

THE Highline Community College Thunderword

Swine flu has campus on alert

By **SHANNON SEVEREID**
and **KANDI CARLSON**
Staff Reporters

Highline officials encourage you to take responsibility for your health when it comes to swine flu.

This can be as simple as washing your hands with soap and water, covering your nose and mouth with a tissue when



you cough and sneeze, avoiding contact with those who are sick and staying home when you're sick.

"The college's H1N1 [swine flu] preparations emphasis is on the personal responsibility each student, faculty member and staff member bears to reduce the spread of the H1N1 virus by practicing good hygiene and staying home when flu-like symptoms occur," said Larry Yok, Highline's vice president for administration.

Yok said Highline's Emer-

gency Response Team recently conducted a swine flu planning exercise in cooperation with the Seattle-King County Public Health Department.

Consequently, Highline has begun implementing several precautionary measures to prepare for an epidemic, if one occurs, Yok said.

Please see Swine Flu, page 10

Angel, myHCC greet students for fall

By **NICHOLAS MCCOY**
Staff Reporter

Highline students will get new login and course management systems this quarter.

Angel Learning, the new on-line course management system that is replacing Blackboard, will go live this fall after a limited test run this summer.

Logins for Angel will be included in another new system, myHCC, under which most student logins will be handled under one user name and password.

"Right now the myHCC login will be used for Angel Learning, instructional lab logins and other Instructional Computing supported applications such as online course evaluations, student elections and can be used for remote access to library on-line databases," said Tim Wrye, the director of Instructional Computing.

"Over the course of the next couple of quarters, it will be used for our new student e-mail and printing management systems," he said.

"The student e-mail is not yet implemented, but will be over the next quarter or so. When it is, all students will get a Highline e-mail address," Wrye said.

"All students will have access to the accounts, and will have use of them for Angel, elections, etc.

However, only students paying the Instructional Technology fee will have access to the computer labs," he said.

The school has sent out letters for students containing a code for students to use to activate their accounts.



Jessica Lovin/THUNDERWORD

vate their accounts.

"We sent out approximately 16,000 letters, attempting to reach as many potentially returning students as possible," Wrye said.

"Many of those people may not be planning to return," he said.

"As of now, all existing students should have been notified, with the exception of those whose letters were returned to us for address issues," Wrye said.

Students who haven't received a letter with an activation code or who are having difficul-

ty with the process can contact the helpdesk at 206-870-4880 or helpdesk@highline.edu, Wrye said.

Students who haven't received a letter should also check to make sure that Registration has the correct address on file.

Upon activation of their account, students will need to select a permanent user name. The Highline website warns that the user name cannot be changed, and that students should "choose wisely."

"Going forward, new students will be notified when they apply, or when they register for

ABE/ESL (Adult Basic Education), international, and CEL (Center for Extended Learning) students as they don't go through the normal admissions process," he said.

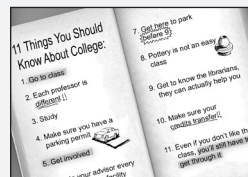
The goal of the new system is to simplify the login process across campus, reduce frustration related to duplicated names in the system and to increase security, Wrye said.

"In the long run, we hope to use it for all online student services, but there is no current timeline for that end goal," he said.

The login system was named

INSIDE

September 21, 2009
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**Back to school:
Eleven tips
to know about
college/P3**



**Men's soccer
hopes young
talent will lead
to success/P8**



**Volleyball team
off to fast start
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by Gerie Ventura from Library Circulation Services. Faculty, staff and students were given the opportunity to nominate potential system names as part of an open competition last year, and then the nominees were put to an online vote.

Ventura's myHCC came out on top.

"We had a pilot group that went through the process at the

Please see Angel, page 12

Highline enrollment rising; short budget will not help

By **LIVIU BIRD**
Staff Reporter

Enrollment at Highline is expected to rise about 10 percent from last year at this time, college officials said.

This means full-time equivalent enrollment could be as

high as 4,700 by the end of Fall Quarter, compared to 4,256 at this time last year. That could be 10,000 students on campus.

Final numbers will not be known until the end of the quarter because as the quarter goes on, more students enroll. Highline Registrar Kate Bligh said

there will be a substantial increase in enrollment beginning just after the quarter starts.

"Highline has a very healthy population of English as a Second Language (ESL) and Adult Basic Education students who typically enroll in classes after the start of the quarter," she

said.

The rising trend in enrollment began last year all around the state. Fall Quarter reports from the State Board for Community and Technical Colleges (SBCTC) reported an 8.2 percent increase in total enrollment last year. This trend is expected

to continue, according to Lisa Skari, Highline vice president of Institutional Advancement.

"There were early signs last year, with enrollment up about 10 percent and [we are expecting] probably another 10 per-

Please see Enrollment, page 12

The Thunderword /September 21, 2009



Cody Warf/THUNDERWORD

A campus worker prunes the trees for the upcoming Fall Quarter outside Building 10.

The smoking section suffers a saboteur

A security officer discovered both cigarette butt cans had been pushed over and broken into pieces.

The vandalism took place in the smoking area near Building 3.

Possible book theft

A Highline bookstore worker noticed a girl wearing gray put a book into her bag around the political science or philosophy area.

The suspect left the bookstore before anyone was able to confront her.

Possible shots fired at bus stop shelter

A staff member from Building 29 called the security office to report a shot fired at the Metro bus stop shelter in the south lot with shattered glass visible on Sept. 10.

Security checked the shelter and found a large impact on the glass possibly from a bat. The glass was shattered but still intact with the frame.

Security also found graffiti reading "Baby Tyne G. West Side 09-09-09."

Juvenile injures knee in daring escape

The security office received a call from a janitor in Building 27 on Sept. 10 regarding a male juvenile who had a deep puncture wound to his right knee.

He stated that three male juveniles had approached him outside of the library and asked to see his I-pod. When he refused and walked away, the other juveniles followed him and said not to look back or they would punch him.

The lone juvenile ran down the hill on the east side of Building 27 and tripped, injuring his knee. He then ran inside the building and asked the custodian for help.

Des Moines Police were contacted. The responding officers said they knew of the other juveniles and filled out an incident report.

The injured juvenile was later picked up by his mother.

--Compiled by Brian Grove

Bookstore putting a stop to student scams

The Highline Bookstore is handing out reminder slips of the refund policy to curb fraud.

There are no changes to the policy but the bookstore wants students to be aware of the policies before attempting to make returns.

"It makes it a little harder to commit fraud," Bookstore manager Laura Nole said.

There have been several types of scams that result in the bookstore having extra books on the shelves and losing money, Nole said.

"We are tracking the reasons for returns and making sure they are legitimate," she said.

Students have 10 days to make textbook returns and only with a receipt when accompanied by proof of drop/withdraw, according to the policy.

Give a yo-ho for pirate history studies

The History Seminar this week will feature a swashbuckling theme regarding pirate studies.

"Invasion of the Booty Snatchers: Fact and Fiction in Pirate Studies" will be presented by Dr. Jennifer Jones, a Highline geography instructor.

History Seminar is available as a one-credit class to students and is a weekly occurrence. It is also open to the public.

The event will take place Wednesday, Sept. 23 and run from 1:30 to about 2:20 p.m. in Building 3, room 102.

Lowe's putting foot down and will tow

Lowe's parking will continue to be off-limits to Highline Students for this school year.

Brian Russell, the manager of the Des Moines Lowe's, said he will not wait to act this year like he did last year.

"If it becomes an issue we will begin towing, but right now it's not an issue," he said.

Last Winter Quarter on Jan. 23, Lowe's began towing any cars that were parked in the lot all day and were not registered to any employees.

Russell said he wanted to

keep the parking lot solely to Lowe's customers and staff.

"It's not a public parking lot," Russell said.

Science Seminar topic is earth-shaking

This week's Science Seminar begs the question, "Will Seattle skyscrapers survive the great Cascadia earthquake?" It will be presented by Eric Baer and discuss the viability of Seattle's skyline in the event of an earthquake and how geologists

and engineers determine that viability.

Dr. Baer is a geology professor at Highline.

The Science Seminar is a weekly event put on by the Highline faculty and is open to anyone.

The Science Seminar can also be taken as a one-credit class for all Highline students.

This week's event will take place on Friday, Sept. 25 and run from 2:20 to 3:10 p.m. in Building 3, room 102.

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Summer campus fix-its mostly finished

By **BRIAN GROVE**
Staff Reporter

Construction crews at Highline were busy giving areas of the campus some much needed touch-ups over the summer.

Phil Sell, capital projects manager at Highline, has been in charge of the different projects on campus.

"We repaired and restriped the administrator parking, upgraded the recycling area, added a new ramp for the Dumpster and repaved the path to the Dumpsters for the trucks," he said.

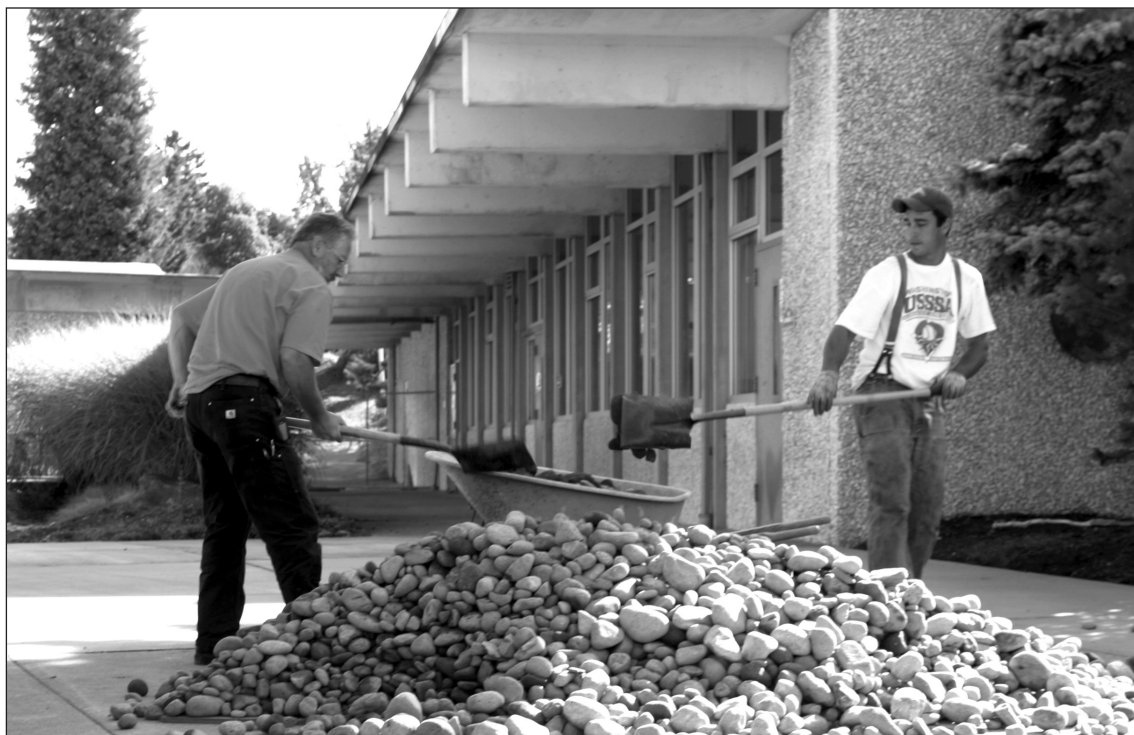
The storm sewer line and concrete between buildings 12, 13 and 14 were also replaced.

Sell said there is a lot of preliminary planning going on for projects to be completed in the near future.

"We are relamping the lights in the parking lots to increase brightness and that should be done this week. We also did a study on remodeling the second floor of the library and issued a contract to replace the doors leading in and out of Building 6," Sell said.

During Christmas break, the restrooms on the third and fourth floors of the library will be replaced to make them compliant with the American Disabilities Act.

The heating water piping of Building 26 is also being re-



Brian Grove/THUNDERWORD

Al Kuehn and Wes Madden work on a cosmetic fix for the garden by buildings 13 and 14.

placed. All buildings served by the central boiler will have no heat until the project is completed.

Sell said most of the projects that took place over the summer and will take place in the future were important repairs as opposed to cosmetic construction.

"The really important ones, such as Building 26, were much needed. The lighting levels in the parking lots were not bright enough and a safety issue. The restoring of the pavement however, was a facelift," he said.

While most of the projects were close to their estimated costs, the replacement of the storm sewer line and concrete between buildings 12, 13 and 14 was much more expensive than anticipated.

"We thought it was going to be a \$10,000 fix, but it turned out to be about six to eight times as much," Sell said.

"We had to tear up a lot of sidewalk to get at the piping, and it was old concrete piping crushed in several places. We had to replace the whole line,

about \$70,000. Everything else has gone pretty well," he said.

The total cost of the renovation projects should be between \$130,000 and \$140,000.

Sell said that with construction projects, there are a lot of hidden costs you don't see unless you're really in there. Each project needs consultants, engineers and a construction crew, along with the materials and labor.

All of the projects should be finished by the end of Christmas break.

Parking fees rise

By **CHRIS WELLS**
Staff Reporter

Highline students will be paying more to park on campus this year.

Since the 2004-2005 school year, students have been paying \$20 for part-time, five or less credits, and \$32 for a full-time permit. This year permits have been raised to \$29 for part-time and \$46 for full-time.

The changes were published in a school wide release last spring by Larry Yok, vice president of Administrative Services.

In the release, Yok discussed two reasons as to why the changes were implemented.

"First, we can preserve one full-time campus safety officer position if we can move it from state general fund support to the parking fund," Yok said. "This would bring the total number of positions funded by the parking fund to four."

"Second, the roads and parking lots maintenance fund is depleted. The permit fee increase will allow the college to keep up with the cost of road and parking lot maintenance, which is not eligible for state funding," said Yok.

"Two years ago, the college spent \$100,000 to repave the potholes in the parking lots and roadways. Last summer, the college spent additional funds to restripe the north and south parking lots (\$32,000) and stop the water seepage in the south parking lot (\$38,000)."

The parking fund, which is solely supported by the money earned through the cost of parking permits, also covers the salary and benefits for the campus safety supervisor, operating supplies and services, bus pass discount subsidy and purchase and maintenance of the patrol car.

Citation fines have also been raised.

Parking without a current permit displayed will now cost \$29, up from \$20 last year. Parking in the wrong area, improper parking, parking in a no parking zone, speeding, reckless/negligent driving, failing to yield the right of way, failing to oblige to a stop sign and wrong way on a one-way road will now cost \$58; last year was \$40. No valid disabled permit has stayed at \$250.

Students have one week into the quarter to purchase a permit before security starts issuing fines.

Permits are available from the cashier's office in Building 6, or online at <http://www.highline.edu/admin/safety/parking-permits.htm>.

Teachers have tips for student success

By **KANDI CARLSON**
Staff Reporter

The instructors at Highline have good advice for students starting classes this quarter.

Attendance is the first key to success.

"Every day is important," said Bob Baugher, a psychology instructor. If students find themselves in a situation where they have to miss more than two days they should contact their instructor, he said.

Baugher said students don't have to give specific details why they are missing class but making the effort to find out what is going on in class is important.

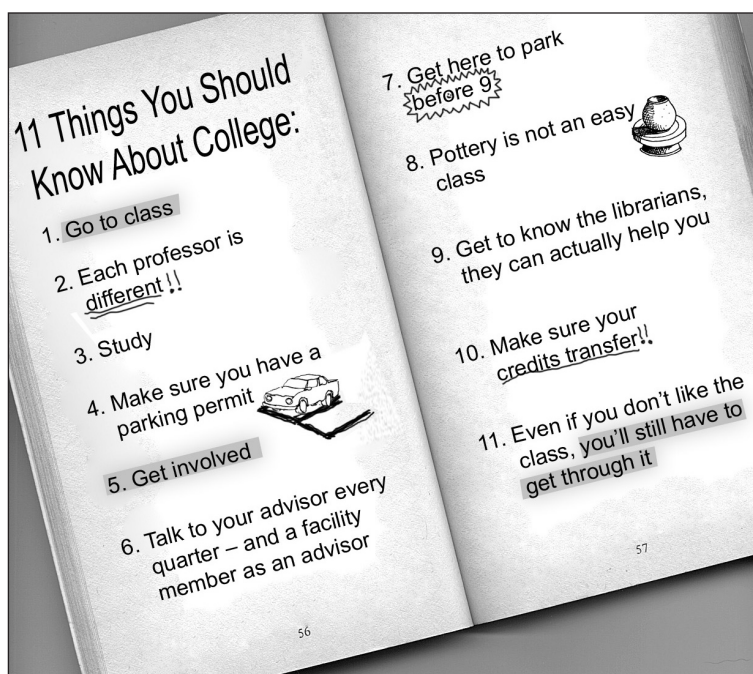
"Not showing up and not staying in contact are the most detrimental," he said.

Doing your homework is another key to success.

"Always do your homework as soon as possible," said Barbara Hunter, a math instructor.

If students wait until the last minute to do their homework they won't know what it is they need help with, Hunter said.

Working the problems ahead of time means that students can figure out what exactly they need help with and ask about it



Jessica Lovin/THUNDERWORD

in class, she said.

"Find a study partner," Hunter said. Students may be able to get help from a study partner when they can not reach their instructor."

She recommends that for every hour a student spends in class they spend at least one hour working on homework.

"Get help as you need it because it is hard to get caught up," said Christine Knighton, ABE/ESL instructor.

"Make sure your assignments are done the way they should be," she said.

"Reading the class syllabus and staying organized allows a student to know what is expected from them and when," Knighton said.

There is more to class than the lectures. "Read your book," said Sue Frantz, psychology instructor.

Do not wait until the day before to do your reading assign-

ments. "Don't procrastinate," Frantz said.

"I find the quietest place I possibly can," said Christine Nordquist, a Highline student.

The school library is great place to seek quiet to study.

"We have quiet areas where students can study without interruption on the 4th floor," said Marilyn Gerhardt, librarian.

Library hours for fall are Monday - Friday 7 a.m. to 9 p.m. Saturday 10 a.m. to 5 p.m. and Sunday 2 p.m. to 9 p.m.

Students finding they need extra help outside the classroom can find it in the tutoring center.

The tutoring center located in Building 26, room 319 and has trained tutors waiting to help students with their questions.

The math resource center and writing center are located in the same room. Students at all levels can find assistance here.

All a student needs to do is walk-in during open hours and let the receptionist know what kind of help they need. Students will then be directed to the right area.

The tutoring center hours for fall quarter are: Monday through Thursday, 8 a.m. to 7:30 p.m. and Fridays 8 a.m. to 1 p.m.

Editorial comment

Take this school year seriously

The beginning of a new school year is finally here, and with that comes a multitude of students on campus interacting and going to class.

The economy is down and enrollment is up, as many people are coming back to school in hopes of finding a way to avoid the new-found pitfalls of the situation. Because of this, classes will be crowded, students will be everywhere and instructors will have as much, if not more, work than they have ever had before.

To repay them, students need to take each class seriously and for what it is: another chance to make themselves better in some way. If they are paying for the class, they should at least be willing to show up and give it a chance.

No instructor should be made to feel like they are wasting their time with any student. A student who doesn't take things seriously not only wastes their instructors' time, but also their own and every other student's time around them.

A report released by the United States Department of Commerce in July 2002 examined the amount of money educated people make in their lifetime and compared it to the amount of money people with less education make in their lifetime.

According to the report, from 1997 to 1999, workers aged 25 to 64 with only a high school degree earned an average of \$30,400. The numbers rise steadily from there, with bachelor's degree carriers earning an average of \$52,200, master's degree holders earning \$62,300 and doctoral degree holders making \$89,400. Professional degree holders round out the list, making an average of \$109,600 annually.

Highline is a starting point (or a point somewhere along the journey) for people hoping to reach those higher levels of education. There is opportunity for all students here to reach those levels. By enrolling in classes, students take that first step on the road to educational fulfillment.

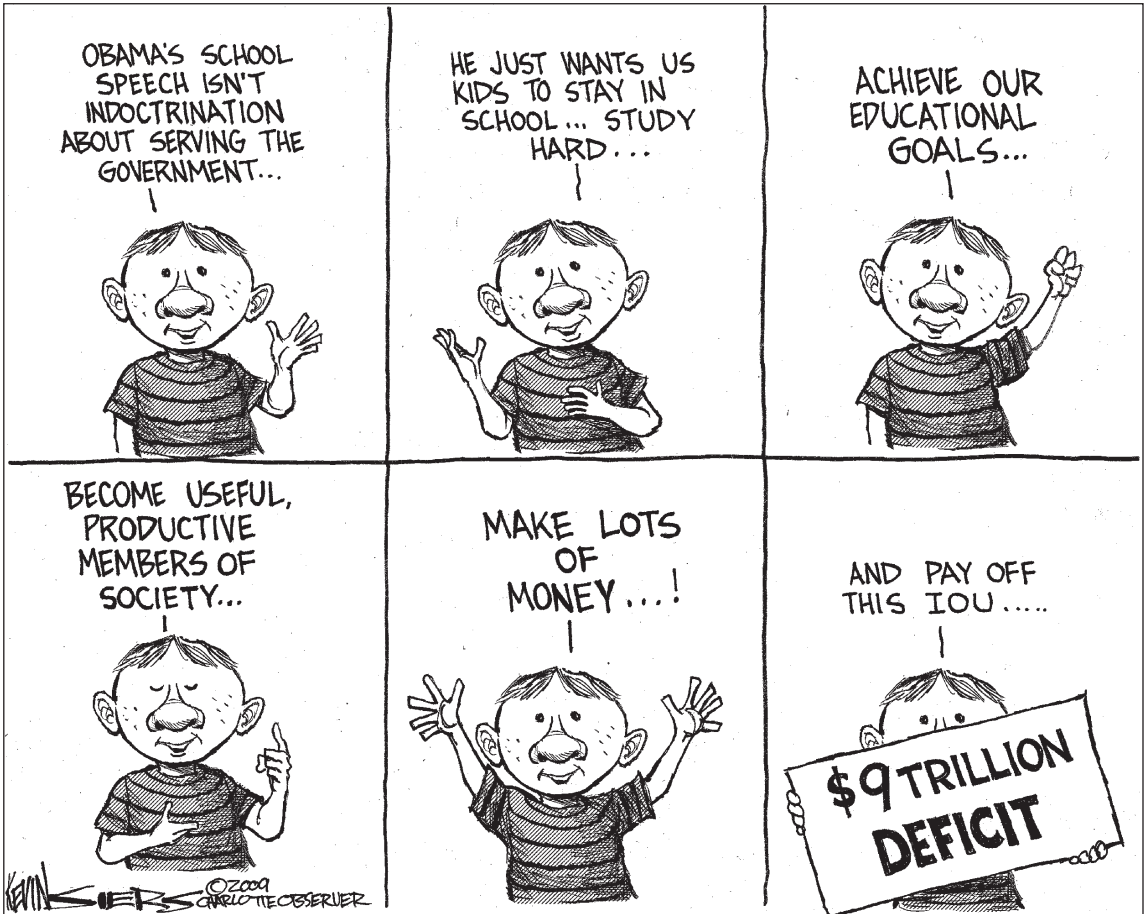
However, the work doesn't end there.

It continues with students regularly attending class, being an active participant in the learning process, doing homework and generally taking pride in their individual education process.

Staff

Do you want to get in at a higher level?

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Education makes a difference

Once again, we begin a new academic year. Welcome to Highline, an institution whose faculty and staff do important work every day.

For new students, especially those who are first-time college students, the first few weeks may require more commitment and persistence than you anticipated in order to adjust to college.

We offer you a path that can most likely lead to a better-paying job, greater financial rewards over your career, improved skills that can heighten your own quality of life and an experience that can enrich your ability to learn and can open doors to personal and professional relationships that last a lifetime.

The college's faculty and staff are proud to offer an inclusive learning environment and support for you to succeed. Take advantage of their efforts to assist you.

Have high expectations for yourself. Push yourself to open your mind to new ideas.

Education is the great equalizer in American society. It is the basis for social and economic mobility for the disadvantaged. Community colleges, more than any other form of American institution, provide access to education without barriers.

Highline offers this opportunity to you.

You will soon begin to learn how to navigate college. Fortunately, you will have many helpful faculty and staff to assist you.

Please use the information on the college's website and materials available to you at the admissions, financial aid and registration offices in Building 6.

However, you must seek the



Guest Commentary

Dr. Jack Bermingham

information out. You should become an active learner long before you walk into your first class.

The college is an extraordinary institution – one that provides you open access to education.

Your willingness to engage in college and to participate in the learning environment will be helpful as you work to succeed.

Students who get involved on campus are far more likely to do well in their studies and will become more competitive in the job market.

Just as importantly, they will also make a difference in the college and the community.

You are at a remarkable college. Be a part of it. For those students who are continuing at the college, help us make the campus a welcoming environment.

Use this new year as an opportunity to strengthen your commitment to learning and to improve your academic performance.

Calm your friends' anxieties about college and take them to get assistance from faculty and staff.

President Obama's speech a few days ago to school children rested on two pillars of his vision: "There is great hope and great potential in America, but the fulfillment of that hope is dependent on hard work and taking personal responsibility."

The message is similar for higher education students.

We ask you to do your best and to dig deep inside to find your own motivation.

If you simply chat with some of your fellow students, you will uncover stories that are certain to inspire you.

Of course, many faculty and staff members have great personal stories of triumph over challenging circumstances also.

It is because of their experiences combined with their values and commitment that I can promise you that we will do our best to help you succeed at Highline.

Together we will make a difference.

Jack Bermingham, Ph.D., is president of Highline.

Write to us

The Thunderword invites letters and guest commentary from members of the campus community.

You could write a letter to the editor to express your opinion about something happening on campus, locally, or even something happening nationally.

Tell us your name and include your relationship with the college.

Include whether you are a student, member of the staff, a member of the faculty, or other.

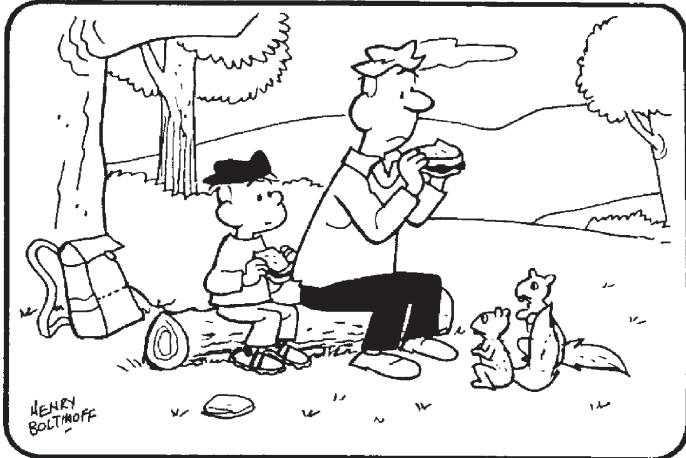
You could share your thoughts with the whole campus, which can be the perfect way to kick off the new school year.

E-mail your submission to: thunderword@highline.edu. Please limit your submission to no more than 400 words.

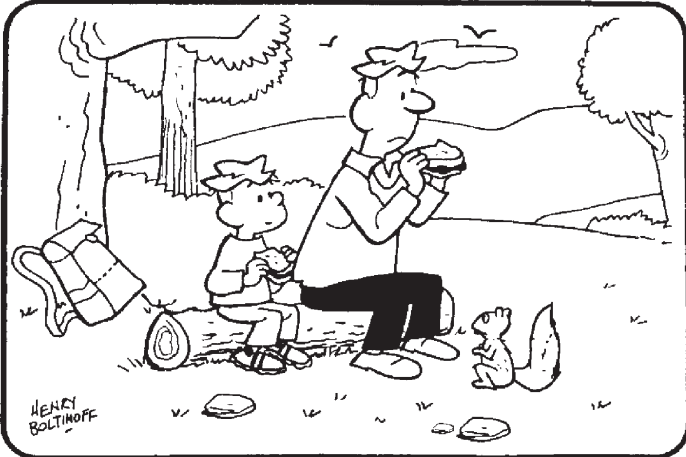
Please provide contact information for confirmation purposes.

HOCUS-FOCUS

BY
HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Squirrel is missing. 2. Birds are in sky. 3. Boy's hat is different. 4. More rocks are on ground. 5. Knapsack has been moved. 6. Tree branch is missing.

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Head Starts

Across

- 1. Storybook elephant
- 6. Rain cats and dogs
- 10. Big name in speakers
- 14. Nice school
- 15. "Anything ____?"
- 16. WWII troop carriers
- 17. Brook catch
- 18. Runners carry it
- 19. Good poker draws
- 20. Spicy condiment
- 22. Chaplin prop
- 23. Classic car
- 24. Ohio's "rubber city"
- 25. Big name in small planes
- 29. Praises
- 32. Trails
- 33. Tenth grader
- 37. Singer Guthrie
- 38. Gymnasium fixtures
- 39. Sacred image: Var.
- 40. Some are made in 24A
- 42. Pound occupant
- 43. Lawn tool
- 44. Bogie war flick
- 45. Night sights
- 48. Do one's part
- 49. Locks in a salon?
- 50. Sun soaker's furniture
- 57. Guesstimate words
- 58. Cheerful tune
- 59. Start of a conclusion
- 60. Shirt style
- 61. Charlie's Angels, e.g.
- 62. Like a horse or lion
- 63. Tulip part
- 64. Detected
- 65. Bouquets

Down

- 1. One of Alcott's "little women"
- 2. Prefix with phobia
- 3. Sack
- 4. Grad
- 5. Election data
- 6. Marinara alternative

Crossword 101

By Ed Canty

1	2	3	4	5	6	7	8	9	10	11	12	13
14					15				16			
17					18				19			
20					21				22			
				23					24			
25	26	27	28			29	30	31				
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45	46	47					48					
49					50	51	52			53	54	55
57					58					59		
60					61					62		
63					64					65		

- 7. Earthenware pot
- 8. Addict
- 9. Comedian Foxx
- 10. Professional forger?
- 11. Grouchy Muppet
- 12. Sec'y, often
- 13. Krupp Works city
- 21. Yellow, for one
- 24. Big fuss
- 25. Tax pros, briefly
- 26. Pull down
- 27. D-Day invasion town
- 28. Bathing place
- 29. Easy runner
- 30. Mimics
- 31. Pause fillers
- 33. Ticked off
- 34. Gumbo vegetable
- 35. Sound from a bowl
- 36. New age Irish singer
- 38. 18-wheeler
- 41. QBs' successes
- 42. Armstrong's nickname
- 44. MIT, for one
- 45. Mall units

- 46. Fortuneteller's card
- 47. Supermarket section
- 48. Follow, as advice
- 50. Deli orders
- 51. Emerald Isle
- 52. "I cannot tell ____"
- 53. Word that can follow the first word in 20A, 50A, 10D and 28 D
- 54. Cornerstone word
- 55. Bakery worker
- 56. Cincinnati nine

Quotable Quote

A hair on the head is worth two on the brush.

... Irish Proverb

By GFR Associates ••• Visit our web site at www.gfrpuzzles.com

? Trivia test

by Fifi Rodriguez

- 1. MEDICAL: What are the symptoms of a person suffering from a scotoma?
- 2. INVENTIONS: What color were early Model T Ford autos?
- 3. FAMOUS PEOPLE: Where was the French emperor Napoleon born?
- 4. GEOGRAPHY: What is the basic currency of Singapore?
- 5. ASTRONOMY: Gany-mede is a moon of which planet in our Solar System?
- 6. CHEMISTRY: What is the common use for the drug diphenhydramine hydrochloride?
- 7. ROYALS: Who was the

- second wife of Henry VIII of England?
- 8. MYTHOLOGY: Who was the Roman god of fire?
- 9. TELEVISION: What was Ethel's last name on the I Love Lucy show?
- 10. COMICS: In Superman comics, what was the motto of The Daily Planet?

- Answers
- 1. A spot in the visual field
- 2. Black
- 3. The island of Corsica
- 4. Dollar
- 5. Jupiter
- 6. As an antihistamine to treat allergies
- 7. Anne Boleyn
- 8. Vulcan
- 9. Mertz
- 10. "Always First with the News"

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Arts Calendar

• Lavay Smith & Her Red Hot Skillet Lickers kick off Kent's Spotlight Series on Saturday, Sept. 26 at 7:30 p.m. at the the Kent-Meridian Performing Arts Center, 10020 SE 256th St., Kent. Tickets are \$26 for adults, \$24 for seniors and \$20 for youths. Tickets are available on-line at www.kentarts.com, by calling 253-856-5051 or in person at the Kent Commons 525 4th Ave. N. Hours for phone and in-person sales are Monday through Friday from 6 a.m. to 9 p.m.

and Saturday from 8 a.m. to 9 p.m. Box office is closed on Sunday. •Live comedy returns to Des Moines with a family-friendly performance by Susan Rice on Friday, Oct. 9 at 7:30 p.m. at the Des Moines Field House. The second annual comedy event features Rice, who has performed on ABC, on *Evening at the Improv*, Showtime's *Comedy on the Road*, and the *Reunion Show & Comedy Express* on Fox. Comedian Debbie Wooten will open. Tickets are \$10 in advance, and \$15 at the door or

\$10 if you present your ticket from the Des Moines Senior Center's Spaghetti Night. Tickets are available at the Field House, 1000 S. 220th St. For more information, contact Nic Lind at Des Moines Park and Recreation, 206-870-6527, www.desmoineswa.gov •The Waterland Music Series returns to Des Moines with three concerts, beginning Tuesday, Nov. 17 with jazz guitarist Michael Powers. Presented by the Des Moines Arts Commission, Powers plays at 7:30 p.m. at the Highline College Lecture Hall, Building 7. A longtime local star, Powers's eclectic style draws big crowds wherever he performs. Powers will be followed by the Sirens Trio of the Oregon Chamber Players on Tuesday, Feb. 23, 2010, also at 7:30 p.m. The series wraps up with

Celtic performers Cul an Ti on Tuesday, April 20, 2010, also at 7:30 p.m. Tickets are \$30 for the entire series \$15 per show, and \$5 for students. You can also get the series price by purchasing any six tickets covering the entire series. Tickets are available at the Des Moines Field House, 1000 S. 220th St., and at the door. For more information, contact Nic Lind, Des Moines Park & Recreation, 206-870-6527, www.desmoineswa.gov •Got arts news? Send your information to csankey@highline.edu or call the arts editor, Courtney Sankey, at 206-878-3710, ext. 3317. Campus events will get

priority, but all non-campus items are welcome. Please include time, date and location of the event, plus contact information.

Weekly SUDOKU

by Linda Thistle

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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Students' wallets find bargain at Taproot

BY COURTNEY SANKEY
Staff Reporter

Taproot Theater is offering a Pizza N' Play night for students on Thursday, Oct. 1. For \$10 students and young professionals ages 18-25 can enjoy free pizza and take in the play *Enchanted April* by Matthew Barber.

Pizza N' Play night is fairly new to Taproot, only having started this last season. Since it was so successful they have decided to make it a regular occurrence. Every show through the 2010 season will have one of these low-budget nights for young adults in the greater Seattle area.

"We know that money can be tight for students," said Daytona Strong, communications manager for Taproot. "But we still want them to be able to experience the magic of live theater."

Enchanted April is based off of the bestselling novel by Elizabeth von Arnim and was adapted by Matthew Barber for the stage. It was nominated for a Tony Award in 2003 for Best New Play.

The story is about two elder English women who vacation together in Italy, with two other younger ladies, to give their lives a rest from the sorrow that the rain of England, and family, falls on them.

While staying in a villa in Italy the two eldest ladies find that the two youthful women help rejuvenate the older two's lives.

The villa turns their lives around and helps the women repair their wounded hearts. It's a heartwarming story of sorrow, hope, life and redemption.

"We're in some really difficult times right now," said Kar-



Erik Stuhaug/Taproot Theatre

Charity Parenzini (left), Aaron Finley (middle), and Nikki Visel (right) rehearsing a scene for *Enchanted April* directed by Karen Lund, which offers a Pizza and a Play night for young adult ages 18-25 on Thursday, October 1.

en Lund, director of *Enchanted April*. "So to come back to what gives us hope and the drive to keep moving forward is very inspiring. It's a reminder that things can be restored - that marriages, happiness and balance can be restored."

The show runs Sept. 23 through Oct. 24 with curtain rising at 7:30 p.m. on Wednesdays and Thursdays; 8 p.m. on Fridays and Saturdays; and 2 p.m. for the Saturday matinee.

The special \$10 Pizza and a Play night is Thursday, Oct. 1, for young adults ages 18-25. Make sure to mention that event when you call for your ticket reservation.

Regular tickets are \$20-\$22 on the preview nights, Sept. 23 and 24; Wednesdays, Thursdays and Saturday matinees are \$26-\$28; Fridays and Saturday evenings are \$30-\$33; and students and seniors are receiving a 10 percent discount on tickets.

To purchase tickets call the Taproot Theater box office at 206-781-9707. Taproot is located at 204 N. 85th St., Seattle.

Taproot's next play will be *Sherlock Holmes and the Case of the Christmas Carol* written by John Longenbaugh. The show will be playing from Nov. 20 through Dec. 30. Tickets will be available for purchase on Oct. 1.

Pralle to teach drama

Highline has hired a new drama professor, Debra Pralle, to replace Dr. Christiana Taylor.

Dr. Taylor retired after Spring Quarter 2009. She was the head of the Drama Department for many years.

Pralle has a master's degree in theater from Oklahoma State University.

Pralle has been seen on several local stages such as the Village Theater in Issaquah and

Everett and the Seattle Repertory Theater downtown. Some of the plays that she has been in are *The Dairy of Anne Frank*, *Hair*, *Two Gentleman of Verona*, and *A Christmas Carol*.

She has also been in several TV shows, including *The Fugitive* and *Walker Texas Ranger*.

Pralle will be teaching Acting 121 and will also be directing the Fall Quarter show, which has yet to be chosen.

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Time: 5 - 7 p.m.

Place: Highline Community College
Student Union, Building 8
2400 S 240th St., Des Moines

Please RSVP by September 30th

Email: startzone@highline.edu

Phone: (206) 878-3710, ext. 3388

Light refreshments provided.

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Contact Fran Clark at fclark@highline.edu or 206.878.3710, ext 3610.

Fall drama auditions today Jazz diva comes to Kent

Auditions for the fall drama production start today Monday, Sept. 21 in the Little Theater.

The show has been narrowed down to two possibilities; *Six Degrees of Separation* by John

Guare, or Sophocles' *Antigone*.

Auditions Monday are from 11 a.m. to 2:15 p.m.; Wednesday 11 a.m. to 5:30 p.m.; Thursday 2 p.m. to 5:30 and Friday 12:30 p.m. to 5:30.



•Centerstage will be opening Carl Sagan's *Contact*, a world premiere musical, on Friday, Sept. 25 and will run until Sunday, Oct. 18.

The show is a musical adaptation of the book, of the same name, and was written by Alan Bryce.

Tickets cost \$25 for adults; \$20 for seniors, students, and military personnel with valid I.D.; and \$10 for youth 17 and younger. Call 253-661-1444 or go to www.ceneterstagetheatre.com to purchase tickets.

•Sketch Fest Seattle is taking place the week of Sept. 21-26. The event is located at the Theater Off Jackson, 409 7th Ave S. in the International District.

The festival is a gathering of local and international comedians and sketch acts.

Shows start every night at 7:30 p.m., with a second set starting Thursday and Friday at 9:30 p.m. and a third set on Saturday beginning at 11:30 p.m.

•The Smithsonian Institute is offering free admission to many of Seattle's museums on Saturday, Sept. 26.

Those included are Seattle Art Museum, Frye Art Museum and Experience Music Project/Science Fiction Museum and Hall of Fame.

Go to www.smithsonianmag.com/museumday to print out your free pass. The pass is good for you and one other guest.

•Burien Little Theater will be presenting *Psycho Beach Party*, opening Oct. 2 and running through Nov. 1.

Psycho Beach Party is a 60's beach party with an Alfred Hitchcock twist.

Tickets are \$16-20 for general admission and \$13-17 for seniors and students if bought in advance and \$20 for general admission and \$17 for seniors and students at the door. Visit www.burienlittletheatre.com or call 206-242-5180 to purchase tickets.

•Comedy Night returns to the Des Moines Field House on Friday, Oct. 9. The night will feature Susan Rice with opening act Debbie Wooten and is sponsored by the Des Moines Arts Commission.

Tickets are \$10 if bought in advance at the Des Moines Field House, 1000 So 220th Street, or \$15 at the door.

•Newly inducted Autoharpist Hall of Famer, Evo Bluestein, will be giving a concert on Saturday, Oct. 17.

The California native recently returned autoharps to California schools, and is the co-founder of the California Autoharp Gathering.

The performance starts at 7:30 p.m. and tickets cost \$15. Go to www.evobluestein.com for tickets.

•Des Moines Arts Commission will present jazz guitarist Michael Powers as the opening concert for the 3 Waterland Music Series, on Nov. 17 at 7:30 p.m. The concert will be held at Highline's Lecture Hall in Building 7.

Tickets are \$30 for the entire three concert series, \$15 per show or \$5 for students. You can purchase tickets at the Des Moines Field House, 1000 S. 220th Street, Des Moines; or at the door.

BY COURTNEY SANKEY
Staff Reporter

Lavay Smith and Her Red Hot Skillet Lickers will be kicking off Kent's Spotlight Series Saturday, Sept. 26.

This will be the 12th season for the Kent Spotlight Series.

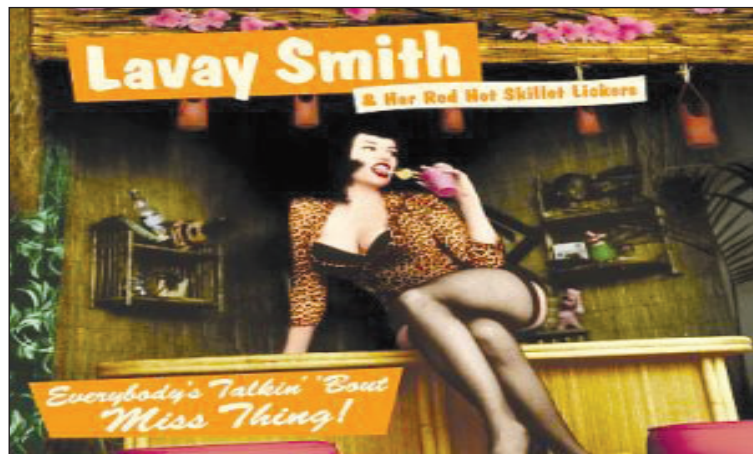
The Spotlight Series is a community oriented program that brings plays, music, art-work and dance from all over the country to Kent.

With prices of varying degrees, it makes it easy for all members of society young and old to get a little bit of art in their lives, whether it is a ballet, a concert, a painting or a live theatrical production.

Smith, known as the Queen of Classic Jazz and Blues, is known for her unique mix of Billie Holiday, Bessie Smith and other legendary jazz greats.

She grew up in Southern California and also spent time in the Philippines.

Smith and her band have toured all over the world, and performed at many prestigious venues and jazz festivals includ-



The cover of Lavay Smith's newest CD, which features her band the Red Hot Skillet Lickers, who will be kicking off the 12th season of Kent's Spotlight Series.

ing Lincoln Center, the Montreal Jazz Festival, the Chicago Jazz Festival and Aspen Jazz/Snowmass. Smith has also sung for former President Bill Clinton.

With several albums under her belt, Smith has been met with critical acclaim and has won several awards.

Her latest CD, *Everybody's Talkin' Bout Miss Thing*, is a musical mix of several different styles including New Orleans R&B, salsa and swing.

It also was on the Billboard

Jazz Charts for 20 straight weeks.

The show starts at 7:30 p.m. at the Kent-Meridian Performing Arts Center, which is at 10020 SE 256th Street, Kent, 98032.

Tickets are \$26 for adults, \$24 for seniors 55 or older and \$20 for youth 25 and younger.

You can purchase your tickets at the website, www.kentarts.com, by calling 253-856-5051 or in person at the Kent Commons.

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Sponsored by the HCC Music Dept. & Des Moines Arts Commission

Featuring:

Michael Powers, Seattle Jazz Musician
Tuesday, November 18, 2009

The Sirens Trio, Chamber music
Tuesday, February 23, 2010

Cul an Ti, Celtic/Irish Band
Tuesday, April 20, 2010

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2400 S. 240th St., Des Moines, WA.

Doors open @7pm and Performances @7:30pm

Adult Season Ticket: \$30/for all 3 shows

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Ask about our special 3/\$30 Adult ticket package—Any 3 tickets for \$30!

Tickets are on sale at the door and in advance at the Des Moines Recreation Dept.

X-country expecting big things this year

By **KURTIS LOO**
Staff Reporter

Highline cross country coach Josh Baker is looking forward to a big season for the men's team and a rebuilding year for the women's team.

"We have a lot of competitive people and we expect great things this year," Baker said.

Last season, the men placed sixth in the NWAACC championship and the women finished ninth.

Colby Peters and Ryan Eidesmo, who finished 19th and 24th, are the leading returners from last year while the women have new cast of runners.

The men's team finished fourth out of six teams while the women's team placed fifth out of five teams in their first race at the Clark College Invitational on Sept. 5.

The men run eight kilometers on race day while the women run five kilometers.

Peters and Eidesmo, who finished 14th in a time of 28:13 and 19th in 28:27, respectively, were Highline's top two finishers.

Aaron Mowery, 23rd in 29:24; Paul Huynh, 25th in 29:29; Cory Richardson, 29th in 30:28; Bill Macdonald, 30th in 30:36; and Austin Allen, 32nd in 30:51, made up the rest of the Highline men's team.

Ashley Densmore and Kalee Cipra led the women's team, 18th in 21:39 and 19th in 22:11, respectively.

Maria Gonzalez, 24th in 25:53; Cassie Barber, 25th in 26:10; Amy Greenwood, 26th in 26:48; Tasia Slis, 29th in 28:08; and Catherine Nalley, 30th in 34:26, rounded off the women's team.

Everett took first in the men's overall standings followed by Spokane, Clark, Highline, Mt. Hood and Skagit Valley.

Everett also took first in the women's followed by Spokane, Clackamas, Clark and Highline.

Baker's goals for his athletes go beyond the running as he wants them to be great students as well as athletes.

"We try to get the most out of them. We want them to progress as students and also athletes because some of them have a chance to get scholarships at four-year universities," Baker said.

Baker says both teams are doing well but he's anticipating that they will make big improvements. Highline next runs Oct. 2-3 in Oregon at the Williamette Invitational.

Men's soccer team has growing pains



Kurtis Loo/THUNDERWORD

Ahmed Ibrahim (left) and Alex Bresnan (right) go on the attack against Shoreline. The T-Birds won 6-2 to make their record 4-3-1.

By **KURTIS LOO**
Staff Reporter

The men's soccer team defeated Shoreline 6-2 on Wednesday.

The Thunderbirds are 2-0-1 in their last three games, placing them second in the West division with an overall record of 4-3-1.

Bellevue is first in the West Division with a 4-2-0 record.

The Thunderbirds wasted no time against Shoreline, scoring three goals in a span of 24 minutes in the first half. They sealed the victory in the second half, scoring three more goals.

Goals were scored by Ahmed Ibrahim, Alex Bresnan, Bundu Koroma, Tyson Sykes, Ernan Roman and Daniel Nam.

Head Coach Jason Prenovost

said that the team is really young and that they are slowly growing.

The Thunderbirds brought back nine players from last year's divisional championship team.

The Thunderbirds finished first in the west division last season with a record of 14-1-3.

The Thunderbirds season ended in disappointment when they lost in the quarterfinal round of the NWAACC tournament against Spokane on penalty kicks.

"Last year, we had a lot of second-year players and that got us off to a fast start but this year is a little slower because of all the new players," Prenovost said.

"We have a lot of depth on our roster with good quality

players and we're trying to get everyone to learn each other."

Amend Ibrahim has been their hottest shooter, scoring three goals in their last three games. Daniel Nam also has three goals on the season. Alex Bresnan is their leading assist man with three.

Prenovost said the growing pains of a young team got the Thunderbirds off to a slow start, but the chemistry between the players is improving.

They were 2-3 in their first 5 games and 2-0-1 in their last 3 games.

"We just have to mix and match to see which players work well with one another," Prenovost said.

"We played a lot of competitive teams and we're having mixed results."

The Thunderbirds will have something to focus on as they find out what they want from this year, Prenovost said. They usually discuss their goals for the season about halfway into the season.

"We haven't discussed our goals for the season yet and it's really up to the players to decide. I have my goals in mind but we'll see what the players think," Prenovost said.

The Thunderbirds played Columbia Basin Saturday. Results from the game were unavailable at press time.

Their next game is tomorrow against S. Puget Sound at the Regional Athletic Complex in Olympia at 4 p.m. The next home game for the T-Birds will be against Bellevue Community College Sept. 30 at 4 p.m.

Young Lady Thunderbirds off to slow start

By **KURTIS LOO**
Staff Reporter

The women's soccer team is off to a slow start as they have yet to win a game this season.

The Lady Thunderbirds are last in the West Division with a 0-4-1 record.

Bellevue is first in the West Division with a 1-3-0 record.

The last game they played was against Wenatchee Valley on Sept. 12 that ended in a goalless tie.

But the young team brings hope for Head Coach Tom Moore as he sees his team progress every game.

"This season has been slow to start, but improvement is obvious every game," Moore said.

"I expressed to the ladies that

this season would be a slow and gradual process, but not to give up because as we move forward we're getting better every time we step on the field," Moore said.

The Lady Thunderbirds have three sophomores and 17 freshmen.

Last year they finished third in the West Division with an 8-5-7 record, losing to Clark College in the first round of the NWAACC tournament.

One thing going for Moore is the number of players they have, 20, which has been a problem for them in previous years.

"...It has been tough at times so it's nice to have a decent amount of players," he said.

Moore likes how his team is getting along with one another

and how eager they are to learn the college game.

Moore would like to see his team improve physically and mentally.

"We need to make the transition from high school to college a little better as far as physicality and speed of play," Moore said.

Moore is excited about the direction his young team is going as they continue to play hard and contribute in any way that they can.

"The one goal that we have our sights on at this point is for everyone to band together to make this work no matter what...so far this group has shown a tremendous ability to push through adversity," Moore said.

The best thing for the young Lady Thunderbirds is to play more games and get more experience under their belt as they continue to improve during the season, he said.

"All of the things we need to improve come with games and that's why I'm excited," Moore said.

The Lady Thunderbirds played on Saturday against Columbia Basin. Results from the game are unavailable at press-time.

Their next game is this Saturday at Walla Walla Community College at noon, followed by home games Wednesday, Sept. 30 against Bellevue Community College at 2 p.m. and Saturday, Oct. 3 against Yakima Valley at noon.

Women’s volleyball prepares for league play

By **BRIAN GROVE**
Staff Reporter

The Highline women’s volleyball team is confident and ready to start league play after a promising preseason.

Over the course of preseason play, the Lady T-Birds were 10-4 in 14 non-league games.

Last season, Highline was a young team, with only two sophomores on its roster.

This season however, the Lady T-Birds have four veteran players to lead the team.

“We have four sophomores and three of them are starters,” Highline Head Coach Chris Littleman said.

“These players know what to expect. They can leave last year as a reference and lead the freshmen to what they need to do better.”

Littleman said the new players on the team are a good mix between skill and great athleticism.

“The new girls are starters on our team. They are some of the top players from around the area who didn’t go to a four-year [school]. We are lucky to have them come here and play,” Littleman said.

The new players on the team include Ashley Nguyen, Davina Fuiava, Whitney Hodge, Kyla Henry and Jennifer Mooth.

Nguyen was a 4A all-star from Kentridge High School and plays outside hitter for the Lady T-Birds. Fuiava played for Kent Meridian High School as a setter. Littleman said Fuiava is one of the top freshman setters in community college.

Hodge played for Pullman High School and is an outside hitter.

Henry was a utility player for Parkrose High School in Oregon, and will be an outside hitter for Highline.

Mooth played for Decatur High School in Federal Way as a middle blocker. Mooth had plans to play at BYU, but injuries got in the way.

Returning players for Highline include Shannon Fisher, Paula Miles, Leticia Colon and Alessa Johnson.

Colon was a first-team all-league middle blocker for Highline before suffering a season ending knee injury just prior to the end of league play last season.

Both old and new players for Highline are out to prove that the Lady T-Birds are a team to beat.

On Tuesday, Sept. 15, Highline played Whatcom and Skagit Valley in non-league matches.

The Lady T-Birds drowned the Whatcom Orcas in five games, 13-25, 25-21, 25-19,



Brian Grove/THUNDERWORD
Assistant Coach John Littleman positions his players on defense

22-25, and 15-13 and defeated the Skagit Cardinals 25-18, 17-25, 25-21, and 25-17.

In the Whatcom game, Nguyen, Mooth and Colon led the offense for Highline with 23, 18, and 11 kills, respectively.

Mooth, Nguyen and Johnson had 15, 14, and 9 digs, respectively.

Recorded stats for the Skagit Valley match were unavailable at press time.

Both Mooth and Colon are both six feet tall, giving Highline a big advantage with its offense.

Littleman said the team’s

greatest strength was its attack.

“We have four really strong hitters we can place anywhere, anytime, to be successful. Where most teams might have two hitters, we have four,” he said.

Although Highline sports an impressive attack, every team has a weakness, Littleman says.

“We have a lot of nice girls on our team and we don’t quite have that killer instinct to finish teams off,” Littleman said.

“When we play well we’re confident, but when we make mistakes, it’s a coin toss. We’ll get it better as the season goes

on.”

Although Highline has played well in its preseason matches, Littleman said the most important component is that the team is improving.

“I don’t care if we go 0-15 before the season starts. I would rather go 0-15 than 15-0 in preseason play as long as we were improving,” he said.

“You get better, you win more and probably have a greater chance to win an NWAACC title. You give yourself a chance.”

Although the Lady T-Birds were the last team standing from their division in the NWAACC Tournament last season, its league is no cakewalk.

“In our league it’s always between four teams: Tacoma, Green River, Pierce and us,” Littleman said. “Lower Columbia will probably be the surprise team of our league.”

Tacoma has the most wins in NWAACC pre-season play, with 13.

To cap off its preseason play, Highline competed in the Bellevue crossover tournament Sept. 18 and 19 with results unavailable at presstime.

The Lady T-Birds begin league play when they match up against the Green River Gators, Wednesday, Sept. 23, 7 p.m. at home.

Men’s soccer standings			
North Division			
League/Pts/Season			
Whatcom	1-0-1	4	1-2-1
Everett	1-1-0	3	2-2-0
Shoreline	1-1-0	3	1-1-0
Edmonds	0-1-1	1	0-3-1
Sk. Valley	0-0-0	0	0-1-0
East Division			
League/Pts/Season			
Col. Basin	1-0-1	4	3-1-1
W. Valley	1-0-1	4	2-0-1
Spokane	1-0-0	3	1-5-0
Tr. Valley	1-1-0	3	1-1-0
Walla Walla	1-0-0	3	3-0-0
West Division			
League/Pts/Season			
Bellevue	1-0-0	3	4-2-0

Highline	0-1-1	1	4-3-1
Peninsula	0-1-1	1	3-3-1
Bellevue	0-0-0	0	4-2-0
Olympic	0-2-0	0	0-3-0
Tacoma	0-1-0	0	0-1-0
South Division			
League/Pts/Season			
Pierce	2-0-0	6	2-1-0
Clark	1-0-0	3	2-1-0
Chemeketa	0-0-1	1	5-0-2
S. P. Sound	0-1-1	1	0-3-1
SW Oregon	0-2-0	0	0-2-0
Women’s soccer standings			
North Division			
League/Pts/Season			
Whatcom	2-0-0	6	3-1-0
Shoreline	1-1-2	5	1-1-2
Edmonds	1-1-0	3	2-2-0

Everett	1-1-0	3	2-2-0
Sk. Valley	0-1-0	0	1-1-0
East Division			
League/Pts/Season			
Col. Basin	2-0-0	6	3-0-0
Spokane	2-0-0	6	2-1-1
Tr. Valley	2-0-0	6	3-0-0
Walla Walla	1-0-0	3	2-1-0
W. Valley	0-1-1	1	0-1-1
Y. Valley	0-3-0	0	0-3-0
West Division			
League/Pts/Season			
Bellevue	1-1-0	3	1-3-0
Grn. River	1-3-0	3	1-3-0
Olympic	1-3-0	3	3-2-0
Tacoma	1-1-0	3	1-1-0
Highline	0-1-1	1	0-4-1



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Swine flu

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These measures include the collection of alcohol-based hand sanitizer to be distributed on campus, posted signage encouraging the practice of good respiratory care and personal hygiene, and maintaining regular communication with public health authorities in order to keep students, faculty and staff members informed, Yok said.

Yok also said the administrative department will be working with teachers regarding expectations for attendance should an epidemic occur.

Health care professionals are working to inform the public about this new virus and notifying the community about precautions that may be taken.

The 2009 H1N1 virus, better known as swine flu, can be easily spread from person to person by way of coughs and sneezes, or by touching infected surfaces, said Marie Esch-Radtke, a registered nurse and member of the nursing faculty at Highline.

“Swine flu is an Influenza A virus normally found in pigs, but is not transmitted from pigs to humans or from eating pork products,” Esch-Radtke said.

The Center for Disease Control explained the origins of the name this way: “This virus was originally referred to as ‘swine flu’ because laboratory testing showed that many of the genes in this new virus were very similar to influenza viruses that normally occur in pigs in North America.”

However, further examination of the virus concluded that “it has two genes from flu viruses that circulate in pigs in Europe and Asia and bird genes and human genes,” the CDC said.

The CDC states that the symptoms of swine flu are similar to the seasonal flu, including, “fever, cough, sore throat, runny or stuffy nose, body aches, headache, chill and fatigue. A significant number of people who have been infected with novel H1N1 virus also have reported diarrhea and vomiting.”

“Symptoms from swine flu are very similar to the seasonal flu; most people recover from swine flu just fine,” said Dr. Linda Petter, Highline alumna and family practitioner. “With most people, symptoms will resolve themselves on their own.”

In spite of this, it is important to see a doctor “if you have a fever of 100 degrees or more that is persistent, severe neck or headache, or vomiting lasting beyond one day,” Petter said.

Petter says owning a thermometer is an important tool in letting you know if you have a fever.

“If you have a fever, you need to stay home,” she said.



Larry Yok

Staying at home means that you should not leave your home, except to seek medical care, so it is important to stock up on medical supplies which can help you rest and recover, Petter said.

“It is very helpful to have Tylenol – take as directed, no more than eight times a day – to help



Marie Esch-Radtke

reduce your fever,” she said.

Petter said she prescribes Robitussin DM to all her patients with a persistent cough, to help relieve congestion and help them rest.

Of course, no one wants to get sick, so prevention is key, Petter said.

“The most important preven-



Dr. Linda Petter

tion is hand washing: wash your hands several times a day with anti-bacterial soap and warm water for at least 20 seconds,” Petter said.

Keeping surfaces free of bacteria and viruses is also very important in preventing illnesses. Hydrogen peroxide, alcohol-based cleansers, soap and iodine

are all effective cleansers for sterilizing a variety of surfaces, Petter said.

“A virus can live on surfaces anywhere from seconds to 48 hours, depending on the surface,” Petter said. “That is why washing your hands is so important.”

Highline nursing instructor Barbara Smith recommends alcohol-based hand sanitizer for people on the go.

“Be aware of where your hands go because you can give yourself viruses by touching your face, eyes and nose,” Smith said.

Washington State University had a recent outbreak of the flu, but one former Highline student said news of the incident was somewhat overplayed.

“I am not afraid of getting

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Swine flu

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sick, even though my roommate had swine flu. I am really busy, so of course I don't want to get it," said Melissa Smith, Highline alumna and WSU student.

"[This flu] is a big deal to everyone but the people at WSU. The media has blown it out of proportion because it's just the flu – just like in winter."

Smith said she has been taking some precautionary measures of her own by washing her hands, taking vitamins, and stocking up on Airborne, Nyquil, and other cold medicines at her local grocery store.

"The reason the media has latched onto this is because it's a new virus," Dr. Petter said. There are basically two types of flu this season, Petter said.

"Unfortunately with the media doing this they frighten people unnecessarily," she said.

Staying healthy is as simple as washing your hands, Petter said.

The Center for Disease Control also advises the public to be vigilant in using these preventative measures:

•Stay informed by visiting the CDC's website: www.cdc.gov/h1n1flu.



Swine flu symptoms include: fever, cough, sore throat, runny or stuffy nose, severe head and neck ache, body aches, and fatigue.

If you think you have the flu:

- Wash your hands.
- Cover your nose and mouth with a tissue when you cough or sneeze.
- Avoid contact with others who are sick.
- Stay home if you have a fever.
- Stay informed by visiting: www.highline.edu/home/messages/flu.htm.

ter your fever is gone except to get medical care. (Your fever should be gone without the use of fever-reducing medicine.)

Staying home when you are sick will prevent other people from becoming sick, Dr. Petter said.

As you stock up on medications that help you rest, don't forget your fluids, she said.

Juice, soup and water are great sources of fluid. People should avoid caffeine products, Petter said.

Highline's biggest preventative focus right now is being prepared, said Larry Yok, Highline's vice president for administration.

"We are concerned about any event or issue that could affect the college's ability to provide the educational services sought by our students. That is the reason we dedicate resources to prepare for events or activities that could disrupt the college's operations, including epidemics of diseases," Yok said.

"I don't want to see people go into hysteria. It's good to be prepared; we need to make sure we know what we're dealing with," advised Teri Trillo, Highline's nursing program coordinator.

Trillo recommends being



Teri Trillo

preventative by getting both the seasonal and H1N1 flu shots, especially those who have poor health; the young and old; those with chronic diseases, such as heart disease and asthma; and those who are pregnant.

According to the Seattle-King County Public Health Department, the H1N1 flu shot is not available yet, but may be in mid-October.

More information about the Swine flu can be found at www.cdc.gov/h1n1flu and www.kingcounty.gov/health/h1n1.

Highline will be keeping the campus informed by continuing to post information on swine flu resources, precautions and updates as it becomes available at highline.edu/home/messages/flu.htm.

Writing Center opens on Wednesday

Highline's Writing Center, where students can go to receive help on essays and other writing assignments, reopens on Wednesday.

The Writing Center is part of Highline's Tutoring Center, which is located on the top floor of Building 26, room 319.

At the Writing Center, students can arrange appointments with a writing consultant.

Students can also access a number of worksheets to help with their writing.

Starting second week, the Writing Center will also offer a series of workshops on particularly troublesome writing topics.

The center's hours are Monday-Thursday 8 a.m. to 7:30 p.m. and Friday 8 a.m. to 1 p.m.

Ice Cream Social with college president

An ice cream social featuring the president and vice president of the college will be held this Tuesday, Sept. 22,

Students will be get a chance to meet them.

It will be on the first floor of Building 8, 1:30-2:30 p.m.

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Angel

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beginning of Summer Quarter that had a bit of a rough time, but we have been able to work out most of the bugs that they discovered," he said.

"It's still a new process and everyone is working on adjusting to it, but things are going fairly well," Wrye said.

All students taking classes requiring Angel will need to activate their accounts, as the myHCC login handles the new course management system as well, Wrye said.

The decision to transition from Blackboard to Angel was made last year.

"Our contract was up with Blackboard, and many of the other colleges, including the WAOL online consortium, switched to Angel based on a year-long competitive process," Wrye said.

"We decided that we should do a similar review internally, and Angel Learning came out on top," he said.

"The major difference is that Angel is a much more open and flexible platform, and allows us to do many things in how we run the server and manage en-

rollments and such that we were not able to do with Blackboard," he said.

"It also has some functionality that will allow us to make better use of shared resources between classes," he said.

"The interface looks a bit different, but the major functionalities for students and faculty are similar," Wrye said.

"We ran an Angel pilot with about 11 summer courses, so we have had an opportunity to work with Angel in an operational environment," he said.

"We have been working hard to get all the faculty who were previously using Blackboard trained in the differences between the systems and how to use Angel," he said.

"There haven't been any major obstacles other than just the normal adjustment inherent in using and supporting a new system," Wrye said.

To help students in their transition to Angel, the Business Technology Department is offering BTech 128, a one or two credit self-paced online course.

Enrollment for Fall 2009 is open through Nov. 25, with a total of seven class sections available.

Angel can be accessed online at <http://angel.highline.edu>.

Enrollment

continued from page 1

cent this year," she said.

Worker Retraining will see the highest enrollment increase, with 452 students already enrolled, compared to 250 at this time last year.

This is an effect of the economic recession.

"Generally, when the economy is going through difficult times, higher education enrollment will go up," Skari said.

As a result, student access to Highline will be more limited than before.

There is a limited amount of classroom space, and with no budget for hiring more faculty and staff, some students will experience a slower response time with any problems they may have.

"[One problem will be] meeting all students' needs with the staff that we have," Skari said. "Some students can't get the schedule they want or the classes they want."

Unfortunately, the problem may not go away in the near future because of a lack of funding.

"Our ability to add more courses is limited just because



Lisa Skari

of money," Skari said.

This limits the amount that enrollment can actually grow.

Vice President of Administrative Services Larry Yok agrees.

"There is no question; we aren't going to be able to accept as many students as want to come here," he said.

Part of the reason for that, Yok said, is the state gives institutions of higher education funding for only a certain number of students enrolling in the college.

If enrollment goes higher than the projected amount, the state does not give the school any additional funding.

Yok mentioned the budget

situation could possibly deteriorate further from the 15 percent cut Highline has experienced compared to last year's budget.

It will be unclear if more budget cuts will happen until the Legislature reconvenes in January.

"We still face the possibility of [more] budget reductions," he said. "The hole we're in could get deeper."

"We are hopeful that, because of more tuition-paying students, we will be able to keep our level of service. We just have to wait and see," Yok said.

Moving forward, to keep the effect of rising enrollment at a minimum, individual students need to be more active early in the process.

"The message to students will be to apply and register for classes early, then pay tuition and fees on time," Highline Registrar Kate Bligh said.

"The Highline community is dedicated to making these difficult times as easy as possible for our students," she said.

"However, it will be important for students to actively advocate on their own behalf, work closely with advisers, apply for graduation early and take advantage of the many support services the college offers."



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