Yamato Taiko's students are banging on drums/ **P6**

Lady T-Birds fight their way into second place / **P7**

Oct. 23, 2008 / Volume 48, No. 5

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Highline Community College

The Thunderword

It's a Wireless World

Highline is planning to make whole campus wireless

By Christina Bradley
Staff Reporter

Highline is going to go wireless.

The entire Highline campus will be completely wireless by the end of Spring Quarter.

Wireless means being able to connect to the internet from a signal rather than having to be physically plugged into the internet cables.

"There are currently 74 existing access points each of those is being replaced and they are spread throughout campus and cannot be managed centrally, unlike the new access points," said Dennis Colgan, the executive director of Administrative Technology.

The wireless system will be set up in three different phases.

"Phase one includes the replacement of existing wireless access points with access points that can be remotely managed for placement and maintenance. The new access points will allow access to greater bandwidth and uninterrupted movement between access points," Colgan said.

Ami Nguyen/THUNDERWORD

Dennis Colgan holds one of the wireless internet hubs.

Phase one is scheduled to be completed by Oct. 31.

"Phase two includes the new wireless access points, cabling and installation that will allow wireless network access to the inside of all buildings on campus," Colgan said.

Phase two will be finished by the end of Winter Quarter.

"Phase three includes the new access points, cabling and installation that will allow wireless network access to the outside of most buildings on campus," Colgan said.

Highline will be completely wireless by the end of Spring Quarter.

Students will be able to access the wireless internet by using a login.

"The students will get a login that allows them to access the wireless. The log-ins should be completed by the end of Winter Quarter," Colgan said.

Security is not an issue with wireless at Highline because of the log-ins.

"The neighbors and people walking by may have the signal,

See Wireless / P11

College faces shaky finances

By Jaren Lewis
Staff Reporter

The national economy is going through some rough waters, and Highline is sure to be affected in the near future.

As the economy falters, the state government is forced to be more conservative in its spending, which means Highline could face lower funding very soon.

Dr. Bermingham

"At the state level, there's the potential of budget cuts," said Lisa Skari, vice president of institutional advancement.

In fact, Highline has already seen the earliest effects – Highline's budget has been cut $672,000 as part of a $17.9 million reduction by the Washington State Board for Community and Technical Colleges.

Highline President Jack Bermingham said, "The report of the November revenue forecasts could force a further reduction."

Yok

Vice President for Administration Larry Yok said, "I think it is reasonable to believe that there will be substantial reductions in the state's general fund revenues now and over the next two-year budgeting period."

"While we have budgeted cautiously for the current fiscal year, we are clear that the cuts will have an impact on our services to students, and potentially on our 'open door' mission," Bermingham said.

Skari said that this is not the only worry the faltering economy presents: "Consumer con-

See Financial / P12

Students breaking language barriers with ESL

By Hanna Jazzyca
Staff Reporter

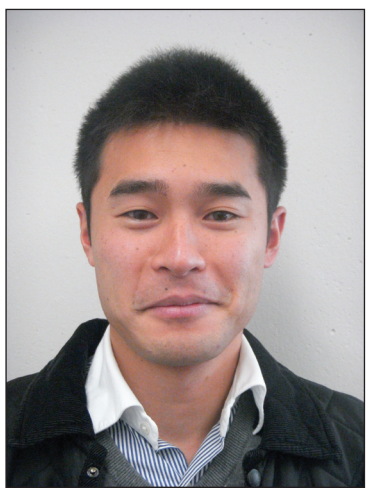
They come from all over the world – Sudan, Pakistan, Japan, Ethiopia, Thailand, China.

They have varied backgrounds – some have college degrees from universities in their home countries. Some have never learned to read or write before.

They are of different ages, different cultures, and different paths in life.

But one thing unites them: their desire to learn English.

Every quarter, thousands of students come to Highline to enter the English as a Second Language program. The program takes this disparate group of students and teaches them how to speak and function in the United States.



Many say learning English is a challenge.

"When you are in a foreign country which is different in culture, language and style, definitely you will face challenges. But these things are minor. We have to concentrate on our responsibility, rights and our purpose to come here," said one of the students, Sadaqat Hussein, who is from Pakistan. He is here on a U.S.-funded foreign scholars program.

> "On the first time I came here, my English was not understandable. Now I am learning English in ESL ... "
>
> -Ryoutarou Inoue

Being a mother of 6-year-old and 2-year-old children hasn't stopped Nada Ahmad from learning. She has become a student again, after graduating from Khartoum Sudan University in Sudan. She currently attends Highline's English as a Second Language program.

She and her children came here two years ago, to stay with her husband, who works for Microsoft.

"In my country I speak and read in Arabic. But now, I live and work here, so I have to speak English with my colleagues and everyone," said Ahmad.

Hussein and Ahmad are two of the international students whose native tongue is not English and who have to blend in with Americans and other international students.

These students came to the

See ESL / P12

CSI: Highline

Benches stolen

Two aluminum benches were reported stolen from the soccer field Friday night. One of Highline's athletic administrators reported the benches missing on Saturday.

Replacing the benches will cost $500 for each bench, plus tax and shipping, said athletic director John Dunn.

The stolen benches were not bolted in because they are portable benches used for soccer.

Sexual harassment

A teenage boy reached under a chair and grabbed the back area of a female student who was studying on the fourth floor of the library.

She turned around and said "what are you doing?" and slapped him in the face. The offender, who stood there stunned, was 15-18 years old with short black hair, about 5'7"- 6'0" and was wearing a white shirt.

The very upset female came and reported this to security. There were no witnesses.

Student assaulted

Four individuals assaulted a man near Building 29 by the bus stop last Friday.

A Central Washington University student witnessed this happening and pressed an emergency call button to notify that the assailants were leaving Highline's campus and were heading down a back road across the street.

The Central Washington student said that the four unidentified individuals were trying to take the other man's jacket and hat.

When Highline Security and Des Moines Police Officers arrived at the scene, the victim refused to tell his name or give any information. He was given an icepack and sanitary wipes for his injuries.

Verbal threats

A male student was making verbal threats to four men in the smoking area on Tuesday. After taking a pen-like object from his pocket, he said he would stab them.

Something about $20 was mentioned and one man from the group of four stood on a bench and said, "C'mon I'm right here, stab me."

The threatening student walked away and was later given a verbal warning for his behavior and was told to report to security if he has any more problems on campus.

NEWSBRIEF

Moses discusses science of Belize

Science Seminar is back on schedule with Woody Moses talking about Belize this Friday.

Science seminars are open to the community. They are held on Fridays from 2:20 – 3:10 in Building 3, room 102.

Moses, a biology instructor at Highline, taught a class in Belize last summer. The class will be offered again this summer, during the last two weeks of June.

The class, General Science 120, is a five-credit lab science course.

Students spend the first week of the class studying forest ecology, and the second on the barrier reef.

He will talk about his experience during the seminar.

Movie Friday is like a box of chocolates

Forrest Gump will be shown for this week's Movie Friday.

The film follows the life of its titular character Gump, played by Tom Hanks, through a slightly-revised version of the second half of the 1900s in which his meetings with important political and cultural figures make a strong impact on history.

Gump is largely unaware of most of these effects, because he is depicted as particularly unintelligent.

The film makes liberal use of computer-generated imagery to place Hanks in clips of historical footage to show Gump meeting famous people who were dead when the film was made.

Forrest Gump was, on release in 1994, a commercial and critical success, garnering over $677 million at the box office and won six of the 13 Oscars it was nominated for.

The film will play Oct. 24 at 12:30 p.m. in Building 7. Free popcorn will be served.

David Olerich/THUNDERWORD

One of Highline's many squirrels frolics in the grass on campus on Wednesday.

Math workshop combats testing anxiety

A workshop on test and math anxiety will be held today, Oct. 23.

It is titled, "How To Relax and Do Your Best and Avoid The Freeze-Up"

The workshop will be led by Highline counselor Patricia Haggerty at 2:30 p.m. in the Math Resource Center in Building 26, room 319.

Organizers stress that the workshop is not only for math anxiety, and can benefit students with testing anxiety in any class.

Educational Planning think out of the box

The Educational Planning and Advising Center will host their "Out of the Box" program Tuesday, Oct. 28.

The Out of the Box program "gives the EPAC a chance to show students, faculty and staff the types of information and services we have available to everyone."

Services will include assigning students to faculty advisers, distributing college application materials and explaining how to use various online services.

The event will be held in Building 8, and run from 10 a.m. to 1 p.m.

New center eases transition for foreign professionals

The Puget Sound Welcome Back Center is celebrating its grand opening today from 10 a.m. to 5 p.m. in building 19.

The celebration includes an open house with a tour of the center. Visitors will have the opportunity to meet the staff of the Center. The official opening was yesterday, October 22.

The Center assists healthcare professionals trained outside of the US and helps utilize their skills to build and re-enter a career path with potential employers.

Highline's Center is part of a national initiative that includes centers in Massachusetts, Rhode Island, and the main center in California.

For more information, contact the Center at ext. 3345 or visit their website at http://welcomeback.highline.edu.

New scholarships available

Forms are now available for the All-USA Scholarship.

The scholarship is presented by the newly-reinstated All-USA Community College Academic Team.

Sixty awards will be given out, in amounts ranging from $1,000 to $2,500, totaling almost $500,000 in scholarships.

Selection will be based on academics, leadership and "extend[ing] their community college education to better themselves, their schools, and their communities."

Applications are available on the door of room 18-207, and are due Monday, Nov. 10.

For more information, see the team's site, http://scholarships.ptk.org/aaat/announce.htm

This spot could have been yours for only $40!

Advertise your event, program or class offerings here.

Want to advertise but don't have an idea how to design the ad? We can do that for you. Don't know what information to put in the ad? We can help with that as well.

For more information about advertising in the Thunderword, contact Jaime McCall, advertising manager.

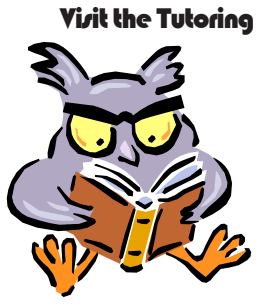
jmccall@highline.edu 206-878-3710 ext. 3291

Free Tutoring!!!

Feeling overwhelmed? Get help?

Visit the Tutoring Center in Building 26, Room 319

Tip of the week:



"One part at a time, one day at a time, we can accomplish any goal we set for ourselves."
-- Karen Casey, from *Achievement of a Life Goal*

SIGN UP FOR HELP IN:

Accounting/Business, Languages, Math, Science, Computers, Writing, and more!!

Mon-Thurs 8am-7:30pm & Fri 8am-1pm

http://tutoring.highline.edu

Charlie Dubbeldam/THUNDERWORD

A survivor's tale

Highline student recounts escape from abusive relationship

By Aaron Raj
Staff Reporter

Rovenna James had to get out of the relationship with her boyfriend to save her life.

"My best friend and my ex-boyfriend were cousins so that's how we met. I thought I knew him pretty well," James said.

James started dating her now ex-boyfriend when she was 21 years old.

"I never knew he would be that type of man when we first started dating," James said.

James was working two jobs and living in an apartment with a roommate at the time.

"I had everything set, I had two good paying jobs and I was making it on my own. That's when I got pregnant," James said.

James's now ex-boyfriend is the father of her child.

The first time James suffered domestic violence she was two months pregnant. Her ex-boyfriend would do drugs and lose control when he got mad.

"He did drugs; I wasn't sure at first he was doing drugs. He came home one day and didn't have any money and I had told him not to give any money to his friends. The next thing I knew he started yelling at me and I was yelling at him. He started yelling more and pulling my hair until some of it came out. Then he punched me in the face," James said.

Right after he hit her he would say that he was sorry and that he loved her.

"After he hit me he wouldn't let me leave the house. He said he wouldn't do it again and locked the door. He stayed in front of the door all night and said I couldn't leave until the morning. I was scared for my life," James said.

For years James went back to him.

"I went back because he said he would change. He said he would stop drinking and doing drugs. I went back because I thought things would work out. I wanted things to work out because he is the father of my child," James said.

"He's hit me in front of our baby girl and called me names. I don't want her to think that's the way men are supposed to treat women," James said.

The last time James suffered domestic violence from her ex-boyfriend was three months ago. She was still good friends with her ex-boyfriend's family and went to a party that he was at.

"We weren't really together at the time, I noticed him looking upset. He got mad that I didn't want to be with him. We got into an argument and the next thing I knew he punched me in the face. It all just happened so fast, I couldn't believe how hard it hit," James said.

Her ex-boyfriend's cousin broke up the fight and called the police. The police came in and that is when James took legal action against her now ex-boyfriend.

"I had enough of it; I knew I couldn't be with him even if he was the father of my child. I have a no contact order against him now. He is not allowed to come see me or talk to me," James said.

"It seemed like a whole other lifetime ago, like it was a bad dream or something. I suffered domestic violence; I thought this would never happen. My friends suffered it, I didn't think I would be in this situation," James said.

James said she has learned to move on.

"I thought I was in love. He would get mad if I was with someone else but he has to learn to move on too. We will never get back together and he has to face the facts," James said.

"It disgusts me that it took so long for me to realize I was in domestic violence. I understand that I couldn't change him but I could change the situation I was in," James said.

James is now 23 years old. Her case worker got her a job at Highline in Women's Programs and she decided to attend classes at Highline as well. She plans to major in Human Services.

"I'm at a good place in my life now. I'm able to attend classes and have a good job here at Highline," James said.

James now lives a safer life with her daughter and plans to finish school and get a degree in Human Services.

"I'm a whole other person now," James said. "I'm stronger now; I want to get an education to empower women with knowledge of my situation so that it won't happen to them."

Clothesline Project returns

By Aaron Raj
Staff Reporter

Women's Programs will host the Clothesline Project as a part of Domestic Violence Awareness month.

The event is a special presentation which will be held Oct. 28 and Oct. 29 at the lobby entrance of Women's Programs in Building 6 from 10 a.m. to 1 p.m.

Women's Programs hosts this event every year in October.

The Clothesline Project is an interactive workshop where students and staff can come in to make t-shirts that express experiences they have gone through regarding domestic violence. It is also a chance to come in and ask questions about domestic violence.

"The clothesline is already on display in Building 6. We build our own collection of t-shirts and use it for the next year so people can fully understand what domestic violence is," said Jean Munro of Women's Programs and Workfirst Services.

DAWN (Domestic Abuse Women's Network) representatives will be at the resource and work table in Women's Programs to answer questions students and staff might have on the issue.

"The mission of the Clothesline Project is to help with the healing process for those who have lost a loved one, or who are survivors of the abuse," said Munro.

The event is not just a place for women, said Munro.

"Men can be abused as well. A lot of times men won't want to talk about being abused because they think it'll make them look like sissies. We want everybody to speak out against domestic violence," said Munro.

"It can be very hard to get out of domestic violence," said Munro.

"Most people can't get out of domestic violence because of financial means. It can be hard to leave when you have kids and have no money. That's why we're here for help and to give resources on the issue. The Clothesline Project is an event to help express the experiences people have with domestic violence," said Munro.

B-tech students hope to help others through class project

By David Olerich
Staff Reporter

Sherri Chun's Project Management students do a lot of work on their way to degrees in business technology.

In the past, most of the teams working on projects have chosen ones that are behind the scenes: redesigning a website or survey, or working on a project for a faculty member.

This quarter, however, one group of students has chosen to try to help spread the reach of Highline's annual Giving Tree.

Calling their project Secret Santas, Highline students Shaun Owens, Karen Spaulding, Kevin Mar and Simon Nesterov hope to increase the number of needy Highline families helped out this year.

They have four fund-raising events planned, including a bake sale on Nov. 4, pictures with Santa on Nov. 17, a toy drive on Dec. 1, and gift wrapping on Dec. 5.

The Giving Tree, run by Student Programs and Women's Programs, distributes gifts to the families of needy Highline students each December. People on campus sign up to help and are given wish lists from recipients.

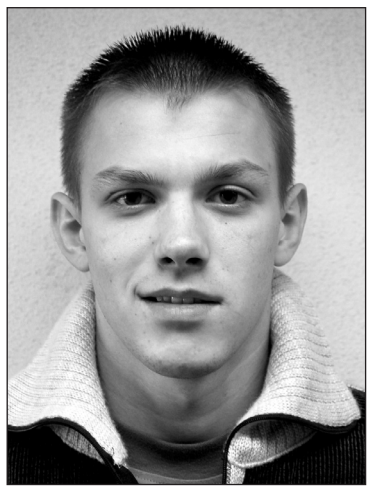
About 50 families are helped each year.

"Our goal is to increase that [amount of giving] and help out more families," Nesterov said, up to 75 families assisted.

Naomi Etienne, an events manager in Student Programs, is the student group's project sponsor.

"It builds community at the school [Highline] and it's also a good way for them to kind of show their appreciation and work for a greater good," Etienne said of the Giving Tree.

"It's a little bit like giving to charity; they get to help someone in need," she said.



Simon Nesterov

Professor Chun said the project is not typical of work for the Project Management class.

"Students don't usually take on high-visibility type profile projects [like this]," Chun said.

"What makes this project different is, these students are actually going to be involved in fund-raising for Secret Santas and increasing the pool of money that the school then uses to buy holiday presents and treats for the underprivileged," Chun said.

"So, it's very visible and it's something we can actively promote. It's a great cause [and] it's something the campus needs to do more of," she said.

The Thunderword / Oct. 23, 2008

Editorial comment

New trustees face challenging times

The new trustees for Highline, Dan Altmayer and Barbara Reed, will have a full plate overseeing the college.

Altmayer and Reed were appointed to the Board of Trustees after the death of one board member and the retirement of another.

The Board of Trustees governs the overall activity of the college, determining what programs are provided by the college, what fees are necessary to maintain the college, and when to borrow money to maintain or expand the college. Long before construction for the MaST center could begin, for example, the Board of Trustees had to determine that it was a strategically necessary expansion for the college.

The board also defines the guidelines and policies by which the college president is meant to abide, and can even choose to fire the president if necessary, as they did in 2006.

In the current economic and political climate, adaptiveness on the part of the college is a must. The board has to be prepared for changes in the needs of the community if the economy continues to decline.

As the economy declines, jobs will likely become scarce. More people may want to change careers as their old jobs disappear. According to the Wall Street Journal, at least 1.5 million people were laid off in September, the highest since September 2001. Yahoo announced this week that it will be laying off 10 percent of its workforce, an estimated 1,500 people, and real-estate site zillow.com is laying off 25 percent of its workforce, mostly in Seattle.

Although enrollment appeared to be down on the first day of Fall Quarter this year by 500 students, a trend has not been established. The school may face an increase in enrollment in the coming years as more people seek to change their careers.

As the economy continues to decline, the Board of Trustees will need to ensure that Highline is prepared for a potential onslaught of students seeking to change careers.

The Board of Trustees, whose responsibilities include ensuring that the college remains open to everyone, will also have to ensure that the school retains its high academic standards in the coming years.

The Board of Trustees will have a lot to consider as the economy and the nation continue to evolve.

Staff

"You'll know when it's done when it whistles."

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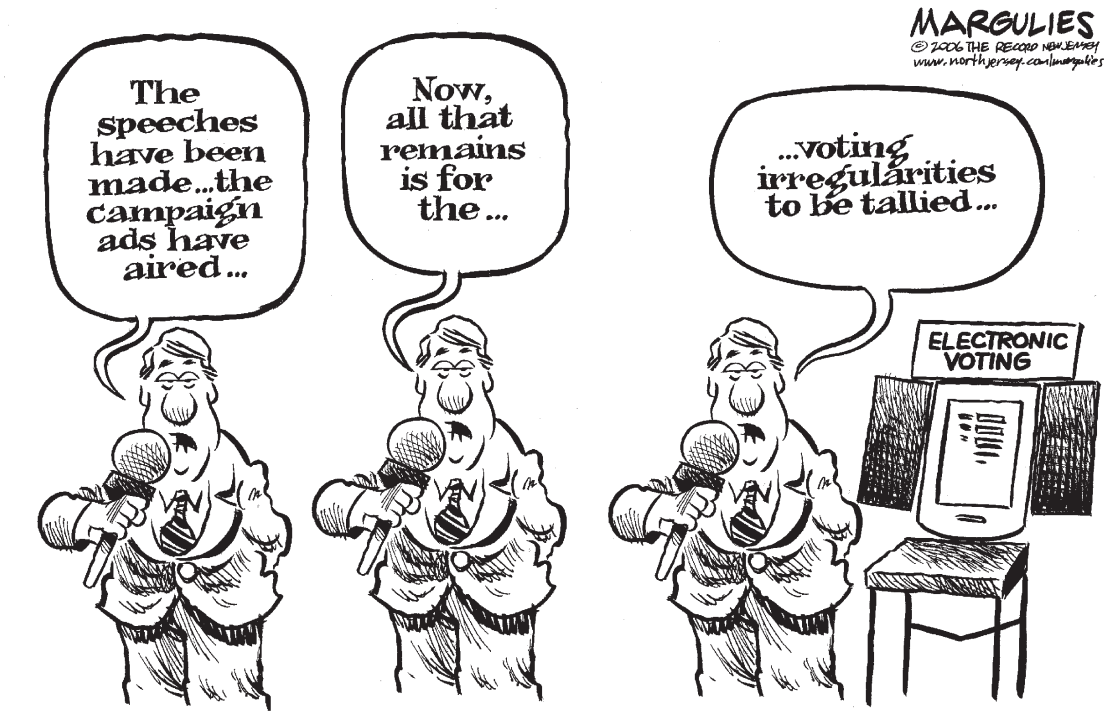
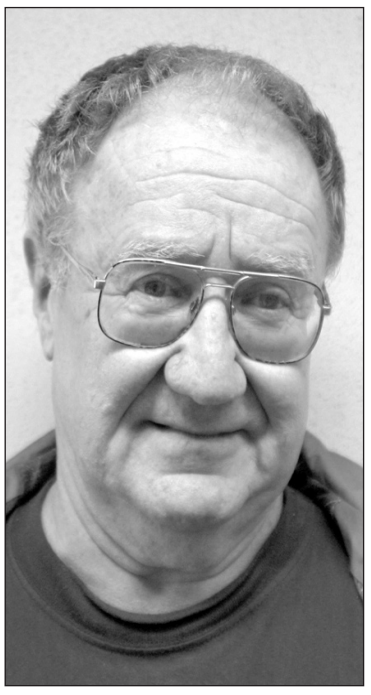


Be gentle with those student egos

Commentary



Reid Coe

My name is Reid Coe, and let's just say that I'm in my later years. But when I first stumbled onto the campus of Highline Community College, a single parent and a full time truck-driver, it was way back in 1978, to study Creative Writing. My teacher was a man named Smith, who made fun of my main character in a short story. So, needless to say, I dropped the class and received a Z. I don't know what Z means, but I don't think it's passing.

I returned two years later and had better luck. I had an able Lonnie Kaneko as an instructor and received a B for my efforts. So things were improving.

Then a year later I got Ann Spiers for my instructor and I was off and running. She was a slender, brown haired poet, and the perfect combination. She showed a true interest in my work and proved a gentle, yet firm instructor. I liked her so well that I came back the next year for more.

Since then I've been through most of the fiction writing tracks at the UW. And I for one can confirm, if you don't have a thick skin when you begin, you will have when you finish. But by then I could handle it.

But I've never forgotten Highline Community College, and what they did for me. So after all these years, I'm back for one quarter. Call it gratitude, call it gratefulness, call it what you want, here I am.

Kaneko didn't quite know what to do with me, at first, but finally edged me into a small study group to see how it works out. Anyway there's a very pious student in this group, let's call him Jay. Saves feelings. But he allowed me to read his paper on his plans for the future. The paper says he's well educated and intent on a religious calling.

In the spirit of give and take, I handed him a short story about an outlaw motorcycle guy, standing in a cemetery with his girlfriend. I notice he didn't put it aside like most students would've, but started skimming through it, page by page.

But soon enough I forgot about it and class was over. I got up to leave, was walking by him when he shoved my story at me and said, "Reid!" So I slipped it in my folder, not quite knowing what's going on? But I figured it out, soon enough. He kept skimming until he saw a swearword or two, and rejected it. I don't know how Jay does it, but when I write about outlaw motorcyclists, they don't say gosh and darn, very often. They usually just come right out and swear.

Now there's a right way and a wrong way to reject work and that's not it. Jay should've pulled me aside and said, "Reid, my religion won't allow me to read this, but can you give me something else?" And I would've nodded and said, "No problem."

But instead he shoved it in my face, said, "Reid," in a tone that sounded more like a judge than a fellow student, in front of God and everybody.

Now if I'd of been a novice writer, any novice writer, I might well have dropped out of class in extreme embarrassment. But now I'm an experienced writer, already published, and only grew a bit angry until I figured it out; there were no consequences. I'm locking horns with real life editors and agents, now, and simply don't need Jay's approval.

I remember an instructor at the UW telling a student that his writing was boring. Fortunately I was able to get to the student after class and tell him he was a fine writer. He thanked me profusely, missed one class, but was back for the rest; sorrow averted.

The moral of this story is obvious; if you're going to reject some aspiring writer's work, don't bludgeon him over the head with it, in front of the class. But get him aside and confide your concerns … in private.

Now if Jay reads this and takes offense, I'm reminded of an old axiom; engage brain before opening mouth. But other than that it's good to be back on campus, one last time, for old time's sake. And thanks for the memories.

P.S. – I'm now a Christian, myself, but still use cursing in my writing when it's called for.

Reid Coe is a Highline student.

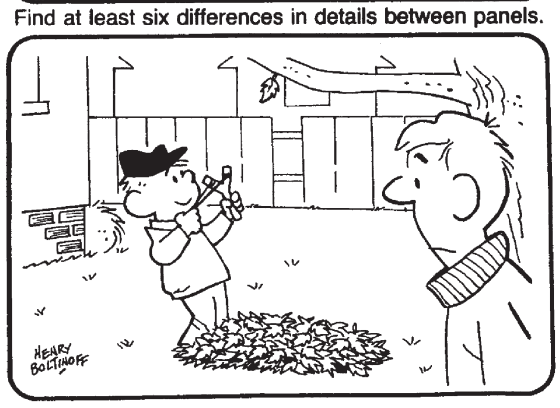
Write to us

Letters and opinions from the campus community are welcome. E-mail your submission to: thunderword@highline.edu. Please limit your submission to no more than 400 words.

HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.



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Differences: 1. Eyeglasses are missing. 2. Man's collar is different. 3. House has been added. 4. Fence slat is missing. 5. Rake is missing. 6. Bricks have been added.

Trivia test by Fifi Rodriguez

1. AD SLOGANS: What product tempted consumers with the advertising slogan "Betcha can't eat just one."

2. LANGUAGE: What does the word "Volkswagen" mean in German?

3. LITERATURE: What was the title of Shakespeare's last solo play?

4. TELEVISION: What city was the setting in the TV comedy *Eight is Enough*?

5. U.S. PRESIDENTS: Who gave the bride away when Franklin and Eleanor Roosevelt were married?

6. FAMOUS QUOTES: Who said, "The only way to have a friend is to be one."

7. PSYCHOLOGY: What is venustraphobia?

8. MOVIES: What was the name of the caretaker's cat in the *Harry Potter* movies?

9. MUSIC: What name did Simon & Garfunkel go by earlier in their music careers?

10. BIBLE: How long did Methuselah live, according to the Book of Genesis?

Answers

1. Lay's potato chips
2. People's car
3. *The Tempest*
4. Sacramento
5. Teddy Roosevelt, her uncle
6. Ralph Waldo Emerson
7. A fear of beautiful women
8. Mrs. Norris
9. Tom & Jerry
10. 969 years

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Crossword 101

By Bill Deasy

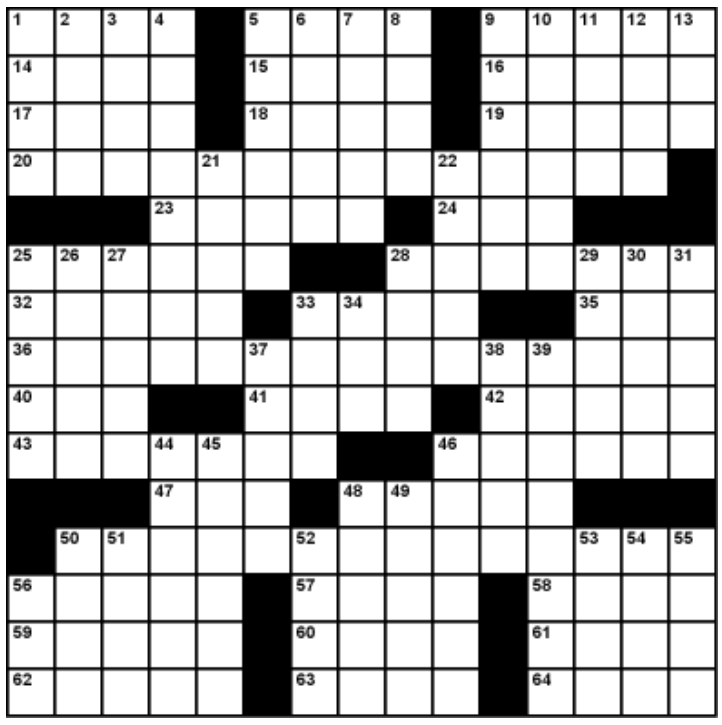
Signs Of The Times

Across

1. First mate?
5. Man, for one
9. Sports car feature
14. Centers
15. Mideast canal
16. From the top
17. Transgressions
18. *Lion King* villain
19. Singer Patsy
20. A sign that makes shopper's nervous
23. Olympic blades
24. It can be pale
25. Gem units
28. Barren
32. Wombs
33. Game name
35. Dover is its cap.
36. Highway worker's sign
40. Wrap up
41. Vegas numbers
42. Desist
43. Paraphrase
46. Queequeg, for one
47. Army unit?
48. Sounded content
50. A sign for the kiddos
56. Plaid alternative
57. Continental capital
58. Always
59. Give a keynote
60. On
61. Hawaiian root
62. Jerry or Jerry Lee
63. Morning moistures
64. Pre-cable woe

Down

1. Too
2. Slay
3. Teenager concern
4. Got it wrong
5. Forum topics
6. Sweetener, in Paris
7. Springs
8. Old Testament Book
9. Fishing gear
10. Harder on the eyes
11. Picnic concern
12. First name in crooning
13. *U2* hit
21. Some nerve
22. Like most movies
25. Good doctor
26. Make amends
27. Analyzes
28. Seeks damages
29. Perfect
30. Pad paper?
31. Respected one
33. Something cracked?
34. If you drop it, you may trip
37. Numbers game
38. Feels sore
39. Airline offereings
44. Exotic vacation spot
45. Some terminals
46. Cousin of "uh-oh"
48. Less than right?
49. Turn signal
50. Miffed
51. Talon
52. Headliner
53. Netman Lendl
54. Wolfe of fiction
55. Sprout up
56. Fifth scale note



Quotable Quote

The first sign of maturity is the discovery that the volume knob also turns to the left.

• • • *Jerry M. Wright*

By GFR Associates • • • Visit our web site at www.gfrpuzzles.com

Arts Calendar

•Northwest Symphony Orchestra will present a family and Halloween Concert, "Dance and the Dueling Violins," 7:30 p.m., Saturday, Oct. 25, at the Highline Performing Arts Center, 401 S. 152nd St., Burien.

Performances will include *Polovtsian Dances* by Borodin; *Hungarian Dance No. 5* by Brahms; *Ritual Fire Dance* by Manuel de Falla; *Marche Slav* by Tchaikovsky.

Tickets are $14, and $10 for students and seniors. Tickets are available at www.brownpapertickets.com.

•Kent Parks' 19th annual Halloween Party presented will be Saturday, Oct. 25 from 3 to 6 p.m., at the Kent Commons. Family entertainer Bill Robison will host. A variety of activities for kids will be offered. Admission is $5 at the door; adults and kids under 2 are free.

•Vocal group Chic Gamine performs Friday, Oct. 24 at the Kent-Meridian Performing Arts Center, 10020 SE 256th St. Tickets are $20 for adults and $18 for seniors and youths. Tickets are available on-line at www.kentarts.com, by calling 253-856-5051 or in person at the Kent Commons.

•Taproot Theater Company presents a new production of Rachel Crothers' 1930s Broadway hit, *Susan and God.*

Tickets for ages 25 and under are $10. *Susan and God* runs through Oct. 25.

The new $10 25-and-under price is a significant savings over Taproot's normal tickets, which range from $20-33.

To purchase tickets, call Taproot Theatre's box office at 206-781-9707 or Ticketmaster at 206-292-ARTS.

Last week's crossword solution

A LEG UP

N	A	S	A	■	C	O	O	P	S	■	C	U	S	S
A	L	O	T	■	H	A	N	O	I	■	U	N	T	O
P	O	L	E	■	A	S	C	O	T	■	D	D	A	Y
S	E	E	■	K	N	E	E	H	U	G	G	E	R	S
■	■	M	E	E	T	S	■	■	A	L	E	R	T	■
S	T	A	L	E	S	■	T	O	T	A	L	■	■	■
T	I	T	A	N	■	C	O	N	E	D	■	T	H	E
A	M	E	N	■	C	L	O	U	D	■	P	E	A	K
Y	E	S	■	S	H	O	T	S	■	C	R	A	V	E
■	■	■	F	A	I	T	H	■	C	O	I	F	E	D
■	W	R	I	S	T	■	■	G	I	Z	M	O	■	■
T	H	I	G	H	C	O	L	O	G	Y	■	R	C	A
H	I	G	H	■	H	A	I	F	A	■	A	T	O	M
A	L	I	T	■	A	R	M	O	R	■	S	O	L	O
T	E	D	S	■	T	S	A	R	S	■	P	E	T	S

Weekly SUDOKU

by Linda Thistle

	8	2	6				9	
		7		9				5
9					5	7		
6				8				1
	9				3	4		
		8	5				3	6
4			9		8		2	
	7			2				4
		5		1		8		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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Last week's Weekly SUDOKU — Answer

4	1	5	3	9	6	2	7	8
8	7	2	5	1	4	3	6	9
3	9	6	8	2	7	4	1	5
1	5	8	7	4	9	6	3	2
6	3	9	2	8	1	7	5	4
2	4	7	6	5	3	8	9	1
5	8	3	9	6	2	1	4	7
9	6	1	4	7	8	5	2	3
7	2	4	1	3	5	9	8	6

Boom! Yamato Taiko beats it out

By Jessica Lovin
Staff Reporter

Jessica Lovin/THUNDERWORD

The Highline drum club, Yamato Taiko, finds the rhythm during one of their practices.

You can feel the vibrations from these ginormous drums pounding in your legs.

The noise echoes throughout the room.

The drummers are focused on tattooing the drum in a rhythmic beat.

This club is literally ready to make you shake.

The Yamato Taiko club is a group of students who get together to perform different variations of drum rhythms and choreography.

Drummers say partaking in the choreography feels somewhat strange and awkward, but moving as a group turns this form of drumming into something exciting to watch.

The drums are rather large (similar in size to a beer keg), and make an extravagant sound. Therefore, it's pretty hard to ignore the beat.

These drums are similar to the typical American drums, but also very different in several ways.

For example, most American drums today are typically made of different metals and plastics. Taiko drums are made of hollowed out wood and cowhide.

"They are much simpler [than American drums], and also give you a good workout," said Yamato Taiko President Melody Ericksen. "Overall, the sound is very different."

They may look crazy while playing, but it is something which takes a lot of hard work to accomplish, said new member Saori Suega.

"It looks easier than it really is," she said. "While practicing one of the traditional Japanese rhythms, there are seven steps we go through."

The seven steps consist of standing shoulder-width apart (or whatever's comfortable), and making various movements with your arms.

The drumsticks used are rather large, which helps create a heavier beat.

"It is my second year in the club, and I haven't played drums or any other instrument before," said Ericksen. "But it only took me about a week to get down the basics. It's not too hard if you keep on practicing."

It is very important how you coordinate your movements to the beats.

"There are two key parts of the performance: stance, and the beat," said Ericksen.

They are crucial to making a great performance, she said. Playing the drum may take a lot more effort than it looks.

"Sometimes I've gotten so into it, I have skinned my hands," said Ericksen. "After playing for a while, you can feel all the muscles throughout your body that are used to play the drum." Yamato Taiko is about 2 years old and has played at Highline's Global Fest the past two years.

Ericksen hopes to put together a new performance for the members to play at later on this quarter.

"Performing gives you something to look forward to and something that makes you want to get better," said Ericksen. "The members are very diverse. It used to be only Asians, but now we've had a few people of different nationalities."

The club has around 10 people, but could use more. The Yamato Taiko club meets weekly, every Thursday at 3-5 p.m. in Building 7. This club is open to everyone, so if interested contact Melody Ericksen at mericksen2@gmail.com or 253-250-8200.

Laugh it up at Auburn Avenue Theater

By David McIntosh
Staff Reporter

Andre Paradise is one of the comedians performing at the theater.

Comedian Susan Rice is appearing at Auburn Avenue Theater.

The Auburn Avenue Theater is having a huge comedy special on Thursday, Oct. 23.

John Knight, Susan Rice and Andre Paradise will all share the stage for a great performance.

This will be the only show with more than one comedian in over a month at the theatre.

The show will start at 7:30 p.m. and all seats are general admission. Regular tickets are $17 and tickets for seniors are $15.

Tickets are available at the venue or online at www.brownpapertickets.com/45771. The Avenue doesn't recommend anyone under 18 attend this show.

The Auburn Avenue Theater has been around for 30 years and presents a variety of live performances. The venue has had concerts, comedy, Broadway musicals, children's theatre and mystery theater.

Since 2007, the Auburn Avenue Theater has been leased to the city of Auburn as a performing arts space. Located just off Highway 18, this venue is great place for all sorts of live performances. John Knight has been doing comedy for more than 20 years and is the host of a radio show called Saturday Morning Live.

Knight has written for various television shows and has appeared on Comedy Central and Showtime.

The woman of this comedy show is Susan Rice. She has been doing standup comedy for more than 24 years.

Rice's local newspaper, The Oregonian, calls her "a must see comic." Rice is one comedian that has no problem making fun of herself to make the audience laugh.

The final comedian for the night will be Andre Paradise.

With a style much like Richard Pyror, Paradise talks about family issues.

Paradise has had many TV performances, such as Comedy Central, BET's *Comic View*, and *Buffy the Vampire Slayer*.

Paradise is known for being a high energy performer who isn't afraid to talk about the stuff we all think.

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Lady T-Birds soar into second place with close win

By Liz Phillips
Staff Reporter

Max Dubbeldam/THUNDERWORD

Highline's Sammi Borgstrom tackles Whatcom's Jessica Jensen during Saturday's 1-0 win.

The Lady Thunderbirds rode out a five-game winning streak to move into second place.

Highline recorded a shutout against Whatcom with a final score of 1-0. Highline also defeated Olympic, 3-1. Whatcom is currently in second place in the North Division and Olympic is fourth in the West.

"Whatcom was a good test and the girls fought very hard to get the result," said Head Coach Tom Moore.

"We talk about it all the time. When there is a big game and it's close, you may only get one or two chances to put a goal away and you have to make it count. We did just that in the first half."

The win over Whatcom last Saturday took Highline another step closer to the playoffs.

"It was a huge mental lift for us since Whatcom is really the only team all year that I thought outplayed us in a game -- the first game we played, they beat us 4-2 and deserved the win. The girls knew we would need to play tough the entire game and that is what we did," Moore said.

Highline came out strong early in the first half. Ivanca Frerichs said that the opponents kept getting frustrated with Highline because Highline kept cutting off their angles and double-teaming Whatcom attackers and forcing them to have bad touches on the ball.

Highline took advantage of these errors. Whatcom's biggest mistake of the game happened at the 30-minute mark. A chipped ball to Highline forward Kelsey Lusebrink gave her a one-on-one opportunity with the Whatcom goalkeeper.

Lusebrink hit a powerful shot straight at the keeper, which knocked her to her knees. Highline's Whitney Lynch swooped in and scored the one and only goal of the game.

Frerichs said Lusebrink must have kicked the ball very hard because Whatcom's keeper was down for a solid four or five minutes.

The second half of the game was very close, back and forth down the field, and Whatcom got some good shots on goal. But Frerichs and the Highline defense kept the Orcas out of the net, giving the T-Birds the win.

"Whatcom made a mistake and we took advantage of it and that's what good teams are able to do in big games. We only gave up two very good scoring opportunities in the game and Ivanca [Frerichs] did well to smother those chances," Coach Moore said.

"Seeing how hard the team fought at the end of the game to not give up any chances was great. The kind of heart this team displays is something you can't coach and can only hope rises to the occasion. To this point, the team has shown a great deal of this," Moore said.

Highline had a much easier time with the game versus Olympic.

"The Olympic game was a complete domination," Moore said.

Although Olympic scored first, Highline truly outplayed Olympic, Moore said.

Olympic scored within the first 15 minutes. A foul was called against Highline inside the 18-yard box, which gave Olympic a penalty kick.

The kick was hit well on target. Goalkeeper Frerichs moved in the right direction but missed.

"I had my fingertips on the ball," Frerichs said.

This goal was a catalyst for Highline. A minute later, Highline's Andrea Erdahl fired back.

Erdahl mentioned to Moore that she noticed Olympic's keeper was out of position as she fired a left-footed shot and scored.

Five minutes later, Highline scored again. The goal started off with Lusebrink pushing the ball up to Lynch. Lynch received the ball and hit a low, hard shot from just outside the penalty box. The shot was true and made the score 2-1.

Frerichs said that at halftime Coach Moore told them to keep working hard and not let down. Highline took his words to heart and did just that.

Within the first five minutes of the second half, Highline's Korinne Goudey scored to make it 3-1.

Goudey retrieved a miscleared ball from about 25 yards out and took the ball upfield, set herself up with a touch, and hit a low, hard shot inside the far post from just outside the penalty box.

After Highline's last goal, they had numerous other shots that were off target, although they hit the post three times, Moore said.

Frerichs said that Highline truly dominated the whole game. She said that after the first half, she rarely touched the ball.

"We outshot them and were dangerous the whole game. Things have been getting better and better each game," Moore said.

"We've had more time to get used to each other and settle into positions," said Highline's Kelsey Louvier.

On Wednesday, Oct. 22, Highline played rival Green River at home, drubbing the Gators 6-2.

Kelsey Lusebrink led the T-Birds with four goals, plus one assist.

From the start, Highline was very aggressive and really moved to the ball. The T-Birds took a lot of great shots but the follow-ups on those shots weren't there.

Lusebrink and Highline's first goal came at 18 minutes, off a long pass from Brittany McKay. Lusebrink went one-on-one with Green River's goalie before punching it in.

Two minutes later Green River's Amber Rabena scored. Frerichs dove but missed by inches.

Highline took the lead back at the 24-minute mark. A corner kick from Erdahl settled the ball right in front of the goal for a perfect shot by Lusebrink, making the score 2-1.

A minute later Green River scored off of a corner kick.

Lusebrink put Highline back on top for good a little while later, making a hard, left-footed shot.

From the right side, Erdahl was looking to center the ball. Green River's keeper came out too soon and Erdahl's shot literally rolled into the net, making the score 4-2 going into the half.

Three minutes into the half Highline's D. Guerra scored, off of a pass by Lusebrink. Lusebrink closed out the scoring soon after.

"We are setting our sights on catching Bellevue, and in order to do that we have to make sure we don't make any mistakes. We'll need Bellevue to slip up in one or two games and that is very possible since they still need to play Shoreline, Whatcom, and ourselves," Moore said.

Highline hosts Skagit Valley at 2 p.m., Saturday, Oct. 25.

Thunderbirds kick their way back to the top

By Max Dubbeldam
Staff Reporter

The Thunderbirds are hitting a rich vein of form and confidence and are back in first place.

Highline currently sits one point above rival Bellevue. However, Bellevue has a game in hand and depending on the outcome they could retake first place.

Highline dominated the play in both of last week's matches against Olympic and Whatcom.

"Playing well and confidence go hand in hand," said Head Coach Jason Prenovost. "I think we always expect to win and Wednesday was no different; however, Olympic put forth a great effort and that forced us to play good soccer."

Highline played Olympic on Wednesday, Oct. 15, and won the match 4-0.

Highline forward Robbie Gouk opened the scoring in the first half with a headed goal in the 36th minute.

It wasn't until the second half that the Thunderbirds extended their lead. Jarret Thomas put Highline two goals up in the 65th after receiving a pass from Alex Bresnen.

Gouk scored his second goal, and Highline's third, in the 71st minute and Ryan Kuffler finished the score at 4-0 after putting the ball in the net in the 75th.

"Many of the boys played well... Fernando looked to regain some of his early season form and I thought had a very good game," said Prenovost. "Robbie was also able to put a couple of goals away and is beginning to contribute on a regular basis."

Prenovost added that the defense also played well and said, "Our defense was less careless with the ball and that allowed us to build our attack."

Liz Phillips/THUNDERWORD

Marco Heredia of Highline shielding the ball from Josh Rudnick of Whatcom.

On Saturday, Oct. 18, Highline played Whatcom at home and Prenovost's team dominated the play and won the match 3-1.

Highline was putting good pressure on the Whatcom players, their passes were finding their intended targets, and they were spreading the play well.

In the 36th minute Whatcom failed to clear the ball out of the box, and Alex Bresnen rifled the rebound home to give the Thunderbirds a 1-0 lead.

In the 43rd minute Highline had a free-kick that was defended by Whatcom, but the ball fell to Marco Heredia, who shot the ball low into the corner from outside the 18-yard box.

The second half was much of the same as Highline kept dominating the play, but couldn't find the scoring touch.

Bundu Koroma put the third goal in the net for Highline after receiving a cross in the 84th. Daniel Nam sent in the cross after successfully defeating a Whatcom defender with a move he dubbed the "shake and bake."

After Whatcom's kick-off, they completed a few one-two passes and Mirza Memic ended up one-on-one with Highline keeper Liviu Bird and rounded him to make the final score 3-1.

The Highline players were positive after Saturday's match and were confident about the rest of the season.

"We played good for the full 90 minutes," Alex Bresnen said. "If we play the way we played now, well be good."

Coach Prenovost was also positive about Highline's play.

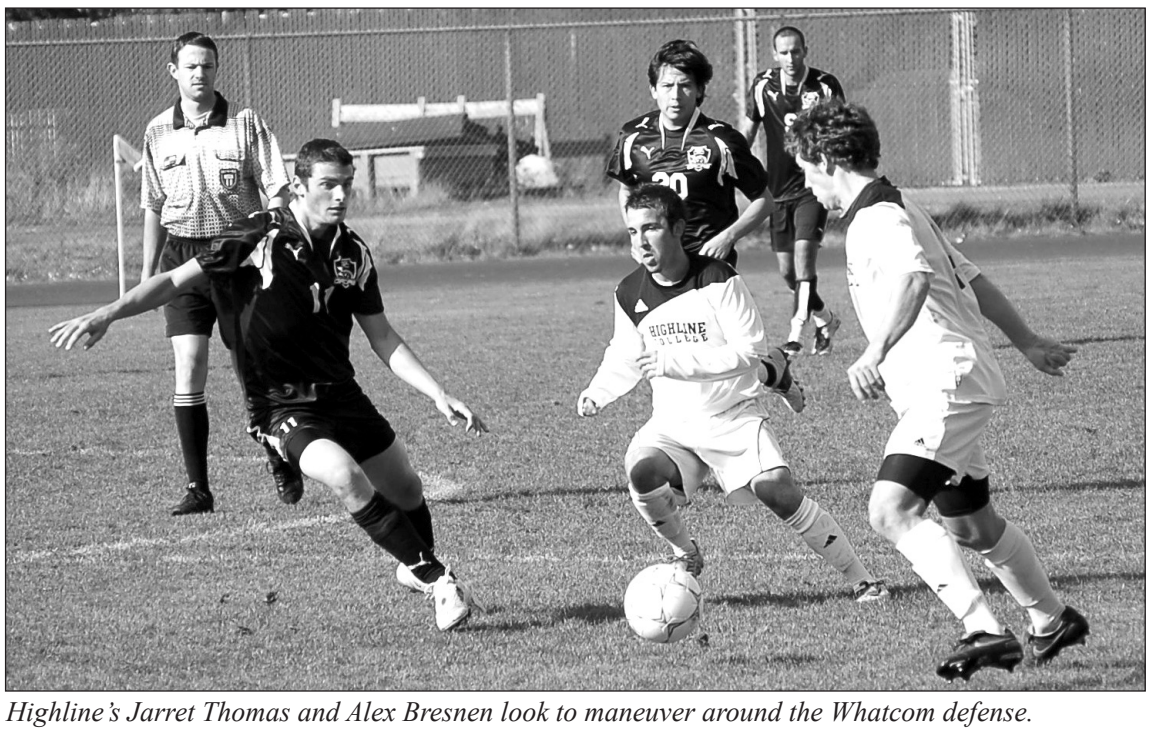
"All in all our goalkeeping improves every match," Prenovost said.

"The back four are beginning to dictate play and anchor down not only our defense but begin our attack. Our midfield is beginning to work as a unit allowing us to play better team defense and be more aggressive on offense. The forwards are working better off the ball creating confusion for opposing defenses and opportunities for each other. Maybe the biggest strength of this team is that when we bring someone off the bench they contribute." Prenovost said.

However he did say the team still has a few things to work on.

"We still need to be more polished and consistent in our play. I would like to see more communication on the field and will be looking for steady leadership to emerge when the team is under pressure... but we are beginning to figure some things out and the team seems to be heading in the right direction. The goal is to be playing our best soccer heading into the playoffs."

Highline had a bye on Wednesday. On Saturday, Oct. 25, they host Skagit Valley at 2 p.m. Next Wednesday, Oct. 25, they play at Bellevue at 4 p.m.



Highline's Jarret Thomas and Alex Bresnen look to maneuver around the Whatcom defense.

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UW Advisors from the following departments will be on our campus to help you with your transfer planning: Admissions, Architecture, Art, Biology, Business, Communication, Construction Management, Nursing, Political Science, Social Work, and more!!

When: Wednesday, November 5, 10:30 am-12:30 pm (drop by during these hours)
Where: Highline Student Union, Bldg 8, first floor (Mt. Constance Room)

Come by and connect with the advisors! Bring your questions.

Questions: Contact Siew at transfer@highline.edu or ext. 3936.

Volleyball brings record up to .500

By Brian Grove
Staff Reporter

Highline's Lady Thunderbirds continued to play well this week as they steamrolled Centralia and faced off against teams from around the state in the Wenatchee Valley Crossover Tournament.

Along with the better play that has brought the team's record up to the even watermark of 3-3, the Lady T-Birds look like they're having a lot of fun.

"We're pretty loose right now. This weekend was a good chance to play live without pressure. The next two weeks decide whether we make it into the playoffs," said Head Coach Chris Littleman.

Last Wednesday, Highline made the trip down to Centralia to play a division game against the Trailblazers. Highline defeated Centralia in three games, 25-9, 25-19, and 25-19.

The match went very quickly; there were no kills, assists, or digs recorded above 10, or blocks or assists recorded above three for either side.

Breast cancer awareness was the theme for the game, so the women wore pink wristbands to show support.

"It was a really cool game. We got to wear cool pink wristbands, I got to serve, and we even took a picture with the other team," said Highline's outside hitter, Shannyn Fisher.

As good as Highline's game went against the Traiblazers, they did not have the same results in their tournament last weekend.

Highline went 3-1 the first day, defeating Shoreline, 17-25, 25-23, and 17-15; Umpqua 25-19, 29-30, and 16-14; and Spokane, 17-25, 25-20, and 15-10 before losing to Wenatchee Valley, 18-25, 25-15, and 15-11.

John Littleman

However, the second day the Lady T-Birds went 0-2, losing to Shoreline 21-25, 25-22, 25-16, and 25-18, and Linn-Benton 25-18,9-25, and 17-15.

Also, the coaches received a number of penalties, totaling up to four yellow cards, a red card, and a red and yellow card, the ejection card which lead to Assistant Coach John Littleman being kicked out of the gym for arguing with a referee.

Later, Littleman laughed about the ejection.

"It was probably one of the best calls of the tournament," said Littleman. "To be fair, there's not a lot of college volleyball played in Wenatchee, so the referees don't have as much experience."

Although they went 3-3 in the Wenatchee Crossover and Adriana Aukusitino made the tournament all-star team, Highline's players say they could have done better.

"We finished third, which was frustrating because we lost to teams we'd already beaten," said Highline's middle blocker Leticia Colon.

Looking ahead, Highline's players and coaching staff are very excited for the second half of the season to begin.

"We still have a shot at first place, and there's no way we're losing," said Highline's Fisher.

Getting to the NWAACC tournament is the team's ultimate goal for the regular season.

"We have to make it to the NWAACC tournament, that's where all the Division I scouts are," Colon said.

Head Coach Chris Littleman is eager for different reasons.

"We're excited to see how the girls have improved from the first half of the season. I think we can sweep. It'll be fun. If we win on Wednesday, that can give us a snowball of momentum. Not to mention the three out of the next four matches are at home," Littleman said.

The Lady Thunderbirds are still in fifth place in the West Division, behind Clark.

Highline played first-place Pierce at home on Wednesday, Oct. 22, with results unavailable at press time. They will play Green River on Friday, Oct. 24, on the road and next week on Oct. 29, against Tacoma at home.

Cross country teams finish fifth at Bellevue Invitational

By Joshua K. Hauck
Staff Reporter

Highline cross country continued to make steady progress at the 10th annual Bellevue Invitational on Oct. 18.

Although both the men's and women's teams came in fifth place overall, there is a definite sense of readiness for the challenge ahead.

"Our runners were able to work hard, get great times, and not wear themselves out prior to the North Region Championships," said Head Coach Josh Baker.

The Bellevue Invitational was the team's last regular season meet. On Oct. 25 the Thunderbirds will be attending the Northern Regional Championships, followed by the NWAACC Championships on Nov. 8.

The Highline men continued to express their excellence, finishing second amongst the four community colleges in attendance. Participating in the men's 8k event were five running clubs and three NWAACC teams: Everett, Bellevue, and Skagit Valley.

John Timeus, representing Club NW came in first with a time of 24:33.83. In the overall team scores, Club NW also earned first place.

"On the guys' side, Ryan Eidsmoe and Kevin Clancy continue to lead the way. John Hurlburt and Abdi Hassan really came on strong this race. I am excited to see how they will all perform at the Championships," said Baker.

Eidsmoe came in 14th place with a time of 26:16.56. Clancy battled for a 17th place finish in 26:26.95.

John Hurlburt and JP Strozewski came in 29th and 30th with times of 27:03.03 and 27:05.91.

Following those two came Abdi Hassan in 32nd place with a time of 27:09.02. Bill Macdonald earned 53rd place in 28:43.94.

Colby Peters came in 58th with a time of 29:15.09. Finishing up for the T-Birds were Nate Tustison and Jeff Eaton in 65th and 80th with times of 30:02.19 and 32:05.64 respectively.

For the women's 5k event Vanessa Hunter of Club NW came in first with a time of 16:59. NW Club once again managed to take first in the overall team scores.

The coaching staff said Highline ran well at this meet.

"This was a good race for us. We had several season and career PRs [personal records]," said Coach Baker.

Among them were Anna Resendiz and Livia Mahaffie who came in first for the Lady Thunderbirds.

Overall, Resendiz finished 19th with a time of 20:46. Mahaffie finished 24th with a time of 20:57.

Kim Barney came in 30th with a time of 21:17. In 50th and 51st were Krysta Renton and Catherine Nalley in 27:28 and 27:40 respectively.

Also finishing back to back were Gracie Eder and Michelle Esbenshade in 52nd and 53rd, with times of 28:46 and 28:58 respectively.

With four meets under its belt, Highline must look ahead to the upcoming championships.

The Northern Region Championships will be held in Bellingham on Oct. 25. Running against Highline will be Bellevue, Everett, Green River, and Whatcom.

"We have just come off of two very fast courses. The challenge at the championships will be to adapt to two slower courses," said Coach Baker. "Our runners have really been working hard to get into top shape."

Scoreboard

Women's Volleyball

North Division

Legue/Pts/Season			
Edmonds	7-0	1.000	29-6
Whatcom	6-1	.857	16-19
Bellevue	5-2	.714	15-14
Sk.Valley	3-3	.500	12-9
Shoreline	2-5	.286	8-24
Everett	1-6	.143	5-16
Olympic	0-7	.000	2-26

East Division

Wa.Walla	7-1	.875	23-8
Col.Basin	6-2	.750	20-15
BlueMt.	5-3	.625	12-17
Tr.Valley	5-4	.556	31-11
Wenatchee	5-4	.556	24-14
Spokane	5-5	.500	25-18
BigBend	1-7	.125	6-16
Yak.Valley	0-8	.000	1-26

West Division

Pierce	6-1	.857	19-7
Tacoma	5-1	.833	22-13
Gr.River	5-2	.714	16-15
Clark	4-3	.571	16-15
Highline	3-3	.500	21-15
Lo.Col.	3-4	.429	12-11
Gr.Harbor	1-6	.143	1-18
Centralia	0-7	.000	3-24

South Division

Chem.	5-0	1.000	35-0
SW.Ore.	4-1	.800	16-11
Clack.	3-2	.600	30-11
Linn-B.	1-4	.200	9-26
Mt.Hood	1-4	.200	8-18
Umpqua	1-4	.200	7-19

Men's soccer standings

North Division

Legue/Pts/Season			
Whatcom	7-2-3	24	7-2-3
Shoreline	5-5-3	18	5-5-3
Edmonds	5-8-1	16	5-8-1
Everett	3-9-2	11	3-9-2
Sk.Valley	1-10-1	4	1-10-1

East Division

Wenatchee	9-0-3	30	10-0-3
Wa.Walla	9-2-1	28	10-2-2
Col.Basin	7-4-1	22	7-4-1
Spokane	7-4-1	22	7-6-2
Tr.Valley	4-4-4	16	4-4-4

West Division

Highline	11-0-3	36	11-1-3
Bellevue	11-0-2	35	11-0-2
Peninsula	6-3-3	21	6-5-3
Tacoma	5-6-3	18	5-6-3
Olympic	0-11-1	1	0-11-1

South Divison

Chem.	7-2-6	27	9-2-6
Clark	5-7-2	17	5-8-3
Pierce	3-8-1	10	3-8-1
SWOre.	2-11-2	8	2-11-2
SPSound	1-12-1	4	1-12-1

Women's soccer

North Divison

Legue/Pts/Season			
Shoreline	13-0-1	40	13-0-1
Whatcom	10-3-1	31	10-3-1
Edmonds	7-7-1	22	7-7-1
Sk.Valley	5-5-4	19	5-5-4
Everett	1-13-1	4	1-15-1

East Division

Wa.Walla	14-0-0	42	16-0-0
Col.Basin	11-1-2	35	11-1-2
Tr.Valley	10-4-0	30	10-4-0
Wenatchee	5-8-1	16	5-8-1
Spokane	2-9-3	9	3-10-3
Yak.Valley	1-10-3	6	1-10-3

West Division

Bellevue	10-2-3	33	10-2-3
Highline	7-3-5	26	7-3-5
Tacoma	7-4-4	25	7-4-4
Olympic	4-8-2	14	4-8-2
Gr.River	3-10-2	11	3-10-2
Lo.Col.	1-13-0	3	2-14-0

South Division

Clack.	9-4-2	29	9-5-3
Lane	7-3-6	27	8-3-6
Clark	5-7-2	17	5-7-2
Chem.	4-10-3	15	4-10-3
SWOre.	2-14-0	6	3-14-0

ATTENTION!!!

UW PHARMACY TRANSFER Majors

A professor from the UW SCHOOL OF PHARMACY will be on our campus to give a presentation on applying successfully to the major!
You will get a step-by-step overview of: required pre-requisite courses, application timeline, documents required, the interview process and other great tips.
Your questions will be answered! No need to sign up.
Wednesday, November 5, 12:15 pm.
Location: Highline Student Union, Building 8, 2nd floor, Mt.Skokomish Room (next to HCC Bookstore)

UW PSYCHOLOGY Majors

An advisor from the UW Seattle Psychology department will be here to give a presentation on applying to the major. Your questions will be answered!
Wednesday, November 5, 1:30 pm, Bldg 21, Room 205

New phys ed teacher knows Tae Kwon Do

By Christina Bradley
Staff Reporter

Darin Smith has found his dream job at Highline.

Smith is a new physical education teacher at Highline.

"This is my dream job. I have wanted to be a teacher for many years. The position at Highline fit my interests and goals. The job deals with physical education and personal fitness training," Smith said.

Smith is a former engineer that has found his passion in physical fitness.

"I was an engineer and I didn't like the cubicle life so I went back and got a degree in kinesiology at the University of Illinois at Urbana Champaign," Smith said.

Smith has a few years of teaching experience under his belt. He was a teaching assistant in graduate school and also taught kinesiology and biology for two years at Parkland Community College. Smith then moved to Austin, Texas for a full-time teaching job for two years.

"Overall, I have six years of teaching experience," Smith said.

Along with teaching, Smith enjoys martial arts.

"I have been a martial arts instructor for over 10 years and it is part of what attracted me to physical education," Smith said.

Ami Nguyen/THUNDERWORD
Darin Smith is the new physical education teacher at Highline.

Another reason Smith became interested in physical fitness was personal.

"I was always overweight as a teen and my senior year in high school they had a new fitness program where you were graded on a fitness test. For some reason that clicked in my head and I lost weight," Smith said.

From that point on Smith based his life around fitness and being healthy.

"I joined Tae Kwon Do in college and that changed my whole lifestyle to eat healthier," Smith said.

Smith is currently teaching a personal health class, walk and jog which is an activity class, and personal fitness training.

Physical education is a very important aspect in Smith's life and hopes that other people can gain something from it as well.

"The No. 1 message that I hope people gain is that your health is under your control to an extent based on your lifestyle factors. Most of my students are young and they are healthy right now, but as you get older your health will change," Smith said.

"It is important for people to know how physical activities help your mind and body. Being active is beneficial to all aspects because it can protect against disease and heart problems," Smith said.

Smith said he enjoys the Highline campus and also hopes to become very involved.

"I love it at Highline. The people are supportive and really helpful with getting me used to things. The students are all excited about learning. There are a lot of my students that are interested in personal training so they are enthusiastic and attentive. The campus is beautiful and you can see the mountains through all the trees. It is very green and a nice atmosphere to be in," Smith said.

"I'm not currently involved in any clubs at Highline, but I would like to start a women's self-defense seminar in the future," Smith said.

Smith said he is having a great time at Highline and plans on being here for a while.

"I would like to be here forever, that's that plan," Smith said.

Health convention offers new alternatives

By Grace DeWitt
Staff Reporter

The Seattle Alive Expo brings natural health alternatives and education to the Lynnwood Convention Center, Nov. 8 and 9.

This free event will last from 10 a.m. to 6 p.m. on both Saturday and Sunday. Some of the free services available are: food and product sampling, massages, interactive Pilates and yoga demonstrations, health screenings, seminars from health experts, and child care.

"There is no such thing as the magic pill, so to lose weight we must change the way we eat, supplement our poor diets with vitamins and supplements, and incorporate a daily or frequent exercise plan into our lives," said Alive Expo President and CEO Patrycja Siewert-Towns.

The keynote speaker is Kat James. James conquered an eating disorder and an autoimmune disease. Now, she offers insight into how she turned her life around and advice for individuals struggling with weight loss and self image issues.

Also speaking will be Dr. Karriem Ali, who has both an organic chemistry degree from Harvard University and a medical degree from Stanford University. Ali has experience working in 32 countries including the Amazon, Chocó, and Tanzania.

Other speakers will include: Dr. Gez Agolli, a naturopath and founder of the Progressive Medical Centers in Atlanta; Cheryl K. Burdette, a naturopathic doctor from one of Dr. Agolli's Atlanta Medical Centers.

For more information on this event or to download the free tickets visit the website at, http://www.aliveexpo.com/.

High cost in health care brings poverty on middle class

By Grace DeWitt
Staff Reporter

Americans spend more than any other developed country on health care, but they are not getting what they pay for, said Elise Muller-Lindgren.

Muller-Lindgren is a member nursing staff at Highline with a master's degree in nursing and 24 years of experience. On Wednesday, Oct. 15, she gave a presentation titled, "Health Status and Health Care in the US: Myth or fact?"

"We spend more than double of any other developed country," said Muller-Lindgren when explaining the cost of health care in the U.S.

However, even though Americans pay more than any other developed countries American's do not have better health outcomes, she said.

Citing the American Public Health Association Muller-Lindgren said that from 2006 to 2007 the numbers of uninsured Americans declined.

"The reason is that our middle class is shrinking substantially," said Muller-Lindgren.

Muller-Lindgren

According to the American Public Health Association, more than two million people have slipped below the poverty line and are now being covered by Medicaid.

"I think we kind of pride ourselves in our health but the statistics don't really bear it," said Muller-Lindgren. U.S. health care is ranked No. 37, behind Costa Rica, by the World Health Organization.

According to the American Public Health Association, approximately 98,000 people in the U.S. die from medical errors every year.

"Like an airplane carrying 300 passengers crashing everyday for 11 months of the year," said Muller-Lindgren.

Muller-Lindgren said prevention is where the U.S. will make the greatest gains.

"Education is directly related to health status," she said.

Reach the audience your business or program needs: Advertise in the Thunderword!
Contact Jaime McCall
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Duwamish River cleanup will take years, feds say

By Nicholas McCoy
Staff Reporter

Vaughn Profit-Breaux/THUNDERWORD

Industrial development along the Duwamish River has resulted in pollution that will take a long time to clean up, the EPA says.

The Environmental Protection Agency hopes to complete sediment cleanup on the Duwamish Waterway Superfund Site by 2020, but a full recovery of fish and wildlife in the region will take much longer, a project manager said.

The Duwamish River is a part of the EPA's Superfund program, which works to identify and clean up abandoned hazardous waste dump sites.

The river is fed from the Green River, and it empties into Seattle's Elliot Bay.

Along the path the river cuts through Western Washington is the industrialized estuary known as the Duwamish Waterway. The EPA added the Duwamish Waterway to the Superfund list in 2001.

When a site has been fully cleaned up and the area has fully recovered, an area is deleted from the list.

"We hope to be able to complete the sediment cleanup by 2020, but it will take a long time after that for the river's fish and wildlife to recover," said Allison Hiltner, a remedial project manager for the EPA. The EPA does not know when the site will be available for deletion from the Superfund program listing, she said.

"We're trying to make the sediment healthier for the creatures that live in it, and we're trying to reduce contaminant concentrations in fish and shellfish that people want to eat," Hiltner said.

Contamination of the river has been ongoing since the initial straightening of the river in 1913, which marked the beginning of industrial growth along the Waterway. The river has been contaminated by chemicals dumped by local industry over the years, as well as sewage overflow and contaminated storm water washing off from urban Seattle into the river.

No fish or shellfish other than salmon are safe to eat from the river. According to the EPA, intake of even the salmon must be carefully monitored. Despite these warnings, some people still eat from the river, and the Safeway supermarket chain has an agreement to buy and sell salmon fished from the river by the Muckleshoot Tribe.

There are obstacles to the clean up: the Lower Duwamish Waterway Superfund site covers 435 acres. "It's very large," said Hiltner

Before the cleanup on the Lower Duwamish Waterway can begin, Hiltner said, the uplands cleanup has to be completed. The uplands are those areas of the Duwamish Waterway Superfund site which sit above the high tide line. The Washington State Department of Ecology is currently in charge of the uplands cleanup.

Cleanup on the uplands is currently active, Hiltner said, and once that cleanup is finished, the EPA will start on the below-high-tide waterway cleanup.

"We don't want the area to be re-contaminated. We're waiting for the upland cleanup to be completed before developing a plan to clean up the rest of the waterway," Hiltner said.

"In general, the most you can do is tamp the contamination in place, dredge it out, or wait for long term natural recovery processes."

The ongoing contamination of the river is also an obstacle, Hiltner said. Oil and exhaust from cars, as well as other products of Seattle urban life, contribute to the site's contamination, she said.

"That's a very tough thing to tackle as well," said Hiltner. "We've identified several high priority sites — sites that we want to clean up first."

Among the early actions sites, said Hiltner, are the Terminal 117, Slip 4, Jorgenson Steel, and Boeing Plant 2 sites. So far, a plan has been completed for Slip 4, and plans for the cleanup of the Boeing Plant 2 and Terminal 117 sites are close to completion.

Slip 4 and Terminal 117 both sit along the Duwamish Waterway in Seattle's South Park neighborhood, a few miles from downtown Seattle. Terminal 117 is adjacent to the South Park Marina, four miles south of Elliot Bay.

Plans to clean up the other six Lower Duwamish Waterway sites will have to wait.

The next step in the process for the Duwamish Waterway cleanup, Hiltner said, is the publication of the Feasibility Study. The study will give the EPA a sense of what the logistics of the cleanup need to be.

A draft of the study should be published in March, said Renée Dagseth, an environmental scientist with the EPA. A final version of the study should be ready by 2010, Hiltner said. The big official comment meeting, the only one required by law, will take place at that time.

The EPA hopes to have more public meetings before then, however. The last public meeting took place in November, at the conclusion of a previous study.

Stakeholder meetings between the EPA, the Duwamish River Cleanup Coalition, involved businesses, and the Muckleshoot and Suquamish Tribes, who have treaty rights to fish the Duwamish River, are ongoing.

The studies, Hiltner said, are being paid for by four parties: King County, the City of Seattle, the Port of Seattle, and the Boeing Co.

"The law says anyone who is responsible for the pollution has to pay for the cleanup. Right now we're looking at who should be contributing," said Hiltner.

"I think it's most vital to know that this is a long difficult process, and we really want people to give us their input on how they think we should clean up the Duwamish."

No public meetings are scheduled currently, Dagseth said. Meeting times about the Terminal 117 site cleanup, once they are scheduled, she said, will be available on the Port of Seattle's website for the project, www.t117.com.

Dagseth said that notices about future meetings should also appear in major area newspapers, as well as in several Spanish language papers and the Real Change street newspaper.

She said that people should contact the Duwamish River Cleanup Coalition to become involved in the cleanup process.

The Duwamish River Cleanup Coalition can be found at www.duwamishcleanup.org.

Wireless

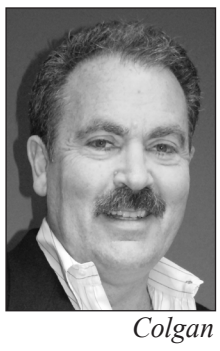
Continued From Page 1

but they can't access it because they don't have the credentials of a login," Colgan said.

Being wireless allows the students at Highline more access to the internet.

"The benefit is that you have faster access and a broader use. Students would be able to have internet access on their laptops while sitting in class," Colgan said.

Along with being able to have internet access you may also be able to use the internet in your car.



Colgan

"Some areas of the parking lot will receive the signal, but not all," said Colgan.

The connection will be steady and accessible to everyone on campus.

"It should be an equal connection throughout campus and there won't be any areas without a connection," Colgan said.

The connection will be monitored to make sure it is working at every point on campus.

"There will be a management tool that will tell us of any weak areas of connection," said Colgan.

Going wireless will be expensive, but the funds are already in order, Colgan said.

From start to finish it will cost $228,000. The first phase was funded $50,000 by the Associated Students of Highline Community College.

The remaining $178,000 is being funded by the Technology Advisory Committee, and by school general funding, Colgan

Ask the Bookstore

Question: Regarding Textbook Buy Back

"Why did I only receive $6.00 when I sold back my textbook to the bookstore? It cost me over $70.00"

Answer: A buyer from a wholesale company comes to the bookstore twice a quarter to determine the value of student's unwanted textbooks. The best time to sell back your books is finals week. Most books being used the following quarter are worth 50% of the New book price, even if you bought a Used book. Prices on books not being used again at Highline are based on current wholesale value which is 25% or less than current New Price. Example: You bought a used book and paid $50.00. If purchased new, the price would have been $66.70. So, when you sell it back, if the title is being used the following quarter, you would receive $33.35 back.

If you sell back your books during the first week of school, the wholesale buyer is only purchasing books for their company and not for the bookstore. You only receive 25% or less of the New Price because the bookstore has all the needed books for that quarter.

Finally, Highline Bookstore operates as a self-sustaining non-profit. Surplus funds are given back to Highline Community College.

ESL

Continued From Page 1

U.S. in different ways and have different aims.

"I came here to attend training for engineering instructors. And also to learn the teaching method and curriculum development," Samy Osman said. He comes from Egypt, where he teaches at El Mehala el Kobra Technical College.

"I want to speak English well because I want to help my husband's business," said Elisha Chong Broyles, who is married to an American and is now attending ESL program level 3.

"I want to improve my English and I hope I can give information to those who are interested to know about Buddhism," said Somjai Ounkeaw, a Buddhist monk who got his bachelor's degree from Mahidol University in Bankok, Thailand. He also went to San Antonio College, Texas before coming to Highline.

Some students are perfecting their English to understand lectures and do their assignments.

"I am studying here because I will continue my study on business administration in American college," said Nada Ahmad.

"On the first time I came here, my English was not understandable. Now I am learning English in ESL and taking pronunciation class," said Ryoutarou Inoue, a student of tourism and travel management. Inoue is from Japan.

Even though most of them are already in the U.S. and among people who speak English, they are still concerned about the importance of grammar and pronunciation.

Many say that they need to join special English programs for more guidance and lessons on how to use English properly and grammatically in daily life, school life, or other specific purposes.

"I speak quite well and I can understand (English) well. I just need to learn pronunciation and grammar. Now I can be focused on pronunciation and grammar here," said Broyles, who is originally from South Korea and came here 20 years ago.

Accents become a barrier too. In some countries where the students are from, British English is more widely used than American English. This is common in countries located in Africa, such as Egypt, Sudan and Ethiopia. That is why they still find difficulty in understanding American accents in conversation.

"People in my country use British English and I studied British English," said Daniel Mellese, who comes from Ethiopia and studied accounting there at Addis Ababa University.

Those who had studied English in their home country usually don't find so many challenges because they are used to listening to English conversation.

"English is not hard, because I am used to listen to British English. American pronunciation is a bit different," Mellese said.

"I started to learn English from the junior school until now," said Hussein.

Hussein also benefited from his experience at work. Before he came here, he worked as a tourist guide for a travel agency. He used to take people to see the world's second highest mountain, K2, in the Himalayas. He used English as the medium of communicating with the tourists.

"I used to meet Americans in my country. It gave me an idea about the way they talk and behave," said Hussein.

Challenges may vary. They can range from limited access to practicing English at home, or to trying to keep up with the pace of speech.

"I never use English at home, because all of my family members speak Chinese," said Jin-Jy Lin, a Taiwanese lady who attended ESL classes for a year and a half year in Federal way. Now she is attending the I-best program for child care at Highline.

"Americans speak so fast sometimes. I always have to ask them to repeat what they said," said Ounkeaw.

"There is a lot of vocabulary I did not know. I always have to look up the dictionary," said Hwan Wang, a Chinese student who is learning chemistry.

Inoue thought that he has the same challenge as Wang.

Wang and Lin also said that the ESL classes are just too short.

However, they don't give up and find ways to improve their English besides having ESL classes.

"I watch movies with subtitle at first, and try to watch without subtitle," said Inoue.

"I watch TV and news and I have a dictionary. They really help me," said Nada Ahmad.

"I learn online. I also watch TV, especially cartoons. They provide simple and easy visualization and pronunciation," Ounkeaw said.

"I love talking to my American cousins. It is fun," said Mellese.

However, the students say that the ESL programs help them to break the language barrier in everyday life.

"Learning English in the country where most people speak it is an advantage. I remember my teacher in my home country reassured me," said Inoue.

And most of them say that ESL programs become the source of information about American culture.

"In this class, my teacher told us the important of eye contact," Ounkeaw said.

"My instructor understands that we are foreigners, so he speaks slowly and it makes me understand the lessons. And I have so much fun, we can discuss cultural differences and ask questions about English and Americans," said Hussein.

Above all, they also emphasize that practice makes perfect.

"My English is improving, because we have more opportunities to practice here. If you are a football player and you practice, you are more likely to be more skillful. It is just like English. The more you practice, the more you master the language," said Hussein.

"On the first time I came here, I didn't even understand any word in English. I just said yes, yes and yes to everyone who talked to me," said Sami Osman.

"I learn from my teachers and friends, so now I understand English better," he added.

Those students show that to have English proficiency is possible. What students have to do is to use any possible chance to learn.

"Learning English or anything is a continuous activity. Students should be able to keep with it and soon, day by day, their English will be improving," said Hussein.

Finances

Continued From Page 1

fidence is down, so people are going to be much more cautious about spending."

"If the economy is going down, people are losing jobs, students become more strapped for cash in their pockets," Skari said.

"They may be less likely to have money for schooling," she added.

She explained that the situation is not so straightforward.

"At the same time, historically, this has happened: When the economy goes down, people return to school to get new training," Skari said. "It is kind of an interesting phenomenon."

Some programs have already had to adapt, such as worker retraining.

"They're seeing an increased demand," Skari said. "They've had to adjust."

Skari said that one of the college's primary concerns is to "accommodate those students who are coming back."

"It's hard to predict a whole lot of challenges, just because we haven't heard from the state yet," Skari said. "It's hard to learn to shift in the middle of a quarter, that's the interesting thing."

"We don't want to impact services," Skari said. "We want to try to find that balance."

One step Highline has made toward that balance is hiring the college's first grant writer, James Hopkins.

Skari explained that before this point, grants were written by those who needed them at the time.

She described the hiring of a dedicated writer as "an opportunity to have the experience with writing to try to tackle some other sources of revenue."

"I have been writing grants for over 25 years," Hopkins said, "and never get tired of the new energy that newly funded grants bring to a campus."

Hopkins explained that grants are "like winning money on a lotto ticket: it allows you to buy things and do things that the regular budget couldn't do before."

However, he warned, "the downside is, it is temporary, and programs need to learn to develop a sustainable product from the new money to make it worthwhile."

Skari mentioned one grant in particular that she hopes Hopkins' experience can help Highline to get: the Trio Student Support Services grant.

The grant is "$200,000 a year, specifically for tutoring, instruction and increasing academic success."

"We have a good shot at it. We just need somebody who knows, because writing federal grants is an art."

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