

THE Highline Community College Thunderword

Monfort awaits murder trial date

By **AMBROSIO AGUSTIN**
Staff Reporter

Former Highline student, Christopher J. Monfort was charged in King County Superior Court last Thursday for the murder of Seattle Police officer Timothy Brenton.

A former Highline professor who knew Monfort, meanwhile, recalled him as vocal and antag-

onistic toward authority.

Monfort faces an array of charges including first degree arson, three counts of first degree attempted murder and aggravated murder in the first degree.

King County Prosecutor Dan Satterberg said last week that Monfort could face the death penalty, since the aggravated murder charge involves the

death of a police officer.

A trial date has not been set.

The hunt for Monfort began the night of Oct. 31 after Brenton, a field-training officer, and his partner Britt Sweeney sat parked in Seattle's Leschi neighborhood.

The two were discussing a recent traffic stop when a light-colored car began moving suspiciously toward their vehicle.

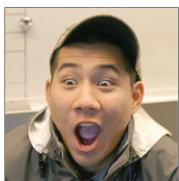
Officer Sweeney called out to her partner when, prosecutors say, Monfort produced a .223-caliber rifle from his car and fired several rounds into the police vehicle.

Officer Brenton was killed instantly in the shooting while Sweeney suffered minor inju-

Please see Monfort, page 16

facebook: everyone you know is there

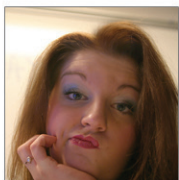
students friend social networking site, unfriend MySpace



By **DAVID STEELE**
Staff Reporter

Status update: Highline students prefer Facebook to MySpace.

Out of 100 Highline students interviewed in a nonscientific survey, 64 percent chose Facebook over MySpace as their social networking site of choice.



Both MySpace and Facebook are websites that provide an outlet for internet users to create an online profile about themselves. Users can post pictures, comment on other users' profiles and provide updates about their lives, as well as connect with people across the globe. The sites are free and make money off of advertising.

Many of the students said that the main thing they use both of these social networking sites for is sharing photos and updates on their daily lives.



Facebook allows students to network and connect with other students due to the online communities and groups users can create.

For example, there's a student group for Highline on Facebook with more than 700 members. As with some Facebook groups, anyone can join the Highline Community College group.



Facebook offers a one-stop site for entertainment as well as communicating with friends. The simple white and blue theme is clean-cut and doesn't slow down the computer as it waits to load profiles, students say.

Julian Tarver said he likes Facebook because, "it's just faster to load and it has better ways to contact people. It also has a better set

up and not as much garbage or advertising on it."

Tarver uses Facebook not only for friends, but for his job as an event promoter. He uses it to contact customers and network with his clients.

"Facebook allows me to connect with my family, friends and stay in contact with people as I meet them," Jessica Menton said. "It is also a way to keep up with other people's lives and an outlet for my art."

She posts her illustrations online so that people can comment on them and provide feedback to her.

"It's just really simple to use," said Jeremy Thomas. "I can talk to all my friends, look at pictures and play games all on one site."

One game that seemed popular with many Highline students was Facebook's Farmville. According to Facebook, Farmville has 63,841,235 active monthly users, making it one of Facebook's most popular games.

The game allows members of Facebook to manage a virtual farm by planting, growing and harvesting virtual crops, trees and livestock.

Although Facebook seemed to be the favorite for Highline students, many still use MySpace.

Although Facebook is simple and clean, students also say they like MySpace because of the ability to customize their page.

"I like how I can make my page suit me the way I want it to," Rachel Squillace said. On MySpace, users can edit the HTML on their page to add images, videos, and sounds.

"I like MySpace because it's super friend-

thunderbook

Please see Facebook, page 14

Students help to feed the hungry

By **PAUL PARK**
Staff Reporter

A group of Highline students are working to help families that do not have access to food during the month of November.

Phi Theta Kappa, an honors society for two-year colleges, has two projects in motion: Operation Take Out and the Thanksgiving Food Drive.

Operation Take Out is a volunteer activity that Phi Theta Kappa started last year.

"We talked with the Des Moines Food Bank and volunteered to deliver food to people who can't access the food bank every month," said Mandy Pai, Phi Theta Kappa volunteer coordinator.

Phi Theta Kappa is in charge of 12 families total, all of them

only a short drive away from the food bank. Eight families are located in Des Moines and four families are near Sea Tac, Pai said.

Operation Take Out happens every third Tuesday of each month.

They meet at 5:30 p.m. and end whenever the volunteers finish delivering food to the disabled families, which is usually

around 7 p.m.

Phi Theta Kappa is hoping to attract more volunteers, particularly those who can drive, said Pai.

This does not mean that non-driving volunteers aren't welcomed. "One person cannot carry three families ration of

Please see Food, page 16

INSIDE

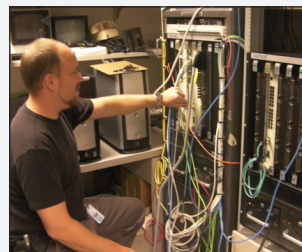
November 19, 2009
Volume 49, No. 9



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P3,P8



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Weekend Weather



Cloudy with rain on Friday, chance of showers on Saturday and Sunday.



Highline student falls down slippery stairs

A Highline student injured her back after falling down a flight of stairs at Highline. On Thursday, Nov. 12 the student slipped going down the stairs on the south side of Building 6. She said she planned to visit the doctor the following morning.

Phone call from student intends malice

A female Highline student received a threatening phone call from another student, on Friday, Nov. 13. The caller said that she would kick her butt.

A report was made with the Burien Police Department.

The victim was also given statement papers from Security and advised to seek a no contact order.

Drunken female takes nap at Highline

Security responded to a report of a woman apparently under the influence lying on the ground on Monday, Nov. 16.

Upon arrival Security witnessed the woman drinking malt liquor. She was unable to stand up or speak. Security contacted 911 and the Des Moines Police took the woman into custody.

Security reunites father and son

A Highline student requested the help of Security to help him find his lost father Tuesday, Nov. 17.

The student's father, who speaks no English and doesn't own a cell phone was attempting to pick up his son from school and had gotten lost. After a short search of the parking lots, Security found the man sitting in his vehicle at the north east end of the East Lot.

Lost and Found

The following items have been reported found by Security and are being held at the Security office in Building 6: motorcycle key, TI83 silver calculator, play station portable, purple Motorola cell phone, one cookie jar, large green purse, silver T-mobile slider, brown suede cap.

-Compiled by Eric Moehrle

Yogurt lids to raise cancer-fighting funds

Women's Programs and WorkFirst Services are hosting the Drop Your Tops yogurt lid drive.

The yogurt lid drive will collect Yoplait Yogurt tops until Dec. 15 and all proceeds will go to the Susan G. Komen fund. Donations can be deposited in the bottom floor of Building 6.

More information can be found by calling Women's Programs and WorkFirst Services at 206-878-3710, ext. 3340 or online at <http://highline.edu/stuserv/womensprograms>.

Foundation seeks money for students

The Highline Foundation, which supplies funds to a number of campus programs and scholarships, is currently seeking donations from \$1 and up to support its projects.

When donating to the foundation, people can choose which program or scholarship they would like the gift to benefit, and contributions to the organization are tax-deductible.

Those interested in helping the Foundation can find out more or donate online at www.funds4highline.com.

Planned Parenthood comes to Highline

Women's Programs in combination with Planned Parenthood and Marci Reichert will present a free informational session.

The event will take place Thursday, Nov. 19 from 11 to 11:50 a.m. in the Mt. Skokomish room of Building 8.



Cody Warf/THUNDERWORD

Wren Friday, third from left, and his friends play a game of Hacky Sack outside.

Calendar

• This week's movie Friday will feature *Memento*. It will be shown Friday, Nov. 20 at 12:30 in Building 10, room 103. The film is co-sponsored by the International Leadership Student Council and the HCC Film Studies Program.

Memento won several awards including an AFI Film Award for Screenwriter of the Year for Christopher Nolan in 2002.

It was also nominated for two Oscars in 2002: for Best Editing by Dody Dorn and Best Writing, Screenplay Written Directly for the Screen, by Christopher and Jonathan Nolan.

• The Math Tutoring Center will host an upcoming workshop all about logarithms.

Understanding Logarithms will take place Thursday, Nov. 19 at 2:45 p.m. in Building 26, room 319 unless otherwise specified. This workshop is designed to help students bring together some of the high points of logarithms.

The Math Tutoring Center hosts weekly workshops, taught by Highline Faculty and Staff members, free to all students and are typically an hour in duration.

• The Highline Writing Center will host a workshop about how to write a portfolio cover letter.

Self Assessment & Writing Portfolio Cover Letters will take place Tuesday, Nov. 24 from 9 to 9:50 a.m. and Wednesday, Nov. 25 from 1:30 to 2:20 p.m. 4 to 4:50 p.m.

This workshop, geared for students in Writing 101 and 91/98 is designed to help students assess their own writing and write a strong portfolio cover-letter. Students are encouraged to bring drafts of their final portfolio to get the most out of the workshop.

• The Highline Marine Science and Technology (MaST)

Center will host Introduction to Footloose Disabled Sailing.

Founder and Skipper of Footloose Sailing, Bob Ewing will speak Saturday, Nov. 21 from 12 to 12:45 p.m. at the MaST Center.

For more information and directions to the MaST Center, visit <http://mast.highline.edu/>.

• Counseling and Women's Programs Health Series will present Using Art for Stress Reduction.

Dr. Gloria Rose Koepping, a counseling psychologist, will speak Thursday, Nov. 19 from noon to 1 p.m. in the Mt. Skokomish room of Building 8.

The event is free, and anyone can attend.

HOT JOBS

NEED A JOB? WE GOT JOBS!

Database Developer Asst. Part time #5701

Assisting on a database management system conversion project, which may include some Access database design & programming, user help desk services, troubleshooting & data integrity management. Some knowledge of Computer & Network systems, Databases and data formats, MS Excel, MS Access Databases & Database Design, VBA programming & MSSQL Server. Experience with Unix OS is also helpful.

Location: Enumclaw
Wage: DOE
Hours: 20/wk, flexible

Thinking of doing a winter internship or co-op? Now is the perfect time to look on Interfase for current openings and past employers. Don't forget to check in with your faculty advisor also to help determine how many co-op credits you'll be taking!

For more information about co-ops, these jobs and more, log on to www.myinterfase.com/highline/student

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CCI students come from around the globe

By **BRIANNA HOLT**
Staff Reporter

Some of them are studying travel. Some of them are studying information technology.

Some are from the Middle East, others from Africa, Asia and South America.

What unites them all is a program that has brought them to Highline, where they're learning about the United States and each other.

Each of the 12 students has earned a full year's scholarship to Highline for either a Tourism & Hospitality Management certificate or an Information Technology certificate.

Every year, students from several different countries compete for a full ride to the U.S. through the Community College Initiative, the Fulbright Commission, and the U.S. Department of State's Bureau of Educational and Cultural Affairs.

Some 150 students are chosen from Brazil, Indonesia, Pakistan, South Africa, Ghana, Cuba, Turkey, Central America and 225 from Egypt.

Highline is one of the few schools granted the opportunity to host these students in their education. This is the college's third year in the program.

Ahmed Saleh, of Egypt, had to wait three years to get into the program because of a change in the rules system; however, Aydin Tamer, of Turkey, had a different experience.

"The last day [my teachers] said I should apply and at 4:30 I went to the post office," Tamer said.

At first, the post office wouldn't send his letter. Defeated, Tamer started walking home. But moments later, he received a phone call.

It was a postal official. "[They said] 'you need to write your address correctly' and with



Victoria Saddler/THUNDERWORD

Students from around the world participate in the Community College Initiative program.

five minutes to go [until the deadline] I ran to the post office," Tamer said.

Teachers didn't have to persuade South African Luzahn Delpert to apply.

"For me, I always wanted to go overseas," said Delpert.

"[My teachers] called me two months before I finished college. They applied for me," she said. "All I had to do was bring it home and write down all my personal information."

Her mother was wary of her daughter leaving. She let her family know how she felt.

"I told them, 'I don't care. I'm going.' It was my dream to be here," Delpert said.

After each of the students completes her or his certificate, they are required to return home for two years. Each student makes the best out of what little time they have in the United States by getting involved on campus.

The students have founded the Cultural Exchange Club, giving them a chance to connect with other students.

"We are such a diverse campus that they just want to bring

everyone in," said Jennifer Granger, Cultural Exchange Club adviser and international program manager of international programs and grants.

"We have a lot of diversity and that is really amazing. I really like that," said Pollyane Carvalho Da Silva, a student from Brazil.

Some of the students say they feel more comfortable knowing that there are students from other countries in and around campus.

Ricky Ulim from Indonesia was excited to hear that people feel free to speak their native language.

"On the bus, no one speaks English," Ulim said.

Though the students appreciate the opportunity to be in the U.S., they miss the comforts of home.

"I miss my family because I'm the oldest daughter and I miss my mom, talking to her, and being with her," Lesly Aguilar Guzman of Guatemala said.

"I miss my family; my brothers, sisters, aunts and uncles," said Osama Elshamy of Egypt.

Many of the students are

missing out on events that are happening in their family's lives at home. This pulls their attention from their life here to their life in their home countries.

"I miss my family so much because I am the only son. My sister had a baby, and I miss my job," said Yousef Hussein of Egypt.

Luzahn Delpert's mother writes and calls her often, updating her on her family in South Africa. She shares in the excitement when a baby is born and in sadness when she hears of sickness and operations on her loved ones.

"Everything was good when we were home. When we left, everything went wrong," Delpert said.

Though she is far from her loved ones, Delpert said she is comforted to know that they are only a phone call away.

"It's much cheaper for me to phone home than for them to phone me," Delpert said.

The students are required to take Co-Op 139, an internship preparation class, and eventually they will research and find unpaid internships in their field.

The students are not allowed to hold paying jobs in the U.S.

All of the students said they find that schooling in the United States is different than the education styles of their own countries.

"The system and education is so different here because [the teachers here] want you to ask more questions, and they prefer more teamwork," said Lesly Aguilar Guzman.

"I think the main difference is [at home,] you spend more time studying in class. [In the U.S.] it is expected that you study more outside of class," said Thiago De Menezes of Brazil.

Volunteer work for resumes and applications is a familiar concept to students in the United States, but to the students, it is a motive for charity work.

"Here it is interesting; they try to do everything with volunteering," said Adriane Fonseca of Brazil. "It's not something we put on our resumes, we just do it."

The students have created their own family support system, calling each other when they need someone, supporting each other when something goes wrong.

The students say the program itself has created a family environment. Every student in the program has mentor families that they can go to when they need support; most of these families are directly affiliated with Highline.

"You try to engage with people," said Pollyane Carvalho Da Silva.

Many of the students have found surrogate friends and family members that remind them of loved ones from home.

"The people here are so friendly," said Yousef Hussein.

"Here, people have more sense of community," said Thiago De Menezes.

Students should seek out help when transferring

By **RACHELLE ECKERT**
Staff Reporter

There are five things students transferring to the University of Washington should know, a UW academic affairs official said.

Transfer students should work with advisers to plan out their educational future, said Patsy Wosepka, the University of Washington assistant director of undergraduate academic affairs.

Planning early for college is one of the best things a student can do, Wosepka said. It is important to plan ahead to make sure your educational career is lined up.

Planning early for college can include meeting with advisers.

"Work with advisers here to find out information on careers and transferring, because UW advisers are in close contact with Highline's advisers," Wosepka said.

Wosepka said students should understand their major. Students who want to be in a medical field may major in English or communication, not necessarily health, because communication is key in health fields, she said.

Understanding what different majors require is important, and advisers can help all students with this.

"Major does not equal career," said Wosepka. Students who major in business do not always get business-type jobs.

It is important to keep in mind the background education needed for various careers, she said.

Many programs at the UW are highly competitive.

This means there are many people who want to get into the program, and students are competing against each other to get in.

Students try to look better to admissions personnel by doing well in academics and volunteering, Wosepka said.

But that may not be enough,



Patsy Wosepka

she said.

Even with good grades and volunteer hours, students need extra boosts on transcripts that show admissions they are wor-

thy to get into competitive programs.

If students partake in job shadows and job internships, it stands out to admissions because it proves the student is determined, said Wosepka.

Wosepka said that students should try to find a college that fits them.

The UW has an event every Thursday called Transfer Thursday, at the Gateway Center, 171 Mary Gates Hall on the UW campus at 2:30 p.m.

It is an open house designed for anyone who is considering attending the UW to ask questions and get more information about the UW.

Editorial comment

Shooter shouldn't breed fear

Everybody at Highline was shocked to hear the fact that somebody that is a part of our community – albeit in the past – may have committed a serious violent crime.

Last Thursday, Nov. 12, Christopher J. Monfort was charged with murder.

The evidence in his case is mounting, but it should be noted that everybody has already put this case to bed before Monfort has been convicted of anything by a jury.

People should always be presumed innocent until proven guilty, even when it may seem fairly obvious what the outcome of the case will be.

False accusation and premature condemnation are how some innocent people's lives are ruined.

Nonetheless, Monfort was arrested and charged and now we can sigh collectively and ruminate about it.

People are undoubtedly looking around and asking themselves which one of their current classmates will turn to crime after, or even during, their time at Highline.

The only problem with that is it is unpredictable.

Highline has more than 300,000 alumni. There are bound to be a few among us that end up leading less-than-favorable lives.

That doesn't mean we should be suspicious and begin being more protective of ourselves or our possessions. Highline doesn't deserve to be judged based on this isolated incident, but on its legacy overall.

At the end of anybody's college experience, there will be some things they look back on and like and some things they won't like.

Part of the whole experience is letting different occurrences swirl around in people's minds and letting them form an opinion about it and draw on those memories moving forward in life.

Making friends, trying new things and even socializing with people we later find out are in jail make college more worthwhile.

When people walk across the stage at graduation and pick up their diploma, they are receiving proof of not only their academic qualifications, but their life qualifications as well.

Staff

I think he loves himself too much to commit to a girl.

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Men's health is a hairy subject

This month, women are less important than men.

Of course, I am exaggerating just a bit. However, every November, men around the world shed their vanity in hopes of raising awareness of health issues that affect all of us blessed with a Y chromosome.



Commentary
Liviu Bird

"Movember" (a combination of the words mustache and November) is a charity event held every year that involves men growing a mustache for the entire month without shaving, all the while telling people about the cause and getting them to support the movement.

"We get men to commit to donating their face for 30 days and act as a walking billboard for men's health," said Katie Thiele, project manager for the Movember Foundation in Venice, Calif.

The rules are simple: men – affectionately dubbed "mo bros" by the Movember Foundation – start Nov. 1 clean shaven and grow the most impressive 'stache they can. Meanwhile, they go to www.movember.com and register themselves.

Then, registered participants pass out their personal account number so friends and family can go to their specific site (their MoSpace) and donate money in their name.

Women can also get involved. "Mo sistas" can register online, get people to donate money through their own MoSpace and recruit men to the cause.

At the end of the month, official "mo parties" are held around the world. The foundation hosts many parties and people can register on the website to host their own parties as well.

At these parties, men dress up in costume in a way that best suits their mustache. Awards are given out for the most impressive face fur and for raising a large amount of money.

Party tickets cost \$10 each

through the foundation website. Admission is free for those who raise \$100 or more.

The money raised by the Movember Foundation goes to two bodies: the Prostate Cancer Foundation and the popular, yellow-banded Lance Armstrong Foundation.

The charity event started in 2003 "as a joke," Thiele said.

Adam Garone, CEO and co-founder of the Movember Foundation, who lived in Melbourne, Australia at the time, had a conversation with his friends about bringing back the mustache as a joke, Thiele said.

In 2003, there were about 30 participants – just Garone's family and friends. They raised no money and threw a party at the end of the month just for fun, Thiele said.

The next year, the founders decided to legitimize their campaign and wanted to partner with the Prostate Cancer Foundation of Australia. The foundation was reluctant because of their more conservative approach, but they were swayed when Garone and his new foundation raised \$55,000 for the cause.

To date, the foundation has raised \$47 million worldwide. In 2008, it raised \$1.1 million in the U.S. alone.

As for their prospects in 2009: "We've had an extremely strong start," Thiele said. "We're anticipating making a lot more [money] this year."

Thiele said that in 2008, 7,000 people were registered on their website, but through Nov. 3 of this year, 16,000 were already

registered, making Movember the world's largest men's health charity event.

As with many fundraising events, participants can form teams and compete against other teams to see who can raise the most money.

Prostate cancer is the most common non-skin cancer in the U.S., affecting one in six men. A non-smoking, generally healthy man is more likely to develop prostate cancer than colon, bladder, kidney, melanoma and lymphoma cancers combined, according to the Prostate Cancer Foundation website.

Men are 35 percent more likely to develop prostate cancer than women are to develop breast cancer, according to the foundation website.

One cancer that affects strictly men is testicular cancer.

Lance Armstrong, winner of seven Tour de France bike races in a row from 1999 to 2005, was diagnosed with an aggressive form of the cancer in 1996, before he became famous as a champion of both athletic competitions and human spirit.

Armstrong published a book, *It's Not About the Bike: My Journey Back to Life*, which details his fight with cancer.

He spent three months in the hospital, getting chemotherapy treatments and effectively fighting his way to another lease on life. Since then, he started Livestrong, the Lance Armstrong Foundation, to fight testicular cancer.

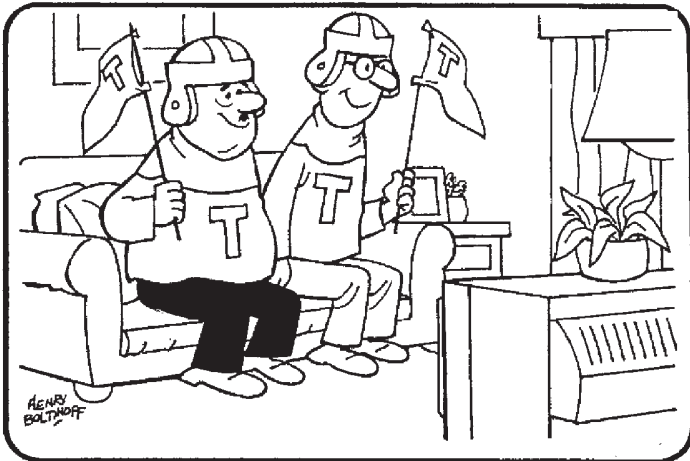
Any man could develop one of these deadly diseases. Awareness and donations are the best way to fight it.

If you would like to donate money to the Movember Foundation through my account, go to us.movember.com/mospace/330330.

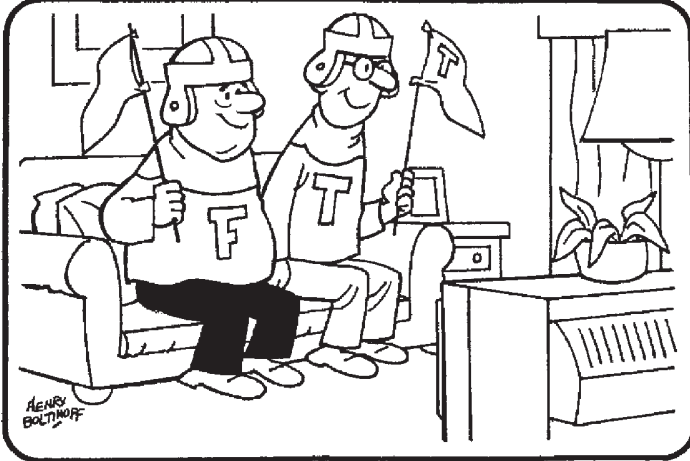
Just because you can't see Liviu's mustache doesn't mean he doesn't have one.

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Letter on flag is missing. 2. Mustache is gone. 3. Vase is missing. 4. Drawer knob has been added. 5. Letter on shirt is different. 6. Plant has fewer leaves.

Trivia test

by Fifi Rodriguez

1. ANIMAL KINGDOM: What would a group of emus be called?
2. LANGUAGE: What is a synonym for jejune?
3. MYTHOLOGY: In the mythical Greek tale, what was the name of Jason's ship used in pursuit in the Golden Fleece?
4. AD SLOGANS: Which company's ads claim its services are "So easy, a cave-man can do it"?
5. FAMOUS QUOTATIONS: Who once said, "Our lives begin to end the day we become silent about things that matter"?
6. MEDICAL TERMINOLOGY: What is a more common name for the medical

- condition called cyesis?
7. TELEVISION: Who used to sign off his program with the words, "Good night and good luck"?
 8. LITERATURE: Who was the author of the novel *Zuckerman Unbound*?
 9. MOVIES: In which film is *The Children's Marching Song* performed?
 10. GEOGRAPHY: What is the largest bay in the world?

10. Bay of Bengal
9. *The Inn of the Sixth Happiness*
8. Phillip Roth
7. Edward R. Murrow
6. Pregnancy
5. Martin Luther King Jr.
4. GEICO
3. The Argo
2. Dull
1. A mob

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Arts Calendar

•Highline's fall Chorale concert will feature vocal and instrumental performances from the entire Music Department.

The performance will showcase the Chorale, Vocal Jazz Ensemble and soloists, piano duets, and guitar soloists.

The concert will be held Thursday, Dec. 3 in Building 7 at 7:30 p.m.

This event is free and open to the public.

•The Highline Drama De-

Last week's Weekly SUDOKU

Answer								
3	1	8	9	2	6	7	4	5
4	9	2	5	7	1	8	6	3
5	7	6	8	3	4	2	9	1
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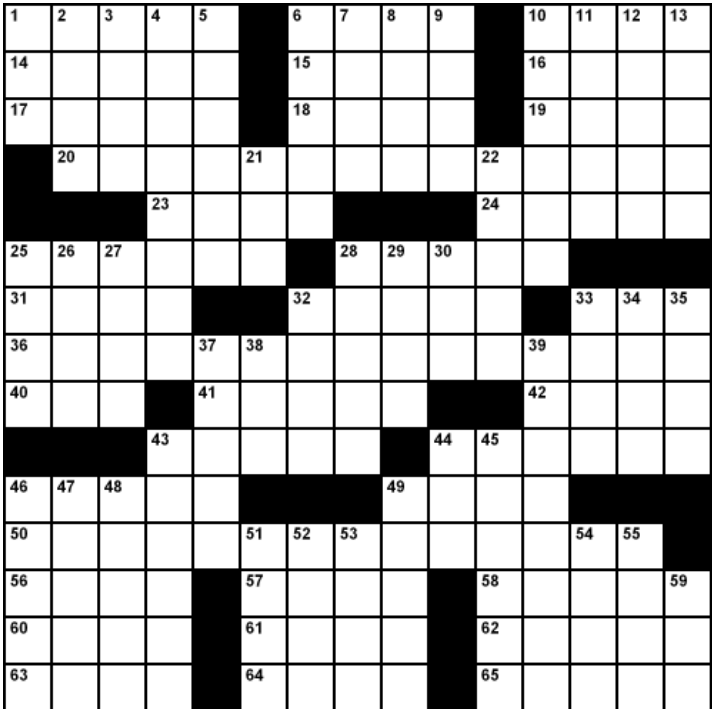
partment production presents John Guare's social satire *Six Degrees of Separation* at 8 p.m. Nov. 19, 20, 21 and Dec

Roadside Warnings

- Across
1. Olympian Janet
 6. Ladies' man
 10. Nuts or bananas?
 14. Himalayan home
 15. Andean home
 16. Finished
 17. Largest Greek island
 18. Precedes room or area
 19. Out of here
 20. Warning seen in winter
 23. Curved molding
 24. Fills with cargo
 25. January's birthstone
 28. Closet wood
 31. Concept
 32. Hammerin' Hank
 33. Soda
 36. Common warning in the mountains
 40. Attempt
 41. Track events
 42. Killer whale
 43. Overly large
 44. Type of necklace
 46. Coach preceder
 49. Injure badly
 50. Warning often seen in neighborhoods
 56. Was a passenger
 57. Excessively dry
 58. Former Argentine dictator
 60. Manipulative one
 61. Type size
 62. Prelim
 63. Dream locales?
 64. Appear to be
 65. German industrial city
- Down
1. Business letter abbr.
 2. Action word
 3. Copycat
 4. DC athlete
 5. Hammer type
 6. Binge

Crossword 101

By Pete Canty



7. Really pour
8. Bear in the sky
9. "Reporting for ____"
10. Mark your page, perhaps
11. Go around
12. Thief's customer
13. Low poker pair
21. "____ lost!"
22. Type of check
25. Present
26. Hebrew month
27. Depend (on)
28. Bistro menu
29. God of love
30. Elmer, to Bugs
32. Eons
33. Ham or bacon
34. In the past
35. Bartlett, e.g.
37. Fix firmly
38. Formerly named
39. Photographer's accessory
43. Leering sorts
44. Garfield, e.g.
45. Flower child
46. Prepare for surgery
47. Not these
48. Helped
49. Sir's counterpart
51. Emulates Jay-Z
52. New York county
53. Riviera city
54. Crafts' partner
55. Bygone era
59. Prefix with profit

Quotable Quote

Modern man drives a mortgaged car over a bond-financed highway on credit-card gas.

• • • Earl Wilson

By GFR Associates • • • Visit our web site at www.gfrpuzzles.com

Last week's crossword solution

IN A STABLE CONDITION

S	E	R	F	S		A	G	R	I		S	K	I	D
A	Z	U	R	E		B	A	A	S		T	O	N	O
A	R	E	A	S		E	R	I	E		A	R	C	O
B	A	R	N	S	T	A	B	L	E		B	E	A	R
				I	A	M				A	L	A	N	S
V	I	A	C	O	M		R	O	S	I	E			
E	N	R	O	N		M	E	T	E	R	M	A	I	D
E	R	I	N		T	A	P	I	N		A	L	S	O
S	E	A	S	H	E	L	L	S		S	T	A	L	L
			T	A	L	L	Y		D	I	E	S	E	L
S	A	D	A	T				R	O	T				
T	R	I	B		A	D	J	U	S	T	A	B	L	E
O	R	A	L		R	E	A	L		E	M	A	I	L
L	O	N	E		L	A	N	E		R	E	B	E	L
E	W	E	S		O	N	E	S		S	N	A	R	E

3, 4 ,5, in the Little Theater, Building 4, room 122.

Tickets are \$8 general admission and for \$7 students. Tickets are available at the door on the evening of performance.

•Got arts news? Con-

tact the arts editor, Courtney Sankey by calling 206-878-3710, ext. 3317, or by e-mail at csankey@highline.edu.

Campus events will get priority, but all non-campus

items are welcome.

Please include time, date and location of the event, plus contact information.

Weekly SUDOKU

by Linda Thistle

		1			4				9
			3	9		8	6		
4				7				3	
1		4	3					2	
	6				2				5
9						6	3		
	7			2	8		4		
5					3			1	8
		9				1			7

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★ ★ ★

★ Moderate ★ ★ Challenging
★ ★ ★ HOO BOY!

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The Thunderword / November 19, 2009

Bodies exhibit is creepy yet enlightening

By **COURTNEY SANKEY**
and **SHANNON SEVEREID**
Staff Reporters

Bodies of all ages are coming to downtown Seattle to meet their newest neighbors - the dead.

Seattle is playing host to BODIES...The Exhibit for the second time in three years. The exhibit was last here between September and December 2006.

BODIES...The Exhibit is an interactive gallery of what our bodies look like from the inside out. The catch is that instead of using plastic replicas, they use actual human remains that have been donated and preserved.

The show is exactly what it sounds like. It takes the remains of people and literally strips them down to the muscles, bones, tendons and organs.

The exhibit has been very popular with people either in or preparing for a career in the medical field.

A group of radiography students from the Northgate campus of PIMA Medical Institute came to the exhibit on a school field trip.

"This exhibit gave me a better understanding of the human body," Hannah Luft said.

The exhibit breaks down the human body into the different systems that people know: circulatory, nervous, muscular, reproductive, respiratory, as well as the different organs.

It makes it easy to follow and gives you a better understanding on how each part works with the others.

Being able to see preserved organs was the highlight of the exhibit for Heather Simmons, another radiography student.

"It gives a better visual, proportion-wise, of the size of the organs," Simmons said.

The facts displayed throughout the entire facility about the human body, especially about strokes in the brain, were very eye-opening, she said.

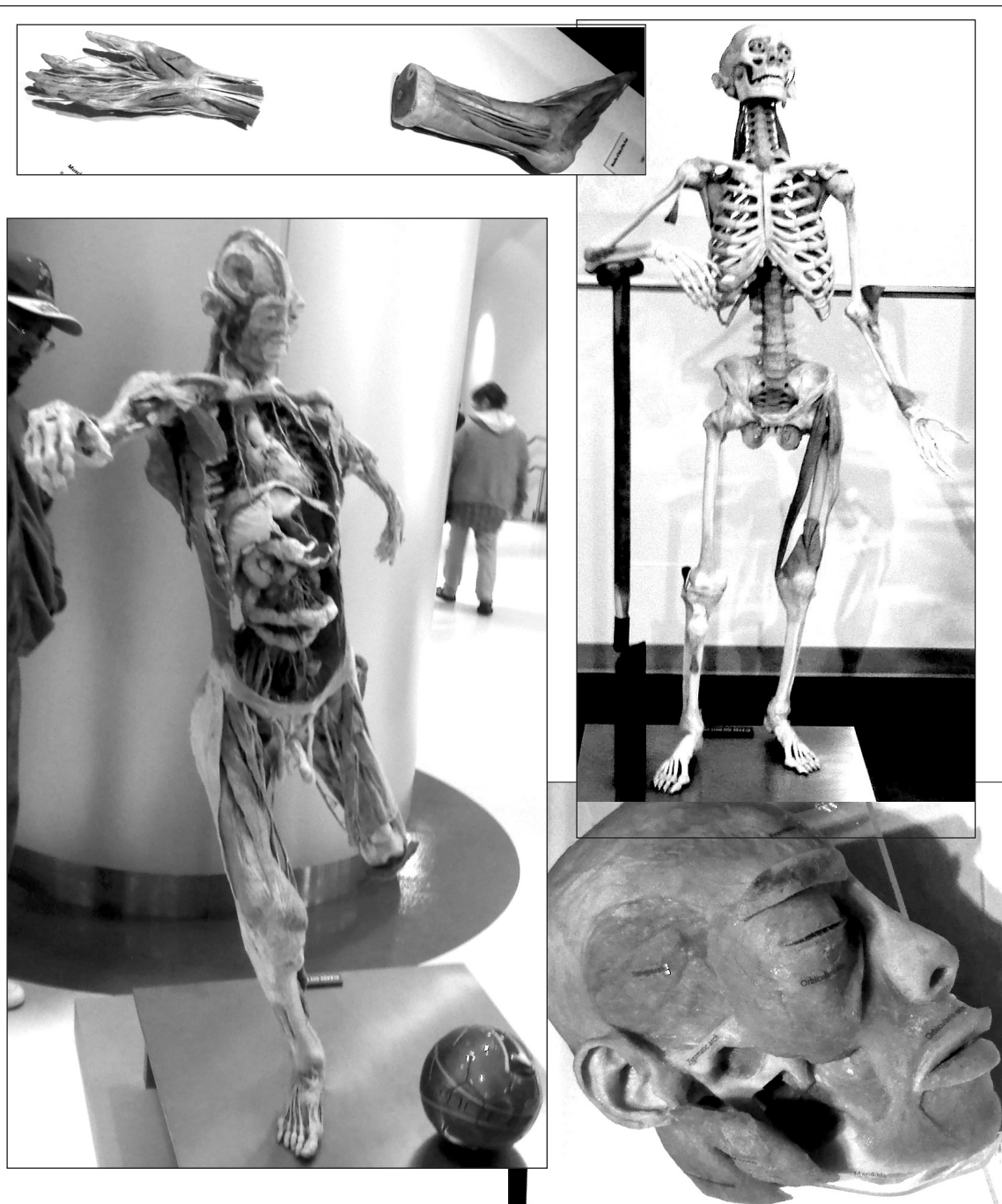
Liz Zebold, a massage therapist, said that it is interesting to see the muscles she is working on when she helps patients.

"I brought my daughters, Brynn and Ariana, for educational purposes. It is important to understand what we're made of, how things work and to understand our bodies," Zebold said.

This exhibit gives a greater understanding and appreciation of humanity and being human, she said.

One of the most controversial aspects of this exhibit has been the origin of the bodies and has been the talk of many of the viewers attending the exhibition.

"We don't know where these bodies came from. My daughters



Cody Warf/THUNDERWORD

Several pieces at the exhibit: Each one goes through a liquid silicone rubber preservation process. These pieces show how the body works as one, while highlighting each individual system.

ters kept asking me, 'whose family said this was OK?'" Zebold said.

While Zebold didn't have the answers that her daughters were searching for, a spokeswoman for BODIES... The Exhibition, Katherine Seymour, did.

"All of the specimens in BODIES...The Exhibition were obtained through a plastination facility in Dalian, China, who in turn obtained the specimens from medical universities in China, including Dalian Medical University," said Seymour.

"China has a large and highly competent group of anatomists and dissectors, who are essential to properly preparing these specimens for exhibition and educational purposes."

The human specimens used in medical schools around the world are donated or unidentified bodies, Seymour said.

The preservation process used for the bodies in the exhibit is called polymer preservation, Seymour said.

"This is a revolutionary technique in which human tissue is permanently preserved using liquid silicone rubber," Seymour said.

"This process prevents the natural decay process, making

specimens available for study for an indefinite time period."

During this process, all of the water in a specimen is replaced with acetone; then the specimen is placed in a vacuum chamber where the acetone is replaced with the polymer mixture, she said.

"The end result is a dry, odorless, permanently preserved specimen containing no toxic chemicals," Seymour said. "It retains the look of the original, but functions as if it were rubber."

The length of this process varies. A smaller organ can take approximately a week, but a whole body may take up to one year, she said.

At the exhibit there is a station that allows you to be able to pick up and feel some of the preserved organs so that you can get a better understanding of what and how everything fits together in your body.

People in white medical coats are also walking around with giant "ask me" buttons to answer any and all questions that you may have.

There is a certain creepy factor that may get to people in this exhibit. After all these were once living, breathing, moving,

talking people.

There is one room that has a disclaimer, and it is the one that follows the development of a human fetus. It warns people that what they are about to see may be hard for some and that they should not enter if they have any qualms with it.

That room is the most silent place in the entire exhibit and is very sobering. It is definitely not for the faint of heart.

For those who have gone before this exhibit will be a let-down, since it is a smaller, more condensed version of the original. But for those who have never gone it is worth a visit, for the education side of it as well as the curiosity side.

The exhibit is now showing and will be till mid-April. The gallery is open Sunday through Thursday from 10 a.m. to 7 p.m., and Friday and Saturday from 10 a.m. to 10 p.m.

Tickets can be purchased at the door or online with prices as follows: \$19 for adults, \$15 for seniors 65 and over, \$14 for children ages 4-12 years old, free for children age 0-3 years old and \$15 for college students with a valid ID.

Visit bodiestheexhibition.com for more information.

Theater dress etiquette no longer exists

I am a self-proclaimed art lover.

Whether it is ballet, opera, musical or regular theater, art galleries, or improv. I go whenever time and money allows, seeing as how it can be quite expensive to go. There are the tickets, parking, gas, taking time off of work for some and dinner.

One of the best reasons for going to the theater is the fact that you get to get dressed up. On my last adventure downtown to see *Wicked*, one of my favor-



Holding Court

Courtney Sankey

ite musicals, I was appalled to see people in jeans and a t-shirt.

Whenever I go to the theater, ballet, opera, whichever, I always dress appropriately. It may be due to the fact that I have a theater background and I know what the proper dress etiquette is. It also could be the fact that maybe I was just born in the wrong time period and should be living in the early 1900s.

Whatever the case may be people just do not dress up to go out anymore.

The night of my theater experience I saw more people in jeans and a shirt than in dress pants, a button down shirt and tie.

Going out to the theater should be a fun and exciting experience. Something that you should look forward to and getting dressed up should be part of it.

When going to the theater, such as The 5th Avenue or The Paramount, men should be wearing a nice pair of dress slacks, a button down shirt and a tie. They should also have dress shoes and a nice jacket. Women should be wearing a nice dress, skirt and top or dress pants and a nice top. Dresses are not full length, but should be about knee length, nothing shorter.

The same applies to the ballet, but dresses and skirts for women are more appropriate than slacks.

The opera is the time and place for women to dress to the nines. Long dresses are worn here. They do not have to be ball gowns, but they should be longer.

The only place I should see jeans is at a community theater. They should be nice, with no holes, stains or frayed cuffs. With that you would pair it with a nicer top, something that you would wear to a job interview.

Courtney is her own star.

Harmonica Pocket strikes a chord with kids

King County Library System is offering free Thanksgiving fun for the family through November

By **JOANNA WOODS**
Staff Reporter

A kazoo, a wah-wah guitar, a basket of fresh vegetables, a hula hoop, and a harmonica – these aren't items you would think you might stumble upon in a library.

However, on Tuesday, Nov. 17 all of these items, plus a pair of highly energetic performers equipped with several other strange props, were found entertaining children and their parents at the Des Moines Library.

Nala Walla and Keeth Apgar are the dynamic duo of the kid-friendly, indie-pop band called Harmonica Pocket that has been touring local libraries for a Thanksgiving themed sing-along called "Singing Thanksgiving."

Though just the two of them are performing at the libraries there are two others in the band as well, Jon Ryser, saxophone, and Lorne Watson, congas.

Pocket was started up by Apgar who after he was asked to perform a show at a preschool, decided to start dedicating some time to writing children's music and performing at local schools.

"Nala and I put together a little show, a children's show with some movement, music, and some props and after that show, they told us we did the best job that anyone had ever done," he said.

The duo preformed their Thanksgiving show at the Des Moines Library on Tuesday, Nov 17.

Apgar said they wanted to do a show that they could do once a year.

"We came up with Thanksgiving. We thought it would be a good American holiday – non-denominational, all inclusive, really nice themes of food and appreciation, and giving thanks for the harvest and all the other things we have in our lives," he said.

The show had the children singing and moving along with the simple choreography to the acoustic story-songs and their original renditions on some classic American folk songs.

"There's some what we call games that we do as well, which are just outside the box, playful, kind of pro creativity games that we would play with the kids and for the kids," he said.

Apgar said the Thanksgiving show has a lot of songs that let the audience join in the fun.



Joanna Woods/THUNDERWORD

Nala Walla, left, and Keeth Apgar, right, of the child friendly group Harmonica Pocket entertaining young children and their parents with song and dance at the Des Moines Library Tuesday, Nov. 17.

"Many of them are Thanksgiving themed that we've come up with. One is a very interactive song called Give Thanks, where we ask people to share with us what they're thankful for and we put that into the song," he said.

Walla dances and often incorporates a Hula Hoop into her routine. Apgar accompanies her with various instruments such as a ukulele, a harmonica, or a guitar.

"The Hula Hoop keeps everybody focused and happy," he said.

The group just recently started to do performances in libraries. Apgar said that it's really fun to be invited to make noise in a library for a change.

On Tuesday's performance the duo played their rendition of American Folk tunes such as Over the River and Through the Woods, Turkey in the Straw, and an original piece called Ladybug 123.

The show was interactive along with being fun and educational. The children got to practice their counting on Ladybug 123.

The children also learned the names of vegetables during a song where Walla went around and had them pick a vegetable out of a basket and identify it.

Apgar said that currently a lot of his work has been focused on performing kid-friendly songs.

"Right now the opportunities that have been coming in are primarily kid's music gigs," Apgar said.

Harmonica Pocket is an award winning children's group, taking home the Parent's Choice Award for their CD, *Ladybug One* that they released in 2008.

All together the band has

released five albums over the last 12 years. They all are kid friendly, but are also written for the parents to enjoy too.

Even though Harmonica Pocket releases mainly children's music, Apgar said they also do covers and write some adult friendly songs.

"We definitely have some

adult music, we have a lot of Beatles covers, Bob Dylan, just great songs, I'm always on the search for great songs whether they're classics or obscure songs from the past," he said.

For more information on Harmonica Pocket and upcoming shows visit www.Harmonicapocket.com.



•Highline Drama Department presents *Six Degrees of Separation* by John Guare. The show opens tonight, Nov. 19, and will run the weekends of Nov. 19, 20, 21 and Dec. 3, 4, 5. All shows start at 8 p.m. in Building 4, the Little Theater.

You can purchase tickets at the door. Ticket prices are \$8 for general admission and \$7 for students.

•Burien Arts is sponsoring their second annual 20/20 Vision Art Sale. The sale is Saturday, Nov. 21, doors open at 6:45 p.m. with the actual art buying starting at 7 p.m. and going till 10 p.m.

The art sale is being held at Karuna Arts Yoga Studio located at 819 SW 152nd St. Please go to burienarts.org for more information.

•Auburn Symphony Orchestra will be performing *Brass Through the Ages* on Sunday, Nov. 22. The show starts at 4 p.m. at St. Matthew Episcopal Church located at 123 L St. NE Auburn.

Tickets can be purchased at the door or in advance. Ticket prices are \$15 for adults and \$10 for students. Visit auburnsymphony.org or call 253-887-7777 to purchase tickets.



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Victoria Saddler/THUNDERWORD



Cody Warf/THUNDERWORD

Ricky Ulim, top left, explains his west Indonesian costume, while Luzahn Delport and Lesly Aguilar talk about their costumes from South Africa and Guatemala, below. Students learn Brazilian dance steps, above.

AROUND THE WORLD

without leaving Highline



Cody Warf/THUNDERWORD

Carlos Bonfim and Adriane Fonseca demonstrate a Brazilian dance step, above, which other students later try to learn, right.



Victoria Saddler/THUNDERWORD

Students from several countries shared the culture, dance and dress of their homes on Tuesday in the Student Union.

International Education Week featured students from the Highline Cultural Exchange Club. Students gave presentations about language, culture, home life in foreign countries, soccer, dance, fashion and origami.

Several of the students are at Highline as part of the Community College Initiative

Program, which brings students to the U.S. from all over the world.

Students visiting Highline this year as part of this program come from Egypt, Brazil, Turkey, Guatemala, South Africa and Indonesia.

Presentations will conclude today with “A Glimpse of the World” all day in the Student Union, Building 8.

See related story, photos on page 3.



Tournament could be a toss-up, coaches say

By BRIAN GROVE
Staff Reporter

Coaches agree, this week-end’s NWAACC volleyball championship is up for grabs. The NWAACC volleyball championships will take place Nov. 19 – 21, at Mt. Hood College in Gresham, Ore.

Highline opens tournament play on Thursday, Nov. 19 against Skagit Valley at 4:30 p.m. If they win, they will go on to play either Blue Mountain or Clackamas in the second round. They will have to win at least four games to place in the double elimination tournament.

Any one of the 16 teams competing has a shot to bring home the big trophy.

The teams competing include Bellevue (28-8), Whatcom (24-10), Skagit Valley (15-10), Shoreline (11-17), Blue Mountain (37-6), Spokane (28-12), Wenatchee Valley (22-17), Columbia Basin (24-16), Tacoma (38-4), Highline (30-12), Pierce (23-12), Lower Columbia (20-22), Mt. Hood (29-9), Chemeketa (29-17), Linn-Benton (13-18) and Clackamas (19-23).

Although any team is capable of winning the tournament, there are a few favorites among the coaches around the league. “There are a lot of top teams, Tacoma, Blue Mountain, Pierce and Mt. Hood,” said Spokane Head Coach Jenni Rosselli. Rosselli said her team’s greatest strength is its ability to work well as a team and play to the end. “We’ve got a pretty solid group of women who work well.



Jenni Rosselli



Brian Grove/THUNDERWORD

Jennifer Mooth spikes against Lower Columbia in the Lady T-Birds’ final regular season match on Wednesday, Nov. 11. The Thunderbirds begin play in the NWAACC volleyball championships today in Gresham, Ore.

We’ve got plenty of weapons, but our biggest strength is working well together,” she said. “I expect our team to compete for every point of every match. We’ve put a lot of work into our strength and conditioning and we’re ready to have a great tournament.” She also said Highline will be a contender. “I think Highline’s got some amazing coaches and they will go far in the tournament.” Angela Spoja, head coach of the West Division champion Tacoma Titans, said the high seeding doesn’t affect their outlook on each game. “Well, we have been voted to win in the last four NWAACC polls. But every coach knows that it is anyone’s game and you have to show up to play,” she said. “At this point in the season everyone is fine-tuned and ready to play, so we will see.” Spoja said the team’s biggest strength is that they play clean.

“They don’t make a lot of mistakes, but when they do make a mistake they come right back,” she said. “We try and make ourselves a ‘one and one’ team. One error then come back with one point. We also have a great offense so it makes it hard to get points against us. If our offense is on, then we will do well.” She also expects Highline to do well. “I expect Highline to take top five,” she said. Highline clinched a playoff berth on Friday, Nov. 6 when they melted the Clark Penguins out of their own igloo, 25-23, 20-25, 22-25, 25-17 and 15-13. Highline Head Coach Chris Littleman said the team played all right, but more importantly, he saw some of the “killer instinct” the coaching staff has been looking for all season. The team displayed more of its new-found gusto against Lower Columbia On Wednesday, Nov. 11 in the last match of

regular season play. The Lady T-Birds quickly sent the Red Devils to heaven, 25-11, 25-22 and 25-14. Littleman said the fire that came out against Clark was something they tried to emulate against Lower Columbia. “Against Clark we had to fight,” he said. “It wasn’t skill or luck. The ladies said it felt good, so we tried to mimic it.” Littleman said the team is focusing on playing with lots of energy and playing each point as if it’s their last. He said being efficient and consistent are the most important. One thing the team needs to be careful of is injuries. With only eight players, the Lady T-Birds will need to stay healthy and be prepared to get a lot of playing time. “If somebody gets hurt, then it completely changes the team dynamic,” Littleman said. “But they know they’re not going to get pulled out for playing bad.

They know they’re on the court, they know their job and they’re not looking over their shoulder to see if someone’s going in for them.” Littleman said he expects that if the team matches up against Spokane, it will be a tough match. “Spokane is not the only thorn in our side, but they still are a thorn because we have not beaten them this year,” he said. “But the only game that matters is the one time at NWAACC. Whoever wants to show up and play us should be ready. I think we are one of the sleeper teams that no one is accounting for.” Littleman said the team has worked on getting healthy and having a winning mentality for NWAACCs. He expects his team to be the underdog champions. “Being 100 percent healthy, and having a giant chip on our shoulders. The team that plays the hungriest is going to win. We want that to be us.”

Cross country teams finish mid-pack at championships

By AMANDA LEBEAU
Staff Reporter

Highline’s cross country team finished seventh in the women’s race and sixth in the men’s at the NWAACC championship meet in Battle Ground last Saturday. “I am thrilled that everyone had a good last race. Everyone was ready for this race,” Coach Josh Baker said.

The Thunderbirds competed against Clackamas, Clark, Everett, Lane, Mt. Hood, Skagit Valley, Spokane, Southwest Oregon and Treasure Valley in the women’s five-kilometer race and the men’s eight-kilometer. Everett won the women’s race and Spokane won the men’s. Baker said it was no real surprise that those teams won and that he was happy with his

team’s results. Leading Highline in the women’s race was Ashley Densmore who finished 23rd out of 56 runners with a time of 20:25. Following her was Kalee Cipra, 28th in 20:41; Ashley Hamman, 20:57; Amy Greenwood, 45th in 23:23; Cassie Barber, 48th in 23:49; Maria Gonzalez, 51 in 24:50; and Catherine Nalley, 54th in 27:19.

For the men the leader was Ryan Eidsmoe who finished 23rd out of 70 runners with a time of 27:22. Following him was Colby Peters, 26th in 27:40; Bryce Rainwater, 42nd in 28:38; Paul Huynh, 43rd in 28:39; Austin Allen, 49th in 29:03; Bill MacDonald, 50th in 29:06; and Cory Richardson, 53rd in 29:15. Now that the season is com-

plete the team can take it easy for a while. “The runners need to take a little break and let their bodies and minds recover,” Baker said. He, on the other hand, is already working hard recruiting and doing off-season training. Baker wants to make sure that Highline has enough people to compete as a team in 2010, he said.

Wrestling is ranked and ready to start season

By JONATHAN BAKER
Staff Reporter

Highline’s wrestling team split its first two dual meets while making a strong showing at an open touranment.

After duals against Cerritos Community College and North Idaho College and participating in two tournaments in Oregon, Highline will make a trip to the California State-Fullerton Open.

Highline will only be taking their starters to this tournament, which promises stiff competition against lots of NCAA Division I wrestlers.

Preseason rankings have been released by Intermat.com.

Highline is projected seventh as a team which is the highest ranking Highline has ever achieved.

Highline has five wrestlers who are ranked. Justin Purvis is ranked No. 4 at 125 pounds; Aaron Smith is ranked No. 3 at 133; Jason Gray is ranked No. 10 at 149; Marshall Giovaninni is ranked No. 2 at 157; and David Lopez is ranked No. 4 among heavyweight.

Smith (4-1) said that there is still a lot of work to do.

“I’m not All-American yet,” he said. “I still have to wrestle through the season.”

Gray is excited about the ranking. “The highest I have



Cody Warf/THUNDERWORD

Highline’s Spencer Kabelac works a double leg take down on Zach Burnett during a recent practice.

been ranked before was 21st after Greco-[Roman] Nationals last year.”

“Gray has put in a lot of work over the summer and worked hard,” said Assistant Coach Brad Luvass. “All of our wrestlers have the potential to be All-American if they put in the

amount of work it takes.”

Gray said that he has high goals for the season including a top four finish at nationals, but knows it’s not guaranteed.

“I have to earn it,” said Gray.

Gray sees his strongest opposition in the league coming

from Eric Luna of North Idaho College.

“Right now I am 2-1 against him. I want to stay ahead of him all season. We will be first and second at regionals.”

Victor Ognaskie will be wrestling at heavyweight in place of Lopez. “He has a small tear in

his PCL [posterior cruciate ligament],” said Luvass. “He’ll be back in a few weeks and it’ll be fine.”

Lopez says he’ll be back, “as soon as I can.”

Highline will host its first home dual on Tuesday, Dec. 1 at 7 p.m, against Yakima.

Men’s soccer ends with loss to Walla Walla in quarterfinal

By KURTIS LOO
Staff Reporter

The men’s soccer season came to an end in the quarterfinal round of the playoffs when they lost 1-0 to Walla Walla on Saturday, Nov. 14.

The game was scoreless until Walla Walla’s Marco Acevedo scored on a volley from a free kick, six yards out, in the 82nd minute.

Highline (4-6-3 league record, 10-9-3 overall) players say they controlled the game but weren’t able to score.

“We had a good plan coming into the game and the boys executed it well. Unfortunately, at the end of the day, it was their keeper who made a big save early and their leading scorers who hooked up on a goal late,” Head Coach Jason Prenovost said.

“We played well as a team. We were dominating them but we couldn’t finish our chances and they did,” Highline team captain Jarret Thomas said.

Walla Walla (9-3-1 league record, 13-3-1 overall) will move on to the semifinal round and play Chemeketa (12-0-1 league record, 18-0-2 overall) at Starfire Stadium on Saturday at 4

p.m.

In the other semifinal match, Spokane (7-3-3 league record, 9-8-4 overall) will take on Bellevue (7-2-4 league record, 12-4-4 overall) following the Walla Walla game.

The losers will play for third place on Sunday at 12 p.m., followed by the championship game at 4 p.m.

Thomas was disappointed that their season ended earlier than he wanted, but he’ll take memories forward that he won’t forget.

“One of my best moments was when I scored that goal against Tacoma to put us into the playoffs. Also, [the coaches] Jason, Jesse [Wheelock] and Steve [Mohn] were great influences on making me a better player and person,” he said.

Prenovost described the season like a “rollercoaster.”

“It was a tough season and I know there were people who gave up on us. However, none of the coaches or players did and their hard work was rewarded with results late in the season,” he said. “In many ways, this year was as rewarding a year as any I have had coaching at Highline. We could have easily given up.

However, the team continued to improve and finished the season with a lot of pride.”

Prenovost said their goals for the season have been met, which were to make the playoffs, sustain a competitive environment that will build leadership for next season, and help develop second-year players so they are prepared to move on to four year programs.

The T-Birds will have to wait until 2010 to have another chance at the NWAACC championship.

Sophomore captain Thomas thinks that next year’s team will be good as long as they stay in shape during the offseason and be focused on learning and adapting to the college game.

Prenovost hopes that the work done by the T-Birds this season will be the building block they can use for next season.

“This team has had to work through a lot of adversity this season, beginning with our first day of training camp and ending with our final game in Walla Walla,” Prenovost said.

“Despite numerous challenges, we were playing some of our best soccer at the end of the season and were in position to chal-

lenge for a championship. I’m impressed with the persistence to improve and the leadership that began to emerge at the end of the season. I look forward to us carrying that momentum into

the offseason and into 2010,” he said.

The men’s soccer team will be experienced in 2010 as 19 of their players will become sophomores next season.

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Winter Quarter 2010

Item No. 1196

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Men’s b-ball opens season against Peninsula

By CHRIS WELLS
Staff Reporter

The Highline men’s basketball team will try to get the season started off on a good note when they take on the Pirates of Peninsula this Saturday at 7 p.m in Port Angeles.

Last year, the T-Birds finished with a final record of 22-9, 15-1 in league play, finishing first in the West Division.

At the 2009 NWAACC tournament, Highline beat Columbia Basin and Olympic before falling to Lower Columbia in the semifinals. They moved on to play in the third place game against Yakima Valley, but lost and finished fifth.

Although Highline is only returning four players from last season, the expectations are lofty, as always, for the T-Birds. Highline Head Coach Ché Dawson said that he wants to see more out of his team than he has seen in early-season scrimmages.

“I expect us to compete hard and play smarter than we have up to this point,” he said.

Dan Young, a 6’10” sophomore and Highline’s only returning starter, said that the game against Peninsula will be important to get the team building toward league play.

“I expect the team to take our last few scrimmages as learn-



Bill Schlepp/THUNDERWORD

Forward Jon Morine (left) watches as freshman guard Darnell Williams (right) goes for a lay-up during practice.

ing experiences and build on the things we didn’t do well, so we can move closer to playing how we are capable of playing,” Young said.

“This game will be part of the building process we are going through to be able to play at our highest level, which we will need to be as close to as possible

once our regular season games start,” he said.

“We would love to come out of this game with a win, but more importantly, we want to take steps forward in our team’s development.”

On the other end of the court will be a Peninsula team who ended with a record of 10-17, 7-9 in league play, as they finished sixth in the North Division a year ago.

Dawson said although he isn’t too familiar with the Pirates team this year, he has a general idea of what they will bring to the game.

“I don’t know much about them,” Dawson said. “They lost quite a bit from last year. One constant with them is they always play extremely hard and physical. They will not make anything easy.”

With just three returners, Peninsula will be trying to rebound from an off year and return to the NWAACCs for the first time since 2007-2008. One player of note coming back for the Pirates is Christian Manzanza, a 6’4” guard from Gosselies Providence, Belgium.

Manzanza averaged 3.81 points and 4.42 rebounds a game last season in limited minutes and was selected as a player to watch by Peninsula Head Coach Peter Stewart.

Having so many new players,

Stewart said he hopes to see all newcomers and returners make an immediate impact.

“With eight new players on an 11-man roster, we are just now figuring out where the gym is and what time practice occurs,” Stewart said. “We hope to have all 11 players contribute to our team in one way or another.”

Although Stewart isn’t too familiar with the T-Bird players, he said he knows what to expect out of a team coached by Dawson.

“You know you are always going to see a group of young men that are prepared and play the game the right way,” Stewart said. “We have the utmost respect for what Coach Dawson, his coaching staff and players have done over the past couple of years since Coach Dawson took over the program.”

For Highline to get to the game on Saturday, they must first travel two and a half hours to Port Angeles. One of the newcomers, Wade Moyer, a 6’1” guard from Portland, said the trip will be a factor in how the team gets ready for the game.

“The main challenge is preparing ourselves mentally,” Moyer said. “It’s a pretty long trip, so our focus is what will most likely determine the outcome of our game on Saturday.”

Scoreboard



Volleyball standings		
West Division		
League/Season		
Tacoma	11-1	38-4
Highline	9-3	30-12
Pierce	8-4	23-12
Clark	5-7	17-19
Low. Col.	5-7	20-22
Gr. River	4-8	7-24
East Division		
Blue Mountain	13-1	37-6
Spokane	12-2	28-12
Wen. Valley	9-5	22-17
Columb. Basin	7-7	24-16
Walla Walla	7-7	23-18
Treasure Valley	6-8	14-13
North Division		
Bellevue	11-1	28-8
Whatcom	10-2	24-10
Skagit Valley	8-4	15-10
Shoreline	6-6	10-17
Edmonds	5-7	16-21
Olympic	2-10	3-35
South Division		
Mt. Hood	10-0	29-9
Chemeketa	8-2	29-17
Linn-Benton	5-5	13-18
Clackamas	5-5	19-23
SW Oregon	2-8	14-22
Men’s soccer scores		
11/14		
Walla Walla 1, Highline 0		

Spokane 3, Whatcom 1
Chemeketa 3, Peninsula 2
Bellevue 4, Treasure Val. 3

Men's NWAACC championships
Semifinal round
11/21

Wal. Wal. vs. Chem., 4 p.m.
Spok. vs. Bellv., 6:30 p.m.
at Starfire Stadium, Tukwila

Women's scores
11/14

Tacoma 3, Spokane 2
Chemeketa 4, Bellevue 2
Col. Basin 1, Whatcom 1
(Col. Bas. won shootout 4-1)

Women's NWAACC championships
Semifinal round
11/21

Wal. Wal. vs. Chem., 11 a.m.
Col. Basin vs. Tac., 1:30 p.m.
at Starfire Stadium, Tukwila

Wrestling
NIC dual 11/7

North Idaho 26, Highline 12
125: McCrite (NIC) def. Purves, 6-5; 133: Smith (H) def. Huffman, injury, 4:30; 141 Harris (NIC) def. Ottow. 6-5; 149 Grey (H) def. Luna, 2-1; 165: Nielsen (NIC) def. Story, 8-3; 174: Gastelum (NI)C FALL Park 5:15; 184 Bell (NIC) MD Collins, 13-3; 197: Jackson (NIC) def. Faber, 11-7; 285: McCovey (NIC MD Whitney, 10-2



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The Thunderword / November 19, 2009

Swine flu vaccine slowly becoming available

By **SHANNON SEVEREID**
Staff Reporter

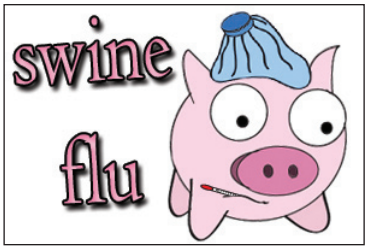
Swine flu, H1N1, vaccines may now be available at your local pharmacy, health officials say.

However, because there is more demand for the vaccine than is available, only those in the priority groups will be able to receive the vaccine now.

"We want the vaccine to go to priority group people [first]," said Matias Venzuela, a spokesman for the Seattle-King County Public Health Department.

"The priority groups include, those who are pregnant; those who live or care for children younger than 6 months; children 6 months to 24 years; those who are 25-64 years with chronic health conditions which may lead to a higher risk of complications; and health care and emergency medical service workers," he said.

Venzuela said that as soon as those in the priority groups who want to be vaccinated have been, vaccines will be avail-



able for all others who wish to take this precaution against the swine flu.

Nursing instructor Marie Esch-Radtke said that there is a deficit in production of the H1N1 vaccine because "vaccines take longer to produce than other pharmaceuticals, since it requires 'growing' the antigen on primary cells in chicken eggs. Then it must be separated from the cells used to generate it, inactivated and formulated into a vaccine," she said.

"The Center for Disease Control does not expect that there will be a shortage of vaccine, but that availability and demand can be unpredictable," Esch-Radtke said.

This year there are two types of vaccines for the swine flu: a nasal mist and an injectable vaccine, said Jacquie Goodwill,

spokeswoman for St. Francis Hospital in Federal Way.

The nasal mist vaccine is made from a weakened live virus and the injectable vaccine is made from a dead virus, she said.

"I just had my vaccine," Goodwill said.

"It felt like nasal spray, like Flonase; there was no burning. It was not uncomfortable and easier than a shot."

While there are two different administrations of the vaccine, different ages and conditions require separate applications.

"Children 2 through 9 are recommended to have two doses of vaccine, 28 days apart," Goodwill said.

"The nasal spray is recommended for use in healthy people ages 2 through 49, who are not pregnant," said Stephen Swope, a respiratory care instructor at Highline.

According to the Seattle-King County Public Health Department, people who should be administered the injectable vaccine instead of the nasal vaccine include, children under the age of 2; children under the age of 5 who have had wheezing attack during the last year; people over 50 years of age; pregnant women and people with chronic medical conditions.

There are some people who should not have the vaccine at all, said Dr. Linda Petter, a family practitioner and Highline alumna.

"Anyone with an allergy to egg products or to the seasonal flu vaccine should not get the swine flu vaccine because there are other fluids and products in

the vaccine itself which help preserve and deliver it," Petter said.

As with any vaccination there may be slight side-effects, Petter said.

"With a nasal vaccine there could be a little bit of nasal irritation, if there is any reaction at all," she said.

"Around an injection site there may be local discomfort, swelling or redness. This should resolve itself in one to two days."

If a fever or redness increases you should see a doctor, Petter said.

As with any shot, a skin infection can occur; "There is always a chance when the needle breaches skin, bacteria can get in and grow from the injection site (cellulitis)," she said.

"It's great we have a vaccine available to help reduce the risk of H1N1, swine flu. It's miserable and can be dangerous, but the benefits [of the vaccine] far outweigh the risk of getting [swine flu]," Petter said.

People should take advantage of vaccines, she said.

"The [H1N1] flu vaccine will allow the body to make antibodies against the virus, so you won't contract the illness," she said.

It takes two weeks for an antibody response to flu shots and people are covered for four to six months, Petter said.

"In the meantime, if you are sick, stay home, wash your hands and keep them away from your face."

Flu shots will be available at health care providers and select local pharmacies, said Matias

Symptoms of the swine flu include:

- Fever
- Cough
- Sore throat
- Runny or stuffy nose
- Body aches
- Headache
- Chill
- Fatigue
- Occasional diarrhea and vomiting

Take precautionary measures:

- Wash your hands,
- Avoid touching your eyes, nose and mouth
- Cover your nose and mouth with a tissue when you cough or sneeze, and dispose of it in the proper waste receptacle
- Avoid contact with others who are sick
- If you become sick stay home for at least 24 hours after your fever is gone except to get medical care

Venzuela, spokesperson for the Seattle-King County Public Health Departments.

The Seattle-King County Public Health Departments will be posting information about times and locations Monday through Friday of each week at <http://www.kingcounty.gov/healthservices/health/preparedness/pandemicflu/swineflu/pharmacies.aspx>.

You can also keep updated by calling the King County flu hotline at 877-903-5464.

The CDC will have updates as they are available at <http://www.cdc.gov/H1N1FLU/>.



"It's great we have a vaccine available to help reduce the risk of H1N1, swine flu ... the benefits far outweigh the risk of getting [swine flu]."

— Dr. Linda Petter

Student trainers to promote health

By **ANDREW PHETSOMPHOU**
Staff Reporter

Highline Personal Fitness Trainer students are organizing two days of activities to promote health and fitness on campus.

"It's just for any students on campus that want to come and learn something about fitness and possibly get evaluated," said Josh Baker, the program manager.

The program is for anybody who is making some changes or anybody who is interested in learning about their fitness level and how they could improve it.

There will be an information table with a raffle to win three weeks of personal training.

They will also be providing fitness assessments, which will

calculate height, weight, body mass index, blood pressure and target heart rate for exercise.

The information session will be held on today, Nov. 19, from 9 a.m. until 1 p.m. in the Student Union, Building 8.

"People who go through the assessment it will give them some ideas and maybe point out some areas they may want to improve on and give some motivational factors for them to stay fit," Baker said.

There will be a fitness presentation that will discuss different ideas and strategies about how to help you stay fit and promote healthy living.

The fitness presentation will be held on Friday, Nov. 20, beginning at noon until 1 p.m. in Building 21, room 104.

Ward off illness this cold season

DEAR DR. DONOHUE: I saw on TV the president demonstrating how to cough. He coughed into the sleeve of his jacket. Does this really stop the spread of the flu virus?

ANSWER: Coughing into the crook of a covered elbow is a good way to stop the spread of respiratory viruses like the flu.

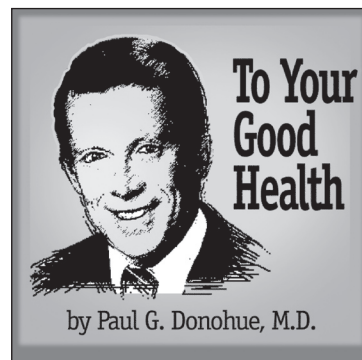
If you carry a supply of tissues, covering your mouth and nose with one is an equally good way of stopping transmission. The tissue can be disposed of in a wastebasket or some other container.

DEAR DR. DONOHUE:

What makes a strep throat something special? Is it more serious than other sore throats? How do you tell if it is strep throat?

ANSWER: Almost half of all sore throats are caused by viruses.

Treating those sore throats



with antibiotics does no good but plenty of harm. It wastes money and contributes to the rise of resistant bacteria.

Viral sore throats don't usually raise body temperature above 101 degrees. They make people feel bad, but not so bad that they cannot swallow. Reddened eyes point to a viral infection, and cough is common with such an infection.

Simple treatments get a person through a viral sore throat: warm tea with honey to soothe the throat, and Tylenol for pain.

Strep throat demands attention.

Antibiotics cure strep throats, lessen the number of sick days, prevent spread and, most importantly, avert rheumatic fever.

Strep throats have a sudden onset and make it difficult to swallow anything.

Neck nodes enlarge and are tender. Fever usually is higher than it is with a viral sore throat. Headaches are common, but a cough is uncommon.

Quick office tests often can detect a strep throat. If they can't, the doctor sends a throat swab for culture. Penicillin is the treatment.

Rheumatic fever deserves a few words. Although it isn't as common today, it is a consequence of an untreated strep throat.

Rheumatic fever attacks heart valves and leaves them permanently deformed.

Summer science class unlike others at Highline

By **KATRINA JOHNSON**
Staff Reporter

Highline will be holding a new kind of lab science class next summer: five credits packed into 10 days. Like any class, there will be sweating before the final. But there will also be fish. And monkeys. Oh, and it's in Belize.

Students won't just study ecology, but experience it in Belize's reefs and rainforests while learning about life in a foreign country.

"The locals usually speak English," said Highline Professor Woody Moses, a two-time facilitator of the trip, but students should still prepare for a cultural and climate change.

"They don't have the infrastructure that we do here; there won't be any air conditioning," Moses said with a laugh.

However, there won't be much time for students to chat with locals. Five of the 10 days will be spent snorkeling the reef and the other five hiking the rainforest setting – a very different environment than Highline's classrooms with projectors.

Students will be able to study the effects of global warming and sedimentation on coral in a reef. Sediments are small particles in the water that get into

the rivers, transfer to the seas and cover the coral, killing it.

Rainforest hikes will highlight issues such as deforestation and poaching as students get to see the environment firsthand.

"We have a lot of fun, but there's a lot of work. This is hands-on science," Moses said.

The creator of the class, Troika Study Abroad Programs, is an organization for short-term study abroad that connects community colleges to take trips such as this one.

This year Hillsborough Community College, Brevard Community College (both from Florida) and Highline will work together with Programme For Belize, the host in Belize, to create the class.

Along with payment for the five credits, students will need an estimated \$2,700 fee, which will include airfare, health insurance, accommodation, meals, transportation, lectures and admission fees.

"It may seem expensive, but it's how much you would be paying for a vacation and you're earning college credit," said Moses. There are four \$750 scholarships currently available.

The first information session will be held Nov. 23 at 2:30 p.m. in the Mt. Skokomish room in the Student Union.

Groups use genocide to suppress minorities, Highline professor says

By **KUMIKO YOKOTA**
Staff Reporter

History is repeated. In the 20th century, 62 million people were killed in genocide.

Tracy Brigham, Highline physical education and nutrition professor, recently presented a History Seminar on genocide.

"Geno-" means a specific group of people, and "-cide" means the act of killing people.

Therefore, genocide means a group of people that are targeted because of their characteristics, such as religion or race.

Brigham said the word "genocide" came from Raphael Lemkin, a Polish lawyer of Jewish descent. The first time he used his word was in 1943 in his book, *Axis Rule in Occupied Europe*.

"In 1915, over a million Armenians were killed by Turks. He had been kind of seeing historically what happened to the Armenians in the Holocaust and said this was different.

"This was not just a regular civil war – a war between two groups of people. This is specific targeting of a group of people," Brigham said.

The United Nations was formed after World War II and met in 1945 to decide to crimi-



Tracy Brigham

nalize genocide.

The UN passed a resolution and declared that genocide was a criminal act, and that finally became international law in 1948.

Even though the UN says if genocide happens, an action will be taken to stop it, it still occurs all over the world.

Taking a look at the example of the Cambodian genocide that occurred in the 1970s, whose number of victims reached 1.5 million, Brigham said the target of the genocide was generally a group seen as economically, politically or traditionally more privileged than the majority, or a threat to the majority.

"During the Cambodian

genocide, the group targeted was doctors, teachers [and] government officials, because they were seen as intelligent or elite," Brigham said.

Also, Brigham said the reason why genocide happens is because of conflict between groups, such as a desire of the majority to gain better living conditions or material wealth, or the appearance of a new ruling group after a revolution who seeks to eliminate their old or current rivals.

With the Tutsis and Hutus in Rwanda in 1994, the genocide started because under Belgian rule, the Tutsis were put in a more powerful position, even though they were the minority.

Then the Hutus, who were the majority, resisted their treatment by the Tutsis and started resorting to violence.

Brigham said people should not ignore genocide.

"I think the main thing is increasing awareness and talking about it, and letting our governments know what is going on," Brigham said.

The next History Seminar will be held next Wednesday, Dec. 2 from 1:30-2:20 p.m. in Building 3, room 102, on "The Plague" presented by Highline History Professor Teri Balkenende.

Friends of Africa embrace diversity

By **JORDAN HALE**
Staff Reporter

The Friends of Africa club wants to help students explore the many different cultures of Africa.

"Our goal as a club is to bring all the different African cultures together and to embrace and learn about them," Club President Elma Malulu said.

"We welcome every one of all ethnicities; a big goal of ours is to bring awareness to stop stereotypes of the African culture."

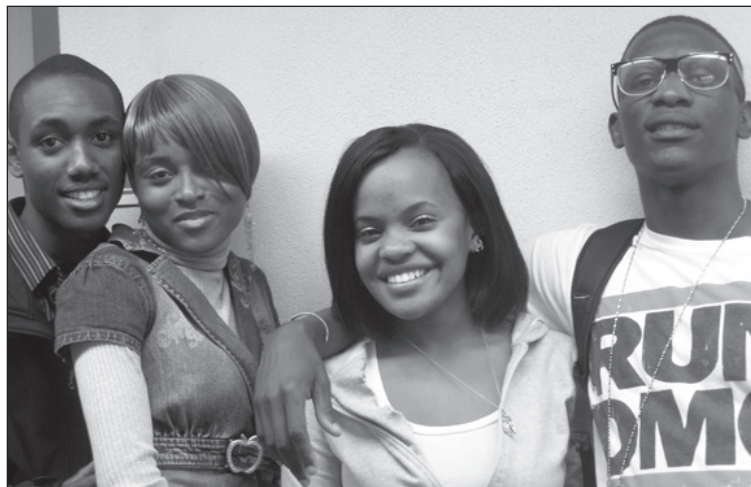
Other club missions include uniting students who are interested in issues concerning Africa, and creating an intercontinental club to get perspectives from other cultures as well.

The club was created in the winter of 2008, and started with less than 10 members.

The club roster now counts more than 100 members.

Members from the club are from countries in Africa, including Ghana, Somalia, Kenya, Sudan, Nigeria, Ethiopia, Congo, Liberia, Guinea, Cameroon and Sierra Leone.

The club meets every Thursday in Building 10, room 102,



Victoria Saddler/THUNDERWORD

Friends of Africa aims to unite students who are interested in African issues and want to learn about the cultures of the continent.

from 1:30 to 2:30 p.m.

"In club meetings we do things such as discuss and plan international dinners, African dances, music and arts," said Club Vice President Caroline Njoroge. "It is good to know about your culture and learn about others."

The biggest obstacle the club faces is getting a consistent number of students to participate in club meetings and activities.

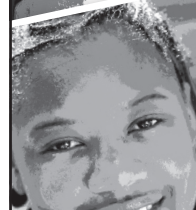
"If more people participate, we can accomplish more and be more successful as a club because we could get more school funding to help us with our ac-

tivities," Malulu said.

The club is in the process of planning a variety of events. Their next event coming up is a big fashion show for which a final date has not been decided yet.

Also, the club plans on having other cultural events around campus this year such as African dances and music that includes Congo drum performers. They plan on having different cultural art showings as well.

Students who want to receive more information can go to the next meeting today, Nov. 19 at 1:30 p.m.



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Cody Warf / THUNDERWORD

Kip Wanzer, an information technology specialist at Highline, works on the servers in one of the school's network closets.

Facebook

continued from page 1

friendly. I've had it for five years and it's definitely retained its user friendliness. It's a lot easier to navigate and you can express yourself more on it."

Students say they like the updates on people's statuses and how you can comment on almost everything on a profile.

"I like the bulletin feature. It makes it a lot easier to tell people things without commenting on each and every one of your friends," Jessica Grant said.

Some students say they spend anywhere from five to eight hours a day on social networking sites.

"I check it pretty much when I wake up in the morning," Squillace said, "and when I get back from class."

Light Brigade charged up over Highline

By **RACHELLE ECKERT**
Staff Reporter

Highline's main network closet starred in The Light Brigade's training video.

The Light Brigade came to Highline last Friday to test their new fiber optic programs on Highline's network closets for their company's training video.

Larry Johnson established the Tukwila-based company, The Light Brigade, in 1986.

It is the largest fiber optic training company in the world and is internationally recognized with 20 employees based in Tukwila and 10 more working throughout the United States.

Fiber optics is a physical media made up of bundles of glass strands using laser light pulses that have the capacity to transmit enormous amounts of information hundreds of miles, Johnson said. This technology is immune to other transmitters like radio waves and electromagnetic interferences.

Fiber optic cables carry mass communication information all around the world.

Light Brigade uses its fiber optics to work with "cable television companies, manufacturers, utility companies, telephone companies and local to federal governments," Johnson said.

He said the company works on fiber optic programs for traffic cameras, ocean links to

Hawaii and Alaska and the big cranes at Seattle ports.

The Light Brigade is big on educating companies and its employees on fiber optics: "Our main focus is education, 100 percent," Johnson said.

The company makes training videos that are up to date on the newest technologies they have available. They make specialized DVDs that other manufacturers can use to train their employees, Johnson said.

Their training videos have educated 35,000 to 40,000 people, he said.

The Light Brigade came to Highline to film their training video because, "it is a clean and organized network closet that is state of the art," Johnson said.

Highline's closets are found all over campus in almost every building.

The closets are filled with networking equipment that run the internet and ethernet on campus. Although the rooms are filled with many wires and cables, the closets are kept organized and compact.

Johnson said Kurtis Keltner, Highline's technician administrator, and the maintenance crew at Highline do an awesome job keeping Highline's network closets dressed, clean and up-to-date, so when new technologies are available, it is easier to make the changes to them.

This is the fourth or fifth time

that the company has filmed at Highline, Keltner said.

"When fiber optics has a new

piece they need a training video for, they come here and film it," Keltner said.

Got News?

The Thunderword
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'A child must be seen, not heard' in Samoa

BY MICHAEL SAPA-AFOA
Staff Reporter

Pacific Islander students are struggling in the classroom because of the cultures they come from, said Betty Patu, a newly-elected Seattle School District director.

Patu was the guest speaker for Highline's Arts and Lecture, a series of presentations designed to introduce different cultures to the Highline community.

This week's lecture was about the Samoan culture.

Patu has worked with the Seattle School District for more than 37 years, primarily working with the Samoan students who transfer into the American public schools from Samoa.

"I believe that it is difficult for Samoans to transfer into the public schools because the [Samoan] culture is complex," Patu said.

"At home, the Samoan culture is dominant, but at school the American culture is dominant," she said.

To give an example of what she meant, Patu talked about how life was at home, with fam-



Betty Patu

ily, growing up.

She said that her father was so immersed in the Samoan culture that he wouldn't allow any English to be spoken in the house.

If his children uttered even one English word, they were punished. She didn't go into detail as to what those punishments were.

The Samoan islands were a major refueling station during World War I. In 1899, Samoa was divided into two halves. The Germans took over one half; this half was later known as

the Independent State of Samoa. The Americans took the second half, which became known as American Samoa.

The Western influence in Samoa is still evident today. In fact, American Samoa's school system mirrors the U.S. school system, while the Independent State of Samoa mirrors the school system of Great Britain.

"Western Samoan students who come to America are two grades ahead of where they are supposed to be.

"But the American Samoan students are two grades behind where they are supposed to be. I am trying my best to help these students.

"In fact, my programs have won 15 awards locally, statewide and nationwide," Patu said.

When it comes to artistic activities, Samoan students go above and beyond, she said.

"It is funny though, because when Samoan students are asked to showcase their culture, they give it their all. It's like it is a whole new student on the stage," Patu said.

She believes that the Seattle School District hasn't been able to reach the Samoan students even after 40 years of working with them.

Patu said that the Samoan culture has been bred into the

children and there is nothing that can be done about that.

"The Samoan culture has this one saying, 'a child can be seen but not heard,' and I believe that it is one of the reasons why Samoan students don't speak up when they are asked to," she said.

A member in the audience pointed out a similarity between the Samoan and Nigerian cultures.

She said that in Nigeria, children are also meant to be seen but not heard.

The Samoan culture is strange in the fact that no matter how old a child gets, he is still under the jurisdiction of his parents, she said.

"You can have a husband and children, but you are still under your parents' jurisdiction," Patu said.

But when the parents get old, it becomes an entirely different scenario. Instead of the child being under the jurisdiction of the parent, the parent is under the jurisdiction of the child.

Samoans don't send their parents to retirement homes; they move their parents within their own homes and take care of them.

"In the Samoan culture, we believe that we should take care of our parents because it is thanks to them that we are liv-

ing today.

"They are the ones who raised and trained us in our tradition," Patu said.

That tradition includes family chiefs who still exert influence in the daily lives of their extended families.

Patu talked about the steps an individual needed to take to become a chief within their family.

"Our culture has this saying, 'to be a leader, you have to be a servant,' and that is what a chief-in-training needs to understand," Patu said.

"Servants also have to have money, land and brains. These individuals need to be able to take care of the family when they are appointed to chiefhood," she said.

When an individual is training to become a chief, he receives a tattoo that covers his waist down to his knees, Patu said.

This process generally takes days because of the fact that it is an extremely detailed type of tattoo, each part meaning something.

However, the most prominent art form is the Samoan siva, used to tell the family history.

The lack of paper in those days inspired the Samoans to tell stories and use dance to keep their history alive, Patu said.

Highline librarian makes research Moore interesting

BY CHONA LORN
Staff Reporter

Deborah Moore is a reference desk librarian at Highline who thrives on helping students.

Her job is to help Highline students find the information they need and further educate them with the knowledge of the Highline library's resources.

Moore earned her undergraduate degree at Linfield College in Oregon. She then attended Eastern Washington University, where she obtained a Master of Fine Arts in creative writing. After attending Eastern Washington, she studied at the University of Washington and acquired her Master of Library and Information Science.

Before coming to Highline, Moore worked as an English professor at Edmonds Community College. While teaching at Edmonds, she preferred to take her students to the library.

"At Edmonds, I liked to help students find their information," Moore said.

Moore came to Highline and has been working as a librarian since the fall of 2008.

"My focus has been teaching, but I've worked really hard on finding research," Moore said.

At Highline, Moore likes the diversity and the supportiveness of the faculty members. Moore finds the most joy when she



Deborah Moore

finds the information a student has been searching for.

"A lot of students only use Google and rely on it too much," Moore said.

She teaches students how to identify which other resources are helpful, she said.

In the beginning, her time at Highline overwhelmed her due to the amount of her work and the amount of time she had to balance with helping students and doing her own projects, she said.

"Helping students is a No. 1 priority. Trying to reprioritize time to help students is a top priority for me," Moore said.

Moore's goal at Highline is to spread her knowledge of research through instruction, she said. She is determined to help students find the information they need.

"I'm looking for new ways to make finding information interesting."

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Food

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food by themselves," she said

After receiving the food, the volunteers divide into separate groups that will deliver the food

When delivering food to these families, "you feel proud about it. You feel a sense of humanity in you," said Wassan Singh, co-president of Phi Theta Kappa.

"Some people may not be able to get food if we don't deliver the food for them. If no one helps them out, then they won't have food for the month," Singh said.

"I went with them for the first time last month and really enjoyed it," said Serenity Carr, Phi Theta Kappa service coordinator.

"The people I delivered food to were incredibly grateful for the deliveries and I was glad I was able to help," she said.

"You don't need to be part of PTK to volunteer for this activity. Even if you're not a PTK member, you can still help and it is a good chance to meet other PTK members," Pai said.

Phi Theta Kappa also plans to award volunteers certificates in recognition of the amount of

hours they volunteered.

They are also hosting the Thanksgiving Food Drive, which is "about collecting food for Highline families that cannot afford to buy food for the Thanksgiving dinner," said Katrina Tran, co-president of Phi Theta Kappa.

The food will go to "support families that Women's Programs helped pick out," said Tran.

People will be able to donate food from Nov. 16-20. Wheel barrels for donations will be in Building 6, 8, 29 and the library.

Their goal is to provide two to three bags of non-perishable food for 25 families.

The suggested food to be donated for the Thanksgiving Food Drive are canned cranberries, yams, potatoes, boxed stuffing, marshmallows, aluminum turkey tin, gravy, and any food that can be stored for a long period of time, Tran said.

Volunteers are always welcome but Tran's main concern is having Highline students donate food, she said.

For more information, email the Phi Theta Kappa email ptk@highline.edu. Students can also attend their meeting, Tran said.

They meet every Friday from noon-1 p.m. in Building 8 room 301 on the third floor.

Monfort

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ries and was able to escape the vehicle and return fire.

Monfort was shot and apprehended Nov. 6 after he attempted to fire a handgun at the head of one of three detectives who approached him after a tip about his car led them to his apartment complex.

The gunshot wounds that Monfort sustained to his stomach and face left him paralyzed from the waist down.

A search of Monfort's apartment turned up several improvised explosive devices, bomb-making materials and a "manifesto" railing against police brutality.

Also a .223-caliber rifle was found, the same one police said was used in the murder of Brenton.

Police say that DNA evidence collected from Monfort is identical to that remaining on a bandana printed with the American flag left at the murder scene.

The same evidence has been used to link him to an Oct. 22 arson in which prosecutors say that Monfort placed bombs at the Charles Street maintenance yard in Seattle in an attempt to lure and kill police and firefight-

ers responding to the arson.

At that site an American flag was recovered as well, with traces of DNA that has matched to Monfort's.

Professors and students at Highline who knew Monfort said that during his time on campus he was always politically active and passionately, if not intensely, focused on informing students about the loss of their civil liberties.

Former Highline Professor Bryan Stumpf had Monfort as a student in his Writing 101 class in 2003.

Stumpf, who now lives in Syracuse, NY and works in renewable energy, said that Monfort was very informed about Constitutional law and he remembers Monfort making many students uncomfortable with how vocal and singularly focused he was about social injustice.

He said that in class, that tension found its way into group work as well.

"He had a firm grip on the group. He made it clear that he was in charge and that made some students uncomfortable," Stumpf said.

Stumpf said that Monfort challenged him quite loudly in his office near the end of the quarter.

"He visited me in my office in Building 5 during my office hours," Stumpf said. "It was the end of the quarter and we had the writing portfolio that you can't pass the class without doing."

Stumpf said that he encouraged Monfort to focus on the writing portfolio, but he kept avoiding the project.

"He was going through and finding ways to get points. He challenged me for a long time. He would get a point here, a point there, and I told him we should focus on the writing portfolio. It was at that point that he got angry," Stumpf said.

Security was called into the office after another instructor confronted Monfort about how loud he was.

Stumpf said that Monfort returned to apologize for the incident about a year later.

He told Stumpf that he had too much coffee to drink that day and wanted Stumpf to look over his application materials to the University of Washington, where he majored in Society and Justice.

"He would sometimes question what we taught and why we didn't focus so much on injustice," Stumpf said. "He was a committed student. Perhaps too committed."



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