The Highline Community College Thursday College Community College Thursday College Community College Thursday College Community College Coll



Cody Warf /THUNDERWORD

Immigrant workers from Burundi work at a farm field in Kent with a warehouse in the background.

Immigrants grow new lives

By SHANNON SEVEREID Staff Reporter

When immigrants come to the United States, they bring many things with them, including language, customs, and religion.

One group of Burundians brought something more: they brought their jobs.

The Hope Burundian Community Co-operative is a group of 15 families who immigrated to the United States from the Republic of Burundi in 2006.

Farming is a skill they brought all the way from Africa.

"We came to the USA, and it was hard to find a job, so we became farmers," said Kabura Roger, treasurer of the co-op.

"We work hard with a small amount of people, continuing the job we did back home, because we need to pay rent," he

Civil unrest and war ripped apart the lives of many Burundians beginning in 1972.

Afraid for their lives, many

fled from Burundi, a small country in Central Africa. These refugees found themselves far from home and separated from family in various places, including the Congo, Rwanda, and Tanzania. After civil wars in Rwanda, in 1994, and the Congo, in 1997, many Burundians found themselves in Tanzania.

Many Burundians have never seen their homeland, as is the case with Serges Hakizimana, president of the co-op, who was actually born in the Congo.

Tanzania eventually asked the refugees to go back to their own countries, Hakizimana said.

In 2003, after 37 years of exile from their homeland, the Burundians applied to the United Nations High Commission for Refugees in hopes of finally having a place to go back to and live, he said.

Finally, in 2006 the United States invited them to come

No one knew where they were going to live in the United States, he said.

"In the camps we had ration

cards with the number of your family on it," Hakizimana said. "If your family was not on your ration card, then you got split

"Parents are crying," Hakizimana said. "Kids are crying."

The Burundians came from Tanzania to different world.

With language and cultural barriers, it was hard to integrate into a new society.

Many Burundians met and formed their own community in the Renton and South King County area.

Through church they met a community organizer for Burst for Prosperity, Njambi Gishuru.

Burst for Prosperity is a nonprofit organization that works with grants to improve the resettlement process for refugees, said Karan Gill, the government relations manager for Burst.

"Our Economic Indepengrants and refugees by focusing Karzai, would later become on leveraging existing assets to

Please see Burundi, page 16

From **Highline** to London

Alum finds career as Afghan diplomat

By AMBROSIO AGUSTIN Staff Reporter

Nearly two decades ago, Farid Popal roamed campus as a Highline student.

His mother feared that the young man would become arrested or killed if they stayed in Afghanistan, so in the early 1990s, Popal packed up and moved to Seattle.

His classes for Fall Quarter already under way, the attacks of 9/11 heaved the nation into panic. U.S. forces invaded Afghanistan, and Popal was already on his way to becoming First Secretary of Political Affairs for the Afghan Embassy in London.

"What do you intend to do with a degree in political science besides, of course, starve?" Professor Jim Glennon asked.

Popal had a simple answer: "I want to learn about [the United States] as much as possible, and take it back to help my coun-

Tuesday afternoon, Popal returned to Highline to meet with his old professors, who saw promise in a young man from Afghanistan who spoke little-to-no English and whose bedroom was shot through by Soviet forces in the 1980s.

Popal came to Highline in 1993, and up until 1995, he spent time on campus in the ESL program.

Even then, he told people that he had the desire to become dence Initiative targets immi- a diplomat. His cousin, Hamid president of Afghanistan.

Please see Farid, page 15

Pool could be closed soon



Ariana Kukors

Staff Reporter

By BRIAN GROVE

World-record swimmer Ariana Kukors will be making a splash at the Mount Rainier Pool to try to keep it open.

Kukors will headline a rally for the pool on Oct. 9 at 4 p.m. Pool supporters are trying to get local voters to support a property tax levy to keep the pool operating past its Dec. 31 closure date.

Proposition 1 will be on the Nov. 3 ballot in Des Moines and Normandy Park.

If passed, the measure will create a metropolitan park district, with an elected board of commissioners and a levy of 20 cents per \$1,000 of assessed For the average Des Moines home, that will mean

about \$56 more in property tax per year.

Mount Rainier Pool is located on the southwest edge of Mount Rainier High School campus at 22722 19th Avenue South in Des Moines. The pool was originally run by King County before it was turned over to the City of Des Moines, which can

Please see Pool, page 15

INSIDE

October 8, 2009 Volume 49, No. 3



Students still parking at local businesses /P3



Gidget meets Hitchcock in **Psycho Beach** Party/P6



Men's soccer player came to Highline from Egypt/P8



Goodwill has arrived in Des Moines/P10

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Weekend Weather



Mostly sunny on Friday, partly cloudy on Saturday and Sunday. Low chance of rain.

Crime and Classrooms victim in relentless theft



Students' Hondas targeted by prowlers

Honda thieves targeted the east parking lot this week.

A red 1993 Honda Civic was stolen from the student lot this week. On Friday, Oct. 2, a student returned to the east lot after class to find his vehicle missing. Security and the victim searched the other three parking lots, but were unable to locate the vehicle. Des Moines police was contacted and a report was

Again on Wednesday, Oct. 5, another student returned to the east parking lot to find her Honda missing. She had left her car for 10 hours to attend class and study. After teaming up with Security they were able to locate the car in the north parking lot. Inside they found a broken ignition and missing stereo. Des Moines police were contacted to report the stolen vehicle.

Elevator holds student hostage

A student reported getting trapped in the elevator of Building 23. The student was eventually able to make the elevator move. It stopped on the second floor where she escaped.

Mysterious break-in

Security noticed loud noises coming from Building 28A at approximately 10:30 p.m. Inside they found lights left on and the TV blaring. Nobody was located nearby. The lights and TV were then shut off and the building was locked.

Bus shelter suffers major abuse

The 166 metro bus shelter sustained serious damages. On Tuesday, Oct. 6, two students reported to security that five glass panels of the shelter had been smashed.

Lost and Found

These items have been found by Campus Security and are being held in the Security office of Building 6: Black Volcom backpack, colorful bracelet, silver calculator and green Camelback water bottle.

> -- Compiled by Eric Moehrle

Staff Reporter

By ERIC MOEHRLE

Highline classrooms have been experiencing a rash of thievery to start off fall quarter.

Multiple classrooms in Buildings 21 and 22 have been robbed of their electronics.

Thieves are entering the classrooms through unlocked

doors. Security cables have been cut in most of the cases, allowing the thieves to remove the valuables from their designated rooms.

Items that have been stolen include DVD/ VCR units, speakers, and a projector. A total value of the items stolen was not given.

An e-mail was sent out to

instructors warning them of vestigated. the thefts. Tim Wrye Director of Instructional Computing said, "We have asked faculty to be more vigilant in making sure the classrooms are locked when not in use, and have asked Security to keep a closer eye on those rooms." Thefts of this sort are uncommon at Highline and will not go by unnoticed and unin-

Chief of Security Richard Noyer was unable to name any suspects. However, these thefts are still actively being investi-

Anyone with information pertaining to these thefts or that notices suspicious activity on campus is asked to please contact Security immediately.



Scholarships for science and math

Scholarships are once again available to math and science students.

The Science Scholars Programs at Highline offers scholarship awards up to \$5,265 each year to students majoring in science, technology, engineering, and mathematics, with the exclusion of health and medical sciences.

The deadline for winter quarter is Oct.30. Students must demonstrate financial, have a GPA of 2.5 or higher and have fulltime status of 12 credits or

Funding for the scholarship is provided by the National Science Foundation.

Students looking to apply for the award should visit http:// flightline.highline.edu/nsfscholarship/.



Lisa Anderson/THUNDERWORD

Students relax outside in between classes in the smoking section by Building 26.

Corrections

•Joe Potts' was misspelled in the Oct.1, 2009 edition.

•Tony Sittner's name was misspelled in the Oct. 1, 2009 edition. It is the policy of the Thunderword to correct all er-

Want to Study Abroad in Costa Rica this Winter Quarter?



Come meet Brian Waterson from CAPA and get more information on studying in Costa Rica winter quarter. Brian will be in the Student Union Building Monday, Oct 12th 9am-4pm

NEED A JOB? ME GOL JOR2i

FALL JOB FAIR **OCT. 15TH 9AM-1PM**

HIGHLINE STUDENT UNION FREE TO STUDENTS AND PUBLIC

Over 30 employers have registered including H&R Block, Princess Cruises, Macy's, and Franciscan Health. Bring your resume, dress to impress, and be prepared to talk with recruiters about fulltime, part time, and temporary positions. To see a full list of who's registered and postitions recruiting for, log into interfase at the web address

For more information about co-ops, these jobs and more, log on to www.myinterfase.com/highline/student

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Highline Community College provides equal opportunity in education and employment and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, marital status, creed, religion, or status as a veteran of war. Prohibited sex discrimination includes sexual harassment (unwelcome sexual conduct of various types).

Students are still parking illegaly after warnings

By PAUL PARK Staff Reporter

Students continue to park at Lowe's and Church's Chicken's parking lots even after being warned that their cars were going to be towed starting Thursday of last week.

General managers of both businesses said that many Highline students started to park at their lots as soon as school started.

Lowe's is making an effort to prevent students from parking in their lots by having their employees survey the lot instead of attending to customers, said John Lockheart, the general manager of Lowe's.

"We're making an effort everyday to save students money by warning them that they will get towed," Lockheart said.

"Even after we dedicate our employees to ask students not to park at our lots, students now threaten us with getting a petition started to stop going to Lowe's," he said.

They have not towed any cars so far, but are planning to soon, Lockheart said.

On the other hand, the general manger of Church's, who only gave his name as Ash, said the parking situation at Church's has gotten better.

Highline students continue to park at Church's, but the students' cars parked at the lot are different cars every time. Each



Cody Warf/THUNDERWORD

Lowe's hardware store will be towing students who, faced with the parking crisis at Highline, choose to park illegally in the store's parking lot. Lowe's has been having employees patrol their parking lot for infringers.

time there is a student parked there, they are unaware that they are going to be towed.

Students stop parking in Church's lot after receiving a warning notice, said Ash.

Every time a student parks in their lot, Church's employees leave a warning note that says, "You are parked illegally, your license number has been recorded, if found to be parked

illegally in our lot during business hours, you will be towed at your expense."

Church's has not towed any cars so far, but they are planning to do so if they have students returning to park, Ash said.

General managers of both businesses said they are planning to start towing students' cars soon and warns students to stop parking in their lots.

The Tutoring Center is seeking staff after many graduate

By BILL SCHLEPP

Staff Reporter

Highline needs additional tutors in the Tutoring Center in a variety of subjects.

Many of last year's tutors have graduated, so the center is in need of new tutors.

Tutors are needed in mathematics, Spanish, psychology, sociology, geology, economics, accounting, and B-tech.

Kathie Foley, program assistant for the Tutoring Center, said that they need approximately eight more tutors to fill the open



Kathie Foley

Foley said that the center belongs to a national organization known as the College Reading and Learning Association. She said that through the center students can get a certificate that will make them a "nationally recognized" tutor which "looks good on a collage application or a job application."

"It is also a great way to meet people," Foley said. It's a great way to review what you've already learned, and to make a little money while at school, she

Wessan Singh works as a biology tutor at the Tutoring Center. Singh says that he is a biology tutor because his teacher recommended him to the center.

He also said that he is a tutor in biology because it is his best subject. Being a tutor is a "good way to learn things that you might have missed in class" and it is a "great leadership opportunity," he said.

Singh said that he loves being a tutor and will keep tutoring until he graduates from Highline.

Tyler Bradbeer is a chemis-



Bill Schlepp/THUNDERWORD

The Tutoring Center is a busy, diverse environment where students can go to get help with classes.

try tutor at the Tutoring Center. He said that he has tutored others who have surpassed him in chemistry.

Bradbeer said that it is very rewarding to "take someone who is uncomfortable in chemistry and make them so comfortable in it that they can be tutors themselves." He said that even though he is a chemistry tutor, he also helps out in physics and math when the math center is swamped.

Bradbeer said that to be a tutor you have to be patient, and when you help others you don't give them the answer but give them the tools necessary to solve the problems on their own.

Currently there are approximately 55-60 tutors in the Tutoring Center with an additional 12 workers in the office.

Tutoring for Highline pays the minimum wage, which is \$8.55 an hour.

The Tutoring Center is open Monday-Thursday, 8 a.m. to 4 p.m. For more information on tutoring, go to the Tutoring Center in Building 26, room 319, or call at 206-878-3710, ext. 3444.

Editorial comment

A call for a revival of civility

It's time for members of the Highline community to remember what separates us from primates: manners.

Walking around campus, between unintentionally eavesdropping on too-loud conversations and avoiding being hit by reckless drivers in the parking lot, it should strike us that this is not how civil people behave.

There have been a few reoccurring, minor yet remarkable incidents that we have noticed this quarter so far.

People walking up and down stairwells should avoid stopping to have a conversation, especially when there are people behind them trying to get somewhere.

Similarly, people should make it a habit to watch where they walk. More than once, we have noticed people running into people standing right in front of them, simply because they are not looking straight ahead when they walk.

Also, there is a reason talking on the phone and texting while driving are frowned upon: it takes too much concentration to do both – or all three, in some cases – at the same time. The same goes with walking on campus.

Sometimes, people who are texting and walking will become so overwhelmed with the complexity of it all, they will stop walking. This leads to a whole lot of dancing behind them to avoid smacking into them in the middle of the sidewalk.

With the recent swine flu scare and people arming themselves with hand sanitizer, you would think unsanitary behavior like spitting and disposing of gum on the sidewalk would not be a problem, but it still is.

If people must spit, they should do it in the grass. Nobody wants to slalom through piles of saliva on their way to class.

And of course, wash your hands after you use the restroom.

It should go without saying that these behaviors spread germs like wildfire through a dry forest.

Please, for the sake of Highline's general health, let's try to remember how to behave like the grown-up people that we supposedly are.

Staff

Editor-in-Chief

I never get writer's block, except for when it happens.

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Politics requires conversation

The First Amendment was on prominent display last Thursday when members of the Lyndon LaRouche Political Action Committee invaded Highline.

They refused to talk to me when I identified myself as a reporter, claiming anything written about the people involved in the committee "doesn't sound like a valid story."

They paid as much attention to me as they did to the sidewalk they were walking on, but I listened in on some of their conversations with students.

Just as in the pamphlets they were handing out, the La-Rouche lackeys were telling anybody that would listen about how President Barack Obama is "kissing the butt of the oligarchy" and "lying to Americans."

Chris Wells

I like free speech and questioning everything anybody in power does. A person that is willing to ask questions is obviously paying enough attention to disagree, which everybody should. There's nothing wrong with skepticism.

But there is something wrong with being a broken record, which is exactly what the LaRouche PAC is. They were making the same claims back when Bush was in power.

LaRouche goes on about how the British are "the people who really own" Obama and how they influenced him to set up a dictatorship of Nazi magnitude.

I can't really put my finger on any British governmental influence in the United States, and from what I don't read in his pamphlet, neither can La-Rouche because he never offers any concrete examples.

As for the US turning into a Nazi-type dictatorship – it's just not going to happen.

There's always enough of an opposition to any elected American president (thank the two-party system for that) to ensure one person or group of people



Commentary Liviu Bird

will never hold all the power at one time, also eliminating any supposed oligarchy.

The LaRouche propaganda pamphlet also talks about the health care debate raging in America at the moment.

As one might expect from somebody who obviously has no grasp on current affairs, he tries to instill some paranoia about the "death panels" Obama supposedly wants to put in power to decide who will be eligible for any new insurance plan.

I don't know how this whole thing got started. Death panels were never a part of the plan, and every official statement I read or watch says nothing about any system like it.

LaRouche is just as afraid of socialized medicine as people in the Middle Ages were of the black plague.

However, people don't seem to realize that there are many aspects of socialism at work today in American life. The school system, free to all at the basic level, is a socialist feature, as is the public library.

Think about it -a "public" library, where the public owns everything on the inside, together. Just like in a socialist country, where the public owns all commodities jointly.

Of course, for people to realize this, they actually have to do some reading, and ever since those mean high school teachers made us read books, we've hated doing it.

One of the LaRouche volunteers said it well: "You've got to read and do work yourself." Unfortunately, their idea of reading is the publications their committee sanctions. And if somebody picks up LaRouche's brochure of idiocy, they can read for themselves just how far out of his tree the man is.

He claims we need to have "very specific, very radical" changes made or else we will be in a "Hitler-like fascist dictatorship," according to his website.

Let's not forget that this specific, radical change was exactly what Hitler himself used to find his power. Therefore, I would argue the reverse: if there is slow, gradual change, like the current American system of government is set up to provide, we will be OK.

If LaRouche's ideas are so great, and "only the idiots, creeps and cowards" refuse to take him seriously, surely he should have been elected President in one of the elections he has run in since Jimmy Carter defeated him by a vote count of 40.8 million to 40,400 in 1976.

The thing that strikes me the most about somebody making as many radical claims as La-Rouche is the lack of evidence to back them up. The LaRouche PAC office didn't return any of my phone calls this week, so I couldn't ask them about it, but that doesn't surprise me.

It's obvious from the fact that they publish their pamphlets and informational handouts and the volunteers are instructed to refuse media interviews that they don't care about engaging people in conversation about what is best for our country. They just care about making noise.

The purpose of free speech is to allow the truth to come out, but that doesn't mean everything that is said is true.

People need to listen and read for themselves and decide what is valid and what isn't.

Liviu is forming his own political movement.

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



5. Leaves missing from tree on left. 6. Gun stock is longer. Differences: 1.Tree is missing. 2. Boy's hat is different. 3. Boy's jacket has buttons. 4. Tree has extra branch.



- 1. GEOGRAPHY: What is the tallest mountain in Western Europe?
- 2. LANGUAGE: What does the Latin phrase "in media res" mean?
- 3. FAMOUS QUOTATIONS: What famous writer said, "I hate to advocate drugs, alcohol, violence, or insanity to anyone, but they've always worked for me"?
- 4. AD SLOGANS: What products were sold with the advertising slogan, "Sometimes you feel like a nut, sometimes you don't"?
- 5. MUSIC: In musical notation, what does it mean to play notes in a "staccato" style?
- 6. U.S. PRESIDENTS: What was the Secret Service's code name for John F. Kennedy?

7. GENERAL KNOWL-EDGE: How many official languages does the United Nations have?

- 8. PSYCHOLOGY: People who suffer from misopedia have an abnormal dislike of what?
- 9. TELEVISION: Which actress, upon winning an Emmy for best supporting role, shouted "This is for all the fat girls"?
- MEDICAL TERMS: What is the common name for monochromatism?

Answers

ssəu

10. Complete color blind-Practice.

9. Camryn Manheim of The 8. Children Russian)

Spanish, Chinese, French and 7. Six (English, Arabic, 6. Lancer

nected notes 5. Playing crisp, disconcandy bars

4. Mounds and Almond Joy 3. Hunter S. Thompson 2. In the middle of things 1. Mont Blanc

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Arts Calendar Last week's

·Live comedy returns to Des Moines with a familyfriendly performance by Susan Rice on Friday, Oct. 9 at 7:30 p.m. at the Des Moines Field House.

The second annual comedy event features Rice, who has performed on ABC, on Evening at the Improv, Showtime's Comedy on the Road, and the Reunion Show & Comedy Express on Fox. Comedian Debbie Wooten will open.

Weekly SUDOKU -

Answer

1	2	7	3	8	9	6	5	4
8	3	4	6	2	5	7	9	1
9	6	5	7	4	1	8	3	2
4	5	8	2	6	3	9	1	7
7	9	6	5	1	8	2	4	3
2	1	3	9	7	4	5	6	8
6	8	1	4	5	7	3	2	9
5	7	9	1	3	2	4	8	6
3	4	2	8	9	6	1	7	5

Tickets are \$10 in ad-

Ball Park Shouts

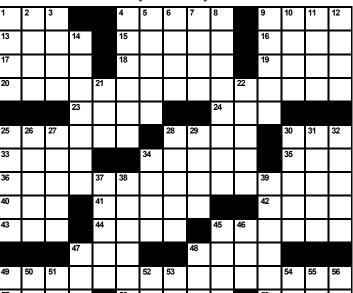
Across

- 1. Word before pole or mask
- 4. Traffic light color
- 9. Polish companion
- 13. Lodgings
- 15. Actor Christopher
- 16. Remote button
- 17. Cozy home
- 18. Traffic light color
- 19. Call from the flock
- 20. Heard at Yankee Stadium?
- 23. Target
- 24. Port vessel
- 25. Sharp ridges
- 28. Kind of game 30. Food scrap
- 33. Where to find a hero
- 34. Ham it up
- 35. Kitten's cry
- 36. Heard at Fenway Park?
- 40. Kind of team
- 41. Slaves away
- 42. Flu symptom
- 43. **Mole**
- 44. Add to the pot
- 45. Mean ruler
- 47. Any ship
- 48. Hand-me-down
- 49. Heard at Tiger Stadium?
- 57. Outstanding
- 58. **Burst**
- 59. Fertilizer ingredient
- 60. Pamper, with "on"
- 61. Tender spots
- 62. Ivan the Terrible, e.g.
- 63. Good name for a **Dalmatian**
- 64. Cordwood measure
- 65. 1996 Olympic torch lighter 34. Trim to fit, maybe **Down**

- 1. Rat
- 4. Debates
- 5. Jolly
- 2. Kind of pad 3. M.I.T. part: Abbr.

Crossword 101

By Ed Canty



- 6. Page
- 7. Always
- 8. Refurbish
- 9. Wise
- 10. Reebok rival
- 11. Couple
- 12. Sawbucks
- 14. Pencil for shavers
- 21. Kind of deposit
- 22. More cheerful
- 25. Mine passageways 26. Summary
- 27. Poem of lament
- 28. Stroll
- 29. Troubles
- 30. The end
- 31. Summer TV offering 32. Sound from a nest

- 37. City on the Missouri
- 38. Solitude
- to crack
- 45. African scourge
- 46. Formal vote 47. Like dessert wines

- 48. Stimulant
- 49. Bankrolls
- 50. Hula follower
- 51. Aware of 52. Fox or turkey follower
- 53. "You betcha!"
- 54. "Major" animal
- 55. Blue shade
- 56. Hindu garment

Quotable Quote

A baseball fan is a spectator sitting 500 feet from home plate Who can see better than an umpire standing five feet away.

• • • Source Unknown

By GFR Associates ••• Visit our web site at www.gfrpuzzles.com

Last week's crossword solution **ELEMENTARY WORDS**

Т	Α	Н	0	Е		Α	R	T	Е		T	Е	Α	R
Α	С	Α	D	S		C	Е	N	T		Α	R	С	0
S	C	Н	0	0	L	0	F	Т	Ξ	0	כ	G	Η	Т
Т	R	Α	M		Е	R	S		Е	R	R			
Ε	Α	S	Е	D	ı	N		Α	R	0	U	S	Α	L
			Т	Α	S			М	ш	S	S	A	G	Е
	A	M	Е	Z		A	Α	В	Α			_	0	N
	A	Α	R	0	N	S	Ρ	ш	┙	ᆚ	_	Z	G	
М	R	С			Е	Υ	ш	R		0	Z	т	0	
R	0	Υ	Α	L	W	Е			0	T	T			
I	Z	S	Р	Е	С	T		Α	R	S	Е	Z	I	С
			R	Е	0		0	K	S		N	0	M	0
Ī	N	F	0	R	M	Α	T	I	0	N	D	Ε	S	K
S	Е	Α	N		Е	В	В	S		F	T	L	Е	Е
R	Е	В	S		R	J	S	S		C	0	S	Т	S

or \$10 if you present your ticket from the Des Moines Senior Center's Spaghetti Night. Tickets are available at the Field House, 1000 S. 220th St.

For more information, convance, and \$15 at the door tact Nic Lind at Des Moines Park and Recreation, 206-870-6527, www. desmoineswa.gov

•The Waterland Music Series returns to Des Moines with three concerts, beginning Tuesday, Nov. 17 with jazz guitarist Michael Pow-

Weekly **SUDOKU**

by Linda Thistle

		~ ,						
3				7		1	2	
		6			2	9		
	8		4					3
2			3	1			4	
	9		6					5
5		3			4	2		
	7				9	5		
		4		5				1
8			7	6			9	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine

DIFFICULTY THIS WEEK: ★★

★ Moderate ★★ Challenging **★★★** HOO BOY! © 2009 King Features Synd., Inc.

Presented by the Des Moines Arts Commission, Powers plays at 7:30 p.m. at the Highline Lecture Hall.



•Comedy Night returns to the Des Moines Field House on Friday, Oct. 9.

The night will be featuring Susan Rice with opening act Debbie Wooten and is sponsored by the Des Moines Arts Commission.

Tickets are \$10 if bought in advance at the Des Moines Field House, 1000 S. 220th St., Des Moines; or \$15 at the door.

•The Library's Gallery is featuring Outsider Art created by the local artists at Creative Artspace in Kent.

The outside artwork will be on display throughout the month of October. The gallery is open from 7 a.m. - 9 p.m. Monday to Friday, 10 a.m. - 5 p.m. on Saturday and 2 p.m. - 9 p.m. on Sunday.

•Newly inducted Autoharpist Hall of Famer Evo Bluestein will be giving a concert on 7:30 p.m., Saturday, Oct. 17, at d'Aigle Autoharps, 19106 Des Moines Memorial Dr S., SeaTac. Tickets are \$15.

The California native recently returned autoharps to California schools, and is the co-founder of the California Autoharp Gathering.

Visit www.evobluestein.com.

Go pyscho at a beach party in Burien

By COURTNEY SANKEY
Staff Reporter

Burien Little Theater is now showing *Psycho Beach Party* by Charles Busch.

Psycho Beach Party opened its doors on Oct. 2 and will continue its run every weekend through Sunday, Nov. 1.

The director of *Psycho Beach Party* is no stranger to the Burien Little Theater stage.

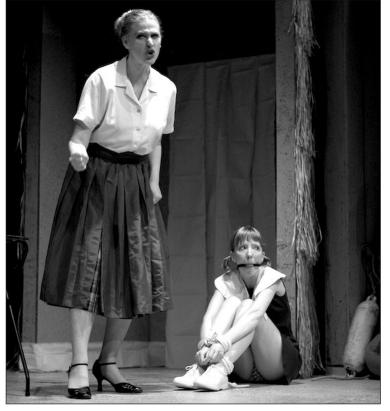
Zach Robinson also directed *Man Defeats Nature* in last spring's Bill and Peggy Hunt Playwrights Festival.

The assistant director, Melissa Malloy also has directed at the theater before, directing *Reprieve* at the '09 spring festival.

"The Reprieve was a good place to start," Malloy said. "[Psycho Beach Party is] a chance for me to learn from someone who has directed before, to learn from his [Robinson's] process, and to decide for myself what worked and what doesn't."

Though Malloy has little experience as a director, she and veteran director Robinson have been getting along swimmingly.

"Zach has been great," Malloy said. "He listened to my ideas and has asked for my opinion. He taught me more about



Adam Sanders/BURIEN LITTLE THEATER

Anna Richardson as Mrs. Forrest (left) and Kris Hambrick as Chicklet (right), doing a scene from Psycho Beach Party.

the production side of things, things you don't think of as an actor. *Psycho Beach Party* has everything, it isn't just about the acting but how everything effects everything else."

Psycho Beach Party is a cross between the popular Gidget films of the 60s and The Three Faces of Eve from 1957. The

combination makes for an exaggerated, funny, psychotic party, said Malloy.

The show revolves around a girl named Florence "Chicklet" Forrest. She is a perky, Malibu teenager who joins a group of beach bums to learn how to surf.

Chicklet has multiple person-

alities however, ranging from an elderly talk show host, a black check out girl, a male model named Steve, to Ann Bowmen, her most dangerous personality of all.

Chicklet suffers from blackouts when her other personalities take over, and fears that she may have something to do with the mysterious deaths that have been piling up in her small beachside town.

Bringing the beach to the stage was not much of a challenge for the show. With the use of set pieces, lighting and paint, the theater is ready for a day at the beach.

"Theater is all about illusion," said Eric Dickman, artistic director for Burien Little Theater. "It is a chance to be taken to places that do not really exist."

The show will run for another four weekends, from Friday, Oct. 9 to Sunday, Nov. 1. The Friday and Saturday shows start at 8 p.m. The Sunday shows start at 2 p.m.

Tickets cost \$16 for general admissions and \$13 for students and seniors. Visit www. burienlittletheatre.com, call 206-242-5180, or e-mail tickets@burienlittletheatre.com to purchase tickets.

Accountants trade calculators for guitars and drums

By JOANNA WOODS Staff Reporter

The Washington State Certified Public Accountants will be trading their calculators for drums and guitars for their annual Battle of the Bands Concert at Highline on Saturday, Oct. 17.

The Battle of the Bands has been a fundraising concert for the last four years put on by the accountants.

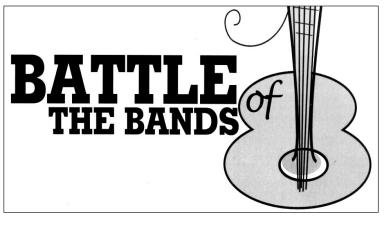
They started the event to help promote teamwork, to show that accountants can rock and roll and to raise money for a worthwhile cause, said Mary Christensen, president of the Highline Student Small Capital Investment Club.

The investment club was started because college students needed help with financial obligations. It was started at Highline in 2006.

All proceeds made from the fundraiser will help fund the Highline and Central Washington University Accounting Department and the investment club.

The tradition of donating the proceeds goes back to the very reason the event started.

Battle of the Bands was started in 2006, the year that Hurri-



Poster art for the Battle of the Bands concert that will be raising money for Highline and Central Washington's accounting clubs.

cane Katrina blew through New Orleans.

The Washington State Certified Public Accountants created the event to raise money to donate to the Red Cross for hurricane relief.

The concert will feature four bands composed of accountants of the Washington State Certified Public Accountants.

"The names of the bands are kind of related to accountant terms – Disregarded Entity, The Mergers, Terminal Liability, CH3," said Christensen. "It's a chance to fulfill the need to be a rock star."

"I guess I was the one who came up with the idea," said Tom Byrne, a guitarist for Disregarded Entity. "We were just sitting at one of our board meeting one day talking about things we enjoy doing."

Rocking out is something not typically associated with accountants and it was a surprise to Byrne to find others who shared his interest.

"I found out a couple of other people on the board played instruments," Byrne said. "So I said it would be really cool to put a band together and have a competition with other CPAs."

"Last year was great," Byrne said. "Every year we have had more and more people attend. We've had people into their 80s attend as well as young kids."

Since 2007 the Battle of the Bands event splits its proceeds between the Highline Foundation and Central Washington University accounting clubs, and the Society of Student Accountants.

"We put on the Free Student Financial Education week," said Christensen. "It happens during Fall Quarter, [usually] November or in January or April. It all depends on the funds available."

"Our big thing is to educate the student body about ways to handle money, potential investments and how to go about it. Also credit card debt - how to keep from getting into it, and how to get out of it."

The concert will be held in the Mt. Townsend Room in the Student Union Building, from 7 to 10 p.m. on Saturday, Oct. 17.

Tickets will be \$20 which includes admission, hors d'oeuvres & beverage, a ticket to vote for your favorite band, and entry into drawing for door prizes. Tickets can be purchased at the door or in advance which are available at www.wscpa.org.

Comedy Night in Des Moines



This 2nd Annual Event will feature a family friendly performance by comedienne:

Susan Rice

Opening ad: Debbie Wooten

FRIDAY, OCTOBER 9, 2009 7:30 pm at the Des Moines Field House 1000 S. 220TH ST., Des Moines

www.susanricecomedy.com

Tickets are available now \$ 10.00/ Advance at Des Moines Field House \$ 15.00/ at the door

Sponsored by the Des Moines Arts Commission. For more information call: (206) 870-6527 www.desmoineswa.gov/artscommission

Sports

The Thunderword / October 8, 2009

Lady T-Birds gear up for tough match

By BRIAN GROVE Staff Reporter

The Highline women's volleyball team will know just where they stand after their match against the Tacoma Titans on Wednesday, Oct 14. The Undefeated Titans, 3-0, may prove to be Highline's toughest match of the season.

The Highline Women's volleyball team is fourth in the West Division entered the third week of league play with a record of 2-1.

Last week, the Lady T-Birds had a bye before they took on Centralia Friday, Oct. 2, on the

Highline bushwhacked the Trailblazers in three games, 25-7, 25-17 and 25-22.

On the attack side of the game, Jennifer Mooth, Ashley Nguyen, and Paula Miles had 11, six, and four kills, respectively, which can be attributed to Davina Fuiava's 16 assists.

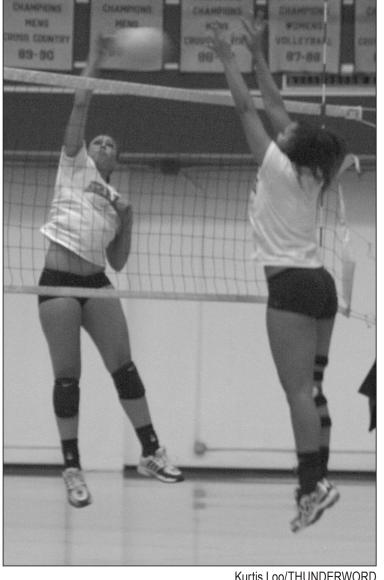
Miles and Alessa Johnson also had three aces apiece.

Highline Head Coach Chris Littleman said the bye last week allowed the team to get in some extra practice before taking on leading division rival Tacoma.

"The bye did help. It gave us more time to practice on things to get us ready for NWAACCs and Tacoma. We have been preparing for Tacoma all week," he said.

Littleman said the team would by trying some new strategies against the Titans.

"We have changed our line



Kurtis Loo/THUNDERWORD

Whitney Hodge spikes the ball during a practice drill.

up a little. We have lots of versatile players. We want to maximize their strengths and put them in position to be successful," Littleman said.

"This allows us to be more versatile. Against some teams we may need to be bigger in the middle and against others we may need to be bigger on the outsides or allow the hitters to be in a position to be successful," he said.

"Against Tacoma we are going bigger on the outsides and quicker in the middle. We feel we can stop them on the outside with Jennifer Mooth, Ash-

2-5-1

2-5-0

2-3-0

1-7-2

6

1-4-2 5

South Division

Bellevue 2-3-1

Tacoma 2-3-0

Highline

Grn. River 2-5-0 6

ley Ngyuen and Leticia Colon and beat them in the middle with Paula Miles and Whittney Hodge."

One of the things the Highline coaches have been looking for in their players is the "killer instinct" to put teams away when they are down, he said.

As of this point in the season, Littleman said the "killer instinct" is still not present in their play, but he is confident Highline will rise to the occasion against Tacoma.

"In my mind, it is a two team race to win league, us and Tacoma. If we play like we are capable we will give ourselves a great chance to win," he said.

"I believe the team will play up because one, its Tacoma and two, they are ranked number one in NWAACC. I am looking forward to this game. It will give us an insight on where we are as a team."

Littleman said although beating Tacoma would be big, the only thing that really matters is an NWAACC championship.

"Winning league is nice, but its NWAAC Champs or bust for us. It's all about getting better and peaking at NWAACC," he

Littleman said the team was fired up for the game.

"I am excited and I know the girls are."

Highline played Tacoma Wednesday, Oct. 7, with results unavailable at press time.

On Friday, Oct. 9, the Lady T-Birds will have a home game against Clark at 7 p.m.

13-10

Treasure Valley 0-0

X-country continues to improve during the season

By AMANDA LEBEAU Staff Reporter

Highline's cross country runners showed that they are getting in shape for competition at the Willamette Invitation, Oct.

"Willamette was great for us. Almost all of our runners got their season personal records," Coach Josh Baker said.

One of the runners who broke his season record and led the Thunderbird men was Colby Peters. He finished in 142nd place out of 312 runners with an eight kilometer race time of 26:52.

Following Peters for the men was Aaron Mowrey, 184th in 27:30; Ryan Eidsmoe, 185th in 27:32; Bill Macdonald, 219th in 28:13; Cory Richardson, 230th in 28:31; Bryce Rainwater, 239th in 28:41; Paul Huynh, 243rd in 28:46; Austin Allen, 251st in 28:56; and Nathan Tustison, 296th in 32:13.

Highline runner Austin Allen has enjoyed seeing his own improvement over the last two races. He finished in 29:17 at the last meet, the Sundodger, and 28:56 in this meet.

"The week of the race I worked my butt off and it definitely showed with my much improved 8k time," said Allen.

As a team the men took 23rd place out of a total of 28 teams. Southern Oregon won the men's

The Thunderbird women, who each improved by multiple minutes, were led by Kalee Cipra, who finished the five kilometer run in 20:15, which was good enough for 133rd place out of 241 runners.

Next to finish for Highline was Ashley Densmore, 143rd in 20:28; Ashley Hamman, in 172nd in 21:28; Amy Greenwood, 221st in 23:33; Maria Gonzalez, 224th in 23:56; Cassie Barber, 230th in 24:27; Tasia Slish, 234th in 25:25; and Catherine Nalley, 239th in 26:59.

The women took 20th place as a team out of 23 teams competing. Winning first place in women's was Azusa Pacific.

Coach Baker said he is excited to have two good weeks of training before the next race where they hope to do it again. This will be at the Puget Sound Invitational, Saturday, Oct. 17 in Lakewood.

Scoreboard



Men's soccer standings

North Division

League/Pts/Season Edmonds 2-2-1 2-4-1 2-3-0 6 3-6-0 Everett Whatcom 1-2-2 5 1-4-2 Shoreline 2-3-0 6 3-5-0 Sk. Valley 1-3-0 3 1-4-0 East Division

League/Pts/Season Spokane 4-1-0

12 4-6-0 Col. Basin 2-0-3 9 4-1-4 Tr. Valley 3-2-0 9 3-2-0 Walla Walla 3-1-0 9 6-1-0 W. Valley 2-2-1 7 4-2-1 West Division

League/Pts/Season Peninsula 3-1-1 10 6-3-2 Bellevue 2-1-2 8 6-3-2 Highline 0-2-3 3 5-4-2 Olympic 0-5-0 0 0-6-0

0 0-4-0 South Division League/Pts/Season Chemeketa 4-0-1 13 9-0-2

4-1-0 12 5-2-0

Tacoma 0-4-0

Clark

Pierce 3-1-2 11 3-2-3 S. P. Sound 1-3-1 4 1-6-1 SW Oregon 1-3-1 4 1-3-1 Men's scores

10/3 W. Valley 3 def Tacoma 1

Col. Basin 1 tied Bellevue 1 Chemek. 2 def Shoreline 0 Peninsula 2 def W. Walla 1 Spokane 3 def Olympic 2 Everett 5 def SW Oregon 1 Whatcom 2 tied Pierce 2 Sk. Valley 3 def S.P Sound 1

> Women's soccer standings North Division

League/Pts/Season Shoreline 3-1-3 12 4-2-3 Whatcom 3-3-0 9 4-4-0 Edmonds 2-2-1 2-3-1 7 Everett 1-3-1 2-4-2 Sk. Valley 1-2-1 4 2-2-1

East Division League/Pts/Season Col. Basin 5-0-0 15 7-0-0 Walla Walla 5-0-0 15 8-1-0 5-0-1 Tr. Valley 4-0-1 13 Spokane 4-1-1 13 4-2-2 W. Valley 0-4-1 1 0-4-2 Yakima 0-6-1 1 0-6-1 West Division

League/Pts/Season Olympic 3-2-1 10 5-3-1

League/Pts/Season Clackamas 5-1-0 15 5-2-1 1-3-1 4 3-3-1 Clark Chemeketa 4-0-1 13 4-0-1 1-3-2 5 1-3-2 Lane SW Oregon 0-3-2 2 0-3-2 Women's scores 10/7 Spokane 7 def Yk. Valley 1 Shoreline 1 def Whatcom 0 Gr. River 2 def Highline 1 Tr. Valley 7 def W. Valley0 Volleyball standings North Division

League/Season Whatcom 3-0 12-4 Shoreline 3-1 7-8 Bellevue 2-1 11-5 Skagit Valley 2-0 6-3 Olympic 1-21 1-2 Edmonds 0-2 9-12 Everett 0-4 0-12 **East Division** 19-8 Spokane 5-0 Blue Mountain 4-0 18-4 W. Valley 4-1 11-10 Columbia Basin 3-3 13-9 Walla Walla 6-4 3-3

Big Bend 1-6 2-15 Yakima Valley 0-6 3-13 West Division Tacoma 3-0 22-3 Pierce 3-1 12-7 11-9 Clark 3-1 2-1 17-6 Highline Green River 1-3 Lo. Columbia 8-14 Centralia 0-3 3-15 South Division Mt. Hood 4-0 16-4 14-10 Clackamas 3-1 Chemeketa 2-1 17-8 11-14 SW Oregon 1-2 0-3 7-20 Umpqua Linn-Benton 0-3 6-14 Women's scores

10/2

Walla Walla def Yakima Valley (25-21,25-11,25-14) Spokane def Treasure Valley (25-17,19-25,25-14,26-24) Wenatchee Valley def Big Bend (28-26,21-25 ,25-14,25-17) Bellevue def Olympic (25-11, 25-12, 25-6) Whatcom def Shoreline (25-22, 25-12, 25-15) Highline def Centralia (25-7,25-17,25-22)

Sports Sports

The Thunderword / October 8, 2009

Freshmen x-country runner shows potential

By AMANDA LEBEAU Staff Reporter

Ashley Hamman is off to a fast start this cross country season

Highline freshman Hamman led the Thunderbird ladies in the very first meet of her career and then broke her record by over three and a half minutes in her second meet.

Performing first at the Sundodger on Sept. 19, Hamman, who is new to cross country this year, impressed her coaches and viewers by completing the 5 kilometer run in 25:09.

"I felt great and was already thinking about how I wanted to perform at the next race," said Hamman.

Her planning and self-motivation paid off as she improved greatly in her next race. Cutting her time by 3:41. Hamman completed her next race at the Willamette Invitational in Salem, Ore. with a time of 21:28 last weekend. Ultimately she wants to bring her time down to at least 20 minutes.

Hamman, who used to run only track, has enjoyed the transition from one sport to the next. She said her previous coaches always told her they knew she needed a race longer than two miles, which was something track just didn't offer.

"I'm a good distance runner," Hamman said. She likes the more "comfortable pace" of a long distance run, opposed to the running style of a shorter race which is "always about running your hardest."

She said she enjoys the diverse training methods used in cross country, as well. With her team she goes on both short and long runs through parks and woods, and utilizes Highline's weight room.

When she's not with the team, Hamman still finds it important to stay healthy by eating properly and getting plenty of sleep each night.



Ashley Hamman

Freshmen Ibrahim avoids troubled life with soccer

By KURTIS LOO Staff Reporter

Thunderbirds midfielder Ahmed Ibrahim had a long road to travel before coming to Highline.

Ibrahim lived in Egypt for 10 years until his family moved to St. Louis so that he could have a better education. His family moved to Washington this year where he walked-on to the men's soccer team.

"When I first came here [to America] I wanted a better education and life," Ibrahim said.

Ibrahim has scored three goals for the T-Birds this season.

Ibrahim used soccer to as an outlet to avoid getting in trouble as a young kid and keep him on the right track to success.

"Soccer made me focus on school. It got me away from all the drugs and other bad things," Ibrahim said.

Ibrahim explained the differences between the soccer he played in Egypt and how they



"I've run after not eating

She said she keeps herself

very healthy and not getting

enough sleep, and it's just pain-

motivated by setting goals, see-

ing her results and not letting

though is the possibility of get-

ting a scholarship to a four-year

school," Hamman said. She

plans to study nursing and go to

coach, Josh Baker, says she is a

runner that people should keep

their eyes on because she has

Hamman will try to show

"What really moti-

vates me though is the

possibility of getting a

scholarship to a four-

-Ashley Hamman

her potential next at the Puget

Sound Invitational, Saturday,

potential to do great things.

Oct. 17 in Lakewood.

year school,"

Highline's cross country

a university by 2011.

"What really motivates me

nerves take her out of focus.

ful," Hamman said.

Ahmed Ibrahim

SHORELLING

Kurtis Loo/THUNDERWORD

Highline midfielder Ahmed Ibrahim eludes a Shoreline defender on his way to the goal.

play in America.

"In Egypt, they are really physical but the American game is smarter, they like to pass and have more strategy," Ibrahim said.

Ibrahim wants to play soccer

"Since I was a kid, people told me I can't do this, I can't do that. I want to go out there and prove them wrong."

-Ahmed Ibrahim

at the highest level but his main priority is to get a good educa-

"My dream is to become a pro. Education comes first but I would like to be a pro if I can," he said.

Ibrahim continues to fight through adversity as people doubt what he is capable of doing.

"Hard work pays off," Ibrahim said.

"Since I was a kid, people told me I can't do this, I can't do that. I want to go out there and prove them wrong," he said.

After Highline, Ibrahim wants to go to a four-year university and play Division I soccer. The University of Wash-

ington is at the top of his list.

"I would like to play for a Division I school like the University of Washington but education is first," Ibrahim said.

One thing Ibrahim is still adjusting to is the strange weather in Washington compared to the heat of Egypt.

"The weather here [in Washington] is crazy. I always have to wear long sleeves and gloves whenever I play," he said.

Even though the T-Birds soccer team is very young and inexperienced, he has a lot of confidence in his team and himself.

"I think we can win the championship. We are young but we are going all the way," Ibrahim said.

Former Highline coach faces old team

By KURTIS LOO Staff reporter

Former Highline assistant coach for the men's soccer team Brandon Mitalas takes his new team to the top of the North Division

Mitalas coached at Highline last season when the Thunderbirds went 14-1-2 and finished first in the West Division. He is now the head coach at Edmonds Community College where his team is first in the North Division with a 2-4-1 season record.

On Sept. 9, Highline played against Edmonds Community College where the Thunderbirds beat Edmonds 4-2. Mitalas was disappointed that he lost but he still enjoyed competing against his former team.

"I wish the outcome would've been different but it was fun playing my old team. It's a lot different seeing things from the other side," Mitalas said.

Mitalas said his loyalties are still with Highline except on that day because of the friends he made on the team.



Brandon Mitalas

"It was exciting. I'm still friends with a lot of them so it was great to see them again and compete against them," Mitalas said.

Mitalas praised Highline Head Coach Jason Prenovost for taking him under his wing and teaching him everything about being a head coach.

"Jason taught me more than you can put into words, he's just an amazing coach and I soaked up everything like a sponge from him," Mitalas said.

Praise went both ways as Prenovost and the players reflected on Mitalas' time at Highline "It was great to coach with him and it was a lot of fun to go against him. He's recruited some pretty good players and he's going be a good coach," Prenovost said.

"He gets things done and he's very flexible. He's a great coach," Highline midfielder Alex Bresnan said.

"It was great beating him. He was our coach last year and then he went to Bellevue and he played against us," Bresnan said.

What the players who knew him seem to miss most were the "awesome van rides" that they had with him. Players wouldn't describe what happen on their van rides but did say that they were "really fun."

Although Mitalas is coaching at Edmonds, he still remembers all the great times he had at Highline, learning how to coach and enjoying the times he had with his players.

"I miss everything about Highline, I like where I am now but you can't forget where you came from," Mitalas said.

Men's soccer settles for tie against Bellevue

By KURTIS LOO Staff Reporter

Highline men's soccer tied Bellevue 1-1 last week on Wednesday, improving their record to 5-4-3 overall and 0-2-3 in league play.

"I would've loved to get a win but a tie is good," Head Coach Prenovost said.

Highline's midfielder Tyson Skyes scored in the final two minutes of the first half. Bellevue tied the game with an early second half goal by Radcliff McDougald. Highline was able to hold on and preserve the tie.

"It was a very intense game. They [Bellevue] were controlling most of the game but we never gave up. We just kept coming," midfielder Ahmed Ibrahim said.

"We played hard and with a lot of effort, and that's what we were looking for," Coach Prenovost said.

Highline extends their winless streak in league play to five games. The T-Birds are stuck in third in the West Division as Peninsula and Bellevue continue to pull away in the standings.

Peninsula leads the division with 10 points. The tie with Bellevue and Peninsula beating Walla Walla this weekend 2-1 put Highline seven points behind Peninsula. The T-Birds have 3 points.



Kurtis Loo/THUNDERWORD

Highline's Alex Bresnan (right) passes to a teammate before Bundu Koroma (left) is able to steal the ball away.

"Peninsula and Bellevue put a lot of distance between us and them so all the games are big for us," Prenovost said.

Highline loss to Peninsula yesterday 2-1. Highline's Jarret Thomas scored in the 80th minin the 90th minute.

Daniel Nam leads the T-Birds with five goals, followed by Alex Bresnan with four goals, respectively. Six other players are tied with three goals each.

Prenovost commented on the ute. Peninslua won with a goal freshmen and their play during

the season. He likes that they are playing hard and with a lot of effort, but they still need to adjust to the college game.

"They are up and down. Before they would get away with a lot of things, but when you play at the college level, you don't get away with as many things," Prenovost said.

The T-Birds next game is at Highline on Saturday against Treasure Valley at 2 p.m. They have another home game against Olympic on Wednesday, Oct. 14 at 4 p.m.

Lady T-Birds earn first win of season

By DEREK HARTWIGSEN Staff Reporter

Highline women's soccer team shut out Yakima Valley 2-0 this past Saturday.

It was the first victory of the season for the lady Thunderbirds who are 1-7-3 overal.

"This was our first win, so it was a big win for us," Head Coach Tom Moore said.

"I think this win will give us confidence for the rest of the season, and really help turn us around," said defender Brittany Gannaw.

Gannaw scored the first goal of the game in the first half. She received a pass from Shelby Devol, dribbled past three defenders, and made the shot from 15 yards back. An assist was credited to Devol.

Freshman forward Devol also had the second score of the game shortly after halftime.

"I knew there was a chance when the ball got by the defender on the breakaway and I put the ball in the top part of the goal where the goalie couldn't reach it," said Devol.

Some of the players were jumping up and down after the



Kurtis Loo/THUNDERWORD

Highline's Khelby Kennedy awaits a throw-in as the Lady T-Birds attempt to tie the game.

"I really did not have to tell them much, this was an easy game to coach," Moore said.

"There was not much 'Rah Rah,' they were just determined not to lose this game. It was just them kind of figuring out what they needed to do. I just told them to get an early goal, and try to remain confident," Moore said after the game.

The Lady T-Birds loss to Green River yesterday 2-1. Highline made a push at the end when Sarrah Ferrin scored in the 80th minute but it wasn't enough.

The next women's soccer game is scheduled for Oct. 10, here at Highline against Treasure Valley Community College. The game starts at noon.

Following the Treasure Valley game will be another home game against Olympic on Wednesday, Oct. 14 at 2 p.m. Olympic College is currently the division leader in the west hosting a 3-2-1 record.

Highline home games streaming online

Highline home games will now be streamed live online at the Highline athletics website.

The basketball team has been streaming their home games since last season and now Highline Athletic Director John Dunn wants to expand it to all Highline sports.

Dunn said they were having problems with the reception for outdoor sports, but confirmed that it is working properly and they are streaming games.

Softball is the only sport that can't be streamed online due to the distance from the trailer to the softball field.

"We can't get a reception from the softball field so we might not be able to stream the games but we'll try to work something out," Dunn said.

If you want to view Highline home games, go to http://www. highline.edu/stuserv/athletics/ media/games.htm

Full schedules and statistics can also be found on the web10 Business

The Thunderword / October 8, 2009

Goodwill brings jobs to the community

BY LIZ PHILLIPS
Staff Reporter

The new Des Moines Goodwill store is part of a much bigger operation that provides many services for people in need.

The new store would like to be a positive light in the community, said manager Robert Glidewell.

The 11,000-square-foot store is located at 23313 Pacific Highway S., in the La Plaza shopping center where the old QFC used to be located. Currently this location is one of the busiest within the Tacoma Goodwill service area, Glidewell said.

The Goodwill sells gently used products from used clothes to appliances, and at an affordable price. You can find anything there, which may contribute to the stores popularity.

"The grand opening went very well. We beat the North Tacoma's opening number. We are above average in sales for the region, as things are settling down," Glidewell said.

Not only is the new store going to help the people of Des Moines and Kent stretch their dollars, they are also putting new people on payrolls and insurance, he said.

Currently they have 33 employees, but unfortunately will have to lower their numbers to 25 once the opening hype has died down, which may take longer than expected, Glidewell said.

There are "a lot of new people here, so there is a training curve, but they are doing well," Glidewell said. The Goodwill is a great place to apply if you are looking for a fresh start or a first job, he said.

"Our function is to provide and create opportunities for people with barriers and to help them get into the job market," Glidewell said.



Liz Phillips/THUNDERWORD

A local resident looks for a bargain at the Goodwill at its newest location on the corner of Pacific Highway and Kent/Des Moines Road.

The neighboring businesses are pretty excited about the new store because it will create a lot of foot traffic and potential business for them, he said.

"We are busy. The donations are steady and building in volume," Glidewell said.

Donations are accepted at the store on the left hand side of the entrance.

If the donation rate begins to slow down and they are in need of specific items, the store officials simply calls the distributor, located in Tacoma, and they will send the store a bin of whatever items the store is running low

Keeping the large variety of merchandise is crucial, especially with the close proximity of neighboring rivals such as a dollar store and Salvation Army, Glidewell said.

"They really never are too happy to see us," Glidewell said

Although some stores aren't too keen on Goodwill being in the neighborhood, the organization as a whole attracts people because of the positive influence on the community and because of all the programs they fund to help people, Glidewell said. Plus, there are fewer things to go into the land fill, he said.

"Goodwill's mission is to change lives by helping people with disabilities or disadvantages go to work," said Mathew Erlich, Goodwill media relations representative. "While most people know about our stores, either as customers or for a place to donate gently used clothes and household items, our job placement and training programs have helped more than 6,000 people this past year - a 20 percent increase over the previous year," he said.

There are a total of 1,200 employees in the Tacoma Goodwill branches. Of those 1,200, 60 percent are people with either disabilities or some sort of disadvantage, Erlich said.

"We have a variety of programs for people searching for that first job or that second chance," Erlich said. An example of a disadvantage would be English as a second language, he said, and for that ESL classes are offered for employees.

Along with those classes, employees are given the option of taking money-managing classes. Some of their employees are in programs which help people with disabilities get individual job placement assistance.

"As for the public, many of the programs we offer to our employees are available to our program participants, such as ESL and our Key to Change financial literacy program and Supported Employment. But there are many other programs," Erlich said.

"In our new Milgard Work Opportunity Center, we have new culinary arts and barista training programs that operate our Neighborhood Bistro restaurant and Coffee Buzz coffee bar, serving Starbucks products," he said.

Another program teaches people warehouse and logistics skills. Currently this program is partnered with Tacoma Community College. It is aiding people in Tacoma and Longview and will be available shortly in the Yakima area.

"Our Adaptive Computer Lab teaches basic office essentials, including soft skills for interviewing and resume preparedness, besides providing the technology for people with disabilities to get the skills they need to go to work," Erlich said.

The Goodwill also features a program called REACH. REACH comprises community agencies and educational institutes that focuses on providing job training for youth, Erlich said

"The effort provides a onestop location for youth to get the help they need to go to work. Job resource rooms are available in REACH and in another room in our Milgard center for adults," he said.

Glidewell has worked for the Goodwill for almost two years and this is his second store location. Before the new store, Glidewell was the manager of the Tacoma distribution store for the Goodwill.

The stores make these programs possible.

Glidewell, the Manager of the Des Moines store has been managing businesses for about 30 years.

"Should be a piece of cake," he said.

Store hours are 9 a.m. to 9 p.m. Monday through Saturday and 10 a.m. to 7 p.m. on Sundays. More information can be found at Tacomagoodwill.org.



Cody Warf/THUNDERWORD

Peggy Strain, one of Goodwill's many sucess stories, cuts the ribbon at the store opening ceremony.



WEBSITES EXPAND AVAILABILITY MONEY-SAVING FAVORITES

By JON BAKER off the retail price. Staff Reporter

Coupon clipping is a great way to cut your expenses and save money.

The internet and a depressed economy have expanded the availability of this time-honored money saver, in a way that has never been seen before.

Coupons are available everywhere, from your Sunday paper, to blogs on the internet, to weekly mailers.

Several websites have cropped up on the internet designed to help you find the best deals possible.

Hip2save.com is one such website. It prides itself on providing everything that a coupon clipping novice needs to get

Coupon 101 is a collection of posts designed to help you understand the basics of how to use these valuable resources. Coupon basics, tricks of the trade, and the rules of couponing are all important concepts that will help you succeed in your endeavors.

One of the most helpful features of website is the ability for people to share extreme deals that they have found.

When a great deal is made the shopper will post the deal for you to copy. Often this includes links to where the coupons can be found, a list of all the items necessary to buy, a picture of all the items purchased and a picture of the receipt for proof.

One feature of Hip2Save, is the Follow Me Monday videos.

On a recent video the shopper went to Wal-Mart with a very specific goal. Go into Wal-Mart, snag lots of great buys, and spend \$50 or less.

During this trip the shopper loaded a massive grocery cart with enough groceries to fill her kitchen table and then some.

The before-coupon price for all of her items was \$187. After coupons, she walked out of the store spending only \$53.79. That's a savings of 73 percent

Saving over 70 percent on a major expense that all of us are forced to incur can greatly alleviate the strains on our budget.

Coupons were originally created by the Coca-Cola Company in 1887. These coupons were mailed out to potential customers and also placed in magazines for readers to discover.

Coupons didn't gain popularity and take off until 1909 when the Post Cereal brand decided to start offering coupons to customers in order to allow them to purchase cereals and other products at a lowered cost.

During the Great Depression, businesses sought to advertise using coupons. However, because of the economic demands of the time, the drive for coupons came more from the customers need to save money.

Jenny Thomas is a mother of four working to support her family and help her husband complete his degree in criminal justice. She has realized the savings that can come from clipping coupons.

"I have been able to reduce my weekly food budget to \$60 a week," Thomas said.

One of her main secrets for saving so much money is pairing coupons with deals. Every week in the Sunday paper Albertson's includes a double-thevalue coupon.

Thomas uses these extra coupons to increase the value of a manufacturer coupon and then buys an item that is on sale.

"I usually find items on sale or on clearance. Always look at the clearance section of the store," she said.

"You may not find the brand that you want on sale so be flexible and try new things," Thomas said. "And don't stick to one store. Always look at the sales different stores are using."

More and more industries are beginning to utilize them as a way to advertise and bring in business.

Restaurants and entertainment are two industries that are swiftly moving toward coupons. Clipping 2-for-1 coupons to a restaurant and movie theater can save you a lot of money, and make date night with your significant other more enjoyable, time.



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12 Business

The Thunderword / October 8, 2009

New shop has eclectic mix

BY DAVID STEELE Staff Reporter

Swords, cigarettes and prom dresses can now be found in one convenient location.

A new business, Smoke and Dress, next to the new Goodwill on Pacific Highway, just had its grand opening.

Formally known as Prosperous Business Dress Shop, it only has two employees, Hyo S. Kim and his wife. The store offers a huge selection of various formal wear. Among the items for sale are prom dresses, party and evening dresses, bridesmaid and flower girl dresses.

Kim, manager and owner, hopes to bring specialty items to the Kent-Des Moines area.

Although Prosperous Business Dress Shop has only been in business for three months, Kim has more than 30 years of retail experience.

Kim stocks more than 30 different styles for sale at a time. More than half of the store floor is occupied by various beautiful gowns and formal attire. Another service Kim offers is group orders as well as special orders.

Even if the style desired isn't on the store floor, Kim said he will special order it from the manufacturer. In addition to formal dresswear, Kim also sells fine china, katana swords, knives, blankets, jewelry and Quinceanera items.

The store has a lot of items, though more than 80 percent of



Liz Phillips/THUNDERWORD

Knives, smokes and knicknacks compete for space.

the floor is occupied by dresses and gowns.

Parallel to the dress section, is a glass counter filled with various blades, flasks, lighters, dolls and knives. On the far wall of the store is a display of jewelry and other collectable items.

Fake bones and skulls are scattered on the countertop. Some of which are made into ash trays and others have tribal etching on them. Situated behind the counter, is a wall of cigarettes and cigars.

"I am very happy about my store," said Kim. "I know what I'm doing. Nobody has this type of business in this area, and plus, you can't beat the prices, I will guarentee it."

Kim said that he opened a business with such a wide and unique variety of merchandise "Because there isn't another store in the area like this."

"We hope that with the opening of the new Goodwill, we will get more business," Kim said. "We are your neighbors. Come on in and check us out."

Smoke and Dress is located at 23303 Pacific Highway S. Hours are Monday through Saturday 9 a.m. to 5 p.m. and Sunday 10 a.m. to 5 p.m. For more information can call 206-824-3173.



Liz Phillips/THUNDERWORD

 $Prosperous\ Business\ Dress\ Shop's\ main\ item\ is\ dresses.$

Winterizing your home can save you money

Winter weatherizing programs offer a low-cost or free way to make fixes to your home that can add up to large savings on heating fuel. Here are some ways to find help:

•Call your local social services for referrals to programs. Even if you don't get any services from them, they'll know how to contact county or state programs or can refer you to

classes you can take.

•Contact your utility or fuel company. Often it will do free "leak checks" to help you identify problems in your home.

•If the area where you live is even slightly rural, consider calling Rural Development, a U.S. Department of Agriculture program. If your weatherizing goals are serious enough to fall under the category of actual repairs, you might qualify for a low-interest loan or grant. To contact Rural Development and get the number for your state branch, call 1-800-670-6553

The Department of Energy has a weatherizing help program that's run through individual states. Go to www.energy.gov and click on General Information, then Weatherization Assistance Program.

Highline's StartZone celebrates one year of helping others

By ANDREW SIMPSON Staff Reporter

Highline's StartZone is celebrating its one-year anniversary.

StartZone is a microenterprise development program that is designed to help people who are at a disadvantage, said Michael Skinner, program manager of StartZone.

The program "Helps underserved disadvantaged communities start small businesses by addressing their specific and unique challenges," Skinner said.

StartZone uses the ideas of local entrepreneurs to help create a solid business strategy. The program is designed to help people who have the potential to start a business but have been denied certain mainstream resources, he said.

For example, Adugna Wubbie originally came to StartZone in hopes of building a successful business to provide for his family in Ethiopia.

StartZone helped Wubbie create his own commercial janitorial service, Rose Super Clean services, which now nets him a steady income.

Helping those who are less fortunate is one of many reasons why StartZone is in existence.

"That's why we do it. We



Michael Skinner

don't get paid a lot, but we do it because it helps people overcome," Skinner said.

Since it was founded in October 2008, StartZone has helped more than 120 women, immigrants, people with disabilities and people of color expand their businesses within Southwest King County.

The program's client base has grown, he said.

"We started with zero, and within one short year we have 130 members," Skinner said.

StartZone may be expanding at a rapid rate, but obstacles remain

"Funding is a chronic problem," he said.

Working hard to sustain and develop the company despite the small budget is a challenge, he said.

For more information, you can reach Skinner at startzone@highline.edu. Building 99, room 106, 206-878-3710, ext. 5152.

TODAY!! COLLEGE TRANSFER

FAIR HURSDAY, OCTOBER 8 9 AM-12:30 PM

Highline Student Union Cafeteria, building 8, first floor

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This sapce could have been yours for about \$20. Contact Jonathan Baker at the Thunderowrd, jobaker@highline.edu 206-878-3710, ext. 3318

Counselors offer help for anxiety, depression

New support group for students to meet next week

By REBECCA BALL Staff Reporter

If you're feeling overwhelmed, unmotivated, or struggling with emotions that are hindering success, the Highline counseling office may have help.

Gloria Rose Koepping, Ph.D., and intern, Annette Rembold, will be holding a support group on Tuesday, Oct. 13 for

Student Union to hold college transfer fair

The Transfer Center will host a college transfer fair for all students who are interested in continuing their education after Highline. Admissions representatives will be present from nearly 20 Washington colleges and universities. There will also be a few out of state schools as well. The event takes place Thursday, Oct. 8, from 9 a.m. to 12:30 p.m. in the bottom floor of Building 8.

Science Seminar to be 3D wonderland

This week's Science Seminar has been changed from "The Age of the Earth" to "Using Alice to Teach Programming and Recruit Women into Computer Science."

It will be presented by Tina Ostrander, a tenured faculty member of the Computer Science and CIS department. She runs a web database development program and manages the National Science Foundation Scholarships which are offered at Highline. Alice is an educational software program which teaches students computer programming in a three dimensional environment.

Study in Costa Rica

Students who are interested in the Study Abroad program should come meet Brian Waterson on Monday. Waterson, who is from CAPA International Education, will be able to provide information on traveling to Costa Rica Winter Quarter to Study Abroad. CAPA has provided students with learning experiences beyond the classroom for almost 40 years.

Waterson will be available in the Student Union Building Monday, Oct. 12 from 9 a.m. to 4 p.m.



Gloria Rose Koepping

Highline students experiencing anxiety and depression.

"Around 10 to 15 percent of

Highline students are suffering from anxiety or depression, usually depression," Koepping said.

She explained that having to deal with obstacles in life, tasks at home, plus school responsibilities can be overwhelming at times.

The added pressure of studies can bring on unmanageable emotions such as sadness, low energy, or anxiety.

Koepping and Rembold will be facilitating a group where Highline students who are experiencing anxiety or depression can meet together.

They want to provide a safe environment where students can discuss their anxieties with their peers.

For example, if you have trouble rolling out of bed in the morning, or are feeling unmotivated, if you are afraid of school or have a fear of not doing well, or if you simply can't function well—then all of these can be signs of anxiety and depression, Koepping said.

Koepping, who has been doing this for 22 years, said she is ready for a group of people who are eager to regain control of whatever it is that is blocking them from being confident, motivated, happy, and in control.

Rembold came up with the idea of the support group so they could deal with the "now," so there isn't a potential down

spiral that could lead to failing out of college.

"I hope that the group will enable students to feel less isolated, depressed, or tense, so they can be as successful in school as they possibly can," Koepping said.

The support group will be held at the conference room in the Student Development Center in Building 6 from 1-2:30 p.m. It is free and any Highline student can join.

Students who are interested in attending should contact Gloria Koepping, at 206-878-3710, ext. 3579 or Annette Rembold, at 206-878-3710, ext. 3278, to arrange a short pre-group interview

Student Programs caucus to tackle political topics

By MICHAEL SAPA-AFOA

Staff Reporter

The Caucus Program at Highline will be holding forums about Initiative 1033 and Referendum 71. The forums will take place on two different Wednesdays.

The forum for Referendum 71 will take place next Wednesday, Oct. 14, in Building 7 from 1:30-2:30 p.m. and the forum for Initiative 1033 will take place on Oct. 21, which is the following Wednesday, also in Building 7 from 1:30-2:30 p.m. These times have not been confirmed and are subject to change.

The program will also try to host a candidate debate for the City Council of Des Moines.

The Caucus Program officials are unsure of whether the city will be able to hold another forum because all the other ones have already been planned.

"We are trying to decide whether the candidates and the city have the capacity for another candidate forum," said Jonathan Brown, associate dean of student programs and leadership.

These forums are open to the public but due to the time that they will be held, it will be more focused toward Highline students.

"We haven't decided on whether or not we will have guest speakers there, but we hope that the discussions will be primarily for students," Brown said.

The Caucus Program is a program that holds weekly discussions on social issues. These issues cover a variety of topics. Some recent discussions ranged from the legalization of marijuana to child soldiers.

These discussions are held in the Leadership Resource Center

every Thursday from 1:30-2:30 p.m.

"We hope that these discussions will lead to leadership deepening," Brown said.

"These discussions are an action item, a way for students to go from talking about it to taking action and empowering themselves," said Jacqui Trillo, speaker of the caucus.

"Recently, we have been focusing on political issues because of the campaigns," Trillo

said.

"We are working on a board to be displayed in the window of the Leadership Resource Center to display the topic to be discussed each Thursday," Trillo added.

For more information on the forums or the Caucus Programs, visit building 8, room 5, third floor or contact Jonathan Brown at jbrown@highline.edu and Jacqui Trillo at jtrillo@highline.edu.



Jonathan Brown

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Latino Awareness Month celebrates cultural diversity

By RACHELLE ECKERT
Staff Reporter

October is Latino Awareness Month, and Highline is celebrating with events including movies, speeches, dances and a celebration of the dead.

The United Latino Awareness Club, advised by Joshua Magallanes, has held this celebration for the past three years.

The club is putting on this event so students can learn more about the Latino community, Magallanes said.

"It's important to be culturally aware of the Latino community and culture," said Magallanes. "I think it's a great way



Joshua Magallanes

to learn about something new."

Latino Awareness Month began with a movie event on Oct.

7 at 12:30 p.m.

The featured movie, *Under the Same Moon*, is the story of a mother who sends her son to America to make money to support their family in Mexico.

Magallanes is especially excited to welcome speaker Antonio Gomez. Gomez is a bilingual programmer at KCTS9 and recently worked on curriculum for the Experience Music Project in Seattle.

Gomez will be speaking about how Latino activists have changed society throughout the last 50 years, while adding "sabor latino," a taste of music.

Gomez will speak on Oct. 21 from 10 a.m. until noon. All are

welcome to this presentation.

On Oct. 14, an Aztec dance group, Groupo Tloke-Nahuake (Together and United), will be performing.

In addition to dancing, they will also have an educational session to talk about the different dances and cultural aspects of the dance. This event will be held in Building 7 from 11 a.m. until 12:15 p.m.

On Oct. 27, a discussion and movie will be held. *Innocent Voices* will play at 12:30 p.m. in Building 7.

This movie is based on a true story about a Latino boy becoming the man of his house at a time when the government forced adolescents into the army.

As Latin Americans celebrate The Day of the Dead, so will the Highline campus.

On Nov. 1 and 2 students, faculty, and staff are encouraged to bring in pictures of deceased people in their lives. The photographs will be placed on an altar that will be built for this celebration.

This event will take place in the Student Union, located in Building 8.

Magallanes says the club's goal is not only to raise awareness about Latinos, but to also educate the community about the different cultures within the Latino community.

Science Seminar digs up missing link: Homo floresiensis

By TAYLOR GARFIELD

Staff Reporter

The bones of a small humanlike species have been found and have sent shockwaves through the archeological world.

Upon examination of the bones, scientists have compared the three foot tall Homo floresiensis to a Hobbit from the *Lord of the Rings* series.

Homo floresiensis was found by Michael Morwood and his team of archeologists in between 2001 and 2004.

This discovery was the topic discussed by Dr. Lonnie Somer, professor of anthropology, at the Science Seminar on Oct. 2.

"This was one of the most exciting finds of the 21st century," Dr. Somer said.

Morwood was searching around Flores Island in the country of Indonesia. He was trying to determine how humans had settled in the area.

Upon searching the area he came across a cave called Liung Bua.

Before Morwood could start excavating, he had to get permission from "The Father of Indonesian Archeology," Raden Pandji Soejono.

Once permission was granted, they started excavating the cave

After excavating only one percent of the cave, they dug down 20-30 feet and found the remains of Homo floresiensis, which dates back 13,000 years.

The reason this find is so shocking is because prior to the finding of Homo floresiensis, anthropologists believed that the Neanderthal was the only genus Homo left on the earth at that time, but evidence suggested otherwise.

After two years of carefully digging up the remains of Homo floresiensis, they found the skull.

The one thing they noticed was that the skull was smaller than any other sapiens.

To show the difference between the Homo floresiensis' skull and a human skull, Dr. Somer showed casts of the two skulls side by side.

Somer also said that the brain size of Homo floresiensis was smaller than even the pygmies who have lived in modern times.

After this, much debate raged

on about whether the bones were human.

Morwood believed that the remains were similar to humans, but not the same. He claimed it was from the same genus as humans, but not the same species.

Professor Teuku Jacobs, a paleoanthropologist from Indonesia, was one of the driving forces behind the claim that this finding wasn't a new species, but a small human.

Jacobs even went as far as to have the remains stolen from Soejono's institution in Jakarta to prove he was right.

Upon the return of the remains, Morwood had noticed damage done to the bones, which couldn't be repaired.

Even with the damage to the skeleton, Morwood uncovered one of the most important archeological finds of this century.

Science Seminar is held ev-

ery Friday in Building 3, room 102 from 2:20 p.m. until 3:10 p.m.

This week's Science Seminar will be given by faculty member Tina Ostrander.

The seminar will focus on "Using Alice to Teach Programming and Recruit Women into Computer Science."

For more information visit http://flightline.highline.edu/scienceseminars.htm.



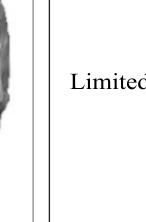
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Castings from the skull of Homo floresiensis are compared with a human skull during Dr. Somer's Science Seminar presentation.



Must present Highline ID. Not valid with other offers.

News 15

The Thunderword / October 8, 2009

Farid

continued from page 1

It wasn't until around 2000 that Popal returned to Highline to take courses that would eventually qualify him for a transfer to Seattle University. There, he earned his Bachelor of Arts in political science.

Professor Ed Morris taught the young Popal during his time at Highline. The key to Popal's success, Morris said, is his "sincerity and love for getting things done, and getting it done right." Morris said that Popal is as "humble as [he's] always been."

He keeps in his wallet his old high school ID card, yellowed and worn, printed in Cyrillic, and bearing a photo of him from an earlier time.

He keeps the fraying card in the leather compartment pressed against his modern embassy credentials.

In his capacity at the embassy, Popal must be "the present face of the government of Afghanistan at any given level."

Daily, he meets with such organizations as NATO, the Ministry of Defense and others whose interests have anything to do with the future of his country.

"No one day is the same," Popal said. "I never understood what that means. But now, in its true essence, I know what that means."

On one day, he may be helping recover over three metric tons of Afghan antiquities, and on another, tracking down forgers of Afghan stamps. More often than not, Popal is the public face of the government of Afghanistan when it comes to speaking about the ongoing conflict between coalition forces and various Taliban militant groups.

Being such a public representative though, Popal says he has been certain to distance himself from his connection to his cousin's administration.

Amid allegations of corruption in the Karzai government, Popal has made clear that he earned his position on his own merits.

"I was not appointed, I am not commanded [by Karzai] and I am not part of any game," Popal said. He has turned down repeated requests by Karzai to become the president's spokesman During his visit, Popal repeatedly expressed his gratitude towards his professors.

Over juice and cookies, the diplomat and his professors recalled memories of fiery class discussion, devastating setbacks (Popal's rejection from Georgetown) and the faculty's innumerable contributions to the success of their students.

He has come a long way, and now lives in London. He is the father of three boys.

"They have accents now," he says. "They pronounce 'fast' as 'fahst' instead of 'faast.""

In London, his job requires him to meet with various luminaries, one of which was her majesty the Queen of England.

"I like her," he said. "She's a nice lady."

Even now, a diplomat living and working in London, Popal's schooling is yet unfinished.

At the University of Buckingham, Popal is applying his final revisions to his master's thesis, a 200-page volume that illustrates possible solutions to end the conflict going on in Afghanistan.

And though having so long ago faced a crushing rejection from Georgetown, Popal takes comfort in that both LSU and Oxford have selected him to receive an honorary doctorate.

Popal was greeted by smiling professors and a bottomless plate of cookies.

The visit was "a wonderful meeting of old friends," Dr. Barbara Clinton said, in an email. "Farid is one of our grand success stories."

Pool

continued from page 1

no longer afford to keep it open.

Pool campaign leader Gene Achziger, who is also a Highline student, said keeping the pool open is important for people of all ages.

"The Des Moines Legacy Foundation has sponsored swimming lessons for low income kids," Achziger said.

"Over 70 percent of drowning kids are from ethnic backgrounds because they don't have access to pools."

On the other side of the age spectrum, the pool also services water aerobics classes for many senior citizens who want lowimpact exercise.

One of the campaigns biggest supporters, Faith Callahan, participates in these programs and is 104 years old. Callahan will be recognized by Des Moines Mayor Robert Sheckler at the rally.

Kukors will also be honored at the rally by Mayor Sheckler for breaking the world record for the 200-meter individual medley twice at the Fédération International de Nation World Championships in Rome, Italy on July 26, 2009.

Being a local swimmer from Auburn, Kukors swam for King Aquatics and trained at Mount Rainier Pool under King Head Coach Sean Hutchinson. While competing for King, Kukors swam alongside Olympic medalist Megan (Quann) Jendrick and Margaret Hoelzer.

Kukors also established a foundation in a multi-year deal with TYR Competitive Swimwear in order to support children whose mothers have been victims of cancer.

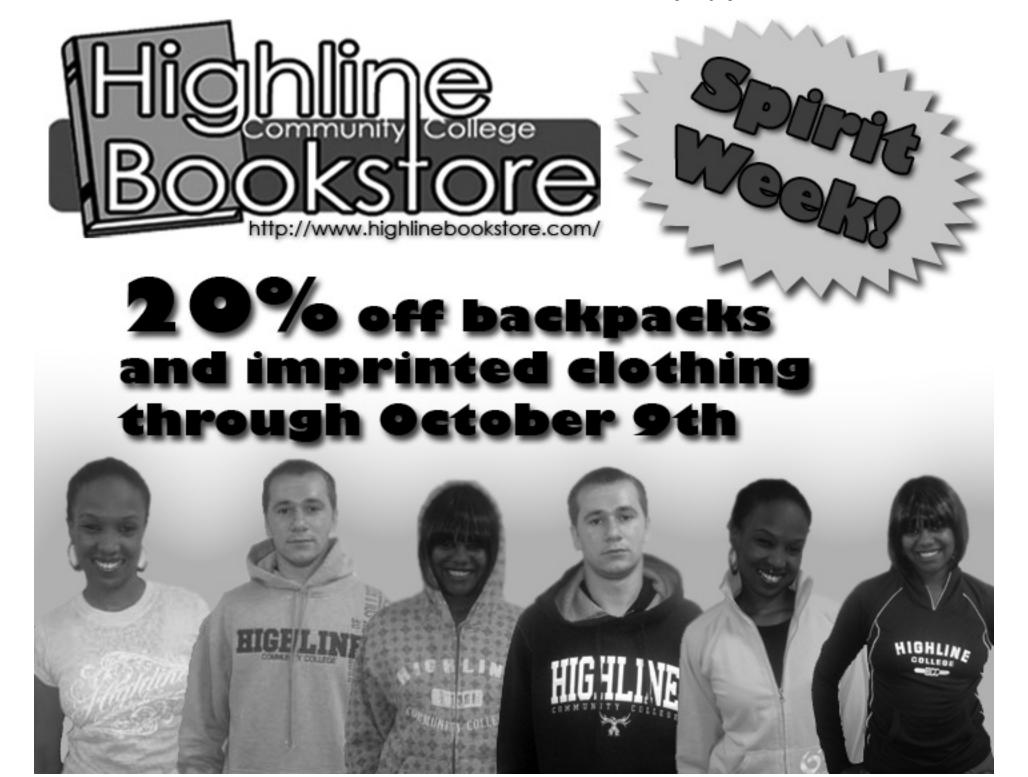
After the rally, the Save Our Swimming campaign will shift

into fifth gear on Saturday, Oct. 10, when hundreds of volunteers flood the streets of Des Moines to take part in reverse trick-or-treating to raise awareness about the levy.

"Kids will be dressed in their warm-ups and Life Savers are the candy," Achziger said.

"We've got a really dedicated group of volunteers."

The campaign estimates they will hit 4,000 houses around the Des Moines area.



Burundi

continued from page 1

accelerate integration and cultural adjustments and promote financial independence," Gill

Njambi Gishuru worked with Serges Hakizimana to construct The Hope Burundian Community Co-operative.

Since many Burundians farm in their homelands, it was natural that they would put this asset to use in their new home.

The Hope Burundian Community Co-operative rents 11 acres of farmland from a landowner in the Kent Valley for \$2,500 each year, said Celestine Sibomana, farm manager of the

On this land, the Burundians farm without the use of chemicals, pesticides, or fertilizer.

"We sow with our hands, we weed with our hands, we harvest with our hands," said Sibomana.

"We have 15 farmers working the land on our co-op," said Kabura Roger, treasurer of the co-op.

"We plant in June and harvest in the middle of Septem-

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Royal Plaza

Lakewood

Next to Market Place

"This year we grew yel-



Cody Warf /THUNDERWORD

Burundi immigrants were farmers in Africa and are still farming today in the Kent valley.

low beans on two acres, Yukon gold potatoes on four, and corn on three acres of land," Roger

Yukon gold potatoes are sold at \$2 per pound, ears of corn are sold three pieces for \$1, and yellow beans are sold for \$2 per

"This is our first experience farming in the United States; we have only been farming for one year and a half," said Grace Nyabenda, director of the co-op.

Even though the co-operative is still small, they are continuing

to grow, and have many goals they are working to achieve.

The Hope Burundian Community Co-operative's goals include:

•To help new refugees successfully integrate into our new homeland.

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Activation fee/line: \$35 (\$25 for secondary Family SharePlan lines w/ 2 yr Agmts). IMPORTANT CONSUMER INFORMATION: Subject to Customer Agmt, Calling Plan, rebate form & credit approval. Up to \$175 early termination fee & other charges. Add'l \$20 device initiation fee may apply. Device capabilities: Add'l charges & conditions apply. Offers & coverage, varying by service, not available everywhere. While supplies last. Shipping charges may apply. Limited time offer. Rebate debit card takes up to 6 wks & expires in 12 months. Subject to Customer Agmt & Calling Plan. Coverage maps at verizonwireless.com. OzoneTM is a trademark of Verizon Wireless. © 2009 Verizon Wireless.

•To strengthen the ties of friendship and offer our art and culture with the people of Washington.

•To promote socio-economic opportunities to Burundians by providing training and technical assistance to start and grow community businesses and institutions.

The Hope Burundian Community Co-operative has produce available for purchase at their farm, located at 21601 76th Ave S. Kent. The stand is open Monday through Saturday from 9 a.m. to 4 p.m., until Oct. 31.

The co-op is also a vendor at the Des Moines Farmers' Market. The market will remain open every Saturday from 10 a.m. to 2 p.m. until Oct. 31. It will close for the winter and reopen in June.

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