

THE Highline Community College Thunderword

Kent Valley braces for flooding



Cody Warf /THUNDERWORD

The trail along the Riverbend Golf Course in downtown Kent has been barricaded with thousands of sandbags standing three feet high,

Dam problems may reach Highline this winter

By THUNDERWORD STAFF

More than 2,000 Highline students may see their education float away in the next few months.

Problems with the Howard Hanson Dam on the Green River could lead to flooding in the Kent Valley this winter, disrupting business and transportation, and making it difficult for thousands of Highline students to get to school.

The U.S. Army Corps of Engineers, which operates the dam, says it needs repair. As a result, they won't be able to hold as much water back during times of heavy rainfall or snowmelt.

Historically, before the Hanson Dam was built, the valley flooded regularly.

Local officials say to expect the worst. Corps officials say it could take years to repair the dam.

The immediate concern for residents and businesses along the Green River are the levees that protect the valley.

The additional amount of water that is expected to be released from the storage area of the dam may be more than the levees can withstand. The excessive amount of water is expected to flow over the top of the levees, according to the Corps.

These levees are old, not well maintained and have received an "unacceptable rating" from Corps inspectors.

This rating means these levees are expected to fail should they experience a great amount of water flow. Failure of any levee means that water will spill directly into the valley uninhibited. If any one of the levees give away transportation systems in and around the valley areas of Renton, Kent and Auburn will be interrupted.

Nonetheless, many Highline

students say they didn't know of this impending problem, despite considerable media coverage of the issue.

"I don't know if it will affect me," said student Melissa Williams, who lives on the east hill of Kent. "I try not to worry about it but I do know the possibilities."

Highline student Darilyn Guy also lives in Kent. Transportation is her major concern.

"I drive right next to the Green River and that's my way of getting to school," Guy said.

Guy hopes that she will be

Please see Dam, page 16



Courtesy of the Kent Historical Museum

Kent residents canoe through downtown in the 1930s.

Nameless quarterlies displease many

By CAITLYN STARKEY
Staff Reporters

Highline's printed quarterly course schedule no longer lists instructors because of a survey about student use of the schedule.

"The college conducted a

study last year to look at ways to reduce the time and cost of class schedule, while increasing its accuracy," said Lisa Skari, vice president of Institutional Advancement.

The study was to determine how much and in what ways students used the quarterly. A

committee of faculty and staff conducted the study.

Student usage was determined through two surveys – the National Media Survey, conducted in fall 2007, and a random survey of 351 students done in fall 2008, Skari said.

They determined four things,

Skari said: By subtracting the instructor's name, it saved time, saved money, increased accuracy, and there is an online version available which is more up to date.

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INSIDE

October 29, 2009
Volume 49, No. 6



Recycling efforts expanding at Highline/P3



Volleyball is in the mix for a West title/P10



Rueben rallies in hard times/P12

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Weekend Weather



Few showers Friday, rain on Saturday, few showers Sunday.



Popcorn in microwave leads to evacuation

An overcooked bag of popcorn set off the fire alarm in the second floor break room of Building 29. On Monday, Oct. 26 someone left a bag of popcorn cooking unsupervised in the microwave. The building was evacuated while South King Fire Department checked for any damage. Everyone was let back in after the building aired out. Campus Security has asked that everyone please monitor their coking food until it is done.

Car prowlers target truck until locked out

The driver of a Ford Ranger reported to Security that his driver side lock had been damaged while he was in class. His vehicle had been parked in the South Lot. The damage caused to the lock is a common method used among car thieves. However his vehicle had not been opened and no items were reported missing.

Student finds car window broken

A student parked at the bottom of the access road from the North Lot returned to her car and found a window had been broken out. She returned to her car after being parked for about four hours and noticed the passenger side window had been shattered. Nothing was stolen.

Argument escalation stopped in tracks

In the Financial Aid office of Building 6 an employee called Security asking for assistance. Security responded to the incident and found a student and another employee involved in a verbal altercation. The problem was resolved and the student was asked to leave the office.

Lost and Found

The following items have been found by Security and are being held in the Security office of Building 6: silver graphing calculator, black Samsung flip phone, brown and gray checkered makeup case, gray backpack containing white shoes.

--Compiled by Eric Moehrle

I.D. on campus is a security issue

By ERIC MOEHRLE
Staff Reporter

Highline students need to remember to always bring their student identification cards with them. Students should also make sure their cards are brought with them on campus and not left in vehicles.

Not only do students need their identification cards to check out books, pay fees, and for various other reasons, it is also a safety issue. Without their cards, security has a hard time keeping control of non-students coming onto campus and causing mischief. It makes securi-

ty's job much easier when students can provide a valid School ID to identify themselves. This also causes extreme confusion when non-students can claim they simply forgot their identification the same way so many other students do.

However, many students bring their identification cards with them in their wallets and purses then leave them in their vehicle. Students have express mixed ideas about the importance of their ID cards and what to do with them.

"I treat my school ID like a second driver's license and always carry it with me," said

Highline student Jordan Tasca.

On the reverse side to that Highline student Halden said, "I don't even own a Highline ID card. There is no use to it, I have my number memorized and carrying around that card just seems pointless."

School officials would like to discourage this type of mentality and want students to carry their cards with them at all times while on campus.

"I cannot believe how many students, when asked for their Highline ID card, say that they left their wallet or purse in their car. No wonder car prowlers love Highline," said Gerie Ven-

tura. With so many students leaving valuable items in their vehicles, car prowlers have an extremely high success rate at Highline. Security has no way of actively patrolling each parking lot simultaneously throughout the day.

If students would make sure to bring their purses and wallets with them, thieves would inevitably be deterred.

If students remembered to bring their ID cards and carry them on their persons, security would be able to devote their time to more useful and concerning demands.



Learn to write a personal statement

Students who have plans to transfer to a four year school soon may want to take a look at how to write a personal statement.

Personal statements are a way for students to distinguish themselves amongst other students applying for schools aside from courses, grades, test scores and other objective data.

The "How to Write a Winning Personal Statement," workshop will take place on Wednesday, Nov. 4 in Building 10, room 202 from 12:15 to 1:05 p.m. The event is a partnership between the Writing Center and the Ed Planning/Transfer Center.

Director of Educational Planning and Advising, Gwen Spencer will be presenting at the event. Students who have further questions may contact Siew Lai Lilley, director of the Transfer Center at 206-878-3710, ext. 3936.

Domestic Violence issues discussed

In support of Domestic Violence Awareness month, Women's Programs is conducting a clothesline project.

The Clothesline Project will consist of a clothesline where students and staff can paint words of wisdom and encouragement on T-shirts in support of domestic violence awareness.

Doris O'Neal from the YWCA will be a special guest speaker as well as facilitating a workshop covering domestic violence issues.

She will speak on Oct. 29, from 11 a.m. to 12 p.m. in the Mt. Skokomish room of Building 8. The rest of the Clothesline Project will take place from 9 a.m. to 2 p.m. in the bottom floor of Building 6.

For more information, Jean Munro can be contacted at 206-878-3710, ext. 3340 or E-mail wopro@highline.edu

Fake email from IRS

An imposter email from the IRS contains a virus instead of bad news.

The E-mail, supposedly from

the IRS asked recipients to complete a W-2 form and claims to be a notice of unreported income. Once the recipient opens a link in the E-mail to a bogus tax statement, a Trojan virus will being to download on the users computer. A Trojan can give someone remote access to a computers hard drive, allowing them to snoop for passwords, account information, or other valuable material.

People can report suspicious emails to phishing@irs.gov or those who believe they are already victimized can find more information by visiting the U.S. Federal Trade Commission's web site, OnGaurdOnline.gov.

Assistance for vets

The new Veterans' Services

Office is now open. The VSO is located next to the registration windows of Building 6 on the bottom floor.

VA work study students will be able to assist veterans during Fall quarter Monday and Wednesday from 8 to 9 a.m., 10 to 11 a.m. and 1:30 to 5 p.m., Tuesday from 8 to 9 a.m., 10 to 11 a.m., and 12:30 to 5 p.m., Thursday from 8 to 9 a.m., 10 to 11 a.m., and 3:30 to 5 p.m., Friday from 10 to 11 a.m. and 12 to 5 p.m.

Corrections

In the Oct. 22 issue of the Thunderword, in the Women's basketball vs. faculty and staff, Jean Munro's name was misspelled. Also, Administrative Technology was improperly cited in the crime and punishment section.

LEGAL NOTICE

Highline Community College provides equal opportunity in education and employment and does not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, marital status, creed, religion, or status as a veteran of war. Prohibited sex discrimination includes sexual harassment (unwelcome sexual conduct of various types).

HOT JOBS

NEED A JOB? WE GOT JOBS!

Library Assistant~Part Time~#5683
Provide circulation services for library patrons, assistance in using the library collection and reader's advisory services.
Location: Yelm
Wage: \$12.45
Hours: 20 per wk

Cashier(2)~Part
Operate cash register for sales of retail hardware goods, ensuring that applicable discounts are applied according to company guidelines. Orient customers to appropriate location of desired merchandise. Assist in merchandese stocking and pricing as neccessary.
MUST BE WILLING TO WORK WEEKENDS.
Location: Renton
Wage: DOE
Hours: 20 per wk includes weekends

For more information about co-ops, these jobs and more, log on to www.myinterfase.com/highline/student

More items recyclable in new program

By **ALEX MULYARCHUK**
Staff Reporter

Changes have recently been made to Highline's existing recycling program, in order to meet an objective of being a more "sustainable" organization.

Over the summer, Highline's new Facilities Service Manager Barry Holldorf, along with the Facilities Department, designed a new "mixed" recycling program that will benefit Highline, its students and the local community.

While the past recycling program solely accepted paper and cardboard, the new design allow students to recycle a large array

of new items and materials on campus.

This means less will be going into the landfill.

"I certainly think here at the college we are trying to demonstrate that the faculty, staff and students care and want to participate as stewards of our community and our environment," Haldorf said.

Haldorf went onto say, "The [new] program demonstrates and reinforces that recycling is an important practice and that every person can make an impact in their community by actively recycling in both their personal or professional lifestyles," Holldorf said.

The recycling program in-

cludes paper type items, plastics, glass, and aluminum and metal cans.

All these items may now be disposed of in strategically placed bins that are located around building entrances and common open spaces.

Not every building has its own receptacle at the moment; the Facilities Department plans to increase the number in order to make the recycling process even more convenient.

Although a set cost is unknown for now, according to Holldorf, the cost of the recycling program is roughly one third the cost of putting the same material into the landfill.

The enhanced system is pre-

dicted to result in a noticeable cost savings annually, he said.

Since the end of July, Haldorf alone has dedicated 50 hours of personal working time geared toward launching this new recycling project.

But he explains that he isn't doing it alone.

"This program would not be operational without the help and input of Dave Kress, Dianna Thiele, Phil Sell, Tang Nguyen and the Custodial and Grounds teams, which assisted with my learning and understanding that led to the changes to the existing program. As a team they helped to make this program more robust and efficient," Holldorf said.

Required classes for associate's may change

By **NICHOLAS McCOY**
Staff Reporter

Students at some community colleges may need more English and harder math to get their associate's degrees if a proposed change is approved.

Classes qualifying as meeting AA requirements are determined by the Direct-Transfer Agreement, which ensures that transfer students are prepared for university classes.

One proposed change would alter the number of credits required to satisfy the composition area of the AA degree.

"This proposed change is to make the wording more up to date. Historically classes were at three credits or four credits so the current language in the handbook states two course in English composition which total to six credits," said Rolita Ezeonu, Highline's interim dean for transfer and pre-college education.

"The proposed change is to move the credits to two five-credit English classes," she said.

Highline already requires two five-credit classes in composition for the degree, however the change in the language of the requirements may end up affecting which classes count.

The second set of proposed changes affect the quantitative skills requirement for the degree.

"[It] would restrict the courses that meet the quantitative skills requirement solely to college-level math courses," said Jeff Wagnitz, Highline's interim dean for academic affairs.

This would mean that Introduction to Logic and Philosophy 106 would no longer satisfy the requirement.

The ideas were proposed by the Joint Access Oversight Group, part of the State Board for Community and Technical Colleges, in an attempt to address concerns from universities about variations in the classes transfer students had taken.

"Students should know that these changes are proposals. Even if they're adopted, they wouldn't take effect until 2011 or 2012," said Wagnitz.

The changes will be discussed during a teleconference taking place on Wednesday, Nov. 3, starting at 3 p. m.

In March 2010, the oversight group will meet to discuss feedback to the proposal, and make a recommendation.



Kurtis Loo/THUNDERWORD

A recycling truck with the newly expanded recycling program at Highline lowers a bin onto a platform near Building 8.

New manager tries to make campus greener

By **CAITLYN STARKEY**
Staff Reporter

Barry Holldorf, the new facilities services manager, is working to make Highline a greener campus.

Holldorf said he is focusing on the physical aspects around campus, including working on increasing the campus recycling program.

His job includes the management of maintenance, central services, custodial, grounds and mail.

"If I was to define it [his job], it would have to do with the physical movement of the campus," Holldorf said.

Facilities management is not a new profession to Holldorf. Before coming to Highline he

worked in facilities at Wizards of the Coast, a Renton-based subsidiary of Hasbro, for 15 years.

As the economy went into recession last year, like a lot of people, Holldorf was laid off. He then decided to pursue work in either health care or education.

Holldorf said he decided he needed to turn back to the community. This last June Holldorf graduated from the University of Washington with a master's degree in business strategy.

Holldorf was hired by Highline in late July. Once again, he had to face the impact of the recession.

The normal challenges of facilities services manager have been magnified with the large



Barry Holldorf

budget cuts, he said.

Though money is tight, Holldorf said he is attempting to expand Highline's recycling program.

For a program to thrive, students must be involved and excited, he said. This has been difficult because of the one to two year turnover rate of High-

line students.

Students leave before they figure out how the recycling program works, Holldorf said.

"It's a moving target," he said, adding that there's "lots of work to be done in the program."

Holldorf said the facilities staff is also working to use more green products.

He would love to get a bronze, silver or gold LEEDs certification, Holldorf said.

LEEDs, which stands for Leadership in Energy and Environmental Design, measures sustainability and how environmentally friendly a business or organization is.

"I want Highline to be the most beautiful, exciting campus in the world," Holldorf said.

Editorial comment

Parking solution still needed

Parking is a common annoyance of most of the students at Highline.

There never seems to be enough parking spaces for everybody, especially before students begin withdrawing from classes, which usually takes two or three weeks at the start of each quarter.

Yet despite the obvious problem, those in charge of the parking situation still fail to pursue more creative ways of coping with it.

Looking at other community colleges in the area, as we did in last week’s Thunderword, there are many ways to cope with overcrowding in campus parking lots.

For instance, Green River offers a park and ride service, complete with their own shuttle to and from Pacific Raceways, a five-minute drive away from campus.

Highline could possibly implement a program like that, using the King County Metro park and ride lot at Pacific Highway and South 276th Street, which isn’t more than a five-minute drive from Highline.

Another area school to look at with a great parking record is the University of Washington.

At UW, a limited number of parking permits are available each quarter. Once the parking lots fill up, no more permits are sold.

In contrast, Highline permits are always available to anybody who is willing to pay. However, in the parking terms here, it is explicitly stated that purchasing a permit does not guarantee a parking spot, which defeats the purpose.

A better idea that would still bring the college money would be to raise parking prices and use the extra money to subsidize bus passes to the point where people will be more inclined to buy them and ride the bus to school, at least from one of the many close-by Metro park and rides.

At the UW, this sort of thing is included. Students there can also opt out of their bus pass, but the administration purposefully makes it an inconvenience to do so just to encourage more students to use their bus passes.

Finding a solution to our parking problem would guarantee less headaches for students and administration alike.

Staff

When you can't find the pickle, there's always liquor.

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Free speech includes porn

After reading Kandi Carlson’s “Porn shouldn’t come before studying,” [page 4 of last week’s Thunderword] I heaved a heavy sigh.

My shoulders ached. Again I felt that weight bearing down – the weight of trying to uphold one of the most inspired documents the world has ever known, the

First Amendment to the Constitution of the United States:

“Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the Government for a redress of grievances.”

What, porn? C’mon! You’re invoking the Constitution to protect some guy’s right to view porn in a college library?

You bet I am, in the same way I invoke it to protect anyone’s right to read, view, hear, discuss or think about any legal material.

As long as pornography is legal (and it is – just ask the Supreme Court) people have a right to view it in our library, students and non-students alike.

The right to free speech (and by extension, free expression) is at the heart of what makes us a free people. Without it, we’re only baby steps away from tyranny.

As one of the Thunderword’s editors, I might have expected Ms. Carlson to understand this, dependent as the journalism profession is on the same principles.

There’s no end to the variety of troubling images that might be displayed on library com-



Commentary
Dana Franks

puter screens: war-ravaged countries, war-mangled bodies, aborted fetuses, lab monkeys, Richard Simmons, the Jonas Brothers. And there’s no end to the variety of people who might take offense at being exposed to those images.

Trust me, it’s not just porn that offends people. It runs the gamut.

Our freedom, indeed our national character, rests on a foundation of free expression.

Like a cracked dike, it breaks down when we attempt to censor what we find personally offensive and impose an individual will to decide what is and is not allowable.

The library profession has a long history of protecting these

fundamental American rights, especially free expression and its companions, the right to privacy and equal access to resources.

In fact the only violation of library policy here was committed by Ms. Carlson herself.

She invaded the privacy of another patron and denied him the very same rights of access she claimed for herself.

And by confronting and intimidating the “offender,” Ms. Carlson violated our disruptions policy, with her harassing and threatening behavior compelling him to leave.

This would actually have been grounds for her own expulsion from the library had we caught it.

Ms. Carlson is correct in asserting that students should have first priority for using our limited resources.

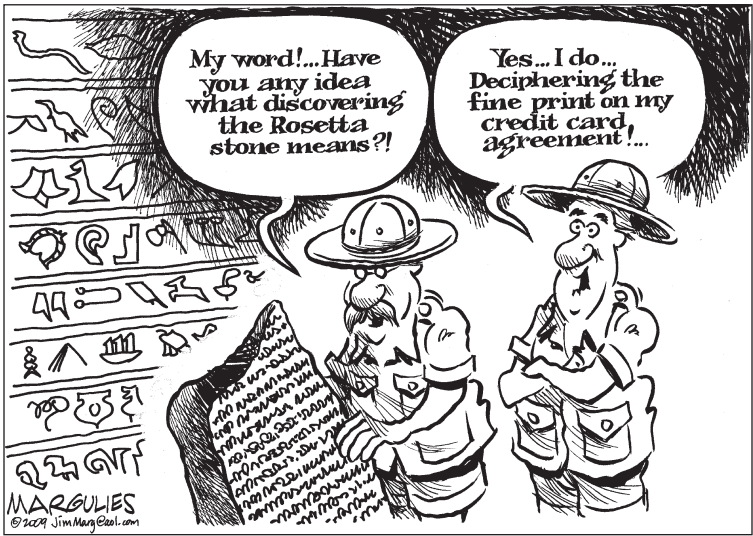
Indeed, they do.

When people are waiting for computers, we intervene. Non-students must relinquish their computers for waiting students. We even enforce this by checking ID cards.

If you need a computer, let us know. We’ll help.

But if you don’t like what you see on someone’s screen, there’s a solution: just look away!

Dana Franks is a librarian at Highline.



No-firearm rule includes all Measure would save more than a building

Two weeks ago, I came across a very disturbing sight on our campus.

I decided it would be a good idea to attend the annual job fair here at Highline.

While walking around the fair, I came across a booth for Phoenix Protective Corporation.

Normally, this wouldn't have startled me, especially because I used to do executive protection and Section 8 housing security.

However, all three of the men standing in the booth were openly carrying firearms on their hips.

Highline has a policy of not allowing firearms on campus.

I brought this concern of mine to security and was astonished when, two hours later, the men were still carrying their firearms.

The reason that these men gave for being allowed to carry weapons is that they were on official business representing their company.

This is only a partial truth and a horrible misinterpretation of the law.

Yes, they are allowed to carry a gun while at work, but that work is when they are representing a client.

While they were on campus, those men were working for their company, not working a client contract. Highline in no way contracted their services to protect the people or property of the college.

I have possessed the very same license that those men carry, and was never allowed to carry a weapon at Highline.

Washington Administrative Code 1321-120-100 (e) clearly states that carrying, exhibiting



Commentary
Jon Baker

or displaying a firearm is prohibited on campus.

Campus security even instructed that despite the WAC laws, they have standard operating procedures that allow anyone with a concealed pistol license to carry on our campus.

I also do not see the reason that they felt they needed a firearm.

Even the Army and Navy booths didn't bring their firearms.

So what was the real reason for this? Was it so they could impress a couple of impressionable 18-to-20-year-olds and convince them to work at a grocery store?

If these men were allowed to carry their firearms on campus,

does it allow me the same right to carry a firearm on campus?

I in no way want to carry a firearm on campus.

I strictly believe that a no-firearm policy is just that: a no-firearm policy.

If this school is going to have a policy that is designed to provide a safe environment to all students, then they need to enforce it.

I trust that the school will provide a safe campus for me to study and attend my classes.

However, if the school is not going to take my security seriously, then I should have a right to protect myself.

I am very disappointed in how this case was handled and that nothing was done about my concerns.

I trust that the school will reevaluate their enforcement of this policy and correctly enforce it in the future.

Jon is the Thunderword's own version of Charlton Heston.

"I don't see the reason...even the Army and Navy didn't bring their firearms."



Commentary
Gene Achziger

our country at collegiate, national and international levels.

Ariana Kukors, who just shattered the women's 200-meter individual medley record at the world championships in Rome, hails from the pool.

Scott Rice, who helped lead the local high school to three state swimming titles, recently captured the Big Ten title in the men's 200-meter butterfly.

And seniors, such as 105-year-old Faith Callahan, rely on the low-impact water aerobics programs to maintain their agility and longevity.

Times are tough, but the facts are stark: without passage of Des Moines Proposition 1 – supported by a levy that will cost the average homeowner only about \$1 a week – Mount Rainier Pool will close forever on Dec. 31.

The Highline pool is gone. What a tragedy if Mount Rainier Pool follows suit.

To any of our faculty, staff and students who are registered voters in Des Moines, please don't allow it: vote yes on Proposition 1.

Gene Achziger is the media consultant for Save our Swimming and is also running for Position 1 on the Des Moines Pool Metropolitan Park District board of directors.

Letters to the editor

Veterans don't deserve to be ignored

Dear Editor:

Today, I took a chance and opened my door to a stranger, only to find that he was homeless as well as a veteran, living on the streets.

We met outside of the library. He had come up from Virginia and was trying to get established with housing and social security.

We sat and talked for a while and he was very courteous. He was also in need of a shower. As we talked, I wished I could have done more for him, but being on a fixed income myself, I offered what I could: an extra blanket, a raincoat and a willing ear.

He was new in town and I only hope that he doesn't get treated

like so many others I have met over the years that have gone off to war then returned, only to have nothing but the cold, harsh street to wake up to.

It breaks my heart to see how they have been treated after sacrificing so much for this state. Where are they to go? What can we do to guarantee that they have a home – something beyond the basic requirements?

I wish I could have done more than what I did, but maybe if more people could or would open their doors, they might find that there's nothing to fear.

A shower and a safe place away from the streets can go a long way when there's nowhere else for them. If you often find yourself alone, you just might find one of the best friends you ever met.

Now that the holiday season is upon us, why not adopt a vet, since there are so many that have no one but the community service programs.

With the normal outcasts, homeless workers and violence that fills our streets, don't you think we have enough problems? Would you want to spend your holiday season fighting off a drunk?

That doesn't sound like retirement.

These people don't need a senior center, they need somewhere they can begin again as civilians – to make the transition from post-traumatic stress disorder to a stable life.

No matter what the situation, something has to be done. I only wish that more people would open their doors to help them start over.

– Belinda Springer, Highline student

Bookstore appreciates positive feedback

Dear Editor:

Thanks very much for the editorial in the paper [last Thursday], Oct. 22.

The bookstore staff works very hard and usually hears a lot of complaints from students about pricing.

I appreciate the fact that the Thunderword understands that publishers set the price and faculty order the books.

We continue to urge faculty to try and use the same textbook so students can at least sell it back and recoup 50 percent of their cost (even more if they bought a used book).

We are striving to improve our customer service. My job is to run a business and still be a service institution on campus.

Not an easy row to hoe in these economic times.

The hardest part of my job is to say "no" to a student who is trying to return a textbook but are not in compliance with the policy.

So we now have the option of offering store credit in the way of a gift card.

I just wish students could understand that all the excess funds generated do go back to the college and that the bookstore staff genuinely loves Highline.

Your editorial put a big smile on my face.

– Laura Nole, manager, Highline Bookstore

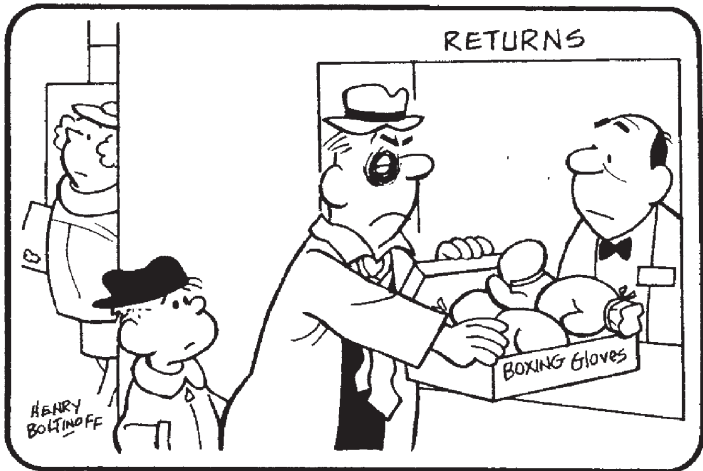
Write to us

The Thunderword invites letters and guest commentary from anybody on campus.

E-mail your submission to: lbird@highline.edu.

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. "Returns" sign is different. 2. Boy's hat is turned forward. 3. Woman's collar is different. 4. Bowtie is bigger. 5. Gloves are black. 6. Man's tie is missing.

Trivia test by Fifi Rodriguez

- 1. GEOGRAPHY: Lake Tahoe straddles the borders of which two U.S. states?
- 2. FOOD AND DRINK: What kind of dish is sometimes referred to as a "grunt" or a "slump"?
- 3. MEDICINE: What condition does a deficiency of iron cause?
- 4. MOVIES: What 1990 film won an Oscar and a Golden Globe for Best Picture?
- 5. GENERAL KNOWLEDGE: What is the traditional birthstone for May?
- 6. MUSIC: How old was Felix Mendelssohn when he wrote the overture to *A Midsummer Night's Dream*?
- 7. ASTRONOMY: How

- many moons does the planet Mars have?
- 8. MYTHOLOGY: What is the Greek god of the sun called?
- 9. LANGUAGE: What is the only word in the English language that ends in the letters "mt"?
- 10. LITERATURE: What was the name of Dick and Jane's cat in the famous early readers?

- Answers: 1. California and Nevada
 - 2. Baked fruit dessert with a biscuit topping
 - 3. Anemia
 - 4. *Dances with Wolves*
 - 5. Emerald
 - 6. 17
 - 7. Two, Phobos and Deimos
 - 8. Helios
 - 9. Dreamt
 - 10. Puff mos
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Arts Calendar

•Northwest Symphony Orchestra presents its Family Concert at 7:30 p.m., Friday, Oct. 30, at the Highline Performing Arts Center. Selections will include *Carmen Fantasy*, Pablo de Sarasate, with student soloist Maya Cohon; *The Accursed Huntsman*, Cesar Franck; *Ruler of the Spirits*, Carl Maria von Weber; *Zampa Overture*, Ferdinand Herold; *Overture for Home*, Kimberley Blanchard; and *Prince Igor Overture*, Alexan-

Last week's Weekly SUDOKU

Answer

1	3	7	2	6	5	4	9	8
4	5	6	9	3	8	2	7	1
9	2	8	4	7	1	6	5	3
8	4	1	6	9	2	5	3	7
7	6	5	1	4	3	9	8	2
2	9	3	8	5	7	1	4	6
5	1	4	7	8	6	3	2	9
3	8	2	5	1	9	7	6	4
6	7	9	3	2	4	8	1	5

der Borodin. Tickets are \$14 for adults and \$10 for students and seniors. Call 206-246-6321 or

Crossword 101

By Bill Deasy

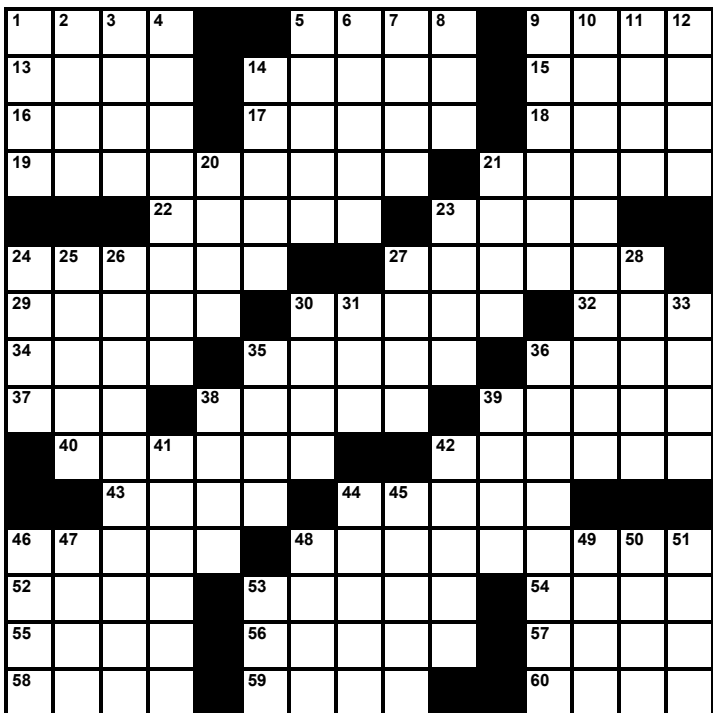
Water, Water Everywhere

Across

- 1. Ripken, Jr. and Sr.
- 5. Partner of circumstance
- 9. ___-approved
- 13. Destroy
- 14. *The Alienist* author Carr
- 15. Sporty sunroof
- 16. *Alice's* visitor?
- 17. Baja "bye"
- 18. D-Day river
- 19. House alcove
- 21. Olympic blades
- 22. Two beaters
- 23. Part of a score
- 24. Pampered
- 27. Skiers' rental, maybe
- 29. Sheriff's kin
- 30. Some NCO's
- 32. hightail
- 34. Tall one?
- 35. Shea shortstop
- 36. Simpson with a 159 IQ
- 37. Immigrant's class: Abbr.
- 38. Penn and Connery
- 39. Funnel-shaped
- 40. Metric, for one
- 42. Protect
- 43. October's gemstone
- 44. Hearth heap
- 46. Tex-Mex treats
- 48. Al Pacino movie
- 52. Pt. of Nato
- 53. Starbuck's staple
- 54. Gulf port
- 55. D.A.-to-be's hurdle
- 56. Murray of music
- 57. Hatching spot
- 58. Pen men
- 59. Arthur et al.
- 60. Approx. costs

Down

- 1. Fiddler, e.g.
- 2. Certain glow
- 3. Easter sight
- 4. Winter roller



- 5. ___ wagon
- 6. Stews
- 7. Persian sound
- 8. Big Bird's home
- 9. Best of all possible worlds
- 10. Simplify
- 11. Fit for serving
- 12. Kong's cousins
- 14. Worked with rattan
- 20. Angers
- 21. Acts human
- 23. Sterns
- 24. ___ noir
- 25. Gather
- 26. *Caribbean Queen* singer
- 27. Census stats
- 28. Art prop
- 30. Rock layer
- 31. Wd. from Roget
- 33. Road-safety org.
- 35. Casting need?
- 36. *Daily Planet* reporter
- 38. FM selections
- 39. Bobby Flay, e.g.
- 41. Weekend TV fare

- 42. Bowling rentals
- 44. *Blue Cross* rival
- 45. Gorges
- 46. Bath supply
- 47. Childish retort
- 48. All there
- 49. Lofty pieces
- 50. Life ___
- 51. MDs for sinus sufferers
- 53. R & D site

Quotable Quote

A reformer is a guy who rides through the sewer in a glass bottom boat.

... Mayor Jimmy Walker

By GFR Associates ••• Visit our web site at www.gfrpuzzles.com

Last week's crossword solution

HEAD STARTS



e-mail lsparlin@juno.com for more information.

•The Waterland Music Series returns to Des Moines with three concerts, beginning Tuesday, Nov. 17 with jazz guitarist Michael Pow-

Presented by the Des Moines Arts Commission, Powers plays at 7:30 p.m. at the Highline Lecture Hall, Building 7. Tickets are \$30 for the entire series, \$15 per show and \$5 for

students. Tickets are available at the Des Moines Field House, 1000 S. 220th St., and at the door.

Weekly SUDOKU

by Linda Thistle

6	3		9			7		
		9		6		8		
2				4				9
	9			5				4
		4			1		5	
5			6			8		
	1				9	6		
3				2				8
		8	1				2	7

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★ ★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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Former student comes back to roots for music

By **COLE VEEDER**
Staff Reporter

Kimberley Blanchard will be coming home with the Northwest Symphony Orchestra this Friday at the Highline Performing Arts Center.

Blanchard is a composer of one of the six pieces being performed at their upcoming concert. She also is a cellist with the symphony.

Her original piece *Overture to Home* will be performed, though it has a bit more of a history to it.

Overture to Home was commissioned by the Chautauqua Regional Youth Symphony for their 20th Anniversary Gala Concert in May 2007.

This is based in Jamestown, NY, where she grew up and also made her musical debut as a child in the beginning years of the youth orchestra.

"Writing it was reminiscent of my childhood, being in the summertime and growing up



Northwest Symphony Orchestra
Kimberley Blanchard, cellist and composer, whose piece Overture to Home will be performed at Oct. 30 in Burien..

next to a lake similar to Lake Washington," said Blanchard.

"Composing seems to come naturally during the summer, and it took about two months

for me to expand upon the piece from the youth orchestra setting to something I was more familiar with," she said. "I have a better idea of the instrument

sections."

Blanchard moved to Seattle from New York after receiving her bachelor of fine arts degree from Alfred University in 1996.

She then went to school a second time in 2005 to get her bachelor of music degree in cello performance at Cornish College of the Arts in Seattle.

She has been with the symphony for 10 seasons now and the opportunity for performing her composition came around when Conductor Anthony Spain expressed an interest in seeing it.

He also holds the conducting position for the Bainbridge Chorus and adapted the piece to be performed by the vocalists.

Blanchard was given the opportunity to perform her composition live this Friday with the rest of the symphony.

Future projects she is working on include those from when she went to Cornish and expanded study and she has been working on her studio.

Teaching private cello lessons and performing with the symphony also take up a lot of her time, she said.

"I have projects I'm working on but those pieces are on hold for the moment," said Blanchard.

Other pieces being played are *Carmen Fantasy* composed by Pablo de Sarasate, *The Accursed Huntsman* composed by Cesar Franck, *Ruler of the Spirits* composed by Carl Maria von Weber, *Zampa Overture* by Ferdinand Herold, and *Prince Igor Overture* composed by Alexander Borodin.

Adult tickets are \$14 and student and senior tickets cost only \$10. Tickets can be purchased from the Highline Performing Arts Center box office up until 45 minutes before the actual performance.

The Highline Performing Arts Center is located in Burien at 401 S. 152nd St. For more information contact the symphony at 206-242-6321.

Jazz musician to open up Waterland Music Series

By **JOANNA WOODS**
Staff Reporter

The Waterland Music Series performances at Highline will showcase a musical variety including a local Jazz musician, a chamber music group, and a Celtic Irish band.

Highline's Music Department will be co-sponsoring the series along with the Des Moines Arts Commission.

The series is a set of three performances that will be held on campus in Building 7. Doors will open at 7 p.m.

This is the third year this event has been held at Highline.

The concerts are an opportunity for the community to see a kind of musical variety that isn't usually offered around the Des Moines area.

The chairman of the Des Moines Art Commission, Denny Steussy speaks about the mix of music that will be heard.

"We're wanting to offer a variety of both classical, ethnic, and jazz musicians."

"We felt that this year, as we looked at a variety of artists, we wanted to try something a little bit different," he said.

The first concert of the series is on Tuesday, Nov. 17 at 7:30 p.m. and will feature local Seattle jazz musician, Michael Powers.

"Two years ago in our summer series Michael performed for free as a part of four-part free concert series program."

"He did such a good job that we knew that Michael would be



Waterland MusicSeries opener Michael Powers' newest CD is Michael Powers Soul School.

a good draw and be able to bring people in for our paid show as well," Steussy said.

The second performance will be Tuesday, Feb. 23 at 7:30 p.m. and will feature a chamber music group called the Sirens Trio of the Oregon Chamber Players.

The last set in the series will be held on Tuesday, April 20 at 7:30 p.m. and Cul An Ti, a Celtic Irish band will be performing.

Steussy said that the kind of music the Celtic Irish band produces would be a good way to throw a little more variety into the show.

Since the performances will be held in a smaller venue, it gives the audience an opportu-

nity to get up close and personal with the performers.

"What's nice about that is it's such an intimate setting, compared to going to a big hall like in Seattle," Steussy said.

"There's not really a bad seat in the house," he said.

Individual performance tickets are \$5 for students and \$15 for adults. Season tickets are also available for all three performances for \$30.

This year they are offering a special ticket package where you can buy any three tickets for \$30. For example you could purchase two Michael Powers tickets and one Sirens ticket for \$30.

Tickets are available at the

door at each concert in Building 7 or in advance at Des Moines Parks & Recreation Department, 1000 S. 220th St.

The funds received from the

Waterland Music Series will go back to the Arts Commission and Highline's Music Department to continue to promote and sponsor arts in the community.

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- Emergency contraception

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It's pumpkin party time

Sara Rosario/THUNDERWORD
A punkin' sits amid the pumpkins at Carpinito Bros. in Kent recently, right. A customer hauls away potential jack-o-lanterns, below, while workers unload fresh fruit, bottom right. Pumpkin patches are in full bloom across South King County with Halloween just around the corner.



- The Highline Drama Department's fall production of *Six Degrees of Separation* by John Guare will be opening its curtains Nov. 18. The show will run for two weekends, Nov. 19-21 and Dec. 3-5. Doors open at 8 p.m. The show can be seen in the Little Theater located in Building 4.

- The Highline Chorale and Jazz Ensemble will be having a fall concert on Dec. 3. The concert will be held in Building 7 at 7:30 p.m. and is free to everyone.

The Chorale will be performing numerous Baroque and Renaissance pieces. The Jazz Ensemble will be performing a variety of songs accompanied by a student rhythm section.

- The Highline Library Exhibit and Art Gallery will be showing photographer Serrah Russell for the month of November. Russell is a former Highline student and found inspiration from old photo albums.

- Auburn Symphony Orchestra will be presenting Handel's *Messiah* and other holiday favorites on Dec. 2-3. The performances on both Wednesday and Thursday will begin at 7:30 p.m.

Tickets are \$25 for adults and \$20 for students and seniors. You can purchase tickets at www.auburnsymphony.org.

The concert will be performed at the Auburn Performing Arts Center located at 700 E. Main St. in Auburn.

- The Federal Way Symphony Orchestra will be offering *The Color of Coloratura* featuring Megan Chenovick Sunday, Dec. 6 at 2 p.m.

Tickets cost is undetermined at this time. Please visit their website at www.federalway-symphony.org for details.

The concert will be performed at St. Luke's Church, located at 515 S. 312th St., Federal Way.

Piles of pumpkins to light up Burien night

By COURTNEY SANKEY
Staff Reporter

The Day of the Dead comes alive in Burien this Sunday, Nov. 1.

Night of 1,000 Pumpkins will be held in the Burien Interim Art Space in the heart of downtown Burien.

It is being held to celebrate the Day of the Dead.

The Day of the Dead is a holiday celebrated in Mexico and Latin America.

It observes the passing of loved ones in a fun and lively

manner.

Friends and families will gather together at the grave site and offer food and drinks to the souls of those that have passed on.

This may be the only year that an event for the Day of the Dead will be held at Burien Interim Art Space.

"BIAS was only a one year project," said Gina Kallman, cultural activities coordinator. "We hope that they continue to put on the event next year, but it will be at a different site."

One of the goals of the event

is to fill the plaza with more than 1,000 lit pumpkins. They are asking for you to bring your own pumpkin from Halloween, or there will be some there for you to carve.

Another endeavor that the event wants to fulfill is about the community.

"Burien is such a large community," Kallman said. "[Night of 1,000 Pumpkins] is all about the community gathering together to come out and celebrate this holiday."

Night of 1,000 Pumpkins will offer a variety of concerts

and music, face painting, food and fun for people of all ages.

DJ Stick Yo Hand in the Dirt will be providing music for dancing at the Burien Interim Arts Space. Numerous bands, including La Banda Gonzona, and Los Flacos, will be performing throughout the night.

There will also be sand painting at the Burien Library. Paper flower making and pumpkin games, such as "pumpkin plinko," will also be happening as the night progresses.

Pumpkins will be taken care of by the King County Solid

Waste Department.

They will be collecting the pumpkins and composting them after the night is over.

The event starts at 3:30 p.m. and runs until 11 p.m.

Burien Interim Art Space is located at 150th South Street and 5th Place Southwest in downtown Burien and is free to attend.

The event is brought to you by the City of Burien, Burien Arts, Burien Interim Arts Space, White Center for the Arts, Highline Historical Society, 4-Culture and Highline.

Women's soccer limping to end of season

By **DEREK HARTWIGSEN**
Staff Reporter

The Highline women's soccer team's chance for playoffs are diminishing after a 3-2 loss to the Green River Gators yesterday.

The Lady T-Birds fall into last place in the West Division with a record of 2-8-2 in league play and 2-10-2 overall.

Green River moves into fourth place in the division with a 3-8-1 league and overall record.

The women's soccer team lost 5-0 to the Bellevue Bulldogs (4-5-2 league, 4-7-2 overall) this past Saturday.

Although Highline is still in the playoff hunt, the losses to Green River and Bellevue were a big blow to their chances.

Highline would have to win their remaining two games to have a shot at playoffs.

The Lady Thunderbirds are one of five teams still competing for a playoff spot in the West Division of the NWAACC.

Most playoff scenarios include division rivals losing their remaining games.

They are currently at least two games behind any team competing for the third and final playoff spot in the West Division after yesterday's result.

"We didn't seem to have the energy, communication was poor, we didn't have many available subs," Highline midfielder Ariele Peters said of Saturday's performance.

The Lady Thunderbirds ap-



Bill Schlepp/THUNDERWORD

Highline Midfielder Maddie Davila shields off a Green River defender. The T-Birds lost 3-2 in their last home game of the season.

peared to be in the game up until the second half, when they gave up four goals.

"We switched up the lines after half time," Highline defender Krystal Rios said.

Injuries have been detrimental to the Lady Thunderbirds as

of late.

"Some of us are playing in different positions," Rios said.

The injuries have Highline changing things up.

"Us losing a lot of personnel has really switched things up; at practice we are doing a lot more

one-on-one drills," Peters said.

"We need to pick it up and play every game like we're in the playoffs," Rios said.

"We need to be confident with each other, and just do what we need to do," Rios said of where the team needs to improve.

The next women's soccer game will be away against Olympic College this Saturday at noon.

Olympic is currently the division leader in the west at 4-4-3 in league play and 6-5-3 overall.

Men's soccer fight for last playoff spot in West Division

By **KURTIS LOO**
Staff Reporter

The men's soccer team stumbled on the road to the playoffs, losing 3-1 against Bellevue on Saturday.

Highline is 2-5-3 in league play and 7-7-3 overall. They are third in the West Division.

Bellevue scored one goal in the first half during the 35th minute and two goals in the second half at the 60 and 68 minute marks. Highline forward Bundu Koroma scored the T-Birds' only goal in the 88th min.

"We played ok... Unfortunately we made a few mistakes and on that day we were not good enough to overcome those mistakes," Head Coach Jason Prenovost said.

Highline holds a two-point lead over Tacoma for the final playoff spot in the West. The T-Birds will secure a playoff berth if they win their final three games, which are all league games against Tacoma, Penin-



Kurtis Loo/THUNDERWORD

Highline men's soccer team practicing at Steel Lake Park.

sula and Olympic.

Tacoma has four games left and can secure the final playoff spot in the West Division if they win all their games.

Highline's game against Tacoma on Wednesday, Nov. 4, could turn out to be crucial for both teams as it could decide who makes the playoffs.

Tacoma Head Coach Jason Gjersten said both Highline and

Tacoma will have a good chance to make the playoffs.

"We both basically control our own destiny," Gjersten said.

"I think the winner of that game has a little more edge against the other team. The winner of that game will probably make the playoffs."

Highline defeated Tacoma 1-0 in their first meeting on Oct. 17. Gjersten thinks as long as

his team can stay focused, they can win.

"We just need to come out, play hard and play our game. The first game we were complaining about the ref. We just need to stay focused on playing our game and not worry about the ref," Gjersten said.

Highline knows how important every game is and the T-Birds know it as well, Prenovost said.

"They [the T-Birds] are playing hard. We just need to improve our read of the game and anticipate on the field a bit quicker. Some of the players have really stepped up and it is obvious how important success is to them personally. Hopefully their passion and toughness will be contagious and drive the team through the final stretch of the season," Prenovost said.

The T-Birds played Peninsula yesterday. The results from the game were unavailable at press time.

Peninsula is tied with Belle-

vue for first in the West Division with a 5-2-3 record in league play and 9-4-4 overall. Highline lost to Peninsula 2-1, Oct. 7 on a last minute goal.

"The way we played last time obviously was not good enough since we lost. We will need to be at our best to get a result against a very good Peninsula team. Our backs are against the wall and we know what needs to be done," Prenovost said.

"I haven't stopped believing in us yet and have no plans to... It should be a great game to watch and it will be a great experience to be a part of," he said.

Both Bellevue and Peninsula, 18 points each, have put a lot of distance between themselves and Highline, which only has nine points.

Highline's chances to repeat as division champs are over as they can only tie for second.

The T-Birds' next game is an away game against Olympic on Saturday, Oct 31.

Lady T-Birds bounce back from swampy upset

By **BRIAN GROVE**
Staff Reporter

The Highline women's volleyball team is still sanding down some rough spots in its game before the NWAACC Tournament in November.

The Lady T-Birds are in second place in the West Division after salvaging a split in their series between the Green River Gators and Raiders last week.

On Wednesday, Oct. 21, the Lady T-Birds were chomped by the Gators in an uncharacteristic five game match at The Swamp, 25-21, 25-19, 24-26, 26-28 and 13-15.

Jennifer Mooth, Ashley Nguyen and Paula Miles led the offense for Highline with 21, 12 and seven kills respectively. Nearly one-fifth of Highline's total attacks resulted in errors, 31 out of 179.

Highline libero Alessa Johnson and Green River outside hitter Krystle Hansen each had 27 digs.

The Lady T-Birds were in control the first two games, however, the killer instinct which Highline Head Coach Chris Littleman has preached as

a necessary component to their play as well as something they still needed to work on was not present.

"We didn't play up to par, but we still have to play the match," Littleman said.

"Green River is a good team despite their record (3-5), but we should have won."

Littleman also said the team might have been distracted before the game.

"We did not all ride together to Green River, so that was a little different," he said.

The team also played without sophomore outside hitter, Shannyn Fisher, who left the team due to personal reasons.

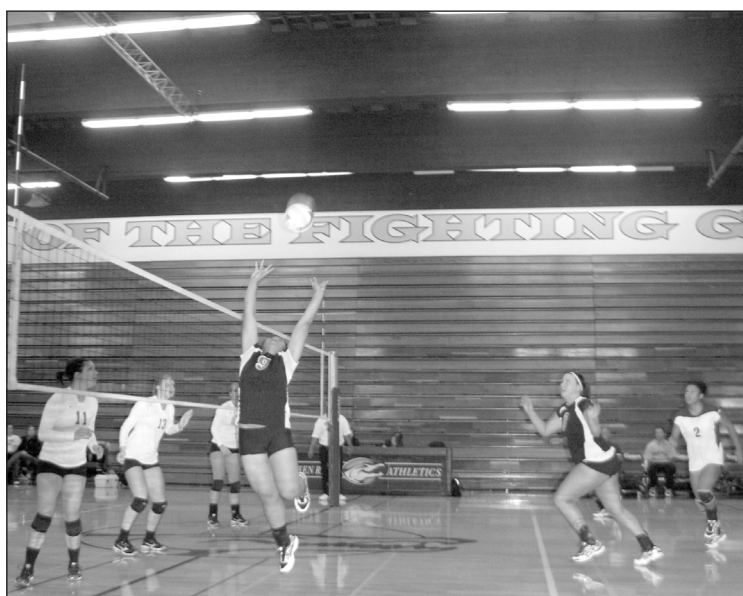
Littleman said the absence of Fisher was not a distraction.

The next game the Lady T-Birds played against division rival Pierce Raiders.

In their first match, the Raiders emerged victorious in three games. This time though, the tables were turned.

The Raiders were routed in three games, 25-20, 25-17 and 25-17.

Mooth was an outstanding force on the court for the Lady T-Birds with 17 kills, seven



Brian Grove/THUNDERWORD

Davina Fuiava sets up Paula Miles for a kill against Green River.

more than Alex Brasseaux from Pierce, who had the second highest kill total.

Davina Fuiava had 33 assists and Johnson had 16 digs.

Littleman said this win should have a positive impact on the team's morale.

"It should help, it is exactly what we expected," he said, "to win three and win big."

As seen in both games against Pierce and Green River the Lady T-Birds sometimes struggle against teams they are

capable of beating.

Littleman said as a coach, he is responsible to make sure the team comes to play every game.

"I have to find a way to make the girls perform. That's my job," he said.

"It could be being a cheerleader, talking to them and making a joke to make them laugh hokey pokey, or having a stern conversation. I have to find what works," he said.

With only four games left

in league play and Highline in second place, the team still has a shot at winning the West Division.

For that to happen, the Lady T-Birds would have to had beat last place Centralia, 0-7, who they played yesterday, Oct. 28, at home with results unavailable at press time, as well as division leading Tacoma, 8-1, Clark, 3-5, and Lower Columbia, 2-5, over the next two weeks.

In the event of a tie, the winner would be determined by the teams' head-to-head records.

If Highline wins against Tacoma a second time and both teams win the rest of their games, Highline will be declared the West Division champions.

Littleman said he thinks Highline has a good chance of winning the division if they beat Tacoma and win the games they are supposed to.

The team will next play in the Dorrian Harris Halloween Classic at Mt. Hood Oct. 30 and 31 where they will take on Bellevue and Ole Diggers II.

Next Wednesday, Nov. 4, the Lady T-Birds will hash it out with the Tacoma Titans at 7 p.m. at home.

Women's b-ball leaves faculty and staff in pain

By **BRIAN GROVE**
Staff Reporter

The Highline women's basketball team may have beaten the faculty and staff in the annual charity basketball game, but the biggest victory was beating the donations goal.

On Friday, Oct. 23 in the Pavilion, the Lady T-Birds played against the faculty and staff to raise money to support breast cancer awareness.

The women's team hung on by a thread to beat the faculty and staff, 55-54, a feat they were unable to achieve last season.

The event, which was collaboration between the athletic department, Women's Programs and the HCC Foundation raised a total of \$850, including more than \$100 in matching funds from the Athletic department, a \$200 increase from the donations received last year.

Women's Programs Coordinator Jean Munro said the event exceeded expectations.

"I felt like it was a huge success, especially when it's so hard to raise money," she said.

These funds will go to Susan G. Komen/Puget Sound Fund and raised money for early breast cancer detection and assistance for those facing breast cancer.

Before the game, Highline Athletic Director John Dunn said the faculty and staff's No.



Brian Grove/THUNDERWORD

Staff member Barry Carel plays some defense against the Lady T-Birds.

1 goal was to bring pain and embarrassment to the women's team.

"As far as pain, it was definitely more in my direction than the women," Dunn said afterward.

"In fact, I was damn near assaulted in the paint at one point. Though I will not mention the assailant, I will tell you that I contemplated filing a police report. With regards to embarrassment, I cannot speak for the other members of the team, but I was truly showing my 47 years of age last Friday."

Dunn was not the only member of the faculty and staff who was feeling the pain.

"As faculty and staff, our

anaerobic energy systems are in desperate need of conditioning. We were hurting, we are not used to running full court," said Josh Baker, Highline Cross Country Coach and Program Manager of Personal Training.

"We should have fouled more so we could stop and rest."

Despite the pain that may have ensued, Dunn said he had a great time taking part in something that was so important.

"It is always a pleasure to work with any group on campus to raise dollars for such a worthy cause," he said.

"My only hope is that we can get more of the campus involved both with their participation and their contributions."

X-country to compete for Northern Region Championships

By **KURTIS LOO**
Staff Reporter

Highline men's and women's cross country are hoping to have a strong showing at the Northern Region Championships on Saturday at Lake Padden.

The teams that will compete for the championship are Everett, Highline, Skagit Valley and Green River.

Everett is the favorite to win both the men's and the women's titles. Everett Head Coach Matt Koenigs is confident in his team.

"I think the favorite in the men's race is [Everett's] Yon Yilma who was the 2008 Region champ and holds the course record with an 8k time of 25:57," Koenigs said.

Everett's Shawna Schooley will be the favorite for the women posting an 18:05 time that is 39 seconds faster than any opponent in the NWAACC this year, Koenigs said.

The Everett men's and women's teams are both looking to repeat as North region champs.

All the teams competing see Everett as the favorites to win.

"Everett is the likely winner of both men's and women's. They are dominant this year," Highline Head Coach Joshua Baker said.

"I am new to the NWAACC this year, but as a team, Everett

looks very strong," Green River Head Coach Tori Ammons said.

"I think it is going to be Everett," Skagit Valley Head Coach Maureen Rowland said.

Koenigs thinks that Highline can compete with his favored Everett teams.

"Highline is a much improved squad from a year ago and are clearly a team to watch out for at Regionals," Koenigs said.

"[Colby] Peters and [Ryan] Eidsmoe are very talented athletes and they could shake some things up individually."

"Highline's women are very strong as well this year with a talented freshmen trio of [Ashley] Densmore, [Ashley] Hamman and [Kalee] Cipra," Koenigs said.

If those three can get some help from their No. 4 and No. 5 runners, they're going to be a very tough team to contend with at Regionals and NWAACC's," he said.

Highline has been dealing with a lot of problems but continue to fight through them as they look to compete for region champs.

"We have battled serious illness, car accidents, injuries and academic challenges. Several runners have missed races and many of our runners are having to rest injuries instead of training," Baker said.

Give the gift that keeps on giving: donate blood

By **RACHELLE ECKERT**
Staff Reporter

There is an ongoing need for blood in the community from volunteer donors.

Many people have donated blood at Highline's blood drives through the Puget Sound Blood Center, helping Highline win Blood Donor Group of the Year recently.

The Puget Sound Blood Center has held blood drives at Highline for 20 years. However, it has partnered with Highline's Nursing Club for the past three years.

Teresa Trillo, nursing program coordinator and student nursing club adviser, said 50-60 donors consistently donate at Highline's blood drives.

Every blood drive brings in mostly students and faculty with a few members from the surrounding community who donate their blood, Trillo said.

"Highline received the award because as a nursing club, they understand the need and are passionate about what they do," said Michael Young, Puget Sound Blood Center's director of communications.

The Puget Sound Blood Cen-



Cody Warf / THUNDERWORD

A student cheerfully donates blood to save lives at Highline's latest blood drive on Oct. 14.

ter believes that donating blood is a generous service one can participate in.

"Nine hundred blood donations are needed every day to maintain our working inventory in the Puget Sound region,"

Young said.

Blood donation centers encourage people to donate their blood because "most people will need blood at some point in their life," Young said.

The Puget Sound Blood Cen-

ter is an independent, nonprofit, volunteer supported regional resource for blood.

Therefore, it depends on volunteer blood donors in our community.

The Puget Sound Blood Cen-

ter provides blood to hospitals and clinics from Bellingham to Vancouver, Wash. Since this region is so big, a large amount of blood is needed constantly to keep an adequate inventory.

A single donation consists of giving one pint of blood, which has the potential to save the lives of up to three different people.

Once the blood is donated, Puget Sound Blood Center sends the blood to the lab to be tested.

If the blood is safe, it is distributed to hospitals and clinics in the Puget Sound area.

This blood reaches anyone in need of blood transfusions, including patients with hemophilia, thalassemia, sickle cell anemia, patients in surgery, victims of car accidents and cancer patients, Young said.

Highline holds blood drives four times a year, one every quarter.

The next blood drive at Highline is Jan. 13, from 9 a.m. until 3 p.m. in the Mt. Constance room in the Student Union.

Trillo said, "not everyone can donate blood, for multiple reasons, but donating blood is a very small thing that can help a lot."

Don't be a bear - stay fit when the temperature drops

It happens every year: a summer of fun outdoor activities, sports, and exercise starts winding down as the leaves change and the cold, rainy weather sweeps in.

You put away the frisbee and flop on the warm couch wrapped in a blanket with a bag of chips in one hand and the TV remote in the other.

If this sounds all too familiar, maybe you should consider the benefits of staying physically active over the fall and winter seasons.

Not only can staying active help fight off cabin fever and those long winter blues, but exercise can also help boost your immune system function through the flu season and burn off some of those inevitable holiday calories.

So don't hibernate, stay fit and feel great with some of these tips for winter workouts.

Join a class.

One of the best ways to stick with a fitness program is to join an exercise class.

If you belong to a gym there are tons of fun group exercise classes to choose from.

If money is a concern, look for inexpensive fitness or activity classes at local community centers or churches.

If you are a student, Highline has a variety of activity classes



Get fit now!
Darin Smith

"Don't hibernate, stay fit and feel great with some of these tips for winter workouts."

that include weight training, yoga, martial arts, aerobics, and sports just to name a few.

Try something new.

You don't need to stick with the same boring treadmill.

Try a different cardio machine like the elliptical or rowing machine; or learn some jump rope tricks.

Hit a punching bag or dance in front of the mirror like *Napoleon Dynamite*.

The key is to keep moving and have fun.

Don't let the weather get you down.

Weather has a strong effect on mood and energy levels.

A dark, rainy day can easily

drain the desire to exercise right out of the most seasoned fitness fanatic.

Stay upbeat by exercising to energetic music and seek out a stimulating indoor setting (e.g., bright colors, motivational posters, lots of activity) to exercise in.

Half the battle is just getting to the gym.

Don't let the devil on your shoulder talk you into skipping a workout.

If you can get motivated enough to drive the car there and walk inside, you will be able to finish a workout and feel good about it afterwards.

Hire a personal trainer.

A great holiday gift for yourself would be a gym membership and some personal training sessions.

A personal trainer will help you stay motivated and teach you the safest, most effective ways to stay fit.

Highline has free personal trainers available (contact Josh Baker at 878-3710 ext. 3710; jlbaker@highline; <http://flightline.highline.edu/pft/>).

Give yourself the gift of health this year!

Socialize while you exercise.

It can be more entertaining and motivational to exercise with a workout buddy or with

an exercise group.

Join a running group, basketball team, ballroom dance class, or martial arts club and enjoy making some friends while you get fit.

Work out at home.

You don't have to leave the house to keep active.

Try some bodyweight exercises and calisthenics (pushups, situps, squats) in front of the TV.

Buy some cheap exercise equipment and set up your own workout area in your basement.

A small set of dumbbells, an exercise ball, a floor mat, and a resistance band are enough to give anyone a full workout.

Find some fun indoor activities.

Look for gyms with seasonal discounts.

Look online to sign up for some fun community center classes.

Locate some indoor tracks or pools at schools that are open to the public.

You can even try mall walking when it is cold outside and you need an engaging indoor environment.

Shoot some hoops, take bellydancing classes, go rollerskating, or try indoor rock climbing.

Work out outside.

I know it sounds crazy, but it

actually can be fun and will burn a whole lot of extra calories.

Grab your bike or some running shoes and get your blood pumping outside.

If you can find some snow, try snow walking or cross-country skiing for an amazing cardio workout.

If you work out in the cold, remember safety first.

Always warm up first to keep the muscles from tearing and the joints from hurting.

Avoid hypothermia by wearing layers and keeping the head and extremities warm.

Don't forget the sunscreen or the water bottle either: even though it is winter you can still get burned or dehydrated.

Lastly, during those shorter, darker days of winter, wear reflective clothing when biking or running near the roads.

Darin Smith is a physical education and personal fitness trainer instructor at Highline.



Reuben is facing sauerkraut in this economy

BY LIZ PHILLIPS
Staff Reporter

Everyone who goes there loves the sandwiches at The Reuben.

But not enough people go there.

Like a lot of businesses in the current economy, The Reuben is facing tough times. While their customers rave about their sandwiches, Mike and Debbi Rovech say they may have to sell, with hopes that The Reuben will stay as it is.

"We have been fighting the good fight now for over a year," said Mike Rovech. "But the economy has put us at the end of the road."

For The Reuben to stay afloat with Rovechs on board, "we would need to sell an additional 30 reubens a day," Mike Rovech said.

"One of the first things to go in a bad economy is eating out."

The Reuben New York Eatery and Espresso, located at 21904 Marine View Drive S., is a sandwich shop specializing in New York-style sandwiches. They serve cold and hot sandwiches with an array of soups and salads.

Mike Rovech said that the most difficult part of the whole ordeal is all of the friendships and relationships that have been built in The Reuben.

"The most irritating part is there isn't anything we did wrong," he said. "We can't wait around for the economy."

The Reuben opened up on May 1, 2008 and five months later the economy went down the drain, Mike Rovech said.

The atmosphere in the Reuben is nothing but friendly. On a recent day, numerous customers approached him to share their feelings about the restaurant.

"This place and the ownership is a gem," one patron said.



Liz Phillips/THUNDERWORD

Owners Mike and Debbi Rovech make their specialty coffee, while longtime staff member Brandon Johnson attends the register.

Another customer offered Mike Rovech a suggestion.

"Next time Subway has a huge corporate meeting, send them two of these sandwiches and tell them you will teach them how to make them for \$10 million."

Another man from San Diego brought two back on a plane for his girlfriend and himself to enjoy because nothing in San Diego compares to The Reuben, he said.

"There are many ways to make a reuben, but apparently they just aren't the right way," Mike Rovech said.

Mike and Debbi Rovech have been married for over 10 years. They met while Mike Rovech was operating kosher hot dog and espresso stands in Eagle Hardware locations.

"I call it low-fat latte love," Mike Rovech said.

"He hung the closed sign and we talked for about two hours," Debbi Rovech said.

The couple married exactly a year later.

Mike Rovech was living and working in Tacoma, and there were no real sandwich shops.

A neighbor of the couple's in Tacoma agreed, and decided to Rovechs everything they needed to know about making reubens and other New York-style sandwiches.

The neighbor was a cabby from New York for 40 years. Who else would know what a Reuben is supposed to taste like? Mike Rovech said.

"We learned from the master's knee," Mike Rovech said. "He taught me everything I needed to know, learned the real from the real thing."

A frequent regular and owner of a coffee shop in Tacoma and was a fan Rovech's hot dogs. She and Mike Rovech got to talking and decided to open a shop together in Tacoma with the combination of New York-style sandwiches and coffee.

The shop in Tacoma was called Pastrami's.

"Apparently people in Tacoma don't know what pastrami is. I would get phone calls all the time asking for a Mr. Pastrami," Mike Rovech said.

In the beginning the shop did well. Then five months after they opened, the 9/11 tragedy happened and the economy went downhill. Relocation sounded like the best idea for the shop, Mike Rovech said.

After the unfortunate events, Mike Rovech's partner decided she was not going to relocate

with him and was going to move back to New York.

That was when Debbi Rovech stepped in and bought out her share and the couple moved their business to Des Moines.

"The experience here has been better for us. We have made a lot of wonderful friendships with the people who live here in Des Moines," Mike Rovech said.

He said that living in Tacoma was too fast-paced for them. It was too impersonal.

"It's a people business. You know them and they'll know you. You just have to engage," Mike Rovech said.

Once they relocated to Des Moines the name was changed.

"For the new location I wanted something that would let people know exactly what you do here," Mike Rovech said.

Once again the new location started out well, and five months later the economy went down the drain again, Mike Rovech said.

Recently a local website wrote an article with a misleading headline, alluding to the fact that the Reuben had closed. It hadn't.

"The headline is causing us a tremendous amount of grief," Mike Rovech said. "We've had the lowest sales week since we opened."

The Rovechs aren't angry, however.

"In the past the Waterland Blog has been good to us. They just were misunderstood, which is really affecting our already hurting business," Mike Rovech said.

"Especially after we just won

runner-up from the Highline Times for best restaurant to eat at for under \$10, we were really looking forward to this hopeful boost in business, then the Eulogy came out."

Also within the Eulogy, people seemed to be placing blame on the city for the old Marine View Espresso sign still hanging in front of the business, but that's not the city's fault, Mike Rovech said.

When the Rovechs first moved to Des Moines they were required to put some sort of ventilation system in. Originally the cost was thought to be around \$800, but in the end the project ended up taking \$4,000.

"The requirement for the ventilation ate our sign budget," Mike Rovech said.

Nonetheless, The Reuben is still rockin' and rollin'.

Jeremy Miller will be performing on Halloween at noon at The Reuben. Miller was the lead guitarist for Moby Grape and was featured on the Rolling Stone Magazine's list of the 100 greatest guitar players of all time.

"We don't want to seem doomed. We're not just locking up and going home," Mike Rovech said.

As of right now, there has been one offer to purchase The Reuben, he said.

"It's just the beginning. It doesn't appear anything will happen yet," Mike Rovech said.

The Reuben has new winter hours, Monday 9:30 a.m. to 3 p.m., Tuesday through Thursday 9:30 a.m. to 5:30 p.m. and Saturday 11 a.m. to 5:30 p.m. They are not open on Sunday.



Liz Phillips/THUNDERWORD

The Reuben sells fresh specialty New York-style sandwiches.

Pure and Applied Science gets a new leader

By **ANDREW PHETSOMPHOU**
Staff Reporter

Amelia Phillips sits at her office signing purchase orders, travel requests, attends meetings, talks to faculty about problems that have arisen and teaches her class. Then she also attends class online, at The University of Alaska Fairbanks.

This is just a normal day for her as chairwoman of the Pure and Applied Science Division at Highline.

Phillips recently was elected as chairwoman of the division. She said she hopes to get more students into the science field.

The science field includes



Amelia Phillips

S.T.E.M. which is science, technology, engineering, and math. To stay competitive in today's economy students must be proficient in these areas, which may include biology, physics,

and computers and so on, Phillips said.

She hopes to accomplish these things by offering scholarships like M.E.S.A. which stands for Math, Engineering, and Science Achievement, which tries to attract women and minorities into the science field.

Phillips attends school at the University of Alaska Fairbanks, where she is working on her Ph.D. in computer security.

She has been a faculty member in computer science for 10 years. She taught computer forensics and network security. Computer forensics is when you retrieve deleted files and data from computers and network security is making sure people

don't break into a network.

Being a student herself, Phillips said she tries to be more understanding of other people's situations.

"Remember to shut up and listen," Phillips said she tells herself when facing new problems with other students or faculty.

This year Phillips plans to try to attract more students into the school, get more programs in and meet the students' needs. She said she wants to make Highline the first community college to be certified by the NSA, the National Security Agency, as a center of academic excellence.

Phillips said a few challeng-

es that she is facing are getting enough classrooms, and making sure things are running smoothly.

"It's like running a small company and making sure things are moving along," she said.

Phillips was elected into office at the end of Spring Quarter 2009, by a majority vote of the other members of the Pure and Applied Sciences Division.

"As an elected chairwoman, I go and find out what the faculty wants. I represent 50 faculty members to the deans, vice presidents, and president and the other divisions," she said.

Phillips said she is excited about her new position and hopes to do the best she can.

Science on Sound returns with a splash

By **ANDREW SIMPSON**
Staff Reporter

Highline's Science on the Sound program will host a fall series of events taking you on, near, and under the water.

Highline's Marine Science and Technology center is working to get people more involved with the Puget Sound ecosystem by hosting three individual events.

The MaST center is at Redondo Beach next to Salty's in south Des Moines.

In the opening presentation, on Nov. 7, underwater videographer John Williams will be hosting "Our Underwater Neighbor: A Video tour of Puget Sound."

Williams will be presenting excerpts from the television series *Sea-Inside: Pacific Northwest*, showing what's beneath our Northwest waters.

"Most people who live around here don't know how beautiful the Puget Sound is underneath the surface," said Woody Moses, a biology professor at Highline and one of the series organizers.

"It [Puget Sound] is one of the crown jewels of Washington and I think people should check it out."

The Nov. 21 presentation will be the "Introduction to Footloose Disabled Sailing." The program is designed to help people with disabilities get out onto water and into the sport of sailing.

The event will be presented by Bob Ewing, one of the original founders of the Footloose Sailing Association. Ewing will be sharing success stories of people with disabilities who discovered the joy of sailing.

"It's a great program. He's [Ewing] a great speaker and is



Woody Moses

very knowledgeable. It's a great organization that impacts many people," said Moses.

"It's also a great opportunity for people to volunteer and help out."

On Dec. 25, People of Puget Sound will present "New Tools to Inform Nearshore Restoration." The event will be mapping important ecological areas of Puget Sound.

"The event is important for people who live along the Puget Sound. The goal is to educate citizens about our ecosystem," said Moses.

Doug Meyers, director of science for People of Puget Sound, will be speaking at the event.

People for Puget Sound, is a non-profit organization that is working to keep Puget Sound clean.

"They are the ones who are at the forefront for Puget Sound's conservation," Moses said.

Each event will start at noon and will run until 1 p.m. Every event is free and open to the public.

Speaker tries to blend science, faith

By **DAVID STEELE**
Staff Reporter

There is scientific evidence that a higher being was involved with the creation of the universe and cosmos, a physicist said here last week.

Campus Crusade for Christ brought Dr. Hugh Ross to Highline to give a lecture titled "More Than a Theory: Scientific Evidences for God."

Ross talked about how he believes there are two types of evidence of revelation from God: the Bible and nature.

Ross is a Canadian-born Christian apologist. An astronomer and astrophysicist, Ross has created his own ministry, Reasons To Believe.

Ross earned his bachelor of science in physics from the University of British Columbia and his master of science and Ph.D. in astronomy from the University of Toronto.

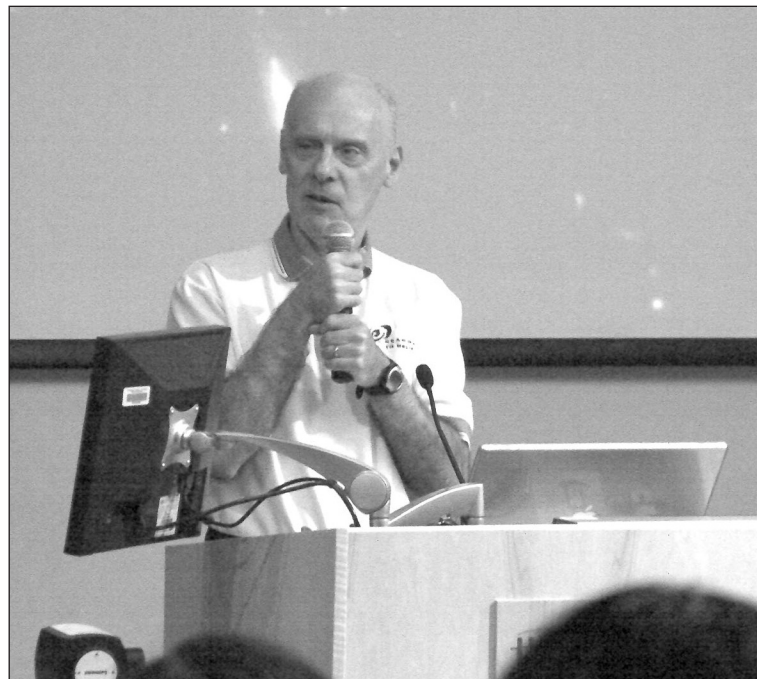
"There is a good deal of cosmology in the Bible," said Ross. "There are three things that the Bible repeats about the universe; the universe rises from a singularity beginning, the universe continuously expands from that beginning, and it expands under constant laws of physics."

He said that the model he proposes makes certain predictions about the shape of future discoveries in cosmology, biology, and related sciences.

Ross pointed to passages in the Bible that help support his ideas. He said scientists can put "these Biblical claims" to the test thanks to the "Space Time Theorems."

"Science must be open-minded to consider not only natural causes, but supernatural," Ross said.

"Bible authors 2,000 to 3,000 years ago actively predicted what we know to be an important feature of the universe."



Cody Warf/THUNDERWORD

Dr. Hugh Ross argues that God's existence is provable by science last week in Building 7.

Ross's talk generated a strong response from the audience.

Some members of the audience strongly disagreed with what was being said, and one person at the presentation tried

to challenge Ross to a debate.

Ross declined due to time constraints.

For more information visit his website, <http://www.reasons.org/>

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12:15-1:05 PM / Building 10, Room 202

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Junk food leads to a sugary grave, prof says



Hoang Nguyen/THUNDERWORD

Anne Whitson explains how addictive sugar and junk food can be at last week's Science Seminar.

By **TAYLOR GARFELD**
Staff Reporter

When given the choice between sugar and cocaine, the rats chose sugar.

Scientists have come to the conclusion that sugar is more addictive than cocaine.

Scientists presented this topic and many more at the 2009 Obesity and Addiction Summit on Bainbridge Island.

Professor Anne Whitson was invited to attend the summit. Whitson teaches at Highline and has been a nutrition specialist for over 20 years.

Whitson was the presenter for this past week's Science Seminar and spoke about some of the information discussed at the summit.

The scientists at the summit came to the conclusion that addiction is accredited to levels of dopamine receptors in the body.

"The lower dopamine levels in the body leads to over eating," Whitson said. "Sugar intake also correlates with obesity rates."

Lower dopamine levels are one of the many causes of obesity.

Sugar, especially fructose, causes a rush of energy, which is then depleted from your body, causing the stereotypical sugar crash. The body gets addicted to the rush depending on the dopamine receptors in your body.

Alcohol is also addictive because it contains a high level of sugar. The sugar lowers the dopamine count, making people more susceptible to obesity.

Another reason obesity is on the rise is because people are eating processed foods. The scientists said that processed foods are cheaper when compared to healthier foods.

However, people are work-

ing to prevent obesity.

Yvonne Sanders-Butler, the principal of a school, instituted a "Healthy Kids, Smart Kids" program.

She rid the school of all processed food and drinks.

The study was such a success that it led to students getting better grades, staying awake during classes, and feeling better overall.

Whitson closed the seminar by quoting a presenter from the summit, "Don't eat C.R.A.P: caffeine, refined carbs, alcohol, and processed foods."

This week's Science Seminar will be given by Professor Mayra Hernandez a math instructor at Highline. The topic she will be discussing on is "Statistical Analysis of Metagenomic Data."

Science Seminar meets every Friday in Building 3, room 102, from 2:20 p.m. to 3:10 p.m.

Highline students will head east to learn the business of China

By **CHONA LORN**
Staff Reporter

Three Highline students will be getting the opportunity to travel to China on a full-ride scholarship.

Joy Alford, Dan Young, and Michael Bell will be going with Samad Chakour, a Highline professor, on a one-and-a-half-week trip to learn about international business and the cultural environment of China.

The trip is part of the Trade Mission to China Program available at Highline and Edmonds Community College.

The Trade Mission to China came from a grant given to Highline by the U.S. Department of Education in 2007.

This trip gives an opportunity for students to learn about how Chinese businesses trade with other businesses and countries.

The schedule of the three students will include sessions with business delegates to learn about property rights in China, how the Chinese trade process works, as well as how workers get paid.

The schedule also includes meeting with Chinese officials and going sightseeing in various parts of China.

"We're building guanxi," said Jennifer Granger, the director of International Programs and Grants. "It's to build relationships and long term networks with the people we meet in China."

Students will meet with Chinese students and business owners to talk about international

business practices and the importance of navigating through cultural differences.

"I'm looking forward to meeting new people and creating networks," said Joy Alford.

Alford, Dan Young and Michael Bell have been preparing for the cultural experience by taking two classes that meet twice a week for the past five weeks.

"It's a lot to take in, learning in five weeks is almost impossible," said Young.

They have been taking a Chinese Business Culture class taught by Chakour and Chinese language classes taught by Sui Li, a visiting Chinese professor, for the past five weeks. The business class covers how business is conducted in China.

"Going to China is an extension of the business class," said Chakour.

The language class is a basic class to help the three students communicate while in China.

Alford, Young, and Bell are getting full-ride scholarships to participate in the Chinese Trade Mission. But they had to go through a rigorous process to get the scholarship including filling out an application, writing a statement of purpose for going and an interview.

While going to China is a goal for three students, they all have different reasons for going.

Alford is going because China is one of the fastest growing economies.

Bell is going because it helps in pursuing his career of becoming a US foreign economic officer.

ing a US foreign economic officer.

"Going is a great experience of another culture I have never experienced another culture out of North America," Young said.

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Giving Tree is out to help low-income families

By **MICHAEL SAPA-AFOA**
Staff Reporter

Student Programs have teamed up with Women’s Programs to host the annual Giving Tree at Highline.

“The Giving Tree is a way to help Highline students and low-income families with providing gifts for the children,” said Winnie Sefilino, co-chairwoman for the Giving Tree.

The Giving Tree has been a part of Highline for more than a decade. Its main purpose is to help low income families by providing gifts for their children. Families would need to sign up with the Women’s Programs in Building 6 to ensure that they qualify.

Families who are qualified are then given a wish list for each of their children and would then turn in the completed lists to Women’s Programs. These

lists are then distributed to the sponsors. The sponsors would then buy the gifts and take them to Building 8, third floor, to the Student Programs.

The gifts can be given to Susanne Fisch or Winnie Sefilino, if neither are available, sponsors can leave the gifts at the front desk under Susanne Fisch or Winnie Sefilino.

The whole process is completely confidential. The families don’t know who the sponsors are and the sponsors don’t know who the families are.

This program however is not sponsored by the school, meaning it has no budget whatsoever. The success of this program relies heavily on the number of sponsors and volunteers who sign up.

“Anyone can volunteer, faculty, staff, students and classes but we are keeping it campus-based because of the fact that

it is Highline families,” said Susanne Fisch, acting committee chairwoman for the Giving Tree.

Volunteer positions include promotions, decorations, communications, and gift-wrapping.

“If students are unable to volunteer, they can still help the Giving Tree by spreading awareness to their friends,” said Sefilino.

Each of these groups have a specific purpose within the Giving Tree; the promotions group is responsible for spreading awareness to the campus; the communications group is responsible for keeping in touch with sponsors and families; and the decorations group is responsible for setting up the tree in Building 6.

“For sponsors, we are looking to also keep it campus-based. We will send out emails to staff to raise awareness. May-

be they are connected in some way to local businesses and they can spread awareness to them. If local companies are willing to sponsor, we are more than grateful,” said Fisch.

Students who volunteer are required to show commitment, a drive to learn as well as planning and organizing, organizers say.

“We are looking for students who participate in this program because they have strong expectations and work with us to reach their leadership potential,” said Fisch.

The Giving Tree has a way of giving back to its supporters, maybe not in a way that is expected, organizers say.

“The sponsors will get a feeling of warmth, because they were able to make the holidays special for families due to the economic situation,” said Fisch.

“Volunteers will be able to

receive leadership experience; our goal is to not only sponsor families but for our members to learn how to facilitate meetings and to take on the responsibility of organizing a project like this.”

For families to qualify for the Giving Tree, they need to go through Women’s Programs in Building 6.

It is searching for low-income families, but is looking at sponsoring about 50 families through this program.

For more information about the Giving Tree, visit Student Programs in Building 8 or attend the weekly meetings every Thursday from 2:30-3:30 p.m. on the third floor of Building 8 in the club conference room.

Potential volunteers and sponsors can also contact Winnie Sefilino at wsefilino@highline.edu or Susanne Fisch at sfisch@highline.edu, ext. 3537.

Referendum 71 stirs debate over partnership benefits

By **AMBROSIO AGUSTIN**
Staff Reporter

Referendum 71 is a hotly debated issue that, for some, is about responsibly protecting families during a vulnerable time and for others is the next step towards the destruction of traditional marriage.

State Rep. Dave Upthegrove, D-Des Moines, and Robert Struble of Protect Marriage Washington debated Referendum 71 during a panel discussion in Mt. Constance Monday.

More than 170 students and teachers were in attendance to hear the panelists weigh in on the ballot measure, which at some points prompted heated reaction from Struble.

Though some argue that Referendum 71 is a bridge to same-sex marriage, Upthegrove says that those groups are missing the point.

Upthegrove said that Referendum 71 is based on the premise of respect and equality.

If approved, the referendum would reaffirm the state’s everything-but-marriage law, signed by Gov. Christine Gregoire in May.

By definition, referendums are bills which were signed into law, but were requested by the public to be put to a popular vote.

The ballot measure says that a domestic partnership is not a marriage, but a vote to approve would afford gay and lesbian domestic partners and senior citizen couples over 62 the right to take unpaid leave to care for a sick partner, share health care benefits, and the right to receive pension and workers compensation if a partner is killed or in-

jured during the course of employment.

“Referendum 71 asks you whether or not we take away these protections and support from this group of people,” Upthegrove said.

He said that more than one million children are being cared for by same-sex couples and that taking away those protections would be irresponsible.

“We are only as strong as our neighbors,” Upthegrove said.

“[The opposition] is saying that we can’t afford to extend protections during this time, but [in this recession] that’s exactly what we should be doing,” he said.

Upthegrove said that the \$4 million price tag attached to providing the benefits is already being paid for by gay and lesbian workers giving up a chunk of their paycheck, just like any other worker.

The only catch is, unless Referendum 71 is approved, they won’t see any of those benefits because of the way previous laws were written.

Upthegrove said that especially now, all families need to be protected equally, be they straight or homosexual.

Robert Struble represented Protect Marriage Washington, the organization that runs the opposition campaign.

He said that Referendum 71 is a “multi-compartmentalized Pandora’s box.”

“The median length of a marriage in the U.S. is 11 years, and the median length of a domestic partnership is 1.3 years,” Struble said. “You tell me which is more stable.”

He admits, though, that his figures on domestic partner-

ships are from a 1989 study that did not, in fact, reference gay partnerships at all-- the data was collected from straight unmarried couples living together before breaking up or marrying.

“Same-sex marriage will not pass muster with the people,” he said. “Referendum 71 is the first step towards legalizing

same-sex marriage in Washington state. This would redefine the [term] traditional family under law.”

However, as it appears on the ballot, the text clearly reads, “a domestic partnership is not a marriage.”

“When [the Legislature] tells us that ‘everything will be fine,’

we ought to be skeptical about that claim,” Struble said.

He said he is upset with the fact that the everything-but-marriage law was approved without a public vote.

Struble said that Referendum 71 is about more than just benefits. “The people ought to have an opportunity to weigh in.”



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continued from page 1

able to receive her homework via the internet.

Those students who will not be affected by the flooding still have concerns about their friends or family living within the flood zone.

Miriam Baretich is a Highline student who does not believe she will be directly affected.

"I have friends who live by the Green River and they are probably not prepared," Baretich said.

"My church and my brother-in-laws house will be flooded," Aly Potafiy, a highline student, said. She is concerned for them and does not know how prepared they are, she said.

Highline officials say they will try to work around any flooding.

"Teachers have found ways to pass course work back-and-forth forever," said Larry Yok, vice president for administration at Highline.

Extended absences due to the flooding are not much different than the way absences from the H1N1 flu are being handled, Yok said.

Cities that could be affected are trying to get ahead of the situation. Officials in Kent, Auburn, Tukwila and Renton have been working with the Corps since February to reinforce many of the levees.

Reinforcement includes the placing of enormous sandbags along the levees, evacuation planning and holding many community meetings.

Nor do the cities expect everyone to fend for themselves in the event of the flood.

"We are identifying vulnerable populations," said Michelle Witham, community and public affairs manager of Kent.

"The communities downstream from the Howard Hanson Dam have developed a joint plan for roads and evacuation routes," said Mike Howard, external affairs officer for the Federal Emergency Management Agency (FEMA).

Nonetheless, everyone should prepare for the worst, local officials say.

"We cannot prevent the flooding, only prepare for it," said Lynne Miller of the King County Office of Emergency Management.

FEMA, which deals with natural disasters, is encouraging everyone who might be af-

ected to have three days' worth of food, water and medicines in their emergency kits, said Howard.

The American Red Cross is making the same recommendation.

"Do not wait until the flood begins," said Dave Nichols, assistant director of emergency services for the American Red Cross.

"Make arrangements to stay at a relative's or friend's house before any flooding begins," he said.

Make an emergency kit and have it ready to go, Nichols said.

The Red Cross recommends these kits include battery operated flashlights and batteries, cash, sanitation supplies, clothing, bedding, important documents, and entertainment.

For a more detailed list of supplies you can go to their website; www.redcross.org.

The Corps expects to give adequate warning before releasing any water from the dam.

"We have evacuation plans in place," said Kent's Witham. "We expect people to heed those warnings."

Reporters Kandi Carlson, Ambrosio Agustin and Rebecca Ball contributed to this report.

Quarterly

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"The printed document was not a reliable source for accurate names (because instructors changed after the document was printed)," said Skari.

In spring, 27 percent of the instructors changed. If they had listed the instructors for fall, 34 percent would have been changed.

The server containing the online version of the quarterly is updated every night, so the information is current and the most accurate available to the students.

This was part of the reason for the change in quarterly, she said.

"It saved time in the process, so faculty deadlines could be pushed out to give them more time to put information together," Skari said.

The last reason was money. Like all public colleges in the state, Highline faced substantial budget cuts in the last year.

Between Fall and Spring quarters, the printing cost was cut by \$10,900, from \$17,400 to \$6,500. Skari said not all of the reduction can be attributed

to leaving out the names, however.

Though Highline has reasons for the change, students and faculty have not been broadly informed, resulting in confusion and frustration.

"We have heard a lot of complaints. When there is no instructor listed it's like a lottery," said Oussama (Sam) Alkhalili, a Business Technology instructor at Highline.

"We did change my classes last quarter, but I don't think it was 35 percent. That's a bad excuse," said Alkhalili.

For Laurel Lunden, Medical Assisting instructor, the change has little effect because with the structure of her program, the instructor often switches.

But for students, the effect is negative.

"It's annoying. I want to take specific classes from specific teachers, but I can't if I don't know the teachers," said Anna Boyd, a student at Highline.

Other students agreed with Boyd.

"I don't like it. You want to know the instructor, so you don't have to drop the class later," Bisharo Hashi said.

"It's kind of stupid. It's hard to plan appropriately," Jessica Holley said.

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