They’re not just here to read

Sweet dreams are made of these

Dreams hold special meaning for everyone, experts say

BY JOCIE OLSON
staff reporter

A Highline professor said that dreaming is actually our brain working on consolidating the events that happened during the day. “Our brain is wired to make sense of various events and we put them together into a story,” said Bob Baugher, psychology professor. “In many cases the story doesn’t have any meaning.”

“Everyone has four to six dreams a night,” Baugher said. “These dreams are often in real time.”

Real time means that if it felt like it last for a long time then it probably did.
Most of these stories take place during the first of four stages of sleep, known as the rapid-eye-movement or REM stage.

During this stage of sleep, Baugher explained, most of our muscles are incapable of moving.

“That’s functional because if you did move your would act out your dreams,” Baugher said.

The fourth stage of sleep is the deepest.

“Nightmares are more likely to occur in stage four,” Baugher said.

See DREAMS, PAGE 18

Another move for
Highline graduation

BY JUDY VUE
staff reporter

Highline graduates might just be able to experience some decent air conditioning at Commencement this year.

School officials say that Commencement may have found a new venue in the form of the Key Arena in downtown Seattle.

The original plan this year was to hold Commencement in Highline’s Pavilion.
For the past three years, Commencement was held at the Tacoma Dome.

However, this year, Highline officials did not book the event in time, leading to the decision that Commencement would be held in the Pavilion.

As a result, graduates would be limited up to four family members to invite.
This did not go over well with students.

“Students focused more energy at Student Government [to do something],” said Jonathan Brown, associate dean of Student Programs and Leadership.

This resulted in the executive members of student government

See GRADUATION, PAGE 19
CSI:

HIGHLINE

Driving dangerously

Witnesses report that two cars came onto campus driving erratically and trying to cut each other off at approximately 10 a.m. on March 9.

One of the cars was a red Ford Escort, driven by an adult male, around 6', with a ponytail, wearing a green jacket with a hood. The other driver was a 5'10" adult male.

The second driver got out of his car, and then approached the man in the Escort with a baseball bat. The man in the Escort drove away, and the other driver followed. When Security arrived, both men were gone.

Break-in attempted

When returning to his parked car, a Highline student confronted a man who appeared to be trying to unlock the student’s vehicle at 10:45 a.m. on March 9, in the North parking lot. The man stated that he thought the vehicle was his friend’s car and departed from the scene.

The student then called Security who then checked all parking lots for the man, but he was nowhere to be found.

Kids told to take a hike

Four male juveniles and one female juvenile were asked to leave the Library on March 12 at 6 p.m. The juveniles were being loud and disruptive. When asked to leave, the juveniles did so without any further trouble.

Computer lab mischief

The first floor computer lab door handle in Building 29 was found to be broken on March 7 at 11:35 a.m. In the second floor women’s restroom, the hygiene dispenser was also broken into. Security is unsure if money was stolen from the dispenser, and if so, how much.

Lost Property

One blue cane with a name tag attached was lost in Building 6 or Building 25 on March 12 at 11:50 a.m.

Compiled By: B. Fuller

CSI:

Skari receives award

Lisa Skari has been recognized for her work at Highline. Skari, vice president of institutional advancement, was instructed the Distinguished Service Award by the Association of Washington Community and Technical College Administrators.

The award was given to Skari in honor of her nearly 15 years of service and contributions to Highline.

Having earned her master’s degree in business administration from Pacific Lutheran University, Skari originally started at Highline as an adjunct instructor in 1992. Two years later, she became the director of cooperative education and internships. She held that position until 1997 when she became the director of institutional budgeting and special projects.

In 2001 she was promoted again, this time to executive director of institutional advancement. She was finally named vice president of institutional advancement in 2005.

During her time at Highline, Skari has authored a National Science Foundation grant and secured two congressional awards for Highline’s Marine Science and Technology Center. She also helped raise nearly $1 million to rebuild the center, and was key in securing the Achieving the Dream and Opportunity Grant programs to offer financial and educational support to low-income students.

Skari is also the president of the Federal Way Rotary Club, a member of the Federal Way Chamber of Commerce Women’s Forum Committee, and serves on the board of the Federal Way Norman Center YMCA.

The law of DNA

Law and DNA will be featured at this week’s Science Seminar. The seminar, titled DNA and Forensic Science, will be presented by Mark Prethero, the lead defense lawyer for Gary Ridgeway, the Green River killer. Prothero will be sharing his expertise on DNA analysis and the death penalty with seminar attendees.

Science Seminar is free and open to everyone. It will be held March 16 in Building 3, room 103 from 2:20-3:10 p.m.

Club for recovery is seeking an adviser

A new Highline club is seeking an adviser.

The Sober Socialites will be a club devoted to building a community for students in a 12-step recovery program. The club will focus on creating fun and interesting activities for club members that will not involve alcohol or drugs.

The adviser for the club must be a full-time faculty member, understand the objective of the club, attend all club meetings, and monitor club expenses.

For more information or to volunteer for the position, contact Jodie Robinet at 206-878-3710, ext. 3535, or at jrobeine@highline.edu.

Giving options

Learn about volunteer opportunities in the area.

Student Programs and Workforce Development Services are hosting the annual Volunteer Fair on April 19 in the Student Union from 9 a.m.-12:15 p.m.

Everyone is welcome to attend the fair to learn more about local volunteer organizations.

Co-Opportunity

Cooperative Education

Breeders Theater Internship

Looking to get involved in professional theater?

Breeders Theater is accepting applications for its paid summer internship. Rehearsals for the show begin mid-June, 2007, Monday-Thursday, 7:15-9:30p.m. The show runs July 13-29. Rehearsals and the production are in Burien at E. B. Foote Winery, just off 1st Ave. S. on 153rd St. Stipend: $300.

Get real world experience while earning real college credit.

Building 6, upper floor

Free Tutoring!!!

Feeling overwhelmed? Get help!

Visit the Tutoring Center in Building 266, Room 519. We specialize in turning good students into better students.

"There are no national frontiers to learning."

- Japanese proverb

Sign up for help in:

Accounting/Business, Languages, Math, Science, Computers, Writing, and more subjects!

Mon-Thurs.........8:00 am-7:30pm
Fri........8:00am-1pm
http://flightline.highline.edu/tutoring

Get more information log on to interface at https://www.myinterface.com/highline/student

Students interview with local hospitality employers at the Internship and Job Fair hosted by the Hotel and Tourism Management. The fair was held on March 13 in the lower level of the Student Union from 1-3 p.m. Program Manager Chris Brandmeir said, "This is really helpful for students because where else can you find 18 employers in one place?"

For more information or to volunteer for the position, contact Jodie Robinet at 206-878-3710, ext. 3535, or at jrobeine@highline.edu.

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By Garnet Wong-Woo  

Staff Reporter  

Wherever students plan to transfer to alter Highline, the cost for tuition and room and board will be a lot more. This especially applies to private universities. The cost to attend a private university will override both public universities and community colleges in terms of dorming and tuition.

Several Highline students have already considered which universities they might want to transfer to and how they will pay for the costs.

"I plan to transfer. I'm still in Running Start so I haven't applied. I have looked at other universities. Right now I've looked at Western and UW. I'll probably transfer next spring [2008]," Jason Oguri said.

"Yeah, I plan on transferring to UW Seattle. I haven't applied to UW yet. I'm going to transfer in 2008. I'm not sure how I'm going to pay, probably through financial aid at UW," Jenny Chong said.

Universities offer many different forms of financial aid and scholarships to help students pay for their costs of room and board and tuition.

"Financial aid will cover tuition, room and board, and various fees. We certainly try our hardest to prepare the best financial aid packet possible for each student - we do not like to see admitted students unable to attend due to finances," said Lacey Henderson, undergrad­uate admissions representative for Seattle Pacific University.

With a price of $23,055 for tuition and $7,818 for room and board for the 2006-2007 school year, Seattle Pacific University offers all types of scholarships.

"Students must complete the FAFSA [Free Application for Federal Student Aid] to receive financial aid, and their applica­tion to the university will act as their scholarship application," Henderson said.

Another scholarship, offered at both UW Seattle and Tacoma campuses, is called the Husky Promise. Starting in the fall of 2007 the Husky Promise guarantees that tuition will be covered for any Washington student who is of low or lower middle income.

One other type of scholarship is The Evergreen State College's Scholastic Achievement Award. Pacific Lutheran University on the other hand offers a whole scholarship for transfer students.

"The average financial aid package for this year [2006-07] is $22,804," said Joelle Pretty, Pacific Lutheran Univer­sity director of transfer recruitment.

Students who hope to attend Seattle University should be relieved to know that the average amount of financial aid per recipient is $21,163 considering that cost of tuition is $24,615 and room and board is $7,503 for the 2006-2007 school year.

At Western Washington University, about 60 percent of students receive financial aid. Western also provides about 600 scholarships for undergraduate students.

The University of Puget Sound gives scholarships to almost half of the transfer students attending the school. The scholarships offered vary from academic merit to student talent in certain fields.

Students looking for a college that has a various selection of scholarships, and has a satellite campus close by, might want to think about Central Washington University. The main campus is located in Ellensburg, but a small Central Washington campus is situated here at Highline.

This would eliminate the cost a student would have to pay for room and board, which was $6,155 in the 2005-2006 academic year.

No matter what university Highline students plan to transfer to here's one bit of general advice to keep in mind. Jerad Sorber, admissions counselor at The Evergreen State College, said try to submit your applications as soon as possible, take a close look at the curriculum and opportuni­ties offered, and try to visit the university's campus.

Online quarterly gets a new interactive interface

By David Bien

With Highline's new online quarterly class schedule, students will be able to not only view the quarterly, but be able to navigate through it with a new interactive interface.

The idea for an interactive online quarterly class schedule came from Web Coordinator Nancy Kent.

"I had the vision that we wanted to have an online class sched­ule," Kent said.

In April 2006 she met with Cathy Cartwright, Scott Hardin, and Criss Blackwell to discuss and plan out what the online schedule was going to be, and how it was going to work.

"It was an extremely laborious project," Kent said.

It has taken about a year since it was first proposed, till now when it is now up and ready for students to use.

Kent is especially proud of the class descriptions that can be altered, added to, and up­dated by teachers themselves.

"It think it gives a broader and better picture of what the class is about," Kent said.

Cathy Cartwright is a SMS administrator, and works on scheduling for the quarterly. While developing the online quarterly, she took stock of what they could use from what they had on the computer.

Benefits of the online quarterly include the updated information.

"We print out the quarterly, and by the time it is distributed some of the information is changed," Cartwright said.

Now students can see if there is anything specific they need to purchase for a class.

"Administrators will be able to fix any information that is false or out-of-date," Cartwright said.

One of the more exciting highlights is the capability for students to see how many other students have registered for a particular class.

"It has information on how many spots are available," Cartwright said.

Criss Blackwell, who works in Administrative Technology, was the person who actually put the quarterly online.

He notes that though he works directly with the site, he is not the one that updates the information.

Even after it has been posted, there will still be a need to add and update as things go by.

"It's an ongoing process," Blackwell said.

The new quarterly can be ac­cessed at http://onlineschedule.highline.edu/
Opinion

It's time to tear it down and start anew

There's no doubt about it: It's time to drop the curtain on Building 4. Building 4 is one of the original buildings that were built when Highline was founded in 1961.

With recent reports of odor left by solvent, possible mold and strange illnesses of faculty and students, it's time high time to tear the thing down.

No one is at fault for the state of Building 4. But walking into it, it is clear that the problems that plague it are too overwhelming for a simple renovation.

Facilities have been desperately trying their best to soothe the situation, but they are only putting Band-aids on a wounded leg that needs amputation.

However, the solution of tearing down the building and making a new one is a lot easier said than done. Such a major plan would require money from the state. And if that doesn't work out well, then the prospect of private funding may be addressed.

But whatever Highline's administration chooses to do, the point is clear that Building 4 must be made a priority.

Cracked walls, missing ceiling tiles and leaky ceilings clearly do not aid in productive learning. Of course, awesome class facilities don't affect the quality of instruction that goes on in them. But Building 4 doesn't need to be awesome. It just has to be habitable.

Classroom buildings get a majority of their funding from the state Legislature. However, that leaves Building 4 in an ambiguous position.

While classes are certainly taught there, its central purpose is to be a performing arts center. So the possibility of the state funding a possible replacement is uncertain.

If there is anything at Highline that needs vast improvement and financial backing to go with it, this is certainly it.

And maybe then can Building 4 be put in the spotlight for something other than its cracked walls and leaky ceilings.

It's time to tear it down and start anew.

demichael. Garnet Wong-Woo.
Bloomfield brings street style to his paintings

BY AUDRA PATTERSON

staff reporter

Dave Bloomfield’s art has graffiti-like quality that is hard to miss. Spray-paint, dripping paint, and abstract faces are present in his works. Seemingly random words are scrawled on stenciled across the canvas.

“It’s kind of like an urban style; semi-street,” said David Bloomfield.

Bloomfield, age 33, has been at Highline for almost two years now, the majority of it in the Visual Communications department.

“I’ve drawn all my life, it’s kind of like a habit,” said Bloomfield.

Bloomfield said he always enjoyed the piece that he was currently working on the most. Bloomfield likened it to getting a new toy.

His work is influenced by, and he looks up to, artist Jean-Michel Basquiat. Basquiat was a very successful contemporary artist from New York City. He started as a graffiti-artist selling shirts on the street to make a living. By the early ’80s, his work had gained international attention.

He was a huge part of what is now called the Neo-expressionist movement, a very modern style of painting. Basquiat died in 1988 due to a heroin overdose.

Like Basquiat, the majority of emerging artists struggle to publicize their work, Bloomfield being no exception.

“I went through years of rejection letters,” Bloomfield said.

He also said he had kept those rejection letters for inspiration. “It definitely gets easier and easier,” said Bloomfield, who now has three exhibits in the month of March alone.

“If I was my main goal was to have a show a month,” said Bloomfield.

He succeeded in that goal, showing in 12 or 13 galleries over the course of last year. He also won an informal art competition at Highline last year.

This month he is showing in three galleries.

On March 9, Bloomfield opened a solo display at the Christoff Gallery at 6004 12th Ave. S. No. 17 in Seattle. He has another solo showing in Seattle at the Essential Bakery Café, 2719 East Madison Street.

Bloomfield’s third gallery showing is at GalleryOK at 212 Alaskan Way S. The exhibit opened the first Thursday of the month and will end on March 31.

This gallery is a group showing and one of the artists is Bloomfield’s brother, Keith Bloomfield. They have done previous exhibits together, along with their brother-in-law James Anderson, who is a photographer.

The gallery will exhibit works including Critic by Dave Bloomfield and Policy Vacuum by Keith Bloomfield. Zoom In, Zoom Out by DodiRose Zooropa as well as Trout Mouth Mania by James Anderson will also be displayed.


One difficulty Bloomfield does not have is coming up with ideas.

“I have a million more ideas than I can put out,” Bloomfield said.

It certainly shows; Bloomfield has posted 116 images of his artwork on his Myspace page and runs about nine other websites for his art.

One of Bloomfield’s websites is http:// starheadboy.mosaicglobal.com. This site contains links to the various other pages he runs to promote his work.

The inspiration behind all of Bloomfield’s many paintings is life.

The response to his work has been tremendous, he said. He said his work is very personal and autobiographical; others relate to it because it’s all just a part of the human experience.

“The only message I am trying to convey in my work is the way I see the world,” Bloomfield said. “I use my painting as a journal and I put elements of my life into it as purely and raw as possible.”

Bloomfield plans to graduate from Highline with his associate of arts degree after taking a few quarters off to work and “see what else is going on in the world,” as Bloomfield put it.

After college he wants to find a job anywhere in the art related field.

Bloomfield’s next move as an artist is to get representation from an agent or established gallery, circulate prints of his work, and apply for art grants.

Noche de Arte to liberate Latino/Chicano art

BY ALICIA MENDEZ

staff reporter

The Latino Liberation Grassroots Student Organization will be hosting an art show on March 30 called Noche de Arte.

Latino Liberation is not a club, but is a part of the United Latino Association, even though the founders of the club are also a part of the United Latino Association.

The Latino Liberation Club was formed to address political issues facing the Latino Chicano community.

“We’re more of an activist club. We’re a lot more out into the community,” member Adriana Saenz said. “It’s good to look at the different things in society. Our group is about more than ‘hey this who are we.’... It’s just facing the fact that there are issues in society that people are trying to hide, for example the immigration issue, or social acceptance.”

This is the first even the club will be hosting, and though it is held at Highline, it is supposed to be a community event.

The art show will be held twice, in the Mt. Constance room of the Student Union Building.

The first time will be during Highline’s spring break, March 30 and the second time will be April 2 for Highline students to get another chance to see the art.

Thus far they already have more than 20 artists lined up, though they do not have many female artists.

Unlike most art galleries, and displays, this show will incorporate a wider variety of art all with a Latino/Chicano undertone.

“All of the art reflects Latino Culture,” Saenz said.

Types of art presented will include: drawing, painting, low-rider design, photography, food as art, film, weaving at the poetry, song, tattoo work, and graffiti.

The show is purely intended to raise community awareness to local Latino/Chicano artists.

“One thing that is different about this show is there will be no profit going toward our club, Highline, or the artists,” said Soledad Picon who is organizing the show. “We just want to do this for the community. Basically, to get the artists work recognized.”

“A lot of people who have the talent don’t let it show, or they can be too shy, or think it isn’t good enough,” Saenz said.

“It should be appreciated and displayed because really they are very good.”

The club hopes to also gain more members for their club, because they intend to be more of a community organization.

“We are about getting politicians to realize that we are apart of this community, and should not be excluded,” Picon said, acknowledging the immigration issue. “We’re trying to empower students, and the community to higher education, and being a group where we’re all working toward the betterment of the community.”

To catch the show, come to the Mt. Constance room in the Student Union Building on March 30 from 6 -9 p.m.

If you miss it, be sure to catch it April 2 in the Mt. Constance room.
Squeeze some jelly into your roll this spring with Big Jo

As spring fast approaches all sorts of dessert recipes emerge that have lain dormant through the fall and winter months. Jelly or cake rolls, also known as Swiss roll in England, are a thin, flat cake that is filled and rolled in a tube or log shape. When sliced this cake displays a jelly or cream filling. Filling for the cake can vary as much as the cake itself. Anything from whipping cream and buttercream to jellies and jams can be used to add flavor to your cake.

The eggs are usually separated and beaten before being combined again. So you could separate the eggs and then allow them to sit for about 15-20 minutes before beating.

The benefit to beating the egg yolks and whites separately is that it makes the cake more flexible and lessens the cracks that may occur when rolled. To achieve stiff egg whites they need to be beaten for 3-5 minutes on high.

Add any flavoring only after the yolks are thick. Egg whites are usually folded into the egg yolk mixture but make sure that you do not over mix because this will cause the cake to lose its airiness. A good tip is to sift the ingredients before measuring, sift them together and then sift into the egg mixture.

Beat whipping cream on high until soft peaks form. This is when the beaters are removed from the whipping cream and the tips of the peaks will not fall over. If whipped cream is not sweet enough more sugar can be added.

For a spring roll that is perfect for making try this lemon cake roll recipe:

For the cake:
- 4 eggs, separated
- 1 tablespoon of sugar
- 1/2 teaspoon of lemon extract
- 1/2 cup of flour
- 1/2 cup of sugar

For the filling:
- 4 tablespoons of sugar
- 3 tablespoons of cornstarch
- 1/4 teaspoon of salt

For the jelly:
- 1/4 cup of sugar
- 1 tablespoon of water

Big Jo's Kitchen

JOCIE OLSON

Mix egg whites and water, beat on high until frothy. Slowly add 1/2 of sugar and beat until egg whites are stiff and set aside.

In a small mixing bowl, beat the egg yolks until thick and gradually add 1/3 cup of sugar. Add vanilla to egg yolk mixture and beat for 2 minutes. Fold into egg white mixture and then fold in dry ingredients. Do not over mix.

Spread batter in pan and bake 12-15 minutes. Sprinkle a dish towel with powdered sugar and turn cake onto the towel. Roll up cake and towel together and let stand for 1 minute. Unroll cake and then re-roll. Allow to cool and unroll and spread with filling. Chill overnight.

For a quick and easy whipped cream filling use this one:
- 1 pint of whipping cream
- 1/2 teaspoon of vanilla
- 3 teaspoons of sugar

Beat whipping cream on high until soft peaks form. This is when the beaters are removed from the whipping cream and the tips of the peaks will not fall over. If whipped cream is not sweet enough more sugar can be added.

For a spring roll that is perfect for making try this lemon cake roll recipe:
Art Calendar

The Highline College Chorale will perform Joseph Haydn's "Paukenmesse, Mass In Time of War," on Monday, March 19, 7:30 p.m. in Building 7. The choir will be previewing the piece it will be performing at Carnegie Hall later this spring. Featured performers will include Aaron Warnock, math instructor, tenor soloist; Fred Dent, geography instructor, bass soloist; Lynn Bartlett Johnson, mezzo soprano soloist; Joy Graybill, soprano soloist; and Nancy Warren, piano accompanist. Chorale Director Dr. Sandra Glover will conduct. Preceding the work, HCC Women's Ensemble will demonstrate the style of the Classical Era in several short pieces by Schubert, poetry by Keats and songs of the Italian masters.

Admission is free and open to the public and the campus. Donations to help the Chorale pay for its trip to Carnegie Hall will be accepted.

A local folk duo Reilly and Maloney perform Saturday, March 24 at 7:30 p.m. at the Kent-Meridian High School Performing Arts Center, 10020 SE 256th St., Kent. Tickets are $15 for adults and $12 for students and seniors. Tickets may be purchased at the Kent Commons, 525 4th Ave. N., or by phone with a Visa or Mastercard during business hours at 253-856-7000.

Company presents the show "How to Fly," Saturday, March 21 at 2 p.m. at the Auburn Riverside Theater, 501 Ora- vetz Road.

The show was originally scheduled for Jan. 13, but was rescheduled due to rough weather conditions.

Tickets are $8, and are available through Auburn Parks, Arts and Recreation. For more information call 253-931-3643, or go to www.auburnwa.gov/arts.

• Got arts news? Send items to tword@highline.edu. Deadline is Monday of each week for Thursday's paper. Listings in the arts calendar are free. Preference is given to on-campus events.

Puzzles

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers once only.

DIFFICULTY: **

Moderate ** Difficult

* GO FIGURE!

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Crossword 101

By Ed Canty

1. Timothy Leary's choice
2. Menu items
3. The Bonessetter's Daughter author
4. On
5. New York city
6. Splunkener's domain
7. Injured badly
8. Michigan to Ohio State
9. French abbot
10. Easy pop fly
11. Ice, i.e.
12. Pahls's title, with "the"
13. Superbowl, often
14. Just about
15. Tot hopping locale
16. Golf swing result
17. Car buyers' option
18. Metalware
19. Dogma
20. Pine for
21. "All"
22. Escort
23. A Starr
24. Sri Lanka, once
25. Superior skill
26. Italian treasure
27. RFK's final words
28. "Chicago..."
29. Base runner's dilemma
30. Souza's instruments
31. Heads or spades
32. Sail boat supports
33. Chord for
d
dn
34. "Lunch treat"
35. Ear part
36. Quick break result
37. Sudden
38. Revise
39. Nitpicky
40. Rip
41. Oval
42. "Diamond Fever"
43. "Chance combo"
44. Venues
45. "Mongrel"
46. Dryer result
47. Head holders
48. Buddha-shaped shrine
49. "Col's of yarn
50. Sikorsky, for one
51. Astronaut's disappointment
52. Capable
53. "Sonic Youth"
54. Swedish toy maker
55. Shade trees
56. Down wind
57. Relating to blood
58. "The Piano" author
59. "Timothy Leary's choice"
60. "Diamond Fever"
61. "Roses Are Red"
62. "The Bone setter's Daughter"
63. "Diamond Fever"
64. "Chance combo"
65. "Diamond Fever"
66. "Diamond Fever"
67. "Diamond Fever"
68. "Diamond Fever"
69. "Diamond Fever"
70. "Diamond Fever"

DIFFICULTY THIS WEEK:* Moderate ** Challenging *** HOY BOY!

Weekly SUDOKU

by Linda Thistle

Place a number in the empty boxes in such a way that each row across, each column down and each 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK:* Moderate ** Challenging *** HOY BOY!
The Lady T-Birds softball team had a rough start to their season this week against tough Bellevue and Wenatchee Valley opponents.

Highline lost both double-headers, first to Wenatchee Valley at Wenatchee 11-3 and 13-1 last Saturday, then to the Bellevue Bulldogs at home yesterday 15-4, 1-14.

Against Bellevue the T-Birds got down early in the first game, as the Bulldogs scored nine runs in the first inning alone off of pitcher Carrie Drager, and then started off well defensively, as Highline went three up, three down.

The T-Birds held the strong hitting of Bellevue off better in the second inning, holding them to one run and scoring two of their own. After being walked, Lady T-Bird Rachel Comstock was brought home on a sacrifice ground out and a stolen base.

The final run of the first game was scored by Nichols, as she stole third, and then home off of a wild pitch.

"I think we were a little shaky at first, but I think adjusting to all the different batters we all brought together as a team and stuck together as a team against a really good hitting team," Nichols said of the first game.

The final run of the first game was scored by Nichols, as she stole third, and then home off of a wild pitch.

"I think we need to work on our confidence and pick our heads up," Denbo said. "Be heads up," Denbo said. "Be confident and pick our opportunities offensively when we see them, which is huge.

"Defensively we did alright. They're [Bellevue] a really good hitting team," Schmidt said. "We didn't do anything wrong defensively, they just hit our pitching really well today.

The T-Birds next at bat will be at the two-day preseason tournament at Horn Rapids Playfields in Richland at 11 a.m. and 1 p.m. against the top-ranked East Division team, Spokane, in the first round.

"We play Spokane twice, and they're the No. 1 team or No. 2 team in the East," Schmidt said. "It's going to be tough; they're always a really good team. They have solid everything, so we're going to have to hit the ball well.

Highline plays back-to-back double-headers at home against Chemekeeta and South Puget Sound on March 23 and 31.

"We go up and down with our hitting and we need to stay a little more consistent where we're hitting and stringing them together so we're scoring runs when we can.

"Offensively there were some better moments; there was a lot of our short game stuff that we like to do," Schmidt said. "That's encouraging, because they get it, and we're doing that kind of stuff and taking the opportunities offensively when we see them, which is huge.
Tiny T-Bird track team tries to rebuild

BY YONAS WOLDEMICHAEL

Highline's track team is going the distance. That means no more javelin, long jump, hammer throw, and sprints. After losing two coaches in a year, the Athletic Department decided that track would be limited to distance events, for this year at least.

Recently hired Head Coach Christina Loehr takes an upbeat perspective as the season kicks into gear. "This will be a rebuilding period for the track program here at Highline. I specialize in only distance running and everything has to have a base to build up from instead of trying to cover every area at once," Loehr said. "I hope to have a whole track program within a few years here as it is essential to any powerhouse track team.

Loehr is a former distance runner, running for the University of Colorado before moving to Washington. Loehr said there has not been any distance runners but a long distance in a year, the distance running program at Highline Dotson did better than most.

"I do not mind having such a small number of athletes and actually like it better as I will be able to have more time to focus on each individual as an athlete and help them with personal improvements," Loehr said.

So while the T-Birds won't be a threat to win the NWAACC crown, individual athletes may still qualify for the finals if they meet qualifying times.

Loehr says she would absolutely love to have more runners out on the track and that they still have a few weeks to join [before Spring Quarter] and it can also count as a class that an individual can get credit for.

The decision to downsize track came after the program suffered some turmoil in the last couple of years.

"The track program here has been struggling for about the past 10 years and last year I just made the decision to make it strictly distance," said Athletic Director John Dunn.

"Essentially it was coaching issues with a slight problem in the financial area, but the coaching problems really hurt the program. Now that the team is just distance their budget has been cut as they will not need as much money," Dunn said.

Dunn's predecessor tried to kill the program but failed.

In the past two years former head coach Robert Yates was fired and replaced by Les Black, who resigned after last year's season.

Nonetheless, the men's team won the NWAACC championship in 2004 and finished third the following year, and the women's team had a number of individual champions.

Loehr has now replaced Black and says that she hopes to stick around for a while. Highline's first meet will be Saturday, 10 a.m. at Pacific Lutheran University.

Nowhere to run

Shrunken track program leaves Dotson in the blocks

BY YONAS WOLDEMICHAEL

You might see him walking around the Highline campus with his headphones blazing obnoxiously and a gallon of water strapped to his backpack. Or you might spot him at a sporting event screaming erratically to throw off the most determined challenges stepping onto Thunderbird territory.

His name is Brian Dotson and he is one of the many talented sprinters on this campus who will not be able to perform for track fans this spring.

At the end of last year's track season a decision was made to make the running program completely distance. This decision was made after one coach was fired and another resigned over the past two years.

Even though this change has had some time to sink into student-athletes here, it still comes as a shock to many individuals who attend Highline.

"The track program is really messed up here. Not to offend any distance runners but a long distance race is tedious and boring to watch repeatedly," Dotson said.

They need to bring back sprinters. A fast-paced, heartbeating, and intense race is what fans come to watch. That is what really gets them going.

During Dotson's senior year in high school he was part of a team that won the 2A state 4x100 meter championship.

Dotson recalls being the anchor (last leg) of the relay team and had to pick up the slack of his team as he caught two other runners who were in front. After finishing high school in 2005, Dotson applied to many universities who all told him to first get his associate of arts degree and then re-apply.

"So I decided to come to Highline because I had heard good things about this school. It was all good my freshman year and now I won't even get the chance to show what I can do before I graduate," Dotson said.

In his freshman year at Highline Dotson did better than most had expected.

Dotson says that Head Coach Les Black (the previous coach) did not have high expectations as he was unknown at the time and a walk-on.

Using these doubts as motivation Dotson headed into the NWAACC Track Championships in 12th place for the 400 meter race and finished a surprising sixth instead.

"When I came to Highline my personal record for 400 meters was 51 seconds and at NWAACC I ran a 54 second 400. I was hoping to cut off another four to five seconds off my time this year, but my plans have changed," Dotson said.

Since the sprint program has been cut at Highline Dotson has become a student worker in the Physical Education Department.

He is the one of the first guys to arrive at the Pavilion to set up for a basketball or volleyball game and the last one to leave after a good session of clean up.

Dotson continues to work out on his own but says he would prefer the guidance of an experienced sprint coach who could help him achieve his goal of running for a Division 1 school.

"We need to have a full track program soon because just having distance implies that track won't even be here next year," Dotson said. "All that and a bag of chips."
Playing Tall

Highline's Olenthia Dishmon made up in game what she lacked in height

BY MICHELLE ERICKSEN

Heart matters more than height, at least in the case of 5'3" guard Olenthia Dishmon. Dishmon was the captain of the Highline women's basketball team this season.

Dishmon, 20, originally from Gary, Ind. moved to Washington when she was 5. That's when she started playing basketball.

To Dishmon basketball is more than a sport; it's an escape.

"It's somewhere to go to where I'm stressing out," said Dishmon. "To Dishmon basketball is like another family," said Rowe.

"It's like another family," Dishmon said. "The team is your family.

In many respects Dishmon is a lot closer to this year's team than last year's. There were 10 freshmen and two sophomores on this year's women's basketball team, included Dishmon.

Coming into last year's team was hard for Dishmon as she was one of the only freshmen.

"When I first came here it (her height) affected me a lot," she said. "I was scared, I was afraid to play for a college."

"Coach (Amber Rowe) recruited me and she knew how tall I was," Dishmon said. "Coach Rowe has been a big part of me. She taught me more in four months than I'd learned in four years of high school." Dishmon played basketball for Mt. Rainier High School before coming to Highline.

"The coach put me on a c-squad at first, and I'd never played not varsity," she said. "I was averaging about 20 points a game so after two weeks he moved me up to varsity."

Dishmon said that because of her height she has to constantly prove herself on the court.

"I can jump as tall as a 6-foot player and I can get as many rebounds as well as has a post player so put that together and I might as well be a 6-foot player," said Dishmon. "I like being in the air." Women's basketball Head Coach Amber Rowe said that Dishmon's game as well as confidence has improved this year.

"Last year she never really made the adjustment to college basketball, she had a hard time playing her game," Rowe said. "This year she got over that went to the basket strong and made some great plays at the hoop.

"She had a lot more confidence this year, she probably had two games in a row where she was double digit scoring," Rowe said.

There are advantages to being shorter on the court though. Dishmon said she can dribble lower than a lot of players and the ball is harder to steal from her.

"It makes the defender come down more if I dribble low," she said.

Dishmon said that taller basketball players are less willing to get low to the hoop.

Dishmon said that basketball wise it wasn't the greatest season last year.

Dishmon said that this year has been the best season she's had. Besides being short Dishmon has overcome other obstacles in her basketball career.

"Not playing to the potential that I know I could," Dishmon said.

Dishmon's game isn't revealed by stats.

"She's a good defender and defense doesn't show up on stats a lot," said Coach Rowe. "She does a lot of the intangibles and she brings a lot of energy to the team."

"I worked hard last summer to get that starting position," Dishmon said. "I knew some of the girls coming in were better than me, and I had to push myself harder.

"I get along with the team," she said.

"A lot of the girls came to me with questions," she said. "I felt like I have a duty to them.

"She's a great player, has a great attitude and you can count on her to keep the team going," said 6'1" freshman swing Marcella Litviller.

Dishmon said that this team has more talent in comparison to last year's team.

"We were talented last year, but this year we have more," Dishmon said.

One of the biggest differences she noticed was the levels of togetherness on both teams.

"Last year everyone on the team hung out off the court, but it wasn't clear on the court," she said. "This year a lot of the girls didn't hang out off the court, but on the court we were a team, a family."

Dishmon said that after pre-season the team learned how to play with each other.

"We all came from different teams and there was so much talent but at the same time a lot of different personalities," she said.

The Lady T-Birds came together enough to win the West Division Championship. They finished the season with a 28-5 overall record.

"We put a frint on a lot of teams this year," Dishmon said. "Every team was gunning for us."

The Thunderbirds lost their shot at NWAACC championship title after losing 84-64 to Skagit Valley the first day of the tournament. The T-Birds also lost 62-2 post Kim Dodson within eight minutes of the game.

"The loss really just brought us together," Dishmon said.

The women's team pounded out three solid wins in the next three days and clinched fifth place in the NWAACC.

Dishmon is graduating from Highline this year with an associate of arts degree.

"I'm leaning more to Sociology," she said of her degree major. "I'm more involved in my education. I want to go somewhere with it."

Dishmon is moving on to Morgan State in Baltimore to study sociology.

"I'm going to try and play basketball there too," she said. "Coach (Rowe) contacted the coach and she sent some tapes."

"I'd rather go off academics then athletics," she said.

Dishmon said that taking a sociology class with Daryl Bruce was a big influence on her.

Dishmon has already achieved one of her dreams; she played basketball in college, but college wasn't all about basketball to her.

She will be the first person in her family to graduate from college.

Dishmon's older and only brother attended college for a year for football before dropping out. She and her brother were raised in a single-mom house and her mom didn't have time for college because she was working to support her kids.

"My brother barely finished high school," she said. "I had more pressure on my shoulders to graduate from college and I didn't want to let my mom down."

Dishmon said that one day she hopes to be in a career that will allow her to support her mom. Rather than celebrities such as Michael Jordan, she said, she finds her heroines at home in her mother and brother.

"My mom is my hero, my inspiration, she's everything to me," Dishmon said. "She's the true definition of a strong woman. She's been through a lot and I admire her for that."

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Webb spins hoop success at Highline

BY ALICIA MENDEZ

Derrick Webb has earned enough titles in his basketball career to fill two shelves worth of awards. Webb, 6'3", was starting card for Highline for the last 10 years and has earned a permanent place in Highline's basketball history. Just last year Webb helped pave the way to Highline earning the 2006 NWAACC championship, where he earned the MVP title of the tournament. This year, Webb helped his team earn a division title; shares the co-MVP title for the Western Division; led the team to finishing off this year's NWAACCs in seventh place, and earned a spot on the All Star team for the Western Division.

Ironically, he had not intended to play for Highline this year. However, a week before this season began Webb changed his mind when he realized this season's team was another winning team. "That's why I came back instead of redshirting," Webb said. "I knew we had a pretty good chance at winning the championship." Unfortunately, Highline only placed seventh in the tournament, but Webb wasn't dissatisfied. "It was definitely disappointing. But I was happy that I was able to play with those kind of players in that time," Webb said.

Webb said having confidence in the court gives him an edge. "It pumps you up at the same time," Webb said. "It makes me want to back up what I'm saying."

As long as he can remember, Webb has played basketball. "I was probably playing when I was in the crib," Webb said. As a kid Webb said he remembers using basketball as a tool to relieve his mind of a torn ligament, is a cross with the middle of the web is a basket, the other, on his right shoulder, is a cross with the words "With God all things are possible," underneath. After high school, Webb was recruited to play for the Thunderbirds. He said the sophomores on the team welcomed him, and made him feel like this was the team he needed to be on. Webb said being on Highline's team has really taught him the real meaning of togetherness. "My brother encouraged me, and taught me a lot. He gives me the criticism [for basketball] I need to hear," Webb said. Webb averages 16.8 points and seven rebounds a game. He's sixth in the league in assists averaging 4.38 a game. Webb already has two tattoos and said he plans to get more. "I look up to my brother...I'm going there because it's all I've ever been a word embedded into the men's basketball team, thanks to Coach Che Dawson. "I have a lot of good friends on the team. I think we'll all be good friends for years to come," Webb said. Togetherness to the men's team not only means having team chemistry, but caring about the team's best interest above their own. "It's about the team chemistry," Webb said.

During high school Webb's brother, Anthony Webb, who also considers his best friend, was Webb's saving grace. "My brother encouraged me, and taught me a lot. He gives me the criticism [for basketball] I need to hear," Webb said. Webb said he's stayed focused purely on basketball, and never turned back. "It pumps you up at the same time," Webb said. "It makes me want to back up what I'm saying."

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The show was scheduled for the beginning of winter quarter, but had to be postponed due to snow.

A mixture of two different chemicals in a tube container amazed the audience with its magically changing color, which looked a bit like a "lava lamp without the lava," Pfeffer said.

The explosions got the audience covering their ears. Pfeffer and Gulliford demonstrated with balloons filled with different gases inside.

One contained oxygen, another hydrogen, and the third a mix of oxygen and hydrogen. That part of the demonstrations created the big bang.

Five-gallon water bottles filled with alcohol flames left the audience shocked when they became giant torches.

Elephant toothpaste was saved for last.

It surely got all the attention when it foamed up and covered the whole table. It stood out with its many colors.

"The purpose of these demonstrations was basically to prove that we can predict what chemicals are going to do," Gulliford said.

These demonstrations were designed to help with the teaching of chemistry, she said.

Next week's Science Seminar will be a lecture by defense attorney Mark Prothero, who defended Gary Ridgeway and wrote a book on it, Defending Gary.

For more information, contact Dr. Eric Baer at 206-878-3710, ext. 3513.
Mt. Rainier is Washington's perilous beauty

BY BRIANNE BEETS

When Mount Rainier erupts at least 100,000 people may die, when it eventually happens again.

"Mount Rainier has been quiet for at least a half a million years," Highline geology professor and volcano expert Eric Baer said.

Mount Rainier's most recent eruption was in 1888 and although it was a substantial eruption, it did not cause any deaths.

"It's been an unusually long time for it not to have erupted," Baer said.

Mount Rainier does not erupt in the same explosive way as Mount St. Helens did in May 1980, but there are other dangers that Mount Rainier has.

"[Mount Rainier] has so much ice and snow up there that it can melt and produce lahars that can do a lot of damage even farther from the mountain than some of the stuff from Mount St. Helens," Baer said.

Lahars are a mixture of water and debris that can come down river valleys and destroy everything in their path.

"They're sort of like a flowing wet concrete. If you get caught in them you're dead," Baer said.

Lahars completely destroy houses and tend to dismember people who get caught in their wake.

"Imagine getting hit by a wall of wet concrete filled with big boulders and pieces of trees, going 30 to 40 miles an hour. We don't find survivors from these things, often we just find pieces of people," Baer said.

Lahars have completely annihilated entire cities in other parts of the world such as Columbia; in Nevada Del Ruzi a lahara killed 25,000 people.

"They just totally wiped an entire town out of existence," Baer said.

Mount Rainier has produced extreme eruptions in the past but "not since there have been a whole lot of people around it," Baer said. In the area where Emerald Downs was built there lies an entire forest that was buried beneath a lahar from an eruption of Mount Rainier.

"The Puget Sound used to extend all the way up to Auburn but there was an eruption of Mount Rainier which filled all that in, which is why we have a valley there instead of the Puget Sound there," Baer said.

"The National Park gets a couple million visitors every year and there are people right on the mountain where they would be impacted by these within minutes of an eruption," Baer said.

The substantial amount of snow and ice Mount Rainier has poses a serious threat to visitors on the mountain who would be killed by eruptions, as well as flooding and landslides.

The snow inhibits the ability to track Mount Rainier because "we wouldn't be able to get instruments up there as quickly if it were during winter time," Baer said. The probability of such an eruption happening again is 1 in 100 within the next 100 years.

"Your chances of dying in an automobile accident are about 1 in 100 and we do a whole lot less," Baer said.

Lahars are about 100 times faster than an automobile accident are about 1 in 100 and we do a whole lot less. "But you have to evacuate nearly 100,000 people so it would take a long time and I don't think a lot of people know where they should go," Baer said.

In terms of evacuation people would be forced to leave their homes for up to two to three years and "people don't like to be away from their homes for that long; not even for weeks much less years."
News

Success fits just right

By Meghan Tavare

Suits for Success has spread from Seattle to Highline, clothing poor and homeless women for their job interviews. It has become the project of three Puget Sound Early College students: Rachel Alton, Bren Fejarang, and Thomas Konecny.

Puget Sound Early College is one of the departments at Highline and is held at the Federal Way campus. It offers high school students the chance to complete requirements for their diploma while working on their associates of arts college degree.

For their combined studies Alton, Fejarang, and Konecny chose to work on Suits for Success, a project given to them by their instructor, Craig McKenney.

This local effort ties into an annual YWCA event, called Send One Suit Week, which collects clothing is recommended," said Alton.

Send One Suit Week collects interview-appropriate clothing and accessories as well as financial donations, which support career based activities such as the Professional Women's Group.

Dressbarn, the National Title sponsor, has agreed to donate one new suit to YWCA for every 10 suits donated.

Participants in the Suits for Success organization expressed hope for continuing and furthering this program at Highline. They said that it was very rewarding to help those less fortunate than themselves.

"It is just great to know that you can impact someone's life by doing a simple act of kindness," said Alton.

Event to benefit injured child

By Shuryvon Haynes

A local ministry led by a Highline staff member is hosting a benefit concert for a young boy who lost his left eye while lighting a bottle rocket on New Year's Eve.

The benefit concert will be on Saturday, March 24, in Building 7 at 3 p.m.

All proceeds raised at the concert will be used to help 6-year-old Hosea Chabira's parents cover additional medical bills not covered by their insurance.

"There will be singers from all over the Northwest coming together for this special cause. The purpose is to give and be a blessing to others," said Pastor Gerald Jackson, who also works in the Administrative Technology Department.

Servanthood Ministries Revival Center is a multi-cultural, youth-centered outreach ministry that meets on Highline campus every Sunday morning.

During the week Pastor Jackson and his wife, Tanny visit different church members' homes for prayer and fellowship.

"We bring service to the hood, we show love to all people. That is what Servanthood means," said Pastor Jackson.

The ministry has worked in partnership with World Vision and other churches to minister to youth, prisoners, senior citizens and the homeless for more than 15 years.

Their mission is to show God's love through singing, poetry, drama, dance and teaching the Holy Bible.

In December the ministry won an award and performed at the Peace Pageant of Peace ceremony held every year in the White House.

"It was a very humbling experience to minister at our nation's capital building," said Pastor Jackson.

They also won the "Live the Dream" award by the Weyerhaeuser Corporation given to those who are making an impact in their community.

Everyone is invited to attend and participate in this event, Jackson said.

"We want to let Hosea and his family know that there is someone who cares, we want help them meet their needs, show them love," said Pastor Jackson.

For more information call 253-826-6111 or visit www.gt-jackson.com

Lawnmower Man

By Modelle Eriksen

Manuel along with the rest of the Highlines' grounds crew are fast at work keeping the grass trimmed and the campus beautiful. As winter draws to an end, the leaves begin to return on the trees, flowers blossom as they awaken from their winter slumber and the grass becomes a little greener and grows a little quicker.

The last week has brought sunny days and rainy afternoons. Spring Quarter is just around the corner which means, "It is just great to know that there is someone who cares, we want help them meet their needs, show them love," said Pastor Jackson.

For more information call 253-826-6111 or visit www.gt-jackson.com

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On the Move...
Drinks all around for Vino's homecoming

BY DAVID BEHN

Vino, a dog that was reported missing in last week's Thunderword, has been found and returned to his home.

The dog had been missing since Feb. 24, when he disappeared after being taken outside by his owner Nicole Losacco.

"I had let him out to use the bathroom," Losacco said.

She suspected the dog was taken when she went in side briefly.

"I heard him barking outside," she said. "I had only been away for a minute."

She suspected something was wrong immediately.

"He is a really well-trained dog, he doesn't run," Losacco said.

They spent a few hours searching the entire area, only to end up coming home empty-handed.

Over the next two weeks, Losacco tried desperately to get any information on the whereabouts of her dog. This included putting ads in The Thunderword, and flyers around the neighborhood.

"We spent probably $300 putting up posters and ads," she said.

It was not until the end of the second week, when they got a message on their machine, which gave them the hope they had been looking for.

"Somebody had left him an anonymous phone call and said the dog had been taken to a shelter and was going to be put up for adoption," Losacco said.

They quickly headed up to an animal shelter up in Ballard to pick up Vino.

In the end, Losacco had to essentially re-adopt her own dog from the shelter, which included paying for the work that had been done on him. Losacco said, "I ended up paying $195 for another round of shots, neutering, chipping, and 10 days in the animal shelter," she said.

It was a small price to pay to get her beloved dog back. When Losacco first got Vino when he was a puppy, he had brothers and sisters. These other dogs were purchased by other members of Losacco's family.

Before getting the message, they had received reports from a teacher that Vino had been seen at a high school.

"We had gotten tips from Mt Rainier High School saying that a student had a dog matching our description," Losacco said.

The student seen with the dog was a resident of West Seattle, so they suspected that the student was pressured by a parent to return the dog, but instead took it to an animal shelter.

"We think that the mother called. That's just my theory though," Losacco said.

Regardless of whom the caller was, Losacco is just happy to have Vino back home where he belongs.

One last discussion

It's time to read up and eat. The Book Club, presented by the Intercultural Center, will be holding an end of book discussion on the book Kindred by Octavia E. Butler.

Everyone is welcome to attend. A potluck will also be held.

It will be held today, March 15 in Building 6, room 104 from noon-1 p.m.

Bringing nations a little bit closer to Highline

BY SIMONE SNOW

Highline is going even more international.

Community Colleges for International Development, Inc. submitted a proposal to the U.S. Department of State for a grant of $3 million to fund the Community College Summit Initiative Program, a program to increase international development by bringing 84 students from various countries to the U.S. to attend community colleges and gain practical skills to use in their native countries.

The proposal was accepted, and Highline was chosen as one of seven community colleges to take part in the program.

"CCD recognizes Highline as among the best U.S. community colleges with international programs," said Lisa Hasselblad, director of International Programs and Grants. "At this point, it appears that we will have students from Turkey, Indonesia, Pakistan, Egypt, and South Africa."

Hasselblad said Highline will offer the students English Language Learning classes and train them in business and hospital work.

"Part of the grant program is to provide these students with a number of opportunities to connect with our campus and community through presentations in classrooms, participation in volunteer activities, and taking part in student clubs and events," Hasselblad said.

Hasselblad said the program also has long-term benefits for Highline to expand International Programs.

"Once the students leave Highline to return home, we will stay in touch with them. This will enable Highline to expand our contacts in Pakistan, Indonesia, Turkey, Egypt, and South Africa," Hasselblad said.

"It could provide us with additional ways to recruit international students and with additional connections with businesses and professional groups in those countries."

Skari said she believes the campus community will also benefit from the opportunity to learn about the students and their cultures.

"These students will enrich our campus in the same way our current international students do. It is a great opportunity for us," Skari said.

"In addition, these students will participate in home stays, establishing friendships that last a lifetime and transform all our views about a once foreign country and culture."

Also taking part in the program will be Keystone and Hillborough Community Colleges, Florida; Kirkwood Community College, Iowa; North Harris Montgomery Community College District, Texas; Northampton Community College, Pennsylvania; and Parkland College, Illinois.

"We all benefit when access to education can improve the prospects for a more peaceful world," Skari said. "This is quite an honor and speaks to the excellence of our international programs."
Students are helping others at a taxing time

IRS spokeswoman gives tax advice for students

By Arnels Custic

Taxpayers are now able to file their 2006 tax returns electronically at no charge, thanks to eight accounting students and the Volunteer Return Preparation Program. The accounting students are from Highline Community College and Central Washington University in a joint attempt to help the public with their taxes.

They will be available each Tuesday, Wednesday, and Thursday from 11:30 a.m. to 6:30 p.m. in Building 30, room 214 through April 5. Also, new arrivals are taken after 3:30 p.m. and it is on a first-come, first-serve basis.

To participate in Volunteer Return Preparation Program, the accounting students received professional training over a month's period of time in order to gain a better understanding of how to properly prepare income tax returns.

The training was followed by an IRS and AARP-issued exam that the students were required to pass if they wished to become eligible to volunteer.

Currently, the students are using what they have learned from the course and applying it to as many tax returns as they are able to.

For Grace Omoto, a former Highline student and new Central Washington University senior accounting student, the opportunity to join the program has finally come.

“I had an interest in volunteering for this program last year but for some reason I didn't,” Omoto said. “Now I'm simply doing it to get a better understanding of how to work with taxes because I want to be able to know what I'm talking about when I get into accounting.”

“I took a tax course last year but it didn’t make complete sense to me until I started actually doing it and not just talking about it,” Omoto said.

This is Omoto's first year in the Volunteer Return Preparation Program. She wants to major in accounting but not tax accounting.

The reason that an accounting student such as Grace Omoto would volunteer for this program is because it is a win-win situation for her. For one, she gets the satisfaction of knowing she helped her community members; two, she received free training; and three, it looks great on her resume.

Since the accounting students can only do so much, taxpayers' tax returns that become too complicated will be recommended to paid professionals.

Highline Accounting Department Professor Geoff Turck is facilitating the volunteer tax services.

“Truck’s efficiency encouraging taxpayers is to come in with a hour of availability so that the accounting students don’t feel rushed,” Turck said.

“Also, you have to remember to bring all of your paperwork with you, especially last year’s tax returns and anything you’ve received in the mail relating to your tax return.”

The volunteers in the program encourage taxpayers to come prepared with any tax forms received in the mail, such as the W-2, 1099-T, and 1099, as well as the Social Security number of any family member, Social Security statements, and last year’s tax return if applicable.

**An accounting student sits at a computer while she helps another student with their tax return.** Accounting students will continue to offer free assistance with tax returns until April 5.

The 2006 EZ form is one form students must fill out as part of their tax returns. For more information or to contact a tax consultant, visit the IRS website at www.irs.gov.

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**The 1040 EZ form is one form students must fill out as part of their tax returns.**

**By Arnels Custic**

Every year, millions of people file federal income tax returns even though they are not required to.

Student taxpayers should be aware of new tax laws and resources before filing 2006 tax returns. As employers are required to mail W-2 forms detailing taxable wages by Jan. 31, the time to think about filing is now.

You will most likely need to file a return if you:

• had taxes withheld from your earnings last year and are expecting a refund
• owe taxes
• made $400 or more during self-employment
• earned at least $108.28 while employed at a church organization

Furthermore, certain scholarships and fellowships are considered taxable income.

A scholarship is generally a paid amount that benefits a student at an educational institution in their pursuit of studies while a fellowship is a paid amount that benefits an individual in the pursuit of study or research.

“If you received a scholarship or fellowship, generally, the entire amount is taxable if you are not a candidate for a degree,” IRS spokeswoman Jady Monahan said.

Even if you do not have to file a return, you should file one to get a refund of any federal income tax withheld.

The IRS has compiled information directed specifically to student taxpayers.

The information may be accessed at www.irs.gov/individu­als/students.

Most of the changes that affect students for the 2006 tax year are designed to offer great­er deductions and tax credits.

The Earned Income Tax Credit allows low-to-moderate income taxpayers such as college students to gain credit on their tax forms.

In other words, you get to keep more of the money that you earned.

Other kinds of income often received by students that are generally taxable include: pay for services performed, self-employment income, investment income, income and certain scholar­ships and fellowships.

For pay for services performed income, when calculating how much income to report, make sure to include everything you received as payment for your services, such as wages, salaries, and tips.

On the other hand, for those who have already filed tax returns and are expecting a refund from IRS “Where’s My Refund?” website will help. To obtain the status of your tax refund all you need is your Social Security number, filing status, and/or the exact refund amount shown on your return.

“Other changes for the 2006 tax year imply existing IRS services,” Monahan said.

The 2006 Tax Rate Schedule posted on the IRS website makes it easy to estimate how much you must pay in taxes or refund eligibility.

Students who made up to $7,550 in taxable income in 2006 must pay 10 percent of that amount.

Meanwhile, the tax of students whose taxable income was in the bracket of $7,550 to $30,650 last year is $755, plus 15 percent of how much they made over the amount of $7,550.

Watch out for tax scams. These schemes take several shapes, ranging from promises of large tax refunds to illegal ways of "untaxing" yourself.

The deadline for tax returns has been extended from April 15 to April 17 due to Emancipation Day in the District of Colum­bia.

For more information or to talk to a tax consultant, visit the IRS on the web at www.irs.gov, or call 800-829-1040 to speak with an IRS representative by telephone.
Instructor wants to reduce stress for students

**By Shurvon Haynes**

Staff Reporter

Students can breeze through Spring Quarter with Highline's new Stress Management Course, taught by Licensed Clinical Psychologist Dr. Gloria Rose Koepping. "There is a need for students to have help managing all the parts of their lives -- home, family, work and school. Stress management can help them find balance," said Dr. Koepping.

Students can enroll in Stress Management, item No. 7010 anytime during Spring Quarter and have the option of taking 1-3 credits.

"I will then adjust classes based on participation and individual needs," said Dr. Koepping. The class will be offered every Monday and Wednesday from noon to 1:15 p.m.

Some of the stress management methods used will be learning special breathing techniques and making relaxing meditation tapes which can help a person become more calm and centered as they prepare for a test, Dr. Koepping said. Students will also walk on labyrinths and paint mandalas which are a geometric symbolic design believed to create balance, harmony and wholeness. "We can't manage other people but we can manage ourselves and how we will deal with complex situations," said Dr. Koepping.

All students will be required to keep a journal of their recent experiences, and create an individualized stress management plan. "I see the need for students to have a better box of tools on how to eliminate outside stressors," said Dr. Koepping.

Dr. Koepping has been working in the counseling center for 19 years; she teaches career classes and does individual counseling. If students are interested in stress management but don't have room in their schedules to take this class, they can make individual appointments with a counselor in Building 6, room 244 or call 206-878-3710, ext. 3353.

Counselors can also help students who are depressed, schizophrenic, or have learning disabilities at no extra charge. "I want to teach people how to put the heads and bodies back together and have balance now while they are young," Dr. Koepping said, "which will give them more peace and longevity as they get older."

Don't be a stranger

Get to know Nobody Knows. This week's Movie Fridays will screen the film Dare Mo Shiranai, which translates means Nobody Knows. The movie tells the story of four children in Japan who are forced to fend for themselves after their mother abandons them. Everyone is welcome to attend the free screening.

Movie Fridays are held every Friday in the Mt. Constance room of the Student Union at noon.

Exploring the world with GlobalFest

**By Simone Snow**

Staff Reporter

Travel the world without ever leaving Highline. GlobalFest, once called International Night, is returning for a fifth year as an event sponsored by International Student Programs.

"The event used to be called International Night, but we changed the name to GlobalFest to reflect the festival atmosphere," said Amee Moon, associate director of International Student Programs.

Moon said GlobalFest is a "cultural festival" for Highline. "The purpose of the event, Moon said, is to give the entire campus community an opportunity to learn about and experience multiple cultures all in one place and night that are represented at Highline by international students and a diverse staff and faculty.

"Highline is wonderfully diverse with students from around the globe," Moon said. "We want to give students the opportunity to showcase their culture and learn about other cultures."

Moon said GlobalFest will have something for everyone. The event will feature an international fashion show of "traditional dress from around the world," performances by staff, students, and faculty of traditional music and dance from a variety of cultures, a buffet of international food for people to sample, and culture booths for more information on different cultures and hands-on activities.

"Booths will have items from each country on display as well as activities, games or other interactive elements.

"In the Japan booth, for example, we will have a place to make origami candy boxes and play some traditional games," Moon said.

"We'll have games, demonstrations and hands-on craft projects for people to see or try."

Already Moon has booths for Japan, Korea, China, Moldova, Sri Lanka, and Vietnam in the works, and says she hopes to recruit more.

"We want to include as many different countries as possible. We're especially seeking students who have some kind of talent or ability they can teach or demonstrate for the culture booths, like Chinese calligraphy, martial arts, or the didgeridoo," Moon said.

"We are especially looking for students from African, European and South American countries to volunteer to create a culture booth.

Moon said she is also seeking volunteers to perform, participate in the traditional fashion show, stage logistics, help advertise for GlobalFest, and put up decorations for the event to take place on April 27 in the Student Union from 6-9 p.m.

Ticket for GlobalFest will go on sale April 2 in the International Student Programs office in Building 9. The price of the tickets has not yet been announced.

For more information or to volunteer for GlobalFest, contact Moon at 206-878-3710, ext. 3374.

"GlobalFest gives students a chance to experience Highline's incredible diversity," Moon said. "And most importantly, it's fun."
Highline students often recall their wildest dreams

By Melody Ericksen

In the dream world of Highline students, dolphins jump over barns, and you can only kill the fuzzy black things with chili powder made by Bob Marley. Scientists say that everybody dreams. Students at Highline are no different. They say they remember a lot of their dreams, and often get the feeling of deja vu. The world of dreams is a place in which anything can happen. Many students have dreams that are pretty ordinary. "I have the most random dreams, one time I dreamed about a dolphin that jumped over a barn," said Andrew Lee. "And one is when I dreamed of Itchy and Scratchy. Scratchy was running after Itchy, who caught his tail and then got unmasked, and the next day I saw him when I was walking to school."

"I remember most of my dreams in which they are the grand hero. I remember most of my dreams," said Andrew Lee. "One time I was going to sing Ronnie James Dio on American Idol. I get the feeling of deja vu all the time, I've been there.

Student's feelings about deja vu are a mixture of frustration, fright, and delight. "I get deja vu all the time," said Maggie Cohen. "I'll be doing things exactly how it happened before, word for word, movement for movement."

Deja vu is defined by dictionary.com as, the illusion of having previously experienced something actually being encountered for the first time. Cohen's description of deja vu is perfect, it is the feeling that most people seem to get. "I remember a lot of my dreams," said Angela Lollie. "Most of them are reoccurring. I keep having a dream of a guy in black trying to kill my family. One time in the dream the guy got unmasked, and the next day I saw him when I was walking to school." "I think that you just dream what you are thinking about, at the end of the day. I usually have dreams once or twice a week. I get the feeling of deja vu a lot. It scares me, like something bad is going to happen," Louis said. "The coolest dream I had was when I was with five girls, all at the same time."

Then there are students who have dreams that are pretty ordinary. "I usually have good dreams though, most of them are with my friends and we're just hanging out doing stuff. I don't really get that feeling of deja vu a lot, well I don't know maybe a little, there is no way of knowing," said Lopez. "I think that you just dream what you are thinking about, at the end of the day. I usually have dreams once or twice a week. I get the feeling of deja vu a lot. It scares me, like something bad is going to happen," Louis said. "The coolest dream I had was when I was with five girls, all at the same time."

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Library

CONTINUED FROM PAGE 1

"One individual, prior to being admonished, had done various things throughout campus including the incident in the library," said Noyer.

Due to these sorts of incidents, the Library has tightened its rules regarding use of computer services.

For example, computers in the library have now signs affixed to them that read "HCC students only." This is not to keep the community from using the library, only to let Highline students know that they have priority in the library," said Highline reference librarian Jack Harton.

But that hasn't solved the problem. These incidents that have occurred, "go beyond just skipping school," said Harton.

"If I don't understand why this keeps happening, these kids should be in school," said Highline student Maria Edwards.

"When I was in school, we weren't allowed to leave campus during the day."

The Highline School District currently has a closed campus policy, said school district employee Sherei Russom. This means that students are not allowed off campus during the day. The only exception from this rule are juniors and seniors with "good standing" from the senior high schools, who are allowed to leave their campuses at certain points during the day.

If the schools were alerted to the misbehavior of a student on Highline's campus during regular junior and senior high school hours, "There would be some sort of disciplinary action taken, although it would be up the building administrator to determine what action that is," said Mt. Rainer's director of Security, Tony Deman.

Currently, Highline does not enforce the school district's closed campus policy.

"It is not our policy to alert the school district of the juveniles being on campus or being admonished," said Security Supervisor Richard Noyer.

Meanwhile, Highline students say they are tired of the disruptions.

"I go to the library so that I can get work done, but I can't think when I'm having the sound of students, said student Jake Adams.

"I feel pretty good about it," said Daniel Nordstrom, Paul Pittman and Jennifer Graybill - inviting key Highline officials to an executive meeting to discuss the issue.

Larry Yok, vice president of administration, said the Commencement Committee reviewed the cost estimates for the Key Arena, which are alternatives being considered. As it turned out, when we get estimates back, the arena remained a good choice," Yok said.

Despite the good news, there is still a small possibility that the plan may not go through. Currently, there is "no signed contract," says Larry Yok.

"Until there is ink on paper, I tend to be more cautious," he said.

"We're No. 2 behind the Sonics," he said. "If they go to the playoffs, which is unlikely, they get the arena."

Larry Yok said that reducing the cost of the Key Arena, approximately $20,000 of catering would be cut off. This does not upset Jonathan Brown in the least.

Students would choose to have more family members rather than a cookies-and-punch reception, which has been the normal routine, Brown said.

"I feel students will greatly benefit at having more tickets," said Brown.

If things go through as planned, graduating students will be able to invite more of their family members to the graduation at Highline, there would need to be equipment rentals and a big tent set up to accommodate students' family members, Longwell said. The college would also need to comply with proper safety and standards by the fire department.

In any case, Longwell says that all of this would end up costing much more than holding the Commencement at the Key Arena.

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Highline's updated, colorful new image

BY JOCIE OLSON

Highline has had its colors done.

Last week the Communications and Marketing department sent out index-size cards with Highline's new color scheme. This is part of the college's new branding strategy.

Director of Communications and Marketing Kelly Maloney said she believes the colors were chosen because they are reflective of our environment.

"It speaks to just being in the Pacific Northwest in general," Maloney said.

The colors were chosen by the data compiled by the people who were surveyed by a company Highline hired to do research.

"Arscendia was the company hired to help us with our branding. The wording came from Bridenbaugh Communications, a firm hired to do research," Maloney said.

The firms interviewed key frontline staff and people who interact with students.

"They came up with key messages that resonate with our different audiences," Maloney said.

Highline paid about $25,000 for a community perception survey.

So what are Highline faculty and staff supposed to do with the colors?

Maloney explained many faculty do their own marketing and with the templates provided for them on Highline's communication and marketing website.

"So all of our images and messages are consistent," Maloney said. "The templates provided now are just the beginning."

"We hope to have hundreds so that they have an individual look for programs but still stay within the brand standards," Maloney said.

Maloney said that she wants to give the people at Highline a higher level of customer service.

"We are listening to the campus and instituting changes," Maloney said.

The last changes to be instituted are the business cards and the letterhead.

"As people run out of business cards and letterheads then they will get new ones," Maloney said.

Branding is an important part of any business.

"A brand is your audiences' perceptions of what you are, who you are, what you do and how you do it," Maloney said.

"It is essentially how your audience sees you. So it's important to make sure, as an organization, you live your brand. A lot of people think brand is a logo. Although it includes your logo, it's really inclusive of everything. It's creating an experience for our audience," Maloney said.

For general information contact Kelly Maloney at kmaloney@highline.edu or at 206-878-3710, ext. 3146.

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Highline's new color scheme.

The Highline color pallet is intended to make Highline more recognizable as a college and as a brand. Communications and Marketing representatives say they will be available to assist campus members in all of their logo needs.

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Maloney explained many faculty do their own marketing and with the templates provided for them on Highline's communication and marketing website.

"So all of our images and messages are consistent," Maloney said. "The templates provided now are just the beginning."

"We hope to have hundreds so that they have an individual look for programs but still stay within the brand standards," Maloney said.

Maloney said that she wants to give the people at Highline a higher level of customer service.

"We are listening to the campus and instituting changes," Maloney said.

The last changes to be instituted are the business cards and the letterhead.

"As people run out of business cards and letterheads then they will get new ones," Maloney said.

Branding is an important part of any business.

"A brand is your audiences' perceptions of what you are, who you are, what you do and how you do it," Maloney said.

"It is essentially how your audience sees you. So it's important to make sure, as an organization, you live your brand. A lot of people think brand is a logo. Although it includes your logo, it's really inclusive of everything. It's creating an experience for our audience," Maloney said.

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