

Board Chairwoman Karen Vander Ark resigns

By Carrie Draeger Staff Reporter

Board of Trustees Chair-

Vander Ark resigned in a let-

woman Karen Vander Ark re-

signed unexpectedly last week.

ter to Gov. Christine Gregoire

without comment. She declined

an interview.

Vander Ark was appointed to the Board in 2005 and has served as the Board chairwoman for the past year. Her term was to run until 2010.

"The immediate impact of Karen Vander Ark's resignation is the loss of her experience,"

said Trustee Mike Regeimbal, who is slated to become the next Board chairman.

As chairwoman, Vander Ark not only was in charge of running board meetings, but held additional responsibilities in dealing with the media and surrounding community.

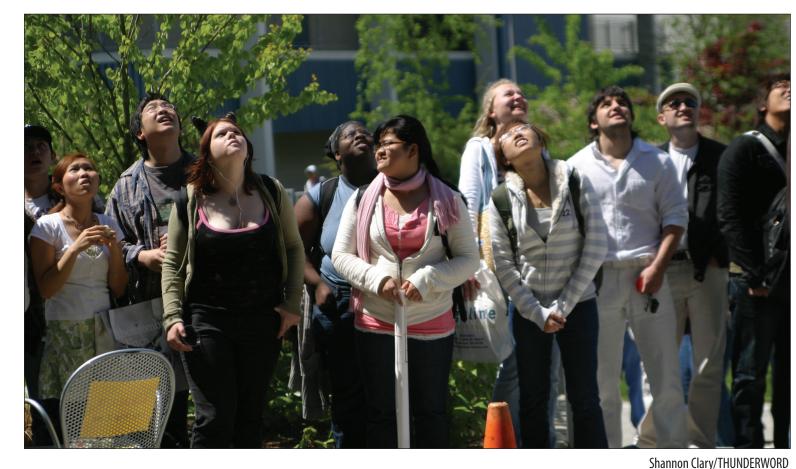
The biggest challenge of Vander Ark's tenure as a trustee was the process of hiring a president after the firing of Dr. Priscilla Bell in November of 2006.

"It was Ms. Vander Ark's leadership which steered the Board of Trustees during the presidential search process culminating in the appointment of Dr. (Jack) Bermingham as the president of Highline," said Regeimbal.

"The Trustees appreciate the endless hours of commitment

See Vander Ark/P16

What dropped first, the chicken or the egg?



Students wait anxiously for the next egg contraption to be dropped. Many eggs ended up broken, as with the box below.

First-ever Egg Drop cracks up the competition

Staff member overcomes adversity

By Shannon Clary Staff Reporter

Second in a series.

Karen Spaulding never imagined she would end up homeless

She was raised in a household with a steady income, and she received everything she ever needed, but when her husband lost his job working for a ship yard in 1990, her family was forced to find ways of surviving without a home.

There are an estimated 8,000 homeless people in King County. For almost four years starting in 1990 Spaulding and her fam-

By Nick Bare Staff Reporter

Students scrambled to the Student Union for Highline's first Egg Drop, sponsored by the Society of Women Engineers last Thursday.

Students had to construct a contraption no larger than 12 inches x 12 inches x 12 inches and could hold up to five eggs.

Scoring was based on the number of crack-free eggs divided by the contraptions pre-drop weight in pounds including the eggs.

The top three winners received Starbucks gift cards.

Overall, 26 contraptions were entered into the contest ranging from jars of peanut butter to a stuffed animal filled with eggs. Both of these contraptions laid an egg, as



the eggs cracked all over the pavement.

"It had no air resistance and it smashed harder than the rest," said student Kory

Farrell, who tried the jar of peanut butter method.

After he saw the destruction of his egg, he realized what he should have done differently.

"I should have added some cotton, maybe some propellers. Anything but what I did," Farrell said.

The winners created a contraption made of poster board, filled with cotton and small balloons to separate the eggs. They also lined the outside with balloons and attached a parachute for some air resistance. "We went for the clown look," said

Kelly Crumb, one of the winning students. "We used lots of cotton and balloons for

shock absorbers," she added.

See Egg Drop/ P16



ment services assistant.

as

Finding shelters for her family was hard for Spaulding and her family. Many shelters they went to were for women and children only. Spaulding had two young daughters and a 12-year-old son. They were turned down from shelters because of her husband and son.

See Homeless / P15

Campus Life

The Thunderword / May 22, 2008

CSI: Highline

Juveniles mark their territory on Library

Three males, 16-21 years old, were witnessed by an instructor urinating on the east side of the Library on May 20.

Security was notified and made contact with one of the suspects inside the Library.

The suspect stated that he had not been with the other two and did not urinate on the Library.

He also stated he was a Mt. Rainier High School student.

The student did not have any identification. Security escorted him out with his sister to their vehicle where they left.

The other two suspects had departed toward the bus stop and were unable to be contacted.

Car radio thief on the loose

A Highline student's car was broken into on May 15.

The rear driver's side window of his vehicle was smashed in. The radio deck and subwoofer had been stolen.

Security was notified and a report was taken.

Students pull all-nighter

Two males were seen sitting outside Building 8 near the main entrance on May 18 at 11:10 p.m.

Upon questioning, the two stated that they were using the wireless internet from Building 8 to take a test the was due by midnight.

Security let them know that they needed to leave as soon as they were done.

No cause for alarm

Building 6 was emptied on May 21 for a surprise fire drill. This drill was unknown to ev-



Tutoring Center changes location and look

The Tutoring Center will be in a different building today and tomorrow, due to the arrival of new furniture.

The new location of the Tutoring Center will be in Building 2. The hours are today from 8 a.m. to 4 p.m., and Friday from 8 a.m. to noon.

The Math Resource Center resources will not be available during these times.

Rock the Highline vote

Voting for Student Government president and vice president will continue until 5 p.m. today.

Voting is being done on-line at www.highline.edu/home.

Look for "Student Government Elections" in red letters and click on "Vote."

The Candidates trying to earn your vote for president are Lance Frank, David Ganett and Melissa Smith.

The vice president candidates are Ernie Hogan, Kelli Tracey and Yen Nguyen.

The results will be posted online Friday, May 23 at noon.

All students registered for classes Spring Quarter are eligible to vote.

Uncover confusing artwork

Science Seminar explores the art of M.C. Escher this week. Escher is an artist who uses non-euclidean geometry.

Non-euclidean geometry is a type of geometry that physicists



Shannon Clary/THUNDERWORD

Todd Zimberg, Highline evening music instructor, conducted his high school band from Seattle Academy for Highline audiences.

use to describe space-time.

This seminar is presented by Ed Morris, who has spent many years trying to understand Escher's artwork.

This is the third seminar with Morris; the other two discussed Escher's earlier works and how they progressed overtime to become more complex and complicated.

Science Seminar will be on Friday, from 2:20-3:10 in Building 3, room 102.

Book club meets once more

The final Underground Book Club meeting will be on May 29.

The book club is being presented by the Inter-Cultural Center.

This quarter the book was *The Man Who Fell in Love with the Moon*, by Tom Spanbauer.

The final meeting includes the last discussion of the book, a potluck, and music.

Bring your favorite food and your copy of the book.

The meeting will be from 12:30-1:30 p.m. in Building 6, room 164.

Assess your writing skills

Grammar and Writing workshops continue today and next week. The "Semicolon, Colon, and Dashes - Oh My!" workshop is today.

Learn when and how to use these punctuation marks.

Semicolons, colons and dashes are often overlooked by writers, but using them correctly can spice up dull essays.

This workshop will be in Building 26, room 319.

The "Self Assessment and Writing Portfolio Cover Letter" workshop will be held on three days next week.

This workshop is geared toward the Writing 101, 91 and 98 classes. Learn how to analyze your writing and receive helpful cover-letter tips and advice.

Bring the drafts of essays you want to put in your writing portfolio to get the most out of this workshop.

Love your body and self

Receive advice and resources at the next three Counseling and

Career Resource Center workshop.

The "Living with Chronic Illness" workshop will be presented by Gloria Rose Koepping, faculty counselor and psychologist.

Learn how to build a support group for yourself in order to avoid burning out your family.

This workshop will be on May 27 from 11 a.m. to noon in Building 8, Mt. Skokomish.

Thressa Alston, faculty counselor, will lead the "Battling our Bodies: 20 Ways to Love your Body" workshop.

Dive into the real reasons you have body image issues and learn how to accept yourself despite unrealistic body images in the media.

This workshop is on May 29 from 11 a.m. to 1 p.m. in Building 8, Mt. Skokomish.

Also on May 29 is the "Utilizing the Career Collection in the Library" workshop from noon to 1 p.m. in Building 25, room 316.

Thunderword wins big

Highline's newspaper, The Thunderword, and several of its staff members won awards from the Washington Community College Journalism Association last weekend.

The Thunderword won third place in general excellence.

The Thunderword staff winners include:

Carrie Draeger and James Bermingham, second place in news reporting; Jocie Olson, second place in feature reporting; Melody Ericksen, first place in illustration.



eryone except Security Supervisor Richard Noyer.

The students and staff who were in Building 6 stood outside in the front of the building, waiting for the it to be cleared.

"We do these (fire drills) twice a year for every building.

Then we do one once a year, usually during summer quarter, for the entire campus.

We do it then because it is just easier to control with less people," said Noyer.

"No one knows about them so that we can really see how well the staff and students will react in an emergency so that we know what we may need to improve on for the future," Noyer said.

-Compiled by Jason Baker



Visit the Tutoring Center: Building 26, Room 319

We strive to help students to achieve their college success.

Sign up for help in: Accounting/Business, Languages, Math, Science, Computers,Writing, and more subjects. Mon-Thurs 8:00am-7:30pm Friday 8:00am-1:00pm

We all need someone who inspires us to do better than we know how.

-- Anonymous

http://tutoring.highline.edu

summer quarter? Consider doing an internship! Visit Workforce Development Services on the 2nd floor of Building 6 for more information.

STUDENT JOBS:

Multimedia Production Assistant 3714 ~ Part time

Formatting, proofing and layout for presentations, white papers, and web pages using PowerPoint, Keynote, Adobe, etc. Strong technical and computer skills. *Location: Seattle Wage: \$15-23 Hours: 15-25 flexible*

Paralegal-Bilingual in Spanish/English 3721 ~ Fulltime

Manage cases from the initial client intake through settlement or litigation, review and organize correspondence. Legal matters include preparing settlement demands; drafting pleadings; and communicating information to clients and third parties.

Location: Seattle Wage: \$25K-27K Hours: 37.5

For more information log on to interfase at: myinterfase.com/highline/student or visit Student Employment in Building 6.

Campus Life

By Katy Weythman Staff Reporter

Tanisha Williams came to Highline as a single mother with determination to make a better living for her and her kids.

Coming back to school was the first step for Williams, who is now the new coordinator of Highline's Outreach program.

Born and raised in Seattle with three sisters and two half brothers, Williams graduated from Renton High School in 1996.

"I don't remember having people come out to my high school to talk about college," Williams said. "I didn't have that push."

After high school Williams decided to move out of her mother's house and move in with two roommates.

"I was ready to get out of my mom's house right at 18," Williams said.

Working two jobs at Sears and Holiday Inn, Williams found her life changed when she had her first baby. Bobby was born in 2000 when Williams was 22 years old.

Two years later, Williams had a baby girl named Arrionna.

"I was having fun but after I had kids I was then responsible for other lives," Williams said.

At the time Williams was working in the BECU call center.

"I just knew I didn't want to be in a call center forever," Williams said. "I wanted to make a better living for me and my kids."

Since her job would not adjust her hours for schooling, Williams decided to come to Highline as a full-time student.

While at Highline, Williams was also working on campus with WorkFirst. After one year Nancy Warren, the program manager for instruction, hired Williams as her office assistant.

Tanisha Williams sits in her office in the Outreach center. "I hired Tanisha because of her smile, enthusiasm and desire born in 2007.

to work on campus," Warren said. "She is incredibly positive and easy to laugh." Then, in 2005, Williams

graduated from Highline with a associate of applied science degree in Human Services.

"When I was working on campus I was in the middle of it [student life]," Williams said.

After working for Warren for one year, Williams applied for and won a position as as program assistant for Outreach.

"I didn't know about the program. It was totally new to me," Williams said.

The Outreach program let her help high school students get into college, Williams said, help she never had.

"I would get to talk to high school students about college and the importance of it," said Williams.

While working in the Out-

reach center Williams had her third child, a boy named Alijah

To add to her happiness Williams was then promoted to the Outreach program coordinator after being an assistant for three years.

"Nothing has changed but her title and duties," said Rashad Norris, director of the Outreach program.

As Outreach coordinator, Williams goes out into the community and recruits students to come to Highline through its Ambassador Program.

The Ambassador Program has three students as well as program staff who go out to high schools and middle schools to recruit students to come to Highline.

"I love to get a hold of those students who don't think they can do it [college], because they can," Williams said.

Once in the middle of cam-

Natasha Stephanchuk/ THUNDERWORD

pus, the Outreach center was moved to Building 99 located on Pacific Highway South, which is on the edge of campus.

"I miss being the part of a student," Williams said. "I miss the student life and when I was working I was in the middle of it."

Even though Outreach is on the edge of campus, "I'm totally excited with where I'm at," Williams said.

"And I definitely want to move up in time, but personally I need to go back to school again."

Williams misses student life and how faculty and staff affected her.

"I had instructors that I will never ever forget that helped me a lot when I was going to school and working here," Williams said.

"I was given opportunities that I thought I would never have."

New food service contract down to two finalists

The Thunderword / May 22, 2008

By Max Dubbeldam Staff Reporter

Two of the world's heavyweights in food distribution are the remaining finalists vying to get Highline's food contract.

The French company Sodexo (formerly Sodexho Alliance) and the British company Chartwells, which is a part of the larger Compass Group, are the two firms that are being considered.

Sodexo does business in 80 different countries at 29,000 sites all around the world.

Sodexo had a \$21 billion in revenue last year and the Compass Group had a \$20 billion in revenue.

The finalists were chosen on May 9 by Vice President for Administration Larry Yok after a committee that included people from all over the campus interviewed the companies.

"Larry interviewed the two firms," said Director of Facilities Pete Babington. "He's been checking all their references."

Babington said, however, that the decision concerning which firm has been chosen won't be public for a while.

"It'd be inappropriate for the public to know before the companies have been formally told," said Babington.

Now they need to agree on and sign a contract with the vendor, which will take affect Aug.1

Babington said that they're planning hard to make sure that the transition between the current vendor and the new vendor will be as smooth as possible.

"The scheduling of events won't stop. We've still got some scrambling to do," said Babington. "A lot of the behind- the-scenes stuff still has to happen."

Traffic jams will continue along Pacific Highway South

Another week of delays is in store for Pacific Highway South in Federal Way.

Crews are pouring a new concrete sidewalk behind the new curb and gutter. Pouring will continue until Friday, May 30.

Property restoration work has resumed on the east side of the highway. The work will begin at My Lan restaurant and proceed northward for the foreseeable future.

Drivers should expect daytime delays throughout the week.

Late-night commuters will

also have s o m e trouble spots this

week.

Crews will close one lane

of eastbound and westbound State Route 518 from State Route 99 to I-5 from 10 p.m. to 5 a.m. each night for bridge work. Flaggers will direct traffic on 42nd Street as needed.

Two lanes of northbound I-405 between I-5 and State Route 167 will be closed from 11:59 p.m. to 5 a.m. to install



signage.

Crews will also conduct a rolling slowdown on northbound I-405 between SR 167 and I-5 at 2:30 a.m. to install an overhead sign over northbound I-405.

Crews will close the onramp from South 43rd Street to northbound SR 167 from 10 p.m. Thursday to 5 a.m. Friday morning for paving. The paving will also take place on the southbound side of SR 167.

Eastbound State Route 18 at SR 167 will be closed from 10 p.m. Thursday to 5 a.m. Friday for striping and electrical work.

Eastbound SR 18 traffic will be detoured onto the eastbound collector-distributer line during the closure.

Two lanes of southbound SR 167 between I-405 and SR 167 will be closed from 8 p.m. Thursday to 5 a.m. Friday for roadway widening work.

Flaggers will intermittently control traffic in both directions on Benson Road, one-half mile south of the Main Street/Grady Way intersection, from 9 a.m. to 2 p.m. Thursday and Friday night to accommodate construction equipment entering and leaving the site.

Babington said that every time a change like this happens, people will be optimistic for a good outcome.

"The two finalists have served a lot of higher education institutes," said Babington. "They are more than capable of addressing Highline's needs."

Babington said that the ability of the two firms to be selfsustainable, their diversity policies, and the variety of foods that they can serve are the main reasons that they are the finalists. He added that their resources and expertise also played a part in the decision.

"They bring with them a vast amount of experience," said Babington. "They've done anything and everything we'd want them to do."

Opinion

The Thunderword / May 22, 2008

Editorial comment Shed light in midst of Asian storm

The world has recently been overcome with grief by the wake of destruction left behind by cyclone Nargis in Myanmar and the Sichuan earthquake. Although massive numbers of lives have been lost, there are things people can do to help the survivors.

Advances in technology over the years have lulled human beings into a false sense of security when it comes to opposing Mother Nature. Radar and seismic activity tracking systems leave us wondering why natural catastrophe can't be avoided in this day and age. What we find is that the natural world is still far too powerful and unpredictable to be controlled. This has been proven multiple times in recent years by the destruction of hurricane Katrina and the Asian Tsunami of 2004.

These terrible occurrences do have positive aspects, however. People from around the globe are pulling together to help deliver aid to the people of China and Myanmar (Burma). Although China has been open to accepting foreign aid, it has been a difficult process persuading the military government of Myanmar to do the same. Myanmar is very distrustful of outsiders, particularly Westerners, for fear of losing power. After several weeks of allowing little to no outside help, Myanmar finally agreed to receive help from the Association of Southeast Asian Nations on Monday. May 19. Many organizations are currently coordinating relief funds and taking donations for both disasters.

Unfortunately, there are always those who would seek to take advantage of kind, generous people. Spammers have been sending false e-mails and cell phone text messages claiming to promote disaster relief. These messages direct the donator to a website appearing to be a legitimate relief agency, but will send their donation to a fraudulent account. To stay clear of scams, a person wishing to donate to relief efforts can go to his or her local Red Cross or visit www.redcross.org. There are also a number of legitimate organizations that can be found at http://seattletimes.nwsource.com/html/ nationworld/2004426790 webchinahelp.html.

China has been working with many relief organizations since the earthquake and putting individuals' donations into action. Myanmar has just recently opened their borders to aid from neighboring countries, and the process is not cut and dry. It is important for donators to go to trusted relief agencies to ensure the money actually reaches the Southeast Asian countries coordinating the efforts. We would encourage those who would like to help with the relief efforts to visit the web sites listed and decide which organization they are most comfortable donating to.

Staff

"Nobody says anything interesting in here anymore."

Editor-in-Chief	Nick Bare
Managing Editor	Shannon Clary
Assistant Editor	Carrie Draeger
News Editor	Max Dubbeldam
Arts Editor	Satori Johnson
Sports Editor	Maxx Shelley
Opinion Editor	Nathan Brown
Graphics Editors	Charlie Dubbeldam, Alice Moon
Photo Editor	Now hiring



Enrich your life by studying abroad

Here are five reasons why everyone should study abroad.

1. Change your life! You will return home with new ideas and new perceptions. It may challenge you to reconsider your own beliefs.

It will also give you a chance to see your own culture through new eyes. Being immersed in an entirely new cultural setting is challenging, but also exciting. It's an opportunity to discover new strengths and abilities.

2. Expand your world view! It will give you a chance to learn about another culture firsthand.

Students who study abroad return home with an informed and much less biased perspective toward other cultures and peoples.

While studying abroad, you will meet locals, as well as other international students who are doing the same as you.

3. Improve your job opportunities! To an employer, a student who has studied abroad tends to be self-motivated, independent, willing to embrace challenges, and better able to cope with diverse problems and situations.

Commentary



Fran Clark

Your experience living and studying in a foreign country, negotiating another culture and acquiring another language will set you apart from the majority of other job applicants.

Human Resources personnel believe that study abroad experiences produce valuable interpersonal skills, which are ranked as the most important ability in job candidates.

4. Break out of your academic routine! Study abroad is likely to be much different than what you are used to doing as a student.

You may become familiar with an entirely new academic system. It's also a great opportunity to break out of the monotony of the routine you follow quarter after quarter.

5. Enrich your educational opportunities! A study abroad experience will enrich any college or university admissions application and will show academic institutions that you are able to think and act in a global manner.

If you still need proof, just ask one of the many international students on our campus and see what they have to say about studying in another country.

Highline Community College is currently offering study abroad opportunities in London for fall quarter and Costa Rica for winter quarter.

For more information, please contact, Fran Clark, Study Abroad Adviser at fclark@ highline.edu or 206-878-3710, ext. 3610.

Fran Clark is the Library circulation director at Highline.



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Nothing epitomizes summer more than cooking on the grill. However, grilling can be very confusing: Gas or charcoal? High heat or low heat? When should you flip? When do you apply barbeque sauce? Marinades or dry rubs? And most importantly, what to grill?

•Let's start with the grill itself: gas or charcoal?

It really depends on how much you like the smoky char-



coal flavor in your food. Charcoal grills are cheaper but more difficult to light and keep at a steady temperature. However, they burn hot and are great for picnics and camping due to their portability. Avoid self-igniting briquettes as they tend to give food a petroleum-like flavor.

Gas grills are easy to light and produce reliable results. They burn hot enough to make the desirable char marks on the food and generally cook food evenly. You can easily control the temperature and then turn the grill off when you are finished.

•High heat or low heat?

The heat level generally depends on the type of food you are cooking.

High heat is necessary for searing the exterior of most grilled foods. But if you are cooking a thick cut of meat such as a bone-in chicken

Grilling checklist

1. Long handled, springloaded tongs

Summer weather means it's time to

Fire up the Grill

breast, you would want to start it on high heat to create the sear, then move it to a higher rack or turn the heat down to low for the remainder of the cooking time. Otherwise the outside will be completely charred by the time the center is cooked through.

•To flip or not to flip?

Many people place their food on the grill and immediately start moving it around and flipping it frequently. Frequent flipping actually lowers the temperature of the food and also prevents a proper sear.

Letting the food get a nice sear over high heat creates more intense flavor and also helps prevent sticking. The secret is turning only when necessary.

As a general rule, wipe the grill with oil, get it very hot, place the item on the grill and flip it just once, halfway through the cooking time.

And be sure to place the presentation side down first on the grill in order to take advantage of the initial heat which will guarantee nice grill marks. Steaks and chicken are best if marinated overnight, while fish should not be marinated more than an hour. Marinade can break down fish and turn it mushy if marinated too long.

For dry rubs, coat the food with olive oil, then apply the rub and allow it to sit for five to 10 minutes.

Typical marinade ingredients include oils, vinegar, wine, citrus juices, Worcestershire sauce, soy sauce and hot sauces, in combination with onion and/ or garlic, herbs and spices.

Dry rubs can include any and all dry spices you can think of. I like the combination of salt, pepper, paprika, cayenne pepper, garlic powder, onion powder and thyme.

•What to grill?

You can grill just about anything, including beef, pork, poultry, fish, shellfish, vegetables and fruit.

The best meats for grilling are the most tender, since grilling is a fast-cooking process that stick to the grill. Lean fish can also be grilled, but you need to brush them liberally with oil to keep them from sticking. And be sure to always remove fish from the grill as soon as it is just done in order to retain the moisture.

Shellfish, including crab, scallops, clams and shrimp, can come off the grill spectacularly. Timing is critical. If you overcook shellfish, it will be tough and rubbery.

To get the benefits of grilling, shellfish needs to be exposed to direct heat and flame. Medium to high heat works best.

When grilling shrimp and prawns, remove the shell first. Very large shrimp or prawns can go directly on the grill, but you will want to skewer the smaller ones. Bamboo skewers work best as they hold better.

Scallops also can be skewered. Crabs can be cooked in the shell.

Baste them with a sauce, such as teriyaki, while they are grilling. Remove from the grill as soon as the flesh turns pink. Clams need only to be washed in cold water and put right on the grill. Close the lid and wait for the clam shells to open. When they do, remove and serve with melted butter for dipping. Oysters grill up just like clams with one exception. Remove the top half of the shell and grill the oysters cup-side down to hold in the juices. Serve these splashed with a couple drops of Tabasco sauce. Vegetables such as asparagus, summer squash, mushrooms, onions, peppers, tomatoes and eggplant are perfectly suited for the grill. Toss them in a flavorful seasoned oil prior to grilling.

Easy Steak Marinade:

1/3 cup red wine vinegar 2 tablespoons balsamic vinegar $\frac{1}{2}$ cup low sodium soy sauce 2 tablespoons Worcestershire sauce ¹/₂ cup vegetable oil 2 tablespoons fresh lemon juice 2 tablespoons Dijon mustard 3 cloves garlic, finely minced tablespoon freshly 1 ground coarse black pepper 1 teaspoon dried Italian seasoning

Combine all ingredients. Marinate beef for at least 1 and up to 24 hours prior to grilling.

Fruits can also be successfully grilled, with delicious results. Firm fruits such as pineapple, pears and apples work especially well on the grill. Softer fruits such as peaches, papaya, bananas and mangos cook quickly and need only to be heated, not cooked. If overcooked, these softer fruits will become mushy.

With most of these fruits, you can simply cut them in half lengthwise, removing any core and leaving the peels on. This helps hold them together on the grill. Large fruit should be cut in slices to expose more of the flesh to the flame.

First soak the fruit in enough cold water to cover, adding one teaspoon of lemon juice per cup of water in order to preserve the fruit color. Soaking the fruit keeps it juicy on the grill. You can also add alcohol such as rum and/or spices such as cinnamon, nutmeg, allspice cloves and ginger to the water to enhance the flavor.

A large spatula or two
 Hot pads or dish towels

4. Bamboo and metal skewers

 Spray bottle filled with water for flare-ups.
 Box of baking soda in case the fire gets out of

control

7. Extra propane or briquettes

8. Long handled lighter, if necessary

9. Wire-bristled brush to clean the grill10. Table for launching and landing the food

•What about sauce? Since barbeque sauce is high in sugar, it can burn easily. The general recommendation is to add it no sooner than the last 20 minutes of cooking.

You can marinate the food in barbeque sauce beforehand but be sure to remove all the excess before grilling. Then add more sauce toward the end or serve with extra sauce after grilling. •Wet marinades or dry rubs?

A marinade is a combination of liquids and spices while a dry rub is a mixture of dry ingredients. For tougher cuts of meat use a marinade as this will help tenderize the meat to some degree.

On tender foods you can use either.

doesn't allow time for tougher cuts to tenderize. Choose tender cuts of meat from the rib or loin. Slightly tougher cuts can be tenderized with an acidic marinade, and any pounded or chopped meat, such as hamburger, works great on the grill.

Chicken and poultry are also great for grilling. Leave the skin on the poultry if possible as this is delicious when cooked and will also retain moisture in the meat. Be extra vigilant when grilling boneless, skinless chicken breasts since they dry out quickly.

Fish is another excellent grilling option. Oily fish such as salmon, blue fish, mackerel and sardines are perfect for grilling since their oils naturally keep them moist and help them to not Let the fruit soak for 20 to 30 minutes. If necessary, add ice to keep the water cold.

Remove fruit from the water and pat dry. Spray lightly with cooking oil or brush with melted butter to prevent sticking to the grill. You can also add spices to the melted butter if you prefer.

Grill over medium heat on a clean cooking grate. If you have soaked the fruit in alcohol, stand back when the fruit hits the grill, as the rum will cause an immediate flare-up. Remove and serve immediately, preferably with vanilla ice cream.

6

Spring's one-acts take stage for year's finale

By Satori Johnson Staff Reporter

The Drama Department closed their curtains for the last time this school year on Saturday with the spring one-acts.

The one-acts were the perfect opportunity for student actors and student directors to exhibit their talent and hard work.

The show consisted of five plays ranging from 15 to 25 minutes. The directors included two Highline students, Mathew Hopkins and Erik Hanson, guest director Patrick Allcorn, and drama instructor Rick Lorig.

The night started with *Last Respects*, written by Collin Calvert and directed by Hanson, a comedy about secrets and lies that surface as an unusual group meets for a funeral.

With minimal set design, the script relied on the cast to bring it to life. Brenan Grant, who played Deadlock, took the story to the next level with his comic interpretation of the undertaker.

Also in the cast were: Ashlee Owen, who played Valerie; Jessica Richards, who played Brenda; Marlene Rodriguez, who played Mrs. Throgmorton; and Anton Sloboda, who played Henry Throgmorton.

There were some inconsistencies in the interpretation of the script.

One that is most apparent is the youthfulness of Mr. Throgmorton (Anton Sloboda), portrayed as a surfer-like playboy, who is married to a much older woman (Marlene Rodriguez) that would be more believable



Satori Johnson/THUNDERWORD

Brenan Grant (left), Jessica Richards (center) and Ashlee Owen (right) opened the night with the one -act play Last Respects.

as his grandmother.

The metaphorical story of *The Man Who Turned into a Stick* took the night in a different direction.

The plot involves a man who turns into a stick, which symbolizes his death and the complacent existence that was his life.

The play was a little confusing as first and its introspective message didn't flow with well the mood of the night. The actors however made the play quite enjoyable.

Advanced actors Jared Stratton and Sophia Villanueva did a

great job playing characters that represented "the cleaners" of the after world.

Tyler Arns played Hippie Boy, Kelsey Louvier played Hippie Girl, and Voice From Hell was Ngam Nguyen.

Christopher Durang's one-act play, *The Doctor Will See You Now*, was short and sweet – just as the one-acts should be.

Mr. Wilson, (Matthew Hopkins) visits his doctor because of allergy symptoms. Nurse Calliope (Cassie Vandel) and Dr. Murgatroyd (Brenan Grant) are convinced however that he has contracted a venereal disease

and proceeds to call everyone he knows to tell them the news.

The Singer (Sophia Villanueva), who waits in the doctor's office, periodically bursts into song almost as if she is on some Broadway stage. Villanueva made the role, which could have potentially become awkward, an opportunity to show her inner sultry diva.

Directed by Rick Lorig, the play reflected his theatrical expertise, and was one of the most enjoyable of the night.

All of the actors had immense talent for comedy and were convincing in their roles.

Buck Fever, written by Bill Bozzone, was the audience favorite. The play opens on two men (Danny Vogt and Anthony Keane) who have just returned to their cabin from a day of hunting. They learn that their wives have run away together and they try to come up with a plan for revenge.

The set design was the most elaborate for this play with two small beds and a fireplace.

The script may have been a brave choice for a student director to take on with sexual perversity and innuendo, but Mathew Hopkins put together a play that was fresh and confident.

The energy of Vogt and Keane complimented each other so well that they could make the audience believe that they would be sharing a couple beers that night as Ray and Ernie.

The character of Marsh was played by Michael Glenn, and the Girls were played by Renee Eddy and Megan Hopkins.

The night ended with a scifi tragedy *A Chalky White Substance*, written by Tennessee Williams and directed by Patrick Allcorn, a play about love and betrayal.

The entire play is a dialogue between alpha male and protector, Mark (Erik Hanson), and his meek and trusting lover, Luke (Mathew Hopkins).

Hopkins' portrayal of his pathetic and naïve character was so effective that the audience could connect with his pain and sympathize for his dismal end.

The play was important to show the versatility of the actors' talent, but the night shouldn't have ended with such a serious tone.

Although some audience members may have left the theater in a somber mood, in all the show was a great success.

Reco Cool heats up The Blend





Reco Mckenzie Jackson performed at yesterday's Blend with his group, The Legion.

The Blend is a bi-monthly music event hosted by Student Programs. Previous guests have included Island Bound and Good Company,

The group includes Joe Schmoe, J Santos and Reco, who also goes by Galactus Jack.

The band supported Recos rap with drums and guitar instrumentals. Their music could be described as hip-hop with elements of old school and new school.

"My music is a spaceship to the people of my commuShannon Clary/THUNDERWORD *Reco Cool performed with the Legion on Wednesday.*

nity, so when you listen you get to get away," Cool said. Jah Breeze will be performing the Blend show will be on May 28, from 10:30-12:30 at the Bistro.

Jah Breeze to stir up next Blend

By McKinzi Mortensen Staff Reporter

The Blend is going into the roots of African culture next week on Wednesday, May 28.

The Blend is an ongoing free concert series featuring local artists performing live at Highline. This event takes place every other Wednesday at the Highline Bistro in Building 8.

Jah Breeze is an international musician and percussionist from Guyana, the only English-speaking country in South America.

A talented musician and teacher, Breeze has performed world-wide, sharing his roots and talent on the drums.

His teachers are world renowned master drummers from West Africa, including the late Babatunde Olatunji, a Nigerian Yoruba priest known for his CD, *Drums of Passion*.

Jah Breeze Rhythms is an organization led by Breeze that provides African drum workshops and instruction all over his community.

Breeze will bring his talent to Highline with his original compositions as he performs unique Reggae music which reflects his heritage and culture.

Breeze will be performing as a soloist live in the Bistro, Wednesday, May 28 from 10:30 - 12:30 p.m.



Arcturus to showcase Highline's artists

By Elize Papineau Staff Reporter

The work of four Highline students to gather stories of journeys will culminate in the release of Arcturus on June 5.

Arcturus is Highline's annual literary magazine. It is released every year in spring quarter. The magazine is a compilation of work from anyone affiliated with Highline, from faculty to alumni.

Writing instructor Sharon Hashimoto oversees the publication. This year's editors are Rochelle Adams, Charles Gunn, Janet Cook and Sam Boyd.

The four editors have met every Tuesday and Thursday since Winter Quarter to put together this year's Arcturus.

For 2008, the theme is journeys. The goal of the magazine is to entertain and promote the work that people have done at Highline, said the editors.

"More particularly written artists," Hashimoto said.

Potential pieces for Arcturus have been submitted to Hashimoto over the last year.

"Some writing classes require you to submit work to Arcturus," Adams said.

To choose the content, the editors received the work with the names removed. They were chosen "very painstakingly," Cook said.

From the 300 submissions, each was individually ranked. From there, the editors made three rounds of cuts to come up with the final roster.

"It was hard because we only had 80 pages to fill, but over 300 submissions," Boyd said.

The editors are required to complete Writing 151 prior to taking Writing 225, the class in which they edit the magazine. They are approved by Hashimoto.

The editors for *Arcturus* are "groomed from more advanced writing classes," Boyd said.



Satori Johnson / THUNDERWORD Sharon Hashimoto (left), Janet Cook, and Charles Gunn gather to discuss the Arcturus lauch party.

Arcturus was printed on Highline's campus. The editors worked with the graphic art department and the printing department to produce this issue. It was difficult to incorporate their visions, the editors said.

One piece of work that made it into this year's Arcturus is *Calvin and Hobbes' Microspace Adventures of the Heart* by Student Government President Steve Simpkins.

"It's a story about a red blood cell that travels through a human from the point of view of Calvin and Hobbes," Simpkins said.

Simpkins said he submitted his work because Janet Cook is in one of his classes and literature instructor Rosemary Adang also suggested he submit.

"I'm excited, I'm happy," Simpkins said. "I didn't realize there were so many entries and so few got chosen. I'm honored."

He chose to submit this paper

because it's related to the field he's studying, he said.

Two other pieces from *Arcturus* were featured in the Highline Art Gallery in the month of April.

When writing instructor Susan Rich requested student work for the exhibit, the editors offered up their two favorites: Busy Fingers by Eric Ngor, and So You Will Want to be Dinner for Alligators by Deborah Hansen.

You're going to be able to laugh, to cry, to cringe and be a little grossed out, the editors said of this issue.

Hashimoto urges more people to submit to the magazine. If your work didn't make it this year, try again next year, she said.

"Every year the theme, the look, everybody changes," Hashimoto said.

To celebrate the publication, there will be two readings by



the authors and the editors on June 5. Both will be in Building 2 at noon, and 7:30 p.m. There will be free food and drinks.

Copies of Arcturus are available for free at the readings.

If you can't make it June 5, Arcturus will also be available in the bookstore for \$5.



Jah Breeze

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()uestions?

Contact Tarisa Matsumoto-Maxfield at tmatsumo@highline.edu



A festíve start to spring

The sun was shining on Highline's 11th annual Spring Festival last Friday.

Highline students along with students from local high schools and junior highs had the opportunity to meet with prospective employers and learn about Highline's professional and technical degrees and certificates.

Students also had the chance to meet with about 30 colleges and universities, along with attending several workshops that were college- and career-related.







Shannon Clary/THUNDERWORD

A lunch was served outside of Building 8. The fun included games, activities and music. A students shows his dance moves, top left, as Noory Kim, top, gets ready to hand out balloons to visitors. Another student, above, tries his hand at the inflatable batting cage, while others ponder the physics of Frisbee, right. Students gather for lunch on one side of the Student Union, below left, while an artist sketches a student, below right.





Lisa Visintin/THUNDERWORD Highline softball players, above, cool off in the sprinklers before playing Chemeketa. Coaches Gus Hall and Anne Schmidt, right, discuss strategy before the T-Birds' second game.

Tourney time: Hot day, cold bats

Temperatures in the mid-90s scorch softball team

PORTLAND - The heat and good opposing pitching got to Highline hitters this weekend at the NWAACC tournament in Portland.

Temperatures reached 96 degrees, beating down on the T-Birds, who lost two games, to Olympic 6-2 and to Chemeketa 2-1, on Friday.

"Everybody had to play in the heat," said Anne Schmidt, Highline's head coach. "You just had to suck it up."



Sixteen teams from four divisions across Washington and northern Oregon spent three days sweating out the heat, hoping to bring home some hardware.

The sweltering heat didn't hamper defending champ Lower Columbia, who won the tournament for an astonishing third year in a row.

The Red Devils cruised to their ninth championship in 10 years, beating No. 1-ranked Mt. Hood in the championship game 7-5.



Sophomores Lexi Nichols and Caitlyn Ratcliffe, below left, try to fend off the heat between games. Carrie Crookshank, below center, fires a pitch against Chemeketa. Deisha Pico, below right, waits for the start of the T-Birds' second game. Ashley Carey, above, guns down a base runner.







10

After a promising season, T-Birds are sent home

By Maxx Shelley Staff Reporter

After a winning season the T-Birds got a taste of their own thunderous medicine and were struck down in their only two games at this year's NWAACC tournament.

Highline lost to both Olympic (6-2) and Chemeketa (2-1) in the first day of the tournament.

Olympic went on to place third in the tournament behind second place Mt. Hood and first place Lower Columbia.

Had Olympic defeated Mt. Hood they would have faced Lower Columbia in the championship game.

Lower Columbia beat Mt. Hood in a 7-5 victory that all came down to the ninth inning.

"They always seem to pull it off," Highline sophomore catcher Ashley Carey said of Lower Columbia's victory.

Lower Columbia has won nine out of 10 of the last NWAACC championships all under the guidance of Coach Tim Mackin.

"There's a lot of talent outside our division," Carey said. "When we play our best we're one of the best teams but over the weekend I think the team was just a little shell-shocked."

Coach Schmidt had been stressing to the players that they need to be quick when adjusting to pitchers.

"I told the players before the tournament that we need to adjust to the pitchers early," Highline Head Coach Anne Schmidt said. "We didn't do that and it showed."

"It takes an experienced player to adjust to a pitcher every time they step onto the field and I think that's where our inexperience showed a lot," Carey said.

Olympic pitcher Erika Quint ing s was able to keep the T-Birds stop in hitless until the top of the fifth when sophomore Carrie Drae-

ger blooped an opposite field single into left-centerfield.

"Their (Olympic's) pitcher is very talented," Coach Schmidt said. "They're just an average team and she carried them through the tournament."

Quint was selected to play on the 2008 NWAACC Softball All-Tournament Team for her quality pitching during the tournament.

"Defensively we played well, we kept them off the bases for most of the game," Coach Schmidt said.

And off the bases is where Olympic stayed until about the bottom of the fifth inning when the unfortunate happened.

With runners on first and second, Highline third baseman Jacklyn Wills made a fielding error on a bunt, loading the bases for Olympic.

The next batter, Megan Kreiteus, sent the 1-1 offering from Chaet over the right field fence for a grand slam.

"It was a nice hit but was killer because we were playing so well," Highline shortstop Kayla Leliefeld said of the grand slam. Hoping to change the rhythm of the game, the T-Birds switched pitchers from Chaet to Carrie Crookshank.

Crookshank finished the game admirably, allowing only a two-run home run, hit by Natalie PeaPea, during the bottom of the sixth inning.

Highline scored its first run of the game in the top of the seventh when Jaclyn Wills singled in Shanna Shepard from second base.

Wills advanced to third on the throwing error by Olympic's left fielder, and sophomore first baseman Carrie Draeger was able to push her across the plate with a sharp ground out to the shortstop.

Highline had a total of three hits and one error, while Olympic had 10 hits and one error.

Highline catcher Ashley Carey threw out a couple base runners attempting to steal, including a runner trying to steal third as well as a runner trying to steal second.

After losing to Olympic Highline went on to play Chemeketa, who was coming off of a 5-4 loss to Wenatchee Valley. when a routine ground ball was hit to short stop Kayla Leliefeld.

The inning should have been over and Chemeketa shouldn't have scored the run but the umpire failed to call interference on a Chemeketa base runner when she ran into Leliefeld.

"The ump told me 'I thought she could have made the play'," Coach Schmidt said.

"It was upsetting to me that the play wasn't called," Leliefeld said about the ump's failure to call the interference. "That's an automatic out and the ump should have called that."

Chemeketa scored their second run on a squeeze bunt which followed a double and an advance on a hit.

Crookshank threw a wobbly pitch back to the catcher that should have prevented the run from being scored but it didn't

reach home soon enough.

"If it was a better toss we would have tagged her out," Coach Schmidt said.

Deisha Pico played exceptionally well during game two.

She hit a triple during the top of the third and a double during the top of the fifth.

Coach Schmidt had Pico on second during the game and said she played the position quite well.

"Deisha played really well during the tournament," Coach Schmidt said.

Pico caught a fly ball taking out a base runner sprinting towards second as well as the hitter who was in hot pursuit toward first, making it a double play.

"I think the team was tired," Carey said. "It was a long season and two games comes at you really fast at NWAACCs."



1 Visit.



Highline's Michaela Hector catches a line drive in the T-Birds' game against Olynpic at this year's NWAACC tournament in Portland

Chemeketa scored the first to change the run during the second inning

T-Birds enjoy strong season despite quick exit

By Stephen Marcum Staff Reporter

Despite an early exit from the NWAAC Tournament the Lady T-Birds had a very successful season.

It all came down to the last week of the season as Highline played South Puget Sound at home. Highline won game one 2-0 and were only a game back of South Puget Sound with one to play.

Highline was 20-9 and South Puget Sound was 21-8. The

Lady T-Birds went up early 2-0 in game two, but Highline committed three errors in the fifth which led to three unearned runs by South Puget Sound.

South Puget Sound ended up winning 3-2 and clinched second in the West. Highline let their chance at second slip away.

"We psyched ourselves out after the first two games against South Puget Sound," freshmen pitcher Carrie Crookshank.

Pierce and South Puget Sound, No. 1 and 2 respectfully, had the T-Birds' number this year. Highline was 3-9 against the top two teams in the West Division of the NWAACC.

The Lady T-Birds finished the season 20-9 and finished third in the West Division of the NWAACC.

It helped that Highline dominated the other three teams in the West Division. The Lady T-Birds went a combined 17-1 against Centralia, Green River, and Grays Harbor.

See Softball Recap / P11

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New track coach hopes to get track program back on its feet

By Maxx Shelley Staff Reporter

Josh Baker will be in full sprint from here on out as he is now the newly appointed distance track and cross country coach for both the men and the women.

Highline Athletic Director John Dunn hired Baker after a number of recent interviews for the position fell through.

Baker is not only a full-time physical education instructor here at Highline, specializing in personal fitness training, but he's also an assistant Highline men's basketball coach.

Baker was hired this week to take control of the distance and cross country program that has been in a downward spiral ever since last year when former coach Christina Loehr resigned two days before the season began.

Dunn said that Baker will be a great fit for the program and should take it in a positiv,e direction.

"There is no question that Josh and his staff will bring Highline College's running program back to the level that it once was," Dunn said. "This is a very positive step for the future of the cross country and distance track program."

Baker earned his undergrad-



Josh Baker is the new distance track and cross country coach.

uate degree at Brigham Young University, and then continued at BYU to get his master's degree in physical education.

He has certifications in strength and conditioning and is a certified personal trainer.

"I love coaching, training, and working hard," Baker said. "It's going to be a fun challenge stepping into this area. It'll complement my achievements in coaching basketball and physical fitness training."

Baker will continue to be the assistant coach for the men's basketball team regardless of his rigorous schedule.

"I will continue to coach the basketball team, but will slightly reduce the number of my responsibilities," Baker said.

Baker said that he had talked to the other basketball coaches and they were all very supportive of his decision to step up and take control of the faltering program.

"Before there were any talks of me even accepting this job, I had spoke to basketball coaches and they were all supportive," Baker said.

With a number of students on campus already expressing interest in joining the team, as well as two letters of intent that are being sent out to high school track runners, Baker said that the program is already well on its way.

"The boys' team is coming along nicely Carrie Draeger/THUNDERWORD but we only have one girl so far," Baker

> said. "We've only been recruiting for two days though so we're still in good shape."

> With the school year coming to an end, Baker said that he and his team have to act quickly in order to recruit high school runners for next year.

> "We only have a few weeks left to try and sign some high school runners, so we're going to have to contact people really

quickly," Baker said.

Baker said that he's not sure this program will ever flourish into the full-fledge track program it once was.

"My main job is to get the distance and cross country teams together as soon as possible. The decision to add sprinting or throwing events will be up to the administration," Baker said.

Baker takes pride in helping to improve the individual skills of each one one of his athletes.

"As long as you take interest in an athlete and care, they'll be more accepting of you," Baker said. "They don't care what you know, until they know you care. I think that goes for any age, any gender, and any sport."

Baker said he is excited for this project and is hoping to see a lot of people turn out for next season. He promises it to be a fun and exciting experience.

"With the repetitive nature of running, you've got to keep it interesting; you have to mix it up. That's why I'll be taking my runners to places like the Cascades to train and get fit," Baker said. "My goal is to master the balance of working hard and having fun."

If you are interested in joining the team you can contact Coach Baker at 206-878-3710 ext. 3997.

Softball recap **Continued From Page 10**

Outstanding pitching and excellent hitting are to thank for the dominance of these teams. Centralia could only muster one run the whole season against freshman pitchers Cara Chaet and Carrie Crookshank. Highline outscored Centralia 41-1 in the six game season sweep.

Pitching was great and hitting was awesome by Highline as they outscored Green River 57-6 in the six games they played. Highline won all six games this season. Grays Harbor was a little more difficult as they scored 17 runs in the six games as Highline went 5-1 and outscored the Chokers 41-17.

team leading 32 walks.

Sophomore outfielder Caitlyn Ratcliffe had a .294 average and 13 RBIs.

This young team played very well, and has good team chemistry on and off the field. The Lady T-Birds had a .327 batting average as a team and accumulated 447 hits.

"At the beginning of the season I didn't get along with a few people, because our personalities clashed. Now I get along with everybody and we do things outside of softball," said Crookshank.

Freshman shortstop Kayla Leliefeld led the team with an outstanding .387 batting average and 60 hits. She also led the team with 35 RBIs.

"We had a pretty good season, we have a lot of freshmen and I think we played really well for a young team," said Leliefeld.

Alea Litvinenko, freshman outfielder, was a near second with a .361 batting average. She knocked in 29 runs to go along with 16 doubles.

Both freshmen pitchers pitched exceptionally in their first year at Highline.

Chaet won 18 games, struck out 136, with a 2.43 era. She also pitched seven shut-outs.

Crookshank won 11 games, struck out 69, and finished with a 4.06 era.

Crookshank's goal for the team is to make it to the second

day of the NWAACC's.

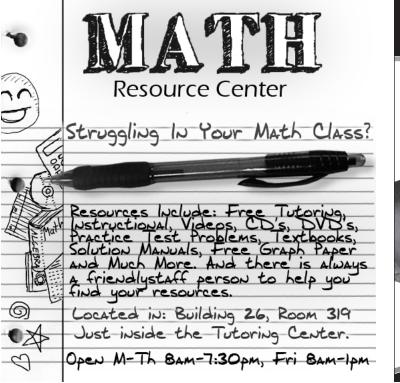
"If I can get my bat going I want to hit a home run. I came close this year," said Crookshank.

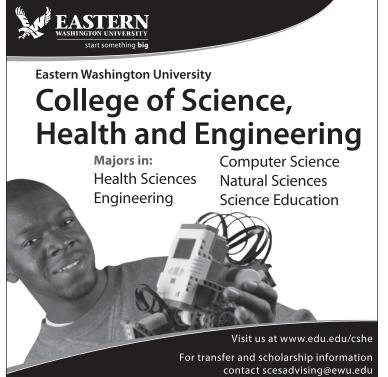
The bright side for next year is that nine of the players this vear were freshmen and are eligible to come back next year. And Head Coach Anne Schmidt is hard at work recruiting.

"We got a pitcher who will add depth and help us at that position," Coach Schmidt said.

It was a good season for the sophomores as they take the next step.

Sophomore centerfielder Alexis Nichols led the team with four home runs and six triples. Sophomore first baseman Carrie Draeger finished her last season with a .358 batting average and 23 RBIs. The T-Birds' sophomore catcher Ashley Carey completed her season with a batting average of .333 and a





Spor

Recruiting season kicks into high gear for men's soccer team

By Max Dubbeldam Staff Reporter

Men's Head Soccer Coach Jason Prenovost is setting up his team for next season's kick-off.

With a solid core of players staying from last season, Prenovost is hoping to strengthen his squad in the necessary areas. He said that he looks to get most of his recruits from western Washington and Idaho.

"I try to get a lot of local boys," said Prenovost. "We produce a lot of good soccer players in our community."

Six of last season's sophomores won't be returning this season because they're graduating. Defender and captain Kenny Marrs and midfielder Lance Davis are both transferring to Pacific Lutheran University.

Two of last year's freshmen aren't returning either. Shane Meyers is transferring to the University of Idaho and forward Arturo Brambila dropped out of Highline.

"We have real solid returners," Prenovost said. "But we lost our keeper."

Last season's shot stopper, Taylor Campbell, finished his second season and is unable to play again this year.

Prenovost said that he's had talks with, and is planning to recruit, Liviu Bird, who is a keeper from Alaska.

"We have players that played reserve last year that are going to be more active this season," Prenovost said.

Prenovost said that Anthony Sakounthong is one of his most important returners.



Jason Prenovost

"He can play anywhere," said Prenovost about the 4'10" midfielder. "He's our utility player."

Prenovost also pointed to defender Joe Bafford as being an important returner.

"Our real strength is the depth of talent and leadership we possess," said Prenovost.

The community college soccer programs are getting a boost of scholarships this year. They used to only be able to offer around \$200 per quarter, but now they're able to offer a 65 percent tuition waver (which is around \$241 on a five credit class).

"The increase of scholarships has made the entire league more competitive," said Prenovost.

Prenovost said that a lot of players come to play at Highline because it has one of the best soccer programs in the NWAACC. But now players

Walla Walla 8, Clackamas 1

Lower Columbia 8, Clackamas

Lower Columbia 7, Mt. Hood

Chemeketa 13, Bellevue 8

Mt. Hood 2, Olympic 0

could get persuaded to play for "lesser" schools because of the high scholarships.

Prenovost said that his favorite tactic is to use strong wing play, and he hopes to get the players to play in this fashion. He also likes to have forwards who are comfortable playing together and who can adapt to any situation. For his centralmidfielders, he likes to see players who are good on the ball and can set up the play.

"I'm an aggressive and competitive person," Prenovost said about his tactics. "I'm always looking for a way to put pressure on and put the opponents on the back foot."

Prenovost said that he can't be sure of the tactics he will employ quite yet. He said that he will be starting out with the basic 4-4-2 formation so that they can always revert to that if need be.

"Talent changes from year to year. So one year we might have a defensive team; and the next we might have an attacking team," Prenovost said.

Prenovost added that this is so because Highline is only a two-year college and that they can't recruit for their tactics like a four year college could.

Prenovost said that he's working hard to get the right recruits in. He said he's looking for speed on wings, players who are good with the ball at their feet, and players who can read the game and adjust the play accordingly.

Prenovost said that the first try-outs start on Aug. 15, and that he'll plan according to what

Pierce 3, Shoreline 2 Blue Mountain 8, Everett 5 Olympic 3, Wenatchee Valley

Bellevue 6, Centralia 3 Clackamas 4, Bellevue 3 Walla Walla 5, Shoreline 2 Chemeketa 2, Highline 1 Mt. Hood 7, S. Puget Sound 0 happens then.

"We'll see what happens next year and where our strengths lie," said Prenovost. "I want players that really want to play here."

Prenovost is hoping to build on last season's results. Highline ended last year with an 11-2-6 overall record and they finished first in their division. They finished in the quarterfinals of the playoffs after losing on penalty kicks.

Prenovost said that Highline

has to do a better job at scoring and performing in critical games.

"We also need good leadership. We need people to step up and provide a good base for the freshmen to come in so that they can gel as team," said Prenovost. "If we can do that we can make a run at the championship."

If you are interested in trying out for the team, or if you want to know more about the team, contact Prenovost at 206-878-3710, ext. 3188.

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Scoreboard

NWAACC Women's Softball Championships

May 18 Olympic 3, Walla Walla 1 Mt. Hood 4, Olympic 2 Lower Columbia 7, Mt. Hood 5

5 Blue Mountain 10, Pierce 2

Walla Walla 7, S. Puget Sound 1 **May 16** Mt. Hood 3, Blue Mountain 0 Olympic 6, Highline 2 May 17 S. Puget Sound 9, Everett 0 Spokane 1, Wenatchee Valley Wenatchee Valley 5, Cheme-0 keta 4 Blue Mountain 2, Chemeketa Clackamas 4, Spokane 1 Lower Columbia 6, Walla Wal-Walla Walla 2, Spokane 0 la 1

6 months of graduation.

Olympic 1, Blue Mountain 0



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Spokane 9, Centralia 0 Lower Columbia 11, Pierce 8

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Computer Science Computer Information Systems

<u>SUMM</u>	ER 2008	
#6035	CSCI 100	Survey of Computing
#6037	CSCI 102	Intro to Web Development (ONLINE)
#6039	CSCI 142	Object Oriented Programming w/Java
#6041	CSCI 242	Object Oriented Programming III

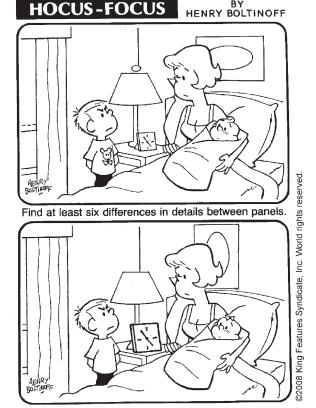
FALL 2008 – Web Database Developer Entry Classes

#6082	CSCI 102	Intro to Web Development (ONLINE)
#6086	CSCI 111	Web Development w/Flash (HYBRID)

The Thunderword / May 22, 2008

Puzzles

The Thunderword / May 22, 2008



Differences: 1. Picture is hanging vertically. 2. Clock is big-ger. 3. Picture on boy's shirt is missing. 4. Baby's hair has bow. 5. Drapes are wider. 6. Knob is missing from lamp.



1. SCIENCE: What is the Periodic Table symbol for the element mercury?

2. ANIMAL KINGDOM: What is a beaver's home called?

3. LANGUAGE: In the international phonetic alphabet, what word represents the letter "Y"?

4. MONEY: What is the currency of Poland?

5. GEOGRAPHY: What nation is Baffin Island a part of?

TELEVISION: Who 6. was Steve McGarrett's archenemy in the series Hawaii Five-0?

7. PSYCHOLOGY: What Synd., Inc.

is an abnormal fear of crowds called?

8. MOVIES: Which two comedians starred as friends in the movie Stripes?

9. MEDICINE: What is trepanning?

10. GENERAL KNOWL-EDGE: Who designed the Statue of Liberty?

10. Frederic Bartholdi skull to relieve pressure 9. Removal of part of the **sim**bA 8. Bill Murray and Harold 7. Ochlophobia fel Wo Fat 5. Canada

4. Zloty 3. Yankee S. A lodge 6H.1 Answers

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Arts Calendar

ents My Fair Lady, through rush tickets are available at

•CenterstageTheatrepres- at 206-781-9707. Half-price June 1, at the Knutzen Fam- the box office to students 15



By GFR Associates ••• Visit our web site at www.gfrpuzzles.com

39. Piano Man singer Billy

41. Squeak and squeal

13-15, 20-22, 27-29 at the Auburn Avenue Theatre, 10 Auburn Ave., Fridays and Saturdays at 8 p.m. and Sundays at 2 p.m. Call 253-929-6680 for tickets, or visit www.brownpapertickets.

•Breeders Theater pres- tor Satori Johnson

ents Coriander, July 11-27 at E.B. Foote Winery in Burien. Tickets are \$20; showtimes vary. See www.breederstheater.com for more information.

•Got arts news? Contact arts ediat sajohnson@highline.edu, or call 206-878-3710, ext. 3318.

On-campus events get priority listing.

Weekly SUDOKU

com.

5. Fig or fir

13. Damage

17. Assists 18. Loads

16. Biblical twin

22. Inquisitive

24. Instant 27. Directed 29. Accumulate 30. Elegance

34. Florida

35. Looks for

40. Chronicles

44. Nest noise

46. Hair twist

52. Floral gifts

54. Fair sight

56. Anguish

59. Blowout

3. Lug

2. Pioneer org.

4. Complacency

55. Choice word

42. Neigh sayers

23. Certain iPod

ily Theatre, 3200 SW Dash Point Road in Federal Way. Showtimes are Fridays and Saturdays at 8 p.m., Saturdays and Sundays at 2 p.m. Tickets are \$8 for youth, \$20 for seniors and \$25 for adults. Call 253-661-1444 for tickets.

•Taproot Theatre Companv will offer another University Night on 7:30 p.m. May 22 with a production of Joe DiPietro's Over the River and Through the Woods.

Tickets for college students are only \$10. Taproot also offers a \$2 discount for students and a \$15 ticket to people ages 25 and under for all performances during the regular season. To purchase tickets, contact the box office minutes prior to curtain when available.

Taproot Theatre is at 204 N. 85th St. in Seattle.

•Auburn Regional Theatre presents The Complete Works of William Shakespeare (Abridged) June 6,7,

> Last week's Weekly SUDOKU ____ Anouvor

	Answer							
7	3	9	6	8	1	2	5	4
2	6	4	9	7	5	8	1	3
1	5	8	3	2	4	6	7	9
6	4	5	7	1	9	3	8	2
8	9	2	5	4	3	1	6	7
3	7	1	2	6	8	9	4	5
5	8	7	1	3	2	4	9	6
4	2	6	8	9	7	5	3	1
9	1	3	4	5	6	7	2	8

Last week's crossword solution

CADDY ADVICE - BACK NINE CITES ABBA TAILL COAT ORATE RUDE RODEWATERHOLES AIDES E S S P E T E THERETANK S T R U T S D A R K A G E S T 0 0 T S M 0 M M Y 0 R T TINESDONE ARKS R T E O W N E R S A D I E TESTSITE PURGED SLIER HATS S A L E M S L A T E L F INAFAIRWAY FEAR SUAVE RANT ANTE ASHE ETAS METER

by Linda Thistle								
4			2					3
		6		4			9	
	7			1	9	5		
		4		8			5	
5					7	6		
	9		3			7		1
2			1				3	
		3		6		8		
8	1				2			6

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging *** HOO BOY!

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New interim VP ready to hit the ground running

By Jaren Lewis Staff Reporter

Jeff Wagnitz, Highline's dean of instruction for Transfer & Pre-College Education, was chosen as the new interim vice president of academic affairs last Thursday.

He is succeeding Marie Zimmerman, the previous interim vice president, who is retiring this year. Zimmerman had stepped in as vice president for Dr. Jack Bermingham when he became interim president.

"(It was) important for me to have the presidential decision made before I made my specific plans," Zimmerman said. "With a permanent president I feel comfortable in proceeding with my retirement."

"I'll miss a lot of the people," she said. Zimmerman has been at Highline since 1991.

The vice president of aca-



Shannon Clary/ THUNDERWORD Jeff Wagnitz is Highline's new Vice President of Academic Affairs.

demic affairs is the school's chief academic officer, and plays a role in all of the college's academic programs.

"As dean I had a narrower set of responsibilities," successor Jeff Wagnitz said. As dean of instruction, Wagnitz dealt more specifically with programs such as non-credit English as a Second Language.

The ESL program helps non-English speakers become fluent in the language.

"I'd like to maintain the collegial relations that Highline has," Wagnitz said. He says one of his goals for his first year is to do "a lot of learning."

Wagnitz mentioned that he hopes to stay involved with non-credit ESL.

"That's an important initiative that I'd like to stay involved with," he said.

Wagnitz also said he is still very interested in the Achieving the Dream initiative. Achieving the Dream is a national initiative that helps community college students to ensure they stay on track for their degrees.

Wagnitz was dean of instruction for eight years, and had eight years' administrative experience previous to his position at Highline.

"I've been here long enough to know Highline well," Wagnitz said.

"I also have almost an equal amount of time as a classroom teacher," Wagnitz said. He said this is important in an administrator. "I expect I'll be working more," Wagnitz said. "I don't think being interim will lessen my workload."

Wagnitz did not seem opposed to the possibility of eventually seeking a permanent position.

"This year will give me the opportunity to see whether that's _________ attrac-______



a n d b e n eficial to the c o l lege," h e said. I t is cur-

tive,

Zimmerman rently undecided

who will replace Wagnitz as dean of instruction.

E-mail tax scams could be waiting unrecognized in your inbox

By David Olerich

Staff Reporter

It's been a long day and you're tired when you get home. All you want to do is set down your stuff, go to your computer, check your e-mail and then go lay down.

So you open up your web browser, go to your mailbox, and sign-in to check your email.

You notice you have a few emails -- but wait! One of them looks like it's from the IRS offering a rebate of some kind. You anxiously open it and read it. It asks you to verify and submit your Social Security number and encourages you to type in your bank card number to claim your rebate. What do you do?

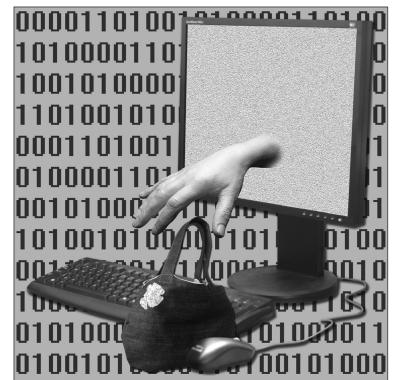
Do not respond. E-mails of this kind do not come from the IRS (Internal Revenue Service) in the form of unsolicited communication. The IRS does not communicate with the public in this way. trying to get information out of you," Monahan said. "There could be malware that could take over your hardware."

In an IRS fact sheet report, phishing is defined as a scam devised by internet fraudsters that send off e-mails appearing to be legitimate messages, tricking unsuspecting victims into revealing personal and financial information.

Malware means "malicious software," and refers to any kind of software used to cause damage to computers and servers like a virus does.

The goal is to steal the victim's identity and gain access to their finances.

The report also said that most of these fraudulent activities can be committed electronically from a remote location, including overseas. By doing these activities in cyberspace, the scam artists are able to cover their tracks quickly, before the victim discovers the theft.



Alice Moon/THUNDERWORD

odd phrasing because of nonnative English speakers

•Uses a really long e-mail address, or doesn't include actual IRS website

Here at Highline, several people have experienced some of these same kinds of scams.

Gregory Reinemer, a physics instructor in Building 29, has received a handful over the last few years.

"I've probably gotten eight to 10 of them over the past three or four years since I've worked here," Reinemer said.

"The one I could think of the most was somewhere in Africa where someone had died and the person wanted to keep their money from going into the government's hands that they had inherited," Reinemer said. "They were asking me to help them and wanted to know if they could use my bank account as a place to transfer the money to."

Judy Monahan, a spokeswoman for the IRS in Seattle, strongly urges the public to not open these kinds of e-mail.

"The IRS does not do unsolicited e-mail to taxpayers," Monahan said. "The IRS would never ask for your social security number or pin number. We already know that."

Monahan also said that "the IRS does not request detailed personal information through e-mail."

"The most common are phishing' tax scams which is a play on the word 'fishing' and Monahan said that there have been "over a thousand different scams using the IRS"

"In the last two years, over 33,000 scams have been accounted for," Monahan said.

The different types of e-mail scams can be any of the follow-ing:

Refund e-mail - tells the recipient about a refund offer.

Audit e-mail - threatens a recipient of being audited to get them to respond to the e-mail.

Changes to Tax Law e-mail – instructs recipient to download information on tax law changes by clicking on a series of links to publications on businesses, estate taxes, excise taxes, etc., and in doing so allows malware to be downloaded into the person's computer.

If you're wondering what to do if you receive an e-mail like the ones mentioned above, wonder no more.

Judy Monahan has some clear advice to give from the IRS.

"If you receive an unsolicited e-mail communication claiming to be from the IRS, please forward the original message to: phishing@irs.gov. You may not receive an individual response to your e-mail because of the volume of reports we receive each day," Monahan said.

"You can forward a message without double-clicking to open it in a new window. Highlight the e-mail in the message list of your inbox, and follow the directions for your mail client; create a new message, drag and drop the phishing e-mail into the body of the new message, address the message to phishing@irs.gov and send it," Monahan said.

Tips or signs that you can look for in order to spot these scams are as follows:

•Requests for personal and/or financial information (e.g. SSN, or bank card number)

•Dangles bait to get recipient to respond to e-mail (e.g. tax refund)

•Threatens a consequence for not responding to e-mail

•Gets the Internal Revenue Service name wrong

•Uses incorrect grammar or

Reinemer said that he was able to see through the scam.

"I deleted the e-mail immediately," Reinemer said.

Deborah Wiley, an instructional computing supervisor in Building 30, has also seen her fair share of e-mail scams.

"A few months ago I received an e-mail stating something about getting money back from the IRS," Wiley said.

Wiley said that some of the other staff that work alongside her have seen the same e-mail.

"I had deleted it when I saw

See Tax Scam / P15

Tax Scam Continued from Page 14

it," Wiley said.

If you, or someone you know, ever runs into a scam like the above and gives up valuable information, there is still help available.

Judy Monahan said, "If you think you've been compromised and given out information, then call the Treasury Inspector General for Tax Administration's hotline at 1-800-366-4484."

Scam victims should report any unauthorized activity to law enforcement authorities.

Homeless Continued from Page 1

Some shelters told Spaulding that if she would divorce her husband they would be able to help her and her children. But Spaulding refused to divorce her husband.

"A lot of families break up, but we never fought," said Spaulding.

The Spaulding family stayed in shelters occasionally, but many shelters told them they could only stay one night. If they stayed around the next day, social services would have taken away the two young girls.

"It does leave a scar on your kids," said Spaulding.

All of their belongings were pushed around in a two seat stroller. They didn't have a car or family members willing to help them.

"It's funny, family is worse than people you don't know," Spaulding said.

To keep her children busy during the day Spaulding would take them on bus rides, or take them to the park.

When they played, Spaulding would take the opportunity to take time for herself to cry.

"I never let my kids see me cry; they thought they were just having fun in the park," Spauld-



Shannon Clary/THUNDERWORD

Formerly homeless, Karen Spaulding now is an enrollment services assistant at Highline.

Dollar Store, but it was hard for her because the bus left early, and her boss was not flexible with her hours.

"When people know you need them, they treat you like crap," Spaulding said.

Racism and prejudice were things Spaulding and her family faced daily.

Spaulding who is African American remembers a time when her family was at a food bank and they had been standing in line for four hours. When it was finally their turn in line, they were skipped over.

Spaulding said the man that was giving out food told them they should be used to being abused.

Another time they were treated unfairly was at a shelter and a woman there would not help them. Their time was up, and they begged to stay longer but were told to leave. The women in charge told them it wasn't her problem they were homeless.

"People shouldn't have that power over a person's life," said Spaulding.

Eventually Spaulding and her family got back on their feet and saved enough money to live in an apartment. Overall they were homeless for almost four years.

Things were going well for a while until her husband was laid off work again, but this time Spaulding decided not to let it get her down.

She was living by Green River Community College at the time, and one day she went on a walk and checked out the campus.

Spaulding was enrolled at Green River and received job help and her associate of arts degree. That was not enough for Spaulding though.

She came to Highline in 2007

and interviewed for a job, and started taking classes.

Even though she has a job, the thought of becoming homeless is still on Spaulding's mind.

"I'm scared everyday because I know what's out there," said Spaulding.

Spaulding thanks Kate Bligh, associate dean for Enrollment Services, for giving her a chance to work at Highline.

"I met good people here and if it weren't for her I wouldn't be on my feet," Spaulding said.

The Spaulding family is doing well now, she said, her husband has a job at Northwest Harvest, her daughters are teenagers now, and she said her son has grown up to be a good man.

Despite everything Spaulding and her family went through, she still maintains a cheerful attitude at home and work.

"It's just me, I never lost any of myself," Spaulding said.

Reach high.

Two Student Government officials suspended by Brown

By Sam Boyd Staff Reporter

Two top Student Government officials have been suspended.

Student Government Vice President Sergio Garcia and Student Government Speaker of the Caucus Isaac Cameron were "suspended from their positions pending recommendation from Toni Castro, the dean of Students," Associate Dean of Student Programs Jonathan Brown said on Wednesday.

The suspensions were announced at Tuesday's Student Government meeting. Student Government President Steve Simpkins has named two temporary officers to fill in.

Jayne Crebassa will be pro tempore vice president, and Raquel Carrillo will take the role of pro tempore speaker of the caucus.

Garcia was supposed to run Student Government elections yesterday and today, so Brown has appointed Simpkins to be the head of the ASHCC Election Committee to take Garcia's place.

Coordinating the Student Awards Dinner on Wednesday night was Cameron's job, but Brown has filled the gap in Cameron's absence.

Brown declined to comment on why Garcia and Cameron were suspended, although he did say that "Their suspensions aren't lumped together—they are two individual separate situations." "I don't know the timeline of Castro's decision," said Brown.

"The situation is in her area." Garcia said.

He declined to otherwise comment.

ing said.

Things would get so depressing for Spaulding she said she even considered suicide, but the thought of her husband and children kept her going.

"My husband and I talked a lot, he was my rock," said Spaulding.

Spaulding's son went to stay with a family member, but the rest of the family was still left trying to find a place to live.

They often stayed in motels that were paid for by the vouchers that were given out by shelters.

Sometimes the areas they stayed in were unsafe, and Spaulding's husband would sit by the window all night as the rest of the family slept.

Spaulding started a job at the



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Egg Drop **Continued From Page 1**

The team stayed away from cardboard for a couple of different reasons.

"We used poster board instead of cardboard because of fluctuation, and it's lighter. It gave the contraption more flexibility," said Samantha Huggins, a teammate of Crumb.

Danyl Rybakov, the other teammate who wasn't at the competition, came up with the idea to line the outside of the box with balloons.

Jeanette Bugner, president of the Highline chapter of the Society, was happy with the competition and is excited to

Vander Ark **Continued From Page 1**

to this process by Ms. Vander Ark."

Dr. Bermingham was in China on college business and was unavailable for comment.

Before serving on the Board Vander Ark was a board member for the Federal Way Philharmonic and Citizens for Federal Way Schools and a board member for the World Class Aquatic Foundation, and a staff member for

King Coun-County cilmember Pete von Reichbauer.

Vander Ark is the second trustee that Highline

ing the death of Rita Creighton on March 16.

Trustees are appointed by Gov. Gregoire to five-year terms, said Kim Tanaka of the Governor's Office.

Prospective trustees can be must have time to devote.



Judy Mannard checked contraptions for cracked eggs after they were dropped.

drop eggs again.

"As far as I know, this was the first egg drop competition

leges.

"The governor's staff will talk with college personnel and will try to find out who is interested," Hough said.

Tanaka said that the Governor's Office has a few likely candidates and hopes to name a replacement for Creighton by September, which is when her term would have ended.

Former trustee Dr. Arun Jhaveri, who served on the Board from 1998-2005, said that there are three basic roles that a trustee must fill: making sure the president is doing his/her job; maintaining the high integrity of the college; and representing the community at large.

"We (trustees) bring a lot of experiences (to the college), not necessarily in education," Dr. Jhaveri said.

He said that the governor should make sure there is a "balance between the five trustees."

"The demographics (of our district) are changing so fast," Dr. Jhaveri said.

He said the members of a board of trustees should represent "a cross section of the college community."

Regeimbal said a trustee

at Highline and we are looking forward to doing it again next spring," Bugner said.

Bugner said the contraptions with parachutes and cushioning did a better job of protecting their eggs.

"To me, it seems that the contraptions that had some kind of parachute did better than the ones that didn't. Also, the contraptions that were lighter as well as had some kind of cushion for the eggs," Bugner said.

Any of the contraptions that held the eggs tightly were the ones that didn't do so hot,

Bugner said. "There were some contraptions that tightly packed the eggs into the outer container, like peanut butter or flour. While I can understand the reason why people wanted to try that method, those contraptions didn't seem to fare too well," Bugner said.

The rules of the competition nixed the use of commercial packing materials so students had to come up with other ways to cushion their eggs.

Students used various ways to nest their eggs including marshmallows, sponges and



Judy Mannard

tape.

Overall, 32 out of the 70 eggs broke during competition.

Society of Women Engineers co-adviser Judy Mannard was the lucky one who got to open the contraptions and check for broken eggs.

Some of the contraptions weren't easily opened and that led to Mannard having to reach into some not knowing what she might reach into.

"It's a fun activity," Mannard said.

Mannard said the activity was to help raise awareness for the society.

Engineering instructor Richard Bankhead actually had the best score, but was disqualified because the contest was for students only.



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has lost this year follow-



recommended by other boards and state legislators, but the final call belongs to the governor.

"The trustee appointed by the governor to take Ms. Vander Ark's position will require a period of time to understand the programs, culture and visions of Highline," Regeimbal said.

Once a new trustee is appointed, they serve with full authority without state Senate conformation. The only way a trustee could lose his or her authority is if the Senate voted not to confirm the trustee.

Trustees are chosen because of where they live, their educational experience, gender, and the ethnic demographics of the district, said Cindy Hough of the Washington State Board of Community and Technical Col-

"Being a good trustee requires an investment of time," he said.

Regeimbal said they should "enjoy the challenge of being a trustee as opposed to viewing their appointment as a burden."

Along with a good attitude, Regeimbal said they should bring diversity to the Board.

"The Board should not be conglomeration of homogenous thinkers," Regeimbal said. "Educators, physicians, and lawyers approach problem solving from different perspectives. The new candidate should bring to the Board their unique perspective of the programs, culture and vision which they foresee as we move past the search process and refocus on the mission of Highline."

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