes will find include, separating eggs, beating egg whites, and sifting dry ingredients.

To separate the egg whites from the yolk, you can do it traditionally by cracking the egg in half and using them to transfer the yolk from one half to the other.

An easier way is using an egg separator which is a tool that is specially designed for separating. You just crack the egg and pour it in and the whites fall through and the yolk remains.

Do not use pasteurized egg substitutes, because they will hinder the cake from rising.

Recipes will sometimes refer to the egg whites having soft peak or being stiff but not dry.

This happens while beating

Big Jo's Kitchen



JOCIE OLSON

the eggs.

The first step in beating egg whites is making sure the bowl and the beaters are clean and dry. Also, there should be no trace of egg yolk in your egg whites; this will prevent your egg whites from whipping properly.

Make sure that your whites are at room temperature because warm eggs will get more volume. When beating the eggs, start off slow and gradually speed up.

The egg whites will form soft peaks, when the tips of the peaks fall over, after the beaters are removed.

Egg whites will become almost stiff when sharp peaks form when beaters are removed. Stiff but dry is when sharp, stiff peaks form when the beaters are removed.

It depends on each individual recipe whether the peaks are stiff or soft.

Recipes will tell you to sift the flour or other dry ingredients; this removes the lumps, adds air, makes measuring uniform, and allows the dry ingredients to be fully moistened when the liquid is added.

It is also important to know when to sift the flour. A recipe that calls for "one cup flour, sifted" is different from one that calls for "one cup of sifted flour".

The first one means that the flour is sifted after measuring while the second one means that the flour is sifted prior to measuring.

For a basic angel food cake try this one:

- 1 ½ cups of egg whites (12-15 eggs)
- 1 ½ teaspoons of cream of tartar
- 1 cup of granulated sugar
- 1/8 teaspoon of salt
- 1 teaspoon of vanilla
- 1 cup of flour
- 1 ½ cup of confectioner's sugar

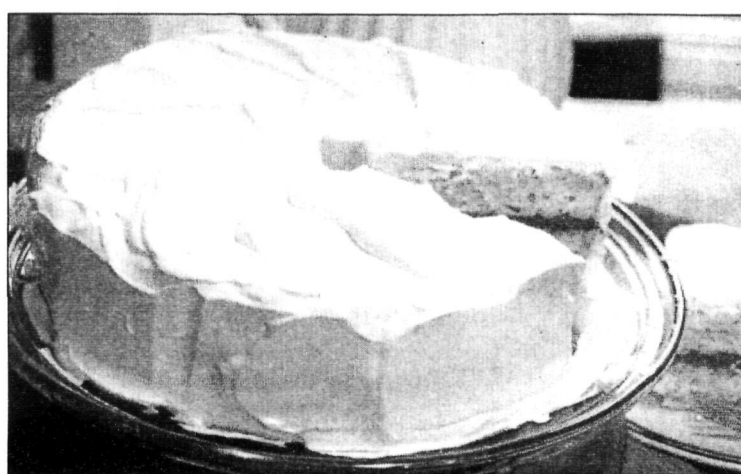
Beat eggs until foamy and add cream of tartar, beat until stiff.

Add granulated sugar a little at a time. Add salt and vanilla.

Mix together flour and confectioner's sugar. Sift into mixture and fold in.

Bake in an ungreased tube pan for 65 minutes at 325°. Remove from the oven and invert pan on a cooling rack.

For a nice variation of this angel cake, you can slice the cake in half length wise and spread any flavor of pudding or



jam as a filling. Frost with an 8-ounce container of whipped topping. Allow cake to chill for about 1 hour.

If you are more adventurous you can make a chocolate filling, just follow this simple recipe:

- 1 package (6 ounces) of semisweet chocolate morsels
- ¾ cup of sour cream at room temperature
- 2 teaspoons of strong black coffee, optional
- 1 teaspoon of vanilla extract

Melt chocolate morsels in a double broiler over simmering water. Add sour cream to melted chocolate and stir mixture until smooth. Stir in coffee and vanilla.

Let chocolate mixture cool until it thickens slightly.

Coffee lovers should try this coffee angel food cake:

- 1 ½ cups of sugar
- 1 cup of flour
- ½ teaspoon of salt

- 1 ¼ cups of eggs whites (10-12 eggs)
- 1 ½ teaspoons of cream of tartar
- ½ teaspoon of vanilla
- 1 tablespoon of powdered instant coffee

In a small bowl, mix ½ cup of sugar to flour. Add salt to egg whites and beat together until foamy. Sprinkle cream of tartar over eggs and continue to beat until soft peaks form.

Sprinkle 1 cup of sugar over the mixture, ¼ cup at a time and blend carefully, about 20 strokes at a time. Fold in vanilla and coffee.

Sift flour and sugar mixture over the egg whites a small amount at a time. Fold in lightly, about 10 strokes each time.

Pour into an ungreased tube pan. Use a knife and cut through the cake to make sure that there are not any large air bubbles.

Bake at 350° for 35-45 minutes. Remove from the oven and invert pan on cooling rack. Once cake is cooled, remove from pan.

Blend brings trip-hop to the Bistro with artist Trick Deck

By ALICIA MENDEZ
staff reporter

Trick Deck plans to fill the Blend with a new beat.

Trick Deck includes Highline student Michelle Searle, and her band mate Mark Wand.

The Blend is a musical venue put on by Student Programs. Every other Wednesday a different musical artist plays in the Bistro of Building 8 from 10 a.m. to noon.

This quarter the Blend has taken a different route, and has only had Highline students as the artists.

"I heard that they were looking for students, so I got excited," Searle said. "Then he said they wanted more female artists. I was glad that they decided to let more students start doing the blend."

Unlike much of the music that has been at the Blend, Trick

Deck has a different kind of vibe. Many shows they normally play include raves, and other kinds of club scenes.

"There's not one particular genre we do. It will be interesting to see how students react because we have tendencies to play mostly raves," Michelle Searle said. "We're kind of bringing the club to the school."

If Trick Deck were forced into a genre, it would definitely be trip-hop, and/or electronica. It has the techno bass that at the right volume level sets anyone's heart to a new pace.

Mark Wand of the group plays all the instruments, and does all the dubbing.

Searle is the vocalist, and also writes much of their lyrics.

Searle says much of her lyrics are about the same stuff anybody finds themselves writing about.

"I'd have to say the same as

most, love and life and trying to remain intelligent choices you make about life," Searle said.

Trick Deck has been together now for a little over a year. Each of their songs lean toward a genre, some songs even lean toward a hip-hop vibe.

"I think that we have a lot of different styles, that we kind of flow," Searle said. "I enjoy performing all of them just because they're all different."

To get a taste of something

different, check out the Blend in the Bistro next Wednesday at 10 a.m.

"It will definitely be different from what the students are used to seeing," Searle said.

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

	-		x		25
+		x		x	
	+		÷		3
x		-		+	
	x		-		10
20		25		19	

DIFFICULTY: ★
★ Moderate ★★ Difficult
★★★ GO FIGURE!

1 2 3 4 4 5 7 8 9
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1. MOVIES: What are the O.W.L.s in the Harry Potter movie and book series?
2. LANGUAGE: What does the Latin prefix "brevi" mean?
3. BUSINESS: What does the acronym AMEX stand for?
4. GAMES: How high is the top of the net in men's volleyball?
5. GENERAL KNOWLEDGE: What is the name of the University of Tennessee's mascot, a Blue Tick hound?
6. GEOGRAPHY: What is the capital of Cyprus?
7. FASHION: What is the name of the sash traditionally

- worn with a kimono?
8. MEDICINE: Hemophilia is an inherited disorder of what?
9. NATURAL WORLD: What is a pompano?
10. LITERATURE: Who wrote the satirical essay "A Modest Proposal"?

10. Jonathan Swift
9. A type of fish
8. Blood coagulation
7. Obi
6. Nicosia
5. Smokey
4. Eight feet above the floor
3. The American Stock Exchange
2. Short
1. Standard tests

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Arts Calendar

•The Auburn Symphony Orchestra will present its 10th Anniversary Pops Concert, Saturday, Feb. 17, 7:30 p.m. at the Auburn Performing Arts Center, 700 E. Main St.
This year's special guest, Eileen Ivers, a Celtic fiddler, will perform with the orchestra.
Ticket costs range from \$13 to \$20 and are available through Auburn Parks, Arts and Recreation, Monday through Friday from 8 a.m. to 5 p.m. A limited number of \$5 "rush" tickets will be available at the door for only 30 minutes before curtain.
For more information call 253-931-3043. or go to www.

auburnwa.gov/arts.



•Singer-songwriter Karla Bonoff performs Friday, March 9 at 8 p.m. at the Kentwood High School Performing Arts Center, 25800 164th Ave. SE, Covington. Tickets are \$18 for adults and \$16 for students and seniors. Tickets may be purchased at the Kent Commons, 525 4th Ave. N., Kent, or by phone with a

Last week's

Go Figure!
answers

9	-	4	x	5	25
+		x		x	
1	+	8	÷	3	3
x		-		+	
2	x	7	-	4	10
20		25		19	

Weekly SUDOKU
Answer

4	2	6	9	5	3	8	7	1
3	8	7	2	1	4	9	5	6
9	1	5	8	7	6	4	3	2
5	7	4	1	6	8	2	9	3
2	9	8	5	3	7	6	1	4
6	3	1	4	2	9	5	8	7
8	4	2	7	9	1	3	6	5
1	6	9	3	4	5	7	2	8
7	5	3	6	8	2	1	4	9

On The Line

Across

- 1 Peyton Manning
5 Parimutuel ticket
9 Units of electricity
13 Cosmetic ingredient
14 Saint's halo
15 Follows good or bad
16 Where guards often meet
20 Haze
21 Board game
22 Passed with flying colors
23 Persuade
24 Attention getter
25 Good luck charm
28 Electrical device
29 Follows long
32 Relating to the nose
33 Dorothy's dog
34 30 Rock's Baldwin
35 Risky thing to cross
38 Goes astray
39 Chianti, e.g.
40 Ohio city
41 Drink slowly
42 Optical device
43 Room divider
44 Republic of Ireland
45 Poe, e.g.
46 Bakery offering
49 Positive
50 Garment
53 Place to sign
56 Joint
57 Assist
58 Gambler's ratios
59 Roar
60 Barks
61 Start a computer

Down

- 1 Barnyard resident
2 Mixture
3 Wall Street position
4 Ball support
5 Impudent
6 Twain character
7 Bruins Bobby

Crossword 101

By Ed Canty

1	2	3	4		5	6	7	8		9	10	11	12
13					14					15			
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			44					45					
46	47	48				49				50	51	52	
53					54					55			
56					57					58			
59					60					61			

- 8 Lower part of an interior wall
9 Acknowledge
10 Dinner
11 Senate worker
12 Vehicle
17 1984 author
18 Italian car
19 Surgical covering
23 Wedges of cheese
24 Picnic area
25 Mountain range
26 New Zealand resident
27 Seize authority
28 Elton & Olivia-Newton
29 Flared skirt
30 Aladdin's find
31 Indian, for one
33 Cord
34 Lively
36 Routine
37 Outperform
42 Old money in Florence
43 Mad
44 Ms. Merman

- 45 Light golf strokes
46 Jail
47 Cornerstone word
48 Fret
49 Precedes dance
50 Rover's brother
51 Computer command
52 Take a break
54 Japanese sash
55 Tennis stroke

Quotable Quote

Last year I went fishing with Salvador Dali. He was using a dotted line. He caught every other fish.

... Steven Wright

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•Olympia artist Betty Jo Fitzgerald's paintings of

agrarian landscapes will be on display through March 9 at the Centennial Center Gallery, located at 400 W. Gove St., Kent. The paintings are from her "Road Tableaux" series.
•Got arts news?

Send items to the Thunderword at tword@highline.edu. Deadline is Monday of each week for Thursday's paper.

Last week's crossword solution

GREAT IDEAS

S	A	G	A		W	A	F	E	R		T	E	S	T
K	I	R	K		A	C	U	T	E		R	A	L	E
I	D	E	A		G	R	E	A	T		B	A	S	I
T	E	A			N	O	E	L			A	D	E	P
					T	H	I	N	S		T	O	T	E
S	A	L	O	N						F	O	O	T	R
I	N	A	N	E		P	A	P	P	Y		G	O	V
T	I	K	E		P	A	C	E	S		A	R	I	A
U	T	E			S	E	D	E	R		S	P	E	N
P	A	S	S	P	O	R	T				L	E	A	S
					T	U	N	E		S	N	O	R	T
O	T	H	E	R		G	O	A	T		T	A	B	
G	R	E	A	T		F	A	L	L	S		W	I	R
L	O	A	D			A	W	A	I	T		O	M	E
E	D	D	Y			T	E	D	D	Y		N	E	A

Weekly SUDOKU

by Linda Thistle

	6			5		4		
		3			1		6	
4			3					5
	5			6	9			7
7			4			2		
		1			5		9	
8			6			3		
	3			2			8	
		2			8		7	4

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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THE THUNDERWORD/FEB. 15, 2007/PAGE 8

Padgett takes region title; Highline fourth

T-Birds send six to nationals

By KORY FARRELL

staff reporter

YAKIMA - Despite the trials and tribulations of the regular season, Highline's wrestlers proved that they deserved to be on the mat with the best of Region 18 last Saturday, Feb. 10.

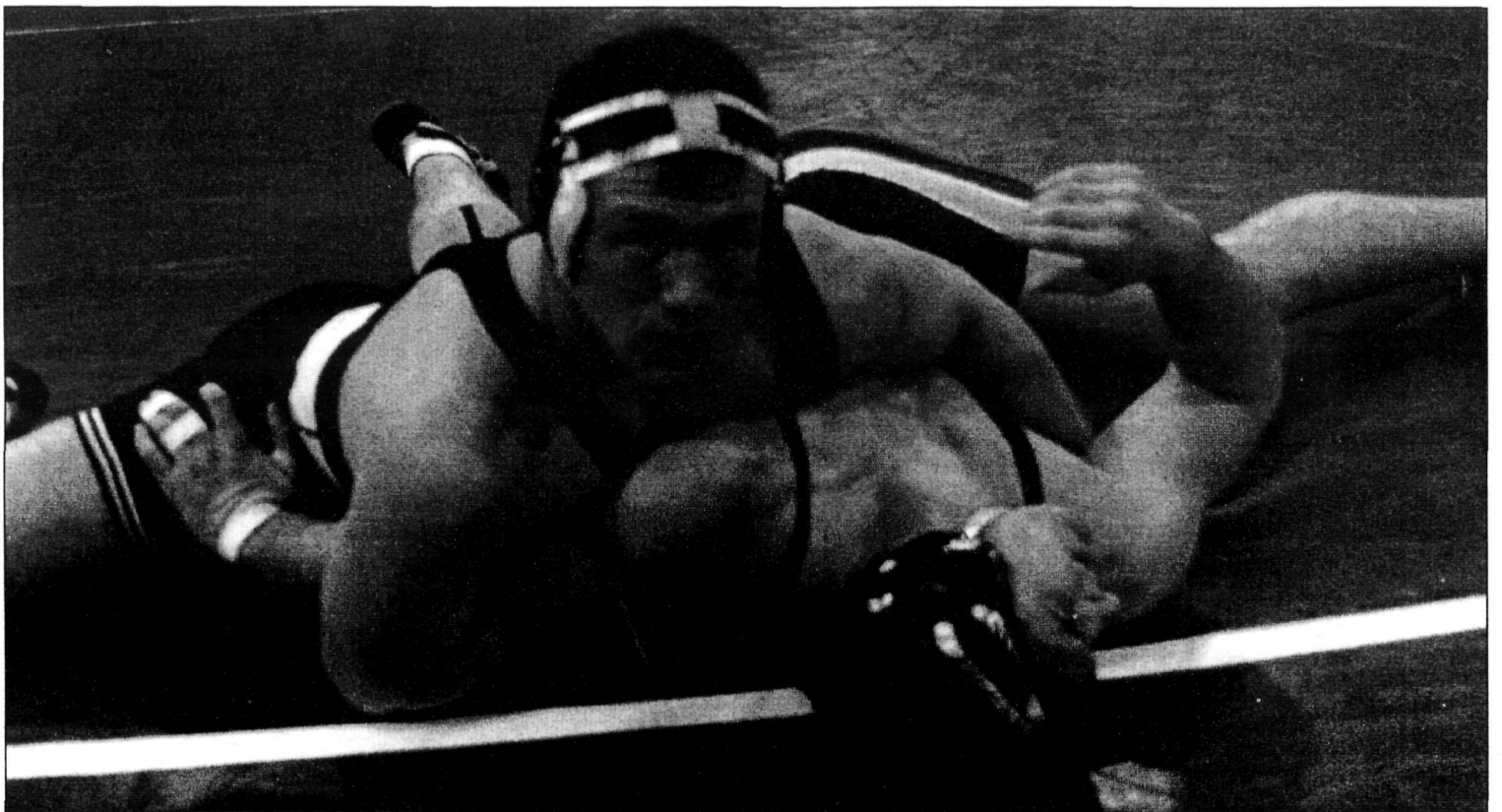
Highline's Brad Padgett repeated as champion at the 184-pound weight class, and earned the title of Most Outstanding Wrestler of Region 18 for the second year running as well.

Sharing in Padgett's success was T-Bird 197-pounder Zach Nims, who made it to the finals before being defeated by Evan Mattingly from North Idaho for a second-place finish.

T-Bird 149-pounder Michael Markey also qualified for the national tournament, working his way past tough opponents to a third-place berth.

Highline 157-pounder Justin Studer, 165-pounder Pano Dreves, and 174-pounder Lionel Orji all received wild-card invitations to the national tournament for their outstanding performances as well, despite not breaking into the top three. In total Highline qualified six wrestlers for nationals, Feb. 23-24 in Rochester, Minn.

Markey, Studer, Orji, and Padgett were all four national qualifiers last year, with Padgett earning fifth in the nation and All-American status.



MICHELLE ERICKSEN/THUNDERWORD

Highline's Brad Padgett scores a near-fall in the final against North Idaho's Kyle Sand.

North Idaho took the overall team title with 172.5 points, followed by Southwestern Oregon with 128.5, Clackamas with 116.5, Highline in fourth with 86, Pima fifth with 77.5, and Yakima Valley sixth with 63.5.

Each team had the opportunity to bring 10 wrestlers to the regional tournament, one from each weight class, from 125 to 285. Highline took nine, forfeiting at 125.

Representing Highline were Jacob Laroy at 133, Nick Harteau at 141, Michael Markey at 149, Justin Studer at 157, Pano Dreves at 165, Lionel Orji at

174, Brad Padgett at 184, Zach Nims at 197, and Roy Chambers at 285.

Padgett reached the finals with a first-round bye, then hammered Pima's Travis DeGroat 13-1.

Padgett's championship match was easily among the most exciting of the tournament, pitting the top two wrestlers in the nation at 184 pounds. Padgett's opponent, North Idaho's Kyle Sand, also is a former regional champ at 197 pounds.

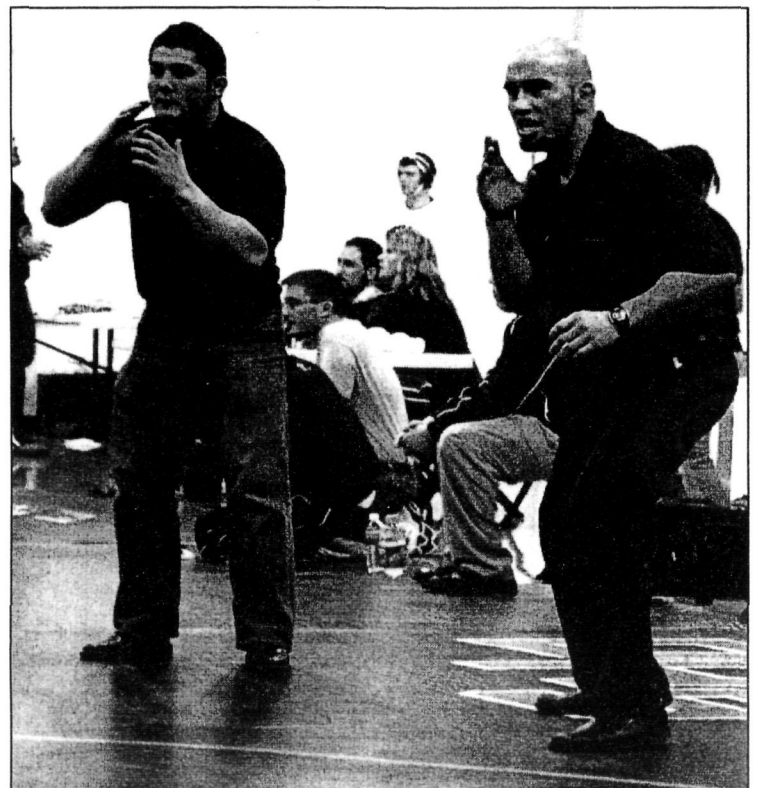
The wrestlers circled, Sand fending off Padgett's arsenal of offense. First blood was struck as Sand managed to take Padgett to the mat, but the T-Bird All-American escaped without much trouble, circled, and sprawled to defend another Sand takedown attempt. The first round ended 2-1.

At the beginning of the second round Padgett started in dominant position, but couldn't keep Sand on the mat, as an escape gave the Cardinal a 3-1 lead.

Padgett took Sand to the mat once more, tying it at 3-3, but Sand escaped once more for a one-point lead.

Padgett then scored an escape from Sand, and took him down for a two points. Sand escaped again to bring the score within one point at 6-5.

As the final minute came, Sand wrapped up Padgett, working desperately against the clock to get a takedown. Both the Cardinals, the T-Birds, and the fans roared their support as Padgett and Sand both stood almost completely upright, a dangerous position in wrestling, arms locked around each other



MICHELLE ERICKSEN/THUNDERWORD

Highline coaches Scott Norton, right, and Steve Hadsel yell directions.

as each sought to bring the other to the ground for a victory.

It was Padgett who gained the upper hand, slamming his Cardinal opponent to the mat almost as thunderously as his supporters cheered in response. It was all Sand could do to fight from being pinned as the final seconds ticked away, giving Padgett the victory.

Padgett entered the tournament ranked second, as the last time the Cardinals came to Highline, Padgett did not face Sand.

"They seeded him No. 2, which is completely ridiculous, he's clearly the No. 1 ranked wrestler," Highline Head Coach

Scott Norton said. "But that Sand kid's tough. We're going to have to go back to the drawing board and redo some things."

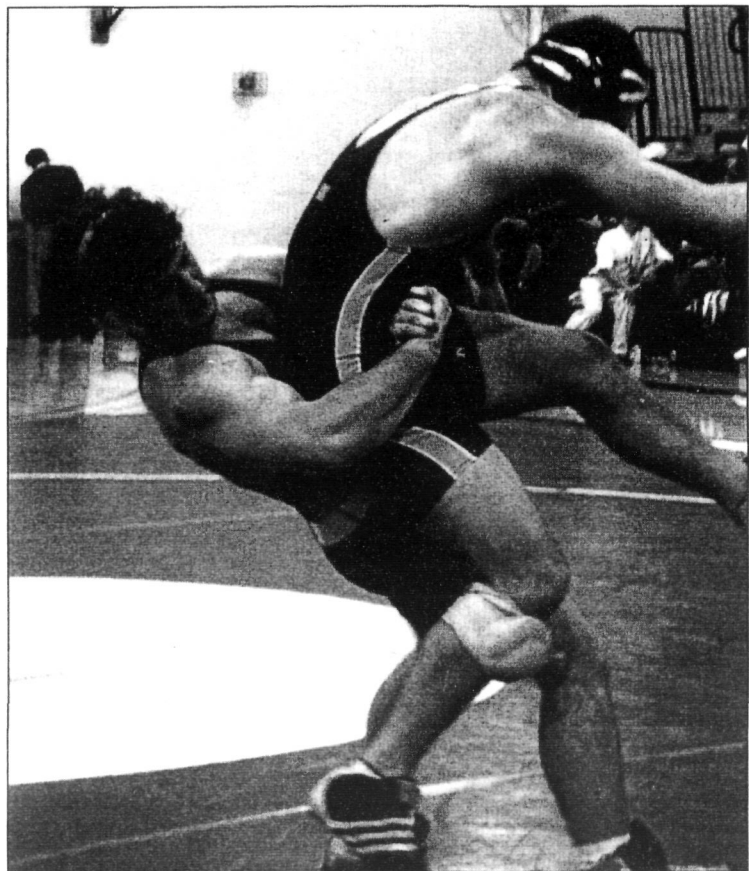
"Now that I've seen him wrestle up close I can kind of pick apart and gear what Brad does more towards beating him."

Nims reached the finals with a first-round bye, then beat Pima's Paul Vazquez 10-8 in overtime.

In the championship round, he faced North Idaho's Evan Mattingly.

"I was happy for making it to nationals," Nims said. "But

SEE REGIONALS, PAGE 9



MICHELLE ERICKSEN/THUNDERWORD

Highline wrestler Zach Nims seeks to slam his opponent in the finals.

Regionals

CONTINUED FROM PAGE 8

I also didn't want to celebrate and stay hungry for first place."

Nims gave up the first takedown to the Cardinal, but leveled the match with two escapes. Nims demonstrated tremendous strength, coming very close to slamming Mattingly for two after lifting his opponent entirely into the air, but he couldn't manage to bring the Cardinal down onto his back.

Mattingly put Nims to the mat three more times, with Nims only scoring one escape to end the match 10-4.

Nims said he will be better prepared if they meet in the national tournament.

"I've got a little bit of a new strategy for him," Nims said. "I found a couple of flaws in his wrestling that I can exploit."

In other matches involving Highline wrestlers, the T-Birds had mixed results.

Leroy and Harteau were virtual newcomers to the team, as the regional tournament was the first time they had wrestled as T-Birds. Leroy was in for an ineligible Chris Mather (133), and Harteau was wrestling in the place of the recently injured Anthony Heffernan (141).

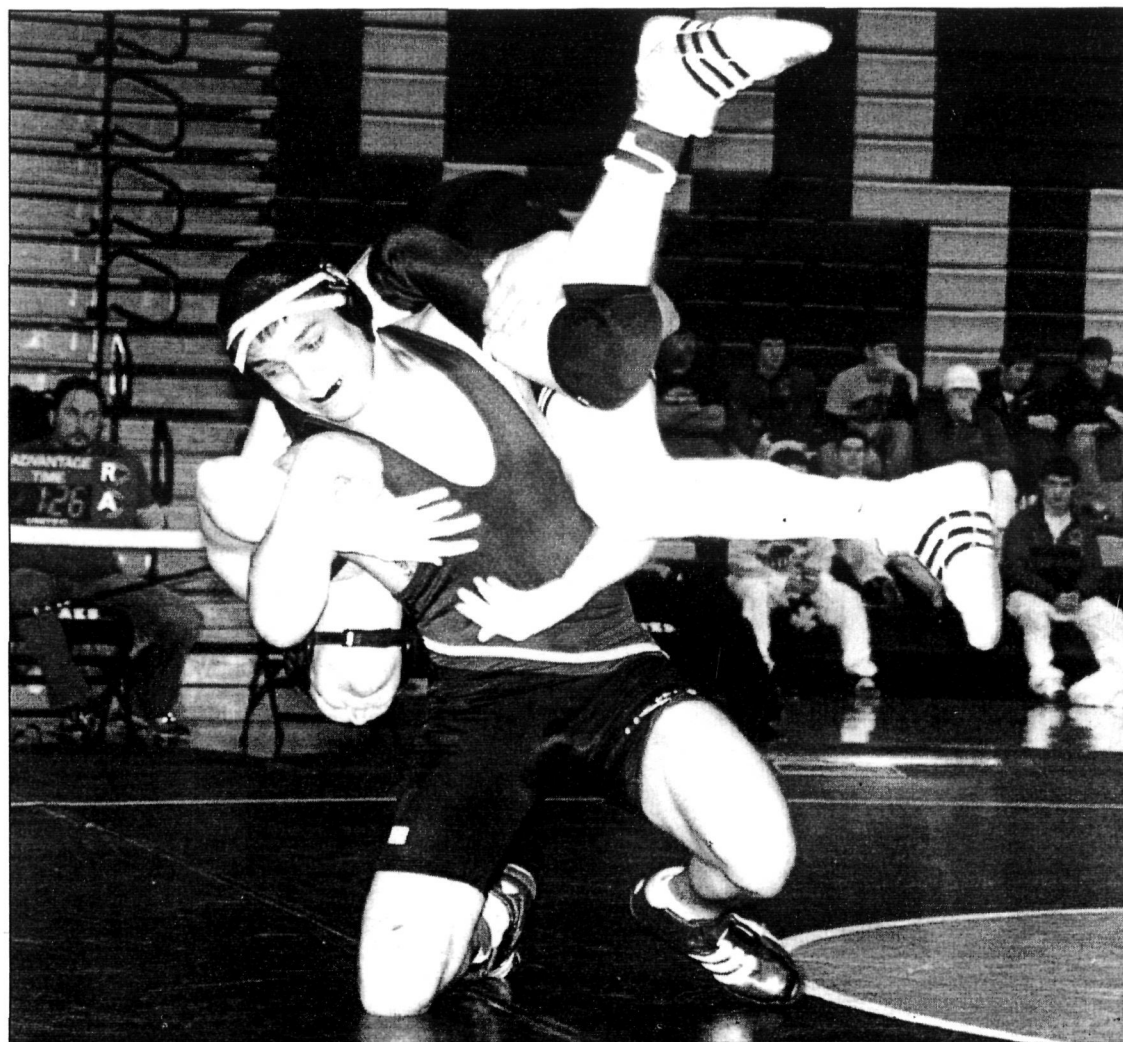
Highline's Michael Markey (149) lost in the first round against North Idaho's Cody Jones, 4-3. The wrestlers stalked each other across the mat, trading shoots, sprawls, and escapes; but Jones came out with the upper hand.

In the second round, Markey outworked Yakima's Phillip Ontiveros for a decisive 17-8 victory.

Markey then faced off against Southwest Oregon's Aaron Kipperberg to decide who would receive the third-place berth and a ticket to the national tournament.

Markey got the first takedown, but the Laker escaped, returning them both to their feet. Kipperberg scored a takedown, followed by a Markey escape to tie it at 3-3.

At the beginning of the sec-



Highline's Justin Studer gets thrown by Pima's Efrain Escudero. Despite losing this match, Studer qualifed for nationals next weekend in Minnesota.

ond round, Markey starting in dominant position, Kipperberg escaped razor close before the whistle. Despite the questionable call, Markey didn't hesitate long before putting Kipperberg back to the mat. The Laker escaped a few more times in the match, but couldn't shake Markey's takedown efforts as the sophomore T-Bird claimed third place in the region with a 10-6 victory.

In the first round, Highline's Studer and Orji both lost tough decisions to the eventual weight class champs; Orji to Laker Cody Leifheit after escaping a near pin, and Studer after nearly pinning Aztec Efrain Escudero.

Studer again took to the mat in the consolation bracket to face off against the No. 1 seed, Southwest Oregon's Kenny Quallich.

Studer dominated the match early, going up 9-1 in the first

few minutes. Quallich rallied back, taking Studer down and nearly pinning the T-Bird veteran for five points, making the score 10-6. Studer and Quallich fought for a few minutes more, Studer up 13-8, when Quallich gained a surprising turn in momentum and forced Studer onto his back for a pin.

Also in the second round, Orji split takedowns early with Clackamas' Luis Cisneros, but after his opponent escaped twice, Orji trailed 4-2. After Cisneros started in dominant position, Orji easily escaped

and took the Cougar down for a 5-4 lead. In the final minute of the match, Orji put a nail in his opponent's coffin with a three point near-fall for an 8-4 win.

The Yaks then got some revenge when Justin Smith pinned Orji to earn third place at 174 pounds.

At 165, Highline's Pano Dreves lost to North Idaho's Dino May, 6-4, in the first round, before losing in overtime to Clackamas' Alex Bubb, 5-3.

Dreves came out solid against Yak Frank Geiger in the third round, however.

The match started with Dreves getting taken down, but working an escape and a takedown of his own for a 3-2 lead. Geiger started in dominant position, but Dreves scored a reversal to further his lead to 5-2. Geiger scored three escapes, but Dreves worked another reversal to maintain a two point lead. Dreves ended the match definitively with a three point near-fall, for a final of 10-5.

"I was still kind of heated from my last match," Dreves said about facing Geiger. "So I just wanted to wrestle and get a victory. It's all I could do to increase my chances for the wildcard."

Harteau and Laroy wrestled well for not having much experience, getting thrown into the tournament because of injuries.

Chambers earned Highline's first victory of the tournament with an 8-6 win over Yakima's Joe Pawlik, before losing in the later rounds to the eventual regional champion.

As a self-proclaimed tournament team, Norton and most of the team anticipated success at this stage of the season.

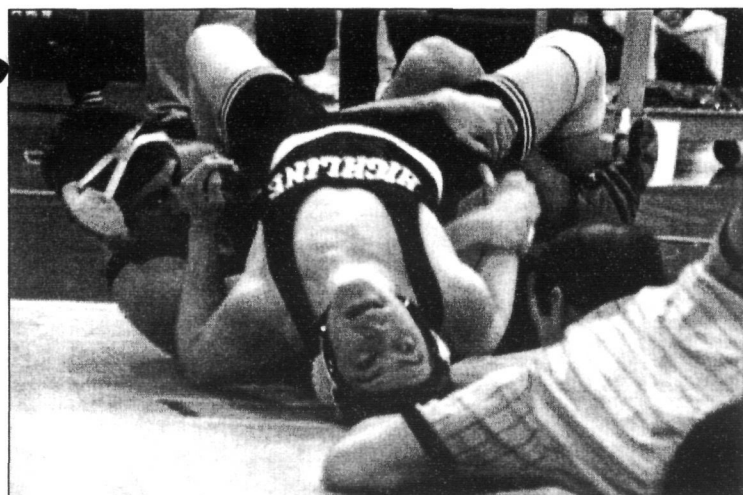
"I feel good," Norton said. "It's a basically been a big stepping stone."

Norton said that being in the practice room watching the T-Birds work out, he knows they are capable of doing more at the national tournament.

"I think they put together pretty solid performances, but I expect a little bit more in two weeks," Norton said.

The national tournament will be held in Rochester, Minn., on Feb. 23-24, so Highline has the next two weeks off to train.

"I'm really looking forward to showing my stuff at the national tournament and getting in shape and preparing for it," Dreves said.



Highline's Jacob Laroy gets turned over by Josh Williams in first-round action.

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Connecting the mind to what matters

Lady T-Birds run winning streak to 11 games

By YONAS WOLDEMICAHEL
staff reporter

The Lady T-Birds kept the Grays Harbor Chokers breathless this past week, and then also went on to sweep past the Centralia Trailblazers afterwards.

With these wins, Highline (11-1 league, 21-4 overall) extended its winning streak to 11 games over the past month and a half, tightening their first-place hold in the West Division of the NWAACC.

In the game against the Chokers (0-11 league, 1-19 overall) on Feb. 7, Highline decimated any chance or hope that their opponents may have had upon their arrival at the Pavilion as they out scored Grays Harbor 63-12 at halftime and went on to defeat them 91-31.

Turnovers were one of the biggest improvements in this game as Highline kept it to a total of 12 for the game in addition to outscoring the Chokers 41-5 on points off turnovers.

Samantha Tinned led the way for Highline with 24 points and nine rebounds, followed by Kim Dodson's 19 points and 7 rebounds.

"Our team just really came together in this game and I believed it showed mostly in the



BRIAN DAY/THUNDERWORD

Lady T-Bird Vanessa Baines handles the ball at halfcourt against Centralia.

first half, but our goal as a team is to break 100," Dodson said.

After a solid first half, however, Highline only scored 28 in the second.

"Our team tends to be inconsistent and unique. I mean how can we [Highline] score so much in the first half, yet score half of that in the second?" injured post-player Stefania Green said. "We should be scoring just as much as the first half if

not more."

Green just might as well have the best analytical observations compared to anyone else on the team, as she blew her knee out during summer league; nonetheless she appears at every game as one of the team's biggest supporters.

On Feb. 10 Highline went up against the Centralia Trailblazers (7-5 league, 14-10 overall) and left them in a trail of dust.

The Lady T-Birds opened the game up with 51 points and went on to finish the game with a final score of 82-69.

"I am very pleased with the way that we are starting our games over the last two [games]," said Head Coach Amber Rowe. "For us to score 63 and 51 points in the first half is nearly amazing. Some teams don't even score that much for the whole game.

"We are mentally ready to play and it is showing," she added.

Another major improvement for Highline over these last two games is assists. Against Grays Harbor they had 31 assists and 29 against Centralia.

Highline has been doing a remarkable job taking care of teams over the season, but now it is beginning to look like some clean-cut basketball. Sloppy play is a thing of the past for the T-Birds.

"I think we are coming into our own now and will be prepared to make a run at the title this coming March," Rowe said.

Coaches' poll rankings for this week place Highline in fifth overall behind Everett (10-1 league, 20-3 overall), Bellevue (10-2 league, 20-3 overall), Yakima Valley (9-2 league, 23-3 overall), and Lane (11-0 league, 23-3 overall).

Results from Wednesday's game against South Puget Sound Community College were not available at press time. Highline has two road games next week as they to face off against Clark (4-8 league, 4-16 overall) on Feb. 17 and then Lower Columbia (10-2 league, 14-7 overall) on Feb. 21.

Scoreboard

Women's Basketball Standings

NORTH League/Season

Everett	10-1	20-3
Bellevue	10-2	20-3
Whatcom	9-3	15-9
Skagit Valley	7-4	15-6
Peninsula	6-5	11-9
Seattle	5-6	10-13
Edmonds	3-9	7-15
Olympic	2-10	4-18
Shoreline	0-12	1-19

EAST League/Season

Yakima Valley	9-2	23-3
Col Basin	8-3	17-7
Spokane	7-4	17-7
Wen Valley	7-4	12-13
Walla Walla	6-5	13-11
Big Bend	4-7	11-14
Tr Valley	3-8	8-18
Blue Mountain	0-11	2-22

WEST League/Season

Highline	11-1	21-4
L Columbia	10-2	14-7
Tacoma	10-3	16-8
SP Sound	8-5	14-10
Centralia	7-5	14-10
Clark	4-8	4-16
Green River	4-8	5-17
Grays Harbor	0-11	1-19
Pierce	1-12	1-22

SOUTH League/Season

Lane	11-0	23-3
Clackamas	9-2	18-7
Chemeketa	8-3	19-7
Linn-Benton	8-3	19-7
Mt. Hood	3-8	11-14
Portland	3-8	10-15
Umpqua	2-9	10-15
SW Oregon	0-11	1-21

Men's Basketball Standings

NORTH League/Season

Bellevue	12-0	22-2
Whatcom	9-3	17-7
Peninsula	7-4	12-7
Everett	6-5	11-10
Olympic	6-6	10-13
Skagit Valley	4-7	9-14
Shoreline	4-8	11-12
Seattle	2-9	7-16
Edmonds	2-10	6-17

EAST League/Season

Walla Walla	10-1	20-4
Big Bend	9-2	19-5
Col Basin	7-4	19-5
Blue Mountain	6-5	13-11
Spokane	5-6	12-14
Wen Valley	4-7	6-17
Yakima Valley	3-8	11-14
Tr Valley	0-11	6-20

WEST League/Season

Highline	10-2	17-5
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Application forms and guidelines are available from Rickitia Reid in Building 9. (206) 878-3710, ext. 3301, or visit the W. A. V. E. homepage

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T-Birds take over first in the West

Men win two, face tougher tests ahead

By SAM BOYD

staff reporter

Highline finds itself in the driver's seat for the first time this season as they rolled over the Grays Harbor Chokers and the Centralia Trailblazers this week. The wins, coupled with Green River's upset win over Pierce, vaulted the Thunderbirds into first place in the West Division and four spots forward into fourth place in the NWAACC rankings.

The Chokers (7-4) came to Highline (10-2) fired up, battling for baskets and frustrating the T-Birds on offense. Grays Harbor led 33-30 at intermission, and it could easily have been a larger margin had not the T-Birds hit six three-pointers in the first half.

The teams continued to trade baskets, until the 11:47 mark, when Derrick Webb nabbed a steal and dished up Morris Anderson for a flying windmill dunk from the baseline that sent the Highline crowd into a frenzy.

The basket put Highline up 50-47, and the T-Birds never looked back, eliminating costly turnovers and playing gutsy defense to win the game 78-69.

Derrick Webb nearly triple-doubled, dropping 21 points, grabbing 12 rebounds and distributing eight assists in a stunning performance. Morris Anderson also double-doubled, adding 15 points, eight boards, 10 assists, and six steals, and Vaughn Gaines scored thirteen points. Matt Mgebroff scored eight points and pulled down seven rebounds.

Head coach Che Dawson said he liked the way his team picked up their game in the second half.

"We played well defensively, but not smart offensively. We didn't make them work hard enough," said Dawson. "In the second half, we had more pa-

tience, and our field goal percentage went up."

The Thunderbirds shot 61 percent from the field in the second half, nearly double their dismal 31 percent of the first half.

Highline's next victim was a Centralia (4-6) team who had only seven players suit up for the game. Dave Klov Dahl, the head coach of the Trailblazers, said that it was a discipline issue and that it was the "coaches' decision to only play seven. I was trying to make a point about citizenship and being a good person," said Klov Dahl.

The wings of the Thunderbird team seemed to be clipped in the first half, and the open baskets would not fall for Highline. The half-time score was 29-24 in favor of the T-Birds.

But Highline came out of the locker room with a fire underneath them, jumping to a 49-31 lead in the first eight minutes and cruising to a 70-44 win.

Coach Dawson said he was not satisfied with the way his team approached the game.

"We had a letdown in intensity and focus to start the game," said Dawson. The keys to the Highline's second half turnaround were their "slow tempo and creation of more up tempo energy."

Centralia's Coach Klov Dahl agreed with Dawson's assessment of the speed of the game.

"Highline got the tempo to a point where it was more to their liking," said Klov Dahl. "It hurt not having some key people who are looked upon to carry the scoring load."

Anderson had a monster performance for the T-Birds, with 16 points, six assists, and 15 boards, with eight of those coming on offense. Webb scored 15 and grabbed 11 rebounds, and Gaines added 15 points, seven rebounds, and five assists.

Grays Harbor and Centralia were both able to blunt the sharp threat of Highline center Zach Bruce: the Chokers held him to seven points and three rebounds, and the Trailblazers limited him to four points and seven rebounds.

"We would double (Bruce) to make him kick it outside," said Klov Dahl. "We were successful, but then the guards would just go and get the offensive rebound on any missed shot and have an easy put back."

The Thunderbirds out-rebounded the Trailblazers 58-33 in the game, including 23 offen-

Fitness is now an option for many

By BEKA SIMMONS

staff reporter

If you want to stay in shape, but can't afford a gym membership, Highline may have the answer for you.

People pumping iron and working up a sweat in Highline's Fitness Center are taking advantage of a free gym membership. Some may not know there is a Fitness Center available for all students, faculty, and staff, and they also don't know it is free. The Fitness Center is located in Building 21, room 103.

The Fitness Center is open for any student, faculty, and staff from 1-5 p.m. Monday through Friday for open gym.

A staff member, faculty member, or student worker is always present to supervise.

"This 2,000 square foot facility is furnished with treadmills, elliptical training machines, and many stationary bikes," said Keith Paton, the Physical Education Department coordinator.

Along with cardio machines, there are various Cybex weight machines.

The weight room and Fitness Center is also used for weight training and total fitness classes. Weight Training is a one-credit class, while Total Fitness is a two-credit class.

Being enrolled in one of these two classes requires a 35-minute workout to count for credit in the class. When enrolled in weight training

sive boards.

Head Coach Che Dawson gave credit to their defenses in the way they shut down Bruce.

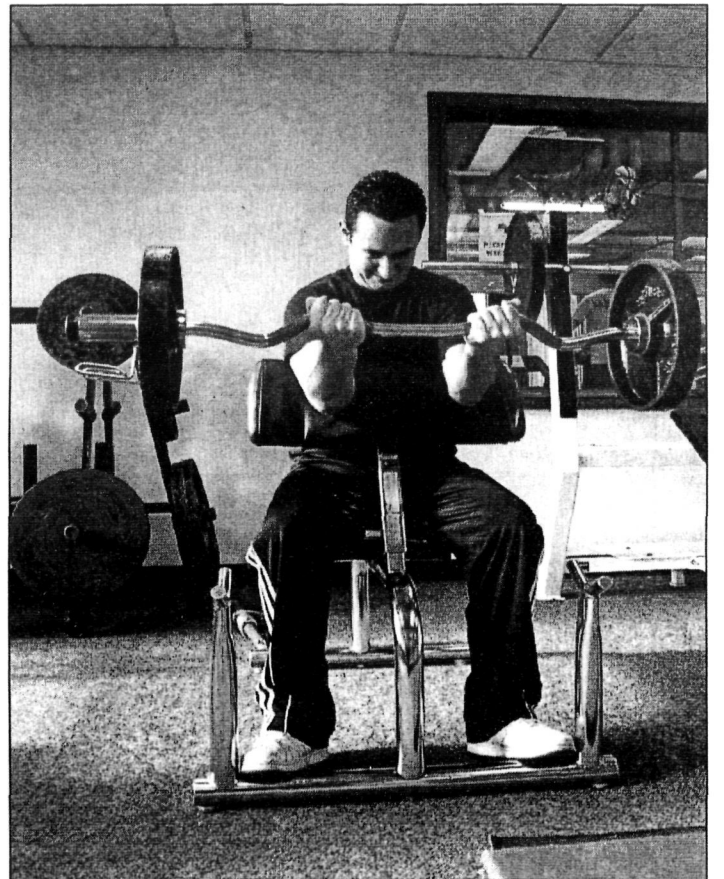
"When the ball goes in, they collapsed underneath, or they would even front the post so the ball couldn't go in," said Dawson. "It will be an obstacle we have to overcome. I'm sure people will continue to do that."

Highline had been in a tie with Pierce for first place in the West Division, however, Pierce's 80-66 loss to Green River (5-7) handed the Thunderbirds first place.

"We play in a tough division from top to bottom, any team can beat any team on any given night," said Coach Dawson. "A division title is within our control now, that's a great situation to be in. The opportunity is there."

Dawson credited Highline's eight game win streak to their focus, especially in practice.

The results of Wednesday



JAIME GUDJONSON/THUNDERWORD

Student Ilia Ivanov lifting weights in the Fitness Center.

or total fitness, after the first week students are able to do their designated hours when it's convenient for them.

There are four classes that are going to be held for spring quarter. Total Fitness and Weight Training classes 123, 186, 223, and 286 are from 8 a.m. to 6 p.m.

If you are not enrolled in one of the classes, open gym is first-come, first-served.

"When you are there your own, there are no trainers; but the Total Fitness class can help you put to-

gether a workout plan," said Paton.

There are many machines and workout equipment for students, faculty, and staff to use.

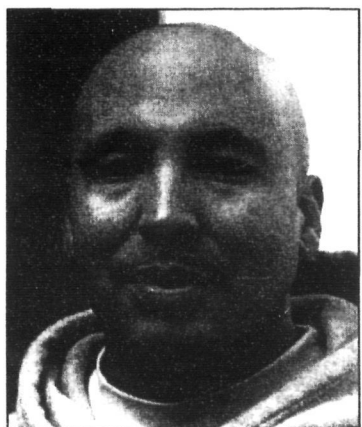
"I used the [weight room] with the soccer team, and I liked the machines," said Tayler Campbell, the goalie for the men's soccer team.

If elliptical and treadmills are not your thing, there are also free weights, stair climbers and a matted stretching area, fitness is only a few steps away.

night's game with South Puget Sound were not available at press time.

Highline travels this Saturday to Clark (8-5) before heading to annual rival Lower

Columbia (7-5) on Wednesday, Feb. 21, for a huge game that is sure to be heated. The T-Birds last home game of the year is on Saturday, Feb. 24, at 3 p.m. against the Green River Gators.



Che Dawson

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There's more than one method of giving birth

By MELODY ERICKSEN
staff reporter

A lot of women in the U.S. are using the Cesarean Section, when they shouldn't be, Marie Esch-Radtke said on Friday, Feb. 9.

Esch-Radtke has an associate degree in Nursing and is a registered nurse.

She teaches several courses at Highline, and has special interests in homebirth and waterbirth.

Science Seminar is held every Friday, every quarter. Last week's Science Seminar was on birth, how it was, how it is now, and what we might expect to see in the future.

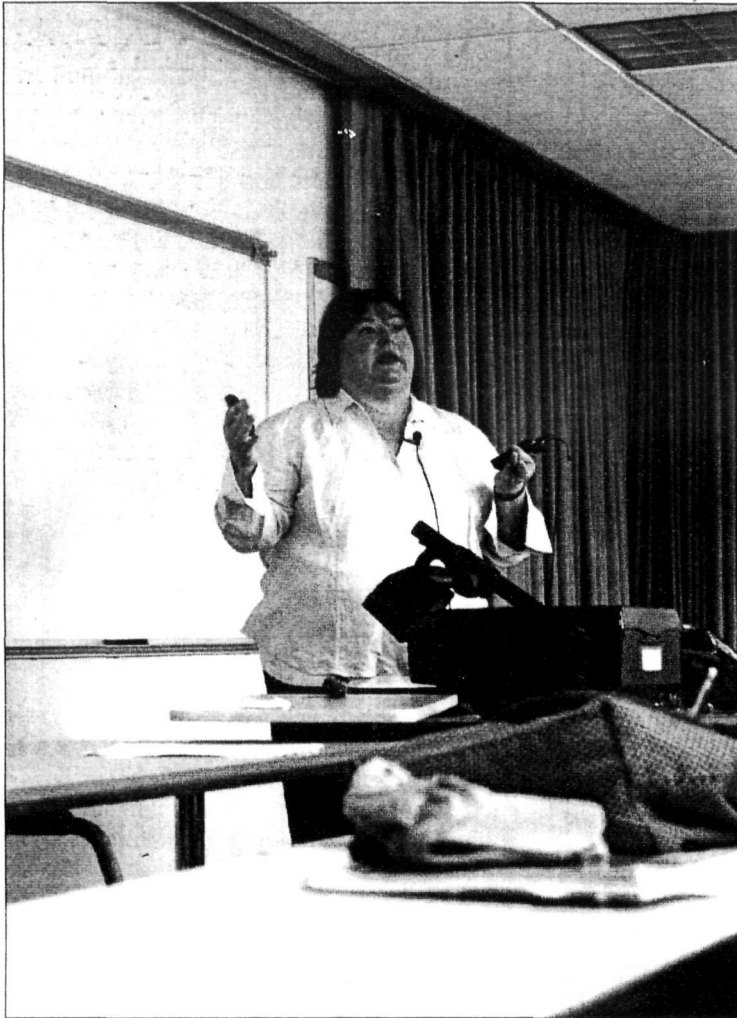
Cesarean sections were at first intended for emergency use only if something went wrong with the birth. Now they are being used as an actual method of birth, instead of having a natural birth.

In 1857, the Cesarean section was used only as a last resort for emergencies and was considered by most American doctors to be too hazardous and rarely ever justified.

However, since 1970 the rate of mothers using the Cesarean section has increased dramatically, from 4.5 percent to 20.7 percent in 1996, to 29.1 percent in 2004.

"There is no justification for any region to have a Cesarean section rate more than 10 to 15 percent," said Esch-Radtke.

"Brazil has a 75 percent rate for Cesarean section, which is just shocking," said Esch-Radtke.



PATRICK CABELLON/THUNDERWORD

Nursing professor Marie Esch-Radtke was the presenter at last week's Science Seminar titled *Born in the U.S.A.: The State of Birth in the 21st Century*.

At the beginning of the 20th century, 95 percent of the babies in America were born at home.

Since that time however, the percentage of babies born at home in the U.S. seems to have shrunk. Whereas most of the world's babies are still born at home, only 1 percent of all babies are born at home in the

U.S.

Before midwifery became a profession, the birthing of a baby was usually a family event, with female relatives helping the mother.

It was only in the Middle Ages that midwifery became a profession.

Since that time, the field of

medicine and midwifery has continued to advance with few setbacks.

Now women have many more choices allowing them to have the safest and most comfortable delivery possible.

Today facilities are available that are specifically designed for a comfortable homelike atmosphere during birth.

Midwives that can come directly to your home are also highly accessible.

Esch-Radtke gives a quote by Laura Stavoe Harm, "We have a secret in our culture, and it's not that birth is painful. It's that women are strong."

You don't need to give birth in a hospital in order to have a safe and healthy birth, most of the world's women don't. You can do it a lot of it yourself, said Esch-Radtke.

There are two types of modern midwives: direct entry midwives and the certified nurse/midwives.

The direct entry midwives learn all their skill through apprenticing with an experienced midwife. The certified nurses/midwives go through a special school for midwives and do an apprenticeship as well.

Despite all the other options that are offered, most women in the U.S. still choose to give birth in a hospital.

Maybe this is out of a belief that hospital births are safer, because they are more supervised.

However this is not the case.

"The truth is that candidates for home births are screened very carefully," Esch-Radtke said. This is in the interest of making home deliveries as safe as possible, for the mother as well as the baby.

The waterbirth is another method of birthing that has been around since the 1590s, by 2005, 300 hospitals have protocols for waterbirth.

Waterbirth is good for the baby because the environment changes very little for the baby as the baby is born.

It is also a lot more comfortable for the mother, because it takes a lot of the pressure off of the mother's abdomen, said Esch-Radtke.

The water supports the mother's weight as she gives birth so that it conserves a lot of energy for the actual contractions. Another problem that has surfaced is the growing number of babies that are born pre-mature.

One out of eight babies born in the U.S. is born premature. Esch-Radtke said that the best way to prevent having a premature baby is prenatal care.

This is such a problem, because a lot of problems occur when a baby is delivered premature. Getting early prenatal care will help keep your baby healthy when you are pregnant this will decrease the possibility of your baby being born premature.

Kent Resource Fair provides information about service providers

The Kent Community Resource Fair is a great opportunity to get in contact with service providers.

The fair is a free event that provides information about em-

ployment, job training, recreation, and much more.

Child care will be available free of charge. There will also be free translation services upon request.

The event will be on Thursday, March 1, 2007 at Kent Commons from 5-8 p.m.

For more information about the Kent Community Resource Fair call 253-856-5030.

Science Seminar will blow in this Friday

How Northwest windstorms work will be discussed by James Leotterle at this week's Science Seminar.

With the Dec. 14 windstorm still fresh, Leotterle will talk about the damage that was caused and also about storms in the past.

Science Seminar is a weekly presentation open to the public but that can also be taken for one credit.

The seminar is on Fridays from 2:10-3:00 p.m. in Building 3, room 102.

Attention Transfer Students!

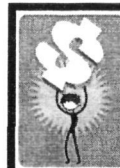
Have you considered transferring to PLU but were scared away by private school prices? Well, don't be afraid!



Did you know that the average financial aid package for a transfer student to PLU in 2006-7 was \$22,804? PLU has TONS of scholarship opportunities!

In fact, if you apply for Fall 2007, they will waive your application fee! On Thursday, March 1st, PLU will be bringing their advisors, financial aid counselors & transcript evaluators to Highline! You'll be able to meet with more than 6 PLU advisors here on campus and find out all you need to apply, as well as how YOUR courses would transfer. They will also walk you through the financial aid process.

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Relationships take patience, heart, panel says

BY SHURVON HAYNES

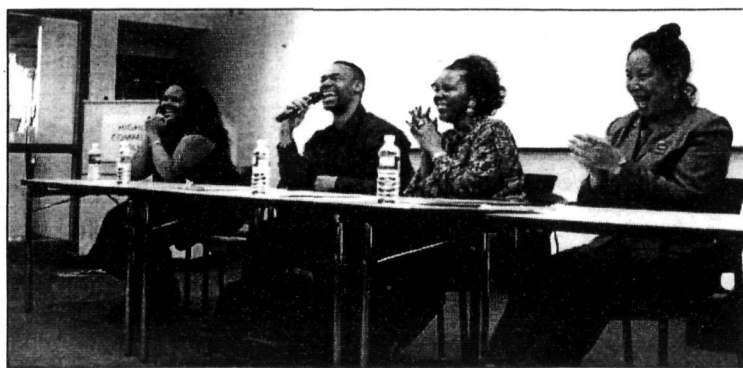
staff reporter

When it comes to marriage there is no perfect solution to finding Mr. or Mrs. Right, a panel of students and faculty concluded here on Wednesday.

The panel spoke on Bridging the Gap Between Men and Women, part of the Black Student Union's series of events for Black History Month.

The panel included Tiffany Carter, Gerald Jackson, Tanny Jackson, Gum-Lai Ross and Lamont Styles.

"For a woman marriage means your life is just beginning, but for men it means that your life is over," said Natasha Burrowes of Student Programs.



Gerald Jackson shares a laugh with the audience at this week's forum on relationships.

The idea of marriage is different for each person, which can influence our choices for a suitable mate.

"Marriage is for not just for procreation, it is to complete each other so that society can benefit from your union," said

Ed Morris, math instructor.

Distinguishing reality from fantasy is the key to having a good relationship; don't expect someone to change after exchanging wedding vows.

"I had to choose to be a responsible man in my relation-

ships. I can only change myself if I want to see change," said Gerald Jackson of Administrative Technology.

Having different expectations is the main reason for failed relationships, panelists said.

"As women we have a vision of how things are supposed to be and planning our wedding, when sometimes that is not realistic," said Kiana Hayes.

People make mistakes by not clarifying the type of relationship they are going to have with the opposite sex. It is ideal to be friends first which helps build a healthy foundation for a possible marriage students say.

"We have to look at how gender is socially constructed, men get status for having many

women, whereas women are considered more valuable if they have less suitors," said Yoshiko Harden-Abe, director of Multicultural Services.

"We cannot continue to focus on the negativity of the past and allow it to influence our lives, we have to learn to glean from the good," said Gerald Jackson.

A person's choice to get married or remain single should be respected, because marriage is not for everyone, panelists said.

"It is a societal norm that marriage is for one person and that it is forever, but there are some people who don't want to get married and have created other ways to be in relationships," said Burrowes, student program director.

Immigrant, refugee students to rally in Olympia

BY GARNET WONG-WOO

staff reporter

A group of Highline students are going to Olympia to try to persuade Washington state legislators not to eliminate, reduce, or drastically change programs that aid people of refugee or immigrant status.

Highline's Student Programs and ABE/GED/ESL Department have agreed to take part in Washington state's first Refugee and Immigration Legislation Day on Feb. 20.

"Highline Community College is one of the most diverse colleges in the state. It seems only right we should participate in events such as this that truly reflect that diverse," Linda Faaren, manager of Special ESL Programs, said.

Both departments are gathering a group of students, either of refugee or immigrant status, to send to Olympia to represent the college's minority and present their experiences to state legislators.

Refugee and Immigration legislation Day is sponsored by the Refugee Women's Alliance as well as other organizations.

The Refugee Women's Alliance is an organization founded in 1985 by refugee women trying to fulfill the needs of their refugee communities.

To make sure those needs stayed fulfilled participants will be sharing their concerns and ideas with state legislators.

Some issues that will be discussed next Tuesday are: more funding for job training programs for refugees and immigrants, increased adult ESL classes, working conditions, better school programs for refugee and immigrant youths, alternative assessments for eng-

lish learners.

Chariya Thach, a Highline student working on this event, said some of other issues that will be talked about are the Temporary Assistance for Needy Families program and the Washington Assessment of Student Learning exams.

Thach said that legislators are planning to cut ESL programs and make students, whose second language is english, take the Washington Assessment of Student Learning exams even if they don't understand them.

She said these changes will affect everyone in the community not just Highline students. Therefore she said Student Programs and ABE/GED/ESL needs all the support they can get, so students not of refugee or immigrant status are welcome to join the event.

So far she said more than 60 people are interested in coming. Thach said this kind of response has caused Student Programs and ABE/GED/ESL to order one more bus so they can provide transportation for all those who want to participate. Thach said right now they're trying to fill the remaining seats on the second bus before this Friday.

The group hopes to convince legislators through a variety of demonstrations and presentations.

"Refugees and immigrants will gather in Olympia next to the Capitol building for a rally. There will be speeches by refugees and immigrants as well as cultural entertainment," Faaren said.

"Individuals and groups will also be able to meet with their legislators to speak to them about refugee and immigrant concerns in the state of Washington," Faaren said.

"It is also a time when newcomers to our community can see the state capital and learn more about our country's political process."

Farren says the buses will depart from Highline at 9:30 a.m. and arrive in the capital by 11 a.m. The rally will be at 11:30 a.m. and the meeting with state legislators will be at 12:45 p.m. Lunch time will be at 1 p.m. and

at 1:30 p.m. some buses will depart from Olympia.

For those who still want to see and learn more about the state Capitol can stay from 2 to 4 p.m. for more tours.

However long the students stay, Faaren said this event is trying to accomplish more than just convincing state legislators to not take away programs that help refugees and immigrants.

"This event is trying to achieve three things: Gain awareness by state elected officials about issues facing refugees and immigrants in Washington state; provide a platform for refugees and immigrants to speak for themselves and participate in the political process; and engage refugees and immigrants in a common cause," Faaren said.

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Normandy Park develops old business site

BY DAVID BIEHN
staff reporter

An old piece of Normandy Park business is getting a new lease on life.

Over the past few months, construction crews have been developing the 54,000 square foot Normandy Park Towne Center, on the 3.5 acre site.

The site is located on the corner of first Avenue South and 199th Street, in the quiet and upscale Normandy Park. A tucked away between north of Des Moines and just south of Burien.

The site has a history of small business tenants, which included a dry cleaners, drug-store, barbershop, video store and a Subway sub-shop.

The main draw to the complex was the grocery store, which changed from a XL Sooper, to a Thriftway and finally a Red Apple. The store eventually went out of business. After the closure, traffic in and out of the complex dropped dramatically, resulting in a steady decline in business.

The Schuster Group is the real estate development company that acquired the property



PATRICK CABELLON/THUNDERBIRD

Construction crews work on the new Normandy Park Towne Center. The center will include an athletic club, chiropractor, tanning salon, and a dry cleaner.

at \$2.9 million in 2003.

Schuster's success has been drawn from investing in the restoration of such lifeless lots into community hotspots for shopping, eating, and other business, company officials say.

Their plan is to make the site a friendly downtown-esque

development with landscaped areas, a pedestrian-friendly streetscape and open parking areas. Normandy Park Towne Center is designed as catering to its core market of residents within a one to three mile radius of the center.

According to their website

their mission for each investment is to "Provide a unique, quality environment in which people live, work or recreate, create an aspect of community enhancement through each project, and deliver high-yield financial returns to our investment partners."

Their plans, according to their website, include leasing more than 54,000 square feet of retail space, half of which is already leased.

Their anchor tenant will be the Normandy Park Athletic Club. With a 10-year lease already signed, owner Jay Johansen hopes to attract residents from the surrounding area to make it a hotspot for workout enthusiasts. Other tenants set to open following the completion of the town center include, a chiropractor, tanning salon and an environmentally sustainable dry cleaner.

Back in November, Schuster Group President Mark Schuster told the Puget Sound Business Journal that he also wants a clothing store, coffee shop, chiropractor's office, tanning salon, a bank, a florist, an environmentally stable dry cleaner, and hopes to land a coffee shop, and clothing store.

Rosemary Coleman, spokeswoman for The Schuster Group, says residents will not have to wait much longer to start shopping in the new complex, as it will be opening

"It will be the summer of 2007," Coleman said.

Tardiness should be replaced with punctuality

BY MELODY ERICKSEN
staff reporter

Being late is just a bad habit. You just have to make the decision to stop, Patricia Haggerty Faculty Counselor said on Tuesday, Feb. 13.

Haggerty's presentation, Break the Lateness Habit: Cures for the Punctually Challenged, outlines some basic steps to breaking the bad habit of lateness.

Unlike some psychologists believe, habitual lateness is not a personality characteristic.

Haggerty believes that it is merely a bad habit that can be overcome if you put your mind to it.

Haggerty went on to outline certain steps that you might take to overcome your bad habit. She warned that it is not an easy process.

It will require your time, commitment, and true will power in order to achieve your goal.

Many students who have asked for counsel on how to overcome they're problem with tardiness, walk out of Haggerty's office after discovering that they cannot just have an easy prescribed fix-it-all.

However, not only must you

get rid of an old habit, you must also replace it with a new one.

It takes about 21-30 days to form a new habit, Haggerty said.

The first 8-10 days will be the hardest, and will take a great deal of willpower. It is during this time that you must be dedicated and vigilant.

"You must remind yourself constantly to be on time," Haggerty said.

Sometimes, you just need to make the decision to just stop cold turkey.

"Instead of hitting the snooze button, just get up. Five minutes is not going to make a difference in your desire to wake up, you're just going to want five more minutes, so just do it, just get up," said Haggerty.

The second 10-12 days will get easier.

Haggerty said you won't have to force yourself as much and the action will become much more natural.

During the end of this 21-30 day period you will feel very comfortable in your new habit, and your actions will be natural.

When you have a bad habit, it leaves neural traces, like grooves in your mind, if you can imagine.

With every thought, such as "I'm going to be late, this always happens to me," you are increasing that mental groove.

You are then going to honor your word and fall into that bad habit that you are trying so hard to get out of, Haggerty said.

Instead of doing this, you need to create a positive memory groove for being on time. You just need to think I'm not going

to be late. I don't want to do this anymore.

Haggerty also gave out many helpful handouts.

Haggerty ended by saying that no matter what anyone else does, your commitment to be on time is a commitment you have to honor for yourself.

Don't worry about what anyone else does, just worry about yourself.

"If the other person is always

late just say, you owe me lunch. You can even tell them that you will only wait for them for such-and-such a time," Haggerty said. "Do what's comfortable for you, but always remember that your commitment is to yourself and you have to honor that, no matter what anyone else does."

For more information, contact Haggerty at 206-878-3710, ext. 3578, or at phaggert@highline.edu.

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Construction date is pushed back

By ANDREW CARDENAS
staff reporter

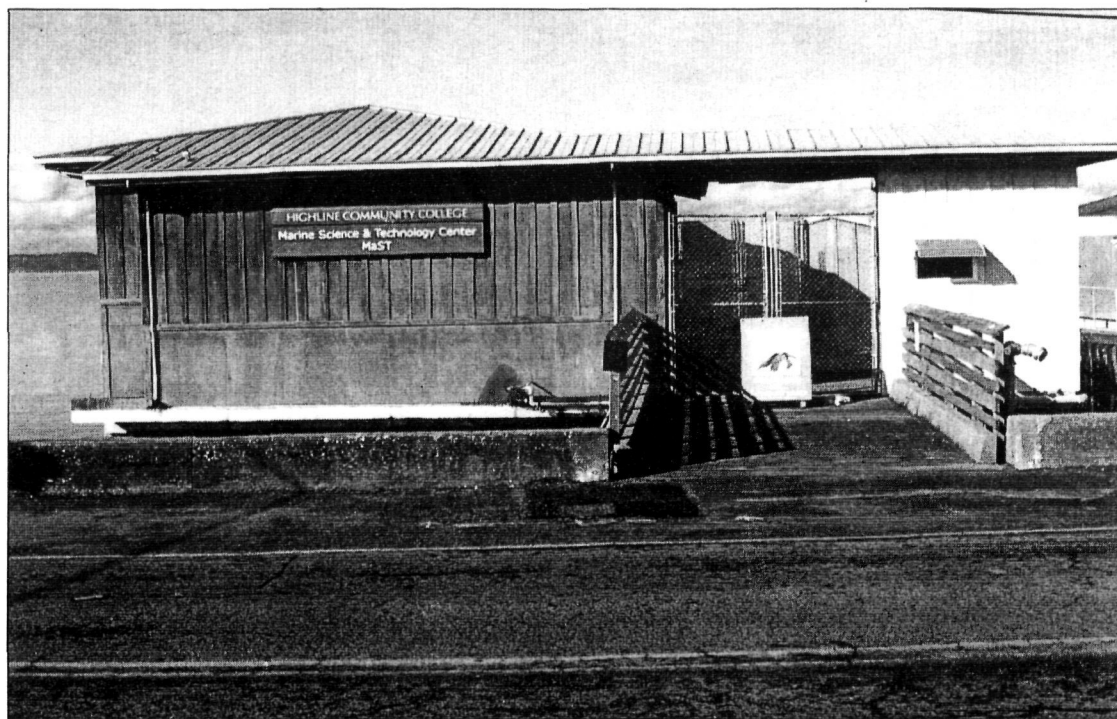
Highline officials hope to get a permit to begin work on the Redondo MaST Center as early as this week.

College and city officials have been negotiating with the city for several months to get the permit to start rebuilding the Marine Science and Technology Center, which is located on a pier in the Redondo neighborhood of Des Moines.

"Right now we're just basically waiting for a permit from the City of Des Moines to begin construction," said Dr. Eric Baer, geology program coordinator.

College officials had hoped to begin demolition of the old facility as early as Jan. 1 of this year. But negotiations with the city have dragged on over concerns about parking and how the new center will be used.

College officials say getting the permit is important because delay threatens both the opening of the new center for Fall Quarter 2007 and, ultimately, grant



The Marine Science and Technology Center is located at Redondo overlooks Puget Sound.

money received to help pay for the project.

"The center was originally supposed to be ready for the Spring Quarter of this year. Now the date has been pushed

back to July 1," said Woody Moses, acting director of the MaST Center.

The existing center played host to Marine Biology and Oceanography 101 classes.

The new center will have labs for science classes, an aquarium and new offices for professors. The cost of reconstruction to the center is reportedly \$1.3 million.

ANDREW CARDENAS/THUNDERWORD

Student nurses seek donations

By STEPHEN GREGORY
staff reporter

You can help make a difference for the patients at the Puget Sound Veterans Hospital.

The National Student Nurses Association is collecting miniature personal hygiene donations to the Puget Sound Veterans Hospital.

The Puget Sound Veterans Hospital is located in Seattle and is meant to treat military Veterans. Highline's Nursing Program uses the Veterans hospital for clinical rotations.

"Because this is a Veterans Hospital it is government funded, and the reason we are doing the collection for the personal hygiene items is that the V.A. doesn't provide that. They don't have the funding to do that," said Johnna Winters, president of the National Student Nurses Association.

The association would like donations travel-sized deodorant, toothbrushes, toothpaste, floss, soap, shampoo, conditioner, combs, disposable razors, and shaving cream.

"Some of the veterans treated are homeless or from out of state so they don't have these items readily available to them," said Teresa Trillo, nursing professor.

The donations will be collected in the Health Occupations Lab, Building 26, room 219. Donations will be accepted until March 2.

The Health Occupations Lab, Building 26, room 219 is also the meeting place of the nursing association.

For more information please contact Johnna Winters e-mail at josslimbus@yahoo.com.

Financial Aid will help students with forms

By JOCIE OLSON
staff reporter

Even though the deadline for Fall Quarter 2007 financial aid is May 31 it is not too soon to start.

The financial aid process is quick and painless, explained Senior Associate Director of Financial Aid Kim Wasierski.

"We are trying to get the message out sooner so more students can apply for financial aid," Wasierski said.

Wasierski explained that almost anyone can apply for financial aid.

"As long as they have a social security number," Wasierski said.

When students apply for financial aid they need to bring certain things.

"What they should bring is their 2006 income information or their tax return if they have it," Wasierski said.

Also they need to bring their Social Security card, Wasierski said.

"If they are not a U.S. citizen than they need to bring documentation," Wasierski said.

Wasierski explained that that students need to bring their parent's income information if their parents claim them as a dependent.



Kim Wasierski

This year the financial aid office is putting on an event to help students with the financial aid process.

There will be advisers to help students fill out forms and to answer questions.

"There will be a free gift for the first 50 applicants," Wasierski said.

The event will be from Feb. 20-22 in the lower level of the Student Union Building from 10 a.m.-2 p.m. Also they will be in upper level of Building 6

from noon-5 p.m. on Feb. 23.

A computer will be set up where students can sign up for an online signature.

"Everyone needs help with education expenses," Wasierski said.

"This will be a good opportunity for students who are unaware to become aware," Wasierski said.

Also it gives students a chance to get more aid if they apply now rather than later, Wasierski said.

"By filling out the Free Application for Federal Student Aid,

or FAFSA, students would be applying for grants, loans, and work study," Wasierski said.

By filling out the student aid application, students are given an idea of what they are qualified for.

"Within two to five weeks of applying they could have some idea of their eligibility," Wasierski said.

Wasierski explained that they are targeting potential students for the 2007-2008 financial aid year.

These applications are applicable starting Fall Quarter 2007.

"We will help as many students that are eligible that we have the funding for," Wasierski said.

For more information about financial aid or the applications contact Kim Wasierski at 206-878-3710, ext. 3302 or at kwasiers@highline.edu.

You can also contact Financial Aid Adviser Brooke Weber at 206-878-3710, ext. 3815 or at bweber@highline.edu.

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Task Force

CONTINUED FROM PAGE 1

mate remains a priority for many around campus, including Interim Highline President Dr. Jack Bermingham.

"Both Drs. Bell and Bermingham place a good campus climate as a priority.

"It might just look a little different in their approaches," Skari said. "Things are different now, and while the priorities are the same, the approach may be different."

For Dr. Bermingham, Skari said his approach is to meet with staff and faculty over the coming months to ask them directly what their campus climate concerns are.

"Dr. Bermingham held group meetings early on, and stated he wanted to continue the discussions by meeting with employees in small groups over the next few months to get a sense of how things are," Skari said.

Dr. Bermingham said his approach is one that has served him well in the past when he was vice president of Academic Affairs and met with faculty in



Dr. Jack Bermingham

small groups.

"It provided me with a chance to meet with small groups and an opportunity just to listen," Dr. Bermingham said. "It provided a very personal forum to discuss concerns. I found it very productive."

Now as interim president, Dr. Bermingham said he wanted to meet with small groups of both faculty and staff.

"Being in a different position in the college, I want to give them the chance to get to know me in a different context," Dr. Bermingham said. "I want to hear what they have to say."

Dr. Bermingham said since he was going to be meeting with

faculty and staff to discuss their concerns, he thought it would make sense to delay the Task Force.

"In terms of workload, it makes sense to postpone it at this time since I was going to get an opportunity to get at [campus climate issues] myself," Dr. Bermingham said. "We didn't want duplicative work, things that could cross purposes."

While Dr. Bermingham said he has only just begun meeting with groups, he has not heard any negative feedback.

"I'm not hearing any indications we're having problems with our campus climate," Dr. Bermingham said.

Instead, Dr. Bermingham said he has heard only positive feedback from people who have called Highline "hospitable" and "diverse."

Still, Dr. Bermingham said he realizes he may get a very different picture when he talks to more staff and faculty members.

"We'll see if that's the case when I have the opportunity to meet with people in small groups," Dr. Bermingham said. "We may refine the charge, depending on what I hear."

S&A

CONTINUED FROM PAGE 1

budget requests for this year. We're at the beginning of the process."

Although Brown says the goal of the committee is to "involve students so they know where their money is going," the committee is currently lacking in

volunteer members, leaving several open positions.

The first official meeting of the committee is on Wednesday Feb. 21 in the Mt. Skohomish Room in the Student Union, from 3-5 p.m.

Anyone can attend these meetings, and students are encouraged to do just that.

Brown said, "I'm very proud of the S&A process and all the students who coordinate it."

Recycle

CONTINUED FROM PAGE 1

products, be more resourceful, and be more environmentally aware," said Pittman.

"In the last year the Recycling Committee has started a very interesting campaign to reduce beverage waste," said Moses.

To do so, three of Highline's clubs are collaborating for Earth Week.

"The Environmental Club, the Recycling Committee, and the Sustainability Task Force [which is a new faculty and staff task force with the intention of

creating a more sustainable campus] are working together to raise awareness of not only the current recycling program that is being initiated on our campus very soon, but of the importance of waste reduction," said Christopher Thomas, a member of the Environmental Club.

To help educate the people of Highline, events are being planned for Earth Week, which runs April 16 - 20.

"Waste reduction and recycling need to go hand in hand and I believe that the Environmental Club, the Recycling Committee, and Sustainability Task Force are all strong proponents of this mentality," said Thomas.

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