Fastpitch team staying steady in third See page 9



Try a homemade meal for Mother's Day See page 5



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# The Thunderword

MAY 10, 2007/VOLUME 46, No. 26/HIGHLINE COMMUNITY COLLEGE

# •Program finds ways to replenish funds

### By SIMONE SNOW staff reporter

The auction was under-bid and the last chapter has been reached on the book sale, but Women's Programs is still finding ways to help students with emergency funds.

"We're looking to more creative means and more collaborative means to get [fund-raising] done," said Marie Bruin, director of Women's Programs. gency scholarship, which funds both male and female students in need, can pay for bus passes, bills, books, and other necessities students require.

Since the college does not fund the scholarship, Women's Programs holds fund-raisers for which all proceeds go solely towards the scholarship that serves 80 to 150 students per year.

"[Fund-raising] revenue goes strictly to the emergency fund,"

Women's Programs' emer- Bruin said.

For fund-raising in previous years, Women's Programs held a book fair and an annual auction.

The auction, typically held during the week before Mother's Day, raised \$2,500 to \$3,000.

Bruin said the success of the auction relied greatly on campus volunteers. Bruin also said, "We [used to have] a little more staff we could dedicate to that event." Bruin said growing costs and a decline in staff began to make holding the auction more difficult.

Also, due to dwindling budgets, Bruin said many other programs began fund-raisers and auctions of their own.

"For a very long time, there were not so many competing interests for fund-raising," Bruin

SEE FUNDING, PAGE 3

# Candidates for Student Government emerge

## By BECKY MORTENSON staff reporter

Nine students have decided to run for Student Government this year.

Three students have decid-

Student Government presi-

ed

to

run for

dent

and six

# School is out for Sandy Moser

Top aide is about to retire after 24 years of working at Highline

By SIMONE SNOW staff reporter

Sandy Moser is about to bid Highline farewell.

Moser, executive assistant to the Highline president, is retiring.

"I've been here a long time," Moser said. "Grown up with Highline, haven't I?"

After graduating from Mt. Rainier High School, Moser came to Highline as a student in 1963 when she began taking classes at its original campus, located in portables at Glacier High School.

"My second year [at Highline] was the first year of the college opening on this campus," Moser said. Before she even set foot on Highline's campus, Moser had to first come to the U.S.



are running for vice president.

\* \* \* \* \*

Election

\* \* \* \* \*

The candidates for president are Frank Bagley, Michele Fitzgerald and Steve Simpkins. The candidates for vice president are Ayan Qumane, Sergio Ullou, Skyler JM Nichols, Lucas Heath, Dave Gagnat and Jay Smith.

Student Government is an organization for Highline students that represent interests and concerns to the college administration, faculty, staff, and greater community, according to the Student Government home page.

The president and vice president will meetings and be a voice that expresses the wishes of the student body, Student Government officials say.

"Society needs great leaders," said Paul Pittman, the current vice president. "It's an awesome leadership opportunity."

"I was actually born in London, England," Moser said. "I was born during an air raid, my mother tells me."

Moser's parents met in London when her father was stationed there. Moser and her mother eventually came to the United States when Moser was about 9 months old aboard the Queen Mary, which brought the "war brides" to the U.S.

Moser and her family originally lived in Nebraska, but

MICHELLE ERICKSEN/THUNDERWORD

Sandy Moser, executive assistant to the Highline president, began working at Highline in 1983 as an office assistant in the president's office.

after a vacation to Washington state to visit her uncle, Moser and her parents moved to Washington permanently when she was about 9 years old where she has remained ever since.

Moser leaned back in her chair while gazing out the large glass windows in front of her overlooking the campus, reminiscing about her years at Highline. A soft smile formed on her mouth as she began to speak. "[The campus has] really grown. ... It's really fun to think back," Moser said.

Moser then pulled out old Highline yearbooks and began to eagerly examine them while lamenting her then choice of

hairstyle.

After leaving Highline, Moser was a stenographer for Boeing for four years starting in 1965, and was also the secretary to the unit manager working on the 747 planes.



This is the second year of a reduced Student Government lineup.

A reform approved in spring 2006 reduced the number of elected officials from seven to two.

A candidates' forum will be held on Wednesday, May 16 that will give students a chance to learn more about their future president and vice president. The forum with be at noon on the second floor of the Student Union in the Mt. Constance Room

Elections will be held on May 23-24. Students will be able to vote on campus or at the

## Campus Life

## THE THUNDERWORD/MAY 10, 2007/PAGE 2





### Key items stolen

Several boxes of Master locks, approximately 40 keys, and bulk chains were stolen from the shed by Building 24 and were discovered to be stolen on May 1.

The stolen items are worth about \$480.

## Security tire slashed

The rear passenger side tire on a Security Patrol vehicle was slashed on May 7.

The spare tire was put on the car for now.

## Student paints on car

A man painted on a student's car window with glass chalk after the student stole his parking spot.

The glass chalk was washed off with help from Security.

### Man peaks in windows

A student complained about a man riding his bike between cars and looking through windows into cars.

The man left without incident after being asked to leave by Security.

The man had already been told to stay off campus.

## Hard drive stolen

An external hard drive was stolen from Building 16 in one of the prepress rooms on May 7.

## Lost property

Students reported the following items missing on campus:



## Union Crew will be hosting game night

Highline's Student Union Crew is sponsoring a game night.

There will be music, snacks, fun, and prizes, and much more.

All are welcome to attend; one can of food is required for admission.

The event will be held on Thursday May 17, from 2-7 p.m. in the Student Union

## Awards to be given at Tech-Prep Night

Students and graduates who received tech-prep credits from Highline are invited, along with their families, to Highlines College Tech-Prep Night.

Tech-Prep is college credit awarded to high school students for professional technical courses they take in high school that have articulation agreement with Highline.

This event will be held Tuesday, June 5 on the first floor of Building 8 from 6:30-8:30 p.m. Refreshments will be provided.

# Move beyond your background

Next week's Honors Colloquy is titled "Launching Yourself: Moving Beyond Your Background."

Richard Mitchell, general counsel to Governor Christine Gregoire, will be the speaker.

He will talk about his experiences and the things that motivated him to get involved in state politics.



MICHELLE ERICKSEN/THUNDERWORD

Four boys were verbally abusing the library staff on May 2. They were told to leave campus but relocated to Building 8 where Security contacted the boys and made them leave.

The meeting will be held next Wednesday from 12:10-1:15 p.m. in Building 7.

# Deadline for award is approaching

The deadline to submit an application for the Academic Achievement Award is coming up.

The Academic Achievement Awards are given out every quarter to 15 full-time students attending Highline with a GPA of 3.5 or higher.

Winners will receive a 15credit tuition waiver for Fall Quarter 2007.

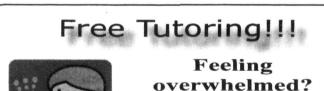
Students have to apply to be eligible for this award.

Submissions must be turned into Building 6 no later than May 23.

## Meet your dream girl at movie Fridays

Highline will dream a soulful tune this Friday.

This week's Movie Fridays will be showing the film *Dream*-



Baseed on the broadway play of the same name, *Dreamgirls* is

girls.

about the rise to fame of a female singing trio. Everyone is welcome to attend the free screening on May

tend the free screening on May 4 in Building 29, room 216 at noon.

## Highline Book club storms the castle

Highline's Book Club is continuing to discuss *The Man in the High Castle* by Philip K. Dick.

This is a science fiction novel about the rebirth of slavery in 1962 when the U.S. is occupied by Japan and Germany after losing World War II.

Everyone is welcome to join

in the discussion of the book and its themes today, May 10 in Building 6, room 164 from noon-1 p.m.

## Apocalypse coming to campus on Friday

It's the end of the world as we know it at Highline.

Woody Moses will be speaking at this week's science seminar.

The topic this week is "Co lapse: The Demise of Human Civilizations"

The seminar will be held on May 11 in Building 3, room 103 from 2:20-3:10 p.m.

For more information, contact Eric Baer at ebaer@highline. edu.



an Emerald Downs jacket; a TI-83 calculator; a blue sweat jacket; a silver cell phone; and textbooks.

## Found property

The following items have been found on campus: a black zip-up jacket; a red and white shirt; a black binder; a silver cigarette case; and a silver bike helmet.

-- Compiled by C. Feeley



Get help! Visit the Tutoring Center in Building 26, Room 319.

We specialize in turning good students into better students *Tip of the Week*:

"'The only dumb question is a question you don't ask' - Paul MacCready, Inventor "

Sign up for help in: Accounting/Business, Languages, Math, Science, Computers,Writing, and more subjects! Mon-Thurs.......8:00 am-7:30pm

Fri......8:00am-1pm http. flightline.highline.edu/tutoring

# Campus Life

## THE THUNDERWORD/MAY 10, 2007/PAGE 3

# Women's Programs seeks new revenue options

## Gala gathers money

## CONTINUED FROM PAGE 1

Funding

said. "[Now] more people are moving to fund-raising."

Many of the fund-raisers for other programs were held round the end of April and creed a conflict with the auction for Women's Programs.

"It's not a complaint, but we just found people were a little tired of it at that point," Bruin said. "You can't keep hitting people up."

An auction was not held this year, and Bruin said it may not be held again.

The book fair was held at least once per year and sometimes twice per year for five years.

It was disbanded after the vendor for the event, Books Are Fun, made some changes.

"The vendor that provided that had some transitions," Bruin said. "The representative that had been working with us was no longer going to do that."

Bruin also said since Books Are Fun took a large cut of the ofits, only \$200 ended up going to the emergency scholarship.

"It wasn't a big revenue generator," Bruin said. "But it was \$200 we didn't have before so we were appreciative, very appreciative.'

Last year, Women's Programs tried to have their own book fair in partnership with the Highline Bookstore.

"We tried it once but we'd like to re-vamp it," Bruin said.

Bruin said plans are in the works to try it again with the Highline Bookstore in the future.

"We have some services on campus that must earn their keep," Bruin said. "I think it's very important to give that opportunity to [the bookstore]. I want to try to collaborate with em.'

In the meantime, Bruin said "the fund-raising piece can be



MICHELLE ERICKSEN/THUNDERWORD



The Highline Foundation's 7th Annual Gala raised \$75,000 for scholarships and emergency funds for students. The event was a night of excitement with a live auction, gourmet dinner, raffle, and dancing. Candace Kruger, top left, the student speaker, gave a heartwarming story about her journey to and at Highline. Supporters chat at their tables, top right. A raffle ticket is drawn, bottom right.

JOCIE OLSON/THUNDERWORD

JOCIE OLSON/THUNDERWORD

MICHELLE ERICKSEN/THUNDERWORD

After the auction, patrons danced the rest of the night away.

managed through other means." area."

The Gala hosted by the Highline Foundation is supplying funds for the emergency scholarship this year.

"They are assisting us," Bruin said. "We really thank them for that."

The most recent gala, held on May 5, raised \$3,000 for the emergency scholarship.

"It's for emergency assistance," said Rod Stephenson, executive director of the Highline Foundation. "It's just another area on campus we can help and assist with. It's a good

The Highline Bookstore women. started the Noble Whim account last year which holds money

that can be used for emergency funds for students. The private firm Monument Information Resource gives

\$500 to \$1,000 to the bookstore every year in exchange for a master list of book titles the bookstore offers.

The bookstore then passes the money along to Women's Programs.

"We want it done right," said, Shannon Gillilan, manorganization devoted to helping

"It's one of the few service organizations recognized by the UN," Bruin said.

The local chapter of Soroptimist provides both a \$1,000 need-based scholarship for Highline students and a fundraising opportunity for Women's Programs through an annual breakfast in which a share of the proceeds go to the emergency scholarship.

"At that event, we are one of two recipients at that event," Bruin said.

money raised was split between the scholarship and Hospitality

The approximate total of the

donation from Soroptimist was

\$6,500, and in return represen-

tatives from Women's Programs

sense to concentrate on efficient

fund-raisers, such as the Sorop-

timist breakfast and the High-

line Foundation Gala, due to the

increase in need for scholarship

Bruin said it makes more

House Women's Shelter.

attended the breakfast.

money.

"The need has been much greater in the last two years," Bruin said. "Those resources we fund-raise for become very critical."

For example, Bruin said many students need their cars to transport themselves and sometimes their children to and from work and school, but between bills, food, and tuition, the rising cost of gasoline can strain an already tight budget.

"Even if you have the benefit of having a car, it's an enormous cost," Bruin said. "It costs money to make yourself available to

"I don't think our fund-raising is gone, it can just be accessed through different vehicles."

> --Marie Bruin, director. **Women's Programs**

ager of the Highline Bookstore. "[Women's Programs] were our obvious go-to people."

The funds are meant to cover items ranging from pens to dictionaries.

"This is meant for those items you need but don't always get emergency funds for," Gillilan said.

"It's a real commitment from their hearts and it's a real commitment to the campus," Bruin said.

Another source of donations for the emergency scholarship is Soroptimist International, an

The 14th annual breakan education. ... We do what fast was held on April 4. The we can."

Bruin said while the futures of the auction and book fair for Women's Programs are uncertain, fund-raising for the emergency scholarship has never ceased.

"They can come to our breakfast or the Gala," Bruin said. "I don't think our fund-raising is gone, it can just be accessed through different vehicles."

For more information about Women's Programs contact Marie Bruin at 206-878-3710. ext. 3004.

# Opinion

**Editorial comment** 

# Cell phones and driving don't mix

By July 1, 2008, you'll need to put that cell phone away from your ear or face a ticket.

The Legislature has passed Senate Bill 5037, which prohibits the use of hand-held wireless devices while at the wheel of a car.

This bill was sponsored by State Sen. Tracey Eide, D-Federal Way, and it has taken her seven years to get it passed.

It has been long overdue for those of us concerned with traffic safety.

This bill is not without its naysayers, however. And more than likely, those naysayers are the worst offenders.

But for all those offenders out there, here are some options and thoughts for you in order to help you see the light a little better.

Many studies widely support the possibility that cell phones help cause accidents. For example, in a three-year study conducted by the University of Utah, results showed that drivers who talked on their cell phones while at the wheel were just as impaired as drunk drivers.

And for those who believe that this bill is just an intrusion upon your civil liberties and that Big Brother is just trying to breathe down your neck, then you need to wake up.

This bill is not that draconian. If you notice an Amber Alert and just happen to be driving by the same car with matching plates, then of course you can use your cell phone to dial 911.

If your wife's water just broke while you're on the road, of course you can pick up your phone.

But if you just want to talk for the sake of talking, you still better think twice before doing so.

If all this evidence still does not sway you and you still want to complain about it, then just think of your alternatives.

You can always buy a Bluetooth headset. And if money is an issue with you, then buy a corded headset. In fact, you should have gotten a free one when you initially bought your phone to begin with. You offenders should start using it.

On top of that, you should understand that what you are doing is a genuine threat to everyone else on the road. And the consequences could be much worse than a typical fender bender.

This bill is not taking anything away from you. It is only meant to reduce a preventable cause of motor vehicle accidents.

If you still have such a big problem with it – well, you can always move.

## Staff

"If no one wants to take credit, I will."

Editor-in-Chief	Simone Snow
	Jocie Olson
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Arts Editor	Alicia Mendez
Sports Editor	Kory Farrell
Opinion Editor	Judy Vue
	Patricia O'Neill,
David Hsu, Jeremy Kochel	
Photo Editor	Michelle Ericksen
Reporters	Shurvon Haynes, Meghan Howey,



## THE THUNDERWORD/MAY 10, 2007/PAGE 4

## Back to the days of being a kid

As kids, we're eager to get older.

We believe life would be so much better if we were several years older. We look on in envy at the teenagers who possess an aura of cool as they drive off in their cars to attend to their hectic social lives.

They stay up as late as they want. They go wherever they want at the time that best suits them. They aren't force-fed broccoli with their parents hovering at their side to make sure they take a minimum of three bites.

The power and control that comes with growing up is undeniably alluring, especially when looked at by someone in the throes of childhood. That makes it all the more devastating when once you reach young adulthood, the shiny image becomes tarnished.

School becomes more demanding. The list of chores and responsibilities grow, along with your stress level and blood pressure. Meanwhile, the time allotted for sleeping shrinks and is sacrificed in the name of homework and low-paying jobs.

The days of lost teddy bears and a break-out of cooties being your biggest problems are long gone, and instead give way to financial, relationship, and emotional problems.

Sometimes, the only thing you want to do is return to what becomes known as "the good old days." The golden halo that

## Commentary



SIMONE SNOW

once surrounded growing up begins shining brightly over the prospect of going back.

When did things get so complicated? Why is life so hard? What can we do about it? These are the same questions we ask ourselves over and over again as we're caught in the strange zone between childhood and full-fledged adulthood. It's a mix of telling your parents "stay out of my business" and "give me money."

For all the time we spent griping over being young, we suddenly realize we're adults — when did that happen?

You also feel terrified to begin accepting control over your life and the gift of choice. With bills and responsibilities adding up, the fear of screwing up becomes a constant, unsolicited companion. you feel thrilled to begin accepting control over your life and the gift of choice. After all, certain aspects of getting older are undeniably cool. School becomes more stimulating, your interests broaden, and you gain more in intelligence, compassion, and understanding.

And you get a car — let's never forget the car.

I'm going off to college on the other side of the country this fall, and I've lately been wish ing I had been more grateful for the time I spent as a kid while I was actually spending it. It's only in hindsight that I've realized how great it was.

The innocence and carefree attitude of being a kid now seems like bliss.

Granted, the whole broccoli debacle was a pain, but it seems so trivial now that I can look back with amusement and fondness at my anti-vegetable antics.

Reality, however, always sets in, and all I can do is vow to simply be grateful for the present and not desire to rush right through it since I know I'll regret it in the future if I do.

So here's to being a kid and an adult with all their perks and pitfalls. I loved being a child and I enjoy growing up.

But I still might ask my parents for money every now and then.

Brianne Beets, James Bermingham, Carrie Draeger, Caitlin Feeley, Jaime Gudjonson, Annie Maytum, Ariel McKenzie, Ashley Messmer, Matthew Mesaros, Becky Mortenson, Fereshta Noman, Aaron Quam, Kelsey Sims, Christy Saeteurn, Brittany Still, Nick Vanunu, Krista White, Ebonee Woods

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Looking on the bright side, i

Simone will attend American University in Washington, D.C. in the fall.

## Submissions to Thunderword invited

The Thunderword encourages letters to the editor and columns from the college community. Editorial cartoons on timely subjects also may be considered.

Submissions will be edited for style.

Due to limited space, please

limit your submission to 500 words or less.

Submissions that are too long may be subject to editing for length.

Material that libels others will not be considered for publication.

Letters and columns can be

terest to the campus comunity will take priority.

Please include contact information as all submissions must be confirmed as belonging to the author(s). Deadline for submissions is Monday of each week. E-mail your submission to thunderword@highline.edu.

# Arts

## THE THUNDERWORD/MAY 10, 2007/PAGE 5

# A tastey dinner is the way to a mommy's heart

Mother's Day is upon us and if you don't feel like going out to eat then why not treat your mom to a home-cooked meal.

Valentine's Day, Besides Mother's Day is one of the worst days to go to a restaurant. Many people don't know how to act in public and you don't want to spend your evening listening to children screaming and whining

So instead of spending your evening at a noisy restaurant, stay at home and relax.

Planning your meal is extremely important. First, make sure that you have all the ingredients so you don't have to make a last-minute run to the grocery store.

Also, check how long each recipe is going to take. If one recipe takes 10 minutes and another 45, then you have an estimated time of when to make everything.

Remember that some things can be made the day before.

This Mother's Day I have picked a menu including spinach strawberry salad, lemon pasta, and coconut chicken.

Start with the salad. If you don't have time to make the alad, buying a bag of salad is always an option.

But just keep in mind that a homemade salad is not that difficult and making more will guarantee leftovers.

Wash and dry 3 cups of spinach leaves and 2 cups of lettuce.

In a jar, combine 1/3 cup of oil, 2 tablespoons of honey, a dash of cinnamon, 3 tablespoons of lemon juice, 1 teaspoon of Dijon mustard, and 1/8 teaspoon of salt. Mix and refrigerate.

Slice 2 cups of strawberries and mix with spinach and lettuce.

When ready to serve, driz-

Big Jo's Kitchen



zle the dressing over salad and toss

Once you have the salad done, start the chicken. This recipe calls for the chicken to be marinated overnight.

You will need:

3/4 cups of pineapple juice, divided

1 cup of coconut milk, divided

1/2 cup of soy sauce

- 1/4 cup of brown sugar 1/4 cup of rice-wine vinegar
- 4 chicken breasts
- 1 cup of flour Salt and pepper to taste

6 eggs, beaten

1 bag of shredded coconut 3/4 to 1 cup of peanut oil 3/4 cup of heavy cream

In a large bowl, combine  $\frac{1}{4}$ cup of pineapple juice, 1/4 cup coconut milk, 1/4 cup of heavy cream, soy sauce, brown sugar, and rice-wine vinegar. Slice chicken breasts in half and add to the marinade. Cover and refrigerate overnight.

Place flour in a pie plate and add salt and pepper.

In another bowl, combine beaten eggs and 1/4 cup of co-

Chorale takes the stage in New York



Big Jo's coconut chicken, spinach strawberery salad, and lemon pasta wait to be ravaged by Big Mama Jo on Mother's Day.

conut milk and 1/4 cup of heavy cream.

Place shredded coconut in a different bowl. Dredge chicken pieces in flour, then the egg mixture, and then the coconut.

In a large sauté pan, heat peanut oil. Sauté the chicken breasts for 10 minutes on either side.

Remove chicken from pan and place in a baking dish. Cook in a 350° oven for 25-35 minutes or until the internal temperature of the chicken is 180°.

To make the sauce, drain the sauté pan but do not scrape out the drippings.

Add the remaining 1/2 cup of pineapple juice, 1/2 cup of coconut milk, and 1/2 cup of heavy cream.

Cook, scraping the bottom of the pan, until the sauce has thickened. Pour over the chicken, or use it as a dip for the chicken.

Once the chicken is in the oven, start the pasta.

In a large skillet combine 4 tablespoons of butter, 1 cup of beef broth, and 1 cup of heavy whipping cream. Simmer over medium heat until it is reduced to half. Add 2 tablespoons of lemon juice 1 teaspoon of lemon zest, and 1 teaspoon of lime zest

Cook 10 ounces of pasta. Every pasta cooks for a different amount of time so make sure that you don't over or under cook it.

Most pasta will take about 10-12 minutes to cook and it should all the way cooked but not too soft.

Drain pasta, then toss pasta and sauce.

## **Open auditions held** for upcoming show

Breeders Theater is holding. an audition for their summer production of Out of the Nest. Auditions will be this Friday, May 11, from 7-9 p.m. at E.B.... Foote Winery in Burien. Breeders Theater is a local theater company out of Des Moines since 1999.

For a nice touch, place a few lemon slices on the top of the pasta.

How the table is set will add to the meal.

First you need to decide what kind of meal you want, whether family, formal, or buffet.

Family style is where the food is passed around and each person dishes out for themselves or the head of the table dishes out each plate. This style is most appropriate for this meal.

For an easy place setting, place the dinner place directly in the center of the setting. Set the fork to the left and the knife and spoon to the right.

The glass is placed at the upper right.

Once the table is set all there is to do is place the meal on the table and enjoy.

old. Out of the Nest is a musical, so vocal abilities are encouraged.

The show will run July 13-29 at ... Foote Winery in Burien.

E.B. Foote Winery is located 127B S. 153rd St. in Burien.

## BY KELSEY SIMS "Our group was the most pre- crowds of people waiting to

pared," Dr. Glover said. Dr Glover said she

hear them sing. Somehow, between the late



The Highline Chorale is back from Carnegie Hall.

staff reporter

The Highline Chorale, along with six other schools, left for New York to perform at Carnegie Hall. They were gone from April 19-23. They sang Mass in Time of War by Joseph Haydn on April 22.

The Chorale which is led by Dr. Sandra Glover, the musical director for Highline, did an outstanding performance. They received numerous comments and compliments from the Orchestra conductor and others about how well they had done.

pleased with the Chorale's professionalism. Dr. Glover said she was proud of how well behaved the choir was while staying in New York. In her opinion they conducted themselves very well.

When they got there they didn't need help with notes or anything, they came prepared to sing right away said Dr. Glover.

"We received many compliments about how professionally we acted," Dr. Glover said. For Dr. Glover the best part of the trip was walking on stage and seeing the orchestra and

nights and early mornings they managed to have some, Mary Gladstone said.

Gladstone is a singer in the Chorale, and this was her first trip to New York. Gladstone was surprised to see how prepared they were in comparison to the other schools.

"Some of them hadn't even sung their songs all the way through," Gladstone said.

This will not be the last performance by the choir this quarter. They are also scheduled to sing at the Highline graduation on June 14 at the Key Arena.

Out of the Nest was written by Dr. T. M. Sell, will be directed by Doug Knoop, and music will be by Nancy Warren.

Actors coming to the open audition should bring a resume, head shot, a short comic monologue, and should be prepared to read from the script.

Roles are available for men and women starting at 20 years

## **Annual Boat Cruise** tickets sold out

Boat Cruise tickets are already sold out.

Last Monday, a musical event, organized by Student Programs, was held to encourage students to attend the end of the year boat cruise. The event was successful, and tickets at only \$10 each, sold rapidly.

The cruise is hosted by Argosy Cruises. The Boat Cruise will be Friday, May 18, 7-10 p.m.

to yours

staff reporter

Federal Way.

consequences.

nificant ending.

BY KELSEY SIMS

Centerstage Theatre Arts Conservatory is celebrating the

100th year of a hysterical play

called A Flea in Her Ear by

Knutzen Family Theater at

3200 SW Dash Point Road,

mended for ages 16 and above,

is a play about a wife who thinks

her husband is being unfaithful

and sets up complicated traps to

catch him in the act. This starts

a chain of events with hilarious

of this production, but it was

written in 1907 by Georges

Feydeau. The play is a classic

French farce, meaning that it is

a comedy but with a more sig-

the La Belle Époque, meaning

the beautiful era, which was a

creative outburst in French cul-

ture. Feydeau was a famous

playwright who is well-known for practically creating the farce

genre. His comedies brought

in thousands of people every

week. He was famous because

he could make you laugh about

The play was written during

Alan Bryce is the director

The play, which is recom-

A Flea in Her Ear will run from May 18-June 3 at the

performing it later this spring.

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## Catch 'A Flea in Her Ear' Her Ear'

Expect a lot of laughs at the One-Act Plays.

Every spring students come together to direct in and act in short plays.

There are four directors and five plays this year. The directors are Kate Muldoon, Casey Oliver, Jared Thomas and Michael Bacalzo.

Each director has his or her own play, and then there will be a fifth play, which is the directors' play.

The One-Act Plays are happening from May 16-18. The One-Act Plays are at 8 p.m. in The Little Theater in Building 4. Tickets are \$5 for seniors and students and \$6 general admission.

Casey Oliver is directing *The Wedding Play* which is set in a ballroom bathroom.

This is Oliver's second year at Highline, but his first time acting on stage.

"I've taken all the classes, but never got involved with actual performances," Oliver said.

Oliver got to choose the play he would direct, and *The Wedding Play* made him laugh, he said.

The premise of the story is a girl getting married while her sister Rita and her friend Minda complain about it in the bathroom.

"It's very great, very funny, and very girly," Oliver said.

The play is basically two girls "bitching about other people," Oliver said.

"If you like *Gilmore Girls*, then you'll like my show," Oli-

issues that are painful. "Farces tend to be more critical and less life-affirming," Bryce said.

The play has a suggested age of 16. However, it isn't very risqué and therefore isn't a requirement.

"The French have a more liberal attitude toward sexual situations. ... but I would take my 12-year-old daughter," Bryce said.

### 2



Cast members Matthew Hopkins (right) and Jared Straton (left) rehearse for their upcoming show The Ex directed by student Kate Muldoon.

ver said.

All the plays are comical; it seems to be the theme for the evening, said Oliver.

Another director is Jared Thomas who will be directing *The Worker*.

"It's a 1950s adaptation of the existentialist commitment between workplace and home," Thomas said.

Basically it's about the one man's personal conflict between career and family.

"It's an exaggeration of a

problem everyone will face," Thomas said.

The story sounds like a serious plot, but it's really a comedy.

Thomas described his play as being "abrupt, absurd humor" like slapstick comedy.

"Students should see it because it's absolutely hilarious," Thomas said.

A final One-Act Play, includes a cast of all the directors, and Anjelica Wolf who is not a directing any play. The four directors', plus Wolf, will star in the fifth play *Abstinence*.

MICHELLE ERICKSEN/THUNDERWORD

"It is a sexually driven play, but it's funny. It's not something you would take your grandma to see," Oliver said.

Along with *The Wedding Play, The Worker* and *Abstinence* there is also *Judgment Call,* directed by Bacalzo and *The Ex* directed by Muldoon.

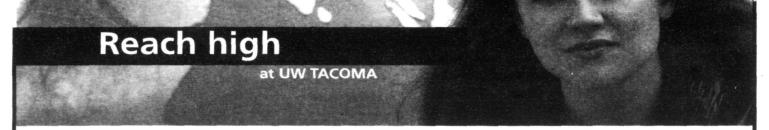
The One-Act plays only come around once a year, so this is your chance to see them.

There will be a total of 14 actors, and the play will run about 2 and a half hours including intermissions. The actors are great and the play is "a quality piece of work," Bryce said.

"His [Feydeau] characters are brilliantly constructed," Bryce said.

"If our audience has never heard of it [*Flea*] then I invite them to stick their toe in the water, I think they will really enjoy it," Bryce said.

The cost of admission ranges from \$8-\$25. For more information go to centerstagetheatre. com or call 253-661-1444.



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## UNIVERSITY OF WASHINGTON TACOMA

# Arts

## THE THUNDERWORD/MAY 10, 2007/PAGE 7

## Calligraphy Society's Child rocked the Bistro's listeners and Chinese BY NICK VANUNU one's head bobbing. staff reporter

# landscape makes Sumi

**BY ALICIA MENDEZ** staff reporter

Library Art Gallery gets a aste of culture with Sumi artist Lois Yoshida.

Sumi is the mix of calligraphy's elegance, and Chinese landscape art.

It dates back to 700 AD when artist Wang Wei published the book Sumi methods. This form of art eventually spread from Japan through Korea.

Local artist Lois Yoshida is this months Library Art Gallery artist, in the ode to Asian Pacific American Heritage month.

The Library kicked off Yoshida's art opening last Thursday at 7 p.m. on the fourth floor of the Library.

"It was tremendous. The music was excellent," Librarian Dana Rollins said.

The opening included husband and wife group Duo En for music, and Highline's Taiko Drummers. The food was all made by Kaplan students.

Overall Yoshida's opening was a good turnout, and Rollins said he hopes every reception could be as fun.

Yoshida creates her own ink that she paints with.

She has studied under many renowned Sumi artists such as Fumiko Kimura. She holds two bachelor degrees, on in microbiology and the other in medical technology from the University of Washington. Currently she teaches at the Kirkland Arts Center.

Yoshida's talent of combining both landscape and calligraphy speaks through each piece she does. A long, elegant and green brush stroke becomes a stem of a flower in Wild Orchard. The petals are magenta, short, and smooth.

Using all black ink in the

Society's Child gave The Blend an injection of psychedelic funk and old-school R & B yesterday that kept the Fireside Bistro grooving to soulful classics.

The Blend is a bi-monthly event held in the Fireside Bistro presenting different low-key musical performers every show.

Society's Child, who played yesterday's Blend, is an R & B sextet from Seattle featuring Professor Ray Jay (Arthur Ross) on the keyboard, Lenny Epps on bongos and vocals, C-Bone (Cornell Robinson) on bass, and Netty Jackson (Annette Jackson) and Lady Vee (Vanessa) on vocals.



MICHELLE ERICKSEN/THUNDERWORD Society's Child plays a cover to Rapper's Delight in the Bistro

Their manager, Sweet Ronnie B, also plays drums although he didn't perform at The Blend show because of the no heavy percussion rule.

during the Blend.

The group commanded the audience's attention with their soulful stage presence. They filled the Fireside Bistro with upbeat grooves that kept every-

Their set list was comprised of a series of covers of classic R & B hits such as Fantastic Voyage, Ladies Night, and Rapper's Delight.

"We play everything from '60s Motown style music to modern hits, but we have a few original songs we throw in too," Epps said.

Their musical originality shone through their performance with tinges of psychedelic funk that they added to each song.

Society's Child will be performing at the Muckleshoot Casino from May 22 to 27.

The next Blend will occur Wednesday, May 23 in the Fireside Bistro as always, although there is currently no performer scheduled.

## Contemporary impressionism is impressing Kent

### **By Alicia Mendez** staff reporter

She may be a beginning artist, but her impressionism is making quite the impression at the Centennial Art Gallery.

Ushani Nanayakkara's paintings are currently on display in the art gallery in Kent. She is this month's artist, and most of her paintings are of local landscapes.

Nanayakkara was born and raised in Sri Lanka. At a young age, Nanayakkara said she began painting and it became one of her favorite pastimes.

"It's the process. It's very soothing," Nanayakkara said.

After her parents divorce she and her mother moved to Germany where her art of evening's sunset, and mountain ranges were not appreciated.

She said the school system encouraged a more abstract approach to painting.

"My more realistic style re-



Ushani Nanayakkara's landscape painting, Red Rock Canyon, can be seen in the Centennial Art Gallery in Kent through th end of this month.

ceived only little encouragement from teachers," Nanayakkara said.

In 1991 she moved to the United States.

Once in Seattle she found the right art school, and began to

build a foundation for her style of painting.

"I was able to find a school to learn the basics. I needed that foundation," Nanayakkara said.

Nanayakkara said if she had not come to Seattle she may not have been able to build her artistic skills.

At the Seattle Academy of Fine Art Nanayakkara earned a foundation painting certificate, and a foundation drawing certificate.

After earning her certificates Nanayakkara stuck to her first love of landscape painting.

"I really like being outdoors and figuring out what I will be painting," Nanayakkara said.

Nanayakkara's paintings are usually two or three layers of paint. Her strokes are visible, she said, when she thinks they should be.

Most of her paintings use darker tones, even in scenery's

In her painting Red Rock

Canyon - Mountain Range she uses a darker tone of orange brown to color the canyon, but lightens it with a yellow on the edges where the sun was lightly hitting the canyon as the sun went down. Her detail highlights the canyon, rather than the bushes surrounding it.

The Valley of Fire - Monolith, shows shades of browns and blues to darken the canyon.

Nanayakkara also does portrait art where her love for impressionism shines.

In each portrait her focus begins with the face.

"I try to stick to the basics like the face," she said. "I like to focus on the person."

Her art will be on display in the Centennial Art Gallery through the end of this month, and the reception for her gallery is this Friday, at the gallery, from 6-8 p.m.

You can also catch a closer look of her at http://www.studioushani.com.

BE MORE THAN JUST A FACE IN THE CROWD

on a sunny day.

painting Waltz of the Fish, the lines are dark and distinct. She painted two fish, each part of the fish is separated with thick strokes. In their movement, they seem to be circling each other-hence waltz.

In Willow Tree, Yoshida only uses black ink. She uses thicker and lighter strokes for the tree trunk. Its branches are beautiful, and decorated with curvy, soft, and dark leaves draping almost to the bottom of the trunk. Yoshida's art will be displayed until the end of May on the fourth floor of the Library. She also displayed two brushes she uses, and the rice paper the often paints on.

Want to learn how? Sign up for Fall Quarter Drama classes!

DRAMA 121--Beginning Acting DRAMA 221--Audition Technique DRAMA 100--Introduction to Drame DRAMA 131--Stagecraft

Auditions for the Fall Production are the first week of Fall Quarter in Bld. 4-122. Please prepare a one to two minute monologue. Contact ctaylor@highline.edu or rlorig@highline.edu Excercise your flair for the dramatic!



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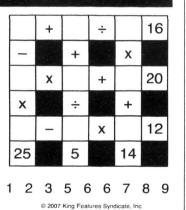
Changing the face of Health Education

## GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once

### DIFFICULTY: \*

★ Moderate ★★ Difficult \* \* \* GO FIGURE!



8. ENTERTAINERS: What

9. GEOGRAPHY: What is

10. MEDICINE: What is

an upset stomach

6. Cousins

kingfisher family

3. Sternum

"9liM 8" .r

Answers

theild

9. Yangtze River

job did Johnny Depp hold

before he became a famous

the longest river in China?

milk of magnesia used for?

10. As an antacid, to calm

8. Ballpoint pen salesman

7. A fungus called potato

5. A type of bird in the

4. A series of columns

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Synd., Inc.

2. Ohio Sen. Robert Taft

actor?



1. MUSIC: What was the name of the autobiographical about rap singer movie Eminem?

2. POLITICS: Who was known as "Mr. Republican"? ANATOMY: What З. is another name for the breastbone?

4. ARCHITECTURE: What is a colonnade?

5. ANIMAL KINGDOM: What is a kookaburra?

6. LITERATURE: In "Lord of the Rings," what is the family relationship between Frodo and Bilbo?

7. HISTORY: What caused the Irish potato famine?

### Calendar Arts

•The Drama Department's annual student-directed One Act plays will be May 16-19, 8 p.m., in the Little Theater, Building 4, room 122. The program features a quartet of contemporary short plays. Tickets are \$5 for seniors and all students, \$6 general admission.

•Breeders Theater will host a general audition for its summer show, Out of the Nest, on Friday, May 11, 7-9 p.m. at E.B. Foote Winery, 127B SW 153rd St., Burien. No appointment is necessary; please bring a short, comic monologue. Several roles available for male and female actors. www. breederstheater.com.

Gallery during the month of May. Yoshida's art will help celebrate Asian Pacific American History Month.

 Ushani Nanayakkara's landscape paintings will be on display through May 31 at the Kent Centennial Center Gallery, 400 W. Gowe St.

•The Highline Swing Club offers swing dance lessons every Thursday, 3:30-4:30 p.m. in Building 27. Lessons are \$5 for Highline students, faculty and staff and \$10 for others. All skill levels are welcome.

•The City of Kent is seeking local talent and artists to perform/sell their wares for the following community festivals. Festivals include the Fourth of July Splash; and Cornucopia Days, July 13-15. 2007.

THE THUNDERWORD/MAY 10, 2007/PAGE 8



By GFR Associates • • • Visit our web site at www.gfrpuzzles.com

41 Editor's cut word

42 Unity

Live performancers, artists and craftspeople are encouraged to apply. Artists who can provide activities for children also are needed.

**Bank On It** 

1 Quick-witted

6 Injure

14 Quilt filler

17 Doctrine

18 Pealed

15 In the Red?

20 Half a score

25 Texas oil city

33 Swimsuit part

32 Hideout

31 Colonial newsman

36 Ending for Grace

39 King of Norway

42 Make a speech

43 Tight wad

46 Boot part

49 Thought

58 Thrill

60 Plot part

63 Longings

61 Singer Clapton

62 Traffic stopper

64 Nerve network

1 Splinter group

3 Mideast port

5 Thrive

2 Put on the payroll

4 Football's Grange

6 Hill from "Music Man"

65 Wine glass features

**Down** 

41 Quarterback Flutie

50 Early movie theater

53 Like 25 watt bulbs

56 First of 13 popes

40 Sought office

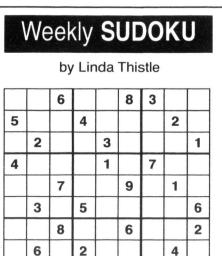
16 Like a Soho cafe-

**Across** 

For applications, please www.ci.kent.wa.us/arts visit and click on opportunities for artists. Performing applicants are asked to send a demo tape. or compact disk, along

Last week's crossword puzzle solution

to on-campus events. Items also can be delivered to 10-106. For information, call 206-



Send 878-3710, ext. 3317. items to the Thunderword at

with any photos, biographies or press packets. •Got arts news?

3

tword@highline.edu. Deadline is Monday of each week for Thursday's paper. Listings in the arts calendar are free; preference is given

• • • Woody Allen

 The Sumi art of Lois Yoshida will be featured in the Highline Library Fourth Floor

Go Figure!

answers										
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### Last week's

Weekly SUDOKU

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2	7	8	3	6	9	4	5	1
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7	6	5	9	4	3	2	1	8
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3	8	1	2	7	5	9	4	6

## **METALWORK**

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S	Т	Α	Y		L	Е	G	Α	L		D	R	Α	Т

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine

9

1

### DIFFICULTY THIS WEEK: \* \* \*

★ Moderate ★★ Challenging \* \* \* HOO BOY!

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# THE THUNDERWORD/MAY 10, 2007/PAGE 9 Highline stumbles, but retains third

### BY BRITTANY STILL staff reporter

With only two games left the Highline women's fastpitch team has all but clinched third place in the NWAACC West.

That would put the T-Birds into a first-round playoff matchup with the No. 2 team from the South. As of Wednesday, that could be Mount Hood (21-5), Lower Columbia (20-5), or Clackamas (19-6), as all three teams are only separated by a couple of games.

Highline can clinch third by beating Grays Harbor on Friday. The Chokers would also need to have swept first-place Pierce on Wednesday; results from that doubleheader were unavailable at press time.

Currently Highline is 17-11 in league and 19-22 overall.

The Lady T-Birds won three out of the six games they played in the last week, including two wins in their doubleheader against Green River, a split with Centralia, then losing both games against first-place Pierce.

Last Thursday, Highline traveled to Centralia losing their first game 9-4, and winning their second 22-11.

Caitlyn Ratcliffe hit her fourth home run of the season in



T-Bird Rachel Comstock plays first base with a cast on for a broken finger while a Pierce runner advances to second. Comstock got her cast off Wednesday.

the first game.

Anna Herried pitched the second game.

Highline's offense had 20 hits with Amanda Proulx hitting a grand slam and going 4-5 at the plate. Draeger also did a great job, going 5-5 offensively. Highline's defense only had

one error in the game. On Saturday Highline battled Green River at Highline, winning both games. Draeger pitched the first game, winning 10-2, and Herried pitched the second game, winning 18-1.

Ratcliffe went 4-4 at the plate in the second game. Highline defense in both games only made one error.

On Tuesday, May 8, Highline lost both games against first-place Pierce.

The first game Highline lost 13-1, regardless of their eight hits.

"We had a solid defense. They were just hitting the ball hard and where we weren't," shortstop Ashley Carey said.

With Herried pitching the second game, the ladies played a tighter game losing 7-3.

"It was a great pitching effort by Anna in the second game," assistant coach Josh Magallanes said.

"We tried to rally back and came up a little short," Magallanes said.

The Lady T-Birds continue to battle with injuries.

First baseman Rachel Comstock got her cast removed yesterday; however Carey continues to play after re-injuring her knee in the crossover tournament in Wenatchee.

"This next week we are going to slowly get Rachel back into throwing shape," Head Coach Anne Schmidt said.

Tomorrow the Lady T-Birds travel to Grays Harbor for their last two games of the season.

So far this season Highline has been very competitive with Grays Harbor, splitting a pair of doubleheaders.

The Chokers have lost their last four games in doubleheaders against Pierce and South Puget Sound.

"We are ready to beat them in both games this time," Carey said.

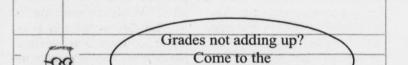
The Lady T-Birds are going to spend the next week preparing for the tournament.

"We are going to continue practicing hitting, to be prepared for that higher level of play," Schmidt said.

Highline's first round of the NWAACC tournament will be played at 11:30 a.m. in Portland, Oregon.



T-Bird Amanda Proulx steps onto home plate against the Raiders.



## Track runs into schedule conflict

### BY JAIME GUDJONSON staff reporter

Scheduling conflicts with the Ken Shannon Invitational last Saturday left Highline's track runners stuck in the blocks.

The Ken Shannon Invitational was set to take place at the University of Washington last weekend but due to scheduling issues which conflicted with another league's meet, the invitational was then moved to the Friday prior which failed to give Highline enough time to arrange to be there.

"Since another league's championship conflicted with our meet, we instead ran time trials on Saturday to make up for it," Coach Christina Loehr said. T-Bird runners are still look-

ing to compete at this week's Ken Foreman Invitational.

The meet will be held at Se-

attle Pacific University at nine a.m.

This will be the last meet Highline's that runners will compete in before the NWAACC Championships which are scheduled for May 24-25 at Mt. Hood in Gresham, Oregon.

All seven of Highline's runners have already qualified for the NWAACCs in one or more of their events.

Math Resource Center A great place to study with lots of resources: including instructional videos, CD's, DVD's, practice test problems, textbooks, solution manuals, and much more. Free graph paper! And there is always a friendly staff person to help you find the right resources. Open at 9 a.m.

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# Sports

## THE THUNDERWORD/MAY 10, 2007/PAGE 10

# Houser's future looks to different fields

### BY MICHELLE ERICKSEN

staff reporter

Amanda Houser wants to sell houses, but her real passions are softball and animals

Soft spoken, born and raised in Cle Elum, Houser, 19, came to Highline on a softball scholarship.

"I wanted to move over to the west side," she said.

Houser has been playing softball since T-ball

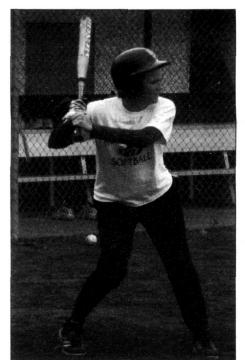
"I've been playing forever," she said. "It's a lot of fun. If you're having a bad day you can go play softball."

Houser's mom played softball and her brother played baseball.

Right fielder Houser is the only remaining sophomore from last year's team.

"I guess it kind of gives us a fresh start from last year," she said. "I know I'm the only sophomore but it's not like we're divided. This year we're more team-oriented."

"It's been going good, we have a good



Houser at batting practice.

group of girls," said Houser. "It's a big improvement since last year."

Houser said that if everyone is on top of their game, Highline could go far in the NWAACCs.

"If we have nine on the field and everyone plays their best," she added.

Houser's usual position is center field but she switched to right field after breaking her finger during practice. Houser's finger was sticking out of her glove when she dove for a ball and her finger bent too far back and snapped.

"I tried to fix it. I popped it back into place but it was still crooked," she said. "The bone had broken up to the joint (middle)."

Houser, not shedding one tear, could not fix her finger, but is still playing with a soft cast.

"In centerfield you see the hit, so you get a better jump off the ball," she said.

This is Houser's last year at Highline and with softball.

"I'm sure there'll be summer leagues I'll play on but nothing competitive," she said.

After finishing her associate degree at Highline, Houser hopes to go into real estate.

"My dad builds houses, and my brother wants to be an architect," she said. "So he builds houses and I can sell them."

Houser said her parents are there for her no matter what.

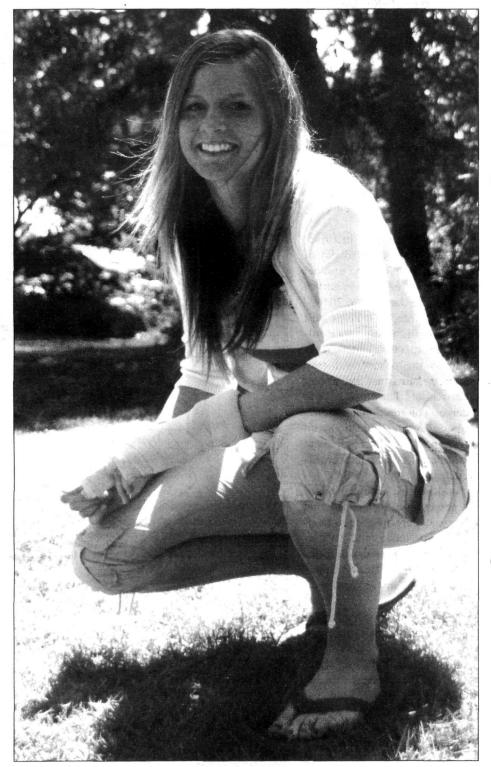
"They always come to my games even though Cle Elum is like and hour and a half away," she said.

She said her parents will sometimes take time off their jobs to come to her games.

Houser's real passion is with animals, and is hoping to volunteer somewhere where she can work with animals this summer.

"That's what really makes me happy," she said.

"At first I wanted to be a veterinarian, but I can't do that whole euthanasia thing," she said. "There are too many sad animals, it's too hard.



MICHELLE ERICKSEN/THUNDERWORD Lady T-Bird Amanda Houser out of uniform but still sporting a cast.

## Scoreboard

Centralia 6-22 .214 6-22

### Women's Fastpitch Standings

NORTH League/PCT/Season Everett 30-2 .938 41-9 Bellevue 28-4 .875 33-9 Olympic 20-14 .588 22-21 Penin. 17-14 .548 21-17 Shoreli. 11-23 .324 13-29 Sk. Vall. 7-24 .226 8-27 Edmond 0-32 .000 0-32 EAST League/PCT/Season W. Vall. 18-8 .692 33-12 W. Walla 17-9 .654 34-16 Col. Bas. 15-11 .577 19-22 Spokane 15-11 .577 21-19 B Mount. 14-12 .538 24-21 Big Bend 12-14 .462 19-20 Y. Valley 8-18 .308 15-25 Tr. Valley 5-21 .192 12-37 WEST League/PCT/Season Pierce 22-4 .846 32-13 22-6 .786 28-14 SPS Highline 18-11 .621 20-22 G. Harbor 14-12 .538 14-21

Gr. River 1-28 .034 1-36 SOUTH League/PCT/Season Mt. Hood 21-5 .808 36-5 L Colum. 20-5 .800 32-7 .760 31-9 Clackam. 19-6 Chemek. 11-13 .458 23-18 SW Ore. 4-22 .154 9-31 0-24 .000 0-28 Clark

Big Bend 13, Col. Basin 12 Lower Columbia 11, Clark 1 Lower Columbia 17, Clark 2 Chemeketa 5, Clackamas 3 Chemeketa 5, Clackamas 2 Mt. Hood 15, SW Oregon 2 Pierce 5, Grays Harbor 1 Pierce 8, Grays Harbor 7 Highline 10. Green River 2 Highline 18, Green River 1 05/04/2007 Wen. Valley 17, Tr. Valley 1 Wen. Valley 11, Tr. Valley 3 Mt. Hood 9, Clackamas 3 Clackamas 8, Mt. Hood 1 Everett 17, Shoreline 1 Pierce 15, S. Puget Sound 5 S. Puget Sound 9, Pierce 8 Centralia 9, Highline 4 Highline 22, Centralia 11



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## Results

### 05/08/2007

Clackamas 8, SW Oregon 0 Clackamas 9, SW Oregon 1 L. Columbia 9, Chemeketa 4 L. Columbia 6, Chemeketa 4 Mt. Hood 18, Clark 2 Mt. Hood 18, Clark 5 Pierce 13, Highline 1 Pierce 7, Highline 3 S.P. Sound 8, Grays Harbor 2 S.P. Sound 9, Grays Harbor 1

### 05/05/2007

Big Bend 11, Col. Basin 10

### Schedule

Highline @ Gr. Harbor 2 p.m. Highline @ Gr. Harbor 4 p.m.

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# THE THUNDERWORD/MAY 10, 2007/PAGE 11 Goodner is moving on to West Point

By CARRIE DRAEGER staff reporter

Ramsey Goodner is a quiet, unassuming guy, perhaps not the type you would expect to be a soldier.

Goodner will graduate from Highline and Highline High School this spring with his associate arts degree with an emphasis in accounting. He will then move on to the United States Military Academy at West Point.

Goodner is one of just over 1,300 students accepted out of more than 10,000 who applied to West Point to become part of what will be the class of 2010.

Getting into West Point isn't like getting into any other college. Prospective cadets must apply to the school and take entrance exams just like at any other school. They also have to receive a congressional nomination, go through question and answer panels, and pass medical and fitness exams to be considered.

Students are accepted based 60 percent on their academic history, 30 percent on their leadership experience, and 10 percent on their physical abilities according to the United States Military Academy at West Point website.

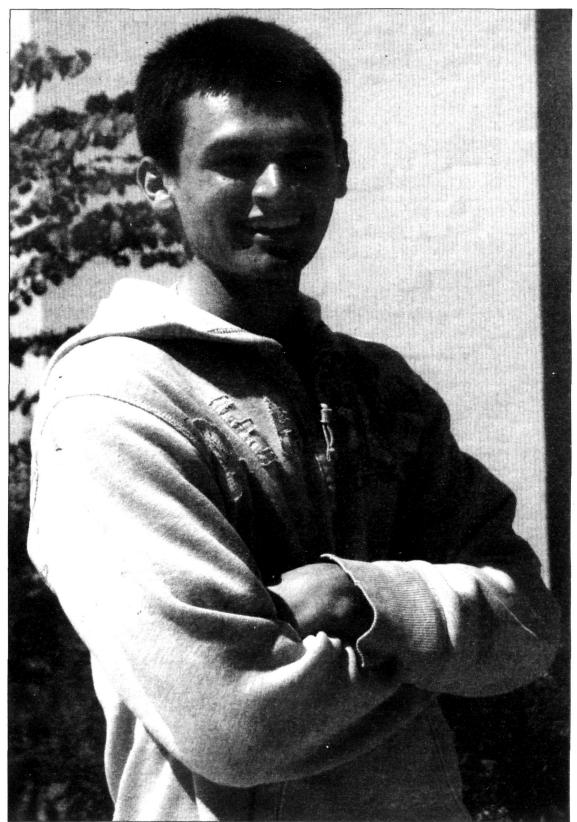
"(At first) I just wanted to see if I could get in, then it became more than that," Goodner said.

Goodner first heard about the service academies from his neighbor, who went to the Naval Academy. He started to look into the other service academies and settled on West Point.

"The more I looked at it, the more I wanted to do it," Goodner said.

Goodner started his application process in the spring of 2006 and received his congressional nomination from U.S. Rep. Adam Smith, D 9th District.

He then went through his medical and fitness qualifica-The fitness qualifications. tions consist of six events. The



Ramsey Goodner will graduate from Highline in the spring before attending the United States Military Academy at West Point.

Freshman are put at such a low level to put them in the state of mind of the soldiers that they may one day command.

"The system is based on folevents include being able to run lowing, then leading. ... I think it's a great opportunity to develop my leadership skills," Good-

sure what else he will major in. His credits from his AA degree at Highline will not transfer to West Point.

Despite all of the hype around going to a military school,

to going.

I'm more excited than nervous Goodner said about going to West Point.

"I just have to focus on getting through the first four years,"

# Workers for Student Programs needed

**By James Bermingham** staff reporter

New leaders are needed for Student Programs.

Student Programs is looking to hire students to replace the students leaving at the end of the quarter.

"These are the 10 best jobs on campus," said Jonathan Brown, associate dean for student programs. "We need students to replace our excellent students who are leaving."

The positions include: clubs and committees consultants, Student Government, event planning consultant, promotion consultant, graphic designer, caucus chairs, front desk support staff, Thunderweek committee chair, the blend-music coordinator and volunteer fair committee chair.

"We want people who have a strong sense of community to help us build a strong community here," said Jodie Robinett, program adviser.

"We're looking for motivated self-starting students who want to improve there leadership positions," said Brown. "These are fun positions but they are service oriented positions."

"You should have fun, enjoy your work and be ready to meet a lot of new people," said Renee Reiche, clubs and committee consultant.

"The best advise I can give is work as a teem," said Reiche

"People who want my job should be outgoing and be open minded," said Doris Martinez, promotions consultant.

Applications are due by 5 p.m. on Monday, May 21. The application asks for; a cover letter, resume, two completed skills evaluation sheets and your transcript.

"We made the application

MICHELLE ERICKSEN/THUNDERWORD

a mile in under five minutes and 20 seconds

"You can't be too cocky, only ner said.

80 percent graduate," Goodner said of his success in being accepted.

"I don't know how hard it is going to be," Goodner said.

Freshman year is supposed to be the hardest, he said. Freshmen are not allowed to watch television or listen to music, and are not allowed to speak in the halls, only in classrooms. They are called plebes.

"I've heard that cadets miss the small things," Goodner said.

Goodner does not have to pay anything out of pocket for his collegiate experience; in fact he gets paid while at school. He is required to pay with eight years of military service. He will have to serve five years on active duty and three years in the reserves.

After his service in the academy and in the military, Goodner is not sure what he wants to do. All cadets graduate from West Point with a bachelor's degree in science, and Goodner is not

Goodner is still looking forward Goodner said

## Start reading up on the good, bad, different

Something good, something bad, and something different are going into the next book for Highline Reads.

The Good, the Bad, and the Difference by Randy Cohen has been selected as the Highline Reads book for next year, following this year's choice of *The* World is Flat of Thomas Friedman.

The Good, the Bad, and the Difference is a 280-page book

filled with Cohen's columns from the New York Times Magazine, guest commentaries, a quiz for readers, and Cohen's responses his own writings and columns.

Several copies of the book will be placed on reserve in the Library.

For more information, contact Tommy Kim at 206-878-3710, ext. 3871 or at tkim@highline. edu.

process hard so we can get the most dedicated candidates," said Brown.

Applications are available in the student programs offices upstairs in the Student Union Bulding.

## Got News?

We want to write about it. Contact the Thunderword at 206-870-3710, ext. 3317

THE THUNDERWORD/MAY 10, 2007/PAGE 12

# Students displace ignorance

### BY MEGHAN HOWEY staff reporter

Highline students sacrificed their weekend to publicly protest 21 years of war and suffering in Uganda recently.

The students were among the thousands of participants at the protest called Displace Me.

Students from many different universities and high schools attended, accounting for a large portion of the 4,000 people who participated.

When students of Tracy Brigham's Global Health Issues class found out about the war they were outraged. Their first response was "How can we help?"

Coincidentally, Displace Me, was scheduled to take place in late April.

'We wanted to help them and this was a good way to do it,"

said student Kathryn Wood.

At the event, guest speakers and videos were shown throughout the evening, talking about the current problems faced by Uganda and its citizens.

Young Ugandans have been captured, brainwashed, and made to fight by the leader of a rebel movement called the Lord's Resistance Army, led by Joseph Kony.

Kony claims they are fighting for a government that is based on the biblical Ten Commandments.

Since this war began, an entire country has been displaced. Millions have fled from their villages and homes. Thousands are dying every week.

To try to replicate camp conditions in Uganda, participants in Displace Me in Seattle were allowed a water bottle, crackers, and cardboard for 24 hours.

"The point was to live like refugees. By going to Displace Me we got to show U.S. senators that we cared and wanted something to be done," said Wood, a student in Brigham's class.

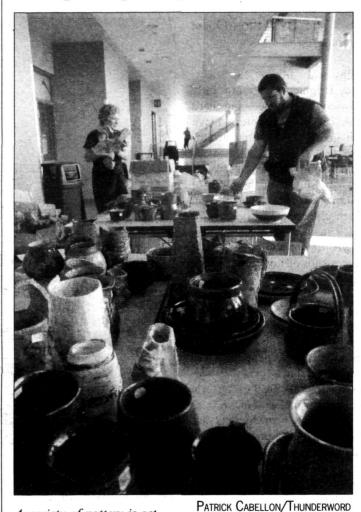
"This event brought me closer to the cause and helped me to understand it better. I felt like we raised awareness for something that doesn't get enough recognition," said Wood.

It was not only educational but inspirational as well, to see how people came together to help others, said Ryan Harrold, another student in Brigham's class.

"Afterwards we had a moment of silence, reflecting on the war and what could be done. It was amazing that over 4,000 people could be dead silent for 21 minutes," said Harrold.

"Those 21 minutes represented the 21 years of war."

## All going to pot



Japan is coming to the Cultural Cafe

### BY ARIEL MCKENZIE staff reporter

This quarter's Cultural Café will strive to bring the community together and create a greater respect for one another, its organizer said.

This Cultural Café will have an emphasis on the Japanese community. It will be next Tuesday, May 15 from 1:30 to 3:30 p.m. in Building 2.

Cultural Café occurs every quarter and highlights different cultural groups at Highline. Previous Cafés have highlighted Latin America, Korea, and Somalia, to name a few.

Organizer Rolita Ezeonu, a speech professor at Highline, says she wants students to learn about Japanese culture and experiences of studying in America through dialogue with some of the Japanese students at Highline.

Ezeonu says that a panel of Japanese students from Highline will sit in the middle of the room and she will ask them a few questions. After she has asked her questions of the panelists, the audience will have the opportunity to talk with the panelists, ask them questions, and share their comments.

"The main goal is for us to get to know one another better,' said Ezeonu.

Ezeonu plans to ask the panelists values attitudes and beliefs that are most important to them. Also, she would like to know what Highline can do to help them develop personally.

Ezeonu says she hopes that after leaving the Cultural Café, there will be a feeling of respect and sense of community for those who participated in the event.

Ezeonu said although she has had a few challenges, she has really great support, mentioning the help of colleagues Barbara Clinton and Vicki Ropp.

"It's been really nice to have that support," said Ezeonu.

Ezeonu said that this is her first quarter organizing the Cultural Café. Laura Manning, who is currently teaching in China,

A variety of pottery is setup on tables in the Student Union, with the intention of being sold as Mother's Day gifts. The sale raises money for the cermics shop.



and Clinton usually organize this event, said Ezeonu.

Ezeonu said that from what she can see from previous Cultural Cafes, the goal of bringing other people together has been achieved. Ezeonu hopes that this goal will be accomplished this quarter as well.

Originally from Oahu, Ezeonu says that growing up in Hawaii has really shaped her appreciation for diversity and her respect for other cultures. She says that the she wants to form the same bridges and respect for other cultures in the Highline community that she has gained from her experiences of living in Hawaii.

"I hope people come. Everyone is invited," Ezeonu said.

# Internships help students sail away to new careers

**BY CARRIE DRAEGER** staff reporter

If you are looking for work experience, credit opportunities, and future careers; an internship set up through Highline's Co-Operative Education Department may be right for you.



Internship opportunities often erative Education Department come up half way through a quarter and the program does able internships that students not want to deny the student the can use to help them pick an opportunity to participate in the internship.

has a database of 1,000 avail-

"You (the student) decide how many credits you want to earn. In essence you are going to write your own syllabus," Warren said.

Nancy Warren, director of Co-Operative Education, spoke to the Highline Honors Colloquy recently about the opportunities an internship can open up for a college student.

"What I like a student to think of when looking at internships is just to get their foot in the door," Warren said.

Currently, 800 Highline students are involved in some form of a campus internship and any

### Nancy Warren

Highline student can participate in an internship opportunity. Internships are set up through a professor who is considered an expert in their field, Warren said. The program is a continuous enrollment opportunity.

internship before the next quarter ends.

The internship involves a student working for and learning from a company that they have an interest in for work experience, or for a future career opportunity.

"It's experience, and nobody can take away experience," said Warren.

Internships on campus can range from engineering to drama. Warren said that students in the past have done projects with local political campaigns, and recording studios. The Co-Op-

"The best internships are the ones the student dreams up on their own. ... The beauty is you get to decide," Warren said.

After picking an internship the student must decide how many credits they want to pursue during their internship. Every 30 hours spent on an internship translates in to one credit at Highline and can be put toward an emphasis area of an associate arts degree.

The professor marks the student's progress throughout the session and grades them according to their progress.

Dr. Barbara Clinton, director of the Highline Honors Program, said that the value of an internship is that you can double dip by getting work experience and college credit at the same time.

Warren said many students chose to do an internship not only to get work experience and credit, but to add to their college resume.

"Many four-year institutions are looking for something else, that something special. Internships look great on an application," Warren said.

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# Take care of yourself by eating well, exercising

## By AARON QUAM

staff reporter

Physical fitness instructor Tracy Brigham says that a little knowledge, patience and hard work can help people achieve their goals of becoming healthier.

At Science Seminar last week, Brigham spoke on the topic of "Taking care of yourself" in which she covered a variety of issues such as diet and exercise in an attempt to make people more aware of how to best take care of their bodies.

"A healthy lifestyle begins with a proper balance of nutrition and exercise," said Brigham.

A good diet is the first part of a healthy life that people need to concentrate on to be more successful in achieving the long term goals one wants to achieve.

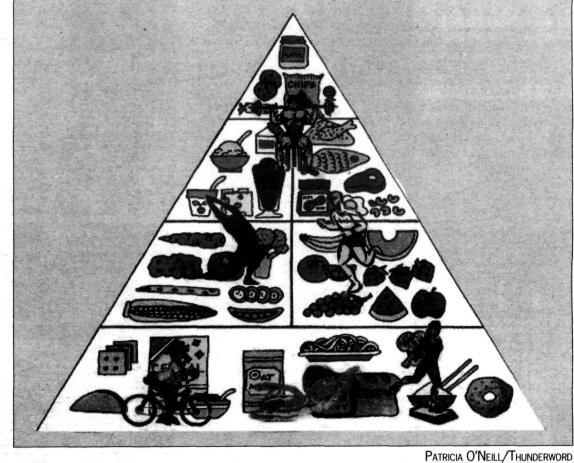
In today's world, diets are measured based on calories, a unit of energy measurement.

A calorie is the amount of energy required to heat up one liter of water.

"Calories are not evil and are not your enemy if you are on a diet," said Brigham. "The diet industry has basically been telling us that for years now."

In response to this, many people go on low-calorie diets that prove to be unsuccessful in the long run.

"Low-calorie diets are not



The food pyramid divides food into six categories: bread, cereal, rice, and pasta; vegetables; fruits; milk, yogurt, and cheese; meat, poultry, fish, beans, eggs, and nuts; and fats oils and sweets. Eating right and exercising, such as biking or jogging, is essential to living a healthy life.

working," said Brigham. "When the body is on an extremely low-calorie diet, its metabolism begins to slow."

With this metabólic slow down also comes the slow down of weight loss. Brigham said that what people should be doing is not using a low-calorie diet but rather one that has a proper balance of what the body needs to function best.

This includes a diet that has a good amount of complex carbohydrates such as whole fruits and vegetables, legumes, nuts and seeds. These are needed to provide the body with the energy it needs to get through the day and they also are the body's only source of fiber.

According to most guidelines out today, the diet also needs to be made up of about 15-30 percent fats.

"Fats are important for things such as cell structure, hormone regulation, insulin, and the absorption of certain vitamins," said Brigham.

Sources such as fish oils, flax seed, and olive oils are all considered a "good" form of fat and should be included in a sensible diet.

Trans fats are a bad form of fat that should be avoided when possible. These fats are a product that manufacturers use to make unsaturated fats less vulnerable to oxidation. This gives the products a longer shelf life, but in the process the fats become almost impossible for the body to breakdown.

Brigham said that even if the product claims to have 0 grams of trans fats, you really should read the ingredients and look for anything that says "partially hydrogenated oil" in it. If it does, the product has trans fat in it, just at a low enough level to still label it as 0 grams of trans fat.

Food manufacturers are allowed to list amounts of trans fat with less than 0.5 grams as 0 on the Nutrition Facts panel. Because of this, consumers may see a few products that list 0 gram trans fat on the label, while the ingredient list will have "shortening" or "partially hydrogenated vegetable oil" on it

Saturated fats are also to be

SEE HEALTHY, PAGE 15

# Get ahead by excelling at Excel

### BY AARON QUAM

staff reporter

Mastering Excel can help everyone be more efficient and productive in everything we do.

"If everyone was to know how to use Excel properly and efficiently, we could be able to solve a lot of the world's problems," said business and accounting instructor Michael Girvin.

"It could allow us to free up an extra 20 hours a week that we could put to use on important things like volunteer work or anything else that could benefit people."

"I have been looking forward to this Science Seminar for a long time," said geology instructor Eric Baer.

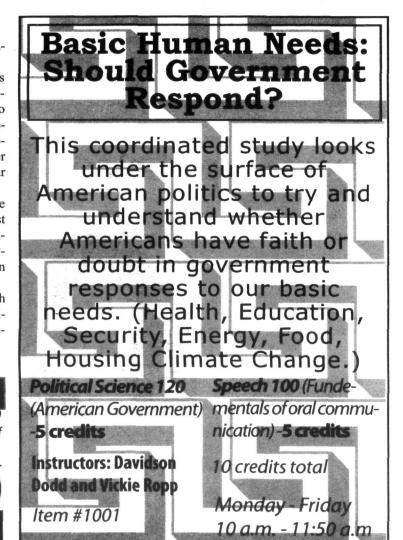
"I know personally that Michael has been able to show me all sorts of little tricks that I did not know about that have made using the program more useful in everyday applications to me."

The seminar was held in the computer labs in Building 29 in an effort to let those attending to use Excel "hands on" and learn a few of the secrets as to what the program can really do. Girvin said that with that knowledge one could do many things people don't usually think of doing with the program.

gram normally assume the reader already knows.

In it he included the 27 rules to Efficient Spreadsheet Construction in which he put into common terms how best to create formulas to use in the program along with a host of other helpful tips to maximize your use on the program.

"I know the one hour that we had here will be hard to digest and to expect people to remember everything that we have covered is a little too hard," Girvin



Girvin also said that being able to demonstrate the proper use of Excel in the workplace will help you get noticed really quickly.

"It will definitely help you get that promotion you are looking for," said Girvin.

At a recent Science Seminar, Girvin presented "Excel is Fun" in an effort to help demystify the popular Microsoft program that helps analyze and calculate data. Things such as mathematical computations that normally would only be done on a calculator could be done well enough that one could get through most college level math courses with ease.

Those attending were given a personal workbook made by Girvin in an effort to highlight things that books on the proGirvin teaches Excel in both his Business 216 class and Business 214 class in which he focuses on teaching advanced Excel.

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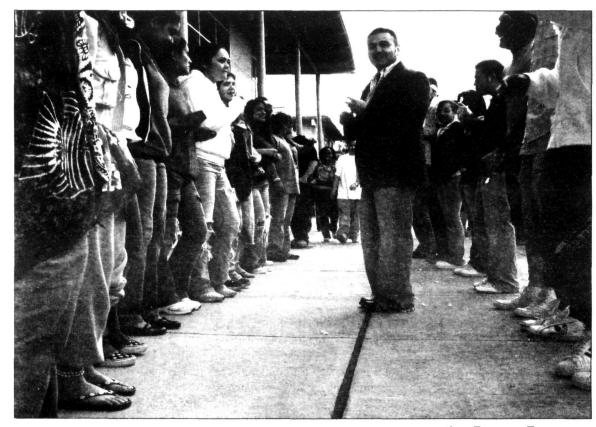
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JOHN THOMPSON/THUNDERWORD

At the top left, dancers line up for a samba lesson, while student program booths gather a crowd. (Top right)



# Spring Fest 2007

Nearly 1,000 students turned up for the Highline Spring Festival.

Last Friday, May 4, 600 high school students and 400 junior high school students ventured on campus to take part in a college fair, a career fair, workshops, and activities as part of the festival intended to encourage higher education.

More than 30 representatives from colleges and universities were in attendance to provide

information about their schools. More than 30 employers were also at the festival to answer questions from students interested in a job.

Workshops about a variety of college and career topics, such as paying for college and resume writing, were also held.

Attendee also participated in games of volleyball and a hoop shoot contest. Live music and a barbeque lunch for \$2 were also provided.



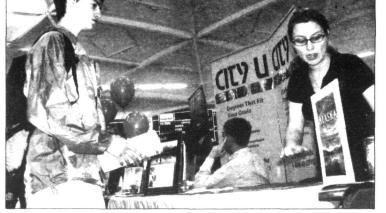




A local high school student rides a wave of excitment (left). Another splash from the dunk tank as money is raised for scholarships (above).

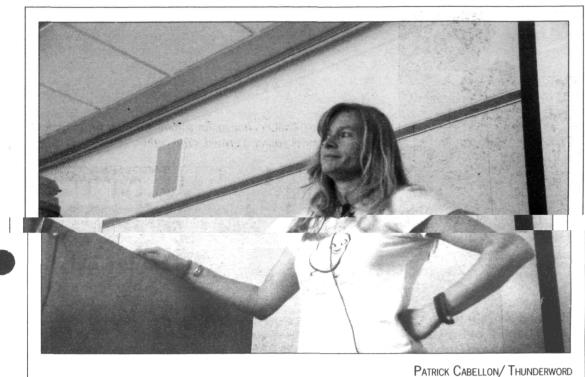






The City University booth attracts attention at the job and transfer fair (bottom left). At bottom right, quick-learning dancers twirl their partners.

HERVELLANDAMA 10, 2007//PAGE



Tracy Brigham explains that though fats are part of a balanced diet, trans fats are unhealthy.

# Healthy

## CONTINUED FROM PAGE 13

limited or avoided if possible. These would include products like butter and lard. Diets that fail to control the intake of such unhealthy food types can lead to a higher risk of heart disease, stroke, and diabetes.

"Our lifestyles have become so toxic that our chil-

dren's generation will have a lower life expectancy than ours," said Brigham. "Obesity is about to surpass other diseases and become the No. 1 cause of death in our county."

Brigham said that there are four basic nutrition guidelines people can all follow to improve their lives:

•Eat a variety of whole and natural foods.

•Eat foods in moderation and in balance with each other.

•Limit the amount of saturated fats, trans fats, sodium, and sugar in our daily diets.

•Lastly, exercise. Anything that makes you move whether that means hitting the gym or just getting out for a walk counts towards exercise.

Biology instructor Woody Moses will be speaking at this week's Science Seminar on the topic of "Collapse: The demise of human civilization" in Building 3, room 102 this Friday at 2:20 p.m.

## THE THUNDERWORD/MAY 10, 2007/PAGE 15

# Discussion to be held on hip-hop's global influence

### **By Shurvon Haynes** staff reporter

She will speak at 9 a.m. and 11 a.m. in the Mt. Constance າບປາກດາ

Statemiss can explore une evolution of music and culture while attending the 2nd Annual Hip-Hop Summit: Universal Elements of Hip-Hop on Friday, May 11.

The growth of hip-hop has been the most controversial form of artistic expression that has influenced different cultures around the world, organizers say.

"The goal is to educate on how hip-hop has expanded outside of the boundaries of the United States and the effects it has globally," said coordinator Rashid Abdullah.

Keynote speaker Dr. Mako Fitts, visiting assistant professor at Seattle University, will lecture on how hip-hop can promote political action and social justice in areas that have been underrepresented by mainstream media and its role in the Seattle area.

\* "#ctivrues-Indruce -a-"wrning workshop led by local entertainer and poet MC Sean Good at 10 a.m. in Mt. Skokomish room.

Participants will have the opportunity to write and perform their very own hip-hop lyrics.

At noon, a panel discussion will be led by Zulu Nation a local group comprised of several members from different ethnic and racial backgrounds.

They will educate students on how hip-hop has contributed to their wisdom and knowledge of the streets within their own communities.

The panel discussion will also be in the Mt. Constance room

All students, staff and faculty are welcome to attend this event held in the Student Union Building on Friday, May 11 from 9 a.m. – 2 p.m.

For more information contact Rashid Abdullah or Doris Martinez at 206-878-3710, ext. 3903.

## Walking a path to relieving stress

### staff reporter

Students will have the chance to find their center in the middle of a labyrinth next Monday at Highline.

**BY DAVID BIEHN** 

Highline Counseling Psychologist Dr. Gloria Koepping arranged to have a portable labyrinth brought on campus. She had previously intended to use it for her stress management class, but in the end decided to open the opportunity to the rest of Highline.

"When I was arranging for it to come here, I thought why not bring it to the [entire] campus," Koepping said.



Dr. Gloria Koepping

said.

Labyrinths come in many inrnations, and are made from a others it may just be a pleasant distraction from an otherwise busy day.

"It just might be something that works for [people]," she said. "It's a meditative experience."

They key to the labyrinths success is in its clarity.

"It's not that complicated sort of thing, it's very simplistic," Koepping said. "Something simplistic can help you solve something complex.'

Everyone who attends will get a paper labyrinth handout. They will feature mini labyrinths to follow along with a finger.

It is intended to have a similar affect that the walkway laby-



one free ice cream with every entree purchased This coupon is not valid with any other offer



The labyrinth will be in Building 2 from 10 a.m-2 p.m., and admission is free.

It is a common misconception that a labyrinth is just another term for maze. Mazes are designed as tour puzzles that give you multiple choices of paths to take, whereas labyrinths have one set path for the person to walk through. Dr. Koepping stresses that they are two different things.

"[With labyrinths] there is only one way to go in it and it's the same way out," Koepping

variety of materials. They can be etched in stone, raised turf, or painted designs on the ground. The labyrinth coming to Highline will be a laid out path sprawled on the floor in building 2.

"This one is made out of canvas," Koepping said. "It will be 36 by 36 feet."

Dr. Koepping encourages everyone to set aside a few minutes and try out the labyrinth.

She believes that trying it out could beneficial to a person's day, by helping them with whatever problems they may have. For

rinth has.

"You get out of it what you put into it," she said.



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Contact Anjelica or Matt at 206-878-3710 ext 3291 or by email tword@highline.edu

## Moser

## CONTINUED FROM PAGE 1

"I went to work at Boeing until I had my first son," Moser said. "In those days, they made people quit at seven months pregnant."

Moser said she turned her focus to being a mom to her two sons, both of whom attended a pre-school program at Highline. That's when Moser said she decided to go to school herself and take a class to brush up on her typewriting skills.

Moser enrolled in just a typing class in 1981, but soon signed up for a business machines class before she decided to complete two years in the Professional Secretary Program.

"I took those two classes. I had so much fun that I became a full-time student," Moser said as she began to grin.

To graduate, Moser said "I needed two credits of co-op, so I went to the co-op office and the director said I needed to have a job."

Volunteering in an office counted as well, and Moser soon found herself working in the Highline president's office.

"They didn't know what to

do with me at first," Moser said, so she decided to make herself useful.

"There was this old word processor machine sitting in the reception area," Moser said. "I came in and sat at that machine and figured out how to make it work."

Moser then began working four hours per day in the president's office, covering the lunch hour during the Summer Quarter of 1983.

"In the fall of 1983, they said 'How would you like to stay here?" Moser recalled.

She was offered a permanent part-time position as an office assistant, which she quickly accepted.

"I wanted a part-time job so I could work while my kids were in school," Moser said.

As part of her job, every morning and usually every afternoon Moser would distribute mail to the campus.

"We didn't use campus mail in those days; it had to be handdelivered," Moser said. "I hiked out. It gave me the opportunity to get to know all those people in all those offices."

She worked in the president's office for four years until 1987 when she decided she was ready for a full-time position.

"I was ready to have more re-

sponsibility," Moser said.

She began working in the office of the associate dean for Occupational Programs and stayed there for 10 years until there was an opening for an executive assistant in the president's office in May of 1997.

"I came back to where I started," Moser said.

In her role as the third executive assistant to the president in the college's history, Moser acts as a liaison for the president with the State Board for Community and Technical Colleges and other state agencies; prepares and distributes the Board of Trustees materials; acts as a meeting recorder and confidential assistant to the Board; and oversees support staff.

"I support the president and the Board of Trustees," Moser said. "I help the president fulfill his goals for the college. I've enjoyed my job a lot.

One aspect of her job she did not enjoy, however, was the shock of the firing of Dr. Bell.

"It was a big surprise. When the announcement was made in the board meeting, it was like 'What did they say?'" Moser said. "It was a real shock."

Moser said she has enjoyed getting to know her co-workers at Highline over the years.

"I'll just miss everybody. I

have a lot of friends here," Moser said. "I'll miss seeing them on a regular basis."

Several campus members said the feeling is mutual.

"She's very giving, dedicated, motivated. She's just the best. I'll really miss her," said Lois Eriksson, executive assistant of Administrative Services who has worked with Moser for more than 10 years. "She can multi-task. She's very organized. ... Sandy has exceptional social/people skills and a great sense of humor."

Larry Yok, vice president of Administrative Services, said he especially values Moser for her knowledge and years of experience with Highline's Board of Trustees.

"She's a remarkable woman. She has a wealth of information on the college," Yok said. "[I will miss] her attention to detail and her willingness to give me a heads up [on important information]."

Dr. Elizabeth Chen, chairwoman of the Highline Board of Trustees, said if someone new to Highline arrived on campus she would want them to meet Moser first.

"She is the greatest person to work with. We (the Board of Trustees) feel her contribution to Highline beyond measure,"

Dr. Chen said. "[She is] so sweet, so capable. ... She's the most decent person."

"Her work with the Board of Trustees has always been very professional," Interim Highline President Dr. Jack Bermingham said. "I think she's done a tremendous job. She's such a welcoming person. She makes a very positive impression. ... I sometimes think she does the job of at least two people."

Now that she is retiring, Moser said she intends to spend more time with her husband of nearly 42 years. She also wants to continue her tap dance and clogging lessons, spend more time with her granddaughter, and get back into hiking, biking, gardening, and piano lessons.

Moser's last day on campus will be June 22 before her retirement officially goes into effect on July 1. Still, Moser said it will be hard to leave.

"I'll probably come back for senior college," Moser said with a laugh. "Highline's a great place. They have classes for everything. It changes a lot of lives.

'Dynamic, intelligent, dedicated, and committed people work here," Moser said. "It makes you really proud to say 'I work at Highline Community College."



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more detailed information!

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