Fitness trainer program seek approval See page 9

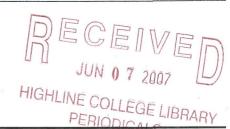


Science overlaps with art See page 5



#### 

# The Thunderword



JUNE 7, 2007/VOLUME 46, No. 30/HIGHLINE COMMUNITY COLLEGE

# Dating at work doesn't often pay

BY SIMONE SNOW

staff reporter

Jason Flint said he made a mistake.

When he began dating a woman he worked with, Flint said he quickly learned just how big of an error it was.

"It wasn't that [the relationship] ended badly, but there was so much tension in the office," said Flint, a Highline student.

Flint said other people in the office began to take sides and "form alliances," creating a division in the office among the staff.

"We both ended up being fired," Flint

•Highline officials offer methods for dealing with sexual harassment on campus. See page A19.

said.
Flint is not alone.
According to a 2005 s urvey conducted by Vault, a company which col-

lects workplace data, 58 percent of people surveyed said they have had an office romance.

Ruth Frickle, a Highline psychology professor, said it is to be expected.

"You're always going to pull from a pool that you are familiar with," Frickle said. "[In the workplace] your values might be similar, your beliefs."

However, Frickle said everyone has to "know [their] own emotions" in order to handle what could turn into an uncomfortable situation at work.

"I think that's an individual thing. You need to know yourself well," Frickle said. "If it doesn't work, are you going to be able to be around this person?"

Before dating a co-worker, Frickle said each person should ask themselves "Would I have to leave if I felt so uncomfort-

#### Jump for it



PATRICK CABELLON/THUNDERWORD

Highline students Chris Staley (left) and George Mazurets play with a Frisbee on a recent day on campus.

able?"

Frickle said what most people struggle with in the midst of a relationship is the separation of their work and their relationship.

"You want to make sure you can keep those two roles separate," Frickle said. "It bleeds over into your relationship with other co-workers."

In order to prevent a romance from interfering with productivity, Frickle said keeping relationship baggage out of the workplace is important.

"That role-confusion really

can disrupt a workplace and a business," Frickle said. "You've got to keep that out of the workplace."

Frickle said it is also important for co-workers dating one another to discuss how to conduct themselves while on the job.

"Set up solid communication from the get-go about how you're going to handle it," Frickle said. "Talk about how you talk and interact and what your expectations are."

For ethical reasons, Frickle said she advised against dating

a boss or subordinate.

"[Dating a boss or a subordinate is] something that again the role situation is hard to keep clear," Frickle said. "There's potential for sexual harassment to be perceived. There's potential for favoritism to be perceived."

Dr. Bob Baugher, a psychology and behavioral science professor, said he agrees.

"I think of all the entanglements that occur," Dr. Baugher said.

SEE DATING, PAGE A19

# Funds denied for legal reasons

Student Programs refused to give club money for religious event

By ARIEL MCKENZIE staff reporter

A religious group on campus says it should have been allowed to use student funds to support

a religious activity earlier this

Campus Crusade for Christ asked Student Programs for funds to help pay for a proposed worship, prayer, and bible study event on June 5.

Student Programs denied them twice, but the club's official and advisers say that a change in federal law could make it possible for student funds to be used to support religious groups.

Student Programs and Campus Crusade are now trying to sort this out.

On April 23, Campus Crusade proposed an end-of-theyear CRU worship, prayer, and bible study event. This event was to take place on June 5 and detailed a funding request for food during the worship session

SEE FUNDS, PAGE A20

#### Inside SCOOP

the thunderword magazine

•The Highline class of 2007 has faced racism, disabilities, and the challenge of balancing work with school and family.

See pages B1-B8.





#### HIGHLINE

#### Man caught fleeing the scene of vandalized car

Security found a man fleeing the scene of car that had been broken into on June 2.

A Honda Civic had its passenger window broken out and a rock was found next to the car.

After Security caught the suspect, a member of the custodial staff told Security that the suspect was the man that had broken into the car.

The Des Moines Police Department responded and took the suspect into custody on suspicion of vehicle prowl.

The suspect had several allegedly stolen items with him in a backpack.

#### Student's car damaged

A student reported that her Honda Accord that had been parked in the east lot on June 2 was dented and the front passenger side blinker broken.

#### Student kicks a ball and sets off alarm

An alarm was set off in Building 27 when a student kicked a ball into it.

#### Found property

The following items were found on campus: a USB pocket drive; a pink T-Mobile Razor cell phone; a black gym bag; and a green CD with pictures on it.

#### Lost property

The following items were lost on campus: a Verizon phone; VW keys; and car keys with a Washington D.C. keychain.

Officer Richard Nover, supervisor of security and safety for Highline, said that things have been more active this quarter on campus.

"Vehicle wise we're above what I consider normal," said Nover.

"As far as other activities, because its spring time and kids are out more, I'd say it's [activity on campus] been a little bit higher," Noyer said.



#### Commencement bus is not for students

In last week's issue of The Thunderword, it should have said a bus will be provided to commencement for staff and

Students will need to find their own means of transporta-

#### **Movie Fridays hosts** a museum night

This Friday afternoon will be a night to remember.

Night at the Museum will be shown at this weeks Movie Fri-

The film is about a magical museum where everything comes to life at night, and stars Ben Stiller.

Pizza and lemonade will be served as refreshments to all that come.

Everyone is welcome to attend the free screening.

The event will take place on June 8 in Building 29, room 216

For more information about Movie Fridays contact Roman Wright at 206-878-3710, ext. 3999 or at rwright@highline.

#### Puget Sound history studied at seminar

Washington's geologic story will be explored at this week's Science Seminar.

In his lecture, Dr. Eric Baer will discuss major events that have shaped this region of Washington from large floods to volcanic eruptions to missing pieces found in Siberia.

Science Seminar will be held June 8 in Building 3, room 103 from 2:20-3:10 p.m.

Everyone is welcome to attend the lecture.

For more information about Science Seminar, contact Dr. Eric Baer at 206-878-3710, ext. 3513 or at ebaer@highline.edu.

#### Reception honors new tenured faculty

A reception will be held to honor Highline's newly tenured faculty.

The reception is a chance to congratulate and meet those faculty members who have received tenure this year.

The faculty members who have recived tenure are Ellen Bremen, Darryl Brice, Jin Do, Chris Gan, Jonathan Jahns, Matsumoto-Maxfield, **Tarisa** Maurea Maya, Woody Moses, Jason Ramirez, Gregory Reinemer, Katherine Skelton, Joy Strohmaier, Aaron Warnock, and Marcia Welch.

PATRICK CABELLON/THUNDERWORD

A young boy uses Highline's campus for a skatepark during a recently held plant sale.

Mt. Constance room of the Student Union Building at 2 p.m.

The reception is today in the

#### Deadline is drawing near for scholarship

The deadline is approaching for the Washington State Financial Aid Association Ethical Awareness Committee Scholarship.

The financial aid association is a one-year scholarship given to promising students of color who will be attending a WFAA member college or university.

The scholarship award is variable, up to \$1,500.

To qualify applicants must

have a minimum 3.0 GPA, must be certified as eligible for financial aid, and must enroll at least halftime at a WFAA member college or university.

Applications must be submitted by June 29 to Kim Wasierski, senior associate director of financial aid.

For more information about financial aid or the scholarship contact Kim Wasierski at kwasiers@highline.edu or at 206-878-3710, ext. 3302

#### Correction

In past issues of The Thunderword, Sergio Ulloa's name was misspelled.

#### **Co-Opportunity** Cooperative Education

#### Summer Internships

Summer is coming! Not sure what to do summer quarter? Consider doing an internship! Visit Workforce Development Services on the 2nd floor of Building 6 for more information.

> Get real world experience while earning real college credit. **Building 6, upper floor**

#### Student

#### Marketing and Sales Support

Provide proofreading, writing and editing services for firm project profiles, marketing and sales projects, master staff resumes and own work.

\$12-15 40hrs/wk Seattle

#### School Library Aide

Job # 2854

and Friday.

**Duties: Process all new** \$DOE books, set up library displays 16+/- hrs/wk and yearly inventory. 3-4 primary Thurs-Fri. Seattle library times on Thursday

For additional inforamtion log on to Interfase at https://www.myinterfase.com/highline/student

#### Free Tutoring!!!



#### Feeling overwhelmed? Get help!

Visit the Tutoring Center in Building 26, Room 319.

We specialize in turning good students into better students.

#### Tip of the Week:

"Never mistake knowledge for wisdom. One helps you make a living, the other helps you make a life" Sandra Carey

#### Sign up for help in:

Accounting/Business, Languages, Math, Science, Computers, Writing, and more subjects!

Mon-Thurs.....8:00 am-7:30pm Fri......8:00am-1pm http. flightline.highline.edu/tutoring

#### Honors students tell their stories

By Carrie Draeger staff reporter

They came from different ountries and decades to achieve he same goal, graduating from Highline as honors scholars.

More than 50 people gathered Wednesday to congratulate the 14 honors scholars that are graduating.

"A great deal of responsibility falls on our students to bring something to our learning environment," said Dr. Jack Bermingham, interim president of Highline. "I want them not to forget the kind of contributions they have made."

To be an honors scholar, a student must maintain a 3.5 GPA and earn a minimum of 35 honors credits, and write a 15-20 page paper justifying the value of their majors. In return for completing the honors scholar program, the student receives a merit tuition scholarship for their final quarter at Highline.

"Students from our program are leaving with \$900,000 in scholarship money," said Dr. Barbara Clinton, head of the honors program.

Julie Bentley will graduate from Highline and will attend the University of Washington-Tacoma and is a recipient of the Next Step Scholarship, which covers tuition and fees, and gives a stipend for books and

"Before I started the Honors Program, I lacked confidence in my academic ability." Escoto

Alice Lee doesn't consider herself the typical honors schol-

"High school was a bomb for me," Lee said, who will also attend the University of Washington to study nursing.

Grace Murkiri started school at Highline in 2005 after immigrating to Seattle from Nairobi, Kenya.

experienced culture She shock in her move and was able to overcome it through becoming involved at Highline.

"Through International Student Programs I was able to talk to students. I had mentors who were there for me," Murkiri

Murkiri will attend Pacific Lutheran University in the fall to study nursing.

Anna Lee, a Running Start student, will go on to the University of Washington to study at the Jackson School of International Affairs.

She describes coming to Highline as one of the best decisions of her academic career.

"In high school during my sophomore year, I was dreading the fact that I had to be in high school for two more years," Lee said.

She is a Gates Millennium

scholar, which helps minority students cover college costs.

Christopher Thomas dropped out of the ninth grade in the eighties and entered the workforce before coming to Highline.

"I really knew how to work, but I'd forgotten how to learn," Thomas said of his return to

He will be attending the University of Washington-Tacoma in the fall, where he will major in environmental science.

Andiyuk Vika never thought that she would make it in college. Born and raised in the Ukraine, Andiyuk

had a hard time adjusting to life in the United States.

"I always felt ashamed of my

Eddy Shibale, a native of

#### Student is rising above the odds

By Shurvon Haynes staff reporter

Mackenzie Obeleago was born with cerebral palsy which has hindered his ability to walk, but he can indeed walk.

Obeleago started walking a few years ago after receiving physical therapy.

"I believe I can do anything if I put my mind to it," said Obeleago

He walked down the aisle to receive his diploma when he graduated from Franklin High School.

During his senior year he served as the manager of the men's basketball team, leading them to the state championship.

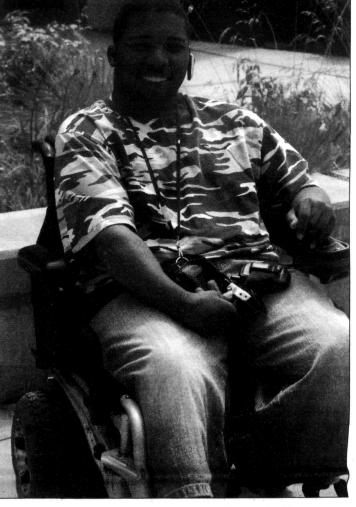
Obeleago, 19, is attending his first year at Highline, studying to receive an associate of arts degree with emphasis in communication.

He quickly became involved and attended many campus events such as Unity Week, Global Fest and the boat cruise.

"I like to move around, talking to different people. But sometimes it is hard for people to understand what I have to say," said Obeleago.

Diffuculty speaking does not keep him from expressing his ideas during weekly Black Student Union meetings or playing chess in the game room.

On a typical day you can find him cruising around campus in his fluorescent



JAIME GUDJONSON/THUNDERWORD

Mackenzie Obeleago has become involved in many campus events. He is working towards his associates of arts with a communications emphasis.

green motor chair, going back and forth to the bistro from his geology class.

"I really like learning about rocks, mountains and volcanoes," said Obeleago.

Mackenzie lives with his parents in Kent and has a younger sister.

In his spare time he likes going to the movies and playing with his pet Chihuahua named Knotch. Mackenzie refuses to let his disability get the best of him and continues to defy the odds.

Kenya, had lived in the United States for only two years when he started classes at Highline. He will be moving on either

to the University of Washington or the Seattle University to study electrical engineering.

Gary Belvin's first experience in public education happened at Highline. Belvin, a home-schooled Running Start student, will attend the University of Washington to study computer engineering.

Shirina Adamson dropped out of high school five times and had two kids before starting at Highline.

Adamson will graduate with her associate degree of applied sciences in accounting and her general associate arts degree.

Ramsey Goodner was told by a high school counselor that Highline's Running Start program was not a program that he wanted to try.

"I didn't want to take his word for it," Goodner said.

Goodner was accepted into West Point Military Academy and will start there this month. He said the Honors Program helped him realize his potential

Jennifer Graybill has a long family history both at Highline and in the Honors Program.

Graybill is the fourth of six children, and one of three who have gone to Highline.

Graybill will attend the University of Redlands with a \$30,000 scholarship.

Sunny Jhajj took Honors 100 and got a big shock in the amount of work he had to do.

"I remember the first day of the class (Dr.) Barbara (Clinton) saying that this was going to be the hardest two-credit class you take," he said.

Jhaji will attend the University of Washington in fall and plans on studying medicine.

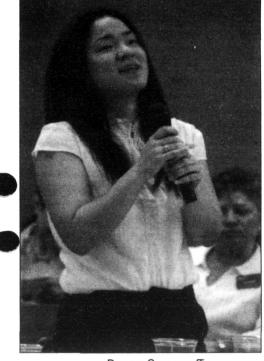
Ambar Martinez described coming to Highline as an eye

"It was hard (for me) to understand that I could live a life in English. I was always kind of hiding," Martinez said of her experiences at Highline as a native Spanish speaker.

She will be attending the Edward R. Murrow School of Communication at Washington State University to study broadcast journalism.

Dr. Barbara Clinton said having 14 honors scholars signifi-

"They are a reflection of Highline through their diversity," Dr. Clinton said. "I hope they are going to serves as an example of the wonderful places Highline graduates can go."



PATRICK CABELLON/THUNDERWORD Anna Lee will be graduating this year and moving on to the University of Washington.

living expenses.

Christina Escoto will go to the University of Washington, where she has been accepted into their School of Nursing.

accent," Andiyuk said.

#### **Editorial** comment

# Never forget your years at Highline

For many of us, it has been a long two years. For others, it has been a lot more than two.

Spring Quarter is coming to an end and for many students, this will be their last.

Highline will release its new batch of paralegals, medical assistants, nurses, technicians and transfer students in the coming year.

And bigger and better things will await them in their futures.

For all those graduates who are looking forward to their new futures, congratulations.

But never forget where it all began.

While many students can't wait to move on to something new, there is always that apprehension of leaving a place you have grown so used to.

Leaving Highline means you are leaving that teacher who helped turn your life around.

Leaving Highline means leaving that great club you joined and the students who you forged great friendships with.

Leaving Highline means you are no longer in your comfort zone and must start over again with a new life.

However, don't be afraid to leave and start this new stage of your life.

Maybe you'll like it and maybe you won't. Who knows? That's how life works, after all.

Some things you enjoyed, some you didn't.

That irritable math teacher who seemed to want to wring your neck every time you raised your hand? Won't miss her much.

The astronomy professor who taught about the stars and the moon and the planets? You'll never look at the sky the same way again.

The geology professor who was just maybe a little too enthusiastic about his subject? Because of him, you'll never think a rock is just a rock.

The tutors that you annoyed day in and day out in whatever subject you were struggling with? Man, those were the days.

Those days will soon be over, but fret not. More new experiences are to be had outside of Highline, whether they're great or not so great.

Either way, Highline prepared you well to face them and you should never forget that.

#### Staff

#### "Next quarter, I'm going to teach 'How to Make New Friends."

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"WHAT DOES 'GOOD RIDDANCE' MEAN ANYWAY?..."

#### I'll never forget this friendship

I had a friend who used to live down the street from me. To protect her privacy, I will call her Sally.

Sally befriended me in fourth grade. We walked the same way to get home and get to school, so it was almost a given for us to become friends.

I was the type who was shy and insecure and would cry at the drop of a hat. Sally was outgoing and energetic and not afraid of confrontation.

She was able to look past the fact that I was sensitive and sheltered and helped me have fun in life.

She tried to teach me how to rollerblade and it was a disaster. To this day, I still can't.

She had a bunch of dogs and cats. Her house was the closest to a zoo I had ever been and it was awesome.

She was the first friend I had who invited me over to her house just to hang out.

Then high school came along.

I was busy struggling through my classes and trying to live through those awkward years. I never really became a part of any type of clique. I wasn't smart enough for the nerds, I wasn't good enough at sports for the jocks, I wasn't pretty enough for the popular crowd, and I wasn't hardcore enough for the thugs.

Sally, on the other hand, found her niche. I cannot think of the proper name for it, and I even doubt that there is one.

She wore a lot of black and put on lots of heavy makeup. She was becoming extremely rebellious to her parents and, needless to say, she and I drifted apart.

In short, she fell through the cracks and made some bad choices during her high school years. My parents wanted me to have nothing to do with her anymore.

Sadly, I was soon agreeing

Commentary



JUDY VUE

with them.

She transferred to other schools and I have no clue what occurred in her personal life during the time I did not maintain contact with her.

And even if I did, it would not be my right to share it on this page.

All I know is that whatever happened, it all led to Sally hanging herself one day.

I did not even know about this until a year after the fact.

And through all that time, she was still only living down the street from me.

What hurts me the most was talking to her mother, who I will call Betty.

My own mom was picking me up from school one day and she was parked adjacent to Betty, who was picking up Sally's younger sister. That was the day I found out that Sally was gone.

Tears were shed as Betty and I hugged, but what hurt the most was when Betty told me that my picture still hung on the wall of Sally's room.

"She still thought of you as a friend," Betty said to me.

And this is what hurts me the most.

I know I cannot blame myself for Sally's suicide. But it's hard not to sometimes.

I never called her. Sometimes, she'd call me and I'd make up some white lie that I was busy with homework or my mom wanted me.

I don't know what happened that drove her to do what she did, but I can easily speculate and I'm probably right.

And I was a coward. I was a coward for not reaching out to her when she probably needed me.

Sometimes, I feel as guilty as someone who stood aside as somebody is murdered and did nothing to stop it.

That is the worst feeling in the world and no one should have to go through that.

We all have friendships that come and go. But for the people who we befriend, we all have an obligation to do something if we know that person's life is spiraling downward.

Who knows if I could have been the one person Sally needed? What if I had just talked to her again? Could she still be alive today? Now, I'll never

According to the Center for Disease Control, suicide is the third leading cause of death among young people 15 to 24.

I hope that one day, that statistic is no more. I hope that people contemplating suicide realize that many people still care about them. And I hope that friends of those people take the responsibility to let them know.

I am no Christian, but if a heaven exists, I hope Sally is there. If she has been reincarnated, I hope she has a second chance to be happier than she was in her previous life.

I just wish I had played a bigger part in it.

If you think that someone you know is contemplating suicide, confront them about it.

If you are contemplating suicide, talk to someone about it.

You can call the National Suicide Hotline at 1-800-784-2433.

#### Science evolves into visual art

#### Last week's Science Seminar intertwined science with humanities

BY KELSEY SIMS AND AARON QUAM

staff reporter

The lines between science and art have been blurred thanks to Joy Strohmaier, Angi Caster and Christine Gan.

Strohmaier and Gan are both biology instructors and Caster is a writing instructor. Caster and Strohmaier presented "Science as a Humanity: Passion and Process" at the Science Seminar last week in an effort to explain the connections between the humanities and the sciences.

"We first started talking about doing this because both the sciences and the humanities and are human creations," said

Caster said that the sciences do play a part with her writing assignments because they help teach the students visual litera-

"It surprises me when I read the Science News and almost all of the articles written lead off with puns and metaphors," said Caster. "This is just one example of how literacy and the sciences are connected."

Both Strohmaier and Caster said that this topic was an effort to connect the two fields and make students more aware of how each of the fields can work together.

Not only did they touch on how science and writing can go together, they explained how

gether.

After the seminar they presented the newest Library Art Gallery with Strohmaier's work.

Science as a Humanity: Passion and Process is the name of the new art gallery that premiered last Friday.

Caster said that when she sees Strohmaier's work, she often is reminded of things like molecular cell structure or something akin to the human eye.

Her artwork is a curious blend of biology and emotion.

All of her art is similar in shape and size but each gives a completely different impres-

She has a total of 21 drawings displayed in the gallery. In addition to Strohmaier's artwork, Gan has 12 Scanning Electron Micrograph photographs displayed in the library along with Casters poetry and her book-inprogress.

For a long time Strohmaier described herself as "a closeted artist." In junior high she would doodle in class as a way to avoid listening to the teacher, which is not uncommon. Years later she rediscovered her drawings and since about 1996 she has started drawing again, but now she calls it "doodling, but with rules."

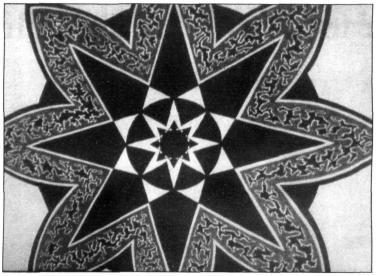
She sets up rules for herself, because, art is not only passion but also a process.

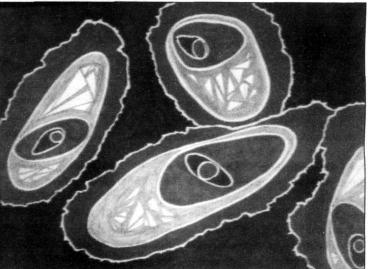
"When you draw or write there is a process. In science

science and visual art can go toyou have to observe for a long

MICHELLE ERICKSEN/THUNDERWORD

Angi Caster, and Joy Strohmaier weave together art and science in last week's Science Seminar.





Joy Strohmaier's drawings will be on display in the Library Art Gallery for the month of June. Her drawings range from the iris of an eyeball, to cells.

time and then follow a specific process," Strohmaier said.

Strohmaier said that to her art is not only about the product, but also the movement of ink onto the paper and how things flow. She doesn't like to focus on what she her picture should look like at the end.

"I start out doing one thing, and then it just evolves," Strohmaier said.

Strohmaier has been drawing for about 10 years, but it wasn't until recently that she had ever displayed her artwork.

Strohmaier said that almost all her drawings are basically a variation of different cells. That is what she sees when she looks at them.

Out of the 21 drawing in the exhibit there are five that stand out for her, Four Directions, Celtic Four Corners, Kirsten's Eye, Sun's Heat, Fertilized Ovum, and Growth of a Soul.

Four Directions and Celtic Four Corners are special to her because they are the first things she ever drew.

Kirsten's Eve is a unique piece. It is a very close-up picture of a blue iris, with evelashes that go off the page. It is different from her other pieces because it is not just the celllike circle, but an actual eyeball, with a pupil and eyelashes. It is drawn with a pen and ink, just like all her pictures.

Sun's Heat is a energetic picture filled with vibrant oranges, reds, and yellows. The "sun" is completely surrounded by black ink, except for the tiny golden stars. It is bright and colorful and full of life.

Fertilized Ovum is highlighted with blue, yellow, green, and a hint of red. The colors in this picture break the barrier of the circle. Strohmaier didn't really give a reason to why this is her favorite.

Growth of a Soul might be the only one of which there isn't a complete circle. It is red, yellow, and orange with bits of the circle cut out. This picture is very important to her because it represented a new chapter in her life. She titled it Growth of a Soul because she was growing as a person while she drew it. She learned to be more independent and feel the satisfaction that comes with learning to do something by yourself success-

In her opinion science can be art, and art can be science.

"I'm not just a biology teacher, and Angi isn't only a writing instructor. We're both a little of both," Strohmaier said.

The primary reason for Science as a Humanity: Passion and Process is to show the cross-disciplinary relationship between art and science.

"We are not just science or humanity ... Science and art are separate, but can be integrated," Strohmaier said.

The gallery will stay open until July 1. If you wish to see this unique blend of ideas then go to the fourth floor of the library to check it out.

#### Dr. Stegall masters his music on the piano

BY KELSEY SIMS

staff reporter

Dr. Sydney Stegall has composed just over three minutes of music for the Chorale to sing that combines sorrow with beautiful harmony.

On June 7, in Building 7 at 7:30 p.m. the Chorale will perform their latest pieces.

The performance will mark the end of an annual music series called Music Masters. All year the Chorale has been studying major art and humanities in Western Europe.

The Chorale, as a whole, seems to enjoy this type of mu-

"If they don't like it, at least they have learned to appreciate it," said Dr. Sandra Glover, who is director of the Chorales at Highline.

They have been working on their performance since before they left for Carnegie Hall earlier this spring.

"I am very proud of them, coming off a trip of a lifetime, and learning new material in seven and a half weeks is extremely impressive," Dr. Glover

The first piece of their upcoming performance was composed by Dr. Sydney Stegall, who is music coordinator for Highline.

His piece is called Dies Irae. It is a requiem mass or a mass for the dead. It is very slow and mournful; he wrote it as a statement after a relative died.

"I don't compose because of inspiration, it's out of necessity. When things happen, I know I have to write a piece of music," Dr. Stegall said.

Dr. Stegall has composed

#### SEE STEGALL, PAGE 7



Sydney Stegall

#### Redirect your focus with the upcoming local band Focuspoint

BY NICK VANUNU

staff reporter

Focuspoint strive to make local music that stays true to their post-grunge alternative roots despite a music scene that is constantly shifting toward emo and indie rock.

Focuspoint features Chris Watson on lead guitar and vocals, Jeremy Olson on rhythm guitar and vocals, Paolo Mottola on bass guitar, and Danny Woodward on drums.

The band formed in 2000 under the name Faceplant when the four members were senior classmates at Stadium High School. They underwent a temporary hiatus in the pursuit of higher education but reformed in 2005 to play at Watson's wedding.

After the wedding the band decided to pursue the rock star dream once again, renaming themselves focuspoint and spending the next two years making music, playing shows, and amassing a loyal fan base.

Olson only referred to their sound as "harder rock with melody," whereas Woodward



PHOTO COUTESY OF FOCUSPOINT

Focuspoint members (from left to right) Paolo Motola, Jeremy Olson, and Danny Woordward play songs off their first CD release of their album Lost in the Sound.

likened it more to "aggressive soft rock."

Whichever statement is preferred, they play fairly straightforward rock in a time when most music is convoluted with too many subgenres and defini-

"I'm still one of the only single bass pedal drummers in the Seattle scene," Woodward

Not following the modern blueprint of rock music has made it difficult to find other groups in the area to play shows

with, the band admits, but they haven't had to worry about finding listeners.

"Our crowd is steadily growing. We've packed a few clubs in Seattle," Watson says.

Playing mostly bars and nightclubs as opposed to all-age venues has helped them to find an older, more mature crowd.

"Our music isn't exactly the most uplifting. We definitely follow the Seattle-style of songwriting," Watson says, referring to the somberness and level of personal reflection they put in their music.

The band recently finished recording their first album at Triton Recording Studios in Seattle. The CD entitled Lost in the Sound features 18-tracks and includes songs written by each member of the band, such as We Came Alive a love song by Mottola.

The band is still unsigned, but you won't see them worrying about that, or even looking for a label for that matter.

"We want people to hear our music so we're playing local shows and trying to get our stuff on college radio stations," Mottola says.

With or without a label, focuspoint is content with their current slot in the Seattle music scene - they're making music that they enjoy and they're finding fans wherever they play who enjoy it just as much.

#### Jump start your summer with picnic salads

As the weather improves and barbeque invitations start coming in, most likely you will be asked to bring something.

Salads are a great choice because they go with almost anything and are simple to make.

When thinking of a salad to make for a picnic most people think of a potato salad.

Potato salad isn't the only good picnic salad; a five-cup salad and even a Greek salad are a great side to any meal.

Many of these salads consist of putting all the ingredients into a bowl and mixing until combined.

When making potato salad with my mom, one of the first things that I had to learn was to taste test everything because measuring was not part of this process.

Start with the dressing.

The main ingredients for the dressing are mayonnaise, Dijon mustard, sweet relish, sugar, apple cider vinegar, and salt and pepper. For the salad, potatoes, celery, hard-boiled eggs, dill pickles, olives, radishes, and onions are used.

Potatoes need to be boiled in salted water until soft but not falling apart. One way to tell is if they are easily pierced with

Allow the potatoes to cool slightly until they can be hanBig Jo's Kitchen



JOCIE OLSON

dled so they can be peeled and

To hard boil an egg, place eggs in a large saucepan and fill with cold water so that the water is an inch above the eggs. Do not put salt in the water because this causes the eggs to become tougher.

Heat eggs on medium-high to high heat until they begin to boil. Allow eggs to boil for about 15 minutes. Remove the pan from the heat and place in the sink. Run hot water in the pan and slowly change the temperature of the water to cold. Continue running cold water over the

eggs until they are completely cooled.

Chop celery, onion, dill pickles, and hard-boiled eggs, and radishes. Add to the potatoes. Also add a small can of sliced olives, drained.

Once everything is mixed, add the dressing and combine gently.

Remember the one good thing about potato salad is that if you really like something then you can add more of it.

After making it a few times you will find out what you like

Do not allow the salad to stay out for long periods of time because the of the eggs inside.

For a potato salad recipe try

½ cup of mayonnaise

1 tablespoon of Dijon mus-

3 tablespoons of sweet relish

½ teaspoon of sugar

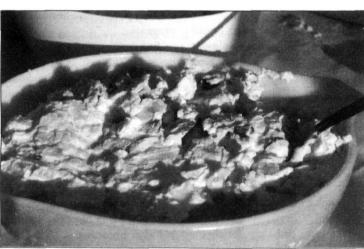
½ teaspoon of apple cider vinegar

5-6 potatoes 3 stalks of celery, chopped

4 hard-boiled eggs 2 chopped dill pickles

1 2.25-ounce can of sliced

1/4 cup of chopped onions 4 chopped radishes Salt and pepper to taste



Big Jo's potato salad right before a picnic.

Mix mayonnaise, Dijon mustard, relish, sugar, and apple cider vinegar in a small bowl. Add salt and pepper to taste.

Combine cubed potatoes, chopped celery, sliced hardboiled eggs, chopped dill pickles, sliced olives, chopped radishes, and chopped onions in a large bowl.

Add dressing and mix until combined. Cover and refrigerate until ready to serve.

If you really like pasta then this Greek salad is a must try.

12 ounce bag of shaped pasta

1 14-ounce can of artichoke

3/4 cup of feta cheese

1/2 cup of chopped sweet onion

2 sliced tomatoes

1 can of whole, drained ol-

1/2 cup of vegetable oil

1 ½ teaspoons of red wine vinegar

1 tablespoon of basil

2 teaspoons of oregano 1 1/2 teaspoons of lemon

In a small bowl, combine vegetable oil, red wine vinegar, basil, oregano, and lemon juice.

Cook and drain the pasta. Good pasta to use for this salad is a spiral pasta.

Combine cooled pasta and the next five ingredients in a large bowl.

Pour dressing over salad and toss gently. Cover and refrigerate until ready to serve.

#### Young pianist tops off the Blend this quarter

By NICK VANUNU

staff reporter

Eric Belvin performed a series of impressive classical compositions for the Fireside Bistro yesterday at The Blend.

Yesterday was the last chance for students to check out The Blend this year, the bi-monthly musical performance for students to enjoy while lounging in the Student Union building.

A classically-trained pianist, 17-year-old Federal Way-native Belvin has been playing since the age of 5 and has accomplished an enormous amount in only 12 years.

He graduated last year after a quarter of Running Start at Highline and has since attended California Baptist University in Riverside where he is currently a piano performance major.

Friends, including Steve Weston who organizes The Blend, have given him the nickname "Almost Perfect Pitch" for his rare ability to play nearly any song simply by listening to



JAIME GUDJONSON/THUNDERWORD

Running Start student Eric Belvin played classical piano during the last Blend of the year.

Performance is not a new challenge for Belvin, having

played several competitions and recitals throughout his training, but The Blend will offer him a

brand new perspective on the experience.

"I have performed formally in recitals and things like that, but I've never played a show like The Blend before," Belvin

Although playing for a young audience in a laid-back coffeehouse environment will be a relaxing change of pace for Belvin, his experiences have acclimated him to the art of performance in any setting.

"After playing for so long I look forward to performances. It's something I've learned to enjoy instead of fear," he said.

For his set Belvin performed a series of such recognized and complex compositions as Chopin's Nocturne, Beethoven's Tempest Sonata, and Bach's Prelude and Fugue.

Becoming skilled at such pieces is a feat that far advances Belvin's age and he holds a certain pride in his abilities without becoming arrogant or preten-

"I love to share my accom-

plishments with an audience," Belvin said.

Lately, Belvin has been moving beyond his strictly classical training, gaining a fondness for jazz and piano improv amongst other forms of music.

"I try to listen to as much of a variety of music as possible to get influence and understanding of all music," he said.

Through this exploration he has lost much of his interest in becoming a classical pianist, but that is far from the end of his options.

Becoming a studio musician or professional accompanist are just two of several possibilities,

Belvin has also recently begun writing his own music by playing a keyboard through a MIDI converter onto his com-

One of his pieces has distinct classical influence, but also displays a level of modernity through the Caribbean feel of its synthesizer tones and its layered melodies.

#### Get 'Out of the Nest' and into the winery with Breeders Theater

By Alicia Mendez

staff reporter

The birds have gone cuckoo in the latest Breeders Theater production of Out of the Nest.

Out of the Nest was written by Dr. T.M. Sell, and will be directed by Doug Knoop.

"All the characters are animals. It's kind of a romantic fairy tale," Dr. Sell said. "So, there's a king and a queen and they have a daughter who is destined to become queen, so they say 'look you need to get married,' but she's kind of picky."

The cast includes a couple of Breeder's Theater regulars, some new actors, and some new Highline student actors. Students Anjelica Wolf, Jonathan Lee, Michael Bacalzo, and

the cast.

After the last show Gone with the Wine, Dr. Sell has high expectations.

"Our last show was completely sold out. We have built a following," Dr. Sell said. "People have some expectation of what they're going to get."

Nancy Warren is the composer and musical director for the show, Melissa Sell is the costumer, and Patricia Britton is the choreographer.

The show will be held at E.B. Foote Winery in Burien. All who come are recommended to dress warm. Hors d'ouerves and Wine will also be served before, at intermission, and after the show.

"For the most part people en-

Steve Scheide are all a part of joy what we do," Dr. Sell said. 13, 18, 20, 21, 25, 27, 28 at 7 "The acting is very good. The wine helps."

The show will run July 13,

p.m., and July 22 and 20 at 2

at 127B SW 153rd St., Burien. Tickets are being sold at Corky Cellars in Des Moines, for more E.B. Foote Winery is located information call 206-242-3852.

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#### Stegall

CONTINUED FROM PAGE 5

about 50 complete products. He uses a computer program to compose and make the piece.

For Dies Irae he used a computer program, but in the past he has used traditional notation, graphic notation and electronic methods. The piece for the Chorale is three minutes and 22 seconds long but he has written pieces as long as 15 minutes.

Dies Irae was taken from ancient styles of music.

After helping the Chorale practice for the show, he was excited to hear them contribute

"They are coming up with their own ideas, and their ideas are very good," Dr. Stegall said.

During Dies Irae the members of the Chorale move around the room, while each one sings a separate note. Instead of them standing in one place singing many notes, they are moving around singing one note.

"I want them to think of it as something living," Dr. Stegall said.

If you want to see and hear these unusual styles of music come to the Chorale's performance on Thursday at 7:30 p.m. in Building 7.

#### GO FIGURE! by Linda Thistle The idea of Go Figure is to arrive 16 at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and 15 use each of the nine numbers only once 15 21 DIFFICULTY: \* \* \* Moderate \* ★ Difficult 3 3 4 5 6 7 9 \* \* \* GO FIGURE! © 2007 King Features Syndicate, Inc.

# Rodrigue<sub>2</sub>

1. MOVIES: Where did Luke Skywalker grow up?

LITERATURE: Who wrote the children's book "The Wind in the Willows"?

GENERAL KNOW-LEDGE: What is the common name for the dog breed Borzoi?

4. MYTHOLOGY: What was the name of the sun god in Greek mythology?

5. GEOGRAPHY: Where is the island of Cura ao located?

6. HISTORY: In what colony (now state) did the Battle of Bunker Hill take place?

7. GEOMETRY: How many sides does a quadrilateral

8. PSYCHOLOGY: What type of fear is represented by hedonophobia?

9. TELEVISION: What was the name of Don Johnson's character on "Miami Vice"?

10. MILITARY: What is the highest decoration awarded for heroism in the U.S. military?

> 10. Medal of Honor 9. Sonny Crockett 8. Fear of pleasure

6. Massachusetts

5. Caribbean

3. Russian Wolfhound 2. Kenneth Grahame

1. The planet Tatooine

(c) 2007 King Features

#### have?

7. Four

4. Helios

Answers

#### Arts Calendar

 Student authors will read from their work that has been published in this year's Arcturus, Highline's literary magazine.

The free event will be today, June 7, from noon to 12:50 p.m. and 7-8:30 p.m. in Building 2. Refreshments will be served, and free copies of the magazine will be offered.

•The Burien Strawberry and Arts Festival will be Saturday, June 23 from 10 a.m. to 6 p.m. and Sunday, June 24 from 10 a.m. to 5 p.m. The festival will be held at the Burien Community Center.

•The 10th Anniversary Boomer Blast will be Thursday, June 21 from 5 p.m. to

answers											
1	+	7	х	2	16						
х		_		+							
6	÷	3	х	5	10						
+		X		х							
9	_	4	X	3	15						
15		16		21							

9 p.m. The event will be in downtown Kent. Food, booths, and music will all be offered. For more information contact Helena Reynolds at 253-856-5164.

•Tickets are now on sale for Breeders Theater's new production, Out of the Nest, featuring Highline students Anjelica Wolf, Jonathan Lee, Steve Scheide and Mike Ba-

The play is about love and sacrifice.

The show runs July 13, 14, 18, 20, 21, 25, 27, 28 at 7 p.m., and July 22 and 29 at 2 p.m., at E.B. Foote Winery, 127B SW 153rd St., Burien. Tickets are \$20 and include wine tasting and hors

Last week's

#### Weekly SUDOKU -

Answer											
5	9	8	4	6	2	1	7	3			
1	7	4	8	3	5	9	2	6			
3	6	2	7	1	9	8	4	5			
7	4	5	2	9	3	6	8	1			
2	8	1	6	5	7	4	3	9			
6	3	9	1	4	8	2	5	7			
4	5	3	9	2	1	7	6	8			
9	2	7	5	8	6	3	1	4			

8 1 6 3 7 4 5 9 2

#### **Crossword 101** Use Your Noggin

#### Across

- 1 Bowling alley button
- 6 Stein fillers
- 10 Possesses
- 13 Best
- 14 Paparazzi target
- 16 Lodge brother 17 Challenging puzzle
- 19 TV judge
- 20 Military operation
- 21 Double-checks
- 23 Hitch
- 25 Window part
- 26 Lee follower
- 29 Whitewash, with over
- 32 Insulting comment
- 34 Creole staple
- 36 Record problem
- 37 Andrea Bocelli, notably
- 39 Ivory alternative
- 40 Prefix with log or gram
- 41 Sewing case
- 42 Barbershop sounds
- 44 Coarse file
- 46 Baja bread
- 47 Chew like a beaver
- 48 Like a wallflower
- 50 Part of A.A.R.P. 51 Whole bunch
- 53 Serb or Croat
- 55 Reputation
- 58 In the thick of
- 62 Noah count?
- 63 Bush or Blair, e.g. 65 Mr. Potato Head piece
- 66 Antibiotic target
- 67 No longer on the plate
- 68 It may be drive-through
- 69 E-mailed

information.

stheater.com.

#### 70 Jumped

- **Down**
- 3 Guide for the Magi
- 1 Pulls a heist

d'ouerves. Tickets are avail-

able at the winery and at

Corky Cellars in Des Moines.

Call 206-242-3852 for more

items to the Thunderword at

•Got arts news?

E D G E

PROS

EATS

METAL

EVER

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Send

Last week's crossword puzzle solution

ON THE GO

BACON

IDAHO

EGORGORYSTEAK

ELITESOSO

AROMARIOTSORA

DOTEMBALOS SWAP

A D O F I N A L A C H I P

ARTYCRAWL

ADAMS LOIS EWE

EVADE

TENOR

MEETINGS

GOBETWEENS

GOGODANCER

STRENGTH

- 2 New Old World money
- 4 Trims the fat from, in a way 49 Distressed one? By GFR Associates ••• Visit our web site at www.gfrpuzzles.com
  - tword@highline.edu. Deadline is Monday of each week

for Thursday's paper. List-

ings in the arts calendar are free; preference is given to on-campus events. Items also can be delivered to

CLIP

LOONY

DORA

10-106 or call 206-878-3710, ext. 3317 for more informa-

# 17 39 42 52 Some love songs

54 Curriculum follower

55 Police jacket letters

59 Spreadsheet content

61 Circus structure

64 Mark a ballot

60 Notable first for a baby

62 Contents of some bags

The time to stop

says nothing.

talking is when the

other person nods his

head affirmatively but

• • • Henry S. Haskins

**Quotable Quote** 

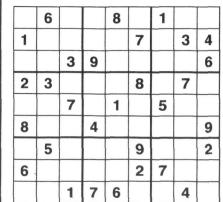
56 Steak order

57 First garden

- 5 Gym goal
- 6 Top fighter pilot
- 7 Father of Regan 8 "What could go
- wrong?"
- 9 Crystal ball users
- 10 Corporate recruiter
- 11 Gifts for the poor 12 It's the limit,
- so they say
- 15 KFC choice
- 18 Greenish blues
- 22 Dead to the world 24 Fun park car
- 26 Casting requirements? out a living
- 28 Sudden idea
- 30 Biblical mount
- 31 Some jerks?
- 33 Stir up
- 35 Llama's cousin
- 38 Sidesplitter
- 43 Broad sweeps
- 45 Rice alternative

#### Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

#### DIFFICULTY THIS WEEK: \* \* \*

★ Moderate ★★ Challenging \* \* \* HOO BOY!

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# Highline volleyball expects deeper roster for season

By Kory Farrell

staff reporter

Lady T-Birds volleyball will return this fall with four veteran sophomores and six freshmen.

Last season Highline made it to the NWAACCs with a team of seven freshmen before being beaten by Whatcom and Spokane. They had a conference record of 9-5, going 15-12 for the season.

Highline finished third overall in the West Division behind second place Tacoma (10-4) and first place Green River (14-0).

"We had a great season and they were all freshman, and fortunately we'll have four of them coming back which is a nice bulk of the team," Head Coach John Littleman said.

Returning from that team are sophomores Anjelika Gouveia, Chelsey Cagampang, Mercedes Fernandez, and Lyndsay Hovee.

Last season Hovee was third in the conference for kills with an average of 4.28 per game, followed by Fernandez in fourth with 4.07.

Gouveia was second in the conference in assists with an average of 9.96 a game.

Overall the Lady T-Birds were fifth best in the conference for assists with an average of 10.85 a game. They were also fifth best in kills with an average of 12.23 a game.

Highline was third best in blocks with an average of 2.47 a game, and were ninth in the league for service aces with an average of 2.6 a game.

So far, Littleman said he has around six freshman signed up to supplement his sophomore T-Birds

"We've got a nice group of kids, we have some freshman coming in that will be at least as good as the kids we had last year," Littleman said.

But Littleman is still looking



John Littleman



MICHELLE ERICKSEN/THUNDERWORD Lady T-Bird Lyndsay Hovee serves during open gym on Tuesday.

for more players to fill in some potential gaps.

"Our only weakness coming in as it is right now is that we need some middle hitters, otherwise we need to convert some outside hitters into middles," Littleman said. "We want to have all players in each of the positions where that is what they do, rather than having them learn something new."

Every Tuesday and Thursday evening this spring Highline has been having a volleyball open gym to scout potential talent. Littleman hopes to keep the open gym going throughout the summer as well.

Littleman said that there are a lot of talented high school and club players going to Highline who don't turn out for the team because the T-Birds season starts a month before the beginning of fall quarter.

"We'd like to get those players out at the beginning of our season and encourage them to come out and turn out for us," Littleman said.

He encourages any athletes interested in playing volleyball for Highline to contact Assistant Coach Andrea Tinney at 206-878-3710, ext. 3336.

Highline will be playing their first game on Thursday, Sept. 14 at Tacoma at 7 p.m., followed by their first home game against Pierce on Wednesday, Sept. 20 at 7 p.m., then at Lower Columbia on Friday, Sept. 22 at 7 p.m.

Last season, Tacoma finished in second place above Highline, while Pierce (8-6) and Lower Columbia (5-9) did not qualify for the NWAACC Championships.

Littleman said that the teams he's worried about are from Oregon.

"Almost all of their teams have a full compliment of players, they all have 12 or more players on their roster," Littleman said. "The level of player that they're looking at would be about a small four-year school player (in Washington.)"

# Fitness trainer program seeks approval for fall

BY MICHELLE ERICKSEN

staff reporter

Highline officials hope to soon get approval for a new fitness trainer program. The State Board for Community and Technical Colleges will decide sometime this month whether or not Highline students can then get a one or two year certification to be personal trainers.

The program will either be approved or denied in June. If approved classes will start in Fall Quarter 2007.

"We've been thinking about it for several years because health and fitness is a growing field," said Physical Education Coordinator Keith Paton. "Personal training is really taking off as a career."

Paton said they will know by June 13 if they have a program.

"It looks pretty good at this point. The State Board will have to approve it," Paton said. "There are a lot of hoops you have to jump through. It's a step by step process."

Paton said the program planning took off when Highline hired Josh Baker, the training and conditioning coach for the men's basketball team

"Josh has a degree in exercise training and he's done a lot of personal training," Paton said. "He was really motivated."

The program will help students prepare for immediate employment after graduating," said Baker.

"Our really specific training classes starting in winter, but the program starts in fall," said

There is a 44-credit and a 90-credit option. The 90-credit degree would be an associate of applied science but would only



Keith Paton

require one math class.

The 44-credit option is for students who have already done a significant amount of coursework.

Students would be earning a professional technical degree which does not transfer, but many of the required courses like nutrition and writing will transfer.

"They'd be prepared to take a test," Baker said. "They'd be qualified pretty much anywhere."

The program is designed to help students prepare for National Strength and Conditioning Association (NSCA) and American College of Sports Medicine certification (ACSM).

"We're really focusing on preparing students to be nationally certified," said Paton. "When they complete our program they should be able to ace all those exams."

Paton said that lots of employers are looking for certification from those organizations

SEE FITNESS, PAGE 12



#### SPORTS LAW CLASS

- \*Sports law examines all areas of law in the context of sports!!!
- Who is liable for a foul ball injury?
- -How much does Kobe Bryant have to pay his agent?
- Can a disabled PGA golfer use a cart?

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#### T-Birds seek title defense

By BRITTANY STILL staff reporter

The Highline men's soccer team returns in fall to defend their NWAACC West Division title.

The team has won the league title five out of the last six years, and the year they lost, they won the NWAACC championship (2004).

Last season, the T-Bird men went 15-4-2, losing in the quarter-finals to Southwest Oregon.

The team is returning at least seven players, including midfielder Edward Walugembe, forward Kenny Mars, and midfielder Aldo Palomino. That trio will be exceptional in league this year, Head Coach Jason Prenovost said.

Walugembe was second on the team in scoring last season with 10 goals and three assists.

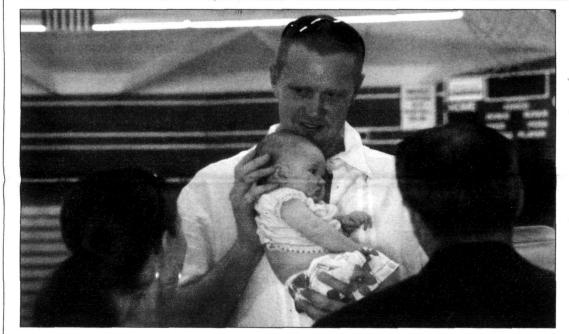
Prenovost is planning to keep a 24- to 25-player roster for the upcoming season.

"I think we have one of the strongest programs in the league. We send a lot of players onto four year schools for both soccer and academics," Preno-

SEE T-BIRDS, PAGE 12

#### Championship reunion





MICHELLE ERICKSEN/THUNDERWORD The '96-'98 NWAACC Championship Highline men's basketball team met here on Monday to be inducted into the 2007 NWAACC Hall of fame. The entire team above won back to back championships under head coach Joe Callero.

Center Brian Scalabrine, holding his young daughter and talking to his wife and former coach Callero, bottom photo, currently plays NBA basketball for the Boston Celtics.

# Majority of Lady T-Birds return with high expectations for fall

By BRITTANY STILL staff reporter

After having to play some games with just eight players last season, the Highline women's soccer team is looking forward to this fall's season, when it hopes to have 16 to 18 players on its roster.

Despite having eight to 12 available players last fall, the team reached the NWAACC quarterfinals and had a record of 7-12-1. The Lady T-Birds will return the majority of their 11 freshmen, Co-Head Coach Tom Moore said.

Freshman Jenny Martini was the co-MVP of the league last season and also tied for ninth in overall goals in the NWAACC. She will try to repeat her performance this fall.

"We are returning the majority of our freshman from this year and I would say all of them



Jenny Martini

are worth watching," Moore said.

Moore is hoping for a recruiting class that will push the level of competitiveness. The team is losing three sophomores, including Breanna Klasen, who will be transferring to Saint Martin's University to play soccer.

The Lady T-Birds will also be losing a couple freshmen

who have chosen to concentrate on academics.

"The amount of importance our athletic programs put on academics is why I am proud to be coaching here at HCC," Moore said. "Being a student-athlete holds challenges not everyone is able to overcome. Let's be honest, as coaches we preach academics first and foremost for a reason. Playing soccer or participating in college athletics is just icing on the cake."

The team will be hosting tryouts in the second week of August. Highline coaches are expecting a big turnout. The team will be training to make it further than it did last year.

"Expectations will be high with the quality of returnees and

SEE SOCCER, PAGE 12



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Inside The Thunderword May 1. SCOOL

June 7, 2007

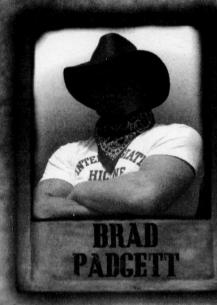
Highline's Most M

# WARTER

















By Jocie Olson staff reporter

Julie Bentley is tired of having to explain her walk.

Bentley has a sweet face and a great personality, but many times people don't see anything but the way that she walks.

Her feet drag slightly and sometimes she is forced to use her arms to keep balanced. Her progress is slow but steady. Bentley was born with cerebral palsy, a condition that affects movement because of brain damage.

Many victims of cerebral palsy are confined to a wheelchair but Bentley's walk is one of the few signs that she has this disability.

"This has affected my life physically. I get tired easily and I have little balance. I deal with people staring a lot, adults and kids," Bentley said.

It is discouraging for Bentley because she knows that one of the first thoughts people think is "Why does she walk like that?"

"There are days when I am asked if I need help and I know those people are only bothering to see one piece of who I am," Bentley said.

Bentley gave an example of a day when she was taking her normal route to get to class and a student asked if she was OK as she came up the stairs outside the Student Union.

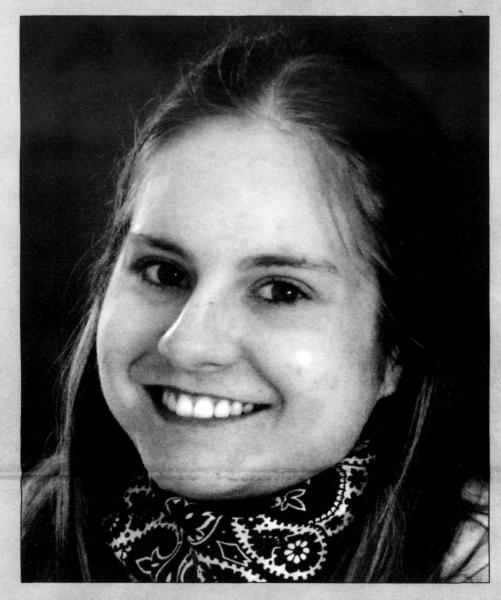
"This sort of thing happens about once a week and it never ceases to be a little discouraging when people make assumptions about my ability," Bentley said.

Bentley explained she recognizes it's out of genuine concern but people don't stop and realize that she wouldn't

be taking the stairs or walking around without help if it was too hard for her.

"This situation really isn't that specific

#### JULIE BENTLEY



DANGEROUSLY SMART, DEFINITELY NOT DISABLED

to Highline, but it's something that I've had to deal with more here than anywhere else so far," Bentley said.

Coming to Highline has been a different experience for Bentley.

She graduated from Auburn Adventist Academy, a private school located close to home.

"I spent most of my life on one little road before I came to Highline," Bentley said.

The choice of coming to Highline was location.

"I came to Highline because it was the closet community college. I'm really glad that I came here," Bentley said.

Bentley explained that when she first came to Highline she felt lost.

> "Until I met Jim Glennon and he fo

cused on me and told me to talk with Barbara Clinton. He was the one who influenced me to get involved in the Honors Program," Bentley said.

Glennon also influenced Bentley to really understand and become passionate about what she believes.

"The honors project I did for his class, a paper on church and state, helped me come face to face with my values and grasp what I believe is most important. This in turn sealed my decision of what I want to use my life for," Bentley said.

"Barbara helped me to see that I have a story to tell and that I should not be ashamed of it. Through her support and Honors 100 essays, I came to accept myself as someone who has something powerful to offer the world. Glennon used to always tell me I am an inspiration, and

it made me feel very uncomfortable, but he too eventually got through to me and forced me to grapple with how my experiences have shaped my life," Bentley said.

Bentley wants to fight for movements and people who are not able to fight for themselves.

"I want to use my life as a lawyer to defend and to speak for people who do not have a voice in society. That would be kids, teens, women, people with disabilities, racial minorities, etc," she said.

Bentley said her life has been a struggle because she said she has had to defend herself and fight for who she is.

"I spent most of my life defending myself to the world, trying to prove that I am a complete human being while many people wanted to keep me in the box of disabled, special, and in need of help," Bentley said

These experiences, Bentley said, have helped her empathize with different

people as they show their worth against stereotypes.

"My experiences have given me a desire to do my part to let others know they are not alone, that someone else cares about them," Bentley said.

Not only is Bentley a full time student at Highline but she is also a full time wife.

"I met my husband through mutual best friends when I was 13. My friends (two sisters) had moved to Maryland and I went to visit them for a couple of weeks. I met him at their church during a Vacation Bible School," Bentley said.

Bentley went on to say that he liked the older of the two sisters and befriended her to get the inside scoop on how to get her friend to like him.

"I developed a crush on him and eventually he figured out that our friendship could become something even better. He was right," Bentley said.

After dating for four years, Bentley's boyfriend moved to Seattle and they were married on Dec. 18, 2005.

Bentley said that her husband has been a constant support.

"The greatest way my husband supports me is not through words or outright verbal expressions, it's through my knowledge that he will always be the one person who truly knows me," Bentley said

Although some women may want a guy who will hold the door open for her, Bentley explained, she loves the fact that her husband, Daniel, doesn't give it a second thought when she struggles up the stairs with groceries.

"He doesn't help unless I ask for it, and that's that kind of support that no one else has quite learned how to give me," Bentley said.

With her husband, Bentley said she doesn't have to worry about proving she has a functioning mind or that she can do things on her own.

After receiving the Academic Achievement Scholarship, Bentley will be graduating from Highline this quarter and will be moving on to the University of Washington–Tacoma with her husband in the fall.

THE THUNDERWORD MAGAZINE

By ALICIA MENDEZ staff reporter

m m a n u e l
Arhu adjusted
to American
culture by involving himself in many on campus
activities. Arhu will be
graduating from Highline
with an Associates of
Arts with a major in computer technology.

Since 2005 Arhu has been involved in activities in almost every part of campus.

Arhu has been apart of International Leadership Student Council, a coordinator for conversation pal, on the committee for Movie Fridays, he is apart of ping pong club, Black Student Union, has sung at the Blend, and he frequently volunteers for any event Student Programs puts on.

"Getting involved in all the campus activities was my way to get myself over my culture shock," he said. "Because I didn't know anybody."

However, before Arhu came to Highline he was not as outgoing.

"I was a really shy person before I came here," Arhu said. "I get to do things I would have never done before."

Arhu was born and raised in Ghana for the first 11 years of his life. When he was seven he and his sister moved in with their grandma while their parents worked.

Eventually Arhu's father moved to Italy to get a better job as an engineer. A couple of years later his mom followed, and when Arhu was 11, he and his sister followed to Italy.

Arhu recalls only fond memories of Ghana.

"Ghana is a cool place. There's no war," Arhu said. "I mean we hear about it in other parts of Africa, but not there."

In Ghana, Arhu was fluent in the native dialect Akan, and spoke English.

"They adopted English as a main language, so they speak English there," he said.

Once in Italy, Arhu had to immediately learn Italian

"It was a whole new language. In about a year I was speaking fluently,"

#### EMMANUEL AREU



#### INTERNATIONAL STUDENT BATTLES RACISM

"I had a lot of friends so it was easier to learn with friends"

Because Arhu was exposed to three different languages so young, he said he often mixes up his accents.

"When I speak to my Ghanian friends they make fun of me for my accent," Arhu said with a laugh.

He said that in high school they would travel to many different places in Europe. In 2005, he graduated from high school.

From there, Arhu faced a decision. He knew he did not want to stay in Italy any longer, but was not sure where he wanted to finish his schooling at.

"One of the reasons I moved is because I thought there was a lot of racism there," Arhu said.

With that being his drive to leave Italy, he made the decision to move to the United States.

"Racism is everywhere. But some places you can really see it," Arhu said. "[In Italy] you can actually see that some people are limited because of their color of skin."

Arhu said he noticed that the job opportunities for people with darker skin were limited, and he did not want that to happen to him. Thankfully, Arhu's father was an engineer so he did not have to face that.

"If you open your eyes, and look at the type of jobs black people had to do, it's really lower graded jobs," Arhu said. "They go to school and earn a degree and get a different job because that's what's available to them."

With that, Arhu found his place at Highline. He moved in with his uncle, who is a pastor at his church. Arhu immediately got himself involved in many church activities, since Christianity is a big part of his life, he said.

Since living here, Arhu said he would like his family to move to the United States.

"My parents are citizens there (Italy), so they only want to come here for vacation," Arhu said.

Arhu said he definitely noticed a difference in racism here, than in Italy.

"There are more chances for people who are qualified to get what they deserve. People get what they deserve here," Arhu said.

Arhu said he noticed racism is geared toward class here.

He said that people are able to live and

teract with people with conflicting views.

"I think people should appreciate the diversity on campus," he said. "They should know how important it is ... being able to live peacefully with so much diversity."

Despite Arhu relishing the new found diversity, he said he still faced culture shock.

"You have a lot of anxiety from coming here," he said. "You're without your friends, family, cultural food."

Because Arhu grew up speaking English, the transition from Italian schools to American schools was not hard. However, Arhu said that when you go to school in different countries there is a whole new history to learn.

"Common things that a second grader will know, you don't even know," Arhu said referring to basic American history.

Things such as not knowing America's common knowledge intimidated Arhu from befriending people.

Nonethe-

JUNE 7, 2007

less, Arhu was able to make friends because he forced himself to get involved in so many activities. Of the many activities he participated in was the International Leadership Student Council.

The International Leadership Student Council organizes a lot of events primarily for international students to get to know each other, and understand American culture.

"We did a lot of different things," Arhu said. "The most successful was Global Fest."

Global Fest was an event put on by the ILSC. There were booths, musical acts, dances, art, and information for different cultures around the world. Arhu was the MC for the night.

With the International Leadership Student Council Arhu found a home. There he was able to help other international students adjust to American culture, along with make friends.

"I get to help students who are coming from other countries who have to transition here now," Arhu said. Because of that, Arhu said he will definitely miss the ILSC.

At Highline, along with earning his degree, he said he has gained many qualities that will benefit him.

"The things I do here are preparing me for the future," Arhu said.

Arhu plans to do a computer programming job at Highline. He will do the optional practical training next year to gain more experience with computer engineering. Eventually, Arhu plans to transfer to the Central Washington University branch at Highline to major in engineering

At graduation Arhu's mother will be in the audience. Arhu said he is very excited to see his mom.

Fond memories are all Arhu has of Highline.

"I don't want to leave Highline," he said. "I'll always find another reason to come back." JUNE 7, 2007

By David BIEHN staff reporter

In his current position as president of the Student Government, he represents the students of Highline

"I try to help students individually," Nordstrom said, "I really truly want to help students succeed."

It's a far cry from where he was two year ago.

For 18 years he worked in timber, in the manufacturing of lumber, paper, and plywood. During those years he was employed at seven different mills.

Even then, he had it in his head that he wanted to do more to help people.

"[I had] a nagging desire to help those with medical problems," Nordstrom said.

That along with the decline in business resulted in his departure from the lumber indus-

"I walked away from a good paying job," Nordstrom said. "I slit my financial throat."

His desire came from his mother, who had worked as a nurse while he was growing up. He had already had some experience helping those in need of medical assistance, working as a volunteer firefighter and EMT.

With the fire department, he did everything from putting out fires, to changing smoke alarms at people's house.

"I installed fire alarms for little old ladies," Nordstrom said.

Over one particularly busy year, Nordstrom helped in fighting more than a dozen fires.

"I fought fire constantly," Nordstrom said. "I averaged 35 hours a week at the fire department as a volunteer."

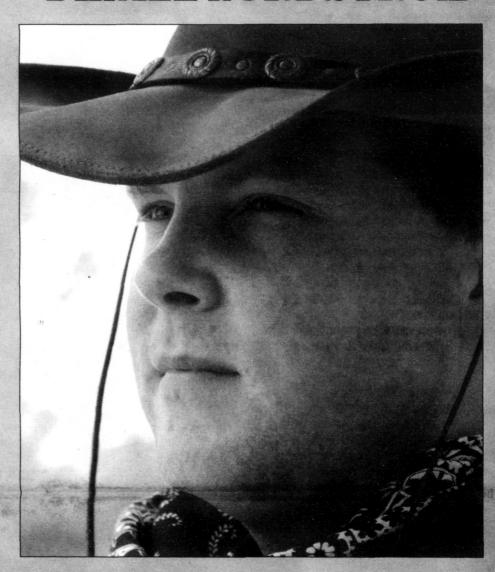
After he quit working in lumber he spent some time in worker retraining services, where he found a great deal of help.

"The biggest support came from the worker retraining services," Nordstrom said. "The (emotional) help has been invaluable."

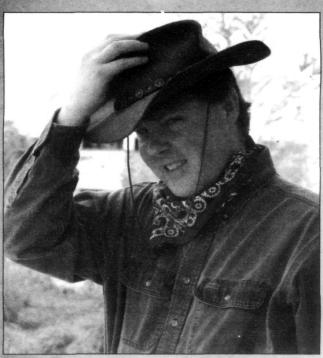
He then returned to school to obtain the education he required. Before coming to Highline, Nordstrom had previously taken classes at two other community colleges, including Peninsula College in Port Angeles from 1987-91, 2002 and South Puget Sound in Olympia from 2004-2005.

He moved to Des Moines from Olympia September of 2005, two weeks before classes started, and enrolled in respiratory therapy classes. Since then he has been heavily involved in

#### DANIEL NORDSTROM



#### BREATHES NEW LIFE INTO RESPIRATORY CARE



JOCIE OLSON/THUNDERWORD

Daniel Nordstrom is the president of Student Government and will be graduating this June. respiratory therapy at Highline. All classes he has taken since have been for respiratory therapy, and he served as president of the Respiratory Care Club.

The club traveled to local schools and taught students about respiratory care.

His classes for respiratory therapy go to local hospitals to get hands on experience in the field; doing whatever needs to be done.

"If there needs to be CPR, we do compressions," Nord-strom said.

Harborview Medial Center, Valley Medical Center, and Children's Hospital are among the hospitals which he attends in his classes.

"Most of the local hospitals are visited by Highline students," Nordstrom said.

This gives students a chance to gain real life experience, and learn to work one-on-one with patients. Nordstrom recalled such a particular incident where he helped out a wife

of an

admitted patient had been keeping close vigil on her husband.

"I had a woman at the hospital who was worried about her husband. I talked to her and told her to take tare of herself; maybe go outside on the next sunny day," Nordstrom said.

"She was so glad to have met me," Nordstrom said.

After Highline, Nordstrom plans on transferring to the UW for their physician's assistant program. In the meantime, he will continue working and may take a few more classes at Highline to satisfy requirements for his major.

Nordstrom says that he will miss Student Programs the most when he is gone.

"The staff here is a real pleasure work with," Nordstrom said.

Although he feels that he's gotten a bum rap from some working at Highline, but says that it doesn't get to him.

"Some people say I am the invisible president, they don't see what I do," Nordstrom said.

Nordstrom's

days are usually busy. On average he gets up at 6 a.m. to get ready for the day and study. He then either come to campus or clinical. His classes last until 11 a.m., where he then fulfills his daily duties at the Student Union until 3:30 p.m.

If he's not in his office, he can often be hard to track down. When he sees an opportunity to give assistance, he tries his best to help out.

It isn't about getting the credit for going the extra mile, according to him.

He uses a quote, which he often includes in his emails, by sixth century B.C. Chinese philosopher Lao Tze, to express his beliefs on the kind of role he should play as president, and what a leader should be.

"A leader is most effective when people barely know he exists. When his work is done, his aim fulfilled, his troops will feel they did it themselves." By BECKY MORTENSON staff reporter

hen Mary Richards decided to go back to school she had the added stress of taking everything in a language that was foreign to her.

Richards is deaf. She uses American Sign Language to communicate. English is her second language.

American Sign Language communicates through hand gestures and facial expressions. It is recognized as an official language and is not based on English.

Richards, now in her late 40s, is graduating Highline with her associate of arts degree next week.

The only deaf person in her family, Richards is fluent in sign language, although at first her parents tried to stay away from it.

In Richards' first year of schooling, Richards' parents tried to put her in a mainstream school that gave her no special treatment for being deaf. The school taught no sign language, only Oral. Oral is a method that teaches the child how to speak and lip read.

"My first year [of school] was messy," Richards said.

Oral can be difficult, since 40 to 60 percent of English words are homophones (words which look identical on a speaker's face) many experts on deafness say.

"Oral is no use," Richards said.

Richards' parents soon found that Richards was not catching on to the Oral method so they sent her to Washington School for the Deaf.

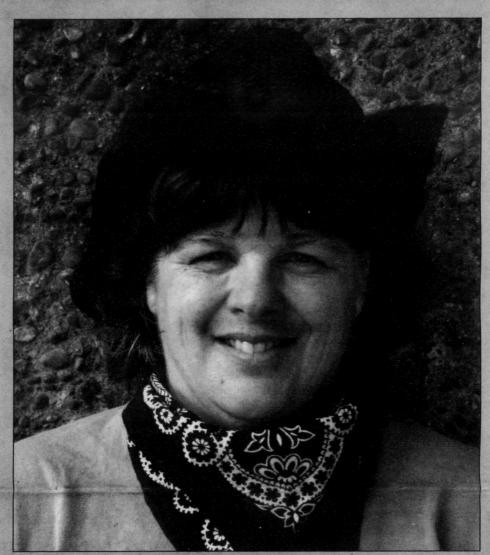
This school seemed to work out for Richards much better. She was there from first to 12th grade.

Washington School for the Deaf is a residential school that has an American Sign Language philosophy. The school believes that this is the best structure for deaf people.

Sign language is just like any other language, except that people communicate with their hands instead of their mouths.

"I think Washington School for the Deaf has the best

#### MARY RICHARDS



## DEAF STUDENT CROSSES LANGUAGE BARRIERS

structure," Richards said. "You learn no English there."

After graduating from high school, Richards went to work for various small companies helping out people with disabilities who needed life skills training.

One of the companies that she worked with was called Disability Development. Disability Development is an organization that helps people learn skills that they need to live on their own.

Richards' job was to work with these people and give them the training that they need. One of the cases that she had involved working with a man and running errands for him while training him how to do laundry, go shopping, and cook himself dinner.

In 1980, Richards married a Deaf man named Don. Together they had two children, Jason and Angie, who are hearing.

Eventually, Richards decided that she wan'ed to return to school to work for a higher position within Disability Development.

In 2003, Richards enrolled at Highline with her daughter, Angie. They were both attending Highline to get their associate of arts degrees.

While her daughter, Angie, was excited that her mom would be at the same school as her, Richards said that her husband did not show the same enthusiasm.

"At first [my husband] thought I was crazy because of my age," Richards said. "But then he just said 'you don't have to take care of the kids so just go.""

Richards said that in a way her husband was happy, but it was "not a big thing for him."

Richards said that her daughter was excited that they would have a chance to take the same classes. They took marine biology and yoga together.

Richards said that she really liked being able to spend time with her daughter while on campus. She liked having someone else to talk with. "I enjoyed seeing her at school and seeing her work really hard," Richards said.

After two years, Richards' daughter graduated while she stayed at Highline to complete her own.

Even when her daughter wasn't around, Richards said she still felt comfortable on campus because there were people here who knew her language. Not only is there a Deaf community on campus, but there are also sign language classes that teach students Richards' language.

he said she likes interacting with the Deaf community and the sign language students.

"My favorite phrase became 'I won't bite you," Richards said. "This was because some students seemed so scared to talk to me in sign."

Richards said that sometimes students would JUNE 7, 2007

wait as long as three weeks before ever telling her that they knew sign.

Even though Richards was taking all of her classes in another language, she was still required to take a foreign language class for her degree.

Richards was allowed to pick any language, so she chose to take a sign language class.

Richards said that she really enjoyed that class. Her favorite part was the deaf blind week, in which students try to get through life with blindfolds and ear plugs, communicating only through tactile signing.

Since Richards is already deaf, she only needed to lose one more sense. Most people need to give up two.

Richards passed ASL with a 4.0 grade point average.

Richards said that she thinks her biggest accomplishment is "almost everything."

After so many years of not going to school, Richards said she had to work hard in all her classes.

"I'm not the best at English," Richards said, "I think the transition from ASL to English was hard."

Richards said that her biggest challenge was math.

Richards said that math sounded fun and interesting, but when it came to word stories and statistics, "it all fell apart."

Her first math class was Math 61; the lowest math class. Four years later she completed statistics, Math 210.

When Richards got to Math 97 she had to take it three times in order to pass it. The last time that she took the class, Professor Terry Meerdink helped her through it.

"I didn't give up, I kept pressing on," Richards said.

"What impresses me about her is that even though math is very difficult for her, she does

SEE RICHARDS, PAGE B6 JUNE 7, 2007

By Meghan Howey staff reporter

Terry Louie has that mom aura. She's calm, dedicated, and everything seems to fall into place around her.

However, Louie is no ordinary mom.

After 20 years of being a stay-at-home mother she decided to enroll at Highline.

Coming to college was a dream for Louie, who is the first in her family to graduate.

"My family was really poor growing up. My dad worked for the railroad station, but got laid off," said Louie.

"There wasn't any money to go to school, so I started working for Boeing as an information processor."

After years of saving and family support, Louie decided it was time to return to school.

"I wanted to go to school before my son did," said Louie, whose

son was a senior in high school when she enrolled.

"They [Highline] made returning to school comfortable, especially for people that haven't been to school in a long time," said Louie.

Her humble, modest regard of her accomplishments makes you admire her that much

Louie's pursuits have not only been successful,

Inside

but have inspired those around her to chase their own dreams.

Her successful endeavor even inspired her husband to enroll at the University of Phoenix.

"Once he saw that I had started school and did well, he decided to try it too," said Louie. "He is working towards a bachelor's degree and taking online classes while working at Boeing."

Louie's day is not lacking in activities. Along with taking care of her family and finishing her homework Louie finds time to tutor at the Business Information Technology lab as a 1,000 hour lab assistant.

"She is a great tutor and is interested in helping other students," said Jessica Gilmore, the coordinator for the Business Information Technology Department.

Her grade point average, a 3.83, definitely hasn't suffered from all of her extracurricular activities.

"She's an interested student who always wants more," said Gilmore. "Terry is one of those rare students who just loves learning."

Louie is also a very dedicated parent, working as the PTA Treasurer for her son's school.

She has already received a degree in bookkeeping and is going for a second degree in medical assistance.

Her hope is to finish the Patient Account Specialist program and receive an internship within a year.

"I would love to work in a doctor's office," said Louie excitedly.

She is still looking for an internship at the moment, which is all she needs to graduate.

"No matter how old you are you can always achieve something," said Louie.

the thunderword magazine

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#### TERRY LOUIE



#### MOM TRAVELS A NEW PATH

#### Richards

CONTINUED FROM PAGE B5

not give up," Meerdink said.
"It took her about a year to get
through each level but she kept
at it until she succeeded."

Richards' third attempt to take Math 97 was an independent study with Professor Meerdink. The hope was that there would be more time to go over each area so that Richards could get a better understanding of what she was learning.

At the beginning of the class, when Richards had questions to ask Professor Meerdink, she would bring along an interpreter to help her communicate. The trouble with that was that Richards wanted to come in more times than were available with interpreter assistance.

Since Richards needed extra help, she and Professor Meerdink developed their own way of communication.

> "She and I learned to communicate well without an interpreter and

soon [Richards] preferred it that way," Meerdink said.

Richards said that she preferred individual meetings instead of group studies.

"Group study was hard, I had to drag an interpreter with me every time," Richards said. "I liked asking questions. In math I always asked questions."

In order for Richards to pass math she had to devote endless hours to studying and going over the work that she learned in class in that day.

During quarters that Richards was taking math, if someone wanted to find her, they just had to go to the Tutoring Center. Richards was in the Tutoring Center four to five hours a day just to keep caught up in all the work.

One quarter, Richards decided to take only math to make sure that she would pass. Even with only one class, she still found herself in the Tutoring Center for four or five hours.

Richards really liked the Tutoring Center.

"The tutors were brave," Richards said. "They weren't afraid to sit next to me and help

Whenever Richards

would have a question, she would write it down on a piece of paper and wait for a tutor to help her.

Richards said that she really liked how the tutors would sit with her and help her out. They never just ignored her, but took the time to make sure that she understood.

Now after four years all of her hard work has paid off.

"After four years, I deserve this," Richards said. "Four years is a long time, but I kept pressing on."

For the past few years Richards has been working at Target because her husband had lost his job. Now that he has been hired back, Richards said that she wants to do more volunteer work, doing things similar to what she did for Disability Development, until she can get her bachelor of arts degree.

Richards said that her dream is that one day everyone will learn sign language. "That would be nice," she said.

#### Maria

Patricia O'Neill

#### THE THUNDERWORD MAGAZINE

By Michelle Ericksen staff reporter-

Brad Padgett has pinned down an education and a wrestling career at Highline.

The star of the wrestling team, Padgett is a two-time All-American and is graduating with a 3.5 GPA.

Padgett, 20, came to Highline after graduating from White River High School. Padgett chose Highline because of its wrestling program. He was not heavily recruited out of high school.

Also Padgett wanted to stay close to home and to his girlfriend of four years, Mandy Boyle.

Wrestling is big in the Padgett family. Both his father and brother wrestled.

Padgett has been wrestling for nine years. At age 16, he finished sixth in a world juniors tournament. In high school he was a four-time state placer and the undefeated state champion his senior year.

At Highline, Padgett has added many more titles and awards to his name, including a first-place finish at the Best in the West tournament in November 2006, and wrestler of the tournament in the Region 18 tournament earlier this year.

"I love beating the crap out of someone else and I hate to lose at anything," said Padgett. "I'm one of those people who will work hard not to lose."

Padgett has an easy-going personality, a ready half smile but a domineering presence on the mat.

Padgett (184 pounds) lost his final match at the two-year college nationals against North Idaho's Kyle Sand by a slip of the foot.

"It was tied with 6 seconds left and I ended up tripping over my own foot," he said.

Padgett had beaten Sand before in previous matches.

"I'm proud of being an All-American twice," he said. "I'm not proud of losing and not becoming a national champ."

Padgett finished fifth his freshman year, and second best in the nation this year with a record of 21-1 and six pins. His overall record at Highline is 57-9, with 14 pins.

Padgett, 5'9", wrestled and played football in high school.

He said he would still play football if he could, but wrestling worked out better.

"God has blessed me with a body that's more fit for a wrestler than a football player," he said with a grin.

Padgett is not the kind of wrestler who starves himself.

"I love eating. Eating is my favorite. It's what I'm best at," he said.

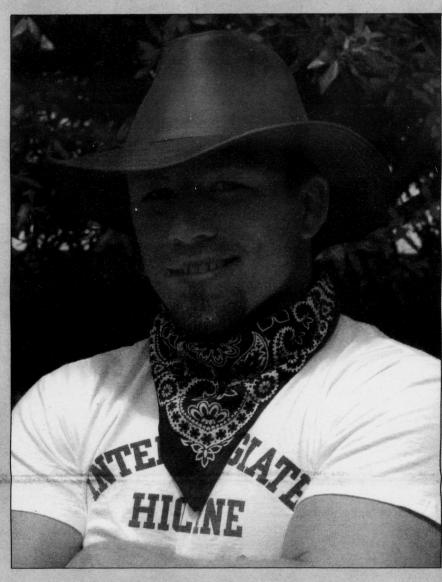
Padgett keeps his weight low by working out a lot and eating healthy.

"For six months out of the year I'm watching what I eat," Padgett said. "I still eat during wrestling season; I just eat natural foods.

"Wrestlers who say they starve themselves are just trying to get attention from other people."

One of Padgett's favorite wrestling memories was his se-

#### BRAD PADGETT



## WRESTLED ALL THE WAY TO THE TOP

nior year in state.

"I was the only guy in the whole state who was able to pin my guy in the final," he said. "I finished the season undefeated. I was pretty happy about it."

Padgett trains hard on and off season.

"I like to go as hard as I can during practice. Until I'm exhausted," he said. "If you see me pissed off and unhappy, that's when I've had a weak practice."

Padgett prepares for meets both mentally and physically.

"When I have someone tougher, the night before I'll go through what I'm going to do," he said.

Padgett received a scholarship that waives 80 percent of his tuition at St. Cloud State University in Minnesota, where he plans to study to be a math teacher.

"First I wanted to be a chiropractor,

then a teacher," Padgett said.

He also plans on getting his minor in religion.

Padgett said he would look into being a youth pastor, if ministry does end up being his career choice.

Padgett chose the school not only because of their wrestling program, and because they offer a minor in religion.

Two major influences in Padgett's life were his father and high school coach.

"My dad always told me I could be better and I ended up believing him," Padgett said. "My high school coach got me at the level I need to be at. I wanted to be good and he gave me a better mentality for wrestling."

In the off-season Padgett coaches the Tahoma Bear Club's little league wrestling program.

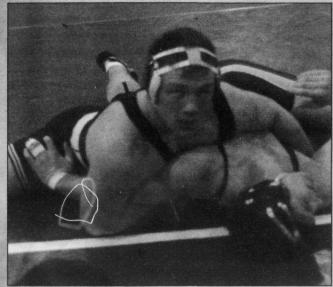
"My goal after I get a job and everything is to be a high school coach," he said.

Padgett also works off season to save money for school, since he can't work on-season.

"I save a bunch of money during the summertime to pay for winter," Padgett said.

Padgett expects stiffer competition at St. Cloud, where the incumbent 184-pounder is a two-time all-American. But he's ready for the challenge.

"If I don't become a national champion I don't know what I'll do," he said.



MICHELLE ERICKSEN/THUNDERWORD

Brad Padgett fights his way to a victory.

JUNE 7, 2007

BY SIMONE SNOW STAFF REPORTER

Tt took her more than a decade, but Sharon Scott has graduated from Highline.

"I've been here for a long time," Scott said with a laugh. "I've been in the community college system for well over 10 years."

Scott began attending Highline in 1996 but soon dropped out. She returned to Highline in 2003 in the medical billing program before she switched to an associate of arts degree in 2005 that she completed in Winter Quarter 2007 at the age of 46.

A tentative and barely-there smile accompanies a look filled with regret as Scott attributed her break from Highline to scheduling and family conflicts, placing being a mother to her teenage son and wife to her husband of 21 years ahead of her degree.

"If something came along that put me off course, I just said 'oh well, I'll do this later,'
Scott said. "Between family and work and not having a clear idea of what I wanted to do [I dropped out]."

Scott said she felt her "lack of direction" originated from how she was raised.

"For me growing up you get married, have kids, and stay in the church. You had your gender role, your place," Scott said while nervously drumming her fingers on the table. "Education and career was not really pushed in my family."

After graduating from Cleveland High School in Seattle, Scott said she immediately began working deadend jobs, including a position as a secretary in an insurance office.

"I've bounced around to different jobs," Scott said. "There's no freedom in those positions. It's just a grind."

#### SHARON SCOTT



## DISCOVERED DIRECTION, PURPOSE AT HIGHLINE

Back then, Scott said she was trying to find a job that would give her a good salary without her having to attend more school, but realizes now it was impossible.

"You can't get by on just a high school diploma anymore. Those days are gone," Scott said. "You have to have a college education, you have to. There's no way around it if you want to make a decent living."

She soon brought the grind to a grinding halt when she decided to enroll at Highline, originally out of convenience.

"I was working in Bellevue and taking evening classes," Scott said. "Location, location, location is basically what it was."

When she originally came to Highline, Scott said the popular route of working with computers did not strike her fancy.

"I talk too much to sit in a room punching codes," Scott said with a laugh. "It just wasn't what I wanted to do."

However, with no

idea of what she did want to do, Scott soon dropped out of Highline. She credited it to having "no expectation of me ever being anything" and "not having any sort of direction."

Yet Scott was not satisfied with her decision and returned to Highline in 2003 in the medical billing program, but quickly discovered it was not to her taste either.

"I don't just want to be a medical biller," Scott said.

She then quit the program and went to work on her associate of arts degree when she discovered a passion for social services.

"I like talking to people." I like being a resource for people," Scott said. "Plus I can use that also in the church to help people."

People can't just pray about their problems, Scott said. They need to get help from someone, such as a social worker.

She saw this clearly when hospital workers wanted to place her mother in a nursing home following knee surgery. Scott said she refused because she was aware of other programs that

would assist her mother, without her mother having to lose her independence.

"Just having that info, I could get her the care she needed," Scott said.

Currently working as a secretary in the emergency room of Providence Swedish, dealing mainly with lab orders, Scott said she is pleased she will no longer have to maintain a deadend job.

"I'm satisfied with it because I know I'm going to do something else someday," Scott said. "I'm not going to be rich, but it's the options that will be available to me. ... You know you're moving towards something."

oing to school has still had its drawbacks for Scott.

"That's a sacrifice of an income. That's money I could be earning," Scott said. "Everything I spend is a sacrifice."

Spending time at school and studying has also meant a sacrifice of time with family.

"Trying to balance work and family and studying [is a challenge]," Scott said. "It's harder when you have little ones."

When her son was younger, Scott used to play a game with him to see how quiet he could be when she was studying.

"Everyone has to buy into the idea that Mom is getting an education," Scott said. "It's been a good model for my son."

Scott said she has learned that one of the keys to succeeding is to delegate.

"You start to say no to things without guilt," Scott said. "I have something to get done. You just do it. You just sort of know what you want to do."

Having been accepted at the University of Washington, what Scott said she wants to do now is finish her degree.

"I always wanted to have a four-year degree," Scott said. "[I feel] terrified and excited. No one ever expected me to be university material."

Scott said the most difficult part of applying to the UW was writing her admissions essay.

"I must have had about 10 different drafts," Scott said with a laugh. "I'm looking forward to this next step. Highline has done a good job preparing me for it. ... They have been so supportive helping me get through the classes."

Scott said the perseverance she learned at Highline was put to the test during an online economics class that was confusing and often overwhelming.

"I cried every single night," Scott said. "Before [Highline], I would have just given up."

At Highline, Scott said she finally had people who pushed her to do more than she dreamed possible, making it impossible for her to quit.

"[The professors] were sincerely available to me. I liked how helpful the professors were," Scott said. "They really wanted me to succeed. They will go out of their way to help you. Highline has just been a nice place for me to come back and get an education."

It is an education Scott said she has come to treasure.

"[My education] is something I really feel strongly about. It'll make me a better wife and mom, make me my own person with my own accomplishments," Scott said. "You don't want to be a failure. ... I made it though. I stuck to it. Until I learn something different, that's what I'm going to keep doing."

# 5-miles for your everyday hiker

By Meghan Howey

staff reporter

5-Mile Drive may sound like a tour through a shopping strict, but in reality it's completely the opposite.

Surrounded by a large wooded area, this scenic drive leads to numerous trail heads, many of which end at Puget Sound beaches.

The area surrounding 5-Mile Drive might lead you to believe you were in the middle of the Olympic Mountains.

That is until you start hiking one of many winding trails along the side of the hill.

Like any Seattleite you'll quickly gain your bearings after glimpsing the shimmering blue of the Puget Sound.

From the very beginning of the trail you can see miles around the Sound. White sails drift into view along with the intermittent trail runner dashing by.

This world away from worlds can seem isolated at one moment and buzzing with activity in the next.

Frequently used by the sports addicts of Tacoma, 5-Mile Drive is open to hikers, bikers, and dog walkers during any season.

Although these trails are frequently used, the average hiker will feel at home.

Densely wooded, with amazing views, and located close to home, these trails are anything but average.

Trails in this area average a couple of miles, but are moderately difficult when it comes to climbing back up the trail.

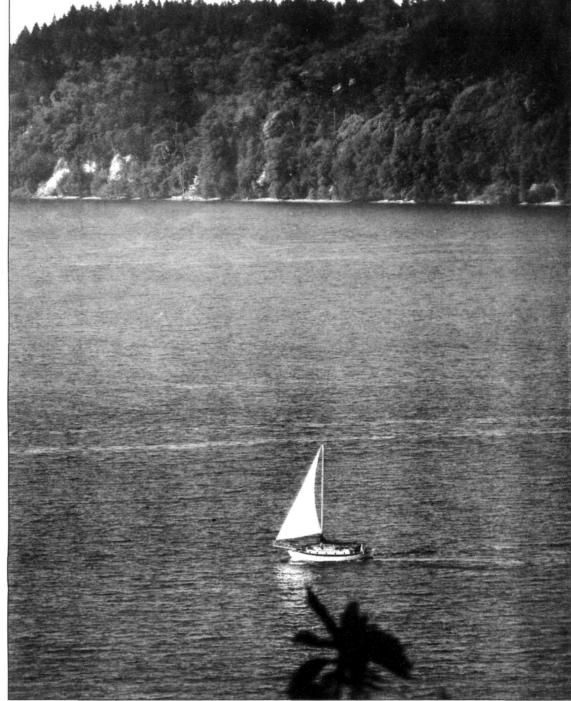
This hike can be done in flip flops, but sneakers are recommended.

You won't have a hard time starting out, since everything is downhill. It's coming back that's the difficult part. Most trails aren't more than a couple of miles long, but you'll definitely get a work out on the way back up.

Make sure to include time to stop and take in the surroundings, because you'll want to take a picture every time the foliage clears.

The trail itself is like any other, but it's the views that really seal the deal. Don't forget your camera.

To get there take I-5 South, toward Tacoma. Eventually you will need to merge onto 705. Then merge again onto Schuster Pkwy. Turn right on Pearl Street and follow the main road past the Point Defiance Zoo. There will be signs, which read 5-Mile Drive, that you should follow. The trails are located along the side of this road. Getting there is easy, just like the hike.



MEGHAN HOWIE/THUNDERWORD

A view through from five mile trail of the Puget Sound and a lone sailboat catching the wind.

#### My eight essentials for hiking

The worst thing you can do is underestimate the demands made by a mountain.

If you've ever been on any moderately difficult day hikes you know that there are essentials that everyone should carry with them.

These are my eight: water, food, knife (or multipurpose tool), cell phone, jacket, good boots, flashlight, and a hiking buddy.

The most important thing you can bring on any hike is water, hands down. I once either forgot or drank too quickly all my water when I went on a hike to some mud puddle out in Snoqualmie in grade school. Not only is it hazardous to your health after a while, but it takes all the fun and appreciation out of what you're doing. All you can think of is how much you hate mountains, trees, and every tiny brook that some deer has probably peed in upstream.

On a day hike, going without food is likely not going to kill you, but it helps to keep your energy up and keep you climbHiking Viking



KORY FARRELL

ing. Little snacks like M&M's, granola bars, and trail mix give you quick boosts of energy.

One thing to keep in mind though is disposal and container integrity. Because you can't litter on the trail, and you definitely don't want something ridiculous like cold spaghetti leaking out of a Tupperware container into your pack, you may want to bring a bag for your trash. Personally, I like to bring some

fruit in cans with pull-off tops and a spoon.

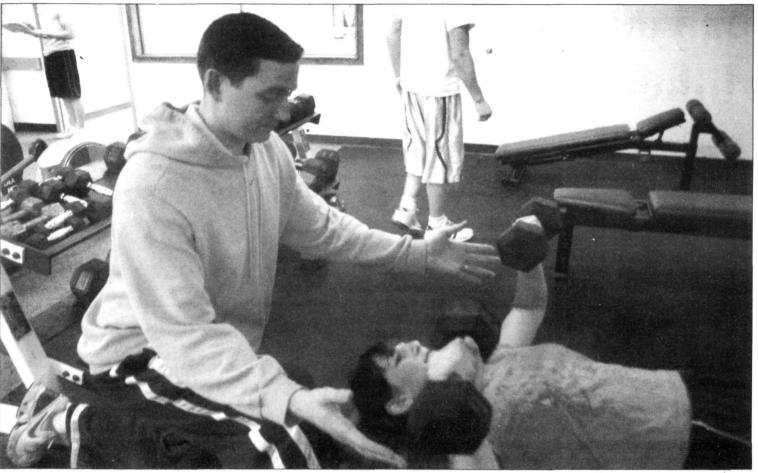
You never quite know what you're going to need a knife for on the mountain. From fighting a mountain lion to uncorking a bottle of champagne (No. 9 on the list), your little buddy from the Swiss army can have many uses or absolutely none.

It's fairly obvious why you'd carry a cell phone on the trail: to call for help or to be located through the GPS installed in most cell phones. I've always retained service, from the base of the mountain all the way to the summit.

A lot of people underestimate the need of a jacket on a hike with a decent sized elevation change. On several different occasions I've started off the hike at the trailhead taking off my jacket because it was too hot, and then nearing the summit and shivering even with it on.

When we tackled Mount Si,

Meghan Howe/Thunderword
This small beach on Puget Sound, relatively hidden just off the 5mile trail, is one of many.



MICHELLE ERICKSEN/THUNDERWORD

Physical Education instructor Josh Baker works one-on-one with a student in Highline's fitness center.

#### **Fitness**

T-Birds

CONTINUED FROM PAGE 9

and that NSCA and ACSM were two of the top ones. "It'll be lots of classes, where we'll be in a classroom but we'll

CONTINUED FROM PAGE 10

Tryouts will be held Aug. 17-20.

Tryouts will be three days, and

be writing work-outs and we'll be learning what's called punctual training where you work out with rubber bands, medicine balls, physio balls, etc...," said Baker.

Paton said that several of Highline's faculty will be teaching courses, but they may bring in some outside people to teach specialized classes.

Prenovost is looking for one to three players who stand out and will be beneficial to the roster.

Prenovost has been recruiting and has players coming from both in Washington state and out, including Oregon and Idaho. "There's a lot of health problems stemming from people being out of shape and eating poorly," Baker said. "It's a fun career, it's fun to help people work-out.

"It's a fun environment and people enjoy it," Baker said.

Baker added that most personal trainers make up to about \$20-\$33 an hour.

If you wish to contact Coach Prenovost at any time about the program or tryouts you can reach him at 206-878-3710, ext. 3188.

Highline will play their first game of the regular season against Peninsula at Highline at 2

CONTINUED FROM PAGE 10

Soccer

"They usually start at least \$12 an hour but most start high-

Baker said that there's a big demand in this area for personal trainers.

er than that," Baker said.

For more information about the fitness trainer program contact Baker at 206-878-3710, ext 3997 or via email at jbaker@highline.edu.

p.m. on Saturday, September 29.

Highline will play them again at Peninsula on Nov. 3 at 2 .p.m.

Last season Peninsula came in third in the west division behind Bellevue (11-4-3) and Highline with a record of 6-8-4.

title with a record of 14-1-3, followed by Lane in second (14-2-2), Clackamas third (14-3-1), Clark fourth (10-7-2), and Lower Columbia fifth (9-8-1).

#### Hiking

CONTINUED FROM PAGE 9

it was warm and clear when we started, but nearing the top we were almost soaked through by rain and melting snow dripping through the trees. Again at Granite Mountain it was a very sunny, warm day on the base, by as we got nearer and nearer to the top the snow on the trail got thicker and thicker (and I don't suppose it helped that we slipped and fell in it every 10 feet).

Which brings me to the next item on the list: good boots. Having water proof boots was a big help when we were traipsing through snow up to our shins on Granite Mountain. Also, having good tread was essential to keeping us upright on the boulders dug into the trail, and climbing up steep inclines to the summit. It also helps to have good padding for your feet, as blisters are a real pain.

A flashlight is important for the scenario where you've miscalculated your hiking time and are stuck on the trail after night-

Trails can be very dark when the trees are blocking out a falling sun, and downright pitch black when the sun is completely down. While you could probably find your way in the end, I can almost guarantee you'll trip on a root and fall on your face more than once.

Perhaps one of the more important aspects to having a good time and making it to the end of a trail is having a willing and persistent hiking buddy. Not only is it safer to have some-body with you in case you're rendered unconscious and unable to call for help, but they can also help to keep your mind off the difficulties of the hike and push you to keep striving for the summit.

#### T-Bird runners trade the track for the trail

BY JAIME GUDJONSON staff reporter

Highline's Cross Country team will run into their new season this fall.

and possibly Brandt May.

"There will be a different for those runners who have."

"There is not a final count for the team. I'm still waiting on a few athletes to send in their letters," Coach Chrisina Loehr said.

So far it looks like Highline will have a solid men's team but is still looking to recruit more females.

"We have possibly five returnees from last season and about five more new recruits, but numbers are unofficial," Coach Loehr said.

To add to the growing cross country team a few track runners will be lacing up for cross country. The runners include: Trevor Jennings, John Hurlburt, William Anderson, Tyler Eidsmoe, and possibly Brandt May.

"There will be a difference for those runners who have only run on track," Coach Loehr said. "The difference between track and cross country is that cross country is more dynamic, the major distance is on trails, terrain varies."

Coach Loehr said that she thinks that cross country will be able to provide a stronger team feeling than track.

A summer training routine will start up after the runners have some time off.

"I anticipate a good season but is still in the growing stages of a new year," Coach Loehr said. with the quality of returnees and incoming freshman we have," Moore said. "Once you've been in playoff games, win-orlose, you want to be there again and I expect the experience of our sophomores to help put us in that position again next fall."

Highline will play its first set of games against all the teams of the South Division starting on Sept. 7 at 2 p.m. against Clark at home, followed by Southwestern Oregon the next day at home at noon; September 11 at Lower Columbia at 2 p.m.; September 14 at Clackamas at 2 p.m.; followed the next day by another away game against Lane at noon; then a home game against Tacoma at 2 p.m.

Last season, Southwestern Oregon won the South Division

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MW 9:00-10:20A Item 2221 Online course Item #2222

Fall Quarter

Trans 100 Intro to Travel and Tourism
MW 12:10-2:30P

Trans 103 Careers in Hospitality/Travel Online Course Item #2280

Trans 110 Cruise Operations

M-F 9:00-9:50A Item # 2282 Trans 165 Managing Customer Service Online course Item #2286

Travel & Tourism Industry Management Program

#### Jim Glennon looks forward UWT guarantees space to a 50-year teaching career

By James Bermingham

STAFF REPORTER

Jim Glennon has been teaching longer than many of his coworkers have been alive.

ennon is the smiling elderly man you may have seen on campus walking to and from his office pulling a suitcase full of books and video tapes in one hand and a cane in the other.

"I have the best job in the world," said Glennon who teaches history and political sci-

"If I had too, I'd probably do this job for free."

Glennon is in his 12th year here at Highline.

"When I got here I thought I had died and gone to heaven," said Glennon.

Before that Glennon taught at Mt. Rainier High School and Rosalia High School in eastern Washington.

"I taught at Mt. Rainier for 29 years and at Rosalia for five years," said Glennon. "After a certain point the years just fly by.

"I retired from Mt. Rainier high school because my retirement fund from the school district started to lose money because I was teaching too long.

"My goal used to be to teach for 50 years, but now I think I can go longer than that," said Glennon.

"I honestly wish I didn't love to teach as much as I do. I can't think of anything I would rather be doing right now, the only other things I enjoy doing are reading differnt history books and I would like to travel more, but I really want to do these thing because they help my teachings," Glennon said.

"Most people have hobbies they plan on doing when they retire, but i don't reallyhave ," Glennon said.

One of the other things Glennon said he loved about Highline is his co-workers.

The faculty has been great studies. to me here," said Glennon.

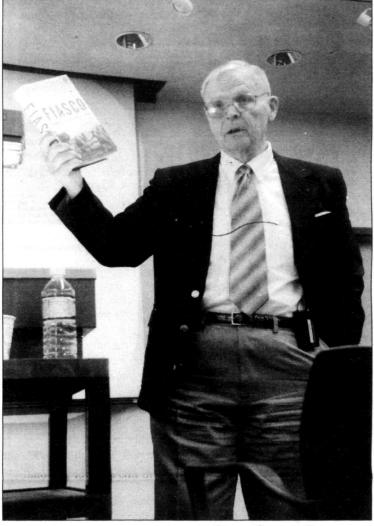
One of Glennon's co-workers and friends is Emmanuel Chiabi.

"He (Glennon) was one of the first people I met at Highline. He showed me around and introduced me to some other teachers," Chiabi said.

"When I met him he seemed very excited, very friendly and willing to help out," said Chia-

"We call ourself twin brothers becuase we have very simmilar teaching styles," said Chiabi.

Glennon says his favorite



PATRICK CABELLON/THUNDERWORD

History and political science instructor Jim Glennon gave a lecture early this May about the similarities between the war in Iraq and Vietnam. Glennon has been at Highline for 12 years but he has been teaching for 47 years.

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thing at Highline is the stu-

"I love the contact I get with my students here, my students are my battery," said Glennon.

In June of 2002 Glennon had his knees replaced.

"I was able to come back in the fall because of my students. They would carry my backpack for me, put the tapes in the VCR, they were great," Glennon said.

"It makes a huge differance that the students want to be here" said Glennon.

Glennon has a bachelor's degree in history and a master's degree in teaching of social

worth College," said Glennon. mine," said Glennon.

"I chose Whitworth because it was a small college in a small town."

Glennon went to Whitworth on a baseball and football scholarship. He began teaching right out of college at the age of 22 at Rosalia High School.

"I remember meeting other teachers there who had been teaching for over 20 years and thinking how unreal it seemed to me for someone to teach that long and now I'm almost done with my 47th year," said Glen-

"Harry Truman said he wanted someone to write 'I did my damndest' on his tombstone I "I got both of them at Whit- want the same thing written on

Out of the Nest

**E.B. Foote Winery** 

# for transfer students

BY KRISTA WHITE

staff reporter

The University of Washington-Tacoma now is offering guaranteed admission for transfer students.

Previously one of the hardest schools to transfer to, UWT now says it will accept all Washington community college graduates who have at least a 2.75

However, students are not guaranteed admission into specific majors or academic pro-

Fall 2006 was the first year that the UWT had freshman on campus.

This changed the campus to a four-year university.

"One of the benefits of becoming a four-year university is that we can offer guaranteed admission," spokesperson Mike Wark said.

Wark said that previously transfer students had to be directly accepted into their major or program; otherwise, when they arrived, they would have no classes to take.

Now that the UWT is a fouryear school, transfer students can complete lower-division prerequisites while waiting to be accepted into their majors.

However, "A lot of transfer students will want to apply simultaneous [to the school and to their major]," Wark said.

"It's a wonderful thing for us to be able to do. It allows students to see a clear path in sight," Wark said.

The UWT is located in downtown Tacoma and offers undergraduate and graduate degrees.

The universyy has more than 30 different majors available, ranging from global studies to business.

Though the UW Seattle campus is nearing capacity, UWT still has available space for students, and this is part of why they are able to offer guaranteed admission.

"We have room to grow. We have a 46-acre footprint. Our current campus only occupies one-third of that acreage that the campus has been designed to fill over time. ... Every year we grow," Wark said.

Highline students may do a good job filling this space at the

"We are located right in the South Sound, so it's a good option for Highline students without having to drive into Seattle. We offer a stellar faculty...it's a good fit for students who want smaller class sizes. Most [instructors] know you on a first name bases. A lot of our students developed mentorship's with teachers," said Jill Carnell Danseco, a public information specialist for the UWT.



#### Benton flew a long way from Air Force to Highline

BY ARIEL MCKENZIE staff reporter

With her hands neatly folded across her lap and a nearly perfect sitting posture, she has a sense of professionalism.

Her insistence on keeping eye contact with whom she is speaking to shows she values the conversation at hand. Her gentle smile and kind manner offset the seriousness of her dark colored dress suit.

Tonya Benton, the new director of institutional research, has come to Highline with a serious appearance, yet she is approachable, and is eager to help students dig deeper, ask questions, and keep up their research.

Benton, who came to Highline from the University of Washington, said her job is to oversee campus research activities, support efforts to improve student learning and success, and assist students and staff in their research efforts.

Benton said part of that is to understand and meet the needs of the most underprivileged groups on campus.

She said this tied in with the Achieving the Dream program on campus.

Achieve the Dream is a nationwide initiative to help community college students become more successful.

Benton, who is single, grew up in Tacoma. She said that most of her family is still located in the area, but also has cats



MICHELLE ERICKSEN/THUNDERWORD

Tonya Benton is the new director of institutional research.

and dogs to keep her company. Benton said that her love of terested in her field of work.

science is what sparked her in-

"I'm a data geek," said Benton.

She said she received her first microscope when she was 7 years old and from that point on always wanted to do something in science.

Although Benton has been interested in science from a very young age, most of her earlier educational decisions were financially motivated and what her parents wanted her to do.

Benton attended Stadium High School in Tacoma, then attended college at the University of Puget Sound in Tacoma and the University of Washington.

After receiving her bachelor's degree in mathematics, she joined the Air Force in 1987, working in airplane mainte-

"As I got older, I started to develop my own personal ideals that took a new direction away from the military," said Benton.

After leaving the Air Force, Benton got a master's degree in psychology from the University of New Hampshire. She began working at the University of Washington in 2000.

Benton said she found her current position on the Highline website.

"I knew I wanted to work at a community college, but I didn't know how cool Highline was until I learned more about it," said Benton.

Benton said that the diversity of Highline is great.

"I'm a really strong advo-

cate for students staying curious as they go through their education."

Tonya Benton said the only way to get closer to the truth is with questions.

"Research is a tool that allows us access to knowledge," said Benton. "We should be skeptical about what we read and the statistics we hear."

Benton said that skepticism is useful in regular life, such as making a decision about your child's doctor or what car you should buy. She said that if the community becomes interested in current events and how the findings are reported, along with people doing their own research, independent thinkers will be created.

"I understand how valuable the community-college system is," said Benton.

Benton said that it is often difficult to make the bridge between high school and college. She explained that community college is a good place for many students to cross over that bridge.

Benton said that in the short term it will be important to develop people's research skills. Benton said that she hopes to make a place at Highline, serving a mission here. She said she hopes to keep classes fresh and relevant.

"[Highline] is in a beautiful area," Benton said. "I love Redondo. It's a place to call home."

#### Cannabis Reform seeks aid reform

BY CAITLIN FEELEY staff reporter

A group of students at Highline want Congress to remove a provision revoking financial aid for students with drug convic-

The Cannabis Reform Union "seeks to increase awareness about natural plant drugs and to help correct the system of injustice which has been established through the war on drugs," said Frank Bagley, the club presi-

"We want language removed from the financial aid act regarding drug use," said Bagley.

They are asking students to help by calling or writing to their US senator, especially Patty Murray, D-Wash.

They are also asking students to "talk about this, talk about whether or not people should lose their financial aid for this. The more that we discuss issues like this and bring the out to the open, the faster they'll be dealt with," Bagley said.



Frank Bagley

Bagley said the Cannabis Reform Union has sent letters and called the office of Sen. Murray asking her to bring this issue up with the U.S. Senate Health, Education, Labor, and Pensions committee, which she sits.

"Department of Education data shows that in Washington State, 4,762 student aid applicants have been denied aid because of drug convictions since the law went into effect," said Alex Glass, communications director for Sen. Patty Murray.

"The provision revoking financial aid was as an amendment added to the Higher Education Act Reauthorization of 1998," said Glass. "It states that a student's eligibility for aid can be suspended or revoked, depending on the type of drug conviction and number of offenses. The 1998 law included students with prior convictions, but in 2006 the law was changed to apply only to students who were enrolled in college and receiving aid when they were convicted."

Sen. Murray is a supporter of anti-drug laws and appropriate sentencing and treatment, said Glass, but she also believes that the aid-revoking provision in the Higher Education Act is counterproductive.

"Many low-income students are denied critical access to higher education as a result, often after they have rehabilitated themselves and made a life-changing decision to attend a college or university," Glass

#### Fall schedule for Science Seminar posted

The schedule for Science Seminar for Fall Quarter has been announced. Science Seminar is a series of weekly science related lectures given by various speakers, held on Friday afternoons in Building 3.

•Sept. 28 "Math as Art: the work of M.C. Escher" by Ed

Oct. 5 "Floods of Lava: The Columbia River Basalts" by Eric Baer

Owens

Oct. 19 No Classes

•Oct. 26 "The first Annual Physics Show" by Gregory

Reinemer and Rich Bankhead (Building 7)

•Nov. 2 Election special! "Nothing's Perfect: The Mathematical Impossibility of a 'Fair' Voting System" by Erik Scott

•Nov. 9 "Cryptozoology: The Search for Sasquatch, Nessie, Ogopogo, and Other Fabulous Creatures" by Lonnie Somer

•Nov. 16 "Deluge: The great Ice Age Missoula floods" Carla Whittington

Nov. 23 -No Classes

•Nov. 30 "Information Tec nology and the Workplace' Dee Skinner

·Dec. 6 TBA

#### ADVERTISE IN THE

Contact Anjelica Wolf or Matt Estes at 206-878-3710, ext. 3291 or by email at tword@highline.edu

#### Highline's new printing class is hot off the press

BY JAIME GUDJONSON staff reporter

Highline's Printing Program will be going up scale and old school in a new printing class this summer.

The program will be offering lesson involving large scale digital photography ting to old school letterss printing.

Tucked into the northern part of Highline's campus and out of knowledge to many students is Building 16, the home of the Printing Program.

The printing program is offering a new course teaching screen printing, old fashioned letter press work, state of the art large format digital printing, tours of modern print shops and an introduction to paper.

The course is so new it's not in the summer printed catalogue.

The course is Print 100 which will be under the expert teaching of instructors Dave Weber, Tony Sittner, and Bill

These three instructors combined equal more than 75 years of experience.

"We've been devolving the course for a while," Weber said. "We usual do classes that are 12 credits and we wanted to do a smaller credit class in the hopes of catching the interest of more people."

The printing program at Highline is offered for those whom are looking to obtain a

JAIME GUDJONSON/THUNDERWORD

Dave Weber, printing instructor, is working in the printing lab here at Highline. He will be teaching a new printing course, Print 100.

"You can't be a good graphdegree in printing or graphic ic designer if you don't under-

stand print," Weber said. "It will help you to be more well

Print 100 is looking to capture the interest of people who are into advertising and people who simply want to know how the ink gets onto the paper.

"This is a very lab intensive class," Weber said. "We will be doing an overview of the: Commercial Printing Industry, study of alternative methods of printing, the manufacture and selection of fine paper, field trips to local area employers, 'hands-on' learning and workplace safety."

The program will even be resurrecting the old technique of letterpress printing which is an old fashioned form of printing text with movable type, in which the raised surface of the type is inked and then pressed against a smooth substance to obtain an image in reverse.

"The program has been at Highline for over 40 years and the students are doing real jobs," Weber said. "We can find a printing job for just about any student."

Not only is the printing program a great way to add credit towards degrees it is also a career building opportunity, the instructors say.

"The program here is completely self-supported so there are no fees," Weber said.

The students do real work for many non-profit organizations in the community and the program is paid for what it prints.

If printing intrigues you at all or is a credit towards your degree the course is Print 100. It is a five credits class and the item number is 5136. Times are listed in the online cata-

#### Six cars stolen from Highlines parking lots this quarter

BY CAITLIN FEELEY aff reporter

Six cars have been stolen m Highline this quarter. Before the current outbreak

of car theft in Spring Quarter, the last car stolen from Highline was in September.

That is unusual, said Sgt. Robert Collins, public information officer with the Des Moines Police Department.

Between April 20 and May 18, two Nissans, three Honda Civics, and a Toyota pickup were stolen from Highline parking lots.

"Everyone (the cars) has been recovered," said Sgt. Collins.

problem in the Des Moines area, said Collins.

Sergeant Collins said he does not believe there has been a recent increase of car thefts in the area around Highline.

While the college has seen an increase in thefts, in general it has been a major problem for years in Des Moines and it's not getting any better, said Sgt.

If you suspect a car is being stolen be a good witness.

You should look for a few key things such as: what kind of car is being stolen; a plate description; a good look at the

I don't know if the thefts suspect, not only their clothing are related, I would suspect but their face too; try to notice so if car theft wasn't such a big what direction the car is heading: and call 911 as soon as possible, said Sergeant Collins.

"Do not try to intervene, even if it's your own car," said Sergeant Collins.

To help prevent car theft, Sgt. Collins said locking your car and having an alarm can help.

A device of some sort that you attach to the steering wheel, like a Club, or a kill switch, which when turned on makes it impossible to turn the car on, are better deterrents for car theft, he

Purchasing one of those items can act as a deterrent but it's not a guaranteed thing.



#### Construction for summer to set to begin soon

BY DAVID BIEHN

staff reporter

Highline will be getting some work done over the sum-

Buildings 6, 15, and 28a will be undergoing some minor repairs, during summer quarter.

Building 6 is the administrative building in the front of campus, Building 15 is the faculty building near the northeast corner of campus and Building 28a is the small building on the southwest side of the pavilion.

Director of Facilities Pete Babington says that the roofs on both Building 6 and 28 are going to be replaced

"We're going to tear off the old roof, and put on a new one," Babington said.

Building 6 is going to have the perimeter eaves cut back due to water damage, unless it poses a possibility of damage to the rest of the building.

It was decided to do the work over the summer because of the lower enrollment.

Interference with summer classes will be minimal, because the buildings being worked on are faculty and administrative.

"None of them are classroom buildings," Babington said.

While walking around campus, some may notice a mild stench around the construction

"There may be orders and smells," Babington said. "Some of the roofing materials are

The materials chosen for the

"We picked the stuff that is least likely to offend people," Babington said.

projects were selected because

they're are not as hazardous to

Besides the smell, he doesn't expect that students will be affected much by construction on campus.

"None of this should have much of an impact on students as far as classes go," Babington

Babington does caution students about walking around the areas of construction.

"Students should be advised not to talk on their cell phones and walk through construction zones on accident," Babington said. "It sounds silly, but it's happened."

Construction will also begin on the new Marine Science and Technology (MaST) Center.

The MaST center is a marine laboratory located at Redondo

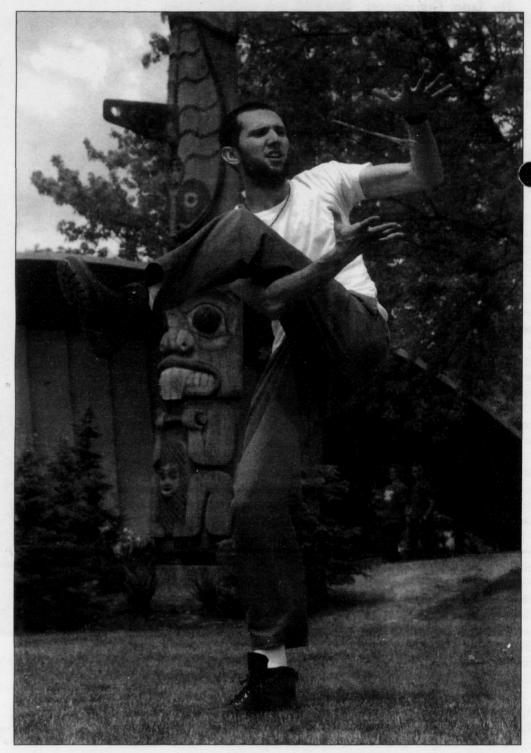
Construction on that project is expected to be completed in about a year, while the other projects should be done before classes begin in the fall.

There will also be some maintenance work done in the parking lot. Faded lines will be redrawn, and large potholes will be filled in.

This should not drastically alter the parking situation for

Most of the work will be focused on the east lot, and will be done on low traffic days to minimize the number of affected parking spaces.

#### There and back again: A boomerang's tale



PATRICK CABELLON/THUNDERWORD

On a sunny day early this week, math instructor Dusty Wilson gets a head start on summer and plays with boomerang in front of Building 7. A boomerang is a wooden "L" shaped object that when thrown, returns to the person who threw it.

#### Highline seeking new emergency procedures

BY KRISTA WHITE

staff reporter

In case of emergency, Highline wants a new plan.

College officials have spent the last month crafting a way to ond to emergencies rangrom shootings on campus wer outages.

roups involved include ities, Administrative Techzy, Security, and adminisn and executive staff.

ollege officials currently ooking for a consultant to o put together a new plan. draft plan will be ready e end of summer, and the plan is tentatively set to impleted by the end of De-

One of the ideas Director of Auxiliary Services Jonathan these drills might inconvenience Koehler is working on is a chain of command in case of a major

This includes assigning specific roles and responsibilities to staff members.

"Who is going to be in charge? The idea is to create a plan so there is not chaos," Koehler

Koehler says Highline will have six or seven drills over the next several years.

Highline will look to other colleges for potential models of how to do the drills. So far, drills have already been conducted in a few faculty buildings and in the

Tutoring Center in Building 26.

Koehler said that though students, he will not apologize because if an emergency happens someday, students will know how to act.

Currently Highline has gold fliers up in every room with emergency procedures.

In the future, rooms will have updated versions that are tabbed with procedures, making it easier in an emergency for students to find information quickly.

Specifically, tabs will probably include what do in case of bomb threat, evacuation, fire due-to fire or bomb, civil disturbance, severe weather, and utility failure.

As Koehler said, the shootings at Virginia Tech earlier this spring posed a question to every campus across America: Are we ready if there is shooter on cam-

Highline is working with the State Patrol, Red Cross, and other local officials and community groups to create a plan that Koehler said will be about three inches thick. Highline's most recent emergency was the Feb. 28, 2001 Nisqually earthquake, which registered a magnitude 6.8. It closed the campus for most of a day.

"It went pretty well," said Security Chief Richard Noyer of the campus' response to the quake. "The only weakness that showed was on the older build ings that needed to be eart quake proofed."

Students say they're not opposed to being told what to do the case of an emergency.

"If someone comes up to me and says this is what you need to do and tells me why, I would probably comply. Without the explanation or an obvious reason I probably wouldn't pay a whole lot of attention," said student Renee Endrizzi.

"It's going to happen," said Endrizzi of a disaster. deal with what comes. At school I basically have no preparation ... at home I have three months of water, six to eight weeks of food, [and an] emergency kit."

# DARE LE TECHNOLO 19

PATRICK CABELLON/THUNDERWORD

The Engineering and Applied Sciences club is a chapter of the

American Society for Mechani-

cal Engineers, which is one of

the biggest engineering societ-

the club include project where

teams build and rebuild robots,

and a project to build a green

house in the fall for an elemen-

The club adviser is Richard

tary school.

Bankhead.

Other future projects for

Engineering professor Bob Maplestone talks about changes in technology at a meeting of the Engineering and Science Club.

# Engineering/science club has big plans

By Krista White summer projects.

staff reporter

A projectile launcher and high-tech, remote-controlled lawn mower are in the works for Highline's new Engineering and Applied Sciences Club.

"We're project-oriented. We don't just want to get together to talk, we want to do things," said Ryan Zanger, a leader of the club.

"It's a chance to get all students interested in engineering together to meet and socialize," said Matt Hubbard, the treasurer.

Leaders of the club stressed that the club is open to both engineering students and students in any applied science.

"We have not decided about the day and time for the summer quarter, but we will be meeting. We plan to have our club advertisements up as soon as summer quarter begins," said Alina Stepchuk, the club president.

At the ice cream social on June 1, about 40 people gathered to hear about the new club, with the social marking the club's second official meeting.

Speaker Bob Maplestone, an Engineer instructor at Highline, talked about "old technology," pulling out a pocket protector and a tape player, and discussing where science will be going in the future.

After this, leaders from the club spoke to students and encouraged students to sign up for Staff reporter

The Coordinated Studies Program will return this fall after a two-year hiatus.

Two programs are offered this fall, one which will be cotaught by speech instructor Vickie Ropp and political science instructor Davidson Dodd.

This particular Coordinated Studies Program is a 10-credit class that covers Speech 100 and Political Science 120 credits.

"This satisfies basic requirements for students because you need speech, you need social science, and if they're Running Start they have to have American Government," Dodd said.

This fall's theme is Basic Human Needs: Should Government Respond?

The theme looks under the surface of American politics to explore whether Americans have faith or doubt in government responses to our basic human needs, such as health, education, security, energy, food, housing, and climate change.

Dodd, who has been active in the Coordinated Studies Program since 1992, noticed a drop in enrollment in 2005.

"They don't know about it so they're more likely to skip it," Dodd said.

"Students are focused on their degree requirements and something new is hard to fit into their schedule,"

Students who have taken the program and liked it can spread the word to increase participa-



Coordinated studies to return

with speech, law and politics

Dr. Vickie Ropp

tion Dodd said.

Although a 10-credit class may seem ominous "the vast majority have really liked [the class] because there's this combination of energy; the student energy, the teacher energy all doing things together produces a really strong community," Dodd said.

"In this program you not only get more depth but more breadth," Dodd added.

"I think the students (in the coordinated studies classes) start to see the teachers more as human beings because sometimes they're [teachers] part of the discussion group."

A typical day in the Coordinated Studies Program would include "a discussion group, then I would take 20 minutes to lecture, then we would have some student speeches, and then we might have time for a short video," Dodd said.

Dodd noted that the two hour time frame allows for "a lot of flexibility."

Because speech classes are allowed a maximum of 28 students per class and political science 38 "we get to take the lower class and double it, so the maximum [amount of students] is 56," Dodd said.

To increase participation in the Coordinated Studies Program Dodd plans to distribute flyers about the class and announce it during advisory sessions for new students.

"Coordinated Studies has been the most rewarding of the many methods I have tried in teaching," Dodd said.

The other Coordinated Studies class offered is titled We the Jury.

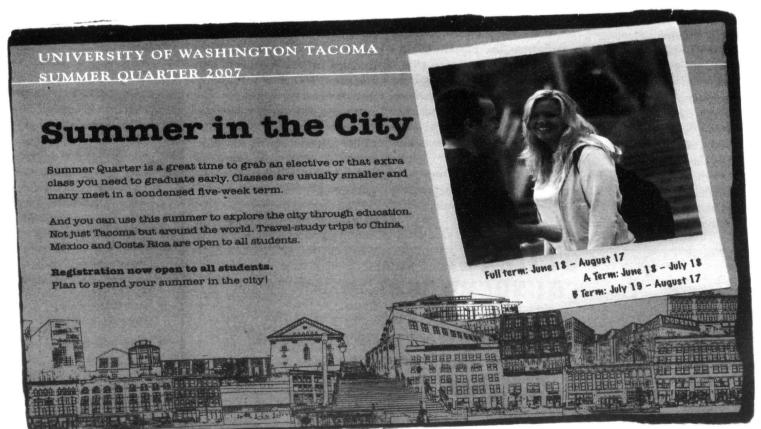
It delves into the United States legal system and satisfies either Speech 100 or Speech 213 and Political Science 185 or Legal 100 credits.

We the Jury will be taught by Laura Manning and Joy Smuck-

If you wish to take a Coordinated Studies class it can be found in the fall quarterly schedule under Coordinated Studies.

"Coordinated Studies has been the most rewarding of the many methods I have tried in teaching."

-- Davidson Dodd



www.tacoma.washington.edu/summer

#### Students show local business it's easy being green

By AshLey Messmer staff reporter

A group of students have helped some local businesses learn to be greener.

Puget Sound Early College (PSEC) students will be giving presentations on their projects, today, June 7, in the Library fifth floor boardroom, from 12:30 to 2 p.m.

PSEC, in Federal Way, is a small school that emphasizes on the focus of their students.

Students have been assigned to explore various sustainable practices for businesses and college campuses. This is part of Righting Sustainability which is a course combination of Writing 105 and Chemistry 121 studies.

Three groups will be presenting information for the community partners that they have chosen. These community partners are Marlene's Market and Deli, Highline, and Habitude Salon, Spa, and Gallery.

Students who have partnered with Marlene's Market and Deli, a health and food grocery, will present information about how the market can work on water management. Instructors said that water management is a very important subject to talk about. They said that people can learn about the things they don't see behind the scenes and see how much water is really being used.

The second group of students, who partnered with Habitude



Patrick Cabellon/Thunderword

Marlene's Market and Deli, a health and food grocery store in Federal Way, is one of the businesses that is working with students at Puget Sound Early College who are teaching how to better manage water use.

Salon, Spa, and Gallery, will be presenting information on gray water and how we can reuse it.

"Gray water is basically water from sinks, dishwashers, washing machines, etc.," said Ravi Manghani a chemistry instructor at the Puget Sound Early College. He also teaches other subjects such as non-organic and organic environmen-

tal history

"The students are trying to come up with the idea to reuse it not just for drinking water, but for irrigating lawns and more," said Manghani.

The last group of students will be presenting information about recycling on Highline's campus, and they will give information about how it has changed.

"It has changed just last month," said Karen Francis-McWhite a writing and literature professor at PSEC.

Francis-McWhite said that Highline's recycling contract has currently changed. Highline now has a formal recycling contract which now allows Highline to recycle.

Summer Literature 100 will

begin on June 25 in Building

14, room 106, from Monday

through Thursdays at 10:30 -

"The presentations today are like a dress rehearsal for the students. This is a run through before their final presentation, so we hope to get good question and answers at the end of the presentations," Francis-Mc-White said.

In the presentations, students plan to give detailed descriptions on the subject they will be presenting about. Francis-Mc-White said that their goal it to educate students, staff, faculty and the community about the things we can do to better the environment and community which we live in.

"We look forward to seeing people and we would really like to get feedback from the presentations," Francis-McWhite said.

#### Literature class means business this summer

By Fereshta Noman

staff reporter

Literature and business combine this summer, creating a class that will inform and help Highline students with both subjects in the future.

This summer quarter, professor Karen Francis-McWhite will be offering the students a Literature 100: Imagining works and Business class

"We will discover business through literature," she said.

This summer literature class will consist of 30 texts from all

over the world.

"We'll be reading pieces from Europe, Southeast Asia, and other areas."

It will also include traditional work from Shakespeare and poetry as well.

The class will be taught on the basis of diverse literature, but will also include business and its connection to literature as well as how it affects students

"We will be addressing questions like; what does business do and what else should it do?" she said. Karen Francis-McWhite, who is an aspiring writer herself, is captivated with reading literature and discovering its features.

Therefore she encourages students to take a look at the Literature 100 class to explore its many benefits as well.

"It's worth taking a look to see what literature offers," she said. "Everything in life is a story....I believe literature is quite powerful because we all tell stories."

The class can count towards humanities, electives, or an em-

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#### Anyone can be a victim of sexual harassment

By Carrie Draeger and James Bermingham staff reporters

A casual brush on the rear seems to be an accident. Seeing the same person around campus every day can be just a coincidence.

Every so often it's not a coinlence, it's sexual harassment.

'I had a weirdo follow me around on campus for a couple of months," said Ashley, a Highline student who asked to remain anonymous.

"The first few weeks thought it was a coincidence. Sometimes I would get out of class and he would be standing there," Ashley said.

Ashley's experience is rare, but not unheard of at Highline. Richard Moyer, the head of Security on campus, says that Highline receives half a dozen informal harassment claims a year.

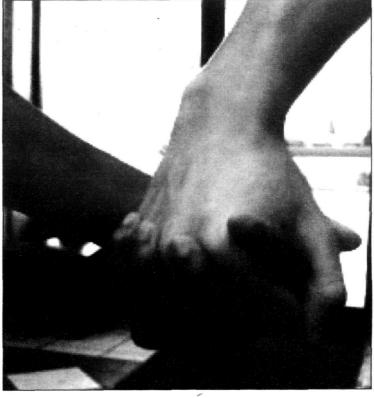
The most commonly reported claims are when a student is harassing a teacher.

"Sometimes a student takes a faculty's extra help as a sign of affection," Moyer said.

Most complaints stay informal, but Highline averages about one formal complaint a quarter

"It's very important that they talk to someone so they can get the matter resolved quickly and effectively," Moyer said of sexual harassment on campus.

Marie Zimmerman, interim vice president of academic affairs, said the college appoints



Patricia O'Neil/Thunderword

contact persons, called ombudspersons, to help students, staff, and faculty cope with sexual harassment.

"The contact person's role was to listen to the person and to advise them with how to proceed," Zimmerman said.

Zimmerman, a former ombudsperson, saw one case in her eight years as a contact.

"When someone behaves inappropriately, they (the victim) have the right to speak up. ... We (Highline) should be aware of the path for resolution of their issues," Zimmerman said.

Sexual harassment is defined

by Highline as any form of sex discrimination, and it can occur in many ways.

Sexual harassment can be anything from comments and gestures, to stalking and inappropriate touching.

"It can be as simple as one isolated incident to a long running documented series," said Cesar Portillo, executive director of Human Resources.

As head of Human Resources, Portillo oversees all sexual harassment claims.

"We (Highline) have a good sexual harassment policy that was recently OK'd by the state attorney general's office," Portillo said.

The process for reporting sexual harassment is relatively simple.

First, a complaint needs to be reported to a designated staff or faculty member, or campus Security.

The complaint is then sent to Portillo, where he and others investigate the claim.

"Sometimes it is a matter of bringing two people together to talk about it," Portillo said.

If the claim is legitimate, it is sent to a person or committee to decide what disciplinary actions are necessary, if any.

The disciplinary actions can range from a warning to suspension or termination.

"I believe we are very well prepared to handle and investigate any complaints," Portillo said.

Highline students don't think that sexual harassment is a big problem on campus.

"I think every place has a problem with it. I've seen it less often (at Highline); there's a sense of security here," one female student said.

A fellow male student agreed.

"It's more of a social issue," the male said.

Students believe that sexual harassment issues affect women more than men.

"Every girl has gone through it," said Sara, who also asked to remain anonymous.

Sara had a fellow student grab her butt.

"I had met him once," Sara said when asked if she knew the man previously.

She hasn't talked to the student since the encounter and avoids contact with him when she sees him.

"They (men) take dress as an invitation," a female student said

Men go through instances of sexual harassment, as well as women, but it is not often talked about

"Guys have this image that you are tough; you are a man," one male student said.

Most male students have the same opinion on sexual harassment.

"The only time it really happens to me is when I'm with friends and they are joking around and they get weird," said another male student.

One student talked about the friendly butt pat, saying that it's acceptable only in an athletic sense.

"My cousin sometimes smacks my butt and it demoralizes me," he said.

In the case of Ashley, the student who was stalked around campus, it was more than just an isolated incident between friends.

"He came to my church and got a job near where I worked," Ashley said.

Ashley first contacted campus security, then the Des Moines Police Department.

They contacted the man and he stopped following her soon after.

#### **Dating**

#### CONTINUED FROM PAGE A1

Dr. Baugher gave the example of Paul Wolfowitz, the former president of the World Bank who was forced to resign following allegations of favoritism toward his girlfriend, who was also his employee.

"How fair is that to the rest of the folks that this person is held h higher esteem than the rest of the group?" Dr. Baugher asked.

However, Dr. Baugher said concealing the relationship from other co-workers is not a good idea.

"I think the problem with that is ... they basically go through the day pretending," Dr. Baugher said. "Secrets, they're tough to keep when you have some kind of relationship."

At the same time, Dr. Baugher said all employees should try to follow company policy on workplace dating, no matter how difficult.

"There are ethical issues. In

an ideal world, every company would have rules," Dr. Baugher said. "[At the same time] it's hard to say to people, 'I don't want you to be attracted to each other.'

"There's no way to say it's OK or not OK," Dr. Baugher said. "The question becomes how do you negotiate it?"

Dr. Baugher said he was unsure of how it could be negotiated, but he stressed the importance of keeping the work relationship and romantic relationship separate.

"You're supposed to be able to concentrate at work," Dr. Baugher said. "If you can't do that, then it's interfering with your ability to perform at work and that's a problem."

Several Highline students said they agreed.

"I don't think it's a good idea. It's easy to get off task. You're going to be socializing more," said student Ed Walugembe.

"[It is] not a good idea because it could create a lot of extra baggage that shouldn't be in the workplace," Mike Nakagomi said

"For nothing else, when you break up it could cause a lot of tension. ... Most of the time it goes OK, but if you end up with a bitter break up, that's a problem," Nathan McMann said.

"It's hell to go back to work with the guy you hate the most working in the cubical next to you," Adrienne Owens said.

While she has never dated a co-worker, Owens said she knows several people who have dated someone from work with poor results.

"I knew of a couple who met on the job and married on the job," Owens said. "They never had any time apart."

Owens said the couple eventually divorced.

Many students said, however, that they saw nothing wrong with dating in the workplace.

"I used to work with my husband. It worked out fine for me," Highline student Paula Mayfield said.

"It might be a support when you're stressed out," Mark Trinidad said.

"If I dated someone in the workplace, it seems like it would be no different trying to maintain a relationship," Blake Matthews said.

"If people aren't going to be silly about it, then I think it wouldn't be that different from friendship in the workplace," Lindi Whiteley said.

"I think it's a good idea. ...
I've had really hot co-workers,"
Claudine Wall said.

"Someone I've known has dated a co-worker and they're still together." Wall said.

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#### Funds

#### CONTINUED FROM PAGE A1

and a small amount of money to cover flyer printing costs to advertise the religious event.

The initial proposal was sent to Jodie Robinett, Student Programs clubs adviser, and shortly thereafter, it was denied.

After the first denial, Campus Crusade for Christ appealed to Jonathan Brown, associate dean of Student Programs, who also denied the appeal.

Campus Crusade for Christ has now appealed a second time to Tony Castro, dean of Student Services. They are currently awaiting a response.

In the response letter to Campus Crusade for Christ, Brown said, "We believe that we are not approving [Campus Crusade for Christ's] proposals for they are expressly requesting the use of Services and Activities Fee funding for the use of religious worship, exercise, and instruction.

"It is our view that we are prohibited from such expenditures as they violate Article one Section 11 of the Washington State Constitution."

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Dusty Wilson

Dusty Wilson, Campus Crusade club adviser, said that Highline's club is one chapter of an international Christian organization known as CRU.

He said that there may be a federal law, overruling the Washington State Constitution, which would allow Campus Crusade to obtain the funding for this event from Highline stu-

"My understanding is that the parent CRU feels that we are not interpreting the law correctly," said Brown.

Wilson explained that each club gets its own budget, but there are limitations as to how the clubs can spend their allotted money.

"Student Programs is looking at the content of the event and deciding whether it can be supported financially by S&A [Service and Activity] funds," said Wilson.

Every student pays S&A fees as part of tuition. This money goes to support a variety of nonclassroom campus activities, from athletics to the Thunder-

Wilson and Brown said that they have been working through this appeal process the best they can without having to pursue le-

"[Campus Crusade] is not in the business of lawsuits. We have a really good relationship with [Student Programs] and we are really trying to maintain that," Wilson said.

Wilson and Brown have both stressed that they hope to gain a more clear understanding of the law regarding this issue. They said that they are in collaboration to finding a solution to the funding problem.

"There is absolutely nothing personal in this," said Wilson.

"We all get along great," Brown said.

Although they were unable to obtain funding for the event

through S&A, Campus Crusade pressed on with their event on Tuesday.

"What was different is that it wasn't publicly advertised and we had to fund the food through fund-raised dollars," said Wil-

Wilson added that the event went well and that it was the group's biggest of the year.

"We talked about what it means to keep the faith over the summer, then afterwards, we threw some boomerangs," said

#### Dean is listening

#### By Fereshta Noman staff reporter

Highline students will soon have the opportunity to speak with the Dean of Students Toni Castro about any issues and suggestions for the school.

Castro began the event Lunch with the Dean, an opportunity for students to speak with her about any problems concerning the campus.

The idea for the luncheon came about when students voiced their concerns and approached Castro with questions, and she thought it would be easier to set up a regular meeting for students to get in contact

"I had the opportunity to attend the Legislative Academy in Olympia earlier this year with student government," Cast said. "At that time, students expressed interest in meeting with me on a more consistent basis, and therefore I suggested quarterly lunches with the dean of students."

Castro said the purpose of the lunch is for students to explain their concerns and get feedback from the Dean.

Castro said Highline students are encouraged to ask questions and make suggestions about how the campus and education can be improved.

Lunch with the Dean will continue in the near future, but a firm date has not been set.

"I've only held one meeting thus far and will plan another for fall quarter," Castro said.



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